



# Neighbor to Neighbor

*Published by Anne M. Paquin Since 1983*

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com)

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*Celebrating 34 Years of Service*

**Issue # 351 • September 2017**

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## TYNGSBOROUGH TOWN CLERK

Please contact the office at 978-649-2300 extension 129 or email to [jshifres@tyngsboroughma.gov](mailto:jshifres@tyngsboroughma.gov) with any questions.

## FRIENDS OF THE TYNGSBORO COUNCIL ON AGING

**PASTA DINNER FUNDRAISER** This will be held on **Friday, September 15<sup>th</sup> at 5 pm**, at the Tyngsborough Council on Aging, 169 Westford Rd. There will be entertainment and a Cash Bar, Beer & Wine. \$15 per person, seating limited.

FRIENDS of the TCOA contribute to fun filled and successful activities at the senior center. All our activities and fundraisers take time and talent. Consider donating some of your time to make the TCOA the best it can be.

Our Board of Directors include: President: Joe Jacoppi, Treasurer: Joanne Jean, Clerk: Frank McCarthy, and Jean Kareores, Elaine Rivard, Leon Poirier, Elaine Franks, and Trudi Woods.

The Friends is a 501(c)3 non profit charity and all donations are fully Tax Deductible. ALL GIFTS AND DONATIONS CAN BE SENT TO: The Friends of the Tyngsborough Council on Aging, PO Box 415 Tyngsborough, MA 01879. **Visit our web site:**

<http://www.friendsofthetyngsborocouncilonaging.com>.

Visit us on Facebook:

<https://www.facebook.com/FriendsofTyngsboroCOA/>

## TYNGSBOROUGH BOARD OF HEALTH

The Health and Safety Fair will be held on **Saturday, September 30<sup>th</sup> at the Tyngsborough Elementary School at 205 Westford Rd.**, in both the gym and the cafe. Hours will be **9:00AM-2:00PM**.

New this year, the Red Cross will be hosting a **Blood Drive**. Tyngsborough Fire and Police Departments will be at the fair with safety demonstrations and info. Lowell General Hospital, American Cancer Society and other local health vendors will be on hand for health screenings. There will be flu shots, kids' activities, giveaways, and health and safety information by many local vendors.

*Please contact Jonathan Reeney if you would like to participate in the fair or if you have any questions at [health@tyngsboroughma.gov](mailto:health@tyngsboroughma.gov) or the Board of Health office at 978-649-2300 x 118.*

## TYNGSBORO FARMERS MARKET

**5<sup>th</sup> Season!**

**We will be open from 9am to 1pm every Saturday through October 14<sup>th</sup>.**

The Farmers Market is located on Middlesex Road, Tyngsboro, MA. (near the Tyngsboro Bridge) New vendors and old favorites! Fresh vegetables, fruits, honey, meats, crafts and so much more!

Stop by and GET FRESH!

Find us on facebook at

[www.facebook.com/TyngsboroFarmersMarket](http://www.facebook.com/TyngsboroFarmersMarket)

## IN MEMORY OF

John E. McDonough  
Frances L. Harris LeDrew  
Sakhan Mey  
Lilliam G. Kealy Galloway  
M. Nancy Hansberry Gately  
Susanne Given  
Virginia A. Gordon LaCombe  
Ruth Emily (Tully) Choate  
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Adam Silva  
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Celeste M. Carreiro  
Lorraine G. Christian  
Mary T. Weidmann Croke  
Francis X. DeCoursey  
Lawrence A. Ross  
Roger William Paulauskas



## FRIENDS OF THE TYNGSBOROUGH PUBLIC LIBRARY

**Fall Book and Bake Sale!!** The sale is open to Friends members on **Friday, October 20** (7-9 p.m.), and to the public on **Saturday, October 21** (8:30 a.m.-2:30 p.m.). There is always a good supply of used books, CDs, DVDs, puzzles, and jewelry to buy. In addition, this year we will again sell clean, gently-used Halloween costumes! Of course the sale includes fresh **baked goods** prepared by some fantastic bakers in town. *Plan ahead for costumes and gifts for the holidays.* They will be here sooner than you think!

**You can help us;** prepare by donating books, DVDs, jewelry, and scarves. You can also donate clean Halloween costumes in good repair that the kids have outgrown. All the funds raise help support the library and its programs which we all enjoy.

**We are also collecting boxes with lids/flaps to sort books and seek volunteers to help sort and work during the sale.**

*Please contact the library for more information.*

You can always join the Friends when attending the book sale. The dues are tax deductible since the Friends is a 501(c)(3) non-profit organization. Checks or cash are accepted for the annual dues. Check the Library website for an application at <http://www.tynglib.org/index.php/friends-of-library>. Also, please visit us on Facebook at <https://www.facebook.com/FOTPL>

Our **monthly meeting** in November will be held at the Library, 25 Bryant Lane, on **Monday, Nov. 6 from 7 – 8 p.m.** Please join us!

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## TYNGSBORO GARDEN CLUB



The Garden Club was busy this summer tending the following gardens in town: the Senior Center, Brinley Terrace, the Sherburne House, the Sherburne Triangle, and the Police Station. We hope as you drove around town this summer you enjoyed the beautiful flowers. We also enjoyed various field trips throughout the summer.

**The Garden Clubs meets the first Tuesday of the month September-November and February-April.** We resumed our regular schedule on Sept. 5, 2017 with our meeting relocated to the Rose of Sharon @Blossom Hill at 7:00 for a flower arranging presentation by Melissa.

**Our Oct 4th meeting, in conjunction with the library is Turbans, Turks, and Tulips which will take place at the library at 7:00 or 6:45 for socializing.**

If you love gardening, want to learn about gardening or just want to join a group of great people, new members are always welcome! **For more information visit our website at: [tyngsboroughgarden-club.tripod.com](http://tyngsboroughgarden-club.tripod.com) or find us on Facebook at Tyngsborough Garden Club.**

✿✿ Making Tyngsboro beautiful with flowers ✿✿

## MERRIMACK VALLEY JEWISH STUDY HAVURAH

We are an egalitarian community of learners doing Torah Lishma, "study for it's own sake." We study the Hebrew Bible and the classic texts of rabbinic Judaism. We are open to classical modes of study, drawing from the millennia of wisdom of classical rabbinic commentators, as well as modern modes of learning from non-Orthodox scholars. This is a family-friendly, safe-space to study Jewish texts. Always looking for new, friendly faces to learn & have coffee with us. We meet at Temple Beth Abraham in Nashua, on most Tues & Thurs, 5:15-6:15pm. (see FB page for specific dates. Email for details.) <https://www.facebook.com/groups/1618060978426822/>



## TYNGSBOROUGH RECREATION

Call 978-649-2300 Ext. 150

The Recreation Committee meets at the Recreation Center 120 Westford Road the first Monday of the month at 7pm. Additional information may be found on our website at [TyngsboroughRec.com](http://TyngsboroughRec.com) Friend us on Facebook. Seeking new members. Currently **three** open seats. Join us!

**Mark Your Calendar for the Festival of Trees Thursday, Novem ber 30th - Sunday December 3rd Time to start thinking about that entry!!** Yes, we know it's back to school time, but also time to start brainstorming! What kind of tree will you bring to the Festival this year? Judges award ribbons for the winning entries. People's choice award ribbons awarded each day. Located at Old Town Hall 10 Kendall Road Tyngsborough MA Come see the magical display of decorated trees. Tree raffle winners drawn on Sunday, 4PM after closing. Additional raffle items beyond trees! Free craft activities during all hours Cookies from Bittersweet Bake Shoppe and Hot Chocolate available All displays generously donated by local business, groups and citizens.

**NEW SAT PREP CLASS** For students testing this fall, we are offering an **intensive SAT Prep program**, four 2.5 hour sessions for \$350 with Boston Tutoring Services. Classes will be held at the Tyngsborough Recreation Center 120 Westford Road, 9:30 - Noon four Saturdays in September: the 9th, 16th, 23rd, and 30th. This course prepares students in time for the October 7th test. Boston Tutoring Services group SAT classes fully prepare students for all sections of the SAT test, instilling a comprehensive understanding of all SAT test content. Their experienced and highly-trained tutors have a proven track record of raising their students' scores through intensive instruction, homework assigned and reviewed each session, and practice tests given at regular intervals. Students will learn how they can make the most of their time, and answer the questions with a deeper understanding of how the test is constructed.

**For students testing in the spring:** 12 Sessions, 90 minutes each \$630.00 per student. Meets at the Tyngsborough Recreation Center Mondays beginning January 22nd 7-8:30pm (*excludes Feb. & April school vacation weeks*). Register on line at [Tyngsboroughrec.com](http://Tyngsboroughrec.com).

