



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

Celebrating 38 Years of Service!

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DUNSTABLE TOWN CLERK

• **Governor Baker signed a bill to set the date of the State Primary to Tuesday, September 6.** More information will be published, please keep an eye on this column and sign up for news and announcements on the town website to keep informed.

• **The deadline to register to vote for the Annual Town Meeting/Annual Town Election was on Tuesday, April 19.**

The Annual Town Meeting will be on Saturday, May 14 at Larter Field at 11:00 am with a rain date of Saturday, May 21.

• **The Annual Town Election is Tuesday, May 17 at the Dunstable Free Public Library.** Pursuant to our town bylaw, the polls are open from Noon until 8:00 pm. Early Voting expired last December but you can apply to vote absentee. Applications are on the town website or Town Hall. **Requirements:** A registered voter who will be unable to vote at the polls on election day due to (1) absence from your city or town during normal polling hours; or (2) physical disability preventing you from going to the polling place; or (3) religious belief. To vote absentee at the Town Clerk's office, please contact me to vote at a time arranged with the Town Clerk.

Applications are at Town Hall or you can download at www.dunstable-ma.gov. **The deadline to mail ballots is (4) business days before the election, or Wednesday, May 11. There is no voting after Noon on Monday, May 16.**

• **Thank you if you've returned your annual street listing,** we've begun to scan them in. The annual street listing is a legal document required by the Commonwealth to remain on the active voter list. If we are notified that a member of the household has moved, the procedure is to send a postcard to that individual informing them we were notified and request their signature to remove their name. If they do not return the post card or take further action, we are required to keep them on the "inactive" voter list for 2 years. If they register to vote in another community within MA, their name will remove them from Dunstable. This is important to maintain an accurate resident and voter registration list, also for the Office of Juror Commissioners for the jury pool (they extract the information from my state computer every June). Please email or call me if you need another street listing. Carol A. Skerrett, Town Clerk CMMC 978-649-4514 x222 CSkerrett@dunstable-ma.gov

COMMISSIONERS OF TRUST FUNDS

For Those In Need

Are you a Dunstable resident who is experiencing financial hardship? We may be able to help. A century ago, various residents of Dunstable willed funds to the town to help those in need. Dunstable's Commissioners of Trust Funds are responsible for disbursing funds from the interest on these accounts each year. If you, or someone you know, is a resident of Dunstable and could use some one-time help with medical, pharmacy, grocery, or fuel bills, let us know. Requests can be submitted by emailing the Commissioners of Trust Funds at www.dunstable-ma.gov/user/53/contact. All inquiries are confidential.

IN MEMORY OF

Charles A. Ferrari William N. "Buddy" Lamarre
James F. McManus Matthew P. Cox

DUNSTABLE VETERAN AGENT

May is a beautiful month and is very special because it is also when we spend some extra time to remember those who have served our country and since passed away. **This Memorial Day weekend, we will be having our parade on Sunday, May 29th with a start time at 1 PM.** We will have a dynamic guest speaker who served in both, the Iraq and Afghanistan Wars, along with a special recognition of those Vets currently living among us. We also hope to have some special items of interest in the parade for you.

I would like to give recognition to those vets I have in the Dunstable database who were born for each month but have since passed away. This month I like to honor the following:
Harry E. Allard – 19 May 1934 – 9 May 2012 – USA – WWII
Robert J. Irzyk – 25 May 1936 – 11 June 2017 – USAF – Vietnam
David W. Wellington – 7 May 1927 – 21 Apr 2017 – USA – WWII
Our many thanks to those who went the extra step to serve our country.

As always, if you know of any Veteran or family member of any veteran who might need assistance please contact me. I am normally available from 10:00AM to 2:00PM on Mondays almost every week. You can call or text on my cell and leave a message 978-496-0985 or send me an email anytime at VSO@Dunstable-ma.gov. God Bless.

Dunstable Veteran Services Office
Joe Dean (Former USMC Sgt, Retired USAF Capt.)

Dunstable Veteran Services Officer
Proudly serving those who have served



SAVE THE DATE!

Dunstable's Memorial Day Parade Committee is happy to announce the parade is back this year and will be held on **Sunday, May 29th**. Please be sure to mark your calendars. There will be a few small changes this year and we hope to make this a great day for all to honor our town's veterans. We are looking forward to seeing a great crowd. Let's honor our veterans together!

We are also looking for some volunteers to help with some set up and take down logistics, so if anyone would like to help, please let us know. Check out Facebook/Dunstable Memorial Day Parade or call Erica at 1-339-223-9674.

WELL ADULT CLINIC

The Dunstable Board of Health and Nashoba Board of Health announces that a Well Adult Clinic will be held on Wednesday, May 25 in the Dunstable library from 11:00 – noon.

Maureen Scott, our new nurse will be on hand at these clinics which allows for personalized, one on one attention from the nurse. Offered services include blood pressure and blood sugar screening, diet and nutrition information and teaching, medication review and assistance with identifying and coordinating community resources and referrals. Contact Nashoba Board of Health at 987-772-3335 ext. 340 or www.nashoba.org if you have any questions or are in need of their services.

COMMISSIONERS OF TRUST FUNDS

Sarah Parkhurst Lecture/Program Fund

Did you know that the Town of Dunstable has funds that may help defray the cost of a speaker for your group? A century ago, Sarah Parkhurst willed funds to the town for the purpose of maintaining free public lectures/programs in Dunstable. Dunstable's Commissioners of Trust Funds are responsible for disbursing funds from the interest on this account each year. Funds can be used by any recognized non-profit group of Dunstable residents, such as (and not limited to) the schools, Grange, 4-H, Scouts, Dunstable Seniors, library, etc. If your group would like to apply for these funds, please submit your request via an email to the Commissioners of Trust Funds at www.dunstable-ma.gov/user/53/contact

Please include the following information:

- Name of host group • Contact person; email and phone number
- Location of proposed lecture • Date of proposed lecture
- Name of speaker; fee required for the speaker • Topic of lecture
- Approximate number of attendees expected for the lecture
- Target audience • Amount requested



MOTHER'S DAY PANCAKE BREAKFAST

Scout BSA Troop 28 of Dunstable invites all Moms and their families to our annual Mother's Day Pancake Breakfast, to be held on **Sunday, May 8, 2022, from 8:30–11:30AM**. This year it will be back at the **Little Red Schoolhouse on Rt 113, 64 Main Street in Dunstable, near the Tyngsborough border**.

Enjoy a delicious all-you-can-eat breakfast with your Mom in a great setting with superior service (and occasional serenades) from the Scouts! Dining tables available both inside and outside.

Tickets are \$5 per person. Scouts have tickets for advance purchase, or you may pre-purchase them on our website

<https://dunstable28.mytroop.us/node/1242>.

You may also buy tickets on the day of the event, at the door. For more information, check out the website or email us at bstroop28.dunstable@gmail.com. *Thanks and see you there!*

DUNSTABLE SCOUT SBSA TROOP 28

is open to girls who've completed 5th grade and are at least 10 years old. Our troop runs an integrated model, with boys and girls together for all activities and meetings. **We meet at the Dunstable Congregational Church on Mondays at 7PM. Come join us.** website: <https://dunstable28.mytroop.us/contact>

Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

E-mail: anne@neighbortoneighbornewsletter.com

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Total Circulation is now 6,616 which includes Dunstable and Tyngsborough.



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My name is Pawel Chadzynski

I'm a candidate for the Dunstable Selectboard

Let me introduce myself and my family. My wife, Christina, and I moved to Dunstable in 1992. We were a young family then with two sons. After 30 years, we continue to live in the same house and have no plans to move.

I was born in Warsaw, Poland, and came to the United States as a teenager in 1970. After graduating with advanced engineering and management degrees I had a successful career with several New York and Massachusetts based companies including a local software startup acquired by Boston based PTC. This kept me on the road quite a lot for many years – but all that has changed with COVID. I currently work 100% from home, no longer travel on business and consequently have a bit more time on my hands.

My wife Christina had pursued an educational career in the GDRSD and the surrounding districts. She has also been involved with local theater productions as an actor and a director. No wonder I'm often recognized locally as Christina's husband.

Our two sons, Christopher and Peter, are both alums of GDRSD. Christopher, co-founder of Northeast Realty in Chelmsford, lives with his wife Laurel, an architect, and a newly arrived son in Weymouth, MA. Peter specializes in post-and-beam design and constructions and lives with his wife Sarah, an educator and activist, and their three young children on a farm in Lyndeborough, NH.

There are several reasons why I decided to run for the Dunstable Selectboard. But first, I'm really happy that Dunstable started shifting away from calling it a Board of Selectmen. I'm not sure when that changed, and it's a small change, but it does say a lot about the community.

1. **Change is good.** While the Town is run quite well a change in leadership, that has been in place for many years, is always good because it brings in new perspective, new energy, and a degree of healthy disruption of the status quo.
2. **Professional experience.** As a seasoned engineer with a strong background in running complex technical projects with diverse international teams, I can smoothly ease into providing guidance for the many complex projects that Dunstable is actively pursuing.
3. **Connection with the Town.** After living here for so many years, I understand quite well many issues involved with household growth, protection of open spaces, funding for the school district, traffic congestion, growth of key services, dependency on revenue from real estate taxes, lack of alternate revenue sources, needs of the older residents (ex: accessibility, fixed income, low-cost housing), to name a few.
4. **Cultural diversity.** Our household is bi-lingual and immersed in two cultures (Poland and the United States). We are carefully preserving all that truly matters from our heritage while embracing all that is so special about this country – for emigrants it's a never-ending journey. As I drive around town and walk our dog it is obvious that Dunstable's cultural/international mix is expanding. Moving forward, I believe that should be embraced by and reflected in the town's leadership through people like myself.
5. **Serving the community.** Over the years the Town has shown us that it cares many, many times. Without recounting all these special and personal encounters I feel that it's simply time for me to give back.
6. **Preserving the balance.** As a 30 years resident of Dunstable, I'm very mindful and appreciative of the unique character of the Town. That unique character which has as much to do with who we are and how we manage the Town today as with Dunstable residents who were here long before us and what they cared to pass on to us to preserve and grow. I strongly believe that keeping the balance between the two matters and I know I can help maintaining it for the next generation.

