

# Neighbor to Neighbor

Published by Anne M. Paquin Since 1983 64 Hardy St., Dunstable, MA 01827 (978) 419-1914

E-mail: anne@neighbortoneighbornewsletter.com www.neighbortoneighbornewsletter.com **Celebrating 34 Years of Service** 

Issue # 357 • March 2018

POSTAL PATRON TYNGSBOROUGH, MA 01879

CARRIER ROUTE STANDARD U.S. POSTAGE PAID TYNGSBOROUGH, MA 01879 PERMIT NO. 40

# FIRST TOWN CHARTER FOR TYNGSBOROUGH. LEARN MORE, WEIGH IN!

Tyngsborough's Government Study Committee is ready to present for review the first town charter. The charter clarifies roles and responsibilities of elected and appointed officials and town employees and provides a more efficient structure for effective policy development, increased overall accountability and improved operational day-to-day management of the town. The next step is for Tyngsborough voters to approve this proposed charter at a special town meeting. Should the voters approve the charter, it will be sent to the state legislature for their approval and becomes effective upon approval.

This has been a long process but we are close to the finish line! Now it is up to you, the voters, to make the final decision about the proposed recommendations. The Committee believes that the structure proposed in the charter will make our town run more smoothly and hope that you agree.

Before coming to the special town meeting to vote, you can familiarize yourself with the "what and why?" of the changes to town government proposed in the charter. You can download the charter from the town website or you can stop by town hall for a copy. The town will be hosting information sessions (dates below). Your questions at that time will be welcomed. If you are not able to attend these important sessions you will be able to watch them on demand on the town website. You can submit your questions before or after the scheduled sessions through the town website or can write them down and place them in a box provided in the library.

Please mark your calendars for this special town meeting and at least one of the information sessions. Your vote is important to the future of our town!

#### Information sessions:

Tuesday, March 6, location TBA (see town website), 7-9pm Special Town Meeting: Tuesday, March 27, Tyngsborough Elementary School, 7pm

# NOTICE TYNGSBOROUGH WATER DISTRICT

The Election will be held on Tuesday, April 3, 2018 from 5:00 PM-7:00 PM at the District office.

The Annual/Special Meeting of the District will be held on Tuesday, April 10, 2018 at 7:00 PM at the District Office, 87 Progress Avenue, Unit 2. Warrants and additional information will be available at the Water District Office.

> Signed: Board of Water Commissioners Tyngsborough Water District, 87 Progress Ave, Unit 2 Tyngsborough, MA 01879 978-649-4577

## IN MEMORY OF

Helen J. Porter Schwartz Fred Alvin Choate Thomas J. Bebbington Helen M. Perry Desrosiers Theresa M. Ferreira Josephine Graney John J. Laird Mary E. Bureau Leno Ruth N. Shaw Lessard Harris W. Wickens Alice D. Silvia Augustus **Rita Manning Deslauriers** Alice J. Stirling DiBerto June Muriel Brideau Dingle Albert Scott Stamp

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Bernice H. Simonis Charko

## TYNGSBOROUGH TOWN CLERK NEWS

• 2018 DOG LICENSES are available at the Town Clerk's office or by mail. Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. If renewing by mail, please enclose a stamped envelope for the license. Remember that there is a \$25.00 late fee for any registration after March 1!

• 2018 CENSUS forms will be mailed at the end of the month. Please check the information on the form for accuracy, make necessary corrections, and return promptly to the Town Clerk's office. If you do not receive a census form, please call the office and a new one will be sent. Completing and returning the census keeps your voter status current and there will be no need to fill out a proof of residency form at the polls.

### OFFICES TO BE FILLED

AT THE ANNUAL ELECTION MAY 8, 2018

Three Year Term: Selectman (2), Board of Assessor, Board of Health (2), Library Trustees (2), Cemetery Commissioner, Finance Committee (2), School Committee (3), Sewer Commissioner, Town Clerk. Constable (2)

Five Year Term: Planning Board, Housing Authority.

Nomination papers will be available at the Town Clerk's Office SPECIAL TOWN MEETING A Special Town Meeting is scheduled for March 27th at 7:00 pm at the Tyngsborough Elementary School. Mark your calendars to attend the meeting.

Please contact the office at 978-649-2300 extension 129 or email to jshifres@tyngsboroughma.gov with any questions.

# **ELECTRONICS RECYCLING FUNDRAISER** FOR TYNGSBORO BOY SCOUT TROOP 46

Electronics, metal items and appliances accepted for a nominal fee Sorry. We cannot accept TVs of any kind

Saturday, April 7, 2018 9am - 1pm

Tyngsboro Town Hall Parking Lot 25 Bryant's Lane, Tyngsboro, MA Jdorto@gmail.com



 $\mbox{March 6}^{\mbox{th}}$  a presentation on Vermiculture and Gardening by Linda Sheldon.

**Our April 3**<sup>rd</sup> presentation will be from the Tyngsborough Conservation Commissioner Danielle Mucciarone. Also in April we will partner with the Tyngsborough Public Library for Books in Bloom at the library **4/9-4/12**. Please drop by the library to see all the creative arrangements.

The Garden Club meets the first Tuesday of the month September-November and February- April at the Evangelical Congregational Church at 6:45. New members are always welcome. Please come join us for one of our meetings, enjoy the presentation, and meet some new friends.

**For more information visit our website at** tyngsboroughclub. tripod.com or find us on Facebook at Tyngsborough Garden Club or call Debbie at 978-649-6362.

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# FRIENDS OF THE TYNGSBOROUGH PUBLIC LIBRARY

It is March, our annual **Membership month!** If you are new to Tyngsborough, this your chance to meet people who are interested in increasing the value of the library by joining us and volunteering with this organization. You have the opportunity to renew your membership or apply as a new or returning member. We always welcome people new to the community to join in the fun.

If you are a current member, be sure to keep your email address updated. This allows us to keep in touch and notify you of upcoming events. Email the Friends at tynglibfriends@gmail.com.

This month, the Friends group is one of the sponsors for **the "Welcome Spring" Tea Party** on **March 20, 2-3:30** to which everyone is welcome. Your contributions help with these programs and other unfunded library resources.

Membership is important if you are or have a high school senior from Tyngsborough who would like to apply for the Scholarship/Service Award. Eligibility for the award requires two consecutive years of membership during high school, as well as volunteering time to Friends activities such as the book sales. All high school students may join now to begin their eligibility. The deadline for applying for the scholarship is March 16. Check the website for more information including the application. <u>http://www.tynglib.</u> org/index.php/friends-of-library

Did you know that you can benefit the Friends while you are shopping on Amazon? Do your shopping at <u>smile.amazon.com/</u> <u>ch/22-2986749</u> and Amazon will donate a percentage of eligible Amazon Smile purchases to Friends of the Tyngsborough Public Library. Thank you!

Visit <u>https://www.facebook.com/FOTPL</u> or <u>http://www.tynglib.org/</u> Click on the **"Friends of Library**"

 Please send info by March 10<sup>th</sup> for the April issue. Have events coming up in? Send an email to me
 anne@NeighborToNeighborNewsletter.com or by mail to
 Neighbor to Neighbor, 64 Hardy St., Dunstable, MA 01827. Need details about advertising your business?
 Send me an email or you may reach me at <u>978-419-1914</u>. Tyngsborough printed issues circulation is 5011 and Dunstable printed issues circulation is 1299. Copies available at town hall and library
 Issues available at <u>www.neighbortoneighbornewsletter.com</u>

 INEIGHDOR to INEIGHDOR

 Published by Anne Paquin Since 1983

 64 Hardy St., Dunstable, MA 01827-1403 <u>NEW Tel. 978-419-1914</u>

 E-mail: anne@neighbortoneighbornewsletter.com

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# ESTATE PLANNING ISSUES TO CONSIDER

By Edward H. Adamsky

No one really wants to think about death or disability, but everyone should plan for it whether they like it or not. You don't want to leave a mess for your loved-ones. You need to take the proper steps to plan for yourself and your family.

steps to plan for yourself and your family. Some people are very worried about "Probate" without even knowing what it is. Probate is the Court-Supervised process of dealing with the assets of a person who has died. If you leave assets behind in your own name (with no automatic way for them to pass to others such as beneficiary designation) then those assets will have to pass through the Probate process. Having a Will does not avoid Probate (even though people seem to think that is the case).

The Probate process has been modernized and streamlined, so it's not as bad or expensive as you may have heard. In most cases it is fairly quick and easy. Not everyone needs to plan to avoid probate. But, for some the process could get tricky and some people need to have Trusts or other tools to avoid probate or limit its problems.

For those who want or need a Trust it is very important to properly "fund" the trust after it is executed. This means going to your bank and broker and moving accounts into the name of the Trust. If you do not complete this process, then your Trust won't help your family avoid probate.

Even if you have completed your planning, you should review it periodically to make sure it doesn't need to be updated. If there have been changes in your family (births, deaths, divorces) you may need to make changes. You should pay attention to your assets and the tax laws and consult with your attorney if you think any changes might affect you.

Planning for illness or disability is a key part of Estate Planning. You should have a Power of Attorney and a Health Care Directive to allow your chosen Agent to handle your affairs if necessary. You may want to prepare lists of assets and letters of instructions so your family knows what you want. You should also have a discussion with your family regarding your wishes for health care and quality of life. And make your funeral wishes known. That issue can cause family fights or anxiety if there are questions of what you wanted.

You should see your Elder Law/Estate Planning Attorney to discuss your needs and wishes and make sure your plan is put into place, updated as needed, and written down so all of your family knows your wishes.

#### THE LOADING DOCK GALLERY 122 Western Avenue • Lowell, MA 01851 Show: Interiors, Through April 1, 2018

Dictionary.com defines "interior" as "being within; inside of anything; internal; inner; further toward a center." But where is your personal interior? Your kitchen in the early morning light? The cozy look of your home when you go outdoors to gaze back through the windows after dark? Or, perhaps the emotions and secrets hidden in your private interior?

This March, the artists of the Loading Dock Gallery at Western Avenue Studios in Lowell explore and interpret these themes in **Interiors**. The show features artwork in a variety of mediums, both traditional and contemporary, by over 20 artists.

Nan Hockenbury's painting "Adolescence" uses symbols of love, sexuality, and physical and emotional changes to express the interior struggles inherent to the journey to adulthood. The flesh tone hues accented with reds and oranges gives an organic, emotional feel to the piece.

"Rosa's Room" depicts the bedroom of octogenarian Rosa Piacenza, a personal friend of photographer Deb Arsenault. The atmosphere in the image evokes an eerie feeling of past moments lost forever. The position of the single bed conveys a coffin-like loneliness coupled with the natural misty light giving the sense of peace, quiet, and tranquility.

