



# Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

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Celebrating 34 Years of Service

Issue # 359 • June 2018

POSTAL PATRON  
TYNGSBOROUGH, MA 01879

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## TYNGSBOROUGH TOWN CLERK NEWS

**2018 DOG LICENSES** are available at the Town Clerk's office or by mail. Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. If renewing by mail, please enclose a stamped envelope for the license. Licenses are past due! Please include an additional \$25.00 in your check!

**2018 CENSUS** forms were mailed. Please check the information on the form for accuracy, make necessary corrections, and return promptly to the Town Clerk's office. If you do not receive a census form, please call the office and we will mail a form. Please note that the census does not register you to vote. You can register by going to [mass.gov](http://mass.gov) and completing an online voter registration form. Completing and returning the census keeps your voter status current and there will be no need to fill out a proof of residency form at the polls.

**Looking ahead...** The State Primary is scheduled for September 4<sup>th</sup> which is the Tuesday after Labor Day. Voter registration will be held on August 15<sup>th</sup>.

Have a happy and safe summer! Please contact the office at 978-649-2300 extension 129 or email to [jshifres@tyngsboroughma.gov](mailto:jshifres@tyngsboroughma.gov) with any questions.

## CALLING ALL WINSLOW SCHOOL ALUMNI

The Tyngsborough Historical Commission is in the early planning stages of organizing a Winslow School Reunion for anyone who may have attended the school to get together and share their fond memories of the building.

More information about the event itself will be forthcoming for those who wish to attend the reunion. For those who did not have an opportunity to sign up during the Memorial Day Parade, or who wish to get involved in the planning process, please contact Ashley Makevich at [ashleymakevich@yahoo.com](mailto:ashleymakevich@yahoo.com) or reach out to any Historical Commission member for further details.



## HOUSEHOLD HAZARDOUS WASTE DAY

This will be held on Saturday, June 23<sup>rd</sup>, 2018 from 9am to 1pm. Items must be brought to the Tyngsborough Highway Dept., 87 Kendall Rd. (Look for the yellow plow at the entrance)

Please refer to the last page, printed on green paper, for the details about what will be accepted and what is not acceptable. Most items can be disposed of free of charge, propane tanks (no charge for 20 lbs) other sizes will be \$1-\$2 and tires (no oversized) will have a \$1-\$2 fee.

## IN MEMORY OF

Pauline T. Lagasse Ducharme  
William E. Costello Jr.  
Olga N. Koczarski Koziol  
Virginia P. Thomas Murray  
Eleanor G. Silva Nastasia  
Eliseu S. Silva  
Sarah A. Dixon Stecchi

James M. Volianites  
Leslie B. Anderson  
John H. Hansis  
Brian A. C. Jopson  
Rev. Dr. Russell A. Kulisch Jr.  
Dorothea Daoulas Husson  
Rose E. Parenchuck Noel



## NOTICE TO TYNGSBOROUGH WATER DISTRICT USERS

**The Tyngsborough Water District will be flushing water mains beginning June 11, 2018.** The flushing program will be in effect for approximately 6 weeks. Flushing will be conducted between the hours of 8am and 3pm, Monday through Friday. During these times, water pressure may be low and the water discolored. Let the water run awhile and it should clear up quickly.

We regret any inconvenience this may cause you.

Thank you for your assistance! Tyngsborough Water District

## TYNGSBOROUGH WATER DISTRICT

87 Progress Avenue, Unit #2 Tyngsborough, MA 01879  
978-649-4577

### Public Notice

The Tyngsborough Water District Consumer Confidence Report is available for review at the District Office, 87 Progress Ave, Unit #2 or at the Town Hall and Library. A copy will also be mailed to you with your June water bill.

Dale Thompson, Superintendent

## FRIENDS OF THE TYNGSBORO COUNCIL ON AGING

FRIENDS of the TCOA contribute to fun filled and successful activities at the senior center. All our activities and fundraisers take time and talent. Consider donating some of your time to make the TCOA the best it can be. Our Board of Directors include: President: Joe Jacoppi, Treasurer: Joanne Jean, Clerk: Frank McCarthy, and Jean Kareores, Elaine Rivard, Leon Poirier, Elaine Franks, and Mary Basiliere. The Friends is a 501(c)3 non profit charity and all donations are fully Tax Deductible. ALL GIFTS AND DONATIONS CAN BE SENT TO: The Friends of the Tyngsborough Council on Aging, PO Box 415 Tyngsborough, MA 01879. Visit our web site: <http://www.friendsofthetyngsborocouncilonaging.com>.

Visit us on Facebook:

<https://www.facebook.com/FriendsofTyngsboroCOA/>



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[www.TyngsboroughScholarshipTrust.org](http://www.TyngsboroughScholarshipTrust.org)

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**Congratulations to the Class of 2018!** The TST wishes all the best to our graduating seniors as they pursue their future academic goals and achievements. Thank you to all of our sponsors, businesses and members of our community who have supported our fundraising efforts to help Tyngsborough students achieve success in their academic careers. A very special thank you goes to the Laforge Family, the Corcoran Family, the Chronopolous Family, the Larrea - Keohane Family Trust, Lowell Five, DeMari Pasta Dies, Denommee Plumbing, Dolan Funeral Home, Merrimack Valley Rotary, Nicosia and Associates, Page and Trahan Companies, Republic Services, Skate 3, Tyngsboro Sportsmen's Club, Dana Wall Board Supply, Lamco Systems, Tyngsboro Eye Care, Dracut Dental Group, Tyngs Tarry, and Bianco's Catering. Through the generosity of our entire community, we were able to award over \$38,000 in scholarships to 49 of our graduating seniors from Tyngsborough.

**The TST has been awarding scholarships for 54 years!** The work is rewarding and our fundraising events are just as fun to work on as they are to attend. **June 13<sup>th</sup> is our reorganization meeting and we may have several open officer positions.** If you have been thinking of getting involved, please consider joining the TST. We welcome all new members! We meet the 2<sup>nd</sup> Wednesday of each month, from September through June, at the Tyngsborough Town Hall. For more information check out our website [www.tyngsboroughscholarshiptrust.org](http://www.tyngsboroughscholarshiptrust.org) or contact us at [info@tyngsboroughscholarshiptrust.org](mailto:info@tyngsboroughscholarshiptrust.org). Have a safe and enjoyable summer!

## TYNGSBORO HIGH SCHOOL AND MIDDLE SCHOOL SPRING SPORTS INFORMATION

FOR ALL SPORTS SCHEDULE GO TO: [WWW.MWMLA.ORG](http://WWW.MWMLA.ORG)

• **PARENTS/GUARDIANS:** If you would like to receive scheduling text alerts during your son/daughters sports season, please go to: <http://www.tyngsboroughps.org/pages/tyngsborough/departments/athletics> and CLICK on Schedule Alerts for Parents.

**SPRING Awards Night:** For all athletes that play a high school sport ONLY, will take place on **Thursday, June 7<sup>th</sup> at 7:00pm** in the Lawrence R. Kelleher Gymnasium located at the high school.

• **TIGER PRIDE 4th ANNUAL 5K TRAIL RUN/WALK**

Tiger Pride will again be hosting the 4th Annual 5k Trail Run/Walk to support Tyngsboro High School. **The event will take place on Saturday, June 9<sup>th</sup> (rain or shine) on the Tyngsboro High School's Cross Country Trail.** Registration begins at 8:00 am at the Turf Field. Open Race starts at 9:00 am. There will also be a kid's fun run, ¼ mile for children 10 and under at 8:45 am. The cost for an individual is \$25.00 and free for children 10 and under participating in the Kids Fun Run. A Tiger Pride Race T-Shirt is guaranteed for the first 150 participants. Awards for the first, second and third place winners will be handed out after the adult race. "Not a Runner?" You can also be a sponsor and have a banner displayed on the day of the event and throughout the 2018-19 sports seasons. Deadline to order a Banner is Friday, June 1<sup>st</sup>. To register and pay online, please go to [www.tyngsborotigerpride.wordpress.com](http://www.tyngsborotigerpride.wordpress.com). For more information, you can call the Athletic Office at Tyngsboro High School at 978-649-4210 or email [Sherry.corcoran@tyngsboroughps.org](mailto:Sherry.corcoran@tyngsboroughps.org).

## JOIN TYNGSBOROUGH CITIZENS

If you are new to Tyngsborough, welcome! If you are not new but want to know more or want to know how you can get involved, you are invited to join over 450 fellow residents in our on-line community forum. Tyngsborough Citizens is a Yahoo Group and membership in our group is open to all residents of Tyngsborough. We share information about town and school happenings and ideas for how to make our town even better. We are not an anonymous group; residents share their name and address when posting. We strive to keep the conversations civil and constructive. Please visit [tyngsboroughcitizens-subscribe@yahoo.com](mailto:tyngsboroughcitizens-subscribe@yahoo.com) to join.

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## TYNGSBOROUGH PUBLIC LIBRARY

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**CLOSED on Wed, July 4, in observance of Independence Day**

Monday & Wednesday  
10:30 a.m. – 8 p.m.  
Tuesday & Thursday  
9 a.m. – 5 p.m.

**Closed Saturdays from  
June 30 to Sept. 1**  
[www.tynglib.org](http://www.tynglib.org)

**Lightroom for Photographers, Saturday, June 23,  
10 a.m.–1 p.m.** Learn Adobe Lightroom tools and techniques  
for editing and post-processing photos, as well as best  
strategies for organizing and managing your digital images,  
backup methods and workflow from camera to final printed  
or displayed image. Instructor: Nick DePasquale.

*Registration required.*

**Nature Storytime – Wed., June 27, 10:30-11 a.m.**  
**Ages 3-8.** At Sherburne Nature Center, 46 Coburn Rd.  
Bring a picnic lunch to enjoy after storytime!  
Rain date: Thurs., June 28, 10:30-11 a.m.

