

Neighbor to Neighbor

Published by Anne M. Paquin Since 1983 64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com www.neighbortoneighbornewsletter.com

> Celebrating 41 Years of Service! Issue # 440 • October 2024

POSTAL PATRON DUNSTABLE, MA 01827

CARRIER ROUTE STANDARD U.S. POSTAGE **PAID** DUNSTABLE, MA 01827 PERMIT NO. 5

THE STATE ELECTION (PRESIDENTIAL ELECTION) WILL BE HELD ON NOVEMBER 5, 2024

If you are not currently registered to vote, the last day to register is **Saturday**, **October 26**, **2024**. Vote by Mail applications are due by 5pm on October 29th.

Vote by Mail ballots must be returned to the Dunstable Town Hall by 8pm on November 5, 2024. There is a locked Ballot Box available 24x7 outside of the side entrance.

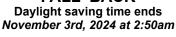
Early voting will be held at Town Hall beginning on Saturday October 19, 2024 and will continue through Thursday, October 31, 2024: Saturday hours 8am-12pm, Monday through Thursday 9am-1pmPolls will be open from 7am - 8pm on November 5, 2024. All voters will vote at the Dunstable Public Library.

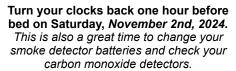
A sample ballot will be available at a future date.

DUNSTABLE GRANGE

The Grange is doing a fall roadside cleanup. This will be from Saturday, October 19 through Saturday, October 26, 2024. Bags available at Tully Farm Store and Dunstable Town Hall. If we all do the road around our homes, the town will be in good shape. Our Highway Dept. will be going around to pick up the bags, just leave them on the side of the road, off the pavement please. We appreciate your continued support in keeping Dunstable beautiful.

FALL BACK





Dear Neighbor,

The deadline is the 10th of October for the November issue, and the 10th of November for the December issue. I look forward to hearing from you soon.

Email: anne@neighbortoneighbornewsletter.com

I wanted to let you know that the December 2024 edition will be the last **Neighbor to Neighbor** newsletter. This was a very difficult decision for me to make. For 41 years my goal was to give you as much news and information all in one issue, delivered right to your home, on a monthly basis.

I will be keeping my website active beyond December 2024 where you will continue to find past issues, for Dunstable and Tyngsborough, as well as the occasional article. www.neighbortoneighbornewsletter.com

Sincerely, Anne

IN MEMORY OF

Michael Arthur Mullavey Bernadette Claire Goldwaite Philip A. Donahue Louis J. Cote

DUNSTABLE RURUAL LAND TRUST THANK YOU FOR STOPPING BY!

We would like to thank all of the people who supported our first effort sponsoring a produce stand in Dunstable at the McLoon barn. Our thanks to Lavoie Farms in Hollis for providing us with such beautiful fresh produce each week, offering it to us at wholesale prices. We are grateful to members of the community who stopped by to purchase produce, and engage in conversation and laughter with the DRLT volunteers. Proceeds from the sales will support the land trust's effort in conservation.

A big thank you goes to the people who volunteered several hours of their time every week to make this experience possible.

Each week there were varying amounts of unsold produce which we donated to New Hampshire Gleaners. They are an organization that provides fresh produce to soup kitchens, food pantries and low income senior citizen housing units.

It was a pleasure to see so many folks from Dunstable every Wednesday. Thank you for a successful first season. Kap Siddall, DRLT Volunteer

2024 Fall Fest

Sunday, October 20 from 11:00AM - 2:00PM At the McLoon barn at Main St and Thorndike St.

Live animal educational presentation Horse-drawn wagon rides Old-fashioned apple press and free refreshments. No dogs, please! Accessible Parking

DRLT CALENDARS FOR SALE! The 2025 DUNSTABLE RURAL LAND TRUST CALENDARS

are now on sale for \$15 each. They can be purchased at the Rose of Sharon at Blossom Hill, Tully Dairy Store, Farmhouse Cafe, Dunstable Library, Wickham & Willoughby and the General Store for \$15 each. Also at the 2024 Fall Fest listed above.

The DRLT is a non-profit organization depending on volunteers and donations to carry out conservation efforts to preserve our quaint, rural town. Please visit our website at drlt.org for more information.



HALLOWEEN TRICK OR TREAT HOURS

Please note that the hours for Trick or Treat on Thursday, October 31, 2024 will be from 6:00-8:00pm.

DUNSTABLE CULTURAL COUNCIL

The Dunstable Cultural Council is now accepting grant applications for FY2024. October 16th, 2024 is the deadline for organizations and individuals to apply for grants.

The Dunstable Cultural Council receives money each year from the Massachusetts Cultural Council (MCC) a state agency. These grants can be used to support a variety of artistic and cultural projects that benefit citizens in Dunstable – including concerts, exhibits, festivals, performances in schools, cultural workshops and lectures. This year, the Online Grant application process will be available.

The new online grant system can be found at SmartSimple Mass Cultural Council There is a link to the Mass Cultural Council site where you can find more information about the new online applications. http://www.mass-culture.org/dunstable. If you have any questions, please contact Claudia Novak, at novakc@charter.net

DUNSTABLE BOARD OF HEALTH TRASH & RECYCLING SUBSCRIPTION PROGRAM

The Board of Health just renewed their contract with F. W. Shaw & Son for another 3 years. Their bid prices were so very affordable that it allowed the Board of Health to again offer a reasonable subscription price for this year.

July 1, 2024-June 30, 2025. The fee will remain at \$360.00. Overflow bag prices also remain the same at \$3.00 each in rolls of five for \$15.00. You may sign up on line at www.dunstable-ma.gov and go to online payments or you may pay by mail to Board of Health, Town of Dunstable, P.O. Box 268, Dunstable, MA 01827. Or drop off at the town hall, 511 Main Street. There is a drop off box outside the side door of the town hall. Put the payment in an envelope marked "Joan-Trash Payment". Please include your address, email address and phone number. You may purchase overflow bags by this method as well. If you pay online be sure to bring a copy of your receipt when picking up your bags.

A new bulky item price list is available on the town website www.dunstable-ma.gov on the Board of Health web page. The Board is excited to announce a new program available beginning July 1st to all Dunstable residents for the disposal of mattresses. We have partnered with UTEC (United Team Equality Center) a nonprofit entity, to offer the disposal of mattresses for \$40.00 each. Mattresses will be picked up curbside monthly on a Tuesday by appointment. Part of the proceeds will go to helping youths at risk. To reserve a pickup please use one of these options.

