



# Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

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[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)

*Celebrating 33 Years of Service!*

**Issue # 361 • June 2017**

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## TOWN CLERK NEWS

I do not have the Annual Town Meeting certified as of this writing, but can tell you we had 160 voters attend. One article that passed was to move the Annual Town Election from the second Monday of May to the second Tuesday of May. This was primarily done because of the absentee ballot deadline fell on Friday. Often, I had voters call me because their work plans required them to be out of town suddenly, some had surgery dates moved and various other last minute emergencies. They were unable to vote as the deadline was Friday. With a Tuesday election, the deadline is noon on Monday, a timeframe much closer to the election. This will be effective next year pending approval from the Attorney General. There were many bylaw amendments, you can watch this column for more information as well as Election results from the Annual Town Election.

**The Annual Street Listing** (aka the town census) has been mailed to every household. In case you are new to Massachusetts, this is a legal document required by the Commonwealth of Massachusetts and you must return it to remain on the active voter list. Failure to return the annual street listing will designate to you inactive voter status and may result in your name being removed from the voter list. Please call me if you did not receive one.

**We still have A LOT of dogs not licensed.** Please keep your dogs safe and license and tag. We are also seeing an increase in calls from residents regarding dogs roaming on their property.

Last month, Massachusetts Election Director of the Secretary of State's office was interviewed by the Federal U. S. Elections Assistance. I thought I would share her comments regarding the Annual Street Listing: **EAC: Describe how you conduct voter list maintenance. How do your state and county officials work together?**

Michelle Tassinari: The primary process used in Massachusetts is quite different than those used in other states and begins with the annual street listing, which some call the annual census. Each year, local election officials in the cities and towns in Massachusetts send a street listing form to each residential household on which the residents verify and/or update information including residents at the address, date of birth and voter status. If a voter fails to respond to the street listing or is stricken from a street listing form, the voter is sent a confirmation notice and placed on the inactive voter list. If a voter does not respond to their confirmation notice and does not take any steps to activate their voter status, such as signing a nomination paper, re-registering to vote or voting, for two federal elections, that voter will be removed from the list.

While the street listing process is done locally, the Secretary's office provides legal and technical support to the local election officials. This includes providing additional potential duplicate records from our internal auditing process and death records from our Department of Public Health. Carol A. Skerrett, Town Clerk CMMC 978-649-4514 x222 [CSkerrett@dunstable-ma.gov](mailto:CSkerrett@dunstable-ma.gov) **HOURS:** Clerk's Office is open **Monday** evening from **3:00pm-7:30pm**; **Tuesday** and **Thursday** **9:00am-2:00pm**. **Wednesday** **9:00am-2:30pm**. Hours may vary due to holidays, workshops and elections. There are times the office is closed during these posted hours and extended hours for voter registration and absentee voting, please feel free to call ahead. Marriage licenses are by appointment only.

## IN MEMORY OF

Robert O. Dahlberg  
Carol Eisenklam-Prestidge  
Chau Pham  
Leonard J. Jeffery



## FLAG REPLACEMENT PROJECT

Over the course of the past few months many individuals and families have made a donation to the town's flag replacement project. Many of these donations were made in memory of friends and loved ones who have passed before us.

**Listed below are the names of individuals  
the new flags are flying in memory of:**

Nelson Horton, Donald M. Ferchak, Sr. Francis H. White Jr., Francis H. White III, Richard E. Martin, David Brown, James & Irene Cochran, Debbie Hoare, George & June Tully, Charles & Bertha Tully, George Gillette, Sgt. Robert Barrett, Ruth McManus, Glenn Quimby, Gerald & Rena Simmons, Paul Zannoni, Guy R. Smith.

## DUNSTABLE

### CONCERTS ON THE COMMON

We are very excited about this year's line-up. We think we have something for everyone. As in the past we rely on donations to make this event happen. If you would like to contribute please make a check out to the Dunstable Summer Concerts and mail to 348 Hollis St., Dunstable, MA 01827 or contact any committee member Sue Tully, Paul Debreceni, John Callahan, Laura Rothman, Lori Pestana, Jen West, Catherine Reynolds, Peggy Lynch. See you on the common.

### 2017 CONCERTS ON THE COMMON SCHEDULE

**Wednesdays 6:30 - 8:30p.m. Rain date Thursday**

**Food will be available**

- |                 |   |                                 |
|-----------------|---|---------------------------------|
| <b>June 21</b>  | <i>Delta Generators</i>                             | American Roots & Blues          |
| <b>June 28</b>  | <i>Monadnock Bluegrass</i>                          | Traditional Bluegrass           |
| <b>July 5</b>   | <i>The Hollis Town Band</i>                         | True Americana                  |
| <b>July 12</b>  | <i>Back -2- Back</i>                                | Classic Rock                    |
|                 | <b>Annual Vehicle Night</b>                         |                                 |
| <b>July 19</b>  | <i>The Transistors</i>                              | Sounds of the 60's              |
| <b>July 26</b>  | <i>The Never Easy Band</i>                          | A Mix of Country & Classic Rock |
|                 | <b>Skywatch, New Hampshire Astronomical Society</b> |                                 |
| <b>August 2</b> | <i>Crossroads Band</i>                              | Country                         |
|                 | <b>Community Safety Night</b>                       |                                 |
| <b>August 9</b> | <i>The Rampage Trio</i>                             | Blues, Rock & Boogie            |
|                 | <b>Community Information Night</b>                  |                                 |

**For more information:**

[www.facebook.com/DunstableSummerConcerts](http://www.facebook.com/DunstableSummerConcerts)

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## MESSAGE FROM THE DUNSTABLE TOWN ADMINISTRATOR

*Submitted by: Tracey Hutton*

We have seen a lot of positive energy during this year's Town Meeting and Town Election cycle. Congratulations to those of you who were elected to the positions you hoped to fill! To those of you who did not win your seats, please do not let that energy dissipate; there are many board positions that can be filled by appointment. Please call or email me to find out more. Additionally, if anyone is interested in pursuing a community project, as the Playground Committee did, please ask me how to start a committee. I am at your disposal for assistance in any endeavor that interests you.

***There are many projects that the Town is currently working on; the following is an update of just some of those projects:***

\* **The Public Safety Building Feasibility Study** continues as we try to pin down a final location for the proposed building. The committee has been on hiatus but will resume meeting again soon. Meetings are posted on the Town Website Calendar and all are welcome to attend.

\* **The Master Plan Committee** is working towards completion of the plan. They have had three public sessions. All of their results and working documents are available on the Town website. They meet the third Tuesday of the month at 7:00 PM at the Town Hall, and public input is always welcome.

\* **Main Street (Route 113) Transportation Improvement Project** design exception report has been transmitted to MassDOT for approval. This would allow for the design of a roadway with 11 foot travel lanes, 3 foot shoulder and a 5 foot sidewalk on the cemetery side of the road. This project extends from a bit past the end of the McGovern wall project to the intersection of High Street.

\* **The Advisory Board** will start working on budget projections this summer, and hopes to continue collaborating closely with the Board of Selectmen and the Groton-Dunstable School Committee. Advisory Board meetings are moving to the first Thursday of the month at 7pm. The public is always welcome.

Keep an eye on the Town Meeting Calendar for the **Dunstable Forum**. This is an opportunity to meet with various municipal officials to ask your questions about what is going on in our community and town government. *They are held in the Dunstable Free Public Library Community Room.* Beginning in July, we hope to offer these forums one weekday evening and one Saturday afternoon each month.

## GRACE LUTHERAN CHURCH

130 Spit Brook Road, Nashua, NH 03062

Pastor: Mick Meyer Ministry Coordinator: Sharlene Peterson

Youth Director: Alison Efstathiou 603-888-7579 [www.glcmsnh.org](http://www.glcmsnh.org)

## CONGRATULATIONS!

### MORGAN BABCOCK SCHOLARSHIP WINNERS

\$16,000.00 Recipient: Benjamin McEvoy \$2,000.00 Recipients: Timothy Crandall, Abigail Verevaeke, Sylvia Thomas, Andrea Whitney, Hannah Young, Catherine de Groot, Nathaniel Martinez, Julia Drury. The Helene Morgan Babcock and Alfred Babcock Memorial Scholarship Trust, has been awarding scholarships to graduating seniors who reside in Dunstable since 2005.

The benefactor of this scholarship, Helene Morgan Babcock, was one of seventeen children raised in Dunstable. The family home was destroyed by fire in 1923, four years before Helene was born. Residents of Dunstable welcomed the family into their homes while the Morgan home was rebuilt. This gesture of community kindness was never forgotten by Helene's mother; she reminded her children "to please remember the kindness of the people of Dunstable." Remembering her mother's words, Helene, upon her death bestowed her entire estate to the Town of Dunstable for scholarships to graduating seniors.

As a community we are very blessed to have this trust! The young men and women listed above have all shown many qualities that exemplify the spirit in which this trust was established. We wish you all the best, and remember, "never forget the kindness of the people of Dunstable." [Babcockscholarshipfund@gmail.com](mailto:Babcockscholarshipfund@gmail.com)

**DUNSTABLE BOARD OF HEALTH  
TRANSFER STATION RATES JULY 1, 2017-JUNE 30, 2018  
PERMIT FEE FOR THE TRANSFER STATION  
& STICKERS RECEIVED**

Residents may purchase new permits on Monday-Friday from 9:00 a.m. – 4:00 p.m. and on Monday evenings from 6:00-8:00 p.m. in the town hall upper level.

Regular Permits -	\$300.00 with 110 bag tags
Senior Permits – (65 and over)	\$200.00 with 55 bag tags
Recycling Permits only	\$ 10.00

Please bring a copy of your registration (up to 2) of the vehicle(s) using the transfer station.

You may also purchase permits through the mail by mailing a check for the appropriate amount made payable to the Town of Dunstable, copies of up to two vehicle registrations and 5 first class stamps for regular permits and 4 first class stamps for senior permits to the Dunstable Board of Health, P. O. Box 268, Dunstable, MA 01827. Recycling permits only require a copy of your registration and one first class stamp.

2017 permits and bag tags are valid until July 25, 2017 in order to allow time for residents to purchase the new permits. Any leftover bag tags may be used at the large item drop-off on the last three Saturdays in October 2017 or submitted to the town hall to enter a lottery. One name will be drawn at the Board of Health Meeting in November. The winners will receive a free permit and set of bag tags for the following year. Please remember that only the first round of bag tags purchased are eligible for the lottery. Please put you name and telephone number on each tag and drop them at the town Hall.

PLEASE REMEMBER THAT ALL VEHICLES MUST HAVE A TRANSFER STATION PERMIT DECAL AFFIXED TO THEIR DRIVER SIDE WINDOW AND BAG TAGS MUST BE ON ALL BAGS BEFORE ENTERING THE TRANSFER STATION.

If you have any further questions, please call us at 978-649-4514 Ext. 229 or email us at [jferrari@dunstable-ma.gov](mailto:jferrari@dunstable-ma.gov)

**DUNSTABLE GRANGE #31**

Meetings are held each month at Dunstable Town Hall at 8 p.m. unless otherwise noted. See below. Call for more information 978-649-3934. Come join Grange!

