



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

Celebrating 37 Years of Service!

Issue # 398 • November 2020

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THE DUNSTABLE RURAL LAND TRUST 2021 CALENDAR IS COMING!

This year's calendar is devoted to wonderful photos of the McLoon Barn and property. The Calendar is being printed and should be available soon. It will be sold for \$12 a piece. You may contact Elaine at 978-649-9236 and any of the Directors of the Dunstable Rural Land Trust.

All proceeds from the sale of the calendars, go directly to the Dunstable Rural Land Trust, to help preserve the rural character of our town. Call Elaine at 978-649-9236 for more information. We will let you know if the calendars become available at other locations in town.

DUNSTABLE TOWN CLERK

By the time you read this, the State Election/Special Town Election will have occurred. **Thank you** to my 12 poll workers who maybe got a 10 minute break the entire day (6:30 am - 11:00 pm), our police, our wonderful highway department and the candidates who were campaigning together harmoniously in a spirit of community. Also to Dennis Allsopp who donated the beautiful flags and awnings and to Don and Donna from the post office who hand delivered ballots to my office two and three times a day for the past month. And to you, the voters, standing in long lines in the cold, many of you after working all day and still managed to share a laugh. And oh my god that vote by mail program with no end in sight lol. We certainly are all in this together, until next time (please not too soon ha ha).

Town Hall has reopened partially to the public, but it will continue to be staggered hours by departments until further notice. It is highly recommended you contact the office you want before coming in to be sure they are here to help you. Because of the vote by mail program and several election deadlines, I will not have regular office hours until late November and open by appointment only. I am in constant touch with my email and voice mail. Be well, we look forward to seeing you soon! **Carol A. Skerrett, Town Clerk CMMC 978-649-4514 x222** CSkerrett@dunstable-ma.gov

REQUEST FOR DOG TAG NUMBER

Note: This is not a dog license application

Name: _____
Phone #: _____
Dog's Name: _____
Requested Dog Tag #: _____

Do not send a fee with this form. You must still complete a dog license application. In the event of multiple requests for this number, a drawing will be held by the Dog Officer. Requests must be in by 12/18/20. No number higher than 600.

Send completed form to:

Town Clerk, Town Hall, 511 Main St., Dunstable, MA 01827

IN MEMORY OF

Cecile C. Joyal
Leonard S. Cress Jr.
Mark T. Murch
David R. Hardman
Corrine Louise Sweatt Monahan

MEALS ON WHEELS NEEDS VOLUNTEERS LIKE YOU!

A Meals on Wheels volunteer driver may be the only person a homebound senior sees in a day, or sometimes a week. Volunteers offer a daily dose of human connection and a nutritious meal that helps keep senior happy and healthy. Become a volunteer driver today. **Contact Elder Services of the Merrimack Valley and North Shore at nutrition@esmv.org or call 978-686-1422.**



Again this year West Auto Repair, Inc. will be teaming up with Maureen Amaral, Realtor from Coldwell Banker Realty, who is our towns Toys for Tots coordinator, to collect toys for local families in our area. **Starting on Monday November 16th we expect that the Toys for Tots collection box will arrive** and will be set up in the office of **West Auto Repair located at 30 Pleasant St. (a/k/a Route 113) in Dunstable, MA**. The office is open Monday - Friday 8AM til 5PM. No appointment is needed, please just stop by and leave any unwrapped toys in the collection box.

Historically there has been a shortage of donations for children in their pre-teen years so please keep that in mind when considering what toys you might donate to this program. We look forward to seeing you all during this upcoming holiday season and we thank you in advance for your support. Should you have any questions relating to the Toys for Tots program please feel free to contact Maureen at 773-599-3257 and she can answer any questions you might have. **Wishing you and yours the happiest of holidays. Stay well! The West Family**

THE DUNSTABLE BOARD OF HEALTH AND THE NASHOBA BOARD OF HEALTH NURSING SERVICE

Well Adult Clinics In response to the Governor's guidance, Nashoba Nursing is cancelling all Well Adult clinics. You can visit their website www.nashoba.org or call: 978-772-3335 ext. 340 for more info. or if you are in need of their services.

Happy Thanksgiving!



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GROTON NEIGHBORHOOD FOOD PROJECT

The Groton Neighborhood Food Project (GNFP) is a non-profit organization that helps families in our community by organizing neighborhoods to collect food and other grocery items.

Please join our growing network of neighborhood volunteers – it is fun & rewarding for the whole family! On Facebook: <https://www.facebook.com/GrotonFoodProject/>

If you would like to learn more about the GNFP, and how you can help, please go to <https://grotonfoodproject.com>

The next food collection is on Saturday, December 12th, 2020. After that it will be Saturday, February 13th.

THE DUNSTABLE CULTURAL COUNCIL

All previous grants for 2020 have been extended to December 31, 2021. The Dunstable Cultural Council is now accepting grant applications for FY2021. **Please note that the deadline has been extended to December 14th for organizations and individuals to apply for grants.** The Dunstable Cultural Council receives money each year from the Massachusetts Cultural Council (MCC) a state agency. These grants can be used to support a variety of artistic and cultural projects that benefit citizens in Dunstable, including concerts, exhibits, festivals, performances in schools, cultural workshops and lectures.

This year, the Online Grant application process will be available. Links to this can be found on the Dunstable Cultural Council website, which is on the town Website. There is a link to the Mass Cultural Council site where you can find more information about the new online applications. <http://www.mass-culture.org/dunstable>

If you have any questions, please contact Leslie Novak, at novakc@charter.net

Dunstable

Volunteer Firefighters Association

Due to Covid-19 there will be no party at the fire station this year. However, we do hope to see you out along the parade route!



SANTA PARADE

Sunday, December 13, 2020

Inclement Weather Date: Sunday, December 20

Parade starts at 11:45AM. Parade Route: Starting at Dunstable Fire Dept., L. on Pleasant St., L. on Pond St., R. on Parkhurst St., L. on Pond St., L. on Pleasant St., L. on Cross St., L. Groton St., L. on Hall St., R. on School St., L. on Groton St., R. on Kemp St., R. on Adam St., L. on Route 113 in Pepperell, R. on East St., in Pepperell, Continue onto river St., R. on Hollis St., L. on Fletcher St., L. on Main St., R. on Century Way, Back to Main St., L. on Main St., L. on Mill St., Cross Main St. to Oak St., L. on Depot St., R. on Main St., L. on High St., R. on Thorndike St., R. on Forest St., across Route 113 to middle section of Forest St. across Lowell St. to Forest St. (up the hill), at the end of Forest St., Turn around at Valley St., L. on Lowell St., Merge onto Main St., L. on Pleasant St. and L. into Dunstable Fire Department.

Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 **Tel. 978-419-1914**

E-mail: anne@neighbortoneighbornewsletter.com

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Total Circulation is now 6,481 which includes Dunstable and Tyngsborough.

