



# Neighbor to Neighbor

Published by Anne M. Paquin Since 1983

64 Hardy St., Dunstable, MA 01827

(978) 419-1914

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[www.neighbortoneighbornewsletter.com](http://www.neighbortoneighbornewsletter.com)

Celebrating 34 Years of Service

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## TYNGSBOROUGH TOWN CLERK NEWS

**2018 DOG LICENSES** are available at the Town Clerk's office or by mail. Male/female licenses are \$11.00 and spayed/neutered licenses are \$7.00. Current rabies vaccination is required. If renewing by mail, please enclose a stamped envelope for the license. **Remember that there is a \$25.00 late fee for any registration after March 1!** **2018 CENSUS** forms were mailed at the end of December. Please check the information on the form for accuracy, make necessary corrections, and return promptly to the Town Clerk's office. If you do not receive a census form, please call the office and a new one will be sent. Completing and returning the census keeps your voter status current and there will be no need to fill out a proof of residency form at the polls.

### OFFICES TO BE FILLED AT THE ANNUAL ELECTION **MAY 8, 2018**

**Three Year Term:** Selectman (2), Board of Assessor, Board of Health (2), Library Trustees (2), Cemetery Commissioner, Finance Committee (2), School Committee (3), Sewer Commissioner, Town Clerk, Constable (2)

**Five Year Term:** Planning Board

**Nomination papers will be available at the Town Clerk's Office** Please contact the office at 978-649-2300 extension 129 or email to [jshifres@tyngsboroughma.gov](mailto:jshifres@tyngsboroughma.gov) with any questions.



46 Coburn Road  
Tyngsboro

## WINTER FESTIVAL!

**Saturday January 13, 2018 at 9:00 AM**

46 Coburn Rd, Tyngsboro, Ma (Sherburne Nature Center & Trails)

Come and join us for a celebration of the wildlife of Winter! We will have a guided winter nature walk via Snowshoe! (if snow level permits -- else bring your hiking boots). Don't miss this incredible opportunity to enjoy the amazing wildlife at our incredible WINTER FESTIVAL!

We will examine wildlife signs and tracks in the snow (**if there is no snow we will still enjoy a beautiful winter walk**). Birds and mammals of winter are often seen during the Nature Walk. All ages are welcome at no charge and all will have a fantastic, easy paced outdoor experience.

Sherburne Nature Center trails are open daily, dawn to dusk, for the residents of Tyngsboro and neighboring towns. Traverse several woodland streams, go bird-watching, try to catch a glimpse of a beaver, and observe meadow wildflowers and butterflies. It's a great place for outdoor exercise and to enjoy nature close to home. Sherburne Nature Center and Trails activities are open to all who are interested. Activities go rain or shine. In extreme weather conditions, activities are cancelled. No reservations or fees required. Children under 16 must be accompanied by an adult.

## IN MEMORY OF

Lauretta Kay Jacques Covelli	Victor E. Stewart
Salvador F. Fumia	Aldie J. Therriault
Edward S. Grzyb	Rae Fortin Valdes
Sara Rampello Toffling	Leo V. Brick
Priscilla A. Wright Ricard	Manuel Da Silva
Katherine S. Knight Charette	Jean Hansen Doyle
Jean H. Hansen Doyle	Joan C. Webster Martin Gauthier
Elle Ava Fahey-Hamilton	Marie P. Bussierre Landry
Joan C. Webster Martin Gauthier	Leontina L. Pamplona Silva
Theresa M. Ralls	Barbara J. Elson Barrett
Florence Marie Landry Sevigny	Barbara E. Killion Rockers



## TYNGSBOROUGH BOARD OF HEALTH

### CHRISTMAS TREE DROPOFF



Christmas trees may be dropped off at the Highway Department on Kendall Road or at 180 Lakeview Avenue (old senior center) parking lot *during the month of January.*

### 72- HOUR EMERGENCY BACK PACK

We have available for purchase a 72-hour Emergency back pack for \$50. Included in the backpack are items that would be useful in case of an emergency. Included with the red backpack is a first aid kit, a tarp, rope, safety goggles, duct tape, gloves, whistle, emergency radio, charger and flashlight and other informative pamphlets about preparing for emergencies and other useful items. Stop by the Board of Health and take a look at the Backpack!

## NOTICE

### TYNGSBOROUGH WATER DISTRICT

Nomination papers are available for one (1), 3 year term for Water Commissioner. Nomination papers need to be returned by February 13, 2018 at 2:00 PM and can be obtained at the Tyngsborough Water District, 87 Progress Avenue, Unit 2. The Election will be held on Tuesday, April 3, 2018 from 5:00 PM – 7:00 PM at the District office. All registered voters residing in the District are welcome to vote at this time.

*Signed: Board of Water Commissioners*  
Tyngsborough Water District  
87 Progress Ave, Unit 2  
Tyngsborough, MA 01879  
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**E-mail: [anne@neighbortoneighbornewsletter.com](mailto:anne@neighbortoneighbornewsletter.com)**

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**TYNGSBOROUGH**  
**COUNCIL ON AGING**



**169 Westford Rd., Tyngsborough, MA 01879 978-649-9211**

**Mailing Address: 25 Bryants Lane, Tyngsborough, MA 01879**

Email: [Broche@tyngsboroughma.gov](mailto:Broche@tyngsboroughma.gov)  
[councilonaging@tyngsboroughma.gov](mailto:councilonaging@tyngsboroughma.gov)

**PLEASE SIGN IN WHEN YOU COME TO THE CENTER!!**  
**Hours of Operation are Monday thru Friday 8-4. Bus 8:15-3.**

**Lunch is served promptly @ 11:30** everyday must make reservations 2 days in advance BEFORE 11:00AM

**Call 978-649-9211 \$2.00 for seniors & \$4.50 for non-seniors**

• **WELLNESS CLINIC COA, 169 Westford Rd 978-649-9211** Nancy Harding, RN, from the **Circle Home, Inc. 1<sup>st</sup> Tues each month.**  
• **WELLNESS CLINIC at ELDERLY HOUSING** Nancy Harding, RN, from the **Circle Home, Inc. Red Pines Elderly Housing, the third Tuesday of each month from 8:30 - 9:30. Brinley Terrace Elderly Housing, the fourth Tuesday of each month 8:30-10:00.**

• **BE PREPARED FOR BAD WEATHER** With the winter months upon us, don't forget to stock up on staples for your pantry, such as foods that do not need cooking: bread, crackers, canned tuna, peanut butter, protein bars, milk in a carton, juice, etc. Make sure if you take medication that you have enough on hand to get by for a week or so. In the case of a state of emergency, you should have enough supplies to survive without leaving your house for a few days. You need to be prepared. If there is a state of emergency and the Center is **CLOSED** there will be no bus services, and NO staff available to meet your needs.

IF SCHOOL has CANCELLED the Center will still be open. If Town Hall offices are closed in Tyngsborough due to a snow storm the Tyngsborough COA will be closed. When in doubt just call and see if we're open. Cancellations will be announced on WCAP Radio 98.5 & TV News on 4, 5, 7.

• **STITCHERS Every Monday 1:00PM-2:30PM** Learn to knit and crochet as you socialize with others at the TCOA. We have many causes we knit for. With the cold weather coming we could use help knitting blankets, mittens, hats, scarves and slippers to distribute for the winter holidays season. We have plenty of supplies available to choose from.

• **PIZZA PARTY/ BIRTHDAY FOR ALL! January 10th, 11:30** Come celebrate National Pizza Week and everyone's birthday by making your own pizzas! We'll supply the dough, sauce and cheese for the pizza, just bring in your favorite toppings. We'll have a birthday cake to celebrate everyone's birthday. Join us for a great time!  
**Sign up by Friday the 5th.**

• **VETERANS' COFFEE HOUR! Thursday, January 11th, 9:30AM - 10:30AM** (run by Pat Wojtas- Town Veteran's Agent) Come on down and have a cup of coffee and a donut amongst friends!

• **Thursday, January 11<sup>th</sup> - Lunch** is being catered/provided by the culinary students at Greater Lowell Vocational Technical HS!!!

• **TEXAS HOLD' EM Thursday, January 11, 12:00** If you like poker, come join us for our new monthly game. **CLOSED Monday January 15, Martin Luther King Jr. Day**

• **SHINE January 17th, 8:30-12:00 Serving Health Insurance Needs of Everyone.** Our Counselor Lillian Colby will be holding office hours at the Center. Call 978-649-9211 to schedule an appointment. **Please bring insurance cards and a list of prescriptions you take with you.**

• **COMPUTER HELP FOR SENIORS Thursday, January 18th, 10:00** Bring your device and anything else that you might need to make the most of your time. Instructor Joe Delgado. If you have signed up and can't make it, **please give us a courtesy call.**

• **BOOK CLUB Thursday, January 18th, 12:00** If you are interested, come join us on this day. Book of the Month is the best way to discover and read the best new each month.

• **WINTER CARNIVAL Wednesday, January 24th, 11:30** Warm yourself up this January with a FREE LUNCH of homemade hot soup, bread, hot cocoa and hot cider! Afterwards, we'll bring the winter indoors with exciting games for all! Come join the fun! Sign up by the 19th **Happy New Year!!!**

**WINTER 2017-18  
TYNGSBORO HIGH SCHOOL &  
MIDDLE SCHOOL SPORTS INFORMATION**

**Winter SPORTS SCHEDULES** Schedules on [www.mwlma.org](http://www.mwlma.org)  
Learn how to sign-up for text alerts. Find information on our  
web page [http://www.tyngsboroughps.org/pages/Tyngsborough/  
Departments/Athletics](http://www.tyngsboroughps.org/pages/Tyngsborough/Departments/Athletics)

**Sports Offered for Middle & High School**

**HIGH School\*** Girls Basketball, Boys Basketball, \*Wrestling, Swimming & Diving-Coop w/Groton/Dunstable, Ice Hockey-Coop w/ Dracut High School, Gymnastics-Coop w/Chelmsford High School, Alpine Downhill Skiing,\* Includes 8<sup>th</sup> grade athletes

**Middle School** Girls Basketball 6<sup>th</sup>& 7<sup>th</sup> Boys Basketball 6<sup>th</sup> 7<sup>th</sup> & 8<sup>th</sup> Grade Wrestling 8<sup>th</sup>

**Winter Sports Award Night** for all athletes who play a High School sport only will take place on: **Tuesday, March 13<sup>th</sup>** at 7:00pm in the Ciampa Performing Arts Center-HS Auditorium



**FRIENDS OF THE  
TYNGSBOROUGH  
PUBLIC LIBRARY**

**Happy New Year!** 2018 promises to be a good year for the Friends of the Library. We begin by funding the "Mixed Media Art: American Collage" program for grade 6-12 students on January 13. Contact the Library for registration.

