



# Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

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[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)

*Celebrating 34 Years of Service!*

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## DUNSTABLE GRANGE #31

*The 91<sup>st</sup> Annual Grange Fair and  
Community Citizen Award*

**Saturday, August 19<sup>th</sup>**

This will be held on the Town Common, Main Street, Dunstable Center. All residents of Massachusetts are entitled to enter.

**If you would like to reserve a table to sell your crafts that day, please contact Linda 978-649-7184. \$10 per table.** Remember the proceeds of this event go to the Dunstable Grange Scholarship given out at graduation.

Enter your crafts/photos/food/vegetables and kids are encouraged to enter their projects made during the school year.

Hope to see you there!

The Premium List is the last page of this issue.

You may also go to [www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com) to view the Premium List on-line.



## IN MEMORY OF

Donna Mastrullo Burlamachi  
Robert J. Jeffery  
Ritchie L. Thibeault  
Charles David Whittemore

Richard L. Guay  
JoAnne M. Jenkins  
William Reid Pepin Jr.  
Frank A. Soracco, Jr.

Theda O. Barnes Crocker

## TOWN CLERK NEWS

**It seems as if every day, more and more documents have to be notarized.** While I'm happy to provide notary services as a courtesy, it has become cumbersome, as such that I have to develop a list of Notary guidelines. Most important to note is that no document will be notarized that is brought in dated and signed. As a notary, I must witness your signature, it does not matter that I know you. In addition, all signers must be present at the time of notarizing. The document must contain the appropriate Notarial Statement or Clause, or one will be stamped on the document by the Notary. If you have multiple documents to be notarized, please call ahead to schedule an appointment. Notary Service is not available for deeds, mortgages, wills, living wills, living trusts, or depositions. And finally, in accordance with Massachusetts Notarial Law, I will not provide service if the customer, document or circumstances of the request for Notary Service raise any issue of authenticity, ambiguity, doubt or uncertainty. In this event, the Notary may, at his/her sole discretion, decline to provide Notary Service. There is a \$1.00 fee to the town per notarized signature.

**There was a 23% voter turnout at the Annual Town Election.** You can find official election results on the town website. Questions 1 and 3 (water and new plow/sander for the Highway Department) passed. Question 2 (new fire truck) was a tie vote and failed. Question 4 (sidewalks) failed. Congratulations to the winners and also to all the candidates for coming forward!

**It was an honor to swear in George Basbanes who will begin his 40<sup>th</sup> year** as an elected member of the Planning Board, beginning his 9<sup>th</sup> term. Thank you for your service to the town.

**Massachusetts law requires that your name be designated to the inactive voter list if you failed to return the Annual Street Listing** (aka the town census) by the first Monday in June. In case you are new to Massachusetts, this is a legal document required by the Commonwealth of Massachusetts and you must return it to remain on the active voter list.

We still have A LOT of dogs not licensed. Please keep your dogs safe and license and tag. We are also seeing an increase in calls from residents regarding dogs roaming on their property. Carol A. Skerrett, Town Clerk CMMC 978-649-4514 x222 [CSkerrett@dunstable-ma.gov](mailto:CSkerrett@dunstable-ma.gov) HOURS: The Clerk's Office is open Monday evening from 3:00 pm – 7:30 pm; Tuesday and Thursday 9:00 am – 2:00 pm. Wednesday 9:00 am – 2:30 pm. Hours may vary due to holidays, workshops and elections. There are times the office is closed during these posted hours and extended hours for voter registration and absentee voting, please feel free to call ahead. Marriage licenses are by appointment only.

## DUNSTABLE

### CONCERTS ON THE COMMON

We are very excited about this year's line-up. We think we have something for everyone. As in the past we rely on donations to make this event happen. If you would like to contribute please make a check out to the Dunstable Summer Concerts and mail to 348 Hollis St., Dunstable, MA 01827 or contact any committee member Sue Tully, Paul Debrececi, John Callahan, Laura Rothman, Lori Pestana, Jen West, Catherine Reynolds, Peggy Lynch. See you on the common.

#### 2017 CONCERTS ON THE COMMON SCHEDULE

**Wednesdays 6:30 - 8:30p.m. Rain date Thursday**

**Food will be available**

- July 12** Back -2- Back Classic Rock  
**Annual Vehicle Night Co-Sponsored by Dunstable Public Library and West Auto**
- July 19** The Transistors Sounds of the 60's  
**Goss Farm Cow Train**
- July 26** Never Easy Band New & Old Country/Classic Rock & Roll  
**Pre-Concert Dance Show by Dance Expressions**  
**Post-Concert Skywatch, New Hampshire Astronomical Society**
- August 2** Crossroads Classic & Modern Rock, Country & Pop  
**Public Safety Night with Dunstable Fire & Police**
- August 9** The Rampage Trio Blues, Rock & Boogie  
**Community Information Night**  
**For more information:**  
[www.facebook.com/DunstableSummerConcerts](http://www.facebook.com/DunstableSummerConcerts)

**HOPE YOU  
HAVE A  
WONDERFUL SUMMER!**



## GRACE LUTHERAN CHURCH

130 Spit Brook Road, Nashua, NH 03062

Pastor: Mick Meyer Ministry Coordinator: Sharlene Peterson

Youth Director: Alison Efsthathiou 603-888-7579 [www.glcmsnh.org](http://www.glcmsnh.org)



### BOX TOPS FOR EDUCATION

Sound the horns, set free the balloons, put on your party hats ... it's time to CELEBRATE!!!! Celebrate what you ask? WE DID IT!!! We hit and surpassed our goal of collecting 50,000 box tops during this most recent school year. Our small school of Swallow Union Elementary school had never collected more than 38,885 box tops in one school year; that is until this most recent school year. Due to the awesome Swallow Union school community and you all, our Dunstable neighbors we ended the year and collected **51,101** box tops!!!! The school will receive a check in excess of \$5110 from the Box Tops for Education program and this money will be used to help fund field trips and other enrichment programs for the students to take part in next school year.

From both of us, THANK YOU, THANK YOU, THANK YOU for your clipping efforts over this past school year. Please remember to keep on clipping during the summer and drop off your box tops in any of the yellow Box Tops for Education bins scattered around the town (2nd floor of the town hall, Dunstable Library, Dunstable Post office, inside the 1st front door at Swallow Union Elementary school and a collection bin is at West Auto Repair in Dunstable).

Also please download the Box Tops for Education app. on your smartphone. It's so easy to use and the ability to earn extra box tops adds up quick when you use the app. We fell slightly short of ending the year as the top Box Top collecting school in the state of Massachusetts but that gives us something to aim for for next school year. Through your collection efforts coupled with usage on this new app we think we might just be able to hit another record next school year. Keep on clipping .... *Jen West and Cristina Agraz*  
*Box Top for Education co-coordinators*

## DUNSTABLE BOARD OF HEALTH TRANSFER STATION RATES JULY 1, 2017-JUNE 30, 2018 PERMIT FEE FOR THE TRANSFER STATION & STICKERS RECEIVED

Residents may purchase new permits on Monday-Friday from 9:00 a.m. – 4:00 p.m. and on Monday evenings from 6:00-8:00 p.m. in the town hall upper level.

Regular Permits -	\$300.00 with 110 bag tags
Senior Permits – (65 and over)	\$200.00 with 55 bag tags
Recycling Permits only	\$ 10.00

Please bring a copy of your registration (up to 2) of the vehicle(s) using the transfer station.

You may also purchase permits through the mail by mailing a check for the appropriate amount made payable to the Town of Dunstable, copies of up to two vehicle registrations and 5 first class stamps for regular permits and 4 first class stamps for senior permits to the Dunstable Board of Health, P. O. Box 268, Dunstable, MA 01827. Recycling permits only require a copy of your registration and one first class stamp.

2017 permits and bag tags are valid until July 25, 2017 in order to allow time for residents to purchase the new permits. Any leftover bag tags may be used at the large item drop-off on the last three Saturdays in October 2017 or submitted to the town hall to enter a lottery. One name will be drawn at the Board of Health Meeting in November. The winners will receive a free permit and set of bag tags for the following year. Please remember that only the first round of bag tags purchased are eligible for the lottery. Please put your name and telephone number on each tag and drop them at the town Hall.

PLEASE REMEMBER THAT ALL VEHICLES MUST HAVE A TRANSFER STATION PERMIT DECAL AFFIXED TO THEIR DRIVER SIDE WINDOW AND BAG TAGS MUST BE ON ALL BAGS BEFORE ENTERING THE TRANSFER STATION.

If you have any further questions, please call us at 978-649-4514 Ext. 229 or email us at [jferrari@dunstable-ma.gov](mailto:jferrari@dunstable-ma.gov)

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## CALLING FOR EMERGENCY HELP

If you are calling from your cell phone in Dunstable,  
call 978-649-7445 (the station) or 978-448-5555 (DISPATCH).

### DUNSTABLE SENIORS

We are a peer group for those over 60. Seniors now meet in the community room of the library every Wednesday 10:30 - 11:30 Bone Builders, dominos 10:30 - noon, lunch at noon. First Wednesday at 12:30 **BINGO for cash**.

Last Wednesday of the month, **POKENO**, bring your pennies.

**SCRABBLE** group every Wednesdays at 12:30.

**The Mission of the Dunstable Council on Aging** is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs.

**The Traveling Chef Program** provided by Elder Services of the Merrimack Valley will cater the **July 12th** lunch with a traditional B-B-Q and the **August 16th** lunch of pulled pork sandwich and the **August 30th** lunch with a B-B-Q chicken lunch served at noon. Cost will be \$3.00 per person. RSVP please. We hope more seniors take advantage of this lunch.

**Rivercourt Residence** in West Groton invites Dunstable seniors for lunches on the third Tuesday of each month. Next lunch will be **Tuesday, July 18th and August 15th at 12:30**. RSVP with either Sue or Anne. Rivercourt does this as a community out-reach program. It would be nice if more people took advantage of it.

**Senior/ Veterans Breakfast** First **FREE** breakfast of the season will be held on the third Thursday of the month. Next breakfast, **July 20th and August 17th at 8:30** at the Tyngsboro Senior Center 160 Westford Rd. RSVP with Sue.

**Dunstable Police Association Lunch** Join us on **Wednesday, August 2** at noon at the Princeton Station in N. Chelmsford. Our Dunstable Police Association will be sponsoring the lunch. You will have a choice of: Prime Rib, Chicken Marsala or Baked Seafood.

**RSVP by July 25**

**Indian Hill Music, Bach Lunch** Thursday **July 20th and August 17th**. There are **TWO PERFORMANCES: 11:00 am and 1:30 pm** at Indian Hill Music, 36 King Street, Littleton MA. Light refreshments are served but you are welcome to bring your own lunch.

**Christmas in July** Join us on **Wednesday July 19 at 12:30**. I know we all have gift that we have received but will never use. Here is your opportunity to re-gift without feeling guilty. We will do a Yankee Swap. Any and all items not accepted will be donated to local charity. It's a win win for all, you have gotten rid of something you will never use and there is a possibility that someone will love it. Prize for the most unusual gift.

**Book Club & Knitting, Crochet, Rug Hooking** Will resume in September

**Book Delivery** to shut-ins is available through the Dunstable Library. Just let Sue know if you or someone you know needs books or audio material.

**Line Dancing Class** Classes will continue through the summer and are held on Mondays at 9:45a.m. for one hour in the lower hall of the Dunstable town hall. Space still available. For more information contact Holly Pottle at 978-649-3192.

**FREE Quilting Class** under the direction of **Robin Murch** will be offered on the first and third Tuesday from 6:00 - 7:45 at the Dunstable Library. Just drop in and she will let you know what you will need to get started.

**Bone Builders Program** is held on Wednesdays and Fridays in the community room of the library from 10:30 - 11:30a.m. Through a grant from Tufts Health and CTI senior Corp. Volunteer leaders run the program. Bone Builders is a fun low-impact strength training and balance exercise program. Each class runs for 60 min. **FREE** to all seniors, space is available. Talk with Marilyn Sheridan.

**Groton Memory Cafe** Every 4th Thursday from 10:00 - noon at the Groton COA 163 W Main St, West Groton, Ma. Join us for coffee and conversation for individuals and families living with memory changes. **FREE**, call 781-863-1166 ext 104 for more info.

