



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

Celebrating 40 Years of Service!

Issue # 417 • July/August 2023

POSTAL PATRON
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TYNGSBOROUGH TOWN CLERK NEWS

• **2023 Dog Licenses** are available at the Town Clerk's office or by mail. **The license is now late and payment must include a \$25.00 late fee.** Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. **If renewing by mail, please enclose a stamped, self addressed envelope for the license,** as well as your dog's proof of rabies vaccine.

Stay safe!

Please contact the office at 978-649-2300 extension 129 or email to jshifres@tyngsboroughma.gov with any questions.

TYNGSBOROUGH SCHOLARSHIP TRUST

P.O. Box 547, Tyngsborough, MA 01879

1963 * Celebrating 60 Years * 2023



MARK YOUR CALENDAR TRIVIA NIGHT RESCHEDULED

The Tyngsborough Scholarship Trust has rescheduled the popular **Trivia Night to Saturday, September 23, 2023** (*anceled last March because of the weather*) to be held at the Tyngsborough Sportsmen's Club. Registration begins at 7:00 pm and the Trivia contest begins at 7:30. Teams of up to four, compete to correctly answer the sometimes obscure, often hilarious, and frequently curious trivia questions. Tickets are \$25/per person. **Student teams are encouraged and welcomed at \$10 per player.** Unique and creative team names are encouraged. There will be Prizes for the top 3 teams! Reserve your space today by scanning the QR code!

The TST has a long history of awarding scholarships to Tyngsborough students – 52 years! Please help us to continue this legacy! The work is rewarding and our annual fundraising events are some of the most well attended and anticipated events in Tyngsborough.

June was our reorganization meeting and we have several open officer positions. **If you have been thinking about getting involved and volunteering, please consider this fun and low-time commitment organization.** We welcome ALL new members. **Please join us the second Thursday of each month** at Tyngsboro High School teacher's room at 6:30 pm.

Our next TST meeting is scheduled for September. Please check out our website for further information at <http://www.tyngsboroughscholarshiptrust.org/> **Help continue our mission to help our Tyngsborough students!**



IN MEMORY OF

Patricia Marie (Meenan) Burrows
Judith (Tatarunis) Entwistle
Lauren Ashley Palm
Alice M. (Clement) Gordon
Marguerite (Florence) Hogan
Lorraine Jean (Rhynold) Tello
Charles "Chuck" Metropolis
Gloria C. (Hogan)(Lemieux) Kirk

TYNGSBOROUGH BOARD OF HEALTH

- **Save the date HOUSEHOLD HAZARDOUS WASTE COLLECTION for this year is October 28, 2023.** Flyer will be posted on the back page of the October 2023 issue of *Neighbor to Neighbor*.
- **Save the date TYNGSBOROUGH'S HEALTH AND SAFETY FAIR is Saturday September 30, 2023, 11 am-2 pm** at the Tyngsborough Elementary School. More Information to follow!
- **Expanded Recycling Center at the Highway Department - Now, in addition to large flattened cardboard, you can bring scrap metal, textiles, and mercury-containing items** to the Recycling Center at the Highway Department (89 Kendall Road) for recycling or safe disposal, year round.
 - Scrap metal:** NO full-size appliances. For a list of accepted metals, please visit: www.scrapit.us/metals-we-take
 - Textiles:** In any condition - Clothing and fashion accessories, underclothes, coats, footwear, purses, wallets, backpacks, towels, all linens, curtains, throw rugs, stuffed animals.
 - Mercury-containing items** - Fluorescent and CFL bulbs, thermometers, rechargeable batteries, elemental mercury.

SIGN UP FOR

Tyngsborough News Updates & Emergency Alerts

Subscribe to Town news updates by providing your email address. Updates may include: Town News, Town Calendar Events, All Meeting Minutes, and more! You can unsubscribe at any time and your email address will not be shared with anyone. No longer using a landline? Add your cellphone number to continue to receive emergency communication from the Town. Once you've signed up for Smart911, first responders will be aware of important information you have provided that will locate and help you in an emergency. Sign up www.tyngsboroughma.gov

TYNGSBOROUGH RECREATION

TYNGSBORO TOWN BEACH

Is located on Mascuppic Trail between Cedar Grove Ave and Maplewood Ave.

OPEN FOR SWIMMING Renovated last season, it is open to all Tyngsborough Residents. Resident passes are checked by a lot attendant and are available free with proof of residency at the Town Hall. Volunteers are needed to assist in raking the beach each week. Please message your interest on FB or email TyngsboroughRec.com, (978) 649-2300 Ext 150



Tim's Timely Technical Tips

By Tim Hulings

Before homeowners can access and qualify for Mass Save® rebates or incentives, they must complete a no-cost Home Energy Assessment (HEA) with an authorized home assessment contractor. Valid for two years, HEAs ascertain how properties use their energy and identify the things to improve energy conservation.

Due to high demand, appointments for HEA can be booked months out, so don't delay if considering heating or cooling upgrades.

Once a homeowner has their assessment, they can access program benefits for energy efficiency upgrades including Heat Pump HVAC that qualify for Mass Save rebates (up to \$16,000) and incentives (0% interest HEAT loans up to \$50,000) by using an Heating & Cooling (HVAC) contractor that is a member of the Mass Save Heat Pump Installer Network. To schedule an HEA call 866-527-SAVE. Next, homeowners should book HVAC consultations and quotes.

Until next month, stay comfortable.

Tim

Got a question? Drop me a note!

tim@denommeplumbing.com



HOW THEY WORK Ductless Mini Split Heat Pump Systems

Transporting heat from one space to another, rather than creating it, mini splits are highly efficient.

- 1 An outdoor unit containing the compressor, pumps heat into or out of the home.
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TYNGSBOROUGH BOARD OF HEALTH

MOSQUITO & TICK SEASON IS UPON US

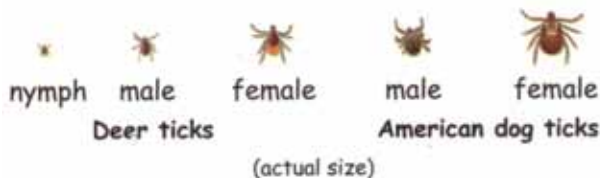
Please remember to protect yourself from mosquitoes & ticks!

PREVENTION TIPS FOR MOSQUITOES • Use insect repellents any time you are outdoors • Wear long-sleeved clothing, • Schedule outdoor activities to avoid the hours from dusk to dawn during peak mosquito season • Repair damaged window and door screens • Remove standing water from the areas around your home

PREVENTION TIPS AGAINST TICKS

One of the most important things you can do is **check yourself for ticks after spending time outdoors. Or check yourself at least once a day.** Favorite places ticks like to go on your body include areas between the toes, back of the knees, groin, armpits, and neck, along the hairline, and behind the ears. Remember to check your children and pets, too. Remove any attached ticks as soon as possible. To learn more about Mosquitoes and Ticks, visit <https://www.mass.gov/mosquitoes-and-ticks>

TICK IDENTIFICATION CARD



WHAT TO DO WITH YOUR OLD MATTRESS?

If you're not sure what to do with your old mattress, there are a few options to consider. **You can donate mattresses in *good condition*.** • Household Goods, 530 Main St. (Rt 27) Acton, MA 978-635-1710 ext. 5 www.householdgoods.org

Donation Drop-Off Hours: Tues, Thurs, and Sat. 9AM - 12PM

• The Wish Project, 166 Middlesex St., North Chelmsford, MA 866-947-4360 You can visit their website to fill out the donation form. www.thewishproject.org

Donation Hours: Tues. and Sat 9AM - 2:45PM

• Curbside pick-up now available for a fee with UTEC call 978-856-3997 or visit www.utecinc.org/mattress-recycling/

We recommend a quick google search to find other donation sites. You can give mattresses away via a local gifting group like Buy Nothing or Freecycle. If you are buying new, check with the retailer to see if they will recycle your old one. **Save the date Household Hazardous Waste Collection is October 28, 2023**

POLICE & FIRE EMERGENCY 911

Fire Dept. 978 649-7671 Police Dept. 978 649-7504

TOWN OF TYNGSBOROUGH
TOWN HALL, 25 BRYANTS LANE

Mon. & Tues., 8:30AM to 4:30PM • Wed.: 8:30AM to 7:00PM
Thurs.: 8:30AM to 4:00PM • Closed Friday *Until Further Notice*

Meeting schedules are posted at the front entrance of the Town Hall

Town Hall Directory Main Number 978-649-2300

Town Accountant	Ext. 124	Media Dept.	Ext. 140
Assessor's Office	Ext. 121	Planning Board	Ext. 115
Board of Appeals	Ext. 112	Town Treasurer	Ext. 126
Board of Health	Ext. 118	Veteran's Agent	Ext. 131
Building Office	Ext. 112	Sewer Dept.	Ext. 134
Town Clerk	Ext. 129	Board of Selectmen	Ext. 100
Town Collector	Ext. 128	Town Administrator	Ext. 100
Conservation Office	Ext. 116	Recreation & Parks	Ext. 150
Capital Asset Mgmt Com	Ext. 124	Highway Dept.	978-649-2310

Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

E-mail: anne@neighbortoneighbornewsletter.com

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Total circulation is now 6,616 which includes Dunstable and Tyngsborough, MA.



