

Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

Celebrating 39 Years of Service!

Issue # 423 • February 2023

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DUNSTABLE TOWN CLERK

• **The Annual Street listing was due back by end of January.** The Annual Street Listing is a legal document of the Commonwealth and must be returned each year to remain on the active voter list. Pursuant to MA law, your name can then be removed from the voting list for failure to return the street listing after 2 years. If you did not receive one, please contact this office.

• **Dog Licenses** All dogs, 6 months and older must be licensed. **FEES:** Female spayed \$6, Male neutered \$6. Female not spayed \$10 and Male not neutered \$10. If you reserved a personal dog tag number, your dog must have been licensed by the end of January or the number will be passed on. We have to account for the dog numbers each month with the Accountant (monies in). Seniors age 70 and older have the fee waived pursuant to a town meeting vote, but the dogs must still be licensed. **Remember:** A copy of accurate rabies certificate must be on file with the town Clerk.

• **Are you interested in running for a town board position?** A list of open offices will be certified and published after the New Year.

• **Town Clerk Office Hours:** Mon: 9:00 AM-6:00 PM, Tues: 9:00 AM-1:00 PM and Weds: 9:00 AM-5:00 PM

Town Clerk, Ellen Faiella, can be reached at 978-649-4514 X222 or by email efaiella@dunstable-ma.gov.

THE BOARD OF SELECTMEN IS SEEKING VOLUNTEERS

TO SERVE ON THE NEWLY ESTABLISHED UNION BUILDING REHABILITATION COMMITTEE.

The Committee is responsible for making recommendations to the Board of Selectmen on the rehabilitation of the Union Building, including establishing a long-term plan for rehabilitation, estimating costs and developing an approach for the renovation, and creating a plan to advance the rehabilitation of the building taking into consideration both the future use of the building and availability of funding.

This work will include the review of all existing studies and documents developed in association with the building and its condition, determining and negotiating funding that should be provided by the GDRSD in connection with their lease agreement with the Town of Dunstable, recommending a rehabilitation approach (phased or one project), identifying a viable re-use(s) for the building, and also funding sources for the project.

The Committee is to be comprised of a total of seven members: one member of the Board of Selectmen, one representative from the Groton-Dunstable Regional School District, one individual who has experience in residential or commercial development, one member with a background in banking and/or finance, and three members of the community at-large.

Please send an email expressing your interest, background, and experience to the Board of Selectmen <https://www.dunstable-ma.gov/user/113/contact> and also to the Town Administrator, Jason Silva at jsilva@dunstable-ma.gov.

IN MEMORY OF

Steven E. Mellow	John R. Getman
Dave McGonagle	John F. "Jack" Manning
John "Don" Gilbride Jr.	Real Joseph Sampson
Donald H. LaRiviere	Shelly (Jay) Tousignant
Jane E. McLaughlin	Shaughnessy

ATTENTION 2023 HIGH SCHOOL GRADUATES RESIDING IN DUNSTABLE

Congratulations on your pending graduation!

We are delighted to announce the availability of the Helene Morgan Babcock and Alfred Babcock Memorial Scholarship, and invite you to apply for these generous funds as you continue your education.

During the winter of 1923, the home of the Morgan family here in town caught fire and was largely destroyed. The citizens of our community responded to the crisis by taking in the children (all 17 of them!), keeping the family together and aiding in the reconstruction of their home. One of the children, Helene Morgan Babcock, remembered the words of her mother, "Never forget the kindness of the people of Dunstable," and so established a scholarship fund to be made available to the graduating students of Dunstable as they continue their education.

The amounts of these grants are substantial, with one of the Babcock Scholars receiving \$4,000 each year for up to four years. A number of additional \$2,000 scholarships are granted to other students on a one-time basis (the main scholarship for 4 year full time only).

Additionally, Dunstable's Commissioners of Trust Funds authorized the Babcock Scholarship Committee to award the **Russell G. and Shirley L. Tobey Scholarship, which is a one-time award of \$1,000.** Applicants applying for the Babcock Scholarship will be automatically considered for the Tobey Scholarship; there is no additional application required. The Tobey Scholarship recipient will be chosen using the Babcock Scholarship selection criteria.

Scholarships may be applied to expenses incurred in the pursuit of advanced education beyond the secondary level in two or four year institutions, vocational education institutions, or formalized apprenticeship programs.

Starting January 30, 2023, applications will be available at the town hall, library, your school guidance office, by emailing babcock-scholarshipfund@gmail.com or on our facebook page.

Completed applications can be submitted electronically to the above email, or to the PO Box listed below no later than Wednesday, March 10, 2023.

Questions regarding the application process can be sent to babcock-scholarshipfund@gmail.com. We hope you take advantage of this wonderful opportunity. *Babcock Scholarship Trustees, P.O. Box 24, Dunstable, MA 01827.*



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OPEN BURNING SEASON BEGAN JANUARY 15TH

Dunstable Fire Chief, William Farrell would like to remind you that Open Burning season began on January 15th and ends on May 1st. **Information and applications are available online at the town website www.dunstable-ma.gov/dunstable-fire-rescue**

If you prefer, permits are available daily from 8am to 4pm at the Fire Station at 28 Pleasant St. Permits cost \$10 and are free to "over 65". Agricultural Permits are \$15.

FEE AND PERMIT INFORMATION

You must follow all the rules and regulations that are listed below.

Rules and Regulations

1. You can only burn brush and garden trimmings only.
2. Burning is allowed only between 10am and 4pm. No fire shall be started after 12 noon and all fires must be extinguished by 4pm.
3. The permit holder must call the Fire Department @ 978-649-6661 each day after 9am for permission to burn that day.
4. The fire must not be left unattended and must be at least 75 feet from any structure.
5. Have available water supply, rakes, shovels, etc. for controlling the fire.

Under all Circumstances the following are prohibited

1. The burning of Grass, Hay, Leaves, Stumps, tires and/or building materials.
2. Burning of brush, trees, cane and/or driftwood from commercial and/or institutional land clearing operations.
3. Burning at landfills or refuse disposal facilities other than approved incinerators.
4. Large piles that will not readily burn or are of such size that they will not be totally out by 4pm.

If you have other questions regarding burning, please call the station at 978-649-6661.

COMMUNITY CARES CORNER

At West Auto Repair in Dunstable

Inside our waiting area at **West Auto Repair, located at 30 Pleasant St. in Dunstable, MA**, we have our community cares corner. *This is open year round, not just at the holidays.*

Here you can drop off your pop tabs from carbonated beverages, pet food cans etc. which are **donated to Shriner's Children Hospital.**

You may also drop off your **donations for the PACH Food Pantry of Pepperell.** They are looking for a variety of canned goods, pasta, bread mixes and other non-perishable food items. The Pantry is always in need of personal hygiene items such as soap, shampoo and conditioner, diapers, feminine supplies, toothbrushes, toothpaste as well as laundry detergents and household cleaning supplies.

Donations can be dropped off inside the waiting area Mon-Fri, 8AM-5PM. After hours there is a blue bin to the left side of the front door where you can drop your donations. We could never do this without you, our neighbors, who graciously continue to support these organizations with your donations. *Thank You!*

DUNSTABLE TREASURER/COLLECTOR

Office Hours: Mon 12:15-5:45pm; Tues & Thurs 8am-1pm and Wed 8am- 2pm **Treasurer/Collector Erin Caton**, email: ecaton@dunstable-ma.gov 978.649.4514 ext 228

Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 **Tel. 978-419-1914**

E-mail: anne@neighbortoneighbornewsletter.com

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Total Circulation is now 6,616 which includes Dunstable and Tyngsborough.

DUNSTABLE COUNCIL ON AGING

Assistant to the Elderly: Anne Fenochetti 978-649-4514 # 223
afenochetti@dunstable-ma.gov **Office Hours:** Tues 8:30-1:30 and
Thurs. 8:00-1:00

Dunstable Council on Aging Barbara Martin, Chairman; Mary Dow, Secretary; Donald Pottle, Joan Simmons, and Jean Haight.

The Mission of the Dunstable Council on Aging is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs. Feel free to give us your ideas.

