

Neighbor to Neighbor

Published by Anne M. Paquin Since 1983 64 Hardy St., Dunstable, MA 01827 (978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com www.neighbortoneighbornewsletter.com Celebrating 39 Years of Service

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POSTAL PATRON TYNGSBOROUGH, MA 01879

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TYNGSBOROUGH TOWN CLERK NEWS

 2023 DOG LICENSES are available at the Town Clerk's office or by mail. Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. If renewing by mail, please enclose a stamped envelope for the license as well as your dog's proof of rabies vaccine.

Stay safe! Please contact the office at 978-649-2300 extension 129 or email to jshifres@tyngsboroughma.gov with any questions.

ADOPT-A-FAMILY

Tyngsborough Public Schools ~ School Committee Tyngsborough Community,

It is that time of year again, and the Tyngsborough Public School's sponsored Adopt-A-Family program is beginning its annual efforts as we approach the 2022 holiday season.

The Adopt-A-Family program has been in existence for over forty years and provides assistance to needy families within our community during the holidays. The continued goal of the program is to assist those in need within our community who might otherwise go without. Last year this Adopt-A-Family program was able to assist over 100 needy families with help from students in our schools, private citizens and a few community businesses. Again this year, we plan to support families with gift cards this season as times continue to be difficult for a growing number of families.

In order to continue to provide assistance, we are reaching out to community members and businesses in the greater community for support. At this time the program is in need of the following: · Gift cards to Walmart, Market Basket, and Amazon will be greatly appreciated and can be mailed to the address below. • Monetary donations (checks made out to Tyngsborough High School, memo: Adopt A Family Program) can be sent to Tyngsborough Public Schools, 36 Norris Road, Tyngsborough, MA 01879, ATTN: Sharon Fairbanks Any questions please email one of the committee members.

We look forward to establishing new partnerships within our community. Your contribution, along with the combined efforts and generosity of many, will ensure another successful season of giving for our neighbors in need.

Warm regards, Sarah Lewenczuk, 978-649-8914, Adopt-A-Family Secretary & Treasurer, Sarah.lewenczuk@tyngsboroughps.org Sharon Fairbanks, 978-649-7488, Adopt-A-Family Community Liaison, <u>Sharon.fairbanks@tyngsboroughps.org</u> <u>Melissa Mallous</u>, 978-649-3115, Family Liaison, <u>Melissa.Mallous@tyngsboroughps.</u>

TYNGSBOROUGH TOWN HALL HOURS

Monday & Tuesday: 8:30AM to 4:30PM Wednesday: 8:30AM to 7:00PM Thursday: 8:30AM to 4:00PM Friday: Closed www.tyngsboroughma.gov

IN MEMORY OF

David F. Crockett Robert "Bob" Martin Richard W. Miller Jr. Robert Seitz Shirley A. (Crowell) Meehan Deborah Jean (Cunha) Kasabian Donna (Sheridan)O'Gorman-Connolly Sally R. (Entwistle) Melanson Denise Anne (Poverchuk) Gizzi Terie Lea (Van Dolman) McGovern

Earl J. Landry Thomas J. Martin C.P.A. Lucille I. (Perry) Bergeron Joseph G. Casper Elaine Kirby Salvatore Michael Lombardi Joseph James Mitza Alan D. Richardson



VETERAN'S DAY EVENT

On behalf of the Tyngsborough Veterans and Veterans organizations, I would like to invite you to the upcoming Veterans Day event in the center of Town at the newly placed monuments.

The Town of Tyngsborough with the American Legion, Amvets Post 247, Woman's Auxiliary, and Sons of the American Legion will hold a Veteran's Day Event at the Tyngsborough Veterans Memorials on Friday, November 11, 2022, at 11:00 AM. This event is free to the public.

This Veterans Day event will also officially dedicate the memorials which were recently relocated in the center of Town. Additionally, there will be a wreath laying by the River Falls Girl Scout Service Unit.

Christopher Derv

Town of Tyngsborough Veterans Service Officer Tyngsborough Town Hall at (978) 649-2300 ext 131 or email veteransagent@tyngsboroughma.gov

TYNGSBOROUGH BOARD OF HEALTH YARD WASTE COLLECTION Nov. 16 - 18th

Please mark your calendar. • YARD WASTE COLLECTION runs Wed - Fri.

- Please put out your yard waste by Wednesday at 7AM.
- MISSED yard waste collections, please call Republic Services at 978-649-7564 by 5PM Monday evening. Recovery will occur by FRIDAY.
- Place all yard waste in open barrels or yard waste bags. Twigs and sticks (less than 4 inches in diameter) may be tied and bundled. Yard waste in plastic bags will not be collected.

Happy Thanksgiving!



TYNGSBOROUGH HIGH SCHOOL

is proud to announce Ginelle Cote, Nathaniel Marino, Meshwa Patel, and June Wholey as September Students of the Month. Ginelle Cote, daughter of Brenda and Scott Cote, is a member of the National Honor Society, the Spanish Honor Society, and Phi Theta Kappa Honor Society. She is a recipient of the Harvard Prize Book Award, Commitment to Learning Award, Outstanding Achievement in Mathematics Award, Outstanding Achievement in Instrumental Music Award, a two-time recipient of the Outstanding Achievement in Science Award, and a three-time recipient of the Academic Excellence Award. In addition, she is a recipient of recognition for the Technical Excellence in Set Construction and Stage Crew. Ginelle is a member of the BioBuilder Club, Medical Professionals Club, Yearbook Club, Baking Club, Multicultural Club, DECA, and the Diversity, Equity, and Inclusion Club. She is a class officer serving as vice president and the senior representative for student council. Ginelle also plays on the varsity tennis team receiving a team Coach's Award. She volunteers at the Wish Project, Tyngsboro Block Party, Festival of Trees, town wide cleanups, House of Hope, Valentine's Dance, Shamrock Ball, Merrimack Valley Food Bank, Helping Hands Thanksgiving Food Drive, PTO Trunk-or-Treat, and Fall Festival. In her spare time, Ginelle likes going on walks with her friends and baking. Her favorite subjects are math and science, and she hopes to become a physician assistant and work in pediatrics. "I think looking back, homecoming will always bring me fond memories. It's always so exciting because everyone in the grade works together when we compete in challenges. I feel like THS has prepared me really well for moving forward with my education. With help from administration, I've been able to do dual enrollment for two years. I'm very excited to enter college as a sophomore!"

Nathaniel Marino, son of Anthony and Jennifer Marino, is a member of the National Honor Society and the Spanish Honor Society. He is a recipient of the Massachusetts Association of School Superintendents' Award, Saint Michael's College Book Award for Scholarship and Service, Outstanding Achievement in Visual Arts Award, Commitment to Learning Award, Core Values Award, and a two-time recipient of both the Outstanding Achievement in English Award and the Academic Excellence Award. He represented THS at the Student Government Day and at the Hugh O'Brien Youth Leadership Conference. He serves as the student representative to the Tyngsborough School Committee and is a member of the BioBuilder Club and president of the student council. In his free time, Nathaniel volunteers at the Wish Project and at the Tyngsborough Public Library and enjoys his hobbies of real estate and spending time outdoors. His favorite subject is history, and his future plans include becoming a real estate agent/developer. "I've made great connections with many staff members and students. When I look back on THS, I'll remember the great times at homecoming with my class. I enjoyed showing our school spirit together and look forward to what senior year will bring! Participating in clubs and other activities has always been something I've looked forward to after school. I feel the education I've received at THS has prepared me for college.'

Meshwa Patel, daughter of Ashish and Viraj Patel, is a member of the National Honor Society and the Spanish Honor Society. She is a recipient of the Rensselaer Medal Award, Commitment to Learning Award, a two-time recipient of the Outstanding Achievement in Mathematics Award, and a three-time recipient of the Academic Excellence Award. Meshwa is a member of the Baking Club and the Diversity, Equity, and Inclusion Club. Additionally, Meshwa is the founder & president of the Multicultural Club, secretary of the Medical Professionals Club, secretary of the student council, vice president of social media for DECA, and communications director of the BioBuilder Club. She is a member of varsity tennis and is a recipient of the Most Dedicated Award and the Coach's Award. She was also a member of the field hockey team. Meshwa volunteers at the Wish Project, Merrimack Valley Food Bank, Tyngsboro Block Party, Shamrock Ball, Valentine's Dance, Fall Fest, PTO Trunk-or-Treat, Helping Hands Thanksgiving Food Drive, and at LGH in the surgical daycare, supply chain, and medical staff offices. Her hobbies include reading, going on walks, and biking. Her favorite subjects are chemistry and math, and

after college, she hopes to secure a job that allows her to travel the world. "Thinking back on THS, I made amazing friends and developed great relationships with my teachers and coaches. I will always remember all the fun memories with my classmates in sophomore year Tiger Talk, AP Bio, and AP Chem."

