

Neighbor to Neighbor

Published by Anne M. Paquin Since 198364 Hardy St., Dunstable, MA 01827

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Celebrating 40 Years of Service!

Issue #418 • September 2023

POSTAL PATRON
TYNGSBOROUGH, MA 01879

CARRIER ROUTE STANDARD U.S. POSTAGE PAID TYNGSBOROUGH, MA 01879 PERMIT NO. 40

TYNGSBOROUGH TOWN CLERK NEWS

• 2023 Dog Licenses are available at the Town Clerk's office or by mail. *The license is now late and payment must include a \$25.00 late fee.* Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. If renewing by mail, please enclose a stamped, self addressed envelope for the license, as well as your dog's proof of rabies vaccine. Stay safe!

Please contact the office at 978-649-2300 extension 129 or email to jshifres@tyngsboroughma.gov with any questions.

HEALTH AND SAFETY FAIR

Sponsors for this event are The Tyngsborough Board of Health, Tyngsborough Fire Department and the Tyngsborough Police Department.

This will be held on Saturday, September 30th from 11AM to 2 PM at the Tyngsborough Elementary School, 205 Westford Rd, Tyngsborough.

Are you looking for something fun, educational, and healthy to do with your family? Look no further than our upcoming Health and Safety Fair!

Our fair is packed with activities for the whole family, including games, giveaways, and even health check-ups. You'll have the chance to learn about important safety topics like fire prevention, first aid, and emergency preparedness. Plus, our experts will be on hand to answer any questions you have about staying healthy and safe.

But that's not all - we've also got plenty of fun and games to keep everyone entertained. From princesses and superheroes to face painting and balloon animals, there's something for everyone at our fair. And of course, we'll have plenty of healthy snacks and drinks to keep you fueled up for all the excitement.

So don't miss out on this fantastic opportunity to learn, play, and stay safe with your family. Mark your calendars and join us at the Health and Safety Fair – we can't wait to see you there!

TYNGSBOROUGH BOARD OF HEALTH

- Save the date HOUSEHOLD HAZARDOUS WASTE COLLECTION for this year is October 28, 2023. Flyer will be posted on the back page of the October 2023 issue of *Neighbor to Neighbor*.
- Expanded Recycling Center at the Highway Department -Now, in addition to large flattened cardboard, you can bring scrap metal, textiles, and mercury-containing items to the Recycling Center at the Highway Department (89 Kendall Road) for recycling or safe disposal, year round.

Scrap metal: NO full-size appliances. For a list of accepted metals, please visit: www.scrapit.us/metals-we-take

Textiles: In any condition - Clothing and fashion accessories, underclothes, coats, footwear, purses, wallets, backpacks, towels, all linens, curtains, throw rugs, stuffed animals.

Mercury-containing items - Fluorescent and CFL bulbs, thermometers, rechargeable batteries, elemental mercury.

IN MEMORY OF

Marietta E. (Jean) Paquin Allanah Devin Keefe Strven James Calandrella Barbara A. (Jervah) Rowlett Georgianna C. (Wilkish) Boudreau Jean Jacques Cote Thomas "Tom" Lantry Pauline L. Gagniere



DECORATIVE ART SHOW TO BE HELD AT THE TYNGSBOROUGH PUBLIC LIBRARY

The Historical Society of Early American Decoration (HSEAD) in collaboration with the Tyngsborough Public Library will be mounting an Exhibit of early American decorative art at the Public Library from **September 6 through October 25**. Items to be displayed will include trays, wooden and tin boxes, clock dials, and reverse painting on glass. The exhibit represents techniques of decoration that were popular in the 18th and 19th centuries, such as gold leaf decoration, bronze powder stenciling, free hand bronze and country painting.

If you don't know anything about some or any of these techniques, the show will feature short *drop-in demonstrations of selected techniques at 2 pm at the Library on September 19, September 26, and October 24*. So, plan to see the show and learn more about how some of these striking pieces were created.

For those of you who would like more of a hands-on approach to learning, Linda Sheldon, a Guild member of HSEAD, will be teaching a class on theorem painting, which is the art of painting through a stencil. The class will take place in the Community Room at Town Hall, on September 13, starting at 5:30. Not an artist, you say? Well, you can do this! It's an acquired skill and one of the many techniques that will be on display at the Library this fall. The class is free to the community and all supplies will be provided, but space is limited, so sign up early. To register for the class, go to https://www.tynglib.org/event-calendar/

THE FRIENDS OF THE TYNGSBORO ELDERLY, INC.

... will sponsor *The Fall Festival and Knitwear Sale*, at St. Mary Magdalen Community Center, on **Thursday, September 28**. Along with the sale, there will be Raffle Baskets, 50/50, Door Prizes, Dinner, and Winner Drawn for the Grocery Give Away (\$200 1st place, \$100 2nd place).

Doors open at 11:30 AM. Dinner is at 12:30 PM, Raffles Drawn at 1:00 PM, and Entertainment - Bring on Broadway - at 1:30 PM.

Tickets for The Fall Festival are complimentary. Tickets for the Grocery Give Away are 3 for \$1. Get your tickets at the Tyngsboro Senior Center, Monday through Friday, September 11 - 15. Or your can reserve your ticket that week by calling President, Joe Jacoppi 978-649-9076. Call or visit Patty Foster for all of your business and personal banking needs.

Patty Foster

Branch Relationship Manager, AVP

26 locations including: TYNGSBORO 253 Middlesex Road 978-656-5759 | 877-671-2265

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EnterpriseBanking.com

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STITICHERS AT THE TYNGSBORO SENIOR CENTER

Stitchers meet at the Tyngsboro Senior Center every Monday from 10 to 11:30 AM. Presently, we are creating knitwear for the sale during *The Fall Festival at St. Mary Magdalen, 95 Lakeview Ave. Tyngsboro, on Thursday, September 28th sponsored by The Friends of the Tyngsboro Elderly, Inc.*

Many stitchers have contributed items last month for the sale. They were Ritva Ojanen, Lily Boudreau, Jackie Dawson, Lucy Foley, Shirley Burchfield, and Carol Sides. Yolanda Carmona is creating a lap robe that will be used in our raffle basket. It truly will be, one of a kind, work of art.

You are welcome anytime. We have the supplies and there is always someone there to get you started if you are a beginner. Any questions? Don't hesitate to call Coordinator, Jean Jacoppi, 978-649-9076.

FREE CURBSIDE TEXTILE PICK UP

The Town of Tyngsborough partnered with **HELPSY** to offer free curbside pick-up of clothing and household textiles to residents. Pickups will happen weekly. Schedule curbside pickup at helpsy.co/tyngsboroughma or 800-244-6350. Questions? https://www.helpsy.co/home-pickup-faq Only clothing and other textiles, should be bagged and left on the curb by 7:00 AM on the day of the scheduled pick up. HELPSY accepts clean, dry, and bagged clothing and fashion accessories (stained, worn, and torn is fine). This includes dresses, shirts, pants, suits, coats, gloves, hats, belts, ties, scarves, wallets, purses, backpacks, totes, shoes, towels, bedding, costumes, curtains, placemats, tablecloths, and throw rugs. For more information about other recycling programs available to Tyngsborough residents, please contact the Board of Health by phone at 978-649-2300 x118 or visit them on the web at https://www.tyngsboroughma.gov/departments/inspectionalservices/health/trash-and-recycling/



TYNGSBOROUGH RECREATION AND PARKS Call 978-649-2300 Ext. 150

The Recreation Committee meets at the Old Town Hall 10 Kendall Road. Meeting dates and additional information on our programs may be found on our website at **TyngsboroughRec.com** Friend us on Facebook. Seeking new members. Join us!

Volunteer for

FESTIVAL OF TREES PLANNING COMMITTEE

We are looking for new members to join our sub-committee to plan the Festival of Trees Event specifically (December 2023). You do not need to be on the Recreation Committee. Contact the Rec. Office apage@tyngsboroughma.gov, send a message on FB or call Theresa 978-828-6589, if you have questions.

