



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

Celebrating 35 Years of Service!

Issue # 377 • December 2018

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ANNUAL HOLIDAY COMMUNITY COOKIE SWAP

Saturday, DEC. 22 AT 1:00 P.M.
DUNSTABLE TOWN HALL

Annual Holiday Event...Families and friends gather to share their talents of cookie baking. Bring 3 doz. one kind of cookie with the recipe. We will swap cookies and a little history of the chosen cookie. Bring an empty tin to take all your cookies home in. For more info email sjt0213@verizon.net.

DUNSTABLE BOARD OF HEALTH

Hey Dunstable Residents, do you know that we have a new Curbside Trash and Recycling Pickup Program? The subscription runs from July 1st to June 30th.

You may join any time. The fee is pro-rated monthly. **Sign up in December for \$175.00 and you will receive a trash cart and recycling cart included in the cost.** Overflow bags are also for sale at the town hall for those weeks that you may have that extra amount of trash that won't fit in the cart. The cost of the bags is \$3.00 each in rolls of 5 for \$15.00. Sign up Monday-Friday at the Town Hall during the hours of 8:00 a.m. - 4:00 p.m. Proof of residency and a check or cash is all you need.

For further information please email inquiries to health@dunstable-ma.gov or call 978-649-4514 Ext. 229

DUNSTABLE RURAL LAND TRUST CALENDARS NOW AVAILABLE

The Dunstable Rural Land Trust 2019 Calendar is here. This year we feature flora and fauna. These pictures were taken by talented local photographers Denise Hurt, Debbie Sherwood, Mike Potsaid and Anne Davis.

The calendars are available for \$12.00 each at the library, The General Store, Rose of Sharon, Farmhouse Café, Tully Farms Dairy Store, West Auto Repair and from the DRLT Directors.

For more info call Elaine at 978-649-9236 or Anne at 978-649-7243.

IN MEMORY OF

Pauline E. Chouinard Ferreira
George H. Moore
Robert J. Ziemba
Elaine R. Powers Carnevale
Margaret Battram Abeyta
Mary Ellen Patenaude Smith



TOWN CLERK NEWS

A total of 1,731 voters cast ballots at the November 6 State Election representing a 69% voter turnout. The results will be certified and online shortly. Question 1 (Patient-to-Nurse Limit) Yes: 429 No: 1,272. Question 2 (Commission on Limiting Election Spending) Yes: 1,139 No: 527 Question 3 (Transgender Anti-Discrimination) Yes: 1,075 No: 616

The 2019 Annual Street Listing is being prepared for mailing, please expect this around the first part of January.

Dog Licenses expire December 31, 2018. An application will be enclosed with the annual street listing for your convenience. If ordering by mail, we need a self-addressed stamped envelope to return the license.

Carol A. Skerrett, Town Clerk CMMC 978-649-4514 x222
CSkerrett@dunstable-ma.gov HOURS: The Clerk's Office is open Monday evening from 3:00 pm – 7:00 pm; Tuesday, Wednesday and Thursday 9:00 am – 2:00 pm. Hours may vary due to holidays, workshops and elections. There are times the office is closed during these posted hours and extended hours for voter registration and absentee voting, please feel free to call ahead. Marriage licenses are by appointment only.

Please use this form or email CSkerrett@dunstable-ma.gov to reserve your personal dog tag number. No number higher than 700. You must reserve your tag annually. The Town Clerk's office would like to remind you that attaching your 2019 tag is not only the law, it is the best way of returning your dog if it should become lost. Deadline to submit your request is Dec. 13, 2018

REQUEST FOR DOG TAG NUMBER

Note: This is not a dog license application

Name: _____
Phone #: _____
Dog's Name: _____
Requested Dog Tag #: _____

Do not send a fee with this form. You must still complete a dog license application. In the event of multiple requests for this number, a drawing will be held by the Dog Officer. Requests must be in by 12/13/18. No number higher than 700.

ST JOHN THE EVANGELIST CHURCH

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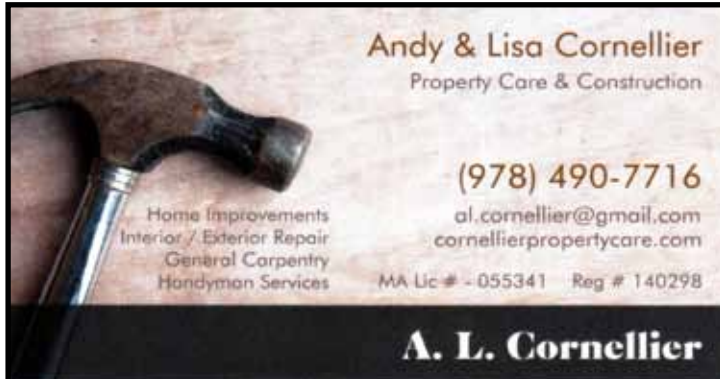
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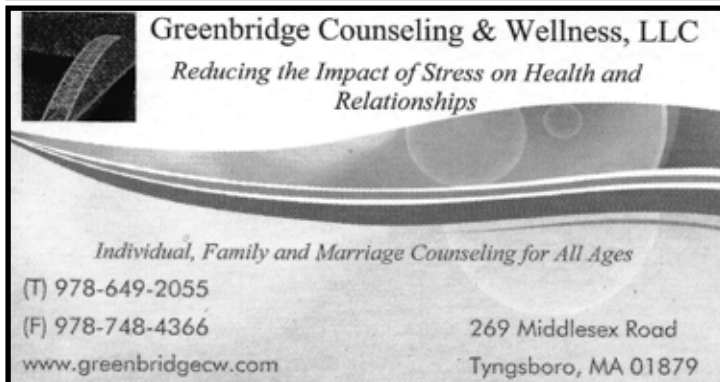
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DUNSTABLE VETERANS SERVICES

I just want to wish you all a very **Merry Christmas** this month and to let you know that if you know of any veteran, widow or family member in need of assistance of any kind, please leave me a message at 978-649-3919 or send me an email at VSO@Dunstable-ma.gov. I am here to help you.

Joe Dean (Former USMC Sgt. Retired USAF Capt.)
Dunstable Veteran Services Officer
Proudly serving those who have served



Happy Holidays Neighbors!

As you're gearing up for family time this holiday season, don't forget to ask your relatives for their assistance with collecting Box Tops. We know how easy it is to clip and collect, they'd be thrilled to participate, just ask!

With the holiday season comes - parties! Be sure to look for Box Tops on some of those must-have entertaining products, such as Hefty cups, bowls, and plates and Kleenex dinner napkins; create table place cards using Paper Mate pens; get busy in the kitchen with Reynolds bakeware pans and parchment paper; then make clean up easy with Hefty trash bags, Ziploc bags and containers, Finish dish detergent, and Lysol wipes.

Thank you to all those that turned in those last minute Box Tops to make our November 1 deadline, we had a great first mailing of the school year! Don't forget to continue to submit your receipts through the BTFE app and turn in your carefully clipped Box Tops to any of these Dunstable drop-off locations: Swallow Union, Maple Village Preschool, Library, post office, and West Auto Repair.

Thank you for your support - if you have any questions please don't hesitate to reach out to any of us.

Jen West & Cristina Agraz & Chrissy McLane

Box Top for Education tri-chairs for Swallow

Union Elementary School www.swallowunionapt.org

aptsallowunion@gmail.com www.facebook.com/SwallowUnionAP

DUNSTABLE TOWN HALL DIRECTORY

Town Hall (978) 649-4514. The departmental extensions are as follows:

221 Accountant 222 Town Clerk 223 Council on Aging

224 Board of Selectmen (handles many depts.) Also for Animal Control Officer. After hours call Police at 978-649-8891. If emergency call 911

225 Assistant Assessor 226 Building Inspector 227 Highway

228 Collector/Treasurer 229 Board of Health

230 Conservation/Planning Board 249 Assessors, Water Dept

Please dial 0 if you need assistance.

