



# Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

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[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)

*Celebrating 34 Years of Service!*

**Issue # 365 • November 2017**

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## FALL BACK

### DAYLIGHT SAVINGS TIME ENDS NOV. 5<sup>TH</sup>

Turn your clocks back 1 hour at bedtime

Saturday night, Nov. 4th.

This is a good time to change your batteries in your smoke detectors!

## Happy Thanksgiving!



## TOWN CLERK NEWS

• **An additional amendment** to the Town of Dunstable General Bylaws adopted under the warrant for the Annual Town Meeting of May 8, 2017 was approved by the Attorney General on September 11, 2017 but omitted from last month's list. It was Article 35, Municipal Stormwater Discharge Bylaw. A copy of these amendments and bylaws may be examined or obtained at the Office of the Town Clerk during regular business hours at the Dunstable Town Hall. The effective date of the adoption or amendment of any Zoning ordinance or bylaw shall be the date on which such adoption or amendment was voted upon by a town meeting once the posting has been satisfied.

• During the period of October 18–November 20, this office will only be open on Thursdays from 9:00 am – 2:00 pm. I will be on medical leave but Melissa Belanger will be here on Thursdays. I will work from home and stay in contact with the office. **Your voicemails are important to me, please leave a message and I will get back to you as soon as I can.** Carol A. Skerrett, Town Clerk CMMC978-649-4514 x222 [CSkerrett@dunstable-ma.gov](mailto:CSkerrett@dunstable-ma.gov)

• There are several initiative petitions circulating for the 2018 ballot. You must be registered to vote to sign the petitions. Petitions may only be returned for receipt on Thursdays between 9:00 am – 2:00 pm until I return.

**It's time to submit your request if you'd like to reserve a personal dog tag number for your dog.** You have to apply annually for the number, it does not remain with you for the life of the dog. People are very creative, using their house number, badge number, etc. If you reserve a number, the dog must be licensed by January 31 or it goes back to the general public.

### REQUEST FOR DOG TAG NUMBER

*Note: This is not a dog license application*

Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Dog's Name: \_\_\_\_\_

Requested Dog Tag #: \_\_\_\_\_

Do not send a fee with this form. You must still complete a dog license application. In the event of multiple requests for this number, a drawing will be held by the Dog Officer. Requests must be in by 12/08/17. No number higher than 600.

## IN MEMORY OF

Andrew Joseph Keaveny  
Raymond K. Reddin

David G. Sweet Sr.  
James R. Sheehan

## FROM THE TOWN ADMINISTRATOR

***There are several articles on the Special Town Meeting warrant that have a financial impact on the town. Details below:***

The Board of Selectmen recently completed negotiations with the Police Union, resulting in a new three-year contract that includes salary increases and other benefits. The details of the increases and benefits cannot yet be discussed publicly as the contract still needs to be signed. The cost of this article is \$35,000 and is proposed to be funded by free cash. The Advisory Board was aware of this when they were planning for the FY18 budget and held back some free cash in order to fund this when the contract was signed.

Three articles are related to the proposed Public Safety Building. The first of these three articles asks the community to accept a donation of land for the purpose of building a Public Safety Building. The reasons for choosing this property for the Public Safety Building are listed in the feasibility study, which is available on the Town website. The next article asks for \$1,800 from free cash to pay for the legal fees associated with this donation. And the final article requests the funds, just under \$10,000, to survey the property. The survey will be a full site survey that includes topographic and other information.

As a result of the process of creating an updated Master Plan, the Selectmen have frequently been asked about what kinds of commercial and residential opportunities might arise if the Town Center Overlay District passed. While the district proposal has been withdrawn from the Special Town Meeting warrant, the Selectmen thought it might still be useful to understand what kinds of opportunities and challenges might exist for the town. The analysis would be completed by a specialized firm and is estimated to cost \$17,500. The warrant also asks voters to consider expending \$3,500 to hire an actuary to estimate the cost of offering "other post-employment benefits" (OPEB) to municipal employees. Dunstable is one of a handful of towns within the Commonwealth that does not offer this benefit.

Finally, the Groton-Dunstable Regional School District has asked the town to consider approving the creation of a Capital Stabilization Fund for district capital costs. This request was made a few years ago but did not pass in Dunstable. Both towns much approve of the action in order to create the fund. While Dunstable does not plan to put any funds in the account, the district would have the opportunity to move any excess funds into this account themselves. These excess funds could occur if the E&D (excess and deficiency) account reaches a balance that is more than 5% of the district's total budget. There are additional items on the Special Town Meeting warrant, but these are the ones that are most significant or unusual. Others are typical articles, such as paying unpaid bills, and have a slighter impact on the town, especially from a financial perspective.

**November 7th** Town Meeting warrant is posted at Town Hall, Post Office, Town website. Any questions, please contact Town Administrator at (978) 649-4514 X224, or [thutton@dunstable-ma.gov](mailto:thutton@dunstable-ma.gov).

## DEAR FRIENDS AND NEIGHBORS,

Thank you for all the caring, love and support you have given during these most difficult of times for our family. The thoughts, prayers and actions of our community has truly made our plight more bearable.

The generosity that has been bestowed upon our family and the donations made possible by your kindness are much appreciated. We ask that any future kindness be made to the Military Friends Foundation, so that others who have suffered the same misfortune that has befallen us, get the assistance they need.

We are fortunate to live among the wonderful people that are our true friends and neighbors and wish to express our sincerest gratitude to all.

*With love, Paul and Dianna Dalida and Family*

## DUNSTABLE VETERANS SERVICES OFFICE

**November 11th** is Armistice Day, commonly known as Veterans Day that began in 1919 for WWI Veterans. President Eisenhower proclaimed in 1954 for it to be changed to Veterans Day to honor Veterans of all Wars. I hope you can stop by our little Veterans Office located with the Highway Department for our Open House, to see some of our new additions, possibly speak with Rep. Sheila Harrington and to enjoy some beverages and snacks. We will be open from 10AM to 2PM. Hope to see you there!

Additionally as always, if you know of any veteran family in need of assistance of any kind, please leave me a message at 978-649-3919 or send me an email at [VSO@Dunstable-MA.gov](mailto:VSO@Dunstable-MA.gov). I am here to help you.

*Joe Dean (Former USMC Sgt, Retired USAF Capt.)*  
Dunstable Veterans Services Officer  
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## DUNSTABLE GRANGE #31

Meetings are held each month at Dunstable Town Hall at 8 p.m. unless otherwise noted. See below. Call for more information 978-649-3934.

Come join Grange!

*All are welcome!!! Refreshments will be served.*

**November 10th - 150th Birthday Celebration**

**December 8th - Christmas Party.** Meeting at 7PM followed by Pot-Luck supper, card exchange and Yankee swap. Call Charlie at 978-649-3934 for details.



## DUNSTABLE GRANGE CABOT CHEESE FUNDRAISER

Dunstable Grange in conjunction with Cabot Cheese is holding a fundraiser to benefit the scholarship fund. Each year the Grange awards a scholarship to a graduating senior in the amount of \$500. What a great way to support students and Cabot Cheese has great prices during this sale. **Orders and payment must be received by November 11th, and mailed to Linda Chase, 491 Hollis St, Dunstable, checks made out to Dunstable Grange.**

The cheese will be available between November 16-18th. On [www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com) more information and order forms are available if you are interested. The following are items that are listed: **a)** 3/4 light cheddar snacks 100 count \$58.95 **b)** 3/4 sharp cheddar snacks 50 count \$29.95 **c)** Cheddar sampler (mild, sharp, extra sharp and seriously sharp 8 oz 4 bars \$14.95 **d)** Cheddar Shake - 8 oz (great on popcorn) \$6.95 **e)** Classic sharp cheddar 1 pound block \$8.95 **f)** Classic sharp & Vt maple syrup gift (1 pd block and 16 oz syrup) \$23.95 **g)** Light Cheddar Sampler 8 oz each: sharp light, sharp extra light jalapeno light and Cabot Light (4 blocks) \$14.95 **h)** Mansfield Morning Gift 8oz sharp, and seriously sharp, pancake mix and 16oz syrup \$29.95 **i)** Private Stock Cheddar - 1 lb \$9.49 **j)** Snowflake Bentley 1 lb sharp and 1 lb private stock \$18.95 **k)** Vintage Choice Cheddar - 1 lb \$9.95 Please feel free to call with questions or you may check Cabot Cheese Website to see these items. **Thank you in advance for your support.**

## WELL ADULT CLINIC

Nashoba Associated Boards of Health, in conjunction with the Dunstable Board of Health announces that an adult clinic will be held free of charge for the general public on: **December 27<sup>th</sup> from 11am-12 noon at the Library, 588 Main Street, Dunstable.** Meet with the nurse for a wellness check including blood pressure/pulse monitoring, blood sugar screening, general health counseling, and further assessments with referrals as needed. For further information, please contact Nashoba Associated Boards of Health at 978-772-3335 or 1-800-427-9762 ext 340 or visit us at [www.nashoba.org](http://www.nashoba.org). **The nurse will not be visiting in November.**

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## LOOKING FOR A FLOCK OF SHEEP

The Dunstable Conservation Commission is looking for a flock of sheep (minimum of 20) for several times a season to graze on approximately 4 acres of Conservation property. You will need to provide your own proper temporary fencing which must be removed when the sheep aren't grazing. ***If interested, please contact the office at 978-649-4514 x230 by November 17, 2017.***

## DUNSTABLE FREE PUBLIC LIBRARY

588 Main St. 978-649-7830

**HOMEWORK CLUB** The library is offering homework help every Tuesday night from 6:00 – 7:00 for the school year. This is a free service for children from Kindergarten to High School. Honor Students from local high schools are available to help the children. These students help children understand their math homework and more. If your child is attending, please call by 5:30 so we can be sure a student will be here for your child.

**Save The Date!!** The Stonehill College **IRISH STEP DANCING** Troupe will present a show at the town hall on **Sunday, November 12<sup>th</sup> at 2:00pm**. Come in and enjoy some incredible step dancing followed by refreshments baked by members of the Council on Aging. This show features Ciara Burke who is currently ranked 44<sup>th</sup> in the world. Thank you to the Dunstable Concerts on the Common Committee for sponsoring this show. This is a free show and there is limited space so sign up soon at the library, or at [kdebreceni@dunstablepl.org](mailto:kdebreceni@dunstablepl.org) or with Sue Tully.

