



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

Celebrating 38 Years of Service!

Issue # 416 • June 2022

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DUNSTABLE TOWN CLERK

- Governor Baker signed a bill to set the date of the State Primary to Tuesday, September 6. More information will be published, please keep an eye on this column and sign up for news and announcements on the town website to keep informed.
- Nomination papers have been received from the Secretary of the Commonwealth for the position of Greater Lowell Regional School Committee, Dunstable representative. They may be obtained at the Office of the Town Clerk. **Candidates must submit nomination papers to local registrars of voters for certification no later than 5:00 pm on Tuesday, July 26.** Candidates must obtain a minimum of 50 signatures throughout the district (Dunstable, Tyngsborough, Dracut and Lowell). It is recommended to obtain more in case any are disqualified. It is the candidate's responsibility to get the certified papers from the local registrars and deliver them to the clerk of the regional school district on or before the filing deadline. A candidate must be a registered voter in the Town of Dunstable and must obtain a certificate of voter registration from the Town Clerk. The Greater Lowell Regional School Committee positions are a 4-year term, elected on the State Ballot in November.

Carol A. Skerrett, Town Clerk CMMC, 978-649-4514 x222,
CSkerrett@dunstable-ma.gov

A PLAY AT SWALLOW UNION

Come support our Swallow Union 4th graders
as they perform in *Oliver! JR.*

... the Broadway Junior version of Lionel Bart's classic musical based on Charles Dickens' novel, *Oliver Twist*. The Tony and Olivier Award-winning show is one of the few musicals to win an Academy Award for Best Picture and is widely hailed as a true masterpiece by actors and audience members alike. *Oliver! JR.* is full of classic songs like *Consider Yourself*, *Food Glorious Food*, and *Oom-Pah-Pah*, and perfectly showcases the talents of our wonderful group of student actors and actresses directed by Jon Swift!

Performances will be held at Swallow Union School, 522 Main St., Dunstable, MA, on Friday, June 10th at 7PM, and Saturday, June 11th at 2PM and 7PM. Tickets will be available at the door for \$8 per adult and \$5 per student/senior. *Editors Note: This came in at the last minute. Hopefully you will be reading this prior to the performance.*



Congratulations Graduates, Class of 2022!

**Congratulations as well,
to students Moving up to Middle School and
to students Promoted to High School!**

IN MEMORY OF

Donato J. DiRocco III

Wendi Ann Sullivan

DUNSTABLE VETERAN AGENT

Wow! June is already upon us. I do hope that you were able to attend the Memorial Day Parade last month. We hope to have pictures posted on Facebook for you shortly.

One interesting item came across my desk last month that I need to share with all of you vets out there who were in the Middle East wars. I am reaching out to inquire if you would be willing to support our DoD funded research study "BBRAIN: Boston Biorepository, Recruitment and Integrative Network for Gulf War Illness" by sharing this information with your community. This study lead by Dr. Kimberly Sullivan aims to produce data to be stored for doing future research on 1991 Gulf War veterans' health outcomes. They have collaborative study location sites at the VA in New York, Miami and San Francisco. Their lead study site is at Boston University. Visits typically last from 9am to 12:30pm and entail a fasting blood draw, saliva collections, a brief physical and cognitive testing.

More information about the study and the work they are producing can be found here: <http://sites.bu.edu/bbrain/>
<https://www.bu.edu/articles/2021/veterans-still-battle-gulf-war-illness-three-decades-after-gulf-war/>

They also have a Facebook site where they have posted the study flyer: <https://www.facebook.com/gwicboston>

I do hope that you at least take time to see what this can do to possibly help your fellow veterans. I also would appreciate it if you would take a minute to provide some feedback to me as to what you think of this program.

I would like to give recognition to those vets I have in the Dunstable database who were born for each month but have since passed away. This month I would like to honor the following:
Leon E. Belley – 25 June 1925 – 15 April 1984 – USN – WWII/ Korea

Calvin C. Chase – 21 June 1943 – 1 Dec 2019 – USN - Vietnam
Fred A. Choate – 15 June 1918 – UNK – USA – WWII
Frank G. Cover – 28 June 1948 – 26 Dec 2016 – USA – Vietnam
Richard D. Holt – 11 June 1943 – 1 Dec 2018 – USA – None
Lindy P. Sevigney – 22 June 1932 – 10 Sep 2013 - USA

Our many thanks to those who went the extra step to serve our country.

As always, if you know of any Veteran or family member of any veteran who might need assistance please contact me. I am normally available from 10:00AM to 2:00PM on Mondays almost every week. You can call or text on my cell and leave a message 978-496-0985 or send me an email anytime at VSO@Dunstable-ma.gov. God Bless.

Dunstable Veteran Services Office

Joe Dean (Former USMC Sgt, Retired USAF Capt.)

Dunstable Veteran Services Officer

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GOLF TOURNAMENT TO BENEFIT GROTON DUNSTABLE HIGH SCHOOL FOOTBALL

If you haven't heard, there is a new Football Coach at Groton Dunstable High School. James Creed, is now the Coach, and he is trying to bring the community together, while raising funds for the Football Program. There is to be a **Golf Tournament on July 25th**. Located in Hollis, New Hampshire, The Overlook Golf Club is situated along miles of frontage on the beautiful Nashua River producing a perfect golf course setting. Natural wetlands, artfully sculptured bunkers, and gracious pines serve as some of the challenge to this traditionally designed championship golf course. The Overlook is a pleasurable 18 hole championship course that players of all abilities will enjoy. It has a private club feel, but is always open to the public.

Everything can be done through our website <https://birdease.com/GDFOOTBALL>. Golfers are invited to go online to register for this event. If you would like to help by being a Sponsor please go to the website to see the different opportunities available. If you don't golf, but would like to support the program, there is a sports memorabilia auction going on, or you may make a monetary donation by clicking on the Donate link.



Hi All, I can't believe that the lemonade stand and the Great Strides Walk for Cystic Fibrosis is already over.

As most of you know I set a pretty big goal this year and I tried to raise \$4,400 for my friend Reid and all others who live with this disease. I don't have a final total yet but I think that after the final checks are cleared that I turned in at the walk in mid May I may have reached my goal and raised just over \$4,500.

I could not have reached this goal without our amazing community and support group of family, friends and neighbors that support me each and every year. I want to thank everybody who came to the lemonade stand or donated because all of you people are the true lifesavers and all of your donations are going to help find a cure for CF and one day, I hope, that these two letters will stand for Cure Found instead of Cystic Fibrosis. **Thank you all, Sophia West**

At this time the Town Hall is closed on Fridays

DUNSTABLE TOWN HALL DIRECTORY

Town Hall (978) 649-4514. **The departmental extensions are as follows:**

221 Town Accountant 222 Town Clerk 223 Council on Aging
224 Selectmen (handles many depts.) Also for Animal Control Officer.

After hours call Police at 978-649-8891. If emergency call 911

226 Building Inspector 227 Road Commission
228 Tax Collector/Treasurer 229 Board of Health
230 Conservation/Planning Board 249 Assessors, Water Dept

Please dial 0 if you need assistance.

Veteran's Officer 978-649-3919

POLICE NON-EMERGENCY 978-649-7445 POLICE & EMT 911

FIRE DEPT. TELEPHONE NUMBERS TO REPORT A FIRE CALL 911

Business Line.....978-649-6661 FAX.....978-649-6072

Alarm System* **978-448-6666***can be used to call in a fire from cell phone

Visit www.dunstable-ma.gov for contact info, news & updates

Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

E-mail: anne@neighbortoneighbornewsletter.com

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Total Circulation is now 6,616 which includes Dunstable and Tyngsborough.

Read Current and Past, Dunstable & Tyngsborough editions of Neighbor to Neighbor as well as other articles online at www.neighbortoneighbornewsletter.com

Do you have some news or want info about advertising in the July/August issue? Call 978-419-1914 or email anne@neighbortoneighbornewsletter.com.

