



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

Celebrating 36 Years of Service

Issue # 372 • July/August 2019

POSTAL PATRON
TYNGSBOROUGH, MA 01879

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TYNGSBOROUGH TOWN CLERK NEWS

2019 DOG LICENSES are available at the Town Clerk's office or by mail. Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. If renewing by mail, please enclose a stamped envelope for the license. Licenses are now overdue and will require an additional \$25.00 for the late fee!

2019 CENSUS forms were mailed. Please look around your home to make sure that you returned the form. Check the information for accuracy, make necessary corrections, and return promptly to the Town Clerk's office. If you do not receive a census form, please call the office and we will mail a form. Please note that the census does not register you to vote. You can register by going to mass.gov and completing an online voter registration form.

Please contact the office at 978-649-2300 extension 129 or email to jshifres@tyngsboroughma.gov with any questions.

TYNGSBOROUGH BOARD OF HEALTH

Recently, it was brought to the attention of the Board of Health that one of the vendors at the 2019 Health and Safety Fair passed out a Band-aid Kit that also contained two antiseptic pads and two aspirin. The name of the vendor is Covanta.

The Board of Health wanted to make sure the public was aware of the contents of this kit. While vendors are required to disclose certain information on their application, the vendor did not disclose to the Board of Health that these items were enclosed in the kit. We are taking steps to insure that such oversights do not occur in the future and that vendors clearly understand their responsibilities.

If you have any further questions, please contact the Board of Health at 978-649-2300 x118.

HOST AN EXCHANGE STUDENT!

Exchange students will be attending Tyngsborough High School during the 2019/2020 school year, and are in need of host families. Host families provide a welcoming living space for the student, as well as meals had at home. Students will have their own budgets for weekend activities, meals out with friends, etc. Host families receive a monthly stipend, and will also be supported by the local coordinator through frequent check-ins and communication.

If interested in this unique and enriching experience, please contact Leah Merullo at leah.merullo@tyngsboroughps.org for more information.

IN MEMORY OF

Richard J. Hughes
Dennis Paul Howarth
James W. Petersen
Gerald Charles Tucke
Donald O. Upton
Rita Estelle Lamb McMahon Melancon
Herta Marie Kreuzer Browning
Joseph Thomas McGuane
Allyson M. King Raffaello
Theresa M. Ward Clark

Patricia A. Creegan Kelley
Raymond V. Wilson
James E. McAviney Jr.
Barbara L. Stynes Morrison
Judy A. Pare Schult
Charles G. Reekie Jr.
Jeanne Mele Sarris
Claire r. Foley Bagley
Leo M. Albert
James E. Keddie

Charlette A. Harris Pare



DID YOU ATTEND CAMP KIWANIS?

Girl Scout troop 68085 of Tyngsborough is making a documentary and historic scrapbook of Girl Scout Camp Kiwanis located on the shore of Long Pond. If you ever attended this camp, we would like to capture your memories and copy any photographs you have of the camp and activities.

If you would like to participate in this huge project, contact Barbara Varnum at kvarnum@comcast.net.

THE FRIENDS OF THE TYNGSBORO ELDERLY

The Friends is a non-profit group who help defray costs at the senior center. This year they sponsored the Christmas Dinner and distributed gift cards to Market Basket to participants as well as provided the St. Patrick's Day dinner.

They will sponsor a **FLEA MARKET** at the senior center located at 169 Westford Rd., in Tyngsborough on **September 7, from 8AM to 3PM.**

A 20' x 20' space is \$15. Please bring your own table, chair, etc.

For more information or to reserve your space, please call

Mary at 1-254-226-4168.

Friends' membership is \$10 per year.

We invite all to become a member.

Hope you have a wonderful summer!

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Neighbor to Neighbor
Published by Anne Paquin Since 1983
64 Hardy St., Dunstable, MA 01827-1403 **Tel. 978-419-1914**
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TYNGSBOROUGH RECREATION
Call 978-649-2300 Ext. 150

The Recreation Committee meets at the Recreation Center 120 Westford Road the first Wednesday of the month at 7pm. Additional information may be found on our website at TyngsboroughRec.com Friend us on Facebook. **Currently two open seats. Join us!**

- **THE TOWN BEACH - OPEN FOR SWIMMING** through Labor Day Weekend. Resident passes are needed and are available at the Town Hall. Volunteers welcome to assist in maintaining the beach. Message your interest on FB or email TyngsboroughRec.com.
- **FIELD DAY X5 (formerly Track and Field Family Fun Nights)** Unfortunately due to low enrollment this program is not running this summer.
- **Service Hours Available for Students** We have service opportunities; call the Recreation Office or PM on FB. Wicasse concession stand, Festival of Trees, Block Party, Shamrock Ball and more-
- **2019 Summer Tennis** Tyngsborough Elementary School Run by High Level Experienced Players/Coaches Master Two great sports at once! info@www.planettennisusa.com 727-542-9636 Week 1: July 1-4 9am-12pm 9am-12pm: Tennis: Learn, Drill, Review, Improve! \$199 per week! Week 2: July 15-18 9am-12pm: Tennis: Learn, Drill, Review, Improve! \$199 per week! Week 3: July 22-25. Monday through Thursday, 1 to 4 p.m. \$199 for the week Week 4: July 29-Aug 1 9am-12pm \$199 for the week.
- **COMMUNITY YARD SALE Saturday, July 27, 8 AM to 2 PM. \$15. Join the community Yard Sale.** Sell your items from your home. Map of all participating sites with listing of categories. Online and printed maps available. Optional "Participating Yard Sale Site" yard stake signs (deposit required, no additional fee if returned) Lots of advertising
- **TYNGSBOROUGH BLOCK PARTY - 2019** Music and Food Truck Event **Sunday, August 25, 2019 11am-4pm** Live music all day under the main tent from **JD & the Lost Souls** and the **The Great Escape**. Street lined with a delicious variety of Meal (Chicken, BBQ Pork and Ribs, Cuban, Mediterranean) and Dessert (Chocolate Covered Fruit, Scooped Ice Cream, Gourmet Whoopie Pies) Food Trucks. Meander thru the Common to experience Local and Corporate Vendors; Interactive Booths; Crafts; Pony Rides; Face-Painting; Food Samples; ; Lawn Games, and so much more! Fun for the whole family. RAIN or SHINE. **Free admission! VEN-DOR APPLICATIONS-** Listed on our website. **PARKING:** Event parking is \$5.00. Look for signage and lot attendants at each of 4 lots: Pheasant Lane Mall Lot (Rte 3N, Exit 36, straight into mall driveway, first right into Block Party parking lot), Winslow School (Rte 3 N or S, Exits 34 or 35, lot and field north of party), Academy of Notre Dame (Rte 3 N or S, Exit 34, lot south of party), and Town Hall (Exit 35, 25 Bryants Ln.). **Free Shuttle Service.** Note: Local businesses providing free, or pay, parking are operating independently from the Block Party and our shuttle service. See map below for direction. **FACEBOOK:** for even more details, with pictures! *Seating is limited, bring a chair/blanket to claim your spot.*
- **FALL 2019 TENNIS LEAGUE** The Adult Tennis league will begin its seventh spring season the weekend of **SEPTEMBER 14th**. The league runs for (at least) 8 weeks and all matches are played at the TES / Bicentennial courts on the weekends, weather permitting. We have Men's singles, Women's singles and a Mixed Doubles division. In other seasons I was also to do a women's doubles too. There is play at every level of ability and matches are coordinated by experience in order to facilitate enjoyable, competitive play. The league is open to anyone over the age of 18 and you do not need to be a resident of Tyngsboro to join. In previous seasons we've had over 80 players!! The Adult Tennis league offers participants league play and presents a great opportunity to socialize and compete at the courts on a regular basis. You play on one weekend day with match times **starting at 9:30, 11:00, 12:30 or 2:00**. A new schedule is made each week and takes in to consideration any weekend conflicts you may have. If you can't make a weekend day or need to play at a specific time, just let me know. The registration fee is \$25.00 per player for the season! For more information and to register online visit us at https://tyngsboroughma.myrec.com/info/activities/program_details.aspx?ProgramID=29837 or email Scott Ellis at sellis7511@comcast.net for additional options



FRIENDS OF THE TYNGSBOROUGH PUBLIC LIBRARY

****Award Winners:** Tyngsborough High School seniors **Nicholas Tassinari** and **Kellie Martin** are the 2019 winners of the Scholarship/Service Award and were presented with their certificates and checks at the THS Senior Awards Night. Congratulations and thank you for your membership and volunteer service to the Friends of the Tyngsborough Public Library.

