



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

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(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com

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Celebrating 34 Years of Service

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POSTAL PATRON
TYNGSBOROUGH, MA 01879

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TYNGSBOROUGH TOWN CLERK

2018 DOG LICENSES are available at the Town Clerk's office or by mail. Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. If renewing by mail, please enclose a stamped envelope for the license.

Please contact the office at 978-649-2300 extension 129 or email to jshifres@tyngsboroughma.gov with any questions.

VETERANS DAY 2017

The Town of Tyngsborough with the American Legion, Amvets Post 247 and Sons of the American Legion, will hold a Veterans Day ceremony at the Tyngsborough American Legion Post #247, 90 Pawtucket Blvd., **Saturday, November 11, 2017, 11:00 AM.** At the close of the dedication, there will be a flag retirement ceremony to properly dispose of worn & tattered flags, followed by refreshments. You can drop off your flag at the American Legion/Amvets Post #247 or at the Veterans' office in Town Hall.

Pat Wojtas, Tyngsborough Veteran's Agent

TYNGSBOROUGH BOARD OF HEALTH

YARDWASTE PICK UP

If you missed the Friday, November 3rd pick up, you still have time to get things ready for Friday, November 17th.

Place all yard waste in barrels or yardwaste bags. Twigs and sticks (less than 4 inches in diameter) may be tied and bundled.

YARDWASTE IN PLASTIC BAGS WILL NOT BE COLLECTED

THANK YOU to everyone who came out to support the **Health and Safety Fair** that was held on September 30th at the Tyngsborough Elementary School.

Thanks to Tyngsboro Sports Center, Parlee Farms, The Powell Family, DCU, Skate 3, Republic Services, Duff's Garage, Enterprise Bank, Dana Wallboard and Costco for making generous donations to help with the fair. Thank you also to the Tyngsborough Fire Department and the Police Department for providing the ever popular K9 Demonstrations. Thanks to all the health vendors who provided educational displays, free health screenings, interactive safety displays and children's activities. This year we had a great turnout for the Red Cross Blood drive. Over 30 participants donated a pint of blood for people in need. Hope to see you all next year!

FALL BACK DAYLIGHT SAVINGS TIME ENDS NOV. 5TH

Turn your clocks back 1 hour at bedtime Saturday night, Nov. 4th. Also a good time to change your batteries in your smoke detectors!

IN MEMORY OF

A. Shirley Clement
Sharon Coles Lavigne
Mary Jane Downing Dunn
Claire M. Rivard Lorman
Richard E. McClure
Catherine S. Ganley
Kevin W. McCaughey

ADOPT-A-FAMILY PROGRAM

It is that time of year again, and the Tyngsborough Schools' sponsored *Adopt-A-Family program* is beginning its annual efforts as we approach the 2017 holiday season.

The Adopt-A-Family program has been in existence for forty years and provides assistance to needy families within our community during the holidays. The continued goal of the program is to assist those in need within our community by providing a meal, as well as gifts for children and teens who might otherwise go without. Last year this Adopt-A-Family program was able to assist, over 100 needy families and elderly, with help from students in our schools, private citizens and a few community businesses. This year, times continue to be difficult for a growing number of families. In order to continue to provide assistance, we are reaching out to community members and businesses in the greater community for support. **At this time the program is in need of the following:**

- **Family and Children** sponsors please email our Family Liaison Melissa Mallous at Melissa.Mallous@tyngsboroughps.org
- **Gift Cards** to local businesses (Movie Passes, Walmart, Target, Market Basket, Old Navy, etc.)
- **AAF Gift Basket Raffle**-Purchase raffle tickets-Available in the main office of TES, TMS and THS beginning November 6, 2017. The raffle will end on December 7, 2017 and the winners will be announced on December 8, 2017.
- **Monetary Donations** (checks made out to Tyngsborough High School, memo: Adopt A Family Program) can be sent to Tyngsborough Public Schools, 50 Norris Road, Tyngsborough, MA 01879, ATTN: Sharon Fairbanks

If you are interested and able to make a donation, sponsoring a child/family yourself, or as a group, or offering support in another way, please contact one of the Adopt-A-Family committee members. We look forward to establishing new partnerships within our community. Your contribution, along with the combined efforts and generosity of many, will ensure another successful season of giving for our neighbors in need.

Warm regards,

Sarah Lewenczuk 978-649-8914, *Adopt-A-Family Secretary & Treasurer* sarah.lewenczuk@tyngsboroughps.org
Sharon Fairbanks 978-649-7488 *Adopt-A-Family Community Liaison* sharon.fairbanks@tyngsboroughps.org
Melissa Mallous 978-649-3115 *Adopt-A-Family, Family Liaison* melissa.mallous@tyngsboroughps.org

Happy Thanksgiving!





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Library Hours: Monday & Wednesday, 10:30 a.m. – 8 p.m.
Tuesday & Thursday, 9 a.m. – 5 p.m.

Saturdays 9 a.m.-2 p.m.

November 11, Sat, Veteran's Day, CLOSED
November 22, Wed, Day before Thanksgiving, Early closing - 4 p.m.
November 23, Thurs, Thanksgiving Day, CLOSED
December 25, Mon, Christmas Day Observed, CLOSED
The Staff, Trustees and Friends of the Library
wish all our patrons a very happy Thanksgiving!

- **New for You! Children's Room Celebration, Saturday, November 18, 10 a.m.- 2:00 p.m.** CELEBRATE the Children's Room new look and all the creative and fun things to check out or use while visiting, plus a new Tween area. Also **face painting and balloons from 10 a.m.- 1:00 p.m.** Refreshments served. Drop in!
- **Makerspace: Virtual Reality, Robotics and more! Saturday, November 18, 10 a.m.- 2:00 p.m.** Funded by a grant from the Tyngsborough Cultural Council. Registration required for both sessions: **Session One:** 10 a.m. – 12:00 p.m. – **Ages 7-12 with an adult** **Session Two:** 12 – 2:00 p.m. – **Adults and teens ages 13+**
- **College Financial Planning, Wed, Nov. 15, 7-8 pm** Free college planning and financial aid seminar, How to Pay for College without Bankrupting Yourself and Your Children. Teens welcome to attend with a parent. Registration preferred, but not required.
- **Ukulele Workshop with Julie Stepanek, Wed, Nov. 8, 6:30-8:00 pm. For teens & adults.** Learn to play a ukulele in 90 minutes. Julie will teach the fundamentals of ukulele playing and have you playing a song by the end of the evening! Ukuleles provided (or bring your own). Registration required.
- **Plan ahead for December Santa Visits! Saturday, December 2, 10-11:30 a.m.** Bring your kids and your camera! **Holiday Dance Performance, Sat, Dec. 9, 11-11:30 a.m.** Enjoy a festive holiday dance performance by Centerstage Dance Academy in Tyngsborough. • **Holiday Open House, Mon, Dec. 4, 4:30-7:30pm** Celebrate the season with the Staff, Trustees and Friends of the Library. Stop by to enjoy seasonal refreshments and spirited conversation. Pianist Ralph Funaro will perform classical, pop and holiday songs from 5-7 p.m. • **Holiday Boxwood Tree Class, Thurs, Dec. 7, 10 a.m.-12 p.m.** Maureen Gearin will demonstrate how to create a simple holiday boxwood tree using fresh greens. Materials will be provided, including ribbon, pine cones and balls in traditional colors. Bring your own decorations for a more elaborate or personalized look. \$10 materials fee. **Registration required by November 28.**
- **Adult Coloring Club, 1st Wed. each month, 6:30-8 p.m.** Coloring sheets & pencils are provided. • **Tech/Library Catalog Advice by Appointment** Individual lessons on the new catalog, PCs, android tablets & phones, Excel, MS Word, downloadable e-books & audiobooks and more. **Tues, 11:30-1:30, Wed, 7-8 p.m.** Registration required. • **Pokemon Club, Wed, Nov. 15, 4-5:00 p.m. Ages 8-13.** Bring your own cards or handheld device. Enter a raffle to win a pack of cards. Drop in. • **Lego Club: Sat, Nov. 25, 10 a.m.-12:00 p.m. Grades K-6.** Drop in. • **Sound Play Family Music Program: Sat, Nov. 4, 1-1:40 pm. Infants to age 5.** Music and movement in a fun, playful program. Singing, dancing, playing instruments & more. Drop in. • **Books and Babies, Thurs., Nov. 2, 10-11am. Infants to three year olds.** Drop in. • **Tiny Tots Storytime: Wed, Nov. 1 and 15, 11-11:30am. Infants to three years.** Drop in. • **Dads & Donuts Playgroup: Sat, Nov. 25, 10-11am. Infants & toddlers.** Drop in. • **Storytimes for 3-5 year olds. Thurs at 1:00 p.m.** Pick up a Storytime Passport and earn a stamp each week. Maybe you'll earn a prize! Drop in. • **Writer's Group, Mon at 6:30 p.m.** Feedback and publishing tips; all genres. Contact Karen Johnson at 978-649-7132 or kjohnson39@comcast.net. • **Board of Library Trustees - 3rd Thursday of each month at 6:45** in the Library. Check the Library's website for schedule changes. No Meeting in August. • **Rep. Colleen Garry** (or a representative) **Office Hour – September-May, third Saturday** of each month from 9-10 a.m. **Artists & collectors, contact the Library to discuss scheduling an exhibit in the gallery or display case.** • **Register for TPL programs by calling the Library or using the contact form on the website.**

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Neighbor to Neighbor

Published by Anne Paquin Since 1983

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WINTER 2017-18

TYNGSBORO HIGH SCHOOL &

MIDDLE SCHOOL SPORTS INFORMATION

FALL SPORTS AWARD NIGHT for all athletes who play a high school sport only, will take place on: **Monday, December 4th at 7:00pm in the Ciampa Performing Arts Center-HS Auditorium**
PARENT INFORMATION NIGHT Meeting will take place in the High School Gymnasium on **Wednesday, November 8th at 7:00pm in the High School Gymnasium**