The Loading Dock Gallery is a part of Loading Dock Arts, Inc., a 501c3 is open Wednesday-Saturday from Noon to 5:30 PM and Sunday from Noon to 4 PM. For more information, call 978-596-1576 or visit www.theloadingdockgallery.com

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Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, and observe meadow wildflowers and butterflies. It's a great place for outdoor exercise and to enjoy nature close to home. Sherburne Nature Center and Trails activities are open to all who are interested. Activities go rain or shine. In extreme weather conditions, activities are cancelled. No reservations or fees required. Children under 16 must be accompanied by an adult.

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P.O. Box 547, Tyngsborough, MA 01879



### www.TyngsboroughScholarshipTrust.org 1963 \* Celebrating 54 Years \* 2017

• Thank you to all who attended Trivia Night! Congratulations to our top 3 teams: "My Drinking Team has a Trivia Problem", "Lost out of our Minds" and "In Dog Years I've Had One". A special thank you goes out to Bob Mercier, as he added to the enjoyment of the evening as the Trivia MC. Thank you, Daniela deMari, for donating your winnings from the 50/50 Raffle. All proceeds from Trivia Night and our other fundraisers go towards scholarships for the Class of 2018.

• The TST Business Drive began March 1st: If you would like to make a tax-deductible contribution to our business drive, please contact us info@tyngsboroughscholarshiptrust.org or mail your donation to P.O. Box 547 Tyngsborough, MA 01879. Any donation of\$500 or more will qualify for a "Named Scholarship" which will allow us to offer a scholarship in your name or in honor of a loved one.

• The Door to Door Scholarship Drive begins on April 1st. High school seniors participating in the Door to Door drive will canvas neighborhoods in Tyngsborough raising money for scholarships. If you work for a company that matches donations, you can double your donation to scholarship drive. BAE Systems, Digital Credit Union, Fidelity, JC Penney, and Raytheon are just a few of the companies that participate in the matching gift program.

• A reminder to the 2017 scholarship recipients: Please be sure to submit proof of school enrollment to the TST at P.O. B ox 547, Tyngsborough MA 01879 by April 15th so you can receive your first or second payment. Please contact Ellen O 'Neill, Treasurer, at 978-649-9195 with any questions regarding payment.

• The TST meets on the second Wednesday of the month at the Tyngsborough Town Hall at 7 p.m. For 54 years volunteers from the community have been coordinating fundraising and awarding scholarships to high school students from Tyngsborough. We welcome and need your help to continue this town tradition. Please join us at our monthly meetings the second Wednesday of the month at the Tyngsborough Town Hall.

Please contact info@TyngsboroughScholarshipTrust.org with any questions.

# TYNGSBOROUGH PUBLIC SCHOOLS

You can find Tyngsborough Public school news at www.tyngsboroughps.org

District Offices, 50 Norris Road, Middle School, 50 Norris Rd. High School, 36 Norris Rd. Elementary School, 205 Westford Rd. (978) 649-7488 (978) 649-3115 (978) 649-7571 (978) 649-1990

**POLICE & FIRE EMERGENCY 911** Fire Dept. 978 649-7671 Police Dept. 978 649-7504 TOWN OF TYNGSBOROUGH TOWN HALL, 25 BRYANTS LANE

**OFFICES OPEN** Monday, Tuesday, Wednesday & Thursday 8:30 a.m. to 4 p.m.

Friday 8:30 a.m. to 12:30 p.m.

Meeting schedules are posted at the front entrace of the Town Hall

Town Hall Directory Main Number 978-649-2300

Town Accountant	Ext. 124	Media Dept.	Ext. 140
Assessor's Office	Ext. 121	Planning Board	Ext. 115
Board of Appeals	Ext. 112	Town Treasurer	Ext. 126
Board of Health	Ext. 118	Veteran's Agent	Ext. 131
Building Office	Ext. 112	Sewer Dept.	Ext. 134
Town Clerk	Ext. 129	Board of Selectmen	Ext. 100
Town Collector	Ext. 128	Town Administrator	Ext. 100
Conservation Office	Ext. 116	Recreation & Parks	Ext. 150
Capital Asset Mgmt Com	Ext. 124		

#### PSYCHIC FAIR <u>Saturday, March 10<sup>th</sup>, 2018 • 10am – 4pm</u> Post Function Hall, at the AMERICAN LEGION POST 247, 90 Pawtucket Blvd., Tyngsboro, MA. This is to Benefit Children & Youth Veterans' Programs. The event is Sponsored By American Legion Auxiliary, Middlesex County District Five Inc. READINGS \$25.00. TAROT, REIKI, PALMISTRY, INTUTIVE, MEDUIM, AURA READING & IMAGING Vendors With Many Interesting Items. Free coffee!!! Sandwich's & Home Baked Goods on Sale. No Entrance Fee! Free Parking. Need additional Info, Contact Josephine 978-458-7015 Many Nice Raffles Door Prize Drawn Each Hour

# FRIENDS OF TYNGSBOROUGH THEATER

(FOTT) Dear Tyngsborough CommUnity! Mark your calendars UPCOMING PRODUCTIONS:

THS Main Stage - **Young Frankenstein** in June 2018 For show dates, forms, ticket info and additional info email Friends of Tyngsboro Theater at: <u>fott.info@gmail.com</u> and follow us on Facebook @FriendsofTyngsboroTheater

# FRIENDS OF THE TYNGSBORO COUNCIL ON AGING

FRIENDS of the TCOA contribute to fun filled and successful activities at the senior center. All our activities and fundraisers take time and talent. Consider donating some of your time to make the TCOA the best it can be.

Our Board of Directors include: President: Joe Jacoppi, Treasurer: Joanne Jean, Clerk: Frank McCarthy, and Jean Kareores, Elaine Rivard, Leon Poirier, Elaine Franks, and Trudi Woods.

The Friends is a 501(c)3 non profit charity and all donations are fully Tax Deductible. ALL GIFTS AND DONATIONS CAN BE SENT TO: The Friends of the Tyngsborough Council on Aging, PO Box 415 Tyngsborough, MA 01879. **Visit our web site:** http://www.friendsofthetyngsborocouncilonaging.com.

.://www.inendsonnetyingsborocouncionaging.com. Visit us on Facebook: https://www.facebook.comFriendsofTyngsboroCOA/



# GROTON GRANGE #7 CONTRA DANCE MARCH 31

Groton Grange #7 invites you to join the fun at our traditional New England Contra Dance on **Saturday, March 31st, from 7:30 - 10:00 PM at Historic Groton Grange Hall, <u>80 Champney Street</u>. This will be an evening of live music and dancing with Groton's own Contra Banditos along with caller Beth Parks, who will teach traditional New England style contra, square, and line dances to the beat of old time fiddle tunes.** 

Beginners are welcome, no experience or partner is necessary. Donation at the door is \$5.00 per person, children under 3 years old are free, and family maximum is \$20. Refreshments are provided.

This is made possible by a grant from the Town of Groton's Trust Fund Lecture Series. Please Note: Only park on the same side of the street as the Grange Hall.

# Neighbor to Neighbor

Published by Anne M. Paquin Since 1983 64 Hardy St., Dunstable, MA 01827 (978) 419-1914 E-mail: anne@neighbortoneighbornewsletter.com

### www.neighbortoneighbornewsletter.com

# The next deadline is March 10<sup>th</sup> for the April issue.

*If you are preoccupied by other things,* such as a fundraiser or an organization that you love to take part in, have a business that is looking for employees, or offers a service that you want everyone to know about, let me know. Share your info. There is no fee for news but free space is limited, so it is best to get it in as soon as possible. You don't need to wait for the deadline. Just remember that the printed issue is usally out around the 5th or 6th of the month. *So you do have to plan ahead a bit.* For paid ads, please contact me by email for more information. I will then forward a rate sheet for you to review.

For the past 34 years **Neighbor to Neighbor** has been circulating on a monthly basis. Now there are 6,240 FREE issues delivered between the towns of Tyngsborough and Dunstable. Issues are also left at the Town Halls and Libraries. Issues are posted on <u>www.neighbortoneighbornewsletter.com</u>. So if you want to just read the issue online, you can. You can look at Tyngsborough's and Dunstable's issue. *I look forward to hearing from you! (soon) Sincerely, Anne Paquin* 



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# THS GRAD NIGHT

Ready to pay off those Christmas bills, take a chance on our new fundraiser this year, \$5,000 Give-a-Way. Purchase a ticket for \$50 (go in with a friend or two) and take a chance to win! Only 200 tickets being sold so get yours before we run out!! Once you win, laugh all the way to the bank at our **annual Comedy Night being held at the Princeton Station (No Chelmsford) on March 23, 2018.** Send an email to <u>Contact@THSGRADNIGHT.ORG</u> to purchase tickets or reach out to a committee member on our website at <u>www.thsgradnight.org</u>.

<u>Senior Parents</u> – Please dig into your archives and send us pictures of your kids from back in the day. Some examples could be from birthday party, class trips or sporting events. We are looking for pictures of your students as part of our theme for the night. We want all kids to be represented so please take a moment to send us in a picture or two and thank you in advance! They can be dropped at the school office or please email them to Terri DeFronzo at <u>TLDefronzo@gmail.com</u>. You can also register your student on the website at <u>www.thsgradnight.org</u>.

Grad Night is a chance for all graduating Seniors to come together and celebrate one final time and create memories that will last a life time. The committee is made up of parents from Tyngsboro dedicated to keeping our kids safe. We are always looking for new members, please come check us out! We meet the first Monday of each month at the High School in the teacher's lounge. Contact Tara Gabriel at 978-397-6495 or Caren Bovil at 978-852-3964 for additional information.

When you contact a business, or organization, please tell them you've seen their ad or news in *Neighbor to Neighbor.* They would like to know. Thank you, Anne



#### TYNGSBOROUGH RECREATION Call 978-649-2300 Ext. 150

The Recreation Committee meets at the Recreation Center 120 Westford Road the first Monday of the month at 7pm. More info may be found on our website at TyngsboroughRec.com Friend us on Facebook.Seeking new members. Three open seats. Join us!

Tyngsborough Recreation Winter Softball Clinic 2018 Sundays, through March 25, 2018 Two 1-hour sessions, 2:30-3:30pm and 3:30-4:30pm, \$60/player (\$100 family cap)Ages 4-14\_2-week free trail for new players only. Try it. If she likes it, pay on week #3 <u>Men's Pick-up Basketball</u> Nights at the High school. Pickup games, short court. Contact Chris Lenzi at <u>clenzi@comcast.net</u> or Rec. Office @apage@tyngsboroughma.gov.