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DUNSTABLE SENIORS

Program Coordinator Susan Tully 978-649-6750

or Email at sjt0213@verizon.net

Dunstable Seniorswe are a peer group for those over 60.

HAPPY BIRTHDAY to all who are celebrating this month!

MEETINGS are held on Wednesday at the Dunstable Library

We will have access to the community room from 10 – 2.

Come and take part in, cribbage, dominos, and scrabble groups that will be on hand each week. **Masks are now optional**

LUNCHES FOR JUNE

On **June 1** Celebrating all our seniors who are turning 90 and those who have already reached that milestone. **The seniors that are turning 90 this year are: William Primeau, William Bridge, Lewis Staples, Marion Taylor and Rita Hewitt.** The students from the culinary dept. of Greater Lowell Tech will be providing a delicious B-B-Q with cake and ice cream for dessert. At 12:45, Howie Newman will entertain us his high-energy music program. **This program is sponsored by the Dunstable Cultural Council.**

On **June 8 UPSY DAISY DAY** We will be having a breakfast lunch. Pancakes, ham, sausage, potatoes, and fruit salad.

On **June 15** We will be having a spring mix salad with strawberries, soup and blueberry coffee cake for dessert. AgeSpan will be providing the lunch.

On **June 22** Lunch will be salad and pizza - provided by the Traveling Chef.

On **June 29** We will have the presentation of the Boston Post Cane to John Goldthwaite. Lunch will be chicken pot pie and ice cream sundaes for dessert.

Reservations for all meals are required one week prior to each meal. Come and take part in, cribbage, dominos, and scrabble groups that will be on hand each week.

Bone Builders Lead by Brian O'Donnell and Linda Gill, is held on Wednesdays and Fridays from 10:30 to 11:30 at the Dunstable library. Bone Builders is a FREE, low impact, balance and strength training exercise program. Please drop in if you are interested in joining.

High Tech Device Assistance Could you use some help getting the most out of your I phone, tablet or laptop? Dean Lotito has volunteered to be at the library on **Wednesday, June 15 from 10:30 – 1:00** to help answer your questions. Just come with your phone, tablet or laptop. RSVP if you are interested.

Town Wide Yard Sale The COA is sponsoring a Town Wide Yard Sale on **Saturday June 18th from 8:00a.m. – 2:00p.m.** Set-up will be at your own home, but the COA will be putting together a map of all participants. Send a check for \$5.00 to Dunstable Council on Aging, 511 Main St. **by June 8th.** Maps will be available to pick up at 7:30a.m. at the town hall and at yard sale sites on the morning of the yard sale.

Reading Suggestions We would love to have you join our monthly Book Group. Not your thing, but still love to read, here are a few more suggestions. *In Bloom* by Fern Michaels, *Marlow Murder Club* by Robert Thorogood, *Claws for Suspicion* by Deborah Blake, *Kingdom of Bones* by James rollins.

Book Group Our group will meet at 10:30a.m., on **Saturday, June 18** in the community room of the Dunstable Church. We will be discussing **The Seed Keepers** by Diane Wilson. Summary: A haunting novel spanning several generations, *The Seed Keeper* follows a Dakota family's struggle to preserve their way of life, and their sacrifices to protect what matters most. Everyone is responsible for getting their own book but can also be ordered thru the Dunstable library.

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COMMISSIONERS OF TRUST FUNDS

For Those In Need

Are you a Dunstable resident who is experiencing financial hardship? We may be able to help. A century ago, various residents of Dunstable willed funds to the town to help those in need. Dunstable's Commissioners of Trust Funds are responsible for disbursing funds from the interest on these accounts each year. If you, or someone you know, is a resident of Dunstable and could use some one-time help with medical, pharmacy, grocery, or fuel bills, let us know. Requests can be submitted by emailing the Commissioners of Trust Funds at www.dunstable-ma.gov/user/53/contact. All inquiries are confidential.



Matt's Monthly Mechanical Memo

By Matt Manning

With cooling season in full-swing, let's look at SEER ratings which measure the maximum efficiency for air conditioners, similar to the miles-per-gallon (mpg) for cars. A car might get 28 mpg at highway speeds, but get much lower in stop-and-go traffic. So, how does the SEER rating impact air conditioning choices?

Higher is better. A higher rating means greater energy efficiency. The minimum SEER rating for air conditioners is 13. ENERGY STAR qualified systems must have a rating of 14.5 to qualify, with many rating up to 21.

Greater comfort. Higher SEER units often have 2 components that provide greater indoor comfort; 2-stage or variable-speed compressors and variable-speed blowers.

Control settings. Proper system design, installation, and operation settings ensure peak performance & efficiency are achieved.

More savings. In addition to lower operating costs, high SEER HVAC systems qualify for large rebates and tax breaks.

Until next month, stay comfortable.

Matt

Got a question? Drop me a note!

matt@denommeeplumbing.com



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PACH PEPPERELL FOOD PANTRY

66 Hollis St., Pepperell, MA Tues 5-7pm, Thurs 2-4 & 5-7pm.

PACH provides food, paper goods and personal care items to residents in need of assistance. If interested in this service, call the Office at 978-925-9770 or visit their web site at

www.pachoutreach.org. **If you would like to donate items for this program, you can drop items off at West Auto Repair located at 30 Pleasant St. in Dunstable, MA.**

COMMUNITY CARES CORNER

AT WEST AUTO REPAIR IN DUNSTABLE

Located inside our waiting area at West Auto Repair, located at 30 Pleasant St. in Dunstable, MA, we have our community cares corner. Here you can drop off your **pop tabs** which are donated to Shriner's Childrens hospital, your **Box Tops** for Education which are donated to Swallow Union elementary school in Dunstable and your **donations for PACH food pantry** in Pepperell.

Thank you neighbors for your continued support of the **PACH food pantry** via our collection boxes. Next time you are out and about, if you are considering picking up a donation for the PACH food pantry, they could use the following: *coffee, laundry detergents and personal care items (soap, shampoo & conditioner, diapers, feminine pads, toothbrushes, toothpaste)*. As always any donation food or monetary is greatly appreciated.

Donations can be dropped off Monday - Friday between the hours of 8AM and 5pm inside the waiting room or should you stop by after-hours there is a blue bin located to the right of the front porch area where you can leave your donations as well. **Thank you for making this community cares corner such a success. Wishing everyone a happy, healthy summer. The West Family**

TRASH & RECYCLING YEARLY SUBSCRIPTION RENEWAL NOTICE

May 1, 2022

Your yearly subscription with the Town of Dunstable for trash and recycling pickup will expire on June 30, 2022. Once again for the 5th year, we will not be raising the fee; it remains at \$300.00/year.

Beginning May 1, three renewal options are available. New subscribers can use the same options

Pay on line on the town webpage www.dunstable-ma.gov and choose online payments. Scroll half way down the page to Trash-Board of Health.

Mail a \$300.00 check made payable to the Town of Dunstable to P.O. Box 268, Dunstable, MA 01827.

Drop off a check or cash to the Town Hall Monday-Thursday 9:00-4:00 p.m. Please write Joan - Trash Payment on your envelope.

Overflow bags can also be purchased on line or at the town hall. The cost is \$3.00 each, sold in rolls of 5 for \$15.00. Although there is not a specific spot to purchase the bags on line, just fill in the amount on the trash & recycling renewal page and we will recognize the amount is for the purchase of bags. Bags may be picked up at the town hall Monday-Thursday 9:00 a.m.-4:00 p.m. Bring a copy of your receipt if you paid on line.

PLEASE GET YOUR PAYMENT IN AS SOON AS POSSIBLE TO AVOID AN INTERRUPTION IN SERVICE.

