



# Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

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[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)

Celebrating 33 Years of Service

Issue # 349 • June 2017

POSTAL PATRON  
TYNGSBOROUGH, MA 01879

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## TYNGSBOROUGH TOWN CLERK

**2017 DOG LICENSES** are available at the Town Clerk's office or by mail. Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. If renewing by mail, please enclose a stamped envelope for the license. **Remember that there is a \$25.00 late fee for any registration after March 1!** **2017 CENSUS** forms were mailed. Please check the information on the form for accuracy, make necessary corrections, and return promptly to the Town Clerk's office. If you do not receive a census form, please call the office and we will mail a form. Please note that the census does not register you to vote. You can register by going to [mass.gov](http://mass.gov) and completing an online voter registration form. Completing and returning the census keeps your voter status current and there will be no need to fill out a proof of residency form at the polls.

## NOTICE TO TYNGSBOROUGH WATER DISTRICT USERS

The Tyngsborough Water District will be flushing water mains **beginning June 8, 2017**. The flushing program will be *in effect for approximately 6 weeks*. Flushing will be conducted between the hours of *8am and 3pm, Monday through Friday*. During these times, water pressure may be low and the water discolored. Let the water run awhile and it should clear up quickly.

We regret any inconvenience this may cause you.  
Thank you for your assistance!

*Tyngsborough Water District*

## VOLUNTEERS NEEDED

### *for continued Flint Pond Recovery*

**\*\*Due to an unexpected weed treatment, which may stun or delay the chestnuts, the 6/10 harvest advertised last month is now tentative, please contact me to be on the mailing list for news on this harvest, a change of date, and for future planned activities.\*\*** This is a great way for students to earn NHS hours or for scouts to do community service. Once the chestnuts come to the surface, harvesting can be done at any time. If you do not have a paddle powered boat, we have some extra boats available. Volunteers are also available to join you if you aren't available for the planned events, but still want to help. Regular visitors to the pond can adopt a section of pond.

For more info, or to be on our e-mail list for future events, please contact Maura Amrich at [genam1620@verizon.net](mailto:genam1620@verizon.net) or call 1-978-649-4785. Once one of the best bass fishing ponds in the state, help us save this beautiful state owned property! Thank you.

## IN MEMORY OF

Martha Jean Belodeau  
Richard J. Kattar  
Charles W. Lundgren  
Andronike C. Eliopoulos Rigs  
Louis Romano Jr.  
Dorothy Daigle DeCarteret Smith

Robert J. Briere  
Alberta A. Buklerewicz Babcock  
Karen L. Breen DiPietro  
Edward T. McDermott  
John T. Babcock  
William E. Scaggs

## TYNGSBOROUGH WATER DISTRICT

87 Progress Avenue, Unit #2, Tyngsborough, MA 01879  
978-649-4577

### Public Notice

The Tyngsborough Water District Consumer Confidence Report is available for review at the District Office, 87 Progress Ave, Unit #2 or at the Town Hall and Library. A copy will also be mailed to you with your June water bill.

*Dale Thompson, Superintendent*

## TYNGSBOROUGH SCHOLARSHIP TRUST

P.O. Box 547, Tyngsborough, MA 01879

[www.TyngsboroughScholarshipTrust.org](http://www.TyngsboroughScholarshipTrust.org)

1963 \* Celebrating 54 Years \* 2017

### Congratulations to the Class of 2017!

The TST wishes all the best to our graduating seniors as they pursue their future academic goals and achievements. Thank you to all of our sponsors, businesses and members of our community who have supported our fundraising efforts to help Tyngsborough students achieve success in their academic careers. A very special thank you goes to The Larrea - Keohane Family Trust, Lowell Five, DeMari Pasta Dies, Denommee Plumbing, Dolan Funeral Home, Little Angels, Merrimack Valley Rotary, Nicosia and Associates, Page and Trahan Companies, Republic Services, Skate 3, Tyngsboro Sportsmen's Club, Dr. Yankowskas, Union Installations, Applewood Construction Corp., Carparts Distribution Center, Dana Wall Board Supply, Lamco Systems, Reicheld Ting Orthodontics, Tyngsboro Eye Care, Dracut Dental Group, Tobin's Auto Parts, Mill City Masonry, Dr. Robert Mandell and Blossoms. Through the generosity of our entire community, we were able to award over \$36,000 in scholarships to our graduating seniors from Tyngsborough.

**The TST has been awarding scholarships for 54 years!** The work is rewarding and our fundraising events are just as fun to work on as they are to attend. June 14<sup>th</sup> is our reorganization meeting and we may have several open officer positions. If you have been thinking of getting involved, please consider joining the TST. We welcome all new members! We meet the 2<sup>nd</sup> Wednesday of each month, from September through June, at the Tyngsborough Town Hall. For more information check out our website [www.tyngsboroughscholarshiptrust.org](http://www.tyngsboroughscholarshiptrust.org) or contact us at [info@tyngsboroughscholarshiptrust.org](mailto:info@tyngsboroughscholarshiptrust.org). Have a safe and enjoyable summer!



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## **TYNGSBOROUGH HIGH SCHOOL**

is proud to announce Elizabeth DiMauro, Jade Huberty, Sarah McCarty, and Nathaniel Richardson as the May Students of the Month.

**Elizabeth, daughter of Mary DiMauro**, is a member of the Spanish Honor Society and the National Honor Society. She is also a recipient of the Principal's Award and the Academic Excellence Award. Ellie is a member of PALS and the Homecoming Committee. She has played tennis since her sophomore year and is currently one of the captains of the team. Ellie volunteers her time for the Wish Project, Toys For Tots, the Nashua Soup Kitchen, the Lighthouse School, and by reading to children in Spanish. She enjoys running, doing make-up, and watching hockey. Her favorite subject is history and she looks forward to studying that subject at UMass Lowell. "I have gained a community of close friends. The school has given me opportunities to grow and learn. I will take with me all the fond memories of my friends and teachers."

**Jade, daughter of Jennifer and Joseph Huberty**, is a member of the National Honor Society and a recipient of the Principal's Award, the Visual Arts Award, and the Cheerleading Academic Award. Jade has been a cheerleader since her freshman year, has earned the Most Dedicated Award, has been named captain of the squad this year, and has been both Midwach League Champion and Central Mass Champion. She volunteers her time for local soup kitchens, Toys For Tots, the Wish Project, the American Heart Association, and by coaching Tyngsborough Youth Cheerleading. Jade enjoys drawing, playing chess, and working out; her favorite subjects are math and art. She looks forward to becoming a successful female engineer. "Growing up, my father was active duty in the US Air Force. I was born in Belgium, and have lived in countries such as Japan and the Netherlands. THS has given me a permanent place to call home and friendships that will last a lifetime."

**Sarah, daughter of Karen and Shaun McCarty**, is a recipient of the Principal's Award and the Academic Excellence Award. She is currently the class secretary and is also a member of the yearbook committee and the PALS program. Sarah volunteers her time for Give Kids The World and at the Lowell General Hospital. She enjoys traveling, as well as working at Sullivan Farms and the Elementary School Daycare. Her favorite subjects are Peer Tutoring with Mr. Maslanka and Ms. Makevich and art classes with Ms. Capistrone. Sarah looks forward to graduating from UMass Lowell with degrees in Elementary and Special Education, to earning a Master's Degree, to starting a family, and to becoming an educator. "Thinking back on my days at THS, I have gained skills that I will use for the rest of my life, along with lifelong friendships. I will leave THS with many fond memories and ready to take on my future."

**Nathaniel, son of George and Joy Richardson**, is a member of the National Honor Society and a recipient of the Principal's Award. He is a member of the ECCT Youth Group, and he is a member of the tennis team. Nate volunteers his time for local thrift stores, his church, and for National Honor Society. He enjoys watching and analyzing movies, as well as experimenting with different technologies and programs. His favorite subjects are science, history, and foreign language, and he looks forward to becoming an engineer, traveling to new areas of the world, and meeting new people. "At THS I have gained many good friends and learned many important topics from teachers such as Mr. Rhine and Mr. Conlon. THS has prepared myself for life and I can take good memories with me like having fun with friends in Mr. Raras's class."



## **TYNGSBORO GARDEN CLUB**



We wrap up in June with a potluck at a member's house to be determined where we will vote for new officers, review our town planting commitments, and plan some summer field trips. We will resume with more meetings in September and you may join at any time. We hope that you enjoy our town plantings and the spring weather!

✿✿✿ *Making Tyngsboro beautiful with flowers* ✿✿✿

## TYNGSBOROUGH VETERINARY HOSPITAL

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## TYNGSBORO YOUTH FOOTBALL AND CHEERLEADING

OPENS REGISTRATION FOR ALL 2017 PROGRAMS  
FLAG FOOTBALL (Gr. K-3) ~ TACKLE FOOTBALL (Gr. 2-8) ~  
CHEERLEADING (Ages 4-14)

Tyngsboro Youth Football and Cheerleading is proud to launch our 13<sup>th</sup> season providing local area youth with the opportunity to learn football and cheerleading in a safe, fun environment while promoting the values and importance of academic achievement, teamwork, and sportsmanship.

### TACKLE FOOTBALL- THREE REASONS WHY YOUR CHILD SHOULD JOIN OUR PROGRAM:

**1. SAFETY** - Safety is our number one priority, and although we can't claim to prevent all injuries, we have implemented changes to our practices and tackling approach to mitigate those risks. We also leverage high quality football equipment with updated technology that supports this goal.

**2. INCLUSIVENESS** - We are affiliated with American Youth Football. We do not organize teams by weight. Instead, we offer the benefit and inclusiveness of grade/age organization. We, along with AYF, believe that kids playing with other kids at their own growth, learning, and emotional level is very important.

**3. PERSPECTIVE** - We are NOT the NFL. Our coaches are trained to have the appropriate perspective - where teaching the values of teamwork, sportsmanship, commitment to hard work, and academic achievement yield the true champions of our community.

Please talk to us so we can help provide the facts and dispel the misconceptions about the current state of youth tackle football.

Feel free to contact us at any time: [vicepresident@tyngsboroyouth-football.com](mailto:vicepresident@tyngsboroyouth-football.com)

**CHEERLEADING - \*NEW\* TINY MITES PROGRAM:** We are excited to announce the inception of our new Tiny Mite program for kids ages 4-5. This team will participate in practices appropriate for their age level and will perform exhibition routines at a couple of our local fall competitions. The goal is to simply have FUN!

### ONLINE REGISTRATION FOR OUR 2017 FALL SEASON IS NOW OPEN!

We welcome fall football and cheerleading registrations from participants residing in Tyngsboro and surrounding communities. We have put together some amazing **"Early Bird" registration offers**, including a great payment plan and sibling discounts, and a \$20 early registration discount (*ends early June*). Be sure to log in soon to register early and take advantage of the best savings opportunities of the season! [www.TyngsboroYouthFootball.com](http://www.TyngsboroYouthFootball.com)

*Town of Tyngsborough*

On Facebook: [www.facebook.com/tyngsboroughma](http://www.facebook.com/tyngsboroughma)

On Twitter: [www.twitter.com/tyngsboroughma](http://www.twitter.com/tyngsboroughma)

*Tyngsborough Police*

On Facebook: [www.facebook.com/tyngsboroughpolice](http://www.facebook.com/tyngsboroughpolice)

On Twitter: [www.twitter.com/tyngsboroughPD](http://www.twitter.com/tyngsboroughPD)

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to all the residents who supported my campaign

and to those who cast a vote for me on May 9th

CONGRATULATIONS

Hillary Winnerstrom And

Ron Keohane

*Signed, Corliss Lambert*

### THS GRAD NIGHT

Planning begins for the next Grad Night! We can't wait to celebrate the **Senior Class of 2018!** There is always room for new board members on our committee so please consider checking us out as we need new members like YOU to keep the tradition of "Grad Night" alive for years to come! Come check out our meetings and get involved to keep this great "free" program going for our future graduates. Our Class of 2017 Grad Night was a **huge success** and **thank you for all of your support! We couldn't have done it without you!** **Congratulations to the Class of 2017!**

Our last meeting of the school year is in June & we will reconvene in September. For additional information, please contact Tara Gabriel at 978-397-6495 or Caren Bovil at 978-852-3964. You may also visit our website [www.thsgradnight.org](http://www.thsgradnight.org) for more details about our organization. **Meetings are held the first Monday of the month at 7pm** in the teachers' lounge across from the cafeteria of Tyngsboro High School. We appreciate and value your support of our Tyngsboro students!

