

# Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com)

[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)

Celebrating 38 Years of Service

Issue # 399 • December 2021

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## TYNGSBOROUGH TOWN CLERK NEWS

• 2021 Dog Licenses are available at the Town Clerk's office or by mail. The license is now late and payment must include a \$25.00 late fee. Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. If renewing by mail, please enclose a stamped envelope for the license.

**Please contact the office at 978-649-2300 extension 129 or email to [jshifres@tyngsboroughma.gov](mailto:jshifres@tyngsboroughma.gov) with any questions.**

## ADOPT-A-FAMILY

*Tyngsborough Public Schools ~ School Committee*

It is that time of year again, and the Tyngsborough Public School's sponsored *Adopt-A-Family* program is beginning its annual efforts as we approach the 2021 holiday season.

The *Adopt-A-Family* program has been in existence for over forty-five years and provides assistance to needy families within our community during the holidays. The continued goal of the program is to assist those in need within our community by providing a meal, as well as gifts for children and teens who might otherwise go without. Last year this *Adopt-A-Family* program was able to assist over 100+ needy families and elderly with help from students in our schools, private citizens and a few community businesses. This year will be no different, times continue to be difficult for a growing number of families.

In order to continue to provide assistance, we are reaching out to community members and businesses in the greater community for support. At this time the program is in need of the following:

Family and children sponsors, please email our Family Liaison Melissa Mallous at

[Melissa.Mallous@tyngsboroughps.org](mailto:Melissa.Mallous@tyngsboroughps.org)

Gift cards to local businesses (Walmart, Target, Market Basket, Old Navy, etc.)

Monetary donations (checks made out to Tyngsborough High School, memo: Adopt A Family Program) can be sent to Tyngsborough Public Schools, 50 Norris Road, Tyngsborough, MA 01879, ATTN: Sharon Fairbanks

If you are interested and able to make a donation, sponsoring a child/family yourself, or as a group, or offering support in another way, please contact one of the *Adopt-A-Family* committee members listed below. We look forward to establishing new partnerships within our community. Your contribution, along with the combined efforts and generosity of many, will ensure another successful season of giving for our neighbors in need.

Warm regards, **Sarah Lewenczuk**, 978-649-8914, Adopt-A-Family Secretary & Treasurer, [Sarah.lewenczuk@tyngsboroughps.org](mailto:Sarah.lewenczuk@tyngsboroughps.org).  
**Sharon Fairbanks**, 978-649-7488, Adopt-A-Family Community Liaison, [Sharon.fairbanks@tyngsboroughps.org](mailto:Sharon.fairbanks@tyngsboroughps.org).  
**Melissa Mallous**, 978-649-3115, Family Liaison, [Melissa.Mallous@tyngsboroughps.org](mailto:Melissa.Mallous@tyngsboroughps.org)

## IN MEMORY OF

Elisabeth B. (Riel) Senesse

Harry L. Stamas

Christopher La-Mar Ferguson

John Strouse

Marie C. (Peloquin) Wagner

Armando DaSilva Paladini

James Roberts Sr.

Ryan Graham

Thomas J. O'Donnell Jr.

Karl Johan Hildebrand

Gary Lee Belt Jr.

Kathleen C. Moore Lauricella

Joseph John Agrusso

Patricia A. (Zonoj) Bellefeuille

June H. Seamans

Ralph Wise

Elizabeth (MacKenzie) Green-Collins

Jane T. (Ziminski) Griesel-Lemoine

## TYNGSBOROUGH BOARD OF HEALTH CHRISTMAS TREE DROPOFF

Christmas trees may be dropped off at the Highway Department on Kendall Road or at 180 Lakeview Avenue (old senior center) parking lot **during the month of January**. Please make sure that all decorations and all hooks are removed before you drop your tree off.



## SIGN UP FOR

### ***Tyngsborough News Updates & Emergency Alerts***

Subscribe to Town news updates by providing your email address. Updates may include: COVID-19 Alerts, Town News, Town Calendar Events, All Meeting Minutes, and more! You can unsubscribe at any time and your email address will not be shared with anyone.

No longer using a landline? Add your cellphone number to continue to receive emergency communication from the Town. Once you've signed up for Smart911, first responders will be aware of important information you have provided that will locate and help you in an emergency.

To sign up, please visit [www.tyngsboroughma.gov](http://www.tyngsboroughma.gov)

## TYNGSBOROUGH TOWN HALL HOURS

*The Board has extended the hours to January 31, 2022 to allow more time to solicit public comment and feedback.*

Monday & Tuesday: 8:30AM to 4:30PM

Wednesday: 8:30AM to 7:00PM

Thursday: 8:30AM to 4:00PM

Friday: Closed (until a new or permanent arrangement is determined.)

Please visit for updates [www.tyngsboroughma.gov](http://www.tyngsboroughma.gov)



*I wish you a  
Merry Christmas &  
a Happy New Year!*

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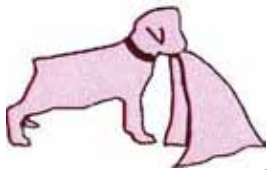
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## FREE CURBSIDE TEXTILE PICK UP

The Town of Tyngsborough partnered with HELPSY to offer **free curbside pick-up** of clothing and household textiles to residents. Pickups will happen weekly. **Schedule curbside pick-up at [helpsy.co/tyngsboroughma](https://www.helpsy.co/tyngsboroughma) or 800-244-6350. Questions? <https://www.helpsy.co/home-pickup-faq>**

Only clothing and other textiles, should be bagged and left on the curb by 7:00 AM on the day of the scheduled pick up. HELPSY accepts clean, dry, and bagged clothing and fashion accessories (stained, worn, and torn is fine). This includes dresses, shirts, pants, suits, coats, gloves, hats, belts, ties, scarves, wallets, purses, backpacks, totes, shoes, towels, bedding, costumes, curtains, placemats, tablecloths, and throw rugs. For more information about other recycling programs available to Tyngsborough residents, please contact the Board of Health by phone at 978-649-2300 x118 or visit them on the web at <https://www.tyngsboroughma.gov/departments/inspectional-services/health/trash-and-recycling/>

## SUSTAINABLE TYNGSBOROUGH

### Holiday Spirit

### \*\* RECYCLE YOUR UNWANTED STRING LIGHTS AT TOWN HALL

*We are once again collecting holiday string lights for recycling. Look for the bin outside the town hall entrance \*\**

As you plan your holidays, we encourage you to take a fresh look at your traditions, looking for ways you can incorporate a few more sustainable practices. **Maybe these statistics from The Center for Biological Diversity will give you some motivation:**

- According to a national survey, more than 3 in 4 Americans wish that holidays were less materialistic.
  - Nearly 9 in 10 believe holidays should be more about family and caring for others, not giving and receiving gifts.
  - A 2021 analysis conducted by the Center for Biological Diversity shows that Americans generate 23% more tons of waste in December than in other months of the year.
  - Each person generates 36 more pounds of waste in December than in other months of the year. That's the equivalent of throwing away 58 teddy bears.
  - The United States creates 5.8 million tons more waste in December than in other months of the year. That's equivalent to 28,713 Boeing 747 airplanes.
  - Americans use around 8,000 tons of wrapping paper each year during the winter holidays, equal to roughly 50,000 trees.
  - More than 2.65 billion holiday cards are sold each year equal to around 8 cards per person in the United States. Cutting this down by just one card would save over 50,000 cubic yards worth of paper.
  - 66% of holiday shoppers will pay more for sustainable products, with younger generations leading the way.
- Simplifying the holidays doesn't mean you have to stop giving or receiving gifts. It's about seeking meaningful alternatives that don't harm the planet. Often, these alternatives are more memorable, unique and economical than mass-produced items. If you visit the Center's website at [www.simplifytheholidays.org](http://www.simplifytheholidays.org) you can find all sorts of ideas for making your holidays more sustainable and maybe even more meaningful.

*Sustainable Tyngsborough is a subcommittee of the Board of Selectmen. We meet the third Tuesday of every month, beginning at 6:30pm. You are always welcome to join us and share your sustainability ideas and concerns. Like us on Facebook @Sustainable Tyngsborough.*

## Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

E-mail: [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com)

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Total circulation is now 6,616 which includes Dunstable and Tyngsborough, MA.

## TYNGSBOROUGH BOARD OF HEALTH

**MassDEP is offering free PFAS water testing** to 84 towns in Massachusetts. Tyngsborough is one of those towns. PFAS have been linked to adverse health effects.

Private well owners can apply for Free PFAS testing of your private well at [dwp-pfas.madwpdep.org](http://dwp-pfas.madwpdep.org). This is a limited time offer for selected towns.

### CLOSED LID POLICY FOR TRASH CARTS

Reminder, Tyngsborough has a closed lid policy for trash carts and “trash will not be collected if the lid is not completely closed.” This is stated in our contract with Republic Services and is now being enforced more consistently.

