



# Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

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[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)

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**Issue # 386 • October 2019**

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## TOWN CLERK NEWS

**Special Town Meeting.** Tuesday, October 15, 2019, Town Meeting is held at the Swallow Union School beginning at 7:00 pm. **The last day to register to vote was Thursday, October 3, 2019.**

The amendments to the Town of Dunstable Zoning Bylaws and General Bylaws adopted under the warrant for the **Annual Town Meeting of May 13, 2019** were approved by the Attorney General on September 9, 2019; and are hereby published by posting in accordance with Massachusetts General Laws, Chapter 40, and Section 32 as amended.

### Zoning Bylaws

Article 23 Various Amendments to the Zoning Bylaws  
Article 24 Adult Entertainment Facilities Bylaw

### General Bylaws

Article 27 Amendments to the Dog Control Bylaw  
Article 29 Amendments to the General Wetlands Bylaw  
Article 30 Amendments to the Council on Aging Bylaw

The Attorney General has filed a 30-day extension to further review Article 25, the proposed Memorials and Monuments Bylaw. Their new deadline is October 10, 2019.

**If you are applying for the REAL ID**, please read the instructions for required documents very carefully. **After October 1, 2020**, you will need a REAL ID or a passport to fly within the United States or enter federal buildings. Your documents cannot be laminated. Your birth certificate must have a raised seal, photocopies are not acceptable. Same with your marriage certificate, it must be issued by the municipality or State Vital Registry. A hospital record of birth is NOT a birth certificate. Same with a church record; it is NOT a legal marriage certificate. My advice is to start gathering the documents you'll need so when October 1, 2020 comes around, you'll be ready. <https://www.mass.gov/guides/massachusetts-identification-id-requirements#required-identification-documentation-overview>

**Carol A. Skerrett, Town Clerk CMMC 978-649-4514 x222**

**CSkerrett@dunstable-ma.gov** HOURS: The Clerk's Office is open Monday evening from 3:00 pm-7:00 pm; Tuesday, Wednesday and Thursday 9:00 am-2:00 pm. Hours may vary due to holidays, workshops and elections. There are times the office is closed during these posted hours and extended hours for voter registration and absentee voting, please feel free to call ahead. Marriage licenses are by appointment only.

## FROM THE SELECTMEN

A **Special Town Meeting** has been scheduled for 7:00 PM on **Tuesday, October 15<sup>th</sup>, 2019** at the Swallow Union Elementary School. A public hearing will be held, in accordance with §4 of the Advisory Board By-Law for the consideration of the eleven (11) warrant articles.

For more information see the Special Town Meeting Warrant posted at the Town Hall & US Post Office, or on the town website or by requesting a copy electronically via email. A courtesy copy will also be at the Dunstable Free Public Library.

We urge all registered voters to attend & participate in these important matters. Phone: 978-649-4514 ext. 224 E-mail address: [selectmen@dunstable-ma.gov](mailto:selectmen@dunstable-ma.gov) Web site address: [www.dunstable-ma.gov](http://www.dunstable-ma.gov)

## IN MEMORY OF

Donna O'Dea Connell  
Mary H. Patenaude Urban  
Dr. Byron Spencer Lingeman  
Dorothy Catherine Georges Beckwith  
Myrtle Cecelia Soucy Gardner

*11<sup>th</sup> Anniversary for Eleanor Udot and Jack Carroll*



## THE DUNSTABLE CULTURAL COUNCIL

The Dunstable Cultural Council is now accepting grant applications for FY2020. **October 15<sup>th</sup> is the deadline for organizations and individuals to apply for grants.** The Dunstable Cultural Council receives money each year from the Massachusetts Cultural Council (MCC) a state agency. These grants can be used to support a variety of artistic and cultural projects that benefit citizens in Dunstable – including concerts, exhibits, festivals, performances in schools, cultural workshops and lectures.

This year, the Online Grant application process will be available. Links to this can be found on the Dunstable Cultural Council website, which is on the town Website. There is a link to the Mass Cultural Council site where you can find more information about the new online applications. <http://www.mass-culture.org/dunstable> If you have any questions, please contact Cultural Council Chair, Claudia Novak at [novakc@charter.net](mailto:novakc@charter.net)

## THE DUNSTABLE BOARD OF HEALTH AND THE NASHOBA NURSING SERVICE

will hold a **FLU CLINIC on Saturday, October 5<sup>th</sup>**  
**from 10:00 am - 12:00 pm at the Dunstable Town Hall,**  
**511 Main Street. Please bring your insurance information with you.** If you miss this, other clinics are held in surrounding towns which Nashoba Board of Health Nursing, Services. Check their website ([www.nashoba.org](http://www.nashoba.org)) for the complete listing or call: 978-772-3335 ext. 340 for more information.

**Well Adult Clinics** Are held on the fourth Wednesday of every month in the community room of the Dunstable Library. These clinics allow for personalized, one on one attention from a nurse. Offered services include blood pressure and blood sugar screenings, diet/nutrition information and teaching, medication review and assistance with identifying and coordinating community resources and referrals. All residents, of any age are welcome to attend. **Next Well Adult Clinic will be held October 23 from 11 – noon.**



## HALLOWEEN TRICK OR TREAT

Thursday, October 31<sup>st</sup>  
Hours will be from 5-8PM



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## KNITTING AND CROCHET CLASS

This class is under the direction of Donna Acquaviva. It is held Monday nights at Swallow Union School from 6:30-8:00PM

## DUNSTABLE BOARD OF HEALTH

**Mosquito season is still in effect.** Eastern Equine Encephalitis virus activity has been detected in Barnstable, Bristol, Essex, Franklin, Hampden, Hampshire, Middlesex, Norfolk, Plymouth and Worcester counties. Four human cases of EEE have been confirmed so far this year. Residents are urged to take personal protective activities like using EPA approved repellents and avoiding mosquitoes at peak times. You may go to the CDC website for more information.

Link for information about EEE Eastern Equine Encephalitis  
<https://www.cdc.gov/easternequineencephalitis/gen/pre.html>

## CURBSIDE TRASH AND RECYCLING PICKUP SUBSCRIPTIONS

New subscribers can sign up now online at [www.dunstable-ma.gov](http://www.dunstable-ma.gov) and clicking on online payments, then to UniPay Gold Link and to Board of Health. You may also pay at the Town Hall Monday-Friday from 9AM to 4PM with cash or check made payable to the Town of Dunstable.

New subscribers can pick-up their trash and recycling containers at the Town hall Monday-Friday from 9AM-4PM. or by appointment by emailing us at [health@dunstable-ma.gov](mailto:health@dunstable-ma.gov), or calling and leaving a message at 978-649-4514 Ext. 229. Pick up is on Thursdays each week.

The fee for 12 months is \$300.00. New subscribers during the year will have their fee pro-rated \$25 each month.

## FLU CLINICS

The Nashoba Associated Boards of Health, in partnership with your local board of health, will be providing flu clinics throughout the district in October.

**WHO:** For residents of ALL ages including infants (6 months old & up) through seniors

**WHAT:** Annual Seasonal Influenza Vaccine (quadrivalent, preservative free available)

(There will be High Dose Vaccine available for seniors 65 and older)  
\* Please bring your insurance cards to the clinic. No insurance? No problem. For those without insurance, and who are able to pay, we collect \$20 to cover the administrative/supply costs.

\*Nashoba district residents may attend ANY of our clinics; please check our website ([www.nashoba.org](http://www.nashoba.org)) for the complete listing or call: 978-772-3335 ext. 340 for more information. Our clinics, as well as other immunization clinics throughout the state are also listed on: [www.vaccinefinder.org](http://www.vaccinefinder.org).

Thank you for not wearing any of the following during your visit: cologne, after shave lotion, perfume, perfumed hand lotion, and/or similar products. Our chemically-sensitive co-workers and clients thank you.

### DATE TOWN CLINIC LOCATION TIME ADDRESS

10/5 Saturday, Dunstable, Town Hall, 10-12, 511 Main St  
10/7 Monday, Lunenburg, Library, 3-6, 1023 Massachusetts Ave  
10/8 Tuesday, Littleton, Town Offices, Rm103 10-12, 37 Shattuck St  
10/8 Tues, Littleton, Littleton Middle School Cafe, 3-6, 55 Russell St  
10/10 Thursday, Shirley, Senior Center, 9-11, 9 Parker Rd  
10/10 Thursday, Townsend, Library, 3-6, 12 Dudley Rd  
10/16 Wednesday, Pepperell, Senior Center, 10-12, 37 Nashua Rd  
10/16 Wed, Pepperell, Nissittisitt MS Cafe, 3-6, 33 Chace Ave.  
10/22 Tues Groton, Public Library Sibley Hall, 3-6, 99 Main St.

## Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

E-mail: [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com)

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Total Circulation is now 6,306 which includes Dunstable and Tyngsborough.

## DUNSTABLE FREE PUBLIC LIBRARY

588 Main St. 978-649-7830

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Thursday 10-8 Friday 10-2

**OPEN SATURDAYS 10-2**

For more library information go to

[www.dunstable-ma.gov](http://www.dunstable-ma.gov) click on library

Mary Beth Pallis – Director – [mpallis@mvlc.org](mailto:mpallis@mvlc.org)

Karen Debrececi – Children's Librarian – [kdebrececi@mvlc.org](mailto:kdebrececi@mvlc.org)

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[www.facebook.com/pages/Dunstable-Public-Library/219991908117595](http://www.facebook.com/pages/Dunstable-Public-Library/219991908117595)

**Featured Display** This month's display is an assortment of David Winter cottages and brass antique shoes. This collection is provided by Whitney Healey. Come and check it out. If you would like to display your artwork or photographs in the community room, we would love to host you. Contact Karen at [kdebrececi@dunstablepl.org](mailto:kdebrececi@dunstablepl.org)

**Community Room Artist** Check out the wonderful new artwork done by Alice Sneizek. Her new collection of paintings are wonderful!