### TYNGSBOROUGH SPECIAL EDUCATION PARENT ADVISORY COUNCIL (SEPAC)

**There is no regular meeting in June.** There is however the **"End of the Year Parents Night Out"**. Contact SEPAC Chair for more information about this. Regular meetings should begin in September. SEPAC website: <http://sepac.tyngsboroughps.org> SEPAC Facebook Page: <https://www.facebook.com/groups/465834040182584/> SEPAC Twitter: @TyngsSEPAC SEPAC Yahoo! Group: <http://groups.yahoo.com/group/TyngsboroughSpEdPAC/>



## TYNGSBOROUGH PUBLIC SCHOOLS

You can find Tyngsborough Public school news at  
[www.tyngsboroughps.org](http://www.tyngsboroughps.org)

District Offices, 50 Norris Road, (978) 649-7488  
Middle School, 50 Norris Rd. (978) 649-3115  
High School, 36 Norris Rd. (978) 649-7571  
Elementary School, 205 Westford Rd. (978) 649-1990

## THE TYNGSBOROUGH PUBLIC LIBRARY

25 Bryant Lane, Tyngsborough 978-649-7361 [www.tynglib.org](http://www.tynglib.org)

Library Hours: Monday & Wednesday, 10:30 a.m. – 8 p.m.  
Tuesday & Thursday, 9 a.m. – 5 p.m.  
Saturday, 9 a.m. – 2 p.m. (through June 17)

**The Library will be**

**CLOSED on Saturdays from June 24 through September 2.**

*It will be open on Saturdays beginning September 9.*

***Library will be closed Tuesday, July 4, in observance of Independence Day***

- **THANKS** to all who helped with the **Friends of the Library Book Sale**. Friends funding enables us to offer great programs, museum passes and loads of new children's books.
- **Essential Oils & How to Use Them, Wednesday, June 14, 6:45-8pm** Holistic health coach Stephanie Kirylych, will present on essential oils and how to use them, including recipes for homemade cleaning products, perfume, and natural insect repellent. **Create your own natural perfume or insect repellent - great for tick season!** Enter to win a bottle of oil. Registration required.
- **Adult Coloring Club, 1st Wednesday each month, September-May, 6:30-8pm** Coloring sheets, colored pencils are provided.
- **Tech/Library Catalog Advice by Appointment** Individual lessons on the new Symphony catalog, PCs, android tablets & phones, Excel, MS Word, downloadable ebooks & audiobooks and more. **Tuesdays, 11:30-1:30, Wednesdays, 7-8pm.** Registration required.
- **Diversity, an International Poster Exhibit** from the collection of Stephen Lewis, **June 2-28.**
- **Nature Storytime** for ages 3-8 year olds, **June 28, 10:30-11:00am** Meet at **Sherburne Nature Center** on 46 Coburn Road. Bring a picnic lunch to enjoy after storytime!
- **SUMMER READING PROGRAM:** It's all about building and architecture! Pick up your summer calendar at the library after June 10! Registration for summer reading begins on **Library 21.**
- **For kids: kick off SRP** with the Sciencetellers' **Pirate Ships and Tall Tales on Monday, June 26, 11:30am - 12:15pm!** Planks, sails, rigging, rails...build a pirate ship! Don't miss this interactive, nautical tale with a twist!! Ages 4-12. Registration required.
- **Build A Better World** for kids up to age 12! Names will be picked weekly for fun prizes starting the week of July 3! Set your own goals to read a set amount of time or a number of books - make it your personal best!
- Summer highlights will include **Bedtime Stories** with community readers on **Mondays at 6:30pm & Summer Stories on Tuesdays at 11:30am, Lego Club, Kindermusik Playdates, Gwendolyn the Graceful Pig, Raspberry Pi Robots** and more!
- **Build A Better World for TEENS, Grades 6-12!** Enter to win an Amazon gift card at the end of the summer. Teen programs will include **Video Game Creation, a Henna Alchemy Workshop** and **Ready, Set, Start Your Common App college workshop!** *The summer reading program is funded by The Friends of the Library and other donations.*
- **Writer's Group - Mondays at 6:30pm** Feedback and publishing tips; all genres. Contact Karen Johnson at 978-649-7132 or [kjohnson39@comcast.net](mailto:kjohnson39@comcast.net)
- **The Friends of the Library** meet on the first Monday of every month at 7pm, September-June.
- The **Board of Library Trustees** meets on the third Thursday of each month at 6:45pm in the Library.

*Artists & collectors, contact the Library to discuss scheduling an exhibit in the gallery or display case.*

**Register for TPL programs by calling the Library or using the contact form on the website.**

## TYNGSBOROUGH COUNCIL ON AGING



**169 Westford Rd., Tyngsborough, MA 01879**

**Mailing Address: 25 Bryants Lane, Tyngsborough, MA 01879**

Email: [Broche@tyngsboroughma.gov](mailto:Broche@tyngsboroughma.gov)  
[councilonaging@tyngsboroughma.gov](mailto:councilonaging@tyngsboroughma.gov)

**PLEASE SIGN IN WHEN YOU COME TO THE CENTER!!**

**Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3.**

**Lunch is served promptly @ 11:30** everyday must make reservations 2 days in advance BEFORE NOON Call 978-649-9211 \$2.00 for seniors & \$4.50 for non-seniors

• **WELLNESS CLINIC COA, 169 Westford Rd 978-649-9211** Nancy Harding, RN, from the **Circle Home, Inc. 1st Tues each month.**

• **WELLNESS CLINIC at ELDERLY HOUSING** Nancy Harding, RN, from the **Circle Home, Inc. Red Pines Elderly Housing**, the third Tuesday of each month from **8:30 - 9:30. Brinley Terrace Elderly Housing**, the fourth Tuesday of each month **8:30-10:00.**

### **CLOSED JULY 3RD & 4TH FOR INDEPENDENCE DAY HOLIDAY**

- **COMPUTER HELP FOR SENIORS Thursday, June 1st, and the 15th, 10:00-12:30** Now available twice a month. The first session will be as a group. The 15th will be one on one. Bring your device and anything else that you might need to make the most of your time. Instructor Joe Delgado.
- **Virtual Vacation "Caribbean Island" , Thursday, June 8th at 11:00** Island lunch, indoor beach Party, Island theme attire in the air-conditioned comfort of the TCOA, \$5.00pp Last day to sign up June 1st
- **VETERANS' COFFEE HOUR! Thursday, June 8th, 9:45-10:30** (Run by Chris Dery - Town Veteran's Agent) This is an informal group that meets once a month to reminisce about time served and discuss benefits that are available to veterans. Come on down and have a cup of coffee and a donut amongst friends!
- **SENIOR/VETERAN BREAKFAST Thursday, June 15th, 8:30-9:00** Start your day off with a FREE healthy breakfast with friends here at the Center. Food sponsored by The Friends of the Council on Aging. Speaker Leigh Hartwell "Eating the Rainbow".
- **FATHERS' DAY POKER Monday, June 19th, 11:30** Calling all Dads: Come to the center for a delicious BBQ followed by a Poker Tournament—All Free and just for you to help celebrate Father's Day. Last sign up day is June 13th.
- **LUNCH BUNCH - Have Lunch With a Friend. Wednesday, June 21st, 11:30-1:00** Weathervane If you need transportation for this trip we will be happy to pick you up using the Tyngsborough Bus. Call 2 days in advance for the bus. 978-649-9211. Last Day to Sign up June 6th
- **TRIVIAL PURSUIT DAY Wednesday, June 21st, 12:00.** Test your brain's recollection of trivia facts. Join us for a fun time!
- **INDEPENDENCE DAY CELEBRATION AND ICE CREAM SOCIAL Wednesday, June 28th, 11:30.** Come join us for our Independence Day BBQ followed by our Ice Cream social, sponsored by Tyngsborough Firefighter's Association. Entertainment, Kathy Rodgers' Patriotic Songs. \$5.00 pp. Sign up by June 22nd
- **DONATIONS NEEDED:** Hot Coffee Cups - 8 oz., Coffee, Paper Plates Lg or Sm., Medium Paper Bowls. Clear Wrapping paper to wrap baskets. 3' tall, 2"-3" Wide Wired Spring Ribbon. *Friends are accepting gently used scarves, jewelry and handbags for the fall fair. Please leave in the coat closet.*
- **SHINE** Serving Health Insurance Needs of Everyone. This month: **Wednesday June 21st 8:30-12:30** Our Counselor, Lillian Colby, will be at the center every third Wednesday of the month. Call 978-649-9211 to schedule an appointment. Please bring insurance cards and a list of prescriptions you take with you.
- **FOOTCARE CLINIC** Tyngsborough Council on Aging, 169 Westford Rd 978-649-9211 Next appointment, Tuesday, June 20th 10:00-12:00, New Rate \$35.00

## EXTRA HANDS AND PAWS

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or email [dianeinilsen@gmail.com](mailto:dianeinilsen@gmail.com).



## TYNGSBOROUGH RECREATION

Call 978-649-2300 Ext. 150

The Recreation Committee meets at the Recreation Center 120 Westford Road the first Monday of the month at 7pm. Additional information may be found on our website at [TyngsboroughRec.com](http://TyngsboroughRec.com). Friend us on Facebook. Seeking new members. Currently **three** open seats. Join us!

**THE TOWN BEACH** - located between Maplewood Ave and Cedar Grove Ave on Mascuppic Trail. OPEN FOR SWIMMING- Memorial Day weekend, May 5/27 through Labor Day Weekend. Resident passes are needed and are available at the Town Hall. Volunteers welcome to assist in maintaining the beach. Please message your interest on FB or email [TyngsboroughRec.com](mailto:TyngsboroughRec.com).

**PLAYGROUNDS** - There is a playground at the town beach located between Maplewood Ave and Cedar Grove Ave on Mascuppic Trail and one at Wicasse Ball Park on Wicasse Road.

**TRACK AND FIELD FAMILY FUN NIGHTS** This fun fitness and games program for children ages 4-10, is held every Thursday evening from 6-8 PM for 5 weeks beginning July 6th. The fee is \$40 for residents and \$50 for non-residents. Register on line at [TyngsboroughRec.com](http://TyngsboroughRec.com) by June 25 and receive a cool t-shirt. Volunteer coaches are needed to coach the children on the 6 Thursdays. You may indicate you plan to coach on your child's registration form or please contact us at [tracknfield@googlegroups.com](mailto:tracknfield@googlegroups.com) asap if you can coach. We are always looking for new faces to join us! We need coaches to supervise the children, no experience is necessary. We welcome older teens that enjoy helping younger children with the games and activities.

**JOIN THE FESTIVAL OF TREES PLANNING COMMITTEE** We are looking for new members to join our sub-committee to plan the Festival of Trees Event specifically. You do not need to be on the Recreation Committee. Contact the Rec. Office, send a message on FB or call Theresa 978-828-6589 if you have questions and to JOIN US in June for our first meeting.

