



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

www.neighbortoneighbornewsletter.com

Celebrating 35 Years of Service!

Issue # 374 • September 2018

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TOWN CLERK NEWS

Just a reminder that unless you qualify for a permanent absentee ballot, your application is only valid for all elections in one (1) calendar year. If you filed an application in 2017, it has expired. The State Election is November 6. It's not too early to file an absentee application. Early voting is during the business hours of the Town Clerk.

The Board of Selectmen have adopted a Policy for campaigning during Early Voting Periods (which will be October 22 – Nov. 2 during my hours for the November election). It reads "During the period of Early Voting, no political signs for attempts at political persuasion are permitted within all levels of the Town Hall. In addition, no political signs or attempts at political persuasion are permitted within 150' of the main, back or side entrance." This is similar to the 150' rule at polling locations; because EV takes place at the Town Hall, it was recommended by the Elections Director of the SOC office that towns and cities adopt a policy.

Notice is given that the amendments to the Town of Dunstable Zoning and General Bylaws adopted under the warrant of the Annual Town Meeting of May 14, 2018 and continued on May 17, 2018 were approved by the Attorney General on July 3, 2018 and were published in accordance with MGL 40:32 as amended. Further, NOTICE IS GIVEN THAT CLAIMS OF INVALIDITY BY REASON OF ANY DEFECT IN THE PROCEDURE OF THE ADOPTION OF THE ZONING AMENDMENTS MAY ONLY BE MADE WITHIN 90 DAYS OF THE POSTING. The Bylaws include (Zoning) Regulate Recreational Marijuana Establishments and (General) Business Registration and Town Meeting, Elections and Records.

Carol A. Skerrett, Town Clerk CMMC 978-649-4514 x222 CSkerrett@dunstable-ma.gov **HOURS:** The Clerk's Office is open Monday evening from 3:00 pm – 7:00 pm; Tuesday, Wednesday and Thursday 9:00 am – 2:00 pm. Hours may vary due to holidays, workshops and elections. There are times the office is closed during these posted hours and extended hours for voter registration and absentee voting, please feel free to call ahead. Marriage licenses are by appointment only.

THE DUNSTABLE CULTURAL COUNCIL

The Dunstable Cultural Council is now accepting grant applications for FY2019, **October 15th is the deadline for organizations and individuals to apply for grants.** The Dunstable Cultural Council receives money each year from the Massachusetts Cultural Council (MCC) a state agency. These grants can be used to support a variety of artistic and cultural projects that benefit citizens in Dunstable – including concerts, exhibits, festivals, performances in schools, cultural workshops and lectures.

This year, the Online Grant application process will be available. Links to this can be found on the Dunstable Cultural Council website, which is on the town Website. There is a link to the Mass Cultural Council site where you can find more information about the new online applications <http://www.mass-culture.org/dunstable>

If you have any questions, please contact Cultural Council Chair, Claudia Novak at novakc@charter.net

IN MEMORY OF

Joanne Stapples

John F. Rogers

William J. Hoare III

Virginia Mello Kelty

Joyce O. Shipley Morin

Jeanne Marie Hathaway Mitchell

Evelyn L. Redden Metzler

Donald F. Corrigan Sr.

James Lorrey

Sharon A. Zannoni Close

James Richard Howley

Patricia A. Bean Kimball

John V. Cote

Norma M. Manchester McQuaid

FROM THE DUNSTABLE BOARD OF SELECTMEN

The Dunstable Board of Selectmen is looking for individuals who are interested in serving on committees, boards, and commissions. Currently both the town's Cable Committee and its Personnel Board are in need of members. Interested persons should contact the Board of Selectmen's Office by phone at (978)-649-4514 ext. 224, or by email at jvoelker@dunstable-ma.gov.



PIZZA NIGHT

The Dunstable Firefighters Association
Invites you to their 24th Annual Pizza Night

Saturday, September 8th • 4pm to 7pm

at the Dunstable Fire Station

28 Pleasant St., Dunstable, MA Across from Police Station

Meet Smokey the Bear

Use a REAL FIRE HOSE to Knock Back the Flames on the House-A-Fire. Climb into the Trinity Ambulance & ask questions, and much more! Fire Safe House Fire Department Demonstrations

Check out our Prize Table!

Get a FREE Raffle Ticket with each slice of Pizza Purchased

Prices: \$2.00 per Slice of Pizza • \$1.00 per Drink

*** Extra Raffle tickets are two for \$1.00 ***

Donations and Contributions are welcome.

Please email DVFFA@yahoo.com **Thank you for your support!**

DUNSTABLE GRANGE #31

CELEBRATING 150 YEARS

Meetings are held each month at Dunstable Town Hall at 8 p.m. unless otherwise noted.

Call for more information 978-649-3934.

Come join Grange!

September 14th - Foster Cards Program.

Bring a \$5 McDonald's Gift Card

All are welcome!!! Refreshments will be served.



NASHOBA BOARD OF HEALTH

Has announced that there will be a Flu Clinic on Oct. 6 at Swallow Union School, 522 Main St., Dunstable, from 10-1.

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CALLING FOR EMERGENCY HELP

If you are calling from your cell phone in Dunstable,
call 978-649-7445 (the station) or 978-448-5555 (DISPATCH).

**DUNSTABLE RURAL LAND TRUST
INVITES YOU TO ATTEND
SEPTEMBERFEST**

**At Tully Wildlife Refuge, 1072 Main St., Dunstable, MA
SATURDAY, SEPTEMBER 15TH**

11AM TO 2PM

Wildlife Encounters Ecology Center and Farmschool
Live Animals – Seven Amazing Ambassador Animals
Presentation at 11AM

Enjoy a beautiful Fall day walking the trails, or paddle on the
pond, in a kayak provided by Nashoba Paddler this year.

Light refreshments will be available.

For information call Bob at 978-649-7206.

Sorry, no dogs allowed. There is no rain date.

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2018 DUNSTABLE SUMMER CONCERT SERIES

2018 was our seventeenth year holding weekly concerts on
the town common. We added a carnival theme night that was very
popular as well as our annual vehicle night. The rain interfered with
several concerts with only one a complete cancelation.

Weather was not our biggest problem as the band stand had no
power all summer and still didn't at the end of the season. We are
a very ingenious group and would not let that stop us. Thanks to a
very good generator and a faithful helper we were able to keep the
music playing.

Our new food vendor, Dinner Made Simple provided delicious
hamburgers and hot dogs along with Phoenix Rising serving Pizza.
No one went hungry.

Our children's poster design contest was a big success. First
grader, Mihika Oza was our 1st place winner and third grader Adele
Anderson was our 2nd place winner. I hope you got a chance to see
their creations.

We rely 100% on private donations and local businesses for
support and sponsorship. Thank you to: Dunstable Cultural Council,
Jeanne D'Arc Credit Union, Lowell Five Cent Savings Bank, Main
St Bank, Enterprise Bank, West Auto Repair, Action King, Dunstable
Forms, Maple Village Preschool, Planet Tennis USA, and The Ken
Leva Group. Ice cream was donated by, Goss Farm, Market Basket,
Trader Joe's, Shaw's Supermarket, and Donelan's in Pepperell.
Other donations: Brian Reynolds, Kevin Connolly, Gail & Charles
Gordon, Carol & Patricia McNerney. We had two neighborhoods that
got together again this year and made a donation to the concerts,
they were, the Oak St. families and the Dogwood Lane families. Our
volunteers that served the ice cream are a vital part of the concerts
along with those that helped to set up and break down each week.
Thank you to our ever-faithful Town Hall Staff (Jake, Bonnie, Anne
and Cheryl), as well as Bethany DeGroot and Leah Pettie who kept
the children entertained with face painting and bubbles, and Brian
Reynolds, Gene Bartos, Jim Mc Mannus and members of the DIG
group. And we couldn't have done it without you our audience

We appreciate the support that the concert series received from
the community especially the Fire, Police, and Parks Dept. and the
staff at the Dunstable Town Hall.

Please feel free to contact any committee member if you would
like to help or have ideas you would like to share: Susan Tully, John
Callahan, Paul Debreceni, Laura Rothman, Catherine Reynolds,
Lori Pestana, Jen West, Jeff Sipek.

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Neighbor to Neighbor

Published by Anne Paquin Since 1983

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Total Circulation is now 6,306 which includes Dunstable and Tyngsborough.



DUNSTABLE GRANGE COMMUNITY CITIZEN 2018

Each year Dunstable Grange gives out the Community Citizen Award to an active member of our community.

This year's recipient grew up in Dunstable and now lives here with his wife and two children. He is always willing to help out a friend or neighbor in need and is very active with many groups and celebrations. He serves as the Constable and Emergency Management Director for the town. He also serves on the Board of Directors of the Boys and Girls Club of Greater Lowell. He is the assistant Scoutmaster of Boy Scout Troop 28 and can be seen helping flip pancakes at the Mother's Day Breakfast. He plays a very special role in the town Christmas celebrations. He also delivers goodies to the seniors and wreaths to the Dunstable Veterans. This community member completes these acts without looking for recognition, even from his own family. He recently became known for excessive American flagging outside of his office. The Patriotic display inspired members of the Chelmsford and Dunstable communities to add their own. Mr Excessive Flag Man is also responsible for American flags at the Dunstable Watering Trough on Memorial Day, Flag Day and the 4th of July. He also helps with the black memorial buntings hung on the town hall.

Dunstable Grange would like to recognize Jon Crandall for his hard work and dedication to the Dunstable Community.

Rosette Winners: Department of Agriculture: Jen West - Flower Arrangement, Verna Soini, Vegetable display.

Mass State Grange: Robin Dowling – Sweater, Abbie Axon - picture. **Green Rosettes:** Most Blue ribbons overall - Verna Soini, Outstanding Exhibit - Marge Kimpton - Hooked Rug, Youth Exhibitor 6-14 - Simon Conroy, Youth Exhibitor - 14-20 Katie Eberhardt.

A special thanks to all who entered the Grange Fair, donated items to the auction and those that stayed and helped make the auction a success. Prescott Grange of Pepperell did a great job with the burgers and hot dogs.

