

TOWN CLERK

• Brynn C. Durno - email - townclerk@dunstable-ma.gov Office hours are Tuesday's 1pm - 4pm, Thursday's 9am - 12pm. 978-649-4514 x 222

• I am available by appointment for notary services and marriage intentions. Emails and phone calls will be answered throughout the day REGARDLESS of office hours. As I am a full-time clerk in Pepperell I am able to help with many things for Dunstable from Pepperell.

• DOG LICENSES All dogs, 6 months and older must be licensed. FEES: Female spayed \$6, Male neutered \$6. Female not spayed \$10 and Male not neutered \$10. Seniors age 70 and older have the fee waived pursuant to a town meeting vote, but the dogs must still be licensed. Please note that you are now able to license your dog online too! Remember: A copy of a current rabies certificate must be on file with the town Clerk. Failure to license by March 31st is subject to a late fee of \$10. The census and dog applications were mailed together in December. Please fill out and return the census as soon as possible.

• The first election in 2024 will be March 5, 2024. Stay tuned for more news from the town clerks office.





The West Family and our team of our employees at West Auto Repair were again honored to be chosen as a Toys for Tots drop off location for this past collection year. Over a 5 week period of time from mid November until mid December we were able to collect hundreds of toys that were distributed to families to help make their holidays more merry and bright. It's a great problem to have when the collection box is over filled multiple times in one week and we have to call for toy pick ups.

We are just a drop location and we couldn't have a successful collection campaign if it wasn't for all of you who year in and year out stop by, sometimes multiples times, to drop off toys. Together we all make such a great team and we look forward to seeing you all again for the 2024 toys for tots collection campaign starting in mid November.

Wishing you all a happy, healthy and prosperous new year! The West family

Neighbor to Neighbor

Published by Anne M. Paquin Since 1983 64 Hardy St., Dunstable, MA 01827 (978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com www.neighbortoneighbornewsletter.com

Celebrating 40 Years of Service!

Issue # 432 • January 2024

POSTAL PATRON DUNSTABLE, MA 01827 CARRIER ROUTE STANDARD U.S. POSTAGE PAID DUNSTABLE, MA 01827 PERMIT NO. 5

IN MEMORY OF Denise D. Matte

Leslie J. (McManus) Worthy

Charles "PaPa" Goss 14 years of missing you Jan 27, 2010 – Jan 27, 2024

LATEST TOWN ADMINISTRATOR REPORT AVAILABLE

Curious about what we've been working on at Town Hall? Check out the latest Town Administrator's Report to the Board of Selectmen, reviewed in the 12/7/23 Board of Selectmen meeting. This report, and previous reports can be found here: <u>dunstable-ma.gov/tareports</u>.



DUNSTABLE RURAL LAND TRUST WINTERFEST 2024 SUNDAY, JANUARY 28, 2024 11am to 2pm at The McLoon Barn

Winterfest 2022 will be held at the McLoon Barn, located at Main St. and Thorndike St. Join us for horse-drawn sleigh rides, warm up by the bonfire and enjoy delicious refreshments. Dunstable Troop 28 will be helping again this year! There will be an "Eyes on Owls" presentation at noon.

Bring your own snowshoes, x-country skis and sleds. Come out and enjoy Winter! There is accessible parking. *This will be held Snow or No Snow.* Sorry, no dogs are allowed at Winterfest.

For more information about the event and the Land Trust visit <u>drlt.org</u>.

DRLT CALENDARS FOR SALE!

The Dunstable Rural Land Trust Calendars can be purchased at the Rose of Sharon at Blossom Hill, Tully Dairy Store, Farmhouse Cafe, Dunstable Library, Wickham & Willoughby and the General Store. Or, contact Patti Starbird at 978-649-6003. *There may be a few left. \$15 each*

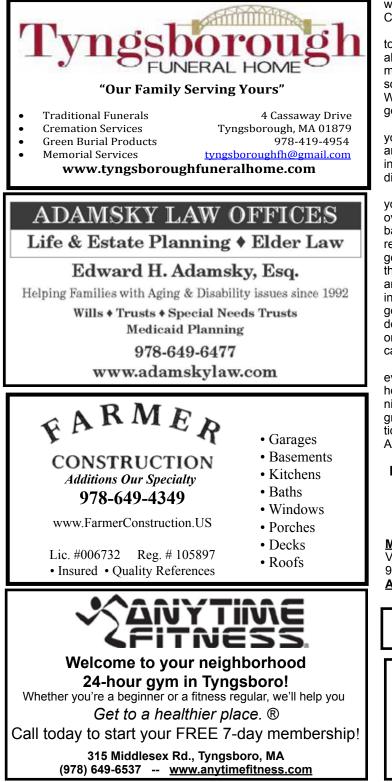
Tyngsboro Cosmetic Dentistry

James Yankowskas DDS

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> tyngsborocosmeticdentist.com New Patients Welcome

Evening and Saturday appointments available



RESOLVE TO GET YOUR ESTATE PLANNING DONE

By Edward H. Adamsky

New Year's resolutions aren't usually kept, but you should resolve to complete your Estate Planning this year. Don't get hung up on that term "Estate Planning" it just means getting your affairs in order, no matter how much or how little assets you have. Everyone needs to be organized for the inevitable.

For you, during your own life, and to ensure your own well-being, you need a Power of Attorney and a Health Care Directive (Proxy or Power of Attorney for Health). These documents allow your choice of a trusted person to handle your finances and make medical decisions for you if you cannot do it yourself. You have to put these tools in place before you need them, or it will be too late, and your family will have to go through the Guardianship process with the Probate Court.

In addition to getting these legal documents in place, you need to discuss things with your family. You need to go over your feelings about certain types of medical treatment and various scenarios that might arise. Your family needs to know how you feel. There are some tools online to help you think about these things like the "Five Wishes" and the "Conversation Project." At the least just have a general discussion with your family.

If you do have assets, and especially if they are substantial, then you need to plan where they will go when you die. You need a Will, and perhaps a Trust, if your situation is complex or there are people in your family for whom a Trust would make sense (someone with a disability or with a substance abuse issue).

You also need to get your affairs organized in such a way that your Executor or Trustee will be able to figure them out and take over after you have gone. Make lists or your assets, including all bank and investment accounts. Also write down your debts and regular bills. Consider making a full listing of wherever your money goes (like Netflix or your cell-phone company) so they know what things to stop after you die. List out your advisors with their phone and email contacts so your family knows who to talk to for more information. Your family cannot ask you any questions after you are gone (well, at least you cannot answer them) so consider writing down the answers to what you think they might ask. Keep your files organized with copies of tax returns and bank statements so they can have that information.

