



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

Celebrating 35 Years of Service

Issue # 365 • December 2018

POSTAL PATRON
TYNGSBOROUGH, MA 01879

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TYNGSBOROUGH TOWN CLERK NEWS

2019 DOG LICENSES are available at the Town Clerk's office or by mail. Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. If renewing by mail, please enclose a stamped envelope for the license.

Please contact the office at 978-649-2300 extension 129 or email to jshifres@tyngsboroughma.gov with any questions.

ADOPT-A-FAMILY

Dear Community,

It is that time of year again, and the Tyngsborough Public School's sponsored **Adopt-A-Family** program is beginning its annual efforts as we approach the 2018 holiday season.

The **Adopt-A-Family** program has been in existence for over forty years and provides assistance to needy families within our community during the holidays. The continued goal of the program is to assist those in need within our community by providing a meal, as well as gifts for children and teens who might otherwise go without. Last year this **Adopt-A-Family** program was able to assist over 100 needy families and elderly with help from students in our schools, private citizens and a few community businesses. This year will be no different, times continue to be difficult for a growing number of families.

In order to continue to provide assistance, we are reaching out to community members and businesses in the greater community for support. At this time the program is in need of the following:

Family and children sponsors, please email our Family Liaison Melissa Mallous at Melissa.Mallous@tyngsboroughps.org

Gift cards to local businesses (Walmart, Target, Market Basket, Old Navy, etc.)

Monetary donations (checks made out to Tyngsborough High School, memo: Adopt A Family Program) can be sent to Tyngsborough Public Schools, 50 Norris Road, Tyngsborough, MA 01879, ATTN: Sharon Fairbanks

If you are interested and able to make a donation, sponsoring a child/family yourself, or as a group, or offering support in another way, **please contact** one of the **Adopt-A-Family** committee members listed below. We look forward to establishing new partnerships within our community. Your contribution, along with the combined efforts and generosity of many, will ensure another successful season of giving for our neighbors in need. Warm regards,

Sarah Lewenczuk Melissa Mallous
978-649-8914 978-649-3115

Adopt-A-Family Secretary Treasurer Family Liaison
Sarah.lewenczuk@tyngsboroughps.org
Melissa.mallous@tyngsboroughps.org
Sharon Fairbanks
978-649-7488
Adopt-A-Family Community Liaison
Sharon.fairbanks@tyngsboroughps.org

IN MEMORY OF

Catherine MacKenzie Black
Joyce Armitstead Hamelin
Florence G. Lemire Marquis
Blanche L. Desjardins Pappas
Robert F. Parker
Patricia C. Fallon Wojcik
Leo A. Foley
James G. Kouloheras
Cynthia Callahan Langton
Charles W. Miller
George H. Moore
Emily E. Morrisette
Mary H. Potter Soucy Vigneault

Blanche Doris Proulx David
Lucille L. Gaudette Day
Leo J. DuCharme
Ernest Robert Dupras Jr.
Roger N. Roy
Wendy Bonner Holman
James "Bud" Williams
Keith Donald Johansen
Judith A. Dadak
James C. Soulos
Richard E. Delisle
Robert Montmarquet
Mary Ellen Patenaude Smith

SAVE THE DATE

Winslow School Reunion, May 4, 2019
in the Old Town Hall

The Tyngsborough Historical commission has secured a date for the Winslow School Reunion.

As the date approaches we will be updating the public on the schedule of events. For now, we ask that you please reach out to family and friends and any old classmates who may not see these notices in Neighbor to Neighbor or on social media, and please keep them informed. We hope to see you there!



TYNGSBORO BOY SCOUT TROOP 46 CHRISTMAS TREE DISPOSAL

Again this year, our troop will be assisting Tyngsboro residents with Christmas Tree disposal. We will be picking up trees on Saturday, January 5th, and bringing them to one of the drop-off locations in town. **If you would like us to pick up your tree, please email tyngstroop46@gmail.com by January 4th and specify your address.**

Please have your tree on the curb by 9:00am on January 5th. Be sure to remove all ornaments, nails, tinsel, and stands. A voluntary donation of \$10 per tree is suggested and appreciated! Thank you for your support!

Merry  *Christmas*

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Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

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TYNGSBOROUGH SCHOLARSHIP TRUST

P.O. Box 547, Tyngsborough, MA 01879



www.TyngsboroughScholarshipTrust.org

1963 * Celebrating 55 Years * 2018

The Tyngsborough Scholarship Trust would like to thank all who attended, donated to and volunteered at our annual **Holiday Marketplace** on November 4th. Generous donors included Culinary Creations, Brick House Pizza, and Lowell Five. Congratulations to the Cornhole Champion Teams: "Symphony of Destruction" (the O'Briens), the "Beaudette Bombers", "Double Trouble" (Ms. Trainer and Ms. Palumbo), and the "Cornhole Crushers" (Will and Alex). Your support of these events is much appreciated!

Another community favorite, Trivia Night, will take place on Friday, February 1st at the Tyngsborough Sportsmen's Club. Registration begins at 7:00 p.m. and the Trivia contest begins at 7:30 p.m. Teams of four compete to correctly answer the sometimes obscure, often hilarious, and frequently curious trivia questions. Cash bar and free snacks are available, and pizza can be pre-ordered. Donation is \$25 per player. **Student teams are encouraged and welcome at \$10 per player.** Unique and amusing team names are encouraged! Test your wit against the "My Drinking Team has a Trivia Problem", "Lost out of our Minds" and "In Dog Years I've Had One". To reserve your space today, call Sue Bowden at 978-649-3207, email mitchell6260@msn.com, or visit www.TyngsboroughScholarshipTrust.org and download a registration form beginning in early January. All profits from the 2018-2019 fundraising events will benefit scholarships for the Class of 2019.

A reminder to the 2018 scholarship recipients, please be sure to submit proof of school enrollment to the TST at P.O. Box 547, Tyngsborough MA 01879 so you can receive your first or second payment. Please contact Ellen O'Neill, Treasurer, at 978-649-9195 with any questions regarding payment.

The TST meets on the second Wednesday of the month at the Tyngsborough Town Hall at 7 p.m. For 55 years volunteers from the community have been coordinating fundraising and awarding scholarships to high school students from Tyngsborough. We welcome and need your help to continue this town tradition. Please join us at our monthly meetings the second Wednesday of the month at the Tyngsborough Town Hall. Please contact info@TyngsboroughScholarshipTrust.org with any questions.



TYNGSBORO GARDEN CLUB



We once again had a very enjoyable day participating at the Friends of the Tyngsborough Library book fair. It was great to see so many people come out to support these events. Thank you to everyone who volunteered and supported the fairs. We would especially like to thank all those who participated in our raffles. The winners were: Jess Wilson (the Hair Company), Diane Therrien (Stay Loose Photos), Kim Pizzano (Natural Roots), Sue Arthur (Western Nurseries Chelm), Sandy Avila (Spa Basket), Sandra Pizzano (Shorty's), Ellen O'Neill (Windsoul Yoga, Magnolia painting by Denise Bryan)

At our November meeting one of our members guided us in assembling a beautiful fall arrangement just in time for the holidays! On Nov. 27th we gathered to assemble the holiday greens to be placed throughout the town. Please look for these seasonal arrangements as you drive around.

In Dec. we will have a potluck dinner meeting at a member's house. There is no meeting in January. Stay warm and safe!

Our next regular scheduled meeting will be in Feb 5, 2019 with a presentation on Wild Mushrooms!

As always, new member are always welcome. If you love gardening, want to learn about gardening, get a head start on spring planting ideas, or just want to join a great group of people please stop in at one of our meetings. We meet at the Evangelical Congregational church on Kendall Road at 6:45. For more information visit our website at: tyngsborgogardenclub.tripod.com or find us on Facebook at Tyngsborough Garden Club or call Debbie at 978-649-6362.

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Monday & Wednesday
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TYNGSBOROUGH PUBLIC LIBRARY

25 Bryant Lane, Tyngsborough, MA 978-649-7361 www.tynglib.org

HOLIDAY DANCE PERFORMANCE

Saturday, Dec. 8, 10:30-11:00 a.m.

Enjoy a holiday dance performance by Centerstage Dance Academy in Tyngsborough.

HOLIDAY DESIGN CLASS: SLEIGH RIDE

Tuesday, Dec. 11, 10 a.m.-12 p.m.

Join us for seasonal treats as Darlene Cambra from Blossoms demonstrates how to create a holiday sleigh arrangement using fresh greens & flowers. Materials will be provided, including baubles and ribbon. There will be a \$15 materials fee. Registration was required by November 29.

PAJAMA JAM!

Monday, Jan. 14, 6:30-7:15 p.m.

Ages 1-4 years. Come in your jammies to sing, dance & more with your parents. Registration required.

HOLIDAY SCHEDULE:

December 25, Tuesday, Christmas Day **CLOSED**

December 31, Monday, New Year's Eve, Early closing - 4 p.m.

