

## Neighbor to Neighbor

Published by Anne M. Paquin Since 1983 64 Hardy St., Dunstable, MA 01827 (978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com www.neighbortoneighbornewsletter.com *Celebrating 36 Years of Service* 

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POSTAL PATRON TYNGSBOROUGH, MA 01879 CARRIER ROUTE STANDARD U.S. POSTAGE PAID TYNGSBOROUGH, MA 01879 PERMIT NO. 40

## ADOPT-A-FAMILY

#### Dear TPS Community:

It is that time of year again, and the Tyngsborough Public School's sponsored *Adopt-A-Family* program is beginning its annual efforts as we approach the 2019 holiday season.

The Adopt-A-Family program has been in existence for over forty years and provides assistance to needy families within our community during the holidays. The continued goal of the program is to assist those in need within our community by providing a meal, as well as gifts for children and teens who might otherwise go without. Last year this Adopt-A-Family program was able to assist over 100 needy families and elderly with help from students in our schools, private citizens and a few community businesses. This year will be no different, times continue to be difficult for a growing number of families.

In order to continue to provide assistance, we are reaching out to community members and businesses in the greater community for support. At this time the program is in need of the following:

... Family and children sponsors, please email our Family Liaison Melissa Mallous at Melissa.Mallous@tyngsboroughps.org

... Gift cards to local businesses (Walmart, Target, Market Basket, Old Navy, etc.)

... AAF Gift Basket Raffle - Purchase raffle tickets - AAF tickets can be purchased in the main office of TES, TMS and THS beginning November 4, 2019. The raffle will end on December 5, 2019 and the winners will be announced on December 6, 2019.

... Monetary donations (checks made out to Tyngsborough High School, memo: Adopt A Family Program) can be sent to Tyngsborough Public Schools, 50 Norris Road, Tyngsborough, MA 01879, ATTN: Sharon Fairbanks

If you are interested and able to make a donation, sponsoring a child/family yourself, or as a group, or offering support in another way, please contact one of the *Adopt-A-Family* committee members listed below. We look forward to establishing new partnerships within our community. Your contribution, along with the combined efforts and generosity of many, will ensure another successful season of giving for our neighbors in need.

Warm regards, **Sarah Lewenczuk**, 978-649-8914, Adopt-A-Family Secretary & Treasurer <u>Sarah.lewenczuk@tyngsboroughps.org</u> **Melissa Mallous**, 978-649-3115, Family Liaison <u>Melissa.mallous@</u> tyngsboroughps.org

Sharon Fairbanks, 978-649-7488, Adopt-A-Family Community Liaison <u>Sharon fairbanks@tyngsboroughps.org</u>

## Happy Thanksgiving!



#### IN MEMORY OF

Chief Charles C. Chronopoulos Shelley A. Biagiotti Charles Lee Browning Jr. Irene R. Lagasse Ricard Mary A. Glasheen Barry Richard A. Martin Sandra M. Klepacki Pizzano Jacqueline Ares Bessie Dragoumanos Cricones Anne E. Maberry Knight Cornelius Joseph McLarney Elsie Elizabeth Ferguson Miller Joseph Emery Nolet Joseph L. Salvia Jr. Mary E. Flanagan Trott Judith D. Bellerose Vizinho Larry Joseph Johnson Barbara P. Godin Oliveira Denise M. Durand Richard A. Martin



#### TYNGSBOROUGH TOWN CLERK NEWS

**2019 DOG LICENSES** are available at the Town Clerk's office or by mail. Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. If renewing by mail, please enclose a stamped envelope for the license. Licenses are now overdue and will require an additional \$25.00 for the late fee!

Please contact the office at 978-649-2300 extension 129 or email to jshifres@tyngsboroughma.gov with any questions.

## TYNGSBOROUGH BOARD OF HEALTH

<u>Mosquitos are still active.</u> Eastern Equine Encephalitis virus activity has been detected in Barnstable, Bristol, Essex, Franklin, Hampden, Hampshire, Middlesex, Norfolk, Plymouth and Worcester counties. 10 human cases of EEE have been confirmed so far this year. Residents are urged to take personal protective activities like using EPA approved repellents and avoiding mosquitoes at peak times. *Mosquitoes will probably be around until the first <u>hard</u> <i>frost.* You may go to the CDC website for more information. Here is the link for information about EEE Eastern

Equine Encephalitis

https://www.cdc.gov/easternequineencephalitis/gen/pre.html If you have any further questions, please contact the Board of Health at 978-649-2300 x118.

#### **YARDWASTE COLLECTION**

If you missed the collection on the 1st, one more will be held on Friday, November 1st and Friday, November 15th.

#### **TRASH & RECYCLING**

November 11th is a holiday, Veterans' Day, so trash and recycling will be a day delay for that week.

#### **TYNGSBOROUGH VETERAN'S OFFICE**

If you have questions or need help please contact Chris Dery at the Tyngsborough Town Hall at (978) 649-2300 ext 131 or email him at <u>veteransagent@tyngsboroughma.gov</u> Carrie Best Cyr REALTOR\*



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## FRIENDS OF THE TYGSBORO ELDERLY, INC.

Friends is a non profit corporation. Monies donated or raised benefit the elderly in Tyngsboro. This year Friends will fund the Christmas Dinner, on December 18, 2019, held at the Senior Center 169 Westford Road, Tyngsboro. There will be a 50/50 Raffle as well as raffle tickets sold for several Gas Cards (drawn on December 18th).

Prior to the Thanksgiving Dinner on **November 20, 2019**, **The Stitchers** will have a **Christmas Market** at which all their knitwear will be for sale.

Become a Friends member for \$10. Forms and mailbox are available at the center. For information or questions, please call Joe Jacoppi, President, at 978-649-9076. Join in on the fun!

## THERE'S A LOT TO LOVE ABOUT FALL LEAVES

by Sustainability Tyngsborough Chairwoman, Liz Antanavica

The first hint of crisp air and blustery winds means its sweater and boot weather, but it also means the yearly leaf cleanup is on its way. This year, put your fall leaves to work instead of tossing them in the woods or bagging them and sending them off in the yard waste truck.

If you don't have a mulcher mower, you can run over fallen leaves a few times with your regular lawn mower or use a shredder to break them down into smaller pieces. Now you have four options for these shredded leaves:

Leave them on your lawn and spread lime over them. The lime will offset the acidity of the shredded leaves (and pine needles). This will enrich your lawn.

Use them as an insulating mulch layer for acid-loving plants like blueberries and evergreens.

Naturally enrich veggie beds by mixing shredded leaves, along with some garden lime, directly into the topsoil. This will increase the organic material and water holding capacity of your garden.

Add the leaves to your compost pile with grass clippings and other "green" materials to generate your own nutrient rich soil additive.

Leave the leaves that fall in your flower and veggie garden beds and delay your clean up until Spring. The leaves help preserve valuable habitat for overwintering butterflies, moths and native bees and provide an insulating layer for tender plants and shrubs.

Remember, you should never dump grass clippings, leaves or other yard debris within 30 feet of a wetland resource area, including stream banks or drainage culverts. These materials will eventually break down into soil, which will then fill in the wetlands. Filling wetlands negatively impacts storm water holding capacity and also contributes to nutrient runoff into our waterways and algae bloom downstream in our ponds. This is why dumping such organic matter within 30 feet of wetlands is illegal under state and local wetland protection laws.

Sustainable Tyngsborough is a subcommittee of the Board of Selectmen. We meet the third Tuesday of every month, beginning at 6:30pm, in Meeting Room #1. You are always welcome to join us and share your sustainability ideas and concerns.

#### GRACE LUTHERAN CHURCH 130 Spit Brook Road, Nashua, NH 03062

Pastors: George Ruwisch and Mick Meyer Ministry Coordinator: Sharlene Peterson Youth Director: Alison Efstathiou 603-888-7579 www.glcmsnh.org

## Neighbor to Neighbor

Published by Anne Paquin Since 1983 64 Hardy St., Dunstable, MA 01827-1403 <u>Tel. 978-419-1914</u> <u>E-mail: anne@neighbortoneighbornewsletter.com</u> Copyright© 2019, Neighbor to Neighbor. All rights reserved. Reproduction of any part of Neighbor to Neighbor without permission from the publisher is prohibited. Neighbor to Neighbor assumes no financial responsibility for inadvertent omissions of advertisements or errors in advertisements, but will reprint that part which is incorrect if informed within 10 days of publication.

#### THE STITCHERS

#### The Stitchers meet every Monday from 1PM to 3PM in the Arts and Crafts Room of the Tyngsboro Senior Center located at 169 Westford Rd., Tyngsboro

Volunteers are available to teach knitting and crocheting. We work on knitwear and afghans for the homeless as well as lap robes/afghans for hospice. Some of our knitwear will be for sale at the Christmas Market taking place on November 20th at the center.

Recently, 20 layettes were given to Kathy Kelly, director of the Battered Women's Shelter in commemoration of Domestic Violence Awareness Month. Supplies are available or you may wish to bring your own for your special project.

If you have any questions or would like to join the group, please call Jean Jacoppi, (978-649-9076), Coordinator of Stitchers.

#### ⊕ ⊕ TYNGSBORO GARDEN CLUB ⊕ ⊕

We resumed our regularly scheduled meetings at the Evangelical Congregational Church of Tyngsborough on Tuesday, **Nov. 5<sup>th</sup> at 6:45.** Our presenter for the evening, one of our members, Liz Antanavica on the very important topic of recycling.

We will have a another meeting in **November on the 25th** to assemble holiday greens for town buildings.

If you love gardening, want to learn about gardening or just want to join a group of great people, new members are always welcome! We meet on the 1<sup>st</sup> Tuesday of the month at 6:45 at the Evangelical Congregational Church.

For more information about us or our meetings please visit our website at: tyngsboroughgarden-club.tripod.com or find us on Facebook at Tyngsborough Garden Club or contact Debbie Schneider at 978-649-6362.