****The Spring Used Book Sale** brought in \$3200 to the Friends. Through the generous purchases in our community, we are able to fund the new **Orion StarBlast telescope** which you can borrow from the library. Enjoy the summer, and keep in mind that our next book sale will be on Saturday, October 19.

****If you want some summer reading,** there are books available for sale at the **Bibliothèque Café** in the Library. Relax with a cup of coffee and find something interesting to read through the summer.

****The Friends are funding "Animals Around the World"** on Wednesday, July 17, 11am – 12pm. For kids ages 4-12. On Wednesday, August 14, 1-3pm, the Friends fund the Face Painting and Balloon Twisting during the **Ice Cream Party**.

****We will be at the Tyngsborough block party** on Sunday, August 25. Bring the family, look for the Friends there. Apply for **membership** at: <http://www.tynglib.org/index.php/friends-of-library>

****July's Featured Pass: Lowell Spinners!** Reserve this pass to watch a home baseball game at LeLacheur Park – fun for kids and adults. The pass allows you to buy up to six half-price tickets for the home game.

****August's Featured Pass: Mass DCR Parks Pass!** The Massachusetts Department of Conservation and Recreation provides this pass for free parking at state park facilities that have a day-use fee. Explore the great outdoors in the state park system.

****Like us on Facebook** at <https://www.facebook.com/FOTPL> or visit <http://www.tynglib.org/> - Click on the "Friends of Library". Meeting schedule available at www.neighbortoneighbornewsletter.com

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TYNGSBOROUGH SCHOLARSHIP TRUST

P.O. Box 547, Tyngsborough, MA 01879



www.TyngsboroughScholarshipTrust.org
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Congratulations to the Class of 2019! The TST wishes all the best to our graduating seniors as they pursue their future academic goals and achievements. Thank you to all of our community members who supported our seniors through our various fundraisers. In June we were able to award over \$35,000 in scholarships to 43 deserving graduates who are furthering their education.

The TST has been awarding scholarships for 56 years! The work is rewarding and our fundraising events are just as fun to work on as they are to attend. We would like to thank our outgoing president and treasurer, Sue Bowden and Ellen O'Neill, for their many years of service on the TST board. If you have been thinking of getting involved, please consider joining the TST. We are looking for new members!

We are currently looking for a community member who can help us update our website. If you are able to donate a few hours each month to help us with this valuable talent, please let us know! We meet the 2nd Wednesday of each month, from September through June, at the Tyngsborough Town Hall. For more information check out our website www.tyngsboroughscholarshiptrust.org or contact us at info@tyngsboroughscholarshiptrust.org.

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TYNGSBORO GARDEN CLUB



Our June meeting was held at Mahoney's Garden Center in Chelmsford. We had a very nice time learning about the new and beautiful varieties of flowers and plants for 2019.

In May we had another very successful plant sale, in conjunction with the library book sale, and we also participated in Earth Day at the Sherburne House. It was wonderful seeing so many people. Thank you to everyone who attended and supported both events.

The garden club has already been busy with plantings around town at the Fire Station, Brinley Terrace, Sherburne House, and Coburn St triangle. Please enjoy these areas as you drive around town.

Everyone have a great, fun, and safe summer. Happy Gardening!!!

**The Garden Club meets the first Tuesday of the month
September-November and February-April at the Evangelical
Congregational Church at 6:45.** New members are always welcome. Please come join us for one of our meetings, enjoy the presentation, and meet some new friends.

For more information visit our website at tyngsboroughclub.tripod.com or find us on Facebook at Tyngsborough Garden Club or call Debbie at 978-649-6362.

✿✿✿ Making Tyngsboro beautiful with flowers ✿✿✿

SHOULD YOU DOWNSIZE OR AGE IN PLACE?

By Edward H. Adamsky

You must consider what you are going to do in the future when you need help with your everyday activities or if you have trouble living at home. Are you going to stay in the home where you are now, or are you going to move somewhere else? You should think about this issue before a crisis occurs and make the choice on your own terms rather than being forced into a quick decision.

Most people would prefer to stay at home and "Age in Place." Home is where everything is familiar, and it is where you are most comfortable. But many homes were not built for elders and those with disabilities. Will your house be suitable for you if you cannot climb stairs or cannot step into a bathtub?

City living has advantages over suburban housing. In the city there are more services, transportation options, and people nearby to help. Suburban and rural seniors (especially those who lose the ability to drive) can get isolated, lonely, and even die because they get cut off from needed services. But, if you have lived in a smaller town for years, a move to a city may not be for you.

The housing statistics are showing that fewer elders are selling their homes than ever before. This is affecting the prices of homes and the stock available for younger people to buy. Younger people are preferring cities and urban living, which may leave more elders unable to sell their homes. But it may get harder for those older folks to retain their single-family homes. It may be too costly for a couple or single elder to live in a multi-bedroom home. Taxes and other expenses could make it impossible for a senior to continue affording a home that they love.

There are several considerations on whether or not to move. Is your home age-friendly? Will it work for you if you cannot climb stairs or have mobility issues? Are there services, friends, and family nearby to help you? Are there transportation options if you cannot drive?

If you are looking at moving, should you move to an apartment, condominium, or some sort of retirement community? Is the new facility designed with the needs of aging people in mind? Can you afford the new location and are there extra costs to live there? What services can you get in the new location? Is family near to the new location?

It is more difficult to move when you reach your 70s or 80s. If you think downsizing is right for you, then you should consider doing it in your 60s or early 70s rather than waiting. If you plan to stay where you are, then you should plan to coordinate the care and services you may need at home.

TYNGSBOROUGH COUNCIL ON AGING



169 Westford Rd., Tyngsborough, MA 01879 978-649-9211

Mailing Address: 25 Bryants Lane, Tyngsborough, MA 01879

Email: Broche@tyngsboroughma.gov

PLEASE SIGN IN WHEN YOU COME TO THE CENTER!!

Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3.

Lunch is served promptly @ 11:30 everyday must make reservations 2 days in advance BEFORE 11:00AM

Call 978-649-9211 \$2.00 for seniors & \$4.50 for non-seniors

• **WELLNESS CLINIC COA**, 169 Westford Rd 978-649-9211 Nancy Harding, RN, from the **Circle Home, Inc.** 1st Tues each month.

• **WELLNESS CLINIC at ELDERLY HOUSING** Nancy Harding, RN, from the **Circle Home, Inc.** Red Pines Elderly Housing, the third Tuesday of each month from **8:30 - 9:30. Brinley Terrace Elderly Housing**, the fourth Tuesday of each month **8:30-10:00.**

NO - COA Board Meetings July and August.

See you Tuesday September 16th. Have a great summer!

• **Meals on Wheels Volunteer Drivers Needed.** You will receive a stipend for gas. • **Looking for a back up BINGO caller.** • **We could use someone to help with our garden, pulling weeds.**

• **LUNCH BUNCH - GOODTIMES** Wednesday, July 10th, 11:30-1:45 If you need transportation for this trip we will be happy to pick you up using the Tyngsborough Bus, just call 3 days in advance. 978-649-9211.

• **"MOVIE" DAY at the CENTER**, Wednesday, July 10th, 12:30

• **VETERANS' COFFEE HOUR!** Thursday, July 11th, 9:30AM -

10:30AM (run by Chris Dery - Town Veteran's Agent) This is an informal group that meets on the second Thursday the month to reminisce about time served and discuss benefits that are available to veterans. Come on down and have a cup of coffee and a donut amongst friends!

• **CARD MAKING with Colleen Garry** Thursday, July 11th, 1:00 Come join the fun making crazy cards for friends, love ones.

• **FIRE DEPARTMENT SAFETY PRESENTATION** Friday, July 12th, 11:00. If you'd like a meal please order through the kitchen one week in advance . \$3.00pp

• **Parker's Maple Barn Restaurant** Wednesday, July 17th 10:30 Transportation Cost, \$3.00 /seats limited to 12 Rustic restaurant for New England-style breakfast & lunch, plus a gift shop.

• **SENIOR/VETERAN BREAKFAST** Thursday, July 18th, 8:30-9:00 Start your day off with a **FREE** healthy breakfast with friends here at the Center. Food sponsored by RiverCourt Residences.

• **BOOK CLUB (Monthly)** Thursday, July 18th , 12:00 The 3rd Thursday of each month. Next book that we'll be reading and discussing in July is "Defending Jacob" by William Landry.

• **CHRISTMAS IN JULY** Wednesday July, 24th, 12:00 What better way to cool off this summer than at the center air condition for Christmas in July! If you like, you can bring a sm. gift to swap at our re-gift exchange.

• **UPCOMING in AUGUST** These dates and times are subject to change. Some things come up from time to time that can't be avoided . Thank you for your consideration.

