



# Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

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[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)

*Celebrating 40 Years of Service!*

Issue # 426 • May 2024

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## TYNGSBOROUGH'S TOWN MANAGER REPORT

From Colin Loiseau, Tyngsborough Town Manager  
May 2024

I am pleased to report the following information from Town over the last month. You can find a full version of the Town Manager's report online at [tyngsboroughma.gov](http://tyngsboroughma.gov).

- The Town of Tyngsborough was awarded a \$25,000 earmark for electric vehicle infrastructure for public safety and is exploring ways to utilize this funding to jump start the purchase of an electric police vehicle.
- The Annual Town Election will take place on May 21, 2024 from 7 AM to 8 PM. Learn more and find out where to vote at [tyngsboroughma.gov](http://tyngsboroughma.gov) under the "Elections and Voting" page.
- The hazardous material abatement on the Winslow School was completed in April. This project included the removal and abatement of hazardous material include asbestos and lead. The design work on the \$1.5M partial demolition and exterior restoration of the original school house is nearing completion and the Select Board will consider future steps at a meeting in May or June.
- Design of the new pre-engineered steel building that will house the Department of Public Works on the site of the current highway garage kicked off in April. We expect the design phase to continue through June. This project is funded by a mix of capital funding allocated at Town Meeting and funding from the Sewer Commission.
- The Select Board hosted a Tri-Board meeting on April 8<sup>th</sup> with the Finance Committee and School Committee as well as State Senator Ed Kennedy and State Representative Colleen Garry. The meeting provided an overview on the Town's legislative priorities, a call for an increase in state aid, and an update on the Town's financial position.
- The Yard Waste Drop Off Site is open for the season. Residents can access the site from Bryant Lane and the site will remain open now through December. Please visit the trash and recycling page of [tyngsboroughma.gov](http://tyngsboroughma.gov) to learn more about rules and hours of operation.

Be sure to visit [www.tyngsboroughma.gov](http://www.tyngsboroughma.gov) to stay up to date on all things happening in Tyngsborough. You can sign up for alerts & view all recent news articles. **You can also follow Tyngsborough MA on Twitter, Facebook, and LinkedIn so that you'll never miss a beat.**

The Town Manager's Office can be reached by phone 978-649-2300 x100 or by emailing [administration@tyngsboroughma.gov](mailto:administration@tyngsboroughma.gov).

## TYNGSBOROUGH BOARD OF HEALTH

Please note Trash/Recycling will be delayed a day on  
Memorial Day, Monday, May 27<sup>th</sup>, 2024

## IN MEMORY OF

Michelle M. (Gagnon) Costello	Gerald (Mark) Mahan
Gloria (Hackey)(Russo)Marcouillier	Susan M. (Boumil) Ray
Faustina (Faustine) Dean Wood	Michael Charles Pattavina
Simonne M. (Levasseur) Baribeault	Florence L. (Graves) Molinari

## TYNGSBOROUGH TOWN CLERK NEWS

- **2024 Dog Licenses** are available at the Town Clerk's office or by mail. The license is now late and payment must include a \$25.00 late fee. Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. **If renewing by mail, please enclose a stamped envelope for the license.**
- **TOWN ELECTION:** The Town Election is May 21st. Voting hours 7:00 am to 8:00 pm.
- **TOWN MEETING:** Town Meeting is scheduled for May 3rd and will be held at Tyngsborough Elementary Cafetorium at 7:00 pm. Stay safe! Please contact the office at 978-649-2300 extension 129 or email to [jshifres@tyngsboroughma.gov](mailto:jshifres@tyngsboroughma.gov) with any questions.

## GREETINGS FROM THE TOWN OF TYNGSBOROUGH MEMORIAL DAY COMMITTEE



The Town of Tyngsborough has a rich history of celebrating Memorial Day. The citizens of the community have always taken pride in our events and we traditionally enjoy extraordinary turn out for the Memorial Day events.

Despite challenges beyond our control over the last four years, the Town has continued the tradition of saluting our fallen. This is done the morning of Memorial Day by visiting each of the 5 main cemeteries in Town as well as placing a wreath at the Memorials in the center of Town

In years past, we have ended the program with a parade ending at the American Legion with a community celebration. This of course has been on hold as the American Legion works hard to rebuild after suffering a devastating fire. We are excited for them to reopen this summer and incorporating the parade and community celebration back into the program next year.

**As for this year, we invite you to participate on May 27<sup>th</sup>, 2024 beginning at 8:30 A.M. Memorial Day morning.** The program will start at the Town Center Veteran's Memorial and a motorcade will depart from the Old Town hall visiting all of the Town's cemeteries to salute the fallen. This is a very solemn and moving tradition. All are welcome to take part in the motorcade. Carpooling is encouraged and parking is available next to the Old Town Hall and at the Meeting House parking lot. **Residents interested in participating are encouraged to meet on the Town Common for 8:30 AM.**

Christopher Dery, Chairman, Memorial Day Committee

**NOTICE TO TYNGSBOROUGH  
WATER DISTRICT USERS**

*The Tyngsborough Water District began flushing water April 17, 2024. **The flushing program will be in effect for approximately 6 weeks.** Flushing will be conducted between the hours of 8am and 3pm, Monday through Friday.*

During these times, water pressure may be low and the water discolored. Let the water run awhile and it should clear up quickly.

We regret any inconvenience this may cause you.

Thank you for your assistance!  
**Tyngsborough Water District**



**Thank you to all our new members!** For more information visit our website at [TyngsboroughLandTrust.org](http://TyngsboroughLandTrust.org), which contains all the info from our brochure (which was mailed in early April), a membership link and more. Please **Join Us** to show your support, have a voice, and a vote.

The **Tyngsborough Land Trust** is a non-profit land conservation organization whose mission is to assist in the preservation of the rural character of Tyngsborough through sound conservation practices. Land Trusts conserve natural areas which provide communities with places to get outside to relax, reflect and recharge while also protecting essential habitats for a variety of diverse species. *More nature = Better health.* It's that simple. **Tyngsborough Land Trust** is working alongside other land trusts across the state and the country so families everywhere can stay active and decrease stress.

**Board of Trustees: Liz Antanavica, Ed Derby, Thomas Fitzpatrick, Rae Ann Jacek, Doug Latullip, Rose Mitchell and Susan Morey**

**KITTY ANGELS**

*is a no-kill shelter dedicated to rescuing stray and abandoned cats, furnishing them with treatment for injuries or other health problems, and placing them into life-long, loving, indoor homes with compatible owners.*

*Kitty Angels is an all-volunteer organization. **We have no paid staff - every cent of every donation goes to caring for needy cats!** Please consider making a tax-deductible donation. You can do so by clicking on the "DONATE" button on our Facebook page; mailing a check to Kitty Angels, P.O. Box 638 Tyngsboro, MA 01879; or using the PayPal link on our website: [www.kittyangels.org](http://www.kittyangels.org) You can donate Gift Cards, Cat Food, Medical Supplies, Cleaning Supplies, Towels. If you have small antiques, collectibles or other items to donate please contact Gail Mosher at [gailmosher@gmail.com](mailto:gailmosher@gmail.com) or leave a message with us. 100% of the proceeds will go to Kitty Angels. For other ways you may help, please visit the How to Help page on our website at [www.kittyangels.org/howtohelp.html](http://www.kittyangels.org/howtohelp.html) Kitty angels, Inc. is an all-volunteer, 501(c)3 non-profit organization. Your donation is fully tax-deductible.*

**Neighbor to Neighbor**

Published by Anne Paquin Since 1983  
64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914  
E-mail: [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com)  
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Total circulation is now 6,674 which includes Dunstable and Tyngsborough, MA.



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## Tim's Timely Technical Tips

By Tim Hulings

Over 65 percent of Massachusetts' carbon emissions come from our homes, businesses, and vehicles. Replacing fossil fuel technologies with high-efficiency electric options will significantly reduce carbon emissions across the state. The Sponsors of Mass Save offer the following process for electrification.

**Prepare for electrification.** Start with weatherization to reduce overall energy use and prep buildings for electrification. 0% financing is available on approved electrical panel upgrades, weatherization and electric heating & cooling system upgrades.

**Heating, Cooling, Water Heating.** Mass Save offers \$10,000 rebates for high-efficiency heat pumps systems. \$750 rebates are available for heat pump water heater installs.

**Lighting, Appliances, and Induction Stoves.** Improve your lighting with LEDs, explore high-efficiency appliances.

**Work with a Qualified Installer.** Always use contractors from the Mass Save lists. Until next month, stay comfortable. *Tim*

**Got a question? Drop me a note!**

[tim@denommeplumbing.com](mailto:tim@denommeplumbing.com)

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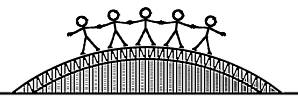
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**TYNGSBOROUGH RECREATION AND PARKS**  
Call 978-649-2300 Ext. 150

The Recreation Committee meets at the Old Town Hall 10 Kendall Road. Meeting dates and additional information on our programs may be found on our website at [TyngsboroughRec.com](http://TyngsboroughRec.com) Friend us on Facebook. Seeking new members. Join us!

