



# Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

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[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)

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**Issue # 396 • September 2020**

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## DUNSTABLE TOWN CLERK

Town Hall has reopened partially to the public, but it will continue to be staggered hours by departments until further notice. It is highly recommended you contact the office you want before coming in to be sure they are here to help you. Because of the vote by mail program and several election deadlines, I will not have regular office hours until late November and open by appointment only. I am in constant touch with my email and voice mail. Be well, we look forward to seeing you soon!

By the time you read this, we will be past the September primary and onto the November election. The Secretary of State's Election Division will be conducting another round of vote by mail postcards for voters who are not already in the system for absentee voting for the November 3 election. This does not mean you have to vote by mail. The polls will be open from 7:00 am – 8:00 pm and booths and pens will be sanitized after each use. There will be VERY MINIMAL Early Voting hours at the Town Hall. I'm keeping the hours short as we are overwhelmed by the vote by mail and the general administration of an election. There will be no in-person over the counter absentee voting other than Early Voting. Know before you go, check your voter registration. So many problems at the polls can be resolved beforehand. Are you registered, are you inactive, etc.?

A state law effective January 1, 2020 created a new program for automatically registering eligible voters, known as Automatic Vote Registration (AVR) and its purpose is to register voters automatically when applying for services at the RMV, MassHealth and Health Connector agencies. The agencies are required to collect and transmit the appropriate voter information to the Secretary of the Commonwealth. Under the former way when you registered to vote or change your party at the RMV, an applicant would have to check "yes" to the voter registration question and then could pick a party of political designation. AVR changes this. Instead of being asked if you want to register and having to select "yes", applicants will only see a box that allows you to opt-out of registering. Under AVR, at both the RMV and health agencies, if you do NOT opt-out, your transaction will be forwarded to the town/city clerk for processing. Under the way the AVR law was written, applicants are NOT offered the opportunity to pick a political party or designation. Additionally, the AVR law as enacted, requires the notices you receive to be bilingual in English in English and Spanish. Please check your voter status and party affiliation (if any) before you come to vote. You cannot register to vote or change your party on the annual street listing.

Any questions, email me at [Cskerrett@dunstable-ma.gov](mailto:Cskerrett@dunstable-ma.gov). I check email and voice mail daily when working remotely.  
Carol A. Skerrett, Town Clerk CMMC 978-649-4514 x222  
[Cskerrett@dunstable-ma.gov](mailto:Cskerrett@dunstable-ma.gov)

## IN MEMORY OF

Joseph Perry Raymond II  
William H. Tully  
Francis Xavier Coyle

James Joseph "Jim" Callahan  
William "Bill" A. Jones  
Frank Sitting Bear Greenhalgh Jr.

## DUNSTABLE FREE PUBLIC LIBRARY

588 Main St. 978-649-7830

For more library information go to

[www.dunstable-ma.gov](http://www.dunstable-ma.gov) click on library

Mary Beth Pallis – Director – [mpallis@mvlc.org](mailto:mpallis@mvlc.org)

Karen Debrececi – Children's Librarian – [kdebrececi@mvlc.org](mailto:kdebrececi@mvlc.org)

Like us on FACEBOOK to receive program updates!

[www.facebook.com/pages/Dunstable-Public-Library/219991908117595](https://www.facebook.com/pages/Dunstable-Public-Library/219991908117595)

**The Library is open for curbside pickup on Tuesday 3-8pm, Wednesday and Thursday 10-3pm.**

Search the MVLC catalog at [www.mvlc.org](http://www.mvlc.org). You can select Dunstable from the list of libraries. Or go directly to the Dunstable catalog at [https://mvlc.ent.sirsi.net/client/en\\_US/dunstable](https://mvlc.ent.sirsi.net/client/en_US/dunstable) and check out what we have to offer.

This second catalog will have the titles we hold at the library. Until the consortium courier service is restored, we can only lend materials that we hold in the Dunstable library. If another library has a book you want, you should contact that library directly.

**Make your request by phone or email.** Call 978-649-7830 or email at [dunstablerequest@dunstablepl.org](mailto:dunstablerequest@dunstablepl.org) and tell us what you want to borrow. **It would be helpful if you had your library card number so we can check it out to you. Also let us know when you are going to be picking up.** Then when you pull up, call 978-649-7830, so that we have your bag outside on a table waiting for you. You can return books to us by dropping them in our Book Dropoff in front of the library.

**If you are looking for the staff to make a selection for you, or inquire about something you want but can't find, please call 978-649-7830 or email at [dunstablerequest@dunstablepl.org](mailto:dunstablerequest@dunstablepl.org). We would love to help you find a good book, movie or magazine.**

**Virtual Story Time is now on Facebook Live** on Thursdays at 10:30am. Mrs. D. will host this always popular event. **NEW Chapter book reading** with Mrs. D. for **school aged children** on Tuesdays at 6:00pm. Go to **Dunstable-Public-Library on Facebook** to join in.

Also we will be **doing take home craft bags**. Dates for pick up will be announced on the DPL facebook page.

Something New? We are posting on Facebook the titles and authors of new books and DVDs we are now receiving and cataloging.

**For all updates on these programs and library news, go to Dunstable-Public-Library on Facebook. Stay safe and enjoy.**

## DUNSTABLE BOARD OF HEALTH FLU CLINIC

The Dunstable Board of Health will hold a **Flu Clinic** on **Saturday, October 17th from 10:00am - 2:00pm at the Swallow Union School, Main Street, Dunstable, MA.** The Nashoba Associated Boards of Health will be administering the flu shots. The first half of clinic (10:00-12:00) is designated especially for seniors and the 2nd half of clinic (12:00-2:00) is open to the public of all ages 6 months & up.

**CALLING POLICE FOR EMERGENCY HELP**

If you are calling from your cell phone in Dunstable, call 978-649-7445 (the station) or 978-448-5555 (DISPATCH).

**DATES TO REMEMBER**

- Sunday, September 13<sup>th</sup> Grandparents Day
- Saturday, September 19<sup>th</sup> First Day of Rosh Hashanah
- Monday, September 21<sup>st</sup> International Day of Peace
- Tuesday, September 22<sup>nd</sup> First Day of Fall
- Monday, September 28<sup>th</sup> Yom Kippur



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FOR "THE GROTON  
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OCTOBER 17, 2020**

**GROTON COMMUNITY TOUR**  
*Explore the community. Decipher clues. Support local business. Discover something new!* While the Groton Community Home Tour has been an anticipated staple for 15 years, Groton Community School will be unable to proceed with this popular fundraising event this year due to safety regulations.

However, while things may be different, the enjoyment of a safe, local outing is still possible! Enjoy a day of fun for all ages with a self-guided community scavenger hunt. Start outdoors at Groton Community School (14 Main Street, Groton) to enjoy complimentary coffee and donuts, buy tickets to take a chance on some amazing prizes, and then start your adventure!