• **SENATOR ED KENNEDY'S BBQ: FRIDAY, AUGUST TBD at 11:30** Join us for our 1st BBQ with our newest State Senator.

• **BEATLES/60'S'-LLCC** Wednesday, August 7th

• **CARD MAKING with Colleen Garry** Thursday, August 8th, 1:00 Come join the fun making crazy cards for friends.

• **SENIOR/VETERAN BREAKFAST** Thursday, August 15th, 8:30-9:00 Start your day off with a **FREE** healthy breakfast with friends here at the Center. Food sponsored by Element Care.

• **FIRE DEPARTMENT SAFETY PRESENTATION** Friday, August 16th, 11:00. If you'd like a meal please order through the kitchen 2 days in advance . \$3.00pp

• **END of SUMMER BBQ** Wednesday, August 28th, 11:00-1:00 Sponsored by the Police Union. This will be the 9th annual cook-out. Don't forget to thank them for a wonderful cookout. Sing-a-long with Kathy Rodger, funded through Cultural Council Grant.

Remember that you can always come over to the center during business hours as a 'cooling' station. We always have beverages and snacks.

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TYNGSBOROUGH PUBLIC LIBRARY

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CLOSED SATURDAYS through August 31.
(Reopening on Saturdays beginning September 7)

TPL will be getting a new look this summer! PAINTING and CARPETING are tentatively planned for late August. Watch the website for dates of a very temporary closing!

- **Photography Exhibit** Works by students in Nick DePasquale's Digital Photography course will be displayed throughout the month of August. **Opening Reception Monday, August 5, 6:30 – 8:00 p.m.**
 - **Backyard Astronomy: Scanning the Skies with the Library Telescope, Wednesday, July 17, with a presentation from 7:30-8:30 p.m., followed by outside viewing,** weather permitting. Learn how to use TPL's NEW Orion StarBlast Telescope to observe objects from your own backyard. The telescope was funded by the Friends of the Library and is *available for checkout!*
 - **Teens & Adults: Marble Planet Pendants, Thurs., Aug. 8, 10 a.m.-12:00 p.m. Ages 13+. Registration required.** Create a marble planet pendant using wires and a unique strand you create with leather cording, beads and wire. Refreshments will be served.
 - **Lego Animation, Wed., July 10, 1-4:00 p.m. Ages 10-17. Registration required.** Create an animation using Legos, plus learn how to add sound to it!
 - **Animals Around the World, Wed., July 17, 11 a.m.-12 p.m. . Ages 4-12. Registration required.** Meet some amazing animals who share our planet. Funded by the Friends of the Library.
 - **Playful Engineers, Tues., July 23, 10 a.m.-12:00 p.m. Ages 6-12. Registration required.** A fun hands-on engineering workshop! Design, build, test and explore basic force and motion physics. Build fun chain reactions, using fun, everyday materials! *Funded in part by a grant from the Tyngsborough Cultural Council, which is supported by the MA Cultural Council, a state agency.*
- 
- **Smash Ultimate Tournament, Wed., July 24, 1-4:00 p.m. Grades 5-12. Registration required.** Compete against the best Ultimate players in your area! Friendlies begin at 12:30 p.m, tournament brackets start at 1:00 p.m. Pro and GameCube controllers will be available, plus GameCube adaptors. Players are welcome to bring their own controller. Refreshments will be served.
 - **Baton Twirling Demo, Tues., Aug. 13, 10-10:30 a.m. All ages welcome! Drop by.** Join us for a fun baton twirling demonstration by the Suburban-ettes Baton and Twirling Team from Chelmsford! Rain date: TBD.
 - **Ice Cream Party for Summer Readers, Wed., Aug. 14, 1-2:00 p.m. Drop by!** Thank you to Sullivan Farms for donating delicious ice cream. Includes **Face Painting & Balloon Twisting, 1-3:00 p.m.** Funded by the Friends of the Library.

• **SUMMER READING PROGRAM:** Adults, teens and kids – relax, read and participate in our summer reading program through August 14, with events and prizes for readers of all ages. **One lucky reader, aged 5-7, will win a Boston Bruins Torey Krug signed puck!** See program events listed below, visit the Library to register and join the fun! *The summer reading program is funded by The Friends of the Library and through other generous donations.*

• **Get ready for the first Tyngsborough Reads!** Join other Tyngsborough residents in reading the same book at the same time, then enjoy a month of special events related to the characters or themes of the book. Read *The Clockmaker's Daughter* by Kate Morton, and gather in October for book discussions and programs that will include: **Kevin Gardner: Discovering New England Stone Walls**, Delvena Theatre Company's production of *Isabella!* (Funded by Tyngsborough Cultural Council) and Mass Ghost Hunters Paranormal Society's *Paranormal Evening*. Watch for details and dates. *Pick up the book or audiobook at the Library or download using OverDrive*

• **Pokemon Club, Tues., July 9 and Aug. 6, 11 a.m. – 12:30 p.m.** Ages 8-15. Registration required.

• **Lego Club, Mon., July 15 and Aug. 5, 11 a.m.-12:30 p.m.** Grades K-6. Drop in.

• **Music Together, Mon. July 8 and Aug. 12, 11-11:45 a.m.** Infants to Age 5. Registration required.

• **Bedtime Stories, Mon., July 8- Aug. 5, 6:30 p.m. Ages 3-8.** Drop in. Community guest readers.

• **Summer Stories, Tues., July 9- Aug. 6, 11:30 a.m. Ages 3-8.** Drop in. Community guest readers.

• **Tech Advice by Appointment,** PCs, android tablets & phones, Excel, MS Word, e-books, etc. **Tuesdays, 11:30 a.m.-1:30 p.m., Wednesdays, 7-8 p.m.** Registration required.

• **Adult Coloring Club, 1st Wed. each month, 6:30-8 p.m.** Drop in.

• **Writer's Group, Mondays, 6:30 p.m.** Feedback, publishing tips, all genres. Karen Johnson 978-649-7132

• **Board of Library Trustees Monthly 3rd Thurs. No meeting in August.** Check TPL website for schedule changes.

Artists & collectors, contact the Library to discuss scheduling an exhibit in the gallery or display case.

Like us on Facebook. Follow us on Instagram and Twitter!

Register for TPL programs by calling the Library or using the contact form on the website.

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Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats

TYNGSBOROUGH HIGH SCHOOL

Tyngsborough High School is proud to announce Aaron LeMay, Eliza Nicewonger, Erin O'Brien, and Tara Powers as the June Students of the Month.

Aaron, son of Mark and Kristine LeMay, is the senior class president and a member of the theater program. Aaron participated in cross-country during his freshman year. He volunteers his time by cleaning his church and helping at Bible Camp. Aaron enjoys going on adventures, doing archery, performing theater, and going to the gym. His favorite subjects are science, English, and math. He looks forward to going to college, getting a good job, and starting a family. "What I gained from THS was a lot. I gained friends, I gained memories, and I gained knowledge."

Eliza, daughter of Robert and Bridget Nicewonger, is a two-year member of the National Honor Society and is a recipient of the Principal's Award and The University of Rochester Frederick Douglass & Susan B. Anthony Award. She is a two-year member of the student council, and she has been the head costumer for the theater program for the last two years. Eliza's favorite subjects are English and history, and she looks forward to graduating college and living a happy life. "The past four years at THS have taught me to live in the moment because high school won't last forever. Make this time count."

Erin, daughter of Sandra and Ed O'Brien, is a recipient of the Principal's Award and the Outstanding Achievement in English Language Arts Award. She has been a member of the THS soccer team, and is a member of both the track & field and cross-country teams. Erin volunteers her time with Give Kids The World, and her favorite subjects are anatomy and Service Learning. She looks forward to graduating college with a degree in physical therapy, working in an outpatient clinic that focuses on others, and traveling to Australia and Italy. "My favorite memories at Tyngsborough were made at Give Kids The World. It was one of the best experiences of my life because it wasn't like anything I had done before. I am grateful I had the opportunity to go on the trip twice."

Tara, daughter of Thomas and Melissa Powers, is a member of both the PALS program and the yearbook committee. She plays lacrosse for THS and for Storm Club. Tara volunteers her time through the Service Learning course, and she enjoys playing lacrosse and reading. Her favorite subjects are anatomy and history. Tara looks forward to becoming a RN, travelling the world, and enjoying playing collegiate lacrosse. "I have gained life skills by learning how to make new friends and talk with new people after I moved. The school has given me a safe place to be comfortable and not dread coming to school. I will take the homecoming lacrosse memories with me for the rest of my life."

Congratulations to these four students.

