



# Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

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[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)

*Celebrating 37 Years of Service!*

**Issue # 406 • July/August 2021**

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## DUNSTABLE TOWN CLERK

### • Annual Town Election results are posted on the town website.

All questions passed. Question #1 was an override in the amount of \$125,000 for a police officer, Question #2 was a debt exclusion to purchase a loader (\$154,500) for the Highway Department and Question #3 was a debt exclusion to purchase a fire rescue vehicle (\$190,565) for the Fire Department. There was one contested race on the ballot for a one-year position on the Advisory Board. Congratulations to Matthew Naughton. There were 472 ballots cast which represented an 18% voter turnout.

### • Annual Town Meeting results are posted on the town website.

There were 103 voters checked in. Highlights include the passage of the \$11,689,704.00 budget plus \$3,001 added to the Town Clerk Temporary Help line item. Bylaws approved included the adoption of a Town Center District and creating an overlay district, amendments to the Bed and Breakfast establishments and Community Housing bylaws, updating maps to the Service Business Zoning District and Solar Overlay District, extending the date on the Growth Rate Limitation bylaw to 2031 and General Bylaws included the adoption of a new Stormwater Management and Erosion Control and Post Construction and amendments to the Advisory Board Bylaw. All of these bylaws must be approved by the Attorney General before they become effective. Zoning bylaws revert back to the Town Meeting date and General Bylaws become effective after they are published in five public places. Notice will be provided. Voters also approved to accept Bear Hill Road as a public way. And also to allow the Board of Selectmen to petition the General Court to enact special legislation to change the position of Town Clerk from elected to appointed.

### • Please do not place tax bills, water bills or trash payment in the Town Clerk's lockbox in the lobby (there is a sign but still..)

I do not have an assistant or coverage when I'm out of the office to collect my mail and these payments can sit unattended during my absence which could be a couple of weeks. These payments need to go to the appropriate person for timely posting. Calls concerning your taxes should be directed to the Tax Collector and calls concerning the curbside trash program or bags should be directed to the Board of Health.

• **Town Clerk Office Hours** – As Town Hall begins to reopen, I plan to keep regular hours on Mondays and Thursdays from 9:00 am – 2:00 pm and working remote one day, either Tuesday or Wednesday depending on what deadlines, etc., I'm working with that particular week.

**Carol A. Skerrett, Town Clerk CMMC 978-649-4514 x222**  
[CSkerrett@dunstable-ma.gov](mailto:CSkerrett@dunstable-ma.gov)

## IN MEMORY OF

Dorothy M. Farry



## 2021 DUNSTABLE CONCERTS ON THE COMMON

**Every Wednesday, 6:30 - 8:30 Rain date Thursday**

The Dunstable Summer Concert Committee is very happy to announce that we are bringing concerts back to the common this summer! We currently have the following Wednesday nights (rain date is Thursday) set aside for concerts and all concerts will run from 6:30-8:30pm!

**July 7<sup>th</sup>: The Rampage Trio** (Blues-tinged rock & roll)

**July 14<sup>th</sup>: Monadnock Bluegrass** (Traditional, contemporary & original bluegrass)

**July 21<sup>st</sup>: Band from U.N.C.L.E** (50's - 60's Rock & Roll, Rhythm & Blues)

**July 28<sup>th</sup>: Catfish Howl** (Traditional Zydeco; along with Rock, Blues, and Country Zydeco Style)

Food/ drinks will be available for purchase (as well as delicious ice cream!)

If you are interested in volunteering this summer please contact us on Facebook or at [dunstablesummerconcerts@gmail.com](mailto:dunstablesummerconcerts@gmail.com)

*The Dunstable Common is on Main St. next to the church and across from the Dunstable Town Hall. Look for the gazebo. Parking is available near Swallow Union School, the church & town hall.*

## WELL ADULT CLINIC

**We are happy to say there are plans for our first clinic to be held on Wednesday, Sept. 22 from 11:00 – noon.** Location to be determined. Watch for updates in the September issue.

Contact Nashoba Board of Health at 978-772-3335 ext.340 or [www.nashoba.org](http://www.nashoba.org) if you have any questions or are in need of their services..

## DUNSTABLE BOARD OF HEALTH HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY

**Saturday, August 28<sup>th</sup> 9:00am to 12:30pm**

Held each year for both the Town of Tyngsborough and the Town of Dunstable, at the Tyngsborough Highway Department Garage, 87 Kendall Rd., Tyngsborough, MA (Rte 113).

**The 2021 flyer is printed on green paper and is the back page of this issue of Neighbor to Neighbor.** Contact info for the Dunstable Board of Health is on the flyer. Once you read through it, if you have any questions or need further information, please call or email the Dunstable Board of Health.



## TYNGSBOROUGH/DUNSTABLE ROTARY CLUB



### DUNSTABLE BOARD OF HEALTH TOWN OF DUNSTABLE TRASH AND RECYCLING PICKUP PROGRAM

The Board of Health would like to announce that we have renewed our Trash and Recycling Contract for another 3 years with G.W. Shaw & Son with no increase in the subscription fee. This will be the 4<sup>th</sup> year that we have been able to keep the fee at \$300.00.

**Your yearly subscription with the Town of Dunstable for the Curbside Trash and Recycling program will expire on June 30, 2021. Three renewal options are available.**

You can mail a \$300.00 check made payable to the Town of Dunstable to P.O. Box 268, Dunstable, MA 01827, or you can drop off a check or cash at the Town Hall Monday-Thursday 9:00-4:00 p.m. or use the mail slot in the side door of the Town Hall any time. Please write Joan – Trash Payment on your envelope. You may also pay on line on the town webpage [www.dunstable-ma.gov](http://www.dunstable-ma.gov) and choose on line payments. Scroll down half way to Trash-Board of Health. New subscribers can use the same options.

We also sell overflow bags for those times you may have extra trash that will not fit into the trash container. The cost is \$3.00 each, sold in rolls of 5 for \$15.00. Those can be purchased on line or at the Town Hall. If you pay online you will have to come to the Town Hall to pick the bags up. Although there is not a specific spot to purchase the bags on line, just fill in the amount and we will recognize the amount is for the purchase of bags.

Please send your payments in as soon as possible to avoid an interruption in service.

If you need to reach us for any reason, please email us at [iferrari@dunstable-ma.gov](mailto:iferrari@dunstable-ma.gov) or [health@dunstable-ma.gov](mailto:health@dunstable-ma.gov). You may also leave a message at 978-649-4514, Ext. 229. Thank you.

The Rotary Club of Tyngsboro/Dunstable Rotary Club has been serving the Tyngsborough and Dunstable area for 41 years.

Rotary is a global network of community volunteers. Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs.

Rotary builds international understanding through scholarships, exchange programs, and humanitarian grants. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

**If you are interested in membership, please call Bob Guernsey at (508)380-4351 or Ron Keohane at (508)517-3895.**

**Feel free to join in our weekly Zoom meetings held on  
Thursdays at noon.**

Contact either member listed above to find out how to join in.

### Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

**E-mail: [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com)**

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Total Circulation is now 6,481 which includes Dunstable and Tyngsborough.

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## DUNSTABLE SENIORS

Program Coordinator Susan Tully 978-649-6750

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Dunstable Seniors .....we are a peer group for those over 60.

.... There will be **NO MEETINGS** at the Dunstable Library until further notice ....

*HAPPY BIRTHDAY to all who are celebrating this month!*

There will be **NO MEETINGS** at the Dunstable Library till further notice.

- **Traveling Chef Lunch July 21.** Hot dog, corn on the cob, German potato salad, Red, White and Blue Parfait and juice. *RSVP was due by June 30.*
- **August 18 lunch,** Waldorf turkey salad, garden salad, pasta salad, chips and peach cobbler. *RSVP by July 28. This FREE meal is open to all seniors and is provided through Merrimack Valley Elder Services.* If you are already on the Wednesday meal list you do not need to reply.
- **Beatles Tribute.** Will be held on **Wednesday, August 4<sup>th</sup>.** In the Fellowship Hall of the Dunstable church. A lunch of chicken & vegetable kabobs, Greek salad, fruit salad and dessert will be served at noon provided by Dinner Made Simple. Following lunch, Fran Hart will present, **THE CULTURE OF THE 1960'S THROUGH THE MUSIC OF THE BEATLES.** Hear the stories behind the songs, listen to live music of these iconic songs, and a fabulous sing-along. **Reservations MUST be made by July 28.** Email [slt0213@verizon.net](mailto:slt0213@verizon.net) or call 978-649-4514 ext. 223. Sponsored by the Dunstable Cultural Council



## DUNSTABLE VETERAN SERVICES OFFICE

This month I would like to give a special thanks to all of the Vietnam Vets who came back home and were not able to wear their uniforms because of all of the political unrest and no one said to them "Welcome Home". Below is a short but very moving speech written by our Dunstable guest Navy Chaplain Dean Pederson and I believe everyone should take time to read and understand.

The Dunstable Veterans I would like to honor who were born June but have since passed away that are currently in our database are the following:

John Brohel – 7 July 1936 - USN - Vietnam  
James Huston 13 July 1926 – USN/USA – Korea/Vietnam  
Joseph Koyutis – 8 July 1922 - USA - WWII  
Our many thanks to those who went the extra step to serve their country.

As always, if you know of any Veteran or family member of any veteran who might need assistance please contact me. I have new hours and am normally available from 8:00AM to 12:00PM on Mondays almost every week. You can call or text on my cell and leave a message 978-496-0985 or send me an email anytime at [VSO@dunstable-ma.gov](mailto:VSO@dunstable-ma.gov). God Bless.

Dunstable Veteran Services Office  
Joe Dean (Former USMC Sgt, Retired USAF Capt.)  
Dunstable Veteran Services Officer  
Proudly serving those who have served

## DUNSTABLE TOWN HALL DIRECTORY

Town Hall (978) 649-4514. The departmental extensions are as follows:

221 Town Accountant 222 Town Clerk 223 Council on Aging  
224 Selectmen (handles many depts.) Also for Animal Control Officer.

After hours call Police at 978-649-8891. If emergency call 911

226 Building Inspector 227 Road Commission  
228 Tax Collector/Treasurer 229 Board of Health  
230 Conservation/Planning Board 249 Assessors, Water Dept

Please dial 0 if you need assistance.

Veteran's Officer 978-649-3919

POLICE NON-EMERGENCY 978-649-7445 POLICE & EMT 911

**FIRE DEPT. TELEPHONE NUMBERS TO REPORT A FIRE CALL 911**

Business Line.....978-649-6661 FAX.....978-649-6072

Alarm System\* 978-448-6666\*can be used to call in a fire from cell phone

Visit [www.dunstable-ma.gov](http://www.dunstable-ma.gov) for contact info, news & updates

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**ALTRUSA**

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On Saturday, June 19, 2021, the **Altrusa Club of Merrimack Valley** conducted a BABY HYGIENE DRIVE at the new DeMoulas' Market Basket, 90 Old Ferry Road, Lowell, MA, to benefit Merrimack Valley Family Shelters; House of Hope, Brigid's Crossing and Alternative House, which have a continuous need for disposable diapers and baby hygiene products. .

