

#### DUNSTABLE TOWN CLERK

• The Annual Street listing was mailed the first week of January 2022. It included a dog license application. In case you are new to Massachusetts, the annual street listing is a legal document of the Commonwealth and must be returned each year to remain on the active voter list. Pursuant to MA law, your name can then be removed from the voting list for failure to return the street listing after 2 years. If you did not receive one, please contact this office. If members within the household are marked "M" for moved, the procedure under state law is for the member to become "inactive" on the voter list. They are mailed a postcard to confirm they have moved and if they do not return the postcard with their signature or take any other action; they remain on the "inactive" voter list for TWO years. Their name will continue to be in the juror pool while on the inactive voter list so it's in their best interest to return the card. Only a voter can remove themselves from the voter list, a family member cannot.

• As of December 15th, the temporary no-excuse vote by mail provisions in state law expired. The SOC did ask the Legislature to pass another extension of the law while we wait for them to pass something permanent, but that has not happened. This means that right now there is <u>NO early voting by mail and NO option for</u> <u>early voting in person for your upcoming local and special elections</u>. The only option for voting by mail is an absentee ballot for those who qualify. Absentee voters can vote in person in your office, but unlike with early voting, they will need to fill out the absentee ballot application before doing so. The deadline to apply for a mailed absentee ballot is still 4 business days before Election Day, as that change to the law was permanent. Voters who are voting absentee in person still have until 12 p.m. on the day before Election Day to apply.

• 2022 is a busy election year. The date of the September primary is still being discussed so stay tuned to this section and the town website for updates. It "looks like" they are zeroing in on September 6 (day after Labor Day) but that hasn't been finalized. As always, I hope you will stay informed by signing up for news and announcements on the town website, you can select as few or as many as you want.

• Nomination Papers are available for elected town offices, please visit the \*town website or contact my office for a list of openings. \*Town Clerk – Elections – How To Run For Town Office. The deadline to obtain papers is Thursday, March 24. The Annual Town Election is Tuesday, May 17, polls are open from <u>Noon</u> <u>– 8:00 pm</u> (Town bylaw) at the Library. Carol A. Skerrett, Town Clerk CMMC 978-649-4514 x222 <u>CSkerrett@dunstable-ma.gov</u>

#### DUNSTABLE BOARD OF HEALTH UPDATE: COVID-19 AT HOME TEST GUIDE

The Board of Health is pleased to share a guide, provided by Nashoba Associated Boards of Health, for administering COVID-19 at home tests. The Board of Health encourages residents to familiarize themselves with the processes and best practices for utilizing at home tests. Go to <u>www.dunstable-ma.gov</u> on the home page you should see the listing for this. Just click on the link and you will see the 2 page flyer from Nashoba Associated Boards of Health.

## Neighbor to Neighbor

Published by Anne M. Paquin Since 1983 64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com Celebrating 38 Years of Service!

### Issue # 413 • March 2022

POSTAL PATRON DUNSTABLE, MA 01827 CARRIER ROUTE STANDARD U.S. POSTAGE PAID DUNSTABLE, MA 01827 PERMIT NO. 5

#### IN MEMORY OF Gary W. Matthews Carol Theresa A. (Rivard) Daigle Micha

Carole L. Gillette Daigle Michael J. Ragucci James E. Farmer

#### DUNSTABLE VETERAN SERVICES OFFICE

March is the beginning of the end of winter and time for a fresh start and plant the seeds for a new season. We have all gone through a very difficult two years and COVID has taken many of our friends and family members. *Here in Dunstable we are beginning to plan for our Memorial Day Parade at the end of May and if you might be interested in taking part in that planning process please contact me. We are open to new ideas. We usually meet once a week.* 

I would like to give recognition to those vets I have in the Dunstable database who were born for each month but have since passed away. This month I like to honor the following: Frances A. Coyle – 22 Mar 1904 - 4 Mar 2000 - USCG – WWII Leo R. Dumont Sr – 26 Mar 1921 – 24 Dec 2014 – USA – WWII Robert R. Rockwell – 1 Mar 1925 – 6 Jun 1944 – USA – WWII (Killed in Action)

William B. Sheridan - 31 Mar 1927 – 20 Jan 2004 – USN - WWII Leonard R. Dumont Sr -11 Mar 1933 – 15 Sep 2015 – USA – Korea Our many thanks to those who went the extra step to serve their country.

As always, if you know of any Veteran or family member of any veteran who might need assistance please contact me. I am normally available from 10:00AM to 2:00PM on Mondays almost every week. You can call or text on my cell and leave a message 978-496-0985 or send me an email anytime at VSO@Dunstable-ma.gov. God Bless.

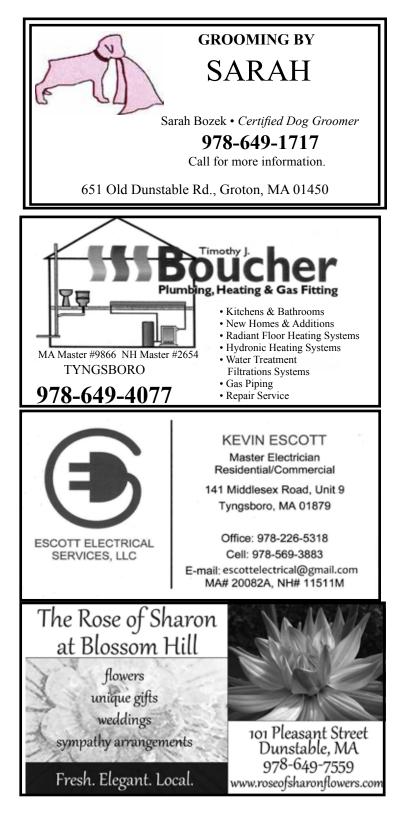
**Dunstable Veteran Services Office** Joe Dean (Former USMC Sgt, Retired USAF Capt.) Dunstable Veteran Services Officer Proudly serving those who have served



#### DUNSTABLE GRANGE #31 SPONSORING ROADSIDE CLEANUP

This year the Dunstable Grange will be sponsoring the roadside cleanup from **April 16<sup>th</sup> through April 30<sup>th</sup>**. We will supply *bags and gloves*, which will be available at the **Tully Farm Store** located at 446 Pleasant St., and the **Dunstable Town Hall** at 511 Main St., *beginning April 12*.

A great way to celebrate Earth Day which is on April 22<sup>nd</sup>. If we all do the road around our homes, the town will be in good shape. Our Highway crew will be going around to pick up the bags, just leave them on the side of the road. We appreciate your continued support in keeping Dunstable beautiful.



 Neighbor to Neighbor

 Published by Anne Paquin Since 1983

 64 Hardy St., Dunstable, MA 01827-1403

 Tel. 978-419-1914

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 for indvertent omissions of advertisements or errors in advertisements, but will reprint that part which is incorrect if informed within 10 days of publication.

 Total Circulation is now 6,616 which includes Dunstable and Tyngsborough.

#### DUNSTABLE SENIORS

Program Coordinator Susan Tully 978-649-6750 or Email at sjt0213@verizon.net Dunstable Seniors ......we are a peer group for those over 60. HAPPY BIRTHDAY to all who are celebrating this month!

MEETINGS are held on Wednesday at the Dunstable Library

We will have access to the community room from 10 – 2. You are more than welcome to take part in...cribbage, dominos, and scrabble groups that will be on hand. Masks will be required except while eating.

For March we will be able to offer meals on Wednesday, March 16 and 23. On the first Wednesday of each month, we will be celebrating those with birthdays during the month. The menu for that day is tossed salad, pizza, cake & ice cream. On March 9 it will be a bring your own lunch. On March 16 we will be having Chicken poppers with sweet & sour sauce, fried rice and Asian vegetable blend. Provided by AgeSpan, formerly Merrimack Valley Elder Services. On March 23 we will be holding our popular pot Luck lunch. Everyone is asked to bring a small serving of either appetizer, salad, main course, or dessert. On March 30 we will be going to the Artisian Restaurant at the Greater Lowell Tech High School. Reservations for all meals are required one week prior to each meal. Come and take part in, cribbage, dominos, and scrabble groups that will be on hand each week. Masks will be required except while eating.

<u>March is National Reading Month</u> We would love to have you join our monthly Book Group. Not your thing, but still love to read, here are a few suggestions from Bette. She enjoys books by Sharon Crumb, Daniel Silva, and Victoria Thompson.

