



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

Celebrating 39 Years of Service

Issue # 407 • September 2022

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TYNGSBOROUGH TOWN CLERK NEWS

• **2022 Dog Licenses** are available at the Town Clerk's office or by mail. The license is now late and payment must include a \$25.00 late fee. Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. **If renewing by mail, please enclose a stamped envelope for the license.**

• Upcoming Events

State Election is scheduled for November 8th.

Voter registration deadline is October 19th

Stay safe!

Please contact the office at 978-649-2300 extension 129 or email to jshifres@tyngsboroughma.gov with any questions.

TYNGSBOROUGH TOWN HALL HOURS

Monday & Tuesday: 8:30AM to 4:30PM

Wednesday: 8:30AM to 7:00PM

Thursday: 8:30AM to 4:00PM

Friday: Closed

Note: Some office hours vary, check individual department pages under "Departments" on menu bar to learn more.

Please visit www.tyngsboroughma.gov for updates.

TYNGSBORO SCOUTING

Cub Scouting includes a variety of fun and rewarding activities for kids entering kindergarten through fifth grade. Parents can rest assured that Cub Scouting encourages family participation and good behavior, offers both traditional and contemporary Scouting activities, fosters friendships, and introduces them to activities they may not ordinarily participate in. Moreover, it's a good way to ensure that they become "well-rounded," as a complement to the sport(s) that they may play.

Recent activities have included the annual Pinewood Derby; parent-son Cake Bake; a field trip to Battleship Cove, hikes and geocaching, local overnight camp outs, police and fire station visits and much more. These outings only augment the regular Den and Pack Meetings where scouts both progress in the program, and receive recognition.

Anyone 11-17 years old, interested in adventure, the outdoors, service to their community, and leadership opportunities, is welcome! Come check out Troop 46 Scouts.

If you are ready to join scouting, or would like more information, please email Brett Pacewicz at bpacewicz@hotmail.com.

*First Day of Fall
September 22!*



IN MEMORY OF

Anthony George Dugas
Cory Beauchesne
Richard Earnest Burrows
Diane Carol Johnson
Paul L. Poirier
Robert H. "Bob" Guerin
Henry A. Norris
Paula E. (Egan) Johnson
Christina (Barretto) Manolopoulos
Mary J. (Cozza) McLaughlin
Rita Lucy (Agostini) Villeneuve
Gerald L. "Jerry" White
Richard W. LaRiviere

Jeanne (Humphrey) St. Hilaire
Andre J. "Andy" Coleman
William "Bill" Oliver
Richard R. "Dick" Soucy
Ronald P. Stacy
Elizabeth A. Grady
Katherine M. Gannon
Rita G. (Roseberry) McLaughlin
Paul Austin Roberts
Wilfrid E. Martin Jr.
Linda Joyce (Jewell) Smith
Maurice W. "Moe" Daigle

TYNGSBOROUGH BOARD OF HEALTH

NOTICE FROM THE MassDEP

[The Massachusetts Department of Environmental Protection](http://www.mass.gov) (MassDEP) has published the final [2030 Solid Waste Master Plan](#) and announced the following amendments to the waste ban regulations, which will be effective on November 1, 2022
Mattresses will be banned from disposal.
Textiles will be banned from disposal.

The Commercial Organics Disposal Ban will apply to businesses and institutions generating one-half ton or more food material per week (it currently applies to those generating one ton or more food material per week). For more information, please refer to MassDEP's page on [Waste Disposal Bans](#)

GET RID OF YOUR MATTRESS NOW!

Effective November 1st, MassDEP will add mattresses, boxsprings, and textile to the WASTE BAN. The Town will not be able to accept mattresses as part of the Bulky Items List. **Currently, you can get rid of mattresses and boxsprings with a bulky sticker for \$15.** Effective November 1st, mattresses and boxsprings will need to be recycled. The cost to remove mattresses will significantly increase.

If you have mattresses and boxsprings in your attic or basement, dispose of them as soon as possible with a \$15 bulky sticker. If you are buying a new mattress, ask the company to haul away your old mattress.

HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY

WILL BE HELD SEPTEMBER 24, 2022

Look for the
bright green flyer with all the details
on the back page
of this issue of Neighbor to Neighbor.

Read Current and Past,
Dunstable & Tyngsborough editions
of *Neighbor to Neighbor*
as well as other articles online at
www.neighbortoneighbornewsletter.com



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AGING ALONE

By Edward H. Adamsky

About a quarter of all seniors live on their own without a spouse, partner, or adult children nearby. They are Aging Alone! Those who are aging alone really need to plan well for a safe and happy future. You will need to plan where you are going to live as you age. This is true for everyone. You need to think about whether or not you can stay in a single-family home or if you will need or want to move to an apartment, or an Assisted Living community, as you get older. If you want to stay at home, your house must work for you if you start to have mobility issues and are less able to take care of things. You need good lighting, safety devices such as grab rails and motion detector lights. You need wide hallways and doorways, accessible closets and cabinets, and no stairs or steps.

Even if you stay at home for quite a while, there may be a time in the future when you cannot any longer and you will have to choose some other option. You should start researching them long before you are forced to move. Check out your local Assisted Living, and Independent Living communities. There are many options available these days and you may need to get yourself on a waiting list for the most popular places. You may also want to spend some of your time cleaning and reducing your level of possessions so a future move will be easier. You might want to hire a professional organizer to help you with that task.

Someday you may need help with your personal needs such as cooking, cleaning, and self-care. You should research the local home health agencies to see what services they offer and what those might cost. Many of those agencies are having a tough time finding employees these days so it might be hard to find an agency in the future. You have to be prepared for that possibility. It's important to have social connections and a network of friends and professionals who can help you when you need it. If you don't have family to do all of the little things for you, when you cannot do them yourself anymore, then you are going to have to have help from others. You may want to stay local if you have lots of friends nearby, or if you move, you may need to cultivate new friends in the new location. You should have an Attorney who can help you with legal issues, a Financial Advisor for money issues, and other professionals such as a Care Manager or Professional Organizer that you know you can call on for assistance. If you belong to a church or other such organization, you will want to keep up your relationship so you can have some of those resources available to you. Many seniors isolate themselves from the community and are forced into a nursing home when they have no other alternative available.

Planning for aging is important for everyone but even more important for those who are aging alone!



SIGN UP FOR Tyngsborough News Updates & Emergency Alerts

Subscribe to Town news updates by providing your email address. Updates may include: COVID-19 Alerts, Town News, Town Calendar Events, All Meeting Minutes, and more! You can unsubscribe at any time and your email address will not be shared with anyone. No longer using a landline? Add your cellphone number to continue to receive emergency communication from the Town. Once you've signed up for Smart911, first responders will be aware of important information you have provided that will locate and help you in an emergency.

To sign up, visit www.tyngsboroughma.gov

Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

E-mail: anne@neighbortoneighbornewsletter.com

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Total circulation is now 6,616 which includes Dunstable and Tyngsborough, MA.



25 Bryant Lane, Tyngsborough, MA 978-649-7361 www.tynglib.org

Library Hours: • Mon. & Wed. 10:30 a.m. – 8 p.m.

• Tues. & Thurs., 9 a.m. – 5 p.m.

• Sat., 9 a.m. – 2 p.m. • Fri. & Sun. Closed

CLOSED: Monday, September 5th, 2022 Labor Day

Monday, October 10th, 2022 Columbus Day

Kids & Teens—Check TPL's online calendar for events & activities.