Residents with extra trash have three options, depending on how often they find themselves in this situation: put excess trash in a bag and save it for the next week’s collection, use an extra trash sticker, or lease an additional trash cart.

**If too much trash happens for the first time** and you are not prepared, you could put your excess trash in a bag and hold it for the next week’s collection.

**If too much trash happens only once in a while**, we recommend that you purchase “extra trash” stickers from the Board of Health (\$5 per sticker). You then would put a sticker on your own trash bag and place it next to your trash cart on collection day. You might want to purchase a few now, even before you have extra trash, especially with the holidays around the corner. Stickers may be obtained by visiting the Board of Health office during Town Hall hours, or online (see “Board of Health” page at [www.tyngsboroughma.gov](http://www.tyngsboroughma.gov)), or by sending in a check with a self-addressed stamped envelope to the Board of Health, 25 Bryants Lane, Tyngsborough, MA 01879.

**If you find your household frequently has more trash than will fit into the cart** with the lid closed, you might want to consider leasing an additional cart. The cost is \$200 per year. Please call the Board of Health (978-649-2300 x118) if you are interested in this option.

## TYNGSBOROUGH VETERAN’S AGENT

Do you know a neighbor or friend who may be a Veteran, Veteran widower, widow or dependents of a Veteran, that may be eligible for financial assistance from my office. I may be able to help them with basic living expenses, rent or mortgage heating cost, prescriptions, hearing aids, monthly healthcare premiums and hospital/doctor bills not covered by your Medicare or other insurance. Even if the applicant lives with their son, daughter or other family member or friend they may still qualify.

The Veteran’s Office is a confidential office where your identity is completely confidential. Call or to schedule an appointment. If I cannot personally assist you I will direct you to the resources available to you.

*Sincerely, Christopher W. Dery, Tyngsborough Veteran’s Agent,  
25 Bryants Lane, Tyngsborough MA, 01879*

978-649-2300 X131 [veteransagent@tyngsboroughma.gov](mailto:veteransagent@tyngsboroughma.gov)

## ST MARY MAGDALEN PARISH

95 Lakeview Ave., Tyngsboro, MA 978-957-0322

Email: [saintmarymagdalen@verizon.net](mailto:saintmarymagdalen@verizon.net)

Mass times: Saturday 4pm. Sunday 7:30 & 9:30am

• Join us on Facebook! Search “Saint Mary Magdalen Parish Tyngsboro” & like our page. Daily meditation.

Read the bulletin online at [RODMC.org](http://RODMC.org)

## SOMETHING FOR ROVER & KITTY PROJECT

Are you a Tyngsboro resident, family, senior or veteran in need of assistance supplying food for your dog or cat? Or perhaps you are a resident who is willing to purchase new pet food or donate pet food you have that didn’t work out for your dog or cat. Either way, I’d love to connect with you! Pets are so vital to our health and happiness. Please consider contacting me, Heidi at 978-846-2254 or [hrwhitehair@gmail.com](mailto:hrwhitehair@gmail.com) if you have questions or donations. All client information is kept confidential.



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🌸🌸 TYNGSBORO GARDEN CLUB 🌸🌸

Happy Holidays from the Tyngsboro Garden Club! We hope that you will enjoy our live evergreen arrangements placed at various venues around town such as the police station, library, town hall, the senior center, the Sherburne House, and the Evangelical Church. We also submitted a tree for the Festival of Trees, so we hope the winner will enjoy it!

We will be having our holiday party this month and will continue our meetings next year starting in February again. Our new president, Linda Sheldon, will take over in 2022, so thank you Linda! For more information find us on Facebook at Tyngsborough Garden Club We should be posting our new programs for the spring in January. Stay safe!

🌸🌸 Making Tyngsboro beautiful with flowers 🌸🌸

**NEW FREE MENTAL HEALTH SERVICES**

**REFERRAL HELPLINE FOR TYNGSBOROUGH RESIDENTS**

Tyngsborough Public Schools in partnership with the Tyngsborough community, is pleased to announce Project INTERFACE Community Resource & Referral HELPLINE available now (1-888-244-6843). The William James INTERFACE Referral Service is a mental health resource and referral Helpline available Monday through Friday from 9am to 5pm. This is available to residents and/or public school students in subscribing communities across Massachusetts to access outpatient mental health services. What makes INTERFACE unique is that they do not provide merely a list of providers, but rather matched referrals to mental health professionals and practices who best meet the caller's needs, insurance or fee requirement, specialty request, location and availability. The Helpline is staffed by mental health professionals, as well as graduate level students from William James College. For more information visit <https://interface.williamjames.edu>



25 Bryant Lane, Tyngsborough, MA 978-649-7361 [www.tynglib.org](http://www.tynglib.org)

**Library Hours:** Mon. & Wed. 10:30 a.m. – 8 p.m.  
Tues. & Thurs., 9 a.m. – 5 p.m.  
Sat., 9 a.m. – 2 p.m., Fri. & Sun. Closed

**CLOSED Saturday, December 25 Christmas Day**

**Saturday, January 1 New Year's Day**

**The Library Staff, Trustees and Friends of the Library would like to wish all of our patrons a very Happy Holiday Season!**

**Cooking with Chocolate via Zoom, Monday, December 13, 7-8:00 p.m** Chocolate is not just dessert; it's everything you need! Join Chef Liz Barbour of The Creative Feast for this delicious class. Enjoy a cooking demonstration of two delicious chocolate dessert recipes you will love. *Funded by the Friends of the Library.*  
**Register for TPL programs by calling or emailing ([cirdesk@tynglib.org](mailto:circdesk@tynglib.org)) the Library or using links provided on the online calendar for virtual programs.**

- **Kids & Teens – Check TPL's online calendar for Fall and Winter events and activities.**
- Ongoing: Indoors again!**
- **Storytime with Ms. Sam! Wednesdays at 10:30 a.m.**
- **Check out Peterson Career Prep.** Go to reference>e-Resources & Databases on the TPL website> Peterson's Career Prep - Discover which careers suit you best, research potential career options and explore the requirements and outlooks for the occupations you're interested in. Create an effective resume using the intuitive resume builder tool.
- **Board of Library Trustees** Meetings are generally held monthly 3<sup>rd</sup> Thursday. Check the TPL or Town websites for scheduled meetings.
- **Friends of the Library –** Join in the fun and support your library! Meetings are held 9 Mondays per year at 6:30 p.m. in the Library. See the TPL website for dates.  
Like us on **Facebook**, follow us on **Instagram @ tyngsboroughpubliclibrary** and **Twitter @tyngsboroughlib**

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## TYNGSBOROUGH COUNCIL ON AGING



169 Westford Rd, Tyngsborough, MA

978-649-9211

Mailing Address: 25 Bryants Lane, Tyngsborough, MA 01879

Email: Broche@tyngsboroughma.gov

Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3.

**NOW OPEN to the public. must wear a mask.**

- **CENTER CLOSED** Friday, December 31<sup>st</sup> New Year 2022 and Monday, January 17<sup>th</sup>, Martin Luther King Day.
- **DONATIONS / VOLUNTEERS NEEDED:** COFFEE (ground and k-cups), 12oz., and 8oz. Cups. Paper Plates Small and Large. Plastic Spoons, Forks, Knives, Napkins. **BACKUP GREETER at Front Desk as well as BINGO CALLER for Tuesday afternoons, 12:30-2:30.**
- **WELLNESS CLINIC** Tyngsborough Council on Aging 169 Westford Rd 978-649-9211 **Wednesday, December 8th, 10:00-1:00** Outreach worker Charlene Muscato R.N will be doing blood pressure readings, weight checks and medication reviews. **Sign up sheet at the front desk.** First come, first served.
- **CHRISTMAS TREE SHOP** Monday, December 13<sup>th</sup>, 10:30-12:30 Last chance to get those Christmas Presents for your loved ones. Bus is available. Call 2 days in advance 978-649-9211.
- **BOOK CLUB (Monthly)** Wednesday, December 15<sup>th</sup>, 10:00. Instructor Carol Sides. It will be scheduled every 3rd Wednesday of each month, the group will get together to discuss the book of the month. We have openings to join the group.
- **CHRISTMAS CELEBRATION** Friday, December 17<sup>th</sup> 11:00 a.m.-1:30p.m Cost \$5.00 Kathy Rodger—Sing a long Sponsored by the Tyngsboro COA **Seats cannot be reserved over the phone**
- **HOLIDAY OPEN HOUSE** Wednesday, December 22<sup>th</sup>, at 10:00AM The Staff of the Tyngsborough Council on Aging will be providing coffee and holiday pastry for all seniors. If you know of anyone who would like to get out and listen to some holiday music and mingle, pick them up, bring them along, and come and sing some holiday songs.
- **NEW YEAR'S EVE PARTY** Wednesday, December 29<sup>th</sup>, 10:30-12:00 Come join us for a special gathering. Bring your favorite appetizer to share. We will have a toast with sparkling soda!
- **MUSCLE CONDITIONING** Every Monday at 11:00 Muscle Conditioning will allow you to increase muscle strength, power and speed and helps you to change your appearance by creating fat loss, which ultimately changes the appearance of your muscles. It is also very easy to design a routine that focuses on your particular conditioning goals.
- **CARD MAKING WITH Rep. COLLEEN GARRY** 1<sup>st</sup> of each Month at 10:30AM Rep. Colleen Garry will be here to teach card making. kits are available for purchase. Donations are accepted.
- **BONE BUILDERS – FREE Mondays and Wednesdays at 9:00** Bone Builders is a free class and requires a doctor's note to participate. Specific exercises for those with Osteoporosis. Hand and leg weights are available. Questions? Jean Jacoppi (978-649-9076)
- The Friends of The Elderly, Inc. is a 501.C.3 Non-Profit Organization. For more information or membership forms please contact; Elaine Rivard (987-649-7689).
- **BONE STRENGTH...** Free Doctor's note **NOT** required. Wednesdays 10:00 / Fridays 9:00
- **SNOW CANCELLATION** NO SCHOOL-NO SENIOR BUS, SCHOOL DELAY-BUS DELAY, bus starts at 10:00, TOWN HALL CLOSED-SENIOR CENTER CLOSED. When in doubt just call and see if we're open. Cancellations will be announced on WCAP Radio 98.5 & TV News on 4, 5, 7. **STAY SAFE!**

