

TYNGSBOROUGH TOWN CLERK NEWS

• 2021 Dog Licenses are now available at the Town Clerk's office or by mail. The license is now late and payment must include a \$25.00 late fee. Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. If renewing by mail, please enclose a stamped envelope for the license. Please contact the office at 978-649-2300 extension 129 or email to jshifres@tyngsboroughma.gov with any questions.



FRIENDS OF THE TYNGSBOROUGH PUBLIC LIBRARY

** It is going to be a busy summer! Come see us at the <u>Community Yard Sale</u> on Saturday, July 17, at the Meeting House, 8am to 2pm. We will be selling books, picnic blankets, puzzles, and jewelry. Think of it as a mini book sale!

** Also, the **Tyngsborough Block Party** is on **Sunday August 29**, 11am to 4pm. Stop by to say hello at the site we will share with the Library.

** We are expecting to have a <u>fall book sale</u> on **October 15** and **16**. For a successful sale, volunteers will be needed especially for setting up and tearing down. The set up will be on Friday, October 15, mid to late afternoon to allow for volunteers to help after school or work. Please consider helping if you can move boxes of books, set up tables, sort books, etc. We will announce how to sign-up at a later date.

** This summer, the Friends are helping with children's <u>Storytime</u> by funding prizes and crafts. We are also sponsoring "<u>Reading</u> <u>with Rabbits</u>" on Thursday, July 1. This program includes a rabbitthemed story time, creating fuzzy paper plate rabbits, and learning about rabbit behavior and anatomy. In the Bunny Circle, youth may touch and interact with live rabbits.

** You can help **youth in need** by paying for a young adult book at book sale prices, and donating the book to the Mass. Department of Youth Services. The prices are \$1 for hardcover and \$.50 for paperback, which helps two good causes, for the kids and the Friends. Visit the Library to select and pay for the books.

** With covid restrictions relaxed, you might want to take a day for you to relax. <u>Library passes</u> funded by the Friends are still available so check the Library website and sign up. Otherwise, call the library to reserve. The Library is still accepting <u>puzzles for kids</u> and adults that will be offered for a \$1 donation to the Friends.

** We take a summer break now, and begin <u>planning the fall book</u> <u>sale</u> on Wednesday, August 25, 6:30pm at the Library. <u>Regular</u> <u>meetings</u> begin on **Monday, September 13**, (after the Labor Day holiday) at 6:30pm. We will meet in person to continue with the fall Book Sale. After that, meetings will be on Mondays at the Library: October 4. November 1.

** To contact us, email <u>tynglibfriends@gmail.com</u>, and follow us on Facebook.

Wishing you a wonderful summer!

Neighbor to Neighbor

Published by Anne M. Paquin Since 1983 64 Hardy St., Dunstable, MA 01827 (978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com www.neighbortoneighbornewsletter.com *Celebrating 37 Years of Service*

Issue # 394 • July/August 2021

POSTAL PATRON TYNGSBOROUGH, MA 01879 CARRIER ROUTE STANDARD U.S. POSTAGE PAID TYNGSBOROUGH, MA 01879 PERMIT NO. 40

IN MEMORY OF

Richard Lorman Gerald E. "Jerry" Gajnos Charlotte (Surprenant) Jones Dorothy Ann Quigley Rita M. (Briere) Albert Alice "Kiki" (Sarris) Cohen Warren F. Price Frank Scimemi Mary (Savaris) Zoghopoulos

Sandra Lee Farrell Leo Victor "Junior" Graham Leon Morency Jeannette P. (Chevalier) Dumont Lorraine T. (Lamy) Gower Deborah A. (Allaby) Hennessy Katherine R. (Scimemi) Leslie Sister James Madeline oulos (Birth name Dolores L. Whalen) Albert H. Winget Jr.

TYNGSBOROUGH VETERANS' AGENT

As a result of legislative changes, benefits available to our Veterans have substantially increased in the last few years. Most recently, Congress passed H.R. 6395, the National Defense Authorization Act (NDAA) which adds certain conditions to the list of Agent Orange conditions eligible for benefits. The list added the following conditions. • Bladder Cancer • Hypothyroidism • Parkinsonism

If you put in a claim for these conditions in the past and were denied then contact me about more information. If you are a Veteran who was exposed to Agent Orange or the family member of a Veteran who died of one of these conditions or other conditions resulting from exposure to Agent Orange you may be entitled to benefits through the V.A.

Those affected by the Vietnam "Blue Water" rule as well as amendments to V.A. laws have opened the door for Veterans to receive more of what they deserve. The "Blue Water" court ruling has allowed Navy and Veterans who served in the waters surrounding Vietnam to apply for Agent Orange presumptive conditions. If you think you were exposed and have health conditions due to the exposure then call me for more information.

Do you know a neighbor or friend who may be a Veteran, Veteran widower, widow or dependents of a Veteran that may be eligible for financial assistance from my office? I may be able to help them with basic living expenses, rent or mortgage heating cost, prescriptions, monthly healthcare premiums and hospital/doctor bills not covered by your Medicare or other insurance.

I can also help with filing or questions about V.A. disability and pension claims.

The Veteran's Office is a confidential office where your identity is completely confidential. Please call or email the office to schedule an appointment. *Sincerely, Christopher W. Dery,* Tyngsborough Veteran's Agent, 25 Bryant Lane, Tyngsborough MA, 01879 978-649-2300 X131 veteransagent@tyngsboroughma.gov

TYNGSBOROUGH BOARD OF HEALTH HOUSEHOLD HAZARDOUS WASTE DAY

Saturday, August 28th ~ 9:00am to 12:30pm It is being held at the Tyngsborough Highway Department Garage, 87 Kendall Rd., Tyngsborough, MA (Rte 113). *See last page (green paper) of this issue for details.*

TYNGSBORO SPORTSMEN'S CLUB

The Club is located at 90 Westford Rd. in Tyngsboro. If you are passing by and hear a lot of noise, they just wanted you to be aware that students of the Lowell Police Academy will be training at the facility. They will be there each week day, from 9am to 2pm during the month of August.

If you have any questions you can call Woody at 978-815-1956.

BONE BUILDERS AT THE TYNGSBORO SENIOR CENTER

Bone Builders is a program of exercises especially designed for those suffering from Osteoporosis. It includes exercises for balance and weight lifting for bone building. The model used in this program is taken from Tufts University Research on Aging. This class is beneficial to men as well as women. The commitment is two times a week. This class takes place on **Mondays and Wednesdays at 9** AM and is sponsored by Community Teamwork in Lowell. There is no cost. For further information, please call leader, Jean Jacoppi (978-649-9076).

ST MARY MAGDALEN PARISH

95 Lakeview Ave., Tyngsboro, MA 978-957-0322 Email: saintmarymagdalen@verizon.net Mass times: Saturday 4pm. Sunday 7:30 & 9:30am • Join us on Facebook! Search "Saint Mary Magdalen Parish Tyngsboro" & like our page. Daily meditation. Read the bulletin online at RODMC.org

Neighbor to Neighbor

Published by Anne Paquin Since 1983 64 Hardy St., Dunstable, MA 01827-1403 <u>Tel. 978-419-1914</u> <u>E-mail: anne@neighbortoneighbornewsletter.com</u> Copyright© 2021, Neighbor to Neighbor. All rights reserved. Reproduction of any part of Neighbor to Neighbor without permission from the publisher is prohibited. Neighbor to Neighbor assumes no financial responsibility for inadvertent omissions of advertisements or errors in advertisements, but will reprint that part which is incorrect if informed within 10 days of publication. Total circulation is now 6,481 which includes Dunstable and Tyngsborough, MA.

FRIENDS OF THE TYNGSBORO ELDERLY, INC.

It's MEET and GREET time! The Senior Center is now open. No masks or social distancing required. So the Board of the FTE has decided that it's time to celebrate. On Wednesday, July 14th, at 11:30AM, The FTE will host a light lunch followed by entertainment. There is no cost. Tickets will be available at the Greeters' Desk beginning on Thursday, July 1.

Our second celebration, Fall Festival, will take place on Friday, September 24th, at the **OLD TOWN HALL**, at 11:30AM. A light lunch and entertainment will be provided. There is no cost. Tickets will be available at the Greeters' Desk at the Senior Center on Thursday, September 2.

The **Friends of the Tyngsboro Elderly, Inc. is a 501 3C Non-Profit Organization** of over one hundred members, whose purpose is to help fund activities, programs, and needs at the senior center. To become a member, please contact Board Member, Elaine Rivard (978-649-7689).



Overwhelming Generosity

On Saturday, June 19, 2021, the *Altrusa Club of Merrimack Valley* conducted a BABY HYGIENE DRIVE at the new DeMoulas' Market Basket. 90 Old Ferry Road, Lowell, MA, to benefit Merrimack Valley Family Shelters; House of Hope, Brigid's Crossing and Alternative House, which have a continuous need for disposable diapers and baby hygiene products.

The generosity exhibited by the Market Basket shoppers was overwhelming! There are many mothers and babies in these shelters, who are feeling the warmth and "dryness" of their generosity.

Thank you Market Basket for your support and allowing Altrusa to conduct this important drive.