**LEGO CIVICS** The Lego Civics Project: City Builder (Grades 2-5) Students work to create their own Lego city while meeting as a city council to govern their town. As they build, they must make challenging budgeting decisions, prioritizing between the construction of key city buildings as they weigh costs and consider designs. The class learns about democratic elections as students prepare to run for mayor or help manage a friend's campaign. Candidates take positions on campaign issues as the city holds a mayoral debate! Meanwhile, students study how laws are made and work together to create their own city constitution. As the city takes form, students learn about the symbols on national and state flags and create their own city flag. A fun and engaging way to learn about civics! Wednesday, October 18 (No school)

**Tyngsborough Family Playgroup** Join us on Wednesday mornings at the Tyngsborough Recreation Center for Playgroup. Ages 0-5 Years 9:00 - 11:00 a.m. Cost is only \$2 per week per child! Playtime, Crafts, Story & Snack \*\*\*Not exclusive for Tyngsborough Residents\*\*\* Follow our page to get information about events around town that are aimed for the 0-5 year old crowd. [tyngsfamily-playgroup@gmail.com](mailto:tyngsfamily-playgroup@gmail.com)

## CARE PLANNING

By Edward H. Adamsky

Everyone should have a Health Care Proxy (sometimes called a Health Care Directive or Power of Attorney for Health Care) properly completed and signed (with the required witness signatures and notary seal) so your care choices can be handled by your chosen person, if you cannot do so yourself. But, the legal document, as important as it is to have, is not the end of your planning. You must have a conversation with your family and chosen Agents and you must make decisions about your future care, values, and desires, and communicate those decisions to your family.

This is very difficult. Most people have a hard time thinking about issues like being sick or dying, and it's even harder to start a conversation about them with your family. So, it makes sense to look for help and guides that can make the process proceed more smoothly. There are many online resources for this.

You can go to the website of Honoring Choices and use various tools to go through the issues and even download a Massachusetts Health Care Proxy that you can complete and use. <http://honoringchoicesmass.com>. This website has a lot of guides to help you learn about the options, and to help you express your preferences and communicate your wishes to your family. You can download worksheets and complete them prior to trying to have the family talk.

There are numerous other online sites with information about care planning. The Five Wishes booklet is known by many. It can be found at <http://agingwithdignity.org>. With that booklet you go through your thoughts about how you want your life to be, even when it is near the end. It covers issues like how you want your room to be like, what kind of music you might want to hear, and who you want to see at the end. You can find many interesting articles on the AARP website at [www.aarp.org/home-family/caregiving/end-of-life/](http://www.aarp.org/home-family/caregiving/end-of-life/). The National Palliative Care Association website at <http://caringinfo.org>, has articles, guides and worksheets too.

Advanced Care Planning is now a covered cost under Medicare, so your doctor can spend some time talking with you about these issues and properly get paid by Medicare for that time. (This rule is what triggered the so-called "death panel" furor.) Now doctors don't have to shy away from this subject for fear they won't be paid or will somehow be penalized for having a vital discussion with their patients.

You may want to discuss these issues with your Elder Law Attorney as well. Your attorney should be well-versed in this area and able to help you with decision-making. Make sure that you get a Health Care Directive that is legal in your state. Some online forms will not work properly in some states. The New Hampshire rules are particularly complex so you may need to get that State's directive from your Elder Law Attorney. You can get a Massachusetts Health Care Proxy on the website <http://adamskylaw.com> too.

PAWS-itively Fun Pet Services offers professional dog walking, park visits, overnight pet sitting, and more. In fact we can care for cats, birds, fish, small mammals, and some reptiles. We are a Registered and Insured business servicing Tyngsboro, Dunstable, Nashua, Hudson and surrounding areas.

My husband Ash and I started PAWS-itively Fun Pet Services in June of 2014 and our mission and goal has always stayed the same: We take care of our customer's pets like they're our own. That means coming to your home for more than just a 30-minute visit or to feed them. We routinely walk, play and cuddle your pet to make sure they are getting attention. They are also getting some well-deserved exercise, some love and affection.

You can set up a regular schedule, call us as needed, and get in touch for last minute surprises. We will do our best to accommodate your situation. Our normal business hours are Mon-Sat, 8am to 7pm. If need be, we can do earlier in the morning, later at night or on Sundays for a small, additional fee. If you are spending longer hours at work, going on a business trip, or taking a well deserved vacation, then call Jeanne and Ash at 978-996-5995. Know that your Pets will be given the best care possible. We will gladly forward references to you.

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**Weekend Mass Schedule:** Saturday 4PM. Sunday 7:30AM, 10AM

Greetings from our Pastor, Fr. Richard Clancy  
**COME JOIN US, ALL ARE WELCOME!**

Weekday Mass: Monday, Thursday & Friday at 9AM. **No Mass** on Tuesday and Wednesday

• **Reconciliation** every Saturday from 3 to 3:40PM or by appointment.

• **View our bulletin** on line at [www.stmarymagdalenparish.com](http://www.stmarymagdalenparish.com).

Join us on **Facebook!** Search "Saint Mary Magdalen Parish Tyngsboro" and like our page to see daily meditations and events.

• **FIRST FRIDAY ADORATIONS** are held on the first Fridays of the month at the Church and will consist of Holy Hour with closing Benediction from **9:30AM – 12pm**.

• **The St. Vincent De Paul Society** operates a monthly food pantry out of the rectory in addition to providing holiday meals to those in need. We can be reached at 978-844-2365.

• **Prayer Line** – Do you know of someone needing prayers? Call Helen (978) 649-7927 or Carol (978) 649-6717. (Submit only first name of one to be prayed for)

• **MEN OF ST. JOSEPH** - The Men of St. Joseph in the Greater Lowell area meet on the Second Saturday of every month. Each monthly meeting includes prayer, food, and faith-building fellowship.

**All meetings will begin at 7:00am and end no later than 9:00am.**

Newcomers, father/son (Confirmation age) teams, and friends from other parishes are always welcome! To find out more, please come and check us out! Held at St. Rita's Church, Mammoth Rd, Lowell

• **CRAFT & CRIBBAGE NIGHT** Every 2nd & 4th Tuesday of the month from **6-8:00pm** at the Parish Center

## ELECTRONICS RECYCLING SEPT 9<sup>TH</sup>

### AND YARD SALE SEPT 23<sup>RD</sup>

**ELECTRONICS RECYCLING DAY** Saturday, September 9<sup>th</sup>...

**10:00 – 2:00 pm.** Bring your DAMAGED/NON-working ELECTRONIC items to the St. John the Evangelist parking lot at 115 Middlesex Street in North Chelmsford. We CANNOT accept fluorescent bulbs or televisions. Pricing is comparable to town and private recycling programs. All proceeds will directly support St. John's.

**ONE MAN'S TRASH IS ANOTHER MAN'S TREASURE.** Join us on **Saturday, September 23<sup>rd</sup>** (rain or shine) for a **YARD SALE** in St. John's parking lot from **9:00 am – 2:00 pm.** **NO EARLY BIRDS PLEASE!** This event is not only for the 'shoppers', but also for those who have recently cleaned out a closet, basement, garage or attic who want to make some extra cash. **Tables are available for rent for you to sell your items. If interested, please call (978) 251-8571, and ask to speak with Liliana.**

## ST JOHN THE EVANGELIST CHURCH

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## JOIN TYNGSBOROUGH CITIZENS

If you are new to Tyngsborough, welcome! If you are not new but want to know more or want to know how you can get involved, you are invited to join over 450 fellow residents in our on-line community forum. Tyngsborough Citizens is a Yahoo Group and membership in our group is open to all residents of Tyngsborough. We share information about town and school happenings and ideas for how to make our town even better. We are not an anonymous group; residents share their name and address when posting. We strive to keep the conversations civil and constructive. Please visit [tyngsboroughcitizens-subscribe@yahoogroups.com](mailto:tyngsboroughcitizens-subscribe@yahoogroups.com) to join.

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### TYNGSBOROUGH SPECIAL EDUCATION PARENT ADVISORY COUNCIL (SEPAC)



Location: Tyngsborough High School Library  
Amy Jane Maciel, Tyngsborough SEPAC Chair

**September 13, 2017 7pm-8pm SEPAC Kick off & Meet and Greet** Join us as we kick off the new school year and come find out what the PAC is all about! Many special education parents do not know what a PAC is and do not have a proper support system. Here you will meet Parents/Guardians in similar situations who understand what you are going through as a Parent/Guardian of a special needs child. Meet new friends and come see old ones! There will be a quick review of what a PAC is, the year ahead, including upcoming Special Education Workshops, Fundraisers and General PAC Meetings. As Chair, I will be available after the meeting to answer any further questions that you may have.

**October 4, 2017 7pm-9pm** Decoding Dyslexia Part 1; Reading: How Can Neuroscience Help You Advocate for Your Struggling Reader? Speaker: Nancy Duggan, Executive Director Decoding Dyslexia Massachusetts (DDMA) [www.decodingdyslexia.org/](http://www.decodingdyslexia.org/)

### TYNGSBOROUGH SCHOLARSHIP TRUST

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[www.TyngsboroughScholarshipTrust.org](http://www.TyngsboroughScholarshipTrust.org)  
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### TYNGSBOROUGH SCHOLARSHIP TRUST

The **33rd TST Community Calendar** will be available for purchase for \$5 through the schools and during school open houses or by contacting Daniela diMari at 978-649-2527. The community calendar features dates of Town and School meetings, early release days, MCAS dates and school vacation dates.

The TST and the Tyngsborough Dunstable Rotary will be collaborating for the 8<sup>th</sup> annual **Taste of Tyngsborough**, which will be held on Friday October 6<sup>th</sup> at the Princeton Station in North Chelmsford from 7:00 – 9:30 p.m. This event will feature local chefs and live entertainment. Tickets are \$35 or two for \$60. To purchase tickets email [mitchell6260@msn.com](mailto:mitchell6260@msn.com).

