



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

Celebrating 37 Years of Service

Issue # 388 • January 2021

POSTAL PATRON
TYNGSBOROUGH, MA 01879

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TYNGSBOROUGH TOWN CLERK NEWS

The Town Hall is open by appointment only. Most services can be provided through the mail including birth, death, marriage and business certificates. Voter registration and party changes can be completed on-line at Mass.gov and searching for voter registration. Applying for a marriage license is one of the few things that still requires the applicants to appear in person. **Please call the office to set up an appointment.**

2021 Dog Licenses are now available at the Town Clerk's office or by mail. Based on the current restrictions on residents entering the building, you are encouraged to renew your dog licenses by mail. Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. **If renewing by mail, please send to Tyngsborough Town Clerk, Town Hall, 25 Bryant Lane, Tyngsborough, MA 01879. Please enclose a stamped envelope for the license.**

Offices to be elected in 2021 • Three Year Term: Board of Selectmen (2), Assessor, Board of Health (2), Cemetery Commission, Constable (2), Finance Committee (2), Library Trustee (2), School Committee (3), Sewer Commission, Town Clerk
• Two Year Term: Cemetery Commission
• Five Year Term: Housing Authority, Planning Board
• Census Forms will be sent early in January. Please make changes, sign and return. *The census form does not register you to vote nor does it change your political party.*
Stay safe!

Please contact the office at 978-649-2300 extension 129 or email to jshifres@tyngsboroughma.gov with any questions.

TYNGSBOROUGH BOARD OF ASSESSORS

Property Re-Inspection Program – January 2021

The Board of Assessor's is currently undergoing a property re-inspection program to satisfy the requirements of the Massachusetts Division of Local Services. The program includes a full exterior re-measure of improved property. Due to COVID-19, no interior inspections will be conducted. Interior information will be confirmed at the door. Property inspectors from Patriot Properties will have photo identification, registered with the Police Department and will be wearing masks. If you are not home at the time of the inspector's visit, a card will be left asking you to contact the office to verify the interior information.

Please contact the Assessor's Office at 978-649-2300, ext. 121 with any questions or concerns. **Inspections will be taking place in the following areas:** northern Middlesex Road, Locust, Kendall, Dunstable, Cannongate, Red Gate, Cummings, Progress, Westford, Wyndbrook, Windemere, Palomino, Appaloosa, Old Stonehill.

A complete list of the streets is available at www.tyngsboroughma.gov

IN MEMORY OF

Anne Marie Laforge
Laurette Henrietta Ferron Matuck
Robert Trudel
Deanne Morgan Fontes
Lynne A. Anderson
Jordan Thomas Haberl
JoAnne L. Stuck Blanchette
Kathleen Berry Garrant
Clermont E. Breton
Gary T. Costa
Wolfgang U. Piegorsch

Stella L. Stamas Couris
Robert (Bob) Demmons
Frank R. DiLiberto
Osvaldo Cunha Espinola
Marijane Hill Kennedy
Gerard (Gerry) F. Lemire
Richard E. (Dick) Clark
Cecile I. Couillard Lamoureux
Theresa M. Lambert Valcourt
Charles L. Lehman
Andrew E. Cornellier Jr.

Norman (Norm) K. Ulibarri



TYNGSBOROUGH BOARD OF HEALTH

If you still have your Christmas Tree you can drop it off at the old Senior Center on Lakeview Ave, or the Tyngsborough Highway Dept 87 Kendall Rd (Rt 113) through the month of January. Please make sure all decorations have been removed from the tree. Thank you. If you have any further questions, please contact the Board of Health at 978-649-2300 x118.

NOTICE

TYNGSBOROUGH WATER DISTRICT

Nomination papers are available for one (1), 3 year term for Water Commissioner. **Nomination papers need to be returned by February 17, 2021 at 1:00 PM** and can be obtained at the Tyngsborough Water District, 87 Progress Avenue, Unit 2.

The Election will be held on Tuesday, April 6, 2021 from 5:00 PM – 7:00 PM at the District office. All registered voters residing in the District are welcome to vote at this time.

Signed: Board of Water Commissioners
Tyngsborough Water District, 87 Progress Ave, Unit 2,
Tyngsborough, MA 01879 978-649-4577

ADOPT-A-FAMILY

A big thank you to everyone who so generously donated to the annual Adopt-A-Family drive this past holiday season. Although this year's campaign looked very different than years past, our community continues to be very supportive of each other.

This program is successful thanks to all of you. Have a healthy and happy New Year! Sincerely, Sarah Lewenczuk, Melissa Mallous, and Sharon Fairbanks.



TYNGSBORO GARDEN CLUB



The Garden Club wishes everyone a happier, healthier New Year in 2021. We are hoping to resume our meetings and activities sometime this year as we hopefully get back to normal. Please stay safe and try to enjoy the beauty in nature all around us.

The Garden Club usually meets the first Tuesday of the month September-November and February-April. **Meetings will be on hold until further notice.**

If you love gardening, want to learn about gardening or just want to join a group of great people, new members are always welcome!

For more information find us on Facebook at Tyngsborough Garden Club or call Deb Schneider at 978-649-6362.

✿✿ Making Tyngsboro beautiful with flowers ✿✿

TYNGSBOROUGH VETERAN'S AGENT

The Veteran's Office is a confidential office where your identity is completely confidential. Please call or email the office to schedule an appointment. If I cannot assist you I will direct you to the resources available to you.

Sincerely, Christopher W. Dery, Tyngsborough Veteran's Agent,
25 Bryants Lane, Tyngsborough MA, 01879
978-649-2300 X131 veteransagent@tyngsboroughma.gov

Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

E-mail: anne@neighbortoneighbornewsletter.com

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Total circulation is now 6,481 which includes Dunstable and Tyngsborough, MA.



TYNGSBOROUGH RECREATION

Call 978-649-2300 Ext. 150

The Recreation Committee usually meets at the Old Town Hall 10 Kendall Road. Additional information may be found on our website at TyngsboroughRec.com

Friend us on Facebook. Seeking new members. Join us!

• Snowman & Tree Cutout Decorating Contest Winners!

Old Town Hall 10 Kendall Road Tyngsborough MA

Which was held December 5-18, 2020. Winners were announced on December 19th on our Facebook page in the following categories:

\$25 gift card prizes will be awarded to 8 entries for the following categories:

2020 Winslow Wonderland RESULTS by FB popular vote (aka - Likes):

• Tree Category

Most Creative: Creeper Christmas

Most Traditional: 2020 Is A Real Birch

Most Tyngsborough: Little Angels

• Snowman Category

Most Creative: Frosty The Foodie

Most Traditional: In The Meadow We Can Build A Snowman

Most Tyngsborough: Miss Tyngsborough

Best Overall (Most Likes): Frosty The Foodie

• CONGRATULATIONS!!!

Tyngsborough Recreation and Parks reached out to all winners with details on how to claim their prize. A sincere THANK YOU to all who had participated, and those who created Tyngsborough's Winslow Wonderland. Have a Healthy and Happy New Year!

• Community Service Hours Available for Students

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WILL A SIMPLE WILL MEET YOUR NEEDS?

By Edward H. Adamsky

For many people, a simple Will is all they need for Estate Planning purposes (a Power of Attorney and Health Care Proxy is still needed for lifetime planning). But is a simple Will enough for you? That is the key question. Many people think a Will avoids probate. That's a common misconception. If you have assets in your own name when you die, then Probate may be necessary whether or not you have a Will.

