



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

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www.neighbortoneighbornewsletter.com

Celebrating 39 Years of Service

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TYNGSBOROUGH TOWN CLERK NEWS

• **2023 Dog Licenses** are now available at the Town Clerk's office or by mail. Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. **If renewing by mail, please enclose a stamped, self addressed envelope for the license**, as well as your dog's proof of rabies vaccine.

• **Offices to be elected in 2023: Three Year Term:** Board of Selectmen (2), Assessor, Board of Health (2), Cemetery Commission (2), Finance Committee, Library Trustee (2), School Committee (2), Sewer Commission, Moderator, and Tree Warden
Five Year Term: Planning Board

Nomination papers are available at the Town Clerk's Office.

• **Census Forms** have been mailed. Please make changes, sign and return. The census form does not register you to vote nor does it change your political party.

Stay safe!

Please contact the office at 978-649-2300 extension 129 or email to jshifres@tyngsboroughma.gov with any questions.



NOTICE

TYNGSBOROUGH WATER DISTRICT

Nomination papers are available for two (2), 3-year term for Water Commissioner. They can be obtained at the Tyngsborough Water District Office.

Nomination papers need to be returned by February 15, 2023 (1:00 PM) to the Tyngsborough Water District Office at 87 Progress Avenue, Unit 2.

The Election will be held on Tuesday, April 4, 2023 from 5:00 PM – 7:00 PM at the District office. All registered voters residing in the District are welcome to vote at this time.

The Annual/Special Meetings of the District will be held on Tuesday, April 11, 2023 at 7:00 PM at the District Office. Warrants and additional information will be available at the Water District Office.

Signed: Board of Water Commissioners

Tyngsborough Water District, 87 Progress Ave, Unit 2,
Tyngsborough, MA 01879 978-649-4577

TYNGSBOROUGH TOWN HALL HOURS

Monday & Tuesday: 8:30AM to 4:30PM

Wednesday: 8:30AM to 7:00PM

Thursday: 8:30AM to 4:00PM

Friday: Closed

www.tyngsboroughma.gov

IN MEMORY OF

Constance "Connie" Savard Pare	Denis E. Corbeil
Reginald J. "Reggie" Dove	Theresa C. (Jutras) Dastous
Connor Michael Flanagan	Donald H. LaRiviere
William "Bill" Franks	Raoul Henri "Hank" Noel
Donald P. Keeley	Patricia A. Harron Reekie
John F. "Jack" Manning	Jesse Tyler Savard
Donald T. Renaud	Joseph Roger Cormier
Helen Mary Harrigan	Robert Masse
Jane E. (McLaughlin) Shaughnessy	

TYNGSBOROUGH SCHOLARSHIP TRUST

P.O. Box 547, Tyngsborough, MA 01879

1963 * Celebrating 60Years * 2023



Mark your calendar - The Tyngsborough Scholarship Trust will hold our popular **Trivia Night, in-person, Friday, March 4** at the Tyngsborough Sportsmen's Club. Registration begins at 7:00 pm and the Trivia contest begins at 7:30. Teams of up to four, compete to correctly answer the sometimes obscure, often hilarious, and frequently curious trivia questions. Tickets are \$25/per person. **Student teams are encouraged and welcomed at \$10 per player.** Unique and creative team names are encouraged. There will be Prizes for the top 3 teams! To reserve your space today contact any member of TST or email scholarshiptrusttyngsborough@gmail.com

The TST Business Drive begins March 1: If you would like to make a tax-deductible contribution to our business drive, please mail your donation to P.O. Box 547 Tyngsborough, MA 01879. Any donation of \$500 or more will qualify for a "Named Scholarship" which will allow us to offer a scholarship in your name or in honor of a loved one.

The Door to Door Scholarship Drive begins on April 1: High school seniors participating in the Door to Door drive will canvas neighborhoods in Tyngsborough raising money for scholarships. If you work for a company that matches donations, you can double your donation to scholarship drive. BAE Systems, Digital Credit Union, Fidelity, JC Penney, and Raytheon are just a few of the companies that participate in the matching gift program.

High School Seniors - 2023 Scholarships are available and due by February 15, 2023! A reminder to the 2022 scholarship recipients, please be sure to submit proof of school enrollment to the TST at P.O. Box 547, Tyngsborough MA 01879 so you can receive your second scholarship payment.

All profits from the 2022-2023 fundraising events will go towards scholarships for the Class of 2023. For over 59 years volunteers from our community have been coordinating fundraising and awarding scholarships to high school students from Tyngsborough. **We welcome and need your help to continue this town tradition; we meet the second Thursday of the month at the THS at 6:30.** Please contact scholarshiptrusttyngsborough@gmail.com with any questions.

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**TYNGSBOROUGH
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The Recreation Committee meets at the Old Town Hall 10 Kendall Road. Meeting dates and additional information on our programs may be found on our website at TyngsboroughRec.com Friend us on Facebook. Seeking new members. Join us!

• **Community Service Hours Available for Students** Do you need community service hours? Contact us, we have opportunities. We are very grateful to all our student volunteers.

• **MEN'S ADULT PICKUP BASKETBALL** Adult Men's Pickup Basketball. New, and older, players always welcome. \$10pp. See @ TyngsboroughRec on Facebook for weekly schedule.

• **Softball Winter Clinic Started Sunday Feb. 5th**, 2:30-3:30 original Sports Center Progress Ave, 7 weeks, \$60 per player with \$100 family cap, ages 5-15, 2 Week FREE TRIAL, Any questions contact Mike Knight psknight1@yahoo.com NO CLINIC SCHOOL VAC. WEEK Register at tyngsboroughrec.com

• **Shamrock Ball Daughter Dance** Tyngsborough Recreation's Shamrock Ball for Daughters of all ages and their Parent (or other adult figure, etc.) A Dance with our DJ Steve, light refreshments, and a corsage for each girl. A photographer will be on site, offering packages to capture your special evening. **Saturday, March 11, 2023, 6 – 8pm TYNGSBOROUGH ELEMENTARY SCHOOL CAFE**, \$40 per couple, \$5 for each additional child. ~ Advanced registration required.

• **Shamrock Princess** The Grad Night Committee, in conjunction with the Recreation Committee, will again offer the title of "Shamrock Princess". One lucky raffle winner will be crowned **2023 Shamrock Princess**. Includes a public announcement during the Ball, a princess tiara and sash, photo package, dedicated parent-daughter dance and special gift. **To enter the raffle on the package select option at checkout.** Drawn (quietly) Thursday, March 9, 2023. All proceeds benefit The Class of 2023 Grad Night activities.

• **13th Annual Festival of Trees** Thank you again to all who supported and helped create and run our 13th Annual Festival of Trees. Please visit our FB page and Tyngsboroughrec.com for great photos and a full list of all our sponsors. Please patronize the businesses and support the groups that generously donated and sponsored displays and activities at the Festival.

TYNGSBOROUGH VETERAN'S AGENT

Do you know a neighbor or friend who may be a Veteran, Veteran widower, widow or dependents of a Veteran, that may be eligible for financial assistance from my office? I may be able to help them with basic living expenses, rent or mortgage heating cost, prescriptions, hearing aids, monthly healthcare premiums and hospital/doctor bills not covered by your Medicare or other insurance. Even if the applicant lives with their son, daughter or other family member or friend they may still qualify. The Veteran's Office is a confidential office where your identity is completely confidential. Call or email to schedule an appointment. If I cannot personally assist you I will direct you to the resources available to you. *Sincerely, Christopher W. Dery, Tyngsborough Veteran's Agent, 25 Bryants Lane, Tyngsborough MA, 01879 978-649-2300 X131 veteransagent@tyngsboroughma.gov*

CHARITY NAVIGATOR

We are often contacted to make a donation to different organizations. Want to make sure they are legitimate and the donated monies are well used? You can now look up these charities at www.charitynavigator.org

Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

E-mail: anne@neighbortoneighbornewsletter.com

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Total circulation is now 6,616 which includes Dunstable and Tyngsborough, MA.

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Vietnamese. Monday and Thursday at 9:00am **Reconciliation:**
9:30am-10:00am 1st Thursday of the month or by appointment
Adoration: 9:30am-10:00am 1st Thursday of the month.

