



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

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www.neighbortoneighbornewsletter.com

Celebrating 35 Years of Service

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POSTAL PATRON
TYNGSBOROUGH, MA 01879

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TYNGSBOROUGH TOWN CLERK NEWS

2018 DOG LICENSES are available at the Town Clerk's office or by mail. Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. If renewing by mail, please enclose a stamped envelope for the license. Licenses are past due! Please include an additional \$25.00 in your check!

2018 CENSUS forms were mailed. Please check the information on the form for accuracy, make necessary corrections, and return promptly to the Town Clerk's office. If you do not receive a census form, please call the office and we will mail a form. Please note that the census does not register you to vote. You can register by going to mass.gov and completing an online voter registration form. Completing and returning the census keeps your voter status current and there will be no need to fill out a proof of residency form at the polls.

Please contact the office at 978-649-2300 extension 129 or email to jshifres@tyngsboroughma.gov with any questions.

FALL 2018 TYNGSBORO HIGH SCHOOL & MIDDLE SCHOOL SPORTS INFORMATION

ALL SPORTS SCHEDULE PLEASE GO TO: WWW.MWLMA.ORG

PARENTS/GUARDIANS: If you would like to receive scheduling text alerts during your son/daughters sports season, please go to: <http://www.tyngsboroughps.org/pages/tyngsborough/departments/athletics> and CLICK on Schedule Alerts for Parents.

HOME COMING

Saturday, October 13th



46 Coburn Road
Tyngsboro

Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, and observe meadow wildflowers and butterflies. It's a great place for outdoor exercise and to enjoy nature close to home. Sherburne Nature Center and Trails activities are open to all who are interested. Activities go rain or shine. In extreme weather conditions, activities are cancelled. No reservations or fees required. Children under 16 must be accompanied by an adult.

Please note: The tennis court behind the Sherburne Nature Center is PRIVATE property.

It is not part of the PUBLIC Nature Center property.

IN MEMORY OF

James Lorrey
Margaret A. Nestor Silva
Rita A. LaCourse Evicci
Anita A. Gorman
James E. Gorman Jr.
Roland E. Bergeron
Maureen E. Herron Bishop
Patricia I. Farrell Cobleigh
June Ellen Brunkow Evans
Cathy T. Boisvert Fay
Leon R. Garrant
Jeane E. Melanson Kareores
Therese J. Marcotte Moore
Phyllis A. Notini
Katherine Marag Richo
William B. Scanlan
Leo A. Toupin
Dennis M. Hill
Tyler J. Ricard
Donna L. Senior
Concetta Brocca Battista
Gerald W. McCutcheon Jr.

Ruby N. Welch McNaught
Sandra E. Carlson Filiatrault
William A. Hardy
Ellen Ducharme Bovil Robison Moeller
Warren C. Davis Sr.
James Edward Haley
Michael J. Makarewicz
Margaret P. Strobe
Roger J. Bechard
Pearl C. Therrien Belanger
Rita T. Chandonnet Frechette
Roxanne M. Spingola
Kenneth D. Colburn
True Thurston Gauvin
William J. Hoare III
Darlene F. LaDuke
Joyce O. Shipley Morin
Nancy L. Prue Poirier
Roger L. Robey
Danielle La Roche Wojcik
Linda E. Horgan Gorman
Michael J. Hoffman
Marie D. DeRoche Tanguay

TYNGSBOROUGH BOARD OF HEALTH

The warm weather is still here and there's still time to enjoy the great outdoors. Just remember it's also mosquito and tick season. Take a few simple steps to protect yourself and your family from the illnesses that mosquitoes and ticks can cause.

- Use the right bug spray.
- Wear the right clothing.
- And check for ticks on yourself and your pets after you've been outdoors.

Learn more at mass.gov/mosquitoesandticks or contact your local Board of Health. Ticks identification card is available at the Board of Health Office.

NOTICE

TYNGSBOROUGH WATER DISTRICT

A Special Meeting of the District will be held on **Tuesday, October 23, 2018 at 7:00 PM** at the District Office, 87 Progress Avenue, Unit 2. Warrant and additional information will be available at the Water District Office.

Signed: Board of Water Commissioners
Tyngsborough Water District, 87 Progress Ave, Unit 2,
Tyngsborough, MA 01879 978-649-4577

TYNGSBOROUGH COUNCIL ON AGING



169 Westford Rd., Tyngsborough, MA 01879 978-649-9211

Mailing Address: 25 Bryants Lane, Tyngsborough, MA 01879

Email: Broche@tyngsboroughma.gov

PLEASE SIGN IN WHEN YOU COME TO THE CENTER!!

Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3.

Lunch is served promptly @ 11:30 everyday must make reservations 2 days in advance BEFORE 11:00AM

Call 978-649-9211 \$2.00 for seniors & \$4.50 for non-seniors

•WELLNESS CLINIC COA, 169 Westford Rd 978-649-9211 Nancy Harding, RN, from the **Circle Home, Inc.** 1st Tues each month.

•WELLNESS CLINIC at ELDERLY HOUSING Nancy Harding, RN, from the **Circle Home, Inc.** Red Pines Elderly Housing, the third Tuesday of each month from **8:30 - 9:30. Brinley Terrace Elderly Housing**, the fourth Tuesday of each month **8:30-10:00.**

• HOME DELIVERED NUTRITION MEALS (Meals on Wheels Program) Tyngsborough residents 60+ can call the Elder Services of the Merrimack Valley 1-800-892-0890 to see if you qualify. The Tyngsborough Council on Aging distributes meals from our facility on behalf of ESMV. We deliver to homebound and clients who are on homecare short term. If you have any questions call the above number.

• DONATIONS NEEDED: COFFEE, Cups 8oz Styrofoam, and Napkins, Paper Plates, Bowls, Small and Large, Colored Tissue Paper, Desk Chair.

• WII BOWLING Instructor Beverly Rudeen **Every Friday 10:00-11:30** We have a ball, come join the fun! Prizes for the top players.

• COA Meetings are the third Tuesday of each month. Next meeting is September 18th. Public Welcome.

• VETERANS' COFFEE HOUR! Thursday, September 13th, 9:30AM - 10:30AM (run by Chris Dery - Town Veterans' Agent) Chris has returned from active duty. This is an informal group that meets on the second Thursday the month to reminisce about time served and discuss benefits that are available to veterans. Come on down and have a cup of coffee and a donut amongst friends!

• SHINE Tuesday, September 25th, 8:30-12:00 Serving Health Insurance Needs of Everyone. Our Counselor Lillian Colby will be holding office hours at the Center. Call 978-649-9211 to schedule an appointment. **Please bring insurance cards and a list of prescriptions you take with you.**

• KNITTING/CROCHETING/QUILTING Every Monday 1:00PM-3:00PM PROJECT LINUS Middlesex District Attorney Marian Ryan and Project Linus have teamed up to provide blankets to children who have experienced a recent trauma. You can help by making a homemade blanket that could make a difference in a child's life. You can join us on Mondays to work together or make one at home. Just drop it off at the Center. Please see Barbara or Tracy.

• KNITTING FOR THE HOMELESS SHELTER We have a group that will be starting up Monday September 10th to knit for the homeless shelter. Your're welcome to join them!

If you have a group and don't have a place to go you're welcome to use our Center's activity room. Any Question please call 978-649-9211 ask for Barbara or Tracy

• BOOK CLUB (Monthly) Thursday, September 20th, 12:00 Come join us on the 3rd Thursday of each month. Book of the Month is the best way to discover and read the best new books each month. **"Ginny Moon by Benjamin Ludwig. An autistic girl plays flute, basketball and reads Robert Frost but what's important to her might seem a bit different"...**

• TEXAS HOLD' EM Thursdays 12:00 -3:00 If you like poker, come join us every Thursday. It's lots of fun!

• LUNCH BUNCH Princeton Station Wednesday, September 19th, 11:30-1:30 Need transportation for this trip? We will be happy to pick you up using the Tyngsborough Bus. Call 2 days in advance for the bus. 978-649-9211. Last day to sign up **September 14th.** Bring a friend along and enjoy the day.

• SENIOR /VETERANS BREAKFAST, Thursday, September 20th, 8:30-9:00 Start your day off with a **FREE** healthy breakfast with friends here at the Center. Food sponsored by Dunstable/Tyngsborough Rotary. Speaker: TBD

Thanks to the Highway Dept. and All Others Who Helped Raise Money for the Seniors to have Free Bus Rides The seniors had 6 months of free rides.

• MOVIE DAY!!! Wednesday, September 26, at 12:30 Come join us for the movie "LION", the inspiring true story of an Indian boy searching for the family he lost. We'll have snacks and drinks for you, too!

• Need Help Paying Your Heating Bills? Help is available! Community Team Work Fuel Assistance Program helps income-eligible households pay part of their winter heating bills. If your gross household income fall within the limits, you may qualify for fuel assistance benefits, discounts on your National Grid Gas, Oil or Propane and Electric bill. We'd like to make sure our seniors benefit from this program. **Call the Tyngsborough Council on Aging 978-649-9211 Rose McGarry who will be here Tuesdays and Wednesdays from 9:00 to 1:00 doing application. Don't suffer from the cold.**

• This year, the Friends of the Tyngsborough Council on Aging have decided not to hold a 'Craft Fair'. So, the COA will be hosting a "Bake Sale" and other goods on Saturday, October 20th - 9:00AM to 1:00PM. More details to follow!

