



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

Celebrating 40 Years of Service!

Issue # 436 • May 2024

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DUNSTABLE TOWN CLERK NEWS

Save the Date: The Annual Town Meeting will be held at 7pm on May 13, 2024 at Swallow Union School.

The last day to register to vote for the Annual Town Election is May 10, 2024.

The Annual Town Election will be held on May 21, 2024.

Things you need to know:

- If you are not currently registered to vote, the last day to register is May 10, 2024.
- Vote by Mail applications are due by Thursday, May 16th.
- **Vote by Mail ballots** must be returned to the **Dunstable Town Hall by 8pm on May 21, 2024.** There is a locked ballot box available 24x7 outside of the side entrance.

Early voting will be held at Town Hall on the following days/ times:

- Saturday, May 11th 9am-3pm
- Monday, May 13th 9am-5pm
- Tuesday, May 14th 9am-5pm
- Wednesday, May 15th 9am-5pm
- Thursday, May 16th 9am-5pm

Polls will be open from 12pm - 8pm on May 21, 2024. All voters will vote at the Dunstable Public Library.

The Town Clerk's office is staffed Monday-Thursday 9am-5pm, and we're also available to meet you later or earlier if needed. All things ATE including Vote By Mail & Early Voting schedules can be found [here](#). **Brynn C. Durno, Town Clerk, Town of Dunstable, 978-649-4514 x222**

Dunstable Conservation Commission

MONDAY MORNING WALKS IN MAY

May 6th, 13th and 20th Weather permitting, each week we will explore a different Town of Dunstable Conservation Area or DRLT property. Wear appropriate attire/footwear and **meet at the Town Hall to leave promptly at 9am.**



DUNSTABLE RURAL LAND TRUST PLANT SALE MAY 19TH, 2024

DRLT is hosting a perennial plant sale on **Sunday, May 19, 2024 from 10 am – 2 pm at the McLoon Barn.** We will also offer a *limited number of annuals and hanging baskets.*

This is an opportunity to support local conservation efforts and add beauty to your home.

Perennial plants add color and structure to your landscape yet require very little maintenance. Many perennials thrive when they are divided every few years in the spring. Local gardeners will be donating plants divided from their own gardens.

If you have perennials you would like to donate for this fund raising event, please call Patti @978-846-3561 or Kap @ 978-761-6646.

IN MEMORY OF

Janet Suzanne Pinard
Pauline P. (Landry) Hoar

Daphne G. (Russell) Freeman
Michael Charles Pattavina

DUNSTABLE VETERAN SERVICES OFFICE

Greetings fellow Veterans. Do you know a Veteran or anyone who is having a hard time paying their bills and have very little left for food? I urge you to have them contact "loavesfishespantry.org/need-help" or call them at (978) 772 4627 ext. 312 so they can once again have a full stomach.

I would like to give recognition to those vets I have in the Dunstable database who were born each month but have since passed away. This month I like to honor the following:

Harry E. Allard – 19 May 1934 – 9 May 2012 – UNK
Robert J. Irzyk – 25 May 1936 – 6 Nov 2017 – USAF - Vietnam
David W. Wellington – 7 May 1927 – 21 April 2017 – USA – 10 July 1945 – 15 Jan 1947 – WWII

Our many thanks to those who took the extra step to serve our country.

As always, if you know of any Veteran or family member of any veteran who might need assistance please contact me. I am normally available from 10:00AM to 2:00PM on Mondays almost every week. You can call or text on my cell and leave a message 978-496-0985 or send me an email anytime at VSO@Dunstable-ma.gov. God Bless.

Dunstable Veteran Services Office

Joe Dean (Former USMC Sgt, Retired USAF Capt.)

Dunstable Veteran Services Officer

Proudly serving those who served



MEMORIAL DAY PARADE Sunday, May 26th at 1pm

On this day we honor those who lost their lives defending our great country. This type of event does take quite a bit of planning and effort, and most importantly "volunteers". The volunteers take care of everything like: speakers, parade members, floats, vehicles, sound equipment, refreshments, and many other items. **If you could possibly help with the Memorial Day festivities in any way, please contact me as soon as you can.** I sincerely thank you and look forward to hearing from you. You can call or text on my cell and leave a message 978-496-0985 or send me an email anytime at VSO@Dunstable-ma.gov. Of course if you can't help with this, we would still love to see you there!



DUNSTABLE FREE PUBLIC LIBRARY

588 Main St., Dunstable, MA 01827

978-649-7830

Hours

Tuesday 3:00pm – 8:00pm
 Wednesday 10:00am – 2:00pm
 Thursday 10:00am – 6:00pm
 Friday 10:00am – 2:00pm
 Saturday 10:00am – 2:00pm



For more library information go to

www.dunstable-ma.gov and click on library

Maureen Strauss - Director – mstrauss@dunstablepl.org

Karen Debreceni - Children's Librarian – kdebreceni@dunstablepl.org

Children's Activities for May:

- Bring in a favorite doll or stuffie to enjoy a spring tea. **On May 14th at 4:30pm**, we will enjoy a variety of teas, cookies and a game of bingo! Sign up at the library or email Mrs. D. at kdebreceni@dunstablepl.org
- **Children's drop in crafts will be out during the month.** Look for a project or two to do while hanging out in the kid's section. There will also be Take and Makes on the circle table. The project this month will be designing a door hanger sign for your bedroom at home. Supplies are limited!

Teen Activities:

- Teens, come in to check out your new and improved space to study, play games or just hang out!
- **Teen Art Club will take place** every first and third Tuesday from 3:00 to 4:00pm. Teens can come to their own special space in the library and create art and poetry.

Ongoing Features:

- **Preschool Story Hour:** Please come in with your 3, 4 or 5 year old for story hour. This program is held on Thursdays and Fridays from 10:00am to 11:00am.
- **Book Club:** This reading group will meet every 3rd Saturday of the month at 10:30am. The book this month is "See Me" by Nicholas Sparks. The DPL can put a book on hold for you!
- **Chapter Book Reading:** Mrs. D will continue reading from a chapter book each Tuesday night at 6:00 pm. Please join her on dpl facebook live to listen to the story.
- **Homework Club:** The library is offering free homework help every Tuesday night from 5:30pm to 6:30pm. If your child is attending, please call between 3:00pm and 5:00pm.
- **Margaret Abeyta Reading Room:** We offer free coffee, tea, hot chocolate and cookies for adults to enjoy while they sit to look through a book or read a magazine! We currently have over 30 magazine subscriptions!
- **Meeting Room Artist:** Check out the outstanding artwork done by Alice Sniezek.

CHARITY NAVIGATOR

There aren't many days that go by that we are not contacted to make a donation to different organizations. Want to make sure they are legitimate and the donated monies are well used? You can now look up these charities at www.charitynavigator.org

Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

E-mail: anne@neighbortoneighbornewsletter.com

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BOOK GROUP MEETINGS

Held the 3rd Saturday of each month,
at 10:30 a.m. at the Dunstable Library.

Meetings are open to the public

• **May 18 - See Me by Nicholas Sparks**

Colin Hancock is giving his second chance his best shot. With a history of violence and bad decisions behind him and the threat of prison dogging his every step, he's determined to walk a straight line. To Colin, that means applying himself single-mindedly toward his teaching degree and avoiding everything that proved destructive in his earlier life. Reminding himself daily of his hard-earned lessons.