*All proceeds benefit our non-profit, early childhood center, which supports the growth and development of young children.*

Participants are required to wear masks and must adhere to social-distancing mandates. Visit [grotonhometour.com](http://grotonhometour.com) for more information. We look forward to seeing you on October 17th!  
**Groton Community School, 110 Boston Road, Groton, MA 01450**

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You will find much more information on our website. You can even take a tour of our Single Stream Recycling Facility. Go to our website [www.elharvey.com](http://www.elharvey.com) and click on recycling.

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**Neighbor to Neighbor**

Published by Anne Paquin Since 1983  
64 Hardy St., Dunstable, MA 01827-1403 **Tel. 978-419-1914**  
**E-mail: [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com)**  
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Total Circulation is now 6,331 which includes Dunstable and Tyngsborough.

## DUNSTABLE SENIORS

Program Coordinator Susan Tully 978-649-6750

or Email at [sjt0213@verizon.net](mailto:sjt0213@verizon.net)

Dunstable Seniors .....we are a peer group for those over 60.

*There will be NO MEETINGS at the*

**DUNSTABLE LIBRARY UNTIL FURTHER NOTICE**

**DUNSTABLE COUNCIL ON AGING**

DIRECTOR OF THE COUNCIL ON AGING

Anne Fenochetti Email: [afenochetti@dunstable-ma.gov](mailto:afenochetti@dunstable-ma.gov)

978-649-4514 ext. 223 Hours: Tuesday 8am to 12:30pm

**DUNSTABLE COUNCIL ON AGING** Barbara Martin, chair-man; Mary Dow, secretary; Donald Pottle, James McManus, Joan Simmons. *Vincent Hollins, a COA board member is moving from Dunstable. He will be missed from the Board. We welcome Joan Simmons to the Board. She will finish out Vin's term.*

**The Mission of the Dunstable Council on Aging** is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs. Feel free to give us your ideas.

**Nashoba Nursing Service and Hospice:** For information on home health, nursing availability, or hospice - call 1-800-698-3307.

### SENIOR SERVICES

**Happy Birthday to all those celebrating this month!**

**Bone Builders Program** A balance and strength training exercise program can be viewed thru a video on you tube provided by the Tyngsboro Senior Center. Jean Jacoppi will lead the class. Search Crystal Lake Rv Bone Builders

• **Well Adult Clinic** Contact Nashoba Board of Health for updates & schedules at 978-772-3335 ext.340 or [www.nashoba.org](http://www.nashoba.org)

• **Book Delivery** is available through the Dunstable Library. Just let Anne know if you or someone you know needs books or audio material. Call 978-649-7830

• **Van Service** is available for medical appointments and grocery shopping. Cost is \$5.00 for local trips, Lowell, Chelmsford, Nashua, Tyngsboro, Westford, Ayer, Groton & Pepperell. \$10.00 for any other. Check with Anne Fenochetti as soon as you know when your appointment is to make sure a ride is available.

• **Book Group** We will be holding an outside book group meeting **Sat. Sept. 26 at 10:30a.m. at the Dunstable band stand.** We are going to read *Before We Were Yours* by Lisa Wingate. Here is the summary: Memphis, Tennessee, 1936. The five Foss children find their lives changed forever when their parents leave them alone on the family shantyboat one stormy night. Rill Foss, just twelve years old, must protect her four younger siblings as they are wrenched from their home on the Mississippi and thrown into the care of the infamous Georgia Tann, director of the Tennessee Children's Home Society. South Carolina, Present Day. Avery Stafford has lived a charmed life. Loving daughter to her father, a U.S. Senator, she has a promising career as an assistant D.A. in Baltimore and is engaged to her best friend. But when Avery comes home to help her father weather a health crisis and a political attack, a chance encounter with a stranger leaves her deeply shaken. Avery's decision to learn more about the woman's life will take her on a journey through her family's long-hidden history" Everyone will have to find their own copy.

• **Meals on Wheels** Do you or someone you know need the services of Meals on Wheels? This service is now being merged with Tyngsboro's MOW. For information contact Merrimack Valley Elder Services at 1-800-892-0890.

• **Senior Meal Delivery** We have been fortunate to have had Alana Acquaviva and her catering company, Dinner Made Simple providing 2 delicious meals to many of our seniors on Wednesdays. A few spaces are still available if you are interested in signing up. MUST be home every Wednesdays between 11:00 – noon for delivery.

• **Durable Medical Equipment** Try us FREE before you buy. Check out the COA's inventory. We have a variety of good, gently used walkers, wheelchairs, transport chairs, canes, commodes and much more that people have generously donated. These are on loan and need to be returned when not in use.

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## DR. DAVID TARR

is pleased to announce that he is a **Candidate running for the position of Selectman at the November 3rd Special Election.**

He has taken great joy in helping people stay safe and healthy, as a volunteer with the Dunstable Volunteer Fire Department, for the past 10+ years. He looks forward to continuing his dedication, commitment and passion in serving you.

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## FROM THE BOARD OF SELECTMEN

Friday, August 28, 2020

To all residents of the Town of Dunstable from the Board of Selectmen:

On March 16, 2020, the Board of Selectmen met in emergency meeting and declared a local state of emergency in relation to the COVID-19 pandemic. Dunstable Town officials and Emergency Management Team will continue to meet and to implement the Town's response to the situation concerning COVID-19. They are responding using the most recent and frequently updated guidance issued by the Massachusetts Department of Public Health (MDPH), the Center for Disease Control (CDC) and Board of Health (BOH). The Town is currently clear of reported cases.

Dunstable Fire, Police, and Highway Departments also remain operational and prepared to address issues that may arise regarding the COVID-19 threat. Dunstable police department is available to conduct welfare checks and address imminent needs for local residents, please contact them at 978-649-7445 if needed.

Town Hall is currently open with requirements for visitors and staff to sign in for the purposes of contact tracing, with hygiene, masks, distancing, and other measures in place. The Town Hall is currently opened Monday-Thursday generally from 8 am to 5 pm. This schedule will be reevaluated during the later phases of the Governor's Phase 3 approach which is currently on hold due to a resurgence of cases in certain areas of the State.

We also appreciate all who came in support of Annual Town Meeting last month. **Go to [dunstable-ma.gov](http://dunstable-ma.gov) for updates.**

Our public health nurses are on the front line of this situation as they monitor the State's communicable disease surveillance system – MAVEN for our community. There are 0 individual(s) in town who have a laboratory confirmed positive test for COVID-19.

Residents are reminded of the following preventative measures recommended by the state that they should take: \* Practice social distancing - There is currently no vaccine to prevent COVID-19. Another way to prevent the illness is to avoid being exposed to the virus. The virus is thought to spread mainly from person to person:

1. Between people who are in close contact with one another (within 6')
2. Through respiratory droplets produced when an infected person sneezes or coughs. \* Wash your hands often or use hand sanitizer \* Avoid touching your eyes, nose, and mouth \* Cover your mouth with a tissue when you cough or sneeze \* Stay at home if you are sick \* Keep children off public playgrounds and away from congregating with other groups of children

This is advice is especially true for older adults and those with health issues are urged to avoid large crowds and events. Individuals who live in households with vulnerable people, like elderly parents, should also consider avoiding crowds.