• 2019 Senior Tax Work-Off Applications & Information Applications and information for the 2019 Senior Tax Work-Off Program are available at the Town Hall and Council on Aging. This program allows interested and eligible Senior Citizens to earn up to \$1,000 in real estate tax abatement's by working up to 125 hours for the Town. Participating senior citizens must be at least 60 years old and have owned and resided in a home in Tyngsborough for at least the previous year. Upon completion of the work, each senior citizen's deduction will be indicated on the tax bills issued in December 2019 and March 2020. **Applications are due back to the Board of Selectmen's Office by October 1, 2018 at 12:30 PM.** Selected participants will begin work on or about October 16, 2018 and must complete up to 125 hours by September 30, 2019. The program was authorized by Town Meeting in May 2007 and amended in October of 2012 in accordance with Massachusetts General Laws Chapter 59, Section 5K. Please be advised that the information contained in the above available program is subject to change.

• UPCOMING in OCTOBER These dates and times are subject to change. Some things come up from time to time that can't be avoided. Thank you for your consideration. **• LUNCH & LECTURE SERIES Given by Prof. Poirier, PhD UML Thursday, October 4th, 11:30 TURKEY (the country) Is full of surprises! Home to 2 Wonders of the World • AUTUMN TEA GATHERING Wednesday, October 10th, 1:00** Help us welcome the comforting aromas and colors of fall at our semi-annual afternoon tea. There will be 6 different delicious teas to sample. If you like to cook or bake, bring in a homemade savory or sweet to share. And if you have your own teacup, please bring it, otherwise we have extras. **"It's not the tea that makes teatime special, it's the spirit of the tea gathering."**

POLICE & FIRE EMERGENCY 911

Fire Dept. 978 649-7671 Police Dept. 978 649-7504

TOWN OF TYNGSBOROUGH

TOWN HALL, 25 BRYANTS LANE

OFFICES OPEN

Monday, Tuesday, Wednesday & Thursday 8:30 a.m. to 4 p.m.

Friday 8:30 a.m. to 12:30 p.m.

Meeting schedules are posted at the front entrance of the Town Hall

Town Hall Directory Main Number 978-649-2300

Town Accountant	Ext. 124	Media Dept.	Ext. 140
Assessor's Office	Ext. 121	Planning Board	Ext. 115
Board of Appeals	Ext. 112	Town Treasurer	Ext. 126
Board of Health	Ext. 118	Veteran's Agent	Ext. 131
Building Office	Ext. 112	Sewer Dept.	Ext. 134
Town Clerk	Ext. 129	Board of Selectmen	Ext. 100
Town Collector	Ext. 128	Town Administrator	Ext. 100
Conservation Office	Ext. 116	Recreation & Parks	Ext. 150
Capital Asset Mgmt Com	Ext. 124		

Highway Dept. 978-649-2310

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TYNGSBORO GARDEN CLUB

The Garden Club was busy this summer planting and tending the following gardens around town: the Senior Center, Brinley Terrace, the Sherburne House, the Sherburne Triangle, and the Police Station. We hope as you drove around town this summer you enjoyed the beautiful flowers. We also enjoyed various field trips throughout the summer.

The Garden Clubs meets the first Tuesday of the month September-November and February-April. We resumed our regularly scheduled meetings on Sept. 4, 2018, at 6:45, at the Evangelical Congregational church on Kendall Road. Our welcome meeting on Sept. 4th was making herb wreaths.

Our Oct meeting has been changed to Wed. Oct. 17th, at 6:00, at the town library. In conjunction with the library, we once again welcome Dr. Benfield. His presentation this year is "Thieves, Charlatans, and James Bond: The murky history of our Top Ten Plants". Dr. Benfield is a very dynamic speaker and his presentation is sure to be another informative and enjoyable evening. This event is open to the public. Hope to see you there.

If you love gardening, want to learn about gardening or just want to join a group of great people, new members are always welcome! For more information visit our website at: tyngsboroughgarden-club.tripod.com or find us on Facebook at Tyngsborough Garden Club.

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Send clothing to people who can use it all over the US and World while helping the environment. Receive a tax deduction for your donation. Receipts are on the shed. **Help us keep your donation clean and dry.** Please put in tied or closed bags.

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CAVEAT LECTOR

By Nathan Combs

If we accept these propositions: 1) All Scripture is breathed out by God Himself (2 Timothy 3.16) and 2) no other book possesses that distinction, then we reach this conclusion: the Bible is the most valuable book we could read and study. If "ALL the treasures of wisdom and knowledge" are found in Jesus (Colossians 2.3), and if Scripture is the only book that truly teaches us about God's Son, then that is precisely the book to which we must cling.

A Christian's familiarity with these passages/concepts does not lessen the astonishing nature of their claims. In light of these passages, some conscientious Christians ask this question: "Well then, is it proper to study the extra-Biblical writings of mankind (history, poetry, philosophy, etc.)?" After all, isn't "human wisdom" downplayed by inspired apostles (1 Corinthians 2.13)? Aren't sophisticated Greek philosophers presented as blind fools (Acts 17.18)? Shouldn't we fill our minds with whatever is "pure... lovely, etc." (Philippians 4.8), of which many human writings are not? Doesn't Paul point to Scripture, not Plato or Aristotle, as the training tool of righteousness and completion (2 Timothy 3.16-17)? Therefore, shouldn't we shun man's writings?

No, we need not shun them, and the fact that you're still reading this article demonstrates your agreement. We see examples within Scripture of godly men learning non-inspired writings. The Babylonians brought Daniel to their country with the specific goal of teaching him the "literature and language of the Chaldeans" (Daniel 1.4). Although Daniel deliberately avoided compromising his Jewish identity by abstaining from Nebuchadnezzar's food (Daniel 1.8), he did receive a Babylonian education. The apostle Paul was obviously well acquainted with Greco-Roman poetry. In Acts 17.28, Paul reasoned with a diverse audience which included Greek philosophers of different persuasions. He most likely quotes from Epimenides of Crete and Aratus's poem "Phainomena." In Titus 1.12, he quotes Epimenides again by commenting on the Cretans: "Cretans are always liars, evil beasts, lazy gluttons."

Of course, as with any topic of moral significance, questions of "can I?" ought to be quickly followed with deeper questions of "should I?" Even if studying man's writings isn't forbidden and practically necessary, there are still more issues to consider. Are we balanced in our consumption of internet articles, social media posts, magazines, and extra-Biblical books compared to our feeding on the perfect words of God? Also, for what purpose are we reading the writings of man?

Hanging on the wall of my home office is a sober inscription by an unknown author. It reads: "One must always be careful of books and what is inside them, for words have the power to change us." The Bible is the only book in which it is fully safe to unguardedly immerse our minds. With every other piece of writing, our hearts must be vigilantly defended. Caveat lector. Translated from Latin, it means "Let the reader beware."

NEW HAMPSHIRE JUNIOR ROLLER DERBY STARTS PRACTICES IN TYNGSBORO

New Hampshire Junior Roller Derby is pleased to announce that it will begin holding league practices in Tyngsboro this fall. Weekly practices will start on September 23rd at the Tyngsboro Sports Center (500 Potash Hill Rd, Tyngsboro, MA) from 10-11 am.

New Hampshire Junior Roller Derby is open to skaters from ages 7 to 17. The league is based out of the JFK Coliseum in Manchester, NH, but uses other venues for off-season practice space. The team is part of the Junior Roller Derby Association, and is finishing up an exciting season that included games with teams from around New England, New York, and Canada.

For more information, visit www.nhjuniorrollerderby.com.

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Saturday 9 a.m. - 2 p.m.

TYNGSBOROUGH PUBLIC LIBRARY

25 Bryant Lane, Tyngsborough, MA 978-649-7361 www.tynglib.org

September is Library Card Sign-up Month! If you live in Tyngsborough and don't have a library card yet, come in this month and sign up for a card to enter a raffle to win an Amazon gift card. **ALL AGES!**

• **Lightroom for Photographers, Saturday, Sept. 22, 9 a.m.-1 p.m.** Learn Adobe Lightroom tools and techniques for editing and post-processing photos, best strategies for organizing and managing digital images, backup methods and workflow from camera to final printed or displayed image. *Instructor: Nick DePasquale.* Registration required.

• **Open Minds Literacy Yoga: Tuesdays, Oct. 2 – Nov. 6, 10-10:45 a.m.** Ages 3-5. Registration required. Taught by yoga instructor and children's book author Ellen Olson-Brown. Classes incorporate movement/yoga and breathing using simple literacy activities.

