



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

Celebrating 37 Years of Service!

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DUNSTABLE TOWN CLERK

Town Hall has reopened partially to the public, but it will continue to be staggered hours by departments until further notice. It is highly recommended you contact the office you want before coming in to be sure they are here to help you. Because of the vote by mail program and several election deadlines, I will not have regular office hours until late November and open by appointment only. I am in constant touch with my email and voice mail. Be well, we look forward to seeing you soon!

We will have a dual election to fill a vacancy on the Board of Selectmen along with the State Election on November 3. Sample ballots for each are under News and Announcements on the homepage of the town website. The polls will be open from 7:00 am – 8:00 pm and booths and pens will be sanitized after each use. There will be VERY MINIMAL Early Voting hours at the Town Hall, the hours and days will be published on the Town Clerk's page on the town website. I'm keeping the hours short as we are overwhelmed by the vote by mail and the general administration of an election. There will be no in-person over the counter absentee voting other than Early Voting. Know before you go, check your voter registration and use the "track my ballot" to know when your ballot is coming and if it was accepted after received. So many problems at the polls can be resolved beforehand. Are you registered, are you inactive, etc.?

The deadline to register to vote for both elections is October 24, 2020. You can register online if you have a valid MA drivers license. Visit the Town Clerk's page for the links.

A state law effective January 1, 2020 created a new program for automatically registering eligible voters, known as Automatic Vote Registration (AVR) and its purpose is to register voters automatically when applying for services at the RMV, MassHealth and Health Connector agencies. The agencies are required to collect and transmit the appropriate voter information to the Secretary of the Commonwealth. Under the former way when you registered to vote or change your party at the RMV, an applicant would have to check "yes" to the voter registration question and then could pick a party of political designation. AVR changes this. Instead of being asked if you want to register and having to select "yes", applicants will only see a box that allows you to opt-out of registering. Under AVR, at both the RMV and health agencies, if you do NOT opt-out, your transaction will be forwarded to the town/city clerk for processing. Under the way the AVR law was written, applicants are NOT offered the opportunity to pick a political party or designation. Additionally, the AVR law as enacted, requires the notices you receive to be bilingual in English in English and Spanish. Please check your voter status and party affiliation (if any) before you come to vote. You cannot register to vote or change your party on the annual street listing.

Carol A. Skerrett, Town Clerk CMMC 978-649-4514 x222
CSkerrett@dunstable-ma.gov

IN MEMORY OF

Bruce A. Bevin
Raymond J. Sullivan
Christopher W. Anderson

COMMISSIONERS OF TRUST FUNDS Dunstable, MA

Are you a Dunstable resident that is experiencing financial hardship? We may be able to help. A century ago, various residents of Dunstable willed funds to the town to help those in need. Dunstable's Commissioners of Trust Funds are responsible for disbursing funds from the interest on these accounts each year. If you, or someone you know, is a resident of Dunstable and could use some one-time help with medical, pharmacy, grocery, or fuel bills, let us know.

Requests can be submitted to the Commissioners of Trust Funds at www.dunstable-ma.gov/user/53/contact. All inquiries are confidential.

DUNSTABLE BOARD OF HEALTH FLU CLINIC

The Dunstable Board of Health will hold a **Flu Clinic** on **Saturday, October 17th from 10:00am - 2:00pm at the Swallow Union School, Main Street, Dunstable, MA.** The Nashoba Associated Boards of Health will be administering the flu shots. The first half of clinic (10:00-12:00) is designated especially for seniors and the 2nd half of clinic (12:00-2:00) is open to the public of all ages 6 months & up.

HOUSEHOLD HAZARDOUS WASTE DAY is Saturday, October 31st,

9 AM to 1 PM. Please refer to the green sheet, which is the back page of this issue, for location and more details.

Items can be From the Workbench, From the Garage, From the House, From the Yard. Tires and Propane Tanks you must pay a fee (cash only). Items not to bring are also listed. Latex Paint is non-hazardous and should be dried out in the can and put in your trash. Alkaline Batteries can also be put in your trash. Please read the note on how to safely transport your Hazardous Waste. If you have any further questions please contact the Board of Health at 978-649-4514 Ext.229 or email Jferrari@dunstable-ma.gov Remember this is for Residential Waste only.



- Saturday, October 31st **Halloween - Please watch for Town Hall announcement for Trick or Treat decision/info.** Also on Sat. Oct 31st Remember "Fall Back" turn clocks back 1 hour at bedtime & check smoke detectors/change batteries
- Sunday, November 1st **Daylight Saving Time Begins**
- Wednesday, November 11th **Veterans Day**

THE DUNSTABLE CULTURAL COUNCIL

is now accepting grant applications for FY2021 as of October 1st, 2020. **November 16th is the deadline for organizations and individuals to apply for grants.** The Dunstable Cultural Council receives money each year from the Massachusetts Cultural Council (MCC) a state agency. These grants can be used to support a variety of artistic and cultural projects that benefit citizens in Dunstable – including concerts, exhibits, festivals, performances in schools, cultural workshops and lectures.

This year, the Online Grant application process will be available. Links to this can be found on the Dunstable Cultural Council website, which is on the town Website. There is a link to the Mass Cultural Council site where you can find more information about the new online applications. <http://www.mass-culture.org/dunstable>

If you have any questions, please contact Leslie Novak, at novakc@charter.net

MEDICARE OPEN ENROLLMENT BEGINS OCTOBER 15!

This year, Medicare plans have historically low premiums – dropping an average of 34% over the last 3 years, and in some states up to 60%! Starting October 1, you'll be able to take a sneak peek at plans available in your area.

If you're among the 1 in 3 people with Medicare who has diabetes, here's some more good news: many participating drug plans will offer a 30-day supply of insulin for \$35 or less starting January 2021.

Neighbor to Neighbor

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64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

E-mail: anne@neighbortoneighbornewsletter.com

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Total Circulation is now 6,481 which includes Dunstable and Tyngsborough.

