



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

Celebrating 35 Years of Service!

Issue # 379 • February 2019

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January 27, 2010 – January 27, 2019



DUNSTABLE FIRE DEPARTMENT RECEIVES GRANT

The Dunstable Fire Department received official word today that we have been awarded a Firehouse Subs grant for a new fire gear washer and dryer in the amount of \$17,390. This grant will protect our firefighters by properly washing and drying gear.

This is the first time our department has been able to purchase a gear washer and dryer. Our current firefighters would have to bring our gear to neighboring departments to utilize their machines. This takes time away from being on duty and being available for calls. This new equipment will ensure our firefighters are protected from carcinogens and other toxic items that our gear can hold.

The DFD and its members would like to express our sincere appreciation to Firehouse Subs Public Safety Foundation and our local Firehouse Subs restaurant in Nashua for their support and funding!

In 2005, the **Firehouse Subs** founders established the Firehouse Subs Public Safety Foundation with the mission of providing funding, lifesaving equipment, and educational opportunities to first responders and public safety organizations. Through the non-profit 501(c)(3), Firehouse Subs Public Safety Foundation has granted more than \$40 million to hometown heroes in 48 states, Puerto Rico and Canada, including more than \$124,000 in Massachusetts.

BACK BY POPULAR DEMAND!

The Stonehill College Irish Step Dance Troupe will be performing again at the Town Hall on **Sunday, February 24th at 1:00 pm. (Generously sponsored by the Dunstable Concerts on the Common)** This is a wonderful program for both young and old. The students again will teach a few steps at the end of the program to anyone who would like to learn. **There is a limit of the amount of people for the hall so please sign up as soon as possible at the library or email Mrs. D. at kdebreceeni@dunstablepl.org.**

TOWN CLERK NEWS

The 2019 Annual Street Listing has been mailed, if you did not receive one or misplaced your copy, please contact me. The Annual Street Listing, also known as the annual census, is a legal document of the Commonwealth which requires each household return annually to remain on the active voter list. **There is a misprint in the date of the Annual Town Meeting – it should be Monday, May 13.**

Are you interested in running for an elected town office? Nomination papers will be available during my business hours beginning February 4. You can find a list of expiring terms on the town website or contact my office.

Notice is given the pursuant to state and federal law, I am required to purge the voter list of voters who are no longer qualified to remain on the list. This includes (1) (a) voters who have failed to answer the annual street listing since 2016 and thereafter failed to respond to a confirmation notice OR (b) they registered to vote on or before 2016 and the acknowledgement notice was returned as undeliverable AND (2) voters who failed to vote from the period beginning on the date of the confirmation notice when registered and ending on November 6, 2018.

Dog Licenses expire December 31, 2018. An application will be enclosed with the annual street listing for your convenience. If ordering by mail, we need a self-addressed stamped envelope to return the license.

Carol A. Skerrett, Town Clerk CMMC 978-649-4514 x222
CSkerrett@dunstable-ma.gov HOURS: The Clerk's Office is open Monday evening from 3:00 pm – 7:00 pm; Tuesday, Wednesday and Thursday 9:00 am – 2:00 pm. Hours may vary due to holidays, workshops and elections. There are times the office is closed during these posted hours and extended hours for voter registration and absentee voting, please feel free to call ahead. Marriage licenses are by appointment only.

ANNUAL COMMUNITY PIE BAKE-OFF

This will be held on Saturday March 16. Drop off your favorite homemade pie between 10:00a.m. to noon at the Fellowship Hall of the Dunstable Evangelical Congregational Church, 518 Main St., Dunstable, MA. All ages are welcome to enter. There is even a category for those who prefer to use a store-bought crust. Judging is on a point system with everyone starting with 15 points. Judges are looking for:

1. Best over-all presentation
2. Quality of crust
3. Filling flavor

Judging will take place during the afternoon. Awards will be made for best youth pie (up to age 16). And the Silver Spoon award for the best over-all pie. Please, the judges request a recipe to be included.

The public is invited to come to the Fellowship Hall at 6:30p.m. to do their own taste testing.

For more info email sjt0213@verizon.net

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MARLA at 978-649-9824. Free estimates. References.

PET SITTING AND HOUSE SITTING

Going away on vacation?

I will take care of your pets in your home. Call now to make arrangements. Reasonable rates.

Please contact Rebecca at **978-761-6044.**

PIANO LESSONS

Given by Catherine O'Malley

Great for kids (age 8 and over) as well as adults.

Beginners especially welcome.

\$20/half-hour at 15 Virginia Rd, Tyngsboro

Call 978-649-6413

GD SEPAC

Groton Dunstable Special Education Parent Advisory Council

<http://gdsepac.wordpress.com>

• February 28, 2019 TIME TBD Middle School PAC

Lynn Lyons: Anxious Kids, Anxious Parents: Strategies to Interrupt the Worry Cycle

Anxiety in many children has a generational link, with patterns of worry and anxiety being passed from parents to children. But what parents (and other adults) often intuitively do to help anxious children actually serves to strengthen these patterns. Lynn addresses these patterns head on, and equips families with an alternative approach that focuses on active engagement over avoidant behavior. *Funded by the Groton-Dunstable Regional School District and Groton Dunstable Educational Fund.*

Contact Officers and Liaison 2018-2019:

Co-Chair: Melissa Padera mpadera@yahoo.com

Co-Chair: Jennifer Bonenfant jenniferbonenfant@gmail.com

Secretary: Marla Haddad mhaddad2@verizon.net

Treasurer: Katie Leonard kcleonard@gmail.com

SCHOOL PARENT LIAISONS:

Boutwell Katie Leonard kcleonard@gmail.com

Florence Roche Katie Leonard . kcleonard@gmail.com

Theresa Passmore theresapassmore@gmail.com

Swallow Union Melissa Padera mpadera@yahoo.com

Susan Lopez susanlopez24@gmail.com

Middle School Theresa Passmore theresapassmore@gmail.com

High School Susan Lopez susanlopez24@gmail.com

Out-of-District Melissa Padera mpadera@yahoo.com

MIDDLE SCHOOL MATTERS

Do you want to get involved in our middle school education? Do you have an expertise that you think middle school students could learn from? Do you have experience that might connect with our middle school curriculum? Please contact Principal, Kathi McCollum at kmccollum@gdrsd.org.

Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

E-mail: anne@neighbortoneighbornewsletter.com

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Total Circulation is now 6,306 which includes Dunstable and Tyngsborough.

RABIES CLINICS

The Nashoba Boards of Health in cooperation with local veterinarians will provide rabies immunizations for dogs and cats.

Cats must be brought in cages of closed boxes during the second half of the clinic. The tag for 2019 will be a green bell. The charge per immunization is \$15.00. Residents of the Nashoba member towns may attend any of the clinics.

Make your check payable to the veterinarian.

****Pet owners must provide proof of past vaccination for rabies. Failure to do so will result in your pet receiving a one year vaccination.****

***Ashby/Townsend** Sat., 3/23 9:00-11:00am Townsend Highway Dept., 177 Main St., Townsend

Must bring copy of Rabies Cert.

Groton/ Dunstable Sat., 4/13 12:00 -1:00pm Groton Fire Station, 45 Farmers Row, Groton

***Pepperell** Sat., 4/6 9:00-12:00pm Jersey Street, Fire Station, Pepperell ***CASH/CHECKS ONLY**

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(about 1 mile south of Tyngsboro bridge on Rt. 3A)

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Web Site: www.tyngsborochurchofchrist.org

Email: thechristians@juno.com

Home bible studies in Nashua, Tyngsboro, Dracut, and Lowell.

GOD MEANT IT FOR GOOD

By Nathan Combs

The story of Joseph (Genesis 37-50) is remarkable for many reasons. Its storyline is rich in detail, its characters are relatable, and its message is appealing. Joseph was the firstborn son of Jacob's favorite wife Rachel, was given a multicolored coat by his father, and enjoyed a privileged status among his many brothers. He was, however, hated by his siblings for capturing their father's affections. At the earliest opportunity, Joseph was sold by his brothers to Ishmaelite slave traders and eventually ended up in an Egyptian prison for holding to the principles of his God. Although Joseph rose to become the assistant warden of the prison and eventually the right hand of the Egyptian king, the events that brought him to Egypt must have lived vividly in his memory. Such unthinkable evil might easily have twisted the heart of a lesser man into bitterness.

Joseph, however, had a different perspective. After his brothers came to Egypt for food in a time of severe famine, Joseph eventually revealed himself to them and shared his thoughts about their horrific shared past. "As for you, you meant evil against me, but God meant it for good, to bring it about that many people should be kept alive, as they are today" (Genesis 50.20). How did Joseph maintain such a godly attitude towards the people who hated him?

