



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

Celebrating 36 Years of Service!

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DUNSTABLE TOWN CLERK

You can find official election results for the Presidential Primary on the town website under Election Results. Summary: 1,105 ballots cast of 2,493 voters = 44% voter turnout. Democrat turnout 76%, Republican turnout 24%.

Notice is given that the 2020 Prospective Juror List has been filed with my office for the Town of Dunstable and is now available for public inspection pursuant to MGL Chapter 234A, Section. 15. The presence of a resident's name on the Prospective Juror List does not necessarily mean that person will be issued a juror summons. However, a person cannot be summoned as a juror if his or her name does not appear on the Prospective Juror List. Certain residents' names will be suppressed in any given year for a variety of reasons, ranging from permanent medical disqualifications to those who have performed jury service in the last three years, but in general all eligible residents will appear on the Prospective Juror List.

Dog licenses are due! All dogs 6 months or older are required to be licensed in accordance with Massachusetts state law. We must have a current license on file in order to issue a license. If ordering by mail, please remember to include a SASE so we can return it to you.

Business certificates must be filed and/or renewed every 4 years pursuant to state law MGL 110:5. The town voted to amend the General bylaws, approved by the Attorney General. A business certificate does not give permission to conduct the business or protect your business name. **Section 1. Filing and renewal of certificate required.** Any person conducting business in the Commonwealth of Massachusetts under any title other than the real name of the person conducting the business, whether individually or as a partnership, whose office is situated in the Town of Dunstable shall file in the office of the Town Clerk a certificate stating the full name and residence of each person conducting such business, the place, including street name and number, where, and the title under which it is conducted, and shall amend and/or renew said certificate from time to time, and pay the appropriate fee, as required by M.G.L. c. 110, § 5. **Section 2. Violations and penalties.** Violations of this bylaw shall be subject to a fine of \$300 for each offence and enforced by noncriminal disposition of the offence by the Police Department pursuant to the Non-Criminal Disposition Bylaw. Carol A. Skerrett, Town Clerk CMMC 978-649-4514 x222 CSkerrett@dunstable-ma.gov

Please continue to check the town website for news and announcements as it evolves. If dates change for town meeting, and elections, then the voter registration deadline will also change. Residents are encouraged to subscribe to e-alerts (as many or as few as you want), instructions are on the home page. To subscribe go to: www.dunstable-ma.gov.

Please see the letter from the Board of Selectmen in this issue of Neighbor to Neighbor.

You can read issues and see announcements and articles on line at www.neighbortoneighbornewsletter.com

IN MEMORY OF

Ryver Ryan Byrne James B. Lockhart
Dianna Secchiaroli Donlan Kristi Lynn Brew McLatchy
Edward Lamarre Pat Mc Nerney

DUNSTABLE VETERANS' SERVICE OFFICE

Veterans benefit directly when they are counted correctly for the census by their towns. Billions of dollars in federal funds are distributed each year based on census data that support education, housing, health care, hospitals, fire stations, and more. An accurate count is especially crucial for veterans in rural communities such as ours, those with disabilities, and those at risk of homelessness. Data from the 2020 Census will also help the U.S. Department of Veterans Affairs plan programs and assess emerging needs for veterans. **I strongly encourage all vets to check the "veteran" box on the census forms you received from Town Hall.** If you have not received the form or did not check the "veteran" box please contact the Town Hall and let them know. It directly affects you and our small town. The U.S. Census Bureau has extended the deadline to August 14th.

As always, if you know of any veteran, widow or family member in need of assistance of any kind, even if it is just information, please leave me a message at 978-649-3919 or send me an email at VSO@Dunstable-ma.gov. I am here to help you.

Joe Dean (Former USMC Sgt, Retired USAF Capt.)

Dunstable Veteran Services Officer

Proudly serving those who have served

THE DUNSTABLE BOARD OF HEALTH AND THE NASHOBA BOARD OF HEALTH NURSING SERVICE

Well Adult Clinics In response to the Governor's guidance, Nashoba Nursing is cancelling all Well Adult clinics until the end of April. The updated schedules will be listed at www.nashoba.org. **Please check for updates at** Nashoba Board of Health Nursing, Services. (www.nashoba.org) or call: 978-772-3335 ext. 340 for more info.

ROADSIDE CLEANUP POSTPONED UNTIL MAY

Due to the ongoing Local State of Emergency declared by the Board of Selectmen and the Board of Health on March 16, 2020, and due to the ongoing orders of Governor Baker in regards to COVID-19, it has been determined that the Annual Roadside Cleanup Program which is customarily held in April of every year in commemoration of Earth Day will be postponed until May. **This postponement was taken in agreement with the Dunstable Grange which assists the town with the program.**



Wishing you Safety, Health and Hope.

Safety and well-being of our team, customers and our community are priority one. Count on our professional repair services of vital home comfort and sanitation systems during this difficult time that align with recommended social distancing and enhanced hygiene practices.

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MARCH 27, 2020

DEAR DUNSTABLE RESIDENTS

The Selectboard and Administrative staff want to reach out to you to acknowledge how the inconvenience (and stress) the measures we have taken are affecting your lives. We also thank you for the patience and cooperation you have demonstrated.

Every angle of our lives, it seems, has been disrupted—the way we socialize, the way we communicate, the way we recreate, the way we work, and the way we learn. Events have been cancelled or postponed indefinitely, with the constantly changing projections of when life might return to “normal”. And then there is the economic impact that continues to unfold.

The past few weeks, much of your Town officials’ efforts have been directed at protecting public safety by issuing restrictions, closing facilities and programs, and stressing steps we can all take to reduce the spread of COVID-19.

Elected and appointed volunteer officials in your government have adjusted the way they function to keep your government open to the extent possible and provide the services necessary. State officials continue their work in Boston to be sure Dunstable’s needs are being considered. Town employees have adapted new procedures to provide services, and in many cases have put in countless unseen hours planning for and responding to this public health emergency. School Department administrators and teachers are putting in many hours to provide students and families resources at home. Volunteers have stepped forward to help those who are most vulnerable. Residents have adjusted the way they or their children socialize to assist in reducing potential exposure to COVID-19. Parents have balanced child care with working from home. This is not doubt been a heavy burden for many, but your efforts are extremely important to minimize the spread of this disease.

If you are asking what you can do during this time, the answer lies in the public information we’ve provided over the past few weeks: wash your hands, practice social distancing, replace face-to-face communication with phone or video calls or emails, “check” on your neighbors (using the appropriate safe and social distancing measures), and stay home when you are sick.

Please, continue to keep up the good work, stay safe and remind yourself that this difficult time is a temporary disruption!

Sincerely,

*Leah Basbanes
Ron Mikol
James Tully
Brian Palaia
Jake Voelker*

NASHOBA BOARD OF HEALTH

Rabies Clinics The remaining rabies clinics for 2020 have been cancelled. **There will not be any clinics re-scheduled for 2020.** It is important that your cat(s) and dog(s) is immunized in the manner prescribed below for them to be considered protected against rabies. Since household pets provide a potential pathway for humans to contract rabies, it cannot be stressed strongly enough to make sure your pet(s) is properly vaccinated. **REMEMBER CATS MUST BE VACCINATED BY LAW** *The tag for 2020 will be a red heart.* ****Pet owners must provide proof of past vaccination for rabies. Failure to do so will result in your pet receiving a one year vaccination.**** ***Must bring copy of Rabies Cert.***

Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

E-mail: anne@neighbortoneighbornewsletter.com

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Total Circulation is now 6,312 which includes Dunstable and Tyngsborough.

Friday, April 3, 2020

TO ALL RESIDENTS OF THE TOWN OF DUNSTABLE FROM THE BOARD OF SELECTMEN

Given the unfolding situation with COVID-19, the Board of Selectmen met in an emergency meeting on Monday, March 16, 2020 and declared a local state of emergency.

The Board of Selectmen, Board of Health, and Emergency Management Team continue to meet on a biweekly basis, remotely, to continue to respond to the COVID-19 situation and guidance issued by the Governor and public health agencies. They are responding using the most recent and frequently updated guidance issued by the Massachusetts Department of Public Health (MDPH), the Center for Disease Control (CDC) and Board of Health (BOH). *Meeting agendas will continue to be posted on the town website. This notice is updated is being provided based on the latest information.*

Town Hall is closed until May 4th, but staff is working remotely. Contact information for each department can be found on the town website at www.dunstable-ma.gov. We appreciate your patience during this time.

