



# Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com)

[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)

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Issue # 408 • October 2021

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## DUNSTABLE TOWN CLERK

The amendments to the Town of Dunstable General Bylaw adopted under Article 22 of the warrant for the Annual Town Meeting of May 15, 2021 (Advisory Board) and Article 23 (Stormwater Management), were approved by the Attorney General on August 30, 2021 and are hereby published by posting in accordance with Massachusetts General Laws, Chapter 40, Section 32 as amended. A portion of the Advisory Board bylaw, approved by the voters, was disapproved by the Attorney General with the following comments:

**Article 22** - Except for the text in Section 1 establishing the quorum as a majority of the Advisory Committee then serving on the Board, as indicated below in bold and underline, we approve the changes adopted under Article 22. "There shall be an Advisory Board consisting of six legal voters of the town, each of whom shall be elected for a term of three (3) years on the Official Ballot of the Annual Town Meeting. No elective town officer shall be eligible or qualified to serve on said Board. **A quorum of the Board shall be a majority of the members then serving on the Board, but in no event shall the quorum be less than three (3).** An affirmative vote of the Board shall require a majority of the members present and voting at a meeting, but in no event less than three (3)." We disapprove and delete the text in bold and underlined above because, in the absence of a statutory restriction, the general rule is that a majority of a council or board is a quorum. *Merrill v. Lowell*, 236 Mass. 463, 467 (1920); see also *Clark v. City Council of Waltham*, 328 Mass. 40, 41 (1951). The by-law text that provides "A quorum of the Board shall be a majority of the members then serving on the Board" lowers the quorum requirement for the Advisory Board. For example, if only 5 members are serving on the 6-member Advisory Board, a quorum would be 3 members (a majority of the 5 members then serving) rather than 4 (a majority of the 6-member board). Because the Town cannot by by-law impose a quorum requirement different from what is required under state law, we disapprove and delete the text in bold and underlined above from Section 1.

A copy of these amendments and bylaws may be examined or obtained at the Offices of the Town Clerk by appointment at the Dunstable Town Hall.



**Town Clerk Office Hours** – As Town Hall begins to reopen, I plan to keep regular hours on Mondays and Thursdays from 9:00 am – 2:00 pm and working remote one day, either Tuesday or Wednesday depending on what deadlines, etc., I'm working with that particular week. I still have a lot of unused vacation time so it's best to call ahead. Carol A. Skerrett, Town Clerk CMMC  
978-649-4514 x222 [CSkerrett@dunstable-ma.gov](mailto:CSkerrett@dunstable-ma.gov)

## IN MEMORY OF

Ruth M. Hamel Byam  
Laurel V. LaBree Cover

Joanne Lewis Knight  
Susan Jane "Suzy" Stewart  
Susan "Sue" Urban Stevens

## DUNSTABLE CULTURAL COUNCIL

The Dunstable Cultural Council is now accepting grant applications for FY2022 as of September 1, 2021. **October 15<sup>th</sup>, 2021 is the deadline for organizations and individuals to apply for grants.** The Dunstable Cultural Council receives money each year from the Massachusetts Cultural Council (MCC) a state agency. These grants can be used to support a variety of artistic and cultural projects that benefit citizens in Dunstable - including concerts, exhibits, festivals, performances in schools, cultural workshops and lectures. This year, the Online Grant Application process will be available. The new online grant system can be found at [SmartSimple | Mass Cultural Council](http://SmartSimple.MassCulturalCouncil.org). There is a link to the Mass Cultural Council site where you can find more information about the new online applications. <http://www.mass-culture.org/dunstable> If you have any questions, please contact Leslie Novak, at [novakc@charter.net](mailto:novakc@charter.net)

## ELDERLY AND DISABLED TAXATION AID FUND

This fund has been established with the voluntary contributions of town citizens. The purpose of the fund is to defray the real estate taxes of elderly and disabled persons of low income. **Applications are due by November 1, 2021.**

Please contact the **Assessor's Office** at 978-649-2300 ext. 121 for more information or to obtain an application.

## DUNSTABLE CUB SCOUT PACK 28

• Our first official Pack Meeting of the year is Friday, October, 8th, at 7pm at the Swallow Union cafeteria. Cub Scouting is for kids K-5th grade. If you missed this meeting and are interested in the program, please email [charlotte\\_weigel@yahoo.com](mailto:charlotte_weigel@yahoo.com) for more info.



**Trick or Treat Hours  
on Sunday, October 31<sup>st</sup>  
will be from 5:00 to 8:00PM**



## Matt's Monthly Mechanical Memo

By Matt Manning

Let's look at some common signs of a water heater failing. Recognizing them can help homeowners be prepared, and avoid costly, unexpected emergency repairs and untimely replacements. Bathing in cold water is no fun!

**Discolored or Gritty Water:** Rusty, gritty or muddy-looking water can mean the anode rod is gone, and the tank is corroding.

**Water Smells or Tastes Off:** Water that smells like sulfur or rotten eggs may indicate an interaction between bacteria in the water and the anode rod can create this problem.

**Leaking Water:** Water heater leaking can occur because of sediment buildup, lack of maintenance, or simply due to deterioration. The relief (TPR) valve dripping can be a sign of dangerous pressures developing in the tank.

If you notice any of these, seek prompt help from a licensed plumber to identify the cause and to remedy the situation.

Until next month, stay comfortable!

*Matt*

**Got a question? Drop me a note!**

[matt@denommeeplumbing.com](mailto:matt@denommeeplumbing.com)

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## DUNSTABLE VETERANS' AGENT

Fall is here and it is coming up on two years that COVID is still with us and killing so many people. More than any wars we have fought. I ask that if any of you have not been vaccinated please do so for the benefit of you, your family and your neighbors and friends. Your actions not only effect you. It effects all of those around you, and more. May you all have a long life, and God Bless.

The Dunstable Veterans I would like to honor who were born June but have since passed away that are currently in our database are the following:

Gerald Dumont -- 22 Oct -- USA - WWII  
Michael Gigliotti -- 13 Oct - USA -- WWII  
Bruce Jenkins -- 24 Oct -- USMC  
Roland Lambouef -- 18 Oct -- USN -- WWII  
Roswell Wallwork -- 31 Oct -- USA - WWII

Our many thanks to those who went the extra step to serve their country.

As always, if you know of any Veteran or family member of any veteran who might need assistance, please contact me. My hours are now as they were before I took over Groton and I am normally available from 10:00AM to 2:00PM on Mondays almost every week. You can call or text on my cell and leave a message 978-496-0985 or send me an email anytime at [VSO@Dunstable-ma.gov](mailto:VSO@Dunstable-ma.gov)

Dunstable Veteran Services Office  
Joe Dean (Former USMC Sgt, Retired USAF Capt.)  
Dunstable Veteran Services Officer  
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**Read Dunstable and Tyngsborough issues, and other articles online at [www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)**

## SHEPHERD OF THE VALLEY LUTHERAN CHURCH

<http://www.sov-lc.org>

To contact Pastor Rev. Susan Gaeta (978) 540-0768 or email her at [pastorgaetasov@gmail.com](mailto:pastorgaetasov@gmail.com)

**Please Note:** Shepherd of the Valley Lutheran welcomes people who are willing to wear face masks and still keep appropriate distance to worship in the sanctuary on **Sunday mornings at 10 a.m.**

**We are located at 21 Washington St., Ayer, MA Thanks to the Federated Church of Ayer for being so welcoming!**

**You may join in our service via online ZOOM. Sunday worship at 10am and Wednesday prayer group at 7pm. Please visit our Facebook page or website and you will be able to see how you can join in. We hope to 'see' you there!**

## MEALS ON WHEELS NEEDS VOLUNTEERS LIKE YOU!

Volunteers offer a daily dose of human connection and a nutritious meal that helps keep senior happy and healthy. If you are interested, contact **Elder Services of the Merrimack Valley and North Shore** at [nutrition@esmv.org](mailto:nutrition@esmv.org) or call 978-686-1422.

## Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

**E-mail: [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com)**

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Total Circulation is now 6,481 which includes Dunstable and Tyngsborough.