• **June 15 Sold on a Monday by Kristina McMorris**

1931. It's an era of breadlines, bank runs, and impossible choices. For struggling reporter Ellis Reed, the gut-wrenching scene evokes memories of his family's dark past. He snaps a photograph of the children, not meant for publication. But when the image leads to his big break, the consequences are devastating in ways he never imagined. Haunted by secrets of her own, secretary Lillian Palmer sees more in the picture than a good story and is soon drawn into the fray. Together, the two set out to right a wrongdoing and mend a fractured family, at the risk of everything they value.

The Dunstable Library will gladly assist you in getting your copy of the books

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Vietnamese. Monday and Thursday at 9:00am **Reconciliation:**
9:30am-10:00am 1st Thursday of the month or by appointment

Adoration: 9:30am-10:00am 1st Thursday of the month.

GRANGE #7 CONTRA DANCES

Groton Grange #7 invites you to our traditional New England Contra Dance on **Saturday, May 25 from 7:30 - 10:00 PM**, at Historic Groton Grange Hall, 80 Champney Street.

This will be an evening of live music and dancing with Groton's own **Contra Banditos**, along with caller Dudley Laufman who will teach traditional New England style contra, square, and line dances to the beat of old time fiddle tunes. Beginners are welcome, no experience or partner is necessary. **Donation at the door is \$5.00 per person, children under 3 years old are free, and family maximum is \$20.** Made possible by a grant from the Town of Groton Lecture Funds. Refreshments are provided.

PARKING ALLOWED ONLY

ON THE GRANGE SIDE OF CHAMPNEY ST.

3RD ANNUAL ART AND MUSIC AT THE BARN

Saturday, June 22, 2024 10-2

The beautifully restored McLoon Barn at 370 Thorndike Street will again be the location for an art exhibit, with a background of live music. All types of art are welcomed to be exhibited; including painting, drawing, photography, jewelry, pottery and fiber art, such as quilts. Local musicians will play a variety of music.

It was another successful event last year, and all who attended enjoyed the day! **If you are interested in being an exhibitor, please contact Jean Haight at jtjlhaight@aol.com.**

We are also looking for volunteers to help with the show!

This event is supported by the Dunstable Rural Land Trust, Massachusetts Cultural Council and the Dunstable Cultural Council.



HABITAT FOR HUMANITY OF GREATER LOWELL CRITICAL HOME REPAIR PROGRAM

Is your home in need of a critical repair? Did you know that Habitat for Humanity of Greater Lowell does more than just build homes for local families?

In an ongoing effort to meet the Habitat mission that everyone should have a decent and affordable place to live in dignity and safety, Habitat Lowell also offers a **Critical Home Repair Program** for income qualified seniors and veterans with homes in need of a critical repair. Repairs focus on safety, accessibility, mobility and code enforcement issues so that homeowners can remain safely in their homes.

To find out more, please visit <https://lowellhabitat.org/what-we-do/critical-home-repairs/> or contact **Critical Home Repair Manager, Kim Raymond at 978-692-0927 option 4 or criticalrepairs@lowellhabitat.org**.

DUNSTABLE COUNCIL ON AGING NEWS

Dunstable Council on Aging Barbara Martin chairman; Mary Dow secretary; Donald Pottle, Joan Simmons, and Jean Haight.

Assistant to the Elderly Anne Fenochetti 978-649-4514 # 223 afenochetti@dunstable-ma.gov **Office Hours: Wednesday 8:30 – 1:30 & Thursday 8:00 – 1:00**

The Mission of the Dunstable Council on Aging is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs. **Feel free to give us your ideas.**

May 2024 Meals/Programs for Dunstable Seniors at the Dunstable Public Library, lunch is served on Wednesdays promptly at noon.

• **Wednesday, May 1** – The Traveling Chef will be providing: Sloppy Joes and tossed salad; Dessert by Jean H.

Dean Lotito will be available from 10-noon for your tech needs, no appointment needed.

• **Wednesday, May 8**- Lunch is provided by Dinner Made Simple: Orange Chicken; rice; stir fry veggies and Brownies.

• **Wednesday, May 15** - @ 11:00am Seniors will be dining at the **Greater Lowell Voc Tech**. Culinary students prepare and serve our meals. We will be ordering off the regular menu which provides a nice variety. Please contact Anne (afenochetti@Dunstable-MA.gov) leave a message on 978-649-4514 ext 223 on or before May 7(Tuesday) if you would like to attend. ID is required to enter the school and cash is best for payment.

• **Wednesday, May 22** - Pizza, tossed salad and cake and ice cream for dessert.

The Nurse will be in for well checks today from 11-noon. No appointment necessary.

• **Wednesday, May 29**- Age Span will be providing: Chicken Kiev, rice pilaf, beets, bread and pineapple.


Please let Anne know 1 week ahead if you would like to join the Seniors for lunch. Email Anne at afenochetti@Dunstable-MA.gov or 978-649-4514 ext 223.

Come and take part in cribbage, dominos, and scrabble groups that are on hand each week.

• **BONE BUILDERS** Led by Brian O'Donnell and Linda Gill, is held on **Wednesdays from 10:30 to 11:30 and Fridays from 11:00 – 12:00** at the Dunstable library. Bone Builders is a FREE, low impact, balance and strength training exercise program. Please drop in if you are interested in joining.

Important Numbers at a Glance

Anne Fenochetti COA	978-649-4514 #223
Non emergency Police	978-649-7445
Non emergency Fire Dept.	978-649-6661
Nashoba Nursing	978-425- 6675
PACH	978-925-9770
SHINE	1-800-243-4636
Elder Abuse Hotline	1-800-922-2275




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STORMWATER MANAGEMENT – PUBLIC OUTREACH AND EDUCATIONAL RESOURCES

THE IMPACTS OF PET WASTE AND FERTILIZER TO DUNSTABLE'S STORMWATER

The Town of Dunstable provides outreach and educational materials to support municipal compliance with the Town's MS4 Stormwater Permit. The permit and its requirements aim to reduce polluted runoff keeping our Town's waterways clean and healthy.

To learn more about how pet waste and the use of fertilizer can impact stormwater runoff, please review educational materials <https://www.dunstable-ma.gov/stormwater-ms4/pages/fertilizer-and-dog-waste-notice-reminders>.

You are also encouraged to visit the Town's website, <https://www.dunstable-ma.gov/stormwater-ms4> for more stormwater related information and the following webpages with additional materials: www.thinkbluemassachusetts.org <https://www.nmstormwater.org/for-municipalities-stormwater-collaborative...> <https://cfpub.epa.gov/npstbx/index.html>

YOU HAVE THE RIGHT TO MAKE YOUR OWN HEALTH DECISIONS

By Edward H. Adamsky

Every person in America has the right to make their own health decisions. Doctors and other medical professionals can suggest treatments that they think you should have, but only you get to decide if you want to accept that treatment or not. No one else gets to make the decision except you. You have the right to choose. You can say "Yes" to treatments you want. You can say "No" to any treatment that you don't want – even if the treatment might keep you alive longer.

Your doctor should tell you about your medical condition and the treatment alternatives available. Many treatments have "side effects." Your doctor must offer you information about problems that medical treatment is likely to cause you. Often, more than one treatment might help you – and people have different ideas about which is best. Your doctor can tell you which treatments are available to you, but your doctor can't choose for you. That choice is yours to make and depends on what is important to you.