First, Joseph kept his gaze on the bigger picture of how God was able to work with sinful people. Obviously, the Lord did not approve of the evil actions of Joseph's brothers or cause them to sin. He did, however, use their hatred for His own purposes: to save the world through Abraham's family. In the short term, that was accomplished by Joseph's distribution of grain to a starving world in famine, including his own family (Genesis 41.57). In the long term, the family of Abraham would save all the families of the earth through Jesus Christ (Galatians 3.8). In following Joseph's example, we must be more alert to the work of God than our own personal hurt if we desire to rid our lives of bitterness.

Secondly, Joseph left vengeance in the hands of God. After their father's death, Joseph's brothers feared delayed retribution and pleaded with Joseph to forgive them. After weeping at their distress, Joseph assured them that he had no plans for revenge. "Do not fear, am I in the place of God?" (Genesis 50.19). Joseph's actions mirror the commandment of Jesus to "love your enemies, and do good, and lend, expecting nothing in return, and your reward will be great, and you will be sons of the Most High, for he is kind to the ungrateful and the evil" (Luke 6.35).

Regardless of how we are unjustly treated by others, there is no degree of evil that justifies bitterness of heart or action. Joseph relied on God to work through his difficult circumstances and was used by Him to save many lives. May we follow the same pattern!



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**OPEN BURNING SEASON BEGAN
JANUARY 15TH**

Dunstable Fire Chief, Brian Rich announced that Open Burning season will soon begin and will end on May 1st. Permits are available daily from 9:30am to 12:30pm at the Fire Station on Pleasant St. Permits cost \$10 and are free to "over 65".

FEE AND PERMIT INFORMATION

You must follow all the rules and regulations that are listed below.

Rules and Regulations

1. You can only burn brush and garden trimmings only.
2. Burning is allowed only between 10am and 4pm. No fire shall be started after 12 noon and all fires must be extinguished by 4pm.
3. The permit holder must call the Fire Department @ 978-649-6661 each day after 9am for permission to burn that day.
4. The fire must not be left unattended and must be at least 75 feet from any structure.
5. Have available water supply, rakes, shovels, etc. for controlling the fire.

Under all Circumstances the following are prohibited

1. The burning of Grass, Hay, Leaves, Stumps, tires and/or building materials.
2. Burning of brush, trees, cane and/or driftwood from commercial and/or institutional land clearing operations.
3. Burning at landfills or refuse disposal facilities other than approved incinerators.
4. Large piles that will not readily burn or are of such size that they will not be totally out by 4pm.

If you have other questions regarding burning, please call Fire Chief Brian Rich at 978-649-6661. Information is also posted on the town Website.

**DUNSTABLE RURAL LAND TRUST
CALENDARS**

Remember to pick up your Dunstable Rural Land Trust 2019 Calendar. You want to get it, so you can enjoy as many months as possible! This year it features flora and fauna. These pictures were taken by talented local photographers Denise Hurt, Debbie Sherwood, Mike Potsaid and Anne Davis.

The calendars are available for \$12.00 each at the library, The General Store, Rose of Sharon, Farmhouse Café, Tully Farms Dairy Store, West Auto Repair and from the DRLT Directors.

For more info call Elaine at 978-649-9236 or Anne at 978-649-7243.

Issues and other information posted online at www.neighbortoneighbornewsletter.com

Please send info in now for the March issue.

Have events coming up? **Need details about advertising your business?** Send an email to me anne@NeighborToNeighborNewsletter.com or by mail to Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827.

Please leave a message at **978-419-1914**.

Tyngsborough printed issues circulation is 5067 and Dunstable printed issues circulation is 1239.

Copies available at town hall and library

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CAT FOOD DONATIONS NEEDED

to feed a colony of feral and homeless kitties. Please call me at **978-799-9715** for the drop-off location on the Dunstable/Tyngsboro line. Don Gaudette. **Volunteers to help with the feeding are also needed.** Associated with Kitty Angels www.kittyangels.org
Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats

BENEFICIARY DESIGNATIONS AND DIVORCE OR MARRIAGE

By Edward H. Adamsky, Esq.

You must keep your beneficiary designations up-to-date for life insurance and retirement accounts. If something changes in your life, you may need to update them. Changes include births, deaths, marriages, and divorces. If you got divorced, it would extinguish any rights that your ex-spouse had in your estate. A Will clause that left assets to "my wife, Jane Smith" would be voided by a divorce. In Massachusetts, the law has been updated so beneficiary designations to a spouse are also voided by a divorce, but New Hampshire has not adopted this newer rule. No matter where you live, it is best for you to update the beneficiaries on life insurance and retirement funds if you get divorced. If you left an ex-spouse as a beneficiary that person could try to make a claim and if you never informed the financial institution of your divorce, they would pay out to the named beneficiary (even if it was technically voided by law). This could result in lengthy and costly litigation among your family and ex-spouse. If you had moved to a new state after your divorce, the rules in that state might govern and that could change the result.

This shows that it is very important to review all assets and file new beneficiary designation forms so that your assets will pass as you want. You should not rely on agreements or court decrees to make those changes. You should inform financial institutions if you do get divorced, and if your divorce order requires you to name your ex-spouse as a beneficiary of some asset, then you need to inform the financial institution of this, so they will honor your designation. (It's common for parents of young children to keep life insurance in place with the ex-spouse named as beneficiary).

You should also consider the effects of getting married on Estate Planning. You will want to decide if you should change beneficiary designations on certain assets. Also, keep in mind that a spouse has rights in marital assets including a general claim against the estate of a deceased spouse, even if not named in the Will. New estate planning documents should be completed if you get married. Also, for Medicaid purposes, all of the assets of the couple are counted in making a determination of eligibility for benefits, regardless of the origin of the assets. Pre-nuptial agreements cannot change this rule no matter what they say, because the Federal law of Medicaid and public policy overrule the agreement. This means that a well-off person who marries a less-well-off person will be responsible for the spouse's cost of nursing home care, no matter what. Estate Planning should not overrule love, but the consequences of marriage and divorce must be considered when making your Estate Plan.

DOWNLOAD YOUR FREE BOOK

"LIVING WITH OUR WILD NEIGHBORS"

I wanted to pass on this information to you. The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z. Since we have so many animals that we share our yards with, I thought it might be helpful to you.

<https://www.animalsheltering.org/page/wild-neighbors-book>

DUNSTABLE TOWN HALL DIRECTORY

Town Hall (978) 649-4514. The departmental extensions are as follows:

221 Accountant 222 Town Clerk 223 Council on Aging
224 Board of Selectmen (handles many depts.) Also for Animal Control Officer. After hours call Police at 978-649-8891. If emergency call 911
225 Assistant Assessor 226 Building Inspector 227 Highway
228 Collector/Treasurer 229 Board of Health
230 Conservation/Planning Board 249 Assessors, Water Dept
Please dial 0 if you need assistance.

Veteran's Officer 978-649-3919

POLICE NON-EMERGENCY 978-649-7445 **POLICE & EMT** 911

FIRE DEPT. TELEPHONE NUMBERS TO REPORT A FIRE CALL 911

Business Line.....978-649-6661 FAX.....978-649-6072

Alarm System* 978-448-6666* can be used to call in a fire from cell phone
You will find more information on the town website www.dunstable-ma.gov

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dianecinilsen@gmail.com.

DUNSTABLE BOARD OF HEALTH

Dunstable Residents, do you know that we have a **CURBSIDE TRASH AND RECYCLING PICKUP PROGRAM?** The subscription runs from July 1st to June 30th, 2019

You may join any time. The fee is pro-rated monthly. Sign up in February for \$125.00 and you will receive a trash cart and recycling cart included in the cost.

We supply a 35 gallon trash cart, enough for 3 kitchen trash bags. Additional overflow bags can be purchased at Town hall in packs of 5 for \$15 (\$3 per bag). We also supply a 64 gallon recycle cart.

In addition large item pickup is available through GW Shaw for all residents at (603) 878-4108. To sign up to participate in the weekly curbside pickup program come to the front desk at Town Hall.

For further information please email inquiries to health@dunstable-ma.gov or call 978-649-4514 Ext. 229

ATTENTION 2019 HIGH SCHOOL GRADUATES RESIDING IN DUNSTABLE

Congratulations on your pending graduation!

We are delighted to announce the availability of the Helene Morgan Babcock and Alfred Babcock Memorial Scholarship, and invite you to apply for these generous funds as you continue your education.

During the winter of 1923, the home of the Morgan family here in town caught fire and was largely destroyed. The citizens of our community responded to the crisis by taking in the children (all 17 of them!), keeping the family together and aiding in the reconstruction of their home. One of the children, Helene Morgan Babcock, remembered the words of her mother, "Never forget the kindness of the people of Dunstable," and so established a scholarship fund to be made available to the graduating students of Dunstable as they continue their education.

The amounts of these grants are substantial, with one of the Babcock Scholars receiving \$4,000 each year for up to four years. A number of additional \$2,000 scholarships are granted to other students on a one time basis.