The Board of Selectmen has voted to **postpone the Annual Town Meeting and Annual Election**. New dates will be considered as legislation unfolds from the State regarding the postponing of Town Meeting and particulars for conducting the meeting are enabled.

Dunstable Fire, Police, and Highway Departments also remain operational and prepared to address issues that may arise regarding the COVID-19 threat. *The Dunstable Police Department is available to conduct welfare checks and address imminent needs for local residents, please contact them at 978-649-7445 if needed.*

Our public health nurses are on the front line of this situation as they monitor the State's communicable disease surveillance system – MAVEN for our community. There are individual(s) in town who have laboratory confirmed positive tests for COVID-19. Please see notice from the Board of Health regarding confirmed positive test(s). **Residents are reminded of the following preventative measures recommended by the state that they should take:**

Practice social distancing - There is currently no vaccine to prevent COVID-19. Another way to prevent the illness is to avoid being exposed to the virus. The virus is thought to spread mainly from person to person:

1. Between people who are in close contact with one another (within 6')
2. Through respiratory droplets produced when an infected person sneezes or coughs.
3. Wash your hands often or use hand sanitizer
4. Avoid touching your eyes, nose, and mouth
5. Cover your mouth with a tissue when you cough or sneeze
6. Stay at home if you are sick
7. Keep children off public playgrounds and away from congregating with other groups of children

This advice is especially true for older adults and those with health issues are urged to avoid large crowds and events. Individuals who live in households with vulnerable people, like elderly parents, should also consider avoiding crowds.

Please take notice: our park land is open for solo exercise only. Playgrounds are closed. Team sports and gatherings on public land are prohibited. Without your cooperation the parks will be closed!

Additional information regarding closures or other changes will be released as it becomes available.

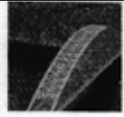
For more information about COVID – 19 from the Massachusetts Department of Public Health, <https://www.mass.gov/resource/information-on-the-outbreak-of-coronavirus-disease-2019-covid-19> and the Centers for Disease Control: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

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**TOWN OF DUNSTABLE TRASH AND
RECYCLING PICKUP PROGRAM**

To all who subscribe to this, your yearly subscription with the Town of Dunstable will expire on June 30, 2020. Beginning May 1, three renewal options are available. You can mail a \$300.00 check made payable to the town of Dunstable to P.O. Box 268, Dunstable, MA 01827, or you can drop off a check or cash at the Town Hall Monday-Friday 9:00-4:00p.m. You may also pay on line, on the town webpage www.dunstable-ma.gov and choose on line payments. New subscribers can pay on line but will have to come into the Town Hall to pick up their containers. We also sell overflow bags for those times you may have extra trash that will not fit into the trash container. The cost is \$3.00 each sold in rolls of 5 for \$15.00. Those can be purchased on line or at the Town hall. If you pay on line you must come in to pick the bags up.



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**OPEN BURNING SEASON
through May 1st**

Open Burning season will end on May 1st. Permits are available at the Fire Station on Pleasant St. Forms should be at the back door of the station. You may want to call or check on line at the town website to check on this.

Permits cost \$10 and are free to "over 65".

FEE AND PERMIT INFORMATION
You must follow all the rules and regulations that are listed below.



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Rules and Regulations

1. You can only burn brush and garden trimmings only.
2. Burning is allowed only between 10am and 4pm. No fire shall be started after 12 noon and all fires must be extinguished by 4pm.
3. The permit holder must call the Fire Department @ 978-649-6661 each day after 9am for permission to burn that day.
4. The fire must not be left unattended and must be at least 75 feet from any structure.
5. Have available water supply, rakes, shovels, etc. for controlling the fire.

Under all Circumstances the following are prohibited

1. The burning of Grass, Hay, Leaves, Stumps, tires and/or building materials.
2. Burning of brush, trees, cane and/or driftwood from commercial and/or institutional land clearing operations.
3. Burning at landfills or refuse disposal facilities other than approved incinerators.
4. Large piles that will not readily burn or are of such size that they will not be totally out by 4pm.

Please call 978-649-6661 for instructions for obtaining a permit. Information is also posted on the town Website.

**SHEPHERD OF THE VALLEY
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Pastor Rev. Susan Gaeta

Shepherd of the Valley Lutheran will be meeting remotely until it is deemed safe to meet at our building space, 21 Washington St., Ayer, MA. Please join in our service via online. If you visit our FaceBook page and website you will be able to see how you can join in on our service. We hope to 'see' you there!



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ILLNESS PREVENTION AT NURSING HOMES

By Edward H. Adamsky

With the arrival of COVID-19, the Centers for Medicare & Medicaid Services (CMS) issued guidance on how nursing homes should restrict visitors, and then a few days later they issued even more restrictive guidance. Nursing facilities have been directed to not allow any visitors at all, except in cases of compassionate care such as end-of-life situations. Even volunteers and non-essential personnel are to be kept out of nursing homes. All group activities and communal dining are to be eliminated for now. The guidance tells nursing homes to actively screen all residents for the symptoms of viral infection on an ongoing basis.

The government guidance says that nursing facilities are authorized to accept patients diagnosed with the virus, or who are coming from a facility where the virus was present, as long as the facility can follow transmission-based precautions issued by the Centers for Disease Control (CDC). They suggest a separate area for newly admitted patients that can work as an isolation area until a certain time has passed. A separate guidance memo from CMS adjusts the type of nursing home inspections the government is going to perform in the near future. They are giving priority to situations with patients in immediate jeopardy or suspected viral infections. Some other priority inspection areas will continue but otherwise non-priority inspections will be reduced for the time being.

Nursing homes were advised to increase the use of hand sanitizers, reinforce good hygiene practices, and provide masks and protective gear for allowed visitors. They are to limit cross use of equipment and clean it all thoroughly and increase work supplies such as pens and pads to avoid sharing those around the work place.

If you have a family member or loved-one in a nursing home, you should contact the facility for alternatives to visiting. Some are facilitating video calls or other methods of communication. Some families have found creative methods such as talking on the phone while looking at each other through a closed window.

There are always risks and issues in the world and we don't know what the future holds. But we have to live and enjoy our lives. Don't let worry take away your capacity to be happy. But, if you are worried, consider seeing your Attorney and getting your Estate Planning in order.

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50 LEGS CHARITY- BOSTON MARATHON SEPTEMBER 14TH

HELLO TYNGSBORO AND DUNSTABLE NEIGHBORS,
My name is Nick Coughlin and on **September, 14th** I will be running my first **BOSTON MARATHON FOR THE 50 LEGS CHARITY**. This great organization raises money for amputees who are in need of assistance obtaining prosthetics. I am a Junior ROTC student at UMass Lowell and I am in the Army National Guard. As a lifelong Tyngsboro resident, I am proud to represent our community for this cause and I would greatly appreciate your support. Below is a link to my Go Fund Me page, no donation is too small. **Thank you in advance!** <https://charity.gofundme.com/en/campaign/50-legs-in-50-days/nickcoughlin1>

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66 Hollis St. Pepperell Tues 5–7pm, Thurs 2–4pm & 5–7pm. PACH provides food, paper goods and personal care items to residents in need of assistance. If interested in this service, or you want to help by making a donation of food or supplies, call **978-925-9770** or visit their web site at www.pachoutreach.org. **Please contact them first before dropping anything off.**

HOME DELIVERED NUTRITION MEALS

(Meals on Wheels Program)

Dunstable residents 60+ can call the Elder Services of the Merrimack Valley 1-800-892-0890 to see if you qualify.

The Tyngsborough Council on Aging distributes meals from our facility on behalf of ESMV. We deliver to homebound and clients who are on homecare short term. If you have any questions call the above number.

GROTON COMMUNITY SCHOOL OFFERS TWO COLLEGE SCHOLARSHIPS TO ALUMNI

GROTON, MA, February 10, 2020. Groton Community School is proud to sponsor two annual scholarships this year, which are awarded to graduating high school seniors who attended our school as young children. We are very happy to honor our school alumni, and to acknowledge two special young men who are near and dear to us. Each had a profound impact at very different stages of his life.