Veteran's Officer 978-649-3919

POLICE NON-EMERGENCY 978-649-7445 **POLICE & EMT** 911

FIRE DEPT. TELEPHONE NUMBERS TO REPORT A FIRE CALL 911

Business Line.....978-649-6661 FAX.....978-649-6072

Alarm System* 978-448-6666* can be used to call in a fire from cell phone

You will find more information on the town website www.dunstable-ma.gov

Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

E-mail: anne@neighbortoneighbornewsletter.com

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Total Circulation is now 6,306 which includes Dunstable and Tyngsborough.

DIRECTOR OF THE COUNCIL ON AGING

Anne Fenochetti Email: afenochetti@dunstable-ma.gov
Hours at Town Hall: **Tuesday** from 11-2 and **Wednesday** from 8-11. You can reach Anne at 978-649-4514 ext. 223 at the Town Hall or by appointment.

DUNSTABLE COUNCIL ON AGING Mary Moeller chairman; Brian O'Donnell, Secretary; Donald Pottle, Mary Dow, Barbara Martin, Vincent Hollins.

Bone Builders Program is held on Wednesdays and Fridays in the community room of the library from 10:30 – 11:30a.m. Through a grant from Tufts Health and CTI senior Corp. Volunteer leaders run the program. Bone Builders is a fun low- impact strength training and balance exercise program. Each class runs for 60 min. FREE to all seniors, space is available. Talk with Brian O'Donnell

SAND FOR SENIORS The Dunstable Highway Dept. has offered to deliver a bucket of sand to any household that might need some for keeping their steps and walkway safe. Just let us know and we will arrange for a delivery.

Medication Take Back Program Do you have out dated or unused medication in your cabinet? An officer from the Dunstable Police Dept. will be at our meetings on the last Wed. of each month at noon to collect them and dispose of them properly. **Drop off will be December 19**

Well Adult Clinic Are held on the fourth Wednesday of every month in the community room of the Dunstable Library. These clinics allow for personalized, one on one attention from a nurse. Offered services include blood pressure and blood sugar screenings, diet/nutrition information and teaching, medication review and assistance with identifying and coordinating community resources and referrals. All residents, of any age are welcome to attend. **Next clinic January 23 from 11 – noon. NO CLINIC in December.**

Van Service is available for medical appointments and grocery shopping. Cost is \$5.00 for local trips, Lowell, Chelmsford, Nashua, Tyngsboro, Westford, Ayer, Groton & Pepperell. \$10.00 for any other. Check with Anne Fenochetti as soon as you know when your appointment is to make sure a ride is available.

Meals on Wheels Do you or someone you know need the services of Meals on Wheels? Receive a hot nutritious lunch delivered M-F at around 11:30 a.m. as well as monthly special meals and holiday meals. For more info check with Anne. **Drivers needed.**

Durable Medical Equipment Try us FREE before you buy. Check out the COA's inventory. We have a variety of good, gently used walkers, wheelchairs, transport chairs, canes, commodes and much more that people have generously donated. These are on loan and need to be returned when not in use. PLEASE call first before you drop off items. Accepted items should be brought to the Town Hall only.

Message from the Fire Chief Fire Chief Rich is available to check your smoke detectors you just need to set up an appointment. If you need the assistance of the fire department for a non-emergency situation and you've called the fire station and no one was there.

Please call 978-448-6666 (Fire/Police/ems Dispatch) they will notify the proper person or service to assist you. **Office # 978-649-6661**

Living Alone Safely in Your Own Home The Dunstable COA is working with the Fire Dept and the Police to keep those seniors living alone safe in their home. They can secure a lock box with a key on to your door at your home so that in an emergency help would be able to get to you quickly. Chief Rich will be available at our Wed. lunches if you have any questions. Call his Office # 978-649-6661 for more information.

Nashoba Nursing Service and Hospice: For information on home health, flu clinics, nursing availability, or hospice call 1-800-698-3307. Hospice is looking for volunteers to visit patients to give the caregiver a break. Call Wendy Chieffo for more info 1-800-698-3307 ext. 352 or wchieffo@nashoba.org.

Groton Memory Cafe Every 4th Thursday from 10:00 - noon at the Groton COA 163 W Main St, West Groton, Ma. Join us for coffee and conversation for individuals and families living with memory changes. FREE, call 781-863-1166 ext. 104 for more info.



Jon Crandall
Broker Partner MA & NH
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PRESIDENT

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PO Box 245 • Dunstable, MA 01827

MORE NEWS FROM THE DIRECTOR OF THE COUNCIL ON AGING

Caregiver's Support Group sponsored by **Rivercourt Residence** For families and caretakers of loved ones with Alzheimer's or other forms of Dementia. If you are feeling sad, guilty, lonely or helpless. You are not alone! Come join us to talk about these feelings and connect with others whose experiences are similar to yours.

For information call: Laurie Morency at 978-448-4122 ext. 250 First Wednesday of every month 10:30am-12noon or 6pm-7:30pm Conference room at 8 West Main Street, Groton MA 01450

Care guides available for families of people with Alzheimer's Disease. Available to download at no cost. The Alzheimer's Disease Assoc. Ma/NH Chapter has an array of resources for families and individuals at each stage of Alzheimer's Disease. These comprehensive guides allow families to address specific issues they are currently experiencing. If you are not sure what guide is best for you call 800-272-3900. To download guide, go to: www.alzmass.org/care-guides.html. The Alzheimer's Assn. home page is located at www.alz.org/manh

Prescription Advantage Now has a continuous open enrollment. Applications available.

Medicare Questions Call Elder Services at 1-800-892-0890

We now have the application for RMV Handicap placards.

Charity Navigator There aren't many days go by that we are not contacted to make a donation to different organizations. Want to make sure they are legitimate and the money you donate is well used. You can now look up these charities at www.charitynavigator.org

Brown Bag Program Elder Services of the Merrimack Valley, Inc. and the Greater Boston Food Bank have joined forces to offer an Elder Brown Bag Program for income eligible residents 60 years and older in the Merrimack Valley. Eligible elders will receive a free bag of groceries on the fourth Tuesday of the month. Pick up at the Tyngsboro Senior Center. Applications are now being accepted and are available through Anne at the Dunstable COA office.

Files of Life pouches are available to **all** seniors. These pouches will contain pertinent information about you that can be left in a visible location, home/car to be used in cases of emergency. You can contact Fire Chief Rich for more information.

Elder Hotline Provides seniors and their families with information related to elder issues. Call 1-888-243-5337 Mon- Fri 10:00 - 4:00
Thank You to the Sunshine Girls for their very generous donation.

GD SEPAC

Groton Dunstable Special Education Parent Advisory Council
<http://gdsepac.wordpress.com>

Mark your calendars for January 15, 2019 6 – 9 PM Location TBD *Stretch What Matters: Self-Care for Yourself and Your Child with Special Needs* Come join us as we learn about ways to utilize yoga and mindfulness to care for ourselves and our children. Bring your yoga mat and wear comfortable clothing for this interactive workshop. *Funded by the Groton-Dunstable Regional SEPAC*

Contact Officers and Liaison 2018-2019:

Co-Chair: Melissa Padera mpadera@yahoo.com

Co-Chair: Jennifer Bonenfant jenniferbonenfant@gmail.com

Secretary: Marla Haddad mhaddad2@verizon.net

Treasurer: Katie Leonard kcleonard@gmail.com

SCHOOL PARENT LIAISONS:

Boutwell Katie Leonard kcleonard@gmail.com

Florence Roche Katie Leonard kcleonard@gmail.com

Theresa Passmore theresapassmore@gmail.com

Swallow Union Melissa Padera mpadera@yahoo.com

Susan Lopez susanlopez24@gmail.com

Middle School Theresa Passmore theresapassmore@gmail.com

High School Susan Lopez susanlopez24@gmail.com

Out-of-District Melissa Padera mpadera@yahoo.com

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From Our Family to Yours

Milltown Plumbing is a family owned and operated business established in 1979. Ever since the company was founded, we've stayed true to our commitment to the people of Northern Massachusetts: our licensed and bonded plumbers offer honest answers to all of your plumbing questions, and we provide cost-effective, permanent solutions to keep your home healthy and safe. That commitment to your satisfaction has guided us for over 35 years of commercial and residential plumbing service, and the result is that homeowners in Northern Massachusetts trust us more than anyone else for quality plumbing repairs and emergency service.