25 Bryant Lane, Tyngsborough, MA 978-649-7361 www.tynglib.org

Library Hours: • Mon. & Wed. 10:30 a.m. – 8 p.m.
• Tues. & Thurs., 9 a.m. – 5 p.m.
• Sat., 9 a.m. – 2 p.m. • **Fri. & Sun. Closed**

CLOSED Monday, September 4th for Labor Day

• **Movie Matinee: Saturday, July 8th at 10:00 a.m.** Join us for a viewing of the film based on the bestselling novel by Delia Owens. There will be another **movie matinee August 12th at 10 a.m.** Check our events calendar for details. No registration required.

• **Ukulele Workshop with Dave Maloof: July 19th at 6:00 p.m.** Join Dave Maloof for this fun and educational workshop where he will teach you about the ukulele and how to play. Learn about the origins of the ukulele; ukulele parts, sizes, and tunings; various ukulele strums; how to create chords; and how to move from chord to chord. **Registration is limited so sign up today!**

• **Writers' Group: Every Monday at 6:30 p.m.** Join us for a writing workshop! Expand your knowledge on writing; critique each other's work; and get advice on the craft. New and long-time writers are welcome! This will be an ongoing program. The Writers' Group will be meeting in the Special Collections room of TPL. Meetings will last from 6:30 pm to 7:45 pm.

• **Writers' Group—Children's Literature: Wednesday, July 5th and 19th, August 2nd and 16th, and September 6th at 6:30 p.m.** If you're interested in crafting and publishing children's books and stories, join us to participate with a group of likeminded individuals to discuss, critique, and broaden your children's literature knowledge. All skill levels are welcome and encouraged to join. The Children's Literature Writers' Group will be meeting in the Special Collections room of TPL. Meetings will last from 6:30 pm to 7:45 pm. Contact Karen Johnson (978-649-7132) for more information.

• **Adult Coloring Club: Wednesday, July 5th, August 2nd and September 6th at 6:30 p.m.** The Coloring Club meets on the first Wednesday of each month, from 6:30 pm to 7:45 pm. Come color and socialize!

• **Saturday Knitting & Crochet Group: Saturday, September 9th 10:30 a.m.** Open to all knitting and crocheting levels. Get together with friends and make some new ones! Meets on the second Saturday of each month from 10:30 AM – noon in the Community Room at Tyngsborough Public Library.

• **Tech Help: Tuesdays 11:30 am – 1:30 pm and Wednesdays 7:00 pm – 8:00 pm.** Get technology help at the library. Book an appointment for an individual lesson or consultation on topics such as: Computer basics; Android tablets and phones; Microsoft Word. Call the library (978-649-7361) or email circdesk@tynglib.org to register for a timeslot. **Registration required.**

• **Book Club: Wednesday, July 26th and August 30th at 6:30 p.m.** For the July meeting, we will be discussing *Klara and the Sun* by Kazuo Ishiguro. For the August meeting, we will be discussion *Mexican Gothic* by Silvia Moreno-Garcia. Copies of the book are available at the front desk. Visit tynglib.org/book-club/ for more information.

• **Visit tynglib.org/events to check out all of the upcoming virtual events!** • **Register** for TPL programs by calling or emailing (circdesk@tynglib.org) the Library or using links provided on the online calendar for virtual programs.

• **Subscribe to our NEWSLETTER** to get updates on all our programs sent to your inbox every month! tynglib.org/newsletter

• **Friends of the Library** – Join in the fun and support your library! Meetings are held 9 Mondays per year at 6:30 p.m. in the Library. See the TPL website for dates. Also, check out the new and easy way that **you can join or renew your membership to the Friends of the Library** right from the Friends link on our website simply by using the "Join and Pay" or "Donate" buttons.

Kids & Teens SPECIAL PROGRAMS

Summer Reading ends on August 19!

Log your reading by August 14 at tynglib.beanstack.com to be eligible for our prize drawing. Join us on August 19th at 11 a.m. for the prize drawing and ice cream social.

One-Up Games Open Gameplay w/VR, Saturday, August 5 from 2-5 p.m. (see below for age restrictions)

Play a variety of video games on modern and classic consoles. Try our Virtual Reality! All ages welcome up to 19 years old. Under 10 must be accompanied by a grown-up. No unaccompanied adults. VR is not recommended for children under 13. Space is limited. Register online.

WEEKLY PROGRAMS

Family Storytime, Thursdays at 11 a.m. (ages 0-5)

Join us for stories, songs, and fun! Storytime builds early literacy skills and social skills. All families welcome. No registration required.

Family Resource Network Playgroup - Wednesdays at 11 a.m. from 7/12 - 8/16 (ages 0-8)

Join us for our community playgroup where we will work on Early Literacy skills and much, much more! Ask us about any resources we can help provide for you and your family! The Family Resource Network is funded by the Coordinated Family and Community Engagement Grant (CFCE) from the Massachusetts Department of Early Education and Care. No registration required.

MONTHLY PROGRAMS

Club Pokémon, Monday, July 10, August 7, September 11 at 4 p.m. (grades 3-5)

Through the Pokémon TCG, your child will learn strategic skills, participate in friendly competition, and have fun! Whether you have binders full of cards or are just learning to play, please join us. You may also bring video game consoles and mobile devices to share your love of the game. Younger grade levels welcome with adult accompaniment. Older grade levels may volunteer to assist. Club Pokémon is sponsored by Newbury Comics. RSVP online.

LEGO Challenge Club, Saturday, July 15 and August 12 at 11 a.m. (all ages with a grownup)

All ages are welcome to join our LEGO Challenge. See our Instagram [@tyngsboroughpubliclibrary](https://www.instagram.com/tyngsboroughpubliclibrary) for examples of past LEGO Challenge creations. No registration required.

Library Hang-Out, Tuesday, July 25 and August 29 at 11 a.m. (all families welcome)

Library Hang-Out offers games and activities for the kids and great networking opportunities for the parents. Visit us to have fun, make friends, and build community. RSVP online.

Check out our Library of Things Collection this summer! Going on a road trip? Check out one of our Wi-Fi Hotspots so you can have internet wherever you go! Here is just a sample of some of the unconventional items that can be checked out by patrons, perfect for all your summer activities: Chromebooks, GoPro Camera, Nintendo Switch Lite (video games can be checked out by patrons for 3 weeks at a time), Telescopes, and Outdoor Games like Bocce Ball and Pickleball kits. Visit our website tynglib.org/library-of-things to see the complete collection.

BOARD OF LIBRARY TRUSTEES Meetings are generally held monthly on the third Tuesday. Check the TPL or Town websites for scheduled meetings.

Like us on Facebook, follow us on Instagram @[tyngsboroughpubliclibrary](https://www.instagram.com/tyngsboroughpubliclibrary) and Twitter @[tyngsboroughlib](https://twitter.com/tyngsboroughlib)



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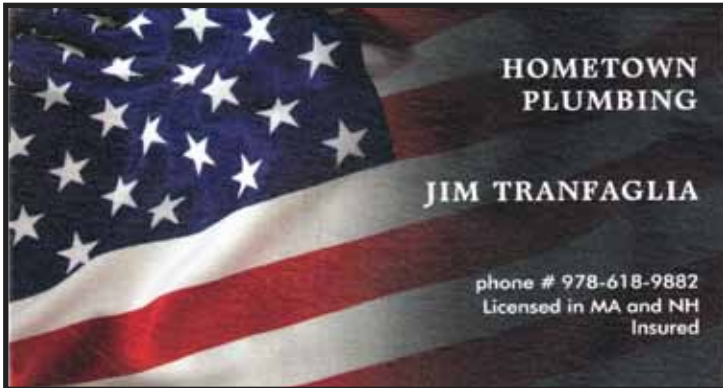
978-649-1717

Call for more information.