Thank you for finding a few minutes to read this introduction and I hope to see you on May 17th in the Dunstable Library where the polls will be open from noon to 8PM.

Sincerely, Pawel Chadzynski

Paid for by the Candidate

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PACH PEPPERELL FOOD PANTRY

66 Hollis St., Pepperell, MA Tues 5-7pm, Thurs 2-4 & 5-7pm.
PACH provides food, paper goods and personal care items to residents in need of assistance. If interested in this service, call the Office at 978-925-9770 or visit their web site at www.pachoutreach.org. **If you would like to donate items for this program, you can drop items off at West Auto Repair located at 30 Pleasant St. in Dunstable, MA.**

A NOTE FROM JEN WEST

Thank you neighbors for your continued support of the PACH food pantry via our collection boxes located at West Auto Repair located at 30 Pleasant St. in Dunstable, MA. When bringing over the recent donations collected at West Auto, a volunteer at the pantry updated me to a few items that they are in need of. Next time you are out and about, if you are considering picking up a donation for the PACH food pantry, they could use the following: *coffee, laundry detergents and personal care items (soap, shampoo & conditioner, diapers, feminine pads, toothbrushes, toothpaste).*



LOANS TO CHILDREN AND YOUR ESTATE PLAN

By Edward H. Adamsky

You don't want your children to fight after you are gone. But sibling conflicts exist and often flare up after a parent's death. One child may feel they were slighted or the other one was given more. Old disagreements or misunderstandings can turn in to big fights over an Estate.

One point of contention is gifts or loans during life and how they should affect the ultimate disposition of your assets. If you gave money to one child, the others might think it should change the disposition of your assets no matter what your Will says. You should make your wishes clear. If you wanted that gift to count against the child's share of your estate, then say so. If you don't want that, you should say that as well. Silence on the issue will only lead to disagreements, so make sure you say something in your Will or Trust.

I had a case where a parent gave a house to one child during life, and then his Will had an uneven split of assets to account for it. But the state of the assets at the point of death was so different than expected, that it resulted in a windfall to one child and a disappointment to the other. The way the Will was written assumed certain assets would exist at death when they did not. If you want to make an adjustment because of a gift or loan, make it clear how it should be done, and why, and don't assume what assets you will have left when you die.

Loans can be a problem as well. You must make your intent clear. Some loans are "self-cancelling" which means they end (without repayment needed) if the maker of the loan dies. Other loans are still collectible by the Estate of the deceased (through the Executor). Again, you should specify in your Will or Trust if you want the loan repaid or forgiven when you die. If the loan was in writing, then the terms of the loan should control, but you could say otherwise in your Estate Planning documents. Be specific so everyone knows what you mean and want.

Also, if you have decided to leave out a child (either because you made lifetime gifts to them or for some other reason) you must mention this in your Will. There is a rule that says if you don't mention a child, the law will assume you "forgot" them and add them back in as an equal heir with other children. You must state clearly if you are leaving someone out, no matter the reason.

The key is to make sure your estate planning documents clearly say what you want. When you speak with your Estate Planning attorney, mention any prior gifts or loans, and explain what you want to happen with those when you die. Have your lawyer write a clause into your documents that clearly explains your wishes.

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Program Coordinator Susan Tully 978-649-6750

or Email at slt0213@verizon.net

Dunstable Seniorswe are a peer group for those over 60.

HAPPY BIRTHDAY to all who are celebrating this month!

**MEETINGS are held on Wednesday
at the Dunstable Library**

We will have access to the community room from 10 – 2.

Come and take part in, cribbage, dominos, and scrabble groups that will be on hand each week. **Masks are now optional**

- On **the first Wednesday, May 4.** we will be celebrating those with May birthdays. The menu for that day is tossed salad, pizza, cake & ice cream.
- On **May 11** We will be having pepper steak subs with sweet potato tots and a fruit cup provided by AgeSpan.
- On **May 18** The staff of the library will be providing the lunch.
- On **May 25** We will be having chicken fajitas and tres leches cake provided by the Traveling Chef.
- On **June 1** **We will be celebrating all the seniors who are turning 90 this year.** Celebrating are William Primeau, William Bridge, Lewis Staples, Marion Taylor and Rita Hewitt. We will also celebrate all who already are in their 90's. A special lunch will be served at noon that includes a birthday cake and ice cream. **At 1:45 Howie Newman will entertain us with his high-energy folk music program.**

**Reservations for all meals are required
one week prior to each meal.**

Bone Builders Lead by Brian O'Donnell and Linda Gill, is held on Wednesdays and Fridays from 10:30 to 11:30 at the Dunstable library. Bone Builders is a FREE, low impact, balance and strength training exercise program. Please drop in if you are interested.

High Tech Device Assistance Could you use some help getting the most out of your I phone, tablet or laptop? Dean Lotito has volunteered to be at the library on **Wednesday, May 11 from 10:30 – 1:00** to help answer your questions. Just come with your phone, tablet or laptop. Please RSVP if you are interested.

Town Wide Yard Sale The COA is sponsoring a Town Wide Yard Sale on **Saturday June 18th from 8:00a.m. – 2:00p.m.** Set-up will be at your own home, but the COA will be putting together a map of all participants. Want to get on the map? Send a check for \$5.00 to Dunstable Council on Aging, 511 Main St. by June 8th. Maps will be available to pick up at 7:30a.m. at the town hall and at yard sale sites on the morning of the yard sale.

Reading Suggestions We would love to have you join our monthly Book Group. Not your thing, but still love to read, here are a few more suggestions. The Missing Piece by John Lescoart, The Gates of Europe, the History of the Ukraine by Serhii Ploisky, The Darkest Place by Phillip Margolin, A Wish Upon a Dress by Debbie Macomber, French Braid by Anne Tyler.

Book Group Our group will meet at 10:30, on Saturday, May 21 in the community room of the Dunstable church. We will be discussing **The Doctors Blackwell: How Two Pioneering Sisters Brought Medicine to Women and Women to Medicine.** Summary: Elizabeth Blackwell believed from an early age that she was destined for a mission beyond the scope of "ordinary" womanhood. Though the world at first recoiled at the notion of a woman studying medicine, her intelligence and intensity ultimately won her the acceptance of the male medical establishment. In 1849, she became the first woman in America to receive an M.D. She was soon joined in her iconic achievement by her younger sister, Emily, who was actually the more brilliant physician. Exploring the sisters' allies, enemies, and enduring partnership, Janice P. Nimura presents a story of trial and triumph. Everyone is responsible for getting their own book but can be ordered thru the Dunstable library.



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CYSTIC FIBROSIS FUNDRAISER

It's that time of year again. **Great Strides Walk and Lemonade Stand** time to benefit Cystic Fibrosis which helps my friend Reid and others who live with Cystic Fibrosis!!!

This past year was a very big year for Reid. This past summer when he and I turned 12 on July 14th our 12th birthdays were extra special for Reid as he was able to start a drug called Trikafta. This treatment is the treatment that we have all been waiting for, fundraising for and praying for ever since he and I were born. Even after Reid took his first dose he was already coughing up gunk and breathing better. While taking this treatment Reid has been able to drop his maintenance antibiotic and we are hoping that Reid will soon be able to drop other medications as more research is done. The life expectancy of a person with CF is 50 years old. Every year the life expectancy is getting longer but we want the life expectancy to be 100. So we need to keep fundraising to help find a cure.

Our 10th annual lemonade stand at West Auto Repair located at 30 Pleasant St. (a/k/a Rt. 113) in Dunstable, MA **was on Sunday, May 1st** ALL PROCEEDS from the stand are going to the Cystic Fibrosis foundation. The success of the lemonade stand wouldn't be possible without the help of my friends each and every year.

If you couldn't stop by on May 1st, you can visit my personal page to make a donation here online: https://fightcf.cff.org/site/TR/GreatStrides/100_Northern_New_England_Nashua?px=1634405&pg=personal&fr_id=9117. You can also mail me a check made payable to Cystic Fibrosis Foundation to: Sophia West, 53 Oak St., Dunstable, MA 01827

If you are interested in taking part in the **Great Strides walk for Cystic Fibrosis** it will be held on **May 14th at Mines Falls park in Nashua, NH with the walk starting at 10:30AM**. My family and I hope to be able to walk we will just have to walk really fast this year because I have a dance recital to get to at 12:30 this same day. Thank you, Sophia west

TOWN OF DUNSTABLE BOARD OF HEALTH TRASH & RECYCLING PICKUP PROGRAM

The Town offers a trash & recycling pickup program for all residents. The fee is \$300.00 per year valid July through June of each year. The fee drops by \$25.00 each month. As an example, if you join in February the yearly fee will be \$125.00. All subscriptions expire on June 30th each year. **The subscription includes a 35-gallon trash container and a 64-gallon recycling container. We also offer overflow bags for sale for \$3.00 each in rolls of 5 for \$15.00 for those weeks that you cannot fit all your trash in the grey trash container.**

Our pickup day is every week on Thursday. There are 6 holidays that will change that date to Friday. That list will be given to you when you sign up. On occasion the weather might also change that day to a Friday. *That announcement will appear on the town website cover page under news.*

If you would like to sign up for pickup you may do so at www.dunstable-ma.gov and go to online payments. Scroll down halfway down the page for Board of Health – trash. You may also purchase overflow bags at the same website by filling in the amount and we will recognize the amount is for bags. You will have to pick them up at the town hall Monday-Friday 9:00 a.m.-4:00 p.m. Please bring your confirmation sheet with you. You may also sign up for trash pickup or purchase bags at the town hall Monday-Friday 9:00 a.m.-4:00 p.m. and pay by cash or check.