TYNGSBOROUGH TOWN HALL HOURS

Monday & Tuesday: 8:30AM to 4:30PM Wednesday: 8:30AM to 7:00PM Thursday: 8:30AM to 4:00PM Friday: Closed www.tyngsboroughma.gov

Neighbor to Neighbor

Published by Anne Paquin Since 1983
64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914
E-mail: anne@neighbortoneighbornewsletter.com
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Total circulation is now 6,616 which includes Dunstable and Tyngsborough, MA.

SIGN UP FOR

Tyngsborough News Updates & Emergency Alerts

Subscribe to Town news updates by providing your email address. Updates may include: Town News, Town Calendar Events, All Meeting Minutes, and more! You can unsubscribe at any time and your email address will not be shared with anyone. No longer using a landline? Add your cellphone number to continue to receive emergency communication from the Town. Once you've signed up for Smart911, first responders will be aware of important information you have provided that will locate and help you in an emergency. Sign up www.tyngsboroughma.gov

TYNGSBOROUGH SCHOLARSHIP TRUST

P.O. Box 547, Tyngsborough, MA 01879 1963 * Celebrating 60 Years * 2023



MARK YOUR CALENDAR TRIVIA NIGHT RESCHEDULED

The Tyngsborough Scholarship Trust has rescheduled the popular Trivia Night to Saturday, September 23, 2023 (canceled last March because of the weather) to be held at the Tyngsborough Sportsmen's Club. Registration begins at 7:00 pm and the Trivia contest begins at 7:30. Teams of up to four, compete to correctly answer the sometimes obscure, often hilarious, and frequently curious trivia questions. Tickets are \$25/per person. Student teams are encouraged and welcomed at \$10 per player. Unique and creative team names are encouraged. There will be Prizes for the top 3 teams! Reserve your space today by scanning the QR code!

The TST has a long history of awarding scholarships to Tyngsborough students! Please help us to continue this legacy! The work is rewarding and our annual fundraising events are some of the most well attended and anticipated events in Tyngsborough.

If you have been thinking about getting involved and volunteering, please consider this fun and low-time **commitment organization.** We welcome ALL new members. *Please join us the second Thursday of each month* at Tyngsboro High School teacher's room at 6:30 pm.

Our next TST meeting is scheduled for September 14th. Please check out our website for further information at http://www.tyngsboroughscholarshiptrust.org/ Help continue our mission to help our Tyngsborough students!

Calling all vendors!

The Tyngsborough Scholarship Trust is once again hosting our annual Holiday Marketplace. This fundraiser benefits scholarships for the Class of 2024. Please message us if you are interested in reserving a table. Tables are available both indoors and outdoors (weather permitting).

This year collaborating with the Sustainability Committee, who will be hosting their Zero Waste Day at the Tyngsborough Elementary School on November 4th - two great events happening at the same time!

WHAT TO DO WITH YOUR OLD MATTRESS

If you're not sure what to do with your old mattress, there are a few options to consider. You can donate mattresses in *good condition*. • Household Goods, 530 Main St. (Rt 27)Acton, MA 978-635-1710 ext. 5 www.householdgoods.org

Donation Drop-Off Hours: Tues, Thurs, and Sat. 9AM - 12PM

- The Wish Project, 166 Middlesex St., North Chelmsford, MA 866-947-4360 You can visit their website to fill out the donation form. www.thewishproject.org Donation Hours: Tues. and Sat 9AM - 2:45PM
- Curbside pick-up now available for a fee with UTEC call 978-856-3997 or visit www.utecinc.org/mattress-recycling/

We recommend a quick google search to find other donation sites. You can give mattresses away via a local gifting group like Buy Nothing or Freecycle. If you are buying new, check with the retailer to see if they will recycle your old one.





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TYNGSBOROUGH CONSERVATION COMMISSION

What are wetlands? "Wetland resource areas" include the commonly known cattail mash, swampy areas, open water pond or lake, also rivers or perennial streams that generally flow throughout the year, 200-foot riverfront areas which border rivers and perennial streams on both sides, intermittent streams that dry up during part of the year, low-lying flood plains and vernal (springtime) pools. These areas (except riverfront areas) are surrounded by "buffer zones" - 100 foot wide protective zones around wetlands that protect wetlands from human impacts and provide valuable wildlife habitat. Riverfront areas are surrounded by their own buffer zones - 200 foot wide protective zones that follow along either a river or perennial stream horizontally.

Why are Wetlands Important? Wetland resource areas provide critical habitat to wildlife and help maintain the aesthetic beauty of our town. They also provide priceless yet "free" services including: Drinking water purification, Groundwater recharge, Flood control, Pollution prevention

All Tyngsborough residents benefit from these services because of our reliance on natural settings for property values, wells for drinking water, and septic systems for waste disposal. The Conservation Commission is responsible for protecting these areas, by enforcing state and local wetlands protection laws and regulations.

Wetland "Do's and Don'ts" Many activities near wetland resource areas are allowed and do not require Conservation Commission approval, including: Mowing, pruning and maintaining existing lawn and landscape, Planting native vegetation, Removing invasive species by hand, Hiking, horseback riding, and other passive recreation, Water withdraw for personal use.

Other activities prohibited in wetland resource areas or buffer zones are subject to fines (some are allowed, but only with a permit): Dumping of yard waste such as leaves, grass, etc or other waste products, Dumping dirt or other fill, Building dams or removing beaver dams, Any type of construction.

Wetlands function best in a natural state. Do not clear them or "clean them up." Wildlife often thrives in areas with brush piles, rotting logs, and other things some people might consider "untidy." Please contact the Tyngsborough Conservation Commission if you have any questions.

TYNGSBORO FOUNDATION FOR THE AGING

The Tyngsborough Foundation for the Aging is a 501(c) (3) nonprofit organization, organized to support local senior citizens and the Tyngsborough Senior Center in coordination with the Tyngsborough Council on Aging. Its sole purpose is to lend volunteer and financial assistance to the Council on Aging in providing fellowship and a diversity of activities and programs and to enrich the lives of area seniors. P.O Box 534, Tyngsborough, MA 01879 Email Address tftta@yahoo.com The Annual membership fee is \$5.00.

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Mass Times: Saturday 4:00pm, Sunday: 7:30, 9:30, 11:00am Vietnamese. Monday and Thursday at 9:00am Reconciliation: 9:30am-10:00am 1st Thursday of the month or by appointment Adoration: 9:30am-10:00am 1st Thursday of the month.

FALL CRAFT & BAKE SALE

Saturday, September 30th, 2023 from 9am to 3pm. This will be held at St Mary Magdalen Parish Hall located at 95 Lakeview Avenue, Tyngsborough, MA. Sponsored by the Parish Activities Committee.





TRTC CORNER

Please get involved and make your voices heard!!

Tyngsborough Middle School Project \$6.8+ million tax

increase coming! Get involved and raise your voice to the Select
Board and the TMS project committee! They're going to come after
us in the Fall with 2 Articles for what is now \$6.8 Million and maybe
much more by then!!! This is real money coming out of taxpayers'
pockets!!!

The Tyngsborough Middle School project (TMS) construction is still in the early stages, however the construction budget is already short \$6.8M! Now they're looking for the Town to extend debt to pay for it AND looking to slide those changes through a Special Town Meeting this fall, rather than a ballot vote!! They're calling these costs and "Unprecedented Construction Escalation", however, some of us called out this expected inflation last year during the Annual Town Meeting. Yet we were lied to and told that the contingencies within the budget were more than enough to cover any inflation and covid related increases. Those contingencies are exhausted and now include \$6.8M beyond that in cost overruns. This is just the beginning as it's only the TMS construction budget. We have yet to see the entire budget impact. These costs will continue to rise, and they'll continue to come for additional debt extensions.

Elections have consequences and we've felt the impact from the 2020 Presidential election and the subsequent Town choice to ignore fiscal concerns and spend \$82.5+ Million dollars for a new Middle School despite our warnings. Now we're stuck with hard choices. Rather than present this issue to the town during the Spring Town Meeting, when the overrun was around \$4M, they are waiting until about 90% of contracts are awarded to before addressing this with the town and asking for the tax increase.

The Town desperately needs upgrades to the Fire and Police Departments. We also have visions for how to create an identifiable and welcoming Town Center. We currently have money for neither. TMS has handcuffed us and will continue to do so.