Please be cognizant of the State's travel restrictions and testing/quarantine requirements if you are planning to travel out of state or you are returning from out of State. There are an increasing numbers of test sites for rapid testing that do not require you to have symptoms, a doctor's referral, or an appointment. The new travel order can be found here: <https://www.mass.gov/info-details/covid-19-travel-order>

Finally, the Governor has issued new orders regarding private and public indoor/outdoor gatherings, they can be found here at [https://www.mass.gov/doc/revised-gatherings-order-august-7-2020/download?\\_ga=2.59248814.2078008957.1598563343-519129652.1598563343](https://www.mass.gov/doc/revised-gatherings-order-august-7-2020/download?_ga=2.59248814.2078008957.1598563343-519129652.1598563343)

Additional information regarding closures or other changes will be released as it becomes available.

For more information about COVID – 19 from the Massachusetts Department of Public Health, please click here: <https://www.mass.gov/resource/information-on-the-outbreak-of-coronavirus-disease-2019-covid-19> and the Centers for Disease Control.

You can read issues and see announcements and articles on line at

[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)

## DUNSTABLE VETERAN SERVICES OFFICE

This has indeed been a very memorable time and hopefully you and your family are healthy and staying safe. This month I have some good news for you. The VA has put together a wonderful website that shows veterans, spouses and active duty military how and where to get some great discounts. I would list them in this newsletter but there are so many it would take up many pages. I **strongly encourage everyone to at least go to the website [veteransdiscountsclub.com](http://veteransdiscountsclub.com) and check them out.** I know you will find something that will save you quite a bit of money. I found quite a few that do for me.

I do have one other thing you as a Veteran might be interested in as well. There is a study being done by Dr. James Rodriguez. He is looking at veterans' opinions of organ donation and transplantation. Please help if you have a few minutes to spare. **Your participation in the study will last about 10-15 minutes and you can make an easy \$50...plus you DO NOT have to donate an organ! One thing they do seem to ask for is your SSN. DO NOT PUT YOUR SSN in the space, just put random numbers in.** The study is only focusing on Massachusetts veterans, so please spread the word! Follow this link if you would like \$50: [https://hms.az1.qualtrics.com/jfe/form/SV\\_0wyFIJqABVN2Ug5](https://hms.az1.qualtrics.com/jfe/form/SV_0wyFIJqABVN2Ug5)

As always if you know of any veteran, widow or family member in need of assistance of any kind, even if it is just information, please send me an email at [VSO@Dunstable-ma.gov](mailto:VSO@Dunstable-ma.gov). I am here to help you.

**Joe Dean (Former USMC Sgt., Retired USAF Capt.)**  
Dunstable Veteran Services Officer  
Proudly serving those who have served.

## TOWN OF DUNSTABLE TRASH AND RECYCLING PICKUP PROGRAM

To all who subscribe to this, your yearly subscription with the Town of Dunstable expired on June 30, 2020. **Three renewal options are available.** You can mail a \$300.00 check made payable to the Town of Dunstable to P.O. Box 268, Dunstable, MA 01827, or you can drop off a check or cash at the Town Hall Monday-Friday 9:00-4:00p.m. in the mail slot in the door. You may also pay on line, on the town webpage [www.dunstable-ma.gov](http://www.dunstable-ma.gov) and choose on line payments.

New subscribers can pay on line but will have to come to the Town Hall to pick up their containers. We also sell overflow bags for those times you may have extra trash that will not fit into the trash container. The cost is \$3.00 each sold in rolls of 5 for \$15.00. Those can be purchased on line. **You will be contacted to make arrangements for pick up of containers or overflow bags at Town Hall.**

## DUNSTABLE BOARD OF HEALTH HOUSEHOLD HAZARDOUS WASTE DAY

This year it has been set for October 31<sup>st</sup>. If you want an idea, about what was accepted or not, look at the last page (green) of the May 2019 issue (as it was held early June) of Neighbor to Neighbor on my website. If you go to the Town of Dunstable website look under Board of Health Dept. some information should be there.

Watch for the green sheet, as the last page, in the next issue, (October) of Neighbor to Neighbor. Read through it carefully as there may have been changes made. You should contact the Board of Health if you have any further questions.

## THE DUNSTABLE BOARD OF HEALTH AND THE NASHOBA BOARD OF HEALTH NURSING SERVICE

**Well Adult Clinics** In response to the Governor's guidance, Nashoba Nursing is cancelling all Well Adult clinics. The updated schedules will be listed at [www.nashoba.org](http://www.nashoba.org). **Please check for updates at** Nashoba Board of Health Nursing, Services. ([www.nashoba.org](http://www.nashoba.org)) or call: 978-772-3335 ext. 340 for more info. or if you are in need of their services.

**DEB**  
**BUSSER**

State Representative

## Proactive. Visible. Responsive.

Deb Lloyd Busser grew up in the 1st Middlesex District, raised her family in Dunstable for over 17 years, and is a first-generation graduate of UMass Lowell.

As a small business owner and executive leadership coach, she knows how to partner with diverse groups and balance competing interests to create sustainable solutions.

As State Representative, Deb Busser will work to:

- Secure much-needed funding for our towns
- Ensure full funding of state mandates for our schools
- Improve infrastructure and public transportation
- Combat climate change and protect the environment



**Vote for DEB BUSSER for State Representative  
by mail or in person by November 3rd**

## STITCHERS AT TYNGSBORO SENIOR CENTER

The Stitches have been busily working on projects that will soon be delivered. Shawls, afghans, lap robes, hats and scarfs will be delivered to hospice in Lawrence, York, Maine and Merrimack, NH. Baby items will be delivered to Pregnancy Care Center in Lowell. Children's hats, mittens, and scarfs will be delivered to Tyngsboro Elementary School. Various pieces of knitwear will be delivered to Sr. Robin - Able to Serve - Lowell.

A big shout out goes to Joanne Jean, Elaine Rivard, Lillian Boudreau, Brenda McCarthy, Yolanda Carmona, Mary Nelson, Marie Sava-Kovats, Sally Stavolta, Gloria Lacapo, Terry McEnaney, Carol Sides, and Jean Jacoppi.

We would enjoy yarn donations of nearly new yarn. We also welcome new Stitches into our group which meets once a week, if you are able or you may pick up your project and materials and stitch at home.

**For more information, please call coordinator, Jean Jacoppi (978-649-9076).**

## LOAVES & FISHES FOOD PANTRY, INC.

All Dunstable families are invited to visit the Pantry and receive nutritious food and personal care products. There are no income requirements – only a proof of residency (a utility bill or a rental receipt, for example, with your name, current address and date) is required. **Open** Second Tuesday of each month from 6p.m.- 8p.m. • Every Wednesday and Friday from 9:45 a.m.-12:30 p.m. • First & third Saturday of every month from 9a.m.-11a.m. To learn more about what to expect when you visit the Pantry for groceries, take a virtual tour at <https://loavesfishespantry.org/need-services/> or call us at (978)772-4627 x312. If you are interested in volunteering please email us at [volunteer@loavesfishespantry.org](mailto:volunteer@loavesfishespantry.org) or call us at (978)772-4627 x317. The gift of food and personal care items as well as monetary support is always welcome.