The 14<sup>th</sup> annual **Holiday Marketplace** will take place on **November 5th at the Tyngsborough Elementary School from 9 a.m. to 2 p.m.**, and will feature exhibitors of handcrafted items, gifts, and decorative items, as well as business services and representatives of the home based business work force. Exhibitors wishing to reserve a table for this event may contact Karen O'Donnell, Holiday Marketplace Chair, at [holidaymarketplace@verizon.net](mailto:holidaymarketplace@verizon.net). The TST will be coordinating the Holiday Marketplace with **EFT's 10<sup>th</sup> annual Tyngsborough Trot 5K Walk/Run for Education**.

The popular **TST Gift Card Fundraiser** will also begin in **October**. Order forms will be available on the TST web site beginning at that time. Gift cards will look just like those purchased in stores and will have the same terms and conditions. You receive dollar for dollar value on the cards you buy and TST receives a percentage of every dollar you spend.

TST information is available in the Community News portion of our public schools' weekly email blast. *The TST is actively recruiting new members and invites you to join our meetings on the second Wednesday of the month at the Tyngsborough Town Hall at 7 pm.* Please check out our website <http://www.tyngsboroughscholarship.org> or send email to [info@TyngsboroughScholarshipTrust.org](mailto:info@TyngsboroughScholarshipTrust.org) with any questions.

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### **The deadline is September 12<sup>th</sup> for the October issue.**

Have events coming up in? Send an email to me  
**[anne@NeighborToNeighborNewsletter.com](mailto:anne@NeighborToNeighborNewsletter.com)** or by mail to  
*Neighbor to Neighbor*, 64 Hardy St., Dunstable, MA 01827.

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Need details about advertising your business?

You may reach me at **978-419-1914** or send me an email.

*Tyngsborough printed issues circulation is 5011 and*

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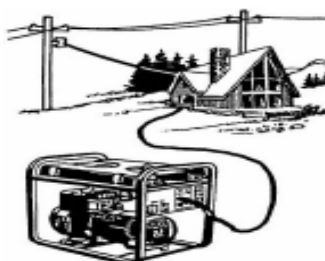
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## FALL 2017 TYNGSBORO HIGH SCHOOL AND MIDDLE SCHOOL SPORTS

### FIRST DAY OF PRACTICE

*Middle School Field Hockey & X-Country: Tuesday - September 5th*

**REQUIREMENTS** 1. No student/athlete is eligible to participate unless they have an updated physical. MIAA rules state you must have a current physical (dated within 13 months) on file at the school in order to participate in interscholastic sports. Students are not allowed to try-out, practice, or play a sport without an updated physical on file.

2. No student/athlete is eligible to participate unless they have an online registration form completed through the Parent Portal. **Step 1:** Log into the Parent Portal <https://powerschool.tyngsboroughps.org/guardian/home.html>

**Step 2:** Enter your login password. If you need any assistance you can call the Athletic Office at 978-649-4210 and speak with Sherry Corcoran or email **Step 3:** Scroll down and click on Athletic Registration form Icon. \*Option to pay user-fee on line is also available \*Due the first week of practice at the end of try-outs.

**PLEASE FAX ALL PHYSICALS: High School Nurse:** Debbie Donohoe Fax: 978-649-1877 email: [Debbie.Donohoe@tyngsboroughps.org](mailto:Debbie.Donohoe@tyngsboroughps.org)

**Middle School Nurses:** Michelle Riley and Karen Morrill Fax: 978-649-8673 [Michelle.riley@tyngsboroughps.org](mailto:Michelle.riley@tyngsboroughps.org) or [Karen.morrill@tyngsboroughps.org](mailto:Karen.morrill@tyngsboroughps.org)

**FALL SPORTS SCHEDULES** Fall sports schedules will be available at the end of June, please go to [www.mwlma.org](http://www.mwlma.org). Learn how to sign-up for text alerts. Find information on our web page <http://www.tyngsboroughps.org/pages/Tyngsborough/Departments/Athletics>

**Sports Offered for Middle & High School** Incoming 9, 10, 11 & 12 Graders

\*Football, Cheerleading, Golf, Girls Soccer, Boys Soccer, Field Hockey, Boys & Girls Cross Country

**Incoming 8th Graders JV Level** \*Football, Girls Soccer, Boys Soccer, Field Hockey, Boys & Girls Cross Country

**Middle School Incoming 5th & 6th Graders:** Cross Country, Field Hockey

**High School User-fees** \$300.00 1st Sport, \$200.00 2nd Sport, \$100.00 3rd Sport.

**Middle School User-fees:** \$200.00 1st Sport, \$175.00 2nd Sport, \$150.00 3rd. Sport *Middle School rates apply to athletes playing at the high school level.*

\*Inclusion Meeting for 8th and 9th grade football players took place on May 30th from 6-7:00pm in the HS Cafeteria. Head Coach: Jim Tansey – [James.Tansey@tyngsboroughps.org](mailto:James.Tansey@tyngsboroughps.org) Asst. Coach: Rob Beaudette – [Robert.beaudette@tyngsboroughps.org](mailto:Robert.beaudette@tyngsboroughps.org)

**HOME COMING** will take place on **Saturday, October 21st for all teams.**

Fall 2017 Sports Award Night for all athletes who play a High School sport only will take place on: Tuesday, December 5th at 7:00pm in the Ciampa Performing Arts Center-HS Auditorium

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Monday, Tuesday, Wednesday & Thursday 8:30 a.m. to 4 p.m.

Friday 8:30 a.m. to 12:30 p.m.

*Meeting schedules are posted at the front entrance of the Town Hall*

**Town Hall Directory Main Number 978-649-2300**

Town Accountant	Ext. 124	Media Dept.	Ext. 140
Assessor's Office	Ext. 121	Planning Board	Ext. 115
Board of Appeals	Ext. 112	Town Treasurer	Ext. 126
Board of Health	Ext. 118	Veteran's Agent	Ext. 131
Building Office	Ext. 112	Sewer Dept.	Ext. 134
Town Clerk	Ext. 129	Board of Selectmen	Ext. 100
Town Collector	Ext. 128	Town Administrator	Ext. 100
Conservation Office	Ext. 116	Recreation & Parks	Ext. 150
Capital Asset Mgmt Com	Ext. 124		

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## THE TYNGSBOROUGH PUBLIC LIBRARY

25 Bryant Lane, Tyngsborough 978-649-7361 www.tynglib.org

Library Hours: Monday & Wednesday, 10:30 a.m. – 8 p.m.  
Tuesday & Thursday, 9 a.m. – 5 p.m.

Open on Saturdays beginning September 9, 9 a.m.-2 p.m.

**Meet the Author: Mike Johnson** will discuss and sign his new book, *Dr. Lawless, I Presume*. **Wednesday, September 27, 6-8 p.m.** Hosted by the Tyngsboro Writer's Group. Refreshments will be served.

**Turbans, Turks and Tyrants: The History of the Tulip.**

**Wednesday, October 4 at 6 p.m.** Social gathering at 5:30 p.m., presentation at 6 p.m. Dr. Richard Benfield, author of *Garden Tourism*, is a professor of geography at Central Connecticut State University who teaches tourism courses, emphasizing culture and conservation. Funded by the Friends of the Library and the Tyngsboro Garden Club.

**Adult Coloring Club. 1st Wednesday each month, 6:30-8 p.m.** Coloring sheets & pencils are provided.

**Tech/Library Catalog Advice by Appointment Tuesdays, 11:30-1:30, Wednesdays, 7-8 p.m.** Registration required. Individual lessons on the new catalog, PCs, android tablets & phones, Excel, MS Word, downloadable e-books & audiobooks and more.

**Teddy Bear Picnic. Saturday, September 30, 11:00 a.m.--12:00 p.m.** for ages 3-8. Registration required.

**Pokémon Club. Wednesday, September 20, 4-5:00 p.m.** Ages 8-13. Bring your own cards or handheld device. Enter a raffle to win a pack of cards. Drop in.

**Tiny Tots Storytime: Wednesday, September 20, 11-11:30 a.m.** Infants to three years. Drop in.

**Storytimes for 3-5 year olds. Thursdays at 1:00 p.m.** \*Starts on September 14! Pick up a Storytime Passport and earn a stamp each week. Maybe you'll earn a prize! Drop in.

**Dads & Donuts Playgroup: Saturday, September 16, 10-11:00 a.m.** Infants & toddlers. Drop in.

**Plan ahead for October:** Open Minds Literacy Yoga, Ages 3-5. Tuesdays, October 10-November 14, 10-10:45 a.m. *Registration required.*

**Sound Play Family Music Program: Saturday, October 7, 1-1:40 p.m.** Infants to age 5. Music and movement in a fun, playful program and includes singing, dancing, playing instruments & more. Drop in.

**Books and Babies. Thursday, October 5, 10:00-11:00 a.m.** Infants to three year olds. Drop in.

**Writer's Group. Mondays at 6:30 p.m.** Feedback and publishing tips; all genres. Contact Karen Johnson at 978-649-7132 or kjohnson39@comcast.net.