651 Old Dunstable Rd., Groton, MA 01450

THE JAMES JACOPPI SCHOLARSHIP FOUNDATION

The Jacoppi Family wishes to thank you for your support of the scholarship fund in memory of James Jacoppi. We have awarded \$175,000 over the past twenty one years, to graduating seniors who are moving onto higher education and who have applied for a scholarship.



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FRIENDS OF THE TYNGSBOROUGH PUBLIC LIBRARY



** The Friends have purchased two new passes just in time for summer. Library patrons can enjoy going outside and exploring with the Go Pass for **The Trustees of Reservations** which is dedicated to preserving natural and historical places in Massachusetts. There are 128 places to go such as farms, parks, gardens, and historic houses. Close by are the Fruitlands Museum and the deCordova Sculpture Park and Museum you can visit using this pass. The pass will admit 2 adults and children under 18. What a deal!

** Also, the Friends bought a pass to the **Discovery Museum** in Acton where kids can play, learn and be creative. The pass admits 3 visitors at ½ price admissions per person. Reserve your pass for this museum, and check the museum's website for advanced ticket reservations which are required. See the Library's website for several other passes which can be reserved.

** We are planning a **Fall Used Book and Bake Sale for October 21, Saturday**. Details will be coming, so start putting aside the books, DVDs and CDs that you want to give when we begin accepting donations. The sale will include jewelry and puzzles, and you can always donate jewelry and puzzles to the Library at any time. The puzzles are always for sale at the Library. Think of how you can participate by volunteering to sort books, work the set-up, the sale, and the clean-up. Also bake!

** Come to the **Tyngsborough Block Party-by-the-Bridge** + Craft Festival on Saturday, August 26. The Friends will be there sharing a booth with the Library. Stop by to say hello, and join the Friends if you haven't yet. What are you waiting for?

** Have you seen **Tab the Library turtle**? Tab is a new resident, born in April and brought to the Library using funds from the Friends. Watch Tab swim and grow.

** The Friends are funding an interactive **Goats & Giggles** event to cuddle and play with baby goats! Kids and grownups can play with and feed treats to the goats on **Wednesday, August 2, 4-6pm**. Register through the Library to reserve a time slot for all who want to play with the goats. Registration for this event opens Wednesday, July 12 at 9:00am.

** The Library now has a **film license** to show movies, purchased by the Friends. The grand premier will be on July 8 with a viewing of "Where the Crawdads Sing". You can enjoy this and other upcoming movies at the Library, so watch for announcements, and check the calendar.

** If you would like to **join the Friends**, new members are always welcome, and we appreciate your support. Please call or stop by the Library for an application. There is also an application at <http://www.tynglib.org/index.php/friends-of-library>, and you can pay dues through PayPal. Your dues go to support the Library, not the town. Once you join, plan on attending the meetings. We welcome new members and are seeking officers to serve on the board.

** Friend us on Facebook at <https://www.facebook.com/FOTPL/>

** The **next meetings** are on **September 11 (Monday after Labor Day), October 2, and November 6**. Join us at 6:30-8pm in the Library. Show your support by attending and offering to volunteer.

BONE BUILDERS

The Bone Builders Class meets every Monday and Wednesday at 9:00 AM at the Tyngsboro Senior Center. Classes are free with specially designed exercises for those with Osteoporosis. Our model comes from Tufts University Research on Aging. The current topic for discussion is THE REASONS TO LOVE STRENGTH TRAINING and its association with building bones.

Participation of two days a week is necessary to achieve good bone health. You are welcome to come in and observe a class to see if it meets your needs. **For Further questions, please call Jean Jacoppi, Leader, (978-649-9076).**

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Bulk Product Delivery

OUR LAST GRAND HISTORIC BUILDING

By Herbert Morton

Former Historic Commission Member

The Winslow School is one of the last remaining grand historic buildings in the center of Tyngsboro. The two large original rooms opened on October 11, 1892. Before this time Tyngsboro had as many as seven school houses scattered around town run by teachers who not only instructed eight levels of learning but kept the buildings clean and heated.

The building is viewed as a monument to many residents; for those with an appreciation of local history, and for those who attended school there. Great grandparents of today can rightly boast that their own grandparents attended classes at the Winslow.

Talk about what to do with the school has been bantered about for many years. When talk was heard of demolishing the edifice the idea was met with shock. It may be understandable that people with no attachment to local history would consider such a fate, and so other plans have been put forward.

One consideration was moving the two main rooms of the school to face the center of town and razing the rest of the building. Two additions were added to the school as our population grew. In 1915 four classrooms were added to the rear, and in 1947 four more rooms were added to the left side. While newer, these additions are no less historic.

The lot on which the school rests was once a lumber yard leased to the box shop that operated about the falls. The property was owned by the first town doctor, Dr. Calvin Thomas, who lived in the Farwell House across from the old Town Hall. He donated the lot of the old Town Hall to the First Baptist Society. The road before the Winslow School was once the main route to Nashua before Middlesex Road was built, and was later named Thomas Road (not Winslow Road).

Tyngsboro is in need of extra space, namely for the current Town Hall and for the Library. Building new is not always the answer to this shortage of space as is evidenced by the construction of the new Town Hall itself which has no room for expansion and unable to support a second story.

The Winslow School is solidly built and would adequately provide ample room for town business in its current state with enough room for more. A Town Hall at the Winslow would allow the town library to utilize the entire building on Bryant's Lane.

On a side note of the idea of rotating the school to face the river, the Winslow was situated with the same idea in mind. It faces the Merrimack and the old ferry landing with an entire view of the river from the bend at the Times Farm all the way down to the bend at Westford Road. In 1892 Tyngsboro was an agrarian town with much more cleared land; it is only the overgrowth of trees of the last 125 years that blocks the full view of the river. Selectively removing some of this growth, mostly on town property, would open the grand display to where one might imagine the steamboats passing once again.

Tyngsborough Historical Commission would appreciate any photos, articles, or personal stories of the Winslow School. Please send them to Tyngsborough Town Hall, 25 Bryant Lane, C/O Historical Commission or drop them off at Town Hall Tyngsborough Town Manager Office. Documents and pictures will become archives of the Tyngsborough Historical Commission. Thank you.



TYNGSBORO FOUNDATION FOR THE AGING

The Tyngsborough Foundation for the Aging is a 501(c) (3) nonprofit organization, organized to support local senior citizens and the Tyngsborough Senior Center in coordination with the Tyngsborough Council on Aging. Its sole purpose is to lend volunteer and financial assistance to the Council on Aging in providing fellowship and a diversity of activities and programs and to enrich the lives of area seniors. P.O Box 534, Tyngsborough, MA 01879 Email Address tffa@yahoo.com The Annual membership fee is \$5.00.

CHARITY NAVIGATOR

We are often contacted to make a donation to different organizations. Want to make sure they are legitimate and the donated monies are well used? You can now look up these charities at www.charitynavigator.org

Jon Crandall
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TYNGSBOROUGH COUNCIL ON AGING



169 Westford Rd, Tyngsborough, MA
978-649-9211

Mailing Address: 25 Bryants Lane, Tyngsborough, MA 01879
Email: Broche@tyngsboroughma.gov

Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3.

COA Board Meeting No Meetings in July & August. Next COA Board Meeting will be September 19th

Donations Needed: Coffee (ground and k-cups), 12oz Cups, Paper Plates-Small and Large, Plastic Spoons, Forks, Knives, Sugar Packets.

VOLUNTEERS NEEDED: to help call BINGO: Requirements: Available on Tuesdays from 12:00 until 2:30. Must be able to use a computer. Contact Barbara at the center. **Volunteer Greeters needed** to fill in during the summer months. See Tracy.

WELLNESS CLINIC Held at Tyngsborough Council on Aging, 169 Westford Rd, usually on the **2nd Wednesday of each month.** 978-649-9211 **Charlene Muscato RN** will be doing blood pressure readings, weight checks and medication reviews. **Sign up sheet at the front desk.** First come, first served.

BONE STRENGTH FREE, Weds. 10:00 / Fri. 9:00 Doctor's note **NOT** required. Class has opening, No cost.

LET LOOSE & RELEASE Every Fri. 10:00, Instructor Lynda Gambale Lynda explains how you can slow down and reverse the speed in which your cells die—showing scientifically, how anyone can stay feeling young and vibrant their entire life!

YOGA AND HOLISTIC HEALTH Every other Weds. 9:00, see calendar for the dates. Lynda Gambale...Yoga. Laurie Schmaltz... Holistic Health.

