



# Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com)

[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)

Celebrating 39 Years of Service!

Issue # 417 • July-August 2022

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## DUNSTABLE TOWN CLERK

• **Nomination papers are available for the position of Greater Lowell Regional School Committee, Dunstable representative.**

They may be obtained at the Office of the Town Clerk. Candidates must submit nomination papers to local registrars of voters for certification no later than 5:00 pm on Tuesday, July 26. Candidates must obtain a minimum of 50 signatures throughout the district (Dunstable, Tyngsborough, Dracut and Lowell). It is recommended to obtain more in case any are disqualified. It is the candidate's responsibility to get the certified papers from the local registrars and deliver them to the clerk of the regional school district on or before the filing deadline. A candidate must be a registered voter in the Town of Dunstable and must obtain a certificate of voter registration from the Town Clerk. The Greater Lowell Regional School Committee positions are a 4-year term, elected on the State Ballot in November.

• **Because this is a Primary year, I strongly recommend you check your voter status before** going to the polls. The last day to register to vote and/or change your party affiliation before the Primary is Wednesday, August 17. If you have a valid Massachusetts drivers license or state issued ID, you can do this transaction online. [www.sec.state.ma.us/ovr/](http://www.sec.state.ma.us/ovr/). Massachusetts has four (4) political parties, Democrat, Republican, Green-Rainbow and United Independent Party. If you are "unenrolled", you can choose any party ballot. If you are registered in a party, you can only take a ballot from that party. November is a general election, which means everything is on one ballot.

• **Results of the Annual Town Election are posted online** but the summary recap was 211 ballots cast (8% voter turnout). The ballot question was 100 "No" and 96 "Yes" with 15 blanks.

• **The Board of Selectmen has called a special town election for the ballot question on Tuesday, July 19 (see sample ballot under News and Announcements on the town website along with absentee ballot information, etc.**

• *After 22 years, my retirement went into effect May 24. But I was appointed Interim Town Clerk through June 30 or until a replacement is hired. (Note: Now Interim Town Clerk through July 31, I'm not able to hold regular office hours and any in-person voting during the day or other business is by appointment only.) It has been an honor and a privilege to serve you. We are moving out of town and will miss Dunstable, it has been our home for 34 years, but are excited for the future. I wish all of you the best!*

Carol A. Skerrett, Interim Town Clerk CMMC 978-649-4514 x222  
[CSkerrett@dunstable-ma.gov](mailto:CSkerrett@dunstable-ma.gov)

## IN MEMORY OF

William B. Moeller      Brendan J. Bradley  
Janet T. (Desmarais) McKenney

## DUNSTABLE VETERAN AGENT

July is a very special month as it starts out with a celebration of our country's independence and for most of us that feeling continues throughout the month. Also, many of us are looking to move to other locations for one of many reasons or refinance what we have. As a Veteran, we have an organization that can actually help us with the financing for this, the VA. The VA can help Veterans save money with a VA Home Loan. If you would like to check it out, you can contact them at <https://www.va.gov/homeloans> or just call them at 1-800-MyVA411, (1-800-698-2411) then press 5 for benefits and then press 3 for home loans.

I would like to give recognition to those vets I have in the Dunstable database who were born for each month but have since passed away. This month I'd like to honor the following:

John (Jake) B. Brohel – 7 July 1936 – 7 Aug 2015 – USN – Vietnam

James Huston – 13 July 1927 – UNK – USA – Korea/Vietnam

Joseph J. Koyutis – 8 July 1922 – 12 February 2017 – USA – WWII

Rich H. Charles – 19 July 2015 – 29 July 2009 – USA – WWII

Our many thanks to those who went the extra step to serve our country.

As always, if you know of any Veteran or family member of any veteran who might need assistance please contact me. I am normally available from 10:00AM to 2:00PM on Mondays almost every week. You can call or text on my cell and leave a message 978-496-0985 or send me an email anytime at [VSO@Dunstable-ma.gov](mailto:VSO@Dunstable-ma.gov). God Bless.

**Dunstable Veteran Services Office**

**Joe Dean (Former USMC Sgt, Retired USAF Capt.)**

Dunstable Veteran Services Officer

Proudly serving those who have served

## SPECIAL TOWN ELECTION

A Special Town Election has been called for **Tuesday, July 19<sup>th</sup>, 2022**. The polls will be open **between Noon and 8:00pm** at the **Dunstable Free Public Library**, 588 Main St, Dunstable, MA. There is no Early Voting for this election but there will be Absentee Voting if you qualify. You can download an application from the town website or pick one up at Town Hall. Here is the link <https://www.dunstable-ma.gov/town-clerk/pages/absentee-voting-information> Any in-person absentee voting will have to be by appointment only. No ballots can be mailed **after Tuesday, July 12<sup>th</sup>**. A copy of the sample ballot may be found on the town's website. [www.dunstable-ma.gov](http://www.dunstable-ma.gov) Phone: 978-649-4514 ext. 224  
Email address: [selectmen@dunstable-ma.gov](mailto:selectmen@dunstable-ma.gov)





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## TRASH & RECYCLING YEARLY SUBSCRIPTION RENEWAL NOTICE

The yearly subscription with the Town of Dunstable for trash and recycling pickup expired on June 30, 2022. Once again for the 5<sup>th</sup> year, we will not be raising the fee; it remains at \$300.00/year.

Three renewal options are available. New subscribers can use the same options.

- Pay on line on the town webpage [www.dunstable-ma.gov](http://www.dunstable-ma.gov) and choose online payments. Scroll half way down the page to Trash-Board of Health.
- Mail a \$300.00 check made payable to the Town of Dunstable to P.O. Box 268, Dunstable, MA 01827.
- Drop off a check or cash to the Town Hall Monday-Thursday 9:00-4:00 p.m. Please write Joan – Trash Payment on your envelope.

Overflow bags can also be purchased on line or at the town hall. The cost is \$3.00 each, sold in rolls of 5 for \$15.00. Although there is not a specific spot to purchase the bags on line, just fill in the amount on the trash & recycling renewal page and we will recognize the amount is for the purchase of bags. Bags may be picked up at the town hall Monday-Thursday 9:00 a.m.-4:00 p.m. Bring a copy of your receipt if you paid on line.

PLEASE GET YOUR PAYMENT IN AS SOON AS POSSIBLE  
TO AVOID AN INTERRUPTION IN SERVICE.

If you need to reach us for any reason, please email me at [jferrari@dunstable-ma.gov](mailto:jferrari@dunstable-ma.gov) or [health@dunstable-ma.gov](mailto:health@dunstable-ma.gov). You may also leave a message at 978-649-4514, Ext. 229.  
Thank you.

**Save the Date: Household Hazardous Waste Collection** for this year is **September 24, 2022**. If you are new to town, or if you are not sure of what is usually accepted, you can see the full page flyer that ran as the last page in the July/August 2021 issue of Neighbor to Neighbor. [www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)

**The Household Hazardous Waste Collection flyer will be on the back (green) page of the September issue.**

## GET YOUR DUNSTABLE 350<sup>TH</sup> COMMEMORATIVE ITEMS AT THE SUMMER CONCERTS!



While you're enjoying the free summer concerts on the Town Common **every Wednesday night in July**, stop by our table to pick up your commemorative Dunstable 350<sup>th</sup> Anniversary T-shirts, hoodies, baseball caps, stoneware, and more! The concerts begin at 6:30 pm, and rain dates are the following day.

The 350<sup>th</sup> Anniversary Celebration Committee is working to firm up details for a year-long celebration in honor of our upcoming anniversary! Here's a teaser, and be sure to mark your calendars for the following:

- **Friday, September 2<sup>nd</sup>**, Family Ice Cream Social at the Little Red Schoolhouse
- **Saturday, October 15<sup>th</sup>**, 350 Inaugural Gala at the Sky Meadow Country Club

We'll share more details on these and other events soon! Follow us on Facebook @Dunstable350th and on Nextdoor.com, and visit [www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com) for the latest news and information. You can contact the Committee via email at [anniversarycommittee@dunstable-ma.gov](mailto:anniversarycommittee@dunstable-ma.gov).

We look forward to seeing you this summer!

### *Neighbor to Neighbor*

Published by Anne Paquin Since 1983  
64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

**E-mail: [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com)**

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Total Circulation is now 6,616 which includes Dunstable and Tyngsborough.