TYNGSBORO SCOUTING

Cub Scouting includes a variety of fun and rewarding activities for kids entering kindergarten through fifth grade. Parents can rest assured that Cub Scouting encourages family participation and good behavior, offers both traditional and contemporary Scouting activities, fosters friendships, and introduces them to activities they may not ordinarily participate in. Moreover, it's a good way to ensure that they become "well-rounded," as a complement to the sport(s) that they may play. **Anyone 11-17 years old, interested in adventure, the outdoors, service to their community, and leadership opportunities, is welcome!** Come check out Troop 46 Scouts. **If you are ready to join scouting, or would like more information, please email Brett Pacewicz at bpacewiz@hotmail.com.**

STEMMING THE TIDE ON TEXTILE WASTE

Tyngsborough Sustainability Committee

Massachusetts residents and businesses dispose of approximately 230,000 tons - that's 460 million pounds - of textiles annually. Clothing and other textiles reuse and recycling is a big deal. It reduces the enormous environmental burden of the second most polluting industry in the world and this is why new state rules require residents to keep textiles out of the trash, using textile recovery drop boxes and donation programs instead. Together, we can turn the tide on discarded textiles.

Last month the Town shared results from a recent Waste Characterization Study of our curbside trash. The study revealed that 2.4% of what Tyngsborough residents throw out is textiles. That translates to over 12,500 pounds of textiles in our trash each month, collectively, or about 3 pounds per household per month. Do you consistently donate your gently used textiles but feel bad about donating something if it's worn or torn or if the sneaker or sock doesn't have its pair? Rest assured, unwanted textiles, even when ripped or stained, are valuable raw materials for manufacturing items like carpet padding or wiping rags. Reusing recycled textile fibers is good for the planet and for our wallets.

With new programs in place, keeping textiles out of the waste stream is easier than ever. Helpsy, the Town's textile recovery partner, collects unwanted clothing and other textiles, curbside, on the first Thursday of every month. If you don't want to wait, there is a Helpsy collection container at the Middle School (details below).

Acceptable materials: Clean, dry and bagged clothing, shoes (including singles), bedding (pillows, comforters, sheets), jewelry, belts, towels, curtains, backpacks, luggage, stuffed animals.

Where to donate your unwanted textiles - in any condition: Curbside with Helpsy pickup (schedule pickup at www.helpsy.co); Helpsy collection bin at Tyngsborough Middle School, 50 Norris Rd; Baystate Textiles collection bin at Greater Lowell Tech, 250 Pawtucket Blvd; Planet Aid collection bins at Pondview Place parking lot (18 Pondview Place) and Tyngsboro American Legion (90 Pawtucket Blvd)

Where to donate your unwanted textiles - in gently used condition only: The Thrift Shop at the Evangelical Church on Kendall Road (www.tyngsborocongregational.org); The Wish Project in North Chelmsford (www.thewishproject.org); Catie's Closet in Dracut (www.catiescloset.org) **For additional donation locations or organizations,** use the MassDEP Beyond the Bin Directory at <https://recyclesearch.com/profile/ma>

Sustainable Tyngsborough is a subcommittee of the Board of Selectmen. We meet the third Tuesday of every month, beginning at 6:30pm. You are always welcome to join us and share your sustainability ideas and concerns. Like us on Facebook @ Sustainable Tyngsboro.



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TYNGSBOROUGH REPUBLICAN TOWN COMMITTEE YEAR IN REVIEW



We've had quite a year! Thanks to all who have helped grow this committee and expand its influence. And a special thanks for the generous donations we've received this past year.

1. Increased Marketing Efforts. a. Reformed the Committee and grew membership. b. Established meeting cadence for 4th Tuesday each month. c. Established new Facebook presence. (<https://www.facebook.com/TyngsboroughRTC>) d. Established a web donation process. (<https://secure.winred.com/tyngsborough-rtc/donate-today>) e. Created a TRTC trifold advertising pamphlet. f. Created a TRTC banner. g. Created our first submission to Neighbor to Neighbor. h. Presented a booth at the Tyngsborough Block Party.

2. Attended Massachusetts State Republican Convention.

a. Held caucus to identify Tyngsborough residents interested in becoming delegates. b. Elected delegates to represent Tyngsborough at the State Convention

3. Submitted 3 Warrant Articles for 2022 Tyngsborough Town Meeting.

a. Eliminate Early/Mail-in Voting. b. Limit Absentee Ballots. c. Require Voter ID

4. Provided TRTC Commentary on town articles and ballot questions prior to town meetings and elections.

5. Signature Drive to get Question 4 on ballot about Illegal Aliens getting Massachusetts Drivers Licenses.

6. Helped Massachusetts Candidates run for office

7. Provided Election Observers to cover Mid-Term Elections

8. Provided notice to Board of Selectmen that the Tyngsborough's Election Division is out of compliance with Mass General Laws.

Update as of 1/9/2023 – a. the Select Board appointed a Republican to the Board of Registrars, and b. modified the election cycle as TRTC requested.

TYNGSBOROUGH REPUBLICAN TOWN COMMITTEE (TRTC)

The Tyngsborough Republican Town Committee (TRTC) serves as our community's official representation with the Massachusetts Republican Party. In addition to promoting the principles of the Republican Party, we also assist local, state and national Republican candidates in their bid for public office. While not everyone agrees on all issues, the TRTC focuses on issues we all share: less government, budgetary restraint, and lower taxes.

LOCALLY: * We help promote fiscal responsibility. * Present Town Meeting Warrant Articles. * Oversee voter registration and elections. * Organize signature drives for candidates and important issues.

STATE & NATIONAL: * Help promote and support candidates that share our values. * Provide delegates to our State Convention to vote on our nominees for elected office. * Coordinate with other Republican Town and City Committees.

COME JOIN US!!: We generally have meetings on the **4th Tuesday of the month**, with our next scheduled meeting on **February 28th at 7pm at Chateau Merrimack.**

FOLLOW US: Follow us for meeting updates and other important information. Facebook page <https://www.facebook.com/TyngsboroughRTC> e-mail us at TyngsboroughRTC@gmail.com to get on our mailing list

DONATE: If you'd like to make a donation, please send to: TRTC, PO BOX 614, Tyngsborough, MA 01879 Or donate directly via the internet at: <https://secure.winred.com/tyngsborough-rtc/donate>

Read Current and Past,
Dunstable & Tyngsborough editions
of *Neighbor to Neighbor*
as well as other articles online at
www.neighbortoneighbornewsletter.com



Tim's Timely Technical Tips

By Tim Hulings

Here is something to keep in mind if upgrading your home heating & cooling system is in your plans this year. The Inflation Reduction Act of 2022 (IRA) signed into law last August includes significant rebates and tax incentives to homeowners for installing high-efficiency heat pump HVAC systems.

These incentives are wholly separate from those offered by local utility programs such as Mass Save and several municipal light plants. A more energy-efficient alternative to furnaces and AC compressors, a heat pump pulls heat from inside and moves it outside. In the colder months, it does the opposite, collecting heat from the outdoor air and moving it indoors.

As outlined, IRA incentives vary based on income, but include up to \$8000 in rebates, and up to 30% of installation cost totalling up to \$2000 in 25C federal tax credits for qualified system installation by properly licensed contractors.

Until next month, stay comfortable!

Got a question? Drop me a note!

tim@denommeplumbing.com

Tim

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TYNGSBOROUGH HIGH SCHOOL

Proudly announces Christopher Cahill, Gianna DiLello, Jack Gramer, and Cadence Serrano as January students of the month.

Christopher Cahill, son of Joyce and Dana Cahill, is the recipient of the Outstanding Achievement in Computer Science Award, the Academic Excellence Award, and the John and Abigail Adams Scholarship. He is also a two year recipient of both the Outstanding Achievement in Social Studies Award and the Principal's Award. His hobbies include fantasy football, reading about history, watching New England sports, and spending time with his friends and family. Christopher's favorite subjects are history, computer science, and Writing Research. His future plans include attending college, obtaining a degree in computer science with a minor in business administration, and hopes to work in the field of technology. Looking back on his days at Tyngsborough High School he says, "Throughout my time at THS, I have gained lifelong friendships and confidence to try new things. THS has taught me strong academic skills that will benefit me in the future. I will always remember the great times in computer science class with Mr. Messina and all of my friends, especially our discussions about the Boston Bruins."