The Groton Community School Scholarship in Memory of Taylor Benjamin Young is now in its eighth year. Taylor was a beloved and treasured Groton Community School student who lost his life at the tender age of four. The scholarship is awarded to one high school senior who exemplifies the qualities demonstrated by Taylor during his life, especially his kind and caring nature, and his curiosity and enthusiasm for school.

Our second scholarship, is in memory of Christopher Barton, the son of Daniel and Alisa Barton. Christopher, was a personable and brilliant young man, whose important work in cancer research has guided future research and improved the lives of many. The award recipient of **The Groton Community School Scholarship in Memory of Christopher Barton** will exemplify Christopher's qualities of scientific inquiry and achievement in math, with interest in STEM (Science, Technology, Engineering, and Math) related pursuits, and desire to make a difference in the lives of others.

We hope that all eligible and interested high school seniors, who are GCS alumni, take the time to apply. All applications must be received by **Thursday, April 30th, 2020**. **For more information regarding either scholarship, please visit our website:** www.grotoncommunityschool.org/gcs-scholarships

WANT TO LOWER YOUR MEDICARE COSTS?

On January 1, 2020 the income and asset limits for the **Medicare Savings Programs*** increased. If you qualify, these programs will pay your Part B premium and in some cases your Part A and B deductibles, co-pays and Part A premium (if you have one). In addition, you will automatically receive Extra Help, a program that will lower your Medicare Part D premium and co-pays.

Income and Asset limits per month, effective 1-1-20.

Individual: \$1,738, \$15,720 and for a Married Couple: \$2,346, \$23,600 **Prescription drug co-payments** with Extra Help effective 1-1-20 Per 30-Day Supply: Generic \$3.60 and Brand Name \$8.95

To learn more and to request an application, contact MassHealth at: 1-800-841-2900 or TTY at: 1-800-497-4648. SHINE can also assist you with the application process. Call us to make an appointment. Applications are also available on-line at: <https://tinyurl.com/MassMSP> * Medicare Savings Programs are also called "MassHealth Buy-In" and are administered by MassHealth.

CALLING POLICE FOR EMERGENCY HELP

If you are calling from your cell phone in Dunstable, call **978-649-7445** (the station) or **978-448-5555** (DISPATCH).

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DUNSTABLE SENIORS WELCOME TO TAKE PART IN ONLINE BONE BUILDERS COMMUNITY TEAMWORK INCORPORATED

Bone Builders, made up of strength training and balance, especially designed for those with Osteoporosis, has been delayed due to the closing of senior centers.

However, Jean Jacoppi, a Leader of Bone Builders at the Tyngsboro Senior Center, has created a video for all to access through You Tube. *Simply search for : Crystal Lake RV Bone Builders.* The video is in two parts. All are welcome to exercise to it. Comfortable weights are necessary.

STITCHERS

Calling all stitchers to help wth projects for others. We are currently stitching afghans, 4' x 6', for hospice, as well as hats, mittens, and scarfs for the homeless in all sizes from infant to adult sizes. We have also been asked to stitch infant layettes. Let's get productive as we shelter in place and help those in need. Collection drop-off yet to be announced.

Any questions, please call Jean Jacoppi (978-649-9076).

FRIENDS OF THE TYNGSBORO ELDERLY, INC.

Know that as we shelter in place, the board of the Friends of the Tyngsboro Elderly, Inc. has been making plans for their next gathering to be held at the senior center.

To become a member of the FRIENDS, Please send your \$10 membership fee to: Friends of the Tyngsboro Elderly, Inc., P O Box 415, Tyngsboro, MA 01879.

Presiudent: Joe Jacoppi, Secretary: Elaine Rivard, Treasurer: Joanne Jean, Board Members: Elaine Franks, Mary Basiliere, Leon Poirier, and Carol Sides.

LOAVES & FISHES FOOD PANTRY, INC.

All Dunstable families are invited to visit the Pantry and receive nutritious food and personal care products. There are no income requirements – only a proof of residency (a utility bill or a rental receipt, for example, with your name, current address and date) is required. **Open** Second Tuesday of each month from 6p.m.- 8p.m. • Every Wednesday and Friday from 9:45 a.m.-12:30 p.m. • First & third Saturday of every month from 9a.m.-11a.m. To learn more about what to expect when you visit the Pantry for groceries, take a virtual tour at <https://loavesfishespantry.org/need-services/> or call us at (978)772-4627 x312. If you are interested in volunteering please email us at volunteer@loavesfishespantry.org or call us at (978)772-4627 x317. The gift of food and personal care items as well as monetary support is always welcome. Visit our website to learn more about how you can help.



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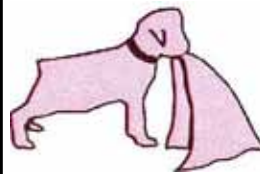
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DUNSTABLE SENIORS

Program Coordinator Susan Tully 978-649-6750
or Email at sjt0213@verizon.net

Dunstable Seniorswe are a peer group for those over 60.

*There will be NO MEETINGS at the
DUNSTABLE LIBRARY UNTIL FURTHER NOTICE*

DUNSTABLE COUNCIL ON AGING

DIRECTOR OF THE COUNCIL ON AGING

Anne Fenochetti Email: afenochetti@dunstable-ma.gov
978-649-4514 ext. 223

DUNSTABLE COUNCIL ON AGING

Barbara Martin, chairman; Mary Dow, secretary;
Donald Pottle, Vincent Hollins, James McManus.

The Mission of the Dunstable Council on Aging is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs. Feel free to give us your ideas.

Senior Services Bone Builders Program This will resume once the library reopens.

PEPPERELL FOOD PANTRY NOW OPEN TO DUNSTABLE RESIDENTS PACH Located at 66 Hollis St. Pepperell is open on Tuesdays from 5 – 7 p.m. and Thursdays from 2 – 4 p.m. and 5 – 7p.m. PACH provides food, paper goods and personal care items to residents in need of assistance. If you are interested in using this service contact office at 978-925-9770 or visit their web site at www.pachoutreach.org. **Please contact them for information about making donations.**

Van Service is available for medical appointments and grocery shopping. Cost is \$5.00 for local trips, Lowell, Chelmsford, Nashua, Tyngsboro, Westford, Ayer, Groton & Pepperell. \$10.00 for any other. Check with Anne Fenochetti as soon as you know when your appointment is to make sure a ride is available.

Meals on Wheels Do you or someone you know need the services of Meals on Wheels? This service is now being merged with Tyngsboro's MOW. For information contact Joyce Dastou at Merrimack Valley Elder Services at 1-800-892-0890.

Durable Medical Equipment Try us FREE before you buy. Check out the COA's inventory. We have a variety of good, gently used walkers, wheelchairs, transport chairs, canes, commodes and much more that people have generously donated. These are on loan and need to be returned when not in use.

Message from the Fire Department If you need the assistance of the fire department for a non-emergency situation and you've called the fire station, and no one was there. **Please call 978-448-6666 (Fire/Police/ems Dispatch)** they will notify the proper person or service to assist you. **Office # 978-649-6661**

Files of Life Why everyone should have their own **File of Life**. Medical emergencies happen any time. When they do there is panic, urgency, and confusion. A File of Life puts needed answers in the hands of EMTs. It allows first responders to immediately begin the best possible treatment. Completed File of Life have a magnetic strip on the back and should be placed on your refrigerator. File of Life are available by contacting the Fire Chief.

Living Alone Safely in Your Own Home The Dunstable COA is working with the Fire Dept and the Police to keep those seniors living alone safe in their home. They can secure a lock box with a key on to your door at your home so that in an emergency help would be able to get to you quickly. Information will be available at our Wed. lunches if you have any questions.

Nashoba Nursing Service and Hospice: For information on home health, flu clinics, nursing availability, or hospice - call 1-800-698-3307. Hospice is looking for volunteers to visit patients to give the caregiver a break. Call Wendy Chieffo for more info 1-800-698-3307 ext. 352 or wchieffo@nashoba.org.

Medicare Remember if you are turning 65 you should contact Social Security to enroll in Medicare. Medicare has no connection to your eligibility for social security benefits. If you have questions call Elder Services at 1-800-892-0890.

Invisawear, the smart jewelry that could save your life. This discreet device can send an immediate SOS to 5 emergency contacts with your GPS location. Free and optional contact 911 feature is also available and has no monthly fees. One of our seniors gave us info on this product. You also may like it. Go to www.invisawear.com for more info.

We now have the application for RMV Handicap placards.

