



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

Celebrating 39 Years of Service

Issue # 416 • June 2023

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TYNGSBOROUGH TOWN CLERK NEWS

• **2023 Dog Licenses** are available at the Town Clerk's office or by mail. **The license is now late and payment must include a \$25.00 late fee.** Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. **If renewing by mail, please enclose a stamped, self addressed envelope for the license, as well as your dog's proof of rabies vaccine.**

Stay safe!

Please contact the office at 978-649-2300 extension 129 or email to jshifres@tyngsboroughma.gov with any questions.

TYNGSBOROUGH BOARD OF HEALTH TRASH SCHEDULE CHANGE

In observance of Juneteenth, there will be a one day delay. Trash pick-up will be on Tuesday, June 20th.

In observance of Independence Day, there will be a one day delay. Trash pick-up will be on Wednesday, July 5th.

MOSQUITO & TICK SEASON IS UPON US

Please remember to protect yourself from mosquitoes & ticks!

PREVENTION TIPS FOR MOSQUITOES • Use insect repellents any time you are outdoors • Wear long-sleeved clothing, • Schedule outdoor activities to avoid the hours from dusk to dawn during peak mosquito season • Repair damaged window and door screens • Remove standing water from the areas around your home

PREVENTION TIPS AGAINST TICKS

One of the most important things you can do is **check yourself for ticks after spending time outdoors. Or check yourself at least once a day.** Favorite places ticks like to go on your body include areas between the toes, back of the knees, groin, armpits, and neck, along the hairline, and behind the ears. Remember to check your children and pets, too. Remove any attached ticks as soon as possible. To learn more about Mosquitoes and Ticks, visit <https://www.mass.gov/mosquitoes-and-ticks>

WHAT TO DO WITH YOUR OLD MATTRESS?

If you're not sure what to do with your old mattress, there are a few options to consider. **You can donate mattresses in *good condition*.** • Household Goods, 530 Main St. (Rt 27) Acton, MA 978-635-1710 ext. 5 www.householdgoods.org

Donation Drop-Off Hours: Tues, Thurs, and Sat. 9AM - 12PM

• **The Wish Project, 166 Middlesex St., North Chelmsford, MA 866-947-4360** You can visit their website to fill out the donation form. www.thewishproject.org

Donation Hours: Tues. and Sat 9AM - 2:45PM

• **Curbside pick-up now available for a fee with UTEC call 978-856-3997 or visit www.utecinc.org/mattress-recycling/**

We recommend a quick google search to find other donation sites. You can give mattresses away via a local gifting group like Buy Nothing or Freecycle. If you are buying new, check with the retailer to see if they will recycle your old one. **Save the date Household Hazardous Waste Collection is October 28, 2023**

IN MEMORY OF

David M. Barrett	Patrick J. Gower
Donald L. MacMillan	Janina "Babcia" (Skiba) Stopyra
Ralph F. DiRocco	Paul Thure Michaud
Dylan E. Dufresne	Earle R. Connell, Jr.
Beatrice Anna Trudel Goulet	Leo Belodeau

TYNGSBOROUGH WATER DISTRICT

87 Progress Avenue, Unit #2 Tyngsborough, MA 01879
978-649-4577

Public Notice

The Tyngsborough Water District Consumer Confidence Report is available for review at the District Office, 87 Progress Ave, Unit #2 or at the Town Hall and Library. You can also read and download a copy at: <https://bit.ly/3LOme6q>

Daniel Duchesne, Superintendent

TYNGSBOROUGH RECREATION

TYNGSBORO TOWN BEACH

Is located on Mascuppic Trail between Cedar Grove Ave and Maplewood Ave.

OPENED FOR SWIMMING - Memorial Day weekend, May 27.

Renovated last season, it is open to all Tyngsborough Residents. Resident passes are checked by a lot attendant and are available free with proof of residency at the Town Hall. Volunteers are needed to assist in raking the beach each week. Please message your interest on FB or email TyngsboroughRec.com, (978) 649-2300 Ext 150

YOGA/MEDITATION

Tyngsboro's Health Department has partnered with Frontline Initiative to organize one session of a Yoga class and one session of a Meditation class with local yoga instructor Chris Connolly, RN, BSN, owner of "Living My Dream Yoga". **Yoga will be on June 23, 2023 from 3PM-4PM and Meditation will be on June 30, 2023 from 3PM-4PM.** Classes will be hosted at Old Town Hall. Free to the public! You can register at <https://tyngsboroughma.myrec.com/info/default.aspx>



**Congratulations Graduates
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**FRIENDS OF THE
TYNGSBOROUGH
PUBLIC LIBRARY**



** Summer is coming, so think of what museum and visitor passes you can reserve at the Library. **The Friends provide passes for Davis Farmland, Roger Williams Zoo, the Seacoast Science Center and many more.** Bring the family. Or enjoy a day with just the two of you at the Museum of Fine Arts. Reserve online or call the Library to reserve your pass.

Q: If I have a library card, am I a member of the Friends?

A: Actually, these are two different things. Having a library card allows you to check out books and other great items from the Library and to use electronic resources. If you join the Friends, you are a dues-paying member of a volunteer non-profit organization whose mission is to help support our Library. The Friends raise funds primarily through membership dues, used books sales, and donations. Funds go towards Library programs, books for the Children's Library, a scholarship/service award, most of the museum and activity passes, etc.

** If you would like to **join the Friends**, new members are always welcome, and we appreciate your support. Please call or stop by the Library for an application. There is also an application at <http://www.tynglib.org/index.php/friends-of-library>, and you can pay dues through PayPal. Your dues go to support the Library, not the town. Once you join, plan on attending the meetings. We welcome new members and are seeking officers to serve on the board.

** **The next meetings are June 5, then after a summer break, we meet on September 11 (Monday after Labor Day), October 2, and November 6. Join us at 6:30-8pm in the Library. Show your support by attending and offering to volunteer.**

** Contact us at tynglibfriends@gmail.com or call the Library at (978) 649-7361. Check us out on Facebook at <https://www.facebook.com/FOTPL/>. Let us know that you can help!

When you contact a business or organization, please tell them you've seen their ad or news in Neighbor to Neighbor. They would like to know. Thank you, Anne

FRIENDS OF THE TYNGSBORO ELDERLY, INC. Announces a **Luncheon for senior citizens on Tuesday, June 20, 2023 at the Old Town Hall in Tyngsboro.** Doors open at 11:30 AM. Luncheon at noon, followed by raffles, and entertainment. **Tickets are complimentary and are available at the Tyngsboro Senior Center, 169 Westford Rd, Tyngsboro, the week of June 15th from 10AM to Noon or by calling President, Joe Jacoppi (978-649-9076).**

BONE BUILDERS

You need to participate in Bone Builders at the Tyngsboro Senior Center if you have been diagnosed with Osteopenia or Osteoporosis.

Exercises, specifically designed to build bones and improve balance are taught every Monday and Wednesday at 9:00 AM. These exercises were designed by doctors at Tufts University Research on Aging. They are proven to work along with a healthy lifestyle.

We are presently on a wait list, but get your name on it for eventual openings. As a member of the class tests normal, a space opens up. **For further questions, please call Jean Jacoppi, Leader, at 978-649-9076.**

Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

E-mail: anne@neighbortoneighbornewsletter.com

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Total circulation is now 6,616 which includes Dunstable and Tyngsborough, MA.

OUR HEALTHCARE NON-SYSTEM

By Edward H. Adamsky

Whenever I hear the phrase "Healthcare System" I always counter that we do not have a "system" for medical care in America. The word "system" implies a coordinated network that works together to achieve a unified goal, and we have no such thing. Our medical care industry is made up of diverse entities (doctors, hospitals, clinics) that provide care of various sorts and other entities that pay for that care (insurance companies) and gatekeep what care will be provided. There is little to no coordination between any of the entities.