Gianna DiLello, daughter of Sharon and Pete DiLello, is a two-year member of the National Honor Society. She was the recipient of the Principal's Award, the Core Values Award, and a two-year recipient of the Academic Excellence Award. Gianna has been a three-year member of the student council and a member of the soccer, basketball, and softball teams. For the 2022-2023 season, Gianna was named captain of the soccer and basketball teams. She received the Coach's Award in soccer and was named Mid-Wach Second-Team All-Star. She has volunteered at the Tyngsborough Block Party, the 4th of July Chelmsford Road Race, the Tyngsborough Youth Softball Clinic, and The Big Red Wrestling Tournament. Gianna's hobbies include hanging out with friends, going to the beach, and playing sports. Her favorite subjects are math and anatomy and her future plans are to earn a degree, be successful, and travel the world. Looking back on her days at Tyngsborough High School she says, "From my last four years here at THS, I have gained many lifelong friendships and memories. Going to football games, playing soccer under the lights, and homecoming are just a few of the many memories of my time at THS. Aside from all these, I will carry many life lessons and skills that I have gained throughout my high school career to college."

Jack Gramer, son of Jazmine and Bill Gramer, is a two-year member of the National Honor Society. He is the class secretary, a member of the Multicultural Club, student council, and Senior Sidekicks. Jack received the Outstanding Achievement in Business Award and the Outstanding Achievement in Media Studies Award. He is also a three-year recipient of the Academic Excellence Award and received the University of Rochester's Frederick Douglass and Susan B. Anthony Award. Jack has been a member of the varsity cross-country and varsity track and field teams from 8th grade to senior year. He was named captain in his junior and senior year for cross-country and received Mid-Wach league All-Star in both sports. He also volunteers as a youth basketball coach in town. Jack's hobbies include playing basketball, hanging out with friends, traveling, skiing, cooking, and ice skating. His favorite subjects are world history and economics and his future plans include pursuing a major in economics and traveling the world. Regarding Tyngsborough High School, he says, "Thinking back on my days at THS, I've gained lifelong friendships and developed valuable leadership skills. Two fond memories of THS that I'll take with me are helping lead the cross-country team to an all-time program best of 2nd place at the state championship and exploring Germany, Austria, and Switzerland with my classmates on our trip abroad."

Cadence Serrano, daughter of Wendy Gregoire and Ronny Serrano, is a two-year member of the National Honor Society. She is also a member of the Multicultural Club and student council where she serves as the communications director. She is the recipient of the Commitment to Learning Award, Core Values Award, and Academic Excellence Award. Cadence is also a four-year member of the gymnastics team and was named captain her senior year. She received the Coach's Award, the Most Valuable Player

award, and the Merrimack Valley Conference Award during her high school gymnastics career. Cadence volunteers at the Merrimack Valley Food Bank, Tyngsborough Block Party, and The Wish Project. Her hobbies include reading, baking, going for long walks, and traveling. Cadence's favorite subjects are math, science, and writing. Her future plans include becoming a nurse practitioner and traveling. Looking back on her days at Tyngsborough High School she says, "THS has taught me to get out of my comfort zone, whether it be taking a challenging course or making new friends. High school has shown me how to have fun in any situation. I am grateful for all the things I have learned and all the memories I have made at school, including Homecoming, playing badminton with my friends in the gym, dissections in AP Biology and Anatomy, and organizing fundraisers for student council."

Congratulations to these four students!

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• Sat., 9 a.m. – 2 p.m. • Fri. & Sun. Closed

CLOSED Monday, February 20th 2023 President's Day

- **Library Art Reception: Monday, February 13th from 4p.m. to 7p.m.** Join the library as the trustees showcase the library's collection of artwork and portraits that have recently been restored thanks to so many generous donations!
- **Writers' Group: Monday, February 13th and 27th at 6:30 p.m.** Join us for a writing workshop! Expand your knowledge on writing; critique each other's work; and get advice on the craft. New and long-time writers are welcome! This will be an ongoing program. The Writers' Group will be meeting in the Special Collections room of TPL. Meetings will last from 6:30 pm to 7:45 pm.
- **Writers' Group—Children's Literature: Wednesday, 15th at 6:30 p.m.** If you're interested in crafting and publishing children's books and stories, join us to participate with a group of likeminded individuals to discuss, critique, and broaden your children's literature knowledge. All skill levels are welcome and encouraged to join. The Children's Literature Writers' Group will be meeting in the Special Collections room of TPL. Meetings will last from 6:30 pm to 7:45 pm. Contact Karen Johnson (978-649-7132) for more information.
- **Adult Coloring Club: Wednesday, March 1st at 6:30 p.m.** The Coloring Club meets *on the first Wednesday of each month, from 6:30 pm to 7:45 pm.* Come color and socialize!
- **Saturday Knitting & Crochet Group: Saturday, February 11th at 10:30 a.m.** Open to all knitting and crocheting levels. Get together with friends and make some new ones! *Meets on the second Saturday* of each month from 10:30 AM – noon in the Community Room at Tyngsborough Public Library.
- **Book Club: March 29th at 6:30pm.** Next month, TPL's book club will be beginning again. The meetings will be held on the *last Wednesday of the month, March through June at 6:30pm.* For the March meeting on the 29th, we will be discussing the book *The Life She Was Given* by Ellen Marie Wiseman. *Copies of the book will be available at the front desk at the end of February. Visit tynglib.org/books-more/book-club/ for more information.*

• **Visit Tynglib.org/events to check out all of the upcoming virtual events!**

Register for TPL programs by calling or emailing (circdesk@tynglib.org) the Library or using links provided on the online calendar for virtual programs.

Subscribe to our NEWSLETTER to get updates on all our programs sent to your inbox every month!

tynglib.org/newsletter

**KIDS & TEENS
Weekly Programs**

- **Family Resource Network Playgroup - Wednesday February 1 and 8 at 11 a.m. (ages 0-8)** Join us for our community playgroup where we will work on Early Literacy skills and much, much more! Ask us about any resources we can help provide for you and your family! The Family Resource Network is funded by the Coordinated Family and Community Engagement Grant (CFCE) from the Massachusetts Department of Early Education and Care. No registration required. **NOTE: Playgroup will go on hiatus and resume April 5.**
- **Storytime with Mr. Chance - Thursdays at 11 a.m. (ages 0-5)** Join Mr. Chance for stories, songs, and fun! Storytime builds early literacy skills and social skills. All families welcome. No registration required.

MONTHLY PROGRAMS

- **Club Pokemon, Monday, February 6 and March 6 at 4:00 p.m. (grades 3-5)** Through the Pokemon TCG, your child will learn strategic skills, participate in friendly competition, and have fun! Whether you have binders full of cards or are just learning to play, please join us. You may also bring video game consoles and mobile devices to share your love of the game. Older grade levels may volunteer to assist. Club Pokemon is sponsored by Newbury Comics. RSVP online.
- **LEGO Challenge Club, Saturday, February 18 at 11 a.m. (all ages with a grownup)** All ages are welcome to join our LEGO Challenge. See our Instagram [@tyngsboroughpubliclibrary](https://www.instagram.com/tyngsboroughpubliclibrary) for examples of past LEGO Challenge creations. No registration required.

SPECIAL PROGRAMS

- **Family Mardi Gras Party, Tuesday, February 21 at 2 p.m. (all families)** Learn to make a variety of origami shapes with Mr. Chance. We will practice folding a frog, crane, fox and more! This workshop is intended for grades K and up. More complicated shapes may be challenging for young folders. Grown-ups are welcome to lend a helping hand. This is an early release day for Tyngsborough Public Schools. **RSVP online by 2/15.**
 - **Hands on Nature presents Winter Hibernation, Wednesday, February 22 at noon (ages 3 and up)** Join Ms. Heather from Hands on Nature to learn about flora and fauna in your own backyard! How do your favorite animals spend the winter? Come find out, as we learn about how animals look for shelter during the coldest months of the year. We will learn about how animals spend the winter and the amazing adaptations animals have for surviving through the harshest temperatures in New England. Bring a stuffed animal and create a cozy little hibernation den to take home! **REGISTER ONLINE. This program is generously sponsored by the Friends of the Tyngsborough Public Library**
- Libby now requires your pin to log in – Libby has recently updated their security and will now require you to enter your pin number to log in to your account. If you are having trouble, contact the library at 978-649-7361 and a librarian can assist you.**
- **Board of Library Trustees** Meetings are generally held monthly on the third Tuesday. Check the TPL or Town websites for scheduled meetings.