You may sign up at Town Hall on Tuesdays from 12:00 to 4:00 pm. Any further questions should be forwarded to healthi@dunstable-ma.gov or call 978-649-4514, Ext. 229. Joan Ferrari Health Admin Asst. and leave a message. All inquiries are usually answered in a timely manner.

Save the Date: Household Hazardous Waste Collection for this year is **September 24, 2022**. If you are new to town, or if you are not sure of what is usually accepted, you can see the full page flyer that ran as the last page in the July/August 2021 issue of Neighbor to Neighbor. www.neighbortoneighbornewsletter.com

DUNSTABLE COUNCIL ON AGING

DIRECTOR OF THE COUNCIL ON AGING

Anne Fenochetti Email: afenochetti@dunstable-ma.gov
978-649-4514 ext. 223 Hours: Tues 8-12, Wed 8-11

DUNSTABLE COUNCIL ON AGING Barbara Martin, chairman; Mary Dow, secretary; Donald Pottle, Joan Simmons, Jean Haight. **The Mission of the Dunstable Council on Aging** is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs. *Feel free to give us your ideas.*

Senior Services

Well Adult Clinic May 25 in the Dunstable library from 11:00 – noon. Maureen Scott, our new nurse will be on hand at these clinics which allows for personalized, one on one attention from the nurse. Offered services include blood pressure and blood sugar screening, diet and nutrition information and teaching, medication review and assistance with identifying and coordinating community resources and referrals.

Alzheimer Support is a free service that assists Dunstable families who have loved ones with Alzheimer's disease or dementia. Through our free search tool and database of Alzheimer's care facilities, families in need of care for their loved ones can locate licensed care homes and communities in the Dunstable area that are best equipped to provide care for their loved ones. Go to www.alzheimersupport.com/memory-care/massachusetts/

Fabulous Feet by Diane Diane Stanley, a foot care specialist nurse, is now available to do home visits. She will check feet, trim nail, treat ingrown nails, corns and calluses. Experience with diabetes. Home visit is \$60.00 for a 1 hour visit. Call 978-667-0644 to make an appointment.

Brown Bag Food Program Program offers a FREE bag of groceries the 4th Tuesday of each month. Each bag contains a variety of basic healthy foods. Bags need to be picked up at the Tyngsboro Senior Center. Call Laura Marsan 978-946-1303 for more info.

I'm in the Donut Hole What Can I Do? If you have reached or are about to reach that gap in your part D plan, the Commonwealth's Prescription Advantage program can help. For individuals with an annual income of less than \$38,640 or \$52,260 married. Prescription Advantage can help lower your co-payments while in this gap. Call for more information at 1-800-243-4636 or go online at www.prescriptionadvantage.org

Medicare Remember if you are turning 65 you should contact Social Security to enroll in Medicare. Medicare has no connection to your eligibility for social security benefits. If you have questions call Elder Services at 1-800-892-0890. **The Centers for Medicare and Medicaid Services at 1-800-633-4227.**

Book Delivery is available through the Dunstable Library on Thursdays. Just let Anne know if you or someone you know needs books or audio material. Call 978-649-7830

Van Service is available for medical appointments and grocery shopping. Cost is \$5.00 for local trips, Lowell, Chelmsford, Nashua, Tyngsboro, Westford, Ayer, Groton & Pepperell. \$10.00 for any other. Check with Anne Fenochetti as soon as you know when your appointment is to make sure a ride is available.

Meals on Wheels Do you or someone you know need the services of Meals on Wheels? This service has merged with Tyngsboro's MOW. For more information contact AgeSpan 1-800-892-0890

We have applications for RMV handicap placards

PENSION ACTION CENTER Free legal counseling for workers and retirees who live or work in New England. Legal help line 1-888-425-6067.

Durable Medical Equipment *Before you buy, call to see if what you need is in the COA's inventory.* We have good, gently used walkers, wheelchairs, transport chairs, canes, commodes and much more that people have generously donated. **These are on loan and need to be returned when not in use.** If you have items you wish to donate, please call first before you drop off items. *Accepted items should be brought to the Town Hall.*

WANTED

Reputable paving company for small job in Tyngsborough: re-surface end of driveway. Please call: 978-649-6015.



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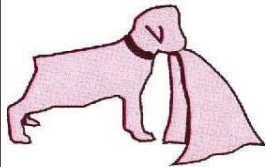
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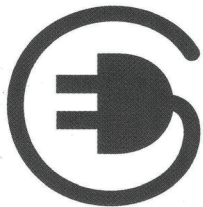
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DUNSTABLE FREE PUBLIC LIBRARY

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For more library information go to

www.dunstable-ma.gov click on library

Mary Beth Pallis - Director – mpallis@dunstablepl.org

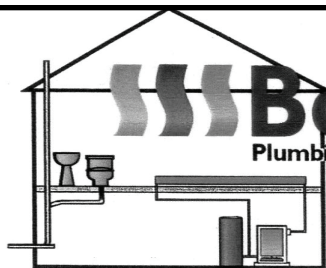
Karen Debreceni - Children's Librarian kdebreceni@dunstablepl.org

**LIBRARY HOURS: Tues 3pm-8pm; Wed 10am-2pm,
Thurs 10am-6pm, Fri 10am-2pm; Sat 10am-2pm**

Like us on FACEBOOK to receive program updates!

www.facebook.com/pages/Dunstable-Public-Library/

- **Community Room Artist** Check out the wonderful new artwork done by Alice Sniezek. Her collection of paintings is incredible!
- **Preschool Story Hour** Please come in with your **3, 4 or 5 year old for story hour.** Story hour is held on **Thursdays and Fridays. We meet from 10:30 -11:30.** The program includes stories, songs and a craft or activity. Come in and join the fun! **Please check on the DPL Facebook page for additional information.**
- **Adult Book Club** Our group will meet **Saturday, May 21st at 10:30am** at the Dunstable church.
- **Bone Builders Program** Classes are on Wednesdays and Fridays at 10:30. This is a free, low impact, balance and strength training exercise program.
- **Homework Club** The library is offering homework help every **Tuesday night from 6:00 - 7:00** for the school year. This is a free service for children from Kindergarten to High School. Honor Students from local high schools are available to help the children. These students help children understand their math homework and more. **If your child is attending, please call by 5:30 so we can be sure a student will be here for your child.**
- **Chapter Book Reading** Mrs. D will be reading from a chapter book each **Tuesday night at 5:30 pm.** Please join her on DPL Facebook live to listen to the story. Any suggestions for favorite chapter books will be appreciated.
- **Take and Makes for this month** Come to the library to pick up materials to make three special projects. More information will be on the Dunstable Public Library Facebook page. All the directions and supplies are included. All bags will be in the library lobby. No sign ups are needed. Supplies are limited. **May 17th week** – Decorate a flower pot and plant some seeds! Also a **tween craft** will be put out. Decorate a small pouch that can be used in a variety of ways! **May 31st** Make several spring crafts.
- **Library Passes available** Take advantage of these great passes: Boston Museum of Fine Arts, One Stop Fun, US Constitution Museum in Charlestown, and a pass to 50 Massachusetts State parks, Salem Witch Museum and Merrimack Repertory Theatre.
- **Mrs. D is looking for item's for the Summer Reading Program** Do you have doubles of games or toys from Christmas? Are you trying to clean up your children's playrooms? Please consider donating new or nearly new toys, games, or books for our Summer Reading Program. Your "Trash" might be someone else's Treasure. Please drop these items with Mrs. D at the library (No Large items please). Thank you very much.



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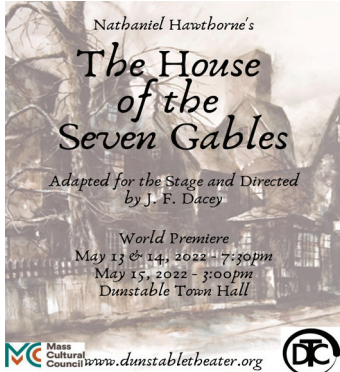
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DUNSTABLE THEATER COLLABORATIVE

is proud to present the world premiere of **The House of the Seven Gables**. This great American novel by Nathaniel Hawthorne was adapted for the stage by local Lowell playwright Jack Dacey, and is directed by Jack as well! This performance will be the play's World Premiere.

Told through the eyes of the unassuming boarder Jonathan Holgrave, **The House of the Seven Gables** revolves around a curse set on Colonel Pyncheon in revenge for stealing Matthew Maule's land-and his life. Through a century and a half, the curse affects the members of both families, and is embodied in the big crumbling mansion that is **The House of the Seven Gables**.