**Animals Rock! Tues., July 10, 10 – 11 a.m.** Kids' summer  
reading kickoff program! Come meet some amazing animal  
friends & learn why they are animal Rock Stars! Ages 4-12.  
Registration required. *Funded by the Friends of the Library.*

• **THANKS** to all who helped with the **Friends of the Library Book Sale**. Friends funding enables us to offer great programs, museum passes and loads of new children's books.

• **Adult Coloring Club, 1st Wed. each month, 6:30-8 p.m.** No June meeting. Next meeting: July 11.

• **Tech Advice by Appointment** PCs, android tablets & phones, Excel, MS Word, e-books, etc. **Tuesday, 11:30 a.m.-1:30 p.m., Wednesday, 7-8 p.m.** Registration required. *No classes in June.*

• **SUMMER READING PROGRAM:** This year's theme is Libraries Rock! Pick up your summer calendar at for kids and teen activities at the library after June 10! Highlights will include:.

• **SRP for ages 3-12** will include **Bedtime Stories & Summer Stories** with guest readers from the community, • **Lego Club, Pokemon Club, Libraries Rock the 80s, Coastal Critters**, and more! • **SRP for teens, Grades 6-12!** Enter to win an Amazon gift card at the end of the summer. Teen programs will include **Python Coding Fun** and **Teen Art workshop**.

*The summer reading program is funded by The Friends of the Library and through other donations.*

• **Writer's Group, Mondays, 6:30 p.m.** Feedback, publishing tips, all genres. Karen Johnson 978-649-7132

• **Board of Library Trustees** Monthly **3rd Thurs.** Check Library website for schedule changes.

• **Artists & collectors, contact the Library to discuss scheduling an exhibit in the gallery or display case.**

**Register for TPL programs by calling the Library or using the contact form on the website.**

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## OLD FASHIONED FAMILY LIVING

*By Edward H. Adamsky*

Before WWII it was common for several generations to live in the same house (remember the TV show the *Waltons*?). After the war the "nuclear family" became the norm with Mom, Dad and kids in one house, while Grandparents and other generations lived in their own homes. The single-family suburban home was the American Dream for years, but it has lost its luster as the cost of housing has increased along with the care needs of family members. Living together with family can provide a built-in caregiving system. It can be handy and cost-effective. But, it can also prove stressful. Should you consider a multi-generational living arrangement for your family?

One issue to consider is whether the situation will be short-term or long-term. Many people have a parent live with them temporarily after an illness or injury. Other families have taken built "in-law" apartments onto their homes and allowed parents to move in for many years. A short-term stay will require some adjustment but it will end and your life can go back to normal. A long-term plan will change your lives significantly and needs more planning and thought. You will need to consider how the costs of living will be shared. Will the elders (or adult children) pay rent or just pay a part of the household expenses? And, how will the living area of the house be used? Will the elders be restricted to a certain part of the house or can they use it all? Privacy considerations are important. Everyone wants privacy for basic situations such as dressing and bathing, but everyone also needs privacy for intimate issues (even elders). You must think this through to accommodate everyone's needs.

If there is a younger generation in your multi-generational house, how will that work? Will the youngsters make it hard for the elders to relax? Will there be competition to use the facilities? Also, will the needs of those with disabilities require any modifications such as ramps, larger doorways or walk-in showers? This may mean the home would have to be extensively renovated.

Living with someone with care needs can require a lot of work. Who will do the chores in the house such as cooking and cleaning? Who will provide the personal care to the elder? Is there going to be compensation for personal caregiving? Will outside caregivers need to be hired and what accommodation does that require?

The old-fashioned way of living like the *Waltons* can be really nice with older and younger generations providing things to each other that cannot be found in any other way. Or, it can be noisy, crowded, confrontational and frustrating. It might work for you but it will take planning and co-operation to make it work. You should consult with your Elder Law Attorney about some of the legal issues that might arise before you take this step.

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Greetings from our Pastor, Fr. Richard Clancy

**COME JOIN US, ALL ARE WELCOME!**

Weekday Mass: Monday, Thursday & Friday at 9AM. **No Mass** on Tuesday and Wednesday

• **Reconciliation** every Saturday from 3 to 3:40PM or by appointment.

• Join us on **Facebook!** Search "Saint Mary Magdalen Parish Tyngsboro" and like our page to see daily meditations and events.

• **FIRST FRIDAY ADORATIONS** are held on the first Fridays of the month after the 9AM Mass from **9:30AM – 12pm**.

• **The St. Vincent De Paul Society** operates a monthly food pantry out of the rectory in addition to providing holiday meals to those in need. We can be reached at 978-844-2365.

• **Prayer Line** – Do you know of someone needing prayers? Call Helen (978) 649-7927 or Carol (978) 649-6717. (Submit only first name of one to be prayed for)

• **MEN OF ST. JOSEPH** Ste. Marguerite, St. Mary Magdalen, & St. Rita Parishes are pleased to announce we have a "Men of St. Joseph" chapter. The "Men of St. Joseph" is an established and successful ministry, whose principle mission is to call men to become the strong and faith-filled husbands, fathers, and leaders, whom God has created us to be. **We meet on the Second Saturday of every month.** Each monthly meeting includes prayer, food, and faith-building fellowship. **All meetings will begin at 7:00am and end no later than 9:00am.** The meetings are being held at **Ste. Marguerite d'Youville Church, 1340 Lakeview Ave., Dracut thru 6/9/2018.** To find out more, please come and check us out! Rosary starts promptly at 7:15 in the Church.

• **CRAFT & CRIBBAGE NIGHT** Every 2nd & 4th Tuesday of the month from **6–8:00pm** at the Parish Center.



## 2018 DUNSTABLE SUMMER CONCERTS

**Every Wednesday night 6:30 - 8:30 p.m. on the Town Common**  
**(Rain date is Thursday)** We won't need this as it will be a blue-sky summer. Right? **Food available for purchase**

- **June 13<sup>th</sup>** Diamond Jubilee: an antique Gavioli fairground organ
- **June 20<sup>th</sup>** Delta Generators with Brian Templeton: *Rhythm and blues*
- **June 27<sup>th</sup>** Band From U.N.C.L.E.: *Soul, Rock & Roll from the late 50s, 60s and early 70s.*
- **July 11<sup>th</sup>** The Rampage Trio: *Blues Rock-Boogie*
- **July 18<sup>th</sup>** Back to Back: *Rock and Roll* and *Vehicle Night!*
- **July 25<sup>th</sup>** The White Street Band: *Classic Rock & Blues*
- **August 1<sup>st</sup>** Crossroads: *Classic and modern rock, country and popular music.* **Public Safety Night** with Dunstable Police and Fire Departments
- **August 8<sup>th</sup>** Never Easy: *New & Old Country music, with a "hint" of Classic Rock & Roll*

More info at [www.facebook.com/dunstablesummerconcerts](http://www.facebook.com/dunstablesummerconcerts)

**When you contact a business,  
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## TYNGSBOROUGH COUNCIL ON AGING



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**PLEASE SIGN IN WHEN YOU COME TO THE CENTER!!**

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**•WELLNESS CLINIC COA, 169 Westford Rd 978-649-9211** Nancy Harding, RN, from the **Circle Home, Inc.** **1st Tues each month.**

**•WELLNESS CLINIC at ELDERLY HOUSING** Nancy Harding, RN, from the **Circle Home, Inc.** Red Pines Elderly Housing, the third Tuesday of each month from **8:30 - 9:30. Brinley Terrace Elderly Housing**, the fourth Tuesday of each month **8:30-10:00.**

**• DONATIONS NEEDED** Coffee, Cups 8oz Styrofoam, Napkins, Paper Plates, small and large. **The Friends of TCOA** continue to ask for gently used jewelry, scarves and handbags for the next sale. We are also collecting toiletries for the homeless shelter. ALL these donations can be dropped off in the coat room.

**• VETERANS' COFFEE HOUR! Thursday, June 14<sup>th</sup> 9:30 - 10:30AM** (Pat Wojtas -Town Veterans' Agent) Reminisce about time served and discuss benefits that are available to veterans.

**• SHINE Tuesday, June 26<sup>th</sup> 8:30-12:00** Serving Health Insurance Needs of Everyone. Our Counselor Lillian Colby will be holding office hours at the Center. Call 978-649-9211 to schedule an appointment. Bring insurance cards & a list of prescriptions you take.

**• STITCHERS Every Monday 1:00-2:30PM** Looking for an instructor to teach people who are beginners. Please see Tracy or Barbara if you are interested in helping our seniors learn how to stitch. Looking for new ideas. We have all the things you need to start.

**• COA Meeting is June, 19<sup>th</sup> 3:30.** Public Welcomed

**• BOOK CLUB (Monthly) Thursday, June 21<sup>st</sup>, 12:00** Come join us on the 3rd Thursday of each month. Discover and read the best new books each month.

**• CARD MAKING with Colleen Garry. Thursday, June 14<sup>th</sup>, 1:00** Come join the fun making crazy cards for friends or family.

**• COMPUTER HELP FOR SENIORS Thursday, June 21<sup>st</sup>, 10:00** Bring your device and anything else that you might need to make the most of your time. Instructor Joe Delgado. Please call if you can't make it.

**• SENIOR/VETERAN BREAKFAST Thursday, June 21<sup>st</sup>, 8:30-9:00AM** Start your day off with a FREE healthy breakfast with friends here at the Center. Food sponsored by TBD. Speaker: Health Care Proxy's Five Wishes, WHAT DO I NEED TO KNOW? Come to this informational session by Social worker Allyson Witt.

**• LUNCH BUNCH Wednesday, June 13<sup>th</sup>, 11:30-1:00** If you need transportation for this trip we will be happy to pick you up using the Tyngsborough Bus. Call 3 days in advance 978-649-9211. "Weathervane" Last sign up day is June 11th.

