

Neighbor to Neighbor

Published by Anne M. Paquin Since 198364 Hardy St., Dunstable, MA 01827
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E-mail: anne@neighbortoneighbornewsletter.com www.neighbortoneighbornewsletter.com Celebrating 38 Years of Service

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POSTAL PATRON TYNGSBOROUGH, MA 01879 CARRIER ROUTE STANDARD U.S. POSTAGE PAID TYNGSBOROUGH, MA 01879 PERMIT NO. 40

TYNGSBOROUGH TOWN CLERK NEWS

• 2021 Dog Licenses are available at the Town Clerk's office or by mail. The license is now late and payment must include a \$25.00 late fee. Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. If renewing by mail, please enclose a stamped envelope for the license.

Please contact the office at 978-649-2300 extension 129 or email to <u>jshifres@tyngsboroughma.gov</u> with any questions.

FREE CURBSIDE TEXTILE PICK UP

The Town of Tyngsborough partnered with **HELPSY** to offer *free curbside pick-up* of clothing and household textiles to residents. Pickups will happen weekly. **Schedule curbside pick-up at helpsy.co/tyngsboroughma** or 800-244-6350. Questions? https://www.helpsy.co/home-pickup-faq)

Only clothing and other textiles, should be bagged and left on the curb by 7:00 AM on the day of the scheduled pick up. HELPSY accepts clean, dry, and bagged clothing and fashion accessories (stained, worn, and torn is fine). This includes dresses, shirts, pants, suits, coats, gloves, hats, belts, ties, scarves, wallets, purses, backpacks, totes, shoes, towels, bedding, costumes, curtains, placemats, tablecloths, and throw rugs. For more information about other recycling programs available to Tyngsborough residents, please contact the Board of Health by phone at 978-649-2300 x118 or visit them on the web at https://www.tyngsboroughma.gov/departments/inspectional-services/health/trash-and-recycling/

SIGN UP

Tyngsborough News Updates and Emergency Alerts

Subscribe to Town news updates by providing your email address. Updates may include: COVID-19 Alerts, Town News, Town Calendar Events, All Meeting Minutes, and more! You can unsubscribe at any time and your email address will not be shared with anyone.

No longer using a landline? Add your cellphone number to continue to receive emergency communication from the Town. Once you've signed up for Smart911, first responders will be aware of important information you have provided that will locate and help you in an emergency.

To sign up, please visit www.tyngsboroughma.gov

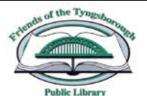
TYNGSBOROUGH TOWN HALL HOURS

Please Note New Town Hall Hours Through October (Trial) Monday & Tuesday: 8:30AM to 4:30PM Wednesday: 8:30AM to 7:00PM Thursday: 8:30AM to 4:00PM Friday: Closed

IN MEMORY OF

Louise E. Considine Baillie Donald D. Rutina Kathleen Kisley Smith Robert R. Lanier Ruth M. Hamel Byam Diane Rita Roucher Fraser Richard W. Beauchesne Gilbert G. Campbell Donna J. Crowell Edward H. McCullough Michael Anthony Roberts Lynn E. McCarthy Joanne Lewis Knight Gregory Frank Ross

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FRIENDS OF THE TYNGSBOROUGH PUBLIC LIBRARY

Planning for the Fall Used Book Sale began in September. THE SALE IS SCHEDULED FOR SATURDAY, OCTOBER 16, FROM 8:30 AM – 2:30 PM.

The success of this sale depends on the group of dedicated volunteers who help with sorting, set up, break down and sale day activities. We hope that you can join us this year. If you can help, please send us an email at tynglibfriends@gmail.com or call the library to sign up. Please note that there will be no Friends' sale on Friday evening, and considering the Covid situation, we will not be

** We welcome book donations for the sale any time during normal Library hours. Bring your gently used books to the children's Storytime room.

having a bake sale or Halloween costume sale this year.

** The Friends meet once a month, on the first Monday evening at 6:30 pm at the Library. Friends and community members are invited to attend. *The last meeting for the rest of this year will take place on Monday, November 1 at 6:30PM.* We hope to see you there. On December 6 – (no meeting there will be a holiday reception). To contact us, email tynglibfriends@gmail.com, and follow us on Facebook.



On Sunday, October 31st, Trick or Treat hours will be from 6-8PM.

REDUCE > REUSE > RECYCLE SUSTAINABLE TYNGSBOROUGH

There is significance to the order of words in the slogan "**Reduce, Reuse, Recycle.**" Recycling is good, but reusing is even more impactful than recycling, and reducing is the most impactful of the three.

Massachusetts residents, businesses and municipalities produce 5.6 million tons of waste per year (trash+recycling). We have run out of room for our waste and have become a waste export state. Material reuse is essential to reducing waste.

The Sustainability Committee has set a goal of 3% reduction in Tyngsborough's total waste tonnage. In FY20 we brought 4,858 tons (trash+recycling) to the curb. We hope that our work to increase awareness will help us all reduce this total by 146 tons. Will you help? Here are some ideas to get you started:

• Say NO to single-use bottles, bags and food utensils & containers: Replace disposable water bottles with reusable ones; bring your own bags to the grocery store; bring your refillable coffee mug to the coffee shop; reuse plastic storage bags and aluminum foil (wash, air dry after each use) or purchase silicone-based reusable storage bags; reuse glass jars for food storage (food storage in glass is better for your health than storing in plastic).

• When choosing between products, consider their packaging. Which one results in less waste? Check www.recyclesmartMA.org to determine if your packaging is recyclable or just trash.

• Choose stores that offer bulk or refill products, where you can bring your own refillable containers. Find a merchant near you at https://www.unpackedliving.com/blogs/news/zero-waste-massachusetts-directory.

 Consider buying something you need at a second-hand store or reselling or giving away unwanted items in good condition.

 Request to join the Facebook Group called "Buy Nothing -Tyngsboro, MA," where residents give and ask for all sorts of items for free.

• Don't throw out used clothing or other textiles, or shoes. Helpsy will come and collect them curbside, making sure they get reused or recycled. Schedule a pickup at https://www.helpsy.co/pickup.

• Own a business? Consider implementing reuse where possible (https://upstreamsolutions.org/reuse-businesses-directory).

Don't be overwhelmed by this list. Choose a few new habits that are doable for you. If you're already doing some of these things, are there new ideas you might try? Every little bit adds up.

Sustainable Tyngsborough is a subcommittee of the Board of Selectmen. We meet the third Tuesday of every month, beginning at 6:30pm. You are always welcome to join us and share your sustainability ideas and concerns. Like us on Facebook @ Sustainable Tyngsboro.

TYNGSBOROUGH SAFETY DAY

Touch-a-Truck, Games, Demonstrations Obstacle Course, Food Trucks, Music and Much More!

Saturday, October 16 from 11AM to 3PM at
Tyngsborough Elementary School, 205 Westford Road
Sponsored by the Tyngsborough Police
and the Tyngsborough Fire Department.

ST MARY MAGDALEN PARISH

95 Lakeview Ave., Tyngsboro, MA 978-957-0322 Email: saintmarymagdalen@verizon.net Mass times: Saturday 4pm. Sunday 7:30 & 9:30am • Join us on Facebook! Search "Saint Mary Magdalen Parish Tyngsboro" & like our page. Daily meditation. Read the bulletin online at RODMC.org

Neighbor to Neighbor

Published by Anne Paquin Since 1983 64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

<u>É-mail: anne@neighbortoneighbornewsletter.com</u>
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Total circulation is now 6,578 which includes Dunstable and Tyngsborough, MA.



TYNGSBOROUGH SCHOLARSHIP TRUST

P.O. Box 547, Tyngsborough, MA 01879



www.TyngsboroughScholarshipTrust.org
1963 * Celebrating 58 Years * 2021

The Tyngsborough Scholarship Trust proudly awarded almost \$25,000 in scholarships to the Class of 2021 despite the challenging times that we all faced. Our mission is to continue to safely raise funds for our senior students. Fundraising for the Class of 2022 is underway! If you are a parent or guardian of a high school senior, and you live in Tyngsborough, your child can apply for a TST scholarship. Volunteering at one of our fundraising events is a requirement to be awarded a scholarship.