## COMMUNITY COOKIE SWAP

**WEDNESDAY, DEC 20 at 6:30pm** Dunstable Town Hall

Annual Holiday Event...Families and friends gather to share their talents of cookie baking. Bring 3 doz. one kind of cookie with the recipe. We will swap cookies and a little history of the chosen cookie. Bring an empty tin to take all your cookies home in. For more info email [slt0213@verizon.net](mailto:slt0213@verizon.net)

## BOY SCOUT WREATH SALE



Dunstable Boy Scout Troop 28 is holding their annual Wreath Sale **now through Saturday, November 25**. Wreaths are pre-ordered/pre-paid, but if there are extras we will sell some at the church on November 25. they will be delivered on November 25th. If you need an alternate date, please ask when you submit your order, so arrangements can be made. Last year the boys did such a great job pre-selling that they had only a few wreaths to sell on the day of the sale! This is held at the Dunstable Evangelical Congregational Church at 518 Main St. (in the town center near the common). The sizes and prices are as follows: \$25 for Regular (24") and \$35 for Large (36"). The Wreaths are double sided, and hand made in Maine using fresh Fir by the Central Maine Wreath Company.

**ORDER YOUR WREATH TODAY!** Bruce Ebersman, 18 Century Way, Dunstable, 978-649 6500 email: [ebersman@hotmail.com](mailto:ebersman@hotmail.com)



## DVFFA CHRISTMAS PARADE AND PARTY

The Children's Christmas Party will be held on **December 3<sup>rd</sup>** with a bad weather date of **December 10<sup>th</sup>**. **The Santa Parade will start at 12:00pm**. The parade route is as follows: starting from the fire station: left on Pleasant, left on Pond, right on Parkhurst, left on Pond, left on Pleasant, left on Groton, right on School, left on Groton, right on Kemp, right on Adams, right on Pleasant, left on Brook, right on Depot, left on Oak, left on Main, right on Century, left on Main, left on High, right on Thorndike, right on Forest, turn around at Valley, left on Lowell and back to fire station.

**After the parade Santa will be at the Dunstable Fire Station on Pleasant St. (across from the Dunstable Police Station) handing out gifts until 3:00pm.** I hope to see you there!

Sincerely, Fire Chief Rich



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## DUNSTABLE RURAL LAND TRUST

### 2018 CALENDAR COMING IN NOVEMBER

This year's calendar features DRLT Director, Anne Davis' dramatic black and white photos of Dunstable.

The Calendar will be available for \$12.00 a piece at the Dunstable Library, The General Store, The Rose of Sharon at Blossom Hill, The Farmhouse Café and from the DRLT Directors.

All proceeds from the Calendar sales go to the DRLT to protect the open space and to preserve the rural character of Dunstable. Call Elaine at 978-649-9236 or Anne at 978-649-7243 for more information.

## DUNSTABLE BOARD OF HEALTH

TRANSFER STATION RATES JULY 1, 2017-JUNE 30, 2018

### PERMIT FEE FOR THE TRANSFER STATION & STICKERS RECEIVED

Residents may purchase new permits on Monday-Friday from 9:00 a.m. – 4:00 p.m. and on Monday evenings from 6:00-8:00 p.m. in the town hall upper level.

Regular Permits -	\$300.00 with 110 bag tags
Senior Permits – (65 and over)	\$200.00 with 55 bag tags
Recycling Permits only	\$ 10.00

Please bring a copy of your registration (up to 2) of the vehicle(s) using the transfer station.

You may also purchase permits through the mail by mailing a check for the appropriate amount made payable to the Town of Dunstable, copies of up to two vehicle registrations and 5 first class stamps for regular permits and 4 first class stamps for senior permits to the Dunstable Board of Health, P. O. Box 268, Dunstable, MA 01827. Recycling permits only require a copy of your registration and one first class stamp.

**Any leftover bag tags from last year may be submitted to the town hall to enter a lottery. One name will be drawn at the Board of Health Meeting in November.** The winner will receive a free permit and set of bag tags for the following year. *Please remember that only the first round of bag tags purchased are eligible for the lottery.* Please put your name and telephone number on each tag and drop them at the town Hall.

PLEASE REMEMBER THAT ALL VEHICLES MUST HAVE A TRANSFER STATION PERMIT DECAL AFFIXED TO THEIR DRIVER SIDE WINDOW AND BAG TAGS MUST BE ON ALL BAGS BEFORE ENTERING THE TRANSFER STATION.

If you have any further questions, please call us at 978-649-4514 Ext. 229 or email us at [jferrari@dunstable-ma.gov](mailto:jferrari@dunstable-ma.gov)

# SNOW PLOWING

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## BUDGET BUDDIES

**Budget Buddies helps low-income women become more economically self-sufficient** and transform their lives by teaching them core money-management skills and pairing them with personal financial coaches. We partner with local social service agencies and community volunteers to provide individualized training in basic money management. **Please call (978)-703-0820 for details.** [www.budgetbuddies.org](http://www.budgetbuddies.org)

### The deadline is November 10<sup>th</sup> for the December issue.

Have events coming up in? Send an email to me

[anne@NeighborToNeighbor.com](mailto:anne@NeighborToNeighbor.com) or by mail to Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827.

News is placed on a first come, first served basis.

Need details about advertising your business?

You may reach me at 978-419-1914 or send me an email.

Tyngsborough printed issues circulation is 5011 and

Dunstable printed issues circulation is 1299.

Issues available at [www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)

## DIRECTOR OF THE COUNCIL ON AGING

Anne Fenochetti Email: [afenochetti@dunstable-ma.gov](mailto:afenochetti@dunstable-ma.gov)  
Hours at Town Hall: **Tuesday** from 9-2 and **Wednesday** from 8:30-11:30. You can reach Anne at 978-649-4514 ext. 223 at the Town Hall or by appointment.

**SHINE** Serving the Health Insurance Needs of Everyone on or eligible for Medicare. SHINE is a health insurance information, counseling and assistance benefit available to Mass. Residents and their caregivers, at no cost. *Robyn Vaillancourt was available on Wed. Nov. 1st. If you missed this and need to make an appointment with her, contact Anne at the COA office, 978-649-4514 # 223.*

**Medicare Open Enrollment ends December 7th.**

**WELL ADULT CLINIC** Are held on the fourth Wednesday of every month in the community room of the Dunstable Library. Nurse will provide wellness check, blood pressure/pulse monitoring, blood sugar screening. **The nurse will be available on Wednesday, December 27, 11:00a.m. - noon** at the Dunstable Public Library.

*There will not be a nurse available in November.*

**VAN SERVICE** is available for medical appointments and grocery shopping. Cost is \$5.00 for local trips, Lowell, Chelmsford, Nashua, Tyngsboro, Westford, Ayer, Groton & Pepperell. \$10.00 for others. *Call Anne as soon as possible to make sure a ride is available.*

**FUEL ASSISTANCE** and Food Stamps Applications now available. Check to see if you are eligible.

**Prescription Advantage** Now has a continuous open enrollment. Applications available.

**MEDICARE QUESTIONS** Call Elder Services at 1-800-892-0890

**MEALS ON WHEELS** Do you or someone you know need the services of Meals on Wheels? Receive a hot nutritious lunch delivered M-F at around 11:30 a.m. as well as monthly special meals and holiday meals. For more info check with Anne. Drivers needed.

**FRIENDLY PHONE CALLS** Aren't able to get out as much as you would like? Would you like to receive a "Friendly Phone Call"? If you think you would benefit from or enjoy an occasional friendly phone call contact Anne. **Application for RMV Handicap placards**

**MESSAGE FROM THE FIRE CHIEF** The Chief is available to check your smoke detectors you just need to set up an appointment. If you need the assistance of the fire department for a non-emergency situation and you've called the fire station and no one was there. Please call 978-448-6666 (Fire/Police/ems Dispatch) they will notify the proper person or service to assist you. Office # 978-649-6661

**BROWN BAG PROGRAM** Elder Services of the Merrimack Valley, Inc. and the Greater Boston Food Bank have joined forces to offer an Elder Brown Bag Program for income eligible residents 60 years and older in the Merrimack Valley. Eligible elders will receive a free bag of groceries on the fourth Tuesday of the month. Pick up at the Tyngsboro Senior Center. Applications are now being accepted and are available through Anne at the Dunstable COA office.

**DURABLE MEDICAL EQUIPMENT** Try us FREE before you buy. Check out the COA's inventory. We have a variety of good, gently used walkers, wheelchairs, canes, commodes and much more that people have generously donated. These are on loan and need to be returned when not in use. PLEASE call first before you drop off items. Accepted items should be brought to the Town Hall only.

**CARE GUIDES AVAILABLE FOR FAMILIES OF PEOPLE WITH**

**ALZHEIMER'S Disease.** FREE The Alzheimer's Disease Assoc. Ma/NH Chapter has a array of resources for families and individuals at each stage of Alzheimer's Disease. These comprehensive guides allow families to address specific issues they are currently experiencing. If you are not sure what guide is best for you call 800-272-3900. To download guide go to: [www.alzmass.org/care-guides.html](http://www.alzmass.org/care-guides.html). The Alzheimer's Assn. home page is located at [www.alz.org/manh](http://www.alz.org/manh)  
**FILES OF LIFE POUCHES ARE AVAILABLE TO ALL SENIORS.** These pouches will contain pertinent information about you that can be left in a visible location, home/car to be used in cases of emergency. You can contact Sgt. Darrell Gilmore or Fire Chief Rich for more information.

**Elder Hotline** Provides seniors and their families with information related to elder issues. Call 1-888-243-5337 Monday-Friday 10- 4.

**Dunstable Council on Aging:** Mary Moeller, Chairperson; Brian O'Donnell, Secretary; Danice Palumbo; Donald Pottle; Mary Dow; Ruth Tully; and Nancy Novak. Many thanks to Marilyn Sheridan for her service to the Council on Aging.

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prayer meeting – Wed. 7pm. Home Bible study – 7pm, 1<sup>st</sup> and 3<sup>rd</sup>  
Thursdays @ 163 Highland St., Hudson, NH Call Pastor Steve  
Willett @ 978-957-0648 www.anchor-bible-church.org



## SIMMONS

Farm and Greenhouse

Thank you for a great season.  
**Happy Holidays!**  
See you in the spring.