June Wholey, daughter of Lisa Wholey, is a member of the National Honor Society. She is a recipient of the Core Values Award, Commitment to Learning Award, and the Principal's Award. June represented THS at the Student Government Day and was a semifinalist for Seeds of Fortune, Inc. scholarship. She is a member of the Baking Club, Multicultural Club, Medical Professionals Club, and Senior Sidekicks. She is a founder of the Diversity, Equity, and Inclusion Club, co-president of the Yearbook Club and a class officer serving as co-secretary. June is a member of the varsity tennis team and has also participated in varsity and club gymnastics. Her community service involvement includes the Wish Project, Festival of Trees, Tyngsboro Block Party, PTO Bingo Night, Foundation for Face walk-along, and the International Institute of New England Afghan refugee sewing events. Her various hobbies include shopping, baking, going to the beach, traveling, interior decorating, and dancing. Her favorite subjects are anatomy and career exploration through road trip nation. "My days at THS provided me with so many opportunities to be involved and make a difference both at school and in the community. Throughout high school, I have been surrounded by good friends and I am confident that these friendships will last a lifetime. I am grateful for the support that my teachers have provided, throughout my high school career. I have fond memories of preparing for homecoming events, attending football games, and participating in high school gymnastics meets. I'm so grateful for all of the dedicated teachers and speech & language pathologists who have helped me throughout my life. I strive to be optimistic everyday!"

Congratulations to all four of these students.



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Neighbor to Neighbor

Published by Anne Paquin Since 1983
64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

É-mail: anne@neighbortoneighbornewsletter.com
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Total circulation is now 6,616 which includes Dunstable and Tyngsborough, MA.

DO NOT PUT OFF YOUR ESTATE PLANNING

By Edward H. Adamsky

Many people think that **estate planning** is only for the wealthy. But everyone needs to do some planning even if you don't think you have an **estate**. The reality is that whatever you own when you die is called your **estate**, and those assets need a way to be transferred to those you leave behind. You might use a Will or perhaps a Trust to handle the transfer of your assets. And another unfortunate reality is that people of any age die all of the time. You cannot wait until you are old to do your planning.

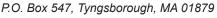
There are also parts of your planning that are not just about dying and passing your assets to your heirs. A large part is for when you are still alive. You need a Power of Attorney and a Health Care Proxy in place so that a trusted person, chosen by you, can handle things for you if you get sick and cannot do it yourself. We all know now that this could happen to anyone at any time. You, and your family, need to be ready for it.

There are many other aspects to proper planning for your lifetime and for your death. You need to get your assets and information organized for those you leave behind. You need to make things easy by making lists of all of your assets and having the right paperwork and information handy for your family. They need to know all the information that you know.

It is a great idea to have experienced professionals to help with this. A Financial Advisor can help you consolidate and coordinate your financial assets and can help with some estate planning by setting up accounts that can pass to others immediately and outside of a Will or Trust (thus avoiding Probate). Your tax advisor can help you make sure that it will be easy to file your final tax returns after you die. A professional organizer can help if you don't have any systems and your paperwork is a mess.

You should see an experienced Estate Planning and Elder Law attorney to discuss your estate planning options. Everyone is different and what your neighbor or friend did may not be exactly right for you. Most people do need the basic tools in place, but there are so many variations that it makes sense to speak with a professional who can tailor your planning to your specific needs and desires. Don't wait, do your planning now!

TYNGSBOROUGH SCHOLARSHIP TRUST



1963 * Celebrating 59 Years * 2022

At the time of this writing The Tyngsborough Scholarship Trust is looking forward to the annual **Holiday Marketplace** on October 30th

Stay tuned for upcoming details about **Trivia Night** and **A Wine**, **Cheese and Chocolate Tasting Night**. Information will soon be shared, for these 2023 events.

We would like to extend a special **Thank You** to the THS alumni who have been generous donors to our organization. Your generosity helps us continue our mission of providing scholarship dollars to all seniors from Tyngsborough who apply and volunteer their time to earn a scholarship. If you are considering a taxdeductable donation for the end of the year, please keep us in mind!

Are you an Amazon shopper? Sign up for the 5% of your eligible purchases at no cost to you! Sign in using your existing amazon account to get started, and choose the Tyngsborough Scholarship Trust to benefit from this **Amazon Smiles** program! When you shop at smile.amazon.com, Amazon donates 0.5 donation from Amazon.

A reminder to the 2022 scholarship recipients, please be sure to submit proof of school enrollment to the TST at P.O. Box 547 Tyngsborough MA 01879 so you can receive your first or second scholarship payment.

The TST meets on the second Thursday of the month at THS. For 59 years volunteers from our community have been coordinating fundraising and awarding scholarships to high school students from Tyngsborough. We welcome and need your help to continue this town tradition. Please contact info@TyngsboroughScholarshipTrust. org with any questions.

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TYNGSBOROUGH COUNCIL ON AGING



169 Westford Rd, Tyngsborough, MA 978-649-9211

Mailing Address: 25 Bryants Lane, Tyngsborough, MA 01879 Email: Broche@tyngsboroughma.gov Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3.

CENTER CLOSED: Veterans Day –Friday, November 11th Thanksgiving Holiday - November 24th & 25th

••COA Board Meeting, November 15th, 3:30 PM••

- CARD MAKING with Rep. Colleen Garry Wednesday, November 9th, 10:30Come join the fun making crazy cards for friends, love ones, or family. Not hard at all, just lots of fun.
- VETERANS' DAY CELEBRATION Thursday, November 10th at 11:30 Today, it is our privilege to say "thank you" to all of America's veterans, to let them know that we appreciate them for their service and honor them for their sacrifices.
- **BOOK CLUB** (Monthly) Wednesday, November 16th ,10:00 Instructor Carol Sides. "Before we were yours" by Lisa Wingate.
- THANKSGIVING DINNER Friday, November 18th, 11:30 \$7.00 pp Come and enjoy a Thanksgiving Dinner with all the fixings at the Senior Center. Head count goes in one week prior to dinner. (pay the greeter)
- SENIOR DANCE (Monthly) Wednesday, November 23rd, 12:30 2:30 Participation will certainly increase physical and mental health, boost self-esteem, and give you something new to learn all at the same time.
- CHRISTMAS TREE SHOP Monday, November 28th, 10:30-12:30 It's that time of year again. Time to get your Christmas list ready. Join us for this shopping trip. Bus is available. Call 2 days in advance 978-649-9211.
- BINGO Every Tuesday, 12:30-2:30 This activity keeps your mind stimulated. You will ave plenty of fun and excitement and it gives you a chance to socialize with others and have a great time.

- BONE STRENGTH... FREE Doctor's note <u>NOT</u> required. Wednesdays 10:00 / Fridays 9:00
- WALKING GROUP Meet at the Tyngsboro Council on Aging. Wednesdays 11:00 / Fridays 10:00 After Bone Strength Tired of walking alone? Come and join the walking group. It's a good way to expand your workout, and help many people. improve their heart health.
- CRIBBAGE Every Tuesday, Mornings @ 10:00 12:30 We have openings for cribbage players.
- Merry Christmas! Christmas Celebration, Friday, December 16th, 11:00a.m ~ 1:30p.m, Cost \$7.00

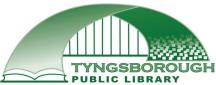
 Entertainment by Kathy Rodger

 Mass
 Cultural
 Council
- FUEL ASSISTANCE Help is available! Program run by Community Team Work, help income-eligible households pay part of their winter heating bills and a small % of your electric bill. If your gross household income falls within the limits, you may qualify for fuel assistance. The Senior Center taking applications. Call 978-649-9211.

DONATIONS / VOLUNTEERS NEEDED

Coffee (ground and k-cups), 12oz. Cups. Paper Plates— Small and Large. We could use Holiday plates and napkins. Plastic Spoons, Forks, Knives. Regular white Napkins. Sugar Packets

- Need part-time bus driver, every Wednesday and fill in when second bus is need.
- VAN DRIVER needed 1 day a week and fill in.
- Outreach Worker Call for an appointment 978-649-9211
 The Outreach program provides information and referrals to seniors and their families about programs and services provided by the Council on Aging and other agencies in the elder network. Charlene Muscato works collaboratively with many agencies serving seniors, including home care, legal assistance, protective services, housing and visiting nurses
- The SHINE PROGRAM Whether you are new to Medicare reviewing your prescription drugs coverage or medical plans and you need assistant for a Medicare review call, 1-800-MEDICARE



25 Bryant Lane, Tyngsborough, MA 978-649-7361 www.tynglib.org

Library Hours: • Mon. & Wed. 10:30 a.m. – 8 p.m.