LUNCHES FOR FEBRUARY

February 1 Linguine with Bolognese or Alfredo sauce, garlic rolls, tossed salad & tiramisu. Provided by The Traveling Chef

February 8 Roast Pork with apple glaze, butternut squash, garden salad and bread pudding. Provided by AgeSpan

February 15 Baked lasagna, tossed salad and dessert. Provided by Jean Haight & Barbara Martin

February 22 Pizza, salad and dessert. **Reservations for all meals are required one week prior to each meal.** Come take part in: cribbage, dominos, and scrabble groups each week.

Remember if there is no school because of snow there will be no senior meeting.

• **Bone Builders** Led by Brian O'Donnell and Linda Gill, is held on Wednesdays from 10:30 to 11:30 and Fridays from 11:00 – 12:00 at the Dunstable library. Bone Builders is a FREE, low impact, balance and strength training exercise program. Please drop in if you are interested in joining.

• **High Tech Device Assistance** Could you use some help getting the most out of your I phone, tablet or laptop? Dean Lotito has volunteered, if there is a need, to be at the library on Wednesday, February 15 from 10:30 – 12:00 to help answer your questions. Just come with your phone, tablet or laptop. RSVP if you are interested.

• **Sand for Seniors** It's that time of year again when we need to think about snow and ice. The Dunstable highway dept. will again oversee getting buckets of sand to those who would like one. Let's stay safe and keep those steps and sidewalks non-slippery. Call Christina at 978-649-4514 # 227 to reserve a bucket.

• **Book Group** Join us on Saturday, **February 18, 10:30 at the Dunstable Library THE LAST THING HE TOLD ME** by Laura Dave. Summary: This fast-paced novel is a nail-biting suspenseful story, dealing with family relationships, love, devotion, personal sacrifices, and the chances parents must take sometimes to save their children from evil. Copies are available to pick up at the library system.

• **Well Adult Clinic will be February 22 from 11:00 – noon.** This is held at the Dunstable Library, 588 Main St.

• **Fuel Assistance** Applications for renewals have already been sent out from Community Teamwork of Lowell. **New fuel assistance applications are now available. Call 978-459-6161 for more information.**

• **Alzheimer Support** is a free service that assists Dunstable families who have loved ones with Alzheimer's disease or dementia. Through our free search tool and database of Alzheimer's care facilities, families in need of care for their loved ones can locate licensed care homes and communities in the Dunstable area that are best equipped to provide care for their loved ones. Go to www.alzheimersupport.com/memory-care/massachusetts/

• **Brown Bag Food Program** This program offers a **FREE bag of groceries the 4th Tuesday of each month.** Each bag contains a variety of basic healthy foods. Bags need to be picked up at the Tyngsboro Senior Center. Call Laura Marsan 978-946-1303

• **Book Delivery** is available through the Dunstable Library. Just let them know if you or someone you know needs books or audio material. Call 978-649-7830 to arrange a delivery.

• **Van Service** is available for medical appointments and grocery shopping. Cost is \$5.00 for local trips, Lowell, Chelmsford, Nashua, Tyngsboro, Westford, Ayer, Groton & Pepperell. \$10.00 for any other. Check with Anne Fenochetti as soon as you know when your appointment is to make sure a ride is available.

Continued on the next page.

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DUNSTABLE COUNCIL ON AGING

Continued

• **Meals on Wheels** Do you or someone you know need the services of Meals on Wheels? This service is now being merged with Tyngsboro's MOW. **For more information contact Merrimack Valley Elder Services 1-800-892-0890**

••• **We have applications for RMV handicap placards** •••

• **Elder Hotline** Finding the answer to questions about issues can sometimes be confusing. The Attorney General's Office has a state-wide, toll-free telephone hotline to assist individuals on a wide range of elder issues. The number is 1-888-243-5337 (TTY: 617-727-4765) Monday thru Friday 10:00 am- 4:00 pm This elderly hotline provides a valuable service to Massachusetts' senior citizens, their families, and other information about elder related issues and programs throughout the commonwealth.

• **Durable Medical Equipment** Try us **FREE** before you buy. We have a variety of good, gently used walkers, wheelchairs, transport chairs, canes, commodes and much more that people have generously donated. These are on loan and need to be returned when not in use. PLEASE call first before you drop off items. Accepted items should be brought to the Town Hall only.

• **Message from the Fire Department** A volunteer from the Dunstable Fire Dept. is available to check your smoke detectors or help to install new ones. An appointment is required. **FREE** Night lights are also available to keep you safe as you move around in the dark.

• **Files of Life** Why everyone should have their own **File of Life**. Medical emergencies happen any time. When they do there is panic, urgency, and confusion. A File of Life puts needed answers in the hands of EMTs. It allows first responders to immediately begin the best possible treatment. Completed File of Life have a magnetic strip on the back and should be placed on your refrigerator.

• **Living Alone Safely in Your Own Home** The Dunstable COA is working with the Fire Dept and the Police to keep those seniors living alone safe in their home. They can secure a lock box with a key on to your door at your home so that in an emergency help would be able to get to you quickly. Information is available through the Fire Dept. If you need the assistance of the fire department for a non-emergency situation and you've called the fire station, and no one was there. **Please call 978-448-6666 (Fire/Police/ems Dispatch)** they will notify the proper person or service to assist you. **Office 978-649-6661.**

IMPORTANT NUMBERS AT A GLANCE

Anne Fenochetti	978-649-4514 #223
Non emergency Police	978-649-7445
Non emergency Fire Dept.	978-649-6661
Nashoba Nursing	978-425- 6675
PACH	978-925-9770
SHINE	1-800-243-4636
Elder Abuse Hotline	1-800-922-2275

PACH PEPPERELL FOOD PANTRY

Is open to Dunstable residents. PACH provides food, paper goods and personal care items. Anyone interested in this service can contact them at **978-925-9770** or www.pachoutreach.org PACH is located at **66 Hollis St., Pepperell.** Hours of operation Tues 5-7pm, and Thurs. 2-4 & 5-7pm.

Read Current & Past, Dunstable & Tyngsborough issues, other articles & news online at www.neighbortoneighbornewsletter.com



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www.dunstable-ma.gov click on library

Mary Beth Pallis - Director – mpallis@dunstablepl.org

Karen Debreceni - Children's Librarian kdebreceni@dunstablepl.org

**LIBRARY HOURS: Tues 3pm-8pm; Wed 10am-2pm,
Thurs 10am-6pm, Fri 10am-2pm; Sat 10am-2pm**

Like us on FACEBOOK to receive program updates!

www.facebook.com/pages/Dunstable-Public-Library/

- **Community Room Artist** Check out the wonderful new artwork done by Alice Sniezek. She has a fantastic collection showing in the community room!
- **Display Table** is Ryan Sniezek's collection of vintage gas masks. Come check it out! **Do you have a collection you would like to display? Call or stop by for more info.**
- **Preschool Story Hour** Please come in with your 3, 4 or 5 year old for story hour. Story hour is held on Thursdays and Fridays. We will meet from 10:00am – 11:00am. The program includes stories, songs and a craft or activity. Come in and join the fun!
- **On Going Book Sale** Is in the Community Room at the library. Come in and check out the selections that are here. Hard Covers are \$1.00, Paperbacks are 5 for \$1.00, DVD's are \$2.00 and CD's are \$1.00. If you would like to donate to the ongoing book sale, please bring current books (not older than 2 years) or any children's books in good condition. Please bring your donations inside, instead of leaving them at the door. *We cannot accept magazines, older books, or textbooks*
- **Homework Club** The library is offering homework help every Tuesday night from 5:30pm – 6:30pm for the school year. This is a free service for children from Kindergarten to High School. Honor Students from local high schools are available to help the children. These students help children understand their math homework and more. If your child is attending, please call between 3:00pm and 5:00pm so we can be sure a student will be here for your child.

• **IF YOU ARE A HIGH SCHOOL STUDENT AND WOULD LIKE TO VOLUNTEER TO BE A TUTOR** please email Karen at kdebreceni@dunstablepl.org to sign up! It would only be 4 hours a month at the very most.

