

Neighbor to Neighbor

Published by Anne M. Paquin Since 198364 Hardy St., Dunstable, MA 01827

(978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com www.neighbortoneighbornewsletter.com

Celebrating 34 Years of Service!

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POSTAL PATRON DUNSTABLE, MA 01827 CARRIER ROUTE STANDARD U.S. POSTAGE PAID DUNSTABLE, MA 01827 PERMIT NO. 5

TOWN CLERK NEWS

The Secretary of the Commonwealth has announced a new date for the September primary which will be held on Tuesday, September 4. More information will be coming forward on deadlines.

It was voted at the Annual Town Meeting in May of 2017 to move the Annual Town Election to the third Tuesday in May. As a result of the way this falls in 2018, the Annual Town Meeting and Election will only be one day apart. The Annual Town Meeting is May 14 (Swallow Union) and the Election is May 15 (Dunstable Free Public Library).

Dog licenses now available! We must have a current rabies certificate on file. The fee is \$6.00 for spayed and neutered dogs and \$10.00 for those not altered. Please feel free to order by mail by downloading an application from the Town Clerk's page on the town website, www.dunstable-ma.gov, enclose the correct fee and a check made payable to "Town of Dunstable" and remember to enclose a self-addressed stamped envelope.

Carol A. Skerrett, Town Clerk CMMC 978-649-4514 x222 CSkerrett@dunstable-ma.gov

HOURS: The Clerk's Office is open Monday evening from 3:00 pm -7:00 pm; Tuesday, Wednesday and Thursday 9:00 am -2:00 pm. Hours may vary due to holidays, workshops and elections. There are times the office is closed during these posted hours and extended hours for voter registration and absentee voting, please feel free to call ahead. Marriage licenses are by appointment only.

ANNUAL PLANT SALE

Sponsored by DIG, Dunstable's Garden Group SATURDAY, MAY 19, 8:00 – NOON DUNSTABLE TOWN COMMON

Wide assortment of garden grown perennials, herbs, & shrubs, as well as annual flowers & vegetables.

Proceeds go to beautify town gardens and supports the Dunstable library's summer reading program.

Please let us know if you have plants to share. We can help you dig, sjt0213@verizon.net

The next DIG meeting will be held on Thursday, May 17^h at 6:30pm in the library. New members are welcome! Email Sue at sit0213@verizon.net

HOUSEHOLD HAZARDOUS WASTE DAY

This will be held on **Saturday, June 23**rd, **2018** from 9am to 1pm. Items must be brought to the Tyngsborough Highway Dept., 87 Kendall Rd., Tyngsborough, MA (Route 113 turns into Kendall Road in Tyngsborough, just continue over Route 3. You will see a yellow plow at the entrance to the Highway Dept. on your left)

Proof of residency is required, driver's license or current utility bill. In the June Neighbor to Neighbor there will be a green page with the details about what will be accepted and what is not acceptable. Most items can be disposed of free of charge, propane tanks (no charge for 20 lbs) other sizes will have a \$1-\$2 fee and tires (no oversized) will have a \$1-\$2 fee.

IN MEMORY OF

James J. Davey Mary H. Monahan Dow James M. Coomas Patricia A. Shea Sullivan Joseph P. Lynch Aurore M. Laforge Manahan

MOTHERS' DAY PANCAKE BREAKFAST

Boy Scout Troop 28 invites all Moms and their families to our annual Mother's Day Pancake Breakfast, to be held on Sunday **May 13th from 8:30 – 11:30 AM** at the Little Red Schoolhouse on Main Street, Dunstable.

Enjoy a delicious all-you-can-eat breakfast with your Mom in a great setting with superior service (and occasional serenades) from the Boy Scouts! Tickets are just \$5. Scouts from T28 will be selling tickets. Can't find a boy scout? You may log onto our website at dunstable28.mytroop.us and click on the link on the left hand side and we'll have a boy scout contact you. You may also purchase the day of the event at the door, pending availability.

For more information, please contact the troop via email at bstroop28.dunstable@gmail.com or through our website under "contact us". Thank you and see you there!



MEMORIAL DAY PARADE

Veterans' Service Office

May is here and the preparations are being finalized for the Memorial Day activities. This year, we are remembering those who fought for our country during the First World War, since this is the 100th anniversary of the ending of that dreadful war.

The Memorial Day Parade will be held on Sunday, May 27th at 1PM starting from the Town Library.

If you can help in any way or would like to participate in the parade please let me or any member of the planning committee know. Committee members for this year are: Joe Dean(Committee Chair), Phil DeNyse, alan Davis, thomas Dumont, Ellen Davis, Dana Metzler, John Callahan and Jon Crandall.

Additionally as always, If you know of any veteran, widow or family member in need of assistance of any kind, please leave me a message at 978-649-3919 or send me an email at VSO@Dunstable-ma.gov. I am here to help you.

Joe Dean (Former USMC Sgt, Retired USAF Capt.)
Dunstable Veteran Services Officer
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588 Main St. 978-649-7830 Library Hours:Tuesday 3-8 Wednesday 10-2 Thursday 10-8 Friday 10-2

WE ARE OPEN SATURDAYS 10-2

For more library information go to

www.dunstable-ma.gov click on library

Mary Beth Pallis – Director – mpallis@mvlc.org

Karen Debreceni – Children's Librarian – kdebreceni@mvlc.org

Like us on FACEBOOK to receive program updates!

www.facebook.com/pages/Dunstable-Public-Library/219991908117595 Community Room Artist ... Check out the wonderful new artwork done by Alice Sneizek. Her collection of paintings is incredible! Library Passes available ... Take advantage of these great passes: Boston Museum of Fine Arts, One Stop Fun, US Constitution Museum in Charlestown, and a pass to 50 Massachusetts State parks. New Discount Pass – Salem Witch Museum and Merrimack Repertory Theatre.

Quilter's Group ... They meet from 6:00 -8:00 p.m., the first and third Tuesday of the month. If you are interested in learning to quilt or would like to join other quilters, this could be the perfect opportunity for you.

<u>Cook Book Club.</u>. The library has a cookbook club! We will have a cookbook displayed each month and you can select and make a recipe from the monthly selection. Then we will get together on the last Friday of the month at 12:00pm to enjoy the dishes. Signup sheet will be at the desk. This month we meet on Friday, May 25th. New members are always welcome.

<u>Knitting and Crochet Ćlass</u> under the direction of Donna Acquaviva. The class will be held on Monday nights at Swallow Union School from 6:30 – 8:00.

Gardening Club also know as DIG... They will be meeting on Thursday, May 17^h at 6:30pm. New members are welcome! Preschool Story Hour... Please come in with your 3, 4 or 5 year old for story hour. Story hour is held on Thursdays and Fridays. We meet from 10:30 – 11:30. The program includes stories, songs and a craft or activity. Come in and join the fun!

Afternoon Story Hour... This will be for older children who have ½ days in kindergarten. We will meet on Thursdays at 1:30 pm. We will still do a craft, so please wear clothes that can get messy. Children's Craft... Come and join Mrs. D. for a special craft time on Tuesday, May 8th at 4:00pm. We will be making a special mother's day project. Please sign up at the library or email Mrs. D. at kdebreceni@dunstablepl.org

<u>Children's Craft</u>... Come and join Mrs. D. for a special craft time on Tuesday, May 22nd at 4:00pm. We will be making a variety of spring time projects. Please sign up at the library or email Mrs. D. at kdebreceni@dunstablepl.org

On Going Book Sale... Is in the Community Room at the library. Come in and check out the selections that are here. Hard Covers are \$1.00, Paperbacks are 5 for \$1.00, DVD's are \$2.00 and CD's are \$1.00. If you would like to donate to the ongoing book sale, please bring current books (not older than 2 years) or any children's books in good condition. Please bring your donations inside, instead of leaving them at the door. We cannot accept magazines, older books, or textbooks.

Homework Club... The library is offering homework help every Tuesday night from 6:00 – 7:00 for the school year. This is a free service for children from Kindergarten to High School. Honor Students from local high schools are available to help the children. These students help children understand their math homework and more. If your child is attending, please call by 5:30 so we can be sure a student will be here for your child.

CALLING FOR EMERGENCY HELP

If you are calling from your cell phone in Dunstable, call 978-649-7445 (the station) or 978-448-5555 (DISPATCH).

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MARLA at 978-649-9824. Free estimates. References.

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Lou Higson, M.Ed **Reading & Writing Specialist** All Levels 978-256-8259 higsonf@comcast.net

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MORE NEWS FROM **DUNSTABLE FREE PUBLIC LIBRARY**

588 Main St. 978-649-7830

Library Hours: Tuesday 3-8 Wednesday 10-2 Thursday 10-8 Friday 10-2

WE ARE OPEN SATURDAYS 10-2

ADULT READING GROUP The group will meet on Saturday, May 19th and every third Saturday at 10:30a.m. in the community room of the library. The book they are reading is "The Shoemaker's Wife". Beloved New York Times bestselling author Adriana Trigiani returns with the most epic and ambitious novel of her career—a breathtaking multi-generational love story that spans two continents, two World Wars, and the quest of two star-crossed lovers to find each other again. The Shoemaker's Wife is replete with the all the pageturning adventure, sumptuous detail, and heart-stopping romance that has made Adriana Trigiani, "one of the reigning queens of women's fiction" (USA Today). New members are always welcome.