**Thieves, Charlatans, and James Bond:
The Murky History of Our Top Ten Plants**

• **Wednesday, Oct. 17, 6-7 p.m.** Social gathering at 5:30 p.m. Dr. Richard Benfield, author of *Garden Tourism* & professor of geography at Central Connecticut State University returns to educate and entertain! *Co-sponsored by the Tyngsboro Garden Club.*

- **PLEASE**, start raiding your jewelry box (and your friends') to donate gently used items for the **Friends Fall Book, Bake & Jewelry Sale**, to be held on **Saturday, October 20** (Friday evening for Friends members). Books, DVDs and CDs are also being accepted.
- **Adult Coloring Club, 1st Wed. each month, 6:30-8 p.m.** Drop in.
- **Tech Advice by Appointment** PCs, android tablets & phones, Excel, MS Word, e-books, etc. **Tuesday, 11:30 a.m.-1:30 p.m., Wednesday, 7-8 p.m.** Registration required.
- **Pokemon Club, Wed., Sept. 19, 4-5:00 p.m.** Ages 8-15. Drop in. Bring your cards or handheld device.
- **Tiny Tots Storytime: Wed., Sept. 19, 11-11:30 a.m.** Infants-3 yrs. Drop in.
- **Lego Club: Sat., Sept. 15, 10-11:30 a.m.** Grades K-6. Drop in.
- **Dads & Donuts Playgroup, Sat., Sept. 8, 10-11 a.m.** Infants-3 yrs. Drop in.
- **Music Together class, Thurs., Sept. 20, 11-11:45 a.m.** Infants-5 yrs. Drop in.
- **Storytimes for 3-5 year olds.** Thursdays at 1 p.m. Drop in. **Starts on Sept. 13.*
- **Family Music Time, Thurs. Oct. 4, 10-11 a.m.** Infants-5 yrs. Drop in. **Formally Books & Babies.*
- **Sound Play Family Music program: Sat., Oct. 6, 1-1:40 p.m.** Infants-5 yrs. Drop in.
- **Writer's Group, Mondays, 6:30 p.m.** Feedback, publishing tips, all genres. Karen Johnson 978-649-7132
- **Rep. Colleen Garry** (or her representative) **Office Hour** – Sept-May, 3rd Saturday 9-10 a.m.
- **Board of Library Trustees** Monthly 3rd Thurs. Check Library website for schedule changes.

Artists & collectors, contact the Library to discuss scheduling an exhibit in the gallery or display case.

Register for TPL programs by calling the Library or using the contact form on the website.

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WAYS TO REDUCE PRESCRIPTION COSTS

By Edward H. Adamsky

There are ways to reduce the cost of your prescription medicines, but they may take some work. You don't want to harm your health while chasing a few dollars in savings. The best way to maintain good health is to have all your prescriptions at the same pharmacy to avoid drug interactions. But, it can pay to shop around so here are some tips.

Medicare patients might pay less for their routine prescriptions if they bought at the cash price rather than using insurance. If you take a generic medicine for a common issue such as blood pressure or cholesterol, you might pay less using a pharmacy program that has a low fixed-fee for common generic medications. That fee may be lower than the co-pay on your insurance. You must ask the pharmacy what the cash price is, and you might have to check out several different pharmacies to find the best price. Again, if the difference is only a few dollars you might be better off sticking with the pharmacy you know and like.

When it's time to renew your Part D plan, review the costs and options and consider switching plans if another one works better with the medicines you take. If you do go to one pharmacy, they can print out your list of medicines to make comparing easier.

If you are getting a new prescription, ask your doctor for samples. They might have a supply of some drugs that they can give you for free. This won't work with older and generic medications though. Also ask your doctor for any discount coupons.

Many drug companies have discount and assistance programs. You might have to fill out an application but if you qualify, then why not take advantage of it. Many companies also have coupons and other discounts that you can find on their website. If you don't have a computer at home, use one at the library or your senior center.

You can also shop around at the various pharmacies to see if one or another has a better price. Again, this can be inconvenient and even detrimental to your health, so make sure the better price at another pharmacy is worth the time and effort and make sure you tell every pharmacy about all of the drugs you are taking so they can do an interaction check.

Your Senior Center or Area Agency on Aging might have connections to various other programs. Most Massachusetts Senior Centers have a SHINE volunteer who knows about programs and options. You need to ask to see if you are eligible.

It is vital that you take the right medications in the right doses and at the right times. You should check with your doctor before making any changes or doing anything different. But, you can save some money with a little work, so it might be worth it to try some of these tips. Just don't do anything that will harm your health for only a few bucks.

LEARNING IN RETIREMENT ASSOCIATION UMASS LOWELL

The Learning in Retirement Association invites anyone retired or semi-retired to consider joining our association this fall. Our curriculum committee has been hard at work lining up some interesting courses for the fall semester. LIRA is a multi-faceted educational program for which there are neither educational nor age requirements. LIRA's philosophy is to provide college level learning experiences for all its members, regardless of previous educational background. LIRA is a partnership with UMass Lowell Community Relations and Alumni Relations.

Please see our website for the full schedule, sign up information and LIRA Newsletters. **www.uml.edu/Community/LIRA**

Look for more info about the **Fall Convocation**, to be held on **Wednesday, September 12, 2018**, where you will hear about the Fall Schedule and can sign up for classes. Refreshments will be served and there will be a guest speaker.

2018 Fall Courses: Healthy Aging, Globalization and All That, Immigrant Stories, Money Matters in Retirement, Great Decisions: Foreign Policy Discussions, Election 2018, Art and Music: Concerts, Lectures, Museum Visits, Book Discussions.



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FRIENDS OF THE TYNGSBOROUGH PUBLIC LIBRARY

The **FALL USED BOOK AND BAKE SALE** will again be on the third weekend in October! We are already looking for **Halloween costumes**, so if you have any clean costumes to donate (child and adult sizes), please bring them by the Library. If you are a baker and interested in donating some freshly **baked goods** for the sale, please contact the library. We are now accepting donations of **books, DVDs, CDs, jewelry and scarves** for the sale. Your donations will help us raise funds in support of our Library. **Friday, Oct 19, will be the preview sale for Friends members (7-9pm). The sale is open to all on Saturday, Oct 20, (8:30-2:30).**

The September Friends meeting at the Library is on Monday, September 10, 7 p.m. after Labor Day. Members and non-members are invited. We meet in October on the first Monday, October 1, at 7 p.m.

Did you enjoy the "Coastal Critters" program at the Library in July? Watch for more programs funded by the Friends. This is what your book sale donations and purchases allow us to do for the Tyngsborough community.

Before all the warm weather is gone, enjoy a family trip **to Zoo New England** this month with passes funded by the Friends. A pass will admit 6 people at \$9/adult and \$6/child. See the Library's website for details or come by the Library. There are passes for many more venues

Q: Who are the Friends of the Library? Are they the same as Library volunteers? Are they the same as the Board of Library Trustees?

A: The Friends of the Tyngsborough Public Library is a volunteer member-supported, non-profit organization that advocates, fundraises, and provides critical support for the Tyngsborough Public Library. Our mission is *to promote interest in the Tyngsboro Public Library and provide financial support for items and programs that benefit the Library Patrons and the community at large.* To accomplish this, we hold book sales to fund Library programs and activities while reaching out to the community. The Friends is not part of the Library nor the Board of Library Trustees. We award a scholarship to a high school senior separate from the Trustees, and our volunteers' efforts are primarily for the book sale. Teens and adults may be Friends members, and high school students who volunteer are more competitive for the annual scholarship. If you are interested in membership, come by the Library for an application or visit the website: <http://www.tynglib.org/index.php/friends-of-library>
<http://www.tynglib.org/index.php/friends-of-library>
<https://www.facebook.com/FOTPL>

DOWNLOAD YOUR FREE BOOK

"LIVING WITH OUR WILD NEIGHBORS"

I wanted to pass on this information to you. The Humane Society of the United States (HSUS) is offering a copy of the book "Living with our Wild Neighbors" as a free download. It is very informative and covers all wildlife from A-Z. Since we have so many animals that we share our yards with, I thought it might be helpful to you.
<https://www.animalsheltering.org/page/wild-neighbors-book>



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TACKLE FOOTBALL (Grades 4-7)

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GOT QUESTIONS? Email: TyngsboroYouthFootballCheer@gmail.com, Facebook: Like us and/or message us at "Tyngsboro Youth Football and Cheerleading", or visit our website and click on the "About Us" tab and select "Frequently Asked Questions".

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Please send info in now for the October issue.

Have events coming up? **Need details about advertising your business?** Send an email to me anne@NeighborToNeighborNewsletter.com or by mail to Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827.

You may also reach me at **978-419-1914**.

Tyngsborough printed issues circulation is 5067 and
Dunstable printed issues circulation is 1239.

Copies available at town hall and library

Issues and other information posted online
at www.neighbortoneighbornewsletter.com

TYNGSBOROUGH SCHOLARSHIP TRUST

P.O. Box 547, Tyngsborough, MA 01879



www.TyngsboroughScholarshipTrust.org

1963 * Celebrating 55 Years * 2018

Members of the Tyngsborough Scholarship Trust have begun planning for our 55th year of fundraising events and activities for scholarships for the Class of 2019. The **34th TST Community Calendar** will be available for purchase for \$5 through the schools and during school open houses or by contacting Daniela diMari at 978-649-2527. The community calendar features dates of Town and School meetings, early release days, MCAS dates and school vacation dates.

The **Holiday Marketplace** has become an annual event and this year marks its 17th year. **The Holiday Marketplace, which will take place on November 4th** at the Tyngsborough Elementary School, features exhibitors of handcrafted items, gifts, and decorative items, as well as business services and representatives of the home based business work force. Exhibitors wishing to reserve a table for this event may **contact Karen O'Donnell, Chair, Holiday Marketplace at holidaymarketplace@verizon.net**.

NEW at the Holiday Marketplace is our TST Corn hole Tournament! Teams of 2 will compete for cash prizes and bragging rights! Creative team names are highly encouraged. **To register contact Rose Mitchell at mitchell6260@msn.com**.

The popular **TST Gift Card Fundraiser** will also begin in **late October**. Order forms will be available on the TST web site beginning in October. Gift cards will look just like those purchased in stores and will have the same terms and conditions. You receive dollar for dollar value on the cards you buy and TST receives a percentage of every dollar you spend.