*All are welcome!!! Refreshments will be served.*

- **June 9 Memorial Service** by Worthy Chaplain  
Elections of Officers  
Refreshments: The Youth; Hostess: Becky
- **July 14 Short Business Meeting & Cookout**  
at Charlie & Jen's. Please let us know what you are bringing.
- **August 11 Short Business Meeting** followed by an **Ice Cream Social** at the hall.  
Refreshments: Iona
- **August 19<sup>th</sup> The 91<sup>st</sup> Annual Grange Fair and Community Citizen Award**



Dunstable Grange would like to thank the residents of Dunstable for helping pick up the roadsides in April. We would especially like to thank the highway department for spending their time picking up the bags that were left on the roadsides by residents. We know that the highway department made several trips around town to gather the trash. We all truly appreciate your efforts.

**SAVE THE DATE:**

**Dunstable Grange Fair, Saturday, August 19th.** Town Common All residents of Massachusetts are entitled to enter.

If you would like to reserve a table to sell your crafts that day, please contact Linda 978-649-7184. \$10 per table. Remember the proceeds of this event go to the Dunstable Grange Scholarship given out at graduation.

Enter your crafts/photos/food/vegetables and kids are encouraged to enter their projects made during the school year.

Hope to see you there!

Go to [www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com) to see the Premium List for the Grange Fair.

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## DUNSTABLE TOWN HALL DIRECTORY

Town Hall (978) 649-4514. The departmental extensions are as follows:

221 Accountant      222 Town Clerk      223 Council on Aging  
224 Board of Selectmen, Electrical, Gas, Plumbing, & Building Inspector's  
Secretary. Also for Animal Control Officer. After hours call Police at 978-  
649-8891. If emergency call 911

225 Assistant Assessor      226 Building Inspector  
227 Assessors, Highway      228 Collector/Treasurer      229 Board of Health  
230 Conservation/Planning Board/Water Commission  
Veteran's Officer 978-649-3919

POLICE NON-EMERGENCY 978-649-7445      POLICE & EMT 911

**FIRE DEPT. TELEPHONE NUMBERS TO REPORT A FIRE CALL 911**

Business Line.....978-649-6661      FAX.....978-649-6072

**Alarm System\* 978-448-6666\*** can be used to call in a fire from cell phone

## Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403      Tel. 978-419-1914

E-mail: [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com)

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## DIRECTOR OF THE COUNCIL ON AGING

Anne Fenochetti      Email: [afenochetti@dunstable-ma.gov](mailto:afenochetti@dunstable-ma.gov)

Hours at Town Hall: **Tuesday** from 9-2 and **Wednesday** from  
8:30-11:30. You can reach Anne at 978-649-4514 ext. 223 at the  
Town Hall or by appointment.

• **MEET, GREET & EAT** The first Wednesday of the month. Next  
one is on June 7 and will be held at the Library. Cost for lunch is  
\$3.00 per person. None in July. Next time will be on Aug. 2 at the  
Library.

• **WELL ADULT CLINIC** Nashoba Associated Boards of Health,  
in conjunction with the Dunstable Board of Health announces that  
an adult clinic will be held free of charge for the general public on:  
**Wednesday, June 28<sup>th</sup> from 11am – 12 noon at the Library, 588  
Main Street, Dunstable.** Meet with the nurse for a wellness check  
including blood pressure/pulse monitoring, blood sugar screening,  
general health counseling, and further assessments with referrals  
as needed. For further information, please contact Nashoba  
Associated Boards of Health at 978-772-3335 or 1-800-427-9762  
ext 340 or visit us at [www.nashoba.org](http://www.nashoba.org).

• **FIRE CHIEF RICH** is available to check your smoke detectors.  
Please contact Anne to get on the schedule, this is a great preven-  
tive measure.

• **DO YOU NEED A HANDICAP PARKING SIGN** FOR YOUR  
VEHICLE? If so, applications are available from Anne, give her a  
call to see what is involved with obtaining one.

• **BROWN BAG PROGRAM** Elder Services of the Merrimack Val-  
ley, Inc. and the Greater Boston Food Bank have joined forces to  
offer an Elder Brown Bag Program for income eligible residents 60  
years and older in the Merrimack Valley. Eligible elders will receive  
a free bag of groceries once a month. Pick-up is at the Tyngsboro  
Senior Center 169 Westford Rd. Applications are now being  
accepted and are available through Anne.

• **ARE YOU IN NEED OF MEDICAL EQUIPMENT?** There are  
items available for you to use free of charge. They include: canes,  
crutches, commodes, walkers, wheelchairs (older, heavy ones), bed  
bars and shower chairs. If you need something different, please  
call to see if we have it. These are loaned to you and should be  
returned when no longer needed. **We are in need of lightweight  
wheelchairs.**

• **Meals On Wheels** If you are interested in having some meals  
delivered, please contact Anne to find out more information.

• If you have concerns or questions about **Medicare** please call  
**Elder Services at 1-800-892-0890.**

• **Prescription Advantage** now has a continuous "open enroll-  
ment". Applications are available through Anne.

**Friendly Phone Calls** Aren't able to get out as much as you would  
like? Would you like to receive a "Friendly Phone Call"? If you think  
you would benefit from or enjoy an occasional friendly phone call  
contact Anne our COA director.

**Files of Life** pouches are still available to all seniors. These  
pouches will contain pertinent information about you that can be left  
in a visible location, home/car to be used in cases of emergency.  
You can contact Sgt. Darrell Gilmore or Fire Chief Rich for more  
information.

**Elder Hotline** Provides seniors and their families with information  
related to elder issues. Call 1-888-243-5337 Mon - Fri 10:00 - 4:00.

• **VAN SERVICE** Alternative Transportation is for **medical appoint-  
ments and grocery shopping. There is a charge of \$5 for local  
trips.** Towns considered local include: Nashua, Tyngsborough, Low-  
ell, Chelmsford, Westford, Ayer, Groton and Pepperell. **For trips to  
out of the area towns the charge will be \$10.** Once you know  
when your appointment is please call Anne at (978)649-4514 ext.  
223. If Anne is not available please leave a message on 978-649-  
4514 ext. 223 to make arrangements for a ride.

**DUNSTABLE COUNCIL ON AGING** Brian O'Donnell: chairman;  
Marilyn Sheridan, secretary; Mary Moeller, treasurer; Danice  
Palumbo, Donald Pottle, Mary Dow and Ruth Tully.

**Director of the Council on Aging** Anne Fenochetti 978-649-4514  
x 223 [afenochetti@dunstable-ma.gov](mailto:afenochetti@dunstable-ma.gov) Tues 9-2 & Wed 8:30-11:30  
**Program Coordinator** Susan Tully 978-649-6750 or  
Email at [sjt0213@verizon.net](mailto:sjt0213@verizon.net)



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Mary Beth Pallis – Director – [mpallis@mvlc.org](mailto:mpallis@mvlc.org)

Karen Debrececi – Children's Librarian – [kdebrececi@mvlc.org](mailto:kdebrececi@mvlc.org)

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[www.facebook.com/pages/Dunstable-Public-Library/219991908117595](http://www.facebook.com/pages/Dunstable-Public-Library/219991908117595)

**Featured Display** If you would like to display your artwork or photographs in the community room, we would love to host you. Please contact Karen at [kdebrececi@dunstablepl.org](mailto:kdebrececi@dunstablepl.org).

**Community Room Artist** Check out the wonderful new paintings of our **Featured Artist for June:** Alice Sneizek.

**Library Passes available** Take advantage of these great passes: Boston Museum of Fine Arts, One Stop Fun, US Constitution Museum in Charlestown, and a pass to 50 Massachusetts State parks. New Discount Pass – Salem Witch Museum and Merrimack Repertory Theatre, Edaville Railroad discount is also available.

**Adult Reading Group** There will be an Adult Reading Group on Friday, June 16<sup>th</sup> at 11:45am. They are reading "Dead Wake" by Dorothy Simpson. New members are always welcome.

**Quilter's Group** They meet from 6:00 -8:00 p.m., the first and third Tuesday of the month. If you are interested in learning to quilt or would like to join other quilters, this could be the perfect opportunity for you.

**Cook Book Club** The library has a cookbook club! We will have a cookbook displayed each month and you can select and make a recipe from the monthly selection. Then we will get together on the last Friday of the month at 12:00pm to enjoy the dishes. Signup sheet will be at the desk. This month, we will meet on June 2<sup>nd</sup> instead of May 26<sup>th</sup> and we will also meet on June 30<sup>th</sup>. Please join in on the fun.

**Gardening Club also know as DIG** They will be meeting on Thursday, June 15<sup>th</sup> at 6:30pm. There will be an essential oil program. More information will be at the library. New members are welcome!

**Knitting and Crochet Class** under the direction of Donna Acquaviva. The class will be held on Monday nights at Swallow Union School from 6:30 – 8:00.

**Attention Baby Sitters** We have compiled a list of local babysitters. If you would like to be on the list, please contact the library. If you are looking for a babysitter, come into the library for the list.

**Opioid Addiction Awareness Program** Will take place at the library on June 6<sup>th</sup> at 6:30. Please come into the library for more information on this valuable program.

**Preschool Story Hour** Please come in with your 3, 4 or 5 year old for story hour. Story hour is held on Thursdays and Fridays. We meet from 10:30 – 11:30. The program includes stories, songs and a craft or activity. Come in and join the fun! Story hour will take place at the gazebo on the last day of the month. June 29<sup>th</sup> and 30<sup>th</sup> will be at the gazebo.

**Afternoon Story Hour** This will be for older children who have ½ days in kindergarten. We will meet on Thursdays at 1:30 pm. We will still do a craft, so please wear clothes that can get messy. Children's Craft. Come and join Mrs. D. for a special craft time on Thursday, June 22<sup>nd</sup> at 1:30pm. We will be decorating and adding details to a birdhouse. Thank you Franz Lang for making all the birdhouses. Please wear clothing that can get messy. Please sign up at the library or email Mrs. D. at [kdebrececi@dunstablepl.org](mailto:kdebrececi@dunstablepl.org)

**On Going Book Sale Is in the Community Room** at the library. Come in and check out the selections that are here. Hard Covers are \$1.00, Paperbacks are 5 for \$1.00, DVD's are \$2.00 and CD's are \$1.00. If you would like to donate to the ongoing book sale, please bring current books (not older than 2 years) or any children's books in good condition. Please bring your donations inside, instead of leaving them at the door. We cannot accept magazines, older books, or textbooks. **Continued on next page**

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**LIBRARY NEWS**

**CONTINUED FROM PREVIOUS PAGE**

**588 Main St. 978-649-7830**

**Summer Reading Kick-off!** We will be beginning our summer reading program on Tuesday, June 20<sup>th</sup> at 6:30pm. The theme this year is "Build A Better World"! We will be doing many incredible activities and programs at the library this summer to encourage children, young adults and adults to read. Come into the library and see Mrs. D. to learn all about the summer reading program. On June 20<sup>th</sup>, there will be a sign up for summer reading after the magic show from The Incredible Scott Jameson. Please sign up at the library or email Mrs. D. at [kdebreceni@dunstablepl.org](mailto:kdebreceni@dunstablepl.org). This program is supported by a grant from the Dunstable Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency.