## Hi Neighbors!

Be sure to keep those germs away with Lysol wipes and Nestle Pure Life water!

If you haven't **downloaded the new Box Top for Education app** yet, you'll be pleasantly surprised how truly easy it is. You just scan your receipt and the app does all the work for you! This is a direct, simple way to help Swallow Union and we really appreciate all your continued efforts. We hope to remain at the top during the 2019-2020 school year after finishing #2 in the state last year!

While traditional Box Tops are being phased out of production, **YOU CAN STILL CLIP AND TURN IN BOX TOPS!** You'll continue to find them on many products throughout the store for the next few years, including Hefty, Green Giant, Reynolds, Scott, Ziploc, Kleenex, and Finish (look for old logo). The program is even allowing double dipping – meaning, you can purchase items with the old Box Top logo, clip and turn those in, and then scan your receipt within 2 weeks on the app for double the points!

Once the Pandemic is under control and it is deemed safe by the Town Hall you can turn in your carefully clipped Box Tops to any of these Dunstable drop-off locations: Maple Village Preschool, the Library, post office, and West Auto Repair. Thanks again for your support!

*Chrissy McLane* ([mclane.chrissy@gmail.com](mailto:mclane.chrissy@gmail.com)) & *Amy Wilson* ([amywilson825@gmail.com](mailto:amywilson825@gmail.com)) Box Tops for Education co-chairs for Swallow Union Elementary School [swallowunionapt.org](http://swallowunionapt.org) [aptsallowunion@gmail.com](mailto:aptsallowunion@gmail.com) [facebook.com/APTSwallowUnion](https://facebook.com/APTSwallowUnion)

## GREATER MASSACHUSETTS SPECIAL NEEDS EVENTS

**SPED Child & Teen** [www.spedchildmass.com](http://www.spedchildmass.com)  
Special-Needs events have been adapted  
and scheduled so you can take part remotely.



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### GRACE LUTHERAN CHURCH

130 Spit Brook Rd, Nashua, NH

1-603-888-7579 [www.GraceLutheranNashua.org](http://www.GraceLutheranNashua.org)

Pastors George Ruwisch and Rev. Bryan Stecker  
**The church is open for Services.** Masks required.

Please go to the website to watch our reopening video for instructions prior to selecting your seats.

Online Videos: Weekly on-line 9:30 am Sunday Live stream Services, Morning Minutes of Grace, Evening Prayers, Afternoon Bible Study & Grace Kids. Visit our channel [GraceLutheran.TV](http://GraceLutheran.TV) on (youtube.com)

### DRIVE-UP FOOD PANTRY AVAILABLE

**We have a free, drive-up, food pantry** for any of our neighbors who may be in need of food during this difficult time. It is our sincere prayer that we can be a blessing to our community as we get through this pandemic together.

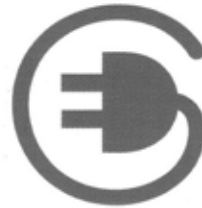
We do require that you make an appointment by calling the church at **603-888-7579** and ask for our Secretary, Dianna, who manages the schedule. We do have to space out our client visits. If you do not need help but know someone who does, please pass on this information. *The church is located between World Academy and the Fire Station at 130 Spit Brook Rd., Nashua, NH.*

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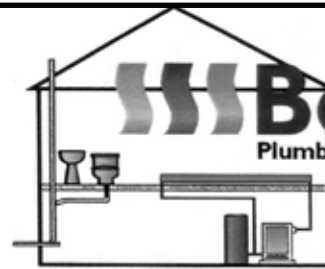


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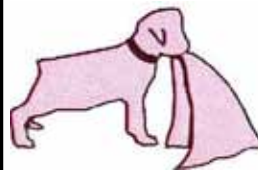
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*Shepherd of the Valley Lutheran will continue to meet remotely* until it is deemed safe to meet at our building space, 21 Washington St., Ayer, MA. **Please join in our service via online.** Sunday worship at 10am and Wednesday prayer service at 7pm. If you **visit our FaceBook page and or website** you will be able to see how you can join in on our service. We hope to 'see' you there!

### PACH PEPPERELL FOOD PANTRY

66 Hollis St. Pepperell Tues 5-7pm, Thurs 2-4pm & 5-7pm. PACH provides food, paper goods and personal care items to residents in need of assistance. If interested in this service, or you want to help by making a donation of food or supplies, call **978-925-9770** or visit their web site at [www.pachoutreach.org](http://www.pachoutreach.org). *Please contact them first before dropping anything off.*

*You may bring donations to West Auto Repair. There is a blue plastic tote outside the office door for donations. Donations will be brought inside until they are delivered to the Pepperell food pantry on Tuesday and Thursday.*

### DUNSTABLE SENIORS WELCOME TO TAKE PART IN ONLINE BONE BUILDERS

#### COMMUNITY TEAMWORK INCORPORATED

Bone Builders, made up of strength training and balance, especially designed for those with Osteoporosis, has been delayed due to the closing of senior centers.

Jean Jacoppi, a Leader of Bone Builders at the Tyngsboro Senior Center, has created a video for all to access through YouTube. **Simply search for : Crystal Lake RV Bone Builders.** The video is in two parts. **All are welcome to exercise to it.** If you have comfortable weights to hold and to strap on at the ankle, you may want to get them out before beginning. I think you will find this easy to follow and at a comfortable pace with relaxing music.

### FRIENDS OF THE TYNGSBORO ELDERLY, INC.

Friends President, Joe Jacoppi, is very pleased with the number of people who have joined or rejoined the Friends. Presently, there is a plan being discussed at the monthly meeting for the future when the center is open to members once again. A questionnaire was also mailed to members and that information will be compiled and discussed at their next Board meeting. A form to become a Friend, and the questionnaire can be obtained by calling Joe Jacoppi at 978-649-9076. *The Friends of the Tyngsborough Elderly, Inc is a non profit group 501C Tax Exempt Corporation.*

### DUNSTABLE TOWN HALL DIRECTORY

Town Hall (978) 649-4514. The departmental extensions are as follows:  
221 Town Accountant 222 Town Clerk 223 Council on Aging  
224 Selectmen (handles many depts.) Also for Animal Control Officer. After hours call Police at 978-649-8891. If emergency call 911  
226 Building Inspector 227 Road Commission  
228 Tax Collector/Treasurer 229 Board of Health  
230 Conservation/Planning Board 249 Assessors, Water Dept  
Please dial 0 if you need assistance.  
Veteran's Officer 978-649-3919  
POLICE NON-EMERGENCY 978-649-7445 POLICE & EMT 911  
**FIRE DEPT. TELEPHONE NUMBERS TO REPORT A FIRE CALL 911**  
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## BENEFICIARY DESIGNATION MISTAKES TO AVOID

By Edward H. Adamsky

Remember that your Will or Trust only controls assets that are not controlled in some other way. Many of your assets pass by Beneficiary Designation rather than through the terms of your Will or Trust. The common ones are Life Insurance and Retirement Accounts. You can also name beneficiaries on bank accounts with the ITF designation (a misnomer as it stands for "In Trust For," but is really just a beneficiary designation) and you can have your brokerage accounts Transfer on Death (TOD) to named beneficiaries.