You can ask others for help in making the decision. You might want to consult with your family, with a religious advisor, or with another medical professional. You can get information from books, online, and from other medical professionals. But, in the end, you will make the final decision.

If you are not able to make your own decisions, because you are unconscious, or are unable to communicate your choices, then no one else can make your decisions for you, unless you have authorized them to do so in writing. This can be done by signing a Medical Directive or Health Care Proxy in advance. With that document you grant permission to a person of your choosing to make those future medical decisions for you if and when you cannot. You can also provide some written guidance regarding your wishes.

In many states you can sign, and also have your doctor sign, a Medical Order for Life Sustaining Treatment. This can specify your wishes for some typical treatments like CPR, intubation, and dialysis. You can say that you do or do not want any of these treatments. With your doctor's signature on this form, other medical professionals will follow those wishes.

After you choose an agent, and before you finalize that decision in writing, you should talk to that person about what you want. Sometimes treatment decisions are hard to make, and it truly helps if your agent knows what you want. You should have a frank discussion about life and death, and quality of life in regard to medical care. You want your agent to make the same decision that you would.

You can always change your mind and sign a new Directive or Proxy naming a different person as your Agent, or have the written order by your doctor changed or discarded. You are always in charge of your own medical decisions. Consult with your Elder Law Attorney about getting a Health Care Proxy in place.

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DUNSTABLE BOARD OF HEALTH
health@dunstable-ma.gov

NOTICE OF RENEWAL FOR TRASH RECYCLING
ALL SUBSCRIPTIONS EXPIRE ON JUNE 30, 2024

The Board of Health just renewed their contract with F. W. Shaw & Son for another 3 years. Their bid prices are very so it will allow the Board of Health to again offer a reasonable subscription price for this year. The fee will remain at \$360.00. Overflow bag prices also remain the same at \$3.00 each in rolls of five for \$15.00.

Bulky item prices have increased (please see attached) however, the Board is excited to announce a new program available beginning July 1st to all Dunstable residents for the disposal of mattresses. **We have partnered with UTEC (United Team Equality Center) a nonprofit entity, to offer the disposal of mattresses for \$40.00 each.** Mattresses will be picked up curbside monthly on a Tuesday by appointment. Part of the proceeds will go to helping youth at risk. To reserve a pickup please use one of these options. A.) visit www.utecinc.org/mattress-recycling. Select Dunstable from the drop-down menu, select service date, schedule, and pay. B.) Email us at: mattress@utecinc.org and provide a call-back number C.) Call us at (978) 856-3997

The Board would also like to thank all who continue to use the recycling boxes located on Pleasant Street. These boxes have allowed hundreds of tons of recycling materials to be diverted from the waste stream and converted into reusable items.

The Board of Health has adopted a new regulation to impose a one-month late fee (\$30.00) to all existing subscribers whose payment is not received by June 30th

Beginning May 1, three renewal options are available.

1. You may pay on line on the town webpage www.dunstable-ma.gov and choose online payments. Scroll down halfway to Trash-Board of Health. New subscribers can use the same options.
2. You may mail a \$360.00 check made payable to the Town of Dunstable to P.O. Box 268, Dunstable, MA 01827. Please include your name, address, phone number and email address.
3. You may drop off a check or cash at the Town Hall Monday-Thursday (upper level) 9:00-4:00 p.m. Please write Joan – Trash Payment on your envelope. Please make sure your name, address, phone number and email address are included. You may also drop the payment in the outside mailbox of the town hall located by the side door.

Overflow bags can also be purchased online or at the town hall for those times you may have extra trash that will not fit into the trash container. The cost is \$3.00 each, sold in rolls of five for \$15.00. Bags may be picked up at the town hall Monday-Thursday 9:00 a.m.- 4:00 p.m. Bring a copy of your receipt if you pay online.

If you need to reach us for any reason, please email us at jferrari@dunstable-ma.gov. You may also leave a message at 978-649-4514, Ext. 229.

**DUNSTABLE BOARD OF HEALTH -
RECYCLING**

The Town of Dunstable Board of Health and Big Brothers Big Sisters Foundation and CMRK has created a partnership to allow residents to easily **donate their clothing, textiles and small household items.** CMRK has been collecting these items across Massachusetts for over 35 years. **Bins are located on Pleasant Street next to the Dunstable post office. Please drop off bagged clothing, sneakers, etc. and textiles only.** CMRK also accepts non-usable clothing and textiles. Please be sure they are bagged and not wet, moldy or soiled. **Do not leave any items, large or small, outside the bins.** Donating clothing helps the environment, helps save taxpayers money and helps clean out your closets. Big Brothers Big Sisters Foundation will pick up bagged clothing and textiles but also will accept boxed small household items such as pots, pans, small decor and more! ***If you have small items, many items or large items, PLEASE CALL 508-466-4590 to arrange a pick up*** or schedule online at BBBSFoundation.org.



ZERO WASTE DAY

Saturday May 11th, 2024 - 9am to noon

**Tyngsborough Elementary School Parking lot,
205 Westford Rd., Tyngsborough, MA.**

An opportunity for residents to keep usable materials out of the waste stream. By partnering with local reuse organizations, durable goods can be used again and again.

Residents from any community are welcome!

We will reuse or recycle: electronics, small appliances, gently used furniture, household goods, scarp metal, bicycles, small engines, textiles, books and more!

***Connect with us on Facebook at Sustainable Tyngsboro
Or contact the Sustainability Committee (978) 649-2300 Ext. 100.***

**FRANK KING
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**2024 DUNSTABLE
SUMMER CONCERTS**
Every Wednesday night
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on the Town Common
Main St., across from Town
Hall, Dunstable Center
(Rain date is Thursday)

**DUNSTABLE SUMMER CONCERTS
SAVE THE DATES!**

Wednesdays, June 19 - July 31
We hope to see you there for our 26th season!

- June 19 - Catfish Howl
- June 26 - The Shakerz
- July 3 - No Concert (Happy 4th!)
- July 10 - The Delta Generators
- July 17 - Bush League
- July 24 - Dirty Water Brass Band
- July 31 - Monadnock Bluegrass

Bands are subject to change - keep up-to-date with the latest schedule and rain delays on our Facebook and Instagram pages!

COMMUNITY CARES CORNER

At West Auto Repair in Dunstable

Located inside our waiting area at West Auto Repair, located at 30 Pleasant St. in Dunstable, MA, we have our community cares corner. Here you can drop off your **pop tabs** from carbonated beverages, pet food cans etc. **which are donated to Shriners' Children hospital.**



You may also drop off your donations for the **PACH food pantry** which is located in Pepperell, MA and serves our Dunstable and Pepperell neighbors.

The volunteers at the food pantry have stated that they are in need of **coffee, tea and condiments such as ketchup, mustard and relish.** The pantry is always in need of **personal hygiene items such as soap, shampoo, conditioner, diapers, feminine supplies, toothbrushes, toothpaste as well as laundry detergents and household cleaning supplies.**

Donations can be dropped off inside the waiting area at West Auto Repair Monday- Friday between the hours of 8AM and 5PM. After hours there is a blue bin to the left side of the front door where you can also leave your donations outside.

We could never do this without you, our neighbors, who graciously continue to support these organizations with your donations. Thank you and wishing you a happy spring season! The West Family and our employees at West Auto Repair, Inc.