• **TENNIS CAMP** Held at Bicentennial Courts next to the Elementary School \*Boys/girls ages 7-18 \*Beginners through advanced \*Tennis made easy and fun! 3 weeks of fun Class size limited so sign up now! **DATES, TIMES, and PRICE** July 3-6 Monday thru Thursday 9-12 pm \$199 (\$50/day) August 7-10 Monday thru Thursday 9-12 pm \$199 (\$50/day) August 14-17 Monday thru Thursday 1-4 pm \$199 (\$50/day) **New: Sibling discounts are no longer available**, 20% off total tuition each additional week (discounts offered by phone only) Held at the Bicentennial Courts adjacent to the Elementary School. Beginners through advanced welcome. Register now for any class by either sending an email that includes your Personal Information (phone number, address, etc) , Child's Information, (age and level) and Times to: Greg Reardon, U.S.P.T.R. or fill out the on-line form at [planettennisusa.com](http://planettennisusa.com). You can also call: 727-542-9636

**NEW HOCKEY LEAGUE** Attention skaters and hockey players! With recent approval from the Tyngsborough Recreation Committee, the Nashoba Youth Hockey Association, in affiliation with Mass Hockey ([www.mahockey.org](http://www.mahockey.org)), would like to welcome the residents of Tyngsborough to participate in their learn-to-skate and hockey programs for boys and girls ages 3-18. See [www.tyngsboroughrec.com](http://www.tyngsboroughrec.com) or [www.nashobahockey.org](http://www.nashobahockey.org) for more details.

**TYNGSBORO FAMILY PLAYGROUP** Join us on Wednesday mornings at the Tyngsborough Recreation Center for Playgroup. Ages 0-5 Years 9:00am-1:00 pm. Cost is only \$2 per week per child! Playtime, Crafts, Story & Snack \*\*\*Not exclusive for Tyngsborough Residents \*\*\* Follow our page to get information about events around town that are aimed for the 0-5 year old crowd. [tyngsfamilyplaygroup@gmail.com](mailto:tyngsfamilyplaygroup@gmail.com)

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## Neighbor to Neighbor

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## FRIENDS OF THE TYNGSBOROUGH PUBLIC LIBRARY



The Spring Used Book Sale has come and gone. Thank you to all who participated in the fun to allow the Friends to raise funds for library programs. Many of you donated books or your time to helping us run another successful sale. Let's do it again in October!

Programs supported by the Friends include the Library Pass program for discounts to museums and activities. Two of the newer passes are for Zoo New England and for the Seacoast Science Center. Both are great places to visit for kids and adults. Get on-line or call the library to reserve your pass.

Congratulations to Rebecca Smith who won the Friends of the Tyngsborough Public Library Scholarship/Service Award for 2017! Rebecca had given many hours of volunteer service to the Friends and has had continuous membership with the Friends. Good luck with your future college plans.

If you know a high-school student who may be interested in applying for a future scholarship/award, keep in mind the eligibility requirements for membership and volunteering service to the Friends. You may still join the Friends of the Tyngsborough Public Library for the membership year beginning April 1. Stop by the library for an application.

## EDUCATION FOUNDATION TYNGSBOROUGH WWW.EFTyng.org



The Education Foundation for Tyngsborough is preparing for our 9<sup>th</sup> Annual EFT Grant Award Ceremonies. We will be awarding \$34,000. These grants will enable exciting STEM, history, ELA and art educational initiatives across the Tyngsborough Public School district. You are invited to watch these grants get awarded during two end of year ceremonies: **The Celebration of Excellence at the high school on June 7<sup>th</sup>**, and **The Celebration of Learning at the elementary school on June 15<sup>th</sup>**. We are notifying the winning teachers now and will be posting details of the winning grants on our website, [www.eftyng.org](http://www.eftyng.org).

Thank you to all the teachers who took the time to consider how they could enhance their students' educational experience and then wrote a grant application. Thank you to our business supporters who sponsored our events and thank you to all the families, teachers and residents who attended our fundraisers this year: *The Football Drop* in October, *Tyngsborough Trot Run/Walk for Education* in November, and Dinner Theater, *"Putnam County Spelling Bee"* in January.

Are you ready to get involved in supporting public education? Our Foundation is nine years young but several of us are founding members. We'd love to have more parents of our younger students join us, on our Board or helping out at one of our fundraising events. If you'd like to explore this idea please contact our President, Karen Jackson, at [contact@eftyng.org](mailto:contact@eftyng.org).

## POLICE & FIRE EMERGENCY 911

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Friday 8:30 a.m. to 12:30 p.m.

*Meeting schedules are posted at the front entrance of the Town Hall*

**Town Hall Directory Main Number 978-649-2300**

Town Accountant	Ext. 124	Media Dept.	Ext. 140
Assessor's Office	Ext. 121	Planning Board	Ext. 115
Board of Appeals	Ext. 112	Town Treasurer	Ext. 126
Board of Health	Ext. 118	Veteran's Agent	Ext. 131
Building Office	Ext. 112	Sewer Dept.	Ext. 134
Town Clerk	Ext. 129	Board of Selectmen	Ext. 100
Town Collector	Ext. 128	Town Administrator	Ext. 100
Conservation Office	Ext. 116	Recreation & Parks	Ext. 150
Capital Asset Mgmt Com	Ext. 124		

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## COMING UP AT INDIAN HILL MUSIC

- **YOUTH CHOIR 'INFORMANCE':** Come to a Demo-Performance of 'Cantori Scolari' – our youth choir at Indian Hill Music School: Saturday, June 10 at 7:00pm, 36 King Street, Littleton, MA. Learn about the program, meet the director, ask questions, register. **FREE admission.** Learn more: (978) 486-9524 or [www.indianhillmusic.org](http://www.indianhillmusic.org).
- **'BACH'S LUNCH' CONCERT:** Indian Hill Music School presents songs from the great movie musicals with vocalist Martha Warren and pianist Amy Lee: TWO SHOWS - Thursday, June 15 at 11 am and 1:30 pm, 36 King Street, Littleton, MA. Complimentary coffee, tea, cookies; bring your lunch. **FREE admission.** Reservations required for groups at (978) 486-9524 (press 0). Learn more at [www.indianhillmusic.org](http://www.indianhillmusic.org).
- **HONORS STRING RECITALS:** A select group of Indian Hill Music School string students will perform in two special recitals on Saturday, June 18: Bravo Recital at 11:30am and the Honors Recital at 1pm, Indian Hill Music School, 36 King Street (Rte. 495/Exit 30), Littleton, MA. **FREE admission.** Learn more: (978) 486-9524 or [www.indianhillmusic.org](http://www.indianhillmusic.org).
- **STUDENT RECITALS AT INDIAN HILL:** Hear Indian Hill Music School students perform music in a variety of styles and combos in May and June at 36 King Street, Littleton, MA. **FREE admission.** Call (978) 486-9524 (press 0) or visit [www.indianhillmusic.org](http://www.indianhillmusic.org) for recital days and times.
- **ORCHESTRA OF INDIAN HILL'S 43rd SEASON:** Subscriptions on sale for Orchestra of Indian Hill's 2017/18 Concert Season at Littleton High School Performing Arts Center (October thru April) led by Artistic Director Bruce Hangen. Highlights include Tchaikovsky's Piano Concert No. 1, Respighi's Fountains of Rome, an all-Mozart evening, David Amram's Greenwich Village Portraits (World Premiere), and Vaughan Williams's Tuba Concerto. Learn more at (978) 486-9524 or [www.indianhillmusic.org](http://www.indianhillmusic.org).
- **ART EXHIBIT:** The Gallery at Indian Hill presents "Longitudinal Study Psycho-Social Development," an exhibit of acrylics by Carrie Crane. On view through June 29 at 36 King Street, Littleton, MA. (Hours: M.-F., 10am–8 pm; Sat., 10 am–4pm.) **FREE and open to the public.** Learn more: (978) 486-9524 or [www.indianhillmusic.org](http://www.indianhillmusic.org).

## TYNGSBORO FARMERS MARKET

### Kicks Off 5<sup>th</sup> Season!

Our 2017 season **kicks off June 10<sup>th</sup>**. We will be **open from 9am to 1pm every Saturday** through October 14<sup>th</sup>. The Farmers Market is located at Littlefield Library, 252 Middlesex Road, Tyngsboro, MA. New vendors and old favorites! Fresh vegetables, fruits, honey, meats, crafts and so much more!  
 Stop by and GET FRESH!

Find us on facebook at  
[www.facebook.com/TyngsboroFarmersMarket](https://www.facebook.com/TyngsboroFarmersMarket)



## REFRESHING SUMMER DRINKS

### Ingredients

- 1 pint - fresh strawberries, stemmed and cleaned
- 1/4 cup - honey
- 1 can (6 oz.) - frozen orange juice concentrate
- 2 cups - brewed green tea, cooled
- 1/2 cup - water

### Directions

In a blender or food processor container, combine water, strawberries and honey; process until smooth. Add orange juice concentrate; process until well blended. Stir into cooled tea. Serve over ice.

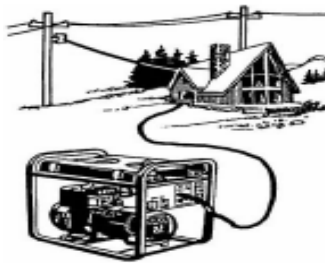
### Ingredients

- 2 cups - double-strength brewed coffee
- 1 cup - 2% low-fat milk
- 1/4 cup - honey
- 2 cups - ice

### Directions

In large pitcher, whisk together coffee, milk and honey until thoroughly combined and honey is dissolved. Chill. Just before serving, blend coffee mixture with ice in blender until frothy and smooth.

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**FRIENDS OF THE TYNGSBORO  
 COUNCIL ON AGING**

FRIENDS of the TCOA contribute to fun filled and successful activities at the senior center. upcoming activities include:

• **June 3rd, Saturday (Rain date Sunday, June 4) 8:00AM**

**3:00PM, FLEA MARKET/YARD SALE**, in the parking lot of the Senior Center, 169 Westford Rd. Spaces are \$15.

Call Mary at 254-226-4168 for more info.

• **June 13th, Tuesday, Fundraiser Day at FENG SHUI.**

**Noon to 9PM** Mention that you are there with the fundraiser, and 15% of your meal price will be forwarded to the FRIENDS.

• **June 15th, Thursday, 8:30AM**, the FRIENDS are sponsoring a breakfast at the center.

All our activities and fundraisers take time and talent. Consider donating some of your time to make the TCOA the best it can be. Our Board of Directors include: President: Joe Jacoppi, Treasurer: Joanne Jean, Clerk: Frank McCarthy, and Jean Kareores, Elaine Rivard, Leon Poirier, Elaine Franks, and Trudi Woods.

The Friends is a 501(c)3 non profit charity and all donations are fully Tax Deductible. ALL GIFTS AND DONATIONS CAN BE SENT TO: The Friends of the Tyngsborough Council on Aging, PO Box 415 Tyngsborough, MA 01879. **Visit our web site:**

**<http://www.friendsofthetyngsborocouncilonaging.com>.**

Visit us on Facebook:

<https://www.facebook.com/FriendsofTyngsboroCOA/>

**FUND RAISER WITH FUN & FOOD**

The *Friends of the Tyngsborough Council On Aging* will be sponsoring a fun fund raiser at **Feng Shui restaurant on 150 Westford Rd, Tyngsborough on Tuesday, June 13, 2017 from noon to 9:00pm.** A social get together for all supporters, old & new, of the Tyngsborough Council On Aging. Come as a group or individually from 12:00 noon to 9:00pm. Tell your order taker that you are participating in the Friends of Tyngsboro Council On Aging fundraiser. They will contribute 15% of your order back to the Friends to support TCOA. When you purchase your meal **mention "Friends of the Tyngsborough Council On Aging"** and follow the restaurant's instructions to receive 15% of your meal's price donated back to Friends of Tyngsborough Council On Aging. That's it! Easy!...and great food at no added cost to you. **Must Sign up ahead of time** at the Center on the bulletin board or go the link below and sign in. <https://www.groupraise.com/events/28643> -FTCOA contact: Frank McCarthy: paxi@comcast.net

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**TYNGSBOROUGH CITIZENS**

....invite you to join our on-line community forum. We share information about town and school happenings and ideas for how to make our town even better. Formed in 2000, we are over 450 town residents who converse via this Yahoo group. We are not an anonymous listserve; residents share their name and address when posting. We strive to keep the conversations civil and constructive. Membership is open to all residents. Please visit [tyngsboroughcitizens-subscribe@yahoo.com](mailto:tyngsboroughcitizens-subscribe@yahoo.com) to join.

