

Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

Celebrating 39 Years of Service!

Issue # 421 • December 2022

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**Dunstable
Volunteer Firefighters Association**
*We do hope to see
you out along the parade route!*

SANTA PARADE

Sunday, December 18, 2022



Parade starts at 11:45AM. Parade Route: Starting at Dunstable Fire Dept., L. on Pleasant St., L. on Pond St., R. on Parkhurst St., L. on Pond St., L. on Pleasant St., L. on Cross St., L. Groton St., L. on Hall St., R. on School St., L. on Groton St., R. on Kemp St., R. on Adam St., L. on Route 113 in Pepperell, R. on East St., in Pepperell, Continue onto river St., R. on Hollis St., L. on Fletcher St., L. on Main St., R. on Century Way, Back to Main St., L. on Main St., L. on Mill St., Cross Main St. to Oak St., L. on Depot St., R. on Main St., L. on High St., R. on Thorndike St., R. on Forest St., across Route 113 to middle section of Forest St. across Lowell St. to Forest St.(up the hill), at the end of Forest St., Turn around at Valley St., L. on Lowell St., Merge onto Main St., L. on Pleasant St. and L. into Dunstable Fire Department.

DUNSTABLE TOWN CLERK

- **The Annual Street listing will be mailed the first week of January 2023.** It will include a dog license application.
- **Are you interested in running for a town board position?** A list of open offices will be certified and published after the New Year. The legislature still has not approved the switch from elected to appointed for the Town Clerk but this bill is moving along and we're hopeful it will be resolved before the registrars certify vacancies for 2023.
- **Town Clerk Office Hours:** Mon: 9:00 AM-6:00 PM, Tues: 9:00 AM-1:00 PM and Weds: 9:00 AM-5:00 PM
- **Town Clerk, Ellen Faiella, can be reached at 978-649-4514 X222 or by email efaiella@dunstable-ma.gov.**

REQUEST FOR DOG TAG NUMBER

Note: This is not a dog license application

Name: _____
Phone #: _____
Dog's Name: _____
Requested Dog Tag #: _____

Do not send a fee with this form. You must still complete a dog license application. In the event of multiple requests for this number, a drawing will be held by the Dog Officer. Requests must be in by 12/14/22. No number higher than 500.

Send completed form to:

Town Clerk, Town Hall, 511 Main St., Dunstable, MA 01827

IN MEMORY OF

Donald J. Gelineau
Robert J. Stockton

ANNUAL HOLIDAY

**Community COOKIE SWAP
Saturday, DEC. 17 AT 1:00P.M.**

DUNSTABLE TOWN HALL

Annual Holiday Event...Families and friends gather to share their talents in cookie baking. Bring 3 doz. one kind of cookie (recipe optional). We will swap cookies and a little history of the chosen cookie. Bring an empty tin to take all your cookies home in. For more info email Sue at sjt0213@verizon.net



DUNSTABLE TOYS FOR TOTS

The Toys for Tots collection box for our local community is located at West Auto Repair, Inc. at 30 Pleasant St. (a/k/a Rt. 113) in Dunstable, MA and we thank all those who have generously donated in the first few weeks of this years collection campaign.

NEW THIS YEAR: last day for toy drop off will be Friday, December 9th. Please note this is earlier than in past years

Neighbors are asked to drop off new, UNWRAPPED toys during our business hours Monday - Friday 8AM - 5PM. As always gifts for older children (pre teens +) always seem to get over looked. Items to purchase for this age group include, but are not limited to: sporting equipment/bags/balls; books, backpacks, cosmetics, purses, watch/wallet gift sets, bath gift sets, board games, radio control cars/trucks, hand-held electronics, skateboards/helmets, curling irons, hair straighteners, and hair dryers. We are honored to be our community's toys for tots drop location and we thank you all for making this annual campaign such a huge success. Here's to another great collection year in 2022! ***Wishing you and yours a happy, healthy holiday season. The West family & our team at West Auto Repair, Inc.***

PLEASE NOTE: In case you missed this drop off, the Tyngsborough Public Library, 25 Bryant Lane, off of Kendall Road (Rt 113) has a Toys for Tots collection bin inside the Library until December 14th.



*I wish you a
Merry Christmas &
a Happy New Year!*

DUNSTABLE COUNCIL ON AGING

Elder Director: Anne Fenochetti 978-649-4514 # 223
afenochetti@dunstable-ma.gov Office hours: Tues 8-12, Wed. 9-11

Dunstable Council on Aging Barbara Martin, *Chairman*; Mary Dow, *Secretary*; Donald Pottle, *Joan Simmons*, and *Jean Haight*.

The Mission of the Dunstable Council on Aging is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs. Feel free to give us your ideas.

LUNCHES FOR DECEMBER

• **December 7, please join us for a HOLIDAY LUNCH** Sponsored by the Dunstable Police Union and provided by the students from the Greater Lowell Culinary Dept. Menu: tossed salad, boneless beef short ribs, vegetable, potatoes and pie with ice cream. **Reservations MUST have been made by November 29**, space is limited.

• **December 14** Pizza, salad and dessert. **At 12:30** following lunch **"SONGS FOR THE SEASON"** a holiday music program with Kathryn Rogers. Kathryn, an acoustic guitarist will play some of our favorite holiday music that we can sing along with.

• **December 21** Chicken cutlets, rice pilaf, carrots and dessert, provided by Dinner Made Simple. **D Christmas Party at 12:30** following lunch. We will be doing a Yankee Swap. Please bring a consumable gift in the \$10.00 – \$15.00 range. There will even be a visit from Santa.

Reservations for all meals are required one week prior to each meal.

Come and take part in, cribbage, dominos, and scrabble groups that are on hand each week.

• NO MEETING ON DECEMBER 28•

Please remember if there is no school because of snow there will be no senior meeting.

• **Bone Builders** Led by Brian O'Donnell and Linda Gill, is held on Wednesdays and Fridays from 10:30 to 11:30 and Fridays from 11:00 – 12:00 at the Dunstable library. Bone Builders is a FREE, low impact, balance and strength training exercise program. Please drop in if you are interested in joining.

• **High Tech Device Assistance** Could you use some help getting the most out of your I phone, tablet or laptop? Dean Lotito has volunteered, if there is a need, to be at the library on Wednesday, December 14 from 10:30 – 12:00 to help answer your questions. Just come with your phone, tablet or laptop. RSVP if you are interested.

• **Sand for Seniors** It's that time of year again when we need to think about snow and ice. The Dunstable highway dept. Will again oversee getting buckets of sand to those who would like one. Let's stay safe and keep those steps and sidewalks non-slippery. Call Christina at 978-649-4514 # 227 to reserve a bucket.

• **Book Group** Join us on **Saturday, December 17th at 10:30** at the Dunstable Library. We will be discussing, **The Maidens** by Alex Michaelides **Summary:** Marina finds herself on the campus of Cambridge University. A murder occurs to one of the students. Will it be the charismatic professor Fosca? How to the Maidens fit into all this. Everyone will need to get their own copy. Copies are available to order thru the library system.

• Well Adult Clinic will be January 25th from 11:00-noon•

Fuel Assistance Applications for renewals have already been sent out from Community Teamwork of Lowell. New fuel assistance applications are now available. Call 978-459-6161 for more information.

Alzheimer Support is a free service that assists Dunstable families who have loved ones with Alzheimer's disease or dementia. Through our free search tool and database of Alzheimer's care facilities, families in need of care for their loved ones can locate licensed care homes and communities in the Dunstable area that are best equipped to provide care for their loved ones. Go to www.alzheimersupport.com/memory-care/massachusetts/

**** **Fabulous Feet by Diane** Diane Stanley, a foot care specialist nurse, is now available to do home visits. She will check feet, trim nail, treat ingrown nails, corns and calluses. Experience with diabetics. Home visit is \$60.00 for a 1hour visit. Call 978-667-0644 to make an appointment.

**** **Brown Bag Food Program** Program offers a FREE bag of groceries the 4th Tuesday of each month. Each bag contains a variety of basic healthy foods. Bags need to be picked up at the Tyngsboro Senior Center. Call Laura Marsan 978-946-1303

• **Loaves and Fishes Food Pantry** is open to Dunstable residents providing food and support to families in need. Call us at 978-772-4627 ext. 312 or clientservices@lovesfishespantry.org for more information.