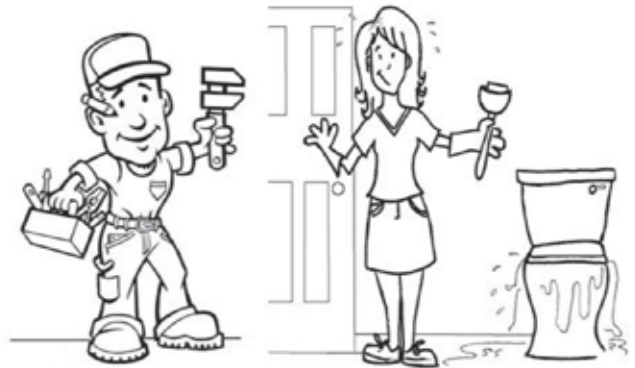
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## GROTON DUNSTABLE REGIONAL SCHOOLS

Swallow Union School: 978-649-7281 978-649-9412

FAX 978-649-5078 Message Line: 978-649-5078

Website: [www.gdrsd.org](http://www.gdrsd.org) (follow links to S/U)

Supt. Office: 978-448-5505

Peter Twomey Youth Center 978-448-8459

Florence Roche School 978-448-6665

Middle School 978-448-6155

GD Regional High School 978-448-6362

Boutwell Early Childhood Center 978-448-2297

## GROTON DUNSTABLE YOUTH BASKETBALL SUMMER PICK-UP

GBYBL offers an opportunity for boys and girls currently in  
grades 4 – 12 to participate in summer recreational pick up basket-  
ball. This is a "come-when-you-can" league. Formal teams will not  
be assigned, but teams will be organized each night to ensure equal  
and fair playing time/competition.

**When:** Tuesdays and Thursday nights, July 6 through August 15.

**Where:** Groton Dunstable Regional High School, 703 Chicopee  
Row, Groton **Time:** Girls: 6:00PM – 7:25PM; Boys: 7:30PM -  
9:00PM **Format:** 2 courts of pick up games **Cost:** \$40

**Register at [gdybl.org](http://gdybl.org).**

## DUNSTABLE VETERAN SERVICES OFFICE

*The Memorial Day Parade was a wonderful event and I can  
not thank everyone enough for making it such a success.*

Each day through the year, it is important for us as to remember,  
what our forefathers did for us and the rest of the world to get us  
free, and what our Vets have done and are doing to keep us free.

As always, if anyone in town knows of a Vet, their spouse  
or widow, in need of assistance of any kind, please leave me a  
message at 978-649-3919 or send me an email at [veterans@undunstable-ma.gov](mailto:veterans@undunstable-ma.gov).

I am here to help you. *Joe Dean (Former USMC Sgt, Retired  
USAF Capt.)* Dunstable Veteran Services Officer

*Proudly serving those who have served.*

## TREES DONATED BY NATIONAL GRID

I would like to thank the following people for their efforts in secur-  
ing and planting two new Eastern Redbud trees recently planted on  
the hillside of the Swallow Union facing Pleasant St. Ben Wheaton  
and Peter Ryan from Stanley Tree delivered the trees and planted  
them. Ben and Peter were a pleasure to work with. Paul Johnson  
was the National Grid arborist on site to make sure the planting was  
done correctly. A giant thank you to Paul for his expertise and guid-  
ance in coordinating this effort for the town. The trees were gener-  
ously donated by National Grid to help celebrate Arbor Day and to  
give back to a community that has lost some trees. This generous  
donation helps to keep Dunstable beautiful and it is appreciated.

**Thank you, Mike Martin Tree Warden**

## SHEPHERD OF THE VALLEY LUTHERAN CHURCH

80 Champney St., Groton, MA 01450 (978) 540-0768

<http://www.sov-lc.org>

**Pastor Rev. Susan Gaeta**

**Shepherd of the Valley Lutheran Church summer worship  
time is 9:15 through July and August.**

The High School Youth will be traveling to Newark Valley, NY for  
their mission trip during the week of July 9th through 15th.

Vacation Bible School will begin on July 24th through the 28th.  
The theme this year is Cave Quest. (see notice for additional infor-  
mation)

If you are looking for a fun night out in August, try SOV's Movie  
Night which will take place on Friday, August 18th and will feature  
food from 6 to 7 and a movie (Title TBD) from 7 to 9 PM.

Sunday, August 20th will mark a Congregational Picnic at Mirror  
Lake from noon to 4 PM. Bring a packed picnic basket and munch,  
lunch and chit chat!



## DUNSTABLE GRANGE #31

Meetings are held each month at Dunstable Town Hall at 8 p.m. unless otherwise noted. See below. Call for more information 978-649-3934. Come join Grange!



All are welcome!!! Refreshments will be served.

- **July 14 Short Business Meeting & Cookout** at Charlie & Jen's. Please let us know what you are bringing.
- **August 11 Short Business Meeting** followed by an **Ice Cream Social** at the hall. Refreshments: Iona
- **August 19<sup>th</sup> The 91<sup>st</sup> Annual Grange Fair and Community Citizen Award**

**Dunstable Grange Fair, Saturday, August 19<sup>th</sup>.** Town Common All residents of Massachusetts are entitled to enter.

**If you would like to reserve a table to sell your crafts that day, please contact Linda 978-649-7184. \$10 per table.** Remember the proceeds of this event go to the Dunstable Grange Scholarship given out at graduation.

Enter your crafts/photos/food/vegetables and kids are encouraged to enter their projects made during the school year.

Hope to see you there!

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## VEHICLE NIGHT 2017



**at the Dunstable Concerts On The Common**

It is the "not to be missed concert" of the 2017 Dunstable Summer Concert Series. VEHICLE NIGHT at the Dunstable Summer Concerts will be held **Wednesday, July 12<sup>th</sup>** (raindate Thursday, July 13<sup>th</sup>) co-sponsored by West Auto Repair, Inc. and the Dunstable Public Library.

**PLAN TO ARRIVE TO THE COMMON EARLY THIS NIGHT AS THIS YEARS SHOW STOPPING VEHICLE PLANS TO ARRIVE AROUND 6:15.**

Back2BackNH hailing from Suncook, NH will be back again to have the town common rocking to classic rock and roll songs from the 60's 70's, 80's, 90's through today. Also keep in mind our annual silent auction event will be taking place this evening. Prizes are already being collected for this year's silent auction table. Boston Red Sox tickets and Monster Energy NASCAR tickets will be auctioned off as well as our "dog" pampering basket, a Pampered Chef cooking basket, a Dunstable themed basket and a few more surprises that are being worked on. Please keep in mind each and every penny raised at the silent auction goes back to the Dunstable Summer Concert organization to help keep the bands coming back year after year. *Looking forward to seeing you on the Dunstable Town Common on Wednesday, July 12<sup>th</sup>!*

## LITTLE ANGELS ACADEMY

It is our greatest joy to announce ourselves as the new owners of Little Angels. Over the last 35 years Richard and Evie Angell have built a foundation driven by their love of children and their belief in the importance of early childhood education. With the incredible staff at Little Angel's Academy we plan to continue in their vision.

Our "WHY"

We believe in spreading love by sustaining a culture that creates and instills the love of life, a love for others and the love of learning. We believe in the importance of teamwork to nurture our little angels, while cultivating confidence in themselves and in their individuality. We believe in developing our angels to be prepared for their individual paths.

Is your child ready? Our Kindergarten and Pre-K programs are where little feet take BIG Steps toward their future. We encourage you to visit us online for an introduction to our programs and call to join us today for a tour as for FALL 2017 space is limited!

-Douglas & Jennifer Dolan

## PET SITTING AND HOUSE SITTING

Going away on vacation?

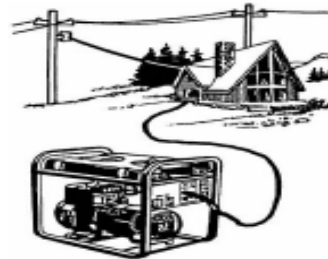
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Neighbor to Neighbor.**

**They would like to know. Thank you, Anne**

## **DIY ESTATE PLANNING MISTAKES**

*By Edward Adamsky*

There are some projects, like planting some flowers, that you can do on your own, with little risk, but Estate Planning and Elder Law are not in that category. Many families take actions that seem to make sense to them and that appear reasonable from a family point of view. But, those actions can smack into the laws of Probate or the rules of Medicaid many years later. You should seek the assistance of an Elder Law Attorney whenever you are doing anything with your long-term planning, assets, real estate, or legal documentation.

Many people don't understand how important the Power of Attorney is. The spouse of a person in a nursing home without a Power of Attorney will need to go to Probate Court and seek conservatorship. He will have to ask the Court for permission to handle the assets of his spouse, then he will have to ask permission to do some ordinarily simple things like using some of those assets for household bills that are not directly those of the nursing home spouse. Basic planning we do for Medicaid requires Court approval and might be denied if not completed properly.

Another vital tool is the Will. It is essential that it have the right language to meet the laws and to make things inexpensive for the family. Leaving out a fairly standard "power to sell real estate" requires an additional, costly and time-consuming Probate Court hearing that will delay the sale of real estate and reduce the amount the heirs will inherit. Not having a Will at all is another big mistake. You need to have a Will in place.

Planning for heirs with disabilities is imperative. If assets are left outright to a person who is receiving a means-tested benefit (like MassHealth/Medicaid) that person would lose those benefits and those assets will be quickly lost to the costs of care. You must consult with an Elder and Disability Law Attorney to ensure that a proper trust or other legal tool is created to protect the assets and the ongoing needs of the beneficiary.

If you are doing anything with real estate, you should consult an attorney and discuss the whole situation and all of your options. Some people may get an attorney to write a deed to transfer ownership to children, without a thorough discussion. There are consequences to transfers of real estate to both the giver and the recipient. The entire transaction needs to be considered carefully and the right steps taken.

Doing your own plumbing, electric work, or dentistry would be foolish (unless you're a professional, and even then the dentistry thing wouldn't work). The risk is too high to justify any short-term cost savings. The same is true with Estate Planning and other legal matters. Consult with your local Elder Law Attorney.

## **MIDDLESEX CONSERVATION DISTRICT FALL BULB AND PERENNIAL SALE**

**September 22 & 23 New location this year!**

The Middlesex Conservation District will be holding its Annual Fall Bulb and Perennial Sale on September 22 from 3-6 pm and September 23 from 8 am to noon. Items will include daffodils, tulips, specialty bulbs, perennials, and fertilizer. **Please make note of new location Great Brook Farm Ski Touring Center, 1018 Lowell St., Carlisle, MA.**

All items can be pre-ordered through August 31 and picked up on the sale days – we encourage advance ordering as we do sell out of some items. If you are not on the mailing list, and did not receive the yellow flyer in the mail, you may place your order online at [www.middlesexconservation.org](http://www.middlesexconservation.org) You may request a copy of the flyer by calling 978-692-9395 or email [middlesexconservation@yahoo.com](mailto:middlesexconservation@yahoo.com) with your mailing address. Or if you prefer you may simply come and shop on these 2 days. Don't forget to check out Great Brook Farm's amazing ice cream while you are here!

The Middlesex Conservation District is a not-for-profit environmental agency whose purpose is conservation of natural resources in Middlesex County. Proceeds from our biannual plant sales provide programs to improve water quality and quantity, for preservation of open space and erosion control and provide environmental education. For more information about our sale or programs please visit [www.middlesexconservation.org](http://www.middlesexconservation.org).

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**MARLA at 978-649-9824.** Free estimates. References.

## WATER BILLS FROM THE DUNSTABLE WATER DEPARTMENT

*By Tracey Hutton, Town Administrator*

As the Town considers the impending Water Department improvements, many people asked about what water users pay and how the rates compare to other communities. It was also apparent from the Annual Town Meeting that those not connected to the system have questions about how much the Dunstable Water Department bills for their service and consumption.

First, let's look at how the Dunstable Water Department bills the users. Bills are sent out twice a year, in the spring and fall. The "service charge" on the bill is the base rate for the service. The rest of the bill is based on consumption. The first 10,000 gallons used are billed at \$.0063 a gallon; gallons 10,001 to 20,000 are billed at \$.0073; and any additional gallons used are billed at \$.008. So for example, someone who uses 15,000 in 6 months would be billed \$129.50 (\$30 base charge + \$99.50 consumption fees). This is an annual cost per 120 hundred cubic feet of \$702. Many families in Dunstable have sprinklers or other amenities that drive up water usage in the summer months. It is not uncommon for a user to have a \$2,000 bill in the fall for those warmer months.