The generosity exhibited by the Market Basket shoppers was overwhelming! There are many mothers and babies in these shelters, who are feeling the warmth and "dryness" of their generosity.

Thank you Market Basket for your support and allowing Altrusa to conduct this important drive.

The Altrusa Club has been meeting virtually on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of the month. To learn more about Altrusa visit us at [www.altrusa.org](http://www.altrusa.org) or [districtone.altrusa.org](http://districtone.altrusa.org)



**GREATER MASSACHUSETTS**

**SPECIAL NEEDS EVENTS**

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Disability tab/menus are across the top of the website

- Autism/Aspergers Events • Down Syndrome/Intellectual Events
- Family Mental Health & Behavioral Events
- Financial & Legal events • Learning Disability/ADHD Events
- Recreation for Special Needs

• **Transition-to-Adult events include: Thinking About Housing, The Dating Game for ASD Young Adults, and a Workplace Prep Program for Young Adults with Down Syndrome.**

**SHEPHERD OF THE VALLEY**

**LUTHERAN CHURCH**

<http://www.sov-lc.org>

To contact Pastor Rev. Susan Gaeta (978) 540-0768  
or email her at [pastorgaetasov@gmail.com](mailto:pastorgaetasov@gmail.com)

**Please Note:** Shepherd of the Valley Lutheran welcomes people who are willing to wear face masks and still keep appropriate distance to worship in the sanctuary on **Sunday mornings at 10a.m.**

We are located at 21 Washington St., Ayer, MA Thanks to the Federated church of Ayer for being so welcoming!

We will also continue to meet remotely. Please join in our service via online ZOOM. Sunday worship at 10am and Wednesday prayer group at 7pm. If you visit our Facebook page or website you will be able to see how you can join in on our service. We hope to 'see' you there!

**STITCHERS**

**AT TYNGSBORO SENIOR CENTER**

Welcome Back! Tyngsboro Senior Center, 169 Westford Rd., Tyngsboro, is open and welcoming all groups to be active once again with no masks and no social distancing required. The Stitchers will meet every Monday from 10 AM to Noon in the Arts & Crafts Room. Materials for projects have been replenished and are ready for pick up at this time. Class members are available at this time to teach those that request help. Our projects continue to be for Hospice and Able to Serve.

A big "Shout Out" to Beverly MacLean and Brenda Soubosky who dropped off bundles of knit goods including hats, scarfs, shawls, lap robes, and afghans for our agencies. And to Mary Rita Souza for keeping our supplies ready for use and Yolanda Carmona, who finishes many articles sent to us not completed. It is these volunteers who help warm the homeless as well as those in hospice care. Thank you and all of our stitchers for giving many hours of your time to help these causes.

**Want to help? You are welcome to join in. Any questions, please call Jean Jacoppi, Coordinator (978-649-9076)**



## HOMESTEAD PROTECTION IN MASSACHUSETTS – COURT CLARIFIES CREDITORS' RIGHTS

*By Edward H. Adamsky  
Attorney at Law*

In Massachusetts, if you file a Homestead Declaration at the registry of deeds, you can protect up to \$500,000 of equity in your home from seizure by your creditors. This won't work against your mortgage company, nor the town for taxes. But if you somehow owed someone a lot of money, it would protect your home against immediate seizure due to a court order.

The prevention of seizure is good for your lifetime, but it doesn't prevent a creditor from placing a lien on your home. In the recent case of *Hartog, Baer & Hand, A.P.C. vs. Thomas H. Clarke, Jr.* (Mass. App. Ct. No. 20-P-170, April 9, 2021), the Massachusetts Appeals Court clarified that the creditor cannot get an execution on a judgment and seize a home, but a Levy on the Execution can be recorded and work as a lien on the home.

The purpose of the Homestead protection law is to avoid homelessness and to keep people in their homes while creditors may have to wait. But it doesn't necessarily allow complete relief from the creditor's claim. In the recent case, the lien was allowed to stand on the house and could be exercised after the people protected by the Homestead law no longer lived in the home (usually after their death). Also, if the house were sold, although the homeowners would be allowed to keep the first \$500,000 from the sale proceeds (as their homestead right) the creditor could claim any overage if the house sold for more than that.

A major benefit to the Massachusetts Homestead protection law is its use in a Bankruptcy proceeding. Under Federal Law you are only entitled to keep \$125,000 in the value of your home. If you filed a liquidation (Chapter 7) bankruptcy and your home was of an average value, you might have to sell your home in order to complete the bankruptcy. But if you have filed a Homestead Declaration (more than five years before filing Bankruptcy) you can use the \$500,000 exemption amount instead and perhaps protect your whole home in the Bankruptcy. If your home were particularly valuable, you might have to use another version of bankruptcy where you pay something to your creditors, but only the amount of value in your home over the \$500,000 protection would be subject to payment to your creditors.

So, while your homestead declaration will protect your home from being sold out from under you, a creditor can still get an attachment to make sure it gets paid when the property is sold (less any exemption to which you are entitled). And, if all of the homestead holders die, then the homestead is dissolved, and the credit may claim its full debt to the extent of the value of the home.



## DROP OFF FOR FOOD PANTRY, POP TABS AND BOX TOPS

We are so proud of the community teamwork we have witnessed which has allowed us to become a great partner with the PACH food pantry in Pepperell, MA. Through your partnership and generosity we have been able to bring thousands of pounds of donations to the pantry since last spring when the COVID crisis began.

During the months of construction at West Auto, 30 Pleasant St. in Dunstable, we will continue to work with our community partners so if you have donations for the pantry to drop off, pop tabs to donate to benefit the Shriners organization or Box Tops for Education for Swallow Union Elementary school our Community Cares table is located in our temporary waiting area which is now located in the rear corner of West Auto Repair building on the fire station side. Donations will be delivered to the Pepperell food pantry on Tuesday & Thursday. In addition to food, personal care items, and pet food donations, they also accept Gift Card Donations to local grocery stores. They are given to neighbors in need or used by pantry volunteers to purchase items to stock the shelves. Gift cards in the amount of \$25 would be helpful.

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## GROTON NEIGHBORHOOD FOOD PROJECT

The Groton Neighborhood Food Project (GNFP) is a non-profit organization that helps families in our community by organizing neighborhoods to collect food and other grocery items. Please join our growing network of neighborhood volunteers – it is fun & rewarding for the whole family!

On Facebook: <https://www.facebook.com/GrotonFoodProject/> If you would like to learn more about the GNFP, and how you can help, please go to <https://grotonfoodproject.com>

**The next food collection is on August 14, 2021.**

### Tracey B. Harding Real Estate Attorney

*Long time Dunstable resident*



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**tharding@DRclosings.com**

## NASHUA PARKS AND RECREATION DEPARTMENT

The Parks & Recreation Dept. has scheduled an exciting series of FREE concerts at Greeley Park this summer. We hope you'll take advantage of a number of them. Outlined below are the performers and dates of the eight concerts in this series. **All concerts are on a Tuesday (with a rain date on the following Wednesday), starting at 7:00 PM. Bring a chair and enjoy a diverse selection of genres of music!**

- July 13: Acoustic Folk and Americana by "TWANGTOWN" Sophisticated husband and wife duo with well-crafted songs and top-notch lead singing. **NOTE: NO RAIN DATE FOR THIS CONCERT**
- July 20: Upbeat Bluegrass by "MONADNOCK" This group performed for NCCA back in 2014, and has extended its outstanding instrumental and vocal efforts.
- July 27: Irish duo "SHANNACHIE" Another group which performed for NCCA in 2014 and has been a Nashua standout for many years.
- August 3: R&B, Rock and Soul by "B STREET BOMBERS" A New England favorite, with a repertoire spanning seven decades.
- August 10: Big Band selections by the "WINDHAM SWING BAND" Shades of Glenn Miller & other favorites of WWII era.
- August 17: Military Band repertoire by our own "AMERICAN LEGION BAND" From John Philip Sousa to modern favorites.

## GRACE LUTHERAN CHURCH

130 Spit Brook Rd, Nashua, NH

1-603-888-7579 [www.GraceLutheranNashua.org](http://www.GraceLutheranNashua.org)

Pastors George Ruwisch and Rev. Bryan Stecker

**THE CHURCH IS OPEN FOR SERVICES. MASKS REQUIRED.**

Please go to the website to watch our reopening video for instructions prior to selecting your seats. **Online Videos: Weekly on-line 9:30 am Sunday Live stream Services**, Morning Minutes of Grace, Evening Prayers, Afternoon Bible Study & Grace Kids. **Visit our channel [GraceLutheran.TV on \(youtube.com\)](https://www.youtube.com/channel/UCqLWtHvYvYvYvYvYvYvYvYvY)**

### DRIVE-UP FOOD PANTRY AVAILABLE AT THE CHURCH

**We have a free, drive-up, food pantry** for any of our neighbors who may be in need of food during this difficult time. It is our sincere prayer that we can be a blessing to our community as we get through this pandemic together.

**We do require that you make an appointment by calling the church at 603-888-7579 and ask for our Secretary, Dianna, who manages the schedule.** We do have to space out our client visits. If you do not need help but know someone who does, please pass on this information. *The church is located between World Academy and the Fire Station at 130 Spit Brook Rd., Nashua, NH.*

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*A heartfelt thank you to our customers for a very successful spring season. It was great to see you all again and many new faces, as well.*

*We will be closing after July 4th for the 2021 season, however, we are planning to be open again next spring. Hope to see you all in 2022!*

726 Main St. • Dunstable, MA 01827-1214  
(978) 649-9713



## DUNSTABLE COUNCIL ON AGING

DIRECTOR OF THE COUNCIL ON AGING

Anne Fenochetti Email: [afenochetti@dunstable-ma.gov](mailto:afenochetti@dunstable-ma.gov)  
978-649-4514 ext. 223 Hours: Tuesday 8am to 12:30pm

**DUNSTABLE COUNCIL ON AGING** Barbara Martin, chairman;  
Mary Dow, secretary; Donald Pottle and Joan Simmons.

*A sincere thank you to James McManus for his time serving as a member of Dunstable Council on Aging.*

**The Mission of the Dunstable Council on Aging** is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs. Feel free to give us your ideas.

### Senior Services

• **WELL ADULT CLINIC** Our first clinic will be held on **Wednesday, Sept. 22 from 11:00 – noon**. Location to be determined.

Contact Nashoba Board of Health at 978-772-3335 ext.340  
or [www.nashoba.org](http://www.nashoba.org) if you have any questions.

• **BOOK GROUP** Our group will resume meeting on **September 18 at 10:30am**

\*\*\*\* **FABULOUS FEET BY DIANE** Diane Stanley, a foot care specialist nurse is now available to do home visits. She will check feet, trim nail, treat ingrown nails, corns and calluses. Experience with diabetics. Home visit is \$60.00 for a 1hour visit. Call 978-667-0644 to make an appointment.

\*\*\*\*\* **BROWN BAG FOOD PROGRAM** This program offers a FREE bag of groceries the 4<sup>th</sup> Tuesday of each month. Each bag contains a variety of basic healthy foods. Bags need to be picked up at the Tyngsboro Senior Center. Call Laura Marsan 978-946-1303 for more information.