There will only be 3 performances of this literary classic at Dunstable Town Hall on **May 13-15**, so get your tickets while they are still available! **Tickets: \$15** General Admission, **\$10** Students/Seniors (use coupon code **studentsenior** at checkout)

May 13 & 14 - 7:30 pm May 15 - 3:00 pm

www.dunstabletheater.org/product-category/tickets

Dunstable Town Hall, 511 Main Street, Dunstable, MA 01827

This production is made possible in part by grants from the Dunstable, Groton, Pepperell, and Townsend Cultural Councils, local branches of the Massachusetts Cultural Council.

LOAVES AND FISHES DRIVE-THRU PANTRY

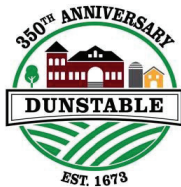
May & June Drive-thru Pantry Schedule. Open 9:00am to 12:00pm. May 4, 6, 11, 13, 18, 21, 25, 27 and June 1, 3, 8, 10, 15, 18, 22, 24, 29

Are you choosing between heating your home, buying medications or feeding yourself and your family? We can help! Loaves & Fishes' mission is to provide nutritious food, in an atmosphere of kindness and respect, to individuals in need who reside in Ayer, Devens, Dunstable, Groton, Harvard, Littleton and Shirley.

www.loavesfishespantry.org/need-services/faq-services/ or call 978-772-4627.

Please check for new posts on the website, follow us on facebook or call us at 978-772-4627.

THE DUNSTABLE 350TH CELEBRATION COMMITTEE



Purchases, donations, and the enthusiasm of the community continue to be very encouraging. **We are also very encouraged by the corporate donations toward our grand celebration. Follow us on Facebook!**

Read Current and Past, Dunstable & Tyngsborough editions of Neighbor to Neighbor as well as other articles online at www.neighbortoneighbornewsletter.com

Do you have some news or want info about advertising in the June issue? Call 978-419-1914 or email anne@neighbortoneighbornewsletter.com.



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PRESCOTT SCHOOL COMMUNITY CENTER
Located at the Prescott School • 145 Main St, Groton, MA
Visit www.prescottscc.org for details and to register
May 7th- June 10th Program Listings

Family:

Wildlife Rehabilitation, Saturday May 7th, 10:30-11:30 AM

Adult Programs:

Stained Glass Basic to Creation, Thursdays 6:00-8:30 PM and Saturdays 10:30 AM-1:00 PM

Groton Historical Walk, Saturdays, 10:30 AM-12:00 PM
Rebels and Reformers in Groton, 4 Thursdays starting May 12th, 7:00-8:30 PM

The Three Graces: Finding Purpose + Joy, Thursday May 12th, 7:00-8:30 PM

Gifts of the Glacier: Landscape, Ecology, Community, 4 Mondays starting May 16th, 7:00-8:30 PM

Crocheting Doilies and Lace, 5 Tuesdays starting May 17th, 6:00-8:00 PM

Dialogue Facilitation Skills Course, 6 Wednesdays starting May 18th, 6:00-8:00 PM

A Workshop on The Work of Byron Katie (thework.org), 5 Thursdays starting May 19th, 6:00-8:00 PM

Olmsted in Groton: Local Projects of the Famous Landscape Architecture Firm, Tuesday May 24th, 7:00-8:30 PM

Pelvic Floor Education for Moms, 4 Wednesdays starting June 1st, 6:00-7:00 PM

Watercolor Zodiac Star Map, Friday, June 3rd, 6:00-8:00 PM

Self-defense for Women, 4 Tuesdays starting June 7th, 6:15-8:45 PM

Weekly Fitness Programs:

Shake Your Soul®: The Energy of Dance, Mondays 10:00-10:45 AM

Yoga for End of Day Reset, Mondays (Online), 8:30-9:30 PM

Yin Yoga and Chill, Wednesdays, 7:30-8:45 PM

Yoga Fusion, Wednesdays (In Person) and Fridays (Online) until June 15, 9:00-10:15 AM

Tai Chi for Health, Thursdays 7:00- 8:30 PM

Chi Fundamentals for Health, Tuesdays starting May 17th, 6:00-7:30 PM

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GROTON FOOD PROJECT

The Groton Neighborhood Food Project (GNFP) is a non-profit organization that helps families in our community by organizing neighborhoods to collect food and other grocery items. A Door-to-Door Collection System Serving Loaves & Fishes Food Pantry.

You fill a bag and it will be picked up. Please join our growing network of neighborhood volunteers – it is fun & rewarding for the whole family! On Facebook: <https://www.facebook.com/Groton-FoodProject/> If you would like to learn more about the GNFP, and how you can help, please go to <https://grotonfoodproject.com>

Interested in helping out? You have time to get in touch for more info, as the next upcoming food collections will be on June 11 and August 13, 2022.

At this time the Town Hall is closed on Fridays

DUNSTABLE TOWN HALL DIRECTORY

Town Hall (978) 649-4514. *The departmental extensions are as follows:*
221 Town Accountant 222 Town Clerk 223 Council on Aging
224 Selectmen (handles many depts.) Also for Animal Control Officer.

After hours call Police at 978-649-8891. If emergency call 911

226 Building Inspector 227 Road Commission
228 Tax Collector/Treasurer 229 Board of Health
230 Conservation/Planning Board 249 Assessors, Water Dept

Please dial 0 if you need assistance.

Veteran's Officer 978-649-3919

POLICE NON-EMERGENCY 978-649-7445 POLICE & EMT 911

FIRE DEPT. TELEPHONE NUMBERS TO REPORT A FIRE CALL 911

Business Line.....978-649-6661 FAX.....978-649-6072

Alarm System* **978-448-6666*** can be used to call in a fire from cell phone

Visit www.dunstable-ma.gov for contact info, news & updates

TYNGSBOROUGH ZERO WASTE DAY COMMUNITY EVENT

Saturday, May 14, 2022, 9am-1pm,

Tyngsborough Elementary School Parking Lot, 205 Westford Rd., Tyngsborough

Tyngsborough Zero Waste Day is an opportunity for residents to keep usable goods out of the waste stream. We partner with local reuse organizations so that durable goods can be used again and again, reducing the amount of trash we generate and the natural resources required to produce new goods. **Share with friends: non-residents are welcome.**

- **PAPER SHREDDING** - \$10/box, NO binders; paper clips and staples are okay. Available until the truck is full. Sponsored by the Tyngsboro-Dunstable Rotary Club.
- **ELECTRONICS & SMALL APPLIANCES** - Small donation requested. Sponsored by Scout Troop 46. NO TVs or CRTs. Monitors, Stereos/Radios, Cables/Power Cables, Video Games, Computers, Cell Phones, Speakers, Small Appliances, Microwaves, Toaster Ovens, Vacuums, Dehumidifiers, Dorm Refrigerators, Large Subwoofers.
- **BIKES & BIKE PARTS**- Free. Provided by The Bike Connector, a Lowell-based non-profit with a mission to make bicycling accessible for all. **Bicycles** that are "serviceable" - no bent frames or stuck seat posts; **Bicycle Parts** - spare parts and components, including tubes, tires, wheels, chains, pedals, saddles, kickstands, racks and handlebars; **Bicycle Accessories** - Helmets (new only), tire pumps locks and chains for locks, gloves, bicycle books & manuals; **Tools** - General hand tools and specialized bike tools
- **SCRAP METAL** - Free. Provided by Junk King. Come early, as space is limited! Available until the truck is full.
- **CLOTHING & TEXTILES** - Free. Provided by CMRK. Items must be clean, dry and bagged (stained, worn/torn is fine). Items that cannot be reused will be recycled. Shoes/Footwear, Clothing, Hats, Belts, Gloves, Wallets, Purses, Backpacks, Totes, Towels, Linens, Bedding, Throw Rugs, Placemats, Curtains and Drapes, Stuffed Animals, Halloween Costumes.
- **SMALL HOUSEHOLD GOODS** - Free. Provided by CMRK. Please pack responsibly (boxed): Knick knacks, Dishware, Glassware, Pots & Pans, SMALL Toaster Ovens, Watches, Jewelry & Accessories, Small Toys.
- **BOOKS, RECORDS & CDs** - Free. Provided by CMRK. Items that cannot be reused will be properly recycled. All Books, Magazines, CDs (music and computer storage), and Record Albums.
- **EYE GLASSES** - Free. Items collected will be donated to Dunstable-Tyngsboro Lions Club. Prescription Lenses, Reading Glasses, Non-prescription Sunglasses.
- **MEDICAL ASSISTIVE DEVICES** - Free. Items to benefit Crutches for Africa. Folding wheelchairs and crutches.
- **SPORTS EQUIPMENT, SMALL ENGINES & LICENSE PLATES** - Free, provided by various individuals and companies.
- Want to volunteer? Extra hands are welcomed! To volunteer or if you have questions, contact the Sustainability Committee by calling (978)649-2300 or connecting with us on Facebook at **Sustainable Tyngsboro**.

Sustainable Tyngsborough is a subcommittee of the Board of Selectmen. We meet the third Tuesday of every month at 6:30pm. You are always welcome to join us and share your sustainability ideas and concerns.



Matt's Monthly Mechanical Memo

By Matt Manning

Purchasing home heating & cooling systems is a big investment. Choosing the right installer is equally as important as the equipment. Cheaper does not mean better. Far from it. What should homeowners look for?

Licensed & Insured. Qualified installers hold all proper licenses and certifications, always pull required permits, and carry much more than the minimum insurance coverages.

Reputable Reputation. Responsible firms have verifiable locations, proudly stand behind their work, and online reviews that reflect it.

Manufacturer Accreditation. Premium brands demand progressive levels of training and education for their certified install contractors.