**Mrs. D is looking for item's for the Summer Reading Program**

Do you have doubles of games or toys from Christmas? Are you trying to clean up your children's playrooms? Please consider donating new or nearly new toys, games, or books for our Summer Reading Program. Your "Trash" might be someone else's Treasure. Please drop these items with Mrs. D at the library (No Large items please). Thank you very much.

**DIG NEWS**

**Let the Growing Begin: Herb Dish Garden Workshop \$35.00**

**Friday, June 9, 2017, 6-7:30pm** at The Rose of Sharon at Blossom Hill, 101 Pleasant Street, Dunstable, MA 01827. We want you to experience the farm from beginning to end. This class will take place right after we have tucked in all of the plants for the growing season, so we will be creating an herb dish garden with herb plants instead of cut flowers. So we will kick off the season with a useful little garden that you can pinch from all summer long. We will also be discussing growing herbs in containers and in your garden. Part of the Fresh Cut Series of Workshops offered at the Rose of Sharon at Blossom Hill. \$35/pp. Includes light refreshments and all materials.

**Tick Prevention using essential oils. Thursday, June 15 at 6:30** in the Community Room of the Dunstable Library. The Dunstable Garden Group will be presenting a program lead by **Christina Maney** that will focus on the use of essential oils that are especially good for preventing tick and other insect bites. She will also talk about a few essential oils are useful in the garden. Attendees will have the opportunity to make their own preventive spray. **RSVP [slt0213@verizon.net](mailto:slt0213@verizon.net)**

**Join Liz Barbour** at her garden gate and enjoy a self-guided tour through her beautiful edible gardens. See why New Hampshire Home, New Hampshire Magazine, and New Hampshire Chronicle have all featured Liz's gardens! **Sunday June 25th, 12pm-4pm** (rain or shine) 5 Broad Street Hollis, NH Free Parking: Liz's house is located on a blind curve therefore, there is no parking available in front of Liz's house. Parking is available on the Town Common or behind the library located on the Town Common.

**Maple Hill Gardens at Beaver Brook.** 117 Ridge Road, Hollis, NH 03049. Thursday June 21 at 1:00p.m. We will car pool from the library or go on your own. The Maple Hill Gardens, located at Beaver Brook Association, in Hollis, New Hampshire, are open to the public for daily viewing.

**For more info on DIG contact Sue Tully, [slt0213@verizon.net](mailto:slt0213@verizon.net).**

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## GROTON DUNSTABLE YOUTH BASKETBALL SUMMER PICK-UP

GBYBL offers an opportunity for boys and girls currently in grades 4 – 12 to participate in summer recreational pick up basketball. This is a "come-when-you-can" league. Formal teams will not be assigned, but teams will be organized each night to ensure equal and fair playing time/competition.

**When:** Tuesdays and Thursday nights, July 6 through August 15.

**Where:** Groton Dunstable Regional High School, 703 Chicopee

Row, Groton **Time:** Girls: 6:00PM – 7:25PM; Boys: 7:30PM –

9:00PM **Format:** 2 courts of pick up games **Cost:** \$40

**Register at** [gdybl.org](http://gdybl.org).

## GROTON DUNSTABLE REGIONAL SCHOOLS

Swallow Union School: 978-649-7281 978-649-9412

FAX 978-649-5078 Message Line: 978-649-5078

Website: [www.gdrsd.org](http://www.gdrsd.org) (follow links to S/U)

Supt. Office: 978-448-5505

Peter Twomey Youth Center 978-448-8459

Florence Roche School 978-448-6665

Middle School 978-448-6155

GD Regional High School 978-448-6362

Boutwell Early Childhood Center 978-448-2297

## YOU NEED A POWER OF ATTORNEY

*Edward H. Adamsky*

Just about everyone needs a good Durable Power of Attorney in place, as a disability planning tool. The word "Attorney" in the title refers to an "Agent" (someone who works for you) rather than a lawyer (who is a special agent who can represent you in court.) Your Agent can handle your legal and personal affairs for you if you cannot do so, as long as you have given them that authority. That's why you need to set one up now while you are able to do so, and not wait until it's too late.

Your well-drafted and personalized Power of Attorney document will provide many benefits to you and your family. It will allow you to choose the person who will do things for you rather than leaving it up to chance and the final decision of a Judge. If you don't have an Agent with the power to act for you, the Probate Court will have to appoint a guardian and you will have no choice in who that will be. With a Power of Attorney you choose your Agent and you can nominate that same person (or another) to act as your Guardian if that really became necessary. But, with a valid Power of Attorney you probably won't need a Guardian to be appointed, so you and your family will avoid that aggravation and expense.

The Power of Attorney will allow your family to take actions to protect assets or engage in proper planning if your become incapacitated, without the need for Court intervention. Your document can include directions and the power to engage in actions like setting up trusts or moving assets around among family members so your Agent can do whatever needs to be done to protect and preserve your family finances (within the bounds of the law).

Your Agent should be given the right powers to avoid the claims of family members or others that your Agent has engaged in improper transactions. Often, it is necessary to move money around and change the title of assets (either for tax planning or Medicaid purposes). This can look suspicious to outsiders and if the person doing it did not have the full authority to do so, it could be considered elder financial abuse. With the power to take these actions written into the document, your Agent is protected from these false accusations.

When drafting your Power of Attorney you are presented with a great opportunity to discuss your wishes and future plans with your family, and especially with your chosen Agent and any alternates. You can outline how you would like the future to be and can tell your family what to do in various situations. You can tell them if you want money preserved for them, or if you want it spent on your own needs. If everyone in your family knows how you feel and what you want, it should help to avoid future fights and arguments about the right thing to do.

If you do not have a Power of Attorney in place now, you should meet with your Elder and Disability Law Attorney to discuss this important planning tool.

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**The deadline is June 10<sup>th</sup> for the July/August issue.**

Have events coming up in? Send an email to me at [anne@NeighborToNeighborNewsletter.com](mailto:anne@NeighborToNeighborNewsletter.com) or by mail to Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827. News is placed on first come, first served basis, as space allows. Need details about advertising your business? You may reach me at **978-419-1914** or email me at the above address.





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### VEHICLE NIGHT 2017

*at the Dunstable Summer Concert Series.*

Mark your calendars now, **Wed. July 12th, 2017** (raindate Thurs. July 13th). It's the must attend concert of the summer concert series. Back2Back band NH will be our featured band on the gazebo yet again for VEHICLE NIGHT 2017 and plans are in the works for some show stopping vehicles to be in attendance that will WOW all concert goers. Silent auction baskets are in the process of being created so make sure you arrive to the common early that night around 6:00pm to get a chance to walk around and check out the silent auction table and all of the exciting vehicles that will surround the town common on VEHICLE NIGHT at the Dunstable Summer Concert series. *Jen West & Karen Debrezeni West Auto Repair, Inc. & Dunstable Children's Library co-sponsors VEHICLE NIGHT at the Dunstable Summer Concerts*

### WEST CHELMSFORD UNITED METHODIST CHURCH

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**We will start our summer worship schedule on June 11.** Our service will be at 9:00 AM, followed by refreshments in an informal and relaxed setting on our lawn. We will have special music by different members of our congregation. **Please check on our website for upcoming events**

We hope to welcome you soon! We are on 242 Main Street in North Chelmsford, right on the Westford/Chelmsford line. From Route 3, take the Route 40 exit to Chelmsford, take a sharp right onto Main Street Chelmsford right after the variety store and follow Main Street until you see the church on the left.

### MERRIMACK VALLEY JEWISH STUDY HAVURAH

We are an egalitarian community of learners doing Torah Lishma, "study for it's own sake." We study the Hebrew Bible and the classic texts of rabbinic Judaism. We are open to classical modes of study, drawing from the millennia of wisdom of classical rabbinic commentators, as well as modern modes of learning from non-Orthodox scholars. This is a family-friendly, safe-space to study Jewish texts. Always looking for new, friendly faces to learn & have coffee with us. We meet at Temple Beth Abraham in Nashua, on most Tues & Thurs, 5:15-6:15pm. (see FB page for specific dates. Email for details.) <https://www.facebook.com/groups/1618060978426822/>

### WELL ADULT CLINIC OPEN TO THE GENERAL PUBLIC

**Nashoba Associated Boards of Health**, in conjunction with the **Dunstable Board of Health** announces that an adult clinic will be held free of charge for the general public on:

**Wednesday, June 28<sup>th</sup> from 11am – 12 noon at the Library, 588 Main Street, Dunstable.** Meet with the nurse for a wellness check including blood pressure/pulse monitoring, blood sugar screening, general health counseling, and further assessments with referrals as needed. For further information, please contact Nashoba Associated Boards of Health at 978-772-3335 or 1-800-427-9762 ext 340 or visit us at [www.nashoba.org](http://www.nashoba.org).



## DUNSTABLE SENIORS

We are a peer group for those over 60. Starting in June Seniors meet in the community room of the library **every** Wednesday. 10:30 - 11:30 Bone Builders, dominos 10:30 - noon, noon, lunch. Second Wednesday at 12:30 BINGO for cash. Last Wednesday of the month, POKENO. SCRABBLE group Wednesdays at 12:30.

**The Mission of the Dunstable Council on Aging** is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs.

**The June 7th** meal will be catered by Charlotte's Cozy Kitchen and will be serving Chicken Alfredo & salad. Must have RSVP by June 1st

**The Traveling Chef Program** provided by Elder Services of the Merrimack Valley will cater the June 14 lunch at noon. Cost will be \$3.00 per person. RSVP by June 7th. We will be using this service once a month. We hope more seniors take advantage of this lunch.

**Rivercourt Residence** in West Groton invites Dunstable seniors for lunches on the third Tuesday of each month. Next lunch will be Tuesday, June 20 at 12:30. RSVP by June 14 with either Sue or Anne. Rivercourt does this as a community out-reach program. It would be nice if more people took advantage of it.

**Senior/ Veterans Breakfast FREE** breakfast held on the third Thursday of the month. Next breakfast, June 15, 8:30 at Tyngsboro Senior Center, 160 Westford Rd. RSVP to Sue by June 9.

**Indian Hill Music, Bach Lunch** Thursday June 15 presenting *Meet Me At The Movies*, songs from the great movie musicals. Performed by Martha Warren, soprano and Amy Lee on piano. There are **TWO PERFORMANCES: 11:00 am and 1:30 pm** at Indian Hill Music, 36 King Street, Littleton MA. Light refreshments are served but you are welcome to bring your own lunch.

**Book Club Friday, June 16 at 11:30.** Discussing *Wake the Dead* by Dorothy Simpson. Summary: Inspector Luke Thanet and his wife, Joan, are among the guests when Member of Parliament Hugo Fairleigh opens the grounds of his beautiful Georgian mansion, Thaxden Hall, for the annual village fete. It's a cloudless summer's day, an idyllic afternoon for innocent enjoyment. Then sudden death casts its shadow over the proceedings. Copies are available through the library or you may order your own through MVLC. New members welcome. For more info contact Susan Tully at sjt0213@verizon.net

**Book Delivery** to shut-ins is available through the Dunstable Library. Just let Sue know if you or someone you know needs books or audio material.