• **Adult Book Club** - The book club will take place every 3rd Saturday of the month at 10:30am. Contact Sue Tully to find out the book of the month. SJT0213@verizon.net. or check out the display at the library.

• **Chapter Book Reading** Mrs. D will continue reading from a chapter book each Tuesday night at 6:00 pm. Please join her on dpl facebook live to listen to the story. Any suggestions for favorite chapter books will be appreciated.

• **Pre-teen and teen take and makes will be in the lobby!**



REGISTRATION IS OPEN FOR GDEF'S "THE BIG NIGHT IN" TRIVIA NIGHT!

(Virtually) Gather a team of friends and family from anywhere on the planet to take part in the **Groton Dunstable Education Foundation (GDEF) Annual Trivia Night, MARCH 25TH 2023, 8-9:30 PM. VIRTUALLY HOSTED BY TRIVIA BROTHERS \$20 per player**
BUY TICKETS HERE

<https://form.123formbuilder.com/5785665/form>

GDEF is a volunteer, non-profit organization committed to enhancing the success of our public schools by funding grants for innovative, inspiring programs, materials and professional development opportunities that fall outside the normal school district operating budget www.gdefinc.org

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YOU CAN IMPROVE YOUR QUALITY OF LIFE

By Edward H. Adamsky

Quality of life is how you live your life in relation to your goals, expectations, standards, and concerns. Everyone wants to live a quality life. How can you do that? Here are three lifestyle issues that you should address to make your life better.

Staying **independent** is crucial to feeling like you are living a good life. You don't want to feel like you are a burden on others. So, you should work on staying healthy enough to keep your independence. Eat a healthy diet, get regular exercise, don't smoke, and drink in moderation. Get an annual physical exam and all the recommended screenings. See a dentist regularly, and take care of your mental health with counseling as needed. Also staying financially independent is important. Seek financial advice from a qualified financial planner to make sure that your money will last as long as you do.

Friends and family **relationships** are vital to a good quality of life. They keep you happy and help you to live longer. You should find ways to stay in touch or connect with others. See your family as often as possible. Talk with your neighbors and go to the local senior center to socialize. Consider doing some volunteer work. Those who help contribute to society at large feel better about their own lives, keep giving to others to help yourself. Stay in touch with family and friends with letters, email, or social media. Don't become isolated as that is bad for your health.

Keep a good **attitude**. Dealing with adversity, health issues, and life in general, can get you down. Most older adults have experienced the ups and downs in life. How do you maintain a balanced attitude about coping with whatever challenges life brings? You must work at it, just like exercising. Focus on healthy thinking and the meaning of life to you. Try to stay happy and enjoy what you can, even in the face of bad times. Keep doing things that you enjoy and keep living your best life. As they say, life is what you make it! Improving your quality of life will improve your longevity. It appears that being happy and healthy does make you live longer. If you live a quality life, you will want to, and you will, keep living longer (at least statistically). If you need assistance with your quality-of-life issues, consider asking at your local Senior Center, or your Area Agency on Aging (AAA) for help. The AAA for the Merrimack Valley area is now called AgeSpan. Their website is agespan.org.

COMMISSIONERS OF TRUST FUNDS

For Those In Need

Are you a Dunstable resident who is experiencing financial hardship? We may be able to help. A century ago, various residents of Dunstable willed funds to the town to help those in need. Dunstable's Commissioners of Trust Funds are responsible for disbursing funds from the interest on these accounts each year. If you, or someone you know, is a resident of Dunstable and could use some one-time help with medical, pharmacy, grocery, or fuel bills, let us know. Requests can be submitted by emailing the Commissioners of Trust Funds www.dunstable-ma.gov/user/53/contact. All inquiries are confidential.



NEWS FROM

THE DUNSTABLE 350TH

ANNIVERSARY COMMITTEE

To stay in the know on upcoming activities and celebrations, follow us on Facebook @Dunstable350th, nextdoor.com, visit www.neighbortoneighbornewsletter.com or join our mailing list by sending an email to dunstable350@gmail.com to subscribe. You can contact the Committee via email at anniversarycommittee@dunstable-ma.gov.

•**February 2023:** Family Arts & Craft Show at SU: sponsored by PTO and also at DRLT Winterfest at McLoon Barn

•**March 2023:** Nissitissit String Quartet, March 26, Dunstable Town Hall Auditorium

DUNSTABLE RURAL LAND TRUST
Mark your calendar for our 26th WINTERFEST!

WINTERFEST 2023 • SATURDAY, FEBRUARY 11, 2023
11am to 2pm at The McLoon Barn

Winterfest 2023 will be held at the McLoon Barn, located near Main St. (Route 113) at 370 Thorndike St. Please come out and enjoy winter in New England! Join us for horse-drawn sleigh rides, see the ice sculpture carvings, warm up by the bonfire and enjoy delicious refreshments. Dunstable Troop 28 will be helping again this year! Also visit the [Dunstable 350th Anniversary Celebration](#) table at the event. They will have a selection of items available for purchase.



Remember to **bring your own snowshoes, x-country skis and sleds for some snowy fun. Hopefully the weather will cooperate this year.** There is accessible parking. **Sorry, no dogs are allowed at Winterfest.** For more information about the event and the Dunstable Rural Land Trust visit drlt.org. If you would like to become an annual member of the DRLT, kindly reach out to us through Facebook, speak with Bob, Brian or David or connect with a committee member at the event!

DUNSTABLE SCOUT SBSA TROOP 28

is open to girls who've completed 5th grade and are at least 10 years old. Our troop runs an integrated model, with boys and girls together for all activities and meetings. **We meet at the Dunstable Congregational Church on Mondays at 7PM. Come join us.** website: <https://dunstable28.mytroop.us/contact>

CHARITY NAVIGATOR

There aren't many days that go by that we are not contacted to make a donation to different organizations. Want to make sure they are legitimate and the donated monies are well used? You can now look up these charities at www.charitynavigator.org



BOX TOPS is the nation's largest school fundraising program and **Swallow Union has earned over \$44k since its inception!** Even though physical Box Tops have been phased out, you can still continue to help our school by downloading the app and scanning your receipts to earn cash from hundreds of products (cereals, snacks, baking products, meals and sides, office products, etc).

DUNSTABLE VETERAN SERVICES OFFICE

Greetings fellow Veterans. I am reaching out to see if you or anyone you know would be willing to be part of the BBRAIN research study at Boston University. The study **is limited to 1990-1991 Gulf War veterans** where the goal is to help us understand Gulf War Illness by comparing test results from healthy veterans and veterans with GWI. There is more information on their study at: <http://sites.bu.edu/bbrain/about-the-study/>

I would like to give recognition to those vets I have in the Dunstable database who were born for each month but have since passed away. This month I like to honor the following:

David S. Brown – 21 Feb 1957 – 5 Aug 2015 – USMC –Vietnam

Lyle G. Carter – 8 Feb 1931 – 25 Oct 2007 – USA - Korea

Our many thanks to those who went the extra step to serve our country.

As always, if you know of any Veteran or family member of any veteran who might need assistance please contact me. I am normally available from 10:00AM to 2:00PM on Mondays almost every week. You can call or text on my cell and leave a message 978-496-0985 or send me an email anytime at VSO@Dunstable-ma.gov

God Bless.

Dunstable Veteran Services Office

Joe Dean (Former USMC Sgt, Retired USAF Capt.)

Dunstable Veteran Services Officer

Proudly serving those who have served

BILL NEEDS A KIDNEY

I live in Tyngsboro and have run my own construction business since I was 15. Diabetes wrecked my kidneys and now I need a transplant to live. I have been on dialysis for 5 years but my life is now: work, sleep, dialyze. My wife and kids are not medically able to donate but they would love to have me back in action and able to sit through a holiday dinner. Thanks to the voucher system, anyone in the USA can donate in my name and give where they live. I get a voucher and get the next one. You can help me find a kidney by spreading the word. See below. Email me for supplies and details at dleehunnewell@gmail.com or call Donna at 978-375-3572.