Make your Voices heard at the next Town Meeting!

- 1.) Push back to redesign the school to cut costs and redirect priorities to Public Safety!
- 2.) Force the Town Administration and School Department to find money within their ever increasing operating budgets to fund the TMS project, before coming to the taxpayers for more.

Here are some ideas for **reducing the Tyngsborough Middle School Project** that shouldn't interfere with the educational requirements.

Additional Space (Beyond MSBA requirements):

There are **12,300 SF** beyond what the MSBA requires within this TMS design. That is an estimated **\$13.439M*** of reductions. Yet the project team has not submitted project change control forms to the MSBA to approve cost saving reductions in scope.

(*using \$1.0926 M/SF as estimated by the original cost \$82.530M /75,535 SF in the design)

Spaces to review for cuts: Anything beyond the basic needs of educating children should be fair game.

- 1.) The TMS design already includes an auditorium. It doesn't NEED to build out additional "Flexible Performance Space".
- 2.) Classroom sizes can be reduced.
- 3.) The entrance and courtyard can be cut back.
- 4.) New offices for Administration can be cut and utilize existing spaces.

Wake up! Raise your voices! Follow the TMS Project at https://tyngsboroughmiddleschoolproject.com/agendas--minutes--reports Reach out to TyngsboroughRTC@gmail.com for more Information!

Call Now to get on our Fall Cleanup Schedule!

Ask us about our "Refer a Neighbor Discounts".

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Worship 9:30AM In Person or via Zoom Connect with us on Zoom at 9:30AM Sunday mornings for Worship at
www.facebook.com/westchelmsfordumc

•To contact us for more information email to office@wcumc.us.

West Chelmsford United Methodist Church is a family oriented church with something for everyone from tiny tots to seniors.



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BONE BUILDERS CLASS

This takes place every Monday and Wednesday morning from 9 AM to 10 AM at the Tyngsborough Senior Center on Westford Rd. in Tyngsborough.

Exercises are designed for those afflicted with Osteopenia or Osteoporosis. We are currently on Wait List. For further information, please contact Jean Jacoppi, 978-649-9076.

THE NO SURPRISES ACT

by Edward H. Adamsky

The No Surprises Act is a federal law that went into effect on January 1, 2022. It applies to most types of health insurance and protects you from unexpected out-of-network medical bills in emergency situations. If you don't have insurance, a provider must give you a good faith estimate of what your care will cost. You may be able to dispute your bill if it is \$400 more than the estimate.

When you go to the emergency room, in most cases you are protected from unexpected out-of-network charges ("surprise bills") for emergency medical services. If your health insurance covers emergency care, you can't be charged any more for emergency medical services than the in-network "cost-sharing" rate by the hospital and providers giving care at the hospital, plus some other services such as air ambulances (for some reason ground ambulances are not covered under the law).

You may be seen by an out-of-network provider while getting care at an in-network facility. For example, your local hospital may be in-network, but an attending physician might be out-of-network. You're protected from out-of-network charges when you get care related to a visit to an in-network hospital, hospital outpatient department or an ambulatory surgical center. These protections don't apply in other settings (like a doctor's office that isn't a hospital outpatient department), or if you go to an out-of-network facility.

These protections apply to you if you have health insurance through an employer (including a Federal Employees Health Benefits plan), the federal Health Insurance Marketplace, a Statebased Marketplace, or other individual market coverage.

You may lose billing protections if you sign a notice and consent form so carefully read and be sure you understand any such form presented to you by a medical provider and don't sign it if you don't understand it. Before you sign, call the No Surprises Help Desk: 1-800-985-3059 with your questions.

This article is a quick summary of the new law. The Centers for Medicare and Medicaid Services (CMS) has a resource page with many more details as well as examples of what a Notice and Consent form might look like. You can find out how to protect yourself and how to file a complaint if you think a facility did not follow the rules. Go to www.cms.gov/medical-bill-rights to find out more.

CHARITY NAVIGATOR

We are often contacted to make a donation to different organizations. Want to make sure they are legitimate and the donated monies are well used? You can now look up these charities at www.charitynavigator.org

POLICE & FIRE EMERGENCY 911 Fire Dept. 978 649-7671 Police Dept. 978 649-7504 TOWN OF TYNGSBOROUGH TOWN HALL, 25 BRYANTS LANE

Mon. & Tues., 8:30AM to 4:30PM • Wed.: 8:30AM to 7:00PM

Thurs.: 8:30AM to 4:00PM • Closed Friday Until Further Notice

Meeting schedules are posted at the front entrace of the Town Hall

Meeting schedules are posted at the front entrace of the Town Hall Town Hall Directory Main Number 978-649-2300

Town Accountant	Ext. 124	Media Dept.	Ext. 140
Assessor's Office	Ext. 121	Planning Board	Ext. 115
Board of Appeals	Ext. 112	Town Treasurer	Ext. 126
Board of Health	Ext. 118	Veteran's Agent	Ext. 131
Building Office	Ext. 112	Sewer Dept.	Ext. 134
Town Clerk	Ext. 129	Board of Selectmen	Ext. 100
Town Collector	Ext. 128	Town Administrator	Ext. 100
Conservation Office	Ext. 116	Recreation & Parks	Ext. 150
Capital Asset Mgmt Com	Ext. 124	Highway Dept. 978-649-2310	

TYNGSBOROUGH COUNCIL ON AGING



169 Westford Rd, Tyngsborough, MA 978-649-9211

Mailing Address: 25 Bryants Lane, Tyngsborough, MA 01879 Email: Broche@tyngsboroughma.gov

Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3.

October 9th Closed for Indigenous Peoples Day (formerly Columbus Day)

- COA Board Meeting Tuesday, September 19th, 3:30pm
- **Donations Needed:** Coffee (ground and k-cups), 12oz Cups, Paper Plates-Small and Large, Plastic Spoons, Forks, Knives, Sugar Packets and small coffee creamers
- **VOLUNTEERS NEEDED:** to help call BINGO: Requirements: Available on Tuesdays from 12:00 until 2:30. Must be able to use a computer. Contact Barbara at the center.
- WELLNESS CLINIC Held at Tyngsborough Council on Aging, 169 Westford Rd, usually on the **2nd Wednesday of each month.** 978-649-9211 **Charlene Muscato RN** will be doing blood pressure readings, weight checks and medication reviews. **Sign up sheet at the front desk.** First come, first served.
- BONE STRENGTH FREE, Weds. 10:00 / Fri. 9:00 Doctor's note NOT required. Class has opening, No cost.
- YOGA AND HOLISTIC HEALTH Every other Weds. 9:00, see calendar for the dates. Lynda Gamble...Yoga. Laurie Schmaltz... Holistic Health.
 - NEW GAME "CANASTA" on Thursdays at 1pm.
- BOOK CLUB (Monthly) Wednesday, September 20th, 10:00 Come join us on the 3rd Wednesday of each month. Discover and read the best new books each month.
- SENIOR/VETERAN BREAKFAST Thursday, September 21st, 8:30-9:00 Start your day off with a FREE healthy breakfast sponsored by Rotary; Speaker TBD.
- OLIVE OIL TASTING Friday, September 22nd, at 11:00 What is Olive Oil? It's important to start with the basics. Olive oil is simply the juice of olives—it just happens to be magically fatty and delicious! All olive oil is made by collecting olives and extracting the juice, although these two processes can be done in several different ways.
- STAINED GLASS ART Wednesday, September 27th, 11:00 Stained glass sun catcher will serve as a funny decoration for your window. It's not hard at all, it's lots of fun.
- FREE COMPUTER AND CELL PHONE HELP at the Senior Center. Held every 2nd Wednesday of the month. 9:30-12:00. Dean Lotito, will be available to answer questions, and help fix issues with your cell phones and computers. Take advantage of this free service.
- FRIENDS OF THE TYNGSBORO ELDERLY, INC. FALL FESTIVAL AND KNITWEAR SALE, Thursday, September 28th at St. Mary Magdalen Community Center. Doors open at 11:30; dinner is served at 12:30; door prizes and raffles at 1:00 and entertainment at 1:30. Tickets are complimentary and available at the center Mon-Fri, Sep 11-15 from 10am until noon; or call Joe Jacoppi at 978-649-9076 to reserve your ticket.
- UPCOMING IN OCTOBER These dates and times are subject to change.
- FLU SHOTS: October 20th 11:00 –1:00 will be giving out FLU SHOTS to anyone 60 and over at the Tyngsborough Council on Aging, 169 Westford Rd. <u>First Come First Served</u>. If you need a **PNEUMONIA SHOT**, please call Town Hall, 978-649-2300.
- AUTUMN TEA GATHERING Thursday, October 12th, 1:00PM There will be plenty of different delicious teas to sample. Bring some of your favorite Sweet or Savory, to share. And if you have your own teacup, please bring it, otherwise we have extras.
- SENIOR/VETERAN BREAKFAST Thursday, October 19th 8:30 Come start your day with a healthy FREE breakfast sponsored by the Tyngsborough / Dunstable Lion's Club; followed by Under Hood Inspections by the students from the Greater Lowell Vocational School, "fluid checks" FREE. It's always good to prepare for the winter months.