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#### TYNGSBOROUGH SCHOLARSHIP TRUST

P.O. Box 547, Tyngsborough, MA 01879



www.TyngsboroughScholarshipTrust.org 1963 \* Celebrating 56 Years \* 2019

SAVE THE DATE, for our annual Trivia Night it will take place on February 7<sup>th</sup>, 2020 at the Tyngsborough Sportsman's Club. Teams of four compete to correctly answer the sometimes obscure, often hilarious, and frequently curious trivia questions. Cash bar and free snacks provided. Donations are \$25 per player. Student teams are encouraged and welcomed at \$10 per player. Unique and amusing team names are encouraged! Reserve your space today by

calling Sue Bowden at 978-649-3207 or visiting <u>www.Tyngsbor-oughscholarshiptrust.org</u>.

Download a registration form beginning in early December.

The TST is **looking for a volunteer** to **update our website** as well as keeping it updated with current information. If interested please contact Karen O'Donnell at <u>Odonnelltyng@gmail.com</u>.

A reminder to the 2019 scholarship recipients, please be sure to submit proof of School enrollment to the TST at P.O. Box 547, Tyngsborough MA 01879 so you can receive your first or second payment. Please contact Bonnie McGrath Treasurer, at <u>thebend2@</u> <u>comcast.net</u> with any questions regarding payment.

The TST meets on the second Wednesday of the month at the Tyngsborough Town Hall at 7pm. For 55 years volunteers from the community have been coordinating fundraising and awarding scholarships to high school students from Tyngsborough. We welcome and need your help to continue this town tradition. Please join us!





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Friday 8:30 a.m. to 12:30 p.m.					
Meeting schedules are posted at the front entrace of the Town Hall					
Town Hall Directory Main Number 978-649-2300					
Town Accountant	Ext. 124	Media Dept.	Ext. 140		
Assessor's Office	Ext. 121	Planning Board	Ext. 115		
Board of Appeals	Ext. 112	Town Treasurer	Ext. 126		
Board of Health	Ext. 118	Veteran's Agent	Ext. 131		
Building Office	Ext. 112	Sewer Dept.	Ext. 134		
Town Clerk	Ext. 129	Board of Selectmen	Ext. 100		
Town Collector	Ext. 128	Town Administrator	Ext. 100		
Conservation Office	Ext. 116	Recreation & Parks	Ext. 150		
Capital Asset Mgmt Com	Ext. 124	Highway Dept. 97	8-649-2310		

## TYNGSBORO SPORTSMAN'S CLUB

TSC recently sponsored an overnight with Tyngsboro Boy Scouts and Cub Scouts Pack 46 with help from Tracey DeBruin, (<u>TLD143@comcast.net</u>) TSC Youth Archery Facilitator and Doug Latulippe, TSC Trustee/Trout Pond Mgr..

A rotation was set up with fishing, archery and BB Gun range activities to allow the boys and girls an opportunity to experience what the club has to offer. We finished the day with a BBQ, s'mores and Dutch oven apple crisp.

Thank you to all the club members who helped make this a successful event!

## CAT FOOD DONATIONS NEEDED

To feed a colony of feral and homeless kitties. Please call Don Gaudette **978-799-9715** for the drop-off location on the Dunstable/ Tyngsboro line. *Volunteers to help with the feeding are also needed.* Associated with Kitty Angels www.kittyangels.org Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats

## TYNGSBORO CHURCH OF CHRIST

27 Old Tyng Rd. Tyngsboro, MA 01879 (about 1 mile south of Tyngsboro bridge on Rt. 3A) Evangelist: Nathan Combs 1-978-703-4741 Web Site: www.tyngsborochurchofchrist.org Email: thechristians@juno.com Home bible studies in Nashua, Tyngsboro, Dracut, and Lowell.

## ARE WE BORN IN SIN?

By Nathan Combs

As a result of the sin of our first ancestors, Adam and Eve, have we all inherited their guilt? Do we enter life with an unrighteous spiritual status? Although it is impossible to fully address this ancient debate in the space of one short article, we can briefly explore one of the passages many consider central to this question: Romans 5.12-21. In this chapter, the apostle Paul is making the case that Christians can have confidence in their spiritual reunion with God based upon what Jesus did in his death and return from the grave. We were saved by him, and we now rejoice *through* him.

That's the context in which Paul begins to write his controversial words, starting in vs. 12: "Therefore, just as sin came into the world through one man, and death through sin, and so death spread to all men because all sinned..." It is beyond dispute from this verse that the curse of spiritual destruction grew from the garden of Eden and encompassed the world. But how exactly did it spread? Was it because it became an inherited human trait? Notice the last phrase of the verse carefully: "because all sinned." This echoes what Paul had already written in 3.9-23 and charges that every human has actively participated in the sinful brokenness of the world, whether they descend from Abraham or not. Adam certainly was the first to expose the world to evil and its consequences, but that evil was fed and perpetuated by every one of his descendants. This happened through conscious choice, not through the mere act of birth.

Consider what Paul writes in Romans 5.18-19: "Therefore, as one trespass led to condemnation for *all men*, so one act of righteousness leads to justification and life for *all men*. For as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous." If Paul is arguing that everyone automatically enters life as a sinner because of Adam's actions, then he's also saying in the same verse that all people will automatically be saved because of Jesus' work. Yet, Romans is very clear at the beginning of chapter 5 that we are "justified by faith." Therefore, Paul must mean that just as one man (Adam) opened the door to death for all people, the God man (Jesus) opened the door to life.

Not only that, but the grace that is now coming into the world is much stronger than the death that entered. Paul says as much in Romans 5.17 - "For if, because of one man's trespass, death reigned through that one man, much more will those who receive the abundance of grace and the free gift of righteousness reign in life through the one man Jesus Christ." We are not born sinful, but we will all sin. However, the power of Jesus to rescue us is, as always, more powerful than the efforts of Satan.

### TYNGSBOROUGH COUNCIL ON AGING

<u>169 Westford Rd, Tyngsborough, MA</u><u>978-649-9211</u> Mailing Address: 25 Bryants Lane, Tyngsborough, MA 01879 Email: Broche@tyngsboroughma.gov

yngsborouge

PLEASE SIGN IN WHEN YOU COME TO THE CENTER!! Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3. Lunch is served promptly @ 11:30 everyday must make reservations 2 days in advance BEFORE 11:00AM

Call 978-649-9211 \$2.00 for seniors & \$4.50 for non-seniors •WELLNESS CLINIC COA, 169 Westford Rd 978-649-9211 Nancy Harding, RN, from the *Circle Home, Inc.* 1st Tues each month. •WELLNESS CLINIC at ELDERLY HOUSING Nancy Harding, RN, from the *Circle Home, Inc.* Red Pines Elderly Housing, the third Tuesday of each month from 8:30 - 9:30. Brinley Terrace Elderly Housing, the fourth Tuesday of each month 8:30-10:00.

DONATIONS NEEDED COFFEE (ground and k-cups), Cups 8oz Styrofoam, and Napkins. Paper Plates, <u>Bowls</u> Small and Large, Holiday paper plates 9" Plastic Spoons, Forks, Knives
WANTED Meals on Wheels Volunteer drivers. You receive a stipend for gas • NEED Volunteer Bingo Caller, from 12:30-3:00pm
COA Board Meeting Tuesday, November 19th 3:30

• Serving Health Insurance Needs of Everyone. Our Counselor Patty Sasso will be holding office hours at the Center every other Thursday. Call 978-649-9211 to schedule an appointment. Please bring insurance cards and a list of prescriptions you take with you.

• Open Enrollment Period (October 15th - December 7th), Thursday November 14th 9:00 we will have plenty of SHINE Counselors on hand. Please call the Center if you will be attending. You will have a chance to CHANGE your plan for next year. SHINE Counselors can help you understand your plan changes, as well as other options you may have. Trained SHINE (Serving Health Information Needs of everyone) volunteers can help you! They offer free, unbiased, confidential counseling on all aspects of health insurance to anyone on Medicare. Call your Senior Center and ask for a SHINE appointment. You can also call 1-800-AGEINFO (1-800-243-4636), then press or say 3. Once you get the SHINE answering machine leave your name and number. A volunteer will call you back. Our newly upgraded website: www. shinema.org has valuable information on Medicare, MassHealth and links and information that can be a valuable resource.

#### CENTER CLOSED: Veterans Day –Monday, November 11th Thanksgiving Holiday-November 28th, 29th

• VETERANS' DAY CELEBRATION Wednesday, November 6th, 11:30-1:00 Come join us to honor our Veterans, they deserve our utmost respect.

• TINA TURNER'S 80th BIRTHDAY Wednesday, November 13th 12:00 (November 26th is the actual day.) Tina Turner, 80, is now a citizen of Switzerland. Tina was born Anna Mae Bullock in Nutbush, Tennessee.

Friday, November, 15th 9:00-12:00 Drop off pastries.
Saturday, November 16th, 9:00-2:00 OPEN HOUSE (pastries sale) This will be our second Annual Bake Sale. If you love cooking we could use your help with donating delicious pastries. All proceeds go to our Senior Gift & Donation Account. We'll be looking for volunteers who would like to help out. If you have time to help call the center at 978-649-9211, Ask for Barbara or Tracy.

• THANKSGIVING PARTY, Wednesday, November 20th, 11:30a.m.~1:30p.m. @The Tyngsborough Council on Aging <u>Must come to the Center for ticket</u> "FREE" Sponsored by,Tyngsborough Funeral Home. Come and gather with your friends to enjoy a scrumptious Turkey Dinner with gravy and stuffing, cranberry sauce, potatoes, butternut squash and dinner rolls. Absolutely delicious! Dessert: seasonal pie with coffee. CHRISTMAS PARTY Friday, December 18th, 11:00 "Senior Center Christmas Party". Join us for good food and holiday fun. Tickets are \$5.00 pp. and go on sale Thursday Nov. 16th. Seating is limited. Last sign up day Dec. 8th. Food Sponsored through the Friends of Tyngsborough Elderly; Entertainment Kathy Rodger.