• **BONE BUILDERS PROGRAM** Are you ready to start exercising again? Brian O'Donnell will resume classes as soon as we have a commitment from interested participants. Bone Builders is a balance and strength training exercise program. In the past we have met on Wednesdays & Fridays at 10:30. Location to be determined. We will try to keep to days & time but let us know what works for you. Call Anne at the number above.

• **WALKING GROUP** We have a few seniors that are interested in starting a walking group at Larter Field. For the summer it would probably be 9:00 a.m. or possibly 6:00p.m. Let us know if you would like to join.

• **BOOK DELIVERY** is available through the Dunstable Library on Thursdays. Just let Anne know if you or someone you know needs books or audio material. Call 978-649-7830

• **VAN SERVICE** is available for medical appointments and grocery shopping. Cost is \$5.00 for local trips, Lowell, Chelmsford, Nashua, Tyngsboro, Westford, Ayer, Groton & Pepperell. \$10.00 for any other. Check with Anne Fenochetti as soon as you know when your appointment is to make sure a ride is available.

• **MEALS ON WHEELS** Do you or someone you know need the services of Meals on Wheels? This service is now being merged with Tyngsboro's MOW. For more information contact Merrimack Valley Elder Services 1-800-892-0890

• **MEDICARE** Remember if you are turning 65 you should contact Social Security to enroll in Medicare. Medicare has no connection to your eligibility for social security benefits. If you have questions call Elder Services at 1-800-892-0890.

• **PENSION ACTION CENTER** Free legal counseling for workers & retirees who live or work in New England. Call 1-888-425-6067.

• **ELDER HOTLINE** The Attorney General's Office has a statewide, toll-free telephone hotline to assist individuals on a wide range of elder issues. The number is 1-888-243-5337 (TTY: 617-727-4765) Monday thru Friday 10:00 am– 4:00 pm This elderly hotline provides a valuable service to Massachusetts' senior citizens, their families, and other information about elder related issues and programs throughout the commonwealth.

• **DURABLE MEDICAL EQUIPMENT** We have a variety of good, gently used walkers, wheelchairs, transport chairs, canes, commodes and much more that people have generously donated. **These are on loan and need to be returned when not in use.** PLEASE call before you buy if you are in need of equipment.

## DUNSTABLE GRANGE #31

### Grange Fair Will Not Be Held

This year the Dunstable Grange has decided that the Fair will not be held due to concerns with Covid-19.



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## MEALS ON WHEELS NEEDS VOLUNTEERS LIKE YOU!

Volunteers offer a daily dose of human connection and a nutritious meal that helps keep senior happy and healthy. Contact Elder Services of the Merrimack Valley and North Shore at [nutrition@esmv.org](mailto:nutrition@esmv.org) or call 978-686-1422.

## DUNSTABLE FREE PUBLIC LIBRARY

588 Main St. 978-649-7830

For more library information go to

[www.dunstable-ma.gov](http://www.dunstable-ma.gov) click on library

Mary Beth Pallis – Director – [mpallis@mvlc.org](mailto:mpallis@mvlc.org)

Karen Debrececi – Children's Librarian – [kdebrececi@mvlc.org](mailto:kdebrececi@mvlc.org)

Like us on FACEBOOK to receive program updates!

[www.facebook.com/pages/Dunstable-Public-Library/219991908117595](https://www.facebook.com/pages/Dunstable-Public-Library/219991908117595)

**NEW Summer Hours:** Tues 3-8pm; Wed 10am-3pm,  
Thurs 3-8pm, Fri 10am-2pm; Sat 10am-2pm (curbside only)

### SUMMER READING PROGRAM 2021 July-August

- **July 13<sup>th</sup>** Felting Class – Zoom with Rachel Benson (for teens and adults) Please sign up for this program. 4:00 PM Learn how to felt an adorable hedgehog. Pick up supplies the week before please.
  - **July 14<sup>th</sup>** Take and Make – Join Mrs. D. on dpl-facebook live and learn how to make treats for your dog 10:30 AM
  - **July 20<sup>th</sup>** Join Mrs. D. on dpl-facebook live in your PJ's for a pajama story time. 7:00 PM
  - **July 27<sup>th</sup>** Be amazed with the incredible Magic of Scott Jameson - Funded by Dunstable Cultural Council 6:30 PM Live outside. Bring a blanket to sit on. Rain Date: 8/3 at 6:30 PM.
- Please sign up for this program.**
- **July 30<sup>th</sup>** Take and Make – Join Mrs. D. on dpl-facebook live to learn how to tile paint. 10:30 AM Pick up supplies the week before please.
  - **Aug 10<sup>th</sup>** Take and Make – create a colorful mug using colored pencils or markers.
  - **Aug 18<sup>th</sup>** Henna Alchemy 11:30 AM Learn how to create your own Henna with Mandy Roberge. Please sign up for this program.
  - **Aug 20<sup>th</sup>** **Last day to complete reading log. Email Mrs. D once you have finished your log to be entered into the raffle.**
  - **Aug 24<sup>th</sup>** Summer Reading Finale – Ice Cream Social - **Please sign up for this program.** 3:00 PM

**NOTE: Take and Makes are limited and will stay out on the curbside table until they are gone.**

- **Every Tuesday** – Chapter Book read out loud on dpl-facebook live and 6:00pm with Mrs. D.
- **Every Friday** – Story time at 10:30 AM outside at the library Like us on Facebook and see Library Program information! Please sign up for Programs at the library or at [kdebrececi@dunstablepl.org](mailto:kdebrececi@dunstablepl.org)

## FRIENDS OF THE TYNGSBORO ELDERLY, INC.

**It's MEET and GREET time!** The Senior Center, 169 Westford Rd, Tyngsboro, is now open. No masks or social distancing required. So the Board of the FTE has decided that it's time to celebrate. On **Wednesday, July 14th, at 11:30AM, The FTE will host a light lunch followed by entertainment.** There is no cost. Tickets will be available at the Greeters' Desk on Thursday, July 1.

Our second celebration, **Fall Festival**, will take place on **Friday, September 24th, at the OLD TOWN HALL, at 11:30AM.** A light lunch and entertainment will be provided. There is no cost. Tickets will be available at the Greeters' Desk at the Senior Center on Thursday, September 2.

The Friends of the Tyngsboro Elderly, Inc. is a 501 3C Non-Profit Organization of over one hundred members, whose purpose is to help fund activities, programs, and needs at the senior center. **To become a member, please contact Board Member, Elaine Rivard (978-649-7689).**

## PACH PEPPERELL FOOD PANTRY

66 Hollis St., Pepperell, MA Tues 5-7pm, Thurs 2-4 & 5-7pm. PACH provides food, paper goods and personal care items to residents in need of assistance. If interested in this service, or if you want to help by making a donation of food or supplies, call the Office at 978-925-9770 or visit their web site at [www.pachoutreach.org](http://www.pachoutreach.org). You may drop off donations at West Auto Repair, 30 Pleasant St, in Dunstable, MA.

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### Proven Therapeutic Benefits

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- Relieves stress and boosts happiness
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- Helps control blood pressure
- Improves physical dexterity
- Promotes healthy eating
- Studies show that people who garden have lower levels of stress and increased happiness.

• **Plant pollinator-friendly flowers.** Who doesn't love a flower garden? Bees, for example, love honeysuckle, sunflower, strawberries, and lavender. Planting a variety of flowering plants that bloom at different times will keep a steady supply of food for pollinators and other helpful insects in your garden.

• **Plant perennials.** Because you can harvest multiple times from one plant, perennial gardens use fewer resources overall. You don't have to buy new plants every year, for example. Perennials also require less water once they are established in the garden, thus using less resources. They're also a good choice to help control the growth of weeds instead of chemicals and pesticides.



## TOWN OF DUNSTABLE 350<sup>TH</sup> ANNIVERSARY CELEBRATION COMMITTEE

The Town of Dunstable will be celebrating its 350th Anniversary in 2023. The Board of Selectmen is looking for residents interested in serving on a Celebration Committee to organize activities to commemorate this special event. We have begun forming a committee to have residents participate in the celebration of Dunstable. We hope to have events so we can share stories about the town, utilize some of its wonderful spaces (conservation, parks, Gazebo, etc.), and overall enjoy the things that make Dunstable - Dunstable!

If you are interested in serving on this committee please go to the link written here. This will bring you to a form addressed to Assistant Town Administrator, Jake K. Voelker. Fill in your name, email address and a statement of interest to be considered for appointment. If you are reading this online just click on the link.  
<https://www.dunstable-ma.gov/home/news/350th-town-dunstable-anniversary-celebration-committee>



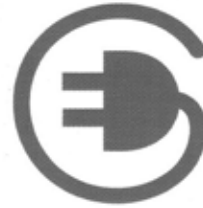
## FOR SWALLOW UNION SCHOOL

They have just updated the **Box Top for Education app** again! It is even easier to use! You just scan your receipt and the app does all the work for you! Now there is more info given about the school's progress. The goal for 2020-2021 was \$500. **The amount earned is \$668.70.**

This is a direct, simple way to help Swallow Union. Many new products continue to be added, there are Bonus Offers and Sweepstakes for Bonus Box Tops for the school to win a 5,000 bonus. You can even set scan reminders for your Receipts.

While traditional Box Tops are being phased out of production, **YOU CAN STILL CLIP AND TURN IN BOX TOPS!** You'll continue to find them on many products throughout the store for the next few years, including Hefty, Green Giant, Reynolds, Scott, Ziploc, Kleenex, and Finish (look for old logo). *Just check the expiration date on them before you turn them in.*

**Thanks again for your support!** Chrissy McLane ([mclane.chrissy@gmail.com](mailto:mclane.chrissy@gmail.com)) Box Tops for Education Swallow Union Elementary School [swallowunionapt.org](http://swallowunionapt.org) [aptswallowunion@gmail.com](mailto:aptswallowunion@gmail.com) [facebook.com/APTSwallowUnion](https://www.facebook.com/APTSwallowUnion)



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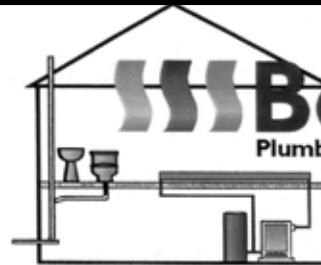
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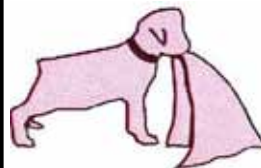
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## DUNSTABLE CEMETERY - JUNE 6, 2021

Navy Chaplain Peterson

Fifty-five years ago I arrived in Viet Nam. I had just graduated from seminary, completed 8 weeks of OCS at the Chaplains School in Newport, R.I., and three weeks of Marine Corps training at Camp Pendleton. In September of 1966 I presented my orders to the First Marine Division located in Danang. From there I was assigned to the 3<sup>rd</sup> Battalion 7<sup>th</sup> Marines. I was 10,000 miles away from my wife, our 8 month old son, and everything that was familiar. My life to this point was marked by 4 years of college and 3 years of seminary. Soon it was to change dramatically as theory about life was to collide with the reality of death.