FIRST DAY OF PRACTICE FOR ALL HS & MS ATHLETES

Monday – November 27th SIGN-UPS took place the week of: **Monday, October 30th to Friday, November 3rd at the High School and Middle School cafeterias during lunch periods.**

REQUIREMENTS 1. No student/athlete is eligible to participate unless they have an **updated physical**. MIAA rules state you must have a current physical (dated within 13 months) on file at the school in order to participate in interscholastic sports. Students are not allowed to try-out, practice, or play a sport without an updated physical on file. 2. No student/athlete is eligible to participate unless they have an **online registration form** completed through the Parent Portal. **Step 1:** Log into the Parent Portal <https://powerschool.tyngsboroughps.org/guardian/home.html> **Step 2:** Enter your login password. *If you need any assistance you can call the Athletic Office at 978-649-4210 and speak with Sherry Corcoran.*

PLEASE FAX ALL PHYSICALS: High School Nurse: Debbie Donohoe Fax: 978-649-1877 email: Debbie.Donohoe@tyngsboroughps.org Middle School Nurse: Michelle Riley Fax: 978-649-8673 Michelle.Riley@tyngsboroughps.org

Winter SPORTS SCHEDULES Schedules on www.mwlma.org Learn how to sign-up for text alerts. Find information on our web page <http://www.tyngsboroughps.org/pages/Tyngsborough/Departments/Athletics>

Sports Offered for Middle & High School

HIGH School*Girls Basketball, Boys Basketball, *Wrestling, Swimming & Diving-Coop w/Groton/Dunstable, Ice Hockey-Coop w/Dracut High School, Gymnastics-Coop w/Chelmsford High School, Alpine Downhill Skiing,* Includes 8th grade athletes

Middle School Girls Basketball 6th & 7th Boys Basketball 6th, 7th & 8th Grade Wrestling 8th

THE BIG RED WRESTLING Tournament In honor of Detective/Sergeant Gregory Kasabian will take place on: **Saturday, December 16th** starting at 9:00am in the High School (Kelleher) Gymnasium **Cost: \$5.00 for Adults \$3.00 for Students/Sr.**

Citizens. Children 10 years and under are free w/adult

Winter Sports Award Night for all athletes who play a High School sport only will take place on: **Tuesday, March 13th at 7:00pm in the Ciampa Performing Arts Center-HS Auditorium**

FRIENDS OF THE TYNGSBORO COUNCIL ON AGING

FRIENDS of the TCOA contribute to fun filled and successful activities at the senior center. All our activities and fundraisers take time and talent. Consider donating some of your time to make the TCOA the best it can be.

Our Board of Directors include: President: Joe Jacoppi, Treasurer: Joanne Jean, Clerk: Frank McCarthy, and Jean Kareores, Elaine Rivard, Leon Poirier, Elaine Franks, and Trudi Woods.

The Friends is a 501(c)3 non profit charity and all donations are fully Tax Deductible. ALL GIFTS AND DONATIONS CAN BE SENT TO: The Friends of the Tyngsborough Council on Aging, PO Box 415 Tyngsborough, MA 01879. **Visit our web site:**

<http://www.friendsofthetyngsborocouncilonaging.com>.

Visit us on Facebook:

<https://www.facebook.com/FriendsofTyngsboroCOA/>

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You can find Tyngsborough Public school news at
www.tyngsboroughps.org

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Middle School, 50 Norris Rd.	(978) 649-3115
High School, 36 Norris Rd.	(978) 649-7571
Elementary School, 205 Westford Rd.	(978) 649-1990

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EDUCATION FOUNDATION TYNGSBOROUGH WWW.EFTyng.org



This year, our annual Helicopter Football Drop will be held during the **Thanksgiving** football game halftime! If you will be out of town on Thanksgiving, find a THS senior to purchase your ball and chance to win the \$100, \$200, or \$500 prize. If you are coming to the game, you can purchase your ball until half-time.

Save the date! EFT, FOTT, and the high school theater group are preparing our next dinner theater show. This year's show will be **She Loves Me**, a musical comedy about two shop employees who, despite being consistently at odds with each other at work, are unaware that each is the other's secret pen pal met through lonely-hearts ads. It will run at the Old Town Hall for three shows, January 26th – 28th. Tickets will go on sale just after Thanksgiving. See our website eftyng.org for details.

Have you started your holiday shopping? If you shop on-line you can support EFT by starting your Amazon shopping at smile.amazon.com and designating the Education Foundation for Tyngsborough as your cause. Please bookmark smile.amazon.com and use it every time you shop on Amazon. It may only be pennies each time you shop, but these pennies could add up to an entire education grant if hundreds of us take this simple step every time.

EFT needs more members! We are especially looking for parents of elementary and middle school students. What a great way to get involved in your town and support public education. You can start small or go all in with us. There are little jobs and big jobs that need to be done. Or come attend one of our meetings to see if EFT is the right group for you to join. Please contact our President, Theresa Manning, at contact@gmail.com. *Together we are bridging the gap.* Like us on **Facebook!**

FRIENDS OF TYNGSBOROUGH THEATER (FOTT)

Tyngsboro Middle School News: Skylar Grossman, theater director at TMS, has chosen **URINETOWN** as this year's TMS production and will be conducting auditions 11/13-15. **Show Dates:** 2/2 at 7pm, 2/3 at 2pm & 7pm and 2/4 at 2pm.

Tyngsboro High School News: Ms. Martin has chosen **She Loves Me** as this year's THS Dinner Theater production. Auditions already took place and rehearsals are underway. Show dates at Tyngsboro Old Town Hall are set for 1/26, 1/27 & 1/28/18. About 45 students are going on a field trip to Stoneham on 12/13 to see **She Loves Me**.

At the Massachusetts Educational Theater Guild festival, THS will be putting up **The Diviners**. The festival takes place in March 2018 plans are already underway.

This year's mainstage show will be announced soon but the dates are scheduled for the weekend of 6/7-6/9/2018. More details to come in future editions of Neighbor to Neighbor.

GENERAL FOTT NEWS & EVENTS:

The annual **Jingle Jackpot fundraiser** is scheduled for 12/6/17 at **Barnes & Noble in Nashua, NH**. TMS and THS students will be singing Christmas Carols during the evening and all members of the community are encouraged to make purchases that night for the upcoming holiday season and a portion of the sales will go to FOTT. **Prior to that night, the students will be selling raffle tickets for \$10 each with lucky winners receiving cash and other prizes. The lucky winners will be chosen on the night of 12/6 at Barnes and Noble.**

The FOTT Executive Board includes: Tanya Perrin – President, Maura McDonough – Treasurer, Jayne Kruszkowski as Vice President and Michelle Jennings – Secretary. Please visit the website: Fotttheater.org for more information and please like our Facebook page!

DEAR TYNGSBORO SELECTMAN

As you may remember we had a catastrophic house fire at 57 Mascuppic Trail back in April 2016. We were in process of rebuilding when a contractor quit on us. Mr Paul Welcome, your building inspector recognized our situation, he stepped up to the plate to helped us big time. He & His Staff Donna McPartlan, Joseph Smith & Ken Kleynan opened their doors and their hearts and supported us through the remaining construction process so we could come home. They indeed represent excellence in customer service and compassion. We also would like to thank Paul Provencher Sewer Commissioner, Danielle Muccarone Director & Pam Berman clerk Conservation commissioner & Commissioners staff, also Tyngsboro Fire department, Chief Wes Russell for coming to our assistance.

All the folks at Tyngsboro town hall were fabulous! We are very grateful for their help. Ben Adams, Guy Denommee, Ed Smith & staff at Denommee plumbing & heating, Al Leblanc Excavation, Festus McDonough & staff at CanDo Handyman Service were also great, they knew what had to be done and did an excellent job.

Your Friends, Jim, Tutu & Justin Melanson
We are very grateful to be home!

TYNGSBOROUGH SPECIAL EDUCATION PARENT ADVISORY COUNCIL (SEPAC)

Location: Tyngsborough High School Library
Amy Jane Maciel, Tyngsborough SEPAC Chair

November 8, 2017 How to Make and Keep Friends: Understanding the Social Lives of Teens 7:00pm-9:00pm

Speaker: Nadine Briggs, Managing Partner of How to Make and Keep Friends, LLC; Best Selling Author; Accomplished Social Educator and Director of Simply Social Kids; www.simplysocialkids.com www.howtomakeandkeepfriends.com This seminar will explain why teen and parent relationships can become strained and even volatile. Teen social relationships are complex and this workshop explores those complexities, so that parents are better equipped to help their teen through these challenging years. Parents will receive tips on how to remain connected to their teen and how to frame up the social difficulties that their teens will likely encounter. This seminar is based on the book, *How to Make and Keep Friends: Tips for Teens* co-authored by Nadine Briggs and Donna Shea, Director of The Peter Pan Center. This book is currently available for purchase on Amazon and will be on sale the night of this workshop.

December 13, 2017 7pm-8pm General PAC Meeting Basic Rights in Special Education January 11, 2018 7pm-9pm **Speaker:** Carol Silva, Federation of Children with Special Needs (FSCN); www.fscn.org This informative workshop will provide an overview of rights and responsibilities of Parents/Guardians in the Special Education process. It is designed to help parents learn how to be effective partners with the school; to decide his/her child's eligibility criteria for special education; to plan; make decisions and to monitor the education progress of his/her child. Parents/Guardians are strongly encouraged to attend this workshop at least once if he/she has a child with special needs.