January 1, Tuesday, New Year's Day, **CLOSED**

The Staff, Trustees and Friends of the Library wish all our patrons a very happy holiday season!

- **Adopt-a-Family** project (Tyngsborough Public Schools) Drop off non-perishable food items through Dec. 14. Food collection for the Council on Aging will resume at the end of this project.
 - **Tech Advice by Appointment** PCs, android tablets & phones, Excel, MS Word, e-books, etc. **Tuesday, 11:30 a.m.-1:30 p.m., Wednesday, 7-8 p.m.** Registration required.
 - **Adult Coloring Club**, 1st Wed. each month, 6:30-8 p.m. Drop in.
 - **Pokemon Club**, Wed., Jan. 16, 4-5:00 p.m. **Ages 8-15.** Drop in. Bring your cards or handheld device.
 - **Tiny Tots Storytime**: Wed., Dec. 5 & 19, Jan. 16, 11-11:30 a.m. **Infants-3 yrs.** Drop in.
 - **Lego Club**: Sat., Jan. 19, 10-11:30 a.m. **Grades K-6.** Drop in.
 - **Dads & Donuts Playgroup**, Sat., Jan. 5, 10-11 a.m. **Infants-3 yrs.** Drop in.
 - **Family Music Time**, Thurs. Dec. 6, 10-11 a.m. **Infants-5 yrs.** Drop in. **Formally Books & Babies.*
 - **Storytimes for 3-5 year olds.** **Thursdays at 1 p.m.** Drop in. **No storytime: Dec. 20 & 27, Jan. 3.*
 - **Music Together Demo Class**, Thurs. Jan. 17, 11-11:45 a.m. **Infants-5 yrs.** Registration required.
 - **SoundPlay Family Music program**, Sat. Feb. 2, 1-1:40 p.m. **Infants-5 yrs.** Drop in.
 - **Writer's Group**, **Mondays, 6:30 p.m.** Feedback, publishing tips, all genres. Karen Johnson 978-649-7132
 - **Rep. Colleen Garry** (or her representative) **Office Hour** – Sept-May, 3rd Saturday 9-10 a.m.
 - **Board of Library Trustees** Monthly 3rd Thurs. Check TPL website for schedule changes.
 - **Artists & collectors**, *contact the Library to discuss scheduling an exhibit in the gallery or display case.*
- * Register for TPL programs by calling the Library or using the contact form on the website.

- **Now Scheduling Fall Clean Ups**
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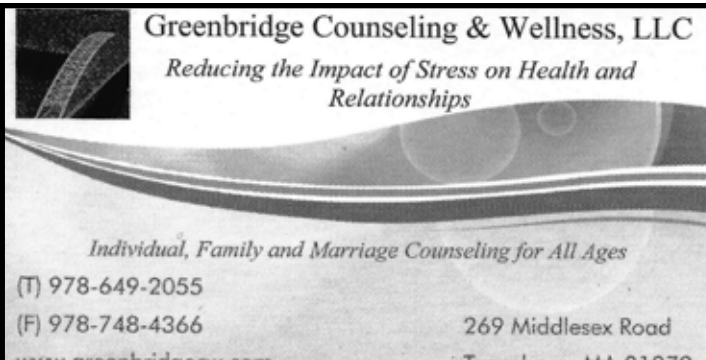
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TYNGSBOROUGH HIGH SCHOOL

Tyngsborough High School is proud to announce Hayley Altenweg, Jenna Collinge, Taylor Hapenny, and Peter Lam as the November Students of the Month.

Hayley, daughter of Kimberly and Henry Altenweg, is a member of the National Honor Society and is a recipient of the Principal's Award. She is a member of the Senior Sidekick program, PALS, Student Council, and Ski Club. Hayley played tennis for THS for two years, and is a six-year member of the cheerleading team. She was named captain of the cheerleading squad this year. She has been on the Honor Roll since freshman year. Hayley volunteers her time at the Lighthouse School Halloween Party, Habitat For Humanity, Toys For Tots, American Heart Association, and Little Einsteins. She enjoys skiing, coaching youth cheerleading, and baking; her favorite subject is science. Hayley looks forward to going to college for radiology, having a good career, having a family, and being happy. "Throughout all my time at THS, I was shaped into an honest and organized student inside and outside of school. I learned to have a drive and persevere through challenges to succeed. I will always remember my memories of friends and fun events like pep rallies."

Jenna, daughter of Sheryl and Troy Collinge, is a member of the National Honor Society, is a recipient of the Outstanding Achievement in Foreign Language Award, Academic Excellence Award, and Outstanding Achievement in Social Studies Award. She is a member of the Ski Club, the Student Council, the Volleyball Club, and PALS. She was also the vice-president of her class during 9th and 10th grade. Jenna played tennis for THS for two years, and she enjoys doing makeup, skiing, hiking, baking, fishing, horse-back riding, and kayaking. She volunteers her time with Habitat For Humanity, Sonshine Soup Kitchen, town library, Little Einsteins, at Tyngsborough Trot concession stands, and by babysitting at the elementary school during town meetings. Her favorite subjects are science, specifically anatomy, and math. Jenna looks forward to finding a career in the mental health field, living a happy and exciting life, and to having a family to call her own. "Coming to THS as 'the new kid' freshman year, I was horrified. Almost immediately I was welcomed by everyone, and THS has become second home to me. I've learned how great it is to take risks, challenge myself, and to try new things. I'll never forget the annual wild Homecomings and the unforgettable school trips that I've been on."

Taylor, daughter of Kim and Jim Hapenny, is a recipient of both the Outstanding Achievement in Social Studies Award and the Principal's Award. She is a member and officer of Student Council, as well as being a member of PALS, the Yearbook Committee, Senior Sidekicks, and the Chess Club. Taylor played soccer for THS for two years, and is a four-year member of the Track & Field team. She volunteers her time at MSPCA, Red Cross Blood Drive, Little Einsteins, Cor Unum, and as a tour guide for THS. Taylor enjoys baking, playing guitar, spending time with her pets, hanging out with friends, and traveling. Her favorite subjects are anatomy & physiology, physical education, and guitar/drum/piano class. She looks forward to getting her master's degree in Communication Sciences & Disorders and studying abroad. "I have gained amazing leadership skills that I look forward to taking with me to college. The school has provided me with many opportunities that have helped me grow into a strong, independent leader within my community. I will always remember our senior year HoCo win! #tsprepares. THS has provided me amazing learning experiences inside and out of the classroom. I've been able to attend the Women's Leadership Conference, travel to New York to see a Broadway play, and even London and Paris. I am extremely grateful to have been given these amazing experiences to learn from."

Peter, son of Uyen Le and Hai Lam, is a member of the National Honor Society, is a recipient of the Outstanding Achievement in Science Award, Academic Excellence Award, and the Principal's Award. He is a member of the Robotics Club, a two-year member of the THS tennis team, and a five-year member of the Cross Country team. Peter enjoys playing video games and playing volleyball; his favorite subjects are math and physics. He looks forward to becoming an electrical engineer, teaching others, and becoming great at something. "I've gained many friends who've helped me become who I am. The school has given me opportunities for me to become a better person." **Congratulations to these four students.**

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TYNGSBOROUGH PTO

Did you know that the PTO provides arts & enrichment programs at both TES & TMS? It's never too early or too late to get involved. **PTO meetings are generally the 4th Wednesday of the month, at Tyngsborough Elementary School 7pm.** New members are always welcome.

Make sure to 'Like' us on Facebook to keep up-to-date! Or contact us through our website at www.TyngsboroughPTO.org

BUDGET BUDDIES

Budget Buddies helps low-income women become more economically self-sufficient and transform their lives by teaching them core money-management skills and pairing them with personal financial coaches. We partner with local social service agencies and community volunteers to provide individualized training in basic money management. **Please come along to a no obligation Volunteer Information Night in Chelmsford MA. Please call (978)-703-0820 for details – our website is www.budgetbuddies.org**

ST MARY MAGDALEN PARISH

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Weekend Mass Schedule: Saturday 4PM. Sunday 7:30AM, 9:30AM

Greetings from our Pastor, Fr. Richard Clancy

COME JOIN US, ALL ARE WELCOME!