## FALL FESTIVAL AT MCLOON BARN

**Dunstable Rural Land Trust** invites you to attend a Fall Festival on **Saturday, October 23, 2021 from 11am until 2pm.**

The celebration of fall will be held at the renovated McLoon Barn at 370 Thorndike Street and Route 113 in Dunstable. You are invited to join us for *Wildlife Encounters Ecology Center & Farm School* presentation at 11am, featuring live animals.

The event will also include tours of the farm, a sheep dog demonstration, horse drawn wagon rides, pumpkins and a raffle for a beautiful handmade quilt. Come enjoy the day and some light refreshments.

**For further information call Kap at 978-748-0056.**

## THE SANDWICH GENERATION STUCK IN THE MIDDLE

*By Edward H. Adamsky, Attorney at Law*

Caring for an aging parent, while also caring for your own children, can bring the strongest person to their knees. Just when you thought you might get parenting right, you now have to be the good child and "do the right thing" for your folks. How are you supposed to do it all, and what is it that you are supposed to do?

The first thing to keep in mind is that your adult parent is not a child and is used to being in control and autonomous. It's difficult for them to admit they need help, and they may resist you. The reversal of roles is hard for them as well as you. Second, you must set realistic goals and define your role as a helper to your parent. You may not want or need to be an actual caregiver; you may just need to coordinate care.

If you have siblings, have a meeting, and work out the structure of what needs to be done and who will do what. If there are paid caregivers, one person should be the liaison with the care agency so conflicting orders are not given. If one of the children will be paying the bills, then that person needs a Power of Attorney to show to third-parties and should have bills sent to their attention.

Consider your parent's health issues and ensure they get to the right medical providers, that their prescriptions are filled, and that medicines are taken on time and in the right dosage. Make sure there is a completed Health Care Proxy and HIPAA medical privacy release and copies are provided to the medical providers. The Health Agent should coordinate these issues.

You must look at physical limitations and your parent's living conditions. Is their home accessible and safe for their needs? You might need to hire someone to make some modifications to the home. Or you might need a discussion about your parent moving to a place that is safer. All of the family members should be part of this difficult discussion.

If your parent has cognitive issues, then you may need to ensure that caregivers are in place to help with medication management, meal preparation, and personal hygiene. You will need to make sure your parent is safe at all times which may require constant attendance by an aid or a move to Assisted Living. Consider your parent's mental health issues as well. Folks get depressed with all of these changes. Seek professional help to ensure your parent's social and personal needs are fulfilled.

Keep your own family in mind. Don't neglect your spouse or children's needs. Strive to achieve a balance between your parents and your own family. Don't overdo it with one and forget the other. Keep in mind that you don't have to do it all. Ask for help from all of your family and utilize professional assistance as necessary to ensure that you and your family are not neglected while trying to care for your parents. If your children are old enough, you can enlist them with the situation. The companionship of a grandchild can be just what your parents may need the most to help them to continue enjoying life to the fullest.

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### DUNSTABLE POST OFFICE 01827

Recently, Postmaster Donald White dedicated the "Thank You" Forever stamp to Tully farms Dairy and Store. The milk trucks delivered dairy products, meat and produce to families, along with keeping the store open, to bring fresh food to Dunstable and surrounding areas.



## GROTON GRANGE #7

### Do You Love Cheese?

Have you ever wanted to discover details about how your favorite cheeses are created?

We are delighted to announce our first event in a farm to table series about tasting the food and beverages we enjoy. Recently opened, the Barn Door, an artisanal and epicurean market, is collaborating with the Groton Grange agricultural community, to offer an introductory talk and cheese tasting on **Saturday, October 23, from 3 – 5 pm at the Groton Grange #7 building, 80 Champney Street, in Groton.**

At 3 pm, the Barn Door's cheese monger, Steve Dahlgren, will present a dynamic talk about cheese making and the different styles of cheeses. Steve has over 20 years of experience in the cheese business and is the General Manager of the Barn Door at Able Farm and Garden, 51 South Road, on Route 119, Pepperell.

At 4 pm, an outdoor cheese tasting event will take place to raise funds for the maintenance of the historic Grange building. Steve will offer several different cheeses to taste - following strict Covid protocols.

The introductory talk is free to all and sponsored by the Town of Groton Trust Funds' Lecture Fund.

**Reservations are required for the outdoor cheese tasting at 4 pm. Please RSVP at [mrmlblaze50@gmail.com](mailto:mrmlblaze50@gmail.com) or 978-448-5426 by October 16. Parking is on Common Street.**

## DROP OFF FOR FOOD PANTRY, POP TABS AND BOX TOPS

**Directly inside our new waiting area at West Auto Repair located at 30 Pleasant St. in Dunstable we have our community cares area.** Here you can drop off pop tops which are donated to Shriners Children's hospital, Box tops for Education which are donated to Swallow Union Elementary school in Dunstable and donations for PACH food pantry in Pepperell. At this time the volunteers at the food pantry tell us they could use items associated with back to school. Cereal, granola bars, gummies, juice boxes, grab and go items that children can use as they get their school year off and running. **Please feel free to drop off donations between the hours of 8AM and 5PM Monday - Friday** inside the waiting room or should you stop by after hours there is a blue bin located to the right of the front porch area where you can leave your donations as well. Thank you for making this community cares area such a success. Wishing everyone a happy and safe fall season. The West Family

## WELL ADULT CLINIC

**Due to the flu shot clinics and Thanksgiving, we are sorry to say this clinic will not be held until December 22 in the Dunstable library from 11:00 – noon.** These clinics allow for personalized, one on one attention from a nurse. Offered services include blood pressure and blood sugar screening, diet and nutrition information and teaching, medication review and assistance with identifying and coordinating community resources and referrals. Be prepared to wear a mask since it is required for all municipal buildings. Contact Nashoba Board of Health at 978-772-3335 ext.340 or [www.nashoba.org](http://www.nashoba.org) if you have any questions or are in need of their services.

## DUNSTABLE DEMOCRATIC TOWN COMMITTEE

This year our town has been invited to take part in helping to host a political event for 2022!

Come join like-minded people from town and learn what the party is doing from the local to federal levels. Also hear what events are happening from around the district.

As always invite your friends and family. **We hope to see some new Democrats.**

If you couldn't attend the meeting in September, we will have our last and final meeting of 2021 in the coming months. We will report on how the Convention went. **Follow us on facebook.com/ Dunstable-Democratic-Town-Committee.** For more information you may contact [rglod30@gmail.com](mailto:rglod30@gmail.com).

## EXTRA HANDS AND PAWS

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## TOWN OF DUNSTABLE 350<sup>TH</sup> ANNIVERSARY CELEBRATION COMMITTEE

The planning for the 350<sup>th</sup> Birthday Celebration of Dunstable has begun! The Committee of volunteers, appointed by the Board of Selectmen, includes Kathleen Sniezek, Anne Farina, Tiffany Naughton, Jon Swift, Erica Flynn, Catherine Reynolds, Jon Crandall, Tracey O'Neill, Sue Fayne, and David and Margery Kimpton. Residents who wish to join the committee should contact Jake Voelker, JD, Assistant Town Administrator, Town of Dunstable at 978-649-4514, ext 224. Or go to the town website <https://www.dunstable-ma.gov/home/news/350th-town-dunstable-anniversary-celebration-committee>



## FOR SWALLOW UNION SCHOOL

Check out the **Box Top for Education app**! You can track the school's progress. The goal for 2021-2022 is \$1,000. This is a direct, simple way to help Swallow Union. Many new products continue to be added, there are Bonus Offers, Specially Marked Packages and Sweepstakes for Bonus Box Tops for the school to win bonus. You can even set scan reminders for your Receipts. While traditional Box Tops are being phased out of production, **YOU CAN STILL CLIP AND TURN IN BOX TOPS!** You'll continue to find them on many products throughout the store for the next few years, including Hefty, Green Giant, Reynolds, Scott, Ziploc, Kleenex, and Finish (look for old logo). *Just check the expiration date on them before you turn them in.*

**Thanks again for your support!** Chrissy McLane ([mclane.chrissy@gmail.com](mailto:mclane.chrissy@gmail.com)) Box Tops for Education Swallow Union Elementary School [swallowunionapt.org](http://swallowunionapt.org) [aptswallowunion@gmail.com](mailto:aptswallowunion@gmail.com) [facebook.com/APTSwallowUnion](https://facebook.com/APTSwallowUnion)

At this time the Town Hall is closed on Fridays

## DUNSTABLE TOWN HALL DIRECTORY

Town Hall (978) 649-4514. *The departmental extensions are as follows:*

221 Town Accountant 222 Town Clerk 223 Council on Aging  
224 Selectmen (handles many depts.) Also for Animal Control Officer.