TED REINSTEIN Will be at the library to talk about his newest book New England's General Stores: Exploring an American Classic on Tuesday June 5th at 7:00pm. The general store, as old as America itself, harkens back to a simpler time and a more innocent and rural nation. The general store conjures a country-like place where kids come in to by penny candy, and adults to buy everything from swaths of fabric, to fresh vegetables, to four-penny nails. It was a place to pick up mail, the newspaper, and perhaps tarry a bit on a cold, winter's morning to chat over a cup of coffee and a warm wood stove. Ted Reinstein has been a reporter for "Chronicle," WCVB-TV/Boston's award-winning—and America's longest-running, locally-produced—nightly news magazine since 1997. In addition, he is a regular contributor for the station's political roundtable show and writes a weekly opinion column. He lives just west of Boston with his wife and two daughters.

Neighbor to Neighbor

Published by Anne Paquin Since 1983 64 Hardy St., Dunstable, MA 01827-1403 Tel. 978-419-1914

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Please send info by May 10th for the June issue.

Have events coming up in? Send an email to me anne@NeighborToNeighborNewsletter.com or by mail to Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827. Need details about advertising your business?

Send me an email or you may reach me at 978-419-1914. Tyngsborough printed issues circulation is 5011 and Dunstable printed issues circulation is 1239.

Copies available at town hall and library

Issues available at www.neighbortoneighbornewsletter.com



2018 DUNSTABLE SUMMER CONCERTS

Every Wednesday night 6:30 - 8:30 p.m. on the Town Common (Rain date is Thursday) We won't need this as it will be a blue-sky summer. Right? Food available for purchase

- June 13th Diamond Jubilee: an antique Gavioli fairground organ
- June 20th Delta Generators with Brian Templeton: Rhythm and
- June 27th Band From U.N.C.L.E: Soul, Rock & Roll from the late 50s. 60s and early 70s.
- July 11th The Rampage Trio: Blues Rock-Boogie
- July 18th Back to Back: Rock and Roll and Vehicle Night!
- July 25th The White Street Band: Classic Rock & Blues
- August 1st Crossroads: Classic and modern rock, country and popular music. Public Safety Night with Dunstable Police and Fire Departments
- August 8th Never Easy: New & Old Country music, with a "hint" of Classic Rock & Roll

More info at www.facebook.com/dunstablesummerconcerts

The summer concert committee has worked hard to put together another great season. As we receive no town funding we are always looking for donations to support the concert series. If you, your company or the company you work for would like to help support the concerts please send a check made out to the Dunstable Summer Concerts c/o 348 Hollis St. We have really grown over the past 17 years and are excited to be able to offer this event. Thank you for your continued support.

WE NEED YOUR HELP



We are into the last two months of our box top collection efforts for this current school year. Do you have a box of cereal (Cherrios, Total, Wheaties, Lucky Charms, Nature Valley just to name a few) or a can of Progresso soup or Green Giant Vegetables on your shelves at home? What about a box or container of Land O Lakes Butter or Yoplait yogurt in your refrigerator? Any chance you might have any Ziploc bags, Hefty trash bags or boxes of Kleenexs in your house? If you answer yes to any of these questions you should see that little pink box top on these items. Please clip it off and turn them in.

There are over 100 participating products that carry box tops on them and each and every box top that we collect earns our school .10 cents and with all of your help each and every box top will inch us closer to reach our goal of 50,000 box tops and earn \$5,000 for our elementary school, Swallow Union located right here in the center of Dunstable. You can find the most up to date list of participating box top products at http://www.boxtops4education.com/earn/participating-products

As we write up this "box top blurb" it's the beginning of April and we are closely in on collecting 30,000 box tops for this current school year. It's going to require a HUGE push from our students, staff and our awesome community of box top collectors here in Dunstable for us to hit our hefty goal of 50,000 for this school year.

Your box tops can be turned into any of the yellow BOX TOPS FOR EDUCATION boxes scattered around town at the Dunstable Library, the Dunstable Post Office, the Dunstable transfer station and also inside the front door at Swallow Union elementary school. A collection basket is also located in the office at West Auto Repair located at 30 Pleasant St. (a/k/a Rt. 113) in Dunstable.



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DIRECTOR OF THE COUNCIL ON AGING

Anne Fenochetti Email: afenochetti@dunstable-ma.gov Hours at Town Hall: *Tuesday* from 11-2 and *Wednesday* from 8-11. You can reach Anne at 978-649-4514 ext. 223 at the Town Hall or by appointment.

<u>DUNSTABLE COUNCIL ON AGING</u> Mary Moeller chairman; Brian O'Donnell, Secretary; Donald Pottle, Mary Dow, Ruth Tully, and Nancy Novak.

<u>COUNCIL ON AGING BOARD MEMBER OPENING</u> The Dunstable Council on Aging has an opening on their board. Term is 3yrs. Meetings are held once a month. Anyone interested in this position, please contact Anne at afenochetti@Dunstable-ma.gov.

BONE BUILDERS PROGRAM is held on Wednesdays and Fridays in the community room of the library from 10:30 – 11:30a.m. Through a grant from Tufts Health and CTI senior Corp. Volunteer leaders run the program. Bone Builders is a fun low- impact strength training & balance exercise program. Class runs for 60 min. FREE to all seniors, space is available. Talk with Marilyn Sheridan.

Well Adult Clinics Are held on the fourth Wednesday of every month in the community room of the Dunstable Library. Nurse will provide wellness check, blood pressure/pulse monitoring, blood sugar screening. Next clinic May 23 from 11:00a.m. - noon.

Groton Memory Cafe Every 4th Thursday from 10:00 - noon at the Groton COA 163 W Main St, West Groton, Ma. Join us for coffee and conversation for individuals and families living with memory changes. FREE, call 781-863-1166 ex.t 104 for more info.

Van Service is available for medical appointments and grocery shopping. Cost is \$5.00 for local trips, Lowell, Chelmsford, Nashua, Tyngsboro, Westford, Ayer, Groton & Pepperell. \$10.00 for any other. Check with Anne as soon as you know when your appointment is to make sure a ride is available.

<u>Fuel Assistance and Food Stamps</u> Applications now available. <u>Prescription Advantage</u> Now has a continuous open enrollment. Applications available.

Medicare Questions Call Elder Services at 1-800-892-0890 Meals on Wheels Do you or someone you know need the services of Meals on Wheels? Receive a hot nutritious lunch delivered M-F at around 11:30 a.m. as well as monthly special meals and holiday meals. For more info check with Anne. Drivers needed.

<u>Friendly Phone Calls</u> Aren't able to get out as much as you would like? Would you like a "Friendly Phone Call"? If you would benefit from or enjoy an occasional friendly phone call contact Anne.

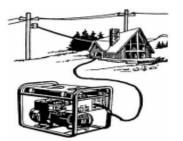
We now have the application for RMV Handicap placards Nashoba Nursing Service and Hospice: For information on home health, flu clinics, nursing availability, or hospice - call 1-800698-3307. Hospice is looking for volunteers to visit patients to give the caregiver a break. Call Wendy Chieffo for more info 1-800-698-3307 ext 352 or wchieffo@nashoba.org.

Brown Bag Program Elder Services of the Merrimack Valley, Inc. and the Greater Boston Food Bank have joined forces to offer an Elder Brown Bag Program for income eligible residents 60 years and older in the Merrimack Valley. Eligible elders will receive a free bag of groceries on the fourth Tuesday of the month. Pick up at the Tyngsboro Senior Center. Applications are now being accepted and are available through Anne at the Dunstable. COA office.

are available through Anne at the Dunstable COA office. <u>Durable Medical Equipment</u> Try us FREE before you buy. Check out the COA's inventory. We have a variety of good, gently used walkers, wheelchairs, canes, commodes and much more that people have generously donated. These are on loan and need to be returned when not in use. PLEASE call first before you drop off items. Accepted items should be brought to the Town Hall only. Files of Life pouches are available to all seniors. These pouches will contain pertinent information about you that can be left in a visible location, home/car to be used in cases of emergency. Contact Sgt. Darrell Gilmore or Fire Chief Rich for more information. **Elder Hotline** Provides seniors and their families with information related to elder issues. Call 1-888-243-5337 Mon - Fri 10 - 4. **VOLUNTEERS NEEDED** to deliver Meals on Wheels to shut-ins and to Lead an activity or craft. WISH LIST: wrapped candies, decaf coffee, dessert & snacks, paper napkins, plates & cups, sodas. Looking for a lightweight wheechair.

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They would like to know. Thank you, Anne

MOTHER'S DAY TEA SATURDAY, MAY 12TH AT 1:30pm

Fellowship Hall of the Dunstable Church, 516 Main St. Dunstable Lisa Steigerwalt will present, Tea and Gardening

After all, tea began in a garden! This delightful Tea Talk features a "visit" to some of the most famous tea gardens of the world. Guests will learn about the history and horticulture of tea and how to make a pot of tea right from their own gardens. This tea talk concludes with a special reading from the children's classic, "The Secret Garden", exploring how the garden helps us to cultivate character and friendships.

This is a FREE event sponsored by the Dunstable Sunshine Girls, but donations will be appreciated.

RSVP sjt0213@verizon.net or 978-649-7737

COMMUNICATION TIPS WITH ELDERS

By Edward H. Adamsky

An issue that strikes a nerve with many Elder Care advocates is the way some caregivers and family communicate with dementia patients. There is a tendency to view them as child-like. As a patient, you may have experienced someone treating you "gently" as if you were an ignorant little child. This is poor behavior and should not be tolerated.

The relationship between medical professionals and patients can sometimes be analogous to a parent/child relationship. This is not the way it should be, but it is common given our society's custom of treating doctors as important while patients are a cog in the healthcare process. We all need to work hard to make sure that the patient is in control of the care and is not subservient to the medical professional or caregiver.

Patients who are talked to with "baby talk" do not respond well to treatment. They often resist treatment and may even fight with their caregivers. This may be a normal human response to being treated without respect. It may also have something to do with the nature of dementia and the elder's ability to properly understand communication.