DUNSTABLE VETERAN SERVICES OFFICE

November is a month where we celebrate two very important days, Veterans Day and Thanksgiving. November 11th is Veterans Day and was originally known as Armistice Day to celebrate the end of WWI and is now celebrated for honoring military veterans, that is, persons who have served in the United States Armed Forces and were discharged under conditions other than dishonorable. It is nice if when you see a vet, to thank them.

Thanksgiving Day, on the 26th this year is observed here in the United States and Canada celebrates the harvest and other blessings of the past year. I know that this year has been very tough on so many families but we can all find something to be thankful for and strive to help make the next year better not only for ourselves but others as well.

As always if you know of any veteran, widow or family member in need of assistance of any kind, even if it is just information, please send me an email at VSO@Dunstable-ma.gov. I am here to help you.

Joe Dean (Former USMC Sgt, Retired USAF Capt.)
Dunstable Veteran Services Officer
Proudly serving those who have served

TOWN OF DUNSTABLE TRASH AND RECYCLING PICKUP PROGRAM

New subscribers can pay on line on the town webpage www.dunstable-ma.gov but will have to come to the Town Hall to pick up their containers. You can mail a \$300.00 check made payable to the Town of Dunstable to P.O. Box 268, Dunstable, MA 01827, or you can drop off a check or cash at the Town Hall Monday-Friday 9:00-4:00p.m. in the mail slot in the door.

We also sell overflow bags for those times you may have extra trash that will not fit into the trash container. The cost is \$3.00 each sold in rolls of 5 for \$15.00. Those can be purchased on line.

You will be contacted to make arrangements for pick up of containers or overflow bags at Town Hall.

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DUNSTABLE SENIORS

Program Coordinator Susan Tully 978-649-6750

or Email at sjt0213@verizon.net

Dunstable Seniorswe are a peer group for those over 60.

DUNSTABLE COUNCIL ON AGING

DIRECTOR OF THE COUNCIL ON AGING

Anne Fenochetti Email: afenochetti@dunstable-ma.gov

978-649-4514 ext. 223 Hours: Tuesday 8am to 12:30pm

DUNSTABLE COUNCIL ON AGING Barbara Martin, chairman; Mary Dow, secretary; Donald Pottle, James McManus, Joan Simmons.

The Mission of the Dunstable Council on Aging is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs. Feel free to give us your ideas.

Nashoba Nursing Service and Hospice: For information on home health, nursing availability, or hospice - call 1-800-698-3307.

.... There will be NO MEETINGS at the Dunstable Library till further notice

Senior Services

Happy Birthday to all who are celebrating this month!

From the Commissioners of Trust Funds Are you a Dunstable resident that is experiencing financial hardship? We may be able to help. A century ago, various residents of Dunstable willed funds to the town to help those in need. Dunstable's Commissioners of Trust Funds are responsible for disbursing funds from the interest on these accounts each year. If you, or someone you know, is a resident of Dunstable and could use some one-time help with medical, pharmacy, grocery, or fuel bills, let us know. Requests can be submitted to the Commissioners of Trust Funds at www.dunstable-ma.gov/user/53/contact. All inquiries are confidential.

DO YOU NEED HELP KEEPING WARM THIS WINTER?

Would you like a discount on your monthly National Grid utility bill? If your household meets the income guidelines for 2019-2020, you may be eligible for heating assistance benefits. Number of Household Members and Maximum Income: 1 person \$37,360; 2 people \$48,855; 3 people \$60,351; 4 people \$71,846; 5 people \$83,341; and 6 people \$94,837. If you qualify for Heating Assistance, you may also be eligible to receive: Free Energy Audit, Free LED Light Bulbs, Free Replacement Refrigerator, Free Replacement Air Conditioner, Free Air Sealing and Insulation and Free Replacement Heating System. Call 978-459-6161 for an application. **Applications are accepted Oct 1 – April 30.** Sponsored thru Community Team Work. 45 Kirk St. 2nd Floor, Lowell, MA. You may also schedule an appointment online: <https://tinyurl.com/CTIHeat>. If you received your 2019-2020 Heating Assistance application in the mail, please complete and return to CTI today. Have you received Heating Assistance before? Call CTI to have an application mailed to you.

Bone Builders Program A balance and strength training exercise program can be viewed thru a video on you tube provided by the Tyngsboro Senior Center. Jean Jacoppi will lead the class. Search **Crystal Lake Rv Bone Builders**

Sand Delivery We want all our seniors to stay safe. The Dunstable Highway Dept. will once again deliver a bucket of sand to any senior so they can keep their sidewalk & steps safe. Just let Anne or Sue know.

Book Delivery is available through the Dunstable Library on Thursdays. Just let Anne know if you or someone you know needs books or audio material. Call 978-649-7830

Van Service is available for medical appointments and grocery shopping. Cost is \$5.00 for local trips, Lowell, Chelmsford, Nashua, Tyngsboro, Westford, Ayer, Groton & Pepperell. \$10.00 for any other. Check with Anne Fenochetti as soon as you know when your appointment is to make sure a ride is available.

Medicare Open Enrollment runs through December 7. SHINE (SERVING THE HEALTH INSURANCE NEEDS OF EVERYONE) is a free federally funded health insurance counseling program.

SHINE counselors are available to help seniors choose a plan that is in their best interest. SHINE's goal is to be sure everyone they meet with has the most cost-effective insurance plan, which directly impacts their overall expenses. **Contact Lisa Rose at Merrimack Elder Services, 978-946-1374, or email lrose@ESMV.org** leave a message and she will call you back.

Rivercourt Residence Bake Sale Fundraiser to benefit the Alzheimer's Association. Place your order by Tuesday, November 17th at 5:00pm. Pick up Wednesday, November 25th 10:00am-2:00pm **PIES Aple \$12, Pumpkin \$10, Pecan \$12, French Silk \$14 and Lemon Meringue \$10. COOKIES are \$6.00 per dozen.** Chocolate Chip, Oatmeal Raisin and Snickerdoodle available. **Please call Esther at 978-212-3782 to place your order. Thank You!**

BOOK GROUP All our winter meetings will be held in the community room of the Dunstable Church. Next book group meeting will be Sat. Nov. 21 at 10:30. **Summary: The Clockmaker's Daughter** is the story of a mysterious murder and a passionate love affair. Their shadows are cast across generations. It was first set in England during the 1860s and continues until the present day. It began in the summer of 1862. There was a group of young artists who were led by the talented and equally passionate Edward Radcliffe. Radcliffe descended upon Birchwood Manor. Their common plan was to spend one month in summer secluded in a haze of creativity and inspiration. However, before the time their stay was over, a woman was shot dead while another has vanished, and a very valuable heirloom is missing. Suddenly, Edward Radcliffe's life was in ruins. Fast forward a hundred and fifty years later, a young archivist in London named Elodie Winslow uncovered a leather satchel. Inside it, she found an artist's sketchbook and an old photograph of a beautiful woman in Victorian clothing. **We were lucky enough to get a Book Club Kit of this book, contact Sue if you would like one.**

On Saturday December 12 at 10:30. We will be reading **The Dutch House by Ann Patchette.** **Summary** At the end of the Second World War, Cyril Conroy combines luck and a single canny investment to begin an enormous real estate empire, propelling his family from poverty to enormous wealth. His first order of business is to buy the Dutch House, a lavish estate in the suburbs outside of Philadelphia. Meant as a surprise for his wife, the house sets in motion the undoing of everyone he loves. Cyril's son Danny and his older sister Maeve are exiled from the house where they grew up by their stepmother. The two wealthy siblings are thrown back into the poverty their parents had escaped from and find that all they have is one another.