Home became distant as the tasks of a combatant unit became the primary focus of battalion life. Contact with home was relegated to the postal service and an occasional radio patched telephone call to my wife.

In September of 1967, 120 of us flew from Danang, Viet Nam to the Marine Corps air Station in El Torro, California. When we arrived we received our leave papers, Transportation vouchers for our trip to home and a chilling statement. We were to travel in civilian clothes, not our uniform, because we are not welcome here. While we were in Viet Nam our country was experiencing a deep rift regarding the reason for the conflict and an almost inconsolable pain from the rapid increase of combat related deaths. The word home so treasured when we left was now defined by the emotional, political and philosophical division in our country. The only home for us would be where our families lived. It was not our country.

In November of 2018, I attended the Marine Corps Birthday Celebration in Boston. There were over 2,000 of us in attendance. The Commandant of the Marine Corps was the featured speaker. The majority of the people in attendance were Marines. There were several Navy Corpsmen and a few Navy Chaplains present. The Commandant asked for all who served in Viet Nam to stand. Slowly we rose and stood. There were about 200 of us standing. Then in a booming voice the commandant said to all who were seated. "Give these me a round of applause and welcome them home." "It's because of those who served in Viet Nam that we as a nation have been able to welcome home those of you who served during the Persian Gulf, Iraq and Afghanistan."

For me and others who served in Viet Nam we re-entered life in the USA under a cloud of suspicion and scorn. We chose not to speak about our experience. Many, in silence, retained the memories of their experience in the deep recesses of their soul and spirit. The words "Welcome Home" do not have any special quality to them as they appear in print. They are words best understood in context. When spoken truthfully with love, they have the capacity to begin the process of mending bodies, hearts, and souls. They are words of embrace and invitation.

**WELCOME HOME TO ALL OF YOU WHO SERVED IN VIET NAM!**

### FACE COVERINGS

#### CHECK FOR RECENT UPDATES

Visit [www.mass.gov](http://www.mass.gov) and search "face coverings". You may also want to check out [www.cdc.gov](http://www.cdc.gov).

It might be a good idea to take a mask with you when you are out and about. Many businesses and facilities still require that you wear a mask indoors.

### The next deadline is August 10th for the September issue.

Email to [anne@NeighborToNeighborNewsletter.com](mailto:anne@NeighborToNeighborNewsletter.com) or mail to: Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827.

Need more information about how to submit news? Do you have a business and you would like to know more about advertising?

Call and leave a message at **978-419-1914**,  
I will get back to you as soon as possible.



### Matt's Monthly Mechanical Memo

By Matt Manning

The magic number for cool savings is 78. The U.S. Dept of Energy recommends setting thermostats to 78 during hot days. Why? For every degree above 72 degrees, up to 3% of cooling expenses can be saved. Read on for other tips to help lower energy bills this summer.

**Use fans:** Ceiling or portable fans help distribute cool air evenly, making higher temperatures feel cooler.

**Naturally ventilate:** Open windows during cool hours for a cross-breeze.

**Close curtains:** Shut shades or blinds to block the sun's heat to lessen demand on air conditioning systems.

**Service A/C:** Regular maintenance helps air conditioners run as efficiently as possible, reducing cooling costs.

**Get smart:** Switch to ENERGY STAR® certified smart or programmable thermostats and save. MassSave offers rebates up to \$100.

Until next month, stay comfortable. *Matt*

Got a question? Drop me a note!

[matt@denommeeplumbing.com](mailto:matt@denommeeplumbing.com)

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## DUNSTABLE TYNGSBOROUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need.

Officers for the 2019-2020 Lions Year

President: Mark Alexander, 1st Vice President/Membership Chair: Joseph Ward, Treasurer: Bob Reich, Secretary: Laura Ward, Tail Twister: Meghan DeMonico.

**Anyone interested in joining the lions is asked to contact Joseph Ward at 978-930-1153.** Once we can meet again, we will let you know where, and when meetings will take place.

### YOU CAN HELP BY DONATING THE FOLLOWING:

- **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.
- **Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- **Can tabs** please place into bags before putting in the boxes.

Lion's collection boxes for eyeglasses and hearing aids and can tabs are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Multi-Service Center at 180 Lakeview Ave, Dunstable Town Hall, Post Office and Library. **Pennies for Sight:** "Your change- changes people's lives" See a Lion canister around please consider donating. Every Penny Counts!

## DOWNLOAD YOUR FREE BOOK "LIVING WITH OUR WILD NEIGHBORS"

The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z. Since we have so many animals that we share our yards with, I thought it might be helpful. <https://www.animalsheltering.org/page/wild-neighbors-book>

## JAMES JACOPPI SCHOLARSHIP RAFFLE WINNERS

The fundraiser this year included a Calendar Raffle. A winner was drawn each day in the month of April. Those winners were: Sue Clapp, George Schomer, Lynda Gambale, Ramona Jordan, Deb Charters, Joyce Poulin, Mr. & Mrs. Priestly, Dr. Petakov, Mr. & Mrs. Biscornet, Cynthia Metcalf, Caroline Chronopoulos, Joe Camara, Shakek Pendergest, Josh Arlanian, Carol Sides, Mary Basiliere, Kristen Kirby, Chris Post, Jerome Foresta, Rev. John Carmichael, Ed Brigati, Sandra Thirkell, Trudi Woods, Janice Walsh, Julie Levasseur, Jean Schissel, Robert Jacoppi, Celeste Goyette, Erin Hart, and Nick Sarris.

*A sincere thank you from the Jacoppi Family for your support and donations to the scholarship fund.*

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**Pastor:** Rev. Brian E. Mahoney

**Staff Offices:** 115 Middlesex Street, North Chelmsford, are now open, effective June 1st.

### • **Confessions**

- **Mondays at St. John from 4:30-5:30pm**
- **Wednesdays at St. Mary from 4:30-5:30pm**

If fully vaccinated masks not required

### **CHURCHES ARE OPEN**

### • **WEEKEND MASS SCHEDULE**

St. Mary: 4 pm on Saturday/ 7 am and 11 am on Sunday  
St. John: 4 pm on Saturday/ 9:30 am and 6 pm on Sunday

• **DAILY MASS SCHEDULE** Monday thru Friday/ St. Mary at 7 am/ St. John at 9 am

**Reservations are no longer required.**

## KITTY ANGELS

is a no-kill shelter dedicated to rescuing stray and abandoned cats, furnishing them with treatment for injuries or other health problems, and placing them into life-long, loving, indoor homes with compatible owners. If you wish to make a donation you can use the PayPal link, or you can send your donation to Kitty Angels, P.O. Box 638 Tyngsboro, MA 01879. 501(c)3

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[www.Dunstablechurch.org](http://www.Dunstablechurch.org)

978-649-6251

Pastor Bobby Ross [pastorbobby@dunstablechurch.org](mailto:pastorbobby@dunstablechurch.org)

DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."

### DETAILS RELATED TO THE SHIFT TO IN-PERSON WORSHIP

We are the church, the living Body of Jesus Christ. If someone differs from you on any of the below, we offer nothing but grace, love, and understanding. More than likely, there will be a myriad of approaches to how an individual chooses to move forward. We offer the following:

- No more **pre-registering**.
- **Masks** will be optional.
- We no longer require **social distancing**.

If you are someone who wants to come but still **desires to be distanced that's completely fine**. We encourage you to either, 1) communicate that to someone who sits too close, or 2) we'll save the back rooms for those who wish to remain distanced.

**If someone happens to inform you** that you've sat too close to them, respond with nothing but love and understanding. It's not mean. It's not personal. You don't smell. It's not sin. It's not weird. Love them and scoot over a couple feet. This new normal can't be allowed to divide us or cause conflict.

There will be **fellowship time** after service, but we'll wait a few months before we provide food and drink. If the weather is nice, we'll meet outside; if it's inclement, we can gather in the fellowship hall.

**Offering plates** will remain at the front and rear of the church. If you're someone that normally put an offering in as the plates passed by, please continue to do so as you walk by the plates on your way in or out of the church. Online or by US mail are other options.

We will continue to provide prepackaged communion for **Communion Sunday**, or you can bring your own if you'd like.

**If you have kids** and are comfortable returning to worship, **please come**. Throughout the summer, we'll have kids with us in worship. We have coloring sheets and coloring utensils, and kids can bring items from home. We **welcome** all kid sounds. We're aiming to offer official childcare, and hopefully Sunday School, by the fall. Until then, we plan to offer grace and understanding to the families that worship together rather than glares.

Come visit your community church. Streaming is still available on our website.

We anticipate that children and adult classes and nursery service to be available in the fall. See [www.dunstablechurch.org](http://www.dunstablechurch.org) for updates.

*May the Lord walk between us while we are absent, one from another.*

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## **TYNGSBORO YOUTH FOOTBALL AND CHEERLEADING**

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OPEN TO RESIDENTS OF TYNGSBORO, DUNSTABLE,  
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Tyngsboro Youth Football and Cheerleading is proud to launch our 16<sup>th</sup> season providing local area youth with the opportunity to learn football and cheerleading in a safe, fun environment while promoting the values and importance of academic achievement, teamwork, and sportsmanship. We offer all co-ed programs including **FLAG FOOTBALL** (Grades K-1), **FLEX FOOTBALL** (Grades 2-3), and **TACKLE FOOTBALL** (Grades 4-7), and **CHEERLEADING** (Ages 5-14). We are proudly affiliated with the American Youth Football and Cheerleading (AYF/AYC) program. We provide our coaches with comprehensive training to ensure the safest experience for your child.

**ONLINE REGISTRATION FOR OUR 2021 FALL SEASON IS NOW OPEN!** We welcome fall football and cheerleading registrations from participants residing in Tyngsboro, Dunstable, Groton, and other non-AYF/AYC affiliated surrounding communities. **BE SURE TO REGISTER EARLY TO TAKE ADVANTAGE OF THE LOWEST REGISTRATION RATES AND SPECIAL PAYMENT PLAN OPTIONS!**

**TO REGISTER FOR OUR FALL SEASON:** Visit our website at [www.TyngsboroYouthFootball.com](http://www.TyngsboroYouthFootball.com) or [www.TyngsboroYouthCheer.com](http://www.TyngsboroYouthCheer.com) and click on "Registration Info" tab at the top center of the screen.

**QUESTIONS?** Email us at: [TyngsboroYouthFootballCheer@gmail.com](mailto:TyngsboroYouthFootballCheer@gmail.com). Follow us on Facebook under "Tyngsboro Youth Football and Cheerleading", or go to our website and click on "About Us" and select "Frequently Asked Questions".

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**Hours are Tues, Wed, Thurs 12pm to 8pm and Friday and Saturday 12pm to 11pm. Closed Sunday and Monday. The menu includes Appetizers, Subs, Hamburgers, Pizza and more.** Stop in we'd love to see you. Please be well. If you are interest in joining, or want more info about what is happening at the Post, please get in touch with the person noted for each organization or call the Post at **978-649-7540**.