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**TYNGSBOROUGH
COUNCIL ON AGING**



**169 Westford Rd, Tyngsborough, MA
978-649-9211**

Mailing Address: 25 Bryants Lane, Tyngsborough, MA 01879
Email: Broche@tyngsboroughma.gov

Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3.

• **DONATIONS NEEDED:** Coffee (ground and k-cups), 12oz. Cups. Paper Plates— Small and Large. We could use Holiday Plates, Napkins. Plastic Spoons, Forks, Knives.

• **VOLUNTEER NEEDED TO HELP CALL BINGO:** Requirements: Available on Tuesdays from 12:00 until 2:30. Must be able to use a computer. Also **GREETERS** and a **VOLUNTEER is NEEDED FOR DATA ENTRY:** Contact Barbara at the Center 978-649-9211.

• **TAX ASSISTANCE WILL NOT BE AVAILABLE THIS YEAR AT THE SENIOR CENTER. We apologize for any inconvenience.**

• **BOOK CLUB (Monthly)** Wednesday, February 15th, 10:00 Instructor Carol Sides.

• **LUNCH BUNCH** 99 Restaurant, Wednesday, February 15th, 11:30. If you need transportation for this trip we will be happy to pick you up using the Tyngsborough Bus. Call 2 days in advance 978-649-9211.

• **COA Board Meeting, Tuesday, February 21st, 3:30**

• **VIRTUAL VACATION** to the 7 MODERN WONDERS of the WORLD, Friday, March 3rd 11:30

• **ST. PATRICK'S DAY CELEBRATION** Thursday, March 10th at 11:30 Traditional corned beef and cabbage dinner. \$5.00 per person. *Must sign up by March 3rd.* Entertainment: Roger Tincknell



• **HIGHWAY DEPARTMENT "THANK YOU LUNCHEON"** Wednesday, March, 22nd 11:30 Come and join us for lunch to thank the Tyngsborough Highway Department for all they do for our Town. \$3.00 pp

• **HOME DELIVERED NUTRITION MEALS** (Meals on Wheels Program) Tyngsborough residents 60+ call AgeSpan 1-800-892-0890 to see if you qualify. The Tyngsborough Council on Aging distributes meals from our facility on behalf of AgeSpan. We deliver to clients who are homebound or on homecare short term. If you have any questions call the above number.

• **FREE... PAINTING CLASS** Every Monday, 12:30-3:00. In this class everyone helps each other. If you love painting and don't mind (asking or helping) others, come join us and make new friends.

• **CRIBBAGE** Every Tuesday Morning 10:00 - 12:30. We have openings for cribbage players.

• **BINGO** Every Tuesday, 12:30-2:30 This activity keeps your mind stimulated. Not only that, you will have plenty of fun and excitement with this activity and it gives you a chance to socialize with others and have a great time. Come join us. *** **BINGO Caller Needed!** ***

• **MAHJONG-FREE NO COST** Every Friday, 10:00 **BEGINNERS** Studies have shown that mahjong is a great game to keep the mind sharp and it is recommended among the elderly as a means of keeping their brains in good health. Room available

• **BRIDGE CLUB** LOOKING FOR Experienced players to help us improve and to teach newcomers. Please join us at the Tyngsboro Senior Center. Held on **Fridays at 10:00am**. Interested please call the Center at 978-649-9211.

• **FUEL ASSISTANCE** Help is available! Program run by Community Team Work, helps income-eligible households pay part of their winter heating bills and a small % of your electric bill. If your gross household income falls within the limits, you may qualify for fuel assistance. Call 978-649-9211

• **DAY OF BEAUTY** Sign up if your interested in going to Greater Lowell Technical School for a Day of Beauty, and Dinner afterwards. It would be a nice day out. "We will be doing this on Tuesday's" **Call or sign up at the Senior Center. If interested your interested.**

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Meeting schedules are posted at the front entrance of the Town Hall

Town Hall Directory Main Number 978-649-2300

Town Accountant	Ext. 124	Media Dept.	Ext. 140
Assessor's Office	Ext. 121	Planning Board	Ext. 115
Board of Appeals	Ext. 112	Town Treasurer	Ext. 126
Board of Health	Ext. 118	Veteran's Agent	Ext. 131
Building Office	Ext. 112	Sewer Dept.	Ext. 134
Town Clerk	Ext. 129	Board of Selectmen	Ext. 100
Town Collector	Ext. 128	Town Administrator	Ext. 100
Conservation Office	Ext. 116	Recreation & Parks	Ext. 150
Capital Asset Mgmt Com	Ext. 124	Highway Dept.	978-649-2310

**When you contact a business or organization,
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YOU CAN IMPROVE YOUR QUALITY OF LIFE

By Edward H. Adamsky

Quality of life is how you live your life in relation to your goals, expectations, standards, and concerns. Everyone wants to live a quality life. How can you do that? Here are three lifestyle issues that you should address to make your life better.

Staying **independent** is crucial to feeling like you are living a good life. You don't want to feel like you are a burden on others. So, you should work on staying healthy enough to keep your independence. Eat a healthy diet, get regular exercise, don't smoke, and drink in moderation. Get an annual physical exam and all the recommended screenings. See a dentist regularly, and take care of your mental health with counseling as needed. Also staying financially independent is important. Seek financial advice from a qualified financial planner to make sure that your money will last as long as you do.

Friends and family **relationships** are vital to a good quality of life. They keep you happy and help you to live longer. You should find ways to stay in touch or connect with others. See your family as often as possible. Talk with your neighbors and go to the local senior center to socialize. Consider doing some volunteer work. Those who help contribute to society at large feel better about their own lives, keep giving to others to help yourself. Stay in touch with family and friends with letters, email, or social media. Don't become isolated as that is bad for your health.

Keep a good **attitude**. Dealing with adversity, health issues, and life in general, can get you down. Most older adults have experienced the ups and downs in life. How do you maintain a balanced attitude about coping with whatever challenges life brings? You must work at it, just like exercising. Focus on healthy thinking and the meaning of life to you. Try to stay happy and enjoy what you can, even in the face of bad times. Keep doing things that you enjoy and keep living your best life. As they say, life is what you make it!

Improving your quality of life will improve your longevity. It appears that being happy and healthy does make you live longer. If you live a quality life, you will want to, and you will, keep living longer (at least statistically). If you need assistance with your quality-of-life issues, consider asking at your local Senior Center, or your Area Agency on Aging (AAA) for help. The AAA for the Merrimack Valley area is now called AgeSpan. Their website is agespan.org

BONE BUILDERS

AT TYNGSBOROUGH SENIOR CENTER

Osteoporosis is a dangerous thinning of the bones that can increase a person's risk of fracture with minimal or little trauma. Through Tufts University Research on Aging, we learn there are specific exercises that a person with this disease can do to build their bones and prevent falls. **The Bone Builders class at the Tyngsboro Senior Center practices these exercises every Monday and Wednesday at 9:00AM.** If you are afflicted with this disease and would like to view a class, please call **Leader, Jean Jacoppi (978-649-9076).**

FREE CURBSIDE TEXTILE PICK UP

The Town of Tyngsborough partnered with HELPSY to offer **free curbside pick-up** of clothing and household textiles to residents. Pickups will happen weekly. **Schedule curbside pick-up at helpsy.co/tyngsboroughma or 800-244-6350. Questions? <http://www.helpsy.co/home-pickup-faq>** Only clothing and other textiles, should be bagged and left on the curb by 7:00 AM on the day of the scheduled pick up. HELPSY accepts clean, dry, and bagged clothing and fashion accessories (stained, worn, and torn is fine). This includes dresses, shirts, pants, suits, coats, gloves, hats, belts, ties, scarves, wallets, purses, backpacks, totes, shoes, towels, bedding, costumes, curtains, placemats, tablecloths, and throw rugs. For more information about other recycling programs available to Tyngsborough residents, please contact the Board of Health by phone at 978-649-2300 x118 or visit them on the web at <https://www.tyngsboroughma.gov/departments/inspectional-services/health/trash-and-recycling/>



FRIENDS OF THE TYNGSBOROUGH PUBLIC LIBRARY

**** Welcome to February which is National Library Lovers Month. What can you do to show your love for the Tyngsborough Public Library? Become a Friends member,** of course. The Friends need members to donate their time by participating in meetings and fund raising events so that we can all support our great Library. You can join online at <https://www.tynglib.org/about/friends-of-the-library/> or fill out a paper application available at the Library and pay dues by check or cash. Ask if your employer will match the donation.