Scholarships may be applied to expenses incurred in the pursuit of advanced education beyond the secondary level in two or four year institutions, vocational education institutions, or formalized apprenticeship programs (the main scholarship for 4 year full time only).

Starting February 11, 2019, applications will be available at the town hall, library, your school guidance office, or by emailing babcockscholarshipfund@gmail.com.

Completed applications can be submitted electronically to the above email, or to the PO Box listed below no later than **March 21st, 2019**. Questions regarding the application process can be sent to babcockscholarshipfund@gmail.com. We hope you take advantage of this wonderful opportunity.

Babcock Scholarship Trustees
P.O. Box 24
Dunstable, MA 01827

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The Roar that Opens More Doors www.laerrealty.com

DUNSTABLE SENIORS

Program Coordinator Susan Tully 978-649-6750
or Email at sjt0213@verizon.net

We are a peer group for those over 60. Seniors meet in the community room of the Dunstable library every Wednesday
Bone Builders, 10:30 - 11:30, dominos 10:30 - noon, lunch at noon. First Wednesday, **BINGO FOR CASH**. Last Wednesday of the month, **POKENO**, bring your pennies. **SCRABBLE & CRIBBAGE** group every Wednesday at 12:30.

IN CASE OF SNOW AND THE LIBRARY IS CLOSED THERE IS NO SENIOR MEETING

February Lunches **February 6**, pineapple glazed pork, wild rice and stir-fry vegetables provided by Dinner Made Simple RSVP by Jan. 30. **February 13**. Pot Luck Lunch bring a small serving of an appetizer, salad, main course or dessert. Our group is made up of great cooks. **February 20** will be grilled panini, either chicken parmesan or Italian. Provided by the Traveling Chef RSVP by Feb 13. Our local Brownie Troop will be sponsoring and serving the meal. **February 27** will be pizza, salad and dessert.

Chocolate & Champagne Wednesday, February 13 from 5:30 – 7:30 (snow date 20th) at Rivercourt Residences in West Groton. There will be a champagne fountain, chocolate delights of all types and music by Bobby G. This promises to be a great time. If interested to car pool let Sue know.

Book Club Like to read? Then we have the group for you. Book group will be meeting Saturday February 16 at 10:30 in the community room of the library. We will be discussing **After Anna** by Lisa Scottoline **Summary:** Noah Alderman, widower and single father, has remarried a wonderful woman. But their lives are turned upside down when her daughter moves in with them. Unbeknownst to everyone, Anna is not simply a selfish beauty, but a dangerously disturbed sociopath. Books may be ordered through the library. New members are always welcome

Rivercourt Residence in West Groton will resume their monthly lunches on April 16, 2019

Indian Hill Music, Bach Lunch Indian Hill Music, 36 King Street, Littleton MA. presents an all Beethoven program. Next show Thurs. February 21. There are TWO PERFORMANCES: 11:00 am and 1:30 pm Indian Hill Music, 36 King Street, Littleton MA. Complimentary coffee, tea and cookies will be served or you are welcome to bring your own lunch. Doors open at 10 am for first show and 12:30 for second show.

Irish Step Dancing Program The Stonehill College Irish Step Troupe will perform at the Dunstable Town Hall on Sunday February 24 at 1:00p.m. The group started in 2016. The student run club which consists of beginners all the way to dancers who compete worldwide. This very talented group performed for us last year and are back to entertain us again. *This is a FREE program funded by the Dunstable Summer Concerts. RSVP please as this was a full house last year.*

Book Delivery to shut-ins is available through the Dunstable Library. Just let Sue know if you or someone you know needs books or audio material.

Introduction to Meditation Wednesday, January 23 at 12:30, Kathy Benson of the Nashoba Nursing Assoc. will give us an overview of meditation and it's benefits.

We are thinking of offering a **Cooking for One** class. It would possibly be held on Tuesdays once a month. Before we go too far on this we need to know if there is any interest. Let Sue know if this is of interest to you.

WEST CHELMSFORD

UNITED METHODIST CHURCH

242 Main St., North Chelmsford, MA 01863

HANDICAP ACCESSIBLE

1-978-251-4834 www.wcumc.us

Worship 9:30AM Professional child care provided.

Sunday School for all ages. Coffee/Fellowship 10:30AM

All are welcome to our Sunday School classes and worship! We have an active music program with handbell choirs and singing for children, youth, and adults. Our worship services feature the music of one of our musical groups each week.

DIRECTOR OF THE COUNCIL ON AGING

Anne Fenochetti Email: afenochetti@dunstable-ma.gov
Hours at Town Hall: **Tuesday** from 11-2 and **Wednesday** from 8-11. You can reach Anne at 978-649-4514 ext. 223 at the Town Hall or by appointment.

DUNSTABLE COUNCIL ON AGING Mary Moeller chairman; Brian O'Donnell, Secretary; Donald Pottle, Mary Dow, Barbara Martin, Vincent Hollins.

The Mission of the Dunstable Council on Aging is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs.

Bone Builders Program is held on Wednesdays and Fridays in the community room of the library from 10:30 – 11:30a.m. Through a grant from Tufts Health and CTI senior Corp. Volunteer leaders run the program. Bone Builders is a fun low- impact strength training and balance exercise program. Each class runs for 60 min. FREE to all seniors, space is available. Talk with Brian O'Donnell

SAND FOR SENIORS The Dunstable Highway Dept. has offered to deliver a bucket of sand to any household that might need some for keeping their steps and walkway safe. Just let us know and we will arrange for a delivery.

Medication Take Back Program Do you have out dated or unused medication in your cabinet? An officer from the Dunstable Police Dept. will be at our meetings on the last Wed. of each month at noon to collect them and dispose of them properly. **Drop off will be February 27th.**

Well Adult Clinic Are held on the fourth Wednesday of every month in the community room of the Dunstable Library. These clinics allow for personalized, one on one attention from a nurse. Offered services include blood pressure and blood sugar screenings, diet/nutrition information and teaching, medication review and assistance with identifying and coordinating community resources and referrals. All residents, of any age are welcome to attend. **Next clinic February 27th from 11-noon.**

Follow up from our Reiki program. Kathy Benson suggests that you contact either -The Healing Garden (Harvard MA) 978-456-3532 -Karen Campbell, Reiki Master (Devens, MA) 978-866-0593

Van Service is available for medical appointments and grocery shopping. Cost is \$5.00 for local trips, Lowell, Chelmsford, Nashua, Tyngsboro, Westford, Ayer, Groton & Pepperell. \$10.00 for any other. Check with Anne Fenochetti as soon as you know when your appointment is to make sure a ride is available.

Meals on Wheels Do you or someone you know need the services of Meals on Wheels? Receive a hot nutritious lunch delivered M-F at around 11:30 a.m. as well as monthly special meals and holiday meals. For more info check with Anne. **DRIVERS NEEDED. Please call for more info.**

Durable Medical Equipment Try us FREE before you buy. Check out the COA's inventory. We have a variety of good, gently used walkers, wheelchairs, transport chairs, canes, commodes and much more that people have generously donated. These are on loan and need to be returned when not in use. PLEASE call first before you drop off items. Accepted items should be brought to the Town Hall only.

Message from the Fire Chief Fire Chief Rich is available to check your smoke detectors you just need to set up an appointment. If you need the assistance of the fire department for a non-emergency situation and you've called the fire station and no one was there. **Please call 978-448-6666 (Fire/Police/ems Dispatch)** they will notify the proper person or service to assist you. **Office # 978-649-6661**

Living Alone Safely in Your Own Home The Dunstable COA is working with the Fire Dept and the Police to keep those seniors living alone safe in their home. They can secure a lock box with a key on to your door at your home so that in an emergency help would be able to get to you quickly. Chief Rich will be available at our Wed. lunches if you have any questions. Call his Office # 978-649-6661 for more information.

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KEEP THIS COUPON

COUNCIL ON AGING NEWS CONTINUED

Groton Memory Cafe Every 4th Thursday from 10:00 - noon at the Groton COA 163 W Main St, West Groton, Ma. Join us for coffee and conversation for individuals and families living with memory changes. FREE, call 781-863-1166 ext. 104 for more info.

Caregiver's Support Group sponsored by Rivercourt Residence For families and caretakers of loved ones with Alzheimer's or other forms of Dementia. If you are feeling sad, guilty, lonely or helpless. You are not alone! Come join us to talk about these feelings and connect with others whose experiences are similar to yours.

For information call: Laurie Morency at 978-448-4122 ext. 250
When: First Wednesday of every month.

Time: 10:30 am – 12noon **Location:** Conference room at 8 West Main Street, Groton MA 01450

Care guides available for families of people with Alzheimer's Disease. Available to download at no cost. The Alzheimer's Disease Assoc. Ma/NH Chapter has an array of resources for families and individuals at each stage of Alzheimer's Disease. These comprehensive guides allow families to address specific issues they are currently experiencing. If you are not sure what guide is best for you call 800-272-3900. To download guide, go to: www.alzmass.org/care-guides.html. The Alzheimer's Assn. home page is located at www.alz.org/manh

Prescription Advantage Now has a continuous open enrollment. Applications available.