Lastly, consider planning out your funeral in detail (and maybe even pay for it in advance) so no one has to deal with that in the hours just after your passing. Everything you do to plan and organize will lesson burdens for your family when they are in a time of grief. It's a gift that will mean a lot, and so, it's a New Year's Resolution that you should keep. See your Estate Planning and Elder Law Attorney now!

RIVER OF DIVINE MERCY CATHOLIC COLLABORATIVE 978-957-0322 http://rodmc.org St. Marguerite d'Youville, Dracut • St. Rita, Lowell ST. MARY MAGDALEN

93 Lakeview Ave., Tyngsboro, MA Mass Times: Saturday 4:00pm, Sunday: 7:30, 9:30, 11:00am Vietnamese. Monday and Thursday at 9:00am Reconciliation

Vietnamese. Monday and Thursday at 9:00am <u>Reconciliation:</u> 9:30am-10:00am 1st Thursday of the month or by appointment <u>Adoration:</u> 9:30am-10:00am 1st Thursday of the month.

When you contact a business or organization, please tell them you've seen their ad or news in *Neighbor to Neighbor*. They would like to know.

Neighbor to Neighbor

Published by Anne Paquin Since 1983 64 Hardy St., Dunstable, MA 01827-1403 **Tel. 978-419-1914** <u>E-mail: anne@neighbortoneighbornewsletter.com</u> Copyright© 2024, Neighbor to Neighbor. All rights reserved. Reproduction of any part of Neighbor to Neighbor assumes no financial responsibility for inadvertent omissions of advertisements or errors in advertisements, but will reprint that part which is incorrect if informed within 10 days of publication. Total Circulation is now 6.674 which includes Dunstable and Tyngsborough.

HEALEY-DRISCOLL ADMINISTRATION AWARDS

\$37.7K LAND GRANT TO DUNSTABLE! Protecting Swallow Mill Pond on Mill Street

As part of the \$13m that has been awarded for Park and Open Space Projects in the State of Massachusetts, Dunstable is proud to announce that the town received a grant for \$37,793.

This grant will allow for the protection of a 4.75-acre parcel on Mill Street, providing access to Swallow Mill Pond that is easily accessed from the road, and opportunities for ice skating and fishing. Blandings and other species of turtle have been sighted on this property, and the protection of this property helps ensure water and habitat value for this mill pond that feeds Salmon Brook and Town well-field. *Congratulations to the Dunstable Conservation Commission for their work to secure this grant*!

SAFER STREETS IN DUNSTABLE TOWN CENTER WALK DUNSTABLE FINAL REPORT

In 2023 the Town of Dunstable was awarded an AARP micro grant to study walkability in Dunstable Town Center. Working with the Northern Middlesex Council of Governments (NMCOG), the Town led a series of walk audits to study walking conditions within Dunstable Town Center. Participants observed and evaluated the experience of getting around on foot in the project area, identified destinations that should accessible by walking, and shared information about unofficial pathways that could be improved as sidewalks.

This report provides a community-informed road map for future improvements and as a basis for applying for grant funding for implementation. Click this link if you are areading this on line <u>Take a look and let us know what you think</u>!) Or Visit <u>www.dunstable-ma.</u> <u>gov/council-aging/pages/walk-dunstable-final-report</u> if you are reading this in the printed Neighbor to Neighbor Dunstable issue.)

DUNSTABLE PLANNING BOARD

At Town Meeting in May of 1995, The Town of Dunstable voted to designate certain streets as scenic roads within the meaning of "Massachusetts General Laws, Chapter 40, Section 15C: <u>Scenic</u> road designations: improvements: fines"

The law states: "After a road has been designated as a scenic road any repair, maintenance, reconstruction, or paving work done with respect thereto shall not involve or include the cutting or removal of trees, or the tearing down or destruction of stone walls, or portions thereof, except with the prior written consent of the planning board..."

Please review page 83 of the Town's General Bylaws to see if your street is considered scenic and go to the Planning Board's Forms page for the necessary Scenic Road Request form and instructions for submission. An applicant must request a Scenic Roads hearing and authorization prior to any roadside alterations on their property. Contact Carol Rock via <u>Crock@Dunstable-MA.</u> <u>GOV</u> or call (978)649-4514 X230 for more information.





COMMISSIONERS OF TRUST FUNDS

For Those In Need

Are you a Dunstable resident who is experiencing financial hardship? We may be able to help. A century ago, various residents of Dunstable willed funds to the town to help those in need. Dunstable's Commissioners of Trust Funds are responsible for disbursing funds from the interest on these accounts each year. If you, or someone you know, is a resident of Dunstable and could use some one-time help with medical, pharmacy, grocery, or fuel bills, let us know. Requests can be submitted by emailing the Commissioners of Trust Funds <u>www.dunstable-ma.gov/user/53/contact</u>. All inquiries are confidential.



DUNSTABLE FREE PUBLIC LIBRARY

588 Main St. 978-649-7830 For more library information go to www.dunstable-ma.gov click on library

Mary Beth Pallis - Director – mpallis@dunstablepl.org Karen Debreceni - Children's Librarian kdebreceni@dunstablepl.org

LIBRARY HOURS: Tues 3pm-8pm; Wed 10am-2pm; Thurs 10am-6pm; Fri 10am-2pm; Sat 10am-2pm Like us on FACEBOOK to receive program updates! www.facebook.com/pages/Dunstable-Public-Library/

• <u>MaryBeth Pallis</u> is retiring at the beginning of January. The library would like to honor her for 23 years of excellent service to her staff and the public. MaryBeth's dedication has been endless and her contributions will be sincerely missed. The staff will miss her constant support and encouragement over all these years. The public will miss her knowledge about many genres of books especially thrillers! The Dunstable library staff and patrons wish MaryBeth the best of luck in her well-deserved retirement. Think of all the time you will have now to read so many great books!

• <u>Grief Counseling</u> Every first Tuesday on the month, grief counseling will be provided by Nashoba Health. This will take place in the community room from 3:30 to 4:30pm.

• <u>Preschool Story Hour</u> Please come in with your 3, 4 or 5 year old for story hour. Story hour is held on Thursdays and Fridays. We will meet from 10:00am – 11:00am.