Little to No Subcontracting. Highly capable installers have multiple trades in-house to reduce process issues, delays and breakdowns.

Quality Control. The most qualified firms follow comprehensive quality assurance measures from system sizing & design, through start up and proper commissioning.

Until next month, stay comfortable.

Got a question? Drop me a note!

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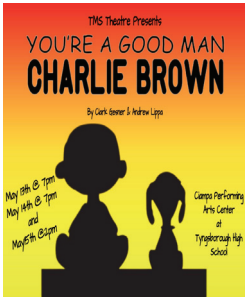
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TYNGSBOROUGH MIDDLE SCHOOL THEATRE

PRESENTS

You're a Good Man Charlie Brown
By Clark Gesner & Andrew Lippa

At Tyngsborough High School's
Ciampa Performing Arts Center
On Friday, May 13 at 7pm,
Saturday, May 14 at 7pm
and Sunday, May 15 at 2pm

(From StageAgent.com) Charles Schulz's beloved comic comes to life in Clark Gesner's classic musical, *You're a Good Man, Charlie Brown*. The whole gang is here: bossy Lucy is hopelessly in love with piano prodigy Schroeder who doesn't give her the time of day, perfectionist Sally is still mocking blanket-toting Linus, Snoopy is in the doghouse, and "block-head," himself, Charlie Brown, is in rare form. Brief vignettes span the months from Valentine's Day to Beethoven Day, from wild optimism to utter despair. In this revised version, with additional music and lyrics by Andrew Lippa and dialogue by Michael Mayer, the sweet, joyful innocence of the Peanuts gang is maintained, but a fresh insouciance and playfulness are revealed. Whether you're keen to fly with the Red Baron, moon over the Moonlight Sonata, or just do your best to find "Happiness," *You're a Good Man, Charlie Brown* is a crowd-pleasing classic.

You can search for tickets on TyngsTheatre.booktix.com



FRIENDS OF TYNGSBOROUGH THEATRE CRAFT FAIR/YARD SALE

Saturday, May 21, 2022 ~ 9am to 4pm (rain date: Sunday, May 22) Tyngsborough Middle School Side Parking Lot

Come shop and find that special item you have been looking for. There will be something for everyone. Homemade Crafts, Jams and Jellies, Hidden Treasures, and More! There will be many raffle items you can win! 50/50 Raffles too! Bring a friend and come join us and have some fun! Shopping, browsing, winning raffles. You can even have lunch! All Proceeds to benefit the Friends of Tyngsborough Theatre. For More Info, contact Dot Balestrieri Dottybye123@gmail.com or 978-930-0599.

CALL FOR WALKERS: REGISTER FOR THE 34TH ANNUAL BOSTON MARATHON® JIMMY FUND WALK PRESENTED BY HYUNDAI

Walkers are welcome back on the Boston Marathon® course on Sunday, October 2, to support patient care and research at Dana-Farber Cancer Institute

BOSTON — Registration is now open for the 2022 [Boston Marathon® Jimmy Fund Walk](http://BostonMarathon.org) presented by Hyundai. Scheduled for Sunday, October 2, funds raised from the Walk support all forms of adult and pediatric patient care and cancer research at one of the nation's premier cancer centers, [Dana-Farber Cancer Institute](http://Dana-FarberCancerInstitute.org).

The Jimmy Fund Walk is the only organized walk permitted on the famed Boston Marathon course and participants have the flexibility to choose from four distance options:

- 5K Walk (3.1 miles from Dana-Farber Cancer Institute)
- 10K Walk (6.2 miles from Newton)
- Half Marathon Walk (13.1 miles from Wellesley)
- Marathon Walk (26.2 miles from Hopkinton).

Whatever route walkers choose, participants will be treated to 12 refueling stations as well as poster-sized photographs of patients – Jimmy Fund Walk Heroes – displayed at each mile and half-mile marker as inspiration. All four routes of the Jimmy Fund Walk end at the Copley Square Finish Line with a celebration complete with food, music, and a speaking program.

If walkers wish to participate a bit closer to home, the Jimmy Fund Walk has flexible opportunities. Participants can also join the event virtually by "walking their way" from wherever they are most comfortable—in their neighborhood, on a favorite hiking trail, or on a treadmill at home. Virtual programming and supporting materials will be available.

The Jimmy Fund Walk has raised more than \$155 million for Dana-Farber Cancer Institute in its 33-year history. For additional information please email JimmyFundWalk@DFCI.harvard.edu or call 866-531-9255.

To register for the Jimmy Fund Walk (#JimmyFundWalk) or to support a walker, visit www.JimmyFundWalk.org or call (866) 531-9255. Registrants can enter the promo code NEWS for \$5 off the registration fee. All registered walkers will receive a bib, medal, and a Jimmy Fund Walk T-shirt.

[The Jimmy Fund](http://TheJimmyFund.org), established in Boston in 1948, is comprised of community-based fundraising events and other programs that, solely and directly, benefit Dana-Farber Cancer Institute's lifesaving mission to provide compassionate patient care and groundbreaking cancer research for children and adults. The Jimmy Fund is an official charity of the Boston Red Sox, the Massachusetts Chiefs of Police Association, the Pan-Mass Challenge, and the Variety Children's Charity of New England. Since 1948, the generosity of millions of people has helped the Jimmy Fund save countless lives and reduce the burden of cancer for patients and families worldwide. Follow the Jimmy Fund on [Facebook](https://www.facebook.com/TheJimmyFund), [Twitter](https://twitter.com/TheJimmyFund) and [Instagram](https://www.instagram.com/TheJimmyFund): @TheJimmyFund.

TYNGSBOROUGH GARDEN CLUB



Our April 5th program featured Emmy Waldsmith from Bonsai West in Littleton. The event had great turnout. She brought some plants with her and shared some history of bonsai and demonstrated techniques used to train and repot the plants. Bonsai West is a great resource if you want to buy a bonsai plant; they can provide advice on pruning and shaping, as well as feeding. They offer classes and they have even have been known to board bonsai plants like a family pet.

Our next meeting will take place at Mahoney's Garden Center in Chelmsford, on Tuesday, May 10 starting at 6 pm. They will review the latest and greatest in new annuals and perennials, and provide tips on care and maintenance. Then we get to shop for plants.

Our plant sale is scheduled for **Saturday, May 21, from 9:30 am to 2:30 pm**, and, like last time, we'll have a venue on each side of the river. On the Dracut side, the sale will be at 13 Beverlee Road. On the Westford side, the sale will be held at Flint's Corner. Look for the tent on the grass at the Flint's Corner intersection; that will be us. Parking is plentiful.

The Club's potluck supper will take place on **Tuesday, June 14 with a rain date of Tuesday, June 21**. We are also finalizing plans for several field trips this summer: Hamilton House and Gardens, an Historic New England property in South Berwick, Maine; Pleasant View Gardens in Loudon and Pembroke, NH, the home of Proven Winners and the Eleanor Cabot Bradley Estate in Canton, Mass. We will meet at the Park and Ride on Rte. 113 and carpool from there.

New Garden Club members are always welcome and the public is invited to attend individual programs for a nominal fee of \$5. Club dues are \$20. For more information, please contact us at tynggar-denclub@yahoo.com Linda Sheldon, President

**TYNGSBOROUGH
DUNSTABLE HISTORICAL
SOCIETY**



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Not far from the Dunstable/Tyngsborough
town line near Route 3



• **Note change of date to June 25th ~ 50th Annual Strawberry Festival.** Fresh picked strawberries will be served from 10 a.m. 'til 3 p.m., on delicious biscuits, and topped with real whipped cream. There will be no lunch grill this year. Vendors should reserve space by contacting Catherine Irzyk at 978-649-7690 or cirzyk@hotmail.com. For more information, please contact Lynda Justice at 978-587-8423 or lyndajustice@verizon.net

If you would like to become a member, Membership Forms and more info is available at www.tdhistoricalsociety.org
Email address: tyngsboroughdunstable@gmail.com

**DUNSTABLE
TYNGSBOROUGH
LIONS CLUB**



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need.

Officers President: Mark Alexander, 1st Vice President/Membership Chair: Joseph Ward, Treasurer: Bob Reich, Secretary: Laura Ward, Tail Twister: Meghan DeMonico.

Anyone interested in joining the lions is asked to contact Joseph Ward at 978-930-1153. We will let you know where, and when meetings will take place.

We are Sponsoring a **SENIOR/VETERAN BREAKFAST** for the Tyngsboro and Dunstable Councils on Aging. Join us on **Thursday, May, 19th, 8:30AM.** Start your day off with a **FREE** healthy breakfast with friends at the Tyngsborough Senior Center, located at 169 Westford Rd., Tyngsborough. Speaker, TBD. **Please call 978-649-9211 to make your reservation by Tuesday, May 17th.**

YOU CAN HELP BY DONATING THE FOLLOWING:

- **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.
- **Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- **Can tabs** please place into bags before putting in the boxes.

Lion's collection boxes for eyeglasses and hearing aids and can tabs are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Multi-Service Center at 180 Lakeview Ave, Dunstable Town Hall, Post Office and Library. **Pennies for Sight:** "Your change- changes people's lives" See a Lion cannister around please consider donating. Every Penny Counts!



**THE HOPE AND HEALING
ADULT GRIEF
SUPPORT GROUP**

**LAST SATURDAY OF EACH MONTH-10:30 a.m.-12:00 p.m.
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ALTRUSA UPDATE

Altrusa Club supports the efforts of the Nashua Soup Kitchen and Shelter (NSKS). On June 4, 2022, Altrusa will conduct a Food Drive for NSKS at the Market Basket Somerset Plaza in Nashua, NH.