**Pound** It's a high-intensity, full-body, 45-minute workout that combines interval training, squats, lunges, plyometrics, and pilates with drumming — lots of drumming — with sticks that are heavier than average drumsticks. Come join the class! Tuesdays at 6:15PM Recreation Center, Yoga mat required.

2018 Summer Tennis/Soccer Clinics Tyngsborough Elementary School, Run by High Level Experienced Players/Coaches Master Two great sports at once! <u>info@www.planettennisusa.com</u> 727-542-9636

Week 1: July 9-12, 9am-12pm 90 minutes each sport! 9am-10:30am Soccer: Learn, Drill, Review, Improve! followed by: 10:30-12pm: Tennis:Learn, Drill, Review, Improve! \$199 per week!
Week 2: July 16-19 9am-12pm 90 minutes each sport! 9am-10:30am Soccer: Learn, Drill, Review, Improve! Followed by: 10:30-12pm: Tennis: Learn, Drill, Review, Improve! Followed by: 10:30-12pm: Tennis: Learn, Drill, Review, Improve! \$199 per week!
Tyngsborough Family Playgroup Join us on Wednesday mornings at the Tyngsborough Recreation Center for Playgroup. Ages 0-5 Years, 9:00 - 11:00 a.m., Cost is only \$2 per week per child! Playtime, Crafts, Story & Snack \*\*\*Not exclusive for Tyngsborough Residents\*\*\* Follow our page to get information about events around town that are aimed for the 0-5 year old crowd. tyngsfamilyplaygroup@gmail.com

# TYNGSBOROUGH **COUNCIL ON AGING**

# Tyngsborough

169 Westford Rd., Tyngsborough, MA 01879 978-649-9211 Mailing Address: 25 Bryants Lane, Tyngsborough, MA 01879 Email: Broche@tyngsboroughma.gov councilonaging@tyngsboroughma.gov

PLEASE SIGN IN WHEN YOU COME TO THE CENTER !! Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3. Lunch is served promptly @ 11:30 everyday must make reservations 2 days in advance BEFORE 11:00AM Call 978-649-9211 \$2.00 for seniors & \$4.50 for non-seniors

•WELLNESS CLINIC COA, 169 Westford Rd 978-649-9211 Nancy Harding, RN, from the Circle Home, Inc. 1st Tues each month. •WELLNESS CLINIC at ELDERLY HOUSING Nancy Harding, RN, from the Circle Home, Inc. Red Pines Elderly Housing, the third Tuesday of each month from 8:30 - 9:30. Brinley Terrace Elderly Housing, the fourth Tuesday of each month 8:30-10:00.

VETERANS' COFFEE HOUR! Thursday, March 8th, 9:30AM - 10:30AM (run by Pat Wojtas- Town Veteran's Agent) This is an informal group that meets on the second Thursdaythe month to reminisce about time served and discuss benefits that are available to veterans.

SHINE Tuesday, March 13th., 8:30-12:00 Serving Health Insurance Needs of Everyone. Our Counselor Lillian Colby will be holding office hours at the Center. Call 978-649-9211 to schedule an appointment. Please bring insurance cards and a list of prescriptions you take with you.

STITCHERS Every Monday 1:00PM-2:30PM The stitchers have delivered 698 pieces of knitwear to the homeless in the Merrimack Valley. With the cold weather here we could use help knitting. We are currently accepting yarn donations for this project.

CUPCAKES AND COMEDY Wednesday, March 7th, 12:00. The center is sponsoring yummy cupcakes to enjoy while local Comedian David Shikes presents a collection of humorous situations and subjects, many featuring New England. Join us for some laughter! CARD MAKING with Colleen Garry Thursday March 8th, 1:00 Every 2nd Thursday of each month come join the fun making crazy cards for friends, love ones, or family. Not hard at all, just lots of fun ST. PATRICK'S DAY CELEBRATIONWednesday, March 14th at 11:00 Tickets are \$7.00 for a traditional corned beef and cabbage dinner. Tyngsborough Middle School will be here for entertainment. Must have a ticket to attend. (See Greeter) You must have purchased your ticket by March 7th

COMPUTER HELP FOR SENIORS Thursday, March 15th, 10:00 Bring your device and anything else that you might need to make the most of your time. Instructor Joe Delgardo. Please call if you can't make it.

FREE TAX ASSISTANCE Mondays ONLY, Harry Gong, and Mark Villemaire from AARP will be available to assist you with your taxes on Mondays only starting February 5th, through April 9th, 2018. Call the Senior Center to schedule, an appointment. 978-649-9211.

DAY OF BEAUTY AND LUNCH Wednesday, March 21st, 9:30 -12:30. The bus will be going to the Greater Lowell Vocational School for pampering and lunch at a small cost. Enjoy a day out of the house with friends or go solo. If you need transportation call the Center at 978-649-9211 Transportation will be Free.

PANCAKE BREAKFAST Thursday, March 22th, 8:30 FREE all you can eat pancake breakfast, bring a friend. Please call the center if you will be joining us.

TEXAS HOLD' EM Thursday, March 22nd, 12:00 -2:30 If you like poker, come join us the 4th Thursday of each month. We have plenty of poker chips, so come join the fun!

HIGHWAY DEPARTMENT "THANK YOU LUNCHEON" Wednes-Come and join us for lunch to thank the day, March 28nd, 11:30 Tyngsborough Highway Department. Tickets \$3.00. No tickets sold after March 23rd PAMPERED CHICKS' DAY Wednesday, April 4th, 9:30 - 2:00

Join us for the fun but please sign up in advance by March 28th. SUNDIAL LECTURE J. Leon Poirier will be at the center... ThurS, April 5th at 12. The Friends of the COA will be sponsoring free lunch. Must sign up by March 29th for a head count for lunch.



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IN TYNGSBOROUGH EMERGENCY # FROM CELL PHONE IS 978-649-7111 (NOT 9-1-1)



### BODY INTUITION

The intelligence of the body is millions of years older and far deeper than the rational mind," p.137 Deepak Chopra and Rudolph E. Tanzi <u>The Healing Self</u>

As a psychotherapist, I rely on the body to guide me in my work. What is happening inside the body of my client and inside my body matters a great deal as to where the therapy will go that day.

For me, my body gives me clues about whether or not we are on course. If we are heading down a path that feels "not right," I will sense a tightness in my belly and an uneasiness in my body. However, most of the time, my body is calm and I know we are where we are supposed to be. Strong emotions could be present in that room but I am at complete ease knowing that healing is taking place. My body is open while I sit inside a hole of immense grief with a client, or maybe we are gently scratching beneath the whispers of anxiety or loudly uncovering a firestorm of rage. But my body is tranquil because I know we are delving down into the waters of correct purpose.

For my client, I continually ask them to check in with their bodies as well. The body is repeatedly my "go to" source of information. It is the magical dowser that leads to the water and indicates if we have forged the right path. Clients tell me that they feel emotions and subsequent bodily sensations, We watch if the sensations move, shift, change in sensitivity or course.

This is the bodily intuition that moves us into healing moments. Moment by moment, even the most painfully lodged traumas can be healed. And the body is the trustworthy sherpa motioning us to listen.

And just as brilliant as this body is towards emotional healing, it is equally powerful and luminous with physical healing. The body is constantly talking. Sometimes it is loud and noisy, other times soft and gentle but no doubt this is one talkative and chatty vessel!

However, when it comes to life threatening or chronic illness, people feel like the body is the traitor. This mass of form has failed them. We become angry. We feel besieged. I get that. My body had not only failed me but it attacked me. It was overwhelming at times. But I then started moving into my body in a deeper way. Just like my work, I started to view the body as my guide, my litmus, and my counsel. What was this carnal vessel telling me? What did it want? It turns out that it had a novel within its torrent.

Initially its screams were about how I wasn't listening. This not listening and not hearing became both literal and figurative for me. I wasn't hearing what my body and spirit needed. However, I started to listen. I listened very, very deeply. And through the listening and then the watching, I saw the dance unfold just like my work with clients.

The messages changed, moved, shifted and spoke. The smoke signals started to make sense. Sometimes it was about my lack of attention and care. Sometimes it was about how I was off course.. Sometimes it was about how I needed to delve deeper. Sometimes it was about how I needed to break open to the mysteriousness of Spirit consciousness. And sometimes it was quite literally about what to eat that day, how to move my body, how to move my mind, what supplements or medications to take, and what kind of helper/ healer/doctor I needed to see.

The body is the wise crone. She is much older and deeper than the rational mind as the quote says above. She speaks in riddles, metaphors and sensation. She speaks and we must listen. If we don't, she screeches louder until we hear. It is through this dialogue that we honor the wise sage within our flesh and the intuitive messenger who beckons us to live a life more fully present, more fully open and more fully attuned. This is the body intuition.

Jan Price, LICSW Greenbridge Counseling and Wellness, LLC jprice@greenbridgecw.com



Monday & Wednesday 10:30 a.m. – 8 p.m. Tuesday & Thursday 9 a.m. – 5 p.m. <u>Saturdays 9 a.m.-2 p.m.</u> www.tynglib.org

#### TYNGSBOROUGH PUBLIC LIBRARY 25 Bryant Lane, Tyngsborough, MA 978-649-7361

Pajama Jam – Wed., Mar. 7, 6:30-7:15pm. Toddlers to Age 4. Come dressed in your PJs and sing, dance and listen to toe tapping music by Bernadette Baird! Registration required.

 Irish Step Dance Performance – Sat., Mar. 10, 11:30 a.m.
 – 12 p.m. Celebrate St. Patrick's Day with Irish Step Dance and music! Presented by the Heavey-Quinn Academy of Irish Dance. Space is limited.

Vision Board Workshop. Wed, Mar. 14, 6:30-8 p.m. Adults & teens (16+).

Stephanie Kirylych will introduce vision boarding. Create your vision board and use it to focus on your 2018 goals, then join in a group meditation. Registration required.

"Welcome Spring" Tea Party, Tuesday, March 20, 2-3:30 p.m. Join friends for tea, treats, door prizes and lovely company! Registration required.

Travel Photography: China – Wednesday, Mar. 21, 6:30-8 p.m. Tyngsborough's Nick DePasquale will present photos from a recent trip to China and offer tips on setup, composition, settings, handling gear, etc. Registration preferred, but not required.

Author Visit: Estelle Falardeau. Sat., March 24, 10 a.m.-12 p.m. Interested in murder mysteries?

Local author Esthelle Falardeau will be signing and discussing her new book.

College Admissions 101: Secrets of College Admissions for Parents and Teens – Wed., Mar. 28, 6:30- 7:30 p.m. Straight answers about what college admissions committees really look for. Topics include grades, test scores, activities, and everything else colleges evaluate.

