

Neighbor to Neighbor

Published by Anne M. Paquin Since 1983 64 Hardy St., Dunstable, MA 01827 (978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com www.neighbortoneighbornewsletter.com Celebrating 33 Years of Service

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POSTAL PATRON TYNGSBOROUGH, MA 01879

CARRIER ROUTE **STANDARD** U.S. POSTAGE PAID TYNGSBOROUGH, MA 01879 PERMIT NO. 40

TYNGSBOROUGH TOWN CLERK

2017 DOG LICENSES are available at the Town Clerk's office or by mail. Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. If renewing by mail, please enclose a stamped envelope for the license. Remember that there is a \$25.00 late fee for any registration after March 1!

2017 CENSUS forms were mailed. Please check the information on the form for accuracy, make necessary corrections, and return promptly to the Town Clerk's office. If you do not receive a census form, please call the office and we will mail a form. Please note that the census does not register you to vote. You can register by going to mass gov and completing an online voter registration form. Completing and returning the census keeps your voter status current and there will be no need to fill out a proof of residency form at the polls.

OFFICES TO BE FILLED AT THE ANNUAL ELECTION MAY 9, 2017

One Year Term: Cemetery Commissioner, Library Trustee

Two Year Term: Cemetery Commissioner

Three Year Term: Selectman (2), Board of Assessor, Board of Health (2), Library Trustees (2), Cemetery Commissioner, Finance Committee, School Committee (2), Sewer Commissioner, Tree

Warden, Moderator

Five Year Term: Planning Board

Nomination papers are available at the Town Clerk's Office and need to be returned by March 21st. Candidates need 45 signatures. Voter registration is scheduled for April 19th until 8:00 pm. Please contact the office at 978-649-2300 extension 129 or email to jshifres@tyngsboroughma.gov with any questions.

JAMES JACOPPI MEMORIAL SCHOLARSHIP FOUNDATION

The raffle is under way once again, this is our 15th year of fundraising for scholarships to aid in the continuing education of graduating high school students. This year's raflle winners will share in the \$2,500 in prizes. Tickets can be purchased by calling Joe or Jean Jacoppi at 978-649-9076.

All tickets must be received by Saturday, April 29th to be eligible to participate in the drawing.

Please visit our web site $\underline{www.jamesjacoppischolarshipfund.com}$ or Facebook page for any information you may need including access to the scholarship application.

IN MEMORY OF

David A. Beaulieu Edith E. Richards Kearin Barbara A. Newcomb Alice R. Silva Gervais Diane M. Landry Norman D. Lecourt

Lawrence E. Christianson Dylan T. Fleury Days Larry D. Jones Jeanne A. Moran Meleo Edmund D. Murphy Bessie Screpetis Natsios

Paul O. Paquette

NOTICE TYNGSBOROUGH WATER DISTRICT

The Election will be held on Tuesday, April 4, 2017 from 5:00 PM-7:00 PM at the District office.

The Annual/Special Meeting of the District will be held on Tuesday, April 11, 2017 at 7:00 PM at the District Office, 87 Progress Avenue, Unit 2. Warrants and additional information will be available at the Water District Office.

Signed: Board of Water Commissioners Tyngsborough Water District, 87 Progress Ave, Unit 2 Tyngsborough, MA 01879 978-649-4577

TYNGSBOROUGH CITIZENS

....invite you to join our on-line community forum. We share information about town and school happenings and ideas for how to make our town even better. Formed in 2000, we are over 450 town residents who converse via this Yahoo group. We are not an anonymous listserve; residents share their name and address when posting. We strive to keep the conversations civil and constructive. Membership is open to all residents.

Please visit tyngsboroughcitizens-subscribe@yahoogroups.com to join.

RECYCLING FUNDRAISER Electronics Recycling Fundraiser for **Tyngsboro Boy Scout Troop 46**

Electronics and appliances accepted for a nominal fee Saturday, April 8, 2017 9am - 1pm Tyngsboro Public Library 25 Bryant's Lane, Tyngsboro, MA 01879 Email questions to tyngstroop46@gmail.com

THS GRAD NIGHT

The Grad night committee continues to welcome new members. Please consider joining this fun and innovative group as we plan an amazing night for our 2017 THS graduates.

ATTENTION ALL!!! Looking for a fun filled night out in March? Join THS GRAD NIGHT for Comedy Night!!! The event will be held at the Princeton Station, Chelmsford on Friday, March 31, 2017. Doors open at 7pm. Tickets are \$25 each. This will be a night filled with lots and lots of laughs. We will have raffle items as well as silent auction items. This is a fun night for those age 21 and up. Tickets can be purchased from any committee member or by calling Caren Bovill 978-852-3964 or Tara Gabriel 978-397-6495. This event sells out fast so don't miss a chance to gather up some friends and have a great evening out!! For more information or visit our website www.thsgradnight.org. We appreciate your support of our Tyngsboro students.

What is Grad Night? Grad Night is an all night chemical free event for the graduating seniors of Tyngsboro High School. It takes place on the night of graduation. The evening is filled with food, music, entertainment and activities. Check out our website at http://thsgradnight.org/

Please consider joining our committee for Grad Night. We welcome parents of all age/grade students including senior parents to help make this a wonderful time for the graduates. Our February calendar raffle was a success. Thank you everyone for your support! The winner's have been notified and listed on our website. Please feel free to check out the exciting prizes that have been awarded at www.thsgradnight.org.

Meetings are held the first Monday of the month at 7PM in the teacher's lounge across from the cafeteria of Tyngsboro High School. Our next meeting is March 7th.

FRIENDS OF THE TYNGSBOROUGH PUBLIC LIBRARY



Scholarship/Service Award for High School Seniors: The Friends of the Tyngsborough Public Library are announcing the annual Scholarship/Service Award for 2017. The award goes to a deserving high school senior from Tyngsborough who is graduating this year. Award eligibility includes membership in the Friends of the Tyngsborough Public Library organization, volunteer service to a Friends activity, and plans to further their education. The student must also complete the application and submit it by March 31, 2017. Ask for an application at the Tyngsborough Public Library or go to http://www.tynglib.org/index.php/friends-of-library.

Membership Month: If you want to join the Friends of the Tyngsborough Public Library or renew your membership for the new year effective April 1, then watch for the brochure to be mailed to your household in March. March is the Friends membership month, and we are glad to accept new members and see the current members continue their support of our town library and its enriching programs. The Friends fund hundreds of children's books each year, the museum pass program, summer reading prizes and performers, fabulous events throughout the year and furnishings, technology, equipment and other enhancements not in the library budget!

Applications are also available at the library at 25 Bryant Lane.

Book Sale – Save the Date! The Friends will hold the Spring
Used Book sale on the third weekend of May. Friday evening, May
19, opens the sale to Friends members, and the public is invited on
Saturday, May 20.

The deadline is March 10th for the April issue of Neighbor to Neighbor.

Have events coming up in? Send an email to me at anne@NeighborToNeighborNewsletter.com or by mail to Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827. News is placed on first come, first served basis, as space allows. Need details about advertising your business? You may reach me at 978-419-1914 or email me at the above address.

I look forward to hearing from you, Anne



TYNGSBOROUGH RECREATION Call 978-649-2300 Ext. 150

The Recreation Committee meets at the Recreation Center 120 Westford Road the <u>first Monday of the month at 7pm</u>. Additional information may be found on our website at TyngsboroughRec. com Friend us on Facebook. *Currently three open seats. Join us!*

- CONTINUING BEGINNING VIOLIN/FIDDLE Open to all towns Students will learn the fundamentals of playing the violin/fiddle to include: Violin/fiddle orientation, basic music theory, bowing techniques and finger position. Violin rentals available through Violin Instructor and Bridges and Bows of Westford (\$35/6week program). THURSDAY CLASS Ages: 4th grade through Adult, Location: Tyngsborough Recreation Center 120 Westford Road, Time:3:30-4:30pm, Begins: Thursday 4/6-5/11 Instrutor: Lauren Mann Chaney, Fee: \$100 (includes \$10 in materials) Register: Online at www.Tyngsboroughrec.com Questions: terrilawrence@me.com 978-828-6589
- MEN'S PICK-UP BASKETBALL Held Wednesday Nights 8-10pm at the High school. \$10/night or \$80/half year (begins1/4) Contact Joe Holden62@@yahoo.com
- SOFTBALL Spring 2017 season registration will be accepted at Tyngsborough Town Hall and online until mid March. Every girl registered by this time will be guaranteed placement on a team. Those registering after will be assigned to a team if there is space available. There is no guarantee of placement on a team for those registering after teams have been made. Season Only: T-Ball (ages 5-6): \$75 All other ages: \$100 Season Family cap: \$150 Website and Social Media connections: www.TyngsboroSoftball.org "Tyngsboro Softball" on Facebook
- NEW FITNESS CLASS Pound Sweat, Sculpt, Rock, with Pound -Rockout, Workout. It's a high-intensity, full-body, 45-minute workout that combines interval training, squats, lunges, plyometrics, and pilates with drumming lots of drumming with sticks that are heavier than average drumsticks. Come join the class! 8 Tuesdays- \$65 6:30-7:15PM Yoga mat required.
- TRACK & FIELD FAMILY FUN NIGHT'S PLANNING COMMITTEE: Please contact us at the Rec. Office or FB if you would help on our planning committee for 2017 Track and Field. We meet a few times before the program begins the second week in July in order to plan publicity, assemble teams, plan games and activities and order equipment. The program is for ages 4-10 and runs at 6pm for 6 consecutive Thursdays. We are always looking for new faces to join us! We also need coaches to supervise the children, no experience is necessary. We welcome older teens that enjoy helping younger children with the games and activities.
- JOIN THE FESTIVAL OF TREES PLANNING COMMITTEE: We are looking for new members to join our sub-committee to plan the Festival of Trees Event specifically. You do not need to be on the Recreation Committee. Contact the Rec. Office, send a message on FB or call Theresa 978-828-6589 if you have questions.
- TYNGSBORO FAMILY PLAYGROUP Join us on Wednesday mornings at the Tyngsborough Recreation Center for Playgroup. Ages 0-5 Years 9:00 11:00 a.m. Cost is only \$2 per week per child! Playtime, Crafts, Story & Snack ***Not exclusive for Tyngsborough Residents*** Follow our page to get information about events around town that are aimed for the 0-5 year old crowd. tyngsfamilyplaygroup@gmail.com
- TENNIS CAMP Held at the New Elementary School *Boys/girls ages 7-18 *Beginners through advanced *Tennis made easy and fun! 3 weeks of fun Class size limited so sign up now! DATES, TIMES, and PRICE July 3 6 Monday thru Thursday 9 12 pm \$199 (\$50/day) August 7 10 Monday thru Thursday 9 12 pm \$199 (\$50/day) August 14 17 Monday thru Thursday 1 4 pm \$199 (\$50/day) New: Sibling discounts are no longer available, 20% off total tuition each additional week (discounts offered by phone only) Daily rate is \$50! Held at the Bicentennial Courts adjacent to the Elementary School (Beginners Through Advanced) are Welcome Register now for any class by either sending an email that includes your Personal Information (phone number, address, etc), Child's Information, (age and level) and Times to: Greg Reardon, U.S.P.T.R. You can also call: 727-542-9636

JOB OPENING AT DUNSTABLE PUBLIC LIBRARY

15 hours per week at \$15.79 an hour. Responsible for cataloging and processing new acquisitions, entering data and circulation desk duties. Skills required - advanced computer skills, typing and some library training. High school diploma or equivalent. Willingness to attend regional meeting. Send resume to Mary Beth Pallis, PO Box 219, Dunstable, MA 01827.