The Altrusa Club has been meeting virtually on the 2nd and 4th Tuesdays of the month. To learn more about Altrusa visit us at <u>www.altrusa.org</u> or districtone.altrusa.org



TYNGSBOROUGH HIGH SCHOOL

is proud to announce Victoria Kosiorek, Katherine Panagakis, Olivia Rankin, and Shruti Vaidya as the June Students of the Month. · Victoria Kosiorek, daughter of Meridith and Greg Kosiorek, is a recipient of the Commitment to Learning Award. She is a member of PALS, senior sidekicks, and is the yearbook club vice president. She was a member of both the THS varsity cheerleading squad and tennis team, continued to cheer on a club team and is a two-time National Champion Cheerleader. Victoria volunteers at the Westford Learning Center and with Tyngsboro Youth Cheerleading. Her hobbies include nutrition, weight training, driving, and competitive cheerleading. Her favorite subjects are math and writing. She plans to attend Johnson & Wales University to earn a degree in sports entertainment event management, and hopes to work in the sports industry, have a family, and travel the world. When looking back on her days at THS she said, "I will forever appreciate how much work the school and class advisors put in to help my class experience the fun and exciting things that high school brings, especially during a global pandemic. I have gained knowledge from mentors and teachers, as well as memories with friends that I will take with me into my future. My experience at THS taught me never to rush time and to live every moment like it's the last, high school went by in the blink of an eye."

· Katherine Panagakis, daughter of John and Vivian Panagakis, is a member of the Spanish Honor Society. She is a member of student council, president of the vearbook club, a member of the varsity soccer team, and of DECA with her team placing 6th at states this year. Katherine volunteers her time at the Wish Project, Holy Trinity Greek Orthodox Church events, Give Kids the World, various Tyngsboro PTO events, Life Sign Food Bank, and House of Hope. In her spare time, she enjoys working out, driving to the beach, doing Tik Tok dances, swimming, shopping, and spending time with her grandparents. She has worked as a timekeeper for the Valley Hockey League, Islanders Hockey Club, and as an ice cream scooper at Kimball Farm. Her favorite subjects are Spanish and English. She plans to attend Wentworth Institute of Technology to earn a degree in civil engineering and work in construction management. She would also like to travel the world and invest in real estate. "I have created so many relationships with teachers I've had and other kids I never thought I would talk to. THS also gave me the amazing opportunity to travel with some of my best friends. My favorite memories at THS are junior homecoming, volunteering at Give Kids the World with Mrs. Ward and Mrs. Trainor (best chaperones ever!!), AP Language weekend in NYC, and going to Spain and Portugal two weeks before the pandemic hit.'

• Olivia Rankin, daughter of Stephen and Deborah Rankin, is a member of the Spanish Honor Society. She is also a member of PALS, and a captain of the girls' varsity lacrosse team. Olivia was a member of the THS dive team and earned the Most Improved Player award. She volunteers her time coaching in the youth lacrosse program and as a track coach. Her hobbies include paddle boarding, traveling, and baking. Her favorite subjects include anatomy and biology, and that has led her to attend Bridgewater State University. Her future goals include pursuing the physician assistant's program to become a PA in the oncology field. When thinking about her days at THS she said, "I have gained many friendships and great opportunities. THS has provided me with an education that makes me feel ready and excited for my future. When I leave I will take with me memories of field trips. homecoming week, and fundraisers."

 Shruti Vaidya, daughter of Chirag Vaidya, has volunteered her time helping children while in the Air Force Junior ROTC program at Lowell High School, along with volunteering at other LHS events. Her hobbies include badminton and drawing. Her favorite subject is technology and she plans to pursue a degree in computer science at University of Massachusetts Lowell in hopes of becoming a great information technology specialist. "At THS, I have gained lots of knowledge from and respect for the many favorite teachers that are really nice to me. I feel like I want to spend more time at school than at home. This is what school has given me. The best memories I am going to take with me is having fun during homecoming week, learning new things from teachers and from other students. THS has also given me a lot of great opportunities. I want to thank Student Services staff members for helping me in hard times, with special thanks to Mrs. Ward." Congratulations to all 4 Students!

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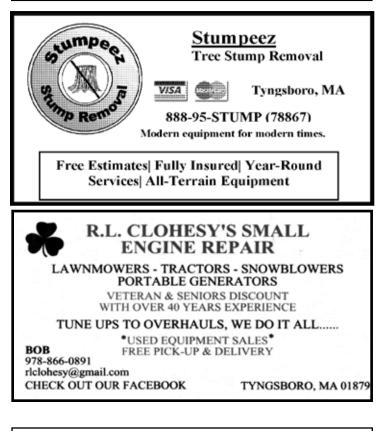
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POLICE & FIRE EMERGENCY 911 Fire Dept. 978 649-7671 Police Dept. 978 649-7504 TOWN OF TYNGSBOROUGH TOWN HALL, 25 BRYANTS LANE OFFICES OPEN Monday, Tuesday, Wednesday & Thursday 8:30 a.m. to 4 p.m. Friday 8:30 a.m. to 12:30 p.m.

Meeting schedules are posted at the front entrace of the Town Hall Town Hall Directory Main Number 978-649-2300

Ext. 124	Media Dept.	Ext. 140
Ext. 121	Planning Board	Ext. 115
Ext. 112	Town Treasurer	Ext. 126
Ext. 118	Veteran's Agent	Ext. 131
Ext. 112	Sewer Dept.	Ext. 134
Ext. 129	Board of Selectmen	Ext. 100
Ext. 128	Town Administrator	Ext. 100
Ext. 116	Recreation & Parks	Ext. 150
Ext. 124	Highway Dept.	978-649-2310
	Ext. 121 Ext. 112 Ext. 118 Ext. 112 Ext. 129 Ext. 128 Ext. 116	Ext. 121Planning BoardExt. 112Town TreasurerExt. 118Veteran's AgentExt. 112Sewer Dept.Ext. 129Board of SelectmenExt. 128Town AdministratorExt. 116Recreation & Parks



TYNGSBOROUGH RECREATION AND PARKS Call 978-649-2300 Ext. 150

The Recreation Committee meets at the Old Town Hall, 10 Kendall Road. Meeting dates and additional information may be found on our website at

Tyngsboroughma.myrec.com/info/activities Friend us onFacebook. Seeking new members. Join us!

• THE NEWLY RENOVATED TYNGSBORO TOWN BEACH

- OPEN FOR SWIMMING - We have new sand and the grass is beginning to come in (please observe all signs and directions). Resident passes are needed and are available at the Town Hall. Volunteers are needed to assist in raking the beach each week. Please message your interest on FB or email TyngsboroughRec. com, (978) 649-2300 Ext 150. Note: The beach is accessible from Maplewood Ave. and Cedar Grove Ave., near the intersection of Lakeview Ave and Coburn Rd. Beach and parking are located at the end of the road.

• <u>Community Yard Sale 2021</u> Join the Community Yard Sale. Sell your items from your home or rent a space at the Meeting House. *Town wide yard sale July 17 8am-2pm* \$15 map and sign fee. Refundable with return of signs. Register online. <u>https:// tyngsboroughma.myrec.com</u> Two signs will be provided for each participant to direct traffic to your sale. All sites will be listed on a master map for buyers to follow.

• <u>Kids Summer Tennis/pickle Ball Clinics</u> Ages 8-16 licensed certified instructor, top ranked. Organized group lessons. Master both tennis and pickle ball. Fun fitness \$199 for the week or \$60 per day.Develop skills, character, self-esteem and confidence. Register online at <u>www.planet tennis.com</u> or phone 727-542-9636 Greg Reardan professional. Week 1: July 5-8 1:00pm-4:00pm Week 2: July 12-15 9:00am-12:00pm Week 3: July 19-22 1:00pm-4:00pm \$199/week or \$60/day <u>Tyngsborough Elementary School</u> 205 Westford Road, Tyngsborough, MA 01879

••• FESTIVAL OF TREES 2021 PLANNING COMMITTEE•••

We are looking for new members to join our sub-committee to plan the Festival of Trees Event specifically (December 2-5, 2021). You do not need to be on the Recreation Committee. Contact the Rec. Office <u>apage@tyngsboroughma.gov</u>, send a message on FB or call Theresa 978-828-6589 if you have questions.



TYNGSBOROUGH BLOCK PARTY – 2021 Music and Food Truck Event

Sunday, August 29, 2021, 11am-4pm (Rain or Shine) GENERAL ADMISSION: Free! Attractions, Food/Beverage and Activities have varying costs.

WHAT TO EXPECT: Welcome to the Tyngsboro Block Party-by-the-Bridge! As you drive across the longest, and 2nd oldest, steel rib arch bridge in Massachusetts, prepare to experience a fun, familyfriendly atmosphere with popular **live music** all day on the main performance stage and streets lined with a mouth-watering mobile buffet of meal and dessert **food trucks**. Meander thru the new Tyngsborough Common to explore local and corporate Vendors; Interactive Booths; Crafts; Local Artisans; Pony Rides; Petting Zoo; Kids Activities; Food Samples; Craft Beer and Specialty Wines; try your luck at the Dunk Tank; compete in a Pie-Eating Contest; play Lawn Games, and so much more! This end-of-summer party has something for the whole family. We'll be partying RAIN or SHINE. Still, free admission.