**** Soon there will be elections for Vice President and Treasurer. The positions of President and Secretary are also open and can be filled at our next meeting.** Please consider a leadership position, and contact the Friends at tynglibfriends@gmail.com to volunteer for this worthwhile organization.

**** We send our sincere thanks to Parlee Farms for a generous donation to the Friends for the Children's Library. It is so good to have this support from the Tyngsborough business community.**

**** The Friends are funding "Winter Hibernation" by Hands on Nature, Wednesday, February 22 at noon for ages 3 and up.** Learn about how animals spend the winter, look for shelter, and adapt to the harshest temperatures in New England. Bring a stuffed animal and create a cozy little hibernation den to take home! [Register online](#) through the Library.

**** Adults and kids, need something to do during winter break from school? Puzzles are still available at the Library for \$1.** We have a variety of jigsaw puzzles so stop by for an inexpensive way to have fun. There are still **books for sale** at the library. Enjoy fiction and nonfiction for adults and kids at book sale prices.

**** The Friends are still funding several passes for museums and other venues for adults and families, indoors and out.** Visit the Library's website to reserve a pass and click on the link to the

venue for information on open hours, Covid rules, etc.

**** Book donations are no longer accepted** due to lack of storage space. Please keep any books until requested. We are still glad to accept puzzles and jewelry.

**** Our meetings are on the first Monday of the month at 6:30pm in the Library. We hope to see you then. February 6, March 6 - Elections for Vice-President and Treasurer, April 3 – The first meeting in the membership year, May 1 and June 5.**



46 Coburn Road
Tyngsboro

SHERBURNE NATURE CENTER & TRAILS

For more information on this and future events, please visit the website <http://www.naturewalkscs.org/events-schedule>

Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, observe the birds and notice what has changed since fall has come. It's a great place for outdoor exercise and to enjoy nature close to home. *Children under 16 must be accompanied by an adult. Please note:* The tennis court behind the Sherburne Nature Center, **is not part of** the PUBLIC Nature Center property.

FRIENDS OF THE TYNGSBORO ELDERLY, INC.

The Friends of the Tyngsboro Elderly, Inc. previously Friends of the Council on Aging, established in 1984, uses money from their fundraisers to benefit seniors and to supplement the cost of activities at the center.

We appreciate your \$10 yearly membership. Membership forms are on the Greeter's Desk at the Senior Center, 169 Westford Road, or can be mailed to you by calling Elaine Rivard at 978-649-7689. We thank you for your support. **For further information, please call Joe Jacoppi at 978-649-9076.**



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ALTRUSA CLUB OF MERRIMACK VALLEY

The Altrusa Club of Merrimack Valley is looking forward to another successful year of service in our communities. Altrusa's mission is to promote literacy and to improve the lives of the less fortunate. The Club meets the 2nd and 4th Tuesday of the month at the Tyngsborough Senior Center, 169 Westford Road, at 6:00 p.m. Please email altrusamv@gmail.com if you are interested in joining other volunteers in making a difference in the lives of others in our communities.

When COVID struck in 2020, fundraising became very difficult for most charitable organizations. The Altrusa Club of Merrimack Valley is extremely grateful to the Battles Foundation, Inc. for its continued support. The Battles Foundation recently awarded Altrusa a \$2,000.00 grant to help carry on its local community work. Thank you!

On December 13, 2022, Brianna Langlois of Westford was the recipient of the \$500.00 Altrusa Scholarship awarded in memory of Altrusan Eleanor Durant, who taught in the Chelmsford school system. Brianna is a student enrolled in the BA in Education and Moderate Disabilities Program at UMASS Lowell. Brianna's application demonstrated her commitment to the teaching profession and her dedication to her school and community. Congratulations, Brianna.

In addition, Altrusa welcomes Kathy Muldoon as our newest member. Kathy is a Chelmsford resident, who has been volunteering in Altrusa's projects for the past several months.



HAPPY VALENTINE'S DAY!



SIGN UP FOR Tyngsborough News Updates & Emergency Alerts

Subscribe to Town news updates by providing your email address. Updates may include: Town News, Town Calendar Events, All Meeting Minutes, and more! You can unsubscribe at any time and your email address will not be shared with anyone. No longer using a landline? Add your cellphone number to continue to receive emergency communication from the Town. Once you've signed up for Smart911, first responders will be aware of important information you have provided that will locate and help you in an emergency. Sign up www.tyngsboroughma.gov

STITCHERS

AT TYNGSBOROUGH SENIOR CENTER

The Stitchers meet at the Tyngsborough Senior Center on **Mondays from 10 -11:30 AM**. Volunteers are available to teach crocheting, knitting, looming and more. Materials are available for all the crafts. Using donated yarn we stitch for the needy in our community. Or you can bring in your own yarn and learn how to stitch for your personal use. Getting together for a cause is a great way to share your talent with others.

Currently the Stitchers are providing warm wear to those in need as well as stitching warm wear, scarfs, mittens, afghans, and shawls to be sold at the Fall Festival sponsored by the Friends of the Tyngsboro Elderly, Inc.. This sale is back by popular demand and is sure to be a sell out.

Please consider joining our group and using your talent to help others. **For further information, please call Jean Jacoppi, Coordinator, (978-649-9076).**

AMAZON WINDING DOWN AMAZONSMILE

BY FEBRUARY 20, 2023

Just wanted to mention this, as many organizations might still have this listed in their articles, for fundraising. Most do have alternative stores listed to purchase from. If not go to their website or call them.

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February is National Heart Month!

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This month is a time when everyone can focus on their cardiovascular health. For many, heart disease risk can be lowered with a healthy lifestyle. Others may need the care of an expert physician.

At Tufts Medicine Lowell General Hospital, we provide a comprehensive range of services for diagnosing and treating cardiovascular disease, with top cardiac and vascular specialists offering breakthrough new treatments and personalized care to help you stay healthy.



**MORE
INFORMATION**

lowellgeneral.org/heart




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GROTON COMMUNITY SCHOOL'S ANNUAL OPEN HOUSE TO BE HELD MARCH 5TH

*Groton Community School (GCS) located at
110 Boston Rd. in Groton will host an Open House
on Sunday, March 5th from 11 AM - 3 PM.*

We will welcome families with young children who are interested in future enrollment during the first portion from 11 AM-1 PM, and we will then welcome community members and friends of GCS from 1 PM-3 PM who wish to tour the newly renovated building.

Please join us to learn more about our renowned Preschool, Pre-K and Kindergarten Programs which include flexible Half-Day, Full-Day and Extended Day options. Experience the warm and welcoming educational environment that has always set our school apart. Teachers, Staff, and Board of Directors members will be on hand to answer questions and share information about the school.

Come meet our teachers, learn about the school philosophy and curriculum, and get a long-awaited view of our new building! Children are very welcome! No registration or RSVP is necessary.

For information about our school year or summer camp programs, go to www.grotoncommunityschool.org or call 978-448-6179.

About Groton Community School

Groton Community School is a NAEYC nationally-accredited, non-profit early childhood center for young children.



THE HOPE AND HEALING ADULT GRIEF SUPPORT GROUP

LAST SATURDAY OF EACH MONTH 10:30 a.m.-12:00 p.m.