**• INDEPENDENCE DAY CELEBRATION & ICE CREAM SOCIAL Wednesday, June 27<sup>th</sup>, 11:30** BBQ from Lindley. Ice Cream, sponsored by Tyngsborough Firefighter's Association. Entertainment, Kathy Rodgers' Patriotic Songs. \$7.00 pp. **Sign up by June 22<sup>nd</sup>.**

**• FATHERS' DAY CELEBRATION Wednesday, June 20<sup>th</sup>, 11:00** FATHERS will be honored on this special day with a FREE BBQ lunch for ALL fathers. If anyone who is not a father wants to attend it will be \$3.00 for their BBQ lunch. Sign up by June 13th.

**• HOLLAND AT TULIP TIME Lecture Leon Poirier Thursday June 7<sup>th</sup> 12:00** Will begin with a walk along the 400-year old canals of Amsterdam where we go by Anne Frank's home, visit a canal boat home, see the home of a rich Dutch merchant, go by a flower shop that sells cannabis, and see the skinny bridge made of famous in Van Gogh's painting. Free Lunch served by The Friends of the Council on Aging.

**• 4th of July Celebration. Wednesday, June 27<sup>th</sup>,** we will be having a BBQ (\$7.00); followed by an ice cream social sponsored by the Tyngsboro Firefighters Association. Sing along with Kathy Rodger singing traditional songs for our celebration.

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The Recreation Committee meets at the Recreation Center 120 Westford Road the first Monday of the month at 7pm. More info may be found on our website at [TyngsboroughRec.com](http://TyngsboroughRec.com) Friend us on Facebook. Seeking new members. **Two open seats. Join us!**

**THE TOWN BEACH** - OPENED FOR SWIMMING- Memorial Day weekend. It will remain open through Labor Day Weekend. Resident passes are needed and are available at the Town Hall. Volunteers welcome to assist in maintaining the beach. Please message your interest on FB or email [TyngsboroughRec.com](mailto:TyngsboroughRec.com).

**Save the Date! Food Truck Block Party!** Town Common August 26, 11am-4pm. Check the next Neighbor to Neighbor and our FB page for details. Volunteers welcome to join the fun!

**SUMMER RECREATIONAL BASKETBALL** We will be having a summer basketball league at the outdoor courts at TES, from the weeks of June 25th - July 30th. Briefly, this will be for kids entering grades 3 - 9, so current 2nd-8th graders. There will be one game and one practice a week, all at TES courts. Boys will be Tues/ Friday, Girls will be Mon/Thurs, all evenings. Cost: \$50/child or \$100 family cap. To register, please visit [tyngsboroughrec.com](http://tyngsboroughrec.com) Evaluation days: Was held May 30, 6-8 p at TES for boys. and June 7, 6-8 p at TMS for girls

**Community Service Hours Available for Students** Do you need community service hours? Contact us, we have many opportunities. Wicasse concession stand, Festival of Trees, End of Summer Bash, Shamrock Ball and more.

**Festival of Trees Planning Committee** We are looking for new members to join our sub-committee to plan the Festival of Trees Event specifically. You do not need to be on the Recreation Committee. Contact the Rec. Office, send a message on FB or call Theresa 978-828-6589 if you plan to attend or have questions.

**FIELD DAY X5 (formerly Track and Field Nights)** Thursdays, July 12 - Aug 9; Starting 6pm at THS Pierce Field; \$40pp (\$50 non-resident) Activity stations, races, relays, obstacle courses, hula hoops, sports challenges, and so much more are organized for boys and girls 4-10 years of age. Participants receive a team t-shirt as they exercise, socialize, and have loads of fun! Advance registration required by June 22 at [www.TyngsboroughRec.com](http://www.TyngsboroughRec.com). VOLUNTEERS ARE WELCOME & NEEDED.

**2018 Summer Tennis/Soccer Clinics** Tyngsborough Elementary School, Run by High Level Experienced Players/Coaches. Master Two great sports at once! [info@www.planetennissusa.com](mailto:info@www.planetennissusa.com) 727-542-9636 Week 1: July 9-12 9am-12pm, 90 minutes each sport!

9am-10:30am Soccer: Learn, Drill, Review, Improve! Followed by: 10:30-12pm: Tennis: Learn, Drill, Review, Improve! \$199 per week! Week 2: July 16-19 9am-12pm, 90 minutes each sport!

9am-10:30am Soccer: Learn, Drill, Review, Improve! Followed by: 10:30-12pm: Tennis: Learn, Drill, Review, Improve! \$199 per week!

**SPRING 2018 ADULT TENNIS LEAGUE** The Adult Tennis league began it's 8th Spring season the weekend of **APRIL 21st**. The league runs for (at least) 10 weeks and all matches are played at the TES / Bicentennial courts on the weekends, weather permitting.

You can join anytime during the season too! We have Men's and Women's singles and a Mixed Doubles Division. There is every level of play, from beginner to advanced and all matches will be coordinated by experience in order to facilitate enjoyable, competitive play. The league is open to anyone over the age of 18 and you **do not need to be a resident of Tyngsboro to join**. We've had over 80- players in past seasons!! Registration fee is \$20.00 per player. The Adult Tennis program offers participants league play and presents a great opportunity to socialize and compete on the courts on a regular basis. We play on the weekends at 9:30am, 11:00, 12:30pm or 2:00 depending on your personal conflicts (if any) -- matches last 1 1/2 hours. A new schedule is made each week matching different players with similar ability and taking in to consideration any weekend conflicts you may have. All players must register and league fees are due at the time of registration. Players may register individually or with a partner for the mixed doubles league (\$40 total) The openings are filled on a first come first serve basis. Register at [tyngsboroughrec.homestead.com/Tennis.html](http://tyngsboroughrec.homestead.com/Tennis.html) or contact Scott at [sellis7511@comcast.net](mailto:sellis7511@comcast.net).

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## INCOMPLETE RESTORATION

by Nathan Combs

In 2 Kings 9, God sent a prophet to abruptly barge into the military council chambers of an Israelite general, Jehu the son of Nimshi, and anoint him the next king over Israel. As the oil poured down his head, he listened to his Creator's astonishing mandate: strike down the entire family and influence of Ahab (the wicked former patriarch of the current ruling dynasty) and avenge the blood of God's slaughtered prophets and servants. In the succeeding text, Jehu zealously carried out his orders and systematically destroyed Ahab's son (King Joram of Israel), his grandson (King Ahaziah of Judah), his wife (Jezebel), his 70 sons, and all his close friends, priests, and associates. In addition, Jehu purged idolatrous Baal worship from Israel by gathering all of its worshippers to Samaria, killing them, and converting the temple of Baal into a latrine.

As a reward for his obedience, Jehu was told by God that his dynasty would last until the fourth generation after him. But this is where the text of 2 Kings takes a tragic turn. "But Jehu did not turn aside from the sins of Jeroboam the son of Nebat, which he made Israel to sin - that is, the golden calves that were in Bethel and in Dan" (2 Kings 10.29). Although Jehu had supported Yahweh worshippers, eradicated a wicked royal family, and wiped out Baal, the restoration of Israel was incomplete. He was not careful to walk in God's laws "with *all his heart*" (2 Kings 10.31), a direct contrast to God's ancient command to "love the Lord your God with *all your heart*" (Deuteronomy 6.5). As a result, future generations of Israelites continued walking in the sin which ultimately led to the nation's destruction.

Jehu's unfinished restoration stands in Scripture as a sober reminder of our own need to radically destroy all traces of idolatry in our lives. Jesus' gospel demands nothing less than total submission. We cannot be His disciples unless we "renounce all" we have (Luke 14.33). Rather than a one time decision at our conversion, our choice to follow Jesus and take up our cross is a "daily" undertaking (Luke 9.23). Because God's restoration process in us is life-long, the new self we put on is described as "being renewed" (Colossians 3.10) or "being transformed" (2 Corinthians 3.18) after Jesus' image.

This long-term restoration process has implications for our attitudes about spiritual growth. Unlike Jehu, one must not halt after successfully waging battles against sin. For example, a conquered struggle with alcohol through God's grace is a great blessing, but if lust or anger or racism is still in the heart they must be rooted out as well! Christians certainly can (and should) rejoice in the way Jesus is making us more like Him and gradually replacing our darkness with His light. But under no circumstances should we leave our golden calves untouched! Spiritual restoration must always press on to completion.



## TYNGSBORO GARDEN CLUB



At our May meeting we met at Mahoney's Garden Center and enjoyed looking and buying beautiful plants and vegetables as we get ready to replenish our gardens.

Our last meeting on **June 5th** will be a season wrap up, planning next year's agenda and a pot luck dinner at a members house.

**The Garden Club meets the first Tuesday of the month September-November and February-April at the Evangelical Congregational Church at 6:45.** New members are always welcome. Please come join us for one of our meetings, enjoy the presentation, and meet some new friends.

**For more information visit our website at [tyngsboroughclub.tripod.com](http://tyngsboroughclub.tripod.com)** or find us on Facebook at Tyngsborough Garden Club or call Debbie at 978-649-6362.

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## FRIENDS OF THE TYNGSBOROUGH PUBLIC LIBRARY

**Thank you** to the Tyngsborough community for supporting the book sale in May. We appreciate all the help we have received from the teen volunteers from the library, the Boy Scouts, and from the Academy of Notre Dame. Also, the adult volunteers who sorted books prior to the sale, helped during the sale and breakdown after the sale contributed their efforts toward making the sale run smoothly. And, of course, thanks to those of you who purchased books, DVDs, jewelry, etc. to help us fund library programs and books for the Children's Room.

With summer here, it is time to think of what **library pass** you want to reserve for use this month. Davis Farmland is a fun discovery farm for kids, and the library pass admits up to 4 guests at a savings of \$8 off admission. Check the library website for details. If you like history, try the USS Constitution Museum pass for admitting up to 9 people with no charge, and enjoy the day in Boston!

If you missed the membership month, it is not too late to **join the Friends**. This is a volunteer organization with tax deductible dues that raises funds for library programs such as the museum passes, and new members are accepted any time during the year. **Find the application at <http://www.tynglib.org/index.php/friends-of-library>.**

The Friends will break for the summer and then hold their next meeting on Monday, September 10, after Labor Day, at 7 p.m. Members are encouraged to attend, and the public is always welcome. Find out what we do, and you can give your ideas for fund raising or other activities.