• **Medicare** Remember if you are turning 65 you should contact Social Security to enroll in Medicare. Medicare has no connection to your eligibility for social security benefits. If you have questions call Elder Services at 1-800-892-0890. **The Centers for Medicare and Medicaid Services at 1-800-633-4227.**

• **SHINE ... SERVING THE HEALTH INSURANCE NEEDS OF EVERYONE** A Shine Counselor will be at the Dunstable Library on **Wednesday, November 30th from 10–1** to assist you. **Appointments are necessary. Contact Anne at 978-649-4514 #223**

• **Book Delivery** is available through the Dunstable Library. Just let them know if you or someone you know needs books or audio material. Call 978-649-7830 to arrange a delivery

• **Van Service** is available for medical appointments and grocery shopping. Cost is \$5.00 for local trips, Lowell, Chelmsford, Nashua, Tyngsboro, Westford, Ayer, Groton & Pepperell. \$10.00 for any other. Check with Anne Fenochetti as soon as you know when your appointment is to make sure a ride is available.

• **Meals on Wheels** Do you or someone you know need the services of Meals on Wheels? This service is now being merged with Tyngsboro's MOW. For more information contact Merrimack Valley Elder Services 1-800-892-0890

•• We have applications for RMV handicap placards••

• **Elder Hotline** Finding the answer to questions about issues can sometimes be confusing. The Attorney General's Office has a state-wide, toll-free telephone hotline to assist individuals on a wide range of elder issues. The number is 1-888-243-5337 (TTY: 617-727-4765) Monday thru Friday 10:00 am– 4:00 pm This elderly hotline provides a valuable service to Massachusetts' senior citizens, their families, and other information about elder related issues and programs throughout the commonwealth.

• **Durable Medical Equipment** Try us **FREE** before you buy. Check out the COA's inventory. We have good, gently used walkers, wheelchairs, transport chairs, canes, commodes and much more that people have generously donated. These are on loan and need to be returned when not in use. PLEASE call first before you drop off items. Accepted items should be brought to the Town Hall only.

• **Message from the Fire Department** A volunteer from the Dunstable Fire Dept. is available to check your smoke detectors or help to install new ones. An appointment is required. **FREE • Night lights** are also available to keep you safe as you move around in the dark. • **Files of Life** Why everyone should have their own **File of Life**. Medical emergencies happen any time. When they do there is panic, urgency, and confusion. A File of Life puts needed answers in the hands of EMTs. It allows first responders to immediately begin the best possible treatment. Completed File of Life have a magnetic strip on the back and should be placed on your refrigerator.

• **Living Alone Safely in Your Own Home** The Dunstable COA is working with the Fire Dept and the Police to keep those seniors living alone safe in their home. They can secure a lock box with a key on to your door at your home so that in an emergency help would be able to get to you quickly. Information is available through the Fire Dept. If you need the assistance of the fire department for a non-emergency situation and you've called the fire station, and no one was there. **Please call 978-448-6666 (Fire/Police/ems Dispatch)** they will notify the proper person or service to assist you. **Office # 978-649-6661.**

Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

E-mail: anne@neighbortoneighbornewsletter.com

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Total Circulation is now 6,616 which includes Dunstable and Tyngsborough.

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588 Main St. 978-649-7830

For more library information go to

www.dunstable-ma.gov click on library

Mary Beth Pallis - Director – mpallis@dunstablepl.org

Karen Debreceni - Children's Librarian kdebreceni@dunstablepl.org

LIBRARY HOURS: Tues 3pm-8pm; Wed 10am-2pm,
Thurs 10am-6pm, Fri 10am-2pm; Sat 10am-2pm

Like us on FACEBOOK to receive program updates!

www.facebook.com/pages/Dunstable-Public-Library/

• **Community Room Artist** Check out the wonderful new artwork done by Alice Snizek. She has a fantastic collection showing in the community room!

• **Display Table** is Ryan Snizek's collection of vintage gas masks. Come check it out!!!

• **Preschool Story Hour**... Please come in with your 3, 4 or 5 year old for story hour. Story hour is held on Thursdays and Fridays. BEGINNING IN NOVEMBER : We will meet from 10:00am – 11:00am. The program includes stories, songs and a craft or activity. Come in and join the fun!

• **On Going Book Sale**... Is in the Community Room at the library. Come in and check out the selections that are here. Hard Covers are \$1.00, Paperbacks are 5 for \$1.00, DVD's are \$2.00 and CD's are \$1.00. If you would like to donate to the ongoing book sale, please bring current books (not older than 2 years) or any children's books in good condition. . Please bring your donations inside, instead of leaving them at the door. We cannot accept magazines, older books, or textbooks

• **Homework Club**... The library is offering homework help every Tuesday night from 5:30pm – 6:30pm for the school year. This is a free service for children from Kindergarten to High School. Honor Students from local high schools are available to help the children. These students help children understand their math homework and more. If your child is attending, please call between 3:00pm and 5:00pm so we can be sure a student will be here for your child.

IF YOU ARE A HIGH SCHOOL STUDENT AND WOULD LIKE TO VOLUNTEER TO BE A TUTOR, please email Karen at kdebreceni@dunstablepl.org to sign up!. It would only be 4 hours a month at the very most.

• **Adult Bookclub** - The book club will take place every 3rd Saturday of the month at 10:30am. Contact Sue Tully to find out the book of the month. SJT0213@verizon.net.

• **Chapter Book Reading:** ... Mrs. D will continue reading from a chapter book each Tuesday night at 6:00 pm. Please join her on dpl facebook live to listen to the story. Any suggestions for favorite chapter books will be appreciated. This month's book will be "A Christmas Carol."

• **Children's Activities for December:** • **Tuesday, December 13th the children will decorate their own gingerbread house!** This is an annual program that the kids really love! Please bring a bag of candy to share. Houses and frosting will be provided.

• **Tuesday, December 20th is the annual holiday workshop!** The children will make crafts to give to their family or friends! This program is best for ages 4 and up.

• **Pre-teen and teen take and makes will also be in the lobby!**

At this time the Town Hall is closed on Fridays

DUNSTABLE TOWN HALL DIRECTORY

Town Hall (978) 649-4514. *The departmental extensions are as follows:*

221 Town Accountant 222 Town Clerk 223 Council on Aging
224 Selectmen (handles many depts.) Also for Animal Control Officer.

After hours call Police at 978-649-8891. If emergency call 911

226 Building Inspector 227 Road Commission
228 Tax Collector/Treasurer 229 Board of Health
230 Conservation/Planning Board 249 Assessors, Water Dept

Please dial 0 if you need assistance.

Veteran's Officer 978-649-3919

POLICE NON-EMERGENCY 978-649-7445 POLICE & EMT 911

FIRE DEPT. TELEPHONE NUMBERS TO REPORT A FIRE CALL 911

Business Line.....978-649-6661 FAX.....978-649-6072

Alarm System* **978-448-6666*** can be used to call in a fire from cell phone

Visit www.dunstable-ma.gov for contact info, news & updates

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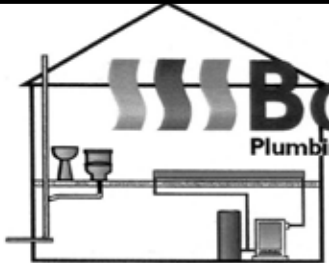
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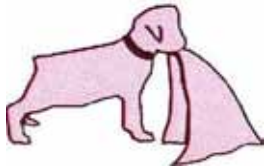


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REAL ESTATE TAX EXEMPTIONS AVAILABLE

You may be eligible to receive a property tax exemption if you fall into any of these categories: Legally blind person; Veteran with a service-connected disability; Surviving spouse of a disabled veteran or veteran who died from active-duty injury or illness; Senior citizen age 65 and older who meets income and asset requirements. You must have owned and occupied your property as of 7/1/2022. Supporting documentation is required for all exemption applications. Applications are available at the Assessors Office in Town Hall, or at www.tyngsboroughma.gov/departments/assessors. Applications for FY2023 are due to the Assessors Office by April 1, 2023. If you have questions, please call 978-649-2300 x 121.

DUNSTABLE VETERAN SERVICES

Greetings fellow Veterans. I just wanted to share a couple of items that might make your December and little more enjoyable, especially in this time of inflation • **The first is the availability of the Base Commissary at Hanscom AFB in Bedford** to any Veteran that has a service connect disability, and this includes surviving spouses who have not remarried. My wife and I shop there all of the time and we do indeed save quite a bit of money. Of course there is a small requirement, in that **you need a Veteran Health Identification Card, or a letter from the VA along with your Passport or Drivers License.** If you have any questions on this you can contact me or call the VA at 800-827-1000.