**Book Group** Our group will meet at 10:30, on March 19 in the community room of the Dunstable church. We will be discussing <u>In</u> <u>The Midst of Winter</u> by Isabel Allende. Summary "In the Midst of Winter begins with a minor traffic accident--which becomes the catalyst for an unexpected and moving love story between two people who thought they were deep into the winter of their lives. Richard Bowmaster--a 60-year-old human rights scholar--hits the car of Evelyn Ortega--a young, undocumented immigrant from Guatemala--in the middle of a snowstorm in Brooklyn. What at first seems just a small inconvenience takes an unforeseen and far more serious turn when Evelyn turns up at the professor's house seeking help. Everyone is responsible for getting their own book but can be ordered thru the Dunstable library.

Habitat for Humanity of Greater Lowell Critical Home Repair Program Are you a Dunstable senior or veteran whose home is in need of a critical repair? Did you know that Habitat for Humanity of Greater Lowell does more than just build homes for local families? In an ongoing effort to meet the Habitat mission that everyone should have a decent and affordable place to live in dignity and safety, Habitat Lowell also offers a Critical Home Repair Program for income qualified seniors and veterans with homes in need of a critical repair. Repairs focus on safety, accessibility, code enforcement and weatherization and energy efficiency so that seniors and veterans can remain safely in their homes. To find out more, please visit https://lowellhabitat.org/what-we-do/criticalhome-repairs/ or contact Habitat Lowell Critical Repairs Coordinator, Kim Raymond at 978-692-0927 option 4 or criticalrepairs@lowellhabitat.org.

#### WELL ADULT CLINIC

The clinic will be held on Wednesday, March 23<sup>rd</sup> in the Dunstable library from 11:00–noon. Maureen Scott, our new nurse will be on hand at these clinics which allows for personalized, one on one attention from the nurse. Offered services include blood pressure and blood sugar screening, diet and nutrition information and teaching, medication review and assistance with identifying and coordinating community resources and referrals.

Be prepared to wear a mask since it is required for all municipal buildings.Contact Nashoba Board of Health at 978-772-3335 ext.340 or <u>www.nashoba.org</u> if you have any questions or are in need of their services.

**HELP WANTED** – Dunstable farm and greenhouse business needs dependable, responsible, hardworking individual for greenhouse and farm work. Ideal for older student. Sat. and Sun. until end of school, then part-time until July 4th. **Call Joan 978-649-9713**.

> PIANO LESSONS Given by Catherine O'Malley In-Person or Virtual \$30 per 1/2 hour session Call 978-649-6413

#### DUNSTABLE FREE PUBLIC LIBRARY

588 Main St. 978-649-7830 For more library information go to www.dunstable-ma.gov click on library Mary Beth Pallis - Director – mpallis@dunstablepl.org Karen Debreceni - Children's Librarian kdebreceni@dunstablepl.org

LIBRARY HOURS: *Tues 3pm-8pm; Wed 10am-2pm, Thurs 10am-6pm, Fri 10am-2pm; Sat 10am-2pm* Like us on FACEBOOK to receive program updates!

www.facebook.com/pages/Dunstable-Public-Library/

**<u>Community Room Artist</u>** Check out the wonderful new artwork done by Alice Sneizek. Her collection of paintings is incredible! **<u>Preschool Story Hour</u>** Please come in with your 3, 4 or 5 year old for story hour. Story hour is held on Thursdays and Fridays. We meet from 10:30 – 11:30. The program includes stories, songs and a craft or activity. Come in and join the fun! Please check on the DPL Facebook page for additional information.

Adult Book Club Our group will meet Saturday March 19th at 10:30am at the Dunstable church.

**Bone Builders Program** Classes are on Wednesdays and Fridays at 10:30. This is a free, low impact, balance and strength training exercise program.

Homework Club The library is offering homework help every *Tues-day night from 6:00 – 7:00 for the school year.* This is a free service for children from Kindergarten to High School. Honor Students from local high schools are available to help the children. These students help children understand their math homework and more. If your child is attending, please call by 5:30 so we can be sure a student will be here for your child.

<u>Chapter Book Reading</u> Mrs. D will be reading from a chapter book each Tuesday night at 5:30 pm. Please join her on DPL Facebook live to listen to the story. Any suggestions for favorite chapter books will be appreciated.

Take and Makes for March Come to the library to pick up materials to make two special projects. More information will be on the Dunstable Public Library Facebook page. All the directions and supplies are included. All bags will be in the library lobby. No sign ups are needed. Supplies are limited. • March 15th - Make several Saint Patrick's Day projects. Join Mrs. D at 4pm on DPL Facebook Live to read some Shamrock stories and creates our projects together. Materials will be put out the week before.• March 22nd - Make an adorable rainbow project.

Adult Take and Make Come to the library to pick up materials to make a Saint Patrick's Day Wooden Shamrock. All the directions and supplies will be in the lobby on March 8. Supplies are limited. Mrs. D is looking for item's for the Summer Reading Program Do you have doubles of games or toys from Christmas? Are you trying to clean up your children's playrooms? Please consider donating new or nearly new toys, games, or books for our Summer Reading Program. Your "Trash" might be someone else's Treasure. Please drop these items with Mrs. D at the library (No Large items please). Thank you very much.



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#### SUMMER CONCERTS ARE COMING BACK

The Dunstable Concert Committee is happy to share that we are making plans for six Summer Concerts on Common this year: *Wednesday evenings June 22nd through July 27th (with a rain date of Thursday).* 

We are also very happy to announce that we will be bringing back the **Concert Flyer Contest!** The committee is asking all young, local artists to be creative and share their passion for the Summer Concerts by designing the flyer that will be used to promote Summer Concerts 2022! Crayons, markers, paint, photos or any combination can be used but must be submitted as a hard copy on a standard (8 1/2" X 11") piece of paper. Entries need to include the contestants name, age, and town that they live in. Entries can be submitted at the Dunstable Public Library, West Auto and Swallow Union School. **Deadline for submission is Monday April 25** What's in it for the winner? The winner will receive one free ice cream bar of their choice at each of the 2022 summer concerts!

*The Concert Committee is also in need of volunteers* (including groups and/or friends & neighbors) this summer for the following:

 Sell ice cream bars during concerts by manning our "ice cream stand"

• Pick up ice cream bars from the grocery store

• Put out the weekly concert sign on concert day (the happy sunface when it's on, the sad cloud face when rained out)

· Update the roadside chalk sign located on the town common

 Install temporary wooden stakes on the town common to delineate parking area

Oversee weekly kids activities

If you can donate some of your time this summer to help out with any of the aforementioned duties or would like more information, please email us at: <u>dunstablesummerconcerts@gmail.com</u>

#### SHINE COUNSELOR VOLUNTEERS NEEDED You know your community best!

That's why we want your help to support your neighbors as they enroll in Medicare for the first time, review plan options, or troubleshoot problems. Your local SHINE program has an opportunity for you to train to be a certified SHINE counselor.

As a SHINE counselor, you give back to your community, sharpen and build skills, and stay engaged and connected in your community. As one volunteer states "What I am doing now is a good reason for me to get up in the morning. It makes me feel good about myself. It lets me know that I am helping people make their lives better." SHINE screens, trains and certifies all volunteers so you don't need a background in health insurance to get involved. All you need is integrity, a willingness to learn, a desire to help others, and the time to give.

The SHINE program is currently accepting applications for a new SHINE counselor training in the spring (dates TBD). For a SHINE counselor application packet call 978-946-1374, and lleave your name and mailing address with a request for the application. It will be helpful for you to attend a volunteer informational session via Zoom. For more details on any future info sessions, email: <u>lrose@agespan.org</u>. Note: AgeSpan formerly Elder Services of the Merrimack Valley and North Shore.

#### SAVE THE DATE!

Sunday, May 1, 2022 5K Fun Walk/Run Help raise funds for Loaves & Fishes so no one goes hungry. • Walk or Run • Individually or as a Team Virtually or in-Person on our 5K course in Devens. Stay tuned for more details!



#### WHAT'S GOING ON IN DUNSTABLE

The goal of this newsletter is to share information from the town's municipal departments as well as volunteer boards & committees. Please note, that some information could be subject to changes.

February 16, 2022 ~ Winter 2022

**1**. Dunstable Town Administrator Dunstable's current Town Administrator has resigned. The selectboard is advertising for this role and actively reviewing resumes for an interim Town Administrator.

2. 350th Anniversary Committee Update • 350th Anniversary Committee is full steam ahead; working with subgroups and coming up with ideas for the big year to come! Please be on the lookout for publications and posts about events and opportunities to participate in activities throughout the town.

**3.** Route 113 Highway Project • Route 113 project has received the final legislative approvals needed to go forward. The State is reviewing the bids that were received in January and is expected to certify a bidder soon. The Town will learn in the coming month or two the schedule for their contractor to begin and work out a traffic plan during construction. The State will have a resident engineer on site throughout the project to address abutting property owner concerns and ensure quality control.