Curious Creatures kept the children (and parents) entertained. A special thanks to Ron Mikol for getting the power restored to the gazebo in time for the fair. Thank you to the Recreation Committee, Phil Denyse for their assistance with the sanitation unit for the fair. *Dunstable is a truly unique town and we are lucky to have the support of the town.*

DUNSTABLE VETERANS SERVICES

I need your input! I have several uniforms in my office and I cannot identify who they belong to. I would like to write up a little note for each so that anyone who comes in can put a name to the uniform and know what they did. If you have donated a uniform to Peter Georges in the past would you please stop by my office (at the Highway Department) and help me identify them.

CAUTION!

Are you giving to charities including ones for Veterans?

There are more and more scammers out there that are trying to get your money through bogus charities. We do have tools to help us find out who is honest and who is not.

If you can check on the web there are a few sites that can tell you what a charity does. An easy rule of thumb is if a charity does not give 85% or more of their total funds directly to the need then you may want to think twice about giving to them. If you do not use the web you can stop by my office and I will help you find out before you give your hard earned money away. My hours are Monday's from 10 to 2.

Additionally as always, If you know of any veteran, widow or family member in need of assistance of any kind, please leave me a message at 978-649-3919 or send me an email at VSO@Dunstable-ma.gov. I am here to help you.

Joe Dean (Former USMC Sgt, Retired USAF Capt.)

Dunstable Veteran Services Officer
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DUNSTABLE TOWN HALL DIRECTORY

Town Hall (978) 649-4514. The departmental extensions are as follows:

221 Accountant 222 Town Clerk 223 Council on Aging
224 Board of Selectmen, Electrical, Gas, Plumbing, & Building Inspector's Secretary. Also for Animal Control Officer. After hours call Police at 978-649-8891. If emergency call 911

225 Assistant Assessor 226 Building Inspector
227 Assessors, Highway 228 Collector/Treasurer 229 Board of Health
230 Conservation/Planning Board/Water Commission
Veteran's Officer 978-649-3919

POLICE NON-EMERGENCY 978-649-7445 POLICE & EMT 911

FIRE DEPT. TELEPHONE NUMBERS TO REPORT A FIRE CALL 911

Business Line.....978-649-6661 FAX.....978-649-6072

Alarm System* 978-448-6666*can be used to call in a fire from cell phone

Please send info in now for the October issue.

Have events coming up? **Need details about advertising your business?** Send an email to me **anne@NeighborToNeighborNewsletter.com** or by mail to **Neighbor to Neighbor**, 64 Hardy St., Dunstable, MA 01827.

You may also reach me at **978-419-1914.**

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Dunstable printed issues circulation is 1239.

Copies available at town hall and library

Issues and other information posted online

at www.neighbortoneighbornewsletter.com



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Tyngsboro Youth Football is proud to launch our 14th season providing local area youth with the opportunity to learn football in a safe, fun environment while promoting the values and importance of academic achievement, teamwork, and sportsmanship. We are proudly affiliated with the nationally recognized American Youth Football (AYF) program. We provide all of our football coaches with training to ensure the safest, positive, fun experience for your child.
GOT QUESTIONS? Email: TyngsboroYouthFootballCheer@gmail.com, **Facebook:** Like us and/or message us at "Tyngsboro Youth Football and Cheerleading", or visit our website and click on the "About Us" tab and select "Frequently Asked Questions".
WEBSITE: www.TyngsboroYouthFootball.com or www.TyngsboroYouthCheer.com

TROOP 28 NEWS

Scouting is Starting Up!

Scouts BSA Troop 28 Dunstable will be kicking off the new year with its first meeting, **Monday Sept. 10 from 7 PM - 8:30 PM** at the Dunstable Congregational Church. Any boys in grades 6-12 are welcome to attend along with their families.

Scouting is a great way to build self-confidence, character, and leadership while having fun, making friends, going on adventures, and serving your community.

Troop 28 does all sorts of activities including kayak trips, day hikes, camping trips from 1-5 nights, bike trips, cooking competitions, shooting sports, trampoline jumping nights, and more. We serve our community with conservation projects, citizenship work, and service to our seniors and veterans.

All activities are completely voluntary and Scouting is easy to fit around sports and other activities. Our Troop has a great history of developing young people into self-confident leaders, including many Eagle Scouts.

Check us out on the 10th, or call Scoutmaster Sarath Krishnaswamy at 978-846-0120 or sarath@alum.mit.edu if you'd like to learn more, or check our website out (dunstable28.mytroop.us) or gdsouting.org for more information.

THANK YOU THANK YOU THANK YOU

Wednesday evening, July 19th, 2018, a beautiful summer night for VEHICLE NIGHT at the Dunstable Summer concerts and oh what a night it was. It might have been one of the largest crowds the town common had seen in many years but our concert patrons enjoyed the sounds of some classic rock and roll tunes from Back2Back NH and the front and back lawns around the gazebo were filled with dozens of antique and classic cars, sports cars and commercial vehicles in addition to hundreds of concert goers.

The success of this night would not be possible without all of our generous individual and company donors, volunteers and vehicle owners who help us to make this night such a huge success and for all of their participation we say THANK YOU, THANK YOU, THANK YOU!

The following is a list of companies and individuals who so graciously donated items for VEHICLE NIGHT whether it be in the children's goodie bags, part of the silent auction table or donated a door prize: Simmon's Farm & Greenhouses, Edible Arrangements (Westford, MA), Dunkin Donuts, NAPA Auto Parts (Nashua, NH), Stephanie Bernier from Pampered Chef, Tyngsboro Sports Center, Town Fair Tire, New Hampshire Motor Speedway, Dunstable Animal Clinic, Pampered Paws, Dunstable General store, Farm-house Cafe, Rose of Sharon at Blossom Hill, Tully Farm Dairy store, Cottonwood company, LAUNCH Trampoline Park, Mrs. A. Sniezek, Mrs. L. West, Mr & Mrs. B. Psaledakis, Mrs. L. Crestin, Mr. K. Connolly, Mrs. T. Naughton from Color Street, Brother's Butcher, Matley Pool & Spas, Nashua School of Gymnastics, Goss Farm, Maple Village Preschool, TDBank, Weathervane Seafood Restaurant, Uno's Pizzeria and Grill, Outback Steakhouse, Mariano's, Chili's, Not Your Average Joe's restaurant, Sweetest Memories, Dream Diner, Max's Country Golf, C&S Pizza, and Snap On Tools.

Again, a special thanks to all of the vehicles owners who made time to bring their vehicles to the town common. Without you all there would be no vehicle night so THANK YOU!!! A special shout out to Melissa and Kim at the Rose of Sharon at Blossom Hill who helped to arrange some of the silent auction baskets for us and to all of the volunteers who help to make the night run smoothly. We couldn't pull off this night without you all.

The proceeds from the silent auction table will help to fund at least three bands next year as all monies raised are donated back to the Dunstable Summer Concert organization. Thank you to all of the concert patrons who bid on the items and congratulations to the lucky bid winners.

As co-sponsors of VEHICLE NIGHT at the Dunstable Summer Concerts, we hope you had fun and we look forward to seeing you again on the town common for VEHICLE NIGHT 2019!!

Jen West, West Auto Repair, Inc. and Karen Debreceni, Dunstable Children's librarian

SHEPHERD OF THE VALLEY LUTHERAN CHURCH

Now holds services and other activities at the Federated Church
21 Washington St., Ayer, MA (978) 540-0768

<http://www.sov-lc.org>

Pastor Rev. Susan Gaeta Fall Worship is at 10:15

Shepherd of the Valley Lutheran Church returned to the fall
worship time of 10:15 on Sunday, September 2nd.

- The **Adult Bible Study** will begin on the following Sunday, September 9th at 9 AM.
- **Sunday School** will resume on Sunday, September 16th at 9 AM.
- There will be a **Prayer Shawl meeting** on September 16th.
- SOV will have a **Congregational Retreat** on Friday, September 28th to Saturday, September 29th.
- The **Wednesday evening prayer service** will be held from 7 to 8 PM in the Chapel of the Federated Church.

There will be an Executive Committee Meeting Tuesday,
October 2nd at 6:30 PM and a Congregational Council Meeting on
Tuesday, October 9th at 7:30 PM



Earn Cash for Our School!

GREETINGS NEIGHBORSHERE'S WHAT'S GOING ON THIS YEAR!

2017/2018 results

Swallow Union Elementary was the **5th BEST BOX TOP COLLECTING SCHOOL** in the entire state of MA – that's top 3%! Wow! Total collections equaled 38,308 box tops, which translates to **\$3,830.80**. Earnings helped to fund Chromebook laptops, field trips, & enrichment programs.

2018/2019 School Year Goal: 46,000 box tops, or \$4,600.

Completely attainable with your help!

Several promotions are available for September only:

Costco Promotion: No purchase necessary. Go to: <https://www.costcobtfe.com> and enter to win 100 box tops instantly. **Ends 9/10.**

BTFE Promotion: No purchase necessary for daily prize. Go to boxtops.win and enter to win daily prizes and a grand prize of 1 million box tops. **Ends 9/30**

Walmart Promotion: earn **50 bonus** Box Tops when you purchase 5 participating products, redeem using the Box Top App. **Ends 9/10**

Sam's Club Promotion: earn **100 bonus** Box Tops when you purchase 3 participating products, redeem using the Box Top App. **Ends 9/30**

BJ's Club Promotion: earn **50 bonus** Box Tops when you purchase 2 participating products, redeem through text message. Visit bjsboxtops.com for details. **Ends 9/30**

Shaw's Promotion: earn **60 bonus** Box Tops when you purchase 10 participating products, redeem code on register receipt at GrowingLocalLearning.com. **Ends 9/11**

Boxed Online Promotion: earn **100 bonus** Box Tops with the purchase of 3 participating products, redeem and shop online at www.boxed.com. **Ends 9/9**

Important Reminders Yellow collection boxes are located throughout Dunstable, including the library, post office, inside the front main door of Swallow Union elementary school, West Auto Repair (Rt. 113 next to the Fire Dept.), and Maple Village Preschool. When clipping box tops, take care to not clip off the code in the upper left hand corner or the expiration date on the bottom (yes, these expire!)