A major problem with Healthcare is that it is often centered on payment and that payment usually comes from a Health Insurance Company. Insurance companies are designed to pay for as little as possible while meeting whatever minimums the State insurance laws require of them. The providers of health care will often defer to the payor (the Insurance company) when determining what care to give and for how long. You can offer to pay for care, but many providers may not even know how to deal with that offer.

Another major problem is dealing with the various providers. There are specialists that only provide certain types of care (Cancer centers, Urologists, Podiatrists) and there are nursing facilities that provide care when a person needs constant direct care, but they don't always have those special medical providers available to their residents. When someone is in a nursing facility, sometimes they need to leave to get medical services from other providers and there is no easy system to get them there. It usually involves the assistance of a family member, but might require paying for medical transportation (that usually isn't covered by health insurance).

If a person is in an Assisted Living Community, it is just like they are in their own home. There is no direct medical care provided at the Community level. Whatever medical care the person needs has to be obtained by going to the providers, which requires transportation and coordination (which isn't part of our non-system at all).

If a person needs to leave home or Assisted Living and go to a nursing home, there is no system to help that take place. Most nursing homes have long waiting lists, and generally take most of their new patients directly from hospitals. The best and easiest way to move someone from home to a nursing home is via the hospital after some sort of medical incident, but you cannot plan nor coordinate that happening at the right time.

Your best solution is to have a care coordinator or care manager on hand to help you with this jumbled mess of our healthcare situation. You will have to pay for that service, but it can be well worth it to ensure that what we have works a little more like a system. You can find a care manager by using the website of the national organization: www.aginglifecare.org.



46 Coburn Road
Tyngsboro, MA

SHERBURNE NATURE CENTER & TRAILS


Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, observe the birds and notice what changes fall has made. **Remember to dress for the weather.** It's a great place for outdoor exercise and to enjoy nature close to home.

Children under 16 must be accompanied by an adult.

Please note: *The tennis court behind the Sherburne Nature Center is not part of the PUBLIC Nature Center property.*

Do you have some news? Would you like info about advertising in the July/August issue? Deadline is the 10th of June. If you missed the deadline contact me as soon as possible.

Email: anne@neighbortoneighbornewsletter.com, or call 978-419-1914



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TYNGSBOROUGH HIGH SCHOOL

is proud to announce *Eva Gorman, Jillian Balbat, Atena Jasim, and Emily Keaney* as the *May Students of the Month*.

Eva Gorman, daughter of Melissa and Christopher Gorman received the Principal's Award in 2022. Eva has been a member of the theater program for four years starting in her freshman year at THS. She was also a varsity lacrosse team member during her sophomore year. Eva has also volunteered at community events such as the Holiday Flea Market. Her hobbies include singing, reading, and hanging out with friends. Eva's favorite subject is English and her future plans are to go to Framingham State and study early childhood education. Reflecting on her days at Tyngsborough High School she says, "This school has taught me leadership skills for the future".

Atena Jasim, daughter of Tamara Jasim and Ahmed Jasim has been a three-year member of the National Honor Society. She is also a three year-recipient of the Academic Excellence Award and also has received the Commitment to Learning Award. Atena is a member of the Spanish Honor Society, the president of the Arabic Club, and the National Honor Society, and the graphic design coordinator for the BioBuilder Club. She has also been a member of the varsity tennis team for four years and has been a captain since 2020. Atena has received the Most Dedicated Player Award for the past two years. She has participated in numerous community volunteer work such as an Arabic translator at Climate Cardinals, Girl Scouts Troop Ambassador, a Spanish enrichment volunteer at Tyngsborough Elementary School, a Spanish peer tutor volunteer at Tyngsborough Middle School, and a Public Library volunteer at the Tyngsborough Library. Atena's hobbies include long drives, going on walks, reading, and watching soccer and her favorite subjects are writing and biology. Her future goals are to become a software engineer. Looking back on her days at Tyngsborough High School she says, "I have been given the opportunity to learn in a kind and welcoming environment where I could freely explore my interests and passions. The school has helped me gain leadership skills through the experience of being a leader in tennis and after-school clubs. I learned how to navigate through new challenges and develop the confidence to keep working hard in order to prepare for my next four years in college. My favorite memories from school are parking lot conversations, studying and hanging out in the library, and homecoming week".

Jill Balbat, daughter of Michelle and Richard Balbat has received the Outstanding Achievement in World Language Award, the Outstanding Achievement in Wellness Award, the Outstanding Achievement in Business Award, and the Principal's Award. Jillian is also the co-founder of the GSA club and a member of the book club. She has also participated in community services such as Give Kids the World, the community thrift shop, Tyngsborough Block Party, and St. Francis homeless ministry. Jillian's hobbies include powerlifting and going to the gym daily, stick-shift driving thanks to her dad, and spending time with her sister. She is also an equestrienne who has shown Saddlebred horses competitively. She spent her first years of high school as a student barn manager for Chase Farms in Hollis, NH and she currently works at Crystal Farm as a farm hand and equine caretaker. Jillian's favorite subjects include Spanish, history, political science and Mrs. Hamilton's classes and her future goals consist of attending High-Point University and living an extraordinary life of significance in a warmer climate. Looking back on her days at Tyngsborough High School she says, "THS has taught me how to be strong in the face of adversity. I've lived in town for almost 10 years but I didn't attend public middle school here. I've learned how to adapt and fit in. I will always remember my amazing trip with Mrs. Trainor and Mrs. Ward this past year to Give Kids the World. I never realized how warm and loving teachers could be and I'll never forget my special time volunteering with my classmates". Jillian also says that "Even though I never went out for high school sports teams, I am actually a very competitive person and I loved physical education classes and activities like nitro ball and floor hockey. I think my wellness and PE teachers recognized my energy and passion and appreciated what I brought to the classes I took with them".

Emily Keaney, daughter of Caroline and Michael Keaney has received the Commitment to Learning Award, the Outstanding Achievement in Theater Award, and the Outstanding Achievement in English Language Arts Award. She has also received the Principal's Award for three consecutive years. She also has been part of the theater program for four years and has been the Book Club president for the last three years. Emily was a part of the junior varsity field hockey team during her freshman and sophomore year and completed community service during the Give Kids the World trip. Her hobbies include music, writing, and reading and her favorite subject is English. Emily's future plans consist of attending UMASS Amherst and studying education and she plans on becoming a secondary English teacher. Looking back on her days at Tyngsborough High School she says, "I have gained the courage to pursue my dreams and the knowledge to successfully accomplish them. I will always remember the wonderful friends I have made and the caring teachers that have supported my growth". She also has learned through her life experience from her mother that no matter how bad the state of the world or my personal life is, "This too shall pass".

Congratulations to these four amazing students!

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TOWN OF TYNGSBOROUGH
TOWN HALL, 25 BRYANTS LANE

Mon. & Tues., 8:30AM to 4:30PM • Wed.: 8:30AM to 7:00PM
Thurs.: 8:30AM to 4:00PM • Closed Friday Until Further Notice

Meeting schedules are posted at the front entrance of the Town Hall

Town Hall Directory Main Number 978-649-2300

Town Accountant	Ext. 124	Media Dept.	Ext. 140
Assessor's Office	Ext. 121	Planning Board	Ext. 115
Board of Appeals	Ext. 112	Town Treasurer	Ext. 126
Board of Health	Ext. 118	Veteran's Agent	Ext. 131
Building Office	Ext. 112	Sewer Dept.	Ext. 134
Town Clerk	Ext. 129	Board of Selectmen	Ext. 100
Town Collector	Ext. 128	Town Administrator	Ext. 100
Conservation Office	Ext. 116	Recreation & Parks	Ext. 150
Capital Asset Mgmt Com	Ext. 124	Highway Dept.	978-649-2310

TYNGSBOROUGH COUNCIL ON AGING



169 Westford Rd, Tyngsborough, MA
978-649-9211

Mailing Address: 25 Bryants Lane, Tyngsborough, MA 01879
Email: Broche@tyngsboroughma.gov

Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3.