After hours call Police at 978-649-8891. If emergency call 911

226 Building Inspector 227 Road Commission  
228 Tax Collector/Treasurer 229 Board of Health  
230 Conservation/Planning Board 249 Assessors, Water Dept

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[www.dunstable-ma.gov](http://www.dunstable-ma.gov) click on library

Mary Beth Pallis – Director – [mpallis@mvlc.org](mailto:mpallis@mvlc.org)

Karen Debrececi – Children's Librarian – [kdebrececi@mvlc.org](mailto:kdebrececi@mvlc.org)

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[www.facebook.com/pages/Dunstable-Public-Library/219991908117595](https://www.facebook.com/pages/Dunstable-Public-Library/219991908117595)

**NEW Library Hours: Tues 3pm-8pm; Wed 10am-2pm,  
Thurs 3-6pm, Fri 10am-2pm; Sat 10am-2pm**

**Preschool Story Hour** Please come in with your 3, 4 or 5 year old for story hour. Story hour is held on Thursdays and Fridays. We meet from 10:30 – 11:30. The program includes stories, songs and a craft or activity. Come in and join the fun! **Please check on the dpl facebook page for additional information.**

• **Homework Club** The library is offering homework help every Tuesday night from 6:00–7:00 for the school year. This is a free service for children from Kindergarten to High School. Honor Students from local high schools are available to help the children. These students help children understand their math homework and more. **If your child is attending, please call by 5:30PM so we can be sure a student will be here for your child, starting Oct. 5th.**

• **Chapter Book Reading** Mrs. D will be reading from a chapter book each Tuesday night at 6:00 pm. Please join her on dpl facebook live to listen to the story. **Any suggestions for favorite chapter books will be appreciated.**

• **Take and Makes for October** Come to the library to pick up materials to make a project at home. All the directions and supplies are included. **No sign ups are needed. Supplies are limited.**

**Oct 12th** - Make a decorative monster rock for Halloween.

**Oct 26th** - Trick or treat bags & craft will be our take & make. Reminder please to wear a mask at all times within the library.

• **The Ukulele Show!** Tuesday, October 12th at 4:00pm learn to strum and form chords on the ukuleles that will be provided. We will

sing lots of kid's songs and play!! Ages 5 and up please. If it is nice out, we will do the program outside. **Sign up at the library or with Mrs. D at [kdebrececi@dunstablepl.org](mailto:kdebrececi@dunstablepl.org)**  
• **Spark Joy Program on zoom!** Thursday, November 4th at 7:00pm join Shannon Honeycutt for an inspiring, educational and entertaining program that will teach you the guiding principles needed to tidy once and for all using the KonMari Method and learn what it means to truly live a life that Sparks Joy! Sign ups are needed as space is limited. **Sign up at the library or with Karen at [kdebrececi@dunstablepl.org](mailto:kdebrececi@dunstablepl.org)**

• **On Going Book Sale** Is in the Community Room at the library. Come in and check out the selections that are here. Hard Covers are \$1.00, Paperbacks are 5 for \$1.00, DVD's are \$2.00 and CD's are \$1.00. If you would like to donate to the ongoing book sale, please bring current books (not older than 2 years) or any children's books in good condition. Please bring your donations inside, instead of leaving them at the door. We cannot accept magazines, older books, or textbooks.

• **Book Group** Our group will meet **Sat. Oct 16** at 10:30, in the community room of the Dunstable church. **Come join us.** We will be discussing **The Silent Patient by Alex Michaelides.** Summary "Alicia Berenson's life is seemingly perfect. A famous painter married to an in-demand fashion photographer she lives in a grand house overlooking a park in one of London's most desirable areas. One evening, her husband, Gabriel, returns home late from work, and Alicia shoots him five times in the face and then never speaks another word. Alicia's refusal to talk, or give any kind of explanation, turns a domestic tragedy into something far grander, a mystery that captures the public imagination and casts Alicia into notoriety. The price of her art skyrockets, and she, the silent patient, is hidden away from the tabloids and spotlight at the Grove, a secure psychiatric unit in North London. Criminal psychotherapist Theo Faber is captivated by Alicia's story and jumps at the opportunity to work with her. His determination to get her to talk and unravel the mystery of why she shot her husband takes him down a path more unexpected, more terrifying than he ever imagined -- a search for the truth that threatens to consume him" -- **Everyone is responsible for getting their own book it can be ordered thru the Dunstable library.**

• **Bone Builders Program** Are you ready to start exercising again? Brian O'Donnell has resumed classes on **Wednesdays, at 10:30AM** in the community room of the Dunstable library. Bone Builders is a FREE, low impact, balance and strength training exercise program. In the past we have met on Wednesdays & Fridays at 10:30. **Please RSVP [sjt0213@verizon.net](mailto:sjt0213@verizon.net) if you are interested in joining.**

## FACE COVERINGS

### CHECK FOR RECENT UPDATES

Visit [www.mass.gov](http://www.mass.gov) and search "face coverings". You may also want to check out [www.cdc.gov](http://www.cdc.gov). All town buildings require that you wear a mask indoors. Many businesses and facilities also require that you wear a mask.

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## DUNSTABLE COUNCIL ON AGING

DIRECTOR OF THE COUNCIL ON AGING

Anne Fenochetti Email: [afenochetti@dunstable-ma.gov](mailto:afenochetti@dunstable-ma.gov)  
978-649-4514 ext. 223 Hours: Tues 8-12, Wed 8-11

**DUNSTABLE COUNCIL ON AGING** Barbara Martin, chairman; Mary Dow, secretary; Donald Pottle and Joan Simmons.

**The Mission of the Dunstable Council on Aging** is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs. **Feel free to give us your ideas.**

**The Council on Aging Board** is looking for **someone willing to serve** on this 5 member board. Meetings are held once a month, September - June. We **need your help**, we **need your ideas**, we **need your support**.

### Senior Services

• **Walking Group** A weekly walking group meets on **Wednesdays at 9:30AM at Larter Field**. Walk the track as many times as you feel comfortable. Thanks to the Dunstable Recreation Dept. benches have been installed around the track for rest spots. **Let us know if you would like to join.**

• **Well Adult Clinic** Due to the flu shot clinics and Thanksgiving, we are sorry to say this clinic will not be held until **December 22** in the Dunstable library from 11:00 – noon. These clinics allow for personalized, one on one attention from a nurse. Offered services include blood pressure and blood sugar screening, diet and nutrition information and teaching, medication review and assistance with identifying and coordinating community resources and referrals.

• **Bone Builders Program** Are you ready to start exercising again? Brian O'Donnell has resumed classes on **Wednesdays, at 10:30AM** in the community room of the Dunstable library. Bone Builders is a FREE, low impact, balance and strength training exercise program. In the past we have met on Wednesdays & Fridays at 10:30. **Please RSVP if you are interested in joining.**

• **Book Delivery** is available through the Dunstable Library on Thursdays. Just let Anne know if you or someone you know needs books or audio material. Call 978-649-7830

• **Fabulous Feet by Diane** Diane Stanley, a foot care specialist nurse is now available to do home visits. She will check feet, trim nail, treat ingrown nails, corns and calluses. Experience with diabetics. Home visit is \$60.00 for 1 hour visit. Call 978-667-0644 to make an appointment.

• **Brown Bag Food Program** This program offers a FREE bag of groceries the 4<sup>th</sup> Tuesday of each month. Each bag contains a variety of basic healthy foods. Bags need to be picked up at the Tyngsboro Senior Center. Call Laura Marsan 978-946-1303 for more info.