ST MARY MAGDALEN PARISH

95 Lakeview Ave., Tyngsboro, MA 978-649-7315

Weekend Mass Schedule: Saturday 4PM. Sunday 7:30AM, 10AM
Greetings from our Pastor, Fr. Richard Clancy
COME JOIN US, ALL ARE WELCOME!

Weekday Mass: Monday, Thursday & Friday at 9AM. No Mass on Tuesday and Wednesday

- Reconciliation every Saturday from 3 to 3:40PM or by appointment.
- View our bulletin on line at www.stmarymagdalenparish.com. Join us on Facebook! Search "Saint Mary Magdalen Parish Tyngsboro" and like our page to see daily meditations and events.
- FIRST FRIDAY ADORATIONS are held on the first Fridays of the month at the Church and will consist of Holy Hour with closing Benediction from 9:30AM 12pm.
- The St. Vincent De Paul Society operates a monthly food pantry out of the rectory in addition to providing holiday meals to those in need. We can be reached at 978-844-2365.
- Prayer_Line <u>Do you know of someone needing prayers?</u> Call Helen (978) 649-7927 or Carol (978) 649-6717. (Submit only first name of one to be prayed for)
- MEN OF ST. JOSEPH The Men of St. Joseph in the Greater Lowell area meet on the Second Saturday of every month. Each monthly meeting includes prayer, food, and faith-building fellowship. All meetings will begin at 7:00am and end no later than 9:00am. Newcomers, father/son (Confirmation age) teams, and friends from other parishes are always welcome! To find out more, please come and check us out! Held at St. Rita's Church, Mammoth Rd, Lowell
- CRAFT & CRIBBAGE NIGHT Every 2nd & 4th Tuesday of the month from 6–8:00pm at the Parish Center



FRIENDS OF THE TYNGSBOROUGH COUNCIL ON AGING

Friends of the TCOA Board of Directors: President: Joe Jacoppi, Treasurer: Joanne Jean, Clerk: Frank McCarthy, Jean Kareores, Elaine Rivard, Leon Poirier, Elaine Franks and Trudi Woods

As the busy Christmas and Holiday season passes, we are excited with plans for the late winter and spring season at the senior center. The Friends are working to help the Tyngsborough Council On Aging have fun filled and successful center activities in the months ahead. A few plans in the works sponsored by the Friends:

- An April lunch hosted by the Friends. Date TBD.
- An extravagant spaghetti supper with a cash bar is planned for September, date TBD. Stayed tuned!!
- The Friends participated in the Adopt A Family program this year and plan to continue with this worthwhile effort.
- In addition to our annual Craft Fair in October, we are now in the early stages of planning a huge Yard/Tag Sale to be held in the late summer or early fall.

All our activities take a lot of time, talent and treasure. Please consider helping us make the TCOA the best it can be. The Friends is a 501(c)3 non profit charity and all donations are fully tax deductible. All gifts and donations can be sent to:

The Friends of the Tyngsborough Council On Aging, PO Box 415, Tyngsborough, MA 01879-0094 Visit our Web Site: http://www.friendsofthetyngsborocouncilonaging.com Visit us on FaceBook: https://www.facebook.com
FriendsofTyngsboroCOA/

EXTRA HANDS AND PAWS

Pet care-both day and overnight. Dog walking. Vacation home checks, plant watering, rides, errands. Any other needs? Please call Diane Nilsen at 978-649-8786 or email dianeinilsen@gmail.com.

CORLISS (CORY) LAMBERT CANDIDATE FOR RE-ELECTION

TYNGSBOROUGH BOARD OF SELECTMEN

I ASK EACH TYNGSBOROUGH VOTER FOR THEIR SUPPORT AND A VOTE ON MAY 9. 2017

I ADVOCATE FOR:

OPEN USER FRIENDLY TOWN GOVERNMENT
AN OPEN PUBLIC PARTICIPATION DECISION PROCESS
OPEN PUBLIC BUDGETING PROCESS
BEST USE OF LIMITED TAX DOLLARS
EQUAL CONSIDERATION FOR ALL TOWN DEPARTMENTS
FUNDING PRIORITY BASED ON NEED
STRONG PUBLIC SAFETY AND EDUCATION DEPARTMENTS
FULL DISCLOSURE ON ALL BUDGETING AND SPENDING
EXPANDED ADULT & SENIOR RECREATION

I OPPOSE:

UNPLANNED/UNMANAGED GROWTH FUZZY MATH & POLITICAL DIVISIVENESS UNPLANNED AND UNSUPERVISED SPENDING

GOALS:

ESTABLISH A COMMUNITY CENTER UPDATE TOWN MASTER PLAN FULLTIME TOWN PLANNER ONBOARD FULLTIME TOWN ENGINEER ONBOARD FULLTIME GRANT WRITER ONBOARD

RELATED EXPERIENCE:

LIFELONG TOWN RESIDENT
US MILITARY OFFICER - PROGAM DIRECTOR
BOEING COMPANY - DESIGN ENGINEER
SCHOOL COMMITTEE - BUDGET CONTROL
SCHOOL POLICY AND TRANSPORTATION SUBCOMMITTEES
ELEMENTARY SCHOOL BUILDING COMMITTEE
CAPITAL PROGRAM COMMITTEE
MASTER PLAN COMMITTEE

LET ME HEAR YOUR CONCERNS AND IDEAS

READY TO LISTEN: 978-649-9719 EMAIL: clambert2017@yahoo.com

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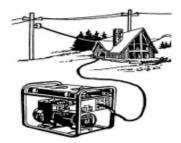


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TYNGSBOROUGH BAND 4-12, 5TH ANNUAL MATTRESS FUNDRAISER SUNDAY, MARCH 12, 2017

On Sunday, March 12, 2017, Tyngsborough Band 4-12 is pleased to host, once again, a one of a kind fundraising event. This event has been VERY successful for us, and in school districts all over the country for over 10 years. We are very excited to bring it back to Tyngsborough Band 4-12.

We hope this memo acts as a reminder that if you, or anyone you know might be in need of a mattress, please save the date and visit our mobile showroom. Did you realize 1 in 10 people buy a new mattress every year? This is the time to buy and save up to 50% off retail, all while supporting our program. There will be 20+ sets on display and a team of experts on hand to answer any questions you may have. When: Sunday, March 12, 2017 Where: In the HS Cafeteria Time: 10am-5pm

This is a no pressure sale, just stop in and take a look. Even layaway and delivery are available to make it easy on you. It is a pleasure to be able to find a way to help our students while providing cost savings to our community and staff. We appreciate your support of our fundraiser and hope you spread the word to neighbors, family and friends. *Sharing our event is easy on Facebook & Twitter facebook.com/CFSNorthBoston

Event Link: bit.ly/beds4tyng

Twitter.com/CFSNorthBoston beds4tyng

WEST CHELMSFORD UNITED METHODIST CHURCH

242 Main Street North Chelmsford, MA 01863 Phone: 1-978-251-4834 Website www.wcumc.us

Worship: 9:30AM and 11:00AM Professional child care provided Sunday school for all ages: 9:30 AM Coffee Fellowship: 10:30 AM

March is here and we hope that you can visit us soon during the Lenten season. We have compiled a Lenten devotional guide of readings for each day from Ash Wednesday through Easter. We invite you to view this on our website.

Our Celebration of Music is on Saturday, March 18 at 7:00 PM. Music from our handbell and vocal choirs will be featured as well as performances from some of our talented members! This is truly an inspiring and uplifting evening! Our Scholarship Dinner, that benefits our scholarship fund for graduating seniors, will be held at 5:30 PM right before our Celebration of Music. Chicken Parmigiana is on the menu. Please inquire about tickets by calling the church office. We are fortunate to have a scholarship fund to aid our high school graduates continuing their education. All are invited to attend this meal and the Celebration of Music

We are excited that construction has started to install two new lifts, a ramp, and accessible bathroom in our church building!

We are on 242 Main Street in North Chelmsford, right on the Westford/Chelmsford line. From Route 3, take the Route 40 exit to Chelmsford, take a sharp right onto Main Street Chelmsford right after the variety store and follow Main Street until you see the church on the left.

TYNGSBORO HIGH SCHOOL AND MIDDLE SCHOOL ATHLETIC OFFICE INFORMATION

• WINTER SPORTS AWARD NIGHT for all athletes that play a High School Sport only, will take place on: Thursday, March 16th at 7:00pm in the High School Auditorium.

SPRING INFORMATION

• FIRST DAY OF PRACTICE FOR ALL HS & MS ATHLETES: Monday, March 20th after school.

*For all Sports Schedules please go to: www.mwlma.org
*If you would like to receive scheduling text alerts during your son/
daughters sports season

Please go to http://www.tyngsboroughps.org/pages/Tyngsborough/ Departments/Athletics and CLICK on Schedule Alerts for Parents.

TYNGSBOROUGH COUNCIL ON AGING



169 Westford Rd., Tyngsborough, MA 01879

Mailing Address: 25 Bryants Lane, Tyngsborough, MA 01879

Email: Broche@tyngsboroughma.gov
councilonaging@tyngsboroughma.gov

PLEASE SIGN IN WHEN YOU COME TO THE CENTER!! Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3.

Lunch is served promptly @ 11:30 everyday must make reservations 2 days in advance BEFORE NOON Call 978-649-9211 \$2.00 for seniors & \$4.50 for non-seniors

- •WELLNESS CLINIC COA, 169 Westford Rd 978-649-9211 Nancy Harding, RN, from the *Circle Home, Inc.* 1st Tues each month.
- WELLNESS CLINIC at ELDERLY HOUSING Nancy Harding, RN, from the *Circle Home, Inc.* Red Pines Elderly Housing, the third Tuesday of each month from 8:30 9:30. Brinley Terrace Elderly Housing, the fourth Tuesday of each month 8:30-10:00.
- HOMEMADE and DELICIOUS Every Friday Volunteers give up their time and make up a delicious homemade meal for a \$3.00 donation and if we have leftovers you are welcome to a second plate. If you're interested in coming please call 3 days in advance. You'll be happy you came. It's a warm, welcoming environment. Rummy Cube afterwards.
- VETERANS' COFFEE HOUR!! Thursday, March 9th, 9:30-10:30 (Run by Chris Dery Town Veteran's Agent) This is an informal group that meets once a month to reminisce about time served and discuss benefits that are available to veterans. Come on down and have a cup of coffee and a donut amongst friends! Joseph J. Stavolta will give assistance and answer guestions.
- ST. PATRICK'S DAY CELEBRATION, Wednesday, March 15th at 11:30 <u>LAST DAY FOR SIGN UP IS WEDNESDAY, MARCH 8TH</u> Tickets are \$5.00 for a traditional corned beef and cabbage dinner. Tyngsborough Middle School will be here for entertainment. <u>Must have a ticket to attend.</u>(See Greeter)
- FREE TAX ASSISTANCE Mondays mornings <u>ONLY</u>, Harry Gong, an AARP volunteer tax preparer will be available to assist you with your taxes between 9:00-12:00 on Mondays through April 10th, 2017. Call the Senior Center to schedule an appointment. 978-649-9211.
- DAY OF BEAUTY Thursday, March 16th, 10:30 –12:30
 We will be going to Nashoba Valley Technical High. If you would like the cosmetology price listing feel free to come in and pick one up. Bus available to and from, call 978-649-9211.
 HIGHWAY DEPARTMENT "THANK YOU LUNCHEON"
- HIGHWAY DEPARTMENT "THANK YOU LUNCHEON"
 Wednesday, March 22nd, 11:30 <u>LAST DAY FOR SIGN UP IS</u>
 <u>WEDNESDAY MARCH 15TH</u> Come and join us for lunch to thank the Tyngsborough Highway Department. Tickets \$3.00.
- SPECIAL LUNCH HOUR (10% discount) AT CAZADORES, Monday, March 20th 11:30-1:00 Sign up by March 15th Check out the newest restaurant in town. After a long cold winter get some fresh air, catch up with friends for fun and laughter while sampling Cazadores Mexican menu.
- SHINE Serving Health Insurance Needs of Everyone.