## EDUCATION FOUNDATION TYNGSBOROUGH [WWW.EFTYNG.ORG](http://WWW.EFTYNG.ORG)



The Education Foundation for Tyngsborough is preparing for our 10<sup>th</sup> Annual EFT Grant Award Ceremonies. We are excited to be awarding over \$20,000 to teachers across our public school district. These grants will enable exciting STEM, ELA, elementary classroom and art educational initiatives. You are invited to watch these grants get awarded during two end of year ceremonies: The Celebration of Excellence at the high school on June 6<sup>th</sup>, and The Celebration of Learning at the elementary school on June 14<sup>th</sup>. See the winning grants on our website, [www.eftyng.org](http://www.eftyng.org).

Thank you to all the teachers who took the time to consider how they could enhance their students' educational experience and submit a grant application. Thank you to our business supporters who sponsored our events and thank you to all the families, teachers and residents who attended our fundraisers this year: The *Football Drop* on Thanksgiving, *Tyngsborough Trot 5K Run/Walk for Education* in November, and Dinner Theater, "*She Loves Me*" in January.

After our recruitment social, we are delighted to welcome new parents and teachers to our board. We look forward to the energy and new ideas these parents and teachers will bring. **Are you ready to get involved in supporting public education? If you'd like to explore this idea please contact our President, Theresa Manning, at [eftyng@gmail.com](mailto:eftyng@gmail.com).**

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Friends of Tyngsboro Theater at: [fott.info@gmail.com](mailto:fott.info@gmail.com)

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## TYNGSBOROUGH PUBLIC SCHOOLS

You can find Tyngsborough Public school news at

[www.tyngsboroughps.org](http://www.tyngsboroughps.org)

District Offices, 50 Norris Road, (978) 649-7488

Middle School, 50 Norris Rd. (978) 649-3115

High School, 36 Norris Rd. (978) 649-7571

Elementary School, 205 Westford Rd. (978) 649-1990

## IT'S DIFFERENT NOW – HELP FOR TEENS

*By Jan Price, LICSW & David Harrison, LICSW*

*"In my day, we walked 10 miles to school barefoot in the dead of winter..."*

Probably not, but even if this archetypal tale of parental yesteryears turned out to be true, a walk in a typical teenager's shoes is likely tougher than today's parents might imagine. The National Alliance for Mental Illness (NAMI) reports that 20% of youth age 13-18 live with a mental health condition. And according to the U.S. Centers for Disease Control and Prevention (CDC), suicide is the second-leading cause of death for 15-24 year-olds.

There is help. Researchers generally agree that Psychotherapy – "Talk Therapy" – improves outcomes for the depressed, both as a stand-alone treatment and in conjunction with prescription medicine. Teens and young adults, just like their older counterparts, can benefit from a trusting therapeutic relationship that helps them articulate and address problems related to their unique life stage.

Specifically, adolescence is a period of physical and emotional upheaval. The average teen's mood and functioning have always been impacted by a changing body combined with developmental imperatives to be recognized by peers while seeking independence from family. Add today's digital overload to the emotional mix and it is small wonder that researchers, including at Columbia University and the National Institutes of Health (NIH) have reported significant increases in the prevalence of major depression among teens since 2010; some studies correlate this trend with increased "screen time" including on smart-phones.

David Harrison, LICSW, clinician and intake coordinator at Greenbridge Counseling and Wellness, LLC, spent a decade working in schools with anxious and depressed 16-21 year-olds. Via talk therapy, Dave offers adolescents a safe space for tackling the unique stressors that they face, helping them feel less isolated with pain and self-doubt that might otherwise become unmanageable.

Per the CDC: "The risk for suicide frequently occurs in combination with external circumstances that seem to overwhelm at-risk teens... Examples of stressors are disciplinary problems, interpersonal losses, family violence, sexual orientation confusion, physical and sexual abuse and being the victim of bullying." That is, as with adults, adolescent mental health is affected by a variety of factors including personal history, situational triggers and biological predisposition. For instance, parents should be aware that a family history of depression or other mood disorders increases any adolescent's risk for depression.

Symptoms of adolescent depression consist of both emotional and behavioral changes including (but not limited to) hopelessness; low self-esteem; loss of interest in normal activities; changes in sleep patterns; social isolation and poor school performance. Common signs of suicidality in teens include (but are not limited to) talking or joking about suicide; general preoccupation with death; engaging in reckless behavior; saying good-bye as if for the last time.

If you or a teen you know is struggling with any mental health issue, please consider contacting Greenbridge Counseling and Wellness, LLC at 978-649-2055 or email David Harrison, LICSW, directly at [dharrison@greenbridgecw.com](mailto:dharrison@greenbridgecw.com)

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*From the desk of**Police Chief Richard Howe***WATER SAFETY**

As warmer weather approaches I would like to remind residents of essential water safety tips while spending time on Lake Mascuppig, Massapoag Pond and the Merrimack River this summer.

Tyngsborough has many places and opportunities to enjoy the summer outdoors, we're asking the community to please remain safe while doing so. Be alert, be aware and watch over children at all times. We have had three drowning deaths in recent years, tragedy can strike in a moment, so please use the safety tips offered at all times.

The Merrimack River is a popular boating and kayaking destination during the summer months. Current boating activities on the river include canoeing, kayaking, rowing and power boating. The river provides both quickwater and flatwater experiences for canoeists and kayakers and is one of the largest surface water bodies in the region for power boating.

Massapoag Pond, located off of Massapoag Road, is also heavily utilized for boating, fishing and swimming.

**The American Canoe Association offers the following safety tips to kayakers, paddlers, and recreational boaters:**

- Always wear a life jacket.
- Children under the age of 12 must wear a life jacket in a public body of water at all times.
- Be a competent swimmer with the ability to handle oneself underwater, moving water, surf or current.
- Keep the craft under control. Do not enter a rapid unless you are reasonably sure you can navigate it or swim the entire rapid in case you capsize.
- Keep a lookout for hazards and avoid them. Watch for fog, especially on coastal waters.
- Know your emotional and physical limitations.
- Group members need to constantly assess the behavior of others in their group.

**Lake Mascuppig**, located in Tyngsborough with a Massachusetts state boat ramp in Dracut, is fully recreational with heavy boat traffic in the summer months. The developed waterline is open for swimming and boating. **Tyngsborough has issued the following regulations for the Town Beach on Lake Mascuppig:**

- The Town Beach on Lake Mascuppig will be open for swimming from Memorial Day through Labor Day from 8:30 a.m. to 8:30 p.m. on both weekdays and weekends.
- **All persons swimming or bathing at the Town Beach should do so at their own risk. No lifeguards are on duty.**
- All children under the age of 17 must be supervised by an adult while on Town Beach.
- Swimming at the beach shall be confined to areas marked by roped buoys designated by the Parks and Recreation Commission.
- No boating vessels of any kind are permitted within 200 feet of the beach.
- Children must be monitored when playing on the beach's playground equipment.
- Smoking and drinking alcoholic beverages are prohibited.

**Please send info by June 10<sup>th</sup> for the July/August issue.**

Have events coming up in? Send an email to me  
**anne@NeighborToNeighborNewsletter.com** or by mail to  
**Neighbor to Neighbor**, 64 Hardy St., Dunstable, MA 01827.

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## TYNGSBOROUGH HIGH SCHOOL

is proud to announce **Jessica Gendreau, Joshua Kelly, Mitchell MacNeill & Ryan McDonough** as the **May Students of the Month**.

**Jessica, daughter of Christina and Stephen Gendreau**, is a member of both the National Honor Society and the Spanish National Honor Society. She is also a recipient of the Outstanding Achievement in English Award, Outstanding Achievement in Wellness Award, and the Principal's Award. Jessie was class secretary for the 2016-17 school year, and is a member of the Senior Sidekicks & Winter Track Club. She played varsity basketball from 2015-16, and is currently a member of both the varsity soccer (named league all-star from 2016-18) and varsity track & field teams (named MVP in 2017 and captain in 2018). Jessie volunteers her time at the Nashua Soup Kitchen, Lowell House of Hope, and Flint Pond clean-ups. She enjoys playing soccer, running, hanging with friends, going to the beach, and playing the ukulele. Her favorite classes are AP Language with Mr. Robson and anatomy. Jessica looks forward to becoming an OBGYN and working at a hospital in Boston one day. "THS has given me a strong science background which I will use in college. and also THS gave me long-lasting memories from sporting events to great teacher-student bonds."

**Josh, son of Allie and Walter Kelly**, is a recipient of the Xerox Award for Innovation and Information Technology. He is a member of the PALS program and Senior Sidekicks program, and he also does much of the video editing and design for THS events. He currently produces a series called *Crossing The Bridge* which explores various aspects of Tyngsborough's school culture, and also creates video and photography to promote groups and events such as the Katie Greer speech. Josh played baseball for THS during his freshman and sophomore years, and currently is a member of both the varsity soccer & varsity basketball teams. He is a captain for both teams and was named a Mid-Wach All-Star in both sports as well. He earned the Most Improved Player for basketball this year, as well as a spot on the 2nd team All-Conference team. Josh volunteers his time with Adopt-A-Family and as a sports camp counselor at Teamworks Acton. He enjoys video editing for NBA & NFL agents and players, playing all sports, attending professional sports games, hanging out with friends, and playing AAU basketball in regional and national competitions. Josh looks forward to working within a sports organization, blending his love for sports with his passion for video editing, social media, and digital content marketing. "I have been grateful for the difference that some teachers have made in my four years with their positivity and their excitement in backing my future goals."