• **I'm in the Donut Hole What Can I Do?** If you have reached or are about to reach that gap in your part D plan, the Commonwealth's Prescription Advantage program can help. For individuals with an annual income of less than \$38,640 or \$52,260 married. Prescription Advantage can help lower your co-payments while in this gap. Call for info 1-800-243-4636 or online at [www.prescriptionadvantage.org](http://www.prescriptionadvantage.org)

• **Van Service** is available for medical appointments and grocery shopping. Cost is \$5.00 for local trips, Lowell, Chelmsford, Nashua, Tyngsboro, Westford, Ayer, Groton & Pepperell. \$10.00 for any other. Check with Anne Fenochetti as soon as you know when your appointment is to make sure a ride is available.

• **Meals on Wheels** Do you or someone you know need the services of Meals on Wheels? This service is now being merged with Tyngsboro's MOW. For more information contact Merrimack Valley Elder Services 1-800-892-0890

• **Medicare** Remember if you are turning 65 you should contact Social Security to enroll in Medicare. Medicare has no connection to your eligibility for social security benefits. If you have questions call Elder Services at 1-800-892-0890.

• **We have applications for RMV handicap placards**

• **PENSION ACTION CENTER** Free legal counseling for workers and retirees who live or work in New England. Legal help line 1-888-425-6067.

Article continued on next page.

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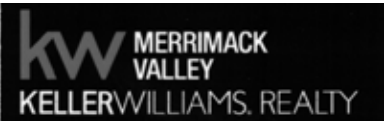


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## GROTON NEIGHBORHOOD FOOD PROJECT

The Groton Neighborhood Food Project (GNFP) is a non-profit organization that helps families in our community by organizing neighborhoods to collect food and other grocery items. Please join our growing network of neighborhood volunteers – it is fun & rewarding for the whole family!

On Facebook: <https://www.facebook.com/GrotonFoodProject/> If you would like to learn more about the GNFP, and how you can help, please go to <https://grotonfoodproject.com>

**The next food collections are on October 9<sup>th</sup>, and December 11, 2021.**

**The deadline is the 10th  
of each month, for the next month's issue.**

If you are running late please contact me as soon as possible.  
Email [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com) or mail to:  
Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827.  
Contact me, if you have a business and you would like to know more about advertising. Call and leave a message at **978-419-1914**. I will get back to you as soon as possible.

Continued from previous page

• **Elder Hotline** Finding the answer to questions about issues can sometimes be confusing. The Attorney General's Office has a state-wide, toll-free telephone hotline to assist individuals on a wide range of elder issues. The number is 1-888-243-5337 (TTY: 617-727-4765) Monday thru Friday 10:00 am– 4:00 pm This elderly hotline provides a valuable service to Massachusetts' senior citizens, their families, and other information about elder related issues and programs throughout the commonwealth.

• **Durable Medical Equipment** Try us FREE before you buy. Check out the COA's inventory. We have a variety of good, gently used walkers, wheelchairs, transport chairs, canes, commodes and much more that people have generously donated. These are on loan and need to be returned when not in use.

• **Message from the Fire Department and Chief Shawn Murray** A volunteer from the Dunstable Fire Dept. is available to **check your smoke detectors** or help to install new ones, you just need to set up an appointment. They also have **night lights** available to give away to keep you safe as you move around in the dark. Ask for your **File of Life**. Medical emergencies happen any time. A File of Life puts needed answers in the hands of EMTs. It allows first responders to immediately begin the best possible treatment. **File of Life** have a magnetic strip on the back and should be placed on your refrigerator once you fill in all the information. **Office # 978-649-6661.**

## DUNSTABLE SENIORS

**Program Coordinator Susan Tully 978-649-6750**

**or Email at [sjt0213@verizon.net](mailto:sjt0213@verizon.net)**

**Dunstable Seniors** .....we are a peer group for those over 60.

*HAPPY BIRTHDAY to all who are celebrating this month!*

**MEETINGS are now held on Wednesday  
at the Dunstable Library**

We will have access to the community room from 10 – 2. Cribbage, Dominos, and scrabble groups will be on hand.

• **PLEASE NOTE** For now, due to low attendance there will be **no more lunches at the library on Wednesdays.**  
**Masks will be required** except while eating.

• **Book Group** Our group will meet on **Saturday, October 16** at 10:30, in the community room of the Dunstable church. Come join us. We will be discussing **The Silent Patient by Alex Michaelides.**  
**Summary** "Alicia Berenson's life is seemingly perfect. A famous painter married to an in-demand fashion photographer she lives in a grand house overlooking a park in one of London's most desirable areas. One evening, her husband, Gabriel, returns home late from work, and Alicia shoots him five times in the face and then never speaks another word. Alicia's refusal to talk, or give any kind of explanation, turns a domestic tragedy into something far grander, a mystery that captures the public imagination and casts Alicia into notoriety. The price of her art skyrockets, and she, the silent patient, is hidden away from the tabloids and spotlight at the Grove, a secure psychiatric unit in North London. Criminal psychotherapist Theo Faber is captivated by Alicia's story and jumps at the opportunity to work with her. His determination to get her to talk and unravel the mystery of why she shot her husband takes him down a path more unexpected, more terrifying than he ever imagined -- a search for the truth that threatens to consume him" -- **Everyone is responsible for getting their own book it can be ordered thru the Dunstable library.**

## STITCHERS AT THE TYNGSBORO SENIOR CENTER

Masked, distancing, and still stitching, the group is in full swing getting knitwear ready for the cold months. Our agencies include: Able to Serve (Homeless in Lowell area) and Hospice of Southern New Hampshire. We also offer instruction for anyone who would like to learn simple patterns to contribute to this worthy cause. Our "Thank You" notes have overwhelmed us.

Our group meets on **Mondays in the Arts & Crafts Room from 10:00AM to 11:30AM.** You are welcome to join us or simply pick up materials and patterns to stitch at home for your contribution. **For further information, please call Jean Jacoppi, 978-649-9076.**



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PACH provides food, paper goods and personal care items to residents in need of assistance. If interested in this service, or if you want to help by making a donation of food or supplies, call the Office at 978-925-9770 or visit their web site at [www.pachoutreach.org](http://www.pachoutreach.org). You may drop off donations at West Auto Repair, 30 Pleasant St, in Dunstable, MA.



## FRIENDS OF THE THAYER MEMORIAL LIBRARY ANNUAL BOOK SALE

The sale began earlier this month but it continues on **Columbus Day weekend Oct 9<sup>th</sup> & 10<sup>th</sup>** at the **old Lancaster Town Hall, 695 Main Street, Lancaster. Hours: Saturdays 9 am to 4 pm, Sundays 12 to 4 pm.** 'Fill a bag' is being offered throughout the event. Masks are currently required indoors in Lancaster and we reserve the right to limit capacity. All proceeds benefit books, programs and events at the library.

Credit cards are again accepted this year. Over 600 boxes of books, DVDs and CDs are available and sorted into categories. On Columbus Day weekend Oct 9<sup>th</sup> \$10/bag, Oct 10<sup>th</sup> \$5/bag. Other-wise hardcover books are \$2, trade softcovers \$1.50 and standard paperbacks \$0.50.

The Friends of the Thayer Memorial Library is a 501(c)(3) tax-exempt nonprofit organization. *The Friends exist to stimulate the interest of the community in the services and needs of the Thayer Memorial Library, to enrich the cultural life of the community and to promote a program of assistance through volunteer help and fund raising that will enable the Thayer Memorial Library to keep pace with the growth of the Town of Lancaster.*

Open-Chair | Melissa Carlson-Vice Acting Chair | Irene Roper-Treasurer | Kathy Suits-Secretary | Susan Munyon-Book Sale Chair  
<https://thayermemoriallibrary.org> | [FriendsOfTML@gmail.com](mailto:FriendsOfTML@gmail.com)

## TICKETS ON SALE NOW! FOR THE GROTON COMMUNITY TOUR

**A Family Friendly Scavenger Hunt • October 16, 2021**

Explore the community. Decipher clues. Support local businesses. Discover something new! As we discovered last fall with the first **Groton Community Tour**, enjoying a safe, local outing is still possible! Join us for a day of fun for all ages with a self-guided driving tour and community scavenger hunt.

Gather your family and make your team! Start outside at our newly renovated GCS building at 110 Boston Rd, Groton, to collect tour materials, shop local vendors and buy tickets to take a chance on some amazing prizes and then your adventure begins! Teams will decipher clues leading them to 20+ mystery destinations to collect kite stamps in their event guide book. Some locations may offer an outdoor activity or your team may be challenged to complete a task!