GREAT GAMES TO PLAY WITH YOUR FRIENDS Need some fun in your life, join us at the center. Tues., Cribbage 10:00 Free; Tuesdays, BINGO 12:30 Not Free; Thurs., Bridge 10:00 Free; Fri., Mahjong 10:00 Free; Fri. Wii Bowling 10:00 Free.

NEW GAME COMING! We are starting a new Game CANASTA. If you are interested call the Senior Center or come in to have your name put on the list.

FREE... PAINTING CLASS Every Monday, 12:30-3:00 In this class everyone helps each other. If you love painting and don't mind (asking or helping) others, come join us and make new friends.

These dates and times are subject to change. Some things come up from time to time that can't be avoided.

VIRTUAL VACATION MID ATLANTIC REGION, "WILD WEST" Friday, July 7th. 11:30 The Traveling Chef will be here serving Crab Cake or Turkey Cranberry Salad w/soup. **BOOK CLUB (Monthly) Wednesday, July 19th, 10:00** Come join us on the 3rd Wednesday of each month. Discover and read the best new books each month.

DANCE, DANCE, DANCE Wednesday, July 19th 12:30. Participation will certainly increase physical and mental health, boost self-esteem, and give you something new to learn all at the same time.

SENIOR/VETERAN BREAKFAST Thursday, July 20th, 8:30-9:00 Start your day off with a **FREE** healthy breakfast all you can eat bring a friend along. Breakfast sponsored by... Speaker AgeSpan **MID—SUMMER PARTY Friday, July 28th, 11:30** Entertainment, Fran Hart 70's

Virtual Vacation- Southern Region Friday, August 4th, 12:00 Traveling Chef (BBQ Chicken)

TYNGSBOROUGH FIRE DEPARTMENT Friday, August 11th, 12:00 Will be at the Center to give information on how to be safe.

SENIOR/VETERAN BREAKFAST Thursday, August 17th, 8:30-9:00 Start your day off with a **FREE** healthy breakfast all you can eat bring a friend along. Breakfast sponsored by... Speaker AgeSpan.

END OF SUMMER BBQ Wednesday, August 30th, at 11:00 sponsored by a private contribution. Entertainment Kathy Rodger LLC

CRAFTS WITH LAURA August 2, card making - Spinner Card. August, 23, Stretchy beaded bracelet.



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| July 12 | Bush League | Classic Rock 60's through today |
| July 19 | Dirty Water | New Orleans/Second Line Brass
Vehicle Night |
| July 26 | The Band From U.N.C.L.E. | 50s-60s Rock & Roll,
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FAMILY DISPUTES

By Edward H. Adamsky

Avoiding family disputes is a goal expressed by many of my clients. It is a good goal but often difficult to meet. In some families everyone gets along and if there haven't been odd situations, then there should be little dispute after the death of the parents. But other families may be ripe for disputes with disparate treatment of children during life, or ongoing arguments between siblings. You have to prepare for what you think may happen in your family.

If your children do not get along, then you need to prepare carefully. You should make sure your Estate Planning documents are clear and unambiguous. Do not leave any room for confusion. If you wish to account for things like lifetime gifts to children, then you need to spell that out in detail in your Will or Trust. You can say something like "all lifetime gifts will be treated as an advance on an inheritance and be accounted for in the split of assets remaining at my death." Or, you can say that prior gifts are to be ignored and your assets remaining at death are to be split equally among your children. Either way, say it clearly and in writing so your children understand what you want.

No matter what you do, your children may still fight after you are gone. You may want to consider having a neutral person (a lawyer, banker, or some other professional) as your Executor or Trustee. You must prepare that person for any possible dispute and understand that they will charge for their services, which will reduce the amount going to your children. You should also prepare your children as best as possible and let them know your plans and how things are going to be settled when you are gone.

Setting expectations is the best tool. If your children know what to expect, they may not be happy about it, but they won't be surprised when it happens. Some people just don't understand how things work and what they are supposed to get. People often expect an inheritance of a certain amount, and anticipate how they will spend and enjoy it even before it comes. If they don't get what they were expecting, then they will be disappointed and may cause trouble with other family members. It is best to inform your children of how much you have in assets, how you plan to distribute them to the children, and how future events might effect the amount coming to them.

An Elder Law Attorney can help you deal with these issues, now and in the future. Choose an attorney that will be there with you and your family to help them through the disputes with compassion and care. Plan ahead so your financial affairs can be settled as quickly and easily as possible with the least amount of fighting among your family members.

TYNGSBOROUGH HIGH SCHOOL

is proud to announce Ava Anderson, Isabella Cesar, Shea Clasby & Mia Sacco as the June students of the month.

Mia Sacco, daughter of Albert and Tricia Sacco is a four-year recipient of the Principal's Award. Mia has been a field hockey team member from 6th to senior year. She also participated as a lacrosse team member from 7th grade to freshman year. Mia received the Academic Award and the Midland Wachusett League All-Star Award for field hockey. Her hobbies include hanging out with friends, going to the beach, and playing video games and she is also an avid napper. Mia's favorite subjects are anatomy and English and her future plans are to attend college, get a good job that she will enjoy, get married, have kids, and then live on the beach. Reflecting on her days at Tyngsborough High School she says "I have gained friendships and relationships that I'll never forget... everyone taught me a lesson in Tyngsborough that made me become the person I am today".

Shea Clasby, daughter of Kevin and Heidi Clasby, has been a member of the student council from freshman to senior year and the yearbook club. She was also a member of the field hockey team freshman year and a member of the tennis team her junior and senior year. Shea has also participated in community service such as the Tyngsborough Block Party, Tyngsborough Father Daughter Dance, Dracut Food Drive, and Give Kids The World in December 2022. Her hobbies include being with family and friends, reading, and listening to music. Shea's favorite subject is anatomy and her future goals are to attend college at Rivier University and to major in nursing and help people around the world. While looking back on her days at Tyngsborough High School she says "I feel like school has given me a safe space to learn and allow me to become more confident in what I'm doing and who I am. The fond memories I'll take with me are hanging out with my friends whether it was in class, lunch, or on a team sport but definitely during homecoming".

Isabella Cesar, daughter of Nuno and Jennifer Cesar is a member of the multicultural club, medical professionals club, and the yearbook club. She also participated in the Give Kids the World service trip this past December. Isabella's hobbies include reading, hanging out with friends, and music. Her favorite subjects are AP Literature and anatomy and her future plans are to become a nurse practitioner and to be happy. Thinking back on her days at Tyngsborough High School she says "I have gained such wonderful experience here, and made so many friends. The school helped me come out of my shell and meet new people."

Ava Anderson, daughter of John and Bethany Anderson has been a one-year member of the National Honor Society. She received the Principal Award in 2021 and the Student Council Award in 2022. Ava has also been a member of the student council for three consecutive years. Ava was also a member of the basketball team freshman and sophomore year and the field hockey team. She has participated in numerous community service such as, The Big Red Wrestling Tournament, The Festival of Trees, Melissa's at Home Family Daycare, The Tyngsborough Public Library, Tyngsborough Block Party, Tyngsborough Bingo Night, trash pick-up for National Honor Society and child-care watch at Tyngsborough Elementary School during town voting. Ava's hobbies include baking, cooking, going to the beach, shopping, reading and hanging out with friends. Her favorite subjects are anatomy and physiology and her future plans are to become a labor and delivery nurse. Looking back on her time at Tyngsborough High School she says "THS has created many different memories for me throughout the years. I have made many different friends and learned from many teachers. I have gained confidence in my work ethic and strive to speak my mind in discussions".

Congratulations to these four amazing students!

Read New Dunstable and Tyngsborough
Neighbor to Neighbor issues by 1st of the month.
More news and articles posted on online at
www.neighbortoneighbornewsletter.com

PROMOTION TO COLONEL

Tyngsboro native, Shane P. Muscato, was promoted to the rank of Colonel in the United States Air Force effective 1 May 2023. Son of Charlene R. (Tyngsboro) and the late Brian J. Muscato he attended Notre Dame Academy and Bishop Guertin High School (1997). He earned a Bachelor's Degree in Aviation Management and Flight Operations from Bridgewater State College in 2001.



He was commissioned a Second Lieutenant in 2002 and is a veteran of multiple combat deployments in Afghanistan, Iraq, and contingency operations as a MC-130H aviator. Colonel Muscato has commanded an Expeditionary Squadron in Afghanistan, as the Deputy Commander of a Joint Special Operations Air Component-Afghanistan, and the 15th Special Operations Squadron (Hurlburt Field, FL). Colonel Muscato is a graduate of the Naval Postgraduate School earning a Master's Degree in Irregular Warfare (2015) and a Master's Degree in National Security Strategy from the National War College (2020).