**4.** Dunstable Fire Department • Dunstable Fire Department has been actively reviewing its services, budget, and local relationships to determine ways to improve services. Chief Zbikowski and his fire fighters have engaged in numerous discussions with one each other as well as Pepperell and Groton Fire Departments to find common ground regarding regional services (including full time fire fighters, ambulance options, and different service models to respective communities). The selectboard looks forward to reviewing the suggestions and seeing ways to enhance the way Dunstable Fire Department services the community.

**5.** Swallow Union Building Exterior Restoration • CPA / CPC is reviewing ways to improve the exterior envelope of the Swallow Union School building. This project is wide ranging as we evaluate ways to ensure the legacy of the building and manage costs associated with its functionality to the town. This project funding is likely to come from CPA Restoration or Historical funds.

**6**. Governance Committee – Town Charter • Dunstable's Gover nance Committee is working to finish its draft Charter. A draft is available on the town website (it was made available this past fall). The draft has been circulated to Town departments and committees for feedback. A final report is expected soon on their recommended course of action which will be followed by a formal opportunity for public feedback before anything is put to the voters at Town Meeting.

 $\overline{\mathbf{7}}$ . The Groton-Dunstable School District Budget • The Advisory Board has begun meeting with school officials to assess budget needs and make a recommendation to the Selectmen regarding the potential Proposition 2 ½ Override for the school district. This request for an override would be necessary to fund the upcoming fiscal year (FY23) and ensuing years budgets based on projections from the regional school committee.

**8**. MUD/Affordable Housing Project • The Town has seen some initial interest from potential developers in the latest request for proposals. The Town extended the response deadline to March 8th to ensure maximum response from those interested.

**9**. Upcoming Elections for Dunstable offices • Are you interested in running for a town position on an elected board? Nomination papers will be available as of February 1. Please contact the Town Clerk's office for additional information (cskerrett@dunstable-ma.gov). You must be a resident and registered voter to hold an elected office. View the offices up for election at this website - https://www.dunstable-ma.gov/home/news/are-you-interested-running-town-office .

**10.** Woodward Mill Dam • The Town has noticed recent erosion and sink holes near the Woodward Mill dam. We recently received an inspection report that identified some potential structural deficiencies.

EXTRA HANDS AND PAWS

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#### **GROTON FOOD PROJECT** The Groton Neighborhood Food Project (GNFP) is a non-profit organization that helps families in our community by organizing neighborhoods to collect food and other grocery items. A Door-to-Door Collection System Serving Leaves & Fishes Food Pantry, You

neighborhoods to collect food and other grocery items. A Door-to-Door Collection System Serving Loaves & Fishes Food Pantry. You fill a bag and it will be picked up. Please join our growing network of neighborhood volunteers – it is fun & rewarding for the whole family! On Facebook: <u>https://www.facebook.com/GrotonFoodProject/</u> If you would like to learn more about the GNFP, and how you can help, please go to https://grotonfoodproject.com

The upcoming food collection is on April 9, 2022.

#### COMMON MISTAKES OF EXECUTORS By Edward H. Adamsky

If you ever become the Executor of an Estate, you may feel overwhelmed by the responsibility. (Massachusetts Probate now uses the term "Personal Representative" instead of Executor.) Being an Executor can be a lot of work and you can get in trouble if you don't do the job right.

There are common mistakes that Executors make, and you should avoid them. First, never mix your own money with the Estate money. Like running a business, the affairs of the Estate should be kept separate from your personal affairs. You might have to "loan" some money to yourself as Executor in order to start the process (to pay a lawyer or for court filing fees) and you can later pay yourself back for that loan, but otherwise keep your own money away from the Probate matter.

You should keep careful and detailed records and share them with the heirs of the Estate. You have a duty to do things right and to keep the heirs informed of your actions. If there are valid debts of the Estate, they should be paid promptly, and any questionable claims should be researched to ensure they are proper. You may have to file an income tax return for the Decedent (a 1040 personal) and the Estate (a 1041 entity), so make sure you file them on time. If the Estate is large enough, you might have to file an Estate-Tax return within nine months of the date of death.

When you have completed dealing with all of the assets and debts, you should promptly distribute the assets to the rightful heirs. This is usually done a little after one year from the date of death, as creditors can still make claims until that time. But it should not take place too long after that one-year time period. The heirs can hold an Executor liable for late payment of their inheritances.

Make sure you have the newest Will when you file for Probate. Make sure you notify any creditors of which you are aware to give them time to make their claims. Do not distribute the assets to the heirs until the creditor claims period has expired. You might have a debt to pay and no money to pay it if you did that. On the other hand, if there is not enough money to pay all of the creditors, then you don't want to pay any of them too soon. If the estate does not have enough money to pay all creditors there is a special procedure for figuring out how much to pay each creditor. You must follow that procedure properly.

You don't have to accept the job as Executor if you don't want to. If you need help with your duties as Executor, you should hire an Attorney who can explain everything to you.



#### **OPEN BURNING SEASON**

**BEGAN JANUARY 15<sup>TH</sup>** 

Dunstable Fire Chief, Paul Zbikowski announced it is now "Open Burning Season". *This will end on May1<sup>st</sup>*. Permits are available daily from 9:30am to 12:30pm at the Fire Station on Pleasant St. Permits cost \$10 and are free to "over 65".

Agricultural Permits are \$15. Call for more info.

#### FEE AND PERMIT INFORMATION You must follow all the rules and regulations that are listed below.

#### **Rules and Regulations**

1. You can only burn brush and garden trimmings only.

2. Burning is allowed only between 10am and 4pm. No fire shall be started after 12 noon and all fires must be extinguished by 4pm.

3. The permit holder must call the Fire Department @ 978-649-6661 each day after 9am for permission to burn that day.

4. The fire must not be left unattended and must be at least 75 feet from any structure.

5. Have available water supply, rakes, shovels, etc. for controlling the fire.

#### Under all Circumstances the following are prohibited

1. The burning of Grass, Hay, Leaves, Stumps, tires and/or building materials.

2. Burning of brush, trees, cane and/or driftwood from commercial and/or institutional land clearing operations.

3. Burning at landfills or refuse disposal facilities other than approved incinerators.

4. Large piles that will not readily burn or are of such size that they will not be totally out by 4pm.

*If you have other questions regarding burning, please call the station at 978-649-6661.* 

Information is also posted on the town website <u>www.dunstable-ma.gov/dunstable-fire-rescue</u>

#### THE DUNSTABLE 350 CELEBRATION COMMITTEE



We have been greatly touched by the support of the community as members have sold t-shirts, hoodies, ornaments and magnets featuring our logo at several local events as well as West's garage, the Tully farm store, and Dunstable General Store (the corner store/gas station/Dunkin's, best remembered by old-timers as Dick Snell's Ski Shop). Purchases, donations, and the enthusiasm of the community continue to be very encouraging. We are also very encouraged by the beginning of corporate donations toward our grand celebration. Follow us on Facebook!

#### STITCHERS

We meet every Monday at 10:00AM at the Tyngsborough Senior Center. Our knitwear is donated to various agencies throughout the Merrimack Valley. Supplies and projects are available at the center during this time. You can pick them up to stitch at home if you wish. *This month we wish to thank* Mary Joy and Yolanda for the beautiful afghans they made which will be passed on to Hospice of Southern New Hampshire. Want to learn to knit or crochet? Want to contribute knitwear to the homeless? Come in and contribute your time and talent. Coordinator, Jean Jacoppi (979.649.9076)

#### PACH PEPPERELL FOOD PANTRY

66 Hollis St., Pepperell. MA Tues 5-7pm, Thurs 2–4 & 5-7pm. PACH provides food, paper goods and personal care items to residents in need of assistance. If interested in this service, call the Office at **978-925-9770** or visit their web site at <u>www.pachoutreach.org</u>. If you would like to help, you may drop off donations at West Auto Repair, 30 Pleasant St, in Dunstable, MA.





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#### DUNSTABLE COUNCIL ON AGING

DIRECTOR OF THE COUNCIL ON AGING Anne Fenochetti Email: afenochetti@dunstable-ma.gov 978-649-4514 ext. 223 <u>Hours: Tues 8-12, Wed 8-11</u>

**DUNSTABLE COUNCIL ON AGING** Barbara Martin, chairman; Mary Dow, secretary; Donald Pottle and Joan Simmons. **The Mission of the Dunstable Council on Aging** is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs. *Feel free to give us your ideas.* 

#### SENIOR SERVICES

**Sand Delivery** Snow and ice are still with us. The Dunstable Highway Dept. wants to help keep you safe. If you would like a bucket of sand for your sidewalk/stairs contact Kristina at ext. 227(town hall)978-649-4514 to get on the list.