The TST is actively recruiting new members and invites you to **join our meetings on the second Wednesday of the month at the Tyngsborough Town Hall at 7:00 pm**. Please check out our website <http://www.tyngsboroughscholarship.org/> or send email to info@TyngsboroughScholarshipTrust.org with any questions.

CAREER CENTER OF LOWELL

107 Merrimack St., Lowell, MA 01852 978-458-2503

Informational Session for the Senior Community Service Employment Program (SCSEP) This information session will detail services offered by the SCSEP. The program is for those individuals 55 years or older who are unemployed.

Program includes: ...Paid-on-the-job training opportunities at minimum wage in your communityAn opportunity to update your skills and learn new onesCurrent job experience for your résumé ...Job search assistance and job referrals.

Eligibility Criteria: ...Resident of Essex, Middlesex, Suffolk, Norfolk and Worcester countiesBe current unemployed ...Age 55 or older. ...Meet federal low-income guidelinesCommitted to finding a permanent job.

Make the First Step in Career Development

Services at the Career Center of Lowell are free and open to all. It's easy to become a member, simply call (978) 458-2503 and a staff member will schedule you for an upcoming Career Center Seminar. Scheduling a seminar can also be done through [Mass JobQuest](http://MassJobQuest) if you are a registered user.

Career Center Seminars are offered: **Monday and Wednesday at 9:00 am Tuesday* at 1:30 pm (*Some Tuesday Career Center Seminars may be held at 5:30 pm)** These days and times are **subject to change based on the season**. This 2 hour orientation will provide you with a complete overview of all the services and resources available to conduct an effective job search.

Important Information to Know ...Bring your résumé and job search logs to the seminar. ...Parking is available at the Joseph Downes Parking Garage at 75 John Street. Cost is approximately \$4.00 for 2 hours of parking ...We suggest arriving 10 – 15 minutes earlier due to traffic and road construction that may be going on within the city. **Late arrivals may not be allowed entry to the seminar. ...Children and visitors are not allowed in the Career Center ... To reschedule, call (978) 458-2503**

FLAG POLE DEDICATION CEREMONY

Tyngsborough Funeral Home will dedicate the Flag Pole on their property to the Town of Tyngsborough First Responders on Friday, October 5th at 1 p.m. There will be a brief ceremony, including raising of the U.S. Flag and singing of our national anthem, with members of the Police and Fire Departments present. Everyone is welcome to attend this event to show our support and appreciation to the fine men and women who serve and protect the Town of Tyngsborough. For more information please contact, Dan Martin at 978-419-4954 or tyngsboroughfh@gmail.com.



TYNGSBOROUGH RECREATION

Call 978-649-2300 Ext. 150

The Recreation Committee meets at the Recreation Center 120 Westford Road the first Monday of the month at 7pm. More info may be found on our website at TyngsboroughRec.com Friend us on Facebook. Seeking new members. **Two open seats. Join us!**

THE TOWN BEACH - swimming ended after Labor Day, when the buoys came out. We had a busy summer at the beach. Thanks to all who pitched in to keep it clean! Resident passes are available at the Town Hall. Volunteers welcome to assist in fall leaf clean up. Message your interest on FB or email TyngsboroughRec.com.

Join the Festival of Trees Planning Committee!! We are looking for new members to join our sub-committee to plan the Festival of Trees Event specifically. You do not need to be on the Recreation Committee. Contact the Rec. Office, send a message on FB or call Theresa 978-828-6589 if you plan to attend or have questions.

Basketball Boys & Girls Travel Teams (Grades 4-8) Register \$250 first player; \$175 second player; \$125 each additional player plus uniform(s) and some tournament fees. Tyngsborough basketball travel teams are planned for boys and girls grades 4-8. All registered youth (subject to the rules of our travel leagues) are eligible to try-out for a travel team. Try-outs are the week of Oct. 1, 2018. To tryout, sign-up, **without payment**, by Sept. 28, 2018.

If selected to join a travel team, official registration will become available on this site and travel registration/payment and all forms/waivers MUST be complete **BEFORE the first practice**. These more competitive travel teams require an added time commitment and additional fees. Travel fee also includes enrollment in the in-town recreational league at no additional cost.

The Great Pumpkin Walk, Night of Lights BICENTENNIAL Field Complex, T.E.S Saturday, October 27th (Tentative date) **5:45pm-8:00pm** (immediately following PTO Trunk or Treat)

*Display your carved jack-o-lantern **RAFFLE PRIZE** 1 ticket given for each carved jack-o-lantern, the more you bring the more chances to **Win** (prize TBD) Be included in the costume parade at 5:45 Follow the glowing path of pumpkins, Complimentary treats served, Costumed spectators encouraged. Movie shown outside "It's the Great Pumpkin Charlie Brown" *Carve your jack-o-lanterns at home and drop them off at the field 1:00- 4:00pm to be included in the display. Pumpkins can be retrieved from the field at 8:00 PM or by Sunday, Oct. 28 (please leave them until 8pm 10/27 for all to enjoy). **Scout Troops, Organizations, Clubs and Businesses encouraged to participate.** Note: (TPRC is not Responsible for Pumpkins left @ the field)

Community Service Hours Available for Students Do you need community service hours? Contact us, we have many opportunities. Great Pumpkin Walk, Festival of Trees, Shamrock Ball and more.

Mark Your Calendar for the Festival of Trees

Thursday November 29th - Sunday December 2nd. Time to start thinking about that entry!! Yes, we know it's back to school time, but also time to start brainstorming! What kind of tree will you bring to the Festival this year? Judges award ribbons for the winning entries. People's choice award ribbons awarded each day. Located at Old Town Hall 10 Kendall Road Tyngsborough MA Come see the magical display of decorated trees. Tree raffle winners drawn on Sunday, 4PM after closing. Additional raffle items beyond trees! Free craft activities during all hours. **Cookies from Bittersweet Bake Shoppe** and Hot Chocolate available. All displays generously donated by local business, groups and citizens.

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LOADING DOCK GALLERY

122 Western Avenue Lowell, MA 01851

Of Earth and Air Through Sept 30, 2018

Three talented artists take to the sky, while having their feet planted firmly on the ground, in "Of Earth and Air," the newest exhibit at the Loading Dock Gallery. Featuring new works by Nancy Barkman, Linda Branch Dunn, and Noel Soucy **Of Earth and Air** is a multi-media show inspired by natural elements.

Noel Soucy's alcohol ink paintings are light as air and evoke the magical transition where water meets the land. Her works are a perfect compliment to Linda Dunn, who is inspired by the early morning light on her walks around Fresh Pond Reserve. Dunn, who uses many techniques and different media, puts her pieces through many steps to create heavily textured pieces that are both rich and tranquil. This same essence can be found in the pottery of Nancy Barkman, who carves into the clay and layers glazes to achieve depth and texture. While using different mediums and processes all three artists in **Of Earth and Air** are fascinated by nature, and the natural progression of memories and time.

Of Earth and Air will run through September 30 at The Loading Dock Gallery. The Loading Dock Gallery, a part of Loading Dock Arts, Inc., a 501c3, is open Wednesday - Saturday from Noon to 5:30 PM, and Sunday from Noon to 4 PM. It is located at the entrance of Western Avenue Studios, 122 Western Avenue, in Lowell, MA. For more information, call 978-656-1687 or visit www.theload-dockgallery.com.

JOIN TYNGSBOROUGH CITIZENS

If you are new to Tyngsborough, welcome! If you are not new but want to know more or want to know how you can get involved, you are invited to join over 450 fellow residents in our on-line community forum. Tyngsborough Citizens is a Yahoo Group and membership in our group is open to all residents of Tyngsborough. We share information about town and school happenings and ideas for how to make our town even better. We are not an anonymous group; residents share their name and address when posting. We strive to keep the conversations civil and constructive. Please visit tyngsboroughcitizens-subscribe@yahoogroups.com to join.

CAT FOOD DONATIONS NEEDED

to feed a colony of feral and homeless kitties. Please call me at **978-799-9715** for the drop-off location on the Dunstable/Tyngsboro line. Don Gaudette. **Volunteers to help with the feeding are also needed.** Associated with Kitty Angels www.kittyangels.org Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats

THE WISH PROJECT

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After an exhausting couple of weeks for staff and volunteers we closed the door to our Foundry St warehouse. We are now getting our new building ready for operation. We will continue to keep you posted as to when the warehouse will be open for donations and clients.

Meanwhile if you would like to volunteer contact Patty at patty@thewishproject.org and she will let you know the days and hours we will be needing volunteers. Volunteers 15 and older until the warehouse is open for business. Without your support we know we couldn't help the 66,000 clients we helped last year. That's why we ask that you continue to help us fund our move.

Help Fund the Move and help us continue to serve our neighbors in need. If you or your organization would like to help fund the move or provide other support or have any questions please contact us at jill@thewishproject.org.

Please hold all donations until the warehouse is operational.

About Us The Mission of The Wish Project is to help families in need in Merrimack Valley. Find out more on our website www.TheWishProject.org or call us at (866) 947-4360.

Our New mailing address is:

The Wish Project, PO Box 8693, Lowell, MA 01853

To change your email or address: If you have changed your mailing address or your email address for our weekly newsletter, and would like to have us update it in our system, please email June Folger, at june@thewishproject.org Include your name, your old address/email, and your new one. Our donors are important to us!



Neighbor to Neighbor

Published by Anne M. Paquin

Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

Please send in your news for the October issue.