Please stop by the Library to see new upgrades in the Children's Room. The Friends funded the new **Tween area** for ages 10-12. This area gives tweens their own space in the library where they can read, work projects and take advantage of the Library's resources.

This winter, consider the **Library Pass Program** funded by the Friends of the museums or sports activities you would like to attend on a cold day. The newest passes are for UMass Lowell River Hawks hockey and men's and women's basketball games.

Do you want to become active in your community? Join the Friends of the Tyngsborough Public Library. This is an organization of volunteers who promote interest in the Library and provide financial support for items and programs that benefit the Library community. Ask for an application at the Library or go to the Library website and click on the "Friends of Library" tab. January's meeting will be on Monday, January 8, 7-8 pm in the Library. The following meetings are February 5, March 5 and April 2 from 6:30 to 8 pm.

Visit <https://www.facebook.com/FOTPL> or <http://www.tynglib.org/> - Click on the "Friends of Library"

**ADOPT A FAMILY**

*The committee would like to thank everyone who so generously donated to the annual collection this past holiday season.*

Thank you to those who sent in canned goods/non-perishable items to your child's school, or dropped them off on your visit to the Library. Thank you if you purchased raffle tickets, or chose a tag off a tree at your church or local business to purchase a gift. Thank you if you donated a raffle basket/item, or are one of the many local businesses or organizations that contributed by purchasing turkeys, collecting board games or donating money. Thank you if you are a TPS staff member who sold raffle tickets, helped transport items between schools, helped coordinate a student event to raise funds. Thank you if you are a student who participated in one of the many school sponsored activities, i.e., TES Dance Off, THS Turkey Feathers, TMS Themed Days. Thank you if you donated wrapping paper, Scotch tape or gift cards this year. Thank you if your family sponsored a family or a child for this year's program. Thank you if you are one of the TPD who delivered items to families.

This program is successful thanks to all of you.  
**Happy New Year!**

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[www.TyngsboroughScholarshipTrust.org](http://www.TyngsboroughScholarshipTrust.org)  
1963 \* Celebrating 54 Years \* 2017

Mark your calendar for Tyngsborough Scholarship Trust's popular **Trivia Night**, which will take place on **Friday, February 2nd** at the Tyngsborough Sportsmen's Club. Registration begins at 7:00 p.m. and the Trivia contest begins at 7:30 p.m. Teams of four compete to correctly answer the sometimes obscure, often hilarious, and frequently curious trivia questions. Cash bar and free snacks are available, and pizza can be pre-ordered so you can have your dinner when you get there! Donation is \$25 per player. **Student teams are encouraged and welcome at \$10 per player.** Unique and amusing team names are encouraged! Test your wit against last year's champions, the "Titanic Smarts", "Beverlee Hillbillies" and "The Critics". This year's top three teams will win a set of embroidered polo shirts, which were donated by the Tyngsborough High School, and can be worn with pride. To reserve your space today, call Sue Bowden at 978-649-3207, email [mitchell6260@msn.com](mailto:mitchell6260@msn.com), or visit [www.TyngsboroughScholarshipTrust.org](http://www.TyngsboroughScholarshipTrust.org) and download a registration form and mail in to P.O. Box 547, Tyngsborough MA 01879.

All profits from the 2017-2018 fundraising events will benefit scholarships for the Class of 2018.

A reminder to the 2017 scholarship recipients, please be sure to submit proof of school enrollment to the TST at P.O. Box 547, Tyngsborough MA 01879 so you can receive your first or second payment. Please contact Ellen O'Neill, Treasurer, at 978-649-9195 with any questions regarding payment.

The TST meets on the second Wednesday of the month at the Tyngsborough Town Hall at 7 p.m. For 54 years volunteers from the community have been coordinating fundraising and awarding scholarships to high school students from Tyngsborough. We welcome and need your help to continue this town tradition. Please join us at our monthly meetings the second Wednesday of the month at the Tyngsborough Town Hall.

Please contact [info@TyngsboroughScholarshipTrust.org](mailto:info@TyngsboroughScholarshipTrust.org) with any questions.

**FRIENDS OF THE TYNGSBORO  
COUNCIL ON AGING**

FRIENDS of the TCOA contribute to fun filled and successful activities at the senior center. All our activities and fundraisers take time and talent. Consider donating some of your time to make the TCOA the best it can be.

Our Board of Directors include: President: Joe Jacoppi, Treasurer: Joanne Jean, Clerk: Frank McCarthy, and Jean Kareores, Elaine Rivard, Leon Poirier, Elaine Franks, and Trudi Woods.

The Friends is a 501(c)3 non profit charity and all donations are fully Tax Deductible. ALL GIFTS AND DONATIONS CAN BE SENT TO: The Friends of the Tyngsborough Council on Aging, PO Box 415 Tyngsborough, MA 01879. **Visit our web site:**

<http://www.friendsofthetyngsborocouncilonaging.com>.

**Visit us on Facebook:**

<https://www.facebook.com/FriendsofTyngsboroCOA/>

**FRIENDS OF TYNGSBOROUGH THEATER  
(FOTT)**

Dear Tyngsborough CommUnity!

Mark your calendars

**UPCOMING PRODUCTIONS:**

THS Dinner Theatre – **She's So Lovely Show dates at Tyngsboro Old Town Hall are 1/26, 1/27 & 1/28/18.**

TMS Main Stage – **Urinetown** in February 2018

THS Main Stage - **Young Frankenstein** in June 2018

For show dates, forms, ticket info and additional info email Friends of Tyngsboro Theater at: [fott.info@gmail.com](mailto:fott.info@gmail.com) and follow us on Facebook @FriendsofTyngsboroTheater

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*Tyngsborough Police*

On Facebook: [www.facebook.com/tyngsboroughpolice](http://www.facebook.com/tyngsboroughpolice)

On Twitter: [www.twitter.com/tyngsboroughPD](http://www.twitter.com/tyngsboroughPD)

**JOIN TYNGSBOROUGH CITIZENS**

If you are new to Tyngsborough, welcome! If you are not new but want to know more or want to know how you can get involved, you are invited to join over 450 fellow residents in our on-line community forum. Tyngsborough Citizens is a Yahoo Group and membership in our group is open to all residents of Tyngsborough. We share information about town and school happenings and ideas for how to make our town even better. We are not an anonymous group; residents share their name and address when posting. We strive to keep the conversations civil and constructive. Please visit [tyngsboroughcitizens-subscribe@yahoo.com](mailto:tyngsboroughcitizens-subscribe@yahoo.com) to join.

## CAN YOU HAVE MULTIPLE HEALTH CARE AGENTS?

By Edward H. Adamsky

You should have a Health Care Proxy that names an Agent to make health care decisions for you if you cannot do so for yourself. A frequent question, after "Who should be my agent?" is "Can I name more than one Agent?" Parents often don't want to favor one child over another and many want to name all of the children. This makes sense in a family context, but it isn't practical nor allowed under the law.

The Massachusetts law is Chapter 201D, it states: "Every competent adult shall have the right to appoint a health care agent by executing a health care proxy." It also goes on to say: "A competent adult may designate an alternate health care agent as part of a valid health care proxy." It doesn't say so explicitly, but most Elder Law Attorneys have concluded that this means you can have only one valid Agent at a time. You may name an alternate (and even a second or third alternate) but only one may act at a time.

The New Hampshire law is RSA 137-J. It states clearly: "If the principal lists more than one person as the agent in a durable power of attorney for health care directive, the agents shall have authority in priority of the order in which their names are listed on the document, unless the method of joint agency is expressly included." This means that you could have co-Agents if you clearly specified how that would work, but again, most Elder Law Attorneys will suggest that you have only one Agent at a time.

This really makes a lot of sense. It would be very difficult for the doctor if there were more than one Agent making decisions. What would the doctor do if the different agents made different decisions? The legislatures of both States probably thought it was best to have only one agent at a time.

This will work for most families. Even with only one Agent named as the official person to tell the doctors what to do, it is unlikely that person will act (on anything difficult or serious) without asking other family members what they think. In many cases, all that the hospital might need is a signature on a standard form and there won't be any difficult decisions to make. It's much simpler if there is only one person who needs to sign.

It is vital that in addition to properly executing a Health Care Proxy (the Massachusetts term) or a Power of Attorney for Health Care (as it's called in New Hampshire) that you have a detailed discussion with your chosen Agent and alternates, and all of your family, about your wishes for health care choices, and your feelings about life and death. Everyone needs to know how you feel and what you would most likely choose, so that there won't be any arguments if a difficult decision has to be made. If you don't have a Health Directive (another name for it) you should see your Elder Law Attorney right away.

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**They would like to know. Thank you, Anne**

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## EDUCATION FOUNDATION TYNGSBOROUGH [WWW.EFTyng.org](http://WWW.EFTyng.org)



The Education Foundation for Tyngsborough and the Friends of Tyngsborough Theater proudly present their 10th collaborative interactive dinner theater, a romantic comedy titled "She Loves Me." The show will run at the Old Town Hall on **Friday, January 26<sup>th</sup>**, **Saturday, January 27<sup>th</sup>**, and **Sunday, January 28<sup>th</sup>**. Tickets have been selling quickly. Please send e-mail to [eftyng@gmail.com](mailto:eftyng@gmail.com) to see if tickets are still available.