Assets that are solely in the name of a person who has died must be handled through the Probate process. This isn't as bad as some people say, and won't cost a fortune, but you do have to file the appropriate forms with the court, pay the required filing fees, and probably pay a lawyer to assist you in doing all this. It takes some time and has some delays. For simple situations, it may be fine to have to go through probate. Not everyone has to avoid probate.

There are many ways to avoid probate. You can have accounts with named beneficiaries, so they pass outside of probate. You can have joint accounts, or other jointly owned assets, and you can have assets that pass by beneficiary designation like life insurance and retirement funds. All of those methods avoid probate and are fairly easy. If most or all of your assets will pass outside of Probate then having a simple Will as a catch-all in case there is something you missed, may be all you need.

If you have a more complex situation, then a Trust or other Estate Planning tool might be right for you. If you own property in more than one state or have several parcels of real estate, or if you have a complex family with issues, then a Trust might be right for you. In that case, we would still write a Will for you, just in case, but it would not be the main planning tool.

A Trust is a complex tool that can be used to protect assets (if the trust is Irrevocable) or avoid probate (for the assets the trust holds) and hold assets for a person who should not directly get those assets (such as a person getting means-tested government benefits). The operation of a trust is private and stays out of the courts and public record, so many people want that privacy. Folks also enjoy the efficiency that a Trust can provide.

If you are not sure if a simple Will is enough for you, or if you should have a Trust or other planning tools, then you should consult with an attorney who can go over your situation and determine which is right for you. You may not need a Trust, but you won't know until a competent advisor reviews your situation and gives you the best advice on what is right for you.

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TYNGSBOROUGH PUBLIC LIBRARY

25 Bryant Lane, Tyngsborough, MA 978-649-7361 www.tyngslib.org

In response to a significant increase in COVID-19 cases in Tyngsborough and across the Commonwealth, the Library is currently not open to visitors. Curbside pickup of materials is offered. Please see the TPL website for safety protocols and guidelines for these services.

CLOSED Monday, January 18 in observance of Martin Luther King, Jr., Day



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TYNGSBOROUGH SCHOLARSHIP TRUST

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www.TyngsboroughScholarshipTrust.org
1963 * Celebrating 57 Years * 2020

Attention Amazon Shoppers!
The Holiday Season may be over, but if you have to do some shopping during the winter, please consider signing up for AmazonSmile.

When customers sign up for AmazonSmile, they're asked to select one of over a million charities to support. When customers click on our unique link, they skip this charity selection process. Instead, they're taken to smile.amazon.com and are automatically asked if they want to support Tyngsboro Scholarship Trust.

Our unique charity link: <https://smile.amazon.com/ch04-6757100>

A reminder to the 2020 scholarship recipients, please be sure to submit proof of School enrollment to the TST at P.O. Box 547, Tyngsborough MA 01879 so you can receive your first or second payment. Please contact Bonnie McGrath Treasurer, at thebend2@comcast.net with any questions regarding payment.

The TST meets on the second Wednesday of the month at the Tyngsborough Town Hall at 7pm. (For the time being, we will continue to meet via Zoom). For 57 years volunteers from the community have been coordinating fundraising and awarding scholarships to high school students from Tyngsborough. We welcome and need your help to continue this town tradition. Please join us!

• **Using Forensic Genealogy to Solve Crimes from Home via Zoom, Wednesday, January 20, 7-8 p.m.** Deborah Halber, author of "The Skeleton Crew: How Amateur Sleuths Are Solving America's Coldest Cases," will discuss how armchair sleuths have evolved from the early days of the Internet to genetic and forensic genealogy, which use results from DNA tests such as 23andMe and Ancestry.com to identify suspects or victims by tracing their family trees. Funded by the Friends of the Library.

• **Felted Mushroom Workshop via Zoom, Tuesday, February 9, 2-3:30 p.m. via Zoom. Registration required by Monday, February 1.** Take It & Make It! TPL provides a kit & you attend the virtual class! Learn the basics of needle felting and create a colorful mushroom. Ages 16 to adult. Instructor: Rachel Benson. Complete kits for this project will be available for pickup at TPL on Thursday, February 4. Plan to use your own glue gun or strong glue for this project.

• **Online Basic Digital Photography Course with Nick DePasquale, Tuesdays, February 2, 9, 16, 23 and March 2, 9, 6:30-8:30 p.m. Registration required.** Learn the features and functions of your Digital SLR camera and how to use manual modes. Topics include: Understanding Exposure; Focusing and Depth of Field; Composition and Elements of Visual Design. Plan on shooting homework between sessions, which will consist of lectures and photo critiques.

• **Sculpey Fun! Saturday, January 30, 10-11 a.m. via Zoom. Ages 6-12. Registration required by January 20.** Sculpt your very own animal magnets to hang on the fridge! Requires an adult to help bake magnets according to specification during or after the end of the workshop. Complete kits for project will be available for pickup at TPL on Wednesday, January 27.

Storytime with Ms. Sam! Ages 3-5. Wednesdays at 10 a.m. on Zoom. Check the library calendar for more details: tyngslib.org.
Take & Make It Crafts! Ages 5-10. Thursdays. Easy craft kits for kids available for pick-up every Thursday afternoon. A new craft every week with supplies included. Call to reserve or pick one up at the Children's Room entrance, for as long as supplies last.

Don't forget the resources available to you 24/7 through the TPL website! • **OverDrive** for e-books, audiobooks, magazines and videos • **Freegal** for music to download or stream

• **The Reference section for:** Databases for research, homework help and enrichment. Full text of the Boston Globe, Lowell Sun and thousands of U.S. newspapers. • **TPL staff are available for assistance** via email (circdesk@tyngslib.org) with any aspect of using the online resources.

Board of Library Trustees Meetings are generally held monthly 3rd Thursday, but the pandemic has altered this schedule. Check the TPL or Town websites for scheduled meetings.

Friends of the Library – Join in the fun and support your library! Meetings are held 9 Mondays per year at 6:30 p.m. See the TPL website for dates and details.

• **Register for TPL programs by calling the Library or using the contact form on the website www.tyngslib.org.**

• **Like us on Facebook.** • **Follow us on Instagram**
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As of now, hours are Sun., Tues, Wed, Thurs 1pm to 8 PM and Friday and Saturday 1pm to 9PM. Closed Monday. The menu includes Appetizers, Subs, Hamburgers, Pizza and more. Stop in we'd love to see you. Please be well and STAY SAFE.

No meetings are scheduled at this time. If you are interest in joining, or want more info about what is happening at the Post, please get in touch with the person noted for each organization or call the Post at 978-649-7540.



AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Auxiliary Unit 247 Officers for 2019-2021:

President: Josephine Beauregard; Jr. Vice: Sarah O'Callaghan;

Secretary: Patricia Modrich; Treasurer: Diane Dileo;

Chaplain: Debbie Dion; Unit Sgt-At-Arms: Debra St. Peters.

Executive Committee: Kathleen Oljey.

For information on the Auxiliary Unit contact Unit President Josephine Beauregard at 978-458-7015.

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Commander: Raymond Hamelin; Sr. Vice Commander: Pete St. Peters; Jr. Vice Commander: Larry Monaco; Finance Officer: John Burke; Adjutant: Don Pierce; Judge Advocate: Roland Milliard; Executive Board: Joe Conlin, Robin Dion, and Fred Carroll.

Visit our website, www.AmericanLegionPost247.org

This website contains a wealth of information about the Post.

Please remember to be safe & keep our troops in your prayers.