A.) visit www.utecinc.org/mattress-recycling. Select Dunstable from the drop-down menu, select service date, schedule, and pay. B.) Email us at: mattress@utecinc.org and provide a call-back number. C.) Call us at (978) 856-3997

The Board would also like to thank all who continue to use the recycling boxes now located at 589 Pleasant Street. These boxes have allowed hundreds of tons of recycling materials to be diverted from the waste stream and converted into reusable items. Please try to remember to be mindful of the fact that there are resident's homes in the area if you are dropping off items at a late hour.

If you need to reach us for any reason, please email us at jferrari@dunstable-ma.gov. You may also leave a message at 978-649-4514, Ext. 229. Thank you, Joan Ferrari, BOH Admin. Asst.

DUNSTABLE ANIMAL CLINIC

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HOURS

Mon. 9:00 A.M. - 5:00 P.M.

Tues 9:00 A.M. - 6:30 P.M.

Wed 9:00 A.M. - 5:00 P.M.

Thurs 9:00 A.M. - 6:30 P.M. Fri 9:00 A.M. - 5:00 P.M. 386 Main Street • Dunstable, MA 01827

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FAX (978) 649-6528

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Neighbor to Neighbor

Published by Anne Paquin Since 1983 64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

 $\underline{E\text{-mail: anne@neighbortoneighbornewsletter.com}}$

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Total Circulation is now 6,674 which includes Dunstable and Tyngsborough

STATE REPRESENTATIVE MARGARET SCARSDALE HAS BEEN A CHAMPION FOR DUNSTABLE

In only her first term, Representative Scarsdale has brought over \$1M in state earmarks to support local projects in Dunstable. She voted for tax relief for working families and small businesses, as well as record investments in economic development, which will keep more money in your family's pockets and make Dunstable a more vibrant, affordable place to live. Rep. Scarsdale is leading the charge to fully fund our public schools, drive down cost of living, re-open Nashoba Valley Medical Center, and preserve Dunstable's rural character.

ON NOVEMBER 5, THERE IS ONLY ONE CHOICE FOR STATE REPRESENTATIVE.

RE-ELECT MARGARET SCARSDALE AND LET HER KEEP DELIVERING FOR DUNSTABLE.

Proudly Endorsed By:

Leah Basbanes, Select Board Chair Kieran Meehan, Select Board Vice Chair Ron Mikol, Select Board Member















PAID FOR BY THE SCARSDALE COMMITTEE





DUNSTABLE'S ANNUAL JOURNEY AND JINGLEFEST – DECEMBER 7TH

All are invited to celebrate the holidays in Dunstable's town center! Be sure to mark your calendars and bring your family and friends. The team has been working hard to add lots of new events for everyone to enjoy!

We'll have a new children's midway, great holiday theatrical and musical presentations, have a guided 'Walk to Bethlehem', a chance to visit the barnyard animals and to stop by the expanded craft fair for your holiday shopping as well as the official seasonal lighting of Town Hall. You can also stop by the Farmhouse Café; they'll be open for dinner with a special holiday menu.

And be sure to have your children meet Santa! He'll be arriving by firetruck, and will do a reading at Wickham and Willoughby before he and his elves head across to the church to visit with children and have families take pictures. Children will also enjoy the 'find the Grinch' contest and the chance to win prizes.

Many more activities, too! Look us up at www.journeyjinglefest.com to see the day's schedule. And, we have great contests for those of you that would like to show off your talents and perhaps win a prize! Sign up to enter the chowder, snowman or gingerbread house contests. Volunteers are needed! If you'd like to have some fun, meet your neighbors and help out, please click on the 'click here to volunteer' button on our website – we need actors, snack donations, and people to help with parking, set up, staffing the midway, etc. Auction items are needed! If you have an item you'd like to donate for our silent auction (gift certificates and services are welcome, too) please contact us; the silent auction helps offset our expenses. We can be contacted via email at journeyjinglefest@gmail.com or via the 'contact us' page on our website.

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References available No cost initial consultation

OKTOBERFEST AT LARTER FIELD! OCTOBER 19, 2024 FROM 2PM-6PM

Beer, food, fun! Save the date! *Dinner Made Simple will be serving up a great menu! Bratwurst and sauerkraut, barbecue chicken, hotdogs on pretzel buns, cheeseburgers, potato salad and pickles! *The Beer Guy LLC will be serving up beverages for our 21 and up guests!

*Bring a decorated or carved pumpkin to join in the pumpkin contest.
*Buy a commemorative stein to join the stein holding contest, play a
game of volleyball, or just bring a blanket and sit on the field and enjoy
the afternoon. PLEASE NOTE: This is not a BYOB event. Alcohol
cannot be carried onto the premises.

Town Hall is closed on Fridays

DUNSTABLE TOWN HALL DIRECTORY

Town Hall (978) 649-4514. The departmental extensions are as follows 221 Town Accountant 222 Town Clerk 223 Council on Aging 224 Select Board (handles many depts.) Also for Animal Control Officer.

After hours call Police at 978-649-8891. If emergency call 911

226 Building Inspector 227 Road Commission

228 Tax Collector/Treasurer 229 Board of Health

230 Conservation/Planning Board 249 Assessors, Water Dept

Please dial 0 if you need assistance. **Veteran's Officer** 978-649-3919

POLICE NON-EMERGENCY 978-649-7445 POLICE & EMT 911

FIRE DEPT. TELEPHONE NUMBERS TO REPORT A FIRE CALL 911

Business Line.....978-649-6661 FAX..........978-649-6072

Alarm System* 978-448-6666*can be used to call in a fire from cell phone

Visit www.dunstable-ma.gov for contact info, news & updates

PACH PEPPERELL FOOD PANTRY

PACH provides food, paper goods and personal care items. *Anyone in need of this service, please do not hesitate to call* 978-925-9770 or go online to www.pachoutreach.org *This is open to Dunstable residents.* PACH is located at 66 Hollis St.,Pepperell. Hours of operation Tues 5-7pm, and Thurs. 2-4 & 5-7pm.