Older adults and patients who require assistance may feel disempowered. They may feel that caregivers are giving orders with which they have to comply. We should strive to avoid the use of authoritarian language when dealing with elders. Do not give orders ("you must bathe today"), instead ask questions such as, "when would you like to bathe today?"

The words we choose can frame our thinking. Instead of saying a person "suffers" from a condition, say that they are "living" with the condition. Instead of focusing on what a person cannot do, pay attention to what they can do and give help where it is needed without highlighting that the person needs the help. Try not to degrade their sense of worth by pointing out that they cannot do certain tasks.

Dementia makes communication more difficult. Elders often have trouble finding the right word, and may have difficulty following a detailed discussion. They may respond with an incorrect word or with a statement that makes no sense in relation to the discussion. This is usually unanticipated by a younger person who might struggle for an appropriate response. This leads either to the habit of ignoring the elder, or to treating the elder as a child and to the use of baby talk.

You should try to communicate with your loved-one as an adult person (which they are) and avoid treating them as a child or leaving them out of conversations altogether. Refer to them by name or title rather than diminutives like "honey." Do not talk about the elder as if the elder were not there. Do not counter the emotions of the elder with facts. If the elder is unhappy or anxious, acknowledge the feelings and try to empathize rather than try to "help." Better understanding and communication leads to better results for the Elder and the family.

ANCHOR BIBLE CHURCH

18 Pondview Place, Tyngsborough, MA (across from Skate 3) Sunday school –10am Sunday worship 11am & 6pm Mid week prayer meeting – Wed. 7pm. Home Bible study – 7pm, 1st and 3rd Thursdays @ 163 Highland St., Hudson, NH Call Pastor Steve Willett @ 978-957-0648 www.anchor-bible-church.org

MORE NEWS FROM THE DIRECTOR OF THE COUNCIL ON AGING

The Mission of the <u>Dunstable Council on Aging</u> is to serve as a supportive family resource as emerging needs of Dunstable residents become more complex; and to advocate for and provide, in a cost-effective manner, a safe, congenial environment where seniors may participate in social, educational, and cultural programs reflective of their needs.

Laugh With The Ladies The Delvena Theatre Company will be presenting Laugh With The Ladies at the Dunstable Town Hall, 511 Main Street, Dunstable on Saturday, June 2, at 6:30 PM. This is a unique, original, live theatrical production featuring actresses Lynne Moulton and Fran Baron. Meet famous "celebrity female comedians" from yesteryear. Singing, comedy and audience participation in the way of trivia – with prizes awarded – round out the show. Get ready for a fun filled night! Funded by the Dunstable Cultural Council and sponsored by Dunstable COA. This is a FREE program. Refreshments to follow program. Donations appreciated. RSVP please.

Outing to Foster's in York Me. Kick-off to summer. The Dunstable Police Assoc and the Dunstable Council om Aging are sponsoring a trip to Foster's Restaurant in York, Me Wednesday, June 20th Cost is \$25.00 per person includes delicious clam bake and transportation by coach bus.Menu: New England Clam Chowder, Freshly Dug Maine Clams, Cultivated Mussels, Succulent Maine Lobster, Sweet Corn on the Cob, Roasted Red Bliss Potatoes & Onions, Rolls & Butter, Hot Drawn Butter, Blueberry Crumb Cake *Hickory BBQ Chicken or vegetarian option are substitute choices for Lobster. Corn Chowder is a substitute choice for Clam Chowder. Reservations and payment must be made by June 6.

Message from the Fire Chief Fire Chief Rich is available to check your smoke detectors just set up an appointment. If you need the assistance of the fire department for a non-emergency situation and you've called the fire station and no one was there, please call 978-448-6666 (Fire/Police/ems Dispatch) they will notify the proper person or service to assist you. Office # 978-649-6661

Care guides available for families of people with Alzheimer's Disease. Available to download at no cost. The Alzheimer's Disease Assoc. Ma/NH Chapter has a array of resources for families and individuals at each stage of Alzheimer's Disease. These comprehensive guides allow families to address specific issues they are currently experiencing. If you are not sure what guide is best for you call 800-272-3900. To download guide, go to: www.alzmass.org/care-guides.html. The Alzheimer's Assn. home page is located at www.alz.org/manh

DUNSTABLE BOARD OF HEALTH TRANSFER STATION RATES JULY 1, 2017-JUNE 30, 2018 PERMIT FEE FOR THE TRANSFER STATION & STICKERS RECEIVED

Residents may purchase new permits on Monday-Friday from 9:00 a.m. -4:00 p.m. and on Monday evenings from 6:00-8:00 p.m. in the town hall upper level.

Regular Permits - \$300.00 with 110 bag tags Senior Permits – (65 and over) \$200.00 with 55 bag tags Recycling Permits only \$10.00

Please bring a copy of your registration (up to 2) of the vehicle(s) using the transfer station.

You may also purchase permits through the mail by mailing a check for the appropriate amount made payable to the Town of Dunstable, copies of up to two vehicle registrations and 5 first class stamps for regular permits and 4 first class stamps for senior permits to the Dunstable Board of Health, P. O. Box 268, Dunstable, MA 01827. Recycling permits only require a copy of your registration and one first class stamp.

PLEASE REMEMBER THAT ALL VEHICLES MUST HAVE A TRANFER STATION PERMIT DECAL AFFIXED TO THEIR DRIVER SIDE WINDOW AND BAG TAGS MUST BE ON ALL BAGS BEFORE ENTERING THE TRANSFER STATION.

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WELL ADULT CLINIC

Nashoba Associated Boards of Health, in conjunction with the Dunstable Board of Health announces that an adult clinic will be held *free of charge for the general public* on: Wednesday, May 23rd from 11am–12 noon at the Library. 588 Main Street.

Dunstable. Meet with the nurse for a wellness check including blood pressure/pulse monitoring, blood sugar screening, general health counseling, and further assessments with referrals as needed. For further information, please contact Nashoba Associated Boards of Health at 978-772-3335 or 1-800-427-9762 ext 340 or visit us at www.nashoba.org.

THE RUN DOWN ON TOWN MEETING

from the Town Administrator

This year's Annual Town meeting warrant addresses many significant issues, including marijuana regulations, town center district overlay and finances. There may be some differences in this article compared to last month's regarding what will be on the town warrant, so please note that developing the warrant is an evolving process.

Dunstable voted YES in 2016 on the State ballot to legalize marijuana, thus the Planning Board is tasked with developing zoning bylaws to regulate marijuana establishments. Town Meeting votes will have three options related to marijuana cultivation and businesses. The first two options do not allow retail sales of marijuana anywhere in town. The options are: to allow cultivation in business districts under certain special permit conditions; to prohibit all recreational marijuana establishments (including cultivation); or to extend the moratorium to June 30, 2019 in order to give the Town more time to research the issue.

The proposed Town Center District Overlay regulations would allow mixed light commercial and residential uses in the Town Center (see map on town web site). This would allow for a small business on the first floor of a structure and apartments above. Also, it would allow for owner-occupied multi-family apartments. The goal of the regulations is to promote adaptive reuse of the homes in the center while maintaining their historic character.

Financially, the Advisory Board and Board of Selectmen are trying to take a long-range, big-picture view of the town's fiscal capacity and the projects that may be coming in the future. Along with the two major financial projects on the annual warrant, there will be two more in the fall. In May, voters will be asked about approving debt exclusions to purchase a new Fire Engine and the Dumont property, which is a 73 acre parcel on Lowell St intended for various town uses including DPW garage, solar field, potential future senior housing.

We anticipate a Fall Town Meeting to request debt exclusions for the water infrastructure improvements and town-wide road repair (paving and reconstruction). A debt schedule showing the impact of these decisions on the average tax bill is available on the Town's website under Town Meeting info. The water infrastructure project survey work has been completed. The engineering phase is currently underway and we expect it to be finished by the end of summer. Once funding is secured for the water project, the Affordable Housing Committee will be able to send out their Request for Developers for the MUD (multi-use district).

There will be ballot questions corresponding to the marijuana and debt issues at a future election ballot; these will not be on the ballot on the Election Day immediately following Town Meeting. Due to a technical issue, the questions could not be placed on the ballot that will be presented the day after town meeting. Whichever marijuana item passes at Town Meeting will be the one presented on the ballot. It takes a positive vote at Town Meeting and a positive vote on the ballot in order for the Town to place zone limits on recreational marijuana establishments or to prohibit marijuana establishments. (The ballot on Tuesday, May 15, 2018 will only contain lists of candidates for open seats in elected positions.)

I hope to see as many of you as possible at Town Meeting. This is an important part of Dunstable's governance and I encourage all of you to voice your opinion with your vote.

If you have questions on the warrant or any other issue, please do not hesitate to contact my office at (978) 649-4154 X224 or thutton@dunstable-ma.gov.

DUNSTABLE GRANGE #31

CELEBRATING 150 YEARS

Meetings are held each month at Dunstable Town Hall at 8 p.m. unless otherwise noted. Call for more information 978-649-3934. Come join Grange!

All are welcome!!! Refreshments will be served.

May 11th - Memorial by Worthy Chaplain

June 8th - Gardening Program with Cyndi Castillo





Sunday, May 6th at 10AM, a LEMONADE STAND will be held at West Auto Repair, Inc. at 30 Pleasant St. (Rt. 113) in Dunstable, MA. All proceeds from the stand will benefit Reid's Crew and Great Strides for Cystic Fibrosis. Thank you in advance for your support.