2020 FLU CLINIC SCHEDULE

The Nashoba Associated Boards of Health, in partnership with your local board of health, will be providing flu clinics throughout the district in October. **WHO:** Nashoba district residents may attend ANY of our clinics. Visit our website for the complete a listing of clinics. ALL ages, including infants (6 months old & up) through seniors, refer to our website for specific age restrictions. **WHAT:** Annual Seasonal Influenza Vaccine (quadrivalent, preservative free available) (There will be High Dose Vaccine available for seniors 65 and older) * **Please bring your insurance cards to the clinic.**

October 17, Saturday, Dunstable, Swallow Union School, 10 AM – 12 PM, 12 PM – 2 PM, 60+ All ages, 522 Main Street

October 19, Monday, Ayer, Ayer High School, 2 PM – 4 PM, 4 PM – 6 PM, 60+ All ages, 141 Washington Street

October 20, Tuesday, Groton, Senior Center, 2 PM – 4 PM, 4 PM – 6 PM, 60+ All ages, 163 West Main Street

October 21, Wednesday, Pepperell, Senior Center, 2 PM – 4 PM, 4 PM – 6 PM, 60+ All ages, 37 Nashua Road

October 22, Thursday, Bolton, Nashoba Regional High School Cafeteria, 2 PM – 4 PM, 4 PM – 6 PM, 60+ All ages, 12 Green Road

October 26, Monday, Ashby, Maja Hall, 2 PM – 4 PM, 4 PM – 6 PM, 60+ All ages, 47 Erickson Road

October 29, Thursday, Townsend, Townsend Meeting Hall, 2 PM – 4 PM, 4 PM – 6 PM, 60+ All ages, 12 Dudley Road

Answers to FAQs: We will provide only inactivated, injectable influenza vaccine (no nasal/live vaccines) All influenza vaccines are quadrivalent (protect against 4 strains of influenza). We will offer High Dose flu vaccine for seniors aged 65 years and older. We can vaccinate ALL ages starting at 6 months old, adults, & seniors. We only provide influenza vaccine at the clinics. We expect attendees to respect all social distancing & mask wearing as per the Governor's orders. We expect people will NOT come to clinic if they are sick with ANY signs of illness.

VOTE DAVID TARR FOR SELECTMAN

My name is Dr. David Tarr and I'm hoping you'll permit me to serve you as selectman. As a father of two boys and two grandchildren, I have always felt that growing a family in a safe, productive, healthy, and education oriented community is critical.

In my past: I testified before the U.S. Congress on higher education; volunteered as a clown for the Shriners; been a member of the Rotary; Cub Scouts; coached soccer; t-ball and other sports. Since living in Dunstable, I've been on the Dunstable Fire Department for 10+ years and responded to hundreds of calls and extensive training. I've taken pleasure in my focus on the elderly. I've been dedicated to the needs of the community by responding to endless CPR, overdose, medical, car accidents and fire calls at all hours of the day.

We have a great police and fire department. To maintain the reputation of our town, we need to defend the police, upgrade our public services and continue with excellence in our schools. The citizens should have more say and government committed to serving their needs. Any proposal for tax override should be by individual entities (police, fire, public works, school) rather than one large request. Keeping Dunstable a great place to live and raise a family is obligatory. I view my position on the Board as being a servant to your needs and requests, to help you in your choice to live here and to feel proud of Dunstable.

Paid for by the Candidate



Tyler's Timely Technical Tips

Whether using a furnace or boiler to heat a home, it's crucial to understand its efficiency. AFUE, or Annual Fuel Utilization Efficiency measures the percentage of heat produced for every volume of fuel consumed per year.

For example; furnaces with AFUE rating of 80 can convert 80% of its energy into usable heating purposes, while the remaining 20% is lost via exhaust. The higher the number, the better the percentage of fuel the system converts into heat.

However, efficiency is not the same as cost. Different fuels can be combusted at different rates. Electricity, with an AFUE rating of 100, is one of the most expensive to use. Also, the more efficient a system is, the higher its initial cost is likely to be.

With expert guidance from professional heating contractors, homeowners can be assured heating systems are properly sized, energy efficient, Energy Star-labeled, and best suited to meet long-term goals.

Got a question? Drop me a note!

tyler.d@denomme Plumbing.com

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DUNSTABLE SENIORS

Program Coordinator Susan Tully 978-649-6750
or Email at sjt0213@verizon.net

Dunstable Seniorswe are a peer group for those over 60.

DUNSTABLE COUNCIL ON AGING

DIRECTOR OF THE COUNCIL ON AGING

Anne Fenochetti Email: afenochetti@dunstable-ma.gov
978-649-4514 ext. 223 Hours: Tuesday 8am to 12:30pm

DUNSTABLE COUNCIL ON AGING Barbara Martin, chairman; Mary Dow, secretary; Donald Pottle, James McManus, Joan Simons.

The Mission of the Dunstable Council on Aging is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs. Feel free to give us your ideas.

Nashoba Nursing Service and Hospice: For information on home health, nursing availability, or hospice - call 1-800-698-3307.

*** There will be **NO MEETINGS** at the Dunstable Library ***
till further notice

Senior Services

Happy Birthday to all who are celebrating this month!

•**Bone Builders Program** A balance and strength training exercise program can be viewed thru a video on you tube provided by the Tyngsboro Senior Center. Jean Jacoppi will lead the class. Search Crystal Lake Rv Bone Builders

•**Well Adult Clinic** Contact Nashoba Board of Health for updates & schedules at 978-772-3335 ext.340 www.nashoba.org **Flu Clinic** will be held Sat. October 17 at the Swallow Union School. Seniors are asked to come between 10-noon. Insurance forms are available to be made out ahead of time. Just let us know if you need one.

•**Book Delivery** is available through the Dunstable Library on Thursdays. Just let Anne know if you or someone you know needs books or audio material. Call 978-649-7830.

•**Van Service** is available for medical appointments and grocery shopping. Cost is \$5.00 for local trips, Lowell, Chelmsford, Nashua, Tyngsboro, Westford, Ayer, Groton & Pepperell. \$10.00 for any other. Check with Anne Fenochetti as soon as you know when your appointment is to make sure a ride is available.

•**Book Group** Next book group meeting **Sat. Oct. 17** at 10:30a.m. at the Dunstable band stand. We are going to read The Recipe Box by Viola Shipman. Summary: Growing up in northern Michigan, Samantha "Sam" Mullins felt trapped on her family's orchard and pie shop, so she left with dreams of making her own mark in the world. But life as an overworked, undervalued sous chef at a reality star's New York bakery is not what Sam dreamed. When the chef embarrasses Sam, she quits and returns home. Unemployed, single, and defeated, she spends a summer working on her family's orchard cooking and baking alongside the women in her life--including her mother, Deana, and grandmother, Willo. One beloved, flour-flecked, ink-smeared recipe at a time, Sam begins to learn about and understand the women in her life, her family's history, and her passion for food through their treasured recipe box. Everyone will have to find their own copy.