**Library Passes available** Boston Museum of Fine Arts, One Stop Fun, US Constitution Museum in Charlestown, and a pass to 50 Massachusetts State parks. New Discount Pass – Salem Witch Museum and Merrimack Repertory Theatre.

**Adult Reading Group** Like to read? Then we have the group for you. Meeting Sat. October 19 at 10:30 at the library. We will be discussing *I Was Anastasia* by Ariel Lawhon. Summary: In this historical suspense, Ariel Lawhon unravels the extraordinary twists and turns in Anna Anderson's 50-year battle to be recognized as Anastasia Romanov. Is she the Russian Grand Duchess, a beloved daughter and revered icon, or is she an imposter the thief of another woman's legacy? Books may be ordered thru the library. New members always welcome every 3rd Saturday at 10:30a.m. in the community room of the library.

**Quilter's Group** Meets from 6-8 p.m., the first and third Tuesday of the month. If you are interested in learning to quilt or would like to join other quilters, this could be the perfect opportunity for you.

**Cook Book Club** The library has a cookbook club! A cookbook is displayed each month and you can select and prepare a recipe from the monthly selection. We get together on the last Friday of the month at 12:00pm to enjoy the dishes. Signup sheet is at the desk. Meeting on October 25<sup>th</sup> at 12:00 pm. New members welcome.

**Children's Program** Come join Mrs. D. for a special children's craft on Tuesday, October 8<sup>th</sup> at 4:00pm. We will be making an assortment of fall crafts. Please wear clothes that can get messy. Please sign up at the library or email Mrs. D. at [kdebrececi@dunstablepl.org](mailto:kdebrececi@dunstablepl.org)

**Preschool Story Hour** Please come in with your 3, 4 or 5 year old for story hour on Thursdays and Fridays. We meet 10:30-11:30. Program includes stories, songs and a craft or activity. Join the fun!

**Afternoon Story Hour** For older children who have ½ days kindergarten or older preschoolers. We will meet on Thursdays at 1:30 pm. We will still do a craft, so please wear clothes that can get messy.

**On Going Book Sale** Is in the Community Room at the library. Come in and check out the selections that are here. Hard Covers \$1, Paperbacks 5 for \$1, DVD's \$2 and CD's \$1. If you would like to donate to the ongoing book sale, please bring current books (not older than 2 years) or any children's books in good condition. Please bring your donations inside, instead of leaving them at the door. We cannot accept magazines, older books, or textbooks.

**Homework Club** The library is offering homework help every Tuesday night from 6-7PM for the school year. This is a free service for children from Kindergarten to High School. Honor Students from local high schools are available to help the children. These students help children understand their math homework and more. If your child is attending, please call by 5:30 so we can be sure a student will be here for your child. *The first homework help will be October 8<sup>th</sup>.*

**Homework Help Tutors needed** If you are in high school and would like to volunteer at the library, this is your opportunity to provide a valuable community service. You can help young children with their homework and the commitment would only be 2-4 hours a month. Please email Mrs. D. at [kdebrececi@dunstablepl.org](mailto:kdebrececi@dunstablepl.org)

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Library Hours: Tuesday 3-8 Wednesday 10-2  
Thursday 10-8 Friday 10-2

**OPEN SATURDAYS 10-2**

### Halloween Party

**The Halloween party will be Tuesday, October 22<sup>nd</sup>.** We will have the younger children come from 5-6PM and school age children will be at 6:30-7:30PM. If you have children of various ages, you may pick the time that suits you best. Wear your costume and get ready to enjoy games, crafts, and Halloween treats.

**Please sign up at the library or email Mrs. D. at [kdebreceni@dunstablepl.org](mailto:kdebreceni@dunstablepl.org). There is a limit to this program, so please sign up soon.**

## GRACE LUTHERAN CHURCH

130 Spit Brook Rd, Nashua, NH 603-888-7579 [www.glcmsnh.org](http://www.glcmsnh.org)  
Pastors: George Ruwisch and Mick Meyer Ministry Coordinator:  
Sharlene Peterson Youth Director: Alison Efsthathou

## DUNSTABLE SENIORS

Program Coordinator Susan Tully 978-649-6750  
or Email at [sjt0213@verizon.net](mailto:sjt0213@verizon.net)

**We are a peer group for those over 60. Seniors meet in the community room of the Dunstable library every Wednesday Bone Builders, 10:30 - 11:30, dominos 10:30 - noon, lunch at noon. First Wednesday, BINGO FOR CASH. Last Wednesday of the month, POKENO, bring your pennies. SCRABBLE & CRIBBAGE** group every Wednesdays at 12:30.

**WISH LIST** Wrapped candies, paper plates (small or large size), cups, paper towels

**VOLUNTEERS NEEDED** Lead an activity, teach a craft, visit a shut-in

**Thank You Dave Winkowski** owner of the Wood Broker for sponsoring our October Birthday Party

### October Lunches

**October 2** A Pot- Luck Lunch. **The COA provided main course & desserts.** Others brought a small serving of an appetizer, salad or provide a beverage.

**October 9** The library staff will provide lunch. Reservations were due by Oct. 2.

**October 16** Pot roast, potatoes seasonal vegetable and dessert provided by the Traveling Chef. RSVP by Oct 9

**October 23** Hearty beef stew with a crusty bread provided by Charlotte's Cozy Kitchen. **We will also be celebrating our October birthdays. Party sponsored by David Winkowski** owner of The Wood Broker RSVP by Oct. 16

**October 30** Outing to Greater Lowell Tech to their Artisan Restaurant. We will leave from the library at 11:30.

**Rivercourt Residence Lunches** in West Groton will be held **Tues, October 15** at noon. Dunstable seniors are invited for a FREE delicious lunch. **Space is limited to 12, RSVP by October 11.**

**Herbal Antibiotics** Holistic Health Practitioner, Dr Jodie MacDonald will present a program on Wed. **October 16 at 12:30** on how herbs can improve your health. The use of herbs and other parts of plants have been used for thousands of years for their healing properties. Medicinal plants were and are frequently used to treat both acute and chronic conditions. This class will discuss the herbs you can use for chronic issues and how to incorporate them into the body, we will go over the body systems and what herbs are used. for example, the liver is the main filter in the body, using Milk thistle will regenerate damaged liver tissue. A book will be available for a reduced rate of \$10 per book. there will also be handouts for the herbs discussed.

**Veterans/ Senior Breakfast** Will be held on the third Thursday of the month at the Tyngsboro Senior Center. All Dunstable seniors and veterans are invited to this FREE breakfast. Next breakfast **October 17 at 8:30a.m.** This will be the last one till next spring.



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**A CRAFT FAIR will be held on**

**Saturday, October 5th from 9am-3pm**

in the church hall, 95 Lakeview Ave. in Tyngsboro.

## 2019 DUNSTABLE CONCERTS ON THE COMMON

The Dunstable Summer Concert Committee would like to thank everyone who attended the Wednesday concerts for their continued support. The bands were great, the food was delicious thanks to Dinner Made Simple and Phoenix Rising. Thanks to Goss Farm, Market Basket, Hanafords, Shaws, and, we were able to provide ice cream each week. Thanks to town hall staff, Bonnie Ricardelli, Cheryl Mann, Jake Hamm, & Anne Fennochetti, the Maple Village pre-school teachers, and local bank volunteers for serving the ice cream. To Jan Rice for picking up the ice cream each week. Behind the scenes were Brian Reynolds, Denise Tucker & Jim McManus. To everyone who donated to the silent auction and to those who won. Keeping us safe every week were our Police & Fire departments. Boy did we have lots of kids! Thanks to Emily Denyse for keeping them busy with face painting, bubbles & hula hoops. This was one of our original goals, to make the concerts a family friendly event.

You may have noticed a sign we posted at the concerts this year. **We NEED volunteers for next year.** We are only looking for you to give an hour of your time, just few times over the course of the concerts. **NO big commitment.** Please contact us to help. Sue Tully, John Callahan, Paul Debrececi, Laura Rothman, Catherine Reynolds, Jen West, Lori Pestana. sjt0213@verizon.net



### Happy Fall, Y'all!

The school year is off to a good start having earned 10% of this year's goal after only a couple weeks! If you haven't **downloaded the new Box Top for Education app** yet, you'll be pleasantly surprised how truly easy it is. You only have to scan your receipt and the app does all the work for you! The app will continue to offer bonuses, sweepstakes, and coupons, so even more reason to download it today. This is a direct, simple way to help our Swallow Union and we really appreciate all your continued efforts. We hope to remain at the top during the 2019-2020 school year after finishing #2 in the state last year!

While traditional Box Tops are being phased out of production, **YOU CAN STILL CLIP AND TURN IN BOX TOPS!** You'll continue to find them on many products throughout the store for the next few years. The program is even allowing double dipping – meaning, you can purchase items with the old Box Top logo, clip and turn those in, and then scan your receipt within 2 weeks on the app for double the points!