You only need one kidney to live. The procedure to donate is minimally invasive and recovery is a few weeks. There should be no cost to the donor in any way. Even lost wages are compensated. And if you ever need a kidney, as a donor you go to the top of the list. Most kidney donors say it is the best thing they have ever done. They are honored to have been able to save a life. To find out more about donation go to www.billneedsakidney.com.

You can help! We can put a lawn sign if you live on a busy road Share the website on Facebook or any social media FB/Bill Needs a Kidney Post our flier at work, school, your house of worship or any gathering place. Email me to get a flyer. Thank you, Donna

AMAZON WINDING DOWN AMAZONSMILE
BY FEBRUARY 20, 2023

Just wanted to mention this, as many organizations might still have this listed in their articles, for fundraising. Most have alternative stores listed to purchase from, for their charities.

The next deadline is February 10th, for the March issue of Neighbor to Neighbor. If you missed the deadline please get in touch as soon as possible.

Please email to: anne@neighbortoneighbornewsletter.com
Need more information about how to submit news? Do you have a business? Would you like to know more about advertising?
Call Anne at **978-419-1914**.

At this time the Town Hall is closed on Fridays

DUNSTABLE TOWN HALL DIRECTORY

Town Hall (978) 649-4514. *The departmental extensions are as follows:*

221 Town Accountant 222 Town Clerk 223 Council on Aging

224 Selectmen (handles many depts.) Also for Animal Control Officer.

After hours call Police at 978-649-8891. If emergency call 911

226 Building Inspector 227 Road Commission

228 Tax Collector/Treasurer 229 Board of Health

230 Conservation/Planning Board 249 Assessors, Water Dept

Please dial 0 if you need assistance.

Veteran's Officer 978-649-3919

POLICE NON-EMERGENCY 978-649-7445 POLICE & EMT 911

FIRE DEPT. TELEPHONE NUMBERS TO REPORT A FIRE CALL 911

Business Line.....978-649-6661 FAX.....978-649-6072

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Visit www.dunstable-ma.gov for contact info, news & updates

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Web Site: www.tyngsborochurchofchrist.org
Email: thechristians@juno.com

Home bible studies in Nashua, Tyngsboro, Dracut, and Lowell.



DUNSTABLE BOARD OF HEALTH
RECYCLING NEWS

On November 1, 2022, the Mass. Department of Environmental Protection put a ban on textiles being disposed of in the trash. Textiles are described as clothing, footwear, bedding, towels, curtains, fabric, and similar products.

The Town of Dunstable Board of Health and Big Brothers Big Sisters Foundation and CMRK has created a new partnership to allow residents to easily donate their clothing, textiles and small household items. CMRK has been collecting these items across Massachusetts for over 35 years.

Donating is easy. Residents can schedule a free home pick up by calling CMRK 508-466-4590 or schedule online at BBBSFoundation.org.

The average person gets rid of 85 pounds of clothing a year. 95% of that clothing can be reused or recycled. CMRK's new diversion program allows them to give clothing a second life in an easy and convenient way." Big Brothers Big Sisters Foundation will pick up bagged clothing and textiles but also will accept boxed small household items such as pots, pans, small decor and more! At the new donation bins, you can drop off all bagged clothing, sneakers and textiles. CMRK also accepts non-usable clothing and textiles. Please be sure they are bagged and not wet, moldy or soiled.

Donating clothing helps the environment, helps save taxpayers money and helps clean out your closets. We look forward to forging a socially conscious and environmentally responsible partnership for years to come.

Bins are located on Pleasant Street next to the Dunstable post office. Please drop off bagged clothing, sneakers, etc. and textiles only. Do not leave any items, large or small, outside the bins. If you have small items, many items or large items, PLEASE CALL 508-466-4590 to arrange a pick up.



FIRST TUESDAY EVENING OF THE MONTH

Drive-Thru Session from 4 PM to 7 PM

NEW HOURS on Wednesday and Friday*

Drive-Thru Sessions - 10 AM to 1 PM

Third Saturday of the Month Drive-Thru Sessions
remain from 9 AM to 12 PM

CLOSED the Friday Prior to the 3rd Saturday of Every Month
MORE CHOICES FOR SPECIAL DIETS

We are now offering an enhanced selection of vegetarian, vegan, and gluten free options. We have no income requirements. If you are in need of food, just bring proof of residence in one of the towns we serve.

www.loavesfishespantry.org/need-services/faq-services/ or call 978-772-4627. Please follow us on facebook. **Loaves and Fishes Food Pantry is open to Dunstable residents** providing food and support to families in need. Call us at 978-772-4627 ext. 312 or clientservices@loavesfishespantry.org for more information.

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When you contact a business or organization, please tell them you've seen their ad or news in *Neighbor to Neighbor*. They would like to know.
Thank you, Anne



ALTRUSA CLUB OF MERRIMACK VALLEY

The Altrusa Club of Merrimack Valley is looking forward to another successful year of service in our communities. Altrusa's mission is to promote literacy and to improve the lives of the less fortunate. The Club meets the 2nd and 4th Tuesday of the month at the Tyngsborough Senior Center, 169 Westford Road, at 6:00 p.m. Please email altrusamv@gmail.com if you are interested in joining other volunteers in making a difference in the lives of others in our communities.

When COVID struck in 2020, fundraising became very difficult for most charitable organizations. The Altrusa Club of Merrimack Valley is extremely grateful to the Battles Foundation, Inc. for its continued support. The Battles Foundation recently awarded Altrusa a \$2,000.00 grant to help carry on its local community work. Thank you!

On December 13, 2022, Brianna Langlois of Westford was the recipient of the \$500.00 Altrusa Scholarship awarded in memory of Altrusan Eleanor Durant, who taught in the Chelmsford school system. Brianna is a student enrolled in the BA in Education and Moderate Disabilities Program at UMASS Lowell. Brianna's application demonstrated her commitment to the teaching profession and her dedication to her school and community. Congratulations, Brianna.

In addition, Altrusa welcomes Kathy Muldoon as our newest member. Kathy is a Chelmsford resident, who has been volunteering in Altrusa's projects for the past several months.

REAL ESTATE TAX EXEMPTIONS AVAILABLE

You may be eligible to receive a property tax exemption if you fall into any of these categories: Legally blind person; Veteran with a service-connected disability; Surviving spouse of a disabled veteran or veteran who died from active-duty injury or illness; Senior citizen age 65 and older who meets income and asset requirements. You must have owned and occupied your property as of 7/1/2022. Supporting documentation is required for all exemption applications. Applications are available at the Assessors Office in Town Hall, or at www.tyngsboroughma.gov/departments/assessors. Applications for FY2023 are due to the Assessors Office by April 1, 2023. If you have questions, please call 978-649-2300 x 121.

WELL ADULT CLINIC

The clinic will be held on **February 22nd in the Dunstable library from 11:00–noon**. Maureen Scott, our nurse will be on hand at these clinics which allows for personalized, one on one attention from the nurse. Offered services include: blood pressure/ blood sugar screening, diet/nutrition information and teaching, medication review, assistance with identifying and coordinating community resources and referrals.



46 Coburn Road
Tyngsboro, MA

SHERBURNE NATURE CENTER & TRAILS

Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns.

Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, observe the birds and notice what changes fall has made. **Remember to dress for the weather.** It's a great place for outdoor exercise and to enjoy nature close to home.

Children under 16 must be accompanied by an adult.

Please note: The tennis court behind the Sherburne Nature Center is not part of the PUBLIC Nature Center property.



Matt's Monthly Mechanical Memo

By Matt Manning

Here is something to keep in mind if upgrading your home heating & cooling system is in your plans this year. The Inflation Reduction Act of 2022 (IRA) signed into law last August includes significant rebates and tax incentives to homeowners for installing high-efficiency heat pump HVAC systems.

These incentives are wholly separate from those offered by local utility programs such as Mass Save and several municipal light plants. A more energy-efficient alternative to furnaces and AC compressors, a heat pump pulls heat from inside and moves it outside. In the colder months, it does the opposite, collecting heat from the outdoor air and moving it indoors.

As outlined, IRA incentives vary based on income, but include up to \$8000 in rebates, and up to 30% of installation cost totalling up to \$2000 in 25C federal tax credits for qualified system installation by properly licensed contractors.

Until next month, stay comfortable!