**EFT's 10th Education Grant Cycle kicks off on January 15th.** Grant applications will be available on our website at that time. Tyngsborough public school educators must submit their applications to EFT by March 15th. Through our sustained fundraising efforts we look forward to awarding grants that will enhance educational opportunities across the Tyngsborough Public School District to directly benefit the students and their learning experience. To see a description of the grants awarded the first nine years and read an overview of the grant program please visit our website and click on Grant Programs.

Are you ready to give back to your community in 2018? There are several worthy organizations quietly working to make life in this town and students' experience in its schools even better. Please consider joining us at EFT. You can make a difference! You can serve on a volunteer team supporting one or more of our major fundraisers (Tyngsborough Trot, Dinner Theater, Helicopter Football Drop) or you can become a board member and help coordinate fundraisers and/or review applications and award teacher grants. Being a board member is a great way to develop executive experience that you can apply to your personal career path. Please contact our President, Theresa Manning, [ateftyng@gmail.com](mailto:ateftyng@gmail.com). Like us on **Facebook**, [@teftyng](https://www.facebook.com/teftyng)!

## TYNGSBORO GARDEN CLUB

The Tyngsborough Garden Club would like to wish everyone a very Happy New Year. We hope you are enjoying the greens that we put together at our November meeting. They were placed in various buildings around town. In December, we enjoyed a gathering at a member's home. We enjoyed a Yankee Swap, friendly conversation, and the many delicious dishes by our members.

We do not have a meeting in January, and **will resume our regular scheduled meetings in February, 2018** with a presentation on Lyme disease and other tick borne illnesses by Sandra Bongagni.

**The Garden Club meets the the first Tuesday of the month September-November and February-April.** New members are always welcome. Please come join us for one of our meetings, enjoy the presentation, and meet some new friends.

**For more information visit our website at [tyngsboroughclub.tripod.com](http://tyngsboroughclub.tripod.com)** or find us on Facebook at Tyngsborough Garden Club or call Debbie at 978-649-6362.

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## BUDGET BUDDIES

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## THE TYNGSBOROUGH PUBLIC LIBRARY

25 Bryant Lane, Tyngsborough 978-649-7361 [www.tynglib.org](http://www.tynglib.org)

Library Hours: Monday & Wednesday, 10:30 a.m. – 8 p.m.

Tuesday & Thursday, 9 a.m. – 5 p.m.

Saturdays 9 a.m.-2 p.m.

**CLOSED: Monday, January 15 in observance of Martin Luther King, Jr., Day**

- **Mixed Media Art Class, Sat., January 13, 10:30 a.m.-12:30 p.m. TEENS** Grades 6-12. Use your imagination, text, inks, paper and paint to create an America collage. Registration required.
- **Financial Education Workshops: Score Some Points. Wed., January 24, 6:30-8 p.m. OR Tues., January 30, 10:30-11:30 a.m.** Understand and raise your credit score.
- **Vision Board Workshop. Wed, January 31, 2018, 6:30-8 p.m.** Adults & teens (16+). Stephanie Kirylych will introduce vision boarding. Create your vision board and use it to focus on your 2018 goals, then join in a group meditation. Registration required.

- **Adult Coloring Club, 1st Wed. each month, 6:30-8 p.m.**
- **Tech/Library Catalog Advice by Appointment** PCs, android tablets & phones, Excel, MS Word, e-books, etc. **Tues., 11:30 a.m.-1:30 p.m., Wed., 7-8 p.m.** Registration required.
- **Pokemon Club, Wednesday, January 17, 4-5 p.m. Ages 8-13.** Bring cards or handheld device. Drop in.
- **Tiny Tots Storytime: Wednesday, January 3 and 17, 11-11:30 a.m.** Infants-3 yrs. Drop in.
- **Lego Club: Saturday, January 20, 10 a.m.-12 p.m. Grades K-6.** Drop in.
- **Dads & Donuts Playgroup, Sat., January 27, 10-11 a.m.** Infants-3 yrs. Drop in.
- **Storytimes for 3-5 year olds. Thursdays, 1 p.m.** Drop in. \*No storytime Jan. 4.

### Plan ahead for February vacation week:

- **Dry Ice Capades – Tues., February 20, 11-11:45 a.m. Ages 6-12.** Fun dry ice experiments. Registration required.
- **Live Coding Music DJ Party – Thurs., February 22, 1 - 3:00 p.m. Grades 6-12.** Code music and dynamic graphics. Registration required.
- **Writer's Group, Mondays, 6:30 p.m.** Feedback, publishing tips, all genres. Karen Johnson 978-649-7132
- **Board of Library Trustees Monthly 3<sup>rd</sup> Thurs.** Check Library website for schedule changes.
- **Rep. Colleen Garry (or a representative) Office Hour – Sept-May, 3<sup>rd</sup> Saturday 9-10 a.m.**

Artists & collectors, contact the Library to discuss scheduling an exhibit in the gallery or display case.

Register for TPL programs by calling the Library or using the contact form on the website.

## TYNGSBOROUGH PUBLIC SCHOOLS

You can find Tyngsborough Public school news at [www.tyngsboroughps.org](http://www.tyngsboroughps.org)

District Offices, 50 Norris Road, (978) 649-7488  
Middle School, 50 Norris Rd. (978) 649-3115  
High School, 36 Norris Rd. (978) 649-7571  
Elementary School, 205 Westford Rd. (978) 649-1990



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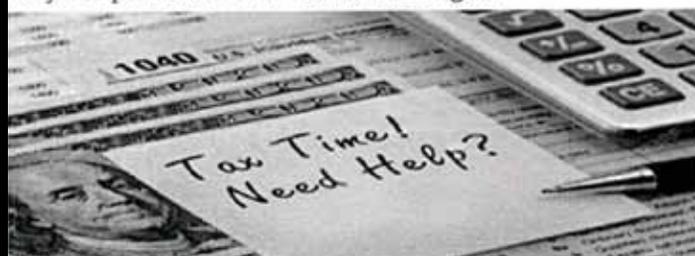
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## GROTON GRANGE #7

**NEW ENGLAND CONTRA DANCE, SATURDAY, JANUARY 27,**  
7:30 to 10PM at the historic Groton Grange Hall, 80 Champney St.,  
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Beginners are welcome. No experience or partner is necessary.  
Donation \$5 at the door per person. Children under 3 years are free  
and family maximum is \$20. Refreshments provided.

## TYNGSBOROUGH HIGH SCHOOL

is proud to announce **Shannon Cole, Nicholas McPadden, Eiley O'Malley, & Kimberly Welch** as December Students of the Month.

**Shannon, daughter of Tracy and Brian Cole**, is a two-year member of the National Honor Society and is a recipient of the Principal's Award, the Academic Excellence Award, and the Commitment to Learning Award. She is a member of the Student Council, Senior Sidekicks, and PALS. Shannon has played soccer for THS since her freshman year with three years on the varsity team. Her senior year she has been a captain of the team, and was a recipient of the Central Mass All-Star Award this year. The team's record this season was 16-3-1. Shannon volunteers her time at soup kitchens, with youth soccer teams, and by having raised money to support a new school in Comoros, Africa. She enjoys hiking, playing the ukulele, playing soccer, and watching movies with her friends and family. Shannon has always been interested in science and mathematics; her favorite subjects are anatomy, biology, and calculus. She looks forward to going to a big school and majoring in nursing. "The knowledge that I have acquired at THS has provided the foundations that I need to strive towards my future and carry on with my life. I will always remember my friends that I have made throughout the years." Shannon was also voted as having the "Best Personality" in her senior class.

**Nicholas, son of Tracie and James McPadden**, is a two-year member of the National Honor Society and is a recipient of the Outstanding Achievement in English Award, the Principal's Award, and the Commitment to Learning Award. Nick is the Vice-President of NHS and has been the statistician for the varsity football team since his sophomore year. He volunteers his time at the Tyngsborough Farmers Market, the Tyngsborough Thrift Store, the Nashua Soup Kitchen, the Baystate Marathon, the Lowell Folk Festival, and at various NHS events. Nick enjoys traveling, spending time with his family, and going to Maine. His favorite subjects are chemistry, anatomy, biology. Nick looks forward to attending college and working towards a career in medicine/healthcare. "THS has taught me that school isn't just about passing this class or getting an A on a test, but it's a place where people with different mindsets and interests can come together to learn and be the people that they want to be, creating countless memories along the way. My friends and teachers have had a huge impact on life and have helped shape me into the person I am today."

**Eiley, daughter of Julie and Steve O'Malley**, is a two-year member of the National Honor Society and the Spanish National Honor Society. She is also a recipient of the Academic Excellence Award, the CORE Values Award, and the Business Award. Eiley is a member of the Bio-technology Club, the Student Council, PALS, and Senior Sidekicks. She has been a member of both the track & field and cheerleading teams since her freshman year, and she was named a Mid-Wach League Academic All-Star in cheerleading. Eiley volunteers her time with the Catholic Heart Workshop, Habitat For Humanity, Give Kids The World, and the Tyngsborough Council on Aging. She enjoys working at the Tsongas Arena and working at Tremonte Pizzeria in Tyngsborough. Her favorite subjects are anatomy and biology, and she looks forward to being successful and happy. "I have gained a lot of knowledge in classes and life, also making some of the greatest friends. School has provided me with so much opportunity, making me feel prepared for college."

**Kimberly, daughter of Nancy and David Welch**, is a two-year member of the National Honor Society, is a recipient of the Academic Excellence Award, the Outstanding Achievement in Foreign Language Award, and the Commitment to Learning Award. She is a member of the Student Council and the THS tennis team. Kim volunteers her time with Habitat For Humanity, at the Nashua Soup Kitchen, and at various NHS events. She enjoys dancing, hanging out with friends, and watching Netflix. Her favorite subjects are math, anatomy & physiology, biology, and history. Kim looks forward to going to college and studying engineering, traveling, having a family, and being happy. "I have gained great friends and a love of math and science from THS. I'm grateful for all my teachers who have helped shape me into the person I am today. I'll always remember the fun times I had during Homecoming and the Belize trip."