• <u>Homework Club</u> The library is offering homework help every Tuesday night from 5:30pm – 6:30pm for the school year. This is a free service for children from Kindergarten to High School. Honor Students are available to help the children. EVEN if they don't have homework, students can help them in any subject they are struggling with. If your child is attending, please call between 3:00pm and 5:00pm.

• <u>Pre-teen and Teen area</u> If you have any games such as Uno or trivia that you would like to donate, we are setting up an older kids gathering space in the library.

• <u>Book Club</u> The book club will take place every 3rd Saturday of the month at 10:30am. Email Sue Tully SJT0213@verizon.net or check out the display at the library for more info. The DPL can put a book on hold for you!

• <u>Chapter Book Reading</u> Mrs. D will continue reading from a chapter book each Tuesday night at 6:00 pm. Please join her on dpl facebook live to listen to the story. Any suggestions for favorite chapter books will be appreciated.

• <u>Teen Art Club!</u> Every first and third Tuesday from 3:00 to 4:00pm, teens can come to their own special space in the library and create art, poetry or play games.

• <u>Children's Activities for January</u> Yoga class with Patricia! Patricia will be offering yoga and deep breathing classes for school aged children. It will take place on January 9th, February 13 and March 12 from 4:00 to 5:00pm. Please bring a mat or towel. You can sign up for one class or all 3. SPACE is limited so sign up soon at the library or with kdebreceni@dunstablepl.org

• January 23rd at 4:00pm will be an All about Snowmen craft day!!! Please wear clothes that can get messy! Sign up at the library or at kdebreceni@dunstable pl.org

• Children's drop in crafts will be out during the month.

WEST CHELMSFORD

UNITED METHODIST CHURCH

242 Main St., North Chelmsford, MA 01863 HANDICAP ACCESSIBLE 1-978-251-4834 www.wcumc.us Worship 9:30AM In Person or via Zoom

Connect with us on Zoom at 9:30AM Sunday mornings for Worship at www.facebook.com/westchelmsfordumc

To contact us for more information email to <u>office@wcumc.us</u>.
West Chelmsford United Methodist Church is a family oriented church with something for everyone from tiny tots to seniors.

ATTENTION 2024 HIGH SCHOOL GRADUATES RESIDING IN DUNSTABLE

Congratulations on your pending graduation! We are delighted to announce the availability of the **Helene Morgan Babcock and Alfred Babcock Memorial Scholarship**, and invite you to apply for these generous funds as you continue your education.

During the winter of 1923, the home of the Morgan family here in town caught fire and was largely destroyed. The citizens of our community responded to the crisis by taking in the children (all 17 of them!), keeping the family together and aiding in the reconstruction of their home. One of the children, Helene Morgan Babcock, remembered the words of her mother, "Never forget the kindness of the people of Dunstable," and so established a scholarship fund to be made available to the graduating students of Dunstable as they continue their education.

The amounts of these grants are substantial, with one of the Babcock Scholars receiving \$4,000 each year for up to four years of full-time study. A number of additional \$2,000 scholarships are granted to other students on a one-time basis (the main scholarship is for 4 year full-time studies only).

Additionally, Dunstable's Commissioners of Trust Funds authorized the Babcock Scholarship Committee to award the Russell G. and Shirley L. Tobey Scholarship, which is a onetime award of \$1,000. Applicants applying for the Babcock Scholarship will be automatically considered for the Tobey Scholarship; there is no additional application required. The Tobey Scholarship recipient will be chosen using the Babcock Scholarship selection criteria.

Scholarships may be applied to expenses incurred in the pursuit of advanced education beyond the secondary level in two or four year institutions, vocational education institutions, or formalized apprenticeship programs.

Starting February 1, 2024, applications will be available at the town hall, library, your school guidance office, by emailing <u>babcock-scholarshipfund@gmail.com</u> or on our facebook page

(Babcock Scholarship - Dunstable. <u>https://www.facebook.com/pro-file.php?id=100088415042557</u>)

Completed applications can be submitted electronically to the above email, or to the following address *no later than Wednesday,* <u>*March 13, 2024.*</u>

Babcock Scholarship Trustees, P.O. Box 24, Dunstable, MA 01827 Questions regarding the application process can be sent to

babcockscholarshipfund@gmail.com. We hope you take advantage of this wonderful opportunity!

DUNSTABLE VETERAN SERVICES OFFICE

Greetings fellow Veterans. 2024 is already here! Time sure does fly by. I know that the US economy is doing fairly well but I also know that some of our veteran families are not. If you are one of those and you are struggling, I encourage you to get in touch with me to see if there is anything the VA or State can do to help you have a little bit of a better life. There are indeed a lot of resources out there that want to help you as a veteran or family member, so please get in touch with me and see what I can do for you. Until then, have a very merry New Year.

The Dunstable Veterans I would like to honor who were born in January but have since passed away that are currently in our database are the following:

William H. Brow – 3 Jan 1923 - USA – WWII Robert T. Durst – 29 Jan 1924 USA – WWII Thomas S. Farry – 15 Jan 1927 – USA – WWII James F. McManus – 14 Jan 1927 – USN/USCG – WWII Leo Orzechowski – 7 Jan 1943 – USAF – Vietnam Albert F. Tidd – 11 Jan 1941 – USAF - SEA

Our many thanks to those who took the extra step to serve their country.

Joe Dean, Dunstable Veteran Services Officer <u>VSO@Dunstable-MA.Gov</u> 978-496-0985 Former USMC SGT, Retired USAF CAPT Proud to serve those who have served.



Matt's Monthly Mechanical Memo

January and February are some of the best months to buy air conditioning due to low demand and high availability of labor and equipment. Ductless multi splits present owners of historic New England homes a means to increase energy efficiency and add air conditioning without having to tear up walls and ceiling to install ductwork.

Utilizing multiple indoor air handlers connected via piping and wires to a heat pump outside, they create different zones with a temperature control for each. As these all-electric heat pump systems offer superior energy-efficiency compared to conventional systems, the sponsors of Mass Save offer rebates up to \$16,000 on qualifying installation by program network contractors.

Additionally, homeowners are eligible for a 25C federal tax credit of 30% of the cost, up to \$2,000, for heat pumps, and/or heat pump water heaters.

Until next month, stay comfortable. Matt Got a question? Drop me a note! matt@denommeeplumbing.com

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Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, observe the birds and notice what changes fall has made. **Remember to dress for the weather**. It's a great place for outdoor exercise and to enjoy nature close to home. *Children under 16 must be accompanied by an adult.*

Please note: The tennis court behind the Sherburne Nature Center is not part of the PUBLIC Nature Center property.