**Board of Library Trustees - 3<sup>rd</sup> Thursday of each month at 6:45** in the Library. Check the Library's website for schedule changes.

**Rep. Colleen Garry** (or a representative) **Office Hour** – September-May, third Saturday of each month from 9-10 a.m. *Artists & collectors, contact the Library to discuss scheduling an exhibit in the gallery or display case.*

**Register for TPL programs by calling the Library or using the contact form on the website.**

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**TYNGSBOROUGH  
RECREATION**

**Call 978-649-2300 Ext. 150**

The Recreation Committee meets at the Recreation Center 120 Westford Road the first Monday of the month at 7pm. Additional information may be found on our website at TyngsboroughRec.com Friend us on Facebook. Seeking new members. Currently **three** open seats. Join us!

**Town Beach** - swimming will end after Labor Day, when the buoys will come out. We had a busy summer at the beach. Thanks to all who pitched in to keep it clean!

**Festival of Trees Committee** The Festival of Trees Committee is looking for new members to help create holiday displays and trees and help with crafts and set up. Come join us for some holiday fun!! Contact the Rec. Office or send a message on FB.

**Tree Decorations and Ornament Drive** Do you have tree decorations and ornaments you would like to purge from your home? Drop them off at the Recreation Center, 120 Westford Road on Wednesday, Sept 6 from 6:30-9PM. Donation receipt provided.

**YOUTH BASKETBALL PROGRAM (Girls and Boys):** NOW OPEN FOR THE 2017-18 SEASON! Travel Teams (Grades 4-8) tryout sign-up deadline: Sept. 15<sup>th</sup>. Recreational Leagues (Grades 3-8) and Instructional Program (Grades 1-2) registration deadline: Oct. 6<sup>th</sup>. Little All Stars (Preschool and Kindergarten) registration deadline: Nov. 18<sup>th</sup>. See [www.TyngsboroughRec.com](http://www.TyngsboroughRec.com) for program calendar, descriptions, fees, and registration.

**Fall T-ball** Starts after Labor Day, Saturday September 9th 1pm for 8 weeks at Community Field. Ages 4,5,6. \$25 or free if you played in the spring. See our website to register.

**Adult Tennis League FALL 2017 TENNIS LEAGUE** The Adult Tennis league will begin its seventh fall season the weekend of **SEPTEMBER 22nd**. The league runs for (at least) 8 weeks and all matches are played at the TES / Bicentennial courts on the weekends, weather permitting. We have Men's singles, Women's singles and a Mixed Doubles division. There is every level of abilities and matches are coordinated by experience in order to facilitate enjoyable, competitive play. The league is open to anyone over the age of 18 and you do not need to be a resident of Tyngsboro to join. The Adult Tennis league offers participants league play and presents a great opportunity to socialize and compete on the courts on a regular basis. You play on one weekend day with match times at 9:30, 11:00, 12:30 or 2:00. Matches last 1 1/2 hours. A new schedule is made each week matching different players with **similar ability**. Schedules also take in to consideration any weekend conflicts you may have. All players must register to join a league, and league fees are due at the time of registration. The registration fee is \$20.00 per player for the season! Register online at <https://unipaygold.unibank.com/Default.aspx?customerid=919> or email Scott at [sellis7511@comcast.net](mailto:sellis7511@comcast.net) for additional options. Registration must be submitted by September 19th in order to be included in the first week, though you can register anytime afterwards. The openings are filled on a first come first serve basis. For more information and to register online, visit <http://tyngsboroughrec.homestead.com/Tennis.html> or email [sellis7511@comcast.net](mailto:sellis7511@comcast.net). **Last spring we had over 75 players!!**

**The Great Pumpkin Walk, Night of Lights** BICENTENNIAL Field Complex, T.E.S Saturday, October 28<sup>th</sup> 5:45pm-8:00pm (immediately following PTO Trunk or Treat) \*Display your carved jack-o-lantern **RAFFLE PRIZE** 1 ticket given for each carved jack-o-lantern, the more you bring the more chances to **WIN A DELUXE PIZZA PARTY FOR 10 AT ROLLER KINGDOM** (skate time, skates, pizza, drink, 25 prize tickets per child \$160 value) Be included in the costume parade at 5:45. Follow the glowing path of pumpkins. Complimentary treats served. Costumed spectators encouraged. Movie shown outside "It's the Great Pumpkin Charlie Brown". \*Carve your jack-o-lanterns at home and drop them off at the field 1:00- 4:00pm to be included in the display. Pumpkins can be retrieved from the field at 8:00 PM or by Sunday, Oct. 29 (please leave them until 8pm 10/28 for all to enjoy). Scout Troops, Organizations, Clubs and Businesses encouraged to participate. **Note: (TPRC is not Responsible for Pumpkins left @ the field)**

Continued.....

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### Sunday Morning Schedule to Change This Fall

When we gather on Sundays, starting September 10<sup>th</sup>, we will have a different format for our time together.

We are adapting to changes in our numbers and in how people participate. We are also creating opportunities for new ministries on Sunday mornings. We will continue to begin our worship service at 9:30 am, with the Sunday School students and teachers in worship for approximately the first 30 minutes. Then the teachers and students will go to their classes. Worship will end around 10:30 am and coffee hour will begin as it does now. Sunday School classes will last until 10:45 am. We will be discontinuing the 11:00 am service. We will use the time after Sunday School ends for new types of programming, such as study groups, discussion times and innovative worship services.

West Chelmsford United Methodist Church announces that a workshop for the study of racism, focusing on relations with African-American communities will be held this month. The history and current manifestations in our society of racism towards African-Americans will be explored and participants will learn how to identify racist actions in today's American society. We will discuss how to address and combat these injustices. In our own local communities. Our workshop will be facilitated by experienced trainers, who have led similar workshops around the country with faith communities. **The workshop will be held on Saturday, September 16, 2017 from 8:30 AM – 4:4:30 PM at 242 Main Street in North Chelmsford, MA.** Please check our website for updates about the workshop.

We hope to welcome you soon! We are on 242 Main Street in North Chelmsford, right on the Westford/Chelmsford line. From Route 3, take the Route 40 exit to Chelmsford, take a sharp right onto Main Street Chelmsford right after the variety store and follow Main Street until you see the church on the left.

## THS GRAD NIGHT

Planning begins for the next Grad Night! We can't wait to celebrate the Senior Class of 2018! There is always room for new board members on our committee so please consider checking us out as we need new members like YOU to keep the tradition of "Grad Night" alive for years to come! Come check out our meetings and get involved to keep this great "free" program going for our future graduates.

**We will reconvene in September.** For additional information, please contact Tara Gabriel at 978-397-6495 or Caren Bovil at 978-852-3964. You may also visit our website [www.thsgradnight.org](http://www.thsgradnight.org) for more details about our organization. **Meetings are held the first Monday of the month at 7pm** in the teachers' lounge across from the cafeteria of Tyngsboro High School. We appreciate and value your support of our Tyngsboro students!



## FRIENDS OF THE COUNCIL ON AGING ANNUAL MEETING

**Monday, September 11th, 12:30** at the Senior Center. All member are invited. Please bring your ideas, question, and thoughts for raising funds to support the many endeavors of our COA.

**SPAGHETTI DINNER Friday, September 15th, 5:00PM** Friends of the Council on Aging will be having their first annual Spaghetti Dinner Fundraiser. All proceeds go to The Tyngsborough Senior Center. \$15 PER TICKET LIMITED NUMBER AVAILABLE

**Friends are accepting** gently used scarves, jewelry and handbags for the Fall fair. Please leave in the coat closet.

**FRIENDS OF THE COUNCIL ON AGING CRAFT FAIR Saturday, October 28th, 9:30-2:30** Location: Tyngsborough Council on Aging, 169 Westford Rd Tyngsborough, MA. If you are interested in renting a table for \$25.00 please call Jean Kareores (978-649-0731) or Joe Jacoppi (978-649-9076)

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## TYNGSBOROUGH COUNCIL ON AGING



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Email: [Broche@tyngsboroughma.gov](mailto:Broche@tyngsboroughma.gov)  
[councilonaging@tyngsboroughma.gov](mailto:councilonaging@tyngsboroughma.gov)

**PLEASE SIGN IN WHEN YOU COME TO THE CENTER!!**

**Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3.**

**Lunch is served promptly @ 11:30** everyday must make  
reservations 2 days in advance BEFORE NOON Call 978-649-9211  
\$2.00 for seniors & \$4.50 for non-seniors

•**WELLNESS CLINIC COA, 169 Westford Rd 978-649-9211** Nancy  
Harding, RN, from the **Circle Home, Inc. 1st Tues each month.**

•**WELLNESS CLINIC at ELDERLY HOUSING** Nancy Harding, RN,  
from the **Circle Home, Inc. Red Pines Elderly Housing**, the third  
Tuesday of each month from **8:30 - 9:30. Brinley Terrace Elderly**  
Housing, the fourth Tuesday of each month **8:30-10:00.**

**STITCHERS LEARN HOW TO STITCH FOR A CAUSE** Will Re-  
sume Monday, September 11th, @ 1:00 Every Monday thereafter.  
This project is sponsored by Friends COA We need your knitting  
needles to help knit lap throws, hats, scarves, mitten, for our seniors  
in town for the winter months.

