



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

Celebrating 39 Years of Service

Issue # 415 • May 2023

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TYNGSBOROUGH TOWN CLERK NEWS

• **2023 Dog Licenses** are available at the Town Clerk's office or by mail. **The license is now late and payment must include a \$25.00 late fee.** Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. **If renewing by mail, please enclose a stamped, self addressed envelope for the license,** as well as your dog's proof of rabies vaccine.

TOWN ELECTION: The Town Election is May 16th.

Voting hours 7:00 am to 8:00 pm.

Stay safe!

Please contact the office at 978-649-2300 extension 129 or email to jshifres@tyngsboroughma.gov with any questions.

NOTICE TO TYNGSBOROUGH WATER DISTRICT USERS

The Tyngsborough Water District began **flushing water mains April 19, 2023.** The flushing program will be in effect for approximately **6 weeks.** Flushing will be conducted **between the hours of 8am and 3pm, Monday through Friday.**

During these times, water pressure may be low and the water discolored. Let the water run awhile and it should clear up quickly. We regret any inconvenience this may cause you.

Thank you for your assistance!

Tyngsborough Water District



MEMORIAL DAY EVENT MAY 29, 2023

The Town of Tyngsborough is hosting with the American Legion, AMVETS, Sons of the Legion and Ladies Auxiliary our annual Memorial Day Event. Due to the ongoing construction of the American Legion building, we will not be having a parade this year. We will reevaluate our options for next year.

At 8:30 A.M. Memorial Day morning, a motorcade will depart from the old Town hall visiting all of the Town's cemeteries to salute the fallen. This is a very solemn and moving tradition. All are welcome to take part in the motorcade.

The Annual Memorial Day event will begin at 11:00 A.M. from the Old Town Hall on Kendall Road, Monday, May 29, 2023. Immediately following the speaking portions of our program, hot dogs and refreshments will be served.

Weather is always a factor in planning an event. If the Memorial Day committee determines the weather is not suitable to be held outside, the event will be moved inside of the Old Town Hall. Notification of any cancellation will be posted.

Christopher Dery

Director of Veterans' Services

veteransagent@tyngsboroughma.gov

(978) 649-2300 EX 131

IN MEMORY OF

Leo Foley
Wilrose L. Jean
Marilyn E. (Stevens) Manning
Shannon Clare Walsh
Robert O. Mudge
Robert P. Phaneuf Jr.
Norman H. Berry
Dorothy M. Whitaker-Fichtner
Agnes C. (Dinneen) Grenier
Arthur Bernard "Sonny" Brown
Ronald "Wayne" Kilburn
David Paul Taylor Sr.
Theodore Raymond Wolnik
Agnes M. (Scanlon) Carbonneau

TYNGSBOROUGH BOARD OF HEALTH

YARD WASTE COLLECTION SPRING 2023

If you missed the collection held early this month, another collection

WILL TAKE PLACE ON MAY 17TH – 19TH

YARD WASTE COLLECTION runs Wed – Fri.

Please put out your yard waste by Wed. May 17th at 7 AM.

Place all yard waste in open barrels or yard waste bags. Twigs and sticks (less than 4 inches in diameter) may be tied and bundled. Yard waste in plastic bags will not be collected.

MISSED yardwaste collections, please call Republic Services 978-649-7564 by 5 PM Monday evening. *Recovery will occur by FRIDAY.*

MASSDEP MATTRESS & TEXTILE WASTE BANS

WHAT TO DO WITH YOUR OLD MATTRESS?

If you're not sure what to do with your old mattress, there are a few options to consider. **You can donate mattresses in *good condition*.**

• Household Goods, 530 Main St. (Rt 27) Acton, MA 978-635-1710 ext. 5 www.householdgoods.org

Donation Drop-Off Hours: Tues, Thurs, and Sat. 9AM - 12PM

• The Wish Project, 166 Middlesex St., North Chelmsford, MA 866-947-4360 You can visit their website to fill out the donation form. www.thewishproject.org

Donation Hours: Tues. and Sat 9AM - 2:45PM

• You can schedule a service drop-off with UTEC for a fee call 978-856-3997 or visit www.utecinc.org

We recommend a quick google search to find other donation sites. You can give mattresses away via a local gifting group like Buy Nothing or Freecycle. If you are buying new, you can check with the retailer to see if they will recycle your old one.

Yoga/Meditation

Tyngsboro's Health Department has partnered with Frontline Initiative to organize one session of a Yoga class and one session of a Meditation class with local yoga instructor Chris Connolly, RN, BSN, owner of "Living My Dream Yoga". **Yoga will be on June 23, 2023 from 3PM-4PM and Meditation will be on June 30, 2023 from 3PM-4PM.** Classes will be hosted at Old Town Hall. Free to the public! You can register at <https://tyngsboroughma.myrec.com/info/default.aspx>





Tim's Timely Technical Tips

By Tim Hulings

While numbers may surprise you, small water leaks in our homes can really add up.

Toilet flushes account for 30 percent of our average water use per day—when working correctly. A leaking toilet however, can lead to thousands of lost gallons every month, making detection vital. Slow leaks, from internal parts wearing out, can waste 30 gallons a day, while medium leaks can waste roughly 250 gallons a day.

Dripping faucets should be high on our priority lists to avoid high water bills. A very typical leak of 10 drips per minute wastes nearly one gallon per day, or 29 gallons per month. Leaky faucets that drip at a rate of one drip per second, can waste more than 3,000 gallons per year— about 180 showers worth of water.

If higher than normal water bills are observed, or fixtures are getting old, inspections by plumbing pros can help identify and address potential leaks.

Until next month, stay comfortable.

Got a question? Drop me a note!

tim@denommeplumbing.com



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STITCHERS AT THE TYNGSBOROUGH SENIOR CENTER

All stitchers are welcome to join the group on **Mondays from 10 - 11:30AM in the dining room of the senior center, 169 Westford Rd.** All materials and lessons are available to you as we continue with our projects. One project is to supply knitwear to the needy. The other project is to prepare for a sale at the Fall Festival sponsored by The Friends of the Tyngsboro Elderly, Inc. The proceeds from that sale will go towards purchasing yarn for future projects.

We thank all those who donated knitwear already, especially Bev McLeary who donated seventeen hats and two large afghans. We sincerely thank all those who have spent time and talent on these projects. **For further information, please call Jean Jacoppi, Coordinator, at 978-649-9076.**

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9:30am-10:00am 1st Thursday of the month or by appointment
Adoration: 9:30am-10:00am 1st Thursday of the month.

Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

E-mail: anne@neighbortoneighbornewsletter.com

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Total circulation is now 6,616 which includes Dunstable and Tyngsborough, MA.

TYNGSBOROUGH DUNSTABLE PEPPERELL 2023 RAIN BARREL PROGRAM

Be Part of the Solution

Climate crisis is intensifying the water cycle, making wet periods wetter and dry periods drier. Severe droughts can make both rainfall and flash flooding more severe, creating *weather whiplash* events. When heavy rain falls over drought-stricken soil — which is often hard and cracked — it cannot soak into the ground, and becomes runoff. Rain Barrels can be part of the solution.

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- * Decreases your water bill by up to 40%
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- Improves residential storm management. *
- Rain barrels slow pollution from runoff. *
- Lower municipal water demands & save energy at treatment plants.

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- * 100% re-purposed, food grade, UV protected and BPA free barrels. **Produced in Massachusetts.**
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 - * Screen filtered to keep mosquitoes out. *
 - Will last for years when properly drained & stored for winter. *
 - Pay for themselves in one year. *
 - Several rain barrels can be linked together — easy 5-minute setup
- Available Colors:** Forest Green, Earth Brown, and Nantucket Grey. Also available unpainted.