AMVETS POST #247 ROBERT D. PELLETIER



90 Pawtucket Blvd. Tyngsborough, MA

OFFICERS: Commander: William A. Beaton; 1st Vice: Jan Domrowski; 2nd Vice: Steve Harhs; Adjutant: John Cogan; Finance: David Coles; Judge Advocate: Roland Milliard; Provost Marshal: Roland Russell; Chaplain: Rod Woods. E-Board: John McDermott, Marty Bloomgren and Claire Beaton.

"ALWAYS READY TO SERVE OUR VETERANS"

AMVETS National Website: <http://www.amvets.org/>

Deadline for the February issue is January 16th.

Need details about advertising your business?

Contact anne@NeighborToNeighborNewsletter.com or Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827.

You may leave a message at **978-419-1914**.

Tyngsborough printed issues circulation is 5211 and Dunstable printed issues circulation is 1270.

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TYNGSBOROUGH/DUNSTABLE ROTARY CLUB



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SafetyNet
Tracking Systems



The Rotary Club of Tyngsboro/Dunstable is teaming up with the Tyngsboro Police Department to help families caring for loved ones with a cognitive impairment

Caring for a loved one who wanders is a considerable responsibility. Nothing is more frightening than the thought of a loved one with autism, Alzheimer's, or other cognitive impairment becoming lost.

We are reaching out for donations to purchase a **SafetyNet System for the Tyngsboro Police Department**. This system would be installed in a police vehicle, which would then be able to locate individuals wearing a transponder. Transponders will be available to families in need of this service, providing them with additional protection and peace of mind to keep their loved one safe.

OUR GOAL IS TO RAISE \$5,000

Please mail your donation to: TD Rotary Club,
440 Middlesex Rd, PMB 111, Tyngsboro, MA 01879

Make checks payable to: Rotary District 7910
Charity Fund Inc.

Contact info: Chris Dias (603) 505-2549

NEW HELP TO QUIT MENTHOL TOBACCO PRODUCTS

Smoking and vaping may put people at higher risk of complications from COVID-19, especially because they can weaken the immune system and damage the lungs. With menthol tobacco products unavailable and COVID-19 risks continuing, the Massachusetts Department of Public Health has found a new way to help people quit. The Massachusetts Smokers' Helpline is offering up to three gift cards totaling \$50 to people who use menthol tobacco products and the Helpline's free coaching services. Call the Helpline 1-800-QUIT NOW (1-800-784-8669) about the program and for free coaching and support 24 hours a day, seven days a week. Or enroll online at makesmokinghistory.org. Helping people who use menthol products quit is especially important because the tobacco industry has strategically and successfully targeted Black, Latinx and LGBTQ+ people with menthol products. As a result of aggressive marketing practices and pressures related to discrimination and daily stressors, menthol tobacco use is high in these communities.

Massachusetts residents who use menthol tobacco products who speak with the Helpline's supportive coaches can receive a \$10 gift card after completing the first coaching call, a \$15 gift card after the second and a \$25 gift card after the third coaching call. In addition, up to 8 weeks of FREE nicotine patches, gum or lozenges are also available to residents who speak with a coach (with medical eligibility). For info contact Ashley Hall at Northeast Tobacco-Free Community Partnership (978) 722-2864 or ashley.hall@glfnc.org



GRACE LUTHERAN CHURCH

130 Spit Brook Rd, Nashua, NH 1-603-888-7579

www.GraceLutheranNashua.org

Pastors George Ruwisch and Rev. Bryan Stecker

THE CHURCH IS OPEN FOR SERVICES. MASKS REQUIRED.

Please go to the website to watch our reopening video for instructions prior to selecting your seats.

Online Videos: Weekly on-line 9:30 am Sunday Live stream

Services, Morning Minutes of Grace, Evening Prayers,

Afternoon Bible Study & Grace Kids. Visit our channel

GraceLutheran.TV on (youtube.com)

**GRACE LUTHERAN CHURCH 130 Spit Brook Rd,
Nashua, NH 1-603-888-7579**

DRIVE-UP FOOD PANTRY AVAILABLE

We have a free, drive-up, food pantry for any of our neighbors who may be in need of food during this difficult time. It is our sincere prayer that we can be a blessing to our community as we get through this pandemic together. **We do require that you make an appointment by calling the church at 603-888-7579 and ask for our Secretary, Dianna, who manages the schedule.** We do have to space out our client visits. If you do not need help but know someone who does, please pass on this information. *The church is located between World Academy and the Fire Station at 130 Spit Brook Rd., Nashua, NH.*

TIERED FOCUSED MONITORING REVIEW TYNGSBOROUGH PUBLIC SCHOOLS

During the week of January 25, 2021, the Department of Elementary and Secondary Education's Office of Public-School Monitoring (PSM) will conduct a Tiered Focused Monitoring Review of Tyngsborough Public Schools. The Office of Public-School Monitoring reviews each district and charter school every three years to monitor compliance with federal and state special education and civil rights regulations. Areas of review related to special education include student assessments, determination of eligibility, the Individualized Education Program (IEP) Team process, and IEP development and implementation. Areas of review related to civil rights include bullying, student discipline, physical restraint, and equal access to school programs for all students.

Parent outreach is an important part of the TFM review process. The review chairperson from the Office of Public School Monitoring will send all parents of students with disabilities an online survey that focuses on key areas of their child's special education program. Survey results will contribute to the development of a report. During the TFM review, the Office of Public-School Monitoring will interview the chairperson(s) of the district's Special Education Parent Advisory Council (SEPAC). Other onsite activities may include interviews of district staff and administrators, reviews of student records, and onsite observations.

Parents and other individuals may call Samantha Alvarez, Public School Monitoring Chairperson, at (781) 338-3752 to request a telephone interview. If an individual requires an accommodation, such as translation, to participate in an interview, the Department will make the necessary arrangements.

Within approximately 60 business days after the TFM review, the review chairperson will provide the district with a report with information about areas in which the district meets or exceeds regulatory requirements and areas in which the district requires assistance to correct or improve practices. The public will be able to access the report at <http://www.doe.mass.edu/psm/tfm/reports/>.

TYNGSBOROUGH COUNCIL ON AGING



169 Westford Rd. Tyngsborough, MA

978-649-9211

Mailing Address: 25 Bryants Lane, Tyngsborough, MA 01879

Email: Broche@tyngsboroughma.gov

Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3.

COVID-19/CORONA VIRUS:

As you are all well aware, we are currently closed to the general public for all programs, activities and events. This pandemic has hit all of us in so many ways. As of now, we have nothing planned.

We are still providing Meals on Wheels to homebound seniors, van service for medical and shopping. Our outreach coordinator is still available for help with applications, questions regarding care, and the growing needs of our elder population by appointment. Again, safety protocols are in place for all services provided. Please feel free to call the center at **978-649-9211** and we will do whatever we can to help!! Stay tuned for any new developments regarding the reopening of the senior center for activities and programs. Thank you for your patience and understanding. **Barbara R.**

• **MEALS ON WHEELS DRIVERS NEEDED:** The Center is looking for **Meals on Wheels Volunteer Drivers**. You will be compensated for your gas with a stipend. Doesn't need to be claimed on taxes. Call 978-649-9211. Once or twice a week. We really need your help.

• **PROJECT LINUS PROGRAM** The Center is in need of some 2 ply yarn for our Project Linus Program which provides blankets for children who have experienced some kind of trauma. Volunteers make blankets from home and donate them.