•**Meals on Wheels** Do you or someone you know need the services of Meals on Wheels? This service is now being merged with Tyngsboro's MOW. For information contact Merrimack Valley Elder Services at 1-800-892-0890.

•**Senior Meal Delivery** We have been fortunate to have had Alana Acquaviva and her catering company, Dinner Made Simple providing 2 delicious meals to many of our seniors on Wednesdays. This service will continue through October. **MUST** be home every Wednesday between 11:00 – noon for delivery.

•**Durable Medical Equipment** Try us FREE before you buy. Check out the COA's inventory. We have a variety of good, gently used walkers, wheelchairs, transport chairs, canes, commodes and much more that people have generously donated. These are on loan and need to be returned when not in use. PLEASE call first before you drop off items. Accepted items should be brought to the Town Hall only.



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**HEALTH CARE AGENTS AND
 ANTIPSYCHOTIC MEDICATIONS**

By Edward H. Adamsky

The Massachusetts courts have a procedure to deal with people with mental health issues for whom the medical professionals would like to prescribe anti-psychotic medications. Based on the 1983 case of *Rogers v. Commissioner of Department of Mental Health*, the system provides for a Guardianship proceeding. The Court may appoint a person with authority to consent to extraordinary medical procedures such as anti-psychotic medications to treat the mental health issues. The so-called Rogers proceeding uses the "substituted judgment" standard and requires yearly reviews at a minimum.

Massachusetts also has a Health Care Proxy law that allows a person (while competent) to appoint a person who will have authority to make medical decisions for them when they are no longer competent. The two systems were in conflict for many years as it was not clear if you needed a Rogers proceeding if there was an appointed Health Care Agent who could make those decisions. The Massachusetts Chapter of the National Academy of Elder Law Attorneys sought an answer in 1997 and received a letter from the Attorney General of Massachusetts who stated that Health Care Agents can consent to treatment without a Rogers proceeding. Some confusion still existed though, as civil commitment proceedings took place in District Court while Rogers Guardianship proceedings took place in Probate Court. The Probate Court often went through a careful analysis of the patient's condition and the need for medications. The District Courts could order a civil commitment to a state hospital or other locked facility, along with administration of anti-psychotic medications, if it determined that a person was a danger to self or others.

The question still remained whether or not the Health Care Agent could make the medication decisions even if there was a civil commitment. In a recent case, the District Court determined a person required commitment to the hospital and ordered the administration of anti-psychotic medications. The person had a valid Health Care Proxy and the named Agent argued in Court that the Health Care Proxy superseded the commitment proceeding. This case went to a higher court level where the Appeals Court ruled that the civil commitment by the District Court was a valid exercise of the Court's power, but that the Health Care Proxy was superior to the Court's order of administration of medications. Thus, the Agent under the Health Care Proxy was the person who would make the final decision on medications and not the Court.

The Massachusetts Health Care Proxy statute protects the right of a patient to autonomy with regard to the administration of antipsychotic medication even after the patient has lost the capacity to make personal decisions. By executing a health care proxy, an individual can determine in advance that a competent person of the individual's choice, rather than a judge or Court, will make such a decision on the individual's behalf.

FACE COVERING MANDATORY

Effective May 6th, everyone is required to wear a face covering, whether indoors or outdoors, in any situation where you cannot maintain 6 foot spacing. Exceptions for children under 2, and people who are unable to wear a mask due to a medical condition.

To read all the details about this, visit www.mass.gov and search "face masks" for exact wording on this.

DUNSTABLE

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David W. Crandall
 PRESIDENT

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For more library information go to

www.dunstable-ma.gov click on library

Mary Beth Pallis – Director – mpallis@mvlc.org

Karen Debrececi – Children's Librarian – kdebrececi@mvlc.org

Like us on FACEBOOK to receive program updates!

www.facebook.com/pages/Dunstable-Public-Library/219991908117595

*The Library is open for curbside pickup on Tuesday 3-8pm,
Wednesday and Thursday 10-3pm.*

NEW: We are open for Curbside Service Saturdays 10am-2pm.

Search the MVLC catalog at www.mvlc.org. You can select Dunstable from the list of libraries. Or go directly to the Dunstable catalog at https://mvlc.ent.sirsi.net/client/en_US/dunstable to search. You are now able to put books on hold through the MVLC catalog or you can request by phone or email. Call 978-649-7830 or email at dunstablerequest@dunstablepl.org to tell us what you want to borrow. **It would be helpful if you had your library card number so we can check it out to you.**

When you receive the email that your material is ready, please email or call the library to let us know when you want to pick it up so that we have your books outside on a table waiting for you. **You can return books to us any time by dropping them in our Book Dropoff in front of the library.**

Safety first: We quarantine all returned books for a week and sanitize covers and hard surfaces to make sure the items are safe to circulate again. Don't worry about overdue fines which may pop up on your MVLC accounts. We will clear these in time.

Every Tuesday at 6:00pm, Mrs. D. will read a chapter book out loud for school aged children. The new chapter book is "The One and Only Bob" by Katharine Applegate

Every other week, we will have a craft bag pick up at the curbside table. The following Wednesday, Mrs. D. will be doing facebook live story and craft times with the children every other Wednesday at 11:00am on the DPL facebook live. The children can pick up the craft bags on 10/7 and 10/8 and the craft will take place on 10/14 and then the craft bags will go out on 10/21 and 10/22 and the craft will be on 10/28.

Check project descriptions on the facebook page.

Virtual Story Time is on Facebook Live on Thursdays at 1030am. Mrs. D. will host this always popular event. Go to **Dunstable-Public-Library on Facebook** to join in.

Summer Reading Program was wonderful! Despite being very different this year, many children read and all received a free book and a kiddie cone from GOSS FARM! Thanks again to Goss farms for their generous donation!

What is New? We are posting on FaceBook the titles and authors of new books and DVDs we are now receiving and cataloging.

For all updates on these programs and library news, go to **Dunstable-Public-Library on FaceBook**. Stay safe and enjoy.