THE DUNSTABLE BOARD OF HEALTH WELL ADULT CLINIC

The clinic will be held on Wednesday, January 24th in the Dunstable Library from 11:00–noon. Our nurse will be on hand at these clinics which allows for personalized, one on one attention from the nurse. Offered services include: blood pressure/blood sugar screening, diet/nutrition information and teaching, medication review, assistance with identifying and coordinating community resources and referrals.

COMMUNITY CARES CORNER

Inside our waiting area at **West Auto Repair, located at 30 Pleasant St. in Dunstable, MA**, we have our community cares corner. *This is open year round!* Here you can drop off your <u>pop</u> <u>tabs</u> from carbonated beverages, pet food cans etc. which are donated to Shriner's Children Hospital.



Although we came up a few hundred pounds short of hitting our 2,023 pound collection goal for the PACH food pantry the outpouring of support and the hundreds of pounds of donations that were dropped off in the two blue bins at West Auto Repair in the two months leading up to the end of the year were incredible to see.

At the time that this article was being written we had collected 1,165 pounds of donations that have been dropped off to PACH and the volunteers at the pantry stated that due to the generosity of all of the local supporters the pantry expected to create 118 holiday dinner baskets to give to those families in need this holiday season.

Even though the holidays are now behind us and our year end collection goal is done this doesn't mean that there still isn't a huge need in our communities for PACH services. These upcoming mid winter months are normally some of the busiest months for the food pantry so we will continue to be a drop location for PACH at West Auto Repair, Inc. located at 30 Pleasant St in Dunstable, MA. *There is a blue bin located inside the office where donations can be dropped by Monday-Friday 8AM-5PM or there is also a second blue box located outside the front office door where donations can be dropped off after hours.*

A better community starts with neighbors helping neighbors and as we start off a new year we thank you all for your partnership and continued support of a very valuable organization that is so special in our communities.

May this new year bring you and yours rich blessings of good tidings and joy. Happy 2024!

The West Family and our employees at West Auto Repair Inc .

STORMWATER MANAGEMENT – PUBLIC OUTREACH AND EDUCATIONAL RESOURCES THE IMPACTS OF PET WASTE AND FERTILIZER

THE IMPACTS OF PET WASTE AND FERTILIZER TO DUNSTABLE'S STORMWATER

The Town of Dunstable provides outreach and educational materials to support municipal compliance with the Town's MS4 Stormwater Permit. The permit and its requirements aim to reduce polluted runoff keeping our Town's waterways clean and healthy.

To learn more about how pet waste and the use of fertilizer can impact stormwater runoff, please review educational materials <u>https://www.dunstable-ma.gov/stormwater-ms4/pages/fertilizer-and-dog-waste-notices-reminders</u>.

You are also encouraged to visit the Town's website, <u>https://www.</u> <u>dunstable-ma.gov/stormwater-ms4</u> for more stormwater related information and the following webpages with additional materials: <u>www.thinkbluemassachusetts.org</u> <u>https://www.nmstormwater.org/</u> <u>for-municipalities-stormwater-collaborative...</u> <u>https://cfpub.epa.gov/npstbx/index.html</u> Do you have news for Febuary? Or events coming up in early March? Would you like info about advertising? Email: anne@neighbortoneighbornewsletter.com or call 978-419-1914. If events are coming up before the next issue is out, I can place the info on www.neighbortoneighbornewsletter.com

PACH PEPPERELL FOOD PANTRY

PACH provides food, paper goods and personal care items. *Anyone in need of this service, please do not hesitate to call* **978-925-9770** or go online to <u>www.pachoutreach.org</u> *This is open to Dunstable residents.* PACH is located at **66 Hollis St.,Pepperell**. Hours of operation Tues 5-7pm, and Thurs. 2-4 & 5-7pm.

DUNSTABLE COUNCIL ON AGING NEWS

Dunstable Council on Aging Barbara Martin chairman; Mary Dow secretary; Donald Pottle, Joan Simmons, and Jean Haight.

Assistant to the Elderly Anne Fenochetti 978-649-4514 # 223 afenochetti@dunstable-ma.gov 1:30 & Thursday 8:00 – 1:00

The Mission of the Dunstable Council on Aging is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs. *Feel free to give us your ideas.*

• January 3-Wednesday at noon- Pizza, tossed salad and dessert. Dean Lotita will be available from 10-noon for any tech issues/questions. *Please make note, Dean is at the Library the 1st Wednesday of each month. No appointment necessary. Bring your phone, tablet or laptop.*

• January 10-Wednesday at noon-Age Span will provide Chicken Marsala, minestrone soup and cake

• January 17-Wednesday at noon-Kalinoski's Elder Care services will be providing sandwiches for lunch. Salad and dessert will ablso be provided. A representative from Kalinoski's will review their services and seniors will be able to ask questions and get additional info at this meeting.

• January 24-Wednesday at noon- Traveling Chef will provide soup, beef chili or corn chowder in a bowl, garden salad and brownies.

On this day <u>the nurse will be available from 11-noon.</u> <u>no appointment needed.</u>

• January 31- Wednesday at noon-The Dunstable Library Staff will provide soups, tossed saled and cookies.

Please let Anne know 1 week ahead if you would like to join the Seniors for lunch. Email Anne at afenochetti@Dunstable-MA. gov or 978-649-4514 ext 223. Come and take part in cribbage, dominos, and scrabble groups that are on hand each week.

• **BONE BUILDERS** Led by Brian O'Donnell and Linda Gill, is held on Wednesdays from 10:30 to 11:30 and Fridays from 11:00 – 12:00 at the Dunstable library. Bone Builders is a FREE, low impact, balance and strength training exercise program. Please drop in if you are interested in joining.

• SALT BUCKETS are now available for Dunstable Seniors! If you would like a bucket of salt delivered to your home, please contact Kristina Hooper at: khooper@dunstable-ma.gov or 978-649-4514 ext 227. Please be sure to leave your name, street address and a phone number. Thank you to the Dunstable Highway Department for this service!

Important Numbers at a Glance

Anne Fenochetti COA	978-649-4514 #223
Non emergency Police	978-649-7445
Non emergency Fire Dept	. 978-649-6661
Nashoba Nursing	978-425- 6675
PACH	978-925-9770
SHINE	1-800-243-4636
Elder Abuse Hotline	1-800-922-2275

CONSERVATION COMMISSION The Rain Barrel Program is back!