***ALL workshops are open to the public and BOTH parents and professionals are always welcome.**

SEPAC Contact Information: Amy Jane Maciel, Tyngsborough SEPAC Chair: ajmaciel@comcast.net
SEPAC Webpage: <http://sepac.tyngsboroughps.org>
SEPAC Facebook page: <https://www.facebook.com/groups/465834040182584/>
SEPAC Twitter Account: @TyngsSEPAC
SEPAC YAHOO! Group: <http://groups.yahoo.com/group/TyngsboroughSpEdPAC>



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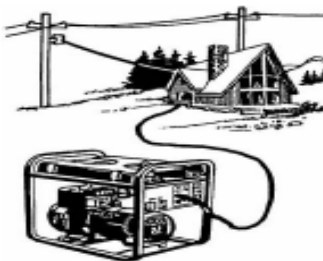
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TYNGSBOROUGH COUNCIL ON AGING



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councilonaging@tyngsboroughma.gov

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Harding, RN, from the **Circle Home, Inc.** **1st Tues each month.**

•WELLNESS CLINIC at ELDERLY HOUSING Nancy Harding, RN,
from the **Circle Home, Inc.** **Red Pines Elderly Housing**, the third
Tuesday of each month from **8:30 - 9:30. Brinley Terrace Elderly**
Housing, the fourth Tuesday of each month **8:30-10:00.**

VETERANS' DAY CELEBRATION Wed November 8th, 12:00 Join
us at our celebration honoring all our brave veterans. Besides
acknowledging each one, there will be patriotic music and dessert.
VETERANS' COFFEE HOUR! Thursday, November 9th, 9:30AM
- 10:30AM (run by Pat Wojtas - Town Veteran's Agent) This is an
informal group that meets on the second Thursday of the month to
reminisce about time served and discuss benefits that are available
to veterans.

THANKSGIVING DAY at the HUDSON FISH & GAME Thursday,
November 23RD, 12:00 Eating alone on Thanksgiving? No one eats
alone! Hudson Fish and Game invites all seniors who are eating
alone for a free Thanksgiving Dinner at the Hudson Fish & Game
in Hudson N.H. If interested call the Tyngsborough COA to make
reservations. Call 978-649-9211.

TURKEY DINNER, Wednesday, November 15th 11:30a.m. to
1:30p.m., The Tyngsborough Council on Aging Tickets \$7.00 pp
Come and gather with your friends to enjoy a scrumptious Turkey
dinner with gravy and stuffing, cranberry sauce, potatoes, butternut
squash and dinner rolls. Absolutely delicious! Dessert: seasonal pie
with coffee. "Seats cannot be reserved over the phone"

SHINE Wednesday, November 15th, 8:30-12:00 Serving Health
Insurance Needs of Everyone. Our Counselor Lillian Colby will
be holding office hours at the Center every other Thursday. Call
978-649-9211 to schedule an appointment. Please bring insurance
cards and a list of prescriptions you take with you.**Mark your
calendar for Medicare Open Enrollment: October 15th - December
7th use this opportunity to review your Medicare plans for 2018. Tell
your friends and family!**

PRODUCTS NEEDED: Christmas Bags Medium, **Holiday Pies for**
December 18th Coffee, Cups and Napkins, Holiday Paper Plates,
Thanksgiving, and Christmas. Christmas Cards, Yarn Holiday
Colors Red, and Green, Clear 3' Cellophane Wrap

COMPUTER HELP FOR SENIORS Thursday, November 16th,
10:00 once a month, the third Thursday of the month. Bring your
device and anything else that you might need to make the most of
your time. Instructor Joe Delgado. If you have signed up and can't
make it, please give us a courtesy call.

STITCHERS Every Monday 1:00PM-2:30PM Learn to knit and
crochet as you socialize with others at the TCOA. We have many
causes we knit for. With the cold weather coming we could use help
knitting blankets, mittens, hats, scarves and slippers to distribute for
the winter holidays season. We have plenty of supplies available
to choose from. P.S... We have a short supply of holiday red and
green yarn, so if you would like to donate some yarn in these colors
it would be appreciated. So come in and join us, we would be glad
to have your company.

CHRISTMAS PARTY Friday, Dec. 15th, 11:00 "Senior Center
Christmas Party". Join us for good food and holiday fun. **Tickets**
\$5.00pp. and go on sale Thursday Nov. 16th. Seating limited.
Last sign up day Dec. 8th. Food Sponsored thru the Friends COA

PROPERTY TAX RELIEF Seniors should be aware that tax relief is
available to those in need. Exemptions available, contact the Board
of Assessors at 978-649-2300 ext. 121 for more information.

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TYNGSBOROUGH RECREATION

Call 978-649-2300 Ext. 150

The Recreation Committee meets at the Recreation Center 120 Westford Road the first Monday of the month at 7pm. Additional information may be found on our website at TyngsboroughRec.com Friend us on Facebook. Seeking new members. Join us!

FESTIVAL OF TREES COMMITTEE The Festival of Trees Committee is still looking for new members to help create holiday displays and trees and help with crafts and set up. Come join us for some holiday fun!! Contact the Rec. Office or send a message on FB.

9th ANNUAL FESTIVAL OF TREES - November 30- 3, 2017 Old Town Hall, 10 Kendall Road. Come see the magical display of decorated trees. Tree raffle drawn on Sunday, 5PM. Additional raffle items beyond trees! Our registration deadline is fast approaching. Become an important part of Tyngsborough's Festival of Trees by choosing to donate a tree, wreath or other holiday decoration! Your beautiful decor will be displayed for four days and viewed by hundreds of people from throughout New England, and one lucky winner will get to take your creation home and talk about it for years to come! Whether you're advertising your business, promoting your organization, showcasing your children's creations or decorating a tree for yourself or your family, you'll be proud to be an important part of this exciting annual event. Best of all, your donation contributes to the mission of the Festival of Trees, to support the programs, parks and athletics of Tyngsborough Recreation. **Register your Tree Donation Online** If you have questions about donating a tree for 2017, please call 978-978-828-6589 or email the 2017 Tree Coordinator at holidayfestivaloftrees@gmail.com leaving your name, address, email, and telephone number. **Schedule of Events November 30 - December 3, 2017 Festival Hours & Schedule of Events** Join us for all the fun special events, register in advance to participate. **Thursday: November 30, 5:30-7:00PM Private Opening Night Debut & Reception** (open to all who donated to the Festival of Trees) 7PM-Paint Nite, Paint a special glass while enjoying some cheer. Sign up with a friend or two for this popular event! (must register on-line) **Friday: December 1, 1-8PM** 1:00pm Senior Citizen's Tea (must register in advance on-line) Children's free craft activities 4:00pm Cookie Decorating for Children (must register in advance on-line) **Saturday: December 2, 10-8PM** 4:30pm Common lighting with Santa's arrival, Carols by IACS and THS Holiday Ensemble. Children's free craft activities **Sunday: December 3, 12Noon- 4:30PM** Children's free craft activities 1:00PM Holiday Centerpiece workshop with Blossoms Florist (must register in advance on-line) All days cookies (from Bittersweet Bake Shoppe) & Hot Chocolate for purchase All displays generously donated by local business, groups and citizens

Holiday Boutique at the Festival of Trees Calling all crafters! Selling has never been so easy. If you are looking for a great event to get exposure for your business, look no further. The Festival of Trees Boutique is a great way to grow your craft business. Get your wares in front of hundreds of people over our 4 day event to sell your product and grow your contact list. • Targeted audience for holiday vendors • No time requirements We are currently seeking vendors of all sizes and shapes to be part of this fantastic event. If you are a crafter or artists wishing to showcase and sell your work locally in the Merrimack Valley as well as help a great cause, please contact us.

SAT Prep Our group SAT classes fully prepare students for all sections of the SAT test, instilling a comprehensive understanding of all SAT test content. Our experienced and highly-trained tutors have a proven track record of raising their students' scores through intensive instruction, homework assigned and reviewed each session, and practice tests given at regular intervals. Students will learn how they can make the most of their time, and answer the questions with a deeper understanding of how the test is constructed. **12 Sessions, 90 minutes each \$630.00 per student. Meets at the Tyngsborough Recreation Center Mondays beginning January 22nd 7-8:30pm (excludes Feb. & April school vacation weeks). Recommended for students testing in the spring.** Classes will be held at the Tyngsborough Recreation Center 120 Westford Road, Tyngsborough.



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Tyngsborough Police

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On Twitter: www.twitter.com/tyngsboroughPD

TYNGSBOROUGH SCHOLARSHIP TRUST

P.O. Box 547, Tyngsborough, MA 01879



www.TyngsboroughScholarshipTrust.org
1963 * Celebrating 54 Years * 2017

The Tyngsborough Scholarship Trust and the Tyngsborough Dunstable Rotary cancelled the 8th Annual Taste of the Town. Hopefully in the spring we will have more vendors and will be able to host this event.

The **TST Annual Holiday Marketplace** and the **Tyngsborough Trot Road Race**, sponsored by the EFT, will take place on **Sunday, on November 5th** at the Tyngsborough Elementary School. The Holiday Marketplace will feature exhibitors of handcrafted items, gifts, and decorative items, as well as business services and representatives of the home based business work force. This community event provides the opportunity to start your holiday shopping, get exercise while supporting your public schools, and enjoy some warm soup and chili as well! Come join the fun!

The **33rd TST Community Calendar** will be available for purchase for \$5 at the Marketplace or by contacting Daniela diMari at 978-649-2527. The community calendar features dates of Town and School meetings, early release days, MCAS dates and school vacation dates.

The popular **TST Gift Card Fundraiser** began on October 1st. Order forms will be available at the Holiday Marketplace as well as on the TST website. Gift cards ordered by November 22nd will be delivered by mid-December. Gift cards look like those purchased in stores and will have the same terms and conditions. You receive dollar for dollar value on the cards you buy and TST receives a percentage of every dollar you spend.

Another community favorite, **Trivia Night**, will take place in February at the Tyngsborough Sportsmen's Club. Teams of four compete to correctly answer the sometimes obscure, often hilarious, and frequently curious trivia questions. Cash bar and free snacks provided. Donations are \$25 per player. Student teams are encouraged and welcomed at \$10 per player. Unique and amusing team names are encouraged! Reserve your space today by calling Sue Bowden at 978-649-3207 or visiting www.Tyngsboroughscholarshiptrust.org. Download a registration form beginning in early December.