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[www.dunstable-ma.gov](http://www.dunstable-ma.gov) click on library

Mary Beth Pallis - Director – [mpallis@dunstablepl.org](mailto:mpallis@dunstablepl.org)

Karen Debrececi - Children's Librarian [kdebrececi@dunstablepl.org](mailto:kdebrececi@dunstablepl.org)

**LIBRARY HOURS:** Tues 3pm-8pm; Wed 10am-2pm,  
Thurs 10am-6pm, Fri 10am-2pm; Sat 10am-2pm

Like us on FACEBOOK to receive program updates!

[www.facebook.com/pages/Dunstable-Public-Library/](http://www.facebook.com/pages/Dunstable-Public-Library/)

- **Community Room Artist** Check out the wonderful new artwork done by Alice Snizek. She has a new collection showing in the community room!
- **Preschool Story Hour** Please come in with your 3, 4 or 5 year old for story hour. Story hour is held on **Thursdays and Fridays**. We meet from **10:30 – 11:30**. The program includes stories, songs and a craft or activity. Come in and join the fun! Please check on the DPL Facebook page for additional information.
- **Bone Builders Program** Classes are on **Wednesdays and Fridays at 10:30**. This is a free, low impact, balance and strength training exercise program.
- **Chapter Book Reading** Mrs. D will be reading from a chapter book each **Tuesday night at 5:30 pm**. Please join her on DPL Facebook live to listen to the story. Any suggestions for favorite chapter books will be appreciated.
- **Library Passes Available** Take advantage of these great passes: *Boston Museum of Fine Arts, One Stop Fun, US Constitution Museum in Charlestown, pass to 50 Massachusetts State parks, Salem Witch Museum and Merrimack Repertory Theatre.*
- **Pumpnickel Puppet Show** - A wonderful performance for all children will take place in the community room on **July 14<sup>th</sup> at 10:30am**. This program is provided by the Lucy Kennedy Fund. Sign up in the library or at [kdebrececi@dunstablepl.org](mailto:kdebrececi@dunstablepl.org)
- **Vehicle Night** will take place on the common on **July 20<sup>th</sup> at 6:30pm**. Come and check out all the awesome cars and trucks! I hope to see you there!
- **Mr. Wilson, the library dog** will come to visit and read with us on **July 21<sup>st</sup> and August 18<sup>th</sup> at 10:30am**. Please sign up at the library!
- **Slime Craft Day** will be **July 26<sup>th</sup> at 4:00pm!!** Sign up at the library or at [kdebrececi@dunstablepl.org](mailto:kdebrececi@dunstablepl.org)
- **American Girl Craft Party** will be on **August 2<sup>nd</sup> at 3:30pm**. Make a flower pot craft and a treasure box. Wear clothes that can get messy! The program is for children 5 and up.
- **Project Nature: Wild about Turtles!** Come in to see and learn about Turtles on **August 11<sup>th</sup> at 10:30am**. Provided by the McKenna Fund. Sign up at the library.
- **Teen and preteen take and make** project create an awesome canvas art project. Bags will be put out on **August 16<sup>th</sup>**.
- **Last day for raffle tickets will be August 18<sup>th</sup>!** Ice cream social will be August 23<sup>rd</sup> at 3:00pm! Sign up at the library.
- August 25<sup>th</sup> and 26<sup>th</sup> we will enjoy story hour outside!** Activities and games will be out! Bring a picnic lunch if you would like to.



**DUNSTABLE GRANGE #31**

**There will not be a Grange Fair this year.**



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**Are you a Dunstable resident who is experiencing financial hardship?** We may be able to help. A century ago, various residents of Dunstable willed funds to the town to help those in need. Dunstable's Commissioners of Trust Funds are responsible for disbursing funds from the interest on these accounts each year. If you, or someone you know, is a resident of Dunstable and could use some one-time help with medical, pharmacy, grocery, or fuel bills, let us know. Requests can be submitted by emailing the Commissioners of Trust Funds at [www.dunstable-ma.gov/user/53/contact](mailto:www.dunstable-ma.gov/user/53/contact). All inquiries are confidential.



## MEDICAID PLANNING TECHNIQUES

*By Edward H. Adamsky*

How can you protect your assets from the costs of nursing home care (and Medicaid estate-recovery)? The biggest asset most people have is their home. There are two main strategies for protecting your home: a **Life Estate Deed** and an **Irrevocable Trust**.

A Life Estate Deed is a deed that transfers your home from your name to that of your children (or whoever you choose) who will receive ownership at your death. You keep the right to live in the house for the rest of your life. You remain responsible for Property Taxes, insurance, and utilities. The ownership will pass at your death outside of probate. After five years have passed, if you enter a nursing home and apply for Medicaid, they cannot force you to sell the house and they cannot make an after-death (estate-recovery) claim against your house or your children.

A Life Estate Deed is only appropriate if you want to stay there for the rest of your life. There are consequences to selling during your lifetime. Your children will get a share of the sale proceeds and will have income-tax liabilities. And the share of the proceeds that goes to you will no longer be protected from Medicaid. If you don't plan to stay in your home for the rest of your life, then a Life Estate Deed may not be right for you.

The other option is an Irrevocable Medicaid-Planning Trust. This is a trust designed to protect the assets in it from the cost of nursing home care. Like the Life Estate Deed, it has to be in place for at least five years before you apply for Medicaid in order to work. But the Irrevocable Trust is more flexible in the future. You can sell the house and purchase a new one or keep the cash proceeds safe within the Trust at any time during your life. The house does not have to be held until you die.

If you ever go into a nursing home and have to apply for Medicaid, your home will not count as your asset. It will pass to your children (or other beneficiaries) after your death outside of Probate and any Medicaid estate-recovery claim. You will need to name someone as Trustee of this Trust. That will probably be one of your children, but it could be anyone. You should not be the Trustee of your own Irrevocable Medicaid-Planning Trust.

While the Life Estate Deed is fairly rigid, the Trust allows for changes. The named owners in a Life Estate Deed cannot be changed after it is done. But the named beneficiaries in an irrevocable Trust can be changed at any time (if you feel a need to do so) and you can fire the Trustee and appoint someone else to that job if they are not doing the job the way you think they should be. This provides a lot of future flexibility and gives you some measure of control over the Trust.

Of course, with both tools, you do have to irrevocably give up the ownership of your home in order to protect it from nursing home costs. You cannot be allowed to get it back, under any circumstances, or the tool will not work for Medicaid Planning. It is a very serious thing to put assets out of your reach in order to protect them, so you should have an in-depth discussion about this with your Elder Law Attorney before you decide to go forward.

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## 2022 DUNSTABLE SUMMER CONCERTS

Every Wednesday night  
6:30 - 8:30 p.m.  
on the Town Common  
Main St., across from Town  
Hall, Dunstable Center  
(Rain date is Thursday)

Food available for purchase from  
*Dinner Made Simple*

- **July 6** **Stomp 'N Holler**  
*Country & Western Covers and Originals*
- **July 13** **Band from U.N.C.L.E.**  
*50s-60s Rock & Roll, Rhythm & Blues*  
Also on the Common, Mapledell Farm Petting Zoo
- **July 20** **Back 2 Back**  
*Classic Rock Cover Band*  
Also on the Common, Vehicle Night
- **July 27** **Brian Templeton & Delta Generators**  
*Blues Roots, R&B, Americana and Rock*

For more information:

[www.facebook.com/dunstablesummerconcert](https://www.facebook.com/dunstablesummerconcert)

## WELL ADULT CLINIC

The Dunstable Board of Health and Nashoba Board of Health announces that the next **Well Adult Clinics** will be held on **Wednesday, July 27** and on **Wednesday, August 24** in the **Dunstable library from 11:00 – noon**. Maureen Scott, our new nurse will be on hand at these clinics which allows for personalized, one on one attention from the nurse. Contact Nashoba Board of Health at 987-772-3335 ext. 340 or [www.nashoba.org](http://www.nashoba.org) if you have any questions or are in need of their services.