**COMPUTER HELP FOR SENIORS** Thursday, Sept. 7th and 21st,  
twice a month. The first session will be as a group. The 21st, will  
be one on one. Bring your device and anything else that you might  
need to make the most of your time. Instructor Joe Delgado. If you  
have signed up and can't make it, please give us a courtesy call.

**LUNCH BUNCH** 99 Restaurant Wednesday, September 20th,  
11:30-1:00 "Have Lunch With a Friend" If you need transporta-  
tion for this trip we will be happy to pick you up using the Tyngs-  
borough Bus. Call 3 days in advance at 978-649-9211. *Head count*  
*goes in Sept. 15th*

**CHAIR MASSAGE THERAPIST** Wednesday, September 20th  
11:00 Massage therapist, can help relieve pain, manage stress and  
provide emotional release with her massage therapy. Fee \$15.00  
for 15 minutes.

**VETERANS' COFFEE HOUR! Thursday, September 14th,**  
9:30AM - 10:30AM (run by Pat Wojtas -Town Veteran's Agent) This  
is an informal group that meets on the second Thursday of the  
month to reminisce about time served and discuss benefits that are  
available to veterans. Come on down and have a cup of coffee and  
a donut amongst friends!

**HEALTHY & HEAVENLY HONEY Monday, September 25th at**  
**12:00** Join us for a National Honey Month presentation with Rick  
Reault, our local beekeeper and honey expert. He'll tell us about  
the honey process and the advantages of eating honey. There's  
sure to be samples of honey for all to taste! It has been a very  
strange summer 'weather-wise'.

**THURSDAY, SEPTEMBER 21ST – Breakfast—sponsored by the**  
**Tyngsboro/Dunstable Rotary; speaker TBD.**

It's that time of year! If you have a Medicare Prescription Drug Plan  
or a Medicare Advantage Plan (HMO, PPO), you will receive infor-  
mation from your plan by the end of September. Please understand  
and save this information regarding changes in your plan for 2018.  
**During Medicare Open Enrollment (October 15 - December 7),**  
you may change your insurance plan for next year. SHINE coun-  
selors can help you understand your plan changes, as well as other  
options you may have. There will be group presentations... and/  
or you may schedule a phone or in-person appointment. Call early  
to receive a pre-enrollment form and make that appointment and  
bring your Medicare and insurance cards and complete list of your  
medications.

**FLU & PNEUMONIA SHOTS:** Wed. October 4th... TBD Wed.  
October 11th...TBD

The Tyngsborough Family Pharmacy will be giving out FLU SHOTS  
to anyone over 60 at the Tyngsborough Council on Aging, 169  
Westford Rd First Come First Served PLEASE CALL IN IF YOU  
WOULD LIKE A PNEUMONIA SHOT 978-649-9211

**SENIOR BREAKFAST—Rotary Sponsored Thursday, September**  
**21st, 8:30-9:00** Start your day off with a FREE healthy breakfast  
with friends here at the Center. Speaker TBD.

## EVANGELICAL CONGREGATIONAL CHURCH OF TYNGSBOROUGH

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Pastor Denis Frediani 1-603-579-0904

[www.tyngsborocongregational.org](http://www.tyngsborocongregational.org)

If you have questions or need information, please call our

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### SUNDAY MORNING SCHEDULE

- Worship Service at 10:00am • A nursery is provided.  
Followed by Fellowship and Refreshments
- Children attend the Worship Service with parents and are dismissed at 10:15 for Sunday School
- **THE 150th Anniversary Committee** of the church is meeting regularly now to plan events for the historic celebration in 2018. If anyone has photos or information of the church through the years please notify Joy at 978-649-6142 or Jill at 978-649-3301.
- **CRAFT FAIR NEWS** We are looking for a few more craft people to join us this year for our Annual Fair, which will be held on Dec. 2nd this year from 9-3.

Our theme is focused on our 150th Anniversary and our own members and friends will be making crafts and gift items to celebrate such. Interested crafters can contact Jim @ 203-535-5982 for details and reservations.

• **THE THRIFT SHOP** Located next to the Church, it is open to the public on Thursdays and Saturdays from 10:00 a.m.- 3:00 p.m. We offer an assortment of clothing and shoes, handbags, baby items, books, small appliances, dishes, glassware, decorative items, and craft items, ETC. We welcome your patronage and donations. **Please do not drop off large furniture, TV's, Computers or Bikes.** Thanks so much for understanding, we haven't means by which to dispose of them without incurring costs.

## THANK YOU, THANK YOU, THANK YOU!

To all of the wonderful, loyal customers of Tyngsboro and surrounding towns. As I head into retirement, I reflect on the past 21 years and will always remember the support, acquaintances and friendships that have evolved.

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Maureen



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**SHOW DATES: THROUGH OCTOBER 1, 2017**

"We should show life neither as it is, nor as it should be, but as we see it in our dreams." -Anton Chekhov, The Seagull

This September Loading Dock Gallery presents all new works by member artists. Take an out of this world journey into the furthest reaches of the imagination. **FANTASTIC WORLDS** features fantasy, science-fiction, and the surreal: dreamy looks at this world and others. The works shown in **FANTASTIC WORLDS** will be as diverse as the artists creating them. Traditional fine artists and craftspeople bring their expertise into the speculative realm. The works run the gamut from whimsical daydreams to dark reveries.

Also this month, Loading Dock's **Back Door Gallery** features the bold abstracts of Nan Hockenbury's "**Genealogical Petroglyphs**." Inspired by the discoveries of University of Oxford geneticist Brian Sykes Hockenbury has created a series of work featuring a bold vocabulary of pictographs and colors. These works reflect the power and strength of the far distant ancestral clan mothers whose DNA still resonates in women today.

The Loading Dock Gallery, a part of Loading Dock Arts, Inc., a 501c3, is open Wednesday - Saturday from Noon to 5:30 PM, and Sunday from Noon to 4 PM. It is located at the entrance of Western Avenue Studios, 122 Western Avenue, in Lowell, MA. For more info, call 978-656-1687 or visit [www.theloadingdockgallery.com](http://www.theloadingdockgallery.com).

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## 2017 FOUNDATION FIGHTING BLINDNESS- BOSTON VISION WALK

The Boston Traveler's team is raising money and awareness for the Boston Vision Walk. The Boston Vision walk is happening on **Saturday, October 28, 2017**. The walk details as follows:

**Time:** Registration at 9:00 AM, Stage Presentation at 10:00 AM, and Walk Starts at 10:20 AM **Location:** Artesani Park, 1255 Soldiers Field Road, Brighton, MA 01235

**Team Page:** [http://www.fightblindness.org/site/TR/VISIONWALK/VisionWalktr?team\\_id=84987&pg=team&fr\\_id=5895](http://www.fightblindness.org/site/TR/VISIONWALK/VisionWalktr?team_id=84987&pg=team&fr_id=5895)

The mission of the Foundation Fighting Blindness is to drive research that will provide preventions, treatments, and cures for people with retinal conditions.

### Our team goal for the 2017 Boston Vision Walk

- Community Involvement/Spread the Word about the Vision Walk.
- Finding Community leaders and Professionals to sponsor the walk.
- Physical Walkers/Looking for people to join me the day of the walk.

Our team appreciate any and all support towards this worthwhile event. You can join me in the walk or make a donation by going to my team web page. You can also make a donation by check made payable to Foundation Fighting Blindness. **Together we can do it! Together we can SEE the world!**



## CLUB OF TYNGSBORO/DUNSTABLE

**Rotary Motto: Service Above Self**

**Theme: Rotary Serving Humanity**

The Rotary Club of Tyngsboro/Dunstable has been serving the Tyngsboro and Dunstable area for 43 years. We meet at the Dream Diner, Tyngsboro, on the 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Thursday of the Month at 7:15am.

• **Friday, October 6<sup>th</sup>, is our 8<sup>th</sup> annual Taste of the Town event.** It will be at Princeton Station, North Chelmsford from 7:00 to 9:30pm. **Please make reservations early since there are a limited number of tickets available.**

Thank you for attending our Fishing Day for individuals with disabilities on June 4<sup>th</sup>. A good time was had by all and the fish were large and eager to be caught. Hope to see you next year.

Rotary International is a global network of community volunteers with a passion to help others. Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs. Rotary builds international understanding through scholarships, exchange programs, and humanitarian grants. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

For further information please email us at [tdrotary@yahoo.net](mailto:tdrotary@yahoo.net) or visit our website at: [www.tdrotary.org](http://www.tdrotary.org).