• Tues. & Thurs., 9 a.m. – 5 p.m.

• Sat., 9 a.m. - 2 p.m. • Fri. & Sun. Closed

EARLY CLOSING Wednesday, November 23rd 9a.m. - 4p.m. CLOSED Thursday, November 24th Thanksgiving Day

- An Evening with Henry David Thoreau: Wednesday, November 9th at 6:30p.m. Step back in time to 1857 and spend an evening with the famed 19th-century writer and naturalist Henry David Thoreau! This program is great for students and adults alike who have an interest in local history and American literature. Registration is not required.
- Local Author Reading: *The Unwanted* by Peter Clenott: December 14th at 6:30p.m. Join us as local author Peter Clenott reads from his recently published historical fiction novel, *The Unwanted*. Book Summary: "In September 1939, the Nazis have just invaded Poland. Fourteen-year-old Hana Ziegler is being taken by her grandfather and psychiatrist to a euthanasia center. Sixteen-year-old Silke Hartenstein graces the covers of Nazi propaganda magazines. Avi Kreisler, a detective in the Munich Police Department, is being rounded up to be imprisoned in Dachau. The patrician father of Charlie McAuliffe intends upon seeing his eldest son the first Catholic president of the United States. In *The Unwanted*, in the aftermath of war, revenge will bring these four people together in ways unimagined." Published by Level Best Books, June 2022.
- Writers' Group: Monday, November 14th and 28th 2022 at 6:30p.m. Join us for a writing workshop! Expand your knowledge on writing; critique each other's work; and get advice on the craft. New and long-time writers are welcome! This will be an ongoing program. The Writers' Group will meet in the Special Collections room of TPL. Meetings will last from 6:30 pm to 7:45 pm.
- Writers' Group—Children's Literature: Wednesday, Nvember 16th at 6:30p.m. If you're interested in crafting and publishing children's books and stories, join us to participate with a group of likeminded individuals to discuss, critique, and broaden your children's literature knowledge. All skill levels are welcome and encouraged to join. The Children's Literature Writers' Group will be meeting in the Special Collections room of TPL. Meetings will last from 6:30 pm to 7:45 pm.
- Adult Coloring Club: The Coloring Club meets on the first Wednesday of each month, from 6:30 pm to 7:45 pm. Come color and socialize!
- Knitting & Crochet Group: Open to all knitting and crocheting levels. Get together with friends and make some new ones!
 Meets on the second Tuesday of each month from 10:30 AM – noon in the Community Room at Tyngsborough Public Library.
- Saturday Knitting & Crochet Group: Saturday, November 12th at 10:30a.m. Open to all knitting and crocheting levels. Get
- **12**th **at 10:30a.m.** Open to all knitting and crocheting levels. Get together with friends and make some new ones! Meets on the second Saturday of each month from 10:30 AM noon in the Community Room at Tyngsborough Public Library.
- Tyngsborough Library Book Club: Wednesday, November 30th at 6:30p.m. This month's book pick is *A Man Called Ove* by Fredrik Backman. Visit tynglib.org/book-club for the complete lists of books. No registration required. This month's book is available at the front desk to be checked out. The club will be meeting the last Wednesday of the month up through December at 6:30p.m.
 - Visit Tynglib.org/events to check out all of the upcoming virtual events!

Register for TPL programs by calling or emailing (circdesk@tynglib.org) the Library or using links provided on the online calendar for virtual programs.

Library News continued on next page

- Take advantage of the best time of year to plant a lawn. Call for a quote.
 - Brush Hogging/Field Mowing
 - LOAM SAND STONE
 - Call or Order Online at www.LONGOLC.COM

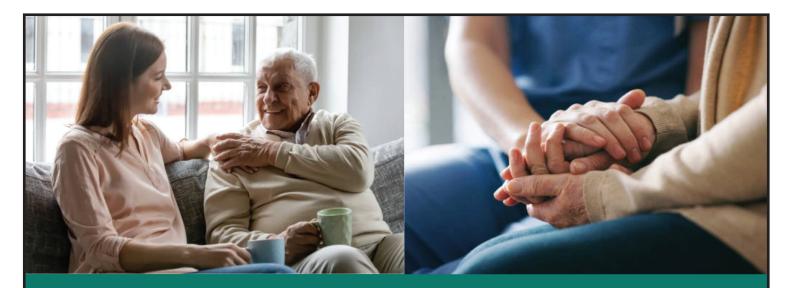


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TYNGSBOROUGH LIBRARY NEWS CONTINUED Kids & Teens

Weekly Programs:

- Weekly Playgroup Wednesdays at 11 a.m. (ages 0-8) The Community Teamwork Family Resource Network is back for a weekly playgroup! Join us for our community playgroup where we will work on Early Literacy skills and much, much more! Ask us about any resources we can help provide for you and your family! The Family Resource Network is funded by the Coordinated Family and Community Engagement Grant (CFCE) from the Massachusetts Department of Early Education and Care. No registration required.
- Storytime with Mr. Chance Thursdays at 11 a.m. (ages 0-5) Join Mr. Chance for stories, songs, and fun! Storytime builds early literacy skills and social skills. All families welcome. There is no storytime on Thanksgiving Day.

Monthly Programs:

- Club Pokemon, Monday, December 5 at 4:00 p.m. (grades 3-5) Through the Pokemon TCG, your child will learn strategic skills, participate in friendly competition, and have fun! Whether you have binders full of cards or are just learning to play, please join us! You may also bring video game consoles and mobile devices to share your love of the game. Older grade levels may volunteer to assist. Club Pokemon is sponsored by Newbury Comics. No registration required.
- LEGO Challenge Club, Saturday, November 19 at 11 a.m. (all ages with a grownup) All ages are welcome to join our LEGO Challenge. See our Instagram @tyngsboroughpubliclibrary for examples of past LEGO Challenge creations. No registration required.
- TPL Comic Club, Monday, November 14 at 4 p.m. (grades 3-5) TPL Comic Club reads *Olga and the Smelly Thing from Nowhere* by Elise Gravel. Register at tynglib.org/events or call 978-649-7361. What is TPL Comic Club? It's simple: 1. Read the book. 2. Discuss at the meeting. 3. Do a fun activity! All books in the TPL Comic Club are for grades and up. All young readers are welcome.

Special Programs:

Education and Care. Register online.

5 - Check website for time Exploring playful movement using stories, yoga, breath, mindfulness, music, and songs. This is fully experienced through the body. This modality helps children and adults release energy through play and aids in self-regulation. A fun way for families to connect with themselves and each other. Recommended for ages 3-5. The Family Resource Network is funded by the Coordinated Family and Community Engagement Grant (CFCE) from the Massachusetts Department of Early

• Deep Play for Kids with Jenn Gadbois, Saturday, November

• Pajama Jam with Bernadette Baird, Saturday, December 3 - Check website for time

Music, fun and PJs! Recommended for ages 0-5. See our website for more details closer to the event. The Family Resource Network is funded by the Coordinated Family and Community Engagement Grant (CFCE) from the Massachusetts Department of Early Education and Care. Register online.

- Subscribe to our Newsletter! Visit our website tynglib.org (under the 'ABOUT' tab) or ask a librarian to sign you up and stay updated on all our upcoming programs, new releases, library updates, and more!
- Board of Library Trustees Meetings are generally held monthly on the 3rd Thursday. Check the TPL or Town websites for scheduled meetings.
- Friends of the Library Join in the fun and support your library! Meetings are held 9 Mondays per year at 6:30 p.m. in the Library. See the TPL website for dates. Also, check out the new and easy way that you can join or renew your membership to the Friends of the Library right from the Friends link on our website simply by using the "Join and Pay" or "Donate" buttons.