## GOLF TOURNAMENT TO BENEFIT GROTON DUNSTABLE HIGH SCHOOL FOOTBALL

If you haven't heard, there is a new Football Coach at Groton Dunstable High School. James Creed, is now the Coach, and he is trying to bring the community together, while raising funds for the Football Program. There is to be a **Golf Tournament on July 25th**. Located in Hollis, New Hampshire, The Overlook Golf Club is situated along miles of frontage on the beautiful Nashua River producing a perfect golf course setting. Natural wetlands, artfully sculptured bunkers, and gracious pines serve as some of the challenge to this traditionally designed championship golf course. The Overlook is a pleasurable 18 hole championship course that players of all abilities will enjoy. It has a private club feel, but is always open to the public.

Everything can be done through our website <https://birdease.com/GDFOOTBALL>. Golfers are invited to go online to register for this event. If you would like to help by being a Sponsor please go to the website to see the different opportunities available. If you don't golf, but would like to support the program, there is a sports memorabilia auction going on, or you may make a monetary donation by clicking on the Donate link.



  
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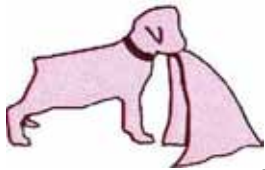
**The next deadline is August 10th,  
for the September issue of  
Neighbor to Neighbor**

Please send email to  
anne@NeighborToNeighborNewsletter.com  
or mail to: *Neighbor to Neighbor*  
64 Hardy St., Dunstable, MA 01827.

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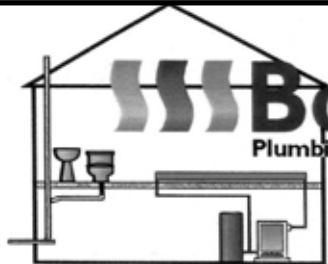


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## DUNSTABLE SENIORS

Dunstable Seniors .....we are a peer group for those over 60.

*HAPPY BIRTHDAY to all who are celebrating this month!*

**MEETINGS are held on Wednesday  
at the Dunstable Library**

**We will have access to the community room from 10 – 2.**

Come and take part in, cribbage, dominos, and scrabble groups that  
will be on hand each week. **Masks are now optional**

### DUNSTABLE COUNCIL ON AGING

Barbara Martin, Chairman; Mary Dow, Secretary; Donald Pottle,  
Joan Simmons, Jean Haight

**ASSISTANT TO THE ELDERLY** Anne Fenochetti

978-649-4514 # 223

[afenochetti@dunstable-ma.gov](mailto:afenochetti@dunstable-ma.gov)

Office hours: Tues 8:00- 12:00 Wed. 9:00 – 11:00

**PROGRAM COORDINATOR** Susan Tully 978-649-6750

[slt0213@verizon.net](mailto:slt0213@verizon.net)

• **The Mission of the Dunstable Council on Aging** is to serve as  
a supportive family resource as emerging needs of Dunstable resi-  
dents become more complex; and to advocate for and provide, in a  
cost-effective manner, a safe, congenial environment where seniors  
may participate in social, educational, and cultural programs reflective  
of their needs. Feel free to give us your ideas.

### LUNCHES FOR JULY

**July 6** Pizza, salad and birthday cake & ice cream.

**July 13** Ravioli, salad and dessert provided by Agespan

**July 20** B-B-Q chicken, coleslaw, baked macaroni and cheese and  
berry cobbler.

**July 27** Finger rolls and fruit salad

### LUNCHES FOR AUGUST

**August 3** Pizza, salad and birthday cake & ice cream.

**August 10 to be announced**

**August 17** Corn chowder with chicken salad sandwich, garden  
salad and dessert. Provided by The Traveling Chef

**August 24 to be announced**

**August 31** Brunch, sponsored by the Dunstable Fire Dept.

**Reservations for all meals are required one week prior to  
each meal.** Come and take part in, cribbage, dominos, and  
scrabble groups that will be on hand each week.

• **BONE BUILDERS** Lead by Brian O'Donnell and Linda Gill, is held  
on Wednesdays and Fridays from 10:30 to 11:30 at the Dunstable  
library. Bone Builders is a FREE, low impact, balance and strength  
training exercise program. Please drop in if you are interested in  
joining.

• **HIGH TECH DEVICE ASSISTANCE** Could you use some help  
getting the most out of your I phone, tablet or laptop? Dean Lotito  
has volunteered, if there is a need, to be at the library on a Wednes-  
day, from 10:30 – 1:00 to help answer your questions. Just come  
with your phone, tablet or laptop. RSVP if you are interested.

• **BOOK GROUP** *Our group will resume meeting in September.*

### SENIOR SERVICE

• **WELL ADULT CLINIC July 27 and August 24 in the Dunstable  
library from 11:00 – noon.** Maureen Scott, our new nurse will be  
on hand at these clinics which allows for personalized, one on one  
attention from the nurse. Offered services include: blood pressure  
and blood sugar screening, diet and nutrition information and teach-  
ing, medication review and assistance with identifying and coordi-  
nating community resources and referrals.

### PACH PEPPERELL FOOD PANTRY

**66 Hollis St., Pepperell, MA Tues 5-7pm, Thurs 2-4 & 5-7pm.**

PACH provides food, paper goods and personal care items to  
residents in need of assistance. If interested in this service, call the  
Office at **978-925-9770** or visit their web site at

[www.pachoutreach.org](http://www.pachoutreach.org). *If you would like to donate items  
for this program, you can drop items off at West Auto Repair  
located at 30 Pleasant St. in Dunstable, MA.*



**THE BOSTON POST CANE WAS  
PRESENTED TO  
WILLARD "JOHN" GOLDTHWAITE JR.  
ON WEDNESDAY, JUNE 29, 2022**



***Congratulations John! Dunstable's oldest citizen.***

Willard J. Goldthwaite Jr. Born June 13, 1927, with twin brother Henry, in Nashua, NH. The Goldthwaite family had 3 girls, Cynthia, Jean, and Betty, along with the two boys, Willard and Henry.

Willard attended Dunstable Union School and for a short time Lowell Trade School. Willard then attended Essex Agricultural School and graduated in 1945.

After school Willard joined his father Willard Sr. as a partner of Twin Hill Farm. They grew 40 acres of vegetables in several places around Dunstable.

In 1954, Willard was drafted in the US Army. He was sent to Ft. Riley in Kansas for basic training. He was in the tank company 86<sup>th</sup> Infantry Division. After basic training he went to Camp Irwin in Barstow California for advanced tank training. After advanced training was sent to Swineford Germany to serve with the occupation forces. Willard was discharged from the Army in December 1956.

Back in Dunstable, Willard married the love of his life, Bernadette Warner in February of 1958. They raised 7 children, 3 boys and 4 girls in Dunstable, the town he loves. In 1978, Willard gave up farming and went to work for Greater Lowell Vocational School in the maintenance department. Willard worked there for 21 years and retired at the age of 73. Willard also served on the Dunstable Planning Board for 42 years.

Willard still lives on Pond Street and still tends to a small garden every year. Married for 64 years, still much in love with his wife and it shows as Bernadette is residing in Apple Valley Nursing Home and Willard does not miss a day to visit with her.



**COMMUNITY CARES CORNER**

**AT WEST AUTO REPAIR IN DUNSTABLE**

Located inside our waiting area at West Auto Repair, located at 30 Pleasant St. in Dunstable, MA, we have our community cares corner. Here you can drop off your **pop tabs** which are donated to Shriner's Childrens hospital, your **Box Tops** for Education which are donated to Swallow Union elementary school in Dunstable and your **donations for PACH food pantry** in Pepperell.

Thank you neighbors for your continued support of the **PACH food pantry** via our collection boxes. Next time you are out and about, if you are considering picking up a donation for the PACH food pantry, they could use the following: *coffee, laundry detergents and personal care items (soap, shampoo & conditioner, diapers, feminine pads, toothbrushes, toothpaste)*. As always any donation food or monetary is greatly appreciated.

Donations can be dropped off Monday - Friday between the hours of 8AM and 5pm inside the waiting room or should you stop by after-hours there is a blue bin located to the right of the front porch area where you can leave your donations as well. **Thank you for making this community cares corner such a success. Wishing everyone a happy, healthy summer. The West Family**

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**Pet Care**, both day and overnight. Dog walking.

**Cat Care** in your home. Vacation home checks, plant watering. **Please call Diane Nilsen at 978-649-8786 or email [dianeinilsen@gmail.com](mailto:dianeinilsen@gmail.com).**



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At this time the Town Hall is closed on Fridays

## DUNSTABLE TOWN HALL DIRECTORY

Town Hall (978) 649-4514. *The departmental extensions are as follows:*

221 Town Accountant 222 Town Clerk 223 Council on Aging  
224 Selectmen (handles many depts.) Also for Animal Control Officer.