MUSIC & SHOWS: Main Performance Pavilion: • Motor Booty Affair ~ The Ultimate Disco Party Band Winslow Performance Stage: Entertaining Demonstrations/Shows every 30 minutes • PARKING: Tyngsboro Block Party parking is \$5.00 with FREE, fast and friendly Shuttle Service to and from the party. New shuttle routes and additional buses will be added for 2021! Handicapped permit parking area will be located behind the Tyngsborough Fire Department. Look for signage and lot attendants at each lot: 1. Winslow School VENDOR PARKING PASSES ONLY (250

Middlesex Rd. - Rte 3 N or S, Exits 88 or 90)

2. <u>Tyngsborough Fire Department</u> - Rear Lot **HANDICAP PERMITS** ONLY (26 Kendall Rd. - Rte 3 N or S, Exit 90)

3. <u>Academy of Notre Dame</u> (180 Middlesex Rd. - Rte 3 N or S, Exit 88)

4. <u>Tyngsboro Sports Center/Mass Crane Co.</u> (500 Potash Hill Rd. - Rte 3 N or S, Exit 88)

5. <u>Pheasant Lane Mall</u> Front Lot (Rte 3N, Exit 91, straight into mall driveway, first right into Block Party parking lot)

Note: Local businesses providing free, or pay, parking are operating independently from the Tyngsboro Block Party and our shuttle service. See map for official TBP parking locations and directions.
 DIRECTIONS: Easy access from Rte 3 (Exits 88 or 90). Located at the intersection of Middlesex and Kendall Roads. GPS: <u>Winslow</u> Rd. Tyngsborough, MA 01879. Immediately south of the popular Nashua, NH retail district with a picturesque backdrop of the massive 547 foot <u>Tyngsborough Bridge</u> suspended over the Merrimack River.

• FACILITIES: Port-a-potties will be placed throughout the Tyngsboro Block Party grounds. Handicap accessible port-a-potties will also be available.

 SOCIAL MEDIA: Check this out for even more details with pictures. <u>https://www.facebook.com/TyngsboroughRec</u>

OFFICIAL WEBSITE: <u>www.PartyByTheBridge.com</u>

• **PET OWNERS:** For the comfort of all our party-goers, food vendors, and petting zoo friends, we are asking to please leave your dog at home during the Tyngsboro Block Party. Trained/licensed service dogs are welcome! Thank you in-advance for your cooperation.

• EVENT SPONSORS: <u>Tyngsborough Recreation and Parks</u> (Event Host), Enterprise Bank (Circle Sponsor), <u>Denommee Plumb-</u> <u>ing, Heating & Cooling, Inc.</u> (Circle Sponsor), Shanghai Osaka (Circle Sponsor), Parlee Farms (League Sponsor), Muir Sealcoating (League Sponsor), <u>Jeanne D'Arc Credit Union</u> (Connection Sponsor), Postal Center USA (Connection Sponsor), <u>Metro Mass</u> <u>Entertainment</u> (Official DJ/MC Company of the Tyngsboro Block Party), <u>Sherburne Lumber</u> (Official Lumber Yard of the Tyngsboro Block Party)

• Want to add your company name to this list? Become a 2021 Tyngsboro Block Party sponsor. If you have questions or want to donate a product/service, email: apage@tyngsboroughma.gov

> Buy local! Invest in your community!



25 Bryant Lane, Tyngsborough, MA 978-649-7361 www.tynglib.org

Our doors are open and we have a new look, having finally completed our interior painting!

2021 SUMMER SCHEDULE: Summer hours began in June and will end on September 6. Monday: 10:30 a.m.-5 p.m.

Tuesday Wednesday Thursday Friday **NEW!** 10:30 a.m.-5 p.m. (Please note 5 p.m. closing time) 9:00 a.m.-5 p.m. 10:30 a.m.-8 p.m. 9:00 a.m.-5 p.m. 9:00 a.m.-12:30 p.m.

We are trying a new schedule this summer! As we welcome visitors back to the building, we'll offer Library services five days per week (rather than our traditional 4-day summer schedule) by adding Friday morning hours from 9:00 a.m.-12:30 p.m. Be sure to let us know as the summer progresses how you like this new Friday option. We are always looking for better ways to serve you!

CLOSED Monday, September 6, in observance of Labor Day

After nearly twelve years at TPL, Library Director Sue Arthur will be retiring at the end of August. Please stop in to say goodbye to Sue and wish her well in her new adventure!

• **TPL's SUMMER READING PROGRAM** Adults, teens and kids – relax, read and participate in our summer reading program through August 19, with events and prizes for readers of all ages. This year's theme is *Tails and Tales*.

FOR ALL AGES:

• Flying High Dogs, Monday, July 19, 1:30 p.m. Mike Piazza and his frisbee dogs are educational, interactive, and FUN! Register via the TPL calendar for this outdoor program to be held in the TPL garden.

• End of Summer Reading Picnic in the TPL garden, August 19, 11 a.m. - 12 p.m. We'll have games, music, and ice cream for all patrons, all ages!

• Stop in to see our charming **TURTLE BIKE**. Created from a bike hauled out of the Merrimack River by a dedicated team at *Clean River Project*, this whimsical piece was a generous donation of Tyngsborough resident Susan Morey.

Participate either in person at the Library or sign up online through READSquared at tynglibreads.readsquared.com. Pick up a brochure at the Library!

The Friends of the Library generously support our Summer Reading Program.

• For ADULTS: Enter to win gift cards to local businesses. Pick up a brochure for adults!

• For TEENS, Grades 6-12: Enter to win an Amazon gift card – your required school reading earns tickets! Teen programs: Minecraft (Ages 10+) and Dungeons & Dragons (Ages 12+) on alternating Fridays at 7 p.m.

• For CHILDREN:

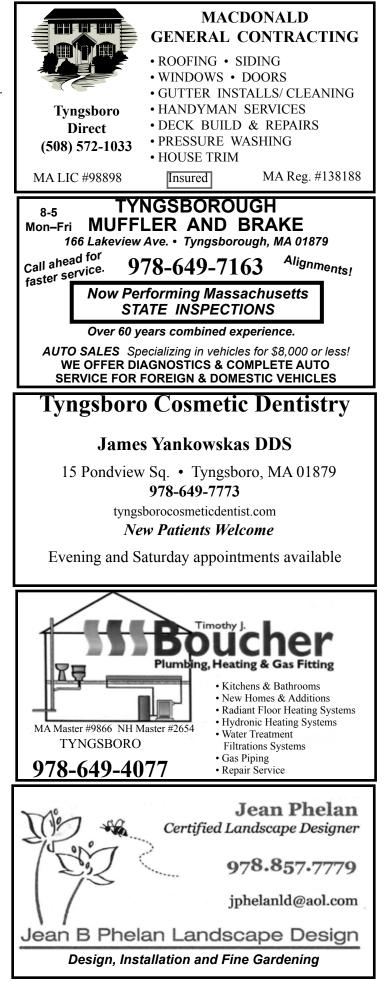
• Read to a Stuffed Animal. Kids, register to adopt your new animal friend. Pick your plushie at TPL any time.

• **Reading with Rabbits, Thursday, July 1, 11 a.m.** A rabbitthemed story time. Create fuzzy paper plate rabbits and interact with live rabbits. Ages Preschool-2nd grade.

• Let's Go on a Bug Hunt with Hands on Nature in the TPL garden, Thursday, August 12, 11 a.m.-12 p.m.

• CrafTyng Tuesdays, 11 - 11:30 a.m. on Zoom. Every week, a new animal will be featured for an at-home children's craft. Pick up materials one week before. Ages 4+

• Kawaii Safari Thursdays, 2 - 2:45 p.m. on Zoom, Learn to draw a new animal each week. You may pick up your own sketchbook. Ages 7+ Continued On Next Page



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CONTINUED FROM PREVIOUS PAGE

TYNGSBOROUGH PUBLIC LIBRARY 25 Bryant Lane, Tyngsborough, MA 978-649-7361 <u>www.tynglib.org</u>

• Pokemon Trading Card Game Online, 11 a.m. - 12 on Mondays. Learn to play and make new friends. Special bonus codes for

registered players. • Kids & Teens - Pick up your summer activities calendar! Please check TPL's online calendar for updates and details.

Ongoing programs - Check the TPL calendar for more details: • New! Storytimes have moved outside to the garden area, weather permitting. Mats are provided for children & social distance will be kept. Feel free to bring picnic blankets, lawn chairs and/or bug spray.

- Storytime with Ms. Sam! Ages 3-5. Wednesdays at 10 a.m.
- Music and Storytime with Mr. Robert. Thursdays at 11 a.m.
- Special storytime readers from the Tyngsborough Police and Fire (TBD) Departments
- Police Chief Rich Howe, July 12, 10 a.m.
- Deputy Chief Shaun Woods, July 22, 11 a.m.

• **Board of Library Trustees** Meetings are generally held monthly 3rd Thursday. Check the TPL or Town websites for scheduled meetings. • **Friends of the Library** – Join in the fun and support your library! Meetings are held 9 Mondays per year at 6:30 p.m. in the Library. See the TPL website for dates.

Register for TPL programs by calling the Library or using the option on the online calendar.