Matt

Got a question? Drop me a note!

matt@denommeplumbing.com

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www.NashuaRiverWatershed.org



Join Today! You Are Key to NRWA's Success!

You helped to restore the Nashua River, turning a polluted waterway into the Wild & Scenic river it is today. You have protected two hundred miles of riverside greenway, and thousands of acres of forestlands. You have provided tens of thousands of children with the opportunity to connect with nature. **YOU are the Nashua River Watershed Association.** Your membership is vital to our success. If you're not a member, please join today! If you are already a member, we hope we can count on your renewal. Our monthly donation program is an easy way to provide steady support. Join or renew online at www.NashuaRiverWatershed.org Thank You!

If you are new to the area, here is some info about the river. The Nashua River, 37.5 miles long, is a tributary of the Merrimack River in Massachusetts and New Hampshire in the United States. It is formed in eastern Worcester County, Massachusetts, at the confluence of the North Nashua River and South Nashua River, and flows generally north-northeast past Groton to join the Merrimack at Nashua, New Hampshire. Check out the NRWA website. There are many programs and projects. If you love the outdoors and being on the water, there may be something that you would find of interest.

WHY I'M FUNDRAISING WITH THE DANA-FARBER MARATHON CHALLENGE TO FIGHT CANCER

April 17, 2023 I will be joining hundreds of Dana-Farber runners who will take to the streets to participate in the 127th Boston Marathon®. This year will carry special meaning for me, as this will be the 10th anniversary of my first Boston Marathon, I will hit a milestone birthday and most importantly over the last 10 years, Cancer continues to impact the lives of the people I love. The Dana-Farber Marathon Challenge team runs and raises funds with thousands of special people in mind. From Hopkinton to Boston, we carry thoughts of those people every step of the way. Thank you for your support! Together, we're headed toward the ultimate finish line: a world without cancer. : http://danafarber.jimmyfund.org/goto/Susan_Mahoney

COMMISSIONERS OF TRUST FUNDS

Sarah Parkhurst Lecture/Program Fund

Did you know that the Town of Dunstable has funds that may help defray the cost of a speaker for your group? A century ago, Sarah Parkhurst willed funds to the town for the purpose of maintaining free public lectures/programs in Dunstable. Dunstable's Commissioners of Trust Funds are responsible for disbursing funds from the interest on this account each year. Funds can be used by any recognized non-profit group of Dunstable residents, such as (and not limited to) the schools, Grange, 4-H, Scouts, Dunstable Seniors, library, etc. If your group would like to apply for these funds, please submit your request via an email to the Commissioners of Trust Funds at www.dunstable-ma.gov/user/53/contact

Please include the following information:

- Name of host group • Contact person; email and phone number
- Location of proposed lecture • Date of proposed lecture
- Name of speaker; fee required for the speaker • Topic of lecture
- Approximate number of attendees expected for the lecture
- Target audience • Amount requested

TRASH & RECYCLING YEARLY SUBSCRIPTION

The yearly subscription with the Town of Dunstable for trash and recycling pickup began on July 1, 2022. Once again for the 5th year, we will not be raising the fee; it remains at \$300.00/year. New subscribers can use the same options. **PLEASE call or email for the amount due, as they deduct \$ for each month gone by.**

• Pay on line on the town webpage www.dunstable-ma.gov and choose online payments. Scroll half way down the page to Trash-Board of Health.

• Mail a \$300.00 check made payable to the Town of Dunstable to P.O. Box 268, Dunstable, MA 01827. • Drop off a check or cash to the Town Hall Monday-Thursday 9:00-4:00 p.m. Please write Joan – Trash Payment on your envelope.

Overflow bags can also be purchased on line or at the town hall. The cost is \$3.00 each, sold in rolls of 5 for \$15.00. Although there is not a specific spot to purchase the bags on line, just fill in the amount on the trash & recycling renewal page and we will recognize the amount is for the purchase of bags. Bags may be picked up at the town hall Monday-Thursday 9:00 a.m.- 4:00 p.m. Bring a copy of your receipt if you paid on line. If you need to reach us for any reason, please email me at fferrari@dunstable-ma.gov or health@dunstable-ma.gov. You may also leave a message at 978-649-4514, Ext. 229.

STITCHERS

AT TYNGSBOROUGH SENIOR CENTER

The Stitchers meet at the Tyngsborough Senior Center on **Mondays from 10 -11:30 AM**. Volunteers are available to teach crocheting, knitting, looming and more. Materials are available for all the crafts. Using donated yarn we stitch for the needy in our community. Or you can bring in your own yarn and learn how to stitch for your personal use. Getting together for a cause is a great way to share your talent with others.

Currently the Stitchers are providing warm wear to those in need as well as stitching warm wear, scarfs, mittens, afghans, and shawls to be sold at the Fall Festival sponsored by the Friends of the Tyngsboro Elderly, Inc.. This sale is back by popular demand and is sure to be a sell out.

Please consider joining our group and using your talent to help others. **For further information, please call Jean Jacoppi, Coordinator, (978-649-9076).**



February is National Heart Month!

TuftsMedicine
Lowell General Hospital

Care for your heart!

This month is a time when everyone can focus on their cardiovascular health. For many, heart disease risk can be lowered with a healthy lifestyle. Others may need the care of an expert physician.

At Tufts Medicine Lowell General Hospital, we provide a comprehensive range of services for diagnosing and treating cardiovascular disease, with top cardiac and vascular specialists offering breakthrough new treatments and personalized care to help you stay healthy.



**MORE
INFORMATION**

lowellgeneral.org/heart




CAT FOOD DONATIONS NEEDED

to feed a colony of feral and homeless kitties.

Please call Don Gaudette **978-799-9715** for the drop-off location on the Dunstable/Tyngsboro line.

Associated with Kitty Angels www.kittyangels.org

Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats



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GROTON COMMUNITY SCHOOL'S ANNUAL OPEN HOUSE TO BE HELD MARCH 5TH

*Groton Community School (GCS) located at
110 Boston Rd. in Groton will host an Open House
on Sunday, March 5th from 11 AM - 3 PM.*

We will welcome families with young children who are interested in future enrollment during the first portion from 11 AM-1 PM, and we will then welcome community members and friends of GCS from 1 PM-3 PM who wish to tour the newly renovated building.

Please join us to learn more about our renowned Preschool, Pre-K and Kindergarten Programs which include flexible Half-Day, Full-Day and Extended Day options. Experience the warm and welcoming educational environment that has always set our school apart. Teachers, Staff, and Board of Directors members will be on hand to answer questions and share information about the school.

Come meet our teachers, learn about the school philosophy and curriculum, and get a long-awaited view of our new building! Children are very welcome! No registration or RSVP is necessary.

For information about our school year or summer camp programs, go to www.grotoncommunityschool.org or call 978-448-6179.

About Groton Community School

Groton Community School is a NAEYC nationally-accredited, non-profit early childhood center for young children.



THE HOPE AND HEALING ADULT GRIEF SUPPORT GROUP

LAST SATURDAY OF EACH MONTH 10:30 a.m.-12:00 p.m.

**ST. JOHN THE EVANGELIST OLD PARISH HALL
115 MIDDLESEX ROAD, N. CHELMSFORD, MA**

WHEN SOMEONE IN YOUR LIFE DIES When someone close to you dies everything changes in your family, in your life, and your dreams. Often this can turn your life upside down. Know you are not alone in your grief and loneliness. The Hope and Healing Adult Grief Support Group meets on the last Saturday of each month.

All are welcome to a safe place to share your story, find comfort, hope and encouragement, as you continue a new path in life.

Registration is not required.