After hours call Police at 978-649-8891. If emergency call 911

226 Building Inspector 227 Road Commission  
228 Tax Collector/Treasurer 229 Board of Health  
230 Conservation/Planning Board 249 Assessors, Water Dept

Please dial 0 if you need assistance.

Veteran's Officer 978-649-3919

POLICE NON-EMERGENCY 978-649-7445 POLICE & EMT 911

**FIRE DEPT. TELEPHONE NUMBERS TO REPORT A FIRE CALL 911**

Business Line.....978-649-6661 FAX.....978-649-6072

Alarm System\* 978-448-6666\*can be used to call in a fire from cell phone

Visit [www.dunstable-ma.gov](http://www.dunstable-ma.gov) for contact info, news & updates

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Read Current and Past, Dunstable & Tyngsborough editions of Neighbor to Neighbor as well as other articles online at [www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)

Do you have some news or want info about advertising in the September issue? Call 978-419-1914 or email [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com).

## DUNSTABLE SCOUT SBSA TROOP 28

is open to girls who've completed 5<sup>th</sup> grade and are at least 10 years old. Our troop runs an integrated model, with boys and girls together for all activities and meetings. **We meet at the Dunstable Congregational Church on Mondays at 7PM. Come join us.** website: <https://dunstable28.mytroop.us/contact>

## VOLUNTEER WITH THE AMERICAN RED CROSS!

The American Red Cross seeks compassionate individuals to join our Disaster Response Team! Disaster Volunteers respond to home fires and other local emergencies to provide those affected with food, shelter, clothing, and hope. This is an impactful position with a unique opportunity to work on the front lines during a crisis.

**Volunteers make up 90% of the Red Cross workforce, which means our lifesaving mission is not possible without you!** To learn more about the Disaster Response Team or other high-need Red Cross Volunteer positions, contact:

Michele Cruz [Michele.Cruz@redcross.org](mailto:Michele.Cruz@redcross.org) (617)913-6381

To apply now, scan:



**American Red Cross**

## SUMMER SAFETY: STEPS YOU SHOULD TAKE TO HELP STAY OUT OF HARM'S WAY

*The American Red Cross wants everyone to have a safe summer and offers tips and resources for the entire family.*

Download the Red Cross [Swim app](#), sponsored by [The ZAC Foundation](#), for safety tips, kid-friendly videos and activities, and take the free [Water Safety for Parents and Caregivers](#) online course.

## WATER SAFETY

Before going in, on or around the water, every family member should become "water smart." This starts with learning to be safe, making good choices, and learning to swim to at least achieve the skills of water competency. Everyone should be able to enter the water, get a breath, stay afloat, change position, swim a distance and then get out of the water safely. A variety of water safety [courses and resources](#) are available to help.

To help keep your family safe, the Red Cross offers these tips:

1. Prevent unsupervised access to water. Fence pools and spas with adequate barriers and keep a constant eye for any water dangers such as portable splash pools/slides, buckets and bathtubs.
2. Adults should actively supervise children and stay within arm's reach of young children and new swimmers. Kids should follow the rules.
3. Designate a "water watcher" to keep a close eye and constant attention on children and weaker swimmers in and around the water until the next water watcher takes over.
4. Always wear a properly fitted U.S. Coast Guard-approved life jacket when on a boat and if in a situation beyond someone's skill level.
5. Swim as a pair near a lifeguard's chair — everyone, including experienced swimmers, should swim with a buddy even in areas supervised by lifeguards.
6. Always maintain constant attention and actively supervise children even when lifeguards are present.



**PRESCOTT SCHOOL COMMUNITY CENTER**  
Located at the Prescott School • 145 Main St, Groton, MA  
Visit [www.prescottscc.org](http://www.prescottscc.org) for details and to register  
July 10th-August 10th Program Listings

• **Week Long Summer Vacation Programs:**

**Minecraft Mania 2: The Sequel**, July 11th-15th, 9:00 AM- 4:00 PM  
**Artstravaganza**, July 11th- 15th, July 25th-29th, and Aug. 8th-12th,  
9:00 AM-2:30 PM

**Summer Vacation Sports Week** with F.A.S.T Athletics Ages 7-11,  
July 18th-21st, 9:00 AM- 3:00 PM

**Rocket Science '22 Ages 5-11**, July 25th-29th, 9:00 AM-4:00 PM

**Wicked Cool Science**, Aug 1st-5th, 9:00 AM-4:00 PM

• **Family Programs:**

Groton's Turtles! Tales of peril and persistence and how you can help!, Saturday July 16th, 10:00-11:30 AM

• **Adult Programs:**

**Stained Glass Basic to Creation**, Thursdays 6:00-8:30 PM and  
Saturdays 10:30 AM-1:00 PM

**Groton Historical Walk**, Saturdays, 10:30 AM-12:00 PM

**Acrylic & Oil Painting**, 3 Tuesdays starting July 12th, 2:00-5:00PM

**Drawing Basics**, 3 Wednesdays starting July 13th, 2:00-5:00 PM

**Muscle and Joint Recovery**, 4 Wednesdays starting Aug 3rd,  
6:00-7:00 PM

• **Weekly Fitness Programs:**

**Yoga for End of Day Reset**, Mondays (Online), 8:30-9:30 PM

**Shake Your Soul Energy of Dance**, July 11th, 18th and 25th,  
10:00-10:45 AM

**Yin Yoga and Chill**, Wednesdays, 7:30-8:45 PM

**Yoga Fusion**, Wednesdays (In Person) and Fridays (Online), 8:30-  
9:45 AM

**The Total Body Workout and Core Training Pilates**, 6 Wednes-  
days starting July 20th, 8:00- 9:00 AM or 6:30-7:30 PM

**COMMISSIONERS OF TRUST FUNDS**

**Sarah Parkhurst Lecture/Program Fund**

Did you know that the Town of Dunstable has funds that may help defray the cost of a speaker for your group? A century ago, Sarah Parkhurst willed funds to the town for the purpose of maintaining free public lectures/programs in Dunstable. Dunstable's Commissioners of Trust Funds are responsible for disbursing funds from the interest on this account each year. Funds can be used by any recognized non-profit group of Dunstable residents, such as (and not limited to) the schools, Grange, 4-H, Scouts, Dunstable Seniors, library, etc. If your group would like to apply for these funds, please submit your request via an email to the Commissioners of Trust Funds at [www.dunstable-ma.gov/user/53/contact](http://www.dunstable-ma.gov/user/53/contact)

**Please include the following information:**

- Name of host group • Contact person; email and phone number
- Location of proposed lecture • Date of proposed lecture
- Name of speaker; fee required for the speaker • Topic of lecture
- Approximate number of attendees expected for the lecture
- Target audience • Amount requested

**LOAVES AND FISHES**

**DRIVE-THRU PANTRY**

Are you choosing between heating your home, buying medications or feeding yourself and your family? **We can help!** Loaves & Fishes' mission is to provide nutritious food, in an atmosphere of kindness and respect, to individuals in need who reside in Ayer, Devens, Dunstable, Groton, Harvard, Littleton and Shirley.

**We are open: Wednesdays** from 9:00am to 12:00pm

1st, 2nd, 4th and 5th **Friday** from 9:00am to 12:00am

3rd **Saturday** from 9:00am to 12:00pm

We have no income requirements. If you are in need of food, just bring proof of residence in one of the towns we serve.

[www.loavesfishespantry.org/need-services/faq-services/](http://www.loavesfishespantry.org/need-services/faq-services/) or  
call 978-772-4627. Please follow us on facebook or call us at 978-772-4627.



**Rachael's  
Remodel Read**

Rachael Babineau, Bath Designer

As your local Bathroom Renovation Designer, I would like to share some items I include in my bathroom designs that just make sense.

**Skirted Toilets:** Nobody likes to see grime build up in any part of their home because grime is home to bacteria. The easiest place for it to get stuck and the **WORST** place to clean in a bathroom is those nooks and crannies on the side of the toilet, called the trapway. Skirted toilets create a flush, flat area that not only prevents grime buildup but only requires a quick swipe with a cloth to keep clean.