Town Hall is closed on Fridays

DUNSTABLE TOWN HALL DIRECTORY

Town Hall (978) 649-4514. *The departmental extensions are as follows:*

221 Town Accountant 222 Town Clerk 223 Council on Aging
224 Selectmen (handles many depts.) Also for Animal Control Officer.

After hours call Police at 978-649-8891. If emergency call 911

226 Building Inspector 227 Road Commission
228 Tax Collector/Treasurer 229 Board of Health
230 Conservation/Planning Board 249 Assessors, Water Dept

Please dial 0 if you need assistance.

Veteran's Officer 978-649-3919

POLICE NON-EMERGENCY 978-649-7445 POLICE & EMT 911

FIRE DEPT. TELEPHONE NUMBERS TO REPORT A FIRE CALL 911

Business Line.....978-649-6661 FAX.....978-649-6072

Alarm System* **978-448-6666***can be used to call in a fire from cell phone

Visit www.dunstable-ma.gov for contact info, news & updates



Re- Elect Rafael Glod GDRSD School Committee
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Monday, May 27, 2024

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(978) 649-0222

FAX (978) 649-6528

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Tues 9:00 A.M. - 6:30 P.M.
Wed 9:00 A.M. - 5:00 P.M.
Thurs 9:00 A.M. - 6:30 P.M.
Fri 9:00 A.M. - 5:00 P.M.

Dr. Tara M. Sacramone
Dr. Ann Sidley

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- To contact us for more information email to office@wcumc.us.
- West Chelmsford United Methodist Church is a family oriented church with something for everyone from tiny tots to seniors.

DOWNLOAD YOUR FREE BOOK "LIVING WITH OUR WILD NEIGHBORS"

The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z.
<https://www.animalsheltering.org/page/wild-neighbors-book>

Lowell General Hospital
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25th Anniversary

May 19, 2024 Tsongas Arena
Give a Little Bit

REGISTER NOW Join together on Sunday, May 19, 2024,
Tsongas Arena, Lowell, MA

Free Parking at Ayotte Garage adjacent to Tsongas Center
Rain or shine! 8:00 am Registration/donation drop-off, Incentive pick-up and free team photos. 9:30 am Opening ceremonies. 9:45 am 3 mile walk begins. 10:30 am-12:00 pm Refreshment tent open. 11:30 am Closing ceremonies
teamwalk.org or call 978-788-7170

PACH PEPPERELL FOOD PANTRY

PACH provides food, paper goods and personal care items. **Anyone in need of this service, please do not hesitate to call 978-925-9770** or go online to www.pachoutreach.org This is open to **Dunstable residents**. PACH is located at **66 Hollis St., Pepperell**. Hours of operation Tues 5-7pm, and Thurs. 2-4 & 5-7pm.



Sharing the Joy of Excellence

SINGERS WANTED!

New England Voices in Harmony, a Nashua based women's a cappella Chorus (with members from throughout New Hampshire and Massachusetts) invites you to come and learn what singing four-part harmony is all about.

Join us for a **free 6-week Discover Harmony program** (beginning on **May 7, 2024**, and culminating in a show on **June 15** at which our guests will perform three songs with us).

Come by for the first session and check us out!
Rehearsals are held **Tuesdays beginning at 6:30 pm at the Nashua Senior Center**, 70 Temple St., Nashua.

We welcome singers of all ages that identify as women. The ability to read music is helpful, but not required. To RSVP or for more info email membership@newenglandvoicesinharmony.org or for more info call 1-603-686-SING.

Visit our website at www.newenglandvoicesinharmony.org or find us on Facebook.

New England Voices in Harmony, a member of Harmony, Inc., is a non-profit award-winning women's a cappella chorus focused on continuous improvement in musical excellence within a community of support and friendship.

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STONE WALLS AND SCENIC ROADS

Refer to Massachusetts General Laws, Title VII, Chapter 40, Section 15C: Scenic road designations; improvements; fines: <https://malegislature.gov/Laws/GeneralLaws/PartI/TitleVII/Chapter40/Section15C>

The stone walls lining many roads and tracing through the woods and fields of Dunstable date mostly from the 18th and 19th centuries. They were built to get rid of stones from our glacier-impacted soils and were used for controlling livestock and, increasingly, as boundary markers. (A split rail fence – one rail set upon crossed fence posts – might be added, supplemented, or replaced by barbed wire after the 1870s.)

Although at first glance the stone walls may appear to some people to be just a pile of rocks, in keeping with a single theme throughout the town, it is important that we maintain their appearance.

These walls have historical and aesthetic value and are legally protected in some locations. One may not alter a “bound wall” – one that forms a boundary between two separately owned properties. In Dunstable and many other towns, walls bordering roads designated as “scenic” by Town Meeting may not be breached, significantly altered, or demolished without permission from the Planning Board after a public hearing. (Refer to the Town’s General Bylaws, and subsection “SCENIC ROAD BYLAW” for a listing of designated scenic roads.) Breaching a wall – most often to accommodate a new driveway – is rather straightforward but does require a permit. Repairing or reconstructing a wall involves several considerations.

Stone walls have two natural enemies: vegetation and gravity. Dunstable farmers created stone walls and had to maintain them (sometimes called “mending walls.”) This typically simply meant restoring to their place stones which had fallen or rebuilding a collapsed portion. Such repair is certainly permitted by the Town’s Scenic Roads Bylaw. (Note: Dunstable’s historic walls were always “dry” – NO mortar should ever be used in repairing them.) Adding new stones to a wall is another matter. Stones exposed to the elements or “weathered” are gray and often covered with various

species of moss and lichens, a process that takes decades. “Raw” stone (i.e., covered by earth until now) stands out for years and should be used sparingly or not at all. On the other hand, some roadside walls get partly buried; it’s OK to re-expose the stones. Sometimes one can use nearby stretches of a wall as a guide for height and style, whether mending an existing wall or building a new one where none exists.

When in doubt, feel free to contact the Dunstable Planning Board via <mailto:Crock@Dunstable-MA.GOV> or call to (978)649-4514 X230.

COMMISSIONERS OF TRUST FUNDS

Sarah Parkhurst Lecture/Program Fund

Did you know that the Town of Dunstable has funds that may help defray the cost of a speaker for your group? A century ago, Sarah Parkhurst willed funds to the town for the purpose of maintaining free public lectures/programs in Dunstable. Dunstable’s Commissioners of Trust Funds are responsible for disbursing funds from the interest on this account each year. Funds can be used by any recognized non-profit group of Dunstable residents, such as (and not limited to) the schools, Grange, 4-H, Scouts, Dunstable Seniors, library, etc. If your group would like to apply for these funds, please submit your request via an email to the Commissioners of Trust Funds at www.dunstable-ma.gov/user/53/contact

Please include the following information:

- Name of host group • Contact person; email and phone number
- Location of proposed lecture • Date of proposed lecture
- Name of speaker; fee required for the speaker • Topic of lecture
- Approximate number of attendees expected for the lecture
- Target audience • Amount requested



Matt's Monthly Mechanical Memo

By Matt Manning

Over 65 percent of Massachusetts’ carbon emissions come from our homes, businesses, and vehicles. Replacing fossil fuel technologies with high-efficiency electric options will significantly reduce carbon emissions across the state. The Sponsors of Mass Save offer the following process for electrification.