Registration preferred, but not required.

• Thanks to the Friends of the Library for generously funding programs, purchasing museum passes, technology, furnishings and children's books...and much more!

• Adult Coloring Club, 1st Wed. each month, 6:30-8 p.m.

• Tech Advice by Appointment PCs, android tablets & phones, Excel, MS Word, e-books, etc. Tues., 11:30 a.m.-1:30 p.m., Wed., 7-8 p.m. Registration required.

• Pokemon Club, Wednesday, Mar. 21, 4-5:00 pm. Ages 8-13. Registration required. Bring your own cards or handheld device.

• Open Minds Literacy Yoga: Tuesdays, Feb. 6 – Mar. 20, 10-

10:45 a.m. Ages 3-5. Registration required.

• SoundPlay Family Music program: Saturday, Mar. 3, 1-1:40 p.m. Infants-5 yrs. Drop in.

• Tiny Tots Storytime: Wednesday, Mar. 7 and 21, 11-11:30 a.m. Infants-3 yrs. Drop in.

• Music Together: Thursday, Mar. 8, 11- 1:45 a.m. Infants-5 yrs. Drop in.

• Lego Club: Saturday, Mar. 17, 10 a.m.-12 p.m. Grades K-6. Drop in.

• Dads & Donuts Playgroup, Saturday, Mar. 24, 10-11 a.m. Infants-3 yrs. Drop in.

• Storytimes for 3-5 year olds. Thursdays at 1 p.m. Drop in.

• Writer's Group, Mondays, 6:30 p.m. Feedback, publishing tips, all genres. Karen Johnson 978-649-7132

• **Board of Library Trustees** Monthly **3**<sup>rd</sup> **Thurs.** Check Library website for schedule changes.

• **Rep. Colleen Garry** (or a representative) **Office Hour** – Sept-May, 3<sup>rd</sup> Saturday 9-10 a.m.

Artists & collectors, contact the Library to discuss scheduling an exhibit in the gallery or display case.

Register for TPL programs by calling the Library or using the contact form on the website.

*HELP WANTED – Mothers hours.* Dunstable farm and greenhouse business needs dependable, responsible, hard-working individual for part-time greenhouse/farm work.

Weekdays, 9am to 2pm through the end of school. *Call Joan 978-649-9713.* 

*HELP WANTED* – Dunstable farm and greenhouse business needs dependable, responsible, hard-working individual for greenhouse and farm work. Ideal for older student.

Sat. and Sun. until end of school. Full time summer. *Call Joan 968-649-9713.* 

Dawn M. Kay, CPA P.C. 94 Middlesex Road, Tyngsboro, MA 978-649-0740

Your return is due on April 17, 2018

Time is ticking away. Have you filed your income taxes? There is only ONE month left to file your 2017 Income Tax Returns.



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# JAMES JACOPPI MEMORIAL SCHOLARSHIP FOUNDATION

The raffle is under way once again. This is our 16<sup>th</sup> year of fundraising for scholarships to aid in the continuing education of graduating high school students. This year's rafile winners will share in the \$2,500 in prizes. Tickets can be purchased by calling Jean or Joe Jacoppi at 603-714-2523 or 978-649-9076.

<u>All tickets must be received by Friday, April 6<sup>th</sup> to be eligible</u> to participate in the drawing.

Scholarships awarded, for the past 15 years, have amounted to \$110,000.00.

Please visit our web site <u>www.jamesjacoppischolarshipfund.com</u> or Facebook page for any information you may need including access to the scholarship application.

## INNOVATION ACADEMY FUNDRAISER

Innovation Academy Community Association is holding a Casino Night and Silent Auction Fundraiser on April 6th and we'd love to invite everyone to join us at this fun event. It's being held at the UMass Lowell Inn and Conference Center in Lowell from 7-11pm and will feature a buffet dinner, Silent Auction, Casino Games (for fun) and a Live Dessert Auction. Tickets for the event are \$35ea or a table of 10 for \$300 and can be obtained by contacting me, Heather Landis at <u>978-502-9450</u> or a <u>domeafavorheather@hotmail.com</u>.

We hope to be drawing our \$10,000 cash raffle prize that evening as well.

If folks would like to purchase tickets to win \$10,000 in our Cash Raffle (\$20ea) those can be purchased here: <u>https://</u>raffles.ticketprinting.com/raffle.jsp?raffleID=6926

### TYNGSBOROUGH SPECIAL EDUCATION PARENT ADVISORY COUNCIL (SEPAC)



Location: Tyngborough High School Library Amy Jane Maciel, Tyngsborough SEPAC Chair

March 14, 2018 6pm-7pm Transition Workshop

Speaker: Joshua Evans, TMS & THS Special Education Facilitator Transition is the process through which a student receiving special education services progresses as they move from high school (age 14) to adult life, whether through graduation or the student has turned 22 years of age. This important part of the special education process can seem complex and overwhelming. This workshop seeks to inform parents and students about what they should expect as they move from school to post-school activities.

• April 5, 2018 7pm-9pm Autism Insurance Workshop Speaker: Terri Farrell, Project Director, Autism Insurance Resource Center-UMASS Medical School, Shriver Center; www.disabilityinfo.org

# \*ALL workshops are open to the public and BOTH parents and professionals are always welcome.

SEPAC Contact Information:Amy Jane Maciel, Tyngsborough SEPAC Chair: ajmaciel@comcast.net SEPAC Webpage: http://sepac.tyngsboroughps.org SEPAC Facebook page: https://www.facebook.com/ groups/465834040182584/ SEPAC Twitter Account: @ TyngsSEPAC

SEPAC YAHOO! Group: http://groups.yahoo.com/group/TyngsboroughSpEdPAC

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#### PIANO LESSONS Given by Catherine O'Malley Great for kids (age 8 and over) as well as adults. Beginners especially welcome. \$20/half-hour at 15 Virginia Rd, Tyngsboro Call 978-649-6413

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# **TYNGSBOROUGH HS & MS ATHLETICS**

FOR ALL SPORTS SCHEDULE PLEASE GO TO <u>WWW.MWLMA.ORG</u>

<u>WINTER SPORTS AWARD NIGHT</u> For all athletes that play a <u>high school sport only</u> will take place on: **Tuesday, March 13th at 7:00pm** *in the High School Auditorium.* SPRING INFORMATION

**FIRST DAY OF PRACTICE FOR ALL HS & MS ATHLETES**: Monday, March 19<sup>th</sup> after school

**FROM THE NURSES OFFICE** No athlete will be allowed to participate in practice unless they have an updated physical and have completed their on-line athletic registration. You can fax your son/ daughters physical to the following:

<u>High School Nurse</u>: Debbie Donohoe Fax: 978-649-1877 email: <u>Debbie.Donohoe@tyngsboroughps.org</u> <u>Middle School Nurse</u>: Michelle Riley Fax: 978-649-8673

email: Michelle.Riley@tyngsboroughps.org

Athletic Registrations: can be filled out on-line through the Parent Portal, <u>excluding physicals</u>. All physicals must go through the nurse's office. Parents/Guardians that have not signed up on the Parent Portal can access their registration using the following steps. <u>STEP 1</u>: Log into the Parent Portal at the following address: <u>https://powerschool.tyngsboroughps.org</u>

<u>STEP 2</u>: Click on athletic registration link on the left hand side to complete the registration process.

#### Option to pay user-fee online is also available on this page \*\*Deadline for Athletic Registrations\*\*: Tuesday, March 13<sup>th</sup> <u>User-fees are due:</u> Monday, March 26<sup>th</sup>

If you need assistance, please call Sherry Corcoran in the athletic office at 978-649-4210 and you may also email her at <u>Sherry.</u> Corcoran@tyngsboroughps.org

SPRING SPORTS PICTURES: for all athletes that play at the high school level only, will take place on Tuesday, April 10th after school on the turf field. Picture order envelopes will be sent home in the mail.

**<u>SPRING Awards Night:</u>** For all athletes that play a high school sport ONLY, will take place on <u>*Thursday, June 7<sup>th</sup>*</u> at 7:00pm in the High School Lawrence R. Kelleher Gymnasium

**PARENTS/GUARDIANS**: If you would like to receive scheduling text alerts during your son/daughters sports season, please go to: <u>http://www.tyngsboroughps.org/pages/tyngsborough/</u><u>departments/athletics</u> and CLICK on Schedule Alerts for Parents.



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### EDUCATION FOUNDATION TYNGSBOROUGH WWW.EFTyng.org



**10**<sup>th</sup> **Teacher Grant Cycle!** Reminder to our Tyngsborough Public School Educators that our tenth grant cycle began on January 15th. The application is now available on our website <u>www.</u> <u>EFTyng.org</u>.and <u>must be submitted</u> to EFT by <u>March 15th</u>. We look forward to awarding grants that will enhance educational opportunities across our public school district which will directly benefit our students and their learning experience. All grants will be formally announced and celebrated at our Annual Awards Ceremonies in June. To see a description of the grants awarded the first eight years and read an overview of the grant program please visit <u>www.</u> <u>EFTyng.org</u> and click on *Grant Programs*.

Attention Tyngsborough Business Owners and Residents: If you are interested in fully funding a specific educational grant (the grant would then be named in honor of your business or family's name) and would like to review the grant applications, please contact President Theresa Manning at <u>eftyng@gmail.com</u>. Your generous donation will be announced at the June awards ceremonies.

Join us! As always, the EFT welcomes volunteers who would like to help us achieve our mission and support our fundraising efforts and **new board members** who want to develop executive experience while helping our public schools. For more information, please contact our President, Theresa Manning at <u>effyng@gmail.</u> <u>com</u>. The Education Foundation for Tyngsborough is a non-profit organization striving to enhance educational opportunities across Tyngsborough's Public School District by raising funds and promoting awareness of issues related to public education.

Like us on Facebook!

### JOIN TYNGSBOROUGH CITIZENS

If you are new to Tyngsborough, welcome! If you are not new but want to know more or want to know how you can get involved, you are invited to join over 450 fellow residents in our on-line community forum. Tyngsborough Citizens is a Yahoo Group and membership in our group is open to all residents of Tyngsborough. We share information about town and school happenings and ideas for how to make our town even better. We are not an anonymous group; residents share their name and address when posting. We strive to keep the conversations civil and constructive. Please visit tyngsboroughcitizens-subscribe@yahoogroups.com to join.