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Wednesday 9:30am-5pm and Friday 9am -3pm

www.theholyrood.org

Pastor Rev. Brian E. Mahoney Parochial Vicar Fr. Fernando Ayala
Staff Offices: 115 Middlesex Street, North Chelmsford, MA

Confessions St. John: Mon. 4:30-5:30pm & Sat. 3-3:45 pm
St. Margaret: Tues. 4:30-5:30pm & Sat. 1-2 pm
St. Mary: Wed. 4:30-5:30pm & Sat. 11am -12 noon

• WEEKEND MASS SCHEDULE

St. Mary: 4pm on Saturday, 7am and 11am on Sunday
St. John: 4pm on Saturday, 9:30am and 6pm on Sunday
Also 12pm African Liturgy (2nd, 3rd and 4th Sundays)
St. Margaret of Scotland: 4pm on Saturday and 7:30 and 10am on Sunday

• DAILY MASS SCHEDULE Monday thru Friday

St. Mary at 7am • St. Margaret of Scotland 8am • St. John at 9am

••• Please check on the website www.theholyrood.org

for events leading up to Christmas Services
or call the office of a particular Church.

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FINANCIAL FOCUS

Worried about inflation? Consider these moves.

As you know, inflation was big news throughout 2022. But will it continue in 2023? And looking even further ahead, how should you account for inflation in your long-term plans?

In regard to the first question, many experts predict that inflation will cool off this year, though there are no guarantees. The high inflation of last year is thought to have been caused by some unusual factors, such as a spike in the demand for consumer goods as the world came out of the COVID-19 pandemic, which led to supply chain issues. Also, the war in Ukraine drove up oil prices, increasing the cost of manufacturing and shipping and driving up the price of wheat and other commodities.

In any case, last year reminded us that inflation needs to be reckoned with as you work toward your financial goals. But how you respond to inflation will depend somewhat on your stage of life. So, here are some suggestions to consider:

If you're still working ...

- **Contribute more to your retirement plans.** If you can afford to put more money away in your IRA and 401(k), you may want to do so. The more resources you'll eventually have available in retirement, the better protected you are against the rising cost of living.
- **Adjust your portfolio objectives with your financial professional.** Using tools such as "hypothetical" illustrations, a financial professional can show you some different paths you might take with your investments, given different rates of inflation. So, for example, if you feel that inflation may be higher for a longer period than you once thought, you could request a hypothetical showing how you might need to adjust your investment mix to achieve your long-term goals, given your risk tolerance and time horizon.

If you're already retired ...

- **Consider part-time work or consulting.** Once you retire from your career, it doesn't mean you can never do any paid work again. If you've accumulated years of experience and expertise, you could use your skills as a consultant. Also, many part-time jobs are available for retirees. With the added income from employment, you may be able to delay taking withdrawals from your retirement accounts and other investments, possibly extending their longevity. (Once you turn 72, though, you will need to begin taking money from your 401(k) and traditional IRA.)
- **Delay taking Social Security.** You can begin taking Social Security when you're 62, but your monthly checks will be substantially bigger if you wait until your full retirement age, which will likely be between 66 and 67. (You could even wait until 70, at which point your monthly benefits will max out.) Of course, the ability to delay taking Social Security depends on whether you can afford it, but it may be possible if you work longer than you once planned or if you work part time in retirement. But even if you do need to take Social Security before your full retirement age, your payments will be adjusted annually for inflation — in fact, for 2023, benefit checks will rise 8.7% over 2022.

We'll always have to deal with some level of inflation — so it's a good idea to be prepared.

Content provided by Edward Jones for use by Jorg Skowranek, Local Edward Jones Financial Advisor, Member SIPC

JAMES JACOPPI

MEMORIAL SCHOLARSHIP FOUNDATION

This is the 21st anniversary of the passing of our son, James. With help from all of you, last year our raffle awarded \$12,500 in scholarships to aid in the continuing education of graduating high school students. We feel blessed to have the ability to remember Jim in such an extraordinary way. We are extremely grateful for your continued support.

This year will be our 11th annual raffle (Commonwealth of MA #36). Our fundraiser will be a Calendar Raffle with daily prizes for the month of April. Mondays through Saturdays, \$50 will be awarded daily. Sundays, a prize of \$125 and the Grand Prize of \$700 awarded on April 30th. In total there will be 30 Cash Prizes worth \$2,450.

The cost of the ticket is \$25 for 1 daily entry or \$35 for 2 daily entries. If you wish to purchase entries, please call or text Cara Jacoppi at 603-714-0135. All entries must be received by Friday, March 31, 2023. We appreciate and thank you for any donation you can provide to the foundation. For all other information you may need including access to scholarship applications, please visit our website: www.jamesjacoppischolarshipfund.com or Facebook page. Thank you for your continued support.

Sincerely, The Jacoppi Family

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**Hours: January 1st to March 31st: (Wed-Sat) 11:00am - 4:00pm
& (Sun) 12:00noon - 4:00pm**

Exhibit Title: Flora & Fauna

Exhibit Dates: Through February 18, 2023

**ENCAUSTIC ARTISTS PRESENT
AN EXHIBIT OF NATURE**

Lowell, MA – Join us for this small group of artists who have come together to interpret Flora & Fauna in unique ways using wax, pigments, and other media. Kellie Weeks, Charyl Weissbach, Patricia Gerkin and Debra Claffey,

The Brush is supported by the Lowell National Historical Park. We are located in the building behind the Visitor Center on Market Street. Parking is available in the HCID parking garage at 350.4 Dutton St, Lowell, MA 01852 (Head for the flagpole near the opening in the large mill building after parking)

See more about the artist at www.thebrush.org



American Red Cross

GIVE THE GIFT OF TIME

Want to turn your compassion into action? Volunteer with your local American Red Cross Disaster Relief Team! People are displaced every day due to home fires, storms, and other disasters. Disaster Relief Volunteers respond to these emergencies to provide those affected with food, clothing, shelter, and hope. Join your local Disaster Relief Team and provide much needed support to your neighbors in their greatest time of need.

You can also support your community by teaching safety programs to children, installing free smoke alarms in high-risk neighborhoods, dispatching Disaster Relief Volunteers to emergencies, and more! We have something for everyone! No experience is necessary – we'll provide all the training you need.

To learn more, contact Michele Cruz
(Email: michele.cruz@redcross.org)
Phone: (617)913-6381



Scan to learn more!

Can't volunteer right now?

The American Red Cross has an ongoing critical need for blood and platelet donations amidst coronavirus uncertainties. You can make an appointment to give blood or platelets at RedCrossBlood.org.

UNITED WAY'S NOR'EASTER FUNDRAISER BLASTS ITS WAY TO NASHUA

NASHUA – The United Way 2023 Nashua Nor'easter Winter Walk/Run/Drive Community Fundraiser will take place February 26 – March 4. This year's event has been built to showcase how almost everyone can actively demonstrate their support for the many non-profit organizations that provide essential services in our community.

This major fundraiser is like a "Build your own Adventure" – participants choose the day, distance, method and speed of locomotion, and whether to tackle this on one's own or build a team of friends or co-workers. It will include a choice of a 5K/10K/Half or Full Marathon in which participants may run, walk, or drive to 33 Nashua nonprofit locations. The run, walk or drive option takes place in downtown Nashua, with full marathon extending from Hudson to Milford.

Individuals or teams may choose to raise money for United Way's Community Safety Net Grants, which benefit Greater Nashua nonprofits, or the participating nonprofit of their choice. Eighty percent of the money raised will go directly to the chosen agency! This year's goal is to raise \$30,000.

So, come one, come all! Gather your co-workers or friends to form a team. Show support to raise much needed funds and increase awareness of your favorite local social service agency. Register yourself or your team with this URL: <https://tinyurl.com/awnano23> and share this "fun-raising" event through your social media. For more information, visit <https://unitedwaynashua.org/> or contact Samantha Cassista at scassista@unitedwaynashua.org.

We are grateful for the support of our generous event sponsors and encourage all to patronize their services: Bellavance Beverage, Boston Billiard Club & Casino, Service Credit Union, St. Joseph Hospital, Ghost Energy Drink, Joyce Cooling & Heating, Merrimack County Savings Bank, Mint Printworks, Law Logistics, United-Healthcare, Bar Harbor Bank & Trust, Northeast Delta Dental, and Eaton & Berube Insurance.

United Way of Greater Nashua is an independent 501 (c)3 nonprofit founded in 1929 to serve the residents of Greater Nashua. Its mission is to fight for the health, education, and financial stability of every person in every community. United Way of Greater Nashua has received GuideStar and Charity Navigator's top ratings for accountability, transparency, and financial management. For more information or to get involved as a donor or volunteer, please email United Way of Greater Nashua at info@unitedwaynashua.org or visit their website at www.unitedwaynashua.org.