Prepare for electrification. Start with weatherization to reduce overall energy use and prep buildings for electrification. 0% financing is available on approved electrical panel upgrades, weatherization and electric heating & cooling system upgrades.

Heating, Cooling, Water Heating. Mass Save offers \$10,000 rebates for high-efficiency heat pumps systems. \$750 rebates are available for heat pump water heater installs.

Lighting, Appliances, and Induction Stoves. Improve your lighting with LEDs, explore high-efficiency appliances.

Work with a Qualified Installer. Always use contractors from the Mass Save lists.

Until next month, stay comfortable.

Got a question? Drop me a note!

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REGISTER FOR THE 36TH ANNUAL BOSTON MARATHON® JIMMY FUND WALK PRESENTED BY HYUNDAI

BOSTON — Registration is now open for the 2024 [Boston Marathon® Jimmy Fund Walk](#) presented by Hyundai. **SCHEDULED FOR SUNDAY, OCTOBER 6**, funds raised from the Jimmy Fund Walk support all forms of adult and pediatric patient care and cancer research at the nation's premier cancer center, [Dana-Farber Cancer Institute](#). Due to ongoing construction in Copley Square, the Jimmy Fund Walk Finish Line location has been moved to the Boston Common for 2024.

One Walk, Four Distances, For All Cancers The Jimmy Fund Walk is the only organized walk permitted on the famed Boston Marathon® course, and participants have the flexibility to choose from four distance options: 5K Walk (from Dana-Farber Cancer Institute's Longwood Medical Campus), 10K Walk (from Newton), Half Marathon Walk (from Wellesley), Marathon Walk (from Hopkinton).

Whatever route walkers choose, participants will be treated to refueling stations with refreshments throughout the course. Poster-sized photographs of patients – Jimmy Fund Walk Heroes – are displayed along the course as inspiration. Walkers can participate virtually, as well.

All routes will conclude at the Jimmy Fund Walk Finish Line Powered by Schneider Electric at Boston Common, by the corner of Charles and Beacon Street. The finish line will include a celebration with food, entertainment, and more. Public transportation is encouraged.

The Jimmy Fund Walk has raised more than \$176 million for Dana-Farber in its 35-year history, raising a record-breaking \$9.4 million in 2023. Funds raised from the Jimmy Fund Walk support all forms of adult and pediatric patient care and cancer research at the nation's premier cancer center, [Dana-Farber Cancer Institute](#). The Boston Athletic Association has supported the Jimmy Fund Walk since 1989, and Hyundai has been the presenting sponsor for more than 20 years.

Register as an individual walker, team member, or start a team! Take advantage of this unique opportunity and lead a group of your family, friends, or colleagues to the finish line. The Jimmy Fund can help you start a team, grow your fundraising, and defy cancer, together.

Volunteers are needed to cheer on participants, serve snacks, distribute T-shirts, and more, at the four start locations, along the course, and at the 2024 Jimmy Fund Walk Finish Line Powered by Schneider Electric, located in the Boston Common. The Jimmy Fund Walk would not be possible without the hundreds of dedicated volunteers who donate their time, talent, and energy. [Register to volunteer today!](#)

To register for the Walk (#JimmyFundWalk) or to support a walker, visit [www.JimmyFundWalk.org](#) or call (866) 531-9255. Registrants can enter the promo code NEWS for \$5 off the registration fee. All registered walkers will receive a bib, medal, and a Jimmy Fund Walk T-shirt.

About the Jimmy Fund

[The Jimmy Fund](#) is comprised of community-based fundraising events and other programs that, solely and directly, benefit Dana-Farber Cancer Institute's lifesaving mission to provide compassionate patient care and groundbreaking cancer research for children and adults. The Jimmy Fund is an official charity of the Boston Red Sox, the Massachusetts Chiefs of Police Association, the Pan-Mass Challenge, and the Variety Children's Charity of New England. Since 1948, the generosity of millions of people has helped the Jimmy Fund save countless lives and reduce the burden of cancer for patients and families worldwide. Follow the Jimmy Fund on Facebook, X, and Instagram: @TheJimmyFund.

About Dana-Farber Cancer Institute

Dana-Farber Cancer Institute is one of the world's leading centers of cancer research and treatment. Dana-Farber's mission is to reduce the burden of cancer through scientific inquiry, clinical care, education, community engagement, and advocacy. Dana-Farber is a federally designated Comprehensive Cancer Center and a teaching affiliate of Harvard Medical School.

We provide the latest treatments in cancer for adults through [Dana-Farber Brigham Cancer Center](#) and for children through [Dana-Farber/Boston Children's Cancer and Blood Disorders Center](#). Dana-Farber is the only hospital nationwide with a top 5 *U.S. News & World Report* Best Cancer Hospital ranking in both adult and pediatric care. As a global leader in oncology, Dana-Farber is dedicated to a unique and equal balance between cancer research and care, translating the results of discovery into new treatments for patients locally and around the world, offering more than 1,100 clinical trials.



THE DUNSTABLE BOARD OF HEALTH & NASHOBA ASSOCIATED BOARDS OF HEALTH WELL ADULT CLINIC

The clinic will be held on **Wednesday, May 22nd** in the **Dunstable Library, 588 Main St. from 11:00–noon**. The 'Town Nurse' will be on hand for Well Checks, no appointment necessary.

The public Health Nursing Team (AKA "Town Nurse") is available for consultation, home visits for assessments and coordination of care, health programs, clinics and disease investigations Hours Mon-Friday 8-4:30. Call 978-772-3335 or go to their website.

[www.nashoba.org](#)

COMMISSIONERS OF TRUST FUNDS

For Those In Need

Are you a Dunstable resident who is experiencing financial hardship? We may be able to help. A century ago, various residents of Dunstable willed funds to the town to help those in need. Dunstable's Commissioners of Trust Funds are responsible for disbursing funds from the interest on these accounts each year. If you, or someone you know, is a resident of Dunstable and could use some one-time help with medical, pharmacy, grocery, or fuel bills, let us know. Requests can be submitted by emailing the Commissioners of Trust Funds [www.dunstable-ma.gov/user/53/contact](#). All inquiries are confidential.

KITTY ANGELS

is a no-kill shelter dedicated to rescuing stray and abandoned cats, furnishing them with treatment for injuries or other health problems, and placing them into life-long, loving, indoor homes with compatible owners.

Kitty Angels is an all-volunteer organization. We have no paid staff - every cent of every donation goes to caring for needy cats! Please consider making a tax-deductible donation. You can do so by clicking on the "DONATE" button on our Facebook page; mailing a check to Kitty Angels, P.O. Box 638 Tyngsboro, MA 01879; or using the PayPal link on our website: [www.kittyangels.org](#) You can donate Gift Cards, Cat Food, Medical Supplies, Cleaning Supplies, Towels. If you have small antiques, collectibles or other items to donate please contact Gail Mosher at gailmosher@gmail.com or leave a message with us. 100% of the proceeds will go to Kitty Angels. For other ways you may help, please visit the How to Help page on our website at [www.kittangels.org/howtohelp.html](#) Kitty angels, Inc. is an all-volunteer, 501(c)3 non-profit organization. Your donation is fully tax-deductible.