**Decorative Grab Bars:** Anyone can fall in a shower, but it becomes more of a forethought as one ages. Grab bars need not look institutional. There are a lot of design-driven options that add style AND extra safety in your bathroom.

**Stainless Steel Niches:** When it comes to tile maintenance, one of the biggest complaints is cleaning grout. The worst place to have that is where all your soapy products are held: your shower niche. Stainless Steel niches not only look great but are incredibly easy to clean!

**Got a bath design question? Drop a note!**

[rachael@denommeeplumbing.com](mailto:rachael@denommeeplumbing.com)

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## ALTRUSA CLUB OF MERRIMACK VALLEY

continues its work in our communities, making a difference in the lives of others.

Altrusa members conducted a FOOD DRIVE to benefit the Nashua Soup Kitchen and Shelter (NSKS) on Saturday, June 4, 2022 at the Market Basket, Somerset Plaza, Nashua NH and collected more than **2700** pounds of non-perishable food items as well as assorted paper products, personal care and baby hygiene items. The generosity of the Market Basket patrons was overwhelming. In addition, cash donations in the amount of **\$350.00** were forwarded to NSKS. Altrusa is very thankful to Market Basket for allowing us to host this event in Nashua and extremely grateful for the support of its customers.

Kaylee Rowan, a nursing student at Rivier University, is the recipient of the \$500.00 Altrusa Scholarship awarded in memory of Altrusan and local volunteer Katherine M. Richo. Kaylee's application demonstrated her commitment to the nursing profession, and her dedication to her school and community.

Altrusa's mission is to promote literacy and to make a difference in the lives of those in need in our communities. **From September through June**, the Altrusa Club meets at the Tyngsborough Senior Center on the 2nd and 4th Tuesdays of the month. **To learn more about Altrusa, e-mail us at [altrusamv@gmail.com](mailto:altrusamv@gmail.com).**

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## SIMMONS

Farm and Greenhouse

*A heartfelt thank you to our customers for a very successful spring season. It was great to see you all again and many new faces, as well.*

*We will be closing after July 4th for the 2022 season, however, we are planning to be open again next spring. Hope to see you all in 2023!*

726 Main St. • Dunstable, MA 01827-1214  
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## Catie's Closet

For students in poverty, school performance has always been more challenging when compared to their more affluent peers. It's critical that they have access to the items they need so they can get to school and participate confidently.

**How can you help?** There are several ways you can help students in need. Support Catie's Closet.

- Make a monetary donation to fund the urgent and immediate needs of students. Your donation will grant two kids unlimited access to Catie's Closet.
- Purchase and donate a Market Basket or Target gift card to help teens experiencing homelessness in your community buy the items they desperately need while schools are closed for winter break. You can also make a donation and we will purchase the gift card on your behalf.
- Host a Giving Drive with your company or at your next family gathering.

**For more details on clothing and toiletries that are accepted, and to sign up to donate your time, or make a monetary donation, please visit the website [www.catiescloset.org](http://www.catiescloset.org)**

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## Crandall's Child Care

Call Ms. Patti for an Appointment  
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**Please note: No openings for infants at this time.**

**978-649-0211** E-mail: [Crandallschildcare@gmail.com](mailto:Crandallschildcare@gmail.com)  
Following CDC and State Guidelines.

**Do you have some news or want info about advertising  
in the September issue? Deadline August 10th.**

**If you missed the deadline contact me ASAP.**

**That issue will be out after Labor Day.**

**Please call 978-419-1914**

**or email: [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com).**

## KITTY ANGELS

*is a no-kill shelter dedicated to rescuing stray and abandoned cats, furnishing them with treatment for injuries or other health problems, and placing them into life-long, loving, indoor homes with compatible owners.*

*Kitty Angels is an all-volunteer organization. We have no paid staff - every cent of every donation goes to caring for needy cats!* Please consider making a tax-deductible donation. You can do so by clicking on the "DONATE" button on our Facebook page; mailing a check to Kitty Angels, P.O. Box 638 Tyngsboro, MA 01879; or using the PayPal link on our website: [www.kittyangels.org](http://www.kittyangels.org) You can donate Gift Cards, Cat Food, Medical Supplies, Cleaning Supplies, Towels. If you have small antiques, collectibles or other items to donate please contact Gail Mosher at [gailmosher@gmail.com](mailto:gailmosher@gmail.com) or leave a message with us. 100% of the proceeds will go to Kitty Angels. For other ways you may help, please visit the How to Help page on our website at [www.kittyangels.org/howtohelp.html](http://www.kittyangels.org/howtohelp.html) Kitty angels, Inc. is an all-volunteer, 501(c)3 non-profit organization. Your donation is fully tax-deductible.



## DUNSTABLE TYNGSBOROUGH LIONS CLUB



**"We Serve"** The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need. We are currently looking for community minded members to join, please contact membership chair Joe Ward his contact information is below.

• **The Dunstable Tyngsboro Lions Club would like to announce the first female President since the existence of the club which was formed in 1977.**

• **Officers for the 2022-2023 Lions Year** President: Laura Ward, 1<sup>st</sup> Vice President/Treasurer: Kristine DeMonico, 2nd Vice President/Secretary: Meg DeMonico, Membership Chair: Joe Ward

• **Anyone interested in joining the lions** is asked to contact Joe Ward at 978-930-1153. **Our Regular Meetings are held on the first and third Tuesday of the month starting at 6:30 pm** at Princeton Station 147 Princeton St., in N. Chelmsford, MA.

• **Projects that the club has completed over the past two years:** Annual Thanksgiving baskets, Food Bank Collections for the senior center as well as the Merrimack Valley Food Bank, Diabetic Rescue kits for the town schools, Free annual Easter Breakfast with the Easter Bunny, free senior/community Pancake Breakfasts and Spaghetti dinners, meals for the homeless, Eye glass collections and screenings, Sock and Clothing drives for Veterans and Homeless, Christmas cards for the Veterans, Earth Day Clean up, plant donations, adopt a family program at the holiday, during covid supplied food and PPE bags to those in need, laundry detergent drive for college students, as well as helping other clubs and organizations to fulfill their needs. **"Where there is a need, there is a Lion"**

YOU CAN HELP BY DONATING THE FOLLOWING:

• **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.

**Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.

**Can tabs** please place into bags before putting in the boxes.

• Lion's collection boxes for eyeglasses, hearing aids and can tabs are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Multi-Service Center at 180 Lakeview Ave, and Dunstable Town Hall, Post Office, and Library.

• **Pennies for Sight:** "Your change- changes people's lives" See a Lion cannister around please consider donating. Every Penny Counts!

*"Alone we can do so little; together we can do so much."*  
**Helen Keller**



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### THE HOPE AND HEALING ADULT GRIEF SUPPORT GROUP

**WILL NOT BE MEETING IN JULY,  
AND AUGUST**

**We will resume our meetings on September 24, 2022**  
**Meetings are held on the last Saturday of each month.**  
**10:30am to 12:00pm. St John the Evangelist Old Parish Hall**  
**115 Middlesex Rd, N. Chelmsford, MA**

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### CAT FOOD DONATIONS NEEDED

to feed a colony of feral and homeless kitties.  
Please call Don Gaudette **978-799-9715** for the drop-off location on  
the Dunstable/Tyngsboro line.  
Associated with Kitty Angels [www.kittyangels.org](http://www.kittyangels.org)  
Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats



# **Your go-to for summer burns, stings, cuts, sprains** and “what the heck is that?”

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## TYNGSBOROUGH HAIR SALON

Are you looking for a new location? *You should check this out!* 1 room available for Stylist who has clientele

Call 978-337-2117 for more information.

## TYNGSBOROUGH GARDEN CLUB



Our meeting at Mahoney's in Chelmsford took place on May 10. We welcomed 4 new members to that meeting and got some interesting information about the latest annuals and perennials. After shopping, the evening was capped off with a trip to Sullivan's Ice Cream.

Thanks to our volunteers and the passersby at Flints Corner and 13 Beverlee Rd, our May 21 plant sale was a success. We had set up a tent on the grass at the Flints Corner intersection and had great visibility and good parking. Thanks to Mr. Duffy and his tenants at Flints Corner for letting us have our sale in that location. Likewise, thanks to Debbie and Ron Schneider for sponsoring the 13 Beverlee Rd. site.

As luck would have it, we were pulling up stakes just as the unseasonable heat wave that settled over us that weekend was rolling in. Leftover plants went to various members' homes to be planted around town.