Like us on **Facebook**, follow us on **Instagram** @ tyngsboroughpubliclibrary and **Twitter** @tyngsboroughlib

BEING WATER-WISE: WATER CONSERVATION IN THE SUMMER Sustainable Tyngsborough

Of the 29 billion gallons of water that is used EVERY DAY across this country, 9 billion are used mainly for landscape irrigation and, unfortunately, about half of that water is wasted due to over irrigation, run-off and evaporation. Here are some water-wise recommendations:

• Leave it long! Longer grass results in a more drought-resistant lawn (the longer the grass, the deeper the roots), reduced evaporation, and fewer weeds.

• To reduce the waste of evaporation, do your watering in the very early morning or evening.

• Use soil amendments. Soil amendments, organic or inorganic, help the soil to retain moisture so that you do not have to irrigate as often.

• Minimize or eliminate fertilizer. Fertilizer stimulates growth, which makes your lawn thirsty. If you do fertilize, look for a product that contains "natural organic" or "slow-release" ingredients. Using these fertilizers reduces nutrient run-off into ground and surface waters, protecting natural resources, and because they feed plants slowly, they create healthier plants with strong root systems and no excessive "top growth."

• Use a mulching mower to cut your grass. The grass clippings left behind by a mulching mower essentially function as a slow release fertilizer, as if you were applying compost to your lawn.

• Rain barrels or cisterns can be used to harvest rainwater for irrigation and other outdoor water uses.

• Does your lawn really need water? Lawns require a total of 1" per week, including rainfall, to maintain good root systems. Overwatering causes your soil to become anaerobic. This lack of oxygen prevents roots from digging down deep and kills beneficial microbial activity. A good way to tell if your lawn needs water is to step on it. If the grass springs back it does not need water.

• Take a sprinkler break. Grass is not meant to be bright green in the summer.

Sustainable Tyngsborough is a subcommittee of the Board of Selectmen. We meet the third Tuesday of every month, beginning at 6:30pm, in Meeting Room #1. You are always welcome to join us and share your sustainability ideas and concerns.

HOMESTEAD PROTECTION IN MASSACHUSETTS – COURT CLARIFIES CREDITORS' RIGHTS By Edward H. Adamsky Attorney at Law

In Massachusetts, if you a file a Homestead Declaration at the registry of deeds, you can protect up to \$500,000 of equity in your home from seizure by your creditors. This won't work against your mortgage company, nor the town for taxes. But if you somehow owed someone a lot of money, it would protect your home against immediate seizure due to a court order.

The prevention of seizure is good for your lifetime, but it doesn't prevent a creditor from placing a lien on your home. In the recent case of *Hartog, Baer & Hand, A.P.C. vs. Thomas H. Clarke, Jr.* (Mass. App. Ct. No. 20-P-170, April 9, 2021), the Massachusetts Appeals Court clarified that the creditor cannot get an execution on a judgment and seize a home, but a Levy on the Execution can be recorded and work as a lien on the home.

The purpose of the Homestead protection law is to avoid homelessness and to keep people in their homes while creditors may have to wait. But it doesn't necessarily allow complete relief from the creditor's claim. In the recent case, the lien was allowed to stand on the house and could be exercised after the people protected by the Homestead law no longer lived in the home (usually after their death). Also, if the house were sold, although the homeowners would be allowed to keep the first \$500,000 from the sale proceeds (as their homestead right) the creditor could claim any overage if the house sold for more than that.

A major benefit to the Massachusetts Homestead protection law is its use in a Bankruptcy proceeding. Under Federal Law you are only entitled to keep \$125,000 in the value of your home. If you filed a liquidation (Chapter 7) bankruptcy and your home was of an average value, you might have to sell your home in order to complete the bankruptcy. But if you have filed a Homestead Declaration (more than five years before filing Bankruptcy) you can use the \$500,000 exemption amount instead and perhaps protect your whole home in the Bankruptcy. If your home were particularly valuable, you might have to use another version of bankruptcy where you pay something to your creditors, but only the amount of value in your home over the \$500,000 protection would be subject to payment to your creditors.

So, while your homestead declaration will protect your home from being sold out from under you, a creditor can still get an attachment to make sure it gets paid when the property is sold (less any exemption to which you are entitled). And, if all of the homestead holders die, then the homestead is dissolved, and the credit may claim its full debt to the extent of the value of the home.

Solution Strain Strain

The Tyngsborough Club would like to thank everyone who stopped by and bought plants at our annual driveway plant sale. It was very successful and we will be using the proceeds to continue to beautify Tyngsborough.

At this time, we hope to do a few plantings at the newly renovated town beach, rejuvenate some plantings at the town library, and add a few more plants to the Parish Meeting House property. Stay tuned for more information.

We will be having a table at the **Tyngsborough Block Party on August 29th** and hope to start meeting again in September.

Have a wonderful summer and enjoy the outdoors! Debbie Schneider

The Garden Club usually meets the first Tuesday of the month September-November and February-April. If you are interested in joining the group, find us on Facebook at Tyngsborough Garden Club or call Deb Schneider at 978-649-6362.

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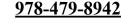
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When you contact a business, or organization, please tell them you've seen their ad or news in *Neighbor to Neighbor*.

They would like to know. Thank you, Anne



TYNGSBOROUGH COUNCIL ON AGING



<u>169 Westford Rd, Tyngsborough, MA</u> <u>978-649-9211</u>

Mailing Address: 25 Bryants Lane, Tyngsborough, MA 01879 Email: Broche@tyngsboroughma.gov Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3.

• DONATIONS / VOLUNTEER NEEDED: Masks / Hand Sanitizers, COFFEE (ground and k-cups), 12oz., and 8oz. Cups. Paper Plates— Small & Large. Plastic Spoons, Forks, Knives, Napkins. Backup Greeter at Front Desk Tues/Fri 12:00-3:00 Volunteer BINGO caller for Tuesday afternoons 12:30 –2:30.

• WELLNESS CLINIC At the Tyngsborough Council on Aging, 169 Westford Rd. Call 978-649-9211. The second Wednesday of each month. Wednesday, July 14th, 10:00-1:00 Outreach worker Charlene Muscato, will be doing blood pressure readings, weight checks and medication reviews. Sign up sheet at the front desk. First come, first served.

• COA Board will be on summer break, July and August no meetings. Next meeting will be on September 21st . *Have a great summer!*

• **ZUMBA GOLD** Instructor Leslie Jarvis. Every Wednesday, 11:15 (Cost \$5.00) Every Friday, 10:30 Cost \$4.00

• **CRIBBAGE** Instructor Bob Guernsey. Every Tuesday Morning at 10:00 - 12:30. We have openings for cribbage players.

• GENTLE MODERATE YOGA Every Wednesday 9:00AM, Cost \$3.00 Relax your Mind and Body from every day stress. Instructor Lynda Gambale.

•BONE STRENGTH Free. Doctor's note <u>NOT</u> required. Wednesdays 10:00 / Fridays 9:00

• BONE BUILDERS... Free. Mondays 9:00 / Wednesdays 9:00 Strength training and balance to benefit those with osteoporosis. Doctor's note required for Jean's class. Call Jean Jacoppi for more information 978-649-9076

• WALKING GROUP Meet at the Tyngsboro Council on Aging. Wednesdays 11:00 / Fridays 10:00 After Bone Strength Tired of walking alone? Come and join the walking group. It's a good way to expand your workout, and help many people improve their heart health.

• **TEXAS HOLD' EM Every Thursday 12:00 –3:00** If you like poker come join us every Thursday. It's lots of fun! Sm prize goes to the winner.

• Wii BOWLING Free. Every Friday 10:00-11:30 Come join the fun! Time to get out of the house. The staff makes lunch every Friday for \$3.00. Call in if you would be interested in lunch. We have transportation that will pick you up and take you home for a small fee. Call 2 days in advance, 978-649-9211.

BOOK CLUB (Monthly) Wednesday, July 14th 2:00 PM. The 2nd Wednesday of each month.

• SENIOR/VETERAN BREAKFAST Thursday, July 15th, 8:30-9:00. Start your day off with a FREE healthy breakfast with friends here at the Center. Food sponsored by: COA

• "POP-UP BOOKS" Thursday July 22nd at 10:00 Learn the history of Pop-up Books and review the books on display. Presented by Beverly and Kim Rudeen. FREE Light refreshments, raffle drawing.

• SENIOR/VETERAN BREAKFAST Thursday, August, 19th, 8:30-9:00. Start your day off with a FREE healthy breakfast with friends here at the Center.

• **OUTREACH WORKER** *Call for an appointment* **978-649-9211.** The Outreach program provides information and referrals to seniors and their families about programs and services provided by the Council on Aging and other agencies in the elder network. Charlene Muscato works collaboratively with many agencies serving seniors, including home care, legal assistance, protective services, housing and visiting nurses. There are situations that prevent Tyngsborough senior residents from coming to the Center. We are more than happy to make a visit to provide information for services. *Call* **978-649-9211** *to make an appointment for a Home Visit.*

DUNSTABLE CONCERTS ON THE COMMON

The Dunstable Summer Concert Committee is very happy to announce that we are bringing concerts back to the common this summer! We currently have the following Wednesday nights (rain date is Thursday) set aside for concerts and all concerts will run from 6:30-8:30pm!

