



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

Celebrating 35 Years of Service!

Issue # 380 • March 2019

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DUNSTABLE VETERAN SERVICES

March is here and Spring is upon us. **With Spring on the way, we are planning for all kinds of activities including our May Memorial Day Parade.**

This year we are saluting our WWII Veterans and all that they have done for us. If you would like to participate or help with the Parade please let me know.

As always if you know of any veteran, widow or family member in need of assistance of any kind, please leave me a message at 978-649-3919 or send me an email at VSO@Dunstable-ma.gov.

I am here to help you.

Joe Dean (Former USMC Sgt, Retired USAF Capt.)

Dunstable Veteran Services Officer

Proudly serving those who have served



ANNUAL COMMUNITY PIE BAKE-OFF

This will be held on Saturday March 16. Drop off your favorite homemade pie between 10:00a.m. to noon at the Fellowship Hall of the Dunstable Evangelical Congregational Church, 518 Main St., Dunstable, MA. All ages are welcome to enter. There is even a category for those who prefer to use a store-bought crust. Judging is on a point system with everyone starting with 15 points. Judges are looking for:

1. Best over-all presentation
2. Quality of crust
3. Filling flavor

Judging will take place during the afternoon. Awards will be made for best youth pie (up to age 16). And the Silver Spoon award for the best over-all pie. Please, the judges request a recipe to be included.

The public is invited to come to the Fellowship Hall at 6:30p.m. to do their own taste testing.

For more info email sjt0213@verizon.net

TOWN CLERK NEWS

The 2019 Annual Street Listing has been mailed, if you did not receive one or misplaced your copy, please contact me.

The Annual Street Listing, also known as the annual census, is a legal document of the Commonwealth which requires each household return annually to remain on the active voter list. **There is a misprint in the date of the Annual Town Meeting – it should be Monday, May 13.**

Are you interested in running for an elected town office?

You can find a list of expiring terms on the town website or contact my office. <http://www.dunstable-ma.gov/sites/dunstablema/files/uploads/calendar1.pdf>

Deadline to obtain nomination papers for elected office – Thursday, March 28.

Deadline to return nomination papers for elected office – Tuesday, April 2 (5:00 pm).

Annual Town Meeting – Monday, May 13.

Annual Town Election – Tuesday, May 21. You can find all election dates on the town website or contact me for more information.

The town has upgraded its voting tabulator to the new state-approved voting tabulator called “Imagecast ICP” which will replace the Accuvote. The purchase was approved by the voters at the 2018 annual town meeting and widely used in Massachusetts and throughout the country. This is thermal imaging and has a couple of unique features for the voter that I love. If there is an overvote or if a voter casts a blank ballot, there is a screen which will direct the voter and the voter can decide whether to spoil their ballot or cast their ballot as is. You’ll continue to cast your vote as you normally do. We will have a training later in April and the technicians will be on hand for both the test deck and town election.

Carol A. Skerrett, Town Clerk CMMC

978-649-4514 x222

CSkerrett@dunstable-ma.gov

HOURS: The Clerk’s Office is open Monday evening from 3:00 pm – 7:00 pm; Tuesday, Wednesday and Thursday 9:00 am – 2:00 pm. Hours may vary due to holidays, workshops and elections. There are times the office is closed during these posted hours and extended hours for voter registration and absentee voting, please feel free to call ahead. Marriage licenses are by appointment only.



DATES TO REMEMBER

- Wednesday, March 6th Ash Wednesday
- Sunday, March 10th Daylight Savings Time Begins.
Remember to turn your clock ahead 1 hour on Saturday, March 9th at bedtime.
- Sunday, March 17th St. Patrick’s Day
- Wednesday, March 20th First Day of Spring

GROTON GRANGE #7 NEW ENGLAND CONTRA DANCE

Groton Grange #7 invites you to join the fun at our traditional New England Contra Dance on Saturday, March 23, from 7:30-10:00 PM at Historic Groton Grange Hall, 80 Champney Street.

This will be an evening of live music and dancing with Groton's own **Contra Banditos** along with **caller Tony Parks**, who will teach traditional New England style contra, square, and line dances to the beat of old time fiddle tunes. **Beginners are welcome, no experience or partner is necessary.**

Donation at the door is \$5.00 per person, children under 3 years old are free, and family maximum is \$20. Refreshments are provided. **This is made possible by a grant from the Town of Groton's Trust Fund Lecture Series.**

PLEASE NOTE: PARK ONLY ON THE GRANGE SIDE OF CHAMPNEY STREET.



MAC N' CHEESE & DESSERT BAKE-OFF!

Sun, Mar 31, 4:00 PM - 6:00 PM

VFW Post in Pepperell

Feel like taking a night off from cooking to enjoy unlimited Mac N' Cheese and a variety of desserts? Please join us for **Maple Village Preschool's Second Annual Bake-Off!** We're excited to add raffles to this year's competition as well. NEW this year - Kid's Baking Competition for ages 13 and under! Want to compete or donate a raffle basket for fun or for free publicity?

Email mclane.chrissy@gmail.com.

Cost: \$5/kid, \$10/adult, \$35/max per family.

Proceeds will fund replacing outdoor playground equipment.

USED CLOTHING DROP-OFF SHED

To benefit: **Dunstable Evangelical Congregational Church**

Location: **Rear Parking lot, 518 Main St., Dunstable, MA 01827**

Items accepted: All clothing, shoes sneakers, belts, purses, blankets, sheets, pillowcases, drapes and stuffed toys. (Your donations will not be cut up or shredded.) **(Please... No rags, fabric scraps, pillows, toys or household goods; please understand that the above unwanted items are a hardship and expense to dispose of.)**

Send clothing to people who can use it all over the US and World while helping the environment. Receive a tax deduction for your donation. Receipts are on the shed. ****Help us keep your donation clean and dry.**** Please put in tied or closed bags.

KNITTING AND CROCHET CLASS

Do you enjoy knitting? If you need a little help now and then or want to learn to knit or crochet, why not stop by the Swallow Union School. Classes are informal and fun under the direction of Donna Acquaviva. They are held on Monday nights at Swallow Union School from 7:00 – 8:30. Stop by and join in.

MIDDLE SCHOOL MATTERS

Do you want to get involved in our middle school education? Do you have an expertise that you think middle school students could learn from? Do you have experience that might connect with our middle school curriculum? Please contact Principal, Kathi McCollumn at kmccollumn@gdrsd.org.



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Neighbor to Neighbor

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E-mail: anne@neighbortoneighbornewsletter.com
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Total Circulation is now 6,306 which includes Dunstable and Tyngsborough.



Hello Neighbors!

GREAT NEWS - our very own Swallow Union is **#1 IN THE STATE** thanks to our generous community! While this is really fantastic, especially for a school of our small stature, we've set a lofty goal for this school year and need your help more than ever as we're only halfway to 46,000 Box Tops. Keep those Box Tops coming by asking friends, families, and neighbors!

Having a hard time finding Box Top products? It's on more items than you might think! Check out this recipe that includes FIVE Old El Paso Box Top items in one delicious meal www.olderpaso.com/recipes/creamy-chicken-and-chile-enchiladas. Cook it all in a Reynold's Bakeware pan, store leftovers in Ziploc bags, clean up the mess with Lysol wipes, and there's a quick, easy way to add 3 more Box Tops to the meal while reducing clean-up time!

As always, check out the BTFE app where you can often double or even triple your Box Tops by simply scanning your receipt. So far, we've earned \$352 through this easy to navigate app. Check in with the website (btf.com) for daily sweepstakes and updated in-store promotions. The website even offers printable and digital **coupons** on participating products!

You can turn in your carefully clipped Box Tops to any of these Dunstable drop-off locations: Swallow Union, Maple Village Preschool, the Library, post office, and West Auto Repair. Thanks again for your support!

Jen West & Cristina Agraz & Chrissy McLane

Box Top for Education tri-chairs for Swallow Union Elementary School swallowunionapt.org aptswallowunion@gmail.com [facebook.com/SwallowUnionAPT](https://www.facebook.com/SwallowUnionAPT)

HELP WANTED – Mother's hours. Dunstable farm and greenhouse business needs dependable, responsible, hard working individual for part-time greenhouse/farm work. **Weekdays, 9am to 2pm through the end of school.** Call Joan 978-649-9713.

HELP WANTED – Dunstable farm and greenhouse business needs dependable, responsible, hard-working individual for greenhouse and farm work. **Ideal for older student. Sat. and Sun. until end of school. Part-time summer.** Call Joan 978-649-9713.

DUNSTABLE SENIORS

Program Coordinator Susan Tully 978-649-6750
or Email at sjt0213@verizon.net

We are a peer group for those over 60. Seniors meet in the community room of the Dunstable library every Wednesday Bone Builders, 10:30 - 11:30, dominos 10:30 - noon, lunch at noon. First Wednesday, BINGO FOR CASH. Last Wednesday of the month, POKENO, bring your pennies. SCRABBLE & CRIBBAGE group every Wednesdays at 12:30.

IN CASE OF SNOW AND THE LIBRARY IS CLOSED THERE IS NO SENIOR MEETING

March Lunches March 6, Lasagna, salad and dessert provided by Dunstable Fire Assoc. RSVP as soon as possible.

March 13 Beef stew, crusty bread and dessert provided by library staff. RSVP by March 6. **March 20** will be our annual St Patrick's Day feast. provided by the Traveling Chef RSVP by March 13

March 27 will be pizza, salad and a birthday cake for all our March birthday celebrants.

Book Club Annual Lunch Like to read? Then we have the group for you. Book group will be meeting **Saturday March 9** at 11:30a.m. in the community room of the library. We will be discussing **Prairie Fires The American Dreams of Laura Ingalls Wilder** by Caroline Fraser. Summary: The first comprehensive historical biography of Laura Ingalls Wilder, the beloved author of the *Little House on the Prairie* books. Choose a recipe from My Prairie Cookbook by Melissa Gilbert. The library will order you a copy at the circulation desk if needed. New members are always welcome.