**• SWIM LESSONS!! AT THE TYNGSBOROUGH TOWN**

**BEACH** With Discover H2O, LLC centered on safety and skill development, they empower individuals to enjoy a lifetime of fun in the water through positive and engaging experiences. Led by Founder, Caley Zannoni, their certified swim instructors and lifeguards are passionate and dedicated professionals who undergo rigorous training, ensuring the highest standards in water safety instruction.

**Tailored lessons** cater to all ages and abilities, from group lessons for children to private lessons for those with special needs. **Group Lessons:** Beginner, Intermediate, and Advanced levels for ages 3-12 years.

**Private/Semi-Private Lessons:** Customized to individual needs, accommodating traumatic experiences or specific requirements.

**Special Needs Lessons:** Prioritizing private or semi-private lessons with a personalized teaching plan.

**Teen & Adult Lessons:** Open to learners of all ages, with small group and private lesson options.

**Summer 2024 Group Lesson Pricing:** \$150 for a package of 6 classes over the session, \$60 per private lesson, \$80 per semi-private lesson. **All Registrations will be available on line through [www.DiscoverH2O.com](http://www.DiscoverH2O.com)**

**• Tentative Lesson Schedule (July 11th - August 18th):** Thursday: Beginner: 5:00 pm - 5:45 pm, Intermediate: 5:45 pm - 6:30 pm, Advanced: 6:30 pm - 7:15 pm. Sunday: Beginner: 9:00 am - 9:45 am, Intermediate: 9:45 am - 10:30 am, Advanced: 10:30 am - 11:15 am, Beginner: 11:15 am - 12:00 pm, Intermediate: 12:00 pm - 12:45 pm. *Private lessons and Waterfront Lifeguard Training will be scheduled based on request and availability.*

## TYNGSBOROUGH REPUBLICAN TOWN COMMITTEE (TRTC)



The TRTC serve as our community's official representation within the Massachusetts Republican Party. In addition to promoting the principles of the Republican Party, we also assist local, state, and national Republican candidates in their bid for public office. While not everyone agrees on all issues, the TRTC focuses on issues we all share: **less government, budgetary restraint, and lower taxes.**

**LOCALLY:** We help promote fiscal responsibility; present Town Meeting Warrant Articles; oversee voter registration and elections; and organize signature drives for candidates and important issues.

**STATE & NATIONALLY:** We promote and support candidates that share our values; provide delegates to our State Convention to vote on our nominees for elected office; and coordinate with other Republican Town and City Committees.

**Please get involved and make your voices heard!!**

**ELECTION OFFICIALS NEEDED:** We're looking for Republicans to help preserve integrity in the 2024 election. Please let us know if you're interested in serving as an Election Official, Poll Worker, or even as an Election Observer at one of our town precincts. Reach out to [TyngsboroughRTC@gmail.com](mailto:TyngsboroughRTC@gmail.com) for more information.

**COME JOIN US!!:** E-mail [TyngsboroughRTC@gmail.com](mailto:TyngsboroughRTC@gmail.com) to get on our mailing list and follow us on Facebook ([TyngsboroughRTC](http://TyngsboroughRTC)) for meeting updates and other important information.

**DONATE:** If you'd like to make a donation, please send to: TRTC, PO BOX 614, Tyngsborough, MA 01879 or directly via <https://secure.winred.com/tyngsborough-rtc/donate>



Explore and connect

25 Bryant Lane, Tyngsborough, MA 978-649-7361 [www.tynglib.org](http://www.tynglib.org)

Library Hours: • Mon. & Wed. 10:30 a.m. – 8 p.m.

• Tues. & Thurs., 9 a.m. – 5 p.m. • Sat., 9 a.m. – 2 p.m.

• Fri. & Sun. Closed

**CLOSED Monday, May 27<sup>th</sup> for Memorial Day**

• **SPRING BOOK SALE! SATURDAY, MAY 18, 8:30 AM—2:30 PM** Book, puzzle, jewelry, and DVD donations accepted up until Thursday, May 16<sup>th</sup>.

• **An Evening of Celtic Music with Áine Minogue: WEDNESDAY, MAY 15, 6:00—7:30 PM** Join us for an evening of Celtic music performed by world-renowned musician Áine Minogue! This event will be held at the Old Town Hall building at 10 Kendall Road.

**Registration Required.**

• **Recent Projects in Astronomy: WEDNESDAY, MAY 22, 6:30—7:45 PM** Some recent projects in astronomy will be presented in this evening talk by Bob Reich. The three areas that will be described are: Transiting Exoplanet Satellite Survey (TESS); the search for exo-planets orbiting stars, OSIRIS-Rex; the mining of an asteroid, and adaptive optics for removing blur from ground-based telescope images. Light refreshments will be provided. This presentation is great for all ages. **Registration Required.**

• **Forest Foraging: WEDNESDAY, MAY 29, 5:30—7:30 PM** Foraging is a growing interest in our society and more people are searching for ways to obtain food in a self-reliant manner. It is essential to be sure we are foraging safely, ethically, and without causing damage to our landscape. We will be hiking through varied terrain, on and off trail, up to 1 mile. Location: Edward Bell Conservation Land. **Registration Required.**

• **Tab the Library Turtle's First Birthday Bash: Wednesday, May 8<sup>th</sup> from 4:00 – 6:00 p.m.** We will celebrate the first birthday of Tab the Library turtle at the library! More details to come.

• **An Evening of Celtic Music with Áine Minogue: May 15<sup>th</sup> at 6:00 p.m.** Join us for an evening of Celtic music performed by world-renowned musician Áine Minogue! This event will be held at the Old Town Hall building at 10 Kendall Road.

• **Writers' Group: Every Monday at 6:30 p.m.**

• **Adult Coloring Club: Wednesday, June 5<sup>th</sup> at 6:30 p.m.**

• **Tech Help: Tuesdays 11:30 a.m. – 1:30 p.m. and Wednesdays 7:00 p.m. – 8:00 p.m.** Get technology help at the library. Book an appointment for an individual lesson or consultation on topics such as: Computer basics; Android tablets and phones; Microsoft Word. Call the library (978-649-7361) or email [circdesk@tynglib.org](mailto:circdesk@tynglib.org) to register for a timeslot. **Registration required.**

• **Book Clubs: Book Chat June 5<sup>th</sup> at 6:30pm ; Cookbook Club May 13<sup>th</sup> at 6:30pm ; Romance Club May 8<sup>th</sup> at 6:30pm ; Non-Fiction Club May 20<sup>th</sup> at 6:30pm ; Mystery Monday June 24<sup>th</sup> at 6:30pm ; Fiction Club May 29<sup>th</sup> at 6:30pm.**

• **Visit [Tynglib.org/events](http://Tynglib.org/events) to check out all of the upcoming virtual events!** Register for TPL programs by calling or emailing ([circdesk@tynglib.org](mailto:circdesk@tynglib.org)) the Library or using links provided on the online calendar for virtual programs.

• **Subscribe to our NEWSLETTER to get updates** on all our programs sent to your inbox every month! [tynglib.org/newsletter](http://tynglib.org/newsletter)

### Kids & Teens

#### SPECIAL PROGRAMS

• **Teen Cozy Craft: SATURDAY, JUNE 1, 12:30-1:30 PM**

Make a stylish cuff bracelet using recycled materials. Teen Cozy Craft welcomes ages 11+. Register online.

• **TyngTAB (Teen Advisory Board): SATURDAY, MAY 18, 12:30—1:30 PM** Join us to give your input to our Teen Advisory Board! The Teen Advisory Board is responsible for providing exciting program ideas for 6th grade and up, and is run by members of the same age group. Snacks are provided. TyngTAB is sponsored by the Friends of the Tyngsborough Public Library. Support the Friends of tomorrow and become a Friend today! RSVP online.

## TYNGSBOROUGH PUBLIC LIBRARY news continued on next page!

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## TYNGSBOROUGH TOWN HALL HOURS

Monday & Tuesday: 8:30AM to 4:30PM

Wednesday: 8:30AM to 7:00PM

Thursday: 8:30AM to 4:00PM **Friday: Closed**

[www.tyngsboroughma.gov](http://www.tyngsboroughma.gov)

## TYNGSBOROUGH PUBLIC LIBRARY NEWS CONTINUED

- **Drop-In Mother's Day Craft, Saturday, May 11th from 10 a.m.-1 p.m. (ages 3-12)** Mothers, grandmothers, aunts, and female guardians can visit the Children's Room with their little ones for a fun craft to do together in honor of Mother's Day! Materials and directions will be provided for children to work at their own pace. Recommended for ages 3-12 (with adult accompaniment). No registration required.
- **Drop-In Kite Craft, Tuesday, May 21st from 9:30 a.m.-4 p.m. (ages 3-12)** Visit the Children's Room for a fun DIY kite craft! Materials and directions will be provided for children to work at their own pace. Recommended for ages 3-12 (with adult accompaniment). No registration required.
- **Drop-In Father's Day Craft, Saturday, June 8th from 10 a.m.-1 p.m. (ages 3-12)** Fathers, grandfathers, uncles, and male guardians can visit the Children's Room with their little ones for a fun craft to do together in honor of Father's Day! Materials and directions will be provided for children to work at their own pace. Recommended for ages 3-12 (with adult accompaniment). No registration required.
- **Readers Theatre Auditions, Monday, June 10th from 3 p.m.-5 p.m. (ages 6-12)** Have you always had a flare for the dramatics? Well now is your chance to really shine! Kids ages 6-12 will put on a play version of the Wizard of Oz. Rehearsals will be on Tuesdays from 11am-12pm and our one-night-only performance will be on August 14th @6pm. Kids will learn different acting exercises, theater terminology, as well as what it takes to perform in a play! We hope to see you there! Disclaimer: Any child who auditions will be cast. Parents will be sent an email by the end of the week in order to confirm whether their child accepts their role or not. If we have not received a reply by the requested date, we will have to assume that your child no longer wants to be involved. Email [ecormier@tynglib.org](mailto:ecormier@tynglib.org) if you have any questions!