Let's compare this to a system similar in size, one defined as "very small" by the EPA. There are other "very small" municipal systems in Massachusetts in addition to Dunstable, according to the EPA (<https://www3.epa.gov/enviro/index.html>), including Carver with 414 customers, Eastham with 300 customers, and Westport with 250. The town of Westport, which sits between Fall River and New Bedford, charges its users a \$25 service fee and about \$.0117 per gallon used, according to a rate comparison performed by Tighe & Bond in 2014 (<http://rates.tighebond.com/>). This is an annual cost per 120 hundred cubic feet of \$1,156.

Many people want to compare larger systems that are proximate to Dunstable. Overhead and infrastructure is very different in those larger systems, leading to a different rate structure and lower rates. Tyngsborough, with a more complicated billing structure, has an annual cost per 120 hundred cubic feet of \$560 and \$480 for the same in Pepperell. Generally speaking, larger systems have lower rates because they have a larger customer base to spread the operating and infrastructure costs among.

As you can see from this 2014 published rate comparison, Dunstable's rates are higher than those of two of our abutters, but lower than the closest sized system. This is just an example, a more comprehensive rate study is going to be performed by the Dunstable Water Department as promised by the Chair of the Commission at the Annual Town Meeting. This is food for thought as you wonder if Dunstable's rates could be increased to pay for the entire extent of the necessary improvements. For anyone who wants to stay informed with the latest information, the Water Commissioners meet the 4<sup>th</sup> Tuesday of the month at 6:00 pm.

### **The deadline is August 10<sup>th</sup> for the September issue.**

Have events coming up in? Send an email to me

**anne@NeighborToNeighborNewsletter.com** or by mail to Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827.

News is placed on a first come, first served basis.

Need details about advertising your business?

You may reach me at **978-419-1914** or send me an email.

*Tyngsborough printed issues circulation is 5011 and Dunstable printed issues circulation is 1299.*

Issues available at [www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)

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*We are a member of the United Federation of Doll Clubs*



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Library Hours: Tuesday 3-8 Wednesday 10-2

Thursday 10-8 Friday 10-2

**WE ARE AGAIN OPEN SATURDAYS 10-2**

For more library information go to

[www.dunstable-ma.gov](http://www.dunstable-ma.gov) click on library

Mary Beth Pallis – Director – mpallis@mvlc.org

Karen Debrececi – Children's Librarian – kdebrececi@mvlc.org

Like us on FACEBOOK to receive program updates!

[www.facebook.com/pages/Dunstable-Public-Library/219991908117595](https://www.facebook.com/pages/Dunstable-Public-Library/219991908117595)

**Featured Display** If you would like to display your artwork or photographs in the community room, we would love to host you. Please contact Karen at kdebrececi@dunstablepl.org.

**Community Room Artist** Check out the wonderful new paintings done by Alice Sneizek.

**Library Passes available** Take advantage of these great passes: Boston Museum of Fine Arts, One Stop Fun, US Constitution Museum in Charlestown, and a pass to 50 Massachusetts State parks. New Discount Pass – Salem Witch Museum and Merrimack Repertory Theatre, Edaville Railroad discount is also available.

**Quilter's Group** From 6:00 -8:00 p.m., the first and third Tuesday of the month. If you are interested in learning to quilt or would like to join other quilters, this could be the perfect opportunity for you.

**Cook Book Club** The library has a cookbook club! We will have a cookbook displayed each month and you can select and make a recipe from the monthly selection. Then we will get together on the last Friday of the month at 12:00pm to enjoy the dishes. Signup sheet will be at the desk. We will meet on July 28<sup>th</sup> and August 25<sup>th</sup>.

**Attention Baby Sitters** We have compiled a list of local babysitters. If you would like to be on the list, please contact the library. If you are looking for a babysitter, come into the library for the list.

**Preschool Story Hour** Please come in with your 3, 4 or 5 year old for story hour. Story hour is held on Thursdays and Fridays. We meet from 10:30 – 11:30. The program includes stories, songs and a craft or activity. Come in and join the fun! Story hour will take place at the gazebo on the last day of the month.

**Afternoon Story Hour** This will be for older children who have ½ days in kindergarten. We will meet on Thursdays at 1:30 pm. We will still do a craft, so please wear clothes that can get messy.

### SUMMER READING PROGRAM 2017

"BUILD A BETTER WORLD"

The program kicked off on June 20<sup>th</sup> with the Magic of Scott Jameson which was Funded by the Dunstable Cultural Council  
**July 11<sup>th</sup> 4:00 PM Creation Station.**– Come into the library to build and create using a variety of household objects.

**July 12<sup>th</sup> 6:30 PM Vehicle Night** – Come to the town common and check out all the vehicles while listening to some great music. Sponsored by West Auto and Dunstable Library.

**July 13<sup>th</sup> 11:00 AM Creature Teachers** – Meet and learn about various animals. Sponsored by McKenna Fund

**July 25<sup>th</sup> 6:00 PM Music Program** – Come in and enjoy a wonderful music program with Rick Goldin. – Sponsored by The Lucy Kennedy Fund

**July 27<sup>th</sup> & July 28<sup>th</sup> 10:30 AM Meet Mrs. D at the Gazebo**  
Come to the town common for story hour. Bring a picnic lunch.

If it is raining, come to the library for story hour.

**July 27<sup>th</sup> 1:00 PM School Age/YA Program STEM.**  
Create with various materials a toothpick tower/mini water slide.

**Aug 10<sup>th</sup> 1:30 PM Children's Craft.**

Rock Painting using many different way to personalize it.

**Date TBA Colorful Hair Wraps** will be done at the library.

**Aug 15<sup>th</sup> 4:00 PM Children's Craft.** Make cars and rockets using paper towel rolls.

**Aug 17<sup>th</sup>** Last day to turn in raffle tickets

**Aug 22<sup>nd</sup> 3:00 PM Summer Finale** – Raffle winners will be announced and we will enjoy an ice cream social.

**Aug 31<sup>st</sup> & Sep 1<sup>st</sup> 10:30 AM Meet Mrs. D at the Gazebo**  
Come to the town common for story hour. Bring a picnic lunch.

If it is raining, come to the library for story hour.

**Please Sign Up for all Programs at the library or at**  
[kdebrececi@mvlc.org](mailto:kdebrececi@mvlc.org)



## DIRECTOR OF THE COUNCIL ON AGING

Anne Fenochetti Email: [afenochetti@dunstable-ma.gov](mailto:afenochetti@dunstable-ma.gov)  
Hours at Town Hall: **Tuesday** from 9-2 and **Wednesday** from 8:30-11:30. You can reach Anne at 978-649-4514 ext. 223 at the Town Hall or by appointment.

• **Well Adult Clinic** These are held on the fourth Wednesday of every month in the community room of the Dunstable Library. Nurse will provide wellness check, blood pressure/pulse monitoring, blood sugar screening, referrals as needed. **The next clinics will be July 26 and August 23 from 11:00a.m. - noon.** Meet with the nurse for a wellness check including blood pressure/pulse monitoring, blood sugar screening, general health counseling, and further assessments with referrals as needed. For further information, please contact Nashoba Associated Boards of Health at 978-772-3335 or 1-800-427-9762 ext 340 or visit us at [www.nashoba.org](http://www.nashoba.org).

• **FIRE CHIEF RICH** is available to check your smoke detectors. Please contact Anne to get on the schedule, this is a great preventive measure.

• **DO YOU NEED A HANDICAP PARKING SIGN FOR YOUR VEHICLE?** If so, applications are available from Anne, give her a call to see what is involved with obtaining one.

• **BROWN BAG PROGRAM** Elder Services of the Merrimack Valley, Inc. and the Greater Boston Food Bank have joined forces to offer an Elder Brown Bag Program for income eligible residents 60 years and older in the Merrimack Valley. Eligible elders will receive a free bag of groceries once a month. Pick-up is at the Tyngsboro Senior Center 169 Westford Rd. Applications are now being accepted and are available through Anne.

• **Meals On Wheels** If you are interested in having some meals delivered, please contact Anne to find out more information.

• If you have concerns or questions about **Medicare** please call Elder Services at 1-800-892-0890.

• **Prescription Advantage** now has a continuous "open enrollment". Applications are available through Anne.

• **Fuel Assistance and Food Stamps** Applications now available. Check to see if you are eligible.

• **ARE YOU IN NEED OF MEDICAL EQUIPMENT?** There are items available for you to use free of charge. They include: canes, crutches, commodes, walkers, wheelchairs (older, heavy ones), bed bars and shower chairs. If you need something different, please call to see if we have it. These are loaned to you and should be returned when no longer needed. **We are in need of lightweight wheelchairs.**

• **Friendly Phone Calls** Aren't able to get out as much as you would like? Would you like to receive a "Friendly Phone Call"? If you think you would benefit from or enjoy an occasional friendly phone call contact Anne our COA director.

• **Files of Life** pouches are still available to all seniors. These pouches will contain pertinent information about you that can be left in a visible location, home/car to be used in cases of emergency. You can contact Sgt. Darrell Gilmore or Fire Chief Rich for more information.

• **Elder Hotline** Provides seniors and their families with information related to elder issues. Call 1-888-243-5337 Mon - Fri 10:00 - 4:00.

• **VAN SERVICE** Alternative Transportation is for **medical appointments and grocery shopping. There is a charge of \$5 for local trips.** Towns considered local include: Nashua, Tyngsborough, Lowell, Chelmsford, Westford, Ayer, Groton and Pepperell. **For trips to out of the area towns the charge will be \$10.** Once you know when your appointment is please call Anne at (978)649-4514 ext. 223. If Anne is not available please leave a message on 978-649-4514 ext. 223 to make arrangements for a ride.

**DUNSTABLE COUNCIL ON AGING** Brian O'Donnell: chairman; Marilyn Sheridan, secretary; Mary Moeller, treasurer; Danice Palumbo, Donald Pottle, Mary Dow and Ruth Tully.

**Director of the Council on Aging** Anne Fenochetti 978-649-4514 x 223 [afenochetti@dunstable-ma.gov](mailto:afenochetti@dunstable-ma.gov) Tues 9-2 & Wed 8:30-11:30

**Program Coordinator** Susan Tully 978-649-6750 or Email at [sjt0213@verizon.net](mailto:sjt0213@verizon.net)

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## DUNSTABLE TOWN HALL DIRECTORY

Town Hall (978) 649-4514. The departmental extensions are as follows:

221 Accountant      222 Town Clerk      223 Council on Aging  
224 Board of Selectmen, Electrical, Gas, Plumbing, & Building Inspector's Secretary. Also for Animal Control Officer. After hours call Police at 978-649-8891. If emergency call 911

225 Assistant Assessor      226 Building Inspector

227 Assessors, Highway      228 Collector/Treasurer      229 Board of Health

230 Conservation/Planning Board/Water Commission

Veteran's Officer 978-649-3919

POLICE NON-EMERGENCY 978-649-7445 POLICE & EMT 911

**FIRE DEPT. TELEPHONE NUMBERS TO REPORT A FIRE CALL 911**

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**Alarm System\* 978-448-6666\*** can be used to call in a fire from cell phone

## Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

E-mail: [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com)

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Pre K 3 part time options are offered. Shadow days and tours are available daily. Great incentives are now available for new students in K-8. **Please contact the school office 978 458 7594.**



## Neighbor to Neighbor

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*Since 1983*

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**Buy local!**

**Invest in your community!**

## WELL ADULT CLINIC

These are held on the fourth Wednesday of every month in the community room of the Dunstable Library. Nurse will provide wellness check, blood pressure/pulse monitoring, blood sugar screening, referrals as needed. **The next clinics will be July 26 and August 23 from 11:00a.m. - noon.**

## DIG NEWS

**For more info on DIG contact Sue Tully, [slt0213@verizon.net](mailto:slt0213@verizon.net). Fuller Rose Garden in Rye, N.H.** An outing to Fuller Rose Garden and Wentworth By the Sea is planned for **Sat, August 26**. We will car pool as needed leaving from the library at 9:30 a.m. RSVP by August 19th. [slt0213@verizon.net](mailto:slt0213@verizon.net)

**Garden Tool Sharpening** Join us on Sue Pasledakis' back porch, 26 Thorndike St. for tea, either hot or Long Island style on Tuesday **July 11 at 4:00p.m.** Bring whatever garden tools needs to be sharpened and Bill will take care of them. Sue's gardens are great to walk through too.