Charity Navigator There aren't many days go by that we are not contacted to make a donation to different organizations. Want to make sure they are legitimate and the money you donate is well used. You can now look up these charities at www.charitynavigator.org

Brown Bag Program Elder Services of the Merrimack Valley, Inc. and the Greater Boston Food Bank have joined forces to offer an Elder Brown Bag Program for income eligible residents 60 years and older in the Merrimack Valley. Eligible elders will receive a FREE bag of groceries on the 4th Tuesday of each month. Each bag contains a variety of basic healthy foods: soup to cereal, meat to veggies, there may be a treat or two. Pick up at the Tyngsboro Senior Center. Applications are now being accepted and are available through Anne at the Dunstable COA office.

Elder Hotline Finding the answer to questions about issues can sometimes be confusing. The Attorney General's Office has a state-wide, toll-free telephone hotline to assist individuals on a wide range of elder issues. The number is 1-888-243-5337 (TTY: 617-727-4765) Monday thru Friday 10:00 am– 4:00 pm This elderly hotline provides a valuable service to Massachusetts' senior citizens, their families, and other information about elder related issues and programs throughout the commonwealth.

Thank You to Jon Crandall, broker partner for LAER Realty, for sponsoring our March Birthday Party. Jean Haight for the delicious cookies. Paulette & Johnathan Holmes for their generous donation of paper products.

WISH LIST small or large size paper plates & cups, paper towels.

VOLUNTEERS NEEDED Think about what you can do: to Lead an activity, teach a craft, visit or call a shut-in, when we are allowed to socialize again. Maybe you can help with this when meetings begin again.

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Hi Neighbors!

Be sure to keep those germs away with Lysol wipes and Nestle Pure Life water!

If you haven't **downloaded the new Box Top for Education app** yet, you'll be pleasantly surprised how truly easy it is. You just scan your receipt and the app does all the work for you! This is a direct, simple way to help Swallow Union and we really appreciate all your continued efforts. We hope to remain at the top during the 2019-2020 school year after finishing #2 in the state last year!

While traditional Box Tops are being phased out of production, **YOU CAN STILL CLIP AND TURN IN BOX TOPS!** You'll continue to find them on many products throughout the store for the next few years, including Hefty, Green Giant, Reynolds, Scott, Ziploc, Kleenex, and Finish (look for old logo). The program is even allowing double dipping – meaning, you can purchase items with the old Box Top logo, clip and turn those in, and then scan your receipt within 2 weeks on the app for double the points!

Once the Pandemic is under control and it is deemed safe by the Town Hall you can turn in your carefully clipped Box Tops to any of these Dunstable drop-off locations: Maple Village Preschool, the Library, post office, and West Auto Repair. Thanks again for your support!

Chrissy McLane (mclane.chrissy@gmail.com) & Amy Wilson (amywilson825@gmail.com) Box Tops for Education co-chairs for Swallow Union Elementary School swallowunionapt.org aptsallowunion@gmail.com [facebook.com/APTSwallowUnion](https://www.facebook.com/APTSwallowUnion)

Rain Barrels are now available for purchase through the TYNGSBOROUGH-DUNSTABLE-PEPPERELL RAIN BARREL PROGRAM!

This is also in association with the Conservation Depts in the 3 towns. Visit www.greatamericanrainbarrel.com/community to order your rain barrel and learn more about them. Select Massachusetts and Dunstable, or call (800) 251-2352. Their email address is info@greatamericanrainbarrel.com. The order deadline has been extended into May at this point, because of the Coronavirus. As it stands now, delivery may be late May or early in June. The cost is \$69 per barrel 40% off retail. The pick-up should be at Tyngsborough Town Hall, 25 Bryants Lane, Tyngsborough. Anyone who order rain barrels will be kept informed about the delivery date.

The Tyngsborough Sustainability Committee will be working with *Fresh Start Food Gardens* to reschedule the "Introduction to Raised Bed Vegetable Gardening" once we know when the Tyngsborough Library is allowing programs again.

In Dunstable if you have any questions you should contact the Conservation Dept at cmann@dunstable-ma.gov. If you read this online at www.neighbortoneighbornewsletter.com. The link is active and if you click, you will go right to the Great American Rainbarrel Company. They are a Massachusetts company and use 100% recycled food grade barrels to make the rain barrels. Right in Hyde Park, MA There is much more information on their website about these rain barrels.



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YOUR SPRING HOME MAINTENANCE CHECKLIST

Brought to you by Carrie Best Cyr

With a lot of you home, this might be a great time to get your home ready for our delayed Spring Market. We are considered essential and are still listing and selling. We are just doing it a little differently.

As the days get longer, so could the list of buyers in your neighborhood. Spring may be the most popular time to sell, but is your home ready? **Complete these 15 maintenance tasks to stand out in a blooming market:**

1. Mow the lawn and reshape hedges.
2. Maintain existing landscaping or plant something new.
3. Wash and arrange outdoor furniture.
4. Test in-ground sprinkler system.
5. If needed, treat trees for illness and dying branches.
6. Survey your home's exterior for broken shingles, leaks and general wear.
7. Inspect the foundation for cracks.
8. Power-wash grime from the exterior, including the driveway, porches and patios.
9. Touch up any chipped paint inside and outside.
10. Check for leaks in pipes and outdoor faucets.
11. Treat or re-stain your wooden front porch and back deck.
12. Remove mold, dampness and pests from the basement, garage and attic.
13. Examine all windows for cracks and leaks.
14. Replace air filters and prepare the HVAC unit for warmer weather.
15. Test smoke alarms and carbon monoxide detectors.

Editors Note: *These are difficult and very strange times we are all going through. If you are unable to go to work, and you have been putting things on the back burner, now might be the time to handle some of these tasks. Or you might want to get some estimates now. Just like you sign up for snowplowing in advance. You might want to contact tradesmen to make arrangements. Many tradesmen are working as they are considered essential. So if you need help with something give them a call or email.*



DUNSTABLE GRANGE #31

For now the Grange meetings have been cancelled.

Of course, if all is well in May, we are hoping to do the **Roadside Cleanup**. Watch for more info. on www.dunstable-ma.gov and www.neighbortoneighbornewsletter.com

DUNSTABLE TOWN HALL DIRECTORY

Town Hall (978) 649-4514. The departmental extensions are as follows:
221 Town Accountant 222 Town Clerk 223 Council on Aging
224 Selectmen (handles many depts.) Also for Animal Control Officer. After hours call Police at 978-649-8891. If emergency call 911
226 Building Inspector 227 Road Commission
228 Tax Collector/Treasurer 229 Board of Health
230 Conservation/Planning Board 249 Assessors, Water Dept
Please dial 0 if you need assistance.

Veteran's Officer 978-649-3919

POLICE NON-EMERGENCY 978-649-7445 POLICE & EMT 911

FIRE DEPT. TELEPHONE NUMBERS TO REPORT A FIRE CALL 911

Business Line.....978-649-6661 FAX.....978-649-6072

Alarm System* 978-448-6666* can be used to call in a fire from cell phone

You will find more information on the town website www.dunstable-ma.gov

DUNSTABLE FREE PUBLIC LIBRARY

588 Main St. 978-649-7830

The Library is **CLOSED**. At this time there are no plans to reopen before May 4th. Watch for updates on website.

For more library information go to

www.dunstable-ma.gov click on library

Mary Beth Pallis – Director – mpallis@mvlc.org

Karen Debrececi – Children's Librarian – kdebrececi@mvlc.org

Like us on FACEBOOK to receive program updates!

www.facebook.com/pages/Dunstable-Public-Library/219991908117595

• Do not return your borrowed books and don't worry about fines which will be forgiven when the books are returned.

Make sure to have your library card number ready before signing in to the MVLC website.

- The online catalog is available, but there is no inter-library loan available. Requests will be kept to be filled when the libraries do open.
- Online databases are listed on the MVLC.ORG website and can be searched by library patrons.
- Audiobooks can be accessed through Overdrive. But demand is high so expect delays.
- Summer programs are suspended currently when we determine how to adapt to the current situation.
- Go to the Dunstable Free Public Library's Facebook page for updates on our return to public access to the Library.

Our librarians miss seeing everyone in these tough days, but we will survive and return to enjoy when it is safe.

Be careful, wash your hands, stay healthy.