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PO Box 245 • Dunstable, MA 01827

## DUNSTABLE SENIORS

We are a peer group for those over 60. Seniors now meet in the community room of the library every Wednesday 10:30 - 11:30 Bone Builders, dominos 10:30 - noon, lunch at noon. First Wednesday at 12:30 **BINGO for cash**. Last Wednesday of the month, **POKENO**, bring your pennies. **SCRABBLE** group every Wednesdays at 12:30.

• **The Mission of the Dunstable Council on Aging** is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs.

• **November 1<sup>st</sup> lunch was co-sponsored by the Tyngsboro/Dunstable Rotary** we will be having meatloaf, mashed potatoes, seasonal vegetable and dessert, catered by Charlotte's Cozy Kitchen. **The Traveling Chef Program** provided by Elder Services of the Merrimack Valley will cater the **November 8** lunch and will be sponsored by the Sunshine Girls Group. We will be having a Roast Turkey meal with all the fixings. The **November 15<sup>th</sup>** lunch will be Corn chowder and assorted sandwiches provided by Dinner Made Simple. **RSVP by Nov. 8 November 29<sup>th</sup>** pizza, salad and dessert. **No meeting on 22<sup>nd</sup>**. Lunches are \$3.00 per person. We would love to see more seniors at our lunches.

• **Irish Step Dancing Program** The Stonehill Irish Step Dancing Troupe will perform at the Dunstable Town Hall on **Sunday, November 12** at 2:00pm. This group is made up of students from Stonehill College and will be performing traditional Irish dances. Program is sponsored by the Dunstable Library, funded by the Dunstable Summer Concerts and refreshments are provided by the Dunstable Council on Aging. *This is a FREE event but donations would be appreciated.*

• **Indian Hill Music, Bach Lunch** is on Thursday November 16<sup>th</sup>. There are **TWO PERFORMANCES: 11:00 am and 1:30 pm** at Indian Hill Music, 36 King Street, Littleton MA. The performance will feature music of J.S. Bach on harpsichord and piano. Light refreshments are served but you are welcome to bring your own lunch.

• **Book Club** will meet on Saturday, November 18th and every third Saturday at 10:30a.m. We will be discussing **The Rosie Project** by Graeme Simsion Library. Summary: Don Tillman, a socially inept scientist who's tone deaf to irony. Rosie, an edgy young woman whose fallback mode is sarcasm. Put them together, and hilarity ensues in Australian IT consultant Graeme Simsion's first novel is an utterly winning screwball comedy about a brilliant, emotionally challenged geneticist who's determined to find a suitable wife with the help of a carefully designed questionnaire, and the patently unsuitable woman who keeps distracting him from his search. Reserve your copy at the circulation desk. The library supplies the books.

• **Rivercourt Residence** in West Groton invites Dunstable seniors for lunches on the third Tuesday of each month. Next lunch will be **Tuesday, November 21** at 12:30. RSVP by Nov. 14th. Rivercourt does this as a community out-reach program.

• **Book Delivery** to shut-ins is available through the Dunstable Library. Just let Sue know if you or someone you know needs books or audio material.

• **Line Dancing Class** Classes are held on Mondays at 9:45a.m. for one hour in the lower hall of the Dunstable town hall. Space still available, beginners welcome. Cost is \$3.00 per session. For more information contact Holly Pottle at 978-649-3192.

• **FREE Quilting Class** under the direction of **Robin Murch** will be offered on the first and third Tuesday from 6:00 – 7:45 at the Dunstable Library. Just drop in and she will let you know what you will need to get started.

• **Knitting, Crochet, Rug Hooking** Meets on Mondays from 7:00 – 8:30 at Swallow Union

**Bone Builders Program** is held on Wednesdays and Fridays in the community room of the library from 10:30 – 11:30a.m. Through a grant from Tufts Health and CTI senior Corp. Volunteer leaders run the program. Bone Builders is a fun low- impact strength training and balance exercise program. Each class runs for 60 min. FREE to all seniors, space is available. Talk with Marilyn Sheridan.

## DUNSTABLE FREE PUBLIC LIBRARY

588 Main St. 978-649-7830

Library Hours: Tuesday 3-8 Wednesday 10-2

Thursday 10-8 Friday 10-2

**WE ARE OPEN SATURDAYS 10-2**

For more library information go to

[www.dunstable-ma.gov](http://www.dunstable-ma.gov) click on library

Mary Beth Pallis – Director – [mpallis@mvlc.org](mailto:mpallis@mvlc.org)

Karen Debrececi – Children's Librarian – [kdebrececi@mvlc.org](mailto:kdebrececi@mvlc.org)

Like us on FACEBOOK to receive program updates!

[www.facebook.com/pages/Dunstable-Public-Library/219991908117595](https://www.facebook.com/pages/Dunstable-Public-Library/219991908117595)

The Library will close at 6:00pm on 11/7 for Town Meeting.

The Library will be closed Nov. 11<sup>th</sup> for Veteran's Day and Nov. 23<sup>rd</sup> and 24<sup>th</sup> for Thanksgiving.

**Featured Display** If you would like to display your artwork or photographs in the community room, we would love to host you. Please contact Karen at [kdebrececi@dunstablepl.org](mailto:kdebrececi@dunstablepl.org).

**This month's display** is from Joanna Reagan. She will be showcasing her collection of foreign language books. **Community Room**

**Artist** Check out the wonderful new artwork done by several Dunstable Artists.

**Library Passes available** Take advantage of these great passes: Boston Museum of Fine Arts, One Stop Fun, US Constitution Museum in Charlestown, and a pass to 50 Massachusetts State parks. New Discount Pass – Salem Witch Museum and Merrimack Repertory Theatre.

**Adult Reading Group** There will be an Adult Reading Group on Saturday, November 18<sup>th</sup> at 10:30 am. They are reading "The Rosie Project" by Graeme Simsion. New members are always welcome. Copies available at the Library

**Quilter's Group** They meet from 6:00 -8:00 p.m., the first and third Tuesday of the month. If you are interested in learning to quilt or would like to join other quilters, this could be the perfect opportunity for you.

**Cook Book Club** The library has a cookbook club! We will have a cookbook displayed each month and you can select and make a recipe from the monthly selection. Then we will get together on the last Friday of the month at 12:00pm to enjoy the dishes. Signup sheet at the desk. This month we meet on Friday, December 1<sup>st</sup>.

**Knitting and Crochet Class** under the direction of Donna Acquaviva. The class will be held on Monday nights at Swallow Union School from 6:30 – 8:00.

**Attention Baby Sitters** We have compiled a list of local babysitters. If you would like to be on the list, please contact the library. If you are looking for a babysitter, come into the library for the list.

**Preschool Story Hour** Please come in with your 3, 4 or 5 year old for story hour. Story hour is held on Thursdays and Fridays. We meet from 10:30 – 11:30. The program includes stories, songs and a craft or activity. Come in and join the fun!

**Afternoon Story Hour** This will be for older children who have ½ days in kindergarten. We will meet on Thursdays at 1:30 pm. We will still do a craft, so please wear clothes that can get messy.

**Children's Craft** Come and join Mrs. D. for a special craft time on Tuesday, November 14<sup>th</sup> at 4:00pm. We will be making several Thanksgiving crafts including a centerpiece for your table. Please wear clothing that can get messy. Please sign up at the library or email Mrs. D. at [kdebrececi@dunstablepl.org](mailto:kdebrececi@dunstablepl.org)

**On Going Book Sale** Is in the Community Room at the library. Come in and check out the selections that are here. Hard Covers are \$1.00, Paperbacks are 5 for \$1.00, DVD's are \$2.00 and CD's are \$1.00. If you would like to donate to the ongoing book sale, please bring current books (not older than 2 years) or any children's books in good condition. Please bring your donations inside, instead of leaving them at the door. We cannot accept magazines, older books, or textbooks.

**Holiday Wreath Display** Please come in and pick up a wreath during this month. Bring it home and decorate it based on your favorite book or movie (Or any creative way you would like). Then bring your completed wreath back to the library and we will display it for the month of December and for many Decembers following. This is a great family activity!



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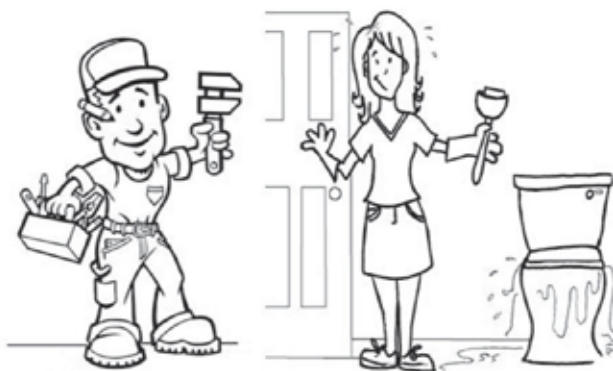
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## DUNSTABLE TOWN HALL DIRECTORY

Town Hall (978) 649-4514. The departmental extensions are as follows:

221 Accountant      222 Town Clerk      223 Council on Aging  
224 Board of Selectmen, Electrical, Gas, Plumbing, & Building Inspector's  
Secretary. Also for Animal Control Officer. After hours call Police at 978-649-8891. If emergency call 911

225 Assistant Assessor      226 Building Inspector  
227 Assessors, Highway      228 Collector/Treasurer      229 Board of Health  
230 Conservation/Planning Board/Water Commission  
Veteran's Officer 978-649-3919

POLICE NON-EMERGENCY 978-649-7445      POLICE & EMT 911

**FIRE DEPT. TELEPHONE NUMBERS TO REPORT A FIRE CALL 911**

Business Line.....978-649-6661      FAX.....978-649-6072

**Alarm System\* 978-448-6666\*** can be used to call in a fire from cell phone

## DUNSTABLE BOY SCOUTS

Boy Scout Troop 28 Dunstable meetings are held at the Dunstable Congregational Church. This is for boys in grades 6-12.