When you contact a business or organization, please tell them you've seen their ad or news in *Neighbor to Neighbor*. They would like to know.
Thank you, Anne

TYNGSBOROUGH GARDEN CLUB



The Garden Club took a break in January. **Tuesday, February 7**, kick off of the spring programming season with a presentation on garden tool maintenance by Garden Club member Paula Flaherty.

The March meeting will take place on Tuesday, March 7 starting at 7 pm. Emily Brush, the Director of the Conservation Commission will present an overview of the kinds of issues and oversight that the Conservation Commission is addressing at this time.

The April meeting will feature a tour of the tulip gardens of the Netherlands by Debbie Schneider.

New Garden Club members are always welcome and the public is invited to attend individual programs for a nominal fee of \$5.

Unless otherwise noted, meetings take place at the Evangelical Congregational Church Tyngsborough at 23 Kendall Rd. and begin at 7 pm. Club dues are \$20. For more information, please contact us at tynggardenclub@gmail.com Linda Sheldon, President

DUNSTABLE TYNGSBOROUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need. We are currently looking for community minded members to join, please contact membership chair Joe Ward his contact information is below.

The Dunstable Tyngsboro Lions Club has the first female President since the existence of the club which was formed in 1977.

Officers for the 2022-2023 Lions Year

President: Laura Ward; 1st Vice President/Treasurer: Kristine DeMonico; 2nd Vice President/Secretary: Meg DeMonico; Membership Chair: Joe Ward; LCIF Chair: Mark Alexander; Media/Marketing: Charline Vigna; Tail Twister- Jorg Skowranek; Lion Tamer- Richard Lowe

Anyone interested in joining the lions is asked to contact Joe Ward 978-930-1153. Our Regular Meetings are held on the **first and third Tuesday** of the month starting at 6:30 pm at **Princeton Station** 147 Princeton St., in N. Chelmsford, MA. Our Facebook Page is <https://www.facebook.com/DunstableTyngsboroLionsClub>

If you would like to make a donation, please send to: Dunstable Tyngsboro Lions Club, P.O. Box 93, Tyngsboro MA 01879

YOU CAN HELP BY DONATING THE FOLLOWING:

- **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.
- **Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- **Can tabs** please place into bags before putting in the boxes.

Lion's collection boxes for eyeglasses, hearing aids and can tabs be located at: Tyngsboro Post Office- 353 Middlesex Rd Tyngsboro MA 01879; American Legion Post 247 -90 Pawtucket Blvd., Tyngsboro MA 01879; Tyngsboro Council of Aging Center - 180 Lakeview Ave Tyngsboro MA 01879; Dunstable Town Hall - 511 Main St Dunstable MA 01827; Dunstable Post Office - 170 Pleasant St Dunstable MA 01827; Dunstable Library-588 Main St Dunstable MA 01827

Pennies for Sight: "Your change- changes people's lives" See a Lion canister around please consider donating. Every Penny Counts!

"Alone we can do so little; together we can do so much." Helen Keller

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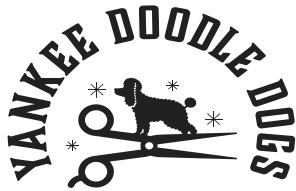
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AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Auxiliary Unit 247 Officers for 2022-2023

President: Linda Small; Sr. Vice: Ann Thellen; Jr. Vice: Michelle Lambert; Secretary/Treasurer: Diane DiLeo; Executive Board: Kathy Oljey, Joyce Ferreira and Josephine Beaugard.

AMVETS POST #247 ROBERT D. PELLETIER

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AMVETS National Website: <http://www.amvets.org/>

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Tuesday - Friday, 2pm to 7pm. Call for Saturday hours

Active duty military and veterans always welcome to join. First Year FREE for new Legion members. For further information call **978-649-7540** or email: legionpost247@gmail.com

Elected Post 247 Officers serving for 2022-2023 Commander: Matt DeLucia; Sr. Vice Commander: David Simpson; Jr. Vice Commander. Executive Board: Joe Conlin, Ray Hamelin and Fred Carroll. Bartenders: Matt, Judi, Diane and Derik.



WOMEN'S MONEY MATTERS

Our program has an innovative and holistic approach to financial health for women living on low-incomes. Our model for financial wellness is one of the most successful strategies for disrupting poverty because of the unique combination of small peer support groups, a comprehensive series of financial wellness workshops tailored to the needs of women, and most importantly, the one-to-one coaching relationship.

For more information on this organization and to see how you can get involved, please check out their website.

<https://womensmoneymatters.org>

Catie's Closet

• Our Work We give children in crisis the resources they need to thrive in and out of the classroom. Catie's Closet transforms unused areas inside schools into safe, welcoming spaces where students in grades preK-12 can discreetly shop, free of charge, for clothing, toiletries, and other necessities. **• Want to Get involved?** Donate your new and gently used clothing. Youth boys & girls sizes 3 – 20. Teen boys & girls sizes XS – 3X | 00 – 24 and 28 – 48. Infant & toddler size 0 month – 2T. All items donated should be free of excessive wear, rips, stains and any inappropriate sayings or gestures. Items must be appropriate for children attending school. Drop off at **Catie's Closet Headquarters, 19 School Street, Dracut, MA 01826. Hours of Operation: 10am to 5pm, Monday-Friday Phone: (978) 957-2200. If you would like to make a donation you may make it online at the website <http://catiescloset.org>** Host a Drive, Volunteer, or Shop Amazon Wish Lists.

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Kitty Angels is an all-volunteer organization. We have no paid staff - every cent of every donation goes to caring for needy cats! Please consider making a tax-deductible donation. You can do so by clicking on the "DONATE" button on our Facebook page; mailing a check to Kitty Angels, P.O. Box 638 Tyngsboro, MA 01879; or using the PayPal link on our website: www.kittyangels.org You can donate Gift Cards, Cat Food, Medical Supplies, Cleaning Supplies, Towels. If you have small antiques, collectibles or other items to donate please contact Gail Mosher at gailmosher@gmail.com or leave a message with us. 100% of the proceeds will go to Kitty Angels. For other ways you may help, please visit the How to Help page on our website at www.kittangels.org/howtohelp.html Kitty angels, Inc. is an all-volunteer, 501(c)3 non-profit organization. Your donation is fully tax-deductible.

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DECC is a caring community of faith where we are all on a journey together finding hope, purpose, connection, and wholeness as followers of Jesus. Wherever you are in this walk of life, we invite you to join us.

• **Sunday Morning worship service begins at 10:30 AM.** Masks are optional. Social distancing is according to your comfort level. If you are not able to attend in person, the service is available to stream from our website, www.dunstablechurch.org. **Dunstable Church is continuing an Adult Class on Prayer**, using Jennifer Kennedy Dean's workbook "Live a Praying Life." Sunday morning classes begin at 9:00 AM in Fellowship Hall. You are all invited to experience the challenges and blessings with us. If you would like more information, please email Kathy Mackel (mackelkathy@aol.com).

• **A message from St. Pauly Textile Inc** tells of the impact your donations to the clothing shed made over the last year:

- 44,021 lbs clothing donated to the shed in 2022
- This was enough to clothe an estimated 8109 people all over the world

• Based on this volume of clothing, our church received \$1769.83
Thank you for your support of the clothing shed program.

• **Dunstable Church is happy to have our Intentional Interim Pastor, Dr. Doug Walker, in place.** He will worship with and lead DECC through this time of transition and learning as we search for a new settled pastor. Doug has years of experience helping churches learn about themselves in order to find the new right settled pastor for the church. We welcome Doug and his wife, Marsi, to our congregation. Please come meet them.

MAKE THIS YOUR NEW YEAR'S RESOLUTION!
COME BACK TO CHURCH!

IF YOU ARE OUT OF THE HABIT OF ATTENDING CHURCH,
COME BACK. PEOPLE NEED YOU. YOU NEED PEOPLE.

Come visit your community church.