Jen West, Cristina Agraz, & Chrissy McLane - Box Top for Education coordinators for Swallow Union Elementary School
www.swallowunionapt.org / aptswallowunion@gmail.com / www.facebook.com/SwallowUnionAPT

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GDRSC LINK FOR NEWSLETTER

Marlena Gilbert is sharing the link to the Groton Dunstable Regional School Committee newsletter <https://www.smore.com/j4f6x>

DUNSTABLE RESIDENT TO PARTICIPATE IN BOSTON MARATHON® JIMMY FUND WALK PRESENTED BY HYUNDAI

Diane Dumont will join thousands raising money for Dana-Farber Cancer Institute on Sunday, Sept. 23

Dunstable, Mass.— One resident from Dunstable will walk up to 26.2 miles along the historic Boston Marathon® course this September in the [Boston Marathon® Jimmy Fund Walk](#) presented by Hyundai, which raises the most money of any single day walk in the nation. This resident— Diane Dumont —will join 9,500 expected participants in the annual event, which takes place Sunday, September 23, 2018. This year's goal is to raise more than \$9 million. The money goes to the Jimmy Fund for adult and pediatric patient care and cancer research at the nation's premier cancer center, [Dana-Farber Cancer Institute](#). The event has raised more than \$128 million in its 30-year history. The Boston Athletic Association has supported the Boston Marathon Jimmy Fund Walk since 1989, and Hyundai has been the presenting sponsor since 2002.

"The Boston Marathon Jimmy Fund Walk gives participants the opportunity to personally support breakthroughs in cancer care and research and join the extended Dana-Farber team responsible for these developments," said Zack Blackburn, assistant vice president of the Boston Marathon Jimmy Fund Walk. "Every step in walking and fundraising in our 30-year history is a step forward in the journey to improve people's lives."

Walkers can choose from four routes along the course:

- Marathon Walk (26.2 miles from Hopkinton); rolling start from 5:30 a.m. to 7:30 a.m.
- Half Marathon Walk (13.1 miles from Wellesley); rolling start from 8:30 a.m. to 10:30 a.m.
- 10K Walk (6.2 miles from Newton); rolling start from 10:00 a.m. to Noon
- 5K Walk (3.1 miles from Dana-Farber Cancer Institute in Boston's Longwood Medical Area); starting at 1:45 p.m. This route will include many patients and their families.

Walkers are treated to 12 refueling stations along the course as well as poster-sized photographs of inspiring Walk Heroes at each mile and half mile marker. All routes conclude at the Copley Square Finish Line where participants can celebrate with food, live entertainment, and a speaking program. **All walkers must raise a minimum of \$325**, except for walkers 12 years old and younger whose fundraising minimum is \$125. Pacesetters are extraordinary fundraisers who raise \$1,500 or more, or \$500 or more for those 12 years old and younger. There is also a "Virtual Walker" option for those unable to attend the event.

To register for the Boston Marathon Jimmy Fund Walk presented by Hyundai (#JimmyFundWalk), to support a walker, or to volunteer, visit www.JimmyFundWalk.org or call (866) 531-9255. Registrants can enter the promo code NEWS for \$5 off the registration fee.

About the Jimmy Fund The Jimmy Fund (www.JimmyFund.org) solely supports Boston's Dana-Farber Cancer Institute, raising funds for adult and pediatric cancer care and research to improve the chances of survival for cancer patients around the world. It is an official charity of the Boston Red Sox, as well as the official charity of the Massachusetts Chiefs of Police Association, the Pan-Mass Challenge, and the Variety Children's Charity of New England. Since 1948, the generosity of millions of people has helped the Jimmy Fund save countless lives and reduce the burden of cancer for patients and families worldwide. Follow the Jimmy Fund on Facebook: www.facebook.com/thejimmyfund and on Twitter: @TheJimmyFund.

INFORMATIONAL UPDATE BY TRUSTEES OF THE DUNSTABLE RURAL LAND TRUST

The Trustees would like to provide our friends, supporters and residents of the town of Dunstable with an update of activities currently taking place at the McLoon property. As was reported in the April 2018 Newsletter, the property was bequeathed to the Dunstable Rural Land Trust by Mrs. Olive F. McLoon. Also as noted in previous Newsletters, the Trust has had and continues to have many issues to resolve regarding this property including ownership interests held by heirs.

The Trust and legal counsel for the Estate of Ronald McLoon (David Lucas of Melrose, MA) have made great strides to resolve many of the issues necessary to come to final resolution, including clean-up of the house and its surroundings at the corner of main and Thorndike Streets. We are happy that progress has been made to clean up the properties by removal of much of the junk and equipment that were once a major eye sore

Unfortunately, there was a major fire on Saturday, July 7th reducing one of the home on this property to ashes. The fire is under investigation by the Dunstable Fire and Police Departments as well as the Massachusetts State Police (Fire Marshall) to determine the cause of the blaze. The Trust is pleased that no one resided at the property at the time of the blaze and that there were no injuries to the Fire and Police responding to the fire.

Unfortunately the blaze creates a setback in our attempts to resolve and settle the interests of the Dunstable Rural Land Trust and the other heirs to the McLoon Estate. As was noted in the previous Newsletter, the Trust was in the process of selling some other real estate owned by the Trust to help raise funds to ultimately settle the McLoon ownership interests; that transaction was finalized in June. On the positive side, as is very evident as drives pass the McLoon Barn, the Trust has made progress in our quest to restore the barn as much to its original state as possible. Funding for this restoration has been provided by a grant from the Oliver S. and Jennie R. Donaldson Charitable Trust. To date, work by Tobies Restoration of Groton has focused on the overall integrity and soundness of the structure, including flooring, siding and reconstruction of the existing cupola. Roof replacement is another major task that is to be completed, hopefully in August or September. It is anticipated that this restoration will take place during the next few years, dependent upon funding. We will be applying for additional grant funding for this purpose. *Trustees of the Dunstable Rural Land Trust*



Neighbor to Neighbor

**PLEASE SEND IN
YOUR NEWS FOR THE
OCTOBER ISSUE**

If you are preoccupied by other things, such as a fundraiser or an organization that you love to take part in, have a business that is looking for employees, or offers a service that you want everyone to know about, let me know. Share your info. There is no fee for news but free space is limited, so it is best to get it in as soon as possible. You don't need to wait for the deadline. Just remember that the printed issue is usually out around the 5th or 6th of the month. **So you do have to plan ahead a bit.** For paid ads, please contact me by email for more information. I will then forward a rate sheet to you.

For the past 35 years **Neighbor to Neighbor** has been circulating on a monthly basis. Now there are 6,306 FREE issues delivered between the towns of Tyngsborough and Dunstable. Issues are also left at the Town Hall and Library in each town. Go to www.neighbortoneighbornewsletter.com. Here you can read the issue online. Read through the Tyngsborough and Dunstable issues. You will also find other articles posted there. *I look forward to hearing from you! (soon) Sincerely, Anne Paquin*

E-mail: anne@neighbortoneighbornewsletter.com

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DUNSTABLE SENIORS

We are a peer group for those over 60. Seniors now meet in the community room of the library every Wednesday 10:30 - 11:30 Bone Builders, dominos 10:30 - noon, lunch at noon. First Wednesday at 12:30 **BINGO for cash**. Last Wednesday of the month, **POKENO**, bring your pennies. **SCRABBLE** group every Wednesdays at 12:30.

The Mission of the Dunstable Council on Aging is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs.

September Lunches **September 5** will be a breakfast special of pancakes, ham and fresh fruit salad RSVP was by Aug. 29 **Sept. 12** We will have lasagna, green salad and dessert provided by the Traveling Chef. RSVP was by Sept 5 **Sept 19** will be meatloaf, potatoes, seasonal vegetable. Provided by Dinner Made Simple. RSVP by Sept 12. **Sept 26** will be pizza, salad and our monthly birthday celebration.

Fire Department Sponsored Cook-Out. Will be held on **Sunday, Sept. 30 at noon** at the Dunstable Fire Station. They will be cooking up delicious hamburgers & hot dogs, with an assortment of salads and desserts. We like to take this day to honor all our seniors that are in their 90's. RSVP by Sept 19.

Book Club The group will be meeting September 15 at 10:30 in the community room of the library. We will be discussing **A Man Called Ove** by Fredrik Backman. **Summary:** Meet Ove. He's a curmudgeon - the kind of man who points at people he dislikes as if they were burglars caught outside his bedroom window. But behind the cranky exterior there is a story and a sadness. Then when one November morning a chatty young couple with two chatty young daughters move in next door and accidentally flatten Ove's mailbox, it is the lead-in to a comical and heartwarming tale of unkempt cats, and unexpected friendship. Books may be ordered through the library

Rivercourt Residence in West Groton invites Dunstable seniors for a monthly lunch. Please join us on the third Tuesday of each month. Next lunch **September 17 at noon** in their private dining room. They do this as a community outreach program, no sales involved. Just a good time with friends.

Senior / Veteran Breakfast Will be held on **Thursday, September 20 at 8:30** at the Tyngsboro Senior Center, 169 Westford Rd. All welcome.

Indian Hill Music, Bach Lunch Indian Hill Music, 36 King Street, Littleton MA. presents, **Sounds of America** with Angel Valchinov on the violin and Keun Young Sun on piano. Next show September 20. There are TWO PERFORMANCES: 11:00 am and 1:30 pm Indian Hill Music, 36 King Street, Littleton MA. Complimentary coffee, tea and cookies are served or you are welcome to bring your own lunch. Doors open at 10 am for first show and 12:30 for second show.

Book Delivery to shut-ins is available through the Dunstable Library. Just let Sue know if you or someone you know needs books or audio material.

Line Dancing Class Class will resume **September 10** at 9:00a.m. in the lower hall of the town hall. Cost is \$3.00 per class. For more information contact Holly Pottle at 978-649-3192.

FREE Quilting Class under the direction of **Robin Murch** will be offered on the first and third Tuesday from 6:00 - 7:45 at the Dunstable Library. Just drop in and she will let you know what you will need to get started.