Rivercourt Residence in West Groton will resume their monthly lunches on April 16, 2019

Indian Hill Music, Bach Lunch. Indian Hill Music, 36 King Street, Littleton MA. presents **Improvisations on Jazz Standards** Next show **Thurs. March 21**. There are **TWO PERFORMANCES: 11:00 am and 1:30 pm** Indian Hill Music, 36 King Street, Littleton MA. Complimentary coffee, tea and cookies will be served or you are welcome to bring your own lunch. Doors open at 10 am for first show and 12:30 for second show.

Book Delivery to shut-ins is available through the Dunstable Library. Just let Sue know if you or someone you know needs books or audio material.

We are thinking of offering a **Cooking for One** class. It would possibly be held on Tuesdays once a month. Before we go too far on this we need to know if there is any interest. Let Sue know if this of interest to you.

NEW ARC NORTH EAST WILD LIFE ANIMAL REHABILITATION COALITION

Nikole Roth MS CABAC ACDBC CPDT

You may want to follow the link given below to get some useful information for when you encounter injured or abandoned wild life.

The coalition is relatively new so you may not have heard about it. However it is a worth while step forward to save our wild neighbors. <http://new-arc.org/index.html>

You can also find them on Facebook under New ARC North East Wild Life Animal Rehabilitation Coalition

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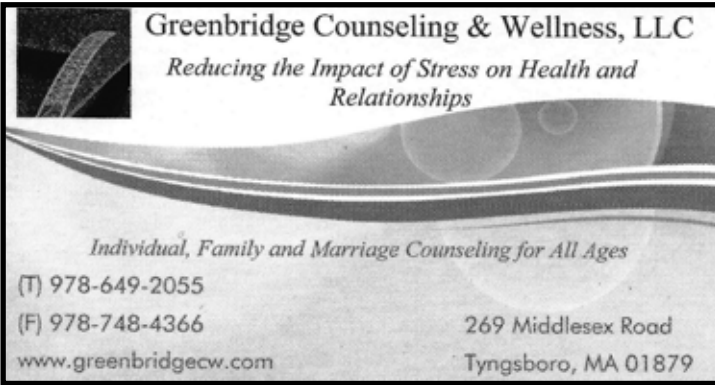
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Your returns are due by April 16, 2019

A reminder that there are only a few weeks left to file your 2018 Income Tax Returns.

We are here to help.



Dawn M. Kay, CPA P.C.

94 Middlesex Road

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WHERE DO I FIT IN -- HEALING CIRCLES

By Jan Price, LICSW

Greenbridge Counseling and Wellness, LLC

I have been reading lately about native cultures and indigenous tribes which remarkably have had many similar customs or traditions even though the communities have spanned across the globe. One common tradition has been the medicine wheel which was used for many celebrations as well as initiations and healings.

The medicine wheel is a circle that is most often made up of various natural items such as stones, pine cones and or sticks. The stones and sticks are placed on the ground in a circle with about an 8-10 foot diameter. The medicine wheel is also used in vision quests where the seeker will sit, sleep, stand or dance inside the medicine wheel during the quest. This offers a point of focus and is also thought to offer protection as well.

I loved this idea. So often I hear clients talk about feeling like an outsider. We all have experienced feeling "outside" a circle. That circle could be your own family, friends, the PTO, the work place, the gym -- anywhere. And think of when we were kids and the painful feelings of not being good enough to be "picked", liked or "chosen." So how wonderful is the idea of placing ourselves inside our own circle?

A few years ago, I read a very touching article where the author was at the airport and witnessed a mom who was alone with her toddler and her baby. The toddler was very ancy and active and not listening to the mom. It was getting close to time to board the plane when the toddler had a complete meltdown. The mother, exasperated and exhausted, sat down on the ground and cried while she had her other baby in her arms as the toddler screamed. At this point, women who were strangers circled the mother and the children. One woman started playing with toddler, another rubbed the mom's back, another got a snack for the toddler, and another picked up the toys that had been strewn about. Within just a few moments, this mother had a village around her. She was inside the circle.

I was so moved reading this. I imagined how this mom might have initially felt embarrassed by the support but then I hoped she relaxed and embraced the love and care. She was no longer alone. These women "got it" and they "got" her.

Our psyches are not built to be alone or to feel alone. This is actually detrimental to our psychological health and makeup. Yes, solitude can be healthy and longed for or warranted. This is not the same as feeling alone. Feeling alone is when we feel like people don't understand us, see us, or even want to try and hear us. We may be around lots people but still feel alone. We have become the "odd man out" and we feel abandoned and deserted. It may feel as if we don't matter or don't even exist. This is an unbearably painful place to sit.

Some of us may find this to be a temporarily transient place because we have our tribe even when we don't fit in at the PTO or the gym. So we can rest assured that this is where our village is. For those who don't feel like they fit in anywhere, or for all of us at those times when we need extra care, I invite you to consider some solace in the medicine wheel. Make your own sacred wheel among nature or in the corner of your bedroom or sitting room. Lay out important items and trace your own circle. Step inside the wheel with reverence and know you have sacred ground before you. As you sit inside, perhaps imagine your ancestors (as the native tribes did) or some wise, caring people (like the women at the airport) surrounding your circle. See if some comfort might come to you as you see yourself wrapped, cocooned and nestled by something bigger than you that understands you, cares for you and loves you.

ANCHOR BIBLE CHURCH

18 Pondview Place, Tyngsborough, MA (across from Skate 3)
Sunday school - 10am Sunday worship 11am & 6pm Mid week prayer meeting - Wed. 7pm. Home Bible study - 7pm, 1st and 3rd Thursdays @ 163 Highland St., Hudson, NH Call Pastor Steve Willett @ 978-957-0648 www.anchor-bible-church.org

DUNSTABLE FREE PUBLIC LIBRARY

588 Main St. 978-649-7830

Library Hours: Tuesday 3-8 Wednesday 10-2

Thursday 10-8 Friday 10-2

OPEN SATURDAYS 10-2

For more library information go to

www.dunstable-ma.gov click on library

Mary Beth Pallis – Director – mpallis@mvlc.org

Karen Debrececi – Children's Librarian – kdebrececi@mvlc.org

Like us on FACEBOOK to receive program updates!

www.facebook.com/pages/Dunstable-Public-Library/219991908117595

Featured Display This month's display is an assortment of David Winter cottages and brass antique shoes. This collection is provided by Whitney Healey. Come and check it out. If you would like to display your artwork or photographs in the community room, we would love to host you. Please contact Karen at kdebrececi@dunstablepl.org.

Community Room Artist Check out the wonderful new artwork done by Alice Sneizek. Her new collection of paintings are wonderful!

Display Table Artist Katherine Valliere will be displaying her adult coloring book art.

Library Passes available Take advantage of these great passes: Boston Museum of Fine Arts, One Stop Fun, US Constitution Museum in Charlestown, and a pass to 50 Massachusetts State parks. New Discount Pass – Salem Witch Museum and Merrimack Repertory Theatre.

Adult Reading Group The group will meet at different time this month. They will meet on **Saturday, March 9th at 11:30**. Typically they meet every third Saturday at 10:30a.m. in the community room of the library. New members are always welcome. **This month's book is *Prairie Fires***, The American Dreams of Laura Ingalls Wilder by Caroline Fraser. This will be our annual Book Club lunch.

Quilter's Group They meet from 6:00 -8:00 p.m., the first and third Tuesday of the month. If you are interested in learning to quilt or would like to join other quilters, this could be the perfect opportunity for you.

Cook Book Club The library has a cookbook club! We will have a cookbook displayed each month and you can select and make a recipe from the monthly selection. Then we will get together on the last Friday of the month at 12:00pm to enjoy the dishes. Signup sheet will be at the desk. This month we will be meeting on March 29th at 12:00pm. New members are always welcome.

Preschool Story Hour Please come in with your 3, 4 or 5 year old for story hour. Story hour is held on Thursdays and Fridays. We meet from 10:30 – 11:30. The program includes stories, songs and a craft or activity. Come in and join the fun!

Afternoon Story Hour This will be for older children who have ½ days in kindergarten or older preschoolers. We will meet on Thursdays at 1:30 pm. We will still do a craft, so please wear clothes that can get messy.

Children's Craft Come and join Mrs. D. for a special craft time on **March 12th at 4:00pm**. We will be making many different St. Patrick's day activities. Please sign up at the library or email Mrs. D. at kdebrececi@dunstablepl.org. **Children's Craft On March 26th** at 4:00pm will be another fun craft time. Our projects will be based on the theme of "Welcoming Spring". Please wear clothes that can get messy. Sign up at the library or email Mrs. D. at kdebrececi@dunstablepl.org.

On Going Book Sale in the Library Community Room library. Great selections! Hard Covers \$1, Paperbacks are 5 for \$1, DVD's are \$2 and CD's are \$1. If you would like to donate, please bring *current* books (not older than 2 years), children's books should be in good condition. *Please bring your donations inside, instead of leaving them at the door.* We cannot accept magazines, older books, or textbooks.

Homework Club The library is offering homework help every Tuesday night from 6-7 for the school year. Free service for children from Kindergarten to High School. Honor Students from local high schools are available to help the children understand their math homework and more. *If your child is attending, please call by 5:30 so we can be sure a student will be here for your child.*

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DUNSTABLE GRANGE #31

IS AGAIN SPONSORING

"EARTH DAY" ROADSIDE CLEANUP

We will provide bags and gloves, which will be available at the Town Hall, the Library and Tully Farm Dairy Store beginning April 1st. **Please take a few minutes to clean up our streets beginning on April 20th and running until April 27th.** A great way to celebrate Earth Day which is on April 22nd.

If we all do the road around our homes, the town will be in good shape.