DEMOCRATIC TOWN COMMITTEE

Join the Dunstable Democratic Town Committee at its quarterly meeting on **Tuesday, May 22, 2018** at Dunstable Town Hall at **7pm**. Topics will include the upcoming State Democratic Convention, as well as the State and Congressional Primary Elections.



COFFEE/TEA & PASTRIES

(Provided by Salt & Light & Dolce Amar)

Please drop by Prescott School Community Center Through May 24, Mondays 9am & Thursdays 3pm for Coffee On The Couch & High Time For High Tea. Come gather with Prescott volunteers and participants, as we build community and make new friends!

***** Save the date! ***** VEHICLE NIGHT

at the Dunstable Summer Concert series

This will be held on WEDNESDAY, JULY 18th from 6:30 til 8:30.

We are bringing back after a 1 year hiatus to the Dunstable Common Back2BackNH to entertain us with their classic rock and roll tunes. Like years past we hope to have the common filled with all sorts of different vehicles from classic cars, tractors, emergency vehicles, maybe a race car or two and hopefully a few other surprises. Items are being put together now for our silent auction table. Please remember each and every dollar earned at the silent auction table is given back to the Dunstable Summer Concert series to make sure the concerts continue the following year. VEHICLE NIGHT 2018 is sponsored by West Auto Repair, Inc. and the Dunstable Public LIbrary. We will look forward to seeing you on the common for the "not to be missed concert of the summer series Wednesday, July 18th!"

GROTON DUNSTABLE REGIONAL SCHOOLS

Swallow Union School: 978-649-7281 978-649-9412 FAX 978-649-5078 Message Line: 978-649-5078 Website: www.gdrsd.org (follow links to S/U)

Supt. Office: 978-448-5505

Peter Twomey Youth Center 978-448-8459 Florence Roche School 978-448-6665

Middle School 978-448-6155

GD Regional High School 978-448-6362 Boutwell Early Childhood Center 978-448-2297



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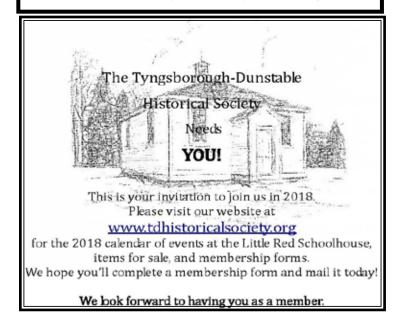
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DUNSTABLE SENIORS

We are a peer group for those over 60. Seniors now meet in the community room of the library every Wednesday 10:30 -11:30 Bone Builders, dominos 10:30 - noon, lunch at noon. First Wednesday at 12:30 BINGO for cash. Last Wednesday of the month, POKENO, bring your pennies. SCRABBLE group every Wednesdays at 12:30.

On May 9th, we will have B-B-Q chicken, rice pilaf provided by Charlotte's Cozy Kitchen.

The May 16th will be Pizza, salad and dessert

May 23 Traveling Chef will be making grilled paninis RSVP by May 18. On the last Wednesday of the month we will celebrate with a delicious cake for any of the seniors who are having a birthday that month. We would love to see more seniors at our lunches. Lunches are only \$3.00 per person.

The Dunstable police station now has a DRUG TAKE BACK BOX. What is that? You can now drop off old & unused prescription medicines safely. Bring yours on the 23rd and we will see that they get disposed of the right way.

Town Meeting Up-Date May 2 at 12:30. Town Manager, Tracey Hutton talk about the warrant articles that will be presented at the annual town meeting on May 14, 7:00p.m. at the Swallow Union School.

Rivercourt Residence in West Groton invites Dunstable seniors for a monthly lunch. Please join us on the third Tuesday of each month. Next lunch May 15 at 12:30 in their private dining room. They do this as a community outreach program, no sales involved. RSVP by

Senior / Veteran Breakfast Thursday, May 17 at 8:30 at the Tyngsboro Senior Center, 169 Westford Rd. Breakfast is sponsored by the Dunstable/ Tyngsborough Lions Club. RSVP by May 10. Indian Hill Music, Bach Lunch is on Thursday May 17. There are TWO PERFORMANCES: 11:00 am & 1:30 pm at Indian Hill Music, 36 King Street, Littleton MA. The performance this month will be the "Night's Blackbird", new music for old instruments. Light refreshments are served but you are welcome to bring your own lunch Book Club the group will meet on Saturday, May 19 and every third Saturday at 10:30a.m. in the community room of the library. We will be reading The Shoemaker's Wife by Adriana Trigiani. Summary: The Italian Alps is the setting of the first meeting of Enza, a practical beauty, and Ciro, a strapping mountain boy, who meet as teenagers, despite growing up in villages just a few miles apart. At the turn of the last century, when Ciro catches the local priest in a scandal, he is banished from his village and sent to hide in America as an apprentice to a shoemaker in Little Italy. Without explanation, he leaves a bereft Enza behind. Soon, Enza's family faces disaster and she, too, is forced to go to America with her father to secure their future.

ClearCaptions Program this program will be held on Wednesday, May 23 at 11:30. Can't hear on the phone? Get your FREE Caption Phone, nothing to pay ever. Becky Bushey will explain how this Federal Program works and how you can qualify. No income

Book Delivery to shut-ins is available through the Dunstable Library. Just let Sue know if you or someone you know needs books or audio material.

Line Dancing Class Classes are held on Mondays at 9:45a.m. for one hour in the lower hall of the Dunstable town hall. Space still available, beginners welcome. Cost is \$3.00 per session. For more information contact Holly Pottle at 978-649-3192.

FREE Quilting Class under the direction of Robin Murch will be offered on the first and third Tuesday from 6:00 - 7:45 at the Dunstable Library. Just drop in and she will let you know what you will need to get started.

Knitting, Crochet, Rug Hooking Meets on Mondays from 7:00 -8:30 at Swallow Union

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Pastor Rev. Susan Gaeta Worship is at 10:15 and Sunday School and Adult Discipleship will be at 9 as usual.

Shepherd of the Valley which now holds services and other activities at the Federated Church, 21 Washington Street in Ayer, Massachusetts will be hosting a **Puzzles and Games Night on** Friday, May 11th from 6 to 8 PM. Free pizza will be available, too, but donations are accepted!

On Saturday, May 19th, a car wash at the Prescott School in Groton will be held as a fund raiser for the youth mission trip to Utah this summer. Please come and get rid of all that dirt from the long winter and help out the youth!

SAVE THE DATE! Vacation Bible School will be the week of July 16th through the 20th. The VBS program this year will be an all day event. Please stay tuned for more details!

GROTON GRANGE #7

invites you to celebrate Spring join us at our traditional New England Contra Dance on Saturday, May 12th, from 7:30 - 10:00 PM at Historic Groton Grange Hall, 80 Champney Street. This will be an evening of live music and dancing with Groton's own Contra Banditos along with caller Dudley Laufman, who will teach traditional New England style contra, square, and line dances to the beat of old time fiddle tunes. Beginners are welcome, no experience or partner is necessary...

Donation at the door is \$5.00 per person, children under 3 years old are free, and family maximum is \$20. Refreshments are provided . This is made possible by a grant from the Town of Groton's Trust Fund Lecture Series. PLEASE NOTE: PARK ONLY ON THE GRANGE SIDE OF CHAMPNEY STREET.

GROTON DUNSTABLE SPEDPAC

May 17, 2018 • 7-9 pm Person-Centered Planning - Cheryl Ryan Chan, is first and foremost Mom to Nicky - a 23 year old man severely impacted by autism. Cheryl has spent over 16 years in Massachusetts, integrating her son and family into the disability community and becoming a well-known leader in community organization, legislative activism, mentoring and public speaking. Her work as a Person Centered Planning facilitator began in 2010 and has become her greatest passion. Funded by the GDRSD SEPAC This will be held at GD High School, 703 Chicopee Row, Groton, MA. Melissa Padera - mpadera@yahoo.com

This program had been postponed due to the snow storm.

STATEMENT OF MASSACHUSETTS SHERIFF'S ASSOCIATION PRESIDENT

Peter J. Koutoujian, on the signing of S. 2371

This legislation represents a major shift in the Commonwealth's approach to the criminal justice system. The endeavor of a fairer, more whole justice system does not end today – it begins.

Massachusetts Sheriffs are supportive of proposals contained in this legislation that have been designed to maintain the highest level of care for individuals sent to us by the courts. We look forward to working with Governor Baker and the Legislature on technical corrections and supplemental funding legislation which will ensure sheriffs' offices can implement these reforms in a manner consistent with the bill's intent.

As law enforcement leaders responsible for safeguarding public safety in our communities, we hope that in future iterations of criminal justice reform, policy makers will consider the importance of avoiding unnecessary incarceration, especially for those suffering from mental health and substance use disorders. Innovative jail diversion efforts, combined with robust post release supports for those who leave our facilities, will make our communities stronger, safer and will save taxpayer dollars.

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224 Board of Selectmen, Electrical, Gas, Plumbing, & Building Inspector's Secretary. Also for Animal Control Officer. After hours call Police at 978-649-8891. If emergency call 911

225 Assistant Assessor 226 Building Inspector 227 Assessors, Highway 228 Collector/Treasurer 229 Board of Health

230 Conservation/Planning Board/Water Commission

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SO THAT HUMANS & WILDLIFE MAY LIVE TOGETHER

by Nikole Roth

Hello residents of Dunstable. Welcome to our town. Dunstable remains one of only a few agricultural communities where working farm animals and multiple species of wild life still exists today. So that both humans and animal can live harmoniously together, I have provided a brief column highlighting the wildlife that is common to the area. This month will focus on Raccoons.