*May the Lord walk between us while we are absent,
one from another.*

CLOTHING SHED AT DUNSTABLE CHURCH

The clothing donation shed at the Dunstable Evangelical Congregational Church, **518 Main St, Dunstable MA**, is open to the public.

St. Pauly Textile Inc., the company that has provided the shed, partners with a network of businesses and various organizations to distribute donated items both here in the U.S. and worldwide, where they're ultimately re-worn by people who need them. The Dunstable Church additionally has the option to use donations to serve community needs. The company was founded in 1996 and is an A+ rated member of the Better Business Bureau.

Accepted items: clothing, shoes, belts, purses, blankets, sheets, curtains, pillowcases, and stuffed animals.

PLEASE tie your bags, and do not leave bags outside the box.



Read Dunstable and Tyngsborough issues,
and other articles online at
www.neighbortoneighbornewsletter.com



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<https://www.animalsheltering.org/page/wild-neighbors-book>

The Wish Project

166 Middlesex St., North Chelmsford, MA 01863

This is behind Hertz Car Rental

thewishproject.org

For information email: info@thewishproject.org
1-866-947-4360

Our THRIFT STORE is open 9-2:30 Tuesday-Saturday. It is located in our warehouse. All are welcome.

If you would prefer to shop online, and ship directly to the warehouse, please take a look at our Amazon Urgent Needs Charity Wish List <https://smile.amazon.com/Target Charity Wish List> <https://www.target.com/gift.../gift/thewishproject-wishlist>

Our Current Project

BITS Bags - February-March

Deadline for dropping off items is 3/18/23

We provide BITS (Basic Items for Toddler Success) Bags to children who may experience developmental delay due to lack of these simple interactive toys to stimulate them. Our goal is to provide BITS Bags with educational and developmental toys to young children.

• **How can you help:** Donate \$35 and we can provide a bag in your name or in the name of your company, Donate complete bags, Collect items for bags and we will put the bag together.

• **Items Needed:** Bags will ideally be cloth or otherwise reusable, sized 8 x 10 x 4. (Optional), New unused Books: Bath, Board book, picture book or first reader, Bubbles, Sidewalk Chalk, Beach Ball or Ball, Crayons, Coloring Books, Rubber Ducks, No Stuffed Animals Please!

The Wish Project partners with hundreds of social workers from many local agencies including: Anne Sullivan, MSPCC, CTI South Bay, Clarendon and others.

We accept a wide range of goods that can be dropped off during appointment times only.

If dropping off items, please first review our Donation Guidelines. You must download and fill in the donation form that is available on the website <http://thewishproject.org>

• **Baby Needs:** High Chairs, New car seats, Play mats, Single & double strollers (no umbrella strollers), Baby blankets, Diaper bags, Safety kits, Bassinet, Crib, and Pack-n-Play sheets, Diapers in sizes newborn, 2, and 6, Baby wipes.

• **Clothing Needs:** Kids sneakers and winter boots in all sizes, Kids winter coats, especially sizes 7/8, 10/12, 14/16, Adults winter boots in all sizes, Adult winter coats in all sizes.

• **Appliances:** Toaster ovens, Toasters, Crock pots, Coffee makers, Heaters and Fans

• **Cleaning & Hygiene Needs:** Kids toothbrushes, Body wash for kids, Body wash, Tear free baby wash, Shampoo/Conditioner, Dish soap, Dish sponges, Kitchen sized trash bags, Gallon sized zip lock bags.

• **Furniture & Home Goods Needs:** Queen mattress and box spring sets in good condition, no rips or stains, Full mattress and box springs sets in good condition, no rips or stains, Twin mattress and box springs sets in good condition, no rips or stains, Metal bed frames in twin, full, and queen size, Can openers, Small/medium sauce pans, Shower curtain liners and rings, Pot holders, Steak knives, Towels- Face, hand, and bath size.

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Interim Pastor Bernie Michaud



Our Weekly Sunday Worship Services are at 10:00 AM

If you prefer to stay home, Services are available on line.

- TO WATCH LIVE SERVICES

Log on directly to facebook and go to Ecct Church. You may also log in at any time and watch the recorded services.

- **LADIES BIBLE STUDY** - Tuesday mornings 9:30 to 11:30 a.m. A new Bible Study began on January 3rd, led by our Interim Pastor's wife, Diane Michaud. *It is not too late to come and join us!!!* The study will be "The Sermon on the Mount" by John Stott.
- **MEN'S BIBLE STUDY** - Tuesday evenings 6:30 to 8:00 p.m. Started January 3rd we will continue our study of the Book of Revelations, beginning Chapter 6. *It is not too late to join us!!!*
- **On Sunday, January 8th, we welcomed Pastor Bernie Michaud who will be our interim Pastor** until we find a settled Pastor.
- **NEW PARKING LOT** - The Town of Tyngsboro has completed their renovation of the back parking lot! You CANNOT access it from our Church driveways...*please enter and exit across from the Tyngsboro Fire Station. A walkway has been paved for easy access to our church for our worshippers.* Hopefully the Town, Garden Club and our Church will work together to enhance the curb appeal surrounding the lot.

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You can remain updated by visiting our website www.tyngsborocongregational.org or please check our Facebook page for unexpected closure dates. We are always looking for volunteers to help us out. ***If you can spare a few hours a week, please call Charlotte at 978-649-7803.*** Thank you to the dedicated volunteers who so faithfully show up each day! We could not do all the good that happens every day without your help. You are truly a blessing to us!



Neighbor to Neighbor

Published by Anne M. Paquin
Since 1983

64 Hardy St., Dunstable, MA 01827
(978) 419-1914

anne@neighbortoneighbornewsletter.com
www.neighbortoneighbornewsletter.com

Is your organization hosting any upcoming events?
Do you have a fundraiser coming up? News is placed FREE of charge on a first-come, first-served basis.

Have a business you would like people to know about?
Email me and I will send you the price sheet. Deadline is February 10th for the March issue. If you miss the deadline please get in touch as soon as possible. The *Neighbor to Neighbor* newsletter is delivered **free of charge** to all residents and businesses, in the towns of Dunstable & Tyngsborough, MA. **Issues are also available to read online at www.neighbortoneighbornewsletter.com** They are usually posted by the end of the month, for the upcoming issue. ***I look forward to hearing from you.*** E-mail: anne@neighbortoneighbornewsletter.com
Call Anne at 978-419-1914

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DROP OFF inside Tyngsborough Council on Aging at 169 Westford Rd, Tyngsborough, MA between 8am and 4pm.

TYNGSBOROUGH-DUNSTABLE

Rotary  Rotary Motto *Service Above Self*

Rotary is a global network Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs. Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

If you are interested in membership, please call or text Ron Keohane at (508)517-3895 or Brian Day-Lewis at (978)399-4952. Want to join a meeting? **We meet at Dream Diner** in Tyngsboro on 1st and last Thursday of the month at 8:00 am. Second and third Thursday of the month, we meet at 12:00 at Dream Diner.

For further information, go to our Website:

<https://www.facebook.com/tyngsborodunstablerotary/>

PLEASE MARK YOUR CALENDARS FOR 2023 TASTE OF THE TOWN

Hosted by the Tyngsboro/Dunstable Rotary Club.
This will be held on **Wednesday, March 29th, 2023**

**from 6:00 - 8:30PM at the Tyngsboro Sportsmen's Club
90 Westford Rd, Tyngsborough, MA 01879**

There will be Live Music and Raffles. For \$30 per person you can enjoy the taste of appetizers, dinner, and dessert from local restaurants all in one place!

For tickets and information call: Bob Guernsey (508) 380-4351; Brian Day-Lewis (978) 399-4952; Chris Dias, of Enterprise Bank (603) 505-2549; or Marybeth Shanahan of Dream Diner (978) 804-2593

Tickets costs \$30 per person, and are also available at Enterprise Bank and Dream Diner in Tyngsboro, or online at Eventbrite <https://tdrotarytasteofthetown.eventbrite.com>

Participating Restaurants and Vendors. Featuring local restaurants from the local communities. Please go to our facebook page <https://www.facebook.com/tyngsborodunstablerotary/> for an updated Vendor list!

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