TOWN OF DUNSTABLE TRASH AND RECYCLING PICKUP PROGRAM

*To all who subscribe to this, your yearly subscription with the Town of Dunstable expired on June 30, 2020. **Three renewal options are available.** You can mail a \$300.00 check made payable to the Town of Dunstable to P.O. Box 268, Dunstable, MA 01827, or you can drop off a check or cash at the Town Hall Monday-Friday 9:00-4:00p.m. in the mail slot in the door. You may also pay on line, on the town webpage www.dunstable-ma.gov and choose on line payments.*

*New subscribers can pay on line but will have to come to the Town Hall to pick up their containers. We also sell overflow bags for those times you may have extra trash that will not fit into the trash container. The cost is \$3.00 each sold in rolls of 5 for \$15.00. Those can be purchased on line. **You will be contacted to make arrangements for pick up of containers or overflow bags at Town Hall.***

- Take advantage of the best time of year to plant a lawn. Call for a quote.
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or email her at pastorgaetasov@gmail.com

Shepherd of the Valley Lutheran will continue to meet remotely until it is deemed safe to meet at our building space in Ayer, MA.

Please join in our service via online ZOOM. Sunday worship at 10am and Wednesday prayer service at 7pm. If you visit our Facebook page or website you will be able to see how you can join in on our service. We hope to 'see' you there!

A retreat was recently held during which the congregation gathered to share thoughts and ideas on plans for the coming year. We hope to have more info soon.

DUNSTABLE VETERAN SERVICES OFFICE

October is already here and winter is right around the corner. Of course with the cold comes added fuel cost and this winter is setting up to be a very cold and snowy one. If you need financial assistance for your fuel, please contact the Town Hall. They can help you.

For your VA information on almost everything please go to va.gov. I use that website all of the time and find it very beneficial for all kinds of benefits for Veterans and their families.

As always if you know of any veteran, widow or family member in need of assistance of any kind, even if it is just information, please send me an email at VSO@Dunstable-ma.gov. I am here to help you.

Joe Dean (Former USMC Sgt., Retired USAF Capt.)
Dunstable Veteran Services Officer
Proudly serving those who have served.

FALL HUNTING SEASON

The town does have an ordinance that requires the hunter to obtain landowner permission to hunt.

• This ordinance does not apply to the Wildlife Management Areas that are owned by the Commonwealth of Massachusetts.

For a detailed chart of the season go to <https://www.mass.gov/doc2020-hunting-season-summary/download>

MA Hunting Seasons – <https://www.mass.gov/doc/2020-hunting-season-summary/download>

MA Migratory bird Seasons – <https://www.mass.gov/doc/2020-2021-migratory-game-bird-regulations/download>

MA Wildlands Viewer – <https://mass-eoeea.maps.arcgis.com/apps/webappviewer/index.html?id=3a7c475cb6d54578ba8c7149d885ad30>

Whether you are in favor of hunting or not, you should be aware that it has begun and take precautions. Check out the Wildlands Viewer to see if you live near or if you walk or hike in those areas, and avoid them. For your safety, you should also wear bright colors, orange or yellow so you are visible.

DUNSTABLE TOWN HALL DIRECTORY

Town Hall (978) 649-4514. The departmental extensions are as follows:

221 Town Accountant **222** Town Clerk **223** Council on Aging
224 Selectmen (handles many depts.) Also for Animal Control Officer. After hours call Police at 978-649-8891. If emergency call 911

226 Building Inspector **227** Road Commission

228 Tax Collector/Treasurer **229** Board of Health

230 Conservation/Planning Board **249** Assessors, Water Dept
Please dial 0 if you need assistance.

Veteran's Officer 978-649-3919

POLICE NON-EMERGENCY 978-649-7445 **POLICE & EMT** 911

FIRE DEPT. TELEPHONE NUMBERS TO REPORT A FIRE CALL 911

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Visit www.dunstable-ma.gov for contact info, news & updates



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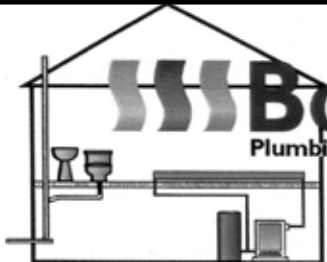
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**DEB
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Deb Lloyd Busser grew up in the 1st Middlesex District, raised her family in Dunstable for over 17 years, and cares deeply about our towns.

Our district deserves a **proactive, visible, and responsive** State Representative who will propose meaningful legislation, secure crucial funding and be accessible to constituents.

As State Representative, Deb Busser will work to:

- **Ensure full funding of state mandates for our schools**
- **Improve infrastructure and public transportation**
- **Combat climate change and protect the environment**
- **Close the gaps in our healthcare system**
- **Secure much-needed funding for our towns**



Vote for DEB BUSSE for State Representative
by mail or in person by **November 3rd**

Paid for by the Busser Committee

Thank You Dunstable!

As Dunstable residents and supporters of **Deb Busser's Campaign for State Representative**, we would like to thank so many of you for your tremendous show of support for Deb on Primary Day, September 1st. Deb lived in Dunstable for 17 years, and we believe with her knowledge, community involvement, education, and experience, Deb will be a great advocate for us on Beacon Hill. **As we approach Election Day, November 3rd, we encourage our fellow residents of this great community to join us in supporting Deb Busser as our next State Representative for the 1st Middlesex District.**

Dennis & Jackie Maguire
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Brian & Linda Cutler
Ian, Olivia & Connor Maguire
Jeff & Susan Fayne
Jim & Jackie Frey
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Pastors George Ruwisch and Rev. Bryan Stecker

The church is open for Services. Masks required.

Please go to the website to watch our reopening video for instructions prior to selecting your seats.

Online Videos: Weekly on-line 9:30 am Sunday Live stream Services, Morning Minutes of Grace, Evening Prayers, Afternoon Bible Study & Grace Kids. Visit our channel

GraceLutheran.TV on (youtube.com)

DRIVE-UP FOOD PANTRY AVAILABLE

We have a free, drive-up, food pantry for any of our neighbors who may be in need of food during this difficult time. It is our sincere prayer that we can be a blessing to our community as we get through this pandemic together.