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## TYNGSBORO HIGH SCHOOL AND MIDDLE SCHOOL ATHLETIC OFFICE INFORMATION

#### ALL SPORTS SCHEDULES WWW.MWLMA.ORG

PARENTS/GUARDIANS: If you would like to receive scheduling text alerts during your son/daughters sports season, please go to:http://www.tyngsboroughps.org/pages/tyngsborough/ departments/athletics and CLICK on Schedule Alerts for Parents.

For more information, you can call the Athletic Office at Tyngsboro High School at 978-649-4210 or email kelly.pitts@tyngsboroughps.org.

#### DUNSTABLE BOY SCOUT TROOP 28 WREATH SALE



Dunstable Boy Scout Troop 28 is holding their annual Wreath Sale now through Saturday, November 30th. Wreaths are pre-ordered/pre-paid, but if there are extras we will sell some at the church on November 30th. They will be delivered on November 30th. If you need an alternate date, please ask when you submit your order, so arrangements can be made. Last year the boys did such a great job pre-selling that they had only a few wreaths to sell on the day of the sale! This is held at the Dunstable Evangelical Congregational Church at 518 Main St. (in the town center near the common).

The sizes and prices are as follows: \$27 for Regular (24") and \$37 for Large (36"). The Wreaths are double sided, and hand made in Maine using fresh Fir by the Central Maine Wreath Company.

ORDER YOUR WREATH TODAY! Contact Bruce Ebersman, 18 Century Way, Dunstable, 978-649 6500 <u>ebersman@hotmail.</u> <u>com</u> https://dunstable28.mytroop.us/node/1202

## EDUCATION FOUNDATION FOR TYNGSBOROUGH



EFT needs more members and volunteers! We are especially looking for parents of elementary and middle school students. What a great way to get involved in your town. You can start small or go all in with us. There are little jobs and big jobs that need to be done. Or you can start attending our board meetings to see if EFT is the right group for you to join.

Please contact our President, Theresa Manning, at <u>eftyng@</u> <u>gmail.com</u>. An easy way to support our efforts is to start your Amazon shopping at smile.amazon.com and designate the Education Foundation for Tyngsborough as your cause. *Together we are bridging the gap.* Like us on **Facebook**!

## JOIN TYNGSBOROUGH CITIZENS

If you are new to Tyngsborough, welcome! If you are not new but want to know more or want to know how you can get involved, you are invited to join over 450 fellow residents in our on-line community forum. Tyngsborough Citizens is a Yahoo Group and membership in our group is open to all residents of Tyngsborough. We share information about town and school happenings and ideas for how to make our town even better. We are not an anonymous group; residents share their name and address when posting. We strive to keep the conversations civil and constructive. Please visit tyngsboroughcitizens-subscribe@yahoogroups.com to join.

Town of Tyngsborough On Facebook: www.facebook.com/tyngsboroughma On Twitter: www.twitter.com/tyngsboroughma *Tyngsborough Police* On Facebook: www.facebook.com/tyngsboroughpolice On Twitter: www.twitter.com/tyngsboroughPD

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## HIPAA PRIVACY RULES

By Edward H. Adamsky

The Health Insurance Portability and Accountability Act of 1996 ("HIPAA") required new privacy standards to protect health care consumers. It took until 2003 to have those standards finalized and implemented. At first the rules caused confusion and fear as the law had severe penalties (fines and jail) for violations of patients' privacy. Providers changed their systems and became very rigid in what information they would release.

In the last sixteen years however, providers have become used to the system. No one has been punished for innocent infractions and no health workers have gone to jail. Some egregious and criminal violations have been sanctioned but the original fears of most providers did not come true.

Still, the standards are in place to protect everyone's privacy, and providers do follow them. You will not be able to get any "Protected Health Information" from a "Covered Entity" without a release by the individual patient. In most cases if the patient is present, they can give verbal approval for a provider to speak to or in front of another person. But, without a written privacy release, the provider will not speak to a third-party about a patient who isn't there to assent. Hospitals are comfortable telling you if someone is there or not, but they won't tell you the person's condition.

This means that if you want someone else to know about your situation, then you should sign a HIPAA Privacy Release so that third person can present that document to any provider from whom they need information. I am now having all of my clients execute a Privacy Release along with their other Life & Estate Planning documents. You may need HIPAA releases for your college-age children too.

One reason a third-party might need information is to pay a bill. If you have signed a Power of Attorney naming some trusted person to help you with paying bills, then that person has the power to handle your money and pay the bill. But, if it is a medical bill, and they have a question about it, the provider will not talk to them without the Medical Privacy Release. A medical bill contains Protected Health Information and the billing office of a provider will not talk to your Agent under your Power of Attorney without a signed HIPAA release.

Protected Health Information means information about an individual's physical or mental health condition; the provision of health care to the individual; and, payment for that health care. "Covered Entities" include most health care providers, health insurers, and affiliated organizations (Doctors, Hospitals and Labs).

Estate Planning and Elder Law attorneys have modified their planning documents to include language designed to help families properly use and share protected information. Older documents may not have the right language, so you should review your documents, and if necessary, see your attorney to have them updated.

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## WINTER IS COMING

Don't forget to stock up on batteries for the winter months, in case you lose power. AAs, Cs, and Ds. Check all your flash lights and radios. You may want to get some ice melt and sand ready. If Town Hall offices are closed in Tyngsborough due to a snow storm the Tyngsborough Council On Aging on Westford Rd. will be closed. When in doubt just call the COA at 978-649-9211.





Monday & Wednesday 10:30 a.m. – 8 p.m. Tuesday & Thursday 9 a.m. – 5 p.m. Saturday 9 a.m. - 2 p.m. Closed Fri. & Sun.

#### TYNGSBOROUGH PUBLIC LIBRARY

25 Bryant Lane, Tyngsborough, MA 978-649-7361 www.tynglib.org

Holiday schedule:				
November 11	Monday	Veteran's Day	CLOSED	
November 27	Wednesday	Day before Thanksgiving	Closing - 4PM	
November 28	Thursday	Thanksgiving Day	CLOSED	
December 24	Tuesday	Christmas Eve	Closing - 2PM	
December 25	Wednesday	Christmas Day	CLOSED	
January 1	Wednesday	New Year's Day	CLOSED	

The Staff, Trustees and Friends of the Library wish all our patrons a very happy Thanksgiving! Many thanks to all who contributed to the success of the Friends of the Library Book & Bake Sale.

Philosophy Tyngsborough, Saturdays, 11 a.m.-12 p.m. This a place for curious minds to explore life's biggest questions! People of all backgrounds, persuasions, and expertise are invited to join a discussion about philosophy in a welcoming and intellectually stimulating environment. Drop in. *No meetings Nov. 30 or Dec. 28.* Holiday Open House, Monday, December 2, 4:30-7:30 p.m. Celebrate the season with the Staff, Trustees & Friends of the Library. Stop by to enjoy delightful refreshments and spirited conversation. Rich Araldi will perform holiday and seasonal music on vibraphone from 5-7 p.m.

Santa & Mrs. Claus Visit! Sat., Dec. 7, 10-11:30 a.m. Stop by to meet Santa & Mrs. Claus – Bring your kids & your camera for a great photo. Write Santa a letter & do some holiday coloring! Free & open to the public.

Holiday Design Class: Snowflake Wreath, Tuesday, December 10, 10 a.m.-12 p.m. Darlene Cambra from Blossoms demonstrates how to create a magical snowflake wreath using fresh greens and holiday picks. Materials will be provided. \$20 materials fee. Registration required by November 28.

Holiday Dance Performance- Sat., Dec. 21, 11-11:45 a.m. Enjoy a special holiday dance performance by Centerstage Dance Academy in Tyngsborough. They will perform a section of the Nutcracker & other holiday favorites. Free & open to the public. To be held at Old Town Hall building located at 10 Kendall Road.

The timeline of the Library painting and carpeting project has been reset and will tentatively begin sometime in early 2020.
Adopt-a-Family project (Tyngsborough Public Schools) Drop off non-perishable food items through December 13. Food collection for the Council on Aging will resume at the end of this project.
Pokemon Club, Wed., Nov. 20, 4-5:00 p.m. Ages 8-15. Drop in. Bring your cards or handheld device.

• Tiny Tots Storytime: Wed., Nov. 6 & 20, 11-11:30 a.m. Infants-3 yrs. Drop in.

Lego Club: Sat., Nov. 16, 10 -11:30 a.m. Grades K-6. Drop in.
Dads & Donuts Playgroup, Sat., Nov. 23, 10-11 a.m. Infants-3 yrs. Drop in.

- Storytimes for 3-5 year olds. Thursdays at 1 p.m. Drop in.
   Tech Advice by Appointment, PCs, android tablets & phones, Excel, MS Word, e-books, etc. Tuesdays, 11:30 a.m.-1:30 p.m., Wednesdays, 7-8 p.m. Registration required.
- Adult Coloring Club, 1st Wed. each month, 6:30-8 p.m. Drop in. • Writer's Group, Mondays, 6:30 p.m. Feedback, publishing tips,
- all genres. Karen Johnson 978-649-7132 • Board of Library Trustees Monthly 3<sup>rd</sup> Thurs. No meeting in August. Check TPL website for schedule changes.
- Friends of the Library Join in the fun and support your library! Meetings are held 9 Mondays per year at 6:30 p.m. in the Library. See the TPL website for dates.

Artists & collectors, contact the Library to discuss scheduling an exhibit in the gallery or display case.

Like us on Facebook. Follow us on Instagram

tyngsboroughpubliclibrary and Twitter @tyngsboroughlib! Register for TPL programs by calling the Library or using the contact form on the website.

#### TYNGSBOROUGH HIGH SCHOOL

.... is proud to announce Students of the Month for October: Amber Bean, Jack Bouché, Samantha Fagundes, and Alex Kilmon.