July 7th: The Rampage Trio (Blues-tinged rock & roll)

July 14th: Monadnock Bluegrass (Traditional, contemporary & original bluegrass)

July 21st: Band from U.N.C.L.E (50's - 60's Rock & Roll, Rhythm & Blues)

July 28th: Catfish Howl (Traditional Zydeco; along with Rock, Blues, and Country Zydeco Style)

Food/ drinks will be available for purchase (as well as delicious ice cream!) The Dunstable Common is on Main St. next to the church and across from the Dunstable Town Hall.

GRACE LUTHERAN CHURCH

130 Spit Brook Rd, Nashua, NH 1-603-888-7579 www.GraceLutheranNashua.org

Pastors George Ruwisch and Rev. Bryan Stecker

Worship Services 8 & 10am (10am Outdoor- weather permitting) Weekly on-line 8am Sunday Live stream Services, Morning Minutes of Grace, Evening Prayers, Afternoon Bible Study & Grace Kids. Visit our channel GraceLutheran.TV on (youtube.com)

SOMETHING FOR ROVER & KITTY PROJECT

Are you a Tyngsboro resident, family, senior or veteran in need of assistance supplying food for your dog or cat? Or perhaps you are a resident who is willing to purchase new pet food or donate pet food you have that didn't work out for your dog or cat. Either way, I'd love to connect with you! Pets are so vital to our health and happiness. Please consider contacting me, Heidi at 978-846-2254 or <u>hrwhitehair@gmail.com</u> if you have questions or donations. All client information is kept confidential.

STITCHERS AT TYNGSBORO SENIOR CENTER

Welcome Back! Tyngsboro Senior Center is open and welcoming all groups to be active once again with no masks and no social distancing required. The Stitchers will meet every Monday from 10 AM to Noon in the Arts & Crafts Room. Materials for projects have been replenished and are ready for pick up at this time. Class members are available at this time to teach those that request help. Our projects continue to be for Hospice and Able to Serve.

A big "Shout Out" to Beverly MacLean and Brenda Soubosky who dropped off bundles of knit goods including hats, scarfs, shawls, lap robes, and afghans for our agencies. And to Mary Rita Souza for keeping our supplies ready for use and Yolanda Carmona, who finishes many articles sent to us not completed. It is these volunteers who help warm the homeless as well as those in hospice care. Thank you and all of our stitchers for giving many hours of your time to help these causes.

Want to help? You are welcome to join in. Any questions, please call Jean Jacoppi, Coordinator (978-649-9076)

Neighbor to Neighbor

The next deadline is August 10th for the September issue.

Have questions about submitting news? Need details about advertising your business?

Contact **anne@NeighborToNeighborNewsletter.com** or *Neighbor to Neighbor*, 64 Hardy St., Dunstable, MA 01827. You may leave a message at **978-419-1914** and I will get back to you as soon as possible.

www.neighbortoneighbornewsletter.com



The magic number for cool savings is 78. The U.S. Dept of Energy recommends setting thermostats to 78 during hot days. Why? For every degree above 72 degrees, up to 3% of cooling expenses can be saved. Read on for other tips to help lower energy bills this summer.

Use fans: Ceiling or portable fans help distribute cool air evenly, making higher temperatures feel cooler.

Naturally ventilate: Open windows during cool hours for a cross-breeze.

Close curtains: Shut shades or blinds to block the sun's heat to lessen demand on air conditioning systems.

Service A/C: Regular maintenance helps air conditioners run as efficiently as possible, reducing cooling costs.

Get smart: Switch to ENERGY STAR® certified smart or programmable thermostats and save. MassSave offers rebates up to \$100.

Until next month, stay comfortable. Tyler

Got a question? Drop me a note!

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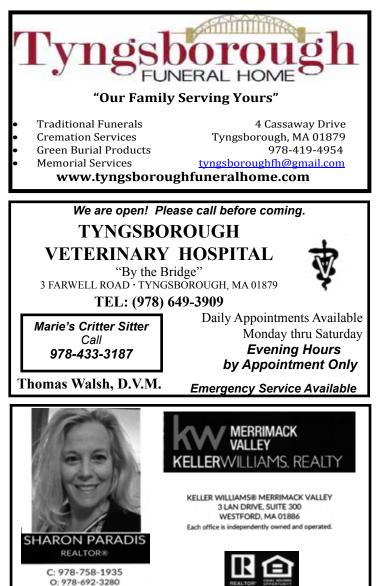


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TYNGSBOROUGH/DUNSTABLE ROTARY CLUB

ebs

ronparadis@kw.com

Rotary Kotary Motto Service Above Self

The Rotary Club of Tyngsboro/Dunstable Rotary Club has been serving the Tyngsborough and Dunstable area for 41 years.

Rotary is a global network of community volunteers. Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs.

Rotary builds international understanding through scholarships, exchange programs, and humanitarian grants. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

If you are interested in membership, please call Bob Guernsey at (508)380-4351 or Ron Keohane at (508)517-3895. <u>Feel free to join in our weekly Zoom meetings held on</u> Thursdavs at noon.

Contact either member listed above to find out how to join in.

TYNGSBORO CHURCH OF CHRIST

27 Old Tyng Rd. Tyngsboro, MA 01879 (about 1 mile south of Tyngsboro bridge on Rt. 3A) Evangelist: Nathan Combs 1-978-703-4741 Web Site: www.tyngsborochurchofchrist.org Email: thechristians@juno.com Home Bible Studies in Nashua, Tyngsboro, Dracut, and Lowell.

"STRIVE"

By Nathan Combs

Jesus' death on a Roman cross was not by accident, but the result of clear-eyed, deliberate effort (Luke 9.22, 44, 51). As Jesus painstakingly made his final journey to the city of Jerusalem to give up his life, he was asked an interesting question by a man who might have sensed the ominous tone of the trip. "And someone said to him, 'Lord, will those who are saved be few?'" (Luke 13.23). Rather than directly answering with a simple "yes" or "no," Jesus chose to instruct the man: "Strive to enter through the narrow door. For many, I tell you, will seek to enter and will not be able" (Luke 13.24). In the parable following that statement, Jesus paints a heartbreaking picture of people left outside a house once the master has risen and shut the door. They will pound on the door and beg him for admittance, claiming a relationship based on his presence in their streets and around their tables. But the master will respond by saying, "I do not know where you come from. Depart from me, all you workers of evil!" (vss. 25, 27) and turn them away from his dwellina.

The Jews were exposed many times to Jesus while he lived and worked in their land. But exposure to the truth is not the same as living it. In various ways, God ensures that we are exposed to Him through conversations with disciples of Jesus, through hearing or reading the Scriptures, and through worship with a local group of believers. How do we respond to this exposure? Are we like the Jews, perfectly content to stay within the confines of our sinful thoughts and behavior? Or are we willing to be challenged to grow into different people?

In other words, are we *striving* to enter the narrow door? In the language Luke wrote in, the word that's translated in most Bibles as "strive" (agonidzomai) means to strain every nerve, to fight. It's related to our word agonize. Since Jesus himself was about to purposefully endure the agony of the cross on our behalf, it was appropriate for him to call his followers to do the same thing. Are you feeling spiritually dry, tired, or bored? Strive. Is there a persistent sinful attitude you've fallen into? Strive. Do you have spiritual questions or concerns that have sat on a mental shelf for awhile? Strive. Have you contributed to broken relationships that require courage and persistence to fix? Strive. As one author summarized it, "If you find the Christian life to be untroubled, without struggle, and without warfare against your own sin, you may not be living the Christian life (John Piper, *Providence*, page 604).

At the end of his discussion with the man who questioned him, Jesus said: "People will come from east and west, and from north and south, and recline at table in the kingdom of God" (Luke 13.29). Those are the strivers. Let's be those people!





DUNSTABLE TYNGSBOROUGH LIONS CLUB



<u>"We Serve"</u> The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need.

Officers for the 2019-2020 Lions Year

President: Mark Alexander, 1st Vice President/Membership Chair: Joseph Ward, Treasurer: Bob Reich, Secretary: Laura Ward, Tail Twister: Meghan DeMonico.

Anyone interested in joining the lions is asked to contact Joseph Ward at 978-930-1153. Once we can meet again, we will let you know where, and when meetings will take place.

YOU CAN HELP BY DONATING THE FOLLOWING:

- <u>Used Eyeglasses</u> are collected for refurbishment and distribution to less advantaged individuals around the world.
- <u>Used Hearing Aids</u> are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.

• <u>Can tabs</u> please place into bags before putting in the boxes. <u>Lion's collection boxes for eyeglasses and hearing aids and can</u> <u>tabs</u> are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Multi-Service Center at 180 Lakeview Ave, Dunstable Town Hall, Post Office and Library. **Pennies for Sight:** "Your change- changes people's lives" See a Lion cannister around please consider donating. Every Penny Counts!