DUNSTABLE FREE PUBLIC LIBRARY

588 Main St., Dunstable, MA 01827

978-649-7830

Hours

Tuesday 3:00pm - 8:00pm Wednesday 10:00am - 2:00pm Thursday 10:00am - 6:00pm Friday 10:00am - 2:00pm Saturday 10:00am - 2:00pm



For more library information go to

www.dunstable-ma.gov and click on library

Maureen Strauss - Director - mstrauss@dunstablepl.org Karen Debreceni - Children's Librarian - kdebreceni@dunstablepl.org

ACTIVITIES FOR OCTOBER:

• Our annual SPOOKTACULAR Halloween party will take place on Tuesday, October 15th at 6:00pm! There will be games, crafts and a costume parade. Costumes are optional. Please make sure you sign up at the library or with kdebreceni@ dunstablepl.org. This program always goes to a wait list so sign up soon because space is limited.

TEEN ACTIVITIES:

Teens, come in to check out your new and improved space to study, play games or just hang out!

TEEN ART CLUB will take place every first and third Tuesday from 3:00 to 4:00pm. Teens can come to their own special space in the library and create art and poetry.

ONGOING FEATURES:

- Parent Infant Group: Please join our Parent Group for New Moms and Dads with your infants to connect, socialize and share parenting resources and tips. This great program will be for infants under nine months old. The group meets on Thursdays at 10:00am beginning in September in the reading room. Enjoy the comfy chairs.
- and tea, coffee and cookies will be provided! No sign up is needed!
- Preschool Story Hour: Please come in with your 3, 4 or 5 year old for story hour. The children will enjoy stories, crafts, songs and instruments! This program is held on Thursdays & Fridays from 10:00am to 11:00am.
- **Book Club**: This reading group will meet every 3rd Saturday of the month at 10:30am. More information is at the circulation desk. The DPL can put a book on hold for you!
- Bone Builders: A free, low impact balance and strength training exercise program will take place on Wednesday's from 10:30am -11:30am and Fridays from 11:15am -12:15pm
- Chapter Book Reading: Mrs. D will continue reading from a chapter book each Tuesday night at 6:00 pm. Please join her on dpl facebook live to listen to the story.
- Meeting Room Artist: Check out the outstanding artwork done by Alice Sniezek.

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Can a heat pump system perform reliably at sub-freezing temperatures? Yes! Contrary to myth, cold climate heat pump HVAC systems are efficient, cost effective, environmentally sound AND practical in climates like ours.

Using the same process as air conditioners, but in reverse, these A/C systems move heat from outside to air handlers inside via compressed refrigerant. Below a certain temperature, systems become less efficient. That doesn't mean that heat pumps are unsuitable for below-freezing temperatures.

Cold climate heat pumps have innovative features allowing them to provide dependable heat down to -20°F, with many models seeing 100% efficiency in sub-freezing temperatures. As they consume less power in moderate weather, yearly operating costs are much lower than combustion furnaces, boilers, and traditional air conditioners, which can amount to big savings over time. Until next month, stay comfortable.

Got a question? Drop me a note!

matt@denommeeplumbing.com

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DUNSTABLE COUNCIL ON AGING NEWS

Dunstable Council on Aging: Barbara Martin Chair; Mary Dow Secretary, as well as members Joan Simmons and Jean Haight. Senior Services Director: Chuck Raffoni 978-649-4514 X 223 CRaffoni@dunstable-ma.gov Office Hours: Monday 12:30-4:00 P.M. Wednesdays 2:00-4:00 P.M. Thursdays 11:30-2:30 PM The Mission of the Dunstable Council of Aging is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where older adults (55 Plus) may participate in social, educational, and cultural programs reflective of their needs.

ON-GOING PROGRAMS AT DUNSTABLE PUBLIC LIBRARY:

BONE-BUILDERS – FREE OF CHARGE. Low-Impact, balance and strength training exercise program. It is recommended you drop-in and observe a class first if you are interested in participating in this program. Class is led by Brian O'Donnell and Linda Gill. Class is one hour held on Wednesdays at 10:30 to 11:30 a.m. and Fridays at 11:15 A.M. to 12:15 P.M.

WELLNESS CHECK - FREE OF CHARGE. Visit with a nurse the 4th Wednesday of The Month from 11:00 a.m. to 12:00 P.M. No Appointment is Necessary. Next one in November.

TECHNICAL SUPPORT- FREE OF CHARGE. Dean Lotito offers technical support for your devices the second Wednesday of the month from 10:00 A.M. -12:00 P.m. No Appointment is Necessary. Next Visits: October 9th & November 13th

BOOK GROUP- FREE OF CHARGE. THE BOOK CLUB IS OPEN TO ALL ADULTS NOT JUST SENIORS. Held the 3rd Saturday of the month to discuss the featured book of the month with your facilitator Susan Tully. 10:30 a.m. -11:30 a.m. October 19th is Mission Flats by William Landay. From the New York Times bestselling author of *Defending Jacob*. Former D.A. William Landay explodes onto the suspense scene with an electrifying novel about the true price of crime and the hidden corners of the criminal justice system. Only an insider could so vividly capture Boston's gritty underworld of cops and criminals.

At Book Group on Saturday, November 16th the featured book is Tom Lake by Ann Patchett. Tom Lake is a meditation on youthful love, married love and the lives they have led before and after children. **LUNCHEON AND SOCIAL TIME - Weekly on Wednesdays. Lunch** served promptly at Noon. A suggested donation of \$3.00 is kindly accepted but not required. Stay until 2 p.m. with an opportunity to socialize, play board games such as Cribbage, Dominoes, Scrabble or enjoy special programing. Lunches: October 2nd: Grilled Chicken; October 9th Beef Stew by Dinner Made Simple; October 16th Luncheon at Greater Lowell Vocational School - \$12.00 Please contact Chuck craffoni@dunstable-ma.gov to reserve a spot. October 23rd Oktoberfest Meal: Pork Schnitzel; October 30th- Pizza Halloween Luncheon. Please let us know you plan to attend one week prior to ensure we have enough meals. Let us know at the luncheon or contact CRaffoni@dunstable-ma.gov or 978-649-4514 X223 **Upcoming Meals:**

IMPORTANT NUMBERS AT A GLANCE:

Chuck Raffoni- Council on Aging 978-649-4514 X223 Non-Emergency Police 978-649-7445 Non- Emergency Fire Dept. 978-649-6661 Nashoba Nursing 978-425-6675 PACH- Food and Support Referrals. 978-925-9770 SHINE- Health Insurance Information and Counseling. 1-800-243-4636 Elder Abuse Hotline - 1-800-922-2275

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Mass Times: Saturday 4:00pm, Sunday: 7:30, 9:30, 11:00am Vietnamese. Monday and Thursday at 9:00am Reconciliation: 9:30am-10:00am 1st Thursday of the month or by appointment Adoration: 9:30am-10:00am 1st Thursday of the month.