 Wednesday March 15th, 8:30-12:30 Our Counselor Lillian

 Colby will be holding office hours at the Center every third Wednesday of the month. Call 978-649-9211 to schedule an appointment.

 Please bring insurance cards and a list of prescriptions you take with you.
- FOOTCARE CLINIC TyngsboroughCOA, 169 Westford Rd 978-649-9211 Next appointment, Tuesday, April, 18th, 10:00-12:00, \$30 DONATIONS NEEDED: Hot Coffee Cups 8 oz., Coffee. Paper Plates Lg or Sm, Medium Paper Bowls. Clear Wrapping paper to wrap baskets 3' tall. We are looking for volunteers to help and/or prepare our Friday lunches. We will supply all the ingredients and you can use our kitchen for preparation. Please contact Barbara Roche at 978-649-9211 if you are interested!
- FAITH WORKS! Faithworks is back! They will help us again with repairs, yard work etc. All referrals must be received by April 9th. We will need to give them your name, address, phone number and your specific request. Call Rose or Tracy at 978-649-9211 if you are interested.

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DATES TO REMEMBER

- Sunday, March 12 Daylight Saving Time Begins.
 Turn clocks ahead one hour Saturday Night.
- Friday, March 17 St. Patrick's Day
- · Monday, March 20 Spring Begins
- · Saturday, April 1 All Fools' Day
- Sunday, April 9 Palm Sunday
- Tuesday, April 11 Passover Begins
- Friday, April 14 Good Friday
- · Sunday, April 16 Easter Sunday
- Saturday, April 22 Earth Day
- · Wednesday, April 26 Administrative Professionals Day





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Neighbor to Neighbor

Published by Anne Paquin Since 1983

64 Hardy St., Dunstable, MA 01827-1403 NEW Tel. 978-419-1914

E-mail: anne@neighbortoneighbornewsletter.com

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TYNGSBOROUGH HIGH SCHOOL

... is proud to announce Haley Bean, Hope Caniff, Samantha Lee, and Kush Patel as the February students of the month.

Haley, daughter of Russell and Laurie Bean, is a member of the National Honor Society and a recipient of the Principal's Award and the Dedication to Learning Award. She is also a member of the Spanish National Honor Society and the Senior Sidekicks program. Haley is a four-year member of the girls' basketball team, and is currently a senior captain. She has volunteered over 300 hours of her time in the community, including at a soup kitchen in Nashua, with her church, and with NHS. Haley enjoys reading, playing basketball, spending time with friends and family, and working. Her favorite subjects are AP Biology, AP Literature, AP Language, and AP Chemistry. Haley looks forward to obtaining a Bachelor's Degree in Nursing, becoming a registered nurse, working in a hospital in the neonatal unit, and travelling the world helping people through Nurses Without Borders. "THS has allowed me to make friends and be apart of a very special community while giving me the opportunity to grow in my education."

Hope, daughter of Nicole and Peter Caniff, is a member of the National Honor Society and a recipient of the Core Values Award, the St. Michael's Book Award, and the Principal's Award. She is a founder of the SAGA (Sexuality and Gender Alliance) club, and a four-year member of the theater department. Hope has also been a four-year member of both the field hockey and girls' basketball teams, and is a current captain for the basketball team. She has volunteered her time at various children's events at the library, at spring clean-ups at THS, and by tutoring her peers. Hope enjoys singing, playing the piano, and participating in theater, and her favorite subjects are AP Biology and AP Chemistry. She looks forward to earning a Bachelor of Science in Biology and to earning an MD so she can become a doctor and save lives. "At THS I have made friendships worth lasting a lifetime.'

Samantha, child of Kimberly and John Lee, is a recipient of the Academic Excellence Award, the Massachusetts Foreign Language Association Award for Leadership in Foreign Language Activities, and the Outstanding Achievement in Foreign Language. She is a member of the theater program, the SAGA club, and ITS; The International Thespian Society. Samantha volunteers her time with the House of Hope, the Special Olympics, at the Snack Shack at Bridemeadow, and at theater events for the middle school. She enjoys drawing, singing, doing logic puzzles, watching old game shows, watching animated programs, watching psychological thrillers, reading, and playing with her cats. Samantha's favorite subjects are science, math, musical theater, Spanish, anatomy, Biology of Cancer, Projects in Art, and many more. She looks forward to seeing the world change with her. "Eventually there will be a day, after high school has long since passed us by, where I'll remember all my experiences here. I'll remember the knowledge I gained; the curiosity that permeated each question I had. I'll remember the friends I made; classmates and teachers alike. And most of all, I'll remember the family that I became a part of.'

Kush, son of Bhupendra and Chandrika Patel, is a member of the National Honor Society and is a recipient of the Academic Excellence Award, the Outstanding Achievement in Computer Science, and the Outstanding Achievement in Social Studies. He is a member of the boys' tennis team and has volunteered his time at the Tyngsborough Public Library. Kush enjoys fixing computers, working out, travelling, trying new technology, watching Star Wars videos, and gaming. His favorite subjects are math, science, War Literature, history, and Game-Making. Kush looks forward to graduating from college with a Computer Science degree, becoming a software engineer, starting a family, and living a happy and prosperous life. "THS has given me the knowledge to fulfill my dreams, and as I look to the future, I will never forget my amazing friends, and the memories we have created."

EDUCATION FOUNDATION TYNGSBOROUGH WWW.EFTyng.org



Reminder to our Tyngsborough Public School Educators: Our ninth Grant Cycle began on January 15th.

The application is available on our website www.EFTyng.org.and should be submitted to EFT by March 15th. We look forward to awarding grants that will enhance educational opportunities across our public school district which will directly benefit our students and their learning experience. All grants will be formally announced and celebrated at our Annual Awards Ceremonies in June. To see a description of the grants awarded the first eight years or to get an overview of the grant program please visit www.EFTyng.org and click on Grant Programs.

Attention Tyngsborough Business Owners and Residents: Interested in funding a grant of your choice? Fully or jointly funded grants can be named in honor of your business or family name. Please contact our Director of Grants, Diane Seltz at contact@eftyng.org, for more information. Your generous donation will be announced at the June Awards Ceremonies.

As always, the EFT welcomes **volunteers** who would like to help us achieve our mission and support our fundraising efforts. For more information, please contact our President, Karen Jackson at contact@eftyng.org. The Education Foundation for Tyngsborough is a non-profit organization striving to enhance educational opportunities across Tyngsborough's Public School District by raising funds and promoting awareness of issues related to public education. Like us on **Facebook**!

IN TYNGSBOROUGH
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TYNGSBORO GARDEN CLUB

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Winter is surely upon us as we have had many inches of snow to upset many people's schedules. Unfortunately, we had to cancel our February 7th meeting to paint clay pots for spring. Perhaps we will pick it up again next year.

However, our *March 7th meeting at 7:00 pm at the Evangeli*cal Church on Kendall Road should be wonderful as we will enjoy a presentation by Maureen Bovet from Lexington on Paris gardens. Spring is right around the corner, and this should be a welcome presentation!

Our April 4th meeting will feature Linda Sheldon of Tyngsborough and fellow garden club member speaking to us on the use of herbicides in Preen and Roundup vs natural ways to fertilize your plants and gardens. This should be an eye opening and interesting presentation at 7:00 at the church.

The end of April will also bring *Art in Bloom at the library and Earth Day at the Sherburne House.* In May, we will celebrate Spring with a trip to Mahoney's garden center in North Chelmsford. More details to follow next month. There is a lot going on in town with many groups and committees. Hope to see you somewhere! Debbie Schneider

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TYNGSBOROUGH PUBLIC SCHOOLS

You can find Tyngsborough Public school news at www.tyngsboroughps.org

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TYNGSBOROUGH SPECIAL EDUCATION PARENT ADVISORY COUNCIL (SEPAC)

Location: Tyngsborough Middle School Library SEPAC Chair Amy--Jane Maciel ajmaciel@comcast.net

• Feel Mad: Helping Your Child Manage Angry Feelings Workshop Date: March 8, 2017, 7:00-9:00pm

Location: Tyngsborough Middle School, 50 Norris Rd; Tyngsborough, MA 01879 Upstairs in the Library Speaker: Nadine Briggs, www.simplysocialkids.com This parent seminar will explore the causes of anger in kids, ideas to prevent outbursts from occurring, and how to problem solve situations that are resulting in angry feelings. This workshop provides an empathetic approach to angry outbursts and gives a menu of safe strategies that children can try to solve their problems. This seminar is based on the workbook, I Feel Mad: Tips for Kids on Managing Angry Feelings co-authored by Donna Shea and Nadine Briggs and published by How to Make and Keep Friends, LLC All of their books will be available for purchase this evening by credit, debit or cash. This workshop is FREE and Open to the public and all towns! It is for BOTH parents and Educators! You must RSVP to Amy-Jane Maciel Tyngsboro SEPAC Chair at ajmaciel@comcast.net to attend. Thank you.

The Tyngsboro SEPAC Chair is always available to answer any questions or concerns parents/guardians may have/feel. Please contact Amy-Jane anytime at ajmaciel@comcast.net. All other SEPAC contact information is below. Thank you! Contact Information: Amy-Jane Maciel, Tyngsboro SEPAC Chair:

Ajmaciel@comcast.net

SEPAC website: http://sepac.tyngsboroughps.org SEPAC Facebook Page: https://www.facebook.com/ groups/465834040182584/

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SPRING 2017 ADULT TENNIS LEAGUE

The Adult Tennis league will begin it's seventh Spring season the weekend of APRIL 22-23rd. The league runs for (at least) 10 weeks and all matches are played at the TES / Bicentennial courts on the weekends, weather permitting. You can join anytime during the season too!