Amber, daughter of Russell and Laurie Bean, is a member of the National Honor Society and is a recipient of the Core Values Award, the Principal's Award, and the Outstanding Achievement in Theater Award. She is the co-president of the International Thespian Society in the Tyngsborough theater program, and is also a member of the student council and the PALS program. Amber has danced for 13 years, and she volunteers her time with the children's program at her church. She has also volunteered with the Philadelphia Project, doing a week of community service in that city, and with Potters' House, doing a week of community service in Guatemala. Her favorite subjects are history and English, and she enjoys doing theater and dancing. Amber looks forward to going to college and to studying a career in education. "THS has given me the opportunity to express myself creatively through theater arts. It is where I've met some of my best friends, and had some of the best weeks. Some of my fondest memories I will take with me are singing and dancing on the Tyngsborough theater stage, all the fun events with PALS, and crazy Homecoming weeks. I believe that all of my experiences at THS have contributed to the person I am today and my future success."

Jack, son of Matt and Karen Bouché, is a recipient of the Principal's Award and the Commitment to Learning Award. He is a member of the Senior Sidekicks program as well as the THS tennis team. Jack wakesurfs competitively, and he also enjoys playing and building guitars, snowboarding, playing tennis, and playing saxophone, bass guitar, and piano. He volunteers his time with Kitty Angels and as a musician at Lion's Club charity events. His favorite subjects are math and science, and he looks forward to becoming a doctor in dermatology or trauma surgery and to making an album. "I have made a lot of good friends, enjoyed playing the saxophone in the school's band since fifth grade, I have had some amazing teachers who inspire me to do anything. I love life and love bringing positive vibes to others."

Samantha, daughter of Mike and Nisa Fagundes, is a member of the National Honor Society and is a recipient of the Principal's Award. She is a member of the yearbook club, and she was chosen for MIAA's NESLC Leadership Conference. Samantha is a four-year varsity basketball player for THS; she is the captain of the team, and she is the recipient of the Coaches' Award and the Mid-Wach League All-Star Award. She volunteers her time at the Lowell Stoklosa Middle School, the Lighthouse School, Catie's Closet, NHS events, and at Pelham Veteran's Memorial Park Summer Camp. She enjoys camping, playing basketball, going to concerts, going to Boston sports games, and creating art. Samantha's favorite subjects are math and science, and she looks forward to going to college for biomedical engineering, playing basketball, traveling, and being successful and happy in life. "I've gained friends I'll never forget and I've had great teachers who have taught me not only academics but life lessons. I'll leave with memories throughout the year, such as Homecoming week and playing four years of varsity basketball with the best teammates."

Alex, son of Amy and Shane Kilmon, is a member of the National Honor Society and is a recipient of the Bausch and Lomb Honorary Science Award, the Commitment to Learning Award, the Massachusetts Foreign Language Association Board of Directors Award, and the Outstanding Achievement in Mathematics Award. He is a member of the Boy Scouts, and an Eagle Scout candidate. He just finished his Eagle project building toddler beds for the Lowell Wish Project. He is a member of the robotics club, the THS golf team (also a captain), and the THS tennis team. Alex volunteers his time at various NHS and Spanish Honor Society events, at the St. Vincent de Paul food pantry, and with the Wish Project. He enjoys golfing, and his favorite subjects are math and chemistry. Alex looks forward to becoming a chemical engineer. "THS has taught me about perseverance and collaboration, two of our core values. I will fondly remember each of my golf and tennis seasons, as well as the fun classes I took."

Congratulations to these four students.



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Issues and other information posted online at www.neighbortoneighbornewsletter.com Please send info in now for the November issue. Have events coming up? Need details about advertising your business? Send an email to me anne@NeighborToNeighborNewsletter.com or by mail to Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827.





46 Coburn Road Tyngsboro

#### **SHERBURNE NATURE CENTER & TRAILS**

For more information on this and future events, please visit the website <u>http://www.naturewalkscs.org/events-schedule</u>

Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, and observe meadow wildflowers and butterflies. It's a great place for outdoor exercise and to enjoy nature close to home. Sherburne Nature Center and Trails activities are open to all who are interested. Activities go rain or shine. In extreme weather conditions, activities are cancelled. No reservations or fees required. Children under 16 must be accompanied by an adult.

Please note: The tennis court behind the Sherburne Nature Center is not part of the PUBLIC Nature Center property.



### FRIENDS OF THE TYNGSBOROUGH PUBLIC LIBRARY

Apply for **membership** at: <u>http://www.tynglib.org/index.php/</u><u>friends-of-library</u>.

If you are starting your <u>holiday shopping</u>, you can benefit the Friends while you are shopping on Amazon. Do your shopping at <u>smile.amazon.com/ch/22-2986749</u> and Amazon will donate a percentage of eligible Amazon Smile purchases to Friends of the Tyngsborough Public Library.

Like us on Facebook at <u>https://www.facebook.com/FOTPL</u> or visit <u>http://www.tynglib.org/</u> - Click on the **"Friends of Library**".



#### TYNGSBOROUGH RECREATION Call 978-649-2300 Ext. 150

#### TYNGSBOROUGH RECREATION NEWS

The Old Town Hall 10 Kendall Road the **first Wednesday of the month at 7pm.** Additional information may be found on our website at TyngsboroughRec.com Friend us on Facebook. Seeking new members. Currently two open seats. Join us!

<u>THE TOWN BEACH</u> Volunteers welcome to assist in fall leaf *clean up.* Please message your interest on FB or email <u>TyngsboroughRec.com</u>.

#### Mark Your Calendar for the 11th Annual Festival of Trees Thursday December 5th - Sunday December 8th

**Visit TyngsboroughRec.com for a complete schedule of all the events!** Celebrate the season by visiting a country town whose energy and spirit captures the holidays with true New England charm. The Tyngsborough Festival of Trees is a community celebration featuring a spectacular display of uniquely decorated holiday trees and seasonable displays set in Tyngsborough's historic "*Old Town Hall*" built in 1834! Open free to the public, you will delight in the live holiday entertainment, workshops and events. Raffle tickets will be available to purchase your chance to win any one of these beautiful trees plus over 100 other raffle items generously donated by local businesses and families. Tyngsborough's Festival of Trees is a benefit event which provides funding for the many youth programs supported by the Tyngsborough Recreation Committee.

Time to start thinking about your tree entry!! Yes, time to start brainstorming! What kind of tree will you bring to the Festival this year? Judges award ribbons for the winning entries. People's choice award ribbons awarded each day.

<u>Volunteers needed during the Festival of Trees!</u> Every good event has many enthusiastic people who chip in to help make everything happen. We need you to help make this Festival of Trees the best ever! Please consider helping with set-up, general running during the Festival hours, activities and breakdown. email at <u>HolidayFestivalofTrees@gmail.com</u> or message us on Face Book. Join us and get into the holiday spirit! <u>Join the Festival of Trees Planning Committee!!</u> We are looking for new members to join our sub-committee to plan the Festival of Trees Event. You do not need to be on the Recreation Committee. Contact the Rec. Office, send a message on FB or <u>HolidayFestivalofTrees@gmail.com</u>

SOFTBALL- Girls Indoor Winter Softball Clinic 2020 8 week all new, recharged clinic is offered to girls ages 4 to 14 years old, by the directors of Tyngsboro Youth Softball. This is a fun, friendly and highly instructional clinic for girls of all skill levels.\_Coaches and players from Lesley University will be helping out with the clinic this year!!

The clinic concentrates on fundamental softball instruction including throwing, fielding and batting. Each player receives a clinic T-Shirt. Please note: players are required to have their own glove, fielding face mask (not required for tball), and batting helmet. Sundays, January 26 - March 23, 2020 (except Feb. 16th) Two 1-hour sessions Ages 4-8 2:30-3:30pm and Ages 9-14 3:30-4:30pm \$60/player (\$100 family cap) Ages 4-14 2-week free trail for new players only. Try it. If she likes it, pay on week #3

**Community Service Hours Available for Students** Do you need community service hours? Contact us, we have many opportunities. Great Pumpkin Walk, Festival of Trees, Shamrock Ball and more-

**TYNGSBORO - MEN'S PICK-UP BASKETBALL LEAGUE:** Calling all frequent and casual basketball players. Several 7pt games are played on the "short court" of the high school and teams vary each week depending on attendance. Currently scheduled for Tuesday nights starting on September 24, 2019 through the end of winter, 2020 at THS from 8-10pm. Note: Due to gym availability, the date may change on-occasion.

Age: 30+ Great exercise. Lots of fun. Slightly competitive. No commitment. Cost: \$10/night pay-at-court or \$80 in advance for 1/2 season (www.TyngsboroughRec.com click programs) How to join? JUST SHOW UP on game nights.

#### PRESSURE WASHING

Have your home professionally washed to remove dirt, mold and mildew.

Free estimates Call Bruce at (978)866-8582



On September 10, 2019, the Altrusa Club of Merrimack Valley kicked off the start of a new year of service in the community by celebrating World Literacy Day with the distribution of a \$500. Scholarship to Julia Tassinari of Tyngsboro, a student enrolled in the BA in Elementary Education and Special Education at the University of Massachusetts-Lowell. The scholarship was given in memory of Eleanor "Ellie" Durant, 38 year member of Altrusa, who taught for the Chelmsford School System.

On Saturday, September 14, 2019, the Altrusa Club conducted a Food Drive at the Market Basket on Amherst Street in Nashua to benefit the Nashua Soup Kitchen and Shelter (NSKS).

The overwhelming generosity exhibited by Nashua shoppers on a cold, rainy day warmed our hearts and helped to make our efforts a huge success. Altrusa is grateful to Market Basket (DeMoulas Supermarkets, Inc.) and the manager, Marty Maguire, for allowing members of Altrusa to solicit donations outside the store. This demonstrates Market Basket's continued commitment to the community.

To those who gave so generously, we thank you for helping us fulfill our mission and for providing support for the NSKS.