Medicare Questions Call Elder Services at 1-800-892-0890

We now have the application for RMV Handicap placards

Charity Navigator There aren't many days go by that we are not contacted to make a donation to different organizations. To make sure they a legitimate and the money you donate is well used. You can now look up these charities at www.charitynavigator.org

Brown Bag Program Elder Services of the Merrimack Valley, Inc. and the Greater Boston Food Bank have joined forces to offer an Elder Brown Bag Program for income eligible residents 60 years and older in the Merrimack Valley. Eligible elders will receive a free bag of groceries on the fourth Tuesday of the month. Pick up at the Tyngsboro Senior Center. Applications are now being accepted and are available through Anne at the Dunstable COA office.

Files of Life pouches are available to **all** seniors. These pouches will contain pertinent information about you that can be left in a visible location, home/car to be used in cases of emergency. You can contact Fire Chief Rich for more information.

Elder Hotline Provides seniors and their families with information related to elder issues. Call 1-888-243-5337 Monday-Friday 10- 4.

Thank You Jean Haight for delicious desserts and the Dunstable Fire Dept for the thoughtful Christmas gifts.

Wish List wrapped candies, decaf coffee, paper napkins, plates & cups, sodas, & snacks Lightweight wheelchairs

Volunteers needed to provide: Prizes for Bingo, deliver Meals on Wheels, Lead an activity or craft, donate a dessert.

Nashoba Nursing Service and Hospice: For information on home health, flu clinics, nursing availability, or hospice - call 1-800-698-3307. Hospice is looking for volunteers to visit patients to give the caregiver a break. Call Wendy Chieffo for more info 1-800-698-3307 ext. 352 or wchieffo@nashoba.org.

Veteran's Service Officer Joe Dean is available to advise what services are available to veterans or the widow(er) of a veteran and their families. for more information email VSO@dunstable-ma.gov or call 978-649-3919

USED CLOTHING DROP-OFF SHED

To benefit: Dunstable Evangelical Congregational Church
Location: Rear Parking lot, 518 Main St., Dunstable, MA 01827
Items accepted: All clothing, shoes sneakers, belts, purses, blankets, sheets, pillowcases, drapes and stuffed toys. (Your donations will not be cut up or shredded.) **(Please... No rags, fabric scraps, pillows, toys or household goods; please understand that the above unwanted items are a hardship and expense to dispose of.)**

Send clothing to people who can use it all over the US and World while helping the environment. Receive a tax deduction for your donation. Receipts are on the shed. ****Help us keep your donation clean and dry.**** Please put in tied or closed bags.



MAC N' CHEESE & DESSERT BAKE-OFF



MAC N' CHEESE & DESSERT BAKE-OFF!

Sun, Mar 31, 4:00 PM - 6:00 PM

VFW Post in Pepperell

Feel like taking a night off from cooking to enjoy unlimited Mac N' Cheese and a variety of desserts? Please join us for Maple Village Preschool's Second Annual Bake-Off!

We're excited to add raffles to this year's competition as well.

NEW this year - Kid's Baking Competition for ages 13 and under!

Want to compete or donate a raffle basket for fun or for free publicity?

Email mclane.chrissy@gmail.com.

Cost: \$5/kid, \$10/adult, \$35/max per family.

Proceeds will fund replacing outdoor playground equipment.

**SHEPHERD OF THE VALLEY
LUTHERAN CHURCH**

Now holds services and other activities at the Federated Church
21 Washington St., Ayer, MA (978) 540-0768

<http://www.sov-lc.org>

Pastor Rev. Susan Gaeta Fall Worship is at 10:15

Shepherd of the Valley Lutheran Church **fall worship time is 10:15AM**

The youth and accompanying adults of Shepherd of the Valley Lutheran will be going into Boston on Friday, February 15th for a 2 day stay for City Reach.

Once there, they will help in the distribution of clothing for the homeless. This is a truly meaningful experience and is open to those who are in 7th grade or older (including adults). If you have a donation of clean new or used clothing it can be dropped off at the Federated Church on Sundays between 10 AM and 1 PM. Sweat-shirts, coats and warm wear are the kinds of clothing most needed.

YOU'RE INVITED!

**IT'S THE 50TH ANNIVERSARY OF
THE NASHUA RIVER WATERSHED ASSOCIATION!
1969-2019**

The NRWA wants to celebrate with you. We are offering opportunities to paddle on our rivers, hike on our trails, tour our cities, and observe our wildlife. In 2019, there will be a free program in each of our 32 communities. Everyone is invited to attend. Come to one program or come to all!

We are proud of the tremendous progress we've made restoring our rivers, protecting their greenways, and inspiring tomorrow's stewards. We look forward to our collective future-working together to protect this beautiful place we call home.

In January it was Cold Water Fishing in New Hampshire.

February 9th is Winter Wildlife Along the Quinapoxet River in West Boylston, MA Hike along the Quinapoxet River and historic mill sites looking for signs of winter wildlife activity. From 1 to 2:30 pm on the Mass Central Rail Trail.

For individual program details including registration information, as well as more about our 50th Anniversary and our work, visit www.NashuaRiverWatershed.org.

DUNSTABLE GRANGE #31



CELEBRATING 150 YEARS

Dunstable Grange Meetings are held each month at Dunstable Town Hall at 8 p.m. unless otherwise noted. Call for more information 978-649-3934. Come join Grange! *All are welcome! Refreshments will be served.*

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www.dunstable-ma.gov click on library

Mary Beth Pallis – Director – mpallis@mvlc.org

Karen Debrececi – Children's Librarian – kdebrececi@mvlc.org

Like us on FACEBOOK to receive program updates!

www.facebook.com/pages/Dunstable-Public-Library/219991908117595

Featured Display This month's display is an assortment of Valentines' Day collectables. Come and check it out. If you would like to display your artwork or photographs in the community room, we would love to host you. Please contact Karen at kdebrececi@dunstablepl.org.

Community Room Artist Check out the new artwork done by Alice Sneizek. Her new collection of paintings are wonderful!

Display Table Artist Katherine Valliere will be displaying her adult coloring book art.

Library Passes available Take advantage of these great passes: Boston Museum of Fine Arts, One Stop Fun, US Constitution Museum in Charlestown, and a pass to 50 Massachusetts State parks. New Discount Pass – Salem Witch Museum and Merrimack Repertory Theatre.

Adult Reading Group The group will meet on Saturday, February 16th and every third Saturday at 10:30a.m. in the community room of the library. New members are always welcome.

Quilter's Group Meet from 6:00 -8:00 p.m., first and third Tuesday of the month. If you are interested in learning to quilt or would like to join other quilters, this could be the perfect opportunity for you.

Knitting and Crochet Class under the direction of Donna Acquaviva. The class will be held on Monday nights at Swallow Union School from 6:30 – 8:00.

Cook Book Club. The library has a cookbook club! We will have a cookbook displayed each month and you can select and make a recipe from the monthly selection. Then we will get together on the last Friday of the month at 12:00pm to enjoy the dishes. Signup sheet will be at the desk. This month we will be meeting on **February 22nd at 12:00pm**. New members are always welcome.

Preschool Story Hour Please come in with your 3, 4 or 5 year old for story hour. Story hour is held on Thursdays and Fridays. We meet from 10:30 – 11:30. The program includes stories, songs and a craft or activity. Come in and join the fun!

Afternoon Story Hour This will be for older children who have ½ days in kindergarten or older preschoolers. We will meet on Thursdays at 1:30 pm. We will still do a craft, so please wear clothes that can get messy.

Children's Craft Our next craft time will be **Tuesday February 19th at 4:00 pm**. This activity will be for children that are **8 years old or up**. We will be making yarn art, canvas art and foil art embossing. Please sign up at the library or email Mrs. D. at kdebrececi@dunstablepl.org.

On Going Book Sale in the Community Room at the library. Come in and check out the selections that are here. Hard Covers \$1, Paperbacks 5 for \$1, DVD's \$2.00 and CD's \$1. If you would like to donate to the ongoing book sale, please bring current books (not older than 2 years) or any children's books in good condition. Please bring your donations inside, instead of leaving them at the door. We cannot accept magazines, older books, or textbooks.

Homework Club The library is offering homework help every Tuesday night from 6:00-7:00 for the school year. This is a free service for children from Kindergarten to High School. Honor Students from local high schools are available to help the children. These students help children understand their math homework and more. If your child is attending, please call by 5:30 so we can be sure a student will be here for your child.

FREE ACTIVITIES FOR YOUNG CHILDREN WITH THEIR PARENT OR CAREGIVER

Calling all children, ages birth – 5, with their parents or caregivers, to FREE Playgroup/Literacy/Story and Craft Times. This grant-funded program is open to anyone, regardless of where you live. These programs follow the school year calendar.