How to Purchase Your Rain Barrel

Rain Barrels are available for purchase by residents at discounted prices that range from \$80-\$89 depending on the finish.
How to Order: <https://www.greatamericanrainbarrel.com/community/> Select Your State and Town

Deadline to order: May 30th at Midnight Pick-Up: Saturday, June 10th from 9:00am-12:00pm, Tyngsboro Highway Department, 89 Kendall Rd, Tyngsborough, MA 01879

Please reach out to the Tyngsborough Conservation Director at (978)649-2300 ext. 144 or Emilie Brush email ebush@tyngsboroughma.gov if you have any questions regarding the Rain Barrels.

THE FRIENDS OF THE TYNGSBORO ELDERLY, INC.

is a nonprofit organization formally Friends of the Council on Aging Established in 1984 to assist seniors and aid in the needs of the Senior Center and activities.

Plans are underway for a gathering called **Spring Fling taking place in June**. We appreciate your yearly membership of \$10 which help to support this Friends group and our activities.

Membership forms are available to you by calling President, Joe Jacoppi (978-649-9076).

BONE BUILDERS

AT TYNGSBORO SENIOR CENTER

Bone Builders is a fitness program developed from Research on Aging at Tufts University, aimed at the prevention or further development of a disease called Osteoporosis (Osteopenia in the early stage of the disease). This is a serious medical condition in which bones - particularly the hip, spine, and wrist - become porous and easily fracture or break.

Osteoporosis can be prevented. Exercise, good nutrition and a healthy lifestyle can significantly decrease the risks of the disease or prevent further deterioration of the bones in people who already have this disease.

Bone Builders class is every Monday and Wednesday morning at 9:00AM. We are currently on a wait list. For further information, please call Jean Jacoppi, Leader, 978-649-9076.

TYNGSBOROUGH REPUBLICAN TOWN COMMITTEE (TRTC)

The Tyngsborough Republican Town Committee (TRTC) serves as our community's official representation with the Massachusetts Republican Party. In addition to promoting the principles of the Republican Party, we also assist local, state and national Republican candidates in their bid for public office. While not everyone agrees on all issues, the TRTC focuses on issues we all share: less government, budgetary restraint, and lower taxes. **LOCALLY:** We help promote fiscal responsibility; present Town Meeting Warrant Articles; oversee voter registration and Elections; and organize signature drives for candidates and Important issues.

STATE & NATIONALLY: We promote and support candidates that share our values; provide delegates to our State Convention to vote on our nominees for elected office; and coordinate with other Republican Town and City Committees.

Please get involved and make your voices heard!! COME JOIN US!!: E-mail TyngsboroughRTC@gmail.com to get on our mailing list and follow us on Facebook (TyngsboroughRTC) for meeting updates and other important information.

DONATE: If you'd like to make a donation, please send to: TRTC, PO BOX 614, Tyngsborough, MA 01879 or directly via <https://secure.winred.com/tyngsborough-rtc/donate>



CHARITY NAVIGATOR

We are often contacted to make a donation to different organizations. Want to make sure they are legitimate and the donated monies are well used? You can now look up these charities at www.charitynavigator.org

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Wednesday: 8:30AM to 7:00PM

Thursday: 8:30AM to 4:00PM

Friday: Closed

www.tyngsboroughma.gov



FRIENDS OF THE TYNGSBOROUGH PUBLIC LIBRARY



** March was **membership month**, and you should have received your application in the mail. Thank you to all who have returned your application and dues. If you have not joined or renewed your membership yet, you can do this online and pay your dues through Pay Pal at <https://www.tynglib.org/about/friends-of-the-library-application/>. Otherwise, stop by the Library for an application.

** When you join, be sure to **attend the meetings**. We welcome new active members and are always looking for new ideas for fund raisers. The Friends are in need of members to fill all the offices (President, Vice-President, Secretary and Treasurer). Currently, we are not able to complete all that we would like to do without strong leadership and enough members to participate. Please **volunteer your time and talent** to this nonprofit organization in support of the Library. We will be glad to provide the information and training needed to keep the organization running.

** This month, there will be **NO Spring Book Sale** due to lack of volunteers. We hope to have a good sale in the fall since this is our main fundraiser. In late summer and early fall, we will be asking for volunteers to commit to sort, set up and help during the sale and for clean-up. Do your part so we can raise the funds needed for unfunded library programs, furnishings, museum passes, etc.

** **Book donations are not accepted** at this time due to lack of storage space. Please keep any books until requested. We are still glad to accept puzzles and jewelry.

** First full week in May is **Public Service Recognition Week**. As such, we want to recognize and thank all the employees of the Tyngsborough Public Library who have provided such great service to this community and have given us a place to learn, study, and be entertained.

** The Friends have **awarded scholarships** to several high school seniors from Tyngsborough. Congratulations to Brett Cavanaugh, Sophia Panagakis, Jaclyn Goyette, Jayden Valkavitch, and Nate Marino. Best wishes on continuing your studies after high school.

** With spring in the air, you may want to go out with family and friends. The **pass program** offers vouchers to museums and places such as the Butterfly Place and Mass DCR Parks. The Friends are able to purchase these passes with fundraisers and membership dues. Be sure to reserve your pass, and don't forget to join.

** **Upcoming meetings are on May 1 and June 5**, 6:30-8pm in the Library. Show your support by attending and offering to volunteer.

** Contact us at tynglibfriends@gmail.com or call the Library at (978) 649-7361. Check us out on Facebook at <https://www.facebook.com/FOTPL/>. Let us know that you can help!

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Mon. & Tues., 8:30AM to 4:30PM • Wed.: 8:30AM to 7:00PM
Thurs.: 8:30AM to 4:00PM • Closed Friday Until Further Notice

Meeting schedules are posted at the front entrance of the Town Hall

Town Hall Directory Main Number 978-649-2300

Town Accountant	Ext. 124	Media Dept.	Ext. 140
Assessor's Office	Ext. 121	Planning Board	Ext. 115
Board of Appeals	Ext. 112	Town Treasurer	Ext. 126
Board of Health	Ext. 118	Veteran's Agent	Ext. 131
Building Office	Ext. 112	Sewer Dept.	Ext. 134
Town Clerk	Ext. 129	Board of Selectmen	Ext. 100
Town Collector	Ext. 128	Town Administrator	Ext. 100
Conservation Office	Ext. 116	Recreation & Parks	Ext. 150
Capital Asset Mgmt Com	Ext. 124	Highway Dept.	978-649-2310

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Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3.

MEMORIAL DAY is an American holiday, observed on the last Monday of May, honoring the men and women who died while serving in the U.S. Military. Memorial Day 2023 will occur on **Monday, May 29th, the Center will be closed.**