Details for the 18th annual Holiday Marketplace are under development, and will tentatively take place on November 7th. Last year's Marketplace was held safely outdoors and this set up is being considered again for this year. This event features local exhibitors of handcrafted items, gifts, and decorative items, as well as business services and representatives of the home based business work force. Exhibitors wishing to reserve a table for this event may contact Rose Mitchell at mitchell6260@msn.com or info@ TyngsboroughScholarshipTrust.org. Stay tuned to our Facebook page for more details!

Are you an Amazon shopper? Sign up for the **Amazon Smiles** program! When you shop at smile.amazon.com, Amazon donates 0.5% of your eligible purchases at no cost to you! Sign in using your existing amazon account to get started, and choose the Tyngsborough Scholarship Trust to benefit from this donation from Amazon.

TST information is available in the Community News portion of our public schools' weekly email blast. The TST is actively recruiting new members and invites you to join our meetings on the second Wednesday of the month at the Tyngsborough High School at 7:00 pm. If you would like to volunteer at one fundraising events, enjoy trivia competition, or can help remotely by updating our website or Facebook page, we need you! Please send an email to info@TyngsboroughScholarshipTrust.org with any questions.

HALLOWEEN CORNHOLE TOURNAMENT FUNDRAISER

Come one, come all to the uber-fun Halloween event of 2021 to benefit The Friends of Tyngsborough Theatre.

Tyngsboro Sports Center at 500 Potash Hill Rd has graciously agreed to open their doors for a two-tiered cornhole tournament run by NBPT Cornhole for skilled players and beginners alike!

The event is happening on **Saturday, October 30, 2021**. Registration starts at 1:00pm sharp with the goal to have bags in the air by 1:30pm.

CASUAL/BEGINNER TOURNAMENT:

This bracket is for students and families of the FOTT and other local folks who want to come out and have fun while supporting Tyngsborough Theatre! Competition will be more relaxed and enjoyable for those who don't play competitively on a regular basis.

COMPETITIVE TOURNAMENT:

This bracket is for skilled players of all ages who regularly participate in local cornhole leagues and tournaments. This tier is in place to rein in the big guns and cornhole ringers.

This will be a family friendly event for all ages, and will help to raise money for the fantastic Tyngsborough Theatre programs.

The event will also be chock full of raffles donated by friends and family of the FOTT as well as local businesses and organizations. There will also be a 50/50 raffle!

Concessions will be available including beer and wine for those 21+. No outside food or beverage.

Costumes/Halloween apparel are very much encouraged! NBPT Cornhole will be donating a fantastic prize for the top costume on the day!

Pre-registration for this spooky and fun event is now live: https://tinyurl.com/HalloweenCornhole

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TYNGSBOROUGH COUNCIL ON AGING



169 Westford Rd, Tyngsborough, MA 978-649-9211

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Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3.

CENTER CLOSED: Veterans Day –Thursday, November 11th, Thanksgiving Holiday-November 26th, 27th

NEEDED: COFFEE (ground and k-cups), 12oz., and 8oz. Cups. Paper Plates: Small and Large. Plastic Spoons, Forks, Knives, Napkins. Backup Greeter at Front Desk, Volunteer Needed Bingo Caller Tuesday afternoons, 12:30-2:30.

- Outreach Worker Charlene Muscato R.N will be doing blood pressure readings, weight checks and medication reviews. Sign up sheet at the front desk. First come, first served.
- TEXAS HOLD' EM Every Monday and Thursday 12:00 –3:00 Everyone and anyone is in invited. If you have a group of your own you're welcome to come to the center.
- MUSCLE CONDITIONING Every Monday at 11:00 Muscle Conditioning will allow you to increase muscle strength, power and speed and helps you to change your appearance by creating fat loss, which ultimately changes the appearance of your muscles. It is also very easy to design a routine that focuses on your particular conditioning goals.
- **CRIBBAGE Instructor, Bob Guernsey,** Every Tuesday Morning 10:00 12:30. We have openings for cribbage players.
- CARD MAKING WITH REP COLLEEN GARRY, 1st Wed. each Month at 10:30. Sen. Colleen Garry will teach card making. Starter kits are available for purchase. Donations are accepted.
- Outreach Worker, Call for an appointment 978-649-9211, The Outreach program provides information and referrals to seniors and their families about programs and services provided by the Council on Aging and other agencies in the elder network. Charlene Muscato works collaboratively with many agencies serving seniors, including home care, legal assistance, protective services, housing and visiting nurses.
- * WELLNESS CLINIC Tyngsborough Council on Aging, 169 Westford Rd 978-649-9211, Wednesday, October 13th & 27th, 10:00-1:00
- AUTUMN TEA GATHERING, Wednesday, October 13th, 1:00, Help us welcome the comforting aromas and colors of fall. There will be plenty of different delicious teas to sample. Bring some of your favorite hors d'oeuvres in a homemade savory treat or a sweet to share. And if you have your own teacup, please bring it, otherwise we have extras. Date change: October 6th to Oct 13th
- COA BOARD MEETING Tuesday, October 19th, 3:30
 BOOK CLUB (Monthly), The COA BOOK GROUP will startup again on Wednesday, October 20th, 10:00 in the Activity Room. The 3rd Wednesday of each month the group will get together to discuss the book of the month. We have openings to join the group. The Instructor of this group is Carol Sides. Book of the month: "The Art thief" by Noah Charney.
- LUNCH BUNCH, Ninety 99, Wednesday, October 20th, 11:30-1:30, Need transportation for this trip? We will be happy to pick you up using the Tyngsborough Bus. Call 2 days in advance for the bus. 978-649-9211. Bring a friend along and enjoy the day.
- SENIOR/VETERAN BREAKFAST, Thursday, October 21st, 8:30, Come start your day with a healthy FREE breakfast. LION'S CLUB Under Hood Inspections "fluid checks" FREE. It's always good to prepare for the winter months.
- HALLOWEEN BASH, Friday, October 29th, 11:30-1:00, Come Celebrate Halloween with us if you dare! "Halloween Pot Luck" If you have a new recipe bring it along for everyone to try. Entertainment: Roger Tincknell, Seasonal Songs.
- VETERAN'S DAY CELEBRATION, Wednesday, November 10th, 12:00, Entertainment: WWII letters.
- CHRISTMAS TREE SHOP, Monday, November 8th, 10:30-12:30, Bus is available. Call 2 days in advance 978-649-9211.
- THANKSGIVING DINNER, Friday, November 19th, 11:30, Come and enjoy a Thanksgiving Dinner with all the fixings at the Senior Center. Head count goes in one week prior to dinner.

TYNGSBOROUGH HIGH SCHOOL

... is proud to announce Natalia Correia, Jeremy Hudon, Sophia Lundberg, and Grace Shambley as the September Students of the Month.

Natalia Correia, daughter of Michael Correia and Theresa Rosa, is a member of the National Honor Society. She is a recipient of the Principal's Award and a two-time recipient of the Academic Excellence Award. She is a member of the medical professionals club, PALS, and Senior Sidekicks. Natalia is also a captain of the varsity field hockey team, and a recipient of the Mid-Wachusett League All-Star and team MVP Awards, as well as a member of the track & field team, receiving a Most Improved Award. Her community service involvement includes coaching youth softball and youth soccer, food organizer at the Greater Boston Food Bank, ushering at graduation, and volunteering at the Tyngsborough Block Party. In her spare time, Natalia enjoys working out, going to the beach, playing field hockey, and hanging out with her friends and family. Her favorite subjects are math and anatomy, leading her to pursue a career as a sports physical therapist. "Thinking back on my THS days I have gained great friends and memories I will never forget. School has prepared me for my future as a college student through various courses such as: AP Biology, AP Language, AP Calculus BC, and Anatomy. I will take the fond memories spent with my teammates on Pierce Field." Natalia is committed to Endicott College where she will play field hockey and study in an accelerated 5-year program for athletic training and exercise science.