He is currently serving on the Joint Staff in the Pentagon, Washington, D.C.



THE FRIENDS OF THE TYNGSBORO ELDERLY, INC.

Recently, the Friends of the Tyngsboro Elderly, Inc. served a complimentary lunch to the seniors in the community catered by Bianco's.

The luncheon called Bring on Summer, was followed by entertainment by The New England Voices in Harmony, raffle drawings, and a 50/50 winner.

Plans are underway for The Fall Festival, held on the last week of September. There will also be a catered luncheon, entertainment, raffles, and a SALE of knit and crocheted articles by the Stitchers of the Tyngsboro Senior Center.

Tickets for the FALL FESTIVAL will be available at the Tyngsboro Senior Center the week of September 18 from 10:00 AM to Noon each day, or by calling Joe Jacoppi, President (978-649-9076).

You may also become a member or renew your membership to The Friends of the Tyngsboro Elderly, Inc by filling out a form at the Greeters Desk or by calling Elaine Rivard (978-649-7689)

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Adoration: 9:30am-10:00am 1st Thursday of the month.

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TRTC CORNER

Please get involved and make your voices heard!!

ELECTION OFFICIALS NEEDED:

We're looking for Republicans to help preserve integrity in the 2024 election. Please let us know if you're interested in serving as an Election Official, Poll Worker, or even as an Election Observer at one of our town precincts.

Reach out to TyngsboroughRTC@gmail.com for more information!



TYNGSBOROUGH REPUBLICAN TOWN COMMITTEE (TRTC)

The **Tyngsborough Republican Town Committee (TRTC)** serves as our community's official representation with the Massachusetts Republican Party. In addition to promoting the principles of the Republican Party, we also assist local, state and national Republican candidates in their bid for public office. While not everyone agrees on all issues, the TRTC focuses on issues we all share: less government, budgetary restraint, and lower taxes.

LOCALLY: We help promote fiscal responsibility; present Town Meeting Warrant Articles; oversee voter registration and Elections; and organize signature drives for candidates and Important issues.

STATE & NATIONALLY: We promote and support candidates that share our values; provide delegates to our State Convention to vote on our nominees for elected office; and coordinate with other Republican Town and City Committees.

Please get involved and make your voices heard!!

COME JOIN US!!: E-mail TyngsboroughRTC@gmail.com to get on our mailing list and follow us on Facebook ([TyngsboroughRTC](https://www.facebook.com/TyngsboroughRTC)) for meeting updates and other important information.

DONATE: If you'd like to make a donation, please send to: TRTC, PO BOX 614, Tyngsborough, MA 01879 or directly via <https://secure.winred.com/tyngsborough-rtc/donate>

FREE CURBSIDE TEXTILE PICK UP

The Town of Tyngsborough partnered with HELPSY to offer **free curbside pick-up** of clothing and household textiles to residents. Pickups will happen weekly. **Schedule curbside pick-up at [helpsy.co/tyngsboroughma](https://www.helpsy.co/tyngsboroughma) or 800-244-6350. Questions? <https://www.helpsy.co/home-pickup-faq>** Only clothing and other textiles, should be bagged and left on the curb by 7:00 AM on the day of the scheduled pick up. HELPSY accepts clean, dry, and bagged clothing and fashion accessories (stained, worn, and torn is fine). This includes dresses, shirts, pants, suits, coats, gloves, hats, belts, ties, scarves, wallets, purses, backpacks, totes, shoes, towels, bedding, costumes, curtains, placemats, tablecloths, and throw rugs. For more information about other recycling programs available to Tyngsborough residents, please contact the Board of Health by phone at 978-649-2300 x118 or visit them on the web at <https://www.tyngsboroughma.gov/departments/inspectional-services/health/trash-and-recycling/>

STITCHERS

The Stitchers meet at the Tyngsboro Senior Center every Monday from 10:00 AM to 11:30 AM. Currently we are working on articles to sell at The Friends of the Tyngsboro Elderly, Inc. Fall Festival, held the last week of September.. You will be able to purchase hats, scarfs, slippers, lap robes, and afghans. The proceeds will be used to purchase new yarn for the group

For further information, please call Jean Jacoppi (978-649-9076).

TYNGSBOROUGH TOWN HALL HOURS

Monday & Tuesday: 8:30AM to 4:30PM

Wednesday: 8:30AM to 7:00PM

Thursday: 8:30AM to 4:00PM

Friday: Closed

www.tyngsboroughma.gov



**TYNGSBOROUGH
RECREATION AND PARKS**
Call 978-649-2300 Ext. 150

The Recreation Committee meets at the Old Town Hall 10 Kendall Road. Meeting dates and additional information on our programs may be found on our website at TyngsboroughRec.com Friend us on Facebook. Seeking new members. Join us!

• **TYNGSBORO TOWN BEACH** (located on Mascuppic Trail between Cedar Grove Ave and Maplewood Ave) OPEN FOR SWIMMING - Memorial Day weekend, May 27. Open to all Tyngsborough Residents. Resident passes are checked by a lot attendant and are available free with proof of residency at the Town Hall. Volunteers are needed to assist in raking the beach each week. Please message your interest on FB or email TyngsboroughRec.com, (978) 649-2300 Ext 150

SWIM LESSONS! (at the Town Beach)

Preschool and youth group swim lessons for 45 minutes with a 5:1 ratio. Our students are put into group lessons according to age and ability. The small class learning environment creates a structured, positive and personal situation for your child to learn. Register at TyngsboroughRec.com

Lesson Schedule: **All sessions run Monday-Friday for 2 weeks (\$200 per session)**

• **Session 1 - June 26 - July 7th Finished**

• **Session 2 - July 10 - July 21**

9:00 am -9:45 am Preschool Lessons (Beginner, Intermediate, Advanced)

10:00 am -10:45 am Youth Lessons Level 1 and Level 2

10:45 am -11:30 am Youth Level 3 & Level 4

4:00 pm -4:45 pm Preschool Lessons (Beginner, Intermediate, Advanced)

5:00-5:45 pm Youth Lessons Level 1 and Level 2

6:00-6:45 pm Youth Level 3 & Level 4

• **Session 3 - July 24 - August 4**

9:00 am -9:45 am Preschool Lessons (Beginner, Intermediate, Advanced)

10:00 am -10:45 am Youth Lessons Level 1 and Level 2

10:45 am -11:30 am Youth Level 3 & Level 4

4:00 pm -4:45 pm Preschool Lessons (Beginner, Intermediate, Advanced)

5:00-5:45 pm Youth Lessons Level 1 and Level 2

6:00-6:45 pm Youth Level 3 & Level 4

• **Session 4 - August 7 - August 18**

9:00 am -9:45 am Preschool Lessons (Beginner, Intermediate, Advanced)

10:00 am -10:45 am Youth Lessons Level 1 and Level 2

10:45 am -11:30 am Youth Level 3 & Level 4

4:00 pm -4:45 pm Preschool Lessons (Beginner, Intermediate, Advanced)

5:00-5:45 pm Youth Lessons Level 1 and Level 2

6:00-6:45 pm Youth Level 3 & Level 4

• BLOCK PARTY VOLUNTEERS NEEDED

We are always looking for Volunteers! If you're interested in Volunteering for a program or special event please contact the office at 978-649-2300 ext. 150 or send us an email apage@tyngsboroughma.gov

If you're looking for Volunteer Hours please contact the office and we can either put you with one of our programs or tell you about the opportunities we have scheduled.

• TYNGSBORO BLOCK PARTY-BY-THE-BRIDGE + Craft, Music and Food Truck Event Saturday, August 26, 2023

11am-Fireworks (Rain or Shine)

11am-6:00pm Vendor and Game Areas

11am-7:30pm Food Trucks and Booths

11am-8:30pm Live Entertainment and Alcohol Vendors

Fireworks at Dusk www.PartyByTheBridge.com for all the details!

• **BLOCK PARTY SPONSORSHIP OPPORTUNITIES** Be one of the sponsors for the Tyngsborough Recreation Committee's events and programs. Our upcoming events provide not only a sense of community, but opportunities for families and children to remain active and social. We would like you to participate in our efforts, and promote your business at the same time.