Altrusa International of Merrimack Valley is a non-profit volunteer association whose members are dedicated to making a difference in the lives of others. For more information about Altrusa, please visit <u>www.altrusa.org</u> or email altrusamv@gmail.com.



Vaping by youth has become an epidemic and I'm asked frequently what can be done to turn the tide. Now new resources are available to help youth who want to quit vaping.

Two new free programs, **This is Quitting powered by truth**®and **My Life, My Quit**<sup>™</sup>, are available to help Massachusetts youth become nicotine- and tobacco-free.

Quitting vapes or other tobacco products can be hard. Here are some ways you can help young people get support:

... This is Quitting powered by truth® is a free and confidential texting program for young people who vape. Text "VapeFreeMass" to 88709. In partnership with the Massachusetts Department of Public Health.

... My Life, My Quit <sup>™</sup> has youth coach specialists trained to help young people by phone or text. Young people can call or text "Start My Quit" to 855-891-9989 for free and confidential help or sign up online at <u>mylifemyquit.com</u>.

... Encourage young people to ask their school nurse or counselor, athletic coach, doctor, parent or other trusted adult for help. ... Visit teen.smokefree.gov for tools and tips.

... For more information, young people can visit mass.gov/vaping

Talking with youth about vaping is essential—youth need to know that vaping is harmful and that help is available for those who want to quit. Visit <u>GetOutraged.org</u> to learn more or contact me at (978) 722-2864 or ashley.hall@glfhc.org

Ashley Hall, MS, Tyngsboro Northeast Tobacco-Free Community Partnership

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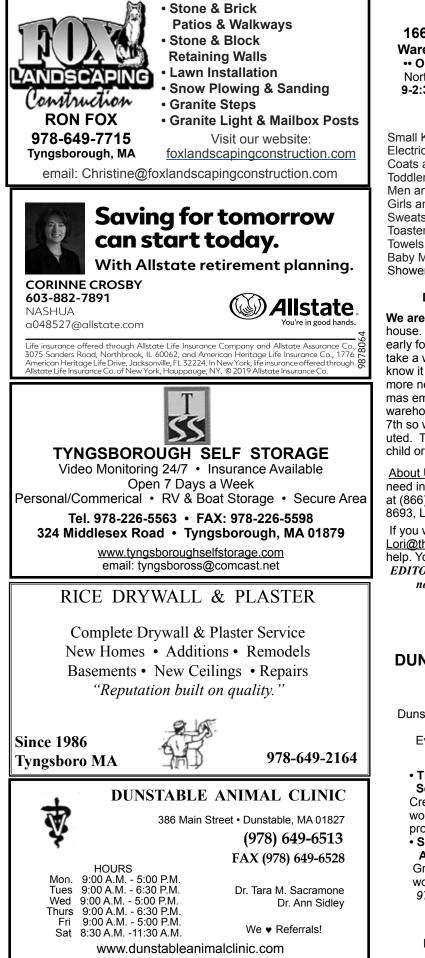
## ST JOHN THE EVANGELIST CHURCH

115 Middlesex St., North Chelmsford, MA

BINGO Thursdays at 6:45pm to 9:30pm Doors open at 3:30pm Questions or for more info about BINGO Call Gerry Dumont 978-866-2391

\$1,199 Progressive jackpot.

Jackpot will progress to \$1,199. If not won at 49#s it will progress to 50, 51, 52 etc. Come enjoy friendly, fun BINGO Games. 21 BINGO Games, plus raffles and instant tickets. Good food available as well.



#### THE WISH PROJECT LOCATED at:

166 Middlesex St., North Chelmsford, MA 01863 Warehouse hours Tuesday - Saturday 9-3pm •• Our new smaller Thrift Shop is open at 166 Middlesex St. North Chelmsford behind Hertz car rental. Tuesday-Saturday 9-2:30pm. Stop in and see our new shop and pick up some bargains and support our mission. WISH LIST Small Kitchen Tables Electric Heaters Coats and Shoes, Hats & Gloves Toddler Car Seats with Straps (less than 5 years old) Men and Women long sleeve shirts and pants Girls and Boys long sleeve shirts and jeans Sweatshirts, Sneakers all sizes Toasters, microwaves, cookie sheets Towels. Pot holders and dish clothes

Baby Monitors, Diapers Size 4,5,6 and wipes, Baby Safety latches, Shower Curtain liners & rings

Go to the website and you can DONATE FROM OUR AMAZON WEEKLY WISH LIST

We are officially in Magic of Christmas mode at the warehouse. This year Jill has decided to start our Wish list on Amazon early for this reason. So those who would like to help but can not take a whole family can buy a gift from our Amazon wish list and know it will go to someone special. We will add items as we get more needs in. If you have questions related to Magic of Christmas email Lori at <u>lori@thewishproject.org</u>, Santa's helper at the warehouse! All gifts are due at the warehouse Saturday, December 7th so we have time to get them out to the agencies to be distributed. Thank you for helping us bring the Magic of Christmas to a child or family in need.

<u>About Us</u> The Mission of The Wish Project is to help families in need in Merrimack Valley. <u>www.TheWishProject.org</u> or call us at (866) 947-4360. **Mailing address is:** The Wish Project, PO Box 8693, Lowell, MA 01853

If you would like more information please contact Lori at <u>Lori@thewishproject.org</u> and let her know how you would like to help. You may also make a donation on our website.

EDITORS NOTE: If you are reading this in the printed version, and do not have access to a computer, please call the Wish Project at (866) 947-4360 for more information.

## TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY

The Little Red Schoolhouse is located at 64 Main St., Dunstable, MA (Route 113) not far from the town line near Rte 3 *Meetings are FREE and OPEN TO THE PUBLIC* Events listed here are held at the Little Red Schoolhouse unless noted otherwise.

 Thursday, December 5th 6:30 to 8:30PM Seasonal Greenery Workshop

Create your own holiday decorations by the warmth of the wood stove using your local natural greens. Refreshments are provided. *For info: Call Ann Fenochetti, 978-649-0439* • Sunday, December 8th 6 PM

• Sunday, December 8th 6 PM Annual Meeting and Holiday Potluck Supper Great food and a good time with old friends and new, by the wood stove. Come join us! For info: Call Lynda Justice, 978-587-8423

For program updates, check the TDHS website: www.tdhistoricalsociety.org Email address: tyngsboroughdunstablehs@gmail.com

#### 4<sup>TH</sup> ANNUAL LIVING NATIVITY on Saturday, December 7. Walks between 5:30PM and 7:30 PM on the Dunstable Town Common. Dunstable

Center, Main St., Dunstable, MA

This will be a night to remember! We've expanded the event this year, with more animals, warming fires and musical presentations! Join us for an outdoor guided walk to Bethlehem. Trace the steps of Mary and Joseph as you walk down the candlelit paths and meet the shepherds and Wisemen. Enjoy the Christmas music and view the animals as you journey to see the baby Jesus. Come anytime between 5:30 and 7:30, each walk is about 20 minutes. After the walk, join us for refreshments. Sponsored by the Dunstable Evangelical Congregational Church.

## "PAWS FOUR THE CLAWS"

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#### **3rd Annual Holiday Open House/Fundraiser**

Save the Date! Saturday, November 9th - 10 am to 5 pm Sunday, November 10th - 11 am to 4 pm \*\*\*\*\*\*\* NEW LOCATION

Little Red Schoolhouse, 64 Main St. (Rte 113) (.8 miles west of Rte 3), Dunstable, MA

We invite you to join us at the Tyngsborough-Dunstable Historical Society's, Little Red Schoolhouse for 2 days of Fundraising while shopping for everyone on your list from our Beautifully Handcrafted Soaps + Spa Quality Products!

As always, 100% PROCEEDS will be donated to Animal Rescues to help so many Homeless Animals! Please help us again help the Rescues feed those Hungry, Homeless Kitties this Winter by bringing a Large Bag of Kitty Food + we will have our "Thank You" gift bag with a few of our products waiting for you!

We are so looking forward to seeing you again. Thank You so much for your continued PAWsome Support!

Please check out our Facebook page (+ like us!) for updates on our Spa Quality Handcrafted Soaps + Products.

#### DUNSTABLE TYNGSBOUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need. We are currently looking for community minded members to join, please contact membership chair Joe Ward his contact information is below.

#### Officers for the 2019-2020 Lions Year

President: Mark Alexander, 1st Vice President/Membership Chair: Joe Ward, Treasurer: Bob Reich, Secretary/Club Service Chair: Laura Ward

Anyone interested in joining the lions is asked to contact Joe Ward at 978-930-1153 or Mark Alexander at 978-649-9124. Our Regular Meetings are held on the first Tuesday of the month starting at 6:30 pm at Princeton Station 147 Princeton St., in N. Chelmsford, MA.

#### YOU CAN HELP BY DONATING THE FOLLOWING:

• Used Eveglasses are collected for refurbishment and distribution to less advantaged individuals around the world.

• Used Hearing Aids are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay. • Can tabs please place into bags before putting in the boxes.

Lion's collection boxes for eyeglasses and hearing aids and can tabs are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Multi-Service Center at 180 Lakeview Ave, and Dunstable Town Hall, Post Office and Library. Pennies for Sight: "Your change- changes people's lives" See a Lion cannister around please consider donating. Every Penny Counts!

"Alone we can do so little; together we can do so much." Helen Keller



They would like to know. Thank you, Anne



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Reconciliation: Saturdays... 3:00 – 3:45 pm, or by appointment

Sunday... 8:30 am, 10:30 am; 6 pm

#### PET HEALTH DUNSTABLE ANIMAL CLINIC



DOG PARKS Tara M. Sacramone, DVM

Recently it seems more and more people have been bringing their dogs to dog parks. Each dog park is different. Some are very official, well maintained, requiring membership, proof of vaccination and even a DNA test on the dogs stool, insuring all feces will get picked up. Some are just places people with dogs tend to gather together to let their dogs play, some even without fencing. Much like everything in life there are good and bad things about dog parks.