Like us on Facebook, follow us on Instagram @ tyngsboroughpubliclibrary and Twitter @tyngsboroughlib

When you contact a business or organization, please tell them you've seen their ad or news in *Neighbor to Neighbor*. They would like to know. *Thank you, Anne*

MINIMIZING FOOD WASTE AROUND THE HOLIDAYS - RECIPES!

by Sustainable Tyngsborough

Transform your Decorative Pumpkin

- Roasted Pumpkin Seeds: Cut your pumpkin in half, stem to bottom. Scoop out the seeds, put them in a strainer, and rinse, picking out the pulp. Use a paper towel to soak up as much of the moisture as possible; the dryer the seeds, the crispier they will get. Toss the seeds in some avocado or olive oil (1 tablespoon per 2 cups of seeds), add salt (and any other seasonings you'd like), then spread out on one or more cookie sheets. Bake at 325° for 20-30 minutes or until seeds are light brown and crispy. Let cool completely before storing.
- Pumpkin Puree: Now that you have scooped out the pumpkin seeds, rub cooking oil and sprinkle salt on the flesh of each half (this helps seal in the flavor). Line a cooking sheet with parchment paper and place each half flesh side down on the paper. Poke a few holes in the skin of each half with a fork or knife. Bake at 350° for about an hour or until skin is soft. Let cool then scoop the flesh from the skin and puree in a blender or food processor until smooth, adding a little water if necessary.
- Pumpkin Muffins or Bread (submitted by Rose Mitchell) Ingredients: 1 cup oil (or 2 sticks melted butter), 2 cups pumpkin puree (recipe above), 3 cups sugar, 3 eggs, beaten, 2/3 cup water, 3 ½ cups flour, 2 tsp baking soda,1 tsp salt, 2 tsp cinnamon, 1 tsp ginger, Chocolate chips (optional). Mix oil, pumpkin, sugar, eggs and water together; Add the rest of the ingredients and mix for one minute at medium speed. Add the chocolate chips. Muffins: Bake at 400° for 17-19 minutes; Bread: Bake at 350° for 50-60 minutes. Thanksgiving Leftover Casserole (Adapted from Erica Walker, favfamilyrecipes.com) Prep time: 5 mins; Cook time: 30 mins.; Servings: 6 Ingredients: 1 ½ cups cooked turkey, shredded. 3/4 cup cranberry sauce, 2 cups mashed potatoes, 1 cup corn, 1 cup turkey gravy, 2 tablespoons milk, 2 cups stuffing, Chicken broth or butter to taste **Directions:** Preheat oven to 400°. Butter bottom and sides of a 9x13 glass baking dish. Combine turkey and cranberry sauce and spread evenly on the bottom of the baking dish. Evenly press leftover mashed potatoes and sprinkle corn over the top. Mix together milk and leftover gravy and spread evenly over potatoes and corn. Sprinkle on leftover stuffing and lightly drizzle chicken broth (or butter) over the top (to keep stuffing from drying out). Cover with tin foil and bake for 25-30 minutes or until heated through.

Sustainable Tyngsborough is a subcommittee of the Board of Selectmen. We meet the third Tuesday of every month, beginning at 6:30pm. You are always welcome to join us and share your sustainability ideas and concerns. Like us on Facebook @ Sustainable Tyngsboro.

CHARITY NAVIGATOR

There aren't many days that go by that we are not contacted to make a donation to different organizations. Want to make sure they are legitimate and the donated monies are well used? You can now look up these charities at www.charitynavigator.org

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Mon. & Tues., 8:30AM to 4:30PM • Wed.: 8:30AM to 7:00PM Thurs.: 8:30AM to 4:00PM • Closed Friday Until Further Notice

Meeting schedules are posted at the front entrace of the Town Hall Town Hall Directory Main Number 978-649-2300

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Assessor's Office	Ext. 121	Planning Board	Ext. 115
Board of Appeals	Ext. 112	Town Treasurer	Ext. 126
Board of Health	Ext. 118	Veteran's Agent	Ext. 131
Building Office	Ext. 112	Sewer Dept.	Ext. 134
Town Clerk	Ext. 129	Board of Selectmen	Ext. 100
Town Collector	Ext. 128	Town Administrator	Ext. 100
Conservation Office	Ext. 116	Recreation & Parks	Ext. 150
Capital Asset Mgmt Com	Ext. 124	Highway Dept 978-649-2310	

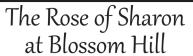


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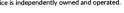
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TYNGSBOROUGH HIGH SCHOOL

is proud to announce Mohammed Aldulaimy, Alexa Nogler, James O'Keefe, and Delaney Salerno as the October Students of the Month.

Mohammed Aldulaimy, son of Omar Aldulaimy & Zeena Alrawy. is a member of the National Honor Society. He is a recipient of the College Board AP Scholar with Honors, Assumption University Book Award, Commitment to Learning Award, Outstanding Achievement in World Language, and a three-time recipient of the Academic Excellence Award. In addition, Mohammed is a member of the student council, served as class treasurer for all four years, and was a member of the BioBuilder club. He is a captain of both the cross country and swim teams. He volunteers at the Tyngsboro Block Party and cleaning up town trails. His hobbies include listening to music, stargazing, and running. His favorite subjects are mathematics and history. His plans include becoming a computer programmer while getting to travel the world. Thinking back on his days at THS he said, "THS has taught me how to get involved with the community, whether it's volunteering, designing, or pitching ideas for the benefit of the school."

Alexa Nogler, daughter of Andrea Nogler and Lee Nogler, is a member of the National Honor Society. She is a recipient of the University of Rochester George Eastman Young Leaders Award, a two-time recipient of the Outstanding Achievement in World Language Award, and a three-time recipient of the Academic Excellence Award. She has served as class president for four years, and is also a member of the student council, the Medical Professionals Club, and the Multicultural Club. She volunteers as an Alumni Mentor with Project 351 and is a classroom assistant at her dance studio. She loves to read, spend time with friends, and dance, and her favorite subjects are biology, anatomy, and math. Her future goals include going to medical school, traveling, and having a family. "From THS, I have gained knowledge, life lessons, and lifelong friendships. School has allowed me to step out of my comfort zone and really get involved in many different things. Fond memories that I will take with me are all of the memories made during homecoming, especially the ones we all have made together this year as seniors!'

James O'Keefe, son of Mike and Mary O'Keefe, is a member of the National Honor Society. He is a recipient of the Core Values Award, a two-time recipient of the Outstanding Achievement in Social Studies, and a three-time recipient of the Principal's Award. James is a captain of the football and baseball teams and a twoyear captain of the basketball team. He volunteers his time with the youth basketball and football programs, at the Big Red wrestling tournament, Tyngsboro Block Party, and school clean ups. He loves playing sports and his favorite subjects are math and history. His goals include graduating college, majoring in business management with a minor in real estate, and starting a successful real estate business. "I've gained friends and lots of memories. School has been a place where I can see the people I don't see on the outside and be a place of togetherness. Spirit weeks, Friday night lights, and many other memories will be with me for the rest of my life." Delaney Salerno, daughter of Amy and Joe Salerno, is a member of the National Honor Society. She is a recipient of the Salem State University Book Award and Scholarship, Outstanding Achievement in Computer Science Award, Academic Excellence Award, and a two-time recipient of the Principal's Award. Delaney is a member of the student council, the varsity lacrosse team, winning the 2022 Central Massachusetts Division 2 Championship, and was a member of the varsity cheerleading squad her freshman year. She volunteers at the United Way of Greater Nashua, Tyngsborough Elementary School clean up days, Zero Waste Days, Tyngsboro Block Party, and Tyngsboro Youth Cheer. She enjoys reading, playing lacrosse, snowboarding, and going to the gym. Her favorite subjects are English and science, and plans to pursue a master's degree in a health science field. Thinking back on her days at THS she said, "There isn't one specific memory that I will take with me; however, it is four years worth of memories and lessons learned. I have gained many friendships throughout high school, which has increased my confidence and social skills. Additionally, I am determined and always set the bar higher for myself." Congratulations to all four of these students.



As we transition into the colder months, water heaters should be checked as part of a seasonal maintenance to-do list. Why?

When ground temperatures plummet in the colder months, the water entering homes can be up to 25 degrees colder which means water heaters need to work harder than usual. Ironically, this is also when we are more apt to pump more hot water into our sinks, tubs, and showers. With this increased activity, underlying issues tend to rear up causing water heaters to fail.

Which makes now a good time to inspect, or have your local pro, check the following.

Age: Typical water heaters last 8-12 years.

Parts: Pilots, thermocouples, and gas control valves. In electric water heaters, inspect thermostat and heating elements.

Rust: This can be sign of drips and leaks.

Until next month, stay comfortable!