Boy Scouting is a great way to build self-confidence, character, and leadership while having fun, making friends, going on adventures, and serving your community. Troop 28 does all sorts of activities including kayak trips, day hikes, camping trips from 1-5 nights, bike trips, cooking competitions, shooting sports, trampoline jumping nights, and more. We serve our community with conservation projects, citizenship work, and service to our seniors and veterans. All activities are completely voluntary and Scouting is easy to fit around sports and other activities.

Our Troop has a great history of developing young men into self-confident leaders, including many Eagle Scouts. If you are interested in joining, please call Scoutmaster Sarath Krishnaswamy at 978-846-0120 or [sarath@alum.mit.edu](mailto:sarath@alum.mit.edu) if you'd like to learn more.



Greetings Neighbors .....

The holiday cooking season is almost upon us. Keep your eyes open for Box Tops for Education on some common cooking products that you might be purchasing in the upcoming weeks for your holiday gatherings. Box Tops can be found on Land O Lakes butter and margarine products (both the sticks and the containers), Green Giant frozen, canned and fresh vegetables, Ziploc and Reynolds aluminum products for your storage needs and when it comes time for clean up don't forget Lysol wipes, Finish dish detergent and Hefty products all have those little pink box tops on them.

Don't forget to download the Box Tops for Education app. on your smartphone which has some awesome opportunities on it to earn even more box tops for our local school. The best promotion on the app right now is if you purchase 5 participating Lysol products in one shopping trip you can earn an additional 100 box tops for our school. Just shop, select the Lysol promo on the app, scan your receipt and our school earns \$10. Simple as that.

There are numerous locations throughout town where you will find a yellow collection box for BOX TOPS. **New this year there is a collection box at the Dunstable transfer station.** In addition boxes can be found at the Dunstable Library, the Dunstable post office, inside the front main door of Swallow Union elementary school and there is a collection basket in the office at West Auto Repair located on Rt. 113 next to the Dunstable Fire Dept..

Thank you for your support and if you have any questions please don't hesitate to reach out to either one of us.

Jen West & Cristina Agraz, Box Top for Education co-chairs for Swallow Union Elementary School

[www.swallowunionapt.org](http://www.swallowunionapt.org)      [aptsallowunion@gmail.com](mailto:aptsallowunion@gmail.com)

[www.facebook.com/SwallowUnionAPT](https://www.facebook.com/SwallowUnionAPT)

## GROTON DUNSTABLE SPEDPAC

**CONTACT OFFICERS AND LIAISON 2017-2018**

**Co-Chairs:** Melissa Padera – [mpadera@yahoo.com](mailto:mpadera@yahoo.com)

Jennifer Bonenfant – [jenniferbonenfant@gmail.com](mailto:jenniferbonenfant@gmail.com)

**Secretary:** Marla Haddad – [mhaddad2@verizon.net](mailto:mhaddad2@verizon.net)

**Treasurer:** Katie Leonard – [kcleonard@gmail.com](mailto:kcleonard@gmail.com)

### SCHOOL PARENT LIAISONS

**Boutwell** Liz Podsiadlo – [lizpod72@yahoo.com](mailto:lizpod72@yahoo.com)

**Florence Roche** Mary Garcia – [franana527@gmail.com](mailto:franana527@gmail.com)

Swallow Union Melissa Padera – [mpadera@yahoo.com](mailto:mpadera@yahoo.com)

**Middle School** Marla Haddad – [mhaddad2@verizon.net](mailto:mhaddad2@verizon.net)

**High School** Susan Lopez – [susanlopez24@gmail.com](mailto:susanlopez24@gmail.com)

**Out-of-District** Nancy Beshansky – [nancybeshansky@hotmail.com](mailto:nancybeshansky@hotmail.com)

## GROTON DUNSTABLE REGIONAL SCHOOLS

Swallow Union School: 978-649-7281 978-649-9412

FAX 978-649-5078 Message Line: 978-649-5078

Website: [www.gdrsd.org](http://www.gdrsd.org) (follow links to S/U)

Supt. Office: 978-448-5505

Peter Twomey Youth Center 978-448-8459

Florence Roche School 978-448-6665

Middle School 978-448-6155

GD Regional High School 978-448-6362

Boutwell Early Childhood Center 978-448-2297

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## IRAS & 401(K) PLANS AND YOUR SPOUSE

*By Edward H. Adamsky*

Most people now have IRA and 401(k) accounts that are a large part of their retirement savings. These accounts pass by beneficiary designation when you die. Your Will does not control them. So, you must be sure your beneficiary designations are up-to-date and you need to consider who should get those assets and what the tax consequences to them might be.

If you are married, you need to consider your spouse's right to be a beneficiary of your retirement accounts. Spouses are treated differently depending on the type of account. A 401(k) account provides protections for a surviving spouse, who must either be named as the beneficiary or who will be the default beneficiary, unless the spouse waived that right in writing. 401(k) plans are employer retirement accounts controlled by the Federal Law known as ERISA (the Employee Retirement Income Security Act of 1974). IRA plans are not governed by ERISA and they can go to any beneficiary that the owner chooses. A surviving spouse does not have a right to be a beneficiary of an IRA and has no claim on it if not named.

An IRA account is not controlled by ERISA even if the funds in the IRA used to be in a 401(k) account and were rolled over into the IRA. Once out of the 401(k) plan, the spouse loses any protections of ERISA. So, if you have any IRA account and want your spouse to be the beneficiary, you must ensure that you designate this on the proper form with your IRA custodian (the bank or brokerage).

You can name anyone as beneficiary of your IRA, not just your spouse. There may be reasons and perhaps some advantages of doing so. You might be in a second marriage and want to provide for your children. Or, a much older spouse might wind up having to take more out of the IRA and paying more in taxes than you. If your spouse doesn't need the IRA funds, there might be tax advantages to naming a younger beneficiary (a child or grandchild perhaps) who can spread out withdrawals over many more years. If you are in a second marriage, you might want your own children to inherit these assets and so name them instead of your spouse.

You should routinely check your retirement account beneficiaries and update them as necessary and desirable. You should check the designations if you had a major change in life such as a death or a marriage. If you have 401(k) funds, you need to plan for your spouse's right to get those funds. With IRA funds you can choose any beneficiary so you have to think that through. Consult with your legal or financial advisor for help with these beneficiary designation issues.

## BEAVER BROOK NATURE CENTER HOLLIS, NH

### • GREENS GATHERING & WREATH MAKING, NOV 29 9-11 AM *Beaver Brook Nature Center, 52 Brown Lane, Hollis NH*

Take a hike at Beaver Brook to gather evergreens: Eastern hemlock, white pine and mountain laurel plus pine cones and winter berries (season permitting). Return to Brown Lane barn and enjoy tea and cookies while you learn to fashion a lovely, long lasting holiday wreath. Everyone leaves with a beauty!! Makes a wonderful gift for someone else too! Register online at [www.beaverbrook.org](http://www.beaverbrook.org) <<http://www.beaverbrook.org>> \$25 per person/ \$22 for BBA Members. Bring your own clippers if you have them. We'll supply the wreath rings and wire.

### • BEAVER BROOK 5K TRAIL RUN DEC 17

*Beaver Brook Nature Center, 117 Ridge Road, Hollis NH*

The Beaver Brook almost 5K Race is running the old fashioned way with a great off road course, great competition, unique T-Shirts and useful awards (pint glasses). Colorful Beaver Brook 5K T-Shirts guaranteed to the first 100 runners!

Beaver Brook 5K Pint Glasses to top 3 Male and Female Overall and top 2 Male & Female in 7 Age Groups Hugh raffle including : Hanteens, Strap Lights, RoadID Kits, & more. Goodie Bags to all runners! \* The races are actually 4.5K, but it will FEEL like 5K Preregister online: <https://g2racereg.webconnex.com/bbwinter5k17> \$20

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## MORE NEWS FROM

### DIRECTOR OF THE COUNCIL ON AGING

Anne Fenochetti Email: [afenochetti@dunstable-ma.gov](mailto:afenochetti@dunstable-ma.gov)  
Hours at Town Hall: **Tuesday** from 9-2 and **Wednesday** from 8:30-11:30. You can reach Anne at 978-649-4514 ext. 223 at the Town Hall or by appointment.

**The Mission of the Dunstable Council on Aging** is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs.

**Document shredding** We are looking into finding a local company that will shred personal documents. Would like to know how many senior would be interested in using this service. Contact COA office.

**Bone Builders Program** is held on Wednesdays and Fridays in the community room of the library from 10:30 – 11:30a.m. Through a grant from Tufts Health and CTI senior Corp. Volunteer leaders run the program. Bone Builders is a fun low- impact strength training and balance exercise program. Each class runs for 60 min. FREE to all seniors, space is available.

**Volunteers needed** to deliver Meals on Wheels to shut-ins. To lead an activity or craft

**Nashoba Nursing Service and Hospice:** For information on home health, flu clinics, nursing availability, or hospice - call 1-800-698-3307.

## REGISTER FOR GIRL SCOUTS

All girls in grades K-12 are invited to participate in Girl Scouts. As a scout, each girl will have a supportive network to try new things, which helps to develop confidence, courage and character. She will have a wide range of opportunities, both indoor and outdoor, while earning awards and building friendships. You can get more information and register your daughter at [GSEMA.org](http://GSEMA.org) (Girl Scouts of Eastern Mass.). Girl membership is just \$40 per year. Adult volunteers are welcome too. For questions, contact Stephanie at [sgeiser@gsema.org](mailto:sgeiser@gsema.org).

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### Neighbor to Neighbor

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## GROTON GRANGE #7

... invites you to celebrate Veteran's Day at our traditional **NEW ENGLAND CONTRA DANCE** on **Saturday, November 11th**, from 7:30 - 10:00 PM at **Historic Groton Grange Hall, 80 Champney St., Groton.**

This will be an evening of live music and dancing with Groton's own Contra Banditos along with caller Dudley Laufman, who will teach traditional New England style contra, square, and line dances to the beat of old time fiddle tunes. Beginners are welcome, no experience or partner is necessary. Donation at the door is \$5.00 per person, children under 3 years old are free, and family maximum is \$20. Veterans are admitted free. Refreshments are provided.