• **The VA disability benefits will increase in 2023.**

The Dunstable Veterans I would like to honor who were born in December, but who have since passed away that are currently in our database are the following:

Clifton Davis – 5 Dec – Navy – Korea
Howard Day – 22 Dec – Navy – WWII
Peter Georges – 17 Dec – Army – Other
Clifton Laporte – 26 Dec – Army – WWII
Norman Lambordi – 23 –Dec – Air Force – Korea

Our many thanks to those who went the extra step to serve their country.

Have a Very Merry Christmas and Happy New Year!

Joe Dean, Dunstable Veteran Services Officer

VSO@Dunstable-MA.Gov

978-496-0985

Former USMC SGT, Retired USAF CAPT

Proud to serve those who have served.



NEWS FROM
THE DUNSTABLE 350TH

ANNIVERSARY COMMITTEE

To stay in the know on upcoming activities and celebrations, follow us on Facebook @Dunstable350th, nextdoor.com, visit www.neighbortoneighbornewsletter.com or join our mailing list by sending an email to dunstable350@gmail.com to subscribe. You can contact the Committee via email at

anniversarycommittee@dunstable-ma.gov.

Dunstable's 350th Anniversary Calendar of Events

... **DECEMBER 2022: HOLIDAY LIGHT TOUR (Dec 1-Jan 8)**

We remember well, the joy of riding around after dark during the Holidays with children (or just ourselves), to enjoy the lights of the Season. **WE PROPOSE A CONTEST:** no entry fee, no cash prize, just BRAGGING RIGHTS in each of these themes!

• **Santa's Workshop** • **Classic Simplicity** • **Religious Traditions** • **Winter Wonderland** • **Inflatable Icons**

Register your street address and your chosen "theme" for example, 576 Main Street: Classic Simplicity on dunstable350@gmail.com and let the fun begin! Vote EARLY (at dunstable350@gmail.com) and OFTEN!! Judges' count is final!

• **January 2023:** Family Games Tournament sponsored by the Swallow Union PTO

• **February 2023:** Family Arts & Craft Show at SU: sponsored by PTO

• **March 2023:** Nissitissit String Quartet, March 26, Dunstable Town Hall Auditorium



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STITCHERS

AT TYNGSBORO SENIOR CENTER

All are welcome to Stitchers at the Tyngsboro Senior Center, located at **169 Westford Rd, Tyngsboro.**

Do you want to join us but you have arthritis in your hands and stitching is impossible? Looms are the latest craze because you can create lovely knitwear, lap robes, afghans, slipper socks and more with a loom, a hook, and your favorite color yarn. Our volunteer instructors will show you how it is done. **Our class takes place at the center every Monday from 10 to 11:30AM. Just join us.**

We would like to give a shout out to our gals who donated knitwear to the needy this month. They are Terry McInerney, Mary Teixeira, Lily Boudreau, Mary Joy Gasda, and Salky Stavolta.

The Stitchers are always in need of new yarn which can be dropped off at the center during the week. **For further information, call Jean Jacoppi 978-649-9076.**

BONE BUILDERS AT TYNGSBORO SENIOR CENTER

Bone Builders is a program for those with Osteoporosis. Specially designed exercises from Tufts University Research on Aging are proven to stop the process of bone loss.

Our education topic this month discusses over processed foods and their effect on our body. Attending class 2 times a week is recommended. **Classes take place every Monday and Wednesday at 9 AM at the Tyngsboro Senior Center 169 Westford Rd, Tyngsboro.** Doctor note is required. View a class before filling out paperwork.

Jean Jacoppi, Leader, 978.649.9076.

THE FRIENDS OF THE TYNGSBORO ELDERLY, INC.

We wish you a very Merry Christmas and a healthy, happy. New Year. Membership forms are at the Greeter's Desk of the Tyngsboro Senior Center. For more information, please call Elaine Rivard, Clerk at **978.649.7689.**



PACH

Hello neighbors, ready for a year end challenge to make yourself feel good, all while helping others in need? We are challenging our neighbors as we approach the end of 2022 as we are looking to collect 2,022 pounds of donations for the PACH Food Pantry located in Pepperell, MA. West Auto Repair located at 30 Pleasant St. (a/k/a Rt. 113) in Dunstable, MA is a drop location for donations and we bring donations to the food pantry twice a week on Tuesday and Thursday evenings. Donations can be dropped off at the repair shop between the hours of 8AM-5PM Monday-Friday. There is a blue donation bucket located in the office waiting area right inside the front door. If you stop by after hours there is also a blue collection bin outside the front office door feel free to leave your donations there as well. The volunteers at the pantry tell us that their customer base is growing week by week and only expect it to continue to get busier in the weeks/months ahead.

The pantry accepts all UNEXPIRED, non perishable items. They are also always in need of personal hygiene products such as baby care items like diapers and wipes, women's feminine products as well as soap, shampoo, conditioner, toothbrushes, toothpastes, shaving cream etc. for men, women and children. Household cleaning products are also welcome as well as laundry detergents.

Neighbors helping neighbors that's what it's all about especially during this holiday season when it can be an extremely difficult time for some. We know our neighbors are up to this challenge and we thank you in advance for any donation that you can make. **Collections can be made up through Dec. 22nd and then the pantry will be closed for the holiday break.**

*Thank you and happy holiday season from our family to yours.
The West family & our team at West Auto Repair*



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BOX TOPS is the nation's largest school fundraising program and **Swallow Union alone has earned over \$44k since its inception!** Even though physical Box Tops have been phased out, you can still continue to help our school by downloading the app and scanning your receipts to earn cash from hundreds of products (cereals, snacks, baking products, meals and sides, office products, etc).

DRTL CALENDARS ARE IN!

The talented, local photographer, Bridgette Braley has captured charming scenes and wildlife from our community in the Dunstable Rural Land Trust calendar this year. Calendars can be found at the Rose of Sharon Blossom Hill, Tully Dairy Store, Farmhouse Cafe, Library and General Store and are sold for \$15 each. You can also contact Patti Starbird at 978-649-6003.

AVOID MISTAKES WHEN USING A TRUST

By Edward H. Adamsky

Many people create trusts for their young children, or for a child with a disability, or for various other reasons. Trusts are a useful tool to reach the goals of protecting assets and children, but there are many mistakes that can happen when using a Trust. You should know and understand how to avoid these problems.

With many trusts you want and need your assets to be within the trust (held in the name of the Trust) so that the Trustee and the terms of the Trust will control the handling of those assets. You can move the title of your home and bank accounts into the name of your trust during your life, but for many assets that isn't possible. For those with retirement funds and life insurance, it is imperative to update your beneficiary designation and name your trust as the beneficiary.

You must also consider the terms of your trust carefully. If the trust is designed for your young children (in case both parents die while they are minors) you probably don't want the terms to say that the children get all of their share of the money when they turn 18. That's too young to receive a large amount of money. Your Trust should probably hold back the share of younger children until they are 25 or even 30 years old.

It's also crucial that you choose the right person to be the Trustee. For most people, they name themselves as the original trustees and then they name their oldest child as the first successor Trustee. This may be the right thing to do in many situations, but not in all. You want to make sure that you choose a person who can handle that job. Someone who is financially educated and completely trustworthy. Your Trustee also needs to have moral fortitude to properly follow your instructions even when others might urge them to do otherwise.

Funds in a Trust for a young adult may be countable for financial assistance at college, so you should keep that issue in mind when setting up the Trust. There are ways to make it non-countable for financial aid purposes, or the size and terms of the Trust may need to be considered with an eye to paying for college, if necessary. The key is to consider the possibilities for the future and to try to plan for various options.

You are not done when you sign the documents at your attorney's office and take them home with you. You should update all of your planning documents whenever there is some large change in your life and in any case review them every three or four years to make sure they still make sense with your family and life situation. If you have any questions, you should always contact your attorney and ask if you should update your planning tools.



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DUNSTABLE SCOUT SBSA TROOP 28

is open to girls who've completed 5th grade and are at least 10
years old. Our troop runs an integrated model, with boys and girls
together for all activities and meetings. **We meet at the Dunstable
Congregational Church on Mondays at 7PM. Come join us.**
website: <https://dunstable28.mytroop.us/contact>

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Web Site: www.tyngsborochurchofchrist.org

Email: thechristians@juno.com

Home bible studies in Nashua, Tyngsboro, Dracut, and Lowell.