We're taking a break from our formal programming for the summer, although we have several field trips planned for interested members. We are planning to visit the home of the Proven Winners brand in Loudon, New Hampshire in July, and in August, we will visit the Eleanor Cabot Bradley estate in Canton, MA. Our fall programming begins on Tuesday, September 6 with a presentation by photographer, Nick DiPasquale, on the art of photographing in the garden.

New Garden Club members are always welcome and the public is invited to attend individual programs for a nominal fee of \$5. Club dues are \$20. For more information, please contact us at [tyngsgardenclub@gmail.com](mailto:tyngsgardenclub@gmail.com) Linda Sheldon, President



## DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827

[www.dunstablechurch.org](http://www.dunstablechurch.org)

978-649-6251

Pastor Bobby Ross [pastorbobby@dunstablechurch.org](mailto:pastorbobby@dunstablechurch.org)

**DECC** is a caring community of faith where we are all on a journey together finding hope, purpose, connection, and wholeness as followers of Jesus. Wherever you are in this walk of life, we invite you to join us.

• **Sunday Morning worship service begins at 10:30 AM.** Masks are optional. Social distancing is according to your comfort level. You may also continue to worship online via our Facebook live stream for current or past services.

• **Adult Bible Study** will resume in September. Check here or on the website for updates.

• **Sunday School/Nursery** will resume in September. Check here or on the website for updates.

• **On Sunday, June 26<sup>th</sup>,** the Annual Meeting that began on May

• **If you have a key for the church that you no longer need,** please return it along with your info (Email Address) to Gale or the church office. Thank you.

IF YOU HAVE GOTTEN OUT OF THE HABIT OF ATTENDING CHURCH, COME BACK.

PEOPLE NEED YOU. YOU NEED PEOPLE.

• Come visit your community church. Streaming is still available on our website, [www.dunstablechurch.org](http://www.dunstablechurch.org).

*May the Lord walk between us while we are absent,  
one from another.*

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## JAMES JACOPPI MEMORIAL SCHOLARSHIP RAFFLE WINNERS

The Jacoppi Family is proud to announce the winners of the 2022 Scholarship Raffle. Thanks to you, our generous supporters, \$12,000 has been awarded in scholarships this year across the country to graduating seniors who are moving on to higher education and who have submitted an application.

**Calendar Raffle winners** were: Mary Basiliere, Helen Laforge, Eileen Wright, Mary Cooney, Paula Grady, Sarah Lewenzule, Henry Croce, Christine Wrobel, Joyce Poulin, Roger Downing, Gene Bartos, Ms. Pelligrino, Carmen Weingrad, Bill Thomas, Bud & Barb Barrelle, Jim McPadden, Ms. Frances McCarthy, Emily Lipps, Michelle Guilbeault, Karen McNamara, Lily Boudreau, Lucie Quijano, Karyn Puleo, Dick Gray, Kristel Hickey, Donna Powers, Terry Webster, Bob & Abigail Coakley, Lynn Hansen, and Brenda Baxter.

We are overwhelmed by your support as we continue to help those students achieve their dream.

## TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



**The Little Red Schoolhouse**  
**64 Main St, Dunstable, MA (Route 113).**  
*Not far from the Dunstable/Tyngsborough  
town line near Route 3*

**Thank you to all who came out to the 50<sup>th</sup> Annual  
Strawberry Festival.**

It was nice to see people enjoying the strawberry shortcakes while listening to some music and browsing and shopping at the vendors' tables. As a bonus, kids were watching and taking part in some of the planing and sanding on the flag pole. The new flag pole is being crafted from a tree harvested on the property of the Little Red Schoolhouse, by David Kimpton and Billy Psaledakis.

A sincere thank you to *all* who worked to make this such a wonderful event. It was also great to be able to just cross the street to the McLoon Barn and enjoy their music, the beautiful works of art and the fantastic quilts on the same day.

If you would like to become a member, membership forms and more info is available at [www.tdhistoricalsociety.org](http://www.tdhistoricalsociety.org)

Email address: [tyngsboroughdunstablehs@gmail.com](mailto:tyngsboroughdunstablehs@gmail.com)

Contact: Lynda Justice at 978-587-8423

## DUNSTABLE RURAL LAND TRUST MUSIC & ART AT McLOON BARN

It was wonderful to see the Dunstable Land Trust Music & Art Show in the McLoon Barn. The atmosphere certainly made you forget how hot it was outside. The music made a relaxing backdrop to the browsing. I could have spent hours looking at the extraordinary selection of beautiful quilts and other works of art, including books. Each of the items on display were incredible and different from one another. There is so much talent in our midst.

This event made it possible for the townspeople to get a glimpse of the beautifully restored barn. Congratulations to Bob and Leanne Frye, winners of the raffle. Thank you to all who came to take part in and support this Dunstable Rural Land Trust event. It was nice to be able to travel across the street and enjoy the Strawberry Shortcake at the Little Red Schoolhouse on the same day.

Keep an eye out for upcoming events at the McLoon Barn.



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St. Mary: Wed. 4:30-5:30pm & Sat. 11am -12 noon

### • WEEKEND MASS SCHEDULE

St. Mary: 4pm on Saturday, 7am and 11am on Sunday  
St. John: 4pm on Saturday, 9:30am and 6pm on Sunday  
Also 12pm African Liturgy (2nd, 3rd and 4th Sundays)  
St. Margaret of Scotland: 4pm on Saturday and 7:30 and 10am on Sunday

### • DAILY MASS SCHEDULE Monday thru Friday

St. Mary at 7am • St. Margaret of Scotland 8am • St. John at 9am



## TYNGSBOROUGH-DUNSTABLE



Rotary is a global network Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs. Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

**If you are interested in membership, please call or text Ron Keohane at (508)517-3895 or Brian Day-Lewis at (978)399-4952.** Want to join a meeting? We meet at Dream Diner in Tyngsboro on 1<sup>st</sup> and last Thursday of the month at 8:00 am. Second and third Thursday of the month, we meet at 12:00 at Dream Diner.

### Local Rotary Events

**• We will be sponsoring the Council on Aging Breakfast at the Tyngsborough Senior Center on Westford Road in Tyngsborough on Thursday, July 21st at 8:30a.m. Open to Seniors and Veterans.**

• Rotary Clubs of Tyngsboro/Dunstable, Nashua, Dracut and Lowell **23<sup>rd</sup> ANNUAL FISHING DAY For individuals with Disabilities of All Ages**, The Fishing day was a great success!

**Thank you to all who helped make it possible.**

- **Funded SafetyNet** program for individuals with cognitive impairment
- **Many other local service events**

## HOW TO PAY FOR YOUR HOME IMPROVEMENTS

*Sponsored by Carrie Cyr*

*You'll probably want to improve your home at some point.*

It might be out of necessity if you need a new roof or fence — or you might want more space or additional amenities, like an updated kitchen or a swimming pool.

Whatever the reason for your projects, you'll likely need some help paying for them.

Are you planning to make some improvements around the house soon? Here are four ways to cover the costs.

• **Home Equity:** You can leverage your home equity to cover home improvements. Among your options are a home equity loan, cash-out refinance and home equity line of credit (HELOC). The latter, which functions more like a credit card, is a good option if you're not sure how much you need or if you need cash over an extended period.

• **Cash Savings:** This can be a great way to pay for any home repairs or updates — just make sure you're not draining your emergency fund. You should always have a healthy amount of savings as a homeowner so that you're ready for maintenance, repairs and other expenses even if you hit a financial snag.

• **Home Remodeling Loans:** Renovation and remodeling loans are designed just for this purpose. You can use them to cover repairs, updates and other improvements, then pay the costs back over time as with any other type of loan.

• **Credit Cards:** These should be a last resort, since credit cards typically come with higher interest rates than other financing options, like loans and lines of credit mentioned above.

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Elected Post 247 Officers serving for 2019-2021 Commander: Matt DeLucia; Sr. Vice Commander: David Simpson; Jr. Vice Commander. Executive Board: Joe Conlin, Ray Hamelin and Fred Carroll. Bartenders: Matt, Linda, Judi, Michelle, Pat and Denise.