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FALL 2017

### Tyngsboro High School and Middle School SPORTS INFORMATION

- **PARENT INFORMATION NIGHT** Meeting will take place in the High School Gymnasium on Wednesday, August 16th at 7:00pm in the High School Gymnasium
- **FIRST DAY OF PRACTICE FOR ALL HS & MS ATHLETES**  
Football & Cheerleading: Friday - August 18<sup>th</sup>. All other High School Sport: Thursday - August 24<sup>th</sup>. Middle School Field Hockey & X-Country: Tuesday - September 5<sup>th</sup>
- **REQUIREMENTS** No student/athlete is eligible to participate unless they have an updated physical. MIAA rules state you must have a current physical (dated within 13 months) on file at the school in order to participate in interscholastic sports. Students are not allowed to try-out, practice, or play a sport without an updated physical on file.

**No student/athlete is eligible to participate unless they have an online registration form completed through the Parent Portal.**

Step 1: Log into the Parent Portal <https://powerschool.tyngsboroughps.org/guardian/home.html>

Step 2: Enter your login password. If you need any assistance you can call the Athletic Office at 978-649-4210

and speak with Sherry Corcoran. Step 3: Scroll down and click on Athletic Registration form Icon. \*Option to pay user-fee on line is also available

\*Due the first week of practice at the end of try-outs.

• **PLEASE FAX ALL PHYSICALS:** High School Nurse: Debbie Donohoe **Fax: 978-649-1877**

email: [Debbie.Donohoe@tyngsboroughps.org](mailto:Debbie.Donohoe@tyngsboroughps.org)

Middle School Nurses: Michelle Riley and Karen Morrill

Fax: 978-649-8673

[Michelle.riley@tyngsboroughps.org](mailto:Michelle.riley@tyngsboroughps.org) or

[Karen.morrill@tyngsboroughps.org](mailto:Karen.morrill@tyngsboroughps.org)

• **FALL SPORTS SCHEDULES** Fall sports schedules will be available at the end of June, please go to [www.mwlma.org](http://www.mwlma.org). Learn how to sign-up for text alerts. Find information on our web page <http://www.tyngsboroughps.org/pages/Tyngsborough/Departments/Athletics>

• **Sports Offered for Middle & High School** • Incoming 9, 10, 11 & 12 Graders \*Football, Cheerleading, Golf, Girls Soccer, Boys Soccer, Field Hockey, Boys & Girls Cross Country.

• Incoming 8th Graders JV Level, \*Football, Girls Soccer, Boys Soccer, Field Hockey, Boys & Girls Cross Country.

• Middle School Incoming 5th & 6th Graders, Cross Country, Field Hockey.

\*Inclusion Meeting for 8th and 9th grade football players took place on May 30th from 6-7:00pm in the HS Cafeteria. Head Coach: Jim Tansey – [James.Tansey@tyngsboroughps.org](mailto:James.Tansey@tyngsboroughps.org) Asst. Coach: Rob Beaudette – [Robert.beaudette@tyngsboroughps.org](mailto:Robert.beaudette@tyngsboroughps.org)

• **High School User-fees:** \$300.00 1st Sport, \$200.00 2nd Sport, \$100.00 3rd Sport

• **Middle School User-fees:** \$200.00 1st Sport, \$175.00 2nd Sport, \$150.00 3rd Sport Middle School rates apply to athletes playing at the high school level.

### NEWS FROM DUNSTABLE GRANGE #31 SAVE THE DATE

**Dunstable Grange Fair, Saturday, August 19th.** Town Common All residents of Massachusetts are entitled to enter.

If you would like to reserve a table to sell your crafts that day, please contact Linda 978-649-7184. \$10. per table. Remember the proceeds of this event go to the Dunstable Grange Scholarship given out at graduation.

Enter your crafts/photos/food/vegetables and kids are encouraged to enter their projects made during the school year.

Hope to see you there!

Go to [www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com) to see and print out the Premium List for the Grange Fair.



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## WATER SAFETY TIPS

### FROM TYNGSBOROUGH POLICE CHIEF, RICH HOWE

As warmer weather approaches I would like to remind residents of essential water safety tips while spending time on Lake Mascuppic, Massapoag Pond and the Merrimack River this summer.

Tyngsborough has many places and opportunities to enjoy the summer outdoors, we're asking the community to please remain safe while doing so. Be alert, be aware and watch over children at all times. We have had three drowning deaths in recent years, tragedy can strike in a moment, so please use the safety tips offered at all times.

The Merrimack River is a popular boating and kayaking destination during the summer months. Current boating activities on the river include canoeing, kayaking, rowing and power boating. The river provides both quickwater and flatwater experiences for canoeists and kayakers and is one of the largest surface water bodies in the region for power boating. Massapoag Pond, located off of Massapoag Road, is also heavily utilized for boating, fishing and swimming.

#### The American Canoe Association offers the following safety tips to kayakers, paddlers, and recreational boaters:

- Always wear a life jacket.
- Children under the age of 12 must wear a life jacket in a public body of water at all times.
- Be a competent swimmer with the ability to handle oneself underwater, moving water, surf or current.
- Keep the craft under control. Do not enter a rapid unless you are reasonably sure you can navigate it or swim the entire rapid in case you capsize.
- Keep a lookout for hazards and avoid them. Watch for fog, especially on coastal waters.
- Know your emotional and physical limitations.
- Group members need to constantly assess the behavior of others in their group.

Lake Mascuppic, located in Tyngsborough with a Massachusetts state boat ramp in Dracut, is fully recreational with heavy boat traffic in the summer months. The developed waterline is open for swimming and boating. Tyngsborough has issued the following regulations for the Town Beach on Lake Mascuppic:

- The Town Beach on Lake Mascuppic will be open from Memorial Day through Labor Day from 8:30 a.m. to 8:30 p.m. on both weekdays and weekends.
- All persons swimming or bathing at the Town Beach should do so at their own risk. No lifeguards are on duty.
- All children under the age of 17 must be supervised by an adult while on Town Beach.
- Swimming at the beach shall be confined to areas marked by roped buoys designated by the Parks and Recreation Commission.
- No boating vessels of any kind are permitted within 200 feet of the beach.
- Children must be monitored when playing on the beach's playground equipment.
- Smoking and drinking alcoholic beverages are prohibited.

### ST MARY MAGDALEN PARISH

95 Lakeview Ave., Tyngsboro, MA 978-649-7315

**Weekend Mass Schedule:** Saturday 4PM. Sunday 7:30AM, 10AM

Greetings from our Pastor, Fr. Richard Clancy

**COME JOIN US, ALL ARE WELCOME!**

Weekday Mass: Monday, Thursday & Friday at 9AM. **No Mass** on Tuesday and Wednesday

- **Reconciliation** every Saturday from 3 to 3:40PM or by appointment.
- **View our bulletin** on line at [www.stmarymagdalenparish.com](http://www.stmarymagdalenparish.com).

Join us on **Facebook!** Search "Saint Mary Magdalen Parish Tyngsboro" and like our page to see daily meditations and events.

- **FIRST FRIDAY ADORATIONS** are held on the first Fridays of the month at the Church and will consist of Holy Hour with closing Benediction from **9:30AM – 12pm**.

- **The St. Vincent De Paul Society** operates a monthly food pantry out of the rectory in addition to providing holiday meals to those in need. We can be reached at 978-844-2365.

- **Prayer Line** – Do you know of someone needing prayers? Call Helen (978) 649-7927 or Carol (978) 649-6717. (Submit only first name of one to be prayed for)

- **MEN OF ST. JOSEPH** - The Men of St. Joseph in the Greater Lowell area meet on the Second Saturday of every month. Each monthly meeting includes prayer, food, and faith-building fellowship. **All meetings will begin at 7:00am and end no later than 9:00am.** New-comers, father/son (Confirmation age) teams, and friends from other parishes are always welcome! To find out more, please come and check us out! Held at St. Rita's Church, Mammoth Rd, Lowell • **CRAFT & CRIBBAGE NIGHT** Every 2nd & 4th Tuesday of the month from **6-8:00pm** at the Parish Center

## TYNGSBOROUGH RAIN-BARREL PROGRAM

The Town of Tyngsborough, MA is partnering with the Great American Rain Barrel Company in Hyde Park, MA to offer rain barrels to residents as part of a conservation and sustainability program.

"We offering this program to help manage rising water costs, save vegetation from drought conditions and help our community protect its aquifers," says Danielle Mucciarone Conservation Director/Town Planner in Tyngsborough. "We want residents to use rain barrels because they are an effective way to collect and save water". Residents that use a rain barrel collect as much as 1500 gallons in a season. This will save existing or new landscaping when a dry spell hits and supplement outdoor water usage, which spikes during the growing season. Rain barrels are also important to reduce runoff. Runoff from homes and developments can harm existing water sources because they flood storm drains and discharge pollutants. Rain barrels are chlorine free and an excellent source of water for plants and gardens.

Barrels are easily connected to the downspouts and fill quickly. In this region, there is typically 16" of rain from May 1st – September 30th. For every inch of rainfall, a 1000 square foot surface can collect 620 gallons of water. An average roof of 2400 square feet could see more than 20,000 gallons of fresh rainwater splashing over its surface during that time period. That is a significant source of water that homeowners could be tapping into for free. Just keeping a small 10' x 10' garden irrigated during the summer months can mean using up to 1700 gallons of water. Based on the average roof size, more than two 60-gallon rain barrels would fill for every 1/5" of rainfall. The Great American Rain Barrel Company recommends one barrel for every 100 square feet garden. Multiple barrels are easily linked together for additional collection and storage.

Tyngsborough selected the Great American Rain Barrel Company because of their durability, functionality and tried and true reputation. The barrels are offered in three colors; Forest Green, Earth Brown or Nantucket Gray at the low cost of \$69 – and \$64 for unpainted. All 40% off the retail price of \$119. Customers are benefitting from an additional discount because the town is handling the distribution for The Great American Rain Barrel Co.

To take advantage of this offer please visit [www.greatamericanrainbarrel.com](http://www.greatamericanrainbarrel.com), search "Community Programs" and look for Your Town or contact via email [info@tgarb.com](mailto:info@tgarb.com), or phone (800)251-2352. *Prepaid barrels will be available for pick up:* Wednesday, June 21st 2017 4:00-6:00pm Highway Department 89 Kendall Road Tyngsborough, MA 01879, **Deadline for purchase is June 14th 5:00pm.**

**Buy local!**  
**Invest in your community!**

## YOU NEED A POWER OF ATTORNEY

*Edward H. Adamsky*

Just about everyone needs a good Durable Power of Attorney in place, as a disability planning tool. The word "Attorney" in the title refers to an "Agent" (someone who works for you) rather than a lawyer (who is a special agent who can represent you in court.) Your Agent can handle your legal and personal affairs for you if you cannot do so, as long as you have given them that authority. That's why you need to set one up now while you are able to do so, and not wait until it's too late.

Your well-drafted and personalized Power of Attorney document will provide many benefits to you and your family. It will allow you to choose the person who will do things for you rather than leaving it up to chance and the final decision of a Judge. If you don't have an Agent with the power to act for you, the Probate Court will have to appoint a guardian and you will have no choice in who that will be. With a Power of Attorney you choose your Agent and you can nominate that same person (or another) to act as your Guardian if that really became necessary. But, with a valid Power of Attorney you probably won't need a Guardian to be appointed, so you and your family will avoid that aggravation and expense.