Jeremy Hudon, son of Melissa Di Piero-Hudon and David Hudon, is a member of the National Honor Society. He is a recipient of the Commitment to Learning Award, the Saint Michael's College Book Award for Scholarship and Service, a two-time recipient of the Outstanding Achievement in Science Award, and a three-time recipient of the Academic Excellence Award. Jeremy is a member of the robotics club, the varsity tennis team, as well as the varsity soccer team. During his sophomore year, he earned JV soccer team captain and team MVP Award. His community service efforts include volunteering at the Nashua Soup Kitchen, the Tyngsborough Recreation and Parks Department, and the Tyngsborough Public Library. His favorite subjects are math and science. Looking ahead to college, he wants to major in mechanical engineering with a minor in computer science and programming. He also hopes to travel the world and learn about as many cultures and people as he can. Reflecting on his days at THS he said, "I'm grateful for the sense of community and belonging that staff and students have created even through hard times like the pandemic. I was able to take classes that will help me focus my career later in life and was given opportunities to be challenged and learn new things, all while surrounded by an amazing group of people. My fond memories include homecoming, hanging out with friends after school, and playing soccer for the high school team."

Sophia Lundberg, daughter of Beth and Mark Lundberg, is a member and president of the National Honor Society. She is a recipient of the Outstanding Achievement in Science Award, the Outstanding Achievement in English Language Arts Award, the Rensselaer Medal Award, and the Harvard Prize Book Award. In addition, Sophia is a three-time recipient of both the Outstanding Achievement in Mathematics Award and the Academic Excellence Award. She and her DECA teammates have placed 2nd at the state conference and 6th at the international conference. Furthermore, Sophia is treasurer of the BioBuilder club, and also a member of PALS, Senior Sidekicks, and the robotics club. She is captain of the varsity tennis team and received the Most Improved Player Award. Her volunteer efforts include helping the Tyngsborough Recreation and Parks Department with town events. In her free time, she likes to paint, hike, and hang out with friends. Her favorite subjects are math and science, guiding her to pursue a college education and career where she can help protect the environment. While at THS, "I gained great friends and memorable experiences. School has given me the opportunity to pursue my interests in a bunch of different subjects. I'll take with me fun memories of homecoming, sports, and mask breaks.

Article continued on next page.



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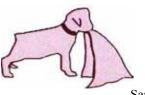
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TYNGSBOROUGH HIGH SCHOOL September Students of the Month Continued Grace Shambley, daughter of Mary Mt. Pleasant and William

Shambley, is a member and treasurer of the National Honor Society. She is the recipient of the Outstanding Achievement in English Language Arts Award, the Outstanding Achievement in Social Studies Award, the Commitment to Learning Award, the Massachusetts Association of School Superintendents' Award, and the Suffolk University Book Award. She is also a three-time recipient of the Academic Excellence Award. Moreover, she is recognized as a College Board AP Scholar with Honors, a National Rural and Small Town Recognition Program Scholar, and a National Indigenous Recognition Program Scholar. Grace and her DECA teammates have placed 2nd at the state conference and 6th at the international conference. Her THS memberships include yearbook club and PALS, and she serves as the student representative on the Tyngsborough School Committee and as treasurer of the THS senior class. Grace plays on the varsity softball team, with the 2021 team winning the Massachusetts Division II State Champions trophy. Her community service includes volunteering at the Tyngsborough Recreation and Parks Block Party, Festival of Trees, Shamrock Ball, Zero Waste Day, and softball fundraiser tournaments. She also enjoys coaching softball during the annual winter clinics. Her hobbies include going out to eat and mini adventures with her friends, going on walks, and swimming at the lake with her family and dogs. Her favorite subjects are math and business, and hopes to graduate college and find a job that allows travel as much as possible while meeting many new people along the way. "My time at the high school has taught me not to take things for granted, and that sometimes you need to just persevere and make the most of it. I am most grateful for the childhood best friends I went through THS with, and the new friends I've made in the past few years. I am truly lucky to be surrounded by these people. I will take with me fond memories of homecoming week, sports bus rides, DECA trips, mask breaks during my junior year, and laughing in the halls." Congratulations to all four of students.

NEW FREE MENTAL HEALTH SERVICES REFERRAL HELPLINE FOR TYNGSBOROUGH RESIDENTS

Tyngsborough Public Schools in partnership with the Tyngsborough community, is pleased to announce Project INTERFACE
Community Resource & Referral HELPLINE available now (1-888-244-6843). The William James INTERFACE Referral Service is a mental health resource and referral Helpline available Monday through Friday from 9am to 5pm. This is available to residents and/or public school students in subscribing communities across Massachusetts to access outpatient mental health services. What makes INTERFACE unique is that they do not provide merely a list of providers, but rather matched referrals to mental health professionals and practices who best meet the caller's needs, insurance or fee requirement, specialty request, location and availability. The Helpline is staffed by mental health professionals, as well as graduate level students from William James College. For more information visit https://interface.williamjames.edu

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Mon. & Tues., 8:30AM to 4PM • Wed.: 8:30AM to 7:00PM Thurs.: 8:30AM to 4:00PM • Closed Friday

Meeting schedules are posted at the front entrace of the Town Hall Town Hall Directory Main Number 978-649-2300

Town train Biroctory main Number 070 040 2000			
Town Accountant	Ext. 124	Media Dept.	Ext. 140
Assessor's Office	Ext. 121	Planning Board	Ext. 115
Board of Appeals	Ext. 112	Town Treasurer	Ext. 126
Board of Health	Ext. 118	Veteran's Agent	Ext. 131
Building Office	Ext. 112	Sewer Dept.	Ext. 134
Town Clerk	Ext. 129	Board of Selectmen	Ext. 100
Town Collector	Ext. 128	Town Administrator	Ext. 100
Conservation Office	Ext. 116	Recreation & Parks	Ext. 150
Capital Asset Mgmt Com	Ext. 124	Highway Dept. 978-649-2310	

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THE SANDWICH GENERATION STUCK IN THE MIDDLE

By Edward H. Adamsky, Attorney at Law

Caring for an aging parent, while also caring for your own children, can bring the strongest person to their knees. Just when you thought you might get parenting right, you now have to be the good child and "do the right thing" for your folks. How are you supposed to do it all, and what is it that you are supposed to do?

The first thing to keep in mind is that your adult parent is not a child and is used to being in control and autonomous. It's difficult for them to admit they need help, and they may resist you. The reversal of roles is hard for them as well as you. Second, you must set realistic goals and define your role as a helper to your parent. You may not want or need to be an actual caregiver; you may just need to coordinate care.

If you have siblings, have a meeting, and work out the structure of what needs to be done and who will do what. If there are paid caregivers, one person should be the liaison with the care agency so conflicting orders are not given. If one of the children will be paying the bills, then that person needs a Power of Attorney to show to third-parties and should have bills sent to their attention.

Consider your parent's health issues and ensure they get to the right medical providers, that their prescriptions are filled, and that medicines are taken on time and in the right dosage. Make sure there is a completed Health Care Proxy and HIPAA medical privacy release and copies are provided to the medical providers. The Health Agent should coordinate these issues.

You must look at physical limitations and your parent's living conditions. Is their home accessible and safe for their needs? You might need to hire someone to make some modifications to the home. Or you might need a discussion about your parent moving to a place that is safer. All of the family members should be part of this difficult discussion.

If your parent has cognitive issues, then you may need to ensure that caregivers are in place to help with medication management, meal preparation, and personal hygiene. You will need to make sure your parent is safe at all times which may require constant attendance by an aid or a move to Assisted Living. Consider your parent's mental health issues as well. Folks get depressed with all of these changes. Seek professional help to ensure your parent's social and personal needs are fulfilled.