You can turn in your carefully clipped Box Tops to any of these Dunstable drop-off locations: Swallow Union, Maple Village Pre-school, the Library, post office, and West Auto Repair. Thanks again for your support!

Chrissy McLane & Amy Wilson Box Tops for Education co-chairs for Swallow Union Elementary School  
swallowunionapt.org [aptswallowunion@gmail.com](mailto:aptswallowunion@gmail.com) facebook.com/SwallowUnionAPT

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## VETERANS' SERVICE OFFICE

**On-Base Shopping Eligibility Expands Jan. 1:** Beginning in the new year more than 3 million service-connected disabled veterans with VA ratings from zero to 90 percent will be authorized on-base exchange and commissary shopping privileges, as well as access to certain MWR facilities, but you must have a VA-issued Veteran Health Identification Card, or VHIC, to gain access. The VHIC is issued only to veterans who are enrolled in the VA health care system. You can apply online, or in person at your local VA medical facility. Family members of the newly eligible veterans will not be authorized to shop, but will be permitted on-base as guests of the VHIC-carrying veteran. Veterans who do not reside near a military installation can still shop online at the four military exchanges. Search for stores at ShopMyExchange, Marine Corps Exchange, Navy Exchange, and Coast Guard Exchange. Caregivers will be processed differently, initially, since they have no military or VA affiliation. The VA will post a memo to VA.gov for caregivers to be used for access at the front gate, along with a driver's license. This process is expected to transition to a caregiver-type ID card, which will have scanning swipe capability. One hundred percent disabled veterans, their spouses, and eligible dependents already have access because they are issued military identification cards.

**October offers several days we should remember for our first responders and military.** I thought I would share these with you. **October 7** 2001 - Operation Enduring Freedom begins in Afghanistan. **October 13** 1775 the US Navy was established. **October 24** United Nations Day.

As always if you know of any veteran, widow or family member in need of assistance of any kind, even if it is just information, please leave me a message at 978-649-3919 or send me an email at [VSO@Dunstable-ma.gov](mailto:VSO@Dunstable-ma.gov). I am here to help you.

**Joe Dean (Former USMC Sgt, Retired USAF Capt.)**

Dunstable Veteran Services Officer

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## SHEPHERD OF THE VALLEY LUTHERAN CHURCH

Now holds services and other activities *at the Federated Church*  
21 Washington St., Ayer, MA (978) 540-0768  
<http://www.sov-lc.org>

**Pastor Rev. Susan Gaeta**

**Fall Worship 10:00 AM**

Shepherd of the Valley Lutheran has changed the time for **Adult Discipleship and Sunday School 11:45 AM**. That is AFTER the 10 AM Worship Service and after Fellowship.

SOV will help with re-stocking of the shelves at **Loaves and Fishes** on 10/4 and 10/18 at 3:30 PM.

**The Congregational Council Meeting** will be on October 8th at 7:20.

On **Friday, October 11** the **Game and Puzzle Night** will be held with a **Pot Luck Supper** to begin around 5:30 PM.

**The Prayer Shawl group** will be meeting at 12 noon (at church) on 10/13 and at 6:30PM on 10/25.

## PACK 28 SCOUT DUNSTABLE

**October Pack Meeting**, Friday, October 11<sup>th</sup>, 2019, 7-8:30PM. This will be held at the Dunstable Church

**For more information, please contact: Chris Braun, [chrisj-braun@verizon.net](mailto:chrisj-braun@verizon.net) (617) 640-1678.**

## SCOUTS BSA DUNSTABLE

If you are interested in learning more about the **Boy Scout Troop T28B Or Girl Scout Troop T28G** join us at **7PM on Mondays**. We meet in the Fellowship Hall, at the Dunstable Evangelical Congregational Church, Main St. in the Center of Town. Boys' Scoutmaster is Steve Berthiaume. Sara Axon is the Scoutmaster for our linked **Girl's Troop**.

**We do have a contact page set up through our website:**  
<https://dunstable28.mytroop.us/contact>

### PET SITTING AND HOUSE SITTING

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Please contact Rebecca at **978-761-6044**.

### AGING IN PLACE

*Edward H. Adamsky, Esq.*

Aging in place is the "gold standard" for seniors, at least according to many working in the senior care fields. But, is it really a viable alternative to retirement homes, assisted living, nursing homes and other care options? It is appealing to consider staying in the home you have known and loved for all of your life, but most homes and communities are not designed to provide for the needs of people as they age. There are some options and ideas that are working, so you might want to consider these concepts as you get older.

You might want to lobby your town to reduce or eliminate some of the costs for projects to adapt homes. In Sausalito, California an advocacy group worked with municipal officials to start a program where building permits are free or reduced-cost when the project is under \$10,000 in total and its goal is to provide accessibility for elders or the disabled. This can save many people hundreds of dollars on the cost of making a home elder-friendly.

In Porto, a town in Portugal, they have a program where they match up older residents with students who need a place to live. The older people get companionship and some assistance, and the younger people get free housing in exchange for their help to the senior. This system works to reduce social isolation and loneliness among elders, which can be tied to poor health and decline. This program could work anywhere so consider trying to start one in your community.

There are several programs around the US and the world where not-for-profit agencies coordinate repairs and upgrades to seniors' homes. Sometimes for reduced cost and sometimes for free. You should look around to see if there are any near you, or advocate for them in your area if none are available. Sometimes the difference between staying home and having to go to a nursing home is some simple home repairs or alternations.

Another program idea that can really help people stay at home is having assistance with some of the normal household chores such as cleaning, repairs and safety enhancements. In northern New Jersey a program (cleverly called "CHORE") helps older residents continue living in their homes by providing volunteers to make minor home repairs. In addition to actually making repairs, the volunteers often just chat with the elder and provide a level of companionship and look out for other problems (physical, social, or medical) that might otherwise be overlooked.

In most towns around here, your local Senior Center (sometimes called a Council on Aging) is the first place to look for any programs that might help you. Also, our Area Agency on Aging (Elder Services of Merrimack Valley) is a larger agency that has many programs designed to help seniors stay at home. If you are planning to stay at home as you age, you need to do a lot of research and planning to make sure you remain healthy and happy at home as you Age in Place.

### DUNSTABLE TOWN HALL DIRECTORY

Town Hall (978) 649-4514. The departmental extensions are as follows:

221 Accountant      222 Town Clerk      223 Council on Aging  
224 Board of Selectmen (handles many depts.) Also for Animal Control Officer. After hours call Police at 978-649-8891. If emergency call 911  
225 Assistant Assessor      226 Building Inspector      227 Highway  
228 Collector/Treasurer      229 Board of Health  
230 Conservation/Planning Board      249 Assessors, Water Dept  
Please dial 0 if you need assistance.

**Veteran's Officer** 978-649-3919

**POLICE NON-EMERGENCY** 978-649-7445 **POLICE & EMT** 911

**FIRE DEPT. TELEPHONE NUMBERS TO REPORT A FIRE CALL 911**

Business Line.....978-649-6661 FAX.....978-649-6072

**Alarm System\* 978-448-6666\*** can be used to call in a fire from cell phone

You will find more information on the town website [www.dunstable-ma.gov](http://www.dunstable-ma.gov)

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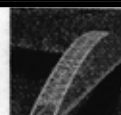
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## DUNSTABLE THEATER COLLABORATIVE PRESENTS "ACCOMMODATIONS"

Join Dunstable Theater Collaborative on October 25-27th for the hilarious roommate comedy *Accommodations* by Nick Hall, directed by Kevin Dumont. **Synopsis:** Lee Schallert, housewife, feeling she may be missing out on something, leaves her husband, Bob, and her suburban home and moves into a two room Greenwich Village apartment with two roommates. One roommate, Pat, is an aspiring actress, never out of character or costumes; but through an agency mix up, the other roommate is a serious, young, graduate student male. The ensuing complications make a hysterical evening.

**Cast:** Natalia Musatova – Pat; Emily Goldfarb – Lee  
Jason Norman – Tracy; Glenn Arthur Pierce – Bob

**Tickets:** \$15 General Admission ~ \$10 Students & Seniors (use coupon code studentsenior at checkout ~ [www.dunstabletheater.org/product-category/tickets](http://www.dunstabletheater.org/product-category/tickets) ~ Dunstable Town Hall, 511 Main Street, Dunstable, MA 01827

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## GOD GIVES US MORE THAN WE CAN HANDLE

By Nathan Combs

I have often heard it said by other Christians (and have often repeated it myself) that "God never gives us more than we can handle." In other words, we will not face overwhelming physical and emotional experiences that are beyond our amount of strength. God always ensures that our pain, sorrow, and stress is kept at a manageable level. Although our lives might prove challenging, everything happens within our scope of control.

This perspective sounds reassuring at first glance. However, since the Bible doesn't teach it, God must have a healthier perspective that's better for us and more glorifying for him. Yes, God does promise a way of escape from every temptation to sin (1 Corinthians 10.13), but he absolutely allows us to face situations that far exceed our limited capacities to understand or cope with them. Let's first prove this from Scripture before we discuss why he does so.