Everyone is responsible for getting their own copy of this book. There are many copies available thru MVLC/ Dunstable library.

Meals on Wheels Do you or someone you know need the services of Meals on Wheels? This service is now being merged with Tyngsboro's MOW. For more information contact Merrimack Valley Elder Services 1-800-892-0890

Senior Meal Delivery We have been fortunate to have Alana Acquaviva and her catering company, Dinner Made Simple providing 2 delicious meals to many of our seniors on Wednesdays. This service will continue through the end of the year.

Medicare Remember if you are turning 65 you should contact Social Security to enroll in Medicare. Medicare has no connection to your eligibility for social security benefits. If you have questions call Elder Services at 1-800-892-0890.

We now have the application for RMV Handicap placards

Durable Medical Equipment Try us FREE before you buy. Check out the COA's inventory. We have a variety of good, gently used walkers, wheelchairs, transport chairs, canes, commodes and much more that people have generously donated. These are on loan and need to be returned when not in use. PLEASE call first before you drop off items. Accepted items should be brought to the Town Hall only.

CALLING POLICE FOR EMERGENCY HELP

If you are calling from your cell phone in Dunstable, call 978-649-7445 (the station) or 978-448-5555 (DISPATCH).

EXTRA HANDS AND PAWS

Pet care-both day and overnight. Dog walking.
Cat care in your home. Vacation home checks, plant watering.
Please call Diane Nilsen at 978-649-8786 or email
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Special-Needs events have been adapted
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Sign up for notifications. So many online events available.

Disability tab/menus are across the top of the website

- Autism/Aspergers Events • Down Syndrome/Intellectual Events
- Family Mental Health & Behavioral Events
- Financial & Legal events • Learning Disability/ADHD Events
- Recreation for Special Needs

Transition-to-Adult events include: Thinking About Housing, The
Dating Game for ASD Young Adults, and a Workplace Prep
Program for Young Adults with Down Syndrome.

PACH PEPPERELL FOOD PANTRY

66 Hollis St. Pepperell Tues 5-7pm, Thurs 2-4pm & 5-7pm.
PACH provides food, paper goods and personal care items to
residents in need of assistance. If interested in this service, or you
want to help by making a donation of food or supplies, call 978-925-
9770 or visit their web site at www.pachoutreach.org.

*Until further notice ALL Clients & Donors are to call 978-925-
9770 upon arrival*

NOTE: You may bring donations to **West Auto Repair**. There
is a blue plastic tote outside the office door for donations.
Donations will be brought inside until they are delivered to the
Pepperell food pantry on Tuesday and Thursday.



Hi Neighbors!

Be sure to keep those germs away with
Lysol wipes and Nestle Pure Life water!

If you haven't **downloaded the new Box Top for Education
app** yet, you'll be pleasantly surprised how truly easy it is. You just
scan your receipt and the app does all the work for you! You can
even send your receipt from certain stores. Many are in our area.
This is a direct, simple way to help Swallow Union and we really ap-
preciate all your continued efforts. We hope to remain at the top.

While traditional Box Tops are being phased out of production,
YOU CAN STILL CLIP AND TURN IN BOX TOPS! You'll continue
to find them on many products throughout the store for the next
few years, including Hefty, Green Giant, Reynolds, Scott, Ziploc,
Kleenex, and Finish (look for old logo). Just check the expiration
date on them before you turn them in.

Thanks again for your support! **Chrissy McLane** (mclane.chrissy@gmail.com) & **Amy Wilson** (amywilson825@gmail.com)
Box Tops for Education co-chairs for Swallow Union Element-
ary School swallowunionapt.org aptsallowunion@gmail.com
facebook.com/APTSwallowUnion

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DATES TO REMEMBER

- Thanksgiving Day, Thursday, November 26th
- Pearl Harbor Remembrance Day, Monday, December 7th
- First Day of Hanukkah, Friday, December 11th
- DVFFA Santa Parade, Sunday, December 13th



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or email her at pastorgaetasov@gmail.com

Shepherd of the Valley Lutheran will continue to meet remotely
until it is deemed safe to meet at our building space in Ayer, MA.

Please join in our service via online ZOOM. Sunday worship
at 10am and Wednesday prayer service at 7pm. If you **visit our**
FaceBook page or website you will be able to see how you can
join in on our service. We hope to 'see' you there!

FACE COVERINGS MANDATORY

Everyone is required to wear a face covering, whether indoors
or outdoors, in all public places, even when able to maintain 6
feet distance from others. Exceptions for children under 5, and
people who are unable to wear a mask due to a medical condition.
(documentation maybe required to verify the condition) **To read all**
the details about this, visit www.mass.gov and search "face
coverings" or for the order, mass.gov/doc/covid-19-order-55/
download.

DUNSTABLE TOWN HALL DIRECTORY

Town Hall (978) 649-4514. The departmental extensions are as follows:

221 Town Accountant **222** Town Clerk **223** Council on Aging
224 Selectmen (handles many depts.) Also for Animal Control Officer. After
hours call Police at 978-649-8891. If emergency call 911

226 Building Inspector **227** Road Commission

228 Tax Collector/Treasurer **229** Board of Health

230 Conservation/Planning Board **249** Assessors, Water Dept
Please dial 0 if you need assistance.

Veteran's Officer 978-649-3919

POLICE NON-EMERGENCY 978-649-7445 **POLICE & EMT** 911

FIRE DEPT. TELEPHONE NUMBERS TO REPORT A FIRE CALL 911

Business Line.....978-649-6661 FAX.....978-649-6072

Alarm System* **978-448-6666***can be used to call in a fire from cell phone

Visit www.dunstable-ma.gov for contact info, news & updates

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THE CHURCH IS OPEN FOR SERVICES. MASKS REQUIRED.

Please go to the website to watch our reopening video for instruc-
tions prior to selecting your seats.