• **HOME DELIVERED NUTRITION MEALS (Meals on Wheels Program)** Tyngsborough residents 60+ can call the **Elder Services of the Merrimack Valley at 1-800-892-0890** to see if you qualify. The Tyngsborough Council on Aging distributes meals from our facility on behalf of ESMV. We deliver to homebound and clients who are on homecare short term.

• **BROWN BAG FOOD PROGRAM**— offers a FREE bag of groceries on the 4th Tuesday of each month. Each bag contains a variety of basic healthy foods: soup to cereal, meat to veggies, there may be a treat or two. To see if you qualify call **Laura Marsan 978-946-1303**, Applications also available at the Senior Center stop by or call 978-649-9211.

• **SNAP (Supplemental Nutrition Assistance Program)** *To get help applying, call our outreach worker Charlene at 978-649-9211 for appointment.*

• **Need Help Paying Your Heating Bills? Help is available!** The Fuel Assistance Program run by Community Team Work, helps income-eligible households pay part of their winter heating bills and a small % of your electric bill. If your gross household income falls within the limits, you may qualify for fuel assistance. To set up an appointment with Charlene Muscato call the Senior Center 978-649-9211, appointments are from 10:00 AM–1:00 PM. No walk in's! Don't suffer from the cold. Put your pride aside and stay warm.

• **SENIOR CARE PANTRY @ THE TYNGSBOROUGH COUNCIL ON AGING, 169 Westford Rd, Tyngsborough Mass, 978-649-9211** Our Senior Pantry is getting low we are always accepting donations of non-perishable food items that are easy for seniors to open, easy to chew, and require little preparation. With COVID - 19 we would like to make sure our senior have enough food through the winter months. Donations can be dropped off at the Tyngsborough Council on Aging, Monday-Friday 8-4. Items Needed: Hearty Soups, Canned Baked Beans, Canned Fruits, Snacks, Canned Vegetables, Desserts, Pasta Sauce, Pasta Ravioli, Mac & Cheese Box, Canned Coffee & Tea, Canned Tuna or Chicken, Peanut Butter Jam or Jelly, also shampoo, toothpaste, deodorant, and soap. Thank you.



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They would like to know. Thank you, Anne**



FRIENDS OF THE TYNGSBOROUGH PUBLIC LIBRARY

** We are looking forward to better times in this **New Year** when we can, hopefully, return to a successful book sale and in-person meetings. The purpose of this non-profit organization support Library Programs through fund raising and other activities. To do this, we would like all our members to join us in our meetings this year to show interest in supporting the Library. You don't have to be a Tyngsborough resident or even have a library card to join our meetings.

** **Meetings in 2021** again are on the first Monday of the month at 6:30pm, beginning with January 4, February 1, and March 1. March is membership month, and we have elections for Vice-President and Treasurer. **Please join us on Zoom.** Request a Zoom invitation by emailing the Friends at tynglibfriends@gmail.com. We are seeking active members to help with future planning and activities.

** Our historic afghans are sold out, but **there are still some waterproof picnic blankets available.** If you are interested in a picnic blanket for \$15, please let the library know or notify us by email. If the Library is not open to the public, you can arrange for curbside payment and pickup at the Children's Room entrance during curbside pickup hours. The library staff will accept a check or cash, but does not make change for cash. Check the Library's website for curbside pickup hours.

** The Friends will be funding the Library's virtual children's program on **sculpting animal magnets** on Saturday, January 30. Registration is required by January 20, and kits for the project are available for pickup on Wednesday, January 27.

** **Like us** on Facebook at <https://www.facebook.com/FOTPL>. We would love to see some new friends this year.

TYNGSBOROUGH/DUNSTABLE ROTARY CLUB

Rotary  **Rotary Motto** *Service Above Self*

The Rotary Club of Tyngsboro/Dunstable Rotary Club has been serving the Tyngsborough and Dunstable area for 41 years.

Rotary is a global network of community volunteers. Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs.

Rotary builds international understanding through scholarships, exchange programs, and humanitarian grants. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

If you are interested in membership, please call Bob Guernsey at (508)380-4351 or Ron Keohane at (508)517-3895.

Feel free to join in our weekly Zoom meetings held on Thursdays at noon.

Contact either member listed above to find out how to join in.

DATES TO REMEMBER

- **Monday, January 18th ~ Martin Luther King, Jr. Day**
- **Tuesday, February 2nd ~ Ground Hog Day**
- **Thursday, February 11th ~ Chinese New Year's Eve**
- **Sunday, February 14th ~ Valentine's Day**
- **Monday, February 15th ~ Presidents Day**
- **Wednesday, February 17th ~ Ash Wednesday**
- **Thursday, February 25th ~ Purim Begins at Sundown**



Tyler's Timely Technical Tips

By Tyler Denomme

New year resolutions often involve finding ways to take better care of, or to improve our health and wellness. Consider enlisting HVAC system upgrades this year for help.

People spend about 90% of their time indoors, where air can be 2-to-5 times—and up to 100 times—more polluted than outdoors. Contaminants—from off-gassing building materials; excess humidity; cooking and cleaning fumes; mold, germs, dust and dander; CO₂ and CO gases—are present in most homes. HVAC solutions to the rescue!

The proven, 3-part remedy includes:

Ventilation: Dilution via Energy Recovery Ventilators mounted in HVAC systems help create a balanced, fresh air supply.

Filtration: Media Air Cleaners remove particulate matter, such as dust and pollen, while Ultraviolet Light and Cold Plasma purifiers neutralize germs and viruses.

Humidity Control: HVAC-mounted humidity controllers maintain ideal 35-60% relative humidity—levels that support health.

Until next month, stay comfortable! *Tyler*

Got a question? Drop me a note!

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Indoor Air Quality Matters: Improve Health and Wellness

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TYNGSBOROUGH HIGH SCHOOL

... is proud to announce Tucker Carmichael, Molly McHugh, Eli McKenna and Naama Perliger as the December Students of the Month.

Tucker Carmichael, son of Rob Carmichael and Jackie Hayes, is a three-time recipient of the Academic Excellence Award. He is also a recipient of the Assumption College Book Award, Commitment to Learning Award, Outstanding Achievement in Science Award and a two-time recipient of the Outstanding Achievement in World Language Award. Tucker plays varsity football and is a three-time captain beginning sophomore year and was named a 2019 Lowell Sun Player of the Year. He also plays varsity lacrosse, earning him Mid-Wach League All Star recognition. In his free time, he likes to fish, ski and throw the ball around. His favorite subjects are math and science, and hopes to find a career to continue to be productive. When looking back on his days at THS he said, "THS has showed me everything that I can be, and everything that I can do. Between school and sports, I leave with many great memories. My fondest memory is the homecoming lip sync freshman year."

Molly McHugh, daughter of Fred and Michelle McHugh, is a recipient of the Outstanding Achievement in Wellness Award. She plays varsity soccer and is a recipient of the Golden Boot Award and a Mid-Wach B Team All Star. Her hobbies include soccer, water sports, weight lifting, painting and traveling. Molly's favorite subjects are English language arts and service learning. She volunteers her time at the soup kitchen, Save the Veterans fundraiser, and at Camp Farley Outdoor Adventure Camp. Next fall, she will be attending the University of New Hampshire in hopes of pursuing a career in law enforcement and the FBI and to play on their women's soccer team. She is proud of her grade point average throughout her high school career despite dyslexia. In addition to academics, she plays club soccer and enjoys traveling the country to play. "THS has taught me how to work hard academically. School has helped me to pursue my future dreams. I will take many fond memories of homecoming, friendships, and playing soccer with my team."