Become part of the solution by ordering your own rain barrel. Climate crisis is intensifying the water cycle, making wet periods wetter and dry periods drier. Severe droughts can make both rainfall and flash flooding more severe, creating weather whiplash events. When heavy rain falls over drought-stricken soils - which is often hard and cracked - it cannot soak into the ground, and becomes runoff. Rain barrels can collect that runoff and repurpose the collected water.

Tyngsborough, Dunstable and Pepperell are collaborating again to provide residents the opportunity to buy their own rain barrels through The Great American Rain Barrel Company.

To order go to <u>https://www.greatamericanrainbarrel.com/community/</u> then select your state and town. *Purchasing deadline is March* 31, 2024 at midnight. Pickup will take place at the Tyngsborough Highway Department, Kendall Road (Route 113), Tyngsborough, on April 13, 2024 between 10am-12pm.



HAPPY NEW YEAR 202

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BOOK GROUP MEETINGS

Held the 3rd Saturday of each month, at 10 a.m. at the Dunstable Library. Meetings are open to the public

• January 20 - The Invention of Wings by Sue Monk Kidd

The Invention of Wings is the fictionalized history of the Grimké sisters, Sarah and Angelina (Nina), who were at the forefront of the abolitionist and women's rights movements, wound around the intriguing narrative of a young slave, Hetty, who was given to Sarah as an 11th birthday present. Sarah despises slavery, even at that early age, and out of principle attempts to reject the gift. • February 17 - Horse by Geraldine Brooks

Kentucky, 1850. An enslaved groom named Jarret and a bay foal forge a bond of understanding that will carry the horse to record-setting victories across the South. When the nation erupts in civil war, an itinerant young artist who has made his name on paintings of the racehorse takes up arms for the Union. On a perilous night, he reunites with the stallion and his groom, very far from the glamor of any racetrack. Based on the remarkable true story of the record-breaking thoroughbred Lexington, *Horse* is a novel of art and science, love and obsession, and our unfinished reckoning with racism.



DUNSTABLE BOARD OF HEALTH -RECYCLING

The Town of Dunstable Board of Health and Big Brothers Big Sisters Foundation and CMRK has created a partnership to allow residents to easily **donate their clothing, textiles and small household items.** CMRK has been collecting these items across Massachusetts for over 35 years. *Bins are located on Pleasant Street next to the Dunstable post office.* <u>Please drop off baged</u> <u>clothing, sneakers, etc. and textiles only.</u> CMRK also accepts nonusable clothing and textiles. Please be sure they are bagged and not wet, moldy or soiled. <u>Do not leave any items, large or small,</u> <u>outside the bins.</u> Donating clothing helps the environment, helps save taxpayers money and helps clean out your closets. Big Brothers Big Sisters Foundation will pick up bagged clothing and textiles but also will

accept boxed small household items such as pots, pans, small decor and more! *If you have small items, many items or large items, PLEASE CALL 508-466-4590 to arrange a pick up* or schedule online at <u>BBBSFoundation.org</u>.

TRASH & RECYCLING PICKUP

The Board of Health increased the yearly subscription to \$360.00 This is an increase of an additional \$5.00 per month. The additional cost will allow us to continue to bring you the best service available at a still affordable price. This is the first increase since the beginning of our program five years ago.

New Subscriptions

You may pay on line on the town webpage <u>www.dunstable-ma.</u> <u>gov</u> and choose online payments. Scroll down halfway to Trash-Board of Health. You may mail a \$360.00 check made payable to the Town of Dunstable to P.O. Box 268, Dunstable, MA 01827. Please make sure your name, address, phone number and email are included. You may drop off a check or cash at the Town Hall Monday-Thursday (upper level) 9:00-4:00 p.m. *Please write Joan* – *Trash Payment on your envelope. Please make sure your name, address, phone number and email address are included.*

Overflow bags can also be purchased online or at the town hall for those times you may have extra trash that will not fit into the trash container. The cost is \$3.00 each, sold in rolls of 5 for \$15.00. Bags may be picked up at the town hall Monday-Thursday 9:00 a.m.-4:00 p.m. *Bring a copy of your receipt if you paid online.*

If you need to reach us for any reason, please email us at *jferrari@dunstable-ma.gov* You may also leave a message *at* **978-649-4514, Ext. 229.** Thank you, Joan Ferrari, BOH Admin Asst.



"LIVING WITH OUR WILD NEIGHBORS" The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z. <u>https://www.animalsheltering.org/page/wild-neighbors-book</u>

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FINANCIAL FOCUS[®] <u>New Year's Financial Resolutions</u>

Now that we've reached 2024, you might be thinking about your goals and hopes for the new year. But in addition to whatever personal resolutions you might make — volunteering, going to the gym more, learning a new language and others — why not make some *financial* resolutions, too?

Here are a few to consider:

• **Boost your retirement savings**. If you can afford it, try to increase your contributions to your IRA and 401(k) or similar employer-sponsored retirement plan. The more you put away in these accounts, the greater your chances of reaching your retirement goals. At a minimum, contribute enough to your 401(k) to earn your employer's match, if one is offered. And whenever your salary goes up, consider raising the amount you put in to your 401(k).

• **Reduce your debts**. It's not always easy to reduce your debts — but it's worth the effort. The lower your debt load, the greater your monthly cash flow. So, look for ways to consolidate debts or find other, possibly more productive, ways of using credit. And if you truly can't afford something that's nonessential, don't go into debt for it. "Live within your means" is an old piece of advice, but it's just as valid now as ever.

• **Build an emergency fund.** If you suddenly needed a major home or car repair, or received a large medical bill not fully covered by insurance, would you have the funds available? If not, you might be forced to dip into your retirement accounts or other long-term investments. To avoid this possibility, try to build an emergency fund containing several months' worth of living expenses, with the money kept in a liquid, low-risk account that's separate from the ones you use to meet your daily expenses. It can take a while to build such a fund, but if you make it a priority and contribute regular amounts each month, you can make good progress.

• Avoid emotional decisions. Too many people overreact to events in the financial markets because they let their emotions get the better of them. If the market is temporarily down, it doesn't mean you need to sell investments to "cut your losses" — especially if these investments still have good fundamentals and are still appropriate for your portfolio. It can be hard to ignore market volatility, but you'll be better off if you focus on the long term and continue following an investment strategy that's designed to meet your needs.

Review your goals. Over time, your goals may have changed. For example, while you once might have wanted to retire early, and planned for it, you may now find that you'd like to work a few more years. If that's the case, you may also need to adjust your financial and investment strategies.
Revisit your estate plans. If you've married, divorced, remarried or added children to your family within the past few years, you may need to review the account titling and beneficiary designations on your 401(k) and other retirement assets, along with your estate-planning documents, such as your will or living trust. You might also need to revise these documents in other ways.