**The next deadline is December 10th, for the January
issue of *Neighbor to Neighbor*. If you miss the deadline
please get in touch as soon as possible.**

email: anne@neighbortoneighbornewsletter.com

or mail: *Neighbor to Neighbor*

64 Hardy St., Dunstable, MA 01827.

Need more information about how to submit news? Do you have a
business? Would you like to know more about advertising?
Call **978-419-1914** If I am not available please leave a message,
I will get back to you as soon as possible. Thank you, Anne

CLOTHING SHED AT DUNSTABLE CHURCH



The clothing donation shed at the
Dunstable Evangelical Congregational
Church, **518 Main St, Dunstable MA**, is open to the public.

St. Pauly Textile Inc., the company that has provided the shed,
partners with a network of businesses and various organizations to
distribute donated items both here in the U.S. and worldwide, where
they're ultimately re-worn by people who need them. The Dunstable
Church additionally has the option to use donations to serve com-
munity needs. In 2019, the company was able to help keep over 20
million articles of clothing out of landfills, which clothed an estimated
2.5 million people worldwide. The company was founded in 1996
and is an A+ rated member of the Better Business Bureau.

**Accepted items: clothing, shoes, belts, purses, blankets,
sheets, curtains, pillowcases, and stuffed animals.**

PLEASE tie your bags, and do not leave bags outside the box.

COMMISSIONERS OF TRUST FUNDS

For Those In Need

**Are you a Dunstable resident who is experiencing financial
hardship?** We may be able to help. A century ago, various resi-
dents of Dunstable willed funds to the town to help those in need.
Dunstable's Commissioners of Trust Funds are responsible for dis-
bursing funds from the interest on these accounts each year. If you,
or someone you know, is a resident of Dunstable and could use
some one-time help with medical, pharmacy, grocery, or fuel bills,
let us know. Requests can be submitted by emailing the Commis-
sioners of Trust Funds www.dunstable-ma.gov/user/53/contact.
All inquiries are confidential.

Read Current and Past, Dunstable & Tyngsborough issues
and other articles online at
www.neighbortoneighbornewsletter.com

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DUNSTABLE BOARD OF HEALTH RECYCLING NEWS

On November 1, 2022, the Mass. Department of Environmental Protection put a ban on textiles being disposed of in the trash. Textiles are described as clothing, footwear, bedding, towels, curtains, fabric, and similar products.

The Town of Dunstable Board of Health and Big Brothers Big Sisters Foundation and CMRK has created a new partnership to allow residents to easily donate their clothing, textiles and small household items. CMRK has been collecting these items across Massachusetts for over 35 years.

Donating is easy. Residents can schedule a free home pick up by calling CMRK 508-466-4590 or schedule online at BBBSFoundation.org.

The average person gets rid of 85 pounds of clothing a year. 95% of that clothing can be reused or recycled. CMRK 's new diversion program allows them to give clothing a second life in an easy and convenient way." Big Brothers Big Sisters Foundation will pick up bagged clothing and textiles but also will accept boxed small household items such as pots, pans, small decor and more! At the new donation bins, you can drop off all bagged clothing, sneakers and textiles. CMRK also accepts non-usable clothing and textiles. Please be sure they are bagged and not wet, moldy or soiled.

Donating clothing helps the environment, helps save taxpayers money and helps clean out your closets. We look forward to forging a socially conscious and environmentally responsible partnership for years to come.

Bins are located on Pleasant Street next to the Dunstable post office. Please drop off bagged clothing, sneakers, etc. and textiles only. Do not leave any items, large or small, outside the bins. If you have small items, many items or large items, PLEASE CALL 508-466-4590 to arrange a pick up.

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COMMUNITY CARES CORNER

At West Auto Repair in Dunstable

Inside our waiting area at **West Auto Repair**, located at **30 Pleasant St. in Dunstable, MA**, we have our community cares corner. *This is open year round, not just at the holidays.*

Here you can drop off your pop tabs from carbonated beverages, pet food cans etc. which are **donated to Shriner's Children Hospital**.

You may also drop off your **donations for the PACH Food Pantry of Pepperell**. They are looking for a variety of canned goods, pasta, bread mixes and other non-perishable food items. The Pantry is always in need of personal hygiene items such as soap, shampoo and conditioner, diapers, feminine supplies, toothbrushes, toothpaste as well as laundry detergents and household cleaning supplies.

Donations can be dropped off inside the waiting area Mon-Fri, 8AM-5PM. After hours there is a blue bin to the left side of the front door where you can drop your donations. We could never do this without all of you, our neighbors, who graciously continue to support these organizations with your donations. For that we say *Thank You!*



PACH PEPPERELL FOOD PANTRY

Is open to Dunstable residents. PACH provides food, paper goods and personal care items. Anyone interested in this service can contact them at **978-925-9770** or www.pachoutreach.org PACH is located at **66 Hollis St., Pepperell**. Hours of operation Tues 5-7pm, and Thurs. 2-4 & 5-7pm.

If you would like to donate items for this program, you can drop them off locally, in the Community Cares Corner at West Auto Repair located at 30 Pleasant St. in Dunstable, MA.

Dear Community Members,

The Groton Dunstable Education Foundation (GDEF) is a local nonprofit organization dedicated to supporting our district above and beyond the school's budget. Over the past 19 years, GDEF has awarded nearly \$650,000 to fund hundreds of innovative and inspiring grants to enhance the quality of our students' education.

In the last academic year, GDEF awarded 11 grants across district schools totaling over \$17,500. We granted new and different types of requests such as:

- using digi-block manipulatives to enhance the mastery of math concepts at the elementary level,
- new EKG machines for the high school science program,
- and new decodable books for the kindergarten program.

• We also supported professional development in Technology in Education as well as sponsoring the Robotomies and Interact Clubs.

Each of the grants was made possible by the generosity and support of donors within our community. Your donations are directly returned to the hands and minds of our children in the form of play, science, arts, technology, math, literacy, social-emotional learning, and civics programming. Your support today will help ensure that our students will receive access to unique and innovative educational experiences that make them laugh and learn. To donate, please visit us online at www.gdefinc.org/donate.

For more information and to keep up with real-time updates, please visit our website www.gdefinc.org, like us on Facebook [Groton Dunstable Education Foundation], and follow us on Twitter [@GDEFinc]. Together we can help our children reach for the stars!

Thank you for your support,

The GDEF Board of Directors
*Andrew Carter, Susan Daly, Anu Davies,
Emily Davis, Kristen Ferrara, Kim Lindstrom,
Gina Meili, Stephanie Morrison, Lori Saafi,
and Amy Wheeler-Sutton*



CHARITY NAVIGATOR

There aren't many days that go by that we are not contacted to make a donation to different organizations. Want to make sure they are legitimate and the donated monies are well used? You can now look up these charities at www.charitynavigator.org



FIRST TUESDAY EVENING OF THE MONTH

Drive-Thru Session from 4 PM to 7 PM

NEW HOURS on Wednesday and Friday*

Drive-Thru Sessions - 10 AM to 1 PM

**Third Saturday of the Month Drive-Thru Sessions
remain from 9 AM to 12 PM**

CLOSED the Friday Prior to the 3rd Saturday of Every Month
MORE CHOICES FOR SPECIAL DIETS

We are now offering an enhanced selection of vegetarian, vegan, and gluten free options. We have no income requirements. If you are in need of food, just bring proof of residence in one of the towns we serve.

www.loavesfishespantry.org/need-services/faq-services/ or call 978-772-4627. Please follow us on facebook. **Loaves and Fishes Food Pantry is open to Dunstable residents** providing food and support to families in need. Call us at 978-772-4627 ext. 312 or clientservices@loavesfishespantry.org for more information.

When you contact a business or organization,
please tell them you've seen their ad or news in *Neighbor to Neighbor*. They would like to know.
Thank you, Anne



Matt's Monthly Mechanical Memo

By Matt Manning

This time of year we gather and spend more time together indoors where the air is more polluted, so let's take a look at how home heating systems can be used to significantly improve indoor air quality.

Mechanical ventilation systems, featuring Heat Recovery Ventilators (HRVs), install directly into existing HVAC systems and infuse fresh air into buildings while exhausting an equal amount of stale air to the outside. During heating season, HRVs replace stale indoor air with fresh air removing harmful allergens, pollutants, and excess humidity that negatively affect health.

By exchanging indoor/outdoor air at equal rates, a healthy balance is achieved. Thus these whole-home solutions not only improve indoor air, but effectively reduce heating system workload—because air is filtered & heated automatically—saving money in the long run.

Until next month, stay comfortable!

Matt

Got a question? Drop me a note!

matt@denommeeplumbing.com

May your home and holidays be peaceful and comfortable.