The Power of Attorney will allow your family to take actions to protect assets or engage in proper planning if your become incapacitated, without the need for Court intervention. Your document can include directions and the power to engage in actions like setting up trusts or moving assets around among family members so your Agent can do whatever needs to be done to protect and preserve your family finances (within the bounds of the law).

Your Agent should be given the right powers to avoid the claims of family members or others that your Agent has engaged in improper transactions. Often, it is necessary to move money around and change the title of assets (either for tax planning or Medicaid purposes). This can look suspicious to outsiders and if the person doing it did not have the full authority to do so, it could be considered elder financial abuse. With the power to take these actions written into the document, your Agent is protected from these false accusations.

When drafting your Power of Attorney you are presented with a great opportunity to discuss your wishes and future plans with your family, and especially with your chosen Agent and any alternates. You can outline how you would like the future to be and can tell your family what to do in various situations. You can tell them if you want money preserved for them, or if you want it spent on your own needs. If everyone in your family knows how you feel and what you want, it should help to avoid future fights and arguments about the right thing to do.

If you do not have a Power of Attorney in place now, you should meet with your Elder and Disability Law Attorney to discuss this important planning tool.

## DUNSTABLE CONCERTS ON THE COMMON

Route 113, Main St., Dunstable, MA  
Across from Dunstable Town Hall

**WEDNESDAYS 6:30 - 8:30P.M. RAIN DATE THURSDAY**

**Food will be available**

<b>June 21</b>	<i>Delta Generators</i>	American Roots & Blues
<b>June 28</b>	<i>Monadnock Bluegrass</i>	Traditional Bluegrass
<b>July 5</b>	<i>The Hollis Town Band</i>	True Americana

**For more information:**

[www.facebook.com/DunstableSummerConcerts](http://www.facebook.com/DunstableSummerConcerts)

## The deadline is June 10<sup>th</sup> for the July/August issue of Neighbor to Neighbor.

Have events coming up in? Send an email to me at [anne@NeighborToNeighborNewsletter.com](mailto:anne@NeighborToNeighborNewsletter.com) or by mail to *Neighbor to Neighbor*, 64 Hardy St., Dunstable, MA 01827. News is placed on first come, first served basis, as space allows.

Need details about advertising your business? You may reach me at **978-419-1914** or email me at the above address.

*I look forward to hearing from you, Anne*

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## TYNGSBOROUGH HIGH SCHOOL ATHLETICS

- **Spring Sports Award Night** for all athletes that play a High School sport will take place on: **Tuesday, June 13th at 7:00pm** in the High School Gymnasium
- **TIGER PRIDE 3rd ANNUAL 5K TRAIL RUN/WALK** Tyngsborough High School will again be hosting the 3rd Annual 5k Trail Run/Walk to support the Tyngsboro Public Schools each year. There will also be a kid's fun run, ¼ mile for children 10 and under. The event will take place on **Saturday, June 10th (rain or shine)** on the Tyngsboro High School's Cross Country Trail. Registration begins at 8:00am at the Turf Field. Open Race starts at 9:00am. The cost for an individual is \$25.00 and free for children 10 and under participating in the Kids Fun Run. A free t-shirt is guaranteed for the first 150 participants. Awards for first, second and third place will be handed out for the adult race and each school level of children running. "Not a Runner?" You can also be a sponsor and have banner displayed at the day of the event and throughout the 2017-18 season. Deadline to order a Banner is Friday, June 9th. To register and pay on-line, please go to [www.tyngsborotigerpride.wordpress.com](http://www.tyngsborotigerpride.wordpress.com). For more information you can call the Athletic Office at Tyngsboro High School at 978-649-4210 or email [Sherry.corcoran@tyngsboroughps.org](mailto:Sherry.corcoran@tyngsboroughps.org).
- **2017 HALL OF FAME** The Tyngsborough High School Athletic Hall of Fame Committee is now accepting nominations for the 2017 Hall of Fame inductees. To be considered for nomination, former athletes must have graduated from Tyngsborough High School a minimum of ten years ago. Former coaches, administrators and outstanding contributors must have discontinued service for a minimum of five years. For more information and to obtain forms, please go to [www.tyngsboroughps.org](http://www.tyngsboroughps.org) and go to ATHLETICS. Please check us out on Facebook at "Tyngsborough High School Athletic Hall of Fame". You may also contact the Athletic Office at 978-649-4210 or email [Sherry.Corcoran@tyngsboroughps.org](mailto:Sherry.Corcoran@tyngsboroughps.org). **Applications Deadline is Friday June 9th.**

## MERRIMACK VALLEY HOUSING PARTNERSHIP

Project Genesis Home Buyer Training classes - Topics include an overview of the home buying process, the mortgage application process, legal aspects, home inspections, household budgeting and down payment assistance programs. The fee is \$100.00 includes all materials and 4 sessions. Learn about the home buying process. **A series (4 classes) June 12, 13, 14, 15 (four consecutive nights) from 6:30 p.m. to 9:00 p.m. The next session will be held on July 10, 11, 12, 13 (four consecutive nights) June 12, 13, 14 and 15.** Classes are held at Middlesex Community College, 67 Middle St., Classroom 405, Downtown Lowell. **Register online at [www.mvhp.org](http://www.mvhp.org) or call 978-459-8490.**

**Landlord Training Classes** are held from 5pm to 8:45pm on the following dates, June 21, July 19, August 23, as well as other future dates. Please check online for other available classes.

## WEST CHELMSFORD UNITED METHODIST CHURCH

**242 Main Street North Chelmsford, MA 01863**  
Phone : 1-978-251-4834 Website [www.wcumc.us](http://www.wcumc.us)

**Worship: 9:30AM and 11:00AM** Professional child care provided Sunday school for all ages: 9:30 AM Coffee Fellowship: 10:30 AM

**We will start our summer worship schedule on June 11.** Our service will be at 9:00 AM, followed by refreshments in an informal and relaxed setting on our lawn. We will have special music by different members of our congregation. **Please check on our website for upcoming events**

We hope to welcome you soon! We are on 242 Main Street in North Chelmsford, right on the Westford/Chelmsford line. From Route 3, take the Route 40 exit to Chelmsford, take a sharp right onto Main Street Chelmsford right after the variety store and follow Main Street until you see the church on the left.

# TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



Events listed will be **held at the Little Red Schoolhouse** which is located on Route 113, near the Tyngsborough Dunstable Town Line.

## MARK YOUR CALENDARS! SATURDAY, JUNE 24<sup>TH</sup> 45<sup>TH</sup> ANNUAL STRAWBERRY FESTIVAL 10AM to 4PM

The Tyngsboro-Dunstable Historical Society's 45th Annual Strawberry Festival will take place Saturday, June 24th, from 10am to 4pm at the Little Red Schoolhouse (half a mile west of Rte 3 on Rte 113) in Dunstable. Vendors selling art, crafts, culinary delights and handmade goods will be on the field. Live music (weather permitting) will be performed from 11am-2pm.

Strawberry shortcake made from local strawberries, handmade biscuits, and fresh cream will be served from 10am until the delicious supply runs out. Grilled hamburgers and hot dogs will also be for sale. **This event is rain or shine.** All proceeds to benefit TDHS. Interested vendors or general inquiries should contact Catherine Irzyk at 978-649-7690. Please join us!

The **Tyngsborough Dunstable Historical Society** is a non-profit membership organization. Please don't confuse us with your town's Historic Commission although our interests do overlap. Our membership is open to all who are interested in promoting the study of our local history... no election required!

Our group dates back to 1939 and was formally incorporated in 1967. Check out the website for membership information, upcoming meetings, events and much more at [www.tdhistoricalsociety.org](http://www.tdhistoricalsociety.org). Sincerely, *Dianna Dalida*, Membership Secretary.



## CLUB OF TYNGSBORO/DUNSTABLE

Rotary Motto: *Service Above Self* Theme: *Be A Gift to the World*

The Rotary Club of Tyngsboro/Dunstable has been serving the Tyngsboro and Dunstable area for 42 years.

### Fishing Day for Individuals with Disabilities

On June 4<sup>th</sup>, we will be having our annual Fishing Day for individuals with disabilities at the Tyngsboro Sportsmen's Club. Adults and children are welcome along with their parents or guardian and other family members. This event has been occurring for more than twenty years. For more information, please visit [www.tdrotary.org](http://www.tdrotary.org) or call Chris Dias at 603-505-2549.

Rotary International is a global network of community volunteers with a passion to help others. Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs. Rotary builds international understanding through scholarships, exchange programs, and humanitarian grants. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others. For further information please email us at [tdrotary@verizon.net](mailto:tdrotary@verizon.net) or visit our website at: [www.tdrotary.org](http://www.tdrotary.org).

*Thank you for your continued support.*

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32 Emerald Street	\$379,000	38 Cricket Lane #18	\$339,900
222 Westford Street	\$380,000		
181 Sherburne Ave	\$385,000	DUNSTABLE	
2 Audrey Ave	\$415,000	104 Thorndike Street	\$490,000



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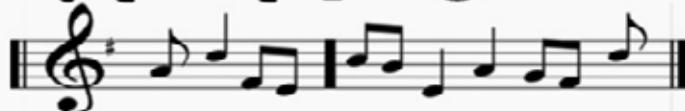


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### Thank You!

We would like to thank the community for your support at our grand opening and in the weeks since. New products are added frequently – check the store and Facebook often. We are thrilled to be providing fresh milk produced right here in Dunstable and sold in glass bottles. Come in and taste the difference.

### June Hours:

**Tully Farms Dairy Store**

10 am – 9 pm Daily

**Goss Farm**

Saturday & Sunday 1-9 pm

Monday – Friday 3 - 9 pm

Check us out on Facebook:

<https://www.facebook.com/GossFarmDunstable>

<https://www.facebook.com/TullyFarmsDairy>



## LOADING DOCK GALLERY

122 Western Avenue, Lowell, MA 01851

**Full Bloom : Artists from Loading Dock Gallery and Western Avenue Studios Artist Association**

*Show Through June 25, 2017*

Flowers...the welcome beacons of warmer seasons that make any and every place feel special. During the month of May, the Loading Dock burgeons with florals and other harbingers of spring, as Loading Dock Gallery artists team up with members of the Western Avenue Artist Association to present **Full Bloom**.

Why paint flowers? Maryellen Brown loves painting flowers to lift her spirits. Arlene Hammel believes that flowers serve to awaken special moments of the past. "I think flowers connect with many great memories for all of us – they bring me right back to being side by side with my mother planting her favorite zinnias or to a sea-side walk with a friend where the flower boxes were bursting with blooms."

Capturing the essence of a bloom is not easy. As artist Laura Dicus describes, "It takes an engineer's understanding of complex structure, a musician's sense of rhythm and a mother's patience to paint an unfurling rose bud... not to mention the artist's eye for color and the challenge of control of the medium." The artists in this exhibit present exquisite works in watercolor, oil, pastel, acrylic, alcohol ink and other mediums, in an impressive celebration of the colors and luscious vibrancy of the flower.

**Full Bloom** will be on display through June 25 at Loading Dock Gallery, Western Avenue Studios, Lowell, MA. Loading Dock Gallery, a part of Loading Dock Arts, Inc., a 501c3, is open Wednesday through Saturday, noon - 5:30pm, and Sunday, noon - 4pm. For more information, call 978-656-1687, or visit [www.theloadingdock-gallery.com](http://www.theloadingdock-gallery.com).