Of course, you may not be able to tackle all these resolutions at one time, but if you can work at them throughout the year, you can potentially brighten your financial outlook in 2024 — and beyond.

Content provided by Edward Jones for use by Jorg Skowranek, Local Edward Jones Financial Advisor Edward Jones, Member SIPC

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TYNGSBOROUGH GARDEN CLUB



Our December Christmas party took place at the home of Nancy and Jim Burke on Tuesday evening, December 5. The party was well attended; the food was excellent and the featured finger foods and desserts were a hit. We used to have a Yankee swap but in recent years, the group decided that the money would be better used if we took up a collection for the Adopt-A-Family program here in Tyngsboro. I am pleased to report that the club members contributed \$345 to the program.

Although we take a break from meetings in January, the club is not dormant. We are looking ahead, planning, and strategizing. Our plant sale committee headed up by Nanette Longley will be meeting to decide how best to leverage our major fund raiser for the year-the plant sale, which is scheduled for May 18. While May seems far away, it will be upon us before we know it, so it's best to get a jump on things early. We're also working out the details for a flower show and Open House in conjunction with the Tyngsborough Public Library sometime in April. More on that, the plant sale and other programing will appear in these pages and on our website, which is listed below.

Our first meeting of the New Year will take place on Tuesday, February 6 at the Evangelical Congregation Church, 23 Kendall Rd. at 7 pm. The program will feature a Power Point presentation and discussion by Linda Sheldon on the 2024 Herb of the Year--yarrow. New Garden Club members are always welcome and the public is invited to attend individual programs for a nominal fee of \$5. Unless otherwise noted, meetings take place at the Evangelical Congregational and begin at 7 pm. The membership year starts in September. Club dues are \$25 for the membership year, prorated to \$15 for people who join in the second half. For more information, please visit our new web site at https://tyngsborogardenclub.org or email us at tynggardenclub@gmail.com. Linda Sheldon, President

DUNSTABLE - TYNGSBOROUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need. We are currently looking for community minded members to join, please contact membership chair Joe Ward his contact information is below.

Officers for the 2022-2023 Lions Year President: Laura Ward, 1st Woman President for this Lions Club which was formed in 1977; 1st Vice President/Treasurer: Kristine DeMonico; 2nd Vice President/ Secretary: Meg DeMonico; Membership Chair: Joe Ward; LCIF Chair: Mark Alexander; Media/Marketing: Charline Vigna; Tail Twister- Jorg Skowranek; Lion Tamer- Richard Lowe

Anyone interested in joining the lions is asked to contact Joe Ward 978-930-1153. Our Regular Meetings are held on the first and third Tuesday of the month starting at 6:30 pm at Princeton Station 147 Princeton St., in N. Chelmsford, MA. Our Facebook Page is https://www.facebook.com/DunstableTyngsboroLionsClub

If you would like to make a donation, please send to: Dunstable Tyngsboro Lions Club, P.O. Box 93, Tyngsboro MA 01879

YOU CAN HELP BY DONATING THE FOLLOWING: · Used Eyeglasses are collected for refurbishment and distribution to less advantaged individuals around the world.

- Used Hearing Aids are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- . Can tabs please place into bags before putting in the boxes.

Lion's collection boxes for eyeglasses, hearing aids and can tabs be located at: Tyngsboro Post Office- 353 Middlesex Rd Tyngsboro MA 01879; Tyngsboro Council of Aging Center - 169 Westford Rd., Tyngsboro MA 01879; Dunstable Town Hall - 511 Main St Dunstable MA 01827; Dunstable Post Office- 170 Pleasant St Dunstable MA 01827; Dunstable Library-588 Main St Dunstable MA 01827

AMVETS POST #247 ROBERT D. PELLETIER 90 Pawtucket Blvd. Tyngsborough, MA



POST OFFICERS: Commander: Robert Golas; Treasurer: David Coles; Secretary Rod Wood

We meet the 1st Tuesday of each month at 2:00PM.

Currently we meet at the Tyngsborough Sportsmen's Club, Westford Road, Tyngsborough.

For more info please call Dave Coles at 978-551-1344. "ALWAYS READY TO SERVE OUR VETERANS" AMVETS National Website: http://www.amvets.org/

TYNGSBORO-DUNSTABLE



Rotary Motto Service Above Self

Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

If you would like to join a group of fellow residents who are giving back to their community and having fun, please be our guest at **Dream Diner in Tyngsboro on 1st and last Thursdays of the** *month at 8:00am.* Second and third Thursday of the month, we meet at 12:00 at Dream Diner.

If you are interested in membership, please call or text Ron Keohane (508)517-3895 or Brian Day-Lewis at (978)399-4952

The Rotary Club was instrumental in launching **SafetyNet**. SafetyNet is a radio frequency tracking system designed to help police officers locate residents with cognitive impairments such as autism spectrum disorder, Alzheimer's or dementia.

<u>Eligible residents who sign up for SafetyNet will receive a</u> free loaner bracelet for as long as they wish to be in the program.



DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827 www.dunstablechurch.org 978-649-6251

DECC is a caring community of faith where we are all on a journey together finding hope, purpose, connection, and wholeness as followers of Jesus. Wherever you are in this walk of life, we invite you to join us.

• Sunday Morning worship service begins at 10:30 AM with Interim Pastor Doug Walker leading. We welcome you to join us anytime!

• The Adult Bible Study Class resumes weekly in January (except the second week of the month) at 9:00am. The topic is an in-depth study of the Gospel of Matthew. It contains the most thorough and organized presentation of Christ's teaching anywhere in the Bible. Join us.

• A Transition Team is continuing to meet on the first and third Sundays of the month to study our church and its people, to prepare a church and pastor profile, and to establish a Search Committee. *The next meetings will be held on January* 7th & 21st. Anyone is welcome at these meetings. Check the church website for any updates.

• **DECC and its members** participated in the very successful "Journey & Jinglefest" celebration, culminating the day with a celebration of music, provided by our former choir members, filling the sanctuary. Many thanks to those who joined voices for a beautiful concert. We hope all who came enjoyed the holiday presentation.

We look forward to seeing you at 10:30 AM on Sundays. God bless you. We wish you all a joyful, safe and healthy New Year!