Groton and Dunstable

Family & Community Programs

Join us on any 1st **Tuesdays** during the school year -1:30 p.m. at: Dunstable Congregational Church, 518 Main Street, Dunstable

Join us on any all **Mondays** during the school year -9:30 a.m. at: Peter Twomey Center (behind G-D Middle School North), 348 Main Street, Groton

Townsend and Pepperell

Family & Community Programs

Join us on any 1st and 3rd **Tuesdays** during the school year -10:30 a.m. at: Pepperell Library (Lawrence Library,) 15 Main Street, Pepperell

Join us on any **Wednesdays** during the school year -10:30 AM at: Townsend Library, 12 Dudley Road, Townsend

Please contact Jana Harrison, at jharrison@awrsd.org, or 978.874.0163 for further information.

TROOP 28 NEWS

Scouts BSA Troop 28 Dunstable meetings, **Monday from 7 PM - 8:30 PM** at the Dunstable Congregational Church. Any boys in grades 6-12 are welcome to attend along with their families.

Scouting is a great way to build self-confidence, character, and leadership while having fun, making friends, going on adventures, and serving your community.

Troop 28 does all sorts of activities including kayak trips, day hikes, camping trips from 1-5 nights, bike trips, cooking competitions, shooting sports, trampoline jumping nights, and more. We serve our community with conservation projects, citizenship work, and service to our seniors and veterans.

All activities are completely voluntary and Scouting is easy to fit around sports and other activities. Our Troop has a great history of developing young people into self-confident leaders, including many Eagle Scouts.

Call Scoutmaster Sarath Krishnaswamy at 978-846-0120 or sarath@alum.mit.edu if you'd like to learn more, or check our website out (dunstable28.mytroop.us) or gdscouting.org for more information.

RISE SPRING COURSES BEGAN FEBRUARY 4TH

Seniors can choose from more than 58 five-week courses with two start dates. First term courses began February 4 and end on March 15; second term courses begin March 18 and end April 26. There are no learning prerequisites, no tests and no credits earned. Membership for the ten-weeks of courses is \$130.00 and includes the use of the Muldoon Health and Fitness Center, Regina Library, and Dion Dining Center.

Members may participate in up to five courses each term. Course topics include literature, history, music, art, computer science, psychology, religion, philosophy and spiritual enrichment, writing, world cultures, current events, film, moderate exercise, and water exercise. Twenty of the courses are new for spring.

Course brochures are available online, at local libraries and senior centers, and at the RISE Office at Rivier University. The RISE office is in Memorial Hall, Room 126, on South Main Street. Seniors can view and download a brochure from the RISE website www.rivier.edu/raise and/or <http://www.facebook.com/RISE1997>. Additional information is available by calling (603) 897-8623.



Greetings Neighbors!

Swallow Union is still in the running for that #1 in the state spot thanks to our generous community! Thank you for your continued efforts, and please, keep those Box Tops coming by asking friends, families, and neighbors to help get us to the top!

New year, new Box Top products – add Annie’s Baking Mixes to your next grocery list! And before hitting up the grocery store, check in with the BTFE app, you can often double your box tops by simply scanning your receipt. So far, we’ve earned \$245 through this easy to navigate app. Check in with the website (btf.com) often for sweepstakes and updated in-store promotions. The website even offers printable and digital coupons on participating products!

You can turn in your carefully clipped Box Tops to any of these Dunstable drop-off locations: Swallow Union, Maple Village Pre-school, the Library, post office, and West Auto Repair. Thanks again for your support!

Jen West & Cristina Agraz & Chrissy McLane

Box Top for Education tri-chairs for
Swallow Union Elementary School
swallowunionapt.org

aptswallowunion@gmail.com facebook.com/SwallowUnionAPT



46 Coburn Road
Tyngsboro

Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, and observe meadow wildflowers and butterflies. It’s a great place for outdoor exercise and to enjoy nature close to home. Sherburne Nature Center and Trails activities are open to all who are interested. Activities go rain or shine. In extreme weather conditions, activities are cancelled. No reservations or fees required. Children under 16 must be accompanied by an adult.

Please note: The tennis court behind the Sherburne Nature Center is PRIVATE property.

It is not part of the PUBLIC Nature Center property.

CUB SCOUTS PACK 28

Interested in scouting? You and your child(ren) are invited to join Pack 28 Scout. There are many fun activities your child(ren) can do in scouting that help to build their skills and confidence so they can grow to their full potential. *Cub scouts is open to all boys and girls in Kindergarten through 5th grade (age 5 as of 8/28/18).* Some of the activities we have planned for the upcoming Scout year include: Pack Campfire @ the Dunstable Rural Land Trust Pinewood Derby Rocket Launch Memorial Day Parade Fishing Derby Hiking

For more information, please contact: Jen Neiley Membership Coordinator jen@geoff@gmail.com or Chris Braun, Pack Cub Master chrisjbraun@verizon.net (617) 640-1678

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18 Pondview Place, Tyngsborough, MA (across from Skate 3)
Sunday school –10am Sunday worship 11am & 6pm Mid week prayer meeting – Wed. 7pm. Home Bible study – 7pm, 1st and 3rd Thursdays @ 163 Highland St., Hudson, NH Call Pastor Steve Willett @ 978-957-0648 www.anchor-bible-church.org

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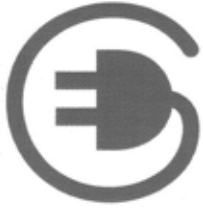


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COMING UP AT INDIAN HILL

INDIAN HILL MUSIC - YOUTH WIND ENSEMBLE 'PLAY-IN':

Wind, brass, and percussion players (grades 7 – 12) are invited to experience our regional concert band. Meet conductor Jason Bielik, participate in an open rehearsal, sign up for spring auditions, and enjoy a pizza social: **Thursday, February 7** at 6:15pm, 36 King Street, Littleton, MA. Free admission – advance registration required at (978) 486-9524 (press 0) or www.indianhillmusic.org.

BLUEGRASS JAM WITH TONY WATT DUO: Enjoy a toe-tapping Bluegrass set led by guitarist Tony Watt and fiddler Laura Orshaw followed by a casual jam session. Bring your instrument to sit in and play, or just come to listen. **Friday, February 8** at 7:30pm, 36 King Street, Littleton, MA. TICKETS: \$10 (Free for Indian Hill Music students) Learn more: (978) 486-9524 or www.indianhillmusic.org.

VIOLINIST ROBYN BOLLINGER: Indian Hill Music presents outstanding violinist Robyn Bollinger in her multimedia performance project "CIACONNA: The Bass of Time," featuring music of Biber, Bach, Bartok, and Berio. **Saturday, February 9** at 8:00 pm, Kalliroscope Gallery, 264 Main Street, Groton, MA. TICKETS: \$35 (includes post-concert reception with the artist). Learn more: (978) 486-9524 or www.indianhillmusic.org.

INDIAN HILL MUSIC 'DISCOVERY LECTURE': "The Art of Chamber Music" - Lecture and open rehearsal of music by Beethoven and Rachmaninoff with pianist/composer Eric Kamen and guest artist Daniel Rowe, cello: **Tuesday, February 12** at Noon, 36 King Street, Littleton, MA. ADMISSION: \$10 (Free for Indian Hill Music students.) Bring your lunch! Learn more: (978) 486-9524 or www.indianhillmusic.org.

'BACH'S LUNCH' CONCERT: Indian Hill Music presents an all-Beethoven program with pianist Eric Kamen and cellist Daniel Rowe. TWO SHOWS - **Thursday, February 14** at 11 am and 1:30 pm, 36 King Street, Littleton, MA. Complimentary coffee, tea, cookies; bring your lunch. FREE admission. Reservations for groups at (978) 486-9524. Learn more at www.indianhillmusic.org.

WINTER ARTS MASH-UP: February 19-22 at Indian Hill Music School. February vacation program for ages 6 – 10 offers four days of music, visual arts, dance, and coding. Full-day and half-day options, plus before and after care available. Presented in partnership with NOA Gallery, Harvard Academy of Dance, and Code Wiz. Program takes place at Indian Hill Music School, 36 King Street, Littleton, MA. Sign up online at www.indianhillmusic.org or call (978) 486-9524 (press 0) to learn more.

PIANO MASTERCLASS: Guest artist Ya-Fei Chuang will offer a piano masterclass at Indian Hill Music School: **Saturday, February 23** at 10:30am, 36 King Street, Littleton, MA. Learn playing techniques and tips while watching Ms. Chuang work with selected Indian Hill Music School students. FREE admission. Learn more at (978) 486-9524 or www.indianhillmusic.org.