Most people choose their spouse as primary and name their children as contingent beneficiaries. Some forms have a designation like "issue per stirpes" or "issue by right of representation." Those mean the same thing using Latin or English. What they mean is that the assets will pass down your bloodline and be divided equally at each generation, among those of that generation. Sometimes folks are confused on who to name as a beneficiary or whether or not they should name one person or multiple people, and many people make bad mistakes when filling out the beneficiary designation forms.

One common mistake is to just name one beneficiary and assume that person will properly split the assets among family members. It might cause tax issues with retirement accounts, or discord if that family member did not properly share with others. If you name one child as a beneficiary on an account, then that account will legally belong to that child when you die. If that child were in the midst of a financial issue like divorce or bankruptcy, that child might not be able to share the assets with siblings even if she wanted to.

Sometimes people designate different beneficiaries for different accounts. For example, a mother might have three IRAs each with one of her three children named as beneficiary. Only if the three accounts were exactly equal in value when she died would the children benefit equally. If she had to spend some money and withdrew it from only one account, then the children will receive unequal amounts. This might cause fights among the children, especially if one of the children (as Agent under a Power of Attorney) made the decision to withdraw assets from only one of the three accounts.

You cannot override your beneficiary designations by terms in a Will. If you had life insurance and named your brother as beneficiary, a clause in your Will that said "I give my life insurance proceeds to my three children" would not work. The life insurance company will follow your directions on the beneficiary designation form and will not even look at your Will.

You should coordinate your beneficiary designations with your Will or Trust. If there is a reason to update your Will (such as the death of a family member) then you should update your beneficiary designations too. You should make a list with all of your assets that are controlled by beneficiary designation and be sure to update them all when there are changes in your life.

## FACE COVERING MANDATORY

Effective May 6th, everyone is required to wear a face covering, whether indoors or outdoors, in any situation where you cannot maintain 6 foot spacing. Exceptions for children under 2, and people who are unable to wear a mask due to a medical condition.

To read all the details about this, visit [www.mass.gov](http://www.mass.gov) and search "face masks" for exact wording on this.



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## TYNGSBOROUGH/DUNSTABLE ROTARY CLUB



The Rotary Club of Tyngsboro/Dunstable Rotary Club has been serving the Tyngsborough and Dunstable areas for 41 years.

Rotary is a global network of community volunteers. Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs.

Rotary builds international understanding through scholarships, exchange programs, and humanitarian grants. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

**If you are interested in membership, please call Bob Guernsey at (508)380-4351 or Ron Keohane at (508)517-3895. Want to join a meeting?**

**Currently we are meeting every Thursday at noon.**

### Local Rotary Events

- Fishing Day for Individuals with Disabilities of all Ages – Tyngsboro Sportsmen Club
- Senior meals for the Tyngsboro and Dunstable Councils on Aging
- Many other local service events

## BEAVER BROOK NATURE CENTER

117 Ridge Road Hollis NH.  
[www.beaverbrook.org](http://www.beaverbrook.org)

Please go to the website to see what programs are available. Register now if you are interested.

## FALL HUNTING STARTED SEPTEMBER 8<sup>TH</sup>

Early Goose, and the first of three Bear seasons opened on Tuesday, September 8<sup>th</sup>.

The town does have an ordinance that requires the hunter to obtain landowner permission to hunt.

**• This ordinance does not apply to the Wildlife Management Areas that are owned by the Commonwealth of Massachusetts.**

**For a detailed chart of the season go to <https://www.mass.gov/doc2020-hunting-season-summary/download>**

MA Hunting Seasons – <https://www.mass.gov/doc/2020-hunting-season-summary/download>

MA Migratory bird Seasons – <https://www.mass.gov/doc/2020-2021-migratory-game-bird-regulations/download>

MA Wildlands Viewer – <https://mass-eoeea.maps.arcgis.com/apps/webappviewer/index.html?id=3a7c475cb6d54578ba8c7149d885ad30>

*Whether you are in favor of hunting or not, you should be aware that it has begun and take precautions. Check out the Wildlands Viewer to see if you live near or if you walk or hike in those areas, and avoid them. For your safety, you should also wear bright colors, orange or yellow so you are visible.*



**Please send in your news and updates for the October issue as soon as possible.**

**Need details about advertising your business?**

Contact [anne@NeighborToNeighborNewsletter.com](mailto:anne@NeighborToNeighborNewsletter.com) or Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827.

You may leave a message at **978-419-1914**.

Tyngsborough printed issues circulation is 5211 and Dunstable printed issues circulation is 1270.

**More articles posted on the website.**

**[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)**



## Tyler's Timely Technical Tips

September is the month to book your annual heating system service. Many are not aware of the importance of maintenance, until an HVAC breakdown happens on a very hot, or very cold day.

Think of this: Your home is getting colder and colder, the thermostat keeps falling no matter what you try. A miserable, sleepless, night follows. Hopefully, a technician can come and get things started again soon.

Another scenario: You're feeling dizzy, lethargic, or perceive your house is haunted. Headaches, nausea, vomiting, along with hallucinations are all symptoms of a dangerous carbon monoxide leak. A faulty furnace or boiler could be the cause.

This is why professionals advise having your furnace checked in the fall, and conversely, your air conditioning unit in the spring. That way, you stay ahead of any potential issue that may be lurking.

Until next month, stay comfortable! *Tyler*

**Got a question? Drop me a note!**

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We will continue to schedule all donations by email. Email [donategoods@thewishproject.org](mailto:donategoods@thewishproject.org) and let Grace know what you would like to donate and a potential day and time for drop off and she will get back to you to schedule a date and time. We will not be able to accept decorative items for the Thrift Store since we have had to repurpose it to accommodate our emergency supplies. The new donation drop off procedure will be explained in the email you receive back scheduling your donation. Donations will be dropped off at the furthest dock in our parking lot, located by the dumpsters. **Please do not leave donations when we are not open.**

If you would like to help by dropping off an emergency item at the warehouse email Jill at [info@thewishproject.org](mailto:info@thewishproject.org) to arrange a time and day for drop off. Hours to drop off emergency donations: by appointment or call 866-947-4360 x2 or contact us on our [Facebook page](#). If you prefer to shop online from our emergency wish list on Amazon you can have the items shipped directly to us. If you prefer to make a monetary donation this will help us fill our clients' needs. Thank you for helping us to support our clients and community during these challenging times.

You can go to the Wish Project website [www.TheWishProject.org](http://www.TheWishProject.org) to make a donation or to shop for the items on the Amazon Emergency Assistance Wish List. There is also The Wish Project's Covid-19 Relief Fund.