A reminder to the 2017 scholarship recipients, please be sure to submit proof of School enrollment to the TST at P.O. Box 547, Tyngsborough MA 01879 so you can receive your first or second payment. Please contact Ellen O'Neill, Treasurer, at 978-649-9195 with any questions regarding payment.

The TST meets on the second Wednesday of the month at the Tyngsborough Town Hall at 7pm. For 54 years volunteers from the community have been coordinating fundraising and awarding scholarships to high school students from Tyngsborough. We welcome and need your help to continue this town tradition. Please join us!

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(NOT 9-1-1)**

THS GRAD NIGHT

We are in the midst of planning for the next Grad Night! We can't wait to celebrate the Senior Class of 2018! There is always room for new board members on our committee so please consider checking us out as we need new members like YOU to keep the tradition of "Grad Night" alive for years to come! Come check out our meetings and get involved to keep this great "free" program going for our future graduates.

THANK YOU for your Flamingo donations! Pinky will be flying until the end of October.

Coming Soon! Please be on the lookout for more information on our Raffle Drawing.

Senior Parents - Please visit our website www.thsgradnight.org & register your child for Grad Night. Also, The Grad Night Committee is asking if you can dig into your archives and find some pictures of your students from back in the day. Some ideas could include...class trips, birthday parties, sports teams/events, class photos etc. We are hoping to get 1-5 pictures from each parent from the elementary and middle school years. Ideally, the photos would have 2 or more students from the class of 2018, but singles are accepted as well. Please drop them off at the high school or if you would prefer, we can arrange for pick up. Any questions, please contact us (978) 397-6495. Thank you in advance for your help with this. **We want every graduating senior to be represented on their last big night of the year!**

For additional information, please contact Tara Gabriel at 978-397-6495 or Caren Bovil at 978-852-3964. You may also visit our website www.thsgradnight.org for more details about our organization. **Meetings are held the first Monday of the month at 7pm** in the teachers' lounge across from the cafeteria of Tyngsboro High School. We appreciate and value your support of our Tyngsboro students!

BUDGET BUDDIES

Budget Buddies helps low-income women become more economically self-sufficient and transform their lives by teaching them core money-management skills and pairing them with personal financial coaches. We partner with local social service agencies and community volunteers to provide individualized training in basic money management. **Please come along to a no obligation Volunteer Information Night in Chelmsford MA. Please call (978)-703-0820 for details – our website is www.budgetbuddies.org**

JOIN TYNGSBOROUGH CITIZENS

If you are new to Tyngsborough, welcome! If you are not new but want to know more or want to know how you can get involved, you are invited to join over 450 fellow residents in our on-line community forum. Tyngsborough Citizens is a Yahoo Group and membership in our group is open to all residents of Tyngsborough. We share information about town and school happenings and ideas for how to make our town even better. We are not an anonymous group; residents share their name and address when posting. We strive to keep the conversations civil and constructive. Please visit tyngsboroughcitizens-subscribe@yahoogroups.com to join.

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TOWN OF TYNGSBOROUGH

TOWN HALL, 25 BRYANTS LANE

OFFICES OPEN

Monday, Tuesday, Wednesday & Thursday 8:30 a.m. to 4 p.m.

Friday 8:30 a.m. to 12:30 p.m.

Meeting schedules are posted at the front entrance of the Town Hall

Town Hall Directory Main Number 978-649-2300

Town Accountant	Ext. 124	Media Dept.	Ext. 140
Assessor's Office	Ext. 121	Planning Board	Ext. 115
Board of Appeals	Ext. 112	Town Treasurer	Ext. 126
Board of Health	Ext. 118	Veteran's Agent	Ext. 131
Building Office	Ext. 112	Sewer Dept.	Ext. 134
Town Clerk	Ext. 129	Board of Selectmen	Ext. 100
Town Collector	Ext. 128	Town Administrator	Ext. 100
Conservation Office	Ext. 116	Recreation & Parks	Ext. 150
Capital Asset Mgmt Com	Ext. 124		

TYNGSBOROUGH HIGH SCHOOL

... is proud to announce Paul Armstrong, Chelsey Guastucci, Makenna Hunt, and Callum Little as October Students of the Month.

Paul, son of Paul and Lisa Armstrong, is a member of the National Honor Society and a recipient of the Academic Excellence Award, the Saint Michael's College Book Award, and the Outstanding Achievement in Social Studies Award. He is a member of student council, and he has played basketball for THS since his freshman year. Paul volunteers his time by coaching middle school basketball, and he enjoys playing golf, playing basketball, spending time with his friends and family, working at TreMontes Pizzeria, and working at his grandfather's bowling alley. His favorite classes are AP Microeconomics and any math class. Paul looks forward to going to college, earning his degree, and getting a job. "I learned you get what you put into your education. I have learned a lot about the importance of a good work ethic and staying organized. My favorite memories will stem from Homecoming and hanging out with my friends at school events."

Chelsey, daughter of Julie and Robert Guastucci, is a member and secretary of the National Honor Society. She is also a recipient of the Academic Excellence Award, the Outstanding Achievement in English Award, the Outstanding Achievement in Pre-Calculus Award, and the Smith College Book Award. Chelsey is a member of the PALS program, Biotechnology Club, student council, and Senior Sidekicks. She is a varsity athlete on both the cheerleading and softball teams at THS, and she was named a captain and a Mid-Wach All-Star in both sports. Chelsey volunteers her time with the Toys For Tots and Make-A-Wish programs in Lowell, as a cheerleading student demonstrator, and as a coach at youth softball clinics. She enjoys skiing, traveling, crafting, making pottery, helping others, spending time with family and friends, playing chess, watching movie marathons, volunteering, playing softball, and cheerleading. Her favorite subjects are biology, chemistry, immunology, anything related to math or science, and ceramics. Chelsey's ultimate goal in life is to be happy, and she looks forward to combining her passions of helping others and of science to pursue medicine in college and to become a pediatric doctor. "THS has taught me to always live my life to the fullest. You get out of it what you put into it and by getting involved you not only meet new people and create relationships throughout the school, but you initiate the making of lifelong memories. I will forever keep with me the various teachers and students in this building who have made me who I am today. I have been around the world, however, no matter where I go, I am glad to always come home to Tyngsborough. I am thankful for all the opportunities the town of Tyngsborough has gifted me and cannot wait to see where these opportunities take me. I truly believe Tyngsborough is one giant family. Although there is a river trying to separate us, the big green bridge will keep us connected for life."

Makenna, daughter of Ilyssa and Jeff Hunt, is a member of the National Honor Society and is a recipient of the Academic Excellence Award. She is a member of both the PALS and Senior Sidekicks programs. Makenna is a four-year varsity soccer player, and current captain, for THS. She is not only a two-time Mid-Wach League All-Star, a Central Mass All-Star, and the recipient of the Golden Boot Award (most points scored on team) during her sophomore campaign, but is also a two-time U.S. Club Soccer National Champion. Makenna volunteers her time at the Nashua Soup Kitchen, at Klub Kid Too Daycare, and with the Give Kids The World program. She enjoys hanging out with her friends, traveling, going to the beach, and playing soccer. Her favorite subjects are math and chemistry. Makenna looks forward to attending Brandeis University in order to study neuroscience and to play on the women's varsity soccer team. "I have grown up in the Tyngsborough Public School system from elementary school to now, my senior year at THS. It's a time I will always remember and I thank my teachers and classmates for challenging me and always supporting me in the classroom and on the soccer field. My favorite memories from THS are going to football games, spending time with my teammates, Homecoming, and traveling to Belize."

Callum, son of Nicole and Duncan Little, is a member and treasurer of the National Honor Society. He is also a recipient of the Academic Excellence Award and Outstanding Achievement

in Science Award. Callum is a member of the PALS program, and has played soccer for THS since his freshman year, having earned a varsity letter during his sophomore year, and being named captain during his senior campaign. He volunteers his time at the Lowell General Hospital, the Tyngsborough Farmer's Market, the Taste of the Town in Lowell, and at various National Honor Society events. Callum enjoys playing soccer, skiing, hiking, traveling, and visiting family in Europe. His favorite subjects are Projects in Engineering, physics, chemistry, and biology; he looks forward to pursuing a degree in engineering and having a successful career. "I have my multiple science teachers to thank for inspiring me to pursue my goals with enthusiasm. I will never forget my time on the soccer team and all the memories we made."

TYNGSBORO GIRL SCOUTS COLLECTING TOILETRIES TO HELP ROSIE'S PLACE


Tyngsboro Girl Scout Troop 76207 is hoping to help the women's shelter, Rosie's Place, who are in need of toiletries (full and travel-size). If you are able to donate any of the items listed, we have *collection boxes at the Tyngsboro Library* (the exterior entryway to the Children's Room), the *Evangelical Congregational Church* (diagonally across from the fire station near the bridge), and at the *Tyngsboro Elementary School lobby until November 8*.

Shampoo and Conditioner, Toothpaste and Toothbrushes, Deodorant, Lotion, Soap, Lip Balm, Brushes and Combs, Feminine Hygiene Products and New and Gently-Used Towels. Please help if you can. Thank you!

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FRIENDS OF THE TYNGSBOROUGH PUBLIC LIBRARY

Thank you to all who participated in the Fall Used Book & Bake Sale. This is one of our major fundraisers, and we could not do it without the generous donations of books and baked goods. Just as important are the adult and teen volunteers who help before, during and after the sale. We also appreciate the library staff that provides continuous support to the Friends.

There will be no Friends meeting in December. Instead, we will be enjoying the annual **Holiday Open House**. Please join us for seasonal refreshments Monday, December 4, 4:30-7:30 p.m. Pianist Ralph Funaro will perform classical, pop and holiday songs from 5-7 p.m. Tell your neighbors, and bring the kids. The Friends is a sponsor of this lively social event.