Our Highway crew will be going around to pick up the bags, just leave them on the side of the road. **We appreciate your continued support in keeping Dunstable beautiful.**

CELEBRATING 150 YEARS

DUNSTABLE GRANGE MEETINGS are held on the 2nd Friday of every month at Dunstable Town Hall at 8 p.m. Call for more information 978-649-3934. Come join Grange! *All are welcome!!! Refreshments will be served.*

DUNSTABLE BOARD OF HEALTH

Dunstable Residents, do you know that we have a **CURBSIDE TRASH AND RECYCLING PICKUP PROGRAM?** The subscription runs from July 1st to June 30th, 2019

You may join any time. The fee is pro-rated monthly. Sign up in March for \$120.00 and you will receive a trash cart and recycling cart included in the cost.

We supply a 35 gallon trash cart, enough for 3 kitchen trash bags. Additional overflow bags can be purchased at Town hall in packs of 5 for \$15 (\$3 per bag). We also supply a 64 gallon recycle cart.

In addition large item pickup is available through GW Shaw for all residents at (603) 878-4108. To sign up to participate in the weekly curbside pickup program come to the front desk at Town Hall.

For further information please email inquiries to health@dunstable-ma.gov or call 978-649-4514 Ext. 229



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DUNSTABLE RURAL LAND TRUST CALENDARS

Remember to pick up your Dunstable Rural Land Trust 2019 Calendar. You want to get it, so you can enjoy as many months as possible! This year it features flora and fauna. These pictures were taken by talented local photographers Denise Hurt, Debbie Sherwood, Mike Potsaid and Anne Davis.

The calendars are available for \$12.00 each at the library, The General Store, Rose of Sharon, Farmhouse Café, Tully Farms Dairy Store, West Auto Repair and from the DRLT Directors. For more info call Elaine at 978-649-9236 or Anne at 978-649-7243.

OPEN BURNING SEASON BEGAN JANUARY 15TH

Dunstable Fire Chief, Brian Rich announced that Open Burning season will soon begin and will end on May 1st. Permits are available daily from 9:30am to 12:30pm at the Fire Station on Pleasant St. Permits cost \$10 and are free to "over 65".

FEE AND PERMIT INFORMATION
You must follow all the rules and regulations
that are listed below.

Rules and Regulations

1. You can only burn brush and garden trimmings only.
2. Burning is allowed only between 10am and 4pm. No fire shall be started after 12 noon and all fires must be extinguished by 4pm.
3. The permit holder must call the Fire Department @ 978-649-6661 each day after 9am for permission to burn that day.
4. The fire must not be left unattended and must be at least 75 feet from any structure.
5. Have available water supply, rakes, shovels, etc. for controlling the fire.

Under all Circumstances the following are prohibited

1. The burning of Grass, Hay, Leaves, Stumps, tires and/or building materials.
2. Burning of brush, trees, cane and/or driftwood from commercial and/or institutional land clearing operations.
3. Burning at landfills or refuse disposal facilities other than approved incinerators.
4. Large piles that will not readily burn or are of such size that they will not be totally out by 4pm.

If you have other questions regarding burning, please call Fire Chief Brian Rich at 978-649-6661. Information is also posted on the town Website.

NASHUA RIVER WATERSHED ASSOCIATION

50TH ANNIVERSARY 1969-2019

FREE COMMUNITY PROGRAMS

• ***Meet the Nashua River Watershed Association***

March 12, 2019, 7-8pm at the Chamberlin Public Library, **Greenville, NH** What does the Nashua River Watershed Association do? Learn about the history of the organization, its fifty years of accomplishments, its current projects, and what comes next.

• ***Using the MR Mapper Trail App***

March 28, 2019, 7-8:30 pm at the Harvard Public Library, **Harvard, MA.** Jason Stanton from the Montachusett Regional Planning Commission demonstrates how to use the MR Mapper trail app which provides online mapping of formal trails throughout our region.

• ***History of the Nashua River and the NRWA***

March 30 or 31, 2019 Fitchburg, MA time and location to be determined. NRWA founder, Marion Stoddart, shares stories of the effort to clean-up the highly polluted Nashua River, and the early years of the NRWA. Others are invited to share their memories in this interactive conversation.

• ***When Do Bears Wake Up?***

April 6, 2019, 1-2:30pm at the Richards Memorial Library, **Paxton, MA.** Learn about our local bears through exhibits, a story and game, even make a bear mask; for families with children ages 4 to 12.

ATTENTION 2019 HIGH SCHOOL GRADUATES RESIDING IN DUNSTABLE

Congratulations on your pending graduation!

We are delighted to announce the availability of the Helene Morgan Babcock and Alfred Babcock Memorial Scholarship, and invite you to apply for these generous funds as you continue your education.

During the winter of 1923, the home of the Morgan family here in town caught fire and was largely destroyed. The citizens of our community responded to the crisis by taking in the children (all 17 of them!), keeping the family together and aiding in the reconstruction of their home. One of the children, Helene Morgan Babcock, remembered the words of her mother, "Never forget the kindness of the people of Dunstable," and so established a scholarship fund to be made available to the graduating students of Dunstable as they continue their education.

The amounts of these grants are substantial, with one of the Babcock Scholars receiving \$4,000 each year for up to four years. A number of additional \$2,000 scholarships are granted to other students on a one time basis.

Scholarships may be applied to expenses incurred in the pursuit of advanced education beyond the secondary level in two or four year institutions, vocational education institutions, or formalized apprenticeship programs (the main scholarship for 4 year full time only).

Applications are available at the town hall, library, your school guidance office, or by email babcockscholarshipfund@gmail.com.

Completed applications can be submitted electronically to the above email, or to the PO Box listed below **no later than March 21st, 2019**. Questions regarding the application process can be sent to babcockscholarshipfund@gmail.com. *We hope you take advantage of this wonderful opportunity.*

Babcock Scholarship Trustees
P.O. Box 24
Dunstable, MA 01827

RISE SPRING COURSES

SECOND TERM BEGINS MARCH 18

Seniors can choose from more than 58 five-week courses. **Second term courses begin March 18 and end April 26.** There are no learning prerequisites, no tests and no credits earned. Membership for the ten-weeks of courses is \$130.00 and includes the use of the Muldoon Health and Fitness Center, Regina Library, and Dion Dining Center.

Members may participate in up to five courses each term. Course topics include literature, history, music, art, computer science, psychology, religion, philosophy and spiritual enrichment, writing, world cultures, current events, film, moderate exercise, and water exercise. Twenty of the courses are new for spring.

Course brochures are available online, at local libraries and senior centers, and at the RISE Office at Rivier University. The RISE office is in Memorial Hall, Room 126, on South Main Street. **Seniors can view and download a brochure from the RISE website www.rivier.edu/rise and/or [http www.facebook.com/RISE1997](http://www.facebook.com/RISE1997). Additional information is available by calling (603) 897-8623.**



46 Coburn Road
Tyngsboro

Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, and observe meadow wildflowers and butterflies. It's a great place for outdoor exercise and to enjoy nature close to home. Sherburne Nature Center and Trails activities are open to all who are interested. Activities go rain or shine. In extreme weather conditions, activities are cancelled. *No reservations or fees required. Children under 16 must be accompanied by an adult.*

Please note: The tennis court behind the Sherburne Nature Center is PRIVATE property. It is not part of the PUBLIC Nature Center property.

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FREE ACTIVITIES FOR YOUNG CHILDREN WITH THEIR PARENT OR CAREGIVER

Calling all children, ages birth – 5, with their parents or caregivers, to **FREE Playgroup/Literacy/Story and Craft Times**. This grant-funded program is open to anyone, regardless of where you live. These programs follow the school year calendar.

Groton and Dunstable

Family & Community Programs

Join us on any 1st **Tuesdays** during the school year -1:30 p.m. at: Dunstable Congregational Church, 518 Main Street, Dunstable

Join us on any all **Mondays** during the school year -9:30 a.m. at: Peter Twomey Center (behind G-D Middle School North), 348 Main Street, Groton

Townsend and Pepperell

Family & Community Programs

Join us on any 1st and 3rd **Tuesdays** during the school year -10:30 a.m. at: Pepperell Library (Lawrence Library,) 15 Main Street, Pepperell

Join us on any **Wednesdays** during the school year -10:30 AM at: Townsend Library, 12 Dudley Road, Townsend

Please contact Jana Harrison, at jharrison@awrsd.org, or 978.874.0163 for further information.

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Sunday School for all ages. Coffee/Fellowship 10:30AM

March is here and we hope that you can visit us soon during the Lenten season! Are you looking for opportunities for meaningful service work in our community? Are you looking for a warm and loving faith community? You are welcome to any Sunday worship service to learn more about us.

Our Celebration of Music is on Saturday, March 9 at 7:00 PM. Music from our handbell and vocal choirs will be featured as well as performances from some of our talented members! This is truly an inspiring and uplifting evening! **Our Scholarship Dinner, that benefits our scholarship fund for graduating seniors, will be held at 5:30 PM right before our Celebration of Music.** Chicken carbonara, roasted broccoli, garden salad, and an ice cream sundae bar are on the menu! Please inquire about tickets by calling the church office. We are fortunate to have a scholarship fund to aid our high school graduates continuing their education. *All are invited to attend this meal and the Celebration of Music*

We are excited that we are now fully accessible! We are on 242 Main Street in North Chelmsford, right on the Westford/Chelmsford line. From Route 3, take the Route 40 exit to Chelmsford, take a sharp right onto Main Street Chelmsford right after the variety store and follow Main Street until you see the church on the left.

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DUNSTABLE TOWN HALL DIRECTORY

Town Hall (978) 649-4514. The departmental extensions are as follows:

221 Accountant	222 Town Clerk	223 Council on Aging
224 Board of Selectmen (handles many depts.) Also for Animal Control Officer. After hours call Police at 978-649-8891. If emergency call 911	225 Assistant Assessor	226 Building Inspector
227 Highway	228 Collector/Treasurer	229 Board of Health
230 Conservation/Planning Board	249 Assessors, Water Dept	

Please dial 0 if you need assistance.