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FLAG POLE DEDICATION CEREMONY

Tyngsborough Funeral Home will dedicate the Flag Pole on their property to the Town of Tyngsborough First Responders on Friday, October 5th at 1 p.m. There will be a brief ceremony, including raising of the U.S. Flag and singing of our national anthem, with members of the Police and Fire Departments present. Everyone is welcome to attend this event to show our support and appreciation to the fine men and women who serve and protect the Town of Tyngsborough. For more information please contact, Dan Martin at 978-419-4954 or tyngsboroughfh@gmail.com.

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CAVEAT LECTOR

By Nathan Combs

If we accept these propositions: 1) All Scripture is breathed out by God Himself (2 Timothy 3.16) and 2) no other book possesses that distinction, then we reach this conclusion: the Bible is the most valuable book we could read and study. If "ALL the treasures of wisdom and knowledge" are found in Jesus (Colossians 2.3), and if Scripture is the only book that truly teaches us about God's Son, then that is precisely the book to which we must cling.

A Christian's familiarity with these passages/concepts does not lessen the astonishing nature of their claims. In light of these passages, some conscientious Christians ask this question: "Well then, is it proper to study the extra-Biblical writings of mankind (history, poetry, philosophy, etc.)?" After all, isn't "human wisdom" downplayed by inspired apostles (1 Corinthians 2.13)? Aren't sophisticated Greek philosophers presented as blind fools (Acts 17.18)? Shouldn't we fill our minds with whatever is "pure... lovely, etc." (Philippians 4.8), of which many human writings are not? Doesn't Paul point to Scripture, not Plato or Aristotle, as the training tool of righteousness and completion (2 Timothy 3.16-17)? Therefore, shouldn't we shun man's writings?

No, we need not shun them, and the fact that you're still reading this article demonstrates your agreement. We see examples within Scripture of godly men learning non-inspired writings. The Babylonians brought Daniel to their country with the specific goal of teaching him the "literature and language of the Chaldeans" (Daniel 1.4). Although Daniel deliberately avoided compromising his Jewish identity by abstaining from Nebuchadnezzar's food (Daniel 1.8), he did receive a Babylonian education. The apostle Paul was obviously well acquainted with Greco-Roman poetry. In Acts 17.28, Paul reasoned with a diverse audience which included Greek philosophers of different persuasions. He most likely quotes from Epimenides of Crete and Aratus's poem "Phainomena." In Titus 1.12, he quotes Epimenides again by commenting on the Cretans: "Cretans are always liars, evil beasts, lazy gluttons."

Of course, as with any topic of moral significance, questions of "can I?" ought to be quickly followed with deeper questions of "should I?" Even if studying man's writings isn't forbidden and practically necessary, there are still more issues to consider. Are we balanced in our consumption of internet articles, social media posts, magazines, and extra-Biblical books compared to our feeding on the perfect words of God? Also, for what purpose are we reading the writings of man?

Hanging on the wall of my home office is a sober inscription by an unknown author. It reads: "One must always be careful of books and what is inside them, for words have the power to change us." The Bible is the only book in which it is fully safe to unguardedly immerse our minds. With every other piece of writing, our hearts must be vigilantly defended. Caveat lector. Translated from Latin, it means "Let the reader beware."



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DIRECTOR OF THE COUNCIL ON AGING

Anne Fenochetti Email: afenochetti@dunstable-ma.gov
Hours at Town Hall: **Tuesday** from 11-2 and **Wednesday** from 8-11. You can reach Anne at 978-649-4514 ext. 223 at the Town Hall or by appointment.

DUNSTABLE COUNCIL ON AGING Mary Moeller chairman; Brian O'Donnell, Secretary; Donald Pottle, Mary Dow, Barbara Martin, Vincent Hollins.

Bone Builders Program is held on Wednesdays and Fridays in the community room of the library from 10:30 – 11:30 a.m. Through a grant from Tufts Health and CTI senior Corp. Volunteer leaders run the program. Bone Builders is a fun low- impact strength training and balance exercise program. Each class runs for 60 min. FREE to all seniors, space is available. Talk with Brian O'Donnell

Well Adult Clinic Are held on the fourth Wednesday of every month in the community room of the Dunstable Library. Nurse will provide wellness check, blood pressure/pulse monitoring, blood sugar screening. **Next clinic will be Sept. 26th from 11:00a.m. - noon.**

Van Service is available for medical appointments and grocery shopping. Cost is \$5.00 for local trips, Lowell, Chelmsford, Nashua, Tyngsboro, Westford, Ayer, Groton & Pepperell. \$10.00 for any other. Check with Anne Fenochetti as soon as you know when your appointment is to make sure a ride is available.

Living Alone Safely in Your Own Home The COA is working with the Fire Dept and the Police to keep those seniors living alone safe in their home. They can secure a lock box with a key to your door at your home so that in an emergency help would be able to get to you quickly. Chief Rich will be available at our Wed. lunches if you have any questions.

Meals on Wheels Do you or someone you know need the services of Meals on Wheels? Receive a hot nutritious lunch delivered M-F at around 11:30 a.m. as well as monthly special meals and holiday meals. For more info check with Anne. **MEALS ON WHEELS**

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Message from the Fire Chief Fire Chief Rich is available to check your smoke detectors you just need to set up an appointment. If you need assistance of the fire department for a non-emergency situation and you've called the fire-station and no one was there, call 978-448-6666 Fire/Police/ems Dispatch they will notify the proper person/service to assist you. Office # 978-649-6661

Nashoba Nursing Service and Hospice: For information on home health, flu clinics, nursing availability, or hospice call 1-800-698-3307. Hospice needs volunteers to visit patients to give the caregiver a break. Call Wendy Chieffo for more info 1-800-698-3307 ext. 352 or wchieffo@nashoba.org.

Caregiver's Support Group sponsored by Rivercourt Residence For families and caretakers of loved ones with Alzheimer's or other forms of Dementia. If you are feeling sad, guilty, lonely or helpless. You are not alone! Come join us to talk about these feelings and connect with others whose experiences are similar to yours. First Wednesday of every month. 10:30 am – 12noon or 6:00pm – 7:30pm in the Conference room at 8 West Main Street, Groton MA 01450 For information call: Laurie Morency at 978-448-4122 ext. 250 or Nancy D'Agostino at 978-448-1400 ext. 231

Groton Memory Cafe Every 4th Thursday from 10:00 - noon at the Groton COA 163 W Main St, West Groton, Ma. Join us for coffee and conversation for individuals and families living with memory changes. FREE, call 781-863-1166 ext. 104 for more info.

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Article continued.

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WAYS TO REDUCE PRESCRIPTION COSTS

By Edward H. Adamsky

There are ways to reduce the cost of your prescription medicines, but they may take some work. You don't want to harm your health while chasing a few dollars in savings. The best way to maintain good health is to have all your prescriptions at the same pharmacy to avoid drug interactions. But, it can pay to shop around so here are some tips.

Medicare patients might pay less for their routine prescriptions if they bought at the cash price rather than using insurance. If you take a generic medicine for a common issue such as blood pressure or cholesterol, you might pay less using a pharmacy program that has a low fixed-fee for common generic medications. That fee may be lower than the co-pay on your insurance. You must ask the pharmacy what the cash price is, and you might have to check out several different pharmacies to find the best price. Again, if the difference is only a few dollars you might be better off sticking with the pharmacy you know and like.

When it's time to renew your Part D plan, review the costs and options and consider switching plans if another one works better with the medicines you take. If you do go to one pharmacy, they can print out your list of medicines to make comparing easier.

If you are getting a new prescription, ask your doctor for samples. They might have a supply of some drugs that they can give you for free. This won't work with older and generic medications though. Also ask your doctor for any discount coupons.

Many drug companies have discount and assistance programs. You might have to fill out an application but if you qualify, then why not take advantage of it. Many companies also have coupons and other discounts that you can find on their website. If you don't have a computer at home, use one at the library or your senior center.

You can also shop around at the various pharmacies to see if one or another has a better price. Again, this can be inconvenient and even detrimental to your health, so make sure the better price at another pharmacy is worth the time and effort and make sure you tell every pharmacy about all of the drugs you are taking so they can do an interaction check.

Your Senior Center or Area Agency on Aging might have connections to various other programs. Most Massachusetts Senior Centers have a SHINE volunteer who knows about programs and options. You need to ask to see if you are eligible.

It is vital that you take the right medications in the right doses and at the right times. You should check with your doctor before making any changes or doing anything different. But, you can save some money with a little work, so it might be worth it to try some of these tips. Just don't do anything that will harm your health for only a few bucks.

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ANGER MANAGEMENT

www.greenbridgecw.com

Kerry Mensah, LICSW is the newest member of Greenbridge Counseling and Wellness . Kerry helps clients transform disordered thoughts in order to improve overall mood and to manage difficult emotions and behavior. While working for the Massachusetts Correctional Institute in Concord, MA, a medium security prison for men, Kerry developed an Anger Management Group Curriculum. While the population of individuals being treated in this group may differ from the general population, the experience of anger is the same.

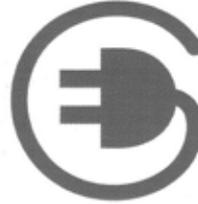
Kerry treats anger by first helping clients to explore, understand and recognize the distorted cognitions that are involved in anger. For example, jumping to conclusions is a common cognitive distortion that many of us use. If our conclusion is based on a belief that someone has wronged us in some way, that is going to produce feelings of anger. If instead you tell yourself, "There may be alternative reasons for this other than what I think", you are less likely to feel angry. If you learn to transform your distorted thoughts and focus only on the facts, that eliminates some of the anger producing thoughts.

The next part of learning anger management involves exploring the root of anger. Anger is often considered a secondary emotion. That means there is another emotion underlying the anger that is driving a person's behavior. A good example of this can be seen on the road. We have all been cut off in traffic. Many of us respond with anger. We may yell at the person who cut us off, swear at them, etc. Before you felt angry it is likely that the primary emotion was fear, whether you want to admit it or not. Someone nearly caused you to have a car accident and that is scary. If you've been hurt by someone and you are holding a grudge against the person, in order to resolve your anger you must first identify the primary emotion and process your feelings about the event in order to find peace and resolution.