ORCHESTRA OF INDIAN HILL: Maestro Bruce Hangen and the Orchestra play the best of Brahms: Hungarian Dances, Symphony No. 3, and Piano Concerto No. 1 featuring guest pianist Ya-Fei Chuang: **Saturday, February 23 at 7:30pm**, Littleton HS Performing Arts Center, 56 King Street, Littleton, MA. TICKETS: \$20-35-50 (Free for Indian Hill Music students) Learn more: (978) 486-9524 or www.indianhillmusic.org. Lead sponsor: *Deluxe Corporation*. Media Sponsor: *Wicked Local*.

STUDENT RECITALS at Indian Hill Music: Hear Indian Hill Music School students perform in a variety of music styles and groups at 36 King Street, Littleton, MA. (A great opportunity to see what we do and meet our talented faculty.) FREE admission. Call (978) 486-9524 or visit www.indianhillmusic.org for recital days and times.

ART EXHIBIT: The Gallery at Indian Hill presents "Reconstructed Vistas" – acrylic paintings on panels by John J. Daly. **On view through February** at 36 King Street, Littleton, MA. (Check gallery hours online.) FREE and open to the public. Learn more: (978) 486-9524 or www.indianhillmusic.org.

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Pastor Denis Frediani 1-603-579-0904
www.tyngsborocongregational.org
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JOIN US FOR SUNDAY MORNING WORSHIP

OUR MISSION: Glorify God by encouraging all people to know Jesus together in Faith, Love and Service. Worship Service at 10:00 a.m. Nursery available. Followed by Fellowship and Refreshments. Cancellation information will be listed on our website: www.tyngsborocongregational.org

• **THANK YOU** to all who attended our Holiday Events! Our Annual Christmas Fair was well attended as well as our Christmas Eve Candlelight Service. We hope you enjoyed the events as we celebrated the Birth of Baby Jesus and wrapped up our 150th Church Celebration festivities. Each family received a special 150th Christmas ornament to hang on their Christmas trees.

• **Then there was one more surprise for our congregation!** A very talented craftsman at our Church had collected some of the original old hardwood flooring when we replaced the floor in the Sanctuary a few years ago. He made a beautiful cross from that original wood for our altar, then he made many small crosses that were given out to each family at our year-end December 30th Church Service! What a beautiful and special gift to have as we concluded our 150th Anniversary!!! **Thank you, Paul Chizook!**

• **Sunday School program** for all ages. Children will begin the Sunday Services with their parents and will be dismissed to their age-appropriate classes at 10:15am. It is important to note that all adults working with children have passed their CORY applications to ensure a safe environment for our children

• **All Executive Boards and Committee Meetings have begun**

• **LADIES BIBLE STUDY** -Has begun on Tuesday morning, from 9:30 am to 11:30 am Bible Study will begin on the Book of James. There is still room if you would like to join this amazing study group.

• **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: 1. Log onto the church website <http://www.tyngsborocongregational.org> 2. On home page you will see a photo of the church. Hover the cursor over the word "SERVING" 3. Click once on the word "SERMONS" 4. Scroll down to see "Listen to our sermons for free on SoundCloud.com" 5. Click once on the link/word "SoundCloud.com" 6. Below the Church logo sermons listed by date, passage, sermon title 7. Click orange circle to listen to the sermon you desire.

• **CORPORATE PRAYER TIME** - We would like to announce that we have begun Corporate Prayer time in the Sanctuary each Sunday after our Church Service. This begins at 11:45 am and we would like to invite you to join us to pray for whatever may be on your heart.

• **SUNDAY SERVICE CANCELLATIONS** - If Sunday Worship Service needs to be cancelled due to inclement weather, we will post the cancellation on the following TV stations: WBZ Channel 4; WCVB Channel 5; WHDH Channel 7 and WMUR Channel 9

• THE THRIFT SHOP •

Located next to the church is open to the public on **Thursdays and Saturdays from 10:00 a.m. - 3:00 p.m.** We offer an assortment of clothing, shoes, handbags, baby items, books, small appliances, dishes, glassware, jewelry, etc. **Please do not drop off** large items as we do not have the means to dispose of these.




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DUNSTABLE TYNGSBOUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to helping the community through donations raised by volunteers.

Officers for the 2018-2019 Lions Year

President: Mark Alexander, 2nd Vice President: J.J. Ward,
Secretary/Treasurer: Bob Reich, Director: Richard Lowe

Anyone who would like to join the Lions is asked to call Bob Reich at 978-649-5874 or Mark Alexander at 978-649-9124. Our Regular Meetings are held on the first Tuesday of the month starting at 6:30 pm. Call one of the members, at the telephone numbers given above, to find the location.

EVENTS

Two packages were put together to send overseas to military personnel. The packages contained practical everyday items a service person needs along with some items for enjoyment.

YOU CAN HELP BY DONATING THE FOLLOWING

Used eyeglasses are collected for refurbishment and distribution to less advantaged people around the world.

CAN TABS (in sealed bags) are also collected for kidney dialysis time through the Shriners Hospital.

Lion's collection boxes for eyeglasses and tabs (in sealed bags) are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Tyngsborough Council on Aging Senior Center, 169 Westford Rd., Tyngsborough and Dunstable Town Hall, Post Office and Library.

BARN DANCES

Held at **The Parish Center for the Arts**, Corner of **Boston Road and Lincoln Street on Westford Common**, PO Box 411, Westford, MA 01886 **978-692-6333**; PCA@Westford.org

Our **regular fourth Saturday monthly Barn Dance** at the Parish Center for the Arts. • **Saturday, February 23, 7:30pm**, Dudley Laufman calling • **Saturday, March 30, 7:30pm**, Dan Veino calling No experience required. First-time dancers: **come at 7:00pm for free instruction**. Saturday fee \$6 adults; Students 21 & under free.

Sunday Afternoon Dances:

- **Sunday, February 10, 3pm**, Marcie Van Cleave calling
 - **Sunday, March 10, 3pm**, Jacqueline Laufman calling
- Oh, Contraire provides the live music.

Sunday dance fee is Adults \$5 and Kids \$3.

There is a maximum fee of \$15 per family.

Oh, Contraire provides the live music.

LOADING DOCK GALLERY

122 Western Avenue Lowell, MA 01851

Show: "I Heart..."

Show Dates: Through February 24, 2019

The member artists of The Loading Dock Gallery are revealing what lies deep in their hearts in a new art exhibition entitled "**I Heart...**". In The Loading Dock Showroom Gallery, our members will exhibit the works that manifest their passions and love for the arts. Marvel at the unique mediums our 30+artistsemploy to express themselves, and let their talents inspire you!

The Loading Dock Gallery, located at 122 Western Ave., 2nd Floor, Lowell, MA. The Western Avenue Studios is a unique collaborative art community. Our artists utilize a diverse variety of mediums such as glass, pottery, fine visual arts, jewelry, fiber, paper, sculpture, photography, graphic arts, literature, and more.

For questions, comments or additional information, please contact the Gallery at (978)596-1576 or Email at loadingdockgallery122@gmail.com.

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AMVETS POST #247

ROBERT D. PELLETIER

90 Pawtucket Blvd. Tyngsborough, MA

We hold our meetings on the 1st Tuesday of the month at 7 p.m. all veterans are welcome with 180 days or more of active duty. Come down and join us for a meeting. *God Bless America.*

OFFICERS: Commander: William A. Beaton; 1st Vice: John McDermott; Adjutant: John Cogan; Finance: David Coles; Judge Advocate: Roland Milliard; Provost Marshal: Roland Russell; Chaplain: Rod Woods. E-Board: Steven Harris, Jan Dombrowski, Ron Russell.

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AMVETS National Website: <http://www.amvets.org/>



ROBERT D. PELLETIER

AMERICAN LEGION POST #247, INC.

90 Pawtucket Blvd. Tyngsborough, MA 01879

Active duty military and veterans always welcome to join. For further information call 978-649-7540. Remember to attend the committee meetings on the first Thursday with your input and ideas.

The public is invited to get involved in all events of the post. The veterans monthly dinners will continue on the first Wednesday of the month. We are always looking for help to serve the veterans. *Keno and Scratch Tickets are available at the Post. There is an ATM in the Post for your convenience.*

Elected Post 247 Officers serving for 2018-2019

Commander: Ray Hamelin; Sr. Vice Commander: Pete St. Peters; Jr. Vice Commander: Michael Milisci; Finance Officer: John Burke; Adjutant: Don Pierce; Judge Advocate: Rolland Millard; Executive Board: Marty Bloomgern, Joe Conlin and Robin Dion

Visit our website, www.LegionPost247.org

This website contains a wealth of information about the Post.

Please remember to be safe & keep our troops in your prayers.



AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Meetings are held the first Thursday of each month at 7pm.

Auxiliary Unit 247 Current Elected Officers:

President: Bernadette Harper; Sr. Vice: Josephine Beauregard; Secretary: Patricia Modrich; Treasurer: Diane Dileo; Chaplain: Rebecca Modrich; Executive Committee: Mary Dupras, Annette Coles and Kathleen Oiljey. Debra St Peters was installed as Unit Sgt-At-Arms at the October meeting.