*Thank you for your continued support.*

### UPCOMING EVENTS

• **Tyngsboro Senior Breakfast • September 21<sup>st</sup>**

Tyngsboro Senior Center

• **8<sup>th</sup> Annual Taste of the Town • October 6<sup>th</sup>**

Princeton Station, Chelmsford

**Dunstable Senior Luncheon • September • Dunstable Town Hall**

## NEW ENGLAND VOICES IN HARMONY

The Nashua based women's a cappella chorus, New England Voices in Harmony, invites ambitious female singers to attend *rehearsals every Tuesday evening beginning at 6:30 pm* at our rehearsal space: the Nashua Senior Center, second floor, 70 Temple St., Nashua. New England Voices in Harmony is a chapter of Harmony, Inc. an international non-profit, educational group which promotes singing in the barbershop style. Rita Ralston at [rralston10@aol.com](mailto:rralston10@aol.com) for more information. [www.newenglandvoicesinharmony.org](http://www.newenglandvoicesinharmony.org)



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### "Use Your Early Mornings for God"

By Nathan Combs

What time of the day have you set aside to devote yourself to communicating with your Lord and immersing yourself in His Scriptures? Although we certainly see examples of godly Biblical characters concentrating on God at all hours of the day and night, there is an emphasis on early morning focus on God.

Consider Job's morning habit of approaching God on behalf of his children: "and when the days of the feast had run their course, Job would send and consecrate them, and *he would rise early in the morning* and offer burnt offerings according to the number of them all. For Job said, 'It may be that my children have sinned, and cursed God in their hearts.' Thus Job did continually." (Job 1.5). In 1 Samuel 1.19, when Hannah and her husband Elkanah made their yearly sacrifice to the Lord at Shiloh, the text reveals that "They rose *early in the morning* and worshiped before the Lord; then they went back to their house at Ramah." When David wrote about his devotional habits in the Psalms, he spoke of beginning his day with worship. For example, he says in Psalm 5.3, "O Lord, *in the morning* you hear my voice; *in the morning* I prepare a sacrifice for you and watch." In Psalm 59.16 he wrote, "But I will sing of your strength; I will sing aloud of your steadfast love *in the morning*. For you have been to me a fortress and a refuge in the day of my distress." The sons of Korah recorded in Psalm 88.13, "But I, O Lord, cry to you; *in the morning* my prayer comes before you." The unknown writer of Psalm 119.147 also said, "*I rise before dawn* and cry for help; I hope in your words." Our Savior also provides an example of morning worship. Mark's gospel records that Jesus rose "*very early in the morning*, while it was still dark," went to a "desolate place, and there he prayed" (Mark 1.35).

Why is it so valuable to focus on spiritual things in the morning? Let me suggest three possibilities. 1) Morning spiritual devotion equips us for a day of spiritual battle. Because our days are often whirlwinds of constant activity, a spiritual perspective is easily lost. Scripture reading, prayer, and singing in the morning puts us in a spiritual mindset. 2) Morning spiritual devotion allows concentrated focus at an undistracted time. While my house is still quiet, while my boisterous little girls are still asleep, it's easier to gather my thoughts and direct them to God. 3) Morning spiritual devotion corresponds with the Biblical emphasis on giving God the "first" of what we have. God commanded the Israelites to give him the first of their flocks (Deuteronomy 15.19) and their produce (Exodus 34.26). The firstborn child in every family was claimed by the Lord (Exodus 13.2). In that same vein, it makes sense to devote to God the first moments of our day.



## SONS OF THE AMERICAN LEGION

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• **SAL Detachment 247 now meets on the first Wednesday of each month at 7 p.m. at Post 247.**

• **SAL Officers:** Commander: Brian Laplante; Sr. Vice Commander: Steve Harris; Jr. Vice Commander and Chaplin: Adjutant/Treasury: James Blake; E- Board: David Boyle

We are always welcoming new members. Drop in or call 978-649-7540. **Anyone interested** in becoming a member of the Sons of the American Legion is welcome to attend our monthly meeting. **Applications are available at the Post at any time.**

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## TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



Events listed will be **held at the Little Red Schoolhouse** which is located on Route 113, near the Tyngsborough Dunstable Town Line.

**Saturday, October 14<sup>th</sup> (Rain Date October 15<sup>th</sup>)**

**AACA Bean Pot Region 5<sup>th</sup> Annual Car Meet**

Held at the Little Red Schoolhouse.

For info call Sue Saledakis 978-649-6005.

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ST. MARY CHURCH: 25 North Road, Chelmsford Daily Mass

Schedule: Monday - Friday 7:00 AM; Saturday 9:00 AM

Weekend Mass Schedule: Saturday 4:00PM; Sunday 7:00AM,

9:00AM, 11:00AM and 6:00PM Reconciliation: Saturdays 11:00 - 12:00 NOON, or by appointment

ST. JOHN BUSINESS(978) 251-8571; [www.saintjohnchelmsford.org](http://www.saintjohnchelmsford.org)

ST. JOHN THE EVANGELIST CHURCH: 115 Middlesex

Street, North Chelmsford Daily Mass Schedule: Monday -

Saturday... 9:00 AM Weekend Mass Schedule: Saturday... 4:00

PM; Sunday... 8:30 AM, 10:30 AM and 5:00 PM Reconciliation:

Saturdays... 3:00 - 3:45 PM, or by appointment **DAILY MASS**

**SCHEDULE:** In addition to regular Mass schedule (listed above)...

St. Mary will be offering Wednesday evening Mass at 6:00 PM

**ALL ARE INVITED TO JOIN US ON THE GREAT LAWN** for the

3<sup>rd</sup> Annual Chelmsford Catholic Collaborative **Outdoor Family**

**Mass & BBQ. Sunday, September 17<sup>th</sup> at 10:30 am.** Food,

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**KNIGHT OF COLUMBUS/ST. JOHN THE EVANGELIST**

**12<sup>th</sup> ANNUAL GOLF TOURNAMENT. Overlook Country Club,**

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including all details, can be found at [www.saintjohnchelmsford.org](http://www.saintjohnchelmsford.org).

**FAITH FORMATION IS ALIVE AND WELL** at Chelmsford Catholic

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*Kindler (ext 216) regarding the St. Mary program.*

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to receive the sacraments of initiation (Baptism, First Eucharist

and Confirmation), and culminating in a formal welcome into the

faith at the Easter Vigil. St. John is offering an Evening of Inquiry

on Wednesday, September 20<sup>th</sup> at 6:30 pm. Interested in learning

more? Contact Fran at (978) 251-8571, ext 212.

**BINGO EVERY Thursday Night!** St. John the Evangelist Church.

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**BLESSING OF THE ANIMALS.** In honor of St. Francis of Assisi,

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## AMVETS POST #247

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## SCHOOL BUS SAFETY

It's that time of year again. Traffic is increasing in and around school zones and school buses are on the road. Safety on our highways and in school zones is the responsibility of every driver. We all need to be especially aware of the extra road and pedestrian traffic that comes with the start of school. The importance of highway safety cannot be overstated. Please buckle up, slow down and drive smart. Many local children are transported to and from school in a school bus every day. When school is in session, drivers should be sure to drive with EXTRA caution. The following are safety tips for motorists, parents, and children.

**TIPS FOR MOTORISTS:** 1) Slow down 2) Be especially careful when driving on neighborhood streets and around school zones, always expect the unexpected. 3) Be alert for youngsters walking to and from school as you back out of your driveway or leave your parking garage. 4) We want school children to be safe. Watch for them on bicycles, especially at intersections and driveways. Young bicyclists have a tendency to dart out of driveways without looking for traffic. 5) Stop your car when you see lights flashing on a school bus. Red flashing lights indicate that the bus is stopped and students are getting on or off. Don't start driving until the red lights stop flashing. Be aware that a child may dash across the street. 6) Allow yourself enough time to get to school or to work. Leave earlier to avoid the potential "to speed" getting to your destination on time. 7) When entering a school zone, obey all of the signs. Know that the flashing yellow lights are there to remind you that you need to reduce your speed. 8) Pay extra attention at crosswalks. Take an extra look to be sure that no students are crossing. 9) Obey all signs, safety patrol and officers in your school zone. They are there to make the drop-offs and pick-ups run smoother. 10) When you approach a school bus picking up a child, it is the law to stop. When the flashing lights come on and the red stop sign extends that means STOP. Motorists must take extra precautions at bus stops even after the bus completes its stop. Some children might run out into the roadway. 11) Make sure that your child is in their safety seat or restrained properly when you are taking them to school. 12) Watch for children walking in the street, especially where there are no sidewalks. Watch for children playing and gathering near bus stops. 13) Be Alert and ready to stop. Children arriving late for the bus may dart into the street without looking for traffic.

**TIPS FOR PARENTS:** Does your child ride a bicycle to school? If they do, remember that it is highly recommended that a bicycle helmet be worn while riding a bicycle. 1) Stay away from danger zones around the bus. The blind spots where drivers cannot see. Always be sure you can see the driver, that means the driver can see you. 2) When getting on or off the bus be very careful. Watch out for cars. Remind children to look to the right before they step off the bus. Drivers in a hurry sometimes try to sneak by buses on the right. 3) Help your children get ready for school: 4) Have your children put everything they carry in a backpack or school bag so that they won't drop things along the way. 5) Have them wear bright, contrasting colors so that they will be more easily seen by drivers. Better still, attach a piece of high visibility fluorescent and reflective material to their clothing or backpack. 6) Make sure they leave home on time so that they can walk to the bus stop and arrive before the bus is due. Running can be dangerous. 7) Teach your children to secure loose drawstrings and other objects that may get caught in the handrail or door of the school bus as they are exiting. 8) Warn children that if they drop something near the bus they should never ever pick it up. Instead, they should tell the bus driver and follow the driver's directions. If they bend over to pick up a dropped object, they might not be seen by the driver and could be hurt if the bus pulls away from the stop. 9) Go to the bus stop with a young child and have older children walk in groups. There's safety in numbers because groups are easier for drivers to see. 10) Don't let pre-school children or pets go with your school child. They can be dangerous near traffic. 11) If you decide to meet your child at the bus stop after school, wait on the side where the child will be dropped off, not across the street. Children can get so excited at seeing you after school they might forget safety rules and dash across the street.