If you are preoccupied by other things, such as a fundraiser or an organization that you love to take part in, have a business that is looking for employees, or offers a service that you want everyone to know about, let me know. Share your info. There is no fee for news but free space is limited, so it is best to get it in as soon as possible. You don't need to wait for the deadline. Just remember that the printed issue is usually out around the 5th or 6th of the month. **So you do have to plan ahead a bit.** For paid ads, please contact me by email for more information. I will then forward a rate sheet to you. *I look forward to hearing from you! (soon) Sincerely, Anne Paquin*

For the past 35 years **Neighbor to Neighbor** has been circulating on a monthly basis. Now there are 6,306 FREE issues delivered between the towns of Tyngsborough and Dunstable. Issues are also left at the Town Hall and Library in each town. Go to www.neighbortoneighbornewsletter.com. Here you can read the issue online. Read through the Tyngsborough and Dunstable issues. You will also find other articles posted there.

ANGER MANAGEMENT

www.greenbridgecw.com

Kerry Mensah, LICSW is the newest member of Greenbridge Counseling and Wellness. Kerry helps clients transform disordered thoughts in order to improve overall mood and to manage difficult emotions and behavior. While working for the Massachusetts Correctional Institute in Concord, MA, a medium security prison for men, Kerry developed an Anger Management Group Curriculum. While the population of individuals being treated in this group may differ from the general population, the experience of anger is the same.

Kerry treats anger by first helping clients to explore, understand and recognize the distorted cognitions that are involved in anger. For example, jumping to conclusions is a common cognitive distortion that many of us use. If our conclusion is based on a belief that someone has wronged us in some way, that is going to produce feelings of anger. If instead you tell yourself, "There may be alternative reasons for this other than what I think", you are less likely to feel angry. If you learn to transform your distorted thoughts and focus only on the facts, that eliminates some of the anger producing thoughts.

The next part of learning anger management involves exploring the root of anger. Anger is often considered a secondary emotion. That means there is another emotion underlying the anger that is driving a person's behavior. A good example of this can be seen on the road. We have all been cut off in traffic. Many of us respond with anger. We may yell at the person who cut us off, swear at them, etc. Before you felt angry it is likely that the primary emotion was fear, whether you want to admit it or not. Someone nearly caused you to have a car accident and that is scary. If you've been hurt by someone and you are holding a grudge against the person, in order to resolve your anger you must first identify the primary emotion and process your feelings about the event in order to find peace and resolution.

Anger is also a learned behavior. We are all born with the ability to feel anger. A two-year old child who has never witnessed aggressive behavior can act out frustration by throwing toys or hitting others. As adults we are predisposed to mimic the anger reactions we learned growing up. If your parents tended to push everything under the rug, you may be likely to do the same which may result in a build up of repressed anger. If your father expressed it outwardly, you may have learned to do the same and expressed your anger by yelling and/or using physical and verbal intimidation.

Ok, you're angry, so what can you do about it. In therapy, you will learn about your anger, maybe even give it a name and describe what it looks like and how it manifests itself in the body and mind. You will learn about what causes it, triggers it and lastly what will heal it. You will learn what cognitive distortions might be contributing your anger, learn to challenge them and replace them with healthy reality based thoughts. You will learn calming strategies to improve your frustration tolerance and handle your anger productively.

If you are having problems managing your anger and would like to consult with Kerry, she can be reached directly at kmensah@greenbridgecw.com or 978-604-4428. Kerry specializes in anger management and is trained in Cognitive Behavioral Therapy (CBT) and Eye Movement Desensitization and Reprocessing Therapy (EMDR). She works every day but Wednesday and some limited evening hours at Greenbridge.

Neighbor to Neighbor

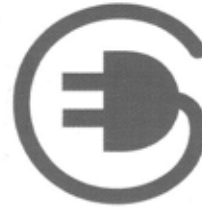
Published by Anne Paquin Since 1983

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EDUCATION FOUNDATION TYNGSBOROUGH WWW.EFTyng.org



New and improved Tyngsborough Trot 5K Road Race/Walk for Education to be held on October 7 - Columbus Day Weekend - at the Tyngsborough Elementary School.

A group of local runners has stepped forward to help us offer a new and improved event. The first change is the new date. We hope runners and walkers enjoy warmer weather and peak fall foliage. The first 200 runners will also receive a free sport tek t-shirt! We will again offer cash prizes to the top three male and female runners, and medal awards to the top three male and female runners in 7 different age categories. The FREE mile Kids Fun Run (for children 12 and under) begins at 10 am and the 5K begins at 10:30 am. Registration forms will be available in all schools, town hall and on our website eftyng.org. Register before September 23 and take advantage of a discounted registration fee.

EFT needs more members and volunteers! We are especially looking for parents of elementary and middle school students. What a great way to get involved in your town. You can start small or go all in with us. There are little jobs and big jobs that need to be done. Or you can start attending our board meetings to see if EFT is the right group for you to join. Please contact our President, Theresa Manning, at eftyng@gmail.com. An easy way to support our efforts is to start your Amazon shopping at smile.amazon.com and designate the Education Foundation for Tyngsborough as your cause. Together we are bridging the gap. Like us on Facebook!

SHERIFF KOUTOUJIAN RECOGNIZES CADETS FROM TYNGSBOROUGH DURING YOUTH PUBLIC SAFETY ACADEMY GRADUATION

CHELMSFORD – Middlesex Sheriff Peter J. Koutoujian recognized 153 Youth Public Safety Academy (YPSA) cadets from Arlington, Belmont, Hudson and Tyngsborough during a graduation ceremony Friday, August 10 at Chelmsford High School. Sixty-one of the graduating cadets were from Tyngsborough.

During the course of the week, the cadets participated in team building exercises, learned fire and personal safety skills and enjoyed educational games. They also spent time with members of the MSO staff and their local police and fire departments.

"Year after year, YPSA is one of the most well-received community outreach programs we run," said Sheriff Koutoujian. "It's a great opportunity to build relationships between youngsters, the MSO and our public safety colleagues in fun-filled, educational settings."

The ceremony marked the completion of the first week of the six-week summer program. YPSA is now in its 19th year and is open to youngsters ages 8-12 living in Middlesex County. Hundreds of cadets from more than three dozen communities are scheduled to participate this summer.

To learn more about YPSA and some of the Middlesex Sheriff's Office other community-based programming, visit middlesexsheriff.org/community.

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PROPOSED DUMPING GROUNDS

161 Nashua Rd., Pepperell

Update Next Call of Action

Thank you to all of our neighbors and friends in Dunstable, Hollis, Tyngsboro, and Groton for turning out for the presentation, asking insightful questions, and wearing red in opposition to toxic soil dumping in Pepperell via Routes 111 and 113 and other potential routes to access Pepperell. Your voices were heard, your faces seen! For those who could not be there or who did not have the opportunity to watch on television, please visit the following link, which will take you to Pepperell Community Media's recording: <http://vp.telvue.com/preview?id=T02761&video=338220>

We encourage all families, friends, neighbors, and businesses who decided that the proposed project to transport an estimated 55,000 truckloads of soil, construction debris, and slurry via direct routes through their towns over an estimated 7 to 9 years, is not acceptable to them, to write a letter and email in opposition to this project with the subject line: DENY PEPPERELL RECLAMATION PROJECT. It is imperative to include your name and address at the bottom of all emails/letters. Letters MUST be personal, stating how this project will affect your health and daily quality of life. Your message will have the highest impact by doing two things; 1.)Email the contact below 2.)Print the email and mail it in an envelope.

Paul.Vigeant@state.ma.us

Mr. Paul Vigeant – BWSC MassDep

627 Main Street

Worcester, MA 01608

Thank you on behalf of the Pepperell Watchers Community Group

DUNSTABLE TYNGSBOUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to helping the community through donations raised by volunteers.

Officers for the 2018-2019 Lions Year

President: Mark Alexander, 2nd Vice President: J.J. Ward, Secretary/Treasurer: Bob Reich, Director: Richard Lowe

Anyone who would like to join the Lions is asked to call Bob Reich at 978-649-5874 or Mark Alexander at 978-649-9124. Our Regular Meetings are held on the first Tuesday of the month starting at 6:30 pm. Call one of the members, at the telephone numbers given above, to find the location.

Events

The Club will host a **Senior Breakfast** on October 18th at the Tyngsborough Senior Center (Tyngsborough Council on Aging)

Westford Rd., Tyngsborough, MA

YOU CAN HELP BY DONATING THE FOLLOWING:

Used eyeglasses are collected for refurbishment and distribution to less advantaged people around the world.

CAN TABS (in sealed bags) are also collected for kidney dialysis time through the Shriners Hospital.

Lion's collection boxes for eyeglasses and tabs (in sealed bags) are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Tyngsborough Council on Aging Senior Center, 169 Westford Rd., Tyngsborough and Dunstable Town Hall, Post Office and Library.



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Circle-Health.org/Dracut**



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Altrusa Club of Merrimack Valley, a local, volunteer service organization. On June 11, 2018, the Altrusa International Association celebrated 101 years of volunteerism around the world. ***If you would like to help make a difference in the lives of others in your community, please contact us at altrusamv@gmail.com.***

DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827
Dunstablechurch.org 978-649-6251

Pastor Bobby Ross pastorbobby@dunstablechurch.org
DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."

• **Join us for Sunday Worship Service at 10:00 am each Sunday.** Child care is available during the service for infants through kindergarten age. Pastor Bobby Ross leads our worship services which feature a variety of music, scripture readings, corporate prayer and spoken messages and with Communion (the Lord's Supper) served on the first Sunday of every month. Everyone is welcome to an informal time of fellowship with coffee, tea and refreshments after worship.