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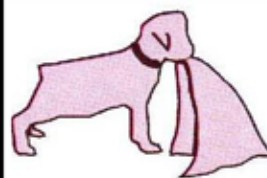
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**TYNGSBORO HIGH SCHOOL
AND MIDDLE SCHOOL
ATHLETIC OFFICE INFORMATION
FALL 2019-2020 INFORMATION**

FIRST DAY OF PRACTICE FOR ALL HS & MS ATHLETES

Football & Cheerleading: Friday - August 16th

All other High School Sport: Thursday - August 22nd

Middle School Field Hockey & X-Country: Tuesday - September 5th

SPORTS OFFERED

High School Level: Football – Cheerleading – Golf – Girls Soccer – Boys Soccer – Field Hockey – Cross Country

Middle School Level 8th Graders ONLY: Field Hockey – Football – Cross Country, 6th & 7th Graders: Field Hockey – Cross Country

REQUIREMENTS: No athlete will be allowed to participate in practice unless they have an updated physical on file and have completed an on-line athletic registration form. All physicals must be handed through the nurse's office. You can also pay your user-fee on the same page of your on-line registration. User fees are due after the first week of practice.

FAX ALL PHYSICALS

HIGH SCHOOL NURSE: Debbie Donohoe Fax: 978-649-1877
email: Debbie.Donohoe@tyngsboroughps.org

MIDDLE SCHOOL NURSE: Michelle Riley Fax: 978-649-8673
Michelle.riley@tyngsboroughps.org

ATHLETIC REGISTRATION FORMS

Must be filled out through the Parent Portal, excluding physicals. Parents/Guardians that have not signed up on the Parent Portal can access their registration using the following steps.

Step 1: Log into the Parent Portal at the following address: <https://powerschool.tyngsboroughps.org> Step 2: Click on athletic registration link on the left hand side to complete the registration process. *NOTE* cannot be done through cell phone. Option to pay user-fee online is also available on this page

****DEADLINE FOR ATHLETIC REGISTRATION****

Wednesday, August 14th

HIGH SCHOOL USER-FEES: \$300.00 1st Sport, \$200.00 2nd Sport and \$100.00 3rd Sport

MIDDLE SCHOOL USER-FEES: \$200.00 1st Sport, \$175.00 2nd Sport and \$150.00 3rd Sport. **Note:** Middle School rates apply to athletes playing at the high school level.

Application for Free and Reduced lunch is available on Tyngsboro High School Athletic Website

ALL SPORTS SCHEDULES WWW.MWLMA.ORG

PARENTS/GUARDIANS: If you would like to receive scheduling text alerts during your son/daughters sports season, please go to: <http://www.tyngsboroughps.org/pages/tyngsborough/departments/athletics> and CLICK on Schedule Alerts for Parents.

For more information, you can call the Athletic Office at Tyngsboro High School at 978-649-4210 or email Sherry.corcoran@tyngsboroughps.org

JOIN TYNGSBOROUGH CITIZENS

If you are new to Tyngsborough, welcome! If you are not new but want to know more or want to know how you can get involved, you are invited to join over 450 fellow residents in our on-line community forum. Tyngsborough Citizens is a Yahoo Group and membership in our group is open to all residents of Tyngsborough. We share information about town and school happenings and ideas for how to make our town even better. We are not an anonymous group; residents share their name and address when posting. We strive to keep the conversations civil and constructive. Please visit tyngsboroughcitizens-subscribe@yahoogroups.com to join.

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DO YOU WORK FOR GOD'S PRAISE OR MAN'S?

By Nathan Combs

Affirmation is important to us. Regardless of our personality, gender, or culture, we appreciate hearing others tell us that we're doing a good job. We value positive performance reviews in business, we cherish thoughtfully written notes, and our hearts are warmed by a well-placed comment. Social media companies like Facebook well understand the power of praise and tempt us to over-check their websites, searching for the "likes" and "loves" of our friends. Praise is certainly encouraging, but like many other beneficial things, it can become idolatrous and destructive if it is the driving force of our behavior.

In Jesus' Sermon on the Mount (Matthew 5-7), he takes direct aim at the Pharisees for this very problem. Members of this conservative religious sect sounded trumpets when they gave to the poor in the streets and synagogues, they habitually prayed in public places, and they did not maintain personal hygiene when fasting, so "that they may be praised by others" (Matt. 6.2ff). Instead, Jesus encouraged his followers to serve the Lord without fanfare, so that "your Father who sees in secret will reward you" (Matt. 6.4, 6, 18). Rather than forbidding us to look for any praise whatsoever, Jesus redirects our God-given need for praise back to our Maker. This is an infinitely more satisfying place to look for it!

No matter how much we might try to flaunt our deeds, there is no guarantee of human awareness or appreciation. Even if we do receive praise from others, it might be inadequately given or based on unrighteous evaluations. After all, the prophet Ezekiel was praised for his sermons, but only because he was considered a masterful performer, not because his audience was pierced by God's words (Ezekiel 33.31-33). With God, however, we have an attentive Father who not only notices every good work we do, but also will not fail to praise us for them.

Later in Matthew's gospel, Jesus tells a parable of three servants who were entrusted by their master with his property. Each was given an amount of money proportional to his ability to manage it. One of the servants squandered his opportunities to multiply his "talent." The other two, however, both doubled the value of their allotments and were warmly praised by their master. Each man was told, "Well done, good and faithful servant. You have been faithful over a little; I will set you over much. Enter into the joy of your master" (Matthew 25.21, 23). Since this parable is in the context of the final judgment day scene pictured by Jesus (Matthew 25.31-46), Jesus' faithful people can expect God to give them a similar welcome when they meet him on the eternal day!

With the persecution we can expect to receive as Jesus' disciples (2 Timothy 3.12), we can also expect human disapproval. Soul-satisfying praise, however, awaits us in God's eternal presence. Do you work for God's praise or man's?



SAVE THE DATE!

Grange Fair will be held on **Saturday, August 17th, 2019** on the Dunstable Common, across from Dunstable Town Hall.

You can view the Premium list online at www.neighbortoneighbornewsletter.com

Click on the Dunstable issues section and go to page 13 and 14 for complete details.

It is quite an interesting event. This is the 93rd year that the Grange Fair has been held in Dunstable.

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TOWN OF TYNGSBOROUGH ELDERLY AND DISABLED TAXATION AID FUND

- What is it and how can you contribute? -
by the Citizens Taxation Aid Committee

If you have ever looked at the bottom-third section of your quarterly real estate bill, you would have seen a chance to donate to the Elderly and Disabled Taxation Aid Fund. This fund was established at a Special Town Meeting back in October 2003 when the voters of Tyngsborough adopted Massachusetts General Law Ch. 60, Sec. 3D which authorizes voluntary contributions to defray a portion of the real estate taxes of the town's elderly and/or disabled persons of low income. No tax dollars support this fund. All monies are obtained through the generosity of caring and concerned town residents.

The Aid Fund is controlled by a five-member committee consisting of the Chair of the Board of Assessors, the Town Treasurer, and three citizens at large appointed by the Board of Selectmen. The committee meets twice a year to consider confidential applications submitted by residents of Tyngsborough who are elderly or disabled. Elderly applicants must be at least 60 years old. Disabled applicants are those who have suffered an income loss due to illness or accident. All applicants must be the titled property owner and must file a form along with their birth certificate, a copy of their last income tax return, and a physician's letter if appropriate. The applicant's gross income must be less than \$40,000. The committee considers all applications that meet these criteria and selects those with the greatest financial need. Those taxpayers receive a partial tax credit on their real estate bill and money from the Taxation Aid Fund is used to offset the difference to the Town.

The ability of the committee to approve applications for aid is subject to the availability of funds. Unfortunately, contributions to this fund have dropped off in the last 7 years to only about one-third of previous levels, drastically limiting the number of families receiving help.

How can you contribute? In previous years voluntary donations could only easily be made by townspeople who paid their real estate tax bill by check. This past January the Town Treasurer added the voluntary donation message to the excise bills as well. More recently, tax payers who prefer online payments were allowed to contribute when paying their bills through the town's web site. Now, when you click on "Pay your Town Fees Online" a new contribution option appears; donations of any amount are allowed. A receipt for your contribution will be emailed to you.

Please consider supporting this worthwhile fund. It is a great way to help those in need at the local level. Know that every cent of your generous donation goes directly to help elderly and disabled Tyngsborough residents.

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TOWN HALL, 25 BRYANTS LANE

OFFICES OPEN

Monday, Tuesday, Wednesday & Thursday 8:30 a.m. to 4 p.m.

Friday 8:30 a.m. to 12:30 p.m.