Another Place to Visit: Farandnear **Near enough for regular visits, but with a feeling of remoteness that will transport you far from your cares, Farandnear lives up to its name.**

Farandnear was the summer home of Arthur Banks – an accomplished political scientist and professor – and his family for several generations. Banks' grandfather, Charles Goodspeed, named the property, because, at 50 miles from his home in Wollaston, it was "far" enough to require a two-days' journey by horse to reach, but "near" enough to be a vacation home. Farandnear will be open for you to enjoy, forever, thanks to the generosity of Arthur Banks, The Trustees of Reservations, Center Road, Shirley, MA 01464 Tele: 978.840.4446 E-mail: [information@thetrustees.org](mailto:information@thetrustees.org)

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**The next deadline is August 10<sup>th</sup> for the September issue.**

If you belong to an organization that has an upcoming activity or project you would like publicized please send in your news by the 10<sup>th</sup>. Articles are placed on a first come, first served basis. News can be sent in a word file or in the body of an email. It is best to send artwork as jpeg, or pdf files. Please email me if you have further questions about submitting news.

If you have a local business, or your organization would like to have a display ad not just a paragraph, please email me and I will answer any questions you might have and I will forward the rate sheet to you.

**Total circulation each month for Dunstable and Tyngsborough is 6,240 issues.**

Issues are now available online at  
**[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)**

***I hope you have a wonderful summer!***



## MERRIMACK VALLEY JEWISH STUDY HAVURAH

We are an egalitarian community of learners doing Torah Lishma, "study for it's own sake." We study the Hebrew Bible and the classic texts of rabbinic Judaism. We are open to classical modes of study, drawing from the millennia of wisdom of classical rabbinic commentators, as well as modern modes of learning from non-Orthodox scholars. This is a family-friendly, safe-space to study Jewish texts. Always looking for new, friendly faces to learn & have coffee with us. We meet at Temple Beth Abraham in Nashua, on most Tues & Thurs, 5:15-6:15pm. (see FB page for specific dates. Email for details.) <https://www.facebook.com/groups/1618060978426822/>

## NASHOBA NURSING SERVICE & HOSPICE ADULT BEREAVEMENT DROP-IN SUPPORT GROUPS

- **2<sup>nd</sup> Monday** of each month: 9am to 10am, Senior Center, Pepperell, MA, and 1pm to 2:30pm, Senior Center, Harvard, MA.
- **3<sup>rd</sup> Tuesday** of each month: 1pm to 2:30pm, Senior Center, Townsend, MA • **4<sup>th</sup> Wednesday** of each month: 4pm to 5pm, Senior Center, Pepperell, MA For other locations and further information, please contact Karen Campbell, 1-800-698-3307 X320  
*Please note: Support Groups are "Fragrance Free"*

## TYNGSBORO FARMERS MARKET *Kicked Off 5<sup>th</sup> Season!*

Our 2017 season **kicked off June 10<sup>th</sup>**. We will be **open from 9am to 1pm every Saturday** through October 14<sup>th</sup>. The Farmers Market is located at Middlesex Road, Tyngsboro, MA. (near the Tyngsboro bridge) New vendors and old favorites! Fresh vegetables, fruits, honey, meats, crafts and so much more!

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**Our summer worship will be at 9:00 AM**, followed by refreshments in an informal and relaxed setting on our lawn. We will have special music by different members of our congregation.  
**Please check on our website for upcoming events.**

We hope to welcome you soon! We are on 242 Main Street in North Chelmsford, right on the Westford/Chelmsford line. From Route 3, take the Route 40 exit to Chelmsford, take a sharp right onto Main Street Chelmsford right after the variety store and follow Main Street until you see the church on the left.

**Starting on September 10<sup>th</sup> – we will no longer have an 11:00am service.** We will only have the 9:30am service as well as our Sunday School at 9:30am.

## DUNSTABLE FORMS INC.

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### BEAVER BROOK NATURE CENTER IN HOLLIS

..... continues its 41 year tradition of welcoming young people to explore, play and learn outdoors during summer. Teaching children about respect for the natural world and cultivating joy during healthy outdoor activities has been a longstanding goal at Beaver Brook. In this era of increasing screen time use and 'nature deficit disorder', it is more important than ever that children have outdoor time spent in nature.

#### **Beaver Brook offers weeklong sessions for students ages 4-16.**

In **Farm Fresh**, children will learn where their food comes from. Chickens, vegetables, cows and berries: they all grow locally. Learn about farming, animal care, and all the great products that can be locally produced. Students will enjoy hands-on crafts and cooking activities such as washing, carding, and dyeing wool, making yogurt, bread, jam, and ice cream. They will get to engage and learn about local farm animals. We will also enjoy hiking on Beaver Brook trails. Field trip to a working farm. This class is designed for students entering 3rd and 4th grade and runs **July 10-14th 9-3 pm**.

Another new program this summer is **Rock, Paper, Scissors** for students going into 4th & 5th grades. Students will explore many secret features of Beaver Brook with experienced instructor Carol Ritchie including the Rocky Ridge. They will experiment making paper from recycled and found materials such as plants. They will learn knife safety and how to whittle then make their own walking sticks. Join us for a **SPLASH** hike! We have a week filled with lots of fun activities exploring, making and playing! **July 24-28**

Students who are looking for a short overnight camp experience can explore **Week in the Woods** which includes 2 overnights at the Beaver Brook Campsite. 5th & 6th Graders will learn some basic outdoor skills; how to use a compass, build a safe and effective campfire (where we will cook all of our meals) all while spending five days and two nights in the woods! This class is designed for the self-reliant young person with a real interest in the outdoors.

Participants must carry their own equipment. A complete gear list will be sent to participants prior to the start date of the program.  
**July 31-August 4**

Our youngest friends, ages 4-K, can register for **Nature Explorers** with Becky Kellner. This camp is offered **July 17-21 9am-1pm and again July 24-28**. Youngsters will learn to sharpen their observation skills while hiking Beaver Brook's trails. They will meet resident wildlife and learn interesting facts. The week will consist of artistic exploration, investigative hikes, games and songs designed to introduce nature's beautiful gifts to young explorers. We will teach the importance and preservation of nature and show how even our youngest explorers can help make a difference. We will explore a different trail each day to discover the beauty, peace and wonders of the woods in our own backyard.

**Each week there is something for all ages and interests. Visit our website [www.beaverbrook.org](http://www.beaverbrook.org) for full information and registration links. Call 603-465-7787 with questions.**

Tour our gardens and trails any day of the year at 117 Ridge Road Hollis, NH. Maps are available at most trailhead kiosks and on our website.



### FACTS ABOUT HONEYBEES

- Pollination is the transfer of pollen grains from the male (anther) of a flower to the female (pistil).
- One Honeybee travels 2-3 miles from the hive.
- In its lifetime, a bee produces 1/12 of a teaspoon of honey.
- Honeybees visit 2,000,000 flowers to make a pound of honey.

### ANCHOR BIBLE CHURCH

**18 Pondview Place, Tyngsborough, MA** (across from Skate 3)  
Sunday school -10am Sunday worship 11am & 6pm Mid week prayer meeting - Wed. 7pm. Home Bible study - 7pm, 1<sup>st</sup> and 3<sup>rd</sup> Thursdays @ 163 Highland St., Hudson, NH Call Pastor Steve Willett @ 978-957-0648 [www.anchor-bible-church.org](http://www.anchor-bible-church.org)





# 91st GRANGE FAIR DUNSTABLE GRANGE #31

Massachusetts Department of Food and Agriculture Cooperating Fair has been funded in part by the  
Massachusetts Cultural Council and the Massachusetts State Grange



**SATURDAY, AUGUST 19, 2017  
TOWN COMMON, DUNSTABLE, MA**

**-No Dogs allowed on premises-**

**Premium List**

**READ ALL REQUIREMENTS AS GIVEN ON THE PREMIUM LIST**

**SCORE CARD FOR COLLECTIONS OF FRUIT AND VEGETABLE**

**QUALITY.....50% ARRANGEMENT.....30%**

**UTILITY VALUE.....10% NUMBER OF KINDS.....10%**

**All exhibits are to be brought to the town common and entered  
on Saturday, August 19, 2017.**

**Registration will OPEN at 9:00 a.m. and CLOSE at 11:00 a.m.**

**Late entries may be refused. Articles previously exhibited in  
this fair are not eligible for prizes.**

**All Exhibitors must be MASSACHUSETTS RESIDENTS Exhibits  
MUST REMAIN ON DISPLAY for the general public 2:30 p.m. to  
7:30 p.m. The Grange will gratefully accept any donations made  
toward the auction.**

## Days Events

- 3:00 p.m. Face Painting, Sales Tables, Home Baked  
Goodies, Soda/ Popcorn/ Ice cream  
Gifts Sales Table—Ruth Tully
- 3:00 p.m.- 7:30 p.m. Hamburger, hotdogs, sausage by Goss Farm
- 3:30 p.m.- 4:15 p.m. Curious Creatures
- 4:30 p.m.- 5:30 p.m. Police Dog
- 6:00 p.m.- 8:00 p.m. Band Concert by Dave Sammarco Band
- 7:00 p.m. Community Citizen Award
- 8:00 p.m. Auction of Donated Exhibits
- 9:00 p.m. Drawing of raffle baskets

## ROSETTE RULES

1. No Rosette shall be awarded to any member of the Fair Committee or any exhibit department chairperson.
2. A Green Rosette will be awarded for the most Blue Ribbons awarded overall.
3. Two (2) Green Rosettes will be awarded in the Youth Department. (6-13) age group and (14-20) unmarried) age group.
4. One Green Rosette will be awarded for an outstanding exhibit.

Recommendations of the Judges will be considered.

**ALL DECISIONS ARE FINAL.**

## Class I—Fruits

**All fruits must be grown, selected and arranged by exhibitor.**

*Rebecca Ingram, Chairperson*

A. DISPLAY CLASS	1st	2nd	3rd
1. Display of at least five kinds of fruits in an appropriate container	\$7.50	\$5.00	\$3.00
B. BAGS	1st	2nd	3rd
1. Three 3-lb bags of McIntosh Apples	\$3.00	\$1.50	\$1.00
2. Three 3-lb bags of any other variety	\$3.00	\$1.50	\$1.00
C. PLATE CLASS	1st	2nd	3rd
1. 5 McIntosh Apples	\$2.50	\$1.50	\$1.00
2. 5 Cortland Apples	\$2.50	\$1.50	\$1.00
3. 5 Gravenstein Apples	\$2.50	\$1.50	\$1.00
4. 5 Early McIntosh Apples	\$2.50	\$1.50	\$1.00
5. 5 Any Other Variety Apples	\$2.50	\$1.50	\$1.00
6. 5 Peaches	\$2.50	\$1.50	\$1.00
7. 5 Bartlett Pears	\$2.50	\$1.50	\$1.00
8. 5 Any Other Variety Pears	\$2.50	\$1.50	\$1.00
9. Pint Blueberries	\$2.50	\$1.50	\$1.00
10. Quart Strawberry	\$2.50	\$1.50	\$1.00
11. 5 Any Other Fruit	\$2.50	\$1.50	\$1.00