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• **June 29 - July 31 Who We Are: Celebrating Diversity.** A.O. Scott wrote, "It is the mission of art to free our minds." Who We Are showcases art from Greater Lowell, focusing on the often overlooked, including the BIPOC, LGBT+, and non-binary communities. This exhibit is juried by Gwendolyn Lanier who received her BFA from the School of the Museum of Fine Arts/Tufts University. She is a member of Attleboro Arts Museum and Brush Gallery, and teaches at Essex Art Center in Lawrence, MA. **Who We Are: Celebrating Diversity** joins Celebrating Diversity: Lowell Has It, a festival of workshops, music, dance, food and film hosted by Loading Dock Education. This program is supported in part by a grant from the Lowell Cultural Council, a local agency which is supported by the Mass Cultural Council, a state agency."

• **August 1 - August 27 Altered Landscapes**

Interpreting the impact of climate change on the landscape by artists Gillian Frazier and Susan Stranc. **Reception 3-5pm, Saturday, August 6th** with a special appearance by Qanuk Nanuk, climate change activist, polar bear puppet, as part of **Western Avenue Studios' monthly open house, noon-5pm. On August 12, 5-7pm** In conjunction with their current show 'Altered Landscapes' Presents 'Local Impacts & Actions' a panel discussion about climate change. Participants will be UMass Lowell's Climate Change Initiative: Assistant Professor Christopher Skinner, researcher in environmental Earth and Atmospheric Sciences. Associate Professor, Lori Weeden, researcher and educator in Soil Carbon Sequestration and Surface Water and Jane Calvin, Director of Lowell Parks and Conservation Trust. This will be held at The Loading Dock Gallery, 122 Western Avenue Studios, Lowell, MA in the Teaching Space, Room 225. Free Admission.

**Loading Dock Gallery** is a program of Loading Dock Arts, Inc., a 501(c)3 non-profit corporation. **Gallery Hours:** Wed.-Sat.: 12:00 - 5:30 pm; Sun.: 12:00 pm to 4:00 pm

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### RISE ELECTS OFFICERS; AWARDS SCHOLARSHIPS IN ONLINE APRIL VOTING

Nashua, NH: *The Rivier Institute for Senior Education (RISE)* conducted its annual election of officers and scholarship awards online on April 21<sup>st</sup>. New officers, elected for 2022-2023, are: *Nancy Nordstrom*, President; *Susan Hart*, Vice-President; *Melanie Schoenfeld*, Secretary; and *Delores Davis*, Treasurer.

The RISE Memorial Scholarship and the Rose H. Arthur Scholarship were awarded to three worthy Rivier University students. Awarded annually, the RISE Memorial Scholarship was created by RISE members and their friends to support the education of upper-level students as a tribute to deceased members, family and friends. The Rose H. Arthur Scholarship was created in memory of RISE's founder and supports part-time Professional Studies students who have demonstrated a commitment to the Greater Nashua community through volunteer work or public service.

Incoming President, Nancy Nordstrom, announced that the Fall Semesters will be conducted both on campus and online via Zoom. Two five-week semesters begin September 12 and end November 18. **New and returning members are invited to attend a Zoom Information Session August 18 from 11 to noon to learn about the courses and the online registration process.** Information for the course listings and descriptions, as well as a link to register, is posted at [www.rivier.edu/rise](http://www.rivier.edu/rise).

The RISE program, tailored for "learning in retirement" is in its twenty-fifth year. Individuals over age 55 are welcome to learn more about our program by contacting RISE at [rise@rivier.edu](mailto:rise@rivier.edu). You can also visit the RISE website at [www.rivier.edu/departments/rise](http://www.rivier.edu/departments/rise) and/or [www.facebook.com/RISEatRivier](https://www.facebook.com/RISEatRivier). **FALL 2022 SEMESTER Monday, September 12 - Friday November 18.**



## WOMEN'S MONEY MATTERS

Announces Expanded Access to Customized Financial Wellness Workshops and Personalized Coaching for Women Living on Low Incomes *The organization is announcing robust strategic priorities aimed at advocating for women to address financial inequalities and providing direct support to bridge financial gaps.*

**BOSTON** – Women's Money Matters, which has operated as Budget Buddies, is announcing a significant expansion to its work supporting women living on low incomes on their financial wellness journey. Increasing access to virtual and in-person financial wellness workshops and personalized one-to-one coaching will allow the organization to elevate the voices of the women who take part in these programs and ensure that all who need access to financial wellness programs, peer support and one-to-one coaching will have access to it. The organization will also increase its advocacy work to empower women to build more resilient futures with financial security. You may read the entire announcement on [www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)



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## BONE BUILDERS AT TYNGSBORO SENIOR CENTER

You in 2022, is the next subject of discussion in the **Bone Builders class that meets on Monday and Wednesday at 9:00AM.** This class is made up of Weight Lifting and Balance Exercises especially designed for those with Osteoporosis. This class requires a doctor's note for participation. I suggest you watch a class to make sure it is a good fit for you before you fill out all the paperwork required.

Dr. Catalina Niculae, MD from Physician's Regional Medical Group, suggests, in her article called "A HEALTHIER YOU IN 2022", that an important part of your health, is to connect with other people. Those people that *do* connect with friends and family, live a longer, healthier life. We will explore her other tips in order. This tip coming in as number one. Can you guess what the second tip is going to be?

**For further information, please contact Coordinator, Jean Jacoppi (978-649-9076).**

## STITCHERS AT TYNGSBORO SENIOR CENTER

Yolanda Carmona, our senior volunteer instructor, is teaching the group how to crochet Chemo Caps for distribution. This is a craft that members can participate in at home. All supplies are available at the time of the class. **They meet on Mondays, in the Arts and Crafts Room, at the Tyngsborough Senior Center, 169 Westford Rd at 10:00AM.** Can't come at that time every week? Just come for instruction and supplies and stitch at home. When you are finished with the project, simply drop it off at the Center.

We service many organizations. We are always looking to add to our knitwear collection for Fall and Winter as well as lap robes for Hospice. Supplies and patterns are available at the Center for you.

**Please call Coordinator, Jean Jacoppi (978-649-9076) with any questions or concerns.**

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### JIMMY FUND WALK PRESENTED BY HYUNDAI

*Walkers are welcome back on the Boston Marathon® course on Sunday, October 2, to support patient care and research at Dana-Farber Cancer Institute* Registration is now open for the 2022 [Boston Marathon® Jimmy Fund Walk](#) presented by Hyundai. Scheduled for Sunday, October 2, funds raised from the Walk support all forms of adult and pediatric patient care and cancer research at one of the nation's premier cancer centers, [Dana-Farber Cancer Institute](#). The Jimmy Fund Walk is the only organized walk permitted on the famed Boston Marathon course and participants have the flexibility to choose from four distance options:  
• 5K Walk (3.1 miles from Dana-Farber Cancer Institute) • 10K Walk (6.2 miles from Newton) • Half Marathon Walk (13.1 miles from Wellesley) • Marathon Walk (26.2 miles from Hopkinton). For additional information please email [JimmyFundWalk@DFCI.harvard.edu](mailto:JimmyFundWalk@DFCI.harvard.edu) or call 866-531-9255. To register for the Jimmy Fund Walk (#JimmyFundWalk) or to support a walker, visit [www.JimmyFundWalk.org](http://www.JimmyFundWalk.org) or call (866) 531-9255. Registrants can enter the promo code NEWS for \$5 off the registration fee. All registered walkers will receive a bib, medal, and a Jimmy Fund Walk T-shirt.

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*Thank you, Anne*

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Additionally, keep reviewing your progress toward achieving your goal of a comfortable retirement. Keep in mind that, if you're 50 or older, you can make "catch-up" contributions to your IRA and 401(k) that allow you to exceed the regular limits.

Hopefully, you will enjoy many years of a healthy, happy retirement. And you can help support this vision by carefully considering your financial moves and making the ones that are right for you.

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## ARE YOU BACKING UP YOUR COMPUTER?

*By Dean Lotito*

These days, people have more and more critical items stored on their computer. This includes documents that they have created, pictures of family. If you think about it right now, and those items were lost forever, how would that affect you?

Email is an exception, since most email is stored on the emails provider's systems. However, if you save an attachment and then delete the email, the only copy is on your own computer.

There are several sites where you can pay for remote storage for backup. Microsoft OneDrive, GoogleDrive, iCloud and Drop Box are examples. You can pay monthly or yearly or this storage. Then, both Windows and Apple Operating systems have backup programs that can be set up to save copies of critical files to this cloud service.