Keep your own family in mind. Don't neglect your spouse or children's needs. Strive to achieve a balance between your parents and your own family. Don't overdo it with one and forget the other. Keep in mind that you don't have to do it all. Ask for help from all of your family and utilize professional assistance as necessary to ensure that you and your family are not neglected while trying to care for your parents. If your children are old enough, you can enlist them with the situation. The companionship of a grandchild can be just what your parents may need the most to help them to continue enjoying life to the fullest.

Read Dunstable and Tyngsborough issues and other articles online at

www.neighbortoneighbornewsletter.com

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25 Bryant Lane, Tyngsborough, MA 978-649-7361 www.tynglib.org CLOSED Monday, October 11, in observance of Columbus Day and Thursday, November 11, in observance of Veterans Day

- Friends Fall Book & Jewelry Sale will be held on Saturday, October 16. Donations of books, DVDs, CDs, puzzles and gently used jewelry are being accepted. Volunteers needed. Call the library for more information.
- Kids & Teens Check TPL's online calendar for fall events and activities. Highlights will include:
- Jungle Jim, Tuesday, October 12, 4-5 p.m., outside at the library. Combining balloon artistry, magic, comedy and improv, Jim creates an amazing experience for children. (Ages 4-11) Funded by a grant from the Tyngsborough Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency.
- PokeMondays, 4-4:45 p.m. on Zoom, Mondays throughout October. Pokemon Trading Card Game Online. Learn to play and make new friends. We also have special bonus codes for registered players. Download a free game installer from pokemon.com. Make sure to play through the tutorial so you will be ready to challenge other players online. (Ages 7+)
- CrafTyng Tuesdays, 4-4:30 p.m. on Zoom, Tuesdays through October. Every week, a new craft will be featured for at-home assembly. Pick up materials on the Wednesday before. (Pre-K+)
- Advanced Minecraft, 4–5 p.m. on Zoom, Wednesdays through October. Learn how to use redstone, command blocks, and some simple programming to enrich your Minecraft experience. Graded 3+
- Advanced Crafts for Older Kids, 6:30-7:30 p.m. on Zoom, Wednesdays through October. Every week, we will make a new mechanical model. Pick up materials Thursday before. Grades 3+
- Kawaii Safari 4-4:30 p.m. on Zoom, Thursdays through October. Every week learn to draw a new animal grades 1+)
- Family Programming with Scratch, 11 a.m.-12 p.m. on Zoom, Saturdays through October. Learn how to program a video game using MIT's free Scratch application. This program is intended for kids working with an adult. (grades 2+)

Nightmares: Your Darkest Dreams Interpreted via Zoom, Wednesday, October 6, 7-8:30 p.m.

Based on Jeff Belanger's book, The Nightmare Encyclopedia: Your Darkest Dreams Interpreted, this program dives into our sleep, our dreams, why we dream, and then explores the most profound and memorable of all of our dreams: our nightmares. Funded in part by a grant from the Tyngsborough Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state

- Gardening is Murder with Neal Sanders, Wednesday, October 20, 6:30-7:30 p.m. in the Community Room. Mystery writer Neal Sanders will present a 'husband's point of view' of gardening. This program is filled with humor and insight from someone who gardens less from an abiding love of horticulture than for the love of a spouse. Co-sponsored by the Tyngsboro Garden Club.
- Understanding Your Aura via Zoom, Tuesday November 2, 6-8:00 p.m. Sydney Sherman is an Author, Reiki Master and Aura Consultant. Learn what an aura is, how to understand what the different colors mean, how we respond to outside stimulation, etc. This is a 3 part combo program rolled into one. A Q&A session will be provided at the end of the program.
- Felted Gnomes via Zoom, Tuesday, November 9, 2-3:30 p.m. Artist Rachel Benson will lead patrons in creating adorable felted gnomes. All supplies will be provided. You will have a choice of a red, blue or green felt hat. Kits available for pick up on Nednesday Nov. 3. Space is limited, so you must call to sign up by Nov. 2.

Register for TPL programs by calling or emailing the Library (circdesk@tynglib.org) or using links provided on the online calendar for virtual programs. •••Continued on next page•••

TYNGSBOROUGH PUBLIC LIBRARY

25 Bryant Lane, Tyngsborough, MA 978-649-7361 www.tynglib.org Ongoing:

- Outside storytimes in our garden area, weather permitting. We will provide socially distanced mats for the kids. Please feel free to bring picnic blankets or lawn chairs, and bug spray.
- Storytime with Ms. Sam! Wednesdays at 10:30 a.m.
- Music and Storytime with Mr. Robert. Thursdays at 11 a.m.
- Check out Scholastic Teachables. Go to reference>e-Resources & Databases on the TPL website>Scholastic Teachables. This site provides printable worksheets, lesson plans, learning games and more for any subject: math, science, reading comprehension, STEM, writing, and beyond.
- Board of Library Trustees Meetings are generally held monthly 3rd Thursday. Check the TPL or Town websites for scheduled meetings
- Friends of the Library Join in the fun and support your library!
 Meetings are held 9 Mondays per year at 6:30 p.m. in the Library.
 See the TPL website for dates.

Like us on Facebook, follow us on Instagram @ tyngsboroughpubliclibrary and Twitter @tyngsboroughlib

TYNGSBOROUGH VETERAN'S AGENT

Do you know a neighbor or friend who may be a Veteran, Veteran widower, widow or dependents of a Veteran, that may be eligible for financial assistance from my office. I may be able to help them with basic living expenses, rent or mortgage heating cost, prescriptions, hearing aids, monthly healthcare premiums and hospital/doctor bills not covered by your Medicare or other insurance. Even if the applicant lives with their son, daughter or other family member or friend they may still qualify.

The Veteran's Office is a confidential office where your identity is completely confidential. Call or to schedule an appointment. If I cannot personally assist you I will direct you to the resources available to you. Sincerely, Christopher W. Dery, Tyngsborough Veteran's Agent, 25 Bryants Lane, Tyngsborough MA, 01879 978-649-2300 X131 veteransagent@tyngsboroughma.gov

TYNGSBOROUGH BOARD OF HEALTH

HOUSEHOLD YARD WASTE COLLECTION

Please mark your calendar. Collection will be held on two Saturdays in November.

They will be on Saturday, November 6th and Saturday, November 20th

Place all yard waste in open barrels or yard waste bags. Twigs and sticks (less than 4 inches in diameter) may be tied and bundled. Yard waste in plastic bags will not be collected.

Leaves and grass clippings *must be placed* in compostable PAPER LEAF BAGS (available at local stores such as Home Depot, Walmart, Market Basket, True Value Hardware stores, etc.), dry cardboard boxes or trash barrels. Boxes and barrels will be emptied and left at the curb.

..Do NOT place yard waste in plastic bags! .. Leaves and grass clippings in plastic bags or wet cardboard boxes will not be collected. ...Flower and vegetable garden waste may also be included. Grass clippings may be included with leaves or may be bagged separately. ..Pinecones, pine needles and small twigs that are raked up with leaves may be included. ...Paper leaf bags do not need to be closed at the top, but please do not let them stand in puddles of water.

STITCHERS AT THE TYNGSBORO SENIOR CENTER

Masked, distancing, and still stitching, the group is in full swing getting knitwear ready for the cold months. Our agencies include: Able to Serve (Homeless in Lowell area) and Hospice of Southern New Hampshire. We also offer instruction for anyone who would like to learn simple patterns to contribute to this worthy cause. Our "Thank You" notes have overwhelmed us.

Our group meets on **Mondays in the Arts & Crafts Room from 10:00AM to 11:30AM.** You are welcome to join us or simply pick up materials and patterns to stitch at home for your contribution. **For further information, please call Jean Jacoppi, 978-649-9076.**



Let's look at some common signs of a water heater failing. Recognizing them can help homeowners be prepared, and avoid costly, unexpected emergency repairs and untimely replacements. Bathing in cold water is no fun!

Discolored or Gritty Water: Rusty, gritty or muddy-looking water can mean the anode rod is gone, and the tank is corroding.