If you need to reach us for any reason, please email me at jferrari@dunstable-ma.gov or health@dunstable-ma.gov. You may also leave a message at 978-649-4514, Ext. 229.

Thank you.

Save the Date: Household Hazardous Waste Collection for this year is **September 24, 2022**. If you are new to town, or if you are not sure of what is usually accepted, you can see the full page flyer that ran as the last page in the July/August 2021 issue of Neighbor to Neighbor. www.neighbortoneighbornewsletter.com

EXTRA HANDS AND PAWS

Pet Care, both day and overnight. Dog walking.
Cat Care in your home. Vacation home checks, plant watering. **Please call Diane Nilsen at 978-649-8786 or email dianeinilsen@gmail.com.**

WELL ADULT CLINIC

The Dunstable Board of Health and Nashoba Board of Health announces that a Well Adult Clinic will be held on **Wednesday, June 22 in the Dunstable library from 11:00 – noon**. Maureen Scott, our new nurse will be on hand at these clinics which allows for personalized, one on one attention from the nurse. Contact Nashoba Board of Health at 987-772-3335 ext. 340 or www.nashoba.org if you have any questions or are in need of their services.

DUNSTABLE FREE PUBLIC LIBRARY

588 Main St. 978-649-7830

For more library information go to

www.dunstable-ma.gov click on library

Mary Beth Pallis - Director – mpallis@dunstablepl.org

Karen Debrenceni - Children's Librarian kdebrenceni@dunstablepl.org

**LIBRARY HOURS: Tues 3pm-8pm; Wed 10am-2pm,
Thurs 10am-6pm, Fri 10am-2pm; Sat 10am-2pm**

Like us on FACEBOOK to receive program updates!

www.facebook.com/pages/Dunstable-Public-Library/

- **Community Room Artist** Check out the wonderful new artwork done by Alice Snizek. She has a new collection showing in the community room!
- **Preschool Story Hour** Please come in with your 3, 4 or 5 year old for story hour. Story hour is held on Thursdays and Fridays. We meet from 10:30-11:30. The program includes stories, songs and a craft or activity. Come in and join the fun! Please check on the DPL Facebook page for additional information.
- **Adult Book Club** Our group will meet **Saturday, June 18th at 10:30am** at the Dunstable church.
- **Bone Builders Program** Classes are on Wednesdays and Fridays at 10:30. This is a free, low impact, balance and strength training exercise program.
- **Homework Club** The library is offering homework help every Tuesday night from 6:00-7:00 for the school year. This is a free service for children from Kindergarten to High School. Honor Students from local high schools are available to help the children. These students help children understand their math homework and more. If your child is attending, please call by 5:30 so we can be sure a student will be here for your child.
- **Chapter Book Reading** Mrs. D will be reading from a chapter book each Tuesday night at 5:30 pm. Please join her on DPL Facebook live to listen to the story. Any suggestions for favorite chapter books will be appreciated.
- **Take and Makes for this month** Come to the library to pick up materials to make several special projects. More information will be on the Dunstable Public Library Facebook page. All the directions and supplies are included. Bags will be in the library lobby. No sign ups are needed. Supplies are limited. • **June 21st – Rock decorating for your garden! Also a tween craft will be put out.** Decorate a small pouch that can be used in a variety of ways! Also out, is a wellness kit and an origami kit.
- **Library Passes Available** Take advantage of these great passes: Boston Museum of Fine Arts, One Stop Fun, US Constitution Museum in Charlestown, pass to 50 Massachusetts State parks, Salem Witch Museum and Merrimack Repertory Theatre.
- **Summer Reading Kick-off!** We will begin our summer reading program on **Tuesday, June 28th at 6:30pm with the incredible magic of Scott Jameson!** The library will be doing many incredible activities and programs this summer! **Please sign up at the library or email Mrs. D. at kdebrenceni@dunstablepl.org.** This program is supported by a grant from the Dunstable Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency.

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LOAVES AND FISHES DRIVE-THRU PANTRY

**June Drive-thru Pantry Schedule. Open 9:00am to 12:00pm.
June 1, 3, 8, 10, 15, 18, 22, 24, 29**

Are you choosing between heating your home, buying medications or feeding yourself and your family? **We can help!** Loaves & Fishes' mission is to provide nutritious food, in an atmosphere of kindness and respect, to individuals in need who reside in Ayer, Devens, Dunstable, Groton, Harvard, Littleton and Shirley.
www.loavesfishespantry.org/need-services/faq-services/ or call 978-772-4627. Please follow us on facebook or call us at 978-772-4627.

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DUNSTABLE'S COMMUNITY YARD SALE SATURDAY, JUNE 18, 2022 8:00a.m. – 2:00p.m.

Sponsored by the Dunstable Council on Aging

Maps will be available at the
Dunstable town hall, 511 Main St.
on **June 18th at 7:00a.m.**

People will be setting up at their own homes.
They are hoping to have 30 sites around town!

GROTON DUNSTABLE EDUCATION FOUNDATION

...helping our students "Reach for the Stars!"

Dear Community,



GDEF would like to extend our heartfelt thanks to our community for your donations this year!

The Groton Dunstable Education Foundation (GDEF) is a local, non-profit, volunteer organization that supports all five district schools with grants above and beyond the school budget, directly benefiting students! GDEF provides significant funding to the GDRSD for innovative, inspiring programs and opportunities. We believe that each child deserves an excellent educational experience and that well-funded and successful schools are fundamental elements of our special communities.

This year we were glad to provide about \$18,000 to the GDRSD. As usual, we held our two regular major grant cycles in August and January, as well as accepting mini-grants year-round.

During our major grant cycles, we were thrilled to provide funding for five innovative and inspiring opportunities for our school community. These were: huge whiteboards for 7th-grade math classrooms to promote collaborative thinking, access to the Thinker Analytics course for high school students to develop logic and reasoning skills, funding for a social justice mural project at the high school to help create an environment of acceptance and support, Digi-Blocks manipulatives for elementary students to enhance the math curriculum, and decodable texts for kindergartners to promote reading development.

Through mini-grants, we sponsored clubs and provided durable goods for teachers to expand their instruction. We supported projects such as marble runs to teach about potential and kinetic energy, portable EKG Monitors for students in the GDRHS's Anatomy Class, and much more! We are always happy to provide opportunities for students that deepen their understanding and create hands-on learning as part of regular instruction.

As a community group, we hosted a booth at Grotonfest and decorated a tree at General Field for the Winter Tree Stroll! We were so happy to see people in person again! In March we hosted the annual GDEF Trivia Night, which was a great success with many laughs. Thank you to all the participants, and congrats to the team, 'May The Facts Be With You' who won the coveted GDEF trophy which is proudly on display at Middle School!

GDEF is actively recruiting members to help us with our work! Volunteering for GDEF is a rewarding and fun way to contribute to the GDRSD. Board meetings are held on the 2nd Tuesdays of the month at 7:30 pm. This year we are particularly looking for 'teacher parents' who have knowledge about curriculum, a parent of a preschooler at Boutwell, and a parent of a middle schooler!

If you'd like to learn more about GDEF or would like to consider joining us, please visit our website, www.gdef.org, follow us on Facebook at Groton Dunstable Education Foundation, or email us at info@gdefinc.org. We would love to communicate with you and share information about this outstanding organization.

If you would like to donate to GDEF, you can do so on our website or mail a check to GDEF, Post Office Box 322, Groton, MA 01450.

Our Annual Public Meeting will be held virtually on Tuesday, June 14th from 7:30-8:00 pm. We would be glad to share an overview of our year. Please email us to request a link.

Thank you, Colette Kuchel Director of Communications GDEF



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MORGAN BABCOCK SCHOLARSHIP AWARDS

The Trustees of the Helene Morgan Babcock and Alfred Babcock Memorial Scholarship Trust are pleased to announce six graduating seniors from the town of Dunstable who have been chosen to receive this year's awards.