**Line Dancing Class** ... Classes are underway and are held on Mondays at 9:45a.m. for one hour in the lower hall of the Dunstable town hall. Space still available. For more information contact Holly Pottle at 978-649-3192.

**FREE Quilting Class** under the direction of **Robin Murch** will be offered on the first and third Tuesday from 6:00 - 7:45 at the Dunstable Library. Just drop in and she will let you know what you will need to get started.

**Knitting, Crochet, Rug Hooking** This group meets at Swallow Union Monday nights 7:00- 8:30p.m. Knitting & crochet under the direction of Donna Acquaviva and rug hooking under the direction of Donna Tully. Beginners welcome.

## LEMONADE STAND MANY THANKS



Thank you to all of you who stopped by our lemonade stand on Sunday, May 7th at West Auto Repair. Due to all of our generous "customers" my friends and I were able to raise over \$2,000.00 at the lemonade stand of which all of the proceeds benefitted the Cystic Fibrosis Foundation to help find a cure for my friend Reid and all others impacted by this disease. I couldn't have done this without the help of so many of my friends and their families who donated their time and helped me serve lemonade and hand out baked goods. It was a great time had by all and I can't wait until next year. *Thank you again! Sophia*

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**Pastor Rev. Susan Gaeta**

Shepherd of the Valley Lutheran will hold its annual **Father's Day Pancake Breakfast at 9 AM on Sunday, June 18th.** This will mark the end of the Sunday School year. All are invited to have yummy pancakes and other breakfast treats!

On **June 25th** Shepherd of the Valley will go to a **summer worship schedule with worship at 9:15.**

Special events for the youth of SOV will be the mission trips and the VBS. The middle school children will be involved from June 24th through July 1st and the high school students will be serving from July 9-16th.



Greetings Neighbors

As we write up our last box top blurb and share it with you for the 2016-2017 school year we are just a few weeks away from the end of the school year and we hope that by the time this article is published in the Neighbor to Neighbor we will have met our school year goal of 50,000 box tops. It was a very hefty goal that we set for ourselves when the year began but the Swallow Union school community and you, our Dunstable neighbors, have stepped up to the plate and have helped us to collect record breaking numbers of box tops over this past school year. We have collected well over 40,000 box tops for this current school year and we are ranked amongst the top 5 box top collecting schools in the entire state of Massachusetts out of over 1,900 schools in the commonwealth that participate in this program.

Due to all of your collection efforts each and every box top clipped and submitted was worth 10 cents to Swallow Union school which means through clipping box tops alone the school earned over \$4,000 through this program. The money that was earned through the box tops programs helped to fund many enrichment programs and field trips that the students went on over the course of this current school year. In addition new chrome books were purchased for use in the school and what might have been the biggest and most exciting happening for the students during this school year was an author visit that happened in April by a local author, Cynthia Lord who came and spent the entire day with the students at Swallow Union.

We cannot begin to thank you enough for your clipping efforts and we only wish that you could all see the excitement that your clipping efforts bring to the students as they enjoy these special events that happen throughout the course of the school year. Without funding from programs such as the Box Tops for Education programs our students wouldn't be able to participate in such events.

We wish you all a very happy and safe summer but don't forget remember to keep your eyes open for those little pink box tops and remember to clip them. They can be turned in at any of the yellow Box Top for Education boxes scattered around town at the Dunstable Library, the Dunstable Town Hall, the Dunstable Post Office and also inside the front door at Swallow Union elementary school. A collection basket is also located in the office at West Auto Repair.

With much gratitude to you all and onto the 2017-2018 school year we go .....

Jen West jend5375@aol.com & Cristina Agraz cmd2983@yahoo.com  
www.swallowunionapt.org aptswallowunion@gmail.com  
www.facebook.com/SwallowUnionAPT

## SEPAC (Special Education Parent Advisory Council)



### GD SEPAC OFFICERS 2016-17:

Chair: Melissa Padera – mpadera@yahoo.com  
Secretary: Marla Haddad – mhaddad2@verizon.net  
Treasurer: Katie Leonard – kcleonard@gmail.com

**SEPAC at gdsepac2@gmail.com.**



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## GIRL SCOUTS CEREMONY

Nashaway Girl Scouts (Ayer, Dunstable, Groton and Shirley) recently honored local girls who have achieved Girl Scouts highest awards – Gold, Silver and Bronze – as well as those who are graduating from high school. From grades 4 through 12, girls have the option to earn these awards, which require each girl to complete a significant prerequisite and then plan and carry out a multifaceted service project. Girls learn teamwork and leadership skills as they work to make a difference in the community. During this year's ceremony, held at Union Congregational Church in Groton, the girls received pins, certificates and a letter of commendation signed by Rep. Sheila Harrington of the Commonwealth of Massachusetts.

## NASHOBA NURSING SERVICE & HOSPICE ADULT BEREAVEMENT DROP-IN SUPPORT GROUPS

- **2<sup>nd</sup> Monday** of each month: 9am to 10am, Senior Center, Pepperell, MA, and 1pm to 2:30pm, Senior Center, Harvard, MA.
  - **3<sup>rd</sup> Tuesday** of each month: 1pm to 2:30pm, Senior Center, Townsend, MA • **4<sup>th</sup> Wednesday** of each month: 4pm to 5pm, Senior Center, Pepperell, MA For other locations and further information, please contact Karen Campbell, 1-800-698-3307 X320
- Please note: Support Groups are "Fragrance Free"*

## YANKEE DOODLE DOLLERS DOLL CLUB

Wants to Get to Know You! We are a group of adult doll collectors. **Meetings are the second Tuesday of each month, from 6:30 to 9:30 in Acton, MA.** Want more information? Call... Rosemary 978-534-0365 (leave a message) Diane 978-448-2893  
*We are a member of the United Federation of Doll Clubs*

## DUNSTABLE VETERAN SERVICES OFFICE

As always, if anyone in town knows of a Vet, their spouse or widow, in need of assistance of any kind, please leave me a message at 978-649-3919 or send me an email at [Dunstable.vso@verizon.net](mailto:Dunstable.vso@verizon.net) or [veterans@dunstable-am.gov](mailto:veterans@dunstable-am.gov). I am here to help you. *Joe Dean (Former USMC Sgt, Retired USAF Capt.)*

Dunstable Veteran Services Officer  
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## FREE LITERACY PROGRAM IN PEPPERELL

Monday at 9:30 am-11am. Peter Fitzpatrick Administration Building, 45 Main Street, Pepperell. Free literacy program for young children and their families or caregivers. I invite young children to join me for playtime and music and movement followed by a story and a related craft! Sponsored by a grant from the Mass. Dept. of Early Education and Care which follows the school year calendar. Contact Jana Harrison at: [jharrison@awrsd.org](mailto:jharrison@awrsd.org) or 978-874-7312.

## TYNGSBORO FARMERS MARKET

**Kicks Off 5<sup>th</sup> Season!**

Our 2017 season **kicks off June 10<sup>th</sup>**. We will be **open from 9am to 1pm every Saturday** through October 14<sup>th</sup>. The Farmers Market is located at Littlefield Library, 252 Middlesex Road, Tyngsboro, MA. New vendors and old favorites! Fresh vegetables, fruits, honey, meats, crafts and so much more!  
Stop by and GET FRESH!

Find us on facebook at  
[www.facebook.com/TyngsboroFarmersMarket](https://www.facebook.com/TyngsboroFarmersMarket)



## COMING UP AT INDIAN HILL MUSIC

- **YOUTH CHOIR 'INFORMANCE':** Come to a Demo-Performance of 'Cantori Scolari' – our youth choir at Indian Hill Music School: Saturday, June 10 at 7:00pm, 36 King Street, Littleton, MA. Learn about the program, meet the director, ask questions, register. *FREE admission.* Learn more: (978) 486-9524 or [www.indianhillmusic.org](http://www.indianhillmusic.org).
- **'BACH'S LUNCH' CONCERT:** Indian Hill Music School presents songs from the great movie musicals with vocalist Martha Warren and pianist Amy Lee: TWO SHOWS - Thursday, June 15 at 11 am and 1:30 pm, 36 King Street, Littleton, MA. Complimentary coffee, tea, cookies; bring your lunch. *FREE admission.* Reservations required for groups at (978) 486-9524 (press 0). Learn more at [www.indianhillmusic.org](http://www.indianhillmusic.org).
- **HONORS STRING RECITALS:** A select group of Indian Hill Music School string students will perform in two special recitals on Saturday, June 18: Bravo Recital at 11:30am and the Honors Recital at 1pm, Indian Hill Music School, 36 King Street (Rte. 495/Exit 30), Littleton, MA. *FREE admission.* Learn more: (978) 486-9524 or [www.indianhillmusic.org](http://www.indianhillmusic.org).
- **STUDENT RECITALS AT INDIAN HILL:** Hear Indian Hill Music School students perform music in a variety of styles and combos in May and June at 36 King Street, Littleton, MA. *FREE admission.* Call (978) 486-9524 (press 0) or visit [www.indianhillmusic.org](http://www.indianhillmusic.org) for recital days and times.
- **ORCHESTRA OF INDIAN HILL'S 43rd SEASON:** Subscriptions on sale for Orchestra of Indian Hill's 2017/18 Concert Season at Littleton High School Performing Arts Center (October thru April) led by Artistic Director Bruce Hangen. Highlights include Tchaikovsky's Piano Concert No. 1, Respighi's Fountains of Rome, an all-Mozart evening, David Amram's Greenwich Village Portraits (World Premiere), and Vaughan Williams's Tuba Concerto. Learn more at (978) 486-9524 or [www.indianhillmusic.org](http://www.indianhillmusic.org).
- **ART EXHIBIT:** The Gallery at Indian Hill presents "Longitudinal Study Psycho-Social Development," an exhibit of acrylics by Carrie Crane. On view through June 29 at 36 King Street, Littleton, MA. (Hours: M.-F., 10am–8 pm; Sat., 10 am– 4pm.) *FREE and open to the public.* Learn more: (978) 486-9524 or [www.indianhillmusic.org](http://www.indianhillmusic.org).

## REFRESHING SUMMER DRINKS

### Ingredients

- 1 pint - fresh strawberries, stemmed and cleaned
- 1/4 cup - honey
- 1 can (6 oz.) - frozen orange juice concentrate
- 2 cups - brewed green tea, cooled
- 1/2 cup - water

### Directions

In a blender or food processor container, combine water, strawberries and honey; process until smooth. Add orange juice concentrate; process until well blended. Stir into cooled tea. Serve over ice.

### Ingredients

- 2 cups - double-strength brewed coffee
- 1 cup - 2% low-fat milk
- 1/4 cup - honey
- 2 cups - ice

### Directions

In large pitcher, whisk together coffee, milk and honey until thoroughly combined and honey is dissolved. Chill. Just before serving, blend coffee mixture with ice in blender until frothy and smooth.