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JONAH, THE SCRIBES AND PHARISEES, AND US

Nathan Combs

When the scribes and Pharisees asked Jesus to provide a sign from heaven to prove his message, he flatly refused to oblige. Instead, he rebuked them: "An evil and adulterous generation seeks for a sign, but no sign will be given to it except the sign of Jonah" (Matthew 12.39). What did Jesus mean by this cryptic response?

In order to answer that question, we need to understand Jonah's story. Jonah was perhaps the most belligerent prophet in the Scriptures. He is the only prophet who flatly refused to speak a message from God. When instructed to leave Israel and travel to the Assyrian empire to warn against their destruction, Jonah promptly boarded a ship and attempted to sail in the opposite direction - to Spain! When a violent sea storm halted his progress, he convinced the sailors to throw him overboard. Instead of drowning, however, God sent a gigantic fish to swallow him and then vomit him onto dry land. Jonah finally went to Assyria, spoke his message as quickly as possible, and then furiously watched the Assyrians repent of their sins and enjoy the forgiveness of God.

When Jesus spoke of the sign of Jonah, he partly meant that Jonah's story pointed forward to his own. He went on to explain: "For just as Jonah was three days and three nights in the belly of the great fish, so will the Son of Man be three days and three nights in the heart of the earth" (vs. 40). Although Jonah was thrown overboard and seemed gone forever, he reemerged to live again. Although Jesus seemed gone forever as he died on the cross and was buried in Joseph's tomb, he reemerged to live again. His powerful resurrection authenticated his message.

But there's more to this "sign of Jonah." By using Jonah's story,

Jesus caused his enemies to think about *their* unsettling similarities to Jonah. Jonah was angry that God extended his blessings to foreign nations outside of Abraham's family. The Assyrians were idolatrous pagans known for their barbaric cruelty. How could God forgive them and insist on using an Israelite to bring that message? This attitude of Jonah was the same mindset as the scribes and Pharisees. Jesus came to set up an international kingdom where anyone, Jew or non-Jew, can find an equal place at the table of fellowship. Like Jonah, the scribes and Pharisees angrily ran as far from that plan as possible. And like Jonah, they quickly discovered the futility of fighting against God in his work of loving his enemies.

What about us? Do we pay lip service to Jesus' gospel plan to extend forgiveness to all nations, but harbor anger in our hearts towards certain individuals or people groups? Do we only want certain kinds of people in our church? Are we truly interested in joining hands with people of different personalities, ages, educational backgrounds, and economic levels in Jesus' kingdom? If not, perhaps we also need to ponder the sign of Jonah.



FRIENDS OF THE TYNGSBOROUGH **PUBLIC LIBRARY**

** Want to **become a member** of the Friends? You may join online and pay online at https://www.tynglib.org/about/friends-of- the-library/. Otherwise, you can find an application at the Library. The dues you pay help fund library materials and programs, not the town. Thank you! The Friends are still seeking new board members, with the offices of President and Secretary currently vacant. Please consider devoting your time to this nonprofit organization that is a great benefit to the Library. You may contact us at tynglibfriends@gmail.com. Come to our meetings on Mondays, shown below. **Upcoming Meetings**: **December (no** meeting, Holiday Open House at the Library) In 2023: Join us on Mondays, 6:30pm, in the Library January 2, February 6, March 6, and April 3.



TYNGSBOROUGH RECREATION AND PARKS Call 978-649-2300 Ext. 150

We meet at the Old Town Hall, 10 Kendall Road the first Wednesday of the month at 7pm. Additional information may be found on our website at TyngsboroughRec.com Friend us on Facebook. Seeking new members. Currently two open seats.

- MEN'S ADULT PICKUP BASKETBALL Currently, THURSDAY NIGHTS, 7-9pm at Tyngsborough High School (36 Norris Rd., Tyngsboro, MA). Schedule changes on Tyngsborough Recreation FB page. Drop-ins welcome. \$10pp at the court. Best pickup hoops in the area!
- MARK YOUR CALENDAR FOR THE 13TH ANNUAL FESTIVAL OF TREES! NOVEMBER 25, 26 & 27 AND DECEMBER 1, 2 &
- 3, 2022 Celebrate the season by visiting a country town whose energy and spirit captures the holidays with true New England charm. The Tyngsborough Festival of Trees is a community celebration featuring 2 spectacular buildings of uniquely decorated holiday trees, and seasonable displays, set in Tyngsborough's historic "Old Town Hall", built in 1834. Open, free to the public, Friday thru Sunday, November 25, 26 & 27 - December 1, 2 & 3 2022, you will delight in the live holiday entertainment, workshops and events. Raffle tickets will be available for your chance to win any one of these beautiful trees plus, across the footbridge at "216 Meeting House", originally built in 1755, more trees, over 100 other raffle items generously donated by local businesses & families, and the Gift & Craft Boutique will be sure to complete your shopping list. Find your "happy place" this season at the Tyngsborough Festival of Trees! General Admission: Free (optional items are available for purchase throughout) Address: 10 Kendall Rd., Tyngsborough, MA 01879 Parking: Free Handicap Accessible: Yes
- LASER LIGHT HOLIDAY SPECTACULAR Buy tickets now for Tyngsborough's first-Ever! Experience the season like never before through upbeat holiday music synchronized to room-filling high powered lasers and laser animation! Several 20-minute shows in one spectacular night! Reserved seating only. Get ready to WHOA!!!

WHEN: November 26, 2022 WHERE: 216 Meeting House TIME: Multiple Showtimes

TICKETS: http://tyngrec.booktix.com/ or www.TyngsboroughRec.com com COST: \$7.50pp (child or adult)

- WINSLOW WONDERLAND Pass under the twinkling archway into the Winslow Wonderland walking path a town favorite attraction. Prepare to see uniquely, and locally, decorated wooden tree and snowman displays that will be sure to put a smile on your face. This path is self-guided and open daily in the center of Tyngsborough, MA starting 5:00pm November 25, 2022. Visit at your leisure, for strolling and picture taking. Our unique snowman and trees are perfect for pictures of the season!
- VOLUNTEERS NEEDED DURING THE FESTIVAL OF TREES! Every good event has many enthusiastic people who chip in to help make everything happen. We need you to help make this Festival of Trees the best ever! Please consider helping with set-up, general running during the Festival hours, activities and breakdown. Email at HolidayFestivalofTrees@gmail.com or message us on Facebook. Join us and get into the holiday spirit!
- COMMUNITY SERVICE HOURS AVAILABLE FOR STUDENTS

 Do you need community service hours? Contact us, we have many opportunities at our various events and programs.

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Subscribe to Town news updates by providing your email address. Updates may include: COVID-19 Alerts, Town News, Town Calendar Events, All Meeting Minutes, and more! You can unsubscribe at any time and your email address will not be shared with anyone. No longer using a landline? Add your cellphone number to continue to receive emergency communication from the Town. Once you've signed up for Smart911, first responders will be aware of important information you have provided that will locate and help you in an emergency. Sign up www.tyngsboroughma.gov

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TYNGSBOROUGH **DUNSTABLE HISTORICAL** SOCIETY



The Little Red Schoolhouse 64 Main St, Dunstable, MA (Route 113). Not far from the Dunstable/Tyngsborough town line near Route 3

ANNUAL BEANPOT ANTIQUE VEHICLE MEET AND TOUR

The Beanpot Meet at the Little Red Schoolhouse is in the history books and the winner of our coveted Little Red Airplane award chosen by the Dunstable 350th Committee was Tom White and his 1964 Buick Riviera. Thank you to all who attended, and to all who helped in any way. It was a beautiful day and a wonderful time!

If you would like to become a member of the Tyngsborough Dunstable Historical Society, Membership Forms and more info is available at www.tdhistoricalsociety.org Or send and email to tyngsboroughdunstable@gmail.com

"PAWS FOUR THE CLAWS" Handcrafted Soaps "Wash Away Pet Homelessness" Help Us Help Them.

Please join us at our **Holiday Celebration Saturday, November** 12, 10am-5pm and Sunday, November 13, 11am-4pm to help HOMELESS ANIMALS this winter! This will be held at the Little Red Schoolhouse. 64 Main St., Dunstable (Rt 113) near the Dunstable-Tyngsborough town line.

Enjoy some Holiday Cheer + Baked Goods while shopping from our line of beautifully Handcrafted Soaps, Candles, Bath Bombs, Lip Butters, Solid Lotion Bars, Whipped Body buttersm Spa body Oils = Salts, Room Sprays, PURRfumes, Gift Bags + more! ALL PROP-CEEDS will benefit Homeless Animals!