Online Videos: Weekly on-line 9:30 am Sunday Live stream Ser-
vices, Morning Minutes of Grace, Evening Prayers, Afternoon Bible
Study & Grace Kids. Visit our channel

GraceLutheran.TV on (youtube.com)

DRIVE-UP FOOD PANTRY AVAILABLE

We have a free, drive-up, food pantry for any of our neighbors
who may be in need of food during this difficult time. It is our
sincere prayer that we can be a blessing to our community as we
get through this pandemic together.

We do require that you make an appointment by calling the
church at 603-888-7579 and ask for our Secretary, Dianna, who
manages the schedule. We do have to space out our client visits. If
you do not need help but know someone who does, please pass on
this information. *The church is located between World Academy and*
the Fire Station at 130 Spit Brook Rd., Nashua, NH.

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Peters; Jr. Vice Commander: Larry Monaco; Finance Officer: John
Burke; Adjutant: Don Pierce; Judge Advocate: Roland Milliard;
Executive Board: Joe Conlin, Robin Dion, and Fred Carroll.

Visit our website, www.AmericanLegionPost247.org

This website contains a wealth of information about the Post.

Please remember to be safe & keep our troops in your prayers.

AMVETS POST #247

ROBERT D. PELLETIER

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OFFICERS: Commander: William A. Beaton; 1st Vice: Jan Dom-
browski; 2nd Vice: Steve Harhs; Adjutant: John Cogan; Finance:
David Coles; Judge Advocate: Roland Milliard; Provos Marshal:
Roland Russell; Chaplain: Rod Woods. E-Board: John McDermott,
Marty Bloomgren and Claire Beaton.

"ALWAYS READY TO SERVE OUR VETERANS"

AMVETS National Website: <http://www.amvets.org/>

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www.neighbortoneighbornewsletter.com

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For more library information go to

www.dunstable-ma.gov click on library

Mary Beth Pallis – Director – mpallis@mvlc.org

Karen Debrececi – Children's Librarian – kdebrececi@mvlc.org

Like us on FACEBOOK to receive program updates!

www.facebook.com/pages/Dunstable-Public-Library/219991908117595

**The Library is open for curbside pickup on Tuesday 3-8pm,
Wednesday and Thursday 10-3pm.**

We are open for Curbside Service Saturdays 10am-2pm.

Search the MVLC catalog at www.mvlc.org. There you just scroll to Dunstable and hit catalog. This will have the titles the Library owns. When making a request DPL just needs to be the owning library to fill your request. As this is a new process we appreciate your patience as we work out the kinks. Or go directly to the Dunstable catalog at https://mvlc.ent.sirsi.net/client/en_US/dunstable to search.

You are now able to put books on hold through the MVLC catalog or you can request by phone or email. Call 978-649-7830 or email at dunstablerequest@dunstablepl.org to tell us what you want to borrow. We will need your name, phone number and title of material. We will contact you after we have the material in hand and will work out a time for curbside/delivery. **It would be helpful if you had your library card number so we can check it out to you.**

When you receive the email that your material is ready, please email or call the library to let us know when you want to pick it up so that we have your books outside on a table waiting for you. **You can return books to us any time by dropping them in our Book Dropoff in front of the library.**

We will also offer HOME DELIVERY to our senior citizens. If you have special circumstances and need home delivery we will work with you to comply. We will be circulating material owned by the DPL. The staff are working hard to acquire new material and readying it for circulation. Mrs. Debriceni has been working hard at creating book bags by subject. She is very good at recommending titles for young readers.

Safety first: We quarantine all returned books for a week and sanitize covers and hard surfaces to make sure the items are safe to circulate again. Don't worry about overdue fines which may pop up on your MVLC accounts. We will clear these in time.

Every Tuesday at 6:00pm, Mrs. D. will read a chapter book out loud for school aged children.

Every other week, we will have a craft bag pick up at the curbside table. The following Wednesday, Mrs. D. will be doing facebook live story and craft times with the children every other Wednesday at 11:00am on the DPL facebook live. **Check for upcoming dates and project descriptions on the facebook page.**

Virtual Story Time is on Facebook Live on Thursdays at 1030am. Mrs. D. will host this always popular event. Go to **Dunstable-Public-Library on Facebook** to join in.

We are posting on FaceBook the titles and authors of new books and DVDs we are now receiving and cataloging.

For all updates on these programs and library news, go to **Dunstable-Public-Library on FaceBook.** Stay safe and enjoy.



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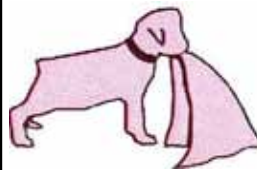
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AMERICAN LEGION NEWS

• American Legion Post 247 Inc. of Tyngsboro IS OPEN

The Post is pleased to welcome back all Post 247 Members, Family, & Guest. **No meetings scheduled at this time.**

If you are interest in joining, or want more info about what is happening at the Post, please get in touch with the person noted for each organization or call the Post at 978-649-7540.

• Much renovating, sanitizing, and improvements have been conducted while the Post has been closed. We look forward to welcoming every one back.

*****FOOD IS ONCE AGAIN BEING SERVED.** As of now **hours are Sun., Tues, Wed, Thurs 1pm to 8 PM and Friday and Saturday 1pm to 9PM. Closed Monday.** The menu includes Appetizers, Subs, Hamburgers, Pizza and more. Stop in we'd love to see you. Please be well and STAY SAFE.

THE STITCHERS

AT THE TYNGSBORO SENIOR CENTER

... welcome you to join the group at the center every **Monday from 1PM to 3PM (with mask)**. Project information, needles, yarn, and patterns are available as well as instruction at that time.

Our projects continue to be baby knitwear and blankets for Pregnancy Care Center in Lowell, as well as Hospice in Merrimack, New Hampshire where our lap robes, hats, scarfs, and afghans are distributed throughout southern New Hampshire. Previously, Hospice in the Merrimack Valley were recipients.

A big "Shout Out!" goes to those gals last month who brought in yarn to restock our supply cabinet. We also received a donation of new knit goods from an "at home" knitter. Thank you all for your unending support of agencies in need in this area..

For further questions and information, please contact Stitches Coordinator, Jean Jacoppi (978-649-90765).



AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Auxiliary Unit 247 Officers for 2019-2021:

President: Josephine Beauregard; Jr. Vice: Sarah O'Callaghan; Secretary: Patricia Modrich; Treasurer: Diane Dileo; Chaplain: Debbie Dion; Unit Sgt-At-Arms: Debra St. Peters. Executive Committee: Kathleen Olje.

For information on the Auxiliary Unit contact Unit President Josephine Beauregard at 978-458-7015.

LOAVES & FISHES FOOD PANTRY, INC.