## Class II—Vegetables

**All vegetables must be grown, selected and arranged by exhibitor.**

*Virginia Holt, Chairperson / Jerry Simmons, Assistant*

A. DISPLAY CLASS	1st	2nd	3rd
1. Display of at least five kinds of vegetables in an appropriate container	\$10.00	\$7.50	\$5.00
B. BEST MARKET PACKAGE	1st	2nd	3rd
<i>Any container bushel or greater (except bags)</i>			
1. Potatoes	\$7.00	\$5.00	\$3.00
2. Corn	\$7.00	\$5.00	\$3.00
3. Any Other Vegetable	\$7.00	\$5.00	\$3.00
C. PLATE CLASS	1st	2nd	3rd
1. 15 Pods Pole Beans	\$3.00	\$2.00	\$1.00
2. 15 Pods Green Beans	\$3.00	\$2.00	\$1.00
3. 15 Pods Shell Beans	\$3.00	\$2.00	\$1.00
4. 15 Pods Yellow Beans	\$3.00	\$2.00	\$1.00
5. 15 Lima Beans	\$3.00	\$2.00	\$1.00
6. 15 Purple Beans	\$3.00	\$2.00	\$1.00
7. 5 Beets—1" Stems	\$3.00	\$2.00	\$1.00
8. 5 Carrots—1" Stems	\$3.00	\$2.00	\$1.00
9. 2 Cabbage	\$3.00	\$2.00	\$1.00
10. 5 Ears Sweet Corn	\$3.00	\$2.00	\$1.00
11. 3 Cucumbers (2 in Youth Class)	\$3.00	\$2.00	\$1.00
12. 5 Pickling Cukes	\$3.00	\$2.00	\$1.00
13. 2 Eggplant	\$3.00	\$2.00	\$1.00
14. 2 Muskmelons (ripe)	\$3.00	\$2.00	\$1.00
15. 5 Onions—White	\$3.00	\$2.00	\$1.00
16. 5 Onions—Yellow	\$3.00	\$2.00	\$1.00
17. 5 Peppers	\$3.00	\$2.00	\$1.00
18. 5 Hot Peppers	\$3.00	\$2.00	\$1.00
19. 5 Potatoes—Green Mountain	\$3.00	\$2.00	\$1.00
20. 5 Potatoes—Any Other	\$3.00	\$2.00	\$1.00
21. 2 Pumpkins—Sugar	\$3.00	\$2.00	\$1.00
22. 2 Field Pumpkins	\$3.00	\$2.00	\$1.00
23. 2 Squash—Acorn	\$3.00	\$2.00	\$1.00
24. 2 Squash—Butternut	\$3.00	\$2.00	\$1.00
25. 2 Squash—Hubbard	\$3.00	\$2.00	\$1.00
26. 2 Squash—Spaghetti	\$3.00	\$2.00	\$1.00
27. 2 Squash—Summer	\$3.00	\$2.00	\$1.00
28. 2 Squash—Zucchini	\$3.00	\$2.00	\$1.00
29. 2 Squash—Patty Pan	\$3.00	\$2.00	\$1.00
30. 2 Squash—Any Other	\$3.00	\$2.00	\$1.00
31. 5 Tomatoes—Red	\$3.00	\$2.00	\$1.00
32. 5 Tomatoes—Green	\$3.00	\$2.00	\$1.00
33. 10 Tomatoes—Plum	\$3.00	\$2.00	\$1.00
34. 10 Tomatoes—Cherry	\$3.00	\$2.00	\$1.00
35. 10 Tomatoes—Grape	\$3.00	\$2.00	\$1.00
36. 2 Watermelons	\$3.00	\$2.00	\$1.00
37. Herbs	\$3.00	\$2.00	\$1.00
38. Any Other Vegetable	\$3.00	\$2.00	\$1.00

## Class III—Canned Goods

**The products shown must be the current year's production and made by the exhibitor.  
All canned and preserved goods, except Jams and Jelly, sealed by processing. Jars in any  
category must be the same size and type, clean and labeled clearly.**

**Due to State ruling, GARDEN SPECIAL, cannot be accepted for judging.**

*Susan Rotellini, Chairperson*

A. COLLECTIONS	1st	2nd	3rd
1. 6 Jars, 3 kinds of Vegetables and 3 kinds of fruit	\$4.00	\$3.00	\$2.00
2. 3 Jars of Pickles and/or Relishes, 1 jar each of 3 kinds	\$4.00	\$3.00	\$2.00
3. 3 Jars of Vegetables, 1 jar each of 3 kinds	\$4.00	\$3.00	\$2.00
4. 3 Jars of Fruits, 1 jar each of 3 kinds	\$4.00	\$3.00	\$2.00
B. VEGETABLES—2 JARS	1st	2nd	3rd
1. Green Beans	\$3.00	\$2.00	\$1.50
2. Yellow Beans	\$3.00	\$2.00	\$1.50
3. Beets	\$3.00	\$2.00	\$1.50
4. Carrots	\$3.00	\$2.00	\$1.50
5. Corn	\$3.00	\$2.00	\$1.50
6. Pickles	\$3.00	\$2.00	\$1.50
7. Summer Squash	\$3.00	\$2.00	\$1.50
8. Tomatoes	\$3.00	\$2.00	\$1.50
9. Any Others	\$3.00	\$2.00	\$1.50
C. FRUITS—2 JARS	1st	2nd	3rd
1. Blueberries	\$3.00	\$2.00	\$1.50
2. Peaches	\$3.00	\$2.00	\$1.50
3. Pears	\$3.00	\$2.00	\$1.50
4. Any Other	\$3.00	\$2.00	\$1.50
D. JELLY AND JAM- 2 Jar (not less than 4 ounces) (Same variety competing for 1 set of Prizes)	1st	2nd	3rd
1. Jelly—Berry	\$3.00	\$2.00	\$1.50
2. Jelly—Fruit	\$3.00	\$2.00	\$1.50
3. Jam—Berry	\$3.00	\$2.00	\$1.50
4. Jam—Fruit	\$3.00	\$2.00	\$1.50
E. HONEY—2 JARS	1st	2nd	3rd
	\$3.00	\$2.00	\$1.50

**FAIRCOMMITTEE:** Secretary Linda Chase; Committee, Charles & Jennifer Tully,  
Cal & Linda Chase, Robert Holt, Virginia Holt; Raffle Chairperson, Iona Henderson

### Class IV—Food

All Food must be made by the exhibitor. No Cheesecakes, No Package Mixes

Diane Allen, Chairperson / Jen Tully, Assistant

	1st	2nd	3rd
1. Packaged Lunch—Menus Must Accompany	\$2.50	\$1.50	\$1.00
2. White Bread (Yeast)	\$2.50	\$1.50	\$1.00
3. Dark Bread (Yeast)	\$2.50	\$1.50	\$1.00
4. Banana Bread	\$2.50	\$1.50	\$1.00
5. Quick Bread	\$2.50	\$1.50	\$1.00
6. Zucchini Bread	\$2.50	\$1.50	\$1.00
7. Brown Bread—Any Other Bread	\$2.50	\$1.50	\$1.00
8. Angel Food Cake—Unfrosted	\$2.50	\$1.50	\$1.00
9. Decorated Cake(All Decorations must be edible)	\$2.50	\$1.50	\$1.00
10. Chocolate Layer Cake	\$2.50	\$1.50	\$1.00
11. Coffee Cake	\$2.50	\$1.50	\$1.00
12. Sponge Cake	\$2.50	\$1.50	\$1.00
13. Cup Cakes (6)	\$2.50	\$1.50	\$1.00
14. Any Other Cake	\$2.50	\$1.50	\$1.00
15. Blueberry Pie	\$2.50	\$1.50	\$1.00
16. One Crust Pie	\$2.50	\$1.50	\$1.00
17. Apple Pie	\$2.50	\$1.50	\$1.00
18. Fruit Pie	\$2.50	\$1.50	\$1.00
19. Any Other Pie	\$2.50	\$1.50	\$1.00
20. Muffins (6)	\$2.50	\$1.50	\$1.00
21. Biscuits (6)	\$2.50	\$1.50	\$1.00
22. Brownies (6)	\$2.50	\$1.50	\$1.00
23. Squares (6)	\$2.50	\$1.50	\$1.00
24. Drop Cookies (6)	\$2.50	\$1.50	\$1.00
25. Rolled Cookies (6)	\$2.50	\$1.50	\$1.00
26. Chocolate Chip Cookies (6)	\$2.50	\$1.50	\$1.00
27. Snickerdoodles (6)	\$2.50	\$1.50	\$1.00
28. Chiffon Cake—Unfrosted	\$2.50	\$1.50	\$1.00
29. Molded Candy (6)	\$2.50	\$1.50	\$1.00

### Class V—Flowers

Caryl Adamowitch, Chairperson

#### A. FLOWER ARRANGEMENTS

Flowers must be selected and arranged in containers furnished by the exhibitor.

Entries must be judged for quality of arrangements, as well as for quality of the blooms.

	1st	2nd	3rd
1. Shallow Dish—floating arrangement	\$3.00	\$2.00	\$1.00
2. Flower Combined with Fruit	\$3.00	\$2.00	\$1.00
3. In Container not originally intended for flowers	\$3.00	\$2.00	\$1.00
4. Garden Flowers, 3 or more varieties	\$3.00	\$2.00	\$1.00
5. Center of Table	\$3.00	\$2.00	\$1.00
6. Small Arrangement	\$3.00	\$2.00	\$1.00
—less than 5" in any dimension, including container			
7. Annuals, 4 or more kind	\$3.00	\$2.00	\$1.00
8. Wildflower Arrangement	\$3.00	\$2.00	\$1.00
9. Dried Flower Arrangement	\$3.00	\$2.00	\$1.00
<b>B. HOUSE PLANTS</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>
1. African Violets—Single	\$3.00	\$2.00	\$1.00
2. African Violets—Double	\$3.00	\$2.00	\$1.00
3. Begonia	\$3.00	\$2.00	\$1.00
4. Miniature Garden/Terrarium	\$3.00	\$2.00	\$1.00
5. Any Other—All Competing Together	\$3.00	\$2.00	\$1.00
6. Any Other Hanging Plant	\$3.00	\$2.00	\$1.00
<b>C. CUT FLOWERS</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>
1. Asters—5 Blooms	\$3.00	\$2.00	\$1.00
2. Cosmos—5 Stems	\$3.00	\$2.00	\$1.00
3. Dahlias—5 Singles	\$3.00	\$2.00	\$1.00
4. Gladiolus—5 Spikes, Any Variety	\$3.00	\$2.00	\$1.00
5. Gladiolus—3 Spikes, Any Variety	\$3.00	\$2.00	\$1.00
6. Gourds—At Least 5 Kinds	\$3.00	\$2.00	\$1.00
7. Marigolds—Regular (5)	\$3.00	\$2.00	\$1.00
8. Marigolds—Giant (5)	\$3.00	\$2.00	\$1.00
9. Nasturtiums (5)	\$3.00	\$2.00	\$1.00
10. Petunias—5 Stems, Single Flowered	\$3.00	\$2.00	\$1.00
11. Single Rose	\$3.00	\$2.00	\$1.00
12. Zinnias—Dwarf (5)	\$3.00	\$2.00	\$1.00
13. Zinnias—Giant (5)	\$3.00	\$2.00	\$1.00
14. Any Other Cut Flowers	\$3.00	\$2.00	\$1.00
15. Any Other—5 Blossoms or Stems	\$3.00	\$2.00	\$1.00

### Class VI—Photography (NO FRAMES, NOTHING LARGER THAN 8X10)

Louise Murphy, Chairperson

Kristina Tully, Assistant

#### A. PRINTS(Mounted on Stiff 8.5" x 11" Backing)

	1st	2nd	3rd
1. People	\$2.50	\$1.50	\$1.00
2. Picturesque Scene	\$2.50	\$1.50	\$1.00
3. Animals or Pets	\$2.50	\$1.50	\$1.00
4. Sunsets	\$2.50	\$1.50	\$1.00
<b>B. ENLARGEMENTS—5" x 7" to 8"x 10"</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>
1. People	\$2.50	\$1.50	\$1.00
2. Picturesque Scene	\$2.50	\$1.50	\$1.00
3. Animals or Pets	\$2.50	\$1.50	\$1.00
4. Sunsets	\$2.50	\$1.50	\$1.00
<b>C. BLACK AND WHITE PRINTS</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>
1. People	\$2.50	\$1.50	\$1.00
2. Picturesque Scene	\$2.50	\$1.50	\$1.00
3. Animals or Pets	\$2.50	\$1.50	\$1.00
<b>D. BLACK AND WHITE PRINTS- Enlargements</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>
1. People	\$2.50	\$1.50	\$1.00
2. Picturesque Scene	\$2.50	\$1.50	\$1.00
3. Animals or Pets	\$2.50	\$1.50	\$1.00

#### (Class VI— Photography Continued)

	1st	2nd	3rd
<b>E. CLOSE-UPS</b>			
1. People	\$2.50	\$1.50	\$1.00
2. Flowers	\$2.50	\$1.50	\$1.00
3. Animals	\$2.50	\$1.50	\$1.00
<b>F. SERIES OF 3 PICTURES</b>			
1. People	\$2.50	\$1.50	\$1.00
<b>G. Architecture</b>			
1. People	\$2.50	\$1.50	\$1.00

### Class VII—Domestic Arts

All items must be completed, only items listed below will be accepted for judging.