**ROBERT D. PELLETIER**  
**AMERICAN LEGION POST #247, INC.**



90 Pawtucket Blvd. Tyngsborough, MA 01879

Active duty military and veterans always welcome to join. First Year FREE for new Legion members. For further information call 978-649-7540 or email: [legionpost247@gmail.com](mailto:legionpost247@gmail.com)

Elected Post 247 Officers serving for 2019-2021  
Commander: Matt DeLucia; Sr. Vice Commander: David Simpson;  
Jr. Vice Commander: Larry Monaco; Executive Board: Joe Conlin,  
Ray Hamelin and John Burke. Bartenders (Volunteers) Matt and Bill

Visit our website, [www.AmericanLegionPost247.org](http://www.AmericanLegionPost247.org)  
This website contains a wealth of information about the Post.

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AMVETS National Website: <http://www.amvets.org/>



## AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Auxiliary Unit 247 Officers for 2019-2021:

President: Linda Small; Sr. Vice: Ann Thellen; Jr. Vice: Joyce Ferreira; Secretary: Pat Modrich; Treasurer: Diane Dileo; Sgt-At-Arms: Deb St. Peters. Trustees: Michelle Lambert, Kathleen Olje and Josephine Beauregard.

For information on the Auxiliary Unit contact Unit President Linda Small.

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We seem to be entering a new phase of this worldwide transformational experience. The changes have been monumental and for many of us fear, stress and anxiety have been intense, if not debilitating. As we begin to embark on pursuing our interests and activities, we may still find ourselves feeling apprehensive, stressed, anxious or worried about moving forward.

Many of our visions, dreams and desires have been placed on hold for the past year. Sometimes we may have a vision, but need support determining the best way to get there. If you find yourself ready to redesign a vision or re-engage in all that brings you happiness, wellness, change and joy, but you need a bit more clarity, motivation, support or guidance in taking the necessary steps, life coaching can help. Life coaching can assist you reach your goals with self-assurance, confidence and minimized stress. Based on your goals and ambitions, various tools and strategies are designed for you to achieve attainable goals and sustainable changes.

At Inward Bound Wellness we assist you as you navigate through the distractions, uncertainties, doubt and stresses of trying to reach a goal, fulfill a dream or make a change in your life or within yourself. Contact us for a complimentary 30 minute consultation.



**PET HEALTH**  
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**WHAT'S THE DEAL WITH  
SERESTO COLLARS?**

*Tara M. Sacramone, DVM*



Seresto collars have been in the news a lot recently. And much like everything else in the news some of what you have been seeing is true, and some is not. This is my attempt to clear up some of the confusion.

Seresto collars are flea/tick collars that came out in 2012. They contain two pesticides: imidacloprid and flumethrin. They last 8 months, and can be used on both dogs and cats. Many of our clients have been using them for years and have been very happy with them.

On March 2, 2021 USA today published an article about many complaints filed with the EPA about adverse effects to pets and humans, including deaths of pets. The article was misleading, leaving out several points. One point is that anyone can file any complaint about anything to the EPA, many were anecdotal and no direct linkage to the collar could be established. There have been calls to Pet Poison Helpline about Seresto collars, but much fewer than the complaints to the EPA and the majority of pets had only mild signs such as vomiting. Another point is that many of the complaints were about counterfeit collars, especially those bought on line. Elanco only sells collars to veterinarians and stands by their product 100%.

My takeaways are that I personally think the Seresto collar is safe and effective, if you get yours from your veterinarian. However, if you are concerned at all there are many other safe and effective options out there, such as topical medications like Advantix and Vectra and oral ones like Nexguard and Bravecto. The ticks, which can carry diseases, are particularly bad in this area and nothing will prevent them all, but it is important to use something, both for your pet and to prevent your pet bringing ticks into your house and family.

**COVID 19 Update June 2021**

*Tara M. Sacramone DVM*

**The Dunstable Animal Clinic** is happy to announce we have started the re-opening process. As of June 28, 2021 one person per appointment will be allowed into the clinic. We ask that you call the clinic when you arrive and we will let you/your pet inside when we can. *If you would prefer not to come inside, you can still wait in your car.*

Surgery drop offs and food/medication pick up protocols will remain the same: call ahead to place your order and when you arrive at the clinic call us and one of the technicians will come out to get your pet for surgery or bring your food/medicine out to you.

Per CDC guidance masks are optional for fully vaccinated individuals. Do whatever makes you feel most comfortable. Please stay home if you are not feeling well.

We are constantly re-evaluating the situation and are doing our best to safely serve our wonderful clients. Please be patient as we all adjust to the new protocols.

We (especially me) are looking forward to seeing you inside the clinic soon.

**Phone numbers to use are still (978)649-6513 or (978)649-0222.**



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Fri 9:00 A.M. - 5:00 P.M.  
Sat 8:30 A.M. - 11:30 A.M.

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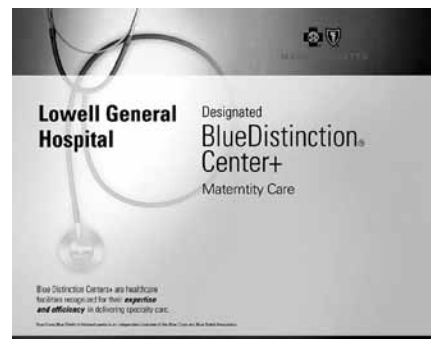


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[www.tyngsborocongregational.org](http://www.tyngsborocongregational.org)

Pastor Denis Frediani



- Church Services are now open to the public at 10:00 a.m. Sunday mornings.

We encourage, and invite you, to attend our Church services and Fellowship after church during the summer months. Masks and social distancing for fully vaccinated persons are no longer needed. **If unvaccinated, please continue to wear a mask.** If you feel more comfortable wearing a mask, please do.

**All church activities will begin with the start of the new school year. This includes Sunday School for the children.**

**Have a Happy and Safe Summer!**

**If you prefer to stay home, Services are available on line.**

- TO WATCH LIVE SERVICES

**Log on directly to facebook and go to Ecct Church.** You may also log in at any time and watch the recorded services.

• **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: 1. Log onto the church website <http://www.tyngsborocongregational.org>. 2. Click once on the word "SERMONS" 3. Sermons listed by date, passage, sermon title. You may click on "Jump to the Current Sermon. To find the most recent.

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**Check us out on facebook.com Ecct Church for updates**

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- 1. Always supervise** a barbecue grill when in use. Don't add charcoal starter fluid when coals have already been ignited.
- 2. Never grill indoors** — not in the house, camper, tent or any enclosed area.
- 3. Make sure everyone, including pets, stays away from the grill.**
- 4. Keep the grill out in the open**, away from the house, deck, tree branches or anything that could catch fire.
- 5. Use the long-handled tools** especially made for cooking on the grill to help keep the chef safe. Go to [redcross.org](http://redcross.org) for more info.

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### AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Auxiliary Unit 247 Officers for 2019-2021:

President: Linda Small; Sr. Vice: Ann Thellen; Jr. Vice: Joyce Ferreira; Secretary: Pat Modrich; Treasurer: Diane Dileo; Sgt-At-Arms: Deb St. Peters. Trustees: Michelle Lambert, Kathleen Oljey and Josephine Beauregard.

For information on the Auxiliary Unit contact Unit President Linda Small.



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**Summer is a great time to improve your home's exterior.**

Whether you're interested in enjoying your space a little more or you want to boost your home's value, it makes sense to find inspiration by taking a look at what other homeowners are doing.

Are you thinking about updating your yard or patio this summer? Here are five popular trends to consider trying for yourself.

- **Install a workout or play area.** Make the most of your property by building a swing set or sandbox, adding a horseshoe pit or investing in a small climbing wall or some gym equipment that the whole family can use.
- **Build a front yard social spot.** Want a casual outdoor spot that's welcoming to your friends and neighbors? Think about setting up a social area in the front yard — one with benches, swings and comfortable places to sit and chat.
- **Focus on backyard entertainment.** For more private gatherings, focus on guest-friendly features in the backyard. Movie screens, fire pits and hot tubs are a few popular options.
- **Add an outdoor kitchen.** Love to cook? Just want to eat alfresco? Install an outdoor pizza oven or invest in a smoker or grill. Be sure to set up a roomy (and durable) dining area, too.
- **Plant a vegetable or herb garden.** It's never too late to improve your landscaping with something functional. Consider planting a few of your family's favorite veggies or herbs in a small garden out back.



## THE WISH PROJECT

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The warehouse reopened on July 7th after enjoying the 4th Holiday. **• ON JULY 13TH OUR THRIFT STORE REOPENS AT 9AM!**  
**• BACKPACK ATTACK! Our Largest Project of the Year.** This year, we set that goal at 5,000 filled backpacks.

We understand that the past year and a half has created new struggles for many local families and we are doing our part to help alleviate some small burdens that they may face. We know that, with the help of everyone in the community, we can ensure that all local families have access to school supplies for their children. When these families have all that they need to begin the school year, they can focus on learning.

For this to happen, we need your help! You can get involved by making a [monetary donation](#) (\$60 will cover the cost of 1 backpack and a donation of \$1500 will cover the cost of backpacks for a classroom of 25 students) towards the project, by donating new supplies or filled backpacks, or by organizing a collection for backpacks and supplies in your community.

For more information on this project, please see the [Backpack Attack project page](#) on our website.

If you would like to shop online, and ship donations directly to the warehouse, please take a look at our [Backpack Attack Amazon wish list](#).

If you have any additional questions about this project, please reach out to [Lori Yutzy](#), our projects manager.

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**About Us:** The Mission of The Wish Project is to help families in need in Merrimack Valley. Find out more on our website [www.TheWishProject.org](http://www.TheWishProject.org) or call us at (866) 947-4360. Our New mailing address is: The Wish Project PO Box 8693, Lowell, MA 01853

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*If you prefer to go to a Salon,  
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- Care for all hair types straight, curly and ethnic hair.

**Please call Vivienne at  
978-328-2871  
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**Ramona's is located at 1 Cummings Rd.  
At the corner of Cummings Rd. and Kendall Rd. (Rte 113)  
in Tyngsboro, MA**

## 2021 SUMMER SAFETY: STEPS YOU SHOULD TAKE TO HELP STAY OUT OF HARM'S WAY

*The American Red Cross wants everyone to have a safe  
summer and offers tips and resources for the entire family.*

### WATER SAFETY

Before going in, on or around the water, every family member should become "water smart." This starts with learning to be safe, making good choices, and learning to swim to at least achieve the skills of water competency. Everyone should be able to enter the water, get a breath, stay afloat, change position, swim a distance and then get out of the water safely. A variety of water safety [courses and resources](#) are available to help. To help keep your family safe, the Red Cross offers these tips:

1. Prevent unsupervised access to water. Fence pools and spas with adequate barriers and keep a constant eye for any water dangers such as portable splash pools/slides, buckets and bathtubs.
2. Adults should actively supervise children and stay within arm's reach of young children and new swimmers. Kids should follow the rules.
3. Designate a "water watcher" to keep a close eye and constant attention on children and weaker swimmers in and around the water until the next water watcher takes over.
4. Always wear a properly fitted U.S. Coast Guard-approved life jacket when on a boat and if in a situation beyond someone's skill level.
5. Swim as a pair near a lifeguard's chair — everyone, including experienced swimmers, should swim with a buddy even in areas supervised by lifeguards.
6. Always maintain constant attention and actively supervise children even when lifeguards are present.