Once again, the Altrusa Club of Merrimack Valley is offering a \$500 scholarship to a qualified student currently enrolled in the Bachelor of Science in Nursing Program at Rivier University. This scholarship is being offered in memory of Katherine M. Richo, deceased member of Altrusa and active leader in the Nashua Community. Selection of a qualified recipient is based on merit, financial need, and completion of the first year or more of the program with a minimum GPA of 3.0. The recipient will be selected in June 2022.

Altrusa's mission is to promote literacy and to make a difference in the lives of those in need in our communities. **The Altrusa Club meets on the 2nd and 4th Tuesday of the month at the Tyngsborough Senior Center.** To learn more about Altrusa visit us at www.altrusa.org or districtone.altrusa.org

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CLOTHING SHED AT DUNSTABLE CHURCH

The clothing donation shed at the Dunstable Evangelical Congregational Church, **518 Main St, Dunstable MA**, is open to the public.

St. Pauly Textile Inc., the company that has provided the shed, partners with a network of businesses and various organizations to distribute donated items both here in the U.S. and worldwide, where they're ultimately re-worn by people who need them. The Dunstable Church additionally has the option to use donations to serve community needs. In 2019, the company was able to help keep over 20 million articles of clothing out of landfills, which clothed an estimated 2.5 million people worldwide. The company was founded in 1996 and is an A+ rated member of the Better Business Bureau.

Accepted items: clothing, shoes, belts, purses, blankets, sheets, curtains, pillowcases, and stuffed animals.

PLEASE tie your bags, and do not leave bags outside the box.



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STITCHERS

Stitchers meet at Tyngsboro Senior Center, 169 Westford Rd., Tyngsborough, MA every Monday at 10:30AM. At this time, home stitchers are able to pick up supplies and projects.

Our next project is crocheted caps for cancer patients. Our Senior Volunteer Instructor, Yolanda Carmona, is instructing the group. Stitchers, Carol Sides, Lucy Foley, Mary Joy Gasna, and Lily Boudreau are working on this next project.

We welcome all who wish to learn the craft of stitching. Our efforts contribute to those in need. **For more information, please call coordinator, Jean Jacoppi (978.649.9076) or just stop in.**

BONE BUILDERS AT TYNGSBOROUGH SENIOR CENTER

If you are putting off your medical wellness or physical examinations and screenings because you fear COVID-19, you are actually putting yourself in a high risk category, as stated in HEALTH & WELLNESS MAGAZINE, Collier Edition, January 2022. We learned that early detection is best for optimal outcomes and the treatment of various conditions and disorders. One disease that can be easily found and diagnosed is Osteoporosis (Osteopenia). A simple, noninvasive x-ray can pin point the amount of calcium and other minerals in your bones. Your doctor can determine how advanced this disease is and what treatment is necessary to prevent fractures from occurring and changing your life style forever.

The Bone Builders Class uses the model from Tufts University Research on Aging, Department of Osteoporosis for weight bearing and balance exercises. Certified Instructors also stress exercises of movement such as walking, dancing, etc. to help rebuild your bones.

Approval note signed by your doctor is necessary to enter this class held on Mondays and Wednesdays at 9:00AM in the Exercise Room of the Tyngsborough Senior Center, 169 Westford Rd., Tyngsborough, MA. A six month commitment of attendance twice a week is requested as well. **For further information, please contact Jean Jacoppi at 978-649-9076.**

WHAT TO DO IF YOU CAN'T FIND A HOME

Sponsored By Carrie Cyr

Finding a home in a hot market can be challenging: Supply is limited, and bidding wars are common with demand so high.

You may find yourself up against dozens of buyers, making it hard to snag the home — and at a price you can afford. It's important not to lose hope, though. Despite the competitive market, there are ways to find (and buy) your dream home. **Are you having trouble with your home search? These tips might help:**

Get preapproved for your mortgage. Having preapproval is critical in a highly active housing market. It could give you a leg up over other buyers, and it can help you gauge your budget more accurately.

Expand your search area. Branching out a little often helps open up more inventory — and it may reduce your competition. If your lifestyle allows for it, you might even want to try looking in more rural areas.

Change your ideal property type. Rather than only focusing on single-family homes, what about searching for townhouses, condos and duplexes too? If you choose the latter, you might be able to rent out the other half to help cover your mortgage.

Shop under your budget. Looking for properties well under your maximum budget allows you to bid comfortably above list price and beat out other buyers — without risking your financial standing.

Look into building or renovating. Maybe you'd like a new construction home instead of buying an existing house. Or, you can look to fixer-uppers and plan to renovate the home before moving. Just make sure you talk to your lender about loan options, as your choice may change what type of mortgage you need.

Buy local!
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Arms: Deb St. Peters. Trustees: Michelle Lambert, Kathleen Oljey
and Josephine Beaugard.

For information on the Auxiliary Unit contact Unit President
Linda Small.

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We look forward to seeing you. CDC protocols for Covid-19 followed.

**Hours are Tues, Wed, Thurs & Sunday 12pm to 8pm and
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Stop in we'd love to see you. Please be well. *If you are interest
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please get in touch with the person noted for each organization or
call the Post at 978-649-7540.*

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A MORNING OF GOLF, FUN, GAMES AND FRIENDSHIP

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Please join us on **Wednesday, May 18th** at **Four Oaks Country
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fun, games and friendship **to benefit the students of Ste Jeanne
d'Arc School**. A delicious lunch will follow for all our golfers. Don't
golf, no worries, register to join us for the luncheon and raffles at
1:00 PM. For more information about registration or to become an
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School, please contact blyons@sjdarc.org or call 978-453-4114.**

SUMMER CONCERTS ARE COMING BACK

The Dunstable Concert Committee is happy to share that we are making plans for six Summer Concerts on Common this year: **Wednesday evenings June 22nd through July 27th (with a rain date of Thursday).**

The Concert Committee is also in need of volunteers (including groups and/or friends & neighbors) this summer for the following:

- Sell ice cream bars during concerts by manning our "ice cream stand"
- Pick up ice cream bars from the grocery store
- Put out the weekly concert sign on concert day (the happy sun-face when it's on, the sad cloud face when rained out)
- Update the roadside chalk sign located on the town common
- Install temporary wooden stakes on the town common to delineate parking area
- Oversee weekly kids activities

If you can donate some of your time this summer to help out with any of the aforementioned duties or would like more information, please email us at: dunstablesummerconcerts@gmail.com

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St. Margaret: Tues. 4:30-5:30pm & Sat. 1-2 pm
St. Mary: Wed. 4:30-5:30pm & Sat. 11am -12 noon

• WEEKEND MASS SCHEDULE

St. Mary: 4pm on Saturday, 7am and 11am on Sunday
St. John: 4pm on Saturday, 9:30am and 6pm on Sunday
Also 12pm African Liturgy (2nd, 3rd and 4th Sundays)
St. Margaret of Scotland: 4pm on Saturday and 7:30 and 10am on Sunday

• DAILY MASS SCHEDULE Monday thru Friday

St. Mary at 7am • St. Margaret of Scotland 8am • St. John at 9am



TOGETHER AGAIN! May 22, 2022 Tsongas Arena
*** Walk * Volunteer * Sponsor**

Every step you take will make a cancer patient's fight a little easier. Join together on Sunday, May 22, 2022, Tsongas Arena, Lowell, MA

Our community has stood with us throughout the pandemic. We have felt your support and your goodwill. We have counted you as valuable members of our team even though we haven't seen many of you in a long time. We invite you to take part in **TeamWalk 2022 TOGETHER AGAIN** and walk with us in honor of our region's cancer patients and families. We are excited to come together in person to celebrate our commitment to our patients and community neither of which has ever been stronger.

We are looking for volunteers! If you want your family, friends, or department to stay together, we can accommodate that too. It is very important that any interested volunteer register online by Monday, May 2 to ensure that we have enough staff at the event and to pre-order volunteer t-shirts.

Go to <https://www.TeamWalk.org>. Here, you can register for the TeamWalk or you may sign up to volunteer.

Spring / Summer Help Needed

New England Transit Sales is looking for:
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Show: Show: **DAYDREAM**

Show dates: *May 4-29, 2022*

Elena Gorodensky and Margarita Krylova invite us to **DAY-DREAM** this May at Loading Dock Gallery. **DAYDREAM** offers paths to understanding through friendship and imagination.

Elena Gorodensky views painting as a search for awareness. Visual poems, her paintings are intricate, flowing, reflective. Line becomes metaphor. Colors surprise. Inspired by both everyday life and fairytales, Gorodensky experiments with visual language, combining ink, acrylics, watercolors, and oils. Gorodensky holds an MFA from Moscow Stroganoff Academy of Art and Design. She lives in Acton, MA.

Margarita Krylova sees the world as a magical place. She paints with saturated color and uses surreal, often symbolic, imagery, exploring what lies between the real and the imagined. Krylova paints primarily in oils. She also combines ink painting with encaustic. Krylova has degrees in art from School of the Museum of Fine Arts and in biology from Tufts. She lives in Tewksbury MA. Her studio is at Western Ave Studios, Lowell, MA

Friends as well as colleagues, both artists teach at Alma Mater Studio in Lexington MA.

DAYDREAM runs through May 29, at Loading Dock Gallery, 122 Western Avenue, Lowell, MA. Open noon-5:30pm, Wednesday-Saturday; noon-4pm Sundays. Loading Dock Gallery is part of Loading Dock Arts, Inc., a 501c3. For details, visit www.theloadingdockgallery.com.