Danice Palumbo, Chairperson / Marybeth Parker, Assistant

(For youth entries please refer to back page)

	1st	2nd	3rd
1. Quilts—Machine Made	\$5.00	\$3.00	\$2.00
2. Quilts—Hand Sewn	\$5.00	\$3.00	\$2.00
3. Afghans—Knitted	\$5.00	\$3.00	\$2.00
4. Afghans—Crocheted	\$5.00	\$3.00	\$2.00
5. Wall hangings	\$5.00	\$3.00	\$2.00
—hooked, machine made, quilted, hand sewn			
6. Table Runner	\$5.00	\$3.00	\$2.00
7. Christmas Stocking	\$3.00	\$2.00	\$1.00
8. Any Clothing—Knitted	\$3.00	\$2.00	\$1.00
9. Any Clothing—Crocheted	\$3.00	\$2.00	\$1.00
10. Pillows—Hooked, Crocheted ,Patchwork, Quilted	\$3.00	\$2.00	\$1.00
11. Baby Articles—Knitted	\$3.00	\$2.00	\$1.00
12. Baby Articles—Crocheted	\$3.00	\$2.00	\$1.00
13. Needle Articles	\$3.00	\$2.00	\$1.00
—Crewel, Candle Wicking, Counted Cross Stitch, & Needlepoint			
14. Tole Painting	\$3.00	\$2.00	\$1.00
15. Oil/Acrylic Painting	\$3.00	\$2.00	\$1.00
16. Watercolor Painting	\$3.00	\$2.00	\$1.00
17. Any other picture—pen, ink, pencil, etc.	\$3.00	\$2.00	\$1.00
18. Woodworking	\$3.00	\$2.00	\$1.00
19. Woodcarving	\$3.00	\$2.00	\$1.00
20. Jewelry/ Bead work	\$3.00	\$2.00	\$1.00
21. Scrapbook—1 or 2 Page Layout	\$3.00	\$2.00	\$1.00
22. Fabric Arts—Child's Article	\$3.00	\$2.00	\$1.00
23. Fabric Arts—Adult Article	\$3.00	\$2.00	\$1.00
24. Rug	\$3.00	\$2.00	\$1.00
25. Hooked Christmas Items	\$3.00	\$2.00	\$1.00
26. Plastic Canvas	\$3.00	\$2.00	\$1.00
27. Any Other	\$3.00	\$2.00	\$1.00

### Youth Categories

Category 1—Youth Ages 6 to 13 Category 2— Youth Ages 14-20

All Ages Are As Of January 1, 2017

Tim Chase Chairperson / Susan Conant, Assistant

#### Class VIII—Vegetables

See Class II For Information

#### Class IX—Canned Goods

See Class III For Information

#### Class X—Food

See Class IV For Information

#### Class XI—Flowers

See Class V For Information

#### Class XII—Photography

See Class VI For Information

### Class XIII—Domestic Arts

	1st	2nd	3rd
1. Dress	\$2.50	\$1.50	\$1.00
2. Skirt	\$2.50	\$1.50	\$1.00
3. Shirt / Blouse	\$2.50	\$1.50	\$1.00
4. Embroidery	\$2.50	\$1.50	\$1.00
5. Cross Stitching	\$2.50	\$1.50	\$1.00
6. Latch Hook	\$2.50	\$1.50	\$1.00
7. Stuffed Animals	\$2.50	\$1.50	\$1.00
8. Yarn Item—Knitted	\$2.50	\$1.50	\$1.00
9. Yarn Item—Crocheted	\$2.50	\$1.50	\$1.00
10. Yarn Items—Any Other	\$2.50	\$1.50	\$1.00
11. Tied Blanket	\$2.50	\$1.50	\$1.00
12. Any Other Item	\$2.50	\$1.50	\$1.00

### Class XIV—Conservation & Collections

	1st	2nd	3rd
<b>A. COLLECTIONS MOUNTED AND NAMED</b>			
1. At Least 5 Leaf Prints	\$2.50	\$1.50	\$1.00
2. At Least 5 Insects	\$2.50	\$1.50	\$1.00
3. At Least 5 Wild Flowers	\$2.50	\$1.50	\$1.00
4. At Least 5 Native Woods	\$2.50	\$1.50	\$1.00
5. At Least 5 Shells	\$2.50	\$1.50	\$1.00
6. At Least 5 Rock	\$2.50	\$1.50	\$1.00
7. Any Other Conservation Collection	\$2.50	\$1.50	\$1.00
8. Lego Collection	\$2.50	\$1.50	\$1.00
<b>B. CRAFTS</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>
1. Oil Painting/ Acrylic	\$2.50	\$1.50	\$1.00
2. Pencil Sketch	\$2.50	\$1.50	\$1.00
3. Watercolor	\$2.50	\$1.50	\$1.00
4. Pastels	\$2.50	\$1.50	\$1.00
5. Woodworking / Carving	\$2.50	\$1.50	\$1.00
6. Scrapbooks—Cards	\$2.50	\$1.50	\$1.00
7. Scrapbooks—Stickers	\$2.50	\$1.50	\$1.00
8. Scrapbooks—Any Other	\$2.50	\$1.50	\$1.00
9. Scrap Booking	\$2.50	\$1.50	\$1.00
10. Jewelry/ Bead working	\$2.50	\$1.50	\$1.00
11. Ceramic—Molds	\$2.50	\$1.50	\$1.00
12. Polymer Clay Items	\$2.50	\$1.50	\$1.00
13. Hand made ceramic	\$2.50	\$1.50	\$1.00
14. Tie Dying	\$2.50	\$1.50	\$1.00
15. Any Other Items	\$2.50	\$1.50	\$1.00

All Prizes Awarded To Children Under The Age of 9 Will Be Paid For By The Dunstable Grange.



LOWELL GENERAL HOSPITAL

# Community Health and Wellness Programs

July/August 2017



## World Breastfeeding Week Celebration Tuesday August 1, 4:30-6:30pm, FREE

Expectant and new mothers are invited to enjoy a celebration of breastfeeding at this open house style event. Participants will learn about the many benefits of breastfeeding as well as receive education and breastfeeding giveaways from local community organizations. Light refreshments served.

### Big Brother & Sister Sibling Class

**Thursday, August 17, 11:00am-12:00pm, \$15 per family**

Children ages 3-6 will explore their feelings concerning the arrival of a new baby. They will read a story, do an art project and tour the Birthplace.

### Birthplace Tours

**Monthly tours, Times vary, FREE**

Your guide will answer questions as you visit The Birthplace at Lowell General Hospital, including our labor and delivery area, mother and infant area, nursery and special care nursery.

### Boot Camp for New Dads®

**Saturday, August 26, 9:00am-12:00pm, \$25**

This nationally-recognized workshop is taught by fathers and is for men only. Rookie dads (men expecting their first baby) are oriented to the joys and challenges of fatherhood with the help of a coach and veteran dads with their newborns.

### Breastfeeding Class

**Monthly classes, Times vary, FREE**

Learn the art of breastfeeding. Discover the benefits for mom and baby, valuable tips and more.

### Childbirth Education Classes

**Times and fees vary**

We offer a variety of classes to help you prepare for the birth of your child. Insurance reimbursement and financial assistance may be available. Space is limited and registration is required.

*Birthplace tours included.*

### The Happiest Baby on the Block®

**Monday, July 24, 6:00-7:30pm, \$15 per family**

Learn an extraordinary approach to calming your baby, tips on how to help babies sleep longer and ways to soothe even the fussiest infant in minutes.

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Active duty military and veterans always welcome to join. For further information call **978-649-7540**. Remember to attend the committee meetings on the first Thursday with your input and ideas.

**The public is invited to get involved in all events of the post. The veterans monthly dinners will continue on the first Wednesday of the month.** We are always looking for help to serve the veterans. **Keno and Scratch Tickets are available at the Post.** There is an ATM in the Post for your convenience.

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**Visit our website, [www.tyngsboroughlegion247.org](http://www.tyngsboroughlegion247.org)** This website contains a wealth of information about the Post.

**Please remember to be safe & keep our troops in your prayers.**



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## PET HEALTH DUNSTABLE ANIMAL CLINIC

### LIPOMAS IN DOGS

**by Tara M. Sacramone, DVM**



Lipomas are benign tumors made up of fat cells. They are extremely common in dogs, especially older female dogs, but are very rare in cats. They start off as small masses under the skin and grow slowly over time. They are soft, often oval-shaped and usually freely moveable. They can occur anywhere on the body, and most likely if your dog gets one, s/he will get others.

Lipomas are a benign form of cancer, meaning they do not spread to lymph nodes, lung or liver and tend to grow slowly over time. They can, however, bother your dog, either because of location, or because they grow too large. There are two other tumors that arise from fat; infiltrative lipoma, and liposarcoma. These are much less common, but are more aggressive cancers. They tend to be more firm, grow more quickly, and are not freely moveable.

Lipomas are diagnosed based on appearance, palpation, and sometimes fine needle aspirate (FNA). FNA involves inserting a needle into the mass and aspirating out some of the cells, which are then spread on a microscope slide. The material aspirated from a lipoma looks like clear droplets that do not dry. All lipomas float in water when removed from the body, so it is not usually necessary to submit them for histopathology. Submission to a lab is, however, the only way to definitively determine the nature of the tumor.

If your dog has one or more lipomas, you have two options. You can leave it on the dog and monitor for changes, or remove it surgically, which involves general anesthesia. Sometimes the best choice is to leave them alone, as some of you with very lumpy, bumpy dogs can understand. I generally advise leaving them alone, unless one of the following applies: 1. The lump grows quickly (e.g. doubles in size in a month or two). 2. The mass is bothering the dog, either because it is in an annoying location, such as on the leg, or in the armpit area or it is affecting how something else functions, such as a mass near the anal area, or ear. 3. The mass changes from being moveable to being attached to underlying tissues.

If you suspect your dog has one or more lipomas go to your veterinarian and you can both decide which course of action is appropriate for your dog.

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### "BUT EVEN NOW THERE IS HOPE"

By Nathan Combs

Discovering the depth of one's own sinfulness is inevitably a devastating experience that has driven some to despair and even suicide (Judas - Matthew 27.5). It has led others, however, to weep and return to God as humbled servants (like Peter: Luke 22.32, 1 Peter 1.13). One such example is found in Ezra 10. Ezra the priest had led a group of Jewish exiles out of Persia and back to their homeland in about 458 B.C. Upon arriving in Judah, Ezra soon discovered that some of the exiles who emigrated before him had made a dreadful mistake. They had married foreign women, transgressing a strict command of the law (Deuteronomy 7.3)! As Ezra tried to absorb this appalling news, he was encouraged to help the people, for "even now there is hope for Israel in spite of this" (Ezra 10.2). Let's notice how the people reunited with God.

**1) The exiles were profoundly sorrowful.** While Ezra was praying and weeping, a "very great assembly" gathered, "wept bitterly" because of their sin (Ezra 10.1), and trembled in the heavy rain (Ezra 10.9). Because their hearts were tender, they were receptive to Ezra's radical command to separate from their foreign wives and children. Only the deepest sorrow over sin could compel them to take such drastic measures. When you and I discover sins that we are (in a sense) married to, we'll require much godly sorrow (2 Corinthians 7.10) before we're willing to take extreme steps. Do you have the kind of profound remorse for your sins that these Jews did?

**2) The exiles made vows to change.** It's one thing to vaguely desire a change in lifestyle. It is something else to make vows before witnesses and actually *commit* to taking specific, drastic measures to effect change. Ezra compelled the Jews around him to make a covenant with God to put away their families. What is your plan for fighting your sins? Have you considered confessing and making promises in the presence of other Christians close to you, so that your progress can be held accountable? In 1 Timothy 6.12, Paul encouraged reminded Timothy that he made a "good confession in the presence of many witnesses."