Water Smells or Tastes Off: Water that smells like sulfur or rotten eggs may indicate an interaction between bacteria in the water and the anode rod can create this problem.

Leaking Water: Water heater leaking can occur because of sediment buildup, lack of maintenance, or simply due to deterioration. The relief (TPR) valve dripping can be a sign of dangerous pressures developing in the tank.

If you notice any of these, seek prompt help from a licensed plumber to identify the cause and to remedy the situation.

Until next month, stay comfortable! Tyler

Got a question? Drop me a note! tyler.d@denommeeplumbing.com

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Are you a Tyngsboro resident, family, senior or veteran in need of assistance supplying food for your dog or cat? Or perhaps you are a resident who is willing to purchase new pet food or donate pet food you have that didn't work out for your dog or cat. Either way, I'd love to connect with you! Pets are so vital to our health and happiness. Please consider contacting me, Heidi at 978-846-2254 or hrwhitehair@ gmail.com if you have questions or donations. All client information is kept confidential.

THE DEADLINE IS THE 10TH OF EACH MONTH, FOR THE NEXT MONTH'S ISSUE.

If you are running late please contact me as soon as possible. Email anne@neighbortoneighbornewsletter.com or mail to: Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827. Contact me, if you have a business and you would like to know more about advertising. Call and leave a message at 978-419-1914, I will get back to you as soon as possible.





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BONE BUILDERS

Did you just have a Bone Density Test that was not favorable? Maybe Osteopenia? Or worse, Osteoporosis? Tufts University Research on Aging is the model used in the Bone Builders Class at the Tyngsboro Senior Center. The gentle exercises, using weights of various sizes, build bones and help with balance. Men as well as women benefit from this class. For additional information, please call Jean Jacoppi, 978-649-9076.



TYNGSBOROUGH RECREATION AND PARKS Call 978-649-2300 Ext. 150

The Recreation Committee meets at the Old Town Hall, 10 Kendall Road the first Wednesday of the month at 7pm. Additional information may be found on our website at

TyngsboroughRec.com Friend us on Facebook. Seeking new members. Currently two open seats. Join us!

- 2021 BLOCK PARTY THANK YOU for a great weekend! Thanks to our organizers, volunteers, vendors and sponsors for another great event! If you missed it, check out the photos and videos here https://www.facebook.com/TyngsboroughRec
- The Town Beach swimming ends when the buoys come out. We have had a busy summer at the beach. We hope you are enjoying the renovations. Thanks to the Highway Department and all who pitched in to keep it clean! Resident passes are available at the Town Hall. Volunteers welcome to assist in fall leaf clean up. Message your interest on FB or email TyngsboroughRec.com.
- Tyngsboro Youth Basketball: The 2021-22 basketball season is on-schedule and registration is open for girls and boys from preschool thru 8th grade. This is not a school league, all youth athletes can participate in most programs. Details, options, deadlines, and sign-ups are online: www.TyngsboroughRec.com
- Join the Festival of Trees Planning Committee!! We are looking for new members to join our sub-committee to plan the Festival of Trees Event. You do not need to be on the Recreation Committee. Contact Alison at Rec. Office 978-649-2300 x150, message on FB, contact Theresa Clawson, terrilawrence@me.com 978-828-6589.
- **Community Service Hours Available for Students** Do you need community service hours? Contact us, we have many opportunities at our various events and programs.
- Mark Your Calendar for the 12th Annual Festival of Trees! Thursday, December 2nd - Sunday, December 5th, 2021 Celebrate the season by visiting a country town whose energy and spirit captures the holidays with true New England charm. The Tyngsborough Festival of Trees is a community celebration featuring a spectacular display of uniquely decorated holiday trees and seasonable displays set in Tyngsborough's historic "Old Town Hall" built in 1834! Open free to the public, you will delight in the live holiday entertainment, workshops and events. Raffle tickets will be available to purchase your chance to win any one of these beautiful trees plus raffle items generously donated by local businesses and families. Tyngsborough's Festival of Trees is a benefit event which provides funding for the many youth programs supported by the Tyngsborough Recreation Committee.

Time to start thinking about your tree entry!!

Yes, time to start brainstorming! What kind of tree will you bring to the Festival this year? Judges award ribbons for the winning entries. People's choice award ribbons awarded each day.

Volunteers needed during the Festival of Trees!

Every good event has many enthusiastic people who chip in to help make everything happen. We need you to help make this Festival of Trees the best ever! Please consider helping with set-up, general running during the Festival hours, activities and breakdown. Email at HolidayFestivalofTrees@gmail.com or message us on Face Book. Join us and get into the holiday spirit!

TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



8th Annual AACA Bean Pot Region Car Meet Saturday, October 16th • 9 a.m. to 1 p.m.
Rain Date Sunday, October 17th • 9 a.m. to 1 p.m.
This will be held at the Little Red Schoolhouse,
64 Main St., Dunstable, MA (Route 113).

Not far from the Dunstable/Tyngsborough town line near Route 3

Come see a field full of beautiful antique cars.

Hot dogs and homemade chili and beans are available.

For information. Please contact Sue Psaledakis, 978 649-6005.

We look forward to seeing you there!

Please note that we will observe any new health requirements if they become mandated for functions like ours.

Thank you to those who have renewed their membership and made donations so far this year! We appreciate your kind support.

Membership forms and more info is available at www.tdhistoricalsociety.org

Email address: tyngsboroughdunstablehs@gmail.com

School House on TV Recently, Sue Psaledakis, a member of the Tyngsborough Dunstable Historical Society, met Kate Merrill and her cameraman, Richie of WBZ TV at the Little Red School House. Sue commented "They loved it and photographed inside and out. Kate rang the bell and pumped water from the well." This segment was shown on the "It Happens Here" segment during a WBZ Morning show. Follow this link if you would like to see the short video. Or you can also find it on-line by googling "WBZ It Happens Here". https://boston.cbslocal.com/video/6025409-it-happens-heredunstables-little-red-schoolhouse-is-an-up-close-lesson-in-history/



AMERICAN LEGION POST 247 INC. 90 PAWTUCKET BLVD. TYNGSBOROUGH, MA

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and more. Stop in we'd love to see you. Please be well. If you are
interest in joining, or want more info about what is happening at the
Post, please get in touch with the person noted for each organization or call the Post at 978-649-7540.

COMING HOME TO CATHOLICISM

is a program offered by St Kathryn Parish, 4 Dracut Rd Hudson, NH as a two Session Retreat on consecutive **Saturdays, October 16**th and **October 23**rd from 10 AM to 2 PM. The program is for those who have left the Catholic Church, for any reason, and might be feeling the calling to return.

All of the Team members have left the Church at one time and have returned, providing a comfortable and understanding atmosphere for others looking to return. The program is designed to answer most of the questions returning Catholics might have and some discussion to address any individual concerns (don't worry; participants can share as little or as much as they'd like).

Anyone interested can contact the parish office at 603-882-7793, or visit our website www.stkathryns.org/chc. Registration is required. Feel free to bring a friend.



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Fri 9:00 A.M. - 5:00 P.M.
Fri 9:00 A.M. - 5:00 P.M.

Sat 8:30 A.M. - 11:30 A.M. We ♥ Referrals!

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The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z. Since we have so many animals that we share our yards with, I thought it might be helpful. https://www.animalsheltering.org/page/wild-neighbors-book

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FRIENDS OF THE TYNGSBORO ELDERLY, INC.

The Friends of the Tyngsboro Elderly, Inc, originally Friends of the Council on Aging, established in 1984, is a 501 C3 Non-Profit Organization whose purpose is to help fund the needs, activities, and programs for the seniors at the senior center. The Board meets once a month to plan activities that will bring seniors together. Recent gatherings include the Meet & Greet Luncheon in the summer, and the Fall Festival Luncheon in September.