**Congratulations to these four students!**

**TYNGSBOROUGH  
SPECIAL EDUCATION  
PARENT ADVISORY  
COUNCIL (SEPAC)**

Location: Tyngsborough High School Library  
Amy Jane Maciel, Tyngsborough SEPAC Chair



**January 11, 2018 7pm-9pm Basic Rights in Special Education**  
Speaker: Carol Silva, Federation of Children with Special Needs (FSCN); [www.fscn.org](http://www.fscn.org) This informative workshop will provide an overview of rights and responsibilities of Parents/Guardians in the Special Education process. It is designed to help parents learn how to be effective partners with the school; to decide his/her child's eligibility criteria for special education; to plan; make decisions and to monitor the education progress of his/her child. Parents/Guardians are strongly encouraged to attend this workshop at least once if he/she has a child with special needs.

**February 7, 2018 7pm-9pm Decoding Dyslexia Part 2; SLD/ Dyslexia and the IEP** Speaker: Nancy Duggan, Executive Director Decoding Dyslexia Massachusetts (DDMA); [www.decodingdyslexia.org/](http://www.decodingdyslexia.org/)

*\*ALL workshops are open to the public and BOTH parents and professionals are always welcome.*

**SEPAC Contact Information:** Amy Jane Maciel, Tyngsborough SEPAC Chair: [ajmaciel@comcast.net](mailto:ajmaciel@comcast.net)  
SEPAC Webpage: <http://sepac.tyngsboroughps.org>  
SEPAC Facebook page: <https://www.facebook.com/groups/465834040182584/>  
SEPAC Twitter Account: @TyngsSEPAC  
SEPAC YAHOO! Group: <http://groups.yahoo.com/group/TyngsboroughSpEdPAC>

**THS GRAD NIGHT**

We are in the midst of planning for the next Grad Night! We can't wait to celebrate the **Senior Class of 2018!** There is always room for new board members on our committee so please consider checking us out as we need new members like YOU to keep the tradition of "Grad Night" alive for years to come! Come check out our meetings and get involved to keep this great "free" program going for our future graduates.

**Senior Parents - Please visit our website [www.thsgradnight.org](http://www.thsgradnight.org) & register your child for Grad Night.** Also, The Grad Night Committee is asking if you can dig into your archives and find some pictures of your students from back in the day. Some ideas could include...class trips, birthday parties, sports teams/events, class photos etc. We are hoping to get 1-5 pictures from each parent from the elementary and middle school years. Ideally, the photos would have 2 or more students from the class of 2018, but singles are accepted as well. Please drop them off at the high school or if you would prefer, we can arrange for pick up. Any questions, please contact us (978) 397-6495. Thank you in advance for your help with this. **We want every graduating senior to be represented on their last big night of the year!**

**For additional information,** please contact Tara Gabriel at 978-397-6495 or Caren Bovil at 978-852-3964. You may also visit our website [www.thsgradnight.org](http://www.thsgradnight.org) for more details about our organization. **Meetings are held the first Monday of the month at 7pm** in the teachers' lounge across from the cafeteria of Tyngsborough High School. We appreciate and value your support of our Tyngsborough students!

**The deadline is January 10<sup>th</sup> for the February issue.**

Have events coming up in? Send an email to me [anne@NeighborToNeighbor.com](mailto:anne@NeighborToNeighbor.com) or by mail to *Neighbor to Neighbor*, 64 Hardy St., Dunstable, MA 01827.

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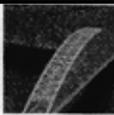
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**TYNGSBOROUGH RECREATION**  
Call 978-649-2300 Ext. 150

The Recreation Committee meets at the Recreation Center 120 Westford Road the first Monday of the month at 7pm. More info may be found on our website at TyngsboroughRec.com Friend us on Facebook. Seeking new members. Three open seats. Join us!

• **FAMILY MOVIE NIGHT** *Old Town Hall*, Kendall Road.  
**January 19th 7pm Movie TBD** - check our website and FB page

• **MEN'S PICK-UP BASKETBALL** League (Ages 18-55+): \$10/night at court or \$80 for the season. Calling all frequent and casual basketball players. Several games are played on the short court of the high school each week and teams vary depending on attendance. Currently scheduled for Tuesday nights starting October 3, 2017 through the end of winter, 2018 at THS from 8-10pm. Contact Joe with questions: joeholden62@yahoo.com

• **SAT PREP CLASSES** Our group SAT classes fully prepare students for all sections of the SAT test, instilling a comprehensive understanding of all SAT test content. Our experienced and highly-trained tutors have a proven track record of raising their students' scores through intensive instruction, homework assigned and reviewed each session, and practice tests given at regular intervals. Students will learn how they can make the most of their time, and answer the questions with a deeper understanding of how the test is constructed. **For students testing in the spring:**

12 Sessions, 90 minutes each \$630.00 per student. Meets at the Tyngsborough Recreation Center Mondays **beginning January 22nd 7-8:30pm (excludes Feb. & April school vacation weeks)**. Register on line at [www.tyngsboroughhrec.com](http://www.tyngsboroughhrec.com) Register on line at Tyngsboroughrec.com.

• **BEEKEEPING BASICS COURSE** Tyngsborough Recreation Center, 120 Westford Rd., Tyngsborough. **Course starts January 28th, skips Feb 5th then continues on Feb 12th with 4 more classes. Fee is \$110.00 includes text.**

This course is designed for individuals interested in starting this fascinating hobby, as well as for seasoned beekeepers looking for more information. We will learn the latest techniques of beekeeping and how to keep honeybees which are essential to our environment. Honeybees are the most fascinating and important insect on our planet. When weather cooperates, a healthy hive of honeybees, in Middlesex County can produce 100 lbs of excess honey. *Instructor:* Rick Reault, owner of New England Beekeeping Supplies and President of the Middlesex County Beekeeper's Association.  
[www.tyngsboroughhrec.com](http://www.tyngsboroughhrec.com)

• **POUND** It's a high-intensity, full-body, 45-minute workout that combines interval training, squats, lunges, plyometrics, and pilates with drumming — lots of drumming — with sticks that are heavier than average drumsticks. Come join the class! For class times see [www.tyngsboroughhrec.com](http://www.tyngsboroughhrec.com) Yoga mat required.

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Assessor's Office	Ext. 121	Planning Board	Ext. 115
Board of Appeals	Ext. 112	Town Treasurer	Ext. 126
Board of Health	Ext. 118	Veteran's Agent	Ext. 131
Building Office	Ext. 112	Sewer Dept.	Ext. 134
Town Clerk	Ext. 129	Board of Selectmen	Ext. 100
Town Collector	Ext. 128	Town Administrator	Ext. 100
Conservation Office	Ext. 116	Recreation & Parks	Ext. 150
Capital Asset Mgmt Com	Ext. 124		

## HOW I GOT THE SHOT: STREET PHOTOGRAPHY

Street photography is one of the most enjoyable photographic genres, especially when you're traveling. It is simply the art of capturing candid images of life and people as you walk around. When I travel – but also when I'm in the US – I love to shoot street scenes that will give viewers the feeling of actually being there. My equipment and settings on these expeditions is typically a mid-range zoom (24mm-105mm), ISO 400, aperture priority mode, and F8. This set-up allows me to take shots very quickly.

One trip where I had success with street photography was a winter get-away in Barbados. A friend invited me down to that lovely island a couple of years ago. I rented a car and wandered around on my own, imbibing the tropical ambience while also looking for great shots.

The climate and the people are wonderful, but driving is a different story! Because the island used to be a British colony, they still drive on the wrong side of the road, as in England. What's more, the roads are narrow and bumpy, leaving little room for error – or for the big SUVs that many of the locals have. And everyone knows you're a tourist because of the "H" (for Hire) on the license plate of rental cars. So, I was rattled when I arrived at my first destination: Speightstown, an historic town about an hour from where I was staying.

The day was bright and sunny – not great for making photographs. Pondering the problem, I heard my mentor Joe Baraban whispering in my ear: "Take out your artist's pallet. What elements of visual design are available to you? How about a figure-ground photograph?" I had learned that the figure-ground relationship is the clear distinction between subject and background: for example, a light figure on a dark background, or a dark figure on a light background. Henri Cartier-Bresson became famous for this style of photography.



Canon 5DMKII; Canon 17mm-40mm lens @ 40mm; ISO 100; F16 @ 1/200. To view the full-size color version, visit [www.nickdepasqualephotography.com](http://www.nickdepasqualephotography.com)

Walking down a side street, I noticed an old boarded up church next to a bakery, whose fragrance filled the air. The sun was bright, creating distinct, sharp shadows. But there was also a very light-colored section of wall between two boarded-up doors. Aha! A figure-ground possibility! I switched my camera to manual mode (including manual focus) and took test shots to make sure my exposures were correct. Then I composed a shot by pre-focusing on a spot on the sidewalk – and waited. After a while, a woman walked out of the bakery. I clicked the shutter and was lucky enough to catch her in profile against the light section of the wall. Just one shot, but thanks to knowing what I wanted and preparing for it, it turned out to be a perfect figure-ground image.

Afterwards I stopped in the bakery and just had to try one of the pastries. Somehow the drive back to my friend's place was much easier than getting there had been.

Check out other examples of street photography in the Portfolio section of my web site: [www.nickdepasqualephotography.com](http://www.nickdepasqualephotography.com). And join me for a private tutor session. Also note that there are two spots left in the Berlin Photography Workshop.



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**AMERICAN LEGION POST #247, INC.**



**90 Pawtucket Blvd. Tyngsborough, MA 01879**

Active duty military and veterans always welcome to join. For further information call **978-649-7540**. Remember to attend the committee meetings on the first Thursday with your input and ideas.

**The public is invited to get involved in all events of the post. The veterans monthly dinners will continue on the first Wednesday of the month.** We are always looking for help to serve the veterans. **Keno and Scratch Tickets are available at the Post. There is an ATM in the Post for your convenience.**

**OFFICERS:** Commander: Fred Carroll; 1<sup>st</sup> Vice: Joseph Agrusso; 2<sup>nd</sup> Vice: Donald Pierce; Adjutant: Charles Curran; Jude Advocate: Roland Millard; Chaplain: *vacant*; Finance: Mark Taylor. E-Board: Marty Bloomgren and David Coles.