Natural History: Raccoons are highly intelligent and easily adapt their environment. They are normally active at night but can also be seen during the day. Chimneys and attics make great family resting places and your exposed trash will provide them a free buffet. Everybody even humans love a free meal- so please keep a lid on your trash. Because Raccoon's are so highly adaptive, people can oftentimes see them during the day- yet many people will often have the wrong ideas about racoons. Contrary to popular belief; a racoon seen during the day is not an indication that it has rabies. Racoons provide free pest control services, as they often hunt small snakes, rats, mice and grubs are bountiful during the daylight hours.

Useful Tips for discouraging your visitors: Racoons seen in daytime: Generally, not a cause for alarm. Uncovered trash, and access to outdoor pet food will attract them particularly if they have hungry young to feed. Assess & Notify your local ACO or police department if you see the animal acting strangely, seems disoriented, circling, falling, dragging itself, acting injured or behaving aggressively (unprovoked). Do not approach.

Racoons in attic or chimney: During spring and summer a mother raccoon may take advantage of these spaces to raise her cubs. The easiest remedy for this is to keep your damper closed and your chimney capped. If a family has already established residence in your chimney, just wait a few weeks until they move out on their own. As soon as the cubs are old enough (about 8 weeks) the mother will naturally move them to a more accessible den. To prevent future occurrence, have your chimneys smoke shelf checked (to be sure they are gone) by a qualified chimney sweep, the flue cleaned and capped preferably with an NFPA-approved expanded metal chimney cap.

If you must evict: Know that racoons like dark, non-smelling, quiet places to raise their young. By creating opposite conditions, they might be encouraged to move on. You can try while keeping your damper closed; while playing a blaring radio set to rock or rap or playing a tape of a barking dog placed in the fireplace. You might also try placing a bowl of vinegar near the damper just before dusk (mother racoons will not want to move their cubs during daylight hours). Be patient as it might take a few days to convince the mother racoon that environment is no longer desirable.

For Attic Dwellers: Leave all your lights on, provide music from a blaring radio as well as a few rags or tennis balls doused with vinegar. Apply these deterrents just BEFORE DUSK. Be patient and keep in mind-that a mother racoon may not decide to move if a suitable place for her to go that is nearby cannot be found. You might decide to just wait the 8 weeks. The good news is that -once she is gone you can promptly seal up the entry hole so that this doesn't happen again. BUT BEFORE YOU DO YOU MUST CHECK TO BE SURE THE FAMILY HAS LEFT by doing the following: Try stuffing the entry hole with newspaper and observe for 3 consecutive nights. If the paper stays in place, the den has been evacuated. You can then seal the entry hole with hardwire cloth. THEN DO a second recheck making sure that nobody has been left behind. You can do this by placing some sardines or dog food in the attic and checking to see if it has been uneaten after 24 hours OR more simply you can sprinkle some flour around the entry hole and then check for the foot prints of a racoon attempting to get out. Remember an ounce of prevention is worth more than a pound of cure. WHO TO CALL: You will need to call a PAC (private wild life removal company). This is a fee-based service. You can find a list of problem animal control agents on the mass-division of fish and wildlife web page https://www.mass.gov/service-details/ problem-animal-control-agents or call them at 1- 617-727-3151 For more immediate assistance with unsafe conditions; call your local police department for further instruction. Remember do not approach, trap or corner any animal, keep a safe distance away. Do not attempt to pet or cover with blankets etc. as zoonotic disease can be transferred to humans from fur to skin of an infected animal.

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For questions or more information, please call our office 978-649-2262 Pastor Denis Frediani 1-603-579-0904 www.tyngsborocongregational.org
E-mail ecctsect@yahoo.com

JOIN US FOR SUNDAY MORNING WORSHIP

<u>OUR MISSION:</u> Glorify God by encouraging all people to know Jesus together in Faith, Love and Service Worship Service at 10:00 a.m. Nursery available. Followed by Fellowship and Refreshments. Children attend Worship service with parents and are dismissed at 10:15 a.m. for Sunday school. Cancellation information will be listed on our website: www.tyngsborocongregational.org

We invite you to join us for:

- SUNDAY EVENING Adult Bible Study, 6:30 p.m. 8:00 p.m. The continuing theme will be "HOW TO UNDERSTAND YOUR BIBLE"
- TUESDAY MORNING Ladies Bible Study 9:30 a.m. 11:30 a.m. A new study program is a video series called "That the World May Know"

THE THRIFT SHOP: Located next to the church is open to the public on Thursdays and Saturdays from 10:00 a.m. - 3:00 p.m. We offer an assortment of clothing, shoes, handbags, baby items, books, small appliances, dishes, glassware, jewelry, etc. Please do not drop off large furniture items such as TV's, computers or printers we do not have the means to store or dispose of these. EASTER SERVICES - Many attended our Seder Meal on March 29th as well as our Easter Sunrise Service and church service. The sunrise service was held on top of the hill located between our Thrift Shop and Church. Services were well attended. It was very fitting as being the first Sunrise Service on the hill as part of our 150th Anniversary. Hopefully future Sunrise Services will be held there for the next 150 years!

• THE 150TH ANNIVERSARY COMMITTEE - On April 8th we held a 150th Church Celebration by holding our Sunday Service at the Old Town Hall with a catered lunch. We incorporated some of the songs that were sung in 1868 and historic information was shared with the congregation as well. The event was well attended and we hope everyone enjoyed this special service. We thank Representative, Coleen Garry who attended and presented our church with a certificate from the State commemorating our 150th Anniversary of continuous service to our community. A big thank you to the 150th Committee for all their hard work in planning this event and a job well done!

YOUTH MINISTRY - Many upcoming and exciting activities are planned for our youth in the months ahead. If you would like to be a part of this active and fun ministry, we encourage your families to come and enjoy our Sunday services at 10:00 a.m. We welcome with open arms anyone looking to follow our Lord and glorify Him through worship and actions.

THANK YOU to John Korsak for hosting the Men's breakfast on April 14th at his home.

May 28- MEMORIAL DAY PARADE - Please consider joining us as we march in the Annual Memorial Day Parade. We meet in the church parking lot by 10:00 a.m. and the parade starts at 11:00 a.m. This is always a proud day as we remember our military servicemen, past and present. At the destination point of the VFW there is always a meaningful and honorable presentation that takes place. What an honor to celebrate all those who have made our country safe and proud. GO USA!

June 3-Our Annual Church Picnic follows our regular Sunday service. Bring a dish to share and head over to the Sportsmen's Club on Westford Road from 12:00 to 4:00 p.m. for a fun afternoon of activities, good food and lots of singing! Event is held rain or shine! Hambergers, hotdogs and drinks provided. This church service also rounds out our normal school year calendar as we celebrate with our Children's Program and honors local high school graduates who have qualified for our Scholarships. Casual wear permitted for this church service! Normal church meetings & activities will resume with the beginning of the new school year in September.

• October 7, 2018 - Special Sunday Service and Luncheon at Church. Afternoon - The Needham's (a well known Gospel Group) in Concert at Old Town Hall (more specifics will be notated in future Neighbor to Neighbor Issues). If anyone has photos or information of the church through the years please notify Joy at 978-649-6142 or Jill at 978-649-3301.

SERMONS ON-LINE: Weekly sermons by Pastor Frediani: 1. Log onto the church website http://www.tyngsborocongregational.org 2. On home page you will see a photo of the church. Hover the cursor over the word "SERVING" 3. Click once on the word "SERMONS" 4. Scroll down to see "Listen to our sermonsfor free on SoundCloud.com 6. Below the Church logo sermons listed by date, passage, sermon title 7. Click orange circle to listen to the sermon you desire.

THANK YOU to Rick Nolet and his team for the amazing work they have done on some major repairs to our sanctuary. We are blessed to have Rick as our carpenter and friend.



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Interested? Come check us out! Our office hours are Monday thru Friday: 9 -6; Saturday: 9 - 4; and Sunday: 9 - 1. Or if you prefer, look us up on Facebook (Tyngsborough Self Storage) or at our web-site: www.tyngsboroughselfstorage.com

Have questions? Call us at 978.726.5563 during our regular office hours or by e-mail at tyngsboross@comcast.net. We look forward to hearing from you and helping you meet your storage needs!

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TYNGSBOROUGH DUNSTABLE HISTORICAL SOCIETY



Events listed will be held at the **Little Red Schoolhouse** which is located on Route 113, 64 Main St., Dunstable, near the Tyngsborough- Dunstable Town Line.

 Sunday, May 6th beginning at daybreak 42nd Annual Steam and Gas Engine Meet

Come early to see the antique engines and farm equipment. Items old and new for sale.

Coffee, donuts, hamburgers & hot dogs will be available. For information Anne Davis 978-649-7243.

Saturday, June 23rd 10 AM to 3 PM
Enjoy the best strawberry shortcake made from local
strawberries, homemade biscuits, and whipped cream.
Find crafts and vendors on the field.
For more info please call Catherine Irzyk at 978-649-7690.

The shortcakes are served inside the schoolhouse. Come in visit with friends and relax. Take a look at the inside of a schoolhouse that was built in 1790. In good weather this is where the monthly Tyngsborough-Dunstable Historical meetings are held. Membership is \$15 for an individual and \$25 for a family. For more information check out the website.

www.tdhistoricalsociety.org

INNOVATION ACADEMY CHARTER SCHOOL SPRING CONCERT

Wednesday, May 30, 2018 - 6:00-8:00pm

The Innovation Academy Charter School Music Department will be presenting their inaugural all school spring concert. The evening will feature student performances by the Middle School Bands, Middle School Chorus, High School Instrumental Ensemble and High School Chorale and Concert Choir.