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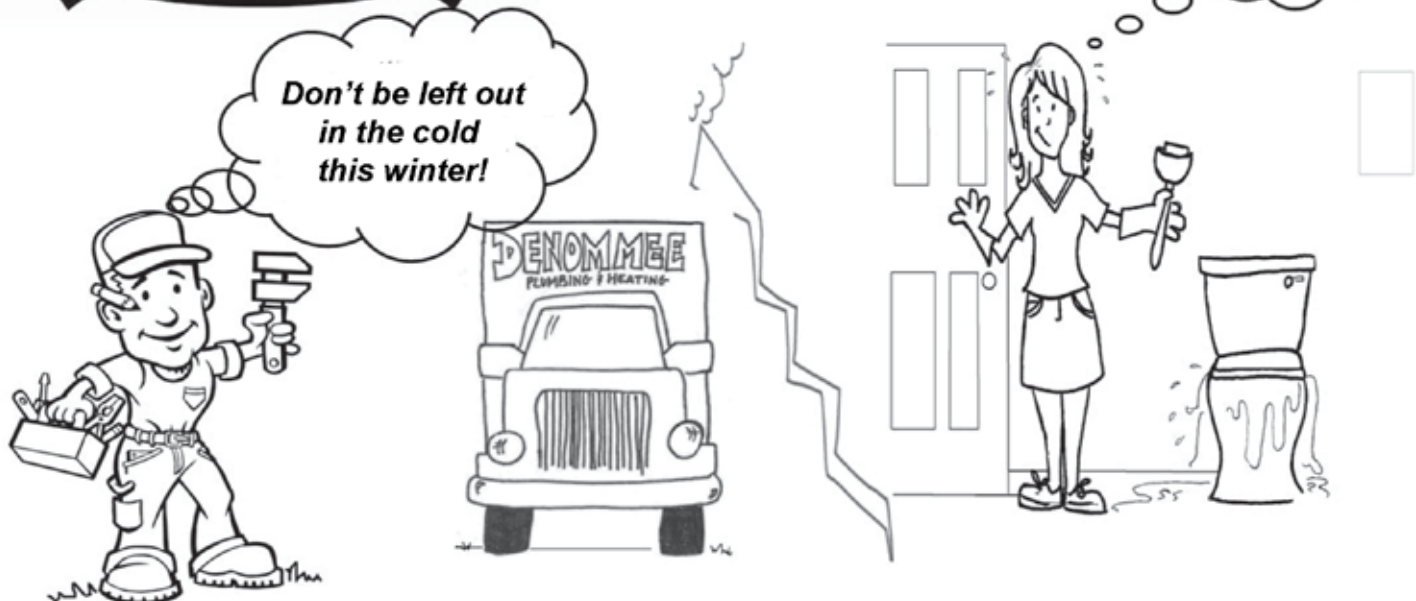
- **Reconciliation** every Saturday from 3 to 3:40PM or by appointment.
- Join us on **Facebook!** Search "Saint Mary Magdalen Parish Tyngsboro" and like our page to see daily meditations and events.
- **FIRST FRIDAY ADORATIONS** are held on the first Fridays of the month after the 9AM Mass from **9:30AM – 12pm.**
- **The St. Vincent De Paul Society** operates a monthly food pantry out of the rectory in addition to providing holiday meals to those in need. We can be reached at 978-844-2365.
- **Prayer Line** – *Do you know of someone needing prayers?* Call Helen (978) 649-7927 or Carol (978) 649-6717. (Submit only first name of one to be prayed for)
- **MEN OF ST. JOSEPH** Ste. Marguerite, St. Mary Magdalen, & St. Rita Parishes are pleased to announce we have a "Men of St. Joseph" chapter. The "Men of St. Joseph" is an established and successful ministry, whose principle mission is to call men to become the strong and faith-filled husbands, fathers, and leaders, whom God has created us to be. **We meet on the Second Saturday of every month.**

JOIN TYNGSBOROUGH CITIZENS

If you are new to Tyngsborough, welcome! If you are not new but want to know more or want to know how you can get involved, you are invited to join over 450 fellow residents in our on-line community forum. Tyngsborough Citizens is a Yahoo Group and membership in our group is open to all residents of Tyngsborough. We share information about town and school happenings and ideas for how to make our town even better. We are not an anonymous group; residents share their name and address when posting. We strive to keep the conversations civil and constructive. Please visit tyngsboroughcitizens-subscribe@yahoo.com to join.

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HOW JESUS REVERSES BABEL

By Nathan Combs

The beginning of Genesis 11 unfolds an unusual situation. After God told Adam and Eve (Genesis 1.28) and then Noah to "fill the earth" with people (Genesis 9.1), we see their descendants rebelliously banding together in one place to build a city and tower in the land of Shinar. Their goal was self-glory: "let us make a name for ourselves." Ironically, as they built up towards the sky, the text says that "the Lord came down" to view this new construction project with displeasure. He saw that the people were one, used only one language, and possessed an arrogant spirit that would not stop with the completion of the city. He therefore confused their languages, causing them to scatter from each other. The unfinished city was called Babel, which means confused. Even today in English, someone who speaks nonsense is known as a "babbling."

Did God orchestrate that division because he dislikes unity? On the contrary, God's entire plan for the world revolves around His desire to "unite all things in him [Jesus Christ], things in heaven and things on earth" (Ephesians 1.10). Through the sacrifice of Jesus, God is reversing the breakdown of unity at Babel and bringing all things together again - in the right way and for the right purpose. Instead of aimlessness and confusion and discord which comes from exalting self, there is purpose and understanding and harmony in a collective focus on Jesus. Through Jesus, human beings can all speak the same language again.

These are not mere lofty words that have no real effect on our personal lives. Instead, understanding Jesus' reversal of Babel changes everything for us. In the church, God's family, how are people of vast differences going to effectively work together? It is only possible when Christians speak the same language of Jesus. As Christians grasp how Jesus has reconciled every kind of person to God through the cross, hostility between people is put to death (Ephesians 2.16). Despite the many differences that exist between people, every one of us is guilty of rebelling against God (Romans 3.23) and can only be rescued by the saving work of God, not ourselves (Ephesians 2.8-9). Therefore, all cause for arrogance, bitterness, resentment, jealousy, selfish anger, or any other source of division, completely melts away in the face of Jesus' sacrifice.

Likewise, in a marriage, how are two people of different genders, family cultures, expectations, etc., going to effectively function as a unified team? It will only happen through speaking the same language of Jesus. Husbands and wives are told to think of their relationship as a living, breathing picture of Jesus' relationship to His saved group of people. As in God's family, a home of love, respect, submission, and leadership is only possible when people are communicating the words and thoughts of Jesus to each other. All other unity is built on a cracked foundation that cannot endure.

NEW HAMPSHIRE JUNIOR ROLLER DERBY PRACTICES IN TYNGSBORO

New Hampshire Junior Roller Derby is pleased to announce that it began holding league practices in Tyngsboro this fall. Weekly practices have started at the Tyngsboro Sports Center (500 Potash Hill Rd, Tyngsboro, MA) from 10-11 am.

New Hampshire Junior Roller Derby is open to skaters from ages 7 to 17. The league is based out of the JFK Coliseum in Manchester, NH, but uses other venues for off-season practice space. The team is part of the Junior Roller Derby Association, and is finishing up an exciting season that included games with teams from around New England, New York, and Canada.

For more information, visit www.nhjuniorrollerderby.com.

8-5
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to feed a colony of feral and homeless kitties. Please call me at **978-799-9715** for the drop-off location on the Dunstable/Tyngsboro line. Don Gaudette. **Volunteers to help with the feeding are also needed.** Associated with Kitty Angels www.kittyangels.org
Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats

HIGH SCHOOL MATH TUTOR

Certified high school math teacher with 20+ years teaching /tutoring Algebra I and II, Geometry, Precal, Trig, SAT Prep, etc... Resume and local references available upon request. \$50 per hour.
Please email Eric at schelp6990@gmail.com

EXTRA HANDS AND PAWS

Pet care-both day and overnight. dog walking.
Cat care in your home. Vacation home checks, plant watering. Please call Diane Nilsen at 978-649-8786 or email dianeinilsen@gmail.com

EDUCATION FOUNDATION TYNGSBOROUGH WWW.EFTyng.org



Tickets are now on sale for our 11th collaborative dinner theater. EFT and Friends of Tyngsborough Theater proudly present a musical comedy titled "The Drowsy Chaperone" and Culinary Creations' full dinner and famous dessert buffet at the Old Town Hall. We will be offering only two show times this year: **Thursday, January 10th** and **Friday, January 11th** so we encourage you to get your tickets (\$47 each) as soon as possible. Gather a group of friends and reserve an entire table (8, 9 or 10 per table) or meet new people by purchasing individual tickets. For tickets, please send an e-mail specifying how many tickets you would like to eftyng@gmail.com. All net proceeds go toward education grants and the Tyngsborough High School theater program.

Amazon shoppers: Thanks to those who have designated the Education Foundation for Tyngsborough as your cause! Every little bit counts toward providing education grants across our public schools. If you haven't done so yet, please consider starting your Amazon shopping at smile.amazon.com and designating us as your cause. Then bookmark smile.amazon.com and use this bookmark every time you shop on Amazon. Thank you!

Are you ready to give back to your community in 2019? There are several worthy organizations quietly working to make life in this town and students' experience in its schools even better. Please consider joining us at EFT. You can make a difference by serving on a volunteer team supporting our major fundraisers (Tyngsborough Trot, Dinner Theater) or you can become a board member and help coordinate fundraisers, review applications and award teacher grants. Being a board member is a great way to develop executive experience that you can apply to your personal career path. Please contact our President, Theresa Manning, at eftyng@gmail.com. *Together we are bridging the gap.* Like us on Facebook!