Eli McKenna, son of Kristen Keegan and Paul McKenna, is a recipient of the Principal's Award and the Outstanding Achievement in Theater Award. He is a member of Tyngsborough High School theater and is the THS' International Thespian Society Chapter historian. His favorite subjects are U.S. history, math, anatomy and theater. In his spare time, Eli likes to play video games, act, cook, and design for theater. His future goals include graduating college, getting a job in theater design or in politics, traveling the world and perhaps opening a food truck someday. When thinking on his days at school, "THS has made me the person I am today, I have learned how to be myself, and I have been able to have a great experience getting to grow with all of my classmates. I will take with me memories of shows, homecomings, and cramming for exams seconds before with my friends."

Naama Perliger, daughter of Lilya and Arie Perliger, is a two-year member of the National Honor Society. She is a recipient of the Saint Michael's College Book Award for Scholarship and Service, Outstanding Achievement in Science Award, Outstanding Achievement in English Award and three-year recipient of the Academic Excellence Award. Naama is a four-year member of both student council (serving as co-officer) and of DECA (serving as president last year), and a three-year member of BioBuilders. She is also a member and co-captain of the cross country team and played tennis for THS. Naama's volunteers her time at the Wish Project and at various events with National Honor Society. Her favorite subjects are biology and English and her hobbies include traveling, being active and playing chess. She plans to go to college to pursue a career in the medical field. "THS has given me some amazing memories that I won't soon forget. I've gained the confidence to go out and explore the world. I'm really thankful for my parents and all that they do for me."

Congratulations to all four students!



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OFFICES OPEN

Monday, Tuesday, Wednesday & Thursday 8:30 a.m. to 4 p.m.

Friday 8:30 a.m. to 12:30 p.m.

Meeting schedules are posted at the front entrance of the Town Hall

Town Hall Directory Main Number 978-649-2300

Town Accountant	Ext. 124	Media Dept.	Ext. 140
Assessor's Office	Ext. 121	Planning Board	Ext. 115
Board of Appeals	Ext. 112	Town Treasurer	Ext. 126
Board of Health	Ext. 118	Veteran's Agent	Ext. 131
Building Office	Ext. 112	Sewer Dept.	Ext. 134
Town Clerk	Ext. 129	Board of Selectmen	Ext. 100
Town Collector	Ext. 128	Town Administrator	Ext. 100
Conservation Office	Ext. 116	Recreation & Parks	Ext. 150
Capital Asset Mgmt Com	Ext. 124		

Highway Dept. 978-649-2310

FACE COVERINGS MANDATORY

Everyone is required to wear a face covering, whether indoors or outdoors, in all public places, even when able to maintain 6 feet distance from others. Exceptions for children under 5, and people who are unable to wear a mask due to a medical condition. **To read all the details about this, visit www.mass.gov and search "face coverings" or for the order, mass.gov/doc/covid-19-order-55/download**

THE FRIENDS OF THE TYNGSBORO ELDERLY, INC.

We welcome all who support the Tyngsboro Senior Center activities and fundraisers through your membership in the Friends of the Tyngsboro Elderly, Inc. It is through your yearly (\$10) membership that we are able to provide special dinners and lunches, speakers, and entertainment throughout the year.

Members of the Board met recently to decide on the next activity, when allowed. Board members include: Joe Jacoppi, President; Elaine Rivard, Clerk; Carol Sides, Treasurer; and Leon Poirier, Elaine Franks, Mary Basiliere, and Joanne Jean.

The Friends of the Tyngsboro Elderly, Inc. is a 5013C NonProfit Organization of over one hundred members. Please call Elaine Rivard (978-649-7689) for a membership form to be mailed to you. Again, thank you for your support.



46 Coburn Road
 Tyngsboro

SHERBURNE NATURE CENTER & TRAILS

No activities are scheduled at this time.

However, if you are looking for some place special to walk, consider walking these trails. Remember these wonderful trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns.

Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver. It's a great place for outdoor exercise and to enjoy nature close to home. Also a great place to take some incredible photos. So bring along your camera, or use your cell phone. Just consider the weather and remember to be prepared with proper shoes, boots or snowshoes.

Please remember the tennis court area behind the Sherburne Nature Center is not part of the PUBLIC Nature Center property.

THE STITCHERS

The Stitchers had been preparing for the Christmas Season in the spirit of giving. Afghans, shawls, lap robes, and hats were given to the Hospice Distribution Center in Southern New Hampshire. Baby Layettes, mittens, hats, and scarfs were given to The Pregnancy Care Center in Lowell to service the Lowell and Lawrence areas. Sister Robin McCarthy of the ministry Able to Serve, providing for the homeless in the Lowell area, was presented with knitwear and afghans to be distributed. Hats, mittens, and scarfs were given to the nurse at the Tyngsboro Elementary School for students in need.

Many thanks and gratitude given to stitchers: Joanne Jean, Brenda McCarthy, Yolanda Carmona, Elaine Rivard, Lily Boudreau, Carol Sides, Ritva Ojanen, Sally Stavolta, Gloria Lacapo, Terry McEnaney, Jean Ledoux, Kristena Arnold, and Mary Nelson.

Mary Nelson has been an avid stitcher for many years. She has kept the homeless in warm knitwear and afghans. A special SHOUT OUT to her for her selfless acts to benefit others.

The Stitchers have been working from home. For questions or comments, please contact Jean Jacoppi, Coordinator (978-649-9076).



Ready to Care for You

At Lowell General Hospital and Circle Health, our teams of dedicated caregivers, providers and support staff have been on the front lines in caring for our community – both those fighting COVID-19 and those who have needed our help for a wide variety of other illnesses, injuries and health challenges.

During these difficult times, we have a message you can count on. You are Safe with Us. Our team of infectious disease experts has instituted rigorous measures to ensure the safety of our patients from the moment you come in. We urge you and your family members to pay attention to the warning signs and symptoms of severe illness. Heart attack, stroke, severe infections, and other critical illnesses can only worsen or have life-threatening consequences if you or a loved one tries to wait it out at home.

Don't delay care when you need it. Stay safe. Stay healthy. You are Safe with Us.

Learn more at

www.lowellgeneral.org/safewithus.

For the latest COVID-19 information, visit

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If you have news or would like to advertise your business, the next deadline is January 16th for the February issue.

I look forward to hearing from you.

When you contact a business, or organization, please tell them you've seen their ad or news in Neighbor to Neighbor. They would like to know.

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• Daily and Weekend Masses are LIVESTREAMED

• Saturday, 4 pm and Sunday, 11 am at St. Mary

• Sunday, 8:30 am at St. John the Evangelist Church

AGAIN, WE ARE LIVESTREAMING MANY DEVOTIONS

• **Confessions now held indoors**

• Mondays at St. John from 4:00-5:00pm

• Wednesdays at St. Mary from 4:30-5:30pm

Park in rear parking lot, wear mask, enter through front entrance

CHURCHES ARE OPEN WITH RESTRICTIONS

WEEKEND MASS SCHEDULE

St. Mary: 4 pm on Saturday/ 7 am and 11 am on Sunday

St. John: 4 pm on Saturday/ 9:30 am and 6 pm on Sunday

RESERVATIONS ARE ONLY OPEN FROM Monday 9 am - Thursday 3 pm for the upcoming weekend! If you have access to a

computer, please do **NOT** phone in your reservation, but rather use the link and access code provided via previous flocknotes. We highly recommend that you thoroughly read the guidelines—set forth by both Governor Baker and the Archdiocese—that need to be strictly followed for both registering for and attending Mass. **(Go to our website for details.)** Being well-versed in what is expected, you can make better make a decision as to whether or not Mass attendance at this time is right for you. **No reservations needed for Daily Mass just weekend Mass.**

Phone-In Reservations we ask only those who **DO NOT HAVE ACCESS TO THE WEBSITE** use this option. Call the parish offices between the hours of 9 am - 12 noon, Monday and Wednesday, and between the hours of 2 - 5 pm on Tuesdays and Thursdays. phones will NOT be answered outside of these times; we remain lightly staffed. Reservations will NOT be accepted via voicemail or email messages. **Don't Make Reservations** Those in **vulnerable populations** are highly encouraged to remain at home and join via livestream.