When you contact a business or organization, please tell them you've seen their ad or news in Neighbor to Neighbor. They would like to know.
Thank you, Anne

**TYNGSBOROUGH
DUNSTABLE HISTORICAL
SOCIETY**



The Little Red Schoolhouse

64 Main St, Dunstable, MA (Route 113).

Not far from the Dunstable/Tyngsborough town line near Route 3

www.tdhistoricalsociety.org

email: tyngsboroughdunstablehs@gmail.com

• **May 11 - Saturday SCHOOLHOUSE DAYS**

The Tyngsborough-Dunstable Historical Society is pleased to sponsor a program specifically designed for children (or grandchildren) in grades 3 and up to experience a school day in the life of a child in 1798. The event will take place on **Saturday, May 11th from 11:00am to 2:00pm at the Little Red Schoolhouse on Route 113 in Dunstable.** The day will start at 11:00 sharp and it is strongly recommended you NOT be late for school!

You should plan to arrive at the field by 10:30 where the children will register and then either go directly into the Sarah Tyng Winslow Schoolhouse or stay outside to participate in a variety of learning stations in round robin fashion. Here they will learn and practice their penmanship on slates so that they can write their name in a "fair hand" in cursive. They may make butter, lemonade, pomander balls, or sachet bags of fragrant herbs or learn why the original settlers made such a long and dangerous trip to come, of all places, here! After lunch, we will switch places and the "outside children" will have their turn to meet the greatly "respected/feared" Schoolmaster.

The presenters will be in period costumes and students are encouraged to see what they might have in their homes that would be appropriate to join in the spirit of the day. You can gather ideas via the internet.

Parents are welcome to attend with their children, but this is perhaps not the right event for children who have not yet been in the 3rd grade. If you would like to join the Historical Society and/or contribute to help defray the expenses, you can do so at the event.

We hope you will seriously consider this unique event as a part of your child's education, none of which will show up on MCAS tests, but will become a fond childhood memory for years to come.

For more information or answers to burning questions, please e-mail kimpton576@gmail.com To Register for the event please fill use the link provided: <https://forms.gle/vVfPwntxQfv2sXuL8>

• **June 22 - Saturday, 52nd Annual Strawberry Festival**

At the Little Red Schoolhouse. Enjoy the best strawberry shortcake made from local strawberries, homemade biscuits, and real whipped cream. Find crafts & vendors on the field. **Interested vendors can email tyngsboroughdunstablehs@gmail.com for more information.**



The Massachusetts Democratic State Committee is the governing body of the Massachusetts Democratic Party. The Public Policy subcommittee acts to facilitate stakeholders understanding and engagement with federal, state, and local programs and initiatives for their benefit and for the general good.

Public Policy State Committeewoman Elizabeth Coughlin 1st Middlesex Senate District is currently providing outreach information regarding student loan reduction benefits, Green Community, Climate Change and other grants and initiatives.

Newly elected 1st Middlesex State Committeeman Rafael Glod will be joining the Rural Issues Committee whose efforts ensure that towns receive the same fiscal, planning and services support as the larger cities.

Identification and protection of vernal pools is ongoing.

Anyone who hears the spring peepers, please let us know.

Email lizcoughlin2000@yahoo.com text or call 978-758-2680

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Sincere thanks to 1st Middlesex Voters for re-electing me to the Democratic State Committee.

Together we will do our very best to preserve and protect our quality of life. Go to ecoughlin.org

Paid for by Elizabeth A. Coughlin

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Est. 1868

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Mail Address: P.O. Box 70, Tyngsboro, MA 01879

For questions or more information
call our office **978-649-2262**

www.tyngsborocongregational.org

Interim Pastor Bernie Michaud



Our Weekly Sunday Worship Services are at 10:00 AM

If you prefer to stay home, Services are available on line.

• **TO WATCH LIVE SERVICES** Log on to facebook and go to Ecct Church. Log in at any time to watch the recorded services.

• **NEW PARKING LOT** - Please enter and exit across from the Tyngsboro Fire Station. A walkway has been paved for easy access to our church.

• **SUNDAY SCHOOL** is available for Pre-School through High School from September until the beginning of June. Nursery care is available for toddlers. All toddlers and students are dismissed from church at 10:15am to go to their assigned area/class. We are blessed to have great teachers and many children of all ages to teach. If interested in more information call our office and leave a message or come join us some Sunday morning for church and see what our Sunday School has to offer.

• **"SAVE THE DATE"** - Saturday, May 18th at 6:30 p.m. for our Spring Gospel Concert featuring our own "A New Beginning" with Barry & Debbie Shirk along with a few additional surprise singers joining them. Come for an inspirational evening of music, desserts, coffee and fellowship! **This is a FREE EVENT so bring a friend or two with you. You'll be glad you did!**

• **YOUTH GROUP** will meet: **May 3** - 6:00 pm to 8:00 pm & **June 7** - 6:00 pm to 8:00 pm

• **LADIES BIBLE STUDY**- Tuesday mornings 9:30-11:30 am. The study is being led by our interim pastor's wife Diane. If you would like more information or would like to sign up for the study please call our office and leave a message. Someone will return your call.

• **MEN'S BIBLE STUDY**: Tuesday evenings at 6:30 pm. led by Jim Politi. A new study of 2 Corinthians has begun but you can still join us Tuesday evenings. If interested please call our church office and leave a message.

• **PRAYER/PRAISE TIME - WEDNESDAY EVENINGS** - Please join us at 5:15 pm to 6:15 pm to pray together, to sing together, to care about each other, to support one another and to Praise God!!!

• **PARSONAGE/ CHRISTIAN LEARNING CENTER (CLC)**
Some of our Sunday School classes and our Women's and Men's Bible Studies are now being held in our newly renovated Parsonage building next to the church, now known as our Christian Learning Center (CLC). The CLC has a wheelchair accessible handicap ramp, entry door and bathroom as required by ADA regulations. We are very excited to use this renovated space to accommodate our growing church. Come visit us and check it out

•••THRIFT STORE•••

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on THURSDAYS and SATURDAYS

• You can remain updated by visiting our website

www.tyngsborocongregational.org

or please check our **Facebook** page for unexpected closure dates.

••• Watch for more information regarding our upcoming **Ice Cream Social in June** to thank our Thrift Store volunteers and faithful customers! This is a fun event for all!

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*Based on information from MLS and non-MLS. Based on MLS and Non-MLS 2008-2023
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DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827
www.dunstablechurch.org
978-649-6251

DECC is a caring community of faith where we are all on a journey together finding hope, purpose, connection, and wholeness as followers of Jesus. Wherever you are in this walk of life, we invite you to join us.

- **Sunday Morning worship service begins at 10:30 AM.** with Interim Pastor Doug Walker leading. We welcome you to join us anytime!
 - **The Adult Bible Study Class meets in Fellowship Hall weekly (except the second week of the month) at 9:00am.** The topic is an in-depth study of the Gospel of Matthew. It contains the most thorough and organized presentation of Christ's teaching anywhere in the Bible. Join us.
 - **A Transition Team** is nearing the end of its study and preparation to name a search committee to find a new pastor for the Dunstable Church. The next meetings will be held on May 5th and 19th. Anyone is welcome at these meetings. Check the church website for any updates.
 - We gather every Sunday morning at 10:30am at the big white church in the center of Dunstable. We would love to meet you!
- We look forward to seeing you at 10:30 AM on Sundays. God bless you.**

DUNSTABLE - TYNGSBOROUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need. **We are currently looking for community minded members to join, please contact membership chair Joe Ward his contact information is below.**

OFFICERS FOR THE 2023-2024 LIONS YEAR: President: Laura Ward; 1st Vice President/Treasurer: Kristine DeMonico; 2nd Vice President/Secretary: Meg DeMonico; Membership Chair: Joe Ward; LCIF Chair: Mark Alexander; Media/Marketing: Kristine DeMonico; Tail Twister- Jorg Skowranek; Lion Tamer- Richard Lowe.