Buy local!
Invest in your community!

POLICE & FIRE EMERGENCY 911

Fire Dept. 978 649-7671 Police Dept. 978 649-7504

TOWN OF TYNGSBOROUGH

TOWN HALL, 25 BRYANTS LANE

OFFICES OPEN

Monday, Tuesday, Wednesday & Thursday 8:30 a.m. to 4 p.m.

Friday 8:30 a.m. to 12:30 p.m.

Meeting schedules are posted at the front entrance of the Town Hall

Town Hall Directory Main Number 978-649-2300

Town Accountant	Ext. 124	Media Dept.	Ext. 140
Assessor's Office	Ext. 121	Planning Board	Ext. 115
Board of Appeals	Ext. 112	Town Treasurer	Ext. 126
Board of Health	Ext. 118	Veteran's Agent	Ext. 131
Building Office	Ext. 112	Sewer Dept.	Ext. 134
Town Clerk	Ext. 129	Board of Selectmen	Ext. 100
Town Collector	Ext. 128	Town Administrator	Ext. 100
Conservation Office	Ext. 116	Recreation & Parks	Ext. 150
Capital Asset Mgmt Com	Ext. 124		

Highway Dept. 978-649-2310

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FRIENDS OF THE TYNGSBOROUGH PUBLIC LIBRARY

If you missed the fall Book Sale, don't worry. The Friends always has a collection of books for sale at the Library. Just ask for the books for sale (located next to the Bibliotheque Café), and the prices are as friendly to your wallet as those at the sale.

Thanks to Boy Scout Troop 46 for their assistance with the cleanup after our book sale. Boy Scouts have always been part of this fund raising effort, and we sincerely appreciate their help. Students from Tyngsborough High School and the Academy of Notre Dame were also helpful for volunteering at the sale. Thank you!

The Friends added a new pass to the program for the Merrimack Repertory Theater in Lowell. The current season is in full swing, and a library cardholder can pick up one pass per month for one performance. Pass entitles holder to \$10 off up to six tickets for the selected performance (subject to availability.) Go online to reserve a pass or call the library.

We hope you enjoyed this month's holiday reception at the library. Please attend our next meeting in the new year on Monday, February 4, 2019, 7pm at the library. All members are welcome, and new memberships are encouraged. We are looking for members to help with all our activities in support of our community.

If you have not finished your holiday shopping, you can benefit the Friends while you are shopping on Amazon. Do your shopping at smile.amazon.com/ch/22-2986749 and Amazon will donate a percentage of eligible Amazon Smile purchases to Friends of the Tyngsborough Public Library. Every dollar helps us support the Library.

Visit <https://www.facebook.com/FOTPL> or <http://www.tynglib.org/>
- Click on the "Friends of Library"

TYNGSBOROUGH SEPAC



All meetings are held at Tyngsborough Middle School, 50 Norris Road, Tyngsborough, MA. Please contact the SEPAC Chair, Rachel Leo, with any questions: rachel.leo@comcast.net. Please join our Tyngsborough SEPAC Facebook Page "18-19 Tyngsborough SEPAC" and/or our Yahoo Group: "TyngsboroughSpEdPAC."

Date: Wednesday, December 19, 2018, 7:00-9:00pm

Location: Tyngsborough Middle School Library or Main Office Conference Room (TBD)

MCAS: Access and Achievement for Students with Disabilities

Speaker: Federation for Children with Special Needs

(www.fcsn.org)

WORKSHOP DESCRIPTION: This workshop introduces the Massachusetts Comprehensive Assessment System (MCAS) and how children with disabilities can participate in meaningful ways in MCAS. This is a very important workshop because every student needs to pass the MCAS to graduate high school. MCAS begins in the Third Grade through High School.

**All Tyngsborough SEPAC meetings
are free and open to the public.**

RSVP to: Rachel Leo, Tyngsborough SEPAC Chair - rachel.leo@comcast.net Hope you can join us!

Town of Tyngsborough

On Facebook: www.facebook.com/tyngsboroughma

On Twitter: www.twitter.com/tyngsboroughma

Tyngsborough Police

On Facebook: www.facebook.com/tyngsboroughpolice

On Twitter: www.twitter.com/tyngsboroughPD

**When you contact a business,
or organization,
please tell them you've seen their ad
or news in *Neighbor to Neighbor*.
They would like to know. Thank you, Anne**



THE THREE ESSENTIAL ESTATE PLANNING TOOLS

By Edward H. Adamsky

There are three essential Estate Planning tools that everyone needs to have in place. These are the Will, the Power of Attorney and the Health Care Directive.

A Will is a written document controlling the disposition of an individual's property at death. It must be written, signed, and witnessed by two competent people. It may be changed at any time, but the formalities must always be followed. You should review and update your Will at regular intervals (every three to five years) and upon major life changes (marriages, births, deaths).

In your Will you get to say who will receive your property after you die. You may give specific items to specific people ("my stamp collection to my nephew George"), or general gifts to groups ("all of my property, in equal shares, to my children") or any combination that you choose. In your Will you nominate the person that you want to oversee your estate after your death (executor or "personal representative") and if necessary the person that will take care of your minor children (guardian). When there is no Will the *intestate* formula in the law determines who receives the decedent's property. These rules are inflexible and do not allow for any special circumstances.

A Power of Attorney is a written authorization, granting power to act for another. The "Principal" designates an "Attorney-In-Fact" or "Agent." It is like hiring an employee, however an "Attorney-In-Fact" is usually an unpaid friend or relative. A Power of Attorney is "durable" when it is written so that it remains in effect even if you are incapacitated, and your Attorney-In-Fact can still carry on your affairs; personal and business (to the extent you granted those powers).

If you become incapacitated without an Attorney-In-Fact your family will have to go to court to have a Guardian or Conservator appointed to handle your affairs. This may cause delays and significant legal costs. With a Power of Attorney, you share your rights and powers with an Agent. In a Guardianship, you lose all your rights and powers to the Guardian.

A Health Care Directive is a special Power of Attorney that names someone to make health care decisions for you if you cannot. Massachusetts law calls this a *Health Care Proxy* while the New Hampshire term is *Power of Attorney for Health Care*. The power granted includes authorization to allow or refuse all medical procedures. You put your life in the hands of the person you name as your health care agent, but this is preferable to leaving it uncertain or up to the court system. Your agent's power only comes into effect when you cannot make health care decisions for yourself. If you can communicate a preference, your wishes will be followed. The person you name in your Proxy will have authority to make life and death decisions for you, if you cannot do so yourself, so you must trust this person with your life.

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Sunday 12-4

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TYNGSBOROUGH COUNCIL ON AGING



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Email: Broche@tyngsboroughma.gov

PLEASE SIGN IN WHEN YOU COME TO THE CENTER!!
Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3.

Lunch is served promptly @ 11:30 everyday must make reservations 2 days in advance BEFORE 11:00AM

Call 978-649-9211 \$2.00 for seniors & \$4.50 for non-seniors

• **WELLNESS CLINIC COA**, 169 Westford Rd 978-649-9211 Nancy Harding, RN, from the **Circle Home, Inc.** 1st Tues each month.

• **WELLNESS CLINIC at ELDERLY HOUSING** Nancy Harding, RN, from the **Circle Home, Inc.** Red Pines Elderly Housing, the third Tuesday of each month from **8:30 - 9:30. Brinley Terrace Elderly Housing**, the fourth Tuesday of each month **8:30-10:00.**

• **CENTER CLOSED Tuesday, December 25th for Christmas and Tuesday, January 1st, New Year's Day**

• **NEEDED** Coffee, Cups 8oz Styrofoam, Napkins. Paper Plates,

Bowls Small & Large. Tissue Paper, White, Red & Green

• **Wii BOWLING** Instructor Beverly Rudeen **Every Friday 10:00-11:30** We have a ball, come join the fun! Prizes for the top players.

COA MEETINGS ARE THE THIRD TUESDAY OF EACH MONTH.

NEXT MEETING IS DECEMBER 18TH PUBLIC WELCOME.

• **VETERANS' COFFEE HOUR! (Monthly) Thursday, December 13, 9:30AM - 10:30AM** with Chris Dery - Town Veterans' Agent.

This informal group meets on the second Thursday of the month to reminisce about time served and discuss benefits available to veterans. Come have a cup of coffee and a donut amongst friends!

• **BOOK CLUB (Monthly) Thursday, December 20th, @ 12:00**

3rd Thursday of each month the group gets together to discuss the book of the month. **Book of the month: Someone** by Alice McDermotts. An ordinary life, its sharp pains and unexpected joys, its bursts of clarity and moments of confusion, lived by an ordinary woman.

TEXAS HOLD' EM **Thursdays 12-3** If you like poker, come join us every Thursday. It's lots of fun! We have a table for beginners.