First the good – let's face it, it's just plain fun to watch a dog run full throttle, especially if you don't have a fence at home. All that running is good exercise for weight control, many of the dogs I see are overweight. Also it is good socialization, dogs are a pack animal and most of them like to socialize with other dogs.

As a veterinarian I will admit that there are many things about dog parks that frighten me. Firstly contagious diseases, from viruses and bacteria to ringworm (skin fungal infection) to external parasites like fleas and mites and internal parasites like roundworm, whipworm, giardia, etc. Some of these diseases are also contagious to humans. I also worry about bad behavior both from other dogs and even my own dogs. Not all dogs like each other all of the time and not all dogs like all people all of the time either. Dog bites can be very serious, even life threatening. Not to mention how unpleasant it is to witness a dog fight. Even nice happy dogs can knock over an innocent bystander. Bad behavior can also come from the other dog owners. Some things are just annoying, like not picking up after their dog, and some things are more serious, like not taking responsibility if their dog becomes aggressive and injures either a person or another dog.

So if you are considering bringing your dog to a dog park, proceed with caution. If you have a smaller or an easily frightened dog proceed with extreme caution. Go to the park first, see how it seems to you. Maybe one with more rules is more your style or maybe a more casual approach will work for you. I will admit you won't see me at any dog parks. As well as all of the above concerns I have the added worry that one of the dogs will figure out I'm a veterinarian and convince all of the other dogs to gang up on me.

## DOWNLOAD YOUR FREE BOOK "LIVING WITH OUR WILD NEIGHBORS"

I wanted to pass on this information to you. The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z. Since we have so many animals that we share our yards with, I thought it might be helpful to you. https://www.animalsheltering.org/page/wild-neighbors-book

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## ST MARY MAGDALEN PARISH

95 Lakeview Ave., Tyngsboro, MA 978-649-7315 Weekend Mass: Saturday 5:30PM. Sunday 7:30AM & 9:00AM COME JOIN US, ALL ARE WELCOME!

• Join us on Facebook! Search "Saint Mary Magdalen Parish Tyngsboro" and like our page to see daily meditations and events. • FIRST FRIDAY ADORATIONS are held on the first Fridays of the

• FIRST FRIDAT ADORATIONS are field on the first Findays of the month after the 9AM Mass from 9:30AM – 12pm.
 • The St. Vincent De Paul Society operates a monthly food pantry

• The St. Vincent De Paul Society operates a monthly food pantry out of the rectory in addition to providing holiday meals to those in need. We can be reached at 978-844-2365.

• Prayer\_Line – <u>Do you know of someone needing prayers?</u> Call Helen (978) 649-7927 or Carol (978) 649-6717. (Submit only first name of one to be prayed for)





David LaRiviere (978) 649-7413 56 Coburn Road Tyngsboro, MA 01879-0353 Local & Dependable Email: sherburnelumber@verizon.net When you call a business listed here, please tell them you've seen their ad in Neighbor to Neighbor. They would like to know. Thank you, Anne

## GREATER LOWELL TECHNICAL HIGH SCHOOL PTO 6<sup>™</sup> ANNUAL HOLIDAY CRAFT FAIR & BRUNCH BUFFET

SATURDAY, NOVEMBER 9, 2019 – 9:00 A.M. – 2:00 P.M LOCATION: Greater Lowell Technical High School, 250 Pawtucket Blvd, Tyngsboro, MA 01879

**<u>CRAFT FAIR</u>**: General Admission \$3.00, Seniors (60+) \$2.00, Grades 12 and under are FREE. Over 50 vendors are expected! <u>VETERAN AND ATTENDEE BRUNCH BUFFET</u>: General Admission \$10.00, Children ages 8 and under are FREE, *Veterans are FREE*! Menu includes: Fruit, yogurt, assorted pastry, scrambled eggs, home fries, bacon, chicken, vegetables, and choice of beverage.

**ENTER OUR DOOR PRIZE DRAWING**: Donate a non-perishable food item and be entered into our door prize drawing. This year, we will be collecting donations of non-perishable food items to benefit the new "Gryphon Market", located within Greater Lowell Technical High School. The market will support GLTHS students and families in need. Visit our website for more information: www.gltpo.org

## WEST CHELMSFORD UNITED METHODIST CHURCH

242 Main St., North Chelmsford, MA 01863 HANDICAP ACCESSIBLE

1-978-251-4834 www.wcumc.us Worship 9:30AM Professional child-care provided Sunday school for all ages: 9:30 AM Coffee Fellowship: 10:30 AM Followed by Fellowship

We are in the midst of our Fall activities and it is hard to believe that Thanksgiving is fast approaching!! We hope that you have enjoyed the gorgeous fall foliage this year! It may seem early to think about the holidays, however, here is an early reminder that our Holiday Fair will be held on Saturday December 7 from 9 AM - 3 PM. We will have breakfast items, coffee, hot chocolate, and juices available for early risers. Enjoy breakfast before starting your shopping. We will have homemade lunch items available, if you start shopping later. There will be a children's room, with games, crafts, and movies to entertain your children while you shop. We will have many local craft vendors, our famous baked goods and candy tables, white elephants, and our plant table. Come and enjoy shopping in a warm, stress free, and friendly place with the spirit of the season! Bring your neighbors and family - this is open to the community. Don't miss it! Please check our website for additional information

**Our worship service is at 9:30 AM** and starts with children and youth attending with their family. Children and youth participate in several aspects of the service until they go to their Sunday School classes with teachers. *We will be having a Hanging of the Greens service in early December.* 

We hope to see you soon! We are on 242 Main Street in North Chelmsford, right on the Westford/Chelmsford line. From Route 3, take the Route 40 exit to Chelmsford, take a sharp right onto Main Street Chelmsford right after the variety store and follow Main Street until you see the church on the left.

## **BUDGET BUDDIES**

Budget Buddies helps low-income women become more economically self-sufficient and transform their lives by teaching them core money-management skills and pairing them with personal financial coaches. We partner with local social service agencies and community volunteers to provide individualized training in basic money management.

Please call (978)-703-0820 for details - our website is www.budgetbuddies.org



## TICKETS NOW ON SALE FOR THE 15<sup>TH</sup> ANNUAL

#### **GROTON COMMUNITY HOME TOUR**

Groton, MA - Groton Community School (GCS) 15th Annual Community Home Tour, Saturday, November 23, 2019, from 10 a.m. until 4 p.m. Doors at the school will open at 9 a.m. In case of inclement weather, the Home Tour will be held on Sunday, November 24, 2019.

The tour is a self-guided, adults-only tour of distinctive and historic properties. The 2019 Home Tour will showcase homes in Groton and the surrounding communities, including two antique homes from the 1800s which have undergone stunning transformations, a quaint home on a working family farm, and a unique new construction featuring french provincial and equestrian design with impeccable attention to detail.

The Tour begins at Groton Community School (now at 14 Main Street in Groton) with complimentary coffee and donuts from Dunkin Donuts and The Catalano Companies. Various local artisans and merchants will be at GCS and in the homes providing a unique opportunity for holiday gift shopping. While at the school, enter to win Chance items and baskets generously donated by local businesses, artists, friends, and Groton Community School families. The Chance items will be on display and Chance tickets will be on sale at the school the week prior to the Home Tour. Winners do not need to be present at the time of the drawing to win. To order tickets for the Groton Community Home Tour visit: www.grotoncommunityschool. orq/tickets

Tickets are also available by cash or check at the following locations: Groton Community School: New location-14 Main Street. Groton, MA. FacetsETC: 30A Hollis Street, Groton, MA Kimball Farm: 400 Littleton Road, Westford, MA. Lavender: 137 Main Street, Groton, MA. The Groton Inn: 128 Main Street, Groton MA. Advance tickets for the Home Tour are \$30 per person or \$40 per person with a boxed lunch from Salt & Light Bistro Cafe. Tickets purchased on the day of the tour are \$35 (admittance only)

Thank you to our 2019 Groton Community Home Tour Soaring Sponsor 360 Gymnastics. Our Kaleidoscope Sponsors McGovern Automotive Group and Workers Credit Union and our Community Sponsors: Babin Landscaping, The Catalano Companies, Great Road Farm and Garden, and Platt Builders. Full event details are available at www.grotonhometour.com

#### GREATER MASSACHUSETTS SPECIAL-NEEDS EVENTS SPED CHILD & TEEN

#### www.spedchildmass.com

Find Special-Needs recreation and events. Disability tab/menus are across the top of the website for easy navigation.

- Autism/Aspergers Events Camps for Special Needs
- Down Syndrome/Intellectual Events
- Family Mental Health & Behavioral Events
- Financial & Legal events
   Learning Disability/ADHD Events
- Recreation for Special Needs

Transition-to-Adult events include Thinking About Housing, The Dating Game for ASD Young Adults, and a Workplace Prep Program for Young Adults with Down Syndrome.

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20 Station Ave in Groton, Mass. Mon-Thu 4-9 p.m | Fri-Sat 4-10 p.m.

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#### CAT FOOD DONATIONS NEEDED

to feed a colony of feral and homeless kitties. Please call me at 978-799-9715 for the drop-off location on the Dunstable/Tyngsboro line. Don Gaudette. Volunteers to help with the feeding are also needed. Associated with Kitty Angels www.kittyangels.org Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats



## COMING UP AT INDIAN HILL

INDIAN HILL MUSIC YOUTH ORCHESTRAS CONCERT: Indian Hill Music School presents its three Youth Orchestras in concert: Tuesday, November 12 at 7pm, Littleton High School, 56 King Street, Littleton, MA. TICKETS: Adults/\$10 (free for ages 18 and under). Learn more: (978) 486-9524 or <u>www.indianhillmusic.</u> org. Sponsored by Middlesex Savings Bank.