• **The Highwaymen: Songs & Stories with Matt York:**

Wednesday, September 14 from 6:30 pm to 7:45 pm

Longtime New England singer/songwriter Matt York will perform the songs of Johnny Cash, Willie Nelson, Kris Kristofferson and Waylon Jennings and tell stories of their careers. The four songwriting legends joined forces in the 1980's to form the country supergroup The Highwaymen. However, prior to that, they'd each established themselves as stars and their careers intersected many times since the 1960's. Event takes place in the Community Room at Tyngsborough Public Library. Join us for this free concert at the library! Registration is not required.

• **Writers' Group: Monday, September 12th and 26th 2022**

at 6:30p.m. Join us for a writing workshop! Expand your knowledge on writing; critique each other's work; and get advice on the craft. New and long-time writers are welcome! This will be an ongoing program. The Writers' Group will be meeting in the Special Collections room of TPL. Meetings will last from 6:30 pm to 7:45 pm.

• **Writers' Group—Children's Literature: Wednesday,**

September 7th and 21st 2022 at 6:30p.m. If you're interested in crafting and publishing children's books and stories, join us to participate with a group of likeminded individuals to discuss, critique, and broaden your children's literature knowledge. All skill levels are welcome and encouraged to join. The Children's Literature Writers' Group will be meeting in the Special Collections room of TPL. Meetings will last from 6:30 pm to 7:45 pm.

• **Adult Coloring Club: Wednesday, September 7th; October 5th at 6:30p.m.** The Coloring Club meets on the first Wednesday of each month, from 6:30 pm to 7:45 pm. Come color and socialize!

• **Knitting & Crochet Group: Tuesday, September 13th and October 11th at 10:30a.m.** Open to all knitting and crocheting levels. Get together with friends and make some new ones! Meets on the second Tuesday of each month from 10:30 AM – noon in the community meeting room at Tyngsborough Public Library.

• **Saturday Knitting & Crochet Group: Saturday, September 10th and October 8th at 10:30a.m.** Open to all knitting and crocheting levels. Get together with friends and make some new ones! Meets on the second Saturday of each month from 10:30 AM – noon in the Community Room at Tyngsborough Public Library.

• **Tyngsborough Library Book Club: Wednesday, September 28th and 6:30p.m.** This is the club's first meeting and the book that will be discussed is *When She Woke* by Hillary Jordan. Visit tynglib.org/book-club for the complete lists of books. No registration required. The first month's book is available at the front desk to be checked out. The club will be meeting the last Wednesday of the month up through December at 6:30p.m.

• **Visit Tynglib.org/events to check out all of the upcoming virtual events!**

Register for TPL programs by calling or emailing (circdesk@tynglib.org) the Library or using links provided on the online calendar for virtual programs.

Tyngsborough Library news continued on next page.

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TOWN OF TYNGSBOROUGH
TOWN HALL, 25 BRYANTS LANE

Mon. & Tues., 8:30AM to 4:30PM • Wed.: 8:30AM to 7:00PM
Thurs.: 8:30AM to 4:00PM • Closed Friday Until Further Notice

Meeting schedules are posted at the front entrance of the Town Hall

Town Hall Directory Main Number 978-649-2300

Town Accountant	Ext. 124	Media Dept.	Ext. 140
Assessor's Office	Ext. 121	Planning Board	Ext. 115
Board of Appeals	Ext. 112	Town Treasurer	Ext. 126
Board of Health	Ext. 118	Veteran's Agent	Ext. 131
Building Office	Ext. 112	Sewer Dept.	Ext. 134
Town Clerk	Ext. 129	Board of Selectmen	Ext. 100
Town Collector	Ext. 128	Town Administrator	Ext. 100
Conservation Office	Ext. 116	Recreation & Parks	Ext. 150
Capital Asset Mgmt Com	Ext. 124	Highway Dept.	978-649-2310

TYNGSBOROUGH LIBRARY NEWS CONTINUED

Weekly Programs

Weekly Playgroup - Wednesdays at 11 a.m. (ages 0-5)

The Community Teamwork Family Resource Network is back for a weekly playgroup! Join us for our community playgroup where we will work on Early Literacy skills and much, much more! Ask us about any resources we can help provide for you and your family! The Family Resource Network is funded by the Coordinated Family and Community Engagement Grant (CFCE) from the Massachusetts Department of Early Education and Care

Storytime with Mr. Chance - Thursdays at 11 a.m. (ages 0-5)
Join Mr. Chance for stories, songs, and fun! Storytime builds early literacy skills and social skills. All families welcome

Montly Programs

• **Club Pokémon, Monday September 12 at 4:00 p.m.** (grades 3-5) Through the Pokémon TCG, your child will learn strategic skills, participate in friendly competition, and have fun! Whether you have binders full of cards or are just learning to play, please join us! You may also bring video game consoles and mobile devices to share your love of the game. Older grade levels may volunteer to assist. Club Pokémon is sponsored by Newbury Comics.

• **LEGO Challenge Club, Saturday September 17 at 11 a.m.** (all ages with a grownup) All ages are welcome to join our LEGO Challenge. See our Instagram @tyngsboroughpubliclibrary for examples of past LEGO Challenge creations.

• **Schedule a visit from the Library** We are scheduling site visits for Fall. If you operate a daycare or preschool in Tyngsborough, we would love to visit for stories, songs, and fun. Email cjoyner@tynglib.org for more information and to schedule your visit.

• **HeritageQuest** is our newest resource addition. It provides access to more than 4.4 billion historical and genealogical records. This essential collection of sources has coverage dating back to the 1700s and can help people both find their ancestors and discover a place's past. <https://www.tynglib.org/resource/heritagequest/>

• **Board of Library Trustees** Meetings are generally held monthly on the 3rd Thursday. Check the TPL or Town websites for scheduled meetings.

• **Friends of the Library** – Join in the fun and support your library! Meetings are held 9 Mondays per year at 6:30 p.m. in the Library. See the TPL website for dates. Also, check out the new and easy way that you can join or renew your membership to the Friends of the Library right from the Friends link on our website simply by using the "Join and Pay" or "Donate" buttons.

Like us on **Facebook**, follow us on **Instagram** @
[tyngsboroughpubliclibrary](https://www.instagram.com/tyngsboroughpubliclibrary) and **Twitter** @tyngsboroughlib



FREE MENTAL HEALTH SERVICES

REFERRAL HELPLINE FOR TYNGSBOROUGH RESIDENTS

Tyngsborough Public Schools in partnership with the Tyngsborough community, is pleased to announce Project INTERFACE Community Resource & Referral HELPLINE available now (1-888-244-6843). The William James INTERFACE Referral Service is a mental health resource and referral Helpline available Monday through Friday from 9am to 5pm.

This is available to residents and/or public school students in subscribing communities across Massachusetts to access outpatient mental health services. What makes INTERFACE unique is that they do not provide merely a list of providers, but rather matched referrals to mental health professionals and practices who best meet the caller's needs, insurance or fee requirement, specialty request, location and availability.

The Helpline is staffed by mental health professionals, as well as graduate level students from William James College. For more information visit <https://interface.williamjames.edu>

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TEXTILE RECOVERY: ALMOST NEW, WORN OR TORN, DONATE IT ALL!

by Sustainable Tyngsborough

Don't throw that single sock or ripped towel in the trash! Massachusetts residents and businesses dispose of approximately 230,000 tons of textiles annually. Nearly 6% of the waste delivered to incinerators for disposal is made up of clothing, curtains, towels and other fabrics.