We have Men's and Women's singles and a Mixed Doubles Divi-

sion. There is every level of play, from beginner to advanced and all matches will be coordinated by experience in order to facilitate enjoyable, competitive play. The league is open to anyone over the age of 18 and you do not need to be a resident of Tyngsboro to join. We've had over 80- players in past seasons!! Registration fee is \$20.00 per player. The Adult Tennis program offers participants league play and presents a great opportunity to socialize and compete on the courts on a regular basis. We play on the weekends at 9:30am, 11:00, 12:30pm or 2:00 depending on your personal conflicts (if any) -- matches last 1 1/2 hours. A new schedule is made each week matching different players with similar ability and taking in to consideration any weekend conflicts you may have. All players must register and league fees are due at the time of registration. Players may register individually or with a partner for the mixed doubles league (\$40 total) Registration must be submitted by April 20th in order to be included in the first week. The openings are filled on a first come first served basis. Register at tyngsboroughrec.homestead.com/Tennis.html or contact Scott at sellis7511@comcast.net.



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827 **(978) 419-1914**

E-mail: anne@neighbortoneighbornewsletter.com

If your organization or non profit group has a special event coming up in *April* please send the info in by **March 10**th. Articles are placed on a first come, first served basis. Call or email me if you have further questions about submitting news. News can be sent in a word file or in the body of an email.

If you have a local business, or your organization would like to have a display ad not just a paragraph, email me and I will forward the rate sheet to you.

Total circulation each month for Dunstable and Tyngsborough is 6,240 issues.

Issues are now available online at www.neighbortoneighbornewsletter.com

The next deadline is February 10th for the March issue.

Let Neighbor to Neighbor help spread the word!

I look forward to hearing from you, Anne

THE TYNGSBOROUGH PUBLIC LIBRARY

25 Bryant Lane, Tyngsborough 978-649-7361 www.tynglib.org Library Hours: Monday & Wednesday, 10:30 a.m. – 8 p.m. Tuesday & Thursday, 9 a.m. – 5 p.m. Saturday, 9 a.m. – 2 p.m.

- Adult Coloring Club, 1st Wed. of each month, Sept-May, 6:30-8 p.m. Coloring sheets, colored pencils and refreshments provided.
 Tech Advice by Appointment Individual lesson or consultation on computer basics, android tablets & phones, Excel, MS Word, PowerPoint, OverDrive digital downloads for Nook, Kindle, android devices. Tues, 11:30-1:30, Wed. 7-8 p.m. Registration required.
- Pastel Paint the 45-Million-Dollar-Flower, Saturday, March
 25, 10 a.m.-12 p.m. A pastel workshop with award-winning pastel painter Gregory Maichack. All materials are included: pastels, pastel paper and pencils. Registration required.
- Makerspace: 3D technology and robotics! Calling all tinkerers, makers and engineers on Saturday, April 1, 10 a.m. 2:00 p.m. Ages 7- adults. Learn how to scan and print 3D objects. Try out a 3Doodler and other cool technologies! Session One: 10-11:30 a.m.—Ages 7-12 with parent; Session Two: 11:30 a.m.—1 p.m.—Ages 13+ and adults Registration required for sessions 1 & 2. Drop in and check out what's happening. The Makerspace and Pastel Painting programs are funded in part by a grant from the Tyngsborough Cultural Council, which is supported by the MA Cultural Council. a state agency.
- Mentalist Preston Heller's "Well Guarded Secrets", Wednesday, March 15, 7-8:30 p.m. This exciting show includes enhanced physic abilities, thought implantation, telekinesis, sixth sense, telepathy, and inexplicable physical illusions. Plan to participate for a very surprising experience! Recommended for ages 12 and older. BENEFIT! Please bring nonperishable food items to donate to the Council on Aging.
- Tyngsborough High School Student Art Exhibit, March 22-April 5. Stop by to view the paintings, sculpture and mixed media works of our talented young artists! Opening Reception Wednesday, March 22, 6-8 p.m.
- "Welcome Spring" Tea Party, Thursday, March 23, 2-3:30 p.m. Join us for an elegant afternoon of teas, treats, door prizes and lovely company. Registration required. Sponsored by the Friends of the Library, the Library Trustees & Staff.
- Mindful Eating: Why What and How You Eat Matters, Wednesday, March 29, 7-8 p.m. Be aware of how you eat and learn practical strategies for mindful eating. With integrative nutrition health coach Stephanie Kirylych. Registration preferred, but not required.
- Craft Beer Basics, Wednesday, April 5, 7 p.m. Dan Eng, president of Natick's Barleycorn's Craft Brew, will discuss the history of beer, ingredients & methodology, beer styles, tasting & sensory evaluation, and food pairings. FREE BEER SAMPLES! A valid government issued photo ID is required for entrance.
- College Financial Planning, Wednesday, March 8, 7-8:00 p.m. College planning and financial aid seminar: how to pay for college without bankrupting yourself and your children. Teens welcome with a parent. Registration preferred but not required.
- Saturday, March 11, 11 a.m.-12:30 p.m. Game On! Modding Minecraft. Grades 6-12. Build structures and run simple games in Minecraft with the Raspberry Pi microcomputer and Python programming language! Registration required. •Pokemon Club, Wednesday, March 15 Two Sessions: Teens ages 13+, 3-4:00 p.m. Ages 9-12, 4-5:00 p.m. Bring your own cards or handheld device. Enter a raffle. Drop in. New! Family Music Program: Saturday, March 4, 1-1:40 p.m. Infants to age 3. Sound Play: music and movement in a fun and playful program and includes singing, dancing, playing instruments & more. Registration required. Upcoming dates: 4/8 and 5/6. • Music Together demo class, Thursday, March 9, 11-11:45 a.m. Infants to age 5. Music Together® is a wonderful early childhood musical program. Registration required. Upcoming dates: 4/13 and 5/11. • Make and Take Craft for kids, Monday, March 13, 4-6:00 p.m. Ages 5-12. Drop in. • Open Minds: Yoga and Literacy Class for 3-5 year olds on Tuesdays, February 14 -March 28, 10-10:45 a.m. Registration required and must sign up for all six weeks. Tiny Tots Storytime, March 15, 11-11:30 a.m. Infants to three year olds. Drop in.

Spanish Stories! Wednesday, March 8, 4:30-5:00 pm. Ages 4-10. THS Spanish Honor Society students will read stories. Learn some Spanish words, activities and more. • Lego Club: Saturday, March 18, 10 a.m.-12:00 p.m. Grades K- 5. Drop in Dads & Donuts Playgroup: Saturday, March 25, 10-11:00 a.m. Infants & toddlers. Drop in. • Storytimes for 3-5 year olds. Thursdays at 1:00 p.m. Drop in. • Pajama Jam, Wednesday, April 5, 6:30-7:15 p.m. Toddlers to age 4. Registration required. Open Minds: Yoga and Literacy Class for 3-5 year olds on Tuesdays, April 4 – May 16, 10-10:45 a.m. Registration required and must sign up for all six weeks.

- Writer's Group Mondays at 6:30 p.m. Feedback and publishing tips; all genres. Contact Karen Johnson at 978-649-7132 or kjohnson39@comcast.net
- Rep. Colleen Garry (or a representative) Office Hour September-May, third Saturday of each month from 9-10 a.m.
- The **Friends of the Library** meet on the 1st Monday of every month at 7 p.m., September-June.
- The **Board of Library Trustees** meets on the third Thursday of each month at 6:45 in the Library.
- Artists & collectors, contact the Library to discuss scheduling an exhibit in the gallery or display case.

Register for TPL programs by calling the Library or using the contact form on the website.

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THE ESTATE TAX

By Edward H. Adamsky

You may be working on your Income Tax return about now and know more than you wish about income and deductions, but do you know anything about the Estate Tax? You complete an Income Tax return every year but an Estate Tax return is something you may only encounter once, if ever. Here is some information on the Estate Tax.

The Estate Tax is tax on the value of the assets of someone who has died. The assets are valued as of the date of death and those assets include everything in which the person had an interest. These may include a house, bank accounts, investments, retirement accounts, and life insurance proceeds (even though those proceeds aren't paid out until after death). The Estate Tax return must be completed and filed, and the tax paid, within nine months of death.

There is a Federal Estate Tax and some States, like Massachusetts, have their own separate tax. There is a threshold below which an estate does not have to pay Estate Tax. The Federal limit is \$5.45 million. If the estate assets are worth less than that, then there is no Federal tax due and no return required. The Massachusetts exemption is \$1 million. Thus an estate of \$2 million would have to file and pay Massachusetts but not Federal Estate Tax.

There is no Estate Tax between a legally married couple. The unlimited marital deduction eliminates the tax on assets that pass to a spouse. The size of the estate (and the amount of the Estate Tax) can also be reduced by various deductions such as amounts paid to charities and allowable expenses of the Estate.

In conjunction with the Estate Tax there is a Gift Tax. To make the Estate Tax work, which taxes assets at death, there has to be a Gift Tax, that taxes the making of gifts during life. If there were no Gift Tax then everyone could just give everything away sometime before death and no one would ever pay the Estate Tax. The Gift Tax has the same lifetime exemptions. There is also a yearly exemption of \$14,000. You can make as many yearly gifts up to the exemption amount as you wish and you will not use up any of your lifetime exemption. If you go over the yearly exemption amount, you may use up some of your lifetime exemption.

Most people won't ever have to pay an Estate Tax. Either their assets will be under the exemption amount or they will find some other way to avoid the tax. There are various tools such as Trusts that can be used to help reduce or eliminate the Estate Tax. If you have an estate that is larger than the exemption amounts, then you should see your Estate Planning Attorney and figure out if there are planning tools that are right for you.

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Project Genesis Home Buyer Training classes - Topics include an overview of the home buying process, the mortgage application process, legal aspects, home inspections, household budgeting and down payment assistance programs. The fee is \$100.00 includes all materials and 4 sessions. Learn about the home buying process. A series (4 classes) March 14, 15, 21, 22 from 6:30 p.m. to 9:00 p.m. The next session will be held on April 4, 5, 11, 12. Classes are held at Middlesex Community College, 67 Middle St., Classroom 405, Downtown Lowell. Register online at www.mvhp.org or call 978-459-8490

Landlord Training Classes are held from 5pm to 8:45pm on the following dates March 27, April 24, May 17 as well as other future dates

Please check online for other available classes.

TYNGSBOROUGH SCHOLARSHIP TRUST

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Thank you to all who attended Trivia Night! Congratulations to our top 3 teams: "Titanic Smarts", "Beverlee Hillbillies" and "The Critics". A special thank you goes out to Bob Mercier, as he added to the enjoyment of the evening as the Trivia MC. Thank you, Bob Hill, for donating your winnings from the 50/50 Raffle. All proceeds from Trivia Night and our other fundraisers go towards scholarships for the Class of 2017.

Attention Class of 2017: The TST Scholarship application is now available on our website: www.tyngsboroughscholarshiptrust. org. The application is also available at the THS Guidance office. Students must be a high school senior, a resident of Tyngsborough and have plans to further their education in the fall to apply. Students attending high schools other than THS are also encouraged to apply. All applications are due on March 3rd; late applications cannot be accepted. Please see our website for more information.

The TST Business Drive began March 1st: If you would like to make a tax-deductible contribution to our business drive, please contact us info@tyngsboroughscholarshiptrust.org or mail your donation to P.O. Box 547 Tyngsborough, MA 01879. Any donation of\$500 or more will qualify for a "Named Scholarship" which will allow us to offer a scholarship in your name or in honor of a loved

The Door to Door Scholarship Drive begins on April 1st. High school seniors participating in the Door to Door drive will canvas neighborhoods in Tyngsborough raising money for scholarships. If you work for a company that matches donations, you can double your donation to scholarship drive. BAE Systems, Digital Credit Union, Fidelity, JC Penney, and Raytheon are just a few of the companies that participate in the matching gift program.