• COA Board Meeting December 21<sup>st</sup>

Continued on next page.

**THE DEADLINE IS DECEMBER 10TH FOR THE JANUARY ISSUE.**

If you want to submit news for an organization or info about an upcoming event, please email the information to me. If you have a business and you would like to know more about advertising, please call 978-419-1914 or email me at [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com) I will get back to you as soon as possible.

*Thank you, Anne*

**TYNGSBOROUGH COUNCIL ON AGING**



**169 Westford Rd, Tyngsborough, MA 978-649-9211**

**Mailing Address:** 25 Bryants Lane, Tyngsborough, MA 01879  
Email: [Broche@tyngsboroughma.gov](mailto:Broche@tyngsboroughma.gov)

*Hours of Operation* are Monday thru Friday 8-4. Bus 8:15-3.

• **FOOD PROGRAM**— offers a FREE bag of groceries on the 4th Tuesday of each month. Each bag contains a variety of basic healthy foods: soup to cereal, meat to veggies, there may be a treat or two.. To see if you qualify call **Laura Marsan (978-946-1303)**, Applications are also available at the Senior Center stop by or call 978-649-9211.

• **SNAP** (Supplemental Nutrition Assistance Program) benefits may be available to you. To get help applying, please contact the senior center and our outreach worker Charlene can help you fill out the application. Call 978-649-9211 for appointment.

• **HOME DELIVERED NUTRITION MEALS** (Meals on Wheels Program) Tyngsborough residents 60+ can call the **Elder Services of the Merrimack Valley 1-800-892-0890 to see if you qualify and if you have questions.** The Tyngsborough Council on Aging distributes meals from our facility on behalf of ESMV. We deliver to homebound and clients who are on homecare short term.

• **Outreach Worker Call for an appointment 978-649-9211**The Outreach program provides information and referrals to seniors and their families about programs and services provided by the Council on Aging and other agencies in the elder network. Charlene Muscato works collaboratively with many agencies serving seniors, including home care, legal assistance, protective services, housing and visiting nurses.

• **Need Help Paying Your Heating Bills? Help is available!** The Fuel Assistance Program run by Community Team Work, helps income-eligible households pay part of their winter heating bills and a small % of your electric bill. If your gross household income falls within the limits, you may qualify for fuel assistance. To set up an appointment with Charlene Muscato call the Senior Center 978-649-9211, appointments are from 10:00 AM– 1:00 PM. No walk in's! Don't suffer from the cold.

• **The SHINE PROGRAM** Are you confused about Medicare and not sure where to turn? Whether you are new to Medicare, reviewing your prescription drug coverage or medical plans and you need assistance. Call 1-800-MEDICARE until further notice. Medicare is open 24 hours/day, 7 days/week.

• **TYNGSBOROUGH FOOD PANTRY Food Pantry:** We have been gathering shelf stable food. If you or anyone you know could use some food, please call the center. We will be happy to put together food for you. We are here to help. The food pantry is for all ages. If you feel yourself getting low on food and you need a little help till the end of the month give us a call? 978-649-9211 ask for Barbara or Tracy. If you could use Holiday Assistance please call we will set something up for you. If you would like to make a donation to the pantry we accept: Hearty Soups... Canned Fruits... Cereal... ..Cake mix or Brownie Mix ... Canned Coffee & Tea... Butter ... Peanut Butter.....Marshmallow and Jam, Nutrition Bars, Muffin Boxes, Juice Boxes, and Cookies... Carrots... Potatoes, Stuffing and Apple or Pumpkin Pie. Personal Care Items such as shampoo, toothpaste, deodorant, and soap are welcomed. *The staff at the Senior Center would like to thank you for Your Kindness.*

• **Watch for news on these as sometimes dates may change.**  
**PIZZA PARTY / BIRTHDAY FOR ALL!** Friday, January 14th, 11:30  
Come celebrate National Pizza Week and everyone's birthday by making your own pizzas! We'll supply the dough, sauce and cheese, for the pizza, just bring in your favorite toppings. Will have a birthday cake to celebrate for all. Sign up by January 5th  
**CHINESE NEW YEAR, Friday, January, 28th @ 11:30 2022**  
**New Year of the Tiger** according to **Chinese Zodiac.** You're sure to enjoy the colorful festivities of the "Year of the Tiger"



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**Crandall's Child Care**

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**Please note: No openings for infants at this time.**

978-649-0211 E-mail: [Crandallschildcare@gmail.com](mailto:Crandallschildcare@gmail.com)

Following CDC and State Guidelines.

## TYNGSBOROUGH SCHOLARSHIP TRUST

P.O. Box 547, Tyngsborough, MA 01879



[www.TyngsboroughScholarshipTrust.org](http://www.TyngsboroughScholarshipTrust.org)

**1963 \* Celebrating 58 Years \* 2021**

The Tyngsborough Scholarship Trust would like to thank all of our vendors, shoppers, and volunteers who attended our annual **Holiday Marketplace** on November 7th. The beautiful fall weather and your festive attitude made this a wonderful community event which raised scholarship funds for the Class of 2022.

Another community favorite, **Trivia Night**, will take place on a Friday in February – our location, whether it will be virtual or at the Tyngsborough Sportsmen's Club, is to be determined based upon the restrictions due to Covid. Stayed tuned to next month's Neighbor to Neighbor for more details!

We would like to extend a special **Thank You** to the THS alumni who have been generous donors to our organization. Your generosity helps us continue our mission of providing scholarship dollars to all seniors from Tyngsborough who apply and volunteer their time to earn a scholarship. If you are considering a tax-deductible donation for the end of the year, please keep us in mind!

Are you an Amazon shopper? Sign up for the **Amazon Smiles** program! When you shop at [smile.amazon.com](http://smile.amazon.com), Amazon donates 0.5% of your eligible purchases at no cost to you! Sign in using your existing amazon account to get started, and choose the Tyngsborough Scholarship Trust to benefit from this donation from Amazon.

**A reminder to the 2021 scholarship recipients, please be sure to submit proof of school enrollment to the TST at P.O. Box 547, Tyngsborough MA 01879 so you can receive your first or second scholarship payment.**

All profits from the 2021-2022 fundraising events will benefit scholarships for the Class of 2022. The TST meets on the second Wednesday of the month. **Our meetings in January and February will be virtual – please join us!** For 58 years volunteers from our community have been coordinating fundraising and awarding scholarships to high school students from Tyngsborough. We welcome and need your help to continue this town tradition.

**Please contact [info@TyngsboroughScholarshipTrust.org](mailto:info@TyngsboroughScholarshipTrust.org) with any questions.**

### GRACE LUTHERAN

130 Spit Brook Road, Nashua, NH 03062  
603-888-7579

• **Sunday Worship Service**

Early service begins at 8:15 AM (In Person, and Livestreamed), and our late service at 10:45 a.m.

• **9:30 a.m. Sunday School Hour for all ages**

Adult Class list: [gracelutherannashua.org/adult-small-groups](http://gracelutherannashua.org/adult-small-groups)

**\*\*Online Services\*\***

[www.GraceLutheran.tv](http://www.GraceLutheran.tv) **OR**

<https://www.facebook.com/GraceLutheranNashua/>

**Sermons:** [gracelutherannashua.org/sermons](http://gracelutherannashua.org/sermons)

• **Christmas Eve Candlelight Services!**

Join us to celebrate the Lord's birth!