As he begins the letter of 2 Corinthians, the apostle Paul wrote that he and his companions were given more than they could handle. "For we do not want you to be unaware, brothers, of the affliction we experienced in Asia. For we were so utterly burdened *beyond our strength* that we despaired of life itself. Indeed, we felt that we had received the sentence of death." (2 Corinthians 1.8-9). Paul is probably referring to his ordeal in Ephesus, when the entire city was stirred up against him, causing his quick departure after living there for three and a half years (Acts 19.23-41). Although Paul was moved by God's Spirit to speak the message of Jesus, possessed the ability to perform mighty miracles, and stood as an eyewitness to the resurrected Lord, Paul was flesh and blood like you and me. The fog of discouragement he felt was so powerful that he could not see through it.

Why did God allow Paul to go through this situation? Fortunately, Paul directly answers this question in the last half of 2 Corinthians 1.9 - "But that was to make us rely not on ourselves but on God *who raises the dead*." Remember, Paul had just said that he felt he had "received the sentence of death." Even Paul, with all his spiritual maturity, needed a reminder of God's ability to do what is impossible for man to accomplish. There are few events that so clearly show the exclusive hands of God more than the resurrection accounts in Scripture. Dead people come back to life only through the power of God (1 Kings 17.17-24, 2 Kings 4.32-37, Luke 7.11-17, Mark 5.34-43, John 11.39-44, etc.).

Situations like Paul's have the potential to teach us valuable lessons we could not receive any other way. It is liberating to know that I don't have to be strong enough to withstand the forces of life because I serve a God who is. Thank God that he does give us more than we can handle, because in those those occasions he wants to give us himself.

## DIRECTOR OF THE COUNCIL ON AGING

Anne Fenochetti Email: [afenochetti@dunstable-ma.gov](mailto:afenochetti@dunstable-ma.gov)  
Hours at Town Hall: **Tuesday** from 11-2 and **Wednesday** from 8-11. Call Anne at 978-649-4514 ext. 223 at the Town Hall or by appointment.

**DUNSTABLE COUNCIL ON AGING** Secretary; Donald Pottle, Mary Dow, Barbara Martin, Vincent Hollins and James McMannus. **The Mission of the Dunstable Council on Aging** is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs. **Next meeting October 8 at 11:00 A.M. at the town hall. Feel free to give us your ideas.**

**Bone Builders Program** is held on Wednesdays and Fridays in the community room of the library from 10:30 – 11:30a.m. Through a grant from CTI senior Corp. Volunteer leaders run the program. Bone Builders is a fun low- impact strength training and balance exercise program. Each class runs for 60 min. FREE to all seniors, space is available. Talk with Brian O'Donnell

**Flu Clinic** Will be held on Saturday, **October 5 from 10:00 – noon** at the town hall.

**Medicare Annual Open Enrollment** The Medicare Advantage Plan **Open Enrollment period will run October 15 through December 7.** Contact our SHINE contact, Lisa Rose at 978-683-7747 if you have any questions. A SHINE representative will be at the library on Wed. **October 23 from 10:00 – 1:00** to answer any of your questions. **Appointments Must be made in advance.**

**Medication Take Back Program** Do you have out of dated or unused medication in your cabinet? An officer from the Dunstable Police Dept. will be at our meetings on the last Wed. of each month at noon to collect them and dispose of them properly. **Drop off will be October 30**

**Well Adult Clinic** Are held on the fourth Wednesday of every month in the community room of the Dunstable Library. These clinics allow for personalized, one on one attention from a nurse. Offered services include blood pressure and blood sugar screenings, diet/nutrition information and teaching, medication review and assistance with identifying and coordinating community resources and referrals. All residents, of any age are welcome to attend. Next clinic **October 23 from 11 – noon.**

**Book Delivery** to shut-ins is available through the Dunstable Library. Just let Sue know if you or someone you know needs books or audio material.

**Van Service** is available for medical appointments and grocery shopping. Cost is \$5.00 for local trips, Lowell, Chelmsford, Nashua, Tyngsboro, Westford, Ayer, Groton & Pepperell. \$10.00 for any other. Check with Anne Fenochetti as soon as you know when your appointment is to make sure a ride is available.

**\*\*\* Meals on Wheels** Do you or someone you know need the services of Meals on Wheels? This service is now being merged with Tyngsboro's MOW. For information contact Joyce Dastou at Merrimack Valley Elder Services at 1-800-892-0890.

**Durable Medical Equipment** Try us FREE before you buy. Check out the COA's inventory. We have a variety of good, gently used walkers, wheelchairs, transport chairs, canes, commodes and much more that people have generously donated. These are on loan and need to be returned when not in use. PLEASE call first before you drop off items. Accepted items should be brought to the Town Hall only.

**Message from the Fire Chief** Fire Chief Rich is available to check your smoke detectors you just need to set up an appointment. If you need the assistance of the fire department for a non-emergency situation and you've called the fire-station and no one was there. **Please call 978-448-6666 (Fire/Police/ems Dispatch)** they will notify the proper person or service to assist you. **Office # 978-649-6661**

**Living Alone Safely in Your Own Home** The Dunstable COA is working with the Fire Dept and the Police to keep those seniors living alone safe in their home. They can secure a lock box with a key on to your door at your home so that in an emergency help would be able to get to you quickly. Chief Rich will be available at our Wed. lunches if you have any questions. Call his Office # 978-649-6661 for more information. **Go to [www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com) Many other topics covered online in past issues, in More from COA.**

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## DUNSTABLE GRANGE #31

**MEETINGS** are held on the 2<sup>nd</sup> Friday of every month at Dunstable Town Hall at 8 p.m. Call for more information 978-649-3934. Come join Grange! All are welcome!!! Refreshments will be served.

- **October 11**, Installation of officers
- **November 8** Painting with Dave

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**October 10<sup>th</sup> deadline for the November issue.**

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You may leave a message for me at **978-419-1914**.

*Tyngsborough printed issues circulation is 5067 and*

*Dunstable printed issues circulation is 1239.*

*Copies available online, at town hall and library.*

## GD SEPAC

**Groton Dunstable Special Education Parent Advisory Council**

**<http://gdsepac.wordpress.com>**

In October, GD SEPAC will be hosting **Dr. Robert Brooks** on **October 16, 2019** at the GD MS PAC from 6:00 - 8:30 PM. Admission is FREE. Funded by the Groton Lecture Funds.

**Contact Officers and Liaison 2019-2020:**

**Chair:** Jennifer Bonenfant [jenniferbonenfant@gmail.com](mailto:jenniferbonenfant@gmail.com)

**Secretary:** Linda Lee [lindazlee@hotmail.com](mailto:lindazlee@hotmail.com)

**Treasurer:** Katie Leonard [kcleonard@gmail.com](mailto:kcleonard@gmail.com)

**SCHOOL PARENT LIAISONS:**

**Boutwell** Katie Leonard [kcleonard@gmail.com](mailto:kcleonard@gmail.com)

**Florence Roche** Katie Leonard [kcleonard@gmail.com](mailto:kcleonard@gmail.com)

**Theresa Passmore** [theresapassmore@gmail.com](mailto:theresapassmore@gmail.com)

**Swallow Union** Melissa Padera [mpadera@yahoo.com](mailto:mpadera@yahoo.com)

**Susan Lopez** [susanlopez24@gmail.com](mailto:susanlopez24@gmail.com)

**Middle School** Theresa Passmore [theresapassmore@gmail.com](mailto:theresapassmore@gmail.com)

**High School** Susan Lopez [susanlopez24@gmail.com](mailto:susanlopez24@gmail.com)

**Out-of-District** Melissa Padera [mpadera@yahoo.com](mailto:mpadera@yahoo.com)

## CABOT CHEESE AND TULLY FARM



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## FOR INFO ON GDEF

Groton Dunstable Education Foundation

see [www.gdefinc.org](http://www.gdefinc.org)

## PEPPERELL FOOD PANTRY OPEN TO DUNSTABLE RESIDENTS

PACH located at 66 Hollis St. Pepperell is open on Tuesdays from 5 – 7 p.m. and Thursdays from 2 – 4 p.m. and 5 – 7p.m. PACH provides food and personal care items to residents in need of assistance. If you are interested in using this service contact office at 978-925-9770 or visit their web site at [www.pachoutreach.org](http://www.pachoutreach.org). We will be organizing a food drive in the fall. Food collection boxes will be placed in the library, church and post office. Any donations would be appreciated a volunteer will pick them up on Tuesdays.

## LOAVES & FISHES FOOD PANTRY, INC.

is pleased to welcome the Town of Dunstable to our service area! All Dunstable families are invited to visit the Pantry and receive nutritious food and personal care products.

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To learn more about what to expect when you visit the Pantry for groceries, take a virtual tour at <https://loavesfishespantry.org/need-services/> or call us at (978)772-4627 x312.

If you are interested in volunteering please email us at [volunteer@loavesfishespantry.org](mailto:volunteer@loavesfishespantry.org) or call us at (978)772-4627 x317. The gift of food and personal care items as well as monetary support is always welcome. Visit our website to learn more about how you can help.

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Happy Fall! Looking forward to those crisp fall days! Our church programs are entering our busy fall season! We invite you to join us for Sunday morning worship at 9:30 AM. *Our children join us for the first part of the service, and then go to Sunday School classes until 10:45 AM.* We have a warm and loving Sunday School program and we welcome new students at any time! You are invited to come, meet our Christian Education director, and visit a class. We will also be holding a **special children's service on October 20**, and all are welcome to this service! Please check our website for more details. Arts and crafts, music, videos, games, and sharing are among the ways that children and youth can learn about God's love. Our youth programs for middle and high school youth are starting. Our youth groups are involved in community mission projects and also have fun events! Our congregation supports community programs such as the Lowell Food Bank, and St. Paul's Meal.