**Mitchell, son of Kristine and Dave MacNeill**, is a recipient of the Honor Roll and the High Honor Roll. He has played both basketball and lacrosse for THS for four years, and is a captain for the lacrosse team. Mitch volunteers his time with Give Kids the World, with Adopt-A-Family, and by hosting his own service project to raise money for the Make-A-Wish foundation. His favorite classes are math, Service Learning, and business electives. Mitch has worked as a waiter at Rosie's Diner and as sports counselor at the Teamworks Sport Center in Acton. He looks forward to studying marketing at SNHU, getting a successful job straight out of school that he enjoys and gives him personal satisfaction. "THS has provided me with countless friends and strong relationships with people I will never forget. THS will stick with me for the rest of my life."

**Ryan, son of Maura McDonough and Christine Jablonski**, is a recipient of the Honor Roll. He is a member of the PALS program, the Senior Sidekicks program, the Student Senate, the Spanish National Honor Society, and the International Thespian Society. Ryan is a 12-season athlete, and has played soccer, football, basketball, and lacrosse for THS. He was named captain of both the basketball and lacrosse teams, and was named Mid-Wach All-Star for basketball during his senior year. Ryan volunteers his time by coaching recreational youth basketball. He enjoys participating in the theater program, and his favorite subject is history. Ryan looks forward to attending St. Anselm College in Goffstown, New Hampshire. "The thing I will remember most about THS were the numerous opportunities it has provided me. With help from both my teachers and coaches, I was able to participate in two things I love, sports and theater. Both these experiences have provided me with friendships and memories that will last a lifetime."

**Congratulations to these four students.**

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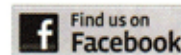
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## CAT FOOD DONATIONS NEEDED

to feed a colony of feral and homeless kitties. Please call me at **978-799-9715** for the drop-off location on the Dunstable/Tyngsboro line. Don Gaudette. **Volunteers to help with the feeding are also needed.** Associated with Kitty Angels [www.kittyangels.org](http://www.kittyangels.org)  
Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats

## LOWELL CATHOLIC

Congratulations to the following Tyngsboro residents who recently graduated from Lowell Catholic. Susritha Kopparapu, Sean McCullough and Zachary Morine.

**Lowell Catholic Class of 2018: GRADUATION** was held at the Immaculate Conception Church in Lowell at 6:30 p.m. on May 24th. Over 900 people were in attendance. Fr. Nicholas Sannella gave the Invocation. Madaline Grenier Sang the National Anthem and Mr. Leslie Murray was the Master of Ceremonies. Anthony Greico delivered the Salutatory Address and Susritha Kopparapu gave the Valedictory Address. Diplomas were awarded by Head of School Maryellen DeMarco.

**COMMUNITY SERVICE** Lowell Catholic's Class of 2018 collectively completed over 16,000 community service hours in 4 years!

**SCHOLARSHIP** They earned over 20 Million in Merit Based Scholarships.

**YEARBOOK DEDICATION** Alicia Brangan, was honored with the 2018 yearbook dedication for her friendly and welcoming disposition.

**HONORARY DIPLOMA** Joanne Yestramski, Member of Lowell Catholic's Board of Trustees was awarded the honorary diploma for the class of 2018. Her son, who was a class of 2011 LC graduate, Brandon Yestramski accepted it on her behalf.

**LEGACY** 38 Graduates were Legacy students who had a mother, father grandparent or sibling who attended one of Lowell Catholic's several Legacy Schools.

## TYNGSBORO YOUTH FOOTBALL AND CHEERLEADING

NOW WELCOMING ALL TYNGSBORO, GROTON, AND DUNSTABLE PARTICIPANTS!

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Tyngsboro Youth Football and Cheerleading is proud to launch our 14<sup>th</sup> season providing local area youth with the opportunity to learn football and cheerleading in a safe, fun environment while promoting the values and importance of academic achievement, teamwork, and sportsmanship. We are proudly affiliated with the nationally recognized American Youth Football and Cheerleading (AYF/AYC) program. We provide all of our football and cheerleading coaches with training to ensure the safest, positive, and fun experience for your child. We build

ONLINE REGISTRATION FOR OUR 2018 FALL SEASON IS NOW OPEN

**REGISTER TODAY BEFORE THE REGISTRATION FEES GO UP!**

Late fees will apply for registrations that occur in July – so be sure to register in June to take advantage of the lower rates. Visit our website and click on the "Registration Info" tab for guidance on how to register.

**GOT QUESTIONS?** Email: [TyngsboroYouthFootballCheer@gmail.com](mailto:TyngsboroYouthFootballCheer@gmail.com), Facebook: Like us and/or message us at "Tyngsboro Youth Football and Cheerleading", or visit our website and click on the "About Us" tab and select "Frequently Asked Questions".

WEBSITE: [www.TyngsboroYouthFootball.com](http://www.TyngsboroYouthFootball.com) or [www.TyngsboroYouthCheer.com](http://www.TyngsboroYouthCheer.com)

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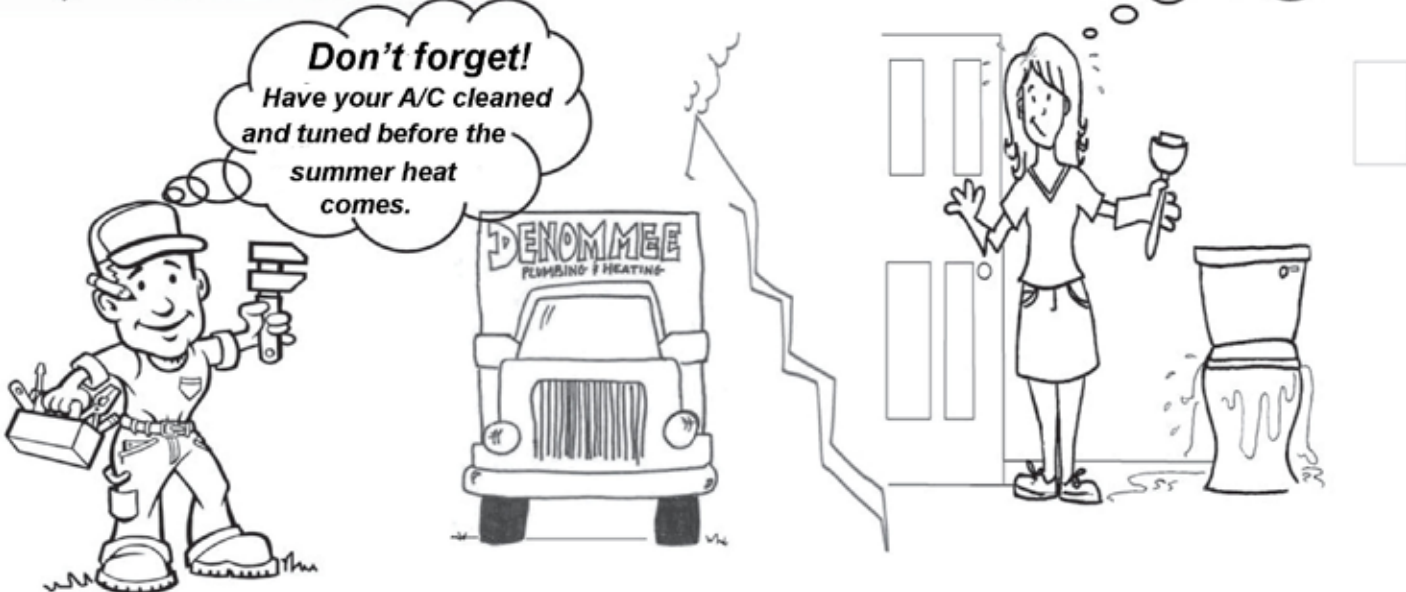
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## VOLUNTEERS NEEDED

Friends of Flint Pond is a newly forming group whose interest is in the continuing recovery of the pond, with a strong focus on keeping a healthy fishery (once one of the top bass fishing ponds in the state), and bird habitat (I've recorded over 100 species of birds from my back yard, recent visitors may have seen the amazing osprey eagle skirmishes). We will continue to concentrate on addressing invasive weeds, focusing on removal of water chestnuts (which does not have to be done at the neighborhood organized events, it can be done any time you visit the pond-there are some who are here almost every day, just bring a bag and spend a few minutes before you leave filling it, and deposit it in the designated area. It WILL make a difference), also pulling out the masses of dead pond weed that clog the pond and would otherwise decay and add to the overload of nutrients in the pond.

If we can get enough volunteers, we also hope to try some non-chemical, less expensive, methods to address some of the weeds, building and yearly maintenance and installation of benthic barriers, use of leaf tarps. The state would like us to do a full assessment of the pond, looking at areas of erosion, and identifying and finding solutions for off-site pollutants. These projects are great to have on a college resume for environmental science students.

This group will be very casual, there will be no officers, no required meetings, no dues, no official status, we will communicate by e-mail (or update by phone if you don't have e-mail access) or get together at the pond if/when we want. The Tyngsboro Conservation Commission and Flint Pond Association, who are actively involved with the pond, require town residency to join, but many users of the pond are from out of town. This group will give all users of the pond an opportunity to share their concerns/interests to help in the ongoing recovery. It will also assist a small neighborhood to do what they can't on their own.

There are also always opportunities to earn NHS hours on pond concerns, extra kayaks are available for use. A THS student, Madison Parker, set up a website as part of her Gold award project for girl scouts. We would like to see this site easier to access and increase usage of it, posting updates and planned activities.

Please contact Maura Amrich [genam1620@verizon.net](mailto:genam1620@verizon.net), 1-978-649-4785. *Thank you for your interest.*

## WEST CHELMSFORD UNITED METHODIST CHURCH

242 Main Street North Chelmsford, MA 01863

Phone : 1-978-251-4834 Website [www.wcmmc.us](http://www.wcmmc.us)

Worship: 9:30 AM Professional child care provided

Coffee Fellowship: 10:30 AM

Please make note that worship time will change on June 10<sup>th</sup>. It will be held at 9 AM. Coffee Fellowship will change to 10 AM.

We hope to welcome you soon! We are on 242 Main Street in North Chelmsford, right on the Westford/Chelmsford line. From Route 3, take the Route 40 exit to Chelmsford, take a sharp right onto Main Street Chelmsford right after the variety store and follow Main Street until you see the church on the left.