Veteran's Officer 978-649-3919
POLICE NON-EMERGENCY 978-649-7445 POLICE & EMT 911
FIRE DEPT. TELEPHONE NUMBERS TO REPORT A FIRE CALL 911
Business Line.....978-649-6661 FAX.....978-649-6072
Alarm System* 978-448-6666*can be used to call in a fire from cell phone
You will find more information on the town website www.dunstable-ma.gov

DIRECTOR OF THE COUNCIL ON AGING

Anne Fenochetti Email: afenochetti@dunstable-ma.gov
Hours at Town Hall: **Tuesday** from 11-2 and **Wednesday** from 8-11. You can reach Anne at 978-649-4514 ext. 223 at the Town Hall or by appointment.

DUNSTABLE COUNCIL ON AGING Mary Moeller chairman; Brian O'Donnell, Secretary; Donald Pottle, Mary Dow, Barbara Martin, Vincent Hollins.

The Mission of the Dunstable Council on Aging is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs.

SAND FOR SENIORS The Dunstable Highway Dept. has offered to deliver a bucket of sand to any household that might need some for keeping their steps and walkway safe. Just let us know and we will arrange for a delivery.

Medication Take Back Program Do you have out dated or unused medication in your cabinet? An officer from the Dunstable Police Dept. will be at our meetings on the last Wed. of each month at noon to collect them and dispose of them properly. **Drop off will be March 27.**

Well Adult Clinic Are held on the **fourth Wednesday of every month in the community room of the Dunstable Library.** These clinics allow for personalized, one on one attention from a nurse. Offered services include blood pressure and blood sugar screenings, diet/nutrition information and teaching, medication review and assistance with identifying and coordinating community resources and referrals. All residents, of any age are welcome to attend. Next clinic **March 27 from 11 – noon.**

• **Music and Singalong with Andy and Deb** and the Rivercourt Singers. March 27 following lunch

Van Service is available for medical appointments and grocery shopping. Cost is \$5.00 for local trips, Lowell, Chelmsford, Nashua, Tyngsboro, Westford, Ayer, Groton & Pepperell. \$10.00 for any other. Check with Anne Fenochetti as soon as you know when your appointment is to make sure a ride is available.

Meals on Wheels Do you or someone you know need the services of Meals on Wheels? Receive a hot nutritious lunch delivered M-F at around 11:30 a.m. as well as monthly special meals and holiday meals. For more info check with Anne. **Drivers needed.**

Durable Medical Equipment Try us FREE before you buy. Check out the COA's inventory. We have a variety of good, gently used walkers, wheelchairs, transport chairs, canes, commodes and much more that people have generously donated. These are on loan and need to be returned when not in use. PLEASE call first before you drop off items. Accepted items should be brought to the Town Hall only.

Message from the Fire Chief Fire Chief Rich is available to check your smoke detectors you just need to set up an appointment. If you need the assistance of the fire department for a non-emergency situation and you've called the firestation and no one was there. **Please call 978-448-6666 (Fire/Police/ems Dispatch)** they will notify the proper person or service to assist you. **Office # 978-649-6661**

Living Alone Safely in Your Own Home The Dunstable COA is working with the Fire Dept and the Police to keep those seniors living alone safe in their home. They can secure a lock box with a key on to your door at your home so that in an emergency help would be able to get to you quickly. Chief Rich will be available at our Wed. lunches if you have any questions. Call his Office # 978-649-6661 for more information.

Prescription Advantage New from Medicare. **Beginning in 2019 Medicare will have a new Medicare Advantage Plan Open Enrollment. The new period will run January 31- March 31 of each year.** Contact our SHINE contact, Lisa Rose at 978-683-7747 if you have any questions.

Medicare. Remember if you are turning 65 you should contact Social Security to enroll in Medicare. Medicare has no connection to your eligibility for social security benefits. If you have questions call Elder Services at 1-800-892-0890.



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Issues and other information posted online at
www.neighbortoneighbornewsletter.com

Please send info in now for the April issue.

Have events coming up? **Need details about advertising your business?** Send an email to me anne@NeighborToNeighborNewsletter.com or by mail to Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827.

Please leave a message at **978-419-1914.**

*Tyngsborough printed issues circulation is 5067 and
Dunstable printed issues circulation is 1239.*

Copies available at town hall and library

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MORE NEWS FROM THE DIRECTOR OF THE COUNCIL ON AGING

Anne Fenochetti Email: afenochetti@dunstable-ma.gov
Hours at Town Hall: **Tuesday** from 11-2 and **Wednesday** from 8-11. You can reach Anne at 978-649-4514 ext. 223 at the Town Hall or by appointment.

Nashoba Nursing Service and Hospice: For information on home health, flu clinics, nursing availability, or hospice - call 1-800-698-3307. Hospice is looking for volunteers to visit patients to give the caregiver a break. Call Wendy Chieffo for more info 1-800-698-3307 ext. 352 or wchieffo@nashoba.org.

Caregiver's Support Group

sponsored by Rivercourt Residence

For families and caretakers of loved ones with Alzheimer's or other forms of dementia. If you are feeling sad, guilty, lonely or helpless. You are not alone! Come join us to talk about these feelings and connect with others whose experiences are similar to yours.

For information call: Laurie Morency at 978-448-4122 ext. 250 First Wednesday of every month. 10:30 am – 12noon, Conference room at 8 West Main Street, Groton MA 01450

** Please join us for **Healing Conversations**, a free adult bereavement support group series offered by **Nashoba Nursing Service & Hospice**. Thursday, March 7th, 11:30 am – 12:30pm — **Hazen Library, Shirley**. Tuesday, March 12th, 6:00 - 7:30pm.

Westford Council on Aging The programs are facilitated by Kathy Benson.

Groton Memory Cafe Every 4th Thursday from 10:00 - noon at the Groton COA 163 W Main St, West Groton, Ma. Join us for coffee and conversation for individuals and families living with memory changes. FREE, call 781-863-1166 ex.t 104 for more info.

Charity Navigator There aren't many days go by that we are not contacted to make a donation to different organizations. Want to make sure they a legitimate and the money you donate is well used. You can now look up these charities at www.charitynavigator.org

Brown Bag Program Elder Services of the Merrimack Valley, Inc. and the Greater Boston Food Bank have joined forces to offer an Elder Brown Bag Program for income eligible residents 60 years and older in the Merrimack Valley. Eligible elders will receive a free bag of groceries on the fourth Tuesday of the month. Pick up at the Tyngsboro Senior Center. Applications are now being accepted and are available through Anne at the Dunstable COA office.

Files of Life pouches are available to **all** seniors. These pouches will contain pertinent information about you that can be left in a visible location, home/car to be used in cases of emergency. You can contact Fire Chief Rich for more information.

Elder Hotline Provides seniors and their families with information related to elder issues. Call 1-888-243-5337 Monday - Friday 10:00 - 4:00.

Thank You Jim McManus, Joan Simmons & Diana Dalida for their thoughtful donations. To Girl Scout Troop 82524 for sponsoring a lunch.

We now have the application for RMV Handicap placards

SHEPHERD OF THE VALLEY LUTHERAN CHURCH

Now holds services and other activities at the Federated Church
21 Washington St., Ayer, MA (978) 540-0768

<http://www.sov-lc.org>

Pastor Rev. Susan Gaeta *Fall Worship is at 10:15*

Shepherd of the Valley Lutheran Church **fall worship time is 10:15AM**

Shepherd of the Valley Lutheran Church will hold the **Ash Wednesday Service on Wednesday, March 6th at 7:30 PM** with the Imposition of Ashes and Holy Communion.

Shepherd of the Valley is offering a **Games and Potluck night on the 2nd Friday of every month beginning at 5:30 PM. Friday, March 8th will be the date this month....**Come and join in the fun!

RABIES CLINICS

The Nashoba Boards of Health in cooperation with local veterinarians will provide rabies immunizations for dogs and cats. It is important that your cat(s) and dog(s) is immunized in the manner prescribed below for them to be considered protected against rabies. Since household pets provide a potential pathway for humans to contract rabies, it cannot be stressed strongly enough to make sure your pet(s) is properly vaccinated.

REMEMBER CATS MUST BE VACCINATED BY LAW

Cats must be brought in cages or closed boxes during the last half of the clinic. The tag for 2019 will be a green bell. The charge per immunization is \$15.00. Residents of Nashoba member towns may attend any of the clinics. **Make check payable to the Veterinarian.**

****Pet owners must provide proof of past vaccination for rabies. Failure to do so will result in your pet receiving a one year vaccination.****

***Ashby/Townsend** Sat., 3/23 9:00-11:00am Townsend Highway Dept., 177 Main St., Townsend

Must bring copy of Rabies Cert.

Groton/ Dunstable Sat., 4/13 12:00 -1:00pm Groton Fire Station, 45 Farmers Row, Groton

***Pepperell** Sat., 4/6 9:00-12:00pm Jersey Street, Fire Station, Pepperell ***CASH/CHECKS ONLY**

ESTATE PLANNING AND GIVING TO CHARITY

By Edward H. Adamsky

There are several reasons to give to charity. The most important is because you want to benefit the cause. You also get income-tax and estate-tax deductions for giving to charity which some people think is important too. You might prefer your assets going to a charity rather than someone in your family. Whatever, your reasons, some ways of giving are better than others.

The first tip is not to name a charity in your Will. The Probate system has been modernized making it faster and cheaper. There are several steps you can skip when all of the heirs agree. However, you cannot skip those steps when a charity is named in a Will. That slows things down and costs more money. There are better ways to give than through your Will.