COA Board Meeting June 20, 3:30 PM. No meeting in July – August Summer Break

Donations Needed: Coffee (ground and k-cups), 12oz Cups, Paper Plates-Small and Large, Plastic Spoons, Forks, Knives, Sugar Packets.

VOLUNTEERS NEEDED: to help call BINGO: Requirements: Available on Tuesdays from 12:00 until 2:30. Must be able to use a computer. Contact Barbara at the center. **Volunteer Greeters needed** to fill in during the summer months. See Tracy.

WELLNESS CLINIC Tyngsborough Council on Aging, 169 Westford Rd, 978-649-9211 **Charlene Muscato RN** on **Wednesday June 14th** will be doing blood pressure readings, weight checks and medication reviews. **Sign up sheet at the front desk.** First come, first served.

BONE STRENGTH FREE, Weds. 10:00 / Fri. 9:00 Doctor's note **NOT required.** Class has opening, No cost.

MAHJONG FREE-NO COST! Every Fri. 10:00 **BEGINNERS LET LOOSE & RELEASE** Every Fri. 10:00, **Instructor Lynda Gambale** Lynda explains how you can slow down and reverse the speed in which your cells die—showing scientifically, how anyone can stay feeling young and vibrant their entire life!

YOGA AND HOLISTIC HEALTH Every other Weds. 9:00, see *calendar for the dates.* Lynda Gamble...Yoga. Laurie Schmalz... Holistic Health.

GREAT GAMES TO PLAY WITH YOUR FRIENDS Need some fun in your life, join us at the center. Tues., Cribbage 10:00 Free; Tuesdays, BINGO 12:30 Not Free; Thurs., Bridge 10:00 Free; Fri., Mahjong 10:00 Free; Fri. Wii Bowling 10:00 Free.

The Center will be closed:

June 19th - Celebrating Juneteenth

July 4th - Independence Day

NEW GAME COMING! We are starting a new Game CANASTA. If you are interested call the Senior Center or come in to have your name put on the list.

FREE... PAINTING CLASS Every Monday, 12:30-3:00 In this class everyone helps each other. If you love painting and don't mind (asking or helping) others, come join us and make new friends.

FREE COMPUTER and CELL PHONE HELP at the Senior Center. Every 2nd Wednesday of the month. (June 13th) 9:30 –12:00 Dean Lotito, will be available to answer questions, and help fix issues with your cell phones and computers. Take advantage of this free service while it last.

CRAFT with LAURA: Weds. June 14th, Cards with Laura. Weds., June 28th, 11:00 Lynda G and Denise Bryan, will be teaching how to make alcohol ink coasters. Limit is 6 to the class.

SENIOR/VETERAN BREAKFAST: Thurs., June 15th, 8:30-9:00 Start your day off with a **FREE** healthy breakfast. Breakfast sponsored by *Dr. Dave & Robyn Tarr; Speaker; Fairview Hudson NH. Alzheimer's Disease.*

BOOK CLUB (Monthly) Wednesday, June 21st, 10:00 Come join us on the 3rd Wednesday of each month. Discover and read the best new books each month.

MURDER MYSTERY: Thursday, June 22nd 11:00. "Grimm Island" free lunch for participants at 11:30. **Traveling Chef - Chicken kabobs**

INDEPENDENCE DAY CELEBRATION Wed., June 30th, 11:30.

Come celebrate a **BBQ Luncheon and some entertainment with Jumpin Juba** COST \$5.00



VIRTUAL VACATION MID ATLANTIC REGION, "WILD WEST" Friday, July 7th. 11:30 The Traveling Chef will be here serving Crab Cake or Turkey Cranberry Salad w/soup.

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1963 * Celebrating 60 Years * 2023



The TST has been awarding scholarships for 60 years! The work is rewarding and our fundraising events are just as fun to work on as they are to attend. *If you have been thinking of getting involved, we welcome new participants.* We typically meet the 2nd Thursday of each month, from September through June, with most meetings in the Tyngsborough High School teacher's room at 6:30 p.m. For more information see our Facebook page or contact us at scholarshiptrusttyngsborough@gmail.com.

TYNGSBOROUGH SUSTAINABILITY COMMITTEE

Sustainable Gardening Tips

Rainwater, compost, and native plants are all excellent choices for your garden and the environment. Here is why:
Rainwater Collection - Rainwater does not contain chemicals like chlorine and fluoride, and it is free of salt and other minerals that are typically found in tap water. The pH of rainwater is usually somewhere around 5.0 – 5.5. Collecting rainwater can be as simple as placing a rain barrel at the downspout from your gutters, or if you don't have gutters, placing the barrel where the water flows off the roof. Multiple barrels can be set up and connected with piping or hoses to increase the amount of rainwater collected. These barrels typically have a spout towards the bottom that can be used to fill watering cans or to connect a hose for utilizing the rainwater in your garden.

To learn more about rainwater collection and rain barrels, visit:
<https://www.tyngsboroughma.gov/news/rain-barrel-program/>
<https://www.mass.gov/guides/rain-barrels-and-other-water-conservation-tools>

Compost - Compost is also a great alternative to chemical fertilizers. Composting is a controlled, aerobic process that converts organic materials into a nutrient-rich soil amendment through natural decomposition. Composting can be done in your own backyard using your kitchen scraps and yard trim. If you don't have the backyard space for composting, there are three companies (Bootstrap, Black Earth and City Compost) that will collect your curbside food waste and return rich compost for your garden or house plants. You can add compost to all your gardens (veggies and flowers). Adding finished compost to your garden helps soil to retain moisture, improves the structure of the soil, attracts beneficial organisms to the soil, reduces soil erosion, and sequesters carbon in the soil. **If you missed our Backyard Composting Workshop (held May 24), please visit Tyngsborough Media to look for a recording of that workshop.** To learn more about composting, visit: <https://www.epa.gov/recycle/composting-home>
<https://ilsr.org/home-composting/>

Native Plants - Native plants are adapted to local climate and soil conditions, where they naturally occur. Native plant species provide nectar, pollen, and seeds that serve as food for native butterflies, insects, birds and other animals that have evolved with these plants. Common horticultural plants found in many garden centers do not provide proper nutrition for pollinators and other animals, and they often require insect pest control to survive. Native plants are low maintenance once established, they require less watering, they don't need any fertilizers, and they're really beautiful to look at! To learn more about Native Plants, visit: <https://www.nativeplanttrust.org/> https://www.fs.usda.gov/wildflowers/Native_Plant_Materials/Native_Gardening/index.shtml

Sustainable Tyngsborough is a subcommittee of the Board of Selectmen. We meet the third Tuesday of every month, beginning at 6:30pm. You are always welcome to join us and share your sustainability ideas and concerns. Like us on Facebook @ Sustainable Tyngsboro.

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TYNGSBOROUGH RECREATION

The Recreation Committee meets at the Old Town Hall 10 Kendall Road. Meeting dates and additional information on our programs may be found on our website at TyngsboroughRec.com Friend us on Facebook. Seeking new members. Join us!