• **Friday, December 24**, Sanctuary 3-4 pm, 5-6pm and 7-8pm.

Nursery available for children 5 years old and under.

• **Saturday, December 25**, 10-10:45am. Merry Christmas! We will be celebrating the Lord's Supper at services today. If you believe that Jesus Christ is your Savior, and that the bread and wine are His body and blood for the forgiveness of your sins, then you are welcome to the Lord's Table at Grace. If you prefer grape juice to wine, the center ring of the individual cup tray contains grape juice. Nursery for children age 5 and under.

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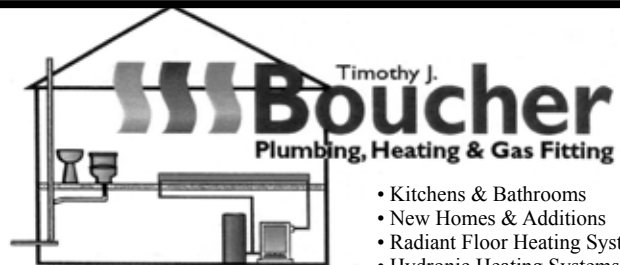
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***Neighbor to Neighbor.***

**They would like to know.**

***Thank you,***

***Anne***

## TYNGSBOROUGH HIGH SCHOOL

is proud to announce *Rosa Chhay, Thomas Michaud, Danielle Nicosia, and Mason Quince* as the November Students of the Month.

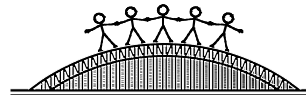
**Rosa Chhay, daughter of Kheng Sengkeomyxay and Limhorng Chhay**, is a member of the National Honor Society. She is the recipient of the Smith College Book Award, the Commitment to Learning Award, the Outstanding Achievement in World Language Award, the Outstanding Achievement in Visual Arts Award, the Principal's Award, and a two-year recipient of the Academic Excellence Award. Rosa is co-president of the yearbook club, a nominated participant at the Hugh O'Brien Youth Leadership Seminar (and a current volunteer), a member of both student council and PALS, and was class president for two years. She volunteers at Lowell soup kitchen, Tyngsborough Recreation and Parks block party & softball tournaments, and with HOBY alumni organization at various events throughout the year including Special Olympics, St. Jude Hospital walk/run, fall & winter holiday events at homeless shelters. She likes walking in Boston, bowling nights, and playing volleyball at the beach with family and friends. Her favorite subjects are math and writing, and would like to take that into a business career. She plans to contribute to the push for a more equitable and inclusive environment for women and minorities in the workforce. While at THS, "I have met uplifting and supportive friends, faculty, and staff. THS has taught me to expand horizons as an individual. Since then, I have gained the confidence to advance both inside and outside of school. From the little things like laughter in class and hallways to the bigger things like homecoming week, THS has been a memorable experience in all aspects."

**Thomas Michaud, son of Kathleen and Steve Michaud**, is a recipient of the Principal's Award and a member of PALS and senior sidekicks. He is also a member of the lacrosse team receiving Mid-Wach All Star recognition and of the football team receiving the Coach's Award. His community service efforts include running a youth lacrosse camp, assisting at youth football practices, organizing a fundraiser for the breast cancer fight, donating Thanksgiving food to the homeless, assembling meals for families in need, and watching children at DCF fatherhood group. Thomas's hobbies include fishing, listening to music, hiking, hanging with family and friends, snowboarding, taking walks with his dog, watching football, playing golf and various sports. His favorite subjects are math, science, business, and entertainment classes. His future goals included going to college and playing lacrosse there, then opening up his own business. When thinking back on his days at THS Thomas said, "THS has helped me gain lifelong friends and has given me a great community. While receiving my education I have had a blast in all four years at THS with my friends. Some of the best memories have been homecoming, seeing my friends everyday, and playing on sports teams. THS has some of the nicest teachers I have met."

**Danielle Nicosia, daughter of Nicole and Peter Nicosia**, is a recipient of Honor Roll recognition. She is the founder and president of the medical professionals club, co-president of the yearbook club, and a senior sidekick. She is a member of the varsity basketball team and AAU Evolution Basketball. She was part of the D1 JV state championship teams at her former high school for both basketball and volleyball. Her community service includes coaching at a Tyngsboro youth softball clinic, organizing and coaching a youth basketball skills camp, community cleanup, 9-11 stair climb fundraising, and a Tyngsborough Elementary School classroom volunteer. In her spare time, Danielle enjoys paddle boarding, kayaking, drinking coffee, listening to music, working out, reading, hanging out with friends and family, and volunteering. Her favorite subjects are anatomy and American Sign Language, and she hopes to have a career in the medical field, travel the world, and have many dogs. "I have gained great relationships with my teachers and helpful study skills that will prepare me for college and beyond. I will take memories of early morning practices, hanging out with my friends, and belly laughing study sessions." She is proud of becoming a licensed nursing assistant and working at a hospital to further her career goals.

**Mason Quince, son of Steven and Cheryl Quince**, is a recipient of the Saint Michael's College Book Award for Scholarship and Service. He is also the recipient of the Outstanding Achievement in Computer Science and a three-time recipient of both the Outstanding Achievement in Visual Arts and the Academic Excellence Award. He is the president of the THS GSA and a prop crew member for THS Theater. His hobbies include drawing, painting, writing, and playing video games. Mason loves creating his own characters with their own stories and sharing them with his friends. His favorite subjects are creative writing and painting, and using these interests to be an illustrator in the future. When thinking about his days at THS he said, "THS is a very small community, but that also means that kids who grow up in this school system often don't struggle feeling connected to their peers or to staff and teachers. I'm just happy that Tyngsborough gave me somewhere I could germinate my maturity, semi-peacefully, with adults who I know have got my back."

***Congratulations to all four of these students!***



### TYNGSBOROUGH RECREATION AND PARKS Call 978-649-2300 Ext. 150

The Recreation Committee meets at the Old Town Hall, 10 Kendall Road the **first Wednesday of the month at 7pm**. Additional information may be found on our website at

**TyngsboroughRec.com Friend us on Facebook. Seeking new members. Currently two open seats. Join us!**

• **Tyngsboro Youth Basketball**: The 2021-22 basketball season is on-schedule and registration is open for girls and boys from pre-school thru 8th grade. **This is not a school league**, all youth athletes can participate in most programs. Details, options, deadlines, and sign-ups are online: [www.TyngsboroughRec.com](http://www.TyngsboroughRec.com)

• **Community Service Hours Available for Students**

Do you need community service hours? Contact us, we have many opportunities at our various events and programs.

*We are open! Please call before coming.*

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## FRIENDS OF THE TYNGSBOROUGH PUBLIC LIBRARY

\*\* Thank you to all who attended the **Fall Used Book Sale**. This was the first since the pandemic, and we were able to raise \$4460 from the sale of books, jewelry, DVDs, CDs and puzzles. From this, we are donating \$945 for children's circulating materials.

\*\* Many **thanks to the student volunteers** who helped during set up, throughout the sale, and the clean-up afterward. We also want to thank Boy Scout Troop 28 of Dunstable and the adult volunteers who sorted books, and worked on Friday and Saturday. The Friends had asked for volunteers from the community, and without this response, the book sale would not have been the success that it was. Thanks as well to the highway department and of course the entire staff of the Tyngsborough Public Library.

\*\* We want to extend our sincere appreciation to retired Library Director **Sue Arthur** for her support over the years. Thank you, Sue, for all the encouragement and answers you provided so we could continue our work to benefit the Library.

\*\* If you missed the fall Book Sale, don't worry. The Friends always has a collection of **books for sale** at the Library, and the prices are as friendly to your wallet as those at the sale. **Think about holiday gift giving**. There is also a nice selection of jigsaw puzzles at \$1 apiece.

\*\* Have you seen the **new workstations** in the Library? The Friends donated the funds for their purchase which will be an asset to anyone wanting a comfortable place to read, write, study, or research. Check it out in the Library near the magazines.

\*\* **December's Program: Cooking with Chocolate on Monday, December 13, 2021, 7-8:00 p.m. via Zoom!** The Friends are funding this class where you will enjoy a cooking demonstration of 2 delicious chocolate dessert recipes just in time for the holiday season! Contact the Library for details.

\*\* **Regular meetings** will resume on the first Monday of the month in 2022, 6:30pm, at the Library. Please join us on: January 3, 2022, February 7, 2022, March 7, 2022 – Elections for President, Secretary. **Contact us at [tynglibfriends@gmail.com](mailto:tynglibfriends@gmail.com) and follow us on Facebook.**

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130 Spit Brook Road, Nashua, NH 03062  
603-888-7579

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### Tyler's Timely Technical Tips

By Tyler Denomme

Home centers sell them for DIY installs, but a water heater is no bucket of paint. There are serious risks to people and property to consider. Read on for some key reasons to hire a pro when in need of a new water heater.