A reminder to the 2016 scholarship recipients: Please be sure to submit proof of school enrollment to the TST at P.O. B ox 547, Tyngsborough MA 01879 by April 15th so you can receive your first or second payment. Please contact Ellen O 'Neill, Treasurer, at 978-649-9195 with any questions regarding payment.

The TST meets on the second Wednesday of the month at the Tyngsborough Town Hall at 7 p.m. For 53 years volunteers from the community have been coordinating fundraising and awarding scholarships to high school students from Tyngsborough. We welcome and need your help to continue this town tradition. Please join us at our monthly meetings the second Wednesday of the month at the Tyngsborough Town Hall. Please contact info@TyngsboroughScholarshipTrust.org with any questions.



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Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, and observe meadow wildflowers and butterflies. It's a great place for outdoor exercise and to enjoy nature close to home. Sherburne Nature Center and Trails activities are open to all who are interested. Activities go rain or shine. In extreme weather conditions, activities are cancelled. No reservations or fees required. Children under 16 must be accompanied by an adult.

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TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



Events will be held at the Little Red Schoolhouse which is located on Route 113, near the Tyngsborough/ Dunstable Town Line.

There is a program on March 26, 2017 called Dunstable, Dunstable, Dunstable, with Scott McPhie who is a historian and knows the history of Dunstable when it was a very large township. Following his lecture the recently repaired and rebound Town Vital Records, Town meeting records and Selectmen's' records from the 18. 19. and 20th centuries will be available for viewing. Historian Carol Bacon and Town Clerk Carol Skerrett will be present to answer questions regarding these records. The lecture will be held at the Dunstable Town Hall, 511 Main St at 3:00 PM.

April 22, 2017 is the annual Spring Cleanup at the Red Schoolhouse starting at 9:00 AM. We would love to see some new faces to help make the schoolhouse sparkle for our programs this year, call Bill Psaledakis at 978 649-6005 for more information.

FRIENDS OF TYNGSBOROUGH THEATER (FOTT)

Mr. Skylar Grossman, Tyngsboro Middle School Theater Director, reported that all 4 productions of Godspell were sold out and were a tremendous success. Thanks to all volunteers, cast, crew and community who helped make the shows a success!

- On 3/25, Tyngsboro H.S. is hosting an ITS One Act festival and this will require many parent and student volunteers to help manage all the activities. Please contact Sarah Martin, THS Theater Director if you are able to help.
- The FOTT is busy preparing for the Masguerade Ball to be held at Old Town Hall on Friday, April 14th. Tickets are \$50 per couple of \$30 per individual. This event is for those 18+ and it's going to be a fun night where costumes are encouraged but the only requirement is that a masque be worn by all who attend. Please contact Dawn Pierce at 978-490-7657 for tickets.
- · On 4/29, the middle school will be participating in the Middle School festival and Cavedream has been chosen as the show to be performed by 15 cast members.
- This year's High School main stage show is Fiddler on the **Roof**. Auditions took place in early February. **Show dates are:** Friday, 5/12 @ 7pm, Saturday, 5/13 @ 7pm, Saturday, 5/20 @ 7pm and Sunday, 5/21 at 2pm. Tickets will go on sale on March 30th via online ticket sales which can be found on the FOTT website: FOTTheater.org. Please help us sell out each of these shows - purchase your tickets online early. And be part of our "TRADITION"!!

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OFFICES OPEN

Monday, Tuesday, Wednesday & Thursday 8:30 a.m. to 4 p.m. Friday 8:30 a.m. to 12:30 p.m.

Meeting schedules are posted at the front entrace of the Town Hall

Town Hall Directory Main Number 978-649-2300

Town Accountant Assessor's Office Board of Appeals Board of Health Building Office Town Clerk Town Collector	Ext. 124 Ext. 121 Ext. 112 Ext. 118 Ext. 112 Ext. 129 Ext. 128	Media Dept. Planning Board Town Treasurer Veteran's Agent Sewer Dept. Board of Selectmen Town Administrator	Ext. 140 Ext. 115 Ext. 126 Ext. 131 Ext. 134 Ext. 100 Ext. 100
Town Collector	Ext. 128	Town Administrator	Ext. 100
Conservation Office Capital Asset Mgmt Com	Ext. 116 Ext. 124	Recreation & Parks	Ext. 150

CHELMSFORD CATHOLIC COLLABORATIVE

Home to both St. Mary and St. John the Evangelist Parish Families Staff Offices: 115 Middlesex Street, North Chelmsford ST. MARY BUSINESS(978) 256-2374; www. saint-mary.org ST. JOHN BUSINESS(978) 251-8571; www.saintjohnchelmsford.org OFFICE HOURS: Mon, Tue, Thu. 9:00AM – 5:00PM; Wed. 9:30AM – 5:00PM; Fri... 9:00AM – 3:00PM

ST. MARY CHURCH: 25 North Road, Chelmsford Daily Mass Schedule: Monday – Friday 7:00 AM; Saturday 9:00 AM Weekend Mass Schedule: Saturday 4:00PM; Sunday 7:00AM, 9:00AM, 11:00AM and 6:00PM Reconciliation: Saturdays 11:00 – 12:00 NOON, or by appointment

ST. JOHN THE EVANGELIST CHURCH: 115 Middlesex Street, North Chelmsford Daily Mass Schedule: Monday –Saturday... 9:00 AM Weekend Mass Schedule: Saturday... 4:00 PM; Sunday... 8:30 AM, 10:30 AM and 5:00 PM Reconciliation: Saturdays... 3:00 – 3:45 PM, or by appointment Lenten Season Offerings March 1 – April 12 DAILY MASS SCHEDULE: In addition to regular Mass schedule (listed above)... St. Mary will be offering Wednesday evening Mass at 6:00 PM

RECONCILATION SCHEDULE: In addition to regular confession schedule (above)... Wednesday evening... 6:30 – 8:00 PM at both parishes Alternate Monday evenings... 6:30 – 8:00 PM; First night, March 6th at St. Mary

STATIONS OF THE CROSS: Fridays of Lent... Soup at 6:00 PM, followed by Stations at 7:00 PM... both parishes.

PALM SUNDAY PANCAKE BREAKFAST_St. Mary... Sunday, April 9th... 8:00 -11:00 AM Palm Sunday is the final Sunday of Lent, the beginning of Holy Week, and commemorates the triumphant arrival of Christ in Jerusalem, days before he was crucified. As is states in the Gospels, which we will hear at Mass on this day, Jesus entered Jerusalem riding a young donkey, and to the praise of the townspeople who threw clothes, or possibly palms or small branches, in front of him as a sign of homage. Let us enter into Holy Week with a celebration of fellowship around the table, and a spirit of gratitude for all that Christ is about to do for us this coming week. Tickets are \$10 per person/ \$25 per family. All proceeds from this celebratory breakfast will support our collaborative Youth Ministry activities.

PASTOR, FR. BRIAN MAHONEY PRESENTATIONS

"Discover the Real Meaning of Lent" Monday, March 6th... 7:00 - 8:30 PM at St. John "Discover the Real Meaning of Triduum & Easter" Thursday, March 30... 7:00 - 8:30 PM at St. Mary "Walking in the Steps of Peter: Becoming True Disciples of Christ" Monday evenings, March 13th, 20th and 27th... 7:00 - 8:30 PM at St. Mary

LENTEN MISSION "Touched by Grace! When the Extraordinary and the Ordinary Meet" **Monday, April 3 – Wednesday, April 5... 7:00 – 8:00 PM at St. John** We are all on a journey. Every single one of us! It is in the sharing of the journey where strength and hope are found. Join us for 3 evenings of witness talks by everyday people JUST LIKE YOU! Hear their stories of how the Lord touched them and brought into the light of His presence. Be inspired by their words of the simple fact that He is calling YOU!... through the circumstances of everyday life. We CAN be transformed and at peace in this life!

Triduum/ Easter Sunday Schedule HOLY THURSDAY, April 13th 9:00 AM: Morning Prayer at St. John

7:00 PM: Mass of the Lord's Supper at St. Mary

GOOD FRIDAY, April 14th 9:00 AM: Morning Prayer at St. John 3:00 PM: Teen-led Stations of the Cross at St. John

7:00 PM: Passion of Our Lord Jesus Christ at St. Mary

HOLY SATURDAY, April 15th9:00 AM: Morning Prayer at St. Mary8:30 PM: The Great Easter Vigil Mass at St. John

EASTER SUNDAY, April 16th 8:30 and 10:30 AM Masses at St.

John. 7:00, 9:00 and 11:00 AM Masses at St. Mary

ST PATRICK'S DINNER & SHAMROCK RAFFLE OPEN TO THE PUBLIC Saturday, March 18... St. John Church

Join us for a Traditional Corned Beef & Cabbage Dinner and BYOB on in the Church Hall. Doors open at 5:00 PM for appetizers, with the dinner starting at 5:30 PM. The meal includes appetizers, a corned beef & cabbage dinner, hot and cold beverages and dessert... and live entertainment! Take a chance on winning one of our beautiful gift baskets from our Shamrock Raffle table. Each paid ticket will be entered into a Door Prize drawing. Suggested donation cost for dinner tickets is \$18 per person. Tickets must be purchased by Sunday March 12th. Can't stay?? Let us know if you want a meal packaged to take out! Dinner Tickets are available for purchase after Mass on weekends beginning March 4 and at the rectory during the week. Call the parish offices at (978) -251-8571 or Jane Sockey at (978) 649-3404, for more information.

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MIDDLESEX CONSERVATION DISTRICT SPRING PLANT SALE

The Middlesex Conservation District will be holding its annual Spring Plant Sale on Friday, April 21 from 3-6pm and Saturday, April 22 from 8am to 12 noon.

The Sale will be held at the 4H Fairgrounds, 51 South Chelmsford Road in Westford, MA. *All items can be pre-ordered through March 31* and picked up on the sale days – we encourage early ordering as all items are sold on a first come, first served basis. Items will include tree and shrub seedlings, perennials, fruits, groundcovers, and garden supplies (rain barrels, Tick Tubes, cow manure, fertilizers).

Please visit our website at www.middlesexconservation.org to place an order online, or download an order form to mail with payment. We will also be selling excess first quality stock on the days listed above.

The Middlesex Conservation District is a not-for-profit environmental agency whose purpose is conservation of natural resources in Middlesex County. Proceeds from our biannual plant sales provide programs to improve water quality and quantity, for preservation of open space and erosion control and provide environmental education. For more information about our sale or programs please visit www.middlesexconservation.org.

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PSYCHIC FAIR

Saturday March 11th, 2017 • 10am – 4pm At the AMERICAN LEGION POST 247, 90 Pawtucket Blvd., Tyngsboro, MA. This is to Benefit Children & Youth Veterans' Programs. The event is Sponsored By American Legion Auxiliary, Middlesex County District Five Inc.

• READINGS \$25.00. TAROT, REIKI, PALMISTRY, INTUTIVE, MEDUIM, AURA READING & IMAGING

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Email: thechristians@juno.com

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ARE ALL SINS REALLY EQUAL IN GOD'S EYES?