Community Tour attendees are encouraged to order tickets in advance online. **Tickets on sale now at [grotoncommunitytour.com](http://grotoncommunitytour.com).** Group tickets (\$50 per vehicle) and lunch refreshment options purchased online will be ready for you at the school on the day of the tour. All proceeds benefit our non-profit, early childhood center, which supports the growth and development of young children.

Participants are required to wear masks and must adhere to social-distancing mandates abiding by event markers separating parties. Hours of the event are 10:00-4:00 with staggered start times and locations to allow space between groups. We look forward to seeing you on October 16th!

## BONE BUILDERS

Did you just have a Bone Density Test that was not favorable? Maybe Osteopenia? Or worse, Osteoporosis? Tufts University Research on Aging is the model used in the **Bone Builders Class at the Tyngsboro Senior Center.** The gentle exercises, using weights of various sizes, build bones and help with balance. Men as well as women benefit from this class. **For additional information, please call Jean Jacoppi, 978-649-9076.**

**TYNGSBOROUGH  
DUNSTABLE HISTORICAL  
SOCIETY**



**8<sup>th</sup> Annual AACA Bean Pot Region Car Meet**  
**Saturday, October 16<sup>th</sup> • 9 a.m. to 1 p.m.**

**Rain Date Sunday, October 17<sup>th</sup> • 9 a.m. to 1 p.m.**

**This will be held at the Little Red Schoolhouse,**

64 Main St, Dunstable, MA (Route 113).

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For information. Please contact Sue Psaledakis, 978 649-6005.

We look forward to seeing you there!

**Please note that we will observe any new health requirements  
if they become mandated for functions like ours.**

Thank you to those who have renewed their membership and  
made donations so far this year! We appreciate your kind support.

**Membership forms and more info is available at**

**[www.tdhistoricalsociety.org](http://www.tdhistoricalsociety.org)**

Email address: [tyngsboroughdunstablehs@gmail.com](mailto:tyngsboroughdunstablehs@gmail.com)

**School House on TV** Recently, Sue Psaledakis, a member of  
the Tyngsborough Dunstable Historical Society, met Kate Merrill and  
her cameraman, Richie of WBZ TV at the Little Red School House.  
Sue commented "They loved it and photographed inside and out.  
Kate rang the bell and pumped water from the well." This segment  
was shown on the "It Happens Here" segment during a WBZ  
Morning show. Follow this link if you would like to see the short  
video. Or you can also find it on-line by googling "WBZ It Happens  
Here". <https://boston.cbslocal.com/video/6025409-it-happens-here-dunstable-little-red-schoolhouse-is-an-up-close-lesson-in-history/>



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**COMING HOME TO CATHOLICISM**

is a program offered by St Kathryn Parish, 4 Dracut Rd Hudson,  
NH as a two Session Retreat on consecutive **Saturdays, October  
16<sup>th</sup> and October 23<sup>rd</sup>** from 10 AM to 2 PM. The program is for  
those who have left the Catholic Church, for any reason, and might  
be feeling the calling to return.

All of the Team members have left the Church at one time and  
have returned, providing a comfortable and understanding atmo-  
sphere for others looking to return. The program is designed to  
answer most of the questions returning Catholics might have and  
some discussion to address any individual concerns (don't worry;  
participants can share as little or as much as they'd like).

**Anyone interested can contact the parish office at  
603-882-7793, or visit our website [www.stkathryns.org/chc](http://www.stkathryns.org/chc).**

**Registration is required. Feel free to bring a friend.**



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helpful. <https://www.animalsheltering.org/page/wild-neighbors-book>

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## FRIENDS OF THE TYNGSBORO ELDERLY, INC.

The Friends of the Tyngsboro Elderly, Inc., originally Friends of the Council on Aging, established in 1984, is a 501 C3 Non-Profit Organization whose purpose is to help fund the needs, activities, and programs for the seniors at the senior center. The Board meets once a month to plan activities that will bring seniors together. Recent gatherings include the Meet & Greet Luncheon in the summer, and the Fall Festival Luncheon in September.

Plans are underway for future gatherings which will include 50/50 Raffle, Silent Auction, and Raffle Baskets as well as a lunch. Board Members include: Joe Jacoppi: President, Carol Sides: Treasurer, Elaine Rivard: Clerk, and Board Members: Lee Poirier, Elaine Franks, Joanne Jean, and Mary Basiliere.

Membership is well over one hundred seniors from the senior center. Become a member and support the efforts of this non-profit organization. Please call Elaine Rivard 978-649-7689 for a Membership Form. **You do not have to be a Tyngsboro resident.**

## DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827

[www.dunstablechurch.org](http://www.dunstablechurch.org)

978-649-6251

**Pastor Bobby Ross** [pastorbobby@dunstablechurch.org](mailto:pastorbobby@dunstablechurch.org)

DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."

- We are a caring community of faith where we are all on a journey together finding hope, purpose, connection, and wholeness as followers of Jesus. Wherever you are in this walk of life, we invite you to join us. Sunday Morning worship service begins at 10:30 AM.
- Masks are optional. Social distancing is according to your comfort level. You may also continue to worship online via our facebook live stream.
- **Adult Bible Study.** This 9:00 AM Sunday morning class meets in Fellowship Hall and on zoom. This series will study the book of Hebrews, a beautiful book of assurance and encouragement in these troubled times. The study guide is "N.T. Wright's Hebrews for Everyone" and is available at Christian Book Distributors or on Amazon. Contact Kathy Mackel ([mackelkathy@aol.com](mailto:mackelkathy@aol.com)) with questions.
- **Sunday School/Nursery.** In September, nursery/Sunday School classes began during our 10:30 AM worship service. Care is provided for infants through preschool. We use a one-room format for both nursery care and Sunday School children in kindergarten through grade 4. For questions regarding Children's Sunday School/Nursery or to volunteer to help, please contact [Shellyannross@gmail.com](mailto:Shellyannross@gmail.com).
- **Tuesday evening get-togethers.** With a goal of strengthening community among us, a gathering is held from 7:00-8:30 PM *three times monthly on Zoom and once a month in person for dinner in local homes. All are invited.* We use a variety of ways to share and grow in faith. Join us at the Zoom link on our website at 7:00 PM on Tuesdays to check it out with no commitment required.  
Come visit your community church.  
Streaming is still available on our website,  
[www.dunstablechurch.org](http://www.dunstablechurch.org).  
May the Lord walk between us while we are absent,  
one from another.

## BEAVER BROOK NATURE CENTER

**117 Ridge Road, Hollis, NH**

**Please go to the website for more information about Beaver Brook. Check out the programs offered.** If you would like to attend an upcoming event, please register online at [www.beaver-brook.org](http://www.beaver-brook.org)

Please read all details about what to bring or wear for weather and for COVID-19 protocol.

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## AMVETS POST #247 ROBERT D. PELLETIER

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AMVETS National Website: <http://www.amvets.org/>



## AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Auxiliary Unit 247 Officers for 2019-2021:

President: Linda Small; Sr. Vice: Ann Thellen; Jr. Vice: Joyce Ferreira; Secretary: Pat Modrich; Treasurer: Diane Dileo; Sgt-At-Arms: Deb St. Peters. Trustees: Michelle Lambert, Kathleen Olje and Josephine Beauregard.

For information on the Auxiliary Unit contact Unit President Linda Small.



## ALTRUSA

Altrusa is looking forward to another successful year of service in our communities.

***Our mission is to promote literacy and to make a difference in the lives of the less fortunate. Altrusa meets the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month. Please email [altrusamv@gmail.com](mailto:altrusamv@gmail.com) if you are interested in joining other volunteers in making a difference in the lives of others in our communities.***

## STE JEANNE D'ARC SCHOOL NOW ACCEPTING APPLICATIONS

Ste Jeanne d'Arc School, located in Lowell, MA, is now accepting student applications for the 2021-2022 school year. Ste Jeanne d'Arc School is a Catholic, independent school accredited by the New England Association of Schools and Colleges. SJA offers accelerated classes in math and language arts, French program for grades K-8, state of the art technology, athletics, art, music, and extracurricular activities for all age groups. There is also a before and after school care program.