Don't forget all the pictures on your phone! They can be backed up directly from your phone, or copied to your computer and backed up with the rest of your files.

## THE FRIENDS OF THE TYNGSBORO ELDERLY, INC.

Finally, it's time to party! The Friends of Tyngsboro Elderly, Inc. will hold it's first gathering this year on **Wednesday, July 20th at 1 PM in the Old Town Hall**. Welcome to our program, Singing Divas (Nashua Women's Chorus) and Dessert. Raffle Baskets and 50/50 raffle round off the afternoon. Doors will open at 12:30 PM. Cost is free to all seniors. Tickets are available by calling Joe Jacoppi, President (978-649-9076) or Elaine Rivard, Secretary (978-649-7689).

It's membership time coming up this July. Letters have been sent out to all members with information. If you wish to become a member with the purpose of helping fund needs, activities, and programs for the seniors at the senior center, please contact Elaine Rivard at **978-649-7689** for a membership form.

*We thank you for your continued support.*



## Evangelical Congregational Church of Tyngsboro

Est. 1868

Route 113, 23 Kendall Rd. Tyngsboro, MA 01879



Mail Address: P.O. Box 70, Tyngsboro, MA 01879

For questions or more information

call our office 978-649-2262

[www.tyngsborocongregational.org](http://www.tyngsborocongregational.org)

Pastor Denis Frediani

### Our Weekly Sunday Worship Services are at 10:00 AM

*If you prefer to stay home, Services are available on line.*

#### • TO WATCH LIVE SERVICES

Log on directly to facebook and go to Ecct Church. You may also log in at any time and watch the recorded services.

• **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: 1. Log onto the church website <http://www.tyngsborocongregational.org> 2. Click once on the word "SERMONS" 3. Sermons listed by date, passage, sermon title. You may click on "Jump to the Current Sermon. To find the most recent.

**COVID INFORMATION** - Due to the declining Covid numbers and the lifting of the mask mandate, **we do not require masks** at our services. You are more than welcome to wear a mask at your discretion. We have hand sanitizer available for your use.

• **FELLOWSHIP TIME** after church, we will resume food items with coffee, tea and juice in September. Please continue to gather in our fellowship hall after church services if you would like visiting time with other church members.

• **BOTH LADIES and MEN'S Bible Studies** have ended. They will resume in September or shortly after. We will provide upcoming information in the September issue of Neighbor to Neighbor..

• **BLOCK PARTY - August 29<sup>th</sup> - TOWN COMMON** - Please look for our church booth at this wonderful event and come talk with us. We will have information provided for those who might be interested in visiting our church. We pray our presence will be uplifting to those who connect with us.

• **EXECUTIVE BOARDS, BIBLE STUDIES and SUNDAY SCHOOL** will not meet during July and August. We will resume these activities in September. Think about talking with us at the Block Party and enrolling your children in our awesome Sunday School program.

### THRIFT STORE

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You can remain updated by visiting our website [www.tyngsborocongregational.org](http://www.tyngsborocongregational.org) or please check our Facebook page for unexpected closure dates.

• We are sorry to announce that our **CUSTOMER APPRECIATION ice cream social will NOT be taking place this summer.** We hope we might have this event next summer. Thank you to ALL our VOLUNTEERS for their devoted dedication to our store and to our ever faithful CUSTOMERS

• **Thrift store WILL BE CLOSED, September 3rd (Labor Day weekend)**

We are always looking for volunteers to help us out. *If you can spare a few hours a week, please call Charlotte at 978-649-780.* Thank you to the dedicated volunteers who so faithfully show up each day! We could not do all the good that happens every day without your help. You are truly a blessing to us!!!

**HAVE A SAFE AND FUN SUMMER!!!!**

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a free phone or video consultation

### DOWNLOAD YOUR FREE BOOK "LIVING WITH OUR WILD NEIGHBORS"

The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z. Since we have so many animals that we share our yards with, I thought it might be helpful. <https://www.animalsheltering.org/page/wild-neighbors-book>

**Reach or throw,  
don't go!**

If someone is in trouble in  
the water, throw them a  
life preserver. Never go in!





## BAKE & CRAFT SALE

Saturday, July 16th

10:30am-1:30pm

### RELAY FOR LIFE FUNDRAISER

The **Relay for Life** is much more than a fundraiser. We remember, honor and support those in treatment and celebrate those who have won their battle. If you have ever heard the words...*"You have Cancer"* or know someone who has, we are looking to honor you. On **Saturday, July 16th from 10:30-1:30** we will be hosting a Bake and Craft Sale as well as a raffle at our home at **200 Pond St., Dunstable, MA**. All donations will benefit the **American Cancer Society**. The goal this year is to cover our 40-foot fence with photos and names of those who have heard the words...*"You have Cancer"*. In this way we will Honor those affected by this disease. We will have luminaries up in our yard that day, stop by if you want to add one to the display.

**We will be selling individually wrapped bake goods and small items filled with HOPE!** We will once again be selling "Gabi's" bears. We now also have dogs, cats and bunnies. This is in honor of a 5 year old girl who lost her battle to brain cancer. **Remember to ask about the raffle tickets for a diverse array of prizes!** Our Team **"A Wee Bit of Hope"** also makes and donates "Gabi's" bears and our other animals, to MGH Pediatric Oncology as part of our team spirit. It will be a day of HOPE as any donations will help towards the goal of eradicating this hideous disease with a cure.

**We hope to see you July 16th!** If you can't join us for this day, and would like to make a donation, you can send it to Bob & Mae Hopke, 200 Pond Street, Dunstable, MA 01827. **Please make the check payable to the American Cancer Society.**

We offer a sincere thank you to all who donated items and/or made monetary donations. **Sincerely, Bob and Mae Hopke**



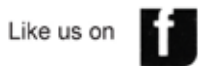
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### The Dream Diner Presents

## Our 25 Year Anniversary Celebration Fundraiser Concert



PFC Edmund Shanahan, US Marines

We are celebrating our 25th year in business this August and will be hosting an outdoor musical concert supporting our Veterans on Saturday, August 13th at 3:00pm with a rain date of August 20th, 2022.

We will be featuring Bobby Kinney's 16-piece **Adagio BIG Band** who will be playing BIG band JAZZ and a musical tribute to the Golden Oldies.

Please join us for our first annual fundraiser honoring our family member PFC Edmund Shanahan a US Marine, Vietnam Veteran, and Purple Heart Recipient. This is a Community Fundraiser to support the **HOMES For Our TROOPS** organization located in Taunton, Massachusetts. (hfotusa.org).



**DONATION:** \$20 per person  
**LOCATION:** Dream Diner, 384 Middlesex Road Tyngsboro Mass.  
**DATE:** Saturday, August 13th (rain date Saturday, August 20th)  
**TIME:** 3:00 PM  
**SEATING:** Bring your own Chairs  
**TICKETS:** Available at the Dream Diner, DreamDiner.com or EventBrite  
**EMAIL:** DreamDinerCharities@gmail.com

SCAN FOR TICKETS



Or visit  
**DREAMDINER.COM**

## Neighbor to Neighbor

64 Hardy St., Dunstable, MA 01827  
(978) 419-1914

anne@neighbortoneighbornewsletter.com

Even though I do not publish a separate issue in August, I will be here. So it is fine to get in touch. It is just time for a little break. I will probably be in the garden, trying to pick the fruits and veggies before the animals do. I always look forward to this time of year. Luckily in New England we do have weather that changes. As they say "if you don't like the weather wait a minute". So hopefully we will have more good days than bad. Wishing you and all in your family a wonderful summer. May you have some time to relax and enjoy meeting up with, those whom you haven't had an opportunity to visit with, during the last year or two.

To submit news or info about an upcoming event, please email the information to me. If you have a business and you would like to know more about advertising, please call 978-419-1914 or email me at [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com). I will get back to you as soon as possible. This issue covers information for the months of July and August. The next issue will be published in September, it should be delivered after Labor Day. The circulation is 5344 for Tyngsborough and 1272 for Dunstable

If something comes up, remember announcements can be sent in to be posted on [www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)  
I look forward to hearing from you soon. Thank you, Anne

If you have news or events happening this summer, please let me know. I can post them on the website. The deadline is August 10th for the September issue. If you miss the deadline please get in touch ASAP.