## SHERIFF KOUTOUJIAN HONORS STAFF DURING ANNUAL EMPLOYEE RECOGNITION & AWARD CEREMONY

CHELMSFORD, Mass.—Middlesex Sheriff Peter J. Koutoujian recognized members of the Middlesex Sheriff's Office for sustained excellence and outstanding acts during the 2017 Employee Recognition & Award Ceremony on Wednesday, May 10. The ceremony is held annually during National Correctional Officers and Employees Week. As he did last year, Governor Charlie Baker also proclaimed May 7-13 as Correction Officer Employee Week in the Commonwealth.

"Each and every day, the men and women of the Middlesex Sheriff's Office work to ensure the care, custody and control of those placed with us by the courts," said Sheriff Koutoujian. "Our officers and civilian staff often work outside the public eye, but their efforts are integral to the safety and well-being of those living and working within the county and the Commonwealth."

This year's ceremony and reception included recognition of uniform and civilian staff for longevity, as well as individual acts of excellence over the previous 16 months.

This year's Administrator and Officer of the Year Awards were presented to Deputy Superintendent Richard Vivier, Jr. and Sergeant Stephen Hall. Dep. Supt. Vivier is a 22-year veteran of the MSO. He was recognized as Administrator of the Year for his leadership, dedication to the mission of the MSO, and efforts to make the Middlesex Jail & House of Correction a national model for excellence in corrections.

Sgt. Hall is a 19-year veteran of the MSO, currently assigned to the Middlesex Jail & House of Correction. He was presented with the Office of the Year Award for his sustained excellence and the leadership demonstrated on daily basis. Recognized with the Deputy Sheriff of the Year Award were members of the Middlesex Sheriff's Office Warrant Apprehension Unit (WAU), comprised of MSO deputies, as well as one member each from the Lowell and Bentley University Police Departments. In 2016, the unit arrested 347 individuals wanted by more than 80 different agencies, inside and outside of Massachusetts.

Also among those recognized, were six officers who intervened in suicide attempts, saving the lives of three men; two transportation officers who helped safely subdue a man who confronted Billerica and MSO officers on Boston Road last June; one transportation officer who moved a woman from train tracks just as a train approached in Framingham last year; and an off-duty deputy who performed CPR on a man after the man collapsed at a bowling alley. This year's ceremony and reception also included an appearance for the fifth consecutive year by Rene Rancourt to perform the "Star-Spangled Banner." The Boston Red Sox also generously made available the 2004 World Series Trophy for employees and the families to have their photos taken with.

## FUND RAISER WITH FUN & FOOD

The **Friends of the Tyngsborough Council On Aging** will be sponsoring a fun fund raiser at Feng Shui restaurant on 150 Westford Rd, Tyngsborough on **Tuesday, June 13, 2017 from noon to 9:00pm.** A social get together for all supporters, old & new, of the Tyngsborough Council On Aging. Come as a group or individually from 12:00 noon to 9:00pm. Tell your order taker that you are participating in the Friends of Tyngsboro Council On Aging fundraiser. They will contribute 15% of your order back to the Friends to support TCOA.

When you purchase your meal **mention "Friends of the Tyngsborough Council On Aging"** and follow the restaurant's instructions to receive 15% of your meal's price donated back to Friends of Tyngsborough Council On Aging. That's it! Easy!!...and great food at no added cost to you.

We must **Sign up ahead of time** at the Center on the bulletin board or go to the link below and sign in.

<https://www.groupraise.com/events/28643>

-FTCOA contact: Frank McCarthy: [paxi@comcast.net](mailto:paxi@comcast.net)

# TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



Events listed will be **held at the Little Red Schoolhouse** which is located on Route 113, near the Tyngsborough Dunstable Town Line.

## MARK YOUR CALENDARS! SATURDAY, JUNE 24<sup>TH</sup> 45<sup>TH</sup> ANNUAL STRAWBERRY FESTIVAL 10AM to 4PM

The Tyngsboro-Dunstable Historical Society's 45th Annual Strawberry Festival will take place Saturday, June 24th, from 10am to 4pm at the Little Red Schoolhouse (half a mile west of Rte 3 on Rte 113) in Dunstable. Vendors selling art, crafts, culinary delights and handmade goods will be on the field. Live music (weather permitting) will be performed from 11am-2pm.

Strawberry shortcake made from local strawberries, handmade biscuits, and fresh cream will be served from 10am until the delicious supply runs out. Grilled hamburgers and hot dogs will also be for sale. **This event is rain or shine.** All proceeds to benefit TDHS. Interested vendors or general inquiries should contact Catherine Irzyk at 978-649-7690. Please join us!

The **Tyngsborough Dunstable Historical Society** is a non-profit membership organization. Please don't confuse us with your town's Historic Commission although our interests do overlap. Our membership is open to all who are interested in promoting the study of our local history... no election required!

Our group dates back to 1939 and was formally incorporated in 1967. Check out the website for membership information, upcoming meetings, events and much more at [www.tdhistoricalsociety.org](http://www.tdhistoricalsociety.org). Sincerely, *Dianna Dalida*, Membership Secretary.



## CLUB OF TYNGSBORO/DUNSTABLE

Rotary Motto: *Service Above Self* Theme: *Be A Gift to the World*

The Rotary Club of Tyngsboro/Dunstable has been serving the Tyngsboro and Dunstable area for 42 years.

### Fishing Day for Individuals with Disabilities

On June 4<sup>th</sup>, we will be having our annual Fishing Day for individuals with disabilities at the Tyngsboro Sportsmen's Club. Adults and children are welcome along with their parents or guardian and other family members. This event has been occurring for more than twenty years. For more information, please visit [www.tdrotary.org](http://www.tdrotary.org) or call Chris Dias at 603-505-2549.

Rotary International is a global network of community volunteers with a passion to help others. Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs. Rotary builds international understanding through scholarships, exchange programs, and humanitarian grants. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others. For further information please email us at [tdrotary@verizon.net](mailto:tdrotary@verizon.net) or visit our website at: [www.tdrotary.org](http://www.tdrotary.org).

*Thank you for your continued support.*

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32 Emerald Street	\$379,000	38 Cricket Lane #18	\$339,900
222 Westford Street	\$380,000		
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2 Audrey Ave	\$415,000	104 Thorndike Street	\$490,000



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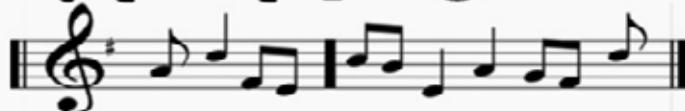


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Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, and observe meadow wildflowers and butterflies. It's a great place for outdoor exercise and to enjoy nature close to home. Sherburne Nature Center and Trails activities are open to all who are interested. Activities go rain or shine. In extreme weather conditions, activities are cancelled. No reservations or fees required. Children under 16 must be accompanied by an adult.



### Thank You!

We would like to thank the community for your support at our grand opening and in the weeks since. New products are added frequently – check the store and Facebook often. We are thrilled to be providing fresh milk produced right here in Dunstable and sold in glass bottles. Come in and taste the difference.

### June Hours:

**Tully Farms Dairy Store**

10 am – 9 pm Daily

**Goss Farm**

Saturday & Sunday 1-9 pm

Monday – Friday 3 - 9 pm

Check us out on Facebook:

<https://www.facebook.com/GossFarmDunstable>

<https://www.facebook.com/TullyFarmsDairy>



## LOADING DOCK GALLERY

122 Western Avenue, Lowell, MA 01851

**Full Bloom** : Artists from Loading Dock Gallery and Western Avenue Studios Artist Association

Show Through June 25, 2017

Flowers...the welcome beacons of warmer seasons that make any and every place feel special. During the month of May, the Loading Dock burgeons with florals and other harbingers of spring, as Loading Dock Gallery artists team up with members of the Western Avenue Artist Association to present **Full Bloom**.

Why paint flowers? Maryellen Brown loves painting flowers to lift her spirits. Arlene Hammel believes that flowers serve to awaken special moments of the past. "I think flowers connect with many great memories for all of us – they bring me right back to being side by side with my mother planting her favorite zinnias or to a sea-side walk with a friend where the flower boxes were bursting with blooms."

Capturing the essence of a bloom is not easy. As artist Laura Dicus describes, "It takes an engineer's understanding of complex structure, a musician's sense of rhythm and a mother's patience to paint an unfurling rose bud... not to mention the artist's eye for color and the challenge of control of the medium." The artists in this exhibit present exquisite works in watercolor, oil, pastel, acrylic, alcohol ink and other mediums, in an impressive celebration of the colors and luscious vibrancy of the flower.

**Full Bloom** will be on display through June 25 at Loading Dock Gallery, Western Avenue Studios, Lowell, MA. Loading Dock Gallery, a part of Loading Dock Arts, Inc., a 501c3, is open Wednesday through Saturday, noon - 5:30pm, and Sunday, noon - 4pm. For more information, call 978-656-1687, or visit [www.theloadingdock-gallery.com](http://www.theloadingdock-gallery.com).

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## Neighbor to Neighbor

Published by Anne M. Paquin

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64 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com)

The next deadline is June 10<sup>th</sup>

for the July/August issue.

**There is one more issue for the summer, the July/August issue. It covers events in July and August and is delivered around the 6<sup>th</sup> of July. The deadline is June 10<sup>th</sup>.**

If you belong to an organization that has an upcoming activity or project you would like publicized please send in your news by the 10<sup>th</sup>. Articles are placed on a first come, first served basis. News can be sent in a word file or in the body of an email. Call or email me if you have further questions about submitting news.

If you have a local business, or your organization would like to have a display ad not just a paragraph, email me and I will forward the rate sheet to you.

**Total circulation each month for Dunstable and Tyngsborough is 6,240 issues.**

Issues are now available online at  
**[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)**



## PEAK PERFORMANCE PACK

In January 2015, Melaleuca announced the results of a groundbreaking clinical study on the Peak Performance Pack. The effects of a nutritional supplementation pack were tested on healthy individuals over the course of 12 weeks. In healthy participants, free radical activity declined, inflammation was reduced, and a whole host of additional health benefits were observed – from lower cholesterol and blood pressure to increased energy utilization and healthier blood sugar. This is the first time in history that a nutritional supplement has produced this type of result. While the results were profound, Melaleuca made it clear that the Freiburg Study was just the first study and that more clinical studies would follow.

Exactly two years later, Melaleuca has completed a follow up study-this time at the Sterling Research Group in Cincinnati, Ohio- and the results clearly confirm the initial results of the Freiburg Study.

The Freiburg Study was an incredible accomplishment. For the first time, we were able to see the benefits of daily nutritional supplementation not in years or decades, but in as little as 60 minutes! The Sterling Study only strengthens the value and validity of the Freiburg Study. It gives us a more complete picture of how the entire healthy population responds to the Peak Performance Pack. Both studies demonstrated that the Peak Performance Pack moved participants closer to the ideal health state in numerous key health markers. More importantly, both studies also showed that healthy participants who were farthest from the ideal state saw the biggest improvements. The key takeaway is that the Peak Performance Pack can help make a tremendous impact on health-regardless of your race, nationality, or lifestyle. The Sterling Study makes it even easier and more compelling to share the benefits of the Peak Performance Pack.