**Ensures Safety.** Water heaters can be dangerous. If not wired correctly, or not connected to the gas, or flue properly, you and your family could be at risk. A professional will know how to install your water heater while keeping residents and homes safe.

**Local Law Compliance.** It can be a code violation to try install a water heater yourself. If you hire a professional, you will not have to worry about permits, or about accidentally violating local codes.

**Warranty.** The new water heater's warranty might not be valid anymore if it is not professionally installed. Meaning you might have to pay for repairs or replacement if something goes wrong with your unit, even if the issue is not your fault. Ouch!

Until next month, stay comfortable.

*Tyler*

**Got a question? Drop me a note!**

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## WHAT TO DO WHEN A LOVED ONE PASSES AWAY

By Edward H. Adamsky

It is a shame that paperwork often takes precedent over emotions. If you have just lost a loved-one, you are suffering trauma, sadness, and a bewildering array of other feelings and confusion. If your loved-one went through a prolonged period of illness you may feel a sense of relief that they finally passed, with a corresponding feeling of guilt that you feel that way. This is normal, and you should seek whatever help and counseling you may need to get through this period.

But you will almost immediately be bombarded by legal issues and paperwork that you have to deal with. You can put some of it off, but there are some tasks that you cannot delay. The Funeral Director will prepare a death certificate and will need to know vital statistics about your loved-one such as date and place of birth, education level, the names, and places of birth of the parents of the deceased, and some other facts. It would be best if your loved-one had written these out or left you a copy of a birth certificate, but that's not always the case.

You will then need to deal with the assets and bills. If you are named as the Executor or Personal Representative in the Will of the deceased, then you will have to prepare the proper paperwork and file it with the Probate Court to be officially named to handle that task. Keep in mind that a Will only "nominates" you as Representative of the Estate, you have to get officially appointed by the Probate Court.

You may need to (even before officially appointed) secure the home of the deceased to make sure their possessions don't disappear. You will need to deal with pets, house plants, and also make sure the heat and lights stay on (especially in Winter). But you can probably wait a little while to deal with most bills, especially since you cannot do much until you are appointed by the Court. If necessary, you may have to use your own funds to pay a heat or light bill. You can be reimbursed later by the Estate.

When you are ready, you should meet with an attorney to review the steps necessary to administer the will. While the exact rules differ from state to state, the key actions include Filing the Will and a Petition for Probate with the Probate Court, collecting the assets and making an Inventory of them, paying all bills, and filing all tax returns and paying any tax due. Keep in mind if there is an Estate-Tax return required, it is due within nine months of the date of death. After the bills are all paid and the assets assembled, then you can distribute those assets to the rightful heirs of the Estate (as named in the Will or by law if there is no Will). You may need to prepare a Final Accounting to show to the heirs to explain how you determined their shares.

Your loved-one may have used a Trust that might avoid some of the above steps, but many of them will be required no matter what. It will really help if everyone sees their Estate-Planning attorney and gets their planning and affairs in order well in advance of a death.

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Board of Appeals	Ext. 112	Town Treasurer	Ext. 126
Board of Health	Ext. 118	Veteran's Agent	Ext. 131
Building Office	Ext. 112	Sewer Dept.	Ext. 134
Town Clerk	Ext. 129	Board of Selectmen	Ext. 100
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Conservation Office	Ext. 116	Recreation & Parks	Ext. 150
Capital Asset Mgmt Com	Ext. 124	Highway Dept.	978-649-2310

## THE FRIENDS OF THE TYNGSBORO ELDERLY, INC.

The Friends of the Tyngsboro Elderly, Inc. (originally Friends of the Council on Aging, established in 1984), is a 501 C3 Non Profit Organization whose purpose is to help fund the needs, activities, and programs for the seniors at the senior center. The Board meets once a month to plan activities that will bring seniors together. Recent gatherings include the Meet & Greet Luncheon in the summer, and the Fall Festival Luncheon in September.

Plans are underway for future gatherings which will include 50/50 Raffle, Silent Auction, and Raffle Baskets as well as a lunch. Board Members include: Joe Jacoppi: President, Carol Sides: Treasurer, Elaine Rivard: Clerk, and Board Members: Lee Poirier, Elaine Franks, Joanne Jean, and Mary Basiliere.

Membership is well over one hundred seniors from the senior center. Become a member and support the efforts of this non-profit organization. **Please call Elaine Rivard 978-649-7689 for a Membership Form.**

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**Pastor Bobby Ross** [pastorbobby@dunstablechurch.org](mailto:pastorbobby@dunstablechurch.org)

*DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."*

- **Sunday Morning worship service begins at 10:30 AM.** Masks are optional. Social distancing is according to your comfort level. You may also continue to worship online via our Facebook live stream.
- **Adult Bible Study.** This 9:00 AM Sunday morning class meets in Fellowship Hall and on zoom. This series will study the book of Hebrews.
- **Sunday School/Nursery.** Nursery/Sunday School classes have begun during our 10:30 AM worship service. Care is provided for infants through preschool
- **Tuesday evening Community Group.** With a goal of strengthening community among us, a gathering is held from 7:00-8:30 PM three times monthly on Zoom and once a month in person for dinner in local homes. All are invited. We use a variety of ways to share and grow in faith. Join us at the Zoom link on our website at 7:00 PM on Tuesdays to check it out with no commitment required.
- **So you know what went on. • Saturday, December 4<sup>th</sup>, 10:00 AM – 4:00 PM Day Long Food Drive-thru. at 6:00 pm Community Christmas Carol Sing on the Common!** We will be collecting non-perishable food items all day for PACH ([pachoutreach.org](http://pachoutreach.org)) as you drive thru the parking lot. **At 6:00 PM** the Dunstable Church and local musician Valerie Callahan are hosting **Carols on the Common.** All are welcome to join us to sing and present Christmas Carols and other holiday favorites. If you'd like to dust off an instrument that's been in your closet, we'd love you to play along! Please contact Valerie at [vmcallahan@gmail.com](mailto:vmcallahan@gmail.com) for information or to volunteer your talents. We look forward to celebrating the beginning of the season by sharing holiday music with our community. No talent is necessary for singing along -- just a festive spirit! Lyrics will be provided.
- **Friday, December 24<sup>th</sup>, Christmas Eve Service will be held at 6:30 PM.**
- **Saturday, December 25<sup>th</sup>, Christmas Day Service will be held at 10:00 AM.**
- **Sunday, December 26<sup>th</sup>, our regular Sunday morning Service at 10:30 AM.**  
May the blessings of Christmas surround you with joy and peace.

**Come visit your community church. Streaming is still available on our website, [www.dunstablechurch.org](http://www.dunstablechurch.org).**

*May the Lord walk between us while we are absent, one from another.*

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### THE WISH PROJECT SUPPLYING THE BASICS

Our goal is to provide our local people in need with basic furniture, home goods and baby goods, while helping the planet by recycling used goods. Only when people have their basic needs met can they move forward and out of the social services system.

• **We accept a range of items including:** Clothing, Childcare Items, Furniture, Beds, Kitchen Items and Household Linen. Current Needs: Often specific needs arise in the community. If you are looking to donate goods, please reference our Current Needs list. It is always updating based on the needs of our clients.

• **Magic of Christmas • October – December Deadline for dropping off items 12/5/21 Goal:** Bring magic to a family's Christmas by getting involved in this project and provide gifts for both families in need and the many that are forgotten during the holidays: mentally challenged adults, home bound senior citizens and street homeless adults. Sponsor one person or a whole family for gifts. **How can you help:** • Apply to sponsor a family by completing the form below • **Guilt free re-gifting** – donate new items that you cannot use or are not to your taste. We won't tell! We welcome almost anything new as a gift. • Hold a Collection of toys or other gifts: hand tools, flash lights, diapers/baby wipes, jewelry, hats, gloves (home made are very welcome), pjs, headphones, board games for older kids, dolls, Legos, Matchbox cars, personal care items for teenage boys and girls (body wash, perfume, aftershave), makeup kits, gift certificates, basketballs, baseballs, or footballs. We always especially need items for teens. • Shop from home by purchasing items from our Amazon Wish list. **Gift Guidelines:** We respect families of all kinds and sizes. We believe in a gift for everyone in the family, not just the children. That way, we help the whole family to have a Happy Holiday. All items must be new for this project. **Think practical:** Crafts supplies like markers; paper and Play Dough are always popular. Casual clothing items (fleece pullovers and hooded sweat-shirts) are popular with teens and adults. Gifts should be seasonally appropriate: but not too seasonal please. Eg. Santa sweaters get old in March. **Think Healthy:** No highly allergenic items (scratchy sweaters or fragrant perfumes). Food items should be avoided. **No** pets, plants or anything else that requires tending **No** PlayStation/Nintendo games, etc. Board games, hand held games, and learning toys should be substituted.