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Pastor Denis Frediani

• **Church Services are now open to the public at 10:00 a.m.**

Sunday mornings. Masks are required, distancing being followed.

We will implement and honor all safeguards.

We are adhering to CDC Safety Recommendations and Restrictions with social distancing, hand sanitizing and required masks.

If you prefer to stay home, Services are available on line.

• **TO WATCH LIVE SERVICES,**

Log on directly to facebook and go to ECCT Church. You may also log in at any time and watch the recorded services.

• **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: 1. Log onto the church website <http://www.tyngsborocongregational.org> 2. Click once on the word "SERMONS" 3. Sermons listed by date, passage, sermon title. You may click on "Jump to the Current Sermon." To find the most recent.

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**DUNSTABLE
TYNGSBOROUGH
LIONS CLUB**



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need. **We are currently looking for community minded members to join, please contact membership chair Joe Ward his contact information is below.**

Officers for the 2019-2020 Lions Year

President: Mark Alexander, 1st Vice President/Membership Chair: Joseph Ward, Treasurer: Bob Reich, Secretary: Laura Ward, Tail Twister: Meghan DeMonico.

Because of COVID-19 meetings are canceled at this time.

Anyone interested in joining the lions is asked to contact Joseph Ward at 978-930-1153. Once we can meet again, we will let you know where, and when meetings will take place.

YOU CAN HELP BY DONATING THE FOLLOWING:

- **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.
- **Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- **Can tabs** please place into bags before putting in the boxes.

Lion's collection boxes for eyeglasses and hearing aids and can tabs are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Multi-Service Center at 180 Lakeview Ave, and Dunstable Town Hall, Post Office and Library.

Pennies for Sight: "Your change- changes people's lives" See a Lion cannister around please consider donating. Every Penny Counts!

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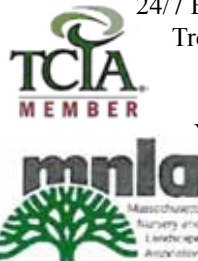
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If you have any news for the February issue,
please send in your information by January 16th.

www.neighbortoneighbornewsletter.com

Contact anne@NeighborToNeighborNewsletter.com or
Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827.

You may leave a message for me at **978-419-1914**.

KITTY ANGELS

is a no-kill shelter dedicated to rescuing stray and abandoned cats, furnishing them with treatment for injuries or other health problems, and placing them into life-long, loving, indoor homes with compatible owners. We take all necessary steps to ensure the well being of our cats, including emergency and routine medical care, screening for infectious diseases, spaying and neutering, microchipping and providing rabies, distemper and other necessary medical care. We take in a place or foster, hundreds of cats each year and deal with many feral cat populations. Kitty Angels is an all-volunteer organization.

We have no paid staff - every cent of every donation goes to caring for needy cats! Because the cost of caring for our cats greatly exceeds our adoption fees, we depend on the generosity of individuals and businesses to make up the difference.

Please consider making a tax-deductible donation today and, please be sure to send us a Matching Gifts Form if your employer offers one. Visit our website <https://www.kittyangels.org/index.html>. If you wish to make a donation you can use the PayPal link, or you can send your donation to Kitty Angels, P.O. Box 638 Tyngsboro, MA 01879. We, and especially the cats, would very much appreciate it! Kitty Angels, Inc. is an all-volunteer, 501(c)3 non-profit organization. Your donation is fully tax-deductible.

CATIE'S CLOSET

We are open to accept your gently used clothing and new toiletry donations at our **Dracut distribution site, Monday-Friday ONLY from 10am to 5pm**. This is located at **19 School Street, Dracut, MA 01826**. We are not open weekends at this time. Please bring your donations in household size bags or smaller for the safety of our staff and volunteers.

Please call 978-957-2200 prior to going to make sure the site is open.

Catie's Closet Is Different. In-School Resource, Sensitive & Discreet, Clothing They are Proud Of, Serving Kids of All Ages, Clothing & Beyond (including New Toiletries, Shoes, Backpacks, Undergarments & even Bus Passes & Grocery Cards.

As we look forward to a new year with hope and new beginnings, we also recognize that so many students in poverty will continue to carry the impacts and burdens of 2020 on their shoulders.

Our team works every day filling thousands of special requests for urgently needed items, keeping our closets filled with essentials, and serving students learning both at home and in school. While we meet the growing need, we're also proudly expanding our services to help more students reach their greatest potential.

We need your help as we continue to prepare, to serve 100,000 students, in 2021.

Over the course of 2021, we plan to open 40 new closets, bringing the total number of children we serve to 100,000. This 60% increase in the number of students we serve requires an inventory of over 2.7 million items, including clothing, undergarments, socks, toiletries and shoes, all of which hold the immense power to change a student's life.

We can't change students' homes, take away their past traumas, diminish their fear about the pandemic or replant their family trees, but your support can create a pathway to their brighter tomorrows and successful futures.

Your donation can help to provide relief to students living in poverty. YOU can make 2021 a better year for a student in need.

Check out our website www.catiescloset.org/5-ways-to-help. Contact us directly and we will be happy to share more detailed information about our immediate needs for the months ahead.

Connections to large scale clothing and toiletry resources are appreciated! **Want to know more about our work, who we help go to www.catiescloset.org/help-the-kids**

DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827

www.Dunstablechurch.org

978-649-6251

Pastor Bobby Ross pastorbobby@dunstablechurch.org

DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."

We are grateful to be able to join in worship and learning with technology and well-spaced seating in our building, and we welcome all who wish to participate. ***If you would like to join us in person, please RSVP on our website and we will have a socially distanced space for you and your family on Sunday morning.***

If you wish to stay home, simply click on the Facebook "f" on our home page on Sunday morning at 10:30 and we'll bring the service to you. ***Please join us!***

The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face toward you and give you peace.

Go to our website www.dunstablechurch.org to learn how to sign up! In-person, on Zoom, or a combination.

CLOTHING SHED AT DUNSTABLE CHURCH IS OPEN!

The clothing donation shed at the Dunstable Evangelical Congregational Church, **518 Main St, Dunstable MA**, which was temporarily closed due to global effects of the pandemic, is now open to the public.

If you're not familiar with the clothing donation shed, it's designed to give community members a uniquely clean, convenient, and well-cared-for option to donate their used clothing to. St. Pauly Textile Inc., the company that has provided the shed, partners with a network of businesses and various organizations to distribute donated items both here in the U.S. and worldwide, where they're ultimately re-worn by people who need them. The Dunstable Church additionally has the option to use donations to serve community needs.