### WEEKLY PROGRAMS

- **Family Storytime**, Thursdays at 11 a.m. (ages 2-5)
- **Family Resource Network Playgroup** - Wednesdays at 11 a.m. (ages 0-6)

### MONTHLY PROGRAMS

- **Club Pokemon, Monday, May 6th and June 3rd at 4 p.m. (grades 3-8)** RSVP online.
- **Readers Theatre Club, May 1st at 5 p.m. (ages 7-12)** Have you always had a flare for dramatics? This club is for you! Join Miss Lizzie in becoming a part of Tyngsborough Library's very own Reader's Theatre Club! Kids will learn different acting games/exercises, theatre terminology, confidence skills, as well as different techniques in various elements of acting. This program will take place on the first Wednesday of every month and is for ages 7-12. Kids are encouraged to meet consistently, but new members can join anytime. **Registration is required.**
- **Babytime - May 13th at 10:30 a.m. (ages 0-23 mos.)** Join Miss Lizzie in singing songs, fingerplays, and activities all geared toward early literacy skills for your little one! This program is intended for ages 0-23 months. **Registration is required.**
- **LEGO Challenge Club, Saturday, May 18th at 11 a.m. All ages with a grown** are welcome to join our LEGO Challenge. See our Instagram [@tyngsboroughpubliclibrary](https://www.instagram.com/tyngsboroughpubliclibrary) for examples of past LEGO Challenge creations. No registration required.
- **Bedtime Storytime - May 20th at 6:30 p.m. (ages 2-5)** Join Miss Brianna for some fun stories, songs and rhymes all before bedtime! This program builds early literacy and social skills and is intended for ages 2-5, but older and younger siblings are welcome. **Registration is required and pajamas are encouraged!**
- **Monthly Scavenger Hunt, All Day, All Month Long (ages 3-12)**
- **Board of Library Trustees** Meetings generally held monthly, the third Tuesday. Check the TPL or Town websites for scheduled meetings.
- **Friends of the Library** – Join in the fun and support your library! Meetings are held 9 Mondays per year at 6:30 p.m. in the Library. See the TPL website for dates. Also, check out the new and easy way that you can join or renew your membership to the Friends of the Library right from the Friends link on our website simply by using the "Join and Pay" or "Donate" buttons.

Like us on **Facebook**, follow us on **Instagram** @tyngsboroughpubliclibrary and **Twitter** @tyngsboroughlib

## TYNGSBOROUGH VETERAN'S AGENT

Veterans, Veteran widower, widow or dependents of a Veteran, you may be eligible for financial assistance from my office. I may be able to help with basic living expenses, rent or mortgage heating cost, prescriptions, hearing aids, monthly healthcare premiums and hospital/doctor bills not covered by your Medicare or other insurance. The Veteran's Office is a confidential office where your identity is completely confidential. Call or email to schedule an appointment. *Sincerely, Christopher W. Dery, Tyngsborough Veteran's Agent, 25 Bryants Lane, Tyngsborough MA, 01879 978-649-2300 X131 [veteransagent@tyngsboroughma.gov](mailto:veteransagent@tyngsboroughma.gov)*

## FREE CURBSIDE TEXTILE PICK UP

The Town of Tyngsborough partnered with HELPSY to offer **free curbside pick-up** of clothing and household textiles to residents. Pickups will happen weekly. **Schedule curbside pick-up at [helpsy.co/tyngsboroughma](https://www.helpsy.co/tyngsboroughma) or 800-244-6350. Questions? <https://www.helpsy.co/home-pickup-faq>** Only clothing and other textiles, should be bagged and left on the curb by 7:00 AM on the day of the scheduled pick up. HELPSY accepts clean, dry, and bagged clothing and fashion accessories (stained, worn, and torn is fine). This includes dresses, shirts, pants, suits, coats, gloves, hats, belts, ties, scarves, wallets, purses, backpacks, totes, shoes, towels, bedding, costumes, curtains, placemats, tablecloths, and throw rugs. For more information about other recycling programs available to Tyngsborough residents, please contact the Board of Health by phone at 978-649-2300 x118 or visit them on the web at <https://www.tyngsboroughma.gov/departments/inspectional-services/health/trash-and-recycling/>



## FRIENDS OF THE TYNGSBOROUGH PUBLIC LIBRARY



- **March was Membership Month but it is never too late to join!** Please support the Friends by renewing your membership/making a donation, or join us with a new membership/donation as we start a new year of the Friends.
- **Why join?** If you have benefited from a special event, enjoyed our local book sale or used the library museum passes, you have enjoyed a Friends supported program! It is never too late to join to help us support our neighbors.
- Please complete the application that was mailed in March and return it to the Library with your dues or, **even easier! Donate online** at <https://www.tynglib.org/about/friends-of-the-library-application/> or scan the QR code at the top of this article. It only takes a minute to donate and has so much local impact!
- **May Book Sale: Save the date for May 18, 2024** in the Community Room at Town Hall. The Friends will be selling books, DVDs, CDs, jewelry, and puzzles. Mark your calendars and come early to pick out the books and other items you like!
- **We are now accepting your donation of used books, jigsaw puzzles, CDs, DVDs, and jewelry at the Library. Please bring them to the Children's Program Room.**
- Please ensure that all items are clean and in good condition, no magazines please. We appreciate donations in boxes with covers, re-usable bags or paper bags.
- **Volunteers are needed to sort books, help set-up and clean-up! Please join our Facebook Page for updates!**
- The Friends continue to fund several passes for museums and other venues for adults and families, indoors and out. Visit the Library's website to reserve a pass and click on the link to the venue for information on visitor information.
- **Our upcoming meeting is Monday, at 6:30 p.m. in the Library on June 3.** The Friends do not meet during the summer months. Please contact us at [tynglibfriends@gmail.com](mailto:tynglibfriends@gmail.com) with any questions or suggestions!

**TYNGSBOROUGH  
COUNCIL ON AGING**



169 Westford Rd, Tyngsborough, MA  
978-649-9211

**Mailing Address:** 25 Bryants Lane, Tyngsborough, MA 01879  
Email: Broche@tyngsboroughma.gov

**Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3.**

• **Closed Monday, May 27<sup>th</sup> for Memorial Day (Honoring the men and women who died while serving in the U.S. Military.**

• **Donations Needed:** Coffee (ground and k-cups), 12oz Cups, Paper Plates-Small and Large, Plastic Spoons, Forks, Knives, Sugar Packets and small coffee creamers

**COA Meeting Tuesday, May 21<sup>st</sup> at 3:30pm**

• **SENIOR BREAKFAST Thursday, May 16<sup>th</sup>, 8:30-9:00** Start your day off with a **FREE**, healthy breakfast. Breakfast sponsored by Lion's Club. Speaker TBD

• **FREE COMPUTER and CELL PHONE HELP (Monthly) at the Senior Center.** 2<sup>nd</sup> Wednesday each month, May 8<sup>th</sup> 9:30 - 12:00. Dean Lotito will be available to help fix issues with your cell phones and computers. Why not take advantage of this free service.

• **MOTHER'S DAY "Wine tasting" Friday, May 10<sup>th</sup>, 12:30** **The Travelling Chef:** serving from a carving station with roast beef and turkey; come celebrate mother's day at our first wine tasting event. There will be several different 'Non-Alcoholic' wines to taste. **Cost \$3.00 per person**

• **BOOK CLUB (Monthly) Wednesday, May 15<sup>th</sup>, 10:00** Come join us on the 3<sup>rd</sup> Wednesday of each month. With Carol Sides hosting. Discover and read the best new books each month.

• **SENIOR BREAKFAST Thursday, May 16<sup>th</sup>, 8:30-9:00** Start your day off with a **FREE**, healthy breakfast. Breakfast sponsored by Lion's Club. Speaker TBD

• **BONE STRENGTH... FREE Wednesdays 10:00 / Fridays 9:00** Doctor's note **NOT** required. (Similar to Bone Builders-exercises for building bones) **Class has openings.**

• **YOGA and Holistic Health Every other Wednesday 9:00, see calendar for the dates.** Lynda Gamble...Yoga. Laurie Schmalz... Holistic Health **Reducing stress and increasing relaxation.** Reducing pain and muscle sore ness and tension. Improving circulation, energy and alertness. Lowering heart rate and blood pressure.

• **BRIDGE Every Thursday 10:00 FREE** Each player in rotation must follow suit to the card led (play a card of the same suit). A player unable to follow suit may play any card, including a trump, if desired. A trick is won by the highest card of the suit led or by the highest trump, if it contains any

• **CANASTA, Every Thursday 1:00 FREE** Canasta is played with two full decks of cards, including two Jokers from each deck totaling 108 cards. The main object of the game is to outscore the opposing team, or players.

