

Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

Celebrating 38 Years of Service

Issue # 400 • January 2022

POSTAL PATRON
TYNGSBOROUGH, MA 01879

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TYNGSBOROUGH TOWN CLERK NEWS

• **2021 DOG LICENSES** are now available at the Town Clerk's office or by mail. Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required.

If renewing by mail, please send to Tyngsborough Town Clerk, Town Hall, 25 Bryant Lane, Tyngsborough, MA 01879. Please enclose a stamped envelope for the license.

• **CENSUS FORMS** will be sent early in January. Please make changes, sign and return. *The census form does not register you to vote nor does it change your political party.*

Please contact the office at 978-649-2300 extension 129 or email to jshifres@tyngsboroughma.gov with any questions.

IN MEMORY OF

John F. Burke	Gloria E. Flinn Goss
Timothy A. Matson	Eugene Gschwind
George Kalabokis	Carl Monroe Husted
Joseph Kurland	David A. Latham Jr.
Nelson Linwood Brake	Betty C. (O'Hara) MacDonald
Michael P. Carroll II	Sister Kathryn Lawrence McGuiggan
Kirk J. Czelewicz	Peter S. Beldekas
Monique Frigon Blanchette	Constance Rose Bedard McVey
Rita E. Miller McIlsac	Richard "Dick" A. Carpentier

Mary Glorinda (Silva) (Camacho) Grout



ADOPT-A-FAMILY

Tyngsborough Public Schools ~ School Committee

A huge thank you to everyone in the Community who donated to the annual Adopt-A-Family drive this season. This year's campaign looked very different than years past, but your support was no different. Your generosity helps to make Tyngsborough the wonderful Town that it is, and this program so successful. Have a healthy and happy New Year!

Warm regards, **Sarah Lewenczuk**, 978-649-8914, Adopt-A-Family Secretary & Treasurer, Sarah.lewenczuk@tyngsboroughps.org
Sharon Fairbanks, 978-649-7488, Adopt-A-Family Community Liaison, Sharon.fairbanks@tyngsboroughps.org
Melissa Mallous, 978-649-3115, Family Liaison, Melissa.Mallous@tyngsboroughps.org

TYNGSBOROUGH HIGH SCHOOL'S THEATRE PROGRAM

... will be presenting **9 to 5 The Musical**, with music and lyrics by Dolly Parton and book by Patricia Resnick, based on the seminal 1980 hit movie. Set in the late 1970s, this hilarious story of friendship and revenge in the Rolodex era is outrageous, thought-provoking and even a little romantic.

Pushed to the boiling point, three female coworkers concoct a plan to get even with the sexist, egotistical, lying, hypocritical bigot they call their boss. In a hilarious turn of events, Violet, Judy and Doralee live out their wildest fantasy – giving their boss the boot! While Hart remains "otherwise engaged," the women give their workplace a dream makeover, taking control of the company that had always kept them down. Hey, a girl can scheme, can't she?

This show does contain some adult humor that is not appropriate for young children.

The shows are Friday, February 4th at 7pm, Saturday, February 5th at 7pm, and Sunday, February 6th at 2pm. Snow dates would be the following week.

You can search for tickets on TyngsTheatre.booktix.com.

TYNGSBOROUGH TOWN HALL HOURS

The Board has extended the hours to January 31, 2022 to allow more time to solicit public comment and feedback.

Monday & Tuesday: 8:30AM to 4:30PM

Wednesday: 8:30AM to 7:00PM

Thursday: 8:30AM to 4:00PM

Friday: Closed (until a new or permanent arrangement is determined.)

Please visit for updates www.tyngsboroughma.gov

NOTICE

TYNGSBOROUGH WATER DISTRICT

Nomination papers are available for two (2), 3 year term for Water Commissioner. **Nomination papers need to be returned by February 16, 2022 at 1:00 PM** and can be obtained at the Tyngsborough Water District, 87 Progress Avenue, Unit 2.

The Election will be held on Tuesday, April 5, 2022 from 5:00 PM – 7:00 PM at the District office. All registered voters residing in the District are welcome to vote at this time.

Signed: **Board of Water Commissioners**, Tyngsborough Water District, 87 Progress Ave, Unit 2, Tyngsborough, MA 01879, 978-649-4577

TYNGSBOROUGH BOARD OF HEALTH CHRISTMAS TREE DROPOFF

Christmas trees may be dropped off at the Highway Department on Kendall Road or at 180 Lakeview Avenue (old senior center) parking lot **during the month of January**. Please make sure that all decorations and all hooks are removed before you drop your tree off.



TYNGSBOROUGH COUNCIL ON AGING



169 Westford Rd, Tyngsborough, MA
978-649-9211

Mailing Address: 25 Bryants Lane, Tyngsborough, MA 01879
Email: Broche@tyngsboroughma.gov

Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3.

We still require masks when entering and walking around the building. Also, masks are required on the vans.

• **CENTER CLOSED Mon., Jan. 17th, Martin Luther King Day.**

• **WELLNESS CLINIC Wednesday, January 12th.** Charlene Muscato R.N will be doing blood pressure readings, weight checks and medication reviews. **Sign up sheet at the front desk.** First come, first served.

• **PIZZA PARTY / BIRTHDAY FOR ALL! Friday, January 14th, at 11:30.** Come celebrate National Pizza Week and everyone's birthday by making your own pizzas! We'll supply the dough, sauce and cheese, for the pizza, just bring in your favorite toppings. We will have a birthday cake to celebrate for all. You must have signed up by January 5th

• **COA Board Meeting, January 18th**

• **BOOK CLUB (Monthly) Wednesday, January 19th, 10:00.** Instructor Carol Sides. It will be scheduled every 3rd Wednesday of each month, the group will get together to discuss the book of the month. We have openings to join the group.

• **FREE... PAINTING CLASS Every Monday, 12:30-3:00** If you love painting and don't mind (asking or helping) others, come join us and make new friends.

• **CHINESE NEW YEAR Friday, January, 28th @ 11:30** New Year of the Tiger according to Chinese Zodiac. You're sure to enjoy the colorful festivities of the "Year of the Tiger"

• **FOOTCARE FOCUS - Professional Nursing Footcare Tuesday, February 15, 8:30- 11:30** Assessment/ Nail Clipping & Filing Reduction / Gentle massage. Footcare Prices. At the Center \$40.00 House Calls \$80.00. Please call for an appointment 978-649-9211.

• **MUSCLE CONDITIONING Every Monday at 11:00** Muscle Conditioning will allow you to increase muscle strength, power and speed and helps you to change your appearance by creating fat loss, which ultimately changes the appearance of your muscles. It is also very easy to design a routine that focuses on your particular conditioning goals.

• **BONE STRENGTH... Free** Doctor's note NOT required. Wednesdays 10:00 / Fridays 9:00

• **CARD MAKING WITH Rep. COLLEEN GARRY 1ST of each Month** at 10:30AM Rep. Colleen Garry will be here to teach card making.kits are available for purchase. Donations are accepted.

• **Tyngsborough Foundation for the Aging Seniors Helping Seniors** Tyngsborough Foundation for the Aging is a private, non-profit corporation organized and operated exclusively for charitable purposes within the meaning of Section 501(c) (3) of the Internal Revenue Code, specifically for the purpose of providing services and fellowship for the Tyngsborough Senior Citizens through the "Tyngsborough Foundation" any age or residence welcome to join.

• **VALENTINE'S DAY CELEBRATION Friday, February 11th, 11:00** Entertainment TBD. Sponsored by Tyngsborough Police Union. **Valentine's** Day is such a super sweet holiday! The first Valentine's Day was in the year 496! Having a particular Valentine's Day is a very old tradition, thought to have originated from a Roman festival. Join us for a great meal and entertainment, **sign up by Friday, Feb. 4th.**

• **FREE TAX ASSISTANCE Mondays ONLY starting in February.** At this time no date has been set.

Harry Gong, an AARP volunteer tax preparer will be available to assist you with your taxes on Mondays starting February (the date is to be determined), through April 11th, 2022. Call the Senior Center to schedule, an appointment. 978-649-9211.