For more information about events please check out the website [www.wcmmc.us](http://www.wcmmc.us).



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Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, and observe meadow wildflowers and butterflies. It's a great place for outdoor exercise and to enjoy nature close to home. Sherburne Nature Center and Trails activities are open to all who are interested. Activities go rain or shine. In extreme weather conditions, activities are cancelled. No reservations or fees required. Children under 16 must be accompanied by an adult.

**Please note:** The tennis court behind the Sherburne Nature Center is PRIVATE property.

It is not part of the PUBLIC Nature Center property.



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**ST. MARY BUSINESS** (978) 256-2374; www.saint-mary.org

**ST. MARY CHURCH:** 25 North Rd, Chelmsford. Daily Mass Schedule: Monday – Friday 7:00 AM; Saturday 9:00 AM

Weekend Mass Schedule: Saturday 4:00PM; Sunday 7:00AM, 9:00AM, 11:00AM and 6:00PM Reconciliation: Saturdays 11:00 – 12:00 NOON, or by appointment

**ST. JOHN BUSINESS** (978) 251-8571; www.saintjohnchelmsford.org

**ST. JOHN THE EVANGELIST CHURCH:** 115 Middlesex St., North Chelmsford. Daily Mass Schedule: Monday – Saturday... 9:00 AM Weekend Mass Schedule: Saturday... 4:00 PM; Sunday... 8:30 AM, 10:30 AM (No 5 PM Mass during summer)

Reconciliation: Saturdays... 3:00 – 3:45 PM, or by appointment

**•PLEASE NOTE THAT Saturday 9 AM Mass alternates between the parishes.** Contact Parish Offices for schedule at their direct business numbers listed above.

## STRAWBERRY FESTIVAL

June 16 & 17

### ST. JOHN THE EVANGELIST CHURCH

located at 115 Middlesex Street in N. Chelmsford is hosting a Strawberry Festival on June 16 & 17 after all weekend Masses. The public is invited to come and enjoy a dish of homemade strawberry shortcake and a variety of other strawberry baked goods. Pick up some dessert for your Father's Day barbecue at our bake sale table where we will offer cakes, pies, cupcakes, fudge, breads, jelly, jams, syrups, & sauces. Also find some strawberry related gift items for people and pets, or visit our Strawberry Patch and decorate a strawberry cookie. Purchase a strawberry stenciled reusable canvas shopping bag and fill it with all your items to take home. Raffle Tickets will be available for a chance to win a gift basket with Spinners tickets and a hand painted watercolor of Fenway Park by a local artist. This fundraiser will benefit needed appliances for our church kitchen with a portion of the proceeds going to our Faith Formation Scholarship. For more information please contact the Rectory office at 978-251-8571 or Jane at 978-649-3404.

## PET HEALTH

### DUNSTABLE ANIMAL CLINIC ANOTHER REASON TO QUIT SMOKING

by Tara M. Sacramone, DVM



We all know the serious health risks related to smoking cigarettes. We are also becoming more and more aware of the risks of secondhand smoke. But did you know that your pets are also at risk from secondhand smoke?

A recent study, involving 180 cats treated at Tufts University's Foster Hospital for Small Animals between 1993 and 2000, indicated that cats that lived with a smoker had almost twice the risk of getting lymphoma as cats that lived with nonsmokers. Lymphoma is a specific form of malignant cancer involving lymphocytes, the cells that cause inflammation. The study also offered evidence that the risks increase in correlation with the number of smokers in the house. In a house of two or more smokers, the chance of getting lymphoma went up 4.1 times. Additionally, the longer the cats lived with secondhand smoke, the more likely the cats were to develop lymphoma (exposure of greater than 5 years multiplied rates by 3.2).

Indoor cats are at an additional disadvantage because their exposure to smoke is constant. Even when no one is smoking, there are traces of smoke and/or ash in the house. Cats ingest these smoke/ash particles during grooming.

Common sense tells us that secondhand smoke is not good for anyone, but this is a definitive study which links secondhand smoke to cancer in cats. The exact causes of cancer are still not known, but this study shows that environmental factors are definitely involved. So please, for your own health, and for the health of humans and animals around you, QUIT SMOKING!



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**Rotary Motto:** Service Above Self

**Theme:** Rotary Making a Difference

The Rotary Club of Tyngsboro/Dunstable has been serving the Tyngsboro and Dunstable area for 44 years.

**We meet at the Dream Diner, Tyngsboro, on the 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Thursday of the Month at 7:15am.**

### FISHING DAY

for Individuals (children and adults) with Disabilities

All ages and Family Members welcome

**Sunday, June 10<sup>th</sup> from 10am to 3pm**

Hamburgers and hot dogs

**Fishing poles and bait will be provided.**

This will be held at the

Tyngsboro Sportsmen's Club, 90 Westford Road,  
Tyngsboro, MA 01879

**Registration/Sign-up:** [www.tdrotary.org](http://www.tdrotary.org)

If you have questions contact Christopher Dias 603-505-2549

***This is held rain or shine!***

Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

**For further information** about Rotary, please email us at [tdrotary@yahoo.com](mailto:tdrotary@yahoo.com) or visit our website at: [www.tdrotary.org](http://www.tdrotary.org).

*Thank you for your continued support.*

## TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



Events listed will be held at the **Little Red Schoolhouse** which is located on Route 113, 64 Main St., Dunstable, near the Tyngsborough- Dunstable Town Line.

• **Saturday, June 23<sup>rd</sup> 10 AM to 3 PM**

### STRAWBERRY FESTIVAL

**Enjoy the best strawberry shortcake made from local strawberries, homemade biscuits, and whipped cream. Find crafts and vendors on the field.**

**For more info please call Catherine Irzyk at 978-649-7690.**

*The shortcakes are served inside the schoolhouse. Come in visit with friends and relax. Take a look at the inside of a schoolhouse that was built in 1790. In good weather this is where the*

*monthly Tyngsborough-Dunstable Historical meetings are held. Membership is \$15 for an individual and \$25 for a family.*

*For more information check out the website.*

**[www.tdhistoricalsociety.org](http://www.tdhistoricalsociety.org)**



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If you belong to an organization that has an upcoming activity or project you would like publicized, please send in your news by **June 10<sup>th</sup>**. *Articles are placed on a first come, first served basis.* News can be sent in a word file or in the body of an email.

It is best to send artwork as jpeg, or pdf files. Please email me if you have further questions about submitting news.

If you have a local business, or your organization would like to have a display ad, not just a paragraph, please email me and I will answer any questions you might have and I will forward the rate sheet to you.

**There is one more issue published for the summer months. A July/August issue will be delivered after the 4th of July. The deadline for that issue will be June 10<sup>th</sup>.**

***Total circulation at this time for Dunstable and Tyngsborough is 6,289 issues.***

***Issues are now available online at***

**[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)**

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Pastor Bobby Ross [pastorbobby@dunstablechurch.org](mailto:pastorbobby@dunstablechurch.org)

**DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."**

Join us for Sunday Worship Service at 10:00 am each Sunday. Child care is available during the service for infants through kindergarten age. Our worship services feature a wide variety of music, scripture readings, corporate prayer and spoken messages and with Communion (the Lord's Supper) served on the first Sunday of every month. Everyone is welcome to an informal time of fellowship with coffee, tea and refreshments after worship.

**CHILDREN'S SUNDAY SCHOOL** is held at 10:00 am. Children in Ages 4-12 attend the regular service with parents for the first 15 minutes of worship before leaving to attend Sunday School class for the remainder of the hour. Older children and teenagers remain with their parents for the entire worship service. **The last day of class will be June 10<sup>th</sup>.**

**DECC YOUTH** Regular meetings are held on Sundays from 4:00-6:00 PM but special events may be held at other times. Please contact Jon Hughes at 978-393-7708 if interested and to confirm location and time of meeting. Spring plans include Game night, possible Beach Party at Salisbury Beach, and a cookout.

**POPs** (Parents of Preschoolers) meets in the Fellowship Hall twice a month on Fridays, 9:00-11:00 am. Child care is available. **Last meeting before for the summer recess is June 8<sup>th</sup>.** Contact [Shellyannross@gmail.com](mailto:Shellyannross@gmail.com) with questions.

**MISSIONS BOARD** sponsors a "Missions Moment" on the second Sunday of each a month. A guest speaker presents a brief overview of the program which is supported by our Missions giving. Although donations are accepted at any time, in the month of May, envelopes were available for a weekly special offering each Sunday to support the work of Kwatekeh Africa and its new Maternal, Newborn and Child healthcare program for residents of the Suakoko Leprosy Center and surrounding area. A nurse/mid-wife has been hired to lead this initiative (who will also conduct workshops on public and personal health, nutrition, and sanitation for all residents) and it is hoped that this will be a first step towards a proposed health clinic. Your support for this initiative is greatly appreciated and will go directly to helping to get this much-needed program up and running. For more information about Kwatekeh Africa, please visit [www.kwatekehafrika.org](http://www.kwatekehafrika.org) or email Eric Hanson at [kwatekehafrika@gmail.com](mailto:kwatekehafrika@gmail.com).

In May the Sunshine Girls presented the Annual Mother's Day Tea with a wonderful presentation by Lisa Steigerwalt; the men of our community attended a Men's Weekend Retreat at Monadnock Bible Camp.

On Sunday, June 10<sup>th</sup>, we will celebrate our **Youth, Music, and Drama programs** as they end activities for the summer. We will also honor our graduates.

Watch for news of **Dance Camp** resuming in July and August.

**COME VISIT YOUR COMMUNITY'S CHURCH.** For more information about any of these events, contact the Church office 978-649-6251, email [info@dunstablechurch.org](mailto:info@dunstablechurch.org) or visit our website at [www.dunstablechurch.org](http://www.dunstablechurch.org).