Anger is also a learned behavior. We are all born with the ability to feel anger. A two-year old child who has never witnessed aggressive behavior can act out frustration by throwing toys or hitting others. As adults we are predisposed to mimic the anger reactions we learned growing up. If your parents tended to push everything under the rug, you may be likely to do the same which may result in a build up of repressed anger. If your father expressed it outwardly, you may have learned to do the same and expressed your anger by yelling and/or using physical and verbal intimidation.

Ok, you're angry, so what can you do about it. In therapy, you will learn about your anger, maybe even give it a name and describe what it looks like and how it manifests itself in the body and mind. You will learn about what causes it, triggers it and lastly what will heal it. You will learn what cognitive distortions might be contributing your anger, learn to challenge them and replace them with healthy reality based thoughts. You will learn calming strategies to improve your frustration tolerance and handle your anger productively.

If you are having problems managing your anger and would like to consult with Kerry, she can be reached directly at kmensah@greenbridgecw.com or 978-604-4428. Kerry specializes in anger management and is trained in Cognitive Behavioral Therapy (CBT) and Eye Movement Desensitization and Reprocessing Therapy (EMDR). She works every day but Wednesday and some limited evening hours at Greenbridge.



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DUNSTABLE BOARD OF HEALTH

Dunstable started a curbside trash collection and recycling program September 7, 2018.

Over the years, increasing numbers of families in Dunstable have chosen to pay for private curbside pickup of trash and recycling rather than utilize the transfer station. Due to reduced participation, the transfer station was no longer financially sustainable. Rather than raise the transfer station rates, Dunstable will be offering curbside service to transfer station users for a rate similar to past annual transfer station sticker.

The cost is \$300 per year and will include 2 carts (one for trash and one for recycling.) There is no Senior Discount. The Board of Health will consider requests for delayed or reduced payment support from any household experiencing financial hardship. Residents should contact the Board of Health to discuss available options. Each participating household will receive 2 carts; a 35 gallon for weekly trash and a 64 gallon for weekly recycling. Each week, trash and recycling will be picked up at the curb of each participating household. Dunstable is participating in a state-wide effort to reduce the amount of trash to be disposed of through a variety of measures including increased recycling, composting and good consumer decision making. Less trash is better for our town, our state and the environment as a whole.

Overflow bags will be available for an additional fee of \$3.00 per bag (which will be available in rolls of 5 for \$15.) The fee is to cover the cost for the added disposal and added administration of the bag. Overflow stickers will be available for purchase at the Town Hall. The program starts on September 7, 2018. Then Thursday's after that.

You can find the original Question and Answer article from the Dunstable Board of Health online at www.neighbortoneighbornews-letter.com. Or go to the Board of Health Dept. news on the town website. www.dunstable-ma.gov. This article might answer many of your questions.

You may contact G.W. Shaw at 1-800-649-7419 if you have any other questions not answered in the Board of Health question and answer article.

MORE NEWS FROM THE DIRECTOR OF THE COUNCIL ON AGING

Care guides available for families of people with Alzheimer's Disease.

Available to download at no cost. The Alzheimer's Disease Assoc. Ma/NH Chapter has an array of resources for families and individuals at each stage of Alzheimer's Disease. These comprehensive guides allow families to address specific issues they are currently experiencing. If you are not sure what guide is best for you call 800-272-3900. To download guide, go to: www.alzmass.org/care-guides.html. The Alzheimer's Assn. home page is located at www.alz.org/manh

Charity Navigator There aren't many days go by that we are not contacted to make a donation to different organizations. Want to make sure they a legitimate and the money you donate is well used. You can now look up these charities at www.charitynavigator.org

Brown Bag Program Elder Services of the Merrimack Valley, Inc. and the Greater Boston Food Bank have joined forces to offer an Elder Brown Bag Program for income eligible residents 60 years and older in the Merrimack Valley. Eligible elders will receive a free bag of groceries on the fourth Tuesday of the month. Pick up at the Tyngsboro Senior Center. Applications are now being accepted and are available through Anne at the Dunstable COA office.

Files of Life pouches are available to all seniors. These pouches will contain pertinent information about you that can be left in a visible location, home/car to be used in cases of emergency. You can contact Fire Chief Rich for more information.

Elder Hotline Provides seniors and their families with information related to elder issues. Call 1-888-243-5337 Monday - Friday 10:00 - 4:00.

Wish List wrapped candies, decaf coffee, Lightweight wheelchairs, Paper napkins, plates & cups, sodas, & snacks

Volunteers needed to provide: Prizes for Bingo, deliver Meals on Wheels, Lead an activity or craft, donate a dessert.

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PROPOSED DUMPING GROUNDS

161 Nashua Rd., Pepperell

Update Next Call of Action

Thank you to all of our neighbors and friends in Dunstable, Hollis, Tyngsboro, and Groton for turning out for the presentation, asking insightful questions, and wearing red in opposition to toxic soil dumping in Pepperell via Routes 111 and 113 and other potential routes to access Pepperell. Your voices were heard, your faces seen! For those who could not be there or who did not have the opportunity to watch on television, please visit the following link, which will take you to Pepperell Community Media's recording: <http://vp.telvue.com/preview?id=T02761&video=338220>

We encourage all families, friends, neighbors, and businesses who decided that the proposed project to transport an estimated 55,000 truckloads of soil, construction debris, and slurry via direct routes through their towns over an estimated 7 to 9 years, is not acceptable to them, to write a letter and email in opposition to this project with the subject line: DENY PEPPERELL RECLAMATION PROJECT. It is imperative to include your name and address at the bottom of all emails/letters. Letters MUST be personal, stating how this project will affect your health and daily quality of life. Your message will have the highest impact by doing two things; 1.)Email the contact below 2.)Print the email and mail it in an envelope.

Paul.Vigeant@state.ma.us

Mr. Paul Vigeant – BWSC MassDep

627 Main Street

Worcester, MA 01608

Thank you on behalf of the Pepperell Watchers Community Group

DUNSTABLE TYNGSBOUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to helping the community through donations raised by volunteers.

Officers for the 2018-2019 Lions Year

President: Mark Alexander, 2nd Vice President: J.J. Ward, Secretary/Treasurer: Bob Reich, Director: Richard Lowe

Anyone who would like to join the Lions is asked to call Bob Reich at 978-649-5874 or Mark Alexander at 978-649-9124. Our Regular Meetings are held on the first Tuesday of the month starting at 6:30 pm. Call one of the members, at the telephone numbers given above, to find the location.

Events

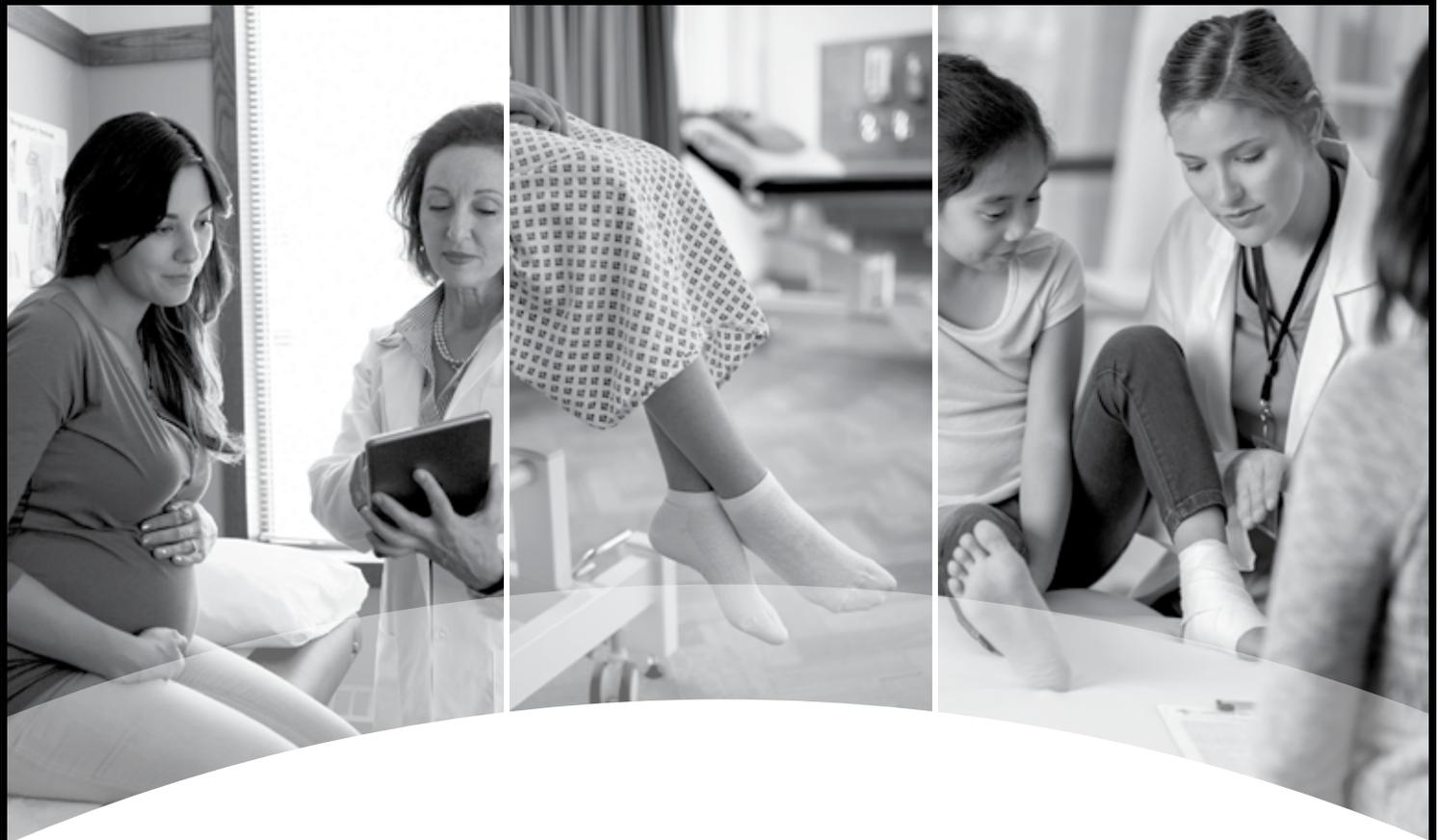
The Club will host a **Senior Breakfast** on October 18th at the Tyngsborough Senior Center (Tyngsborough Council on Aging) Westford Rd., Tyngsborough, MA

YOU CAN HELP BY DONATING THE FOLLOWING:

Used eyeglasses are collected for refurbishment and distribution to less advantaged people around the world.