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## Neighbor to Neighbor

*Published by Anne M. Paquin*

*Since 1983*

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com)

**The next deadline is June 10<sup>th</sup>**

**for the July/August issue.**

**There is one more issue for the summer, the July/August issue. It covers events in July and August and is delivered around the 6<sup>th</sup> of July. The deadline is June 10<sup>th</sup>.**

If you belong to an organization that has an upcoming activity or project you would like publicized please send in your news by the 10<sup>th</sup>. Articles are placed on a first come, first served basis. News can be sent in a word file or in the body of an email. Call or email me if you have further questions about submitting news.

If you have a local business, or your organization would like to have a display ad not just a paragraph, email me and I will forward the rate sheet to you.

**Total circulation each month for Dunstable and Tyngsborough is 6,240 issues.**

**Issues are now available online at**  
**[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)**



## PEAK PERFORMANCE PACK

In January 2015, Melaleuca announced the results of a groundbreaking clinical study on the Peak Performance Pack. The effects of a nutritional supplementation pack were tested on healthy individuals over the course of 12 weeks. In healthy participants, free radical activity declined, inflammation was reduced, and a whole host of additional health benefits were observed – from lower cholesterol and blood pressure to increased energy utilization and healthier blood sugar. This is the first time in history that a nutritional supplement has produced this type of result. While the results were profound, Melaleuca made it clear that the Freiburg Study was just the first study and that more clinical studies would follow.

Exactly two years later, Melaleuca has completed a follow up study-this time at the Sterling Research Group in Cincinnati, Ohio- and the results clearly confirm the initial results of the Freiburg Study.

The Freiburg Study was an incredible accomplishment. For the first time, we were able to see the benefits of daily nutritional supplementation not in years or decades, but in as little as 60 minutes! The Sterling Study only strengthens the value and validity of the Freiburg Study. It gives us a more complete picture of how the entire healthy population responds to the Peak Performance Pack. Both studies demonstrated that the Peak Performance Pack moved participants closer to the ideal health state in numerous key health markers. More importantly, both studies also showed that healthy participants who were farthest from the ideal state saw the biggest improvements. The key takeaway is that the Peak Performance Pack can help make a tremendous impact on health-regardless of your race, nationality, or lifestyle. The Sterling Study makes it even easier and more compelling to share the benefits of the Peak Performance Pack.

Even with a change in population, the Sterling Study concluded that participants saw the same improvements to health as those who participated in the Freiburg Study. Whoever you are, wherever you live and whatever your current state of well-being, the Peak Performance Pack can have a direct impact on your health, your physical performance and even the length and quality of your life.

For more information, please go to [melaleuca.com](http://melaleuca.com) or contact us at [perras.wellness.com](http://perras.wellness.com)

## ROBERT D. PELLETIER AMERICAN LEGION POST #247, INC.



**90 Pawtucket Blvd. Tyngsborough, MA 01879**

Active duty military and veterans always welcome to join. For further information call **978-649-7540**. Remember to attend the committee meetings on the first Thursday with your input and ideas.

**The public is invited to get involved in all events of the post. The veterans monthly dinners will continue on the first Wednesday of the month . We are always looking for help to serve the veterans. Keno and Scratch Tickets are available at the Post. There is an ATM in the Post for your convenience.**

**OFFICERS:** Commander: Fred Carroll; 1<sup>st</sup> Vice: Joseph Agrusso; 2<sup>nd</sup> Vice: Donald Pierce; Adjutant: Charles Curran; Jude Advocate: Roland Millard; Chaplain: *vacant*; Finance: Mark Taylor. E-Board: Theadore Thing, Marty Bloomgren and David Coles.

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**Visit our website, [www.tyngsboroughlegion247.org](http://www.tyngsboroughlegion247.org)**

This website contains a wealth of information about the Post.

**Please remember to be safe & keep our troops in your prayers.**

**When you contact a business,  
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*Neighbor to Neighbor.*  
They would like to know. Thank you, Anne**

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## AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

**Meetings are held the first Thursday of each month at 7pm.**

### Auxiliary Unit Officers for 2016-2017

President: Diane Dileo; Sr. Vice: Kathleen Olje; Jr. Vice: Annette Coles; Treasurer: Frances Radgowski; Secretary: Josephine Beauregard; and SGT-At-Arms: Mary Dupras. Executive Committee: Mary Hanley and Maureen Harris

The Unit Election of Officers was scheduled to take place on Thursday evening May 4th, 2017 at 7:pm in the Post Function Room *We have no meeting in June.* The first meeting for the New Auxiliary Year will be **Thursday September 7th, 2017, 7:pm** in the Post Function Room. ***Wishing all Unit Members a great summer see you in September.***

**For information on the Auxiliary Unit meetings,** or functions contact Unit President Diane Dileo at 978-204-9329 or Unit Secretary Josephine Beauregard 978-459-7015.

*Yours In Auxiliary, Unit Secretary, Josephine Beauregard*

**THE UNIT IS STILL COLLECTING** can pull tabs drop off at Post and earmark for Auxiliary. ***We also would Welcome New Auxiliary Members*** 18 and older. Contact Unit President or Treasurer.

... **The Unit Jr. Auxiliary is accepting new Jr. members.**  
Contact 978-649-7540 if interested in joining.

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## AMVETS POST #247

**ROBERT D. PELLETIER**



90 Pawtucket Blvd. Tyngsborough, MA

We hold our meetings on the **1st Tuesday** of the month at **7 p.m.** all veterans are welcome with 180 days or more of active duty. Come down and join us for a meeting.  
*God Bless America.*

**OFFICERS:** Commander: William A. Beaton; 1st Vice: John McDermott; Adjutant: John Cogan; Finance: Ted Thing; Judge Advocate: Roland Milliard; Provost Marshal: Roland Russell; Chaplain: Rod Woods. E-Board: Steven Harris, John Dombrowski, Ron Russell.

**"ALWAYS READY TO SERVE OUR VETERANS"**

AMVETS National Website: <http://www.amvets.org/>

## DUNSTABLE THEATER COLLABORATIVE GENERAL ASSEMBLY MEETING AND MEET & GREET

On Friday, June 9th at 6:30pm in the Dunstable Town Hall Theater (Main Hall), we will be holding a general assembly meeting for all members of *Dunstable and surrounding communities* who are interested in or curious about Dunstable Theater Collaborative. We plan to discuss the group origin and mission, as well as lay out our plans for shows in the coming year. We want to take this opportunity to begin to make connections with community members who are passionate about theater and performance in one way or another, whether it is on stage or behind-the-scenes. This meeting is also for anyone who wants to be involved in bringing more arts and culture to our wonderful town, including future audience members. There will even be live performances by members of our founding board of directors to help shine a light on what is coming down the road with this newly incorporated non-profit community theater organization. We hope to see you there for a memorable evening. If you have any questions regarding our organization or this event, please email me, Jon Swift, at [dunstabletheatercollaborative@gmail.com](mailto:dunstabletheatercollaborative@gmail.com), or visit our website: [www.dunstabletheater.org](http://www.dunstabletheater.org)



## RSVP TODAY FOR AN OPEN HOUSE:

**Thursday, June 29<sup>th</sup> - 4:30-6:30 p.m.**  
**Tuesday, August 15<sup>th</sup> - 4:30-6:30 p.m.**

[www.ndatyngsboro.org/openhouse](http://www.ndatyngsboro.org/openhouse)  
or call 978-649-7611, Ext. 327



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- Access to technology including StarBoard interactive whiteboards and iPads

## New for Fall 2017:

- Introducing, Melissa Janes, Director of Early Childhood Development, M.Ed.
- Comprehensive curriculum for our youngest learners
- Mini Makerspace exploration center
- Bee-Bot® early coding and Osmo™ technology for creation, collaboration, and critical thinking
- Environmental responsibility through gardening, recycling and composting



Academy of Notre Dame | 180 Middlesex Road, Tyngsboro, MA | [www.ndatyngsboro.org](http://www.ndatyngsboro.org) | 978-649-7611

## SECOND ANNUAL CAR SHOW

*For Chelmsford Veterans' Memorial Park*

*will be held on Sunday, June 25, 2017 from 8am-1pm*

*at Chelmsford Lodge of Elks, 300 Littleton Road, Chelmsford.*

**Free admission**, awards, music, food, raffles, detailing product demo. In case of bad weather, please check the status of the show at [www.chelmsfordveteranspark.org](http://www.chelmsfordveteranspark.org).

## DUNSTABLE TYNGSBOUGH LIONS CLUB



*"We Serve" The Lions Club is a non-profit organization of men and women dedicated to helping the community through donations raised by volunteers.*

- **Officers** President: Gerry Roth, Secretary/Treasurer: Bob Reich, Membership Chairman: Ed Majewski, 1<sup>st</sup> Vice President: Mike Roth, Tail Twister/Lion Tamer: Mark Alexander
- Anyone who would like to join the Lions is asked to call Ed Majewski at 978-649-6204 or Mark Alexander at 978-649-9124. *Our Regular Meetings are held at Angelas on the first Tuesday of the month starting at 6:30 pm.*

- **Events** The Club hosted a breakfast for the Seniors at the Senior Center on May 18<sup>th</sup>. Approximately 40 Seniors were served.

### YOU CAN HELP BY DONATING THE FOLLOWING:

- **USED EYEGLASSES** are collected for refurbishment and distribution to less advantaged people around the world. *We thank all who have donated glasses.*
- **CAN TABS (in sealed bags)** are also collected for kidney dialysis time through the Shriners Hospital.

**Lion's collection boxes for eyeglasses and tabs** (in sealed bags) are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Tyngsborough Council on Aging Center, 169 Westford Rd., Tyngsborough and Dunstable Town Hall, Post Office and Library.

## NEW ENGLAND VOICES IN HARMONY

The Nashua based women's a cappella chorus, New England Voices in Harmony, invites ambitious female singers to attend *rehearsals every Tuesday evening beginning at 6:30 pm* at our rehearsal space: the Nashua Senior Center, second floor, 70 Temple St., Nashua. New England Voices in Harmony is a chapter of Harmony, Inc. an international non-profit, educational group which promotes singing in the barbershop style. Rita Ralston at [rralston10@aol.com](mailto:rralston10@aol.com) for more information. [www.newenglandvoicesinharmony.org](http://www.newenglandvoicesinharmony.org)

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**ST. MARY CHURCH:** 25 North Road, Chelmsford Daily Mass

Schedule: Monday – Friday 7:00 AM; Saturday 9:00 AM

Weekend Mass Schedule: Saturday 4:00PM; Sunday 7:00AM, 9:00AM, 11:00AM and 6:00PM Reconciliation: Saturdays 11:00 – 12:00 NOON, or by appointment

**ST. JOHN THE EVANGELIST CHURCH:** 115 Middlesex Street, North Chelmsford Daily Mass Schedule: Monday –Saturday... 9:00 AM Weekend Mass Schedule: Saturday... 4:00 PM; Sunday... 8:30 AM, 10:30 AM and 5:00 PM Reconciliation: Saturdays... 3:00 – 3:45 PM, or by appointment Lenten Season Offerings March 1 – April 12

**DAILY MASS SCHEDULE:** In addition to regular Mass schedule (listed above)... St. Mary will be offering Wednesday evening Mass at 6:00 PM



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• **SAL Detachment 247 now meets on the first Wednesday of each month at 7 p.m. at Post 247.**

• **SAL Officers:** Commander: Brian Laplante; Sr. Vice Commander: Steve Harris; Jr. Vice Commander and Chaplin:

Adjutant/Treasury: James Blake; E- Board: David Boyle

We are always welcoming new members. Drop in or call 978-649-7540. **Anyone interested** in becoming a member of the Sons of the American Legion is welcome to attend our monthly meeting. **Applications are available at the Post at any time.**

## TYNGSBORO CHURCH OF CHRIST

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Email: [thechristians@juno.com](mailto:thechristians@juno.com)

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### A FUTURE AND A HOPE

By Nathan Combs

In the context of Jeremiah 29, the nation of Judah was in its death throes. King Jehoiachin, his mother, Judah's important officials, and skilled craftsmen were taken captive by King Nebuchadnezzar of Babylon in 597 B.C. In Jeremiah 29, Jeremiah wrote a letter to these exiles, telling them that their stay in Babylon was not a temporary arrangement (vs. 10). Therefore, they needed to build houses, plant gardens, marry, and bear children. In vs. 11, God told the exiles that his ultimate plan for the people was not destruction but "a future and a hope." In this text, we see both the dangers that threatened to prevent the Jews from having hope and the blessings that would accompany the fulfillment of this hope.