### ST JOHN THE EVANGELIST CHURCH 115 Middlesex St., North Chelmsford, MA

BINGO Thursdays at 6:45pm to 9:30pm Doors open at 3:30pm Questions or for more info about BINGO call Gerry Dumont 978-866-2391 \$1,199 Progressive jackpot. Jackpot will progress to \$1,199. If not won at 49#s it will progress to 50, 51, 52 etc. Come enjoy friendly, fun BINGO Games. 21 BINGO Games, plus raffles and instant tickets. Good food available as well.

# MIDDLESEX SHERIFF'S OFFICE WARNS OF CONTINUING IRS AND JURY DUTY SCAM CALLS Sheriff Koutoujian among those targeted by scammers

Middlesex Sheriff Peter J. Koutoujian today issued a reminder to residents to be aware of ongoing IRS and jury duty scams.

"We are issuing this reminder because we have seen an uptick in calls being reported to our office over the past several days. We want residents to be aware of these scams in order to better protect themselves," said Sheriff Koutoujian. "Recently, both my mother and I, personally received IRS scam calls and though we each recognized they were not legitimate and immediately hung up – not all do because many of these perpetrators can be extremely convincing."

In addition to the IRS scam calls, the MSO has received calls from local residents reporting they have been contacted and threatened with a warrant for their arrest for failing to perform jury duty. The callers tell the victims, they can avoid arrest if they immediately pay a fine or fee. In one case a resident reported losing approximately \$1,000 to the scammers.

In all of the cases, the perpetrators – either via automated message or live human being – have threatened arrest. In some, they have indicated individuals are being monitored in some form or fashion (IRS scam call voicemail).

"At no time will a legitimate IRS agent or law enforcement official ever demand immediate payment or threaten arrest over the phone," said Sheriff Koutoujian. "These are telltale signs of a scam and we want residents to be alert to them so they can properly protect themselves."

Anyone who may have received similar calls is encouraged to report them to their local police department and the MSO Digital Forensics Unit at <u>978-932-3292</u>. Individuals with questions regarding jury duty can contact the Office of Jury Commissioner at <u>1-800-843-5879</u>.

Individuals or businesses receiving IRS scam calls may also report them to Treasury Inspector General for Tax Administration (TIGTA) through its <u>IRS Impersonation Scam Reporting web</u> <u>page</u>. All financial losses should also be immediately reported to your local police department.

## **BUDGET BUDDIES**

Budget Buddies helps low-income women become more economically self-sufficient and transform their lives by teaching them core money-management skills and pairing them with personal financial coaches. We partner with local social service agencies and community volunteers to provide individualized training in basic money management. Please come along to a no obligation Volunteer Information Night in Chelmsford MA. Please call (978)-703-0820 for details – our website is www.budgetbuddies.org

# Evangelical Congregational Church of Tyngsboro

Route 113, 23 Kendall Rd. Tyngsboro, MA 01879



For questions or more information, please call our office 978-649-2262 Pastor Denis Frediani 1-603-579-0904 www.tyngsborocongregational.org

E-mail <u>ecctsect@yahoo.com</u>

### JOIN US FOR SUNDAY MORNING WORSHIP

**OUR MISSION:** Glorify God by encouraging all people to know Jesus together in Faith, Love and Service Worship Service at 10:00 a.m. Nursery available. Followed by Fellowship and Refreshments. Children attend Worship service with parents and are dismissed at 10:15 a.m. for Sunday school. SUNDAY SERVICE CANCELLA-TIONS: If Sunday Worship Service needs to be cancelled due to inclement weather, we will post the cancellation on the following TV stations: WMUR (Ch. 9); WBZ (Ch. 4): and WCVB (Ch. 5).

Cancellation information will also be listed on our website: www.tyngsborocongregational.org

We invite you to join us for:

• SUNDAY EVENING – Adult Bible Study, 6:30 p.m. - 8:00 p.m. The continuing theme will be "HOW TO UNDERSTAND YOUR BIBLE"

• **TUESDAY MORNING – Ladies Bible Study** 9:30 a.m. - 11:30 a.m. A new study program is a video series called "That the World May Know"

<u>THE THRIFT SHOP:</u> Located next to the church is open to the public on <u>Thursdays and Saturdays from 10:00 a.m. - 3:00 p.m.</u>. We offer an assortment of clothing, shoes, handbags, baby items, books, small appliances, dishes, glassware, jewelry, etc. *Please do not drop off* large furniture items such as TV's, computers or printers we do not have the means to store or dispose of these.

We welcome Charlotte & Bud Williams back to the Thrift Shop for a few hours as she continues to heal from hip replacement surgery. Everyone has been missing you both. Thank you Mary Donaher for managing the Thrift Shop during their absence and to all the volunteers who faithfully continue to serve.

• **THE 150TH ANNIVERSARY COMMITTEE** Please watch for updates regarding upcoming events in 2018, the 150th Anniversary of the establishment of our Church. We are very proud of the fact that we are the only church in town that has been faithfully serving the community for 150 continuous years!

• We hope you have noticed our new church logo and soon you will notice our the beautiful banners outside the church and Thrift Shop. We are also updating some of our handout materials and think you will like what you see.

### EASTER SERVICES:

March 25, 2018 - Palm Sunday Service 10:00 a.m.
March 29, 2018 (Thursday) - please join us for a Seder Meal at 6:00 p.m.(call or email our church in advance to reserve a seat)
April 1, 2018 - Easter Sunrise Service at 6:00 a.m.(Please join us in our new location on the hill between the church and Thrift Shop the church and thrift Shop the second secon

- Just follow the path from the upper Thrift Shop parking lot)
  Breakfast to follow Sunrise Service @ 6:30 a.m.
- Breakfast to follow Sunrise Service
   Children's Eag Hunt @ 0:15 a m
- Children's Egg Hunt @ 9:15 a.m.
   Easter Church Service @ 10:00 a.
- Easter Church Service @ 10:00 a.m.
   April 8, 2018 Sunday Service and Luncheon at Old Town Hall
- May 28, 2018 Memorial Day Parade

• October 7, 2018 - Special Sunday Service and Luncheon at Church. Afternoon - The Needham's (a well known Gospel Group) in Concert at Old Town Hall (more specifics will be notated in future Neighbor to Neighbor Issues). If anyone has photos or information of the church through the years please notify Joy at 978-649-6142 or Jill at 978- 649-3301.

**SERMONS ON-LINE:** Weekly sermons by Pastor Frediani: **1.** Log onto the church website <u>http://www.tyngsborocongregational.org</u> **2.** On home page you will see a photo of the church. Hover the cursor over the word "SERVING" **3.** Click once on the word "SERMONS" **4.** Scroll down to see "Listen to our sermonsfor free on <u>SoundCloud.</u> <u>com</u>" **5.**Click once on the link/word "<u>SoundCloud.com</u>" **6.** Below the Church logo sermons listed by date, passage, sermon title **7.** Click orange circle to listen to the sermon you desire.

# VICTORIA J. McMAHON R.E. ELECTROLYSIS

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To place an order or for more information, contact Susan Greene, RODAN+FIELDS INDEPENDENT CONSULTANT.

When you contact a business, please tell them you've seen their ad in *Neighbor to Neighbor.* They would like to know. Thank you, Anne



# **TEDDY BEAR CLINIC**

Saturday, March 24, 12:00-3:00pm, FREE Pheasant Lane mall, 310 Daniel Webster Highway, Nashua, NH Located between Macy's and Dick's Sporting Goods.

Kids bring your favorite stuffed animal or doll for a check-up, learn how to keep you and your teddy bear healthy, participate in fun activities, and learn valuable health information for the whole family!

# **Registration Required!**

Call 1-877-LGH-WELL (1-877-544-9355) or visit www.lowellgeneral.org/health.



# NASHUA HISTORICAL SOCIETY

The program <u>New England Lighthouses and the People Who</u> <u>Kept Them</u> will be presented at The Nashua Historical Society on <u>Tuesday, March 20, 2018 at 7:30 p.m</u>. Everyone knows there's "something about lighthouses" that gives them broad appeal, but their vital role in our history and culture is little appreciated. Our early nation was built on maritime economy, and lighthouses were part of the system that made that possible. Due to automation, traditional lighthouse keeping is a way of life that has faded into the past. Jeremy D'Entremont tells the history of New England's historic and picturesque lighthouses primarily focusing on the colorful and dramatic stories of lighthouse keepers and their families.

This program is free and open to the public through a grant from the NH Humanities, Humanities to Go! The Nashua Historical Society is located at 5 Abbot Street, Nashua. For more information, please call 603-883-0015 or visit our website <u>http://nashuahistoricalsociety.org/</u>



# ST MARY MAGDALEN PARISH

95 Lakeview Ave., Tyngsboro, MA 978-649-7315 <u>Weekend Mass Schedule</u>: Saturday 4PM. Sunday 7:30AM, 9:30AM Greetings from our Pastor, Fr. Richard Clancy COME JOIN US, ALL ARE WELCOME!

Weekday Mass: Monday, Thursday & Friday at 9AM. **No Mass** on Tuesday and Wednesday

Reconciliation every Saturday from 3 to 3:40PM or by appointment.
Join us on Facebook! Search "Saint Mary Magdalen Parish

Tyngsboro" and like our page to see daily meditations and events. • **FIRST FRIDAY ADORATIONS** are held on the first Fridays of the month after the 9AM Mass from **9:30AM – 12pm**.

• The St. Vincent De Paul Society operates a monthly food pantry out of the rectory in addition to providing holiday meals to those in need. We can be reached at 978-844-2365.

• Prayer\_Line – <u>Do you know of someone needing prayers?</u> Call Helen (978) 649-7927 or Carol (978) 649-6717. (Submit only first name of one to be prayed for)

• MEN OF ST. JOSEPH Ste. Marguerite, St. Mary Magdalen, & St. Rita Parishes are pleased to announce we have a "Men of St. Joseph" chapter. The "Men of St. Joseph" is an established and successful ministry, whose principle mission is to call men to become the strong and faith-filled husbands, fathers, and leaders, whom God has created us to be. We meet on the Second Saturday of every month. Each monthly meeting includes prayer, food, and faith-building fellowship. All meetings will begin at 7:00am and end no later than 9:00am. The meetings are being held at Ste. Marguerite d'Youville Church, 1340 Lakeview Ave., Dracut thru 6/9/2018. To find out more, please come and check us out! Rosary starts promptly at 7:15 in the Church.

• CRAFT & CRIBBAGE NIGHT Every 2nd & 4th Tuesday of the month from 6–8:00pm at the Parish Center.

# DUNSTABLE TYNGSBOUGH LIONS CLUB



<u>"We Serve</u>" The Lions Club is a non-profit organization of men and women dedicated to helping the community through donations raised by volunteers.