The January meeting will be held on Monday, January 8, 2018, from 7-8 p.m. in the library at 25 Bryant Lane. Please join us, and new members are always welcome. We will meet on Monday, February 5, from 6:30-8 p.m.

The Friends have purchased a NEW pass for the Library so patrons can purchase **UMass Lowell ice hockey and basketball game tickets**. Each pass bearer can purchase up to 10 tickets at a time for half the door price. The passes are date/game specific. Bring your family and friends together to enjoy the fun! Visit the library or the website for the passes.



TYNGSBORO GARDEN CLUB



The Club very much enjoyed our first meeting at the Rose of Sharon in Dunstable for a flower arranging presentation by Melissa. Members subsequently had an opportunity to make their own beautiful floral pieces.

The Garden Clubs meets the first Tuesday of the month September-November and February-April. If you love gardening, want to learn about gardening or just want to join a group of great people, new members are always welcome!

For more information about our upcoming meetings visit our website at: tyngsboroughgarden-club.tripod.com or find us on Facebook at Tyngsborough Garden Club or contact Debbie Schneider at 978-649-6362.

✿✿ Making Tyngsboro beautiful with flowers ✿✿

MERRIMACK VALLEY HOUSING PARTNERSHIP

Project Genesis Home Buyer Training classes - Topics include an overview of the home buying process, the mortgage application process, legal aspects, home inspections, household budgeting and down payment assistance programs. The fee is \$100.00 includes all materials and 4 sessions. Learn about the home buying process. **A series (4 classes) November 7, 8, 14, 15 (Tues & Wed Night) from 6:30 p.m. to 9:00 p.m. The next session will be held on November 28, 29, December 5, 6.** Classes are held at Middlesex Community College, 67 Middle St., Classroom 405, Downtown Lowell. **Register online at www.mvhp.org or call 978-459-8490.**

Landlord Training Classes are held from 5pm to 8:45pm on the following date, September 25, October 25 as well as other future dates. Please check online for other available classes.

The deadline is November 10th for the December issue.

Have events coming up in? Send an email to me anne@NeighborToNeighborNewsletter.com or by mail to Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827.

News is placed on a first come, first served basis.

Need details about advertising your business?

You may reach me at **978-419-1914** or send me an email.

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Children's Program

Dancers 2-6. Fun Monthly Themes, Mom & Me Classes, Tumble Tots classes, Introduction to Ballet, Tap & Jazz.

Performance Program

Ages 7-18. Classes offered in all genres of dance, with a strong focus on technique, stretch, strength and performance.

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AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Meetings are held the first Thursday of each month at 7pm.

Auxiliary Unit Officers for 2017-2018 President: Diane Dileo; Sr. Vice: open; Jr. Vice: Maureen Harris, Treasurer: Josephine Beauregard, Secretary: Patricia Modrich, Chaplain: Rebecca Modrich, Historian: Open, Sergeant -At-Arms: Mary Dupras, Executive Committee: Kathleen Oljey, Annette Coles and Janice Dombrowski

For information on the Auxiliary Unit meetings, or functions contact Unit President Diane Dileo at 978-204-9329

THE UNIT IS STILL COLLECTING can pull tabs drop off at Post and earmark for Auxiliary. **We also would Welcome New Auxiliary Members** 18 and older. Contact Unit President or Treasurer.

... **The Unit Jr. Auxiliary is accepting new Jr. members.**

Contact 978-649-7540 if interested in joining.

REMINDER FOR MEMBERS Please send in your **Membership Dues**. Mail to: Josephine Beauregard Unit Treasurer, 70 Pawtucket Drive, Lowell, MA. 01854.

AMVETS POST #247 ROBERT D. PELLETIER

90 Pawtucket Blvd. Tyngsborough, MA

We hold our meetings on the **1st Tuesday** of the month at **7 p.m.** all veterans are welcome with 180 days or more of active duty. Come down and join us for a meeting.
God Bless America.

OFFICERS: Commander: William A. Beaton; 1st Vice: John McDermott; Adjutant: John Cogan; Finance: vacant; Judge Advocate: Roland Milliard; Provos Marshal: Roland Russell; Chaplain: Rod Woods. E-Board: Steven Harris, John Dombrowski, Ron Russell.

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AMVETS National Website: <http://www.amvets.org/>



PSYCHIC FAIR

Saturday, November 4, 2017

10am. - 4pm

at the AMERICAN LEGION POST 247, 90 Pawtucket Blvd. Tyngsboro, MA. This is to Benefit Children & Youth Veterans Programs. Sponsored By American Legion Auxiliary Unit 247 Inc., Tyngsboro, MA. Readings \$25.00, TAROT, REIKI, PALMISTRY, INTUTIVE, MEDIUM, AURA READING & IMAGING. Vendors with many interesting items. Free coffee!!! Sandwich's and Home Baked Goods on Sale **NO Entrance Fee**, Free Parking. For additional info please contact Josephine at 978-458-7015. Many Nice Raffles. Door Prize Drawn Each Hour!

AUXILIARY MEAT SHOOT SAT. DEC. 2ND, 7-9PM

AMERICAN LEGION POST 247 ACTIVITIES

- Veteran's Meal Serving Thanksgiving Dinner
Wed, November 8th 6:pm
- **Nov. 11th, Veteran's Day Ceremonies** and Flag Retirement Ceremony
- **Sat. Nov.18, Legion Meat Shoot 7-9pm**, Turkeys and Hams
- **Dec 5 Vet Meal 6pm, Christmas Dinner** SAL's Meeting 7pm
- **Dec 9 Adult, Post 247 Christmas Party** 12-4pm Yankee Swap Gift \$10 value.
- **Sunday, Dec. 10th, Legion Children's Christmas Party**, Sign up required.

NASHUA HISTORICAL SOCIETY

Cal Knickerbocker will be presenting his program **Motivating the WWII Home Front via Magazine and Radio Advertising** at The Nashua Historical Society on **Sunday, November 12, 2017 at 2 p.m.** Cal will be talking about the advertising messages that were designed to inspire participation in the war effort. He will play many radio public service spots, as well as show and discuss a number of magazine ads which illustrate this concerted effort.

The Nashua Historical Society is located at 5 Abbott Street, Nashua. Program is free and open to the public.

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As we approach our 150th year we invite all to join us in celebration.

MARK YOUR CALENDARS FOR SPECIAL EVENTS

November 30 - December 3, 2017 See our special display at the 9th ANNUAL FESTIVAL OF TREES at 10 Kendall Rd
December 2, 2017: Please join us for a **VERY SPECIAL CHRISTMAS FAIR**, Time: 9:00am-3:00pm Place: Church Grounds, 23 Kendall Rd. Homemade gifts, vendors, kids games/crafts. Great food and baked goods. Be sure to visit our Thrift Shop for great deals and take a tour of our beautiful sanctuary and reflect on Christmas past.

March 3, 2018: Church History Presentation Time: To be announced Place: 23 Kendall Rd., Tyngsboro

Stay tuned for more events to be announced throughout 2018

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Active duty military and veterans always welcome to join. For further information call **978-649-7540**. Remember to attend the committee meetings on the first Thursday with your input and ideas.

The public is invited to get involved in all events of the post. The veterans monthly dinners will continue on the first Wednesday of the month. We are always looking for help to serve the veterans. **Keno and Scratch Tickets are available at the Post.** There is an ATM in the Post for your convenience.

OFFICERS: Commander: Fred Carroll; 1st Vice: Joseph Agrusso; 2nd Vice: Donald Pierce; Adjutant: Charles Curran; Jude Advocate: Roland Millard; Chaplain: *vacant*; Finance: Mark Taylor. E-Board: Marty Bloomgren and David Coles.

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Theme: *Rotary Serving Humanity*

The Rotary Club of Tyngsboro/Dunstable has been serving the Tyngsboro and Dunstable area for 43 years.

We meet at the Dream Diner, Tyngsboro, on the 1st, 2nd & 3rd Thursday of the Month at 7:15am.

• **We regret, that we had to cancel the 8th Annual Taste of the Town**, that had been scheduled for October 26th. We were unable to sign up enough vendors. We are hopeful that it will be held in the spring.

Thank you to: Bianco's Catering, Capellini's Restaurant, Outback Steakhouse, Sullivan's Ice Cream and Trader Joes for offering to participate.

For further information about Rotary, please email us at tdrotary@yahoo.net or visit our website at: www.tdrotary.org. Thank you for your support.



Evangelical Congregational Church of Tyngsboro Est. 1868

**Route 113, 23 Kendall Rd.
Tyngsboro, MA 01879**



For questions or more information,
 please call our office 978-649-2262
 Pastor Denis Frediani 1-603-579-0904
www.tyngsborocongregational.org
 E-mail ecctsec@outlook.com

JOIN US FOR SUNDAY MORNING WORSHIP

Our Mission: Glorify God by encouraging all people to know Jesus together in Faith, Love and Service. Worship Service at 10:00 a.m. Nursery available. Followed by Fellowship and Refreshments. Children attend Worship service with parents and are dismissed at 10:15 a.m. for Sunday school.

We invite you to join us for:

- **SUNDAY EVENING – Adult Bible Study**, 6:30 p.m. - 8:00 p.m. "HOW TO UNDERSTAND YOUR BIBLE"
- **TUESDAY MORNING – Ladies Bible Study** 9:30 a.m. - 11:30 a.m. "PROVERBS" - "LEARNING TO LIVE WISELY"

The Thrift Shop: Located next to the church is open to the public on **Thursdays and Saturdays from 10:00 a.m. - 3:00 p.m.** We offer an assortment of clothing, shoes, handbags, baby items, books, small appliances, dishes, glassware, jewelry, etc. Please do not drop off large furniture items such as TV's, computers or printers since we do not have the means to store or dispose of these items.