**Don't forget our annual Big Rummage Sale, on Friday October 25 from 10:00 AM – 2:00 PM and 7:00 PM – 9:00 PM and Saturday, October 26 from 10:00 AM – 2:00 PM.** This is a community event and again, we will have our giant Toy Room and a great selection of gently used clothing, shoes, and household items. Saturday is \$2 per bag. Don't miss it and tell your friends and neighbors! Please check our website for additional information

**We hope to see you soon!** We are on 242 Main Street in North Chelmsford, right on the Westford/Chelmsford line. From Route 3, take the Route 40 exit to Chelmsford, take a sharp right onto Main Street Chelmsford right after the variety store and follow Main Street until you see the church on the left.

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**The public is invited to get involved in all events of the post. The veterans monthly dinners will continue on the first Wednesday of the month.** We are always looking for help to serve the veterans. **Keno and Scratch Tickets are available at the Post. There is an ATM in the Post for your convenience.**

**Elected Post 247 Officers serving for 2019-2020**

Commander: Raymond Hamelin; Sr. Vice Commander: Pete St. Peters; Jr. Vice Commander: Larry Monaco; Finance Officer: John Burke; Adjutant: Don Pierce; Judge Advocate: Roland Milliard; Executive Board: Joe Colin, Robin Dion, and Fred Carroll.

**Visit our website, [www.AmericanLegionPost247.org](http://www.AmericanLegionPost247.org)**

This website contains a wealth of information about the Post.

**Please remember to be safe & keep our troops in your prayers.**

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## AMERICAN LEGION AUXILIARY UNIT 247

**90 Pawtucket Blvd. Tyngsborough, MA 01879**

**Meetings NOW held the LAST Thursday of each month at 6pm.**

**Auxiliary Unit 247 Officers for 2019-2020:**

President: Josephine Beauregard; Sr. Vice: Bernadette Harper;  
Jr. Vice: Sarah O'Callaghan; Secretary: Patricia Modrich;  
Treasurer: Diane Dileo; Chaplain: Debbie Dion; Unit Sgt-At-Arms:  
Debra St. Peters. Executive Committee: Kathleen Oljey.

**For information on the Auxiliary Unit meetings**, or functions contact Unit President Josephine Beauregard at 978-458-7015.

**We also would Welcome New Auxiliary Members** 18 and older. Contact Unit President or Treasurer.

... **The Unit Jr. Auxiliary is accepting new Jr. members.**  
Contact 978-649-7540 if interested in joining.

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Location: Rear Parking lot, 518 Main St., Dunstable, MA 01827

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Send clothing to people who can use it all over the US and World while helping the environment. Receive a tax deduction for your donation. Receipts are on the shed. \*\*Help us keep your donation clean and dry.\*\* Please put in tied or closed bags.

## "PAWS FOUR THE CLAWS"

### Handcrafted Soaps

### 3rd Annual Holiday Open House/Fundraiser

Save the Date!

Saturday, November 9th - 10 am to 5 pm

Sunday, November 10th - 11 am to 4 pm

\*\*\*\*\*NEW LOCATION\*\*\*\*\*

Little Red Schoolhouse, 64 Main St. (Rte 113)

(.8 miles west of Rte 3), Dunstable, MA

We invite you to join us at the Tyngsborough-Dunstable Historical Society's, Little Red Schoolhouse for 2 days of Fundraising while shopping for everyone on your list from our Beautifully Handcrafted Soaps + Spa Quality Products!

As always, **100% PROCEEDS will be donated to Animal Rescues** to help so many Homeless Animals! Please help us again help the Rescues feed those Hungry, Homeless Kitties this Winter by bringing a Large Bag of Kitty Food + we will have our "Thank You" gift bag with a few of our products waiting for you!

We are so looking forward to seeing you again. Thank You so much for your continued PAWSome Support!

Please check out our Facebook page (+ like us!) for updates on our Spa Quality Handcrafted Soaps + Products.

## THE WISH PROJECT

### LOCATED at:

166 Middlesex St., North Chelmsford, MA 01863

Warehouse hours Tuesday - Saturday 9-3pm

•• Our new smaller Thrift Shop is open at 166 Middlesex St.

North Chelmsford behind Hertz car rental. Tuesday-Saturday

9-2:30pm. Stop in and see our new shop and pick up some

bargains and support our mission.

### WISH LIST

Lamps Dressers Love Seats Sofas Small Kitchen Tables  
Full Box spring 2 XL Twin Mattresses Full Box spring  
Baby Monitors Infant Double Strollers  
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Infant Safety Latches Infant Safety Door Knob Covers  
Size Newborn, 4, 5 & 6 Diapers Towels  
Toddler Car Seats with Straps (less than 5 years old)  
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Go to the website and you can

**DONATE FROM OUR AMAZON WEEKLY WISH LIST.**

Our backpack project was a resounding success this year. Over 3,800 backpacks went out to our partner agencies and their clients. This was only possible through the generosity of our donors and sponsors.

About Us The Mission of The Wish Project is to help families in need in Merrimack Valley. [www.TheWishProject.org](http://www.TheWishProject.org) or call us at (866) 947-4360. Mailing address is: The Wish Project, PO Box 8693, Lowell, MA 01853

If you would like more information please contact Lori at [Lori@thewishproject.org](mailto:Lori@thewishproject.org) and let her know how you would like to help. You may also make a donation on our website.

EDITORS NOTE: If you are reading this in the printed version, and do not have access to a computer, please call the Wish Project at (866) 947-4360 for more information.

When you contact a business,  
or organization,

please tell them you've seen their ad  
or news in Neighbor to Neighbor.

They would like to know. Thank you, Anne

## TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



The Little Red Schoolhouse is located at 64 Main St., Dunstable, MA (Route 113) not far from the town line near Rte 3  
**Meetings are FREE and OPEN TO THE PUBLIC**  
Events listed here are held at the Little Red Schoolhouse unless noted otherwise.

•• Saturday, October 19, 2019 – 10AM to 2PM

Rain date Sunday, October 20

### 7<sup>th</sup> Annual AACA Bean Pot Region Car Meet

Come see a field full of beautiful antique cars. IT IS FREE to look and dream! Grilled hot dogs and homemade chili and beans will be available. For info contact Sue Psalidakis at 978-649-6005.

•• Saturday, November 2, 2019 at 2PM

### The Nashua Historical Society

Join us to learn about our neighboring Historical Society to the north. For info: Claudia Novak 978-649-6356.

For program updates, check the TDHS website:

[www.tdhistoricalsociety.org](http://www.tdhistoricalsociety.org)

Email address: [tyngsboroughdunstablehs@gmail.com](mailto:tyngsboroughdunstablehs@gmail.com)

## ST JOHN THE EVANGELIST CHURCH

115 Middlesex St., North Chelmsford, MA

**BINGO Thursdays at 6:45pm to 9:30pm**

Doors open at 3:30pm

Questions or for more info about BINGO

Call Gerry Dumont 978-866-2391

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ST. JOHN 978-251-8571 [www.saintjohnchelmsford.org](http://www.saintjohnchelmsford.org)

OFFICE HOURS: Mon, Tue, Thu... 9 am – 5 pm; Wed... 9:30 am – 5 pm; Fri... 9 am – 3 pm; Sunday 8 am – 12 noon

• **ST. MARY CHURCH:** 25 North Road, Chelmsford

• Daily Mass Schedule: Monday – Friday... 7 am; 2<sup>nd</sup> and 4<sup>th</sup> Saturday... 9:00 AM • Weekend Mass Schedule: Saturday... 4 pm; Sunday... 7, 9 and 11 am;

Reconciliation: Saturdays... 11 am – 12 noon, or by appointment

• **ST. JOHN THE EVANGELIST CHURCH:** 115 Middlesex Street, North Chelmsford

• Daily Mass Schedule: Monday – Friday... 9 am; 1<sup>st</sup> and 3<sup>rd</sup> Saturday... 9:00 AM • Weekend Mass Schedule: Saturday... 4 pm; Sunday... 8:30 am, 10:30 am; 6 pm

Reconciliation: Saturdays... 3:00 – 3:45 pm, or by appointment

## ST. JOHN THE EVANGELIST CHURCH

115 Middlesex St., N. Chelmsford, MA.

**THE PUBLIC IS INVITED to a Ham & Bean Dinner on**

**Saturday October 19, 2019 at 5:00 PM**

in our dining hall in North Chelmsford, MA.

The dinner of Carved Ham from Alpine Butchers will offer a side of Beans with pulled pork, Potato Salad and Cole Slaw, including Assorted Rolls and Corn Bread. Finishing off the dinner will be our Coffee Service along with a dessert table filled with Homemade Pies and Apple Crisp.

**You won't want to miss this popular Fall fundraiser. Call Jane (978) 649-3404 for prices and details.**



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On June 25, 2019, the Altrusa Club of Merrimack Valley hosted a scholarship dinner at the 110 Grill in Chelmsford, to honor the memory of **Katherine M. Richo**, recently deceased member of Altrusa and active leader in the Nashua Community. **Brooke McCarthy** of Tewksbury, who is currently enrolled in the Bachelor of Science in Nursing Program at Rivier University was awarded a \$500 scholarship in honor of Katherine Richo, who was a critical care nurse by profession and an instructor in the nursing program at Rivier.