Visit our website at <https://loavesfishespantry.org>

All Dunstable families are invited to visit the Pantry and receive nutritious food and personal care products. There are no income requirements – only a proof of residency (a utility bill or a rental receipt, for example, with your name, current address and date) is required. **Open** Second Tuesday of each month from 6p.m.- 8p.m. • Every Wednesday and Friday from 9:45 a.m.-12:30 p.m. • First & third Saturday of every month from 9a.m.-11a.m.

To learn more about what to expect when you visit the Pantry for groceries, take a virtual tour at <https://loavesfishespantry.org/need-services/> or call us at (978)772-4627 x312.

If you are interested in volunteering please email us at volunteer@loavesfishespantry.org or call us at (978)772-4627 x317. The gift of food and personal care items as well as monetary support is always welcome. <https://loavesfishespantry.org/donate-now>

Virtual Annual Meeting Learn how, **Together We Are Making A Difference!** The meeting took place on Tuesday, Oct. 20, 2020 <https://loavesfishespantry.org/2020-annual-meeting/> The video is available for viewing on the website. This will give you a great idea of how this program works.



Tyler's Timely Technical Tips

Bathing in cold water is no fun. Recognizing common signs of a failing water heater can help homeowners be prepared, and avoid unexpected –and costly– emergency repairs or replacements.

Discolored or Gritty Water: Rusty, gritty or muddy-looking water can mean the anode rod is gone, and the tank is corroding.

Water Smells or Tastes Off: Water that smells like sulfur or rotten eggs may indicate an interaction between bacteria in the water and the anode rod can create this problem.

Leaking Water: Water heater leaking can occur because of sediment buildup, lack of maintenance, or simply due to deterioration. The relief (TPR) valve dripping could be a sign of dangerous pressures developing inside the tank.

If you notice any of these, seek prompt help from a licensed plumber to identify the cause and to remedy the situation.

Until next month, stay comfortable! *Tyler*

Got a question? Drop me a note!

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THE FRIENDS OF THE TYNGSBORO ELDERLY, INC.

We welcome all who support the Tyngsboro Senior Center activities and fundraisers through your membership in the Friends of the Tyngsboro Elderly, Inc. It is through your yearly (\$10) membership that we are able to provide special dinners and lunches, speakers, and entertainment throughout the year.

Members of the Board met recently to decide on the next activity, when allowed. Board members include: Joe Jacoppi, President; Elaine Rivard, Clerk; Carol Sides, Treasurer; and Leon Poirier, Elaine Franks, Mary Basiliere, and Joanne Jean.

The Friends of the Tyngsboro Elderly, Inc. is a 5013C NonProfit Organization of over one hundred members. Please call Elaine Rivard (9768-649-7689) for a membership form to be mailed to you. Again, thank you for your support.



NECESSARY HEALTH CARE DOCUMENTS

By Edward H. Adamsky

With the current Covid-19 situation, we are all feeling worried about our potential health issues. There are several legal documents necessary to protect your health and wellbeing.

The first is the **Health Care Proxy**. This is a document that appoints an Agent to make medical decisions for you if you cannot do so yourself. You can name a primary Agent and an Alternate Agent. The power of your Agent comes into effect when your doctor determines that you cannot make your own medical decisions. The power would end if you recovered the ability to make decisions. Without a Health Care Proxy in place, your family would not be able to make decisions for you without a costly and time-consuming legal guardianship proceeding.

The next necessary tool is a **Medical Privacy Release or HIPAA Authorization**. This is a document that allows whoever you name to get your private medical information. Federal law prohibits access to your medical information unless you release it. You would obviously name your Health Care Agent and Alternate in this document, but you might also name a few other people that you would want to know about your medical issues, such as someone who helps you with doctor visits or who goes to the pharmacy for you. You might name your Agent under a Power of Attorney so that person could ask questions about medical bills if necessary.

Although not required, and not legally binding, some attorneys suggest that you also complete an **Advanced Directive or Living Will**. Some people call Health Care Proxies by this same name, so it can get confusing. An advanced directive is usually just a document that contains your wishes for future medical care. It can put in writing what you would want to happen in various situations such as your desire for life support and extreme medical measures, or your desire to avoid such things. You could also state your wishes for feeding tubes, breathing interventions such as ventilators and the like. You could also express your burial wishes.

If you are living with a serious medical condition, your doctor might ask you to consider completing a **MOLST** (also called a POLST) form. This is a medical order for treatment that can go with you from facility to facility. It contains several sections in which you and your doctor state your wishes for future medical care such as artificial nutrition and hydration, intubation, resuscitation, and a few other medical issues. The orders in this document will be followed by any medical facility in which you may be.

You should discuss all of these planning tools with your family and your legal advisor. By having the discussion and getting the tools in place, you can ease the emotional burdens on your family should you need medical care and be unable to make decisions. You and your chosen Agents should keep copies of all of these documents handy in case you need them. And we all hope that you never do.

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TYNGSBOROUGH/DUNSTABLE ROTARY CLUB

Rotary  **Rotary Motto** *Service Above Self*

The Rotary Club of Tyngsboro/Dunstable Rotary Club has been serving the Tyngsborough and Dunstable areas for 41 years.

Rotary is a global network of community volunteers. Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs.

Rotary builds international understanding through scholarships, exchange programs, and humanitarian grants. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

If you are interested in membership, please call Bob Guernsey at (508)380-4351 or Ron Keohane at (508)517-3895.

Want to join a meeting?

Currently we are meeting every Thursday at noon.

Local Rotary Events

- Fishing Day for Individuals with Disabilities of all Ages – Tyngsboro Sportsmen Club
- Senior meals for the Tyngsboro and Dunstable Councils on Aging
- Many other local service events

NEW HELP TO QUIT MENTHOL TOBACCO PRODUCTS



Smoking and vaping may put people at higher risk of complications from COVID-19, especially because they can weaken the immune system and damage the lungs. With menthol tobacco products unavailable and COVID-19 risks continuing, the Massachusetts Department of Public Health has found a new way to help people quit. The Massachusetts Smokers' Helpline is offering up to three gift cards totaling \$50 to people who use menthol tobacco products and the Helpline's free coaching services. Call the Helpline 1-800-QUIT NOW (1-800-784-8669) about the program and for free coaching and support 24 hours a day, seven days a week. Or enroll online at makesmokinghistory.org. Helping people who use menthol products quit is especially important because the tobacco industry has strategically and successfully targeted Black, Latinx and LGBTQ+ people with menthol products. As a result of aggressive marketing practices and pressures related to discrimination and daily stressors, menthol tobacco use is high in these communities.

Massachusetts residents who use menthol tobacco products who speak with the Helpline's supportive coaches can receive a \$10 gift card after completing the first coaching call, a \$15 gift card after the second and a \$25 gift card after the third coaching call. In addition, up to 8 weeks of FREE nicotine patches, gum or lozenges are also available to residents who speak with a coach (with medical eligibility). For info contact Ashley Hall at Northeast Tobacco-Free Community Partnership (978) 722-2864 or ashley.hall@glfhc.org

**Please send in your news and updates for the
December issue by Nov 18th.**

Need details about advertising your business?