- **COA Board Meeting** May 16th, 3:30 PM
- **DONATIONS NEEDED** Coffee (ground and k-cups), 12oz. Cups, Paper Plates-Small and Large. Plastic Spoons, Forks, Knives, Sugar Packets.
- **VOLUNTEERS NEEDED TO HELP CALL BINGO:** Requirements: Available on Tuesdays from 12:00 until 2:30. Must be able to use a computer. Contact Barbara at the center. **Also give us a call, if you are interested in driving our senior bus. "Part Time"**
- **CRIBBAGE** Every Tuesday Morning 10:00 - 12:30 We have openings for cribbage players. Nice Friendly Group.
- **BONE STRENGTH FREE** Wednesdays 10:00 / Fridays 9:00 Doctor's note **NOT** required. Class has opening. No cost.
- **BRIDGE CLUB LOOKING FOR Experienced players to help us improve and to teach newcomers.** Please join us at the Tyngsboro Senior Center. Held on **Thursdays at 10:00am.**
- **MAHJONG FREE NO COST !** Every Friday, 10:00 . Great game for keeping the mind sharp. Room available
- **LET LOOSE & RELEASE** Every Friday 10:00 Instructor **Lynda Gambale** Lynda explains how you can slow down and reverse the speed in which your cells die—showing scientifically, how anyone can stay feeling young and vibrant their entire life!
- **YOGA and Holistic Health** Every other Wednesday 9:00, see calendar for the dates. Lynda Gamble...Yoga. Laurie Schmaltz... Holistic Health. **Reducing stress and increasing relaxation.** Reducing pain and muscle soreness and tension. Improving circulation, energy and alertness. Lowering heart rate and blood pressure.
- **Traveling Chef** (carving station) Fri., May 12th, 11:30 Fire Dept
- **BOOK CLUB (Monthly) Wednesday, May 17th, 10:00** Come join us on the 3rd Wednesday of each month. Book of the Month is the best way to discover and read the best new books each month.
- **MOTHER'S DAY TEA CELEBRATION, Wednesday, May 17th, 12:30.** Come celebrate motherhood at our annual Mother's Day Tea Party. There will be several different teas to taste. Bring a homemade goody to share if you'd like. Entertainment-Rita Parisi "Tea's in Time"
- **SENIOR/VETERAN BREAKFAST, Thursday, May 18th, 8:30-9:00** Start your day off with a **FREE ALL YOU CAN EAT**, healthy breakfast, bring a friend along will feed them too. **Breakfast sponsored by Dunstable Tyngsborough Lion's Club .**
- **THE UKRAINE WAR/AND VLADIMIR PUTIN, Thursday, May 18th, 9:00 AM** Presentation by Henry Quinlan, Henry has 35 years experience, he visited Russia and lived there 5yr, Ukraine he visited several times. Henry assisted former President G.W. Bush on a secret Soviet space research. Henry has a lot of good useful information. What you don't know but should.
- **UPCOMING in June, These dates and times are subject to change.**
- **VIRTUAL VACATION, Friday, June 2nd, 11:30... TBD**
- **SENIOR/VETERAN BREAKFAST, Thursday, June, 15th 8:30-9:00** Start your day off with a **FREE** healthy breakfast. Breakfast sponsored by **Dr. Dave & Robyn Tarr**, Speaker; Fairview Hudson NH. Alzheimer's Disease
- **HOME DELIVERED NUTRITION MEALS** (Meals on Wheels Program) Tyngsborough residents 60+ can call the **Age Span** (formerly Elder Services of the Merrimack Valley) 1-800-892-0890 to see if you qualify. The Tyngsborough Council on Aging distributes meals from our facility on behalf of AgeSpan. We deliver to clients who are homebound or on homecare short term. If you have any questions call the above number.

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The TST wishes all the best to our graduating seniors as they pursue their future academic goals and achievements. Thank you to our community members who supported our seniors through the Door-to-Door Drive. We also would like to thank the local businesses and generous donors who contributed to our business drive and to our Named Scholarship fund. Through the generosity of our entire community, we were able to award almost \$27,000 in scholarships to 30 of our graduating seniors from Tyngsborough. If you were not home when the student visited your home and you would like to make a donation, you can mail your check to TST P.O. Box 547, Tyngsborough MA 01879.

The TST has been awarding scholarships for 60 years! The work is rewarding and our fundraising events are just as fun to work on as they are to attend. *If you have been thinking of getting involved, we welcome new participants.* We typically meet the 2nd Thursday of each month, from September through June, with most meetings in the Tyngsborough High School teacher's room at 6:30 p.m. For more information see our Facebook page or contact us at scholarshiptrusttyngsborough@gmail.com.

REAL ESTATE SALES AND TAXES

By Edward H. Adamsky

My client signed a Life Estate Deed in 2009. In that deed she gave her house to her son, but retained the right to live there for the rest of her life. She died in late 2021 and her son sold the house in 2022. His accountant just prepared his tax return and he owed \$55,000 to the IRS. He called me in a panic to ask about this, and I had great news for him. One of the components of a Life Estate deed is that the "future owner" on the deed only comes into full ownership upon the death of the Life Estate holder, which is more like inheriting an asset rather than being given it.

The first thing to understand is that you must pay tax on any profit you make, on any purchase and sale. If you buy stock at \$10 a share and later sell it for \$20 a share, you will pay tax on your \$10 per share of profit. If you bought a house for \$150,000 and later sold it for \$300,000 you will pay tax on that \$150,000 of gain (with some exceptions). If you gave that \$10 stock, or that \$150,000 house, to your child, and then the child sold the stock or the house, he would pay the tax on the profit, just as you would have done if you sold it.

But there is a part of the Tax Code that we commonly call the "Step-Up" in basis, although its really called "adjustment" in basis. Basis is your purchase price (that \$10 stock or \$150,000 house). Your profit on which you pay the tax is the sales price minus the basis. If you bought the asset, your purchase price is your basis (with some adjustments). If someone gave you an asset, then your basis is whatever their basis was. But if you inherit an asset (that is, you get it from a deceased person through a Will or a Trust, or by some other method) then you don't use that person's basis, you get to use the fair-market-value upon that person's date of death. This is because of the Estate-Tax, and it doesn't matter if the deceased person had to pay Estate-Tax or not.

So, my client who got the house through the Life Estate deed only came into ownership upon the death of another person. He gets to adjust (or step-up) his basis to the market value when his mother died. That made the profit from the sale of the house zero, and he had no tax liability at all.

There is another big benefit in the tax code for homeowners. If you sell your "Principal Residence" you get to exclude up to \$250,000 of gain on that sale from your income and not pay tax on it. And that's per person so a couple can exclude \$500,000 from taxes. That means if you bought your home for \$250,000 and later sold it for \$500,000 you wouldn't pay any income-tax on the sale at all. To qualify as your principal residence you must have owned and lived in that home for at least two years out of the last five years. You can get this benefit every time you sell your principal residence, but with the rules, you cannot do it more than once every two years.

TYNGSBOROUGH HIGH SCHOOL

is proud to announce Luke McHugh, Jenna Tumpney, Samantha Puma & Sydney Hannes as April students of the month.

Luke McHugh, son of Fred and Michelle McHugh, received the Outstanding Achievement in Business Award in 2021. Luke has been involved in athletics throughout his career at Tyngsborough High School, he has been a member of the football team since 8th grade through senior year and this past season received the 12th Man Award. He has also been a four-year member of the varsity lacrosse team where he was a MidWach All-Star in 2022 and was named captain in the upcoming 2023 season. Luke was also a 4-year member of the wrestling team, where he was named captain in 2023, and a 1-year member of the soccer team in 2020. This year, he was also a member of Senior Sidekicks. Luke has participated in community service events such as the Tyngsborough Block Party and the House of Hope with his church. His hobbies include football, lacrosse, snowboarding, photography, and hanging out with friends. Luke's favorite subjects are history and English and his future goals are to go to the University of Colorado Boulder and major in exploratory studies. Eventually, he plans on graduating with a bachelor's degree and a master's degree in whatever career path he chooses and also plans on just enjoying life. Looking back on his days at Tyngsborough High School he says, "I have gained countless relationships with friends, coaches, and teachers that will last forever. Tyngsborough Schools has set me up to succeed by helping me get into every college I applied to. I will leave this school with many memories that I am so thankful for".

Jenna Tumpney, daughter of Shane and Kristi Tumpney is a two-year member of the National Honor Society. She has also received the Principal's Award for the last three consecutive years. Jenna has been a four-year member of the varsity softball team and in 2021 the team won the state championship. She has participated in over 60 hours of community service through the National Honor Society. Jenna's hobbies include flying, hanging out with friends, and traveling. Her favorite subject is writing and her future goals include going to school to become a pilot and fly for an airline one day. Looking back on her days at Tyngsborough High School she says,

"Tyngsborough High School has prepared me for my career ahead and gave me friends and resources that will last a lifetime".