• **NEED HELP PAYING YOUR HEATING BILLS? Help is available!**

Community Team Work Fuel Assistance Program helps income-eligible households pay part of their winter heating bills. If your gross household income falls within the limits, you may qualify for fuel assistance benefits, discounts on your National Grid Gas, Oil or Propane and Electric bill. We'd like to make sure our seniors benefit from this program. **Call the Tyngsborough Council on Aging 978-649-9211 Rose McGarry who will be here Tuesdays and Wednesdays from 9:00 to 1:00 doing application. Don't suffer from the cold. Put your pride aside and stay warm.**

• **FOOD PROGRAM**— offers a FREE bag of groceries on the **4th Tuesday of each month.** Each bag contains a variety of basic healthy foods: soup to cereal, meat to veggies, there may be a treat or two. To see if you qualify call **Laura Marsan (978-946-1303)**, Application available at the Senior Center stop by or call 978-649-9211

• **WE HOPE TO BRING MUCH NEEDED HOLIDAY CHEER TO OUR MEALS ON WHEELS** seniors who live alone at home, through gifts of small items such as toiletries, nail care items, kitchen towels, wrapped candy, hats, gloves, shaving items, flashlights with batteries, pot holders, combs, lotions, body wash, deck of cards, puzzle books and pudding/fruit cups. The COA volunteers will fill sm gift bags and deliver to low income seniors in the area. are being **accepted until December 17th. Drop off box will be in the coatroom. We could use small holiday bags.**

• **CHRISTMAS CELEBRATION** **Wednesday, December 12th 11:00a.m ~ 1:30p.m** Tickets \$7.00 Kathy Rodger—Sing a long

Seats cannot be reserved over the phone

• **CHRISTMAS TREE SHOP** **Monday, December 17th, @ 10:30** This is your last chance for those last minute Gifts.

• **December 18th 8:30-12:00 SHINE** Counselor Lillian Colby will be holding office hours at the Center. Call 978-649-9211 early to receive a pre-enrollment form and make that appointment. **Bring your Medicare and insurance cards and complete list of your medications.**

• **SNOW CANCELLATION POLICY** IF SCHOOL is CANCELLED, the Center will still be open **"just no elder bus"**. If Town Hall office is closed Tyngsborough COA will be closed. When in doubt just call and see if we're open.

• **CHRISTMAS OPEN HOUSE** **Wednesday, December 19th, 10AM** The Staff of the TCOA invites you to come in for coffee, tea and holiday pastries. Preschoolers from Creative Minds will be here to sing holiday songs at 10:30 so be sure not to miss the special concert they have planned for us! They'll stay afterwards and have snacks.

• **NEW YEAR'S EVE PARTY** **Wednesday, December 26th at 11:00AM** Come join us for a special gathering. Bring your favorite appetizer to share. We will have a toast with sparkling soda! **Entertainment TBD**

• **PIZZA PARTY / BIRTHDAY FOR ALL!** **Wednesday, January 9th, 11:30** Come celebrate National Pizza Week and everyone's birthday by making your own pizzas! We'll supply the dough, sauce and cheese, for the pizza, just bring in your favorite toppings. Will have a birthday cake to celebrate everyone's birthday. Join us for a great time. **Wed. January 2nd is the last day to sign up .**

KNITTING/CROCHETING/QUILTING **Every Monday 1:00PM-3:00PM** Learn to knit and crochet as you socialize with others at the TCOA. **We have many causes we knit for.** With the cold weather coming we could use help knitting blankets, mittens, hats, scarves and slippers to distribute for the winter holidays season. We have plenty of supplies available to choose from.

• **PROJECT LINUS, Tyngsborough** Children who have experienced recent trauma. (See Barbara). **THE HOMELESS SHELTERS LOWELL**, Parents and children who have fallen on hard times. (See Jean Jacoppi) **Mondays at the Senior Center 1:00-3:00** If you don't feel comfortable coming to the Center that's fine. You can do them at home then drop your donation off at the center. It's for a good cause! **We have plenty of yarn for you to use.**

• **Merry Christmas & Happy New Year!** I hope you all enjoy your 'special' holidays with friends and family! I want to thank all of you blanket makers. We have received over 50 blankets. Each of these blankets, whether sewn, knitted, crocheted, quilted, or tied gets inspected by the Project Linus organization and is delivered back to the first responders of Tyngsborough! This is a great way to give of your time and talents back to the community.

Merrimack Repertory Theater Lowell Auditorium Call or come in to sign up 978-649-9211 Group of 6 or more \$16.00 **Matinee Plays**
Slow Food_There's no escape from the world's worst waiter. **Wednesday, January 16th, 1:30** **The Heath** **How can we make peace across generations?** **Wednesday, February 20th, 1:30** **The Haunted Life** **A new play from Lowell's native son Jack Kerouac.** **Wednesday, March 27th, 1:30** **Cry it out** **A comedy for every new mom.** **Wednesday, May 1st, 1:30**

FREE ACTIVITIES FOR YOUNG CHILDREN WITH THEIR PARENT OR CAREGIVER

Calling all children, ages birth – 5, with their parents or caregivers, to **FREE** Playgroup/Literacy/Story and Craft Times. This grant-funded program is open to anyone, regardless of where you live. These programs follow the school year calendar.

Groton and Dunstable

Family & Community Programs

Join us on any **1st Tuesdays** during the school year -1:30 p.m. at: **Dunstable Congregational Church, 518 Main Street, Dunstable**

Join us on any all **Mondays** during the school year -9:30 a.m. at: **Peter Twomey Center (behind G-D Middle School North), 348 Main Street, Groton**

Townsend and Pepperell

Family & Community Programs

Join us on any **1st and 3rd Tuesdays** during the school year -10:30 a.m. at: **Pepperell Library (Lawrence Library), 15 Main Street, Pepperell**

Join us on any **Wednesdays** during the school year -10:30 AM at: **Townsend Library, 12 Dudley Road, Townsend**

Please contact Jana Harrison, at jharrison@awrsd.org, or 978.874.0163 for further information.

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Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, and observe meadow wildflowers and butterflies. It's a great place for outdoor exercise and to enjoy nature close to home. Sherburne Nature Center and Trails activities are open to all who are interested. Activities go rain or shine. In extreme weather conditions, activities are cancelled. *No reservations or fees required. Children under 16 must be accompanied by an adult.*

Please note: The tennis court behind the Sherburne Nature Center is PRIVATE property.

It is not part of the PUBLIC Nature Center property.

**When you call a business listed here,
please tell them you've seen their ad in
Neighbor to Neighbor.
They would like to know. Thank you, Anne**

MEETS AT THE TYNGSBOROUGH COA

169 Westford Rd., Tyngsborough, MA

STITCHERS meet on Mondays from 1 - 2:30 in the Arts and Crafts room. Our purpose is to supply knitwear to those in need. They service the Battered Women's Shelter, Alternative House, My Father's House, Pregnancy Care Center, Circle Health Hospice Care, and Able to Serve. This season we are working with the Dra-cut Senior Center Knitters Group to meet the need. Materials are available on Mondays for anyone interested. For further information, please contact Jean Jacoppi, Coordinator. 978-649-9076

DOWNLOAD YOUR FREE BOOK "LIVING WITH OUR WILD NEIGHBORS"

I wanted to pass on this information to you. The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z. Since we have so many animals that we share our yards with, I thought it might be helpful to you.

<https://www.animalsheltering.org/page/wild-neighbors-book>

USED CLOTHING DROP-OFF SHED

To benefit: **Dunstable Evangelical Congregational Church**

Location: **Rear Parking lot, 518 Main St., Dunstable, MA 01827**

Items accepted: All clothing, shoes sneakers, belts, purses, blankets, sheets, pillowcases, drapes and stuffed toys. (Your donations will not be cut up or shredded.) **(Please... No rags, fabric scraps, pillows, toys or household goods; please understand that the above unwanted items are a hardship and expense to dispose of.)**

Send clothing to people who can use it all over the US and World while helping the environment. Receive a tax deduction for your donation. Receipts are on the shed. ****Help us keep your donation clean and dry.**** Please put in tied or closed bags.



Neighbor to Neighbor

Published by Anne M. Paquin

Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

The months just fly by and the holidays are here again. I wish to thank all of you who send in the news and articles. I also thank all of you who advertise.

Your continued support of *Neighbor to Neighbor* is truly appreciated. Many of you have been in the newsletter for decades, some of you have retired, and there are many new ones.

Things have certainly changed since 1983. But the purpose of the *Neighbor to Neighbor* continues to be the same. To give you some local news, interesting and informative articles and a place to find local stores and a varied group of businesses within the community to help you in your every day life.

***I wish you all a very Merry Christmas, and a
Happy New Year!***

***Sincerely,
Anne***

***I look forward to hearing from you
soon for the January issue!***





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**Issues and other information posted online
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Please send info in now for the January issue.