Download the Red Cross [Swim app](#), sponsored by [The ZAC Foundation](#), for safety tips, kid-friendly videos and activities, and take the free [Water Safety for Parents and Caregivers](#) online course.

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## CLOTHING SHED AT DUNSTABLE CHURCH



The clothing donation shed at the Dunstable Evangelical Congregational Church, **518 Main St, Dunstable MA**, is open to the public.

St. Pauly Textile Inc., the company that has provided the shed, partners with a network of businesses and various organizations to distribute donated items both here in the U.S. and worldwide, where they're ultimately re-worn by people who need them. The Dunstable Church additionally has the option to use donations to serve community needs. In 2019, the company was able to help keep over 20 million articles of clothing out of landfills, which clothed an estimated 2.5 million people worldwide. The company was founded in 1996 and is an A+ rated member of the Better Business Bureau.

**Accepted items: clothing, shoes, belts, purses, blankets, sheets, curtains, pillowcases, and stuffed animals.**

**PLEASE tie your bags, and do not leave bags outside the box.**

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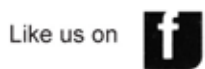
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## Neighbor to Neighbor

*Published by Anne M. Paquin Since 1983*

64 Hardy St., Dunstable, MA 01827

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E-mail: [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com)

[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)

I would like to thank the authors of the articles which cover a wide range of topics. Each month they find the time to share information that is timely and important, that they would like the readers to know about.

This year it has been difficult for many organizations and non-profits. They have had huge set backs with all of their major fundraising events canceled, although some have managed to do things virtually and have received great support from both Dunstable and Tyngsborough residents. At this time many are starting to plan their schedules for the fall. I am truly looking forward to getting that news.

As always, I am grateful to the advertisers who help make this publication possible. There are some new businesses that have started up. It is amazing to see the passion and determination that these people have shown during the past year. There are also many businesses who have been advertising since the first year. Their support is not only for this publication, but also for the communities of Dunstable and Tyngsborough. I hope you do give them a call and consider them, if you are in need of services that they provide.

If I receive news after the issue is published, or if there is no space available in the issue, I post it on the website [www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com). Current and past issues are available by clicking on "Neighbor to Neighbor Newsletter issues" in the heading on the website.

It is a pleasure to hear from you. I look forward to receiving more good news to share at any time. During July and August if you have some news send it in and I will post it on the website. So keep that in mind, and when you have any info, please let me know!

**Please make note for the printed version of Neighbor to Neighbor, the next deadline will be August 10<sup>th</sup>, for the September issue. Total printed circulation for Dunstable and Tyngsborough is 6,481 issues.**

**Wishing you all a healthy and happy summer!**  
**Sincerely, Anne Paquin Neighbor to Neighbor**



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**TYNGSBOROUGH & DUNSTABLE  
HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY**

**Saturday, August 28, 2021**

**9:00 AM – 12:30 PM**

**Tyngsborough Highway Department, 87 Kendall Road (Rte. 113)**

Email [jferrari@dunstable-ma.gov](mailto:jferrari@dunstable-ma.gov) Board of Health 978-649-4514 Ext. 229 or [health@dunstable-ma.gov](mailto:health@dunstable-ma.gov)  
<http://www.tyngsboroughma.gov/departments/inspectional-services/health/trash-and-recycling/>

Proof of Tyngsborough or Dunstable residency is required: Driver's license or current utility bill  
**RESIDENTIAL WASTE ONLY**

**WHAT TO BRING:**

**From the Workbench**

Oil Based Paints  
Stains & Varnishes  
Wood Preservatives  
Paint Strippers/Thinners  
Solvent Adhesives  
Lighter Fluid

**From the Yard**

Weed Killers  
Chemical Fertilizers  
Flea Control Products  
Poisons, Insecticides  
Fungicides  
Moth Balls

**From the Garage**

Fuels/Gasoline/Kerosene  
Engine Degreaser  
Brake Fluid/Carburetor Cleaner  
Transmission Fluid  
Car Wax, Polishes  
Driveway Sealer  
Antifreeze  
Roofing Tar  
Swimming Pool Chemicals  
Motor Oil  
Car Batteries  
Fluorescent Lights (no ballasts)

**From the House**

Rubber Cement  
Airplane Glue  
Fiberglass Resins  
Aerosol Cans  
Photo Chemicals  
Furniture Polish  
Oven Cleaner  
Toilet Cleaner  
Spot Remover  
Rug & Upholstery Cleaner  
Hobby & Art Supplies  
Floor & Metal Polish  
Rechargeable and Button  
Batteries

**CHARGED ITEMS (CASH ONLY)**

**Tires:** \$2.00 per tire (no oversize tires)

**Propane Tanks:** 1 lb.....\$1.00

5 lbs.....\$2.00

10 lbs.....\$2.00

No oxygen or helium tanks 20 lbs ,,,,,,,,,, \$3.00

30 lbs.....\$3.00

40 lbs....\$4.00

**WHAT NOT TO BRING:**

Electronics  
Ammunition  
Asbestos material  
Radioactive Waste  
Syringes  
Metal items and Appliances  
Fireworks  
Empty Containers/Trash  
Smoke Detectors  
Prescription Medicines

Latex Paint\*  
Alkaline Batteries\*  
Commercial or Industrial Waste  
Infectious & Biological Waste  
Explosives

\*non-hazardous – can be discarded in trash (latex paint needs to be dried out before discarding)

**HOW CAN I SAFELY TRANSPORT HAZARDOUS WASTE**

**Leave materials in original containers**

Tighten caps and lids

Sort and pack separately: oil paint, pesticides and household cleaners

Pack containers in sturdy upright boxes and pad with newspapers

**NEVER MIX CHEMICALS**

**NEVER SMOKE while handling hazardous material**



**TYNGSBOROUGH & DUNSTABLE  
HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY**

**Saturday, August 28, 2021**

**9:00 AM – 12:30 PM**

**Tyngsborough Highway Department, 87 Kendall Road (Rte. 113)**

Board of Health 978-649-2300 Ext. 118 or [health@tyngsboroughma.gov](mailto:health@tyngsboroughma.gov)

<http://www.tyngsboroughma.gov/departments/inspectional-services/health/trash-and-recycling/>

Proof of Tyngsborough or Dunstable residency is required: Driver's license or current utility bill

**RESIDENTIAL WASTE ONLY**

**WHAT TO BRING:**

**From the Workbench**

Oil Based Paints  
Stains & Varnishes  
Wood Preservatives  
Paint Strippers/Thinners  
Solvent Adhesives  
Lighter Fluid

**From the Garage**

Fuels/Gasoline/Kerosene  
Engine Degreaser  
Brake Fluid/Carburetor Cleaner  
Transmission Fluid  
Car Wax, Polishes  
Driveway Sealer  
Antifreeze

**From the House**

Rubber Cement  
Airplane Glue  
Fiberglass Resins  
Aerosol Cans  
Photo Chemicals  
Furniture Polish  
Oven Cleaner  
Toilet Cleaner  
Spot Remover  
Rug & Upholstery Cleaner  
Hobby & Art Supplies  
Floor & Metal Polish  
Rechargeable and Button  
Batteries

**From the Yard**

Weed Killers  
Chemical Fertilizers  
Flea Control Products  
Poisons, Insecticides  
Fungicides  
Moth Balls

Roofing Tar  
Swimming Pool Chemicals  
Motor Oil  
Car Batteries  
Fluorescent Lights (no ballasts)

**CHARGED ITEMS (CASH ONLY)**

**Tires:** \$2.00 per tire (no oversize tires)

<b>Propane Tanks:</b>	1 lb.....\$1.00	5 lbs.....\$2.00	10 lbs.....\$2.00
No oxygen or helium tanks	20 lbs ,,,,,,,,,, \$3.00	30 lbs.....\$3.00	40 lbs....\$4.00

**WHAT NOT TO BRING:**

Electronics	Metal items and Appliances	Latex Paint*
Ammunition	Fireworks	Alkaline Batteries*
Asbestos material	Empty Containers/Trash	Commercial or Industrial Waste
Radioactive Waste	Smoke Detectors	Infectious & Biological Waste
Syringes	Prescription Medicines	Explosives

\*non-hazardous – can be discarded in trash (latex paint needs to be dried out before discarding)

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**NEVER SMOKE while handling hazardous material**

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## DUNSTABLE TYNGSBOROUGH LIONS CLUB



**"We Serve"** The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need.

**Officers for the 2019-2020 Lions Year**

President: Mark Alexander, 1st Vice President/Membership Chair: Joseph Ward, Treasurer: Bob Reich, Secretary: Laura Ward, Tail Twister: Meghan DeMonico.

**Anyone interested in joining the lions is asked to contact Joseph Ward at 978-930-1153.** Once we can meet again, we will let you know where, and when meetings will take place.

### **YOU CAN HELP BY DONATING THE FOLLOWING:**

- **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.
- **Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- **Can tabs** please place into bags before putting in the boxes.

Lion's collection boxes for eyeglasses and hearing aids and can tabs are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Multi-Service Center at 180 Lakeview Ave, Dunstable Town Hall, Post Office and Library. **Pennies for Sight:** "Your change- changes people's lives" See a Lion canister around please consider donating. Every Penny Counts!

## DOWNLOAD YOUR FREE BOOK "LIVING WITH OUR WILD NEIGHBORS"

The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z. Since we have so many animals that we share our yards with, I thought it might be helpful. <https://www.animalsheltering.org/page/wild-neighbors-book>

## JAMES JACOPPI SCHOLARSHIP RAFFLE WINNERS

The fundraiser this year included a Calendar Raffle. A winner was drawn each day in the month of April. Those winners were: Sue Clapp, George Schomer, Lynda Gambale, Ramona Jordan, Deb Charters, Joyce Poulin, Mr. & Mrs. Priestly, Dr. Petakov, Mr. & Mrs. Biscornet, Cynthia Metcalf, Caroline Chronopoulos, Joe Camara, Shakek Pendergest, Josh Arlanian, Carol Sides, Mary Basiliere, Kristen Kirby, Chris Post, Jerome Foresta, Rev. John Carmichael, Ed Brigati, Sandra Thirkell, Trudi Woods, Janice Walsh, Julie Levasseur, Jean Schissel, Robert Jacoppi, Celeste Goyette, Erin Hart, and Nick Sarris.