As a community, we are fortunate to have this trust that has been financially rewarding Dunstable seniors since 2005. The benefactor of this scholarship, Helene Morgan Babcock, was one of seventeen children raised in Dunstable. Her family's home was destroyed by a fire in 1923. Residents of Dunstable welcomed the family into their homes while the Morgan home was rebuilt. The gesture of community kindness was never forgotten by Helene's mother; she reminded her children "to please remember the kindness of the people of Dunstable." Remembering her mother's words, Helene, upon her death, bestowed her entire estate to the Town of Dunstable for scholarships to selected graduating seniors.

We are proud to announce the 2022 Babcock Scholar is Jenna Beauchain. Jenna, a graduate of Groton Dunstable Regional High School will receive \$16,000 over the course of four years to help with the cost of his college education. Jenna is a motivated, appreciative young lady who gives her time generously and encompasses the strong work ethic this scholarship represents. She will be attending Clark University in the fall.

In addition, the trust is pleased to present five additional one-time scholarships of \$2000 to the following graduates:

Carter Puranananda, a graduate of Groton-Dunstable High School, will be attending University of Colorado, Boulder

Kimberly Harding, a graduate of Groton-Dunstable High School is excited to pursue Engineering at the New Jersey Institute of Technology

Ashley Sampson, a graduate of Bromfield School will be attending Westfield State College

Sylvia Han, a graduate of Groton-Dunstable High School, will be attending Cornell University where she will focus on Math and Biology.

Anneleise Carney, also a graduate of Groton-Dunstable High School, will be attending West Virginia University in the field of Exercise Physiology.

Congratulations to these deserving recipients!



2022 DUNSTABLE SUMMER CONCERTS

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6:30 - 8:30 p.m.

on the Town Common
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(Rain date is Thursday)

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- **June 29** **Mindrift Rock**
Pop & Blues Cover
- **July 6** **Stomp 'N Holler**
Country & Western Covers and Originals
- **July 13** **Band from U.N.C.L.E.**
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- **July 20** **Back 2 Back**
Classic Rock Cover Band
- **July 27** **Brian Templeton & Delta Generators**
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DUNSTABLE COUNCIL ON AGING

DIRECTOR OF THE COUNCIL ON AGING

Anne Fenochetti Email: afenochetti@dunstable-ma.gov
978-649-4514 ext. 223 Hours: Tues 8-12, Wed 8-11

DUNSTABLE COUNCIL ON AGING Barbara Martin, chairman; Mary Dow, secretary; Donald Pottle, Joan Simmons, Jean Haight. **The Mission of the Dunstable Council on Aging** is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs. **Feel free to give us your ideas.**

Senior Services

Well Adult Clinic June 22 in the Dunstable library from 11:00 – noon. Maureen Scott, our new nurse will be on hand at these clinics which allows for personalized, one on one attention from the nurse. Offered services include blood pressure and blood sugar screening, diet and nutrition information and teaching, medication review and assistance with identifying and coordinating community resources and referrals.

Alzheimer Support is a free service that assists Dunstable families who have loved ones with Alzheimer's disease or dementia. Through our free search tool and database of Alzheimer's care facilities, families in need of care for their loved ones can locate licensed care homes and communities in the Dunstable area that are best equipped to provide care for their loved ones. Go to www.alzheimersupport.com/memory-care/massachusetts/

Fabulous Feet by Diane Diane Stanley, a foot care specialist nurse, is now available to do home visits. She will check feet, trim nail, treat ingrown nails, corns and calluses. Experience with diabetes. Home visit is \$60.00 for a 1hour visit. Call 978-667-0644 to make an appointment.

Brown Bag Food Program Program offers a FREE bag of groceries the 4th Tuesday of each month. Each bag contains a variety of basic healthy foods. Bags need to be picked up at the Tyngsboro Senior Center. Call Laura Marsan 978-946-1303 for more info.

I'm in the Donut Hole What Can I Do? If you have reached or are about to reach that gap in your part D plan, the Commonwealth's Prescription Advantage program can help. For individuals with an annual income of less than \$38,640 or \$52,260 married. Prescription Advantage can help lower your co-payments while in this gap. Call for more information at 1-800-243-4636 or go online at www.prescriptionadvantage.org

Medicare Remember if you are turning 65 you should contact Social Security to enroll in Medicare. Medicare has no connection to your eligibility for social security benefits. If you have questions call Elder Services at 1-800-892-0890. **The Centers for Medicare and Medicaid Services at 1-800-633-4227.**

Book Delivery is available through the Dunstable Library on Thursdays. If you or someone you know needs books or audio material. Call 978-649-7830

Van Service is available for medical appointments and grocery shopping. Cost is \$5.00 for local trips, Lowell, Chelmsford, Nashua, Tyngsboro, Westford, Ayer, Groton & Pepperell. \$10.00 for any other. Check with Anne Fenochetti as soon as you know when your appointment is to make sure a ride is available.

Meals on Wheels Do you or someone you know need the services of Meals on Wheels? This service has merged with Tyngsboro's MOW. For more information contact AgeSpan 1-800-892-0890

WE HAVE APPLICATIONS FOR RMV HANDICAP PLACARDS PENSION ACTION CENTER Free legal counseling for workers and retirees who live or work in New England. Call 1-888-425-6067.

Durable Medical Equipment Before you buy, call to see if what you need is in the COA's inventory. We have good, gently used walkers, wheelchairs, transport chairs, canes, commodes and much more that people have generously donated. **These are on loan and need to be returned when not in use.** If you have items you wish to donate, please call first before you drop off items. **Accepted items should be brought to the Town Hall.**

FOUR REASONS TO CREATE AN ESTATE PLAN

By Edward H. Adamsky

Everyone needs to plan for the future. Few like to think about dying and many don't think they have an "estate" that needs planning. But there are several good reasons to plan, and whatever you call it (your "estate" or your "affairs") you need to plan.

If you see your Elder Law or Estate Planning attorney, you can set up your plan and it will accomplish several goals. Here are five major goals of Estate Planning.

1. Have a Will that says what you want: in your Will you get to say who gets what assets when you die, nominate a guardian for your minor children (if necessary), and designate the right person as your personal representative (executor) to administer your estate and make sure that your assets are distributed according to your written wishes.

2. Have a Trust, which can accomplish several other goals:

- Avoid probate: Trusts, unlike wills, allow for the swift and easy transfer of assets to your beneficiaries without having to go through probate. Although probate isn't always the nightmare nor big expense that you might have heard about, it can be annoying dealing with a government bureaucracy so avoiding that is usually a good idea.

- Providing for family members with special needs: If you have a family member living with a disability, and most especially if that person is getting any means-tested government benefits, then you need a trust with special-needs terms to protect the continued eligibility of your family member for those government benefits. That person might also need someone to manage their assets for them and a Trust is just the right tool to accomplish these goals.

- Protecting assets: As people age, they sometimes are less able to deal with their own assets and to keep them safe and protected. You can set up a Trust and choose a trusted person to handle those assets and keep them from predators, so they are available to you for the rest of your life.

3. Avoid fights among your loved ones: With a written plan (Will or Trust – or both) that specifies exactly what everyone should get and puts a trusted person in charge to make sure that happens properly, you can reduce the chances that your family members will fight over the money and objects you leave behind. You should communicate clearly with your family in person and in writing, so they all know what you want and what they are getting.

4. Prepare for incapacity and end-of-life care: you must plan for your eventual passing, and it isn't always easy. You should specify you desires for medical care at end-of-life and name the right people to handle decision-making regarding health care, and final disposition of your body. Putting your wishes in writing and using a Power of Attorney and Health Care Proxy will allow everything to move smoothly and will lesson the burden on your family.