Samantha Puma, daughter of Michael and Dustine Puma, is a two-year member of the National Honor Society. She has also received the Outstanding Achievement in Computer Science Award. Samantha has been a four-year member of the student council and head of makeup and hair for the theater program. A two-year member of the theater program and a one-year member of the BioBuilder club. Samantha has had a great four years in athletics during her time at Tyngsborough High School. She has been a four-year member of the golf team as well as the softball team. Samantha also was a two-year member of the basketball team. She was named golf captain her senior year and received the Coaches Award and Academic Excellence Award. She also received Most Improved in basketball in her senior year. Along with an Academic Excellence Award for softball in her junior year. Samantha has participated in an abundance of community service including events such as The Tyngsborough Block Party, working the snack shack at athletic events, Chelmsford softball clinic, Tyngsborough softball clinic, Special Olympics, The Festival of Trees, Tyngsborough No Waste Event, school clean-up, and Tyngsborough football games. Overall, Samantha has over one hundred hours of community service. Her hobbies include baking, cooking, going on hikes, playing games, and hanging out with her friends and family. Samantha's favorite subjects are math and anatomy and her future goals consist of becoming a nurse and traveling the world to help those in need. Looking back on her days at Tyngsborough High School she says, "I have gained lots of different friendships with numerous people. The school has helped me in so many ways and has opened so many doors for me to help me have success beyond high school. Personally, my best memories come from competing at homecoming, sports practices, and bus rides, as well as late nights at theater". **CONTINUED ON NEXT PAGE**

When you contact a business or organization, please tell them you've seen their ad or news in Neighbor to Neighbor. They would like to know. Thank you, Anne



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CONTINUED FROM PREVIOUS PAGE

TYNGSBOROUGH HIGH SCHOOL STUDENTS OF THE MONTH

Sydney Hannes, daughter of Ward and Christine Hannes has been a two-year member of the field hockey team as well as a three-year member of the lacrosse team. In her senior year, she was named captain of the varsity lacrosse team. Sydney's hobbies include playing lacrosse, running and working with children. Her favorite subjects are math and anatomy and her future goals consist of having great lacrosse seasons at Siena College, where she will play division 1 lacrosse next year, and furthering her academics in health science. Sydney is studying health sciences and hopes to be a radiologist in the future. Looking back on her days at Tyngsborough High School she says, "I have learned not to sweat the small things. Everything works out for the best! I have gained lots of self-confidence in being able to be my own person. THS has taught me how to deal with many situations in life and has helped me find my strengths and weaknesses. One memory that I will remember forever was the Give Kids The World trip we went on in December. Being able to volunteer and help the families that were staying at the village was a great experience in itself but the group of students and chaperones who went on the trip made it even better". **Congratulations to these four students!**



**TYNGSBOROUGH
RECREATION AND PARKS**
Call 978-649-2300 Ext. 150

TYNGSBOROUGH RECREATION

The Recreation Committee meets at the Old Town Hall 10 Kendall Road. Meeting dates and additional information on our programs may be found on our website at [Friend us on Facebook](#). Seeking new members. Join us! TyngsboroughRec.com

THE TOWN BEACH - OPEN FOR SWIMMING- Memorial Day weekend, May 27 through Labor Day Weekend. Resident passes are needed and are available at the Town Hall. Volunteers welcome to assist in maintaining the beach. Please message your interest on FB or email TyngsboroughRec.com

SWIM LESSONS! (*at the Town Beach*) Preschool and youth group swim lessons for 45 minutes with a 5:1 ratio. Our students are put into group lessons according to age and ability. The small class learning environment creates a structured, positive and personal situation for your child to learn. Register at TyngsboroughRec.com
Lesson Schedule: All 4 sessions run Monday-Friday for 2 weeks (\$200 per session) **Schedule listed under Session 1 is the same for all 4 Sessions** • **Session 1 - June 26 - July 7th (No lessons on July 4th)**

- 9:00 am -9:45 am Preschool Lessons (Beginner, Intermediate, Advanced)
- 10:00 am -10:45 am Youth Lessons Level 1 and Level 2
- 10:45 am -11:30 am Youth Level 3 & Level 4
- 4:00 pm -4:45 pm Preschool Lessons (Beginner, Intermediate, Advanced)
- 5:00-5:45 pm Youth Lessons Level 1 and Level 2
- 6:00-6:45 pm Youth Level 3 & Level 4
- **Session 2 - July 10 - July 21** • **Session 3 - July 24 - August 4**
- **Session 4 - August 7 - August 18**

Pickle ball/tennis Tyngsborough 1 week only, Ages 8-16, July 10-13, Monday thru Thursday 9am-12pm. \$229 for week or \$60/day Register at www.planettennisusa.com

ADULT PICKUP BASKETBALL **Adult** Pickup Basketball. New, and older, players always welcome. \$10pp. See @ TyngsboroughRec on Facebook for weekly schedule.

BLOCK PARTY VOLUNTEERS NEEDED We are always looking for Volunteers! If you're interested in Volunteering for a program or special event please contact the office at 978-649-2300 ext. 150 or send us an email apage@tyngsboroughma.gov If you're looking for Volunteer Hours please contact the office and we can either put you with one of our programs or tell you about the opportunities we have scheduled.

BLOCK PARTY-BY-THE-BRIDGE + Craft, Music and Food Truck Event **Saturday, August 26, 2023; 11am-Fireworks** Rain or Shine **11am-6:00pm** Vendor & Game Areas **11am-7:30pm** Food Trucks & Booths, **11am-8:30pm** Live Entertainment & Alcohol Vendors **Fireworks at Dusk** www.PartyByTheBridge.com



25 Bryant Lane, Tyngsborough, MA 978-649-7361 www.tynglib.org

Library Hours:
• Mon. & Wed. 10:30 a.m. – 8 p.m.
• Tues. & Thurs., 9 a.m. – 5 p.m.
• Sat., 9 a.m. – 2 p.m. • **Fri. & Sun. Closed**

CLOSED Monday, May 29th for Memorial Day

• **Author Visit: Ashton Applewhite discusses “This Chair Rocks: A Manifesto Against Ageism”:** **Wednesday, May 10th 11:30 a.m. – 1:00 p.m.** Join us for a special author event, co-presented with the Tyngsborough Council on Aging. Ashton Applewhite will discuss her book “This Chair Rocks: A Manifesto Against Ageism” at the [Tyngsborough Council on Aging building](#) (169 Westford Road, Tyngsborough, MA). Registration in advance isn’t required, but encouraged to reserve a spot.

• **Composting Workshop: Wednesday, May 24th at 7:00 p.m.** Hosted by the Tyngsborough Sustainability Committee. Will take place in the Town Hall Community Room 7pm-8:30pm.

• **Writers’ Group: Every Monday at 6:30 p.m.** Join us for a writing workshop! Expand your knowledge on writing; critique each other’s work; and get advice on the craft. New and long-time writers are welcome! This will be an ongoing program. The Writers’ Group will be meeting in the Special Collections room of TPL. Meetings will last from 6:30 pm to 7:45 pm.

• **Writers’ Group—Children’s Literature: Wednesday, May 3rd, 17th, and June 7th at 6:30 p.m.** If you’re interested in crafting and publishing children’s books and stories, join us to participate with a group of likeminded individuals to discuss, critique, and broaden your children’s literature knowledge. All skill levels are welcome and encouraged to join. The Children’s Literature Writers’ Group will be meeting in the Special Collections room of TPL. Meetings will last from 6:30 pm to 7:45 pm. Contact Karen Johnson (978-649-7132) for more information.

• **Adult Coloring Club: Wednesday, June 7th at 6:30 p.m.** The Coloring Club meets on the first Wednesday of each month, from 6:30 pm to 7:45 pm. Come color and socialize!

• **Saturday Knitting & Crochet Group: Saturday, May 13th at 10:30 a.m.** Open to all knitting and crocheting levels. Get together with friends and make some new ones! Meets on the second Saturday of each month from 10:30 AM – noon in the Community Room at Tyngsborough Public Library.

• **Book Club: Wednesday, May 31st at 6:30 p.m.** For the May meeting, we will be discussing the novel *Speak: The Graphic Novel* by Laurie Halse Anderson. Copies of the book are available at the front desk. Visit tynglib.org/book-club/ for more information.