The primary danger the exiles faced, was believing the deceptions of false prophets who painted rosy pictures that had no foundation in truth. In Jeremiah 29:21, we learn of two false prophets, Ahab and Zedekiah, who lied about the length of their exile (as well as sleeping with their neighbor's wives!) and met a gruesome end as a result (vss. 21-22). Such lies posed a danger because rather than building their lives on the bedrock of God's promises, they comforted themselves with empty hopes.

Jeremiah not only gave a sweeping declaration of doom, but also focused on the blessings that would come from God in this coming future. God promised to hear the prayers of his people (vs. 12). God promised to be found if sought by the exiles with their whole heart (vs. 13). God also vowed in this passage that the Jewish captives would eventually be brought back from their exile (a promise which he kept) and strongly hints of a future time when he would unite his people under the banner of the Messiah, Jesus.

Do we harbor false hopes? The expectation that my Christian life will be carefree, without pain or friction in my relationships is false (2 Timothy 3:12). The expectation that my Christian community revolves around me and my needs is false (Matthew 20:25-28). The expectation that I'll be able to compartmentalize my relationship with Jesus so that it is contained and doesn't demand too much of my life is false (Luke 9:23-24). The danger of false messages of hope lies not only in trusting words that are not from God, but also in neglecting the real promises that God actually did make and ignoring the requirements he sets to participate in their fullness.

Godly hope is never unrealistic or untrue. Godly hope is not based on our desires, wishes, or whims, but firmly anchored in the reality of promises that God makes. Rather than tempt us with sugar-coated lies which conceal our true spiritual condition, God exposes the horror of our own sin to us in order to bring us back from spiritual exile. Surely the reality of hope is infinitely more satisfying than the delusion of sin!

*Pam McCarthy* CPA/MST

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## STE JEANNE D'ARC SCHOOL

... in Lowell is accepting applications for the 2017-2018 school year. Inquire or apply online at [www.sjdarc.org](http://www.sjdarc.org). You may also contact our Admissions Office at 978.453.4114 to request an admissions package or schedule a tour. Ste Jeanne d'Arc School is a Pre K (K1) – 8 Catholic, independent school offering classes in Religion, Math, Language Arts, Science, Social Studies, K1-8 French, Art, Music, Computers, Physical Education as well as accelerated classes. The school and classrooms are outfitted with state of the art technology, iPads are provided to students in grades 4-8, 20+ athletic programs, extra-curricular activities including LEGO Robotics Club and Destination Imagination. Extended Day Care Program is available.

Consistently recognized as a school of excellence, this year Ste Jeanne d'Arc School students rank #1 in the Archdiocese of Boston for high achievement on the NWEA standardized test. We are also a 2010 National Blue Ribbon School by the U.S. Department of Education for our students' superior academic performance, a Bright Spots School and National Beta Club School of Distinction. Our school is also fully accredited by the New England Association of Schools and Colleges.

We welcome the opportunity to share the many advantages of a Ste Jeanne d'Arc School education. Come visit and let us show you all we have to offer.

*"We ignite a passion for learning and compassionate living"*

## RED CROSS SEEKS VOLUNTEERS/RETIRED EDUCATORS TO TEACH PREPAREDNESS SKILLS TO LOCAL CHILDREN

Former educators and new volunteers are needed to assist the Red Cross in teaching area children the important skills they need to successfully adapt to and prepare for emergencies. **The Pillowcase Project**, a national program offered in schools, after-school programs, summer camps and other youth programs and events teaches 3rd - 5th graders and their families how to prepare for disasters.

"While the Red Cross is always recruiting new volunteers to respond to area home fires and other disasters, we are especially interested in finding new volunteers and former educators to teach important safety and coping skills to our youngest community members," said Jeff Hall, spokesperson with the American Red Cross of Massachusetts. "Former teachers have the skills we are looking for to help spread the message of the Pillowcase Project. These educators know our target audience best and we'd love to have their expertise spreading these important safety lessons."

**To volunteer**, visit <http://www.redcross.org/volunteer/become-a-volunteer#step1> Enter your zip code and select 'Community Disaster Education/ Preparedness', from there interested community members will be lead through the volunteer application. They can also call 1-800-564-1234 to volunteer.

The Pillowcase Project curriculum is structured by three core principles: Learn, Practice and Share. Students will learn about hazards, how to prepare for emergencies, enhance coping skills, practice what they have learned and share their knowledge with friends and family. The program emphasizes the importance of practicing protective actions, developing an emergency communications plan, and practicing a home fire drill.

The program also teaches students how to create their own emergency supplies kit by packing essential items in a pillowcase for easy transport during an emergency. Students will have the opportunity to decorate and personalize their pillowcases during the presentation, and are encouraged to take them home to create a kit.

Created in New Orleans, The Pillowcase Project was inspired by the story of local university students carrying their belongings in pillowcases during Hurricane Katrina evacuations. Through the program, the Red Cross aims to empower children to prepare themselves, their households, and their communities for emergencies.

Since July 2015, the American Red Cross of Massachusetts has taught the Pillowcase Project curriculum to more than 7,000 students in the Commonwealth.

**HELP WANTED** Denommee Plumbing, Heating and Cooling Inc. has an immediate full time opening for experienced HVAC techs. **SIGN ON BONUS**. Minimum of 5 plus years of independent field experience required. Please call **978-649-8886**.

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## LOWELL GENERAL HOSPITAL'S TEAMWALK FOR CANCERCARE

### RAISES RECORD-BREAKING \$920,000

Thank you to all the walkers, volunteers and supporters who came out to the Tsongas Center at UMass Lowell for the 18th annual TeamWalk for CancerCare on Sunday, May 21. The event raised a record breaking \$920,000 with more donations still coming in. These funds will be used to provide services and support for local cancer patients and their families – support such as medications, nutritional supplements, wigs and prosthesis, support groups, transportation, and much more. For someone facing a cancer diagnosis, financial worries can bring additional stress during a time when anxiety levels are at their highest. For thousands of patients throughout the Merrimack Valley, TeamWalk for CancerCare is there to help. A great big THANK YOU goes out to all our corporate sponsors, everyone who walked, donated and volunteered – you truly help TeamWalk make a difference!



## ALTRUSA CLUB OF MERRIMACK VALLEY

ALTRUSA is a non-profit community service organization dedicated to improving the lives of those in need in our community. To learn more about Altrusa visit at [www.altrusa.org](http://www.altrusa.org) or email [altrusamv@gmail.com](mailto:altrusamv@gmail.com). The new millennium continues to bring new ideas and opportunities for Altrusa.

## EVANGELICAL CONGREGATIONAL CHURCH OF TYNGSBOROUGH

Route 113, 23 Kendall Rd., Tyngsborough, MA

Pastor Denis Frediani 1-603-579-0904

[www.tyngsborocongregational.org](http://www.tyngsborocongregational.org)

If you have questions or need information, please call our  
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Our Mission: Glorify God by encouraging all people to follow Jesus  
together in faith, love and service

### SUNDAY MORNING SCHEDULE

Worship Service at 10:00am • A nursery is provided.

Followed by Fellowship and Refreshments

- Children attend the Worship Service with parents and are dismissed after Opening to age related Sunday School classes. (K-12) **11:15 a.m.** - Fellowship and Refreshments

- The last day for Sunday School will be **June 11th**. Following the **Children's Day Program** during the Morning Service

- **Our end of Sunday School year/ALL CHURCH PICNIC** will be again held at the **Tyngsboro Sportsmans Club, 75 Westford Rd. on June 11th from 12-4**. Please mark your calendars and join us for a fun afternoon of food, music, and fellowship. Hotdogs and hamburgers provided by the church, *please bring your drinks & a dish to share. A freewill offering will be taken to help offset the rental costs. Invite your family and friends!*

- **THE 150th Anniversary Committee** of the church is meeting regularly now to plan events for the historic celebration in 2018. If anyone has photos or information of the church through the years please notify Joy at 978-649-6142 or Jill at 978- 649-3301.

- **CRAFT FAIR NEWS** We are looking for a few more craft people to join us this year for our Annual Fair, which will be held on Dec. 2nd this year from 9-3.

Our theme is focused on our 150th Anniversary and our own members and friends will be making crafts and gift items to celebrate such. Interested crafters can contact Jim @ 203-535-5982 for details and reservations.

- **THE THRIFT SHOP** Located next to the Church, it is open to the public on **Thursdays and Saturdays from 10:00 a.m.- 3:00 p.m.** We offer an assortment of clothing and shoes, handbags, baby items, books, small appliances, dishes, glassware, decorative items, and craft items, ETC. We welcome your patronage and donations. **Please do not drop off large furniture, TV's, Computers or Bikes.** Thanks so much for understanding, we haven't means by which to dispose of them without incurring costs.



## JAMES JACOPPI

### MEMORIAL SCHOLARSHIP FOUNDATION

Dear Friends and Neighbors,

Thank you for your donation to the James Jacoppi Memorial Scholarship Fund. With your donation we were able to give away over \$100,000.00 during the last fourteen years. The scholarships were awarded to graduating seniors who are furthering their education and who have applied for this scholarship.

With your donation, graduating seniors with their ambition to further their education, will realize their dream.

Congratulations to the Raffle Winners for the April 30<sup>th</sup>, 2017 drawing: Thure Bloomgren, Maureen Looney, Esther Wilkander, Joanne Jean and Dan Looney.

### DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827

Dunstablechurch.org 978-649-6251

Pastor Bobby Ross pastorbobby@dunstablechurch.org

**DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."**

**SUNDAY WORSHIP:** Worship Service is held at 10:00 am each Sunday. Child care is available during the service for infants through kindergarten age. Our worship services feature a wide variety of music, scripture readings, corporate prayer and spoken messages and with Communion (the Lord's Supper) served on the first Sunday of every month. An informal time of fellowship with coffee, tea and refreshments takes place after worship to which all are welcome.

**PASTOR BOBBY ROSS** has established office hours if you would like to make an appointment to visit with him. Call the office at 978-649-6251 or email administrator@dunstablechurch.org, or pastorbobby@dunstablechurch.org to schedule a time that is convenient for you.

#### DECC YOUTH GROUP

Our season is winding down for Youth Group but there is still some fun stuff happening. There was no meeting on Memorial Day Weekend (5/28). On June 4<sup>th</sup>, we will host our Lemonade Stand fundraiser for our sponsored child, Samantha, and will have our final regular meeting. June 11<sup>th</sup>, we will participate in the morning service along with the Sunday School classes as we celebrate Children's/Youth Sunday. Later that day we will wrap up the year with a cookout and campfire at Sunshine Overlook Orchard. Be sure to invite your friends to all events. Anyone in grades 6-12 is welcome. Looking ahead... YG plans to attend summer camp at Monadnock Aug 6-12. Questions? Call Jon Hughes (978-649-8554).

**CHOIR REHEARSALS** The final regular rehearsals for the sanctuary choir were on Tuesdays, May 23 & May 30. The choir will participate in the morning service on the first Sunday of June for the final time until the fall. Special music, including ladies' and men's ensembles, will continue through the summer.

We continue our search for a new Accompanist for the church. Qualified candidates are welcome call the church for more information at 978-649-6251 or send any questions or resume to administrator@dunstablechurch.org. Please pass the word along if you know someone who might be interested in the position.