• **MAHJONG, FREE NO COST! Every Friday, 10:00 ... BEGINNERS** "Studies have shown that mahjong is a great game for keeping the mind sharp" and it is recommended among the elderly as a means of keeping their brains in good health. **Room available**

• **FREE... PAINTING CLASS Every Monday, 12:30-3:00** In this class everyone helps each other. If you love painting and don't mind (asking or helping) others, come join us and make new friends.

• **CRIBBAGE Every Tuesday Morning 10:00 - 12:30** We have openings for cribbage players. We welcome all.

**UPCOMING IN JUNE**

*These dates and times are subject to change.*

• **Friday, June 14<sup>th</sup> Flag Day:** The Traveling Chef will be catering Lunch.

**Closed Monday, June 19<sup>th</sup> JUNETEENTH A Federal Holiday** commemorating the end of slavery in the United States.

• **SENIOR BREAKFAST Thursday, June 20<sup>th</sup>, 8:30-9:00** Start your day off with a **FREE Breakfast sponsored by TBD.** Speaker **Middlesex County District Attorney Marian Ryan.** Sign up by June 14<sup>th</sup>.

**INDEPENDENCE DAY CELEBRATION Friday, June 28<sup>th</sup>, 12:00**

**TYNGSBOROUGH BOARD OF HEALTH**

• **Expanded Recycling Center at the Highway Department - Now, in addition to large flattened cardboard, you can bring scrap metal, textiles, and mercury-containing items** to the Recycling Center at the Highway Department (89 Kendall Road) for recycling or safe disposal, year round.

**Scrap metal:** NO full-size appliances. For a list of accepted metals, please visit: [www.scrapit.us/metals-we-take](http://www.scrapit.us/metals-we-take)

**Textiles:** In any condition - Clothing and fashion accessories, underclothes, coats, footwear, purses, wallets, backpacks, towels, all linens, curtains, throw rugs, stuffed animals.

**Mercury-containing items** - Fluorescent and CFL bulbs, thermometers, rechargeable batteries, elemental mercury.



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Tues 9:00 A.M. - 6:30 P.M.  
Wed 9:00 A.M. - 5:00 P.M.  
Thurs 9:00 A.M. - 6:30 P.M.  
Fri 9:00 A.M. - 5:00 P.M.

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## YOU HAVE THE RIGHT TO MAKE YOUR OWN HEALTH DECISIONS

By Edward H. Adamsky

Every person in America has the right to make their own health decisions. Doctors and other medical professionals can suggest treatments that they think you should have, but only you get to decide if you want to accept that treatment or not. No one else gets to make the decision except you. You have the right to choose. You can say "Yes" to treatments you want. You can say "No" to any treatment that you don't want – even if the treatment might keep you alive longer.

Your doctor should tell you about your medical condition and the treatment alternatives available. Many treatments have "side effects." Your doctor must offer you information about problems that medical treatment is likely to cause you. Often, more than one treatment might help you – and people have different ideas about which is best. Your doctor can tell you which treatments are available to you, but your doctor can't choose for you. That choice is yours to make and depends on what is important to you.

You can ask others for help in making the decision. You might want to consult with your family, with a religious advisor, or with another medical professional. You can get information from books, online, and from other medical professionals. But, in the end, you will make the final decision.

If you are not able to make your own decisions, because you are unconscious, or are unable to communicate your choices, then no one else can make your decisions for you, unless you have authorized them to do so in writing. This can be done by signing a Medical Directive or Health Care Proxy in advance. With that document you grant permission to a person of your choosing to make those future medical decisions for you if and when you cannot. You can also provide some written guidance regarding your wishes.

In many states you can sign, and also have your doctor sign, a Medical Order for Life Sustaining Treatment. This can specify your wishes for some typical treatments like CPR, intubation, and dialysis. You can say that you do or do not want any of these treatments. With your doctor's signature on this form, other medical professionals will follow those wishes.

After you choose an agent, and before you finalize that decision in writing, you should talk to that person about what you want. Sometimes treatment decisions are hard to make, and it truly helps if your agent knows what you want. You should have a frank discussion about life and death, and quality of life in regard to medical care. You want your agent to make the same decision that you would.

You can always change your mind and sign a new Directive or Proxy naming a different person as your Agent, or have the written order by your doctor changed or discarded. You are always in charge of your own medical decisions. Consult with your Elder Law Attorney about getting a Health Care Proxy in place.

## SENIOR CIRCUIT BREAKER TAX CREDIT

As a senior citizen (65 or older), you may be eligible to claim a refundable credit on your Massachusetts personal income tax return. The Circuit Breaker tax credit is based on the actual real estate taxes or rent paid on residential property you own or rent and occupy as your principal residence. **This credit is available even if your income level does not require you to file a Massachusetts income tax return.**

The maximum credit amount for tax year 2023 is \$2,590.

- Applicants must meet income guidelines.
- Homeowners: Property value limit is \$1,025,000 and your property taxes together with half of your water and sewer expense, must exceed 10% of your total Massachusetts income for the tax year.
- Renters: 25% of your annual rent must exceed 10% of your total income for the tax year.

**For more information, contact the Assessor's Office 978-649-2300 x 121.**

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## SUSTAINABLE TYNGSBOROUGH

Helpsy - saving us \$ as they

help save the planet

Did you know that your worn-out, wrong-sized, or otherwise unwanted clothing, shoes and other textiles are not trash? No matter their condition, they have more life in them. Helpsy, the company that collects our textiles, has a mission to keep textiles out of the trash, saving towns money, providing jobs and helping the environment.

Here's how they do it. They have a collection plant in Woburn, MA that operates 24/7. Trucks pick up clothing from recycle bins as well as curbsides across the state. It's admirable to learn that 95% of what Helpsy collects is reused or recycled. Higher grades of clothing, shoes and other textiles are resold to thrift stores in North America and other second-hand markets around the world, while lower grade materials are repurposed into rags for industrial use or stuffing and insulation.

Recycling and reusing has an environmental impact. Altogether, Helpsy is repurposing 100 items per minute. As of today, Helpsy has kept 31 million pounds of clothing, shoes and other items out of the waste stream and because these items have been repurposed, a total of six billion gallons of water and nearly 207 million pounds of CO2 emissions were saved from new clothing creations.

There is a financial benefit to towns recycling textiles. Serving 48 municipalities, Helpsy has helped these cities and towns save more than \$1.3 million in waste disposal tipping fees. In addition to these savings, Helpsy pays Tyngsborough for materials collected. Helpsy has paid more than \$500,000 to municipalities and charities. The Sustainability Committee receives a quarterly report from Helpsy, telling us the weight of the materials they have collected. Helpsy has collected more than 5,000 pounds of textiles in Tyngsborough over this past year.

Recycling textiles also brings jobs to the area. Helpsy prides themselves on paying the best wages in the industry and their workforce is diverse. Each employee earns a living wage and is a shareholder in the company. Helpsy's operations support thousands of full-time jobs at Helpsy and their customers.

Want to learn more? Everyone is invited to take a tour at the Woburn, MA location. Information for the tour can be found on their website at [helpsy.com](http://helpsy.com).

Your unwanted clothing, blankets, curtains, shoes and more are valuable so please recycle them by dropping them in one of Helpsy's collection bins in town (at the Recycling Center at the Highway Department and the parking lot next to the Tyngsborough Middle School) or by scheduling curbside pickup ([helpsy.com/pickup](http://helpsy.com/pickup)).

**REMINDER: Zero Waste Day is Saturday, May 11, from 9am-noon** at the Tyngsborough Elementary School. See what we are collecting here: [tinyurl.com/TyngZeroWaste](http://tinyurl.com/TyngZeroWaste).

Please contact us at [sustainabletyngsboro@gmail.com](mailto:sustainabletyngsboro@gmail.com) with your sustainability ideas or questions. Or join one of our meetings, the 3rd Tuesday of each month, starting at 6:30pm at Town Hall.

## TYNGSBOROUGH HIGH SCHOOL

*proudly announces, Anna Gribbin, Dorothy Doherty, Madeline Menaker and Cameran Pedreschi as the April students of the month.*

**Anna Gribbin, daughter of Dave and Nicole Gribbin**, has been named on the honor roll and is a member of the ski club. She was also a member of the varsity softball team during her freshman year and volunteered at the Tyngsboro Block Party. Her hobbies include photography, working, videography, and hanging out with her best friends. Anna's favorite subject is history and her future goals are to go to college and study marketing with a minor in graphic design. Looking back on her days at Tyngsborough High School she says, "I have gained connections and relationships that will last a lifetime. Tyngsboro High School has prepared me to become a better person and has taught me unforgettable life lessons. A fond memory I will take with me is all of the times I have spent with my friends and all the memories we have created together".