CAN TABS (in sealed bags) are also collected for kidney dialysis time through the Shriners Hospital.

Lion's collection boxes for eyeglasses and tabs (in sealed bags) are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Tyngsborough Council on Aging Senior Center, 169 Westford Rd., Tyngsborough and Dunstable Town Hall, Post Office and Library.



Complete connected careSM comes to Dracut

In partnership with Lowell General Hospital and the region's top physicians, Circle Health is proud to announce a new outpatient facility in Dracut. Now, you'll have easy access to the best healthcare services all in one location, from comprehensive urgent care to primary care providers just steps away from testing and specialty services. That's ***Complete connected care***SM.

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**Learn more at
Circle-Health.org/Dracut**



Circle Health Dracut, 9 Loon Hill Road



Altrusa Club of Merrimack Valley, a local, volunteer service organization. On June 11, 2018, the Altrusa International Association celebrated 101 years of volunteerism around the world. **If you would like to help make a difference in the lives of others in your community, please contact us at altrusamv@gmail.com.**

DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827

Dunstablechurch.org 978-649-6251

Pastor Bobby Ross pastorbobby@dunstablechurch.org

DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."

• **Join us for Sunday Worship Service at 10:00 am each Sunday.** Child care is available during the service for infants through kindergarten age. Pastor Bobby Ross leads our worship services which feature a variety of music, scripture readings, corporate prayer and spoken messages and with Communion (the Lord's Supper) served on the first Sunday of every month. Everyone is welcome to an informal time of fellowship with coffee, tea and refreshments after worship.

• **CHILDREN'S SUNDAY SCHOOL** is regularly held at 10:00 am. On September 9th, classes will resume. Children will sit with their family for the first part of the service, then moving on to class for the remainder of the service. For more information and to sign up to help, please contact Shellyannross@gmail.com.

• **DECC YOUTH** The new season will kick off on Sunday, September 9th, with our Annual Youth Group Cookout at Sunshine Overlook Orchard (1 Trask Way) 5-8 PM. Hot dogs & Burgers, apple picking to make cider, campfire. We will also have volleyball, horseshoes, tetherball, zipline, etc. We welcome any area youth in grades 6-12. Regular meetings are held on Sundays from 4:00-6:00 PM but special events may be held at other times. Sunday, September 16th, will be a "Regular" meeting at the church with games, snacks, discussion time, and working on a plan for the year. Please contact Jon Hughes at 978-393-7708 if interested and to confirm location and time of meeting.

• **POPs** (Parents of Preschoolers) meets in the Fellowship Hall twice a month on Fridays, 9:00-11:00 am during the school year. Child care is available. Contact Shellyannross@gmail.com with questions.

• **MISSIONS BOARD** sponsors a "Missions Moment" on the second Sunday of each a month. A guest speaker presents a brief overview of the program which is supported by our Missions giving. YOU are our mission.

• **DANCE CAMP FOR YOUNGSTERS!** Fourth Annual Summer Dance Camp Series during July and August at the Dunstable Congregational Church was a great success with approximately 20 children participating.

• **OPERATIONS BOARD** is happy to announce that the hand-capped entrance and lift have been installed, and pending state inspection, functional. This now makes our facilities accessible for everyone. Entrance to the lift area is on the Common side of the building. The lift will carry wheelchairs and individuals to the Fellowship Hall with the path to the sanctuary not far away. The hand-capped accessible restroom is one of two In Fellowship Hall now available; the other includes a baby changing station. The floor is shining, and we are ready for a new season to begin. A project in the works for a long time, we are excited to make our church accessible to all.

Come visit your community's church. For more information about any of these events, contact the Church office 978-649-6251, email info@dunstablechurch.org or visit our website at www.dunstablechurch.org.



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RIVIER INSTITUTE FOR SENIOR EDUCATION

Nashua, NH - The Rivier Institute for Senior Education (RISE) Seniors can choose from more several five-week and 10-week courses. **Second term courses begin October 16 and end November 19.** There are no learning prerequisites, no tests and no credits earned. Membership for the ten-weeks of courses is \$130.00 and includes the use of the Muldoon Health and Fitness Center, Regina Library, and Dion Dining Center. Deadline to register for fall semester is Friday, August 17.

Members may participate in up to five courses each term. Course topics include enrichment, personal development, film, fine arts/arts and crafts, fitness, health, history, literature, music, politics and world religions, science, technology and writing. Twenty-five of the courses are new for fall. There are three one-session enrichment classes which do not count toward the five-course limit.

The RISE program, tailored for "learning in retirement," is in its twenty-first year. Course brochures are available online, at local libraries and senior centers, and at the RISE office at Rivier University, which is in Memorial Hall, Room 126, on Main Street. Seniors can view and download a brochure from the RISE website www.rivier.edu/rise and/or <http://www.facebook.com/RISE1997>. Additional information is available by calling (603) 897-8623.

Evangelical Congregational Church of Tyngsboro

Est. 1868

Route 113, 23 Kendall Rd. Tyngsboro, MA 01879



For questions or more information, please call our office 978-649-2262
Pastor Denis Frediani 1-603-579-0904
www.tyngsborocongregational.org
E-mail ecctsect@yahoo.com

JOIN US FOR SUNDAY MORNING WORSHIP

OUR MISSION: Glorify God by encouraging all people to know Jesus together in Faith, Love and Service. Worship Service at 10:00 a.m. Nursery available. Followed by Fellowship and Refreshments. Cancellation information will be listed on our website:
www.tyngsborocongregational.org

- Our **Youth Group** began on September 7th at 5:30PM for a pizza party. We welcome all young adults to join us as our meetings.
- On **September 9th** we start our new year with our regular **Sunday School program** for all ages. Children will begin the Sunday Services with their parents and will be dismissed to their age-appropriate classes at 10:15am. It is important to note that all adults working with children have passed their CORY applications to ensure a safe environment for our children
- **All Executive Boards and Committee Meetings will begin in September**
- **LADIES BIBLE STUDY** - Will begin on Tuesday morning, September 11th from 9:30 am to 11:30 am. Study will be based on "That the World May Know" video series. Please consider joining this amazing and uplifting study group.
- **CONGRATULATIONS** to Nate Richardson, Jack Richardson, Paul Chizook and Janet Knisley! On August 26th these special people dedicated their lives to Jesus by being Baptized. One Baptism was held in the Merrimack River while the others were held at a family pool. Parishioners returned to the Church Fellowship Hall to celebrate their dedication.

• **SAVE THE DATE** - On **October 7th** we will have a SPECIAL SUNDAY SERVICE to include a pot luck. At 1:00 p.m. we will go to the Old Town Hall to enjoy an amazing concert with the well known Gospel Group, "The Needham's". This concert will round out our "150th Anniversary" that we have been celebrating during the past year. This event is FREE and we only have a limited number of tickets available to the public. **If you would like to join us, please call our office at 978-649-2262 and leave a message with your contact information. Someone will return your call.**

• **ADULT BIBLE STUDY** - Sunday evenings (further information to follow in October issue). You may contact our Office at 978-649-2262 for further information.

• **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: **1.** Log onto the church website <http://www.tyngsborocongregational.org> **2.** On home page you will see a photo of the church. Hover the cursor over the word "SERVING" **3.** Click once on the word "SERMONS" **4.** Scroll down to see "Listen to our sermons for free on SoundCloud.com" **5.** Click once on the link/word "SoundCloud.com" **6.** Below the Church logo sermons listed by date, passage, sermon title **7.** Click orange circle to listen to the sermon you desire

• **THE THRIFT SHOP:** Located next to the church is open to the public on **Thursdays and Saturdays from 10:00 a.m. - 3:00 p.m.** We offer an assortment of clothing, shoes, handbags, baby items, books, small appliances, dishes, glassware, jewelry, etc. **Please do not drop off** large furniture items such as TV's, computers or printers we do not have the means to store or dispose of these.

BUDGET BUDDIES

Budget Buddies helps low-income women become more economically self-sufficient and transform their lives by teaching them core money-management skills and pairing them with personal financial coaches. We partner with local social service agencies and community volunteers to provide individualized training in basic money management. **Please call (978)-703-0820 for details - our website is www.budgetbuddies.org**

DATES TO REMEMBER

September 9th Rosh Hashanah begins at Sundown
September 9th Grandparents' Day
September 11th Patriot's Day
September 18th Yom Kippur begins at Sundown
September 23rd First day of autumn
October 8th Columbus Day

COMING UP AT INDIAN HILL

To learn more or to arrange auditions or reservations, you may call the number given or visit www.indianhillmusic.org.

INDIAN HILL MUSIC YOUTH ORCHESTRAS - AUDITIONS:

Auditions for the three Indian Hill Music Youth Orchestras: **Tuesday, September 11, 4:30pm-7:00pm** at Indian Hill Music School, 36 King Street, Littleton, MA. **SINFONIA CONCERT ORCHESTRA** (advanced level strings, woodwinds, brass, and percussion); **CAMERATA STRINGS** (intermediate- advanced string players); **CHAMBER STRINGS** (developing string players). Learn more and arrange audition time at (978) 486-9524.

FREE MUSIC CLASS DAY FOR FAMILIES: Drop in and have fun exploring music for kids ages 1-13: Saturday, September 15 from 9:00am - 4:00pm at Indian Hill Music School, 36 King Street, Littleton, MA. Class demos, Instrument Fair, ice cream, and crafts. Experience our early childhood programs, youth chorus, Suzuki, and beginner classes in piano, guitar, violin, drums, flute, ukulele, and more. FREE admission. Learn more: (978) 486-9524.

BACH'S LUNCH CONCERT: Indian Hill Music presents works by American composers featuring violinist Angel Valchinov and pianist Keun Young Sun. **TWO SHOWS - Thursday, September 20** at 11 am and 1:30 pm, 36 King Street, Littleton, MA. Complimentary coffee, tea, cookies; bring your lunch. FREE admission. Reservations required for groups at (978) 486-9524.