**'BACH'S LUNCH' CONCERT:** Indian Hill Music presents a tribute to the music of Vince Guaraldi with Pamela Hines, jazz piano; Dave Clark, bass; and Miki Matsuki, drums: TWO SHOWS - Thursday, November 14 at 11 am and 1:30 pm, 36 King Street, Littleton, MA. Complimentary coffee, tea, cookies; bring your lunch. FREE admission. Reservations for groups of 5 or more at (978) 486-9524. Learn more at <u>www.indianhillmusic.org</u>.

**PIANO PERFORMANCE WORKSHOP:** On-stage practice in a casual masterclass format with expert coaching from Indian Hill Music School faculty: Saturday, November 16 at 10:00am with pianist Sarah Tocco, 36 King Street, Littleton, MA. FEE: \$20 (Free for Indian Hill Music students) Pre-registration required. Learn more: (978) 486-9524 or www.indianhillmusic.org.

VIOLINIST IRINA MURESANU: Indian Hill Music presents acclaimed violinist Irina Muresanu performing music from around the world, including selections by Enescu, Paganini, Kreisler, Bach, Sheng, Piazzolla, and more: Saturday, November 16 at 8:00 pm, Kalliroscope Gallery, 264 Main Street, Groton, MA. TICKETS: \$35 (includes post-concert reception with the artist). Learn more: (978) 486-9524 or www.indianhillmusic.org.

FRIDAY NIGHT JAZZ JAM: Listen to a swinging set by the Mike Caudill Trio followed by an open jam session. Stay and listen, or sit in to play standards with the group. Friday, November 22 at 7:30pm, 36 King Street, Littleton, MA. TICKETS: \$10 (Free for Indian Hill Music students) Learn more: (978) 486-9524 or <u>www.</u> indianhillmusic.org.

CHAMBER MUSIC AT INDIAN HILL: Duo Nouveau with cellist Young Sook Lee and pianist Yoojin Lee perform music of Beethoven, Busoni, Bartok, and Britten: Sunday, November 24 at 3:00pm, Indian Hill Music, 36 King Street, Littleton, MA. TICKETS: \$15 (Free for Indian Hill Music students) Learn more: (978) 486-9524 or www.indianhillmusic.org.

MUSIC LESSONS & CLASSES: Ongoing registration for private lessons, classes, and ensembles for all ages and levels at Indian Hill Music School, 36 King Street, Littleton, MA. Instruments include, piano, strings, flute, guitar, ukulele, recorder, harp, voice, and drums in classical, jazz, folk, rock, and pop styles. Learn more: (978) 486-9524 or www.indianhillmusic.org.

#### DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827 www.Dunstablechurch.org 978-649-6251

Pastor Bobby Ross <u>pastorbobby@dunstablechurch.org</u> DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."

Sunday worship time begins at **10:30am** and Christian Education/ Sunday School for children and adults at **9am-10:15am**. **WORSHIP:** Pastor Bobby leads our worship services which feature a variety of music, scripture readings, corporate prayer, and spoken messages, with Communion (the Lord's Supper) served on the first Sunday of the month.

**EDUCATION:** Adult and children Sunday School classes meet at 9:00 am on Sunday mornings in the Fellowship Hall and Room #4 respectively. During the Adult class, the "CASKET EMPTY" program, a Summary of the Bible, we'll cover the Old and New Testaments in a historical progression, showing how they work together to create the biggest, best story that has ever been told. The Adult class also meets at 7:00 pm Tuesday evenings at the parsonage covering the same material as on Sunday.

<u>CHILDCARE</u>: Childcare for infants through kindergarten is available both during Sunday School hour and the worship service. <u>FELLOWSHIP</u>: Everyone is welcome to an informal time of fellow-

ship with coffee, tea, and refreshments after the service.

**DECC YOUTH GROUP:** All area youth in grades 6-12 are welcome! Regular meetings will be held on Sundays 4-6 pm at the Dunstable Evangelical Congregational Church, unless otherwise noted. Some events planned are astronomy night, fundraisers, games, snacks, study, the Living Nativity and other surprises. Contact Leader Jon Hughes with any questions at Jon.hughes480@ gmail.com or 978-303-7708.

**On Sunday, Nov 24.** we will dedicate all donations received for families of Pepperell and Dunstable that are served by PACH (Pepperell Aid to Community & Home). If, each day, you put one food or personal care item in a box, by Thanksgiving Sunday you would have a wonderful donation. You can drop off items any time in the containers in Fellowship Hall. (If you continue one item each day through December, you would have another box of needed items for My Father's House to donate at the Living Nativity!)

THE ANNUAL LIVING NATIVITY will be held on Saturday, December 7, a night to remember! Walks continue between 5:30 and 7:30 PM on the Dunstable Town Common. We've expanded the event this year, with more animals, warming fires and musical presentations! Join us for an outdoor guided walk to Bethlehem. Trace the steps of Mary & Joseph as you walk the candlelit paths and meet the shepherds and wisemen. Enjoy Christmas music and view the animals as you journey to see the baby Jesus. Come anytime between 5:30 and 7:30; each walk is about 20 minutes. After the walk join us for refreshments. Sponsored by Dunstable Church.

**Our Christmas Eve Candlelight Service** on Tuesday, Dec 24<sup>th</sup>, will begin at 7:00 pm, preceded at 6:45 pm by a Carol Sing, so come early to sing some familiar Christmas carols. There will also be a contemplative service on Christmas Day at 10:00 am.

Come visit your community's church. We will be happy to greet you! For more information, please visit our new website at **dunstablechurch.org**, contact the church office at (978)649-6251, or contact us by email **info@dunstablechurch.org**.



Route 113, 23 Kendall Rd. Tyngsboro, MA 01879



For questions or more information, please call our office 978-649-2262 Pastor Denis Frediani 1-603-579-0904 www.tyngsborocongregational.org E-mail ecctsect@yahoo.com

#### JOIN US FOR SUNDAY MORNING WORSHIP

**OUR MISSION:** Glorify God by encouraging all people to know Jesus together in Faith, Love and Service Worship Service at 10:00 a.m. Nursery available. Followed by Fellowship and Refreshments. Cancellation information will be listed on our website:

www.tyngsborocongregational.org

• Our "ROAR" SUNDAY SCHOOL "ROAR" is the program that will be taught this year. This is a very exciting and fun program and the kids will love it! Children will begin the Sunday Services with their parents and will be dismissed to their age-appropriate classes at . 10:15 a.m.

• LADIES BIBLE STUDY - TUESDAYS 9:30 a.m. to 11:30 a.m. This year the study is entitled "Bible Survey...A Big Screen Perspective". Please plan to join our Bible Study group. You may call our Church Office and leave your name and phone number and our Secretary will return your call.

• SERMONS ON-LINE: Weekly sermons by Pastor Frediani: 1. Log onto the church website http://www.tyngsborocongregational.org 2. On home page you will see a photo of the church. Hover the cursor over the word "SERVING" 3. Click once on the word "SERMONS" 4. Scroll down to see "Listen to our sermonsfor free on SoundCloud. com" 5.Click once on the link/word "SoundCloud.com" 6. Below the Church logo sermons listed by date, passage, sermon title 7. Click orange circle to listen to the sermon you desire.

• THE THRIFT SHOP • Located next to the church is open to the public on Thursdays and Saturdays from 10:00 a.m. - 3:00 p.m. We offer an assortment of clothing, shoes, handbags, baby items, books, small appliances, dishes, glassware, jewelry, etc. Please do not drop off large items as we do not have the means to dispose of these.

• CHILDREN'S CHRISTMAS PROGRAM - Sunday, December 1st at 10:00 a.m. This is such an important and meaningful day for our Sunday School children of all ages. Please come and enjoy the beginning of the Christmas Season with us as they perform this special service sharing the meaning of Christ's birth.

• CHRISTMAS FAIR - DECEMBER 7th - Doors open at 9:00 a.m. We will continue our Cookie Walk tradition, offer baked goods, toys, Goody Bags and items for Christmas shopping! "JT603 Catering" (Josh Lorman and Todd Rivard) will be there cooking up a storm of BBQ favorites and soups for everyone! Try our new breakfast "McChurch Muffins". Ring our church bell, tour our church, submit your tickets for door prizes, and shop our Thrift Shop for amazing gifts at affordable prices. We have additional parking behind the

church!!! SEE YOU ALL ON DECEMBER 7<sup>™</sup>! DECEMBER 24TH - CHRISTMAS EVE CANDLELIGHT SERVICE AT 7:00 P.M. - join us for this meaningful evening service where we all come to celebrate the Birth of Jesus Christ.

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#### DIANE'S HOME DAYCARE TYNGSBORO

Currently has 2 openings for infant - 5. Please contact me at (508) 572-9100 or go to my website. Diane's home daycare.com

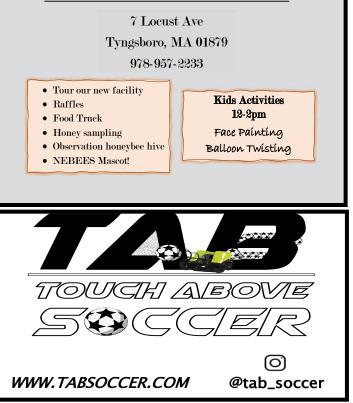


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## **GRAND OPENING**

Saturday, November 9th

**9AM-5PM** 



Buy local! Invest in your community!

## COMING UP AT

#### THE AMERICAN LEGION POST 247

90 Pawtucket Blvd., Tyngsboro, MA.

- Friday, November 4<sup>th</sup> at 7:30PM Music BINGO 978-649-7540 FREE Get BINGO win prizes! Non smoking (separate enclosed smoking area available).
- Upcoming meeting of the Auxiliary. The Auxiliary Unit voted to change their Unit meetings date and time. They now meet on the last Thursday of the month at 6PM
- November 22<sup>nd</sup> "Familiar Feud". Aka Family Feud Start time 2pm to 3:30PM. Prizes, Free admission.
- Saturday, November 23, 2019 from 1-5PM. ALA Middlesex County District Five, will honor their Disctrict Five Director Josephine Beauregard. With Testimonial. To be held at the Robert D. Pelletier American Legion Post 247
- Please sign-up for the Adult Christmas party Friday December
   6, 7-11pm!! Yankee swap (\$15 gift), DJ and Potluck (let us know what you will be bringing)

## American Legion Post 247 Inc. 90 Pawtucket Blvd., Tyngsboro, MA

## FUNCTION HALL FOR RENT

Bridal Showers
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Or Other Special Occasions

#### SPECIAL ON HALL RENTAL Renting at 4 hours for \$199.00 for November & December 2019! Handicap Accessible.

Hall available with bartender. Central air conditioning. Large Private Parking area with video surveillance.