#### Officers for the 2017-2018 Lions Year

President: Mark Alexander, Secretary/Treasurer: Bob Reich, Membership Chairman: Ed Majewski, 1<sup>st</sup> Vice President: Mike Roth, Tail Twister/Lion Tamer: J.J Ward

Anyone who would like to join the Lions is asked to call Bob Reich at 978-649-5874 or Mark Alexander at 978-649-9124. Our Regular Meetings are held on the first Tuesday of the month starting at 6:30 pm. Call one of the members at the telephone numbers given above to find the location.

YOU CAN HELP BY DONATING THE FOLLOWING: <u>Used eyeglasses</u> are collected for refurbishment and distribution to less advantaged people around the world.

**<u>CAN TABS</u>** (*in sealed bags*) are also collected for kidney dialysis time through the Shriners Hospital.

*Lion's collection boxes for eyeglasses and tabs* (in sealed bags) are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Tyngsborough Council on Aging Senior Center, 169 Westford Rd., Tyngsborough and Dunstable Town Hall, Post Office and Library.



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## ROBERT D. PELLETIER AMERICAN LEGION POST #247, INC.

**90 Pawtucket Blvd. Tyngsborough, MA 01879** Active duty military and veterans always welcome to join. For further information call **978-649-7540.** Remember to attend the committee meetings on the first Thursday with your input and ideas.

The public is invited to get involved in all events of the post. The veterans monthly dinners will continue on the first Wednesday of the month. We are always looking for help to serve the veterans. Keno and Scratch Tickets are available at the Post. There is an ATM in the Post for your convenience.

**OFFICERS:** Commander: Fredrick Carroll; Sr. Vice Commander John Culbert; Adjutant Donald Pierce; Judge Advocate: Roland Millard; Executive Board: Martin Bloomgren, David Coles, Robin Dion.

#### Attention!!! To Members in good standing of Robert D. Pelletier American Legion Post 247 Inc.

*There are open positions for Post Officers.* Any Members in good standing interested please email LegionPost247@gmail.com or attend the General meeting that takes place the 1st, Thursday of each month in the up stairs meeting room at 7:pm.

Post 247 will be having a St. Patrick's Day Celebration. Corned Beef & Cabbage Dinner, Saturday, March 17th 12:00 Noon Until Gone! \$10.00 per person.

### Visit our website, www.LegionPost247.org

This website contains a wealth of information about the Post. *Please remember to be safe & keep our troops in your prayers.* 

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# **RISE COURSES**

Seniors can choose from more than 56 five-week courses with two start dates. Second term courses begin March 19 and end April <u>27.</u> There are no learning prerequisites, no tests and no credits earned. Membership for the ten-weeks of courses is \$130.00 and includes the use of the Muldoon Health and Fitness Center, Regina Library, and Dion Dining Center. **Members may participate in up to five courses each term.** Course topics include literature, history, music, art, computer science, psychology, religion, philosophy and spiritual enrichment, senior special interests, writing, world cultures, current events, genealogy, film, moderate exercise, and water exercise. Twenty-seven of the courses are new for spring.

The RISE program, tailored for "learning in retirement" is in its twenty first year. **Course brochures** are available online, at local libraries and senior centers, and at the RISE Office at Rivier University, which is in Memorial Hall, Room 126, on South Main Street. Seniors can view and download a brochure from the RISE website <u>www.rivier.edu/rise</u> and/or http www.facebook.com/RISE1997. Additional information is available by calling (603) 897-8623.

# THE WISH PROJECT

Drop off donations: Tue/Wed/Fri and Sat 9am-2pm 1A Foundry St., Lowell, MA 01852 Off of Plain Street in Lowell. No appointment needed, <u>but call first if there is a snow storm or if</u> donation days fall on a holiday. <u>866-947-4360</u>

WISH LIST: Sofas, Love Seats, Kitchen Tables, Sleeper Sofas, Full & Twin Mattress Sets, Adj Metal Bed Frames, XL Adult Male Diapers, Diapers Size 6, Shower Curtains & Curtain Rings, Maternity Tops, Beach Balls, Rubber Ducks & Play doh. Reusable Bags, Coffee Makers, Cookie Sheets, Toddler Beds, Bed Pillows, Sauce Pots, Curtains, Utensils, Lamps and Fans

Wishing winter was in the past? Let your mind wander to summer, warm weather and Golf! <u>SAVE THE DATE</u>

7th Annual Golf Tournament, June 11th, Andover Country Club

**By popular demand the Thrift Shop has reopened.** We are very excited to welcome you to our newly expanded Thrift Shop. We've extended the hours to accommodate more shoppers. **Located in our warehouse our new hours are Tuesday, Wednesday, Friday and Saturday 9-1:30pm.** Stop in and pick up some bargains and help to fund our mission of helping the needy in Merrimack Valley! We welcome the public to shop and help support The Wish Project with every purchase! If you are interested in volunteering at the Thrift Shop for as little or as much time as you have available contact Patty at <u>patty@thewishproject.org</u> or stop in and speak to Jill during our open hours.

The big news at the warehouse is our new extended hours. The request we routinely get from clients, donors and volunteers is to be open an additional day and have nighttime client and donation hours. Thanks to the Corning Foundation grant we will be able to start opening Thursday's 4-8pm to clients, donors and volunteers starting in March. We are grateful to the Corning Foundation for making this expanded 5 day a week schedule possible. We hope this addition of Thursday hours and evening client/donor/volunteer/thrift hours will benefit our clients and supporters.

<u>Hours to drop off donations:</u> Tue/Wed/Fri and Sat 9am-2pm No appointment needed but call first if it is snowing or near a holiday. Foundry Industrial Park Lowell, MA 01852 Off of Plain Street in Lowell. The Wish Project, 1 A Foundry Street, Lowell, MA 01852

• About Us The Mission of The Wish Project is to help families in need in Merrimack Valley. Find out more on our website www.thewishproject.org or call us at 866-947-4360.

All clients are referred through social service agencies, and are financially qualified. A 501C3 tax deductible charity For more information visit http:// www.irs.gov 1 A Foundry St. 495 to Lowell Connector to Exit 4 Plain St., Lowell, MA 01852 Turn Right on Plain St., go 0.3 miles, Turn Right on Foundry. **866-947-4360** Website www.TheWishProject.org



On January 27, 2018, the Altrusa Club of Merrimack Valley hosted a dinner to celebrate 42 years of service in the Merrimack Valley. Altrusa is dedicated to developing leaders, encouraging volunteers, and organizing community projects to help the less fortunate.

Members of the Altrusa Club were joined by Scott Slattery, Director of Residential Services for Harbor Homes, Inc in Nashua, NH, which services homeless veterans and their families. Slattery spoke about Harbor Homes, *Veterans First Program*, which serves and supports homeless and low income veterans and their families, with emergency, transitional and permanent housing, employment services, case management, health, dental, and financial assistance.

In addition to our support of Harbor Homes, Altrusans have continued their monthly visits with our military veterans at the Veterans Community Care Center in Lowell. Over the past three years, we have been very grateful to Cynthia Yeager, RN, who has coordinated our visits and helped make this project successful. We wish Ms. Yeager many happy years in her retirement. Thank you for your assistance.

If you would like to help make a difference in the lives of others in your community, please contact us at <u>altrusamv@gmail.com</u>.

## FAMILY BARN DANCES AT PCA

We have a barn dance **Saturday, March 24** with Marcie Van Cleave calling and one **Saturday, April 28** with Tony Parkes calling. Both start at 7:30pm with a beginners' workshop at 7pm. *No experience required; all dances taught.* Adults \$5; kids \$3; maximum \$15 per family; group rates available. *The Parish Center for the Arts*, Corner of Boston Road and Lincoln Street on Westford Common, Westford, MA 01886 Telephone: (978) 692-6333 e-mail PCA@Westford.org http://www.Westford.org/PCA

PET HEALTH DUNSTABLE ANIMAL CLINIC PET GRIEF by Tara M. Sacramone, DVM



Losing a pet is one of the most difficult things to go through. It is hard on everyone in the family, even sometimes other pets. Not every pet grieves for another pet, and signs of grief can vary dramatically. Sometimes the remaining pet(s) don't miss a beat. This happened to me when I lost my dog, Gwen. I had thought my other dog, Achilles, loved her so much, but when she died he acted as if he had always been an only pet. I was actually mad at him because I missed her so much, but in the end it was better for him that way, so I moved on. Other pets will look for the missing pet, become withdrawn, stop eating, or start exhibiting bad behaviors such as urinating and defecating inappropriately.

There are a few things you can do to help a grieving pet. One of the hardest things to do is to ignore their bad grieving behavior. If you try to console them, pets confuse our concerned talking and extra petting as positive reinforcement for bad behaviors. Instead try to redirect them to a new behavior. Teach them a new trick, go to an obedience or agility class. Another way to help your remaining pet(s) is to keep them busy, buy a new toy, and/or go on more walks. It's harder to be sad when you are busy.

Some people advocate getting a new pet right away. No pet can ever be replaced, and you never know how the remaining pet(s) will react to a new one. The truth is that you should do what's right for you. Every situation is unique. Only get a new pet if/when the time is right for everyone involved. The hardest part about having a pet is losing him/her, and when your pets are grieving too it can be even more difficult.



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# AMVETS POST #247 ROBERT D. PELLETIER



**90 Pawtucket Blvd. Tyngsborough, MA** We hold our meetings on the **1**<sup>st</sup> **Tuesday** of the month at **7 p.m.** all veterans are welcome with 180 days or

of the month at **7 p.m.** all veterans are welcome with 180 days or more of active duty. Come down and join us for a meeting. *God Bless America.* 

**OFFICERS:** Commander: William A. Beaton; 1<sup>st</sup> Vice: John McDermott; Adjutant: John Cogan; Finance: David Coles; Judge Advocate: Roland Milliard; Provos Marshal: Roland Russell; Chalplain: Rod Woods. E-Board: Steven Harris, John Dombrowski, Ron Russell.

"ALWAYS READY TO SERVE OUR VETERANS" AMVETS National Website: http://www.amvets.org/

# TYNGSBORO CHURCH OF CHRIST

27 Old Tyng Rd. Tyngsboro, MA 01879 (about 1 mile south of Tyngsboro bridge on Rt. 3A) Evangelist: Nathan Combs 1-978-703-4741 Web Site: www.tyngsborochurchofchrist.org Email: thechristians@juno.com Home bible studies in Nashua, Tyngsboro, Dracut, and Lowell.