**MOPS (Mothers of Preschoolers)** at Dunstable Church. The last meeting for the summer was June 2. **Meetings will resume in September.** Stay tuned. MOPS meet 9-11 am on Fridays, twice a month. Please contact Shelly Ross at shellyannross@gmail.com with any questions.

**Many enjoyed the Mothers Day Tea on May 13<sup>th</sup>.** Sheryl Faye presented "Women in Flight, Amelia Earhart." This Free Program was sponsored by the Sunshine Girls and funded by a Dunstable Cultural Council Grant.

**DANCE CAMP** – Watch for news coming soon. For more information about any of these events, contact the church office 978-649-6251 or email info@dunstablechurch.org.

## BUDGET BUDDIES

Budget Buddies helps low-income women become more economically self-sufficient and transform their lives by teaching them core money-management skills and pairing them with personal financial coaches. We partner with local social service agencies and community volunteers to provide individualized training in basic money management. **Please come along to a no obligation Volunteer Information Night in Chelmsford MA. Please call (978)-703-0820 for details – our website is [www.budgetbuddies.org](http://www.budgetbuddies.org)**

### THE WISH PROJECT

**Drop off donations: Tue/Wed/Fri and Sat 9am-2pm**

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#### **Thank you from the 800 Moms you helped this Mother's Day!**

Thank you to all the donors and supporters that have made it possible for us to give out nearly 800 Mother's Day bags to women in shelters in Merrimack Valley this Mother's Day. Our goal was 500 bags to be distributed through our partner agencies and your generosity has helped us exceed that number! They were thrilled to receive them.

#### **• Thanks for making our 6th Golf Classic such a success!**

Thank you to our Board Members, sponsors, golfers, staff, volunteers and everyone that helped contribute to making our 6th Annual Golf Classic such a success! Autoliv, Johnson O'Connor, DiCicco, Gulman & Company LLP, Touchstone Closing & Escrow, LLC, Manion Gaynor @ Manning LLP, Washington Savings Bank, Francis E. Provencher Insurance Agency, Enterprise Bank, Eastern Bank, Lowell Five Bank, Jeanne D'Arc Credit Union, D'Youville Life & Wellness Community, Luz Granite, Northeast Planning Associates Inc., ShaDo Real Estate Development, Andover Country Club and Dacey Zouzas. The rain held off and a great time was had by all! Looking forward to the 7th Annual next year!

- **SUMMER CAMP BAGS** We are starting to collect items for Camp bags. These go out to children that receive scholarships to summer camp but do not have the resources to buy the items they are required to bring. We are currently in need of duffel bags, sun-screen, bug spray, flip flops and beach towels.

If you would like to participate in this project email Jill at [Jill@thewishproject.org](mailto:Jill@thewishproject.org) and tell her how you can help.

- **About Us** The Mission of The Wish Project is to help families in need in Merrimack Valley. Find out more on our website [www.thewishproject.org](http://www.thewishproject.org) or call us at 978-441-9474.

**Hours to drop off donations:** Tue/Wed/Fri and Sat 9am-2pm

No appointment needed but call first if it is snowing or near a holiday. Foundry Industrial Park Lowell, MA 01852 Off of Plain Street in Lowell. The Wish Project, 1 A Foundry Street, Lowell, MA 01852

All clients are referred through social service agencies, and are financially qualified. A 501C3 tax deductible charity For more information visit <http://www.irs.gov> 1 A Foundry St. 495 to Lowell Connector to Exit 4 Plain St., Lowell, MA 01852 Turn Right on Plain St., go 0.3 miles, Turn Right on Foundry. **978-441-9474** Website [www.TheWishProject.org](http://www.TheWishProject.org)



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### Guided Hike with a Botanist at Mine's Falls Multi-sensory Hike for all Ages

**June 10, 9:30-11 am**, Beaver Brook Nature Center, 117 Ridge Road Hollis NH

Join educator Brooke Arthur on multi-sensory exploration of the woods. Activities for heightened focus in each of our senses will aide in creating experiential poetry. No writing experience necessary, families welcome.

\$5/family. Free to BBA Members. Register online at [www.beaverbrook.org](http://www.beaverbrook.org)

### Guided Wildflower Walk

**Sunday June 25, 10-noon**, Beaver Brook Nature Center, 117 Ridge Road Hollis NH

The traditional Wildflower walks lead you through the trails of Beaver Brook in search of each week's blooming wildflowers. Join the knowledgeable BBA instructor Rivka Schwartz on these walks.

\$5 per person/ Free to BBA Members. Register at <https://www.beaverbrook.org> Wildflower Bloom Book of Beaver Brook by Joan Bonnette available for sale \$10.

## NOW FORMING "NEW HORIZONS" DRACUT COMMUNITY BAND

We are recruiting members to play in a Dracut Community Band. It is open to all musicians 18 years or older who are residents of Dracut and from surrounding communities. No audition is required but Band members should have some playing and music reading experience. It will be lots of fun! **We will be rehearsing on Thursday nights at Christ Church United in Dracut Center from 6PM-8PM**

Please call Maureen Johnson 978-454-0055 for more information or if you'd like to join. We will be having an organizational meeting soon--We will notify players of date and time for meeting and start of rehearsal. Any donations of used instruments would be greatly appreciated especially a concert bass drum and stand.

## BE AWARE...

### MOTORCYCLES ARE EVERYWHERE

With warmer weather approaching and the price of gasoline many people are now driving motorcycles. While driving an automobile we need to become more aware of our counterparts on two wheels. Automobile drivers, not motorcyclists, are responsible for more than two-thirds of car-motorcycle crashes. Many times, drivers don't see the motorcyclist until it's too late to avoid a crash.

**Advice to Automobile Drivers** - Motorcyclists are more difficult to spot than automobiles because of their smaller profiles, and drivers are conditioned to look for other cars, not motorcyclists.

\* Traffic, weather and road conditions require motorcyclists to react differently than drivers, so it's often difficult to judge and predict when riders may take evasive actions. This means that drivers must always be aware of their surroundings – So check twice and save a life.

\* You are more likely to be involved in a crash with a motorcycle when you're making a left turn in front of a motorcyclist; the rider is stopped in your blind spot; there are hazardous road conditions such as potholes, wet leaves, railroad tracks, etc. that may cause a motorcyclist to take an action you don't expect; and you have a line-of-sight restriction, such as delivery vans, sport utility vehicles, or large trucks, etc. that may block motorcycles from your view.

\* Remember that motorcyclists have the same privileges of other drivers. Be sure to give riders a full lane of travel and always keep a close watch for riders – especially at intersections and on highways.

\* Anticipate a motorcyclist's maneuvers. A piece of road debris that poses no threat to a car may be deadly for a motorcyclist. Predict evasive moves a motorcyclist might take by always being aware of your surroundings. Also, don't follow motorcycles too closely. Allow enough room for the motorcyclist to take evasive actions

**Advice to Motorcycle Riders** – Don't assume you are visible to a driver. As a motorcyclist, it is your responsibility to make your presence known to drivers. Select and wear an appropriate helmet with retro-reflective materials. A DOT-approved motorcycle helmet is your most valuable piece of protective gear and should be visible to drivers. Wear bright, contrasting protective clothing. If you wear dark clothing, wear a fluorescent vest.

\* Use headlights while riding on the highway, and use high beams rather than low beams. Also consider a modulating headlight.

\* Proper lane position is important. It helps drivers see you and protects your riding space. Remember, if you can see a driver in the side-view mirror, the driver can see you. Don't "hide" in a driver's blind spot, and always signal before making a move. Never weave between lanes.

\* Remember, there is no one safe place to ride. Use lane positioning to be seen and to provide extra space for emergency braking situations or avoidance maneuvers. Never share a lane with a car. Drivers may not expect you alongside their cars and may not be aware of your presence.

For further information about Stop-N-Go Driving Academy and our driver education programs and services call our office at 978-649-4966 or visit our website at [www.sngda.com](http://www.sngda.com).

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## DATES TO REMEMBER

**Wednesday, June 14<sup>th</sup> Flag Day**

**Sunday, June 18<sup>th</sup> Father's Day**

**Wednesday, June 21<sup>st</sup> Summer Begins**

**Tuesday, July 4<sup>th</sup> Independence Day**



## ANCHOR BIBLE CHURCH

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 prayer meeting – Wed. 7pm. Home Bible study – 7pm, 1<sup>st</sup> and 3<sup>rd</sup>  
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## PET HEALTH DUNSTABLE ANIMAL CLINIC

**Cannabis for Pets**  
 by Tara M. Sacramone, DVM



The times they are a changing, and in order to keep up with them I attended a conference last week about cannabis, for pets not humans. Anyway, it was a very educational meeting and I thought I would pass on some knowledge to all the pet owners out there. The subject of marijuana is very polarizing, and regardless of your view on the subject it is coming, so we should all be prepared.

Marijuana is a leafy plant containing many active compounds including THC and CBD. Each strain has different concentrations of these cannabinoids. THC (tetrahydrocannabinol) is the most widely known component of marijuana and the one that causes the psychoactive effects, and has been said to be useful for analgesia, anti-nausea, appetite stimulation and antiepileptic in humans. CBD (cannabidiol) is a different component that does NOT have psychoactive effects, but may be useful for analgesia, antiepileptic, anti-nausea, anti-vomiting, anti-inflammatory, and anti-psychotic. In order for the components of marijuana to become active they need to be heated up or vaporized.

Marijuana is classified as a schedule 1 drug by the DEA, meaning that it has no recognized medical benefit and that it is illegal to prescribe. Because of this classification it is very hard to get reliable studies done on its use and safety. Every state has its own laws regarding marijuana, from how to allow certain people to get it (medicinally) to what it can actually be used for.

There have never been any clinical studies done for the use of cannabis for animals. The veterinary community can see potential benefits of the CBD component used orally. Currently there are companies selling products containing CBD to pet owners over the internet. This is still actually illegal, but it happens. Most of the stories you hear about successful use of CBD in pets are totally anecdotal, therefore approach them with a healthy dose of cynicism. None of the products available are regulated by the FDA, so anyone can put anything on the label. Interestingly the FDA does randomly test some of these products every year and if you google FDA/CBD you can find out which products actually contain the CBD they claim on the label. Another potential problem with these products is that they can be contaminated with pesticides, mold, heavy metals and bacteria.

In pets we also have to worry about accidental exposure, especially as edibles become more readily available. Edibles are more toxic than eating the plant itself because they have been heated up and mixed with fat which speeds up absorption. Apparently marijuana never causes death in humans, even with large exposures, but the same cannot be said for animals. Animals do not enjoy the psychoactive effects and an overdose can cause urinary incontinence, respiratory failure, drooling, tremors, and coma. Severely affected dogs have to be placed on a ventilator and need prolonged stays in ICU. So just be sure to keep your edibles away from your kids AND your pets.


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These programs are free and open to the public. All on campus programs run from 10 a.m. to Noon at University Suites, Room 106, 327 Aiken Street, Lowell. Metered parking around building. For more information on locations and times please check our website - <http://uml.edu/Community/LIRA>

June 7 Fire Is Everyone's Fight Mass. Dept. of Fire Services  
 June 14 Autism Spectrum Disorder Professor Ashleigh Hillier  
 (Department of Psychology, UMass Lowell)  
 June 21 Middlesex Canal Museum No. Billerica MA

June 28 Hearing Loss and the Ecology of Hearing  
 July 12 Factory Bees Chris Wilkinson, UMass Lowell  
 July 19 USS Albacore Submarine and Park, Portsmouth, NH  
 July 26 Tower Hill Botanical Garden, Boylston, MA




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Fri	9:00 A.M. - 5:00 P.M.
Sat	8:30 A.M. - 11:30 A.M.

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