DUNSTABLE SENIORS

Program Coordinator Susan Tully 978-649-6750
or Email at sjt0213@verizon.net

We are a peer group for those over 60. Seniors meet in the community room of the Dunstable library every Wednesday Bone Builders, 10:30 - 11:30, dominos 10:30 - noon, lunch at noon. First Wednesday, BINGO FOR CASH. Last Wednesday of the month, POKENO, bring your pennies. SCRABBLE & CRIBBAGE group every Wednesdays at 12:30.

The Mission of the Dunstable Council on Aging is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs.

IN CASE OF SNOW AND THE LIBRARY IS CLOSED THERE IS NO SENIOR MEETING

December Lunches **December 5** the library staff will sponsor the lunch. **Dec 12** will be roast pork, potatoes seasonal vegetable and cheesecake. **Dec. 19** will be our annual Christmas Party. Charlotte's Cozy Kitchen will be preparing a delicious roast beef meal. Following lunch we will hold our annual Yankee Swap. **No meeting Dec 26.**

Annual Holiday Yankee Swap. Will be held on **Wed. December 19** following lunch. Everyone is asked to bring a consumable gift ie. Anything you can eat or drink. Suggested price range, \$10.00.

Rivercourt Residence in West Groton invites 12 Dunstable seniors for a monthly lunch. Please join us on the third Tuesday of each month. Next lunch **December 18** at noon in their private dining room. They do this as a community outreach program, no sales involved. Just a good time with friends.

Book Delivery to shut-ins is available through the Dunstable Library. Just let Sue know if you or someone you know needs books or audio material.

Indian Hill Music, Bach Lunch. Indian Hill Music, 36 King Street, Littleton MA. presents, Eileen Yarrison on flute and Jonathan Hurley on guitar. **Next show December 20.** There are TWO PERFORMANCES: 11:00 am and 1:30 pm Indian Hill Music, 36 King Street, Littleton MA. Complimentary coffee, tea and cookies will be served or you are welcome to bring your own lunch. Doors open at 10 am for first show and 12:30 for second show.

Holiday Centerpiece Dec. 12 at 11:30 Learn to make a lovely but simple holiday centerpiece using a clear glass container, holly and fresh flowers.

Book Club The group will be meeting **Saturday Dec. 15 at 10:30** in the community room of the library. We will be discussing **The Christmas Light** by Donna VanLiere. **Summary** In the small town of Grandon, five very different people discover the true meaning of Christmas. Jennifer and Ryan are both single parents, struggling with their own losses and heartache. Sixteen-year-old Kaylee is faced with a life-changing situation that has affected her whole family. Stephen and Lily are happily married and ready to start a family. All of them are facing their own struggles, and all are finding their way through the dark. When they are brought together for a rather unconventional church Nativity. Books may be ordered through the library.

FREE Quilting Class under the direction of **Robin Murch** will be offered on the **first and third Tuesday** from 6:00 – 7:45 at the Dunstable Library. Just drop in and she will let you know what you will need to get started. **Memory and Music** **Wed. January 9** at 12:45 Laurie from Rivercourt Residences will speak on how Music used as a therapeutic mechanism is shown to improve moods, awareness and quality of life.

Paint Party **Friday January 11** at 11:45. Raquel Kaplan will lead our group in creating a beautiful 8 X 10 painting in just one setting. All supplies will be provided. No experience needed. That will be the fun of it. Space will be limited, cost is only \$5.00 per person so bring a friend. RSVP please.

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HOW JESUS REVERSES BABEL

By Nathan Combs

The beginning of Genesis 11 unfolds an unusual situation. After God told Adam and Eve (Genesis 1.28) and then Noah to "fill the earth" with people (Genesis 9.1), we see their descendants rebelliously banding together in one place to build a city and tower in the land of Shinar. Their goal was self-glory: "let us make a name for ourselves." Ironically, as they built up towards the sky, the text says that "the Lord came down" to view this new construction project with displeasure. He saw that the people were one, used only one language, and possessed an arrogant spirit that would not stop with the completion of the city. He therefore confused their languages, causing them to scatter from each other. The unfinished city was called Babel, which means confused. Even today in English, someone who speaks nonsense is known as a "babbler."

Did God orchestrate that division because he dislikes unity? On the contrary, God's entire plan for the world revolves around His desire to "unite all things in him [Jesus Christ], things in heaven and things on earth" (Ephesians 1.10). Through the sacrifice of Jesus, God is reversing the breakdown of unity at Babel and bringing all things together again - in the right way and for the right purpose. Instead of aimlessness and confusion and discord which comes from exalting self, there is purpose and understanding and harmony in a collective focus on Jesus. Through Jesus, human beings can all speak the same language again.

These are not mere lofty words that have no real effect on our personal lives. Instead, understanding Jesus' reversal of Babel changes everything for us. In the church, God's family, how are people of vast differences going to effectively work together? It is only possible when Christians speak the same language of Jesus. As Christians grasp how Jesus has reconciled every kind of person to God through the cross, hostility between people is put to death (Ephesians 2.16). Despite the many differences that exist between people, every one of us is guilty of rebelling against God (Romans 3.23) and can only be rescued by the saving work of God, not ourselves (Ephesians 2.8-9). Therefore, all cause for arrogance, bitterness, resentment, jealousy, selfish anger, or any other source of division, completely melts away in the face of Jesus' sacrifice.

Likewise, in a marriage, how are two people of different genders, family cultures, expectations, etc., going to effectively function as a unified team? It will only happen through speaking the same language of Jesus. Husbands and wives are told to think of their relationship as a living, breathing picture of Jesus' relationship to His saved group of people. As in God's family, a home of love, respect, submission, and leadership is only possible when people are communicating the words and thoughts of Jesus to each other. All other unity is built on a cracked foundation that cannot endure.

NEW HAMPSHIRE JUNIOR ROLLER DERBY PRACTICES IN TYNGSBORO

New Hampshire Junior Roller Derby is pleased to announce that it began holding league practices in Tyngsboro this fall. Weekly practices have started at the Tyngsboro Sports Center (500 Potash Hill Rd, Tyngsboro, MA) from 10-11 am.

New Hampshire Junior Roller Derby is open to skaters from ages 7 to 17. The league is based out of the JFK Coliseum in Manchester, NH, but uses other venues for off-season practice space. The team is part of the Junior Roller Derby Association, and is finishing up an exciting season that included games with teams from around New England, New York, and Canada.

For more information, visit www.nhjuniorrollerderby.com.

FROM THE DUNSTABLE BOARD OF SELECTMEN

The Dunstable Board of Selectmen is looking for individuals who are interested in serving on committees, boards, and commissions. Currently both the towns Cable Committee and the Town Government Study Committee are in need of members.

Interested persons should contact the Board of Selectmen's Office by phone at (978)-649-4514 ext. 224, or by email at jvoelker@dunstable-ma.gov.



We are in the midst of the collection season and toys are coming in daily. The collection box often is overloaded which is a GREAT problem to have to deal with!!! The West family from West Auto Repair and Maureen Amaral from Coldwell Banker Residential Brokerage thank all of our neighbors who have already stopped by to drop off a toy. If you haven't had a chance to do so yet there is still time. We will be accepting new, unwrapped toys at West Auto Repair located at 30 Pleasant St. in Dunstable, MA up **until Friday, December 21st**.