NOTE: Thrift Shop will be closed: November 11 (Veteran's Day), November 23 (Thanksgiving Day) and December 23 (Christmas weekend)

Church News/Programs: Junior Youth Group - 6th thru 8th grades will meet **Nov. 3rd and Nov. 17th 6:00 p.m.** at 23 Kendall Road
SUNDAY - November 26 – Please join us for our Children's Christmas Program "Hanging of the Greens" 10:00 a.m.
SUNDAY - December 24 – Christmas Eve Candlelight Service at 7:00 p.m.

• **THE 150th Anniversary Committee** of the church is meeting regularly now to plan events for the historic celebration in 2018. If anyone has photos or information of the church through the years please notify Joy at 978-649-6142 or Jill at 978- 649-3301.

• **CRAFT FAIR NEWS** We are looking for a few more craft people to join us this year for our **Annual Fair**, which will be held on **Dec. 2nd** this year from 9-3. Our theme is focused on our 150th Anniversary and our own members and friends will be making crafts and gift items to celebrate such. Interested crafters can contact Jim @ 203-535-5982 for details and reservations.



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- **SAL Detachment 247 now meets on the first Wednesday of each month at 7 p.m. at Post 247.**
- **SAL Officers:** Commander: Brian Laplante; Sr. Vice Commander: Steve Harris; Sgt at Arms: Mark Myers; Adjutant: Roger Daigle, Treasurer: Gerald Richall.

We are always welcoming new members. Drop in or call 978-649-7540. **Anyone interested** in becoming a member of the Sons of the American Legion is welcome to attend our monthly meeting. **Applications are available at the Post at any time.**

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Text2Give Campaign Tues, Nov 21, 2017

Take the Habitat for Humanity Text2Give Challenge!
We are going all out this fall to raise the needed funds for two Habitat houses being built at Juniper Hill in Westford.

Simply text "GIVETOHABITATGL" to 707070, follow the prompts, then register your credit or debit card and donate to Habitat Lowell!
Every dollar counts towards our \$8,000 goal!

More info,

<http://lowellhabitat.org/news-events/upcoming-events/>
or call 978-692-0927.

WEST CHELMSFORD UNITED METHODIST CHURCH

242 Main Street North Chelmsford, MA 01863

Phone : 1-978-251-4834 Website www.wcumc.us

Worship: 9:30 AM Professional child care provided

Sunday school for pre-K - High School: 10:00 AM

Coffee Fellowship: 10:30 AM

We are in the midst of our Fall activities and it is hard to believe that Thanksgiving is fast approaching!! We hope that you have enjoyed the gorgeous fall foliage this year! It may seem early to think about the holidays, however, here is an early reminder that our Holiday Fair will be held in early December. We will have breakfast items, coffee, hot chocolate, and juices available for early risers. Enjoy breakfast before starting your shopping. We will have home-made lunch items available, if you start shopping later. There will be a children's room, with games, crafts, and movies to entertain your children while you shop. We will have many local craft vendors, our famous baked goods and candy tables, white elephants, and our plant table. Come and enjoy shopping in a warm, stress free, and friendly place with the spirit of the season! Bring your neighbors and family - this is open to the community. Don't miss it!

Please check our website for additional information

We are happy to announce that we are nearing completion of our project to make our building accessible to all! We have had 2 new vertical lifts installed, installed a new handicapped accessible bathroom, new ramps at entrances, and a new interior ramp. A dedication was held for the lifts earlier this Fall.

Our worship service is at 9:30 AM and starts with children and youth attending with their family. Children and youth are participating in several aspects of the service until they go to their Sunday School classes with teachers. We continue to enjoy wonderful music from our children's, youth, and adult choirs - both handbells and singing. After the service and coffee fellowship, there will be different adult study offerings throughout the year.

Annual Holiday Fair, Saturday December 2 9:00am to 3:00pm at the West Chelmsford United Methodist Church - 242 Main St. N. Chelmsford, MA - 978-251-4834 Handmade gifts, Candy, Jewelry, and **A Great White Elephant Table!** Home baked goods, Professional crafters, homemade lunch --- And more! Proceeds benefit church special projects and missions. For more information see our website at: www.wcumc.us or email us at office@wcumc.us

We hope to see you soon! We are on 242 Main Street in North Chelmsford, right on the Westford/Chelmsford line. From Route 3, take the Route 40 exit to Chelmsford, take a sharp right onto Main Street Chelmsford right after the variety store and follow Main Street until you see the church on the left.



46 Coburn Road
Tyngsboro

Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. It's a great place for outdoor exercise and to enjoy nature close to home. Sherburne Nature Center and Trails activities are open to all who are interested. No reservations or fees required. Children under 16 must be accompanied by an adult.

TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



Events listed will be **held at the Little Red Schoolhouse** which is located on Route 113, near the Tyngsborough Dunstable Town Line.

• Friday, November 3rd 7-9PM

Historian, Author and "Fruit Explorer" John Bunker will offer a talk **The History of Apples: Tracking Down, Identifying and Preserving Historic Apples in New England**

Program is free, refreshments will be served.

• **The Annual TDHS Holiday Potluck Supper** will be held at the Little Rd Schoolhouse on **Sunday, December 10th from 6 to 8pm**. For more information call Lynda at 978-587-8423.

The Tyngsborough Dunstable Historical society is a non-profit membership organization, open to everyone who is interested in learning more about local history. Join today by calling Lynda at 978-587-8423 or see membership form on our website. www.tdhsociety.org

FAMILY BARN DANCE

A family barn dance at the PCA with Marcie Van Cleave calling. Bring the kids. Oh, CONTRAire! provides lively music. **Sun., Nov 12, 2017 from 3-5pm**. No experience required; all dances taught. Adults \$5; kids \$3; maximum \$15 per family; group rates available. The Parish Center for the Arts, Corner of Boston Road and Lincoln Street on Westford Common. Westford, MA 01886 Tel: (978) 692-6333 e-mail PCA@Westford.org <http://www.Westford.org/PCA>

CHRISTMAS LIGHTS TRIP

Br. Richard Cote is organizing a trip to the Christmas Lights display at LaSalette Shrine in Attleboro, MA on Thursday, Nov. 30. Depart Stadium Plaza Tewksbury at 12:30 pm return at 8:00 pm Cost \$26. Concert with Fr. Pat if we can reach 25 or more passengers. Supper on your own. Call (978) 441-0649 x 42 evenings. Br. Richard Cote, 60 Wyman St., Lowell, MA 01852 (978) 441-0649 x 42

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95 Lakeview Ave., Tyngsboro, MA 978-649-7315

Weekend Mass Schedule: Saturday 4PM. Sunday 7:30AM, 10AM

Greetings from our Pastor, Fr. Richard Clancy

COME JOIN US, ALL ARE WELCOME!

Weekday Mass: Monday, Thursday & Friday at 9AM. **No Mass** on Tuesday and Wednesday

• **Reconciliation** every Saturday from 3 to 3:40PM or by appointment.

• **View our bulletin** on line at www.stmarymagdalenparish.com.

Join us on **Facebook!** Search "Saint Mary Magdalen Parish Tyngsboro" and like our page to see daily meditations and events.

• **FIRST FRIDAY ADORATIONS** are held on the first Fridays of the month at the Church and will consist of Holy Hour with closing Benediction from **9:30AM – 12pm**.

• **The St. Vincent De Paul Society** operates a monthly food pantry out of the rectory in addition to providing holiday meals to those in need. We can be reached at 978-844-2365.

• **Prayer Line – Do you know of someone needing prayers?** Call Helen (978) 649-7927 or Carol (978) 649-6717. (Submit only first name of one to be prayed for)

• **MEN OF ST. JOSEPH** - The Men of St. Joseph in the Greater Lowell area meet on the Second Saturday of every month. Each monthly meeting includes prayer, food, and faith-building fellowship.

All meetings will begin at 7:00am and end no later than 9:00am. Newcomers, father/son (Confirmation age) teams, and friends from other parishes are always welcome! To find out more, please come and check us out! Held at St. Rita's Church, Mammoth Rd, Lowell

• **CRAFT & CRIBBAGE NIGHT** Every 2nd & 4th Tuesday of the month from **6-8:00pm** at the Parish Center

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ST. MARY CHURCH: 25 North Road, Chelmsford Daily Mass

Schedule: Monday – Friday 7:00 AM; Saturday 9:00 AM

Weekend Mass Schedule: Saturday 4:00PM; Sunday 7:00AM, 9:00AM, 11:00AM and 6:00PM Reconciliation: Saturdays 11:00 – 12:00 NOON, or by appointment

ST. JOHN BUSINESS(978) 251-8571; www.saintjohnchelmsford.org

ST. JOHN THE EVANGELIST CHURCH: 115 Middlesex

Street, North Chelmsford Daily Mass Schedule: Monday –

Saturday... 9:00 AM Weekend Mass Schedule: Saturday... 4:00

PM; Sunday... 8:30 AM, 10:30 AM and 5:00 PM Reconciliation:

Saturdays... 3:00 – 3:45 PM, or by appointment **DAILY MASS**

SCHEDULE: In addition to regular Mass schedule (listed above)...

St. Mary will be offering Wednesday evening Mass at 6:00 PM

COMING UP AT INDIAN HILL

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dreozzi, and Todd Hamelin: Tuesday, November 14 at 7pm, Littleton

High School, 56 King Street, Littleton, MA. TICKETS: Adults/\$10

(ages 18 and under admitted free). Auditions will be held on Tues-

day, November 7. (FEE: \$25) Learn more: (978) 486-9524 (press 0)

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'BACH'S LUNCH' CONCERT: Indian Hill Music School presents

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quired for groups at (978) 486-9524 (press 0). Learn more at www.indianhillmusic.org.

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Music School faculty: **November 16, 6:30pm (piano) and Novem-**

ber 18, 1pm (strings), 36 King Street, Littleton, MA. PARTICIPA-

TION FEE: \$20 per session. (Free for IHM students) Pre-registration

required. Learn more: (978) 486-9524 (press 0) or www.indianhillmusic.org.