• **FOOD PROGRAM**– offers a FREE bag of groceries on the 4th Tuesday of each month. Each bag contains a variety of basic healthy foods: soup to cereal, meat to veggies, there may be a treat or two.. To see if you qualify call **Laura Marsan (978-946-1303)**, Applications are also available at the Senior Center stop by or call 978-649-9211.

• **SNAP** (Supplemental Nutrition Assistance Program) benefits may be available to you. To get help applying, please contact the senior center and our outreach worker Charlene can help you fill out the application. Call 978-649-9211 for appointment.

• **HOME DELIVERED NUTRITION MEALS** (Meals on Wheels Program) Tyngsborough residents 60+ can call the **Elder Services of the Merrimack Valley 1-800-892-0890 to see if you qualify and if you have questions.** The Tyngsborough Council on Aging distributes meals from our facility on behalf of ESMV. We deliver to homebound and clients who are on homecare short term.

• **Outreach Worker Call for an appointment 978-649-9211** The Outreach program provides information and referrals to seniors and their families about programs and services provided by the Council on Aging and other agencies in the elder network. Charlene Muscato works collaboratively with many agencies serving seniors, including home care, legal assistance, protective services, housing and visiting nurses. • **Need Help Paying Your Heating Bills? Help is available!** The Fuel Assistance Program run by Community Team Work, helps income-eligible households pay part of their winter heating bills and a small % of your electric bill. If your gross household income falls within the limits, you may qualify for fuel assistance. To set up an appointment with Charlene Muscato call the Senior Center 978-649-9211, appointments are from 10:00 AM-1:00 PM. No walk in's! Don't suffer from the cold.

• **The SHINE PROGRAM** Are you confused about Medicare and not sure where to turn? Whether you are new to Medicare, reviewing your prescription drug coverage or medical plans and you need assistance. Call 1-800-MEDICARE until further notice. Medicare is open 24 hours/day, 7 days/week.

• **TYNGSBOROUGH FOOD PANTRY Food Pantry:** We have been gathering shelf stable food. If you or anyone you know could use some food, please call the center. We will be happy to put together food for you. We are here to help. The food pantry is for all ages. If you feel yourself getting low on food and you need a little help till the end of the month give us a call? 978-649-9211 ask for Barbara or Tracy. If you could use Holiday Assistance please call we will set something up for you. If you would like to make a donation to the pantry we accept: Hearty Soups... Canned Fruits... Cereal... ..Cake mix or Brownie Mix ... Canned Coffee & Tea... Butter ... Peanut Butter.....Marshmallow and Jam, Nutrition Bars, Muffin Boxes, Juice Boxes, and Cookies... Carrots... Potatoes, Stuffing and Apple or Pumpkin Pie. Personal Care Items such as shampoo, toothpaste, deodorant, and soap are welcomed. *The staff at the Senior Center would like to thank you for Your Kindness.*

• **The Friends of The Elderly, Inc. is a 501.C.3 Non-Profit Organization.** For more information or membership forms please contact; Elaine Rivard (987-649-7689)

• **DONATIONS / VOLUNTEERS NEEDED:** COFFEE (ground and k-cups), 12oz., and 8oz. Cups. Paper Plates Small and Large. Plastic Spoons, Forks, Knives, Napkins. Backup Greeter **at Front Desk**

SNOW CANCELLATION

NO SCHOOL-NO SENIOR BUS, SCHOOL DELAY-BUS DELAY, bus starts at 10:00, TOWN HALL CLOSED-SENIOR CENTER CLOSED. When in doubt just call and see if we're open.

Cancellations will be announced on WCAP Radio 98.5 & TV News on 4, 5, 7. **Or call the Center at 978-649-9211 to check.**

Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

E-mail: anne@neighbortoneighbornewsletter.com

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Total circulation is now 6,616 which includes Dunstable and Tyngsborough, MA.



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- Free Evolt body composition scans
- Discounts on membership, coaching & more!

For more details on this event, find us on Facebook!

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nashua.tyngsboro@anytimefitness.com



FRIENDS OF THE TYNGSBOROUGH PUBLIC LIBRARY

Need a New Year's resolution? Do something positive for your community by **joining the Friends of the Tyngsborough Public Library. The Friends are welcoming new members who want to be active by helping with book sales, becoming a board member, helping with membership month and other activities. Your membership dues are tax deductible since the Friends is a 501(c) (3) nonprofit organization. Apply for membership at: <http://www.tynglib.org/index.php/friends-of-library> or come by the Library for an application.

** The Friends are funding a new program on Monday, January 31, 6:30 – 7:30pm on Zoom. **100 Greatest Cartoon Characters of All-Time** will be presented by author Marty Gitlin. See funny cartoon snippets of characters from the past century, play trivia with patrons, discuss the criteria he used to rank the best of the best and speak about their impact on American pop culture. For adults, teens, kids!

** Adults and kids, need something to do on a cold winter night at home? **Puzzles** are still available at the Library for \$1. We have a variety of jigsaw puzzles so stop by for an inexpensive way to have fun. Even after holiday shopping, there are always **books for sale** at the library. See fiction and nonfiction for adults and kids at book sale prices.

** The Friends are still funding several **passes for museums** and other venues for adults and families, indoors and out. Visit the Library's website to reserve a pass and click on the link to venue for information on open hours, covid rules etc.

** **Our meetings for early 2022 will be at 6:30 in the Library. January 3, February 7, March 7 Elections for President & Secretary and April 4. We hope to see you then.**

Contact us at tynglibfriends@gmail.com Follow us on Facebook.

TYNGSBOROUGH SCHOLARSHIP TRUST

P.O. Box 547, Tyngsborough, MA 01879

1963 * Celebrating 59 Years * 2022



The Tyngsborough Scholarship Trust is preparing for our popular community favorite, **Trivia Night**. Once again this event will take place **virtually in February** in order to keep our community participants safe. *The time and date will be posted on our Facebook page and through the school's email blast.* For more information please contact Rose Mitchell at mitchell6260@msn.com.

We would like to extend a special **Thank You** to the THS alumni who have been generous donors to our organization. Your generosity helps us continue our mission of providing scholarship dollars to all seniors from Tyngsborough who apply and volunteer their time to earn a scholarship. If you are considering a tax-deductible donation for the end of the year, please keep us in mind!

Are you an Amazon shopper? Sign up for the 5% of your eligible purchases at no cost to you! Sign in using your existing amazon account to get started, and choose the Tyngsborough Scholarship Trust to benefit from this **Amazon Smiles** program!

A reminder to the 2021 scholarship recipients, please be sure to submit proof of school enrollment to the TST at P.O. Box 547, Tyngsborough MA 01879 so you can receive your first or second scholarship payment. All profits from the 2021-2022 fundraising events will benefit scholarships for the Class of 2022.

The TST meets on the **second Wednesday** of the month. **Our meetings in January and February will be virtual** – please join us! For 59 years volunteers from our community have been coordinating fundraising and awarding scholarships to high school students from Tyngsborough. We welcome and need your help to continue this town tradition.

Please contact info@TyngsboroughScholarshipTrust.org with any questions.



Tyler's Timely Technical Tips

By Tyler Denomme

Warm baths are great for your health. Here are five healthy reasons to draw a bath tonight.

Elevate your mood. Bathing in warm water induces feelings of comfort and easiness—the kind of security that allows mind and body to relax.

Relieves Muscle Pain. Heat gets blood moving, which can also help sore or tight muscles to relax, while anti-inflammatory salt baths have also shown to have positive effects on people suffering from metabolic diseases like type 2 diabetes.

Improve sleep. Warm baths raise body temperature, and exiting rapidly cools it down, thus instigating the production of melatonin, and better preparing one for sleep.

Heart Healthy. Taking regular warm baths can help reduce blood pressure.

Burn Calories. Though no match for aerobics, a good sweat induced by a hot bath can burn as many calories as taking a walk.

Until next month, stay comfortable.

Tyler

Got a question? Drop me a note!