For information on the Auxiliary Unit meetings, or functions contact Unit President Diane Dileo at 978-204-9329

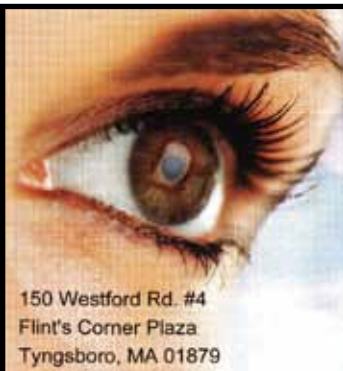
We also would Welcome New Auxiliary Members 18 and older. Contact Unit President or Treasurer.

••• **The Unit Jr. Auxiliary is accepting new Jr. members.**
Contact 978-649-7540 if interested in joining.

"NEW HORIZONS"

Dracut Community Band Is Welcoming New Members
Instrumentalists wanted to play in the Dracut Community Band. Open to all musicians 18 years and older who live in Dracut and surrounding communities. No audition is required but members should have some playing and music reading experience. Come and join in the fun! We rehearse on Thursday evenings at Christ Church United in Dracut Center from 6PM to 7:15PM.

Please call Maureen Johnson at 978-454-0055 or email johnsonmusic340@gmail.com for more information or if you'd like to join. *NHDCB is a non-profit and is partially supported by a grant from Massachusetts Cultural Council*



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DREAM BUILDERS' GALA AND AUCTION

Celebrate, dress-up and have a fun night, all while supporting one of Lowell Habitat's most exciting events of the year, our 'Dream Builders' Gala and Auction. Join us at UMass Lowell Inn & Conference Center from 6 pm – 10 pm on Friday, March 1, 2019 for an exciting night of cocktails, seated dinner, gala raffles & games, as well as silent and live auctions. Thank you for making homeownership possible in your community by purchasing tickets to the Lowell Habitat 12th Annual Gala and Auction. We are looking forward to having you join us.

<https://www.501auctions.com/dreambuilders2019>



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ALTRUSA UPDATE

Organized in January 1976, the Altrusa Club of Merrimack Valley is celebrating its 43rd year of service in the Greater Lowell/Greater Nashua area. Altrusa's mission is to promote literacy and to make a difference in the lives of those in need in our communities.

The ALTRUSA Club of Merrimack Valley extends a big thank you to Barnes & Noble (B&N) of Nashua for giving us the opportunity to participate in the 2018 Charity Gift Wrap, an annual event which provides a valuable fund-raising resource for non-profit charities to continue their community outreach. The hospitality of B&N, along with the generosity of their patrons, always makes this a special and enjoyable holiday endeavor...and we are grateful for this gift. Thank you to all the patrons who stopped at the gift wrap table and helped us achieve our fundraising goal.

Christmas gifts and age appropriate books were purchased and delivered to the children living with their teenage Moms at Brigid's Crossing in Lowell. "The house is very busy these days with all of the toddlers and preschoolers around." (Johanna Ford-Hunt, Program Manager)

The Altrusa Club meets on the 2nd and 4th Tuesdays of the month. To learn more about Altrusa, e-mail us at altrusamv@gmail.com or visit us at www.altrusa.org.



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Fri 9:00 A.M. - 5:00 P.M.
Sat 8:30 A.M. - 11:30 A.M.

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A night to come together and help kids in poverty realize their full potential.

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www.catiescloset.org/gala2019

or call (978) 957-2200

PET HEALTH DUNSTABLE ANIMAL CLINIC

A FEW TIDBITS

Tara M. Sacramone, DVM



I went to a continuing education meeting at Tuft this past Sunday and I learned many things, so I thought I would pass some on to all of my loyal readers.

We often see dogs who were adopted from the Southern USA or other warm climates. My own little dog is from Tennessee. Most of these dogs have had a negative heartworm test. The problem is that it can take 6 months for a heartworm test to convert to positive. Therefore all rescue dogs should be put on heartworm prevention and retested six months after arriving in New England. Also, recent studies have shown that Avantage Multi (a topical monthly flea/tick medicine) might be the best preventative to use with a dog who is in that category and can even be used as a long-term therapy to kill adult heartworms in positive dogs if your dog cannot handle the standard adulticide therapy.

Lyme disease continues to be researched, however what to do in animals is still unclear, even with the researchers. A few facts remain the same. The annual heartworm test that looks for tick borne diseases proves exposure only. About 10 - 20 % of exposed dogs become ill. In order to say the dog has Lyme disease the dog has to have clinical signs and a positive blood test. The two things all of the experts agreed upon are that clinically ill dogs should be treated for 28 days, and that all dogs should be on some sort of tick control. The deer tick does not hibernate through the winter. Snow can physically block them, but if there is no snow on the ground your dog should continue to use tick control.



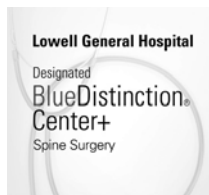
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COMING HOME TO CATHOLICISM

This is a program offered by St Kathryn Parish, 4 Dracut Rd Hudson, NH as a two Day Retreat on consecutive Saturdays, February 23rd and March 2nd, from 10 AM to 2 PM. The program is for those who have left the Catholic Church, for any reason, and might be feeling the calling to return. All of the Team members have left the Church at one time and have returned, providing a comfortable and understanding atmosphere for others looking to return. The program is designed to answer most of the questions returning Catholics might have and some discussion to address any individual concerns (don't worry, participants can share as little or as much as they'd like). **Anyone interested can contact the parish office at 603-882-7793 or simply attend on February 23rd at 10:00 AM. Feel free to bring a friend.**

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Chez Claire Art Program

New Winter Art Program for adult and children. Art classes at Chez Claire Art School. This new program starting the week of February 4 has Drawing, Watercolor, and Acrylic Weekly Classes. It runs February and March. Drop-ins are welcome and you can also join after Feb 4th.

All classes offer personalized instructions as there is a maximum of 4 students per class. Private lessons are also available.

For more information and to register, go to my website: www.chezclaireartschool.com/page/18068/2019-winter-art-program
Or contact Claire Gagnon, Art Teacher, at 617-901-3873 (cell) or by email at claire@ChezClaireArtSchool.com.



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•• **Our new smaller Thrift Shop is open** at 166 Middlesex St. North Chelmsford behind Hertz car rental. Tuesday-Saturday 9-2:30pm. Stop in and see our new shop and pick up some bargains and support our mission.

WISH LIST: Kitchen Tables, Love Seats, Full & Queen Mattress Sets (no rips or stains), Metal Adjustable Bed Frames, Infant Car Seats with Attachable Stroller (less than 3 years old), Toasters, bake ware, mugs, Coffee Makers, Metal Spatulas, New Shower Curtain Liners New Rubber ducks, Bubbles, Beach balls, Chalk, Crayons & Coloring Books

BITS Bags prevent developmental delay in poor children

Did you know that poor children are at higher risk for developmental delay because they lack toys for stimulation. Our BITS Bag project (Basic Items for Toddler Success) tries to help those at risk families. You can help by donating filled bags, collect items or sponsor a bag by making a financial contribution and we will supply a bag in your name, to honor a family member or in the name of your company. If you prefer to shop online you can purchase items from our [Amazon BITS bag wish list](#) and ship your donation directly to us. **The deadline for project goods is April 6th.**

42ND STREET We are excited to be partnering with ACTORS inc in the Spring when they bring their newest musical 42ND STREET to the Carl Rondina Performing Arts Center in Chelmsford. Showing 4/12 - 4/14 the performances will be supporting The Wish Project. For more information and ticket purchases go to their website www.actorsincorporated.com or call (978) 984-3151.

IMAGINE SOAP AND TOOTHPASTE BEING A LUXURY ITEM

Did you know the number one cause of a person going into shelter is loss of a job? Many people live only one or two paychecks away from not being able to pay their bills and then losing their homes. After they have lost their housing their next step is to find space in a shelter. At the same time they can apply for food stamps, they will be approved for those quickly because they want you to eat. Cash assistance can take a month to receive. Food stamps can only be used to purchase food. If you have a child in diapers, food stamps can not be used to purchase diapers or shampoo. Shelters don't provide personal care items, primarily because they don't get enough donated. **NOW IMAGINE** that on Mother's Day these same women receive a gift bag from The Wish Project containing new toiletries, soap, shampoo, conditioner, toothpaste, feminine care products, a hair brush, a pair of socks and deodorant. Just imagine how grateful these women would be that they don't have to wait a month to be able to afford these items, or choose between buying diapers and feminine hygiene products. That is why for Mother's Day we try to provide as many moms living in shelters with a few very basic toiletry items, because we don't believe soap and toothpaste are a luxury! This year we are starting the collection for Mother's Day early because we depleted our toiletry stockpile to assist the people involved in the Lawrence and Andover gas explosion. **Deadline for complete bags or project goods is April 27th.** If you would like to participate in this project follow this link to the [Mother's Day project page on our website](#) and see how you can help or email Lori at lori@thewishproject.org and tell her how you can help. You can also donate by ordering from our [Amazon Mother's Day bags link](#) and ship directly to the warehouse.