Even with a change in population, the Sterling Study concluded that participants saw the same improvements to health as those who participated in the Freiburg Study. Whoever you are, wherever you live and whatever your current state of well-being, the Peak Performance Pack can have a direct impact on your health, your physical performance and even the length and quality of your life.

For more information, please go to [melaleuca.com](http://melaleuca.com) or contact us at [perras.wellness.com](http://perras.wellness.com)

## ROBERT D. PELLETIER AMERICAN LEGION POST #247, INC.



**90 Pawtucket Blvd. Tyngsborough, MA 01879**

Active duty military and veterans always welcome to join. For further information call **978-649-7540**. Remember to attend the committee meetings on the first Thursday with your input and ideas.

**The public is invited to get involved in all events of the post. The veterans monthly dinners will continue on the first Wednesday of the month . We are always looking for help to serve the veterans. Keno and Scratch Tickets are available at the Post. There is an ATM in the Post for your convenience.**

**OFFICERS:** Commander: Fred Carroll; 1<sup>st</sup> Vice: Joseph Agrusso; 2<sup>nd</sup> Vice: Donald Pierce; Adjutant: Charles Curran; Jude Advocate: Roland Millard; Chaplain: *vacant*; Finance: Mark Taylor. E-Board: Theadore Thing, Marty Bloomgren and David Coles.

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**Visit our website, [www.tyngsboroughlegion247.org](http://www.tyngsboroughlegion247.org)**

This website contains a wealth of information about the Post.

**Please remember to be safe & keep our troops in your prayers.**

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## AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

**Meetings are held the first Thursday of each month at 7pm.**

### Auxiliary Unit Officers for 2016-2017

President: Diane Dileo; Sr. Vice: Kathleen Olje; Jr. Vice: Annette Coles; Treasurer: Frances Radgowski; Secretary: Josephine Beauregard; and SGT-At-Arms: Mary Dupras. Executive Committee: Mary Hanley and Maureen Harris

The Unit Election of Officers was scheduled to take place on Thursday evening May 4th, 2017 at 7:pm in the Post Function Room *We have no meeting in June.* The first meeting for the New Auxiliary Year will be **Thursday September 7th, 2017, 7:pm** in the Post Function Room. ***Wishing all Unit Members a great summer see you in September.***

**For information on the Auxiliary Unit meetings,** or functions contact Unit President Diane Dileo at 978-204-9329 or Unit Secretary Josephine Beauregard 978-459-7015.

*Yours In Auxiliary, Unit Secretary, Josephine Beauregard*

**THE UNIT IS STILL COLLECTING** can pull tabs drop off at Post and earmark for Auxiliary. ***We also would Welcome New Auxiliary Members*** 18 and older. Contact Unit President or Treasurer.

... **The Unit Jr. Auxiliary is accepting new Jr. members.**  
Contact 978-649-7540 if interested in joining.

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## AMVETS POST #247 ROBERT D. PELLETIER

90 Pawtucket Blvd. Tyngsborough, MA

We hold our meetings on the **1st Tuesday** of the month at **7 p.m.** all veterans are welcome with 180 days or more of active duty. Come down and join us for a meeting.  
*God Bless America.*

**OFFICERS:** Commander: William A. Beaton; 1st Vice: John McDermott; Adjutant: John Cogan; Finance: Ted Thing; Judge Advocate: Roland Milliard; Provos Marshal: Roland Russell; Chaplain: Rod Woods. E-Board: Steven Harris, John Dombrowski, Ron Russell.

**"ALWAYS READY TO SERVE OUR VETERANS"**

AMVETS National Website: <http://www.amvets.org/>

## DUNSTABLE THEATER COLLABORATIVE GENERAL ASSEMBLY MEETING AND MEET & GREET

On Friday, June 9th at 6:30pm in the Dunstable Town Hall Theater (Main Hall), we will be holding a general assembly meeting for all members of *Dunstable and surrounding communities* who are interested in or curious about Dunstable Theater Collaborative. We plan to discuss the group origin and mission, as well as lay out our plans for shows in the coming year. We want to take this opportunity to begin to make connections with community members who are passionate about theater and performance in one way or another, whether it is on stage or behind-the-scenes. This meeting is also for anyone who wants to be involved in bringing more arts and culture to our wonderful town, including future audience members. There will even be live performances by members of our founding board of directors to help shine a light on what is coming down the road with this newly incorporated non-profit community theater organization. We hope to see you there for a memorable evening. If you have any questions regarding our organization or this event, please email me, Jon Swift, at [dunstabletheatercollaborative@gmail.com](mailto:dunstabletheatercollaborative@gmail.com), or visit our website: [www.dunstabletheater.org](http://www.dunstabletheater.org)

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## RSVP TODAY FOR AN OPEN HOUSE:

**Thursday, June 29<sup>th</sup> - 4:30-6:30 p.m.**  
**Tuesday, August 15<sup>th</sup> - 4:30-6:30 p.m.**

[www.ndatyngsboro.org/openhouse](http://www.ndatyngsboro.org/openhouse)  
or call 978-649-7611, Ext. 327



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- Access to technology including StarBoard interactive whiteboards and iPads

## New for Fall 2017:

- Introducing, Melissa Janes, Director of Early Childhood Development, M.Ed.
- Comprehensive curriculum for our youngest learners
- Mini Makerspace exploration center
- Bee-Bot® early coding and Osmo™ technology for creation, collaboration, and critical thinking
- Environmental responsibility through gardening, recycling and composting



Academy of Notre Dame | 180 Middlesex Road, Tyngsboro, MA | [www.ndatyngsboro.org](http://www.ndatyngsboro.org) | 978-649-7611

## SECOND ANNUAL CAR SHOW

*For Chelmsford Veterans' Memorial Park*

*will be held on Sunday, June 25, 2017 from 8am-1pm*

*at Chelmsford Lodge of Elks, 300 Littleton Road, Chelmsford.*

**Free admission**, awards, music, food, raffles, detailing product demo. In case of bad weather, please check the status of the show at [www.chelmsfordveteranspark.org](http://www.chelmsfordveteranspark.org).

## DUNSTABLE TYNGSBOUGH LIONS CLUB



*"We Serve" The Lions Club is a non-profit organization of men and women dedicated to helping the community through donations raised by volunteers.*

- **Officers** President: Gerry Roth, Secretary/Treasurer: Bob Reich, Membership Chairman: Ed Majewski, 1<sup>st</sup> Vice President: Mike Roth, Tail Twister/Lion Tamer: Mark Alexander
- Anyone who would like to join the Lions is asked to call Ed Majewski at 978-649-6204 or Mark Alexander at 978-649-9124. *Our Regular Meetings are held at Angelas on the first Tuesday of the month starting at 6:30 pm.*

- **Events** The Club hosted a breakfast for the Seniors at the Senior Center on May 18<sup>th</sup>. Approximately 40 Seniors were served.

### YOU CAN HELP BY DONATING THE FOLLOWING:

- **USED EYEGLASSES** are collected for refurbishment and distribution to less advantaged people around the world. *We thank all who have donated glasses.*
- **CAN TABS (in sealed bags)** are also collected for kidney dialysis time through the Shriners Hospital.

**Lion's collection boxes for eyeglasses and tabs** (in sealed bags) are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Tyngsborough Council on Aging Center, 169 Westford Rd., Tyngsborough and Dunstable Town Hall, Post Office and Library.

## NEW ENGLAND VOICES IN HARMONY

The Nashua based women's a cappella chorus, New England Voices in Harmony, invites ambitious female singers to attend *rehearsals every Tuesday evening beginning at 6:30 pm* at our rehearsal space: the Nashua Senior Center, second floor, 70 Temple St., Nashua. New England Voices in Harmony is a chapter of Harmony, Inc. an international non-profit, educational group which promotes singing in the barbershop style. Rita Ralston at [rralston10@aol.com](mailto:rralston10@aol.com) for more information. [www.newenglandvoicesinharmony.org](http://www.newenglandvoicesinharmony.org)

## CHELMSFORD CATHOLIC COLLABORATIVE

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OFFICE HOURS: Mon, Tue, Thu. 9:00AM – 5:00PM; Wed. 9:30AM – 5:00PM; Fri... 9:00AM – 3:00PM

**ST. MARY CHURCH:** 25 North Road, Chelmsford Daily Mass

Schedule: Monday – Friday 7:00 AM; Saturday 9:00 AM

Weekend Mass Schedule: Saturday 4:00PM; Sunday 7:00AM, 9:00AM, 11:00AM and 6:00PM Reconciliation: Saturdays 11:00 – 12:00 NOON, or by appointment

**ST. JOHN THE EVANGELIST CHURCH:** 115 Middlesex Street, North Chelmsford Daily Mass Schedule: Monday –Saturday... 9:00 AM Weekend Mass Schedule: Saturday... 4:00 PM; Sunday... 8:30 AM, 10:30 AM and 5:00 PM Reconciliation: Saturdays... 3:00 – 3:45 PM, or by appointment Lenten Season Offerings March 1 – April 12

**DAILY MASS SCHEDULE:** In addition to regular Mass schedule (listed above)... St. Mary will be offering Wednesday evening Mass at 6:00 PM



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We are always welcoming new members. Drop in or call 978-649-7540. **Anyone interested** in becoming a member of the Sons of the American Legion is welcome to attend our monthly meeting. **Applications are available at the Post at any time.**

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### A FUTURE AND A HOPE

By Nathan Combs

In the context of Jeremiah 29, the nation of Judah was in its death throes. King Jehoiachin, his mother, Judah's important officials, and skilled craftsmen were taken captive by King Nebuchadnezzar of Babylon in 597 B.C. In Jeremiah 29, Jeremiah wrote a letter to these exiles, telling them that their stay in Babylon was not a temporary arrangement (vs. 10). Therefore, they needed to build houses, plant gardens, marry, and bear children. In vs. 11, God told the exiles that his ultimate plan for the people was not destruction but "a future and a hope." In this text, we see both the dangers that threatened to prevent the Jews from having hope and the blessings that would accompany the fulfillment of this hope.

The primary danger the exiles faced, was believing the deceptions of false prophets who painted rosy pictures that had no foundation in truth. In Jeremiah 29:21, we learn of two false prophets, Ahab and Zedekiah, who lied about the length of their exile (as well as sleeping with their neighbor's wives!) and met a gruesome end as a result (vss. 21-22). Such lies posed a danger because rather than building their lives on the bedrock of God's promises, they comforted themselves with empty hopes.

Jeremiah not only gave a sweeping declaration of doom, but also focused on the blessings that would come from God in this coming future. God promised to hear the prayers of his people (vs. 12). God promised to be found if sought by the exiles with their whole heart (vs. 13). God also vowed in this passage that the Jewish captives would eventually be brought back from their exile (a promise which he kept) and strongly hints of a future time when he would unite his people under the banner of the Messiah, Jesus.