INDIAN HILL MUSIC YOUTH WIND ENSEMBLE - AUDITIONS:

For intermediate/advanced woodwind, brass, and percussion players in grades 7-12 (Jason Bielik, director): Thursday, September 20 & 27, 5:00pm-7:00pm. Indian Hill Music School, 36 King Street, Littleton, MA. Learn more and arrange audition time at (978) 486-9524.

HORSZOWSKI TRIO: Indian Hill Music presents the acclaimed trio (Jesse Mills, violin; Raman Ramakrishnan, cello; and Rieko Aizawa, piano) performing works by Mendelssohn, Carter, and Shostakovich: Saturday, September 22 at 8:00 pm, Kalliroscope Gallery, 264 Main Street, Groton, MA. TICKETS: \$35 (post-concert wine and cheese reception). Learn more: (978) 486-9524.

VOICE MASTERCLASS: Boston-based mezzo-soprano Britt Brown will offer a voice masterclass at Indian Hill Music School: Saturday, September 29 at 10:30am, 36 King Street, Littleton, MA. Learn vocal techniques and tips while watching Ms. Brown work with selected Indian Hill Music School students. FREE admission. Learn more at (978) 486-9524.

ORCHESTRA OF INDIAN HILL: Maestro Bruce Hangen and the Orchestra open their 44th Season with a tribute to the great Leonard Bernstein featuring his music (Symphony No. 1) and the music of composers who were important to him: Copland, Gershwin, Mahler, and Castagnone: Saturday, September 29 at 7:30pm, Littleton HS Performing Arts Center, 56 King Street, Littleton, MA. TICKETS: \$20-35-50 (Free for IHM students) Call 978-486-9524x116. *Lead Sponsor: Enterprise Bank. Sponsor: Murphy Insurance Agency. Media Sponsor: Wicked Local.*

FALL MUSIC LESSONS & CLASSES: Ongoing registration for private lessons, classes, and ensembles for all ages and levels at Indian Hill Music School, 36 King Street, Littleton, MA. Instruments include, piano, strings, flute, guitar, ukulele, recorder, harp, voice, and drums in classical, jazz, folk, rock, pop, and musical theater. Learn more: (978) 486-9524.

ART EXHIBIT: The Gallery at Indian Hill presents "Portraits of Plants and Flowers" by artists from The Worcester Illustrators' Guild. On view September-October at 36 King Street, Littleton, MA. (Hours: M.-F., 10am-8 pm; Sat., 10 am- 4pm.) Artists Reception: Friday, September 21, 6 - 8pm. FREE and open to the public. Learn more: (978) 486-9524.

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PET HEALTH DUNSTABLE ANIMAL CLINIC CAR SICKNESS IN DOGS



Tara M. Sacramone, DVM

Some dogs love to go for a ride so much their owners have to spell out the word so their dogs won't get too excited. And yet, for other dogs the car is a torture device. There are two main reasons dogs don't like the car, one is motion sickness and the other is anxiety. Some lucky owners have dogs that have both problems. There are some things that can be done to help.

There are a few ways to treat motion sickness in dogs. One is fresh ginger root. Just one sliver can help many dogs. Another is dimenhydrinate (Dramamine). Dramamine can cause sedation as a side effect (which could be good) and can have some interactions with other drugs your dog may be taking, so check with your veterinarian first to make sure it is safe and to get the correct dosage. Both ginger root and dimenhydrinate can help some dogs, but may not always work. There is a relatively new drug available now that almost always prevents dogs from vomiting in the car. It is called Cerenia and is only available by prescription. Because of its safety and efficacy it is my favorite medication to prevent motion sickness in dogs.

Anxiety can be more difficult to deal with. The most important thing is to NOT try to comfort an anxious dog. You are saying "Don't worry, every thing is ok." And your dog is thinking "Oh no, my owner is so nervous, there must be something wrong." As hard as it is – ignore the anxious behavior. Another simple thing that may actually help is to get a lavender-scented air freshener. There was an actual scientific study done in Australia with hundreds of dogs and statically the dogs exposed to lavender were calmer – no lie.

Another thing to try is to go for short rides to super fun places (i.e. not the vet or the groomer). Another option is to try to sedate them with prescription medications like alprazolam or acepromazine. Some dogs are so anxious their adrenaline overrides the medications and they don't work at all, and they can have side effects as well. Every dog is different so talk with your veterinarian about what might work best for your individual dog.

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LEARNING IN RETIREMENT ASSOCIATION UMASS LOWELL

2018 Summer Intersession Classes Announced

The Learning in Retirement Association invites anyone retired or semi-retired to come to our free summer intersession classes and trips. **These classes meet on Wednesdays from 10:00 to Noon at, McGauvran Hall, Room 313, South Campus, 71 Wilder Street, Lowell.** Parking available across the street in the Wilder Lot.

This is a great way to sample the offerings of our nearly year-round learning experience. **To find out more about LIRA please see our website www.uml.edu/Community/LIRA**

- July 11** Being Transgender Kelly Jenkins Youth advocate
- July 18** Childrens' Author Nancy Cote
- July 25** Addison Gallery Museum trip to Phillips Academy, Andover

AMVETS POST #247

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We hold our meetings on the **1st Tuesday** of the month at **7 p.m.** all veterans are welcome with 180 days or more of active duty. Come down and join us for a meeting.
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AMVETS National Website: <http://www.amvets.org/>

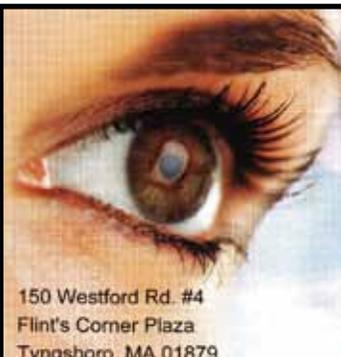


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Active duty military and veterans always welcome to join. For further information call **978-649-7540**. Remember to attend the committee meetings on the first Thursday with your input and ideas.

The public is invited to get involved in all events of the post. The veterans monthly dinners will continue on the first Wednesday of the month. We are always looking for help to serve the veterans. **Keno and Scratch Tickets are available at the Post. There is an ATM in the Post for your convenience.**

Elected Post 247 Officers serving for 2018-2019

Commander: Ray Hamelin; Sr. Vice Commander: Pete St. Peters; Jr. Vice Commander: Michael Milisci; Finance Officer: John Burke; Adjutant: Don Pierce; Judge Advocate: Rolland Millard; Executive Board: Marty Bloomgern, Joe Conlin and Robin Dion

Visit our website, www.LegionPost247.org

This website contains a wealth of information about the Post.

Please remember to be safe & keep our troops in your prayers.

SUNDAY, SEPTEMBER 9th-PATRIOTS OPENING DAY DINNER!

Please join the American Legion Post #247 for celebrating the New England Patriots' opening day game vs the Houston Texans! Will Tom Brady be able to win a record-setting 9th Super Bowl ring? Come find out how the team looks. **The game starts at 1PM, with a homemade Turkey Dinner!**

SUNDAY, SEPTEMBER 9th-MEAT SHOOT! After the Patriots' opening day game, stick around and try your luck with our famous Meat Shoots! \$2 per round and you'll have your chance to win steaks, chicken with all the fixin's, scratch tickets, or even cold hard cash! **This event starts at 4PM.**

SUNDAY, SEPTEMBER 16th-YARD SALE/FLEA MARKET! Are you an artisan who owns your own business? Or maybe you have some extra junk lying around the house? Pack your things and reserve a spot at the American Legion's first Flea Market/Yard Sale on September 16th. Vendor spots are \$20, and regular yard sale spots are \$10. **If you have a spot set up begins at 8AM, and the doors open to the public at 9AM!**

SUNDAY, SEPTEMBER 16th-PAWS FOR A CAUSE! In addition to our market, come out Paws for a Cause! Have your poodle, pitbull, pekingese, or puppies professionally pampered! Nail clippings are \$10, tooth brushing are \$10, and ear cleanings are \$5.

EVERY WEDNESDAY NIGHT-TRIVIA NIGHT! Are you a know-it-all? Do you think you're smarter than Alex Trebek? You can prove it every Wednesday night at 7PM when the American Legion hosts its weekly trivia night! **There is no fee to enter, first and second place of every week get scratch tickets, and whoever has the most points at the end of the month wins a \$25 Visa Gift Card.** Come out and prove that you actually are smarter than a 5th grader!



**CLUB OF
TYNGSBORO/DUNSTABLE**

**Rotary Motto: Service Above Self
Theme: Rotary Making a Difference**

The Rotary Club of Tyngsboro/Dunstable has been serving the Tyngsboro and Dunstable area for 44 years.

We meet at the Dream Diner, Tyngsboro, on the 1st, 2nd & 3rd Thursday of the Month at 7:15am.

Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

For further information about Rotary, please email us at tdrotary@yahoo.com or visit our website at: www.tdrotary.org.

Thank you for your continued support.

2 PSYCHIC FAIRS COMING UP SOON!

Saturday, October 6, 2018

Saturday, November 3, 2018

10am - 4pm

at the AMERICAN LEGION POST 247,
90 Pawtucket Blvd., Tyngsboro, MA.

This will be to Benefit Veterans Programs and Family of Veterans. Sponsored By **The American Legion Post 247 Inc. Veterans**, Tyngsboro, MA. Readings \$25.00, TAROT, REIKI, PALMISTRY, INTUTIVE, MEDIUM, AURA READING & IMAGING. Vendors with many interesting items. Free coffee!!!

Sandwiches and Home Baked Goods on Sale **NO Entrance Fee**, Free Parking. For additional info please contact Cindy Richer 603-497-5050 or Josephine Beauregard 978-458-7015. Many Nice Raffles. Door Prize Drawn Each Hour!



**AMERICAN LEGION
AUXILIARY UNIT 247**

90 Pawtucket Blvd. Tyngsborough, MA 01879

Meetings are held the first Thursday of each month at 7pm.

Auxiliary Unit 247 Current Elected Officers:

President: Bernadette Harper; Sr. Vice: Josephine Beauregard; Secretary: Patricia Modrich; Treasurer: Diane Dileo; Chaplain: Rebecca Modrich; Executive Committee: Mary Dupras, Annette Coles and Kathleen Oiljey.