DOWNLOAD YOUR FREE BOOK "LIVING WITH OUR WILD NEIGHBORS"

The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z. Since we have so many animals that we share our yards with, I thought it might be helpful. <u>https://www.animalsheltering.org/page/wild-neighbors-book</u>

JAMES JACOPPI SCHOLARSHIP RAFFLE WINNERS

The fundraiser this year included a Calendar Raffle. A winner was drawn each day in the month of April. Those winners were: Sue Clapp, George Schomer, Lynda Gambale, Ramona Jordan, Deb Charters, Joyce Poulin, Mr. & Mrs. Priestly, Dr. Petakov, Mr. & Mrs. Biscornet, Cynthia Metcalf, Caroline Chronopoulos, Joe Camara, Shakek Pendergest, Josh Arlanian, Carol Sides, Mary Basiliere, Kristen Kirby, Chris Post, Jerome Foresta, Rev. John Carmichael, Ed Brigati, Sandra Thirkell, Trudi Woods, Janice Walsh, Julie Levasseur, Jean Schissel, Robert Jacoppi, Celeste Goyette, Erin Hart, and Nick Sarris.

A sincere thank you from the Jacoppi Family for your support and donations to the scholarship fund.

CHELMSFORD CATHOLIC COLLABORATIVE

Home to both St. Mary and St. John the Evangelist Parish Families (978) 251-8571 (978) 256-2374 <u>www.chelmsfordcatholic.org</u> **Pastor:** Rev. Brian E. Mahoney **Staff Offices:** 115 Middlesex Street, North Chelmsford,

are now open, effective June 1st.

Confessions

 Mondays at St. John from 4:30-5:30pm
 Wednesdays at St. Mary from 4:30-5:30pm If fully vaccinated masks not required CHURCHES ARE OPEN

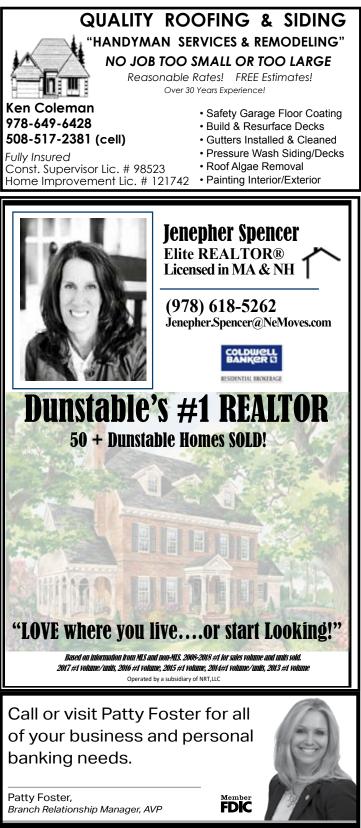
• WEEKEND MASS SCHEDULE

St. Mary: 4 pm on Saturday/ 7 am and 11 am on Sunday St. John: 4 pm on Saturday/ 9:30 am and 6 pm on Sunday • <u>DAILY MASS SCHEDULE</u> Monday thru Friday/ St. Mary at 7 am/ St. John at 9 am

Reservations are no longer required.

KITTY ANGELS

is a no-kill shelter dedicated to rescuing stray and abandoned cats, furnishing them with treatment for injuries or other heatlh problems, and placiing them into life-long, loving, indoor homes with compatible owners. If you wish to make a donation you can use the PayPal link, or you can send your donation to Kitty Angels, P.O. Box 638 Tyngsboro, MA 01879. 501(c)3



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518 Main St, Dunstable, MA 01827 www.Dunstablechurch.org

978-649-6251

Pastor Bobby Ross <u>pastorbobby@dunstablechurch.org</u> DECC is a welcoming church at the heart of the Dunstable

community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."

DETAILS RELATED TO THE SHIFT TO IN-PERSON WORSHIP

We are the church, the living Body of Jesus Christ. If someone differs from you on any of the below, we offer nothing but grace, love, and understanding. More than likely, there will be a myriad of approaches to how an individual chooses to move forward. We offer the following:

- No more pre-registering.
- Masks will be optional.

• We no longer require social distancing.

If you are someone who wants to come but still **desires to be distanced that's completely fine.** We encourage you to either, 1) communicate that to someone who sits too close, or 2) we'll save the back rooms for those who wish to remain distanced.

If someone happens to inform you that you've sat too close to them, respond with nothing but love and understanding. It's not mean. It's not personal. You don't smell. It's not sin. It's not weird. Love them and scoot over a couple feet. This new normal can't be allowed to divide us or cause conflict.

There will be **fellowship time** after service, but we'll wait a few months before we provide food and drink. If the weather is nice, we'll meet outside; if it's inclement, we can gather in the fellowship hall.

Offering plates will remain at the front and rear of the church. If you're someone that normally put an offering in as the plates passed by, please continue to do so as you walk by the plates on your way in or out of the church. Online or by US mail are other options.

We will continue to provide prepackaged communion for **Communion Sunday**, or you can bring your own if you'd like.

If you have kids and are comfortable returning to worship, please come. Throughout the summer, we'll have kids with us in worship. We have coloring sheets and coloring utensils, and kids can bring items from home. We welcome all kid sounds. We're aiming to offer official childcare, and hopefully Sunday School, by the fall. Until then, we plan to offer grace and understanding to the families that worship together rather than glares.

Come visit your community church. Streaming is still available on our website.

We anticipate that children and adult classes and nursery service to be available in the fall. See <u>www.dunstablechurch.org</u> for updates.

May the Lord walk between us while we are absent, one from another.

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TYNGSBORO YOUTH FOOTBALL AND CHEERLEADING **OPENS REGISTRATION FOR FALL 2021 PROGRAMS** OPEN TO RESIDENTS OF TYNGSBORO, DUNSTABLE, AND OTHER NON-AYF/AYC COMMUNIITES

Tyngsboro Youth Football and Cheerleading is proud to launch our 16th season providing local area youth with the opportunity to learn football and cheerleading in a safe, fun environment while promoting the values and importance of academic achievement, teamwork, and sportsmanship. We offer all co-ed programs including FLAG FOOTBALL (Grades K-1), FLEX FOOTBALL (Grades 2-3), and TACKLE FOOTBALL (Grades 4-7), and CHEERLEADING (Ages 5-14). We are proudly affiliated with the American Youth Football and Cheerleading (AYF/AYC) program. We provide our coaches with comprehensive training to ensure the safest experience for vour child.

ONLINE REGISTRATION FOR OUR 2021 FALL SEASON IS NOW OPEN! We welcome fall football and cheerleading registrations from participants residing in Tyngsboro, Dunstable, Groton, and other non-AYF/AYC affiliated surrounding communities. BE SURE TO REGISTER EARLY TO TAKE ADVANTAGE OF THE LOWEST REGISTRATION RATES AND SPECIAL PAYMENT PLAN **OPTIONS!**

TO REGISTER FOR OUR FALL SEASON: Visit our website at www.TyngsboroYouthFootball.com or www.TyngsboroYouthCheer. com and click on "Registration Info" tab at the top center of the screen.

QUESTIONS? Email us at: TyngsboroYouthFootballCheer@gmail. com, Follow us on Facebook under "Tyngsboro Youth Football and Cheerleading", or go to our website and click on "About Us" and select "Frequently Asked Questions".

AMERICAN LEGION POST 247 INC. 90 PAWTUCKET BLVD. TYNGSBOROUGH, MA Much renovating, sanitizing, and improvements have been made.

We look forward to seeing you.CDC protocols for Covid-19 followed.

*** FOOD IS BEING SERVED ~ COME ENJOY! *** Hours are Tues, Wed, Thurs 12pm to 8pm and Friday and Saturday 12pm to 11pm. Closed Sunday and Monday. The menu includes Appetizers, Subs, Hamburgers, Pizza and more. Stop in we'd love to see you. Please be well. If you are interest in joining, or want more info about what is happening at the Post, please get in touch with the person noted for each organization or call the Post at 978-649-7540.

ROBERT D. PELLETIER AMERICAN LEGION POST #247, INC.



90 Pawtucket Blvd. Tyngsborough, MA 01879 Active duty military and veterans always welcome to join. First Year FREE for new Legion members. For further information call 978-649-7540 or email: legionpost247@gmail.com Elected Post 247 Officers serving for 2019-2021 Commander: Matt DeLucia; Sr. Vice Commander: David Simpson; Jr. Vice Commander: Larry Monaco; Executive Board: Joe Conlin, Ray Hamelin and John Burke. Bartenders (Volunteers) Matt and Bill

Visit our website, www.AmericanLegionPost247.org This website contains a wealth of information about the Post.

CAT FOOD DONATIONS NEEDED

to feed a colony of feral and homeless kitties. Please call Don Gaudette 978-799-9715 for the drop-off location on the Dunstable/Tyngsboro line. Associated with Kitty Angels www.kittyangels.org Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats





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90 Pawtucket Blvd. Tyngsborough, MA

OFFICERS: Commander: William A. Beaton, Sr.; 1st Vice: Jan Dombrowski; 2nd Vice: Steve Harris; Adjutant: John Cogan; Finance Officer: David Coles; Judge Advocate: Roland Milliard; . E-Board: Clare Beaton, Marty Bloomgren and Rod Wood.