BOSTON TRIO: Indian Hill Music presents the brilliant piano trio in

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Muresanu, violin; Jonah Ellsworth, cello; Heng-Jin Park, piano: **Sat-**

urday, November 18 at 8:00 pm, The Kalliroscope Gallery, 264

Main Street, Groton, MA. TICKETS: \$35 (includes post-concert wine

and cheese reception with the musicians). Call 978-486-9524x116

or visit www.indianhillmusic.org.

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DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827

Dunstablechurch.org 978-649-6251

Pastor Bobby Ross pastorbobby@dunstablechurch.org

DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."

SUNDAY WORSHIP Worship Service is held at **10:00 am each Sunday**. Child care is available during the service for infants through kindergarten age. Our worship services feature a wide variety of music, scripture readings, corporate prayer and spoken messages and with Communion (the Lord's Supper) served on the first Sunday of every month. Everyone is welcome to an informal time of fellowship with coffee, tea and refreshments that takes place after worship. A new **Membership Class** is available; please contact pastorbobby@dunstablechurch.org for more information.

ADULT SUNDAY SCHOOL CLASS is held 8:30-9:30 am in the Rm 2 classroom. Childcare needed.

CHILDREN'S SUNDAY SCHOOL is held at **10:00 am**. Children in Ages 4-12 attend the regular service with parents for the first 15 minutes of worship before leaving to attend Sunday School class for the remainder of the hour. Older children and teenagers remain with their parents for the entire worship service. An

DECC YOUTH GROUP As of this writing, we were scheduled to participate in the Oct 29th Nashua fund raising "crop walk" for the hungry. DECC has a great youth program and welcomes any area youth currently in 6th to 12th grade to join for any events! **Typical meetings are held on Sundays from 4:00-6:00 PM** but special events may be held at other times. All are welcome for a single event or to become a regular member. **Please contact Jon Hughes at 978-393-7708** if interested and to confirm location and time of meeting.

The MISSIONS BOARD presented a wonderful program from Village2Village with our guests Laurie Kroll and Akol Christine, a girl from the village who has worked hard and has recently graduated with her medical degree. She is returning to the local hospital to help others as she has been helped by Village2Village. On Oct 15th, Gail Holland represented United Youth in Crisis, a local endeavor to help young, troubled girls in at-risk communities to become better citizens by teaching them to reach out to help and love others. The results of the girls' participation in this project helps to support an orphanage in Kenya, Africa. The Board will present a new "Missions Moment" each month representing the Christian endeavors that the Church financially supports. The next Missions Moment will be on November 5th.

POPs (Parents of Preschoolers) meets in the Fellowship Hall twice a month on Fridays, 9:00-11:00 am. Child care is available. Next meetings are 11/3 & 11/17. Contact Shellyannross@gmail.com with questions.

Come visit your community's church. For more information about any of these events, contact the church office 978-649-6251 or email info@dunstablechurch.org.

"HOW I GOT THE SHOT"

by Nick DePasquale

Have you ever seen a great photograph and wonder how the person got that shot? If you are like me, you may have thought: "Must be a great camera or a high-quality lens." Well, as my photography mentor Joe Baraban tells me, it is the 6" behind the lens that actually makes the difference – you the photographer. I have shot some of my best photos with a small point & shoot Panasonic pocket sized camera rather than my bigger more expensive gear. I learned to always carry the small camera with me just in case an opportunity arises for a great shot.

Here is an example (visit my website for the larger color version – www.nickdepasqualephotography.com):



My wife Joyce and I were staying at the Thornhedge Inn in Bar Harbor, Maine. The early morning sun was shining through the partially opened blinds creating wonderful bands of light across the room. We were getting ready to go down for breakfast but I just had to stop to grab a shot of the scene. I quickly took out the Panasonic and started shooting. I did not want to take the time to dig out the bigger gear because the sun moves quickly that time of the day, and I wasn't all that sure that Joyce would wait for me, again! The photos I took were ok but I was not excited. Then I noticed a beautiful bouquet of fresh flowers that the inn keeper had left in our room. So, "coloring-outside-the-lines", I moved the vase and positioned the flowers in the bands of light. I then set the camera to manual mode (I did not trust the camera to make the proper exposure) and made several different exposures making sure to balance the light against the dark bands. Also, I made sure that the flowers were in focus – as sharp as could be. A unique opportunity for a unique image. Here are my settings: Panasonic DMC – ZS100; zoomed to 18.2mm; ISO 400; F8 @ 1/160. And, as always, Joyce was wonderfully patient with me! Join me for a lesson, photo shoot or workshop. Visit my website for more information.

Next month – How I got the Shot of Il Duomo in Florence, Italy.

nickdepasquale
PHOTOGRAPHY

Lessons - Fine Art Prints - Note Cards

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Altrusa is a non-profit, worldwide association, which encourages volunteerism to make a difference in our communities. Founded in Nashville, TN in 1917, Altrusa is celebrating its 100th birthday, and each Altrusa member was challenged to mark the milestone by performing 100 hours of volunteer service. On September 27th, the District One Governor, Anne Rash, visited the Merrimack Valley Club and distributed 100 for 100 pins to 10 members of the club who accepted and completed this challenge. In addition, the Club received recognition for donating more than 800 books to agencies that service children in need in the Merrimack Valley.

The new Altrusa year, has the Merrimack Valley Club ready to help those in need. In July 2017, Leanne Milligan of New Zealand was installed as International President. The theme of her biennium is "Reaching out" through a variety of service projects in communities around the world. The Merrimack Valley embraced the new president's message by reaching out to comfort a family impacted by Hurricane Irma in St. Petersburg, Florida. A single mom with two children, ages 6 and 9, lost everything during the storm. Altrusa members shopped for new clothing for the children and bath linens for the family to help fulfill some of their needs and brighten their day.

On November 4, 2017, the Club will host the Altrusa District One Fall Workshop. Members from all over New England, Bermuda and Quebec, Canada will gather at the Radisson hotel in Nashua, NH for the workshop with keynote speaker, Steve Gamlin, addressing "Volunteer Success: Attitude, Action, Traction".

For more information about Altrusa and its service in the community, please email altrusamv@gmail.com.



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ARE YOU ASKING THE RIGHT QUESTIONS?

By Nathan Combs

If I'm trying to drive to a particular location and find myself in need of directions, the kind of questions I ask the locals will affect my ability to arrive at my desired destination. For example, if I ask, "Is it possible to get to _____ by taking this road?", I might receive an answer such as: "Well, it's technically possible, but it will certainly involve some confusing and difficult routes!" However, if I ask, "What is the best possible way to get to _____?", I've provided a wide opening for my road assistant to give me his big picture view of the most beneficial route.

Just as our ability to drive depends on asking the right questions, so does our ability to accurately and wisely discern the Scriptures. Many take a pet topic to the Bible with the question of "Is _____ a sin or not?", as if the Bible was written as a bland law code or an encyclopedia of morality. Many approach issues of godliness or salvation or the church by simply looking for specific lines in the sand and then feel justified in living however they want when the Bible doesn't explicitly answer their questions. A selfish and misplaced concentration on "How far is too far?" doesn't lead to true knowledge of God's character. It certainly doesn't lead to mature appreciation of the richness of the Bible narrative and the foundational principles and themes that permeate the entirety of Scripture; it simply leads to ignorance and flirtation with spiritual disaster.

The Pharisees are good examples of this trap. They approached Jesus in Matthew 19:3 with a question that was controversial in their time (and ours): "Is it lawful to divorce one's wife for any cause?" They wanted Jesus to locate the precise line of sin. It is significant that Jesus did not directly reply with "yes" or "no." He told them that they were asking the wrong question. Hadn't they read in Genesis about the origin and blueprint of marriage? Didn't they understand that when two people marry, God intricately weaves them together, body and soul? Man must not break apart the permanent and beautiful designs of God. Aha!, the Pharisees craftily replied. What about Deuteronomy 24:1-4? Clearly the Scriptures allow a man to divorce his wife! Jesus deftly dismantled their question by pointing out that God was simply regulating an ungodly practice of which He did not approve. "From the beginning..." God wanted married couples to retain their permanent bond until death. In their misguided fixation on the wrong question, the Pharisees missed fundamental truth about God and His designs.

Instead of just asking "Is it lawful...", why not ask, how can I best please the Lord (Ephesians 5:10)? How can I best contribute to the plan to unite all things in Christ (Ephesians 1:10)? How can I best display the wisdom of God to the rulers and authorities in the heavenly places (Ephesians 3:10)? Are you asking the right questions?

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ARE YOU A DISTRACTED DRIVER?

Bob Welliver

Ever tried to eat a cheeseburger while behind the wheel? What about trying to separate your two fighting kids in the back seat? Ever reached down to pick up a CD that fell on the floor while driving? We all become more comfortable driving as the years progress, but unfortunately many of us become a little too confident. Your license to drive is not a license to drive while simultaneously reading the newspaper, putting on your makeup and chowing down a quick breakfast.

Let's take a look at some common distractions. Are you guilty of performing any of these activities while driving?

Outside Distractions. Whether it's a human billboard pointing the way to new homes, a beautiful rainbow, a bad accident, or a restaurant that just opened, most of us just cannot resist the urge to take a look, even when we should be concentrating on the road. **Sickness-es.** A bad cough, a sudden onset of sneezes and searching your car for a tissue to catch that runny nose, or a tension headache, these are all examples of how being sick can distract you from driving. Not to mention the fact that most of us are not at our most alert when we are sick. That's why it is extra important to pay attention to the road and to wait until you are stopped at a traffic light to reach for that tissue. Of course we can't predict sneezes, but make sure you quickly look back to the road after you sneeze. **Inspector Gadget** Automobiles nowadays can have more controls than a small airplane. Besides the obvious stereo and temperature controls, many cars have features such as navigation systems, televisions. CD players, etc and these can all be especially distracting, as it takes at least one hand off the wheel to pick out a CD and put it in, especially if your pack of CDs is on the ground and you have to reach for them...which brings us to...