Do we harbor false hopes? The expectation that my Christian life will be carefree, without pain or friction in my relationships is false (2 Timothy 3:12). The expectation that my Christian community revolves around me and my needs is false (Matthew 20:25-28). The expectation that I'll be able to compartmentalize my relationship with Jesus so that it is contained and doesn't demand too much of my life is false (Luke 9:23-24). The danger of false messages of hope lies not only in trusting words that are not from God, but also in neglecting the real promises that God actually did make and ignoring the requirements he sets to participate in their fullness.

Godly hope is never unrealistic or untrue. Godly hope is not based on our desires, wishes, or whims, but firmly anchored in the reality of promises that God makes. Rather than tempt us with sugar-coated lies which conceal our true spiritual condition, God exposes the horror of our own sin to us in order to bring us back from spiritual exile. Surely the reality of hope is infinitely more satisfying than the delusion of sin!

*Pam McCarthy* CPA/MST

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... in Lowell is accepting applications for the 2017-2018 school year. Inquire or apply online at [www.sjdarc.org](http://www.sjdarc.org). You may also contact our Admissions Office at 978.453.4114 to request an admissions package or schedule a tour. Ste Jeanne d'Arc School is a Pre K (K1) – 8 Catholic, independent school offering classes in Religion, Math, Language Arts, Science, Social Studies, K1-8 French, Art, Music, Computers, Physical Education as well as accelerated classes. The school and classrooms are outfitted with state of the art technology, iPads are provided to students in grades 4-8, 20+ athletic programs, extra-curricular activities including LEGO Robotics Club and Destination Imagination. Extended Day Care Program is available.

Consistently recognized as a school of excellence, this year Ste Jeanne d'Arc School students rank #1 in the Archdiocese of Boston for high achievement on the NWEA standardized test. We are also a 2010 National Blue Ribbon School by the U.S. Department of Education for our students' superior academic performance, a Bright Spots School and National Beta Club School of Distinction. Our school is also fully accredited by the New England Association of Schools and Colleges.

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## RED CROSS SEEKS VOLUNTEERS/RETIRED EDUCATORS TO TEACH PREPAREDNESS SKILLS TO LOCAL CHILDREN

Former educators and new volunteers are needed to assist the Red Cross in teaching area children the important skills they need to successfully adapt to and prepare for emergencies. **The Pillowcase Project**, a national program offered in schools, after-school programs, summer camps and other youth programs and events teaches 3rd - 5th graders and their families how to prepare for disasters.

"While the Red Cross is always recruiting new volunteers to respond to area home fires and other disasters, we are especially interested in finding new volunteers and former educators to teach important safety and coping skills to our youngest community members," said Jeff Hall, spokesperson with the American Red Cross of Massachusetts. "Former teachers have the skills we are looking for to help spread the message of the Pillowcase Project. These educators know our target audience best and we'd love to have their expertise spreading these important safety lessons."

**To volunteer**, visit <http://www.redcross.org/volunteer/become-a-volunteer#step1> Enter your zip code and select 'Community Disaster Education/ Preparedness', from there interested community members will be lead through the volunteer application. They can also call 1-800-564-1234 to volunteer.

The Pillowcase Project curriculum is structured by three core principles: Learn, Practice and Share. Students will learn about hazards, how to prepare for emergencies, enhance coping skills, practice what they have learned and share their knowledge with friends and family. The program emphasizes the importance of practicing protective actions, developing an emergency communications plan, and practicing a home fire drill.

The program also teaches students how to create their own emergency supplies kit by packing essential items in a pillowcase for easy transport during an emergency. Students will have the opportunity to decorate and personalize their pillowcases during the presentation, and are encouraged to take them home to create a kit.

Created in New Orleans, The Pillowcase Project was inspired by the story of local university students carrying their belongings in pillowcases during Hurricane Katrina evacuations. Through the program, the Red Cross aims to empower children to prepare themselves, their households, and their communities for emergencies.

Since July 2015, the American Red Cross of Massachusetts has taught the Pillowcase Project curriculum to more than 7,000 students in the Commonwealth.

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## LOWELL GENERAL HOSPITAL'S TEAMWALK FOR CANCERCARE

### RAISES RECORD-BREAKING \$920,000

Thank you to all the walkers, volunteers and supporters who came out to the Tsongas Center at UMass Lowell for the 18th annual TeamWalk for CancerCare on Sunday, May 21. The event raised a record breaking \$920,000 with more donations still coming in. These funds will be used to provide services and support for local cancer patients and their families – support such as medications, nutritional supplements, wigs and prosthesis, support groups, transportation, and much more. For someone facing a cancer diagnosis, financial worries can bring additional stress during a time when anxiety levels are at their highest. For thousands of patients throughout the Merrimack Valley, TeamWalk for CancerCare is there to help. A great big THANK YOU goes out to all our corporate sponsors, everyone who walked, donated and volunteered – you truly help TeamWalk make a difference!



## ALTRUSA CLUB OF MERRIMACK VALLEY

ALTRUSA is a non-profit community service organization dedicated to improving the lives of those in need in our community. To learn more about Altrusa visit at [www.altrusa.org](http://www.altrusa.org) or email [altrusamv@gmail.com](mailto:altrusamv@gmail.com). The new millennium continues to bring new ideas and opportunities for Altrusa.

## EVANGELICAL CONGREGATIONAL CHURCH OF TYNGSBOROUGH

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[www.tyngsborocongregational.org](http://www.tyngsborocongregational.org)

If you have questions or need information, please call our  
Office 978-649-2261 or email: [ecctsec@outlook.com](mailto:ecctsec@outlook.com).

Our Mission: Glorify God by encouraging all people to follow Jesus together in faith, love and service

### SUNDAY MORNING SCHEDULE

Worship Service at 10:00am • A nursery is provided.

Followed by Fellowship and Refreshments

- Children attend the Worship Service with parents and are dismissed after Opening to age related Sunday School classes. (K-12) **11:15 a.m.** - Fellowship and Refreshments

- The last day for Sunday School will be **June 11th**. Following the **Children's Day Program** during the Morning Service

- **Our end of Sunday School year/ALL CHURCH PICNIC** will be again held at the **Tyngsboro Sportsmans Club, 75 Westford Rd. on June 11th from 12-4**. Please mark your calendars and join us for a fun afternoon of food, music, and fellowship. Hotdogs and hamburgers provided by the church, *please bring your drinks & a dish to share. A freewill offering will be taken to help offset the rental costs. Invite your family and friends!*

- **THE 150th Anniversary Committee** of the church is meeting regularly now to plan events for the historic celebration in 2018. If anyone has photos or information of the church through the years please notify Joy at 978-649-6142 or Jill at 978- 649-3301.

- **CRAFT FAIR NEWS** We are looking for a few more craft people to join us this year for our Annual Fair, which will be held on Dec. 2nd this year from 9-3.

Our theme is focused on our 150th Anniversary and our own members and friends will be making crafts and gift items to celebrate such. Interested crafters can contact Jim @ 203-535-5982 for details and reservations.

- **THE THRIFT SHOP** Located next to the Church, it is open to the public on **Thursdays and Saturdays from 10:00 a.m.- 3:00 p.m.** We offer an assortment of clothing and shoes, handbags, baby items, books, small appliances, dishes, glassware, decorative items, and craft items, ETC. We welcome your patronage and donations. **Please do not drop off large furniture, TV's, Computers or Bikes.** Thanks so much for understanding, we haven't means by which to dispose of them without incurring costs.



## JAMES JACOPPI

### MEMORIAL SCHOLARSHIP FOUNDATION

Dear Friends and Neighbors,

Thank you for your donation to the James Jacoppi Memorial Scholarship Fund. With your donation we were able to give away over \$100,000.00 during the last fourteen years. The scholarships were awarded to graduating seniors who are furthering their education and who have applied for this scholarship.

With your donation, graduating seniors with their ambition to further their education, will realize their dream.

Congratulations to the Raffle Winners for the April 30<sup>th</sup>, 2017 drawing: Thure Bloomgren, Maureen Looney, Esther Wilkander, Joanne Jean and Dan Looney.

### DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827

Dunstablechurch.org 978-649-6251

Pastor Bobby Ross pastorbobby@dunstablechurch.org

**DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."**

**SUNDAY WORSHIP:** Worship Service is held at 10:00 am each Sunday. Child care is available during the service for infants through kindergarten age. Our worship services feature a wide variety of music, scripture readings, corporate prayer and spoken messages and with Communion (the Lord's Supper) served on the first Sunday of every month. An informal time of fellowship with coffee, tea and refreshments takes place after worship to which all are welcome.

**PASTOR BOBBY ROSS** has established office hours if you would like to make an appointment to visit with him. Call the office at 978-649-6251 or email administrator@dunstablechurch.org, or pastorbobby@dunstablechurch.org to schedule a time that is convenient for you.

#### DECC YOUTH GROUP

Our season is winding down for Youth Group but there is still some fun stuff happening. There was no meeting on Memorial Day Weekend (5/28). On June 4<sup>th</sup>, we will host our Lemonade Stand fundraiser for our sponsored child, Samantha, and will have our final regular meeting. June 11<sup>th</sup>, we will participate in the morning service along with the Sunday School classes as we celebrate Children's/Youth Sunday. Later that day we will wrap up the year with a cookout and campfire at Sunshine Overlook Orchard. Be sure to invite your friends to all events. Anyone in grades 6-12 is welcome. Looking ahead... YG plans to attend summer camp at Monadnock Aug 6-12. Questions? Call Jon Hughes (978-649-8554).

**CHOIR REHEARSALS** The final regular rehearsals for the sanctuary choir were on Tuesdays, May 23 & May 30. The choir will participate in the morning service on the first Sunday of June for the final time until the fall. Special music, including ladies' and men's ensembles, will continue through the summer.

We continue our search for a new Accompanist for the church. Qualified candidates are welcome call the church for more information at 978-649-6251 or send any questions or resume to administrator@dunstablechurch.org. Please pass the word along if you know someone who might be interested in the position.

**MOPS (Mothers of Preschoolers)** at Dunstable Church. The last meeting for the summer was June 2. **Meetings will resume in September.** Stay tuned. MOPS meet 9-11 am on Fridays, twice a month. Please contact Shelly Ross at shellyannross@gmail.com with any questions.

**Many enjoyed the Mothers Day Tea on May 13<sup>th</sup>.** Sheryl Faye presented "Women in Flight, Amelia Earhart." This Free Program was sponsored by the Sunshine Girls and funded by a Dunstable Cultural Council Grant.

**DANCE CAMP** – Watch for news coming soon. For more information about any of these events, contact the church office 978-649-6251 or email info@dunstablechurch.org.

## BUDGET BUDDIES

Budget Buddies helps low-income women become more economically self-sufficient and transform their lives by teaching them core money-management skills and pairing them with personal financial coaches. We partner with local social service agencies and community volunteers to provide individualized training in basic money management. **Please come along to a no obligation Volunteer Information Night in Chelmsford MA. Please call (978)-703-0820 for details – our website is [www.budgetbuddies.org](http://www.budgetbuddies.org)**

### THE WISH PROJECT

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#### ***Thank you from the 800 Moms you helped this Mother's Day!***

Thank you to all the donors and supporters that have made it possible for us to give out nearly 800 Mother's Day bags to women in shelters in Merrimack Valley this Mother's Day. Our goal was 500 bags to be distributed through our partner agencies and your generosity has helped us exceed that number! They were thrilled to receive them.