- CAKE DECORATING We would love to have a cake decorating class. If you and a friend would like to try this out, call or come in to the center and sign up. **Tentative date**: Friday, October 20th at 12:00
- HALLOWEEN BASH Friday, October 27th, 11:30-1:00
 Come Celebrate Halloween with us if you dare!
 "Halloween Pot Luck" Entertainment Kathy Rodger, Halloween Seasonal Songs.



SUSTAINABLE TYNGSBOROUGH

Repair Café - Saturday, September 23, 11AM-2PM at The Beehive Coworking Community 2 Bridgeview Circle

Have Something That Needs to be Fixed?

Bring it to the Repair Café.

The Sustainability Committee, Tyngsborough/Dunstable Rotary Club, Tyngsborough Public Library and community volunteers are working together to offer this local Repair Café. Bring your broken items in and, with the help of volunteer repairers, fix them. Volunteers with a variety of areas of expertise will be available to help, free of charge. Tools and materials will also be on hand. Toasters, lamps, hair dryers, clothes, bikes, toys, jewelry, crockery... anything that is broken is welcome, and can more than likely be repaired. Many of the tools we use will then be available to borrow from the Tyngsborough Public Library's "Library of Things" so that residents can perform the same types of fixes at home without having to purchase these tools.

By promoting repairs, we hope to foster a community spirit as well as a "repair mindset" to reduce waste.

Do you have a specific skill or passion for fixing things that you are willing to share with your community? If so, please contact us at sustainabletyngsboro@gmail.com.

MARK YOUR CALENDAR
Zero Waste Day (always the first Saturday
of November and of May)
Saturday, November 4, 9AM-12PM at the
Tyngsborough Elementary School.

WASTE REDUCTION: Congratulations Tyngsborough! You beat our goal for trash and recycling reduction, saving the Town over \$50,000 in disposal fees! Our total trash and recycling tonnage for FY22 (July 1, 2021 thru June 30, 2022) was 4,938 tons. As we offered expanded recycling and reuse alternatives, the Sustainability Committee set a goal of reducing this tonnage by at least 3%. Results: Trash and recycling tonnage for FY23 (July 1, 2022 thru June 30, 2023) totaled 4,331 tons, which is 607 tons (that's 1.2 million pounds!), or 12% less than FY22. We will continue our efforts to make responsible repurposing and recycling more visible and accessible for residents.

Sustainable Tyngsborough is a subcommittee of the Board of Selectmen. We meet the third Tuesday of every month, beginning at 6:30pm. You are always welcome to join us and share your sustainability ideas and concerns. Like us on Facebook @Sustainable Tyngsboro.

Read New Dunstable and Tyngsborough Neighbor to Neighbor issues online. More news and articles posted on online at www.neighbortoneighbornewsletter.com



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FRIENDS OF THE TYNGSBOROUGH PUBLIC LIBRARY



** The Fall Used Book and Bake Sale will be held on Saturday, October 21, at the Library, 25 Bryant Lane, in the Community Room, 8:30am to 2:30pm. Come to buy books, DVDs, CDs, jewelry, puzzles, and freshly baked goodies to support the Library. Mark your calendars, and come early to pick out the books and jewelry you like! There will be a \$5 bag sale at the end of the day.

** Please consider helping with our book sale. You can <u>donate used books</u>, jigsaw puzzles, CDs, DVDs, and jewelry at the Library. We are accepting book donations starting September 25. Books must be clean and in good condition, no magazines. Also, <u>volunteers will be needed</u> prior to the sale for: Sorting – in the Library beginning Monday, September 25, during library open hours. Setup – on Friday, October 20, prior to the sale, 2 - 5pm Sale and clean up – on Saturday, October 21, 8:30am until 4pm Bake – Donate baked goods on Friday, October 20, from 2 – 4pm, or on Saturday morning. Be sure to let us know if you will be baking. If you have any time to give, please contact the Friends at <u>tynglibfriends@gmail.com</u> or call the Library at 978-649-7361.

** We are **collecting boxes** to collect and store books prior to and after the sale. Boxes need to have a lid or flaps that close and should be the size that holds 10 reams of copy paper. Please drop off boxes from your home, school or office which will be put to good use.

** There is still warm weather to enjoy the outdoors. The new Go Pass for **The Trustees of Reservations** is funded by the Friends and has been very popular as well as the pass to the **Discovery Museum** in Acton. You can reserve these and others from the Library's website or call the library.

** Have you been attending the free movies? *The Library now has a film license to show movies, purchased by the Friends.* Watch for announcements of upcoming movies, and check the calendar.

** If you would like to **join the Friends**, new members are always welcome, and we appreciate your support. Please call or stop by the Library for an application. There is also an application at http://www.tynglib.org/index.php/friends-of-library, and you can pay dues through PayPal. Your dues go to support the Library, not the town. Once you join, plan on attending the meetings. We welcome new members and are seeking officers to serve on the board.

** Friend us on Facebook at https://www.facebook.com/FOTPL/
** The next meetings are on September 11 (Monday after Labor Day), October 2, and November 6. Join us at 6:30-8pm in the Library. Show your support by attending and offering to volunteer.



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Email: anne@neighbortoneighbornewsletter.com
or call 978-419-1914

Remember announcements can be placed online. www.neighbortoneighbornewsletter.com

TYNGSBOROUGH REPUBLICAN TOWN COMMITTEE (TRTC)



The TRTC serve as our community's official representation within the Massachusetts Republican Party. In addition to promoting the principles of the Republican Party, we also assist local, state, and national Republican candidates in their bid for public office. While not everyone agrees on all issues, the TRTC focuses on issues we all share: less government, budgetary restraint, and lower taxes

LOCALLY: We help promote fiscal responsibility; present Town Meeting Warrant Articles: oversee voter registration and elections: and organize signature drives for candidates and important issues. STATE & NATIONALLY: We promote and support candidates that share our values; provide delegates to our State Convention to vote on our nominees for elected office; and coordinate with other Republican Town and City Committees.

Please get involved and make your voices heard!! **ELECTION OFFICIALS NEEDED:** We're looking for Republicans to help preserve integrity in the 2024 election. Please let us know if you're interested in serving as an Election Official, Poll Worker, or even as an Election Observer at one of our town precincts. Reach out to TyngsboroughRTC@gmail.com for more Information.

COME JOIN US!!: E-mail TyngsboroughRTC@gmail.com to get on our mailing list and follow us on Facebook (TyngsboroughRTC) for meeting updates and other important information.

DONATE: If you'd like to make a donation, please send to: TRTC, PO BOX 614, Tyngsborough, MA 01879 or directly via https://secure.winred.com/tyngsborough-rtc/donate





GIVE THE GIFT OF TIME

Want to turn your compassion into action? Volunteer with your local American Red Cross Disaster Relief Team! People are displaced every day due to home fires, storms, and other disasters. Disaster Relief Volunteers respond to these emergencies to provide those affected with food, clothing, shelter, and hope. Join your local Disaster Relief Team and provide much needed support to your neighbors in their greatest time of need.

You can also support your community by teaching safety programs to children, installing free smoke alarms in highrisk neighborhoods, dispatching Disaster Relief Volunteers to emergencies, and more! We have something for everyone! No experience is necessary – we'll provide all the training you need.