All **unwrapped** gifts, price tags removed, packed in a heavy duty black trash bag labeled with the Family ID Code assigned to you for your sponsored family. If there is more than one bag per family, please make sure each bag is properly labeled, 1 of 2, 2 of 2, etc. This makes sure we keep all gifts for a family together.

• **Guidelines for Ages Children & Babies:** 3 gifts each: one toy (valued at ~\$30), clothing (valued at ~\$30), and craft/school supplies/ diapers (valued at ~\$15). **Babies:** Other items might be sleepers, baby toys, and board books. **Adults:** Adults should also get something for under the tree (valued at ~\$25). Gift cards to grocery stores or department stores are welcomed! **Teens:** Gift ideas: makeup, jewelry, clothes, fast food or department store gift cards, perfume/aftershave/body wash, scarf/glove sets or fleece. Children 18 and over receive a \$25 adult gift.

**THE THRIFT SHOP AT THE WISH** is open Tuesday-Friday from 9 to 2:45 and Saturday from 9 to 12:45. We accept cash and Credit card payments. **\*\*Be sure to follow The Wish Project Thrift Shop page on Facebook\*\*** • **About Us:** The mission of The Wish Project is to help families in need in the Merrimack Valley. Find out more on our website [www.TheWishProject.org](http://www.TheWishProject.org) or call us at (866) 947-4360. Our mailing address is: The Wish Project, PO Box 8693, Lowell, MA 01853.

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## CAT FOOD DONATIONS NEEDED

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Associated with Kitty Angels [www.kittyangels.org](http://www.kittyangels.org)

Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats

**LOADING DOCK GALLERY  
122 WESTERN AVENUE • LOWELL, MA**

**Show: Winter Lights**  
**Show dates: December 1 - December 31, 2021**  
**(except Dec. 25-26)**

December is a festive time at The Loading Dock Gallery, and we invite you to partake in the celebration of the seasons. **Winter Lights** has become an annual local tradition of holiday shoppers as a source of unique, handcrafted, giftable art and holiday decorations presented by more than 30 of our LDG members and participating artists and artisans from Western Avenue Studios.

Browse our three rooms of beautiful artwork, and drink in the spirit of the season. **Winter Lights** showcases a juried selection of work by local artists making it easy and convenient to Shop Local and Shop Small while giving our patrons the opportunity to find that unique and extraordinary gift that will make this holiday memorable.

**Winter Lights** runs **December 1 through December 31 (except Dec. 25-26) will be open 12 PM-5:30pm Monday-Saturday and 12-4pm Sundays.** Western Avenue Studios will be holding their **Holiday Open Studios** again on **Saturday, December 11 from 12-4pm** - tour the artists' lofts and studios during your visit to the Gallery.

Loading Dock Gallery is part of Loading Dock Arts, Inc., a 501c3. **Winter Lights** runs December 1 through December 31, except December 25-26, at Loading Dock Gallery, 122 Western Avenue, in Lowell, MA. **For more information, call 978.985.0695 or visit [www.theloadingdockgallery.com](http://www.theloadingdockgallery.com).**



**THE HOPE AND HEALING ADULT GRIEF  
SUPPORT GROUP**

**LAST SATURDAY OF EACH MONTH-10:30 a.m.-12:00 p.m.**  
**ST. JOHN THE EVANGELIST OLD PARISH HALL**  
**115 MIDDLESEX ROAD, N. CHELMSFORD, MA**

WHEN SOMEONE IN YOUR LIFE DIES When someone close to you dies everything changes in your family, in your life, and your dreams. Often this can turn your life upside down. Know you are not alone in your grief and loneliness. The Hope and Healing Adult Grief Support Group meets on the last Saturday of each month.

All are welcome to a safe place to share your story, find comfort, hope and encouragement, as you continue a new path in life.  
Registration is not required.

**TYNGSBOROUGH-DUNSTABLE**

**Rotary**  Rotary Motto *Service Above Self*

The Rotary Club of Tyngsboro/Dunstable Rotary Club has been serving the Tyngsborough and Dunstable area for 41 years.

Rotary is a global network of community volunteers. Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs.

Rotary builds international understanding through scholarships, exchange programs, and humanitarian grants. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

**If you are interested in membership, please call Bob Guernsey at (508)380-4351 or Ron Keohane at (508)517-3895.**

**Feel free to join in our weekly Zoom meetings held on Thursdays at noon.**

Contact either member listed above to find out how to join in.

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**Season's Greetings**

During this holiday season, we wish you all the best.



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Tyngsborough

## BEAVER BROOK NATURE CENTER

117 Ridge Road, Hollis, NH

Please go to the website for more information about Beaver Brook. Check out the programs offered. If you would like to attend an upcoming event, please register online at

[www.beaverbrook.org](http://www.beaverbrook.org)

Please read all details about what to bring or wear for weather and for COVID-19 protocol.

**December Full Moon Hike, 12/18/2021 - 12/18/2021, 6:00 PM - 8:00 PM, Maple Hill Farm- Spear Room, Ages 14-99**

Join BBA Naturalists Kat Dickau for a Full Moon Night Hike around the trails of Beaver Brook. You will be so happy to get outside on a fall night! It's a great experience. Dress in Layers. December full moon is commonly known in the Northern Hemisphere as the Full Long Nights Moon. It takes its name from the winter solstice, which has the longest night in the year.

After the hike you will return to Maple Hill Farm for warm beverages and provisions. BBA Member Per Person: \$13.50  
Non-Member Per Person: \$15.00

**Winter Solstice Family Event, 12/19/2021 - 12/19/2021, 2:00 PM - 4:00 PM, Cow Lane Kiosk**

For us on the northern part of Earth, the shortest day comes at the solstice. Regardless of what the weather is doing outside your window, the solstice marks the official start of winter. After the winter solstice, the days get longer, and the nights shorter. It's a seasonal shift that nearly everyone notices. Join us as we celebrate this event and "move into the light".

Follow our self-guided marked trail with a nature story about how Winter Solstice came to be and will get a chance to learn about the tradition of the "Yule" log.

Dress for being in the outdoors, wear sturdy shoes and dress in layers. Groups of up to 16 people will be paced on the trails every 15 mins. (8 Different slots)

**\*BE SURE TO NOTE YOUR SCHEDULED TIME SLOT\***

.We love dogs but please do not bring them to this event.

## 4 KEY QUESTIONS ABOUT DOWN PAYMENTS

Sponsored by Carrie Best Cyr

Down payments can be a challenge to navigate, even for experienced homebuyers. How much do you need to put down? Do current market conditions change anything for you? Even the most basic questions aren't always easy to answer.

Whether you're thinking of buying soon or planning ahead for a purchase in 2022, now is a good time to clear up any uncertainties and come up with the right strategy for your household.

Take a look at these frequently asked questions, and reach out if you need a helping hand.

### • How much should your down payment be?

The minimum down payment depends on what type of mortgage loan you're getting. Some loans (conventional and FHA mortgages) require 3 to 3.5%, while others (VA and USDA loans) require zero. Your credit score will also play a role in some cases.

### • Is a large down payment always better?

It depends on your budget and goals. A big down payment will mean a smaller monthly payment and fewer interest costs in the long run. If it eats into your emergency savings or puts you in dire financial straits, though, it's probably not the best move.

### • What should you consider when setting your goal amount?

You'll want to look at the price range you're shopping in, your budget and the types of loans you're eligible for. Talking to an experienced loan officer can help you get an accurate idea of what to expect.

### • Do you have to come up with all of it on your own?

Many loan programs allow "gift" funds, which means money given to you by your parents or another family member. You'll just need a letter stating that the funds are a gift, not a loan, before you can use them.



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## STITCHERS AT TYNGSBOROUGH SENIOR CENTER

Masked, distancing, and still stitching, the group is in full swing getting knitwear ready for the cold months. The Stitchers **meet every Monday at 10:00AM** in the Arts & Crafts Room at the Tyngsboro Senior Center, Westford Rd., Tyngsborough.

After many months of stitching, our Senior Instructor, Yolanda Carmona, has completed a full size afghan which will be raffled off. Raffle tickets will be sold at all the major events at the center. Please call Coordinator, **Jean Jacoppi, (978-649-9076)** for information or just join us.