**Dorothy Doherty, daughter of Nicole and Edward Doherty**, is a two-year member of the National Honor Society. She has also received numerous awards such as Outstanding Achievement in Wellness, the Academic Excellence Award, and the Principal's Award. Dorothy is also a two-year member of the Tyngsborough Theatre program and a member of the varsity tennis team. She has volunteered at The Wish Project and outdoor cleanup activities. Dorothy's hobbies include crochet, biking, climbing trees, and drawing. Her favorite subjects are math and anatomy. Dorothy's future goals include studying computer science and becoming a game designer. She hopes to travel and explore the world and to set up philanthropic organizations after college. Looking back on her days at Tyngsborough High School she says, "I feel I've gained confidence and friends I will take to the grave. Genuinely have some amazing people that got me through some rough times".

**Madeline Menaker, daughter of Kimberly Siddle and William Menaker**, has received numerous awards such as the Outstanding Achievement in World Language and Outstanding Achievement in Instrumental Music. Madeline is a member of the band program and the varsity golf team. Madeline's favorite subjects are anatomy, English and Spanish.

**Cameran Pedreschi, daughter of Cate and Brian Pedreschi**, has received the Outstanding Achievement in Visual Arts Award, Outstanding Achievement in Physical Education Award, and the Principal's Award. She has also been on the Honor Roll all four years. Cameran was a member of the varsity soccer team her freshman year. She has participated in community service such as donating her hair to several organizations for children with cancer and alopecia, crocheting/making blankets to donate to retirement homes, and volunteering at neonatal intensive care units and homeless shelters. Cameran loved spending holidays making cards for patients, their families, and healthcare workers at various hospitals. Her hobbies include getting lost in the pages of a good book, at a desk with a paintbrush in her hand, playing soccer, or crocheting. Cameran's favorite subjects are any anatomy class with Mrs. Hamilton, Roadtrip Nation with Mrs. Times, and Writing Research with Mr. Redman. Her future goal is to find what makes her fulfilled and happy. Right now, that looks like going to college and majoring in animal science on a pre-veterinary track to become a veterinarian. Looking back on her days at Tyngsborough High School she says, "THS is a unique place full of individuals who want to see you succeed, do your best, and most importantly smile. Even though my time at THS has been shorter than most, I've been lucky enough to form relationships with both students and staff members that can only be described as remarkable and hopefully lifelong. Some of my favorite moments have been as simple as waving to Moe in the morning or spending time with friends in the library. Each memory brings a smile to my face that I'll forever be grateful for and I can't begin to express how thankful I am for the last four years".

***Congratulations to these four amazing Tyngsborough High School students!***

### POLICE & FIRE EMERGENCY 911

Fire Dept. 978 649-7671 Police Dept. 978 649-7504

TOWN OF TYNGSBOROUGH  
TOWN HALL, 25 BRYANTS LANE

Mon. & Tues., 8:30AM to 4:30PM • Wed.: 8:30AM to 7:00PM  
Thurs.: 8:30AM to 4:00PM • Closed Friday *Until Further Notice*

Meeting schedules are posted at the front entrance of the Town Hall

Town Hall Directory Main Number 978-649-2300

Town Accountant	Ext. 124	Media Dept.	Ext. 140
Assessor's Office	Ext. 121	Planning Board	Ext. 115
Board of Appeals	Ext. 112	Town Treasurer	Ext. 126
Board of Health	Ext. 118	Veteran's Agent	Ext. 131
Building Office	Ext. 112	Sewer Dept.	Ext. 134
Town Clerk	Ext. 129	Board of Selectmen	Ext. 100
Town Collector	Ext. 128	Town Administrator	Ext. 100
Conservation Office	Ext. 116	Recreation & Parks	Ext. 150
Capital Asset Mgmt Com	Ext. 124	Highway Dept.	978-649-2310



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Join us for a **free 6-week Discover Harmony program** (beginning **on May 7, 2024**, and culminating in a show on **June 15** at which our guests will perform three songs with us).

**Come by for the first session and check us out!**

Rehearsals are held **Tuesdays beginning at 6:30 pm at the Nashua Senior Center**, 70 Temple St., Nashua.

We welcome singers of all ages that identify as women. The ability to read music is helpful, but not required. To RSVP or for more info email [membership@newenglandvoicesinharmony.org](mailto:membership@newenglandvoicesinharmony.org) or for more info call 1-603-686-SING.

Visit our website at [www.newenglandvoicesinharmony.org](http://www.newenglandvoicesinharmony.org) or find us on Facebook.

New England Voices in Harmony, a member of Harmony, Inc., is a non-profit award-winning women's a cappella chorus focused on continuous improvement in musical excellence within a community of support and friendship.

**When you contact a business or organization, please tell them you've seen their ad or news in Neighbor to Neighbor. They would like to know. Thank you, Anne**

**TYNGSBORO HIGH SCHOOL GRAD NIGHT**

Our main event will be held overnight on June 7<sup>th</sup> at the Tyngsboro Sports Center. We will bring the graduating seniors, immediately following graduation and pictures, to TSC for an all-night, substance free event with lots of activities, food and great prizes to be won. **We will keep them safe and have been doing so with a 100% success rate since 1996!**

**How can you get involved?**

**Senior Parents:** We are looking for help on the day of graduation...senior parents help decorate because the underclassmen parents will be staying up all night to keep your seniors safe. We would also welcome any gift cards you would be willing to donate for prizes on that night...\$10 or \$15 is fine! Last year parents really came through and it made a big difference in the prizes we were able to give away.

**Underclassmen Parents:** **Anyone who would be willing to help overnight, please contact us at [contact@thsgradnight.org](mailto:contact@thsgradnight.org).**

**Underclassmen parents and middle school parents** who would be interested in helping out with the committee and seeing what we do, **please also reach out at the above email.** The time commitment is minimal and we can always use an extra pair of hands a couple times of year. Thank you in advance for any help or support you are willing to offer us!

**TYNGSBOROUGH SCHOLARSHIP TRUST**

P.O. Box 547, Tyngsborough, MA 01879

1963 \* Celebrating 61 Years \* 2024



**We welcome and need your help to continue this town tradition;** we meet the second Thursday of the month at the THS at 6:30. Please contact [scholarshiptrusttyngsborough@gmail.com](mailto:scholarshiptrusttyngsborough@gmail.com) with any questions.

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### 2024 DUNSTABLE SUMMER CONCERTS

Every Wednesday night  
6:30 - 8:30 p.m.

on the Town Common  
Main St., across from Town  
Hall, Dunstable Center  
(Rain date is Thursday)

### DUNSTABLE SUMMER CONCERTS

#### SAVE THE DATES!

Wednesdays, June 19 - July 31

*We hope to see you there for our 26th season!*

June 19 - Catfish Howl

June 26 - The Shakerz

July 3 - No Concert (Happy 4th!)

July 10 - The Delta Generators

July 17 - Bush League

July 24 - Dirty Water Brass Band

July 31 - Monadnock Bluegrass

*Bands are subject to change - keep up-to-date with the latest schedule and rain delays on our Facebook and Instagram pages!*

Lowell General Hospital

## TeamTalk

FOR CANCERCARE

25th Anniversary

May 19, 2024 Tsongas Arena

Give a Little Bit

**REGISTER NOW** Join together on **Sunday, May 19, 2024**,  
Tsongas Arena, Lowell, MA

**Free Parking at Ayotte Garage adjacent to Tsongas Center**  
**Rain or shine! 8:00 am** Registration/donation drop-off, Incentive  
pick-up and free team photos. **9:30 am** Opening ceremonies.  
**9:45 am** 3 mile walk begins. **10:30 am-12:00 pm** Refreshment tent  
open. **11:30 am** Closing ceremonies

[teamwalk.org](http://teamwalk.org) or call 978-788-7170



46 Coburn Road  
Tyngsboro, MA

**Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns.** Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, observe the birds and notice what changes fall has made. **Remember to dress for the weather.** It's a great place for outdoor exercise and to enjoy nature close to home. **Children under 16 must be accompanied by an adult. Please note: The tennis court behind the Sherburne Nature Center is not part of the PUBLIC Nature Center property.**

### SIGN UP FOR

**Tyngsborough News Updates & Emergency Alerts** SIGN UP [WWW.TYNGSBOROUGHMA.GOV](http://WWW.TYNGSBOROUGHMA.GOV)

Subscribe to Town news updates by providing your email address. Updates may include: Town News, Town Calendar Events, All Meeting Minutes, and more! You can unsubscribe at any time and your email address will not be shared with anyone. No longer using a landline? Add your cellphone number to continue to receive emergency communication from the Town. Once you've signed up for Smart911, first responders will be aware of important information you have provided that will locate and help you in an emergency.

**TYNGSBOROUGH  
DUNSTABLE HISTORICAL  
SOCIETY**



*The Little Red Schoolhouse*

64 Main St, Dunstable, MA (Route 113).

Not far from the Dunstable/Tyngsborough town line near Route 3

[www.tdhistoricalsociety.org](http://www.tdhistoricalsociety.org)

email: [tyngsboroughdunstablehs@gmail.com](mailto:tyngsboroughdunstablehs@gmail.com)

• **May 11 - Saturday SCHOOLHOUSE DAYS**

The Tyngsborough-Dunstable Historical Society is pleased to sponsor a program specifically designed for children (or grandchildren) in grades 3 and up to experience a school day in the life of a child in 1798. The event will take place on **Saturday, May 11<sup>th</sup> from 11:00am to 2:00pm at the Little Red Schoolhouse on Route 113 in Dunstable.** The day will start at 11:00 sharp and it is strongly recommended you NOT be late for school!