Financial Aid is available for new families. ***Inquire/Apply online at [www.sjdarc.org](http://www.sjdarc.org) or contact the Admissions Office at 978.453.4114 for more information.***

## CLOTHING SHED AT DUNSTABLE CHURCH

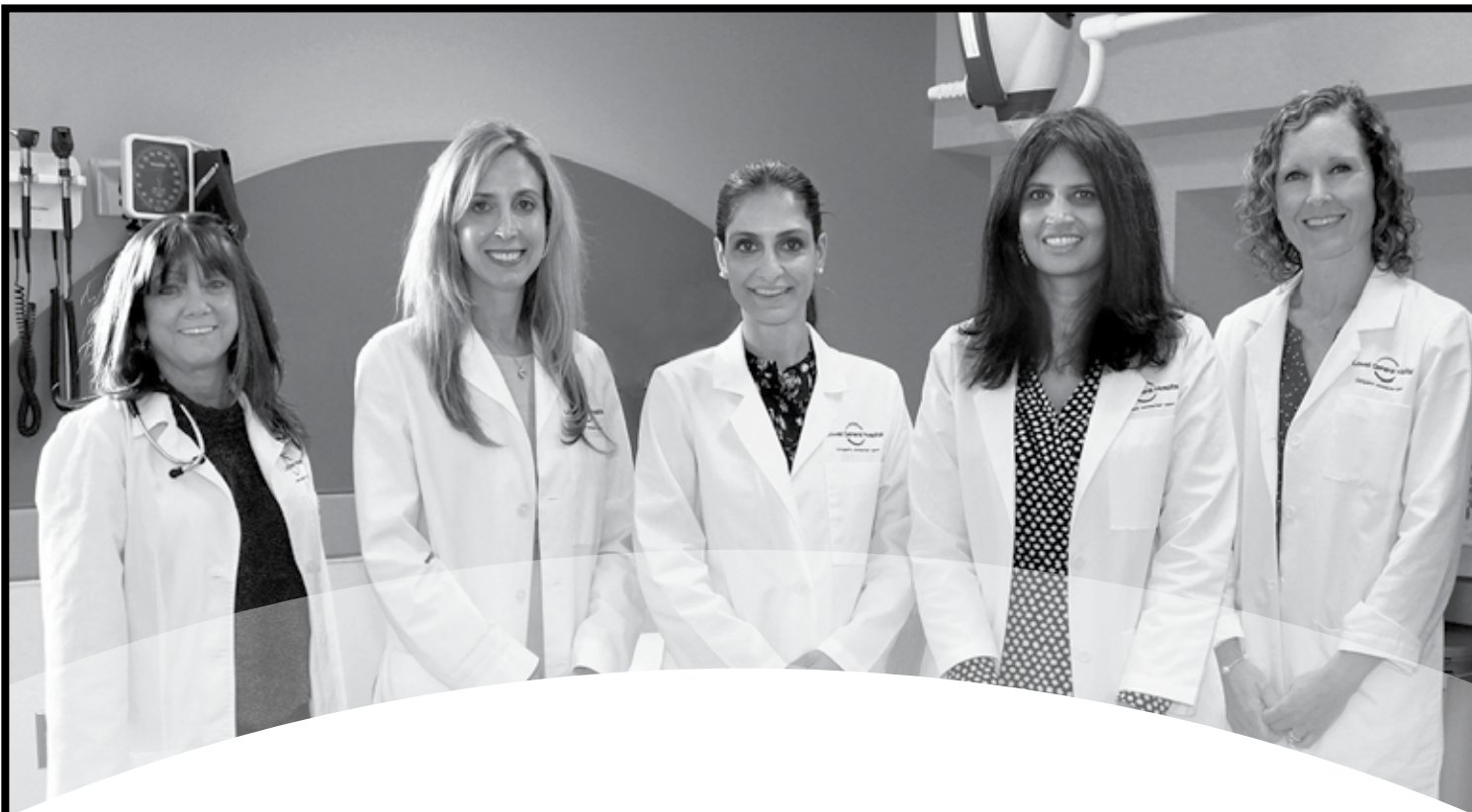


The clothing donation shed at the Dunstable Evangelical Congregational Church, **518 Main St, Dunstable MA**, is open to the public.

St. Pauly Textile Inc., the company that has provided the shed, partners with a network of businesses and various organizations to distribute donated items both here in the U.S. and worldwide, where they're ultimately re-worn by people who need them. The Dunstable Church additionally has the option to use donations to serve community needs. In 2019, the company was able to help keep over 20 million articles of clothing out of landfills, which clothed an estimated 2.5 million people worldwide. The company was founded in 1996 and is an A+ rated member of the Better Business Bureau.

**Accepted items: clothing, shoes, belts, purses, blankets, sheets, curtains, pillowcases, and stuffed animals.**

***PLEASE tie your bags, and do not leave bags outside the box.***



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Lowell General Hospital's Breast Cancer Risk Assessment Program is led, from left, by Kathleen Saucedo, NP, Breast Health Nurse Practitioner; Dr. Jill Steinkeler, Director of Breast Imaging; Dr. Lerna Ozcan, Medical Director and Breast Surgical Oncologist; Dr. Anasuya Gunturi, Associate Medical Director, Cancer Care Associates, and Jennifer Gilliatt, NP, Breast Health Nurse Practitioner.

**For more information, visit [lowellgeneral.org/breasthealth](http://lowellgeneral.org/breasthealth) or call  
978.937.6023 to schedule your screening mammogram today.**

## TYNGSBOROUGH POLICE OFFER HALLOWEEN SAFETY TIPS

During Halloween festivities, Chief Richard D. Howe and the Tyngsborough Police Department ask that the community put safety first, especially for those who plan on trick-or-treating or who will be out at night. Halloween, which is celebrated on Oct. 31, falls on a Sunday this year. "This holiday is sure to be a fun time for all, whether you're out in your neighborhood gathering candy, or celebrating with friends at home," Chief Howe said. "No matter your choice of activity, always remember to put safety first."

The Centers for Disease Control provides best practices for Halloween trick-or-treaters by asking that people follow the

**"Safe Halloween" motto.**

- **Swords, knives and other costume accessories should be short, soft and flexible.**
- **Avoid trick-or-treating alone.** Walk in groups or with a trusted adult.
- **Fasten reflective tape on costumes and bags to help drivers see you.**
- **Examine all treats for choking hazards and tampering before you eat them.**
- **Hold a flashlight while walking to ensure that you are visible.** Walk and don't run from house to house.
- **Always test make up in a small area first.** Remove it before bedtime to prevent possible skin and eye irritation.
- **Lower your risk of serious eye injury by not wearing decorative contact lenses.**
- **Look both ways before crossing the street.** Use established crosswalks wherever possible.
- **Only walk on sidewalks whenever possible, or on the far edge of the road facing traffic to stay safe and to prevent accidents or injury.**
- **Wear well-fitting masks, costumes and shoes to avoid blocked vision, trips and falls.**
- **Eat only factory-wrapped candy.** Avoid eating homemade treats offered by strangers.
- **Enter homes only if you're with a trusted adult.** Only visit well-lit houses. Don't accept rides from strangers.
- **Never walk near lit candles or devices with open flames.** Be sure to wear flame-resistant costumes.

Those who are planning on attending a party should remember:

- Many young children are out for the evening, especially during the peak hours of 6:00-8:00 p.m., so drive slowly!
- Not to drive a vehicle while wearing any sort of mask. Your visibility could be obscured.
- To have a designated driver if attending an adult Halloween party where alcohol is served.

If there are any concerns on safety please contact the **Tyngsborough Police Department at 978-649-7504 or Dunstable Police at 978-649-7445.**



## Neighbor to Neighbor

**Published by Anne M. Paquin  
Since 1983**

64 Hardy St., Dunstable, MA 01827

Do you have news?

Is your organization hosting any meetings or events, virtual or in person? **Do you have a fundraiser or activity coming up in November or December?**

The news is placed FREE of charge on a first come first served basis. If you have an event in early December it should be in the upcoming November issue.

**If you are thinking about advertising your business,** please contact me by email if possible, so I can send you a rate sheet. The total circulation each month is 6,578 issues and includes the towns of Dunstable and Tyngsborough, MA.