• **Visit [Tynglib.org/events](http://tynglib.org/events) to check out all of the upcoming virtual events!** Register for TPL programs by calling or emailing (circdesk@tynglib.org) the Library or using links provided on the online calendar for virtual programs. Subscribe to our NEWSLETTER to get updates on all our programs sent to your inbox every month! tynglib.org/newsletter

Kids & Teens

SPECIAL PROGRAMS

Friendly Kids’ Yoga with Ms. Ellen, Wednesday May 10 and June 14 at 11:15 a.m. Friendly Kid’s Yoga classes teach skills that help young people develop inner and outer friendliness. Classes are taught by Ellen Olson-Brown, early childhood educator and certified yoga instructor. Class size is limited. Kids must be three or older. Program will be held in Tyngsborough Town Hall Community Room. Registration required. **Must register for each class individually.**

WEEKLY PROGRAMS

Musical Me - Family Play with Leigh Pelletier, Wednesdays at 11 a.m. from May 17 until June 7 (ages 0-8) Come join us for a relaxed and fun musical playtime with other families of young children. Children (& parents) are free to watch or participate at their comfort level. Includes sit-down and stand-up activities, rhythm instruments, scarves & a stretchy band for group fun. RSVP online.

Storytime, Thursdays at 11 a.m. (ages 0-5) Join us for stories, songs, and fun! Storytime builds early literacy skills and social skills. All families welcome. No registration required.

MONTHLY PROGRAMS

Club Pokemon, Monday, June 5 at 4:00 p.m. (grades 3-5) Through the Pokemon TCG, your child will learn strategic skills, participate in friendly competition, and have fun! Whether you have binders full of cards or are just learning to play, please join us. You may also bring video game consoles and mobile devices to share your love of the game. Younger grade levels welcome with adult accompaniment. Older grade levels may volunteer to assist. Club Pokemon is sponsored by Newbury Comics. RSVP online.

LEGO Challenge Club, Saturday, May 20 at 11 a.m. (all ages with a grownup) All ages are welcome to join our LEGO Challenge. See our Instagram [@tyngsboroughpubliclibrary](#) for examples of past LEGO Challenge creations. No registration required.

Homeschool Hang-Out, Tuesday, May 30 at 11 a.m. (all families welcome) Hello, homeschoolers! Our homeschool hang-out offers games and activities for the kids and great networking opportunities for the parents. Visit us to have fun, make friends, and build community. Families interested in homeschooling are also encouraged to attend. RSVP online.

Check out our Library of Things Collection! The Library offers far more than just books! Here is just a sample of some of the unconventional items that can be checked out by patrons: Chromebooks, GoPro Camera, Nintendo Switch Lite, OBD Car Code Reader, Telescopes, and Wifi Hotspots. Visit our website tynglib.org/library-of-things to see the complete collection.

Board of Library Trustees Meetings are generally held monthly on the third Tuesday. Check the TPL or Town websites for scheduled meetings.

Friends of the Library – Join in the fun and support your library! Meetings are held 9 Mondays per year at 6:30 p.m. in the Library. See the TPL website for dates. Also, check out the new and easy way that you can join or renew your membership to the Friends of the Library right from the Friends link on our website simply by using the “Join and Pay” or “Donate” buttons.

Like us on **Facebook**, follow us on **Instagram** @[tyngsboroughpubliclibrary](#) and **Twitter** @[tyngsboroughlib](#)

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TYNGSBOROUGH SUSTAINABILITY COMMITTEE

Interested in Backyard Composting?

Have you ever considered composting at home, but are unsure where to begin? The Tyngsborough Sustainability Committee and the Tyngsborough Public Library are offering a free workshop on **May 24th, from 7 – 8:30pm**. We will have a presenter from Bootstrap Composting there to teach you the benefits and how-to's of composting, which keeps your food waste out of the trash and gives you rich compost for your flower beds and gardens. This hands-on workshop will be held in the Town Hall Community Room. Bring cash or your checkbook in case you decide to take home your own compost bin that evening (Tyngsborough's Board of Health offers them at a subsidized price of \$25). Participation is limited so sign up for this workshop at tinyurl.com/53d3faxk or contact Tyngsborough Public Library (978-649-7361 or circdesk@tynglib.org).

Concerned With Your Energy Bills?

If you're like many residents you're getting ready to start cranking the air conditioning this summer. With the energy cost increases you're probably concerned about how high those utility bills will be. Did you know that there are many tax rebates and incentives available to take advantage of? There are low-cost options available to you that will help you upgrade and improve your home's efficiency. For instance, you could receive up to a 30% tax credit for the installation of new heat pump air conditioners/heaters. There are also several other electrification rebates that will be coming available later this year for high efficiency water heaters as well as other weatherization upgrades. If you're interested in finding out more information on rebates and federal tax incentives that are available now or will be coming soon check out this website: rewiringamerica.org.

Did you know that residents can also receive a free home energy audit? If you haven't had one of these home energy audits performed within the past few years you qualify for this great, free program. During these energy assessments a specialist will spend 2-3 hours in your home evaluating your home's efficiency, making

recommendations for improvements, and giving you some free stuff, such as LED light bulbs. Tyngsborough has a partnership with HomeWorks Energy; schedule your free energy assessment and learn more about high efficiency options available for your home at HWE.works/Tyng.

Sustainable Tyngsborough is a subcommittee of the Board of Selectmen. We meet the third Tuesday of every month, beginning at 6:30pm. You are always welcome to join us and share your sustainability ideas and concerns. Like us on Facebook @Sustainable Tyngsboro.



46 Coburn Road
Tyngsboro, MA

SHERBURNE NATURE CENTER & TRAILS

Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, observe the birds and notice what changes fall has made. **Remember to dress for the weather.** It's a great place for outdoor exercise and to enjoy nature close to home.

Children under 16 must be accompanied by an adult.

Please note: The tennis court behind the Sherburne Nature Center is not part of the PUBLIC Nature Center property.

NO MOW MAY

From the Harris Center in Hancock, NH

The No Mow May project is designed to provide early season forage. Think clovers, dandelions and violets for pollinators emerging from winter hibernation, especially in neighborhoods where floral resources are limited. A new study from Appleton, Wisconsin has found that it works. Lawns left unmowed for the month of May had five times as many bees and three times the bee diversity of mowed lawns. This year the Harris Center will be leaving some of the lawn unmowed for the month of May to support bees and other pollinators. We invite you to join us!



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OPENS REGISTRATION FOR FALL 2023 PROGRAMS

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(Grades 4-6) ~ **CHEERLEADING** (Ages 4-14)

Tyngsboro Youth Football and Cheerleading is proud to launch our 19th season providing local area youth with the opportunity to learn football and cheerleading in a safe, fun environment while promoting the values and importance of academic achievement, teamwork, and sportsmanship. We offer all co-ed programs including **FLEX FOOTBALL** (Grades K-3), **CHEERLEADING** (Ages 5-14), and a **TACKLE FOOTBALL** (Grades 4-6) co-op with the North Middlesex Patriots. We are proudly affiliated with the American Youth Football and Cheerleading (AYF/AYC) program. We provide all of our coaches with comprehensive training to ensure the safest, positive, and fun experience for your child.

ONLINE REGISTRATION FOR OUR 2023 FALL SEASON IS NOW OPEN! We welcome fall football and cheerleading registrations from participants residing in Tyngsboro, Dunstable, Lowell and surrounding communities. **BE SURE TO REGISTER EARLY TO TAKE ADVANTAGE OF THE LOWEST REGISTRATION RATES AND SPECIAL PAYMENT PLAN OPTIONS!**

TO REGISTER FOR OUR FALL SEASON: Visit our website and click on "Registration".
QUESTIONS? Email us at: TyngsboroYouthFootballCheer@gmail.com, Follow us on Facebook under "Tyngsboro Youth Football and Cheerleading", or go to our website and click on "About Us".