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We welcome your monetary donations so we can purchase supplies in bulk and make all students backpacks equal. If you prefer to shop online you can go to [Amazon Wish List for Backpack Attack](#) and have your donation shipped to us. We will be getting backpacks to agencies as they come in. If you are able to help please email Lori at [lori@thewishproject.org](mailto:lori@thewishproject.org) to let her know how you would like to help. For a listing of all items included in the backpacks go to our website. [Backpack Attack Project and details](#)

If you are able to donate any New school supplies and can drop off at the warehouse please email [donategoods@thewishproject.org](mailto:donategoods@thewishproject.org) and Grace will get back to you to schedule a day and time for drop off. Thank you for helping us reduce stress in the homes of so many families this year as they anticipate back to school.

As always, we are continuing to receive donations shipped anonymously to the warehouse. We are so very grateful for all of these donations.

**About Us** The Mission of The Wish Project is to help families in need in Merrimack Valley. [www.TheWishProject.org](http://www.TheWishProject.org) or call us at (866) 947-4360. Mailing address is: The Wish Project, PO Box 8693, Lowell, MA 01853

If you would like more information please contact Lori at [Lori@thewishproject.org](mailto:Lori@thewishproject.org) and let her know how you would like to help. You may also make a donation on our website.



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## ALTRUSA NEWS

Although Altrusa members have been restricted by COVID 19 in providing hands on service in our communities, the Altrusa Club of Merrimack Valley continues to fulfill its mission and make a difference in the lives of others.

On June 28, 2020, Altrusa Members; Jackie Maciejewski, President; Charlene Muscato, Immediate Past President; and Ann Marie Snyder, Treasurer; were joined by Sister Paula Marie Buley, President of Rivier; and Paula Williams, Dean of Nursing and Health Professions; at the Sharon Tamposi Memorial Garden at Rivier University in Nashua, NH to award the Katherine M. Richo Scholarship to **Julie Williams of Lowell**, who is currently enrolled in the Bachelor of Science in Nursing Program at Rivier University. The \$500 scholarship honors the memory of **Katherine M. Richo**, deceased member of Altrusa and active leader in the Nashua Community, who was a critical care nurse by profession and an instructor in the nursing program at Rivier.

On September 8, 2020, the Altrusa Club of Merrimack Valley kicked off the start of a new year of service in the community by celebrating World Literacy Day with the distribution of a \$500 scholarship to **Kylie Letendre of Hudson, NH**, a student enrolled in the BA in Elementary Education and Special Education at the University of Massachusetts-Lowell. The scholarship was given in memory of Eleanor "Ellie" Durant, 38 year member of Altrusa, who taught for many years in the Chelmsford School System.

In addition, Altrusa presented the Altrusa Academic Award in the amount of \$250. to **Alexia Rivers of Peabody, MA**, who is also enrolled in the BA in Elementary Education and Special Education at the University of Massachusetts-Lowell.

*Altrusa's mission is to promote literacy and to make a difference in the lives of those in need in our communities. The Altrusa Club is currently meeting remotely. To learn more about Altrusa, e-mail us at [altrusamv@gmail.com](mailto:altrusamv@gmail.com). You may also visit us at [www.altrusa.org](http://www.altrusa.org) or <https://districtone.altrusa.org/>*

## RETIREES – KEEP LEARNING WHILE BEING COVID CAREFUL

**LIRA**, The Learning in Retirement Association invites you to enjoy their Fall Classes. As we are under Covid restrictions, all classes will be done via Zoom and can be accessed by LIRA members from anywhere.

**Here is a sample of the Fall classes;** The Story of Human Language, History Matters: An Overview of Tumultuous Civil Rights History - 1920 to 2020, Cybersecurity, Great Decisions Discussion Group, 2020 Election analysis, Book Discussions, The Legislation of Edith Nourse Rogers, Film Discussions, Liberty on Trial in America: Cases That Defined Freedom, and much more.

**For a complete course list with detailed descriptions and schedule – [www.UML.edu/LIRA/](http://www.UML.edu/LIRA/)**

**Classes begin mid-September.** The yearly membership fee of \$125 allows you to take as many classes as you wish in the Fall and Spring semesters. It is a great way to stay engaged by continuing to learn while being Covid careful.

LIRA is celebrating its thirty-second year in a partnership project with the Offices of Community Relations and Alumni Relations at UMass Lowell. Email: [lira@uml.edu](mailto:lira@uml.edu) LIRA on Facebook - [www.facebook.com/LIRAatUML/](http://www.facebook.com/LIRAatUML/)

## DOWNLOAD YOUR FREE BOOK

### "LIVING WITH OUR WILD NEIGHBORS"

I wanted to pass on this information to you. The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z. Since we have so many animals that we share our yards with, I thought it might be helpful to you.

<https://www.animalsheltering.org/page/wild-neighbors-book>



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## DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

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[www.Dunstablechurch.org](http://www.Dunstablechurch.org)

978-649-6251

**Pastor Bobby Ross** [pastorbobby@dunstablechurch.org](mailto:pastorbobby@dunstablechurch.org)

DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."

For pandemic reasons, all services at the Dunstable Evangelical Congregational Church have been moved on-line to a streaming format. **If you would like to join us, please either email Pastor Bobby, or leave a message on the office phone to receive details on how to connect. (Info above)**

We "meet" at 10:30 Sunday mornings for worship and at 8:00 on Wednesday evenings for prayer. Pastor Bobby is also available to meet with you individually on a Zoom conference call if desired.

**For updates to our schedules and to learn where to access our recorded services, please see our website at [www.dunstablechurch.org](http://www.dunstablechurch.org). God protect and bless you!"**

**This Fall two different options will be available for adult Christian education. Groups will run from September 13 or 15 through December 13 or 15.**

Before service on Sundays a Bible study of the Gospel of John will be held 9:00-10:15 AM. The group will use *Mark (N. T. Wright for Everyone Bible Study Guides)* available on Amazon in paperback for \$8.49 or \$8.07 for the Kindle version. Mark is the shortest of the Gospels, and in this study you will find yourself challenged with new discoveries and fresh views on life. This Bible study group will be facilitated by Rodrigo Cardoso who has been a long-time student of and lover of the Bible!

On Tuesday evenings 7:30-9:00 PM the group will consider **racism and related issues of justice**. Numerous readings will be provided to group participants for reading ahead and then discussing with others during the group meeting. A variety of voices will be read and also watched on selected videos – black and white, male and female, young and old, conservative and radical. The goal will be an increased awareness of the history and current state of racism in our country as well as ways that Christians should respond. This group will be facilitated by Kelsey Hutchinson. Kelsey is passionate about finding new ways to go out into the world to share God's love and is hopeful that by having open and honest discussions about race issues we will all be motivated to respond outside of our comfort zones!

It is challenging to predict whether the groups will be held in person at the church or using Zoom online. But over the winter and spring we learned how to use Zoom effectively for our Bible classes so we are ready for either direction.