## SHEPHERD OF THE VALLEY LUTHERAN CHURCH

80 Champney St., Groton, MA 01450 (978) 540-0768  
<http://www.sov-lc.org>

**Pastor Rev. Susan Gaeta Fall worship time 10:15**

**Fall worship times** are now in place with a 10:15 Worship Service and a 9 AM Sunday School/Adult Discipleship time. At Shepherd of the Valley Lutheran the Sunday School children are studying both the Old and New Testament lessons this school year.

**On Sunday, November 5th**, SOV will have an All Souls observance to remember our family members and all who rest in the Lord.

**A Thanksgiving Worship Service** will be held at 10am at Christian Union Congregation.

*Shepherd of the Valley Lutheran extends a very Happy Thanksgiving to all.*



Again this year West Auto Repair, Inc. will be teaming up with Maureen Amaral, Realtor from Coldwell Banker Residential Brokerage, who is our town's Toys for Tots coordinator, to collect toys for local families in our area. Starting sometime during the week of November 13th we expect that the Toys for Tots collection box will arrive and will be set up in the office of West Auto Repair located at 30 Pleasant St. (a/k/a Route 113) in Dunstable, MA. The office is open Monday - Friday 8AM til 5PM. No appointment is needed, please just stop by and leave any toys in the collection box. Historically there has been a shortage of donations for children in their pre-teen years so please keep that in mind when considering what toys you might donate to this program. We look forward to seeing you all during this upcoming holiday season and we thank you in advance for your support. Should you have any questions relating to the Toys for Tots program please feel free to contact Maureen at [773-599-3257](tel:773-599-3257) and she can answer any questions you might have.

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### Adult Dance

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### Children's Program

Dancers 2-6. Fun Monthly Themes, Mom & Me Classes, Tumble Tots classes, Introduction to Ballet, Tap & Jazz.

### Performance Program

Ages 7-18. Classes offered in all genres of dance, with a strong focus on technique, stretch, strength and performance.

### Competitive Program

Dancers 4-18 who wish to explore the competitive side of the dance world. Great lessons in teamwork and making lifelong friends.

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## AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

**Meetings are held the first Thursday of each month at 7pm.**

**Auxiliary Unit Officers for 2017-2018** President: Diane Dileo; Sr. Vice: open; Jr. Vice: Maureen Harris, Treasurer: Josephine Beauregard, Secretary: Patricia Modrich, Chaplain: Rebecca Modrich, Historian: Open, Sergeant -At-Arms: Mary Dupras, Executive Committee: Kathleen Oljey, Annette Coles and Janice Dombrowski

**For information on the Auxiliary Unit meetings**, or functions contact Unit President Diane Dileo at 978-204-9329

**THE UNIT IS STILL COLLECTING** can pull tabs drop off at Post and earmark for Auxiliary. **We also would Welcome New Auxiliary Members** 18 and older. Contact Unit President or Treasurer.

... **The Unit Jr. Auxiliary is accepting new Jr. members.**

Contact 978-649-7540 if interested in joining.

**REMINDER FOR MEMBERS** Please send in your **Membership Dues**. Mail to: Josephine Beauregard Unit Treasurer, 70 Pawtucket Drive, Lowell, MA. 01854.

## AMVETS POST #247

### ROBERT D. PELLETIER

90 Pawtucket Blvd. Tyngsborough, MA

We hold our meetings on the **1st Tuesday** of the month at **7 p.m.** all veterans are welcome with 180 days or more of active duty. Come down and join us for a meeting.  
*God Bless America.*

**OFFICERS:** Commander: William A. Beaton; 1st Vice: John McDermott; Adjutant: John Cogan; Finance: vacant; Judge Advocate: Roland Milliard; Provos Marshal: Roland Russell; Chaplain: Rod Woods. E-Board: Steven Harris, John Dombrowski, Ron Russell.

**"ALWAYS READY TO SERVE OUR VETERANS"**

AMVETS National Website: <http://www.amvets.org/>



## PSYCHIC FAIR

**Saturday, November 4, 2017**

**10am. - 4pm**

at the AMERICAN LEGION POST 247, 90 Pawtucket Blvd. Tyngsboro, MA. This is to Benefit Children & Youth Veterans Programs. Sponsored By American Legion Auxiliary Unit 247 Inc., Tyngsboro, MA. Readings \$25.00, TAROT, REIKI, PALMISTRY, INTUTIVE, MEDIUM, AURA READING & IMAGING. Vendors with many interesting items. Free coffee!!! Sandwich's and Home Baked Goods on Sale **NO Entrance Fee**, Free Parking. For additional info please contact Josephine at 978-458-7015. Many Nice Raffles. Door Prize Drawn Each Hour!

## AUXILIARY MEAT SHOOT SAT. DEC. 2ND, 7-9PM

## AMERICAN LEGION POST 247 ACTIVITIES

- Veteran's Meal Serving Thanksgiving Dinner  
**Wed, November 8th 6:pm**
- **Nov. 11th, Veteran's Day Ceremonies** and Flag Retirement Ceremony
- **Sat. Nov.18, Legion Meat Shoot 7-9pm**, Turkeys and Hams
- **Dec 5 Vet Meal 6pm, Christmas Dinner** SAL's Meeting 7pm
- **Dec 9 Adult, Post 247 Christmas Party 12-4pm** Yankee Swap Gift \$10 value.
- **Sunday, Dec. 10th, Legion Children's Christmas Party**, Sign up required.

## NASHUA HISTORICAL SOCIETY

Cal Knickerbocker will be presenting his program **Motivating the WWII Home Front via Magazine and Radio Advertising** at The Nashua Historical Society on **Sunday, November 12, 2017 at 2 p.m.** Cal will be talking about the advertising messages that were designed to inspire participation in the war effort. He will play many radio public service spots, as well as show and discuss a number of magazine ads which illustrate this concerted effort.

**The Nashua Historical Society is located at 5 Abbott Street, Nashua.** Program is free and open to the public.

# EVANGELICAL CONGREGATIONAL CHURCH OF TYNGSBORO

Est. 1868

Route 113, 23 Kendall Rd., Tyngsboro, MA 01879



## WHO'S TURNING 150 YEARS OLD SOON?

**WE ARE!**

On April 7<sup>th</sup> 1868, at a meeting in the Town Hall, our church was organized with a membership of 23. By July, just across the street on Kendall Road, a foundation for a church was in place and by October 1<sup>st</sup> the church building was completed.

*As we approach our 150<sup>th</sup> year we invite all to join us in celebration.*

### MARK YOUR CALENDARS FOR SPECIAL EVENTS

**November 30 - December 3, 2017** See our special display at the 9<sup>th</sup> ANNUAL FESTIVAL OF TREES at 10 Kendall Rd  
**December 2, 2017:** Please join us for a **VERY SPECIAL CHRISTMAS FAIR**, Time: 9:00am-3:00pm Place: Church Grounds, 23 Kendall Rd. Homemade gifts, vendors, kids games/crafts. Great food and baked goods. Be sure to visit our Thrift Shop for great deals and take a tour of our beautiful sanctuary and reflect on Christmas past.

**March 3, 2018:** Church History Presentation Time: To be announced Place: 23 Kendall Rd., Tyngsboro

*Stay tuned for more events to be announced throughout 2018*

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## ROBERT D. PELLETIER AMERICAN LEGION POST #247, INC.



**90 Pawtucket Blvd. Tyngsborough, MA 01879**

Active duty military and veterans always welcome to join. For further information call **978-649-7540**. Remember to attend the committee meetings on the first Thursday with your input and ideas.

**The public is invited to get involved in all events of the post. The veterans monthly dinners will continue on the first Wednesday of the month.** We are always looking for help to serve the veterans. **Keno and Scratch Tickets are available at the Post.** There is an ATM in the Post for your convenience.

**OFFICERS:** Commander: Fred Carroll; 1<sup>st</sup> Vice: Joseph Agrusso; 2<sup>nd</sup> Vice: Donald Pierce; Adjutant: Charles Curran; Jude Advocate: Roland Millard; Chaplain: *vacant*; Finance: Mark Taylor. E-Board: Marty Bloomgren and David Coles.

**RENTAL OF FACILITIES INFORMATION** Our clean, bright Function Hall is available for all your Family and Private needs. Handicap Accessible. Large private parking lot. All Fees are for 4 hours use. Extra hours are available. Great for Baby and Bridal Showers. Deposit required. **Active duty personnel, discounts available. Call the Post for more information and viewing at 978-649-7540.** (No Drinks of ANY kind can be brought into building)

**Visit our website, [www.tyngsboroughlegion247.org](http://www.tyngsboroughlegion247.org)**  
This website contains a wealth of information about the Post.  
**Please remember to be safe & keep our troops in your prayers.**

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# **CLUB OF TYNGSBORO/DUNSTABLE**

**Rotary Motto:** *Service Above Self*  
**Theme:** *Rotary Serving Humanity*

The Rotary Club of Tyngsboro/Dunstable has been serving the Tyngsboro and Dunstable area for 43 years.

We meet at the Dream Diner, Tyngsboro, on the 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Thursday of the Month at 7:15am.

• **We regret, that we had to cancel the 8th Annual Taste of the Town**, that had been scheduled for October 26th. We were unable to sign up enough vendors. We are hopeful that it will be held in the spring.

**Thank you to: Bianco's Catering, Capellini's Restaurant, Outback Steakhouse, Sullivan's Ice Cream and Trader Joes for offering to participate.**

For further information about Rotary, please email us at [tdrotary@yahoo.net](mailto:tdrotary@yahoo.net) or visit our website at: [www.tdrotary.org](http://www.tdrotary.org). Thank you for your support.



## **Evangelical Congregational Church of Tyngsboro Est. 1868**

**Route 113, 23 Kendall Rd.  
Tyngsboro, MA 01879**

For questions or more information,  
 please call our office 978-649-2262  
 Pastor Denis Frediani 1-603-579-0904  
[www.tyngsborocongregational.org](http://www.tyngsborocongregational.org)  
 E-mail [ecctsec@outlook.com](mailto:ecctsec@outlook.com)



### **JOIN US FOR SUNDAY MORNING WORSHIP**

Our Mission: Glorify God by encouraging all people to know Jesus together in Faith, Love and Service. Worship Service at 10:00 a.m. Nursery available. Followed by Fellowship and Refreshments. Children attend Worship service with parents and are dismissed at 10:15 a.m. for Sunday school.