• **THE TOWN BEACH** - OPENED FOR SWIMMING **Beach open to all Tyngsborough Residents.** *Resident passes are needed and are available at the Town Hall.* **VOLUNTEERS needed to assist in raking the beach each week.** Please message your interest on FB or email TyngsboroughRec.com

SWIM LESSONS! *(at the Town Beach)* Preschool and youth group swim lessons for 45 minutes with a 5:1 ratio. Our students are put into group lessons according to age and ability. The small class learning environment creates a structured, positive and personal situation for your child to learn. Register at TyngsboroughRec.com

Lesson Schedule:

All sessions run Monday-Friday for 2 weeks (\$200 per session)

Session 1 - June 26 - July 7 (No lessons on July 4th)

9:00 am -9:45 am Preschool Lessons (Beginner, Intermediate, Advanced)

10:00 am -10:45 am Youth Lessons Level 1 and Level 2

10:45 am -11:30 am Youth Level 3 & Level 4

4:00 pm -4:45 pm Preschool Lessons (Beginner, Intermediate, Advanced)

5:00-5:45 pm Youth Lessons Level 1 and Level 2

6:00-6:45 pm Youth Level 3 & Level 4

Session 2 - July 10 - July 21

9:00 am -9:45 am Preschool Lessons (Beginner, Intermediate, Advanced)

10:00 am -10:45 am Youth Lessons Level 1 and Level 2

10:45 am -11:30 am Youth Level 3 & Level 4

4:00 pm -4:45 pm Preschool Lessons (Beginner, Intermediate, Advanced)

5:00-5:45 pm Youth Lessons Level 1 and Level 2

6:00-6:45 pm Youth Level 3 & Level 4

Session 3 - July 24 - August 4

9:00 am -9:45 am Preschool Lessons (Beginner, Intermediate, Advanced)

10:00 am -10:45 am Youth Lessons Level 1 and Level 2

10:45 am -11:30 am Youth Level 3 & Level 4

4:00 pm -4:45 pm Preschool Lessons (Beginner, Intermediate, Advanced)

5:00-5:45 pm Youth Lessons Level 1 and Level 2

6:00-6:45 pm Youth Level 3 & Level 4

Session 4 - August 7 - August 18

9:00 am -9:45 am Preschool Lessons (Beginner, Intermediate, Advanced)

10:00 am -10:45 am Youth Lessons Level 1 and Level 2

10:45 am -11:30 am Youth Level 3 & Level 4

4:00 pm -4:45 pm Preschool Lessons (Beginner, Intermediate, Advanced)

5:00-5:45 pm Youth Lessons Level 1 and Level 2

6:00-6:45 pm Youth Level 3 & Level 4

• **BLOCK PARTY VOLUNTEERS NEEDED** We are always looking for Volunteers! If you're interested in Volunteering for a program or special event please contact the office at 978-649-2300 ext. 150 or send us an email apage@tyngsboroughma.gov If you're looking for Volunteer Hours please contact the office and we can either put you with one of our programs or tell you about the opportunities we have scheduled.

• **PICKLE BALL/TENNIS** Tyngsborough 1 week only, Ages 8-16, July 10-13, Monday thru Thursday 9am-12pm. \$229 for week or \$60/day Register at www.planettennisusa.com

• **TYNGSBORO BLOCK PARTY-BY-THE-BRIDGE + Craft, Music and Food Truck Event** Saturday, August 26, 2023 11am to after Fireworks (Rain or Shine). • **11am-6:00pm Vendor and Game Areas** • **11am-7:30pm Food Trucks and Booths** • **11am-8:30pm Live Entertainment and Alcohol Vendors** • **Fireworks** at Dusk www.PartyByTheBridge.com for all the details!

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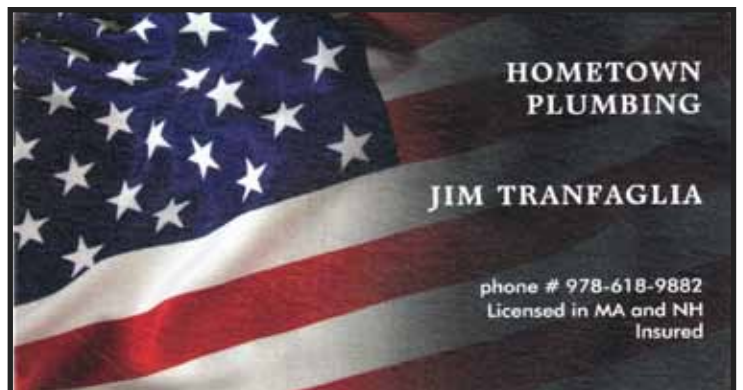
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STITCHERS AT TYNGSBORO SENIOR CENTER

We welcome all those who have an interest in learning how to stitch or those who are accomplished stitchers. Supplies are available for those working on our projects which usually include knitwear for the needy in our area or surrounding towns. Or maybe you want to bring your own supplies and learn to stitch for your own needs and that's fine as well.

We are a chatty fun group. **We meet on Mondays in the dining room of the Tyngsboro Senior Center at 169 Westford Rd., between 10:00 AM and 11:30 AM.** Stay the entire time, come by to pick up supplies, or stay for a short visit. **For further questions, please contact Jean Jacoppi, Coordinator (978-649-9076).** We are not accepting yarn donations at this time.



2023 DUNSTABLE SUMMER CONCERTS

Every Wednesday night
6:30 - 8:30 p.m.

on the Town Common
Main St., across from Town
Hall, Dunstable Center
(Rain date is Thursday)

Food available for purchase from
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June 21 **Brian Templeton & Delta Generators**
Blues, Roots, R&B, Americana and Rock

June 28 **The Rampage Trio**

July 5 **Hollis Town Band**

July 12 **Back 2 Back**

Classic Rock Cover Band

July 19 **Dirty Water**

July 26 **The Band From Uncle**

50s-60s Rock & Roll, Rhythm & Blues

For more information:

www.facebook.com/dunstablesummerconcert

FREE CURBSIDE TEXTILE PICK UP

The Town of Tyngsborough partnered with HELPSY to offer **free curbside pick-up** of clothing and household textiles to residents. Pickups will happen weekly. **Schedule curbside pick-up at helpsy.co/tyngsboroughma or 800-244-6350.** Questions? <https://www.helpsy.co/home-pickup-faq> Only clothing and other textiles, should be bagged and left on the curb by 7:00 AM on the day of the scheduled pick up. HELPSY accepts clean, dry, and bagged clothing and fashion accessories (stained, worn, and torn is fine). This includes dresses, shirts, pants, suits, coats, gloves, hats, belts, ties, scarves, wallets, purses, backpacks, totes, shoes, towels, bedding, costumes, curtains, placemats, tablecloths, and throw rugs. For more information about other recycling programs available to Tyngsborough residents, please contact the Board of Health by phone at 978-649-2300 x118 or visit them on the web at <https://www.tyngsboroughma.gov/departments/inspectional-services/health/trash-and-recycling/>

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TYNGSBOROUGH REPUBLICAN TOWN COMMITTEE (TRTC)

The Tyngsborough Republican Town Committee

(TRTC) serves as our community's official representation with the Massachusetts Republican Party. In addition to promoting the principles of the Republican Party, we also assist local, state and national Republican candidates in their bid for public office. While not everyone agrees on all issues, the TRTC focuses on issues we all share: less government, budgetary restraint, and lower taxes.

LOCALLY: We help promote fiscal responsibility; present Town Meeting Warrant Articles; oversee voter registration and Elections; and organize signature drives for candidates and Important issues.

STATE & NATIONALLY: We promote and support candidates that share our values; provide delegates to our State Convention to vote on our nominees for elected office; and coordinate with other Republican Town and City Committees.

Please get involved and make your voices heard!!

COME JOIN US!!: E-mail TyngsboroughTRTC@gmail.com to get on our mailing list and follow us on Facebook (TyngsboroughTRTC) for meeting updates and other important information.

DONATE: If you'd like to make a donation, please send to: TRTC, PO BOX 614, Tyngsborough, MA 01879 or directly via <https://secure.winred.com/tyngsborough-rtc/donate>



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Vietnamese: Monday and Thursday at 9:00am
Reconciliation: 9:30am-10:00am 1st Thursday of the month or by appointment
Adoration: 9:30am-10:00am 1st Thursday of the month.

TRTC CORNER

Please get involved and make your voices heard!!

TOWN MEETING: At Tyngsborough's recent Annual Town Meeting, **only about 200 out of 10,000 residents** decided the fate of important issues. Two examples:

WINSLOW SCHOOL: The town decided to attempt to save the architecturally significant portion of the original Winslow School. (There's still going to be a future vote on how to fund/use the building and the rest of the property.)

TOWN CLERK: The town also voted to keep our Town Clerk as an elected position rather than the Administration's plan to have that position report to them. This is important because that position recently (after the Town Meeting) can come into conflict with the Administration and Board of Selectmen. She might not otherwise have had the ability to disagree. Thanks to Joanne Shifres for her continued independence as Town Clerk!