**RENTAL OF FACILITIES INFORMATION** Our clean, bright Function Hall is available for all your Family and Private needs. Handicap Accessible. Large private parking lot. All Fees are for 4 hours use. Extra hours are available. Great for Baby and Bridal Showers. Deposit required. **Active duty personnel, discounts available. Call the Post for more information and viewing at 978-649-7540.** (No Drinks of ANY kind can be brought into building)

**Visit our website, [www.tyngsboroughlegion247.org](http://www.tyngsboroughlegion247.org)**  
 This website contains a wealth of information about the Post.  
**Please remember to be safe & keep our troops in your prayers.**



Each year, the Altrusa Club of Merrimack Valley conducts a special project to observe Make a Difference Day. This year, Altrusa adopted a family impacted by Hurricane Irma. Having conducted several International Projects with the Franciscan Sisters of Allegany in the past, President Charlene Muscato reached out to contacts in St. Petersburg, Florida.

The Club members voted to purchase clothing for a family; a mother (Maria) and her 2 children (Maya and Jonathan), who lost what little they had to the devastation of the hurricane.

The members of the ALTRUSA Club of Merrimack Valley sent a shipment of items of new clothing for each of the children and bath linens for the family. Our hope was that this donation would help fulfill some of their needs and brighten the days ahead.

The Merrimack Valley Club continues its support of Brigid's Crossing in Lowell, which is a shelter for at risk teenage mothers and their babies. Altrusa has been providing birthday parties for the children at the shelter for several years. Some mothers come to the shelter before their babies are born. In October, Altrusa celebrated the birth of Rosmerie with gifts of clothing, blanket, hand held toy and of course a first book, as Altrusa's major focus is literacy.

On November 4, 2017, the Merrimack Valley Club hosted the 2017 District One Fall Workshop at the Radisson Hotel in Nashua, NH. The theme for the workshop celebrated the service of our military members, especially those who are members of Altrusa. Attendees participated in a District Project to support the Harbor Homes, Inc., *Veterans First Program*, which shelters homeless veterans and their families at Dalanis House and Buckingham Place in Nashua, NH. Donations of men and women's socks, soap, deodorant, shaving cream, disposable razors and hand-sanitizer, etc were collected to assist homeless veterans and their families. Each item makes an impact on the well being of a homeless veteran.

For more information about Altrusa and its service in the community, please email [altrusamv@gmail.com](mailto:altrusamv@gmail.com).

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**Coffee Fellowship: 10:30 AM**

• **COMFORT SUPPER** ( featuring comfort casseroles and soups!) will be on **January 27 at 5:30 PM** in Fellowship Hall (snow date is the following Saturday). This is a relaxing family friendly event. All you need to do is bring yourself, your family, and friends. We have plenty of food for all. We have homemade varieties of soup and comfort casseroles that you can only find here. All food is labeled with ingredients, to help those with dietary restrictions. We will also have musical entertainment!

All are welcome to our Sunday School classes and worship! We have an active music program with handbell choirs and singing for children, youth, and adults. Our worship services feature the music of one of our musical groups each week.

We hope to see you soon! We are on 242 Main Street in North Chelmsford, right on the Westford/Chelmsford line. From Route 3, take the Route 40 exit to Chelmsford, take a sharp right onto Main Street Chelmsford right after the variety store and follow Main Street until you see the church on the left.

**We hope to see you soon!** We are on 242 Main Street in North Chelmsford, right on the Westford/Chelmsford line. From Route 3, take the Route 40 exit to Chelmsford, take a sharp right onto Main Street Chelmsford right after the variety store and follow Main Street until you see the church on the left.

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<p><b>Shampoo &amp; Cut</b></p> <p><b>\$15.95</b></p> <p>Fantastic Sams</p> <p>Offer good at participating locations. One coupon per person. Exp 2/15/18</p> <p>N2N</p>	<p><b>Facial Waxing Eyebrow, Lip or Chin</b></p> <p><b>\$9.95</b></p> <p>Fantastic Sams</p> <p>Offer good at participating locations. One coupon per person. Exp 2/15/18</p> <p>N2N</p>

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**SONS OF THE AMERICAN LEGION**

Massachusetts Detachment, Squadron 247 Robert D. Pelletier  
Post 247, 90 Pawtucket Blvd, Tyngsboro

- **SAL Detachment 247 now meets on the first Wednesday of each month at 7 p.m. at Post 247.**
- **SAL Officers:** Commander: Brian Laplante; Sr. Vice Commander: Steve Harris; Sgt at Arms: Mark Myers; Adjutant: Roger Daigle, Treasurer: Gerald Richall.

We are always welcoming new members. Drop in or call 978-649-7540. **Anyone interested** in becoming a member of the Sons of the American Legion is welcome to attend our monthly meeting. **Applications are available at the Post at any time.**

**CHELMSFORD CATHOLIC COLLABORATIVE**

Home to both St. Mary and St. John the Evangelist Parish Families  
Staff Offices: 115 Middlesex Street, North Chelmsford  
OFFICE HOURS: Mon, Tue, Thu. 9:00AM – 5:00PM; Wed. 9:30AM – 5:00PM; Fri... 9:00AM – 3:00PM

**ST. MARY BUSINESS**(978) 256-2374; www.saint-mary.org

**ST. MARY CHURCH:** 25 North Road, Chelmsford Daily Mass

Schedule: Monday – Friday 7:00 AM; Saturday 9:00 AM  
Weekend Mass Schedule: Saturday 4:00PM; Sunday 7:00AM, 9:00AM, 11:00AM and 6:00PM Reconciliation: Saturdays 11:00 – 12:00 NOON, or by appointment

**ST. JOHN BUSINESS**(978) 251-8571; www.saintjohnchelmsford.org

**ST. JOHN THE EVANGELIST CHURCH:** 115 Middlesex Street, North Chelmsford Daily Mass Schedule: Monday – Saturday... 9:00 AM Weekend Mass Schedule: Saturday... 4:00 PM; Sunday... 8:30 AM, 10:30 AM and 5:00 PM Reconciliation: Saturdays... 3:00 – 3:45 PM, or by appointment **DAILY MASS SCHEDULE:** In addition to regular Mass schedule (listed above)... St. Mary will be offering Wednesday evening Mass at 6:00 PM

**DUNSTABLE TYNGSBOUGH LIONS CLUB**



**“We Serve”** The Lions Club is a non-profit organization of men and women dedicated to helping the community through donations raised by volunteers.

**Officers 2017-2018**

President: Mark Alexander, Secretary/Treasurer: Bob Reich, Membership Chairman: Ed Majewski, 1<sup>st</sup> vice President: Mike Roth, Tail Twister/Lion Tamer: J.J. Ward.

Anyone who would like to join the Lions is asked to call Ed Majewski at 978-649-6204 or Mark Alexander at 978-649-9124. Meetings are on the first Tuesday of the month starting at 6:30 pm. Please call a member listed here for details and meeting place.

**YOU CAN HELP BY DONATING THE FOLLOWING:**

- **USED EYEGLASSES** are collected for refurbishment and distribution to less advantaged people around the world. *We thank all who have donated glasses.*

- **CAN TABS (in sealed bags)** are also collected for kidney dialysis time through the Shriners Hospital.

**Lion’s collection boxes for eyeglasses and tabs** (in sealed bags) are located at the Tyngsborough Post Office, American Legion Post 247 at 90 Pawtucket Blvd., Tyngsborough Council on Aging Senior Center, 169 Westford Rd., Tyngsborough and Dunstable Town Hall, Post Office and Library.

**CAT FOOD DONATIONS NEEDED**

to feed a colony of feral and homeless kitties. Please call me at **978-799-9715** for the drop-off location on the Dunstable/Tyngsboro line. Don Gaudette. **Volunteers to help with the feeding are also needed.** Associated with Kitty Angels www.kittyangels.org  
Kitty Angels is An All-Volunteer, Non-Profit Shelter for Needy Cats

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## Evangelical Congregational Church of Tyngsboro Est. 1868

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For questions or more information,  
please call our office 978-649-2262  
Pastor Denis Frediani 1-603-579-0904  
[www.tyngsborocongregational.org](http://www.tyngsborocongregational.org)  
E-mail [ecctsec@outlook.com](mailto:ecctsec@outlook.com)

### JOIN US FOR SUNDAY MORNING WORSHIP

**OUR MISSION:** Glorify God by encouraging all people to know Jesus together in Faith, Love and Service. Worship Service at 10:00 a.m. Nursery available. Followed by Fellowship and Refreshments. Children attend Worship service with parents and are dismissed at 10:15 a.m. for Sunday school. **SUNDAY SERVICE CANCELLATIONS:** If Sunday Worship Service needs to be cancelled due to inclement weather, we will post the cancellation on the following TV stations: WMUR (Ch. 9); WBZ (Ch. 4); and WCVB (Ch. 5).

Cancellation information will also be listed on our website:

[www.tyngsborocongregational.org](http://www.tyngsborocongregational.org)

We invite you to join us for:

- **SUNDAY EVENING – Adult Bible Study**, 6:30 p.m. - 8:00 p.m. The Sunday evening Bible Study will meet beginning January 7th. The continuing theme will be "**HOW TO UNDERSTAND YOUR BIBLE**"
- **TUESDAY MORNING – Ladies Bible Study** 9:30 a.m. - 11:30 a.m. The recent Bible Study session ended on Dec. 5 with a luncheon enjoyed by all. A new study program will begin on January 2nd which is a video series called "That the World May Know"

**THE THRIFT SHOP:** Located next to the church is open to the public on **Thursdays and Saturdays from 10:00 a.m. - 3:00 p.m.** We offer an assortment of clothing, shoes, handbags, baby items, books, small appliances, dishes, glassware, jewelry, etc. Please do not drop off large furniture items such as TV's, computers or printers since we do not have the means to store or dispose of these items.