**We invite you to join us for:**

- **SUNDAY EVENING – Adult Bible Study**, 6:30 p.m. - 8:00 p.m. "HOW TO UNDERSTAND YOUR BIBLE"
- **TUESDAY MORNING – Ladies Bible Study** 9:30 a.m. - 11:30 a.m. "PROVERBS" - "LEARNING TO LIVE WISELY"

**The Thrift Shop:** Located next to the church is open to the public on **Thursdays and Saturdays from 10:00 a.m. - 3:00 p.m.** We offer an assortment of clothing, shoes, handbags, baby items, books, small appliances, dishes, glassware, jewelry, etc. Please do not drop off large furniture items such as TV's, computers or printers since we do not have the means to store or dispose of these items.

**NOTE: Thrift Shop will be closed:** November 11 (Veteran's Day), November 23 (Thanksgiving Day) and December 23 (Christmas weekend)

**Church News/Programs:** Junior Youth Group - 6<sup>th</sup> thru 8<sup>th</sup> grades will meet **Nov. 3<sup>rd</sup> and Nov. 17<sup>th</sup> 6:00 p.m.** at 23 Kendall Road  
**SUNDAY - November 26 – Please join us for our Children's Christmas Program "Hanging of the Greens" 10:00 a.m.**  
**SUNDAY - December 24 – Christmas Eve Candlelight Service at 7:00 p.m.**

• **THE 150th Anniversary Committee** of the church is meeting regularly now to plan events for the historic celebration in 2018. If anyone has photos or information of the church through the years please notify Joy at 978-649-6142 or Jill at 978-649-3301.

• **CRAFT FAIR NEWS** We are looking for a few more craft people to join us this year for our **Annual Fair**, which will be held on **Dec. 2nd** this year from 9-3. Our theme is focused on our 150th Anniversary and our own members and friends will be making crafts and gift items to celebrate such. Interested crafters can contact Jim @ 203-535-5982 for details and reservations.



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## SONS OF THE AMERICAN LEGION

Massachusetts Detachment, Squadron 247 Robert D. Pelletier  
Post 247, 90 Pawtucket Blvd, Tyngsboro

- **SAL Detachment 247 now meets on the first Wednesday of each month at 7 p.m. at Post 247.**
- **SAL Officers:** Commander: Brian Laplante; Sr. Vice Commander: Steve Harris; Sgt at Arms: Mark Myers; Adjutant: Roger Daigle, Treasurer: Gerald Richall.

We are always welcoming new members. Drop in or call 978-649-7540. **Anyone interested** in becoming a member of the Sons of the American Legion is welcome to attend our monthly meeting. **Applications are available at the Post at any time.**

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## BUILDING HOPE BUILDING HOMES

**Text2Give Campaign Tues, Nov 21, 2017**

Take the Habitat for Humanity Text2Give Challenge!  
We are going all out this fall to raise the needed funds for two Habitat houses being built at Juniper Hill in Westford.

Simply text "GIVETOHABITATGL" to 707070, follow the prompts, then register your credit or debit card and donate to Habitat Lowell!  
Every dollar counts towards our \$8,000 goal!

More info,

<http://lowellhabitat.org/news-events/upcoming-events/>  
or call 978-692-0927.

## WEST CHELMSFORD UNITED METHODIST CHURCH

242 Main Street North Chelmsford, MA 01863

Phone : 1-978-251-4834 Website [www.wcumc.us](http://www.wcumc.us)

Worship: 9:30 AM Professional child care provided

Sunday school for pre-K - High School: 10:00 AM

Coffee Fellowship: 10:30 AM

We are in the midst of our Fall activities and it is hard to believe that Thanksgiving is fast approaching!! We hope that you have enjoyed the gorgeous fall foliage this year! It may seem early to think about the holidays, however, here is an early reminder that our Holiday Fair will be held in early December. We will have breakfast items, coffee, hot chocolate, and juices available for early risers. Enjoy breakfast before starting your shopping. We will have home-made lunch items available, if you start shopping later. There will be a children's room, with games, crafts, and movies to entertain your children while you shop. We will have many local craft vendors, our famous baked goods and candy tables, white elephants, and our plant table. Come and enjoy shopping in a warm, stress free, and friendly place with the spirit of the season! Bring your neighbors and family - this is open to the community. Don't miss it!

**Please check our website for additional information**

We are happy to announce that we are nearing completion of our project to make our building accessible to all! We have had 2 new vertical lifts installed, installed a new handicapped accessible bathroom, new ramps at entrances, and a new interior ramp. A dedication was held for the lifts earlier this Fall.

Our worship service is at 9:30 AM and starts with children and youth attending with their family. Children and youth are participating in several aspects of the service until they go to their Sunday School classes with teachers. We continue to enjoy wonderful music from our children's, youth, and adult choirs - both handbells and singing. After the service and coffee fellowship, there will be different adult study offerings throughout the year.

**Annual Holiday Fair, Saturday December 2** 9:00am to 3:00pm at the West Chelmsford United Methodist Church - 242 Main St. N. Chelmsford, MA - 978-251-4834 Handmade gifts, Candy, Jewelry, and **A Great White Elephant Table!** Home baked goods, Professional crafters, homemade lunch --- And more! Proceeds benefit church special projects and missions. For more information see our website at: [www.wcumc.us](http://www.wcumc.us) or email us at [office@wcumc.us](mailto:office@wcumc.us)

**We hope to see you soon!** We are on 242 Main Street in North Chelmsford, right on the Westford/Chelmsford line. From Route 3, take the Route 40 exit to Chelmsford, take a sharp right onto Main Street Chelmsford right after the variety store and follow Main Street until you see the church on the left.



46 Coburn Road  
Tyngsboro

Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. It's a great place for outdoor exercise and to enjoy nature close to home. Sherburne Nature Center and Trails activities are open to all who are interested. No reservations or fees required. Children under 16 must be accompanied by an adult.



# TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



Events listed will be **held at the Little Red Schoolhouse** which is located on Route 113, near the Tyngsborough Dunstable Town Line.

## • Friday, November 3<sup>rd</sup> 7-9PM

Historian, Author and "Fruit Explorer" John Bunker will offer a talk **The History of Apples: Tracking Down, Identifying and Preserving Historic Apples in New England**

**Program is free**, refreshments will be served.

• **The Annual TDHS Holiday Potluck Supper** will be held at the Little Rd Schoolhouse on **Sunday, December 10<sup>th</sup> from 6 to 8pm**. For more information call Lynda at 978-587-8423.

The Tyngsborough Dunstable Historical society is a non-profit membership organization, open to everyone who is interested in learning more about local history. Join today by calling Lynda at 978-587-8423 or see membership form on our website. [www.tdhsociety.org](http://www.tdhsociety.org)

## FAMILY BARN DANCE

A family barn dance at the PCA with Marcie Van Cleave calling. Bring the kids. Oh, CONTRAire! provides lively music. **Sun., Nov 12, 2017 from 3-5pm**. No experience required; all dances taught. Adults \$5; kids \$3; maximum \$15 per family; group rates available. The Parish Center for the Arts, Corner of Boston Road and Lincoln Street on Westford Common. Westford, MA 01886 Tel: (978) 692-6333 e-mail [PCA@Westford.org](mailto:PCA@Westford.org) <http://www.Westford.org/PCA>

## CHRISTMAS LIGHTS TRIP

Br. Richard Cote is organizing a trip to the Christmas Lights display at LaSalette Shrine in Attleboro, MA on Thursday, Nov. 30. Depart Stadium Plaza Tewksbury at 12:30 pm return at 8:00 pm Cost \$26. Concert with Fr. Pat if we can reach 25 or more passengers. Supper on your own. Call (978) 441-0649 x 42 evenings. Br. Richard Cote, 60 Wyman St., Lowell, MA 01852 (978) 441-0649 x 42

## ST MARY MAGDALEN PARISH

95 Lakeview Ave., Tyngsboro, MA 978-649-7315

**Weekend Mass Schedule:** Saturday 4PM. Sunday 7:30AM, 10AM

Greetings from our Pastor, Fr. Richard Clancy

**COME JOIN US, ALL ARE WELCOME!**

Weekday Mass: Monday, Thursday & Friday at 9AM. **No Mass** on Tuesday and Wednesday

• **Reconciliation** every Saturday from 3 to 3:40PM or by appointment.

• **View our bulletin** on line at [www.stmarymagdalenparish.com](http://www.stmarymagdalenparish.com).

Join us on **Facebook!** Search "Saint Mary Magdalen Parish Tyngsboro" and like our page to see daily meditations and events.

• **FIRST FRIDAY ADORATIONS** are held on the first Fridays of the month at the Church and will consist of Holy Hour with closing Benediction from **9:30AM – 12pm**.

• **The St. Vincent De Paul Society** operates a monthly food pantry out of the rectory in addition to providing holiday meals to those in need. We can be reached at 978-844-2365.

• **Prayer Line – Do you know of someone needing prayers?** Call Helen (978) 649-7927 or Carol (978) 649-6717. (Submit only first name of one to be prayed for)

• **MEN OF ST. JOSEPH** - The Men of St. Joseph in the Greater Lowell area meet on the Second Saturday of every month. Each monthly meeting includes prayer, food, and faith-building fellowship.

**All meetings will begin at 7:00am and end no later than 9:00am.** Newcomers, father/son (Confirmation age) teams, and friends from other parishes are always welcome! To find out more, please come and check us out! Held at St. Rita's Church, Mammoth Rd, Lowell

• **CRAFT & CRIBBAGE NIGHT** Every 2nd & 4th Tuesday of the month from **6-8:00pm** at the Parish Center

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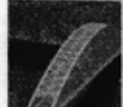
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**ST. MARY CHURCH:** 25 North Road, Chelmsford Daily Mass

Schedule: Monday – Friday 7:00 AM; Saturday 9:00 AM

Weekend Mass Schedule: Saturday 4:00PM; Sunday 7:00AM,

9:00AM, 11:00AM and 6:00PM Reconciliation: Saturdays 11:00 – 12:00 NOON, or by appointment

**ST. JOHN BUSINESS**(978) 251-8571; [www.saintjohnchelmsford.org](http://www.saintjohnchelmsford.org)

**ST. JOHN THE EVANGELIST CHURCH:** 115 Middlesex

Street, North Chelmsford Daily Mass Schedule: Monday –

Saturday... 9:00 AM Weekend Mass Schedule: Saturday... 4:00

PM; Sunday... 8:30 AM, 10:30 AM and 5:00 PM Reconciliation:

Saturdays... 3:00 – 3:45 PM, or by appointment **DAILY MASS**

**SCHEDULE:** In addition to regular Mass schedule (listed above)...

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# Neighbor to Neighbor

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Issues are now available online at

[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)

Published by Anne M. Paquin

Since 1983

64 Hardy St., Dunstable, MA 01827

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**Deadline: November 10<sup>th</sup> for the December issue.**

**Circulation for Dunstable & Tyngsborough is 6,240 issues.**

Articles placed on a first come, first served basis. If you have a business, or your organization would like a display ad, please email me and I will forward the rate sheet to you.



## DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827

[Dunstablechurch.org](http://Dunstablechurch.org) 978-649-6251

Pastor Bobby Ross [pastorbobby@dunstablechurch.org](mailto:pastorbobby@dunstablechurch.org)

**DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."**

**SUNDAY WORSHIP** Worship Service is held at **10:00 am each Sunday**. Child care is available during the service for infants through kindergarten age. Our worship services feature a wide variety of music, scripture readings, corporate prayer and spoken messages and with Communion (the Lord's Supper) served on the first Sunday of every month. Everyone is welcome to an informal time of fellowship with coffee, tea and refreshments that takes place after worship. A new **Membership Class** is available; please contact [pastorbobby@dunstablechurch.org](mailto:pastorbobby@dunstablechurch.org) for more information.

**ADULT SUNDAY SCHOOL CLASS** is held 8:30-9:30 am in the Rm 2 classroom. Childcare needed.

**CHILDREN'S SUNDAY SCHOOL** is held at **10:00 am**. Children in Ages 4-12 attend the regular service with parents for the first 15 minutes of worship before leaving to attend Sunday School class for the remainder of the hour. Older children and teenagers remain with their parents for the entire worship service. An

**DECC YOUTH GROUP** As of this writing, we were scheduled to participate in the Oct 29<sup>th</sup> Nashua fund raising "crop walk" for the hungry. DECC has a great youth program and welcomes any area youth currently in 6<sup>th</sup> to 12<sup>th</sup> grade to join for any events! **Typical meetings are held on Sundays from 4:00-6:00 PM** but special events may be held at other times. All are welcome for a single event or to become a regular member. **Please contact Jon Hughes at 978-393-7708** if interested and to confirm location and time of meeting.

**The MISSIONS BOARD** presented a wonderful program from Village2Village with our guests Laurie Kroll and Akol Christine, a girl from the village who has worked hard and has recently graduated with her medical degree. She is returning to the local hospital to help others as she has been helped by Village2Village. On Oct 15<sup>th</sup>, Gail Holland represented United Youth in Crisis, a local endeavor to help young, troubled girls in at-risk communities to become better citizens by teaching them to reach out to help and love others. The results of the girls' participation in this project helps to support an orphanage in Kenya, Africa. The Board will present a new "Missions Moment" each month representing the Christian endeavors that the Church financially supports. The next Missions Moment will be on November 5<sup>th</sup>.

**POPs** (Parents of Preschoolers) meets in the Fellowship Hall twice a month on Fridays, 9:00-11:00 am. Child care is available. Next meetings are 11/3 & 11/17. Contact [Shellyannross@gmail.com](mailto:Shellyannross@gmail.com) with questions.

**Come visit your community's church.** For more information about any of these events, contact the church office 978-649-6251 or email [info@dunstablechurch.org](mailto:info@dunstablechurch.org).

## "HOW I GOT THE SHOT"

by Nick DePasquale

Have you ever seen a great photograph and wonder how the person got that shot? If you are like me, you may have thought: "Must be a great camera or a high-quality lens." Well, as my photography mentor Joe Baraban tells me, it is the 6" behind the lens that actually makes the difference – you the photographer. I have shot some of my best photos with a small point & shoot Panasonic pocket sized camera rather than my bigger more expensive gear. I learned to always carry the small camera with me just in case an opportunity arises for a great shot.

Here is an example (visit my website for the larger color version – [www.nickdepasqualephotography.com](http://www.nickdepasqualephotography.com)):



My wife Joyce and I were staying at the Thornhedge Inn in Bar Harbor, Maine. The early morning sun was shining through the partially opened blinds creating wonderful bands of light across the room. We were getting ready to go down for breakfast but I just had to stop to grab a shot of the scene. I quickly took out the Panasonic and started shooting. I did not want to take the time to dig out the bigger gear because the sun moves quickly that time of the day, and I wasn't all that sure that Joyce would wait for me, again! The photos I took were ok but I was not excited. Then I noticed a beautiful bouquet of fresh flowers that the inn keeper had left in our room. So, "coloring-outside-the-lines", I moved the vase and positioned the flowers in the bands of light. I then set the camera to manual mode (I did not trust the camera to make the proper exposure) and made several different exposures making sure to balance the light against the dark bands. Also, I made sure that the flowers were in focus – as sharp as could be. A unique opportunity for a unique image. Here are my settings: Panasonic DMC – ZS100; zoomed to 18.2mm; ISO 400; F8 @ 1/160. And, as always, Joyce was wonderfully patient with me! Join me for a lesson, photo shoot or workshop. Visit my website for more information.

**Next month – How I got the Shot of Il Duomo in Florence, Italy.**

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**They would like to know. Thank you, Anne**



**Altrusa** is a non-profit, worldwide association, which encourages volunteerism to make a difference in our communities. Founded in Nashville, TN in 1917, Altrusa is celebrating its 100<sup>th</sup> birthday, and each Altrusa member was challenged to mark the milestone by performing 100 hours of volunteer service. On September 27<sup>th</sup>, the District One Governor, Anne Rash, visited the Merrimack Valley Club and distributed 100 for 100 pins to 10 members of the club who accepted and completed this challenge. In addition, the Club received recognition for donating more than 800 books to agencies that service children in need in the Merrimack Valley.

The new Altrusa year, has the Merrimack Valley Club ready to help those in need. In July 2017, Leanne Milligan of New Zealand was installed as International President. The theme of her biennium is "Reaching out" through a variety of service projects in communities around the world. The Merrimack Valley embraced the new president's message by reaching out to comfort a family impacted by Hurricane Irma in St. Petersburg, Florida. A single mom with two children, ages 6 and 9, lost everything during the storm. Altrusa members shopped for new clothing for the children and bath linens for the family to help fulfill some of their needs and brighten their day.

On November 4, 2017, the Club will host the Altrusa District One Fall Workshop. Members from all over New England, Bermuda and Quebec, Canada will gather at the Radisson hotel in Nashua, NH for the workshop with keynote speaker, Steve Gamlin, addressing "Volunteer Success: Attitude, Action, Traction".

For more information about Altrusa and its service in the community, please email [altrusamv@gmail.com](mailto:altrusamv@gmail.com).



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## ARE YOU ASKING THE RIGHT QUESTIONS?

*By Nathan Combs*

If I'm trying to drive to a particular location and find myself in need of directions, the kind of questions I ask the locals will affect my ability to arrive at my desired destination. For example, if I ask, "Is it possible to get to \_\_\_\_\_ by taking this road?", I might receive an answer such as: "Well, it's technically possible, but it will certainly involve some confusing and difficult routes!" However, if I ask, "What is the best possible way to get to \_\_\_\_\_?", I've provided a wide opening for my road assistant to give me his big picture view of the most beneficial route.

Just as our ability to drive depends on asking the right questions, so does our ability to accurately and wisely discern the Scriptures. Many take a pet topic to the Bible with the question of "Is \_\_\_\_\_ a sin or not?", as if the Bible was written as a bland law code or an encyclopedia of morality. Many approach issues of godliness or salvation or the church by simply looking for specific lines in the sand and then feel justified in living however they want when the Bible doesn't explicitly answer their questions. A selfish and misplaced concentration on "How far is too far?" doesn't lead to true knowledge of God's character. It certainly doesn't lead to mature appreciation of the richness of the Bible narrative and the foundational principles and themes that permeate the entirety of Scripture; it simply leads to ignorance and flirtation with spiritual disaster.

The Pharisees are good examples of this trap. They approached Jesus in Matthew 19:3 with a question that was controversial in their time (and ours): "Is it lawful to divorce one's wife for any cause?" They wanted Jesus to locate the precise line of sin. It is significant that Jesus did not directly reply with "yes" or "no." He told them that they were asking the wrong question. Hadn't they read in Genesis about the origin and blueprint of marriage? Didn't they understand that when two people marry, God intricately weaves them together, body and soul? Man must not break apart the permanent and beautiful designs of God. Aha!, the Pharisees craftily replied. What about Deuteronomy 24:1-4? Clearly the Scriptures allow a man to divorce his wife! Jesus deftly dismantled their question by pointing out that God was simply regulating an ungodly practice of which He did not approve. "From the beginning..." God wanted married couples to retain their permanent bond until death. In their misguided fixation on the wrong question, the Pharisees missed fundamental truth about God and His designs.

Instead of just asking "Is it lawful...", why not ask, how can I best please the Lord (Ephesians 5:10)? How can I best contribute to the plan to unite all things in Christ (Ephesians 1:10)? How can I best display the wisdom of God to the rulers and authorities in the heavenly places (Ephesians 3:10)? Are you asking the right questions?

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## ARE YOU A DISTRACTED DRIVER?

Bob Welliver

Ever tried to eat a cheeseburger while behind the wheel? What about trying to separate your two fighting kids in the back seat? Ever reached down to pick up a CD that fell on the floor while driving? We all become more comfortable driving as the years progress, but unfortunately many of us become a little too confident. Your license to drive is not a license to drive while simultaneously reading the newspaper, putting on your makeup and chowing down a quick breakfast.