ATTEND THE NEXT TOWN MEETING AND MAKE YOUR VOICE COUNT!

We need more people to get involved to decide matters that impact our entire community.

TMS: The Tyngsborough Middle School project is currently about \$4M over budget. The Administration are expecting to come to a Fall Town Meeting looking for more money from the taxpayers.

See: <https://tyngsboroughmiddleschoolproject.com>

Please keep following this issue and ask questions!!



Tim's Timely Technical Tips

By Tim Hulings

National Grid, along with Mass Save, are offering commercial customers special financial incentives in the form of rebates up to \$3,500/ton to help drastically lower the cost of replacing inefficient heating equipment with highly energy-efficient heat pump systems for heating to supplement, or replace existing oil, propane, natural gas, or electric resistance systems.

Mass Save Heat Pump Installer Network commercial contractors are able to secure rebate commitment letters for customers installing ductless heat pumps, variable refrigerant flow (VRF), as well as replacing traditional gas rooftop units (RTUs) with dual-fuel heat pump RTUs.

The National Energy Improvement Fund offers fast, easy, low monthly financing options for commercial, non-profit, and municipal projects with up to 7 years terms and interest rates as low as 4%, through their approved contractor network.

Until next month, stay comfortable.

Tim

Got a question? Drop me a note!

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Library Hours: • Mon. & Wed. 10:30 a.m. – 8 p.m.

- Tues. & Thurs., 9 a.m. – 5 p.m.
- Sat., 9 a.m. – 2 p.m. • **Fri. & Sun. Closed**

CLOSED Monday, June 19th in observance of Juneteenth

CLOSED Tuesday, July 4th for Independence Day

• Writers' Group: Every Monday at 6:30 p.m. Join us for a writing workshop! Expand your knowledge on writing; critique each other's work; and get advice on the craft. New and long-time writers are welcome! This will be an ongoing program. The Writers' Group will be meeting in the Special Collections room of TPL. Meetings will last from 6:30 pm to 7:45 pm.

• Writers' Group—Children's Literature: Wednesday, June 7th, 21st and July 5th at 6:30 p.m. If you're interested in crafting and publishing children's books and stories, join us to participate with a group of likeminded individuals to discuss, critique, and broaden your children's literature knowledge. All skill levels are welcome and encouraged to join. The Children's Literature Writers' Group will be meeting in the Special Collections room of TPL. Meetings will last from 6:30 pm to 7:45 pm. Contact Karen Johnson (978-649-7132) for more information.

• Adult Coloring Club: Wednesday, June 7th and July 5th at 6:30 p.m. The Coloring Club meets on the first Wednesday of each month, from 6:30 pm to 7:45 pm. Come color and socialize!

• Saturday Knitting & Crochet Group: Saturday, June 10th at 10:30 a.m. Open to all knitting and crocheting levels. Get together with friends and make some new ones! **Meets on the second Saturday of each month from 10:30 AM – noon in the Community Room at Tyngsborough Public Library.**

• Tech Help: Tuesdays 11:30 am – 1:30 pm and Wednesdays 7:00 pm – 8:00 pm. Get technology help at the library. Book an appointment for an individual lesson or consultation on topics such as: Computer basics; Android tablets and phones; Microsoft Word. Call the library (978-649-7361) or email circdesk@tynglib.org to register for a timeslot. **Registration required.**

• Book Club: Wednesday, June 28th at 6:30 p.m. For the June meeting, we will be discussing *The Butchering Art* by Lindsey Fitzharris. Copies of the book are available at the front desk. Visit tynglib.org/book-club/ for more information.

• Visit tynglib.org/events to check out all of the upcoming virtual events!

Register for TPL programs by calling or emailing (circdesk@tynglib.org) the Library or using links provided on the online calendar for virtual programs.

Subscribe to our NEWSLETTER to get updates on all our programs sent to your inbox every month!
tynglib.org/newsletter

Kids & Teens SPECIAL PROGRAMS

Summer Reading begins on June 20!

Find Your Voice at Tyngsborough Public Library.

Reading challenges and prizes for all ages.

Rockabye Beats, June 21 at 11 a.m. at Tyngsborough Old Town Hall (ages 0-8)

Join us for a fun family concert with English and Spanish lyrics. "Rockabye Beats is more than just an entertaining music program—it's a place where friends are made and families grow closer by creating music together!" (Quote from performer's website.)

Rockabye Beats is brought to us by the Family Resource Network (FRN). FRN is funded by the Coordinated Family and Community Engagement Grant (CFCE) from the Massachusetts Department of Early Education and Care. Ask FRN about any resources they can help provide for you and your family. **Online registration required.**

Li Liu Chinese Acrobat, July 6 at 4 p.m. at Tyngsborough Old Town Hall (general audience, all ages welcome)

Li began performing in schools in 2005, at first collaborating with other circus artists, and eventually developing her own solo show. The performance includes hand balancing, trick cycling, foot juggling, and Chinese water bowl manipulation. Li also touches on various aspects of Chinese language, geography and culture while sharing her work and travel experiences. Li includes two sections where several audience members may join her on stage to learn ribbon dancing and plate spinning. (Adapted from the performer's website.) **Online registration required.**

WEEKLY PROGRAMS

Family Storytime, Thursdays at 11 a.m. (ages 0-5)

Join us for stories, songs, and fun! Storytime builds early literacy skills and social skills. All families welcome. No registration required.

MONTHLY PROGRAMS

Club Pokemon, Monday, June 5 and July 10 at 4 p.m. (grades 3-5) Through the Pokemon TCG, your child will learn strategic skills, participate in friendly competition, and have fun! Whether you have binders full of cards or are just learning to play, please join us. You may also bring video game consoles and mobile devices to share your love of the game. Younger grade levels welcome with adult accompaniment. Older grade levels may volunteer to assist. Club Pokemon is sponsored by Newbury Comics. **Online registration required.**

LEGO Challenge Club, Saturday, June 17 at 11 a.m. (all ages with a grownup)

All ages are welcome to join our LEGO Challenge. See our Instagram [@tyngsboroughpubliclibrary](https://www.instagram.com/tyngsboroughpubliclibrary) for examples of past LEGO Challenge creations. No registration required.

Homeschool Hang-Out, Tuesday, June 27 at 11 a.m. (all families welcome)

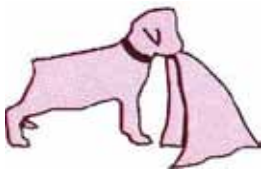
Hello, homeschoolers! Our homeschool hang-out offers games and activities for the kids and great networking opportunities for the parents. Visit us to have fun, make friends, and build community. Families interested in homeschooling are also encouraged to attend. **Online registration required.**

Check out our Library of Things Collection! The Library offers far more than just books! Here is just a sample of some of the unconventional items that can be checked out by patrons: Chromebooks, GoPro Camera, Nintendo Switch Lite (video games can be checked out by patrons for 3 weeks at a time), OBD Car Code Reader, Telescopes, and Wifi Hotspots. Visit our website tynglib.org/library-of-things to see the complete collection.

Board of Library Trustees Meetings are generally held monthly on the third Tuesday. Check the TPL or Town websites for scheduled meetings.

Friends of the Library – Join in the fun and support your library! Meetings are held 9 Mondays per year at 6:30 p.m. in the Library. See the TPL website for dates. Also, check out the new and easy way that you can join or renew your membership to the Friends of the Library right from the Friends link on our website simply by using the "Join and Pay" or "Donate" buttons.

Like us on **Facebook**, follow us on **Instagram @tyngsboroughpubliclibrary** and **Twitter @tyngsboroughlib**



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Interim Pastor Bernie Michaud



Our Weekly Sunday Worship Services are at 10:00 AM

If you prefer to stay home, Services are available on line.