Wishing all our customers, neighbors, and their families, joy, good health, warmth, safety and comfort this holiday season. Throughout the year, count on us to look after any, and all, plumbing and hvac system needs, and to proudly stand behind our work—offering you peace of mind at the right price.

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ATTENTION 2023 HIGH SCHOOL GRADUATES RESIDING IN DUNSTABLE

Congratulations on your pending graduation!

We are delighted to announce the availability of the Helene Morgan Babcock and Alfred Babcock Memorial Scholarship, and invite you to apply for these generous funds as you continue your education.

During the winter of 1923, the home of the Morgan family here in town caught fire and was largely destroyed. The citizens of our community responded to the crisis by taking in the children (all 17 of them!), keeping the family together and aiding in the reconstruction of their home. One of the children, Helene Morgan Babcock, remembered the words of her mother, "Never forget the kindness of the people of Dunstable," and so established a scholarship fund to be made available to the graduating students of Dunstable as they continue their education.

The amounts of these grants are substantial, with one of the Babcock Scholars receiving \$4,000 each year for up to four years. A number of additional \$2,000 scholarships are granted to other students on a one-time basis (the main scholarship for 4 year full time only).

Additionally, Dunstable's Commissioners of Trust Funds authorized the Babcock Scholarship Committee to award the Russell G. and Shirley L. Tobey Scholarship, which is a one-time award of \$1,000. Applicants applying for the Babcock Scholarship will be automatically considered for the Tobey Scholarship; there is no additional application required. The Tobey Scholarship recipient will be chosen using the Babcock Scholarship selection criteria.

Scholarships may be applied to expenses incurred in the pursuit of advanced education beyond the secondary level in two or four year institutions, vocational education institutions, or formalized apprenticeship programs.

Starting January 30, 2023, applications will be available at the town hall, library, your school guidance office, by emailing babcock-scholarshipfund@gmail.com or on our facebook page. Completed applications can be submitted electronically to the above email, or to the PO Box listed below **no later than Wednesday, March 10, 2023.**

Questions regarding the application process can be sent to babcockscholarshipfund@gmail.com. We hope you take advantage of this wonderful opportunity.

Babcock Scholarship Trustees, P.O. Box 24 Dunstable, MA 01827

TRASH & RECYCLING YEARLY SUBSCRIPTION

The yearly subscription with the Town of Dunstable for trash and recycling pickup began on July 1, 2022. Once again for the 5th year, we will not be raising the fee; it remains at \$300.00/year.

New subscribers can use the same options.

PLEASE call or email for the amount due, as they deduct \$ for each month gone by.

- Pay on line on the town webpage www.dunstable-ma.gov and choose online payments. Scroll half way down the page to Trash-Board of Health.

- Mail a \$300.00 check made payable to the Town of Dunstable to P.O. Box 268, Dunstable, MA 01827.
- Drop off a check or cash to the Town Hall Monday-Thursday 9:00-4:00 p.m. Please write Joan – Trash Payment on your envelope.

Overflow bags can also be purchased on line or at the town hall. The cost is \$3.00 each, sold in rolls of 5 for \$15.00. Although there is not a specific spot to purchase the bags on line, just fill in the amount on the trash & recycling renewal page and we will recognize the amount is for the purchase of bags. Bags may be picked up at the town hall Monday-Thursday 9:00 a.m.-4:00 p.m. Bring a copy of your receipt if you paid on line.

If you need to reach us for any reason, please email me at jferrari@dunstable-ma.gov or health@dunstable-ma.gov. You may also leave a message at 978-649-4514, Ext. 229.

TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



The Little Red Schoolhouse,
64 Main St, Dunstable, MA (Route 113).

Not far from the Dunstable/Tyngsborough town line near Rte 3

We hope you have enjoyed the programs we presented this year and encourage you to suggest new ones for 2023.

Thank you to those who have renewed their membership and have made donations! We appreciate your kind support.

Membership forms and more info is available at

www.tdhistoricalsociety.org

Email address: tyngsboroughdunstablehs@gmail.com

HAPPY HOLIDAYS!

Catie's Closet

• Opening a Door to a Brighter Future Catie's Closet improves school attendance and graduation rates, as well as the mental, emotional, and physical health of students facing poverty, homelessness, and other crises by providing free, in-school access to clothing and basic necessities and uniting with community partners to meet students' other immediate needs.

• **Our Work** We give children in crisis the resources they need to thrive in and out of the classroom. Catie's Closet transforms unused areas inside schools into safe, welcoming spaces where students in grades preK-12 can discreetly shop, free of charge, for clothing, toiletries, and other necessities.

By arming students with the power of choice, Catie's Closet fuels their confidence, encourages them to stay in school, and unlocks opportunities to break the cycle of poverty.

• **Want to Get involved?** Donate Goods, Donate your new and gently used clothing to Catie's Closet and help a child or teen in need feel empowered today and for the future. Learn more about how to get your items to us. You may drop off donations to Catie's Closet Headquarters, 19 School Street, Dracut, MA 01826. Hours of Operation: 10am to 5pm, Monday-Friday Phone: (978) 957-2200

• **Donation criteria:** We accept items that are appropriate for children attending school. All items donated should be free of excessive wear, rips, stains and any inappropriate sayings or gestures. New and gently used clothing.

Youth boys & girls sizes 3 – 20. Teen boys & girls sizes XS – 3X | 00 – 24 and 28 – 48. Infant & toddler size 0 month – 2T. Tops: tank tops, short sleeve, long sleeve, sweaters, hoodies, outerwear. Bottoms: shorts, jeans, pants, sweatpants, capris, leggings/activewear. New full sized toiletries. Youth: shampoo, body wash, toothpaste, toothbrushes. Teen: shampoo, conditioner, deodorant, soap, toothbrushes, toothpastes, shaving products, feminine products. New socks and undergarments. We accept all youth and teen sizes of underwear, bras and socks. New shoes, All sizes accepted. Other items we accept: Accessories, school supplies, backpacks/duffel bags, jewelry, formal wear, career wear uniforms, textured hair products

• **We do not accept any household goods, furniture, toys/books or baby products.**

So much more information is on the website. If you would like to make a donation you may make it online at the website
<http://catiescloset.org> Host a Drive, Volunteer, Shop Amazon Wish Lists, End of Year Giving.

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Nonprofit Organization Founded in November 2018

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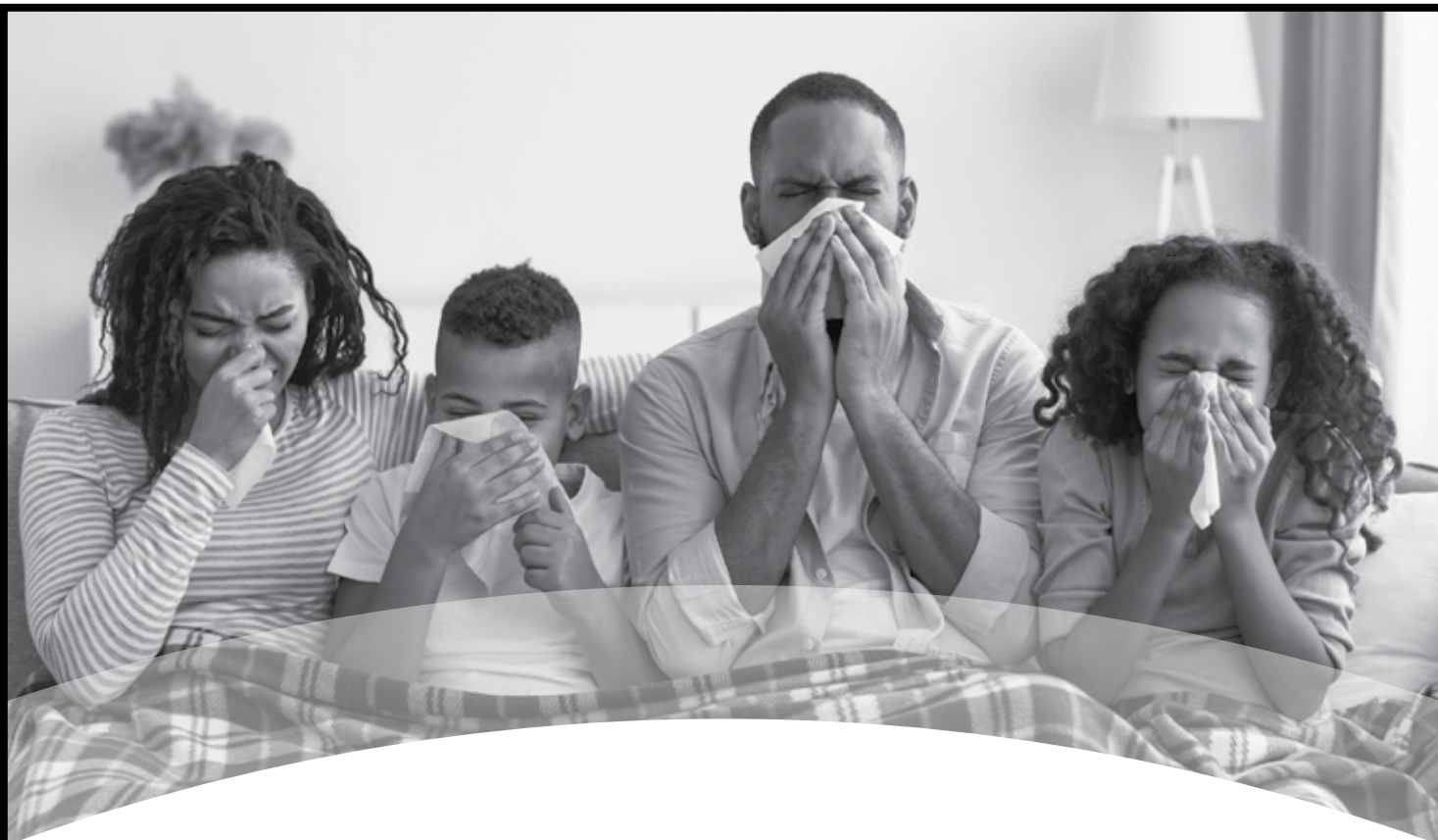
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Thank you, Anne