By Nathan Combs

The Bible clearly teaches that all people commit sin (Romans 3.23), all become participants in the brokenness of the world when we sin, and all stand in desperate need of God's grace. But does Scripture teach that God views all sins as equally repulsive? The answer to this question is not merely philosophical and carries far-reaching consequences for our spiritual lives.

First, it's fairly easy to see that sins are not equal in terms of their effects on other people. For example, murdering your next door neighbor not only affects you, but also your murdered neighbor, your respective families, and the community in which you live. Coveting your neighbor's boat, however, mostly affects you because it's an internal attitude. Both are wrong, but the damage they produce in the world differs greatly.

Secondly, sins are also not equal in terms of the level of *punishment* needed to address them. For instance, first degree murder is a capital offense in most civilized societies, as it was in ancient Israel (Numbers 35.30-31). Breaking the speed limit, however, only merits a stern warning and perhaps a small fine. The way that our judicial system counts some infractions more serious than others is a reflection of how our Creator views and addresses sin.

Consider what Jesus told Pilate in John 19.11, that "he who delivered me over to you has the greater sin." In His discussions with Jewish leaders, Jesus held up certain righteous characteristics as "weightier matters of the law," implying a weightier level of sin if "justice and mercy and faithfulness" are not practiced (Matthew 23.23). In Luke 12.47-48, Jesus taught that different degrees of punishment are appropriate depending on the the seriousness of an individual's actions. In Proverbs 6.16-19, God identified seven specific sins that He "hates," implying that these particular transgressions are especially depraved, because they lie at the root of so many other sins. Throughout the Law of Moses, God gave descriptions of certain kinds of offenses that were "abominations" to Him, clearly setting them apart as particularly evil (e.g. Leviticus 18.22: Deuteronomy 7.25, 23.18). Throughout Scripture, we are struck by God's special hatred of certain actions that destroy His fundamental plans for human flourishing.

What are the practical implications of understanding God's perspective of sin? First, the way I treat sin in *myself* depends on how God views my sin. If I understand that God truly abhors "haughty eyes" (Proverbs 6.17), then I will likewise prioritize eradicating pride from my heart! Similarly, the way we treat sin in *others* is necessarily affected by God's view of sin. If a fellow Christians is caught in a sin God especially hates, I must restore him in a spirit of gentleness (Galatians 6.1) but also clearly communicate to him the seriousness of his situation. Lastly, if I do not view sin accurately, it will be impossible to for me to learn how to think as God does and embrace His mind (Isaiah 55.6-9).

Community Health and Wellness Programs

March 2017



Childbirth Education Classes

Lowell General Hospital offers a variety of classes to help you prepare for the birth of your child.

A tour of The Birthplace at Lowell General Hospital is included during the class.

Six-Week Prepared Childbirth, \$165

Provides information on the physical and emotional changes occurring during pregnancy, signs and progression of labor, pain management options and techniques, the role of a labor partner, postpartum care, basic infant care, and more.

Five-Week Hypno-Birthing® Childbirth, \$225

Hypno-Birthing® is for couples seeking more natural childbirth. This method uses deep relaxation to reduce the fear and tension that can cause long labor and pain, and replaces it with confidence, calm and comfort. Learn breathing, deep relaxation, visualization and self-hypnosis techniques.

Weekend Prepared Childbirth, \$165

Learn all the topics covered in our Six-Week Prepared Childbirth Class over the course of a weekend.

Online Prepared Childbirth, \$90

This e-course covers pregnancy basics, preparing for birth, labor basics, managing and coping with labor, interventions and postpartum care. Includes a face-to-face class with a nurse to answer questions. Also available in Spanish.

Insurance Reimbursement and Financial Assistance may be available.

Space is Limited and Registration is Required.

Call 1-877-LGH-WELL (1-877-544-9355) or visit www.lowellgeneral.org/health





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LOADING DOCK GALLERY

122 Western Avenue, Lowell, MA
The Loading Dock Gallery is a part of Loading Dock Arts. Open
Wed-Sat, 12 to 5:30pm, Thurs till 8:30pm, Sun, 12 to 4pm. For
information, call 978-656-1687, or visit theloadingdockgallery.com.
Show: Wood & Woven: Inspired Interiors

Tarja Cockell, Weaver, and Kevin Connolly, Woodworker
Through March 26, 2017

It's all about time this March when Loading Dock Gallery presents **Wood & Woven: Inspired Interiors**. Time to get ready for spring; time to wish winter good-bye; time to refresh your living space with new wall art and side tables.

Tarja Cockell has been weaving for over thirty years and, as a native of Finland, brings a wonderful Scandinavian aesthetic to her wall hangings, table runners and rugs. "For my wall pieces I strive to expand the boundaries of traditional weaving to achieve a more painterly sensibility. I incorporate dyes, paints, stitching and applique." Color is her inspiration and it shows in her strong yet subtle palette.

Kevin Connolly has been handcrafting furniture, cutting boards, jewelry boxes, and clocks since childhood. A master craftsman, Kevin works with pine as well as hardwoods like mahogany, cherry, maple, red oak, and ash. His lifelong passion for wood, attention to detail and traditionalist approach are beautifully evident in this practical yet elegant selection of furniture and other fine wood pieces.

The Loading Dock Gallery, a part of Loading Dock Arts, Inc., a 501c3, is open Wednesday -Saturday from Noon to 5:30 PM, and Sunday from Noon to 4 PM. For more information, call <u>978-656-1687</u> or visit <u>www.theloadingdockgallery.com</u>.

COMING UP AT INDIAN HILL MUSIC

BODY SMARTS FOR MUSICIANS: Learn to perform at your best in front of an audience, prevent physical pain, and overcome performance anxiety. Demos with certified teacher David Behrstock: Thursday, March 9 at 7pm (for adults) and Saturday, March 11 at 3pm (children ages 10+) at Indian Hill Music School, 36 King Street, Littleton, MA. FREE ADMISSION -- ADVANCE REGISTRATION REQUIRED at (978) 486-9524 (press 0) or www.indianhillmusic.org.

INDIAN HILL MUSIC FACULTY CONCERT: A celebration of works by Leonard Bernstein, from West Side Story to his Clarinet Concerto. Featuring Steven Jackson, clarinet; Maria Rindenello-Parker, harp; Cynthia Forbes, cello; Martha Warren, soprano; Dan Masterson, piano/vocals; Shawn McCann, piano: Friday, March 10 at 7:00 pm, 36 King Street, Littleton, MA. TICKETS: \$10. (Free for IHM students.) Call 978-486-9524x116 or visit www.indianhillmusic.org. Series Sponsor: Nashoba Real Estate. N.E. FLUTE ORCHESTRA FAMILY CONCERT: Family concert by 20-member New England Flute Orchestra of Indian Hill led by Dr. Eileen Yarrison. Selections include Sousa's King Cotton March, Tres Ratoncitos Ciegos (3 Blind Mice), and Bayou Chinchuba for flutes and percussion: Sunday, March 12 at 3:00pm, 36 King Street, Littleton, MA. Fun for all ages! TICKETS: \$10 (half price for ages 10 and under). Call 978-486-9524x116 or visit www.indianhillmusic.org. Sponsored by Wm. S. Haynes Co. Flutes. INDIAN HILL MUSIC 'DISCOVERY LECTURE': "West Side Story: Immigration and Music" with Dr. Marisol Negrón, Assistant Professor of American and Latino Studies, University of Massachusetts-Boston: Tuesday, March 14 at 7:00 pm, 36 King Street, Littleton, MA. ADMISSION: \$10. (Free for IHM students.) Call 978-486-9524x116 or visit www.indianhillmusic.org.

'BACH'S LUNCH' CONCERT: Indian Hill Music School presents a concert of traditional Irish music and dance with Mark Roberts, Irish flute and banjo; Laurel Martin, fiddle; Kieran Jordan, dancer: TWO SHOWS - **Thursday, March 16 at 11 am and 1:30 pm,** 36 King Street, Littleton, MA. Complimentary coffee, tea, cookies; bring your lunch. FREE admission. Reservations required for groups at (978) 486-9524 (press 0). Learn more at www.indianhillmusic.org. **VOICE SOIREE:** Indian Hill Music School Voice Department students will perform songs from the British Isles: **Friday, March 17 at 7:30 pm,** 36 King Street, Littleton, MA. Light refreshments served. ADMISSION: \$5 donation at the door. Learn more at (978) 486-9524 or www.indianhillmusic.org.

GOSPEL MUSIC CONCERT: Indian Hill Music presents an afternoon of traditional spiritual and gospel music with vocalists Suzanne Buell and Vicki Zelski; Shawn McCann, piano; Jeff Purchon, guitar; Abe Finch, percussion; and Michael Payette, bass: Sunday, March 26 at 3:00pm, 36 King Street, Littleton, MA. TICKETS: \$10. Learn more at (978) 486-9524 or www.indianhillmusic.org.

JAZZ JAM: Amateur jazz instrumentalists and vocalists are invited to an open jam session led by professional Indian Hill Music School faculty. Bring your music and play in a relaxed atmosphere. Friday, March 31 at 7:00pm, 36 King Street, Littleton, MA. ADMISSION: \$5 donation at the door. Learn more at (978) 486-9524 or www.indianhillmusic.org.

INDIAN HILL YOUTH ÖRCHESTRAS PREVIEW DAY: String players (all levels) and advanced level winds, brass, and percussion players are invited to learn more about Indian Hill Music Youth Orchestras. Participate in sectional workshops, meet conductors and coaches, sign up for spring auditions, enjoy pizza social: Saturday, March 25, 2-4pm, 36 King Street, Littleton, MA. FREE ADMISSION -- ADVANCE REGISTRATION REQUIRED at (978) 486-9524 (press 0) or www.indianhillmusic.org.

MUSIC LESSONS & CLASSES: Ongoing registration for private lessons, group classes, and ensembles for all ages and levels at Indian Hill Music School, 36 King Street, Littleton, MA. Piano, strings, flute, guitar, ukulele, recorder, harp, voice, youth choir, beginner instrument classes, Music for Aardvarks, and more in classical, jazz, folk, rock, and pop styles. Learn more: (978) 486-9524 or www. indianhillmusic.org.

ART EXHIBIT: Mixed media works by Jennifer Coleman Dowling. **On view March - April** at 36 King Street, Littleton, MA. (Hours: M.-F., 10am–8 pm; Sat., 10 am–4pm.) FREE and open to the public.

DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827 Dunstablechurch.org 978-649-6251

Pastor Bobby Ross pastorbobby@dunstablechurch.org DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."

SUNDAY WORSHIP Worship Service is held at 10:00 am each Sunday. Child care is available during the service for infants through kindergarten age. Our worship services feature a wide variety of music, scripture readings, corporate prayer and spoken messages and with Communion (the Lord's Supper) served on the first Sunday of every month. An informal time of fellowship with coffee, tea and refreshments after worship, all are welcome.

SUNDAY SCHOOL CLASSES for children in Ages 4-12. Children will attend the regular service with parents for the first 15 minutes of worship before leaving to attend Sunday School class for the remainder of the hour. Older children and teenagers remain with their parents for the entire worship service.

PASTOR BOBBY ROSS Call the office at 978-649-6251 or email administrator@dunstablechurch.org, or pastorbobby@dunstablechurch.org to schedule a time that is convenient for you. He will be most available on Mon, 1-4pm, Tue 9-12 Noon, and Wed 1-4pm, but special arrangements can be made if needed.