• **CHILDREN'S SUNDAY SCHOOL** is regularly held at 10:00 am. On September 9th, classes will resume. Children will sit with their family for the first part of the service, then moving on to class for the remainder of the service. For more information and to sign up to help, please contact Shellyannross@gmail.com.

• **DECC YOUTH** The new season will kick off on Sunday, September 9th, with our Annual Youth Group Cookout at Sunshine Overlook Orchard (1 Trask Way) 5-8 PM. Hot dogs & Burgers, apple picking to make cider, campfire. We will also have volleyball, horseshoes, tetherball, zipline, etc. We welcome any area youth in grades 6-12. Regular meetings are held on Sundays from 4:00-6:00 PM but special events may be held at other times. Sunday, September 16th, will be a "Regular" meeting at the church with games, snacks, discussion time, and working on a plan for the year. Please contact Jon Hughes at 978-393-7708 if interested and to confirm location and time of meeting.

• **POPs** (Parents of Preschoolers) meets in the Fellowship Hall twice a month on Fridays, 9:00-11:00 am during the school year. Child care is available. Contact Shellyannross@gmail.com with questions.

• **MISSIONS BOARD** sponsors a "Missions Moment" on the second Sunday of each a month. A guest speaker presents a brief overview of the program which is supported by our Missions giving. YOU are our mission.

• **DANCE CAMP FOR YOUNGSTERS!** Fourth Annual Summer Dance Camp Series during July and August at the Dunstable Congregational Church was a great success with approximately 20 children participating.

• **OPERATIONS BOARD** is happy to announce that the hand-capped entrance and lift have been installed, and pending state inspection, functional. This now makes our facilities accessible for everyone. Entrance to the lift area is on the Common side of the building. The lift will carry wheelchairs and individuals to the Fellowship Hall with the path to the sanctuary not far away. The hand-capped accessible restroom is one of two in Fellowship Hall now available; the other includes a baby changing station. The floor is shining, and we are ready for a new season to begin. A project in the works for a long time, we are excited to make our church accessible to all.

Come visit your community's church. For more information about any of these events, contact the Church office 978-649-6251, email info@dunstablechurch.org or visit our website at www.dunstablechurch.org.



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RIVIER INSTITUTE FOR SENIOR EDUCATION

Nashua, NH - The Rivier Institute for Senior Education (RISE) Seniors can choose from more several five-week and 10-week courses. **Second term courses begin October 16 and end November 19.** There are no learning prerequisites, no tests and no credits earned. Membership for the ten-weeks of courses is \$130.00 and includes the use of the Muldoon Health and Fitness Center, Regina Library, and Dion Dining Center. Deadline to register for fall semester is Friday, August 17.

Members may participate in up to five courses each term. Course topics include enrichment, personal development, film, fine arts/arts and crafts, fitness, health, history, literature, music, politics and world religions, science, technology and writing. Twenty-five of the courses are new for fall. There are three one-session enrichment classes which do not count toward the five-course limit.

The RISE program, tailored for "learning in retirement," is in its twenty-first year. Course brochures are available online, at local libraries and senior centers, and at the RISE office at Rivier University, which is in Memorial Hall, Room 126, on Main Street. Seniors can view and download a brochure from the RISE website www.rivier.edu/rise and/or <http://www.facebook.com/RISE1997>. Additional information is available by calling (603) 897-8623.

Evangelical Congregational Church of Tyngsboro Est. 1868



Route 113, 23 Kendall Rd. Tyngsboro, MA 01879

For questions or more information,
please call our office 978-649-2262
Pastor Denis Frediani 1-603-579-0904
www.tyngsborocongregational.org
E-mail ecctsect@yahoo.com

JOIN US FOR SUNDAY MORNING WORSHIP

OUR MISSION: Glorify God by encouraging all people to know Jesus together in Faith, Love and Service. Worship Service at 10:00 a.m. Nursery available. Followed by Fellowship and Refreshments. Cancellation information will be listed on our website:
www.tyngsborocongregational.org

• Our **Youth Group** began on September 7th at 5:30PM for a pizza party. We welcome all young adults to join us as our meetings.

• On **September 9th** we start our new year with our regular **Sunday School** program for all ages. Children will begin the Sunday Services with their parents and will be dismissed to their age-appropriate classes at 10:15am. It is important to note that all adults working with children have passed their CORY applications to ensure a safe environment for our children.

• **All Executive Boards and Committee Meetings will begin in September**

• **LADIES BIBLE STUDY** - Will begin on Tuesday morning, September 11th from 9:30 am to 11:30 am. Study will be based on "That the World May Know" video series. Please consider joining this amazing and uplifting study group.

• **CONGRATULATIONS** to Nate Richardson, Jack Richardson, Paul Chizook and Janet Knisley! On August 26th these special people dedicated their lives to Jesus by being Baptized. One Baptism was held in the Merrimack River while the others were held at a family pool. Parishioners returned to the Church Fellowship Hall to celebrate their dedication.

• **SAVE THE DATE** - On **October 7th** we will have a SPECIAL SUNDAY SERVICE to include a pot luck. At 1:00 p.m. we will go to the Old Town Hall to enjoy an amazing concert with the well known Gospel Group, "The Needham's". This concert will round out our "150th Anniversary" that we have been celebrating during the past year. This event is FREE and we only have a limited number of tickets available to the public. **If you would like to join us, please call our office at 978-649-2262 and leave a message with your contact information. Someone will return your call.**

• **ADULT BIBLE STUDY** - Sunday evenings (further information to follow in October issue). You may contact our Office at 978-649-2262 for further information.

• **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: 1. Log onto the church website <http://www.tyngsborocongregational.org> 2. On home page you will see a photo of the church. Hover the cursor over the word "SERVING" 3. Click once on the word "SERMONS" 4. Scroll down to see "Listen to our sermons for free on SoundCloud.com" 5. Click once on the link/word "SoundCloud.com" 6. Below the Church logo sermons listed by date, passage, sermon title 7. Click orange circle to listen to the sermon you desire

• **THE THRIFT SHOP:** Located next to the church is open to the public on **Thursdays and Saturdays from 10:00 a.m. - 3:00 p.m.** We offer an assortment of clothing, shoes, handbags, baby items, books, small appliances, dishes, glassware, jewelry, etc. **Please do not drop off** large furniture items such as TV's, computers or printers we do not have the means to store or dispose of these.

BUDGET BUDDIES

Budget Buddies helps low-income women become more economically self-sufficient and transform their lives by teaching them core money-management skills and pairing them with personal financial coaches. We partner with local social service agencies and community volunteers to provide individualized training in basic money management. **Please call (978)-703-0820 for details - our website is www.budgetbuddies.org**

DATES TO REMEMBER

September 9th Rosh Hashanah begins at Sundown
September 9th Grandparents' Day
September 11th Patriot's Day
September 18th Yom Kippur begins at Sundown
September 23rd First day of autumn
October 8th Columbus Day

COMING UP AT INDIAN HILL

To learn more or to arrange auditions or reservations, you may call the number given or visit www.indianhillmusic.org.

INDIAN HILL MUSIC YOUTH ORCHESTRAS - AUDITIONS:

Auditions for the three Indian Hill Music Youth Orchestras: **Tuesday, September 11, 4:30pm-7:00pm** at Indian Hill Music School, 36 King Street, Littleton, MA. **SINFONIA CONCERT ORCHESTRA** (advanced level strings, woodwinds, brass, and percussion); **CAMERATA STRINGS** (intermediate-advanced string players); **CHAMBER STRINGS** (developing string players). Learn more and arrange audition time at (978) 486-9524.

FREE MUSIC CLASS DAY FOR FAMILIES: Drop in and have fun exploring music for kids ages 1-13: Saturday, September 15 from 9:00am - 4:00pm at Indian Hill Music School, 36 King Street, Littleton, MA. Class demos, Instrument Fair, ice cream, and crafts. Experience our early childhood programs, youth chorus, Suzuki, and beginner classes in piano, guitar, violin, drums, flute, ukulele, and more. FREE admission. Learn more: (978) 486-9524.

BACH'S LUNCH CONCERT: Indian Hill Music presents works by American composers featuring violinist Angel Valchinov and pianist Keun Young Sun. **TWO SHOWS** - Thursday, September 20 at 11 am and 1:30 pm, 36 King Street, Littleton, MA. Complimentary coffee, tea, cookies; bring your lunch. FREE admission. Reservations required for groups at (978) 486-9524.

INDIAN HILL MUSIC YOUTH WIND ENSEMBLE - AUDITIONS:

For intermediate/advanced woodwind, brass, and percussion players in grades 7-12 (Jason Bielik, director): Thursday, September 20 & 27, 5:00pm-7:00pm. Indian Hill Music School, 36 King Street, Littleton, MA. Learn more and arrange audition time at (978) 486-9524.

HORSZOWSKI TRIO: Indian Hill Music presents the acclaimed trio (Jesse Mills, violin; Raman Ramakrishnan, cello; and Rieko Aizawa, piano) performing works by Mendelssohn, Carter, and Shostakovich: Saturday, September 22 at 8:00 pm, Kalliroscope Gallery, 264 Main Street, Groton, MA. TICKETS: \$35 (post-concert wine and cheese reception). Learn more: (978) 486-9524.

VOICE MASTERCLASS: Boston-based mezzo-soprano Britt Brown will offer a voice masterclass at Indian Hill Music School: Saturday, September 29 at 10:30am, 36 King Street, Littleton, MA. Learn vocal techniques and tips while watching Ms. Brown work with selected Indian Hill Music School students. FREE admission. Learn more at (978) 486-9524.