Have events coming up? **Need details about
advertising your business?** Send an email to me
anne@NeighborToNeighborNewsletter.com or by mail to
Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827.

You may also reach me at **978-419-1914**.
Tyngsborough printed issues circulation is 5067 and
Dunstable printed issues circulation is 1239.
Copies available at town hall and library

WINTER 2018-19

TYNGSBORO HIGH SCHOOL & MIDDLE SCHOOL SPORTS INFORMATION

Winter Sports Schedules Schedules can be found on: www.mwlma.org. Learn how to sign-up for text alerts. You can find other athletic office information through our website at <http://www.tyngsboroughhs.org/pages/Tyngsborough/Departments/Athletics>
Sports Offered at the High School Level Girls Basketball, Boys Basketball, Wrestling *Coop w/ N. Middlesex High School, Swimming & Dive *Coop w/Groton/Dunstable HS, Ice Hockey-Coop w/ Dracut HS (all players must register and pay online through Dracut Family ID), Gymnastics Coop w/Chelmsford HS and Alpine Downhill Skiing Coop/Groton/Dunstable HS.
Sports Offered at the Middle School Level Girls Basketball 6th & 7th & *8th, Boys Basketball 6th, 7th & *8th Grade and *8th Grade Boys Wrestling. ***Based on HS participants**

Application for Free and Reduced lunch is available on Tyngsboro High School Athletic Website

WINTER SPORTS PICTURES: will take place on **Thursday, December 13th** after school in HS Gymnasium, Swim pictures to follow at the Gr. Lowell Tech.Pool. Picture order envelopes will be sent home through the mail.

THE BIG RED WRESTLING Tournament In honor of Detective/Sergeant Gregory Kasabian will take place on: **Saturday, December 15th starting at 9:00am in the High School (Kelleher) Gymnasium** **Cost: \$5.00 for Adults \$3.00 for Students/Sr. Citizens.** Children 10 years and under are free w/adult

Winter Sports Award Night for all athletes who play a **High School sport only** will take place on: Tuesday, March 14th at 7:00pm in the **Ciampa Performing Arts Center-HS Auditorium**



TYNGSBOROUGH RECREATION

Call 978-649-2300 Ext. 150

The Recreation Committee meets at the Recreation Center, 120 Westford Road the first Wednesday of the month at 7pm. Additional information may be found on our website at TyngsboroughRec.com Friend us on Facebook. Seeking new members. Currently three open seats. Join us!

Tyngsborough Recreation Winter Softball Clinic 2019

EXCITING NEWS -the Leslie University Softball Team will be helping to run the clinic! **Sundays, January 27 - March 24, 2019** (except Feb. 17th) Two 1-hour sessions 2:30-3:30pm and 3:30-4:30pm \$60/player (\$100 family cap) Ages 4-142-week free trial for new players only. Try it. If she likes it, pay on week #3

10th ANNUAL FESTIVAL OF TREES FESTIVAL OF TREES

- Thank you!! Thank you to all who supported our 10th Annual Festival of Trees. From visitors to sponsors you made it a wonderful event for our community. Special thanks to our Festival Designers and all our volunteers that generously donated their time and talents. Please visit our FB page, Tyngsborough Recreation and Parks, for great photos and a full list of all our sponsors. All displays were generously donated by local businesses, groups and citizens. Please patronize these businesses and support these groups.

FAMILY MOVIE NIGHT Old Town Hall, Kendall Road February 1st & March 1st, 7pm Movie TBD - check our website and FB page
MEN'S PICK-UP BASKETBALL LEAGUE (AGES 18-55+)

\$10/night at court or \$80 for the season Calling all frequent and casual basketball players. Several games are played on the short court of the high school each week and teams vary depending on attendance. Currently scheduled for Tuesday nights starting October 3, 2018 through the end of winter, 2019 at THS from 8-10pm. Contact Joe with questions: joeholden62@yahoo.com
Register on line at Tyngsboroughrec.com.

POUND SWEAT. SCULPT. ROCK. It's a high-intensity, full-body, 45-minute workout that combines interval training, squats, lunges, plyometrics, and pilates with drumming — lots of drumming — with sticks that are heavier than average drumsticks. Come join the class! Yoga mat required. Class held at 6:30 p.m. **Full 8 week session is \$65 4 week option is \$35. You can choose any 4 of the 8 weeks that work for your schedule. Session 2 starts January 8.**

IACS EXHIBITION NIGHT

Tuesday, December 11th from 6-8:30pm

FREE & Open to the Community

At IACS Exhibition Nights, the hallways and classrooms of IACS are transformed into a museum of student work, with ALL students contributing at least one piece of academic work of their choosing in the subjects of English, Math, History, Science, Spanish, Art and Music. The atmosphere is relaxed as students, families and community members peruse the exhibits at their own pace. Expect to see students on hand to answer questions about their projects or conducting a short presentation. *Join us as we end the evening with a preview of the music that our Choral, Chorale and Instrumental Ensemble classes will be performing on Tuesday, January 8th.*

This is a great way to see the project-based work that our students create during the school year. Community members are needed to observe, comment & inspire our students. We are located at 72 Tyng Road, Tyngsboro MA

www.innovationcharter.org Questions?
[Crystal McKiel, cmckiel@innovationcharter.org](mailto:Crystal.McKiel_cmckiel@innovationcharter.org)
978-649-0432

WESTERN AVENUE STUDIOS AND LOFTS

122 and 160 Western Avenue Lowell, MA 01851

Holiday Open Studios at Western Avenue Studios December 8 and 9, 12-5pm.

Holiday Open Studios is the most wonderful time of the year at Western Avenue Studios! Shop small and support local artists this holiday season where you can find unique and thoughtful gifts to satisfy every budget.

Holiday Open Studios is a stress-free one-stop destination to enjoy art, food, and craft beer... all while exploring a five-acre historic mill complex. Browse artists' studios and the Loading Dock Gallery.

Western Avenue studios and lofts is home to over 300 creative makers including fiber artists, glass artists, jewelers, metal workers, painters, photographers, potters, printers, wood workers, sculptors and more.

The event is free and suitable for all ages. Free parking.

DUNSTABLE TYNGSBOUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to helping the community through donations raised by volunteers.

Officers for the 2018-2019 Lions Year

President: Mark Alexander, 2nd Vice President: J.J. Ward,
Secretary/Treasurer: Bob Reich, Director: Richard Lowe

Anyone who would like to join the Lions is asked to call Bob Reich at 978-649-5874 or Mark Alexander at 978-649-9124. Our Regular Meetings are held on the first Tuesday of the month starting at 6:30 pm. Call one of the members, at the telephone numbers given above, to find the location.

Events

• **The Club donated two toys to the Toys for Tots.**

YOU CAN HELP BY DONATING THE FOLLOWING:

Used eyeglasses are collected for refurbishment and distribution to less advantaged people around the world.

CAN TABS (in sealed bags) are also collected for kidney dialysis time through the Shriners Hospital.

Lion's collection boxes for eyeglasses and tabs (in sealed bags) are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Tyngsborough Council on Aging Senior Center, 169 Westford Rd., Tyngsborough and Dunstable Town Hall, Post Office and Library.



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"NEW HORIZONS"

Dracut Community Band Is Welcoming New Members
Instrumentalists wanted to play in the Dracut Community Band.
Open to all musicians 18 years and older who live in Dracut and
surrounding communities. No audition is required but members
should have some playing and music reading experience.
Come and join in the fun! We rehearse on Thursday evenings at
Christ Church United in Dracut Center from 6PM to 7:15PM.

Please call Maureen Johnson at 978-454-0055 or email
johnsonmusic340@gmail.com for more information or if you'd like
to join. *NHDCB is a non-profit and is partially supported by a grant
from Massachusetts Cultural Council*

DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827

www.Dunstablechurch.org

978-649-6251

Pastor Bobby Ross pastorbobby@dunstablechurch.org

**DECC is a welcoming church at the heart of the Dunstable
community. "We gather to glorify God, to grow in Christ and to
live the gospel in the world."**

**Join us for Sunday Worship Service at 10:00 am each
Sunday.** Child care is available during the service for infants through
kindergarten age. Pastor Bobby Ross leads our worship services which
feature a variety of music, scripture readings, corporate prayer and
spoken messages and with Communion (the Lord's Supper) served on
the first Sunday of every month. Everyone is welcome to an informal
time of fellowship with coffee, tea and refreshments after worship.

CHILDREN'S SUNDAY SCHOOL is regularly held at 10:00 am.

Children will sit with their family for the first part of the service, then
move on to class for the remainder of the service. Classes are for
children age 6 and up. Children 5 and under are welcomed in the
Nursery at the beginning of our service. For more information and to
sign up to help, please contact Shellyannross@gmail.com.

DECC YOUTH: Regular meetings are held on Sundays from 4:00-
6:00 PM but special events may be held at other times. Please contact
Jon Hughes at 978-393-7708 if interested and to confirm location and
time of meeting.