Did you know that 95% of unwanted textiles can be reused or recycled for other purposes? Helpsy, the Town's Textile Recovery partner, is working to keep usable textiles out the waste stream. A ripped towel will likely find a new life as an industrial wiping rag, while your gently used jeans will be sent to a thrift store to be worn again.

Clothing reuse is a big deal. It reduces the enormous environmental burden of the second most polluting industry in the world.

Waste Ban updates now include textiles.

MassDEP has added textiles to the state-wide list of waste ban materials. This means that clothing, rags and other fabrics are no longer allowed to be landfilled or incinerated under state law and must be diverted from the trash. You can help by keeping these materials separate and donating them.

Where to donate

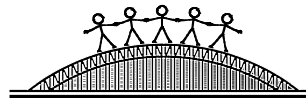
• Curbside with Helpsy - Schedule a free pick up at www.helpsy.co; Helpsy blue collection box at Tyngsborough Middle School, 50 Norris Rd; • Baystate Textiles collection bin, Greater Lowell Tech, 250 Pawtucket Blvd; • Planet Aid collection bins, Pondview Place parking lot (18 Pondview Place) and Tyngsboro • American Legion Post #247 (90 Pawtucket Blvd); • Your favorite charitable organization (typically items in wearable condition only, check website); For additional donation locations, use the MassDEP Beyond the Bin Directory at <https://recyclesearch.com/profile/ma>.

Acceptable materials - Clean, dry and bagged, in any condition: Clothing (men's, women's and children's); Shoes

(including singles); Bedding (pillows, comforters, sheets)
Towels and Curtains; Backpacks; Stuffed Animals

Please make note that **ZERO WASTE DAY** will be held on **November 5th**. More information will be posted **on the back page of the October issue of Neighbor to Neighbor**

Sustainable Tyngsborough is a subcommittee of the Board of Selectmen, tasked with supporting efforts to reduce contamination in recycling and reduce future costs through the consideration of new programs and public outreach, working with town departments to support recycling initiatives at public events and buildings, assisting the Conservation Commission with public engagement and awareness regarding storm water management, and serving as a resource for both town residents and businesses in the areas of improving and implementing waste reduction and energy saving initiatives. We meet the third Tuesday of every month, beginning at 6:30pm. You are always welcome to join us and share your sustainability ideas and concerns. Like us on Facebook @ Sustainable Tyngsboro.



**TYNGSBOROUGH
RECREATION AND PARKS**
Call 978-649-2300 Ext. 150

The Recreation Committee meets at the Old Town Hall, 10 Kendall Road, the first Wednesday of the month at 7pm. Additional information may be found on our website at TyngsboroughRec.com. Friend us on Facebook. Seeking new members. Currently open seats. Join us!

Volunteer for FESTIVAL OF TREES PLANNING COMMITTEE

We are looking for new members to join our sub-committee to plan the Festival of Trees Event specifically (December 2022). You do not need to be on the Recreation Committee. Contact the Rec. Office apage@tyngsboroughma.gov, send a message on FB or call Theresa 978-828-6589, if you have questions.



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FRIENDS OF THE TYNGSBOROUGH PUBLIC LIBRARY

** The Friends are again seeking new board members. There has been no president for a few years, and the position of Secretary is currently vacant. Please consider devoting your time to this nonprofit organization that is a great benefit to the Library. You may contact us at tynglibfriends@gmail.com. Come to the meeting on Monday, September 12, to meet us.

** Summer may be ending, but there is still time to enjoy warm weather and take advantage of the library passes that offer discounts to local museums and other venues. Mass. DCR Parks Pass is a great deal as well as Davis Farmland, the Seacoast Science Center and others. Visit the Library website or call the Library to reserve your pass. The Friends fund these passes for all to enjoy.

** Not a member of the Friends yet? Join online and pay online at <https://www.tynglib.org/about/friends-of-the-library/>. Otherwise, you can find an application at the Library. The dues you pay help fund library materials and programs, not the town. Thank you!

** When you shop on Amazon, be sure to designate Friends of the Tyngsborough Public Library as your favorite charity using [smile.amazon.com/ch/22-2986749](https://www.amazon.com/ch/22-2986749). Amazon donates 0.5% of the price of eligible purchases to the Friends.

** Next Meetings in 2022:

Join us on Mondays, 6:30pm, in the Library:

September 12 (Monday after Labor Day)

Begin planning for the fall used book sale

October 3 – Book sale planning

(Fall Used Book Sale on Saturday, October 15)

November 7 – Planning for next calendar year

December (no meeting, Holiday Open House at the Library)

TYNGSBOROUGH VETERAN'S AGENT

Do you know a neighbor or friend who may be a Veteran, Veteran widower, widow or dependents of a Veteran, that may be eligible for financial assistance from my office? I may be able to help them with basic living expenses, rent or mortgage heating cost, prescriptions, hearing aids, monthly healthcare premiums and hospital/doctor bills not covered by your Medicare or other insurance. Even if the applicant lives with their son, daughter or other family member or friend they may still qualify. The Veteran's Office is a confidential office where your identity is completely confidential. Call or email to schedule an appointment. If I cannot personally assist you I will direct you to the resources available to you. *Sincerely, Christopher W. Dery, Tyngsborough Veteran's Agent, 25 Bryants Lane, Tyngsborough MA, 01879 978-649-2300 X131 veteransagent@tyngsboroughma.gov*

**The next deadline is September 10th,
for the October issue of *Neighbor to Neighbor*.
If you miss the deadline please
get in touch as soon as possible.**

Please email to: annempaquin@verizon.net
Or mail: *Neighbor to Neighbor*
64 Hardy St., Dunstable, MA 01827.

Need more information about how to submit news? Do you have a business? Would you like to know more about advertising?

Call **978-419-1914**.

If I am not available please leave a message, I will get back to you as soon as possible. Thank you, Anne

TYNGSBOROUGH COUNCIL ON AGING



169 Westford Rd, Tyngsborough, MA
978-649-9211

Mailing Address: 25 Bryants Lane, Tyngsborough, MA 01879

Email: Broche@tyngsboroughma.gov

Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3.

CENTER CLOSED Monday, October 10th,

Indigenous Peoples Day formerly Columbus Day

• **DONATIONS / VOLUNTEERS NEEDED:** Coffee (ground and k-cups), 12oz. Cups, Paper Plates- Small and Large, Plastic Spoons, Forks, Knives, Napkins, Sugar Packets, Gently used, bookcase for puzzles. **VAN DRIVER** needed 1 day a week/fill in
• **FUEL ASSISTANCE Help is available!** Program run by Community Team Work, help income-eligible households pay part of their winter heating bills and a small % of your electric bill. If your gross household income falls within the limits, you may qualify for fuel assistance. The Senior Center starts the application process in October. Call 978-649-9211 if interested in this.

• **FOOTCARE FOCUS** Professional Nursing Footcare, **Tuesday, October 18th.** Assessment/Nail Clipping & Filing Reduction/Gentle Massage. Pices at the Center \$45, House Calls \$90.

• **WELLNESS CLINIC** Tyngsborough council on Aging, 169 Westford Rd. 978-649-9211. Charlene Muscato RN will be doing blood pressure readings, weight checks and medication reviews. Sign up sheet at the front desk. First come, first served.

• **CRIBBAGE Every Tuesday, Mornings @ 10:00 - 12:30** We have openings for cribbage players.