To learn more, contact Michele Cruz

Email: michele.cruz@redcross.org Phone: (617)913-6381

Scan to learn more! Can't volunteer right now?

The American Red Cross has an ongoing critical need for blood and platelet donations amidst coronavirus uncertainties. You can make an appointment to give blood or platelets at RedCrossBlood.org.





Tim's Timely Technical Tips

There are definitely maintenance tasks you can neglect around your house without any major consequences, but HVAC service isn't one of them. Just as regular service is critical in extending the life of our cars, consistent HVAC care helps extend the life of heating and AC systems by catching issues before they cause failures.

As they endure a lot of wear & tear over the course of a season, HVAC professionals and manufacturers recommend having systems inspected, cleaned, and serviced at least once a year-the Heating System checked in the Fall, and Air Conditioning in the Spring.

No matter the system type; furnace, boiler, air conditioner, heat pump, or mini split, regular maintenance is the key to ensuring peak performance, efficiency, safety, equipment warranty compliance, and ultimately, your comfort. High-efficiency HVAC systems, in particular, need regular, expert attention.

Until next month, stay comfortable.

Got a question? Drop me a note!

tim@denommeeplumbing.com

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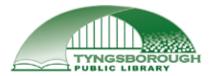
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25 Bryant Lane, Tyngsborough, MA 978-649-7361 www.tynglib.org **Library Hours**: • **Mon. & Wed**. 10:30 a.m. – 8 p.m.

• Tues. & Thurs., 9 a.m. – 5 p.m. • Sat., 9 a.m. – 2 p.m. · Fri. & Sun. Closed

CLOSED Monday, October 9th for Indigenous Peoples' Day

 Writers' Group: Every Monday at 6:30 p.m. Join us for a writing workshop! Expand your knowledge on writing; critique each other's work; and get advice on the craft. New and long-time writers are welcome! This will be an ongoing program. The Writers' Group will be meeting in the Special Collections room of TPL.

 Writers' Group—Children's Literature: Wednesday, September 6th and October 4th at 6:30 p.m. If you're interested in crafting and publishing children's books and stories, join us to participate with a group of likeminded individuals to discuss, critique, and broaden your children's literature knowledge. Contact Karen Johnson (978-649-7132) for more information.

 Adult Coloring Club: Wednesday, September 6th and October 4th at 6:30 p.m. The Coloring Club meets on the first Wednesday of each month, from 6:30 pm to 7:45 pm. Come color and socialize!

Saturday Knitting & Crochet Group: Saturday, September 9th **10:30 a.m.** Open to all knitting and crocheting levels. Get together with friends and make some new ones! Meets on the second Saturday of each month from 10:30 AM – noon in the Community Room at Tyngsborough Public Library.

• TPL Genealogy Club: September 13th at 6:00 p.m. Join us for the first meeting of Tyngsborough Public Library's own Genealogy

Eyes on Owls: Owl Show: September 20th at 6:30 p.m. Get ready for Eyes on Owls, a live, interactive show featuring six owls! Fun for the whole family. Registration required. *This special program will be held at the Old Town Hall building at 10 Kendall Road, Tyngsborough, MA.

 Tech Help: Tuesdays 11:30 am – 1:30 pm and Wednesdays 7:00 pm - 8:00 pm. Get technology help at the library. Book an appointment for an individual lesson or consultation on topics such as: Computer basics; Android tablets and phones; Microsoft Word. Call the library (978-649-7361) or email circdesk@tynglib.org to register for a timeslot. Registration required.

• Book Club: Wednesday, September 27th at 6:30 p.m. For the September meeting, we will be discussing A Thousand Ships by Natalie Haynes. Copies of the book are available at the front desk. Visit tynglib.org/book-club/ for more information.

 Visit Tynglib.org/events to check out all of the upcoming virtual events!

Register for TPL programs by calling or emailing (circdesk@ tynglib.org) the Library or using links provided on the online calendar for virtual programs.

Subscribe to our NEWSLETTER to get updates on all our programs sent to your inbox every month! tynglib.org/newsletter

We are open! Please call before coming.

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SPECIAL PROGRAMS

Tyngsborough Health and Safety Fair, Saturday, September 30 at 11 a.m. at the Tyngsborough Elementary School (205 Westford Rd., Tyngsborough)

Visit our booth to learn more about the library and all we can provide you and your family.

WEEKLY PROGRAMS

Family Storytime, Thursdays at 11 a.m. (ages 0-5)

returning September 13 (ages 0-8)

Join us for stories, songs, and fun! Storytime builds early literacy skills and social skills. All families welcome. No registration required. Family Resource Network Playgroup - Wednesdays at 11 a.m.

Join us for our community playgroup where we will work on Early Literacy skills and much, much more! Ask us about any resources we can help provide for you and your family! The Family Resource Network is funded by the Coordinated Family and Community Engagement Grant (CFCE) from the Massachusetts Department of Early Education and Care. No registration required.

MONTHLY PROGRAMS

Club Pokemon, Monday, September 11 and October 2 at 4 p.m. (grades 3-8) Through the Pokemon TCG, your child will learn strategic skills, participate in friendly competition, and have fun! Whether you have binders full of cards or are just learning to play, please join us. You may also bring video game consoles and mobile devices to share your love of the game. Younger grade levels welcome with adult accompaniment. RSVP online.

LEGO Challenge Club, Saturday, September 16 and October 14 at 11 a.m. (all ages with a grownup)

All ages are welcome to join our LEGO Challenge. See our Instagram @tyngsboroughpubliclibrary for examples of past LEGO Challenge creations. No registration required.

Check out some of the free resources we offer such as Heritage Quest, Family Search, Transparent Language Online, Pebble Go, New York Times, Peterson's Test Prep, and so many more databases at tynglib.org/digital/resources

Board of Library Trustees Meetings are generally held monthly on the third Tuesday. Check the TPL or Town websites for scheduled meetinas.

Friends of the Library – Join in the fun and support your library! Meetings are held 9 Mondays per year at 6:30 p.m. in the Library. See the TPL website for dates. Also, check out the new and easy way that you can join or renew your membership to the Friends of the Library right from the Friends link on our website simply by using the "Join and Pay" or "Donate" buttons.

Like us on Facebook, follow us on Instagram @ tyngsboroughpubliclibrary and Twitter @tyngsboroughlib





Bell Trail - Bryants Lane across from Town Offices. This short trail is easy to access and makes a perfect morning hike. Hunter Trail - River Road, parking lot past RR tracks. This lowimpact trail is small but has a huge variety of New England flora. Long Pond Camp Kiwanis Trail - Parking lot at 17 Alden Street. This trail goes by Long Pond and has a great hill for a cross-country

Shady Glade Trail - Primrose Lane, parking near trail head. This trail has a variety of ecosystems. A great place to explore. Sherburne Trail - 46 Coburn Road. From a field of milkweed, to a swamp with a beaver lodge, to a clear running stream with a bridge... this trail has all. See you on the trail!

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www.tyngsborocongregational.org
Interim Pastor Bernie Michaud

Our Weekly Sunday Worship Services are at 10:00 AM

- If you prefer to stay home, Services are available on line.
 TO WATCH LIVE SERVICES Log on to facebook and go to Ecct Church. Log in at any time to watch the recorded services.
- **NEW PARKING LOT** Please enter and exit across from the Tyngsboro Fire Station. A walkway has been paved for easy access to our church.
- DAYCARE DURING CHURCH SERVICES will continue to be available.

LADIES BIBLE STUDY - Tuesday mornings 9:30 am to 11:30 am. A new Ladies Bible Study will begin on Tuesday morning, September 19th led by our Pastor's wife, Diane. The study will be another Lifeguide Study of Romans: "Becoming New in Christ". If you would like more information or would like to sign up for the study please call our office and leave a clear and concise message. Someone will return your call.

MEN'S BIBLE STUDY - Tuesday evenings 6:30 pm to 8:00 pm. Jim Politi will be leading this study which will begin on September 19th. If you would like more information or would like to sign up for the study please call our office and leave a clear and concise message. Someone will return your call.