• **THE 150TH ANNIVERSARY COMMITTEE** of the church is meeting regularly now to plan events for the historic celebration in 2018.

Please watch for updates regarding upcoming events as we enter 2018, the 150th Anniversary of the establishment of our Church. We are very proud of the fact that we are the only church in town that has been faithfully serving the community for 150 continuous years! Please also be watching our local cable station for highlights of our "Soup, Salad & Southern Gospel Concert" which was held in October. If you like what you hear, our vocal artists have several CD's available of their music to sell. You can call 978-649-2496 and leave a message to request purchase of these CD's. If anyone has photos or information of the church through the years please notify Joy at 978-649-6142 or Jill at 978-649-3301.

• **We want to thank everyone** who came and enjoyed our Thrift Shop and Craft Fair! This is always a fun and festive event and because of you it is always a big success! We hope you enjoyed the shopping, foods, cookie walk, gifts, games, music, our vendors who participated, etc. and that you got a chance to have a guided tour of our sanctuary and learned a little of the history of our beautiful church. We always want to take the time to thank all our members who make this event so special. A special Thank You to Jim & Joan Politi who spent endless hours planning and working to put this event together; Bud & Charlotte Williams and the Thrift Shop Volunteers who work so diligently every week to get things ready for sale every Thursday and Saturday; and to Paul and Laurie Chizook who spend tedious hours making old fashion special toys to sell as well as the beautiful replica of our stained glass windows which was entered in the Festival of the Trees at Old Town Hall which commemorated our 150th Anniversary. What a beautiful job they did! There are so many others that contributed to the event and we cannot forget to thank them, as well! We are very proud of our congregation!!!!

**We hope you had a wonderful Christmas and wish you all A Very Happy New Year!**



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## THE WISH PROJECT

Drop off donations: Tue/Wed/Fri and Sat 9am-2pm

1A Foundry St., Lowell, MA 01852 Off of Plain Street in Lowell.

No appointment needed, but call first if there is a snow storm or if donation days fall on a holiday. 866-947-4360

• **We are in need of:** Diapers size 4,5,6. • winter coats all sizes, warm clothing of all types and sizes, new boys XL underwear, boys XL/size 14-18 jeans or sweats, men's long sleeve shirts, small and medium, men's jeans/sweats/sports pants waist 28-31, men's gloves and hats, new women's size small/4-6 underwear • male/female razors, deodorant and shaving cream, shampoo, soap • blankets and bed pillows for so many refugees coming from mild climates. • Love seats, small kitchen tables, twin box springs, adj. metal bed frames, toddler beds, play mats • sauce pans, sharp knives, utensils, cookie sheets, • lamps, shower curtains. We thank the businesses, families, individuals and friends who donated to our program "Magic of Christmas."

**IF IT'S THURSDAY OUR THRIFT SHOP IS OPEN 5:30-8PM.**

**Hours to drop off donations:** Tue/Wed/Fri and Sat 9am-2pm No appointment needed but call first if it is snowing or near a holiday. Foundry Industrial Park Lowell, MA 01852 Off of Plain Street in Lowell. The Wish Project, 1 A Foundry Street, Lowell, MA 01852

• **About Us** The Mission of The Wish Project is to help families in need in Merrimack Valley. Find out more on our website [www.thewishproject.org](http://www.thewishproject.org) or call us at 866-947-4360.

All clients are referred through social service agencies, and are financially qualified. A 501C3 tax deductible charity For more information visit <http://www.irs.gov> 1 A Foundry St. 495 to Lowell Connector to Exit 4 Plain St., Lowell, MA 01852 Turn Right on Plain St., go 0.3 miles, Turn Right on Foundry. 866-947-4360 Website [www.TheWishProject.org](http://www.TheWishProject.org)

**Rotary Motto:** *Service Above Self*  
**Theme:** *Rotary Making a Difference*

The Rotary Club of Tyngsboro/Dunstable has been serving the Tyngsboro and Dunstable area for 44 years.

We meet at the Dream Diner, Tyngsboro, on the 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Thursday of the Month at 7:15am.

**On Saturday, February 3<sup>rd</sup>, our 1<sup>st</sup> Annual Sock Hop** will be held at the Tyngsborough Old Town Hall from 7:00 to 10:00pm. Cost will be \$20 per person. Hors d'oeuvres and refreshments will be served. Please view our website for updates and further information.

**Our previously cancelled 8<sup>th</sup> annual Taste of Town event will be held on Thursday, April 26<sup>th</sup>**, at Princeton Station, North Chelmsford from 7:00 to 9:30pm. Please make reservations early since there are a limited number of tickets available. Vendors wishing to participate should contact us at [tdrotary@yahoo.com](mailto:tdrotary@yahoo.com).

**In June we will hold our Annual Fishing Day** for children and adults with disabilities. The date is to be determined.

We are pleased to welcome our newest members, **Patricia Foster**, manager of the Tyngsboro Branch of Enterprise Bank, and **Marybeth Shanahan**, owner of the Dream Diner in Tyngsboro.

Rotary International is a global network of community volunteers with a passion to help others. Rotary club members are business, professional, and community volunteers in your locality who meet regularly to plan and implement community service activities and network with other professionals. For those interested, members can also choose to become involved in international humanitarian service efforts. More than 1.2 million men and women in over 200 countries and geographical areas belong to over 33,000 Rotary clubs. Rotary builds international understanding through scholarships, exchange programs, and humanitarian grants. Throughout the world, Rotary clubs participate in a broad range of educational, intercultural, and humanitarian activities designed to improve the lives of others.

**For further information** about Rotary, please email us at [tdrotary@yahoo.com](mailto:tdrotary@yahoo.com) or visit our website at: [www.tdrotary.org](http://www.tdrotary.org).  
*Thank you for your continued support.*

### ST MARY MAGDALEN PARISH

95 Lakeview Ave., Tyngsboro, MA 978-649-7315

**Weekend Mass Schedule:** Saturday 4PM. Sunday 7:30AM, 9:30AM  
**Greetings from our Pastor, Fr. Richard Clancy**  
**COME JOIN US, ALL ARE WELCOME!**

Weekday Mass: Monday, Thursday & Friday at 9AM. **No Mass** on Tuesday and Wednesday

- **Reconciliation** every Saturday from 3 to 3:40PM or by appointment.
- Join us on **Facebook!** Search "Saint Mary Magdalen Parish Tyngsboro" and like our page to see daily meditations and events.
- **FIRST FRIDAY ADORATIONS** are held on the first Fridays of the month after the 9AM Mass from **9:30AM – 12pm**.
- **The St. Vincent De Paul Society** operates a monthly food pantry out of the rectory in addition to providing holiday meals to those in need. We can be reached at 978-844-2365.
- **Prayer Line** – *Do you know of someone needing prayers?* Call Helen (978) 649-7927 or Carol (978) 649-6717. (Submit only first name of one to be prayed for)
- **MEN OF ST. JOSEPH** Ste. Marguerite, St. Mary Magdalen, & St. Rita Parishes are pleased to announce we have a "Men of St. Joseph" chapter. The "Men of St. Joseph" is an established and successful ministry, whose principle mission is to call men to become the strong and faith-filled husbands, fathers, and leaders, whom God has created us to be. **We meet on the Second Saturday of every month.** Each monthly meeting includes prayer, food, and faith-building fellowship. **All meetings will begin at 7:00am and end no later than 9:00am. The meetings are being held at Ste. Marguerite d'Youville Church, 1340 Lakeview Ave., Dracut thru 6/9/2018.** To find out more, please come and check us out! Rosary starts promptly at 7:15 in the Church.
- **CRAFT & CRIBBAGE NIGHT** Every 2nd & 4th Tuesday of the month from **6–8:00pm** at the Parish Center.



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**Visit our site [www.charliesdrywallandpainting.com](http://www.charliesdrywallandpainting.com)**

*Read our reviews On Angie's list and see why we won a top contractor award in 2013, 2014, 2015 and 2016.*

### USED CLOTHING DROP-OFF SHED

**To benefit: Dunstable Evangelical Congregational Church**  
**Location: Rear Parking lot, 518 Main St., Dunstable, MA 01827**  
**Items accepted:** All clothing, shoes sneakers, belts, purses, blankets, sheets, pillowcases, drapes and stuffed toys. (Your donations will not be cut up or shredded.) **(Please... No rags, fabric scraps, pillows, toys or household goods; please understand that the above unwanted items are a hardship and expense to dispose of.)**

Send clothing to people who can use it all over the US and World while helping the environment. Receive a tax deduction for your donation. Receipts are on the shed. \*\*Help us keep your donation clean and dry.\*\* Please put in tied or closed bags.

## COMING UP AT INDIAN HILL

**INDIAN HILL MUSIC 'DISCOVERY LECTURE':** "How Do We Know it's Mozart?" with Eric Kamen, composer, performer, and Indian Hill Music School faculty member: Tuesday, January 9 at Noon, 36 King Street, Littleton, MA. ADMISSION: \$10 (Free for IHM students.) Bring your lunch! Learn more: (978) 486-9524x116 or [www.indianhillmusic.org](http://www.indianhillmusic.org).

**CHAMBER MUSIC AT INDIAN HILL:** Much ado about Mozart! Our faculty musicians treat us to works by (and inspired by) Mozart, including Adagio in B minor (solo piano), "L'amero saro costante" (soprano with flute), arias from Don Giovanni, and Beethoven's Variations on a Theme from *The Magic Flute*. Featuring Martha Warren, soprano; Rob Woodin, baritone; Daniel Rowe, cello, Eric Kamen, piano; and Eileen Yarrison, flute: Friday, January 12 at 7:00pm, 36 King Street, Littleton, MA. TICKETS: \$15 (Free for IHM students) Learn more: (978) 486-9524x116 or [www.indianhillmusic.org](http://www.indianhillmusic.org).