COMMUNITY: Thank you for your support of the Journey to
Bethlehem, a Living Nativity. We'd love for our community to join us
in supporting a local organization called My Father's House.

My Father's House is a home in Chelmsford where young pregnant
women or new moms between the ages of 13 and 21 can find a
safe home, continue their education, and learn the skills they need
to become capable, loving parents and successful, self-reliant
members of the community. They provide housing, teach various
life and job skills, offer counseling and equip these young moms so
they can become independent and care for their children.

<http://www.mfhouse.net/>

We are accepting diapers, wipes, and financial donations for
My Father's House. Checks should be made out to "Dunstable
Evangelical Congregational Church" with "My Father's House" in the
memo. All financial gifts are tax deductible. We need all donations
by Dec. 30th. Thank you for helping us support this wonderful
organization!

SERVICES: The Christmas season began with the first Sunday
of Advent on December 2 and continues for the four weeks leading
to Christmas. **In addition to our regular Sunday morning
services, • on Monday, Dec 24th, there will be a family style
Christmas Eve service at 7:00 pm. • On Tuesday, December
25th, Christmas Day, a contemplative service will begin at
10:00am. • On Sunday, December 30th at the 10:00 am service,
we celebrate the arrival of the Maji. All are welcome at all
services.**

**Wishing all a blessed Christmas and a safe,
happy and healthy New Year.**

Come visit your community's church. For more information about
any of these events, contact the Church office 978-649-6251, email
info@dunstablechurch.org or visit our website at
www.dunstablechurch.org.

**PET HEALTH
DUNSTABLE ANIMAL CLINIC**

CANNABIS FOR PETS

Tara M. Sacramone, DVM



As the first recreational marijuana shops are opening in MA, we all need to start preparing for either intentional or accidental exposures to marijuana and or CBD oil. We have had a few accidental exposures via edibles in dogs at Dunstable Animal Clinic lately. Dogs will seek out and eat edibles if they can get them. While exposure to marijuana can be quite harmful, CBD might actually be useful in veterinary medicine.

Marijuana is a leafy plant containing many active compounds including THC and CBD. Each strain has different concentrations of these cannabinoids. THC (tetrahydrocannabinol) is the most widely known component of marijuana and the one that causes the psychoactive effects, and has been said to be useful for analgesia, anti-nausea, appetite stimulation and antiepileptic in humans. CBD (cannabidiol) is a different component that does NOT have psychoactive effects, but may be useful for analgesia, antiepileptic, anti-nausea, anti-vomiting, anti-inflammatory, and anti-psychotic. In order for the components of marijuana to become active they need to be heated up or vaporized.

Marijuana is classified as a schedule 1 drug by the DEA, meaning that it has no recognized medical benefit and that it is illegal to prescribe. Because of this classification it is very hard to get reliable studies done on it's use and safety. Every state has it's own laws regarding marijuana, from how to allow certain people to get it (medicinally) to what it can actually be used for.

There have never been any clinical studies done for the use of cannabis for animals. The veterinary community can see potential benefits of the CBD component used orally. Currently there are companies selling products containing CBD to pet owners over the internet. This is still actually illegal, but it happens. Most of the stories you hear about successful use of CBD in pets are totally anecdotal, therefore approach them with a healthy dose of cynicism. None of the products available are regulated by the FDA, so anyone can put anything on the label. Interestingly the FDA does randomly test some of these products every year and if you google FDA/CBD you can find out which products actually contain the CBD they claim on the label. Another potential problem with these products is that they can be contaminated with pesticides, mold, heavy metals and bacteria.

In pets we also have to worry about accidental exposure, especially as edibles become more readily available. Edibles are more toxic than eating the plant itself because they have been heated up and mixed with fat which speeds up absorption. Apparently marijuana never causes death in humans, even with large exposures, but the same cannot be said for animals. Animals do not enjoy the psychoactive effects and an overdose can cause urinary incontinence, respiratory failure, drooling, tremors, and coma. Severely affected dogs have to be placed on a ventilator and need prolonged stays in ICU. So just be sure to keep your edibles away from your kids AND your pets.

BEAVER BROOK NATURE CENTER

Ridge Road, Hollis, NH www.beaverbrook.org

• FITNESS HIKING through April 2019 Monday and Fridays

9-11 am Regular walking in nature reduces stress, anxiety, and improves the immune system, and nervous system. Join BBA guides and many other fun people for regular aerobic trail walking. Learn your way around Beaver Brook trails and discover many other great trails in the region including Horse Hill Nature Preserve, Monson, Andres Institute of Art, the Potanipo Rail Trail, Purgatory Falls and more. We hike rain, snow or shine. Join us 1 or 2x per week (M&F). The goal is to gain aerobic exercise and boost our endorphins. We have different groups for different paces. We will provide snowshoes or ice treads if you need them. Call 603-465-7787 to register.

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OPEN HOUSE AT STE JEANNE D'ARC SCHOOL

Ste Jeanne d'Arc School will be hosting an Open House during Catholic Schools Week on **Sunday, January 27th from 11:30 - 1:30 pm.** A PK3 to grade 8 Catholic Elementary School located at 68 Dracut Street in Lowell, Massachusetts. Come see why Ste Jeanne d'Arc School is consistently recognized as a school of excellence.

Please call if you have any questions (978) 453-4114.

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Rotary Motto: Service Above Self

Theme: Rotary Making a Difference

The Rotary Club of Tyngsboro/Dunstable has been serving the Tyngsboro and Dunstable area for 44 years.

We NOW meet at the Dream Diner, on Middlesex Rd., Tyngsboro, on the 1st & 4th Thursday of the Month at 7:15am, as well as the 2nd & 3rd Thursday of the month at 12:15pm.

Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

For further information about Rotary, please email us at tdrotary@yahoo.com or visit our website at: www.tdrotary.org.

Thank you for your continued support.

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CHRISTMAS EVE

St. Mary at 4 pm, 6 pm and midnight

St. John at 4 pm and 10 pm

CHRISTMAS DAY

St. Mary at 7 am, 9 am and 11 am

St. John at 8:30 am and 10:30 am

THE WISH PROJECT

LOCATED at:

166 Middlesex St., North Chelmsford, MA 01863

Warehouse hours Tuesday - Saturday 9-3pm

• Our new smaller Thrift Shop is now open at 166 Middlesex St. North Chelmsford behind Hertz car rental. Tuesday-Saturday 9-2:30pm. Stop in and see our new shop and pick up some bargains and support our mission.

Wish List

Mattress Sets Twin, Full & Queen (no rips or stains)

Small Kitchen Tables, Adj. Metal Bed Frames

Coffee Makers, Sharp Knives, Utensils, toasters and toaster ovens
Heaters and Fans,

Infant & Toddler Car Seats (less than 3 years old), Diapers size 6

Door knob safety covers, Infant safety cabinet latches

New shower curtain liners

Men's toiletries

• If you didn't have a chance to sign up to help a family this Christmas season, you can still make a monetary donation to Magic of Christmas. We will do the shopping for you. Go to www.thewishproject.org. You can also chose to donate an item from our Amazon wish list. Thank you for always listening and helping us serve our clintets all year long!

About Us The Mission of The Wish Project is to help families in need in Merrimack Valley. Find out more on our website www.TheWishProject.org or call us at (866) 947-4360.

Our New mailing address is:

The Wish Project, PO Box 8693, Lowell, MA 01853

To change your email or address: If you have changed your mailing address or your email address for our weekly newsletter, and would like to have us update it in our system, please email June Folger, at june@thewishproject.org Include your name, your old address/email, and your new one.

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DATES TO REMEMBER

Sunday, Dec. 2 Hanukkah began at sundown

Friday, Dec 21 First Day of Winter

Tuesday, Dec 25 Christmas

Wednesday, Dec 26 Kwanzaa begins

Monday, Dec 31 New Year's Eve

Tuesday, Jan 1, Happy New Year!



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LOADING DOCK GALLERY

122 Western Avenue Lowell, MA 01851

Show: Winter Lights 2018

Show Dates: Through December 31st

Closed December 25th and 26th, 2018

The artists of The Loading Dock Gallery make the holidays shine with the return of **Winter Lights**, their annual showcase of creative giftable art that celebrates the most wonderful time of the year. Over thirty artists working in a variety of style and mediums bring you unique pieces crafted to satisfy every budget, and even the hardest to shop for people on your list, in this show which celebrates the season.

Shop small and support local artists this holiday season while shopping for fine art and artisanal goods at the Loading Dock Gallery. **Winter Lights** is not just about uncommonly thoughtful gifts- it's also about a stress free, enjoyable shopping experience. Browse the gallery, and hundreds of working artists studios, over the course of four days of Holiday Open Studios (Dec 1 and 2, 8 and 9 from 12 to 5) or stop by early and pick out gifts during our extended holiday hours- starting December 1st the gallery will be opening at 10am.