**TIPS FOR CHILDREN:** If your child rides the school bus remind them to be good bus riders. They should: 1) Talk quietly and be courteous while on the school bus. 2) Follow the school bus driver's directions. 3) Keep the aisles clear and stay seated for the whole bus ride. 4) Before crossing the street, be sure to look both ways, and listen. Always use the crosswalks. 5) Make eye contact with the driver before entering the crosswalk. 6) Obey the crossing guard. Wait for them to give the "OK" before entering the crosswalk. 7) Students should walk and not run to school. Sudden movements or darting out into the street is dangerous. Cars may not be able to stop. 8) If possible, walk in groups.

If we all do our part, then our children will be much safer. Please consider car pooling or parking a couple of blocks away from the school and walking the rest of the way. It's good exercise and an opportunity to get to know our neighbors better.

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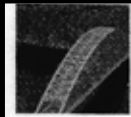
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## STE JEANNE D'ARC SCHOOL

... in Lowell is accepting applications for the 2017-2018 school year. Inquire or apply online at [www.sjdarc.org](http://www.sjdarc.org). You may also contact our Admissions Office at 978.453.4114 to request an admissions package or schedule a tour. Ste Jeanne d'Arc School is a Pre K (K1) – 8 Catholic, independent school offering classes in Religion, Math, Language Arts, Science, Social Studies, K1-8 French, Art, Music, Computers, Physical Education as well as accelerated classes. The school and classrooms are outfitted with state of the art technology, iPads are provided to students in grades 4-8, 20+ athletic programs, extra-curricular activities including LEGO Robotics Club and Destination Imagination. Extended Day Care Program is available. Consistently recognized as a school of excellence, this year Ste Jeanne d'Arc School students rank #1 in the Archdiocese of Boston for high achievement on the NWEA standardized test. We are also a 2010 National Blue Ribbon School by the U.S. Department of Education for our students' superior academic performance, a Bright Spots School and National Beta Club School of Distinction. Our school is also fully accredited by the New England Association of Schools and Colleges. We welcome the opportunity to share the many advantages of a Ste Jeanne d'Arc School education. Come visit and let us show you all we have to offer.

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## THE WISH PROJECT

**Drop off donations: Tue/Wed/Fri and Sat 9am-2pm**

**1A Foundry St., Lowell, MA 01852**

**Off of Plain Street in Lowell.**

No appointment needed, **but call first if there is a snow storm or if donation days fall on a holiday. 866-947-4360**

### WISH LIST

- Kitchen Tables • Dressers, Lamps, • Fans
- Twin, Full and Queen Mattress Sets, Toddler Beds, Adjustable Metal Bed Frames, Zip up Mattress Covers, Bed Pillows
- Infant Car Seats, Baby Monitors, Diapers Size 4, 5 & 6, Enfamil & Similac Infant Formula, Baby Wipes, infant Swings, Infant Changing Table, Diaper Genies, Toddler car seats (less than 5 years old)
- Children's Sneakers, all sizes
- Cookie Sheets, Baking Pans, Sauce Pots, Coffee Makers, Steak Knives, Sauce Pots, Mixing Bowls, utensils
- Dish Towels, Dish Cloths, Hand Towels, Dish Sets
- New Shower Curtain Liners • Shorts all sizes

With all the excitement of back to school and working on one of our projects it's easy to forget about the daily work that goes on at our partner agencies and their struggles. Tracy from Department of Children and Families came in to pick up backpacks for their clients and told us about the challenges they are facing. Just that day they had 12 children to place and only 3 slots to place them. She said everyone is at capacity and the numbers that are coming from homes with addiction issues are only growing. When we are faced with these kinds of challenges every day, of trying to help agencies and clients whose struggles are beyond our ability to fix, we have to take comfort in what we can do to help them. So we loaded up her car with not only backpacks but diapers, baby food, infant cereal, sippy cups, new underwear, socks, blankets and shoes. We gave her as much as we had of whatever they needed. Everyday we hear stories like these from caseworkers who work tirelessly to help their clients. Tomorrow we will be back at it again trying to help them meet their clients' needs and do what we can to improve their lives. We are grateful to all our donors and volunteers that work tirelessly with us to serve our mission to help the poor and homeless in Merrimack Valley. We couldn't do it without you!

### IF IT'S THURSDAY OUR THRIFT SHOP IS OPEN 5:30-8PM.

Stop in and pick up some bargains and help to fund our mission of helping the needy in Merrimack Valley! We are very excited to welcome you to our New Thrifty Thursday Thrift Shop. Located in our warehouse on Thursday nights 5:30-8pm. We welcome the public to shop and help support The Wish Project with every purchase! You never know what treasures you will find at the warehouse.

### ONE OF OUR STELLAR DONORS ORDERED TWO TWIN MATTRESSES ONLINE FROM AMAZON AND THEY ARRIVED IN BOXES AT THE WAREHOUSE.

Not only do we now have 2 twin mattresses we can give out this week to clients but they are New and packaged in small boxes so they can be transported in cars and clients won't need access to a truck to pick them up. Genius idea by Amazon and the anonymous donor who sent them to us. This is the number one item we need every day for almost every client that walks in the door and one of the hardest items to come by. It was such a great idea I added it to our Amazon wish list in case someone else would like to donate one or more. They appear to be around \$70 for a twin size. *Go to our website for the link.*

... **SAVE THE DATE Thursday, December 7<sup>th</sup>.** We're celebrating our 12<sup>th</sup> Anniversary **WINTER WISHES GALA** at Vesper Country Club. (The Wish Project's Annual Charity Auction.

**Hours to drop off donations:** Tue/Wed/Fri and Sat 9am-2pm No appointment needed but call first if it is snowing or near a holiday. Foundry Industrial Park Lowell, MA 01852 Off of Plain Street in Lowell. The Wish Project, 1 A Foundry Street, Lowell, MA 01852

• **About Us** The Mission of The Wish Project is to help families in need in Merrimack Valley. Find out more on our website [www.thewishproject.org](http://www.thewishproject.org) or call us at **866-947-4360**.

All clients are referred through social service agencies, and are financially qualified. A 501C3 tax deductible charity For more information visit <http://www.irs.gov> 1 A Foundry St. 495 to Lowell Connector to Exit 4 Plain St., Lowell, MA 01852 Turn Right on Plain St., go 0.3 miles, Turn Right on Foundry. **866-947-4360** Website [www.TheWishProject.org](http://www.TheWishProject.org)

## DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827  
Dunstablechurch.org 978-649-6251

Pastor Bobby Ross pastorbobby@dunstablechurch.org

**DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."**

**Pastor Bobby Ross** and his family, wife Shelly, and children Chale and Louelle have brought new life to our church. We invite you to visit and meet them anytime at our 10:00 am service.

**SUNDAY WORSHIP:** Worship Service is held at 10:00 am each Sunday. Child care is available during the service for infants through kindergarten age. Our worship services feature a wide variety of music, scripture readings, corporate prayer and spoken messages and with Communion (the Lord's Supper) served on the first Sunday of every month. Everyone is welcome to an informal time of fellowship with coffee, tea and refreshments that takes place after worship.

**PRAISE TEAM rehearsals** continue at 7:00 pm on Monday evenings. **The Sanctuary choir** will resume rehearsals at a date yet to be determined. New members are always welcome to join. **We are still searching for an accompanist and music director to lead the important part that music plays in our service.**

**ACTIVITIES BEGIN IN FULL ON SEPTEMBER 10th**, with **SUNDAY SCHOOL resuming at 10:00 am**; children in Ages 4-12 will attend the regular service with parents for the first 15 minutes of worship before leaving to attend Sunday School class for the remainder of the hour. Older children and teenagers remain with their parents for the entire worship service.

**DECC YOUTH GROUP: KICKOFF FOR THE NEW SEASON will be an ICE CREAM SUNDAE PARTY SEPTEMBER 10th, 7:00-8:30 PM in the Fellowship Hall.** On September 17<sup>th</sup>, we'll have a cookout at Sunshine Overlook Orchard and make our own fresh pressed apple cider. DECC has a great youth program and welcomes any area youth currently in 6<sup>th</sup> to 12<sup>th</sup> grade to join for any events! Typical meetings are held on Sundays from 4:00-6:00 PM but special events may be held at other times. All are welcome for a single event or to become a regular member. Contact Jon Hughes 978-303-7708 if interested, & confirm location and time of meeting.

**LADIES' MORNING BIBLE STUDY** Begins on Monday, September 18<sup>th</sup> at 9:30 am, study the book of Galatians using "Galatians for You" by Tim Keller. **LADIES' EVENING BIBLE STUDY & MEN'S GROUP** will resume in September, date to be determined.