COMMISSIONERS OF TRUST FUNDS

Sarah Parkhurst Lecture/Program Fund

Did you know that the Town of Dunstable has funds that may help defray the cost of a speaker for your group? A century ago, Sarah Parkhurst willed funds to the town for the purpose of maintaining free public lectures/programs in Dunstable. Dunstable's Commissioners of Trust Funds are responsible for disbursing funds from the interest on this account each year. Funds can be used by any recognized non-profit group of Dunstable residents, such as (and not limited to) the schools, Grange, 4-H, Scouts, Dunstable Seniors, library, etc. If your group would like to apply for these funds, please submit your request via an email to the Commissioners of Trust Funds at www.dunstable-ma.gov/user/53/contact

Please include the following information:

- Name of host group • Contact person; email and phone number
- Location of proposed lecture • Date of proposed lecture
- Name of speaker; fee required for the speaker • Topic of lecture
- Approximate number of attendees expected for the lecture
- Target audience • Amount requested

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June - July Program Listings

Week Long Summer Vacation Programs:

Minecraft Mania Ages 6-11, June 27th- July 1st, 9:00 AM-4:00 PM
Minecraft Mania 2: The Sequel, July 11th-15th, 9:00 AM- 4:00 PM
Artstravaganza, June 27th- July 1st, 9:00 AM-2:30 PM
Artstravaganza, July 11th- 15th,

Weekly Children Programs: Music Together® Young

Children's Music, Wednesdays starting June 29th, 9:15-10:00 AM
and 10:15-11:00 AM

Family Programs:

Groton's Turtles! Tales of peril and persistence and how you can help! Saturday, July 16th, 10:00-11:30 AM

Adult Programs:

Stained Glass Basic to Creation, Thursdays 6:00-8:30 PM and
Saturdays 10:30 AM-1:00 PM

Groton Historical Walk, Saturdays, 10:30 AM-12:00 PM

Hike Mt. Watatic in Ashburnham, Saturday June 11th, 10 AM-1PM

Tiny House 101, Saturday June 11th, 1:00-3:00 PM

More About our Awesome Universe, 5 Tuesdays starting June
14th, 7:00-8:30 PM

Intro to Watercolors, 4 Wednesdays starting July 6th, 6-8 PM

Acrylic and Oil Painting, 3 Tuesdays starting July 12th, 2-5 PM

Drawing Basics, 3 Wednesdays starting July 13th, 2-5 PM

Weekly Fitness Programs:

Yoga for End of Day Reset, Mondays (Online), 8:30-9:30 PM

Chi Fundamentals for Health, Tuesdays, 6:00-7:30 PM

Yin Yoga and Chill, Wednesdays, 7:30-8:45 PM

Yoga Fusion, Wednesdays (In Person) and Fridays (Online) until
June 15, 9:00-10:15 AM

Tai Chi for Health, Thursdays 7:00- 8:30 PM

Shake Your Soul Energy of Dance, July 11th, 18th and 25th,
10:00-10:45 AM

GROTON FOOD PROJECT

The Groton Neighborhood Food Project (GNFP) is a non-profit organization that helps families in our community by organizing neighborhoods to collect food and other grocery items. A Door-to-Door Collection System Serving Loaves & Fishes Food Pantry.

On Facebook: <https://www.facebook.com/GrotonFoodProject/> To learn more about the GNFP, and how you can help, please go to <https://grotonfoodproject.com> **The next food collections will be on August 13, 2022.**



DUNSTABLE 350TH ANNIVERSARY COMMITTEE TO HOST SHOW & SELL EVENTS THIS SUMMER

Greetings, Neighbors! The Dunstable 350th Anniversary Celebration Committee will be selling commemorative T-shirts, hoodies, baseball caps, stoneware, and more at these local events in June and July. **Be sure to stop by and say hello!**

June 18: Dunstable Council on Aging Town-Wide Yard Sale.

Visit 350th Anniversary Comm. on the Town Common

June 22: Dunstable Summer Concert #1

June 25: Strawberry Festival at Little Red Schoolhouse &
Art & Music at McLoon Farm

June 29: Dunstable Summer Concert #2

July 6: Dunstable Summer Concert #3

July 13: Dunstable Summer Concert #4

July 20: Dunstable Summer Concert #5

July 27: Dunstable Summer Concert #6

Follow us on Facebook @Dunstable350th and Nextdoor.com and visit www.neighbortoneighbornewsletter.com for the latest news and information. You can contact the Committee via email at anniversarycommittee@dunstable-ma.gov. We look forward to seeing you this summer!



DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827
www.dunstablechurch.org
978-649-6251

Pastor Bobby Ross pastorbobby@dunstablechurch.org
DECC is a caring community of faith where we are all on a journey together finding hope, purpose, connection, and wholeness as followers of Jesus. Wherever you are in this walk of life, we invite you to join us.

• **Sunday Morning worship service begins at 10:30 AM.** Masks are optional. Social distancing is according to your comfort level. You may also continue to worship online via our Facebook live stream.

• **Adult Bible Study** will resume in September. Check here or on the website for updates.

• **Sunday School/Nursery.** Nursery/Sunday School classes happen during our 10:30 AM worship service. Care is provided for infants through preschool.

• **On Sunday, June 26th,** the Annual Meeting that began on May 15th will continue following the morning service. We will complete the discussion regarding the cell towers and will hopefully fill open positions on church boards including Worship, Deacons, Operations, Outreach and Christian Education. Please consider where you might like to volunteer to serve.

• **If you have a key for the church that you no longer need,** please return it along with your info (Email Address) to Gale or the church office. Thank you.

IF YOU HAVE GOTTEN OUT OF THE HABIT OF ATTENDING CHURCH, COME BACK.

PEOPLE NEED YOU. YOU NEED PEOPLE.

• Come visit your community church. Streaming is still available on our website, www.dunstablechurch.org.

*May the Lord walk between us while we are absent,
one from another.*

DUNSTABLE TYNGSBOROUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need.

Officers: President: Mark Alexander, 1st Vice President/Membership Chair: Joseph Ward, Treasurer: Bob Reich, Secretary: Laura Ward, Tail Twister: Meghan DeMonico.

Anyone interested in joining the lions is asked to contact Joseph Ward at 978-930-1153. We will let you know where, and when meetings will take place.

YOU CAN HELP BY DONATING THE FOLLOWING:

- **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.
- **Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- **Can tabs** please place into bags before putting in the boxes.

Lion's collection boxes for eyeglasses and hearing aids and can tabs are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Multi-Service Center at 180 Lakeview Ave, Dunstable Town Hall, Post Office and Library. **Pennies for Sight:** "Your change- changes people's lives" See a Lion canister around please consider donating. Every Penny Counts!

DOWNLOAD YOUR FREE BOOK "LIVING WITH OUR WILD NEIGHBORS"

The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z. Since we have so many animals that we share our yards with, I thought it might be helpful. <https://www.animalsheltering.org/page/wild-neighbors-book>

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CLOTHING SHED AT DUNSTABLE CHURCH

The clothing donation shed at the
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Church, **518 Main St, Dunstable MA**, is open to the public.

St. Pauly Textile Inc., the company that has provided the shed, partners with a network of businesses and various organizations to distribute donated items both here in the U.S. and worldwide, where they're ultimately re-worn by people who need them. The Dunstable Church additionally has the option to use donations to serve community needs. In 2019, the company was able to help keep over 20 million articles of clothing out of landfills, which clothed an estimated 2.5 million people worldwide. The company was founded in 1996 and is an A+ rated member of the Better Business Bureau.

Accepted items: clothing, shoes, belts, purses, blankets, sheets, curtains, pillowcases, and stuffed animals.

PLEASE tie your bags, and do not leave bags outside the box.



GREATER LOWELL TECHNICAL PARENT ORGANIZATION

HOSTS GOLF TOURNAMENT FUNDRAISER

The Greater Lowell Technical Parent Organization is a group of parent volunteers working alongside teachers and school administrators to enrich the education and extracurricular experiences for the students at Greater Lowell Technical High School in Tyngsboro.