You should plan to arrive at the field by 10:30 where the children will register and then either go directly into the Sarah Tyng Winslow Schoolhouse or stay outside to participate in a variety of learning stations in round robin fashion. Here they will learn and practice their penmanship on slates so that they can write their name in a "fair hand" in cursive. They may make butter, lemonade, pomander balls, or sachet bags of fragrant herbs or learn why the original settlers made such a long and dangerous trip to come, of all places, here! After lunch, we will switch places and the "outside children" will have their turn to meet the greatly "respected/feared" Schoolmaster.

The presenters will be in period costumes and students are encouraged to see what they might have in their homes that would be appropriate to join in the spirit of the day. You can gather ideas via the internet.

Parents are welcome to attend with their children, but this is perhaps not the right event for children who have not yet been in the 3<sup>rd</sup> grade. If you would like to join the Historical Society and/or contribute to help defray the expenses, you can do so at the event.

We hope you will seriously consider this unique event as a part of your child's education, none of which will show up on MCAS tests, but will become a fond childhood memory for years to come.

For more information or answers to burning questions, please e-mail [kimpton576@gmail.com](mailto:kimpton576@gmail.com) To Register for the event please fill use the link provided: <https://forms.gle/vVfPwntxQfv2sXuL8>

• **June 22 - Saturday, 52nd Annual Strawberry Festival**

At the Little Red Schoolhouse. Enjoy the best strawberry shortcake made from local strawberries, homemade biscuits, and real whipped cream. Find crafts & vendors on the field. **Interested vendors can email [tyngsboroughdunstablehs@gmail.com](mailto:tyngsboroughdunstablehs@gmail.com) for more information.**



The Massachusetts Democratic State Committee is the governing body of the Massachusetts Democratic Party. The Public Policy subcommittee acts to facilitate stakeholders understanding and engagement with federal, state, and local programs and initiatives for their benefit and for the general good.

Public Policy State Committeewoman Elizabeth Coughlin 1<sup>st</sup> Middlesex Senate District is currently providing outreach information regarding student loan reduction benefits, Green Community, Climate Change and other grants and initiatives.

**Newly elected 1<sup>st</sup> Middlesex State Committeeman Rafael Glod will be joining the Rural Issues Committee whose efforts ensure that towns receive the same fiscal, planning and services support as the larger cities.**

**Identification and protection of vernal pools is ongoing.**

**Anyone who hears the spring peepers, please let us know.**

Email [lizcoughlin2000@yahoo.com](mailto:lizcoughlin2000@yahoo.com) text or call 978-758-2680

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*Sincere thanks to 1<sup>st</sup> Middlesex Voters for re-electing me to the Democratic State Committee. Together we will do our very best to preserve and protect our quality of life. Go to [ecoughlin.org](http://ecoughlin.org)*

*Paid for by Elizabeth A. Coughlin*

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Interim Pastor Bernie Michaud



### Our Weekly Sunday Worship Services are at 10:00 AM

*If you prefer to stay home, Services are available on line.*

• **TO WATCH LIVE SERVICES** Log on to facebook and go to Ecct Church. Log in at any time to watch the recorded services.

• **NEW PARKING LOT** - Please enter and exit across from the Tyngsboro Fire Station. A walkway has been paved for easy access to our church.

• **SUNDAY SCHOOL** is available for Pre-School through High School from September until the beginning of June. Nursery care is available for toddlers. All toddlers and students are dismissed from church at 10:15am to go to their assigned area/class. We are blessed to have great teachers and many children of all ages to teach. If interested in more information call our office and leave a message or come join us some Sunday morning for church and see what our Sunday School has to offer.

• **"SAVE THE DATE" - Saturday, May 18<sup>th</sup> at 6:30 p.m.** for our Spring Gospel Concert featuring our own "A New Beginning" with Barry & Debbie Shirk along with a few additional surprise singers joining them. Come for an inspirational evening of music, desserts, coffee and fellowship! **This is a FREE EVENT so bring a friend or two with you. You'll be glad you did!**

• **YOUTH GROUP** will meet: **May 3 - 6:00 pm to 8:00 pm & June 7 - 6:00 pm to 8:00 pm**

• **LADIES BIBLE STUDY**- Tuesday mornings 9:30-11:30 am. The study is being led by our interim pastor's wife Diane. If you would like more information or would like to sign up for the study please call our office and leave a message. Someone will return your call.

• **MEN'S BIBLE STUDY:** Tuesday evenings at 6:30 pm. led by Jim Politi. A new study of 2 Corinthians has begun but you can still join us Tuesday evenings. If interested please call our church office and leave a message.

• **PRAYER/PRAISE TIME - WEDNESDAY EVENINGS** - Please join us at 5:15 pm to 6:15 pm to pray together, to sing together, to care about each other, to support one another and to Praise God!!!

• **PARSONAGE/ CHRISTIAN LEARNING CENTER (CLC)**  
Some of our Sunday School classes and our Women's and Men's Bible Studies are now being held in our newly renovated Parsonage building next to the church, now known as our Christian Learning Center (CLC). The CLC has a wheelchair accessible handicap ramp, entry door and bathroom as required by ADA regulations. We are very excited to use this renovated space to accommodate our growing church. Come visit us and check it out

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or please check our **Facebook** page for unexpected closure dates.

••• Watch for more information regarding our upcoming **Ice Cream Social in June** to thank our Thrift Store volunteers and faithful customers! This is a fun event for all!

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**DECC** is a caring community of faith where we are all on a journey together finding hope, purpose, connection, and wholeness as followers of Jesus. Wherever you are in this walk of life, we invite you to join us.

- **Sunday Morning worship service begins at 10:30 AM.** with Interim Pastor Doug Walker leading. We welcome you to join us anytime!
  - **The Adult Bible Study Class meets in Fellowship Hall weekly (except the second week of the month) at 9:00am.** The topic is an in-depth study of the Gospel of Matthew. It contains the most thorough and organized presentation of Christ's teaching anywhere in the Bible. Join us.
  - **A Transition Team** is nearing the end of its study and preparation to name a search committee to find a new pastor for the Dunstable Church. The next meetings will be held on May 5<sup>th</sup> and 19<sup>th</sup>. Anyone is welcome at these meetings. Check the church website for any updates.
  - We gather every Sunday morning at 10:30am at the big white church in the center of Dunstable. We would love to meet you!
- We look forward to seeing you at 10:30 AM on Sundays. God bless you.**

## DUNSTABLE - TYNGSBOROUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need. **We are currently looking for community minded members to join, please contact membership chair Joe Ward his contact information is below.**

**OFFICERS FOR THE 2023-2024 LIONS YEAR:** President: Laura Ward; 1<sup>st</sup> Vice President/Treasurer: Kristine DeMonico; 2<sup>nd</sup> Vice President/Secretary: Meg DeMonico; Membership Chair: Joe Ward; LCIF Chair: Mark Alexander; Media/Marketing: Kristine DeMonico; Tail Twister- Jorg Skowranek; Lion Tamer- Richard Lowe.

**Anyone interested in joining the lions is asked to contact Joe Ward 978-930-1153.**

Our Regular Meetings are held on the first and third Tuesday of the month starting at 6:30 pm at Princeton Station 147 Princeton St., in N. Chelmsford, MA.

Our Facebook Page is

<https://www.facebook.com/DunstableTyngsboroLionsClub>

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- **Can tabs** please place into bags before putting in the boxes. This benefits The Shriners. **Lion's collection boxes for eyeglasses, hearing aids and can tabs are located at:**  
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Tyngsboro Council of Aging Center – 169 Westford Rd., Tyngsboro MA 01879  
Dunstable Town Hall - 511 Main St, Dunstable MA 01827  
Dunstable Post Office - 170 Pleasant St, Dunstable MA 01827  
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### TERM VS. PERM: WHICH IS RIGHT FOR YOU?

If you've been thinking about life insurance, especially if you have family, loved ones, or anyone who depends on you financially, you might be curious about the different kinds of policies available. Which type is right for you?

Essentially, you can look at two main categories of life insurance: term and permanent.

Term insurance is a pay-as-you-go option that covers a specific amount of time, usually 20 years or fewer. Term insurance benefits are paid to your beneficiaries free of federal income taxes if you pass away during the coverage period, but there's no opportunity to build cash value.

Permanent insurance, such as whole life or universal life, offers coverage for as long as you pay the premiums, and in addition to providing a tax-free death benefit, also offers a chance to build equity, or cash value, on a tax-deferred basis.

When determining which type of insurance is appropriate for your needs, you'll want to consider these factors:

- **Cost** – Term insurance is generally affordable for most people, which is why it may be particularly suitable for parents and young adults who may be at the beginning of their careers. Permanent insurance is typically more expensive, largely because it is meant to last for one's lifetime and some of the premiums go toward building cash value in the policy and paying for other features. Generally, the younger and healthier you are when you purchase permanent insurance, the lower your rates will be.

- **Length of time insurance is needed** – If you think you will only need life insurance for a certain period — perhaps until your children are grown — you might lean toward term insurance. If you feel the need for life insurance for other goals throughout your lifetime, for whatever reason — you might have a special needs child, or perhaps you want to use your policy to help pay for retirement, or you wish to include the policy as part of your legacy and estate plans — you may want to consider some type of permanent insurance.