DUNSTABLE BOARD OF HEALTH SAFE NEEDLE DISPOSAL

You can go to this site and get information about proper disposal of "Sharps". <https://safeneedledisposal.org/search-results/>

The Dunstable Board of Health sells containers for \$5.00. Go to the Dunstable Town website at www.dunstable-ma.gov for contact info. When filled they usually can be brought to Nashoba Associated Boards of Health in Ayer. During this Coronavirus Pandemic, you should hold onto these sealed containers until you can confirm they are open and will accept them.

HAZARDOUS WASTE DAY

In case you were wondering, the Annual Hazardous Waste Day will not be held in May or June. In fact more than likely it will be scheduled sometime in the fall.

MAC N' CHEESE & DESSERT BAKE-OFF



Don't feel like cooking? Love to eat? Join us for dinner and enjoy unlimited food while helping raise money to replace the playground fence at the Maple Village Preschool in Dunstable. We also have exciting raffles and a kid's dessert competition!

New Date: Sunday, June 7, 2020 4:00pm-6:00pm

VFW, 55 Leighton St, Pepperell, MA

Tickets: \$5/kid, \$10/adult, \$35/max per family

Raffle tickets: \$2/ticket, 6/\$10, \$20 for an arm's length
Think you have a winning mac n' cheese dish? Does your child love mixing it up in the kitchen? Show off your cooking chops and compete in the Adult Mac or Kid's Dessert bake-off! Contact Chrissy at mclane.chrissy@gmail.com

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27 Old Tyng Rd. Tyngsboro, MA 01879

(about 1 mile south of Tyngsboro bridge on Rt. 3A)

Evangelist: Nathan Combs 1-978-703-4741

Web Site: www.tyngsborochurchofchrist.org

Email: thechristians@juno.com

Home bible studies in Nashua, Tyngsboro, Dracut, and Lowell.

THANKFULNESS IN A PANDEMIC

By Nathan Combs

In this growing coronavirus crisis, as in any crisis, it is easy to generate reasons for complaint and anxiety. Some are concerned by what they consider an extreme overreaction by the government, news media, and American population. Why are people going crazy and raiding the grocery stores as if the world is on the brink of collapse? On the opposite side of the spectrum, some are concerned that the country has not taken this virus seriously enough. Why are testing kits in short supply, why were some of the kits giving false positives, and why aren't some hospitals more fully prepared for this crisis? Additionally, most are concerned by the recent volatility of the stock market and the precarious nature of our economy. With each passing day, major news sources and many on social media seem to concentrate on the most worrisome aspects of this strange time.

In the Philippian church, there was also a crisis going on. Granted, it was of a vastly different sort and limited to that local congregation, but it nonetheless must have deeply concerned the Christians there and others who knew of them. In Philippians 4.2-3, Paul mentions two hard workers, Euodia and Syntyche, who could not get along with each other, and he encourages the group to help them resolve their dispute. How did he suggest they do this?

In the very next set of verses (4.4-7), he encourages the entire congregation to deal with the crisis by directing grateful prayers to God. Friction and frustration do not find footholds within a heart that is centered on Jesus and His goodness. "Rejoice in the Lord always; again I will say, rejoice. Let your reasonableness be known to everyone. The Lord is at hand; do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus." Whatever the cause of fear or dissatisfaction, there is no circumstance so great that it overshadows the character and accomplishments of our King.

Many are fearful and anxious about the inability of human government and health care systems to perfectly respond to this disease. The Christian, however, can dwell on the ancient plan which Jesus perfectly executed to single-handedly eradicate death, the most lethal disease known to mankind. Regardless of what happens to our health, our employment, our retirement savings, or our loved ones, the promise God made to us concerning our bodily resurrection remains intact (Romans 8.11). Our Creator is steadily moving us all towards the time in which we will "take hold of that which is truly life" (1 Timothy 6.15-17). In all these things we can rejoice at all times! But will we?



CLUB OF TYNGSBORO/DUNSTABLE

Rotary Motto: *Service Above Self*

Theme: *Rotary Making a Difference*

The Rotary Club of Tyngsboro/Dunstable has been serving the Tyngsboro and Dunstable area for 44 years.

Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

For further information about Rotary, please email us at tdrotary@yahoo.com or visit our website at: www.tdrotdotary.org.

Thank you for your continued support.

If you have any news or updates, for the May issue, please send in your information now.

Obviously due to COVID-19 the April issue was delayed. The May issue will more than likely come out later in the month as well.

In the mean time please check for updates on line

www.neighbortoneighbornewsletter.com

Contact anne@NeighborToNeighborNewsletter.com or Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827.

You may leave a message for me at 978-419-1914.




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For more information about COVID-19 from the Massachusetts Department of Public Health, please click here: <https://www.mass.gov/resource/information-on-the-outbreak-of-coronavirus-disease-2019-covid-19>

Text COVIDMA to 888-777, Or you can call 2-1-1

For the Centers for Disease Control, please click here: <https://cdc.gov/coronavirus/2019-ncov/index.html>

NASHUA COMMUNITY CONCERT ASSOCIATION

Unfortunately due to COVID-19, the rest of the performances for the season have been postponed for now. You can get updates about the concerts at our website

www.nashuacommunityconcerts.org
or call 603-579-0603.



13TH ANNUAL GALA

the Only Party that Builds a Home

This will be held on Friday, June 19, 2020, from 6-10 pm.

UMass Lowell Inn & Conference Center located at 50 Warren St., Lowell, MA 01852

A limited number of tickets at \$110.00 per person are available. At the Door the cost is \$125 per person.

Silent Online Auction Opens June 5th!

<https://Build2020.givesmart.com>



CAT FOOD DONATIONS NEEDED

To feed a colony of feral and homeless kitties. Please call Don Gaudette 978-799-9715 for the drop-off location on the Dunstable/Tyngsboro line. **Volunteers to help with the feeding are also needed.** Associated with Kitty Angels www.kittyangels.org Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats

NEW LIFE FINE ARTS HAS POSTPONED THE APRIL 2020 PRODUCTION OF "ESTHER: FOR SUCH A TIME AS THIS" UNTIL FURTHER NOTICE.

Due to the increasing concern over the growing Coronavirus pandemic, the Groton-Dunstable school system has closed their schools and postponed all "outside activity" until further notice. This includes events at the Groton-Dunstable Performing Arts Center, where our productions have been held during the last few years. We are grateful to you—our NLFA family—for your support and prayers during this unique time in world history.

If you have purchased tickets in advance, you will be contacted within the next few days and receive a full refund. Once we have a better understanding of the country's health situation, we will be in touch about rescheduling the performances of *Esther*.

Until then and always, our confidence is in the Lord. Please keep New Life Fine Arts in your prayers as we seek the Lord's help in navigating these unfamiliar waters. Remember: "We will not fear for God has willed His truth to triumph though us!"

In great appreciation for you all,
Peter Vantine, Production & Development Manager
New Life Fine Arts

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- Help lead team-building activities
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To our community,

With the coronavirus pandemic challenging our healthcare system and impacting the lives of everyone, we want to take a moment to recognize all you have done for us.

Over the past 130 years, Lowell General Hospital and the people of the Merrimack Valley have weathered many challenges and come away even stronger. To meet the challenge of this latest threat, our physicians and nurses on the front lines as well as our entire support staff have worked tirelessly to make sure you can count on us when you need us most.

In return, our community has stepped up for us in incredible ways. You have sewn masks to protect our staff. You have donated supplies and money. You have held signs and written heartfelt letters of appreciation. And most importantly, you have stayed home to protect your family, friends and neighbors, and allowed us to provide the best possible care for those who need it.

For all of your support, we say thank you.

To learn more about our COVID-19 resources, visit www.lowellgeneral.org/coronavirus or call our information hotline at 978-942-2850. We will continue to be here for you, because you have always been there for us.





DUNSTABLE ANIMAL CLINIC

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(978) 649-6513

FAX (978) 649-6528

HOURS

Mon. 9:00 A.M. - 5:00 P.M.
 Tues 9:00 A.M. - 6:30 P.M.
 Wed 9:00 A.M. - 5:00 P.M.
 Thurs 9:00 A.M. - 6:30 P.M.
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A NOTE FROM DUNSTABLE ANIMAL CLINIC

The COVID-19 pandemic is affecting us all and the Dunstable Animal Clinic is no exception. Based on the recommendations of the CDC and AVMA we are taking the following precautions to keep everyone safe and healthy.