GLTPO ANNUAL GOLF TOURNAMENT FUNDRAISER

Monday, June 27, 2022 ~ Four Oaks Country Club, Dracut, MA
Registration: 12:30 p.m. ~ Shotgun Start: 1:30 p.m. **TICKETS \$150 per golfer - OR - \$600 for a group of four golfers. Price includes golf, cart, and dinner at Four Oaks.**

Various sponsorship opportunities are also available – please visit our website for more details.

Be sure to register early as space is limited. To sign up and obtain more information, visit our website at: www.GLTPO.org.

If you have any questions about the event, you can reach us via email at parentgroup@gltech.org.

DID YOU KNOW?

By David B Winkowski

This May 8th of last, was the 15 year anniversary of the late John (Jack) P. George's passing. For those of you new to town or if you didn't know him, Jack was a family man and the patriarch of his 3 wonderful kids: Jennifer, Pete Jr and Nicole. Jack and his wife Kathy resided on High Street for over 20 years. I grew up on High St., almost across from the Georges family so I was lucky to know them and proud to call them my friends.

"Jackie" Georges was a 20 year veteran of the Tyngsboro police dept. He honorably served as their k-9 officer and was past President of the International Brotherhood of Police Officers, as well as a Marine Corps veteran. Jack's life was cut short at the age of 48 due to a blood clot which developed as the result of a previous leg injury. That injury was sustained while saving a civilian who had been severely injured in a car accident. This blood clot caused his untimely death. His valiant sacrifice earned him a place on the National Law Enforcement Memorial Wall in Washington D.C. In short, John Peter Georges not only died a hero, he lived like one. Thank you for your honorable service J.P.G...you are missed by many.

Lastly, DID YOU KNOW that upon Jack's passing people like Dunstable resident Mitchell Gruziejcka, owner of Wyndmere Landscaping of historic Lowell, stepped up and did what he could to help out? Mitch was the first person to rush to Jack's parents along with his crew to landscape their yard. He then revamped the 1888 Jonas H. French watering trough just across from the Union school. He did this because Jack's funeral procession would be driving by and he wanted it to look nice. Well, that was 15 years ago and Mitch is still maintaining it. You may see him there in one of his signature green pickup trucks mowing the lawn, planting flowers, blowing out the irrigation he installed or placing American flags on the trough perimeter.

The French triangle isn't the only monument Mitch diligently takes care of. He now manicures the triangle by Simmons' greenhouse as well as the Veterans of Foreign Wars triangle on Thorn-dike and Forest Streets dedicated to Gerald J. Dumont. Gerald was a WWII prisoner of war during the Battle of the Bulge.

While the three town parcels Mitch maintains and beautifies are in different areas of town the one common denominator is that he has never submitted a bill or asked to be paid for his services. Personally, when I drive through the center of town and see that green lawn and vibrant flowers with the American flag proudly displayed I think of Jack Georges. And much of that has to do with the generosity and kindness of Dunstable resident Mitch Gruziejcka. So, thank you Mitchell, you deserve to be recognized.

If you happen to see him at a triangle toiling away, take a second and thank him....I believe he has earned it.

FINANCIAL FOCUS

WHAT INVESTORS CAN – AND CAN'T – CONTROL

World events can shake up the financial markets – and your investment statements. During periods of volatility, it's important to focus on the things you can control.

For starters, don't overreact to short-term price drops – hasty decisions are rarely the best ones.

Also, make sure you identify your short- and long-term goals and create an investment strategy to meet them. And commit yourself to investing regularly – in up, down and sideways markets. If you take a "time out" from investing due to market volatility, you could miss out on the next upturn.

Finally, build a portfolio containing a mix of investments that reflects your goals, risk tolerance and time horizon.

The world will always be filled with unpredictable, uncontrollable events, and many of them will affect the financial markets. But within your own investment world, you have a great deal of control – and with it, you have the power to keep moving toward all your important financial objectives.

Content provided by Edward Jones for use by Jorg Skowranek, Local Edward Jones Financial Advisor, Member SIPC

WINDOWS 10 VS. WINDOW 11

By Dean Lotito

I am always being asked if a Windows user should upgrade from Windows 10 to Windows 11. Others receive a message that their computer will not run Windows 11. Both Windows 10 and Windows 11 are fully supported and updated by Microsoft.

Windows 11 requires something called TPM or Trusted Platform Module. This special HW provides added security to your PC. It is not required but will be used more widely in the future. If your PC does not support TPM and cannot upgrade to Windows 11, don't worry. If your computer does support Windows 11, it is up to you if you want to upgrade. Any new PC purchased will come pre-loaded with Windows 11.

TYNGSBOROUGH-DUNSTABLE



Rotary is a global network Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs. Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

If you are interested in membership, please call or text Ron Keohane at (508)517-3895 or Brian Day-Lewis at (978)399-4952. Want to join a meeting? We meet at Dream Diner in Tyngsboro on 1st and last Thursday of the month at 8:00 am. Second and third Thursday of the month, we meet at 12:00 at Dream Diner.

Local Rotary Events

• Rotary Clubs of Tyngsboro/Dunstable, Nashua, Dracut and Lowell **23rd ANNUAL FISHING DAY For individuals with Disabilities of All Ages.** Family Members Welcome. **Sunday, June 12, 10am-2pm (rain or shine) at the Tyngsboro Sportsmen's Club, 90 Westford Road, Tyngsboro, MA 01879 FREE – Join us for a Fun Day and we provide: Hamburgers, Hot Dogs, Fishing Gear, and Bait. Take home fish for Dinner!**

Please register at: tdrotaryfishingday2022.eventbrite.com

More Info: Call Brian Day-Lewis at 978-399-4952

• **We will be sponsoring the Council on Aging Breakfast at the Tyngsborough Senior Center on Westford Road in Tyngsborough on Thursday, July 21st at 8:30a.m. Open to Seniors and Veterans.**

• **Funded SafetyNet program for individuals with cognitive impairment • Many other local service events**

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BONE BUILDERS AT TYNGSBOROUGH SENIOR CENTER

Researchers at Tufts University, led by Bess Dawson-Hughes, MD, Director of the Bone Metabolism Laboratory at Tufts' Human Nutrition Research Center on Aging, are engaged in extensive research on acid-based balance in the body and how it impacts bone health.

Along with calcium and vitamin D, Dr. Dawson-Hughes suggests that we consume dairy products including milk, yogurt and cheese and plant sources of calcium such as leafy greens and almonds. Also reduce the intake of grains (particularly refined grains) and increase intake of fruits and vegetables. Then be active. Engage in regular weight-bearing and muscle-strengthening exercise, including walking or jogging, stair climbing, yoga, dancing, and weight training. Stop or do not start using tobacco products.

Bone Builders Class takes place on Mondays and Wednesdays at the **Tyngsboro Senior Center** located at 169 Westford Rd, at 9:00AM. We suggest that you watch a class to see if it is a good fit before you fill out the paperwork. **For further questions please call Instructor, Jean Jacoppi (978-649-9076).**

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www.tyngsboreccongregational.org

Pastor Denis Frediani



Our Weekly Sunday Worship Services are at 10:00 AM
If you prefer to stay home, Services are available on line.

• **TO WATCH LIVE SERVICES**

Log on directly to facebook and go to Ecct Church. You may also log in at any time and watch the recorded services.

• **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: 1. Log onto the church website <http://www.tyngsboreccongregational.org> 2. Click once on the word "SERMONS" 3. Sermons listed by date, passage, sermon title. *You may click on "Jump to the Current Sermon. To find the most recent.*

COVID INFORMATION - Due to the declining Covid numbers and the lifting of the mask mandate, **we do not require masks** at our services. *You are more than welcome to wear a mask at your discretion. We have hand sanitizer available for your use.*

• **Sunday, June 12 - Children's Day Service is at 9a.m.**
FELLOWSHIP TIME after church has resumed. Please join us for this gathering time and enjoy breakfast food goodies!