The collection box is set up in the office of West Auto. No need for an appointment, feel free to drop off any toys during hours which the garage is open - Mon-Fri 8AM til 5PM.

Please remember historically there has been a shortage of donations for children in their pre-teen years so please keep that in mind when considering what toys you might donate to this program. We look forward to seeing you all during this upcoming holiday season and we thank you in advance for your support. Should you have any questions relating to the Toys for Tots program please feel free to contact Maureen Amaral who is our towns Toys for Tots coordinator at 773-599-3257 and she can answer any questions you might have.

CAT FOOD DONATIONS NEEDED

to feed a colony of feral and homeless kitties. Please call me at **978-799-9715** for the drop-off location on the Dunstable/Tyngsboro line. Don Gaudette. **Volunteers to help with the feeding are also needed.** Associated with Kitty Angels www.kittyangels.org Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats

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Thursday 10-8 Friday 10-2

WE ARE OPEN SATURDAYS 10-2

For more library information go to

www.dunstable-ma.gov click on library

Mary Beth Pallis – Director – mpallis@mvlc.org

Karen Debrececi – Children's Librarian – kdebrececi@mvlc.org

Like us on FACEBOOK to receive program updates!

www.facebook.com/pages/Dunstable-Public-Library/219991908117595

PLEASE NOTE The Library will closed
December 25th and 26th to celebrate Christmas

Featured Display If you would like to display your artwork or photographs in the community room, we would love to host you. Please contact Karen at kdebrececi@dunstablepl.org.

Community Room Artist Check out the wonderful new artwork by Alice Sneizek. Her new collection of paintings are wonderful!

Display Table Artist Katherine Valliere will be displaying her adult coloring book art.

Library Passes available Take advantage of these great passes: Boston Museum of Fine Arts, One Stop Fun, US Constitution Museum in Charlestown, and a pass to 50 Massachusetts State parks. New Discount Pass – Salem Witch Museum and Merrimack Repertory Theatre.

Adult Reading Group The group will meet on **Saturday, December 15th and every third Saturday at 10:30a.m.** in the community room of the library. New members are always welcome.

Quilter's Group meets from 6-8 p.m., the first and third Tuesday of the month. If you are interested in learning to quilt or would like to join other quilters, this could be the perfect opportunity for you.

Cook Book Club The library has a cookbook club! We will have a cookbook displayed each month and you can select and make a recipe from the monthly selection. Then we will get together on the **last Friday of the month at 12:00pm** to enjoy the dishes. Signup sheet will be at the desk. *This month we will not be meeting because of the Christmas holiday.* New members are always welcome.

Knitting and Crochet Class under the direction of Donna Acquaviva. The class will be held on **Monday nights at Swallow Union School from 6:30 – 8:00.**

Preschool Story Hour Please come in with your 3, 4 or 5 year old for story hour. Story hour is held on **Thursdays and Fridays**. We meet from 10:30–11:30. The program includes stories, songs and a craft or activity. Come in and join the fun!

Afternoon Story Hour This will be for older children who have ½ days in kindergarten or older preschoolers. We will meet on Thursdays at 1:30 pm. We will still do a craft, so please wear clothes that can get messy.

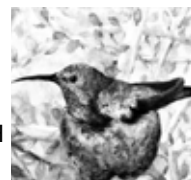
Children's Craft Come and join Mrs. D. for a special craft time on December 18th at 6:00pm. We will be making holiday gingerbread houses. Please bring in a bag of candy to share. Please sign up at the library or email Mrs. D. at kdebrececi@mvlc.org

Holiday Workshop! Have your children come in to make gifts for their family members. This will happen on December 11th at 4:00pm. Come in and join in the holiday fun. Please sign up at the library or email Mrs. D. (kdebrececi@mvlc.org) so we have enough supplies.

Holiday Wreath Display Please come in and pick up a wreath during this month. Bring it home and decorate it based on your favorite book or movie (Or any creative way you would like). Then bring your completed wreath back to the library and we will display it for the month of December and for many Decembers following. This is a great family activity!

On Going Book Sale Is in the Community Room at the library. Come in and check out the selections that are here. Hard Covers are \$1.00, Paperbacks are 5 for \$1.00, DVD's are \$2.00 and CD's are \$1.00. If you would like to donate to the ongoing book sale, please bring current books (not older than 2 years) or any children's books in good condition. Please bring your donations inside, instead of leaving them at the door. We cannot accept magazines, older books, or textbooks.

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Sunday 12-4

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MORE NEWS FOR DUNSTABLE FREE PUBLIC LIBRARY

588 Main St. 978-649-7830

Library Hours: Tuesday 3-8 Wednesday 10-2

Thursday 10-8 Friday 10-2

WE ARE OPEN SATURDAYS 10-2

**PLEASE NOTE The Library will closed
December 25th and 26th to celebrate Christmas**

Homework Club The library is offering homework help every Tuesday night from 6-7PM for the school year. This is a free service for children from Kindergarten to High School. Honor Students from local high schools are available to help the children. These students help children understand their math homework and more. If your child is attending, please call by 5:30 so we can be sure a student will be here for your child.

The children made a wonderful craft using pumpkins to create a Thanksgiving centerpiece. Thank You Joan Simmons for donating the pumpkins.



DUNSTABLE GRANGE #31

CELEBRATING 150 YEARS

Dunstable Grange Meetings are held each month at Dunstable Town Hall at 8 p.m. unless otherwise noted. Call for more information 978-649-3934. Come join Grange! *All are welcome!*
Refreshments will be served.

TROOP 28 NEWS

Scouting is Starting Up!

Scouts BSA Troop 28 Dunstable meetings, **Monday from 7 PM - 8:30 PM** at the Dunstable Congregational Church. Any boys in grades 6-12 are welcome to attend along with their families.

Scouting is a great way to build self-confidence, character, and leadership while having fun, making friends, going on adventures, and serving your community.

Troop 28 does all sorts of activities including kayak trips, day hikes, camping trips from 1-5 nights, bike trips, cooking competitions, shooting sports, trampoline jumping nights, and more. We serve our community with conservation projects, citizenship work, and service to our seniors and veterans.

All activities are completely voluntary and Scouting is easy to fit around sports and other activities. Our Troop has a great history of developing young people into self-confident leaders, including many Eagle Scouts.

Call Scoutmaster Sarath Krishnaswamy at 978-846-0120 or sarath@alum.mit.edu if you'd like to learn more, or check our website out (dunstable28.mytroop.us) or gdsouting.org for more information.

BUDGET BUDDIES

Budget Buddies helps low-income women become more **economically self-sufficient** and transform their lives by teaching them core money-management skills and pairing them with personal financial coaches. We partner with local social service agencies and community volunteers to provide individualized training in basic money management. **Please come along to a no obligation Volunteer Information Night in Chelmsford MA. Please call (978)-703-0820 for details – our website is www.budgetbuddies.org**

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COMING UP AT INDIAN HILL

To learn more about these events, or to make reservations, call (978) 486-9524 or visit www.indianhillmusic.org

CHAMBER MUSIC AT INDIAN HILL: Cellist Shay Rudolph and pianist Bonnie Anderson share the stage for sonatas and variations by Beethoven and Chopin: **Sunday, December 9 at 3:00pm**, 36 King Street, Littleton, MA. TICKETS: \$15 (Free for Indian Hill Music students)

PIANO PERFORMANCE WORKSHOP: On-stage practice in a casual masterclass format with expert coaching from the Indian Hill Music School faculty: **Wednesday, December 12 at 6:30pm**, 36 King Street, Littleton, MA. PARTICIPATION FEE: \$20 per session. (Free for Indian Hill Music students) **Pre-registration required.**

FRIDAY NIGHT JAZZ JAM: Listen to a swinging set by the Mike Caudill Trio followed by an open jam session. Stay and listen, or sit in to play standards with the group! **Friday, December 14 at 7:30pm**, 36 King Street, Littleton, MA. TICKETS: \$10 (Free for Indian Hill Music students)

FAMILY HOLIDAY SING-ALONG: Indian Hill Music School's Early Childhood Department presents its annual Holiday Sing-Along for young families: **Saturday, December 15, 10:00am - noon** at 36 King Street (Rte. 495/Exit 30), Littleton, MA. All ages are invited to sing, dance, and play instruments. Special appearance by Santa and Mrs. Claus! FREE admission.