## USED CLOTHING DROP-OFF SHED

To benefit: Dunstable Evangelical Congregational Church

Location: Rear Parking lot, 518 Main St., Dunstable, MA 01827

Items accepted: All clothing, shoes sneakers, belts, purses, blankets, sheets, pillowcases, drapes and stuffed toys. (Your donations will not be cut up or shredded.) (Please... No rags, fabric scraps, pillows, toys or household goods; please understand that the above unwanted items are a hardship and expense to dispose of.)

Send clothing to people who can use it all over the US and World while helping the environment. Receive a tax deduction for your donation. Receipts are on the shed. \*\*Help us keep your donation clean and dry.\*\* Please put in tied or closed bags.

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**90 Pawtucket Blvd. Tyngsborough, MA 01879**

Active duty military and veterans always welcome to join. For further information call **978-649-7540**. Remember to attend the committee meetings on the first Thursday with your input and ideas.

**The public is invited to get involved in all events of the post. The veterans monthly dinners will continue on the first Wednesday of the month.** We are always looking for help to serve the veterans. **Keno and Scratch Tickets are available at the Post.** There is an ATM in the Post for your convenience.

**OFFICERS:** Commander: Fredrick Carroll; Sr. Vice Commander John Culbert; Adjutant Donald Pierce; Judge Advocate: Roland Millard; Executive Board: Martin Bloomgren, David Coles, Robin Dion.

**Attention!!! To Members in good standing of Robert D. Pelletier American Legion Post 247 Inc.**

**There are open positions for Post Officers.** Any Members in good standing interested please email [LegionPost247@gmail.com](mailto:LegionPost247@gmail.com) or attend the General meeting that takes place the 1st, Thursday of each month in the up stairs meeting room at 7:pm.

**Visit our website, [www.LegionPost247.org](http://www.LegionPost247.org)**

This website contains a wealth of information about the Post.

**Please remember to be safe & keep our troops in your prayers.**

**LEARNING IN RETIREMENT ASSOCIATION  
UMASS LOWELL**

**2018 Summer Intersession Classes Announced**

The Learning in Retirement Association invites anyone retired or semi-retired to come to our free summer intersession classes and trips. **These classes meet on Wednesdays from 10:00 to Noon at, McGauvran Hall, Room 313, South Campus, 71 Wilder Street, Lowell.** Parking available across the street in the Wilder Lot.

This is a great way to sample the offerings of our nearly year-round learning experience. **To find out more about LIRA please see our website [www.uml.edu/Community/LIRA](http://www.uml.edu/Community/LIRA)**

**June 6** Campus Security UMass Lowell Campus Police

**June 13** U. S. Constitution Tour See Website for Details  
(Admission and Bus Fee)

**June 20** Cyber Hacking Christopher Wilkinson UMass Lowell

**June 27** Wildlife Photography Sue Jarrett Wildlife Photography,  
Beaufort, SC

**July 11** Being Transgender Kelly Jenkins Youth advocate

**July 18** Childrens' Author Nancy Cote

**July 25** Addison Gallery Museum trip to Phillips Academy,  
Andover



This year, the Altrusa Club of Merrimack Valley, a local, volunteer service organization, is offering a \$500 scholarship to a qualified student currently enrolled in the Bachelor of Arts in Education with a certification in Elementary Education and Moderate Disabilities at the University of Massachusetts at Lowell (UML).

This scholarship is offered to honor the memory of Eleanor A. Durant, a past member of Altrusa, who earned her degree from Lowell State Teachers College and taught sixth grade for many years in the Chelmsford Public School System. With the assistance of Dean Eleanor Abrams and faculty, the finalists will be reviewed and the recipient chosen in June 2018.

On June 11, 2018, the Altrusa International Association will celebrate 101 years of volunteerism around the world. **If you would like to help make a difference in the lives of others in your community, please contact us at [altrusamv@gmail.com](mailto:altrusamv@gmail.com).**

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## THE WISH PROJECT

Drop off donations: Tue/Wed/Fri and Sat 9am-2pm  
1A Foundry St., Lowell, MA 01852 Off of Plain Street in Lowell.  
No appointment needed, **but call first if** donation days fall on a holiday. **866-947-4360**

**WISH LIST:** Kitchen Tables, Full & Twin Mattress Sets, Adj Metal Bed Frames, All Box Springs, Toddler beds  
XL Adult Male Diapers, Diapers Size 6, Diaper Bags  
Safety Gates, Window Guards, Preemie Diapers  
**In need of all types of summer clothing** in all sizes. For women, men, girls and boys. Shorts, pants, short sleeve shirts, sandals  
Girls tops/bottoms Size 4T-6X, Boys tops/bottoms Size 7-14 Men's Jeans Size 28-32 waist,  
Similac Formula Blue Can, Coloring Books, Bubbles, Chalk and Crayons. Body Wash, Bookcases, Sneakers.  
Shower Curtains & Curtain Rings, Maternity Tops, Beach Balls, Rubber Ducks & Play doh. Reusable Bags, Coffee Makers, can openers, Bakeware, Cookie Sheets, Sauce Pots, Utensils,  
Toddler Beds, Bed Pillows, Curtains, Lamps and Fans  
Flip Flops, Shampoo and Conditioner, Body Lotion, Toothpaste, Women's Deodorant, white socks  
Electric wheelchair, men's bikes

• So all may keep their new apartments clean, we are in need of unopened new mops, brooms, buckets, sponges, paper products (toilet paper and paper towels), and small working vacuum cleaners. Other items needed are Pine Sol, Scrubbing Bubbles, Windex, Tilex, Lysol, bleach, laundry detergent, dish detergent, new buckets, mops, brooms, sponges, green scouring pads, wipes with cleaning chemicals, toilet paper, paper towels and Handy-wipes. *\*Please... No supplies that require expensive refills.*  
• For the children who are going to camp. New duffel bags, beach towels, sunscreen, bug spray, flip flops, new bed pillow and basic toiletries like shampoo, conditioner, deodorant, toothbrush and toothpaste.

We would like to invite you to join us at The Wish Project's 7th Annual Golf Classic. This year's event will be held at Andover Country Club on **Monday, June 11th**. We hope you will help us by supporting our golf tournament, one of our biggest fundraisers of the year. Register online at [7th Annual Golf Classic](#).

**Thrift Shop** We've extended the hours to accommodate more shoppers. Located in our warehouse our new hours are **Tuesday, Wednesday, Friday and Saturday 9-1:30pm and Thursday 4 to 7:30pm**. Stop in and pick up some bargains and help to fund our mission of helping the needy in Merrimack Valley! We welcome the public to shop and help support The Wish Project with every purchase!

**Hours to drop off donations:** Tue/Wed/Fri and Sat 9am-2pm No appointment needed but call first if it is snowing or near a holiday. Foundry Industrial Park Lowell, MA 01852 Off of Plain Street in Lowell. The Wish Project, 1 A Foundry Street, Lowell, MA 01852

• **About Us** The Mission of The Wish Project is to help families in need in Merrimack Valley. Find out more on our website [www.thewishproject.org](http://www.thewishproject.org) or call us at **866-947-4360**. All clients are referred through social service agencies, and are financially qualified. A 501C3 tax deductible charity For more information visit <http://www.irs.gov> 1 A Foundry St. 495 to Lowell Connector to Exit 4 Plain St., Lowell, MA 01852 Turn Right on Plain St., go 0.3 miles, Turn Right on Foundry. **866-947-4360** Website [www.TheWishProject.org](http://www.TheWishProject.org)

## THE LOADING DOCK GALLERY 122 Western Avenue • Lowell, MA 01851

Show: **"Unwinding"** Through July 1, 2018 Patricia Newell, Eric White, and Barbara Jean Gilbert, three distinctive artists, working in unique mediums, look at the interaction of creating exceptional art from imperfection in the upcoming Loading Dock Gallery exhibit, **"UNWINDING"**. All of the pieces created by the artists utilize materials that are complex, idiosyncratic, and influenced by forces beyond the artists' control. The results are stunning—a must-see. **The Loading Dock Gallery**, a part of Loading Dock Arts, Inc., a 501c3, is open Wednesday - Saturday from Noon to 5:30 PM, and Sunday from Noon to 4 PM. It is located at the entrance of Western Avenue Studios, 122 Western Avenue, in Lowell, MA. For more information, call 978-656-1687 or visit [www.theloadingdockgallery.com](http://www.theloadingdockgallery.com).



## Connecting me to

*a pain-free run on the beach.*

The Orthopedic Center at Lowell General Hospital has leading orthopedic specialists and surgeons specializing in a full array of minimally invasive procedures for bone, muscle and total joint replacement surgery.

The Joint Replacement Program offers a complete spectrum of joint care from diagnosis and treatment to education, surgery and recovery for total hip and total knee replacement patients. Some of the area's most experienced surgeons and clinicians in the treatment of joint pain have dedicated their expertise to create this patient-focused program designed to improve the quality of life for people with severe or debilitating joint disease.

Our program focuses on you, the patient, beginning at the surgeon's office and continuing through your recovery. Our goal is to relieve pain, restore function and get you back to your routine. With group exercise classes, personalized goals, daily newsletters, and involvement of family and support persons — our staff works together to ensure your success!

### Quality You Can Trust

Lowell General Hospital has earned designation as a Blue Distinction® Center+ for both Knee and Hip Replacement and for Spine Surgery by Blue Cross Blue Shield of Massachusetts and has been designated as an Aetna Institute of Quality® for our Total Joint Replacement and Spine Surgery Programs. This ensures patients receive the highest quality care with exceptional outcomes so they can get back to the activities they love.

**For advanced orthopedic care close to home, visit [www.lowellgeneral.org/orthopedics](http://www.lowellgeneral.org/orthopedics)**



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877.LGH.WELL TTY:978.937.6889 [lowellgeneral.org](http://lowellgeneral.org)

## RISE REELECTS OFFICERS AWARDS SCHOLARSHIPS IN APRIL MEETING

The Rivier Institute for Senior Education (RISE) held its annual meeting on April 24, 2018 during which officers were reelected for 2018-2019. The reelected officers are: Cheryl Cummings, President; Cynthia Geiger, Vice-President; Marty Guild, Secretary and Jan Adams, Treasurer.