Reaching for the Unreachable We are all guilty of this at one time or another. For some reason, we just HAVE to have that book in the back seat in our hands right now. But this is one of the worst driver distractions...as it usually means that our hand or hands are off the wheel AND our eyes are off the road. Next time, try to make yourself wait to grab that errant CD until you are stopped at a traffic light. Or, if it's safe, pull over and grab whatever you need. **Eating and Drinking** One of the most common driver distractions is eating and/or drinking while driving. Some of the worst foods to eat while driving are coffee/tea (spilling these on your leg will certainly distract you), messy hamburgers/sandwiches that drop stuff all over you while you are driving, anything fried that leaves you with greasy hands that could slip off the steering wheel, and, things like chocolate or jelly doughnuts that leave your hands sticky. Try to avoid eating on the road whenever possible. If you're in a rush, grab a quick bite and eat it in the parking lot before leaving.

Distracting Discussions Ever gotten in a heated debate while driving? What about listening and intervening as your children in the backseat start arguing? Interaction with your passengers is another common driving distraction. This can especially be a problem for new drivers, who should focus all their attention on their driving and not on their passengers. **Beautification** You forgot to put on your mascara/brush your hair/shave. What better place to do it then in the car, right? Wrong! Things that involve tools not only take your hands off the wheel and your eyes off the road, they also have the potential to hurt you and cause further distraction. If you are a woman putting on your mascara or a man shaving, and you have to brake suddenly, think of the injuries that could happen! **Cell Phones** We all know that talking on a cell phone can distract our attention from driving. We all know that we should use hands-free devices whenever possible (although these can still be a distraction, just like the distracting discussions topic above). Yet a large percentage of us still talk on our cell phones frequently while driving. Try to keep your cell phone use while driving limited to emergencies only. If you get a call you really want to take, pull over in a safe spot and have your conversation.

The National Highway Traffic Safety Administration states that distracted driving causes around 25 percent of the auto accidents in the U.S. each year. That's nearly 1.6 million accidents annually caused by many of the things I've discussed above, most of which are so easily preventable. Try to avoid letting distractions take your attention away from what you should be doing, concentrating on driving and protecting the lives of you and your passengers.

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Send clothing to people who can use it all over the US and World while helping the environment. Receive a tax deduction for your donation. Receipts are on the shed. **Help us keep your donation clean and dry.** Please put in tied or closed bags.

CAT FOOD DONATIONS NEEDED

to feed a colony of feral and homeless kitties. Please call me at **978-799-9715** for the drop-off location on the Dunstable/Tyngsboro line. Don Gaudette. **Volunteers to help with the feeding are also needed.** Associated with Kitty Angels www.kittyangels.org
Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats

DRACUT COMMUNITY BAND

Dracut Community Band will hold *Rehearsals* every Thursday evening from 6-7:15PM at the Christ United Church in Dracut. You do not have to be a Dracut Resident. We are welcoming all instrumentalists to our group, 18 years and older. Please join us for a fun time!

Call Johnson Music at 978 454 0055 for more info.

THE WISH PROJECT

Drop off donations: Tue/Wed/Fri and Sat 9am-2pm

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Off of Plain Street in Lowell.

No appointment needed, **but call first if** there is a snow storm or if donation days fall on a holiday. **866-947-4360**

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WINTER WISHES ANNUAL GALA

The evening will include dinner and dessert buffet, live music, silent and live auctions, featuring **WBZ's Jordan Rich** as Master of Ceremonies **Representative Tom Golden** as Live-Auctioneer! **Date: Thursday, December 7th 6-9pm** **Where:** Vesper Country Club Tyngsborough. **Tickets:** \$100 per person. To register online follow the link on our website **2017 Winter Wishes Gala** to purchase tickets or for sponsorship opportunities. **Don't forget that all money raised will help us help local families in need!** For more information: Call David Fitzgerald (978)-441-9474.

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Hours to drop off donations: Tue/Wed/Fri and Sat 9am-2pm No appointment needed but call first if it is snowing or near a holiday. Foundry Industrial Park Lowell, MA 01852 Off of Plain Street in Lowell. The Wish Project, 1 A Foundry Street, Lowell, MA 01852

• **About Us** The Mission of The Wish Project is to help families in need in Merrimack Valley. Find out more on our website www.thewishproject.org or call us at **866-947-4360**.

All clients are referred through social service agencies, and are financially qualified. A 501C3 tax deductible charity For more information visit <http://www.irs.gov> 1 A Foundry St. 495 to Lowell Connector to Exit 4 Plain St., Lowell, MA 01852 Turn Right on Plain St., go 0.3 miles, Turn Right on Foundry. **866-947-4360** Website www.TheWishProject.org

DUNSTABLE TYNGSBOUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to helping the community through donations raised by volunteers.

Officers 2017-2018

President: Mark Alexander, Secretary/Treasurer: Bob Reich, Membership Chairman: Ed Majewski, 1st vice President: Mike Roth, Tail Twister/Lion Tamer: J.J. Ward.

Anyone who would like to join the Lions is asked to call Ed Majewski at 978-649-6204 or Mark Alexander at 978-649-9124. Meetings are on the first Tuesday of the month starting at 6:30 pm. Please call a member listed here for details and meeting place.

Event:

The Lions collected 900 pairs of glasses from the community. These will be refurbished and given to those in need around the world. Thank you to Dunstable and Tyngsboro residents who donated.

The Lions served 25 Seniors breakfast at the Tyngsboro Senior Center on October 19th. The Club also provided breakfast to the Lowell Vocational students who were there to do general car inspection and 2 policemen that discussed winter driving safety

YOU CAN HELP BY DONATING THE FOLLOWING:

• **USED EYEGLASSES** are collected for refurbishment and distribution to less advantaged people around the world. *We thank all who have donated glasses.*

• **CAN TABS (in sealed bags)** are also collected for kidney dialysis time through the Shriners Hospital.

Lion's collection boxes for eyeglasses and tabs (in sealed bags) are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Tyngsborough Council on Aging Senior Center, 169 Westford Rd., Tyngsborough and Dunstable Town Hall, Post Office and Library.



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"Into the Night" Through November 26, 2017

Opening Reception: Saturday, November 4, 5-7 PM

This November, twilight gives way to darkness at Loading Dock Gallery. **Deb Arsenault and Denise Rainis** take us **Into the Night**, to a world lit by streetlights and stars. Sunset is a repeating coda to the day: an end and a beginning. Travel **Into the Night**, and let go of daytime responsibilities. Darkness is a time of mystery. Its shadow creates space for dreams. For Arsenault, the technical challenges of night photography lets her convey atmosphere and emotions different from those than perceived with the naked eye. Arsenault received her BFA in Visual Communications, with an emphasis on Fine Art Photography, from Northern Illinois University. She discovered Western Avenue Studios five years ago. Rainis calls twilight "the magical crack between the worlds." Largely self-taught, she works in a variety of media, with rich colors and an impressionistic hand. With **Into the Night**, Rainis explores the effect of dwindling light on the New England landscape. Rainis teaches in pastels at her Lowell studio, and leads art classes for Seniors in Chelmsford and Groton.

Into the Night runs through November 26 at Loading Dock Gallery. Join the artists for a reception on November 4, 5-7 PM, after Western Avenue Studios and Lofts First Saturday open house. Light refreshments will be served. Also this November, Loading Dock's **Back Door Gallery** features the art of Heidi Jackson.

Loading Dock Gallery, a part of Loading Dock Arts, Inc., a 501c3, is open Wednesday – Saturday, noon to 5:30 PM, and Sunday, noon to 4 PM. Find it at Western Avenue Studios, 122 Western Avenue, in Lowell, MA. **For more information, call 978-656-1687, or visit www.theloadingdockgallery.com.**

PET HEALTH

DUNSTABLE ANIMAL CLINIC

MAMMARY CANCER IN DOGS & CATS

by Tara M. Sacramone, DVM



October was mammary cancer awareness Month, and I realize it is November, but better late than never. Both dogs and cats can get mammary cancer, but the specific kinds of cancer and the prognosis is drastically different for cats versus dogs. Dogs tend to fair better than cats. It is more common in females than males, but males can get it.

Mammary cancer is the third most common cancer in cats. Unfortunately it is 80-96% malignant in cats. It usually has spread by the time you find the mammary mass. It can spread to lymph nodes, lungs and even internal organs. It almost always has a grave prognosis, and the bigger the mass the worse the prognosis. You can decrease the risk by having your cat spayed, especially if you have your cat spayed by six months of age.

If you find a lump on your dog's mammary chain half the time it is benign and half the time it is malignant. Even the malignant forms often have not spread at the time of initial diagnosis, but they can spread to lungs and lymph nodes. Mammary cancer is not as common in dogs. If the lump is benign surgery is often curative. Spaying your dog also drastically decreases the risk, especially if done before her second heat.

The mammary chain in dogs and cats extends all the way from the front legs to the back legs, so if you find a lump anywhere on your pet's abdomen bring them to your veterinarian right away. Sometimes chest radiographs and an abdominal ultrasound are done to look for cancer spread prior to surgical removal of the mass. If the pet is not already spayed then that is usually done at the same time. Because of the poor prognosis in cats some owners do not have the mass removed. Every patient is an individual so there is not a "one fits all" treatment plan.

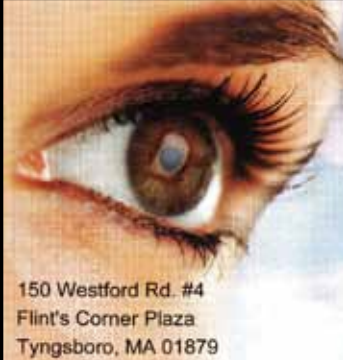
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