• **BINGO Every Tuesday, 12:30-2:30** This activity keeps your mind stimulated. Not only that, you will have plenty of fun and excitement with this activity and it gives you a chance to socialize with others and have a great time. Come join us

• **MAHJONG Every Friday, 10:00** Studies have shown that mahjong is a great game for keeping the mind sharp. Recommended amojng the elderly as a means of keeping their brains in good health.

• **FREE... PAINTING CLASS Every Monday, 12:30-3:00** This class everyone helps each other. If you love painting and don't mind (asking or helping) others, come join us and make new friends.

• **COA MEETING Tuesday, September 20th at 3:30PM**

• **BOOK CLUB (Monthly) Wednesday, September 21st 10:00, Instructor Carol Sides.** Scheduled every 3rd Wednesday of each month. The book we will be discussing in September will be "Moloka'i" by Alan Brennert

• **SENIOR BREAKFAST, Thursday, September 15th, 8:30 (Monthly)** Start your day off with a **FREE** healthy breakfast with friends here at the Center. Food sponsor Tyngsborough / Dunstable Rotary, Speaker TBD

• **LUNCH BUNCH, Trip to Cracker Barrel, Wednesday, September 21st 11:30** If you need transportation for this trip we will be happy to pick you up using the Tyngsborough Bus. Call 2 days in advance 978-649-9211.

• **SENIOR DANCE (Monthly) Wednesday, September TBD, 12:30 2:30** You are invited to come dance, and get down, boogie, twist and shout! Join us for a great time dancing, socializing and enjoying mostly music from the 60's. Come and try it for yourself! Check for more info at the Center.

• **FLU & PNEUMONIA SHOTS: October TBD** will be giving out **FLU SHOTS** to anyone 60 and over at the Tyngsborough Council on Aging, 169 Westford Rd. **First Come First Served** If you need a **PNEUMONIA SHOT**, please let us know. 978-649-9211

• **AUTUMN TEA GATHERING Thursday, October 13th, 1:00PM** There will be plenty of different delicious teas to sample. Bring some of your favorite Hors-d'oeuvre. and a homemade savory or sweet to share. Bring your own teacup, please, otherwise we have extras.

• **SENIOR/VETERAN BREAKFAST, Thursday, October 20th, 8:30** Come start your day with a healthy **FREE** breakfast sponsored by the Tyngsborough / Dunstable Lion's Club; followed by Under Hood Inspections by the students from the Greater Lowell Vocational School, "fluid checks" **FREE**. It's always good to prepare for the winter months.

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SHERBURNE NATURE CENTER & TRAILS

Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, observe the birds and notice what wildflowers you can see here. **Remember to dress for the weather and use your bug repellent.** It's a great place for outdoor exercise and to enjoy nature close to home.

Children under 16 must be accompanied by an adult.

Please note: The tennis court behind the Sherburne Nature Center is not part of the PUBLIC Nature Center property.

CHARITY NAVIGATOR

There aren't many days that go by that we are not contacted to make a donation to different organizations. Want to make sure they are legitimate and the donated monies are well used? You can now look up these charities at www.charitynavigator.org

BEAVER BROOK NATURE CENTER

117 Ridge Road, Hollis, NH

Please go to the website for more information about Beaver Brook, and check often for upcoming programs.

There are many trails to explore! Check out the "Hike It All Challenge"! (603) 465-7787 www.beaverbrook.org

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Thank you, Anne

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ALTRUSA CLUB OF MERRIMACK VALLEY
continues its work in our communities, making a difference in the lives of others.

Altrusa's mission is to promote literacy and to make a difference in the lives of those in need in our communities. **From September through June**, the Altrusa Club meets at the Tyngsborough Senior Center on the 2nd and 4th Tuesdays of the month. **To learn more about Altrusa, e-mail us at altrusamv@gmail.com.**

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Tyler's Timely Technical Tips

By Tyler Denommee

Imagine, if - for a small investment - you could save money, breathe cleaner air, enjoy improved safety and comfort in your home, while boosting your overall peace of mind?

Let's take a closer look at why regular HVAC Preventative Maintenance (PM) is such a wise and worthwhile investment.

Save Money: Regular furnace and boiler service is said to reduce the risk of costly breakdowns by as much as 95%.

Cut Energy Bills: HVAC PM helps ensure that your system runs at close to peak efficiency.

Extends System Life: HVAC PM prolongs the lifespan of heating & cooling systems.

Warranty Coverage: Manufacturers often demand proof of regular service for claims.

Safety: HVAC PM visits help prevent deadly carbon monoxide leaks, while cleaning & filter changes improve indoor air quality.

Peace of Mind: Comfort in knowing you have taken steps ensure proper operation.

Tyler

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The Tyngsborough Scholarship Trust has begun planning for our **60th year of fundraising** events and activities for scholarships for the Class of 2023!

The **Holiday Marketplace** has become an annual event and this year marks its 21st year. The Holiday Marketplace, which will take place on October 30th, features exhibitors of handcrafted items, gifts, and decorative items, as well as business services and representatives of the home based business work force. Exhibitors wishing to reserve a table for this event may contact Rose Mitchell at mitchell6260@msn.com. Please stay tuned for more details and the location of this event.

The TST is actively recruiting new members and invites you to join our first meeting of the school year on Wednesday September 14th in the Tyngsborough High School Teacher's lounge at 7:00 pm. We are looking for parents of high school students interested in supporting fundraising activities such as the Holiday Marketplace, Trivia Night, a Wine, Cheese and Chocolate Pairing evening, and our annual Business Drive. If you would like to help with fundraising and cannot attend meetings, or would like more information about our organization and fundraisers, please contact Cathy at cathy.polin@tyngsboroughps.org. Any and all support is greatly appreciated!



FOURTH ANNUAL TYNGSBOROUGH HIKES DAY Saturday, October 1, 2022

It's Tyngsborough Hikes Day! Come on everyone, enjoy one of Tyngsborough's amazing hiking trails.

- **Bell Trail** - Bryants Lane across from Town Offices
This short trail is easy to access and makes a perfect morning hike.
- **Hunter Trail** - River Road, parking lot past RR tracks
This low-impact trail is small but has a huge variety of New England flora.
- **Long Pond Camp Kiwanis Trail** - Parking lot at 17 Alden Street
This trail goes by Long Pond and has a great hill for a cross-country run.
- **Shady Glade Trail** - Primrose Lane, parking near trail head
This trail has a variety of ecosystems. A great place to explore.
- **Sherburne Trail** - 46 Coburn Road
From a field of milkweed, to a swamp with a beaver lodge, to a clear running stream with a bridge... this trail has everything.

See you on the trail!

Hosted by the Girl Scouts of Senior Troop 68085.

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Do you have some news or want info about advertising in the October issue? Deadline is September 10th.

If you missed the deadline contact me ASAP.

Questions, call 978-419-1914

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FREE CURBSIDE TEXTILE PICK UP
The Town of Tyngsborough partnered with **HELPSY** to offer **free curbside pick-up** of clothing and household textiles to residents. Pickups will happen weekly. **Schedule curbside pick-up at [helpsy.co/tyngsboroughma](https://www.helpsy.co/tyngsboroughma) or 800-244-6350. Questions? <https://www.helpsy.co/home-pickup-faq>** Only clothing and other textiles, should be bagged and left on the curb by 7:00 AM on the day of the scheduled pick up. HELPSY accepts clean, dry, and bagged clothing and fashion accessories (stained, worn, and torn is fine). This includes dresses, shirts, pants, suits, coats, gloves, hats, belts, ties, scarves, wallets, purses, backpacks, totes, shoes, towels, bedding, costumes, curtains, placemats, tablecloths, and throw rugs. For more information about other recycling programs available to Tyngsborough residents, please contact the Board of Health by phone at 978-649-2300 x118 or visit them on the web at <https://www.tyngsboroughma.gov/departments/inspectional-services/health/trash-and-recycling/>

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Rotary is a global network Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs. Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

If you are interested in membership, please call or text Ron Keohane at (508)517-3895 or Brian Day-Lewis at (978)399-4952. Want to join a meeting? We meet at Dream Diner in Tyngsboro on 1st and last Thursday of the month at 8:00 am. Second and third Thursday of the month, we meet at 12:00 at Dream Diner.