*A sincere thank you from the Jacoppi Family for your support and donations to the scholarship fund.*

## CHELMSFORD CATHOLIC COLLABORATIVE

Home to both St. Mary and St. John the Evangelist Parish Families  
(978) 251-8571 (978) 256-2374 [www.chelmsfordcatholic.org](http://www.chelmsfordcatholic.org)

**Pastor:** Rev. Brian E. Mahoney

**Staff Offices:** 115 Middlesex Street, North Chelmsford, are now open, effective June 1st.

### • **Confessions**

- **Mondays at St. John from 4:30-5:30pm**
- **Wednesdays at St. Mary from 4:30-5:30pm**

If fully vaccinated masks not required

### **CHURCHES ARE OPEN**

### • **WEEKEND MASS SCHEDULE**

St. Mary: 4 pm on Saturday/ 7 am and 11 am on Sunday  
St. John: 4 pm on Saturday/ 9:30 am and 6 pm on Sunday

• **DAILY MASS SCHEDULE** Monday thru Friday/ St. Mary at 7 am/ St. John at 9 am

**Reservations are no longer required.**



## KITTY ANGELS

is a no-kill shelter dedicated to rescuing stray and abandoned cats, furnishing them with treatment for injuries or other health problems, and placing them into life-long, loving, indoor homes with compatible owners. If you wish to make a donation you can use the PayPal link, or you can send your donation to Kitty Angels, P.O. Box 638 Tyngsboro, MA 01879. 501(c)3

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[www.Dunstablechurch.org](http://www.Dunstablechurch.org)

978-649-6251

Pastor Bobby Ross [pastorbobby@dunstablechurch.org](mailto:pastorbobby@dunstablechurch.org)

DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."

### DETAILS RELATED TO THE SHIFT TO IN-PERSON WORSHIP

We are the church, the living Body of Jesus Christ. If someone differs from you on any of the below, we offer nothing but grace, love, and understanding. More than likely, there will be a myriad of approaches to how an individual chooses to move forward. We offer the following:

- No more **pre-registering**.
- **Masks** will be optional.
- We no longer require **social distancing**.

If you are someone who wants to come but still **desires to be distanced that's completely fine**. We encourage you to either, 1) communicate that to someone who sits too close, or 2) we'll save the back rooms for those who wish to remain distanced.

**If someone happens to inform you** that you've sat too close to them, respond with nothing but love and understanding. It's not mean. It's not personal. You don't smell. It's not sin. It's not weird. Love them and scoot over a couple feet. This new normal can't be allowed to divide us or cause conflict.

There will be **fellowship time** after service, but we'll wait a few months before we provide food and drink. If the weather is nice, we'll meet outside; if it's inclement, we can gather in the fellowship hall.

**Offering plates** will remain at the front and rear of the church. If you're someone that normally put an offering in as the plates passed by, please continue to do so as you walk by the plates on your way in or out of the church. Online or by US mail are other options.

We will continue to provide prepackaged communion for **Communion Sunday**, or you can bring your own if you'd like.

**If you have kids** and are comfortable returning to worship, **please come**. Throughout the summer, we'll have kids with us in worship. We have coloring sheets and coloring utensils, and kids can bring items from home. We **welcome** all kid sounds. We're aiming to offer official childcare, and hopefully Sunday School, by the fall. Until then, we plan to offer grace and understanding to the families that worship together rather than glares.

Come visit your community church. Streaming is still available on our website.

We anticipate that children and adult classes and nursery service to be available in the fall. See [www.dunstablechurch.org](http://www.dunstablechurch.org) for updates.

*May the Lord walk between us while we are absent, one from another.*

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## **TYNGSBORO YOUTH FOOTBALL AND CHEERLEADING**

**OPENS REGISTRATION FOR FALL 2021 PROGRAMS  
OPEN TO RESIDENTS OF TYNGSBORO, DUNSTABLE,  
AND OTHER NON-AYF/AYC COMMUNITIES**

Tyngsboro Youth Football and Cheerleading is proud to launch our 16<sup>th</sup> season providing local area youth with the opportunity to learn football and cheerleading in a safe, fun environment while promoting the values and importance of academic achievement, teamwork, and sportsmanship. We offer all co-ed programs including **FLAG FOOTBALL** (Grades K-1), **FLEX FOOTBALL** (Grades 2-3), and **TACKLE FOOTBALL** (Grades 4-7), and **CHEERLEADING** (Ages 5-14). We are proudly affiliated with the American Youth Football and Cheerleading (AYF/AYC) program. We provide our coaches with comprehensive training to ensure the safest experience for your child.

**ONLINE REGISTRATION FOR OUR 2021 FALL SEASON IS NOW OPEN!** We welcome fall football and cheerleading registrations from participants residing in Tyngsboro, Dunstable, Groton, and other non-AYF/AYC affiliated surrounding communities. **BE SURE TO REGISTER EARLY TO TAKE ADVANTAGE OF THE LOWEST REGISTRATION RATES AND SPECIAL PAYMENT PLAN OPTIONS!**

**TO REGISTER FOR OUR FALL SEASON:** Visit our website at [www.TyngsboroYouthFootball.com](http://www.TyngsboroYouthFootball.com) or [www.TyngsboroYouthCheer.com](http://www.TyngsboroYouthCheer.com) and click on "Registration Info" tab at the top center of the screen.

**QUESTIONS?** Email us at: [TyngsboroYouthFootballCheer@gmail.com](mailto:TyngsboroYouthFootballCheer@gmail.com). Follow us on Facebook under "Tyngsboro Youth Football and Cheerleading", or go to our website and click on "About Us" and select "Frequently Asked Questions".

## **AMERICAN LEGION POST 247 INC.**

**90 PAWTUCKET BLVD. TYNGSBOROUGH, MA**

Much renovating, sanitizing, and improvements have been made. We look forward to seeing you. CDC protocols for Covid-19 followed.

**\*\*\* FOOD IS BEING SERVED ~ COME ENJOY! \*\*\***

**Hours are Tues, Wed, Thurs 12pm to 8pm and Friday and Saturday 12pm to 11pm. Closed Sunday and Monday. The menu includes Appetizers, Subs, Hamburgers, Pizza and more.** Stop in we'd love to see you. Please be well. If you are interest in joining, or want more info about what is happening at the Post, please get in touch with the person noted for each organization or call the Post at **978-649-7540**.

**ROBERT D. PELLETIER**  
**AMERICAN LEGION POST #247, INC.**



90 Pawtucket Blvd. Tyngsborough, MA 01879

Active duty military and veterans always welcome to join. First Year FREE for new Legion members. For further information call 978-649-7540 or email: [legionpost247@gmail.com](mailto:legionpost247@gmail.com)

Elected Post 247 Officers serving for 2019-2021  
Commander: Matt DeLucia; Sr. Vice Commander: David Simpson;  
Jr. Vice Commander: Larry Monaco; Executive Board: Joe Conlin,  
Ray Hamelin and John Burke. Bartenders (Volunteers) Matt and Bill

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This website contains a wealth of information about the Post.

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## AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Auxiliary Unit 247 Officers for 2019-2021:

President: Linda Small; Sr. Vice: Ann Thellen; Jr. Vice: Joyce Ferreira; Secretary: Pat Modrich; Treasurer: Diane Dileo; Sgt-At-Arms: Deb St. Peters. Trustees: Michelle Lambert, Kathleen Olje and Josephine Beauregard.

For information on the Auxiliary Unit contact Unit President Linda Small.

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We seem to be entering a new phase of this worldwide transformational experience. The changes have been monumental and for many of us fear, stress and anxiety have been intense, if not debilitating. As we begin to embark on pursuing our interests and activities, we may still find ourselves feeling apprehensive, stressed, anxious or worried about moving forward.

Many of our visions, dreams and desires have been placed on hold for the past year. Sometimes we may have a vision, but need support determining the best way to get there. If you find yourself ready to redesign a vision or re-engage in all that brings you happiness, wellness, change and joy, but you need a bit more clarity, motivation, support or guidance in taking the necessary steps, life coaching can help. Life coaching can assist you reach your goals with self-assurance, confidence and minimized stress. Based on your goals and ambitions, various tools and strategies are designed for you to achieve attainable goals and sustainable changes.

At Inward Bound Wellness we assist you as you navigate through the distractions, uncertainties, doubt and stresses of trying to reach a goal, fulfill a dream or make a change in your life or within yourself. Contact us for a complimentary 30 minute consultation.

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**WHAT'S THE DEAL WITH  
SERESTO COLLARS?**

*Tara M. Sacramone, DVM*



Seresto collars have been in the news a lot recently. And much like everything else in the news some of what you have been seeing is true, and some is not. This is my attempt to clear up some of the confusion.

Seresto collars are flea/tick collars that came out in 2012. They contain two pesticides: imidacloprid and flumethrin. They last 8 months, and can be used on both dogs and cats. Many of our clients have been using them for years and have been very happy with them.

On March 2, 2021 USA today published an article about many complaints filed with the EPA about adverse effects to pets and humans, including deaths of pets. The article was misleading, leaving out several points. One point is that anyone can file any complaint about anything to the EPA, many were anecdotal and no direct linkage to the collar could be established. There have been calls to Pet Poison Helpline about Seresto collars, but much fewer than the complaints to the EPA and the majority of pets had only mild signs such as vomiting. Another point is that many of the complaints were about counterfeit collars, especially those bought on line. Elanco only sells collars to veterinarians and stands by their product 100%.

My takeaways are that I personally think the Seresto collar is safe and effective, if you get yours from your veterinarian. However, if you are concerned at all there are many other safe and effective options out there, such as topical medications like Advantix and Vectra and oral ones like Nexguard and Bravecto. The ticks, which can carry diseases, are particularly bad in this area and nothing will prevent them all, but it is important to use something, both for your pet and to prevent your pet bringing ticks into your house and family.

**COVID 19 Update June 2021**

*Tara M. Sacramone DVM*

**The Dunstable Animal Clinic** is happy to announce we have started the re-opening process. As of June 28, 2021 one person per appointment will be allowed into the clinic. We ask that you call the clinic when you arrive and we will let you/your pet inside when we can. *If you would prefer not to come inside, you can still wait in your car.*

Surgery drop offs and food/medication pick up protocols will remain the same: call ahead to place your order and when you arrive at the clinic call us and one of the technicians will come out to get your pet for surgery or bring your food/medicine out to you.

Per CDC guidance masks are optional for fully vaccinated individuals. Do whatever makes you feel most comfortable. Please stay home if you are not feeling well.

We are constantly re-evaluating the situation and are doing our best to safely serve our wonderful clients. Please be patient as we all adjust to the new protocols.

We (especially me) are looking forward to seeing you inside the clinic soon.

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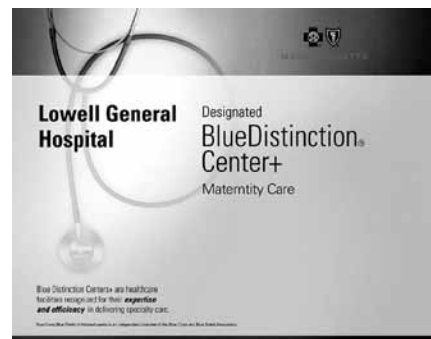


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[www.tyngsborocongregational.org](http://www.tyngsborocongregational.org)

Pastor Denis Frediani



- Church Services are now open to the public at 10:00 a.m. Sunday mornings.

We encourage, and invite you, to attend our Church services and Fellowship after church during the summer months. Masks and social distancing for fully vaccinated persons are no longer needed. **If unvaccinated, please continue to wear a mask.** If you feel more comfortable wearing a mask, please do.