### **RESPECTING PATTERNS IN SCRIPTURE** By Nathan Combs

Logically, exceptions to a pattern do not invalidate an entire pattern. Exceptions (in the sense of cases which don't follow norms) are merely exceptions. We understand how this works in secular life. According to our national Constitution (article two, section two), the President has the power to grant pardons for crimes committed "against the United States." If a newly-arrived immigrant picks up a newspaper and reads about how the President completely absolved a group of people for their offenses, is he correct to assume that our entire criminal justice system works in this way? Is every criminal pardoned by our president? It's obvious that presidential pardons are rare exceptions to the pattern of our national criminal justice system, not the pattern itself.

Let's begin to apply this logic to Scriptural ideas. If you read 2 Kings 2, you'll find an account of a man who goes straight to heaven without experiencing death. In that text, the prophet Elijah crosses the Jordan River in the company of Elisha (his protege and successor), has a brief conversation, and then is carried off by chariots of fire and enters heaven in a whirlwind. By looking at this one passage, can I assume that the Bible teaches that mankind does not die before reaching God? Obviously not! The broader context of Scripture clearly teaches us a pattern that our own life experience corroborates: our bodies age, lose their strength, and die. Elijah is indeed an exception to this pattern of death, but the pattern remains nonetheless.

With this foundation laid, hopefully we can see more controversial Bible subjects more clearly, like water baptism for the forgiveness of sins. In discussions amongst Bible students, the following argument is sometimes made: "What about the man who hears the gospel but does not have access to water? Is he saved?" First of all, water covers approximately 71% of our planet's surface, it is piped and channeled into countless other locations, and its regular consumption is necessary to sustain human life. Therefore, a man who cannot find enough water to immerse his body is truly in an "exceptional" situation! Fortunately, how Jesus will judge such a man is not my decision to make. Since Jesus promises that those who seek Him will find Him (Matthew 7.7-8), I'm confident that God will help those who want to obey His call to be saved. But even if such a hypothetical exception exists, it in no way negates the overarching Scriptural pattern of salvation through water or the specific teachings of King Jesus' apostles.

We must respect patterns of thought in the Scriptures. The future of our eternal lives depends on honestly interpreting the words which God has written down "for our instruction" (Romans 15.4). Will we make the Bible fit into our own historical and cultural notions of what is right, or will we allow God the liberty to speak truth to our hearts? The choice is ours.



## AMERICAN LEGION AUXILIARY UNIT 247

#### 90 Pawtucket Blvd. Tyngsborough, MA 01879

Meetings are held the first Thursday of each month at 7pm.

Auxiliary Unit Officers for 2017-2018 President: Diane Dileo; Sr. Vice: open; Jr. Vice: Maureen Harris, Treasurer: Josephine Beauregard, Secretary: Patricia Modrich, Chaplain: Rebecca Modrich, Historian: Open, Sergeant –At-Arms: Mary Dupras, Executive Committee:Kathleen Oljey, Annette Coles and Janice Dombrowski

**<u>REMINDER FOR MEMBERS</u>** *Please send in your Membership Dues.* **Mail to:** Josephine Beauregard Unit Treasurer, 70 Pawtucket Drive, Lowell, MA. 01854.

*For information on the Auxiliary Unit meetings*, or functions contact Unit President Diane Dileo at 978-204-9329

*We also would Welcome New Auxiliary Members* 18 and older. Contact Unit President or Treasurer.

••• The Unit Jr. Auxiliary is accepting new Jr. members. Contact 978-649-7540 if interested in joining.



# SPRING 2018 CURRICULUM LEARNING IN RETIREMENT ASSOCIATION UMASS LOWELL

Math Café: survey of selected topics US History 1870-1970: Reconstruction to Civil Rights Hamlet: murder, betrayal, young love The Story of the Bible Wednesdays Arts and Music Great Decisions: American and Foreign Policy Congress: Its Roles and Powers Friday Book Discussions

LIRA is a partnership project of the offices of Community Relations and Alumni Relations at UMass Lowell.

Spring courses run from March 12, to May 4 in University Suites Room 106, 327 Aiken Street, Lowell, MA.

Register at our Town Hall Meeting on **Wednesday**, **March 7** or visit our site <u>http://uml.edu/Community/LIRA</u> for more information.

# SAVE THE DATE SATURDAY, MAY 12<sup>TH</sup>

## Announcing the 7th Annual Steps to Home Walk

The Steps to Home Walk and Ice Cream Social attracts groups from the Greater Lowell region who are actively making a difference where we live and give. This seventh annual walk features a 5K stroll through the beautiful tree lined, cobblestone streets of Lowell. The walk starts and ends at Mill No. 5 on Jackson Street. We've partnered with local ice cream vendors to create a memorable after party for our walkers.

Visit <u>http://ltlc.org/events/steps-to-home</u> on March 15th to register. Sponsorships are available now!

Contact Crystal <u>cmcarthy@ltlc.org</u> to be part of this event. REGISTRATION OPENS MARCH 15th

### DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827

Dunstablechurch.org 978-649-6251

Pastor Bobby Ross pastorbobby@dunstablechurch.org DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."

#### DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."

**Pastor Bobby Ross** and his family have brought new life to our church. We invite you to visit and meet them anytime at our 10:00 am service.

**SUNDAY WORSHIP:** Worship Service is held at 10:00 am each Sunday. Child care is available during the service for infants through kindergarten age. Our worship services feature a wide variety of music, scripture readings, corporate prayer and spoken messages and with Communion (the Lord's Supper) served on the first Sunday of every month. Everyone is welcome to an informal time of fellowship with coffee, tea and refreshments that takes place after worship.

ADULT STUDY CLASS closed & will be re-scheduled. Stay tuned. CHILDREN'S SUNDAY SCHOOL is held at 10:00 am. Children in Ages 4-12 attend the regular service with parents for the first 15 minutes of worship before leaving to attend Sunday School class for the remainder of the hour. Older children and teenagers remain with their parents for the entire worship service.

**DECC YOUTH** Regular meetings are held on Sundays from 4:00-6:00 PM but special events may be held at other times. Please contact Jon Hughes at 978-393-7708 if interested and to confirm location and time of meeting. On Feb 9-11, the Youth Group and leaders attended the Winter Teen Retreat at Monadnock Bible Camp.

**POPs** (Parents of Preschoolers) meets in the Fellowship Hall twice a month on Fridays, 9:00-11:00 am. Child care is available. Next meetings are 3/9 and 3/23. Contact <u>Shellyannross@gmail.com</u> with questions.

**Missions Board** sponsors a "Missions Moment" on the second Sunday of each a month. A guest speaker presents a brief overview of the program which is supported by our Missions giving. Coming in April is an update from Eric Hanson - Kwatekeh Africa on his recent mission trip there.

The Lenten Season On Wednesday evenings through March 28<sup>th</sup>, at 7:00 pm there will be a gathering for reflection and prayer on the Lord's Prayer. Palm Sunday, March 25<sup>th</sup>, the service will begin at 10:00 am with the children's celebration with the palms. On Maundy Thursday, March 29<sup>th</sup>, a Communion Service (Intinction with gluten free wafers) will be held at 7:00 pm. *Easter celebration service is April 1<sup>st</sup> at 10:00 am.* 

Annual Community Pie Bake-Off This will be held on Saturday, March 24. Drop off your favorite homemade pie between 10:00 am and noon, in the Fellowship Hall of the Dunstable Church. All ages are welcome to enter. There is even a category for those who prefer to use a store-bought crust. Judging is on a point system with everyone starting with 15 points. Judges are looking for: (1) Best over-all presentation, (2) Quality of crust, (3) Filling flavor. Please, the judges request a recipe to be included. For more information email sjt0213@verizon.net.

Come visit your community's church. For more information about any of these events, contact the Church office 978-649-6251 or email info@dunstablechurch.org.

When you contact a business, or organization, please tell them you've seen their ad or news in *Neighbor to Neighbor.* They would like to know. Thank you, Anne



# COMING UP AT INDIAN HILL

**CHAMBER MUSIC AT INDIAN HILL:** Our faculty musicians showcase the brilliant works of women composers, from Amy Beach to Alma Schindler Mahler. Featuring Charlotte Russell, soprano; Mary Crowe, mezzo-soprano; Jenny Tang, piano; and Angel Hernandez, violin: **Friday, March 16 at 7:00pm,** 36 King Street, Littleton, MA. TICKETS: \$15 (Free for IHM students) Learn more: (978) 486-9524x116 or <u>www.indianhillmusic.org</u>.

**PIANO FOUR-HANDS CONCERT:** Indian Hill Music presents visiting pianists Heron Alvim and Junia Canton playing music of Mozart, Rachmaninoff, Ravel, Saint-Saens, and Brazilian composers: **Saturday, March 17 at 3:00pm,** 36 King Street, Littleton, MA. TICK-ETS: \$10 (Free for IHM students) Learn more: (978) 486-9524x116 or www.indianhillmusic.org.

N.E. FLUTE ORCHESTRA CONCERT: Indian Hill Music's 20-member adult flute ensemble, led by Dr. Eileen Yarrison, plays jazz-oriented selections arranged for flutes:Sunday, March 18, 3:00pm at 36 King Street, Littleton, MA. TICKETS: \$10. Learn more: (978) 486-9524x116 or www.indianhillmusic.org. Supported by Wm. S. Haynes Co. Flutes.

**SONG SHARE:** Adult vocalists, pianists, acoustic guitarists, and bassists! Meet other musicians, learn new songs, and play together in a casual atmosphere at Indian Hill Music School: **Saturday, March 24 at 7:00pm, 36** King Street, Littleton, MA. Led by faculty guitarist Jamie Dunphy. (Bring two songs and a snack to share.) ADMISSION: \$5 donation at the door. Learn more: (978) 486-9524 or <u>www.indianhillmusic.org</u>.

# CHELMSFORD CATHOLIC COLLABORATIVE

Home to both St. Mary and St. John the Evangelist Parish Families Staff Offices: 115 Middlesex Street, North Chelmsford OFFICE HOURS: Mon, Tue, Thu. 9:00AM – 5:00PM; Wed. 9:30AM – 5:00PM; Fri... 9:00AM – 3:00PM

**ST. MARY** BUSINESS(978) 256-2374; www. saint-mary.org **ST. MARY** CHURCH: 25 North Road, Chelmsford Daily Mass Schedule: Monday – Friday 7:00 AM; Saturday 9:00 AM Weekend Mass Schedule: Saturday 4:00PM; Sunday 7:00AM, 9:00AM, 11:00AM and 6:00PM Reconciliation: Saturdays 11:00 – 12:00 NOON, or by appointment

**ST. JOHN** BÚSINÉSS(978) 251-8571; www.saintjohnchelmsford. org <u>ST. JOHN THE EVANGELIST CHURCH</u>: 115 Middlesex Street, North Chelmsford Daily Mass Schedule: Monday – Saturday... 9:00 AM Weekend Mass Schedule: Saturday... 4:00 PM; Sunday... 8:30 AM, 10:30 AM and 5:00 PM Reconciliation: Saturdays... 3:00 – 3:45 PM, or by appointment

Additional Confession Offerings (6:30 – 8:00 pm) during Lenten Season. In addition to our regular confession schedule at both parishes, St. Mary and St. John will both be offering additional opportunities to receive this Sacrament of Grace.