LOCAL ROTARY EVENTS

• Sponsoring the **Council on Aging Breakfast** at the Tyngsborough Senior Center on Westford Road in Tyngsborough on **Thursday, September 15th at 8:30a.m. Open to Seniors & Veterans.**

• **"DINNER ON US" - Drawing** The Tyngsboro Dunstable Rotary Club has recognized the struggles of the restaurants in the area due to the pandemic. We are trying to help restaurants, as well as raise money, towards the Rotary Club community projects.

The following is a list of restaurants that have made a donation for this drawing: **Dream Diner, La Santa, Flints Corner Pizza & Seafood, Sullivan's Ice Cream, Woah Nellie, Lakeside Pizza, Bahama Breeze, 99 Restaurant, Buffalo Wild Wings, Warp & Weft, Max's Country Golf, Burton's, Dunkin Donuts, Cazadores Restaurante Mexicano, and Mave's Kitchen.**

Tickets are \$20 Per Entry. Prizes will be in assorted Gift Certificates to these restaurants. Grand Prize- \$500, 2nd Prize- \$300, 3rd Prize- \$200. Drawing will be Thursday, September 29th. For ticket sales- see Patricia Foster at **Enterprise Bank- 253 Middlesex Rd., Tyngsboro** or **Judy McCullough at JDCU (Jeanne D'Arc Credit Union) - 150 Westford Rd., Tyngsboro.** For further information, go to our Website: <https://www.facebook.com/tyngsborodunstable Rotary/> **Help Support Your Community!**

CALL FOR WALKERS: REGISTER FOR THE 34TH ANNUAL BOSTON MARATHON®

JIMMY FUND WALK PRESENTED BY HYUNDAI

Walkers are welcome back on the Boston Marathon® course on Sunday, October 2, to support patient care and research at Dana-Farber Cancer Institute Registration is now open for the 2022 **Boston Marathon® Jimmy Fund Walk** presented by Hyundai. Scheduled for Sunday, October 2, funds raised from the Walk support all forms of adult and pediatric patient care and cancer research at one of the nation's premier cancer centers, **Dana-Farber Cancer Institute**. The Jimmy Fund Walk is the only organized walk permitted on the famed Boston Marathon course and participants have the flexibility to choose from four distance options:

• 5K Walk (3.1 miles from Dana-Farber Cancer Institute) • 10K Walk (6.2 miles from Newton) • Half Marathon Walk (13.1 miles from Wellesley) • Marathon Walk (26.2 miles from Hopkinton). For additional information please email JimmyFundWalk@DFCI.Harvard.edu or call 866-531-9255. **To register for the Jimmy Fund Walk (#JimmyFundWalk) or to support a walker, visit www.JimmyFundWalk.org or call (866) 531-9255.** Registrants can enter the promo code NEWS for \$5 off the registration fee. All registered walkers will receive a bib, medal, and a Jimmy Fund Walk T-shirt.

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Log on directly to facebook and go to Ecct Church. You may also log in at any time and watch the recorded services.

COVID INFORMATION - Due to the declining Covid numbers and the lifting of the mask mandate, **we do not require masks** at our services. *You are more than welcome to wear a mask at your discretion. We have hand sanitizer available for your use.*

FELLOWSHIP TIME will resume the beginning of September. This is a time where parishioners gather after our Sunday services and visit with one another. Please come meet us and get to know us! We welcome all!

LADIES BIBLE STUDY will resume in September or October. Please call us for more information and consider joining us. You may also inquire about our studies when you visit our Thrift Shop. This Bible Study takes place on **Tuesday mornings from 9:30 to 11:30 a.m.**

MEN'S BIBLE STUDY will also resume in September or October. This study takes place on **Monday evenings 6:30 to 8:30**. We will be studying the Book of Revelations so please come and join us. Again, you may call of office or speak with us at the Thrift Store for more information.

SUNDAY SCHOOL will begin on **September 11th**. Please consider enrolling your children in this awesome program.

CHILD CARE is available each and every Sunday morning for your younger children so plan to come and enjoy our church services.

ALL EXECUTIVE BOARDS will resume meetings beginning in September.

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You can remain updated by visiting our website www.tyngsborocongregational.org or please check our Facebook page for unexpected closure dates.

We are always looking for volunteers to help us out. ***If you can spare a few hours a week, please call Charlotte at 978-649-780.*** Thank you to the dedicated volunteers who so faithfully show up each day! We could not do all the good that happens every day without your help. You are truly a blessing to us!!!

When you contact a business or organization, please tell them you've seen their ad or news in Neighbor to Neighbor. They would like to know.

Thank you, Anne

LOADING DOCK GALLERY

122 Western Avenue, Lowell, MA

Show: SPIN through September 25, 2022

Karen Christians and the Loading Dock Gallery present SPIN: a gridded installation of 350 circular spin casting molds. Over 2000 pewter castings spill across the walls, mimicking the murmur of birds. At once structured and swirling, SPIN invites contemplation of pattern and change in our manufactured and natural worlds.

Once used in local manufacturing, spin casting molds were auctioned off as jewelry production moved overseas. SPIN transforms these relics into commentary and art. Christians received her BFA in Metals from Massachusetts College of Art. "One of the great lessons from Mass Art was not just how you make one piece, but where does it live in space and context." In SPIN, flashes of gold leaf reference the precious. Imagery and text evoke New England's industrial past.

SPIN runs through September 25 at Loading Dock Gallery, 122 Western Avenue, Lowell, MA. Open noon-5:30pm, Wednesday-Saturday; noon-4pm Sundays. For details, visit www.theloading-dockgallery.com. Loading Dock Gallery is part of Loading Dock Arts, Inc., a 501c3. www.facebook.com/LoadingDockArtGallery

I HAVE TOO MANY PASSWORDS!!!!

By Dean Lotito

Everyone has too many passwords in their lives these days. Banking, email, shopping - all require accounts with passwords.

The worst way to get around this problem is to use the same password in all your accounts. Even the most careful companies sometimes get hacked and passwords stolen. If your password is stolen from an online shopping site, hackers will try that password at EVERY banking site to see if they can get access to your money.

The most common solution is a notebook of your passwords. This is a better solution. However, that book should be hidden in your home. It would be best to not write "Passwords" on the cover of the notebook. Lastly, consider keeping financial passwords in a different location. One that is harder to find. It would be a good idea to tell a close friend or family member where these passwords are kept.

The best solution is a tool called a password manager. While password managers are the safest choice, they can be a chore to set up. Some well-known password managers are DASHLANE, BITWARDEN and LASTPASS. A password requires you to remember just one password to get access to all your individual passwords.

FINANCIAL FOCUS

LOOK CLOSELY AT OPEN ENROLLMENT CHOICES

It will soon be open enrollment season — the time of year when you can review your employee benefits and make changes as needed. What areas should you focus on?