**ST. JOHN THE EVANGELIST OLD PARISH HALL
115 MIDDLESEX ROAD, N. CHELMSFORD, MA**

WHEN SOMEONE IN YOUR LIFE DIES When someone close to you dies everything changes in your family, in your life, and your dreams. Often this can turn your life upside down. Know you are not alone in your grief and loneliness. The Hope and Healing Adult Grief Support Group meets on the last Saturday of each month.

All are welcome to a safe place to share your story, find comfort, hope and encouragement, as you continue a new path in life.

Registration is not required.

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St. Margaret: Tues. 4:30-5:30pm & Sat. 1-2 pm
St. Mary: Wed. 4:30-5:30pm & Sat. 11am -12 noon

• WEEKEND MASS SCHEDULE

St. Mary: 4pm on Saturday, 7am and 11am on Sunday
St. John: 4pm on Saturday, 9:30am and 6pm on Sunday
Also 12pm African Liturgy (2nd, 3rd and 4th Sundays)
St. Margaret of Scotland: 4pm on Saturday and 7:30 and 10am on Sunday

• DAILY MASS SCHEDULE Monday thru Friday

St. Mary at 7am • St. Margaret of Scotland 8am • St. John at 9am

••• Please check on the website www.theholyrood.org

for events leading up to Christmas Services
or call the office of a particular Church.

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FINANCIAL FOCUS

Worried about inflation? Consider these moves.

As you know, inflation was big news throughout 2022. But will it continue in 2023? And looking even further ahead, how should you account for inflation in your long-term plans?

In regard to the first question, many experts predict that inflation will cool off this year, though there are no guarantees. The high inflation of last year is thought to have been caused by some unusual factors, such as a spike in the demand for consumer goods as the world came out of the COVID-19 pandemic, which led to supply chain issues. Also, the war in Ukraine drove up oil prices, increasing the cost of manufacturing and shipping and driving up the price of wheat and other commodities.

In any case, last year reminded us that inflation needs to be reckoned with as you work toward your financial goals. But how you respond to inflation will depend somewhat on your stage of life. So, here are some suggestions to consider:

If you're still working ...

- **Contribute more to your retirement plans.** If you can afford to put more money away in your IRA and 401(k), you may want to do so. The more resources you'll eventually have available in retirement, the better protected you are against the rising cost of living.
- **Adjust your portfolio objectives with your financial professional.** Using tools such as "hypothetical" illustrations, a financial professional can show you some different paths you might take with your investments, given different rates of inflation. So, for example, if you feel that inflation may be higher for a longer period than you once thought, you could request a hypothetical showing how you might need to adjust your investment mix to achieve your long-term goals, given your risk tolerance and time horizon.

If you're already retired ...

- **Consider part-time work or consulting.** Once you retire from your career, it doesn't mean you can never do any paid work again. If you've accumulated years of experience and expertise, you could use your skills as a consultant. Also, many part-time jobs are available for retirees. With the added income from employment, you may be able to delay taking withdrawals from your retirement accounts and other investments, possibly extending their longevity. (Once you turn 72, though, you will need to begin taking money from your 401(k) and traditional IRA.)
- **Delay taking Social Security.** You can begin taking Social Security when you're 62, but your monthly checks will be substantially bigger if you wait until your full retirement age, which will likely be between 66 and 67. (You could even wait until 70, at which point your monthly benefits will max out.) Of course, the ability to delay taking Social Security depends on whether you can afford it, but it may be possible if you work longer than you once planned or if you work part time in retirement. But even if you do need to take Social Security before your full retirement age, your payments will be adjusted annually for inflation — in fact, for 2023, benefit checks will rise 8.7% over 2022.

We'll always have to deal with some level of inflation — so it's a good idea to be prepared.

Content provided by Edward Jones for use by Jorg Skowranek, Local Edward Jones Financial Advisor, Member SIPC

JAMES JACOPPI

MEMORIAL SCHOLARSHIP FOUNDATION

This is the 21st anniversary of the passing of our son, James. With help from all of you, last year our raffle awarded \$12,500 in scholarships to aid in the continuing education of graduating high school students. We feel blessed to have the ability to remember Jim in such an extraordinary way. We are extremely grateful for your continued support.

This year will be our 11th annual raffle (Commonwealth of MA #36). Our fundraiser will be a Calendar Raffle with daily prizes for the month of April. Mondays through Saturdays, \$50 will be awarded daily. Sundays, a prize of \$125 and the Grand Prize of \$700 awarded on April 30th. In total there will be 30 Cash Prizes worth \$2,450.

The cost of the ticket is \$25 for 1 daily entry or \$35 for 2 daily entries. If you wish to purchase entries, please call or text Cara Jacoppi at 603-714-0135. All entries must be received by Friday, March 31, 2023. We appreciate and thank you for any donation you can provide to the foundation. For all other information you may need including access to scholarship applications, please visit our website: www.jamesjacoppischolarshipfund.com or Facebook page. Thank you for your continued support.

Sincerely, The Jacoppi Family

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You can also support your community by teaching safety programs to children, installing free smoke alarms in high-risk neighborhoods, dispatching Disaster Relief Volunteers to emergencies, and more! We have something for everyone! No experience is necessary – we'll provide all the training you need.

To learn more, contact Michele Cruz
(Email: michele.cruz@redcross.org)
Phone: (617)913-6381



Scan to learn more!
Can't volunteer right now?

The American Red Cross has an ongoing critical need for blood and platelet donations amidst coronavirus uncertainties. You can make an appointment to give blood or platelets at RedCrossBlood.org.

UNITED WAY'S NOR'EASTER FUNDRAISER BLASTS ITS WAY TO NASHUA

NASHUA – The United Way 2023 Nashua Nor'easter Winter Walk/Run/Drive Community Fundraiser will take place February 26 – March 4. This year's event has been built to showcase how almost everyone can actively demonstrate their support for the many non-profit organizations that provide essential services in our community.

This major fundraiser is like a "Build your own Adventure" – participants choose the day, distance, method and speed of locomotion, and whether to tackle this on one's own or build a team of friends or co-workers. It will include a choice of a 5K/10K/Half or Full Marathon in which participants may run, walk, or drive to 33 Nashua nonprofit locations. The run, walk or drive option takes place in downtown Nashua, with full marathon extending from Hudson to Milford.

Individuals or teams may choose to raise money for United Way's Community Safety Net Grants, which benefit Greater Nashua nonprofits, or the participating nonprofit of their choice. Eighty percent of the money raised will go directly to the chosen agency! This year's goal is to raise \$30,000.

So, come one, come all! Gather your co-workers or friends to form a team. Show support to raise much needed funds and increase awareness of your favorite local social service agency. Register yourself or your team with this URL: <https://tinyurl.com/awnano23> and share this "fun-raising" event through your social media. For more information, visit <https://unitedwaynashua.org/> or contact Samantha Cassista at scassista@unitedwaynashua.org.

We are grateful for the support of our generous event sponsors and encourage all to patronize their services: Bellavance Beverage, Boston Billiard Club & Casino, Service Credit Union, St. Joseph Hospital, Ghost Energy Drink, Joyce Cooling & Heating, Merrimack County Savings Bank, Mint Printworks, Law Logistics, United-Healthcare, Bar Harbor Bank & Trust, Northeast Delta Dental, and Eaton & Berube Insurance.

United Way of Greater Nashua is an independent 501 (c)3 nonprofit founded in 1929 to serve the residents of Greater Nashua. Its mission is to fight for the health, education, and financial stability of every person in every community. United Way of Greater Nashua has received GuideStar and Charity Navigator's top ratings for accountability, transparency, and financial management. For more information or to get involved as a donor or volunteer, please email United Way of Greater Nashua at info@unitedwaynashua.org or visit their website at www.unitedwaynashua.org.