**JUNIOR DISTRICT MOCK AUDITIONS:** Attention music students who will be taking Junior District string, winds, brass, percussion, jazz, or voice auditions! Rehearse your repertoire and receive feedback from Indian Hill Music School's accomplished faculty: Saturday, January 13 at 10:00am, 36 King Street, Littleton, MA. FEE: \$20 per person (Free for IHM students) Advance sign-up online. Learn more: (978) 486-9524x116 or [www.indianhillmusic.org](http://www.indianhillmusic.org).

**'BACH'S LUNCH' CONCERT:** Indian Hill Music presents classical and contemporary music for viola and piano with Amelia Hollander Ames (viola) and Elaine Rombola Aveni (piano): TWO SHOWS - **Thursday, January 18 at 11 am and 1:30 pm**, 36 King Street, Littleton, MA. Complimentary coffee, tea, cookies; bring your lunch. FREE admission. Reservations required for groups at (978) 486-9524 (press 0). Learn more at [www.indianhillmusic.org](http://www.indianhillmusic.org).

**ORCHESTRA OF INDIAN HILL:** Maestro Bruce Hangen and the Orchestra offer an all-Mozart evening, featuring his 'Posthorn' Serenade and Sinfonia Concertante with soloists Alice Hallstrom (violin) and Peter Sulski (viola): **Saturday, January 20 at 7:30pm**, Littleton HS Performing Arts Center, 56 King Street, Littleton, MA. TICKETS: \$20-35-50 (Free for IHM students) Call 978-486-9524x116 or visit [www.indianhillmusic.org](http://www.indianhillmusic.org). Supported by *Bamboo Fine Asian Cuisine & Sushi Bar*. Media Sponsor: *Wicked Local*.

**FREE LESSON DAY AT INDIAN HILL:** Sign up to take a free 30 minute private lesson at Indian Hill Music School: **Saturday, January 27** at Indian Hill Music School, 36 King Street, Littleton, MA. Lessons open to ages 4 through adult. For new students only; advance registration required. Registration opens January 4th. Call (978) 486-9524 (press 0) or sign up online at [www.indianhillmusic.org](http://www.indianhillmusic.org).



## AMERICAN LEGION AUXILIARY UNIT 247

90 Pawtucket Blvd. Tyngsborough, MA 01879

*Meetings are held the first Thursday of each month at 7pm.*

**Auxiliary Unit Officers for 2017-2018** President: Diane Dileo; Sr. Vice: open; Jr. Vice: Maureen Harris, Treasurer: Josephine Beauregard, Secretary: Patricia Modrich, Chaplain: Rebecca Modrich, Historian: Open, Sergeant -At-Arms: Mary Dupras, Executive Committee: Kathleen Oljey, Annette Coles and Janice Dombrowski  
**REMINDER FOR MEMBERS** Please send in your Membership Dues. Mail to: Josephine Beauregard Unit Treasurer, 70 Pawtucket Drive, Lowell, MA. 01854.

**NEXT MEETING** The Auxiliary meeting will be on **Thursday evening January 4<sup>th</sup>, 2018 at 7pm.**

*For information on the Auxiliary Unit meetings, or functions contact Unit President Diane Dileo at 978-204-9329*

**THE UNIT IS STILL COLLECTING** can pull tabs drop off at Post and earmark for Auxiliary. *We also would Welcome New Auxiliary Members* 18 and older. Contact Unit President or Treasurer.

••• **The Unit Jr. Auxiliary is accepting new Jr. members.**  
Contact 978-649-7540 if interested in joining.

## AMVETS POST #247

### ROBERT D. PELLETIER

90 Pawtucket Blvd. Tyngsborough, MA

We hold our meetings on the **1<sup>st</sup> Tuesday** of the month at **7 p.m.** all veterans are welcome with 180 days or more of active duty. Come down and join us for a meeting.  
*God Bless America.*

**OFFICERS:** Commander: William A. Beaton; 1<sup>st</sup> Vice: John McDermott; Adjutant: John Cogan; Finance: David Coles; Judge Advocate: Roland Milliard; Provost Marshal: Roland Russell; Chaplain: Rod Woods. E-Board: Steven Harris, John Dombrowski, Ron Russell.

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AMVETS National Website: <http://www.amvets.org/>



## DUNSTABLE EVANGELICAL CONGREGATIONAL CHURCH

518 Main St, Dunstable, MA 01827

[Dunstablechurch.org](http://Dunstablechurch.org) 978-649-6251

Pastor Bobby Ross [pastorbobby@dunstablechurch.org](mailto:pastorbobby@dunstablechurch.org)

**DECC is a welcoming church at the heart of the Dunstable community. "We gather to glorify God, to grow in Christ and to live the gospel in the world."**

**Pastor Bobby Ross** and his family have brought new life to our church. We invite you to visit and meet them anytime at our 10:00 am service.

**SUNDAY WORSHIP:** Worship Service is held at 10:00 am each Sunday. Child care is available during the service for infants through kindergarten age. Our worship services feature a wide variety of music, scripture readings, corporate prayer and spoken messages and with Communion (the Lord's Supper) served on the first Sunday of every month. Everyone is welcome to an informal time of fellowship with coffee, tea and refreshments that takes place after worship. A group of six attendees were recently welcomed into membership.

**ADULT STUDY CLASS** is held 8:30-9:30 am in the Rm 2 classroom.

**CHILDREN'S SUNDAY SCHOOL** is held at 10:00 am. Children in Ages 4-12 attend the regular service with parents for the first 15 minutes of worship before leaving to attend Sunday School class for the remainder of the hour. Older children and teenagers remain with their parents for the entire worship service.

**DECC YOUTH GROUP** DECC has a great youth program and welcomes any area youth currently in 6<sup>th</sup> to 12<sup>th</sup> grade to join for any events! Regular meetings are held on Sundays from 4:00-6:00 PM but special events may be held at other times. All are welcome for a single event or to become a regular member. Please contact Jon Hughes at 978-393-7708 if interested and to confirm location and time of meeting.

**POPs** (Parents of Preschoolers) meets in the Fellowship Hall twice a month on Fridays, 9:00-11:00 am. Child care is available. Next meetings are 1/12, 1/26 & 2/9 Contact [Shellyannross@gmail.com](mailto:Shellyannross@gmail.com) with questions.

**Missions Board** sponsors a "Missions Moment" on the second Sunday of each a month. A guest speaker presents a brief overview of the program which is supported by our Missions giving. Coming soon is a representative of 'My Father's House.' Others who have spoken are from Village2Village and United Youth in Crisis.

**REFIT® is back!** Starting **Saturday, January 13<sup>th</sup>** at 9:00 am in Fellowship Hall. Rebekah Ware & Julia Overhiser will instruct. **We hope you all had a wonderful blessed Christmas, and can look forward to a safe, happy and healthy New Year.**

**Come visit your community's church. For more information about any of these events, contact the Church office 978-649-6251 or email [info@dunstablechurch.org](mailto:info@dunstablechurch.org).**

**PET HEALTH  
DUNSTABLE ANIMAL CLINIC**

**LETS TALK TICKS  
by Tara M. Sacramone, DVM**



As the weather cools the tick numbers increase in Dunstable. Ticks prefer cooler temperatures, so we tend to see more of them in the spring and fall. The majority of the ticks in the Dunstable area are either the American dog tick, the deer tick, or occasionally the brown dog tick. Not only are they an annoyance to you and your pet, but they can spread disease.

The deer tick (*Ixodes scapularis*) can carry the bacteria that cause Anaplasmosis and Lyme disease. The American dog tick (*Dermacentor variabilis*) carries the organism which causes Rocky Mountain Spotted Fever. The brown dog tick (*Rhipicephalus sanguineus*) can carry the bacteria that cause ehrlichiosis and babesiosis. Ehrlichiosis and babesiosis are more commonly found in the Southeastern U.S., but Lyme disease and Anaplasmosis are found fairly frequently in the Dunstable area.

Lyme disease itself in dogs is a clinical diagnosis. This means that the dog must be exhibiting signs (such as fever, shifting leg lameness, swollen hot painful joints, decreased appetite, etc) as well as a positive blood test to be diagnosed with Lyme disease. A positive blood test alone shows only exposure to the disease. Some exposed dogs will never show any clinical signs. In 2017 we had 15% of dogs at the Dunstable Animal Clinic show an exposure on their annual blood test.

Anaplasmosis is also a clinical disease in dogs. It can cause all the same signs as Lyme: fever, not eating, shifting leg lameness, but it can also affect a dogs platelets which are used to clot blood. If the platelets don't work the dog can develop unexplained bleeding, like a bloody nose or bleeding when they eat, etc. Anaplasmosis is less likely to cause clinical signs than Lyme and we don't have a vaccine to prevent it. In 2017 we had 32% of dogs show a positive exposure, but very few were actually sick. We always have more dogs test positive for Anaplasmosis because we do not have a vaccine to prevent exposure. Dogs positive for 2 diseases are more likely to get sick.

Dogs generally respond well to antibiotic treatment if they become sick. There is also a vaccine available Lyme that is given to dogs on a yearly basis to help prevent exposure to the Lyme organism and also prevent clinical signs if the dog does get exposed. The other way to protect your pet is by tick control. We have several topical treatments available for dogs at the Dunstable Animal Clinic. Advantix, Vectra and Frontline are applied to the skin once a month and have the added benefit of flea control. There is also the Seresto collar, which lasts for eight months. It is relatively new but we have been getting good reviews from clients so far. There are even oral medications available now called Nexguard and Bravecto.

Cats do not seem to be as susceptible to Lyme disease or Anaplasmosis, but can certainly get ticks. Unfortunately, cats are much more sensitive to the drugs available for tick control and the only ones we recommend are Bravecto and Frontline which are topical medications or the Seresto collar. Because of feline sensitivity, you should be very careful with any flea/tick medication, especially over the counter medication. Follow the label instructions exactly and NEVER use a dog product on your cat.

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## YOUTH MENTAL HEALTH FIRST AID TRAINING

Friday, February 9, 7:45am- 4:30pm, FREE

Lowell General Hospital, Saints Campus, One Hospital Drive, Lowell, MA

Learn how to identify, understand and respond to an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis.