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No longer using a landline? Add your cellphone number to continue to receive emergency communication from the Town. Once you've signed up for Smart911, first responders will be aware of important information you have provided that will locate and help you in an emergency.

To sign up, please visit www.tyngsboroughma.gov

NEW FREE MENTAL HEALTH SERVICES REFERRAL HELPLINE FOR TYNGSBOROUGH RESIDENTS

Tyngsborough Public Schools in partnership with the Tyngsborough community, is pleased to announce Project INTERFACE Community Resource & Referral HELPLINE available now (1-888-244-6843). The William James INTERFACE Referral Service is a mental health resource and referral Helpline available Monday through Friday from 9am to 5pm. This is available to residents and/or public school students in subscribing communities across Massachusetts to access outpatient mental health services. What makes INTERFACE unique is that they do not provide merely a list of providers, but rather matched referrals to mental health professionals and practices who best meet the caller's needs, insurance or fee requirement, specialty request, location and availability. The Helpline is staffed by mental health professionals, as well as graduate level students from William James College. For more information visit <https://interface.williamjames.edu>

TYNGSBOROUGH VETERAN'S AGENT

Do you know a neighbor or friend who may be a Veteran, Veteran widower, widow or dependents of a Veteran, that may be eligible for financial assistance from my office. I may be able to help them with basic living expenses, rent or mortgage heating cost, prescriptions, hearing aids, monthly healthcare premiums and hospital/doctor bills not covered by your Medicare or other insurance. Even if the applicant lives with their son, daughter or other family member or friend they may still qualify.

The Veteran's Office is a confidential office where your identity is completely confidential. Call or email to schedule an appointment. If I cannot personally assist you I will direct you to the resources available to you.

Sincerely, Christopher W. Dery, Tyngsborough Veteran's Agent,
25 Bryants Lane, Tyngsborough MA, 01879

978-649-2300 X131 veteransagent@tyngsboroughma.gov

TYNGSBOROUGH BOARD OF HEALTH

MassDEP is offering free PFAS water testing to 84 towns in Massachusetts. Tyngsborough is one of those towns. PFAS have been linked to adverse health effects.

Private well owners can apply for Free PFAS testing of your private well at dwp-pfas.madwpdep.org This is a limited time offer for selected towns.

SOMETHING FOR ROVER & KITTY PROJECT

Are you a Tyngsboro resident, family, senior or veteran in need of assistance supplying food for your dog or cat? Or perhaps you are a resident who is willing to purchase new pet food or donate pet food you have that didn't work out for your dog or cat. Either way, I'd love to connect with you! Pets are so vital to our health and happiness. Please consider contacting me, Heidi at 978-846-2254 or hwhitehair@gmail.com if you have questions or donations. All client information is kept confidential.

TRUSTS FOR ESTATE PLANNING

By Edward H. Adamsky

Trusts are a useful yet misunderstood tool of Estate Planning. The problem is that there are so many different kinds of trusts. Trusts can be **Revocable**, which means they can be changed, or **Irrevocable**, which means they cannot be changed. There are many specialized trusts for particular purposes like **Irrevocable Life Insurance** Trusts (ILITs), **QTIP** Trusts (for estate-tax planning), **Special Needs** Trusts (to handle assets for a person with a disability), and many others. Your particular situation will determine which type of trust you need, if any.

With all the variations, many things are common from trust to trust. The Trust document is the rules of how the trust will operate. The Grantor is the person who creates the Trust, and the Trustee is the person who will run the trust (they can be the same people). The Beneficiaries are the people who will benefit from the assets that the trust holds (the Grantor can be a beneficiary and so can the Trustee, but there need to be other beneficiaries besides just the Grantor). Every Trust has to have assets that it holds and manages for the benefit of the beneficiaries. In the past, you could not have a trust without assets so older trusts often state something like "ten dollars" or might even have a dollar bill or something stapled to a last page. Modern trust law allows a trust to exist without assets as long as there is some way in the future that it will get assets (by being named beneficiary of life insurance, for example).

If you create a trust, you will need to change the title on bank accounts, or real estate, or investment accounts from yourself to your Trust. If you don't, then the Trustee won't be able to manage those assets. I often write a Will along with a Trust and name the Trust as the heir in the Will, so even if the Trust isn't funded right away, it will be funded from the Probate estate. Of course, if one of your goals is to avoid probate, then you must put the assets into the Trust during life and not wait for your Will to do it.

Since trusts don't die, the assets in a trust pass (by the Trust terms) without need for probate. Individually owned assets have to go through probate if the owner dies. Trusts can be used to take care of you if you become incapacitated. You can be the lifetime beneficiary of your own Trust and have a standby Trustee lined up to handle those assets for you if you cannot do so due to physical or mental incapacity. Once the Grantor has died and the trust becomes Irrevocable (which happens automatically when the Grantor – who is the only one who could amend or revoke the trust dies) the Trust terms can protect the assets from the creditors of the new beneficiaries (depending on the Trust terms) and can handle assets for young people until the time at which the Grantor thinks they can handle them on their own (age 25, or 30, or 50!).

This article only touched the tip of the Trust iceberg. You really need to have a thorough discussion with your Estate Planning attorney about whether a trust is right for you or not.

POLICE & FIRE EMERGENCY 911

Fire Dept. 978 649-7671 Police Dept. 978 649-7504

TOWN OF TYNGSBOROUGH
TOWN HALL, 25 BRYANTS LANE

Mon. & Tues., 8:30AM to 4PM • Wed.: 8:30AM to 7:00PM
Thurs.: 8:30AM to 4:00PM • Closed Friday *Until Further Notice*

Meeting schedules are posted at the front entrance of the Town Hall

Town Hall Directory Main Number 978-649-2300

Town Accountant	Ext. 124	Media Dept.	Ext. 140
Assessor's Office	Ext. 121	Planning Board	Ext. 115
Board of Appeals	Ext. 112	Town Treasurer	Ext. 126
Board of Health	Ext. 118	Veteran's Agent	Ext. 131
Building Office	Ext. 112	Sewer Dept.	Ext. 134
Town Clerk	Ext. 129	Board of Selectmen	Ext. 100
Town Collector	Ext. 128	Town Administrator	Ext. 100
Conservation Office	Ext. 116	Recreation & Parks	Ext. 150
Capital Asset Mgmt Com	Ext. 124	Highway Dept.	978-649-2310

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online at

www.neighbortoneighbornewsletter.com

TYNGSBOROUGH HIGH SCHOOL

is proud to announce Ryan Guilmette, Louis Ou, Katerina Panagakis, and Stephanie Souza as the December Students of the Month.

Ryan Guilmette, son of Kim and John Guilmette, is a member of the National Honor Society. He is a two-year recipient of the Principal's Award, and a member of DECA and PALS. Ryan is a four-year starter and two-year captain of the baseball team and recognized with MVP and MIAA All-Star awards. In addition, he is a captain of the football team and member of the team leadership group, and recognized with the Coach's Award and an MIAA Academic All-Star award. Ryan also played on the basketball team. He has volunteered for Manolis Foundation, THS Trunk or Treat, started a friendly, safe environment TYBA camp during Covid, Merrimack Valley Food Bank, NHS food drive, and for Tyngsboro youth basketball camp. His hobbies include hanging out with friends, working out at the gym, and traveling to the beach. Ryan's favorite subjects are physics, math, and AP Computer Science; these course interests are leading him to pursue an engineering degree, getting a job, raising a family, and becoming successful. "Throughout my THS journey I have gained a significant amount of confidence. From the leadership of THS staff, more specifically my coaches, I was able to become a better version of myself. I went from a shy and quiet kid to a leader of two varsity sports teams. I am no longer afraid to put myself into a crowd and engage in conversation. This school has done so much for me, from the development of my athletic and academic abilities to the various personality traits I have gained from classes such as service learning and writing research. THS has opened up a whole different world for me and overall turned me into a very well rounded individual. I will always remember playing football and baseball for Tyngsboro, there are so many memories that will stick with me forever. I will never forget my first touchdown during my sophomore season, a pick-six against Maynard. The excitement from my team was unforgettable."