Your sponsorship will help ensure we are able to continue to provide events, programming and fields for the community. Below is a listing of sponsorship opportunities. Our larger events draw people from the surrounding communities providing a good advertising base. Additionally, field banners are visible to many local youth organizations throughout the season. With the different levels of sponsorships, we will provide you with many layers of visibility. We look forward to your sponsorship, making each of us successful. See more information at https://tyngsboroughma.myrec.com/info/activities/program_details.aspx?ProgramID=29883

If you have any questions about sponsorships, please call/email Alison Page, Town of Tyngsborough Recreation Director, (978) 649-2300 ext 150; apage@tyngsboroughma.gov and we'll be more than happy to discuss options.

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These threats include:

- **Inflation** – Inflation has been high recently, but even a mild inflation rate can seriously erode your purchasing power. In fact, with just a 3% inflation rate, your expenses could double in about 25 years — and your retirement could easily last that long. So, if you're going to rely on your investment portfolio for a sizable part of your retirement income, you will need to own a reasonable number of growth-oriented investments, such as stocks or stock-based funds, whose potential returns can equal or exceed the inflation rate.

- **Excessive withdrawals** – Once you retire, you should establish a withdrawal rate for your portfolio — an amount you can take out each year and still feel secure that you won't run out of money. Some people make the mistake of withdrawing too much, too soon, once they're retired. Your withdrawal rate should be based on several factors, including your age at retirement, the size of your portfolio and the amount of income you receive from other sources, such as Social Security. A financial professional can help you determine a withdrawal rate that's appropriate for your needs.

- **Market volatility** – The financial markets will always fluctuate. When you're still working, this volatility may not be such a problem, as you have years or decades to recover from short-term downturns. But when you retire, you don't want to have to sell investments when their price is down. To help prevent this, you can tap into the cash in your portfolio, assuming you have enough to cover several months' worth of living expenses. You could also draw on a CD "ladder" — a group of CDs that mature at different times — to provide you with resources for the next few years and allow your equity investments time to recover their value.

- **Unexpected costs** – You had them when you were working, and you'll probably have them when you're retired: the furnace that breaks down, the car that needs a major repair, and so on. But if you've established an emergency fund containing a year's worth of living expenses, with the money kept in a liquid account, you may be able to "ride out" these costs without jeopardizing your investment portfolio. Be sure to keep these reserves separate from your typical day-to-day accounts to avoid the temptation of spending your emergency money.

- **Health** – Retirees may face more health concerns than younger people, and those concerns often come with larger medical bills. That's why it's important to maximize the benefits from Medicare or your Medicare Advantage plan. Also, if you contributed to a Health Savings Account (HSA) while you were working, and you haven't depleted it, you can use the money in retirement. As long as the HSA funds are used for qualified medical expenses, withdrawals are tax- and penalty-free, and won't be included in your income. This could help keep your income below certain levels, lower your Medicare premiums or avoid the 3.8% surtax on net investment income that can be assessed on high-net-worth taxpayers.

Retirement can be a pleasant time in your life — and you'll enjoy it more if you're prepared for the challenges that face all retirees.

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Our THRIFT STORE is open 9-2:30 Tuesday-Saturday. It is located in our warehouse. All are welcome.

BACKPACK ATTACK July 1 – August 12 **Deadline for dropping off items: 8/12/2023** **Goal:** Please help us reach our goal of 3,000 school supply packs to benefit children in need in the Merrimack Valley. Newly filled backpacks are distributed to children in homeless shelters or low income families via the many social service agencies in the Merrimack Valley that we partner with.

How you can help: Donate complete bags or Collect items for bags and we will put the bag together. For a \$60 donation we can provide a backpack filled with all of the school supplies a child needs to begin school. **The following unused items are needed in each pack:** 1 New backpack, 3 Spiral notebooks, 3 Folders, 1 Pack of 10 Pencils, 1 Pencil sharpener, 2 or more Pens, 1 pink style or 3 or 4 cap Erasers, 1 Ruler 12", 1 Metal scissors, 1 pack of Markers or colored pencils, 2 or 3 Glue sticks or 1 bottle of glue, 1 pack of 24 crayons, **Optional** 1 Science Calculator for High school students. **Donations of items may be sent to:** The Wish Project, 166 Middlesex Street, N. Chelmsford, MA 01863. Monetary donations may be mailed to The Wish Project, PO Box 8693, Lowell, MA 01852. If you want to drop off a donation please be sure to review our donation guidelines for items that we accept, fill out a drop off form, and check our drop off hours. **Donation Hours Tue-Sat 9:00-2:45 166 Middlesex St, North Chelmsford, MA.**

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27 Old Tyng Rd. Tyngsboro, MA 01879

(about 1 mile south of Tyngsboro bridge on Rt. 3A)

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Web Site: www.tyngsborochurchofchrist.org

Email: thechristians@juno.com

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TYNGSBORO YOUTH FOOTBALL AND CHEERLEADING

OPENS REGISTRATION FOR FALL 2023 PROGRAMS

FLEX FOOTBALL (Grades K-3) ~ TACKLE FOOTBALL CO-OP (Grades 4-6) ~ CHEERLEADING (Ages 4-14)

Tyngsboro Youth Football and Cheerleading is proud to launch our 19th season providing local area youth with the opportunity to learn football and cheerleading in a safe, fun environment while promoting the values and importance of academic achievement, teamwork, and sportsmanship. We offer all co-ed programs including **FLEX FOOTBALL** (Grades K-3), **CHEERLEADING** (Ages 5-14), and a **TACKLE FOOTBALL** (Grades 4-6) co-op with the North Middlesex Patriots. We are proudly affiliated with the American Youth Football and Cheerleading (AYF/AYC) program. We provide all of our coaches with comprehensive training to ensure the safest, positive, and fun experience for your child.

ONLINE REGISTRATION FOR OUR 2023 FALL SEASON IS NOW OPEN! We welcome fall football and cheerleading registrations from participants residing in Tyngsboro, Dunstable, Lowell and surrounding communities. **BE SURE TO REGISTER EARLY TO TAKE ADVANTAGE OF THE LOWEST REGISTRATION RATES AND SPECIAL PAYMENT PLAN OPTIONS!**

TO REGISTER FOR OUR FALL SEASON: Visit our website and click on "Registration".

QUESTIONS? Email us at: TyngsboroYouthFootballCheer@gmail.com, Follow us on Facebook under "Tyngsboro Youth Football and Cheerleading", or go to our website and click on "About Us".

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LIONS CLUB**



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need. We are currently looking for community minded members to join, please contact membership chair Joe Ward his contact information is below.

The Dunstable Tyngsboro Lions Club has the first female President since the existence of the club which was formed in 1977.

Officers for the 2022-2023 Lions Year

President: Laura Ward; 1st Vice President/Treasurer: Kristine DeMonico; 2nd Vice President/Secretary: Meg DeMonico; Membership Chair: Joe Ward; LCIF Chair: Mark Alexander; Media/Marketing: Charline Vigna; Tail Twister- Jorg Skowranek; Lion Tamer- Richard Lowe

Anyone interested in joining the lions is asked to contact Joe Ward 978-930-1153. Our Regular Meetings are held on the first and third Tuesday of the month starting at 6:30 pm at **Princeton Station** 147 Princeton St., in N. Chelmsford, MA. Our Facebook Page is <https://www.facebook.com/DunstableTyngsboroLionsClub>

If you would like to make a donation, please send to: Dunstable Tyngsboro Lions Club, P.O. Box 93, Tyngsboro MA 01879

YOU CAN HELP BY DONATING THE FOLLOWING:

- **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.

- **Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.

- **Can tabs** please place into bags before putting in the boxes.

Lion's collection boxes for eyeglasses, hearing aids and can tabs be located at: Tyngsboro Post Office- 353 Middlesex Rd Tyngsboro MA 01879; Tyngsboro Council of Aging Center - 169 Westford Rd., Tyngsboro MA 01879; Dunstable Town Hall - 511 Main St Dunstable MA 01827; Dunstable Post Office - 170 Pleasant St Dunstable MA 01827; Dunstable Library-588 Main St Dunstable MA 01827

**HAVE SOMETHING
THAT NEEDS TO BE FIXED?**

Bring it to the Repair Café

The Sustainability Committee, Tyngsborough/Dunstable Rotary Club, Tyngsborough Public Library and community volunteers are working together to offer a local Repair Café.

Our first Repair Café will be held at **The Beehive Coworking Community** (2 Bridgeview Circle). The event will take place on **Saturday, September 23 from 11:00AM - 2:00PM.**

A Repair Café is a neighborhood initiative that promotes repair as an alternative to tossing things out. Residents can bring their broken items in and, with the help of volunteer repairers, fix them.