Issues are available to read online at  
[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)

On the website you will also find more news and articles posted there.

*I look forward to hearing from you soon.*

**E-mail: [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com)**

**Call and leave a message at (978) 419-1914**

*Hope you enjoy the fall colors and weather.*

*Take care, Anne*

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## CAT FOOD DONATIONS NEEDED

to feed a colony of feral and homeless kitties.

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Associated with Kitty Angels [www.kittyangels.org](http://www.kittyangels.org)

Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats

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## BUYING A FIXER-UPPER: 5 THINGS TO KNOW

*Sponsored by Carrie Best Cyr*

In today's busy market, many homebuyers have found themselves weighing options they would normally pass by. One of the more common compromises is to consider a home that needs some work.

On the plus side, fixer-uppers often come with lower prices, less competition and a lower-pressure sale on the whole. Still, they're not without challenges.

Are you considering a fixer-upper? Here are five things to think about first.

**1. You may need an alternative mortgage program.** If you want to finance the home purchase and the renovations and repairs the property needs, you might consider loans like the FHA 203(k) loan or the Fannie Mae HomeStyle loan. Your loan officer can help you choose the best option for your purchase.

**2. There may be appraisal and inspection issues.** If the home is in disrepair, you might face challenges with your inspection or appraisal. This is especially true if you're using an FHA, USDA or VA loan, as properties must meet strict requirements with these programs.

**3. You should have a backup living space.** You might not want to end your lease or sell your existing home just yet. If the property needs serious repairs or renovations, you'll probably need to live off-site until they're complete.

**4. You may want to bring a contractor along when you tour the home.** This will help you gauge what repairs might be necessary and how much they'll likely cost.

**5. Be prepared for problems below the surface.** Not all issues will be visible in a fixer-upper. There may be major problems lurking below the surface (like mold or termites, for example) that won't crop up until later. Make sure you leave wiggle room in your budget to account for these potential surprises.

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[www.theholyrood.org](http://www.theholyrood.org)

**Pastor:** Rev. Brian E. Mahoney

**Staff Offices:** 115 Middlesex Street, North Chelmsford, MA

**Confessions** Mondays at St. John from 4:30-5:30pm

Tuesdays at St. Margaret's from 4:30-5:30pm

Wednesdays at St. Mary from 4:30-5:30pm

### • WEEKEND MASS SCHEDULE

St. Mary: 4pm on Saturday, 7am and 11am on Sunday

St. John: 4pm on Saturday, 9:30am and 6pm on Sunday

Also 12pm African Liturgy (2nd, 3rd and 4th Sundays)

St. Margaret of Scotland: 4pm on Saturday and 7:30 and 10am on Sunday

### • DAILY MASS SCHEDULE Monday thru Friday

St. Mary at 7am • St. Margaret of Scotland 8am • St. John at 9am



## THE HOPE AND HEALING ADULT GRIEF SUPPORT GROUP

**ST. JOHN THE EVANGELIST CHURCH, OLD PARISH HALL**

**115 MIDDLESEX ROAD, N. CHELMSFORD, MA**

***WHEN SOMEONE IN YOUR LIFE DIES*** When someone close to you dies everything changes in your family, in your life, and your dreams. Often this can turn your life upside down. Know you are not alone in your grief and loneliness. The Hope and Healing Adult Grief Support Group has resumed their monthly meetings. **Meetings are held on the last Saturday of each month, from 10:30 a.m. till 12:00 p.m.** All are welcome to a safe place to share your story, find comfort, hope and encouragement, as you continue a new path in life. Registration is not required.

## THE WISH PROJECT

166 Middlesex St.  
North Chelmsford, MA 01863  
*This is behind Hertz Car Rental*  
[thewishproject.org](http://thewishproject.org)



For information email: [info@thewishproject.org](mailto:info@thewishproject.org)

If you are donating CLOTHING we are open to accept those donations Tues-Fri, 9-2:45pm and Sat, 9-12:45pm no appointment necessary. If you are donating HOUSEWARES AND FURNITURE we will continue to schedule those drop offs through our email [donategoods@thewishproject.org](mailto:donategoods@thewishproject.org).

### THE WISH PROJECT SUPPLYING THE BASICS

Our goal is to provide our local people in need with basic furniture, home goods and baby goods, while helping the planet by recycling used goods. Only when people have their basic needs met can they move forward and out of the social services system.

• **We accept a range of items including:** Clothing, Childcare Items, Furniture, Beds, Kitchen Items and Household Linen. Current Needs: Often specific needs arise in the community. If you are looking to donate goods, please reference our Current Needs list. It is always updating based on the needs of our clients.

• **Magic of Christmas • October – December** Deadline for dropping off items 12/5/21 **Goal:** Bring magic to a family's Christmas by getting involved in this project and provide gifts for both families in need and the many that are forgotten during the holidays: mentally challenged adults, home bound senior citizens and street homeless adults. Sponsor one person or a whole family for gifts. **How can you help:** • Apply to sponsor a family by completing the form below • Guilt free re-gifting – donate new items that you cannot use or are not to your taste. We won't tell! We welcome almost anything new as a gift. • Hold a Collection of toys or other gifts: hand tools, flash lights, diapers/baby wipes, jewelry, hats, gloves (home made are very welcome), pjs, headphones, board games for older kids, dolls, Legos, Matchbox cars, personal care items for teenage boys and girls (body wash, perfume, aftershave), makeup kits, gift certificates, basketballs, baseballs, or footballs. We always especially need items for teens. • Shop from home by purchasing items from our Amazon Wish list. **Gift Guidelines:** We respect families of all kinds and sizes. We believe in a gift for everyone in the family, not just the children. That way, we help the whole family to have a Happy Holiday. All items must be new for this project. **Think practical:** Crafts supplies like markers; paper and Play Dough are always popular. Casual clothing items (fleece pullovers and hooded sweatshirts) are popular with teens and adults. Gifts should be seasonally appropriate: but not too seasonal please. Eg. Santa sweaters get old in March. **Think Healthy:** No highly allergenic items (scratchy sweaters or fragrant perfumes). Food items should be avoided.

**No** pets, plants or anything else that requires tending

**No** PlayStation/Nintendo games, etc. Board games, hand held games, and learning toys should be substituted.

All **unwrapped** gifts, price tags removed, packed in a heavy duty black trash bag labeled with the Family ID Code assigned to you for your sponsored family. If there is more than one bag per family, please make sure each bag is properly labeled, 1 of 2, 2 of 2, etc. This makes sure we keep all gifts for a family together.

• **Guidelines for Ages Children & Babies:** 3 gifts each: one toy (valued at ~\$30), clothing (valued at ~\$30), and craft/school supplies/ diapers (valued at ~\$15). **Babies:** Other items might be sleepers, baby toys, and board books. **Adults:** Adults should also get something for under the tree (valued at ~\$25). Gift cards to grocery stores or department stores are welcomed! **Teens:** Gift ideas: makeup, jewelry, clothes, fast food or department store gift cards, perfume/aftershave/body wash, scarf/glove sets or fleece. Children 18 and over receive a \$25 adult gift.

**THE THRIFT SHOP AT THE WISH** is open Tuesday-Friday from 9 to 2:45 and Saturday from 9 to 12:45. We accept cash and Credit card payments. **Be sure to follow The Wish Project Thrift Shop page on Facebook • About Us:** The mission of The Wish Project is to help families in need in the Merrimack Valley. Find out more on our website [www.TheWishProject.org](http://www.TheWishProject.org) or call us at (866) 947-4360. Our mailing address is: The Wish Project, PO Box 8693, Lowell, MA 01853.