Winter Lights through December 31st at The Loading Dock Gallery, the gallery is closed on the 25th and 26th. The Loading Dock Gallery, a part of Loading Dock Arts, Inc., a 501c3, is located at the entrance of Western Avenue Studios, 122 Western Avenue, in Lowell, MA. For more information, call 978-656-1687 or visit www.theloadingdockgallery.com.

BUDGET BUDDIES

Budget Buddies helps low-income women become more economically self-sufficient and transform their lives by teaching them core money-management skills and pairing them with personal financial coaches. We partner with local social service agencies and community volunteers to provide individualized training in basic money management. **Please call (978)-703-0820 for details – our website is www.budgetbuddies.org**



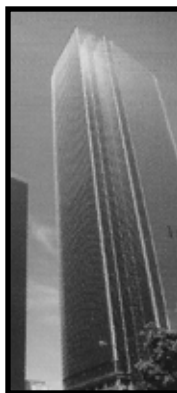
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ALTRUSA NEWS

ALTRUSA International is a service organization, whose volunteers give their time and energy in service projects which help build a better community. Altrusa's major focus is literacy. However, each local Altrusa Club operates autonomously and develops its own community service initiatives.

The Altrusa Club of Merrimack Valley continues to reach out into the community to help those in need. Each year, Altrusa observes USA Today's **Make a Difference Day** with a special project. Keeping this tradition, Altrusa purchased twenty-two (22) plush, fleece blankets to be distributed to individuals and families impacted by the gas explosions in the Merrimack Valley. The blankets were donated to the Andover Elder Services Disaster Relief, which provides refuge and comfort to all in time of disaster.

Altrusans continue to support birthday parties for the children living with their mothers at Brigid's Crossing in Lowell. Each child who is celebrating a birthday receives an age appropriate gift and a book, and all the children attending the party are given age appropriate books in lieu of goody bags. Cake, ice cream, and juice are provided for the festivities.

As Veterans Day approached, Altrusans reflected on the Altrusa motto - patriotism, efficiency, and service. Twenty-four (24) hygiene bags; each containing shampoo, conditioner, body wash, soap, toothbrush, toothpaste, floss, shaving cream, razors, deodorant, wash cloth, and body lotion; were delivered to Harbor Homes, Inc. in Nashua, which services homeless veterans.

To help support our service projects, Altrusans will be participating in the Barnes and Noble Charity Gift Wrap in Nashua from December 15th through December 23rd.

If you would like to help make a difference in the lives of others in your community, please contact us at altrusamv@gmail.com.

Altrusa meets the 2nd and 4th Tuesdays of the month at 6:30 p.m. at Brookdale in Chelmsford, MA.



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Active duty military and veterans always welcome to join. For further information call **978-649-7540**. Remember to attend the committee meetings on the first Thursday with your input and ideas.

The public is invited to get involved in all events of the post. The veterans monthly dinners will continue on the first Wednesday of the month. We are always looking for help to serve the veterans. **Keno and Scratch Tickets are available at the Post.** There is an ATM in the Post for your convenience.

Elected Post 247 Officers serving for 2018-2019

Commander: Ray Hamelin; Sr. Vice Commander: Pete St. Peters; Jr. Vice Commander: Michael Milisci; Finance Officer: John Burke; Adjutant: Don Pierce; Judge Advocate: Rolland Millard; Executive Board: Marty Bloomgorn, Joe Conlin and Robin Dion

Visit our website, www.LegionPost247.org

This website contains a wealth of information about the Post.

Please remember to be safe & keep our troops in your prayers.

COMMING UP AT POST #247

Sunday, Dec. 9 at noon Children's Christmas Party
at 7PM American Legion Christmas Party

Tues. Jan. 1, AMVET 7PM

Wed. Jan. 2, Veterans meal 6PM

SAL meet at 7PM

Legion Member meeting 7PM

Ladies Auxiliary meeting 7PM

Friday's Lunch 12-3PM All Welcome!



AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Meetings are held the first Thursday of each month at 7pm.

Auxiliary Unit 247 Current Elected Officers:

President: Bernadette Harper; Sr. Vice: Josephine Beauregard; Secretary: Patricia Modrich; Treasurer: Diane Dileo; Chaplain: Rebecca Modrich; Executive Committee: Mary Dupras, Annette Coles and Kathleen Oilje. Debra St Peters was Installed as Unit Sgt-At-Arms at the October meeting.

For information on the Auxiliary Unit meetings, or functions contact Unit President Diane Dileo at 978-204-9329

We also would Welcome New Auxiliary Members 18 and older. Contact Unit President or Treasurer.

... The Unit Jr. Auxiliary is accepting new Jr. members.
Contact 978-649-7540 if interested in joining.

AMVETS POST #247

ROBERT D. PELLETIER

90 Pawtucket Blvd. Tyngsborough, MA

We hold our meetings on the **1st Tuesday** of the month at **7 p.m.** all veterans are welcome with 180 days or more of active duty. Come down and join us for a meeting.
God Bless America.

OFFICERS: Commander: William A. Beaton; 1st Vice: John McDermott; Adjutant: John Cogan; Finance: David Coles; Judge Advocate: Roland Milliard; Provost Marshal: Roland Russell; Chaplain: Rod Woods. E-Board: Steven Harris, John Dombrowski, Ron Russell.

"ALWAYS READY TO SERVE OUR VETERANS"

AMVETS National Website: <http://www.amvets.org/>



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LAWNDALE FARM
91 Frost Road, Tyngsboro, MA

Santa Photos and Hay Ride
Saturday, December 8
10AM to 5PM
\$25.00 per family

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For questions or more information,
please call our office 978-649-2262
Pastor Denis Frediani 1-603-579-0904
www.tyngsborocongregational.org
E-mail ecctsect@yahoo.com



JOIN US FOR SUNDAY MORNING WORSHIP
OUR MISSION: Glorify God by encouraging all people to know Jesus together in Faith, Love and Service. Worship Service at 10:00 a.m. Nursery available. Followed by Fellowship and Refreshments. Cancellation information will be listed on our website:
www.tyngsborocongregational.org

DECEMBER 24th at 7:00 p.m. - We look forward to seeing you at our **Annual Christmas Eve Candlelight Service.**

This service has so much meaning as we celebrate the Birth of Baby Jesus. Please join us!
WE WISH YOU ALL, A SAFE AND WONDERFUL HOLIDAY SEASON!

- **Sunday School program** for all ages. Children will begin the Sunday Services with their parents and will be dismissed to their age-appropriate classes at 10:15am. It is important to note that all adults working with children have passed their CORY applications to ensure a safe environment for our children
- **All Executive Boards and Committee Meetings have begun**
- **LADIES BIBLE STUDY** - Tuesday morning, from 9:30 am to 11:30 am. Study will be based on "That the World May Know" video series. Please consider joining this amazing and uplifting study group.
- **ADULT BIBLE STUDY** - The Sunday evening Adult Bible Study "Just Walk Across the Room" has been postponed at this time. More information and start date will be made available soon in an upcoming Neighbor to Neighbor issue or you may inquire by calling our office. You may contact our Office at 978-649-2262 for further information.
- **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: 1. Log onto the church website <http://www.tyngsborocongregational.org> 2. On home page you will see a photo of the church. Hover the cursor over the word "SERVING" 3. Click once on the word "SERMONS" 4. Scroll down to see "Listen to our sermons for free on SoundCloud.com" 5. Click once on the link/word "SoundCloud.com" 6. Below the Church logo sermons listed by date, passage, sermon title 7. Click orange circle to listen to the sermon you desire.
- **THE THRIFT SHOP:** Please make note that the Thrift Store will be **CLOSED: Dec 27th and 29th.**
Located next to the church is open to the public on **Thursdays and Saturdays from 10:00 a.m. - 3:00 p.m.** We offer an assortment of clothing, shoes, handbags, baby items, books, small appliances, dishes, glassware, jewelry, etc. **Please do not drop off** large items as we do not have the means to dispose of these.

BARN DANCES
Held at **The Parish Center for the Arts**, Corner of **Boston Road and Lincoln Street** on **Westford Common**, PO Box 411, Westford, MA 01886 978-692-6333; PCA@Westford.org
Our **regular fourth Saturday monthly Barn Dance** at the Parish Center for the Arts • **Saturday, Dec 29**, at 7:30-10:00pm with Don Heinold calling. **Saturday, January 26**, 7:30pm, Beth Parkes calling. **Saturday, February 23**, 7:30pm, Dudley Laufman calling
No experience required. First-time dancers: **come at 7:00 for free instruction.** Saturday fee \$6 adults; Students 21 & under free.
Sunday Afternoon Dances:
Sunday, January 13, 3pm, Jacob Bloom calling
Sunday, February 10, 3pm, Marcie Van Cleave calling
Sunday dance fee is Adults \$5 and Kids \$3. There is a maximum fee of \$15 per family. **Oh, Contraire provides the live music.**