Staff only are being allowed in the building.

When you come for an appointment call the office (978) 649-6513 and a staff member will come out to get your pet with a slip lead that will be disinfected between pets. If you do not have a cell phone, call before you leave your house with an ETA and what car to look out for.

For medication/food pick up we are asking that you call with requests and payments over the phone first. Again, call the clinic when you arrive and a staff member will bring it out to you.

No more elective surgeries at this time. If you are going to need a refill of any long term medications do it now. We are doing our best to stay open to serve all of our clients. This is an evolving situation we will try to keep you updated as things change. Thank you for your understanding.

PET HEALTH DUNSTABLE ANIMAL CLINIC

RAW DIET IN PETS

Tara M. Sacramone, DVM



Lately we have been getting more questions about feeding pets a raw food diet. In theory it seems like a good idea, more back to what animals eat when in the wild. However, the raw food in these diets does not come from the wild. It comes from slaughter houses, and as such is more likely to contain illness inducing bacteria such as E. coli, Salmonella and Listeria. Statistically, not only do the dogs get bacterial infections from raw diets, but so do the humans who handle the food and their dog's stool. In one study 59.6% of raw meat diets had E. coli.

Another problem with raw diet, especially if homemade, is imbalances with vitamins and minerals like calcium, phosphorus and vitamin A. This is less of a problem with commercially available raw diets.

When clients ask me if they should feed their pet a raw diet I always say no. If they insist I try to convince them a homemade cooked diet would be better. Ideally that diet would be designed by a veterinary nutritionist certified with the American College of Veterinary Nutrition.

Certain diseases, like kidney disease, diabetes, and pancreatitis, do better with specific dietary alterations which are also hard to adjust with homemade diets.

In general I admit the idea of a raw diet can be appealing, however, in practice it is really too dangerous to both your pet and even you. Would you eat raw meat? I know I wouldn't.

TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



The Little Red Schoolhouse is located at 64 Main St., Dunstable, MA (Route 113) not far from the town line near Rte 3 Meetings are FREE and OPEN TO THE PUBLIC

Unfortunately there will be no events during April and May 2020 at the Little Red Schoolhouse.

Both the April Clean-up and the Annual Gas & Steam Engine Meet have been cancelled.

• For program updates, check the TDHS website:

www.tdhsociety.org

Email address: tyngsboroughdunstablehs@gmail.com

When you call a business listed here, please tell them you've seen their ad in Neighbor to Neighbor.

They would like to know. Thank you, Anne



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For questions or more information, please call our office 978-649-2262
Pastor Denis Frediani 1-603-579-0904
www.tyngsborocongregational.org
E-mail ecctsect@yahoo.com

- At this time all activities and church services are cancelled at this time. Please check our facebook page site for updates.
- THRIFT STORE is closed until further notice. We would appreciate if you would hold your donations until we re-open.
- Please pray for the world and that the CORONA Virus is able to be controlled soon.

• **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: 1. Log onto the church website <http://www.tyngsborocongregational.org> 2. On home page you will see a photo of the church. Hover the cursor over the word "SERVING" 3. Click once on the word "SERMONS" 4. Scroll down to see "Listen to our sermons for free on SoundCloud.com" 5. Click once on the link/word "SoundCloud.com" 6. Below the Church logo sermons listed by date, passage, sermon title 7. Click orange circle to listen to the sermon you desire.

CHELMSFORD CATHOLIC COLLABORATIVE

Home to both St. Mary and St. John the Evangelist Parish Families
(978) 251-8571 (978) 256-2374 www.chelmsfordcatholic.org

Pastor: Rev. Brian E. Mahoney

Parochial Vicar: Rev. Corey Bassett-Tirrell

Staff Offices: 115 Middlesex Street, North Chelmsford

Office Hours: Mon, Tue, Thur: 9 am – 5 pm; Wed: 9:30 am – 5 pm;
Friday: 9 am – 3 pm; Sunday: 8 am – 12 noon

Our LIVESTREAM and OPEN CHURCH schedule has changed profoundly. Please go to our website

WWW.CHELMSFORDCATHOLIC.ORG

please visit the website as there is so much is going on.

- Daily and Weekend Masses are LIVESTREAMED
 - Saturday, 4 pm and Sunday, 11 am at St. Mary
 - Sunday, 8:30 am at St. John the Evangelist Church
- AGAIN, WE ARE LIVESTREAMING MANY DEVOTIONS
There are too many to list here, so please refer to our website.

Parking Lot Confessions

4:00 – 6:00 pm (weather permitting) until ban is lifted

- Mondays at St. John Parking Lot
- Wednesdays at St. Mary Parking Lot

As we are still required to practice social distancing, we ask that you please remain IN YOUR CAR. Our priests will be close enough hear your confession, yet remain at a safe distance to avoid spread of illness. And other cars will be kept at a distance so that your confession will be heard by only the priest. If there are multiple people in the car, arrangements will be made.

ST. PATRICK'S DINNER

The Traditional Corned Beef & Cabbage Dinner Buffet that was to be held at St. John the Evangelist Church in North Chelmsford March 14, 2020 has been cancelled. We were hoping to postpone, but with COVID-19 it was decided to refund the ticket price. (<https://chelmsfordcatholic.org>) Call the rectory 978-251-8571 or Jane Sockey at 978-649-3404 for more information.

ONE-DAY RETREAT FOR

GRIEVING PARENTS

This was to be held in April.

We are hoping to be able to reschedule this in the fall.

SAINT JOHN THE EVANGELIST CHURCH

115 MIDDLESEX STREET, NORTH CHELMSFORD, MA- 01879

Spiritual Support For Grieving Parents Who Have Experienced the Death of a Child No Matter The Age or Reason.

Information will be posted on

www.neighbortoneighbornewsletter.com

and in the printed issue as soon a date is set.



46 Coburn Road
Tyngsboro

SHERBURNE NATURE CENTER & TRAILS

For more information on this and future events, please visit the website <http://www.naturewalkscs.org/events-schedule>

Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, and observe meadow wildflowers and butterflies. It's a great place for outdoor exercise and to enjoy nature close to home. Sherburne Nature Center and Trails activities are open to all who are interested. Activities go rain or shine. In extreme weather conditions, activities are cancelled. *No reservations or fees required. Children under 16 must be accompanied by an adult.*

Please note: The tennis court behind the Sherburne Nature Center is not part of the PUBLIC Nature Center property.

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BEAVER BROOK ASSOCIATION

The BBA office has been closed to the public temporarily.

We will still be able to do work outside and to communicate with you via email, the website, facebook, twitter and occasionally by phone.

Please continue to enjoy the outdoors whether it is Forest Bathing (sitting in the sun or under a tree) or walking for your health on our trails or anywhere else outside.

At Beaver Brook we are trying to help people with educational opportunities they can take during this health crisis. We also have places to visit for relaxation and forest bathing to help reduce anxiety. They are all on our website www.beaverbrook.org/ go to trail maps pages. Take care and stay in touch. We are busy planning for the future! Contact Us (603) 465-7787.



There are no meetings scheduled at this time.

Altrusa's mission is to promote literacy and to make a difference in the lives of those in need in our communities. To learn more about Altrusa and their projects, e-mail us at altrusamv@gmail.com or visit us at www.altrusa.org or <https://districtone.altrusa.org/>

THE WISH PROJECT

166 Middlesex St., North Chelmsford, MA 01863

This is behind Hertz Car Rental

NOTE: Hours to drop off emergency donations by appointment (email info@thewishproject.org or call 866-947-4360 x2 or contact us on our [Facebook page](#)



With your Donation, we will be able to help more families in crisis and more families in need in Merrimack Valley. www.thewishproject.org

It's been barely two weeks since the warehouse became strangely quiet. COVID-19 has changed how most of us spend our days. With the Governors request for social distancing the warehouse had to adapt. We knew the already vulnerable population we serve would still need things but our means of helping them would have to change for the safety of everyone involved. The result is drive up emergency assistance at the dock, maintaining a 6' distance for everyone's health and safety. This client picked up diapers and some goodies for her children while staying home during this difficult time. So far we have already helped 108 clients with emergency needs with no end in sight. If you would like to help by donating items from our emergency wish list on Amazon you can follow the link and ship the item direct to us. **Amazon Emergency Assistance Wish list**. Most of the items being requested right now are toilet paper, paper towels, laundry soap, diapers, wipes, formula, disinfecting products, hand sanitizer and hygiene products. If you would like to drop off an emergency item at the warehouse email Jill at info@thewishproject.org to arrange a time. If you prefer to make a monetary donation you can follow the link and **Donate Now** to help us fill our clients needs. Thank you for helping us to support our clients and community during these extraordinary times.