Charitable Annuities are a way to give and get something in return. Your chosen charity will help you set this up through their systems. You give them a lump sum of money (usually a fairly large amount such as \$20,000 to \$100,000) and they set up the annuity. It gives you an income for the rest of your life, and when you die, the balance goes to the charity. You get an immediate income-tax deduction in the year you set it up (assuming you itemize your deductions) and you continue to benefit from your assets (income) while the charity benefits in the end by getting the proceeds of the annuity.

Another tax-advantaged method of giving is through a Charitable Trust. If you have sufficient assets to make this complex tool worthwhile it can be very beneficial. It works best when you have highly appreciated assets that would trigger a large capital-gains tax if you sold them. Instead, you donate the appreciated assets to the Trust and when it sells them there isn't any income-tax due as the trust will qualify as a non-taxable charity. You can set up the charitable trust like an annuity. You get income for life and the remaining trust assets go to the charity when you die. This method is really for those with quite a lot of money that they want to give to charity.

A fairly simple method for those with retirement funds in tax deferred plans (IRAs, 401k's and the like) is to have your RMD sent to the charity. You have to coordinate this with your fund custodian, but if you have your yearly required minimum distribution sent directly to the charity you don't have to recognize the income. You don't get a tax deduction, but it's often even better to not have to recognize the income at all, the charity will get more in the end and you will pay less tax. If you don't itemize this will be better for you.

Speak with your Estate Planning Attorney to get advice on giving to charity as part of your planning.

CAT FOOD DONATIONS NEEDED

to feed a colony of feral and homeless kitties. Please call me at **978-799-9715** for the drop-off location on the Dunstable/Tyngsboro line. Don Gaudette. **Volunteers to help with the feeding are also needed.** Associated with Kitty Angels www.kittyangels.org Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats

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THE PROMISED LAND

By Nathan Combs

As I can now attest from personal experience, Israel is a truly beautiful country. Despite its diminutive size (it's roughly the area of New Jersey), it contains diverse landscapes and microclimates. Its plains and mountains, its lush greenery and rugged wilderness all prove the truth of God's promise in Exodus 3:8 to bring the Israelites to "a good and broad land, a land flowing with milk and honey..." The importance of the promised land, however, mainly lay in what it signified to the Israelites, not just in its topography.

God repeatedly promised Abraham that his family would occupy the land of Canaan (Genesis 12:7, 13:15, 17:8). To ancient peoples like the Israelites, owning land meant far more than simply possessing a particular clump of dirt. Instead of the transient nature of nomadic life, land provided a sense of established permanence, a location where generations could come and go in peace and security. It meant regular access to water and a place to cultivate crops to sustain your family and animals with consistent food. By God's design, Israelite law supported this security - families were forbidden from permanently selling their land to others (Leviticus 25:23, 1 Kings 21:3) and boundary markers were protected (Proverbs 22:28, 23:10). Possessing land meant having a safe place in this world.

When Jesus preached about His new kingdom, I believe He alluded to Abraham's land promise when He famously said in Matthew 5:5: "Blessed are the meek, for they shall *inherit the earth*" ("earth" can also be translated "land"). The practical implications of this are manifold. We live in a fiercely competitive culture where security is granted based on your unique merits. There's unspoken pressure to be the smartest in the room, or the funniest, or the most musical, to distinguish yourself in a special way. You're expected to fight for the position you want in your employment and your social circles. You have to carve out a place for yourself in this world and make others respect you. And once you've climbed your mountain, you still have to look over your shoulder to ensure that no one else surpasses what you have achieved. There is no true security in such a wilderness of misery and stress.

Jesus is the only escape from this kind of life. In God's land, our value is determined by the already accomplished work of His Son, not by our own paltry abilities or accomplishments. Although Christians are not promised a particular plot of physical land like the Israelites of old, we have our own brand of promised security which far eclipses the benefits of the old covenant. We possess a heavenly land, in which we are perfectly and completely loved by a gracious Father who has seated us at His side (Ephesians 2:1-7). Through the death and resurrection of Jesus, we are promised the power of indestructible life (Romans 8:11). Thanks be to God for the promised land we have!

WINSLOW SCHOOL REUNION

Old Town Hall, 10 Kendall Rd., Tyngsborough, MA

May 4, 2019 at 11:00am

All are welcome to attend!

This **FREE** event is made possible through your generous donations, thank you! Please visit our Go Fund Me page to donate today: <https://www.gofundme.com/f/winslow-school-reunion>

DOWNLOAD YOUR FREE BOOK

"LIVING WITH OUR WILD NEIGHBORS"

I wanted to pass on this information to you. The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z. Since we have so many animals that we share our yards with, I thought it might be helpful to you.

<https://www.animalsheltering.org/page/wild-neighbors-book>



**AGRICULTURAL COMMISSION
TOWN OF DUNSTABLE
TOWN HALL, 511 MAIN STREET
DUNSTABLE, MA 01827-1313
(978) 649-4514 FAX (978) 649-4371
Agricultural@Dunstable-MA.GOV**

Dear Dunstable Property Owner/Resident,

The Town has recently adopted the “Right to Farm Bylaw” and, as a result, we are distributing this annual notice, in conformance with the provisions of said bylaw.

NOTICE

In accordance with the Dunstable Right to Farm ByLaw, you are hereby provided this notice in your capacity as a landowner in Dunstable:

The following notification must be presented to the buyer(s) or occupant(s) of property in the Town of Dunstable not later than 21 days after a purchase and sale agreement is entered into, or prior to the sale or exchange of real property if no purchase and sale agreement exists, or prior to the acquisition of a leasehold interest or other possessor interest in real property located in the Town of Dunstable:

“It is the policy of the Town of Dunstable to conserve, protect, and encourage the maintenance and improvement of agricultural land for the production of food and other agricultural products and also for its natural and ecological value. This disclosure notification is to inform buyers or occupants that the property they are about to acquire or occupy lies within a town where farming activities occur. Such farming activities may include, but are not limited to, activities that cause noise, dust, and odors. Buyers or occupants are also informed that the location of property within the town may be impacted by commercial agricultural operations including the ability to access water services for such property under certain circumstances.

Date: _____”

The dated notification shall be delivered, signed by the seller/lessor, and filed with:

Agricultural Commission
Dunstable Town Hall
511 Main St.
Dunstable, MA 01827-1313

A copy shall be filed with the Board of Selectmen prior to the sale or prior to the occupancy under the lease.

A copy of the official notification form is enclosed for your convenience.¹ If you have any questions regarding this notice, please don't hesitate to contact Joan Simmons, Agricultural Commission Secretary at jim106004@yahoo.com

¹ Official notification form can be found on the reverse side of this notice; Additional copies are available at Town Hall.



AGRICULTURAL COMMISSION
TOWN OF DUNSTABLE
TOWN HALL, 511 MAIN STREET
DUNSTABLE, MA 01827-1313
(978) 649-4514 FAX (978) 649-4371
Agricultural@Dunstable-MA.GOV

Right to Farm Disclosure Notification

TO: _____

(Check status of person receiving notification):

proposed purchaser proposed lessee or occupant
of _____
(address of property)

In accordance with the Dunstable Right to Farm ByLaw, you are notified as follows:

“It is the policy of the Town of Dunstable to conserve, protect, and encourage the maintenance and improvement of agricultural land for the production of food and other agricultural products and also for its natural and ecological value. This disclosure notification is to inform buyers or occupants that the property they are about to acquire or occupy lies within a town where farming activities occur. Such farming activities may include, but are not limited to, activities that cause noise, dust, and odors. Buyers or occupants are also informed that the location of property within the town may be impacted by commercial agricultural operations including the ability to access water services for such property under certain circumstances.”

Date: _____

Seller Name (s): _____

Address: _____

Seller Signature: _____

Upon the signature of the Seller (s) return to:

Agricultural Commission
Dunstable Town Hall
511 Main St.
Dunstable, MA 01827-1313

To the Board of Selectmen:

The foregoing notification has been presented to the perspective buyer(s) or occupant(s) of property in the Town of Dunstable not later than 21 days after a purchase and sale agreement is entered into, or prior to the sale or exchange of real property if no purchase and sale agreement exists, or prior to the acquisition of a leasehold interest or other possessor interest in real property located in the Town of Dunstable.

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For questions or more information, please call our office 978-649-2262
Pastor Denis Frediani 1-603-579-0904
www.tyngsborocongregational.org
E-mail ecctsect@yahoo.com

JOIN US FOR SUNDAY MORNING WORSHIP

OUR MISSION: Glorify God by encouraging all people to know Jesus together in Faith, Love and Service. Worship Service at 10:00 a.m. Nursery available. Followed by Fellowship and Refreshments. Cancellation information will be listed on our website:
www.tyngsborocongregational.org

PLEASE CONSIDER JOINING US FOR THE FOLLOWING EASTER SERVICES

- Sunday, April 14 at 10:00 a.m. - *Palm Sunday*
- Thursday, April 18 at 7:00 p.m. - *Maundy Thursday Service*
- Friday, April 19 - *Good Friday (no service)*
- Sunday, April 21 *Easter Sunday*
 - 6:00 a.m. *Sunrise Service (on the hill between Thrift Store & Church)*
 - 6:30 a.m. *Breakfast served*
 - 9:15 a.m. *Easter Egg Hunt*
 - 10:00 a.m. *Easter Sunday Service (no Sunday School)*

• **Sunday School program** for all ages. Children will begin the Sunday Services with their parents and will be dismissed to their age-appropriate classes at 10:15am. It is important to note that all adults working with children have passed their CORY applications to ensure a safe environment for our children

- **All Executive Boards and Committee Meetings have begun**
- **LADIES BIBLE STUDY** -Has begun on Tuesday morning, from 9:30 am to 11:30 am Bible Study will begin on the Book of James. There is still room if you would like to join this amazing study group.
- **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: **1.** Log onto the church website <http://www.tyngsborocongregational.org> **2.** On home page you will see a photo of the church. Hover the cursor over the word "SERVING" **3.** Click once on the word "SERMONS" **4.** Scroll down to see "Listen to our sermons for free on SoundCloud.com" **5.** Click once on the link/word "SoundCloud.com" **6.** Below the Church logo sermons listed by date, passage, sermon title **7.** Click orange circle to listen to the sermon you desire.