Anyone interested in joining the lions is asked to contact Joe Ward 978-930-1153.

Our Regular Meetings are held on the first and third Tuesday of the month starting at 6:30 pm at Princeton Station 147 Princeton St., in N. Chelmsford, MA.

Our Facebook Page is

<https://www.facebook.com/DunstableTyngsboroLionsClub>

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- **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.
- **Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- **Can tabs** please place into bags before putting in the boxes. This benefits The Shriners. **Lion's collection boxes for eyeglasses, hearing aids and can tabs are located at:**
Tyngsboro Post Office- 353 Middlesex Rd, Tyngsboro MA 01879
Tyngsboro Council of Aging Center – 169 Westford Rd., Tyngsboro MA 01879
Dunstable Town Hall - 511 Main St, Dunstable MA 01827
Dunstable Post Office - 170 Pleasant St, Dunstable MA 01827
Dunstable Library - 588 Main St, Dunstable MA 01827
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TERM VS. PERM: WHICH IS RIGHT FOR YOU?

If you've been thinking about life insurance, especially if you have family, loved ones, or anyone who depends on you financially, you might be curious about the different kinds of policies available. Which type is right for you?

Essentially, you can look at two main categories of life insurance: term and permanent.

Term insurance is a pay-as-you-go option that covers a specific amount of time, usually 20 years or fewer. Term insurance benefits are paid to your beneficiaries free of federal income taxes if you pass away during the coverage period, but there's no opportunity to build cash value.

Permanent insurance, such as whole life or universal life, offers coverage for as long as you pay the premiums, and in addition to providing a tax-free death benefit, also offers a chance to build equity, or cash value, on a tax-deferred basis.

When determining which type of insurance is appropriate for your needs, you'll want to consider these factors:

- **Cost** – Term insurance is generally affordable for most people, which is why it may be particularly suitable for parents and young adults who may be at the beginning of their careers. Permanent insurance is typically more expensive, largely because it is meant to last for one's lifetime and some of the premiums go toward building cash value in the policy and paying for other features. Generally, the younger and healthier you are when you purchase permanent insurance, the lower your rates will be.

- **Length of time insurance is needed** – If you think you will only need life insurance for a certain period — perhaps until your children are grown — you might lean toward term insurance. If you feel the need for life insurance for other goals throughout your lifetime, for whatever reason — you might have a special needs child, or perhaps you want to use your policy to help pay for retirement, or you wish to include the policy as part of your legacy and estate plans — you may want to consider some type of permanent insurance.

- **Investment preferences** – You may have heard the phrase “buy term and invest the difference.” Essentially, this just means that an investor could purchase low-cost term insurance, and then invest the money that was saved by not getting permanent insurance. This can be a valuable strategy in some situations, but people often don't actually invest the difference. A permanent insurance policy, through the payment of premiums, may result in a steady buildup of cash value or continued contributions to the policy's investment components. For many people, this discipline is helpful.

- **Future insurability** – If you have health issues, it could become difficult to get permanent insurance after you've reached the end of a term insurance policy. (Some term insurance policies do offer the opportunity to convert to permanent coverage, usually without the need for a medical exam.) You could avoid this potential problem by purchasing permanent insurance when you are still young and healthy.

Ultimately, you will need to weigh the various factors involved in the permanent-versus-term decision. You also might benefit from consulting a financial professional, who can evaluate which type of insurance is most appropriate for your situation. But whether it's term or permanent, make sure you have the coverage you need to protect yourself and your loved ones.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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Tyngsborough

DOWNSIZING DREAMS AND INTEREST RATE REALITIES

by Christine McCarron

Thinking about downsizing? You're not alone. Many empty-nesters are looking to trade in their spacious homes for something cozier and more manageable. But with rising interest rates, is now the right time to make a move?

Marry the House, Date the Rate

Higher interest rates can make buying a new home more expensive. That can work in your favor! Many first-time buyers looking for that same smaller property, may be priced out of the market, meaning less competition for you. When interest rates go back down, you can refinance and lower your monthly payment.

Downsizing typically means buying a smaller, less expensive property. Even with a higher interest rate, the total loan amount might be smaller, potentially resulting in a lower monthly payment compared to your current mortgage. Plus a smaller home or condo should have less maintenance-related expenses.

Making Downsizing Work with Rates in Mind

- **Shop Around for Mortgages:** Don't settle for the first offer. Compare rates and terms from different lenders to secure the best deal possible.
- **Consider a Shorter Loan Term:** Opting for a 15-year mortgage instead of a 30-year one can help you pay off the loan faster and minimize the impact of interest.
- **Increase Your Down Payment:** The larger your down payment, the smaller the loan amount you need to borrow. This reduces the overall interest you'll pay.
- **Focus on Long-Term Savings:** Downsizing often frees up cash from the sale of your current home. Use this strategically to pay down existing debt or invest for future needs.
- **Consider Areas with Marginal School Systems:** Higher home prices and higher taxes often go hand-in-hand with exceptional school systems. With no kids in school, you can reap the benefits.

The Bottom Line

Interest rates are just one factor to consider when downsizing. Evaluate your overall financial situation, future plans, and emotional well-being. Talk to a financial advisor to create a personalized downsizing strategy that factors in current interest rates. Remember, downsizing can be a smart financial move, even in a higher interest rate environment. By planning carefully and considering all the factors, you can turn your downsizing dream into a reality.

TYNGSBOROUGH GARDEN CLUB



We're changing venues this year with a trip to **Weston Nurseries on May 14**. At 6 pm staff will talk to us about shrubs and perennials that grow well in this region and members will be able to buy plants at a discount.

Our major fundraiser for the year is our annual Plant Sale, which is scheduled for Saturday, May 18. We're planning to make a bigger splash this year than we have in the past at our two locations—**Flint's Corner and 13 Beverlee Rd.** If you're going to be in the market for plants this year, make us your first stop because you won't find a better deal anywhere!

New Garden Club members are always welcome and the public is invited to attend individual but programs for a nominal fee of \$5. Unless otherwise noted, meetings take place at the Evangelical Congregational Church begin at 7 pm. The membership year starts in September. Club dues are \$25 for the membership year, prorated to \$15 for people who join in the second half. For more information, please visit our new web site at <https://tyngsborogardenclub.org> or email us at tynggardenclub@gmail.com. *Linda Sheldon, President*



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HAVE YOU BEEN AFFECTED BY A DATA BREACH?

By Dean Lotito

All too often, the news contains reports of data breaches. A data breach is when hackers break into the computers of a large corporation and steal their confidential information. In many cases the information that is stolen is confidential personal and financial data of their customers. Unfortunately, these customers can be you and me.