We do require that you make an appointment by calling the church at 603-888-7579 and ask for our Secretary, Dianna, who manages the schedule. We do have to space out our client visits. If you do not need help but know someone who does, please pass on this information. *The church is located between World Academy and the Fire Station at 130 Spit Brook Rd., Nashua, NH.*

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All Dunstable families are invited to visit the Pantry and receive nutritious food and personal care products. There are no income requirements – only a proof of residency (a utility bill or a rental receipt, for example, with your name, current address and date) is required. **Open** Second Tuesday of each month from 6p.m.- 8p.m. • Every Wednesday and Friday from 9:45 a.m.-12:30 p.m. • First & third Saturday of every month from 9a.m.-11a.m. To learn more about what to expect when you visit the Pantry for groceries, take a virtual tour at <https://loavesfishespantry.org/need-services/> or call us at (978)772-4627 x312.

If you are interested in volunteering please email us at volunteer@loavesfishespantry.org or call us at (978)772-4627 x317. The gift of food and personal care items as well as monetary support is always welcome. <https://loavesfishespantry.org/donate-now>
Virtual Annual Meeting Learn how, **Together We Are Making A Difference!** Tuesday, Oct. 20, 2020 at 6:30pm R.S.V.P. to: <https://loavesfishespantry.org/2020-annual-meeting/>

Please send in your news and updates for the
November issue now.

Need details about advertising your business?

Contact anne@NeighborToNeighborNewsletter.com or
Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827.

You may leave a message at **978-419-1914.**

Tyngsborough printed issues circulation is 5211 and
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- Autism/Aspergers Events • Down Syndrome/Intellectual Events
- Family Mental Health & Behavioral Events
- Financial & Legal events • Learning Disability/ADHD Events
- Recreation for Special Needs

Transition-to-Adult events include: Thinking About Housing, The
Dating Game for ASD Young Adults, and a Workplace Prep
Program for Young Adults with Down Syndrome.

PACH PEPPERELL FOOD PANTRY

66 Hollis St. Pepperell Tues 5-7pm, Thurs 2-4pm & 5-7pm. PACH
provides food, paper goods and personal care items to residents in
need of assistance. If interested in this service, or you want to help
by making a donation of food or supplies, call 978-925-9770 or visit
their web site at www.pachoutreach.org. Please contact them first
before dropping anything off.

You may bring donations to West Auto Repair. There is a blue
plastic tote outside the office door for donations. Donations
will be brought inside until they are delivered to the Pepperell
food pantry on Tuesday and Thursday.

THE DUNSTABLE BOARD OF HEALTH AND THE NASHOBA BOARD OF HEALTH NURSING SERVICE

Well Adult Clinics In response to the Governor's guidance,
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GROTON FOOD PROJECT

Groton Food Project volunteers collect groceries bi-monthly from their neighbors and deliver them to Loaves and Fishes Food Pantry in Devens. For financial donations <https://loavesfishespantry.org/donate-now/>.

Many families are facing food insecurity for the first time. Groton and Dunstable are member towns served by Loaves and Fishes. Sometimes we can give a hand and sometimes we need a hand. Please reach out to <https://loavesfishespantry.org/need-help/> for food assistance.

Please join our growing network of neighborhood volunteers – it is fun & rewarding for the whole family! For more information go to: <https://grotonfoodproject.com/> and visit us on Facebook: <https://www.facebook.com/GrotonFoodProject/>

TYNGSBOROUGH/DUNSTABLE ROTARY CLUB

Rotary  Rotary Motto *Service Above Self*

The Rotary Club of Tyngsboro/Dunstable Rotary Club has been serving the Tyngsborough and Dunstable areas for 41 years.

Rotary is a global network of community volunteers. Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs.

Rotary builds international understanding through scholarships, exchange programs, and humanitarian grants. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

If you are interested in membership, please call Bob Guernsey at (508)380-4351 or Ron Keohane at (508)517-3895.

Want to join a meeting?

Currently we are meeting every Thursday at noon.

Local Rotary Events

- Fishing Day for Individuals with Disabilities of all Ages – Tyngsboro Sportsmen Club
- Senior meals for the Tyngsboro and Dunstable Councils on Aging
- Many other local service events

CALLING POLICE FOR EMERGENCY HELP

If you are calling from your cell phone in Dunstable, call 978-649-7445 (the station) or 978-448-5555 (DISPATCH).

Hi Neighbors!

Be sure to keep those germs away with Lysol wipes and Nestle Pure Life water!

If you haven't **downloaded the new Box Top for Education app** yet, you'll be pleasantly surprised how truly easy it is. You just scan your receipt and the app does all the work for you! This is a direct, simple way to help Swallow Union and we really appreciate all your continued efforts. We hope to remain at the top.

While traditional Box Tops are being phased out of production, **YOU CAN STILL CLIP AND TURN IN BOX TOPS!** You'll continue to find them on many products throughout the store for the next few years, including Hefty, Green Giant, Reynolds, Scott, Ziploc, Kleenex, and Finish (look for old logo). Thanks again for your support! *Chrissy McLane* (mclane.chrissy@gmail.com) & *Amy Wilson* (amywilson825@gmail.com) Box Tops for Education co-chairs for Swallow Union Elementary School swallowunionapt.org aptswallowunion@gmail.com facebook.com/APTSwallowUnion



THE FRIENDS OF THE TYNGSBORO ELDERLY, INC.

The Friends of the Tyngsboro Elderly, Inc. would like to thank members who have renewed membership or recently joined the Friends. The mission of the Friends of the Tyngsboro Elderly, Inc. is to provide additional funds to the Council on Aging to help maintain the center facility as well as supplement funds for activities throughout the year.

Each year, the Friends of the Tyngsboro Elderly, Inc. raise funds through activities. This year the Board will decide on activities that fit the Phase we are in through Governor Baker's mandate.

If you are in need of any assistance during this pandemic or wish to be mailed a membership form, please feel free to call President, Joe Jacoppi 978-649-9076. Other officers include: Clerk, Elaine Rivard, Treasurer, Carol Sides, Board Members, Leon Poirier, Elaine Franks, Joanne Jean and Mary Basiliere.

THE STITCHERS

The Stitchers of the Tyngsboro Senior Center meet once a week to get supplies and patterns for the upcoming projects. Through efforts of the Stitchers we were able to provide a wide range of knitwear to agencies in the area. The Pregnancy Care Center of Lowell was the recipient of baby blankets, hats and mitties. Hospice in Merrimack, NH, a distribution center, was the recipient of lap robes, afghans, shawls, hats and scarfs.