At this event, everything centers on making repairs. Volunteers with a variety of areas of expertise will be available to help, free of charge. Tools and materials will also be on hand. People visiting the Repair Café will bring their broken items from home. **Toasters, lamps, hair dryers, clothes, bikes, toys, jewelry, crockery...** anything that is broken is welcome, and can more than likely be repaired. Many of the tools we use will then be available to borrow from the Tyngsborough Public Library's "Library of Things" so that residents can perform the same types of fixes at home without having to purchase these tools.

By promoting repairs, we hope to foster a "repair mindset" to reduce waste and promote a community spirit. Want to know more about the Repair Café? Look at the international website repaircafe.org/en.

Do you have a specific skill or passion for fixing things? We welcome residents with different skills who can be present as repair experts during the Repair Café meetings. Want to sign up as a volunteer? Send an email to sustainabletyngsboro@gmail.com. See you on September 23rd at the Repair Café!

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- West Chelmsford United Methodist Church is a family oriented church with something for everyone from tiny tots to seniors.

SUMMER WATER CONSERVATION TIPS

Sustainable Tyngsborough

Of the 29 billion gallons of water that is used EVERY DAY across this country, 9 billion are used mainly for landscape irrigation and, unfortunately, about half of that water is wasted due to over irrigation, run-off and evaporation. **Here are some water-wise recommendations:**

- **Leave it long!** Longer grass results in a more drought-resistant lawn (the longer the grass, the deeper the roots), reduced evaporation, and fewer weeds.
- **Use soil amendments.** Soil amendments, organic or inorganic, help the soil to retain moisture so that you do not have to irrigate as often.
- **Minimize or eliminate fertilizer.** Fertilizer stimulates growth, which makes your lawn thirsty. If you do fertilize, look for a product that contains "natural organic" or "slow-release" ingredients. Using these fertilizers reduces nutrient run-off into ground and surface waters, protecting natural resources, and because they feed plants slowly, they create healthier plants with strong root systems and no excessive "top growth."
- **Use a mulching mower** to cut your grass. The grass clippings left behind by a mulching mower essentially function as a slow release fertilizer, as if you were applying compost to your lawn.
- **Rain barrels or cisterns** can be used to harvest rainwater for irrigation and other outdoor water uses.
- **Does your lawn really need water?** Lawns require a total of 1" per week, including rainfall, to maintain good root systems. Over-watering causes your soil to become anaerobic. This lack of oxygen prevents roots from digging down deep and kills beneficial microbial activity. A good way to tell if your lawn needs water is to step on it. If the grass springs back it does not need water.
- **Take a sprinkler break.** Grass is not meant to be bright green in the summer.
- If you must water your lawn, **do your watering in the very early morning or evening.** This reduces the waste of evaporation.

Sustainable Tyngsborough is a subcommittee of the Board of Selectmen. We meet the third Tuesday of every month, beginning at 6:30pm. You are always welcome to join us and share your sustainability ideas and concerns. Like us on Facebook @Sustainable Tyngsboro.



ROTARY CLUB of TYNGSBORO/DUNSTABLE

Rotary is a global network Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs. Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others. Rotary Motto *Service Above Self*

If you are interested in membership, please call or text Ron Keohane at (508)517-3895 or Brian Day-Lewis at (978)399-4952. Want to join a meeting? **We meet at Dream Diner** in Tyngsboro on 1st and last Thursday of the month at 8:00 am. Second and third Thursday of the month, we meet at 12:00 at Dream Diner.

For further information, go to our Website:

<https://www.facebook.com/tyngsborodunstablerotary/>

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CLOTHING SHED AT DUNSTABLE CHURCH



The clothing donation shed at the Dunstable Evangelical Congregational Church, **518 Main St, Dunstable MA**, is open to the public.

St. Pauly Textile Inc., the company that has provided the shed, partners with a network of businesses and various organizations to distribute donated items both here in the U.S. and worldwide, where they're ultimately re-worn by people who need them. The Dunstable Church additionally has the option to use donations to serve community needs. The company was founded in 1996 and is an A+ rated member of the Better Business Bureau.

Accepted items: clothing, shoes, belts, purses, blankets, sheets, curtains, pillowcases, and stuffed animals.

PLEASE tie your bags, and do not leave bags outside the box.



TYNGSBOROUGH-DUNSTABLE HISTORICAL SOCIETY

DUNSTABLE RURAL LAND TRUST

DUNSTABLE 350TH ANNIVERSARY COMMITTEE

FARM DAYS

Saturday, August 19, 2023

1pm – 4 pm

Come Celebrate Dunstable's Farm Heritage at the McLoon Barn, 370 Thorndike St. and the Little Red Schoolhouse, 64 Main St. (Route 113), Dunstable, MA

It will be a fun afternoon filled with activities and demonstrations of life on a farm in the 1800's. **At the barn** you can learn about beekeeping, blacksmithing, spinning and quilting and meet live farm animals. **At the Little Red Schoolhouse** (Sarah Tyng Winslow Schoolhouse) the TD Historical Society will sponsor a celebration of farm life in Dunstable through the ages including a display of old tools from the 1700 & 1800's. Try your hand pumping water from our well, turning apples into cider, playing games played by children over the centuries.

Special hands-on activities being planned for farm kids: woodworking, daily farm chores, washing clothes on a scrub board, weaving, making butter, penmanship with quill pens, Dutch oven baking and two-man crosscut sawing. *These are just a few of the offerings in the planning stage by members and friends of the Dunstable 350th Anniversary Committee.*

This event is Sponsored by The Dunstable Rural Land Trust, The Tyngsboro-Dunstable Historical Society in conjunction with the Dunstable 350th Anniversary Committee.

KITTY ANGELS

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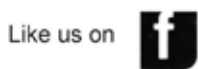
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Our group does not meet in the summer months of June, July, and August. If you would like to speak with someone during this time, please contact Peggy at phassett99@gmail.com please type **Grief Support** in the subject line of your email.

We will resume our meetings in September. **Please note the change of date, our first meeting will be held on Saturday, September 16th** Usually we meet on that last Saturday of the month. (from 10:30 a.m. - 12:00 p.m. at St. John the Evangelist, Old Parish Hall, 115 Middlesex Road, N. Chelmsford, MA 01879.

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St. Margaret: Tues. 4:30-5:30pm & Sat. 1-2 pm
St. Mary: Wed. 4:30-5:30pm & Sat. 11am -12 noon

• WEEKEND MASS SCHEDULE

St. Mary: 4pm on Saturday, 7am and 11am on Sunday
St. John: 4pm on Saturday, 9:30am and 6pm on Sunday
Also 12pm African Liturgy (2nd, 3rd and 4th Sundays)
St. Margaret of Scotland: 4pm on Saturday and 7:30 and 10am on Sunday

• DAILY MASS SCHEDULE Monday thru Friday

St. Mary at 7am • St. Margaret of Scotland 8am • St. John at 9am



Neighbor to Neighbor

Published by Anne M. Paquin
Since 1983

64 Hardy St., Dunstable, MA 01827
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CELEBRATING 40 YEARS!

Time sure has gone by quickly. It is a pleasure to keep in touch with you. I love to hear about what is going on, so I can share it in one place, with all of you. Again I thank all who have been submitting news. Many have been doing so for years.

The purpose remains the same to share local news, events, and information about local businesses with everyone in the towns of Dunstable and Tyngsborough. Thank you advertisers. Your support is greatly appreciated! I hope you do consider calling them if you are in need of their products or services. They would appreciate your patronage.

Information is published on a first come, first served. To submit news or info about an upcoming event, or if you would like more info about advertising, please email me at anne@neighbortoneighbornewsletter.com. I will get back to you as soon as possible.

The next deadline is August 10th for the September issue. If something comes up, remember announcements can be sent in to be posted on my website's main page anytime. www.neighbortoneighbornewsletter.com There you can find the current issues on the main page of the website posted around the 1st of the month. Click on the heading to choose past issues to read.

I wish you all wonderful summer and I look forward to hearing from you soon.

Thank you, Anne

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Interim Pastor Bernie Michaud



Our Weekly Sunday Worship Services are at 10:00 AM

If you prefer to stay home, Services are available on line.

• **TO WATCH LIVE SERVICES** Log on to facebook and go to **Ecct Church**. Log in at any time to watch the recorded services.
• **NEW PARKING LOT** - Please enter and exit across from the Tyngsboro Fire Station. A walkway has been paved for easy access to our church.

• **LADIES BIBLE STUDY** - A new Bible Study will begin in the Fall when we meet after the summer break. Diane Michaud will be leading this study of Romans: Becoming New in Christ, another Lifeguide Study.