• **SUNDAY SERVICE CANCELLATIONS** - If Sunday Worship Service needs to be cancelled due to inclement weather, we will post the cancellation on the following TV stations: WBZ Channel 4; WCVB Channel 5; WHDH Channel 7 and WMUR Channel 9

• THE THRIFT SHOP •

Located next to the church is open to the public on **Thursdays and Saturdays from 10:00 a.m. - 3:00 p.m.** We offer an assortment of clothing, shoes, handbags, baby items, books, small appliances, dishes, glassware, jewelry, etc. **Please do not drop off** large items as we do not have the means to dispose of these.

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JAMES JACOPPI

MEMORIAL SCHOLARSHIP FOUNDATION

Dear Friends and Family,

This is the 17th anniversary of the passing of our beloved James. With the help from all of you, our raffle awarded over \$8,400 in scholarships to aid in the continuing education of graduating high school students last year. **We have awarded over \$125,000 over the years.** We feel blessed to have the ability to remember Jim in such an extraordinary way. We are extremely grateful for your continued support.

This year will be our **7th Annual Raffle** (Commonwealth of MA #36). The raffle drawing will be held on April 5th. The drawing results will be on our website www.jamesjacoppischolarshipfund.com and winners will be contacted by phone.

Tickets are \$5 each or 7 tickets for \$25. If you wish to purchase additional booklets, or did not receive any by mail, please call Jean Jacoppi at (603) 714-2523. All tickets must be received by Monday, April 1st. We appreciate and thank you for any donation you can provide to the foundation.

Prizes: 1st Prize: \$1,500; 2nd Prize: \$500; 3rd Prize: \$250; 4th Prize \$150; and 5th Prize: \$100 *Congratulations to the lucky winners from 2018.* The winners were: 1st Linda Cornellier; 2nd Ed Napekoski; 3rd Mary Cooney; 4th Marilyn Campbell and 5th Emmit Clifford. For any other information you may need including access to scholarship applications please visit our website www.jamesjacoppischolarshipfund.com or our Facebook page.

Thank you all for your continued support.

Sincerely, The Jacoppi Family

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TYNGSBORO YOUTH FOOTBALL AND CHEERLEADING OPENS REGISTRATION FOR SPRING SKILLS CLINIC

**SUNDAY, MARCH 24, 2019, 6:00-8:00 p.m., TYNGSBORO
SPORTS CENTER (18 Progress Ave)**

Participants from Tyngsboro, Dunstable, Groton, Lowell and surrounding communities are welcome!

**FLAG FOOTBALL (Grades K-3 as of Sept 2019) AND TACKLE
FOOTBALL (Grades 4-7 as of Sept 2019)**

Whether you are a returning player or a new prospective player, join us for two hours of combine-style conditioning and football fun! This is a great opportunity for alumni to get back into the game! For new prospective players, this is the perfect opportunity to experience what it would be like to be a part of our football programs. Parents - this is a great opportunity for you to meet our coaches to get all of your questions answered.

CHEERLEADING - INTRODUCTORY CLINIC FOR NEW PARTICIPANTS (Ages 5 - 14 as of Sept 2019)

We welcome all NEW cheerleaders to our introductory clinic. Whether you've cheered before for another program, or, are new to cheerleading, this is the perfect opportunity to meet our amazing coaches, learn about our award-winning programs, and determine if it's a good fit for you and your child.

READY TO REGISTER? The cost for either clinic is only \$20 and includes a free t-shirt if you register by March 8. **BONUS-** as a participant in either the football or cheer clinic, if you decide that our programs are right for your child, and you register for the Fall season by May 1, we will give you a \$20 discount on your Fall registration. Register TODAY at our website: www.TyngsboroYouthFootball.com or www.TyngsboroYouthCheer.com

GOT QUESTIONS? Email us at: TyngsboroYouthFootballCheer@gmail.com; Follow us on Facebook under "Tyngsboro Youth Football and Cheerleading", or go to our website and click on "About Us" and select "Frequently Asked Questions".



On January 22, 2019, Altrusa hosted a dinner meeting at the Princeton Station Restaurant, with guest speaker Kimberly Gryglik of Brigid's Crossing, a group home that serves pregnant and parenting teens from the ages of 12-22. The program currently has a rich, robust, culturally diverse group of girls, with children ranging in age from newborn to 5 years old. Brigid's Crossing is much more than a place to live or just merely shelter, it is a safe, nurturing and teaching environment where young girls learn, develop and grow to become women and strong mothers for their children. Kimberly Gryglik thanked Altrusa for all its efforts to assist these young mothers. "Brigid's Crossing has served over 250 families and counting and we are proud of that, however it cannot be done without shared community partnerships just like with Altrusa. Thank you for being dedicated, kind hearted people who care and want to make a difference in these young teen lives."

Again this year, the Altrusa Club of Merrimack Valley is offering a \$500 scholarship to a qualified student currently enrolled in the Bachelor of Arts in Education with a certification in Elementary Education and Moderate Disabilities at the University of Massachusetts at Lowell (UML).

This scholarship is offered to honor the memory of Eleanor A. Durant, a past member of Altrusa, who earned her degree from Lowell State Teachers College and taught sixth grade for many years in the Chelmsford Public School System. With the assistance of the UML faculty and staff, the finalists will be reviewed and the recipient chosen in June 2018.

The Altrusa Club meets on the 2nd and 4th Tuesdays of the month. To learn more about Altrusa, e-mail us at altrusamv@gmail.com or visit us at www.altrusa.org.

Buy local!
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CLUB OF TYNGSBORO/DUNSTABLE

Rotary Motto: Service Above Self
Theme: Rotary Making a Difference

The Rotary Club of Tyngsboro/Dunstable has been serving the Tyngsboro and Dunstable area for 44 years.

We NOW meet at the Dream Diner, on Middlesex Rd., Tyngsboro, on the 1st & 4th Thursday of the Month at 7:15am, as well as the 2nd & 3rd Thursday of the month at 12:15pm.

Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

For further information about Rotary, please email us at tdrotary@yahoo.com or visit our website at: www.tdrotary.org.
Thank you for your continued support.

PET HEALTH DUNSTABLE ANIMAL CLINIC

TICKS, TICKS, TICKS
Tara M. Sacramone, DVM



Will we ever be done talking about ticks? No. Never. Every journal I read seems to have something about ticks and tickborne diseases. Here's some information from the veterinary perspective.

At the Dunstable Animal Clinic we have been running a heartworm test on dogs that also looks for exposure for 3 tickborne disease for many years now. In 2017 we had 2% exposure to a disease called Ehrlichia, 15% exposure to Lyme and 32% exposure to Anaplasmosis. In 2018 all exposure rates went down, 1% Ehrlichia, 8% Lyme, and 21% Anaplasmosis. Ehrlichia is carried on the dog tick and most of the dogs that are positive at our clinic originally came from somewhere else in the United States. Both Lyme and Ana are carried on the deer tick. Lyme is the most problematic for dogs and the one most likely to cause clinical signs and therefore is the only one we have a vaccine for. It is also true that dogs that have a positive exposure to more than one disease are more likely to develop clinical signs. I'm hoping the exposure rates in dogs in this area will continue to decrease, especially if we continue to use tick control and continue to vaccinate dogs against Lyme disease.

We now have more options than ever for tick control. We have had good luck with the Seresto collar, which lasts 8 months and can also be used for cats. There are multiple once a month topical medications but we like Advantix and Vectra the best. There are even oral medications that work on ticks, Nexgard is once a month and Bravecto which lasts 3 months. It is also important to realize that the deer tick dose NOT hibernate over the winter. They can, however, be covered with snow. So if there is no snow on the ground you need to continue treating your pets.

There also seems to be new ticks coming to America. The most recent one to be found is called the Asian longhorned tick. It hasn't been found in Massachusetts yet, but all signs seem to say it will eventually be here. It seems to carry diseases that bother humans and cattle more than dogs or cats. If you find an unusual looking tick on your pet we have a place we can send it to have it identified. This tick is a rusty brown color with no white or black on it. However when ticks become engorged it is harder to identify them.

Humans continue to be the most susceptible to tickborne diseases and the CDC recently announced that more and more people are becoming sick. In 2017 there were 27,000 cases of tickborne disease reported and in 2018 that number increased to 59,000, 70% of those cases were Lyme disease. The CDC can't say for sure why the numbers are rising but list possible factors such as changes in temperatures, rainfall, humidity, host populations, tick population densities, and health care provider awareness.

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Thurs 9:00 A.M. - 6:30 P.M.
Fri 9:00 A.M. - 5:00 P.M.
Sat 8:30 A.M. - 11:30 A.M.

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Dr. Ann Sidley

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Pastor Bobby Ross pastorbobby@dunstablechurch.org
DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."

Join us for Sunday Worship Service at 10:00 am each Sunday. Child care is available during the service for infants through kindergarten age. Pastor Bobby Ross leads our worship services which feature a variety of music, scripture readings, corporate prayer and spoken messages and with Communion (the Lord's Supper) served on the first Sunday of every month. Everyone is welcome to an informal time of fellowship with coffee, tea and refreshments after worship.

CHILDREN'S SUNDAY SCHOOL is regularly held at 10:00 am. Children will sit with their family for the first part of the service, then move on to class for the remainder of the service. Classes are for children age 6 and up. Children 5 and under are welcomed in the Nursery. For more information, please contact Shellyannross@gmail.com.

DECC YOUTH: Regular meetings are held on Sundays from 4:00-6:00 PM but special events may be held at other times. Please contact Jon Hughes at 978-393-7708 if interested and to confirm location and time of meeting.