**Head over to our website ([www.dunstablechurch.org](http://www.dunstablechurch.org)) for more details and to learn how to sign up!** In-person, on Zoom, or a combination depending on the state of the pandemic. Message us if you have questions.

In regards to the **St. Pauly Donation Box** behind the church. **The box is currently closed and we will not accept donations until further notice.** Due to the pandemic, they are not able to distribute the donations nationally or internationally as usual. Consequently their storage areas are full. We will let you know as soon as the box is re-opened. PLEASE DO NOT LEAVE DONATION BAGS OUTSIDE THE BOX. WE THANK YOU FOR YOUR COOPERATION.

**Editors Note:** If you have difficulty with the website, please call the church office. They are aware and are working to fix the issue. Also the church is considering re-opening with limitations in October. Please check the website or call the church office for updates about this.

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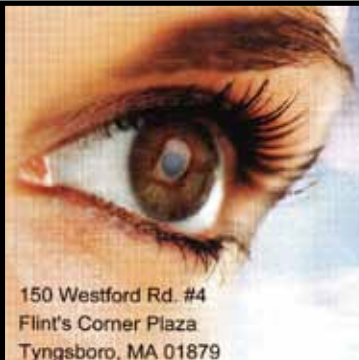


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## CATIE'S CLOSET

We are open to accept your gently used clothing and new toilet-ry donations at our **Dracut distribution site, Monday-Friday ONLY from 10am to 5pm**. This is located at **19 School Street, Dracut, MA 01826**. We are not open weekends at this time. Please bring your donations in household size bags or smaller for the safety of our staff and volunteers. Please call 978-957-2200 prior to going. Check out our website [www.catiescloset.org/5-ways-to-help](http://www.catiescloset.org/5-ways-to-help) Contact us directly and we will be happy to share more detailed information about our immediate needs for the months ahead. Connections to large scale clothing and toiletry resources are appreciated! **Want to know more about our work, who we help go to [www.catiescloset.org/help-the-kids](http://www.catiescloset.org/help-the-kids)**

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## TEARING OPEN THE HEAVENS

By Nathan Coombs

In Isaiah 64.1, Isaiah the prophet uttered an anguished prayer to God: "O that you would *tear open the heavens* and come down, so that the mountains would quake at your presence" (NRSV). Such words are hardly surprising, considering the difficult time in which Isaiah lived. God's people had splintered into two rival kingdoms (Israel and Judah) and often warred against each other. The moral character of the kings who ruled Judah, Isaiah's country, was a jarring sequence of good (Uzziah, Jotham), horrific (Ahaz), then excellent (Hezekiah). The people they led did not have hearts for God: "There is no one who calls on your name," Isaiah says later in Isaiah 64.7. Additionally, Judah faced repeated invasions from foreign armies intent on devastating Judah (2 Chronicles 28.5-6, 17-20, 32.1). God's people desperately needed Him to come down in a powerful way and teach His people to fear Him, as He did in the time of Moses at Mt. Sinai.

Roughly 700 years later, God answered Isaiah's prayer. At the beginning of Jesus' work to spread His good news, when He was baptized by John in the Jordan river, Mark records this: "And just as he was coming up out of the water, *he saw the heavens torn apart* and the Spirit descending like a dove on him" (Mark 1.10, NRSV). God did rip open the sky and descend, just as Isaiah asked. However, instead of shaking mountains covered in terrifying smoke and lightning, God's Spirit came like a gentle bird onto His Son. Jesus was the one Isaiah longed for, the divine presence Who brought ordered righteousness to the chaotic wickedness of the world.

2020 is a year of difficulty. Many are disturbed by the bitter division within our country, similar to the division between the Israelites of Isaiah's time. Many are fearful for the physical health of their loved ones and themselves. Many are feeling the effects of sudden economic disruption. Many are angry at acts of unjust violence. Many are frustrated at a lack of effective and godly leadership. Perhaps you long for God to dramatically descend and fix it all, just as Isaiah did.

How comforting it is to know that God has *already* descended in the person of Jesus of Nazareth! He has already crushed the power that Satan once enjoyed over humankind (Luke 10.18). He has already disarmed mighty spirits who subjugated us, and He did it through an act of profound weakness: dying on a cross (Colossians 2.14-15). Jesus is returning to earth someday to raise the dead, judge His enemies, and abolish death forever (1 Thessalonians 5, 1 Corinthians 15). Therefore, whatever gathering darkness appears in our culture or our personal lives is actually the last gasp of an already defeated enemy. When God seems remote and silent, let's remember that He has torn open the heavens. He has done "awesome deeds that we did not expect" (Isaiah 64.3). Glory to His name!

## Evangelical Congregational Church of Tyngsboro

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Pastor Denis Frediani 1-603-579-0904  
[www.tyngsborocongregational.org](http://www.tyngsborocongregational.org)  
E-mail [ecctsect@yahoo.com](mailto:ecctsect@yahoo.com)

• **Church Services are now open to the public at 10:00 a.m. Sunday mornings.** Masks are required, distancing being followed. We will implement and honor all suggested safeguards.

If you prefer to stay home, Sermons are still available on line.

• **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: 1. Log onto the church website <http://www.tyngsborocongregational.org> 2. Click once on the word "SERMONS" 3. Sermons listed by date, passage, sermon title Click on date to listen to the sermon you desire.

### MASKS REQUIRED AT ALL CHURCH ACTIVITIES EVEN SHOPPING AT THE THRIFT STORE

• **Executive Boards** are meeting again.

If you have any questions regarding the following activities, please contact our Church Secretary and leave a message and someone will return your call.

• **Ladies Bible Study** – Tuesday's 9am to 11am – Soon to begin classes on the Book of Psalms

• **Sunday School** – Soon to begin

• **Choir Practice** - Soon to begin

We are attempting to make decisions adhering to CDC restrictions and safety measures for all upcoming activities.

### PLEASE PARK BEHIND THE CHURCH

Masks are required.

### THRIFT STORE - NOW OPEN!

OUTSIDE SALES ONLY (weather permitting)

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Hours are 10:00 am to 2:00 p.m. - Thursday and Saturday

DONATIONS: Limited donations at this time.

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## DUNSTABLE TYNGSBOROUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need. **We are currently looking for community minded members to join, please contact membership chair Joe Ward his contact information is below.**

Officers for the 2019-2020 Lions Year

President: Mark Alexander, 1st Vice President/Membership Chair: Joseph Ward, Treasurer: Bob Reich, Secretary: Laura Ward, Tail Twister: Meghan DeMonico.

Because of COVID-19 meetings are canceled at this time.

**Anyone interested in joining the lions is asked to contact Joseph Ward at 978-930-1153.** Once we can meet again, we will let you know where, and when meetings will take place.

YOU CAN HELP BY DONATING THE FOLLOWING:

- **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.
- **Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- **Can tabs** please place into bags before putting in the boxes.

Lion's collection boxes for eyeglasses and hearing aids and can tabs are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Multi-Service Center at 180 Lakeview Ave, and Dunstable Town Hall, Post Office and Library.