- Choral groups will perform at 6:00pm in the Library
- Instrumental Groups will perform at 7:00pm in the Auditorium
- Light refreshments will be available at intermission
- Free Admission and plenty of Parking

Innovation Academy Charter School 72 Tyng Road Tyngsboro, MA 01879



This year, the Altrusa Club of Merrimack Valley, a local, volunteer service organization, is offering a \$500 scholarship to a qualified student currently enrolled in the Bachelor of Arts in Education with a certification in Elementary Education and Moderate Disabilities at the University of Massachusetts at Lowell (UML).

This scholarship is offered to honor the memory of Eleanor A. Durant, a past member of Altrusa, who earned her degree from Lowell State Teachers College and taught sixth grade for many years in the Chelmsford Public School System. With the assistance of Dean Eleanor Abrams and faculty, the finalists will be reviewed and the recipient chosen in June 2018.

On June 11, 2018, the Altrusa International Association will celebrate 101 years of volunteerism around the world. *If you would like to help make a difference in the lives of others in your community, please contact us at altrusamv@gmail.com*.

LEARNING IN RETIREMENT ASSOCIATION **UMASS LOWELL**

2018 Summer Intersession Classes Announced

The Learning in Retirement Association invites anyone retired or semi-retired to come to our free summer intersession classes and trips. These classes meet on Wednesdays from 10:00 to Noon at University Suites, Room 106, 327 Aiken Street, Lowell. There is two-hour metered parking around the building.

This is a great way to sample the offerings of our nearly yearround learning experience. To find out more about LIRA please see our website www.uml.edu/Community/LIRA

May 30 - What Makes Life Significant, Prof. John Kaag **UMass Lowell**

June 6 - Campus Security, UMass Lowell Campus Police June 13 - U. S. Constitution Tour, See Website for Details (Admission and Bus Fee)

June 20 - Cyber Hacking, Christopher Wilkinson UMass Lowell June 27 - Wildlife Photography, Sue Jarrett Wildlife Photography Beaufort, SC

July 11 - Being Transgendered, Kelly Jenkins Youth advocate

July 18 - Childrens' Author Nancy Cote

July 25 - Addison Gallery, Museum trip to Andover

AMVETS POST #247 ROBERT D. PELLETIER

90 Pawtucket Blvd. Tyngsborough, MA We hold our meetings on the 1st Tuesday

of the month at 7 p.m. all veterans are welcome with 180 days or more of active duty. Come down and join us for a meeting. God Bless America.

OFFICERS: Commander: William A. Beaton; 1st Vice: John McDermott; Adjutant: John Cogan; Finance: David Coles; Judge Advocate: Roland Milliard; Provos Marshal: Roland Russell; Chalplain: Rod Woods. E-Board: Steven Harris, John Dombrowski, Ron Russell.

"ALWAYS READY TO SERVE OUR VETERANS" AMVETS National Website: http://www.amvets.org/



CLUB OF TYNGSBORO/DUNSTABLE

Rotary Motto: Service Above Self Theme: Rotary Making a Difference

The Rotary Club of Tyngsboro/Dunstable has been serving the Tyngsboro and Dunstable area for 44 years.

We meet at the Dream Diner, Tyngsboro, on the 1st, 2nd & 3rd Thursday of the Month at 7:15am.

In June we will hold our Annual Fishing Day for children and adults with disabilities. The date is to be determined.

Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs. Rotary builds international understanding through scholarships, exchange programs, and humanitarian grants. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

For further information about Rotary, please email us at tdrotary@yahoo.com or visit our website at: www.tdrotary.org. Thank you for your continued support.



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THANK YOU & CONGRATULATIONS TO THE WINNERS

The Jacoppi family wishes to thank everyone who supported the scholarship fundraiser this year. The winners of the raffle are Linda Cornellier, Ed Napekoski, Mary Cooney, Marilyn Campbell, and Emmet Clifford.



FREE ACTIVITIES FOR YOUNG CHILDREN WITH THEIR PARENT OR CAREGIVER

Calling all children, ages birth - 5, with their parents or caregivers, to FREE Playgroup/Literacy/Story and Craft Times. This grantfunded program is open to anyone, regardless of where you live. These programs follow the school year calendar.

Groton and Dunstable Family & Community Programs

- Join us on any 1st and 3rd Tuesdays during the school year -9:30 a.m.at: Peter Twomey Center (behind G-D Middle School North), 348 Main Street, Groton
- Join us on any 2nd and 4th <u>Tuesdays</u> during the school year
 -1:30 p.m._at: Dunstable Congregational Church, 518 Main Street, Dunstable
- **Townsend and Pepperell Family & Community Programs** • Join us on any Mondays during the school year -9:30 a.m. at: Peter Fitzpatrick Admin. Building (brick building at rotary), 45 Main Street, Pepperell
- Join us on any <u>Wednesdays</u> during the school year -10:30 AM at: Townsend Library, 12 Dudley Road, Townsend

Please contact Jana Harrison, at jharrison@awrsd.org, or 978.874.7312 for further information.



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AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

Meetings are held the first Thursday of each month at 7pm.

Auxiliary Unit Officers for 2017-2018 President: Diane Dileo; Sr. Vice: open; Jr. Vice: Maureen Harris, Treasurer: Josephine Beauregard, Secretary: Patricia Modrich, Chaplain: Rebecca Modrich, Historian: Open, Sergeant –At-Arms: Mary Dupras, Executive Committee: Kathleen Oljey, Annette Coles and Janice Dombrowski

<u>REMINDER FOR MEMBERS</u> Please send in your Membership Dues. Mail to: Josephine Beauregard Unit Treasurer, 70 Pawtucket Drive, Lowell, MA. 01854.

For information on the Auxiliary Unit meetings, or functions contact Unit President Diane Dileo at 978-204-9329

We also would Welcome New Auxiliary Members 18 and older. Contact Unit President or Treasurer.

••• The Unit Jr. Auxiliary is accepting new Jr. members.
Contact 978-649-7540 if interested in joining.

THE LOADING DOCK GALLERY

122 Western Avenue • Lowell, MA 01851
Show: Innovation Academy Student Art Exhibition
Show Dates: May 1-26, 2018

Opening Reception: Saturday, May 5 from 5 PM to 7 PM The times they are a-changin'. And the art students of the Innovation Academy Charter School (IACS) have something to say about that

The Loading Dock Gallery is honored to present the **4th annual IACS Student Art Exhibition this May.** Organized by the school's Art Club and open to all media, the exhibition features bodies of work by seven seniors, as well as individual pieces by current juniors and recent alumnae. These youthful, creative voices exemplify the energy, fearlessness, and digital prowess of their generation. With a focus on hands-on education, collaboration, growth, and systems thinking, IACS, founded in 1996, serves six hundred students in Grades 5-12 from ten local communities.

Follow their lead and join us for the IACS Student Art Exhibition this May at The Loading Dock Gallery.

The Loading Dock Gallery, a part of Loading Dock Arts, Inc., a 501c3, is open Wednesday through Saturday from noon to 5:30 PM, and Sunday from noon to 4 PM. For more information, call 978-596-1576, or visit www.theloadingdockgallery.com.

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DUNSTABLE TYNGSBOUGH LIONS CLUB



<u>"We Serve"</u> The Lions Club is a non-profit organization of men and women dedicated to helping the community through donations raised by volunteers.

Officers for the 2017-2018 Lions Year

President: Mark Alexander, Secretary/Treasurer: Bob Reich, Membership Chairman: Ed Majewski, 1st Vice President: Mike Roth, Tail Twister/Lion Tamer: J.J Ward

Events

The Club will host a **Seniors' Breakfast in May** at the Tyngsboro Senior Center. Check your Council on Aging newsletter for dates and times.

Anyone who would like to join the Lions is asked to call Bob Reich at 978-649-5874 or Mark Alexander at 978-649-9124. Our Regular Meetings are held on the first Tuesday of the month starting at 6:30 pm. Call one of the members at the telephone numbers given above to find the location.

YOU CAN HELP BY DONATING THE FOLLOWING:

<u>Used eyeglasses</u> are collected for refurbishment and distribution to less advantaged people around the world.

<u>CAN TABS</u> (*in sealed bags*) are also collected for kidney dialysis time through the Shriners Hospital.

Lion's collection boxes for eyeglasses and tabs (in sealed bags) are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Tyngsborough Council on Aging Senior Center, 169 Westford Rd., Tyngsborough and Dunstable Town Hall, Post Office and Library.

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ACADEMY OF NOTRE DAME ALUMNAE INVITED TO REUNION EVENT

Tyngsboro, MA – Alumnae of the Academy of Notre Dame in Tyngsboro will be treated to a special reunion celebration on **Friday**, **June 1, 2018** on the grounds of the school's 200 acre campus. This 21 and older event will be held under a tent to honor alumnae, especially those celebrating reunion years ending in 3 and 8. The evening will feature student-guided tours, live entertainment by the Dani Tribesmen Band, and heavy hors d'oeuvres and beverages.

The reunion celebration will be an opportunity to reconnect and reminisce with former classmates as well as current and retired Academy teachers and administrators. The evening will also bring alumnae up-to-date with what's going on with their alma mater and the success of our recent and soon-to-be graduates.

The cost to attend is \$35 per person. To register, visit NDATyngsboro.org/reunion or call 978-649-7611, Ext. 323.

ROBERT D. PELLETIER AMERICAN LEGION POST #247, INC.



90 Pawtucket Blvd. Tyngsborough, MA 01879

Active duty military and veterans always welcome to join. For further information call **978-649-7540**. Remember to attend the committee meetings on the first Thursday with your input and ideas.

The public is invited to get involved in all events of the post.