We welcome all who wish to join us or just pick up materials and projects to stitch at home. Our volunteers will provide instruction for anyone wishing to learn stitching. For further information, please call Jean Jacoppi, Coordinator, at 978-649-9076.

You do not need to be a Tyngsboro resident to take part.

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Pastor Bobby Ross pastorbobby@dunstablechurch.org

DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."

UPDATE - REOPENING FOR IN-PERSON WORSHIP

We now meet in person for worship at our usual 10:30am worship time. Here are a few things you need to know:

Please RSVP at your earliest convenience so we can have as much time as possible to plan. We expect to have kinks that need to be worked out so the more time the better. In fact, if you're planning to attend, please take a break from reading this, go to the website and scroll down the front page to see the sign up section right now, read the info, and sign up! **You will need to sign up on the website each week so the space can adequately planned.**

Finally, for those of you who are taking part in the Mark study on Sunday mornings, we will have a set-up in the fellowship hall which will allow you to join the class together with those who are remaining home on Zoom. Let Peggy Drew or Rodrigo Cardoso know if you plan on attending the class in person at the church before worship.

If you have any clarifying questions, please don't hesitate to ask! This is uncharted territory for us all so don't be alarmed if it seems a bit overwhelming. Many churches have successfully gone before us with very similar formats and things have gone well, Praise God!

At this point, we are still unable to provide childcare. However, families with young kids are welcome to attend. Hearing some baby cries and child sounds may be music to some over quarantined ears! Make the choice that best suits your family. Sign up.

Finally, let's remember 3 things: Everyone is approaching this strange season of life differently based on their life circumstances. Any who desire to worship in person are more than welcome (as space allows!). Any who desire to remain at home and worship with us via live stream, are more than welcome. Let's be gracious, patient, and loving towards each other.

Also, try to let go of what you believe to be the ideal worship experience in this season. In these unique days, whether we meet on a stream, or in person, there will be a sense of loss as neither option will be like "the way things used to be."

However, if we focus our eyes on Jesus, the author and perfecter of our faith, who loves us and gave his life for us, and who lives eternally, we can gather faithfully in worship, BEING The Church. **Head over to our website (www.dunstablechurch.org) for more details and to learn how to sign up!** In-person, on Zoom, or a combination.

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Explore the community. Decipher clues. Support local businesses. Discover something new! Join us for a day of fun for all ages with a self-guided, driving tour, and community scavenger hunt. Gather your family and make your team! Start outside at GCS, 14 Main Street, Groton, collect tour materials, shop local vendors and buy tickets to take a chance on amazing prizes and then your adventure begins! Teams will decipher clues leading them to 20+ mystery destinations to collect kite stamps in their event guide book. Some locations may offer an outdoor activity or your team may be challenged to complete a task. **Community Tour attendees are encouraged to order tickets in advance online. Tickets on sale now at grotoncommunitytour.com.** Group tickets (\$50 per vehicle) will be waiting for you at the school on the day of the tour. All proceeds benefit our non-profit, early childhood center, which supports the growth and development of young children. Participants required to wear masks and must adhere to social-distancing mandates abiding by event markers separating parties. **Hours 10:00-4:00 with staggered start times and locations to allow space between groups.**

Evangelical Congregational Church of Tyngsboro
 Est. 1868

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For questions or more information, please call our office 978-649-2262
 Pastor Denis Frediani 1-603-579-0904
www.tyngsborocongregational.org
 E-mail ecctsect@yahoo.com

• **Church Services are now open to the public at 10:00 a.m. Sunday mornings.** Masks are required, distancing being followed. We will implement and honor all suggested safeguards.

If you prefer to stay home, Sermons are still available on line.
 • **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: 1. Log onto the church website <http://www.tyngsborocongregational.org>
 2. Click once on the word "SERMONS" 3. Sermons listed by date, passage, sermon title Click on date to listen to the sermon.

**MASKS REQUIRED AT ALL CHURCH ACTIVITIES
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- **EXECUTIVE BOARDS** are meeting again.
- **SUNDAY SCHOOL** - Classes have started as of September 20th. Elementary students should be dropped off at the lower level entrance by 9:30 a.m. Teens will be dismissed for their class during the 10:00 am church service
- **LADIES BIBLE STUDY** - Tuesday mornings - 9:30 am to 11:30 am Studying the Book of Psalms. There are still openings if you would like to attend.

We are attempting to make decisions adhering to CDC restrictions and safety measures for all upcoming activities.

PLEASE PARK BEHIND THE CHURCH

THRIFT STORE - OPEN for INDOOR and OUTDOOR SALES
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Tara M. Sacramone, DVM



Lipomas are benign tumors made up of fat cells. They are extremely common in dogs, especially older female dogs, but are very rare in cats. They start off as small masses under the skin and grow slowly over time. They are soft, often oval-shaped and usually freely moveable. They can occur anywhere on the body, and most likely if your dog gets one, s/he will get others.

Lipomas are a benign form of cancer, meaning they do not spread to lymph nodes, lung or liver and tend to grow slowly over time. They can, however, bother your dog, either because of location, or because they grow too large. There are two other tumors that arise from fat; infiltrative lipoma, and liposarcoma. These are much less common, but are more aggressive cancers. They tend to be more firm, grow more quickly, and are not freely moveable.

Lipomas are diagnosed based on appearance, palpation, and sometimes fine needle aspirate (FNA). FNA involves inserting a needle into the mass and aspirating out some of the cells, which are then spread on a microscope slide. The material aspirated from a lipoma looks like clear droplets that do not dry. All lipomas float in water when removed from the body, so it is not usually necessary to submit them for histopathology. Submission to a lab is, however, the only way to definitively determine the nature of the tumor.

If your dog has one or more lipomas, you have two options. You can leave it on the dog and monitor for changes, or remove it surgically, which involves general anesthesia. Sometimes the best choice is to leave them alone, as some of you with very lumpy, bumpy dogs can understand. I generally advise leaving them alone, unless one of the following applies: 1. The lump grows quickly (e.g. doubles in size in a month or two). 2. The mass is bothering the dog, either because it is in an annoying location, such as on the leg, or in the armpit area or it is affecting how something else functions, such as a mass near the anal area, or ear. 3. The mass changes from being moveable to being attached to underlying tissues. When they are removed surgically they have a very distinctive appearance and float in water. I recently removed some relatively small ones from a patient at Dunstable Animal Clinic. I removed them because one of them was in a very poor location and it was much easier to remove while it was still small. We actually put a picture on our Facebook page if you want to see them for yourself. Of course we think they are cool looking, but not everyone agrees.