- **Investment preferences** – You may have heard the phrase “buy term and invest the difference.” Essentially, this just means that an investor could purchase low-cost term insurance, and then invest the money that was saved by not getting permanent insurance. This can be a valuable strategy in some situations, but people often don't actually invest the difference. A permanent insurance policy, through the payment of premiums, may result in a steady buildup of cash value or continued contributions to the policy's investment components. For many people, this discipline is helpful.

- **Future insurability** – If you have health issues, it could become difficult to get permanent insurance after you've reached the end of a term insurance policy. (Some term insurance policies do offer the opportunity to convert to permanent coverage, usually without the need for a medical exam.) You could avoid this potential problem by purchasing permanent insurance when you are still young and healthy.

Ultimately, you will need to weigh the various factors involved in the permanent-versus-term decision. You also might benefit from consulting a financial professional, who can evaluate which type of insurance is most appropriate for your situation. But whether it's term or permanent, make sure you have the coverage you need to protect yourself and your loved ones.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

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## DOWNSIZING DREAMS AND INTEREST RATE REALITIES

by Christine McCarron

Thinking about downsizing? You're not alone. Many empty-nesters are looking to trade in their spacious homes for something cozier and more manageable. But with rising interest rates, is now the right time to make a move?

### Marry the House, Date the Rate

Higher interest rates can make buying a new home more expensive. That can work in your favor! Many first-time buyers looking for that same smaller property, may be priced out of the market, meaning less competition for you. When interest rates go back down, you can refinance and lower your monthly payment.

Downsizing typically means buying a smaller, less expensive property. Even with a higher interest rate, the total loan amount might be smaller, potentially resulting in a lower monthly payment compared to your current mortgage. Plus a smaller home or condo should have less maintenance-related expenses.

### Making Downsizing Work with Rates in Mind

- **Shop Around for Mortgages:** Don't settle for the first offer. Compare rates and terms from different lenders to secure the best deal possible.
- **Consider a Shorter Loan Term:** Opting for a 15-year mortgage instead of a 30-year one can help you pay off the loan faster and minimize the impact of interest.
- **Increase Your Down Payment:** The larger your down payment, the smaller the loan amount you need to borrow. This reduces the overall interest you'll pay.
- **Focus on Long-Term Savings:** Downsizing often frees up cash from the sale of your current home. Use this strategically to pay down existing debt or invest for future needs.
- **Consider Areas with Marginal School Systems:** Higher home prices and higher taxes often go hand-in-hand with exceptional school systems. With no kids in school, you can reap the benefits.

### The Bottom Line

Interest rates are just one factor to consider when downsizing. Evaluate your overall financial situation, future plans, and emotional well-being. Talk to a financial advisor to create a personalized downsizing strategy that factors in current interest rates. Remember, downsizing can be a smart financial move, even in a higher interest rate environment. By planning carefully and considering all the factors, you can turn your downsizing dream into a reality.

## TYNGSBOROUGH GARDEN CLUB



We're changing venues this year with a trip to **Weston Nurseries on May 14**. At 6 pm staff will talk to us about shrubs and perennials that grow well in this region and members will be able to buy plants at a discount.

**Our major fundraiser for the year is our annual Plant Sale, which is scheduled for Saturday, May 18.** We're planning to make a bigger splash this year than we have in the past at our two locations—**Flint's Corner and 13 Beverlee Rd.** If you're going to be in the market for plants this year, make us your first stop because you won't find a better deal anywhere!

New Garden Club members are always welcome and the public is invited to attend individual but programs for a nominal fee of \$5. Unless otherwise noted, meetings take place at the Evangelical Congregational Church begin at 7 pm. The membership year starts in September. Club dues are \$25 for the membership year, prorated to \$15 for people who join in the second half. For more information, please visit our new web site at <https://tyngsborogardenclub.org> or email us at [tynggardenclub@gmail.com](mailto:tynggardenclub@gmail.com). *Linda Sheldon, President*



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## HAVE YOU BEEN AFFECTED BY A DATA BREACH?

By Dean Lotito

All too often, the news contains reports of data breaches. A data breach is when hackers break into the computers of a large corporation and steal their confidential information. In many cases the information that is stolen is confidential personal and financial data of their customers. Unfortunately, these customers can be you and me.

A few weeks ago, AT&T acknowledged a data breach in which hackers accessed 73 million former and current user accounts. Thieves had access to customer's name, email address, phone number, Social Security number, AT&T account number, and passcode. (The passcode is the 4-digit PIN needed to access your account.) The breach happened in 2019. You were unaffected if you opened your AT&T account in 2020 or later. AT&T has contacted 7.3 million CURRENT customers who were affected and reset their passcode. If you are notified, you should log in, check your user profile, and establish a new passcode.

Often companies who have suffered breaches will offer credit monitoring services at their cost for some period. It is strongly urged that you accept that offer and sign up for such services. The company will provide detailed instructions. Experian offers a service for a fee. Other credit bureaus may also offer plans. Another option is to freeze your credit. This prevents any new credit accounts or loans from being initiated. These are fine but be aware that it would inhibit you from initiating a home mortgage, car loan, or new credit card request too. You can always call and cancel the credit freeze if you need to apply for credit. A Fraud alert is also an option. Both credit freezes and fraud alerts need to be placed with each credit reporting company. Equifax, Experian, and TransUnion. If you feel that your credit or debit card numbers are compromised, call your bank, and request new cards. Data breaches are out of your control. However, hackers are constantly developing new ways to fool us into giving away private financial information. The same steps listed above should be considered if you have accidentally provided such information over the phone.



### AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

#### Officers of the American Legion Auxiliary Unit #247

President, Linda Small; Sr. Vice President-Ann Thellen;  
Jr. Vice President-Michelle Lambert; Secretary/Treasurer-Diane DiLeo; Chaplain-LeeAnn Houle; Sgt at Arm: Jeanette Milsci.

E-Board: Kathy Oljey, Josephine Beauregard, and Annette Coles

If you are interested in joining the Auxiliary, **contact Diane DiLeo**  
at 978-204-9329 or email: [ddileo1956@hotmail.com](mailto:ddileo1956@hotmail.com)

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**Post Executive Committee:** Commander Ray Hamelin, Sr. Vice Commander Pete St. Peters, Finance Officer Jim Lawler Jr., Adjutant Jim Lawler Sr., Executive Board Members Joe Conlin and Fred Carroll.

Hello everyone, my name is John Taylor; I am the point of contact for the American Legion Post #247 and the Sons of the American Legion (SAL). You may email me at [johnntaylor1777@gmail.com](mailto:johnntaylor1777@gmail.com), with your inquiries for the American Legion or the Sons of the American Legion.

If you would like to stay updated with new information about Post #247, please use this link

<https://sites.google.com/view/american-legion-site/home> or the facebook page American Legion Post 247 – Tyngsborough MA

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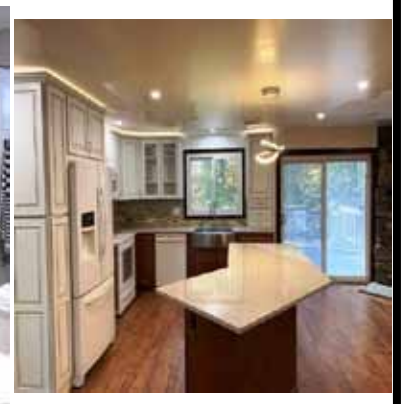
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**POST OFFICERS:** Commander: Robert Golas; Treasurer: David Coles; Secretary Rod Wood

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AMVETS National Website: <http://www.amvets.org/>

**HIGH SCHOOL CLASS REUNION FOR 1974**

**Attention Chelmsford High School Class of 1974**

Our Reunion is being planned for **Saturday, October 19<sup>th</sup>, 2024.** This will be held at Princeton Station in Chelmsford, MA. Please look for our site on Facebook or email [ChelmsfordHigh1974@gmail.com](mailto:ChelmsfordHigh1974@gmail.com)

**CHELMSFORD QUILTERS' GUILD  
2024 QUILT SHOW**

**Saturday, May 18, 10-5 & Sunday, May 19, 10-4**

Over 100 quilts on display, well stocked boutique, demonstrations, special exhibits, food trucks!

This will be held at the **Chelmsford Senior Center, 75 Groton Road, N. Chelmsford MA**

Admission \$10, children 12 and under free.

Additional information: [www.ChelmsfordQuiltGuild.com](http://www.ChelmsfordQuiltGuild.com)

**THE HOLYROOD COLLABORATIVE**

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[www.theholyrood.org](http://www.theholyrood.org)

**Pastor Rev. Brian E. Mahoney Parochial Vicar Fr. Fernando Ayala**  
**Staff Offices:** 115 Middlesex Street, North Chelmsford, MA



**THE HOPE AND HEALING  
ADULT GRIEF  
SUPPORT GROUP**

We meet on the last Saturday of the month,  
from 10:30 a.m. - 12:00 p.m.

at St. John the Evangelist, Old Parish Hall,  
115 Middlesex Road, N. Chelmsford, MA 01879.