About Us The Mission of The Wish Project is to help families in need in Merrimack Valley. www.TheWishProject.org or call us at (866) 947-4360. **Mailing address is:** The Wish Project, PO Box 8693, Lowell, MA 01853

If you would like more information please contact Lori at Lori@thewishproject.org and let her know how you would like to help. You may also make a donation on our website.

EDITORS NOTE: If you are reading this in the printed version, and do not have access to a computer, please call the Wish Project at (866) 947-4360 for more information.

ELISABETH BRUYÈRE AWARDS DINNER MARCH 28TH AT LENZI'S IN DRACUT

Ste Jeanne d'Arc School invites you to join us as we honor **Monique Letendre** at the annual Elisabeth Bruyère Awards Dinner on March 28th at Lenzi's in Dracut.

This annual event was established to recognize persons in the community who, by their lifestyle and activity, have also prioritized the same values which motivated Elisabeth Bruyère, persons whose generosity, openness and caring have become synonymous with their names.

Monique Letendre has been a professional educator since 1972 and has served Ste Jeanne d'Arc School's students since 1987. She has been an active member of the community and has had a positive impact on the lives of countless students as a French teacher and Assistant Principal.

Thursday, March 28, 2019 at Lenzi's - Dracut, MA
Cocktail hour 6:00 PM, Dinner & program begin at 7:00 pm
Donation: \$100pp

Master of Ceremonies: Atty. Steven Panagiotakos

Guest Speaker: Henri Marchand

Find sponsorship opportunities and guest registration at
www.sjdar.org/gala



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Published by Anne M. Paquin

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Leave a message at (978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

I would like to thank all of you who take the time in your busy day to write up and send in your articles or news for your organizations. If it comes in late or I run out of space, I will try to post it as soon as possible on the website.

There is no fee for publishing the news or events. Only if a display ad is wanted. Send me an email so I can send the rate sheet to you if you are interested in placing an ad.

If you prefer to read the NtoN online, or you misplace your issue, you can go to my website

www.neighbortoneighbor.com and read both the Tyngsborough and the Dunstable editions. For 35 years advertisers have made it possible for all residents of Dunstable and Tyngsborough to receive this publication free of charge at their home.

I truly thank all of you for your continued support of *Neighbor to Neighbor*. Your loyalty is greatly appreciated.

The purpose of the *Neighbor to Neighbor* continues to be the same. To give you some local news, interesting events to enjoy, informative articles and a place to find local businesses within the community to help you in your every day life. *I look forward to hearing from you soon for the March issue!*

Sincerely,
Anne

Rotary CLUB OF TYNGSBORO/DUNSTABLE

Rotary Motto: Service Above Self

Theme: Rotary Making a Difference

The Rotary Club of Tyngsboro/Dunstable has been serving the Tyngsboro and Dunstable area for 44 years.

We NOW meet at the Dream Diner, on Middlesex Rd., Tyngsboro, on the 1st & 4th Thursday of the Month at 7:15am, as well as the 2nd & 3rd Thursday of the month at 12:15pm.

Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

For further information about Rotary, please email us at tdrotary@yahoo.com or visit our website at: www.tdrotrary.org.

Thank you for your continued support.

DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827

www.Dunstablechurch.org

978-649-6251

Pastor Bobby Ross pastorbobby@dunstablechurch.org

DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."

Join us for Sunday Worship Service at 10:00 am each Sunday. Child care is available during the service for infants through kindergarten age. Pastor Bobby Ross leads our worship services which feature a variety of music, scripture readings, corporate prayer and spoken messages and with Communion (the Lord's Supper) served on the first Sunday of every month. Everyone is welcome to an informal time of fellowship with coffee, tea and refreshments after worship.

CHILDREN'S SUNDAY SCHOOL is regularly held at 10:00 am. Children will sit with their family for the first part of the service, then move on to class for the remainder of the service. Classes are for children age 6 and up. Children 5 and under are welcomed in the Nursery at the beginning of our service. For more information and to sign up to help, please contact Shellyannross@gmail.com.

DECC YOUTH: Regular meetings are held on Sundays from 4:00-6:00 PM but special events may be held at other times.

Please contact Jon Hughes at 978-393-7708 if interested and to confirm location and time of meeting.

SCOUT SUNDAY: Sunday, February 17th or 24th. Contact your leaders. All Scouts, Girls and Boys, will be recognized and some may participate in the Sunday morning service which begins at 10:00 AM.

COMMUNITY PIE BAKE-OFF! Open to anyone who loves to bake yummy pies! Think about your favorite. **This will be held on Saturday, March 16.** Drop off your favorite homemade pie between 10:00a.m. and noon at the Fellowship Hall of the Dunstable Church. All ages are welcome to enter. There is even a category for those who prefer to use a store-bought crust. Judging is on a point system with everyone starting with 15 points. Judges are looking for: 1. Best over-all presentation 2. Quality of crust 3. Filling flavor

Judging will take place during the afternoon. Awards will be made for best youth pie (up to age 16). And the Silver Spoon award for the best over-all pie. Please, the judges request a recipe to be included.

The public is invited to come to the Fellowship Hall at 6:30p.m. to do their own taste testing. For more info email sjt0213@verizon.net

Come visit your community's church. Visit any Sunday morning at 10:00 am. We will be happy to greet you. For more information about any of these events, contact the Church office 978-649-6251, email info@dunstablechurch.org or visit our website at www.dunstablechurch.org



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EVENTS AT LEGION POST #247

Beginning Feb, 1st, the Post will be offering home made Subs on Monday & Friday from 12-3 at \$5.00 ea.

- Feb, 9th, Amvets Meat Shoot 7:pm
A Valentine Raffle will be drawn At 8:pm
- Feb, 24th, Ladies Auxiliary Meat Shoot 4:pm
- Sunday, March 4th, Legion Meat Shoot 4:pm
- Saturday, March 9th, 2019 Psychic Fair
10am. - 4:pm Readings \$25.00
- Sunday March 17th, St' Pat's Corned Beef & Cabbage Dinner \$10, from 12:00 noon until gone
- Sunday March 24th, Sons of the Legion Meat Shoot 4:pm.

Events held at Post #247, 90 Pawtucket Blvd., Tyngsborough

Public invited to come and enjoy!

For more info call 978-649-7540

SAVE THE DATE

ST. PATRICK'S DINNER AND SHAMROCK RAFFLE - THE PUBLIC IS INVITED

St. John the Evangelist Church, 115 Middlesex St. in North Chelmsford will host a Traditional **Corned Beef & Cabbage Dinner and BYOB** on Saturday, March 16, 2019 in the Church Hall. Doors open at 5:00pm for appetizers with the dinner starting at 5:30pm. You will be treated to a corned beef & cabbage dinner, appetizers, hot and cold beverages and dessert. Take a chance on winning one of our beautiful gift baskets from our Shamrock Raffle table. Each paid dinner ticket will be entered into a Door Prize drawing. **Call Jane Sockey at 978-649-3404 for more info.**

JAMES JACOPPI

MEMORIAL SCHOLARSHIP FOUNDATION

Dear Friends and Family,

This is the 17th anniversary of the passing of our beloved James. With the help from all of you, our raffle awarded over \$8,400 in scholarships to aid in the continuing education of graduating high school students last year. **We have awarded over \$125,000 over the years.** We feel blessed to have the ability to remember Jim in such an extraordinary way. We are extremely grateful for your continued support.

This year will be our 7th Annual Raffle (Commonwealth of MA #36). The raffle drawing will be held on April 5th. The drawing results will be on our website www.jamesjacoppischolarshipfund.com and winners will be contacted by phone.

Tickets are \$5 each or 7 tickets for \$25. If you wish to purchase additional booklets, or did not receive any by mail, please call Jean Jacoppi at (603) 714-2523. All tickets must be received by Monday, April 1st. We appreciate and thank you for any donation you can provide to the foundation.

Prizes: 1st Prize: \$1,500; 2nd Prize: \$500; 3rd Prize: \$250; 4th Prize \$150; and 5th Prize: \$100 *Congratulations to the lucky winners from 2018.* The winners were: 1st Linda Cornellier; 2nd Ed Napekoski; 3rd Mary Cooney; 4th Marilyn Campbell and 5th Emmit Clifford. For any other information you may need including access to scholarship applications please visit our website www.jamesjacoppischolarshipfund.com or our Facebook page.

Thank you all for your continued support.

Sincerely, The Jacoppi Family

Buy local!

Invest in your community!