PIE BAKE-OFF! Saturday, March 18th! A community favorite event returns! Drop off your favorite homemade pie between 10 am and 12 Noon at Fellowship Hall at the Dunstable Church. Please include your recipe. All ages welcome. Multiple categories (even for those who prefer to use a store-bought crust), special awards! Judges are looking for Best overall presentation, quality of crust, filling flavor. Sponsored by the Sunshine Girls. Judging in the afternoon, then public is invited at 6:30 pm to sample and taste. For more info or to sign-up, contact Sue Metzler (978-649-7737) or Susan.metzler@hotmail.com or Sue Tully at sjt0213@verizon.net. **DECC YOUTH GROUP** Lots of action coming up! Pot Luck Supper and KARAOKE NIGHT was a great success! Lots of fun, lots of "singing", and lots of laughter. Sledding, bonfire, s'mores and hot chocolate! You can't beat that! On the weekend of March 3-5. members will attend the Monadnock Camp Winter Retreat. The group will leave the church parking lot on Friday at 6:00 PM, and return Sunday about 2:00PM. Coming up... Sharing a meal, Movie Night, Game Night, Discussions, Snacks, Games.

Usual meetings are held at the church 4-6pm on Sundays unless otherwise noted. Anyone in grades 6-12 is welcome. Come check

it out! Questions? Call Jon Hughes (978-649-8554). CHOIR REHEARSALS Until further notice, rehearsals will be on the last two Tuesdays of the month. The choir will participate in the morning service on the first Sunday of the month. We continue our search for a new Pianist/Accompanist for the church. It is a part-time position to play for church services on the first, third and fifth Sunday, to rehearse with the choir weekly. Anticipated time commitment is 3 to 6 hrs per week. Ability to play organ and keyboard is desirable but not required. Potential exists for participation in the church's praise band on the 2nd and 4th Sundays and rehearses weekly. Potential also exists for expansion to a larger role as Director of Music for the church. Qualified candidates are welcome call the church for more information at 978-649-6251 or send any questions or resume to administrator@dunstablechurch. org. Please pass the word along if you know someone who might be interested in the position.

MOPS (Mothers of Preschoolers) at Dunstable Church. Next meetings are Mar 10th & 24th, Apr 14th & 28th, May 12th & 26th. It's a well-established, popular program that will be a blessing to our community. Moms and preschoolers had a wonderful social and sharing time together. MOPS meet 9-11 am on Fridays, twice a month. If you're interested or know someone, please contact Shelly Ross at shellyannross@gmail.com.

REFIT® REUNION!! Sun, 3/26, 3-4 pm. Please join us again for a free, fun and creative workout. If interested contact Christine Oberhelman (603-402-0054) or Julia Overhiser (978-319-2769).

For more information about any of these events, contact the church office 978-649-6251 or email info@dunstablechurch.org.



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FAMILY BARN DANCE AT THE PCA

A family barn dance at the PCA with Marcie Van Cleave calling. Bring the kids. Oh, CONTRAire! provides lively music.

Sunday March 12, 2017 from 3-5pm. No experience required; all dances taught. Adults \$5; kids \$3; maximum \$15 per family; group rates available.

The Parish Center for the Arts, Corner of Boston Road and Lincoln Street on Westford Common, PO Box 411, Westford, MA 01886 Telephone: (978) 692-6333

e-mail PCA@Westford.org http://www.Westford.org/PCA

BEAVER BROOK NATURE CENTER

• Staying Found with Search and Rescue Dogs
April 22 9:30-11:30 Beaver Brook Brown Lane Barn 52 Brown
Lane Hollis NH Co-sponsored by Beaver Brook, the Appalachian
Mountain Club and NE K-9 Search and Rescue. Focus is to teach
children how not to get lost, and how to stay safe if separated from
their group. For kids aged 4-10. Free! See search and rescue dogs
in action! The workshop will start at 9:30am and run for 1.5-2 hours.
Pre-registration required. These workshops sometimes fill up, so
register early Register online at www.beaverbrook.org

ST. LOUIS SCHOOL

Saint Louis School, 77 Boisvert St, Lowell 01850 is now accepting applications from the 2017-2018 school year in grades Pre K 3 thru grade 8. Part time options are available in our Pre K 3 program. Any new student who enrolls in our K-8 program will receive a \$50 towards tuition. Tours and "shadow" days are available. Simply contact the school office to schedule an appointment 978 458 7594.

Check out our new website: www.saintlouisschool.org. Saint Louis School, accredited by NEASC is committed to the spiritual, intellectual, psychological, and physical growth of its' students through the practice of Catholic values, academic excellence and responsible citizenship.

Come and see the great happenings at Saint Louis School! We are family!

RISE SPRING SESSION



Seniors can choose from more than 57 five-week courses with two start dates. Second term courses begin March 13 and end April 21. There are no learning prerequisites, no tests and no credits earned. Membership for the ten-weeks of courses is \$130.00 and includes the use of the Muldoon Health and Fitness Center, Regina Library, and Dion Dining Hall.

Members may participate in up to five courses each term. Course topics include literature, history, music, art, computer science, photography, religion, philosophy and spiritual enrichment, writing, world cultures, current events, personal finances, genealogy, film, moderate exercise and water exercise. Twenty four of the courses are new for Spring.

The RISE program, tailored for "learning in retirement", is in its twentieth year. Individuals over age 55 are welcome to learn more about RISE, meet with facilitators and register with a check for the Spring Semester at the information session.

The RISE program will be holding a year-long celebration of its twentieth anniversary. The program began under the guidance of the late Dr. Rose Arthur, long time Rivier Dean of the Undergraduate Evening School, to offer enriched learning opportunities for area adults in collaboration with the Road Scholar Network.

Course brochures are available online, at local libraries and senior centers, and at the RISE office at Rivier University, which is in Memorial Hall, Room 126, on Clement Street. Seniors can view and download a brochure from the RISE website www.rivier.edu/rise and/or http www.facebook.com/RISE1997 . Additional information is available by calling (603) 897-8623.

ANCHOR BIBLE CHURCH

18 Pondview Place, Tyngsborough, MA (across from Skate 3) Sunday school –10am Sunday worship 11am & 6pm Mid week prayer meeting – Wed. 7pm. Home Bible study – 7pm, 1st and 3rd Thursdays @ 163 Highland St., Hudson, NH Call Pastor Steve Willett @ 978-957-0648 www.anchor-bible-church.org



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EVANGELICAL CONGREGATIONAL CHURCH OF TYNGSBOROUGH

Route 113, 23 Kendall Rd., Tyngsborough, MA Pastor Denis Frediani 1-603-579-0904

www.tvnqsborocongregational.org

If you have questions or need information, please call our Office 978-649-2261 or email: ecctsec@outlook.com. Our Mission: Glorify God by encouraging all people to follow Jesus together in faith, love and service

SUNDAY MORNING SCHEDULE

Worship Service at 10:00am • A nursery is provided. Followed by Fellowship and Refreshments

- · Children attend the Worship Service with parents and are dismissed after Opening to age related Sunday School classes. (K-12) 11:15 a.m. - Fellowship and Refreshments
- Sunday Evenings: All Church Bible Study 6:30-8pm "How to recognize god's voice (and respond in obedience") This began 1/15/17 and will continue 12 weeks. Study books are available for \$10. Open to the community.
- Tuesday 9:30 11:30 am -Women's. Bible Study. (Old Testament Women) All women invited
- Tuesday Evenings: Boards and Committee meetings
- Thursday and Saturday Thrift Shop Open from 10am-3pm
- Friday: Youth Group meets. Call Joy at 978-649-6142) High School and Joan at 978-649-2590) for Middle School.
- THE 150th Anniversary Committee of the church is meeting regularly now to plan events for the historic celebration in 2018.
- Feb 12, 2017. Women's Winter Event. 12 noon until 2:30pm
- · Ladies Day Apart In Derry, NH, april 1, 2017
- THE THRIFT SHOP Located next to the Church, it is open to the public on Thursdays and Saturdays from 10:00 a.m.- 3:00 p.m. We offer an assortment of clothing and shoes, handbags, baby items, books, small appliances, dishes, glassware, decorative items, and craft items, ETC. We welcome your patronage and donations. Please do not drop off large furniture, TV's, Computers or Bikes. Thanks so much for understanding, we haven't means by which to dispose of them without incurring costs.

DUNSTABLE TYNGSBOUGH LIONS CLUB



"We Serve" The Lions Club is a non-profit organization of men and women dedicated to helping the community through donations raised by volunteers.

· Officers for the 2015-2016 Lions Year

President: Gerry Roth, Secretary/Treasurer: Bob Reich, Membership Chairman: Ed Majewski, 1st Vice President: Mike Roth, Tail Twister/Lion Tamer: Mark Alexander

- · Anyone who would like to join the Lions is asked to call Ed Majewski at 978-649-6204 or Mark Alexander at 978-649-9124. Our Regular Meetings are held at Angelas on the first Tuesday of the month starting at 6:30 pm.
 - YOU CAN HELP BY DONATING THE FOLLOWING:
- USED EYEGLASSES are collected for refurbishment and distribution to less advantaged people around the world. We thank all who have donated glasses.
- CAN TABS (in sealed bags) are also collected for kidney dialysis time through the Shriners Hospital.

Lion's collection boxes for eyeglasses and tabs (in sealed bags) are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Tyngsborough Council on Aging Center, 169 Westford Rd., Tyngsborough and Dunstable Town Hall, Post Office and Library.

> Buy local! Invest in your community!



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CAT FOOD DONATIONS NEEDED

to feed a colony of feral and homeless kitties. Please call me at **978-799-9715** for the drop-off location on the Dunstable/Tyngsboro line. Don Gaudette. **Volunteers to help with the feeding are also needed.** Associated with Kitty Angels www.kittyangels.org Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats

NOW FORMING "NEW HORIZONS" DRACUT COMMUNITY BAND

We are recruiting members to play in a Dracut Community Band. It is open to all musicians 18 years or older who are residents of Dracut and from surrounding communities. No audition is required but Band members should have some playing and music reading experience. It will be lots of fun! We will be rehearsing on Thursday nights at Christ Church United in Dracut Center from 6PM-8PM

Please call Maureen Johnson 978-454-0055 for more information or if you'd like to join. We will be having an organizational meeting soon--We will notify players of date and time for meeting and start of rehearsal. Any donations of used instruments would be greatly appreciated especially a concert bass drum and stand.

NEW ENGLAND VOICES IN HARMONY

The Nashua based women's a cappella chorus, New England Voices in Harmony, invites ambitious female singers to attend *rehearsals every Tuesday evening beginning at 6:30 pm* at our rehearsal space: the Nashua Senior Center, second floor, 70 Temple St., Nashua. New England Voices in Harmony is a chapter of Harmony, Inc. an international non-profit, educational group which promotes singing in the barbershop style. Rita Ralston at rralston10@aol.com for more information. www.newenglandvoicesinharmony.org



ALTRUSA CLUB OF MERRIMACK VALLEY

ALTRUSA is a non-profit community service organization dedicated to improving the lives of those in need in our community. With the start of a new year, Altrusa is recruiting new members to help with our projects. To learn more about Altrusa visit at www.altrusa.org or email altrusamv@gmail.com.



AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Meetings are held the first Thursday of each month.

Auxiliary Unit Officers for 2016-2017

President: Diane Dileo; Sr. Vice: Kathleen Oljey; Jr, Vice: Annette Coles; Treasurer: Frances Radgowski; Secretary: Josephine Beauregard; and SGT-At-Arms: Mary Dupras.

Executive Committee: Mary Hanley and Maureen Harris

For information on the Auxiliary Unit meetings, or functions contact Unit President Diane Dileo at 978-204-9329 or Unit Secretary Josephine Beauregard 978-459-7015.

Yours In Auxiliary, Unit Secretary, Josephine Beauregard

THE UNIT IS STILL COLLECTING can pull tabs drop off at Post and earmark for Auxiliary. **We also would Welcome New Auxiliary Members** 18 and older. Contact Unit President or Treasurer.

••• The Unit Jr. Auxiliary is accepting new Jr. members.
Contact 978-649-7540 if interested in joining.



SONS OF THE AMERICAN LEGION

Massachusetts Detachment, Squadron 247 Robert D. Pelletier Post 247, **90 Pawtucket Blvd, Tyngsboro**

- SAL Detachment 247 now meets on the first Wednesday of each month at 7 p.m. at Post 247.
- **SAL Officers:** Commander: Brian Laplante; Sr. Vice Commander: Steve Harris; Jr. Vice Commander and Chaplin: Adjutant/Treasury: James Blake; E- Board: David Boyle

We are always welcoming new members. Drop in or call 978-649-7540. *Anyone interested* in becoming a member of the Sons of the American Legion is welcome to attend our monthly meeting. *Applications are available at the Post at any time.*

BUDGET BUDDIES

Budget Buddies helps low-income women become more economically self-sufficient and transform their lives by teaching them core money-management skills and pairing them with personal financial coaches. We partner with local social service agencies and community volunteers to provide individualized training in basic money management. Please come along to a no obligation Volunteer Information Night in Chelmsford MA. Please call (978)-703-0820 for details – our website is www.budgetbuddies.org

THE WISH PROJECT

Drop off donations: Tue/Wed/Fri and Sat 9am-2pm 1A Foundry St., Lowell, MA 01852 Off of Plain Street in Lowell.

No appointment needed, but call first if there is a snow storm.

• TOLL FREE NUMBER 866-WISH360 lets you get right to the person you need when we are open.

WISH LIST

- Coffee makers, Toaster Ovens, irons, Can Openers, Hand Mixers Baking Pans, cookie sheets, Spatulas, Dish detergent, Large Stock Pots, Large Frying Pans, Medium Sauce Pots, Steak Knives, drinking glasses, mugs, dish cloths.
- Microwaves, Vacuums, Reusable Bags
- Lamps (Table or floor) Small Kitchen tables, Sofas, Love Seats, Dressers, XL Twin bed frames, Twin Mattress sets, full size mattress sets, adjustable metal bed frames, Toddler beds, queen size bed frames, Bed risers, bed pillows, blankets, curtains, box springs, shower curtain liners
- Infant play mats, Infant towels, Crib Mattresses, Crib sheets, Diapers all sizes, Infant car seats, infant bath tubs, Potty Seats, Baby Wipes, High Chairs, Baby slings/carriers, Baby Monitors
- New Toys for Birthday Bags 1-3 yr olds & 6-8 yr old girls, crayons
- New children's underwear and socks, Women's socks, Hats/ Gloves, Mens & Womens Coats, Boots, Sneakers, hats, gloves, winter clothes
- · Toiletries, Fairy Godmother's Good Nite bags

PROJECT GOODS NEEDED

Rubber Ducks, Beach Balls, Chalk, Bubbles, Coloring Books Crayons, Story Books, Reusable Bags

Beyond basic necessities the agencies also need simple educational toys to take into their client's homes to help stimulate babies and toddlers to develop successfully. We created our BITS Bag project to help fill this important need. If you can help with any of these items please contact Jill at Jill@thewishproject.org to let her know how you can help. Our goal is to give these early education toys out to 500 children in Merrimack Valley in April. These BITS bags will go to therapist workers so that they can leave the toys in the home for the child and parent to play and practice between visits. Last year we gave out 600+ bags to families in Merrimack Valley. You can help by donating filled bags, collect items.

WE WOULD LIKE TO INVITE YOU TO JOIN US AT THE WISH PROJECTS 6TH ANNUAL GOLF CLASSIC.

This year's event will be held at Andover Country Club on **Monday, May 15th.** It will be a great time for a great cause! For over a decade, it has been the mission of The Wish Project to serve the needs of homeless and at-risk families in the Greater Lowell area, helping them get back on their feet. We rely on the generous support of donors to fulfill our mission. We hope you will help us by supporting our golf tournament, one of our biggest fundraisers of the year. Register online at 6th Annual Golf Classic.

The Wish Project provdes furniture, home, and baby Goods–Bank to more than 27,000 needy people each year. All clients are referred through social service agencies, and are financially qualified. A 501C3 tax deductible charity For more information visit http://www.irs.gov 1 A Foundry St. 495 to Lowell Connector to Exit 4 Plain St., Lowell, MA 01852 Turn Right on Plain St., go 0.3 miles, Turn Right on Foundry. Call 978-441-9474, or find out more on our website www.TheWishProject.org/press/

About Us Our mission is to provide basic goods to help local poor families move out of homelessness permanently. We do this primarily through recycling useful things to fill wish orders placed by clients. Call us at 978-441-9474. **FOLLOW US ON FACEBOOK**



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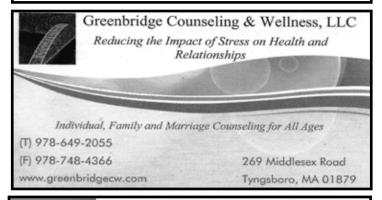
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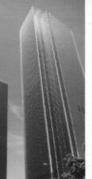
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PET HEALTH **DUNSTABLE ANIMAL CLINIC** Histiocytoma

by Tara M. Sacramone, DVM



Histiocytomas are relatively common benign skin tumors of dogs. They can occur in cats but very rarely. They are unusual in several ways. One way is that histiocytomas occur in young dogs, more than 50% are younger than 2 years old. Another surprising feature is that they can spontaneously regress. It can take a few months, but they can go away without any treatment.

Histiocytomas are quick growing and very specific looking as well. They are freely moveable, round, firm, often have no hair and are ulcerated. They grow to about 1 centimeter and sometimes look like a button. They generally occur on the head or legs of short-haired breed dogs, and most dogs get only one.

Not every skin mass in a young dog is a histiocytoma, so if you find one bring your pet to your veterinarian. However, histiocytomas are very common, so if you do find a skin mass in your young dog don't panic, you may get lucky and it will go away all by itself.

UMASS LOWELL LEARNING IN RETIREMENT ASSOCIATION (LIRA) SPRING CURRICULUM 2017

Registration will take place at the Town Meeting on Wednesday, March 8, 10:00 AM in Lydon Library, Multi Purpose Room 110, 84 University Avenue, Lowell, MA 01854 Study groups will meet University Suites, Room 106A, 327 Aiken Street, Lowell Location of classes will sometimes change so watch for announcements on the website. uml.edu/communitv/LIRA Classes: Monday 1968, Nixon and Watergate 6 Mondays, 10:00 - Noon March 20,27, April 3, 10, 24, May 1 New Advances on Understanding Our Genes, Can We Design New Life Forms? 5 Mondays, 1:00-3:00 March 20, 27, April 3, 24, May 1

Tuesday Shakespeare: As You Like It 8 Tuesdays 10:00 -Noon March 14, 21, 28, April 4, 11, 18, 25 and May 2

What's So Funny About Hamlet??? 4 Tuesdays, 1:00-3:00 March 14, 21, 28 and April 4

The United States Constitution: Its Origins and Meaning 4 Tuesdays 1:00 - 3:00 April 11, 18, 25 and May 2.

Wednesday Varied Art and Music Programs

Thursday Great Decisions Foreign Policy Discussions 8 weeks 10:00 - Noon March 16, 23, 27 and May 4 One Wednesday 10:00 Noon April 19

Robotics 8 weeks Thursday, 1:00 -300 March 16, 23, 30, April 6, 13, 27 and May 4 One Wednesday class on April 19 Friday Book Discussion Group 3 Fridays 10:00 to Noon

HONEY BERRY WAFFLE SANDWICH

1-1/2 cups - fresh berries, divided *, 1 Tablespoon - butter, 1/3 cup - honey, 8 - frozen waffles, toasted.

Purée 1/2 cup berries in a blender or food processor; set aside.

In a small saucepan over medium heat, melt butter. Add honey and bring to a boil; simmer 2 to 3 minutes, then add berry purée. Continue to simmer 2 to 3 minutes more until syrup thickens slightly. Set honey syrup aside and keep warm. For each serving, place 2 waffles on plate. Top one waffle with 1/4 cup fresh berries. Drizzle with 1/4 of syrup and top sandwich with remaining waffle. *Raspberries, strawberries and blueberries work well.

From the National Honey Board

AMVETS POST #247 ROBERT D. PELLETIER

90 Pawtucket Blvd. Tyngsborough, MA We hold our meetings on the 1st Tuesday

of the month at 7 p.m. all veterans are welcome with 180 days or more of active duty. Come down and join us for a meeting. God Bless America.

Officers: Commander: William Beaton Sr.; 1st Vice: John McDermott; 2Nd Vice: David Coles; finance officer: Theodore Thing; Judge Advocate: Roland Milliard; Adjutant: John Cogan; Chaplain: Rodney Wood: Trustees: Claire Beaton and Marty Bloomgren.

"ALWAYS READY TO SERVE OUR VETERANS" AMVETS National Website: http://www.amvets.org/



CLUB OF TYNGSBORO/DUNSTABLE

Rotary Motto: Service Above Self Theme: Be A Gift to the World The Rotary Club of Tyngsboro/Dunstable has been serving the Tyngsboro and Dunstable area for 42 years.

Rotary is a global network of community volunteers with a passion to help others. Rotary club members are business. professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs.

Rotary builds international understanding through scholarships, exchange programs, and humanitarian grants. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

For further information please email us at tdrotary@verizon. net or visit our website at: www.tdrotary.org. Thank you for your continued support.

Dawn M. Kay, CPA P.C. 94 Middlesex Road, Tyngsboro, MA 978-649-0740

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90 Pawtucket Blvd. Tyngsborough, MA 01879

Active duty military and veterans always welcome to join. For further information call 978-649-7540. Remember to attend the committee meetings on the first Thursday with your input and ideas.

The public is invited to get involved in all events of the post. The veterans monthly dinners will continue on the first Wednesday of the month . We are always looking for help to serve the veterans. Keno and Scratch Tickets are available at the Post. There is an ATM in the Post for your convenience.

OFFICERS: Commander: Theodore Thing; 1st Vice: Martin Hanley; 2nd Vice: John McDermott; Adjutant: James Blake; Judge Advocate: Roland Milliard; Chaplain: Nelson Blake; Finance: David Coles; E-Board: Robert Desrosiers; Robin Dion

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Visit our website, www.tyngsboroughlegion247.org This website contains a wealth of information about the Post.

Please remember to be safe & keep our troops in your prayers.

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