Well Adult Clinic March 23 in the Dunstable library from 11:00 – noon. Maureen Scott, our new nurse will be on hand at these clinics which allows for personalized, one on one attention from the nurse. Offered services include blood pressure and blood sugar screening, diet and nutrition information and teaching, medication review and assistance with identifying and coordinating community resources and referrals.

Alzheimer Support is a free service that assists Dunstable families who have loved ones with Alzheimer's disease or dementia. Through our free search tool and database of Alzheimer's care facilities, families in need of care for their loved ones can locate licensed care homes and communities in the Dunstable area that are best equipped to provide care for their loved ones. Go to www.alzheimer-support.com/memory-care/massachusetts/

**Fabulous Feet by Diane** Diane Stanley, a foot care specialist nurse, is now available to do home visits. She will check feet, trim nail, treat ingrown nails, corns and calluses. Experience with diabetics. Home visit is \$60.00 for a 1hour visit. Call 978-667-0644 to make an appointment.

**Brown Bag Food Program** Program offers a FREE bag of groceries the 4<sup>th</sup> Tuesday of each month. Each bag contains a variety of basic healthy foods. Bags need to be picked up at the Tyngsboro Senior Center. Call Laura Marsan 978-946-1303 for more information. **PENSION ACTION CENTER** Free legal counseling for workers and retirees who live or work in New England. Legal help line 1-888-425-6067.



Paul J. Mariano (978) 649-9180 FAX 978-649-9243

P.O. Box 250 Dunstable, MA 01827 <u>I'm in the Donut Hole What Can I Do?</u> If you have reached or are about to reach that gap in your part D plan, the Commonwealth's Prescription Advantage program can help. For individuals with an annual income of less than \$38,640 or \$52,260 married. Prescription Advantage can help lower your co- payments while in this gap. Call for more information at 1-800-243-4636 or go online at <u>www.</u> prescriptionadvantage.org

<u>Medicare</u> Remember if you are turning 65 you should contact Social Security to enroll in Medicare. Medicare has no connection to your eligibility for social security benefits. If you have questions call AgeSpan at 1-800-892-0890. The Centers for Medicare and Medicaid Services at 1-800-633-4227.

**Bone Builders** Are you ready to start exercising again? Brian O'Donnell has resumed classes on Wednesdays and Fridays at 10:30 at the Dunstable library. Bone Builders is a FREE, low impact, balance and strength training exercise program. Please drop in if you are interested in joining.

**Book Delivery** is available through the Dunstable Library on Thursdays. Just let Anne know if you or someone you know needs books or audio material. Call 978-649-7830

<u>Van Service</u> is available for medical appointments and grocery shopping. Cost is \$5.00 for local trips, Lowell, Chelmsford, Nashua, Tyngsboro, Westford, Ayer, Groton & Pepperell. \$10.00 for any other. Check with Anne Fenochetti as soon as you know when your appointment is to make sure a ride is available.

**Meals on Wheels** Do you or someone you know need the services of Meals on Wheels? This service has merged with Tyngsboro's MOW. For more information contact AgeSpan 1-800-892-0890

#### We have applications for RMV handicap placards

Durable Medical Equipment Before you buy, call to see if what you need is in the COA's inventory. We have a variety of good, gently used walkers, wheelchairs, transport chairs, canes, commodes and much more that people have generously donated. These are on loan and need to be returned when not in use. If you have items you wish to donate, please call first before you drop off items. Accepted items should be brought to the Town Hall.

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#### TYNGSBOROUGH GARDEN CLUB

The Garden Club kicked off its 2022 programming in February with a short workshop featuring Garden Club member Maureen Baril. Group members completed one of three small projects. Two were hanging food sources for backyard birds, and one was a Valentine-themed door hanging.

The March program featured popular speaker blogger, and **Master Gardener Betty Sanders** who spoke on a subject of interest to adults of all ages: Gardening for a Lifetime. The premise was that gardens should never be a burden to us and that there are practical strategies that people can use to help keep gardens beautiful as needs and abilities change. Betty also publishes an e-newsletter which is now being made available to Garden Club members each month.

Have you ever enthusiastically bought a small bonsai only to have it wither and die on you? Well, many of us have suffered that indignity at one time or another. Our program on **April 5** will be conducted by **Emmy Waldsmith of Bonsai West in Littleton**. Emmy plans to give us some history on bonsai, and will discuss techniques and maintenance. She will bring some bonsai with her to demonstrate bonsai techniques. The program will take place at the Evangelical Congregational Church Hall at 23 Kendall Road, starting at 7 pm. The program is free to Garden Club members and the public is invited for a nominal fee of \$5. Meetings are held on the first Tuesday of the month.

New members are always welcome. Come to a program and check us out. Club dues are \$20. You will find a warm and inviting little community of people and you will make new friends. For more information please email tynggardenclub@yahoo.com. Linda Sheldon, President

#### TOWN OF DUNSTABLE BOARD OF HEALTH TRASH & RECYCLING PICKUP PROGRAM

The Town offers a trash & recycling pickup program for all residents. The fee is \$300.00 per year valid July through June of each year. The fee drops by \$25.00 each month. As an example, if you join in February the yearly fee will be \$125.00. All subscriptions expire on June 30<sup>th</sup> each year. **The subscription includes a 35-gallon trash container and a 64-gallon recycling container.** 

We also offer overflow bags for sale for \$3.00 each in rolls of 5 for \$15.00 for those weeks that you cannot fit all your trash in the grey trash container.

Our pickup day is every week on Thursday. There are 6 holidays that will change that date to Friday. That list will be given to you when you sign up. On occasion the weather might also change that day to a Friday. *That announcement will appear on the town website cover page under news.* 

If you would like to sign up for pickup you may do so at <u>www.</u> <u>dunstable-ma.gov</u> and go to online payments. Scroll down halfway down the page for Board of Health – trash. You may also purchase overflow bags at the same website by filling in the amount and we will recognize the amount is for bags. You will have to pick them up at the town hall Monday-Friday 9:00 a.m.-4:00 p.m. Please bring your confirmation sheet with you. You may also sign up for trash pickup or purchase bags at the town hall Monday-Friday 9:00 a.m.-4:00 p.m. and pay by cash or check.

You may sign up at Town Hall on Tuesdays from 12:00 to 4:00 pm. Any further questions should be forwarded to <u>healthi@</u> <u>dunstable-ma.gov</u> or call 978-649-4514, Ext. 229. Joan Ferrari Health Admin Asst. and leave a message. All inquiries are usually answered in a timely manner.

Read Current and Past, Dunstable & Tyngsborough issues and other articles online at <u>www.neighbortoneighbornewsletter.com</u>

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## Matt's Monthly Mechanical Memo

By Matt Manning

Homeowners considering HVAC updates are encouraged to explore local incentive rebate programs promoting the adoption of Air Source Heat Pump (ASHP) systems for home air conditioning and water heating.

Incentive programs from Mass Save, Massachusetts Clean Energy Center, and select Municipal Light Plants, offer property owners rebates–up to \$10,000–to switch from older fossil fuel burning cooling and heating equipment to high-efficiency types such as electric-powered heat pump systems.

Many are familiar with ductless ASHPs, but for homes with central ducting, the Bosch IDS line is the perfect fit. The Bosch IDS features an outdoor condensing unit and indoor air handler that mounts to the ductwork above a gas furnace. These ASHPs provide year-round comfort and savings. Installation costs are reduced via incentive rebates, utility bills are lowered by higher efficiency, while home climate control is vastly improved.