One to consider is health insurance. If you're still satisfied with your coverage, and it hasn't changed since last year, you may want to keep the same plan. But some employers are now offering high-deductible plans, which may give you access to health savings accounts that can offer tax benefits.

Next, look at life insurance. Is your employer's group coverage sufficient for your needs? If not, you may need to consider a private policy. And the same is true for your employer's disability insurance.

Finally, consider your 401(k) or similar retirement plan. While you can typically make changes to your plan throughout the year, why not take this opportunity to see if you need to adjust your investments? You might also consider boosting your contributions.

Try to get the most from your benefits package — it can be an important part of your overall financial strategy.

Content provided by Edward Jones for use by Jorg Skowranek, Local Edward Jones Financial Advisor, Member SIPC

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TYNGSBORO FRIENDS OF THE ELDERLY
FALL FESTIVAL LUNCHEON and ENTERTAINMENT,
Wednesday, September 28th at THE TYNGSBORO
SPORTSMEN'S CLUB, Westford Road. Doors open at 11:30.
Lunch is served at 12:30. Raffle Baskets and 50/50 available. Tick-
ets are limited. They will be available at the Tyngsboro Senior
Center on Mondays and Wednesdays, September 12 - 26 from
10AM to Noon. Tickets are also available by calling the organi-
zation's president, Joe Jacoppi (978-649-9076).

Membership forms are available on Greeter Desk at the
Tyngsboro Senior Center or by calling Elaine Rivard, (978)-649-
7689.

Meetings Resume On Saturday, September 24



THE HOPE AND HEALING ADULT GRIEF SUPPORT GROUP

LAST SATURDAY OF EACH MONTH 10:30 a.m.-12:00 p.m.

ST. JOHN THE EVANGELIST OLD PARISH HALL
115 MIDDLESEX ROAD, N. CHELMSFORD, MA

WHEN SOMEONE IN YOUR LIFE DIES When someone close
to you dies everything changes in your family, in your life, and your
dreams. Often this can turn your life upside down. Know you are not
alone in your grief and loneliness. The Hope and Healing Adult Grief
Support Group meets on the last Saturday of each month.

All are welcome to a safe place to share your story, find comfort,
hope and encouragement, as you continue a new path in life.

Registration is not required.

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Confessions St. John: Mon. 4:30-5:30pm & Sat. 3-3:45 pm
St. Margaret: Tues. 4:30-5:30pm & Sat. 1-2 pm
St. Mary: Wed. 4:30-5:30pm & Sat. 11am -12 noon

• WEEKEND MASS SCHEDULE

St. Mary: 4pm on Saturday, 7am and 11am on Sunday
St. John: 4pm on Saturday, 9:30am and 6pm on Sunday
Also 12pm African Liturgy (2nd, 3rd and 4th Sundays)
St. Margaret of Scotland: 4pm on Saturday and 7:30 and 10am on
Sunday

• DAILY MASS SCHEDULE Monday thru Friday

St. Mary at 7am • St. Margaret of Scotland 8am • St. John at 9am



WOMEN'S MONEY MATTERS IN THE NEWS

Women's Money Matters is honored to be recognized with a
Project Innovation grant from NBC. We are so proud to be one of
only four Boston organizations to have been recognized this year
for making an impact in Massachusetts through our innovative
model.

We are grateful to NBC's Project Innovation for the support
and recognition of our innovative and holistic approach to financial
health for women living on low-incomes. Our model for financial
wellness is one of the most successful strategies for disrupting
poverty because of the unique combination of small peer support
groups, a comprehensive series of financial wellness workshops
tailored to the needs of women, and most importantly, the one-to-
one coaching relationship.

For more information on this organization and to see how you
can get involved, please check out their website.

<https://womensmoneymatters.org>

TYNGSBOROUGH GARDEN CLUB



The Garden Club finished up its programming season on June 21 with a potluck supper at the home of Linwood and Denise Bryan on Lake Muscuppic. The venue and the weather were perfect. The edibles were a delight. (Our Garden Club members are excellent cooks.) The event was very well attended with almost two thirds of our members present.

Our first summer field trip took place on June 17. A group of us went to the Hamilton House and Gardens in South Berwick, Maine for a docented tour of the property. Owned and maintained by Historic New England, this fine Georgian mansion sits on a beautiful promontory at the mouth of the Salmon Falls River. We learned a lot about the history of the site, its furnishings, and its beautifully manicured gardens and spent time strolling the site just drinking in its natural beauty. The tour was followed by lunch at Fogarty's Restaurant and Bakery in downtown S. Berwick.

In July, we went to the Eleanor Cabot Bradley estate in Canton, MA. Owned and administered by the Trustees of Reservations, the gardens were laid out in a classical style and beautifully maintained. We even got to talk with the head gardener and learned about some plants that we might like to have in our own gardens on of these days.

Our next and final field trip of the summer will be to the Pleasant-view Gardens in Loudon, NH, home of Proven Winners nurseries and we will be begin our fall programming and new membership year on September 6. Photographer Nick DiPasquale will be giving us some hints on how to photograph our gardens

New Garden Club members are always welcome and the public is invited to attend individual programs for a nominal fee of \$5. Unless otherwise noted, meetings take place at the Evangelical Congregational Church at 23 Kendall Rd. and begin at 7 pm. Club dues are \$20. For more information, please contact us at tynggardenclub@gmail.com Linda Sheldon, President

BONE BUILDERS AT TYNGSBORO SENIOR CENTER

Bone Builders, a special series of weight lifting and balance exercises for those with Osteoporosis, is a free class at the Tyngsboro Senior Center, 169 Westford, Tyngsboro. The class is held **every Monday and Wednesday from 9 to 10AM by certified instructors**. Along with the exercise session you will learn how to deal with this disease.

You are welcome to come in and watch a class before filling out the paper work. Exercises are not aerobic but slow and gentle movements. For further information, please call Jean Jacoppi (978) 649-9076.

STITCHERS

The Stitchers meet at the Tyngsboro Senior Center, 169 Westford Rd, every Monday from 10AM to Noon.

Chemo Caps was the last project. Thank you to Volunteer Senior Instructor: Yolanda Camona for initiating this project. A special thanks to those who contributed to this project: Jeanne Checchi, Mary Joy Gradia, Elaine Rivard, Carol Sides, 'Ritva Ojamen, Lucey Foley, Mary Texiera, and Shirley Burchfield.

A special thanks goes out to FRIENDS OF THE TYNGSBORO ELDERLY, INC. who not only were willing to donate yarn to the project, but also provided for mailing the caps as well.

Our ongoing project of keeping the needy warm continues. We are providing warm clothing, blankets and afghans through the agency called ABLE TO SERVE. Thank you to Beverly MacLean for her donation of hand knit afghans and Ritva Ojamen for a generous donation of knitwear for children. Hospice continues to receive our shawls, lap robes, caps, and afghans as well.

We are always collecting new yarn for our projects. Won't you join us as we Keep Our Needy Warm by either knitting or crocheting with us in the center or taking supplies home to knit or crochet for a worthy cause. **For further information, please contact Jean Jacoppi, Coordinator (978) 649-9076..**

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DECC is a caring community of faith where we are all on a journey together finding hope, purpose, connection, and wholeness as followers of Jesus. Wherever you are in this walk of life, we invite you to join us.