Plans are underway for future gatherings which will include 50/50 Raffle, Silent Auction, and Raffle Baskets as well as a lunch. Board Members include: Joe Jacoppi: President, Carol Sides: Treasurer, Elaine Rivard: Clerk, and Board Members: Lee Poirier, Elaine Franks, Joanne Jean, and Mary Basiliere.

Membership is well over one hundred seniors from the senior center. Become a member and support the efforts of this non-profit organization. Please call Elaine Rivard 978-649-7689 for a Membership Form. **You do not have to be a Tyngsboro resident.**

DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827 www.Dunstablechurch.org 978-649-6251

Pastor Bobby Ross <u>pastorbobby@dunstablechurch.org</u>
DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."

- We are a caring community of faith where we are all on a journey together finding hope, purpose, connection, and wholeness as followers of Jesus. Wherever you are in this walk of life, we invite you to join us. Sunday Morning worship service begins at 10:30
- Masks are optional. Social distancing is according to your comfort level. You may also continue to worship online via our facebook live stream
- Adult Bible Study. This 9:00 AM Sunday morning class meets in Fellowship Hall and on zoom. This series will study the book of Hebrews, a beautiful book of assurance and encouragement in these troubled times. The study guide is "N.T. Wright's Hebrews for Everyone" and is available at Christian Book Distributors or on Amazon. Contact Kathy Mackel (mackelkathy@aol.com) with questions.
- Sunday School/Nursery. In September, nursery/Sunday School classes began during our 10:30 AM worship service. Care is provided for infants through preschool. We use a oneroom format for both nursery care and Sunday School children in kindergarten through grade 4. For questions regarding Children's Sunday School/Nursery or to volunteer to help, please contact Shellyannross@gmail.com.
- Tuesday evening get-togethers. With a goal of strengthening community among us, a gathering is held from 7:00-8:30 PM three times monthly on Zoom and once a month in person for dinner in local homes. All are invited. We use a variety of ways to share and grow in faith. Join us at the Zoom link on our website at 7:00 PM on Tuesdays to check it out with no commitment required.

Come visit your community church. Streaming is still available on our website,

www.dunstablechurch.org.

May the Lord walk between us while we are absent, one from another.

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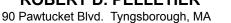
Please go to the website for more information about Beaver Brook. Check out the programs offered. If you would like to attend an upcoming event, please register online at www.beaver-brook.org

Please read all details about what to bring or wear for weather and for COVID-19 protocol.



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AMVETS POST #247 ROBERT D. PELLETIER



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"ALWAYS READY TO SERVE OUR VETERANS" AMVETS National Website: http://www.amvets.org/



AMERICAN LEGION AUXILIARY UNIT 247

Assisted Living Residential Communities

90 Pawtucket Blvd. Tyngsborough, MA 01879

Auxiliary Unit 247 Officers for 2019-2021:

President: Linda Small; Sr. Vice: Ann Thellen; Jr. Vice: Joyce Ferreira; Secretary: Pat Modrich; Treasurer: Diane Dileo; Sgt-At-Arms: Deb St. Peters. Trustees: Michelle Lambert, Kathleen Oljey and Josephine Beauregard.

For information on the Auxiliary Unit contact Unit President Linda Small.



ALTRUSA

Altrusa is looking forward to another successful year of service in our communities.

Our mission is to promote literacy and to make a difference in the lives of the less fortunate. Altrusa meets the 2nd and 4th Tuesday of the month. Please email <u>altrusamv@gmail.com</u> if you are interested in joining other volunteers in making a difference in the lives of others in our communities.

STE JEANNE D'ARC SCHOOL NOW ACCEPTING APPLICATIONS

Call to schedule in-person or virtual tour

Ste Jeanne d'Arc School, located in Lowell, MA, is now accepting student applications for the 2021-2022 school year. Ste Jeanne d'Arc School is a Catholic, independent school accredited by the New England Association of Schools and Colleges. SJA offers accelerated classes in math and language arts, French program for grades K-8, state of the art technology, athletics, art, music, and extracurricular activities for all age groups. There is also a before and after school care program.

Financial Aid is available for new families. *Inquire/Apply* online at <u>www.sidarc.org</u> or contact the Admissions Office at 978.453.4114 for more information.

CLOTHING SHED AT DUNSTABLE CHURCH



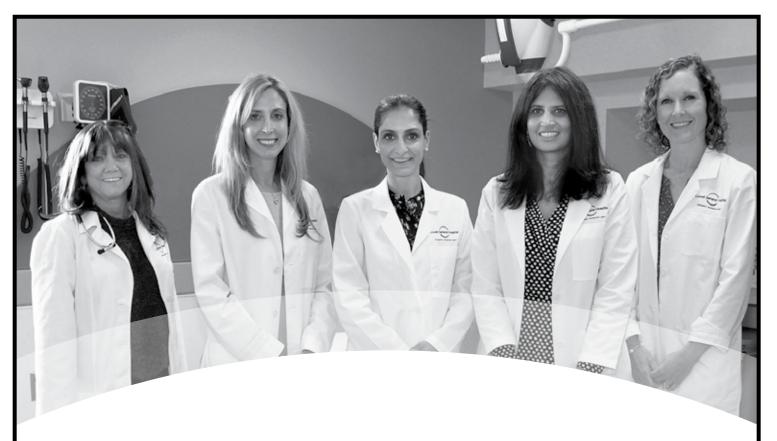
The clothing donation shed at the Dunstable Evangelical Congregational

Church, 518 Main St, Dunstable MA, is open to the public.

St. Pauly Textile Inc., the company that has provided the shed, partners with a network of businesses and various organizations to distribute donated items both here in the U.S. and worldwide, where they're ultimately re-worn by people who need them. The Dunstable Church additionally has the option to use donations to serve community needs. In 2019, the company was able to help keep over 20 million articles of clothing out of landfills, which clothed an estimated 2.5 million people worldwide. The company was founded in 1996 and is an A+ rated member of the Better Business Bureau.

Accepted items: clothing, shoes, belts, purses, blankets, sheets, curtains, pillowcases, and stuffed animals.

PLEASE tie your bags, and do not leave bags outside the box.



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Lowell General Hospital's Breast Cancer Risk Assessment Program is led, from left, by Kathleen Saucedo, NP, Breast Health Nurse Practitioner; Dr. Jill Steinkeler, Director of Breast Imaging; Dr. Lerna Ozcan, Medical Director and Breast Surgical Oncologist; Dr. Anasuya Gunturi, Associate Medical Director, Cancer Care Associates, and Jennifer Gilliatt, NP, Breast Health Nurse Practitioner.

TYNGSBOROUGH POLICE OFFER HALLOWEEN SAFETY TIPS

During Halloween festivities, Chief Richard D. Howe and the Tyngsborough Police Department ask that the community put safety first, especially for those who plan on trick-or-treating or who will be out at night. Halloween, which is celebrated on Oct. 31, falls on a Sunday this year. "This holiday is sure to be a fun time for all, whether you're out in your neighborhood gathering candy, or celebrating with friends at home," Chief Howe said. "No matter your choice of activity, always remember to put safety first."

The Centers for Disease Control provides best practices for Halloween trick-or-treaters by asking that people follow the "Safe Halloween" motto.

• Swords, knives and other costume accessories should be short, soft and flexible. • Avoid trick-or-treating alone. Walk in groups or with a trusted adult. • Fasten reflective tape on costumes and bags to help drivers see you. • Examine all treats for choking hazards and tampering before you eat them. • Hold a flashlight while walking to ensure that you are visible. Walk and don't run from house to house. • Always test make up in a small area first. Remove it before bedtime to prevent possible skin and eye irritation. • Lower your risk of serious eye injury by not wearing decorative contact lenses. · Look both ways before crossing the street. Use established crosswalks wherever possible. • Only walk on sidewalks wherever possible, or on the far edge of the road facing traffic to stay safe and to prevent accidents or injury. • Wear well-fitting masks, costumes and shoes to avoid blocked vision, trips and falls. • Eat only factory-wrapped candy. Avoid eating homemade treats offered by strangers. • Enter homes only if you're with a trusted adult. Only visit well-lit houses. Don't accept rides from strangers. • Never walk

Those who are planning on attending a party should remember:

near lit candles or devices with open flames. Be sure to wear flame-

- Many young children are out for the evening, especially during the peak hours of 6:00-8:00 p.m., so drive slowly!
- Not to drive a vehicle while wearing any sort of mask. Your visibility could be obscured.
- To have a designated driver if attending an adult Halloween party where alcohol is served.