Got a question? Drop me a note! matt@denommeeplumbing.com

#### PRESCOTT SCHOOL COMMUNITY CENTER

Located at the Prescott School • 145 Main St, Groton, MA Visit <u>www.prescottscc.org</u> for details and to register

March - April Program Listings

#### INDIVIDUAL ADULT PROGRAMS

Winter Hiking in the Beaver Brook Reservation Saturday March 12, 11:00-12:30 PM

Indian Cuisine Cook-Along with Ruby, Fri. March 25, 5:00-7:00 PM INDIVIDUAL CHILDREN PROGRAMS

ArtPak Kids, Friday March 11th and Friday April 1st, 1:00-3:00 PM GlassPak Kids, Friday, March. 18th, 1:00–3:00 PM

Let's Cook Ramen! Grades 5-8, Thursday April 7th 4:30-5:30 PM WEEKLY ADULT PROGRAMS

Shake Your Soul, Mondays, 10:00-10:45 AM

The Best of Cannes Part III, Mondays (Online) starting March 14th, 11:30-1:00 PM

Yoga for End of Day Reset, Mondays (Online), 8:30-9:30 PM Mah Jongg for Beginners, Tues. March 15th & 29th, 7:00-8:30 PM Yoga Fusion, Wednesdays (Online) and Fridays (In Person) until March 25, 9:00-10:15 AM

Tai Chi for Health, Thursdays 7:00- 8:30 PM

The Economic Impact of the Pandemic and the Banking Industry, Tuesday March 22nd, and 29th, 6:00-7:30 PM

**Constitutional Law II**, Weds starting March 30th, 7:00-8:30 PM **Learn to Play Pickleball**, New Session starting Tuesday April 5th, 9:30-11:00 AM

#### WEEKLY CHILDREN PROGRAMS

**MiniSports** with F.A.S.T Athletics Ages 3-6, Sundays starting March 13th, 10:00-10:45 AM

**Super Sports** with F.A.S.T Athletics Ages 7-11, Sundays starting March 13th, 11:00-12:00 PM

Messy Mondays: Sensory Play, Mondays until March 21, 9:30-10:30 AM

**Positively You**, Mondays starting March 14th, 4:00-5:30 PM **Stained Glass Intensive for Kids**, Thursdays, 3:00-5:00 PM **Dodgeball** with F.A.S.T Athletics Ages 7-11, Thursdays starting March 17th, 4:40-5:30 PM

**Spanish Adventures** at Home and Around the World: Grades K - 4, Tuesdays starting March 29th, 4:30-5:30 PM

Spanish Adventures at Home and Around the World: PreK, Thursdays starting March 31, 10:00-11:00 AM

#### BONE BUILDERS

Every Monday and Wednesday at 9:00AM in the Tyngsborough Senior Center there are exercises for those who suffer with Osteoporosis. Tufts University department of Research on Aging, suggests that as we age we lose bone at a fast rate, while we replace it at a slow rate. If the rate is too slow to replace bone, the result is osteoporosis, weak, porous bones that fracture easily. Fractured bones from this condition can be life-altering.

To maximize bone health, be active and engage in regular weight-bearing and muscle strengthening exercises such as walking, jogging, yoga, dancing, and weight-training. We are here for you at no charge. *Join us. Coordinator, Jean Jacoppi* (978.649.9076).



#### THE RUSSELL G. AND SHIRLEY L. TOBEY MEMORIAL SCHOLARSHIP

A scholarship is now available to a graduating Dunstable student through the generosity of Russell G. and Shirley L. Tobey. A one- time award of \$1000.00 may be applied to expenses incurred in the pursuit of advanced education at either a two, or four, year institution of higher learning.

The Tobey Scholarship will be administered by the Babcock Committee using the same guidelines as the Babcock scholarship. Applications will be available at the town hall, library, your school guidance office or by emailing <u>babcockscholarship-fund@gmail.com</u>

#### ATTENTION 2022 HIGH SCHOOL GRADUATES RESIDING IN DUNSTABLE

**Congratulations on your pending graduation!** We are delighted to announce the availability of the <u>Helene</u> <u>Morgan Babcock and Alfred Babcock Memorial Scholarship</u>, and invite you to apply for these generous funds as you continue your education.

During the winter of 1923, the home of the Morgan family here in town caught fire and was largely destroyed. The citizens of our community responded to the crisis by taking in the children (all 17 of them!), keeping the family together and aiding in the reconstruction of their home. One of the children, Helene Morgan Babcock, remembered the words of her mother, "Never forget the kindness of the people of Dunstable," and so established a scholarship fund to be made available to the graduating students of Dunstable as they continue their education.

The amounts of these grants are substantial, with one of the Babcock Scholars receiving \$4,000 each year for up to four years. A number of additional \$2,000 scholarships are granted to other students on a one-time basis.

Additionally, Dunstable's Commissioners of Trust Funds authorized the Babcock Scholarship Committee to award the Russell G. and Shirley L. Tobey Scholarship, which is a one-time award of \$1,000. Applicants applying for the Babcock Scholarship will be automatically considered for the Tobey Scholarship; there is no additional application required. The Tobey Scholarship recipient will be chosen using the Babcock Scholarship selection criteria.

Scholarships may be applied to expenses incurred in the pursuit of advanced education beyond the secondary level in two or four year institutions, vocational education institutions, or formalized apprenticeship programs (the main scholarship for 4 year full time only).

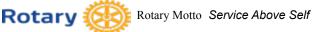
Starting February 3, 2022, applications will be available at the town hall, library, your school guidance office, or by emailing <u>babcockscholarshipfund@gmail.com</u>. Completed applications can be submitted electronically to the above email, or to the PO Box listed below *no later than Wednesday, <u>March 16, 2022</u>*. Questions regarding the application process can be sent to <u>babcockscholarshipfund@gmail.com</u>. We hope you take advantage of this wonderful opportunity. Babcock Scholarship Trustees, P.O. Box 24, Dunstable, MA 01827





## Spring is Coming March 20th

#### TYNGSBOROUGH-DUNSTABLE



Rotary is a global network Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs. Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

If you are interested in membership, please call or text Ron Keohane at (508)517-3895 or Brian Day-Lewis at (978)399-4952. Want to join a meeting? We meet at Dream Diner in Tyngsboro on 1<sup>st</sup> and last Thursday of the month at 8:00 am. Second and third Thursday of the month, we meet at 12:00 at Dream Diner.

Local Rotary Events

- Fishing Day for Individuals with Disabilities of all Ages Tyngsboro Sportsmen Club
- Senior meals for the Tyngsboro and Dunstable Councils on Aging
- Funded SafetyNet program for individuals with cognitive impairment
- Many other local service events

#### LOWELL HIGH SCHOOL CLASS OF 1972 WILL HOLD ITS 50TH HIGH SCHOOL REUNION THIS FALL

The event will be held on Saturday, September 17, 2022 from 5 to 10 p.m. at Lenzi's in Dracut. For information and tickets, contact Marian Quinlan Walsh at mqwalsh590@gmail.com or Susan Scannell at helpware@comcast.net.



#### TOGETHER AGAIN! May 22, 2022 Tsongas Arena \* Walk \* Volunteer \* Sponsor

Every step you take will make a cancer patient's fight a little easier. Join together on Sunday, May 22, 2022, Tsongas Arena, Lowell, MA

Our community has stood with us throughout the pandemic. We have felt your support and your goodwill. We have counted you as valuable members of our team even though we haven't seen many of you in a long time. We invite you to take part in **TeamWalk 2022 TOGETHER AGAIN** and walk with us in in honor of our region □s cancer patients and families. We are excited to come together in person to celebrate our commitment to our patients and community neither of which has ever been stronger.

*We are looking for volunteers!* If you want your family, friends, or department to stay together, we can accommodate that too. It is very important that any interested volunteer register online by Monday, May 2 to ensure that we have enough staff at the event and to pre-order volunteer t-shirts.

Go to <u>https://www.TeamWalk.org</u>. Here, you can register for the Team*Walk* or you may sign up to volunteer.

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#### CAT FOOD DONATIONS NEEDED

to feed a colony of feral and homeless kitties. Please call Don Gaudette 978-799-9715 for the drop-off location on the Dunstable/Tyngsboro line. Associated with Kitty Angels www.kittyangels.org Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats

#### **CLOTHING SHED AT** DUNSTABLE CHURCH



The clothing donation shed at the Dunstable Evangelical Congregational

Church, 518 Main St, Dunstable MA, is open to the public. St. Pauly Textile Inc., the company that has provided the shed,

partners with a network of businesses and various organizations to distribute donated items both here in the U.S. and worldwide, where they're ultimately re-worn by people who need them. The Dunstable Church additionally has the option to use donations to serve community needs. In 2019, the company was able to help keep over 20 million articles of clothing out of landfills, which clothed an estimated 2.5 million people worldwide. The company was founded in 1996 and is an A+ rated member of the Better Business Bureau.

Accepted items: clothing, shoes, belts, purses, blankets, sheets, curtains, pillowcases, and stuffed animals. PLEASE tie your bags, and do not leave bags outside the box.





#### AMERICAN LEGION **AUXILIARY UNIT 247**

90 Pawtucket Blvd. Tyngsborough, MA 01879

Auxiliary Unit 247 Officers for 2019-2021: President: Linda Small; Sr. Vice: Ann Thellen; Jr. Vice: Joyce Ferreira; Secretary: Pat Modrich; Treasurer: Diane Dileo; Sgt-At-Arms: Deb St. Peters. Trustees: Michelle Lambert, Kathleen Oljey and Josephine Beauregard.