The veterans monthly dinners will continue on the first

Wednesday of the month. We are always looking for help to serve the veterans. Keno and Scratch Tickets are available at the Post. There is an ATM in the Post for your convenience.

OFFICERS: Commander: Fredrick Carroll; Sr. Vice Commander John Culbert; Adjutant Donald Pierce; Judge Advocate: Roland Millard; Executive Board: Martin Bloomgren, David Coles, Robin Dion.

Attention!!! To Members in good standing of Robert D. Pelletier American Legion Post 247 Inc.

There are open positions for Post Officers. Any Members in good standing interested please email LegionPost247@gmail.com or attend the General meeting that takes place the 1st, Thursday of each month in the up stairs meeting room at 7:pm.

Visit our website, www.LegionPost247.org
This website contains a wealth of information about the Post.

Please remember to be safe & keep our troops in your prayers.

CHELMSFORD CATHOLIC COLLABORATIVE

Home to both St. Mary and St. John the Evangelist Parish Families Staff Offices: 115 Middlesex Street, North Chelmsford OFFICE HOURS: Mon, Tue, Thu. 9:00AM – 5:00PM; Wed. 9:30AM – 5:00PM; Fri... 9:00AM – 3:00PM

ST. MARY BUSINESS(978) 256-2374; www. saint-mary.org ST. MARY CHURCH: 25 North Road, Chelmsford Daily Mass Schedule: Monday – Friday 7:00 AM; Saturday 9:00 AM Weekend Mass Schedule: Saturday 4:00PM; Sunday 7:00AM, 9:00AM, 11:00AM and 6:00PM Reconciliation: Saturdays 11:00 – 12:00 NOON, or by appointment

ST. JOHN BUSINESS(978) 251-8571; www.saintjohnchelmsford. org ST. JOHN THE EVANGELIST CHURCH: 115 Middlesex Street, North Chelmsford Daily Mass Schedule: Monday – Saturday... 9:00 AM Weekend Mass Schedule: Saturday... 4:00 PM; Sunday... 8:30 AM, 10:30 AM and 5:00 PM Reconciliation: Saturdays... 3:00 – 3:45 PM, or by appointment

JOB OPPORTUNITY. This 18-hour per week position, requiring evening and weekend hours, is responsible for the cleaning and maintenance of both St. Mary's and St. John's buildings and grounds. Ability to travel between locations is a must. Please submit your work experience via US Mail, or in person, to the parish offices at 115 Middlesex Street, No. Chelmsford, MA, 01863, ATTN: DAN HEIDER, or email chelmsfordcatholic.org with ATTN: DAN HEIDER in the subject line.

DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827 Dunstablechurch.org 978-649-6251

Pastor Bobby Ross pastorbobby@dunstablechurch.org

DECC is a welcoming church at the heart of the Dunstable

community. "We gather to glorify God, to grow in Christ and to

live the gospel in the world."

SUNDAY WORSHIP: Worship Service is held at 10:00 am each Sunday. Child care is available during the service for infants through kindergarten age. Our worship services feature a wide variety of music, scripture readings, corporate prayer and spoken messages and with Communion (the Lord's Supper) served on the first Sunday of every month. Everyone is welcome to an informal time of fellowship with coffee, tea and refreshments that takes place after worship.

<u>CHILDREN'S SUNDAY SCHOOL</u> is held at 10:00 am. Children in Ages 4-12 attend the regular service with parents for the first 15 minutes of worship before leaving to attend Sunday School class for the remainder of the hour. Older children and teenagers remain with their parents for the entire worship service.

DECC YOUTH Regular meetings are held on Sundays from 4:00-6:00 PM but special events may be held at other times. Please contact Jon Hughes at 978-393-7708 if interested and to confirm location and time of meeting. Spring plans include Game night, Beach Party at Salisbury Beach, Mini Golf, and a cookout.

<u>POPs</u> (Parents of Preschoolers) meets in the Fellowship Hall twice a month on Fridays, 9:00-11:00 am. Child care is available. Next meetings are 5/11 and 5/25. Contact <u>Shellyannross@gmail.com</u> with questions.

MISSIONS BOARD sponsors a "Missions Moment" on the second Sunday of each a month. A guest speaker presents a brief overview of the program which is supported by our Missions giving. In April was an update from Eric Hanson - Kwatekeh Africa on his recent mission trip there. Such wonderful things are happening there. On May 20th, CCCC missional video, "Anchor Ministries".

CAROL PRINSEN won the **ANNUAL COMMUNITY PIE BAKE-OFF.** Over a dozen pies were submitted and sampled!
Apple, lemon and all sorts of yummy pies. Time to start planning for your favorite submission next year!

MOTHERS' DAY TEA – May 12, 2018, 1:30pm (NOTE CORRECTED TIME) at Dunstable Church. Lisa Steigerwalt will present "Tea and Gardening". After all, tea began in a garden! This delightful Tea Talk features a "visit" to some of the most famous tea gardens of the world. Guests will learn about the history and horticulture of tea and how to make a pot of tea right from your own garden. A special reading from the children's classic, "The Secret Garden", explores how the garden helps us to cultivate character and friendships. Refreshments will be served. This is a FREE event sponsored by the Dunstable Sunshine Girls, but love offerings will be appreciated. RSVP to Sue Tully at sjt0213@verizon.net or 978-649-7737.

Would you be interested in attending a Men's Retreat this spring at Monadnock Bible Camp? The Men's Retreat runs from Friday evening, May 4, to Sunday afternoon, May 6, however Monadnock is offering alternatives for those who can't take that much time from life's busy-ness. You can find the registration options available at https://monadnockchristianministries.org/men. The speaker for the weekend is Dan Croce, Chaplain in the Plymouth County Correctional Facility (PCCF) and Director of New Hope Correctional Ministry, with local praise band "Road to Damascus" leading worship. Contact Wayne Sweitzer (wsweitzer@integrity-apps.com) for more information.

Come visit your community's church. For more information about any of these events, contact the Church office 978-649-6251, email info@dunstablechurch.org or visit our website at www.dunstablechurch.org.



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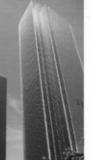
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COMING UP AT INDIAN HILL

FRIDAY NIGHT JAZZ 'JAM': Listen to a swinging set by Indian Hill Music's jazz faculty trio followed by a casual jam session open to the public. Featuring popular Boston-area jazzers Eric Baldwin (guitar), Justin Meyer (bass), and Dave Fox (drums). Stay to sit in and play, or just listen! **Friday, May 4 at 7:00pm,** 36 King Street, Littleton, MA. TICKETS: \$10 (Free for Indian Hill Music students) Learn more: (978) 486-9524 or www.indianhillmusic.org.

'CLASSICAL MEETS JAZZ' CONCERT: Piano quartets by J.S. Bach and jazz luminaries Oscar Peterson, Robert Glasper, and Claude Bolling. Featuring Scott Thomas Lesser, cello; Joe Reid, piano; Justin Meyer, bass; and Dave Fox, drums: Sunday, May 6 at 3:00pm, 36 King Street, Littleton, MA. TICKETS: \$15 (Free for Indian Hill Music students) Learn more: (978) 486-9524 or www.indianhillmusic.org. Sponsored by Nashoba Real Estate.

'BACH'S LUNCH' CONCERT: Indian Hill Music presents 'old music for new instruments' with Night's Blackbird, featuring Jamie Dunphy, lute; Teri Kowiak, mezzo-soprano; Carol Lewis, viola da gamba; Ian Carroll, soprano saxophone. TWO SHOWS - Thursday, May 17 at 11 am and 1:30 pm, 36 King Street, Littleton, MA. Complimentary coffee, tea, cookies; bring your lunch. FREE admission. Reservations required for groups at (978) 486-9524. Learn more at www.indianhillmusic.org.

N.E. FLUTE ORCHESTRA CONCERT: Indian Hill Music's 20-member adult flute ensemble, led by Dr. Eileen Yarrison, plays music inspired by nature: **Sunday, May 20, 3:00pm** at 36 King Street, Littleton, MA. TICKETS: \$10. Learn more: (978) 486-9524 or www.indianhillmusic.org. Supported by Wm. S. Haynes Co. Flutes.

INDIAN HILL MUSIC YOUTH ORCHESTRAS CONCERT: Indian Hill Music School presents its three youth orchestras in concert: Monday, May 21 at 7pm, Littleton High School, 56 King Street, Littleton, MA. TICKETS: Adults/\$10 (free for age 18 and under). Learn more: (978) 486-9524 or www.indianhillmusic.org. Sponsored by Middlesex Savings Bank.

ORCHESTRA OF INDIAN HILL'S 44th SEASON: Subscriptions on sale for Orchestra of Indian Hill's 2018/19 Concert Season (September thru April in Littleton) led by Artistic Director Bruce Hangen. Highlights include Bernstein's Symphony No.

- 1, Tchaikovsky's Symphony No. 5, Mahler's Symphony No.
- 1, Beethoven's "Fifth," an all-Brahms evening, and Vivaldi's Concerto for Four Violins. Learn more at (978) 486-9524 or www.indianhillmusic.org.

MUSIC LESSONS & CLASSES: Ongoing registration for private lessons, classes, ensembles, and summer programs for all ages and levels at Indian Hill Music School, 36 King Street, Littleton, MA. Instruments include, piano, strings, flute, guitar, ukulele, recorder, harp, voice, and drums in classical, jazz, folk, rock, and pop styles. Learn more: (978) 486-9524 or www.indianhillmusic.org.

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for Rental Information, Booking, and more details. Stop by to view the hall and outside patio area. **Active duty personnel discounts available.**



Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827 **(978) 419-1914**

E-mail: anne@neighbortoneighbornewsletter.com

The next deadline is May 10th for the June issue.