If you suspect your dog has one or more lipomas go to your veterinarian and you can both decide which course of action is appropriate for your dog.

DOWNLOAD YOUR FREE BOOK

"LIVING WITH OUR WILD NEIGHBORS"

I wanted to pass on this information to you. The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z. Since we have so many animals that we share our yards with, I thought it might be helpful to you.

<https://www.animalsheltering.org/page/wild-neighbors-book>

THE WISH PROJECT
166 Middlesex St.
North Chelmsford, MA 01863
This is behind Hertz Car Rental



We will continue to schedule all donations by email. Email donategoods@thewishproject.org and let Grace know what you would like to donate and a potential day and time for drop off and she will get back to you to schedule a date and time. **Please do not leave donations when we are not open.**

You can go to the Wish Project website www.TheWishProject.org to make a donation or to shop for the items on the Amazon Emergency Assistance Wish List. There is also The Wish Project's Covid-19 Relief Fund.

WISH LIST: Play mats, Baby Wash, Baby Wipes, Safety Gates, Baby Bottles, Size 5 & 6 Diapers Convertible Car Seats (less than 5 years old), Child Safety Door Knob Covers, Infant Safety Cabinet Latches, Adj Metal Bed Frames, Pack n Play Sheets, New girls infant bath towels, Laundry Soap Disinfecting Cleaners, Cookie Sheets, Large Pots and Pans, Small Kitchen Tables, Fall Clothing all sizes
New School Supplies, Single Subject Notebooks Copy Paper, New Headphones with Microphone, Computer Mouse

This year, what is turning out to be our clients' greatest back to school need, is **headphones with microphone** so they can participate in class and try and block out the sounds around them. Just this week we had a request from a mom of 5 children for headphones to help with their remote learning. We've had over 100 requests for headphones with microphone so far. If you have any new headphones with microphone to spare and can deliver them to the warehouse we would be very grateful for them. Please email donategoods@thewishproject.org and Grace will get back to you Tuesday-Saturday 9-3pm to schedule a day and time for drop off. If you prefer to shop online and ship direct to us we have an Amazon wish list with headphones on it **Amazon Wish list for Headphones**. Thank you for helping us navigate the needs of remote learning for so many parents and children this year. We couldn't do it without you.

This year our Magic of Christmas program is especially important. Many more families have found themselves in need, due to the current situations. These families, in addition to the many other families that we regularly support, will be turning to The Wish Project to ensure that their children are still able to wake up on Christmas morning to a surprise under their tree. We would not be able to do this without our many generous donors. Go to our website for more information on this.

About Us The Mission of The Wish Project is to help families in need in Merrimack Valley. www.TheWishProject.org or call us at (866) 947-4360. Mailing address is: The Wish Project, PO Box 8693, Lowell, MA 01853

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Please check out our website www.wcumc.us for updates and general information. You can connect with us at 9:30 Sunday mornings going forward.

If you want to be on the church email list, **for an invite to Worship**, you can send your email addressed to the Administrative Assistant Roberta Stratton at office@wcumc.us.

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Tyngsborough

If you have any news for the November issue,
please send in your information.

www.neighbortoneighbornewsletter.com

Contact anne@NeighborToNeighborNewsletter.com or
Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827.
You may leave a message for me at 978-419-1914.

CHELMSFORD CATHOLIC COLLABORATIVE

Home to both St. Mary and St. John the Evangelist Parish Families
(978) 251-8571 (978) 256-2374 www.chelmsfordcatholic.org

Pastor: Rev. Brian E. Mahoney

Parochial Vicar: Rev. Corey Bassett-Tirrell

Staff Offices: 115 Middlesex Street, North Chelmsford

Office Hours: Mon, Tue, Thur: 9 am – 5 pm; Wed: 9:30 am – 5 pm;
Friday: 9 am – 3 pm; Sunday: 8 am – 12 noon

Our **LIVESTREAM** and **OPEN CHURCH** schedule has
changed profoundly. Please go to our website
WWW.CHELMSFORDCATHOLIC.ORG

- Daily and Weekend Masses are LIVESTREAMED
 - Saturday, 4 pm and Sunday, 11 am at St. Mary
 - Sunday, 8:30 am at St. John the Evangelist Church
- AGAIN, WE ARE LIVESTREAMING MANY DEVOTIONS

• **Confessions now held indoors**

• Mondays at St. John from 4:00-5:00pm

• Wednesdays at St. Mary from 4:30-5:30pm

Park in rear parking lot, wear mask, enter through front entrance

CHURCHES ARE OPEN WITH RESTRICTIONS

WEEKEND MASS SCHEDULE

St. Mary: 4 pm on Saturday/ 7 am and 11 am on Sunday

St. John: 4 pm on Saturday/ 9:30 am and 6 pm on Sunday

RESERVATIONS ARE ONLY OPEN FROM Monday 9 am - Thursday 3 pm for the upcoming weekend! If you have access to a

computer, please do **NOT** phone in your reservation, but rather use the link and access code provided via previous flocknotes. We highly recommend that you thoroughly read the guidelines—set forth by both Governor Baker and the Archdiocese—that need to be strictly followed for both registering for and attending Mass. (**Go to our website for details.**) Being well-versed in what is expected, you can make better make a decision as to whether or not Mass attendance at this time is right for you. **No reservations needed for Daily Mass just weekend Mass.**

Phone-In Reservations we ask only those who **DO NOT HAVE ACCESS TO THE WEBSITE** use this option. Call the parish offices between the hours of 9 am - 12 noon, Monday and Wednesday, and between the hours of 2 - 5 pm on Tuesdays and Thursdays. phones will NOT be answered outside of these times; we remain lightly staffed. Reservations will NOT be accepted via voicemail or email messages. **Don't Make Reservations Those in vulnerable populations** are highly encouraged to remain at home and join via livestream. **DISPENSATION FROM THE OBLIGATION TO ATTEND SUNDAY MASS HAS BEEN EXTENDED INDEFINITELY BY CARDINAL SEÁN.**

NEW HELP TO QUIT MENTHOL TOBACCO PRODUCTS



Smoking and vaping may put people at higher risk of complications from COVID-19, especially because they can weaken the immune system and damage the lungs. With menthol tobacco products unavailable and COVID-19 risks continuing, the Massachusetts Department of Public Health has found a new way to help people quit. The Massachusetts Smokers' Helpline is offering up to three gift cards totaling \$50 to people who use menthol tobacco products and the Helpline's free coaching services. Call the Helpline 1-800-QUIT NOW (1-800-784-8669) about the program and for free coaching and support 24 hours a day, seven days a week. Or enroll online at makesmokinghistory.org. Helping people who use menthol products quit is especially important because the tobacco industry has strategically and successfully targeted Black, Latinx and LGBTQ+ people with menthol products. As a result of aggressive marketing practices and pressures related to discrimination and daily stressors, menthol tobacco use is high in these communities.