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VETERAN'S DAY EVENT

The Town of Tyngsborough with the American Legion, Amvets Post 247, Woman's Auxiliary, and Sons of the American Legion will hold a Veteran's Day Event at the Tyngsborough Veterans Memorials, in the center of Town at the newly placed monuments, on Friday, November 11, 2022, at 11:00 AM. This event is free to the public.

This Veterans Day event will also *officially dedicate the memorials* which were recently relocated in the center of Town. Additionally, there will be a wreath laying by the River Falls Girl Scout Service Unit.

AMERICAN LEGION POST 247 INC. 90 PAWTUCKET BLVD. TYNGSBOROUGH, MA

Hours: Tuesday - Friday, 2pm to 7pm. Call for Saturday hours
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each organization or call the Post at 978-649-7540.

ROBERT D. PELLETIER AMERICAN LEGION POST #247, INC.

90 Pawtucket Blvd., Tyngsborough, MA 01879

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Elected Post 247 Officers serving for 2019-2021 Commander: Matt DeLucia; Sr. Vice Commander: David Simpson; Jr. Vice Commander. Executive Board: Joe Conlin, Ray Hamelin and Fred Carroll. Bartenders: Matt, Judi, Diane and Derik.



AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Auxiliary Unit 247 Officers for 2019-2021:

President: Linda Small; Sr. Vice: Ann Thellen; Jr. Vice: Joyce Ferreira; Secretary: Pat Modrich; Treasurer: Diane Dileo; Sgt-At-Arms: Deb St. Peters. Trustees: Michelle Lambert, Kathleen Oljey and Josephine Beauregard.

AMVETS POST #247 ROBERT D. PELLETIER



90 Pawtucket Blvd. Tyngsborough, MA

OFFICERS: Commander: Robert Golas; Adjutant: Rod Wood; Finance Officer: David Coles; Judge Advocate: Roland Millard; E-Board: Martin Bloomgren, John Cogan and Steve Harris.

"ALWAYS READY TO SERVE OUR VETERANS" AMVETS National Website: http://www.amvets.org/

KITTY ANGELS

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Donations to Kitty Angels can be made online through Pay-Pal or Network For Good. You can also help us when you shop at amazon.com, or other online stores through iGive or Giving Assistant! See the how to help page on our website for more information. Kitty Angels, Inc. is a 501(c)(3) non-profit charitable corporation. All donations to Kitty Angels are both federal and state tax-deductible to the extent permitted by law. Every penny of every donation is used in caring for cats. Federal ID 04-3270369; Massachusetts ID 034406

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Log on directly to facebook and go to Ecct Church. You may also log in at any time and watch the recorded services.

COVID INFORMATION - We do not require masks at our services. You are more than welcome to wear a mask at your discretion. We have hand sanitizer available for your use.

- LADIES BIBLE STUDY Tuesday mornings 9:30 am to 11:30 am. It is a Cynthia Heald study: BECOMING A WOMAN WHOSE GOD IS ENOUGH. This study will probably continue into November. Please consider joining us.
- MEN'S BIBLE STUDY CORRECTION: This study will be held on TUESDAYS, 6:30 pm to 8:00 pm. We will be studying the BOOK OF REVELATIONS. Due to the interest and length of Revelations this study should carry on for approximately 6 months or longer... probably to the end of May. However, we will preface Revelations by reading John I, II and III. Please join us!!!
- SUNDAY SCHOOL You can still enroll your child in this awesome program so please come join us!!
- CHILD CARE is available each and every Sunday morning for your younger children so plan to come and enjoy our church services.

• ALL EXECUTIVE BOARDS HAVE RESUMED MEETING MARK YOUR CALENDARS!! ANNUAL CHRISTMAS CRAFT FAIR - DECEMBER 3rd - 9:00 am to 5:00 pm

Come to our newly renovated Thrift Store and do some Christmas shopping. We always have amazing items for sale and "NOBODY" beats our prices! *Walk across our parking lot to our church* for our **Annual Cookie Walk** to purchase a variety of our home-made cookies and baked goods; **check out our vendors** and get **some great food** (breakfast, lunch & dinner) selections from JT603 Catering and BBQ. They will feature our Church McMuffins along with amazing hot and delicious food options throughout the day. Go inside to eat and get warm! JT603 CATERING is also available for your catering events. Visit their Website <u>JT603CATERING@GMAIL.COM</u>. Then stroll down to the Annual Festival of Trees in the center of town and enjoy all the festivities!

THRIFT STORE

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<u>Closed Thursday, November 24 & Saturday, November 26</u>
• We will be collecting new necessity clothing items for the Salvation Army. Childrens and adult items are needed which might include: underwear/socks/mittens/gloves/hats/scarfs/boots/warm clothing. You may leave any donations at our church or Thrift Store. Please specify for Salvation Army if you drop items off.

• OPERATION CHRISTMAS CHILD: This is a ShoeBox Ministry for Samaritan's Purse which will be sent to children all over the world. Boxes will be available at our Thrift Store for individuals or families who may want to join us in this project. These should be filled with fun gifts, personal hygiene items, school supplies, clothing, etc. by age groups for girl or boy, ages 2-4, 5-9, or 10-14. Please NO: lotions, sprays, toothpaste, food, candy, cammos or anything related to war. Filled boxes must be returned to us by November 13th. We thank you in advance if you would like to participate. FROM OUR CHURCH TO YOU: MAY YOU ALL HAVE A BLESSED THANKSGIVING. You can remain updated by visiting our website www.tyngsborocongregational.org or please check our Facebook page for unexpected closure dates. If you can spare a few hours a week, please call Charlotte at 978-649-7803.

Please join us at

15 (JV) 33

LAWNDALE FARM
91 Frost Road, Tyngsboro, MA
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If you cannot join us for the 3rd of December, we will be selling <u>Christmas Trees starting November 22</u>nd through December 24th from 10am to 8pm daily



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MEDICARE PLAN REVIEW COMING UP!

It's that time of year again - the Medicare Open Enrollment period: October 15- December 7.

Your health insurance needs are as unique as you. Because Medicare plans change every year, Medicare Open Enrollment period is the annual opportunity to review your Medicare insurance plan to ensure it is the most cost-effective plan for YOU.

Each year plans can change in many ways, such as the list of medications that are covered on the plan, prescription co-pays, preferred pharmacies, provider networks, and other benefit co-pays. A certified SHINE counselor can assist you with understanding the various plan options for 2023.

SHINE counselors provide individual-based, unbiased assistance to Medicare beneficiaries and their families about all Medicare options.

By reviewing your coverage during Open Enrollment, you may find that your plan will still be most cost-effective for next year, or you may find a plan that helps to put money back in your pocket where it belongs!

Be an educated consumer and make an appointment to review your Medicare plan with a SHINE counselor by calling the Council on Aging, or call 978-946-1374 and request a Plan Finder form to be sent to you by mail.

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TYNGSBOROUGH **GARDEN CLUB**



You would think that this would be "down" time for the Tyngsborough Garden Club. Quite the contrary. Although the gardens are on the tail end of their seasonal life, we still have beds to clean out and plans to make for next year. At our November meeting, we will be creating a seasonal "painting" and our annual Green's Night takes place at the end of the month to prepare decorations to be placed around town.

People harvest evergreens from their property and use them to supplement artificial garland and wreaths that we keep in storage for most of the year. We plan to participate in the Festival of Trees again and members have been challenged to come up with a

We will cap off the year with our holiday potluck featuring appetizers and dessert (how can you go wrong?) in early December.

New Garden Club members are always welcome and the public is invited to attend individual programs for a nominal fee of \$5. We do not meet in January but in February, we will kick off the spring programming season with a presentation by the new Director of the Tyngsborough Conservation Commission—Emilie Brush. Unless otherwise noted, meetings take place at the Evangelical Congregational Church Tyngsdborough at 23 Kendall Rd., Tyngsborough and begin at 7 pm. Club dues are \$20. For more information, please contact us at tynggardenclub@gmail.com Linda Sheldon, President



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827



During this busy time of year, I hope you have time to get together with family and/or friends. If I can help you, by spreading the word about your organization or business, please let me know. There are 6,616 issues of Neighbor to Neighbor sent out directly to homes and business each month in the towns of Dunstable and Tyngsborough. Do you have a fundraiser, meetings, or events in person or virtualy, coming up in mid December or January? The news is placed FREE of charge on a first come first served basis. If you have an event in early January, it is best to have it in the upcoming December issue. At least send in the tentative information and a person to contact by email/phone or a website. If you are thinking about advertising your business, please contact me by email, I will send you a rate sheet which should answer most questions. Issues are available to read online at www.neighbortoneighbornewsletter.com. You will also find more news and articles posted there. I look forward to hearing from you soon. E-mail: anne@neighbortoneighbornewsletter.com. Call (978) 419-1914 please leave a message if I am not available at the

moment. Thank You, to all who advertise and those who read the issues. I truly appreciate your continued support. Take Care, Anne

DUNSTABLE **TYNGSBOROUGH** LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need. We are currently looking for community minded members to join, please contact membership chair Joe Ward his contact information is below.