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The Wish Project

166 Middlesex St., North Chelmsford, MA 01863

This is behind Hertz Car Rental

thewishproject.org

For information email: info@thewishproject.org
1-866-947-4360

Our Thrift Store is open 9-2:30 Tuesday-Saturday. It is located in our warehouse. All are welcome.

If you would prefer to shop online, and ship directly to the warehouse, please take a look at our Amazon Urgent Needs Charity Wish List [https://smile.amazon.com/Target Charity Wish List](https://smile.amazon.com/Target-Charity-Wish-List) <https://www.target.com/gift.../gift/thewishproject-wishlist>

UPCOMING PROJECT BITS Bags February-March Deadline for dropping off items is 3/18/23

• **Goal** We provide BITS (Basic Items for Toddler Success) Bags to children who may experience developmental delay due to lack of these simple interactive toys to stimulate them. Our goal is to provide BITS Bags with educational and developmental toys to young children.

How can you help: Donate \$35 and we can provide a bag in your name or in the name of your company, Donate complete bags, Collect items for bags and we will put the bag together.

Items Needed: Bags will ideally be cloth or otherwise reusable, sized 8 x 10 x 4. (Optional), New unused Books: Bath, Board book, picture book or first reader, Bubbles, Sidewalk Chalk, Beach Ball or Ball, Crayons, Coloring Books, Rubber Ducks, No Stuffed Animals Please!

The Wish Project partners with hundreds of social workers from many local agencies including: Anne Sullivan, MSPCC, CTI South Bay, Clarendon and others.

Items we accept: We accept a range of items including: clothing, childcare items, furniture, beds, kitchen items and household linen.

• **Baby Needs:** High Chairs, New car seats, Play mats, Single & double strollers (no umbrella strollers), Baby blankets, Diaper bags, Safety kits, Bassinet, Crib, and Pack-n-Play sheets, Diapers in sizes newborn, 2, and 6, Baby wipes. • **Clothing Needs:** Kids sneakers and winter boots in all sizes, Kids winter coats, especially sizes 7/8, 10/12, 14/16, Adults winter boots in all sizes, Adult winter coats in all sizes. • **Appliances:** Toaster ovens, Toasters, Crock pots, Coffee makers, Heaters and Fans • **Cleaning & Hygiene Needs:** Kids toothbrushes, Body wash for kids, Body wash, Tear free baby wash, Shampoo/Conditioner, Dish soap, Dish sponges, Kitchen sized trash bags, Gallon sized zip lock bags. • **Furniture & Home Goods Needs:** Queen mattress and box spring sets in good condition, no rips or stains, Full mattress and box springs sets in good condition, no rips or stains, Twin mattress and box springs sets in good condition, no rips or stains, Metal bed frames in twin, full, and queen size, Can openers, Small/medium sauce pans, Shower curtain liners and rings, Pot holders, Steak knives, Towels- Face, hand, and bath size.

Donate Goods We accept a wide range of goods that can be dropped off during appointment times only. **If dropping off items, please first review our Donation Guidelines. You must download and fill in the donation form that is available on the web-site** <http://thewishproject.org>



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DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827
www.dunstablechurch.org
 978-649-6251

DECC is a caring community of faith where we are all on a journey together finding hope, purpose, connection, and wholeness as followers of Jesus. Wherever you are in this walk of life, we invite you to join us.

- **Sunday Morning worship service begins at 10:30 AM.** Masks are optional. Social distancing is according to your comfort level. If you are not able to attend in person, the service is available to stream from our website, www.dunstablechurch.org.
- **Dunstable Church is offering an Adult Class on Prayer**, using Jennifer Kennedy Dean's workbook "Live a Praying Life." **Sunday morning classes begin at 9:00 AM in Fellowship Hall.** You are all invited to experience the challenges and blessings with us. If you would like more information, please email Kathy Mackel (mack-elkathy@aol.com).
- **The Christian church's season of Advent** is a four-week period in preparation for the foretold birth of the Messiah. This began on November 27th and continues to Christmas, through teaching and readings, we explore beyond the manger to moments of expectancy as the coming of Christ approaches, while commemorating His first coming at Christmas. It is not a season of waiting and watching. It is a season of opening up our lives and souls with active anticipation and renewed hope. Over the four weeks leading to Christmas, we light the candles of the Advent wreath which symbolize Hope, Peace, Joy, and Love. The accumulation of light as the candles are lighted is an expression of the growing anticipation of the birth of Jesus, the Light of the World. The Christ candle in the center is lighted on Christmas Eve.
- **On Christmas Eve, our evening service will begin at 7:00 pm.** Come a little earlier to enjoy singing some extra Christmas carols. **Sunday, December 25th, our service will begin at 10:30am.** **We hope you enjoy a safe and blessed Christmas season!** IF YOU ARE OUT OF THE HABIT OF ATTENDING CHURCH, COME BACK. PEOPLE NEED YOU. YOU NEED PEOPLE. Come visit your community church.
*May the Lord walk between us while we are absent,
 one from another.*

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TYNGSBOROUGH GARDEN CLUB



At our November meeting, attendees learned about theorem painting and set about to create one of their own. The seasonally appropriate subject was a holly sprig. Some attendees managed to complete their paintings; most had additional work to do, so we are planning a meeting sometime in January to continue.

Club volunteers were to convene at the Parish Meeting House for a bed clean out and bulb planting party on Saturday, November the 12th. Greens Night scheduled for Nov. 29th at the church. Also, at the November meeting, we selected a theme for the Club's sub-mission for the Festival of Trees. Our theme this year is Children's Garden. Plans for the Holiday potluck in December are underway.

New Garden Club members are always welcome and the public is invited to attend individual programs for a nominal fee of \$5. **We do not meet in January, but on February 7th, we will kick off the spring programming season with a presentation by the new Director of the Tyngsborough Conservation Commission—Emilie Brush.**

Unless otherwise noted, meetings take place at the Evangelical Congregational Church at 23 Kendall Rd. and begin at 7 pm. Club dues are \$20. For more information, please contact us at tynggardenclub@gmail.com Linda Sheldon, President

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 in the December issue? Deadline is November 10th.
 If you missed the deadline contact me ASAP.
 Questions, call 978-419-1914
 or email: anne@neighbortoneighbornewsletter.com

FINANCIAL FOCUS

COLA is sweet for Social Security recipients

If you receive Social Security, you've probably already heard that your checks in 2023 will be considerably bigger. In fact, there's an 8.7% cost of living increase, known as COLA. How should you use this extra money?

Of course, the sizable COLA is due to the high inflation of 2022, so you might need the larger checks to help pay for the increased cost of goods and services. But if your cash flow is already relatively strong, you may want to consider a few different moves.

First, the extra money may enable you to withdraw less from your investment portfolio, possibly helping it to last longer throughout your retirement.