Louis Ou, son of Yiping Luo, is a member of the National Honor Society. He is a recipient of the Outstanding Achievement in Instrumental Music Award and a three-year recipient of the Academic Excellence Award. He is a member of the robotics club and has volunteered at the Tyngsborough Block Party, the Tyngsborough Public Library, and the Nashua Soup Kitchen. Louis enjoys reading and playing video games, and his favorite subjects are math and science. His biggest goal in life is to be happy, whatever he does or wherever he goes. Thinking back on his days at THS he said, "I've gained more confidence and friends. The school has helped me connect with other people and push my own limits."

Katerina Panagakis, daughter of Maria and Ted Panagakis, is a recipient of the Outstanding Achievement in Media Studies Award and the Core Values Award. She is a class officer for three years currently serving as president, and a member of PALS, yearbook club, Senior Sidekicks, and is co-president of DECA. She and her DECA teammates placed 2nd at the state conference and 6th at the international conference. Furthermore, Katerina is a member of the field hockey team, and has also been a member of the swim & dive and track & field teams. She volunteers at Tyngsborough community events and at her Greek Orthodox church. Her favorite subjects are calculus and AP Computer Science. She plans to pursue a degree in international business, study abroad, and travel for both personal and business. When looking back on her days at THS she said, "I have learned the importance of forming lifelong friendships. Attending THS has also taught me how beneficial it can be to form connections with people you would never expect to do so."

Stephanie Souza, daughter of Rosiane Ferreira, is a member of the National Honor Society. She is a recipient of the Outstanding Achievement in Computer Science Award, the Massachusetts Foreign Language Association Award for Leadership in Foreign Language Activities, and a three-year recipient of the Academic Excellence Award. Stephanie is a member of DECA and PALS, and volunteers her time at the Tyngsborough Block Party and at her church. Her hobbies include reading, cooking, and spending time with friends. Stephanie's favorite subjects are history and English,

and hopes to become an immigration lawyer. Thinking about her days at THS she said, "I have grown more confident after leading presentations and class debates. I will always keep fond memories of meeting new people and rediscovering my passion for American history."

Congratulations to all four of these students.



25 Bryant Lane, Tyngsborough, MA 978-649-7361 www.tynglib.org

Library Hours: Mon. & Wed. 10:30 a.m. – 8 p.m.

Tues. & Thurs., 9 a.m. – 5 p.m.

Sat., 9 a.m. – 2 p.m., Fri. & Sun. Closed

CLOSED Monday, January 17 Martin Luther King Day

• 100 Greatest Cartoon Characters of All-Time, Monday, January 31, 2022, 6:30pm – 7:30pm

Join Author Marty Gitlin who will show funny cartoon snippets of characters from the past century, play trivia with patrons, discuss the criteria he used to rank the best of the best and speak about their impact on American pop culture. Adults, teens, kids This program is fun for everyone! *Sponsored by the Friends of the Library.*

• Register for TPL programs by calling or emailing (circdesk@tynglib.org) the Library or using links provided on the online calendar for virtual programs.

- **Kids & Teens:** Check TPL's online calendar for Winter events and activities.

Ongoing:

- **Storytime with Ms. Sam! Wednesdays at 10:30 a.m.**
- **Tech Advice by Appointment**, PCs, android tablets & phones, Excel, MS Word, e-books, etc. **Tuesdays, 11:30 a.m.-1:30 p.m. and Wednesdays, 7-8:00 p.m.** Registration required.
- **Check out America's News (NewsBank).** Go to reference>e-Resources & Databases on the TPL website> America's News (NewsBank) - Search current and archived coverage of issues, events, people, government, sports and more with the largest collection of full-text U.S. newspapers. Find analysis, statistics, facts, obituaries, video clips, quotations and much more from over 2,700 U.S. news sources. Ongoing research? Set up an email alert for the latest info. Includes The Sun, The Telegraph & Boston Herald.
- **Board of Library Trustees** Meetings are generally held monthly 3rd Thursday. Check the TPL or Town websites for scheduled meetings.
- **Friends of the Library** – Join in the fun and support your library! Meetings are held 9 Mondays per year at 6:30 p.m. in the Library. See the TPL website for dates.

Like us on **Facebook**, follow us on **Instagram** @ tyngsboroughpubliclibrary and **Twitter** @tyngsboroughlib

We are open! Please call before coming.

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Read the bulletin online at RODMC.org

FREE CURBSIDE TEXTILE PICK UP

The Town of Tyngsborough partnered with HELPSY to offer **free curbside pick-up** of clothing and household textiles to residents. Pickups will happen weekly. **Schedule curbside pick-up at [helpsy.co/tyngsboroughma](https://www.helpsy.co/tyngsboroughma) or 800-244-6350.** Questions? <https://www.helpsy.co/home-pickup-faq> Only clothing and other textiles, should be bagged and left on the curb by 7:00 AM on the day of the scheduled pick up. HELPSY accepts clean, dry, and bagged clothing and fashion accessories (stained, worn, and torn is fine). This includes dresses, shirts, pants, suits, coats, gloves, hats, belts, ties, scarves, wallets, purses, backpacks, totes, shoes, towels, bedding, costumes, curtains, placemats, tablecloths, and throw rugs. For more information about other recycling programs available to Tyngsborough residents, please contact the Board of Health by phone at 978-649-2300 x118 or visit them on the web at <https://www.tyngsboroughma.gov/departments/inspectional-services/health/trash-and-recycling/>



TYNGSBOROUGH GARDEN CLUB

The Tyngsborough Garden Club has been a force for beautification in the community for more than 35 years. For the last seven years, the Club was ably led by co-Presidents Debbie Schneider and Sue Wironen. They worked tirelessly to bring us interesting programs and field trips during that time, and on behalf of the membership and as the incoming president, I want to express our sincere thanks for their efforts and creativity. They will be a tough act to follow.

Our entry in this year's Festival of Trees was called "The Garden of Seedin". The tree was donated by Debbie Schneider, and we festooned it with seed packets of all types for both flowers and vegetables. The gardener who won that tree is definitely all set for next year's gardening season. We closed out the program year on December 14 with a Christmas party at the home of Nancy and Jim Burke. They have the perfect venue for a gathering and it never fails to get us into the spirit of the season. Many thanks to Nancy and Jim for their gracious hospitality.

Although the schedule isn't fully fleshed out, we already have some fun programs lined up for 2022. **On February 1, Garden Club member and floral designer Maureen Beril will lead a workshop using natural materials to create a table item for the home.** We're lining up a Master Gardener and well-known speaker and blogger for our March meeting; and, on April 5, Emmy Waldsmith from Bonsai West in Littleton will present a program on the history, creation and maintenance of bonsai. She plans to bring some plants with her and actually demonstrate some of the techniques. These programs will all take place at the Evangelical Congregational Church Hall at 23 Kendall Rd starting at 7 pm.

New members are always welcome. Come to a program and check us out. Club dues are \$20 and you will get much more than you anticipated. It won't be just about programs. You will find a warm and inviting little community of people and you will make new friends. For more information please email tynggardenclub@yahoo.com Linda Sheldon, President

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THE FOOLISHNESS OF JESUS

You and I are naturally attracted to well-built, stylish, accomplished people who exude an air of command. We are drawn to eloquent messages that dwell on human potential and achievement. We long to become part of elite groups of people that draw the admiring gaze of others.

Surprisingly, Christianity does not cater to any of these inclinations, despite man's repeated attempts to make it fit our molds. Think of the chief architect, Jesus of Nazareth. After he was born, he was not laid in a jewel-encrusted crib, but in an animal trough (Luke 2.7). Although he descended from King David, Jesus was born into a lowly family of construction workers (Matthew 13.55), he came from a backwater town (John 1.46), and there was nothing impressive about his physical presence (Isaiah 53.2).