**All church activities will begin with the start of the new school year. This includes Sunday School for the children.**

**Have a Happy and Safe Summer!**

**If you prefer to stay home, Services are available on line.**

- TO WATCH LIVE SERVICES

**Log on directly to facebook and go to Ecct Church.** You may also log in at any time and watch the recorded services.

• **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: 1. Log onto the church website <http://www.tyngsborocongregational.org>. 2. Click once on the word "SERMONS" 3. Sermons listed by date, passage, sermon title. You may click on "Jump to the Current Sermon. To find the most recent.

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**Check us out on facebook.com Ecct Church for updates**

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**SUMMER SAFETY FROM AMERICAN RED CROSS ~ GRILLING SAFETY** Grilling food is so popular that more than three-quarters of U.S. adults have used a grill — yet, grilling sparks more than **10,000 home fires** on average each year. To avoid this, the Red Cross offers these grilling safety tips:

- 1. Always supervise** a barbecue grill when in use. Don't add charcoal starter fluid when coals have already been ignited.
- 2. Never grill indoors** — not in the house, camper, tent or any enclosed area.
- 3. Make sure everyone, including pets, stays away from the grill.**
- 4. Keep the grill out in the open**, away from the house, deck, tree branches or anything that could catch fire.
- 5. Use the long-handled tools** especially made for cooking on the grill to help keep the chef safe. Go to [redcross.org](http://redcross.org) for more info.

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### AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Auxiliary Unit 247 Officers for 2019-2021:

President: Linda Small; Sr. Vice: Ann Thellen; Jr. Vice: Joyce Ferreira; Secretary: Pat Modrich; Treasurer: Diane Dileo; Sgt-At-Arms: Deb St. Peters. Trustees: Michelle Lambert, Kathleen Oljey and Josephine Beauregard.

For information on the Auxiliary Unit contact Unit President Linda Small.



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### 5 FUN (AND USEFUL) SUMMER HOME TRENDS

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**Summer is a great time to improve your home's exterior.**

Whether you're interested in enjoying your space a little more or you want to boost your home's value, it makes sense to find inspiration by taking a look at what other homeowners are doing.

Are you thinking about updating your yard or patio this summer? Here are five popular trends to consider trying for yourself.

- **Install a workout or play area.** Make the most of your property by building a swing set or sandbox, adding a horseshoe pit or investing in a small climbing wall or some gym equipment that the whole family can use.

- **Build a front yard social spot.** Want a casual outdoor spot that's welcoming to your friends and neighbors? Think about setting up a social area in the front yard — one with benches, swings and comfortable places to sit and chat.

- **Focus on backyard entertainment.** For more private gatherings, focus on guest-friendly features in the backyard. Movie screens, fire pits and hot tubs are a few popular options.

- **Add an outdoor kitchen.** Love to cook? Just want to eat alfresco? Install an outdoor pizza oven or invest in a smoker or grill. Be sure to set up a roomy (and durable) dining area, too.

- **Plant a vegetable or herb garden.** It's never too late to improve your landscaping with something functional. Consider planting a few of your family's favorite veggies or herbs in a small garden out back.



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The warehouse reopened on July 7th after enjoying the 4th Holiday. **• ON JULY 13TH OUR THRIFT STORE REOPENS AT 9AM!**  
**• BACKPACK ATTACK! Our Largest Project of the Year.** This year, we set that goal at 5,000 filled backpacks.

We understand that the past year and a half has created new struggles for many local families and we are doing our part to help alleviate some small burdens that they may face. We know that, with the help of everyone in the community, we can ensure that all local families have access to school supplies for their children. When these families have all that they need to begin the school year, they can focus on learning.

For this to happen, we need your help! You can get involved by making a [monetary donation](#) (\$60 will cover the cost of 1 backpack and a donation of \$1500 will cover the cost of backpacks for a classroom of 25 students) towards the project, by donating new supplies or filled backpacks, or by organizing a collection for backpacks and supplies in your community.

For more information on this project, please see the [Backpack Attack project page](#) on our website.

If you would like to shop online, and ship donations directly to the warehouse, please take a look at our [Backpack Attack Amazon wish list](#).

If you have any additional questions about this project, please reach out to [Lori Yutzy](#), our projects manager.

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## 2021 SUMMER SAFETY: STEPS YOU SHOULD TAKE TO HELP STAY OUT OF HARM'S WAY

*The American Red Cross wants everyone to have a safe  
summer and offers tips and resources for the entire family.*

### WATER SAFETY

Before going in, on or around the water, every family member should become "water smart." This starts with learning to be safe, making good choices, and learning to swim to at least achieve the skills of water competency. Everyone should be able to enter the water, get a breath, stay afloat, change position, swim a distance and then get out of the water safely. A variety of water safety [courses and resources](#) are available to help. To help keep your family safe, the Red Cross offers these tips:

1. Prevent unsupervised access to water. Fence pools and spas with adequate barriers and keep a constant eye for any water dangers such as portable splash pools/slides, buckets and bathtubs.
2. Adults should actively supervise children and stay within arm's reach of young children and new swimmers. Kids should follow the rules.
3. Designate a "water watcher" to keep a close eye and constant attention on children and weaker swimmers in and around the water until the next water watcher takes over.
4. Always wear a properly fitted U.S. Coast Guard-approved life jacket when on a boat and if in a situation beyond someone's skill level.
5. Swim as a pair near a lifeguard's chair — everyone, including experienced swimmers, should swim with a buddy even in areas supervised by lifeguards.
6. Always maintain constant attention and actively supervise children even when lifeguards are present.

Download the Red Cross [Swim app](#), sponsored by [The ZAC Foundation](#), for safety tips, kid-friendly videos and activities, and take the free [Water Safety for Parents and Caregivers](#) online course.

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## CLOTHING SHED AT DUNSTABLE CHURCH



The clothing donation shed at the Dunstable Evangelical Congregational Church, **518 Main St, Dunstable MA**, is open to the public.

St. Pauly Textile Inc., the company that has provided the shed, partners with a network of businesses and various organizations to distribute donated items both here in the U.S. and worldwide, where they're ultimately re-worn by people who need them. The Dunstable Church additionally has the option to use donations to serve community needs. In 2019, the company was able to help keep over 20 million articles of clothing out of landfills, which clothed an estimated 2.5 million people worldwide. The company was founded in 1996 and is an A+ rated member of the Better Business Bureau.

**Accepted items: clothing, shoes, belts, purses, blankets, sheets, curtains, pillowcases, and stuffed animals.**

**PLEASE tie your bags, and do not leave bags outside the box.**

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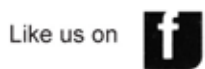
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## Neighbor to Neighbor

*Published by Anne M. Paquin Since 1983*

64 Hardy St., Dunstable, MA 01827

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I would like to thank the authors of the articles which cover a wide range of topics. Each month they find the time to share information that is timely and important, that they would like the readers to know about.

This year it has been difficult for many organizations and non-profits. They have had huge set backs with all of their major fundraising events canceled, although some have managed to do things virtually and have received great support from both Dunstable and Tyngsborough residents. At this time many are starting to plan their schedules for the fall. I am truly looking forward to getting that news.

As always, I am grateful to the advertisers who help make this publication possible. There are some new businesses that have started up. It is amazing to see the passion and determination that these people have shown during the past year. There are also many businesses who have been advertising since the first year. Their support is not only for this publication, but also for the communities of Dunstable and Tyngsborough. I hope you do give them a call and consider them, if you are in need of services that they provide.

If I receive news after the issue is published, or if there is no space available in the issue, I post it on the website [www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com). Current and past issues are available by clicking on "Neighbor to Neighbor Newsletter issues" in the heading on the website.

It is a pleasure to hear from you. I look forward to receiving more good news to share at any time. During July and August if you have some news send it in and I will post it on the website. So keep that in mind, and when you have any info, please let me know!

**Please make note for the printed version of Neighbor to Neighbor, the next deadline will be August 10<sup>th</sup>, for the September issue. Total printed circulation for Dunstable and Tyngsborough is 6,481 issues.**

***Wishing you all a healthy and happy summer!***

***Sincerely, Anne Paquin Neighbor to Neighbor***



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**TYNGSBOROUGH & DUNSTABLE  
HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY**

**Saturday, August 28, 2021**

**9:00 AM – 12:30 PM**

**Tyngsborough Highway Department, 87 Kendall Road (Rte. 113)**

Email [jferrari@dunstable-ma.gov](mailto:jferrari@dunstable-ma.gov) Board of Health 978-649-4514 Ext. 229 or [health@dunstable-ma.gov](mailto:health@dunstable-ma.gov)  
<http://www.tyngsboroughma.gov/departments/inspectional-services/health/trash-and-recycling/>

Proof of Tyngsborough or Dunstable residency is required: Driver's license or current utility bill  
**RESIDENTIAL WASTE ONLY**

**WHAT TO BRING:**

**From the Workbench**

Oil Based Paints  
Stains & Varnishes  
Wood Preservatives  
Paint Strippers/Thinners  
Solvent Adhesives  
Lighter Fluid

**From the Yard**

Weed Killers  
Chemical Fertilizers  
Flea Control Products  
Poisons, Insecticides  
Fungicides  
Moth Balls

**From the Garage**

Fuels/Gasoline/Kerosene  
Engine Degreaser  
Brake Fluid/Carburetor Cleaner  
Transmission Fluid  
Car Wax, Polishes  
Driveway Sealer  
Antifreeze  
Roofing Tar  
Swimming Pool Chemicals  
Motor Oil  
Car Batteries  
Fluorescent Lights (no ballasts)

**From the House**

Rubber Cement  
Airplane Glue  
Fiberglass Resins  
Aerosol Cans  
Photo Chemicals  
Furniture Polish  
Oven Cleaner  
Toilet Cleaner  
Spot Remover  
Rug & Upholstery Cleaner  
Hobby & Art Supplies  
Floor & Metal Polish  
Rechargeable and Button  
Batteries

**CHARGED ITEMS (CASH ONLY)**

**Tires:** \$2.00 per tire (no oversize tires)

**Propane Tanks:** 1 lb.....\$1.00

5 lbs.....\$2.00

10 lbs.....\$2.00

No oxygen or helium tanks 20 lbs ,,,,,,,,,, \$3.00

30 lbs.....\$3.00

40 lbs....\$4.00

**WHAT NOT TO BRING:**

Electronics  
Ammunition  
Asbestos material  
Radioactive Waste  
Syringes  
Metal items and Appliances  
Fireworks  
Empty Containers/Trash  
Smoke Detectors  
Prescription Medicines

Latex Paint\*  
Alkaline Batteries\*  
Commercial or Industrial Waste  
Infectious & Biological Waste  
Explosives

\*non-hazardous – can be discarded in trash (latex paint needs to be dried out before discarding)

**HOW CAN I SAFELY TRANSPORT HAZARDOUS WASTE**

**Leave materials in original containers**

Tighten caps and lids

Sort and pack separately: oil paint, pesticides and household cleaners

Pack containers in sturdy upright boxes and pad with newspapers

**NEVER MIX CHEMICALS**

**NEVER SMOKE while handling hazardous material**