A RISE Memorial Scholarship was awarded to Kellieann Connolly, graduate student in Education Studies and Emily Overby, an undergraduate student in Biology. The annual scholarships are given, based on financial need, to any full or part-time Rivier student. Preference is given to a student who has earned more than 30 credits at Rivier and is currently enrolled in at least two courses per semester.

A Dr. Rose Arthur Scholarship was awarded to Joy Travis, a Professional Studies student in Special Education. The scholarship was established in honor of the founder of RISE. Dr. Arthur also served as Dean of the Undergraduate Evening School. The fund supports evening students who have demonstrated a commitment to the greater Nashua community through volunteer work or public service.

The RISE program, tailored for "learning in retirement," is in its 21<sup>st</sup> year. Fall course brochures will be mailed to RISE members in late July. Individuals over age 55 are welcome to learn more about our program by contacting RISE at [rise@rivier.edu](mailto:rise@rivier.edu) or calling 603-897-8623. You can also visit the RISE website at [www.rivier.edu/departments/rise](http://www.rivier.edu/departments/rise) and/or [www.facebook.com/rise1997](http://www.facebook.com/rise1997).

## Evangelical Congregational Church of Tyngsboro Est. 1868

Route 113, 23 Kendall Rd. Tyngsboro, MA 01879



For questions or more information,  
please call our office 978-649-2262  
Pastor Denis Frediani 1-603-579-0904  
[www.tyngsborocongregational.org](http://www.tyngsborocongregational.org)  
E-mail [ecctsect@yahoo.com](mailto:ecctsect@yahoo.com)

### JOIN US FOR SUNDAY MORNING WORSHIP

**OUR MISSION:** Glorify God by encouraging all people to know Jesus together in Faith, Love and Service. Worship Service at 10:00 a.m. Nursery available. Followed by Fellowship and Refreshments. Children attend Worship service with parents and are dismissed at 10:15 a.m. for Sunday school. **Sunday School ends on June 3rd for the summer.** Cancellation information will be listed on our website: [www.tyngsborocongregational.org](http://www.tyngsborocongregational.org)

• **THE THRIFT SHOP:** Located next to the church is open to the public on **Thursdays and Saturdays from 10:00 a.m. - 3:00 p.m.** We offer an assortment of clothing, shoes, handbags, baby items, books, small appliances, dishes, glassware, jewelry, etc. **Please do not drop off** large furniture items such as TV's, computers or printers we do not have the means to store or dispose of these.

• **YOUTH MINISTRY** - Many upcoming and exciting activities are planned for our youth in the months ahead. If you would like to be a part of this active and fun ministry, we encourage your families to come and enjoy our Sunday services at 10:00 a.m. We welcome with open arms anyone looking to follow our Lord and glorify Him through worship and actions.

• **June 3-Our Annual Church Picnic** follows our regular Sunday service. Bring a dish to share and head over to the Sportsmen's Club on Westford Road from 12:00 to 4:00 p.m. for a fun afternoon of activities, good food and lots of singing! Event is held rain or shine! Hamburgers, hotdogs and drinks provided. This church service also rounds out our normal school year calendar as we celebrate with our Children's Program and honors local high school graduates who have qualified for our Scholarships. Casual wear permitted for this church service! Normal church meetings & activities will resume with the beginning of the new school year in September.

• **October 7, 2018 - Special Sunday Service** and Luncheon at Church. Afternoon - The Needham's (a well known Gospel Group) in Concert at Old Town Hall (more specifics will be notated in future Neighbor to Neighbor Issues). **If anyone has photos or information of the church through the years please notify Joy at 978-649-6142 or Jill at 978- 649-3301.**

• **SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: 1. Log onto the church website <http://www.tyngsborocongregational.org> 2. On home page you will see a photo of the church. Hover the cursor over the word "SERVING" 3. Click once on the word "SERMONS" 4. Scroll down to see "Listen to our sermons for free on SoundCloud.com" 5. Click once on the link/word "SoundCloud.com" 6. Below the Church logo sermons listed by date, passage, sermon title 7. Click orange circle to listen to the sermon you desire.


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## AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

**Meetings are held the first Thursday of each month at 7pm.**

**Auxiliary Unit Officers for 2018-2019** Unit President: Bernadette Harper; Sr. Vice: Josephine Beauregard; Secretary: Patricia Modrich; Treasurer: Diane Dileo; Chaplain: Rebecca Modrich. Executive Committee: Mary Dupras, Kathy Oljey and Annette Coles.

All Elected Officers, received the oath of office by the American Legion Auxiliary District Five Director.

The full Installation of officers will take place on Thursday evening June 7<sup>th</sup>, 2018, at Princeton Station Restaurant in N. Chelmsford, MA. This will be a dinner meeting & Installation.

**For information on the Auxiliary Unit meetings**, or functions contact Unit President Diane Dileo at 978-204-9329

**We also would Welcome New Auxiliary Members** 18 and older. Contact Unit President or Treasurer.

... **The Unit Jr. Auxiliary is accepting new Jr. members.**  
Contact 978-649-7540 if interested in joining.

## DUNSTABLE TYNGSBOUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to helping the community through donations raised by volunteers.

### **Officers for the 2017-2018 Lions Year**

President: Mark Alexander, Secretary/Treasurer: Bob Reich, Membership Chairman: Ed Majewski, 1<sup>st</sup> Vice President: Mike Roth, Tail Twister/Lion Tamer: J.J Ward

### **Events**

The Club hosted a **Seniors' Breakfast on May 17<sup>th</sup>** at the Tyngsboro Senior Center. The seniors were served pancakes, sausages, beans, fruit, pastries and more!

**Anyone who would like to join the Lions** is asked to call Bob Reich at 978-649-5874 or Mark Alexander at 978-649-9124. Our Regular Meetings are held on the first Tuesday of the month starting at 6:30 pm. Call one of the members at the telephone numbers given above to find the location.

### **YOU CAN HELP BY DONATING THE FOLLOWING:**

**Used eyeglasses** are collected for refurbishment and distribution to less advantaged people around the world.

**CAN TABS (in sealed bags)** are also collected for kidney dialysis time through the Shriners Hospital.

**Lion's collection boxes for eyeglasses and tabs** (in sealed bags) are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Tyngsborough Council on Aging Senior Center, 169 Westford Rd., Tyngsborough and Dunstable Town Hall, Post Office and Library.

## AMVETS POST #247 ROBERT D. PELLETIER

90 Pawtucket Blvd. Tyngsborough, MA

We hold our meetings on the **1<sup>st</sup> Tuesday** of the month at **7 p.m.** all veterans are welcome with 180 days or more of active duty. Come down and join us for a meeting.  
*God Bless America.*

**OFFICERS:** Commander: William A. Beaton; 1<sup>st</sup> Vice: John McDermott; Adjutant: John Cogan; Finance: David Coles; Judge Advocate: Roland Milliard; Provos Marshal: Roland Russell; Chaplain: Rod Woods. E-Board: Steven Harris, John Dombrowski, Ron Russell.

**"ALWAYS READY TO SERVE OUR VETERANS"**

AMVETS National Website: <http://www.amvets.org/>



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TYNGSBOROUGH & DUNSTABLE  
HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY

**Saturday, June 23<sup>rd</sup>, 2018**

**9:00 AM – 1:00 PM**

**Tyngsborough Highway Department, 87 Kendall Road (Rte. 113)**

Board of Health 978-649-2300 Ext. 118 or [health@tyngsboroughma.gov](mailto:health@tyngsboroughma.gov)

<http://www.tyngsboroughma.gov/recycling/hazardous-waste>

Proof of Tyngsborough or Dunstable residency is required: Driver's license or current utility bill

**WHAT TO BRING:**

**From the Workbench**

Oil Based Paints  
Stains & Varnishes  
Wood Preservatives  
Paint Strippers/Thinners  
Solvent Adhesives  
Lighter Fluid

**From the Yard**

Weed Killers  
Chemical Fertilizers  
Flea Control Products  
Poisons, Insecticides  
Fungicides  
Moth Balls

**From the Garage**

Fuels/Gasoline/Kerosene  
Engine Degreaser  
Brake Fluid/Carburetor Cleaner  
Transmission Fluid  
Car Wax, Polishes  
Driveway Sealer  
Antifreeze  
Roofing Tar  
Swimming Pool Chemicals  
Motor Oil  
Car Batteries  
Fluorescent Lights/Tubes  
\*Propane Tanks (shut off valve)  
\*Tires

**From the House**

Rubber Cement  
Airplane Glue  
Fiberglass Resins  
Aerosol Cans  
Photo Chemicals  
Furniture Polish  
Oven Cleaner  
Toilet Cleaner  
Spot Remover  
Rug & Upholstery Cleaner  
Hobby & Art Supplies  
Floor & Metal Polish  
Rechargeable and Button  
Batteries

**CHARGED ITEMS (CASH ONLY)**

Tires – \$2.00 per tire (no oversize tires)

Propane Tanks – no charge for 20 lbs, \$1.00 for 1, 5, 10, 15 lbs, \$2.00 for 30, 40, 60 lbs

**WHAT NOT TO BRING:**

Electronics	Metal items and Appliances	Latex Paint*
Ammunition	Fireworks	Alkaline Batteries*
Asbestos material	Empty Containers/Trash	Commercial or Industrial Waste
Radioactive Waste	Smoke Detectors	Infectious & Biological Waste
Syringes	Prescription Medicines	Explosives

**HOW CAN I SAFELY TRANSPORT HAZARDOUS WASTE**

**Leave materials in original containers**

Tighten caps and lids

Sort and pack separately: oil paint, pesticides and household cleaners

Pack containers in sturdy upright boxes and pad with newspapers

**NEVER MIX CHEMICALS**

**NEVER SMOKE while handling hazardous material**

\*non-hazardous – can be discarded in trash (latex paint needs to be dried out before discarding)