For information on the Auxiliary Unit contact Unit President Linda Small.

#### AMERICAN LEGION POST 247 INC. 90 PAWTUCKET BLVD. TYNGSBOROUGH, MA

Much renovating, sanitizing, and improvements have been made. We look forward to seeing you.CDC protocols for Covid-19 followed. Hours are Tues, Wed, Thurs & Sunday 12pm to 8pm and Friday and Saturday 12pm to 11pm. Closed Monday. Stop in we'd love to see you. Please be well. If you are interest in joining, or want more info about what is happening at the Post, please get in touch with the person noted for each organization or call the Post at 978-649-7540.

#### ROBERT D. PELLETIER AMERICAN LEGION POST #247, INC.



90 Pawtucket Blvd., Tyngsborough, MA 01879

Active duty military and veterans always welcome to join. First Year FREE for new Legion members. For further information call 978-649-7540 or email: legionpost247@gmail.com

Elected Post 247 Officers serving for 2019-2021 Commander: Matt DeLucia; Sr. Vice Commander: David Simpson; Jr. Vice Commander. Executive Board: Joe Conlin, Ray Hamelin and Fred Carroll. Bartenders Matt, Linda, Judi, Michelle, Pat and Mark.

### AMVETS POST #247 **ROBERT D. PELLETIER**



90 Pawtucket Blvd. Tyngsborough, MA

OFFICERS: Commander: William A. Beaton, Sr.; 1st Vice: Jan Dombrowski; 2<sup>nd</sup> Vice: Steve Harris; Adjutant: John Cogan; Finance Officer: David Coles; Judge Advocate: Roland Milliard; . E-Board: Clare Beaton, Marty Bloomgren and Rod Wood.

"ALWAYS READY TO SERVE OUR VETERANS" AMVETS National Website: http://www.amvets.org/

#### FRIENDS OF TYNGSBOROUGH THEATRE CRAFT FAIR/YARD SALE

Saturday, May 21, 2022 9am to 4pm

**Tyngsborough Middle School Side Parking Lot** Come shop and find that special item you have been looking for. There will be something for everyone. Homemade Crafts, Jams and Jellies, Hidden Treasures, and More!

Also many raffle items you can win! 50/50 Raffles too! Bring a friend and come join us and have some fun! Shopping, browsing, winning raffles...You can even have lunch!

All Proceeds to benefit the Friends of Tyngsborough Theatre For information and application to rent a space for \$15 at this event, contact Dot Balestrieri at dottybye123@gmail.com or call Dot at 978-930-0599.

#### MORE INFO FOR SENIORS

If you or someone in your household has a Medicare Advantage Plan, you can make coverage changes during the • <u>Medicare</u> <u>Advantage Open Enrollment Period</u>, which runs from January 1 – March 31 each year. If you're enrolled in a Medicare Advantage Plan, you can make these changes: Switch to a different Medicare Advantage Plan, Switch to Original Medicare (and join a separate Medicare drug plan). You can switch only once during the Medicare Advantage Open Enrollment Period. Any changes you make will be effective the first of the month after the new plan gets your request. If you're happy with the plan you have, there's no need to take any action. But, if you want to find a plan that better fits your needs and budget, now's your chance to shop for a new plan.

• <u>Elder Hotline</u> The Attorney General's Office has a statewide, tollfree telephone hotline to assist individuals on a wide range of elder issues. The number is 1-888-243-5337 (TTY: 617-727-4765) Monday thru Friday 10:00 am– 4:00 pm. *This elderly hotline provides* a valuable service to Massachusetts' senior citizens, their families, and other information about elder related issues and programs throughout the commonwealth.

## TYNGSBOROUGH DUNSTABLE HISTORICAL

The Little Red Schoolhouse, 64 Main St, Dunstable, MA (Route 113). Not far from the Dunstable/Tyngsborough town line near Route 3

#### <u>Springtime at the Little Red Schoolhouse!</u> April 2 – Saturday, starting at 9 a.m. Annual spring clean-up,

April 2 – Saturday, starting at 9 a.m. Annual spring clean-up, inside and out, for our upcoming events. Please feel free to come lend a hand! Contact Bill or Sue Psaledakis at 978-649-6005 if you'd like to help keep our Little Red School House in shape. Bring shovels, brooms, clippers, gloves, etc., or just bring yourself! We will have cleaning supplies and extra tools for both inside and outside clean-up. Also light refreshments available for our volunteers.

#### PAWS FOUR THE CLAWS

6<sup>th</sup> Annual Spring Open House/Fundraiser **Mark your calendar for Saturday, April 9 from 10am to 5 pm and Sunday, April 10 from 10am to 4pm** Sale is live in person this spring! "Wash Away Pet Homelessness" All proceeds benefit Animals. Spa quality Handcrafted Soaps, Lotion Bars, Body Oils, Lip Butters, Bath Products, Odor Neutralizing Room Sprays, Springtime/Easter Gifts and so much more. Hope to see you there!

#### <u>Engine Meet</u>

May 1 - Sunday, 7 a.m. to 3 p.m. Sponsored by the *Granite State Gas and Steam Engine Association*. A long-time favorite - and the grill will be open!

If you would like to become a member, Membership forms and more info is available at www.tdhistoricalsociety.org

Email address: tyngsboroughdunstablehs@gmail.com For more information, please contact Lynda Justice at 978 587-8423 or lyndajustice@verizon.net



#### BEAVER BROOK NATURE CENTER

117 Ridge Road, Hollis, NH Please go to the website for more information about Beaver Brook, and check often for upcoming programs. There are many trails to explore! Check out the "Hike It All Challenge"! (603) 465-7787 www.beaverbrook.org

### "LOVE where you live....or start Looking!" 20 YEAR resident/property owner of Groton and Dunstable NEW local Groton Office-48 Boston Road FNC• COMMITED to giving back to local REALTOR businesses and families 978-618-5262 • SPONSOR of town fundraisers G COLDWELL BANKER and organizations 14 Yrs. of EXPERIENCE 620+ Homes SOLD\* JenSpencerRealestate.com Jen.Spencer@CBrealty.com 22 COLDWELL BANKER REALTY \*Based on information from MLS and non-MLS. 2018 #1 Volume & Units, 2019 #1 Volume & Units, 2021 #1 Volume & Units Based on MLS and Non-MLS 2008-2021 Operated by a subsidiary of NRT,LLC



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#### NEWHOUSE WILDLIFE RESCUE

Nonprofit Organization Founded in November 2018 A licensed safe haven for orphaned or injured local wildlife. It is our goal to rehabilitate these animals so they can be released into the wild. Call 978-413-4085 m.me/NewhouseWildlifeRescue janeseeker@gmail.com http://NewhouseWildlifeRescue.org https://facebook.com/pg/NewhouseWildlifeRescue



#### DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH 518 Main St, Dunstable, MA 01827

www.dunstablechurch.org 978-649-6251

Pastor Bobby Ross pastorbobby@dunstablechurch.org DECC is a caring community of faith where we are all on a journey together finding hope, purpose, connection, and wholeness as followers of Jesus. Wherever you are in this walk of life, we invite you to join us.

 Sunday Morning worship service begins at 10:30 AM. Masks are optional. Social distancing is according to your comfort level. You may also continue to worship online via our Facebook live stream

\*+\*+ Adult Bible Study\*+\*+ A new Adult Bible Study class has begun on Sunday mornings at 9:00 AM in Fellowship Hall or via Zoom. I Samuel is the topic based on a book by Hope Blanton and Christine Gordon. For more information, contact Marj Overhiser or Kathy Mackel.

• Sunday School/Nursery. Nursery/Sunday School classes have begun during our 10:30 AM worship service. Care is provided for infants through preschool. See "Children at Dunstable Church" helow

• Community Group. With a goal of strengthening community among us, a gathering is held on Tuesdays from 7:00-8:30 PM three times monthly on Zoom and once a month in person for lunch following our Sunday morning service. All are invited. We use a variety of ways to share and grow in faith. Join us at the Zoom link on our website at 7:00 PM on Tuesdays.

#### Children at Dunstable Church:

We invite children to begin in service with their families and then we'll dismiss them for Sunday School/Nursery. Every 4th Sunday of the month, we'll have all children stay through the whole service with their families. Our hope is to help children learn to participate in the service with their families and feel more included with the congregation. Feel free to ask for coloring sheets from the ushers or let us know if we can support your family in any way.

#### To the parents of young children, may we suggest:

 God gave children the vibrant energy that sometimes causes them to wiggle and make noise. They belong right here with God's people where you have so faithfully brought them. Stick with it!