WEBSITE: www.TyngsboroYouthFootball.com

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Suck It Up is proudly owned and operated by two career Firefighters/EMTs who continue to serve the community with the utmost integrity that translates directly to our business practices. We are entrusted by the community to go in and out of people's homes on a regular basis, and treat them and their belongings with the utmost respect. Our customers will not only be able to trust our professionalism upon entering their home or workplace, but also that they are getting the highest possible level of cleaning and sanitization. We will provide an extremely high quality product and customer service, 100% guaranteed. *Tom & Brad*

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May 21, 2023 Tsongas Arena

* Walk * Volunteer * Sponsor

REGISTER NOW Every step you take will make a cancer patient's fight a little easier. Join together on **Sunday, May 21, 2023, Tsongas Arena, Lowell, MA**

We invite you to take part in **TeamWalk 2023** and walk with us in honor of our region's cancer patients and families. Every step you take will make a cancer patient's fight a little easier.

We are looking for volunteers! We will do our best to accommodate requests for family, friends, or department members to volunteer together. It is very important that any interested volunteer register early online no later than Monday, May 1 to ensure that we have enough staff at the event, and so we can pre-order enough volunteer t-shirts. **Contact Kylie Desrosiers at Kylie.Desrosiers@TuftsMedicine.org with any questions.**

Go to <https://www.TeamWalk.org>. Here, you can register for the TeamWalk or you may sign up to volunteer or call 978-788-7170



DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827

www.dunstablechurch.org

978-649-6251

DECC is a caring community of faith where we are all on a journey together finding hope, purpose, connection, and wholeness as followers of Jesus. Wherever you are in this walk of life, we invite you to join us.

• **Sunday Morning worship service begins at 10:30 AM.** Masks are optional. Social distancing is according to your comfort level. If you are not able to attend in person, the service is available to stream from our website, www.dunstablechurch.org.

• **The Adult Bible Study Class** continues at 9:00 AM on Sunday mornings in Fellowship Hall. Dan Field's workbook "Nehemiah, the Courage to Face Opposition" is the study guide along with your Bible. If you would like more information, please email Kathy Mackel (mackelkathy@aol.com) or Marj Overhiser (widsith2@gmail.com).

• **Our Intentional Interim Pastor**, Dr. Doug Walker, and his wife, Marsi, are enjoying getting to know you all, but would like to get to know you better. They would like to sit down with you, hear your story, find out how your life is going these days, listen to your thoughts about your church, and let you get to know them a little bit as well. They are hoping to have a meal together with you, preferably at your home, including any others you would like. Doug & Marsi are available Sunday afternoon or evening, or even breakfast or lunch on Monday.

Please call the church office (978-649-6251) to set up a time to get together or see the sign-up sheet in Fellowship Hall.

• **A Transition Team** is being formed to prepare a church profile. To begin, the transition team will begin monthly meetings following the morning service on the first Sunday of the month.

• **We were excited to meet some new and old friends at our Easter celebrations and look forward to seeing you again in the coming weeks.**

May the Lord walk between us while we are absent,
one from another.

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Active duty military and veterans always welcome to join. First Year FREE for new Legion members. For further information call **978-649-7540** or email: legionpost247@gmail.com

Elected Post 247 Officers serving for 2022-2023 Commander: Matt DeLucia; Sr. Vice Commander: David Simpson; Jr. Vice Commander. Executive Board: Joe Conlin, Ray Hamelin and Fred Carroll. Bartenders: Matt, Judi, Diane and Derik.

AMVETS POST #247 ROBERT D. PELLETIER



90 Pawtucket Blvd. Tyngsborough, MA

OFFICERS: Commander: Robert Golas; Adjutant: Rod Wood; Finance Officer: David Coles; Judge Advocate: Roland Millard; E-Board: Martin Bloomgren, John Cogan and Steve Harris.

"ALWAYS READY TO SERVE OUR VETERANS"

AMVETS National Website: <http://www.amvets.org/>



AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Auxiliary Unit 247 Officers for 2022-2023

President: Linda Small; Sr. Vice: Ann Thellen; Jr. Vice: Michelle Lambert; Secretary/Treasurer: Diane DiLeo; Executive Board: Kathy Olje, Joyce Ferreira and Josephine Beauregard.

TYNGSBOROUGH GARDEN CLUB



May is a busy month for the Garden Club.

Our **PLANT SALE**, which is our major fundraiser, will take place on Saturday, May 27 from 9 am to 2 pm. Once again, we will be at **Flint's Corner** on the west side of the river and at **13 Beverlee Drive** on the east side. Drop by while you're out and about. There is ample parking and the plants are quite a bargain. There will also be some houseplants available. If you've got a busy Memorial Day weekend planned and don't think you'll get around to gardening, buy them then and put them in the following weekend. Most of our plants are established and can wait.

Our April Books and Blooms event was quite successful with a well-attended opening reception on Monday afternoon April 10 from 4-7. We had 7 arrangements positioned at different locations at the Library, each designed to interpret the look and feel of a Caldicot Award-winning children's book. It never ceases to amaze us how these displays come together! Many thanks to the staff and Trustees of the Library as well as the Friends of the Tyngsborough Library for helping to make the event possible.

New Garden Club members are always welcome and the public is invited to attend individual programs for a nominal fee of \$5. Unless otherwise noted, meetings take place at the Evangelical Congregational Church at 23 Kendall Rd. and begin at 7 pm. Club dues are \$20. For more information, please contact us at tynggardenclub@gmail.com Linda Sheldon, President

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AMERICAN LEGION POST 247 INC. 90 PAWTUCKET BLVD. TYNGSBOROUGH, MA

Hours: Tuesday - Friday, 2pm to 7pm. Call for Saturday hours
If you are interested in joining, or want more info about what is happening at the Post, please get in touch with the person noted for each organization or call the **Post** at **978-649-7540**.



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CLOTHING SHED AT DUNSTABLE CHURCH



The clothing donation shed at the Dunstable Evangelical Congregational Church, **518 Main St, Dunstable MA**, is open to the public.

St. Pauly Textile Inc., the company that has provided the shed, partners with a network of businesses and various organizations to distribute donated items both here in the U.S. and worldwide, where they're ultimately re-worn by people who need them. The Dunstable Church additionally has the option to use donations to serve community needs. The company was founded in 1996 and is an A+ rated member of the Better Business Bureau.

Accepted items: clothing, shoes, belts, purses, blankets, sheets, curtains, pillowcases, and stuffed animals.

PLEASE tie your bags, and do not leave bags outside the box.



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DUNSTABLE TYNGSBOROUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need. We are currently looking for community minded members to join, please contact membership chair Joe Ward his contact information is below.

The Dunstable Tyngsboro Lions Club has the first female President since the existence of the club which was formed in 1977.

Officers for the 2022-2023 Lions Year

President: Laura Ward; 1st Vice President/Treasurer: Kristine DeMonico; 2nd Vice President/Secretary: Meg DeMonico; Membership Chair: Joe Ward; LCIF Chair: Mark Alexander; Media/Marketing: Charline Vigna; Tail Twister- Jorg Skowranek; Lion Tamer- Richard Lowe

Anyone interested in joining the lions is asked to contact Joe Ward 978-930-1153. Our Regular Meetings are held on the **first and third Tuesday** of the month starting at 6:30 pm at **Princeton Station** 147 Princeton St., in N. Chelmsford, MA. Our Facebook Page is <https://www.facebook.com/DunstableTyngsboroLionsClub>

If you would like to make a donation, please send to: Dunstable Tyngsboro Lions Club, P.O. Box 93, Tyngsboro MA 01879

YOU CAN HELP BY DONATING THE FOLLOWING:

- **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.
- **Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- **Can tabs** please place into bags before putting in the boxes.

Lion's collection boxes for eyeglasses, hearing aids and can tabs be located at: Tyngsboro Post Office- 353 Middlesex Rd Tyngsboro MA 01879; American Legion Post 247 -90 Pawtucket Blvd., Tyngsboro MA 01879; Tyngsboro Council of Aging Center - 180 Lakeview Ave Tyngsboro MA 01879; Dunstable Town Hall - 511 Main St Dunstable MA 01827; Dunstable Post Office - 170 Pleasant St Dunstable MA 01827; Dunstable Library-588 Main St Dunstable MA 01827



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Are you protected from disability risk?