Additionally, Jesus' gospel (good news) was unsophisticated. He frequently spoke to crowds with confusing parables without publicly explaining them. His cryptic sayings disturbed and repelled his audiences - "eat my flesh and drink my blood!" (John 6). When he did speak clearly, he taught his disciples that lowliness defines the citizens of his heavenly kingdom. "Whoever exalts himself will be humbled, and whoever humbles himself will be exalted" (Matthew 23.12).

With a few notable exceptions, the men Jesus selected to preach this message were not highly-educated, successful men in the worldly sense. They were fishermen and common people, just like their rabbi. When the apostle Paul wrote to the Corinthian church, a group used to elegant traveling rhetoricians, he reminded them of both the nature of the gospel as well as its proclaimers. "For Christ... [sent me] to preach the gospel, and not with words of eloquent wisdom, lest the cross of Christ be emptied of its power. For the word of the cross is folly to those who are perishing, but to us who are being saved it is the power of God" (1 Corinthians 1.17-18). Was all of this foolishness accidental on God's part? On the contrary - "God chose what is low and despised in the world, even things that are not, to bring to nothing things that are, so that no human being might boast in the presence of God" (vss. 27-28). A lowly message will attract a lowly people. "Not many of you were wise according to worldly standards, not many were powerful, not many were of noble birth" (vs. 26).

All of these thoughts fit perfectly into the scope of Bible history. God has always selected leaders who were clearly deficient in some obvious way. God has always issued commands that seemed counter-intuitive to the people who received them. God has always raised up a minority people who were inferior to the strong nations around them. Why? To make it clear where the true power of salvation lies. It does not lie in the intelligence, strength, and glory of mankind. The power of God is in a painful, humiliating Roman cross. Are we content to embrace it ourselves?

WHEN IT'S NOT GOOD TO BE RED

by Sustainable Tyngsborough

How much trash will a household generate in one year? You may be surprised to learn that the average Massachusetts family tosses anywhere from 750 to over 2,250 pounds of trash annually. In 2020, the state-wide average was 1,756 pounds per household. MassDEP creates a color-coded state map. Towns with the lower average tonnage are represented in green, those at the higher end are represented in red and there is a range of colors in between.

Over the past ten years, Tyngsborough has most often been colored red (average of 2,001-2,250 pounds per household per year). You can view these maps at <https://www.mass.gov/doc/maps-how-much-trash-did-we-throw-out-2011-2020>

All this is important because the waste industry is experiencing some major bottlenecks. The cost of trash disposal is increasing dramatically. Massachusetts is running out of capacity for our trash. In an effort to manage these pinch points, the State has set a goal of reducing trash tonnage by 30% over the next ten years. Locally, the Sustainability Committee has set a goal of reducing our trash and recycling total tonnage by 3% each year. In FY22, then, we are striving for no more than 4,712 tons of trash and recycling; so far, for the first four months, we have brought 1,740 tons to the curb. Residents can help meet our goals and get us out of the red by being more mindful about what we discard. Before tossing something into the trash, ask yourself:

Can it be composted? Food waste and other organics make up the largest portion of trash that is easily reduced by composting. Learn more by visiting the town website under "Trash and Recycling."

Can it be recycled? If it's a bottle, jar, jug, or can made of glass, aluminum, tin, or plastic, or if it's paper, cardboard or aluminum, toss it into your recycling rather than your trash. Be sure to rinse out and replace any lid first. Check www.RecycleSmartMA.org with any recycling related questions.

Is it a textile? Clothing, linens, towels and shoes will be picked up curbside by Helpsy (schedule pickup at www.helpsy.com). Your items will either be recycled or put back into circulation to be used again.

Can it be reused? Use the Buy Nothing Facebook group or Beyond the Bin Directory <https://recyclesearch.com/profile/ma> to keep other items in use instead of throwing them out.

Zero Waste Day is another great way to keep things out of the trash. We will be offering our third Zero Waste Day on May 14th! *Sustainable Tyngsborough is a subcommittee of the Board of Selectmen. We meet the third Tuesday of every month, beginning at 6:30pm. You are always welcome to join us and share your sustainability ideas and concerns.*

Like us on Facebook @Sustainable Tyngsboro.



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The Recreation Committee meets at the Old Town Hall, 10 Kendall Road the **first Wednesday of the month at 7pm.** Additional information may be found on our website at TyngsboroughRec.com **Friend us on Facebook. Seeking new members. Currently two open seats. Join us!**

• **Community Service Hours Available for Students**
Do you need community service hours? Contact us, we have opportunities.

• **WINSLOW WONDERLAND DECORATING CONTEST WINNERS!**

Old Town Hall 10 Kendall Road Tyngsborough MA Dec 5-18, 2020 Eight winners were announced on December 19th on our Facebook page in the following categories: -Best Traditional tree / snowman -Most Creative tree / snowman -Best of Show tree / snowman -Most "Tyngsborough" tree / snowman

Each winner was awarded a \$25 gift card plus bragging rights!
2021 Winslow Wonderland RESULTS by FB popular vote (aka - Likes): And the winners are....Trees-
- Most Creative - Little blue trucks Christmas, Danielle Slattery & Family - Most Traditional - Pinsettias & Ribbons- Weirich Family
- Most Tyngsborough- Cow Tree -Times Family & Farm
Snowmen-- Most Creative- Grinch -Katie Silva
- Most Traditional - Grinchmas- Sofia Fernandes
- Most Tyngsborough- Cow Tree -Cherry the Snowman- The Collins Family

• **CONGRATULATIONS to all our winners!!!**
A sincere THANK YOU to all who had participated, and those who created Tyngsborough's Winslow Wonderland.
Have a Healthy and Happy Holiday Season!

• **WINTER SOFTBALL CLINIC** Starts Sunday Feb. 6th
2:30-3:30 at the original Sports Center Progress Ave
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LOADING DOCK GALLERY

122 WESTERN AVENUE - LOWELL, MA

Show: **Hello There! 4th Annual Greater Lowell Regional Art Show**

Show dates: **January 5-30, 2022**

Reception: **Saturday, January 8, 2022, 3-5 PM**

This January, Loading Dock Gallery presents **Hello there! 4th Annual Greater Lowell Regional Art Show**. Working together, students from Chelmsford High School, Groton-Dunstable Regional High School, Innovation Academy Charter School, and Tyngsborough High School present art designed to spark conversation. **Hello there!** celebrates young artists' voices, with work that exemplifies the energy and courage of a rising generation.

Throughout the pandemic, high school students were isolated. Precaution disconnected students from their community. **Hello there!** reintroduces young artists to each other and the world. Created with a focus on hands-on education and collaboration, this show explores the hard-learned truth that contact is a basic human need. We must return to socializing, safely, now. **Hello there!** invites us to engage, compare, communicate. Their art addresses what we feel and how we think, as well as the challenges facing our world.

Hello There! runs from January 5-30, 2022 at the Loading Dock Gallery. Join the artists for a reception Saturday, January 8 from 3-5pm, during Western Avenue Studios Open Studios, January 8, which runs noon-5pm.

Loading Dock Gallery is located at 122 Western Avenue, Lowell, MA. It opens Wednesday through Saturday, noon to 5:30pm, and Sunday noon to 4pm. For more information, call 978-415-9889, or visit www.theloadingdockgallery.com.

Loading Dock Gallery is part of Loading Dock Arts, Inc., a 501c3.

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If you prefer, you can connect with us on Zoom at **9:30AM Sunday mornings for Worship at www.facebook.com/westchelmsfordumc**

If you want to join us via Zoom the service links are being posted each Friday along with the bulletin.

•To contact us for more information email to office@wcumc.us.
•West Chelmsford United Methodist Church is a family oriented church with something for everyone from tiny tots to seniors. We have a vibrant Sunday School program for all ages. the missions ministry will offer you many opportunities to give of yourself. We support lowell Open Pantry, St. Paul's meals, Lowell Transitional Living Center and more. **Many programs are meeting In Person and Via Zoom at this time.**

BEAVER BROOK NATURE CENTER

117 Ridge Road, Hollis, NH

Please go to the website for more information about Beaver Brook. Check out the programs offered. Please read all details about what to bring or wear for weather and for COVID-19 protocol.