• Feel free to sit in the front where it's easier for your children to see and hear what's going on or the back side room if you want more space for little ones.

· Quietly explain the parts of the service, actions of the pastor, ushers etc.

• Sing the songs and participate in the prayers and responses. Children learn how to worship by watching you.

• If you need to step out of the service with your child, feel free to do so, but please come back. We welcome families and are so glad vou're here.

#### To the members of our church:

• Children are a gift, not a distraction. The sound of children in the church is the reminder of God's faithfulness through all generations. Please welcome children and give a smile of encouragement to their parents.

"Let each generation tell its children of Your mighty acts; let them proclaim Your power." Psalm 145:4

Come visit your community church. Streaming is still available on our website, www.dunstablechurch.org. May the Lord walk between us while we are absent, one from another.

## The Wish Project

#### 166 Middlesex St., North Chelmsford, MA 01863 This is behind Hertz Car Rental thewishproject.org

For information email: info@thewishproject.org

If you are donating CLOTHING we are open to accept those donations Tues-Fri, 9-2:45pm and Sat, 9-12:45pm no appointment necessary. If you are donating HOUSEWARES AND FURNITURE we will continue to schedule those drop offs through our email donategoods@thewishproject.org.

#### *BITS Bags* The BITS program began on February 16th. <u>Deadline for dropping off items is March 22nd</u>

We provide BITS (Basic Items for Toddler Success) Bags to children who may experience developmental delay due to lack of these sim-

ple interactive toys to stimulate them. Our goal is to provide BITS Bags with educational and developmental toys to young children. How can you help

• Donate \$35 and we can provide a bag in your name or in the name of your company • Donate complete bags • Collect items for bags and we will put the bag together.

#### Items Needed

• Bags will ideally be cloth or otherwise reusable, sized 8 x 10 x 4. (Optional) • Books: Bath, Board book, picture book or first reader Bubbles, Chalk, Beach Ball, Crayons, Coloring Books, Rubber Ducks, Stack rings, soft dolls, spinning tops, texture blankets, musical toys, pull toys, trucks. No Stuffed Animals Please!

The Wish Project partners with hundreds of social workers from many local agencies including: Anne Sullivan, MSPCC, CTI South Bay, Clarendon and others.

#### THE WISH PROJECT SUPPLYING THE BASICS

Our goal is to provide our local people in need with basic furniture, home goods and baby goods, while helping the planet by recycling used goods. Only when people have their basic needs met can they move forward and out of the social services sustem. • We accept a range of items including: Clothing, Childcare Items, Furniture, Beds, Kitchen Items and Household Linen. Current Needs: Often specific needs arise in the community. If you are looking to donate goods, please reference our Current Needs list. It is always updating based on the needs of our clients. Go to our website to find more information about what we are in need of and what projects we are working on. We are also in need of: Baby Needs

High Chairs, Baby wipes, Baby safety kits,

Tear free shampoo/wash for babies and toddlers, Diapers size 5 **Clothing and Shoe Needs** 

#### Clothing and Shoe Needs

Men's underwear in all sizes Women's underwear in size small Men's winter coats in sizes small, large, and XL Women's winter coats in sizes small Girls clothing in sizes 7 and above

#### **Cleaning & Hygiene Needs**

Laundry detergent pods, Laundry Baskets, Disinfectant spray cleaner, Spray bottles, Hand soap, Paper towels, Dish soap, and Dish sponges

#### **Furniture & Home Goods Needs**

Small kitchen tables (to seat 2 people) Couches, Loveseats, Dressers Flatware, Mixing Bowls, Pot Holders, Drinking Glasses

THE THRIFT SHOP AT THE WISH is open Tuesday-Friday from 9 to 2:45 and Saturday from 9 to 12:45. We accept cash and Credit card payments. \*\**Be sure to follow The Wish Project Thrift Shop page on Facebook*\*\* • About Us: The mission of The Wish Project is to help families in need in the Merrimack Valley. Find out more on our website <u>www.TheWishProject.org</u> or call us at (866) 947-4360. Our mailing address is: The Wish Project, PO Box 8693, Lowell, MA 01853.

#### SAINT JEANNE D'ARC SCHOOL

Elisabeth Bruyère Award Dinner Honoring James F. Linnehan Jr., Esq. Thursday, April 28, 2022, 6:00 PM at Lenzi's in Dracut \$125 per ticket. For more information or to register please visit <u>www.sjdarc.org/gala</u>. Accepting Event Sponsors through April 1st. Contact Jacqueline Schnackertz at 978-454-7038 or jschnackertz@sjdarc.org for more information.

Ste Jeanne d'Arc School is a PK3 through grade 8 Catholic Elementary School located at 68 Dracut Street, Lowell, Massachusetts. For more information, or to book a tour of Ste Jeanne d'Arc School, please contact blyons@sjdarc.org or call 978-453-4114.



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Altrusa's mission is to promote literacy and to make a difference in the lives of those in need in our communities. The Altrusa Club meets on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of the month. To learn more about Altrusa, e-mail us at altrusamv@gmail.com or visit us at www.altrusa.org.

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Mail Address: P.O. Box 70, Tyngsboro, MA 01879 For questions or more information call our office 978-649-2262 www.tyngsborocongregational.org Pastor Denis Frediani

#### Worship 10AM at the church. If you prefer to stay home, Services are available on line. TO WATCH LIVE SERVICES

Log on directly to facebook and go to Ecct Church. You may also log in at any time and watch the recorded services.

 SERMONS ON-LINE: Weekly sermons by Pastor Frediani: 1. Log onto the church website http://www.tyngsborocongregational.org 2. Click once on the word "SERMONS" 3. Sermons listed by date, passage, sermon title. You may click on "Jump to the Current Sermon. To find the most recent.

Due to Covid spikes we strongly urge all parishioners to wear a mask, and continue to follow Covid safety practices when entering our church for services, for everyones safety. Thank you for adhering to these requests. At this time NO fellowship is taking place after church services. We are being proactive regarding Covid issues.

LADIES BIBLE STUDY - Tuesdays 9:30 am to 11:30 am. - We will be continuing our study of the book of Esther. A new Bible study class will begin in March of 2022. If you would like to join our study group, you can call our office, and leave your name and number. Someone will return your call.

MEN'S BIBLE STUDY - Mondays 6:30 pm to 8:00 pm We will be studying the Book of James. If you are interested in attending, please call our office and leave your name and number.

 YOUTH BIBLE STUDY - Friday, 6-8PM Follows school year schedule

All Executive Boards now meeting.

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The committee will make decisions for open or closings depending on weather and covid issues. You can stay updated by visiting us on Facebook at ecctchurch or checking our church website. We apologize for this inconvenience, but thank you all for staying devoted, and shopping with us.

PLEASE CHECK OUR FACEBOOK PAGE FOR UNEXPECTED CLOSURE DATES. We are always looking for volunteers to help us out. If you can spare a few hours a week, please call Charlotte at 978-649-7803. We also want to thank our volunteers who continue to support this very important ministry. Remember, in order to shop inside our store we require face masks.



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

Do you have news? Is your organization hosting any meetings or events, virtual or in person? Do you have a fundraiser or activity coming up in April?

The news is placed FREE of charge on a first come first served basis. If you have an event in early May it should be in theupcoming April issue. If you are thinking about advertising your business, please contact me by email if possible, so I can send you a rate sheet. The circulation each month is 6,616 and includes the towns of Dunstable and Tyngsborough, MA.

Issues are available to read online by the 1st of the month at www.neighbortoneighbornewsletter.com On the website you will also find more news and articles.

I look forward to hearing from you soon. (978) 419-1914 E-mail: anne@neighbortoneighbornewsletter.com Take care, Anne

#### JAMES JACOPPI MEMORIAL SCHOLARSHIP FOUNDATION

This is the 20 year anniversary of the passing of our beloved James. With the help from all of you, our raffle awarded over \$10,600 in scholarships to aid in the continuing education of graduating high school students last year. We have awarded over \$150,600 over the years. We feel blessed to have the ability to remember Jim in such an extraordinary way. We are extremely grateful for your continued support.

This year will be our **10th annual raffle** (Commonwealth of MA #36). Our Fundraiser will be a **Calendar Raffle with daily cash prizes** for the month of April. Mondays through Saturdays, \$50 will be awarded daily. Sundays, a prize of \$125 will be awarded and the grand prize of \$700 will be awarded on April 30th. 30 Cash prizes with a total value of \$2,450.