The course covers topics such as anxiety, depression, substance use, eating disorders, disorders in which psychosis may occur and disruptive behavior disorders (including AD/HD). It will discuss common mental health challenges for youth, review typical adolescent development, and teach a five-step action plan for how to help young people in both crisis and non-crisis situations.

This program is designed for adults who regularly interact with young people, including:

- Parents
- Family members
- Caregivers
- Teachers
- Neighbors
- School staff
- Health and human services workers

### Registration Required!

Call 1-877-LGH-WELL (1-877-544-9355) or visit [www.lowellgeneral.org/health](http://www.lowellgeneral.org/health) to register.

\*Event check-in begins at 7:30am.

Light breakfast and bag lunch will be provided to each participant.



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### DISCIPLINE: THE PROOF OF SONSHIP

**By Nathan Combs**

In the letter to the Hebrews, we find a series of exhortations addressed to tired Jewish Christians struggling with the temptation to give up their faith. In various ways, the writer shows them throughout the letter how Old Testament people, objects, and rituals all point to Jesus and that vigorous pursuit of Him is better than any alternative life. Jesus is continually held up as the prototype for flourishing human life, the supreme example of how glory comes through suffering.

One such exhortation is found in chapter 12. There the writer encourages his readers to not grow fainthearted in their spiritual race by "looking to Jesus" (vs. 2), to "consider him" (vs. 3) who went through intense ungodly resistance on His way to God's right hand. But how could the Jewish Christians maintain a zealous allegiance to God through their suffering, knowing full well that He has the power to stop it? The answer lies in the following verses. Christians are sons and daughters of a Father who actively and wisely disciplines His children. That this has always been true of God's people is demonstrated by the Hebrew writer's quote of Proverbs 3.11-12, in which King Solomon advises his son to guard his attitudes when he experiences the discipline of God. Rather than viewing their persecution as a sign of God's neglectfulness or cruelty, His discipline of the Hebrew Christians was actually an indication of His love for them. He cared too much about their souls to allow them to drift into spiritual apathy, just as a parent ought to care too much about his child to allow him to hurt himself through foolish and immature actions. In fact, the Hebrew writer goes so far as to say that if Christians do not experience God's discipline, we are "illegitimate children" and not His true sons. Although it is unpleasant to go through an instructional process, God leads us through them for wise reasons. He desires our "good" (vs. 10), wants us to "share his holiness" (vs. 10), and longs for our lives to "bear the peaceful fruit of righteousness" (vs. 11).

When we experience pain as Christians, especially persecution of some kind (which is the primary context of Hebrews), we cannot definitively know what is happening behind the scenes. We will not receive a letter in the mail from a Biblical writer moved by the Holy Spirit (as they did). We will not be prophetically told that we are currently undergoing an instructional period of life directly engineered by God's hands. We can, however, use Hebrews 12.1-11 as our rubric for how to grow through suffering. 1) Look to Jesus - remember how the Son of God went through degrading hostility and is now reigning in glory at His Father's right hand. 2) The Lord disciplines the one He loves - this is proof of His Fatherly care. 3) Do not grow weary when reprov'd - rather than grow discouraged, we should be emboldened, knowing He is changing us into a closer representation of His image.

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## LEARNING IN RETIREMENT ASSOCIATION

*University of Massachusetts Lowell*

*2018 Winter Intersession*

The 2018 Winter Intersession, given between the fall and spring semesters, offers a sample of LIRA's almost year-round program to retirees and those semi-retired. The program is planned and much of it provided by LIRA members themselves. The general public is invited to all intersession programs. All intersession programs are 10:00 am – Noon and all programs will meet at University Suites, Room 106A, 327 Aiken Street, Lowell. Parking for on campus programs is in the garage directly across the street from the Rec Center or in the Perkins Parking lot. Your ID is needed to enter the garage or lot. **Please use your parking hangtags wherever you park.** On-street parking is also available in metered spaces.

For more information, dates and locations for the classes please see our website. [www.uml.edu/Community/LIRA/](http://www.uml.edu/Community/LIRA/)

### • February 7 What Makes Life Significant

Professor John Kaag Last year Professor John Kaag read from his book *American Philosophy: A Love Story*, bringing his chance encounter with an elderly gentleman who happened to bring Kaag to West Wind, a ruin of an estate with a library as full of mold and critters as with first editions and notes from Whitman, Frost, Descartes, Kant, and others. If last year's presentation was any indication, we can certainly look forward to another engaging lecture.

### • February 14 Being Transgender: A talk by Kelly Jenkins

In 2014 the government ordered the Justice Dept. to take the position that "sex" encompasses gender identity, thus extending protections to transgender people. In the fall of 2017 a two-page memo was sent to all U.S. attorneys and other top officials revoking this directive. Kelly Jenkins is a Wellesley Middle School teaching assistant, a fierce advocate for youth, a host and producer of "Kelly's Quest" on Acton TV, and has been featured on NPR. She will share her personal stories to help us toward a broader understanding of the word "transgender" and the many issues surrounding it.

### • February 21 Mysterious Mars in 3D Kelly Beatty from Sky and Telescope Magazine



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## STE JEANNE D'ARC SCHOOL

The school I work for (Ste Jeanne d'Arc School) will be hosting our annual Elisabeth Bruyère Awards Dinner on March 22nd at Lenzi's in Dracut. This annual event named for the foundress of the Sisters of Charity of Ottawa was established to recognize persons in the community who, by their lifestyle and activity, have also prioritized the same values which motivated Elisabeth Bruyère, persons whose generosity, openness and caring have become synonymous with their names. The Sisters of Charity of Ottawa head our school.

This year we will be honoring the Manolis Family, founders of the Manolis Family Foundation Inc., for their commitment to service and the community. As you may know the Manolis family (Nick, Voula, Tim and Elias) participate in many charitable efforts most notably their Annual Thanksgiving Food Drive which they have organized for the past several years. This drive feeds over 1600 people! They also provide scholarships for local student.

**Ste Jeanne d'Arc School invites you to join us at the Elisabeth Bruyère Awards Dinner honoring the Manolis Family for their commitment to the community and service to others.**

**Date:** Thursday, March 22, 2018

**Where:** Lenzi's - Dracut, MA

**When:** Cocktail hour 6:00 pm to 7:00 pm, Dinner & program begin at 7:00 pm

**Donation:** \$100 pp

Master of Ceremonies: Atty. Steven Panagiotakos

Guest Speaker: Nikolaos Manolis

Register at: [www.sjdarc.org/gala](http://www.sjdarc.org/gala)

## WINTER DRIVING TECHNIQUES

Avoid driving while you're fatigued. Getting the proper amount of rest prior to taking on winter weather tasks reduces risk • Never warm up a vehicle in an enclosed area, such as a garage. • Make certain your tires are properly inflated. • Never mix radial tires with other tire types. • Keep your gas tank at least half full to avoid gas line freeze-up. • If possible, avoid using your parking brake in cold, rainy and snowy weather. • Do not use cruise control when driving on any slippery surface (wet, ice, sand). • Always look and steer where you want to go. • Use your seat belt every time you get into your vehicle.

### Tips for long distance winter trips

- Watch weather reports prior to a long-distance drive or before driving in isolated areas. Delay trips when especially bad weather is expected. If you must leave, let others know your route, destination and estimated time of arrival. • Always make sure your vehicle is in peak operating condition by having it inspected by a mechanic at an auto repair facility. • Keep at least half a tank of gasoline in your vehicle at all times. • Pack blankets, gloves, hats, food, water and any needed medication in your vehicle. • If you become snow-bound, stay with your vehicle. It provides temporary shelter and makes it easier for rescuers to locate you. Don't try to walk in a severe storm. It's easy to lose sight of your vehicle in blowing snow and become lost. • Don't over exert yourself if you try to push or dig your vehicle out of the snow. • Tie a brightly colored cloth to the antenna or place a cloth at the top of a rolled up window to signal distress. At night, keep the dome light on if possible. It only uses a small amount of electricity and will make it easier for rescuers to find you. • Make sure the exhaust pipe isn't clogged with snow, ice or mud. A blocked exhaust could cause deadly carbon monoxide gas to leak into the passenger compartment with the engine running. • Use whatever is available to insulate your body from the cold. This could include floor mats, newspapers or paper maps. • If possible run the engine and heater just long enough to remove the chill and to conserve

### Tips for driving in the snow

- Accelerate and decelerate slowly. Applying the gas slowly to accelerate is the best method for regaining traction and avoiding skids. Don't try to get moving in a hurry. And take time to slow down for a stoplight. Remember: It takes longer to slow down on icy roads. • Drive slowly. Everything takes longer on snow-covered roads. Accelerating, stopping, turning – nothing happens as quickly as on dry pavement. Give yourself time to maneuver by driving slowly. • The normal dry pavement following distance of three to four seconds should be increased to eight to ten seconds. This increased margin of safety will provide the longer distance needed if you have to stop. • Know your brakes. Whether you have anti lock brakes or not, the best way to stop is threshold breaking. Keep the heel of your foot on the floor and use the ball of your foot to apply firm, steady pressure on the brake pedal. • Don't stop if you can avoid it. There's a big difference in the amount of inertia it takes to start moving from a full stop versus how much it takes to get moving while still rolling. If you can slow down enough to keep rolling until a traffic light changes, do it. • Don't power up hills. Applying extra gas on snow-covered roads just starts your wheels spinning. Try to get a little inertia going before you reach the hill and let that inertia carry you to the top. As you reach the crest of the hill, reduce your speed and proceed down hill as slowly as possible. • Don't stop going up a hill. There's nothing worse than trying to get moving up a hill on an icy road. Get some inertia going on a flat roadway before you take on the hill. • Stay home. If you really don't have to go out, don't. Even if you can drive well in the snow, not everyone else can. Don't tempt fate: If you don't have somewhere you have to be, watch the snow from indoors. • For further information about Stop-N-Go Driving Academy and our driver education programs and services call our office at 978-649-4966 or visit our website at [www.sngda.com](http://www.sngda.com)

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