HOLIDAY CONCERT: New England Flute Orchestra of Indian Hill Music -- our 20-member adult flute ensemble led by Dr. Eileen Yarrison -- plays seasonal and holiday favorites from around the world: **Sunday, December 16, 3:00pm** at 36 King Street, Littleton, MA. TICKETS: \$10. Learn more: (978) 486-9524x116 or www.indianhillmusic.org.

'BACH'S LUNCH' CONCERT: Indian Hill Music presents classical and contemporary works for flute and guitar duo featuring Eileen Yarrison, flute, and Jonathan Hurley, guitar. **TWO SHOWS - Thursday, December 20 at 11 am and 1:30 pm**, 36 King Street, Littleton, MA. Complimentary coffee, tea, cookies; bring your lunch. FREE admission. Reservations required for groups.

STUDENT RECITALS AT INDIAN HILL: Hear Indian Hill Music School students perform in a variety of styles and combos, from solos to ensembles, December through February at 36 King Street, Littleton, MA. (This is a great opportunity to see what we do and meet our talented faculty.) FREE admission. Call or visit website for recital days and times.

ART EXHIBIT: The Gallery at Indian Hill presents "skyscapes" -- an exhibit of oil paintings by Jonathan MacAdam. **On view through December** at 36 King Street, Littleton, MA. (Check gallery hours online.) FREE and open to the public.

WEST CHELMSFORD UNITED METHODIST CHURCH

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Worship & Sunday School each Sunday at 9:30AM

Coffee/Fellowship 10:30

Join us for Christmas Eve Service at 7:30PM

We're not hard to find. From Route 3 North - Tyngsboro & New Hampshire Take exit 33 (Rt. 40). At end of ramp turn left onto Rt. 40 (Groton Road). Go one mile to Oak Hill Road on left (Rapid Refill and Convenience store on right). Turn left onto Oak Hill Road and proceed 1/2 mile to left fork at Nabnasset Golf Course. Take left fork and proceed 1/4 mile to stop sign. Go straight after stop for 1/4 mile. Church is on the right after sharp curve in the road.

When you call a business listed here,
please tell them you've seen their ad in
Neighbor to Neighbor.

They would like to know. Thank you, Anne

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SHEPHERD OF THE VALLEY LUTHERAN CHURCH

Now holds services and other activities at the Federated Church
21 Washington St., Ayer, MA (978) 540-0768
<http://www.sov-lc.org>

Pastor Rev. Susan Gaeta Fall Worship is at 10:15

Shepherd of the Valley Lutheran Church fall worship time is
10:15AM

Shepherd of the Valley Lutheran Church will hold a Candlelight Christmas Eve Service on **Monday, December 24th**. There will be a Carol Sing from 5 to 5:30 and the service will begin at 5:30. There will be special music as well.

On **Tuesday, December 25th**, there will be a **9 AM Christmas Day Service**. Come and celebrate the birth of Our Lord.

On **Sunday, December 30th** there will be a Lessons and Carols Service.

CUB SCOUTS PACK 28

Interested in scouting? You and your child(ren) are invited to join Pack 28 Scout. There are many fun activities your child(ren) can do in scouting that help to build their skills and confidence so they can grow to their full potential. *Cub scouts is open to all boys and girls in Kindergarten through 5th grade (age 5 as of 8/28/18)*. Some of the activities we have planned for the upcoming Scout year include: Pack Campfire @ the Dunstable Rural Land Trust Pinewood Derby Rocket Launch Memorial Day Parade Fishing Derby Hiking

For more information, please contact: Jen Neiley
Membership Coordinator jen@geoff@gmail.com or **Chris Braun**, Pack Cub Master chrisjbraun@verizon.net (617) 640-1678

DOWNLOAD YOUR FREE BOOK

"LIVING WITH OUR WILD NEIGHBORS"

I wanted to pass on this information to you. The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z. Since we have so many animals that we share our yards with, I thought it might be helpful to you.
<https://www.animalsheltering.org/page/wild-neighbors-book>



46 Coburn Road
Tyngsboro

Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, and observe meadow wildflowers and butterflies. It's a great place for outdoor exercise and to enjoy nature close to home. Sherburne Nature Center and Trails activities are open to all who are interested. Activities go rain or shine. In extreme weather conditions, activities are cancelled. No reservations or fees required. Children under 16 must be accompanied by an adult.

Please note: The tennis court behind the Sherburne Nature Center is PRIVATE property.

It is not part of the PUBLIC Nature Center property.

Issues and other information posted online at
www.neighbortoneighbornewsletter.com

Please send info in now for the January issue.

Have events coming up? **Need details about advertising your business?** Send an email to me anne@NeighborToNeighborNewsletter.com or by mail to Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827.

You may also reach me at **978-419-1914**.

*Tyngsborough printed issues circulation is 5067 and
Dunstable printed issues circulation is 1239.*

Copies available at town hall and library



Neighbor to Neighbor

Published by Anne M. Paquin

Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

The months just fly by and the holidays are here again. I wish to thank all of you who send in the news and articles. I also thank all of you who advertise.

Your continued support of *Neighbor to Neighbor* is truly appreciated. Many of you have been in the newsletter for decades, some of you have retired, and there are many new ones.

Things have certainly changed since 1983. But the purpose of the *Neighbor to Neighbor* continues to be the same. To give you some local news, interesting and informative articles and a place to find local stores and a varied group of businesses within the community to help you in your every day life.

***I wish you all a very Merry Christmas, and a
Happy New Year!***

***Sincerely,
Anne***

***I look forward to hearing from you
soon for the January issue!***



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THE THREE ESSENTIAL ESTATE PLANNING TOOLS

By Edward H. Adamsky

There are three essential Estate Planning tools that everyone needs to have in place. These are the Will, the Power of Attorney and the Health Care Directive.

A Will is a written document controlling the disposition of an individual's property at death. It must be written, signed, and witnessed by two competent people. It may be changed at any time, but the formalities must always be followed. You should review and update your Will at regular intervals (every three to five years) and upon major life changes (marriages, births, deaths).

In your Will you get to say who will receive your property after you die. You may give specific items to specific people ("my stamp collection to my nephew George"), or general gifts to groups ("all of my property, in equal shares, to my children") or any combination that you choose. In your Will you nominate the person that you want to oversee your estate after your death (executor or "personal representative") and if necessary the person that will take care of your minor children (guardian). When there is no Will the *intestate* formula in the law determines who receives the decedent's property. These rules are inflexible and do not allow for any special circumstances.

A Power of Attorney is a written authorization, granting power to act for another. The "Principal" designates an "Attorney-In-Fact" or "Agent." It is like hiring an employee, however an "Attorney-In-Fact" is usually an unpaid friend or relative. A Power of Attorney is "durable" when it is written so that it remains in effect even if you are incapacitated, and your Attorney-In-Fact can still carry on your affairs; personal and business (to the extent you granted those powers).

If you become incapacitated without an Attorney-In-Fact your family will have to go to court to have a Guardian or Conservator appointed to handle your affairs. This may cause delays and significant legal costs. With a Power of Attorney, you share your rights and powers with an Agent. In a Guardianship, you lose all your rights and powers to the Guardian.