The cost of the ticket is \$25 for 1 daily entry or \$35 for 2 daily entries. If you wish to purchase entries, please call or text Cara Jacoppi at (603)714-0135. <u>All entries must be received by</u> <u>Thursday, March 31st.</u> We appreciate and thank you for any donation you can provide to the foundation. For any other information you may need including access to scholarship applications please visit our website\_www.jamesjacoppischolarshipfund.com or our Facebook page. Thank you all for your continued support. Sincerely, The Jacoppi Family

#### 5 HOMEBUYING MISCONCEPTIONS TO AVOID

#### Sponsored by Carrie Cyr

It's common for both first-time homebuyers and experienced homeowners to feel overwhelmed by the process of purchasing a house. Plus, myths and misconceptions often make the experience even more confusing.

Myths like: Renting is cheaper than buying. You need a credit score of 700 to get a loan. You shouldn't buy in a seller's market. Have you come across any of these? If you're thinking of buying this year, don't let these misleading ideas deter you from your goals. **Myth #1: You need a certain credit score.** While mortgage programs do have credit score minimums, you'd be surprised at how low those go. With an FHA loan, you may be able to get financing with a score of 500. (Just know that your score may also affect the interest rate and terms of the loan.)

Myth #2: You should only buy during certain seasons or under certain market conditions. While competition may seem fierce lately, that doesn't mean you shouldn't buy a house. As long as you choose a home you can afford and one that will grow in value, it's still a smart long-term investment.

**Myth #3: It's cheaper to rent than buy.** Home prices have been rising lately, but rents have jumped significantly, too. Since homeownership allows you to build equity and wealth over time, it's important to crunch the numbers before assuming you're better off renting.

**Myth #4: You should get a mortgage from your bank.** Your bank should definitely be on the list, but don't limit your shopping to just them. Get quotes from several banks and lenders to ensure you get the best deal.

Myth #5: You should waive your inspection to win a bidding war. Waiving your right to an inspection might help you beat out other offers, but it can also come back to bite you. Inspections often reveal costly and even dangerous defects, and you'll want to know about these before deciding to buy.

#### DOWNLOAD YOUR FREE BOOK "LIVING WITH OUR WILD NEIGHBORS"

The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z. Since we have so many animals that we share our yards with, I thought it might be helpful. <u>https://www.animalsheltering.org/page/wild-neighbors-book</u>



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#### THE BRUSH ART GALLERY & STUDIOS 256 Market Street, Lowell, MA 01852

#### Exhibit Title: "North of Boston Print Collaborative" Exhibition: To April 9, 2022 Reception: Saturday, March 12, 2:00 to 4:00 PM

Gallery Hours: January 1 to March 31: (Wed - Sat) 11:00 am - 4:00 pm (Sun) 12:00 noon - 4:00 pm, April 1 to Dec. 31: (Tues -Sat) 11:00 am - 4:00 pm (Sun) 12:00 noon - 4:00 pm www.thebrush.org 978-459-7819

## NORTH OF BOSTON PRINT COLLABORATIVE EXHIBITS IN LOWELL

Lowell, MA – In the highly technical world of contemporary print media, fine art printmakers continue to find inspiration in techniques that are centuries old, often in combination with 21st century methods.

The North of Boston Print Collaborative was founded in 2004 as a featured interest group of the Newburyport Art Association. The group's goals were to exhibit together, explore the elements that drew them to printmaking, and expand awareness of this unique art form. Activities have included critique sessions, workshops, and field trips to print exhibitions. During the last two years with Covid-19 restrictions, communication has been online and when possible, at outdoor gatherings.

Although several artists have been with the group since its inception, welcoming new artists has been ongoing. Most members live on the North Shore and several in Maine and New Hampshire.

**Participating artists include:** Muriel Angelil, Julia Bethmann, Michele Champion, Patty deGrandpre, Joanne Desmond, Sally Dion, Sue Dosick, Diane Francis, Cara Gonier, Kate Hanlon, Kate Higley, Amy Hourihan, Susan Jaworski-Stranc, Barbara Nachmias-Kedesdy, Christine Riccardi, Christine Robinson.

These printmakers work in a variety of methods, including woodcut and reduction linoleum, monotype and monoprint, digital transfer, etching, mezzotint, collagraph, and mixed media.

#### DUNSTABLE TYNGSBOROUGH LIONS CLUB



<u>"We Serve</u>" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need.

<u>Officers</u> President: Mark Alexander, 1st Vice President/Membership Chair: Joseph Ward, Treasurer: Bob Reich, Secretary: Laura Ward, Tail Twister: Meghan DeMonico.

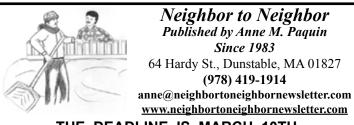
Anyone interested in joining the lions is asked to contact Joseph Ward at 978-930-1153. We will let you know where, and when meetings will take place.

#### YOU CAN HELP BY DONATING THE FOLLOWING:

- <u>Used Eyeglasses</u> are collected for refurbishment and distribution to less advantaged individuals around the world.
- <u>Used Hearing Aids</u> are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.

• <u>Can tabs</u> please place into bags before putting in the boxes. <u>Lion's collection boxes for eyeglasses and hearing aids and can</u> <u>tabs</u> are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Multi-Service Center at 180 Lakeview Ave, Dunstable Town Hall, Post Office and Library. **Pennies for Sight:** "Your change- changes people's lives" See a Lion cannister around please consider donating. Every Penny Counts!

> Read Dunstable and Tyngsborough issues, and other articles online at www.neighbortoneighbornewsletter.com



#### THE DEADLINE IS MARCH 10TH FOR THE APRIL ISSUE

If you missed the deadline contact me as soon as possible. To submit news or info about an upcoming event, please email the information to me. If you have a business and you would like to know more about advertising, please call 978-419-1914 or email me at anne@neighbortoneighbornewsletter.com I will get back to you as soon as possible. Thank you, Anne

#### THE HOLYROOD COLLABORATIVE

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Office Hours: Monday, Tuesday, Thursday 9am-5pm, Wednesday 9:30am-5pm and Friday 9am -3pm www.theholyrood.org

Pastor Rev. Brian E. Mahoney Parochial Vicar Fr. Fernando Ayala Staff Offices: 115 Middlesex Street, North Chelmsford, MA

Confessions St. John: Mon. 4:30-5:30pm & Sat. 3-3:45 pm St. Margaret: Tues. 4:30-5:30pm & Sat.1-2 pm St. Mary: Wed. 4:30-5:30pm & Sat. 11am -12 noon • WEEKEND MASS SCHEDULE

St. Mary: 4pm on Saturday, 7am and 11am on Sunday St. John: 4pm on Saturday, 9:30am and 6pm on Sunday Also 12pm African Liturgy (2nd, 3rd and 4th Sundays) St. Margaret of Scotland: 4pm on Saturday and 7:30 and 10am on Sunday

DAILY MASS SCHEDULE Monday thru Friday

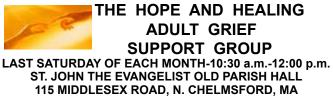
St. Mary at 7am • St. Margaret of Scotland 8am • St. John at 9am • Lenten Confession Schedule: Wednesday Nights throughout Lent 6:30 – 8:00 pm at all churches, Mondays at St. John 4:30 – 5:30, Tuesdays at St. Margaret 4:30 – 5:30. Saturdays St. Mary 11 am – 12 pm, St Margaret 1 – 2 pm, St. John 3 – 3:45 pm. NO CONFESSION ON HOLY SATURDAY, April 16

• <u>Stations of The Cross:</u> Friday Nights throughout Lent at 7 pm, St. Mary: March 18, April 8, St. Margaret: March 11, April 1 St. John: March 4, 25

 Lenten Retreat: Sunday, March 6 – Tuesday, March 8, 7 pm at St. John Church, Fr. Frederick Fraini, III <u>https://theholyrood.org/</u> lent-2022

• <u>Sacred Triduum Schedule:</u> Holy Thursday: April 14 at 7 pm Mass of the Lord's Supper at St. John. Good Friday: April 15 at 7 pm The Passion of our Lord at St. Mary. Holy Saturday: April 16 at 8:30 pm The Great Easter Vigil at St. Margaret

• <u>Easter Sunday: April 17:</u> 9:30 am and 6 pm at St. John, 7 and 11 am at St. Mary, 7:30 and 10 am at St. Margaret



<u>WHEN SOMEONE IN YOUR LIFE DIES</u> When someone close to you dies everything changes in your family, in your life, and your dreams. Often this can turn your life upside down. Know you are not alone in your grief and loneliness. The Hope and Healing Adult Grief Support Group meets on the last Saturday of each month.

All are welcome to a safe place to share your story, find comfort, hope and encouragement, as you continue a new path in life. *Registration is not reguired*.

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