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## KITTY ANGELS

is a no-kill shelter dedicated to rescuing stray and abandoned cats, furnishing them with treatment for injuries or other health problems, and placing them into life-long, loving, indoor homes with compatible owners. If you wish to make a donation you can use the PayPal link, or you can send your donation to Kitty Angels, P.O. Box 638 Tyngsboro, MA 01879. 501(c)3

## NEWHOUSE WILDLIFE RESCUE

Nonprofit Organization Founded in November 2018

**A licensed safe haven for orphaned or injured local wildlife.**

It is our goal to rehabilitate these animals so they can be released into the wild. Call 978-413-4085 m.me/NewhouseWildlifeRescue  
janeseeker@gmail.com <http://NewhouseWildlifeRescue.org>  
<https://facebook.com/pg/NewhouseWildlifeRescue>



## TYNGSBORO GARDEN CLUB



Our next meeting for the Garden Club will be in conjunction with the Tyngsborough Library on **Wednesday, October 20th at 5:45 pm.** We will be having our meeting first, then a presentation at **6:30pm by author Neil Sanders** who writes murder mysteries with garden themes. It should be an interesting evening. *Please come to the main conference room at Tyngsboro Town Hall for the presentation, with a mask.*

Hope to see you there! Open to the public. If you are interested in joining the group call Deb Schneider at **978-649-6362.**

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For questions or more information

call our office **978-649-2262**

[www.tyngsborocongregational.org](http://www.tyngsborocongregational.org)

Pastor Denis Frediani



**Worship 10AM at the church.**

*If you prefer to stay home, Services are available on line.*

• **TO WATCH LIVE SERVICES**

**Log on directly to facebook and go to Ecct Church.** You may also log in at any time and watch the recorded services.

• **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: 1. Log onto the church website <http://www.tyngsborocongregational.org> 2. Click once on the word "SERMONS" 3. Sermons listed by date, passage, sermon title. You may click on "Jump to the Current Sermon. To find the most recent.

## •••••DECEMBER 4th - ANNUAL CHRISTMAS CRAFT FAIR

Watch for more details as we plan to hold our Annual Christmas Craft Fair this December unless unforeseen circumstances prevent us from doing so.

• **SUNDAY SCHOOL** - All aboard for a new Sunday School year!! We offer a great **Elementary Sunday School Program** during church time using music and fun filled lessons. We offer our **High School** age youth appropriate Bible lessons every week during church except on Communion Sunday which is the first Sunday of every month.

• **Help us reach the next generation of children.** One of the most important things a parent can do is introduce their children to the Lord! PLEASE JOIN US!!

• **MEN'S BIBLE STUDY** - Beginning Monday, September 13th - 6:30 pm - 8:00 pm. This is a NEW program our church is offering!!! We will be studying the Book of Hebrews. Please call our Office and leave a message and we will return your call (please speak clearly leaving your name and phone number) or stop in to sign up.

• **LADIES BIBLE STUDY** - Begins Tuesday, September 21st - 9:30 am - 11:30 am. Again, call and leave a message or stop by to sign up. We will be studying the Book of Esther.

• **All Executive Boards no meeting.**

## THRIFT STORE

*Please come visit our newly renovated Thrift Store.*

**GREAT PRICES! AMAZING SELECTIONS/ITEMS!**

**HOURS: 10:00am to 3:00pm**

**OPEN THURSDAYS and SATURDAYS**

Masks will not be required for outside sales, **but masks are still required for inside sales.** It is such a tight space inside the building. Check us out on facebook.com Ecct Church for updates.

**NOTE: THRIFT STORE CLOSED** Thursday, November 25 and Saturday, November 27 (Thanksgiving Holiday) also CLOSED Saturday, December 25th (Christmas Holiday)

### Catie's Closet

"Catie's Closet lets me be me..." The work we do is not possible without your kind and generous support. Together, we can create a pathway to success for our students. Our students' futures are at stake. The fact is simple. Students NEED help, and they need it NOW. Children in poverty already have a difficult time seeing beyond their current circumstances and into a brighter future. The challenges presented by remote learning, physical distancing, loss of connection and deepened poverty make it nearly impossible for students to imagine a future past this "new normal".

We need your help brightening the futures of more children across the country. Let them adjust their appearance to connect with who they are on the inside. You can help. Give Dollars. Your donations directly help students get the resources they need to succeed in school. We can't change students' homes, take away their past traumas, diminish their fear about the pandemic or replant their family trees, but we can do what we've done for the past 10 years and meet their most basic and immediate physical needs to help them feel good about themselves and re-engage in their classrooms. Through love, support, trusting relationships and consistent access to clothing and toiletries, Catie's Closet lays the foundation for students' big dreams. Consider increasing your impact with your company's employee giving and matching program.

Give Clothes. A fresh set of clothes, a clean pair of socks or a new pair of shoes can make a world of difference to a student in need. Catie's Closet accepts new and gently used clothing, undergarments and outerwear. Give Toiletries. A new toothbrush, a bottle of shampoo or a bar of soap can give kids living in poverty the fresh start they need for a great day. Catie's Closet accepts new full-size toiletries and feminine products. Give Time. You can volunteer your time helping us sort and process clothing at our Distribution Center in Dracut, MA. For more details on clothing and toiletries that are accepted, and to sign up to donate your time, please visit the website [www.catiescloset.org](http://www.catiescloset.org)

**Make an impact from wherever you are with the new Catie's Closet app.** Now available on iOS and Android devices. Make monetary donations to show your financial support. Request a prepaid shipping label to donate gently used items. Shop our Amazon Wish Lists to purchase new items. The Catie's Closet app makes it easy to support local kids in need anytime, anywhere. Download today!

### MEDICARE OPEN ENROLLMENT

The 2021 Medicare Annual Open Enrollment period begins October 15<sup>th</sup> 2021 and ends on December 7<sup>th</sup>, 2021.

### TYNGSBOROUGH-DUNSTABLE

**Rotary**  Rotary Motto *Service Above Self*

The Rotary Club of Tyngsboro/Dunstable Rotary Club has been serving the Tyngsborough and Dunstable area for 41 years.

Rotary is a global network of community volunteers. Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs.

Rotary builds international understanding through scholarships, exchange programs, and humanitarian grants. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

**If you are interested in membership, please call Bob Guernsey at (508)380-4351 or Ron Keohane at (508)517-3895.**

**Feel free to join in our weekly Zoom meetings held on Thursdays at noon.**

**Contact either member listed above to find out how to join in.**

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## DUNSTABLE TYNGSBOROUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need.

Officers for the 2019-2020 Lions Year

President: Mark Alexander, 1st Vice President/Membership Chair: Joseph Ward, Treasurer: Bob Reich, Secretary: Laura Ward, Tail Twister: Meghan DeMonico.

**Anyone interested in joining the lions is asked to contact Joseph Ward at 978-930-1153.** We will let you know where, and when meetings will take place.

• **SENIOR / VETERAN BREAKFAST** Will be held **Thursday, October 21<sup>st</sup> at 8:30AM** at the **Tyngsboro Senior Center at 169 Westford Rd. in Tyngsboro.** All Seniors and Veterans are welcome to attend. Come start your day with a healthy **FREE** breakfast. We will also do Under Hood Inspections "fluid checks" on your car. It's always good to prepare for the winter months.

### YOU CAN HELP BY DONATING THE FOLLOWING:

- **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.
- **Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- **Can tabs** please place into bags before putting in the boxes.

Lion's collection boxes for eyeglasses and hearing aids and can tabs are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Multi-Service Center at 180 Lakeview Ave, Dunstable Town Hall, Post Office and Library. **Pennies for Sight:** "Your change- changes people's lives" See a Lion cannister around please consider donating. Every Penny Counts!

## ROBERT D. PELLETIER AMERICAN LEGION POST #247, INC.



90 Pawtucket Blvd. Tyngsborough, MA 01879

Active duty military and veterans always welcome to join. First Year **FREE** for new Legion members. For further information call 978-649-7540 or email: [legionpost247@gmail.com](mailto:legionpost247@gmail.com)  
 Elected Post 247 Officers serving for 2019-2021  
 Commander: Matt DeLucia; Sr. Vice Commander: David Simpson; Jr. Vice Commander: Larry Monaco; Executive Board: Joe Conlin, Ray Hamelin and John Burke. Bartenders (Volunteers) Matt and Bill

Visit our website, [www.AmericanLegionPost247.org](http://www.AmericanLegionPost247.org)  
 This website contains a wealth of information about the Post.



## HALLOWEEN COSTUME PARTY American Legion in Tyngsboro

Help support our veterans, cost is \$10.

Prizes, Raffles, Dancing and Great Food

**Saturday, October 30<sup>th</sup> 6PM to midnight**

All proceeds go to our Legion and ALs Foundation

**90 Pawtucket Blvd. Tyngsboro, MA**

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*Costumes Encouraged!*