**Let's take a look at some common distractions. Are you guilty of performing any of these activities while driving?**

**Outside Distractions.** Whether it's a human billboard pointing the way to new homes, a beautiful rainbow, a bad accident, or a restaurant that just opened, most of us just cannot resist the urge to take a look, even when we should be concentrating on the road. **Sickness-es.** A bad cough, a sudden onset of sneezes and searching your car for a tissue to catch that runny nose, or a tension headache, these are all examples of how being sick can distract you from driving. Not to mention the fact that most of us are not at our most alert when we are sick. That's why it is extra important to pay attention to the road and to wait until you are stopped at a traffic light to reach for that tissue. Of course we can't predict sneezes, but make sure you quickly look back to the road after you sneeze. **Inspector Gadget** Automobiles nowadays can have more controls than a small airplane. Besides the obvious stereo and temperature controls, many cars have features such as navigation systems, televisions. CD players, etc and these can all be especially distracting, as it takes at least one hand off the wheel to pick out a CD and put it in, especially if your pack of CDs is on the ground and you have to reach for them...which brings us to...

**Reaching for the Unreachable** We are all guilty of this at one time or another. For some reason, we just HAVE to have that book in the back seat in our hands right now. But this is one of the worst driver distractions...as it usually means that our hand or hands are off the wheel AND our eyes are off the road. Next time, try to make yourself wait to grab that errant CD until you are stopped at a traffic light. Or, if it's safe, pull over and grab whatever you need. **Eating and Drinking** One of the most common driver distractions is eating and/or drinking while driving. Some of the worst foods to eat while driving are coffee/tea (spilling these on your leg will certainly distract you), messy hamburgers/sandwiches that drop stuff all over you while you are driving, anything fried that leaves you with greasy hands that could slip off the steering wheel, and, things like chocolate or jelly doughnuts that leave your hands sticky. Try to avoid eating on the road whenever possible. If you're in a rush, grab a quick bite and eat it in the parking lot before leaving. **Distracting Discussions** Ever gotten in a heated debate while driving? What about listening and intervening as your children in the backseat start arguing? Interaction with your passengers is another common driving distraction. This can especially be a problem for new drivers, who should focus all their attention on their driving and not on their passengers. **Beautification** You forgot to put on your mascara/brush your hair/shave. What better place to do it than in the car, right? Wrong! Things that involve tools not only take your hands off the wheel and your eyes off the road, they also have the potential to hurt you and cause further distraction. If you are a woman putting on your mascara or a man shaving, and you have to brake suddenly, think of the injuries that could happen! **Cell Phones** We all know that talking on a cell phone can distract our attention from driving. We all know that we should use hands-free devices whenever possible (although these can still be a distraction, just like the distracting discussions topic above). Yet a large percentage of us still talk on our cell phones frequently while driving. Try to keep your cell phone use while driving limited to emergencies only. If you get a call you really want to take, pull over in a safe spot and have your conversation.

The National Highway Traffic Safety Administration states that distracted driving causes around 25 percent of the auto accidents in the U.S. each year. That's nearly 1.6 million accidents annually caused by many of the things I've discussed above, most of which are so easily preventable. Try to avoid letting distractions take your attention away from what you should be doing, concentrating on driving and protecting the lives of you and your passengers.

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Send clothing to people who can use it all over the US and World while helping the environment. Receive a tax deduction for your donation. Receipts are on the shed. **\*\*Help us keep your donation clean and dry.\*\*** Please put in tied or closed bags.

## CAT FOOD DONATIONS NEEDED

to feed a colony of feral and homeless kitties. Please call me at **978-799-9715** for the drop-off location on the Dunstable/Tyngsboro line. Don Gaudette. **Volunteers to help with the feeding are also needed.** Associated with Kitty Angels [www.kittyangels.org](http://www.kittyangels.org)  
Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats

## DRACUT COMMUNITY BAND

Dracut Community Band will hold *Rehearsals* every Thursday evening from 6-7:15PM at the Christ United Church in Dracut. You do not have to be a Dracut Resident. We are welcoming all instrumentalists to our group, 18 years and older. Please join us for a fun time!

Call Johnson Music at 978 454 0055 for more info.

## THE WISH PROJECT

Drop off donations: Tue/Wed/Fri and Sat 9am-2pm

1A Foundry St., Lowell, MA 01852

Off of Plain Street in Lowell.

No appointment needed, **but call first if** there is a snow storm or if donation days fall on a holiday. **866-947-4360**

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**If you wish to put your group or family on the list of Christmas donors**, email Jill at [jill@thewishproject.org](mailto:jill@thewishproject.org) and she will contact you when we have all the necessary information to give out.

### WINTER WISHES ANNUAL GALA

The evening will include dinner and dessert buffet, live music, silent and live auctions, featuring **WBZ's Jordan Rich** as Master of Ceremonies **Representative Tom Golden** as Live-Auctioneer! **Date: Thursday, December 7th 6-9pm** **Where:** Vesper Country Club Tyngsborough. **Tickets:** \$100 per person. To register online follow the link on our website **2017 Winter Wishes Gala** to purchase tickets or for sponsorship opportunities. **Don't forget that all money raised will help us help local families in need!** For more information: Call David Fitzgerald (978)-441-9474.

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• **About Us** The Mission of The Wish Project is to help families in need in Merrimack Valley. Find out more on our website [www.thewishproject.org](http://www.thewishproject.org) or call us at **866-947-4360**.

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## DUNSTABLE TYNGSBOUGH LIONS CLUB



**"We Serve"** The Lions Club is a non-profit organization of men and women dedicated to helping the community through donations raised by volunteers.

### Officers 2017-2018

President: Mark Alexander, Secretary/Treasurer: Bob Reich, Membership Chairman: Ed Majewski, 1<sup>st</sup> vice President: Mike Roth, Tail Twister/Lion Tamer: J.J. Ward.

Anyone who would like to join the Lions is asked to call Ed Majewski at 978-649-6204 or Mark Alexander at 978-649-9124. Meetings are on the first Tuesday of the month starting at 6:30 pm. Please call a member listed here for details and meeting place.

### Event:

The Lions collected 900 pairs of glasses from the community. These will be refurbished and given to those in need around the world. Thank you to Dunstable and Tyngsboro residents who donated.

The Lions served 25 Seniors breakfast at the Tyngsboro Senior Center on October 19<sup>th</sup>. The Club also provided breakfast to the Lowell Vocational students who were there to do general car inspection and 2 policemen that discussed winter driving safety

### YOU CAN HELP BY DONATING THE FOLLOWING:

• **USED EYEGLASSES** are collected for refurbishment and distribution to less advantaged people around the world. *We thank all who have donated glasses.*

• **CAN TABS (in sealed bags)** are also collected for kidney dialysis time through the Shriners Hospital.

**Lion's collection boxes for eyeglasses and tabs** (in sealed bags) are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Tyngsborough Council on Aging Senior Center, 169 Westford Rd., Tyngsborough and Dunstable Town Hall, Post Office and Library.



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## LOADING DOCK GALLERY

122 Western Avenue, Lowell, MA 01851

**"Into the Night" Through November 26, 2017**

**Opening Reception: Saturday, November 4, 5-7 PM**

This November, twilight gives way to darkness at Loading Dock Gallery. **Deb Arsenault and Denise Rainis** take us **Into the Night**, to a world lit by streetlights and stars. Sunset is a repeating coda to the day: an end and a beginning. Travel **Into the Night**, and let go of daytime responsibilities. Darkness is a time of mystery. Its shadow creates space for dreams. For Arsenault, the technical challenges of night photography lets her convey atmosphere and emotions different from those than perceived with the naked eye. Arsenault received her BFA in Visual Communications, with an emphasis on Fine Art Photography, from Northern Illinois University. She discovered Western Avenue Studios five years ago. Rainis calls twilight "the magical crack between the worlds." Largely self-taught, she works in a variety of media, with rich colors and an impressionistic hand. With **Into the Night**, Rainis explores the effect of dwindling light on the New England landscape. Rainis teaches in pastels at her Lowell studio, and leads art classes for Seniors in Chelmsford and Groton.

**Into the Night** runs through November 26 at Loading Dock Gallery. Join the artists for a reception on November 4, 5-7 PM, after Western Avenue Studios and Lofts First Saturday open house. Light refreshments will be served. Also this November, Loading Dock's **Back Door Gallery** features the art of Heidi Jackson.

Loading Dock Gallery, a part of Loading Dock Arts, Inc., a 501c3, is open Wednesday – Saturday, noon to 5:30 PM, and Sunday, noon to 4 PM. Find it at Western Avenue Studios, 122 Western Avenue, in Lowell, MA. **For more information, call 978-656-1687, or visit [www.theloadingdockgallery.com](http://www.theloadingdockgallery.com).**

## PET HEALTH

### DUNSTABLE ANIMAL CLINIC

#### MAMMARY CANCER IN DOGS & CATS

by Tara M. Sacramone, DVM



October was mammary cancer awareness Month, and I realize it is November, but better late than never. Both dogs and cats can get mammary cancer, but the specific kinds of cancer and the prognosis is drastically different for cats versus dogs. Dogs tend to fair better than cats. It is more common in females than males, but males can get it.

Mammary cancer is the third most common cancer in cats. Unfortunately it is 80-96% malignant in cats. It usually has spread by the time you find the mammary mass. It can spread to lymph nodes, lungs and even internal organs. It almost always has a grave prognosis, and the bigger the mass the worse the prognosis. You can decrease the risk by having your cat spayed, especially if you have your cat spayed by six months of age.

If you find a lump on your dog's mammary chain half the time it is benign and half the time it is malignant. Even the malignant forms often have not spread at the time of initial diagnosis, but they can spread to lungs and lymph nodes. Mammary cancer is not as common in dogs. If the lump is benign surgery is often curative. Spaying your dog also drastically decreases the risk, especially if done before her second heat.

The mammary chain in dogs and cats extends all the way from the front legs to the back legs, so if you find a lump anywhere on your pet's abdomen bring them to your veterinarian right away. Sometimes chest radiographs and an abdominal ultrasound are done to look for cancer spread prior to surgical removal of the mass. If the pet is not already spayed then that is usually done at the same time. Because of the poor prognosis in cats some owners do not have the mass removed. Every patient is an individual so there is not a "one fits all" treatment plan.

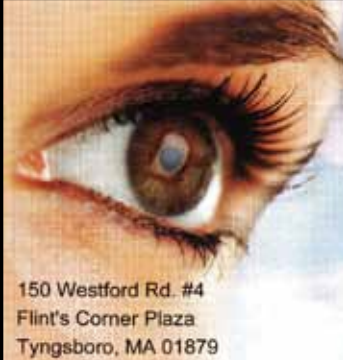
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