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978-649-6251

Pastor Bobby Ross pastorbobby@dunstablechurch.org

DECC is a caring community of faith where we are all on a journey together finding hope, purpose, connection, and wholeness as followers of Jesus. Wherever you are in this walk of life, we invite you to join us.

• **Sunday Morning worship service begins at 10:30 AM.** Masks are optional. Social distancing is according to your comfort level. You may also continue to worship online via our Facebook live stream. **Our series of congregational luncheon meetings** will continue through most of May. Members and non-members are encouraged to attend. Zoom link available.

• **Adult Bible Study begins on Sunday mornings at 9:00 AM in Fellowship Hall or via Zoom.** *I Samuel is the topic based on a book by Hope Blanton and Christine Gordon.* For more information, contact *Marj Overhiser* or *Kathy Mackel*.

• **Sunday School/Nursery.** Nursery/Sunday School classes happen during our 10:30 AM worship service. Care is provided for infants through preschool. See "Children at Dunstable Church" below.

• **Children at Dunstable Church** We invite children to begin in service with their families, then we'll dismiss them for Sunday School/Nursery. On select Sundays, we'll have all children stay through the whole service with their families. Our hope is to help children learn to participate in the service with their families and feel more included with the congregation. Feel free to ask for coloring sheets from the ushers or let us know if we can support your family in any way.

If you have a key for the church that you no longer need, please return it along with your info (Email Address) to Gale or the church office. Thank you.

IF YOU HAVE GOTTEN OUT OF THE HABIT OF ATTENDING CHURCH, COME BACK.

PEOPLE NEED YOU. YOU NEED PEOPLE.

Come visit your community church. Streaming is still available on our website, www.dunstablechurch.org.

*May the Lord walk between us while we are absent,
one from another.*



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**DOWNLOAD YOUR FREE BOOK
"LIVING WITH OUR WILD NEIGHBORS"**

The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z. Since we have so many animals that we share our yards with, I thought it might be helpful. <https://www.animalsheltering.org/page/wild-neighbors-book>

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FLEA/TICK PREVENTION 2022

Tara M Sacramone, DVM

Hello again, sorry it's been so long since I've submitted an article to the Neighbor to Neighbor. We, like many animal clinics, have been crazy busy since COVID hit. Quite unexpectedly I find myself with a few moments today and I thought I would use my time writing a new article.

It's definitely tick season again. They love cooler weather- spring and fall. And there are so many options available for prevention it can be confusing. Here is a quick summary for what's available for dogs. **Traditionally every preventative was topical and most are still available**

- Advantage multi - active ingredients imidacloprid and moxidectin, applied once a month and does both fleas and ticks.
- Vectra - active ingredients dinotefuran/pyriproxyfen and permethrin, applied once a month and does both fleas and ticks.
- Seresto - active ingredients flumethrin and imidacloprid, a collar that is good for eight months. You can get this on line, *but beware* there are a lot of fake collars out there. The only way to guarantee you get a real one is to get it through your veterinarian.
- Frontline - active ingredients fipronil and s-methoprene, applied once a month and is supposed to do both fleas and ticks, but we don't think this one works as well in this area.

Now there are newer oral medications that also work well

- Nexguard - active ingredient afoxolaner, given once a month.
- Bravecto - active ingredient fluralaner, given once every three months.

There are even oral preventatives that include heartworm prevention

- Simparica - active ingredients solaner, moxidectin and pyrantel, given once a month prevents fleas, ticks, heartworm, ear mites, roundworms and hookworms.
- Trifexis - active ingredients spinosad and milbemycin, given once a month, this one does NOT do ticks but it does do fleas, heartworm, roundworms, hookworms and even whipworms.

The benefit to oral medication is that you know it's in there, while sometimes we all wonder if we have applied the topical medications properly. Also you can continue to bath your dog as often as you want. The one drawback to oral medications is that they do not repel the fleas and ticks they only kill them after they have taken a blood meal from your dog.

The other thing to remember is nothing is 100% effective so always check your pets and yourself when you come inside. *Another option is to get chickens. Chickens LOVE ticks.*



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Mon. 9:00 A.M. - 5:00 P.M.
Tue. 9:00 A.M. - 6:30 P.M.
Wed. 9:00 A.M. - 5:00 P.M.
Thurs. 9:00 A.M. - 6:30 P.M.
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BE CAREFUL OF PHISHING EMAILS

By Dean Lotito

"Phishing" emails are emails sent by criminals looking to steal money from you. They can be very tricky, so we all must be careful of opening emails from businesses or strangers. These scammers are smart. They will send emails that look like they are coming from known companies, such as Bank of America, Walmart, or Liberty Mutual Insurance. By sending out an email to thousands of people, some of those people would regularly do business with one of these companies and will assume it is a legitimate email. This is how they fool even the most savvy email users. Another clue is that these emails offer you a prize or cash gifts. NEVER click on any link in an email. You should never provide any personal or financial information as a response to such an email. You can always look up the number elsewhere, and call the company directly, if you think the email is real. You can Google search "YouTube how to detect phishing emails" for more details.

By the way, the same is true for phone scams. Never provide personal or financial information to someone that calls you.

Evangelical Congregational Church of Tyngsboro

Est. 1868

Route 113, 23 Kendall Rd. Tyngsboro, MA 01879



Mail Address: P.O. Box 70, Tyngsboro, MA 01879

For questions or more information
call our office 978-649-2262

www.tyngsborocongregational.org

Pastor Denis Frediani

Worship 9 AM at the church.

If you prefer to stay home, Services are available on line.

• TO WATCH LIVE SERVICES

Log on directly to facebook and go to Ecct Church. You may also log in at any time and watch the recorded services.

• **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: 1. Log onto the church website <http://www.tyngsborocongregational.org> 2. Click once on the word "SERMONS" 3. Sermons listed by date, passage, sermon title. *You may click on "Jump to the Current Sermon. To find the most recent.*

COVID INFORMATION - Due to the declining Covid numbers and the lifting of the mask mandate, **we do not require masks** at our services. *You are more than welcome to wear a mask at your discretion. We have hand sanitizer available for your use.*

• **Sunday, June 12 - Children's Day Service**

• **FELLOWSHIP TIME** after church has resumed. *Please join us for this gathering time and enjoy breakfast food goodies!*

LADIES BIBLE STUDY - Tuesday mornings 9:30 am to 11:30 am. We just finished studying the book of Esther. We will begin a 6 week study on the Holy Spirit toward the end of March. If you would like to join this study please call our office and leave a clear message with your name and number. Someone will return your call.

MEN'S BIBLE STUDY - Monday evenings 6:30 pm to 8:00 pm. The study of the Book of James will be finished within the next few weeks. We will begin a new 11 week study of Zechariah and then break for the summer months. In the Fall we will begin a study of Revelations. Again, if you would like to join this study group please call our office and leave a clear message with your name and phone number and someone will return your call.

THRIFT STORE

GREAT PRICES! AMAZING SELECTIONS/ITEMS!

HOURS: 10:00am to 3:00pm

OPEN THURSDAYS and SATURDAYS

You can remain updated by visiting our website www.tyngsborocongregational.org or please check our Facebook page for unexpected closure dates. **WE WILL BE CLOSED, May 28th Memorial Day Weekend.** We are always looking for volunteers to help us out. ***If you can spare a few hours a week, please call Charlotte at 978-649-780.*** Thank you to the dedicated volunteers who so faithfully show up each day! We could not do all the good that happens every day without your help. You are truly a blessing to us!!!

GREATER LOWELL TECHNICAL PARENT ORGANIZATION

HOSTS GOLF TOURNAMENT FUNDRAISER

The Greater Lowell Technical Parent Organization is a group of parent volunteers working alongside teachers and school administrators to enrich the education and extracurricular experiences for the students at Greater Lowell Technical High School in Tyngsboro.

GLTPO ANNUAL GOLF TOURNAMENT FUNDRAISER

Monday, June 27, 2022 ~ Four Oaks Country Club, Dracut, MA
Registration: 12:30 p.m. ~ Shotgun Start: 1:30 p.m. **TICKETS \$150 per golfer - OR - \$600 for a group of four golfers. Price includes golf, cart, and dinner at Four Oaks.**

Various sponsorship opportunities are also available – please visit our website for more details.

Be sure to register early as space is limited. To sign up and obtain more information, visit our website at: www.GLTPO.org.

If you have any questions about the event, you can reach us via email at parentgroup@gltech.org.

COMING HOME TO CATHOLICISM

This program is offered by St Kathryn Parish, 4 Dracut Rd Hudson, NH as a **two Session Retreat on consecutive Saturdays, May 7th and May 14th from 10 AM to 2 PM.**

The program is for those who have left the Catholic Church, for any reason, and might be feeling the calling to return. All of the Team members have left the Church at one time and have returned, providing a comfortable and understanding atmosphere for others looking to return.

The program is designed to answer most of the questions returning Catholics might have and some discussion to address any individual concerns (don't worry; participants can share as little or as much as they'd like).

Anyone interested can contact the parish office at 603-882-7793, or visit our website www.stkathryns.org/chc.

Registration is required.