DUNSTABLE VETERAN SERVICES OFFICE

I have noted several times that all kinds of info is available on the web at 'VA.Gov". You can also have your own account there that will give you access to many other areas. Just go to www. va.gov / sign-in-changes and there you can learn how to create a verified Login.gov or ID.me account. The process takes about 10 minutes. I would like to give recognition to those vets I have in the Dunstable database who were born for each month but have since passed away. This month I'd like to honor the following: Charles Adamowitch – 26 Oct 1917 – 2 Feb 2007 - USMC/ USMCR - WWII/Korea • Gerald J. Dumont - 13 Oct 1914 - 24 Aug 1998 - USA - WWII • Michael Gigliotti - 22 Oct 1917 - 28 Sept 2004 – USA – WWII • *Brice V. Jenkins* – 24 Oct 1990 – 12 Sept 2018 - USMC - GWOT (Global War on Terrorism) • Roland J. Labouef - 18 Oct 1918 - UNK - USN - WWII • Rosewell T. Wallwork - 31 Oct 1915 - UNK - USA - WWII Our many thanks to those who took the extra step to serve their country.

As always, if you know of any Veteran or family member of any veteran who might need assistance please contact me. I am normally available from 10:00AM to 2:00PM on Mondays almost every week. You can call or text on my cell and leave a message 978-496-0985 or send me an email anytime at VSO@Dunstable-ma.gov God Bless. Dunstable Veteran Services Office

Joe Dean (Former USMC Sgt, Retired USAF Capt.)

Dunstable Veteran Services Officer Proudly serving those who have served

MASSACHUSETTS PASSES BILL TO IMPROVE LONG TERM CARE

By Edward H. Adamsky

On Friday, September 6, 2024, the Governor of Massachusetts signed a new Long Term Care Bill (H. 5033) that seeks to improve the quality and oversight of Long Term Care in Massachusetts. This bill covers nursing homes, assisted living facilities and skilled nursing facilities. The Massachusetts chapter of the National Academy of Elder Law Attorney (MassNAELA) advised members of the legislature and the governor on the problems and issues, and advocated for the creation and passage of this bill.

"The dedicated efforts of elder law advocates across the state have finally paid off with the passage and signing of the Long-Term Care Bill," said Clarence Richardson, MassNAELA Executive Director. "Several sections of this bill have been a top priority for Mass-NAELA and our partner groups as it's our goal to ensure the health and well-being of seniors and individuals with disabilities."

One of the important provisions of the bill allows seniors over the age of 65 to create and fund so-called Pooled Trusts which allow them to set aside some amount of money to provide for their needs before they run out of money and go on Medicaid benefits in a Long Term Care Facility. This was allowed previously but was eliminated with some recent changes to the Medicaid laws. The use of Pooled Trusts allows seniors to retain a small portion of their assets to pay for things that Medicaid and Medicare do not cover and preserves a certain level of dignity for those in a nursing home.

Certain funds are set aside by this Bill to provide for training and advocacy for nurses and aides working in the Long Term Care industry; to provide funding for innovative projects such as remodeling of facilities to allow for private rooms and additional housing for low-income residents; and training and education of supervisors and leaders of facilities.

The bill requires the government to engage in the process of reviewing all aspects of elder care including Nursing Homes, Rest Homes, and Assisted Living facilities. This greater level of oversight should ensure that everyone in the various types of care facilities is provided an adequate level of care and has a remedy if the facility does not provide proper care.

The bill also limits the Medicaid office's ability to seek Estate Recovery from the assets left behind by some Medicaid recipients. Federal law allows the state to seek repayment for Medicaid benefits from the assets left behind by most Medicaid recipients which can limit the ability of some families to provide for children and their families in their long-term planning. New limits on Estate Recovery will protect some low-income families from impoverishment.



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The holiday season is almost upon us and that means that our friends at the PACH food pantry in Pepperell, MA will soon begin filling baskets to provide to those in need for the upcoming holidays. The pantry is currently in need of canned goods: vegetables and fruit, don't forget the cranberry sauce and fruit fillings to make pies, gravy and soups. In addition bread mixes, boxes of stuffing and coffee and tea and condiments are much appreciated at this time.

In addition to being a drop location for these donated goods West Auto Repair located at 30 Pleasant St. in Dunstable, MA will also be selling paper turkeys. For a \$10 donation, you will put your name on the beautiful tags and they will be on display here. All proceeds from the sale of these paper turkeys will be used to help the pantry fill the baskets for those in need during the holiday season.

Food donations are accepted in the blue donation bins located outside and inside the front door of West Auto Repair. Feel free to drop off donations at any time of the day or night.

Also don't forget in our community cares corner in the waiting area at West Auto we are also collecting pop tabs from aluminum beverage cans and pet food. These pop tabs are then donated to the local Shriner's chapter here in our area.

We cannot thank you all enough for your partnership in helping out these two organizations. Neighbors helping neighbors that's what it's all about.

COMMISSIONERS OF TRUST FUNDS

For Those In Need

Are you a Dunstable resident who is experiencing financial hardship? We may be able to help. A century ago, various residents of Dunstable willed funds to the town to help those in need. Dunstable's Commissioners of Trust Funds are responsible for disbursing funds from the interest on these accounts each year. If you, or someone you know, is a resident of Dunstable and could use some one-time help with medical, pharmacy, grocery, or fuel bills, let us know. Requests can be submitted by emailing the Commissioners of Trust Funds www.dunstable-ma.gov/user/53/contact. All inquiries are confidential.



The Massachusetts Democratic State Committee is the governing body of the Massachusetts Democratic Party. The Public Policy subcommittee acts to facilitate stakeholders understanding and engagement with federal, state, and local programs and initiatives for their benefit and for the general good.

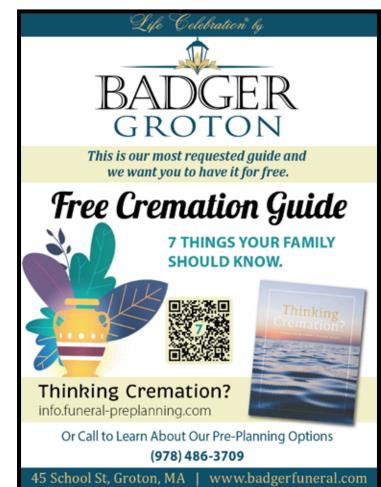
Public Policy State Committeewoman Elizabeth Coughlin 1st Middlesex Senate District is currently providing outreach information regarding Green Community, Climate Leader, Hero Act for Veterans and other grants and initiatives.