Also, you could use some of the bigger checks to build your cash reserves, both in your portfolio and as part of an emergency fund.

You might also want to put some of the extra money into a tax-advantaged 529 education savings plan for a grandchild or another family member. Or, you could boost your contributions to charitable groups.

Future COLA increases likely won't be as large as the one for 2023 – so try to take full advantage of it while it's here.

Content provided by Edward Jones for use by Jorg Skowranek, Local Edward Jones Financial Advisor, Member SIPC

TYNGSBOROUGH-DUNSTABLE



Rotary is a global network Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs. Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

If you are interested in membership, please call or text Ron Keohane at (508)517-3895 or Brian Day-Lewis at (978)399-4952. Want to join a meeting? **We meet at Dream Diner** in Tyngsboro on 1st and last Thursday of the month at 8:00 am. Second and third Thursday of the month, we meet at 12:00 at Dream Diner.

For further information, go to our Website:

<https://www.facebook.com/tyngsborodunstablerotary/>

THE HOLYROOD COLLABORATIVE

<i>St. John the Evangelist,</i> 115 Middlesex St North Chelmsford (978) 251-8571	<i>St. Margaret of Scotland,</i> 374 Stevens St Lowell (978) 454-5143	<i>St. Mary</i> 25 North Rd Chelmsford (978) 256-2374
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Office Hours: Monday, Tuesday, Thursday 9am-5pm,
Wednesday 9:30am-5pm and Friday 9am -3pm
www.theholyrood.org

Pastor Rev. Brian E. Mahoney Parochial Vicar Fr. Fernando Ayala
Staff Offices: 115 Middlesex Street, North Chelmsford, MA

Confessions St. John: Mon. 4:30-5:30pm & Sat. 3-3:45 pm
St. Margaret: Tues. 4:30-5:30pm & Sat. 1-2 pm
St. Mary: Wed. 4:30-5:30pm & Sat. 11am -12 noon

• WEEKEND MASS SCHEDULE

St. Mary: 4pm on Saturday, 7am and 11am on Sunday
St. John: 4pm on Saturday, 9:30am and 6pm on Sunday
Also 12pm African Liturgy (2nd, 3rd and 4th Sundays)
St. Margaret of Scotland: 4pm on Saturday and 7:30 and 10am on Sunday

• DAILY MASS SCHEDULE Monday thru Friday

St. Mary at 7am • St. Margaret of Scotland 8am • St. John at 9am

•• Please check on the website www.theholyrood.org
for events leading up to Christmas Services
or call the office of a particular Church.

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For questions or more information

call our office **978-649-2262**

www.tyngsborocongregational.org

Pastor Denis Frediani

Our Weekly Sunday Worship Services are at 10:00 AM

If you prefer to stay home, Services are available on line.

• **TO WATCH LIVE SERVICES**

Log on directly to facebook and go to Ecct Church. You may also log in at any time and watch the recorded services.

• **CHILDREN'S CHRISTMAS PROGRAM** - Portions of this wonderful celebration were held each week during our Sunday morning services on Sunday, Nov 27th, Dec. 4th. There will also be one on **Sunday, December 18th**. Please come and join us and support our awesome and beautiful children celebrate the meaning of Christmas.

• **CHRISTMAS EVE CANDLELIGHT SERVICE** (Dec. 24th) AT 7:00 pm **PLEASE BRING YOUR FAMILY AND CELEBRATE THE BIRTH OF JESUS - ALL ARE WELCOME!!!**

• **LADIES BIBLE STUDY** - Tuesday mornings 9:30 am to 11:30 am.

• **MEN'S BIBLE STUDY - CORRECTION:** This study will be held on **TUESDAYS**, 6:30 pm to 8:00 pm.

• **CHILD CARE** is available each and every Sunday morning for your younger children so plan to come and enjoy our church services.

• **We are sad to announce that Pastor Denis Frediani will be retiring and leaving us after January 1st, 2023.** He and his wife Joanne will be greatly missed and we cannot thank him enough for the past 20 years that he has served our ministry. We wish them the best in their retirement and may God Bless them richly!!!

• **On Sunday, January 8th, 2023 we will welcome Pastor Bernie Michaud who will be our interim pastor until we find a settled pastor.**

*We wish everyone a very Happy Holiday Season
and Safe New Year!*

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You can remain updated by visiting our website www.tyngsborocongregational.org or please check our Facebook page for unexpected closure dates. We are always looking for volunteers to help us out. **If you can spare a few hours a week, please call Charlotte at 978-649-7803.** Thank you to the dedicated volunteers who so faithfully show up each day! We could not do all the good that happens every day without your help. You are truly a blessing to us!



THE HOPE AND HEALING ADULT GRIEF SUPPORT GROUP

LAST SATURDAY OF EACH MONTH 10:30 a.m.-12:00 p.m.

ST. JOHN THE EVANGELIST OLD PARISH HALL

115 MIDDLESEX ROAD, N. CHELMSFORD, MA

WHEN SOMEONE IN YOUR LIFE DIES When someone close to you dies everything changes in your family, in your life, and your dreams. Often this can turn your life upside down. Know you are not alone in your grief and loneliness. The Hope and Healing Adult Grief Support Group meets on the last Saturday of each month.

All are welcome to a safe place to share your story, find comfort, hope and encouragement, as you continue a new path in life.

Registration is not required.



Altrusa Club of Merrimack Valley continues its work in our communities, making a difference in the lives of others.

Altrusa members conducted a FOOD DRIVE to benefit the Open Pantry of Greater Lowell, which services the 7 communities of Lowell, Billerica, Dracut, Dunstable, Tewksbury, Tyngsborough, and Westford on Saturday October 22, 2022 at the Market Basket, Chelmsford, MA and collected approximately **4000** pounds of non-perishable food items as well as assorted paper products. The pantry truck was full. In addition, cash donations in the amount of **\$260.00** and \$70 in gift cards were forwarded to the Pantry.

Altrusa is very thankful to Market Basket for allowing us to host this event in Chelmsford and extremely grateful for the support of its customers. The overwhelming generosity of the Market Basket patrons helped fill the empty shelves at the Pantry.

Altrusa's mission is to promote literacy and to make a difference in the lives of those in need in our communities. From September through June, the **Altrusa Club meets at the Tyngsborough Senior Center on the 2nd and 4th Tuesdays of the month. To learn more about Altrusa, e-mail us at altrusamv@gmail.com.**

BILL NEEDS A KIDNEY

I live in Tyngsboro and have run my own construction business since I was 15. Diabetes wrecked my kidneys and now I need a transplant to live. I have been on dialysis for 5 years but my life is now: work, sleep, dialyze. My wife and kids are not medically able to donate but they would love to have me back in action and able to sit through a holiday dinner. Thanks to the voucher system, anyone in the USA can donate in my name and give where they live. I get a voucher and get the next one. You can help me find a kidney by spreading the word. See below. Email me for supplies and details at deehunnewell@gmail.com or call Donna at 978-375-3572.

You only need one kidney to live. The procedure to donate is minimally invasive and recovery is a few weeks. There should be no cost to the donor in any way. Even lost wages are compensated. And if you ever need a kidney, as a donor you go to the top of the list. Most kidney donors say it is the best thing they have ever done. They are honored to have been able to save a life. To find out more about donation go to www.billneedsakidney.com.

You can help! We can put a lawn sign if you live on a busy road. Share the website on Facebook or any social media FB/Bill Needs a Kidney. Post our flier at work, school, your house of worship or any gathering place. Email me to get a flyer.

KITTY ANGELS

is a no-kill shelter dedicated to rescuing stray and abandoned cats, furnishing them with treatment for injuries or other health problems, and placing them into life-long, loving, indoor homes with compatible owners.

Kitty Angels is an all-volunteer organization. **We have no paid staff - every cent of every donation goes to caring for needy cats!** Please consider making a tax-deductible donation. You can do so by clicking on the "DONATE" button on our Facebook page; mailing a check to Kitty Angels, P.O. Box 638 Tyngsboro, MA 01879; or using the PayPal link on our website: www.kittyangels.org. You can donate Gift Cards, Cat Food, Medical Supplies, Cleaning Supplies, Towels. If you have small antiques, collectibles or other items to donate please contact Gail Mosher at gailmosher@gmail.com or leave a message with us. 100% of the proceeds will go to Kitty Angels. For other ways you may help, please visit the How to Help page on our website at www.kittiangels.org/howtohelp.html. Kitty angels, Inc. is an all-volunteer, 501(c)3 non-profit organization. Your donation is fully tax-deductible.