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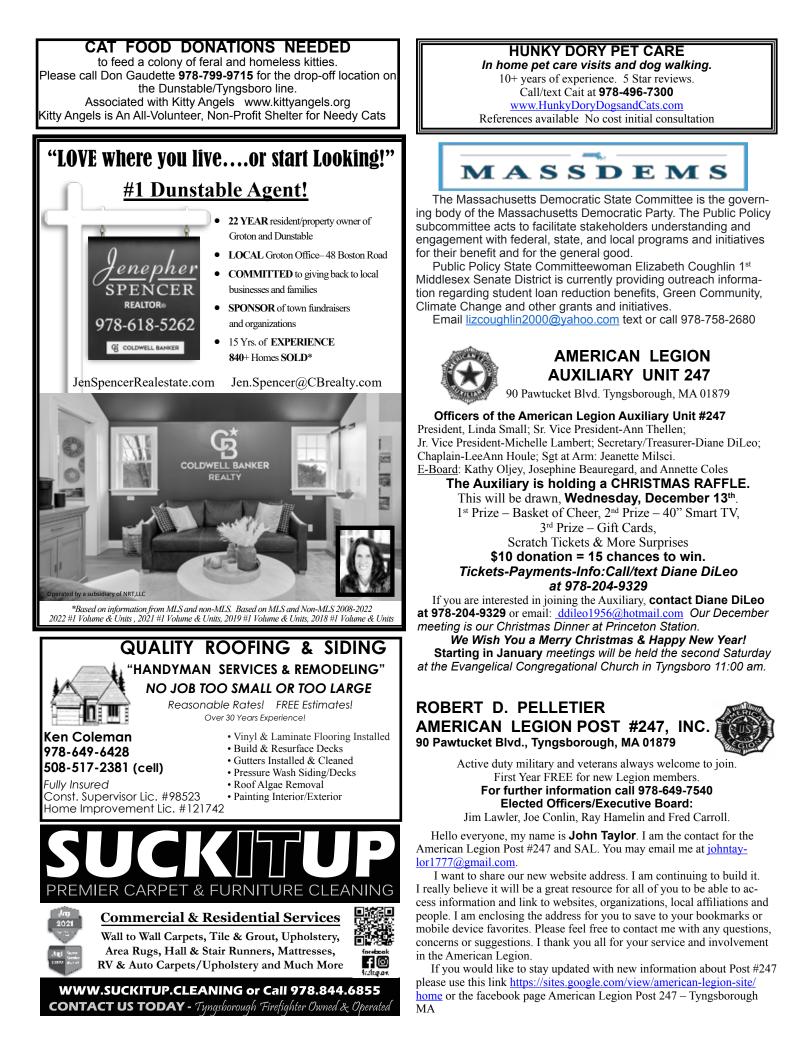
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www.theholyrood.org

Pastor Rev. Brian E. Mahoney Parochial Vicar Fr. Fernando Ayala Staff Offices: 115 Middlesex Street, North Chelmsford, MA Confessions St. John: Mon. 4:30-5:30pm & Sat. 3-3:45 pm

- St. Margaret: Tues. 4:30-5:30pm & Sat.1-2 pm
 - St. Mary: Wed. 4:30-5:30pm & Sat. 11am -12 noon

WEEKEND MASS SCHEDULE

St. Mary: 4pm on Saturday, 7am and 11am on Sunday St. John: 4pm on Saturday, 9:30am and 6pm on Sunday Also 12pm African Liturgy (2nd, 3rd and 4th Sundays) St. Margaret of Scotland: 4pm on Saturday and 7:30 and 10am on Sunday • DAILY MASS SCHEDULE Monday thru Friday St. Mary at 7am • St. Margaret of Scotland 8am • St. John at 9am



THE HOPE AND HEALING ADULT GRIEF SUPPORT GROUP

We meet on the last Saturday of the month, from 10:30 a.m. - 12:00 p.m. at St. John the Evangelist, Old Parish Hall, 115 Middlesex Road, N. Chelmsford, MA 01879.

STITCHERS AT THE **TYNGSBORO SENIOR CENTER**

Stitchers have made a decision to only use new yarn for all their projects. There was a sale of knitwear at the Fall Festival, as well as before and after the Christmas Party at the Center on December 15. The sales were successful and our cabinet is stocked with all new yarn. A big thank you goes out to all those who have stitched knitwear and afghans, helped to get the Arts and Crafts room ready for the sale, and the sales people.

Our knitwear will also be given to The Lowell General Hospital Cancer Center, Tyngsboro Elementary School, and Able to Serve.

Our Group meets on Mondays from 10 AM to 11:30AM in the dining room of the Tyngsboro Senior Center. Come and learn the art of stitching or just bring your project in and enjoy the chat. For further questions, please call Coordinator, Jean Jacoppi (978-649-9076)

THE FRIENDS OF THE TYNGSBORO ELDERLY, INC. We wish you a happy and healthy New Year! We are already

planning our two events for 2024. One of the events is in June and the other in the Fall with all the fun raffles, prizes, and music by our own DJ, Jim Foley. Of course, there will be lunch and entertainment.

Become a member and join in on the fun times. Membership forms are available at the Greeter Desk at the center and from Joe Jacoppi, President. (978-649-9076) You need not be a member to join in on the fun.

BONE BUILDERS CLASS

... is held at the Tyngsboro Senior Center. Slow and gentle exercises using weights, have been specifically designed for those who have Osteopenia or Osteoporosis. The class is currently on Wait List but you are welcome to view a class to see if it is a good fit for you. A committment of two times a week for six months is requested. All equipment is provided. Any questions? Don't hesitate to call Jean Jacoppi, Leader (978-649-9076)

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TYNGSBORO CHURCH OF CHRIST

27 Old Tyng Rd. Tyngsboro, MA 01879 (about 1 mile south of Tyngsboro bridge on Rt. 3A) Web Site: www.tyngsborochurchofchrist.org Email: thechristians@juno.com Home bible studies in Nashua, Tyngsboro, Dracut, and Lowell.



Because Altrusa's motto is Patriotism. Efficiency and Service. Altrusa members feel strongly about supporting our veterans and thanking them for all that they did for our country. Altrusa members, Laura Sievert and Kathy Muldoon, were very busy this fall spearheading a veterans project for the veterans serviced by Princeton House in Lowell for Veteran's Day. Thirty (30) veterans from various wars live in the residential facility, associated with the Bedford VA. Gift cards and donations were solicited from local business for the (29) men and (1) woman. The following businesses supported the veterans: Hannaford Market, Panera Bread, Princeton Station, Dream Diner, Five Below, T.J. Maxx, Comet's Diner, Cracker Barrel, Home Depot, DSW, CVS, Market Basket, Trader Joe's, and Dunkin Donuts. Altrusa is grateful for their support.