**Pennies for Sight:** "Your change- changes people's lives" See a Lion cannister around please consider donating. Every Penny Counts!



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If you have any news for the October issue,  
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Contact [anne@NeighborToNeighborNewsletter.com](mailto:anne@NeighborToNeighborNewsletter.com) or  
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Friday: 9 am – 3 pm; Sunday: 8 am – 12 noon

**Our LIVESTREAM and OPEN CHUCH schedule has  
changed profoundly. Please go to our website  
[WWW.CHELMSFORDCATHOLIC.ORG](http://WWW.CHELMSFORDCATHOLIC.ORG)  
as there is so much going on.**

- Daily and Weekend Masses are LIVESTREAMED
  - Saturday, 4 pm and Sunday, 11 am at St. Mary
  - Sunday, 8:30 am at St. John the Evangelist Church
- AGAIN, WE ARE LIVESTREAMING MANY DEVOTIONS  
*There are too many to list here, so please refer to our website.*

### • Confessions now held indoors

- Mondays at St. John from 4:00-5:00pm
- Wednesdays at St. Mary from 4:30-5:30pm

Park in rear parking lot, wear mask, enter through front entrance

**CHURCHES ARE OPEN WITH RESTRICTIONS  
WEEKEND MASS SCHEDULE**

St. Mary: 4 pm on Saturday/ 7 am and 11 am on Sunday  
St. John: 4 pm on Saturday/ 9:30 am and 6 pm on Sunday  
**RESERVATIONS ARE ONLY OPEN FROM Monday 9 am - Thurs-  
day 3 pm for the upcoming weekend!** If you have access to a  
computer, please do **NOT** phone in your reservation, but rather  
use the link and access code provided via previous flocknotes. We  
highly recommend that you thoroughly read the guidelines—set  
forth by both Governor Baker and the Archdiocese—that need to  
be strictly followed for both registering for and attending Mass. (**Go  
to our website for details.**) Being well-versed in what is expected,  
you can make better make a decision as to whether or not Mass  
attendance at this time is right for you. **No reservations needed for  
Daily Mass just weekend Mass.**

**Phone-In Reservations we ask only those who DO NOT  
HAVE ACCESS TO THE WEBSITE use this option.**

Call the parish offices between the hours of 9 am - 12 noon,  
Monday and Wednesday, and between the hours of 2 - 5 pm on  
Tuesdays and Thursdays. phones will NOT be answered outside  
of these times; we remain lightly staffed. Reservations will NOT be  
accepted via voicemail or email messages.

**Don't Make Reservations Those in vulnerable populations** are  
highly encouraged to remain at home and join via livestream. We  
would love to see you but value your health and safety first and  
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## CAT FOOD DONATIONS NEEDED

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Dr. Ann Sidley

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At Circle Health and Lowell General Hospital, safety is our number one priority. You may see some changes designed to protect our patients and our staff when it is time for your next appointment. **These changes include:**

- Our staff will communicate with you in advance of any scheduled appointment and will ask screening questions about how you are feeling.

- In some cases, we may ask that you call us when you arrive and wait in your car until we contact you to enter the building.

- We will ask you to wear a mask at all times when you are in our facilities. Our staff will ask you to sanitize your hands and change into one of our masks when you arrive.

- Our staff will all wear masks, and those in patient facing roles will also wear eye protection and other personal protective equipment.

- All patients admitted to Lowell General Hospital will be tested for COVID-19 to help us provide the safest care possible.

- We are continuing to restrict visitors at our hospital campuses and outpatient locations, and ask that only the patient receiving care come for appointments, unless patient is a minor child or has a disability. Exceptions must be approved by our care team.

- We are asking that only one person uses an elevator at a time. We have reconfigured our waiting areas to ensure social distancing. In some areas, you may notice floor markings to support distancing, or the addition of new glass or other screens.

- At Lowell General Hospital, we utilize the latest technology in UV lighting disinfection in advanced care areas. In addition, we utilize single touch cleaning products to provide the highest degree of disinfection for all surfaces.

- Appointment schedules have been adjusted to facilitate increased cleaning and disinfection of equipment and other high touch areas such as stairwells, doors, and elevators.

- We are constantly reviewing guidance from public health experts and updating our practices and protocols accordingly based on the most current information. We are blessed to have a team of incredible infectious disease specialists – physicians and nurses who are advising us every step of the way as we respond to this pandemic and begin shifting to our new normal operations.

For the latest information, visit our resources page at [www.lowellgeneral.org/COVID-19](http://www.lowellgeneral.org/COVID-19). We thank you for choosing Lowell General Hospital and entrusting us with your care.

## TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



The TDHS regrets to announce the cancellation of the 8th Annual AACA Bean Pot Region Car Meet. This was to be held on Saturday, October 17th. We hope to welcome all the great Antique cars and their fans next year the middle of October 2021. Thank you...

Questions about the Historical Society, Call Lynda at 978-587-8423.

More info is available at the [www.tdhistoricalsociety.org](http://www.tdhistoricalsociety.org)

Email address: [tyngsboroughdunstablehs@gmail.com](mailto:tyngsboroughdunstablehs@gmail.com)

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• Prayer Line – *Do you know of someone needing prayers?* Call Helen (978) 649-7927 or Carol (978) 649-6717. (Submit only first name of one to be prayed for)

For more information about COVID-19 from the Massachusetts Department of Public Health, <https://www.mass.gov/resource/information-on-the-outbreak-of-coronavirus-disease-2019-covid-19>  
Text COVIDMA to 888-777, Or you can call 2-1-1  
For the Centers for Disease Control, <https://cdc.gov/coronavirus/2019-ncov/index.html>

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## Circle Health Urgent Care

### Your Community Resource

As Massachusetts reopens, the needs of our residents, area businesses, and local municipalities continually evolve. At Circle Health Urgent Care, our commitment to providing care and services to meet these needs has never been more important.

#### Virtual Appointments and Safety Measures

You are *Safe with Us*. We have taken extensive safety precautions at all our facilities to ensure we keep our patients and staff safe, including:

- Staff and patient screening
- Increased cleaning and disinfection processes
- Telemedicine and videoconference visits
- Enhanced check-in processes
- Reduced capacity in waiting rooms to support social distancing

#### Expanded COVID-19 Testing Services

- New drive-thru testing center at our Tewksbury location (appointment required).
- Testing at ALL urgent care locations by appointment for those who are sick, have had an exposure, or need to meet out-of-state travel requirements.
- Innovative COVID-19 programs for local businesses and municipalities:
  - Return to work clearance and testing
  - N95 mask fit testing
  - Educational/support services for employees, and more

To make an appointment for COVID-19 testing or for other urgent, non-life-threatening medical needs call one of our four Urgent Care locations:

**Billerica**  
978-323-2850

**Tewksbury**  
978-323-5945

**Dracut**  
978-459-2273

**Westford**  
978-323-0302

Learn more about COVID-19 testing and services at [www.circle-health.org/covidtesting](http://www.circle-health.org/covidtesting).



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