If there are any concerns on safety please contact the Tyngsborough Police Department at 978-649-7504 or Dunstable Police at 978-649-7445.



resistant costumes.

Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

Do you have news?

Is your organization hosting any meetings or events, virtual or in person? Do you have a fundraiser or activity coming up in November or December?

The news is placed FREE of charge on a first come first served basis. If you have an event in early December it should be in the upcoming Novemer issue.

If you are thinking about advertising your business, please contact me by email if possible, so I can send you a rate sheet. The total circulation each month is 6,578 issues and includes the towns of Dunstable and Tyngsborough, MA.

Issues are available to read online at www.neighbortoneighbornewsletter.com
On the website you will also find more news and articles posted there.

I look forward to hearing from you soon.
E-mail: anne@neighbortoneighbornewsletter.com
Call and leave a message at (978) 419-1914
Hope you enjoy the fall colors and weather.
Take care, Anne



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BUYING A FIXER-UPPER: 5 THINGS TO KNOW

Sponsored by Carrie Best Cyr

In today's busy market, many homebuyers have found themselves weighing options they would normally pass by.

One of the more common compromises is to consider a home that needs some work.

On the plus side, fixer-uppers often come with lower prices, less competition and a lower-pressure sale on the whole. Still, they're not without challenges.

Are you considering a fixer-upper? Here are five things to think about first

- **1. You may need an alternative mortgage program.** If you want to finance the home purchase and the renovations and repairs the property needs, you might consider loans like the FHA 203(k) loan or the Fannie Mae HomeStyle loan. Your loan officer can help you choose the best option for your purchase.
- 2. There may be appraisal and inspection issues. If the home is in disrepair, you might face challenges with your inspection or appraisal. This is especially true if you're using an FHA, USDA or VA loan, as properties must meet strict requirements with these programs.
- **3. You should have a backup living space.** You might not want to end your lease or sell your existing home just yet. If the property needs serious repairs or renovations, you'll probably need to live off-site until they're complete.
- **4.** You may want to bring a contractor along when you tour the home. This will help you gauge what repairs might be necessary and how much they'll likely cost.
- **5.** Be prepared for problems below the surface. Not all issues will be visible in a fixer-upper. There may be major problems lurking below the surface (like mold or termites, for example) that won't crop up until later. Make sure you leave wiggle room in your budget to account for these potential surprises.

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Staff Offices: 115 Middlesex Street, North Chelmsford, MA

Confessions Mondays at St. John from 4:30-5:30pm Tuesdays at St. Margarets from 4:30-5:30pm Wednesdays at St. Mary from 4:30-5:30pm

• WEEKEND MASS SCHEDULE

St. Mary: 4pm on Saturday, 7am and 11am on Sunday St. John: 4pm on Saturday, 9:30am and 6pm on Sunday Also 12pm African Liturgy (2nd, 3rd and 4th Sundays) St. Margaret of Scotland: 4pm on Saturday and 7:30 and 10am on Sunday

• <u>DAILY MASS SCHEDULE</u> Monday thru Friday St. Mary at 7am • St. Margaret of Scotland 8am • St. John at 9am



THE HOPE AND HEALING ADULT GRIEF SUPPORT GROUP

ST. JOHN THE EVANGELIST CHURCH, OLD PARISH HALL 115 MIDDLESEX ROAD, N. CHELMSFORD, MA

WHEN SOMEONE IN YOUR LIFÉ DIES When someone close to you dies everything changes in your family, in your life, and your dreams. Often this can turn your life upside down. Know you are not alone in your grief and loneliness. The Hope and Healing Adult Grief Support Group has resumed their monthly meetings. Meetings are held on the last Saturday of each month, from 10:30 a.m. till 12:00 p.m. All are welcome to a safe place to share your story, find comfort, hope and encouragement, as you continue a new path in life. Registration is not required.

THE WISH PROJECT

166 Middlesex St. North Chelmsford, MA 01863 This is behind Hertz Car Rental thewishproject.org



For information email: info@thewishproject.org

If you are donating CLOTHING we are open to accept those donations Tues-Fri, 9-2:45pm and Sat, 9-12:45pm no appointment necessary. If you are donating HOUSEWARES AND FURNITURE we will continue to schedule those drop offs through our email donategoods@thewishproject.org.

THE WISH PROJECT SUPPLYING THE BASICS

Our goal is to provide our local people in need with basic furniture, home goods and baby goods, while helping the planet by recycling used goods. Only when people have their basic needs met can they move forward and out of the social services sustem.

- We accept a range of items including: Clothing, Childcare Items, Furniture, Beds, Kitchen Items and Household Linen. Current Needs: Often specific needs arise in the community. If you are looking to donate goods, please reference our Current Needs list. It is always updating based on the needs of our clients.
- Magic of Christmas October December Deadline for dropping off items 12/5/21 Goal: Bring magic to a family's Christmas by getting involved in this project and provide gifts for both families in need and the many that are forgotten during the holidays: mentally challenged adults, home bound senior citizens and street homeless adults. Sponsor one person or a whole family for gifts. How can you help: • Apply to sponsor a family by completing the form below • Guilt free re-gifting - donate new items that you cannot use or are not to your taste. We won't tell! We welcome almost anything new as a gift. • Hold a Collection of toys or other gifts: hand tools, flash lights, diapers/baby wipes, jewelry, hats, gloves (home made are very welcome), pis, headphones, board games for older kids, dolls, Legos, Matchbox cars, personal care items for teenage boys and girls (body wash, perfume, aftershave), makeup kits, gift certificates, basketballs, baseballs, or footballs. We always especially need items for teens. • Shop from home by purchasing items from our Amazon Wish list. Gift Guidelines: We respect families of all kinds and sizes. We believe in a gift for everyone in the family, not just the children. That way, we help the whole family to have a Happy Holiday. All items must be new for this project. Think practical: Crafts supplies like markers; paper and Play Dough are always popular. Casual clothing items (fleece pullovers and hooded sweatshirts) are popular with teens and adults. Gifts should be seasonally appropriate: but not too seasonal please. Eg. Santa sweaters get old in March. Think Healthy: No highly allergenic items (scratchy sweaters or fragrant perfumes). Food items should be avoided. No pets, plants or anything else that requires tending No PlayStation/Nintendo games, etc. Board games, hand held

games, and learning toys should be substituted. All unwrapped gifts, price tags removed, packed in a heavy duty black trash bag labeled with the Family ID Code assigned to you for your sponsored family. If there is more than one bag per family, please make sure each bag is properly labeled, 1 of 2, 2 of 2, etc. This makes sure we keep all gifts for a family together.

•Guidelines for Ages Children & Babies: 3 gifts each: one toy (valued at ~\$30), clothing (valued at ~\$30), and craft/school supplies/ diapers (valued at ~\$15). Babies: Other items might be sleepers, baby toys, and board books. Adults: Adults should also get something for under the tree (valued at ~\$25). Gift cards to grocery stores or department stores are welcomed! Teens: Gift ideas: makeup, jewelry, clothes, fast food or department store gift cards, perfume/aftershave/body wash, scarf/glove sets or fleece. Children 18 and over receive a \$25 adult gift.

THE THRIFT SHOP AT THE WISH is open Tuesday-Friday from 9 to 2:45 and Saturday from 9 to 12:45. We accept cash and Credit card payments. Be sure to follow The Wish Project Thrift Shop page on Facebook • About Us: The mission of The Wish Project is to help families in need in the Merrimack Valley. Find out more on our website www,TheWishProject.org or call us at (866) 947-4360. Our mailing address is: The Wish Project, PO Box 8693, Lowell, MA 01853.