These past few weeks have changed the way we operate. We are no longer open to walk in clients and donations, but Jill is working hard manning the phones and checking emails to ensure that clients and caseworkers get the items that they so desperately need. Thank you to the following individuals for taking the extra time to make an appointment to drop off donations, made monetary donations, or shopped our Amazon emergency wish list.

Thank you all for continuing to support our mission during these difficult times. We all at The Wish Project, as well as our clients, partner agencies, and caseworkers, thank you.

WISH LIST

- Size 4T/5T Pull Ups, Size 2, 3, 5, 6 Diapers
- Slotted Spoons, Serving Spoons, Cookie Sheets, Coffee Makers, Similac Advance Formula/blue can.
- Disinfecting Wipes, Hygiene Products
- Hand Sanitizer, Paper Towels
- Laundry Soap, Toilet Paper
- Toothbrushes, Toothpaste
- Face Masks
- Shampoo, Conditioner
- Body Wash, Razors, Deodorant

PLEASE NOTE: Hours to drop off emergency donations: by appointment (email info@thewishproject.org or call 866-947-4360 x2 or contact us on our [Facebook page](#)

About Us The Mission of The Wish Project is to help families in need in Merrimack Valley. www.TheWishProject.org or call us at (866) 947-4360. Mailing address is: The Wish Project, PO Box 8693, Lowell, MA 01853

If you would like more information please contact Lori at Lori@thewishproject.org and let her know how you would like to help. You may also make a donation on our website.

EDITORS NOTE: If you are reading this in the printed version, and do not have access to a computer, please call the Wish Project at (866) 947-4360 for more information.




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NOW IS AN IMPORTANT TIME TO CONSIDER QUITTING SMOKING AND VAPING

We all know that smoking is harmful to one's lungs. As our lives are disrupted by the coronavirus, this fact raises concerns about the damaging impact the coronavirus (COVID-19) may have on those who smoke or vape. Dr. Nora Volkow, director of the National Institute on Drug Abuse, says, "Because it attacks the lungs, the coronavirus that causes COVID-19 could be an especially serious threat to those who smoke tobacco or marijuana or who vape." While the long-term impact of vaping is not clear, there is evidence coming out that vaping, like smoking, harms the ability of the lungs to fight infection.

Despite the stressful times we're living in, people who smoke or vape may want to quit to improve their ability to fight the coronavirus. The stress may have led others to relapse and start smoking or vaping again. It's never too late to try to quit. People who smoke and vape know how hard it is to quit because nicotine, the drug in tobacco and vaping products, is highly addictive. Repeated tobacco and nicotine use is not a habit, it's an addiction and quitting can take several tries before one can quit for good. Many tobacco users say quitting is the hardest thing they've ever done; however, with planning, support, and dedication, many people quit for good.

Now may be a good time for those who smoke or vape to call the Massachusetts Smokers' Helpline at 1-800-QUIT NOW (1-800-784-8669) for free coaching and support 24 hours each day, seven days a week. Enroll online, access quit planning tools, peer support and motivational text messages at KeepTryingMA.org.

Up to eight weeks of FREE nicotine replacement help from patches, gum or lozenges are available through the Helpline (with medical eligibility). With coaching and quit medication people can be twice as likely to quit for good compared to those who try to quit on their own.

Quitting improves one's health right away; lungs start to heal, and the body starts to repair its ability to fight infection. For more information, call 1-800-QUIT-NOW or visit KeepTryingMA.org.

For more information, contact me, Ashley Hall at the Northeast Tobacco-Free Community Partnership at (978) 722-2864 or ashley.hall@qifhc.org

STE JEANNE D'ARC SCHOOL ELISABETH BRUYÈRE AWARD DINNER

This year we are honoring James F. Linnehan Jr., Esq. The dinner had to be postponed, and will now be held on Thursday, June 18th, 2020, 6:00 PM at Lenzi's in Dracut, \$100 per ticket. For more information or to register please visit www.sjdar.org/gala. We are continuing to accepting Event Sponsors through May 4th. Contact Jacqueline Schnackertz at 978-454-7038 or jschnackertz@sjdar.org for more information.

COMING HOME TO CATHOLICISM

The program had to be postponed. And will be rescheduled as soon as we are able. When dates are set we will post on www.neighbortoneighbornewsletter.com and in the printed issue.

This program is offered by St Kathryn Parish, 4 Dracut Rd., Hudson, NH as a two Day Retreat on consecutive Saturdays. The program is for those who have left the Catholic Church, for any reason, and might be feeling the calling to return. All of the Team members have left the Church at one time and have returned, providing a comfortable and understanding atmosphere for others looking to return. The program is designed to answer most of the questions returning Catholics might have and some discussion to address any individual concerns (don't worry, participants can share as little or as much as they'd like). **Anyone interested can contact the parish office at 603-882-7793 .**

ST MARY MAGDALEN PARISH

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•Join us on Facebook! Search "Saint Mary Magdalen Parish Tyngsboro" & like our page. See daily meditations
• Prayer Line – Do you know of someone needing prayers? Call Helen (978) 649-7927 or Carol (978) 649-6717. (Submit only first name of one to be prayed for)



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NEW TAX DEADLINE JULY 15, 2020

The U.S. Department of the Treasury has extended the federal and state tax filing deadline AND income tax payments from April 15, 2020 to July 15, 2020. You do not have to file for an extension. This change is only for this year.

The unprecedented change in the deadline for individuals to file their annual federal and state income tax returns comes as the nation, and the world, are combating the Covid-19 Coronavirus pandemic.

In these challenging times, we are all navigating through uncertainty for ourselves, our loved ones and our community.

All of us at Dawn M. Kay, CPA, P.C. hope you are staying healthy and safe in this unparalleled time. We will all get through this together.

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MIDDLESEX CONSERVATION DISTRICT SPRING PLANT SALE CANCELLED

The Middlesex Conservation District unfortunately had to cancel its Annual Spring 2020 Plant Sale, that was to be held at the end of April during the order pick-up, due to COVID-19.

If you placed an order (thank you) you will receive notice, from The Middlesex Conservation District office, about arrangements for pick up of your order. You will be notified of the date, time and location and any detailed instructions, by postcard and/or by email. www.middlesexconservation.org

DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827

www.Dunstablechurch.org

978-649-6251

Pastor Bobby Ross pastorbobby@dunstablechurch.org

DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."

Due to the health pandemic across this country and the world, all **services at the Dunstable Evangelical Congregational Church** have been suspended until further notice.

Please check our website www.dunstablechurch.org for updates. On the main there is a box "Click here for more information on how we will continue to be the church! It will bring you to a page that will give you details on how to keep in touch with the Office, The Pastor and how to subscribe to connect for Live Streaming or recorded messages.

At this time, we do not expect to resume services at the church during the month of April. Please check the website often for updates.

PHISHING ALERT: CORONAVIRUS SCAMS -- FOR REFERENCE & CLARITY

This office has become aware that cyber criminals are exploiting Coronavirus through emails posing as legitimate medical and or health organizations. (In one instance, victims have received an email purporting to be from a medical/health organization (with bogus information regarding the Coronavirus.)

Be on the lookout for:

Emails that appear to be from organizations such as the CDC (Centers for Disease Control), or the WHO (World Health Organization) or other government agencies. The official source of COVID-19 information in the Commonwealth is <https://www.mass.gov/dph> Review emails that ask for charity donations for studies, doctors, or to assist victims that have been affected by the COVID-19 Coronavirus. Scammers often create fake charity emails during major events like hurricanes or earthquakes.

Other malicious emails tout "new" or "updated" cases. These emails may contain dangerous links and information designed to scare you into clicking on the link. (One example:-- an up-to-date map of reported cases: you get a map along with malware that can steal computer passwords and data.)

Protect yourself from scams:

Never click on links or download attachments from an email that you weren't expecting. If you receive a suspicious email that appears to come from an official organization such as the WHO or CDC, report the email to the official organization through their website.