TYNGSBORO YOUTH FOOTBALL AND CHEERLEADING

OPENS REGISTRATION FOR FALL 2022 PROGRAMS
FLEX FOOTBALL (Grades K-3) ~ TACKLE FOOTBALL
(Grades 4-7) ~ CHEERLEADING (Ages 5-14)

Tyngsboro Youth Football and Cheerleading is proud to launch our 18th season providing local area youth with the opportunity to learn football and cheerleading in a safe, fun environment while promoting the values and importance of academic achievement, teamwork, and sportsmanship. We offer all co-ed programs including FLEX FOOTBALL (Grades K-3), TACKLE FOOTBALL (Grades 4-7) and CHEERLEADING (Ages 5-14). We are proudly affiliated with the American Youth Football and Cheerleading (AYF/AYC) program. We provide all of our coaches with comprehensive training to ensure the safest, positive, and fun experience for your child.

ONLINE REGISTRATION FOR OUR 2022 FALL SEASON IS NOW OPEN! We welcome fall football and cheerleading registrations from participants residing in Tyngsboro, Dunstable, Groton, Lowell and surrounding communities.

BE SURE TO REGISTER EARLY TO TAKE ADVANTAGE OF THE LOWEST REGISTRATION RATES AND SPECIAL PAYMENT PLAN OPTIONS!

TO REGISTER FOR OUR FALL SEASON:

Visit our website and click on "Registration Info".

QUESTIONS? Email us at: TyngsboroYouthFootballCheer@gmail.com. Follow us on Facebook under "Tyngsboro Youth Football and Cheerleading", or go to our website and click on "About Us" and select "Frequently Asked Questions".

WEBSITE: www.TyngsboroYouthFootball.com or
www.TyngsboroYouthCheer.com

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When you contact a business or organization,
please tell them you've seen their ad or news in *Neighbor to Neighbor*. They would like to know.

Thank you, Anne

VOLUNTEER WITH THE AMERICAN RED CROSS!

The American Red Cross seeks compassionate individuals to join our Disaster Response Team! Disaster Volunteers respond to home fires and other local emergencies to provide those affected with food, shelter, clothing, and hope. This is an impactful position with a unique opportunity to work on the front lines during a crisis.

Volunteers make up 90% of the Red Cross workforce, which means our lifesaving mission is not possible without you! To learn more about the Disaster Response Team or other high-need Red Cross Volunteer positions, contact:

Michele Cruz Michele.Cruz@redcross.org (617)913-6381
To apply now, scan:



The Brush Art Gallery & Studios

256 Market Street, Lowell, MA 01852

Exhibit "**Deirdre McCullough Grunwald Retrospective**"
Through May 28, 2022

Reception: Saturday, May 14, 2:00 to 4:00 PM

Gallery Hours: Tues - Sat) 11:00 am - 4:00 pm Sun noon - 4:00 pm
www.thebrush.org 978-459-7819

REVISITING THE LEGACY OF DEIRDRE McCULLOUGH GRUNWALD

Lowell, MA – The Brush Art Gallery and Studios is pleased to present the "Deirdre McCullough Grunwald Retrospective," a tribute in memory of Deirdre McCullough Grunwald, a longtime studio artist and art educator. This exhibition includes works owned by the Grunwald family and collectors from the community. It revisits themes that often reappear in her work - Celtic imagery, abstract shapes, still lifes and daffodils. Favorite selections will be on display. Grunwald (DD) was known for her passion for teaching others and working collaboratively. She was a true talent in the Lowell arts community, and mentor to countless artists. As a studio artist at "The Brush" for close to thirty years, she was more than willing to explain ideas and techniques. Small children who visited the gallery would often leave with a drawing pad or a watercolor set for beginners that DD would stock in a corner. She passed away unexpectedly in January 2018. Her kindness is missed by all.

The following blog post by Susan Kapuscinski Gaylord is a nice snapshot of her life: "Deirdre McCullough Grunwald had vision. She looked deeper and saw more. She studied Celtic pattern and sacred geometry and made it new. In her illustrator bio for the 1985 book of poetry by Robert Lima, *The Olde Ground*, she wrote, "She is particularly interested in contemporizing the system of Celtic design while maintaining the integrity and correctness of this ancient form."

And that was DD—grounded in old time, connected to ancient wisdom, and totally engaged in the present—in each moment spent with family and friends and fellow artists, weathering the events of the day and giving us all hope and ballast. Like the Celtic spirals she created, Deirdre was always venturing out and circling back, integrating pattern and still life, giving attention to onions and daffodils and exploring the territory of the mind with works named *Renewal* and *Sun Mandala*. She dealt with pain and the complexity of life by creating a place of safety and nurture for herself and for all who experience her work.

DD leaves a legacy of art and inspiration. Her prodigious work ethic brought into being a beautiful body of work which speaks to us all: Be brave. Be bold. Work from your heart. Share what you know. The truer we can be to our own visions, the more we honor hers." – Susan Kapuscinski Gaylord

Note: You can read the complete article, see one of DD's works and learn more about The Brush Art Gallery & Studios on www.neighbortoneighbornewsletter.com

The Wish Project

166 Middlesex St., North Chelmsford, MA 01863

This is behind Hertz Car Rental

thewishproject.org

For information email: info@thewishproject.org

If you are donating CLOTHING we are open to accept those donations Tues-Fri, 9-2:45pm and Sat, 9-12:45pm no appointment necessary. If you are donating HOUSEWARES AND FURNITURE we will continue to schedule those drop offs through our email donategoods@thewishproject.org.

Save the Date for our GOLF TOURNAMENT!!!!

MONDAY, JUNE 13TH AT FOUR OAKS COUNTRY CLUB in Dracut. 6:30 AM REGISTRATION – 7:30 AM START Shotgun Start, Scramble \$150 Per Player, \$50 for Lunch Only.

If you don't golf, but would like to support The Wish Project in a fun way, please join us for lunch to enjoy delicious food and to participate in our great raffles. **Lunch menu: Garden or Caesar salad, marinated steak tips, baked haddock, chicken ziti broccoli, potato or rice, vegetable, rolls/butter, and strawberry torte. Yum!** **If you are coming just for lunch, please plan on arriving around 12 or 12:15.** *Andy Brickley, former Boston Bruin and current Bruins commentator for NESN will be golfing with us – how cool is that, and how nice of him to do this for us!*

Call 1-866-947-4360 to register and check out the many Sponsorship opportunities. You may also go to our website to register and see the many Sponsorship opportunities.

THE WISH PROJECT SUPPLYING THE BASICS

Our goal is to provide our local people in need with basic furniture, home goods and baby goods, while helping the planet by recycling used goods. Only when people have their basic needs met can they move forward and out of the social services system.

• **We accept a range of items including:** Clothing, Childcare Items, Furniture, Beds, Kitchen Items and Household Linen. Current Needs: Often specific needs arise in the community. If you are looking to donate goods, **please reference our Current Needs list.** It is always updating based on the needs of our clients. Go to our website to find more information about what we are in need of and what projects we are working on. www.TheWishProject.org

THE THRIFT SHOP AT THE WISH is open Tuesday-Friday from 9 to 2:45 and Saturday from 9 to 12:45. We accept cash and Credit card payments. ****Be sure to follow The Wish Project Thrift Shop page on Facebook**** • **About Us:** The mission of The Wish Project is to help families in need in the Merrimack Valley. Find out more on our website www.TheWishProject.org or call us at (866) 947-4360. Our mailing address is: The Wish Project, PO Box 8693, Lowell, MA 01853.

KITTY ANGELS

is a no-kill shelter dedicated to rescuing stray and abandoned cats, furnishing them with treatment for injuries or other health problems, and placing them into life-long, loving, indoor homes with compatible owners.

Kitty Angels is an all-volunteer organization. We have no paid staff - every cent of every donation goes to caring for needy cats! Please consider making a tax-deductible donation. You can do so by clicking on the "DONATE" button on our Facebook page; mailing a check to Kitty Angels, P.O. Box 638 Tyngsboro, MA 01879; or using the PayPal link on our website: www.kittyangels.org You can donate Gift Cards, Cat Food, Medical Supplies, Cleaning Supplies, Towels. If you have small antiques, collectibles or other items to donate please contact Gail Mosher at gailmosher@gmail.com or leave a message with us. 100% of the proceeds will go to Kitty Angels. For other ways you may help, please visit the How to Help page on our website at www.kittangels.org/howtohelp.html Kitty angels, Inc. is an all-volunteer, 501(c)3 non-profit organization. Your donation is fully tax-deductible.



Neighbor to Neighbor

Published by Anne M. Paquin

Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

- **Do you have news?**
- **Is your organization hosting any meetings or events, virtual or in person?**
- **Do you have a fundraiser or activity coming up?**

The news is placed FREE of charge on a first come first served basis.

However, if you have announcements that come up after any month's deadline please send them in to me. If it is too late to get in the printed version I can post the information on the website.

***There are two more issues for the season,
June and then the July/August issue.***

***Anything happening in June and early July should be sent in now
to appear in the June issue.***

***The July/August issue is usually delivered shortly after the 4th of July.
There is no separate printed version in August.***

Anything coming up later in July, August and even early September should be sent in by June 10th. If you are waiting on some last minute updates, send in the news, and if possible send in the updates soon after. Even if your plans are not completely finalized, let people know something is in the works. Please remember to include a contact name, number or email so people can get more detailed info.

**If you are thinking about doing a classified ad, advertising your business,
or an upcoming event,**

please contact me by email if possible so I can send you a rate sheet. The circulation each month is 6,616 and includes the towns of Dunstable and Tyngsborough, MA.

***Issues are available to read online by the 1st of the month
at www.neighbortoneighbornewsletter.com***

On the website you will also find more news and articles.

Call (978) 419-1914 or E-mail: anne@neighbortoneighbornewsletter.com

I look forward to hearing from you soon.

Sincerely, Anne

Lowell General Hospital

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For more information visit www.teamwalk.org or call 978-788-7170.