• **TO WATCH LIVE SERVICES** Log on to facebook and go to Ecct Church. Log in at any time to watch the recorded services.

• **NEW PARKING LOT** - Please enter and exit across from the Tyngsboro Fire Station. A walkway has been paved for easy access to our church.

• **LADIES BIBLE STUDY** - Tuesday mornings 9:30 to 11:30 am. We will conclude the recent Bible Study on June 6th with a luncheon. A new Bible Study will begin in the Fall when we meet after the summer break. Diane Michaud will be leading this study of Romans: Becoming New in Christ, another Lifeguide Study.

• **MEN'S BIBLE STUDY** - A new study will begin in the Fall after summer break led by Jim Politi.

• **SUNDAY SCHOOL/YOUTH GROUP** - Each month the Youth Group (grades 5 and up) meets on a Sunday afternoon with leaders, Joan Politi and Patti Ann Reekie. Youth Group will resume in the Fall beginning with our Rally Day. The kids are loving getting together to share special moments in their lives, praying with one another, singing and whatever surprise event our leaders have in store for them. Our youth are our future. Let's give them something to get excited about! **There will be no Sunday School or Youth Group during the summer. Both activities will start up again on Rally Day, September 10th.**

• **DAYCARE DURING CHURCH SERVICES** - The younger children are loving their BUSY BAGS that they select each Sunday morning which quietly occupies their time until they are dismissed to go downstairs with our Sunday School children. Thank you to those who are willing to give their time, to provide this very important service. We will continue to provide daycare for toddlers during the summer. It has been such a joy and blessing to see so many new faces attending our weekly Church Services! GOD IS GREAT! It is evident that attendees are truly being spiritually fed through the sermons Pastor Bernie has been providing. Thank you, Pastor Bernie!

• **GOSPEL CONCERT** - Concert was held Saturday evening, April 29th and was a huge success and well attended. Barry and Debbie Shirk always mesmerize the congregation and guests with their wonderfully gifted voices and song selections. We hope you enjoyed this concert as much as we did. Our Sunday School children did an awesome job opening the concert with special song selections. We are so PROUD of them! The evening ended with guests joining us for fellowship, caring, praying together and sharing the delicious desserts our families provided. Let us know what you thought of the event.....feedback is always welcome and Thank You for coming. Hopefully we will offer another FREE concert in the Fall.

• **CLEAN-UP DAY - SATURDAY - May 13** was an awesome day! Many from our church and the Tyngsboro Garden Club showed up to spruce up our grounds and buildings. A huge Thank You to our Garden Club who donated their time planting flowers and working alongside us. The lunch time cookout as a Thank You to ALL volunteers, was enjoyed by all!

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• **CUSTOMER APPRECIATION DAY ICE CREAM SOCIAL** tentatively scheduled for June 22 and June 24. FREE ice cream

• You can remain updated by visiting our website www.tyngsborocongregational.org or please check our Facebook page for unexpected closure dates.

We are always looking for volunteers to help us out. **If you can spare a few hours a week, please call**

Charlotte at 978-649-7803.

CLOSED SATURDAY JULY 1 in observance of Independence Day.

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Email: michele.cruz@redcross.org Phone: (617)913-6381

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DEADLINE FOR THE JULY/AUGUST ISSUE
IS JUNE 10TH

If you missed the deadline contact me as soon as possible. To submit news or info about an upcoming event, or if you have a business and would like more info about advertising, please email me at anne@neighbortoneighbornewsletter.com. I will get back to you as soon as possible. The July/August issue covers information for those two months. If you have events in early September you may want to mention them in this July/August issue. The next issue will be published in September after Labor Day. If something comes up after the issue is published, remember announcements can be sent in to be posted on my website's main page. www.neighbortoneighbornewsletter.com

I look forward to hearing from you soon. Thank you, Anne

LIVINGSTONE RENOVATIONS



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DECC is a caring community of faith where we are all on a journey together finding hope, purpose, connection, and wholeness as followers of Jesus. Wherever you are in this walk of life, we invite you to join us.

• **Sunday Morning worship service begins at 10:30 AM.** Masks are optional. Social distancing is according to your comfort level. If you are not able to attend in person, the service is available to stream from our website, www.dunstablechurch.org.

• **The Adult Bible Study Class ended on June 4th.** A new class will begin in the fall so stay tuned for updated information, please email Kathy Mackel at mackelkathy@aol.com or Marj Overhiser at widsith2@gmail.com.

• **Our Intentional Interim Pastor,** Dr. Doug Walker, and his wife, Marsi, are enjoying getting to know you all, but would like to get to know you better. They would like to sit down with you, hear your story, find out how your life is going these days, listen to your thoughts about your church, and let you get to know them a little bit as well. Doug & Marsi are available Sunday afternoon or evening, or even breakfast or lunch on Monday.

• Doug is in the church office on Mondays, so call the office (978-649-6251) to set up a time to get together on Sundays or Mondays, or to schedule a phone chat.

• **A Transition Team** is meeting twice a month to study our church and its people, to prepare a church and pastor profile, and to establish a Search Committee. The team is currently meeting following the morning service on the first and third Sundays of the month. Anyone is welcome at these meetings.

We look forward to seeing you at 10:30 AM on Sundays.

*May the Lord walk between us while we are absent,
one from another.*

LIVE:WORK ~ WESTERN AVENUE LOFTS EXHIBIT THROUGH JULY 8, 2023 AT FIVESPARKS, 7 FAIRBANK STREET, HARVARD, MA

Gallery Hours: Tue-Fri 10 am -4 pm, Sat 12-4 pm.

In *Live:Work*, Lowell's Western Avenue Loft Artists will take their work on the road to Fivesparks in Harvard, MA from May 16 – July 8, 2023. *Live:Work* will include an array of realistic, surrealist, and abstract paintings by Angela Ales, Denise Driscoll, Wendy James, John Haiduk, George Middleton, and Amy R. Roberts. Ceramic sculpture by John Brickels, photography by Mark Elson, collage by Maxine Farkas, mixed media sculpture by Barbara Fletcher, and silk paintings by Johanna Tiemann will also be featured. This body of work represents the diversity and brilliance of the artists who live at Western Avenue. The title, **Live:Work**, underscores the artists' choice to maintain their studios and homes within a unique artistic community where inspiration, interaction, and collaboration support creative production as well as daily life. The public is invited to visit during Western Avenue Open Studios held the first Saturday of every month.

Western Avenue | Studios & Lofts is an industrial textile mill complex that has been preserved and transformed into the creative soul of Lowell. The complex consists of 250 work-only studios and 50 live/work lofts. In 2022 Western Avenue became a non-profit under the Arts & Business Council of Greater Boston with the mission to keep the property permanently as affordable artist space. *The campus, which includes Lowell Makes, provides space and inspiration to approximately 600 artists, makers, and creatives, thus making Western Avenue the largest creative community in the country.*



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FINANCIAL FOCUS® What should you expect from your investments?

To help achieve your financial goals, you may need to invest in the financial markets throughout your life. However, at times your investment expectations may differ from actual returns, triggering a variety of emotions. So, what are reasonable expectations to have about your investments?

Ideally, you hope that your investment portfolio will eventually help you meet your goals, both your short-term ones, such as a cross-country vacation, and the long-term ones, such as a comfortable retirement. But your expectations may be affected by several factors, including the following:

- **Misunderstanding** – Various factors in the economy and the financial markets trigger different reactions in different types of investments — so you should expect different results. When you own stocks, you can generally expect greater price volatility in the short term. Over time, though, the “up” and “down” years tend to average out. When you own bonds, you can expect less volatility than individual stocks, but that’s not to say that bond prices never change. Generally, when interest rates rise, you can anticipate that the value of your existing, lower-paying bonds may decrease, and when rates fall, the value of your bonds may increase.