The Dunstable Tyngsboro Lions Club would like to announce the first female President since the existence of the club which was formed in 1977.

Officers for the 2022-2023 Lions Year

President: Laura Ward; 1st Vice President/Treasurer: Kristine DeMonico; 2nd Vice President/Secretary: Meg DeMonico; Membership Chair: Joe Ward; LCIF Chair: Mark Alexander; Media/ Marketing: Charline Vigna; Tail Twister- Jorg Skowranek; Lion Tamer- Richard Lowe

Anyone interested in joining the lions is asked to contact Joe Ward 978-930-1153. Our Regular Meetings are held on the first and third Tuesday of the month starting at 6:30 pm at Princeton **Station** 147 Princeton St., in N. Chelmsford, MA. Our Facebook Page is https://www.facebook.com/DunstableTyngsboroLionsClub

If you would like to make a donation, please send to: Dunstable Tyngsboro Lions Club, P.O. Box 93, Tyngsboro MA 01879

Projects the club has completed over the past year Dracut Old Home Day- Saturday September 10th, 2022 GrotonFest- Saturday September 24th, 2022

Free Senior/veteran breakfast October 20, 2022 at the Tyngsborough Senior Center.

Merrimack Food Bank- October 22nd, 2022

Also: Annual Thanksgiving baskets, Diabetic Rescue kits for the town schools, Free annual Easter Breakfast with the Easter Bunny Free senior/community Pancake Breakfasts, Eye glass collections and screenings, Sock and Clothing drives for Veterans and Homeless, Earth Day Clean up

YOU CAN HELP BY DONATING THE FOLLOWING:

- Used Eyeglasses are collected for refurbishment and distribution to less advantaged individuals around the world.
- Used Hearing Aids are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- Can tabs please place into bags before putting in the boxes. Lion's collection boxes for eyeglasses, hearing aids and can tabs be located at: Tyngsboro Post Office- 353 Middlesex Rd Tyngsboro MA 01879; American Legion Post 247 -90 Pawtucket Blvd., Tyngsboro MA 01879; Tyngsboro Council of Aging Center - 180 Lakeview Ave Tyngsboro MA 01879; Dunstable Town Hall - 511 Main St Dunstable MA 01827; Dunstable Post Offic e- 170 Pleasant St Dunstable MA 01827; Dunstable Library-588 Main St Dunstable MA

Pennies for Sight: "Your change- changes people's lives" See a Lion cannister around please consider donating. Every Penny Counts!

"Alone we can do so little; together we can do so much." Helen Keller



THE HOPE AND HEALING **ADULT GRIEF**

SUPPORT GROUP

LAST SATURDAY OF EACH MONTH 10:30 a.m.-12:00 p.m. ST. JOHN THE EVANGELIST OLD PARISH HALL 115 MIDDLESEX ROAD, N. CHELMSFORD, MA

WHEN SOMEONE IN YOUR LIFE DIES When someone close to you dies everything changes in your family, in your life, and your dreams. Often this can turn your life upside down. Know you are not alone in your grief and loneliness. The Hope and Healing Adult Grief Support Group meets on the last Saturday of each month.

All are welcome to a safe place to share your story, find comfort, hope and encouragement, as you continue a new path in life.

Registration is not required.

CAT FOOD DONATIONS NEEDED

to feed a colony of feral and homeless kitties. Please call Don Gaudette 978-799-9715 for the drop-off location on the Dunstable/Tyngsboro line.

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FINANCIAL FOCUS

Don't overlook importance of cash

If you're an investor, you no doubt pay a lot of attention to your stocks, bonds, and mutual funds. But you shouldn't forget another key element of your financial strategy: *cash*.

Cash can help you in several ways. First of all, it's a good idea to have a few months' worth of living expenses in cash to pay for unexpected expenses, such as a major home repair.

Also, cash can help you meet short-term savings goals, such as a wedding or a long vacation.

And of course, you'll need a reasonable amount of cash to meet your everyday spending needs — your mortgage, groceries, and so on.

Finally, you can use some of the cash in your portfolio as part of a systematic strategy in which you place set amounts of money at regular intervals into investments that are appropriate for your goals.

Still, you don't want to keep so much cash that you underfund your longer-term investments — the ones with the growth potential needed to help you reach your retirement goals.

Put your cash to work for you. By using it wisely, you can add a valuable element to your financial picture.

Content was provided by Edward Jones for use by Jorg Skowranek, your local Edward Jones financial advisor, Member SIPC.

SMART TVS AND STREAMING ADAPTERS

By Dean Iotito

Every company has a streaming service these days. Netflix, Hulu, HBO Max, Amazon Prime, Disney+, and Apple TV are the most popular. A Smart TV can support all these services right out of the box. You will need to use the original remote control that came with the TV to access these streaming services. Of course, they all charge a monthly fee for access.

If you have an older TV, you can inexpensively add a streaming adapter for access to these services. They will also come with their own remote control. You'll also need an unused HDMI port on your TV. Popular choices are Amazon Fire Stick, Roku, Apple TV, and Google Chromecast.

Some Verizon packages do support Netflix, but no other streaming services

Another option is to use an existing tablet or computer to stream movies. All the streaming services have web sites where you can access the same content available on a smart TV.

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SHERBURNE NATURE CENTER & TRAILS

For more information on this and future events, please visit the website http://www.naturewalkscs.org/events-schedule

Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, observe the birds and notice what has changed since fall has come. It's a great place for outdoor exercise and to enjoy nature close to home. Children under 16 must be accompanied by an adult.

Please note: The tennis court behind the Sherburne Nature Center is not part of the PUBLIC Nature Center property.

BONE BUILDERS AT TYNGSBORO SENIOR CENTER

Bone Builders, a class of slow and gentle exercises especially designed to aid those afflicted with Osteoporosis, is held on Mondays and Wednesdays at 9:00AM at the Tyngsboro Senior Center 169 Westford Rd, Tyngsboro. The class is taught by certified instructors and includes weight lifting.

The instructors recently were invited to attend an event sponsored by Community Teamwork Incorporated. The Guest speaker, Leigh Hartwell, addressed the topic of Bone Health. They also recently attended the Annual CTI AmeriCorps Seniors Volunteers Recognition Luncheon held at Lenzi's to honor the years of service of all their dedicated volunteers. A grand time was had by all.

If you are interested in watching a class, please just come and join us. For further information, please contact Leader, Jean Jacoppi, 978-649-9076.

STITCHERS AT TYNGSBORO SENIOR CENTER

All are welcome to Stitchers at the Tyngsboro Senior Center, located at **169 Westford Rd, Tyngsboro** on Mondays from 10:00 to 11:30AM . We stitch all kinds of hand work and have added looms to create warm knitwear.

We are currently stitching hats, scarfs, mittens, and slippers to give to Able To Serve, an agency that caters to the needy and homeless. We will also accept store bought articles of knitwear to include with the delivery.

Helping others is what we do. If you would like to join us, we will supply you with all you need to make a difference in someone's life. We all kinow that being warm in the cold months is wonderful.

The Stitchers are always in need of new yarn which can be dropped off at the center during the week. For further information, please call Coordinator, Jean Jacoppi 978-649-9076.

THE FRIENDS OF THE TYNGSBORO ELDERLY, INC.

The Friends of the Tyngsboro Elderly, Inc. formally Friends of the Council on Aging, established in 1984 and a part of the Tyngsboro Senior Center, enjoyed Fall Festival held in September. The catered dinner was provided by Bianco's and consisted of Waldorf salad, stuffed chicken, pork medallions, roasted potatoes, herbs in carrots, rolls, cannolis, lemonade and iced tea. Patrick Tobin provided the entertainment as he serenaded the gathering with Sinatra songs. The songfest ended with New York New York and cheers from the audience.

Of course, no Friends gathering would be complete without Basket Raffles, 50/50, and Door Prizes. We would like to thank Modern Auto for their raffle of an Oil Change in their basket and Dream Diner for contributing Gift Cards to the Door Prizes.