BAPTISMS - We would like to welcome Patrick and Sam Hoey to our Church. On June 25th, Pastor Bernie baptized this couple and on August 13th we welcomed them as new Church Members. Congratulations to them as they dedicate their lives to Jesus Christ, our Savior.

YOUTH GROUP - Each month our Youth Group will meet on a Friday afternoon/evening to share in prayer, friendship. singing, fun activities and worship. If we have a large amount of youth joining us, this may be extended more than once a month. If you would like information regarding our Sunday School Program or Youth Group, please call our office and leave a message. Someone will return your call. Let's give our children something to get excited about!! Come and join us and bring along a friend!!! All ARE WELCOME!!!!

PRAYER/PRAISE TIME - WEDNESDAY EVENINGS - Please join us at 5:15 pm to 6:15 pm to pray together, to sing together, to care about each other, to support one another and to Praise God!!! Pastor Nyakio leads this amazing and uplifting service. Come and meet her and share in her spiritual gifts.

POT LUCK LUNCHEONS - The Hospitality Committee plans to hold a Pot Luck Luncheon after church services toward the end of September and again the end of October. What great food we are blessed with and what a wonderful time of Fellowship! Please bring yourself and a dish to share.

BLOCK PARTY - AUGUST 26 - Thank you to all who attended this great and fun event!!! What a wonderful day where we could share our prayers and talk to you about how God loves us. Know that God is our only hope in this stressful and destructive world no matter what!! We hope you had a chance to visit our tent and that the kids enjoyed our Duck Pond!

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 Please feel welcome to write down your prayer needs and it will be passed onto our church so we can ALL pray for you or someone you know. Names will not be disclosed.
 - You can remain updated by visiting our website www.tyngsborocongregational.org

or please check our **Facebook** page for unexpected closure dates.

We wish everyone a safe and blessed summer!

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Please note the change of date.

Our first meeting will be held on Saturday, September 16th Usually we meet on the last Saturday of the month, from 10:30 a.m. - 12:00 p.m. at St. John the Evangelist, Old Parish Hall.

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• WEEKEND MASS SCHEDULE

St. Mary: 4pm on Saturday, 7am and 11am on Sunday St. John: 4pm on Saturday, 9:30am and 6pm on Sunday Also 12pm African Liturgy (2nd, 3rd and 4th Sundays) St. Margaret of Scotland: 4pm on Saturday and 7:30 and 10am on Sunday

• **DAILY MASS SCHEDULE** Monday thru Friday

St. Mary at 7am • St. Margaret of Scotland 8am • St. John at 9am



ALTRUSA CLUB OF MERRIMACK VALLEY

On June 27, 2023 at Cobblestones Restaurant in Lowell, Altrusa Club of Merrimack Valley thanked the officers for agreeing to serve the club for another year, 2023-2024 fiscal year. The leadership of the Club, President Charlene Muscato of Tyngsborough and the Foundation President, Claire Behrle of Chelmsford have helped the club grow in membership and service throughout the Merrimack Valley.

Altrusa also welcomed Laura Sievert of Tyngsborough, MA as its newest member. Laura has worked on several projects with Altrusa over the past few months including the Food Drive for the Open Pantry of Greater Lowell, the Days for Girls International Project, and has prepped meals for school children at the Nashua Soup Kitchen.

In early July, the Altrusa Club of Merrimack Valley earned the designation as a Distinguished Club by the International Association for the hundreds of hours of service Altrusa members provide in their communities.

Four new babies arrived at Brigid's Crossing in Lowell in May and June, and Altrusa provided gifts of clothing, hand held developmental tools and of course the first book.

Birthdays at Brigid's Crossing are always made special for the birthday child. There is a themed party with cake, ice cream, juice, age appropriate books for all the children, and a special gift for the birthday child.

Altrusa meets the second and fourth Tuesdays of each month at 6:00 p.m. at the Tyngsborough Senior Center. For more information, please email altrusamv@gmail.com.

TYNGSBOROUGH GARDEN CLUB



Programs began anew in September. Our first meeting of the fall took place on **September 5 starting at 7 pm.** Two topics were on the agenda for that evening. The first, a discussion on how to ready the garden for winter. The second topic by Amanda MacLean.

We now have a group set up on the text, chat, and messaging app, Discord which will allow direct communication between and among members of the club.

On October 9, Dr. Richard Benfield, Professor Emiritus from Central Connecticut State University will be back by popular demand. Sponsored jointly by the Tyngsborough Garden Club and the Public Library, Dr. Benfield's presentation this time will focus on gardens that have played an important role in history.

Although no programs took place, there were several field trips this summer. The first in June was an expedition to the Ropes Mansion in Salem. Owned and administered by the Peabody Essex Museum, the gardens are open to the public. While not especially large (Salem is a pretty dense locale), the gardens were lovely and we had excellent weather for the visit. We followed up our tour with a visit to one of the many fine restaurants in Salem for a bite to eat and some refreshments.

The July field trip was to the Glen Magna Farms in Danvers. Owned and administered by the Danvers Historical Society, the property was in the Endicott family for many years and features some lovely vistas.

Back in the spring, the club formed a membership development committee headed up by Nanette Longley. Her group has been very busy, indeed. We now have a new updated web site. Check it out at https://tyngsborogardenclub.org/ and look at the photos from our field trips.

New Garden Club members are always welcome and the public is invited to attend individual programs for a nominal fee of \$5. Unless otherwise noted, meetings take place at the Evangelical Congregational Church at 23 Kendall Rd. and begin at 7 pm. The membership year starts in September. Club dues are \$25 for the membership year, prorated to \$15 for people who join in the second half. For more information, please contact us at tynggardenclub@gmail.com Linda Sheldon, President



GIVE THE GIFT OF TIME

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You can also support your community by teaching safety programs to children, installing free smoke alarms in high-risk neighborhoods, dispatching Disaster Relief Volunteers to emergencies, and more! We have something for everyone! No experience is necessary – we'll provide all the training you need.

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to feed a colony of feral and homeless kitties. Please call Don Gaudette 978-799-9715 for the drop-off location on the Dunstable/Tyngsboro line.

Associated with Kitty Angels www.kittyangels.org Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats

NEWHOUSE WILDLIFE RESCUE

Nonprofit Organization Founded in November 2018 A licensed safe haven for orphaned or injured local wildlife. It is our goal to rehabilitate these animals so they can be released into the wild. Call 978-413-4085 m.me/NewhouseWildlifeRescue

> janeseeker@gmail.com http://NewhouseWildlifeRescue.org https://facebook.com/pg/NewhouseWildlifeRescue

HOME WI-FI TIPS

By Dean Lotito

Most households rely on in-home Wi-Fi to connect them to the internet. A router supplied by your internet service provider generates the wireless signal used to connect to the internet. Here are a few tips that may help you maintain a goo internet connection at

There are two standards. They are often labeled 2.4G and 5G. Like your cell phone, the 5G network Is faster. However, for 90% of users, the 2.4G signal is more than fast enough for browsing the internet, ordering online and even streaming a movie on a single device. The important advantage of a 2.4G connection is that it is better at traveling longer distances in your house and through walls and floors. If your device is close to the router, use the 5G connection. If you are further away, you will get better performance from the 2.4G connection. If you use a lot of TVs to stream movies or a PC gamer in the house, the 5G connection should perform better. Most Wi-Fi cameras do not require a 5G signal. Since they are often outdoors, the 2.4G network is recommended.

If you have a large home, range extenders can be used to reach rooms furthest from the router. Range extenders are placed midway between the router and target device. They created a new Wi-Fi-network name that is seamlessly connected to your main Wi-Fi network. These extenders are not too expensive but can be tricky to set up properly.

I can help analyze your current network and help you make improvements in coverage and performance.