Meeting schedules are posted at the front entrance of the Town Hall

Town Hall Directory Main Number 978-649-2300

Town Accountant	Ext. 124	Media Dept.	Ext. 140
Assessor's Office	Ext. 121	Planning Board	Ext. 115
Board of Appeals	Ext. 112	Town Treasurer	Ext. 126
Board of Health	Ext. 118	Veteran's Agent	Ext. 131
Building Office	Ext. 112	Sewer Dept.	Ext. 134
Town Clerk	Ext. 129	Board of Selectmen	Ext. 100
Town Collector	Ext. 128	Town Administrator	Ext. 100
Conservation Office	Ext. 116	Recreation & Parks	Ext. 150
Capital Asset Mgmt Com	Ext. 124		

Highway Dept. 978-649-2310

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The public is invited to get involved in all events of the post. The veterans monthly dinners will continue on the first Wednesday of the month. We are always looking for help to serve the veterans. **Keno and Scratch Tickets are available at the Post.** There is an ATM in the Post for your convenience.

Elected Post 247 Officers serving for 2018-2019

Commander: Ray Hamelin; Sr. Vice Commander: Pete St. Peters; Jr. Vice Commander: Michael Milisci; Finance Officer: John Burke; Adjutant: Don Pierce; Judge Advocate: Rolland Millard; Executive Board: Marty Bloomgern, Joe Conlin and Robin Dion

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This website contains a wealth of information about the Post.

Please remember to be safe & keep our troops in your prayers.



CLUB OF TYNGSBORO/DUNSTABLE

Rotary Motto: Service Above Self

Theme: Rotary Making a Difference

The Rotary Club of Tyngsboro/Dunstable has been serving the Tyngsboro and Dunstable area for 44 years.

We NOW meet at the Dream Diner, on Middlesex Rd., Tyngsboro, on the 1st & 4th Thursday of the Month at 7:15am, as well as the 2nd & 3rd Thursday of the month at 12:15pm.

Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

For further information about Rotary, please email us at tdrotary@yahoo.com or visit our website at: www.tdrotary.org.

Thank you for your continued support.

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Show: **Six by Six Under \$100**

Show Dates: Through July 28, 2019

This July, Loading Dock Gallery presents a feast for the eye and a bargain for the wallet. **Six by Six Under \$100** celebrates small work at modest prices, suitable for home or office.

You'll find small series as well as one-of-a-kind pieces. Choose among gilded vessels and engraved boxes, glass creations and ceramic containers, plus paintings and photographs in styles from realistic to abstract. Each piece is no bigger than six inches on a side. Every piece is priced \$100 or less. Bring home something special, at a price you can afford.

Six by Six Under \$100 runs from July 3-July 28 at Loading Dock Gallery. Come Saturday, July 6, noon-5, for First Saturday Open Studios, Western Avenue Studios and Lofts, then join the artists for refreshments at their reception, 4-6PM. Remember to visit Loading Dock's **Back Door Gallery**. In July it features the art of Noel Soucy.

Loading Dock Gallery, a program of Loading Dock Arts, Inc., a 501c3, is open Wednesday – Saturday, noon to 5:30 PM, and Sunday, noon to 4 PM. Find it at Western Avenue Studios, 122 Western Avenue, in Lowell, MA. For more information, call 978-656-1687, or visit www.theloadingdockgallery.com.

COMING UP AT INDIAN HILL

• **SUMMER MUSIC LESSONS:** Ongoing registration for private lessons, group classes, and full-day/half-day/evening summer programs for all ages and levels at Indian Hill Music School, 36 King Street, Littleton, MA. Piano, strings, flute, guitar, recorder, harp, voice, and more in classical, jazz, folk, rock, musical theater, and pop styles. Call (978) 486-9524 or view offerings at www.indianhill-music.org.

ABOUT INDIAN HILL MUSIC

Now in its 34th year, Indian Hill Music is a thriving regional non-profit center for music education and performance. One of only a few organizations in the U.S. that combines a community music school, professional symphony orchestra, diverse concert series, and high-impact outreach, Indian Hill Music serves 79 communities in Massachusetts and Southern New Hampshire. We believe that music inspires both our hearts and minds, encourages the growth of the whole person, and is integral to the lives of everyone we serve. Our mission – to share the transformative power of music, through teaching and performing, and giving music generously when there is need – reflects the impact of music on people's lives, and its ability to strengthen, heal, and inspire. Indian Hill Music relies on the generosity of individuals, families, businesses, and foundations to support our programs. Learn more at (978) 486-9524 or www.indianhillmusic.org.

Indian Hill Music is creating a world-class education and performance center on a stunning 110-acre landscape in Groton. Anticipated to open in 2022, the Music Center at Indian Hill will include a 1,000-seat concert hall, a 300-seat performance hall, rehearsal and teaching spaces, state of the art acoustics, dynamic architecture, and lawn seating for summer concerts. The Music Center will be a regional gathering place for music education and performance of all genres for Central Massachusetts and well beyond. [Learn more](#)

The programs of Indian Hill Music are supported in part by a grant from the Massachusetts Cultural Council, a state agency, and with funds from the council administered by the Local Cultural Councils.

USED CLOTHING DROP-OFF SHED

To benefit: **Dunstable Evangelical Congregational Church**

Location: **Rear Parking lot, 518 Main St., Dunstable, MA 01827**

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Individuals over age 55 are welcome to learn more about our program by contacting RISE at rise@rivier.edu or calling 603-897-8623. You can also visit the RISE website at www.rivier.edu/departments/rise and/or www.facebook.com/rise1997.

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BEAVER BROOK NATURE CENTER TURNS 55

Beaver Brook Association was founded in Hollis NH in 1964 by cousins Hollis Nichols and Jeff Smith. Starting with a 12 acre piece of property, the organization has grown to encompass 2,100 acres today. With 35 miles of trails, multiple classrooms, 14 theme gardens and year round programming, Beaver Brook teaches environmental education to nearly 15,000 people a year. Innumerable others visit the trails which are open free to the public 365 days a year. Trails allow hiking, running, snowshoeing, dogs on a leash. Some multipurpose trails at Beaver Brook permit mountain biking and horseback riding.

Beaver Brook is continuing its 43 year tradition of welcoming young people to explore, play and learn outdoors during summer. Teaching children about respect for the natural world and cultivating joy from engaging in healthy outdoor activities is a mission of Beaver Brook. Each session is a weeklong with a unique theme for students ages 4-15.

Classes include **Lavender to Lip Balm** which is a class on herbs, wild edibles and challenging your taste buds. Students will create herbal gummy bears, ginger cookies, herbal marshmallows and more. Herbs will be used to make dream pillows, compresses, and of course lip balm! The class ends with an English tea party in the Maple Hill gardens. Older students entering 5th-7th grade can learn about wild plants and trees and even take an archery lesson in a **Forest Foraging** class called **Hunter-Gatherers**.

Highly skilled teachers and naturalists teach programs for youngsters such as Earth Sprouts for preschoolers and Nature Nuts for 1st and 2nd graders.

Brook to Bay is a longstanding, classic Beaver Brook summer program. It focuses on all the aquatic habitats of New England. Students learn what lives in a vernal pool. They sample ponds, streams, rivers and take 2 field trips during the week. On the field trips they explore the Rocky Intertidal zone at Odiorne Point and on the last day enjoy a whale watch.

Landlubbers enjoy the quintessential Forest Forts class in which students design and build survival shelters and forts in the forest. They also learn navigating with a map and compass, wildlife tracking, and tree and plant identification. The goal is to have fun while learning how to respect and enjoy nature safely.

Another new cutting edge class this year is **Conservation Heroes** in which students will figure out how they can be the conservation heroes of the present and the future. They will learn about invasive species, make flower bombs with native plant seeds, learn about the power of solar energy, make solar ovens, learn about sustainability, and even make reusable shopping bags.

The range of themes is extensive from Summer Scientists, to evening camp named Kids' Night out, Bouldering and Belaying, Introduction to Mountain Biking and Redlining Beaver Brook during which students can earn a patch for exploring all there is to see at Beaver Brook. **To learn more visit www.beaverbrook.org or call 603-465-7787.**

Beaver Brook Association also offers adult education classes and activities throughout the year. The public is invited to visit Beaver Brook anytime. There are many different trailheads to access our trail system in the towns of Hollis, Brookline and Milford. Trail maps and guides are available on our website.



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5-week classes for adults in Dracut, MA:

Drawing	7/29-8/26	7-9 PM	\$150
Watercolor	7/30-8/27	1-3 PM	\$150
Acrylic	7/30-8/27	7-9 PM	\$150

2-day Art Class for Teens (age 15-17) Lowell, MA
"Paint Like a Master" 8/13 & 14, 9 to 12, \$125

Plein Air Painting Class in Lowell, MA
7/26, 8/16, 8/23, 10 to 1, \$50 each date

2019 Fall Art Program

Registration is open for the Fall Art Program (9/23 to 12/10): Drawing, Watercolor, & Acrylic for adults and Drawing for children age 10 to 14 in Dracut, MA. Sign up by July 31 to get up to \$35 discount.