**3) The changes were diligently enacted.** When sin in your life is uncovered, how quickly do you act to address it? Ezra quickly sent out a proclamation to the people, ordering them to come to Jerusalem within three days. Ezra was then told by the gathered assembly that correcting the situation could not happen overnight (Ezra 10.13). It would eventually take about three months for the elders and judges to sort through the people and help them separate from their families. Perhaps you know there are changes that need to make in your lifestyle and attitude, yet you know, like those Jews did, that it won't be the work of one or two days. Don't despair! Follow their example of diligence and push forward, motivated by your hope in God's ability to change you.

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## CAT FOOD DONATIONS NEEDED

to feed a colony of feral and homeless kitties. Please call me at **978-799-9715** for the drop-off location on the Dunstable/Tyngsboro line. Don Gaudette. **Volunteers to help with the feeding are also needed.** Associated with Kitty Angels [www.kittyangels.org](http://www.kittyangels.org)  
Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats



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• **SAL Detachment 247 now meets on the first Wednesday of each month at 7 p.m. at Post 247.**

• **SAL Officers:** Commander: Brian Laplante; Sr. Vice Commander: Steve Harris; Jr. Vice Commander and Chaplin:

Adjutant/Treasury: James Blake; E- Board: David Boyle

We are always welcoming new members. Drop in or call 978-649-7540. **Anyone interested** in becoming a member of the Sons of the American Legion is welcome to attend our monthly meeting. **Applications are available at the Post at any time.**

## DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827

Dunstablechurch.org 978-649-6251

Pastor Bobby Ross pastorbobby@dunstablechurch.org

**DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."**

**SUNDAY WORSHIP:** Worship Service is held at 10:00 am each Sunday. Child care is available during the service for infants through kindergarten age. Our worship services feature a wide variety of music, scripture readings, corporate prayer and spoken messages and with Communion (the Lord's Supper) served on the first Sunday of every month. An informal time of fellowship with coffee, tea and refreshments takes place after worship to which all are welcome.

**PASTOR BOBBY ROSS** has established office hours if you would like to make an appointment to visit with him. Call the office at 978-649-6251 or email administrator@dunstablechurch.org, or pastorbobby@dunstablechurch.org to schedule a time that is convenient for you.

**NEW MEMBERSHIP AND CONFIRMATION CLASSES** are forming. Contact Pastorbobby@dunstablechurch.org.

**DECC YOUTH GROUP** After a great year, our meetings are on hiatus now until the fall. Some members plan to attend summer camp at Monadnock Aug 6-12. Regular meetings will resume in September. Anyone in grades 6-12 is welcome. Watch the church website ([www.dunstablechurch.org](http://www.dunstablechurch.org)) and the sign boards in front of the church in case a special event comes up. Questions? Call Jon Hughes (978-649-8554).

**CHOIR REHEARSALS** Special music, including Women's and Men's ensembles, solos, duets and instrumentals will continue through the summer. Perhaps you cannot commit to weekly rehearsals but would like to part of the music ministry; this is your opportunity to participate. The men will rehearse on 7/23 and 7/30, and sing on Aug 6<sup>th</sup>. See Henry or Carol Norris with any questions.

**EAGLE SCOUT PROJECT** work directed by Jacob Hughes will progress during the summer. Donations and volunteers welcome. The end result will help to make the center of our town a beautiful place.

**SUMMER DANCE CAMP** at the Dunstable Evangelical Congregational Church. Free classes for ages 3-8. Saturdays 7/1, 7/8, 7/15, 7/29, 8/5 and 8/12 10:00-11:00 am. We strive to build positive relationships with simple, fun choreography. Ballet, lyrical/jazz and street dance. A registration form, emergency contact info and allergy/restriction notice is required before classes start. Those can be filled out on the first day of class or a flyer can be mailed to you. Instructors Christine and Julia will be teaching the classes. Each is ICori, CPR and First Aid certified. Contact Christine Oberhelman with questions at [csmileymcpherson@yahoo.com](mailto:csmileymcpherson@yahoo.com) or 603-402-0054; or Julia Overhiser at 978-319-2769 or [julia\\_overhiser@yahoo.com](mailto:julia_overhiser@yahoo.com). For more information about any of these events, contact the church office 978-649-6251 or email [info@dunstablechurch.org](mailto:info@dunstablechurch.org).



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## THE WISH PROJECT

Drop off donations: Tue/Wed/Fri and Sat 9am-2pm

1A Foundry St., Lowell, MA 01852

Off of Plain Street in Lowell.

No appointment needed, but call first if there is a snow storm.

The Wish Warehouse will be closed through July 11<sup>th</sup>.

### WISH LIST

- Kitchen Tables • Dressers, Lamps, • Fans
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- **SUMMER CAMP BAGS** are going out to our lucky clients who have received scholarships for their children to go to Summer Camp. We are still collecting items. These go out to children that receive scholarships to summer camp but do not have the resources to buy the items they are required to bring. **We are currently in need of duffel bags, beach towels, sunscreen, bug spray, and flip flops. We are critically short on bug spray.** We welcome any help you can give us to assist our clients in having a safe and healthy summer. If shopping isn't convenient you can click on the link Donate Now at our website to donate online and we will purchase the supplies for you. If you prefer to do your shopping online you could order direct from our Amazon Summer Camp Wish List and have the item shipped directly to us at the warehouse. Thank you for helping us make this summer better for needy children and their families. If you would like to participate in this project email Jill at [Jill@thewishproject.org](mailto:Jill@thewishproject.org) and tell her how you can help.

**We've had questions about volunteering. One option** is to volunteer at the warehouse as a family. Volunteers under 15 need to be accompanied by an adult. *Our Saturday volunteer hours are 9-11am and weekday hours are 9:30-12pm Tuesday, Wednesday and Friday.* We schedule all volunteers to make sure we have enough space. The warehouse is not air conditioned so if you are looking for a more comfortable volunteer experience there are other ways to encourage giving back to the community as a family. **Children and families can hold lemonade stands** with the proceeds to benefit The Wish Project and our clients. Last summer several children held Lemonade stands and were able to experience first hand the pride in helping others. **Another option** could be to have a **yard sale or car wash** and donate all or a portion of the proceeds to Wish. It's never too early to teach children to see past their neighborhood and learn about the needs of others less fortunate. No donation is too small to help others and impact our community. If you are interested in scheduling a volunteer date or getting more details, email [patty@thewishproject.org](mailto:patty@thewishproject.org) and she would be happy to give you more information. Thank you for helping us serve our needy families.

**Devastating Fires Continue** so many people are looking to us to help them with immediate necessities of **food boxes, toiletries, deodorant, body lotion, shampoo, toothpaste, body wash, new socks, underwear, flip flops and clothing.** Once they have found replacement housing we will be needing dressers, kitchen tables and fans to help them refurbish their apartments. We may not be able to prevent their crisis but we can try and help them afterward in any way we can. Thank you for helping us support the community.

**Hours to drop off donations:** Tue/Wed/Fri and Sat 9am-2pm No appointment needed but call first if it is snowing or near a holiday.

Foundry Industrial Park Lowell, MA 01852 Off of Plain Street in Lowell. The Wish Project, 1 A Foundry Street, Lowell, MA 01852

• **About Us** The Mission of The Wish Project is to help families in need in Merrimack Valley. Find out more on our website [www.thewishproject.org](http://www.thewishproject.org) or call us at 978-441-9474.

All clients are referred through social service agencies, and are financially qualified. A 501C3 tax deductible charity For more information visit <http://www.irs.gov> 1 A Foundry St. 495 to Lowell Connector to Exit 4 Plain St., Lowell, MA 01852 Turn Right on Plain St., go 0.3 miles, Turn Right on Foundry. **978-441-9474** Website [www.TheWishProject.org](http://www.TheWishProject.org)



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## PLEASE JOIN ME AT THE ALZHEIMER'S WALK

- Alzheimer's is the 6th leading cause of death in the United States and the only cause of death that cannot be prevented, cured, or even slowed significantly.

- 1 in 3 seniors in the US dies with Alzheimer's or another type of memory impairment.

- Alzheimer's and other types of dementia kill more people than breast and prostate cancer combined.

Scary statistics! If Alzheimer's hasn't yet affected your family or your friends it will very soon. The 2017 Northeastern MA/NH Walk to End Alzheimer's will be held in Andover, MA on Sunday, September 17th at 200 Brickstone Square. It only takes a few hours in the morning and the Walk is either 1 or 3 miles. Please join me in the fight to find a cure by doing one of the following: 1) Make a donation on my Alzheimer's Walk website or, 2) join my Alzheimer's Walk team and help to get more donations toward a cure.

Go to <http://act.alz.org/goto/HeidiW>. Questions to 978-846-2254. Thank you for joining the fight to end Alzheimer's and other types of memory impairment!



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Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, and observe meadow wildflowers and butterflies. It's a great place for outdoor exercise and to enjoy nature close to home. Sherburne Nature Center and Trails activities are open to all who are interested. Activities go rain or shine. In extreme weather conditions, activities are cancelled. No reservations or fees required. Children under 16 must be accompanied by an adult.

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If you have questions or need information, please call our Office 978-649-2261 or email: [ecctsec@outlook.com](mailto:ecctsec@outlook.com).

Our Mission: Glorify God by encouraging all people to follow Jesus together in faith, love and service

### SUNDAY MORNING SCHEDULE

Worship Service at 10:00am • A nursery is provided.

Followed by Fellowship and Refreshments

• Children attend the Worship Service with parents

• **THE 150th Anniversary Committee** of the church is meeting regularly now to plan events for the historic celebration in 2018. If anyone has photos or information of the church through the years please notify Joy at 978-649-6142 or Jill at 978-649-3301.

• **CRAFT FAIR NEWS** We are looking for a few more craft people to join us this year for our Annual Fair, which will be held on Dec. 2nd this year from 9-3.

Our theme is focused on our 150th Anniversary and our own members and friends will be making crafts and gift items to celebrate such. Interested crafters can contact Jim @ 203-535-5982 for details and reservations.

• **THE THRIFT SHOP** Located next to the Church, it is open to the public on **Thursdays and Saturdays from 10:00 a.m.- 3:00 p.m.** We offer an assortment of clothing and shoes, handbags, baby items, books, small appliances, dishes, glassware, decorative items, and craft items, ETC. We welcome your patronage and donations. **Please do not drop off large furniture, TV's, Computers or Bikes.** Thanks so much for understanding, we haven't means by which to dispose of them without incurring costs.



## STE JEANNE D'ARC SCHOOL

... in Lowell is accepting applications for the 2017-2018 school year. Inquire or apply online at [www.sjdarc.org](http://www.sjdarc.org). You may also contact our Admissions Office at 978.453.4114 to request an admissions package or schedule a tour. Ste Jeanne d'Arc School is a Pre K (K1) – 8 Catholic, independent school offering classes in Religion, Math, Language Arts, Science, Social Studies, K1-8 French, Art, Music, Computers, Physical Education as well as accelerated classes. The school and classrooms are outfitted with state of the art technology, iPads are provided to students in grades 4-8, 20+ athletic programs, extra-curricular activities including LEGO Robotics Club and Destination Imagination. Extended Day Care Program is available.

Consistently recognized as a school of excellence, this year Ste Jeanne d'Arc School students rank #1 in the Archdiocese of Boston for high achievement on the NWEA standardized test. We are also a 2010 National Blue Ribbon School by the U.S. Department of Education for our students' superior academic performance, a Bright Spots School and National Beta Club School of Distinction. Our school is also fully accredited by the New England Association of Schools and Colleges.

We welcome the opportunity to share the many advantages of a Ste Jeanne d'Arc School education. Come visit and let us show you all we have to offer.

*"We ignite a passion for learning and compassionate living"*

## MIDDLESEX SHERIFF'S OFFICE GRADUATES 18 FROM SPECIAL CITIZENS ACADEMY

CHELMSFORD, Mass. – The Middlesex Sheriff's Office recently concluded its inaugural Special Citizens Academy with a graduation ceremony and lunch for the 18 participants who completed the four-week program.

Designed for adults with developmental disabilities who have an interest in public safety, the Special Citizens Academy provided participants with the opportunity to learn more about the Middlesex Sheriff's Office (MSO) and its functions. Graduates of the Academy included both independent participants and groups from local agencies such as the Valley Collaborative, Northeast ARC, Eastern Middlesex ARC, and Triangle, Inc.