Contact anne@NeighborToNeighborNewsletter.com or Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827.

You may leave a message at **978-419-1914**.

*Tyngsborough printed issues circulation is 5211 and
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We have updated our clothing donation drop off process in order to streamline it. We have made the following changes - if you are donating **only clothing** we are open to those donations Tuesday-Friday 9-2:45pm and Saturday 9-12:45pm, no appointment necessary. **If you are donating other goods such as housewares and furniture** we will continue to schedule those drop offs through our email donategoods@thewishproject.org. We are hopeful that this will make it easier for our donors to drop off their donations at their convenience.

The Wish Project's Covid-19 Relief Fund We continue to support the communities' needs during these difficult times. The pandemic has created many challenges for many families and we need your continued support to serve the vulnerable population in Greater Lowell and Merrimack Valley. Follow the link to read a letter from our Executive Director Alyce Moore. **THE WISH PROJECT'S COVID-19 RELIEF FUND LETTER** To make a donation please follow the link: **DONATE NOW TO COVID-19 RELIEF FUND** Thank you for your ongoing support of our mission and our clients.

THANKSGIVING needs Normally we don't give out food to clients but due to the number of people hoping for some help feeding their families we thought we would collect Market Basket gift cards to distribute to families so they can put together a thanksgiving meal for their family. So if your family is fortunate to still have much to be thankful for we would welcome a donation of a gift card to Market Basket or any local grocery store so we can help others who are dealing with food insecurity for their families and especially on Thanksgiving. **You can drop off a grocery gift card to the warehouse, put one in the mail to P.O. Box 8693 Lowell, Ma 01853 or make a donation online through our link Donate Now .**

Clothing and Textile Recycling Did you know that if you have clothing, bedding, shoes, curtains, or any cloth item that you don't think have any use, whether they are stained or ripped, we can still accept them and sell them by the pound? Just bag them up separately and write recycle on the bag. All funds raised will go into supporting our mission and our clients!

WISH LIST Coats, Hats & Gloves, Winter Clothing all sizes, Blankets Dish Soap, Hand Soap, Shampoo/Conditioner Similac Pro Advance Formula Cookie Sheets, Large Pots and Pans Adjustable Metal Bed Frames, Full & Queen Size Mattress Sets Full size high chairs Pack n Play Sheets, Safety Gates, **Play mats** Disinfecting Cleaners, Spray Bottles, Laundry Soap Metal Shelves for the warehouse, Copy Paper

CLOTHING & TEXTILE RECYCLING Do you have clothing, bedding, shoes, curtains, or any cloth item that you don't think has any use? ***Whether they are stained or ripped, we can still accept them and sell them by the pound. Just bag them up separately and write recycle on the bag.*** All funds raised will go into supporting our mission and our clients!

THIS YEAR OUR MAGIC OF CHRISTMAS program is especially important. Go to the website and follow the link Sponsor for Christmas. Our due date for unwrapped gifts is Saturday 12/5. You may drop them off during our normal hours without an appointment. You can also shop from our Christmas wish list items on our Amazon wish page. If you have any questions related to Magic of Christmas email lori at lori@thewishproject.org, Santa's helper at the warehouse! Monetary donations also accepted on the website.

About Us The Mission of The Wish Project is to help families in need in Merrimack Valley. www.TheWishProject.org or call us at (866) 947-4360. Mailing address is: The Wish Project, PO Box 8693, Lowell, MA 01853

CAT FOOD DONATIONS NEEDED

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CATIE'S CLOSET

We are open to accept your gently used clothing and new toiletry donations at our **Dracut distribution site, Monday-Friday ONLY from 10am to 5pm**. This is located at **19 School Street, Dracut, MA 01826**. We are not open weekends at this time. Please bring your donations in household size bags or smaller for the safety of our staff and volunteers. Please call 978-957-2200 prior to going.

Check out our website www.catiescloset.org/5-ways-to-help Contact us directly and we will be happy to share more detailed information about our immediate needs for the months ahead.

Connections to large scale clothing and toiletry resources are appreciated! **Want to know more about our work, who we help go to www.catiescloset.org/help-the-kids**

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Our LIVESTREAM and OPEN CHUCH schedule has changed profoundly. Please go to our website WWW.CHELMSFORDCATHOLIC.ORG

- Daily and Weekend Masses are LIVESTREAMED
 - Saturday, 4 pm and Sunday, 11 am at St. Mary
 - Sunday, 8:30 am at St. John the Evangelist Church
- AGAIN, WE ARE LIVESTREAMING MANY DEVOTIONS

• **Confessions now held indoors**

• Mondays at St. John from 4:00-5:00pm

• Wednesdays at St. Mary from 4:30-5:30pm

Park in rear parking lot, wear mask, enter through front entrance

CHURCHES ARE OPEN WITH RESTRICTIONS

WEEKEND MASS SCHEDULE

St. Mary: 4 pm on Saturday/ 7 am and 11 am on Sunday

St. John: 4 pm on Saturday/ 9:30 am and 6 pm on Sunday

RESERVATIONS ARE ONLY OPEN FROM Monday 9 am - Thursday 3 pm for the upcoming weekend! If you have access to a computer, please do **NOT** phone in your reservation, but rather use the link and access code provided via previous flocknotes. We highly recommend that you thoroughly read the guidelines—set forth by both Governor Baker and the Archdiocese—that need to be strictly followed for both registering for and attending Mass. **(Go to our website for details.)** Being well-versed in what is expected, you can make better make a decision as to whether or not Mass attendance at this time is right for you. **No reservations needed for Daily Mass just weekend Mass.**

Phone-In Reservations we ask only those who **DO NOT HAVE ACCESS TO THE WEBSITE** use this option. Call the parish offices between the hours of 9 am - 12 noon, Monday and Wednesday, and between the hours of 2 - 5 pm on Tuesdays and Thursdays. phones will NOT be answered outside of these times; we remain lightly staffed. Reservations will NOT be accepted via voicemail or email messages. **Don't Make Reservations** Those in vulnerable populations are highly encouraged to remain at home and join via livestream. **DISPENSATION FROM THE OBLIGATION TO ATTEND SUNDAY MASS HAS BEEN EXTENDED INDEFINITELY BY CARDINAL SEÁN.**

If you have any news for the December issue, please send in your information by November 18th.

www.neighbortoneighbornewsletter.com

Contact anne@NeighborToNeighborNewsletter.com or Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827.

You may leave a message for me at **978-419-1914**.