A Health Care Directive is a special Power of Attorney that names someone to make health care decisions for you if you cannot. Massachusetts law calls this a *Health Care Proxy* while the New Hampshire term is *Power of Attorney for Health Care*. The power granted includes authorization to allow or refuse all medical procedures. You put your life in the hands of the person you name as your health care agent, but this is preferable to leaving it uncertain or up to the court system. Your agent's power only comes into effect when you cannot make health care decisions for yourself. If you can communicate a preference, your wishes will be followed. The person you name in your Proxy will have authority to make life and death decisions for you, if you cannot do so yourself, so you must trust this person with your life.

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Groton and Dunstable

Family & Community Programs

Join us on any 1st Tuesdays during the school year -1:30 p.m. at: Dunstable Congregational Church, 518 Main Street, Dunstable

Join us on any all Mondays during the school year -9:30 a.m. at: Peter Twomey Center (behind G-D Middle School North), 348 Main Street, Groton

Townsend and Pepperell

Family & Community Programs

Join us on any 1st and 3rd Tuesdays during the school year -10:30 a.m. at: Pepperell Library (Lawrence Library), 15 Main Street, Pepperell

Join us on any Wednesdays during the school year -10:30 AM at: Townsend Library, 12 Dudley Road, Townsend

Please contact Jana Harrison, at jharrison@awrsd.org, or 978.874.0163 for further information.

ANCHOR BIBLE CHURCH

18 Pondview Place, Tyngsborough, MA (across from Skate 3)
Sunday school – 10am Sunday worship 11am & 6pm Mid week prayer meeting – Wed. 7pm. Home Bible study – 7pm, 1st and 3rd Thursdays @ 163 Highland St., Hudson, NH Call Pastor Steve Willett @ 978-957-0648 www.anchor-bible-church.org

CALLING FOR EMERGENCY HELP

If you are calling from your cell phone in Dunstable, call 978-649-7445 (the station) or 978-448-5555 (DISPATCH).



United Way Blizzard Blast

January 26, 2019 -- Nashua, NH

3-4 miles -- 30 obstacles Sign up today!

<https://bit.ly/2RgtKYC> Or text blizzard2019 to 71777

Have you ever done or wanted to do a tough obstacle course race? How about in the snow?!

Join Nashua's first ever **Blizzard Blast**, a 3-4 mile winter obstacle course from the Nashua Millyard, along the Nashua River, through Mine Falls Park and back... 30 obstacles. Professionally timed. Awesome after party at Boston Billiards!

This will be an experience you will not want to miss!

All participants get a free race t-shirt, medal, and admission to the after party at Boston Billiards, including either a special hot appetizer or a special signature drink. What could be a better way to enjoy the weekend before the Super Bowl?

Limited exclusive **SPONSORSHIP OPPORTUNITIES** are available for the event for businesses and teams of all sizes. For more information on the event or sponsorship opportunities contact Mike at United Way: mapfelberg@unitedwaynashua.org

IACS EXHIBITION NIGHT

Tuesday, December 11th from 6-8:30pm

FREE & Open to the Community

At IACS Exhibition Nights, the hallways and classrooms of IACS are transformed into a museum of student work, with ALL students contributing at least one piece of academic work of their choosing in the subjects of English, Math, History, Science, Spanish, Art and Music. The atmosphere is relaxed as students, families and community members peruse the exhibits at their own pace. Expect to see students on hand to answer questions about their projects or conducting a short presentation. *Join us as we end the evening with a preview of the music that our Choral, Chorale and Instrumental Ensemble classes will be performing on Tuesday, January 8th.*

This is a great way to see the project-based work that our students create during the school year. Community members are needed to observe, comment & inspire our students. We are located at 72 Tyng Road, Tyngsboro MA

www.innovationcharter.org Questions?
[Crystal McKiel, cmckiel@innovationcharter.org](mailto:Crystal.McKiel_cmckiel@innovationcharter.org)
978-649-0432

WESTERN AVENUE STUDIOS AND LOFTS

122 and 160 Western Avenue Lowell, MA 01851

Holiday Open Studios at Western Avenue Studios December 8 and 9, 12-5pm.

Holiday Open Studios is the most wonderful time of the year at Western Avenue Studios! Shop small and support local artists this holiday season where you can find unique and thoughtful gifts to satisfy every budget.

Holiday Open Studios is a stress-free one-stop destination to enjoy art, food, and craft beer... all while exploring a five-acre historic mill complex. Browse artists' studios and the Loading Dock Gallery.

Western Avenue studios and lofts is home to over 300 creative makers including fiber artists, glass artists, jewelers, metal workers, painters, photographers, potters, printers, wood workers, sculptors and more.

The event is free and suitable for all ages. Free parking.

DUNSTABLE TYNGSBOUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to helping the community through donations raised by volunteers.

Officers for the 2018-2019 Lions Year

President: Mark Alexander, 2nd Vice President: J.J. Ward,
Secretary/Treasurer: Bob Reich, Director: Richard Lowe

Anyone who would like to join the Lions is asked to call Bob Reich at 978-649-5874 or Mark Alexander at 978-649-9124. Our Regular Meetings are held on the first Tuesday of the month starting at 6:30 pm. Call one of the members, at the telephone numbers given above, to find the location.

Events

- **The Club donated two toys to the Toys for Tots.**

YOU CAN HELP BY DONATING THE FOLLOWING:

Used eyeglasses are collected for refurbishment and distribution to less advantaged people around the world.

CAN TABS (in sealed bags) are also collected for kidney dialysis time through the Shriners Hospital.

Lion's collection boxes for eyeglasses and tabs (in sealed bags) are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Tyngsborough Council on Aging Senior Center, 169 Westford Rd., Tyngsborough and Dunstable Town Hall, Post Office and Library.



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"NEW HORIZONS"

Dracut Community Band Is Welcoming New Members
Instrumentalists wanted to play in the Dracut Community Band.
Open to all musicians 18 years and older who live in Dracut and
surrounding communities. No audition is required but members
should have some playing and music reading experience.
Come and join in the fun! We rehearse on Thursday evenings at
Christ Church United in Dracut Center from 6PM to 7:15PM.

Please call Maureen Johnson at 978-454-0055 or email
johnsonmusic340@gmail.com for more information or if you'd like
to join. *NHDCB is a non-profit and is partially supported by a grant
from Massachusetts Cultural Council*

DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827

www.Dunstablechurch.org

978-649-6251

Pastor Bobby Ross pastorbobby@dunstablechurch.org

**DECC is a welcoming church at the heart of the Dunstable
community. "We gather to glorify God, to grow in Christ and to
live the gospel in the world."**

**Join us for Sunday Worship Service at 10:00 am each
Sunday.** Child care is available during the service for infants through
kindergarten age. Pastor Bobby Ross leads our worship services which
feature a variety of music, scripture readings, corporate prayer and
spoken messages and with Communion (the Lord's Supper) served on
the first Sunday of every month. Everyone is welcome to an informal
time of fellowship with coffee, tea and refreshments after worship.

CHILDREN'S SUNDAY SCHOOL is regularly held at 10:00 am.

Children will sit with their family for the first part of the service, then
move on to class for the remainder of the service. Classes are for
children age 6 and up. Children 5 and under are welcomed in the
Nursery at the beginning of our service. For more information and to
sign up to help, please contact Shellyannross@gmail.com.

DECC YOUTH: Regular meetings are held on Sundays from 4:00-
6:00 PM but special events may be held at other times. Please contact
Jon Hughes at 978-393-7708 if interested and to confirm location and
time of meeting.

COMMUNITY: Thank you for your support of the Journey to
Bethlehem, a Living Nativity. We'd love for our community to join us
in supporting a local organization called My Father's House.

My Father's House is a home in Chelmsford where young pregnant
women or new moms between the ages of 13 and 21 can find a
safe home, continue their education, and learn the skills they need
to become capable, loving parents and successful, self-reliant
members of the community. They provide housing, teach various
life and job skills, offer counseling and equip these young moms so
they can become independent and care for their children.