"I want to thank all our participants – as well as their families and caretakers – who made our first Academy program such a memorable success," said Sheriff Peter J. Koutoujian. "This program is an extension of efforts to connect with all residents of Middlesex County, and we look forward to hosting future sessions."

Participants attended classes on issues such as Internet Safety and Awareness; Fire Safety and First Aid; and Scam Prevention. They also received demonstrations from the MSO's K-9 Unit, SWAT Team, and Mobile Operations Unit.

The Middlesex Sheriff's Office has already received interest from individuals to attend the next Special Citizen's Academy. If you or someone you know would like to participate, please contact the Office of Community Affairs at 978-495-7410.

## CHELMSFORD CATHOLIC COLLABORATIVE

Home to both St. Mary and St. John the Evangelist Parish Families Staff Offices: 115 Middlesex Street, North Chelmsford

**ST. MARY BUSINESS**(978) 256-2374; [www.saint-mary.org](http://www.saint-mary.org)

**ST. JOHN BUSINESS**(978) 251-8571; [www.saintjohnchelmsford.org](http://www.saintjohnchelmsford.org)

OFFICE HOURS: Mon, Tue, Thu. 9:00AM – 5:00PM; Wed. 9:30AM – 5:00PM; Fri... 9:00AM – 3:00PM

**ST. MARY CHURCH:** 25 North Road, Chelmsford Daily Mass Schedule: Monday – Friday 7:00 AM; Saturday 9:00 AM Weekend Mass Schedule: Saturday 4:00PM; Sunday 7:00AM, 9:00AM, 11:00AM and 6:00PM Reconciliation: Saturdays 11:00 – 12:00 NOON, or by appointment

**ST. JOHN THE EVANGELIST CHURCH:** 115 Middlesex Street, North Chelmsford Daily Mass Schedule: Monday – Saturday... 9:00 AM Weekend Mass Schedule: Saturday... 4:00 PM; Sunday... 8:30 AM, 10:30 AM and 5:00 PM Reconciliation: Saturdays... 3:00 – 3:45 PM, or by appointment Lenten Season Offerings March 1 – April 12

**DAILY MASS SCHEDULE:** In addition to regular Mass schedule (listed above)... St. Mary will be offering Wednesday evening Mass at 6:00 PM



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## AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

*Meetings are held the first Thursday of each month at 7pm.*

### Auxiliary Unit Officers for 2016-2017

President: Diane Dileo; Sr. Vice: Kathleen Oljey; Jr. Vice: Annette Coles; Treasurer: Frances Radgowski; Secretary: Josephine Beauregard; and SGT-At-Arms: Mary Dupras. Executive Committee: Mary Hanley and Maureen Harris

*We have no meeting in June.* The first meeting for the New Auxiliary Year will be **Thursday September 7th, 2017, 7:pm** in the Post Function Room. ***Wishing all Unit Members a great summer see you in September.***

**For information on the Auxiliary Unit meetings**, or functions contact Unit President Diane Dileo at 978-204-9329 or Unit Secretary Josephine Beauregard 978-459-7015.

*Yours In Auxiliary, Unit Secretary, Josephine Beauregard*

**THE UNIT IS STILL COLLECTING** can pull tabs drop off at Post and earmark for Auxiliary. ***We also would Welcome New Auxiliary Members*** 18 and older. Contact Unit President or Treasurer.

... **The Unit Jr. Auxiliary is accepting new Jr. members.**  
Contact 978-649-7540 if interested in joining.

## LOADING DOCK GALLERY

122 Western Avenue, Lowell, MA 01851

**Show: The Cultural ARTbeat**

**Show Dates: Through– July 30, 2017**

Each summer the city of Lowell comes alive with music. Thanks to the Lowell Summer Music Series, the city's nightlife, and of course the annual Lowell Folk Festival, music takes center stage in this historic mill city. This July the Loading Dock Gallery takes up the harmony with a music-themed exhibit that shows work of emerging and established artists from in and around the city.

Painting, fiber arts, photography, sculpture, and all that jazz will highlight how the visual and musical arts play off of each other. Music lovers and fine art fans will find a variety of work that strikes a cord. Featuring the works of dozens of diverse artists, **The Cultural ARTbeat** is a not to be missed event that will be enjoyed by both Lowell regulars and visitors who come to enjoy the musical offerings this summer.

The Loading Dock Gallery, a part of Loading Dock Arts, Inc., a 501c3, is open Wednesday - Saturday from Noon to 5:30 PM, and Sunday from Noon to 4 PM. It is located at the entrance of Western Avenue Studios, 122 Western Avenue, in Lowell, MA. For more information, call 978-656-1687 or visit [www.theloadingdockgallery.com](http://www.theloadingdockgallery.com).

## NOW FORMING "NEW HORIZONS" DRACUT COMMUNITY BAND

We are recruiting members to play in a Dracut Community Band. It is open to all musicians 18 years or older who are residents of Dracut and from surrounding communities. No audition is required but Band members should have some playing and music reading experience. It will be lots of fun! **We will be rehearsing on Thursday nights at Christ Church United in Dracut Center from 6PM-8PM**

Please call Maureen Johnson 978-454-0055 for more information or if you'd like to join. We will be having an organizational meeting soon--We will notify players of date and time for meeting and start of rehearsal. Any donations of used instruments would be greatly appreciated especially a concert bass drum and stand.

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Please visit HighlandStreet.org or call 617.969.8900 for more information. Many Museums, Gardens, Zoos listed. For example: JFK Presidential Library and Museum, Franklin Park Zoo, Fitchburg Art Museum, The Institute of Contemporary Art/Boston, Heritage Museums & Gardens.



### CLUB OF TYNGSBORO/DUNSTABLE

*Rotary Motto: Service Above Self Theme: Be A Gift to the World*

The Rotary Club of Tyngsboro/Dunstable has been serving the Tyngsboro and Dunstable area for 42 years.

Rotary International is a global network of community volunteers with a passion to help others. Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs. Rotary builds international understanding through scholarships, exchange programs, and humanitarian grants. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others. For further information please email us at [tdrotary@verizon.net](mailto:tdrotary@verizon.net) or visit our website at: [www.tdrotary.org](http://www.tdrotary.org).

*Thank you for your continued support.*



### ALTRUSA CLUB OF MERRIMACK VALLEY

**Altrusa** is a non-profit, worldwide association, which encourages volunteerism to make a difference in our communities. Altrusa celebrated its 100<sup>th</sup> birthday on April 11, 2017. In celebration of this milestone event, the Altrusa Club of Merrimack Valley donated more than 800 books to agencies that service children in need.

As part of this project, the **Altrusa Club** donated **(182)** children's books to Girls, Inc. in Lowell; Girls, Inc. in Nashua and the Nashua YMCA Pre-school and After School Programs. Each agency received **(62)** books of various titles designated for the libraries and **(40)** packages of three books were designated for the children to take home for personal use. Other donations were made to the Nashua Soup Kitchen.

The Club rounded out the year with several small service projects. Altrusa was pleased to be able to provide dental hygiene kits for the pre-school children serviced by Nashua YMCA. Each bag contained a child's toothbrush, toothpaste and dental floss as well as a picture brochure on how to brush your teeth.

In addition, Altrusa members packaged cosmetic gift bags for the women who require emergency shelter at Bridges in Nashua, a domestic violence shelter. Each bag contained such items as face-cloth, soap, shampoo, conditioner, mouse, body lotion, hair brush, toothpaste, toothbrush and dental floss.

For more information about Altrusa and its service in the community, please email [altrusamv@gmail.com](mailto:altrusamv@gmail.com)

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## 2017 FOUNDATION FIGHTING BLINDNESS- BOSTON VISION WALK

The Boston Traveler's team is raising money and awareness for the Boston Vision Walk. The Boston Vision walk is happening on **Saturday, October 28, 2017**. The walk details as follows:

**Time:** Registration at 9:00 AM, Stage Presentation at 10:00 AM, and Walk Starts at 10:20 AM

**Location:** Artesani Park, 1255 Soldiers Field Road, Brighton, MA 01235

**Team Page:** [http://www.fightblindness.org/site/TR/VISIONWALK/VisionWalktr?team\\_id=84987&pg=team&fr\\_id=5895](http://www.fightblindness.org/site/TR/VISIONWALK/VisionWalktr?team_id=84987&pg=team&fr_id=5895)

The mission of the Foundation Fighting Blindness is to drive research that will provide preventions, treatments, and cures for people with retinal conditions.

Our team goal for the 2017 Boston Vision Walk includes the following;

- . Community Involvement/Spread the Word about the Vision Walk.
- . Finding Community leaders and Professionals to sponsor the walk.
- . Physical Walkers/Looking for people to join me the day of the walk.

Our team appreciate any and all support towards this worthwhile event. You can join me in the walk or make a donation by going to my team web page. You can also make a donation by check made payable to Foundation Fighting Blindness. **Together we can do it! Together we can SEE the world!**

## NEW ENGLAND VOICES IN HARMONY

The Nashua based women's a cappella chorus, New England Voices in Harmony, invites ambitious female singers to attend *rehearsals every Tuesday evening beginning at 6:30 pm* at our rehearsal space: the Nashua Senior Center, second floor, 70 Temple St., Nashua. New England Voices in Harmony is a chapter of Harmony, Inc. an international non-profit, educational group which promotes singing in the barbershop style. Rita Ralston at [rralston10@aol.com](mailto:rralston10@aol.com) for more information. [www.newenglandvoicesinharmony.org](http://www.newenglandvoicesinharmony.org)



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## 100 DEADLIEST DAYS HERE FOR TEEN DRIVERS

*Teens most at risk for fatal crashes during summer*

With high schools closed and summer vacations getting underway, the bright sunny days of summer can be a dark time for teen drivers. Memorial Day to Labor Day marks the "100 Deadliest Days for Teen Drivers." More teens are killed on the roads during this time of year than any other.

Automobile crashes are the No. 1 killer of teenagers in the U.S. with nearly 5,000 teens killed every year and more than 300,000 injured. This tragedy is compounded by the fact that many crashes are preventable. Driver error, speeding and distractions are the main causes of teen crashes, and seemingly simple activities such as switching radio stations or interacting with friends can significantly impair a teen's ability to react quickly to changing traffic conditions.

A majority of teens admit to risky driving behaviors. Fifty-six percent make and answer phone calls while driving. Fifty-five percent exceed the speed limit by more than 10 mph. The area of the human brain that controls multitasking, impulse control and the ability to envision consequences - areas crucial for driving - is still developing well into an individual's 20s. Talking on a cell phone increases the likelihood of an accident by four times and slows the average person's reaction time to that of a 70-year-old.

Parents need to play a large role in developing their teen's safe driving behaviors. Parents usually acknowledge that they must play a significant role in preparing their teens to drive, but many delay safe-driving conversations with their teens until shortly before licensure. Parents also understand they are role models on the road, yet their driving behaviors send the wrong message. For example, 71 percent admit to talking on a cell phone while driving with their teens, and 26 percent say they have broken the law with their teens in the car.

### Here are some tips for parents to start a conversation with teens about smart driving:

Make your talks a dialog about driving. Remember, teens are excited about driving itself; it's a fun topic for them. So don't turn your talks into lectures; instead, make them open dialogs that show you understand the positive side of getting behind the wheel, and let your teens share their views and experiences at the same time. Speak to their desire to be smart. Being a "safe driver" is not something teens aspire to become. Smart driving, on the other hand, combines skill and safety, and is something that teens can attain. Empower your teen. Being a passenger in another teen's car can put your teen at risk. Peer pressure among teens can be both positive and negative. Make sure your teen knows it's okay to say something if they are uncomfortable while riding with a friend. Be Parental. Express Your Authority. Your teens want to know your values and expect you to provide structure for them. They need you to be a parent, not another friend. Consider using a Parent Teen Driving Contract to explain driving rules of your home. And, consistently enforce those rules. If your teen violates those rules, deliver on the consequences! Though taking away the driving privilege for a period of time might not be convenient for you, it might end up saving your teen's life.

For info about Stop-N-Go Driving Academy and our driver education programs and services call our office at 978-649-4966 or visit our website at [www.sngda.com](http://www.sngda.com).