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CAT VS KITTEN

Tara M. Sacramone, DVM



So you have decided on getting a new feline friend, but can't decide cat vs kitten. First of all congratulations, felines make great pets. Second of all make sure everyone in the family is ready emotionally and financially for a potentially long commitment. It is not unusual for a cat to live into its late teens or even early twenties now a days. Now, let's decide cat vs kitten. Both have positives and negatives so think carefully and be honest about which would fit into your lifestyle better.

Kittens: Pros They are cute. Can be easier to train to use a scratching post or have their nails trimmed or even have their teeth brushed. They are super entertaining. You really don't need a television for a few months after getting a kitten, or even better - get two. Generally an adult cat is more likely to accept a kitten rather than another adult cat.

Cons They can be quite destructive, they love to climb and therefore scratch curtains and furniture, not to mention your pant leg. They need to play and if they are left alone all day they tend to sleep all day and are up all night. Their inquisitive nature can lead to trouble, like eating things they shouldn't or getting stuck in the couch. It's hard to predict their adult personality, so if you need a super friendly or super lazy or super tolerant cat you won't really know if that's what you've got until they grow up.

Cats: Pros Their temperament is set, you can tell what you're getting. They are less energetic and therefore demand less of your time and don't mind being alone for longer periods of time. They are cute too, and what you see is what you get, not all cute kittens end up being cute cats.

Cons If they have an undesirable behavior trait, it can be hard to change it. If you already have a cat it can be harder for him/her to accept another adult cat.

So consider what will be best for your family at this moment in time (and up to 20 years from now). We, of course, would recommend you get your new pet from a shelter. With a little time and looking around you can generally get whatever you are looking for. Plus the shelters generally really know their cats' personalities and can help match you up with the perfect feline friend.



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Pastor Denis Frediani 1-603-579-0904
www.tyngsborocongregational.org
E-mail ectsect@yahoo.com

• **Church Services are now open to the public at 10:00 a.m. Sunday mornings.** Masks are required, distancing being followed. We will implement and honor all safeguards.

If you prefer to stay home, Sermons are still available on line.

• **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: 1. Log onto the church website <http://www.tyngsborocongregational.org> 2. Click once on the word "SERMONS" 3. Sermons listed by date, passage, sermon title Click on date to listen to the sermon.

We are adhering to CDC Safety Recommendations and Restrictions with social distancing, hand sanitizing and required masks.

**Please Come Visit our
Newly Renovated THRIFT STORE**

for Great Deals! OPEN: Thursdays and Saturdays, 10AM to 2PM. MASKS REQUIRED. Inside and Outside (weather permitting) Additional parking behind the Church. **DONATIONS:** Please only items in good condition. We will be **CLOSED: Thanksgiving Day, Nov 26th and Saturday, Nov 28th.**

We have two new items you will love and want to purchase for the upcoming Holiday Season!!

1) Our very own professional Gospel singers, Barry and Debbie Shirk, have just released their new CD entitled "**Special Music, Special Occasions, Our Church**". Our Pastor Frediani has included a highly recommended endorsement of this beautiful release and it features our beautiful church on the CD cover. We are so very proud to have them as part of our Worship/Music Team and members of our Church!!! **CD's are available at our Thrift Store for \$12.00 each (with \$2.00 of this cost being donated to support our Church).**

2) Another very talented artist of our Church has available for purchase her very beautiful "**Angels of Love, Life and Hope**" and Other Light Catcher Creations Handcrafted by Janet. These are also available at Handmade in New England Store at the Pheasant Lane Mall. You can meet some of the artists at the Mall Store on Saturday's through the Christmas Season. Prices vary.

Both of these items make affordable and wonderful spiritual gifts for the Holidays!

We are sorry to announce that **we will NOT be having our Annual Craft Fair** this year due to the Covid pandemic. We hope to be back next year and **THANK YOU** all for supporting this amazing event over the years!!!

• **CHRISTMAS EVE CANDLE LIGHT SERVICE** - We are hoping this will take place on **December 24th at 7:00 p.m.** Please watch for further information.



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TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



The Officers did meet and decided to cancel the last two events that were scheduled for this year. On November 14th we were to learn about beekeeping from professional beekeeper Rick Reault, owner of The Colony in Tyngsborough. A tour of the facility was to be offered afterward. This program has been postponed until next fall.

On December 6th The Annual Meeting and Holiday Potluck Supper was to take place at the Little Red Schoolhouse. Always a wonderful time around the old woodstove with friends, music, singing and food. We look forward to next year's Holiday Potluck Supper.

For the Annual Election of Officers, a vote will be held by email. We appreciate our communities' support during these unsettling times and wish everyone good health over the coming months.

Questions about the Historical Society, Call Lynda at 978-587-8423. More info is available at the www.tdhistoricalsociety.org
Email address: tyngsboroughdunstablehs@gmail.com

DUNSTABLE TYNGSBOROUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need. ***We are currently looking for community minded members to join, please contact membership chair Joe Ward his contact information is below.***

Officers for the 2019-2020 Lions Year

President: Mark Alexander, 1st Vice President/Membership Chair: Joseph Ward, Treasurer: Bob Reich, Secretary: Laura Ward, Tail Twister: Meghan DeMonico.

Because of COVID-19 meetings are canceled at this time. ***Anyone interested in joining the lions is asked to contact Joseph Ward at 978-930-1153.*** Once we can meet again, we will let you know where, and when meetings will take place.

YOU CAN HELP BY DONATING THE FOLLOWING:

- **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.
- **Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- **Can tabs** please place into bags before putting in the boxes.

Lion's collection boxes for eyeglasses and hearing aids and can tabs are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Multi-Service Center at 180 Lakeview Ave, and Dunstable Town Hall, Post Office and Library.

Pennies for Sight: "Your change- changes people's lives" See a Lion canister around please consider donating. Every Penny Counts!

When you contact a business,
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and to live the gospel in the world."

UPDATE - REOPENING FOR IN-PERSON WORSHIP

We now meet in person for worship at our usual 10:30am worship
time. Here are a few things you need to know:

Please RSVP at your earliest convenience so we can have as
much time as possible to plan. We expect to have kinks that need to
be worked out so the more time the better. In fact, if you're planning
to attend, please take a break from reading this, go to the website
and scroll down the front page to see the sign up section right now,
read the info, and sign up! **You will need to sign up on the web-
site each week so the space can adequately planned.**

**Finally, for those of you who are taking part in the Mark
study** on Sunday mornings, we will have a set-up in the fellowship
hall which will allow you to join the class together with those who
are remaining home on Zoom. Let Peggy Drew or Rodrigo Cardoso
know if you plan on attending the class in person at the church
before worship.

If you have any clarifying questions, please don't hesitate to ask!
This is uncharted territory for us all so don't be alarmed if it seems
a bit overwhelming. Many churches have successfully gone before
us with very similar formats and things have gone well, Praise God!

At this point, we are still unable to provide childcare. However,
families with young kids are welcome to attend. Hearing some baby
cries and child sounds may be music to some over quarantined
ears! Make the choice that best suits your family. Sign up.