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If you are donating CLOTHING we are open to accept those donations Tues-Fri, 9-2:45pm and Sat, 9-12:45pm no appointment necessary. If you are donating HOUSEWARES AND FURNITURE we will continue to schedule those drop offs through our email donategoods@thewishproject.org.

THE WISH PROJECT SUPPLYING THE BASICS

Our goal is to provide our local people in need with basic furniture, home goods and baby goods, while helping the planet by recycling used goods. Only when people have their basic needs met can they move forward and out of the social services system.

• **We accept a range of items including:** Clothing, Childcare Items, Furniture, Beds, Kitchen Items and Household Linen. Current Needs: Often specific needs arise in the community. If you are looking to donate goods, **please reference our Current Needs list.** It is always updating based on the needs of our clients. Go to our website to find more information about what we are in need of and what projects we are working on. **We are also in need of:**

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3t-4t pull ups, 4t-5t pull ups
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THE THRIFT SHOP AT THE WISH is open Tuesday-Friday from 9 to 2:45 and Saturday from 9 to 12:45. We accept cash and Credit card payments. ****Be sure to follow The Wish Project Thrift Shop page on Facebook**** • **About Us:** The mission of The Wish Project is to help families in need in the Merrimack Valley. Find out more on our website www.TheWishProject.org or call us at (866) 947-4360. Our mailing address is: The Wish Project, PO Box 8693, Lowell, MA 01853.



UNITED WAY OF GREATER NASHUA WHAT IS THE NASHUA NOR'EASTER?

From February 5th to the 13th, participants will complete a 5K, 10K, or Half Marathon walk/run course with stops along the way that we're calling the "Nashua Nor'Easter Run/Walk".

Runners can compete for the fastest time or the most points by completing individual exercises, including lunges, burpees, squats, pushups, army crawls, etc. Throughout, runners will learn about the many great nonprofits that make up the community safety net because that's where the stops are!

The money raised will go to the Safety Net Programs, which is supporting a wide range of needs and people. Runners "win" by doing something great for themselves as well as the community at large! Awards, incentives, and raffles are bonuses available to participants too! It will culminate with a Celebration at Boston Billiards Club & Casino on February 17th.

Register at: www.tinyurl.com/nn2022

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• TO WATCH LIVE SERVICES

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• **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: **1.** Log onto the church website <http://www.tyngsborocongregational.org> **2.** Click once on the word "SERMONS" **3.** Sermons listed by date, passage, sermon title. You may click on "Jump to the Current Sermon." To find the most recent.

A SINCERE THANK YOU - At this time we would like to thank the many Thrift Store customers who supported our Salvation Army collection and filled shoe boxes for our Operation Christmas Child collection.

LADIES BIBLE STUDY - Tuesdays 9:30 am to 11:30 am. - We just wrapped up our first session on the book of Esther. We will be continuing our study of the book of Esther on January 4, 2022. A new Bible study class will begin in March of 2022. If you would like to join our study group, you can call our office, and leave your name and number. Someone will return your call.

MEN'S BIBLE STUDY - Mondays 6:30 pm to 8:00 pm We will be finishing up studying the Book of Hebrews and will begin studying the Book of James in January. If you are interested in attending, please call our office and leave your name and number.

CHRISTMAS CRAFT FAIR: THANK YOU! THANK YOU! to all who shopped at our Thrift Shop and attended our Craft Fair. It was a very successful event and we can't wait until next year to do it all over again! Thank you to all our volunteers who made this event possible!

• **YOUTH BIBLE STUDY** - Friday, 6-8PM Follows school year schedule

• *All Executive Boards now meeting.*

THRIFT STORE

Please come visit our newly renovated Thrift Store.

GREAT PRICES! AMAZING SELECTIONS/ITEMS!

HOURS: 10:00am to 3:00pm

OPEN THURSDAYS and SATURDAYS

Masks will not be required for outside sales, *but masks are still required for inside sales.* It is such a tight space inside the building. Check us out on facebook.com Ecct Church for updates.

May the New Year bring you HAPPINESS AND GOOD HEALTH!



46 Coburn Road
Tyngsboro, MA

SHERBURNE NATURE CENTER & TRAILS

Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, observe the birds and notice what has changed since winter has come. Remember to wear your boots or if we have some snow, bring your snowshoes. It's a great place for outdoor exercise and to enjoy nature close to home. *Children under 16 must be accompanied by an adult.*

Please note: The tennis court behind the Sherburne Nature Center is not part of the PUBLIC Nature Center property.



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Neighbor to Neighbor

Published by Anne M. Paquin
Since 1983

64 Hardy St., Dunstable, MA 01827
(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com
www.neighbortoneighbornewsletter.com

Do you have news?

Is your organization hosting any meetings or events, virtual or in person? Do you have a fundraiser or activity coming up in February or March?

The news is placed FREE of charge on a first come first served basis. If you have an event in early March it should be in the upcoming February issue.

If you are thinking about advertising your business, please contact me by email if possible, then I will send you a rate sheet.

Issues are available to read online at www.neighbortoneighbornewsletter.com
On the website you will also find more news and articles posted there.

While Covid is still with us, I suggest that for the upcoming events, you check on the website or Facebook page noted in the articles for updates. Some might change from in person to virtual or Covid protocols might have changed.

Please remember, if I am informed I will do updates on the website www.neighbortoneighbornewsletter.com

News, articles and events are posted on the main pages of the website often. Also the upcoming issues are posted there at the beginning of the month. You can also look through past issues.

The circulation has grown to 6,616 including both Dunstable and Tyngsborough. Things have certainly changed since 1983. But the purpose of Neighbor to Neighbor continues to be the same. To give you some local news, interesting and informative articles and a place to find local businesses to help you in your every day life.

Wishing all of you,
a Healthy & Happy 2022!

Sincerely, Anne

I look forward to hearing from you!

Catie's Closet

Students across our local districts are experiencing a major loss in their educational progress due to last year's school closures and transition to remote learning. They need support to get them back on track.

For students in poverty, school performance has always been more challenging when compared to their more affluent peers. It's critical that they have access to the items they need so they can get to school and participate confidently.

Our students' growing needs, as well as our expansion into new schools and communities, increases our demand for winter coats, hats and gloves, boots, and socks substantially.

How can you help? There are several ways you can help students in need well into 2022. Support Catie's Closet.

- Make a monetary donation to fund the urgent and immediate needs of students. Your \$50 donation will grant two kids unlimited access to Catie's Closet for the rest of the school year.
- Purchase and donate a Market Basket or Target gift card to help teens experiencing homelessness in your community buy the items they desperately need while schools are closed for winter break. You can also make a donation and we will purchase the gift card on your behalf.
- Host a Giving Drive with your company or at your next family gathering.
- Shop our Amazon Wish Lists to purchase and donate new items.
- Clean out your kids' closet to donate their gently-used clothing and drop your donations off at either one of our Distribution Centers.

For more details on clothing and toiletries that are accepted, and to sign up to donate your time, or make a monetary donation, please visit the website www.catiescloset.org

Or make an impact from wherever you are with the new Catie's Closet app. Now available on iOS and Android devices. Make monetary donations to show your financial support. Request a prepaid shipping label to donate gently used items. Shop our Amazon Wish Lists to purchase new items. The Catie's Closet app makes it easy to support local kids in need anytime, anywhere. Download today!



THE HOPE AND HEALING ADULT GRIEF SUPPORT GROUP

LAST SATURDAY OF EACH MONTH-10:30 a.m.-12:00 p.m.
ST. JOHN THE EVANGELIST OLD PARISH HALL
115 MIDDLESEX ROAD, N. CHELMSFORD, MA

WHEN SOMEONE IN YOUR LIFE DIES When someone close to you dies everything changes in your family, in your life, and your dreams. Often this can turn your life upside down. Know you are not alone in your grief and loneliness. The Hope and Healing Adult Grief Support Group meets on the last Saturday of each month.

All are welcome to a safe place to share your story, find comfort, hope and encouragement, as you continue a new path in life.

Registration is not required.