**PARISH CENTER FOR THE ARTS**

10 Lincoln Street, Westford, MA 01886 [pcawestford.org](http://pcawestford.org)

- **Music Together** - weekly Mondays, 4:45-5:30pm Thursdays, 10:30-11:15am
- **GuruKool Bollywood Fitness** - weekly Wednesdays, 7:45pm
- **Sunday Jazz Jams** Bring your instrument and sit in on a few tunes with other jazz musicians, 3:30-5:30pm. A safe space to practice, play and listen to jazz tunes, or just hang out with friends. Each month, a few tunes will be posted to work on before the jam. Email [joe\\_virga@yahoo.com](mailto:joe_virga@yahoo.com) to get on the Jazz Jam email list. \$5 suggested cover for all drop-in programs. **Future Dates: 5/5, 6/2...**  
*Producer: Marcia J. Macres*
- **3rd Friday Bluegrass Jam** A community event open to the public, 7-10pm. Bring your banjo, fiddle, voice, or just come to watch! All are welcome and all have a great time. **Future Dates: 5/17, 6/21...** *Producer: Mark Abare* **To learn more about the PCA & its wide array of artistic endeavors,** visit [pcawestford.org](http://pcawestford.org)

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**FRIENDS OF THE  
TYNGSBORO ELDERLY, INC.**

Friends of the Elderly, Inc. is a non-profit (501C3) organization established to meet the activity needs of those who frequent the Tyngsboro Senior Center. Over one hundred members pay their \$10 dues annually to contribute to this organization.

We also sponsor two events each year. **The Spring Fling will be held on Tuesday, June 11, 2024 at the Tyngsboro Sportsmen's Club, Westford Road, from 11:30AM to 2:30 PM.** The event will include a luncheon, Raffles, 50/50, Door Prizes, and Entertainment. This event is complimentary.

**Complimentary tickets will be given out at the Tyngsboro Senior Center on May 28,29,30,31 from 10 AM to Noon.**

**That week you may also call President, Joe Jacoppi, (978-649-9076) to reserve your ticket.**

**BONE BUILDERS AT  
TYNGSBORO SENIOR CENTER**

Bone Builders takes place at the Tyngsboro Senior Center on **Mondays and Wednesdays from 9:00AM to 10:00AM.** If you suffer from Osteopenia or Osteoporosis, we offer specially designed exercises to help rebuild your bones.

**We do have openings for new members.** We suggest that you come into class and observe our slow, repetitive, weight bearing exercises before filling out all the paperwork, including a doctor's note. Participating in class twice a week for the first six months is also required.

**For further information, please call Jean Jacoppi, Leader 978-649-9076.**

**STITCHERS AT TYNGSBORO SENIOR CENTER**

This takes place every Monday from 10:00AM to 11:30AM in the dining room. Lessons, patterns, yarn, needles, looms, and more are available to you. Stay for the entire time or just drop in to get your supplies.

Just think of all the people you could be helping by joining our group. Questions? **Jean Jacoppi, Coordinator (978-649-9076)**



**GIVE THE GIFT OF TIME**

Want to turn your compassion into action? Volunteer with your local American Red Cross Disaster Relief Team! People are displaced every day due to home fires, storms, and other disasters. Disaster Relief Volunteers respond to these emergencies to provide those affected with food, clothing, shelter, and hope. Join your local Disaster Relief Team and provide much needed support to your neighbors in their greatest time of need.

You can also support your community by teaching safety programs to children, installing free smoke alarms in high-risk neighborhoods, dispatching Disaster Relief Volunteers to emergencies, and more! We have something for everyone! No experience is necessary – we'll provide all the training you need.

To learn more, contact Michele Cruz

Email: [michele.cruz@redcross.org](mailto:michele.cruz@redcross.org) Phone: (617)913-6381

Scan to learn more!

Can't volunteer right now?

The American Red Cross has an ongoing critical need for blood and platelet donations amidst coronavirus uncertainties. You can make an appointment to give blood or platelets at [RedCrossBlood.org](http://RedCrossBlood.org).



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## LOADING DOCK GALLERY

122 Western Avenue, Lowell, MA

Show: **Surface Tension**

Show dates: **May 1-26, 2024**

This May, Loading Dock Gallery presents **Surface Tension**, a show of mixed media art by Margarita Krylova and Fernando Fula. **Surface Tension** features collaborative and individual works which explore universal dichotomies: harmony and chaos; unity and division; beauty and decay.

Krylova and Fula each cultivate a personal vision and style. Fula's work is surreal, clean, and crisp. Krylova delves into a world of organized chaos. What unfolds when their artistic universes converge? For **Surface Tension** they created a series of collaborative work, switching pieces in progress, responding to each other's progress by weaving and collaging elements together. **Surface Tension** also features pieces by each artist. Together, the work in **Surface Tension** is a study of the inherent tensions of human existence.

**Surface Tension** runs May 1 – May 26, 2024 at Loading Dock Gallery, 122 Western Avenue, Lowell, MA, noon-5:30pm, Wednesday-Saturday, until 4pm Sunday. More at [www.theloadingdockgallery.com](http://www.theloadingdockgallery.com).

Loading Dock Gallery is part of Loading Dock Arts, Inc., a 501c3.



• **Our Work** We give children in crisis the resources they need to thrive in and out of the classroom. Catie's Closet transforms unused areas inside schools into safe, welcoming spaces where students in grades preK-12 can discreetly shop, free of charge, for clothing, toiletries, and other necessities. • **Want to Get involved?** Donate your new and gently used clothing. Youth boys & girls sizes 3 – 20. Teen boys & girls sizes XS – 3X | 00 – 24 and 28 – 48. Infant & toddler size 0 month – 2T. All items donated should be free of excessive wear, rips, stains and any inappropriate sayings or gestures. Items must be appropriate for children attending school. Drop off at **Catie's Closet Headquarters, 28 Loon Hill Road, Dracut, MA 01826. Hours of Operation: 10am to 5pm, Monday-Friday Phone: (978) 957-2200.**

If you would like to make a monetary donation you may make it online at the website <http://catiescloset.org>  
Host a Drive, Volunteer, or Shop Amazon Wish Lists.

## The Wish Project

166 Middlesex St., North Chelmsford, MA 01863

This is behind Hertz Car Rental

[thewishproject.org](http://thewishproject.org) 1-866-947-4360

Any questions, please email: [info@thewishproject.org](mailto:info@thewishproject.org)

Our **THRIFT STORE** is open 9-3:00 Tuesday-Saturday. It is located in our warehouse. All are welcome.

Inventory changes daily, so stop by often!

**Donations of items may be sent to:** The Wish Project, 166 Middlesex Street, N. Chelmsford, MA 01863.

Monetary donations may be mailed to The Wish Project, PO Box 8693, Lowell, MA 01852.

If you want to drop off a donation please be sure to review our donation guidelines on our website, for items that we accept, fill out a drop off form, and check our drop off hours.

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166 Middlesex St, North Chelmsford, MA.

Visit the website for the lists of current needs.

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## TYNGSBORO-DUNSTABLE



Rotary Motto Service Above Self

### What is Rotary?

Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Rotary Club of Tyngsboro/Dunstable meets at the Dream Diner, 384 Middlesex Rd, Tyngsborough, MA. We meet the second Thursday for lunch at 12:00 and the fourth Thursday for breakfast at 8:00 am.

All are welcome! We even treat our guests on their first visit. We're a super friendly and informal group with a huge community impact! Our facebook page is [www.facebook.com/tyngsborodunstable/rotary/](http://www.facebook.com/tyngsborodunstable/rotary/)

### ROTARY CLUBS OF TYNGSBORO/DUNSTABLE, NASHUA, DRACUT AND LOWELL **25<sup>th</sup> ANNUAL FISHING DAY** *For individuals with Disabilities of All Ages, Family Members Welcome*

Sunday, June 9, 10am-2pm (rain or shine) Tyngsboro Sportsmen's Club, 90 Westford Road, Tyngsboro, MA 01879

**FREE** – Join us for a Fun Day and we provide: Hamburgers, Hot Dogs, Fishing Gear, and Bait  
Take home fish for Dinner!

More Info: Call Brian Day-Lewis at 978-399-4952



May 5<sup>th</sup> Cinco de Mayo  
May 12<sup>th</sup> Mother's Day  
May 18<sup>th</sup> Armed Forces Day  
May 27<sup>th</sup> Memorial Day



### *Neighbor to Neighbor*

*Published by Anne M. Paquin  
Since 1983*

64 Hardy St., Dunstable, MA 01827  
(978) 419-1914

[anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com)  
[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)

Do you have a fundraiser, meeting, or event coming up in June or in early July? **Please remember to send in your news BY THE 10TH OF MAY FOR THE JUNE ISSUE and the 10th of June for the July/August issue.** If you need a little more time, please contact me so I can save space for you.

The news is placed FREE of charge on a first come first served basis.

If you are thinking about advertising your business, please contact me by email, I will send you a rate sheet which should answer most questions. There are 6,674 issues of Neighbor to Neighbor sent out directly to homes and business each month in the towns of Dunstable and Tyngsborough. Copies are also left at the Town Halls and Libraries.

New issues are available to read online around the first of each month, at [www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com). You will also find more news and articles posted there.

*I look forward to hearing from you soon. Anne*



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