Massachusetts residents who use menthol tobacco products who speak with the Helpline's supportive coaches can receive a \$10 gift card after completing the first coaching call, a \$15 gift card after the second and a \$25 gift card after the third coaching call. In addition, up to 8 weeks of FREE nicotine patches, gum or lozenges are also available to residents who speak with a coach (with medical eligibility). For info contact Ashley Hall at Northeast Tobacco-Free Community Partnership (978) 722-2864 or ashley.hall@gflhc.org

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TIPS FOR CHOOSING THE RIGHT NEIGHBORHOOD

Brought to you by Carrie Best Cyr

Finding a home that suits you is only part of the journey. Another big part? Choosing the right neighborhood. The number of bedrooms and square footage are certainly important when buying a home — but the community might be even more vital.

After all, it's where you'll likely exercise and socialize, where your kids will grow up and go to school and, ultimately, where you'll put down roots and build a life.

Are you ready to look for a new home? Here's how you can find the right neighborhood:

- **Know your needs.** If walkability is high on your list, make sure the neighborhood offers plenty of paths to explore. Is your commute to work a big factor? How long will it be? What are your thoughts on homeowners associations?
- **Do some research.** Take some time to look into the community. Check out school district ratings and look at nearby listings to see home values. Reach out to learn what else the community offers.
- **Check out online groups.** Pull up any neighborhood groups you can find on social media. Does the online community seem friendly? You can also search for a neighborhood newsletter or local events.
- **Take a self-guided tour.** Drive around the neighborhood at different times of day to get a feel for its character. Can you see yourself living there? If you're buying from out of town, you can hop on Google Maps and take a virtual walk.

DUNSTABLE TYNGSBOROUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need. **We are currently looking for community minded members to join, please contact membership chair Joe Ward his contact information is below.**

Officers for the 2019-2020 Lions Year

President: Mark Alexander, 1st Vice President/Membership Chair: Joseph Ward, Treasurer: Bob Reich, Secretary: Laura Ward, Tail Twister: Meghan DeMonico.

Because of COVID-19 meetings are canceled at this time.

Anyone interested in joining the lions is asked to contact Joseph Ward at 978-930-1153. Once we can meet again, we will let you know where, and when meetings will take place.

YOU CAN HELP BY DONATING THE FOLLOWING:

- **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.
- **Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- **Can tabs** please place into bags before putting in the boxes.

Lion's collection boxes for eyeglasses and hearing aids and can tabs are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Multi-Service Center at 180 Lakeview Ave, and Dunstable Town Hall, Post Office and Library.

Pennies for Sight: "Your change- changes people's lives" See a Lion cannister around please consider donating. Every Penny Counts!

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TYNGSBOROUGH & DUNSTABLE
HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY

Saturday, October 31, 2020

9:00 AM – 1:00 PM

Tyngsborough Highway Department, 87 Kendall Road (Rte. 113)

Board of Health 978-649-2300 Ext. 118 or health@tyngsboroughma.gov

<http://www.tyngsboroughma.gov/departments/inspectional-services/health/trash-and-recycling/>

Proof of Tyngsborough or Dunstable residency is required: Driver's license or current utility bill

Board of Health DUNSTABLE 978-649-4514 Ext. 229 or jferrari@dunstable-ma.gov

RESIDENTIAL WASTE ONLY

WHAT TO BRING:

From the Workbench

Oil Based Paints
Stains & Varnishes
Wood Preservatives
Paint Strippers/Thinners
Solvent Adhesives
Lighter Fluid

From the Yard

Weed Killers
Chemical Fertilizers
Flea Control Products
Poisons, Insecticides
Fungicides
Moth Balls

From the Garage

Fuels/Gasoline/Kerosene
Engine Degreaser
Brake Fluid/Carburetor Cleaner
Transmission Fluid
Car Wax, Polishes
Driveway Sealer
Antifreeze
Roofing Tar
Swimming Pool Chemicals
Motor Oil
Car Batteries
Fluorescent Lights (no ballasts)

From the House

Rubber Cement
Airplane Glue
Fiberglass Resins
Aerosol Cans
Photo Chemicals
Furniture Polish
Oven Cleaner
Toilet Cleaner
Spot Remover
Rug & Upholstery Cleaner
Hobby & Art Supplies
Floor & Metal Polish
Rechargeable and Button
Batteries

CHARGED ITEMS (CASH ONLY)

Tires:	\$2.00 per tire (no oversize tires)		
Propane Tanks:	1 lb.....\$15.00	5 lbs..... \$15.00	10 lbs.....\$15.00
<i>No oxygen or helium tanks</i>	20 lbs\$ 2.00	30 lbs.....\$ 8.00	40 lbs.....\$12.00

WHAT NOT TO BRING:

Electronics	Metal items and Appliances	Latex Paint*
Ammunition	Fireworks	Alkaline Batteries*
Asbestos material	Empty Containers/Trash	Commercial or Industrial Waste
Radioactive Waste	Smoke Detectors	Infectious & Biological Waste
Syringes	Prescription Medicines	Explosives

*non-hazardous – can be discarded in trash (latex paint needs to be dried out before discarding)

HOW CAN I SAFELY TRANSPORT HAZARDOUS WASTE

Leave materials in original containers

Tighten caps and lids

Sort and pack separately: oil paint, pesticides and household cleaners

Pack containers in sturdy upright boxes and pad with newspapers

NEVER MIX CHEMICALS

NEVER SMOKE while handling hazardous material