NEWHOUSE WILDLIFE RESCUE

Nonprofit Organization Founded in November 2018

A licensed safe haven for orphaned or injured local wildlife.

It is our goal to rehabilitate these animals so they can be released into the wild. Call 978-413-4085 m.me/NewhouseWildlifeRescue
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**LIRA ~ LEARNING
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UMASS LOWELL**

The 2022 Winter Intersession, given between semesters offers retirees and those semi-retired, a sample of LIRA's almost year-round program and friendly community. The program is planned and much of it provided by the members themselves.

The general public is invited to all Winter Intersession programs. **All classes will be running online using Zoom.**

You will be getting the invites via email before the beginning of the programs. Programs will run on Wednesdays from 10am to noon unless otherwise specified.

Check our Winter Class Schedule on our website.

www.uml.edu/community/lira/

KITTY ANGELS

is a no-kill shelter dedicated to rescuing stray and abandoned cats, furnishing them with treatment for injuries or other health problems, and placing them into life-long, loving, indoor homes with compatible owners.

We take all necessary steps to ensure the well being of our cats, including emergency and routine medical care, screening for infectious diseases, spaying and neutering, microchipping and providing rabies, distemper and other necessary medical care. we take in, and place or foster, hundreds of cats each year and deal with many feral cat populations.

Kitty Angels is an all-volunteer organization.

We have no paid staff - every cent of every donation goes to caring for needy cats! Because the cost of caring for our cats greatly exceeds our adoption fees, we depend on the generosity of individuals and businesses to make up the difference.

Please consider making a tax-deductible donation today in ANY amount to help us carry on with our mission to help the neediest at-risk cats. You can do so by clicking on the "DONATE" button on our Facebook page; mailing a check to Kitty Angels, P.O. Box 638 Tyngsboro, MA 01879; or using the PayPal link on our website:

www.kittyangels.org

Help Kitty Angels

You can donate Gift Cards, Cat Food, Medical Supplies, Cleaning Supplies, Towels.

If you have small antiques, collectibles or other items to donate please contact Gail Mosher at gailmosher@gmail.com or leave a message with us. 100% of the proceeds will go to Kitty Angels.

For other ways you may help, please visit the How to Help page on our website at www.kittangels.org/howtohelp.html

Kitty angels, Inc. is an all-volunteer, 501(c)3 non-profit organization. Your donation is fully tax-deductible.

**CLOTHING SHED AT
DUNSTABLE CHURCH**



The clothing donation shed at the Dunstable Evangelical Congregational Church, **518 Main St, Dunstable MA**, is open to the public.

St. Pauly Textile Inc., the company that has provided the shed, partners with a network of businesses and various organizations to distribute donated items both here in the U.S. and worldwide, where they're ultimately re-worn by people who need them. The Dunstable Church additionally has the option to use donations to serve community needs. In 2019, the company was able to help keep over 20 million articles of clothing out of landfills, which clothed an estimated 2.5 million people worldwide. The company was founded in 1996 and is an A+ rated member of the Better Business Bureau.

Accepted items: clothing, shoes, belts, purses, blankets, sheets, curtains, pillowcases, and stuffed animals.

PLEASE tie your bags, and do not leave bags outside the box.

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LIONS CLUB**



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need.

Officers for the 2019-2020 Lions Year

President: Mark Alexander, 1st Vice President/Membership Chair: Joseph Ward, Treasurer: Bob Reich, Secretary: Laura Ward, Tail Twister: Meghan DeMonico.

Anyone interested in joining the lions is asked to contact Joseph Ward at 978-930-1153. We will let you know where, and when meetings will take place.

YOU CAN HELP BY DONATING THE FOLLOWING:

- **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.
- **Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- **Can tabs** please place into bags before putting in the boxes.

Lion's collection boxes for eyeglasses and hearing aids and can tabs are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Multi-Service Center at 180 Lakeview Ave, Dunstable Town Hall, Post Office and Library. **Pennies for Sight:** "Your change- changes people's lives" See a Lion cannister around please consider donating. Every Penny Counts!

**OPEN HOUSE
AT SAINT JEANNE D'ARC SCHOOL**

Ste Jeanne d'Arc School will be hosting an **Open House during Catholic Schools week on Sunday, January 31st from 11:30-1:00pm.**

Ste Jeanne d'Arc School is a PK3 through grade 8 Catholic Elementary School located at 68 Dracut Street, Lowell, Massachusetts. Come and see why Ste Jeanne d'Arc School is consistently recognized as a school of excellence.

Visit on line at www.sjdar.org or call 978-453-4114 for more information.

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DUNSTABLE HISTORICAL
SOCIETY**



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town line near Route 3

Thank you for your support this past year. We appreciate every single way you have helped to aid in our mission to celebrate our past and preserve it for the future.

We hope you have enjoyed the programs we presented this year and encourage you to suggest new ones for 2022.

Thank you to those who have renewed their membership and made donations so far this year! We appreciate your kind support.

**If you would like to become a member,
Membership forms and more info is available at
www.tdhistoricalsociety.org**

Email address: tyngsboroughdunstablehs@gmail.com
For more information, please contact Lynda Justice
at 978 587-8423 or lyndajustice@verizon.net

HAPPY NEW YEAR!

4 WAYS TO UPDATE WITHOUT RENOVATING

Sponsored by Carrie Best Cyr

Renovation projects can be time-consuming and expensive. Fortunately, they're not your only option if you're looking to change up the look or feel of your house. Even a few small changes can make a big impact — as long as you pick the right ones. **Do you want to update your house without overspending or committing to weeks or months of construction hassle? Then try one of these four simple projects:**

- **Create More Space** Want more space but can't afford a full-on addition? Try to enlarge your rooms organically. Add more lights and mirrors, paint the walls a brighter color, or rearrange the furniture to make better use of the space.
- **Try a Backsplash** You don't need new counters or cabinets to make a big impact in the kitchen. Sometimes just adding a new backsplash — even the stick-on tile kind — can be a great way to transform a room. It even works in the bathroom, too.
- **Add an Accent Wall** Full paint jobs can be expensive, especially if you call in a pro. Can't afford it? Consider an accent wall instead. You could even use a fun, patterned wallpaper for an extra pop.
- **Reimagine Your Pantry** Adding more storage space in the kitchen is always a valuable improvement. And you don't necessarily need to knock out a wall or add more cabinets. Instead, add more shelves, install pot organizers, or add pull-out trays to make grabbing back-of-the-cabinet items easier.



DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827

www.Dunstablechurch.org

978-649-6251

Pastor Bobby Ross pastorbobby@dunstablechurch.org

DECC is a caring community of faith where we are all on a journey together finding hope, purpose, connection, and wholeness as followers of Jesus. Wherever you are in this walk of life, we invite you to join us.

- **Sunday Morning worship service begins at 10:30 AM.** Masks are optional. Social distancing is according to your comfort level. You may also continue to worship online via our facebook live stream.
- **Adult Bible Study.** There will be no Adult Bible Study for the month of January. Check the website for updates.
- **Sunday School/Nursery.** Nursery/Sunday School classes have begun during our 10:30 AM worship service. Care is provided for infants through preschool
- **Tuesday evening Community Group.** With a goal of strengthening community among us, a gathering is held from 7:00-8:30 PM three times monthly on Zoom and once a month in person for dinner in local homes. All are invited. We use a variety of ways to share and grow in faith. Join us at the Zoom link on our website at 7:00 PM on Tuesdays to check it out with no commitment required.

May the New Year bring you blessings of joy, peace, and good health throughout the year.

Come visit your community church. **Streaming is still available on our website, www.dunstablechurch.org.**

May the Lord walk between us while we are absent,
one from another.

Read Dunstable and Tyngsborough issues, and other articles online at www.neighbortoneighbornewsletter.com

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DOWNLOAD YOUR FREE BOOK "LIVING WITH OUR WILD NEIGHBORS"

The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z. Since we have so many animals that we share our yards with, I thought it might be helpful. <https://www.animalsheltering.org/page/wild-neighbors-book>

AMERICAN LEGION POST 247 INC.