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Elected Post 247 Officers serving for 2022-2023 Commander: Matt DeLucia; Sr. Vice Commander: David Simpson; Jr. Vice Commander: Executive Board: Joe Conlin, Ray Hamelin and Fred Carroll. Bartenders: Matt, Judi, Diane and Derik.



THE BRUSH STUDIO ARTISTS'

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Annual Members Exhibit featuring the New England Sculptors Association

Through December 23, 2022

The Brush Art Gallery and Studios

256 Market Street, Lowell, MA 01852

Artist members of The Brush Art Gallery & Studios and the New England Sculptors Association were eligible for this exhibition. This year we had an open call with no required theme, although, small works were encouraged because they make great gifts.

Notice the end date of the exhibit. Purchases can be taken home for Holiday gifts on December 23. Members also enjoy a 10% discount on purchases from the main gallery.

Artists included this year are: Louise Abbott, Elisa Adams, Freedom Baird, Susan Barahal, Donna Berger, Linda Cargiuolo, Rose Carney, Martha Chason-Sokol, Jody Cross-Hansen, Michael delaVega, Dave Drinon, Jane Estella, Claire Gagnon, Kevin Harkins, Chrissy Theo Hungate, David Jones, Janice Jones, Kriev, Madeleine Lord, Barbara Ludinsky, Maria Luongo, Monica McDermott, Lisa Nelson, Julie Nussbaum, Ivan Orlinsky, Matthew Reed, Paul Richardson, Daniel Rocha, Laurie Simko, Raksha Soni, Bob Stegmaier, Gay Tracy, Elisa Vanelli, Norma von Fricken, Kellie Weeks, Alan Weinstein, Tom Whiting, Sherry Winkelman, Jean Winslow, Rebecca Harriet Wisniewski, and Melanie Zibit.

Jurors: Michael H. Lally, former President and current Vice President of Brush Art Gallery & Studios Board, former Executive Director of Whistler House Museum of Art. **Erin Noonan Desco-teaux**, retired art instructor of Lowell Public Schools, current board member of Brush Art Gallery & Studios, former board member and collections committee member of Whistler House Museum of Art. The Brush is supported by the Lowell National Historical Park

We are located in the building behind the Visitor Center on Market Street. Parking is available in the HCID parking garage at 350.4 Dutton St, Lowell, MA 01852 (Head for the flagpole near the opening in the large mill building after parking)

HOURS: Through December 31: (Tues - Sat) 11:00 am - 4:00 pm
(Sun) 12:00 noon - 4:00 pm



Neighbor to Neighbor

*Published by Anne M. Paquin
Since 1983*

64 Hardy St., Dunstable, MA 01827
(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com
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A sincere thank you to all of you who advertise. I truly appreciate your continued support of Neighbor to Neighbor. Hopefully when you call on the businesses you let them know you have seen their ad. They do like to know. The circulation has grown to a total of 6,616 issues delivered free of charge, to all residents and businesses in Dunstable and Tyngsborough. Things have certainly changed since 1983. But the purpose of Neighbor to Neighbor continues to be the same. To give you some local news, interesting and informative articles and a place to find local businesses to help you in your every day life.

I want to thank all of you who take the time to send in your monthly updates, for your club or organization and for your wonderful articles. I know the time goes by fast and seems like it is always the deadline. I do continue to accept news and ads after the deadline. Your business cards might not be in yet or there is another meeting to finish planning your event the day after the deadline. Just let me know you have info coming in and I will hold your place for a few more days.

It is important to have contact info in your articles. It can be a name and number, webpage, Facebook page or email address. It is especially important in the winter when the weather might change. This way people can get in touch to see if your fundraiser is still going on or if your event has been canceled or postponed. Remember, if I am informed I can post the update on the website.

News, articles and events are posted on the main pages of the website often. Also the upcoming issues are posted there before the 1st of the month, prior to the delivery of the printed editions.

I wish all of you a Happy Holiday Season whether it be Christmas, Hanukkah, Fiesta of Our Lady of Guadalupe, Boxing Day or the beginning of winter.

*Best wishes for a Healthy and Happy New Year
Sincerely, Anne*

I look forward to hearing from you soon!




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Please visit the website for more information about Beaver Brook. www.beaverbrook.org

Beaver Brook Association has 2,187 acres of forest, fields, and wetlands in Hollis, Brookline, and Milford, New Hampshire. This land lies where the southern transitional forest meets the northern hardwood forest, creating a diverse landscape of interest to the naturalist and the hiker alike. On this landscape is a network of over 35 miles of trails, which provides a quiet and contemplative setting for daytime excursions. Forest and wildlife management is practiced throughout the property to protect and encourage a diverse array of native species.

BBA also protects significant portions of two watersheds and has designated natural areas. We encourage the public to visit our gardens and trails, which are open from dawn to dusk seven days a week, and discover the natural world.

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We are a carry-in and carry-out facility

- Hunting is prohibited
- Dogs are welcome but must be leashed at all times and under control by their owner. All dog waste is to be bagged and taken with you
- Camping and campfires are prohibited
- Blue-blazed trails are designated as "multi-use" which allows horses and bicycles.
- Motorized vehicles are strictly prohibited on all of BBA property
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- Please follow the principles of Leave No Trace
- Remember to Hike Safe!

In the event of an emergency on the trails call 911

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PEPPERELL TREE SERVICE

We are 100% committed to customer satisfaction and working safely and efficiently on your property at all times. Your home and trees are our number one concern. So maintaining a high level of professionalism is paramount. Be it pruning, stump grinding, hazardous tree removals using a crane, or yard expansions, we take our job at your home or business seriously.

Utilizing cranes of various sizes to fit the need for your yard or even our rubber track excavator can provide a zero footprint result. There are different cost effective ways to remove your trees, so let us go over different options with you. Free Estimates. Fully Insured. Emergency/Storm Damage Service

Thank you for considering Pepperell Tree. Todd Fratus, Proprietor 978-569-3032. Please call or text. We want your local work and want to serve you!

DUNSTABLE TYNGSBOROUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need. We are currently looking for community minded members to join, please contact membership chair Joe Ward his contact information is below.

The Dunstable Tyngsboro Lions Club would like to announce the first female President since the existence of the club which was formed in 1977.

Officers for the 2022-2023 Lions Year

President: Laura Ward; 1st Vice President/Treasurer: Kristine DeMonico; 2nd Vice President/Secretary: Meg DeMonico; Membership Chair: Joe Ward; LCIF Chair: Mark Alexander; Media/Marketing: Charline Vigna; Tail Twister- Jorg Skowranek; Lion Tamer- Richard Lowe

Anyone interested in joining the lions is asked to contact Joe Ward 978-930-1153. Our Regular Meetings are held on the first and third Tuesday of the month starting at 6:30 pm at Princeton Station 147 Princeton St., in N. Chelmsford, MA. Our Facebook Page is <https://www.facebook.com/DunstableTyngsboroLionsClub>

If you would like to make a donation, please send to: Dunstable Tyngsboro Lions Club, P.O. Box 93, Tyngsboro MA 01879

Projects the club has completed over the past year

Dracut Old Home Day- Saturday September 10th, 2022

GrotonFest- Saturday September 24th, 2022

Free Senior/veteran breakfast October 20, 2022 at the Tyngsborough Senior Center.

Merrimack Food Bank- October 22nd, 2022

Also: Annual Thanksgiving baskets, Diabetic Rescue kits for the town schools, Free annual Easter Breakfast with the Easter Bunny Free senior/community Pancake Breakfasts, Eye glass collections and screenings, Sock and Clothing drives for Veterans and Homeless, Earth Day Clean up

YOU CAN HELP BY DONATING THE FOLLOWING:

- **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.
- **Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- **Can tabs** please place into bags before putting in the boxes.

Lion's collection boxes for eyeglasses, hearing aids and can tabs be located at: Tyngsboro Post Office- 353 Middlesex Rd Tyngsboro MA 01879; American Legion Post 247 -90 Pawtucket Blvd., Tyngsboro MA 01879; Tyngsboro Council of Aging Center - 180 Lakeview Ave Tyngsboro MA 01879; Dunstable Town Hall - 511 Main St Dunstable MA 01827; Dunstable Post Office- 170 Pleasant St Dunstable MA 01827; Dunstable Library-588 Main St Dunstable MA 01827

Pennies for Sight: "Your change- changes people's lives" See a Lion cannister around please consider donating. Every Penny Counts!

"Alone we can do so little; together we can do so much." Helen Keller