Both the LADIES' & MEN'S BIBLE STUDIES will finish soon and will resume in the fall.

Executive Boards will not meet during the summer months and will resume in September.

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You can remain updated by visiting our website www.tyngsboreccongregational.org or please check our Facebook page for unexpected closure dates.

• Watch for our upcoming **CUSTOMER APPRECIATION DAY IN JULY**. At this time we are also planning to hold our **Ice Cream Social** sometime in July as, Pending any Covid issues that may arise. *Watch for information posted at the store.*

• **Thrift store WILL BE CLOSED, July 2nd (4th of July weekend) as well as September 3rd (Labor Day weekend)**

We are always looking for volunteers to help us out. **If you can spare a few hours a week, please call Charlotte at 978-649-780.** Thank you to the dedicated volunteers who so faithfully show up each day! We could not do all the good that happens every day without your help. You are truly a blessing to us!!!

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• WEEKEND MASS SCHEDULE

St. Mary: 4pm on Saturday, 7am and 11am on Sunday

St. John: 4pm on Saturday, 9:30am and 6pm on Sunday

Also 12pm African Liturgy (2nd, 3rd and 4th Sundays)

St. Margaret of Scotland: 4pm on Saturday and 7:30 and 10am on Sunday

• DAILY MASS SCHEDULE Monday thru Friday

St. Mary at 7am • St. Margaret of Scotland 8am • St. John at 9am



BAKE & CRAFT SALE

Saturday, July 16th

10:30am-1:30pm

RELAY FOR LIFE FUNDRAISER

The **Relay for Life** is much more than a fundraiser. We remember, honor and support those in treatment and celebrate those who have won their battle.

If you have ever heard the words...*"You have Cancer"* or know someone who has, we are looking to honor you. On **Saturday, July 16th from 10:30-1:30** we will be hosting a Bake and Craft Sale as well as a raffle at our home at **200 Pond St., Dunstable, MA**. All donations will benefit the **American Cancer Society**. The goal this year is to cover our 40-foot fence with photos and names of those who have heard the words...*"You have Cancer"*. In this way we will Honor those affected by this disease. **Most importantly if you have photos and or names of anyone you would like to Honor... we want to Honor them and fill the Fence of Hope!** You can email photos to Bhopke1840@aol.com or mail them by June 26, to us, Bob & Mae Hopke, 200 Pond Street, Dunstable, MA 01827.

We have a luminary ceremony with luminaries (white paper bags) decorated for individuals affected by cancer, to make sure they know they are loved and for those who lost their battle, that they are not forgotten. We will have luminaries up in our yard that day to show that we will continue our fight to find a cure against this disease as we offer HOPE and support to those we love. Stop by if you want to add a luminary to the display.

We will be selling individually wrapped bake goods and small items filled with HOPE! We will once again be selling "Gabi's" bears. We now also have dogs, cats and bunnies. This is in honor of a 5 year old girl who lost her battle to brain cancer. *Remember to ask about the raffle tickets for a diverse array of prizes!* **Our Team "A Wee Bit of Hope"** also makes and donates "Gabi's" bears and our other animals, to MGH Pediatric Oncology as part of our team spirit.

It will be a day of HOPE as any donations will help towards the goal of eradicating this hideous disease with a cure. So, if you love to eat baked goods, enjoy crafts, and would like to purchase items or raffle tickets, please join us. If you would like more information about donating items, please contact Mae Hopke at Bhopke1840@aol.com or call 978-649-8639.

We hope to see you July 16th! If you can't join us for this day, and would like to make a donation, you can send it to Bob & Mae Hopke, 200 Pond Street, Dunstable, MA 01827. *Please make the check payable to the American Cancer Society.*

We offer a sincere thank you to all who donated items and/or made monetary donations. We would also like to thank Anne Bradley for her help. For 5 years she has sewn the expressions of hope on the faces of hundreds and hundreds, of our little, cuddly animals.

Sincerely, Bob and Mae Hopke

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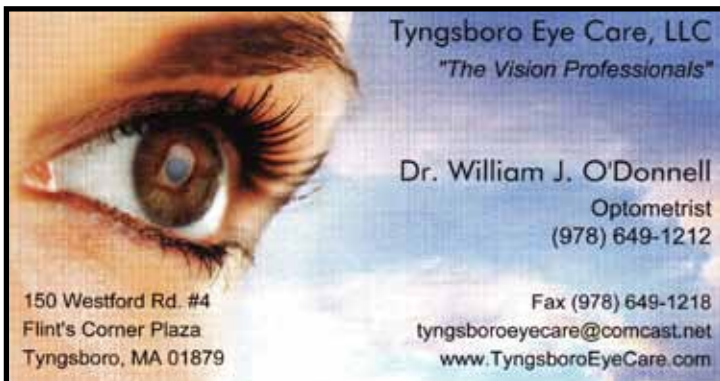
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The Land Trust is sponsoring an Art Show and Live Music, at the McLoon Barn, which is located at 370 Thorndike St. near Main St. (Rte 113). This will feature local artists and musicians. It may include paintings, photographs, sculpture and fiber art. We hope you can come by and see what is happening at the Barn.

Also while you are in the area, the **50th Annual Strawberry festival** is taking place the same day. This is just a short distance across the street at the **Tyngsborough Dunstable Historical Society Little Red Schoolhouse**.

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EARS TO HEAR

By Nathan Combs

Jesus used various parables to teach his disciples and the crowds, but his constant drumbeat was this: "He who has ears to hear, let him hear" (Matthew 11.15, 13.9, 43, etc.). We see this phrase repeated in Revelation 2-3, as Jesus gave messages to seven congregations in the Roman province of Asia. Because of pride, disinterest, preoccupation, or some other reason, we humans can be poor listeners. Jesus not only wants his hearers to understand his words, he also desires action in response.

This phrase "ears to hear" has deep roots in the Old Testament Scriptures. In Moses' last address to the Israelites before he died, he told them that "to this day the Lord has not given you a heart to understand or eyes to see or ears to hear" (Deuteronomy 29.4). God's people saw the ten plagues fall on Egypt, lived in the wilderness for forty years while wearing clothing that never wore out, won dramatic military victories over ferocious foes, and experienced God's provisions in countless other ways. They received the law at Mount Sinai and were listening to Moses expound on its importance. Yet, because they lacked devoted hearts, the words of God did not penetrate them.

During the prophet Jeremiah's time, he said to his fellow Israelites in Jeremiah 25.4 "You have neither listened nor inclined your ears to hear, although the Lord persistently sent to you all his servants the prophets." In fact, Jeremiah said that he himself had repeatedly spoken God's words to them for twenty-three years up to that day, but to no avail. The dire consequences for Judah was destruction by Babylon, followed by seventy years in exile.

At the same time as Jeremiah, far away in Babylon, the prophet Ezekiel was working with the Israelites already in exile. In Ezekiel 12.2, God comments on the spiritual condition of the people: "Son of man, you dwell in the midst of a rebellious house, who have eyes to see, but see not, who have ears to hear, but hear not, for they are a rebellious house." Although their capture and removal from the promised land should have humbled their hearts, the people remained obstinate.

Although God is repeatedly faithful to his promises, his people repeatedly closed their ears. That continued into the days of the first century. The Pharisees looked with horror at what their ancestors did to God's messengers - "If we had lived in the days of our fathers, we would not have taken part with them in shedding the blood of the prophets" (Matthew 23.9). And yet, they went on to murder Jesus, the prophet of prophets.