Like many people, you may try to stay healthy by exercising regularly, following a good diet and avoiding dangerous activities. But as we all know, life is unpredictable, and despite your best efforts, you may encounter an injury or illness that can leave you unable to work for several months — or longer. If this happened, would you have difficulty paying your bills? Or would you be forced to dip into investments meant to help you achieve long-term goals, such as a comfortable retirement?

To help prevent these outcomes, you may want to protect yourself against the possibility of a disability. One good move is to build an emergency fund containing up to six months' worth of living expenses, with the money kept in a liquid account. Even if you never need this fund for a disability, it's hardly a wasted effort, because you could use the funds for other unexpected costs, such as a major repair to your home or car.

But to feel truly prepared for a disability that could threaten your financial situation, you may also need to consider disability insurance. If you work for a mid-size or large company, your employer may offer group coverage as an employee benefit. This coverage can be valuable, but it may not be sufficient. For one thing, many employer-sponsored disability policies won't fully replace your lost income. Also, some group policies may make you wait longer than you'd like before your benefits kick in. And these policies aren't always "portable," either — if you leave your job, you might also be leaving behind your disability plan.

For these reasons, you may want to consider purchasing a long-term disability insurance policy. However, the features of these policies vary greatly, so you'll want to be diligent in choosing the policy that's right for you.

What are the key features to compare among policies? For openers, look at the type of policy — is it noncancelable or guaranteed renewable? With a noncancelable policy, the terms and premiums can't be changed, but a guaranteed renewable policy can increase premiums.

Here are some other features to consider:

- **Coverage amount** – How much will you receive in benefits? You may be able to replace up to 100% of your after-tax income.
- **Waiting period** – How much time must pass from the onset of your disability until you start receiving benefits?
- **Benefit duration** – How long will you receive benefits? To protect against a long-term disability, you might want a policy that replaces income until your planned retirement age.
- **Inflation coverage** – How much will your benefits increase each year? Ideally, you'd like your benefits to keep pace with inflation and keep up with what you might receive from future salary increases or promotions.
- **Definition of disability** – If you choose an "Own Occupation" policy, you'll receive benefits if you can't work at the job you had when you became disabled. With an "Any Occupation" policy, you'll receive benefits if you can't work at any job based on your qualifications.

Clearly, there's much to consider when choosing a disability policy. You might want to consult with a financial professional, who can help you pick a policy that fits within your overall financial strategy. But don't wait too long — you may never need to use this protection, but you might like having it available.

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Local Edward Jones Financial Advisor Member SIPC

NEWHOUSE WILDLIFE RESCUE

Nonprofit Organization Founded in November 2018

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New England Transit Sales, a school bus dealership, is looking for Radio and Camera Installation Techs. Duties include performing a pre-delivery inspection on new school buses. This includes the installation of options ordered by the districts.

All applicants can apply in person at **New England Transit Sales, 30 Progress Ave., Tyngsborough MA.** or by email to lippert@newenglandtransit.com

This is an entry level position. Come by for an interview. Pay is based on skill level. **Hours are Monday to Friday 7:00 to 3:30.**



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www.tyngsborocongregational.org

Interim Pastor Bernie Michaud



Our Weekly Sunday Worship Services are at 10:00 AM

If you prefer to stay home, Services are available on line.

• **TO WATCH LIVE SERVICES** Log on to facebook and go to Ecct Church. Log in at any time to watch the recorded services.

• **NEW PARKING LOT** - You CANNOT access it from our Church driveways. *Please enter and exit across from the Tyngsboro Fire Station. A walkway has been paved for easy access to our church.*

• **LADIES BIBLE STUDY** - Tuesday mornings 9:30 to 11:30 am. We have begun a new Bible Study and invite you to join us. Diane Michaud will be leading this study of Romans: Becoming New in Christ, another Lifeguide Study. This study should run approximately 8-10 weeks at which time we will have a luncheon. We will continue this study in the Fall when we meet after the summer break. You can join us at anytime during this study.

• **MEN'S BIBLE STUDY** - The study of Revelations led by Jim Politi will continue through the Spring. A new study will begin in the Fall. It is never too late to join us!

• **SUNDAY SCHOOL/YOUTH GROUP** - Each month the Youth Group (grades 5 and up) meets on a Sunday afternoon with leaders, Joan Politi and Patti Ann Reekie. The kids are loving getting together to share special moments in their lives, praying with one another, singing and whatever surprise event our leaders have in store for them. Our youth are our future. Let's give them something to get excited about!

• **DAYCARE DURING CHURCH SERVICES** - The younger children are loving their BUSY BAGS that they select each Sunday morning which quietly occupies their time until they are dismissed to go downstairs with our Sunday School children. Thank you to those who give their time to provide this very important service.

• **EASTER SERVICES** - We were so pleased to see how many came to our Maunday Thursday Prayer Service, the Sunrise Service, breakfast that was provided by our special guy Josh Lorman (Thank you, Josh!), Easter Egg Hunt for the children and our Church Service celebrating "HE IS RISEN" along with our Sunday School Youth special song selection "Risen". What a beautiful song and performance they presented!! IT WAS TRULY AWESOME AND SPIRITUALLY MOVING!!! It has been such a joy and blessing to see so many new faces attending our weekly Church Services! GOD IS GREAT! It is evident that attendees are truly being spiritually fed through the sermons Pastor Bernie has been providing. Thank you, Pastor Bernie!

• **CLEAN-UP DAY - SATURDAY - May 13 (10:00 am)** - Church members and friends will arrive to help us tidy up around our buildings and do odd jobs/repairs that are always needed and necessary. We will provide hamburgers/hotdogs/drinks for lunch as a Thank You!

• **MEMORIAL DAY - May 29 (11:00 am)** - Please join the community in celebrating this very important holiday. There will be no parade this year but everyone will gather at the Old Town Hall and Town Common for this commemorative event.

• **CHILDREN'S SUNDAY - June 4** - Our Children's Day Service will feature our Sunday School/Youth children with special music performed by them. At this time selected High School Seniors in town from the Class of 2023 will receive our Scholarship Awards. This is something to CELEBRATE!!! Scholarships are awarded to students who will further their education in the field of Community Services. Come and congratulate them with us. Sunday School classes will end for the summer at this time but we'll be back in September!...**THRIFT STORE**...

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HOURS: 10:00am to 3:00pm on THURSDAYS and SATURDAYS
• The "PRAYER BOX" is outside the doorway to the store entrance. Please feel welcome to write down your prayer needs and it will be passed onto our church so we can ALL pray for you or someone

you know. Names will not be disclosed.

• **CUSTOMER APPRECIATION DAY ICE CREAM SOCIAL** tentatively scheduled for June 22 and June 24. FREE ice cream
• You can remain updated by visiting our website www.tyngsborocongregational.org or please check our Facebook page for unexpected closure dates. We are always looking for volunteers to help us out. **If you can spare a few hours a week, please call Charlotte at 978-649-7803.**

CLOSED SATURDAY - MAY 27 (in observance of Memorial Day)
and **SATURDAY - JULY 1** (in observance of Independence Day)

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51st Annual Strawberry Festival

Enjoy the best **Strawberry Shortcake**, made from local strawberries, homemade biscuits, and real whipped cream.

Find crafts and vendors on the filed.

For more information, contact Lynda Justice at 978-587-8423

If you would like to become a member, Membership Forms and

more info is available at www.tdhistoricalsociety.org

Email address: tyngsboroughdunstable@gmail.com

Thank you to those who have renewed their membership and have made donations! We appreciate your kind support.

Brush Associate Artists Exhibit Dates: thru May 28, 2023

21 ASSOCIATE ARTISTS EXHIBIT A MYRIAD OF ART FORMS

Lowell, MA – The Brush Art Gallery and Studios provides display space for artists in its attractive, hallway gallery. We are open 5 to 6 days per week and host many exhibition openings and events, thereby ensuring maximum exposure. We offer reasonable rents and require a small commission for handling sales.