SCOUT SUNDAY, Sunday, February 24th. Boy Scouts and Girl Scouts were recognized, and some participated in the Sunday morning service.

On March 6th, we will begin the Easter season as we commemorate Ash Wednesday with an evening service at 7:00pm. The Palm Sunday service on April 14 is at 10:00am. On Thursday evening, April 18th, we will hold a Maundy Thursday service at 7:00pm. Our Easter celebration service is at 10:00am on Sunday, April 21st.

COMMUNITY PIE BAKE-OFF! Saturday, March 16th in Fellowship Hall at the Dunstable Evangelical Congregational Church. Open to anyone who loves to bake yummy pies! Think about your favorite. Categories for all ages and abilities. Drop-off your pie between 10:00am and Noon; PLEASE include your recipe! Judging will take place between 12:30 and 2:00pm. The public is invited to the tasting at 6:30pm. If you have questions, please contact Sue Tully (sjt0213@verizon.net).

Check out our website, www.dunstablechurch.org or visit any Sunday morning at 10:00 am. We will be happy to greet you.

Come visit your community's church. For more information about any of these events, contact the Church office 978-649-6251, email info@dunstablechurch.org or visit our website at www.dunstablechurch.org.

RAIN BARREL PROGRAM


Tyngsboro, MA. "It is that time of year again to start thinking about water conservation and saving rain water" says Danielle Mucciarone, Conservation Director and Town Planner, Town of Tyngsboro. "Rain fall is hard to gauge. Harvesting rain water with a rain barrel can mitigate the irregular patterns of rainfall. To help homeowners and the town manage their water supplies Tyngsboro and Pepperell are offering residents the opportunity to buy discounted rain barrels.

Each year homeowners face higher prices for water and sewer. The wholesale rate of water from the MWRA has increased 49% over the 10-year period from 2008-2018. Saving rain water helps homeowners hedge against the rising cost of water. Rain water is a free healthy alternative; it is organic, has no chlorine, no fluoride and no chemicals. It is an excellent water source for plants, gardens, lawns and any non-potable use. Regular use of a rain barrel can pay for itself in one season. One tenth of an inch of rain on a 1000 square foot roof --about 25 minutes of moderate rainfall-- will fill a 60-gallon Rain Barrel. New England typically receives 17" of rain during the growing season from May through September. This provides enough water to fill 170 Rain Barrels. At 2 cents a gallon homeowners can expect to save \$204 worth of water.

Droughts stress residential landscaping and town water facilities. In 2016, 168 communities in Massachusetts faced restrictions on non-essential outdoor water use - 47% of the Cities and Towns in the state. There is no restriction on rainwater use.

Tyngsboro and Pepperell chose to work with the Great American Rain Barrel Co., a local food importing company that has been repurposing shipping drums into Rain Barrels since 1988. Last year 30% of Massachusetts Cities and Towns partnered with The Great American Rain Barrel Co, selling over 3000 barrels. Great American Rain Barrel Co has been approved vendors by the MASSDEP for the state since 2010. **Barrels are being offered for \$69. Barrels will be available for pick up on date on Saturday, April 6th from 10:00am-12 noon during the Tyngsboro Health Fair at The Elementary School at 205 Westford Road Tyngsboro, MA. 01879**

Deadline for purchase is: March 31st at Midnight. To participate in the Rain Barrel Program and find out more about the barrels, please visit: www.tgarb.com/community/ and select your town.



Neighbor to Neighbor
 Published by Anne M. Paquin Since 1983
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 ST. JOHN 978-251-8571 www.saintjohnchelmsford.org
 OFFICE HOURS: Mon, Tue, Thu... 9 am – 5 pm; Wed... 9:30 am – 5 pm; Fri... 9 am – 3 pm; Sunday 8 am – 12 noon
 • **ST. MARY CHURCH:** 25 North Road, Chelmsford
 • Daily Mass Schedule: Monday – Friday... 7 am; 2nd and 4th Saturday... 9:00 AM • Weekend Mass Schedule: Saturday... 4: pm; Sunday... 7, 9 and 11 am; 6 pm
 Reconciliation: Saturdays... 11 am – 12 noon, or by appointment
 • **ST. JOHN THE EVANGELIST CHURCH:** 115 Middlesex Street, North Chelmsford
 • Daily Mass Schedule: Monday – Friday... 9 am; 1st and 3rd Saturday... 9:00 AM • Weekend Mass Schedule: Saturday... 4 pm; Sunday... 8:30 am, 10:30 am; 5 pm
 Reconciliation: Saturdays... 3:00 – 3:45 pm, or by appointment
LENTEN SEASON OFFERINGS MARCH 6 – APRIL 17
 • **ASH WEDNESDAY:** Wednesday, March 6th
 St. Mary Mass Schedule: 7 am, 4 pm, 7 am
 St. John Mass Scheduled: 9 am, 5 pm; 12 noon Liturgy of the Word with distribution of Ashes
RECONCILIATION SCHEDULE: In addition to regular confession schedule (above) Wednesday evenings 6:30-8:00 pm both parishes Alternate Monday evenings... 6:30 – 8 pm; First night, March 11th at St. John
STATIONS OF THE CROSS: Fridays of Lent, beginning March 8th Soup at 6:30 pm followed by Stations at 7:00 pm... both parishes.
LENTEN PRESENTATIONS
 "Preparing for Lent through the Three Pillars" presented by Fr. Brian Mahoney Monday, March 4th... 7 pm at St. Mary
 • **GODSPELL** performed by the youth of Chelmsford Catholic Collaborative! 1 weekend, 3 performances only. Saturday, March 9th at 1:30 pm and 7:00 pm. Sunday, March 10th at 2:00 pm. Free admission, but freewill offerings gladly accepted.
 "Wake up and Smell the Roses" presented by Fr. Frederick Fraini, III Sunday, March 10th following 6:pm Mass at St. Mary
LENTEN TAIZÉ PRAYER SERVICES
 Wednesday evenings, March 13, 20; April 3... 7pm at St. John
 "The Eternal Journey: Living out our Baptism" presented by Michael Lavigne
 Monday, March 25 – Wednesday, March 27... 7:00 – 8:30 pm at St. John "What Did Jesus Say on the Road to Emmaus" presented by Fr. Brian Mahoney
 Monday evenings, April 1, 8... 7 - 8:30 pm at St. Mary "A Love Story in 14 Chapters" presented by Deacon Matthew Walker
 Sunday, April 14th following 6:pm Mass at St. Mary
 Tenebrae Prayer Service Wednesday, April 17... 7pm at St. Mary
TRIDUUM/ EASTER SUNDAY SCHEDULE
HOLY THURSDAY, April 18th 9 am: Morning Prayer at St. John
 7 pm: Mass of the Lord's Supper at St. Mary
GOOD FRIDAY, April 19th 9 am: Morning Prayer at St. John
 3 pm: Teen-led Stations of the Cross at St. John
 7 pm: Passion of Our Lord Jesus Christ at St. Mary
HOLY SATURDAY, April 20th 9 am: Morning Prayer at St. Mary
 8:30 pm: The Great Easter Vigil Mass at St. John
EASTER SUNDAY, April 16th 8:30 and 10:30 am Masses at St. John
 7, 9 and 11 am Masses at St. Mary



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LOADING DOCK GALLERY

122 Western Avenue Lowell, MA 01851

Fiberlicious! Through March 30, 2019

The Loading Dock Gallery is approaching the month of March with an adventurous spirit! Fiber and Textile artists, hailing from New England, explore materials and concepts that are so inspired, unique, and attractive to the senses, the exhibition had to be entitled *Fiberlicious!*

Experience the joy of fiber-play that visually and tactilely push artistic boundaries. Ponder artistic pieces that challenge the senses utilizing fiber/textile inspired 2D, 3D, video or digitally-generated pieces and wearables, often offering commentary and are brilliantly unexpected.

The Loading Dock Gallery, located at 122 Western Ave., 2nd Floor, Lowell, MA. The Western Avenue Studios is a unique collaborative art community. Our artists utilize a diverse variety of mediums such as glass, pottery, fine visual arts, jewelry, fiber, paper, sculpture, photography, graphic arts, literature, and more.

For questions, comments or additional information, please contact the Gallery at 978.985.0695 or Email us at loadingdockgallery122@gmail.com.

BARN DANCES

Held at **The Parish Center for the Arts**, Corner of **Boston Road and Lincoln Street on Westford Common**, PO Box 411, Westford, MA 01886 **978-692-6333**; PCA@Westford.org

Our **regular fourth Saturday monthly Barn Dance** at the Parish Center for the Arts. • **SATURDAY, MARCH 30, 7:30pm, Dan Veino calling** No experience required. First-time dancers: **come at 7:00pm for free instruction**. Saturday fee \$6 adults; Students 21 & under free.

Sunday Afternoon Dances:

• **SUNDAY, MARCH 10, 3pm**, Jacqueline Laufman calling Oh, Contraire provides the live music.

Sunday dance fee is Adults \$5 and Kids \$3.

There is a maximum fee of \$15 per family.

Oh, Contraire provides the live music.



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WHAT IS REFLEXOLOGY?

by Lisa Davis, Reflexologist

Lic. # BO1723

Reflexology is the practice of applying alternating pressure to specific reflex areas of the feet and hands which correspond to specific areas on the rest of the body. Reflexology can open up the pathways of the central nervous system by releasing toxins and promoting greater circulation throughout the body.

Reflexology can help regulate body functions, induce calmness, and provide relaxation. Reflexology can stimulate circulation and provide relief to those suffering. Reflexology has proven to give relief and positive results to persons with rheumatoid arthritis, foot neuropathies, multiple sclerosis, cancer, digestive issues, stress, anxieties, sleep disorders and so much more.