90 PAWTUCKET BLVD. TYNGSBOROUGH, MA

Much renovating, sanitizing, and improvements have been made. We look forward to seeing you. CDC protocols for Covid-19 followed. **Hours are Tues, Wed, Thurs & Sunday 12pm to 8pm and Friday and Saturday 12pm to 11pm. Closed Monday.** Stop in we'd love to see you. Please be well. *If you are interest in joining, or want more info about what is happening at the Post, please get in touch with the person noted for each organization or call the Post at 978-649-7540.*



ROBERT D. PELLETIER

AMERICAN LEGION POST #247, INC.

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Elected Post 247 Officers serving for 2019-2021 Commander: Matt DeLucia; Sr. Vice Commander: David Simpson; Jr. Vice Commander. Executive Board: Joe Conlin, Ray Hamelin and John Burke. Bartenders Matt, Linda, Judi, Michelle and Pat.



AMERICAN LEGION
AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Auxiliary Unit 247 Officers for 2019-2021:

President: Linda Small; Sr. Vice: Ann Thellen; Jr. Vice: Joyce Ferreira; Secretary: Pat Modrich; Treasurer: Diane Dileo; Sgt-At-Arms: Deb St. Peters. Trustees: Michelle Lambert, Kathleen Oljey and Josephine Beauregard.

For information on the Auxiliary Unit contact Unit President Linda Small.

AMVETS POST #247 ROBERT D. PELLETIER



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St. Mary: Wed. 4:30-5:30pm & Sat. 11am -12 noon

• WEEKEND MASS SCHEDULE

St. Mary: 4pm on Saturday, 7am and 11am on Sunday
St. John: 4pm on Saturday, 9:30am and 6pm on Sunday
Also 12pm African Liturgy (2nd, 3rd and 4th Sundays)
St. Margaret of Scotland: 4pm on Saturday and 7:30 and 10am on Sunday

• DAILY MASS SCHEDULE Monday thru Friday

St. Mary at 7am • St. Margaret of Scotland 8am • St. John at 9am

INDIAN HILL MUSIC

January, 2022 Concerts and Events All events are held at Indian Hill Music, unless otherwise noted. Tickets sold online, in advance, at www.indianhillmusic.org. COVID-19 protocols are in place for all concerts and events. Visit <https://indianhillmusic.org/concert-protocols/> for detailed COVID-19 safety requirements.

ORCHESTRA OF INDIAN HILL

Four By Two Bruce Hangen, Artistic Director & Conductor

Saturday, January 22 | 7:30pm

Littleton HA Performing Arts Center, 56 King Street, Littleton, MA

BEETHOVEN Symphony No. 4 in B-flat Major, Op. 60

BRAHMS Symphony No. 4 in E Minor, Op. 98

Welcome 2022 with two of the greatest hits by two iconic composers, Beethoven and Brahms! Each composer's Symphony No. 4 will have its turn in a program Maestro Hangen describes as "great for everyone's heart and soul." **Tickets: \$20, \$25, \$50** (Advance online sales only) | Free for Indian Hill Music students

TAKE A FREE LESSON!

Free Lesson Day **Saturday, January 29 | 10am - 4pm**

Indian Hill Music, 36 King Street, Littleton, MA

Explore lessons with a free 30-minute private instrument or voice lesson for ages five to adult! Registration opens January 2. Watch the website for details: www.indianhillmusic.org. **Sponsored by**

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STITCHERS AT TYNGSBOROUGH SENIOR CENTER

Masked, distancing, and still stitching, the group is in full swing getting knitwear ready for the cold months. The Stitchers **meet every Monday at 10:00AM** in the Arts & Crafts Room at the Tyngsboro Senior Center, Westford Rd., Tyngsborough.

Thank you to Linda Tibeautot for her knitwear donations.

After many months of stitching, our Senior Instructor, Yolanda Carmona, has completed a full size afghan which will be raffled off. Raffle tickets will be sold at all the major events at the center. Please call Coordinator, **Jean Jacoppi, (978-649-9076)** for information or just join us.

BONE BUILDERS

Did you just have a Bone Density Test that was not favorable? Maybe Osteopenia? Or worse, Osteoporosis? Tufts University Research on Aging is the model used in the **Bone Builders Class at the Tyngsboro Senior Center, 169 Westford Rd.** The gentle exercises, using weights of various sizes, build bones and help with balance. Men as well as women benefit from this class. **For additional information, please call Jean Jacoppi, 978-649-9076.**

THE FRIENDS OF THE TYNGSBORO ELDERLY, INC.

The Friends of the Tyngsboro Elderly, Inc, (originally Friends of the Council on Aging, established in 1984), is a 501 C3 Non Profit Organization whose purpose is to help fund the needs, activities, and programs for the seniors at the senior center. The Board meets once a month to plan activities that will bring seniors together. Recent gatherings include the Meet & Greet Luncheon in the summer, and the Fall Festival Luncheon in September.

Plans are underway for future gatherings which will include 50/50 Raffle, Silent Auction, and Raffle Baskets as well as a lunch. Board Members include: Joe Jacoppi: President, Carol Sides: Treasurer, Elaine Rivard: Clerk, and Board Members: Lee Poirier, Elaine Franks, Joanne Jean, and Mary Basiliere.

Membership is well over one hundred seniors from the senior center. Become a member and support the efforts of this non-profit organization. **Please call Elaine Rivard 978-649-7689 for a Membership Form. Wishing you a happy and healthy New Year!**

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Neighbor to Neighbor.

They would like to know. Thank you, Anne

JAMES JACOPPI MEMORIAL SCHOLARSHIP FOUNDATION

This is the 20 year anniversary of the passing of our beloved James. With the help from all of you, our raffle awarded over \$10,600 in scholarships to aid in the continuing education of graduating high school students last year. We have awarded over \$150,600 over the years. We feel blessed to have the ability to remember Jim in such an extraordinary way. We are extremely grateful for your continued support.

This year will be our **10th annual raffle** (Commonwealth of MA #36). Our Fundraiser will be a **Calendar Raffle with daily cash prizes** for the month of April. Mondays through Saturdays, \$50 will be awarded daily. Sundays, a prize of \$125 will be awarded and the grand prize of \$700 will be awarded on April 30th. 30 Cash prizes with a total value of \$2,450.

The **cost of the ticket is \$25 for 1 daily entry or \$35 for 2 daily entries.** If you wish to purchase entries, **please call or text Cara Jacoppi at (603)714-0135. All entries must be received by Thursday, March 31st.** We appreciate and thank you for any donation you can provide to the foundation. For any other information you may need including access to scholarship applications please visit our website www.jamesjacoppischolarshipfund.com or our **Facebook page.**

*Thank you all for your continued support. Sincerely,
The Jacoppi Family*

TYNGSBOROUGH-DUNSTABLE

Rotary  Rotary Motto *Service Above Self*

Rotary is a global network Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs. Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

If you are interested in membership, please call or text Ron Keohane at (508)517-3895 or Brian Day-Lewis at (978)399-4952. Want to join a meeting? **We meet at Dream Diner in Tyngsboro on 1st and last Thursday of the month at 8:00 am. Second and third Thursday of the month, we meet at 12:00 at Dream Diner.**

Local Rotary Events

- Fishing Day for Individuals with Disabilities of all Ages – Tyngsboro Sportsmen Club
- Senior meals for the Tyngsboro and Dunstable Councils on Aging
- Funded SafetyNet program for individuals with cognitive impairment
- Many other local service events

RISE ~ RIVIER INSTITUTE FOR SENIOR EDUCATION

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Memorial Hall, Room 126

Spring 2022 semester dates: Monday, March 7 to Friday, April 8
Spring 2022 membership fee is \$75 for unlimited classes, offered both online via Zoom and on campus!

You can join at any time, the membership fee is paid twice per year, once for each semester, fall and spring.

Registration Period: Friday, January 28 – Monday, February 14

For any questions, please contact the RISE office at

rise@rivier.edu or call us at (603) 897-8623.

www.rise-rivier.wildapricot.org