This exhibit gives the associate artists a chance to display items that may not fit their wall spaces. Artists produce work including: paintings, drawings, photography, jewelry, glass, sculpture, fiber art, and handwoven items.

ARTISTS This exhibit includes: Linda Cargiuolo, Norm Caron, Christine Chisholm, Jean Curley, Tammy Dohner, David Drinon, Claire Gagnon, Tom Gill, Cynthia Hughes, Jay W. Hungate, David R. Jones, Janice M. Jones, Tracy Levesque, Michael Lichtenstein, Juliette Montague, David Phaneuf, Mary Robbins, Gay Tracy, Rebecca Wisniewski, Nancy Wormwood, and Peter Zimmerman

Associate Artist Contact links: <https://thebrush.org/associate.htm>

The Brush Art Gallery and Studios is a nonprofit, 501(c)(3) organization. The

Brush is supported by the Lowell National Historical Park.



Neighbor to Neighbor

Published by Anne M. Paquin

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MAY 10TH DEADLINE FOR THE JUNE ISSUE

If you missed the deadline contact me as soon as possible.

To submit news or info about an upcoming event, please email the information to me. There are two more issues for the summer. The June issue and the July/August issue (*one issue for those two months*). If you have a business and you would like to know more about advertising, please call 978-419-1914 or email me at anne@neighbortoneighbornewsletter.com

I look forward to hearing from you. *Thank you, Anne*

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Home bible studies in Nashua, Tyngsboro, Dracut, and Lowell.



ALTRUSA CLUB OF MERRIMACK VALLEY

The Altrusa Club of Merrimack Valley will conduct a **FOOD DRIVE** to benefit the Open Pantry of Greater Lowell on **Saturday, May 20, 2023 at the Market Basket on Rte 110, 288 Chelmsford Street, Chelmsford, MA from 9:00 a.m. to 4:00 p.m.** The Open Pantry services the 7 communities of Lowell, Billerica, Dracut, Dunstable, Tewksbury, Tyngsborough, and Westford. If anyone is interested in helping with this one day event, please email altrusamv@gmail.com for additional information.

The Altrusa Club meets the 2nd and 4th Tuesday of the month at the Tyngsborough Senior Center, 169 Westford Road, at 6:00 p.m. Please email altrusamv@gmail.com if you are interested in joining other volunteers in making a difference in the lives of others in our communities.

The Wish Project

166 Middlesex St., North Chelmsford, MA 01863

This is behind Hertz Car Rental

thewishproject.org

For information email: info@thewishproject.org

1-866-947-4360

Our **THRIFT STORE** is open 9-2:30 Tuesday-Saturday. It is located in our warehouse. All are welcome.

If you would prefer to shop online, and ship directly to the warehouse, please take a look at our Amazon Urgent Needs Charity Wish List <https://smile.amazon.com/Target Charity Wish List> <https://www.target.com/gift.../gift/thewishproject-wishlist>

SAVE THE DATE FOR OUR GOLF TOURNAMENT!!!!

MONDAY, JUNE 12, 2023

AT FOUR OAKS COUNTRY CLUB IN DRACUT.

6:30 AM REGISTRATION – 7:30 AM START

Shotgun Start, Scramble

\$150 PER PLAYER \$50 for Lunch Only

For more details about registration and sponsorship opportunities

www.thewishproject.org/golf-fund-raising-event/

BITS BAGS Bags will ideally be reusable, sized 8 x 10 x 4. **Bag Contents:** Book: Bath, Board book, picture book or first reader, Bubbles, Chalk, Beach Ball, Crayons, Coloring Books, Rubber duck Tub Toy, New Baby Toy (0-3), Stack rings, soft dolls, spinning tops, texture blankets, musical toys, pull toys, trucks **No Stuffed Animals Please!**

Donate complete bags or Collect items for bags or Donate \$35 and we can provide a bag in your name or in the name of your company.

Our Goal is 1,000 Bags We provide BITS Bags to children who may experience developmental delay due to lack of these simple interactive toys to stimulate them. The Wish Project partners with hundreds of social workers from many local agencies including: Anne Sullivan, MSPCC, CTI South Bay, Clarendon and others. Please contact *Crystal Stewart* to setup a drop-off, donation, or for more information regarding BITS Bags. Donations of items may be sent to The Wish Project, 166 Middlesex Street, N. Chelmsford, MA 01863. Monetary donations may be mailed to The Wish Project, PO Box 8693, Lowell, MA 01852.

Donation Hours Tue-Sat 9:00-2:45 Contact Us 166 Middlesex St, North Chelmsford, MA 01863 Phone: 866-947-4360

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Read New & Past Issues of Dunstable & Tyngsborough Neighbor to Neighbor online at www.neighbortoneighbornewsletter.com Issues posted on the 1st of the month. Click on the heading "Neighbor to Neighbor Newsletter Issues". More information posted on the main pages.



RELAY FOR LIFE

The Relay for Life of Southern New Hampshire has joined with another group to be larger and will now be at Pinkerton Academy in Derry NH. We have decided, although it is late, to join that event. We are going to go to the actual event and participate there. We know this is late notice and many of you are committed to many other worthy causes...but if any of you would like to join us I am enclosing the event information. You have all supported us for so many years so please don't feel you have to commit again. If I thought we were closer to a cure, and I could stop worrying about friends and family still suffering with this terrible disease, then maybe we would stop... but in the last week alone I was reminded of 4 warriors still fighting!!! Let us know if we can support someone who is fighting!

Here is the event information...

Relay for Life of Southern New Hampshire, **Pinkerton Academy, 5 Pinkerton Street, Derry NH. Saturday June 17, 2023 from 1:00-10:00pm.** Link to our team, "A Wee Bit of Hope" for joining or donations. [Relay For Life | Relay For Life \(acsevents.org\)](http://RelayForLife.acsevents.org) <https://secure.acsevents.org/site/>

We hope you are all doing well and practicing good preventative health care so that you will never hear the words..."YOU HAVE CANCER!"

Thank you all for all your love and support over the many, many years! We Love you all! Mae and Bob Hopke

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- Show: 43.7623°N, 69.3203°W Show dates: May 3-28, 2023
Loading Dock Gallery presents 43.7623°N, 69.3203°W, a show of contemporary New England landscape painting. In August 2022, Nan Hockenbury, Heidi Jackson, Bethany Peck, and Noel Soucy traveled to Monhegan Island, ME. For six days they wandered the island and painted plein air. 43.7623°N, 69.3203°W knits together their diverse interpretations of those shared days, each artist using her own point of view to speak of the island's rugged landscape and dramatic views.
- Hockenbury paints with interlocking lozenges of color, translating boats, houses, and stones in jewel-like hues. Jackson evokes nature's fleeting beauty with textured, expressionist strokes and gentle colors. Peck responds to her island wanderings with intuitive abstractions, focusing on the convergence of sky and sea. Soucy offers atmospheric images, layered in texture, an exploration of process as well as of the landscape observed.
Loading Dock Gallery is part of Loading Dock Arts, Inc., a 501c3.



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For further information, go to our Website:

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 St. Mary: Wed. 4:30-5:30pm & Sat. 11am -12 noon

• WEEKEND MASS SCHEDULE

St. Mary: 4pm on Saturday, 7am and 11am on Sunday
 St. John: 4pm on Saturday, 9:30am and 6pm on Sunday
 Also 12pm African Liturgy (2nd, 3rd and 4th Sundays)
 St. Margaret of Scotland: 4pm on Saturday and 7:30 and 10am on Sunday

• DAILY MASS SCHEDULE Monday thru Friday

St. Mary at 7am • St. Margaret of Scotland 8am • St. John at 9am



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All are welcome to a safe place to share your story, find comfort, hope and encouragement, as you continue a new path in life.

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