Claire Gagnon, Art Teacher, 617-901-3873

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 of the month at 7 p.m. all veterans are welcome with 180 days or
 more of active duty. Come down and join us for a meeting.
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"LIVING WITH OUR WILD NEIGHBORS"

I wanted to pass on this information to you. The Humane Society of
 the United States (HSUS) is offering a copy of the book "Living with
 our Wild Neighbors" as a free download. It is very informative and
 covers all wildlife from A-Z. Since we have so many animals that
 we share our yards with, I thought it might be helpful to you.

<https://www.animalsheltering.org/page/wild-neighbors-book>

DUNSTABLE TYNGSBOUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men
 and women dedicated to helping the community through donations
 raised by volunteers.

Officers for the 2018-2019 Lions Year

President: Mark Alexander, 2nd Vice President: J.J. Ward,
 Secretary/Treasurer: Bob Reich, Director: Richard Lowe

Anyone who would like to join the Lions is asked to call Bob
 Reich at 978-649-5874 or Mark Alexander at 978-649-9124. **Our
 Regular Meetings are held on the first Tuesday of the month
 starting at 6:30 pm.** Call one of the members, at the telephone
 numbers given above, to find the location.

YOU CAN HELP BY DONATING THE FOLLOWING

Used eyeglasses are collected for refurbishment and distribution to
 less advantaged people around the world.

CAN TABS (in sealed bags) are also collected for kidney
 dialysis time through the Shriners Hospital.

Lion's collection boxes for eyeglasses and tabs (in sealed
 bags) are located at the Tyngsborough Post Office, American
 Legion Post 247 at 90 Pawtucket Blvd., Tyngsborough Council on
 Aging Senior Center, 169 Westford Rd., Tyngsborough and Dun-
 stable Town Hall, Post Office and Library.

DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827

www.Dunstablechurch.org

978-649-6251

Pastor Bobby Ross pastorbobby@dunstablechurch.org

**DECC is a welcoming church at the heart of the Dunstable
 community. "We gather to glorify God, to grow in Christ and to
 live the gospel in the world."**

**Join us for Sunday Worship Service at 10:00 am each Sun-
 day.** Child care is available during the service for infants through
 kindergarten age. Pastor Bobby Ross leads our worship services
 which feature a variety of music, scripture readings, corporate
 prayer and spoken messages and with Communion (the Lord's
 Supper) served on the first Sunday of every month. Everyone
 is welcome to an informal time of fellowship with coffee, tea and
 refreshments after worship.

CHILDREN'S DAY/YOUTH SUNDAY was celebrated on June
 16th. On June 23rd Children's Church began with children spend-
 ing the first few minutes of the service sitting with their family, then
 move on to classroom for the remainder of the service. For more
 information, please contact Shellyannross@gmail.com. Sunday
 School classes will resume on September 8th.

DECC YOUTH: Meetings will resume on September 8th.
 Enjoy time with your family. For updates during the summer, check
 out our web site at dunstablechurch.org.

The 5th Annual Dance Camp for Youngsters will be held at the
 Dunstable Congregational Church on **Saturdays on July 13, 20,
 27 and Aug 10, 17, 31 at 10:30 am.** If you know of children aged
 preschool through elementary who might be interested, or if you
 would like to volunteer to help, please contact instructor Christine
 Oberhelman (603-402-0054 or csmileymcpherson@yahoo.com).

Come visit your community's church. We will be happy to
 greet you. For more information, contact the Church office 978-
 649-6251, email info@dunstablechurch.org or visit our website at
www.dunstablechurch.org.

Have a wonder-filled, blessed, happy and safe summer.

**When you contact a business,
 or organization,**

**please tell them you've seen their ad
 or news in Neighbor to Neighbor.**

They would like to know. Thank you, Anne

PET HEALTH
DUNSTABLE ANIMAL CLINIC

DOGS Vs LAWNS

Tara M. Sacramone, DVM



Do you love your dog, but hate what s/he does to your nice green lawn? Well, you are not alone. All dogs can cause dead patches in the grass with their urine and/or stool. There are, however, some things you can do to help. The first step is to understand what is causing the problem. While both urine and stool can cause dead patches, urine is much worse for your lawn. Both urine and stool contain nitrogen, which is a waste product of protein metabolism. Stool contains less nitrogen, and is easier to pick up and remove.

Nitrogen itself is not bad for your lawn; in fact, it is a common ingredient in lawn fertilizer. It is the high *concentration* of nitrogen in urine which is the problem. Dog urine is basically super concentrated fertilizer and therefore causes the same lawn burn that occurs when you apply too much fertilizer. This is also why female dogs can cause more of a problem than males. Female dogs usually squat in one location, while some males will go smaller amounts in multiple locations.

One way to help decrease lawn burn is to try to dilute the affects of the nitrogen by watering the grass after your dog urinates. If you water within eight hours, you can actually achieve a fertilizer effect. Another option is to try to get your dog to consume more water, which will dilute the urine. Two easy ways to do this are to add water to dry food, or add canned food to your dog's diet, since canned food is 70-80% water.

The actual species of grass can affect the degree of lawn burn. Two grasses that do well are *Festuca* sp var *Kentucky* (fescue) and *Lolium perenne* (fine-bladed rye). Two grasses that do poorly are *Poa pretensis* (Kentucky bluegrass) and *Cynodon* sp var *fairway* (Bermuda grass).

Some people have suggested that the urine pH may cause lawn burn. This has been shown to be untrue. Many of the products marketed to control lawn burn modify your dog's urine pH. This is NOT a good idea. Not only is it not effective in controlling the problem, but changing the urinary pH can lead to bladder stones and/or infections.

Other, more time consuming options are to take your dog for walks instead of letting him/her urinate on the lawn. Some people have set up specific locations in their yard with stone or gravel or cement and taught their dogs to go in these locations. This can be difficult, but with a little patience and perseverance it can be done.

Your last option, and my personal favorite, is to learn to put up with a slightly imperfect lawn in exchange for a wonderful, loyal, loving dog. Now, if we could only teach them to pick up their own feces.

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• **ST. MARY CHURCH:** 25 North Road, Chelmsford

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Reconciliation: Saturdays... 11 am – 12 noon, or by appointment

• **ST. JOHN THE EVANGELIST CHURCH:** 115 Middlesex Street, North Chelmsford

• Daily Mass Schedule: Monday – Friday... 9 am; 1st and 3rd Saturday... 9:00 AM • Weekend Mass Schedule: Saturday... 4 pm; Sunday... 8:30 am, 10:30 am; 6 pm

Reconciliation: Saturdays... 3:00 – 3:45 pm, or by appointment



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TYNGSBORO YOUTH FOOTBALL AND CHEERLEADING

OPENS REGISTRATION FOR FALL 2019 PROGRAMS

FLAG FOOTBALL (Grades K-1)

TACKLE FOOTBALL (Grades 4-7) ~CHEERLEADING (Ages 5-18)

NEW FOR 2019 - FLEX FOOTBALL (Grades 2-3)

Tyngsboro Youth Football and Cheerleading is proud to launch our 15th season providing local area youth with the opportunity to learn football and cheerleading in a safe, fun environment while promoting the values and importance of academic achievement, teamwork, and sportsmanship. We offer all co-ed programs including **FLAG FOOTBALL** (Grades K-1), ***NEW* for 2019 - FLEX FOOTBALL** (Grades 2-3), **TACKLE FOOTBALL** (Grades 4-7) and **CHEERLEADING** (Ages 5-18), and We are proudly affiliated with the American Youth Football and Cheerleading (AYF/AYC) program. We provide all of our coaches with comprehensive training to ensure the safest, positive, and fun experience for your child.

ONLINE REGISTRATION FOR OUR 2019 FALL SEASON IS NOW OPEN! We welcome fall football and cheerleading registrations from participants residing in Tyngsboro, Dunstable, Groton, Lowell and surrounding communities. **BE SURE TO REGISTER EARLY TO TAKE ADVANTAGE OF THE LOWEST REGISTRATION RATES AND SPECIAL PAYMENT PLAN OPTIONS!**

WANT TO LEARN MORE ABOUT OUR NEW FLEX FOOTBALL PROGRAM? Visit www.flexfootball.com to learn more about the next step up from flag football.

TO REGISTER FOR OUR FALL SEASON: Visit our website at www.TyngsboroYouthFootball.com or www.TyngsboroYouthCheer.com and click on "Registration Info" tab in the top center of the screen.