A few weeks ago, AT&T acknowledged a data breach in which hackers accessed 73 million former and current user accounts. Thieves had access to customer's name, email address, phone number, Social Security number, AT&T account number, and passcode. (The passcode is the 4-digit PIN needed to access your account.) The breach happened in 2019. You were unaffected if you opened your AT&T account in 2020 or later. AT&T has contacted 7.3 million CURRENT customers who were affected and reset their passcode. If you are notified, you should log in, check your user profile, and establish a new passcode.

Often companies who have suffered breaches will offer credit monitoring services at their cost for some period. It is strongly urged that you accept that offer and sign up for such services. The company will provide detailed instructions. Experian offers a service for a fee. Other credit bureaus may also offer plans. Another option is to freeze your credit. This prevents any new credit accounts or loans from being initiated. These are fine but be aware that it would inhibit you from initiating a home mortgage, car loan, or new credit card request too. You can always call and cancel the credit freeze if you need to apply for credit. A Fraud alert is also an option. Both credit freezes and fraud alerts need to be placed with each credit reporting company. Equifax, Experian, and TransUnion. If you feel that your credit or debit card numbers are compromised, call your bank, and request new cards. Data breaches are out of your control. However, hackers are constantly developing new ways to fool us into giving away private financial information. The same steps listed above should be considered if you have accidentally provided such information over the phone.



AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Officers of the American Legion Auxiliary Unit #247

President, Linda Small; Sr. Vice President-Ann Thellen;
Jr. Vice President-Michelle Lambert; Secretary/Treasurer-Diane DiLeo; Chaplain-LeeAnn Houle; Sgt at Arm: Jeanette Milsci.

E-Board: Kathy Oljey, Josephine Beauregard, and Annette Coles

If you are interested in joining the Auxiliary, **contact Diane DiLeo**
at 978-204-9329 or email: ddileo1956@hotmail.com

ROBERT D. PELLETIER

AMERICAN LEGION POST #247, INC.
90 Pawtucket Blvd., Tyngsborough, MA 01879



Active Duty Military, Military Retirees and Veterans are encouraged to join and be a part of our Legion Family. First year is FREE for new members. For further information call 978-649-7540

Post Executive Committee: Commander Ray Hamelin, Sr. Vice Commander Pete St. Peters, Finance Officer Jim Lawler Jr., Adjutant Jim Lawler Sr., Executive Board Members Joe Conlin and Fred Carroll.

Hello everyone, my name is John Taylor; I am the point of contact for the American Legion Post #247 and the Sons of the American Legion (SAL). You may email me at johnntaylor1777@gmail.com, with your inquiries for the American Legion or the Sons of the American Legion.

If you would like to stay updated with new information about Post #247, please use this link

<https://sites.google.com/view/american-legion-site/home> or the facebook page American Legion Post 247 – Tyngsborough MA

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POST OFFICERS: Commander: Robert Golas; Treasurer: David Coles; Secretary Rod Wood

We meet the 1st Tuesday of each month at 2:00PM.

Currently we meet at the Tyngsborough Sportsmen's Club, Westford Road, Tyngsborough.

For more info please call Dave Coles at 978-551-1344.

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AMVETS National Website: <http://www.amvets.org/>

HIGH SCHOOL CLASS REUNION FOR 1974

Attention Chelmsford High School Class of 1974

Our Reunion is being planned for **Saturday, October 19th, 2024.** This will be held at Princeton Station in Chelmsford, MA. Please look for our site on Facebook or email ChelmsfordHigh1974@gmail.com

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- **Sunday Jazz Jams** Bring your instrument and sit in on a few tunes with other jazz musicians, 3:30-5:30pm. A safe space to practice, play and listen to jazz tunes, or just hang out with friends. Each month, a few tunes will be posted to work on before the jam. Email joe_virga@yahoo.com to get on the Jazz Jam email list. \$5 suggested cover for all drop-in programs. **Future Dates: 5/5, 6/2...**
Producer: Marcia J. Macres
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We also sponsor two events each year. **The Spring Fling will be held on Tuesday, June 11, 2024 at the Tyngsboro Sportsmen's Club, Westford Road, from 11:30AM to 2:30 PM.** The event will include a luncheon, Raffles, 50/50, Door Prizes, and Entertainment. This event is complimentary.

Complimentary tickets will be given out at the Tyngsboro Senior Center on May 28,29,30,31 from 10 AM to Noon.

That week you may also call President, Joe Jacoppi, (978-649-9076) to reserve your ticket.

**BONE BUILDERS AT
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Show: **Surface Tension**

Show dates: **May 1-26, 2024**

This May, Loading Dock Gallery presents **Surface Tension**, a show of mixed media art by Margarita Krylova and Fernando Fula. **Surface Tension** features collaborative and individual works which explore universal dichotomies: harmony and chaos; unity and division; beauty and decay.

Krylova and Fula each cultivate a personal vision and style. Fula's work is surreal, clean, and crisp. Krylova delves into a world of organized chaos. What unfolds when their artistic universes converge? For **Surface Tension** they created a series of collaborative work, switching pieces in progress, responding to each other's progress by weaving and collaging elements together. **Surface Tension** also features pieces by each artist. Together, the work in **Surface Tension** is a study of the inherent tensions of human existence.

Surface Tension runs May 1 – May 26, 2024 at Loading Dock Gallery, 122 Western Avenue, Lowell, MA, noon-5:30pm, Wednesday-Saturday, until 4pm Sunday. More at www.theloadingdockgallery.com.

Loading Dock Gallery is part of Loading Dock Arts, Inc., a 501c3.



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What is Rotary?

Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Rotary Club of Tyngsboro/Dunstable meets at the Dream Diner, 384 Middlesex Rd, Tyngsborough, MA. We meet the second Thursday for lunch at 12:00 and the fourth Thursday for breakfast at 8:00 am.

All are welcome! We even treat our guests on their first visit. We're a super friendly and informal group with a huge community impact! Our facebook page is www.facebook.com/tyngsborodunstable/rotary/

ROTARY CLUBS OF TYNGSBORO/DUNSTABLE, NASHUA, DRACUT AND LOWELL **25th ANNUAL FISHING DAY** *For individuals with Disabilities of All Ages, Family Members Welcome*

Sunday, June 9, 10am-2pm (rain or shine) Tyngsboro Sportsmen's Club, 90 Westford Road, Tyngsboro, MA 01879

FREE – Join us for a Fun Day and we provide: Hamburgers, Hot Dogs, Fishing Gear, and Bait
Take home fish for Dinner!

More Info: Call Brian Day-Lewis at 978-399-4952



May 5th Cinco de Mayo
May 12th Mother's Day
May 18th Armed Forces Day
May 27th Memorial Day



Neighbor to Neighbor

*Published by Anne M. Paquin
Since 1983*

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www.neighbortoneighbornewsletter.com

Do you have a fundraiser, meeting, or event coming up in June or in early July? **Please remember to send in your news BY THE 10TH OF MAY FOR THE JUNE ISSUE and the 10th of June for the July/August issue.** If you need a little more time, please contact me so I can save space for you.

The news is placed FREE of charge on a first come first served basis.

If you are thinking about advertising your business, please contact me by email, I will send you a rate sheet which should answer most questions. There are 6,674 issues of Neighbor to Neighbor sent out directly to homes and business each month in the towns of Dunstable and Tyngsborough. Copies are also left at the Town Halls and Libraries.

New issues are available to read online around the first of each month, at www.neighbortoneighbornewsletter.com. You will also find more news and articles posted there.

I look forward to hearing from you soon. Anne



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