In addition, Altrusa members assembled comfort bags for these veterans for Christmas. It is difficult to believe that those who gave so much to ensure our freedoms, are in need of basic toiletries.

The Altrusa Club of Merrimack Valley conducted a very successful Food Drive at Market Basket, Somerset Plaza in Nashua on Saturday, November 11, 2023 to benefit the Nashua Soup Kitchen and Shelter (NSKS). The patrons of the store were overwhelmingly generous and more than 3,000 pounds of food, as well as assorted paper products filled the NSKS truck. In addition, cash donations in the amount of \$264.00 and a \$50 gift card were forwarded to NSKS. Altrusa appreciates the support of Market Basket, by allowing us to solicit their customers for donations.

Altrusa meets the 2nd and 4th Tuesday of the month at the Tyngsborough Senior Center, 169 Westford Road, at 6:00 p.m. Please email <u>altrusamv@gmail.com</u> if you are interested in joining other volunteers in making a difference in the lives of others in our communities.

LOADING DOCK GALLERY

122 WESTERN AVENUE, LOWELL, MA SHOW: Evolving Perspectives: 7th Annual Greater Lowell Regional Art Show SHOW DATES: January 3-28, 2024 RECEPTION: 3-5pm, Saturday, January 6, 2024

The Greater Lowell Regional Art show returns to Loading Dock Gallery with "Evolving Perspectives," featuring young artists from greater Lowell area high schools, including Innovation Academy Charter School, Notre Dame Academy, and the Lunenburg, Groton-Dunstable Lowell, Tyngsboro, Billerica, Pelham, and Chelmsford High Schools.

Evolving Perspectives comments on our world and our worldto-be. Responding to such prompts as "Future," "Change," "Differences," "Unknown," and "Self," these young artists explore the questions they and their rising generation face: "What do I see in the world right now?" and "What do I do?"

Evolving Perspectives gives a generational voice to the everchanging relationship between the artists and their world. Share their vision.

Evolving Perspectives runs January 3-28 at Loading Dock Gallery, 122 Western Avenue, Lowell, MA, noon-5:30pm, Wednesday-Saturday, until 4pm Sunday. Reception 3-5pm, Saturday January 6. More at www.theloadingdockgallery.com.

Loading Dock Gallery is part of Loading Dock Arts, Inc., a 501c3. This program is supported in part by a grant from the Lowell Cultural Council, a local agency which is supported by the Mass Cultural Council, a state agency.



Evangelical Congregational Church of Tyngsboro





Route 113, 23 Kendall Rd. Tyngsboro, MA 01879 Mail Address: P.O. Box 70, Tyngsboro, MA 01879 For questions or more information call our office **978-649-2262** www.tyngsborocongregational.org

Interim Pastor Bernie Michaud

Our Weekly Sunday Worship Services are at 10:00 AM If you prefer to stay home, Services are available on line. • TO WATCH LIVE SERVICES Log on to facebook and go to Ecct Church. Log in at any time to watch the recorded services.

• NEW PARKING LOT - Please enter and exit across from the Tyngsboro Fire Station. A walkway has been paved for easy access to our church.

• **SUNDAY SCHOOL** is available for Pre-School through High School from September until the beginning of June. Nursery care is available for toddlers. All toddlers and students are dismissed from church at 10:15am to go to their assigned area/class. We are blessed to have great teachers and many children of all ages to teach. If interested in more information call our office and leave a message or come join us some Sunday morning for church and see what our Sunday School has to offer.

• LADIES BIBLE STUDY- Tuesday mornings 9:30-11:30 am. New Session - January 9th. The study is being led by our interim pastor's wife Diane. If you would like more information or would like to sign up for the study please call our office and leave a message. Someone will return your call.

• MEN'S BIBLÉ STUDY: Tuesday evenings at 6:30 pm. New Session - January 9th, is being led by Jim Politi. If interested please call our church office and leave a message.

• PRAYER/PRAISE TIME - WEDNESDAY EVENINGS - Please join us at 5:15 pm to 6:15 pm to pray together, to sing together, to care about each other, to support one another and to Praise God!!!

• Our entry for the Tyngsboro Festival of Trees received a People's Choice Award. Our exhibit titled The Reason was a large wooden hand made cross decorated with greenery, lights and red ornaments. Thank you to Patti Reeki (designer) and Roger Larose who built the cross. This was truely a labor of love.

• Thank you to all who stopped by our Christma Fair and Thrift Shop on Dec 2nd. It was a great day !

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PARISH CENTER FOR THE ARTS

10 Lincoln Street, Westford, MA 01886 pcawestford.org • Music Together - weekly Mondays, 4:45-5:30pm Thursdays,

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- GuruKool Bollywood Fitness weekly Wednesdays, 7:45pm
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 2/10/23: <u>Isabel Stover Quintet</u>, 7:30pm
- 2/10/23: Isabel Stover Quintet, 7:30pm For tickets call 978-692-6333 or visit pcawestford.org

• Sunday Jazz Jams Bring your instrument and sit in on a few tunes with other jazz musicians, 3:30-5:30pm. A safe space to practice, play and listen to jazz tunes, or just hang out with friends. Each month, a few tunes will be posted to work on before the jam. Email joe_virga@yahoo.com to get on the Jazz Jam email list. \$5 suggested cover for all drop-in programs. Future Dates: 1/7/24, 2/4, 3/3, 4/7, 5/5, 6/2... Producer: Marcia J. Macres

• 3rd Friday Bluegrass Jam A community event open to the public, 7-10pm. Bring your banjo, fiddle, voice, or just come to watch! All are welcome and all have a great time. Future Dates: 1/19, 2/16, 3/15, 4/19, 5/17, 6/21... Producer: Mark Abare

To learn more about the PCA & its wide array of artistic endeavors, visit pcawestford.org

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You can also support your community by teaching safety programs to children, installing free smoke alarms in high-risk neighborhoods, dispatching Disaster Relief Volunteers to emergencies, and more! We have something for everyone! No experience is necessary – we'll provide all the training you need.

To learn more, contact Michele Cruz

Email: michele.cruz@redcross.org Phone: (617)913-6381

Scan to learn more!

Can't volunteer right now? The American Red Cross has an ongoing critical need for blood and platelet donations amidst coronavirus uncertainties. You can make an appointment to give blood or platelets at RedCrossBlood.org.