QUESTIONS? Email us at: TyngsboroYouthFootballCheer@gmail.com. Follow us on Facebook under "Tyngsboro Youth Football and Cheerleading", or go to our website and click on "About Us" and select "Frequently Asked Questions".

INNOVATION ACADEMY CHARTER SCHOOL OF TYNGSBORO PROUDLY PRESENTS

**Three Performing Arts Camps this Summer for
Students Completing Grades 4-12!**

Glee Camp! July 8-12

Improv Camp! July 15-19

Drama Camp! July 22-26

More information:

innovationcharter.org/theater

or look for Innovation Academy on eventbrite.com.

Each camp day runs 8:30AM-3:30PM.

Every week there is a free, public performance on Friday night.

• **Glee Campers** completing grades 8-12 have the option of traveling to NYC to see *Dear Evan Hansen* on Wednesday, July 10

• **Improv Campers** have the choice to travel to NYC to work with Broadway professionals on performing arts skills on Thursday, July 18

• **All students in all grades** have the option of traveling to NYC to perform their Drama Camp play on Thursday, July 25

Questions? Please email rhawthorne@innovationcharter.org

We hope to see you at camp!

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All children from our communities are welcome to come to our **VACATION BIBLE SCHOOL** From July 29 through August 2. We will be traveling back in time to Athens, Greece!

Please check our website at www.wcumc.us or call the church office at 1-978-251-4834 to get more details about how to register, start/end times, and the theme.

When you call a business listed here,
please tell them you've seen their ad in
Neighbor to Neighbor.

They would like to know. Thank you, Anne



AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Meetings are held the first Thursday of each month at 7pm.

Auxiliary Unit 247 Officers for 2019-2020:

President: Josephine Beauregard; Sr. Vice: Bernadette Harper;
Jr. Vice: Sarah O'Callaghan; Secretary: Patricia Modrich;
Treasurer: Diane Dileo; Chaplain: Debbie Dion; Unit Sgt-At-Arms:
Debra St. Peters. Executive Committee: Kathleen Olje.

For information on the Auxiliary Unit meetings, or functions
contact Unit President Josephine Beauregard at 978-458-7015.

We also would Welcome New Auxiliary Members 18 and older.
Contact Unit President or Treasurer.

... **The Unit Jr. Auxiliary is accepting new Jr. members.**
Contact 978-649-7540 if interested in joining.

LOWELL GENERAL HOSPITAL'S

20TH ANNUAL TeamWalk for CancerCare

Over \$809,000.00 raised and counting! Thank you to all of
our dedicated walkers and volunteers, and our many generous
sponsors who donated money, products, services and time to
Lowell General Hospital's 20th Annual TeamWalk for CancerCare.
Your commitment and support make a true difference in the lives of
cancer patients and their families in our community.

Weren't able to attend this year's TeamWalk? You can still make
it a lovely day! Make a donation today at teamwalk.org. Please note
that donations for TeamWalk 2019 are welcome through September
2019. Just visit www.teamwalk.org! If you have sponsorship
money to turn in, please mail it to Lowell General Hospital, 295
Varnum Avenue, Lowell, MA 01854, Attention TeamWalk, and
reference the walker's name and team name. Please allow us 4-6
weeks to post all funds raised to the website. Thank you.

If you did not receive your TeamWalk incentive for raising over
\$100, please let us know and we would be happy to get it to you
through the mail or in person. Please contact andrea.jackson@lowellgeneral.org.

TeamWalk 'n' Roll MOTORCYCLE RIDE Sunday, September
22, Rain date Sunday, September 29. \$30 per rider, \$15 per
passenger, Non-rider donations \$10. Rider registration 8:30-10am,
Kickstands up at 10am, Lunch at 1:30pm. Ride begins and ends
at Chelmsford Elks Lodge, 200 Littleton Rd, Chelmsford, MA. 80
mile route (including 20 minute stop at Kimball Farm, Jaffrey, NH).
Includes law enforcement escorted ride, coffee & donuts, lunch,
teamwalk giveaway, entertainment and raffles. BBQ Catered by
Bianco's Catering. Register Online at www.teamwalk.org before
September 13 for \$25 per rider and \$10 per passenger. All proceeds
to benefit Lowell General Hospital's TeamWalk for CancerCare.

PEACE, LOVE, MUSIC 70'S Theme Party. Save the Date:
September 21 at the Lo Kai, Dracut, MA Sponsored by Team Cyndy
& Friends

Like our TeamWalk page on facebook for updates, photos, events,
news, contests and stories.

The Cancer Center at Lowell General Hospital, 295 Varnum
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BACK TO SCHOOL BICYCLE SAFETY RODEO

Sunday, September 15*, 10AM -1PM FREE!

Bring your bikes and finish the safety course for a chance to win
a new bicycle! Lots of fun for the whole family. This event will be
held in the Target parking lot at 181 Plain Street in Lowell. Safety
tips, Free helmet giveaways, Obstacle course, Helmet fitting station,
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In case of inclement weather, the event will be held at the same
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TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



The Little Red Schoolhouse is located at 64 Main St., Dunstable, MA (Route 113) not far from the town line near Rte 3
Meetings are FREE and OPEN TO THE PUBLIC
Events listed here are held at the Little Red Schoolhouse unless noted otherwise.

We hope you have a wonderful summer, and that right before autumn begins, you can join us. If anyone can help you and give you tips about genealogy research, it is Carol. If this is of interest to you, come to the "Little Red Schoolhouse" on

Saturday, September 21 at 2PM

Genealogy 101 led by Carol Bacon

Bring whatever information you have about your immediate family. Let's get started on your family tree!

For info: Lynda Justice at 978-587-8423

For program updates, check the TDHS website:

www.tdhistoricalsociety.org

Email address: tyngsboroughdunstablehs@gmail.com

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Doors open at 3:30pm

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Phone: 617-399-8311 | Fax: 617-241-0330

www.fcsn.org/rtsc

Special Education Surrogate Parents make educational decisions for students in Massachusetts whose parents are unknown or unavailable. They meet with their assigned student or observe them in the classroom, receive all progress reports and report cards and attend IEP meetings as an acting surrogate parent.

The mission of the RTSC Project at the Federation for Children with Special Needs is to ensure that every child in state custody receives the educational supports they need to succeed. We strive to meet this goal by recruiting volunteers from across the state and providing them with the training and support they need to be effective Special Education Surrogate Parents (SESPs).

If you want to serve Massachusetts youth at risk by becoming an SESP, send us an [application](#) today or attend one of our orientation sessions.

7/20/2019 SESP Orientation - Online Orientation – Saturday,

8/08/2019 SESP Orientation - Milford Orientation, Thursday,
Milford Town Library, Milford, MA

TIPS FROM THE RED CROSS

- Download the Red Cross Swim App for kid-friendly games and activities and water safety information for parents and caregivers of young people learning how to swim. Download the app for free by searching for 'American Red Cross' in your app store or at redcross.org/apps.



HABITAT FOR HUMANITY HOSTS RED SOX NIGHT!

Habitat for Humanity of Greater Lowell is hosting a Red Sox Night again! Invite all your friends, family, and neighbors to join us on **Wednesday, September 4, at 7:10 p.m.** to watch the Red Sox play the Minnesota Twins. At just \$30 per ticket, this fundraiser is a great way to enjoy a night at Fenway while supporting the construction of affordable homes and critical home repairs for deserving families in Northern Middlesex County.

Order tickets by mail; download order form

<http://bit.ly/homerun4habitatform>

Or Order tickets online with cc at <http://bit.ly/homerun4habitat>

For more information, contact Heidi Tierney at htierney@lowellhabitat.org or (978) 596-0619



Please email altrusamv@gmail.com if you are interested in joining other volunteers in making a difference in the lives of others in our communities.

TYNGSBORO SPORTSMAN CLUB Is offering **FREE ARCHERY CLASSES** to the youth in our communities.

If you have a boy or girl between the ages of 7-18 that would like to learn more about fundamentals of Archery, including bow parts, safety, dominate eye and shooting mechanics and techniques, please join us.

Classes will resume in September at the Tyngsboro Sportsman Club at 90 Westford Road, Tyngsboro, MA. You can sign up for one class or take a few. Equipment will be provided, or boys and girls can bring their own.

Liability release form will need to be signed by an adult before the class begins.

RSVP via email to Tracey DeBruin at td143@comcast.net with name and age of the child and I will respond with available dates. Groups of friends welcome.

If you are an experienced archer and would like to volunteer and share your knowledge with the youth in our community, we could use you. Please contact me at the email above.