With over 1,300 clothing drop-off sheds in place, St. Pauly Textile Inc. collects over 90,000 pounds of clothing every day and estimates that this clothing ends up in 44 different countries (including the U.S.) yearly. In 2019, the company was able to help keep over 20 million articles of clothing out of landfills, which clothed an estimated 2.5 million people worldwide. The company was founded in 1996 and is an A+ rated member of the Better Business Bureau. Accepted items: clothing, shoes, belts, purses, blankets, sheets, curtains, pillowcases, and stuffed animals.

PLEASE tie your bags, and do not leave bags outside the box.



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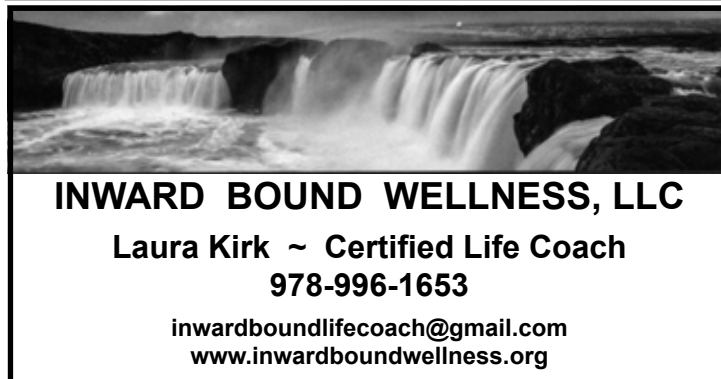
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PREVENTING HEALTHCARE ERRORS, FRAUD AND ABUSE IS EVERYONE'S RESPONSIBILITY!

The Massachusetts Senior Medicare Patrol (SMP) Program is a statewide partnership between community based organizations and mainstream agencies. Our objective is to reach and educate Medicare and Medicaid beneficiaries, family members, caregivers, and professionals on the importance of being engaged healthcare consumers to prevent healthcare errors, fraud and abuse.

The MA SMP Program is designed to provide education and resources on how to address healthcare errors, fraud and abuse for Medicare and Medicaid beneficiaries, family members, caregivers, and professionals, with a focused effort on reaching limited English proficient, Native Americans and other hard-to-reach populations. Healthcare errors, fraud and abuse cost you, as an American taxpayer, billions of dollars annually and may cost you your life or the life of a loved one. We are all responsible for being involved participants in our own healthcare.

If you or someone you know has been subjected to questionable billing practices and/or deceptive marketing tactics related to healthcare, contact the MA SMP Program.

The MA SMP Program is one of 54 SMP programs across the country including Washington DC, Puerto Rico, Guam and U.S. Virgin Islands. The MA SMP Program is funded by the Administration For Community Living. For more information about other SMP programs visit www.smpresource.org.

Latest Medicare Scams!

- Covid-19 Vaccination Scam alert
- Economic Stimulus Check Alert
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- Covid-19 Testing Scam Alert
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- Genetic Testing Scam Alert

Check out the website at www.massmp.org for:

- Educational Events Calendar
- SMP Can Help!
- Healthcare Errors, Fraud & Abuse
- Deceptive Marketing
- Identity Theft
- How We Help
- How You Can Help

MEDICARE SENT OUT THIS NOTICE TO SUBSCRIBERS WATCH OUT FOR COVID-19 SCAMS

As the country begins to distribute COVID-19 vaccines, there is no doubt scammers are already scheming. **Medicare covers the COVID-19 vaccine, so there will be no cost to you.** If anyone asks you to share your Medicare Number or pay for access to the vaccine, you can bet it's a scam.

Here's what to know:

- You can't pay to put your name on a list to get the vaccine.
- You can't pay to get early access to a vaccine.
- Don't share your personal or financial information if someone calls, texts, or emails you promising access to the vaccine for a fee.
- If you come across a COVID-19 vaccine scam, **report it to the Federal Trade Commission** or call us at **1-800-MEDICARE**. And check out **CDC.gov** for trustworthy information on the COVID-19 vaccine. Sincerely, The Medicare Team

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• Prayer Line - Do you know of someone needing prayers? Call Helen (978) 649-7927 or Carol (978) 649-6717. (Submit only first name of one to be prayed for)



ACADEMY OF NOTRE DAME TYNGSBORO ANNOUNCES MILLION DOLLAR GIFT AND AMBITIOUS MILLION DOLLAR FUNDRAISING CAMPAIGN

The Academy of Notre Dame announced a generous \$1,000,000 pledge from an anonymous donor and the launch of We Are NDA: The Million Dollar Challenge to raise an additional \$1,000,000 this school year. It is the most significant fundraising goal in the history of the Academy.

Less than one month after the launch of the campaign, the Academy is more than halfway toward its goal, as a lead donor accepted the challenge with a \$250,000 commitment to capital improvement projects. This family has also pledged to match all gifts to NDA, up to \$250,000, through the end of the national Catholic Schools Week on February 6, 2021.

"We are truly blessed. Since the outbreak of the pandemic, I have been heartened by the generosity of our school community. Daily, I am asked by NDA community members how they can help," said Head of School Dr. Vittoria Pacifico. "While we are humbled by this beautiful demonstration of philanthropy, the support of our entire community is needed now perhaps more than ever before as the school and our families are faced with new and increased challenges. We believe that the campaign, We Are NDA, will inspire others as they reflect on the positive impact the Academy has had on so many lives."

In the last year, the Academy has experienced enrollment growth and increased philanthropy. Critical financial investments in facilities, academics, tuition assistance, and the fulfillment of the strategic plan will enhance the Academy's ability to serve students now and into the future. Dr. Pacifico commented, "Despite the pandemic, we are being blessed by God's good fortune. We are continuing to move our 5-year strategic plan forward and we are safely providing our students the opportunity for in-person learning."

The pledge behind the Million Dollar Challenge represents the second \$1,000,000 commitment the school has received since the NDA Board of Directors hired Dr. Pacifico as Head of School in June 2019. While the pandemic caused the Academy to shift its focus away from capital improvement projects, the initial \$1 million gift was vital to addressing new priorities and enabled NDA to upgrade facilities and technology, develop more professional development opportunities for faculty, increase tuition assistance, enhance academics and student services, and prepare the school to safely reopen in September 2020. To give to the appeal, go to www.ndatyngsboro.org.

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The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z. Since we have so many animals that we share our yards with, I thought it might be helpful. <https://www.animalsheltering.org/page/wild-neighbors-book>

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LARGE NUMBER OF HOME FIRES HIGHLIGHT IMPORTANCE OF

WORKING SMOKE ALARMS, PREVENTION

MEDFORD, Mass., December 23, 2020 – The past 10 days have kept Red Cross volunteers busy responding to home fire across Massachusetts, assisting 84 people displaced or affected by 39 fires.

Daily, the Red Cross assists people affected by disaster with direct financial assistance, case work to ensure fire victims find new housing, and mental health counseling to ensure all family members can restart their lives and make progress toward recovery.

Home fires can affect anyone, and as weather turns colder, home fires surge. These safety guidelines can help keep you, your family and your home safe:

- **Cooking Safety** "Keep an eye on what you fry." Stay in the kitchen when frying, grilling or using an open flame.
- **Fireplaces, Space Heaters, Baseboards, etc.** "3 feet from the heat." Furniture, curtains, dish towels and anything that could catch fire are at least 3 feet from any type of heat source.
- **Smoking Safety** Never smoke in bed.
- **Electrical and Appliance Safety** Large and small appliances are plugged directly into wall outlets.
- **Children Playing** Matches and lighters are locked away.
- **Smoke Alarms** Make sure you have working smoke alarms.