Altrusa continues to provide birthday parties for the children living with their teenage mothers at Brigid's Crossing in Lowell. The children celebrating birthdays in June and July respectively, Josyah (2) and Ousmane (3), each received an educational toy and an age-appropriate book. The other children received age appropriate books instead of goodie bags. And of course there is always cake, juice and hoodies.

Mindful of Altrusa's motto of Patriotism, Efficiency and Service, the Altrusa Club of Merrimack Valley delivered seventeen (17) electric razors to the staff of the Memory Care Unit (62D) at the Veterans Hospital, Bedford, MA to assist them in their compassionate care of those who served and sacrificed so much for this country.

Altrusa is looking forward to another successful year of service in our communities. Please email [altrusamv@gmail.com](mailto:altrusamv@gmail.com) if you are interested in joining other volunteers in making a difference in the lives of others in our communities.

## COMING HOME TO CATHOLICISM

is a program offered by St Kathryn Parish, 4 Dracut Rd Hudson, NH as a two Session Retreat on consecutive **Saturdays, October 19<sup>th</sup> and October 26<sup>th</sup>** from 10 AM to 2 PM. The program is for those who have left the Catholic Church, for any reason, and might be feeling the calling to return.

All of the Team members have left the Church at one time and have returned, providing a comfortable and understanding atmosphere for others looking to return. The program is designed to answer most of the questions returning Catholics might have and some discussion to address any individual concerns (don't worry; participants can share as little or as much as they'd like).

Anyone interested can contact the parish office at 603-882-7793, or visit our website [www.stkathryns.org/chc](http://www.stkathryns.org/chc). Registration is required. Feel free to bring a friend.

## DUNSTABLE TYNGSBOUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to serving communities locally and globally giving hope and impacting lives through humanitarian service projects and raising donations to support areas of need.

### Officers for the 2019-2020 Lions Year

President: Mark Alexander, 1st Vice President/Membership Chair: Joe Ward, Treasurer: Bob Reich, Secretary/Club Service Chair: Laura Ward

Anyone interested in joining the lions is asked to contact Joe Ward at 978-930-1153 or Mark Alexander at 978-649-9124. Our Regular Meetings are held on the first Tuesday of the month starting at 6:30 pm at Princeton Station 147 Princeton St., in N. Chelmsford, MA.

### YOU CAN HELP BY DONATING THE FOLLOWING:

- **Used Eyeglasses** are collected for refurbishment and distribution to less advantaged individuals around the world.

- **Used Hearing Aids** are collected refurbished or repaired and distributed to those individuals in need with limited ability to pay.

Lion's collection boxes for eyeglasses and hearing aids are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Multi-Service Center at 180 Lakeview Ave, and Dunstable Town Hall, Post Office and Library.

**"Alone we can do so little; together we can do so much."**  
Helen Keller

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E-mail [ecctsect@yahoo.com](mailto:ecctsect@yahoo.com)



### JOIN US FOR SUNDAY MORNING WORSHIP

**OUR MISSION:** Glorify God by encouraging all people to know Jesus together in Faith, Love and Service. Worship Service at 10:00 a.m. Nursery available. Followed by Fellowship and Refreshments. Cancellation information will be listed on our website:

[www.tyngsborocongregational.org](http://www.tyngsborocongregational.org)

• **Our "ROAR" SUNDAY SCHOOL PROGRAM** began in September, but it is not too late to sign your children up. "ROAR" is the program that will be taught this year. This is a very exciting and fun program and the kids will love it! Children will begin the Sunday Services with their parents and will be dismissed to their age-appropriate classes at 10:15 a.m.

• **LADIES BIBLE STUDY - TUESDAYS** 9:30 a.m. to 11:30 a.m.

*The group began in September but you may still sign up.* This year the study is entitled "Bible Survey...A Big Screen Perspective". Please plan to join our Bible Study group. You may call our Church Office and leave your name and phone number and our Secretary will return your call.

• On Sunday, September 15th, Marine, Evan Lapoint was baptised by his brother-in-law, Garrick Brewer (Pastor in training at ECCT) in the Merrimack River. We celebrate this dedication!

### MARK YOUR CALENDAR!

• **SUNDAY - OCTOBER 13, 2019** - The world renowned gospel group, **the Needham's**, will return to Tyngsboro for an amazing FREE concert on October 13th! Event will be held at our church following our church service and potluck lunch. **At 1:00 p.m.** we will join together in the sanctuary for this concert. **There is no charge to attend this event.** Please mark your calendars! If you've never heard this group you will want to attend. You'll be glad you did!

• **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: 1. Log onto the church website <http://www.tyngsborocongregational.org> 2. On home page you will see a photo of the church. Hover the cursor over the word "SERVING" 3. Click once on the word "SERMONS" 4. Scroll down to see "Listen to our sermons for free on SoundCloud.com" 5. Click once on the link/word "SoundCloud.com" 6. Below the Church logo sermons listed by date, passage, sermon title 7. Click orange circle to listen to the sermon you desire.

• **THE THRIFT SHOP** • Located next to the church is open to the public on **Thursdays and Saturdays from 10:00 a.m. - 3:00 p.m.** We offer an assortment of clothing, shoes, handbags, baby items, books, small appliances, dishes, glassware, jewelry, etc. **Please do not drop off large items** as we do not have the means to dispose of these. • **The Thrift Shop Volunteers** were treated to a THANK YOU BBQ. New church members Josh Lorman and Todd Rivard, owners of "JT603 Catering" got their grills going and served up a savory meal for our amazing and dedicated volunteers!

• **CHILDREN'S CHRISTMAS PROGRAM - Sunday, December 1st at 10:00 a.m.** This is such an important and meaningful day for our Sunday School children of all ages. Please come and enjoy the beginning of the Christmas Season with us as they perform this special service sharing the meaning of Christ's birth.

• **CHRISTMAS FAIR - DECEMBER 7th** - Doors open at 9:00 a.m. We will continue our Cookie Walk tradition, offer baked goods, toys, Goody Bags and items for Christmas shopping! "JT603 Catering" (Josh Lorman and Todd Rivard) will be there cooking up a storm of BBQ favorites and soups for everyone! **Try our new breakfast "McChurch Muffins"**. Ring our church bell, tour our church, submit your tickets for door prizes, and shop our Thrift Shop for amazing gifts at affordable prices. We have additional parking behind the church!!! SEE YOU ALL ON DECEMBER 7th!

• **DECEMBER 24TH - CHRISTMAS EVE CANDLELIGHT SERVICE AT 7:00 P.M.** - join us for this meaningful evening service where we all come to celebrate the Birth of Jesus Christ.



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We hold our meetings on the 1<sup>st</sup> Tuesday of the month at 7 p.m. all veterans are welcome with 180 days or more of active duty. Come down and join us for a meeting.

*God Bless America.*

**OFFICERS:** Commander: William A. Beaton; 1<sup>st</sup> Vice: Jan Dombrowski; 2<sup>nd</sup> Vice: Steve Harhs; Adjutant: John Cogan; Finance: David Coles; Judge Advocate: Roland Milliard; Provost Marshal: Roland Russell; Chaplain: Rod Woods. E-Board: John McDermott, Marty Bloomgren and Claire Beaton.

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AMVETS National Website: <http://www.amvets.org/>



### TRUNK OR TREAT!

**Saturday, October 26<sup>th</sup> from 12-2pm**

This will be held at the **Cornerstone Congregational Church**  
located at 32 Graniteville Rd., Westford, MA  
[CornerstoneWestford.com](http://CornerstoneWestford.com) (If rain, we will host the event indoors.)

### FREE ACTIVITIES FOR YOUNG CHILDREN WITH THEIR PARENT OR CAREGIVER

Calling all children, ages birth – 5, with their parents or caregivers, to FREE Playgroup/Literacy/Story and Craft Times. This grant-funded program is open to anyone, regardless of where you live. These programs follow the school year calendar.

#### Groton and Dunstable Family & Community Programs

- Join us on any 1<sup>st</sup> Tuesdays during the school year -1:30 p.m. at: Dunstable Congregational Church, 518 Main Street, Dunstable
- Join us on any all Mondays during the school year -9:30 a.m. at: Peter Twomey Center (behind G-D Middle School North), 348 Main Street, Groton

#### Townsend and Pepperell Family & Community Programs

- Join us on any 1<sup>st</sup> & 3<sup>rd</sup> Tuesdays during the school year -10:30 a.m. at: Pepperell Library (Lawrence Library), 15 Main Street, Pepperell
  - Join us on any Wednesdays during the school year -10:30 AM at: Townsend Library, 12 Dudley Road, Townsend
- Please contact Jana Harrison, at [jharrison@awrsd.org](mailto:jharrison@awrsd.org), or 978.874.0163 for further information.

### Nashua Community Concert Association 2019-2020 Performers

**Concerts begin at 7:30PM**

**Held at Nashua High School North,  
8 Titan Way, Nashua, NH 03053  
TAJCI (WAKING UP IN AMERICA)**

**Friday, November 1**

"Waking Up in America" presents a musical cabaret style show of the American Songbook with international flair. Tatiana "Tajci" Cameron is an award-winning music artist from Croatia (formerly Yugoslavia), who achieved platinum status while selling more than a million records and packing sold-out venues for many of her performances. After achieving fame in Europe, she came to the USA in 1992, is a graduate of the American Musical and Dramatic Academy and has given more than 1000 concerts here. In addition to singing, Tajci plays keyboards, guitar and accordion. The show includes her sister, Los Angeles-based actress/singer Sanya Mateyas, and keyboardist extraordinaire Brian Hanson. This dynamic trio delivers show-stopping entertainment.