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TYNGSBORO GARDEN CLUB

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Our next meeting for the Garden Club will be in conjunction with the Tyngsborough Library on **Wednesday**, **October 20th at 5:45 pm**. We will be having our meeting first, then a presentation at **6:30pm by author Neil Sanders** who writes murder mysteries with garden themes. It should be an interesting evening. Please come to the main conference room at Tyngsboro Town Hall for the presentation. with a mask.

Hope to see you there! Open to the public. If you are interested in joining the group call Deb Schneider at **978-649-6362**.

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Worship 10AM at the church.

If you prefer to stay home, Services are available on line.
• TO WATCH LIVE SERVICES

Log on directly to facebook and go to Ecct Church. You may also log in at any time and watch the recorded services.

• **SERMONS ON-LINÉ**: Weekly sermons by Pastor Frediani: **1**. Log onto the church website http://www.tyngsborocongregational.org **2**. Click once on the word "SERMONS" **3**. Sermons listed by date, passage, sermon title. *You may click on "Jump to the Current Sermon. To find the most recent.*

•••••DECEMBER 4th - ANNUAL CHRISTMAS CRAFT FAIR

Watch for more details as we plan to hold our Annual Christmas Craft Fair this December unless unforeseen circumstances prevent us from doing so.

- SUNDAY SCHOOL All aboard for a new Sunday School year!! We offer a great Elementary Sunday School Program during church time using music and fun filled lessons. We offer our High School age youth appropriate Bible lessons every week during church except on Communion Sunday which is the first Sunday of every month.
- Help us reach the next generation of children. One of the most important things a parent can do is introduce their children to the Lord! PLEASE JOIN US!!
- MEN'S BIBLE STUDY Beginning Monday, September 13th 6:30 pm 8:00 pm. This is a NEW program our church is offering!!! We will be studying the Book of Hebrews. Please call our Office and leave a message and we will return your call (please speak clearly leaving your name and phone number) or stop in to sign up.
- •LADIES BIBLE STUDY Begins Tuesday, September 21st 9:30 am 11:30 am. Again, call and leave a message or stop by to sign up. We will be studying the Book of Esther.
- · All Executive Boards no meeting.

THRIFT STORE

Please come visit our newly renovated Thrift Store.
GREAT PRICES! AMAZING SELECTIONS/ITEMS!
HOURS: 10:00am to 3:00pm
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Masks will not be required for outside sales, but masks are still required for inside sales. It is such a tight space inside the building. Check us out on facebook.com Ecct Church for updates.

NOTE: THRIFT STORE CLOSED Thursday, November 25 and Saturday, November 27 (Thanksgiving Holiday) also CLOSED Saturday, December 25th (Christmas Holiday)

Catie's Closet

"Catie's Closet lets me be me..." The work we do is not possible without your kind and generous support. Together, we can create a pathway to success for our students. Our students' futures are at stake. The fact is simple. Students NEED help, and they need it NOW. Children in poverty already have a difficult time seeing beyond their current circumstances and into a brighter future. The challenges presented by remote learning, physical distancing, loss of connection and deepened poverty make it nearly impossible for students to imagine a future past this "new normal".

We need your help brightening the futures of more children across the country. Let them adjust their appearance to connect with who they are on the inside. You can help. Give Dollars. Your donations directly help students get the resources they need to succeed in school. We can't change students' homes, take away their past traumas, diminish their fear about the pandemic or replant their family trees, but we can do what we/ve done for the past 10 years and meet their most basic and immediate physical needs to help them feel good about themselves and re-engage in their classrooms. Through love, support, trusting relationships and consistent access to clothing and toiletries, Catie's Closet lays the foundation for students' big dreams. Consider increasing your impact with your company's employee giving and matching program.

Give Clothes. A fresh set of clothes, a clean pair of socks or a new pair of shoes can make a world of difference to a student in need. Catie's Closet accepts new and gently used clothing, undergarments and outerwear. Give Toiletries. A new toothbrush, a bottle of shampoo or a bar of soap can give kids living in poverty the fresh start they need for a great day. Catie's Closet accepts new full-size toiletries and feminine products. Give Time. You can volunteer your time helping us sort and process clothing at our Distribution Center in Dracut, MA For more details on clothing and toiletries that are accepted, and to sign up to donate your time, please visit the website www.catiescloset.org

Make an impact from wherever you are with the new Catie's Closet app. Now available on iOS and Android devices. Make monetary donations to show your financial support. Request a prepaid shipping label to donate gently used items. Shop our Amazon Wish Lists to purchase new items. The Catie's Closet app makes it easy to support local kids in need anytime, anywhere. Download today!

MEDICARE OPEN ENROLLMENT

The 2021 Medicare Annual Open Enrollment period begins October 15th 2021 and ends on December 7th, 2021.

TYNGSBOROUGH-DUNSTABLE



The Rotary Club of Tyngsboro/Dunstable Rotary Club has been serving the Tyngsborough and Dunstable area for 41 years.

Rotary is a global network of community volunteers. Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs.

Rotary builds international understanding through scholarships. exchange programs, and humanitarian grants. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

If you are interested in membership, please call Bob Guernsey at (508)380-4351 or Ron Keohane at (508)517-3895. Feel free to join in our weekly Zoom meetings held on Thursdays at noon.

Contact either member listed above to find out how to join in.

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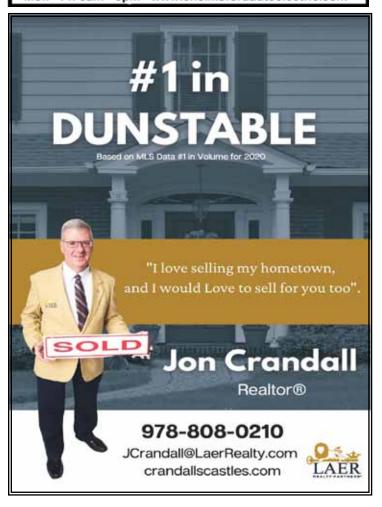
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DUNSTABLE TYNGSBOROUGH LIONS CLUB



<u>"We Serve"</u> The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need.

Officers for the 2019-2020 Lions Year

President: Mark Alexander, 1st Vice President/Membership Chair: Joseph Ward, Treasurer: Bob Reich, Secretary: Laura Ward, Tail Twister: Meghan DeMonico.

Anyone interested in joining the lions is asked to contact Joseph Ward at 978-930-1153. We will let you know where, and when meetings will take place.

• SENIOR / VETERAN BREAKFAST Will be held Thursday, October 21st at 8:30AM at the Tyngsboro Senior Center at 169 Westford Rd. in Tyngsboro. All Seniors and Veterans are welcome to attend. Come start your day with a healthy FREE breakfast. We will also do Under Hood Inspections "fluid checks" on your car. It's always good to prepare for the winter months.

YOU CAN HELP BY DONATING THE FOLLOWING:

- <u>Used Eyeglasses</u> are collected for refurbishment and distribution to less advantaged individuals around the world.
- <u>Used Hearing Aids</u> are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- <u>Can tabs</u> please place into bags before putting in the boxes. <u>Lion's collection boxes for eyeglasses and hearing aids and can tabs</u> are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Multi-Service Center at 180 Lakeview Ave, Dunstable Town Hall, Post Office and Library. **Pennies for Sight:** "Your change- changes people's lives" See a Lion cannister around please consider donating. Every Penny Counts!

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Jr. Vice Commander: Larry Monaco; Executive Board: Joe Conlin,
Ray Hamelin and John Burke. Bartenders (Volunteers) Matt and Bill

Visit our website, www.AmericanLegionPost247.org
This website contains a wealth of information about the Post.



HALLOWEEN COSTUME PARTY

American Legion in Tyngsboro

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90 Pawtucket Blvd. Tyngsboro, MA RSVP Mary 978-483-6661

Costumes Encouraged!