Email <u>lizcoughlin2000@yahoo.com</u> text or call 978-758-2680 Anyone seeking an internship or civic engagement project is invited to contact us for discussion of available opportunities.

DOWNLOAD YOUR FREE BOOK "LIVING WITH OUR WILD NEIGHBORS"

The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z.

https://www.animalsheltering.org/page/wild-neighbors-book



FRANK KING PRESIDENT



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RAIN OR SHINE

We would like to invite our community to be the guests of your local Veterans in celebrating the reopening of our American Legion!

There will be raffles, games and family fun! Arrive in a classic or exotic car, truck, or bike and receive beverage tokens!

Learn how you may qualify to be a member of the American Legion & enroll at this event!

Feast on amazing cuisine prepared by our Chef. There will also be a pig roast, fried turkeys, burgers, hot dogs, and much more!

Take a tour of the new facility. Multiple areas capable of hosting events of varying sizes. Room available packed with modern technology to facilitate corporate meetings or sport draft events. Member Lounge atmosphere is that of Sports Bar meets Martini Lounge. Too many features to mention. You should stop by and see for yourself!



AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Newely Elected Officers

of the American Legion Auxiliary Unit #247

President: Linda Small; Sr. Vice: LeeAnn Hoyle; Jr. Vice: Joyce Ferreira; Secretary: Michelle Lambert;

Treasurer: Annette Coles; Chaplain: OPEN; Sgt.-at-Arms: OPEN;

E-Board: Ann Thellen (2 Positions)

If you are interested in joining the Auxiliary, contact Annette Coles at 978-551-1343 or email: A72669@aol.com

AMVETS POST #247 ROBERT D. PELLETIER



90 Pawtucket Blvd. Tyngsborough, MA

POST OFFICERS: Commander: Robert Golas; Treasurer: David Coles; Secretary Rod Wood

We meet the 1st Tuesday of each month at 2:00PM. Currently we meet at the Tyngsborough Sportsmen's Club, Westford Road, Tyngsborough.

For more info please call Dave Coles at 978-551-1344.

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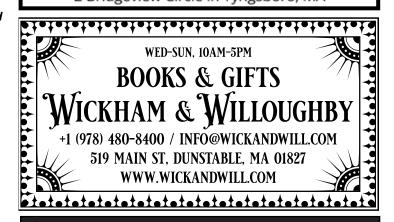


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Saving for college? Or retirement?

If you're a parent, you want to do everything you can to help your children succeed in life. Therefore, you might think that one of the best things you can do is to save for your children's college education. And this is certainly admirable, but could it conflict with your ability to prepare for another key goal — your own retirement? Of course, this would not be a problem if you had unlimited means, but most of us don't fall into that category. So, given the financial resources and income you do have, how should you approach the college-versus-retirement issue?

Fortunately, it's not necessarily an "either-or" scenario. However, it may make sense to prioritize saving for retirement over college, for two reasons.

First, your children have a lot more time to pay for college than you have to save for retirement. In addition to any grants or scholarships your children may receive, they might need to take out loans. While it's a good idea to keep this debt load as manageable as possible, it's also true that most student loans can be repaid over a long period of time.

And here's the second point: One of the best gifts you can give your children is to be self-sufficient in your retirement. You could easily spend two, or even three, decades as a retiree, so you will need to build considerable financial resources to pay for all those years. Your adult children will have their own financial needs to address, so you'll be doing them a great favor by relieving them of any financial responsibilities on your behalf.

Taking these factors into account, you may want to direct most of your saving and investing efforts toward achieving a comfortable retirement. Consequently, think about putting away as much as you can afford into your IRA and 401(k) or other employer-sponsored retirement plan.

Even with this focus on retirement, though, you may find opportunities to save and invest for your children's education. For example, if you receive bonuses or income tax refunds, or your salary goes up, or you're able to free up money from your budget by reducing your debts, you could use these funds to invest in an education savings vehicle, such as a 529 plan. When you invest in a 529 plan, your earnings and withdrawals are federally tax free, provided the money is used for qualified education expenses such as tuition, room and board, books, and computers. Depending on where you live, you may also get some state tax benefits from your 529 plan. And a 529 plan isn't just for college — it can be used for K-12 private school tuition costs, plus expenses from qualified apprenticeship programs, such as those found at trade schools eligible for Title IV federal student aid.

It might not be easy to save and invest consistently for your retirement and your children's education. But both goals are worthy — after all, retirement can last a long time and college is expensive. So, try to develop a financial strategy that can allow you to make progress in both areas — your efforts may well be rewarded.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC.



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REPAIR CAFÉ IS BACK

DATE: Saturday, October 26th 11:00 am - 2:00 pm LOCATION: The Beehive, 2 Bridgeview Circle, Tyngsboro

Repair Café is a neighborhood initiative that promotes repair as an alternative to adding items to the landfill. Residents can bring their broken items in and with the help of volunteers repairs, fix them. A sample of items fixed in previous repair café includes jewelry, clothing, lamps, CD players, kids toys, toasters...We will give it our best effort to fix any item.

Sponsored by the Tyngsboro-Dunstable Rotary, Tyngsboro Public Library, and the Tyngsboro Sustainability Committee. There will also be community volunteers available to help.



Rotary Motto Service Above Self

TYNGSBORO-DUNSTABLE

Rotary Club of Tyngsboro/Dunstable, serving the community for over 50 years.

2024 TASTE OF THE TOWN

Enjoy the tastes of many local restaurants all in one place with Live Music and Raffles! **Tuesday, October 22**nd **6 PM to 8 PM at the** Tyngsboro Sportsmen's Club, 90 Westford Road, Tyngsboro.

Tickets in person at Enterprise Bank, Jeanne D'Arc Credit Union, and Dream Diner in Tyngsboro OR online at https://www.eventbrite.com/ Search for "Tyngsboro taste of the town"

Live Music by Mike Gacek Check him out at www.mikegacek.com

TYNGSBORO-DUNSTABLE

Rotary Club of Tyngsboro/Dunstable, serving the community for over 50 years.



Rotary Motto Service Above Self

What is Rotary?

Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Rotary Club of Tyngsboro/Dunstable meets at the Dream Diner, 384 Middlesex Rd, Tyngsborough, MA. We meet the first Thursday of the month for breakfast at 8:00AM and the third Thursday for lunch at 12:00. All are welcome! We even treat our guests on their first visit. We're a super friendly and informal group with a huge community impact! Our facebook page is www.facebook.com/tyngsborodunstablerotary/

FRIENDS OF THE TYNGSBORO ELDERLY, INC

The **FTE** is a non profit 501 3(c) that contributes to the needs of the Tyngsboro Senior Center. Through our donation recently of \$1,000.00, we were able to assist in the cleaning program.

Our Fall Festival in September was a big success, leaving everyone happy. A dinner of chicken, rice, vegetable, rolls, dessert and drinks began the event followed by entertainment and raffles.

The Board of Directors recently met. Plans are underway for THE SPRING FLING in June. Another big surprise for entertainment is lined up.

We appreciate your membership of \$10 a year to offset our expenses. Forms are available at the greeter desk at the Tyngsboro Senior Center or by calling Joe Jacoppi, President, (978-649-9076).

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NEW TO THE AREA?

Enjoy these ideas for building community in Tyngsborough and Dunstable

Christine McCarron of Tyngsboro's Beehive Brokerage

Moving to a new area can be both exciting and overwhelming. But in the charming towns of Tyngsborough and Dunstable, you'll find a welcoming and supportive community that will make you feel right at home.

Here are some tips to help you build strong connections and create a sense of belonging:

1. Get Involved in Local Organizations Both Tyngsborough and Dunstable offer a variety of community organizations where you can meet new people and contribute to the area. Consider joining:

Tyngsborough/Dunstable Rotary Club: This club, whose motto is: Service Above Self, is always looking for new members to participate in community projects.

Tyngsborough/Dunstable Historical Society: Learn about the rich history of the area and get involved in preservation efforts.

Tyngsborough Recreation Department: Join sports leagues, classes, or other activities to meet people of all ages.

2. Attend Community Events

Throughout the year, Tyngsborough and Dunstable host numerous events that bring the community together. Be sure to check the town calendars for upcoming festivities like:

Party by the Bridge: Enjoy live music, food vendors, and familyfriendly activities. Happening annually on the 4th Saturday of August.

Tyngsborough Festival of Trees: Donate a tree or buy a chance to win a decorated tree or other prizes from area merchants. Happening annually on the last weekend of November and first weekend of December.

Repair Cafe: Are you handy? Can you sew? Breakers and fixers unite at this unique event coordinated by the Sustainability Committee. It's a great way to mix and mingle with the locals.

3. Explore Local Parks and Trails The natural beauty of Tyngsborough and Dunstable offers plenty of opportunities for outdoor recreation. Visit:

Lowell-Dracut-Tyngsborough State Forest: Beautiful woodsy trails with picturesque vistas and some accessible trails.

Sherburne Nature Center: Enjoy a leisurely walk in this scenic

Arched Bridge Conservation Area: This Dunstable treasure has natural beauty, babbling brooks, and historic stone bridges.

- **4. Join Online Communities** Connect with other residents through online platforms like Facebook groups or neighborhood forums. These groups can provide valuable information and opportunities to meet new people. Some Facebook ideas are Tyngsboro-Talk and DunstableMA.
- **5. Volunteer Your Time** Giving back to your community is a great way to meet people and make a positive impact. Consider volunteering at a local school, food bank, or animal shelter.

By following these tips, you can quickly build a sense of community in Tyngsborough and Dunstable and make this charming area fee I like home.

<u>www.tyngsboroughma.gov</u> <u>www.dunstable-ma.gov</u> Check on the town websites for more information.

Christine McCarron of Beehive Brokerage, Tyngsboro MA 617.999.2447

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HIGH SCHOOL CLASS REUNION FOR 1974

Attention Chelmsford High School Class of 1974

Our Reunion is being planned for Saturday, October 19th, 2024. This will be held at Princeton Station in Chelmsford, MA. Please look for our site on Facebook or email ChelmsfordHigh1974@gmail.com

TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



The Little Red Schoolhouse

64 Main St, Dunstable, MA (Route 113).

Not far from the Dunstable/Tyngsborough town line near Route 3

www.tdhistoricalsociety.org

email: tyngsboroughdunstablehs@gmail.com

 October 19th – Saturday, 9am to 1pm. (rain date Sunday, October 20th)
 10th Annual AACA Bean Pot Region Car Meet At the Little Red Schoolhouse Come see a field full of beautiful antique cars.

Hot dogs, homemade beans, and chili will be available.

October 27th – Sunday at 7pm
 A "Visit" from Rev. Samuel Parris

At the Little Red Schoolhouse

Not only was the notorious Rev. Samuel Parris an instigator of the Salem Witch Trials, but he preached in Dunstable for 5 years... just a few hundred yards from our Schoolhouse!

For more information about either event, please email: tyngsboroughdunstablehs@gmail.com

TYNGSBOROUGH GARDEN CLUB



Our first meeting of the fall season took place on September 3rd. It was great catching up with friends. We made fragrant herbal wreaths led by one of our members. We will also be cleaning up and preparing our own gardens and town areas for winter.

On Wednesday, October 16th, at 6:00PM (please note date and location change from our regular meetings) we will have a joint event with the Tyngsborough Public Library at the community room at town hall. The presenter is Erik Sechler, an ecologist with the Native Plant Trust on the ecology and management of invasive plants. Following his presentation there will be refreshments and time for socializing. All are welcome to join us and the Tyngsborough Public Library for what is sure to be a very informative and engaging presentation.

Our Tuesday, November 12th meeting will be at the Evangelical Congregational Church on Kendall Rd at 7:00PM. We will have a discussion of library resources with Kathryn Growny, Director of the Tyngsborough Public Library We will gather again at the Evangelical Congregational Church on Kendall Rd, on Tuesday, November. 26th for our greens night. We will be equipped with gloves, clippers, and wire cutters to make greens arrangements to decorate buildings around the town.

New Garden Club members are always welcome and the public is invited to attend our programs for a nominal fee of \$5. Please check website for times and locations of meetings. We usually meet at The Evangelical Congregational church at 23 Kendall Rd at 7:00. Club dues is \$20 for yearly membership and prorated to \$15 for second half of the year. For more information, please visit our new web site at https://tyngsborogardenclub.org or email us at tynggardenclub@gmail.com

Sue Bowden & Ellen O'Neill co-presidents

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They would like to know. Thank you, Anne



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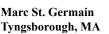
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> www.tyngsborocongregational.org Interim Pastor Bernie Michaud

Our Weekly Sunday Worship Services are at 10:00 AM

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TO WATCH LIVE SERVICES Log on to facebook and go to Ecct Church. Log in at any time to watch the recorded services.