ORCHESTRA OF INDIAN HILL: Maestro Bruce Hangen and the Orchestra open their 44th Season with a tribute to the great Leonard Bernstein featuring his music (Symphony No. 1) and the music of composers who were important to him: Copland, Gershwin, Mahler, and Castagnone: Saturday, September 29 at 7:30pm, Littleton HS Performing Arts Center, 56 King Street, Littleton, MA. TICKETS: \$20-35-50 (Free for IHM students) Call 978-486-9524x116. **Lead Sponsor: Enterprise Bank. Sponsor: Murphy Insurance Agency. Media Sponsor: Wicked Local.**

FALL MUSIC LESSONS & CLASSES: Ongoing registration for private lessons, classes, and ensembles for all ages and levels at Indian Hill Music School, 36 King Street, Littleton, MA. Instruments include, piano, strings, flute, guitar, ukulele, recorder, harp, voice, and drums in classical, jazz, folk, rock, pop, and musical theater. Learn more: (978) 486-9524.

ART EXHIBIT: The Gallery at Indian Hill presents "Portraits of Plants and Flowers" by artists from The Worcester Illustrators' Guild. On view September-October at 36 King Street, Littleton, MA. (Hours: M.-F., 10am-8 pm; Sat., 10 am-4pm.) Artists Reception: Friday, September 21, 6 - 8pm. FREE and open to the public. Learn more: (978) 486-9524.

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PET HEALTH DUNSTABLE ANIMAL CLINIC CAR SICKNESS IN DOGS

Tara M. Sacramone, DVM



Some dogs love to go for a ride so much their owners have to spell out the word so their dogs won't get too excited. And yet, for other dogs the car is a torture device. There are two main reasons dogs don't like the car, one is motion sickness and the other is anxiety. Some lucky owners have dogs that have both problems. There are some things that can be done to help.

There are a few ways to treat motion sickness in dogs. One is fresh ginger root. Just one sliver can help many dogs. Another is dimenhydrinate (Dramamine). Dramamine can cause sedation as a side effect (which could be good) and can have some interactions with other drugs your dog may be taking, so check with your veterinarian first to make sure it is safe and to get the correct dosage. Both ginger root and dimenhydrinate can help some dogs, but may not always work. There is a relatively new drug available now that almost always prevents dogs from vomiting in the car. It is called Cerenia and is only available by prescription. Because of its safety and efficacy it is my favorite medication to prevent motion sickness in dogs.

Anxiety can be more difficult to deal with. The most important thing is to NOT try to comfort an anxious dog. You are saying "Don't worry, everything is ok." And your dog is thinking "Oh no, my owner is so nervous, there must be something wrong." As hard as it is – ignore the anxious behavior. Another simple thing that may actually help is to get a lavender-scented air freshener. There was an actual scientific study done in Australia with hundreds of dogs and statically the dogs exposed to lavender were calmer – no lie.

Another thing to try is to go for short rides to super fun places (i.e. not the vet or the groomer). Another option is to try to sedate them with prescription medications like alprazolam or acepromazine. Some dogs are so anxious their adrenaline overrides the medications and they don't work at all, and they can have side effects as well. Every dog is different so talk with your veterinarian about what might work best for your individual dog.

LEARNING IN RETIREMENT ASSOCIATION UMASS LOWELL

2018 Summer Intersession Classes Announced

The Learning in Retirement Association invites anyone retired or semi-retired to come to our free summer intersession classes and trips. **These classes meet on Wednesdays from 10:00 to Noon at, McGauvran Hall, Room 313, South Campus, 71 Wilder Street, Lowell.** Parking available across the street in the Wilder Lot.

This is a great way to sample the offerings of our nearly year-round learning experience. **To find out more about LIRA please see our website www.uml.edu/Community/LIRA**

July 11 Being Transgender Kelly Jenkins Youth advocate
July 18 Childrens' Author Nancy Cote
July 25 Addison Gallery Museum trip to Phillips Academy, Andover

AMVETS POST #247 ROBERT D. PELLETIER

90 Pawtucket Blvd. Tyngsborough, MA

We hold our meetings on the **1st Tuesday** of the month at **7 p.m.** all veterans are welcome with 180 days or more of active duty. Come down and join us for a meeting.
God Bless America.

OFFICERS: Commander: William A. Beaton; 1st Vice: John McDermott; Adjutant: John Cogan; Finance: David Coles; Judge Advocate: Roland Milliard; Provos Marshal: Roland Russell; Chaplain: Rod Woods. E-Board: Steven Harris, John Dombrowski, Ron Russell.

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AMERICAN LEGION POST #247, INC.



90 Pawtucket Blvd. Tyngsborough, MA 01879

Active duty military and veterans always welcome to join. For further information call **978-649-7540**. Remember to attend the committee meetings on the first Thursday with your input and ideas.

The public is invited to get involved in all events of the post. The veterans monthly dinners will continue on the first Wednesday of the month. We are always looking for help to serve the veterans. **Keno and Scratch Tickets are available at the Post. There is an ATM in the Post for your convenience.**

Elected Post 247 Officers serving for 2018-2019

Commander: Ray Hamelin; Sr. Vice Commander: Pete St. Peters; Jr. Vice Commander: Michael Milisci; Finance Officer: John Burke; Adjutant: Don Pierce; Judge Advocate: Rolland Millard; Executive Board: Marty Bloomgorn, Joe Conlin and Robin Dion

Visit our website, www.LegionPost247.org

This website contains a wealth of information about the Post.

Please remember to be safe & keep our troops in your prayers.

SUNDAY, SEPTEMBER 9th-PATRIOTS OPENING DAY DINNER! Please join the American Legion Post #247 for celebrating the New England Patriots' opening day game vs the Houston Texans! Will Tom Brady be able to win a record-setting 9th Super Bowl ring? Come find out how the team looks. **The game starts at 1PM, with a homemade Turkey Dinner!**

SUNDAY, SEPTEMBER 9th-MEAT SHOOT! After the Patriots' opening day game, stick around and try your luck with our famous Meat Shoots! \$2 per round and you'll have your chance to win steaks, chicken with all the fixin's, scratch tickets, or even cold hard cash! **This event starts at 4PM.**

SUNDAY, SEPTEMBER 16th-YARD SALE/FLEA MARKET! Are you an artisan who owns your own business? Or maybe you have some extra junk lying around the house? Pack your things and reserve a spot at the American Legion's first Flea Market/Yard Sale on September 16th. Vendor spots are \$20, and regular yard sale spots are \$10. **If you have a spot set up begins at 8AM, and the doors open to the public at 9AM!**

SUNDAY, SEPTEMBER 16th-PAWS FOR A CAUSE! In addition to our market, come out Paws for a Cause! Have your poodle, pitbull, pekingese, or puppies professionally pampered! Nail clippings are \$10, tooth brushing are \$10, and ear cleanings are \$5.

EVERY WEDNESDAY NIGHT-TRIVIA NIGHT! Are you a know-it-all? Do you think you're smarter than Alex Trebek? You can prove it every Wednesday night at 7PM when the American Legion hosts its weekly trivia night! **There is no fee to enter, first and second place of every week get scratch tickets, and whoever has the most points at the end of the month wins a \$25 Visa Gift Card.** Come out and prove that you actually are smarter than a 5th grader!



**CLUB OF
TYNGSBORO/DUNSTABLE**

Rotary Motto: Service Above Self

Theme: Rotary Making a Difference

The Rotary Club of Tyngsboro/Dunstable has been serving the Tyngsboro and Dunstable area for 44 years.

We meet at the Dream Diner, Tyngsboro, on the 1st, 2nd & 3rd Thursday of the Month at 7:15am.

Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

For further information about Rotary, please email us at tdrotary@yahoo.com or visit our website at: www.tdrotary.org.

Thank you for your continued support.

2 PSYCHIC FAIRS COMING UP SOON!

Saturday, October 6, 2018

Saturday, November 3, 2018

10am - 4pm

at the AMERICAN LEGION POST 247,
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This will be to Benefit Veterans Programs and Family of Veterans. Sponsored By **The American Legion Post 247 Inc. Veterans**, Tyngsboro, MA. Readings \$25.00, TAROT, REIKI, PALMISTRY, INTUTIVE, MEDIUM, AURA READING & IMAGING. Vendors with many interesting items. Free coffee!!!

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**AMERICAN LEGION
AUXILIARY UNIT 247**

90 Pawtucket Blvd. Tyngsborough, MA 01879

Meetings are held the first Thursday of each month at 7pm.

Auxiliary Unit 247 Current Elected Officers:

President: Bernadette Harper; Sr. Vice: Josephine Beauregard; Secretary: Patricia Modrich; Treasurer: Diane Dileo; Chaplain: Rebecca Modrich; Executive Committee: Mary Dupras, Annette Coles and Kathleen Oiljey.

For information on the Auxiliary Unit meetings, or functions contact Unit President Diane Dileo at 978-204-9329

We also would Welcome New Auxiliary Members 18 and older. Contact Unit President or Treasurer.

... The Unit Jr. Auxiliary is accepting new Jr. members.
Contact 978-649-7540 if interested in joining.

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ST. MARY CHURCH: 25 North Rd, Chelmsford.

ST. JOHN BUSINESS (978) 251-8571; www.saintjohnchelmsford.org

ST. JOHN THE EVANGELIST CHURCH: 115 Middlesex St., North Chelmsford.