TYNGSBORO YOUTH FOOTBALL AND **CHEERLEADING**

OPENS REGISTRATION FOR FALL 2023 PROGRAMS FLEX FOOTBALL (Grades K-3) ~ TACKLE FOOTBALL CO-OP

(Grades 4-6) ~ CHEERLEADING (Ages 4-14) Tyngsboro Youth Football and Cheerleading is proud to launch our 19th season providing local area youth with the opportunity to learn football and cheerleading in a safe, fun environment while

promoting the values and importance of academic achievement, teamwork, and sportsmanship. We offer all co-ed programs including FLEX FOOTBALL (Grades K-3), CHEERLEADING (Ages 5-14), and a TACKLE FOOTBALL (Grades 4-6) co-op with the North Middlesex Patriots. We are proudly affiliated with the American Youth Football and Cheerleading (AYF/AYC) program. We provide all of our coaches with comprehensive training to ensure the safest, positive, and fun experience for your child.

ONLINE REGISTRATION FOR OUR 2023 FALL SEASON IS NOW **OPEN!** We welcome fall football and cheerleading registrations from participants residing in Tyngsboro, Dunstable, Lowell and

surrounding communities. BE SURE TO REGISTER EARLY TO TAKE ADVANTAGE OF THE LOWEST REGISTRATION RATES AND SPECIAL PAYMENT PLAN OPTIONS!

TO REGISTER FOR OUR FALL SEASON: Visit our website and click on "Registration"

QUESTIONS? Email us at: TyngsboroYouthFootballCheer@gmail. com, Follow us on Facebook under "Tyngsboro Youth Football and Cheerleading", or go to our website and click on "About Us".

WEBSITE: www.TyngsboroYouthFootball.com

CALL FOR WALKERS: REGISTER FOR THE 35TH ANNUAL BOSTON MARATHON® JIMMY FUND WALK PRESENTED BY HYUNDAI

BOSTON — Registration is now open for the 2023 Boston Marathon® Jimmy Fund Walk presented by Hyundai. Scheduled for Sunday, October 1, funds raised from the Walk support all forms of adult and pediatric patient care and cancer research at one of the nation's premier cancer centers, Dana-Farber Cancer Institute.

THE DETAILS: The Jimmy Fund Walk is the only organized walk permitted on the famed Boston Marathon® course, and participants have the flexibility to choose from four distance options:

5K walk (from Dana-Farber Cancer Institute's Longwood Medical Campus) 10K walk (from Newton) Half Marathon walk (from Wellesley) Marathon Walk (from Hopkinton)

Whatever route walkers choose, participants will be treated to 10 refueling stations as well as poster-sized photographs of patients – Jimmy Fund Walk Heroes – displayed at each mile and half-mile marker as inspiration.

All four routes of the Jimmy Fund Walk will culminate at the Jimmy Fund Walk Finish Line Powered by Schneider Electric. Due to construction in Copley Square, the Jimmy Fund Walk Finish Line location has been moved to the Fenway neighborhood for 2023. Walkers should know that distances may be slightly shorter as we finish the walk in front of Fenway Park. The finish line will include a celebration complete with food, music, and a speaking program. If walkers wish to participate a bit closer to home, the Jimmy Fund Walk has flexible opportunities. Participants can also join the event virtually by "walking their way" from wherever they are most comfortable—in their neighborhood, on a favorite hiking trail, or on a treadmill at home. Virtual programming and supporting materials will be available.

The 2023 Walk will be held during the Jimmy Fund's 75th anniversary year and will aim to raise \$9 million in the effort to prevent, treat, and defy cancer. The Jimmy Fund Walk has raised more than \$167 million for Dana-Farber Cancer in its 34-year history, raising a record-breaking more than \$8.8 million in 2022. Funds raised from the Walk support all forms of adult and pediatric patient care and cancer research at Dana-Farber Cancer Institute. The Boston Athletic Association has supported the Jimmy Fund Walk since 1989, and Hyundai has been the presenting sponsor for more than 20 years.

Register as an individual walker, team member, or start a team! Take advantage of this unique opportunity and lead a group of your family, friends, or colleagues to the finish line. The Jimmy Fund can help you start a team, grow your fundraising, and defy cancer, together. To register for the Walk (#JimmyFundWalk) or to support a walker, visit www.JimmyFundWalk.org or call (866) 531-9255. Registrants can enter the promo code NEWS for \$5 off the registration fee. All registered walkers will receive a bib, medal, and a Jimmy Fund Walk T-shirt. Follow the Jimmy Fund on Facebook, Twitter and Instagram: @TheJimmyFund.

The Wish Project

166 Middlesex St., North Chelmsford, MA 01863

This is behind Hertz Car Rental

thewishproject.org 1-866-947-4360

Any questions, please email: info@thewishproject.org

Our THRIFT STORE is open 9-3:00 Tuesday-Saturday. It is located in our warehouse. All are welcome.

Clothing Needs: Boys XL PJs, Men's Pjs, girls XL tops & bottoms, Boy's shoes all sizes, Boy's & Men's bathing suits, Socks 0m-18m, Boys & girls sandals. Go to the website for complete lists of needs.

<u>Donations of items may be sent to</u>: The Wish Project, 166 Middlesex Street, N. Chelmsford, MA 01863. Monetary donations may be mailed to The Wish Project, PO Box 8693, Lowell, MA 01852. If you want to drop off a donation please be sure to review our donation guidelines for items that we accept, fill out a drop off form, and check our drop off hours. **Donation Hours Tue-Sat 9:00-2:45, 166 Middlesex St, North Chelmsford, MA.**



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DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827 www.dunstablechurch.org 978-649-6251

DECC is a caring community of faith where we are all on a journey together finding hope, purpose, connection, and wholeness as followers of Jesus. Wherever you are in this walk of life, we invite you to join us.

• Sunday Morning worship service begins at 10:30 AM. with Interim Pastor Doug Walker leading.

The plans to hold two services outdoors during the summer worked out beautifully, and we welcomed a few new faces.

- The Adult Bible Study Class will resume September 17th at 9:00am. The Dunstable Church will hold an in-depth study of the Gospel of Matthew. This book was written to demonstrate to the Jews that Jesus of Nazareth is indeed the Christ, the fulfillment of their Scriptures. It contains the most thorough and organized presentation of Christ's teaching anywhere in the Bible. Like the ancient Jews, people today are looking for an understanding of why or if these long-ago prophecies matter. Join us to find out! Details and schedule will be posted under "Events" on our website: https://dunstablechurch.org/
- Our Intentional Interim Pastor, Dr. Doug Walker, and his wife, Marsi, are continuing to get to know you all. Doug is available to meet and perhaps share a meal together on Sundays or Monday morning thru lunch time. Doug is usually in the church office on Monday mornings, so call the office (978-649-6251) to set up a time to get together or have a phone chat.
- A Transition Team is continuing to meet on the first and third Sundays of the month to study our church and its people, to prepare a church and pastor profile, and to establish a Search Committee. The next meeting will be held on September 19th. Anyone is welcome at these meetings.
- The Boy Scouts, Cub Scouts, and Girl Scouts, Daisies, Music Lessons etc. begin their new seasons soon, many holding their meetings in our building. Check with your leaders to learn start dates for your meetings. Leaders need to request dates and times to avoid conflicts.

We look forward to seeing you at 10:30 AM on Sundays. God bless you. We hope you had a safe and healthy summer.

LOADING DOCK GALLERY

122 Western Avenue, Lowell, MA

SHOW: WHO KNOWS ANYTHING?

Show Through: October 1, 2023

Closing Reception: 2-4pm, Sunday, October 1, 2023

Suzanne Hodge joins brother, Paul Pat Morse, and nephew, Pete Morse, to present **Who Knows Anything?** at Loading Dock Gallery this September. Conceived as a celebration of family and an exploration of the times, **Who Knows Anything?** also honors the memory of the artists' brother and uncle, Rod Morse, a philosopher who valued humility and continuous learning.

Who Knows Anything? delves into the confluence of folk, abstract, and illusory art. Our world is in a state of change. We face new questions, new challenges. This exhibit creates a prism of impressions and viewpoints.

Hodge lives in Hudson, NH, Paul Pat Morse in Barrington, NH, and Pete Morse in Manchester, NH. All are self-taught. Separately and together, their work borders on the uncharted, arcane, and audacious.

Who Knows Anything? runs through October 1, 2023, at Loading Dock Gallery, 122 Western Avenue, Lowell, MA. Closing reception, with live music provided by Bobby Morse, Sunday, October 1, 2-4pm. More at www.theloadingdockgallery.com.