The Board of Directors is already in the planning stages for a Spring Fling. And as always, we appreciate your membership. Membership forms are on the Greeter's Desk at the Senior Center, 169 Westford Road, or can be mailed to you by calling Elaine Rivard at 978-649-7689. We thank you for your support.

For further information, please call Joe Jacoppi, 978-649-9076.

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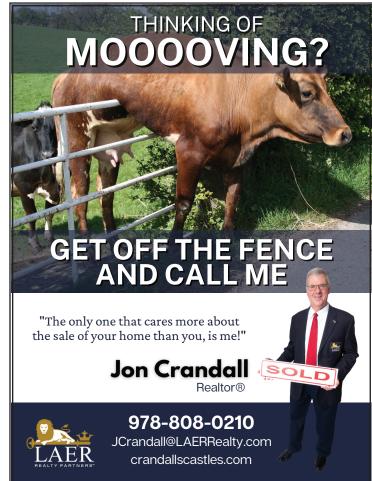


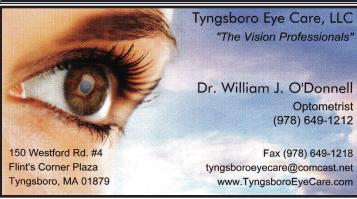
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Do you have some news or want info about advertising in the December issue? Deadline is November 10th.

If you missed the deadline contact me ASAP.

Questions, call 978-419-1914

or email: anne@neighbortoneighbornewsletter.com



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ALTRUSA CLUB OF MERRIMACK VALLEY continues its work in our communities, making a difference in the lives of others.

Altrusa's mission is to promote literacy and to make a difference in the lives of those in need in our communities. From September through June, the Altrusa Club meets at the Tyngsborough Senior Center on the 2nd and 4th Tuesdays of the month. To learn more about Altrusa, e-mail us at altrusamv@gmail.com.



DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827 www.dunstablechurch.org 978-649-6251

DECC is a caring community of faith where we are all on a journey together finding hope, purpose, connection, and wholeness as followers of Jesus. Wherever you are in this walk of life, we invite you to join us.

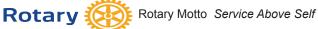
- Sunday Morning worship service begins at 10:30 AM. Masks are optional. Social distancing is according to your comfort level.
- Dunstable Church is offering an Adult Class on Prayer, using Jennifer Kennedy Dean's workbook "Live a Praying Life." Sunday morning classes begin at 9:00 AM in Fellowship Hall. You are all invited to experience the challenges and blessings with us. If you would like more information or you're interested but would rather meet on Zoom during the week, please email Kathy Mackel (mackelkathy@aol.com).
- · As of this writing, we are looking forward to the Dunstable Church's Annual Trunk-n-Treat on October 29th. We have been inviting all ages to celebrate the season, to come and enjoy the goodie-filled trunks for treating, as well as games and crafts in the parking lot. This year it is to include a "Food-raiser", gathering non-perishable items to help PACH serve those in need.
- · We said farewell to Pastor Bobby Ross and his family in early October. Their ministry enriched our church's life and our lives, and we are grateful for their time among us. While we are in pastoral transition, Dunstable Church will continue all its activities and ministries, especially worship every Sunday at 10:30 am. Please contact the church office or the Deacons with any questions, comments, concerns and encouragement. As the seasons change, check in to the Events portion of our facebook page (Dunstablechurch.org) for more timely information on activities and special services.
- · A Service of Thanksgiving will be held on our traditional Thanksgiving Sunday, November 20th, at 10:30 am, with Rev. Dean Pederson, ThD, our quest preacher. All are welcome. IF YOU ARE OUT OF THE HABIT OF ATTENDING CHURCH, COME BACK. PEOPLE NEED YOU. YOU NEED PEOPLE.

Come visit your community church.

May the Lord walk between us while we are absent, one from another.



TYNGSBOROUGH-DUNSTABLE

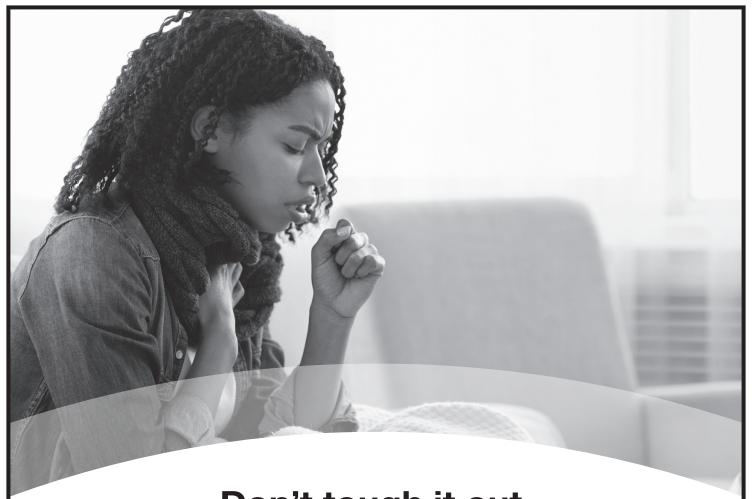




Rotary is a global network Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs. Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

If you are interested in membership, please call or text Ron Keohane at (508)517-3895 or Brian Day-Lewis at (978)399-4952. Want to join a meeting? We meet at Dream Diner in Tyngsboro on 1st and last Thursday of the month at 8:00 am. Second and third Thursday of the month, we meet at 12:00 at Dream Diner.

> For further information, go to our Website: https://www.facebook.com/tyngsborodunstablerotary/



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Thank you, Anne

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St. Margaret: Tues. 4:30-5:30pm & Sat.1-2 pm

St. Mary: Wed. 4:30-5:30pm & Sat. 11am -12 noon

• WEEKEND MASS SCHEDULE

St. Mary: 4pm on Saturday, 7am and 11am on Sunday St. John: 4pm on Saturday, 9:30am and 6pm on Sunday Also 12pm African Liturgy (2nd, 3rd and 4th Sundays) St. Margaret of Scotland: 4pm on Saturday and 7:30 and 10am on Sunday

• DAILY MASS SCHEDULE Monday thru Friday

St. Mary at 7am • St. Margaret of Scotland 8am • St. John at 9am

The Wish Project

166 Middlesex St., North Chelmsford, MA 01863

This is behind Hertz Car Rental

thewishproject.org

For information email: info@thewishproject.org

Magic of Christmas Deadline for dropping off items is December 3, 2022 Goal: Bring magic to a family's Christmas by getting involved in this project and provide gifts for both families in need and the many that are forgotten during the holidays: mentally challenged adults, home bound senior citizens and street homeless adults. Sponsor one person or a whole family for gifts. Go to the website https://thewishproject.org for more details about this project.

Donation Hours:Tuesday to Saturday 9-2:45 Our Thrift Store is open 9-2:30 Tuesday-Saturday. It is located in our warehouse. All are welcome.

If you would like to help us make Christmas a little more magical for someone in our community, check out our website for all of the details and to sign up to be a sponsor.https://www.thewishproject.org/magic-of-christmas-2/

If you would like to help, but not sponsor a specific individual, check out our winter wishlist to shop for those coming to our warehouse this season https://www.amazon.com/.../ls/3747BZOGHYXBP/ref=hz ls biz ex?

Thank you for helping us to spread the Christmas spirit!! It's time for us to let you know what our biggest needs are in the warehouse. This week we are out of, or almost out of, the following items and we would greatly appreciate your donations.

- o Kids wash o Baby wash o Feminine products
- o Deodorant for men and women o Dish soap o Dish sponges
- o Kitchen sized trash bags
- o Diapers in sizes 3,5,6 o Pull-ups in sizes 4T/5T and 5T/6T
- o Diaper rash cream o Baby wipes o Baby safety kits
- o Diaper bags o Pack and play sheets o Bassinet sheets
- o Double strollers o Highchairs o Shower curtains o Shower rings
- o Bath towels o Hand towels o Washcloths o Blankets
- o Cookie sheets o Potholders o Can openers o Steak knives o Toasters o Coffeemakers o Warm winter clothing in all sizes for
- o Toasters o Coffeemakers o Warm winter clothing in all sizes for children and adults o Warm winter coats in all sizes for children and adults o Winter boots and sneakers in all sizes for children and adults o Hats and gloves for adults

As always, we kindly ask that all donations be in good condition with no rips, stains, or missing pieces.

If you would prefer to shop online, and ship directly to the warehouse, please take a look at our Amazon Urgent Needs Charity Wish List https://smile.amazon.com/Target Charity Wish List https://www.target.com/gift.../gift/thewishproject-wishlist