• **ST JOHN'S GIANT YARD SALE. Saturday, September 22.**

9 am - 2 pm. St. John's Parking Lot, 115 Middlesex Street, North Chelmsford. Rain or Shine & NO EARLY BIRDS PLEASE.

• **ALL ARE INVITED TO JOIN US ON THE GREAT LAWN** for the 4th Annual Chelmsford Catholic Collaborative **Outdoor Family Mass & BBQ. Sunday, September 16th at 10:30 am.** Food, Games,

FAMILY FUN FOR EVERYONE! St. John the Evangelist Church. 115 Middlesex Street, North Chelmsford.

• **FAITH FORMATION is ALIVE AND WELL** at Chelmsford Catholic Collaborative!!! Both St. Mary and St. John the Evangelist parishes are currently accepting registrations for the 2018/19 school year. Both parishes offer formation from Kindergarten to Grade 10, with a very strong focus on the First Communion and Confirmation years. Been away from Church for a bit? Looking to re-focus and root your child(ren) in the same faith you grew up in? Then contact us TODAY by calling (978) 251-8571 or (978) 256-2374 and speak with Fran Anderson (ext 212) regarding the St. John program, or Elaine Kindler (ext 216) regarding the St. Mary program.

• **DO YOU KNOW SOMEONE WHO IS INTERESTED IN BECOMING CATHOLIC?** St. John's is offering an opportunity for those who wish to learn more about the Catholic faith through the RCIA (Rite of Christian Initiation?). The process begins with a period of inquiry and discovery, followed by a time of preparation in order to receive the sacraments of initiation (Baptism, First Eucharist and Confirmation), and culminating in a formal welcome into the faith at the Easter Vigil. We are offering an Evening of Inquiry on **Wednesday, September 19th at 6:30 pm.** St. John the Evangelist Church. 115 Middlesex Street, North Chelmsford.

• **BINGO EVERY Thursday Night!** St. John the Evangelist Church. 115 Middlesex Street, North Chelmsford. Doors open at 3:00 pm... first game at 6:45 pm. Intermission, door prizes, raffle and hot food. Air-conditioned, well-lit parking lot and elevator.

• **BLESSING OF THE ANIMALS.** In honor of St. Francis of Assisi, bring your pet(s) and join us on the side lawn for our annual blessing of the animals. **Thursday, October 4th at 6:00 pm.** St. John the Evangelist Church. 115 Middlesex Street, North Chelmsford.

NASHUA HISTORICAL SOCIETY MEETING

The Nashua Historical Society will be presenting a program on the **Restoration of the American Chestnut Tree on Tuesday, September 18, 2018 at 7:30 p.m.** Join Wildlife Biologist, Curt Laffin, as he discusses the history, demise, and restoration of the American chestnut tree that once dominated eastern U.S. forests. This magnificent and valuable resource was almost lost due to an imported disease, chestnut blight. Now the American Chestnut Foundation may be on the verge of restoring it locally and throughout its historic range.

For more information on the American Chestnut Foundation, please go to acf.org. The Nashua Historical Society is located at 5 Abbott Street, Nashua. For more information, please visit our website at www.nashuahistoricalociety.org or call 603-883-0015.

BEAVER BROOK NATURE CENTER

117 RIDGE RD, HOLLIS, NH

Mushroom Walk Sun Sept 16 10 am -12:30 pm

Teacher and walk leader Stephanie Doyle will be taking a group out on the trails in search of wild mushrooms. Learn what features to use to safely identify wild mushrooms including toxic species as well as edibles. Remember to bring good hiking shoes, a basket for carrying mushrooms found, bug spray, a backpack with lunch and plenty of water. The foray will take you off trail!

\$20/\$18 Members. Stephanie Doyle is a member of Monadnock Mushrooms Unlimited & Sandwich Area Mushroom Club. She was the President/ Founder of the UWF Mycology Club. She works for the NH Mushroom Co. Register at www.beaverbrook.org

Beaver Brook Annual Fall Festival & Nature Art Show

Beaver Brook, Maple Hill Farm, 117 Ridge Rd, Hollis NH
September 29th & September 30th 2018
11:00 AM – 5:00 PM

Admission to the Festival and show is free to the public.
For more information call 603- 465-7787

Featured Artist Ken Harvey

The featured artist selected for the 38th Annual Fall Festival Nature Art & Photography show is Ken Harvey. Ken received his initial formal training in art while studying architecture at Pratt Institute in New York City where his courses included training that was directly transferable to photography. A subsequent course in cinematography at Rutgers University provided additional insight into lighting and composition.

It is his strong belief that photography, if practiced with the highest standards, is on a par with any of the other forms of fine art. His work tends to concentrate on landscapes and wildlife photography, but his images also include portraits, action, and creative images. He says that the subject matter is only part of the formula for the images that interest him; the lighting, composition, and drama are also vitally important.

His award-winning work has been featured in many venues, newspapers, magazines, and multiple solo exhibits. In addition to presenting his work at art shows, he is also available for public speaking on several topics. His work may be viewed at www.ken-harveyphotography.com

Call For Artists

Beaver Brook is calling for artists to make this event special. Original artwork by both amateurs and professionals is eligible. The accent of the artwork should be on New England settings but art reflecting a nature theme elsewhere in North America may be included. Artwork criteria will allow some man-made items or domesticated animals as long as they are NOT the PRIMARY SUBJECT of the work; such as barns, covered/stone bridges, paths, dirt roads, wood fences, stone walls, cultivated flowers/trees, gazebos, arbors, farm equipment – *NO PEOPLE or BOATS* please. Recent artwork is preferred. Color or black and white photography; prints and paintings (watercolors, oils, acrylics, pastels, collage and mixed media); indoor and outdoor sculpture in various media.

This is a NON-JURIED event but Beaver Brook Association retains the right to reject any work that is considered to be inappropriate.

Beaver Brook will be accepting artwork for display from September 21st – 24th at Maple Hill Farm, 117 Ridge Road, Hollis NH. If you are interested in displaying your work at the Fall Festival all rules, details and entry forms can be accessed at www.beaverbrook.org. You can also pick up a form at Maple Hill Farm, Hollis NH.

There is also a *children's art exhibit* in the historic Cooper Shed. **We encourage children of all age groups to submit their work up until September 24th.**

The Fall Festival is the signature annual event of Beaver Brook Association and as well as the fabulous display of Artwork, there will be activities of interest for all age groups. More details of these activities can be found on the Beaver Brook website.



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MIDDLESEX CONSERVATION DISTRICT FALL BULB AND PERENNIAL SALE

The Middlesex Conservation District will be holding its annual **FALL BULB and PERENNIAL SALE** on **9/21 from 3-6PM and 9/22, 8am to 12 noon** at the **Great Brook Farm State Park Ski Touring Center, 1018 Lowell St. in Carlisle, MA.**

All items that were ordered through 8/31 have to be picked up on the sale days. You will receive a card in the mail as a reminder.

If you did not receive the catalog and would like to come to the sale, please come as early as possible for the best selection. Items offered include daffodils, tulips, narcissus, specialty bulbs, perennials and fertilizer.

Don't forget to check out Great Brook Farm's amazing ice cream while you are here!

To receive a copy of our catalog in the future, please call 978-692-9395 or email middlesexconservation@yahoo.com.

VOLUNTEER We need volunteers to help with the sale and on the day before. Please email middlesexconservation@yahoo.com if you are interested in volunteering. Hours are Thursday 9/20, 9:30 to noon; Friday 9/21, 2:45pm to 6pm; Saturday 9/22, 7:45am to 12:30 pm. If this is too short notice for this year. Please let us know if you might be available for the next sale.

Support Local Conservation! When you purchase plants from us, your money works twice. Your support allows the Middlesex Conservation District to: • Partner with USDA Natural Resources conservation Service and other agencies and organizations to solve natural resource concerns. • Co-sponsor and help organize the Massachusetts Environthon, an environmental competition challenging high school students with real-life natural resource problem-solving situations. • Sponsor workshops. • Provide soil map information of Middlesex County cities and towns. • Assist residents with natural resource questions. • Promote local agriculture.

TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



Events listed will be held at the **Little Red Schoolhouse** which is located on Route 113, 64 Main St., Dunstable, near the Tyngsborough- Dunstable Town Line.

Mark your calendar now for these wonderful presentations.

Saturday, September 15, 3pm

• **Learn how to research the history of your house.**

By Richard P. Howe Jr., Middlesex North Register of Deeds
For info: Lynda Justice 978-587-8423

Thursday, September 27, 7pm

• **Native American Program**

Learn more about the Mt. Kearsarge Indian Museum and Northeastern Woodlands Native culture.

For info: Claudia Novak 978-649-6356

Sunday, October 7, 3PM

• **The Automobile in the Years Leading up to WWI**

By Historian David Setterland

For info: Sue Psadedakis 978-649-6005

Membership is \$15 for an individual and \$25 for a family.

For more information check out the website

www.tdhistoricalsociety.org

FINAL REUNION

St. Joseph's Hospital of Lowell, MA will be holding their **25th Anniversary and FINAL Reunion** on Thursday, **September 20, 2018** at Lenzi's Mill House, Dracut, MA.

Please contact one of the people listed here for tickets.

Helen Blaschke @ 978-454-7346 or hmbwblaschke@gmail.com

Audrey Singleton @ 978 649-6543 or ansmanilow@comcast.net

Joanne Richard @ 978-618-0668 or ermama@comcast.net



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