Thank you, Tracey DeBruin TSC Youth Archery Coordinator



46 Coburn Road
Tyngsboro

SHERBURNE NATURE CENTER & TRAILS

For more information on this and future events, please visit the website <http://www.naturewalkscs.org/events-schedule>

Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, and observe meadow wildflowers and butterflies. It's a great place for outdoor exercise and to enjoy nature close to home. Sherburne Nature Center and Trails activities are open to all who are interested. Activities go rain or shine. In extreme weather conditions, activities are cancelled. *No reservations or fees required.* Children under 16 must be accompanied by an adult.

Please note: The tennis court behind the Sherburne Nature Center is not part of the PUBLIC Nature Center property.



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www.spedchildmass.com

Find Special-Needs recreation and events.

Disability tab/menus are across the top of the website for easy navigation.

Autism/Aspergers Events

Camps for Special Needs

Down Syndrome/Intellectual Events

Family Mental Health & Behavioral Events

Financial & Legal events

Learning Disability/ADHD Events

Recreation for Special Needs

We Can Do Summer! Check out our **Special Needs Camp Page** link to see if any program listed have last minute openings. We also have listed Adaptive Recreation info for **Swimming, Sailing, Kayaking**, plus an **Art Contest For Kids of All Abilities** for Massachusetts and Rhode Island families. There are so many more events, covering so many topics. Go to our website and see what might be of interest to you!

Transition-to-Adult events include **Thinking About Housing, The Dating Game** for ASD Young Adults, and a **Workplace Prep Program** for Young Adults with Down Syndrome.

Evangelical Congregational Church of Tyngsboro Est. 1868

Route 113, 23 Kendall Rd. Tyngsboro, MA 01879



For questions or more information,
please call our office 978-649-2262

Pastor Denis Frediani 1-603-579-0904

www.tyngsborocongregational.org

E-mail ecctsect@yahoo.com

JOIN US FOR SUNDAY MORNING WORSHIP

OUR MISSION: Glorify God by encouraging all people to know Jesus together in Faith, Love and Service. Worship Service at 10:00 a.m. Nursery available. Followed by Fellowship and Refreshments. Cancellation information will be listed on our website:

www.tyngsborocongregational.org

- **Sunday School and Executive Boards will not meet in July or August. Activities will resume in September.**

• THE THRIFT SHOP •

Located next to the church is open to the public on **Thursdays and Saturdays from 10:00 a.m. - 3:00 p.m.** We offer an assortment of clothing, shoes, handbags, baby items, books, small appliances, dishes, glassware, jewelry, etc. **Please do not drop off** large items as we do not have the means to dispose of these.

The Thrift Shop will be CLOSED August 31st

MARK YOUR CALENDAR!

- **SUNDAY - OCTOBER 13, 2019** - The world renowned gospel group, **the Needham's**, will return to Tyngsboro for an amazing concert on October 13th! Event will be held at our church following our church service and potluck lunch. **At 1:00 p.m.** we will join together in the sanctuary for this concert. More information to follow in upcoming Neighbor to Neighbor publications. Please mark your calendars! If you've never heard this group you will want to attend. You'll be glad you did!

- **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: **1.** Log onto the church website <http://www.tyngsborocongregational.org> **2.** On home page you will see a photo of the church. Hover the cursor over the word "SERVING" **3.** Click once on the word "SERMONS" **4.** Scroll down to see "Listen to our sermons for free on SoundCloud.com" **5.** Click once on the link/word "SoundCloud.com" **6.** Below the Church logo sermons listed by date, passage, sermon title **7.** Click orange circle to listen to the sermon you desire.



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

Leave your name and message at (978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

I would like to thank all of you who advertise your business, as this gives such great support to **Neighbor to Neighbor**. Also there are many people who send in articles and information about such a wide range of topics. I truly appreciate the time and effort you all give to share what you know.

To residents reading this, I do hope you find something of interest each month and maybe if you are looking for help with your home or business, you can find it in these pages.

There is so much going on, that there is never enough space for all I want to print. **However, I have been taking updates and posting them on the website. So please continue to send in your information this summer.**

Total printed circulation each month including Dunstable and Tyngsborough is 6,306 issues. Current & past issues are available by clicking on "Neighbor to Neighbor Newsletter issues" in the heading on the website. Please visit www.neighbortoneighbornewsletter.com. (Thanks to PJ)

The next deadline is August 10th for the September issue. Articles are placed on a first come, first served basis. News can be sent in a word file or in the body of an email. If you call, **please leave a message as it goes to voicemail** and I will get back to you as soon as possible. If you have a business, or your organization would like to have a display ad, not just a paragraph, email me and I will forward the rate sheet to you.

I hope you have a wonderful summer! I look forward to hearing from you soon.

Sincerely,

Anne Paquin

THE WISH PROJECT

LOCATED at:

166 Middlesex St., North Chelmsford, MA 01863

Warehouse hours Tuesday - Saturday 9-3pm

•• Our new smaller Thrift Shop is open at 166 Middlesex St. North Chelmsford behind Hertz car rental. **Tuesday-Saturday 9-2:30pm. Stop in and see our new shop and pick up some bargains and support our mission.**

WISH LIST

Dressers, Box Springs, Twin & Full Mattress sets (no rips or stains), Bunk Bed Frames, Adjustable Metal Bed Frames, Kitchen Tables & 2 or more Chairs, Love Seats, Toddler Car Seats (less than 3 years old), Child Window Guards, Double Strollers, Baby Monitors, Cabinet Safety Latches, Door Knob Covers, Crib Mattress, Bassinets, Newborn, Size 5 & 6 Diapers and Wipes, Fans, AC units, Reusable bags, Shower Curtain Rings, Metal Bake Ware, Cookie Sheets, Small & Medium Sauce Pots, Sneakers and sandals all sizes, Boys' shorts and pants size 2T-16, Girls clothes 2T-16, New girls newborn clothes, onesies and sleepers, Men's new toiletries - shampoo, body wash, deodorant, razor, shaving cream, Axe or body spray, socks
Go to the website and you can DONATE FROM OUR AMAZON WEEKLY WISH LIST.

At the warehouse we start working on our Backpack Attack Project. Our goal is to provide 5,000 homeless and low income children with a new backpack filled with new school supplies so that they will have a successful start to their year.

We welcome your monetary donations so we can purchase supplies in bulk and make all students backpacks equal. If you prefer to shop online you can go to AmazonsmileWishListforBackpacks and have your donation shipped to us. Enjoy the beach and we can keep filling the packs. Because of our smaller warehouse we are starting to collect now and will be getting backpacks to agencies as they come in. If you are able to help please email Lori at lori@thewishproject.org to let her know how you would like to help or call (866) 947-4360.

Have you stopped in and shopped at our Thrift Shop lately?

THE THRIFT SHOP is stocked by 2 of our dedicated volunteers, Ann Long and Betsy Peterson. Ann and Betsy come in 2-3 times a week to select and display new items. The store is open Tuesday-Saturday 9-3pm. Stop in and pick up a bargain and support our mission!

About Us The Mission of The Wish Project is to help families in need in Merrimack Valley. www.TheWishProject.org or call us at (866) 947-4360. **Mailing address is:** The Wish Project, PO Box 8693, Lowell, MA 01853

If you would like more information please contact Lori at Lori@thewishproject.org and let her know how you would like to help. You may also make a donation on our website.

EDITORS NOTE: *If you are reading this in the printed version, and do not have access to a computer, please call the Wish Project at (866) 947-4360 for more information.*

Buy local!

Invest in your community!

FROM THE RED CROSS

The American Red Cross wants everyone to enjoy the season and offers safety tips you can follow all summer long.

HEAT SAFETY Never leave children or pets in your vehicle. The inside temperature of the car can quickly reach 120 degrees. Stay hydrated, drink plenty of fluids. Avoid drinks with caffeine or alcohol. Wear loose-fitting, lightweight, light-colored clothing. Avoid dark colors as they absorb the sun's rays. Avoid extreme temperature changes. Slow down, stay indoors. Avoid strenuous exercise during the hottest part of the day. Postpone outdoor games and activities. Use a buddy system when working in excessive heat. Take frequent breaks if working outdoors. Check on family, friends and neighbors who do not have air conditioning, who spend much of their time alone or who are more likely to be affected by the heat.

More information from the Red Cross is posted on www.neighbortoneighbornewsletter.com



Your go-to for summer burns, stings, cuts, sprains and “what the heck is that”

Injuries and ailments are common this time of year. Fortunately, Circle Health Urgent Care has everything you need to get treated quickly and completely. You'll be seen by experienced physicians, who can provide prescriptions, diagnostic testing and immediate referrals to specialists in your area. That's why we're the most trusted urgent care in the region. That's **Complete connected careSM**.

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Circle-Health.org/UrgentCare.



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