Please enter and exit across from the Tyngsboro Fire Station. A walkway has been paved for easy access to our church.

- RALLY DAY SEPTEMBER 8th saw many of our Sunday School students returning to sign up for our Fall 2024 Sunday School classes which have resumed. Welcome back everybody!!! If you could not make our Rally Day sign up you can still enroll your child in our program. Please call our Office for more information.
- EXECUTIVE BOARDS Have resumed their monthly meeting schedules. Our Search Team is still meeting regularly and interviewing Pastor applicants as they continue to search for our new settled Pastor. This is not an easy task and we appreciate all their time and efforts.
- LADIES BIBLE STUDY Our new study began on Tuesday morning, September 24th at 9:30 11:00 am. This is a continuation of Ephesians which began last year. If you would like to attend, please come to our CLC (Christian Learning Center) located in the building next to the church, or call our Office for more information. It is never too late to come to this study. We welcome ALL!
- MEN'S BIBLE STUDY Our new study began on Tuesday evening, September 24th at 6:30 8:00 pm. at our newly renovated CLC (Christian Learning Center) located in the building next to the church, or call our Office for more information. This is a 12 week study of the Book of Daniel. Again, it is not too late to attend this study! ALL are welcome!!
- DAYCARE DURING CHURCH SERVICES Daycare is provided every Sunday morning when the children are dismissed. All daycare staff are cleared through a State Mandated CORI check if working with minor children so you can be assured your child is safe. They will have fun meeting new friends and learning about Jesus. We are always looking for helpers for Sunday mornings. Our goal is to have enough staff member volunteers so you would only have to help one Sunday a month. Please sign up or speak to a Deacon, Joan Politi, our Sunday School Superintendent or Patti Ann Reekie, Secretary and Sunday School Assistant.
- •WORSHIP/MUSIC TEAM PRACTICE Wednesday evenings 6:30 to 8:00 pm. Led by our own professional gospel singer, Barry Shirk. JUNIOR WORSHIP/MUSIC TEAM A NEW addition to our church body is our Junior Worship/Music Team for 5th grade students and up. We are so excited to have so much interest in this newly created group!!! We have found that we have many talented students who love to worship through their singing. Brief practice sessions will be held twice per month on Sunday mornings right after church services. Joan Politi will be assisting our Worship Team Leader, Barry Shirk. Practice dates are as follows: Oct. 6, Oct. 20, Nov. 10, Nov. 17, Dec. 1 and Dec. 15. Our goal will be to learn new songs to sing in church and on special occasions.
- YOUTH GROUP Our Sunday School leaders will begin a new year with Youth Group meetings. Dates and times will be forthcoming soon. Consider signing up your young teen for fun yet spiritual, supportive and sharing time group meetings. This time is a great and safe place for them to share and care. The world is a very turbulent place for us as adults as well as our children, Let's support them and give them positive survival tools any way we can! Please call our office for more information 978-649-2262.

PRAYER & PRAISE MEETINGS - Meets on Wednesday evenings in our Sanctuary from 5:15 to 6:15 pm. Please join us for prayers, praise, singing and spiritual support. We all need uplifting often in our lives. This will help give you strength for daily struggles. Led by Pastor Nyakio Kamau.

SAVE THE DATE: Saturday, December 7th. The return of our annual CHRISTMAS CRAFT FAIR! Watch for more details here in the November issue.

••• THRIFT STORE •••

Hours: 10am to 3pm on Thursdays & Saturdays Great Prices! Amazing Selections/Items

Our Thrift Store continues to be a vital resource for all the families that shop every week. It continues to be such a positive ministry for our church and we so appreciate all our customers, donors and volunteers who dedicate their time, talent and treasures.!

If we encounter inclement weather or store is closed for any unspecified reason, go to our Facebook page, cancellations are at this site by 9:00 am on a Thursday or Saturday morning.

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A licensed safe haven for orphaned or injured local wildlife.
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DECC is a caring community of faith where we are all on a journey together finding hope, purpose, connection, and wholeness as followers of Jesus. Wherever you are in this walk of life, we invite you to join us.

- Sunday Morning worship service begins at 10:30 AM with Interim Pastor Doug Walker leading. We welcome you to join us anytime!
- After much preparatory work, the Pastoral Search Committee continues working to find a new pastor for the Dunstable Church. Applications are being accepted at the Dunstable Evangelical Congregational Church, 518 Main St, PO Box 190, Dunstable MA 01827 or at DECC_PSC@dunstablechurch.org.
- Watch the website, <u>www.dunstablechurch.org/events</u>, or Facebook, for news on **Bible Study classes** beginning in October.
- SAVE THE DATE: October 26, 2024 4-6 PM. Come to the Church parking lot for the Annual Trunk N' Treat! All are welcome to come and trick or treat from trunk to trunk for free. Costumes are highly encouraged! Interested in participating with your own trunk? We'd love to have you! Email us at outreachboard@dunstablechurch.org to sign up your trunk and get additional information.
- We welcome everyone every Sunday morning at 10:30am at the big white church in the center of Dunstable. We would love to meet you! We are here every Sunday morning at 10:30am. Please join us. God bless.

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BONE BUILDERS AT TYNGSBORO SENIOR CENTER

Osteoporosis is a serious disease affecting calcium in your bones causing them to get brittle and break or fracture.

Through slow and repetitive exercises using arm and leg weights, bones can be rebuilt. At least twice a week, using bone builders' exercises and weights, is suggested for rebuilding to be in progress. For further information, please call Jean Jacoppi, Leader (978.649.9076).

DUNSTABLE - TYNGSBOROUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need. Our Regular Meetings are held on the first and third Tuesday of the month starting at 6:30 pm at Princeton Station 147 Princeton St., in N. Chelmsford, MA.