Loading Dock Gallery is part of Loading Dock Arts, Inc., a 501c3.



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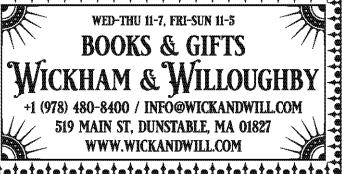
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Neighbor to Neighbor Published by Anne M. Paquin Since 1983

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CELEBRATING 40 YEARS!

Time sure has gone by quickly. It is a pleasure to keep in touch with you. I love to hear about what is going on, so I can share it in one place, with all of you.

The purpose remains the same, to share local news, events, and information about local businesses, with everyone Dunstable and Tyngsborough.

Information is published on a first come, first served. To submit news or info about an upcoming event, or if you would like more info about advertising, please email me at anne@neighbortoneighbornewsletter.com. I will get back to you as soon as possible.

The deadline is always the 10th of the month, for the next month's issue. Remember announcements can be sent in to be posted on my website's main page, anytime. On www.neighbortoneighbornewsletter.com you can find more news and articles as well as the current issues on the main page of the website. Or you can click on the heading to choose past issues to read.

I look forward to hearing from you soon. Thank you, Anne

TYNGSBORO CHURCH OF CHRIST

27 Old Tyng Rd. Tyngsboro, MA 01879 (about 1 mile south of Tyngsboro bridge on Rt. 3A) Evangelist: Nathan Combs 1-978-703-4741 Web Site: www.tyngsborochurchofchrist.org

Email: thechristians@juno.com

Home bible studies in Nashua, Tyngsboro, Dracut, and Lowell.

CLOTHING SHED AT DUNSTABLE CHURCH



The clothing donation shed at the Dunstable Evangelical Congregational

Church, 518 Main St, Dunstable MA, is open to the public.

St. Pauly Textile Inc., the company that has provided the shed, partners with a network of businesses and various organizations to distribute donated items both here in the U.S. and worldwide, where they're ultimately re-worn by people who need them. The Dunstable Church additionally has the option to use donations to serve community needs. The company was founded in 1996 and is an A+rated member of the Better Business Bureau.

Accepted items: clothing, shoes, belts, purses, blankets, sheets, curtains, pillowcases, and stuffed animals.

PLEASE tie your bags, and do not leave bags outside the box.

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DUNSTABLE TYNGSBOROUGH LIONS CLUB



<u>"We Serve"</u> The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need. We are currently looking for community minded members to join, please contact membership chair Joe Ward his contact information is below.

Officers for the 2022-2023 Lions Year

President: Laura Ward, 1st Woman President for this Lions Club which was formed in 1977; 1st Vice President/Treasurer: Kristine DeMonico; 2nd Vice President/Secretary: Meg DeMonico; Membership Chair: Joe Ward; LCIF Chair: Mark Alexander; Media/Marketing: Charline Vigna; Tail Twister- Jorg Skowranek; Lion Tamer- Richard Lowe

Anyone interested in joining the lions is asked to contact Joe Ward 978-930-1153. Our Regular Meetings are held on the first and third Tuesday of the month starting at 6:30 pm at Princeton_Station_147 Princeton St., in N. Chelmsford, MA. Our Facebook Page is https://www.facebook.com/DunstableTyngsboroLionsClub

If you would like to make a donation, please send to: Dunstable Tyngsboro Lions Club, P.O. Box 93, Tyngsboro MA 01879

YOU CAN HELP BY DONATING THE FOLLOWING:

- <u>Used Eyeglasses</u> are collected for refurbishment and distribution to less advantaged individuals around the world.
- <u>Used Hearing Aids</u> are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- <u>Can tabs</u> please place into bags before putting in the boxes.

 Lion's collection boxes for eyeglasses, hearing aids and can tabs be located at: Tyngsboro Post Office- 353 Middlesex Rd Tyngsboro MA 01879; Tyngsboro Council of Aging Center 169 Westford Rd., Tyngsboro MA 01879; Dunstable Town Hall 511 Main St Dunstable MA 01827; Dunstable Post Office- 170 Pleasant St Dunstable MA 01827; Dunstable Library-588 Main St Dunstable MA 01827

catie'scloset

WAYS YOU CAN GET INVOLVED

- Run Our Virtual 5K: Our virtual 5K is back again this year from September 17 September 30th! Registration is \$30 per participant, which funds the purchase of brand-new sneakers for a child in need. Run as an individual, as a team with your family, friends or company! Visit our 5K website to register, set up your team and fundraisers, and more!
- Host a Drive and Shop Amazon: This continues to be the core of our Fill the Bus campaign. We provide a digital flyer and donation boxes, all you need to do is spread the word to your community or throughout the office. At the end, we help schedule the drop off or pick up of the items. Our Amazon Wish lists are also available to purchase from. Contact us to start the process of hosting your drive
- **Buy a Confidence Pack:** Your company can purchase Confidence Packs, which are specifically designed to address our most urgently requested needs. Shop the items yourself and have a packing event, or fund their purchase. <u>Learn more about the five different packs we offer and get your shopping list.</u>
- Sponsor the Need: You can also sponsor our most urgently needed products to help guarantee sufficient inventory for the upcoming school year. We offer a variety of sponsorship levels that are designed to maximize impact in numerous ways, from making specific products immediately available to students or supporting our Emergency Order system that helps displaced students get back to school after a crisis. You can also Adopt a School, which supports the inventory needs of one of our 120+ existing Closets for the entire school year. Let's become partners and make a difference together.

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Rotary Motto Service Above Self

2023 TASTE OF THE TOWN

Enjoy the tastes of many local restaurants all in one place with Live Music and Raffles!

Wednesday, October 18th from 6:30 to 9 PM Tyngsboro Sportsmen's Club, 90 Westford Road, Tyngsboro

Purchase tickets in person at Enterprise Bank, Jeanne D'Arc Credit Union, and Dream Diner in Tyngsboro OR online at https://www. eventbrite.com/ Search for "Tyngsboro taste of the town"

Live Music by Tyngsboro's own Ben Durand

Check him out at www.bendurand.com

TYNGSBORO-DUNSTABLE



Rotary Motto Service Above Self

Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

If you would like to join a group of fellow residents who are giving back to their community and having fun, please be our guest at Dream Diner in Tyngsboro on 1st and last Thursdays of the month at 8:00am. Second and third Thursday of the month, we meet at 12:00 at Dream Diner.

If you are interested in membership, please call or text Ron Keohane (508)517-3895 or Brian Day-Lewis at (978)399-4952

TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



The Little Red Schoolhouse 64 Main St, Dunstable, MA (Route 113). Not far from the Dunstable/Tyngsborough town line near Route 3

CALLING ALL LOCAL AREA HISTORY BUFFS!

We are pleased to announce that on Saturday, September 23rd at 2:00 pm noted New England historian Hollis Brodrick will present a talk entitled "Victims to victory... the Indian wars of northern New England, 1675 to the 1740's, early military equipment, and the change in dynamics brought about by the courageous Captain John Lovewell". Lovewell was the legendary Dunstable native responsible for securing the local frontier. Mr. Brodrick has spoken widely of this period of New England history and the subject should be most interesting.

Then, on Saturday, November 18th also at 2:00 pm Pat Klee from Nashua will talk about **Dunstable**, **NH** – now known as Nashua but with lots of other interesting names and history along the way! This should be a fascinating conversation!

In between these two afternoons you can take in the annual ACAA Beanpot Antique Car Show on Saturday, October 21, 9 am - 1 pm (rain date Sunday, Oct. 22), You can gaze on a field of beautiful automobiles while eating delicious hotdogs and homemade chili and beans. Last vear's winner of the Little Red Airplane award was a sweet '64 baby blue Buick Riviera.

Finally, we wrap up 2023 on Sunday, December 3 at 6 pm with our Annual Meeting and a traditional Holiday Potluck Supper. Great food and great company - especially if you're there!

If you have questions, please contact Sue Psaledakis 978 649-6005 or Lynda Justice 978 587-8423 or send an email to tyngsboroughdunstablehs@gmail.com.

Want to become a member, Membership Forms and more info is available at www.tdhistoricalsociety.org Email address: tyngsboroughdunstable@gmail.com