- **Recency bias** – Investors exhibit “recency bias” when they place too much emphasis on recent events in the financial markets, expecting that those same events will happen again. But these expectations can lead to negative behavior. For example, in 2018, the Dow Jones Industrial Average fell almost 6% – so investors subject to recency bias might have concluded it was best to stay out of the markets for a while. But the Dow jumped more than 22% the very next year. Of course, the reverse can also be true: In 2021, the Dow rose almost 19%, so investors who might have been susceptible to recency bias may have thought they were in for more big gains right away — but in 2022, the Dow fell almost 9%. Here’s the bottom line: Recency bias may cloud your expectations about your investments’ performance — and it’s essentially impossible to predict accurately what will happen to the financial markets in any given year.

- **Anchoring** – Another type of investment behavior is known as “anchoring” — an excessive reliance on your original conviction in an investment. So, for instance, if you bought stock in a company you thought had great prospects, you might want to keep your shares year after year, even after evidence emerges that the company has real risks — for example, poor management, or its products could become outdated, or it could be part of an industry that’s in decline. But if you stick with your initial belief that the company will inevitably do well, and you’re not open to new sources of information about this investment, your expectations may never be met.

In many areas of life, reality may differ from our expectations - and that can certainly be true for our investments. Being familiar with the factors that can shape your expectations can help you maintain a realistic outlook about your investments.

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EXPRESSIONS OF CULTURE AND IDENTITY EXHIBITION OPENS JUNE 10, 2023 AT

The Brush Art Gallery and Studios,
in collaboration with

Lowell National Historical Park

Brush Gallery Hours: April 1 to Dec. 31

Tues-Sat: 11am - 4pm, Sun: 12 - 4 pm

Lowell, MA - Expressions of Culture and Identity showcases 23 artists from Massachusetts and New Hampshire. Those interested in exhibiting were invited to submit up to three images for consideration. Five hundred dollars in prizes will be awarded at the reception.

The exhibition will be on view June 10 to July 30, 2023 with the opening reception on June 10th at 2pm EDT

Theme: Each cultural group has its own collection of symbols, traditions, clothing, food, and activities. Artists were invited to explore their culture or personal identity through the visual arts in this juried exhibition. **Why this theme?** Lowell National Historical Park is currently preparing an exhibit in the Mogan Cultural Center about Lowell's cultural diversity. As another way to explore cultural expression, we want to show how artists express this theme for this juried exhibition at the Brush Art Gallery and Studios.

The exhibition jurors are: Rachel Vogel is the Assistant Curator at the Addison Gallery of American Art, where she specializes in modern and contemporary art. Before joining the Addison, Rachel contributed to numerous exhibitions and publications at the Johnson-Kulukundis Gallery at the Harvard Radcliffe Institute. Contributions included those of Gala Porras-Kim, Tomashi Jackson, and Dario Robleto, as well as curated exhibitions at Art League Houston and Rice University's Media Center Gallery, among others. Her writing has been published in the Oxford Art Journal, Art Journal, caa-reviews, and is forthcoming in American Art. Michael Roundy is an artist trained as a painter but continues to explore and work with many mediums including drawing, photography, lithography, woodworking, origami, kinetic sculpture, and many others. He has been teaching studio arts at UMass Lowell since 2002, was the Art Director at a residential summer camp in the Berkshires for 7 years, and is the co-creator and co-director of the Lowell Kinetic Sculpture Race. The race is a human-powered, all-terrain art race, racing through the streets, a 50 foot long mud pit, and a plunge into the Merrimack River. Tessa Hite has been at the Addison Gallery of American Art since 2016 and has curated numerous exhibitions there including Photographers Among Us and "What Next?" Camera Work and 291 Magazine. She earned her Ph.D. in the History of Art and Architecture at Boston University, where her research focused on American propaganda and photography in Germany, 1944-1949. She has also taught courses on curating, American art, and the history of photography, and held curatorial positions in institutions such as the Brooklyn Museum.

The Brush Art Gallery and Studios is located in Lowell National Historical Park across the courtyard from the Visitor Center. This dynamic and captivating place was originally founded by the Lowell Historic Preservation Commission, U.S. Department of the Interior in 1982. The Brush presents museum quality exhibitions, educational programs, and has collaborated with many other nonprofit groups. Artists occupy studio spaces to interact with and educate the public on a weekly basis. Currently, eleven studio artists produce paintings, illustration, photography, jewelry, sculpture, ceramics, quilts, and handwoven items. Associate artists display work in the common area. The Brush Art Gallery and Studios is a nonprofit, 501(c)(3) organization. The Brush is supported by Lowell National Historical Park and Eastern National. For more information, please visit: <http://thebrush.org>.

Lowell National Historical Park is a unique urban national park, founded in 1978, dedicated to preserving and exploring Lowell's continuing history as the nation's first large-scale textile manufacturing city. The park works in partnership with community organizations, local residents, and visitors to tell stories of technology, labor, immigration, women's rights, and the industrial economy in Lowell and beyond. Over 500,000 visitors annually visit Lowell National Historical Park museum sites, participate in interactive canal and trolley tours, view operating mill machinery, participate in hands-on family programs, attend special events, and more. For more information, please visit: <http://www.nps.gov/lowe>.

www.thebrush.org 978-459-7819

This program is supported in part by a grant from the Mass Cultural Council, a state agency.





THE HOPE AND HEALING ADULT GRIEF SUPPORT GROUP

Our group does not meet in the summer months of June, July, and August. We will resume our meetings on the last Saturday of September, which is September 30 from 10:30 a.m. - 12:00 p.m. at St. John the Evangelist Old Parish Hall 115 Middlesex Road, N. Chelmsford, MA 01879.

If you would like to speak with someone during this time, please contact Peggy at phassett99@gmail.com please type **Grief Support** in the subject line of your email.

TYNGSBOROUGH GARDEN CLUB



We wrap up our spring programming in June with a potluck supper at a member's home. However, we don't go dormant during the summer. In addition to tending our own gardens and plantings around town, we have several field trips scheduled for interested members. To make life easier for all of us, we carpool from the Park and Ride on Rte 113. In June, we plan to visit the **Ropes Mansion Gardens in Salem, MA. The site, owned and maintained by the Peabody Essex Museum boasts over 5000 annuals in addition to their perennial collection.**

In July, we plan to visit the **Glen Magna Farms in Danvers, and in August, the Crane Estate in Ipswich. More on those venues later.**

New Garden Club members are always welcome and the public is invited to attend individual programs for a nominal fee of \$5. Unless otherwise noted, meetings take place at the Evangelical Congregational Church at 23 Kendall Rd. and begin at 7 pm.

The membership year starts in September. Club dues are \$25 for the first half of the membership year, September through January and \$15 for people who join in the second half. For more information, please contact us at tynggardenclub@gmail.com Linda Sheldon, President

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St. Margaret: Tues. 4:30-5:30pm & Sat. 1-2 pm
St. Mary: Wed. 4:30-5:30pm & Sat. 11am -12 noon

• WEEKEND MASS SCHEDULE

St. Mary: 4pm on Saturday, 7am and 11am on Sunday
St. John: 4pm on Saturday, 9:30am and 6pm on Sunday
Also 12pm African Liturgy (2nd, 3rd and 4th Sundays)
St. Margaret of Scotland: 4pm on Saturday and 7:30 and 10am on Sunday

• **DAILY MASS SCHEDULE** Monday thru Friday
St. Mary at 7am • St. Margaret of Scotland 8am • St. John at 9am

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OPENS REGISTRATION FOR FALL 2023 PROGRAMS

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Tyngsboro Youth Football and Cheerleading is proud to launch our 19th season providing local area youth with the opportunity to learn football and cheerleading in a safe, fun environment while promoting the values and importance of academic achievement, teamwork, and sportsmanship. We offer all co-ed programs including **FLEX FOOTBALL** (Grades K-3), **CHEERLEADING** (Ages 5-14), and a **TACKLE FOOTBALL** (Grades 4-6) co-op with the North Middlesex Patriots. We are proudly affiliated with the American Youth Football and Cheerleading (AYF/AYC) program. We provide all of our coaches with comprehensive training to ensure the safest, positive, and fun experience for your child.