Different types of smoke alarms, ionization and photoelectric, detect fire in different ways. Experts recommend having both types in your home. • Change smoke alarm batteries every year unless it has a long-life battery. • Replace smoke alarms every ten years. • A combination of working smoke alarms and fire sprinklers decreases the risk of dying in a home fire.

Heat your home safely

- All heating equipment needs at least three feet of space. Keep away children, pets and things that can burn, such as paper, matches, bedding, furniture, clothing, carpets and rugs.
- If you must use a space heater, look for a model that shuts off automatically if the heater falls over. Place it on a level, hard and nonflammable surface, such as a ceramic tile floor. Don't place it on rugs and carpets, or near bedding and drapes.
- Plug power cords directly into outlets and never into an extension cord.
- Turn off portable space heaters every time you leave the room or go to sleep.
- Have wood and coal stoves, fireplaces and chimneys inspected annually by a professional and cleaned if necessary.
- Never leave a fire in the fireplace unattended. Use a glass or metal fire screen to keep fire and embers in the fireplace.
- Never use a cooking range or oven to heat your home.
- **Carbon monoxide is an invisible, odorless and silent killer that claims hundreds of lives each year in the U.S.** When a carbon monoxide alarm sounds, treat the alert as a real emergency each time.
- Know the symptoms of carbon monoxide poisoning, which include headache, dizziness, weakness, nausea, vomiting, sleepiness and confusion.
- If you suspect carbon monoxide poisoning, get quickly to fresh air, and then call 9-1-1.

For free home fire safety resources, visit redcross.org/homefires or download the free Red Cross Emergency App (search "American Red Cross" in app stores). In addition, the free Monster Guard: Prepare for Emergencies App provides 7- to 11-year-olds with a fun, gaming environment to learn how to prevent emergencies, including home fires.

About the American Red Cross: The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit redcross.org or cruzrojaamericana.org, or visit us on Twitter at @RedCross.

MUST-HAVE AMENITIES FOR A HEALTHIER HOME

Brought to you by Carrie Best Cyr

If your New Year's resolution is to improve your health and well-being, your home can inspire you to do it. In fact, your living space plays a significant role in your overall well-being.

A room dedicated to workouts can motivate you to reach your goals. And healthy, clean air and elements inspired by nature can make your home feel more open and calming.

**Are you hoping to make some improvements in 2021?
Check out these five home amenities.**

- **Air Filtration System:** This can improve your air quality by reducing allergens and bacteria. Regular HVAC maintenance can also ensure cleaner air in your home.
- **Indoor Garden:** Are you planning to focus on your mental health? Adding a calming indoor garden, a Zen garden or even just a few plants can help. Some plants can improve air quality, too, including English ivy and spider plants.
- **Home Gym:** It could be as simple as adding a treadmill to an empty corner or as elaborate as converting an entire room into a workout area. If you're tight on space, consider compact fitness equipment, like a yoga mat, resistance bands or free weights.
- **Touchless Upgrades:** Faucets, light switches, trash cans and door locks are high-contact surfaces. Replacing them with touchless alternatives can help you minimize contact with germs in your home.
- **Nonporous Countertops:** Certain materials are more porous than others, allowing germs and mildew to be absorbed into the surface. Sealing them or replacing them with a nonporous option, such as quartz, may help you reduce the spread of bacteria in areas like your kitchen and bathrooms.

ESSENTIALS TO KEEP IN YOUR EMERGENCY KIT

Brought to you by Carrie Best Cyr

Let's face it: You can't predict the future. That's why having a fully stocked emergency kit is so important. No matter the time of year, it's always better to play it safe.

Would you and your family be prepared, just in case? Putting essential supplies together doesn't have to be a chore and can even be done fairly quickly. You just need a list and a plan.

Need ideas? See below for useful items in any situation.

- **Communication:** Stay connected even if you lose power. Try a hand-crank or battery-powered radio — preferably one with charging ability to keep your devices running.
- **Lighting:** A flashlight and batteries are a must. Get a few different types, like lanterns, floodlights and keychains. You never know how much light you'll need or where you'll need to take it. You can also stash a few candles and some matches.
- **Food and Water:** Pack at least three days' worth of water, nonperishable foods and canned goods — and don't forget the can opener. Think beans, nuts and seeds, protein bars and dried fruit.
- **First-Aid Supplies:** You'll want a first-aid kit, complete with bandages, gauze, burn cream, antiseptic, sterile gloves, safety pins and more. Pain relievers and an extra supply of prescription medications are important, too.
- **Clothing and Bedding:** Every family member will need a few changes of clothes and portable bedding like sleeping bags, blankets and pillows.
- **Miscellaneous Items:** Cash, personal documents and paper maps might not seem essential now, but they could come in handy. Other nice-to-have items include duct tape, cleaning products and a multitool.

There's no telling what the future may bring, so it's important to be prepared for anything.

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Please call (866) 947-4360 before you drive to the warehouse to drop off donations. If the road conditions prevent us from opening there will be a message on the answering machine saying that we are closed. This will be our weather related closure policy. If you aren't sure about whether we are open please call first or check our Facebook page where we will post if we are closed. Stay safe.

We have updated our clothing donation drop off process in order to streamline it. We have made the following changes - if you are donating **only clothing** we are open to those donations Tuesday-Friday 9-2:45pm and Saturday 9-12:45pm, no appointment necessary. **If you are donating other goods such as housewares and furniture** we will continue to schedule those drop offs through our email donategoods@thewishproject.org. We are hopeful that this will make it easier for our donors to drop off their donations at their convenience.

WISH LIST

Coats, Adult Hats & Gloves,
Men's Winter Clothing all sizes, Men's large Long Sleeve shirts
Boy's Coats size 6-18,
Teen Winter Clothing Sizes 14-18,
Women's M & L Size Long Sleeve Winter Shirts
Dish Soap, Hand Soap, Shampoo/Conditioner
Similac Pro Advance Formula, Boys & Girls 4T/5T Pull Ups
Cookie Sheets, Large Pots and Pans, Medium Sauce Pans, Steak Knives,
Adjustable Metal Bed Frames, Full & Queen Size Mattress Sets, Blankets
Full size high chairs, Small Kitchen Tables
Pack n Play Sheets, Safety Gates, Play mats, Infant Swings
Disinfecting Cleaners, Spray Bottles, Laundry Soap, Spray Bottles, Paper Towels.

CLOTHING AND TEXTILE RECYCLING Did you know that if you have clothing, bedding, shoes, curtains, or any cloth item that you don't think have any use, whether they are stained or ripped, we can still accept them and sell them by the pound? Just bag them up separately and write recycle on the bag. All funds raised will go into supporting our mission and our clients!

About Us: The Mission of The Wish Project is to help families in need in Merrimack Valley.

Find out more on our website www.TheWishProject.org or call us at (866) 947-4360. Our New mailing address is:

The Wish Project PO Box 8693 Lowell, Ma 01853

We are located at: 166 Middlesex St, North Chelmsford behind Hertz car rental



NEWHOUSE WILDLIFE RESCUE

Nonprofit Organization Founded in November 2018
A licensed safe haven for orphaned or injured local wildlife.
It is our goal to rehabilitate these animals so they can be released into the wild. Call 978-413-4085 m.me/NewhouseWildlifeRescue
janeseeker@gmail.com <http://NewhouseWildlifeRescue.org>
<https://facebook.com/pg/NewhouseWildlifeRescue>

Buy local!
Invest in your community!