> "ALWAYS READY TO SERVE OUR VETERANS" AMVETS National Website: http://www.amvets.org/



AMERICAN LEGION **AUXILIARY UNIT 247**

90 Pawtucket Blvd. Tyngsborough, MA 01879

Auxiliary Unit 247 Officers for 2019-2021:

President: Linda Small; Sr. Vice: Ann Thellen; Jr. Vice: Joyce Ferreira; Secretary: Pat Modrich; Treasurer: Diane Dileo; Sgt-At-Arms: Deb St. Peters. Trustees: Michelle Lambert, Kathleen Oljey and Josephine Beauregard.

For information on the Auxiliary Unit contact Unit President Linda Small.

NEWHOUSE WILDLIFE RESCUE

Nonprofit Organization Founded in November 2018 A licensed safe haven for orphaned or injured local wildlife. It is our goal to rehabilitate these animals so they can be released into the wild. Call 978-413-4085 m.me/NewhouseWildlifeRescue janeseeker@gmail.com http://NewhouseWildlifeRescue.org https://facebook.com/pg/NewhouseWildlifeRescue



INWARD BOUND WELLNESS, LLC Laura Kirk ~ Certified Life Coach 978-996-1653

inwardboundlifecoach@gmail.com www.inwardboundwellness.org

INWARD BOUND WELLNESS Certified Life Coaching

We seem to be entering a new phase of this worldwide transformational experience. The changes have been monumental and for many of us fear, stress and anxiety have been intense, if not debilitating. As we begin to embark on pursuing our interests and activities, we may still find ourselves feeling apprehensive, stressed, anxious or worried about moving forward.

Many of our visions, dreams and desires have been placed on hold for the past year. Sometimes we may have a vision, but need support determining the best way to get there. If you find yourself ready to redesign a vision or re-engage in all that brings you happiness, wellness, change and joy, but you need a bit more clarity, motivation, support or guidance in taking the necessary steps, life coaching can help. Life coaching can assist you reach your goals with self-assurance, confidence and minimized stress. Based on your goals and ambitions, various tools and strategies are designed for you to achieve attainable goals and sustainable changes.

At Inward Bound Wellness we assist you as you navigate through the distractions, uncertainties, doubt and stresses of trying to reach a goal, fulfill a dream or make a change in your life or within yourself. Contact us for a complimentary 30 minute consultation.

PET HEALTH DUNSTABLE ANIMAL CLINIC

WHAT'S THE DEAL WITH SERESTO COLLARS? Tara M. Sacramone, DVM



Seresto collars have been in the news a lot recently. And much like everything else in the news some of what you have been seeing is true, and some is not. This is my attempt to clear up some of the confusion.

Seresto collars are flea/tick collars that came out in 2012. They contain two pesticides: imidacloprid and flumethrin. They last 8 months, and can be used on both dogs and cats. Many of our clients have been using them for years and have been very happy with them.

On March 2, 2021 USA today published an article about many complaints filed with the EPA about adverse effects to pets and humans, including deaths of pets. The article was misleading, leaving out several points. One point is that anyone can file any complaint about anything to the EPA, many were anecdotal and no direct linkage to the collar could be established. There have been calls to Pet Poison Helpline about Seresto collars, but much fewer than the complaints to the EPA and the majority of pets had only mild signs such as vomiting. Another point is that many of the complaints were about counterfeit collars, especially those bought on line. Elanco only sells collars to veterinarians and stands by their product 100%.

My takeaways are that I personally think the Seresto collar is safe and effective, if you get yours from your veterinarian. However, if you are concerned at all there are many other safe and effective options out there, such as topical medications like Advantix and Vectra and oral ones like Nexguard and Bravecto. The ticks, which can carry diseases, are particularly bad in this area and nothing will prevent them all, but it is important to use something, both for your pet and to prevent your pet bringing ticks into your house and family.

COVID 19 Update June 2021 Tara M. Sacramone DVM

The Dunstable Animal Clinic is happy to announce we have started the re-opening process. As of June 28, 2021 one person per appointment will be allowed into the clinic. We ask that you call the clinic when you arrive and we will let you/your pet inside when we can. *If you would prefer not to come inside, you can still wait in your car.*

Surgery drop offs and food/medication pick up protocols will remain the same: call ahead to place your order and when you arrive at the clinic call us and one of the technicians will come out to get your pet for surgery or bring your food/medicine out to you.

Per CDC guidance masks are optional for fully vaccinated individuals. Do whatever makes you feel most comfortable. Please stay home if you are not feeling well.

We are constantly re-evaluating the situation and are doing our best to safely serve our wonderful clients. Please be patient as we all adjust to the new protocols.

We (especially me) are looking forward to seeing you inside the clinic soon.

Phone numbers to use are still (978)649-6513 or (978)649-0222.



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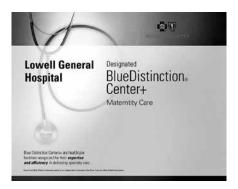
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STE JEANNE D'ARC SCHOOL NOW ACCEPTING APPLICATIONS

Ste Jeanne d'Arc School, located in Lowell, MA, is now accepting student applications for the 2021-2022 school year. Ste Jeanne d'Arc School is a Catholic, independent school accredited by the New England Association of Schools and Colleges. SJA offers accelerated classes in math and language arts, French program for grades K-8, state of the art technology, athletics, art, music, and extracurricular activities for all age groups. There is also a before and after school care program.

Financial Aid is available for new families. *Inquire/Apply* online at <u>www.sjdarc.org</u> or contact the Admissions Office at 978.453.4114 for more information.

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Mail Address: P.O. Box 70, Tyngsboro, MA 01879 For questions or more information call our office **978-649-2262** <u>www.tyngsborocongregational.org</u> Pastor Denis Frediani

• Church Services are now open to the public at 10:00 a.m. Sunday mornings.

We encourage, and invite you, to attend our Church services and Fellowship after church during the summer months. Masks and social distancing for fully vaccinated persons are no longer needed. *If unvaccinated, please continue to wear a mask.* If you feel more comfortable wearing a mask, please do.

All church activities will begin with the start of the new school year. This includes Sunday School for the children.

Have a Happy and Safe Summer!

If you prefer to stay home, Services are available on line. • TO WATCH LIVE SERVICES

Log on directly to facebook and go to Ecct Church. You may also log in at any time and watch the recorded services.
SERMONS ON-LINE: Weekly sermons by Pastor Frediani: 1. Log onto the church website <u>http://www.tyngsborocongregational.org</u>
Click once on the word "SERMONS" 3. Sermons listed by date, passage, sermon title. You may click on "Jump to the Current Sermon. To find the most recent.

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OPEN THURSDAYS and SATURDAYS Masks will not be required for outside sales, but masks are still required for inside sales. It is such a tight space inside the building. Please make note we will be Closed Saturday, September 4th

Check us out on facebook.com Ecct Church for updates

When you call a business listed here, please tell them you've seen their ad in Neighbor to Neighbor. They would like to know. Thank you, Anne

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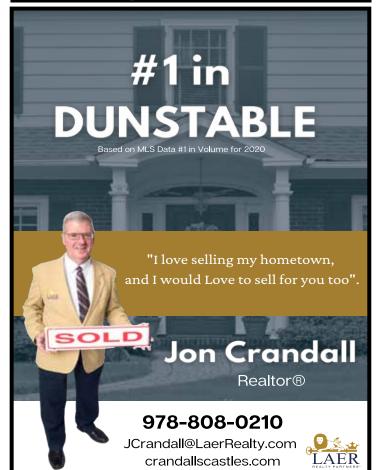
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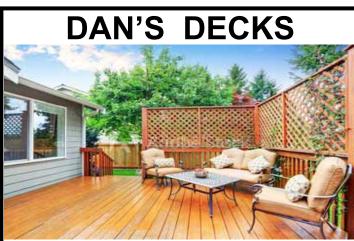
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SUMMER SAFETY FROM AMERICAN RED CROSS ~ **GRILLING SAFETY** Grilling food is so popular that more than three-quarters of U.S. adults have used a grill — yet, grilling sparks more than 10,000 home fires on average each year. To avoid this, the Red Cross offers these grilling safety tips:

Always supervise a barbecue grill when in use. Don't add charcoal starter fluid when coals have already been ignited.
 Never grill indoors — not in the house, camper, tent or any enclosed area.
 Make sure everyone, including pets, stays away from the grill.
 Keep the grill out in the open, away from the house, deck, tree branches or anything that could catch fire.
 Use the long-handled tools especially made for cooking on the grill to help keep the chef safe. Go to redcross.org for more info.



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Auxiliary Unit 247 Officers for 2019-2021:

President: Linda Small; Sr. Vice: Ann Thellen; Jr. Vice: Joyce Ferreira; Secretary: Pat Modrich; Treasurer: Diane Dileo; Sgt-At-Arms: Deb St. Peters. Trustees: Michelle Lambert, Kathleen Oljey and Josephine Beauregard.

For information on the Auxiliary Unit contact Unit President Linda Small.



5 FUN (AND USEFUL) SUMMER HOME TRENDS Sponsored by Carrie Best Cyr

Summer is a great time to improve your home's exterior.

Whether you're interested in enjoying your space a little more or you want to boost your home's value, it makes sense to find inspiration by taking a look at what other homeowners are doing.

Are you thinking about updating your yard or patio this summer? Here are five popular trends to consider trying for yourself.

• Install a workout or play area. Make the most of your property by building a swing set or sandbox, adding a horseshoe pit or investing in a small climbing wall or some gym equipment that the whole family can use.