<http://www.mfhouse.net/>

We are accepting diapers, wipes, and financial donations for
My Father's House. Checks should be made out to "Dunstable
Evangelical Congregational Church" with "My Father's House" in the
memo. All financial gifts are tax deductible. We need all donations
by Dec. 30th. Thank you for helping us support this wonderful
organization!

SERVICES: The Christmas season began with the first Sunday
of Advent on December 2 and continues for the four weeks leading
to Christmas. **In addition to our regular Sunday morning
services, • on Monday, Dec 24th, there will be a family style
Christmas Eve service at 7:00 pm. • On Tuesday, December
25th, Christmas Day, a contemplative service will begin at
10:00am. • On Sunday, December 30th at the 10:00 am service,
we celebrate the arrival of the Maji. All are welcome at all
services.**

**Wishing all a blessed Christmas and a safe,
happy and healthy New Year.**

Come visit your community's church. For more information about
any of these events, contact the Church office 978-649-6251, email
info@dunstablechurch.org or visit our website at
www.dunstablechurch.org.

**PET HEALTH
DUNSTABLE ANIMAL CLINIC**

CANNABIS FOR PETS
Tara M. Sacramone, DVM



As the first recreational marijuana shops are opening in MA, we all need to start preparing for either intentional or accidental exposures to marijuana and or CBD oil. We have had a few accidental exposures via edibles in dogs at Dunstable Animal Clinic lately. Dogs will seek out and eat edibles if they can get them. While exposure to marijuana can be quite harmful, CBD might actually be useful in veterinary medicine.

Marijuana is a leafy plant containing many active compounds including THC and CBD. Each strain has different concentrations of these cannabinoids. THC (tetrahydrocannabinol) is the most widely known component of marijuana and the one that causes the psychoactive effects, and has been said to be useful for analgesia, anti-nausea, appetite stimulation and antiepileptic in humans. CBD (cannabidiol) is a different component that does NOT have psychoactive effects, but may be useful for analgesia, antiepileptic, anti-nausea, anti-vomiting, anti-inflammatory, and anti-psychotic. In order for the components of marijuana to become active they need to be heated up or vaporized.

Marijuana is classified as a schedule 1 drug by the DEA, meaning that it has no recognized medical benefit and that it is illegal to prescribe. Because of this classification it is very hard to get reliable studies done on it's use and safety. Every state has it's own laws regarding marijuana, from how to allow certain people to get it (medicinally) to what it can actually be used for.

There have never been any clinical studies done for the use of cannabis for animals. The veterinary community can see potential benefits of the CBD component used orally. Currently there are companies selling products containing CBD to pet owners over the internet. This is still actually illegal, but it happens. Most of the stories you hear about successful use of CBD in pets are totally anecdotal, therefore approach them with a healthy dose of cynicism. None of the products available are regulated by the FDA, so anyone can put anything on the label. Interestingly the FDA does randomly test some of these products every year and if you google FDA/CBD you can find out which products actually contain the CBD they claim on the label. Another potential problem with these products is that they can be contaminated with pesticides, mold, heavy metals and bacteria.

In pets we also have to worry about accidental exposure, especially as edibles become more readily available. Edibles are more toxic than eating the plant itself because they have been heated up and mixed with fat which speeds up absorption. Apparently marijuana never causes death in humans, even with large exposures, but the same cannot be said for animals. Animals do not enjoy the psychoactive effects and an overdose can cause urinary incontinence, respiratory failure, drooling, tremors, and coma. Severely affected dogs have to be placed on a ventilator and need prolonged stays in ICU. So just be sure to keep your edibles away from your kids AND your pets.

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Fri 9:00 A.M. - 5:00 P.M.
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Ste Jeanne d'Arc School will be hosting an Open House during Catholic Schools Week on **Sunday, January 27th from 11:30 - 1:30 pm.** A PK3 to grade 8 Catholic Elementary School located at 68 Dracut Street in Lowell, Massachusetts. Come see why Ste Jeanne d'Arc School is consistently recognized as a school of excellence.

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Theme: Rotary Making a Difference

The Rotary Club of Tyngsboro/Dunstable has been serving the Tyngsboro and Dunstable area for 44 years.

We NOW meet at the Dream Diner, on Middlesex Rd., Tyngsboro, on the 1st & 4th Thursday of the Month at 7:15am, as well as the 2nd & 3rd Thursday of the month at 12:15pm.

Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

For further information about Rotary, please email us at tdrotary@yahoo.com or visit our website at: www.tdrotary.org.

Thank you for your continued support.

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CHRISTMAS EVE

St. Mary at 4 pm, 6 pm and midnight

St. John at 4 pm and 10 pm

CHRISTMAS DAY

St. Mary at 7 am, 9 am and 11 am

St. John at 8:30 am and 10:30 am

THE WISH PROJECT

LOCATED at:

166 Middlesex St., North Chelmsford, MA 01863

Warehouse hours Tuesday - Saturday 9-3pm

• Our new smaller Thrift Shop is now open at 166 Middlesex St. North Chelmsford behind Hertz car rental. Tuesday-Saturday 9-2:30pm. Stop in and see our new shop and pick up some bargains and support our mission.

Wish List

Mattress Sets Twin, Full & Queen (no rips or stains)

Small Kitchen Tables, Adj. Metal Bed Frames

Coffee Makers, Sharp Knives, Utensils, toasters and toaster ovens
Heaters and Fans,

Infant & Toddler Car Seats (less than 3 years old), Diapers size 6

Door knob safety covers, Infant safety cabinet latches

New shower curtain liners

Men's toiletries

• If you didn't have a chance to sign up to help a family this Christmas season, you can still make a monetary donation to Magic of Christmas. We will do the shopping for you. Go to www.thewishproject.org. You can also chose to donate an item from our Amazon wish list. Thank you for always listening and helping us serve our clintets all year long!

About Us The Mission of The Wish Project is to help families in need in Merrimack Valley. Find out more on our website www.TheWishProject.org or call us at (866) 947-4360.

Our New mailing address is:

The Wish Project, PO Box 8693, Lowell, MA 01853

To change your email or address: If you have changed your mailing address or your email address for our weekly newsletter, and would like to have us update it in our system, please email June Folger, at june@thewishproject.org Include your name, your old address/email, and your new one.

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DATES TO REMEMBER

Sunday, Dec. 2 Hanukkah began at sundown

Friday, Dec 21 First Day of Winter

Tuesday, Dec 25 Christmas

Wednesday, Dec 26 Kwanzaa begins

Monday, Dec 31 New Year's Eve

Tuesday, Jan 1, Happy New Year!



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LOADING DOCK GALLERY

122 Western Avenue Lowell, MA 01851

Show: Winter Lights 2018

Show Dates: Through December 31st

Closed December 25th and 26th, 2018

The artists of The Loading Dock Gallery make the holidays shine with the return of **Winter Lights**, their annual showcase of creative giftable art that celebrates the most wonderful time of the year. Over thirty artists working in a variety of style and mediums bring you unique pieces crafted to satisfy every budget, and even the hardest to shop for people on your list, in this show which celebrates the season.

Shop small and support local artists this holiday season while shopping for fine art and artisanal goods at the Loading Dock Gallery. **Winter Lights** is not just about uncommonly thoughtful gifts- it's also about a stress free, enjoyable shopping experience. Browse the gallery, and hundreds of working artists studios, over the course of four days of Holiday Open Studios (Dec 1 and 2, 8 and 9 from 12 to 5) or stop by early and pick out gifts during our extended holiday hours- starting December 1st the gallery will be opening at 10am.

Winter Lights through December 31st at The Loading Dock Gallery, the gallery is closed on the 25th and 26th. The Loading Dock Gallery, a part of Loading Dock Arts, Inc., a 501c3, is located at the entrance of Western Avenue Studios, 122 Western Avenue, in Lowell, MA. For more information, call 978-656-1687 or visit www.theloadingdockgallery.com.