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Hours: January 1st to March 31st: (Wed-Sat) 11:00am - 4:00pm
& (Sun) 12:00noon - 4:00pm

Exhibit Title: Flora & Fauna

Exhibit Dates: Through February 18, 2023

ENCAUSTIC ARTISTS PRESENT AN EXHIBIT OF NATURE

Lowell, MA – Join us for this small group of artists who have come together to interpret Flora & Fauna in unique ways using wax, pigments, and other media. Kellie Weeks, Charyl Weissbach, Patricia Gerkin and Debra Claffey,

The Brush is supported by the Lowell National Historical Park. We are located in the building behind the Visitor Center on Market Street. Parking is available in the HCID parking garage at 350.4 Dutton St, Lowell, MA 01852 (Head for the flagpole near the opening in the large mill building after parking)

See more about the artist at www.thebrush.org

When you contact a business or organization, please tell them you've seen their ad or news in *Neighbor to Neighbor*. They would like to know.
Thank you, Anne

TYNGSBOROUGH GARDEN CLUB



The Garden Club took a break in January. **Tuesday, February 7**, kick off of the spring programming season with a presentation on garden tool maintenance by Garden Club member Paula Flaherty.

The March meeting will take place on Tuesday, March 7 starting at 7 pm. Emily Brush, the Director of the Conservation Commission will present an overview of the kinds of issues and oversight that the Conservation Commission is addressing at this time.

The April meeting will feature a tour of the tulip gardens of the Netherlands by Debbie Schneider.

New Garden Club members are always welcome and the public is invited to attend individual programs for a nominal fee of \$5.

Unless otherwise noted, meetings take place at the Evangelical Congregational Church Tyngsborough at 23 Kendall Rd. and begin at 7 pm. Club dues are \$20. For more information, please contact us at tynggardenclub@gmail.com Linda Sheldon, President

DUNSTABLE TYNGSBOROUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need. We are currently looking for community minded members to join, please contact membership chair Joe Ward his contact information is below.

The Dunstable Tyngsboro Lions Club has the first female President since the existence of the club which was formed in 1977.

Officers for the 2022-2023 Lions Year

President: Laura Ward; 1st Vice President/Treasurer: Kristine DeMonico; 2nd Vice President/Secretary: Meg DeMonico; Membership Chair: Joe Ward; LCIF Chair: Mark Alexander; Media/Marketing: Charline Vigna; Tail Twister- Jorg Skowranek; Lion Tamer- Richard Lowe

Anyone interested in joining the lions is asked to contact Joe Ward 978-930-1153. Our Regular Meetings are held on the **first and third Tuesday** of the month starting at 6:30 pm at **Princeton Station** 147 Princeton St., in N. Chelmsford, MA. Our Facebook Page is <https://www.facebook.com/DunstableTyngsboroLionsClub>

If you would like to make a donation, please send to: Dunstable Tyngsboro Lions Club, P.O. Box 93, Tyngsboro MA 01879

YOU CAN HELP BY DONATING THE FOLLOWING:

- **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.
- **Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- **Can tabs** please place into bags before putting in the boxes.

Lion's collection boxes for eyeglasses, hearing aids and can tabs be located at: Tyngsboro Post Office- 353 Middlesex Rd Tyngsboro MA 01879; American Legion Post 247 -90 Pawtucket Blvd., Tyngsboro MA 01879; Tyngsboro Council of Aging Center - 180 Lakeview Ave Tyngsboro MA 01879; Dunstable Town Hall - 511 Main St Dunstable MA 01827; Dunstable Post Office - 170 Pleasant St Dunstable MA 01827; Dunstable Library-588 Main St Dunstable MA 01827

Pennies for Sight: "Your change- changes people's lives" See a Lion canister around please consider donating. Every Penny Counts!

"Alone we can do so little; together we can do so much." Helen Keller

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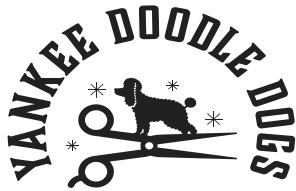
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90 Pawtucket Blvd. Tyngsborough, MA 01879

Auxiliary Unit 247 Officers for 2022-2023

President: Linda Small; Sr. Vice: Ann Thellen; Jr. Vice: Michelle Lambert; Secretary/Treasurer: Diane DiLeo; Executive Board: Kathy Oljey, Joyce Ferreira and Josephine Beaugard.

AMVETS POST #247 ROBERT D. PELLETIER

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AMVETS National Website: <http://www.amvets.org/>

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Active duty military and veterans always welcome to join. First Year FREE for new Legion members. For further information call **978-649-7540** or email: legionpost247@gmail.com

Elected Post 247 Officers serving for 2022-2023 Commander: Matt DeLucia; Sr. Vice Commander: David Simpson; Jr. Vice Commander. Executive Board: Joe Conlin, Ray Hamelin and Fred Carroll. Bartenders: Matt, Judi, Diane and Derik.



WOMEN'S MONEY MATTERS

Our program has an innovative and holistic approach to financial health for women living on low-incomes. Our model for financial wellness is one of the most successful strategies for disrupting poverty because of the unique combination of small peer support groups, a comprehensive series of financial wellness workshops tailored to the needs of women, and most importantly, the one-to-one coaching relationship.

For more information on this organization and to see how you can get involved, please check out their website.

<https://womensmoneymatters.org>

Catie's Closet

• Our Work We give children in crisis the resources they need to thrive in and out of the classroom. Catie's Closet transforms unused areas inside schools into safe, welcoming spaces where students in grades preK-12 can discreetly shop, free of charge, for clothing, toiletries, and other necessities. **• Want to Get involved?** Donate your new and gently used clothing. Youth boys & girls sizes 3 – 20. Teen boys & girls sizes XS – 3X | 00 – 24 and 28 – 48. Infant & toddler size 0 month – 2T. All items donated should be free of excessive wear, rips, stains and any inappropriate sayings or gestures. Items must be appropriate for children attending school. Drop off at **Catie's Closet Headquarters, 19 School Street, Dracut, MA 01826. Hours of Operation: 10am to 5pm, Monday-Friday Phone: (978) 957-2200. If you would like to make a donation you may make it online at the website <http://catiescloset.org>** Host a Drive, Volunteer, or Shop Amazon Wish Lists.

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Kitty Angels is an all-volunteer organization. We have no paid staff - every cent of every donation goes to caring for needy cats! Please consider making a tax-deductible donation. You can do so by clicking on the "DONATE" button on our Facebook page; mailing a check to Kitty Angels, P.O. Box 638 Tyngsboro, MA 01879; or using the PayPal link on our website: www.kittyangels.org You can donate Gift Cards, Cat Food, Medical Supplies, Cleaning Supplies, Towels. If you have small antiques, collectibles or other items to donate please contact Gail Mosher at gailmosher@gmail.com or leave a message with us. 100% of the proceeds will go to Kitty Angels. For other ways you may help, please visit the How to Help page on our website at www.kittangels.org/howtohelp.html Kitty angels, Inc. is an all-volunteer, 501(c)3 non-profit organization. Your donation is fully tax-deductible.

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DECC is a caring community of faith where we are all on a journey together finding hope, purpose, connection, and wholeness as followers of Jesus. Wherever you are in this walk of life, we invite you to join us.

• **Sunday Morning worship service begins at 10:30 AM.** Masks are optional. Social distancing is according to your comfort level. If you are not able to attend in person, the service is available to stream from our website, www.dunstablechurch.org. **Dunstable Church is continuing an Adult Class on Prayer**, using Jennifer Kennedy Dean's workbook "Live a Praying Life." Sunday morning classes begin at 9:00 AM in Fellowship Hall. You are all invited to experience the challenges and blessings with us. If you would like more information, please email Kathy Mackel (mackelkathy@aol.com).

• **A message from St. Pauly Textile Inc** tells of the impact your donations to the clothing shed made over the last year:

- 44,021 lbs clothing donated to the shed in 2022
- This was enough to clothe an estimated 8109 people all over the world

• Based on this volume of clothing, our church received \$1769.83
Thank you for your support of the clothing shed program.

• **Dunstable Church is happy to have our Intentional Interim Pastor, Dr. Doug Walker, in place.** He will worship with and lead DECC through this time of transition and learning as we search for a new settled pastor. Doug has years of experience helping churches learn about themselves in order to find the new right settled pastor for the church. We welcome Doug and his wife, Marsi, to our congregation. Please come meet them.

MAKE THIS YOUR NEW YEAR'S RESOLUTION!
COME BACK TO CHURCH!