• **MEN'S BIBLE STUDY** - A new study will begin in the Fall after summer break led by Jim Politi.

• **CHILDREN'S DAY - JUNE 4** - Our Sunday School led by Joan & Jim Politi, Patti Ann Reekie along with Lisa Mambro presented our year-end service during this Sunday service. What an amazing group of children we have in our midst!!! *They sang special song selections, read scripture, performed 3 puppet plays, presented A Year in Review and received awards from our leaders to close out our Sunday School Program until they meet again in September.*

What a joy and blessing they are to our church family.

During this service, Pastor Bernie presented 4 deserving High School Graduates Scholarships from the church to help further their education. We were so happy to have their families join our service.

Those receiving Scholarships were: Yesenia Collins, Jaclyn Goyette, Meshwa Patel and June Wholey. We enjoyed fellowship after the service with a cook-out to celebrate everyone!!!

• **DAYCARE DURING CHURCH SERVICES** will continue to be available throughout the summer months.

• **PRAYER/PRAISE MEETINGS** - Please **come join us Wednesday evenings at 5:30 p.m.** to share Prayers and Praises. ALL are welcome! These meetings are taking place in our Sanctuary. What a blessing to have Nyakio leading us in this important ministry!!

• **CHURCH TRAINING SEMINAR "CONVERSATIONS"** - On Sunday, June 11th Gideon's International presented a seminar on "how to share your faith and the gospel in conversations with others." We thank Eric Smith, Manager of Education & Training for presenting this very important ministry. It was very well attended and appreciated by not only our parishoner's, but with several other sister church members who also attended. Thank you to our Outreach and Missions Team, Laurie Chizook and Michael Christiana, for bringing this forward and the very nice luncheon that was served!

• **JUNE 25 "BAPTISMS"** - Pastor Bernie baptized several in our congregation immediately after church. Thank you to Ken and Kathy Lemire for lending us the use of their beautiful swimming pool!

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• The **"PRAYER BOX"** is outside the doorway to the store entrance. Please feel welcome to write down your prayer needs and it will be passed onto our church so we can ALL pray for you or someone you know. Names will not be disclosed.

• **CUSTOMER APPRECIATION DAYS** - We held our "ICE CREAM SOCIAL" on June 22 and 24 to thank ALL our CUSTOMERS and VOLUNTEERS for making our Thrift Store such a success! We are so Blessed that our Thrift Store is a very special place where your dedication allows us to further our ministries, not only in our community, but extended to many ministries around the world! THANK YOU ALL SO MUCH. We would also like to extend an extra special Thank You to Charlotte Tyson-Williams and Mary Donaher for ALL the hard work and abundant hours they dedicate to this worthy cause! We couldn't do it without you!

• You can remain updated by visiting our website

www.tyngsborocongregational.org

or please check our **Facebook** page for unexpected closure dates.

We wish everyone a safe and blessed summer!

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ALTRUSA CLUB OF MERRIMACK VALLEY

Altrusa Club of Merrimack Valley is very grateful to DeMoulas' Supermarkets, Inc. for allowing us to conduct a Food Drive on Saturday, May 20, 2023 to benefit the Open Pantry of Greater Lowell, which services seven (7) Greater Lowell communities in the Merrimack Valley; Lowell, Billerica, Chelmsford, Dracut, Tewksbury, Tyngsborough and Westford.

The patrons of the store were extremely generous. More than 2500 pounds of non-perishable food items were donated, as well as assorted paper products (toilet tissue). In addition, Altrusa received cash donations in the amount of \$272.07 and \$50 in Market Basket Gift cards. The cash was used to purchase Market Basket gift cards for the Open Pantry to distribute to veterans when they pick up their Pantry food orders. Although a rainy day, it was an incredible day of giving and sharing to help those in need.

CALL FOR WALKERS: REGISTER FOR THE 35TH ANNUAL BOSTON MARATHON® JIMMY FUND WALK PRESENTED BY HYUNDAI

BOSTON — Registration is now open for the 2023 [Boston Marathon® Jimmy Fund Walk](#) presented by Hyundai. Scheduled for Sunday, October 1, funds raised from the Walk support all forms of adult and pediatric patient care and cancer research at one of the nation's premier cancer centers, [Dana-Farber Cancer Institute](#).

THE DETAILS: The Jimmy Fund Walk is the only organized walk permitted on the famed Boston Marathon® course, and participants have the flexibility to choose from four distance options:

5K walk (from Dana-Farber Cancer Institute's Longwood Medical Campus) 10K walk (from Newton) Half Marathon walk (from Wellesley) Marathon Walk (from Hopkinton)

Whatever route walkers choose, participants will be treated to 10 refueling stations as well as poster-sized photographs of patients – Jimmy Fund Walk Heroes – displayed at each mile and half-mile marker as inspiration.

All four routes of the Jimmy Fund Walk will culminate at the Jimmy Fund Walk Finish Line Powered by Schneider Electric. Due to construction in Copley Square, the Jimmy Fund Walk Finish Line location has been moved to the Fenway neighborhood for 2023. Walkers should know that distances may be slightly shorter as we finish the walk in front of Fenway Park. The finish line will include a celebration complete with food, music, and a speaking program. If walkers wish to participate a bit closer to home, the Jimmy Fund Walk has flexible opportunities. Participants can also join the event virtually by "walking their way" from wherever they are most comfortable—in their neighborhood, on a favorite hiking trail, or on a treadmill at home. Virtual programming and supporting materials will be available.

The 2023 Walk will be held during the Jimmy Fund's 75th anniversary year and will aim to raise \$9 million in the effort to prevent, treat, and defy cancer. The Jimmy Fund Walk has raised more than \$167 million for Dana-Farber Cancer in its 34-year history, raising a record-breaking more than \$8.8 million in 2022. Funds raised from the Walk support all forms of adult and pediatric patient care and cancer research at [Dana-Farber Cancer Institute](#). The Boston Athletic Association has supported the Jimmy Fund Walk since 1989, and Hyundai has been the presenting sponsor for more than 20 years.

Register as an individual walker, team member, or start a team! Take advantage of this unique opportunity and lead a group of your family, friends, or colleagues to the finish line. The Jimmy Fund can help you start a team, grow your fundraising, and defy cancer, together. To register for the Walk (#JimmyFundWalk) or to support a walker, visit www.JimmyFundWalk.org or call (866) 531-9255. Registrants can enter the promo code NEWS for \$5 off the registration fee. All registered walkers will receive a bib, medal, and a Jimmy Fund Walk T-shirt. Follow the Jimmy Fund on Facebook, Twitter and Instagram: @TheJimmyFund.

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**TYNGSBOROUGH
GARDEN CLUB**

Our late spring plant sale was a success. The one-day event took place on Saturday, May 27 at 2 locations: Flint's Corner and 13 Beverlee Drive.

Funds will be used to support gardens and flower beds around town. Perhaps you saw the riot of tulips in front of the Parish Meeting House this spring. That explosion of color was the direct result of a bulb planting day the club organized last October. Headed up by Bill Gleason and his supervising companion, Susie the Chichuahua, club members spent a couple hours on a beautiful fall morning planting over 300 bulbs.

The club also participated in a spring cleanup at the Evangelical Congregational Church. The Community Room is the club's usual meeting place and they have always been very gracious toward us. A bunch of plants from our gardens also found their way to the church grounds.

The club is currently working with Emilie Brush, the Conservation Director, and Toll brothers to secure funding and some help in refurbishing the triangle at the intersection of Coburn and Sherburne. Toll Brothers used the triangle as a staging area for their heavy equipment during their construction project and the triangle is now in need of serious remodeling. The club is currently working up a budget for the project.

Our potluck had a great turnout. Two thirds of our club members attended and the food was wonderful. Gardening and food seem to go together. Our members are excellent cooks.

While our programming is done for the summer, club members are looking forward to several field trips. Our June trip will be to the Ropes Mansion garden in Salem where over 5000 annuals are on display. In July, we're going to Glen Magna Farms in Danvers and in August, to the Crane Estate in Ipswich. We will continue to maintain our own gardens and tend to the ones around town during the summer.

New Garden Club members are always welcome and the public is invited to attend individual programs for a nominal fee of \$5. Unless otherwise noted, meetings take place at the Evangelical Congregational Church of Tyngsborough at 23 Kendall Rd. and begin at 7 pm.

Mark your calendar, the membership year starts with the first meeting on September 5th. Club dues are \$25 for the membership year, prorated to \$15 for people who join in the second half. For more information, please contact us at tynggardenclub@gmail.com Linda Sheldon, President