View online at www.AmericanLegionPost247.org

#### **Call Diane Dileo at 978-204-9329** for Rental Information, Booking, and more details. Stop by to view the hall and outside patio area.

Active duty personnel discounts available.

### ROBERT D. PELLETIER AMERICAN LEGION POST #247, INC.



## 90 Pawtucket Blvd. Tyngsborough, MA 01879

Active duty military and veterans always welcome to join. First Year FREE for new Legion members. For further information call **978-649-7540.** Remember to attend the committee meetings on the first Thursday with your input and ideas.

The public is invited to get involved in all events of the post. The veterans monthly dinners will continue on the first Wednesday of the month. We are always looking for help to serve the veterans. Keno and Scratch Tickets are available at the Post. There is an ATM in the Post for your convenience.

#### Elected Post 247 Officers serving for 2019-2020

Commander: Raymond Hamelin; Sr. Vice Commander: Pete St. Peters; Jr. Vice Commander: Larry Monaco; Finance Officer: John Burke; Adjutant: Don Pierce; Judge Advocate: Roland Milliard; Executive Board: Joe Conlin, Robin Dion, and Fred Carroll.

Visit our website, <u>www.AmericanLegionPost247.org</u> This website contains a wealth of information about the Post. Please remember to be safe & keep our troops in your prayers.

## AMVETS POST #247 ROBERT D. PELLETIER



**90 Pawtucket Blvd. Tyngsborough, MA** We hold our meetings on the 1<sup>st</sup> Tuesday

of the month at **7 p.m.** all veterans are welcome with 180 days or more of active duty. Come down and join us for a meeting. *God Bless America.* 

**OFFICERS:** Commander: William A. Beaton; 1<sup>st</sup> Vice: Jan Dombrowski; 2<sup>nd</sup> Vice: Steve Harhs; Adjutant: John Cogan; Finance: David Coles; Judge Advocate: Roland Milliard; Provos Marshal: Roland Russell; Chalplain: Rod Woods. E-Board: John McDermott, Marty Bloomgren and Claire Beaton.

"ALWAYS READY TO SERVE OUR VETERANS" AMVETS National Website: http://www.amvets.org/



#### AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Meetings NOW held the LAST Thursday of each month at 6pm.

#### Auxiliary Unit 247 Officers for 2019-2020:

President: Josephine Beauregard; Sr. Vice: Bernadette Harper; Jr. Vice: Sarah O'Callaghan; Secretary: Patricia Modrich; Treasurer: Diane Dileo; Chaplain: Debbie Dion; Unit Sgt-At-Arms: Debra St. Peters. Executive Committee: Kathleen Oljey.

*For information on the Auxiliary Unit meetings*, or functions contact Unit President Josephine Beauregard at 978-458-7015.

*We also would Welcome New Auxiliary Members* 18 and older. Contact Unit President or Treasurer.

••• The Unit Jr. Auxiliary is accepting new Jr. members. Contact 978-649-7540 if interested in joining.



## Neighbor to Neighbor

Published by Anne M. Paquin Since 1983 64 Hardy St., Dunstable, MA 01827 (978) 419-1914 Celebrating 36 Years of Service!

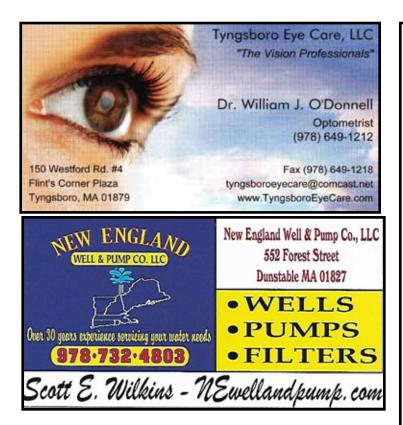
PLEASE SEND IN YOUR NEWS FOR DECEMBER ISSUE

E-mail: anne@neighbortoneighbornewsletter.com Check out the website for current and past issues. More articles are posted there as well. www.neighbortoneighbornewsletter.com

If you belong to a group and have upcoming events, such as a fundraiser or an organization that you love to take part in, have a business that is looking for employees, or offers a service that you want everyone to know about, let me know. Share your info. There is no fee for news but free space is limited, so it is best to get it in as soon as possible. Remember that the printed issue is usally out around the 5th or 6th of the month. So you do have to plan ahead. For paid ads, please contact me by email. I will then forward a rate sheet to you.

For the past 36 years **Neighbor to Neighbor** has been circulating on a monthly basis. Now there are 6,312 FREE issues delivered between the towns of Tyngsborough and Dunstable.

Go to <u>www.neighbortoneighbornewsletter.com</u>. *HERE YOU CAN READ THE ISSUE ONLINE*. Read through the Tyngsborough and Dunstable issues. You will also find other articles posted there. *I look forward to hearing from you! (soon) Sincerely, Anne Paquin* 



## THE NASHUA HISTORICAL SOCIETY 5 Abbott Street, Nashua, NH

Programs are free and open to the public. • <u>Saturday, November 9, 2019 at 2:00 p.m.</u>

Vanished Veterans – NH's Civil War Monuments and Memorials New Hampshire towns did not erect monuments to prior wars, but the emotional and family toll, unprecedented in American history, drove the decision to honor our local soldiers and sailors of the War of Rebellion. George Morrison will present how he located, inventoried, and photographed the fascinating variety of New Hampshire's Civil War memorials. This program is free and open to the public through a grant from the NH Humanities' Humanities to Go! Speaker's Bureau.

#### For more information please email: <u>nashuahistorical@com-</u> <u>cast.net,</u> call 603-883-0015 or visit our website: <u>nashuahistori-</u> <u>calsociety.org</u>

Please visit The Nashua Historical Society's changing exhibit case at Nashua's City Hall. The current exhibit is a history of the Pheasant Lane Mall.

## LOADING DOCK GALLERY

122 Western Avenue, 2nd Floor Lowell, MA 01851 Orbs: Spheres of Unity Orbs: will be on display at the Loading Dock Gallery through December 1, 2019.

The Loading Dock Gallery heralds November with an invitational exhibition by Tracey Levesque entitled **Orbs: Spheres of Unity**, showcasing the fine art and fine craft of glass, fiber, 2D and metal artists.

The theme of this show is both relative and timely as this select gallery of artists explores the unifying principle of orbs, spheres and circles, their significance, and how the different media of artistic expression convey the form's essence of perfection, unification and the balancing of the extremes of the world we live in. Come delight in this artistic celebration of the orb and how its symbolic nature of unity, vision, inclusivity and balance may only scratch the surface of our imaginations!

The Loading Dock Gallery is a program of Loading Dock Arts, Inc., a 501C3 nonprofit. The gallery is open Wednesday-Saturday from noon to 5:30 PM, and Sunday until 4 PM. For more information, call 978-985-0695. On-line, visit the gallery at <u>theloadingdockgallery.com</u> or shop <u>store.theloadingdockgallery.com</u>

## CHARLIE'S DRYWALL & PAINTING

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Read our reviews On Angie's list and see why we won a top contractor award in 2013 – 2018. Like us on Facebook!

## FREE ACTIVITIES FOR YOUNG CHILDREN WITH THEIR PARENT OR CAREGIVER

Calling all children, ages birth – 5, with their parents or caregivers, to FREE Playgroup/Literacy/Story and Craft Times. This grantfunded program is open to anyone, regardless of where you live. These programs follow the school year calendar.

#### Groton and Dunstable Family & Community Programs

• Join us on any 1st <u>Tuesdays</u> during the school year -1:30 p.m. at: Dunstable Congregational Church, 518 Main Street, Dunstable

• Join us on any all <u>Mondays</u> during the school year -9:30 a.m. at: Peter Twomey Center (behind G-D Middle School North), 348 Main Street, Groton

#### Townsend and Pepperell Family & Community Programs

• Join us on any 1st & 3rd <u>Tuesdays</u> during the school year -10:30 a.m. at: Pepperell Library (Lawrence Library,) 15 Main Street, Pepperell

Join us on any <u>Wednesdays</u> during the school year -10:30 AM at: Townsend Library, 12 Dudley Road, Townsend

Please contact Jana Harrison, at <u>jharrison@awrsd.org</u>, or 978.874.0163 for further information.

#### USED CLOTHING DROP-OFF SHED

To benefit: Dunstable Evangelical Congregational Church Location: Rear Parking lot, 518 Main St., Dunstable, MA 01827 Items accepted: All clothing, shoes sneakers, belts, purses, blankets, sheets, pillowcases, drapes and stuffed toys. (Your donations will not be cut up or shredded.) (Please... No rags, fabric scraps, pillows, toys or household goods; please understand that the above unwanted items are a hardship and expense to dispose of.)

Send clothing to people who can use it all over the US and World while helping the environment. Receive a tax deduction for your donation. Receipts are on the shed. \*\*Help us keep your donation clean and dry.\*\* Please put in tied or closed bags.

# Don't tough it out. Come on in.

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No one should have to wait and suffer through the flu, a bad sprain, cut, rash, or any other sudden injury or illness. With Circle Health Urgent Care, you don't need to. Our convenient locations provide fast medical attention you can trust from the region's top physicians, with expert follow-up care if needed. That's *Complete connected care*<sup>SM</sup>.

Learn more at Circle-Health.org/UrgentCare.



Billerica I Dracut I Tewksbury I Westford Open 7 days a week, 8:00 am to 8:00 pm