My job as a reflexologist is to reduce life stressors and anxieties and promote calmness and healing throughout the body. The power of touch is a natural healing force that releases pain relieving chemicals that help the body heal and also releases endorphins that create a feeling of well-being.

To feel healthy and help another feel healthy and strong is very comforting and has long positive results.

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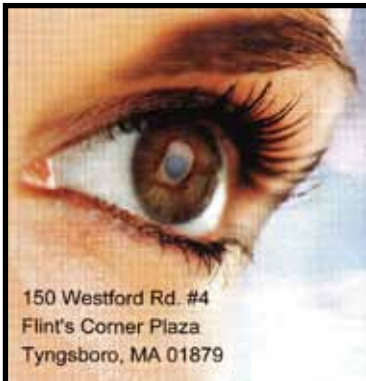
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THE WISH PROJECT

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Warehouse hours Tuesday - Saturday 9-3pm

•• Our new smaller Thrift Shop is open at 166 Middlesex St.
North Chelmsford behind Hertz car rental. Tuesday-Saturday
9-2:30pm. Stop in and see our new shop and pick up some
bargains and support our mission.

WISH LIST: Kitchen Tables, Love Seats,
Full & Queen Mattress Sets (no rips or stains), Metal Adjustable
Bed Frames, Infant Car Seats with Attachable Stroller (less than 3
years old), Bassinets and Sheets, Infant Towels, Size 6 Diapers and
Wipes
Shampoo/Conditioner, Body Wash, Body Lotion, Sanitary Pads,
Women's Deodorant
Toaster Ovens, Toasters, bake ware, mugs, Coffee Makers, Metal
Spatulas, Steak Knives
New Shower Curtain Liners New Rubber ducks, Bubbles, Beach
balls, Chalk, Crayons & Coloring Books

BITS Bags prevent developmental delay in poor children

Did you know that poor children are at higher risk for developmental
delay because they lack toys for stimulation. Our BITS Bag project
(Basic Items for Toddler Success) tries to help those at risk families.
You can help by donating filled bags, collect items or sponsor a bag
by making a financial contribution and we will supply a bag in your
name, to honor a family member or in the name of your company. If
you prefer to shop online you can purchase items from our [Amazon
BITS bag wish list](#) and ship your donation directly to us. **The
deadline for project goods is April 6th.**

42ND STREET We are excited to be partnering with ACTORS inc
in the Spring when they bring their newest musical 42ND STREET
to the Carl Rondina Performing Arts Center in Chelmsford. Showing
4/12 - 4/14 the performances will be supporting The Wish Project.
For more information and ticket purchases go to their website www.actorsincorporated.com
or call (978) 984-3151.

Imagine that on Mother's Day 500+ women receive a gift bag
from The Wish Project containing new toiletries, soap, shampoo,
conditioner, toothpaste, feminine care products, a hair brush, a pair
of socks and deodorant. Just imagine how grateful these women
would be that they don't have to wait a month to be able to afford
these items, or choose between buying diapers and feminine
hygiene products. That is why for Mother's Day we try to provide as
many moms living in shelters with a few very basic toiletry items,
because we don't believe soap and toothpaste are a luxury!

This year we are starting the collection for Mother's Day early
because we depleted our toiletry stockpile to assist the people
involved in the Lawrence and Andover gas explosion.

Deadline for complete bags or project goods is April 27th. If
you would like to participate in this project go to the [Mother's Day
project page](#) on our website and see how you can help or email
Lori at lori@thewishproject.org and tell her how you can help. You
can also donate by ordering from our Amazon Mother's Day bags
link and ship directly to the warehouse. Last year we gave out 600+
bags to families in Merrimack Valley.

About Us The Mission of The Wish Project is to help families in
need in Merrimack Valley. www.TheWishProject.org or call us
at (866) 947-4360. **Mailing address is:** The Wish Project, PO Box
8693, Lowell, MA 01853

If you would like more information please contact Lori at
Lori@thewishproject.org and let her know how you would like to
help. You may also make a donation on our website.

EDITORS NOTE: *If you are reading this in the printed version, and do
not have access to a computer, please call the Wish Project at
(866) 947-4360 for more information.*

EVENTS AT LEGION POST #247

The Post will be offering home made Subs on
Monday & Friday from 12-3 at \$5.00 ea.

- Saturday, March 9th, 2019 Psychic Fair
10am. - 4:pm Readings \$25.00
- Sunday March 17th, St' Pat's Corned Beef & Cabbage Dinner
\$10, from 12:00 noon until gone
- Sunday March 24th, Sons of the Legion Meat Shoot 4:pm.
Events held at Post #247, 90 Pawtucket Blvd., Tyngsborough
Public invited to come and enjoy!
For more info call 978-649-7540



AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Meetings are held the first Thursday of each month at 7pm.

Auxiliary Unit 247 Current Elected Officers:

President: Bernadette Harper; Sr. Vice: Josephine Beauregard;
Secretary: Patricia Modrich; Treasurer: Diane Dileo;
Chaplain: Rebecca Modrich; Executive Committee: Mary Dupras,
Annette Coles and Kathleen Oiljey. Debra St Peters was Installed
as Unit Sgt-At-Arms at the October meeting.

For information on the Auxiliary Unit meetings, or functions
contact Unit President Diane Dileo at 978-204-9329

We also would Welcome New Auxiliary Members 18 and older.
Contact Unit President or Treasurer.

- The Unit Jr. Auxiliary is accepting new Jr. members.
Contact 978-649-7540 if interested in joining.

AMVETS POST #247

ROBERT D. PELLETIER

90 Pawtucket Blvd. Tyngsborough, MA

We hold our meetings on the 1st Tuesday
of the month at 7 p.m. all veterans are welcome with 180 days or
more of active duty. Come down and join us for a meeting.
God Bless America.

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plain: Rod Woods. E-Board: Steven Harris, Jan Dombrowski, Ron
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AMVETS National Website: <http://www.amvets.org/>



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90 Pawtucket Blvd. Tyngsborough, MA 01879

Active duty military and veterans always welcome to join. For
further information call 978-649-7540. Remember to attend the
committee meetings on the first Thursday with your input and ideas.

The public is invited to get involved in all events of the post.
The veterans monthly dinners will continue on the first
Wednesday of the month. We are always looking for help to serve
the veterans. Keno and Scratch Tickets are available at the
Post. There is an ATM in the Post for your convenience.

Elected Post 247 Officers serving for 2018-2019

Commander: Ray Hamelin; Sr. Vice Commander: Pete St.
Peters; Jr. Vice Commander: Michael Milisci; Finance Officer:
John Burke; Adjutant: Don Pierce; Judge Advocate: Rolland
Millard; Executive Board: Marty Bloomgern, Joe Conlin and
Robin Dion

Visit our website, www.LegionPost247.org

This website contains a wealth of information about the Post.

Please remember to be safe & keep our troops in your prayers.



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or organization,
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MIDDLESEX CONSERVATION DISTRICT SPRING PLANT SALE

The Middlesex Conservation District will be holding its annual **Spring Plant Sale on Friday, April 26 from 3-6 pm and Saturday, April 27 from 8am – 12 noon.**

The Sale will be held at **Kimball Farm, 400 Littleton Rd, Westford, MA.** All items can be pre-ordered through **March 31** and picked up on the sale days – we encourage early ordering as all items are sold on a first come, first served basis. Items will include tree and shrub seedlings, perennials, fruits, groundcovers, and garden supplies (rain barrels, Tick Tubes, cow manure, fertilizers).

Please visit our website at www.middlesexconservation.org to place an order online, or download an order form to mail with payment. We will also be selling excess first quality stock on the days listed above.

The Middlesex Conservation District is a not-for-profit environmental agency whose purpose is conservation of natural resources in Middlesex County. Proceeds from our biannual plant sales provide programs to improve water quality and quantity, for preservation of open space and erosion control and provide environmental education. **For more information about our sale or programs please visit www.middlesexconservation.org.**

DUNSTABLE TYNGSBOUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to helping the community through donations raised by volunteers.

Officers for the 2018-2019 Lions Year

President: Mark Alexander, 2nd Vice President: J.J. Ward, Secretary/Treasurer: Bob Reich, Director: Richard Lowe

Anyone who would like to join the Lions is asked to call Bob Reich at 978-649-5874 or Mark Alexander at 978-649-9124. Our Regular Meetings are held on the first Tuesday of the month starting at 6:30 pm. Call one of the members, at the telephone numbers given above, to find the location.

YOU CAN HELP BY DONATING THE FOLLOWING

Used eyeglasses are collected for refurbishment and distribution to less advantaged people around the world.

CAN TABS (in sealed bags) are also collected for kidney dialysis time through the Shriners Hospital.

Lion's collection boxes for eyeglasses and tabs (in sealed bags) are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Tyngsborough Council on Aging Senior Center, 169 Westford Rd., Tyngsborough and Dunstable Town Hall, Post Office and Library.

ST. PATRICK'S DINNER AND SHAMROCK RAFFLE. THE PUBLIC IS INVITED

St. John the Evangelist Church 115 Middlesex St. in North Chelmsford will host a **Traditional Corned Beef & Cabbage Dinner** on **SATURDAY, MARCH 16, 2019** in the Church Hall. **Doors open at 5:00pm** for appetizers with the dinner starting at 5:30pm. Alpine Butchers in Chelmsford is providing the corned beef for the dinner. Also included in the price of a ticket is, appetizers, hot and cold beverages and dessert. **BYO (Beer & Wine)**

Take a chance on winning one of our beautiful gift baskets from our Shamrock Raffle table. We'll have live musical entertainment and our Raffle MC will delight you with his Irish humor and solicit Irish jokes from the crowd. All this for a ticket donation price of **\$18 per person.**

Each paid dinner ticket will be entered into the Door Prize drawing. (**TICKET SALE DEADLINE is Sunday March 11.**) Call Jane at 978-649-3404 for more information.

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