#### **• Thanks for making our 6th Golf Classic such a success!**

Thank you to our Board Members, sponsors, golfers, staff, volunteers and everyone that helped contribute to making our 6th Annual Golf Classic such a success! Autoliv, Johnson O'Connor, DiCicco, Gulman & Company LLP, Touchstone Closing & Escrow, LLC, Manion Gaynor @ Manning LLP, Washington Savings Bank, Francis E. Provencher Insurance Agency, Enterprise Bank, Eastern Bank, Lowell Five Bank, Jeanne D'Arc Credit Union, D'Youville Life & Wellness Community, Luz Granite, Northeast Planning Associates Inc., ShaDo Real Estate Development, Andover Country Club and Dacey Zouzas. The rain held off and a great time was had by all! Looking forward to the 7th Annual next year!

- **SUMMER CAMP BAGS** We are starting to collect items for Camp bags. These go out to children that receive scholarships to summer camp but do not have the resources to buy the items they are required to bring. **We are currently in need of duffel bags, sun-screen, bug spray, flip flops and beach towels.**

If you would like to participate in this project email Jill at [Jill@thewishproject.org](mailto:Jill@thewishproject.org) and tell her how you can help.

- **About Us** The Mission of The Wish Project is to help families in need in Merrimack Valley. Find out more on our website [www.thewishproject.org](http://www.thewishproject.org) or call us at 978-441-9474.

**Hours to drop off donations:** Tue/Wed/Fri and Sat 9am-2pm

No appointment needed but call first if it is snowing or near a holiday. Foundry Industrial Park Lowell, MA 01852 Off of Plain Street in Lowell. The Wish Project, 1 A Foundry Street, Lowell, MA 01852

All clients are referred through social service agencies, and are financially qualified. A 501C3 tax deductible charity For more information visit <http://www.irs.gov> 1 A Foundry St. 495 to Lowell Connector to Exit 4 Plain St., Lowell, MA 01852 Turn Right on Plain St., go 0.3 miles, Turn Right on Foundry. **978-441-9474** Website [www.TheWishProject.org](http://www.TheWishProject.org)



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**June 10, 9:30-11 am**, Beaver Brook Nature Center, 117 Ridge Road Hollis NH

Join educator Brooke Arthur on multi-sensory exploration of the woods. Activities for heightened focus in each of our senses will aide in creating experiential poetry. No writing experience necessary, families welcome.

\$5/family. Free to BBA Members. Register online at [www.beaverbrook.org](http://www.beaverbrook.org)

### Guided Wildflower Walk

**Sunday June 25, 10-noon**, Beaver Brook Nature Center, 117 Ridge Road Hollis NH

The traditional Wildflower walks lead you through the trails of Beaver Brook in search of each week's blooming wildflowers. Join the knowledgeable BBA instructor Rivka Schwartz on these walks.

\$5 per person/ Free to BBA Members. Register at <https://www.beaverbrook.org> Wildflower Bloom Book of Beaver Brook by Joan Bonnette available for sale \$10.

## NOW FORMING "NEW HORIZONS" DRACUT COMMUNITY BAND

We are recruiting members to play in a Dracut Community Band. It is open to all musicians 18 years or older who are residents of Dracut and from surrounding communities. No audition is required but Band members should have some playing and music reading experience. It will be lots of fun! **We will be rehearsing on Thursday nights at Christ Church United in Dracut Center from 6PM-8PM**

Please call Maureen Johnson 978-454-0055 for more information or if you'd like to join. We will be having an organizational meeting soon--We will notify players of date and time for meeting and start of rehearsal. Any donations of used instruments would be greatly appreciated especially a concert bass drum and stand.

## BE AWARE...

### MOTORCYCLES ARE EVERYWHERE

With warmer weather approaching and the price of gasoline many people are now driving motorcycles. While driving an automobile we need to become more aware of our counterparts on two wheels. Automobile drivers, not motorcyclists, are responsible for more than two-thirds of car-motorcycle crashes. Many times, drivers don't see the motorcyclist until it's too late to avoid a crash.

**Advice to Automobile Drivers** - Motorcyclists are more difficult to spot than automobiles because of their smaller profiles, and drivers are conditioned to look for other cars, not motorcyclists.

\* Traffic, weather and road conditions require motorcyclists to react differently than drivers, so it's often difficult to judge and predict when riders may take evasive actions. This means that drivers must always be aware of their surroundings – So check twice and save a life.

\* You are more likely to be involved in a crash with a motorcycle when you're making a left turn in front of a motorcyclist; the rider is stopped in your blind spot; there are hazardous road conditions such as potholes, wet leaves, railroad tracks, etc. that may cause a motorcyclist to take an action you don't expect; and you have a line-of-sight restriction, such as delivery vans, sport utility vehicles, or large trucks, etc. that may block motorcycles from your view.

\* Remember that motorcyclists have the same privileges of other drivers. Be sure to give riders a full lane of travel and always keep a close watch for riders – especially at intersections and on highways.

\* Anticipate a motorcyclist's maneuvers. A piece of road debris that poses no threat to a car may be deadly for a motorcyclist. Predict evasive moves a motorcyclist might take by always being aware of your surroundings. Also, don't follow motorcycles too closely. Allow enough room for the motorcyclist to take evasive actions

**Advice to Motorcycle Riders** – Don't assume you are visible to a driver. As a motorcyclist, it is your responsibility to make your presence known to drivers. Select and wear an appropriate helmet with retro-reflective materials. A DOT-approved motorcycle helmet is your most valuable piece of protective gear and should be visible to drivers. Wear bright, contrasting protective clothing. If you wear dark clothing, wear a fluorescent vest.

\* Use headlights while riding on the highway, and use high beams rather than low beams. Also consider a modulating headlight.

\* Proper lane position is important. It helps drivers see you and protects your riding space. Remember, if you can see a driver in the side-view mirror, the driver can see you. Don't "hide" in a driver's blind spot, and always signal before making a move. Never weave between lanes.

\* Remember, there is no one safe place to ride. Use lane positioning to be seen and to provide extra space for emergency braking situations or avoidance maneuvers. Never share a lane with a car. Drivers may not expect you alongside their cars and may not be aware of your presence.

For further information about Stop-N-Go Driving Academy and our driver education programs and services call our office at 978-649-4966 or visit our website at [www.sngda.com](http://www.sngda.com).

## ST. LOUIS SCHOOL

St. Louis School 77 Boisvert St. Lowell is accepting registrations for the 2017-2018 school year for Pre K 3-8.

Pre K 3 part time options are offered. Shadow days and tours are available daily.

Great incentives are now available for new students in K-8.

**Please contact the school office 978 458 7594.**

## DATES TO REMEMBER

**Wednesday, June 14<sup>th</sup> Flag Day**

**Sunday, June 18<sup>th</sup> Father's Day**

**Wednesday, June 21<sup>st</sup> Summer Begins**

**Tuesday, July 4<sup>th</sup> Independence Day**



## ANCHOR BIBLE CHURCH

18 Pondview Place, Tyngsborough, MA (across from Skate 3)  
 Sunday school – 10am Sunday worship 11am & 6pm Mid week  
 prayer meeting – Wed. 7pm. Home Bible study – 7pm, 1<sup>st</sup> and 3<sup>rd</sup>  
 Thursdays @ 163 Highland St., Hudson, NH Call Pastor Steve  
 Willett @ 978-957-0648 www.anchor-bible-church.org

## PET HEALTH DUNSTABLE ANIMAL CLINIC

**Cannabis for Pets**  
 by Tara M. Sacramone, DVM



The times they are a changing, and in order to keep up with them I attended a conference last week about cannabis, for pets not humans. Anyway, it was a very educational meeting and I thought I would pass on some knowledge to all the pet owners out there. The subject of marijuana is very polarizing, and regardless of your view on the subject it is coming, so we should all be prepared.

Marijuana is a leafy plant containing many active compounds including THC and CBD. Each strain has different concentrations of these cannabinoids. THC (tetrahydrocannabinol) is the most widely known component of marijuana and the one that causes the psychoactive effects, and has been said to be useful for analgesia, anti-nausea, appetite stimulation and antiepileptic in humans. CBD (cannabidiol) is a different component that does NOT have psychoactive effects, but may be useful for analgesia, antiepileptic, anti-nausea, anti-vomiting, anti-inflammatory, and anti-psychotic. In order for the components of marijuana to become active they need to be heated up or vaporized.

Marijuana is classified as a schedule 1 drug by the DEA, meaning that it has no recognized medical benefit and that it is illegal to prescribe. Because of this classification it is very hard to get reliable studies done on its use and safety. Every state has its own laws regarding marijuana, from how to allow certain people to get it (medicinally) to what it can actually be used for.

There have never been any clinical studies done for the use of cannabis for animals. The veterinary community can see potential benefits of the CBD component used orally. Currently there are companies selling products containing CBD to pet owners over the internet. This is still actually illegal, but it happens. Most of the stories you hear about successful use of CBD in pets are totally anecdotal, therefore approach them with a healthy dose of cynicism. None of the products available are regulated by the FDA, so anyone can put anything on the label. Interestingly the FDA does randomly test some of these products every year and if you google FDA/CBD you can find out which products actually contain the CBD they claim on the label. Another potential problem with these products is that they can be contaminated with pesticides, mold, heavy metals and bacteria.


In pets we also have to worry about accidental exposure, especially as edibles become more readily available. Edibles are more toxic than eating the plant itself because they have been heated up and mixed with fat which speeds up absorption. Apparently marijuana never causes death in humans, even with large exposures, but the same cannot be said for animals. Animals do not enjoy the psychoactive effects and an overdose can cause urinary incontinence, respiratory failure, drooling, tremors, and coma. Severely affected dogs have to be placed on a ventilator and need prolonged stays in ICU. So just be sure to keep your edibles away from your kids AND your pets.

## LEARNING IN RETIREMENT ASSOCIATION UNIVERSITY OF MASSACHUSETTS LOWELL

### LIRA 2017 Summer Intersession

These programs are free and open to the public. All on campus programs run from 10 a.m. to Noon at University Suites, Room 106, 327 Aiken Street, Lowell. Metered parking around building. For more information on locations and times please check our website - <http://uml.edu/Community/LIRA>

June 7 Fire Is Everyone's Fight Mass. Dept. of Fire Services  
 June 14 Autism Spectrum Disorder Professor Ashleigh Hillier  
 (Department of Psychology, UMass Lowell)  
 June 21 Middlesex Canal Museum No. Billerica MA




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**HOURS**

Mon.	9:00 A.M. - 5:00 P.M.
Tues	9:00 A.M. - 6:30 P.M.
Wed	9:00 A.M. - 5:00 P.M.
Thurs	9:00 A.M. - 6:30 P.M.
Fri	9:00 A.M. - 5:00 P.M.
Sat	8:30 A.M. - 11:30 A.M.

Dr. Tara M. Sacramone  
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