For information on the Auxiliary Unit meetings, or functions contact Unit President Diane Dileo at 978-204-9329

We also would Welcome New Auxiliary Members 18 and older. Contact Unit President or Treasurer.

... The Unit Jr. Auxiliary is accepting new Jr. members.
Contact 978-649-7540 if interested in joining.

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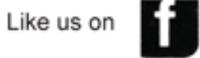
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ST. MARY BUSINESS (978) 256-2374; www.saint-mary.org

ST. MARY CHURCH: 25 North Rd, Chelmsford.

ST. JOHN BUSINESS (978) 251-8571; www.saintjohnchelmsford.org

ST. JOHN THE EVANGELIST CHURCH: 115 Middlesex St., North Chelmsford.

• **ST JOHN'S GIANT YARD SALE. Saturday, September 22.** 9 am - 2 pm. St. John's Parking Lot, 115 Middlesex Street, North Chelmsford. Rain or Shine & NO EARLY BIRDS PLEASE.

• **ALL ARE INVITED TO JOIN US ON THE GREAT LAWN** for the 4th Annual Chelmsford Catholic Collaborative **Outdoor Family Mass & BBQ. Sunday, September 16th at 10:30 am.** Food, Games,

FAMILY FUN FOR EVERYONE! St. John the Evangelist Church. 115 Middlesex Street, North Chelmsford.

• **FAITH FORMATION is ALIVE AND WELL** at Chelmsford Catholic Collaborative!!! Both St. Mary and St. John the Evangelist parishes are currently accepting registrations for the 2018/19 school year. Both parishes offer formation from Kindergarten to Grade 10, with a very strong focus on the First Communion and Confirmation years. Been away from Church for a bit? Looking to re-focus and root your child(ren) in the same faith you grew up in? Then contact us TODAY by calling (978) 251-8571 or (978) 256-2374 and speak with Fran Anderson (ext 212) regarding the St. John program, or Elaine Kindler (ext 216) regarding the St. Mary program.

• **DO YOU KNOW SOMEONE WHO IS INTERESTED IN BECOMING CATHOLIC?** St. John's is offering an opportunity for those who wish to learn more about the Catholic faith through the RCIA (Rite of Christian Initiation?). The process begins with a period of inquiry and discovery, followed by a time of preparation in order to receive the sacraments of initiation (Baptism, First Eucharist and Confirmation), and culminating in a formal welcome into the faith at the Easter Vigil. We are offering an Evening of Inquiry on **Wednesday, September 19th at 6:30 pm.** St. John the Evangelist Church. 115 Middlesex Street, North Chelmsford.

• **BINGO EVERY Thursday Night!** St. John the Evangelist Church. 115 Middlesex Street, North Chelmsford. Doors open at 3:00 pm... first game at 6:45 pm. Intermission, door prizes, raffle and hot food. Air-conditioned, well-lit parking lot and elevator.

• **BLESSING OF THE ANIMALS.** In honor of St. Francis of Assisi, bring your pet(s) and join us on the side lawn for our annual blessing of the animals. **Thursday, October 4th at 6:00 pm.** St. John the Evangelist Church. 115 Middlesex Street, North Chelmsford.



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NASHUA HISTORICAL SOCIETY MEETING

The Nashua Historical Society will be presenting a program on the **Restoration of the American Chestnut Tree on Tuesday, September 18, 2018 at 7:30 p.m.** Join Wildlife Biologist, Curt Laffin, as he discusses the history, demise, and restoration of the American chestnut tree that once dominated eastern U.S. forests. This magnificent and valuable resource was almost lost due to an imported disease, chestnut blight. Now the American Chestnut Foundation may be on the verge of restoring it locally and throughout its historic range.

For more information on the American Chestnut Foundation, please go to acf.org. The Nashua Historical Society is located at 5 Abbott Street, Nashua. For more information, please visit our website at www.nashuahistoricalociety.org or call 603-883-0015.

Buy local!
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BEAVER BROOK NATURE CENTER

117 RIDGE RD, HOLLIS, NH

Mushroom Walk Sun Sept 16 10 am -12:30 pm

Teacher and walk leader Stephanie Doyle will be taking a group out on the trails in search of wild mushrooms. Learn what features to use to safely identify wild mushrooms including toxic species as well as edibles. Remember to bring good hiking shoes, a basket for carrying mushrooms found, bug spray, a backpack with lunch and plenty of water. The foray will take you off trail!

\$20/\$18 Members. Stephanie Doyle is a member of Monadnock Mushroomers Unlimited & Sandwich Area Mushroom Club. She was the President/ Founder of the UWF Mycology Club. She works for the NH Mushroom Co. Register at www.beaverbrook.org

Beaver Brook Annual Fall Festival & Nature Art Show

Beaver Brook, Maple Hill Farm, 117 Ridge Rd, Hollis NH
September 29th & September 30th 2018
11:00 AM – 5:00 PM

Admission to the Festival and show is free to the public.
For more information call 603-465-7787

Featured Artist Ken Harvey

The featured artist selected for the 38th Annual Fall Festival Nature Art & Photography show is Ken Harvey. Ken received his initial formal training in art while studying architecture at Pratt Institute in New York City where his courses included training that was directly transferable to photography. A subsequent course in cinematography at Rutgers University provided additional insight into lighting and composition.

It is his strong belief that photography, if practiced with the highest standards, is on a par with any of the other forms of fine art. His work tends to concentrate on landscapes and wildlife photography, but his images also include portraits, action, and creative images. He says that the subject matter is only part of the formula for the images that interest him; the lighting, composition, and drama are also vitally important.

His award-winning work has been featured in many venues, newspapers, magazines, and multiple solo exhibits. In addition to presenting his work at art shows, he is also available for public speaking on several topics. His work may be viewed at www.ken-harveyphotography.com

Call For Artists

Beaver Brook is calling for artists to make this event special. Original artwork by both amateurs and professionals is eligible. The accent of the artwork should be on New England settings but art reflecting a nature theme elsewhere in North America may be included. Artwork criteria will allow some man-made items or domesticated animals as long as they are NOT the PRIMARY SUBJECT of the work; such as barns, covered/stone bridges, paths, dirt roads, wood fences, stone walls, cultivated flowers/trees, gazebos, arbors, farm equipment – *NO PEOPLE or BOATS* please. Recent artwork is preferred. Color or black and white photography; prints and paintings (watercolors, oils, acrylics, pastels, collage and mixed media); indoor and outdoor sculpture in various media.

This is a NON-JURIED event but Beaver Brook Association retains the right to reject any work that is considered to be inappropriate.

Beaver Brook will be accepting artwork for display from September 21st – 24th at Maple Hill Farm, 117 Ridge Road, Hollis NH. If you are interested in displaying your work at the Fall Festival all rules, details and entry forms can be accessed at www.beaverbrook.org. You can also pick up a form at Maple Hill Farm, Hollis NH.

There is also a *children's art exhibit* in the historic Cooper Shed. **We encourage children of all age groups to submit their work up until September 24th.**

The Fall Festival is the signature annual event of Beaver Brook Association and as well as the fabulous display of Artwork, there will be activities of interest for all age groups. More details of these activities can be found on the Beaver Brook website.



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MIDDLESEX CONSERVATION DISTRICT FALL BULB AND PERENNIAL SALE

The Middlesex Conservation District will be holding its annual **FALL BULB and PERENNIAL SALE** on **9/21 from 3-6PM and 9/22, 8am to 12 noon at the Great Brook Farm State Park Ski Touring Center, 1018 Lowell St. in Carlisle, MA.**

All items that were ordered through 8/31 have to be picked up on the sale days. You will receive a card in the mail as a reminder.

If you did not receive the catalog and would like to come to the sale, please come as early as possible for the best selection. Items offered include daffodils, tulips, narcissus, specialty bulbs, perennials and fertilizer.

Don't forget to check out Great Brook Farm's amazing ice cream while you are here!

To receive a copy of our catalog in the future, please call 978-692-9395 or email middlesexconservation@yahoo.com.

VOLUNTEER We need volunteers to help with the sale and on the day before. Please email middlesexconservation@yahoo.com if you are interested in volunteering. Hours are Thursday 9/20, 9:30 to noon; Friday 9/21, 2:45pm to 6pm; Saturday 9/22, 7:45am to 12:30 pm. If this is too short notice for this year. Please let us know if you might be available for the next sale.

Support Local Conservation! When you purchase plants from us, your money works twice. Your support allows the Middlesex Conservation District to: • Partner with USDA Natural Resources conservation Service and other agencies and organizations to solve natural resource concerns. • Co-sponsor and help organize the Massachusetts Environthon, an environmental competition challenging high school students with real-life natural resource problem-solving situations. • Sponsor workshops. • Provide soil map information of Middlesex County cities and towns. • Assist residents with natural resource questions. • Promote local agriculture.

TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



Events listed will be held at the **Little Red Schoolhouse** which is located on Route 113, 64 Main St., Dunstable, near the Tyngsborough- Dunstable Town Line.

Mark your calendar now for these wonderful presentations.

Saturday, September 15, 3pm

• **Learn how to research the history of your house.**

By Richard P. Howe Jr., Middlesex North Register of Deeds
For info: Lynda Justice 978-587-8423

Thursday, September 27, 7pm

• **Native American Program**

Learn more about the Mt. Kearsarge Indian Museum and Northeastern Woodlands Native culture.

For info: Claudia Novak 978-649-6356

Sunday, October 7, 3PM

• **The Automobile in the Years Leading up to WW1**

By Historian David Setterland

For info: Sue Psaledakis 978-649-6005

Membership is \$15 for an individual and \$25 for a family.

For more information check out the website

www.tdhistoricalsociety.org

FINAL REUNION

St. Joseph's Hospital of Lowell, MA will be holding their **25th Anniversary and FINAL Reunion** on Thursday, **September 20, 2018** at Lenzi's Mill House, Dracut, MA.

Please contact one of the people listed here for tickets.

Helen Blaschke @ 978-454-7346 or hmbwblaschke@gmail.com

Audrey Singleton @ 978 649-6543 or ansmanilow@comcast.net

Joanne Richard @ 978-618-0668 or ermama@comcast.net

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