**SCOUTS** The work project in coordination with an **Eagle Scout project** to improve and enhance the grounds of the building as well as our part of the center of our town in continuing. Work will continue and hopefully be completed this fall. **Girl Scouts, Boy Scouts, Webelos and Cub Scouts** will soon begin their regularly scheduled meetings. They are very active organizations in our extended church family. Check with your leaders to find your start date.

**CLOTHING DONATION BOX** A clothing donation box is set up at the Dunstable Congregational Church near the Paper Recycling box on the back side of the Pre-school playground. The box is provided and maintained by St. Pauly Textile. It is nice to have a local spot where we can donate to help others. St. Pauly Textile is a family-owned company with an A+ BBB rating. They purchase the donated clothing from the DECC to provide **USEABLE** clothing to people who can use it, here in the U.S. and in developing countries while having a meaningful impact in our local communities as the church supports local mission or community needs with the money raised.

**What to Drop-off:** Used clothing, shoes, sneakers, belts, purses, linens, pillowcase, blankets, curtains and stuffed animals. **What NOT to Drop-off:** Furniture, electronics, household items, books, toys, garbage, pillows, rags and fabric scraps. **According to the EPA, 85% of clothing in the U.S. is thrown away.** This means that only about 15% of clothing that could potentially be re-used is collected using existing methods. There is an enormous global need for used clothing. All of the clothing and textiles that is collected is used by someone somewhere. If there is a local need, the donation can be used there. Come visit your community's church. For info call church office 978-649-6251 or email [info@dunstablechurch.org](mailto:info@dunstablechurch.org).



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## ST. LOUIS SCHOOL

St. Louis School 77 Boisvert St. Lowell is accepting registrations for the 2017-2018 school year for Pre K 3-8.

Pre K 3 part time options are offered. Shadow days and tours are available daily. Great incentives are now available for new students in K-8. **Please contact the school office 978 458 7594.**

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Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, and observe meadow wildflowers and butterflies. It's a great place for outdoor exercise and to enjoy nature close to home. Sherburne Nature Center and Trails activities are open to all who are interested. Activities go rain or shine. In extreme weather conditions, activities are cancelled. No reservations or fees required. Children under 16 must be accompanied by an adult.

### CAT FOOD DONATIONS NEEDED

to feed a colony of feral and homeless kitties. Please call me at **978-799-9715** for the drop-off location on the Dunstable/Tyngsboro line. Don Gaudette. **Volunteers to help with the feeding are also needed.** Associated with Kitty Angels [www.kittyangels.org](http://www.kittyangels.org)  
Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats

## PLEASE JOIN ME AT THE ALZHEIMER'S WALK

- Alzheimer's is the 6th leading cause of death in the United States and the only cause of death that cannot be prevented, cured, or even slowed significantly.  
- 1 in 3 seniors in the US dies with Alzheimer's or another type of memory impairment.  
- Alzheimer's and other types of dementia kill more people than breast and prostate cancer combined.

Scary statistics! If Alzheimer's hasn't yet affected your family or your friends it will very soon. The 2017 Northeastern MA/NH Walk to End Alzheimer's will be held in Andover, MA on **Sunday, September 17th at 200 Brickstone Square**. It only takes a few hours in the morning and the Walk is either 1 or 3 miles. Please join me in the fight to find a cure by doing one of the following: 1) Make a donation on my Alzheimer's Walk website or, 2) join my Alzheimer's Walk team and help to get more donations toward a cure.

Go to <http://act.alz.org/goto/HeidiW>. Questions to 978-846-2254. Thank you for joining the fight to end Alzheimer's and other types of memory impairment!



## ROBERT D. PELLETIER AMERICAN LEGION POST #247, INC.

**90 Pawtucket Blvd. Tyngsborough, MA 01879**

Active duty military and veterans always welcome to join. For further information call **978-649-7540**. Remember to attend the committee meetings on the first Thursday with your input and ideas.

**The public is invited to get involved in all events of the post. The veterans monthly dinners will continue on the first Wednesday of the month.** We are always looking for help to serve the veterans. **Keno and Scratch Tickets are available at the Post.** There is an ATM in the Post for your convenience.

**OFFICERS:** Commander: Fred Carroll; 1st Vice: Joseph Agrusso; 2nd Vice: Donald Pierce; Adjutant: Charles Curran; Jude Advocate: Roland Millard; Chaplain: vacant; Finance: Mark Taylor. E-Board: Marty Bloomgren and David Coles.

**RENTAL OF FACILITIES INFORMATION** Our clean, bright Function Hall is available for all your Family and Private needs. Handicap Accessible. Large private parking lot. All Fees are for 4 hours use. Extra hours are available. Great for Baby and Bridal Showers. Deposit required. **Active duty personnel, discounts available. Call the Post for more information and viewing at 978-649-7540.** (No Drinks of ANY kind can be brought into building)

**Visit our website, [www.tyngsboroughlegion247.org](http://www.tyngsboroughlegion247.org)**  
This website contains a wealth of information about the Post.

**Please remember to be safe & keep our troops in your prayers.**



## AMERICAN LEGION AUXILIARY UNIT 247

**90 Pawtucket Blvd. Tyngsborough, MA 01879**

**Meetings are held the first Thursday of each month at 7pm.**

### Auxiliary Unit Officers for 2016-2017

President: Diane Dileo; Sr. Vice: Kathleen Olje; Jr. Vice: Annette Coles; Treasurer: Frances Radgowski; Secretary: Josephine Beauregard; and SGT-At-Arms: Mary Dupras. Executive Committee: Mary Hanley and Maureen Harris

**For information on the Auxiliary Unit meetings,** or functions contact Unit President Diane Dileo at 978-204-9329 or Unit Secretary Josephine Beauregard 978-459-7015.

**Yours In Auxiliary, Unit Secretary, Josephine Beauregard**  
**THE UNIT IS STILL COLLECTING** can pull tabs drop off at Post and earmark for Auxiliary. **We also would Welcome New Auxiliary Members** 18 and older. Contact Unit President or Treasurer.

**... The Unit Jr. Auxiliary is accepting new Jr. members.**  
Contact 978-649-7540 if interested in joining.

## MERRIMACK VALLEY HOUSING PARTNERSHIP

Project Genesis Home Buyer Training classes - Topics include an overview of the home buying process, the mortgage application process, legal aspects, home inspections, household budgeting and down payment assistance programs. The fee is \$100.00 includes all materials and 4 sessions. Learn about the home buying process. **A series (4 classes) September 19, 20, 26, 27 (Tues & Wed Night) from 6:30 p.m. to 9:00 p.m. The next session will be held on October 10, 11, 17, 18.** Classes are held at Middlesex Community College, 67 Middle St., Classroom 405, Downtown Lowell. **Register online at [www.mvhp.org](http://www.mvhp.org) or call 978-459-8490.**

**Landlord Training Classes** are held from 5pm to 8:45pm on the following date, September 25, October 25 as well as other future dates. Please check online for other available classes.

## PET HEALTH DUNSTABLE ANIMAL CLINIC

### BARKING

by Tara M. Sacramone, DVM




As some of you are aware, I adopted a tiny mixed breed adult dog named Ajax last year. His is little and sweet and super great with my two year old daughter, but lurking behind his fuzzy little exterior was a dirty little (dog) secret. He is a barker! Since adopting Ajax I have learned from many of you that you too have been dealing (or trying to deal) with this problem. For those of you with dogs who hardly bark or only bark when it is appropriate you may skip this month's article as long as you agree to go and give your wonderful dog a kiss of appreciation. For the rest of you, read on....

Barking is a normal dog behavior. With the exception of Basenjis, all dogs bark. Dogs bark for several reasons: protecting things, people and places, during play, to get attention, and sometimes during times of fear, anxiety, or frustration. Most dog owners expect and even desire some barking. But when barking becomes out of control it can be a real problem, and a difficult problem to fix because it **is** a completely normal behavior.

There are a few things you can try to help control your dogs barking. Different options will work with different dogs. Ideally every dog should learn to "quiet" on command. Just like your dog learned to "sit" s/he should also learn to stop barking whenever you say "silent" or "hush". This can be harder than you might think. There are basically three ways to accomplish this: 1. when your dog is barking place a tasty treat near his/her nose and when the dog stops barking to sniff you say "hush" – repeat, repeat, and repeat. 2. Teach your dog to "bark" on command by using a stimulus to get him/her barking, then remove the stimulus and use the "hush" command when the barking stops – repeat, repeat, and repeat. 3. Use a remote punishment device such as a collar that sprays an unpleasant liquid like citronella, or emits a small electric shock to stop the barking. When using these remote devices it is nice to try to use a "hush" command too so eventually you can just use the command without the device.

There are also a few things you shouldn't do if you want to decrease your dog's barking. For example, don't punish the dog for barking. It rarely works, and some dogs will actually bark more because they become more anxious. While still other dogs love any kind of attention, even bad attention. Also, don't just yell at your dog to "Be Quiet!" First of all they don't speak English so they won't understand you, and secondly, yelling just increases the noise and stress level for everyone involved. Another thing not to do is to try to calm or reassure your dog by patting him/her; your dog will interpret this as a reward for barking and will bark more and more.

Barking can be an extremely frustrating problem, so don't get discouraged and try everything, and KEEP TRYING. Your only other option is to move out to the middle of no where and buy some earplugs for you and your family.



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