If you belong to an organization that has an upcoming activity or project you would like publicized, please send in your news by the 10th. *Articles are placed on a first come, first served basis*. News can be sent in a word file or in the body of an email.

It is best to send artwork as jpeg, or pdf files. Please email me if you have further questions about submitting news.

If you have a local business, or your organization would like to have a display ad, not just a paragraph, please email me and I will answer any questions you might have and I will forward the rate sheet to you.

After the June issue, there will be one more issue published for the summer months. A July/August issue will be delivered after the 4th of July. The deadline for that issue will be June 10th.

Total circulation at this time for Dunstable and Tyngsborough is 6,240 issues.

Issues are now available online at

www.neighbortoneighbornewsletter.com

RECIPE FROM THE NATIONAL HONEY BOARD

HONEY CITRUS GLAZED CARROTS

YIELD: Makes 4 servings

INGREDIENTS 1 T butter or margarine, 4 cups carrots sliced, 1/4 cup honey, 1/2 cup chicken broth, 1/2 cup orange juice, 1/2 tsp. orange zest minced, 1 tsp. salt, 1/4 tsp. pepper

DIRECTIONS In large skillet over medium-high heat, melt butter. Add carrots and sauté for several minutes. Add honey, broth, orange juice and orange zest. Reduce heat to medium-low and simmer until carrots are cooked and liquid is thick. Season with salt and pepper.

MEXICAN HOT CHOCOLATE HONEY MOCHA

YIELD: Makes 2 servings

INGREDIENTS 3 fl. oz. Spicy Honey Syrup, 2 (double shot) espresso, as needed chocolate milk, as garnish whipped cream, as garnish cocoa nibs,

For Spicy Honey Syrup:8 fl. oz. Honey Simple Syrup, 1/4 tsp. chili powder, 1/8 tsp. cloves ground, 1/8 tsp. cayenne pepper, 1/4 tsp. cinnamon ground

DIRECTIONS Combine Spicy Honey Syrup & espresso at the bottom of a glass mug. Top with steamed chocolate milk. Follow with whipped cream and cocoa nibs.

Spicy Honey Syrup: Combine Honey Simple Syrup and all other ingredients in a bowl until fully integrated. Bottle and set aside for service.

WEST CHELMSFORD UNITED METHODIST CHURCH

242 Main Street North Chelmsford, MA 01863 Phone: 1-978-251-4834 Website www.wcumc.us Worship: 9:30 AM Professional child care provided Coffee Fellowship: 10:30 AM

Spring is in the air! The grass is turning green, the birds are singing, and the morning air is cool and fresh! We celebrate the risen Christ and the ways that He works in our world to bring new life and hope! We look forward to our May events! Many of our church family and friends will be participating in Faith Works on Saturday, May 12. Our teams go into our community and perform repairs, yard work, and any other work that our clients need around their house.

An outdoor movie is being planned for the evening of Saturday, May 5. This will be a family friendly event and the community Is invited! All ages are welcome - from grandparents to grandchildren! It will be held on our back lawn (weather cooperates) or indoors (weather does not cooperate). There will be a potluck dinner at 6:30 PM and the movie will start at 7:30 PM. Refreshments will be available during the movie. This is a free event and all are welcome! Bring your blankets and chairs.

We also have a women's retreat planned for Saturday, May 5 and we also have a book discussion group that meets once per month.

We hope to welcome you soon! We are on 242 Main Street in North Chelmsford, right on the Westford/Chelmsford line. From Route 3, take the Route 40 exit to Chelmsford, take a sharp right onto Main Street Chelmsford right after the variety store and follow Main Street until you see the church on the left.



PLANT SALE

On **Saturday**, **May 5**, the Power of Flowers Project, a 501 (c) (3) organization invites you to join us at our plant sale from 9am-1pm at the Tewksbury Senior Center, 175 Chandler Street. Start your gardening out right this year!

- Proven Perennials from our Own Volunteer Gardens
- Locally Grown Nursery Annuals and Herbs
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The Power of Flowers Project is a volunteer-based organization that rescues flowers from various events, repurposes them into beautiful bouquets and delivers them to seniors and others in need in the surrounding area. The bouquets bring moments of joy and build caring, compassionate connections. Since we began in 2009 we have delivered over 75,000 bouquets containing lovely flowers which would likely have been left behind and discarded.

For more information please contact Heidi at hrwhitehair@gmail.com or the Power of Flowers Project in Tewksbury at (978)226-8545, www.powerofflowersproject.org. We also have a Facebook page at https://www.facebook.com/thepowerofflowersproject/. Presenting Sponsor, Griffin Greenhouse & Nursery, 1619 Main St, Tewksbury, MA.

When you contact a business, or organization, please tell them you've seen their ad or news in Neighbor to Neighbor. They would like to know. Thank you, Anne



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THE WISH PROJECT

Drop off donations: Tue/Wed/Fri and Sat 9am-2pm 1A Foundry St., Lowell, MA 01852 Off of Plain Street in Lowell. No appointment needed, but call first if there is a snow storm or if donation days fall on a holiday. 866-947-4360

WISH LIST: Sofas, Love Seats, Kitchen Tables, Sleeper Sofas, Full & Twin Mattress Sets, Adj Metal Bed Frames, All Box Springs, XL Adult Male Diapers, Diapers Size 6, Diaper Bags Girls tops/bottoms Size 4T-6X, Boys tops/bottoms Size 7-14 Men's Jeans Size 28-32 waist.

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We would like to invite you to join us at The Wish Project's 7th Annual Golf Classic. This year's event will be held at Andover Country Club on Monday, June 11th. It will be a great time for a great cause! For over a decade, it has been the mission of The Wish Project to serve the needs of homeless and at-risk families in the Greater Lowell area, helping them get back on their feet. We rely on the generous support of donors to fulfill our mission. We hope you will help us by supporting our golf tournament, one of our biggest fundraisers of the year. Register online at 7th Annual Golf Classic. Think warm thoughts and register now!

Thrift Shop We've extended the hours to accommodate more shoppers. Located in our warehouse our new hours are Tuesday, Wednesday, Friday and Saturday 9-1:30pm and Thursday 4 to 7:30pm. Stop in and pick up some bargains and help to fund our mission of helping the needy in Merrimack Valley! We welcome the public to shop and help support The Wish Project with every purchase!

Hours to drop off donations: Tue/Wed/Fri and Sat 9am-2pm No appointment needed but call first if it is snowing or near a holiday. Foundry Industrial Park Lowell, MA 01852 Off of Plain Street in Lowell. The Wish Project, 1 A Foundry Street, Lowell, MA 01852

The big news at the warehouse is our new extended hours. Thanks to the Corning Foundation grant we will be able to start opening Thursday's 4-8pm to clients, donors and volunteers. We are grateful to the Corning Foundation for making this expanded 5 day a week schedule possible. We hope this addition of Thursday hours and evening client/donor/volunteer/thrift hours will benefit our clients and supporters.

• About Us The Mission of The Wish Project is to help families in need in Merrimack Valley. Find out more on our website www.thewishproject.org or call us at 866-947-4360.

All clients are referred through social service agencies, and are financially qualified. A 501C3 tax deductible charity For more information visit http:// www.irs.gov 1 A Foundry St. 495 to Lowell Connector to Exit 4 Plain St., Lowell, MA 01852 Turn Right on Plain St., go 0.3 miles, Turn Right on Foundry. 866-947-4360 Website www.TheWishProject.org

PET HEALTH DUNSTABLE ANIMAL CLINIC PET GRIEF

by Tara M. Sacramone, DVM



HOUSEBREAKING

Tara M. Sacramone DVM

We see a lot of puppies at the Dunstable Animal Clinic (just a little perk of the job), and we also see adult or senior dogs that have had a break in housebreaking. We have a few pieces of advice to help get everyone going outside. First and foremost be consistent and patient. Some dogs learn really quickly, while others can be quite frustrating.

The next thing to do is to decide where you want your dog to go to the bathroom. If you want your dog to go outside begin by going outside on day one – no pee pads. It is very confusing to a dog if you let them go to the bathroom inside, then expect them to switch to going outside. If you are going to use pee pads forever, then obviously start with them. Also use the times you know they have to go – after they sleep, after they eat and after they play.

Dogs/puppies need positive reinforcement, they need to be told where to go, not where NOT to go. If you come into the room and find an accident it is too late - you cannot correct the dog. If you catch the dog mid accident startle him/her with a shriek or their name to stop them, get them right outside and praise them when they finish going outside. Also consistency is key, use the same door, the same leash, go to the same spot, use the same words, and lots of praise when they go. You must go outside with them every time, even in the winter, even in the rain, even if you have a fenced in yard, dogs really do respond better with immediate positive reinforcement.

We hear about the same problems from multiple people. One is the dog doesn't ask to go out. Our solution is sleigh bells attached to the door. Use the dog's nose or paw to ring the bell every time you go out, soon they will be ringing the bell to ask to go out (hopefully to go to the bathroom and not just to play). Which brings me to another common complaint – the dog gets distracted and forgets to go to the bathroom. Some dogs are very easily distracted, these dogs will do better if you have two separate doors to go outside – one to go the bathroom and a different door to play. If you go out the bathroom door and the dog gets distracted go back into the house, but leave the leash on and follow the dog around and at the first sign of sniffing/squatting go back out the bathroom door, and praise when they go.

This brings me to my last point – you must follow your dog/puppy around and watch them like a hawk. If your puppy is not in the room with you s/he is either eating something they shouldn't or they are going to the bathroom. With a lot of patience, praise and consistency your dog will be going outside in no time. Good luck!



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