- **Sunday Morning worship service begins at 10:30 AM.** Masks are optional. Social distancing is according to your comfort level. You may also continue to worship online via our Facebook live stream for current or past services.
- **Adult Bible Study** will resume in September. Check on the website for updates.
- **Sunday School/Nursery** will resume in September. Check on the website for updates.
- Classrooms and the Preschool have been updated with fresh paint, new floors and doors. New windows will be installed in the sanctuary before winter.

IF YOU HAVE GOTTEN OUT OF THE HABIT OF ATTENDING CHURCH, COME BACK.

PEOPLE NEED YOU. YOU NEED PEOPLE.

- Come visit your community church. Streaming is still available on our website, www.dunstablechurch.org.

*May the Lord walk between us while we are absent,
one from another.*

DUNSTABLE TYNGSBOROUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need. We are currently looking for community minded members to join, please contact membership chair Joe Ward his contact information is below.

- **The Dunstable Tyngsboro Lions Club would like to announce the first female President since the existence of the club which was formed in 1977.**

• **Officers for the 2022-2023 Lions Year** President: Laura Ward, 1st Vice President/Treasurer: Kristine DeMonico, 2nd Vice President/Secretary: Meg DeMonico, Membership Chair: Joe Ward

• **Anyone interested in joining the lions** is asked to contact Joe Ward at 978-930-1153. **Our Regular Meetings are held on the first and third Tuesday of the month starting at 6:30 pm at Princeton Station 147 Princeton St., in N. Chelmsford, MA.**

• We will be sponsoring the **Council on Aging Breakfast** at the Tyngsborough Senior Center, 169 Westford Road in Tyngsborough on **Thursday, October 20th, 2022 at 8:30a.m. Open to Seniors & Veterans.**

YOU CAN HELP BY DONATING THE FOLLOWING:

- **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.
- **Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- **Can tabs** please place into bags before putting in the boxes.
- Lion's collection boxes for eyeglasses, hearing aids and can tabs are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Multi-Service Center at 180 Lakeview Ave, and Dunstable Town Hall, Post Office, and Library.
- **Pennies for Sight:** "Your change- changes people's lives" See a Lion cannister around please consider donating. Every Penny Counts!

*"Alone we can do so little; together we can do so much."
Helen Keller*

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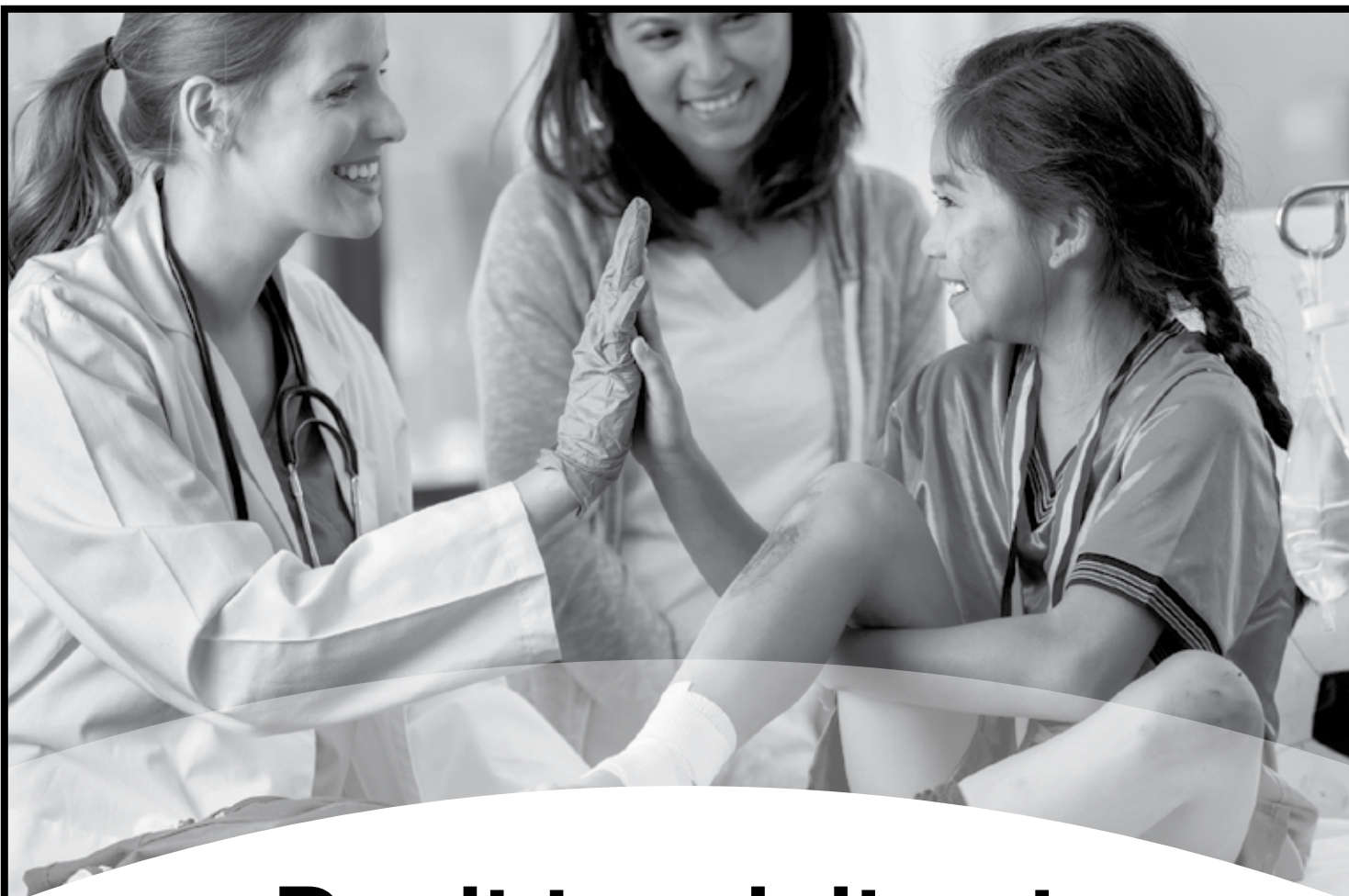
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Evan Fuller

WHAT TO KNOW

ABOUT THE HOUSING MARKET

Anyone who lived through the 2008 recession and subsequent housing market crash is likely feeling a little worried. After all, home prices have risen quite a bit in the past few years, and inflation is at a 40-year high.

But does that mean we'll find ourselves in a situation similar to the late 2000s?

Likely not — because today's market conditions are starkly different from what was happening in that period.

And in fact, the 2022 housing market is quite strong. Here's why:

• **Demand far outweighs supply.** Housing inventory is extremely low, and demand continues to surge. Demand will likely remain strong for the foreseeable future as the practices of remote work and buying and selling online continue. These two factors keep home values up and provide a steady stream of buyers as properties hit the market.

• **Lending standards are stricter.** It was much easier to get a mortgage 15 years ago. After the crash, lenders created more rigorous standards for borrowers and the financial situation they need to be in to take on a mortgage. Due to these tighter requirements, most homeowners aren't at risk of foreclosure if the economy heads toward a recession.

• **Homeowners have a lot of equity.** The average homeowner gained over \$55,000 in equity in 2021 alone. In the event of a recession, most homeowners could sell their homes and still make a healthy profit.

There's no crystal ball to predict the future, but the housing market is on strong footing, even through the ups and downs.

Catie's Closet

FILL THE BUS FOR KIDS IN NEED

This will go through to September 30 at 5:00pm

We need your help! Email: bethany@catiescloset.org for details!
4 Ways to get involved: Run it, Give it, Pack it, Fund it.