**Tickets online at [www.nashuacommunityconcerts.org](http://www.nashuacommunityconcerts.org) or at the door \$25. For additional information please call 603-579-0603.**

## DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827

[www.Dunstablechurch.org](http://www.Dunstablechurch.org)

978-649-6251

Pastor Bobby Ross [pastorbobby@dunstablechurch.org](mailto:pastorbobby@dunstablechurch.org)

*DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."*

**SCHEDULE CHANGE!** Last month Sunday worship time changed to **10:30am** and Christian Education/Sunday School for children and adults at **9am-10:15am**.

**WORSHIP:** Pastor Bobby leads our worship services which feature a variety of music, scripture readings, corporate prayer, and spoken messages, with Communion (the Lord's Supper) served on the first Sunday of the month.

**EDUCATION:** Join us this fall as we look at God's complete redemptive story that starts in Genesis and ends in Revelation. Following the "CASKET EMPTY" program, a Summary of the Bible, we'll cover the Old and New Testaments in a historical progression, showing how they work together to create the biggest, best story that has ever been told. Classes meet at 9am Sundays in the church fellowship hall, and 7pm Tuesday evenings at the parsonage. Adults, young adults, and children K-6 are invited. The class program on Tuesday is the same as on Sunday.

**CHILDCARE:** Childcare for infants through kindergarten is available both during Sunday School hour and the worship service.

**FELLOWSHIP:** Everyone is welcome to an informal time of fellowship with coffee, tea, and refreshments after the service.

**DECC YOUTH GROUP:** All area youth in grades 6-12 are welcome! On Sep 15<sup>th</sup>, the group gathered for a cookout at Sunshine Overlook Orchard and enjoyed apple picking, cider press, outdoor 'trust' games, a zipline and a bonfire. Regular meetings will be held on Sundays 4-6 pm at the Dunstable Evangelical Congregational Church, unless otherwise noted. Some events planned are concerts (Amy Grant, Michael W Smith), fundraisers, games, snacks, study and other surprises. Contact Leader Jon Hughes with any questions at 978-303-7708 or [Jon.hughes480@gmail.com](mailto:Jon.hughes480@gmail.com).

**Come visit your community's church.** We will be happy to greet you! For more information, please visit our website at [dunstablechurch.org](http://dunstablechurch.org), contact the church office at (978)649-6251, or contact us by email [info@dunstablechurch.org](mailto:info@dunstablechurch.org).

## THE NASHUA HISTORICAL SOCIETY

5 Abbott Street, Nashua, NH

*Programs are free and open to the public.*

• **Tuesday, October 15, 2019 at 7:30 p.m.**

**The Yankee Peddler in Early America**

From the mid-1600s in New England to the rise of the automobile after WWI, peddlers were a major factor in getting items to remote locations. The presentation will include where they went, how they travelled, how were they paid, who became a peddler, where did they stay while on the road, how were they viewed, what ended most peddling, and more! **Cal Knickerbocker** will present this interesting program.

• **Saturday, November 9, 2019 at 2:00 p.m.**

**Vanished Veterans – NH's Civil War Monuments and Memorials**  
New Hampshire towns did not erect monuments to prior wars, but the emotional and family toll, unprecedented in American history, drove the decision to honor our local soldiers and sailors of the War of Rebellion. **George Morrison** will present how he located, inventoried, and photographed the fascinating variety of New Hampshire's Civil War memorials. This program is **free and open to the public** through a grant from the NH Humanities' Humanities to Go! Speaker's Bureau.

**For more information please email: [nashuahistorical@com-cast.net](mailto:nashuahistorical@com-cast.net), call 603-883-0015 or visit our website: [nashuahistorical.society.org](http://nashuahistorical.society.org)**

**Please visit The Nashua Historical Society's changing exhibit case at Nashua's City Hall. The current exhibit is a history of the Pheasant Lane Mall.**

When you call a business listed here,  
please tell them you've seen their ad in  
*Neighbor to Neighbor.*  
They would like to know. Thank you, Anne



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## CAT FOOD DONATIONS NEEDED

to feed a colony of feral and homeless kitties. Please call me at **978-799-9715** for the drop-off location on the Dunstable/Tyngsboro line. Don Gaudette. **Volunteers to help with the feeding are also needed.** Associated with Kitty Angels [www.kittyangels.org](http://www.kittyangels.org)  
Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats

## COMING UP AT INDIAN HILL

**'BACH'S LUNCH' CONCERT:** Indian Hill Music presents mezzo-soprano Laryssa Doohovskoy, trombonist Alexei Doohovskoy, and pianist Marina Pavlova in music inspired by the night: **TWO SHOWS - Thursday, October 10** at 11 am and 1:30 pm, 36 King Street, Littleton, MA. Complimentary coffee, tea, cookies; bring your lunch. FREE admission. Reservations for groups at (978) 486-9524.

**BLUEGRASS AT INDIAN HILL:** Indian Hill Music presents Kettel and Co., the all-star string band featuring Grammy-nominated fiddler Jeremy Kettel with Josh Pinkham, mandolin; and Quinn Bachand, guitar: **Friday, October 11** at 7:30pm. String improv workshop with Jeremy Kettel at 4:30pm. CONCERT TICKETS: \$20 in advance / \$25 at the door. WORKSHOP & CONCERT: \$30 in advance / \$35 at the door. (Free for Indian Hill Music students) Indian Hill Music, 36 King Street, Littleton, MA.. *Sponsored by OMNI PROPERTIES.*

**INDIAN HILL MUSIC 'DISCOVERY LECTURE':** "Improving Cognitive Ability with Music" with music theorist and educator James Gutierrez, Ph. D: **Tuesday, October 15** at Noon, 36 King Street, Littleton, MA. Learn how involvement in music is associated with improvements in memory, speech, visual abilities, processing speed, pain management, and more. ADMISSION: \$10 (Free for Indian Hill Music students.) Bring your lunch! Learn more: (978) 486-9524 or [www.indianhillmusic.org](http://www.indianhillmusic.org).

**JAZZ AT INDIAN HILL:** Indian Hill Music presents Hush Point, the acclaimed New York-based performing and recording jazz quartet featuring John McNeil, trumpet; Jeremy Udden, alto saxophone; Aryeh Kobrinsky, bass; and Anthony Pinciotti, drums: **Friday, October 18 at 7:30pm.** TICKETS: \$20 in advance / \$25 at the door. (Free for Indian Hill Music students) Indian Hill Music, 36 King Street, Littleton, MA.

**MUSICIANS FROM MARLBORO:** Indian Hill Music presents an ensemble of nine renowned chamber music players in works by Mozart (Oboe Quartet in F Major), Dean (String Quartet No. 2 with soprano), and Beethoven (String Quartet in F): **Saturday, October 19 at 8:00 pm**, Kalliroscope Gallery, 264 Main Street, Groton, MA. TICKETS: \$35 (includes post-concert reception with the artists).

**N.E. FLUTE ORCHESTRA OF INDIAN HILL:** Our 20-member adult flute ensemble led by Dr. Eileen Yarrison opens their season with a variety of autumn-themed music arranged for flutes: **Sunday, October 20, 3:00pm** at 36 King Street, Littleton, MA. TICKETS: \$10 (Free for Indian Hill Music School students.) Learn more: (978) 486-9524x116 or [www.indianhillmusic.org](http://www.indianhillmusic.org).

**FRIDAY NIGHT JAZZ JAM:** Listen to a swinging set by the Anna Pyon Trio followed by an open jam session. Stay and listen, or sit in to play standards with the group. **Friday, October 25 at 7:30pm**, 36 King Street, Littleton, MA. TICKETS: \$10 (Free for Indian Hill Music students)

**ORCHESTRA OF INDIAN HILL:** Maestro Bruce Hangen and Orchestra of Indian Hill perform music of French composers, including the fabulous *Symphonie fantastique* of Berlioz and Saint-Saens' *Piano Concerto No. 5* with award-winning pianist Aristo Sham: **Saturday, October 26 at 7:30pm**, Littleton HS Performing Arts Center, 56 King Street, Littleton, MA. TICKETS: \$20-35-50 (Free for Indian Hill Music students) Call 978-486-9524x116 or visit [www.indianhillmusic.org](http://www.indianhillmusic.org). Lead Sponsor: Enterprise Bank. Guest Artist Supporter: Scheier Katin & Epstein, P.C. Media Sponsor: Wicked Local.

**MUSIC LESSONS & CLASSES:** Ongoing registration for private lessons, classes, and ensembles for all ages and levels at Indian Hill Music School, 36 King Street, Littleton, MA. Instruments include, piano, strings, flute, guitar, ukulele, recorder, harp, voice, and drums in classical, jazz, folk, rock, and pop styles.

**You may learn more by calling (978) 486-9524 or visiting [www.indianhillmusic.org](http://www.indianhillmusic.org).**



## Neighbor to Neighbor

*Published by Anne M. Paquin Since 1983*

64 Hardy St., Dunstable, MA 01827

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E-mail: [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com)

**[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)**

**October 10th is the deadline for the November issue.** Articles are placed on a first come, first served basis. News can be sent in a word file or in the body of an email. **If you have a business, or your organization would like to have a display ad**, not just a paragraph, email me and I will forward the detailed rate sheet to you. **Please contact me if you need more time to submit your article or if you need more time to prepare your ad. I will hold a place for you.** If you call, **please leave a message as it goes to voicemail** and I will get back to you as soon as possible.