ONLINE REGISTRATION FOR OUR 2023 FALL SEASON IS NOW OPEN! We welcome fall football and cheerleading registrations from participants residing in Tyngsboro, Dunstable, Lowell and surrounding communities. **BE SURE TO REGISTER EARLY TO TAKE ADVANTAGE OF THE LOWEST REGISTRATION RATES AND SPECIAL PAYMENT PLAN OPTIONS!**

TO REGISTER FOR OUR FALL SEASON: Visit our website and click on "Registration".

QUESTIONS? Email us at: TyngsboroYouthFootballCheer@gmail.com, Follow us on Facebook under "Tyngsboro Youth Football and Cheerleading", or go to our website and click on "About Us".

WEBSITE: www.TyngsboroYouthFootball.com

DUNSTABLE TYNGSBOROUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need. We are currently looking for community minded members to join, please contact membership chair Joe Ward his contact information is below.

The Dunstable Tyngsboro Lions Club has the first female President since the existence of the club which was formed in 1977.

Officers for the 2022-2023 Lions Year

President: Laura Ward; 1st Vice President/Treasurer: Kristine DeMonico; 2nd Vice President/Secretary: Meg DeMonico; Membership Chair: Joe Ward; LCIF Chair: Mark Alexander; Media/Marketing: Charline Vigna; Tail Twister- Jorg Skowranek; Lion Tamer- Richard Lowe

Anyone interested in joining the lions is asked to contact **Joe Ward 978-930-1153**. Our Regular Meetings are held on the first and third Tuesday of the month starting at 6:30 pm at **Princeton Station** 147 Princeton St., in N. Chelmsford, MA. Our Facebook Page is <https://www.facebook.com/DunstableTyngsboroLionsClub>

If you would like to make a donation, please send to: Dunstable Tyngsboro Lions Club, P.O. Box 93, Tyngsboro MA 01879

YOU CAN HELP BY DONATING THE FOLLOWING:

- **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.
- **Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- **Can tabs** please place into bags before putting in the boxes.

Lion's collection boxes for eyeglasses, hearing aids and can tabs be located at: Tyngsboro Post Office- 353 Middlesex Rd Tyngsboro MA 01879; American Legion Post 247 -90 Pawtucket Blvd., Tyngsboro MA 01879; Tyngsboro Council of Aging Center - 180 Lakeview Ave Tyngsboro MA 01879; Dunstable Town Hall - 511 Main St Dunstable MA 01827; Dunstable Post Office - 170 Pleasant St Dunstable MA 01827; Dunstable Library-588 Main St Dunstable MA 01827

CLOTHING SHED AT DUNSTABLE CHURCH



The clothing donation shed at the Dunstable Evangelical Congregational Church, 518 Main St, Dunstable MA, is open to the public.

St. Pauly Textile Inc., the company that has provided the shed, partners with a network of businesses and various organizations to distribute donated items both here in the U.S. and worldwide, where they're ultimately re-worn by people who need them. The Dunstable Church additionally has the option to use donations to serve community needs. The company was founded in 1996 and is an A+ rated member of the Better Business Bureau.

Accepted items: clothing, shoes, belts, purses, blankets, sheets, curtains, pillowcases, and stuffed animals.

PLEASE tie your bags, and do not leave bags outside the box.



ROTARY FISHING DAY
24th Annual Fishing Day, Sunday, June 11,
10am – 2pm (rain or shine)

**Tyngsboro Sportsmen's Club, 90 Westford Road,
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Sponsored by Rotary Clubs of Tyngsboro/Dunstable, Nashua, Dracut & Lowell.

Editors Note: As you can see this has been going on for years. If you missed it this year please keep it in mind for next year. It is usually held in June at the Sportmen's Club. It is truly a unique experience.

ROTARY CLUB of TYNGSBORO/DUNSTABLE

Rotary is a global network Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs. Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others. Rotary Motto *Service Above Self*

If you are interested in membership, please call or text Ron Keohane at (508)517-3895 or Brian Day-Lewis at (978)399-4952. Want to join a meeting? **We meet at Dream Diner** in Tyngsboro on 1st and last Thursday of the month at 8:00 am. Second and third Thursday of the month, we meet at 12:00 at Dream Diner.

For further information, go to our Website:

<https://www.facebook.com/tyngsborodunstable Rotary/>

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WINNERS OF THE JAMES JACOPPI SCHOLARSHIP RAFFLE APRIL 2023

The Jacoppi family wishes to thank all of the participants of this year's raffle for their donations, as well as additional donations to the Scholarship Fund. The James Jacoppi Memorial Scholarship Fund will award \$13,000.00 to graduating seniors moving onto higher education, who have applied for the scholarship.

The raffle winners were: Matthew Choate, Shakeh Pendergest, Claire Constantine, Cathy Stangroom, Tyngsboro Funeral Home, Jen Goulet, Ginny Edwards, Donna Foley, Kristel Hickey, Joan & Joe Murphy, Jan Price, Bill Fabiano, Fred French, Natalie Lefevre, Ray Ladoux, Jerry Jagers, Jen Kilmartin, Barbara Bartos, Joyce Poulin, Brenda Baxter, Emily Lipps, Donna Mirabello, Bill & Jaz Gramer, Sue Bowden, Rachel Gray, Francis McCarthy, Deb Schneider, Mary Rita Souza, Debbie O'Leary, and Justin Maslanka.

TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



The Little Red Schoolhouse

64 Main St, Dunstable, MA (Route 113).
Not far from the Dunstable/Tyngsborough
town line near Route 3



June 24, Saturday, 10 a.m. to 2 p.m.
51st Annual Strawberry Festival

Enjoy the best Strawberry Shortcake, made from local strawberries, homemade biscuits, and real whipped cream.

Find crafts and vendors on the filed. If you are interested in setting up on this day, please contact Lynda Justice at 978-587-8423.

August 19, Saturday, Time to be determined.

Farm Days Explore activities and farm equipment from Dunstable's rural past. For info call Sue Psaledakis 978-649-6005.

Want to become a member, Membership Forms and more info is available at www.tdhistoricalsociety.org
Email address: tyngsboroughdunstable@gmail.com

Thank you to those who have renewed their membership and have made donations! We appreciate your kind support.

The Wish Project

166 Middlesex St., North Chelmsford, MA 01863

This is behind Hertz Car Rental

thewishproject.org 1-866-947-4360

Any questions, please email: info@thewishproject.org

Our THRIFT STORE is open 9-2:30 Tuesday-Saturday. It is located in our warehouse. All are welcome.

BACKPACK ATTACK July 1 – August 12 **Deadline for dropping off items: 8/12/2023** **Goal:** Please help us reach our goal of 3,000 school supply packs to benefit children in need in the Merrimack Valley. Newly filled backpacks are distributed to children in homeless shelters or low income families via the many social service agencies in the Merrimack Valley that we partner with.

How you can help: Donate complete bags or Collect items for bags and we will put the bag together. For a \$60 donation we can provide a backpack filled with all of the school supplies a child needs to begin school. **The following unused items are needed in each pack:** 1 New backpack, 3 Spiral notebooks, 3 Folders, 1 Pack of 10 Pencils, 1 Pencil sharpener, 2 or more Pens, 1 pink style or 3 or 4 cap Erasers, 1 Ruler 12", 1 Metal scissors, 1 pack of Markers or colored pencils, 2 or 3 Glue sticks or 1 bottle of glue, 1 pack of 24 crayons, **Optional** 1 Science Calculator for High school students. **Donations of items may be sent to:** The Wish Project, 166 Middlesex Street, N. Chelmsford, MA 01863. Monetary donations may be mailed to The Wish Project, PO Box 8693, Lowell, MA 01852. If you want to drop off a donation please be sure to review our donation guidelines for items that we accept, fill out a drop off form, and check our drop off hours. **Donation Hours Tue-Sat 9:00-2:45 166 Middlesex St, North Chelmsford, MA.**