If you want to make a charity donation, go to the charity website of your choice to submit your payment. Type the charity's web address in your browser instead of clicking on any links in emails, or other messages.

The EOTSS messaging team is working to add a warning to email from external senders. This practice will help people avoid accidentally clicking an unsafe message. Once the change is implemented you will see the following text in emails sent from outside the organization.

CAUTION: Do not click on links or open attachments unless you recognize the sender and know the content is safe.

Information courtesy of:

John Merto, Commonwealth Chief Information Security Officer, 1 Ashburton Place, 8th Floor, Boston, MA 02108 Office: (617) 660-4488 | Mobile: (617) 513-0043 john.merto@mass.gov | www.mass.gov/eotss Executive Office of Technology Services and Security (EOTSS) EOTSS provides secure and quality digital information, services, and tools to constituents and service providers when and where they need them. Emmett H. Schmarsow, Program Manager for Councils on Aging and Senior Centers, MA Executive Office of Elder Affairs, 1 Ashburton Pl., 5th Flr. Boston, MA 02108

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1-978-251-4834 www.wcumc.us

Worship 9:30AM online

We are keeping all of you, of our community, in our prayers.

Please check out our website for updates and general information. You can connect with us at **9:30 Sunday mornings** going forward.

If you want to be on the church email list, for an invite to the Worship, you can send your email address to the Administrative Assistant Roberta Stratton at office@wcumc.us.

**DUNSTABLE
TYNGSBOROUGH
LIONS CLUB**



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need. **We are currently looking for community minded members to join, please contact membership chair Joe Ward his contact information is below.**

Officers for the 2019-2020 Lions Year

President: Mark Alexander, 1st Vice President/Membership Chair: Joseph Ward, Treasurer: Bob Reich, Secretary: Laura Ward, Tail Twister: Meghan DeMonico.

Because of COVID-19 meetings are canceled at this time. Anyone interested in joining the lions is asked to contact Joseph Ward at 978-930-1153. By the time you receive this, we may have a project that you would like to get involved with. Once we can meet again, we will let you know where, and when meetings will take place.

Events and Activities

• We would like to Congratulate Abigail Nunes from the Academy of Notre Dame who came in Second Place in the Lion's District 33N Peace Poster contest.

• The Club held its second annual Cigar Night at Two guys Smoke Shop. The proceeds raised will help the club's local charities. We are organizing another cigar tasting to be held late spring stay posted.

These activities were scheduled but are postponed for now.

If you are interested, please make note of telephone numbers to keep in touch with the Lions Club

••• Pickleball Social Event on Saturday April 4th from 4pm – 6pm at Tyngsboro Sports Center, 500 Potash Rd, Tyngsboro. We will have 50/50 raffle, t-shirts, food, drinks, & more. *For more information and tickets contact Bob Reich at (978)697-2260.*

••• Senior Luncheon on Saturday May 2, 2020. This will be a joint effort between the Dracut lions and Dunstable – Tyngsborough. To be held at the Dracut Senior Center. For more information please contact Joe Ward 978-930-1153

YOU CAN HELP BY DONATING THE FOLLOWING:

- **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.
- **Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.
- **Can tabs** please place into bags before putting in the boxes.

Lion's collection boxes for eyeglasses and hearing aids and can tabs are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Multi-Service Center at 180 Lakeview Ave, and Dunstable Town Hall, Post Office and Library.

Pennies for Sight: "Your change- changes people's lives" See a Lion cannister around please consider donating. Every Penny Counts!

"Alone we can do so little; together we can do so much."

Helen Keller



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

Leave your name and message at (978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

It is incredible how things can change so quickly. Because of COVID-19 there were so many events planned in March, April and May that had to be changed to postponed or cancelled. Going forward I will post as much info as I can to my website. **I do intend to print a May issue.** *If you don't receive a printed version of "Neighbor to Neighbor" you can read it online. You can download and print if you prefer.* It will be out later than usual in May as well.

Also, the advertisers in the issue, are considered essential. *They have to be available to serve when needed.* Do not hesitate to call if you need their services. They can let you know what procedures they do to keep everyone safe. If you are at home and have the time to contact a business for repairs or upgrades, now may be a good time to get in touch. Many outdoor projects can be done as well. I am sure they would work with you, giving you estimates and would appreciate your business. Where much communication is done by phone, email and through websites I am sure arrangements can be made without coming in contact.

If you belong to an organization who needs volunteers for a project, or a non-profit who is in need of supplies or donations of food, please send me the info. News can be sent in a word file or in the body of an email. If you have a business that is looking for employees, or offers a service that you want everyone to know about, email me and I will forward the detailed rate sheet to you. Please contact me if you need more time to submit your article or your ad. I will hold a place for you. If you call, please leave a message as it goes to voicemail and I will get back to you as soon as possible.

Printed circulation each month for Dunstable & Tyngsborough is 6,312 issues. Current & past issues available by clicking on "Neighbor to Neighbor Newsletter issues" in the heading on the website. Please visit www.neighbortoneighbornewsletter.com.

I look forward to hearing from you.

Thank you to those who are helping us stay safe.

Let us do our part. Keep Your Distance. Be Safe.

Sincerely, Anne Paquin

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**ENTERPRISE BANK
OFFERING EMPLOYEE TUITION
ASSISTANCE PROGRAM IN PARTNERSHIP WITH THE
UNIVERSITY OF MASSACHUSETTS LOWELL**

Enterprise Bank and the University of Massachusetts Lowell have announced a partnership to offer a new tuition assistance program to eligible bank team members.

Under the first-of-its-kind program, team members enrolled in courses at UMass Lowell can delay tuition billing until the course is completed and the grade is released. Team members attaining qualifying grades will have their tuition paid directly by the bank to the university.

The new program became part of Enterprise Bank's Total Rewards Program beginning January 2020. Jamie Gabriel, chief human resources officer, EVP, said, "By fostering educational growth, the tuition assistance partnership with UMass Lowell positions our new and existing team members for advanced career development opportunities. We look forward to the continued success and value that this partnership will bring to our team members' career opportunities here at Enterprise Bank."

Steven F. Tello, Ed. D., vice provost for graduate, online and professional studies at UMass Lowell, said, "The university is quite pleased to expand our longstanding relationship with Enterprise Bank by implementing an educational partnership through their Total Rewards employee benefit program. This partnership will provide tuition remission and deferment benefits for Enterprise Bank employees enrolled in one of UMass Lowell's highly respected undergraduate or graduate business programs. We value corporate education partnerships like these that enable us to strengthen the skills and knowledge of our local workforce, benefiting the individual employees, their employer and the greater community."

Team members who are enrolled in courses at UMass Lowell that are directly related to their present position, or that will enhance their potential for advancement to a position within the bank can participate in the program. Newly hired team members are eligible for the program as soon as they begin with the bank.

Dean Frechette, systems engineer with Enterprise Bank and participant in the program said, "One of my goals has always been to get my master's degree in information technology and I am very excited that the bank's Tuition Reimbursement Program allows me to work toward that goal. Additionally, the new partnership with UMass Lowell makes it even easier to get started with the program and attend a high quality university."

Other educational benefits offered within the bank's Total Rewards Program include traditional reimbursement of tuition for degrees, certificate programs and professional certifications, and assistance with student loan payments.

Enterprise Bank has also entered into a similar tuition assistance partnership program with Middlesex Community College.

About Enterprise Bank

Founded in 1988 in Lowell, Massachusetts, Enterprise Bank currently has 24 full-service locations in Massachusetts and New Hampshire, and approximately 550 employees. The 25th branch is slated to open in Lexington in early March 2020, and the 26th branch in North Andover is targeted for summer of 2020. As of December 31, 2019, the bank reported total assets of \$3.24 billion and investment assets under management of \$916.6 million. For more information about Enterprise Bank including a full list of branch locations, please visit www.EnterpriseBanking.com. For more info about Enterprise Bank please visit <https://www.enterprisebanking.com>.

About UMass Lowell

UMass Lowell is a national research university located on a high-energy campus in the heart of a global community. The university offers its more than 18,000 students bachelor's, master's and doctoral degrees in business, education, engineering, fine arts, health, humanities, sciences and social sciences. UMass Lowell delivers high-quality educational programs, vigorous hands-on learning and personal attention from leading faculty and staff, all of which prepare graduates to be leaders in their communities and around the globe. www.uml.edu