Are we any better? Do we wag our fingers at the hard-hearted characters of Scripture while failing to change our thinking and behavior? Are we better at expressing our own religious opinions than we are at listening humbly to teaching from the Word? All of us have ears capable of hearing, but are we using them the way God intended?

Neighbor to Neighbor

64 Hardy St., Dunstable, MA 01827 (978) 419-1914 anne@neighbortoneighbornewsletter.com

**If you missed the deadline of June 10th for the July/August issue,
please get in touch as soon as possible.**



To submit news or info about an upcoming event, please email the information to me. If you have a business and you would like to know more about advertising, please call 978-419-1914 or email me at anne@neighbortoneighbornewsletter.com. I will get back to you as soon as possible. The July/August issue covers information for the months of July and August. The next issue will be published in September. If you have events in early September you may want to mention them in this July/August issue. If something comes up after the issue is published, remember announcements can be sent in to be posted on www.neighbortoneighbornewsletter.com

I look forward to hearing from you soon. Thank you, Anne

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TYNGSBORO YOUTH FOOTBALL AND CHEERLEADING OPENS REGISTRATION FOR FALL 2022 PROGRAMS FLEX FOOTBALL (GRADES K-3) TACKLE FOOTBALL (GRADES 4-6) CHEERLEADING (AGES 5-14)

Tyngsboro Youth Football and Cheerleading is proud to launch our 18th season providing local area youth with the opportunity to learn football and cheerleading in a safe, fun environment while promoting the values and importance of academic achievement, teamwork, and sportsmanship. We offer all co-ed programs including **FLEX FOOTBALL** (Grades K-3), **TACKLE FOOTBALL** (Grades 4-6) and **CHEERLEADING** (Ages 5-14). We are proudly affiliated with the American Youth Football and Cheerleading (AYF/AYC) program. We provide all of our coaches with comprehensive training to ensure the safest, positive, and fun experience for your child.

ONLINE REGISTRATION FOR OUR 2022 FALL SEASON IS NOW OPEN! We welcome fall football and cheerleading registrations from participants residing in Tyngsboro, Dunstable, Lowell and surrounding communities. **BE SURE TO REGISTER EARLY TO TAKE ADVANTAGE OF THE LOWEST REGISTRATION RATES AND SPECIAL PAYMENT PLAN OPTIONS!**

TO REGISTER FOR OUR FALL SEASON: Visit our website and click on "Registration Info".

QUESTIONS? Email us at: TyngsboroYouthFootballCheer@gmail.com. Follow us on Facebook under "Tyngsboro Youth Football and Cheerleading", or go to our website and click on "About Us" and select "Frequently Asked Questions".

WEBSITE: www.TyngsboroYouthFootball.com or
www.TyngsboroYouthCheer.com

STITCHERS AT TYNGSBORO SENIOR CENTER

Yolanda Carmona, our senior volunteer instructor, is teaching the group how to crochet Chemo Caps for distribution. This is a craft that members can participate in at home. All supplies are available at the time of the class. **They meet on Mondays, in the Arts and Crafts Room, at the Tyngsborough Senior Center, 169 Westford Rd at 10:00AM.** Can't come at that time every week? Just come for instruction and supplies and stitch at home. When you are finished with the project, simply drop it off at the Center.

We service many organizations. We are always looking to add to our knitwear collection for Fall and Winter as well as lap robes for Hospice. Supplies and patterns are available at the Center for you.

Please call Coordinator, Jean Jacoppi (978-649-9076) with any questions or concerns.

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For information on the Auxiliary Unit contact Unit President Linda Small.

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Hours are Tues, Wed, Thurs & Sunday 12pm to 8pm and Friday and Saturday 12pm to 11pm. Closed Monday.

Stop in we'd love to see you. Please be well. If you are interest in joining, or want more info about what is happening at the Post, please get in touch with the person noted for each organization or call the Post at 978-649-7540.



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Elected Post 247 Officers serving for 2019-2021 Commander: Matt DeLucia; Sr. Vice Commander: David Simpson; Jr. Vice Commander. Executive Board: Joe Conlin, Ray Hamelin and Fred Carroll. Bartenders Matt, Linda, Judi, Michelle, Pat and Mark.



TYNGSBOROUGH GARDEN CLUB

The Club's potluck supper will take place on **Tuesday, June 14 with a rain date of Tuesday, June 21**. We are also finalizing plans for several field trips this summer: Hamilton House and Gardens, an Historic New England property in South Berwick, Maine; Pleasant View Gardens in Loudon and Pembroke, NH, the home of Proven Winners and the Eleanor Cabot Bradley Estate in Canton, Mass. We will meet at the Park and Ride on Rte. 113 and carpool from there.

New Garden Club members are always welcome and the public is invited to attend individual programs for a nominal fee of \$5. Club dues are \$20. For more information, please contact us at tyngsgardenclub@yahoo.com Linda Sheldon, President

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5 IDEAS TO IMPROVE YOUR OUTDOOR SPACE

Sponsored By Carrie Cyr

We're finally approaching summer: The days are getting longer, the sun is shining and the weather's getting warmer — it's the perfect opportunity to spend more time outdoors.

Is your backyard or patio ready for heavier use?

If not, there's still time, and you don't need to spend a lot to make it happen. Here are five great ways to upgrade your outdoor area as we close in on the summer months.

- **Update Fences:** Are there broken posts or holes your neighbors can see through? Repair the fence to ensure your privacy before summertime rolls in. You can also give it a new coat of paint or stain to improve your yard's overall aesthetic.

- **Install a Focal Point:** Every outdoor space needs a focal point — something to add visual appeal and interest. Fountains can be a great option, as can blooming gardens, well-lit walking paths or vine-covered pergolas.

- **Include Nature:** Adding potted or planted flowers and bushes are great ways to bring nature into your outdoor area. You can also invite local fauna by installing a birdbath or hummingbird feeder.

- **Create an Outdoor Room:** Outdoor dining rooms, living areas and even full-fledged outdoor kitchens are on-trend. They can extend your usable living space and provide a great area for entertaining.

- **Add a Gathering Point:** Have a place your family and guests can gather. It can be a fire pit surrounded by folding chairs, an outdoor kitchen with a full dining set or a cozy outdoor couch to sit on and mingle. Choose one that fits your aesthetic, budget and entertaining style best.



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TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



The Little Red Schoolhouse

64 Main St, Dunstable, MA (Route 113).

*Not far from the Dunstable/Tyngsborough
town line near Route 3*

- **Saturday, June 25th ~ 50th Annual Strawberry Festival.** Berries from Parlee's Farm, homemade biscuits and fresh hand-whipped cream. 50 years of practice make the absolutely best strawberry shortcake around! **Local vendors** will be on the field and **guitar musician and vocalist Kathy Rodger** will add to the summer atmosphere. *Please note there will be no lunch grill this year. Hope to see you there!*

For more information, please contact Lynda Justice at 978-587-8423 or lyndajustice@verizon.net

If you would like to become a member, Membership Forms and more info is available at www.tdhistoricalsociety.org
Email address: tyngsboroughdunstable@gmail.com

DUNSTABLE RURAL LAND TRUST

Invites you to attend

MUSIC & ART AT McLOON BARN

Saturday, June 25th, 2022

from 10am to 2pm

The Land Trust is sponsoring an Art Show and Live Music, at the McLoon Barn, which is located at 370 Thorndike St. near Main St. (Rte 113). *This is across Main St. (Rte 113) from the Little Red Schoolhouse.* The event will feature local artists and musicians. It may include paintings, photographs, sculpture and fiber art. We hope you can come by and see what is happening at the Barn.

BEAVER BROOK NATURE CENTER

117 Ridge Road, Hollis, NH

Please go to the website for more information about Beaver Brook, and check often for upcoming programs.

There are many trails to explore! Check out the "Hike It All Challenge"! (603) 465-7787 www.beaverbrook.org

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