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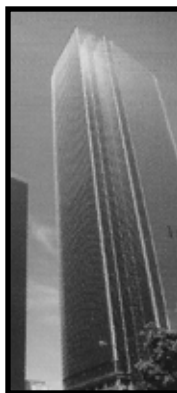
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ALTRUSA NEWS

ALTRUSA International is a service organization, whose volunteers give their time and energy in service projects which help build a better community. Altrusa's major focus is literacy. However, each local Altrusa Club operates autonomously and develops its own community service initiatives.

The Altrusa Club of Merrimack Valley continues to reach out into the community to help those in need. Each year, Altrusa observes USA Today's **Make a Difference Day** with a special project. Keeping this tradition, Altrusa purchased twenty-two (22) plush, fleece blankets to be distributed to individuals and families impacted by the gas explosions in the Merrimack Valley. The blankets were donated to the Andover Elder Services Disaster Relief, which provides refuge and comfort to all in time of disaster.

Altrusans continue to support birthday parties for the children living with their mothers at Brigid's Crossing in Lowell. Each child who is celebrating a birthday receives an age appropriate gift and a book, and all the children attending the party are given age appropriate books in lieu of goody bags. Cake, ice cream, and juice are provided for the festivities.

As Veterans Day approached, Altrusans reflected on the Altrusa motto - patriotism, efficiency, and service. Twenty-four (24) hygiene bags; each containing shampoo, conditioner, body wash, soap, toothbrush, toothpaste, floss, shaving cream, razors, deodorant, wash cloth, and body lotion; were delivered to Harbor Homes, Inc. in Nashua, which services homeless veterans.

To help support our service projects, Altrusans will be participating in the Barnes and Noble Charity Gift Wrap in Nashua from December 15th through December 23rd.

If you would like to help make a difference in the lives of others in your community, please contact us at altrusamv@gmail.com.

Altrusa meets the 2nd and 4th Tuesdays of the month at 6:30 p.m. at Brookdale in Chelmsford, MA.



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Active duty military and veterans always welcome to join. For further information call **978-649-7540**. Remember to attend the committee meetings on the first Thursday with your input and ideas.

The public is invited to get involved in all events of the post. The veterans monthly dinners will continue on the first Wednesday of the month. We are always looking for help to serve the veterans. **Keno and Scratch Tickets are available at the Post.** There is an ATM in the Post for your convenience.

Elected Post 247 Officers serving for 2018-2019

Commander: Ray Hamelin; Sr. Vice Commander: Pete St. Peters; Jr. Vice Commander: Michael Milisci; Finance Officer: John Burke; Adjutant: Don Pierce; Judge Advocate: Rolland Millard; Executive Board: Marty Bloomgorn, Joe Conlin and Robin Dion

Visit our website, www.LegionPost247.org

This website contains a wealth of information about the Post.

Please remember to be safe & keep our troops in your prayers.

COMMING UP AT POST #247

Sunday, Dec. 9 at noon Children's Christmas Party
at 7PM American Legion Christmas Party

Tues. Jan. 1, AMVET 7PM

Wed. Jan. 2, Veterans meal 6PM

SAL meet at 7PM

Legion Member meeting 7PM

Ladies Auxiliary meeting 7PM

Friday's Lunch 12-3PM All Welcome!



AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Meetings are held the first Thursday of each month at 7pm.

Auxiliary Unit 247 Current Elected Officers:

President: Bernadette Harper; Sr. Vice: Josephine Beauregard; Secretary: Patricia Modrich; Treasurer: Diane Dileo; Chaplain: Rebecca Modrich; Executive Committee: Mary Dupras, Annette Coles and Kathleen Oilje. Debra St Peters was Installed as Unit Sgt-At-Arms at the October meeting.

For information on the Auxiliary Unit meetings, or functions contact Unit President Diane Dileo at 978-204-9329

We also would Welcome New Auxiliary Members 18 and older. Contact Unit President or Treasurer.

... The Unit Jr. Auxiliary is accepting new Jr. members.
Contact 978-649-7540 if interested in joining.

AMVETS POST #247

ROBERT D. PELLETIER

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We hold our meetings on the **1st Tuesday** of the month at **7 p.m.** all veterans are welcome with 180 days or more of active duty. Come down and join us for a meeting.
God Bless America.

OFFICERS: Commander: William A. Beaton; 1st Vice: John McDermott; Adjutant: John Cogan; Finance: David Coles; Judge Advocate: Roland Milliard; Provost Marshal: Roland Russell; Chaplain: Rod Woods. E-Board: Steven Harris, John Dombrowski, Ron Russell.

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JOIN US FOR SUNDAY MORNING WORSHIP
OUR MISSION: Glorify God by encouraging all people to know Jesus together in Faith, Love and Service. Worship Service at 10:00 a.m. Nursery available. Followed by Fellowship and Refreshments. Cancellation information will be listed on our website:
www.tyngsborocongregational.org

DECEMBER 24th at 7:00 p.m. - We look forward to seeing you at our **Annual Christmas Eve Candlelight Service**. This service has so much meaning as we celebrate the Birth of Baby Jesus. Please join us!
WE WISH YOU ALL, A SAFE AND WONDERFUL HOLIDAY SEASON!

- **Sunday School program** for all ages. Children will begin the Sunday Services with their parents and will be dismissed to their age-appropriate classes at 10:15am. It is important to note that all adults working with children have passed their CORY applications to ensure a safe environment for our children
- **All Executive Boards and Committee Meetings have begun**
- **LADIES BIBLE STUDY** - Tuesday morning, from 9:30 am to 11:30 am. Study will be based on "That the World May Know" video series. Please consider joining this amazing and uplifting study group.
- **ADULT BIBLE STUDY** - The Sunday evening Adult Bible Study "Just Walk Across the Room" has been postponed at this time. More information and start date will be made available soon in an upcoming Neighbor to Neighbor issue or you may inquire by calling our office. You may contact our Office at 978-649-2262 for further information.
- **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: 1. Log onto the church website <http://www.tyngsborocongregational.org> 2. On home page you will see a photo of the church. Hover the cursor over the word "SERVING" 3. Click once on the word "SERMONS" 4. Scroll down to see "Listen to our sermons for free on SoundCloud.com" 5. Click once on the link/word "SoundCloud.com" 6. Below the Church logo sermons listed by date, passage, sermon title 7. Click orange circle to listen to the sermon you desire.
- **THE THRIFT SHOP:** Please make note that the Thrift Store will be **CLOSED: Dec 27th and 29th**. Located next to the church is open to the public on **Thursdays and Saturdays from 10:00 a.m. - 3:00 p.m.** We offer an assortment of clothing, shoes, handbags, baby items, books, small appliances, dishes, glassware, jewelry, etc. **Please do not drop off** large items as we do not have the means to dispose of these.

BARN DANCES
Held at **The Parish Center for the Arts**, Corner of **Boston Road and Lincoln Street** on **Westford Common**, PO Box 411, Westford, MA 01886 978-692-6333; PCA@Westford.org
Our **regular fourth Saturday monthly Barn Dance** at the Parish Center for the Arts • **Saturday, Dec 29**, at 7:30-10:00pm with Don Heinold calling. **Saturday, January 26**, 7:30pm, Beth Parkes calling. **Saturday, February 23**, 7:30pm, Dudley Laufman calling
No experience required. First-time dancers: **come at 7:00 for free instruction**. Saturday fee \$6 adults; Students 21 & under free.
Sunday Afternoon Dances:
Sunday, January 13, 3pm, Jacob Bloom calling
Sunday, February 10, 3pm, Marcie Van Cleave calling
Sunday dance fee is Adults \$5 and Kids \$3. There is a maximum fee of \$15 per family. **Oh, Contraire provides the live music.**