• Build a front yard social spot. Want a casual outdoor spot that's welcoming to your friends and neighbors? Think about setting up a social area in the front yard — one with benches, swings and comfortable places to sit and chat.

• Focus on backyard entertainment. For more private gatherings, focus on guest-friendly features in the backyard. Movie screens, fire pits and hot tubs are a few popular options.

• Add an outdoor kitchen. Love to cook? Just want to eat alfresco? Install an outdoor pizza oven or invest in a smoker or grill. Be sure to set up a roomy (and durable) dining area, too.

• Plant a vegetable or herb garden. It's never too late to improve your landscaping with something functional. Consider planting a few of your family's favorite veggies or herbs in a small garden out back.

THE WISH PROJECT

166 Middlesex St. North Chelmsford, MA 01863 This is behind Hertz Car Rental thewishproject.org



If you are donating ONLY CLOTHING we are open to accept those donations Tues-Fri, 9-2:45pm and Sat, 9-12:45pm no appointment necessary. If you are donating HOUSEWARES AND FURNITURE we will continue to schedule those drop offs through our email <u>donategoods@thewishproject.org</u>.

The warehouse reopened on July 7th after enjoying the 4th Holiday. • ON JULY 13TH OUR THRIFT STORE REOPENS AT 9AM! • BACKPACK ATTACK! Our Largest Project of the Year. This year, we set that goal at 5,000 filled backpacks.

We understand that the past year and a half has created new struggles for many local families and we are doing our part to help alleviate some small burdens that they may face. We know that, with the help of everyone in the community, we can ensure that all local families have access to school supplies for their children. When these families have all that they need to begin the school year, they can focus on learning.

For this to happen, we need your help! You can get involved by making a <u>monetary donation</u> (\$60 will cover the cost of 1 back-pack and a donation of \$1500 will cover the cost of backpacks for a classroom of 25 students) towards the project, by donating new supplies or filled backpacks, or by organizing a collection for backpacks and supplies in your community.

For more information on this project, please see the <u>Backpack</u><u>Attack project page on our website</u>.

If you would like to shop online, and ship donations directly to the warehouse, please take a look at our <u>Backpack Attack Amazon</u> wish list.

If you have any additional questions about this project, please reach out to Lori Yutzy, our projects manager.

Men's body wash, Men's and women's deodorant, Shampoo and Conditioner, Hand soap, Laundry detergent pods. Gallon sized storage bags, kitchen trash bags. Sunscreen for the whole family. Diapers in sizes 4,5, and 6, Baby wipes, Baby blankets, Diaper bags, High chairs, children's toothbrushes, Tear free shampoo and body wash for babies and toddlers. Infant travel systems - car seat and stroller combo (must be less than 3 years from manufacture date).Small Kitchen Tables- to seat 2 people, Fans. Crock pots, Pot Holders, Cookie sheets, small and medium sauce pots.

CLOTHING AND TEXTILE RECYCLING Did you know that if you have clothing, bedding, shoes, curtains, or any cloth item that you don't think have any use, whether they are stained or ripped, we can still accept them and sell them by the pound? Just bag them up separately and write recycle on the bag. All funds raised will go into supporting our mission and our clients!

About Us: The Mission of The Wish Project is to help families in need in Merrimack Valley. Find out more on our website <u>www.TheWishProject.org</u> or call us at (866) 947-4360. Our New mailing address is: The Wish Project PO Box 8693, Lowell, MA 01853



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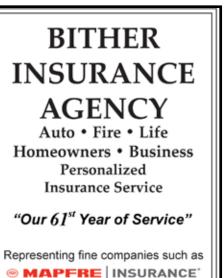
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2021 SUMMER SAFETY: STEPS YOU SHOULD TAKE TO HELP STAY OUT OF HARM'S WAY

The American Red Cross wants everyone to have a safe summer and offers tips and resources for the entire family.

WATER SAFETY

Before going in, on or around the water, every family member should become "water smart." This starts with learning to be safe, making good choices, and learning to swim to at least achieve the skills of water competency. Everyone should be able to enter the water, get a breath, stay afloat, change position, swim a distance and then get out of the water safely. A variety of water safety courses and resources are available to help. To help keep your family safe, the Red Cross offers these tips:

 Prevent unsupervised access to water. Fence pools and spas with adequate barriers and keep a constant eye for any water dangers such as portable splash pools/slides, buckets and bathtubs.
 Adults should actively supervise children and stay within arm's reach of young children and new swimmers. Kids should follow the rules.

3. Designate a "water watcher" to keep a close eye and constant attention on children and weaker swimmers in and around the water until the next water watcher takes over.

4. Always wear a properly fitted U.S. Coast Guard-approved life jacket when on a boat and if in a situation beyond someone's skill level.

5. Swim as a pair near a lifeguard's chair — everyone, including experienced swimmers, should swim with a buddy even in areas supervised by lifeguards.

6. Always maintain constant attention and actively supervise children even when lifeguards are present.

Download the Red Cross Swim app, sponsored by The ZAC Foundation, for safety tips, kid-friendly videos and activities, and take the free Water Safety for Parents and Caregivers online course.

CLOTHING SHED AT DUNSTABLE CHURCH



The clothing donation shed at the Dunstable Evangelical Congregational Church, **518 Main St, Dunstable MA**, is open to the public.

St. Pauly Textile Inc., the company that has provided the shed, partners with a network of businesses and various organizations to distribute donated items both here in the U.S. and worldwide, where they're ultimately re-worn by people who need them. The Dunstable Church additionally has the option to use donations to serve community needs. In 2019, the company was able to help keep over 20 million articles of clothing out of landfills, which clothed an estimated 2.5 million people worldwide. The company was founded in 1996 and is an A+ rated member of the Better Business Bureau.

Accepted items: clothing, shoes, belts, purses, blankets, sheets, curtains, pillowcases, and stuffed animals. *PLEASE tie your bags, and do not leave bags outside the box.*

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Neighbor to Neighbor

Published by Anne M. Paquin Since 1983 64 Hardy St., Dunstable, MA 01827 Leave your name and message at (978) 419-1914 E-mail: anne@neighbortoneighbornewsletter.com <u>www.neighbortoneighbornewsletter.com</u>

I would like to thank the authors of the articles which cover a wide range of topics. Each month they find the time to share information that is timely and important, that they would like the readers to know about.

This year it has been difficult for many organizations and non-profits. They have had huge set backs with all of their major fundraising events canceled, although some have managed to do things virtually and have received great support from both Dunstable and Tynsborough residents. At this time many are starting to plan their schedules for the fall. I am truly looking forward to getting that news.

As always, I am grateful to the advertisers who help make this publication possible. There are some new businesses that have started up. It is amazing to see the passion and determination that these people have shown during the past year. There are also many businesses who have been advertising since the first year. Their support is not only for this publication, but also for the communities of Dunstable and Tyngsborough. I hope you do give them a call and consider them, if you are in need of services that they provide.

If I receive news after the issue is published, or if there is no space available in the issue, I post it on the website

<u>www.neighbortoneighbornewsletter.com</u> Current and past issues are available by clicking on "*Neighbor to Neighbor* Newsletter issues" in the heading on the website.

It is a pleasure to hear from you. I look forward to receiving more good news to share at any time. During July and August if you have some news send it in and I will post it on the website. So keep that in mind, and when you have any info, please let me know!

Please make note for the printed version of Neighbor to Neighbor, the next deadline will be August 10th, for the September issue. Total printed circulation for Dunstable and Tyngsborough is 6,481 issues.

Wishing you all a healthy and happy summer! Sincerely, Anne Paquin Neighbor to Neighbor





TYNGSBOROUGH & DUNSTABLE HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY

Saturday, August 28, 2021

9:00 AM - 12:30 PM

Tyngsborough Highway Department, 87 Kendall Road (Rte. 113)

Board of Health 978-649-2300 Ext. 118 or health@tyngsboroughma.gov

http://www.tyngsboroughma.gov/departments/inspectional-services/health/trash-and-recycling/ Proof of Tyngsborough or Dunstable residency is required: Driver's license or current utility bill RESIDENTIAL WASTE ONLY

WHAT TO BRING:

<u>From the Workbench</u>

Oil Based Paints Stains & Varnishes Wood Preservatives Paint Strippers/Thinners Solvent Adhesives Lighter Fluid

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Weed Killers Chemical Fertilizers Flea Control Products Poisons, Insecticides Fungicides Moth Balls

From the Garage

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From the House

Rubber Cement Airplane Glue Fiberglass Resins Aerosol Cans Photo Chemicals Furniture Polish Oven Cleaner Toilet Cleaner Spot Remover Rug & Upholstery Cleaner Hobby & Art Supplies Floor & Metal Polish Rechargeable and Button Batteries

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*non-hazardous – can be discarded in trash (latex paint needs to be dried out before discarding)

HOW CAN I SAFELY TRANSPORT HAZARDOUS WASTE

Leave materials in original containers

Tighten caps and lids Sort and pack separately: oil paint, pesticides and household cleaners Pack containers in sturdy upright boxes and pad with newspapers **NEVER MIX CHEMICALS NEVER SMOKE while handling hazardous material**