## BONE BUILDERS

Did you just have a Bone Density Test that was not favorable? Maybe Osteopenia? Or worse, Osteoporosis? Tufts University Research on Aging is the model used in the **Bone Builders Class at the Tyngsboro Senior Center, 169 Westford Rd.** The gentle exercises, using weights of various sizes, build bones and help with balance. Men as well as women benefit from this class. **For additional information, please call Jean Jacoppi, 978-649-9076.**

## AMVETS POST #247 ROBERT D. PELLETIER

90 Pawtucket Blvd. Tyngsborough, MA



OFFICERS: Commander: William A. Beaton, Sr.; 1<sup>st</sup> Vice: Jan Dombrowski; 2<sup>nd</sup> Vice: Steve Harris; Adjutant: John Cogan; Finance Officer: David Coles; Judge Advocate: Roland Milliard; . E-Board: Clare Beaton, Marty Bloomgren and Rod Wood.

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AMVETS National Website: <http://www.amvets.org/>

**Saturday, December 11<sup>th</sup>, MEAT SHOOT at 7pm**  
at Post #247, 90 Pawtucket Blvd., Tyngsborough.  
**A fundraiser for the Post. Stop by to see what this is all about.**

## DUNSTABLE TYNGSBOROUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need.

Officers for the 2019-2020 Lions Year

President: Mark Alexander, 1st Vice President/Membership Chair: Joseph Ward, Treasurer: Bob Reich, Secretary: Laura Ward, Tail Twister: Meghan DeMonico.

**Anyone interested in joining the lions is asked to contact Joseph Ward at 978-930-1153.** We will let you know where, and when meetings will take place.

### YOU CAN HELP BY DONATING THE FOLLOWING:

- **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.
- **Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- **Can tabs** please place into bags before putting in the boxes.

Lion's collection boxes for eyeglasses and hearing aids and can tabs are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Multi-Service Center at 180 Lakeview Ave, Dunstable Town Hall, Post Office and Library. **Pennies for Sight:** "Your change- changes people's lives" See a Lion canister around please consider donating. Every Penny Counts!

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Much renovating, sanitizing, and improvements have been made. We look forward to seeing you. CDC protocols for Covid-19 followed. **Hours are Tues, Wed, Thurs & Sunday 12pm to 8pm and Friday and Saturday 12pm to 11pm. Closed Monday.** Stop in we'd love to see you. Please be well. *If you are interest in joining, or want more info about what is happening at the Post, please get in touch with the person noted for each organization or call the Post at 978-649-7540.*



**ROBERT D. PELLETIER  
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**90 Pawtucket Blvd. Tyngsborough, MA 01879**

Active duty military and veterans always welcome to join. First Year FREE for new Legion members. For further information call **978-649-7540** or email: legionpost247@gmail.com

Elected Post 247 Officers serving for 2019-2021 Commander: Matt DeLucia; Sr. Vice Commander: David Simpson; Jr. Vice Commander. Executive Board: Joe Conlin, Ray Hamelin and John Burke. Bartenders Matt, Linda, Judi, Michelle and Pat.



**AMERICAN LEGION  
AUXILIARY UNIT 247**

90 Pawtucket Blvd. Tyngsborough, MA 01879

Auxiliary Unit 247 Officers for 2019-2021:

President: Linda Small; Sr. Vice: Ann Thellen; Jr. Vice: Joyce Ferreira; Secretary: Pat Modrich; Treasurer: Diane Dileo; Sgt-At-Arms: Deb St. Peters. Trustees: Michelle Lambert, Kathleen Oljey and Josephine Beauregard.

For information on the Auxiliary Unit contact Unit President Linda Small.

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**Pastor** Rev. Brian E. Mahoney **Parochial Vicar** Fr. Fernando Ayala  
**Staff Offices:** 115 Middlesex Street, North Chelmsford, MA

**Confessions** St. John: Mon. 4:30-5:30pm & Sat. 3-3:45 pm  
St. Margaret: Tues. 4:30-5:30pm & Sat. 1-2 pm  
St. Mary: Wed. 4:30-5:30pm & Sat. 11am -12 noon

**• WEEKEND MASS SCHEDULE**

St. Mary: 4pm on Saturday, 7am and 11am on Sunday  
St. John: 4pm on Saturday, 9:30am and 6pm on Sunday  
Also 12pm African Liturgy (2nd, 3rd and 4th Sundays)  
St. Margaret of Scotland: 4pm on Saturday and 7:30 and 10am on Sunday

**• DAILY MASS SCHEDULE** Monday thru Friday  
St. Mary at 7am • St. Margaret of Scotland 8am • St. John at 9am

**CHRISTMAS MASS SCHEDULE**

**Christmas Eve Friday, December 24**

St. John: 3pm & 10pm  
St. Mary: 4pm, 6pm & Midnight  
St Margaret: 5pm & 8pm

**Christmas Day, Saturday, December 25**

St John: 9:30am (no 6pm Mass)  
St. Mary: 7am & 11am  
St. Margaret: 7:30am & 10am

**The Holy Family, Sunday, December 26**

Regular Sunday Mass Schedule

*You may view all masses and events on LIVEVIEW for St. John and St. Mary. Not available at this time for St. Margaret. Just go to the website and click on Watch LIVEVIEW, then choose which one you want to view.*



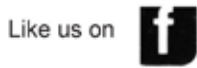
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Pastor Denis Frediani

• **At this time, we invite you to attend our  
Annual Christmas Eve Candle Light Service  
(December 24th at 7:00 p.m.)**

A beautiful and meaningful service filled with music and  
prayer to celebrate the birth of Jesus Christ!

**Worship 10AM at the church.**

*If you prefer to stay home, Services are available on line.*

• **TO WATCH LIVE SERVICES**

Log on directly to facebook and go to Ecct Church. You may  
also log in at any time and watch the recorded services.

• **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: 1. Log  
onto the church website <http://www.tyngsborocongregational.org>  
2. Click once on the word "SERMONS" 3. Sermons listed by date,  
passage, sermon title. You may click on "Jump to the Current  
Sermon. To find the most recent.

• **LADIES BIBLE STUDY** - Tuesday, 9:30 am - 11:30 am. Again, call  
and leave a message or stop by to sign up. We will be studying the  
Book of Esther.

• **YOUTH BIBLE STUDY** - Friday, 6-8PM Follows school year  
schedule

• **All Executive Boards now meeting.**

### THRIFT STORE

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building. Check us out on facebook.com Ecct Church for updates.

**NOTE: THRIFT STORE CLOSED**

**CLOSED Saturday, December 25th (Christmas Holiday)**

**HAPPY HOLIDAY'S and stay safe during the upcoming  
Holiday Season. Remember: "GOD LOVES YOU"!!!**

### TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



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Thank you for your support this past year. We appreciate every  
single way you have helped - from your encouragement in the form  
of membership, attending events, working behind the scenes, bak-  
ing, grilling, yardwork, hulling, serving, etc. - everything you have  
done to aid in our mission to celebrate our past and preserve it for  
the future.

We hope you have enjoyed the programs we presented this year  
and encourage you to suggest new ones for 2022.

For more information, please contact Lynda Justice at 978 587-  
8423 or [lyndajustice@verizon.net](mailto:lyndajustice@verizon.net)

Thank you to those who have renewed their membership and  
made donations so far this year! We appreciate your kind support.

**Membership forms and more info is available at**

**[www.tdhistoricalsociety.org](http://www.tdhistoricalsociety.org)**

Email address: [tyngsboroughdunstablehs@gmail.com](mailto:tyngsboroughdunstablehs@gmail.com)

**HAPPY HOLIDAYS!**

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# Merry Christmas

## HAPPY NEW YEAR

Thankful to my family, friends, and  
clients for a fantastic 2021.  
Very excited for many new  
opportunities in 2022!

"The only one that cares more about  
the sale of your home than you, is me!"

## Jon Crandall

Realtor®



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Budget Buddies helps women regain control of their finances, reduce financial anxiety, increase economic self-sufficiency and transform their lives by teaching core money management skills.

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Email [bwheeler@budgetbuddies.org](mailto:bwheeler@budgetbuddies.org)

Visit [www.budgetbuddies.org](http://www.budgetbuddies.org)



## BUDGET BUDDIES

Expanding to Meet the Need

Hi there, we have been busy this fall with 15+ financial wellness programs running or planned for women and girls living on low incomes. We are continuously grateful to work with our partners. This fall we are also appreciative of our Program Team for offering a rolling enrollment for virtual programs that Budget Buddies is now able to run independently. Women and girls have been reaching out to us directly through our website [registration page](#). We have been excited by the way our [Girls LIFE program](#) has been transitioned to the virtual platform.