**Finally, let's remember 3 things: Everyone is approaching
this strange season of life differently based on their life cir-
cumstances.** Any who desire to worship in person are more than
welcome (as space allows!). Any who desire to remain at home and
worship with us via live stream, are more than welcome. Let's be
gracious, patient, and loving towards each other.

**Also, try to let go of what you believe to be the ideal wor-
ship experience in this season.** In these unique days, whether
we meet on a stream, or in person, there will be a sense of loss as
neither option will be like "the way things used to be."

However, if we focus our eyes on Jesus, the author and
perfector of our faith, who loves us and gave his life for us, and
who lives eternally, we can gather faithfully in worship, BEING
The Church. **Head over to our website (www.dunstablechurch.org) for more details and to learn how to sign up!** In-person, on
Zoom, or a combination.



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

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I look forward to receiving more good news to share! So keep
that in mind, and when you have any info, please let me know. So
many things are being downsized or postponed until better days. If
your organization will have any online fundraising projects please
consider sending the info in. If you are making or collecting items
for people in need, maybe others would like to help your
organization as well.

Just so you know, right now the total printed circulation including
Dunstable and Tyngsborough is 6,481 issues. More news is posted
on the pages of the website. Current and past issues are also
available by clicking on "Neighbor to Neighbor Newsletter issues" in
the heading on the website.

***I wish you all a Happy Thanksgiving. Hopefully you can find
a way to get together with family and or friends, in person or
with Zoom, FaceTime, Meet or any other app. Be well, Anne***



ALTRUSA NEWS

Although Altrusa members have been restricted by COVID 19 in providing hands on service in our communities, the Altrusa Club of Merrimack Valley continues to fulfill its mission and make a difference in the lives of others. **The Altrusa Club is currently meeting remotely.** Altrusa's mission is to promote literacy and to make a difference in the lives of those in need in our communities. Learn more about Altrusa, e-mail us at altrusamv@gmail.com. You may also visit us at www.altrusa.org or <https://districtone.altrusa.org/>

BEAVER BROOK NATURE CENTER

117 Ridge Road, Hollis NH.

www.beaverbrook.org

Please go to the website to see what programs are available, and to register.

• **November Full Moon Guided Hike, Saturday, November 28, 6:30 – 8:30pm, Maple Hill Farm, 117 Ridge Rd, Hollis, NH 03049, USA** Join BBA Naturalists for a Full Moon Night Hike around the trails of Beaver Brook. Dress in layers, because believe it or not, you will warm up and be so happy to get outside on a fall night! It's a great experience. November full moon is called "Beaver Moon". After the hike you will return to Maple Hill Farm for warm beverages and provisions. \$15 Register at www.beaverbrook.org

• **Greens gathering & Wreath making, Wednesday, December 2, 10:00am – 12:00pm, Wednesday, December 2, 1:00 – 3:30pm Brown Lane Barn and BBA Trails** Join BBA staff for a hike to gather greens: mountain laurel, hemlock and white pine and cones and berries for making a holiday swag or wreath. We will provide bags and clippers but if you have some bring them along. We will have 2 options: Space for 15 people in Brown Lane Barn or 10 people in our 'open air classroom' the Granite Room, bottom of Brown Lane Barn. Plus we have picnic tables and a porch outside too. We'll have coffee, tea and muffins to warm you up. \$25/\$20 BBA Members. Register at www.beaverbrook.org

• **December Full Moon Guided Hike, December 26, 6:30 – 8:30pm** Join BBA Naturalists for a Full Moon Night Hike around the trails of Beaver Brook. Dress in layers, because believe it or not, you will warm up and be so happy to get outside on a fall night! It's a great experience. December's full moon is called "Cold Moon". After the hike you will return to Maple Hill Farm for warm beverages and provisions. \$15 Register at www.beaverbrook.org

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The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z. Since we have so many animals that we share our yards with, I thought it might be helpful to you.

<https://www.animalsheltering.org/page/wild-neighbors-book>



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Attorney Nicole Paquin was recently recognized in the Massachusetts Supreme Judicial Court's 2019 Pro Bono Honor Roll, for her pro bono work representing individuals in citizenship and guardianship matters.

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5 COUNTERTOPS THAT ARE WORTH THE UPGRADE

Brought to you by Carrie Best Cyr

Updating your kitchen can be a smart way to increase your home's worth. In fact, Remodeling Magazine named a minor kitchen renovation one of the best projects to take on this year — and upgrading your countertops is a good place to start. The right countertop can add aesthetic and resale value to your home and improve your space's functionality. Which of these five materials do you like best?

- **Quartz:** These countertops are low maintenance and nonporous, meaning they won't soak up moisture or hold bacteria. Quartz is also quite popular and may attract more buyers to your home when it comes time to sell.

- **Soapstone:** This rare material is trending among home designers. Its unique aesthetic can add effortless style to your space, but it'll come with a hefty price tag.

- **Granite:** A classic style, granite offers a great look, as well as a scratch- and heat-resistant surface. It's one of the more expensive countertops, and it needs regular resealing to stay in top condition.

- **Solid Surface:** These countertops are a mixture of manmade materials and resins, making them easy to keep clean. Solid surface comes in all sorts of colors and tends to resemble granite — minus the high cost.

- **Eco-Friendly:** Upcycled wood and recycled glass are two options in this category. The cost will depend on where you source your materials, but you'll be minimizing your environmental footprint and getting a one-of-a-kind countertop in the process.

Simple cosmetic changes to your kitchen can make a big difference.

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We offer a "day pass" for non-member dining. Our kitchen crafts weekly specials such as; Italian Pasta Dishes (Wednesday), Prime Rib (Thursdays), and Baked Haddock (Fridays). Family orientated and kid friendly, stop in and see for yourself all that The Shoreline Beach Club has to offer and why it has become a place to make memories with friends and family! ~ Food & Fun In The Sun!



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91 Frost Road, Tyngsboro, MA

for our

Annual Visit with Santa

on Saturday, December 5th ~ 10am to 4pm.

Social distancing and Covid Measures will be in place, so plan on longer lead times to meet Santa. NOTE: We are making every effort to provide a great photo opportunity but there will be NO Lap Sits, Masks will be required, NO exceptions.

Cost will be \$30.00 per FAMILY, this will include a hay ride if desired, again with Covid Measures in place.

We will have Jeannette's Fried Dough on site! There will be some other Christmas Surprises too. We have over 1000 Trees, Wreaths, Roping, and a large selection of holiday décor for sale.

If you cannot join us for the 5th of December, we are open for your Christmas items starting November 26th to December 23rd from 10am to 8pm weekdays, and from 9am to 8pm weekends.

Please contact us at

(978) 808-6164 or (617) 513-1482 for further questions and details.



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