Run our Virtual 5K: Our virtual 5K is back again this year from September 18-October 2! Registration is \$30 per participant, which funds the purchase of brand-new sneakers for a child in need. Run as an individual, as a team with your family, friends or company! Visit our 5K website to register, set up your team and fundraisers and more!

Host a Drive and Shop Amazon: This continues to be the core of our Fill the Bus campaign. We provide a digital flyer and donation boxes — all you need to do is spread the word to your community or throughout the office. At the end, we help schedule the drop off or pick up of the items. Our Amazon Wish lists are also available to purchase from. Contact us to start the process of hosting your drive. Buy a Confidence Pack: Your company can purchase Confidence Packs, which are specifically designed to address our most urgently requested needs. Shop the items yourself and have a packing event, or fund their purchase. Learn more about the five different packs we offer and get your shopping list.

Sponsor the Need: You can also sponsor our most urgently needed products to help guarantee sufficient inventory for the upcoming school year. We offer a variety of sponsorship levels that are designed to maximize impact in numerous ways, from making specific products immediately available to students or supporting our Emergency Order system that helps displaced students get back to school after a crisis. You can also Adopt a School, which supports the inventory needs of one of our 120+ existing Closets for the entire school year. Let's become partners and make a difference together. www.catiescloset.org/event/fill-the-bus-for-kids-in-need/
19 School Street, Dracut, MA 01826 Hours of operation: 10am to 5 pm, Monday-Friday, Phone: 978-957-2200

For more details on clothing and toiletries that are accepted, and to sign up to donate your time, or make a monetary donation, please visit the website www.catiescloset.org

MEDICARE PLAN REVIEW COMING UP!

It's that time of year again - the **Medicare Open Enrollment period: October 15- December 7.**

Your health insurance needs are as unique as you. Because Medicare plans change every year, Medicare Open Enrollment period is the annual opportunity to review your Medicare insurance plan to ensure it is the most cost-effective plan for **YOU**.

Each year plans can change in many ways, such as the list of medications that are covered on the plan, prescription co-pays, preferred pharmacies, provider networks, and other benefit co-pays. A certified SHINE counselor can assist you with understanding the various plan options for 2023.

SHINE counselors provide individual-based, unbiased assistance to Medicare beneficiaries and their families about all Medicare options.

By reviewing your coverage during Open Enrollment, you may find that your plan will still be most cost-effective for next year, or you may find a plan that helps to put money back in your pocket where it belongs!

Be an educated consumer and make an appointment to review your Medicare plan with a SHINE counselor by calling the Council on Aging, or call 978-946-1374 and request a Plan Finder form to be sent to you by mail.

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AMERICAN LEGION POST 247 INC.

90 PAWTUCKET BLVD. TYNGSBOROUGH, MA

New Hours: Tuesday thru Saturday, 2pm to 7pm

Plans are now being made for a Veteran's Day activity. Please watch for more information in the October issue of Neighbor to Neighbor. *If you are interest in joining, or want more info about what is happening at the Post, please get in touch with the person noted for each organization or call the Post at 978-649-7540.*



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Elected Post 247 Officers serving for 2019-2021 Commander: Matt DeLucia; Sr. Vice Commander: David Simpson; Jr. Vice Commander. Executive Board: Joe Conlin, Ray Hamelin and Fred Carroll. Bartenders: Matt, Judi, Diane and Derik.



AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Auxiliary Unit 247 Officers for 2019-2021:

President: Linda Small; Sr. Vice: Ann Thellen; Jr. Vice: Joyce Ferreira; Secretary: Pat Modrich; Treasurer: Diane Dileo; Sgt-At-Arms: Deb St. Peters. Trustees: Michelle Lambert, Kathleen Olje and Josephine Beauregard.

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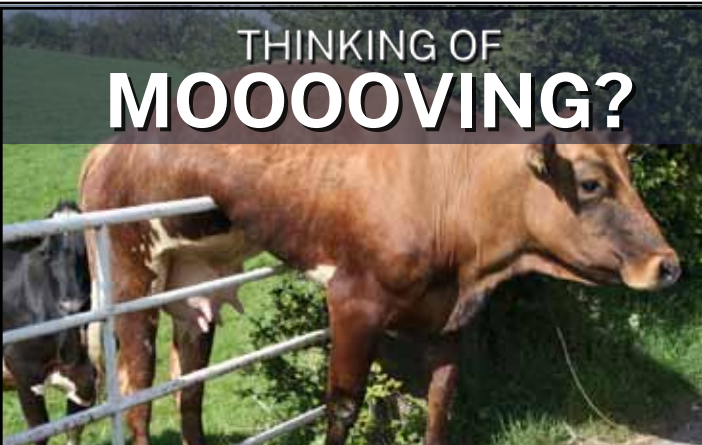


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**TYNGSBOROUGH & DUNSTABLE
HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY
Saturday, September 24, 2022
9:00 AM – 12:30 PM**

Tyngsborough Highway Department, 87 Kendall Road (Rte. 113)

Tyngsborough Board of Health 978-649-2300 Ext. 118 or health@tyngsboroughma.gov

<http://www.tyngsboroughma.gov/departments/inspectional-services/health/trash-and-recycling/>

Dunstable Board of Health 978-649-4514 Ext.229 or health@dunstable-ma.gov or jferrari@dunstable-ma.gov

Proof of Tyngsborough or Dunstable residency is required: Driver's license or current utility bill

RESIDENTIAL WASTE ONLY

WHAT TO BRING:

From the Workbench

Oil Based Paints
Stains & Varnishes
Wood Preservatives
Paint Strippers/Thinners
Solvent Adhesives
Lighter Fluid

From the Garage

Fuels/Gasoline/Kerosene
Engine Degreaser
Brake Fluid/Carburetor Cleaner
Transmission Fluid
Car Wax, Polishes
Driveway Sealer
Antifreeze

From the House

Rubber Cement
Airplane Glue
Fiberglass Resins
Aerosol Cans
Photo Chemicals
Furniture Polish
Oven Cleaner
Toilet Cleaner
Spot Remover
Rug & Upholstery Cleaner
Hobby & Art Supplies
Floor & Metal Polish
Rechargeable and Button Batteries

From the Yard

Weed Killers
Chemical Fertilizers
Flea Control Products
Poisons, Insecticides
Fungicides
Moth Balls

Roofing Tar
Swimming Pool Chemicals
Motor Oil
Car Batteries
Fluorescent Lights (no ballasts)

WHAT NOT TO BRING:

Electronics	Metal items and Appliances	Latex Paint*
Ammunition	Fireworks	Alkaline Batteries*
Asbestos material	Empty Containers/Trash	Commercial or Industrial Waste
Radioactive Waste	Smoke Detectors	Infectious & Biological Waste
Syringes	Prescription Medicines	Explosives

*non-hazardous – can be discarded in trash (latex paint needs to be dried out before discarding)

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Tires: \$3.00 (lawn mower, passenger, and light truck tires only - no oversize tires)

Propanes:

Items	1#	5#	10#	20#	30#	40#	60#	100#	Fire Extinguishers
Price	\$1	\$2	\$2	\$3	\$3	\$5	\$10	\$15	\$6

No oxygen or helium tanks

HOW CAN I SAFELY TRANSPORT HAZARDOUS WASTE

Leave materials in original containers

Tighten caps and lids

Sort and pack separately: oil paint, pesticides and household cleaners

Pack containers in sturdy upright boxes and pad with newspapers

NEVER MIX CHEMICALS

NEVER SMOKE while handling hazardous material