**We're so thankful to our volunteers who meet the demand for the financial wellness workshops and 1:1 financial coaching that we offer, as we expect to nearly double the number of women and girls we reach this fiscal year.**

**We would also like to thank our supporters, team members, and participants for making our community of women supporting women possible.**

**Equity & Inclusion Matters** Budget Buddies signed onto the Boston Women's Workforce Council's 100% Talent Compact. Gender and racial pay equity is a critical part of ensuring financial sustainability for the women in the Budget Buddies financial wellness programs. We're working to ensure women who are living on low incomes have the knowledge, tools, resources, support and confidence to feel empowered and in control of their financial futures. *However*, individual empowerment and knowledge can only do so much when there are **so many systemic barriers that prevent women, especially women of color, from advancing economically.**

**We cannot continue to expect women to budget their way out of poverty while ignoring all of the external hurdles that prevent economic stability.** Inequitable pay prevents women from being able to save and create a financial safety net to help them from being able to weather financial emergencies. We see this lack of a financial cushion push women into poverty and transitional housing far too often. Addressing the pay gap is the best way to advance financial independence and security for women and their families.

**Through our participation in the 100% Talent Compact, we hope to be able to elevate the voices of the women in our financial wellness programs to highlight how this persistent systemic issue continues to play out in the lives of women across Boston, and the entire Commonwealth. We're excited to see Boston taking a leading role in doing this important research and data collection to raise awareness about this important issue and we're excited to support it in any way we can.**

**Budget Buddies learns about gender equality, inclusion, and being an active bystander.**


Budget Buddies engaged [Training Active Bystanders](#) to empower our team and program leaders to with the competencies needed to take action if witnessing something we feel is unfair, or wrong, or troubling. A photo from this training is pictured above! Working with [their collective](#) helped provide insights and clarity to the work we do at Budget Buddies as a women-serving organization. They helped us define who we serve and trained our team on the vital topic of trans inclusion. This provided us with concrete takeaways that we will be implementing into ensuring we are being inclusive and welcoming toward **all women.**



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When you call a business or organization,  
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*Neighbor to Neighbor*.  
They would like to know. Thank you, Anne

**Catie's Closet**  
**END OF YEAR GIVING 2021:**  
**A CHILD IN YOUR COMMUNITY IS IN NEED**

*by Amanda Harvey*

Nearly a quarter of all children in the communities we serve currently live in poverty and lack access to critical items that are essential to their physical and emotional well-being.

The need has never been more dire and widespread than at this time in our world when no community, regardless of how affluent, is left without families who face a world of challenges meeting their children's most basic and essential needs.

As we approach the end of year, we're preparing to serve more students and families who desperately need immediate support. The late fall and winter season is most challenging for our students and for our organization.

The late fall and winter months create the most hardship for our students as cold temperatures increase their need for specific winter gear, schools close for breaks causing a nine-day loss in supportive resources, and they lack a warm place to go.

From November through at least March, so many students are up against extremely cold weather and snow without warm clothing or a safe place to turn. In the area we serve, there are over 28,000 homeless students that will be experiencing a winter without proper gear.

This has a huge impact on their physical, mental, and emotional well-being. Without essential winter items, they are more likely to miss school. This school year is vital to protecting our students' educational futures.

**Students across our local districts are experiencing a major loss in their educational progress due to last year's school closures and transition to remote learning. They need support to get them back on track.**

For students in poverty, school performance has always been more challenging when compared to their more affluent peers. It's critical that they have access to the items they need so they can get to school and participate confidently.

**Our students' growing needs, as well as our expansion into new schools and communities, increases our demand for winter coats, hats and gloves, boots, and socks substantially.**

How can you help? As we approach the end of 2021, there are several ways you can help students in need this winter and well into 2022. Support Catie's Closet.

- Make a monetary donation to fund the urgent and immediate needs of students. Your \$50 donation will grant two kids unlimited access to Catie's Closet for the rest of the school year.
- Purchase and donate a Market Basket or Target gift card to help teens experiencing homelessness in your community buy the items they desperately need while schools are closed for winter break. You can also make a donation and we will purchase the gift card on your behalf.
- Host a Giving Drive with your company or at your next family gathering.
- Shop our Amazon Wish Lists to purchase and donate new items.
- Clean out your kids' closet to donate their gently-used clothing and drop your donations off at either one of our Distribution Centers.

**For more details on clothing and toiletries that are accepted, and to sign up to donate your time, or make a monetary donation, please visit the website [www.catiescloset.org](http://www.catiescloset.org)**

**Or make an impact from wherever you are with the new Catie's Closet app.** Now available on iOS and Android devices. Make monetary donations to show your financial support. Request a prepaid shipping label to donate gently used items. Shop our Amazon Wish Lists to purchase new items. The Catie's Closet app makes it easy to support local kids in need anytime, anywhere. Download today!

## KITTY ANGELS

is a no-kill shelter dedicated to rescuing stray and abandoned cats, furnishing them with treatment for injuries or other health problems, and placing them into life-long, loving, indoor homes with compatible owners. If you wish to make a donation you can use the PayPal link, or you can send your donation to Kitty Angels, P.O. Box 638 Tyngsboro, MA 01879. 501(c)3



# Neighbor to Neighbor

*Published by Anne M. Paquin*  
*Since 1983*

64 Hardy St., Dunstable, MA 01827  
(978) 419-1914

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**[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)**

*Time goes by so quickly. The holidays are already here! I want to thank all of you for taking the time to send in your monthly updates, for your club or organization and for your wonderful articles. It certainly is difficult with Covid still with us. Many events were planned only to be canceled. If a website or Facebook page is given, you may want to check there for updates on the event. Please remember, if I am informed I do updates on [www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com).*

*News, articles and events are posted on the main pages of the website often. Also the upcoming issues are posted there at the beginning of the month. You can also look through issues going back to 2016.*

*A sincere thank you to all of you who advertise. I truly appreciate your continued support of Neighbor to Neighbor. The circulation has grown to 6,616 including both Dunstable and Tyngsborough. Things have certainly changed since 1983. But the purpose of Neighbor to Neighbor continues to be the same. To give you some local news, interesting and informative articles and a place to find local businesses to help you in your every day life.*

***Wishing all of you a Very Merry Christmas  
& The Best of Health & Happiness in the New Year!***

*Sincerely, Anne*

*I look forward to hearing from you soon!*





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[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)**

**CLOTHING SHED AT  
DUNSTABLE CHURCH**



The clothing donation shed at the Dunstable Evangelical Congregational Church, **518 Main St, Dunstable MA**, is open to the public.

St. Pauly Textile Inc., the company that has provided the shed, partners with a network of businesses and various organizations to distribute donated items both here in the U.S. and worldwide, where they're ultimately re-worn by people who need them. The Dunstable Church additionally has the option to use donations to serve community needs. In 2019, the company was able to help keep over 20 million articles of clothing out of landfills, which clothed an estimated 2.5 million people worldwide. The company was founded in 1996 and is an A+ rated member of the Better Business Bureau.

**Accepted items: clothing, shoes, belts, purses, blankets, sheets, curtains, pillowcases, and stuffed animals.**  
**PLEASE tie your bags, and do not leave bags outside the box.**



**Altrusa: Leading to a Better Community**

The Altrusa Club of Merrimack Valley has been very busy this fall providing birthday parties for the little ones living with their teen Moms at **Brigid's Crossing** in Lowell, as well as supporting the **Lowell Transitional Living Center**, in Lowell.

Altrusans crafted and filled 25 comfort bags for new female clients seeking shelter for an extended period of time. Each bag contained shampoo, conditioner, soap, bath scrubber, tooth brush, tooth paste, body lotion, deodorant, and hand sanitizer.

**The Altrusa Club also awarded a \$500 scholarship** in memory of Eleanor Durant, 38 year member of Altrusa and teacher in the Chelmsford School System, to Kylie Letendre of Hudson, NH, a senior at the University of Massachusetts Lowell (UML). Altrusa appreciates the cooperation and support of James Nehring, Chair and Johanna Tigert, Assistant Professor in the School of Education, UML.

Altrusa Club of Merrimack Valley is one of the featured non-profits this quarter for the Jeanne 'Arc Credit Union's We Share A Common Thread Foundation "Give a Click" program. **The non-profit with the most votes will receive \$1,500 from the foundation. You can vote now through December 31, 2021.** Please help by casting your vote for Altrusa.

<https://www.jdcu.org/community-about/our-foundation/give-a-click/>. It's that simple. We truly appreciate your help.

Our mission is to promote literacy and to make a difference in the lives of the less fortunate. Altrusa meets the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month. Please email [altrusamv@gmail.com](mailto:altrusamv@gmail.com) if you are interested in joining other volunteers in making a difference in the lives of others in our communities.



46 Coburn Road  
Tyngsboro

**SHERBURNE NATURE CENTER & TRAILS**

For more information on this and future events, please visit the website <http://www.naturewalkscs.org/events-schedule>

**Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns.** Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, observe the birds and notice what has changed since winter has come. Remember to wear your boots or if we have some snow, bring your snowshoes. It's a great place for outdoor exercise and to enjoy nature close to home. *Children under 16 must be accompanied by an adult.*

Please note: The tennis court behind the Sherburne Nature Center is not part of the PUBLIC Nature Center property.