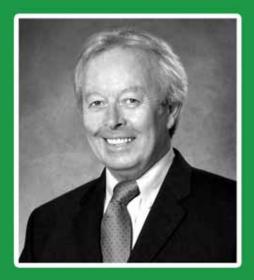
Our Facebook Page is

https://www.facebook.com/DunstableTyngsboroLionsClub

YOU CAN HELP BY DONATING THE FOLLOWING:
Used Eyeglasses, Used Hearing Aids, Can Tabs
Look for collection boxes at the Post Offices, Tyngsboro Senior
Center & Dunstable Library and Town Hall

*** STATE SENATOR ***

Ed Kennedy



Dracut * Dunstable * Lowell Pepperell * Tyngsborough

Paid for by the Committee to Elect Ed Kennedy

MEDICARE OPEN ENROLLMENT

- When's the Medicare Open Enrollment Period? Every year, Medicare's open enrollment period is October 15 December 7. What's the Medicare Open Enrollment Period? Medicare health and drug plans can make changes each year—things like cost, coverage, and what providers and pharmacies are in their networks. October 15 to December 7 is when all people with Medicare can change their Medicare health plans and prescription drug coverage for the following year to better meet their needs.
- How do people know if they need to change plans? People in a Medicare health or prescription drug plan should always review the materials their plans send them, like the "Evidence of Coverage" (EOC) and "Annual Notice of Change" (ANOC). If their plans are changing, they should make sure their plans will still meet their needs for the following year. If they're satisfied that their current plans will meet their needs for next year and it's still being offered, they don't need to do anything.
- When can people get information about next year's Medicare plans? Information for next year's plans will be available beginning in October.
- Where can people find Medicare plan information or compare plans? 1-800-MEDICARE or Medicare.gov.

ZERO WASTE DAY COMMUNITY EVENT

Saturday, November 2, 2024 - 9am to noon Tyngsboro Elementary School Parking Lot, 205 Westford Rd., Tyngsboro

Dunstable Residents are invited to participate in this event. Presented by The Tyngsborough Sustainability Committee with the support of the Tyngsboro-Dunstable Rotary Club

Electronics & Small Appliances Sponsored by Tyngsborough Scout Troop 46 Donation requested, up to \$15 each. Textiles, Books & More Free. Items reused or recycled by CMRK. Gently used Furniture & Household Goods Free, Collected by Household Goods, Inc., Bikes & Bike Parts Free, Collected by Cambridge Bike Give Back, Scrap Metal Free, Collected by Junk King. Other Items: Eye glasses & Sunglasses, Skis/snowboards, Golf Clubs, License Plates, Baseball Bats and Wooden Oars. Small Engines Free, Provided by a local resident.

Please go to www.neighbortoneighbornewsletter.com
to see and or print out the Zero Waste Day Community Event
flyer. This will give you details about what is actually accepted at
this event. This is a great opportunity to recycle or dispose of goods
easily.

RACHEL JACOBSON MEMORIAL SCHOLARSHIP

Rachel dedicated her life to serving others. She might have even been your nurse at Lowell General (during Covid), MGH, Lahey, Lawrence General or one of the many hospitals she worked at in the United States.

Rachel firmly believed in helping others to help themselves by providing support, skills, love and hope. This scholarship memorializes her commitment to these beliefs.

The Rachel Jacobson Youth Changemaker Scholarship will be awarded to a local MA youth living in foster/kinship care or are experiencing hardship. It will fund their engagement in the youth Change Maker Program in Winchendon where they learn job skills, leadership, financial literacy, and civic engagement. To read more about this program and the wonderful work it is doing go to: www.winchendon-cac.org Checks can be made payable to: Winchendon CAC, 517 Central Street, Winchendon, MA 01475 please put "Rachel" in the note portion of your check.

On behalf of Rachel and her entire family, we thank you for your support.

SEEKING NEW BRIDGE PLAYERS!

We are a small group of bridge players who are playing on Thursday mornings, 10 am at the Tyngsborough Senior Center, 169 Westford Rd. in Tyngsborough. We are looking for more bridge players to join us! We are non-competitive and have been practicing bidding as well as the conventions that we have learned in beginner lessons. If interested or curious, please contact Rose Mitchell at mitchell6260@msn.com.

HABITAT FOR HUMANITY OF GREATER LOWELL CRITICAL HOME REPAIR PROGRAM

Is your home in need of a critical repair? Did you know that Habitat for Humanity of Greater Lowell does more than just build homes for local families?

In an ongoing effort to meet the Habitat mission that everyone should have a decent and affordable place to live in dignity and safety, Habitat Lowell also offers a **Critical Home Repair Program** for income qualified seniors and veterans with homes in need of a critical repair. Repairs focus on safety, accessibility, mobility and code enforcement issues so that homeowners can remain safely in their homes.

To find out more, please visit https://lowellhabitat.org/what-we-do/critical home-repairs/ or contact *Critical Home Repair Manager, Kim Raymond at 978-692-0927 option 4 or criticalrepairs@lowellhabitat.org.*

ST. KATHRYN PARISH 30TH ANNUAL CHRISTMAS BAZAAR AND PENNY SALE

St. Kathryn Church, 4 Dracut Road, Hudson, NH Saturday November 9 from 9 am - 6 pm Sunday November 10 from 9 am - 3 pm

- **Grand Raffle** with First, Second and Third Cash Prizes plus many 50-50 Cash Raffles
- Penny Sale with hundreds of brand new prizes
 \$1 buvs 100 chances to win
- Theme Basket room full of creative baskets for you to take a chance on
- Holy High Rollers table for a chance on Big Ticket items
 Visit with Santa
 - Enjoy a treat from the Bake Sale table
 - Buy a handmade gift for yourself or others in the Craft Room
- Grab a homemade meal, soup or sub at Katie's Kitchen
 Visit St. Kathryn Religious Goods right behind the church office Save the Date, We look forward to seeing you!

THE HOLYROOD COLLABORATIVE

St. John the Evangelist, St. Margaret of Scotland, St. Mary 115 Middlesex St 374 Stevens St 25 North Rd North Chelmsford Lowell Chelmsford (978) 251-8571 (978) 454-5143 (978) 256-2374

Office Hours: Monday, Tuesday, Thursday 9am-5pm, Wednesday 9:30am-5pm and Friday 9am -3pm www.theholyrood.org

Pastor Rev. Brian E. Mahoney Parochial Vicar Fr. Fernando Ayala Staff Offices: 115 Middlesex Street, North Chelmsford, MA



THE HOPE AND HEALING ADULT GRIEF SUPPORT GROUP

Our meetings are held on the last Saturday of the month, at Saint John the Evangelist, Old Parish Center, 115 Middlesex Road, North Chelmsford, MA. The upcoming meeting will be held on Saturday, October 26, 2024 from 10:30 a.m. to 12:00 noon.