IF YOU ARE OUT OF THE HABIT OF ATTENDING CHURCH,
COME BACK. PEOPLE NEED YOU. YOU NEED PEOPLE.

Come visit your community church.

*May the Lord walk between us while we are absent,
one from another.*

CLOTHING SHED AT DUNSTABLE CHURCH

The clothing donation shed at the Dunstable Evangelical Congregational Church, **518 Main St, Dunstable MA**, is open to the public.

St. Pauly Textile Inc., the company that has provided the shed, partners with a network of businesses and various organizations to distribute donated items both here in the U.S. and worldwide, where they're ultimately re-worn by people who need them. The Dunstable Church additionally has the option to use donations to serve community needs. The company was founded in 1996 and is an A+ rated member of the Better Business Bureau.

Accepted items: clothing, shoes, belts, purses, blankets, sheets, curtains, pillowcases, and stuffed animals.

PLEASE tie your bags, and do not leave bags outside the box.



Read Dunstable and Tyngsborough issues,
and other articles online at
www.neighbortoneighbornewsletter.com



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Our THRIFT STORE is open 9-2:30 Tuesday-Saturday. It is located in our warehouse. All are welcome.

If you would prefer to shop online, and ship directly to the warehouse, please take a look at our Amazon Urgent Needs Charity Wish List <https://smile.amazon.com/Target Charity Wish List> <https://www.target.com/gift.../gift/thewishproject-wishlist>

Our Current Project

BITS Bags - February-March

Deadline for dropping off items is 3/18/23

We provide BITS (Basic Items for Toddler Success) Bags to children who may experience developmental delay due to lack of these simple interactive toys to stimulate them. Our goal is to provide BITS Bags with educational and developmental toys to young children.

• **How can you help:** Donate \$35 and we can provide a bag in your name or in the name of your company, Donate complete bags, Collect items for bags and we will put the bag together.

• **Items Needed:** Bags will ideally be cloth or otherwise reusable, sized 8 x 10 x 4. (Optional), New unused Books: Bath, Board book, picture book or first reader, Bubbles, Sidewalk Chalk, Beach Ball or Ball, Crayons, Coloring Books, Rubber Ducks, No Stuffed Animals Please!

The Wish Project partners with hundreds of social workers from many local agencies including: Anne Sullivan, MSPCC, CTI South Bay, Clarendon and others.

We accept a wide range of goods that can be dropped off during appointment times only.

If dropping off items, please first review our Donation Guidelines. You must download and fill in the donation form that is available on the website <http://thewishproject.org>

• **Baby Needs:** High Chairs, New car seats, Play mats, Single & double strollers (no umbrella strollers), Baby blankets, Diaper bags, Safety kits, Bassinet, Crib, and Pack-n-Play sheets, Diapers in sizes newborn, 2, and 6, Baby wipes.

• **Clothing Needs:** Kids sneakers and winter boots in all sizes, Kids winter coats, especially sizes 7/8, 10/12, 14/16, Adults winter boots in all sizes, Adult winter coats in all sizes.

• **Appliances:** Toaster ovens, Toasters, Crock pots, Coffee makers, Heaters and Fans

• **Cleaning & Hygiene Needs:** Kids toothbrushes, Body wash for kids, Body wash, Tear free baby wash, Shampoo/Conditioner, Dish soap, Dish sponges, Kitchen sized trash bags, Gallon sized zip lock bags.

• **Furniture & Home Goods Needs:** Queen mattress and box spring sets in good condition, no rips or stains, Full mattress and box springs sets in good condition, no rips or stains, Twin mattress and box springs sets in good condition, no rips or stains, Metal bed frames in twin, full, and queen size, Can openers, Small/medium sauce pans, Shower curtain liners and rings, Pot holders, Steak knives, Towels- Face, hand, and bath size.

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Interim Pastor Bernie Michaud



Our Weekly Sunday Worship Services are at 10:00 AM

If you prefer to stay home, Services are available on line.

- TO WATCH LIVE SERVICES

Log on directly to facebook and go to Ecct Church. You may also log in at any time and watch the recorded services.

- **LADIES BIBLE STUDY** - Tuesday mornings 9:30 to 11:30 a.m. A new Bible Study began on January 3rd, led by our Interim Pastor's wife, Diane Michaud. *It is not too late to come and join us!!!* The study will be "The Sermon on the Mount" by John Stott.
- **MEN'S BIBLE STUDY** - Tuesday evenings 6:30 to 8:00 p.m. Started January 3rd we will continue our study of the Book of Revelations, beginning Chapter 6. *It is not too late to join us!!!*
- **On Sunday, January 8th, we welcomed Pastor Bernie Michaud who will be our interim Pastor** until we find a settled Pastor.
- **NEW PARKING LOT** - The Town of Tyngsboro has completed their renovation of the back parking lot! You CANNOT access it from our Church driveways...*please enter and exit across from the Tyngsboro Fire Station. A walkway has been paved for easy access to our church for our worshippers.* Hopefully the Town, Garden Club and our Church will work together to enhance the curb appeal surrounding the lot.

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You can remain updated by visiting our website www.tyngsborocongregational.org or please check our Facebook page for unexpected closure dates. We are always looking for volunteers to help us out. ***If you can spare a few hours a week, please call Charlotte at 978-649-7803.*** Thank you to the dedicated volunteers who so faithfully show up each day! We could not do all the good that happens every day without your help. You are truly a blessing to us!



Neighbor to Neighbor

Published by Anne M. Paquin
Since 1983

64 Hardy St., Dunstable, MA 01827
(978) 419-1914

anne@neighbortoneighbornewsletter.com
www.neighbortoneighbornewsletter.com

Is your organization hosting any upcoming events?
Do you have a fundraiser coming up? News is placed FREE of charge on a first-come, first-served basis.

Have a business you would like people to know about?
Email me and I will send you the price sheet. Deadline is February 10th for the March issue. If you miss the deadline please get in touch as soon as possible. The *Neighbor to Neighbor* newsletter is delivered **free of charge** to all residents and businesses, in the towns of Dunstable & Tyngsborough, MA. **Issues are also available to read online at www.neighbortoneighbornewsletter.com** They are usually posted by the end of the month, for the upcoming issue. ***I look forward to hearing from you.*** E-mail: anne@neighbortoneighbornewsletter.com
Call Anne at 978-419-1914

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169 Westford Rd, Tyngsborough, MA between 8am and 4pm.**

TYNGSBOROUGH-DUNSTABLE

Rotary  Rotary Motto *Service Above Self*

Rotary is a global network Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs. Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

If you are interested in membership, please call or text Ron Keohane at (508)517-3895 or Brian Day-Lewis at (978)399-4952. Want to join a meeting? **We meet at Dream Diner** in Tyngsboro on 1st and last Thursday of the month at 8:00 am. Second and third Thursday of the month, we meet at 12:00 at Dream Diner.

For further information, go to our Website:

<https://www.facebook.com/tyngsborodunstablerotary/>

PLEASE MARK YOUR CALENDARS FOR 2023 TASTE OF THE TOWN

Hosted by the Tyngsboro/Dunstable Rotary Club.

This will be held on **Wednesday, March 29th, 2023**

**from 6:00 - 8:30PM at the Tyngsboro Sportsmen's Club
90 Westford Rd, Tyngsborough, MA 01879**

There will be Live Music and Raffles. For \$30 per person you can enjoy the taste of appetizers, dinner, and dessert from local restaurants all in one place!

For tickets and information call: Bob Guernsey (508) 380-4351; Brian Day-Lewis (978) 399-4952; Chris Dias, of Enterprise Bank (603) 505-2549; or Marybeth Shanahan of Dream Diner (978) 804-2593

Tickets costs \$30 per person, and are also available at Enterprise Bank and Dream Diner in Tyngsboro, or online at Eventbrite <https://tdrotarytasteofthetown.eventbrite.com>

Participating Restaurants and Vendors. Featuring local restaurants from the local communities. Please go to our facebook page <https://www.facebook.com/tyngsborodunstablerotary/> for an updated Vendor list!

WINTER HOURS: TUE-SUN, 11AM-5PM

BOOKS & GIFTS

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