**St Mary**...Monday evenings; March 12, 26 and Wednesday evenings: March 7, 14, 21, 28.

**St John**... Monday evenings: March 5, 19 and Wednesday evenings: March 7, 14, 21, 28.

**Soup and Stations:** This popular Lenten devotion will be offered at both parishes every Friday of Lent. A simple meal of soup will be served at 6:00 pm, followed by the Stations of the Cross at 7:00 upstairs in the church. March 2, 9, 16, 23. Lenten Presentations: Join us on **3 consecutive Monday evenings, March 12, 19 and 26** as Fr. Brian presents a teaching on Catholic Morality. Catholic Morality is not about right and wrong action; rather, it is about a particular relationship and the world view of that relationship. The relationship we are speaking of is one with Jesus Christ, He in whom we are called to center our very lives. This relationship creates a world view which should inform and form every word we speak, every action we take and every decision we make. Catholic Morality can only be lived out when we understand that relationship, what it means to us, and the world view it creates.

Triduum/ Easter Schedule

<u>Holy Thursday, March 29th</u> 9:00 am Morning Prayer at St. Mary 7:00 pm Mass of the Lord's Supper at St. John

**<u>Good Friday, March 30</u>** 9:00 am Morning Prayer at St. Mary 3:00 pm Teen-Led Stations of the Cross at St. Mary 7:00 pm Passion of our Lord at St. John

Holy Saturday, March 31 9:00 am Morning Prayer at St. John 8:30 pm Easter Vigil at St. Mary

Easter Sunday, April 1 St. John Masses at 8:30 and 10:30 am (No 5 pm Mass) St. Mary Masses at 7, 9, and 11 am (No 6 pm Mass)

# ST. PATRICK'S DINNER & SHAMROCK RAFFLE OPEN TO THE PUBLIC

St. John the Evangelist Church 115 Middlesex St. in North Chelmsford will host a *Traditional Corned Beef & Cabbage Dinner and BYOB* on <u>Saturday, March 17, 2018</u> in the Church Hall. <u>Doors open at 5:00pm for appetizers with the dinner starting at 5:30pm.</u> The meal includes a corned beef & cabbage dinner, appetizers, hot and cold beverages and dessert. We will have live entertainment and take a chance on winning one of our beautiful gift baskets from our Shamrock Raffle table. Each paid ticket will be entered into a Door Prize drawing. Suggested donation cost for dinner tickets is \$18 per person. <u>Tickets must be purchased by</u> <u>Sunday March 11th.</u> Tickets are available for purchase after Mass on weekends and at the rectory during the week.

Call the rectory 978-251-8571 or Jane Sockey at 978-649-3404 for more information.

To purchase <u>online</u> with credit card go to the We Share button on the home page <u>www.saintjohnchelmsford.org</u>



# SONS OF THE AMERICAN LEGION

Massachusetts Detachment, Squadron 247 Robert D. Pelletier Post 247, **90 Pawtucket Blvd, Tyngsboro** 

• SAL Detachment 247 now meets on the first <u>Wednesday</u> of each month at 7 p.m. at Post 247.

• **SAL Officers:** Commander: Brian Laplante; Sr. Vice Commander: Steve Harris; Sgt at Arms: Mark Myers; Adjutant: Roger Daigle, Treasurer: Gerald Richall.

We are always welcoming new members. Drop in or call 978-649-7540. *Anyone interested* in becoming a member of the Sons of the American Legion is welcome to attend our monthly meeting. *Applications are available at the Post at any time.* 

## WEST CHELMSFORD UNITED METHODIST CHURCH

242 Main Street North Chelmsford, MA 01863 Phone : 1-978-251-4834 Website www.wcumc.us Worship: 9:30 AM Professional child care provided Sunday school for pre-K – High School: 10:00 AM Coffee Fellowship: 10:30 AM

March is here and we hope that you can visit us soon during the Lenten season. We have compiled a Lenten devotional guide of readings for each day through Easter. We invite you to view this on our website. All are cordially invited to worship with us on **Easter Sunday on April 1**. We start the celebration at **7:00 AM with our Sunrise Service** led by our youth. The Easter breakfast will follow this. Children are invited to the **Easter Egg Hunt at 8:30 AM**. Worship services are at 9:30 AM, featuring our children's and youth choirs and at 11:15 AM.

Our Celebration of Music is on Saturday, March 10 at 7:00 PM. Music from our handbell and vocal choirs will be featured as well as performances from some of our talented members! This is truly an inspiring and uplifting evening! Our Scholarship Dinner, that benefits our scholarship fund for graduating seniors, will be held at 5:30 PM right before our Celebration of Music. Meatloaf, garlic mashed potatoes, and ginger glazed carrots are on the menu! Please inquire about tickets by calling the church office. We are fortunate to have a scholarship fund to aid our high school graduates continuing their education. *All are invited to attend this meal and the Celebration of Music* 

### We are excited that we are now fully accessible!

We are on 242 Main Street in North Chelmsford, right on the Westford/Chelmsford line. From Route 3, take the Route 40 exit to Chelmsford, take a sharp right onto Main Street Chelmsford right after the variety store and follow Main Street until you see the church on the left.

## FREE ACTIVITIES FOR YOUNG CHILDREN WITH THEIR PARENT OR CAREGIVER

Calling all children, ages birth – 5, with their parents or caregivers, to FREE Playgroup/Literacy/Story and Craft Times. This grantfunded program is open to anyone, regardless of where you live. These programs follow the school year calendar.

Groton and Dunstable Family & Community Programs • Join us on any 1<sup>st</sup> and 3<sup>rd</sup> <u>Tuesdays</u> during the school year -9:30 a.m.at: Peter Twomey Center (behind G-D Middle School North), 348 Main Street, Groton

• Join us on any **2<sup>nd</sup> and 4<sup>th</sup> <u>Tuesdays</u> during the school year** -1:30 p.m.\_at: Dunstable Congregational Church, 518 Main Street, Dunstable

Townsend and Pepperell Family & Community Programs • Join us on any <u>Mondays</u> during the school year -9:30 a.m. at: Peter Fitzpatrick Admin. Building (brick building at rotary), 45 Main Street, Pepperell

Join us on any Wednesdays during the school year -10:30 AM at: Townsend Library, 12 Dudley Road, Townsend

Please contact Jana Harrison, at <u>jharrison@awrsd.org</u>, or 978.874.7312 for further information.

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If you would like more information about this company, go to Melaleuca.com, or you may contact us at perras.wellness@gmail.com.

### CAT FOOD DONATIONS NEEDED

to feed a colony of feral and homeless kitties. Please call me at 978-799-9715 for the drop-off location on the Dunstable/Tyngsboro line. Don Gaudette. *Volunteers to help with the feeding are also needed.* Associated with Kitty Angels www.kittyangels.org Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats

## American Legion Post 247 Inc. 90 Pawtucket Blvd., Tyngsboro, MA



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Renting at 4 hours for \$225.00, extra hours available. Handicap Accessible. Kitchen available. Hall available with bartender. Central air conditioning. Large Private Parking area with video surveillance.

### View online at www.AmericanLegionPost247.org

Call the Post at 978-649-7540 for Rental Information, Booking, and more details. Stop by to view the hall and outside patio area. Active duty personnel discounts available.

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### CLUB OF TYNGSBORO/DUNSTABLE

Rotary Motto: Service Above Self Theme: Rotary Making a Difference The Rotary Club of Tyngsboro/Dunstable has been serving the Tyngsboro and Dunstable area for 44 years.

We meet at the Dream Diner, Tyngsboro, on the 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Thursday of the Month at 7:15am.

<u>Our 8<sup>th</sup> Annual Taste of Town event will be held on</u> <u>Thursday, April 26<sup>th</sup></u>, at Princeton Station, North Chelmsford from 7:00 to 9:30pm. Please make reservations early since there are a limited number of tickets available. Vendors wishing to participate should contact us at <u>tdrotary@yahoo.com</u>.

In June we will hold our Annual Fishing Day for children and adults with disabilities. The date is to be determined.

Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs. Rotary builds international understanding through scholarships, exchange programs, and humanitarian grants. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

For further information about Rotary, please email us at tdrotary@yahoo.com or visit our website at: www.tdrotary.org. Thank you for your continued support.

### MIDDLESEX CONSERVATION DISTRICT SPRING PLANT SALE

The Middlesex Conservation District will be holding its Annual Spring Plant Sale on Friday, April 27 from 3-6pm and Saturday, April 28 from 8am to 12noon.

<u>New Location! The Sale will be held at Kimball Farm,</u> 400 Littleton Rd., Westford, MA.

All items can be pre-ordered through March 31 and picked up on the sale days – we encourage early ordering as all items are sold on a first come, first served basis. Items will include tree and shrub seedlings, perennials, fruits & edibles, groundcovers, and garden supplies (rain barrels, Tick Tubes, cedar bluebird house, composted cow manure, fertilizers).

Please visit our website at <u>www.middlesexconservation.org</u> to place an order online, or download an order form to mail with payment. Not comfortable on the computer, you may call 978-692-9395 to request that a catalog be mailed to you. It is a green brochure, basically 3 sheets 8 1/2 x 11. But it is full of a great selection of plants for sale.

We will also be selling excess first quality stock on the days listed above.

The Middlesex Conservation District is a not-for-profit environmental agency whose purpose is conservation of natural resources in Middlesex County. Proceeds from our biannual plant sales provide programs to improve water quality and quantity, for preservation of open space and erosion control and provide environmental education. For more information about our sale or programs please visit <u>www.middlesexconservation.org</u>.

### USED CLOTHING DROP-OFF SHED

To benefit: Dunstable Evangelical Congregational Church Location: Rear Parking lot, 518 Main St., Dunstable, MA 01827 Items accepted: All clothing, shoes sneakers, belts, purses, blankets, sheets, pillowcases, drapes and stuffed toys. (Your donations will not be cut up or shredded.) (Please... No rags, fabric scraps, pillows, toys or household goods; please understand that the above unwanted items are a hardship and expense to dispose of.)

Send clothing to people who can use it all over the US and World while helping the environment. Receive a tax deduction for your donation. Receipts are on the shed. \*\*Help us keep your donation clean and dry.\*\* Please put in tied or closed bags.