I do hope you find something of interest each month and maybe if you are looking for help with your home or business, you can find it in these pages. There is so much going on, that there is never enough space for all I want to print. **However, I have been posting them on the website in between issues.**

Total printed circulation each month including Dunstable and Tyngsborough is 6,306 issues. Current & past issues are available by clicking on "Neighbor to Neighbor Newsletter issues" in the heading on the website. Please visit [www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com). (Thanks PJ)

I look forward to hearing from you soon.

Sincerely, Anne Paquin

### NASHUA RIVER WATERSHED

#### NRWA ANNIVERSARY OPEN HOUSE, AT THE NRWA RIVER RESOURCE CENTER, 592 MAIN ST. GROTON, MA

**October 16, 2019** (check the website for time). Join the Nashua River Watershed Association Board and Staff to celebrate the Official 50<sup>th</sup> anniversary date of the NRWA's founding during an Open House at our River Resource Center.

**View the Watershed from Mount Wachusett, Princeton, MA**

**October 19, 2019, 1-2:30PM** at Mt Wachusett State Reservation.

Hike up Mount Wachusett to enjoy the fall foliage and the sweeping views of the Nashua River watershed from its western border.

**Walk on the Granite Town Rail Trail, Milford, NH**

**November 6, 2019, 3-4:30PM** On the Granite Town Rail Trail. Enjoy the natural scenery and learn about the history of the area while walking the trail of the old Brookline & Milford line where trains once moved ice, granite, and passengers.

## The Brush

Art Gallery & Studios

256 Market St. Lowell, MA 01852 [www.thebrush.org](http://www.thebrush.org)

### Exhibit Title: The Quiet World of Aging

**Exhibit runs through November 2, 2019**

**Lowell Exhibit Features Portraits Taken in the Final Life Phase**

Lowell, MA – "The Quiet World of Aging" by Melinda Reyes is a collection of observations and moments portraying the many faces of aging -- the beauty, sorrow, joy, despair, and most importantly the dignity with which these individuals carry out their last days. It takes viewers into direct contact with diversity of emotions within the aging process. A celebration of their history made evident in the details and richness of their eyes, hands, posture, and lines on their skin. It seeks to make what is hidden, seen, and to make those who feel invisible, visible. By photographing at a close distance, the series offers a penetrating window into the complexities of this final life phase.

Melinda Reyes is a photographer based in Massachusetts who sees herself as a "visual storyteller". Trained at Rochester Institute of Technology where she earned a B.F.A. in Photography, Melinda spent her 20's traveling the U.S. and Europe and worked in studios, labs, and galleries across the country. In 1987-88 she attended the year-long Photography Residency program at Salzburg College in Austria. She became invested in social issues and advocacy and in 1997 began a Master's degree in Social Work at Simmons College and began turning to photo documentaries in an effort to initiate awareness and change in vulnerable populations like children, homeless, and the elderly.

When not shooting documentary's she turns her camera toward capturing the beauty and essence of flowers in creating close-up Fine Art B & W and Color Photographs. She also works part time as a freelance photographer specializing in Portraiture.

### Exhibit Title: Choice Works by Haroon Khimani

**Exhibit runs through November 2, 2019**

**Beauty from Chaos**

Lowell, MA – "Choice works by Haroon Khimani" features a series of bold acrylic collages. Khimani finds inspiration in an unconventional place. "I seek to discover the beauty of nature, mostly in collapsed structures and disasters, natural or man-made. Beauty has a new definition for me," he said. Khimani searches for forms of beauty in chaotic settings.

Haroon Khimani began his career as a fine artist after completing his degree in Fine Arts from the Faculty of Fine Arts, M.S. University, Baroda, India. He transitioned to a career in the textile industry continuing his background in art with focus on designs on fabric where he progressively grew to heading up design departments at large textile companies in India. However, Khimani's passion for art has drawn him back to painting after a professional career of forty years. Having resumed painting over the past one and a half decades, his focus has been initially on oil but more so acrylic on canvas, and now introducing multimedia as well. He has exhibited his art at numerous exhibitions globally including the US (Boston area), India, and Dubai.

#### PROFESSIONAL MEMBERSHIPS

Museum of Fine Arts (MFA), Boston, MA; The Brush Art Gallery, Lowell, MA; Arts League of Lowell, Lowell, MA; Concord Art Association, Concord, MA; Ras Art Gallery, Bengaluru, India; Central Lalit Kala Academy, New Delhi, India; AIFACS, New Delhi, India; Hyderabad Art Society, Hyderabad, India.

## DOWNLOAD YOUR FREE BOOK

### "LIVING WITH OUR WILD NEIGHBORS"

I wanted to pass on this information to you. The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z. Since we have so many animals that we share our yards with, I thought it might be helpful to you.

<https://www.animalsheltering.org/page/wild-neighbors-book>



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Our restaurant values superior service and exceptional food! That is why we locally source all ingredients and hire local staff members in an effort to provide you with the most amazing, Groton-authentic experience. Looking for the perfect space to host a private event? Our second floor is home to a spacious, elegant function room that is appropriate for any event ranging from corporate dinner meetings to wedding rehearsal dinners. Beautiful french doors adjoin the function room with our private dining room which features a handcrafted, 20 person banquet table.

So, skip the holiday cooking and host dinner with us! We hope you discover what's to love about The Groton Station House Restaurant. We look forward to meeting you!

To find out more information, call (978) 448 4000 or visit our website: [grotonstationhouse.com](http://grotonstationhouse.com)

## BEAVER BROOK ASSOCIATION

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### GUIDED WILDFLOWER WALKS

Oct 30 10:00 am - 12:00 pm

Free to members/\$5 nonmembers

The traditional Beaver Brook Wildflower walks lead you through the trails of Beaver Brook in search of each week's blooming wildflowers. Join a BBA hike leader on these walks.

You must pre-register to receive walk locations and instructions. Register at [www.beaverbrook.org](http://www.beaverbrook.org) or call 603-465-7787.

Wildflower Bloom Book of Beaver Brook by Joan Bonnette is available for sale \$10.

## LAWNDALE FARM FALLFEST

**This will benefit Tyngsborough High School Class of 2021**  
**\$6 Ticket Includes:** Kid-Friendly Hay Ride, Halloween Scavenger Hunt with Trick or Treating, Country Music Concert

Wear your Halloween Costume!

**Saturday, October 19<sup>th</sup> from 2PM to 5PM**

Rain Date: Saturday, October 26

**Also available for purchase...** Face painting, Build your own scarecrow, crafts, pumpkin carving, apple cider, candy apples, popcorn, food truck.

## COMING UP AT

### THE AMERICAN LEGION POST 247

90 Pawtucket Blvd., Tyngsboro, MA.

- **Saturday, October 5<sup>th</sup> at 4PM** Legion Meat Shoot
- **Friday, October 11<sup>th</sup> and Friday, November 4<sup>th</sup> at 7:30PM**  
**MUSIC BINGO** 978-649-7540 FREE Get BINGO win prizes!  
 Non smoking (separate enclosed smoking area available).
- **Saturday, October 19 at 11AM** Legion E-Board
- **Saturday, October 19 at 7PM** AMVETS Meat Shoot
- **Thursday, October 31, 6PM** Upcoming meeting of the Auxiliary.  
 The Auxiliary Unit voted to change their Unit meetings date and time. They now meet on the last Thursday of the month at 6PM
- **Saturday, November 2 PSYCHIC FAIR • 10am - 4pm**  
 This will be to Benefit Veterans Programs and Family of Veterans.  
 Sponsored By **The American Legion Post 247 Inc. Veterans**, Tyngsboro, MA. Readings \$25.00, TAROT, REIKI, PALMISTRY, INTUITIVE, MEDIUM, AURA READING & IMAGING.  
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- **November 22<sup>nd</sup> "Familiar Feud". Aka Family Feud**  
 Start time 2pm to 3:30PM. Prizes, Free admission.
- **Saturday, November 23, 2019 from 1-5PM.** ALA Middlesex County District Five, will honor their District Five Director Josephine Beauregard. With Testimonial. To be held at the Robert D. Pelletier American Legion Post 247



46 Coburn Road  
Tyngsboro

## AUTUMN WILDLIFE OUTING!

**Saturday, October 19th, 2019 at 9:00 AM**

The Nature Walks Conservation Society is absolutely delighted to invite you and your entire family to our annual Autumn Wildlife Outing! This is an absolutely beautiful time of year and the fall colors should not be missed! There will be a family friendly guided Nature Walk hosted by Mark Fraser (Host of "Nature Walks" seen on PBS) through the forest during absolutely stunning Fall foliage! Bring your cameras because this will be an amazing photography opportunity!

Connect with us on Facebook

<https://www.facebook.com/naturewalkscs>

***We look forward to seeing you there!***

### SHERBURNE NATURE CENTER & TRAILS

For more information on this and future events, please visit the website <http://www.naturewalkscs.org/events-schedule>

Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, and observe meadow wildflowers and butterflies. It's a great place for outdoor exercise and to enjoy nature close to home. Sherburne Nature Center and Trails activities are open to all who are interested. Activities go rain or shine. In extreme weather conditions, activities are cancelled. *No reservations or fees required.* Children under 16 must be accompanied by an adult.

**Please note: The tennis court behind the Sherburne Nature Center is not part of the PUBLIC Nature Center property.**